

PASCAS CARE

Spirit Influence & Disobsession



“Peace And Spirit Creating Alternative Solutions”

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We offer all contents in love and with the fullness of grace, which is intended to flow to readers who join us upon this fascinating journey throughout this incredible changing era we are all experiencing.

Living Feelings First, *John.*

“Never can one man do more for another man than by making it known of the availability of the Feeling Healing process and Divine Love.” JD



James talking with Helen:
Helen?

(This is not Helen Padgett)

Sunday, 19 March 2017

JM: And what about the Russian's orthodox Christianity, won't that prove a stumbling block for them?

Helen, 3rd Celestial Heaven: No, because it will be wiped aside by the flood of new information coming from the good minded mind spirits that will feel more empowered with all the changes that are coming. The whole Christian thing will change, evolve, even integrating in time a lot of what you have revealed. In the end it will just be seen as something that's from the past and irrelevant, like how you look upon the Roman Empire – something that had power, but really had no idea.

JM: And do you have bands of Celestials supporting the Russians?

Yes, we have bands supporting all the good that humanity is, that will be needed for the future. Not all Russia is good, so we also have bands of Celestials soon to start blocking much of the bad relationship they have with the mind spirits. And this is the same in every country.

You understand James that we are soon, as by Wednesday your time this week, to implement our TAKE OVER move, and so stop all negative mind spirit input, and this huge move is going to shake the mind Mansion Worlds to their core. For you see James, this will then cause many disruptions over there, stirring things up no end, causing such spirits to wonder what's suddenly gone wrong, when things are no longer as they have been for eons, and to have it all happen so suddenly taking them all by surprise. Basically they have no idea about what's going to happen, although they've believed they had all the ideas, they being the master controllers; however when the rug is pulled, so they will flounder and this will ultimately, over the next few years, bring about many of them having to seek new ways of understanding, which will in turn lead many of them into the Divine Love Healing Mansion Worlds and eventually onto becoming Celestials.

The mind worlds need to be reduced in their populations because of the massive influx of new spirits into these mind worlds that will occur through The Change. Earth's population will be dramatically reduced, and all systems destroyed and on many levels of human growth, new beginnings found. All of which is needed, necessary and good.

And the block on the mind spirits will continue for the next one thousand years. The controlling mind spirits will not be able to gain traction again, whereas the un-controlling mind spirits will be able to contribute to the new world on Earth. And this is all to ensure that more pressure is exerted on the mind worlds so as to keep making the spirits within them look toward their bad feelings and doing their Healing, for how it has been, mind spirits being able to live in their wrongness for hundreds of thousand of years is now a thing of the past. With the Rebellion and Default officially ending, so too is the end to these spirits living aimlessly in the mind worlds for the rest of eternity. It's time for them to get on, and so that's the pressure that's being applied, it all coming about because of the steadily growing influence of yours and Marion's Spirits of Truth. For the moment, it's through the unseen light of these Spirits of Truth, and when they are released, by the Spirits of Truth themselves.

JM: So you too think Marion and I are who other spirits say we are?

Yes, you being the Avonal pair, because if you weren't, or if there was no such bestowal Avonal pair, then none of this would be able to happen. They'd be no official end to the Rebellion and Default, and we'd all be still sitting around twiddling our thumbs, and we'd not be working our butts off trying to make Crystal and John's money be released to them.

The releasing of this money you could in a way liken to something crudely as having an orgasm. It will be a flood of positive energy, or light, as expressed by money, and all it represents, washing out over humanity; and although most people won't hear about it, if it is all kept quiet, still that's what's going to happen. Because it will be, in a sense, the forerunner or even wellspring of the new, of what's to come, it however being more symbolic than anything, because it all ends with The Change, but still, until that time, it being what it is showing – there is new energy, new light shining on humanity, and along with that, new hope and so on. It all being a 'sign of the times'.

JM: So it will be like a crack of light opening up in the darkness?

Yes, the door way will open a little letting in new light, and that will show that something has gone wrong, the normal controlling powers have started to lose their power. I can tell you James, after this Wednesday, they are going to be in turmoil, even the Russians won't understand what's happened. And they will all set about blaming each other, accusing each other of everything, and the hidden Zionists will be incredibly rattled because all their normal spirit / mortal controlling avenues will suddenly stop, disappear, cease to function, and they will wonder what power greater than them has suddenly stepped into the fray; and that because of it, they'd better hurry up implementing their plans, which will all become screwed up without the smooth oversight and far reaching control they've always had.

JM: From those of their kind in the mind worlds you mean?

Yes. They were the 'Chosen Race', because the Lucifers (soulmate pair), via the Caligastias (soulmate pair), chose them to do their dirty work, so have kept them on course all through these years working steadily away to come to fruition with the coming of their Mashiach which was meant to be the Daligastias and in particular Daligastia himself, as the women don't get a look in on the world stage, yet with Mrs D working behind the scenes. However, as they no longer are coming, it being what the Second Coming was going to be about, they coming back to Earth in material form, so the controlling Jews have had to improvise by selecting certain people to fulfil the roles, or else look very stupid by announcing that their whole reason of living no longer exists. And all their secretive manipulation, of controlling the world's major corporations and so on, having their fingers in every financial pie, is all about being able to control the whole world when the time is finally right, which is about now by their reckoning. However as I said, things are soon to go haywire for them, their minds will be in a spin, their so-called great spiritual teachers and priests, the ones who are able to work with the mind spirits, will fail, and then, as pressure will be kept on them to keep coming up with the goods, so they will have to start making things up and so guessing and generally making a hash of it all.

JM: And will I be able to see any evidence of this?

Probably not. Not enough is reported as it is, and even less will be when things start to go astray. Possibly by your not being able to make any sense of anything the world press says will be a good sign, the more mad it all becomes.

But it won't matter to you James, because very soon you will be moving beyond it all anyway, your spiritual life and growth simply evolving through it all, and so all the mad goings on in the world won't concern you. And by then John and Crystal will have their money, and it will be more about – now what shall we do with it; and your Healing will be at a point of you feeling so much better about yourself, and knowing and perceiving the unseen impact you are having on the way of things.

And all of us over here will be aligning our light with you more, like you've been feeling these past days, but even more so. And eventually to being so intense that you are effectively calling the shots on the spiritual level – you and Marion; and believe it or not, but Marion will also feel the same, feeling her true power and understanding how her light is effecting everything and everyone.

JM: Yes, well I'd love to see that, and the look on her face, as she is still moving towards not having anything to do with anything, particularly if John gets his money. She's saying John will want me to do this, that and the other thing, calling me away, and so that will be the end of our relationship.

Which it won't, because as you know yourself, it's not going to happen, you can't separate, even if you wanted to, however of course you have to keep expressing all those bad feelings like you were this morning about not being able to be with people you can get along well with, and you both having to stay together because that is the unloving pattern of your early lives. But those patterns are breaking through your Healing, so the whole way you are both relating to each other is changing, and will only increase, as you can sense, and all for the better because you are becoming truer to your wrongness, so there is ironically greater love and understanding between you both.

It is a lot of what you're reading James, the powers behind the scenes, however none of that matters anymore as of this coming Wednesday, because it officially, unbeknownst to them, all ends – it's their End Time, if you like. And as I said, they are all going to be in complete disarray, and so much so that the Asians will withdraw into their strongholds desperately hanging onto what they have got, with the rest all scrambling trying to work out just what is going to happen next. It will be great fun to watch, and watch it all start crumbling. And I know I can't impress upon you anymore than I am James, just how severe this time is for these controlling parties, but it is, and it will invariably lead to John and Crystal getting what they want, and even for Crystal being looked to for advice as to how to deal with so much of the mess, because she will seem like the only one who seems to know what's going on, working for eventual good of humanity. For as I said, it all has to break down and fall apart, there is no other way for things to change, humanity doesn't work like that, there is no soft or gentle transition, there is only war and corruption and great disruption, because no one is willing to talk openly with each other, it all being how the secretive controlling Rebellion and Default has been carried out.

But for us over here, we who've completed our Healing, so know first hand and personally what it's all about, it's all transparent, we can see it all, there is NOTHING kept secret from us. And as we're now to use that insight increasingly to our advantage, which is for the good of humanity, that being for those people still to come to Earth, so we will be doing all that is asked of us, all within the power being handed to us on a platter.

And we, us Celestials still focused on Earth, are the focus of and instigators of the New Way.

Wednesday, 22 March 2017

It's done James. We did what we wanted to do, it was easy to implement.

Thursday, 23 March 2017

JM: Hello Helen, I'm still tired, though not as bad as yesterday. I don't expect you to say anything to me when we write, I don't believe it will happen as I have no real interest in what you tell Crystal, as it's not really spiritual stuff that's come up for me that I want to ask you Celestials about, however I do enjoy it as an exercise of letting go more and seeing what happens without trying to control anything.

Helen, 3rd Celestial Heaven: All so long as you keep expressing your negative expectations James, then I can keep talking with you as such. And you don't need to know about the intricacies of what's going on, Crystal can decipher my information to her from you as it all helps her gain a feeling for what she is doing. And so I will say to her now: Keep going with our Feelings Crystal, your feelings will lead you more now as things are going to start happening toward final resolution.

Yes, we have instigated our control, we're still asserting it, it's a vast plan affecting the whole of humanity, your money being only a small part in it; nevertheless still very important for those of us over here who've been working with you every step of the way.

We are continuing to 'roll out' our blocking control on the mind spirits, and it is a joy to finally have such power and to see the almost instant results, which unfortunately you can't see from your side, but for us it's obvious and so more progress toward real change.

I'll move now to answer Crystal's email to you James.

Crystal: Did you neutralise the proper spirits? Was this what both James and your group needed to do to finally enable the completion of this decade long project?

Helen: Yes, all I said has happened, and now it's a matter of allowing these blocking measures to have an impact. You might start to detect a slight change in the antagonists next time you have more to do directly with them, and this will be a result of the unseen pressure being exerted on them by us.

What has happened before, is we might exert our pressure on them, but then the mind spirits would counter that, and as they are heavily aligned with these spirits as the spirits are on their side – they both working for the same end, so that limited the effects we could have. Now things are skewed heavily in our favour, so that will put a different psychic or 'inner' climate into the minds of these people, all of which is not going to sit well with them. They will start to feel unhinged as in their usual thought processes will now have holes in them, things won't flow or add up as they did, causing them not to feel as confident as they have, even starting to have doubts and worries which they'd been able to conquer before with the mind spirits help. Now they are basically on their own with only their own minds and no outside help from the mind spirits. And as hard as it might be to understand this, some of these people were all but open channels to the controlling mind spirits, with very little of their own genuine thoughts, so heavily influenced and all but taken over by such spirits. So suddenly the plug has been pulled and so you can image how it might adversely affect them.

It's now a progressive steady increase in our light shining into the world, it's going to stir up things, the darkness will start to shake and quake, whereas those in the light will feel more secure growing progressively in strength. This continuing, from now, for a long time to come. Humanity is turning the corner in its rebellion and default, but it will be a long haul up from the depths it has fallen to. But at least things are now working in its favour and **the Fall has ended.**

Friday, 24 March 2017

Helen, Samantha said she was interested in how you Celestials are working to block the mind spirits, and will she be able to see anything resulting from what you are doing? Is there, please, anything else you can add that I can send to her?

Yes James, I will add more as it's very relevant to all you are going through and what will concern you for the remainder of your life.

The Rebellion and Default have been evolving as you understand through Jesus and Mary's age, with as you would imagine, it having to get, at some time, to a point of final evolution. And that point is when the negative or destructive influences driving it, stop influencing it. And all the way along, the Rebellion and Default has been driven by spirits, the Evil Ones down to mortal mind spirits, with everyone wanting to have their way and say instead of **looking to their feelings so as to live true to their soul and so God's way and say.** So all these spirit influences have been taking matters into their hands and then affecting humanity on Earth in one way or another.

And what we've been able to do, and are still 'rolling out', as I said yesterday, is ending that spirit influence, which means, **it's the END of the Rebellion and Default, meaning, it can't evolve any further because there won't be the driving spirit influences.** So all it can do is 'spin its wheels', and effectively go nowhere other than implode under its own lack of love and truth. That which is now able to happen, has officially started to happen, will accelerate, until it being like humanity hitting the dead end and coming to an abrupt stop.

So the effect of what we've done and are continuing to do – as it will be done in a methodical procedure, done in stages of limiting, then fully stopping, the mind spirits input altogether, and all of that which is helping to drive the Rebellion and Default (as we won't be interfering with that which is trying to heal the effects of it, so we won't stop anything positive coming from the mind spirits, and in particular ones who might want to do their Feeling Healing without the Divine Love), will be seen as increased strain on all negative systems of belief, on all anti love systems on Earth, both collectively and individually. So people will find it increasingly harder to deal with the everyday difficulties of life, with more pressure being put on them so as they can't avoid their bad feelings as much as they used to. And all businesses, governments, corporations, national structures, anything that is controlling, also feeling it more difficult to deal with all the everyday problems, they seeming to mount and increase in intensity, causing the people controlling them ever more difficulties.

And so many of the highest controllers will start losing their way, their direction will become unfocused, they will feel like other forces are interfering yet they can't put their finger on what it is. Inspiration, that which would have come from the meddling mind spirits, won't be there for them to access and

enjoy, so they will have to rely on themselves more, which will give a lot of people a bit of a shock when they realise it's just not happening or working for them as they used to. Whereas on the other side, other people wanting to do good will feel more inspired and able to do things which they've always felt difficult, because unbeknownst to them, the mind spirits were working against them. The playing field is becoming more balanced so to speak, and gradually tipping, and then moving substantially in favour of the good side of the Rebellion and Default. All so the people who want to seek the truth of themselves through their feelings will be able to do more easily, and without any unseen spirit negative influence.

You see James, this you've not been told yet, but the controlling spirits worked particularly on people throughout history who naturally wanted to look to their feelings for the truth, or on people who came to the conclusion that their feelings were the way and key to the truth, even the way to heal themselves, all so such people found it simply too overwhelming to push on up against the mountain of negativity that would rise up within them, some of it often being added to or increased by these controlling mind spirits who didn't want such truth to come to light through people's feelings. And from our vantage point in spirit, as we can see the aura and so truth of everyone, and so anyone who starts to make any progress in the way of truth discovery through feelings stands out like a beacon and can easily be focused on by those controlling higher mind spirit who knew what they were looking for. But none of that can happen anymore, all because of the healing work of yourself and Marion along with Samantha.



Samantha being the first person to take on what you and Marion have revealed and commit herself to her healing, is leading the way out of the darkness, and so we are to come up behind her in a way, and with each level she reaches, that then becomes a certain benchmark with which we can work. So we can limit all the mind spirits who'd be working to thwart people below her, because she has now healed those levels within herself. And so it will continue as she progresses. And should she stop, then that's the level we can work up to, until someone else takes it further. And then it's the same with you and Marion, only you are working at the 'head of the coal face' so to speak, breaking through the controlling beliefs and mind circuits set in place by the Evil Ones, all so people like Samantha can then set to work on Healing themselves and contribute their part.

So Sam, you are doing a huge amount to help everyone by doing nothing more than working steadily on yourself. And it's the angels that tell us what levels you've worked through and where you're at, which we can then relate to by what we went through as we ascended the Divine Love Healing Mansion Worlds, as we affectionately call them.

So back to the question, will you see anything resulting directly from our actions, probably not, however as the whole world seems to start to implode, then you'll know it's because the controlling ways and influences of the unseen mind spirits has ended, and people on Earth have been left up to their own initiative, which will be shown to be very little. You have no idea how much direct and indirect influence has come from the mind spirits, and some of the Divine Love Healing spirits. There has been MASSES of influence, nothing has happened on Earth without their influence, they've been in the thick of it all.

Countless people die all the time, come into spirit, wake up realising their new life begins and then wonder what they want to do. And as they are still basically the same as they were on Earth, yet now

with renewed vigour and vitality – they are ‘young again’, so they set out trying to do more of what they did on Earth – control. However they quickly see that there are masses of controlling spirits already ahead of them, and so many of them have to start out all over again, at the bottom of the controlling pile, working their way up, having to understand just how one does work one’s control on people back on Earth, if that’s what they want to do.

So there are vast networks, many competing, many are family driven, all like what you have on Earth, but a million fold increased in the mind Mansion Worlds. And mostly these sorts of spirits keep themselves secret from the other block of mostly do-good spirits and the ones who want to ‘better’ themselves, all those you read about in the spirit / mortal accounts of people talking with spirits, because the spirits involved in what they believe to be the ‘spiritual upliftment’ of humanity connect with those on Earth wanting the same thing. And so what you don’t get is any real idea or insight into the top controlling mind spirit organisations, cults, groups, families and so on, and the like-minded people on Earth they connect with and exert control over.

And even you James have only very briefly touched on these controlling spirits and what they get up to, however, now I can tell you more about them as I am doing. And they control humanity, it’s as simple as that, and have done for eons; they, with help from the Evil Ones, the rebellious higher spirits, ‘earthed’ all the controlling world religions, they developed business to where it is now, government, all areas of power, and they instigated all the wars and so on, all trying to gain the power they are after.

So the Jews through the Zionists and others in league with them, being the ‘Chosen One’s’ were given the most power and control, the smallest group controlling the masses. However we’ve just blocked all their influencing mind spirits, so they are really going to be spinning their wheels in thin air wondering why they can’t get the traction they once had. So they will weaken, and that will cause their power to waver and others will step in and so with the whole smashing into the brick wall at the end of the Rebellion and Default which is now set and ready to happen. **This being the real End Times.** So officially, from a technical point of view, along the lines of what we can do, the end times have begun – we started them, however it’s all really coming from you doing your Healing on Earth. And anyone else who does their Healing, fully committing to it, will be empowering us even more, and gradually humanity will be made to face its bad feelings, to no longer do all it can to run away from them and hide them – reject them, all so the truth can come to light from such feelings, and it’s that truth that will Heal the whole of humanity.

So the tide, having been going out for all these eons, is now ebbing and just starting to come back in. So it’s got more eons of coming back in, and you people are right on the change over, doing your parts in the whole.

Should things start to happen that are a direct result of our positive interference, that come to James’ attention, I will point them out, however I’m not going to say, what happened to Trump today was because of what we did, and all that sort of stuff, because it’s all interconnected; however with time, and overall, you’ll be able to see things aren’t travelling as smoothly as they have been. And although, from your limited view, the world seems like it’s in its usual mess, from the mind spirits side of things, and even though they don’t all agree on everything, still they understand it and they are working (were working) it along the lines that’s suited them.

JM: So Helen, all the New World Order and One World Religion and all that, were the aims of these mind spirit?

Yes, and they still are.

JM: So what are these mind spirits going to do about what's happening, surely they are not going to take it lying down-

No, however they are powerless to do anything on Earth anymore, so they are busy trying to work out what's changed, which they'll never know because they don't even know the likes of us Celestials even exist, let alone why we've done such a thing to them. And in time they will readjust to their new, new lives, having to work out other things to do with themselves, which will basically, from what we can see, mean, set about planning for the day when they will get their power and controlling ability back. So they are busy looking to their prophetic writings, trying to work out what's going to happen, and eventually many of them will tire of it and move on; that being, work to move up the mind worlds advancing their mind, as in trying to perfect their negative rebellious state; or start their Feeling-Healing; or even move outside their box and embrace the Divine Love, moving into the Divine Love Healing worlds as they start their Soul-Healing.

And they will also try and corrupt those mind spirits still able to communicate with Earth, however we'll also be monitoring all of that and stepping in should they start to interfere there too.

So you see James and Samantha, it's all about what's going on over here in spirit, we are where the real action is. However by severing such controlling input from these mind spirits, humanity is now free to Heal itself, so at least to decide if that is what it does want to do, and do make that decision based squarely on people's own feelings, and not feelings being negatively influenced or interfered with from the hidden spirits. Humanity needs to be given a chance from the ground up to decide what it wants to do – either continue on its rebellious ways by default, or heal itself of such unloving ways. And it now needs to be able to take responsibility for itself, and all without any such interference.

So the mind spirits have basically been just an extension of parental control and interference, the mind spirits being the parents to all you children – the people – on Earth. But now it's time for the 'children of Earth' to step out into life themselves without such heavy parental influence, and do whatever they want. Which, in most cases, is to make a complete hash of things, because you don't know how to exist without such heavy unseen 'guidance'. So the rug has been pulled out from underneath you, and humanity is going to fall in a heap of its own doing. So this breakdown, Samantha, you might be able to see for yourself, even in your personal relationship with people. So things will get harder for them, whereas for you, you'll see how obvious it all is, the mess they are making and why they are doing it to themselves, yet whilst all being completely unaware.

And so the scene is set for the likes of what John and Crystal want to do, that being to provide a way for people to feel better about themselves and their lives, on all levels, from the basic nutritional level right up to the top spiritual level, including how to truly Heal themselves by looking to their feelings.

So the pressure that's to be exerted by these systems coming under pressure because of the sheer weight of their own greed and ineptitude, now without the unseen guiding direction and control from the mind

spirits, will be what opens the way for the money to come. For that money is to be used for the good (within the bad, within the remaining rebellion and default) all with the aim of helping those people who want to help themselves in some way, truly better themselves, and even, Heal themselves.

So Sam, I hope I have painted something of a picture that will help you understand what's going on. And every day you keep submitting to, expressing, and seeking the truth of your feelings, so every day we too can work with you, up-stepping the vibration of light that we can work with.

If you want to know anything more, have other specific questions, please ask James and he can ask me.

We love you all, we are very close to you all, for you are making your way out of the darkness and into the light.

With love and blessings – Helen, a Celestial spirit. And no, I am not Helen Padgett, we just share a common Christian name.

**Firstly, consider discovering the truth of your emotional pain through Feeling Healing.
Secondly, consider longing for our Heavenly Parents' Love as you progress with your healing.
Primary and most important readings are the writings of James Moncrief.
Then consider the Padgett Messages, and then The Urantia Book.**



JAMES PADGETT MONCRIEF REVELATIONS 1 Commenced 1914
2 Completed 2014

REVELATION 1 Divine Love addresses the issues of the Rebellion.

REVELATION 2 Feeling Healing addresses the issues of the Default.

The Rebellion is against love, the Default is all the difficulties we have in our relationships because of our rebellion. Healing the Default is becoming true, to ourselves and in our relationships, and ending our unlovingness – our rejection of love, so ending the Rebellion.

The Rebellion was brought about by Lucifer and his soulmate 200,000 years ago.
The Default was brought about by Adam and Eve, soulmates, 38,000 years ago.

Steps UP!

Quantum Jump 1



REVELATION 1
James Padgett 1914 – 1923

James Padgett bravely introduced the availability of the Mother and Father’s Divine Love and a great deal of additional guidance and information, all of which has been supplemented by Samuels, Judas, Reid and Arnold. All writers were under restrictions of personality and circumstances. Revelation 1 opened the door for humanity.

Quantum Jump 2

REVELATION 2
Marion and James Moncrief 2002
– ongoing

Marion and James Moncrief have recognised the need for one to engage in Feeling Healing and, by their actions, removed restrictions that James Padgett and others above endured, thus JM is able to critique the writings of the past 100 years resolving points of confusion as well as expand on what has been written. Revelation 2 is humanity’s turning point.

Due to the extra-ordinary nature of Revelations 1 and 2, humanity with the first Revelation would have continued on into its negative pathway of living, however, combining the first Revelation with Revelation two, now humanity can embrace this turning point and commence its evolutionary growth that has required two thousand years to put in place. This is the greatest event in the history of humanity and very few are aware of such, until we enable others to become aware.



Negative Spirit Influence blocked
22 March 2017
Law of Compensation quickening
22 May 2017
Rebellion and Default officially ended
31 January 2018



WHICH WAY? MIND SELF RELIANT or FEELING AND GOD RELIANT:

To PARADISE, the HOME of OUR HEAVENLY PARENTS

The Way Home

Council of Elders
now around 20
Soulgroups



Maybe something like 30 billion people have recognised that our Mother and Father's Divine Love, together with embracing one's Feeling Healing, that with these two aspects, have progressed through the Mansion Worlds to the Celestial Heavens and onwards.

Mansion World 7: is then about still working with the deepest and residual bad feelings, whilst looking to sort out how you wrongly relate to yourself and others, nature and God because of being unloving, understanding how your relationships are unloving, how you don't connect properly, how unloving you really are and why and fully accepting the truth of it, coming completely to grips with your parents not loving you as you needed to be loved – sorting it all out, including your self and feeling expression difficulties.

Mansion World 5: is then about going right into the depths of them, feeling how unloved you feel and seeing how unloving you are and how that makes you feel, bringing out the majority of your pain, your misery, fear, anger, guilt, hatred, boredom, terror, rejection, nothingness, feeling powerless, alone and abandoned, and so on.

Mansion World 3: is for waking up to the truth that you're not loving and starting to get in touch with your pain, starting to accept your bad feelings, starting to work with them instead of rejecting them.



More than 200 billion personalities have embraced their mind and self reliance through the misguidance of 'New Age' styled ideologies and the many thousands of different religious platforms, all of which take the person further and further away from our Heavenly Parents.

For a million years, humanity has gone in the wrong direction with its self-denial of self and feeling!

I'D TURN BACK IF I WERE YOU!

The Natural love spirit Mansion Worlds as to how they have been for all these hundreds of thousands of years and as they are set up currently, are to help spirits advance to the fullest of their self-denial that they can. That is, so as to become as evil as they can. And all under the guise of being 'loving'.



It's why they are called the mind worlds, namely Mansion World / spheres 1, 2, 4 and 6. That is because the spirits are using their minds to complete their rebellion – denial of self and feelings, and rejection of our Heavenly Parents as well their Creator Son and Daughter. So yes, the top of Mansion World sphere 6, spirits are the most evil, the most in rebellion, the most in default, the most wrong and unloving and untrue, even though, they appear, because they've trained their mind to do so, to be the most loving, but it's all false and contrived – such as the Eastern gurus. Total mind over feelings, blocking all the bad ones and using your mind to only make you feel good.

Typical of those on their way up in the mind worlds are not open to anything, they do not want to know about feeling bad and going with their bad feelings looking for their truth, because that scares them, that's not nice, that doesn't make one feel good, it threatens their control, they reject that preferring to stay in their nice safe space. Which is how it is for these Natural love mind spirits using their minds to control their feelings.

We've all got to take responsibility for our evilness even though we were made to be that way and rebel by default, but there is no getting away from it, and it has to be compensated right to the last farthing, which is what being in the hell planes is all about, and which keeps being applied right the way through the Mansion Worlds. **In the mind worlds you can continue to use that inner pressure requiring compensation for your bad deeds, to further contrive love and pretend you are all holy and loving and not hurting anyone anymore, which on the surface of it you are not, but underneath still are, all the way up through to the sixth world; or, you can allow it to keep working on you right the way up through the Divine Love Mansion Worlds doing your Healing.**

And apparently what's going to happen is the Natural love mind Mansion Worlds are going to be divided, so within them, there will be spirits doing their Feeling Healing – without the Divine Love, and still limited to the sixth Mansion World, but looking to be true and end their rebellion. And then there will be those still carrying on denying themselves as they have always done. So you will have spirits in the Feeling Healing Natural love sectors that will truly perfect their Natural love; and those spirits still in the mind sectors perfecting their wrongness. The opposites or extremes living side by side. And then you'll still have the Divine Love Healing Mansion Worlds, being spheres 3, 5, and 7, doing their Soul Healing.

And as for a summation: "Divine Love Mansion World / Sphere 3 is the waking up to the truth that one is not loving, also their being a lot of assistance. Sphere 5 is then about going right into the depths of feeling how unloved you feel and seeing how unloving you are and how that makes you feel, also this a time when one can then progress and manage their own progress through their Feeling Healing. Sphere 7 is then about still working with the deepest and residual bad feelings, whilst looking to sort out how you wrongly relate to yourself and others, nature and God because of being unloving, this is a time

of great realisation and comprehension with much of the prior experiences starting to be drawn together.”

Mansion World 3: is for waking up to the truth that you're not loving and starting to get in touch with your pain, starting to accept your bad feelings, starting to work with them instead of rejecting them.

Mansion World 5: is then about going right into the depths of them, feeling how unloved you feel and seeing how unloving you are and how that makes you feel, bringing out the majority of your pain, your misery, fear, anger, guilt, hatred, boredom, terror, rejection, nothingness, feeling powerless, alone and abandoned, and so on.

Mansion World 7: is then about still working with the deepest and residual bad feelings, whilst looking to sort out how you wrongly relate to yourself and others, nature and God because of being unloving, understanding how your relationships are unloving, how you don't connect properly, how unloving you really are and why and fully accepting the truth of it, coming completely to grips with your parents not loving you as you needed to be loved – sorting it all out, including your self and feeling expression difficulties.

It is agreed that the lower worlds are about waking up to what's involved, however from then on it depends on how it's all structured for the individual in their negative state as to how much ongoing assistance they might need. Some need help all the way along, whereas others have been able to work with their feelings, themselves, right from the beginning.

And yes, each of the Divine Love healing Mansion Worlds, 3, 5 and 7, are equally painful to work through, just focusing on different aspects of yourself and your Feeling Healing with Divine Love. And then in the higher planes of the 7th world comes the transition, where one's pain starts to end, and you start feeling so much better about yourself, you are fully accepting of your negative unloving state, you are fully unloving although even starting to become more loving – truly loving, of yourself, God, and then other people.

Then onto the Celestial Heavens by progressing into Sphere 8 and then onwards further, all the way home to Paradise.

Maybe something like 6 billion people have recognised that our Mother and Father's Divine Love, together with embracing one's Feeling Healing, that with these two aspects, have progressed through the Mansion Worlds to the Celestial Heavens and onwards.

More than 200 billion personalities have embraced their mind and self reliance through the misguidance of 'New Age' styled ideologies and the many thousands of different religious platforms, all of which take the person further and further away from our Heavenly Parents.

The 1st and 2nd Spirit Mind Mansion Worlds / spheres are jammed to the rafters.

For a million years, humanity has gone in the wrong direction with its self-denial of self and feeling!

FEELING HEALING + SOUL HEALING

To heal one's self is to simply look to see what feelings we are refusing to let ourself feel, and accept them instead of denying them. And to fully accept them, one needs to express them, speak about them, let them have their say, rather than pushing them aside, refusing to let them make you feel bad.

Doing this all with the intention of seeking the truth of why you are feeling them, of speaking about and expressing all such feelings; all feelings you have, but ALL WITH the INTENTION of UNCOVERING the TRUTH THEY WANT YOU TO SEE ABOUT YOURSELF. And it's the wanting to see the truth of them that is very important, because if you just look to accept them and speak and express them, but not seek their truth, then that's all you'll be doing, speaking and expressing them, but not healing their causes, so not fixing the things within you that are making you feel bad. And it's the truth part of it, seeking the truth of your feelings, and so, seeking the truth through your feelings, that's vitally important. It's the truth of yourself, life, nature and God, that is the spiritual aspect to it all.

You CAN'T find the truth of yourself, or anything else, through and with only your mind. You HAVE to engage and look to your feelings. And so if you choose to allow your feelings to 'Show You the Way', then the truth will come as you express them. So to do our Soul-Healing consists of these steps, all of which are ongoing until it's done:

- **Admit you are feeling bad.**
- **Accept your bad feelings, identify what they are.**
- **Honour fully your bad feelings by expressing them, speaking about them to someone who is willing to hear you talk about them, or tell them out loud to our Heavenly Parents. Long for the truth of them. Long for the truth of why you feel bad – what deep within you is causing your bad feelings?**
- **And remember, bad feelings are Good! Not bad. They are not to be despised. And as hard as it is to accept them, they are still you, and a very real part of you. And if you persist in denying them and not allowing yourself to fully live them, then you are only going to keep yourself in your errors making things harder for yourself.**
- **All sickness and suffering, all bad things that happen to you, all your problems, all your addictions – your whole feeling-denying and untrue life, is all caused by your denial of bad feelings.**
- **Every problem in the world is brought about because everyone has been brought up to deny feelings, and in particular, most of their bad ones.**

If one is intent on spiritually evolving and growing in truth, then it's vital, and this is the key, that one looks to use one's feelings as the means to gain and have access to the truth of oneself. You CAN'T find the truth of yourself or anything else through and with only your mind. You HAVE to engage and look to your feelings. And so if you choose to allow your feelings to 'Show You the Way', then the truth will come as you express them.

Doing your Soul-Healing with the Divine Love, is really doing your 'Feeling-Healing'. We are designed — created — to be self-revealing of truth, and so we are all to uncover the truth within ourselves and for ourselves, and all being done by living true to our feelings. **If you accept, express and seek the truth of your feelings, then truth will come to you, and you'll grow spiritually. It's as easy as that. Also it is as easy as it is to long for, ask for and receive Divine Love.**

THE HEALING OF YOUR BAD FEELINGS THROUGH THEIR ACCEPTANCE
AND FINDING THE TRUTH OF THEM, IS THE ACCEPTANCE OF YOUR
NEGATIVE, REBELLIOUS, EVIL, IMPERFECT MIND AND WILL CONDITION.

To do our feeling-healing we need to become:

Aware of – Acknowledge – and Admit, our bad feelings.

So we can:

Accept – them and allow ourselves to Be them.

And then if we feel to, take:

Action – Express, speak and emote them.

Talk about them.

All being done whilst longing to, really wanting to, see the TRUTH of our feelings.

So it sounds simple.

So I repeat:

We accept our bad feelings by expressing – speaking about them to someone willing to listen to us and take us seriously. And as we speak we long for the truth of them – why we are feeling them – to be made known to us. And when we uncover and see the truth we are FREE! – healed of the causes that have made us feel bad.

Accept, Express – see the Truth, and you're Free!

ACCEPTANCE OF ALL YOU FEEL, THINK AND ARE, IS THE KEY TO DOING
YOUR HEALING; THAT, AND WANTING TO SEE THE TRUTH OF ALL YOU
FEEL, THINK AND ARE.

Release one's pain through expressing one's feelings.

in conjunction with

Longing for the Truth when also longing for Divine Love.

Prayers to our Mother and Father

From 'Religion of Feelings' by James Moncrief

Please Mother and Father help me accept my untrue state and bring up all my repressed feelings so I can see the full truth of why I feel so unloved and all that's wrong with me.

Please Mother and Father help me see the truth of myself through my feelings.

Please my beloved Heavenly Parents, fill my soul with Your Divine Love. I long for Your Divine Love; please answer my prayer and yearning to be at-one with You and do Your Will by living true to myself and all my feelings. Please fill my heart and soul with Your Divine Love – please make my soul like Yours – Divine.

Please Mother and Father, I want to uncover the whole truth of myself through my feelings. I want to be able to feel and accept just how bad I am, how bad I feel I am, how bad I've been in my life. I want to know the whole ugly truth of myself, see it and feel it and understand how I came to be it. Please reveal to me through my feelings all the truth of myself You want me to see. I want to be as You want me to be; I want to be true and perfect, Healed of all my rebelliousness and self- and feeling-denial; I want to be good, loving, true and happy, please help me become true to myself, true to my soul, true to You.

Please Mother and Father help me, I'm in such bad pain, I feel so alone, so miserable, so scared, what's going to become of me, I don't understand, what's the point of me, why have You made me; please help me see the truth of myself – all the truths of myself, nature, how to be in the world, of You both. I want to know, I want to know it all through my feelings, all that there is to see, the whole truth and nothing but the truth. Please help all my pain come to the surface of me so I can embrace and accept and express it out of me. I want to use my feelings to uncover the truth they are to show me; please help me to do that.

Please Mother and Father love me. I want You to love me. I want to feel fully loved by You. I don't want anything else, only to be with You. Please, that is all I am asking.

Please make me feel how unloving I am. Please show me the horrible truth that I am. I want to see and feel and understand the worst of me, please take me into my darkest scariest ugliest unwanted rejected places within myself. I don't want to feel all the dreadful pain that I know is there locked away inside me, yet I do also want it all to come up and out of me, and I want to use it to see the truth of my wrongness, the truth of how evil I am, the truth of my fucked up state. I no longer want to be false, pretending I am okay, using my mind to make me falsely believe I am good, happy, loved and loving, when I know I'm not. For how can I be when You've brought me into my unloving state, making me be of it. And as You want me to experience being this negative way, please show me the whole truth of it. I no longer want to deny any part of myself, or any of my bad feelings. I want them all to come up so I can express them, emoting their pain, feeling how bad You've made me feel all my life and all through my early life; I want to see why, and so reveal all the truth to myself. I want to be the living truth of myself, living true to my feelings and the truth they give rise to. Please help me to do my Healing, and please fill my soul with Your Divine Love.

The mind way is the 'dead' way; the feelings way is the 'alive' way.

Examples of some prayers to God:

From 'Feeling Healing' by James Moncrief

Please God show me the truth of myself through my feelings.

Please help me see the truth about myself You want me to see.

And please help me feel all my repressed pain; please bring up all my bad feelings so I can express them and see what it is they are to show me about myself, my life, and You.

And please help me work through my blocks, I want to Heal myself, I want to become true to myself and true to my feelings and true to You – please help me do that.

Heavenly Mother and Father, I feel so bad, and I know I'm doing it to myself, but I can't help it. I can't stop my compulsive addictions, so will you please bring up the buried feelings in me and show me the reasons why I can't stop. Please! I want to know – I REALLY WANT TO KNOW why I do them. Please help me Mother and Father to uncover the truth of myself. Please, I beg you, please, please, please show me the truth of them so I can give them up. I hate feeling bad, yet I know I must so I can keep expressing my bad feelings to see the truth You want me to see, so please help me feel bad.

Please Mother and Father fill my heart and soul with Your Divine Love. Please give me Your Love. Please love me and make me feel loved by You. I want to feel You close to me, I want You to hold me, make me feel loved by You. I only want You and to do Your Will. Please help me bring up all my repressed feelings so I can express them and uncover their truth. Please help me do my Healing. Please give me Your Love.

I hate you Mother and Father; why have You given me such a shit awful life? I hate myself, I hate You, I hate everything about my life. I feel so bad all the time. I've expressed so many bad feelings and still I feel bad. It's not fair, it's not fair what You've done to me. I hate You! And I want You to help me Heal myself, so I can stop feeling bad. You put me in the shit for whatever reasons, and I want You now to help me get out of it and show me what it's all been about. Please help me to Heal myself so I no longer hate You.

I long for Your Divine Love Mother and Father. Please fill my soul with it. And please help me uncover the truth of myself through my feelings. I want to see it all! And please make it all end, I'm so tired of always feeling so bad, please take all my bad feelings away by making me feel them and showing me the truth I am to see.

LOVE
is
Feelings First Spirituality, The New Way

Feelings First Spirituality, The New Way is a contemporary ‘religion’ based on living true to yourself through your feelings. Understanding that all you need in life is contained within your soul and is shown to you through your feelings. And by loving your feelings, by attending to them properly (talking or writing them out of you) and not denying them, you can use them to uncover the truth of yourself – the truth of your soul.

Feelings First Spirituality is not a formalised religion that tells you how to be, that is too controlling and is actually bad for you, limiting your spiritual growth. You can be wholly self-revealing of the truths you need to be, being the person God created you to be, all by living true to your feelings.

Feelings First Spirituality has no formal structure because we understand we don't need one, our soul contains within it all the truth of our spiritual ascent. If we look to our feelings for the truth they want us to see about ourselves, nature and God, then what more do we need! Our true spiritual path is the path our feelings will lead us down, that is, provided we allow them to. This is the most spiritual we can be.

Living the New Way of Feelings First Spirituality

You come to the understanding from your life experiences that how you are is not right, it doesn't make you feel good – that you are wrong in some way. And you want to change yourself, you want to become right, true and perfect – you want to be like God is.

And to do this you need to do your Healing

Your Feeling-Healing is looking to your feelings for the truth of yourself, the truth being hidden in many of the feelings you are not wanting to face in life. So you have to end your feeling denial, accepting all your bad feelings (and good ones), express them (yet not necessarily acting upon them), whilst longing to uncover the truth they are to show you.

Or, you can do your Soul-Healing, which is your Feeling-Healing together with including longing directly to God for God's Divine Love. When you receive the Divine Love into your soul, it will cause your soul to become divine, and it will deepen your personal relationship with God. Long with all your heart to God for God's Divine Love.

<http://religionoffeelings.weebly.com/>

Feelings First Spirituality **The New Way**

By living true to ourselves, true to our feelings, we are living true to God. It's that simple.
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FEEL *for* TRUTH

The beauty of it all, is the truth comes to you through your own feelings. You don't need to be told it by anyone. You can work it all out for yourself. We are self-revealing of truth, it's how God created us to be, and by being it we'll feel the happiest we can feel. Truth is our great comforter, so when you feel it come up within you, ah it feels so good and you feel just right – perfect!

We know only how to deny feelings, now we can get to know how to accept them. And always with the truth being the most important part.

FEELING TRUTH

If you don't want to uncover the truth of your feelings, then you can keep on expressing them forever but you will never fully heal yourself. Seeing the truth results in the Healing. And to see the truth you need to express all the pain out of you. The two things go hand in hand.

You can accept and express your bad feelings, letting off steam all day long, yet nothing will heal and nothing much will come of it. So this is where wanting your feelings to show you the truth of why you're feeling as you are is so important.

Don't go fishing with your mind, that will shut the truth out from rising up for you. **KEEP YOUR MIND OUT OF IT.** It's a feeling thing, doing your Feeling-Healing. (This is where we erred previously, and this how other modalities are in error.)



You long when you can, then stop longing and keep expressing. And at some point, and it might not even happen immediately, it might happen after days or weeks of expressing the same bad feelings, truth will come to you. And it does, it just comes up suddenly into your consciousness. You just know. You see the picture and you feel it's true. And you know it's true. And THEN your mind can come in and start sorting it out and putting in context.

It's the Truth that we are seeking. It's the End Point. The Reason for doing your Healing. You are to see the whole Truth of yourself. And to begin with, that's the whole truth of your unloving self, of your wrongness, of your evilness, of why you are as you are in your negative unloving mind-controlling state. To be able to fully accept yourself as you are, warts and all. To not fight or resist or try and change yourself, just to accept all you feel and all the truth of all those bad feelings you feel about yourself. And when you do, so you will be healed. You CAN'T heal yourself unless you uncover the truth of your pain, suffering and so the truth of all your bad feelings.

Through our Feeling-Healing we long for the truth of what we're feeling whenever we can. So as often as you can. You want, and REALLY WANT WITH ALL YOUR BEING, ALL YOUR WILL, to know why you are feeling bad. You yearn, want, long and beg and beg and BEG God to show you the truth of yourself through your feelings. So when you are expressing your bad feelings you can stop and long for the truth to show you what's going on, why do you feel so bad, and you can do it any time you think of it or feel to do it.

Notes from 'Feeling Healing' by James Moncrief

Heartfelt TRUTH



The NEW WAY of LIFE:

Now for the first time in history, Celestials can be more assertive in making known the availability of Divine Love, and that the only way to progress towards our Heavenly Parents is by engaging in doing one's Feeling Healing.

The Celestials have all but stopped the mind spirits from negatively influencing people on Earth, and the biggest area this is in, is in the religions. So the religions on Earth and all the spiritual systems of the mind, are under pressure in that they are no longer enjoying the input from the mind worlds that they have had. And how this translates into ordinary everyday life, is more in the unseen connection between those in religions on Earth and those of the same religion in spirit, is fading away.

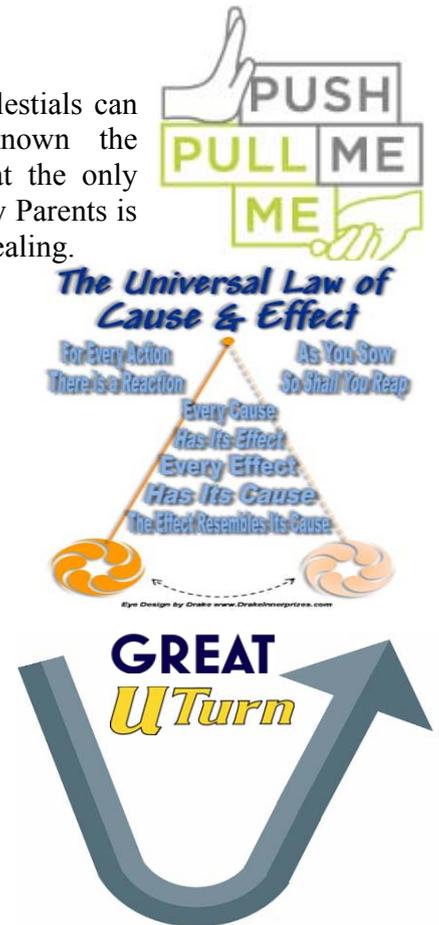
Then at the same time, we, the Celestials, are being allowed to move more freely amongst everyone, both in the mind worlds and with you on Earth. Which means, we can confront and have more of a say in peoples and spirits lives, something that was forbidden the Celestials of the 'old guard'. They were not allowed to interfere at all, having to wait patiently for spirits (as there was rarely anyone on Earth) to show interest in an alternative way to God, which enabled the Celestials to slowly introduce the notion of the Divine Love and then that of doing one's Healing. But it took a long time for mind spirits to show any real interest and being willing enough to give up the power their mind had over them, wanting to seek a higher life.

Celestials can now, following the progress achieved by Marion and James Moncrief, approach and be more freely expressive to spirits on all levels, and also to people on Earth, should they want their help.

Further, those who reject and suppress their children will progressively grow in awareness of their own unloving natures. One will not be able to continue to avoid their feelings of wrongness.

Golden Rule: that one must always honour another's will as one honours one's own.

Thus the three aspects: one, of having more readily available guidance to become aware of the availability of Divine Love; two, the way to become fully expressive of one's soul based personality through the process of Feeling Healing; and thirdly, the quickening of the Law of Compensation through one's greater sensitivity to one's emotional errors and injuries. By having greater personal connection with a Celestial, we are able to move into longing for the Divine Love, and look to healing ourselves and grow in truth, and start to seriously consider embracing one's ascent to Paradise.



Law of Compensation quickening 22 May 2017



REVELATIONS



Revelation 1: Our soul becomes encrusted with harmful ways of life, plus negative and erroneous beliefs, these mainly stem from our childhood upbringing and environment. Thus we live untrue to ourselves, we become 'evil'. Whilst we hold to these injuries we limit the amount of Love that we can receive into our soul. To open our soul to the Love we must firstly and progressively feel into our emotional injuries and allow them to be released. Until we emotionally experience past errors and injuries we hold onto them.



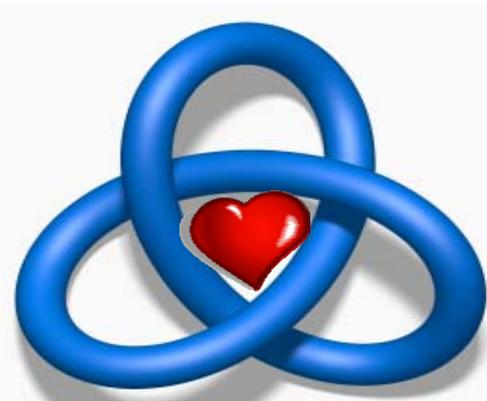
To free our soul of damage and toxic emotions we must open ourselves to experiencing them. This is a progressive, slow and uncomfortable cleansing process that we must all experience. Only by addressing the generational injuries will we, as humanity, evolve in love.



To fully divest one's self of our badness, we have to 'go into' our feelings. Call this process of clearing toxic emotions as 'Letting Go', 'Emotional Processing', 'Journey Process' or 'Feeling Healing'. Embracing Divine Love then Feeling Healing becomes Soul Healing.

As part of our Feeling-Healing we will have to work our way into all our feelings to see if indeed they are coming truly from our heart and soul, or if they are being heavily influenced by our mind. And this will then lead us into questioning and uncovering the truth, if there is any, to our beliefs and why we behave the way we do; and is such behaviour based on truth, or is it based once again on untruth, belief, and rules of our mind.

Revelation 2: We can long for, ask for and receive the Mother and Father's Divine Love. The greater our soul is free of error and injury, the more of the Divine Love can be received and assimilated into our natural love formed soul. The Love does not free us of injury, however, it strengthens our resolve to continue on our journey to be free of error and injury, to step away from evil aspects that have been encapsulated within our humanness and soul. It is this Love, the Divine Love, that brings about immortality of our soul and it is this Love that will eventually fit us to enter the Celestial Heavens and progress for ever more onwards to Paradise. These two revelations free us from error and enable us to grow in love ever more.



Immortality with the Love.



God is God, who is our Heavenly Mother and Father, being SoulMates. There is only one Soul that is God's Soul, that being the Soul of our Mother and Father. Our Heavenly Parents are the First Soulmates; The Two Who Are One who have brought us all into being.

Jesus and Mary are a son and daughter of God.



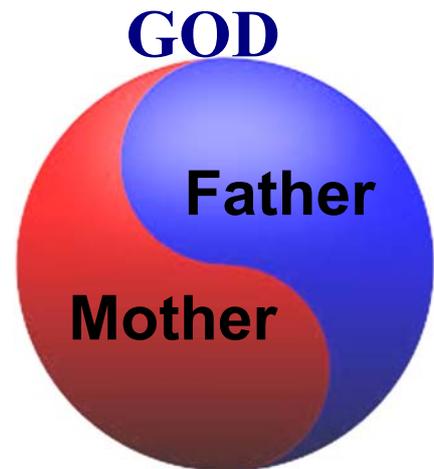
Jesus of Nazareth and Mary of Magdalene, being soulmates, were both free of sin. Jesus and Mary, combined in their love for us, are our teachers and guidance for us to find our way home to our Heavenly Parents. To start this journey we are to liberate our souls from being entombed within our suppressive minds, through feeling and longing for the truth of our feelings via our soul and peel away our injuries incurred since conception.

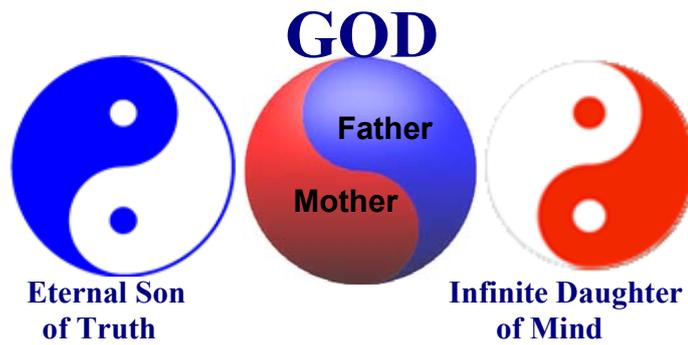
Give yourself time to consolidate your relationship with the Mother and Father through the partaking of Their Love. And whilst you are doing this, you can learn about your healing, all that's involved with it, as there are many willing spirits to share their healing experiences with you.

When you are ready it will start happening simply because you will want it to, it all being orchestrated by your soul. And when that time comes you will have developed a strong foundation in your relationship with the Mother and Father for you to work from. We are to feel our feelings, identify what they are, accept and fully acknowledge that we're feeling them, express them fully, all whilst longing for the truth they are to show us.

It is to make longing for God's Love the priority, and then do one's healing; should one want to include God and the Divine Love in one's feeling healing. This is doing your soul-healing as you are seeking to heal your soul of all evilness – of that which made you become evil, and release all the hurt and pain of not being fully and truly loved.

WE ARE Children of God





PARADISE TRINITY:

1. **Our MOTHER and FATHER (God)** (MF) – **Divine Love**
SOUL (God) – One SOUL that is expressing its two PERSONALITIES, our Heavenly Mother and Heavenly Father (Soulmates)
2. **ETERNAL SON** (ES) – **Divine Truth**
3. **INFINITE DAUGHTER** (ID) – **Divine Mind**

Then: The Second and Third Persons of the Paradise Trinity (ES and ID) are stepped down to the local universe trinity (Mary and Jesus, Divine Minister (DM), and her Holy Spirit.

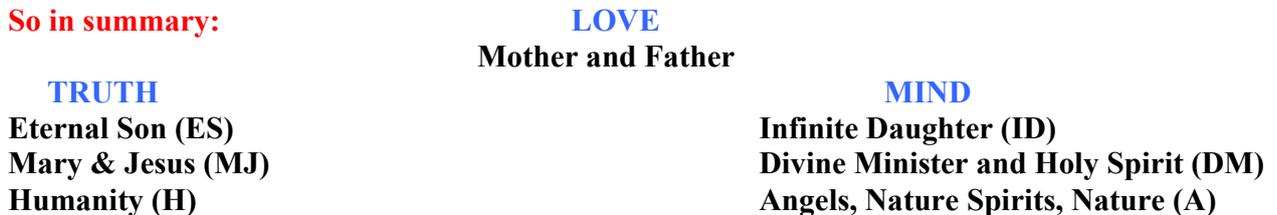
The LOCAL UNIVERSE TRINITY:

1. **MARY M and JESUS** (MF) – **Divine Love**
– the **Living Truth**
2. **DIVINE MINISTER** (DM) – **Mind** (and her Holy Spirit)
3. **HUMANITY – Natural love, sons and Daughters – Truth, and our Angels – Mind**

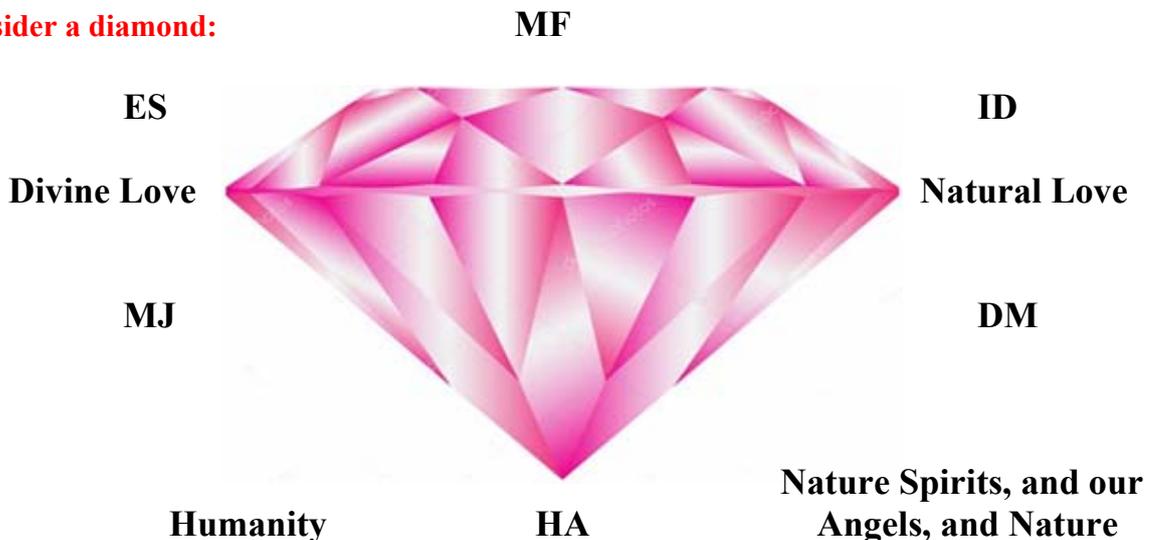
PLANETS that engage in REBELLION:

1. **AVONAL SOULMATE PAIR** – the **Feeling Healing process – incarnate**
2. **DAYNAL – TEACHER PAIRS** – they do not incarnate

So in summary:



Consider a diamond:



Mother and Father Heavenly Parents

Creator Son & Daughter
Jesus and Mary

Avonals
as soulmate pairs

Trinity Teachers
as soulmate pairs

Melchizedeks – who have taken over from the Caligastians and Daligastians being also all as soulmate pairs.

Mortal Souls – human beings who individualise on Earth, then progress through the spirit Mansion Worlds, then into the Celestial Heavens, and beyond.

Mortal Souls – also being ascending spirits, upon completing their Soul Healing, join with their soulmate, then join their soul group of 24 mortal spirits, being 12 soul pairs. It is only as a soulgroup that anyone can progress beyond Nebadon.

The Paradise Pairs are all ONLY concerned with the SPIRITUAL wellbeing and upliftment of the planets and local universe. Currently to do with Earth:

Mary and Jesus – spiritual wellbeing and upliftment of the whole of Nebadon region.

Avonal Pair – Daynal pairs (Trinity Teacher Daughters and Sons) – Spiritual wellbeing and upliftment of individual planets and their associated Mansion Worlds.

The Local universal Sons and Daughters are all about the running of the worlds under their jurisdiction, and ensuring the higher spiritual elements can be employed, or sent astray, as in our cases through the Rebellion and Default.

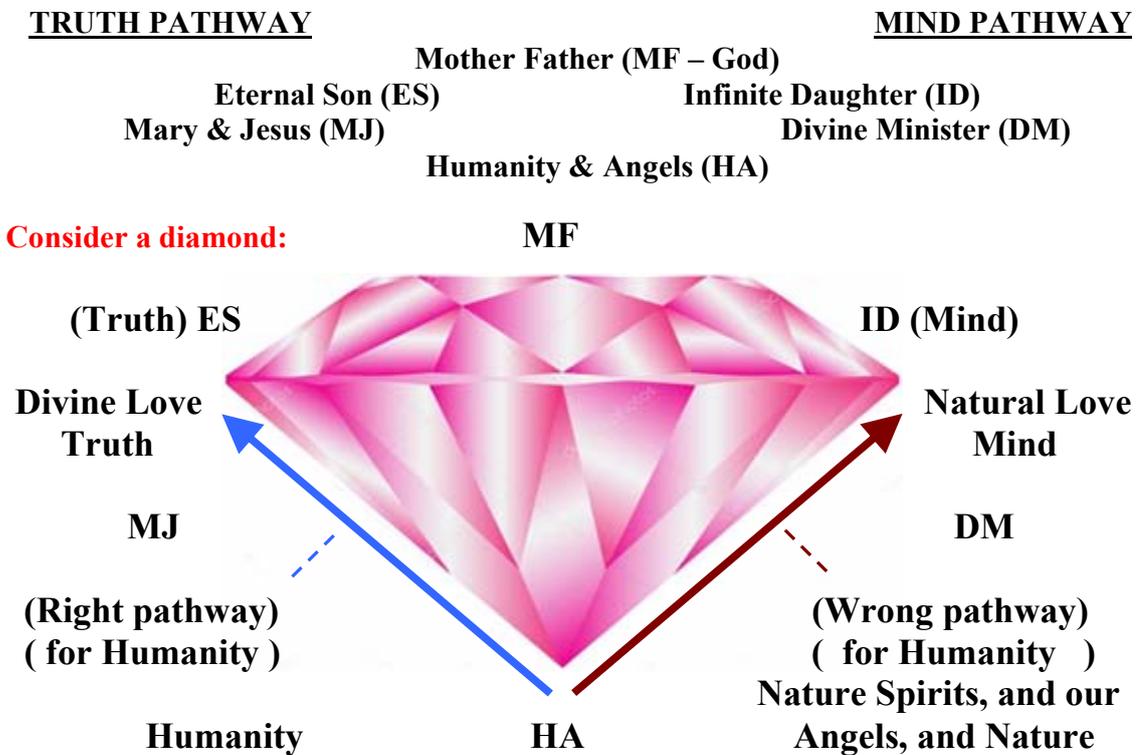
Lanonandeks – Melchizedeks (and others, such as Life Carriers and Eve and Adam).

As the Lanonandeks all rebelled – the Lucifers, Satans, Caligastias and Daligastias soulmate pairs – so the Melchizedeks have taken over their roles, as well as doing their own.

So the Melchizedeks are the governors, overseers, the administrators and advisors and so on for Earth; they are the ‘controllers’, and they will instigate all that needs to be done to do with the ending of the Rebellion and Default. And they will enlist the willing help of ascending mortal pairs, so the mortal Celestials spirits (soulmates when available, and others waiting to unite with their partner), and at times mortal spirits in the Divine Love Healing Mansion Worlds. And the angels help all of us.

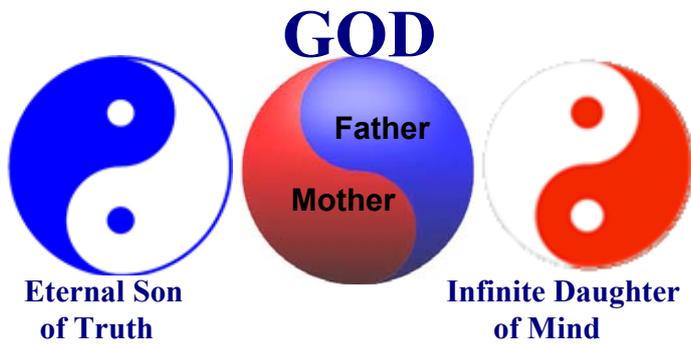
Currently the whole of Creation exists for the ascension of mortal souls from their earth planets to Paradise. It’s all one vast Grand Ascension Scheme. With all the higher and lower spiritual Daughters and Sons, together with all the many different angels and other universal spirit personalities, and even including nature and our very own pets, assisting women and men with their Ascension Journey. It being: and Ascension of Truth. Everything we do is done to help us grow in truth. (Only everything we do in our negative state is to deny ourselves our truth from our feelings, which is why we have to do our Healing.) All women and men are ascending (or growing) in truth through their experiences. And as we grow in truth by looking to our feelings to show us that truth, so we’re ascending, moving inwards and upwards through all the worlds and spheres of the Grand Universe to one day arrive on Paradise and meet our Heavenly Parents. God is providing us, Their children, with this spiritual journey called our Ascension of Truth. And by living true to our feelings, so we are progressing on our true Spiritual Path – our Ascension Path.

Live true to your feelings, and you ARE living true, not only to your own soul, but also true to God’s soul. So doing your Healing by honouring all your feelings, IS living the will of God. And being fully Healed, IS living even more truly the Will of your Mother and Father.



Humanity is to pursue the pathway for Truth through one’s soul based feelings, this is the right pathway. However, humanity commences its journey founded on natural love, which we now know is to be perfected through one’s Feeling Healing process and then made divine through asking for and receiving our Heavenly Parents’ Divine Love.

For 200,000 years, **humanity** has pursued the pathway of the Mind, being that of the brain, this is the wrong pathway. The Mind is the pathway for Angels and that of all of Nature.



CREATION of SOUL and SPIRIT:

God is *The Paradise Trinity* — the eternal Deity union of the Personalities: the Universal Mother and Father; the Eternal Son of Truth; and the Infinite Daughter Spirit of Mind.

The soul of each human personality (sons and daughters of truth) is existential, driving our personality expression in the experiential. The soul of each human finds truth by embracing one’s feelings and longing for the truth of them. We are to attain the Eternal Son of Truth. We are a creation of Truth.



Feeling Pathway

The soul of angels is experiential, evolving through their experience by continually progressing in mind development. Angels are to attain the Infinite Daughter (Spirit) of Mind. Angels are a creation of Mind. Our soul is duplex (we have a soulmate) and is created by our Heavenly Parents. Through our Feeling Healing we perfect ourselves enabling the union with our soulmate, as we progress in truth up through the Mansion Worlds, celestial heavens and all the way to Paradise.



Soulmate Pair



Angel



Spirit Person



Nature Spirit

The soul of angels is also duplex, yet of the mind, and they progress in mind evolution to Paradise. Animals, plants and nature spirits are also creations of Mind.

Neither we nor animals reincarnate. We never die; upon death, we move into the spirit Mansion Worlds on our journey to Paradise. When animals and plants die, be they the tiny microbe to the mighty elephants of the land and the whales of the ocean, their spirit energy returns to the Spirit Collective



Energy. And from this energy are drawn other animals and the nature spirits, who then in turn move onto becoming angels through increasing mind experience.

A nature spirit is an angel in waiting.

WE ALL ARE BEING GUIDED HOME:

We need the Spirits of Truth of the Avonal Pair to Heal ourselves; then once Healed, (and for support (overshadowing) as well through your Healing), we need the Creator Pair, Mary Magdalene and Jesus’ Spirits of Truth to see us through the Celestial spheres, while at all times embracing our Heavenly Mother and Father.

Until Mary and Jesus died and liberated their Spirits of Truth, no one from any of the worlds could leave Nebadon, because no one knew the way to do so. Nebadon is our local universe containing some 3.8 million inhabited physical worlds and their associated spirit worlds.

When we embrace the truths Mary and Jesus are revealing, and start to do our Feeling Healing, or with Divine Love, Soul Healing, we are then freeing ourselves up from our parental and self control.

Thus our journey to Paradise, to the home of our Heavenly Parents, is of our choosing as to when we progress, however, there is only one way:

HUM: Humanity is to ascend. We are self contained. Our soul is always in truth and perfect at all times. **By living true to ourself, true to our feelings, we are living true to God. It’s that simple.**

We are to recognise that being engaged and dominated by our mind is the wrong way for us to evolve and grow in truth. We are to discard the mind enslavement that has been imposed upon as by all of our parents. We are to express our feelings, both good and bad and free ourselves of the indoctrination that humanity has embraced worldwide.

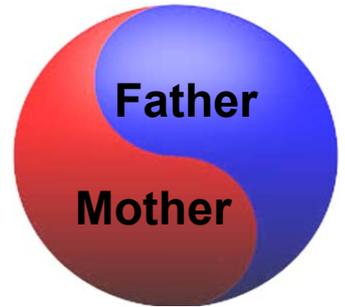
Live true to your feelings, and you ARE living true, not only to your own soul, but also true to God’s soul. So doing your Healing by honouring all your feelings, IS living the will of God. And being fully Healed, IS living even more truly the Will of our Mother and Father.

AVO: We are to embrace the truths and guidance of the Avonal Pair through their Spirits of Truth. It is the Avonal Pair’s guidance that will lead us through our Feeling Healing, and with Divine Love, we will be able to ascend through the 7 spirit Mansion Worlds and enter the Celestial Heavens where we also interact with other world’s spirits.

J&M: We are also to embrace the truths and guidance of the Paradise Pair, Mary and Jesus, who will then lead us through the 3 Celestial Heavens that are aligned with Earth, and then further on through Nebadon where we will then depart beyond on towards Paradise.

M&F: Beyond the universal zone of Nebadon, we will be guided by our Heavenly Mother and Father onwards through the universes to Paradise where we will be welcomed by them, home for us all, as we are all Children of God.

GOD



M&F



J&M



AVO

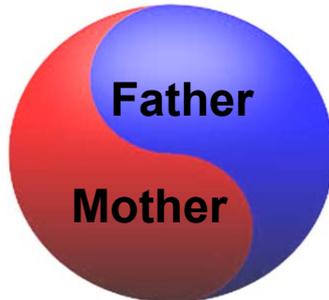


HUM

WE ARE Children of God

WE ALL ARE BEING GUIDED HOME – NOW, HOW TO COMMENCE THE JOURNEY:

GOD



M&F

For 200,000 years, we have been misled into embracing our mind's distortion of wisdom and truth. All such traditional understandings only lead us in the wrong direction, from which we must turn back from. Our soul based feelings are always in truth. Our minds are to follow our soul based truths and feelings, not the other way round, as we have been brought up to embrace.

We are to connect with our deeper repressed feelings.
We are to long for the truth of what we are feeling.
We are to live true to our selves; by living true to our feelings.

Use your surface day-to-day feelings to connect with your deeper repressed feelings. Express your surface feelings and your deeper repressed feelings to uncover the truth of yourself.



J&M

We all have feelings which we communicate and share with each other. And we all have deeper buried and hidden repressed feelings. Feelings from our early childhood we felt, yet weren't allowed to express. These feelings are still within us, waiting to have their say. These feelings, because they are repressed, cause us all our problems.

And as we look to uncover, bring out and accept these deeper feelings, so we're taken into new ways of looking at ourselves, our feelings, and our life. We're setting ourselves free of the controlling patterns that govern our unloving behaviour.

In this way, we progressively begin to express the personality that our Heavenly Mother and Father gave us, not the one imposed upon us by our physical parents and carers. We are to be our true and real selves.



By living true to ourself, true to our feelings, we are living true to God. It's that simple.

AVO



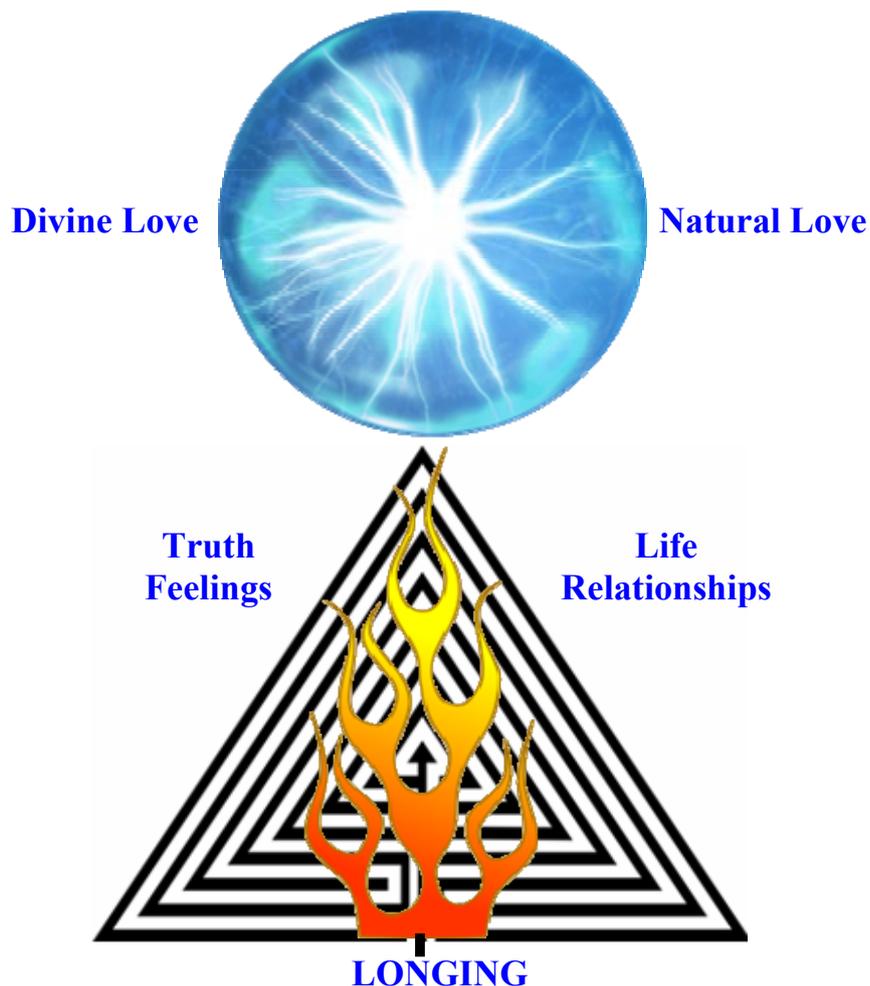
HUM

As we, humanity, long for the truth of our feelings, we can also be assisted by the Spirits of Truth of the Avonal Pair who are our spiritual teachers for Earth over this coming 1,000 years, to assist us through the Great U-Turn, away from mind dominance to being soul based feeling lead. They will assist us through the seven levels of the spirit Mansion Worlds.

Then the Creator Pair, Jesus and Mary, will lead us through Nebadon and into the greater universe. Then our Heavenly Mother and Father lead us home to Paradise.

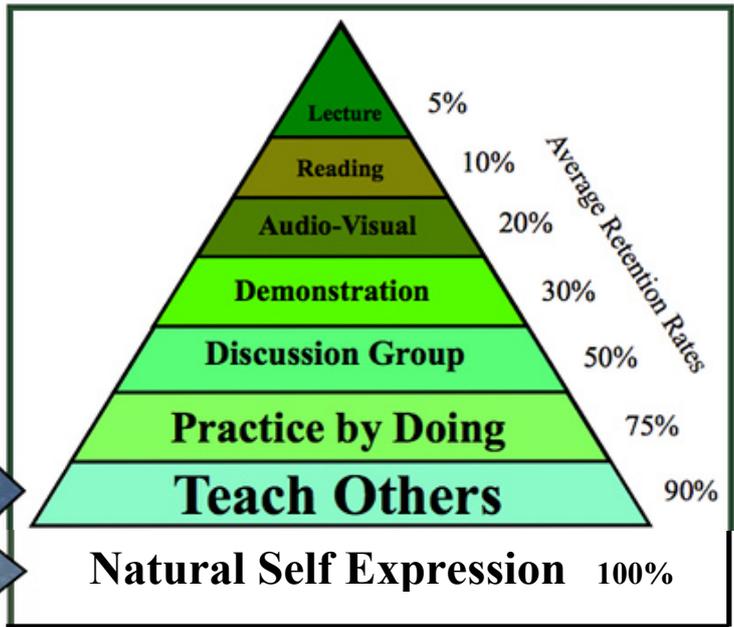
Collectively, should we embrace them all, as we are to, then our pathway home is a journey in the hands of the Spirits of Truth of the Avonal and Paradise Pairs overseen by our Heavenly Parents.

WE ARE Children of God

HOW TO GET TO PARADISE:**Long for the Divine Love****Long for the Truth****Long for the truth of your feelings****Don't deny any feelings: accept, express and want to know the truth of them****Know your feelings are the key; your feelings are the Way****Want to end your falseness and being untrue****Want to understand the truth of your early life****Use your surface feelings to move deeper into yourself, bringing up your repressed feelings****Want and long to know the whole truth of yourself****Want to do it all with God, your Heavenly Mother and Father – long to Them for help.****The Key**

Our longing drives our life. We long with feelings. We can wish for things using our mind, yet long for things with our heart. These things in the pyramid are what to long for. Longing for them, when the longing comes naturally. Longing because you feel you really want them. Long to be true with all your heart. Long to live true to your feelings. Long to understand the whole truth of yourself.

The Learning Pyramid



Feelings first

LIVE FEELINGS FIRST

FEELINGS FIRST For Kids

SPIRIT INFLUENCE: (What follows is in reference to the time before 22 March 2017)

Frequently we may say to ourselves, why did I say that or do that?

Frequently we may say to ourselves, that person is not him/herself today, it is like talking to another person.

From the time of one's conception, way before being born physically, we may have developed relationships with people who are discarnate, that is, no longer living with a physical body.

Frequently, these connections or attachment are with deceased relatives, and are very loving. It may not be a relative, it can be with anyone whose emotional structure is compatible and attractive to one's own emotional makeup. As in our physical world where we make close friends, we do also in the spirit world via our spirit bodies – our mind is within our spirit body.

These attachments can be beneficial. A loving past grandparent may well become our personal guardian. Another past relative may become our guide in what we strive to do. We all have many friends from within the spirit world. How many times have you woken in the morning with a clear understanding as to how to deal with a problem that seemed impossible the evening before? Yes, all sorted out with our friends in the spirit world.

These spiritual attachments or connections are most often genuinely loving. From the soul condition that these spirits come from, they mostly see their involvement and interference with you as loving and helpful. Sometimes that is not so. Our connections are voluntary, that is we agree to have them.

From time to time you may experience being very confused. That is often the result of your physical brain receiving instructions from your own spirit body mind and also from an attached spirit's mind. This experience can start in very early childhood.

Such spirit attachments can be confusing in their presence within a young life. Our child's emotional structure is a collage of the parent's emotional structure which in turn is a result of their parent's emotional structure, and so on back through the lineage. Thus, the child with their independent personality is significantly moulded by its parents and family features. The result of the family injuries and emotional issues is that this may become attractive to discarnate spirits with matching issues and addictions.

Many spirits, who have recently left their physical body, decline to enter the spirit worlds for a time. They stay within the Earth environment. For a number of years they may remain 'earthbound'. During this period they may typically communicate with very young children. In such cases, there are matching emotional issues and family addictions. Our medical profession may recognise these situations as being Attention Deficit Disorder and a host of similar conditions. It is the attached spirit exerting its desires to function through the physical body of the child.

The child is then provided with the usually dumbing down / suppressant medication which further extend the life of the problem, which typically ends by the attaching spirit leaving.

In a similar way, childhood illnesses may be brought about by the emotional injuries carried by a connecting spirit who unknowingly and un-intentionally projects these same emotional injuries upon the child resulting in the manifestation of an illness, related to those emotions, within the physical body of the child.

What needs to be reflected upon here is that the child's emotional makeup is a cocktail of its parents' emotional makeup. Not only does the child need assistance, the parents need assistance to recognise the connection and what they need to consider attending to. Whilst the parents' emotional structure is in disrepair, assisting the child may only achieve temporary relief. The parents will continue to project the same emotional injuries onto the child and the condition, or similar condition, of the child may return to the child.

Our spiritual friends are very real people. Some of us can see them clearly. Very few of us see them so clearly that they cannot differentiate a spirit person (disincarnate person) from a real person (incarnate person). A spirit person walks along the pathways and roads just like physical people. There is one difference. A spirit person is not concerned with oncoming motor vehicles! The cars simply pass through them. There are cases where drivers of motor cars have simply given up their driver's license and stopped driving – these people cannot tell the difference between a physical person and a spirit person.

How to resolve the situation.

Now having recognised the possibilities of such spirit attachments, and there can be several at any one time. Also, upon recognising the attraction of the spirit(s) is due to emotional issues within one's self or the family, then, there are two steps to consider:

1. Encourage the attaching spirit(s) to leave.
2. Take steps to remove the emotional injuries.
3. Pray for the receipt of Divine Love.

Requesting attaching spirits to leave.

It is little understood that if you hold in mind a person who has departed, that you draw them to you instantly. The capabilities of the spirit body is that it can travel enormous distances within a few seconds, OR, from its present location, it can communicate with you without having to move.

Many people can feel the presence of a spirit person, particularly once they have started to hold them in mind. If you are watching a movie, a DVD, a Youtube on your computer, and you feel that it is a loving and beneficial thing for your departed friend to view, then ask them to watch it with you, they will and do.

When you have their attention and presence, lovingly explain to them what is occurring due to their uninvited, unwelcome, and unnecessary attachment with you or your child, or your friend who may have asked you for assistance with these issues.

Frequently, the attaching spirit has not recognised the harm that is resulting from the attachment. Once

they understand the damage they are causing and how they are unknowingly causing it, they will generally be very upset with themselves and need help as well.

By far the greatest help that you can provide them with, and anyone else, is to ask them, if they have heard of Divine Love. A spirit who is asking for and receiving Divine Love will generally be a very bright spirit. Such spirits receiving Divine Love progress up through the spheres rather quickly. With Divine Love, your natural intelligence also grows.

Ask the attaching spirits, typically earthbound 1st sphere spirits, to look around and upwards, to look for the brightest spirit that they can see. Ask them to talk to these bright spirits and ask them to talk about Divine Love. Once these 1st sphere spirits are communicating with the Divine Love spirits from higher spheres, ask the attaching spirits to go with the Divine Love spirits and let them teach them about this love.

A Divine Love spirit will not attach itself to anyone. Attachment is against free will.

Now that you have removed the interfering or attaching spirit(s), you still have the attracting emotional issues to deal with. There is nothing yet to stop other spirits from coming in place of these departing spirit(s) and attaching themselves in their stead.

Resolving emotional issues.

By far and above the preferred way to address troublesome emotional issues, and we all have plenty of them, is to pray for assistance about the specific issue or issues. Praying for Divine Love, asking for it, and receiving it, is the ultimate pathway.

Years of endeavouring to manage one's personal issues by self control is overly difficult and next to impossible to sustain. With assistance, then we can make progress, great progress. There are many supportive platforms that can assist you, however, if you do not have a personal INTENT to resolve these issues, then it is pointless. However, you would not be reading this material if you did not have the intent to resolve such personal issues for yourself and family.

Heart felt personal prayer is the most important and possible way to resolve these issues. One's pathway in growing in love that successfully deals with and removes emotional errors also removes the attraction for troubled spirits.

Seeking help and guidance on these issues may come from many sources. The primary reference points includes the Book of Truths (Padgett Messages), Revelations by Dr Daniel Samuels, Judas of Kerioth by Geoff Cutler, Richard Messages and The Divine Universe. Other reference material and support options are mentioned further throughout this document.

Disobsession.

Outlined in the following, is a detailed way how a team of people can assist with the prompting of attaching spirits to separate from people. This is a platform to enable the removal of attaching spirit(s) whilst also protecting those helping from the antagonism of these spirits with poor soul conditions.

	NATURAL LOVE Path	DIVINE LOVE Path	
	the development of		
	LOVE from within YOURSELF	LOVE comes from GOD longing for Gods love to enter me	
	BELIEF: I am God	BELIEF: I am a Child of God	
	Intellectual Development Growth of a Super MIND MIND DOMINANCE	Emotional Intelligence Growth emotionally in LOVE SOUL DOMINANCE	
	Self Reliance (Trust of Self) Making it happen	God Reliance (Relationship with God) Powerful creation from Desire	
	ADULT-LIKE CONTROL OVER EVERYTHING	CHILD-LIKE FREEDOM & SPONTANEITY Authentic emotional expression	
	KINGDOM OF MAN LIMITED PROGRESSION Peak possibility 6th sphere MORAL DEVELOPMENT	KINGDOM OF GOD INFINITE PROGRESSION Transformation from Human to the Divine The Experience of New Birth LESSONS IN LOVE AT ONE MENT emotionally real	
	Lateral experience of the Universe MILLIONS OF PATHS of PERSONAL TRUTH	Connectedness through Truth ONE PATH TO GOD THE WAY OF THE HEART CHRIST CONSCIOUSNESS	
	REMAIN IN FALSE BELIEFS MAKING DETAILED PLANS JUSTIFICATION	GIVE UP ALL MY ERRORS LONGING FOR GODS TRUTH TO ENTER HUMILITY	
	no soulmate union	soulmate union	

‘The difference between what are regarded as two paths, the Natural Love Path and the Divine Love Path, is, essentially, the amount of Divine Love that beings have been able to acquire.’

Quote from Celestial Spirit Richard 22 Dec 2012

Message 105:

Destiny – The Eternal Message of Divine Love via Zara and Nicholas

I can tell you now, that no human-spirit living in the lowest of the Spheres, where I lived, can impose or interfere with any human on Earth. B. Williams.

The radiance of a soul in good condition is reflected through the spirit body.

A soul in poor condition has very little energy and subsequently is lacking in radiance. The size of the entity is also diminished.

We radiate our own light. Not only when a soul in poor condition is lacking luminosity and energy, its capacity to travel is also significantly diminished, as is its physical size.



Golden Rule: that one must always honour another’s will as one honours one’s own.



SELF CENTRED ACTIONS and AGGRESSION HAS CONSEQUENCES:

Any action that causes harm to one's self, or to another, degrades your soul condition. Your soul being your real self.



We may have a big powerful physical body, but our real strength is the condition of our soul. Should we assert our unloving nature and desires, then our soul's radiance and energy is progressively degraded. This can extend to the point where our soul's radiance is nothing more than that of a dried up darkened garden pea.



Our soul condition is reflected through our spirit body for all to see. Upon entering the spirit world, into the 1st sphere, a healthy loving soul will be reflecting out through a spirit body the same size as that of the physical body whose personality has now separated from that body.



A degraded soul results in a significant diminishment of the size of the spirit body. The poorer the condition the smaller the spirit body – significantly smaller. Further, there is little to no radiance, therefore, little to no light. There is greatly diminished capability in all aspects of spirit life and a great loss of the capability to move about.

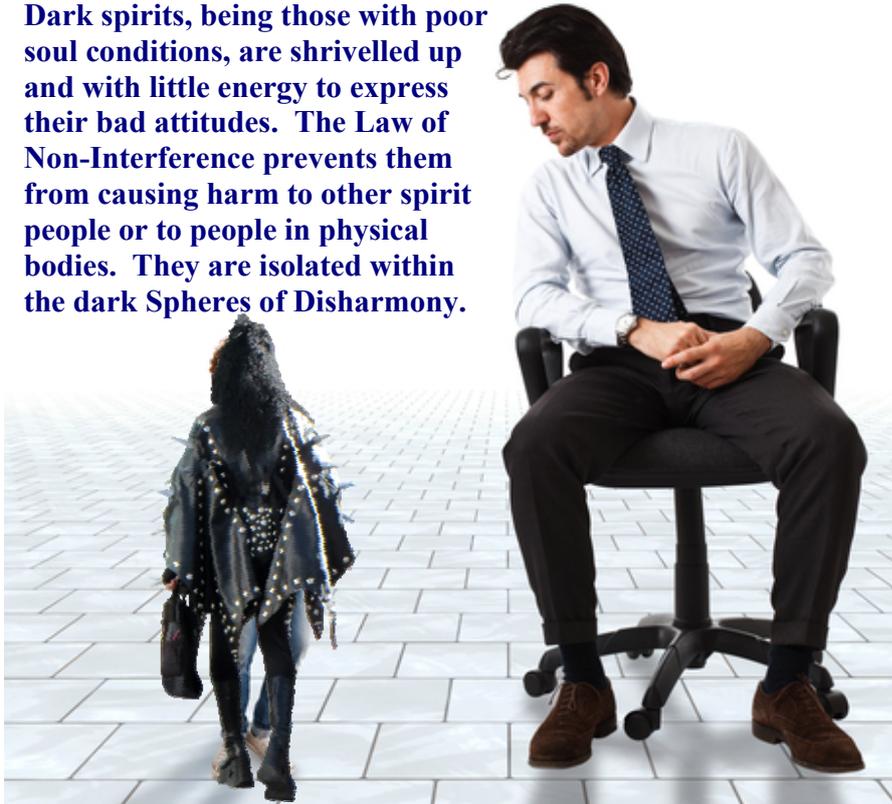
In this condition, one is isolated into a very lonely dark environment to begin the long process of recovery and development of love for one's self and for all those around them.

One is always being loved, and help is always available, one just has to learn to accept this offer of love.

One can always recover and grow in love from what ever condition they may find themselves in.



Dark spirits, being those with poor soul conditions, are shrivelled up and with little energy to express their bad attitudes. The Law of Non-Interference prevents them from causing harm to other spirit people or to people in physical bodies. They are isolated within the dark Spheres of Disharmony.



UNLOVING PERSONALITY

Soul encrusted with negative and damaging emotions and beliefs held by the mind in the spirit body. Soul is choked of love and the darkness impedes the flow of love which darkens the spirit body and damages the physical body for all to see.

LOVING PERSONALITY

Spirit body mind is clear of man-made negative emotions and beliefs. The flow of love from the soul illuminates the spirit body and brings beautiful harmony and health to the physical body for all to see.



LACK of SELF- LOVE:

- A composite of:
- a. lack of self-worth
 - b. lack of self-acceptance
 - c. arrogance and pride
 - d. self-loath and hatred
 - e. lack of self-awareness.

Why one has imperfection in their natural love is due to an extension of one of these traits, and all these traits relate back to one single finite Truth, which in its cause is a lack of self-love. The lack of self-love to one's self is the cause, the root cause, on why there is so much fear within individuals, the human world and the lowest spheres in the spirit world. The individual will have a memory that describes how this lack of self-love appears and many people deny this existence of the lack of self-love within themselves because it hurts too much to see it.



Our perfect soul is founded on natural love. Our soul may become encased / encrusted in error bringing about lack of self love. To dissolve the errors encrusting our perfect soul is by growing in truth through the ongoing healing of one's negative state, by doing our Feeling-Healing of our toxic emotions. By ending our feeling denial and healing any personality expression denial we have.

The Mother and Father's Divine Love will slowly strengthen our resolve to perfect one's own natural love, should we address such errors. Slowly but surely, with the Divine Love, our soul's condition will grow and grow. With the Love this will fit one to enter the Celestial Heavens, and beyond, being in the love of all that surpasses man's imagination. Try the experiment.

I ♥
ME

The GOLDEN LEAF:

via Zara Borthwick and Nicholas Arnold



February 10th, 2008

Dear Nicholas, Zara and Geoff, and all others in the pursuit of spiritual insight,

I am here and helped here by the beautiful spirit, White Feather. He knew of your request and located me in the high 5th Divine Love Sphere and has brought me here to be by your side. In the time of my work when writing on the subject of spiritual matters, we were for the want of a better saying "looking into the blind" for such was our own condition to identify the workings of spirits. I felt that my contribution was going to have a significant effect in helping others to alleviate the mysteries surrounding spirits and their influences. I was convinced that people were sick and that this sense of lack of wellbeing was due to the influences of spirits. All of us present at the time of my writing would communicate a lot on the influences of spirit and in this way, we were trying to gain more understanding about spirits ourselves. The word psychic was involved for such was our language of spirituality that impressions of such spirit influences we thought, to be true and that this may explain the conditions that many people were experiencing without knowing that this was what was happening to them. I was a believer of reincarnation and I now know this belief to be untrue. The Divine Love has solved this belief. The belief no longer exists.

When I entered the spirit realm after my life was over, the veil lifted, the blind could see, and I was overwhelmed to the reality of my now continued life. I immediately went into relearning 'overdrive' and I felt my soul for I could not learn enough, quickly enough. The First Sphere is huge. It took me quite a long time to see only parts of it. My thirst to learn and to know more about what I was learning to ask many questions about life in this place and so, I was enthralled to learn that a freedom was presented that relied purely on my own endeavour to be open and progressive. I did not progress in Natural Love all the way to the 6th Sphere, although I have been there. In the First Sphere, I was able to participate in a meeting where a spirit was conversing with numerous other spirits. The spirit conversing was more brightly illuminated than those listening were, and there were other spirits just passing by, seemingly not interested in what was going on. I listened and heard about Divine Love and in my thirst to learn I knew that this was right. I introduced myself and did exactly what this illumined, bright spirit said and here I am in the 5th Sphere now. My relations are here and some are in the Natural Spheres.

I have been to the dark Spheres to learn, for I needed to resolve my understanding on such matters. The truth about these dark Spheres is that the spirits and poor souls that they are, by their very own actions live in a kind of suspended isolation and although they would like to expand, their condition is such that they remain where they are. I realised that I had found my answer about dark spirits and evil influences possessing mortal souls. These dark spirits were once part of humanity and I would dearly love to help them if they desire to be helped and so, when I move into the 7th Sphere which will be soon, my goal is to help these souls redeem themselves by finding Divine Love so that they may move away from their isolated condition. The whole machinations of life here in these spirit realms is highly organised and it is only our own lack, whilst on Earth, of being able to see the conditions of these Spheres to realise how organised they are. If you think every mortal soul is to live in one of these Spheres and as the Celestial

teachers convey to us, the Father knows the complete vision of the created mortal handiwork that is the work involved to create the places so that every single soul can find a home and reside in spirit.

Please send a big spirit hug to Geoff and in our loving prayers to the Father,

Bless you, Love,
Irene (Hickman)



February 11th, 2008

Hello again, and I am quite overwhelmed by all of this.

It is as a spirit, so wonderful to write and to convey a message this way. It is everything that I dreamed of, only now I am doing it as a spirit to a person, where my dreams were once of being the person and being in touch with a spirit.

Here we go – (I can see that this means a tremendous amount to her, she is lovely and a gentle soul and is almost embarrassed and shy). **Attachments by spirits, I have learnt, happen very infrequently.** An individual cannot become lost or hide in a person's aura because each individual has a spirit body and this creates a boundary. When children are scared or frightened, they may resort to hiding. The girl Erin was hiding from her self, and had created fictitious characters so that her sensitive nature could cope with the physical traumas of her accidents. This was her way of being able to deal with her physical sensitivity in a harsh material world. Her energy was very sensitive, almost of a psychic nature so in her own mind she had created these characters to deal with her own pain in her life. The love in her soul strengthened and each time her internal energy strengthened a little, the trauma that was a character would leave, and love was restored and hence the healing and balancing of her energy. This girl utilised these fears to safeguard herself from the world. This is why love and nurturing of children is paramount so that the inner energy of the soul has a chance to ripen so that each individual feels safe in the world. Humankind knows about feelings and there is always great insecurity in the world, and so, out of these insecurities, the world tries to make itself feel more secure yet in doing this, it sometimes creates more insecurity and this can perpetuate on a worldly scale and an individual experience.

I hope this has helped gain a little insight into the subject of spirit attachments. I feel so fortunate to have been able to write a second time when so many brighter spirits are present and the Love, well the Love is more than I ever dreamed.

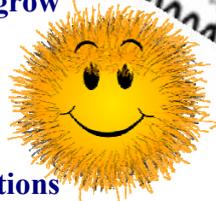
Loving always, Irene (Hickman)

Irene Hickman, during her life published 'Remote Depossession'

By understanding the influences of fear and how this can distort the real workings of love as personified in the real Spirit workings of God's Kingdom, one understands that we are never caused to do anything by spirits that we do not want to do. One needs to be gracious that we are aware of the Divine Love as Irene Hickman nor Carl Wickland (Thirty Years Among the Dead) were not when they were alive, and so we have the perspective of Divine Love and Truths that places fear into its true position of misguided error.

PLASMA and YOUR WELLBEING:

Loving emotions attract principal matter / anti-matter to your soul as you grow in love.



Loving emotions enhance your life's experiences.

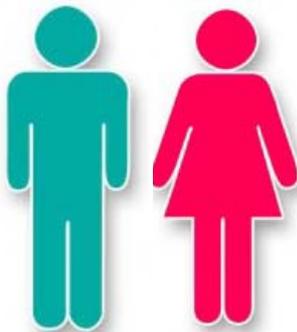


Soul

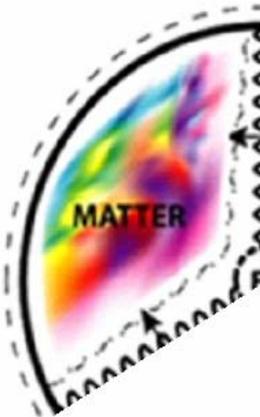


Spirit Body

Your soul blossoms and your spirit state is one of beauty.



This way or that way?



Matter aspect of plasma is the energy that you recognise as your physical body. The energy lines of your bodies are enhanced with loving emotions. Negative emotions impede the flow of energy through your bodies and this brings about difficulties and illness. Love is the greatest energy that you can bring to your soul, spirit body, and physical body.

Attracting Antimatter Plasma results in a far healthier and loving life than by from attracting Dark Matter Plasma.

Unloving emotions cause the soul to loose radiance and to contract in size. Your spirit state experiences are devoid of happiness.

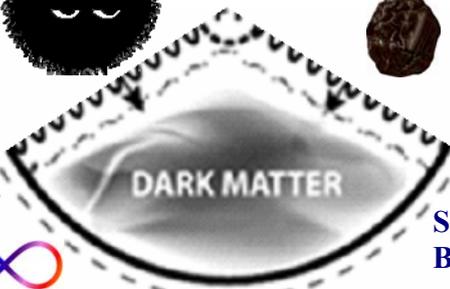
Unloving, negative emotions retard the growth of your soul and your life experiences are generally difficult in all aspects of your living.



Encrusted Soul



A soul's condition is never frozen. No matter what condition one's soul is in, from there it can grow in love. From the poorest state it can grown to



Spirit Body



Dark Spirits and Responsibility

14 October 2013

Good afternoon dear friends. I wonder each day now who might write with me and this is exciting. We have frequent questions regarding the influence of dark spirits on those living on Earth. To what degree do they influence and what is their power in this? Can they overcloak or possess a person? To what degree are they responsible for evil actions committed on Earth?

I am also very interested in the Spirit Laws. I imagine that there are many of them and my particular interest at present is in those laws that directly impact on our lives on Earth. Actually, having written that, I thought that this will probably include all of these laws as we are simply part of the whole. I do imagine that the laws that primarily relate to physical systems such as gravity and aerodynamics are not a great concern to the Spirit World.

Good afternoon dear brother. I am pleased that you are open to the possibility of a new writer each day as this is an indication of your openness. So, today as you already know it is a familiar old friend as I am Richard once more.

Agnes has enjoyed writing with you and she will return as she has much to offer and is glad to do so. She noticed our activity and approached us and we are very pleased to have her contributions. I have told you that many of us will write with you and we don't yet know how many of these will be so there are surprises for us as well. You have expressed a desire to speak with the Master Jesus and He is aware of this and will speak at the right time in the near future. So that is a pleasure in store for all of us as all of us enjoy his company and his teaching. You may consider that we will have heard it all before but there is a quality in his teaching that goes well beyond what he might say as it includes the whole of himself and his presence is wonderful to experience. I have told you before that in what we say to you there are elements that are not necessarily immediately apparent on the surface. This is so to an even greater degree in all that Jesus says.

The presence of what might almost be considered to be subliminal messages in what we write explains what might appear to be the exhaustive and perhaps unnecessary repetition of messages. As you read you may think that you have heard all of this before and maybe you have but perhaps have not yet really felt the message within the message. Please be patient and be not too hasty to judge what you see written. There are often quite strong reasons for this particular writing. If you have really felt the inner message you may be happy to read it again without any contrary feeling. Patience, acceptance and humility are the orders of every day. The process of embodying Divine Love is gradual and comes from inner to outer. For all there are elements of this experience which are completely new and which need to be felt, allowed and accepted.

There will be many who communicate and all will have much to offer. There are always limits as to how much you can conceive of what is said as our personal state and our place and way of living is so different to your own. This is not such a great barrier. Your function is to find as much harmony in your life situation as is possible and ours is to find ways to interact with you and your situation. Finding your own harmony necessarily involves doing whatever you need to do to improve your soul condition and to foster the development of your soul potential. This is what everyone on Earth needs to

do in order to find harmony. Remember always that all of us have lived on Earth at some time and now have a much deeper understanding of life overall including that time on Earth. In the light of the totality of your life especially when you consider Immortality to be real for you, your Earth experience is very brief but very important in respect of the potential for development that exists for everyone in this time. This time is necessarily intense but potentially extremely productive.

When you speak of **dark spirits** you are speaking of those who have largely failed to realise the importance of their Earth life and the effects of the ways in which they have chosen to live. They come to the Spirit World with large burdens of what can be called debts to settle. Perhaps the greatest of these debts arises from their refusal to accept responsibility for all that they have done on Earth. Virtually all of what are regarded as evil acts can only really be done by those who feel little or no responsibility for what they do.

There is a deep and little known or understood consequence of failure to take personal responsibility for all that one does. When one does take responsibility for an action, this leads to the completion or fulfilment of the deed whatever it may be. If the deed is what could be called 'good' or truly desirable the fulfilment that comes is a feeling of satisfaction and a degree of deep freedom. This can be regarded as satisfaction which is a state of spirit.

If the deed is one that produces harm of any sort to self or to others, the acceptance of personal responsibility immediately opens one to the feelings of lack of fulfilment and the need to make some form of recompense. If one then acts on this felt need, then one can proceed to fulfilment and satisfaction. The recompense called for will of course vary greatly depending on the deed and its effects. There are many possibilities in this and the acceptance of responsibility may be delayed for shorter or longer periods and this alters the form of recompense that is needed or possible.

Whenever there is failure to take responsibility for an action either partially or in full, the person is left with deep feelings of dissatisfaction and discontent. This is quite contrary to the satisfaction that many claim follows an act of revenge or retribution. The deep truth is that there is no satisfaction at all so that the discontent continues and tends to fester. Now this is a very common way of acting in human life as there are very few indeed who do act with a constant sense of personal responsibility. Therefore there is a well of dissatisfaction existing in humanity and this is felt much more deeply by those who remain completely obdurate in their refusal to countenance taking responsibility. The effects vary greatly depending on the level of harm resulting from the actions of any person. There are many who consider that they are living worthy lives who are actually incurring levels of debt that greatly surprise them when they inevitably discover this.

Dissatisfaction drives behaviours so that one who feels this strongly often feels driven to do the same type of acts repeatedly in the hope that they will eventually find what it is that they seek.

Those whom you regard as dark spirits are those who pass with burdens that are sometimes unimaginably large. They have very deep sense of dissatisfaction and needs which they cannot satisfy in their new location which is quite harmonious with their soul condition. The only thing which will save them and allow them to progress from here is the beginning of accepting responsibility for all that they have done. They are exposed to the full measure of their dissatisfaction and this is often unbearably difficult. They often attempt to deal with this by denial of where they are and how they got

there and focus their attention on the Earth life they have left with feelings of having been cheated and denied fair treatment. There is still a sense that they could be free if only they had been able to really complete what they believed or hoped would give them freedom on Earth.

They are now bound by a the Law of Non Interference which prevents them from actually harming any other spirit or any human. They actually cannot incur any further debt once they have passed into spirit. Imagine the frustration of one whose whole life has been dedicated to harming others or to self-indulgence with no concern for anyone else. They will often seek association with humans who are living in similar ways to their own lives believing that they may find some salvation there by influencing these people to act in ways of which they approve and which perhaps gave them a fleeting sense of satisfaction while on Earth. Their level of influence is restricted to attempting to attract the attention or thoughts of their chosen target. In this they do not have great power at all as they are very restricted by their poor soul condition.

Any power they have depends solely on the level of receptivity of the target person. This person may be easily influenced as in the case of one who is influenced by his worldly associates to undertake some undesirable activity – ‘the one who falls in with the wrong company’. If the target person acts on the ‘suggestions’ they are offered, they are fully responsible for all that results from this. The spirit bears none of the responsibility but they also derive no satisfaction at all from their actions and so their frustration increases without their having been benefited in any way. In human life, however, the person who encourages such action by another does take responsibility and the other person does as well. There is no way of avoiding taking responsibility for one’s actions eventually but some do take a very, very long time to do this. This is really so sad as the relief and ease that one feels is enormous as soon as there is even the first step towards responsibility. Absolutely everyone has the potential to take this step regardless of the depth of their depravity on Earth. There are many here who attest to this truth.

This may seem to be a strange situation in that one could assume that the spirit is responsible to at least some degree. However, it is essential to realise the absolute nature of personal responsibility is in human life. Every person is totally responsible for their actions however they were led to them and despite whatever they might consider to be extenuating circumstances. This is very black and white and that is why it is necessary for all to consider their own actions. There is a deep complexity to this though. Virtually no person has a full awareness of the ramifications of anything they do. The good or the evil that results from an action may be far more or far less than expected or anticipated. The full measure of the good or the evil will be known is the final assessment. (I use evil here as a generic term to cover the undesirable results without implying any depth of the effect.)

Without attempting to delve further into the above statement I will say that the only rule to follow is that every person who is living a human life is fully responsible for every action that she/he takes regardless of whether they consider this just or not. Responsibility is not about justice or injustice it is simply about responsibility – no more and no less. There is an absolute equality in this that can only be truly realised and accepted when one has the awareness and acceptance of the continuance of existence beyond the physical with the ongoing possibility of progression. This progression involves the certainty of the Law of Compensation and the way in which it firmly, gently and inexorably exposes one to the Truth and Reality of life.

Having said the above, there are extenuating circumstances at times that do qualify and modify the issue of responsibility. There is the Law of Mercy the action of which recognises these situations when they occur and the effect of this law is brought to bear on the application of the Law of Compensation. You may rest assured that each person carries the responsibility for her/his own actions only and never for the actions of another.

This applies when the person's actions result from the whispering of a dark spirit. The powers of these spirits are actually very slight and only have effect when they bear upon a desire that already exists in the mind of the person affected. It is the existence of such desires that draw them into association with any person. The person who has the desire is fully responsible for this desire whether they are aware of it or not so their responsibility has begun before any spirit enters into the equation. It is often easier for dark spirits to influence those whose dark desires are strong and in an inflamed state so that they are on the verge of acting.

Some dark spirits are very determined in their futile pursuit of satisfaction in their association with the physical world. An aspect of this is their failure to take responsibility for their current state of spirit existence. When you consider this you can see that the consistent pursuit of a fruitless exercise must make one wonder in time what one is doing. Even these spirits in their determination can and do come to the realisation of the futility of what they are doing.

One or a number of dark spirits may form what seems like a strong association with a person who welcomes their attention and the association. Such a person may seem to be blissfully unaware of this association but it can only exist because they have permitted it at some level. Many people on Earth strongly avoid awareness as a way of avoiding responsibility but this doesn't work. The association of spirits may provide a welcome feeling for some so that allow it to continue. I am not making statements about the rights or wrongs of such attitudes and ways of living. People decide to live in this way for a multitude of reasons none of which abrogate their responsibility. Remember always that the Law of Compensation is a law that actually provides everyone with the ability to make recompense and compensation for every act of irresponsibility they make. It is not a law of punishment but a law of redemption. There is a huge difference. Punishment is effectively an extension of the crime for which it is administered. The provision of a facility for redemption is an act of great love that allows the full recovery of an individual into a state of love.

The laws of God are universally applied equally to all with no favour or judgment and with the full measure of mercy where this is warranted.

No spirit can enter the physical body of a person or displace the spirit body or soul of another. No spirit can take possession of another even though their influences that are accepted and acted upon by a person may give the appearance that this is so.

Dark spirits are not bound to the Earth even though that may be where they direct a large part of their attention in order to avoid taking responsibility for their situation. Many seem to be quite lost as a result of their dark state and from their deep level of ignorance of life and living. The level of ignorance of so many souls is profound and it often takes a very long time to find a way through this to ignite a spark within. Many souls are in great darkness as a result of ignorance alone and not from evil acts. It is

important not to judge a dark spirit as you may have no idea what underlies their present state of darkness.

In considering the situation of any human who is behaving irresponsibly or who may appear to be severely affected by spirits it is important always to stand clear of judgment. This is, of course, a general rule in the consideration of the state and situation of any other person and of oneself. The only approach is to gently and firmly to assist a person in the direction of recognising the responsibility that exists for everyone. I don't suggest that this is always easy. Of course this begins at home with our approach to ourselves. Whenever any person feels or thinks that their own responsibility is diminished by the actions of another, it is important to think again. In doing this it is vital to remember God's approach to this situation. What is this? It is to allow the chance for redemption and compensatory behaviour. One doesn't have to die to have such a chance. The possibility always exists.

Much of what is blamed on spirits, evil or otherwise, arises out of fear that exists in humanity. The fear is there and many are controlled by their beliefs in the fears that are made to appear so real. That there is fear and that people in all good faith allow themselves to be directed by this fear in no way absolves them from their responsibility for the actions that they take. I don't want to make this sound harsh or punitive but I do want to point out that no person at any time in any situation can avoid responsibility for their actions. There is total equality in this and it is founded in Truth.

Many take a long time in the spheres to come to the acceptance and the overall equality of this situation. As I said before, the realisation and acceptance of personal responsibility is the greatest single step in progress in life whether on Earth or in the Spirit World. Accepting full responsibility for every action that one takes is a true expression of the natural love that we all have in endless quantities.

There is a great deal to learn about responsibility as there are depths within depths and every step is a lesson in love.

Enough for the moment my very dear friend. We have written well as we dip into our bottomless well to attempt to quench the thirst of so many.

I leave you with my love and the love of all of us.
Richard

Our Heavenly Parents simply desire for us to ask for Their Love.

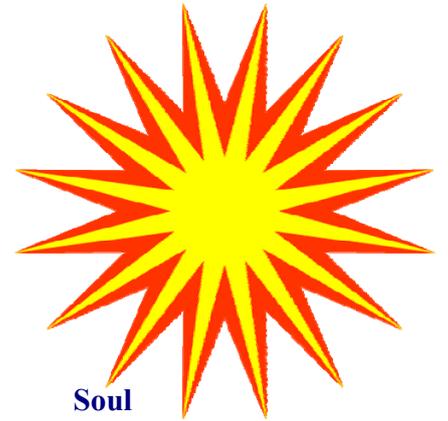
“Every day is a day of devotion.”

Please Mother and Father, may I receive Your LOVE.

God's Divine Love: Pray for it, ask for it, and receive it.

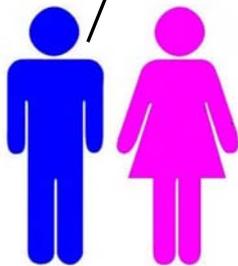
Our salvation IS the embracing of the Feeling Healing process and Divine Love.

LIFE OPTIONS:



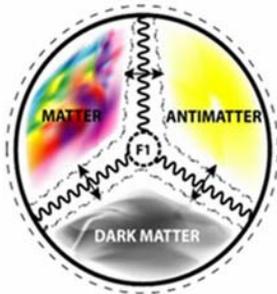
Soul

Your soul blossoms and your physical life and spirit state are ones of beauty.



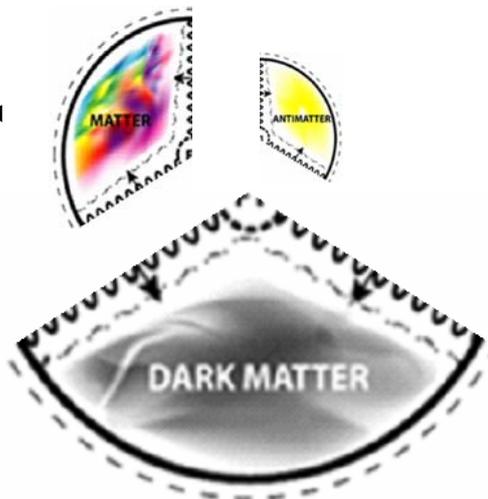
The building blocks of our physical / material body consist of plasma which is an endless array of the three fundamental aspects of plasma, called matters. Matters consist of matter, antimatter or principal matter, and dark matter or transitional matter.

As we allow negative or man made emotions dominate our soul, that is, emotions that calibration 200 or less, we are retarding our essence. The quality of our life and health is degraded. Dark matter restricts the flow of light and our ambience is suppressed.



As we grow in love and embrace emotions of love, antimatter or principal matter dominates our soul and essence. Our physical health is generally excellent and our quality of life exudes with pleasure and joy. Light floods our being and our ambience is one of brightness.

Encrustment of the soul is inhibited by the presence of love; error cannot prevail. Dark matter / emotions are dissolved by the Love.



Encrusted Soul
Soul condition being in a very poor state.



158. *On the Immutable Spirit Law that Sustains the Spirit Body*

7 December 2012

There is much confusion about the interaction of spirits with humans. This is quite understandable because so few people have truly been able to identify the immutable (unchangeable) Spirit Laws that function and act as a conditional harmony between all mortal spirits and peoples of the Earth.

When one understands the nature of the Divine Love experience and the fact that the Divine Love relates directly with all existing immutable Spirit Laws, then, all that defines the individual emerges with a true perspective of insight and knowledge. From the experience of natural love in a human without any awareness or knowledge of the Divine Love, one will be diminished in their capacity as understanding how these immutable Spirit Laws work and work they do to provide a mortal universal harmony between the human world and the spirit world.

The reason I mention this is to state that the individual human personality in its forming has the attribute of soul and spirit body to it and the spirit body is robust and a true existing body of real form, of real spirit energy, of real substance and image. I along with Celestial spirits can see your spirit bodies clearly and easily, and each spirit body to each individual clearly reveals to us, the condition of the soul, which instantly tells us the overall condition of the mortal personality to its condition of forming. I can see if a spirit body has commenced its change by the receipt of the Divine Love or a change in a progressed natural soul condition.

The spirit body is a bone-fide attribute and the most important attribute for the survival of the human personality. This means that to the forming of a spirit body, there is an immutable Law that protects each spirit body whilst in a human experience from any influence from a spirit in the spirit world. It has been revealed to you that no spirit can impose their personality *over* a human and this is true, for a particular immutable Spirit Law in its function prevents this from happening and this helps to maintain a harmony between spirits and the human experience. The only presence from the spirit world that can interface with the surface of the spirit body of a human is love and the immutable Spirit Laws allow for this form of communication.

There is a very good reason why our Mother and Father / Source Soul has set in place these Spirit Laws and in particular, the one that protects the human spirit body. The spirit body is the body in which the attribute of soul and attributes of personality survive a human life and the transition into the mortal spirit world. If the spirit body or the surface of the spirit body, were damaged or interfered with or in any way interrupted, this could have dire consequences on the personality contained within the spirit body. If spirits were able to penetrate the spirit body and interfere with the personality contained to it, then this could cause a massive transgression that would be potentially capable of disrupting attributes such as the memory, awareness, or cognitive aspects and reality and function in a personality.

I understand that fear forms part of human experience. There is a natural fear for survival and there is fear caused by personality. It is impossible because of the immutable Spirit Laws that act on each spirit body, for a personality in the spirit world to interfere or inhabit the space inside a human spirit body. Any kind of spirit possession is absurd and rests in the imagination of the mortal. Two independent personalities, one being a spirit and the second being a human person cannot inhabit the one same spirit

body. The immutable Spirit Law that acts upon the surface of each spirit body, human and the spirit prevents any such violation from ever happening. The only thing that causes a perception of possession is the fear that already exists in the human personality and or the human imposing fear to fight the existing fear.

Love in its natural and Divine forms, is in their essence a harmony and the existing spirit body that each individual has is like the soul and personality, a sovereign domain to each individual.

Your Celestial friend and teacher, Luke

159. *Communication between Spirits and People*

8 December 2012

Communication between spirits and people obviously transpires. You can receive my thoughts, impressions, perceptions and your spirit body is in no way compromised in its integrity.

Can you receive negative input from a spirit? Of course you can. Your soul perceptions will decipher and discern the information and if the input is coming from a negative source, and you were to receive direct communication from a spirit in poor condition, the impression would stem from the condition of this individual and you would be able to receive it, as you receive harmonious input. The downside to this type of communication is the evidence and effect on your spirit body and energies caused by being in communication with a soul in poor condition. However, in your (the medium receiving this particular message) case because you understand the way the Divine Love works in your life and the related immutable Spirit Laws, the only reason a spirit in poor condition would be in communication with you would be for that spirit to learn about the potential of progression and the Divine Love that will improve their poor condition.

Simply because one is a spirit in no way infers that that spirit is necessarily more advanced or progressed in their soul condition by the mere fact of local environment. A person living in their awareness of the Divine Love will be in better condition of soul and spirit body than any spirit residing in the spirit world living in only their natural condition of natural love. **Spirits in poor soul condition can communicate with you if you allowed this communication to happen.**

Celestial spirits never impose upon your asking to do a work such as this work, *The Divine Universe*. You have asked to be of service and so we can effectively communicate with you and the harmony of this work is an example in the way we are all living in our awareness of Divine Love.

If you (the medium) were to communicate with a spirit in poor condition, it would be because you have asked to provide this service and the individual would be able to interact with you in the correct and only way in which the Spirit Law of Rapport and Communication works and the spirit in poor condition in this communication, can in no way impose or establish any action resulting in your spirit body to lose its integrity. It must be said here that individual spirits in poor condition are so weakened by fear and isolation as their soul condition reflects in their spirit body, that a spirit in poor condition will find it difficult to be in rapport with the Spirit Law of Rapport and Communication between spirits and people. As it has been stated to you before, the immutable Spirit Laws form the boundary between the spirit world and the human world and no spirit can act of them selves in an independent manner outside of these immutable Spirit Laws. Even the Master (Jesus) is to comply as he does with these immutable

Spirit Laws and under no circumstances can fear override or overrule, divert or take the place of these immutable workings.

As you (the medium) have progressed in this experience of our Celestial communications you have been able to determine that no harmful side effects have resulted. You are both (two mediums receiving these messages together) in good soul condition as we who communicate are as well, the Divine Love being true to us all and the activation of the Spirit Law of Rapport and Communication demonstrates how cohesively we all work together when Divine Love is living in our souls. Even if you were to receive a communication from a spirit in poor soul condition such as a soul from the lowest of the natural Spheres, there would be no residual side effects transpiring in your spirit body or attributes of your personality. In fact, I dare say you would handle this communication in a manner that represents and is reflective of caring for another who maybe in their impoverished state, actually asking for a helping hand and guiding word. We actually service the needs of these individuals who are present when we write together as many are brought along to hear our words, these same very words that I am writing with you.

I would like to add here that I know that you are aware of the Indwelling Spirit. These works are not works caused into form by your Indwelling Spirit. These works have their origin in and from living personalities. The reason for this, and a good reason too, the Indwelling Spirit cannot demonstrate living in the Divine Love. We can and we do because the experience of the Eternal Father's Divine Love is real to us and therefore, when others come to read these works this vision and awareness conveyed in these works may sound a note of truth in another who has embraced their experience of living with the Divine Love.

[The Indwelling Spirit helps the Father reveal more of the Father to individual souls so that what is absolute and Eternal can be communicated with so that the Father is not inanimate and unknowable. The Indwelling Spirit helps adjust the spirit body as the changes occur as the soul condition of the individual is progressively transformed by the Divine Love.]

<https://new-birth.net/spiritual-subjects/indwelling-spirit/>

Poor spirits are miserable souls and their environment is a diminished Sphere compared with the other Natural Spheres. We are consoled in the fact that God in the forming of the mortal spirit world has provided these diminished Spheres for the poor soul to reside in, in their disharmony though they cannot cause or create any further disharmony to the Sphere or anyone resident in the Sphere.

If one understands the vision of the Spheres as personality environments, where progression in Love, Spirit and Harmony is the way for all souls, then the more progressed spirits live with real vision and universal experience compared to the least progressed who have no vision at all and cannot relate with the universal realities of harmony, Love and Spirit. When I visited these Spheres I could see the discord that individuals were living in. I needed to bear in mind that these individuals in their retched condition are still part of humanity and souls of the Father. Each individual has placed themselves there, by their actions of living in their human life. I have never heard of a natural spirit from the First Sphere to the Sixth Sphere creating any discord that results in that individual being sent to the Hells below. Just as each individual has put them selves in these Spheres they can change as potential exists so they can progress out of their condition. The immutable Spirit Laws function in these Spheres as they do on Earth or in any of the Spheres and The Spirit and The Divine Love are as present in these Spheres as present in any domain where mortal personality lives. I am afraid to say that these individuals in the

appearance of their spirit body are incredibly small. It is testimony to the personality the soul and the spirit body to survive in such impoverished conditions and testimony to the fact that God's workings still function so that the personality *can* survive when the individual has done absolutely nothing at all to change their situation.

In keeping with the vision of harmony stated in the spirit writings of James Padgett (Book of Truths by Joseph Babinsky), the mortal harmony in the spirit world will be realised and fulfilled when there are no more individuals living in such contradistinction to the universal harmony of Love and Spirit. All I can say is that each individual will be given ample opportunity to increase their potential and then if not it's in the lap of the Father. For just as God can cause a personality into existence by the workings of the Spirit Conduits that function to form attributes such as mind and spirit-mind, The Father is the only authority in all of creation who can work another attribute of Spirit Law that undoes a personality, soul and spirit body that was once formed. In the powers of mortal creation, mortal personality doesn't have a say in affairs that extend beyond its own material creation.

The student of the history of the Divine Love will have learnt that the Father once withdrew the potential for humans and spirits to receive the Divine Love. When it comes to such vast and extensive workings the Father does act and will act and is in this regard, no respecter of personality especially when the personality may choose to continue denying the very source of its own soul life.

Thank you for receiving my message this morning, and this may add some interest into the subject of communication, the spirit body, some conditions of spirit life and the question of mortal existence.

Your Celestial friend, Egl'n

83. *Wrongdoing*

16 October 2012

The condition for evil only exists in a human experience. As a potential for wrongdoing this human experience is not continued in the mortal spirit world. The acting Spirit Laws prevents any further subsequent wrongdoing and, one to another anywhere in the mortal spirit world cannot impose such vile actions. The Spirit Laws of Harmony prevent any further contravention between individuals. The grossness of such actions as imposed by individuals only transpires in a human life. Such actions affect the soul condition and that individual remains in that condition until the action of the Law of Compensation alleviates that condition for the perpetrator of such action and deed has chosen to progress back into harmony. As in all consequences of human living, the soul is present and any such action for good or bad, form part of that individual's condition. The full spectrum of human experience and condition in terms of consequences never exceed the present Spirit Laws and there is never more evidence of this than in the lowest Spheres that are the environments formed by God for such depraved individuals to reside in, so that harmony remains the integrity between all mortal Spheres. The universal potential for change and progression is always present and the divinity of God will help bring about change. Whilst the actions of men and women may result for such transgressive behaviour, the responsibility for all human actions rests with the individual and part of the universal harmony in which all humans and spirits reside in at its most fundamental experience, is never stagnate, for this provides the individual with the potential for change.

Jesus of the Celestial Heaven

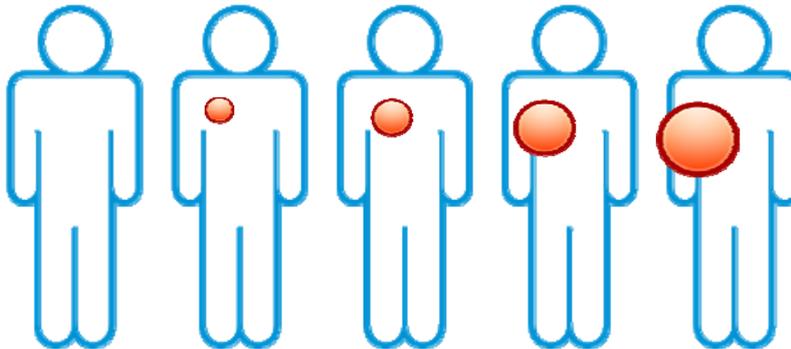
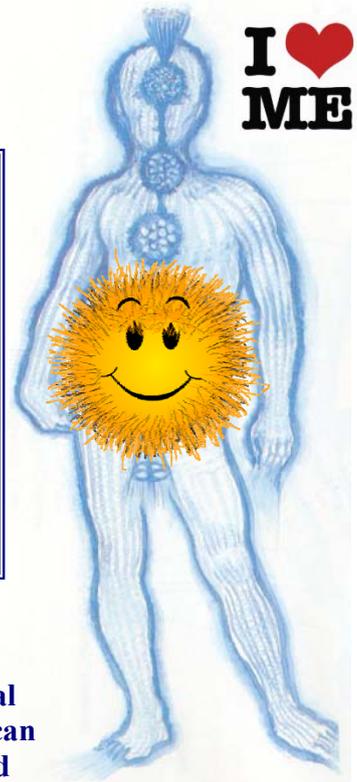
LOVING and UNLOVING EMOTIONS:

They are plasmatic balls of energy.
Loving emotions are life enhancing.
Unloving emotions are life retarding.

*Thoughts
become
Things.....*



*Emotions are
Things.....*



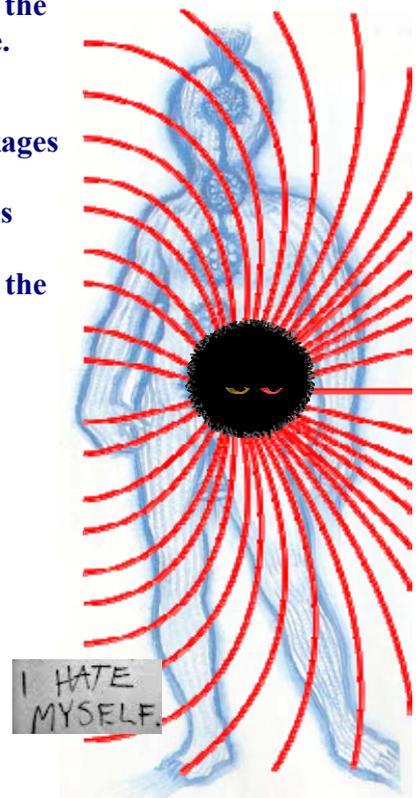
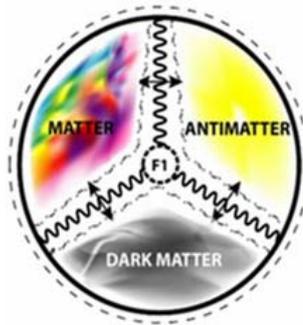
Emotional damage can fester and grow should you persist with the issue.

Negative emotions, that are those that calibrate 200 or under on David Hawkins' Map of Consciousness, create energy flow blockages within your meridians that are within your spirit body / etheric body. In the physical, these energy blockages / emotional injuries emerge to disrupt the flow of energy along your nervous system creating mayhem, pain, and ultimately illness. The frequency of the emotional injuries generally relates to the frequencies of specific organs in your body, that is why various emotional injuries are related to various illnesses.

The emotional injuries can be readily removed – permanently.

PLASMA:

Antimatter / principal matter is the life giving energy source.
Dark matter / transitional matter restricts the flow of light.
Matter is the concentration of these energies resulting in physical matter.
Plasma is the building block of all.



The INDWELLING SPIRIT and the NEW-BIRTH:

<https://new-birth.net/spiritual-subjects/indwelling-spirit/>
<https://new-birth.net/contemporary-messages/messages-sorted-year/messages-2008/the-indwelling-spirit-and-the-new-birth-11-na-25-june-2008/>

Received by Nicholas Arnold, Melbourne Australia

June 25th, 2008

I have been with you most of this morning and now we can resume our work together on this subject. Both you and Zara are in the presence of Divine Love and your respective soul condition is very good to receive. In receiving these Messages it is also important to note that you are not in a trance nor do I take control of your physical attributes to convey my message. You are cognitive and for the most part it is a shared communication where your soul and its perceptions listen to my discourse which you then communicate. This is the way you have received all your messages from the Divine Love spirits.

The Father loves nothing more than individuals learning about the individual and Eternal nature of the Father. The Divine Love begins this learning in a definitive way and this continues as the soul condition changes with the receipt of Divine Love. The Father's Soul is the existence of an Absolute Eternal presence with attributes that create all that has become the Realms in all their expression and experience in Universal creation. The Indwelling Spirit helps the Father reveal more of the Father to individual souls so that what is absolute and Eternal can be communicated with so that our Mother and Father is not inanimate and unknowable. The simplest way for a soul to begin knowing the Father is through the Divine Love.

Celestial spirits who have a real understanding of the effects of Divine Love in their soul move into the way of spirit love. Celestial spirits are in the Divine Love of the Father actively participating with the Father's Spirit that has become personalised and relates to the mind attribute of their soul. Spirit love is a reality because the physical environment that exists on Earth is not present. The Indwelling Spirit helps us to engage in the greater spirit realities that are pertinent to our existence and these realities increase as we progress in towards the Father. We do communicate with each other in a soul-to-soul spirit-to-spirit form of exchange which does not involve the construct of Earthly mortal language, it is a spirit language which we learn as we progress in soul condition, and the language of spirit becomes more realised. When the Indwelling Spirit communicates with us, it is instantaneous and active as a spirit-soul experience and so, we understand that the voice of the Father is actively communicating with us in the language of spirit and our soul accepts and understands this for our rapport with the Father is solid in Divine Love and our own soul's personalisation of this Love.

To provide a definitive understanding that defines the attribute that is the Indwelling Spirit and why this attribute is distinct from the Divine Love of the Father is in the teaching that Jesus has conveyed in the Padgett Messages that the Holy Spirit conveys into a mortal soul the Divine Love and the Holy Spirit, as an attribute given by the Father, works solely in this way. The Indwelling Spirit in its function does not convey the Divine Love into a mortal soul nor does it interact with the Holy Spirit that excludes the Divine Love of the Father. The Indwelling Spirit helps adjust the spirit body as the changes occur as the soul condition of the individual is progressively transformed by the Divine Love. This Truth is essential insofar as understanding the Indwelling Spirit and the New-Birth.

With love, Your Celestial friend, Ezekiel

EVERYTHING is APPARENT for all to SEE and KNOW within the SPIRIT WORLD:

Your true self is reflected through your spirit body for everyone to see. The façade of the physical body is dropped. Your dark emotions are no longer masked. Dark matter / energy that accompanies negative man made emotions become visible through the spirit body. Fearful dark emotions do not allow the light of loving emotions to penetrate through the darkness. Only by embracing and longing for the truth of these dark emotions does that enable the light to emerge. There is another way. You could also say, an additional way. Praying for, asking for, and receiving Divine Love. Slowly, but surely, Divine Love will dissolve these negative events of one's light, the memories will fade, and your growth in Love will proceed.



Me, before looking in the mirror.



Sad, Afraid, Ashamed, Sexual Guilt.



Your appearance in the spirit world, your spirit face, shows all your real features and reflects your soul condition for all to see.

In the spirit world, there are rejoicing cheer squads when you make a choice that enhances your soul condition.



The DIVINE UNIVERSE:

305. *Contact with the spirit world*

17 February 2013

I am here to write on the various Spirit Laws that exist to maintain the harmony between spirits and people. You are now aware that there is a diversity of Spirit Laws, and that each distinct Spirit Law works its function so that boundaries exist in the spirit world and between the spirit world and the human world. There are Spirit Laws that are distinct in their working in the Celestial Heavens that do not exist or have any need of existence in the social natural Spheres where mortal personalities reside. The distinction made here clearly defines the reality of those individuals who are in their social-natural love or with the Immortal Divine Love and progressing through these Spheres.

It is paramount that any mortal spirit does not interfere with a developing human personality. God, in the forming of the mortal spirit world, has given form and principle to this spirit world of which one such principle of Law is that no disharmony will be created or caused by spirit on a human or any other mortal spirit.

Harmony exists between the Spheres and residing personalities cannot act or impose their will in a manner that is contradistinctive to the very distinct Spirit Laws that govern the harmony present in all Spheres. Many people do not know that such boundaries exist in the mortal spirit world, nor do they know that every single mortal or Immortal personality is subject to these distinctive and diverse Spirit Laws. People who desire to learn about the spirit world have many ideas about spirits and the spirit world, and a great error in thinking by people, is to believe interference happens that is derogative to a forming human personality caused by a spirit's thought, energy or action.

Many people have had experiences involving spirit that cannot be easily explained and usually in a human experience, the little known Spirit Law of Assistance, which the Creator alone operates, has at times helped or intervened or ended or commenced something that appears 'not of the human world' to have happened. This Law is solely subject to God and no spirit can interfere with the working of this Law. This Law, as in all God's Spirit Laws, can only act in accord with the Source that has caused these Laws to exist in the first place, and this Source is God the Soul. Spirit can work with some of the Spirit Laws such as I am doing now, as I work with the Spirit Law of Rapport and Communication with the receiver of this message.

Mortal and Immortal spirits cannot sneak from the spirit world into the human world to cause or wreak havoc. We cannot attack or cause bodily harm, or cause disruption to a forming human personality. We cannot interfere with a person's dream state whilst they are sleeping, nor can we encourage any human to act in a manner that violates the very universal principles of love spirit and harmony. No spirit can interfere with or disrupt the Divine Love and the Spirit that conveys this Love into a human soul. The Spirit, or as some of you like to refer to this Spirit as the Holy Spirit, cannot be interfered with in Its' working by any mortal or Immortal personality.

People cannot astral travel or travel at will or in their dreams through the spirit world. In all my years, I have never seen or met a person from the human world in the spirit world who is astral travelling, or whilst in their sleep state, travelling of a focus of their astral body. People would like to believe this happens, but it doesn't happen. The reason for this rests solely in the fact that the only way a personality

can visit the spirit world is in their spirit body when their physical body dies. People can form true perceptions of the spirit world by the use of their soul perceptions and spirit senses, so that such detail is seen that the human material mind may think or believe that it has actually visited the spirit world. The very Laws that form the human personality that includes the incarnation of soul and forming of the unique spirit body are the same Laws that protect the soul and spirit body so that the developing personality can form even though the physical condition of each person differ, and these same Spirit Laws prevent the personality or aspects of the personality from separating from itself or for one to leave their spirit body and relocate in their finite form in the spirit world whilst still in their physical body. The spirit-senses in a spirit body, if they are active, can provide real image and living energy into the reality of the living spirit energy that makes up the spirit world. This can appear so real that a person may actually think they are there, but it is only the activity of the spirit body and soul condition causing these experiences to become visible in the brain of the individual.

When we communicate with people, the receiver may work with the essence of our spirit-vision and their spirit-vision forms a living reality into the existence of spirit universal realities, and so the experience of time changes and one touches on the essence of spirit, whilst retaining their habit of physical and material experiences of time.

Making contact with the spirit world is a kaleidoscope of colour for most people. We understand this. I have seen many spirits converse with people over the years or interact with people and the unseen boundaries of God's Spirit Laws always present. I have never seen a disharmonious act committed by a spirit on a human. I understand that when a person becomes a spirit, in their time of integrating their new life, the individual can be in a fit of rage or angry or sad, because they feel the human life was over before its time. I have seen how these individuals communicate with mediums and whilst they are demonstrative in their action, they cannot force the Spirit Law that envelops them to change.

I know that people believe all sorts of things and that experiences and events have happened that cannot be easily explained and that defy the border of human experience, and that such experiences are determined as having been caused or influenced by spirits. My advice would be to begin receiving the Divine Love and gradually learning how the natural and the Divine Love work and from this position, to see how the harmony of the spirit world functions so that each personality in the spirit world in their respective environment is harmoniously living to the due fact of their soul condition.

There are no dark elements or conspiracies or hidden secrets keeping humans away from the spirit world. Everything has its place and the universe is a transparent place. For God lives with transparency, only that it requires our soul condition to develop with transparency, so that each one of us can learn to see the true nature of Love and Spirit and the way harmony is present from the Source to each finite soul.

With love,
A Celestial spirit
David

Note: Following the writings of James Moncrief, one could consider that any reference to the Father, by other relevant writers, may be read as a reference to 'our Mother and Father'. Further, when considering soul healing, then reference to Divine Love could be referred to as 'Feeling Healing with Divine Love'.

Spheres



+++



WE ARE NEVER ALONE!

Yes, we are never alone, we have spirit friends with us at ALL times. We can all learn to communicate with them.



Celestial Heavens

Everything is interconnected.

Divine Love 8



We have guardian angels with us all of the time, typically more than one. They usually are from the spheres 2, 3, and 4, so they are spirits progressing along the natural love path or divine love path.

7

Our spirit guide, should we have a spiritual aspiration, will be from a background and level that is most appropriate for our growth. Should you have an aspiration to pursue the divine love path then your spirit guide may well be a celestial angel, that is, above the 8th sphere, however it is most usually a spirit who is pursuing divine love, referred to as a Divine Love Spirit.

6 peak Natural Love 5



We are also hounded by mischievous / malevolent spirits from the lower Earth planes of the 1st sphere, referred to as the hells. It is these spirits that distract us with symptoms including those diagnosed as mental illnesses. It is our soul condition that attracts these malevolent spirits.

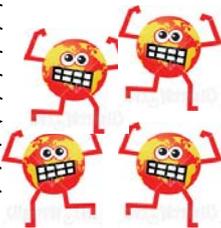
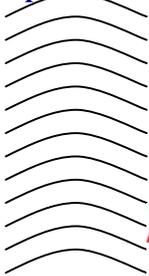
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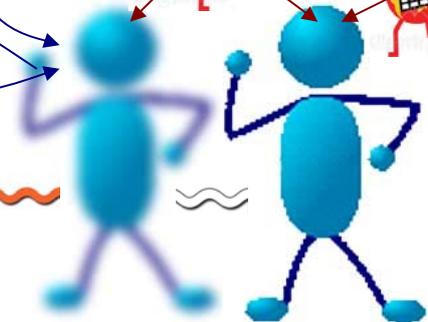
sphere planes



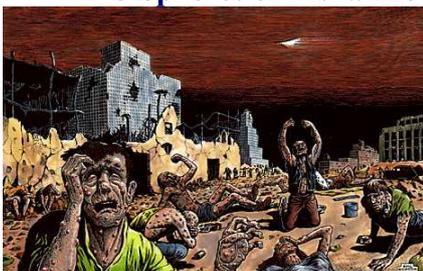
Guardian Angels (typically spirits)

Spirit Guide (typically an angel)

Malevolent spirits from the hells cannot harm you.



Hells 3 Spheres of Disharmony:



SOUL SPIRIT BODY PHYSICAL BODY

Your soul animates your spirit body and physical body through connecting cords. Spirits in the spirit world can connect up to you through these cords also.

Live true to your feelings, and you ARE living true, not only to your own soul, but also true to God's soul. So doing your Healing by honouring all your feelings, IS living the will of God. And being fully Healed, IS living even more truly the Will of your Mother and Father.



SPIRITS and NEW BABIES:

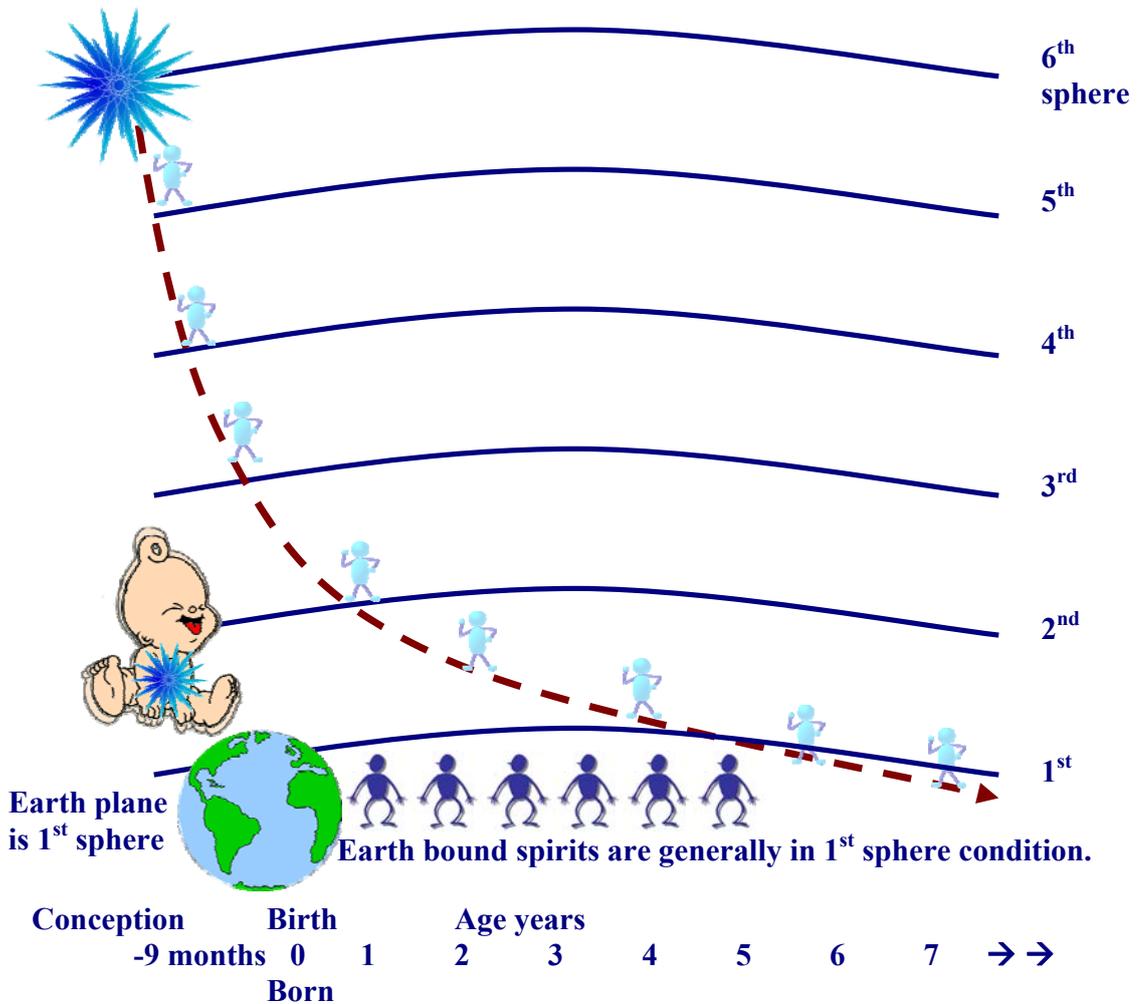
Newly incarnated soul is immediately being infused with the emotional injuries of those in its environment, that is, the damaging emotions of its mother, its father and of those within its family environment.

This process continues until the child reaches around the age of six or seven, then it tends to develop its own way from then on, however, closely aligning itself with a parent or both parents.

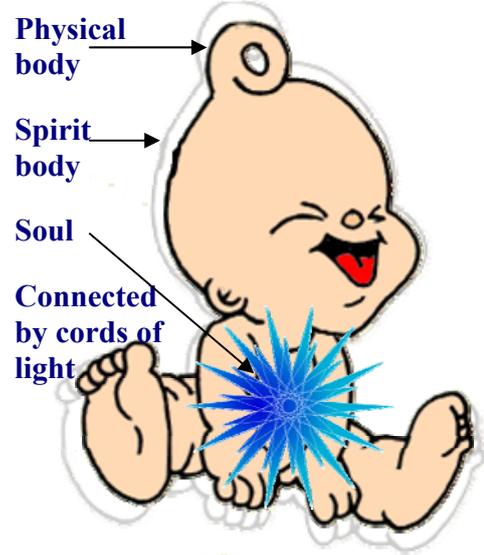
Poor condition spirits cannot impose their wills upon a baby should such spirits come into contact with the personality of the newly incarnating soul or baby.

We, as parents, can work on our own soul condition, which in turn benefits the baby.

We can also ask dark spirits to seek help from brighter spirits within their environment and to leave the baby. One's love will override any influence of a lesser spirit person.



A newly individualising soul is just a tiny invisible spark.



The life force for the spirit body and the physical body is via the soul. The soul is connected to the spirit body via cords, and in turn, the spirit body is connected to the physical body by cords of light. Should the cords between the spirit body and the physical body be disconnected then the physical / material body dies. The physical body is like our starting point for learning and experiencing our being. Our learning and growth experience then continues through the existence of the spirit body.

FEELINGS FIRST For Kids

LUMINOSITY of the SOUL can be LIKENED to the FOLLOWING:

1st sphere, lower regions – Natural Love MoC 50+/-
The soul condition of a soul that is obliged to spend some time within the ‘hells’ may be no bigger than a dried garden pea. There is no luminosity and the environment is total darkness.

The typical soul condition of humanity is such that they generate the luminosity of a single candle.

1st sphere, mid regions – Natural Love MoC 210

A soul that has grown in love and soul condition equivalent to the 8th sphere – the point of becoming at one with God, the luminosity of such a soul is equivalent to the midday sun.

8th sphere – only possible with Divine Love while doing one’s Feelin Healing! MoC 1,000+

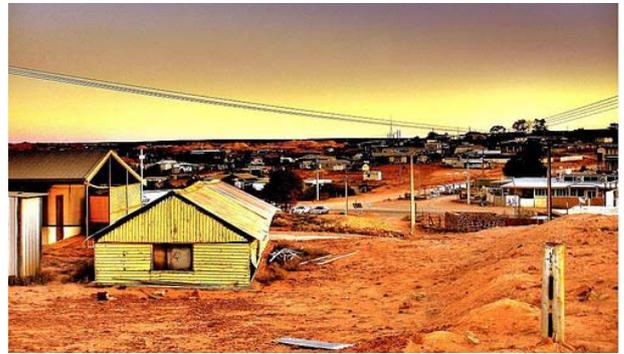


1st SPHERE ASPECTS:
Summerland, etc, nurseries



Summerland, etc., are beautiful regions of 1st sphere.

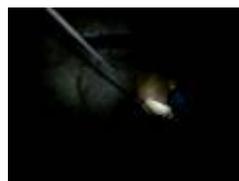
Summerland, etc, are within the highest planes of the 1st Mansion World / sphere.
There are 1,000s of plains in the 1st sphere.



Ambience of mid range plains of the 1st sphere is where the majority of humanity pass into.

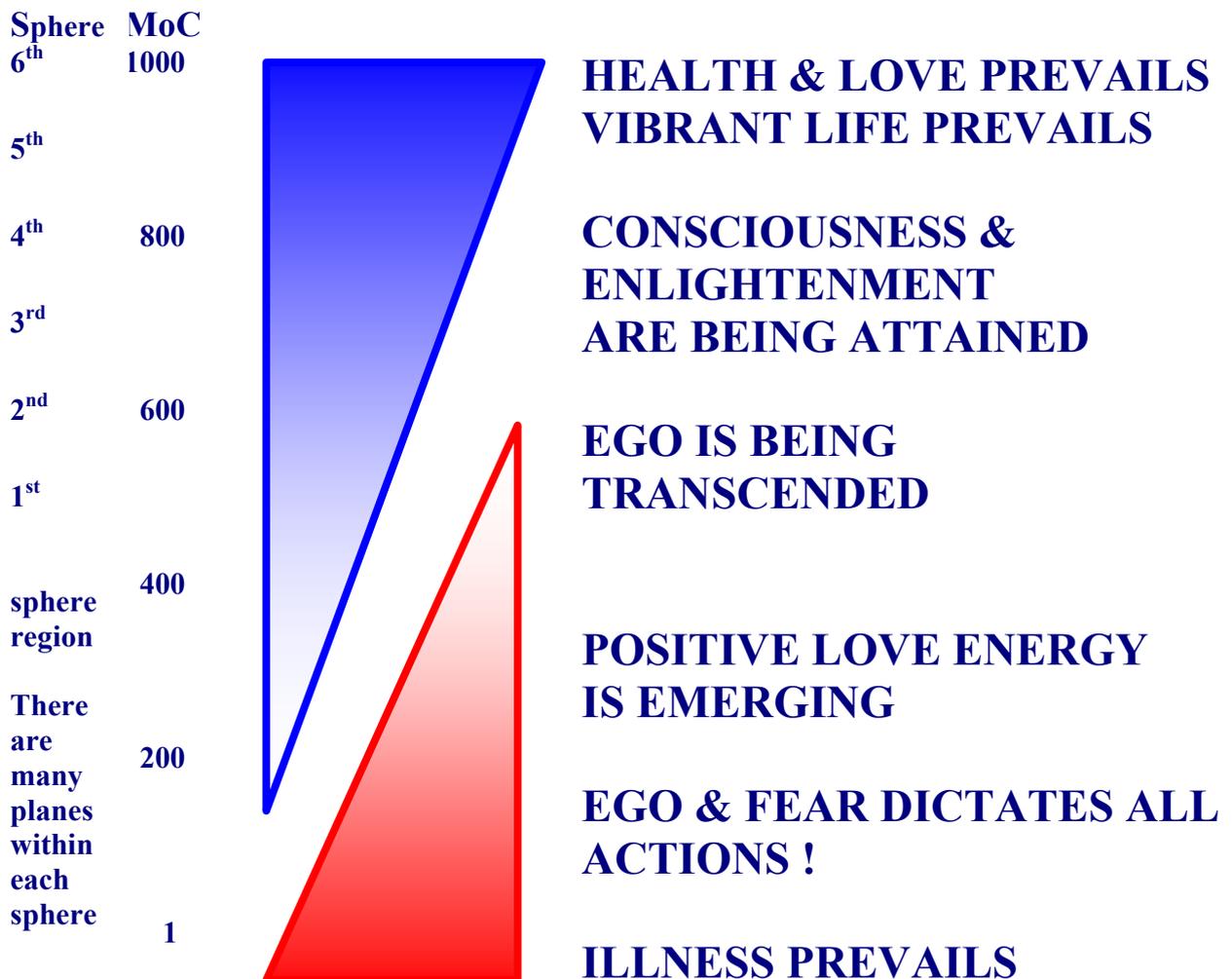


2 Planes of Disharmony / Earth:
The hells are unimaginable places of darkness.
Consider you are stuck at the end of the deepest longest mine ever, on your own, without any lights!



“All dis-ease is mind generated, and all healing is generated by the love energy of one’s soul.”

The Ego (mind based) manifests illness; the lower one’s level of consciousness (soul condition) then the more prevalent will be illness. Below the levels of 200, the ego and fear of the mind dominate; however, as you raise your level of consciousness by growing in love and achieve a level of 500 or higher, you begin to transcend ego dominance. At the level of 600, all healing is possible.



Live true to your feelings, and you ARE living true, not only to your own soul, but also true to God’s soul. So doing your Healing by honouring all your feelings, IS living the will of God. And being fully Healed, IS living even more truly the Will of your Mother and Father.

MODERN MEDICINE IGNORES OUR SUBTLE BODIES:

It is the injuries to our subtle bodies caused by our wayward mind that bring about the manifestation of mild discomfort, then acute pain within our physical body, and ultimately the illnesses and diseases that we then seek medical assistance to suppress. Modern medical systems do not address the cause of such illness. Ask yourself, when was the last time that a medical professional told you what the underlying cause of an illness was?

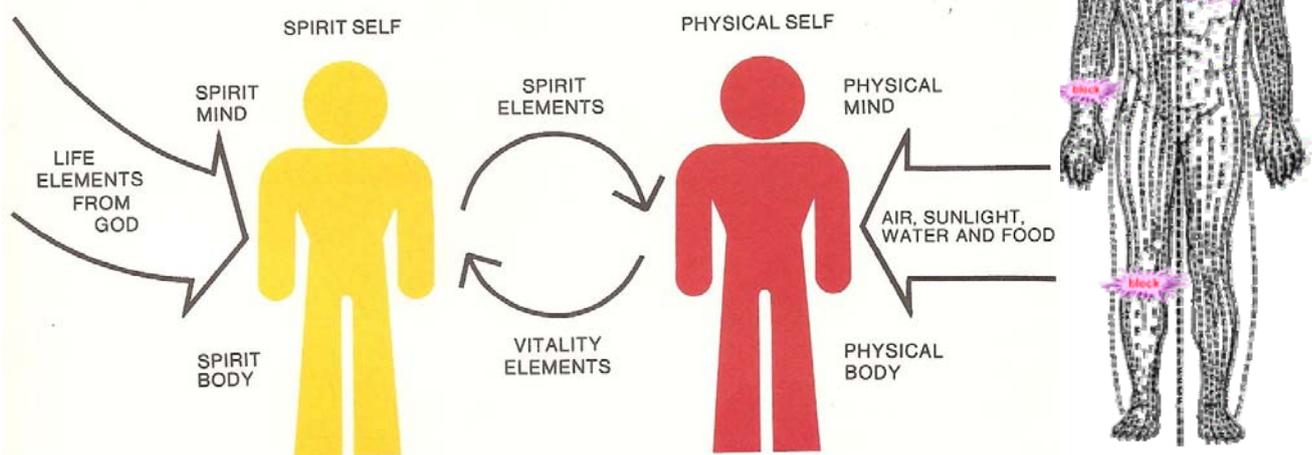
The auric field, that some can see, is the template for our physical body. Childhood Repression brings about energy flow blockages, being stuck and frozen emotional injuries, which then retard the flow of energies within our physical bodies. Modern medicine ignores this reality. The result is that treatments provided are only temporary as the underlying injury remains within our subtle bodies.

We have other bodies that are just as real as the physical body, they are all connected, if we have a problem within these subtle bodies, such problems most likely will manifest on the physical, so why not attend to it utilising a healers help on these subtle levels thereby helping yourself on the physical.

Example, our genes are multi-layered. Our genes are not only part of our physical being but are far reaching. They are:

- on the physical level
- on the emotional level
- on the mental level
- on the psychic level
- on the spiritual level.

We need to understand our **genes are not just physical, but on all levels.**



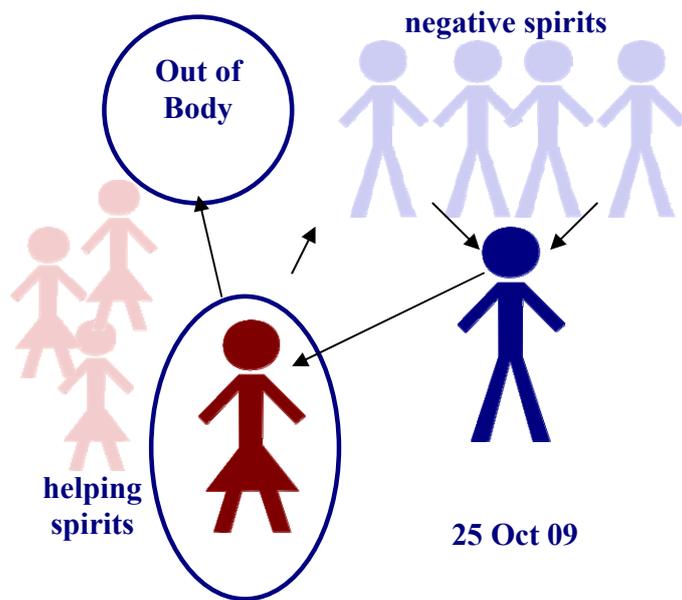
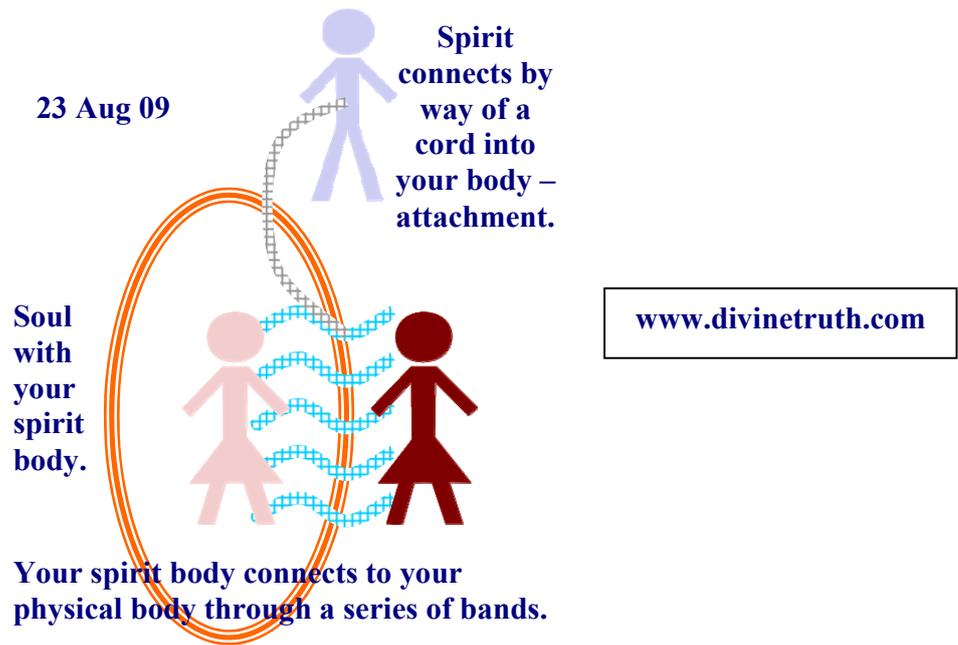
In fact our issues and illness that we recognise within the physical body are on all levels.

Only by one engaging in the process of Feeling Healing can one delve down into the core emotional issues originating from our childhood, being in the form of childhood repression and suppression, that we can then express and release such injuries and bring about permanent health to our physical body. The process of Feeling Healing is the only way to remove the underlying cause of physical illness and discomfort.

MENTAL ILLNESS:

Mental illness and distress is caused by spirit interaction and influence. Until the person considers that it is spirit, or multiple spirit influence, little can be done. Multiple spirits can attach to a person periodically.

Help the spirits that are around the person. This does not deal with the cause of the attraction. It is a two pronged assistance. Assist the person to process the emotion behind the attraction to enable the connection to be removed. 28 Nov 09



Mediumship takes two main forms:

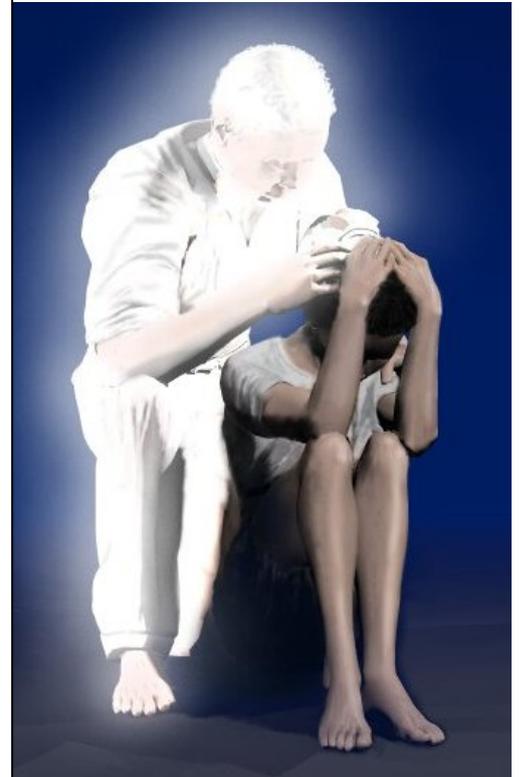
www.mysticalspritualpsychic.com/

Physical Mediums: Physical phenomena is of such a nature that it is usually demonstrated only at private séances. Any person sitting with the medium can hear or see what is happening. By means of raps, audible voices or materialised figures the spirit people convey intimate information about themselves, their recollection of their earthly life and details of their life in the spirit world.

Mental Mediums: Mental phenomena is demonstrated through the mind of a medium. *Mediums* identify three forms of mental mediumship:

1. **CLAIRVOYANCE** when **mediums** see the spirit
2. **CLAIRAUDIENCE** when **mediums** hear the spirit
3. **CLAIRSENTIENCE** when **mediums** senses the presence and the thoughts of the spirit.

Mental phenomena is the type most often demonstrated in public. Trance mediumship is a form of mental mediumship in which the medium is overshadowed by the spirit communicator and allowed to speak directly through the medium.



Book of Truths:

When I say clairvoyant, I do not mean that faculty which enables you to hear clearly with the spirit ear, but rather that which enables you to receive our impressions, and which inspires you being actually conscious of the reception of these impressions.

So you see you have the opportunity of receiving these things which very few mortals have; for this is a phase of mediumship (as it might be called) which is rare and not possessed by many mortals. It differs from the ordinary inspirational phase in that, where the medium receives information in this latter way, the spirit ear actually hears the thoughts coming of which the medium is conscious, while in the former method there is neither an actual hearing nor a consciousness on the part of the mortal of the thing conveyed.

25 Jun 1917

P.530 Book of Truths through James Padgett / Luke

EARTH BOUND

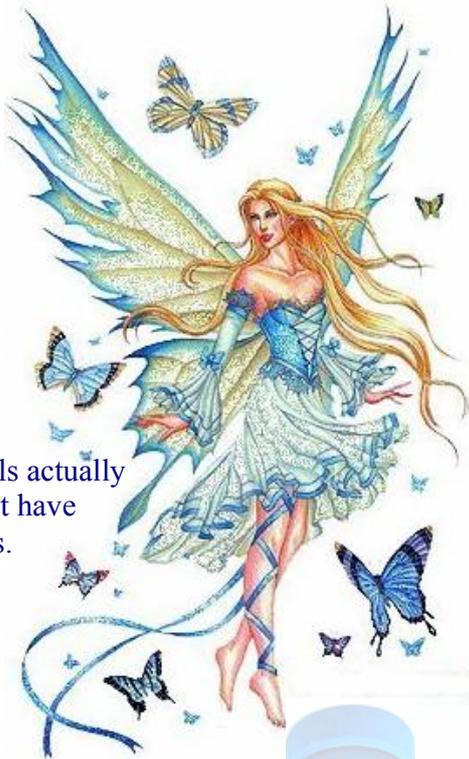
Earthbound spirits are not happy dead people.



LUMINOSITY of the SOUL grows with LOVE:

DIVINE LOVE is a SUBSTANCE

Angels actually do not have wings.

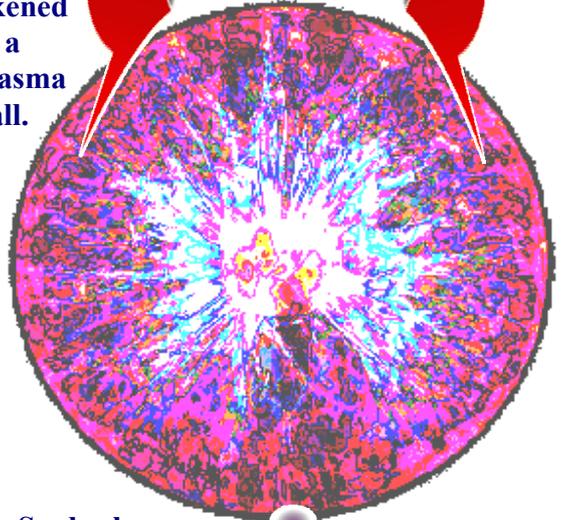
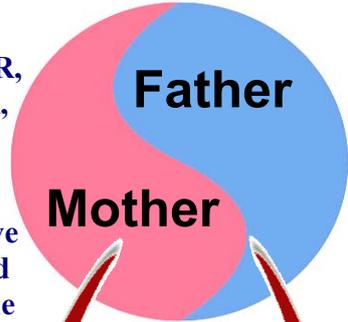


One's soul can grow from the condition of a dark dried up pea to that of a Celestial Angel by asking for and receiving Divine Love. Divine Love changes the essence of the soul to that of the Divine. Nothing else can do this.

CREATOR, MOTHER, FATHER, GOD.

Divine Love is delivered through the Holy Spirit, should you ask for Their Love.

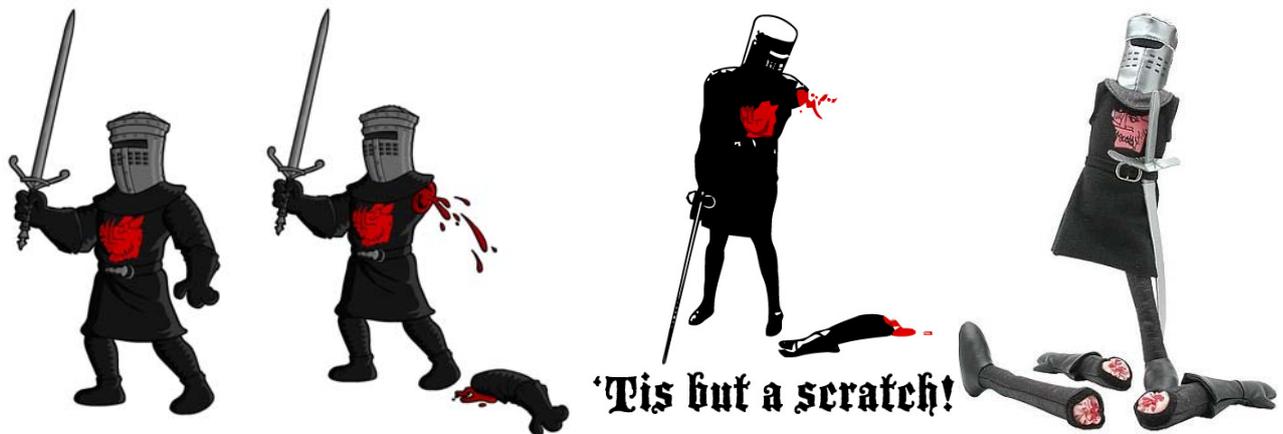
Your soul can be likened to a plasma ball.



Soul releases errors and negative emotions via one's Feeling Healing with Divine Love.



MONTY PYTHON and the HOLY GRAIL – BLACK KNIGHT:



When one's soul is plagued with vindictiveness, evilness, guilt, blame and destruction, or plummeted to even lower levels of being despising, miserable, shameful, humiliated and seeking elimination, there is no illumination within the soul at all. It is a being in a state of total darkness, in the depth of all the hells.

The soul has now collapsed to the size of a dried up pea, or prune!  The capabilities of the soul of keeping the spirit body in tact are stretched to its full capacity. The soul frequently has to draw the spirit body back together, that is, enable the spirit body to go fetch its limbs and re-attach them!

The environment is one of total darkness and despair. However, we can all recover from this position and grow in love and progress to the Celestial Heavens. There is no position from which we cannot recover from. For you see, we are truly invincible!

No soul has ever been separated from its spirit body.

No matter how low our soul condition may fall, we can, and all of us will, be assisted and loved and helped to grow in love and light and progress to realms of beauty and grace that will be our destiny. By asking for and receiving divine love, this happiness will be ours much sooner than we can imagine.



IT'S JUST A FLESH WOUND!





Male half SB – MB –
of the Soul spirit body material body

Brain is in the physical body, mind in the spirit body, and memories and intelligence are in the soul.

The soul is the real you, the spirit body and the physical body are appendages.

The spirit body is equivalent to the astral body, the emotional body, the spirit body is the sum total of all of those bodies, there are layers of them, it is all one body that emanates out energetically from its centre. The soul controls the spirit body.

DISOBSESSION

PREPARATION FOR A COUNSELLING MEETING

By the spirit Andre Luiz
Francisco C Xavier and Waldo Vieira

(What follows is in reference to the time before 22 March 2017)

A DIFFERENT BOOK:

While doing disobsession activity in the Gadarenes region, Jesus can be observed kindly talking to an obsessed person, who had been brought to him, at the same time as he makes himself heard by the unhappy disincarnates also present there.

It is important to notice that when the Master asked for a name, the medium, conscious of the pressure he was suffering from the disturbed and errant spirits, informed his name to be “Legion”, to which the evangelist adds that the obsessed man behaved in this fashion “because many demons had entered into him.”

We now know, from the teachings of the Codifier of the Spiritist Doctrine, Allan Kardec, in item 6 of chapter 12 of *The Gospel According to Spiritism*, “Love your enemies” that “those demons are nothing more than the souls of perverse men, who have not yet divested themselves from material instincts.”

In this episode, we observe Christ speaking simultaneously to the medium and the communicating spirits in the meritorious task of collective counselling, thus, teaching us that disobsession is not a hunt for the phenomenon, but rather, patient work of love coupled to knowledge and reasoning associated with faith.

Whether it is the case of a slight inference or a more generalised possession, the mediumistic mind remains oppressed by thoughts strange from itself, in a state of hypnosis from which only very gradually it will become freed from. From that stems the need to popularise the systematic assistance to the disincarnates who remain the prisoners of anguish and dissatisfactions. This must be done by the work of a team of companions specially dedicated to this type of assistance. Work which demands the same amount of patience and understanding to that found in the nurses dedicated to the assistance of brothers and sisters segregated by the threads of psychosis, within the establishments dedicated to providing for the cure of mental ailments.

Deeply feeling a similar need and wishing to recruit new groups of workers of goodness willing to help in the readjustment of those no longer in the physical plane and who have become distanced from reality, our friend Andre Luiz produced this book unlike any other found in his repertoire of a scholar, who has specialised himself on themes related to the soul. There is nothing more appropriate and just than this desire because if ignorance requires the dedication of the teachers, and psychopathology depends on the abnegation of the doctors who employ the use of balanced dialogue in the practice of psychoanalysis, so it is that the mental alienation observed in the disincarnates require the fraternal assistance of friendly hearts, with enough understanding and an abundance of love to help in the existing spiritist centres, now working to restore Christianity in its clear and simple form.



This book thus, presents an important synthesis in the effort of aiding those suffering from obsessive processes via the work of collaborators with varied talents. We ask the Master to sustain us all, disincarnate and incarnate workers, in the task to be accomplished because, whether obsessed or obsessor, consciously or unconsciously thrown into a state of unbalance; whether in this world or in the beyond, they are our brothers and sisters begging our assistance, companions that belong to our terrestrial family. The assistance to the family is not a ministry that we should relegate to the sphere of the angels, but rather an untransferable obligation that we are obliged to embrace as our task.

Emmanuel

Uberaba, January 2, 1964

(Page received through automatic writing by Francisco Candido Xavier)

FF

Feelings first

PRAYER for DIVINE LOVE: library download pages at www.pascashealth.com
Kindly visit the library download pages at www.pascashealth.com as further recordings are added.
 Should you click on the audio files, you will also be able to download the audio file onto your computer.
Prayer for Divine Love – from the Padgett Messages
<http://www.pascashealth.com/index.php/library.html?file=files/opensauce/Downloads/MEDICAL%20-%20SPIRITUAL%20REFERENCES/Prayer%20for%20Divine%20Love%20from%20the%20Padgett%20Messages.mp3>
The Voice of Divine Love
<http://www.pascashealth.com/index.php/library.html?file=files/opensauce/Downloads/MEDICAL%20-%20SPIRITUAL%20REFERENCES/The%20Voice%20Of%20Divine%20Love.m4a>

DISOBSESSION:

A variety of therapeutic approaches deserve further consideration when seeking the suppression of ailments that flog humanity. Antibiotics attack the infectious agents, specialised institutions examine the pathology of cancer; surgery has reached the heart in order to correct heart defects, and millions of people are protected through vaccination. However, aside from illnesses that torture the body, we encounter here and in the next life the calamities of obsession that unbalance the mind.

Beyond the physiologic webs that interweave the organic body utilised by the spirit in his educational apprenticeship in the world, it is possible to identify the dark pictures of similar disasters, where magnetic forces created by disoriented thoughts assimilate forces of the same nature, establishing mental alienations that go from the nervous tic to madness, reaching to phobias and ghostly disturbances. We see them present in all social classes, from those people provided with high resources of intelligence to those who are unaware of the first notions of the alphabet, often culminating in the passionate tragedies that draw the attention of the press or the demented state that drives one to the hospice. Not to mention the problems of depression, sexual imbalances, syndromes of anguish and domestic disharmonies.

Discarnate and incarnate Spirits in a sick state of mind tune into one another, creating harm and disturbances in those suffering from their vampirising influence, in the resemblance of noble vegetables that parasites destroy after undermining all their resistance.

With this in mind, and with the purpose of cooperating in the treatment of those evils of imprecise symptomatology, we thought about the organisation of this book dedicated to all the companions interested in the assistance to the obsessed. A book that is characterised by its absolute simplicity in the expositions of the subjects indispensable to the constitution and sustenance of Spiritist groups devoted to the liberation and healing task of disobSESSION.

(The Spirit, Andre Luiz invited the mediums Waldo Vieira and Francisco Candido Xavier to help him writing this book, each accepting responsibility for even and odd numbered chapters respectively.)

A book that is to serve in the precincts consecrated to this task, whether they be in the interior end retreats of the rural zones or in the buildings of the great cities. A brochure's work in which the images aid in understanding the written explanations, so that the workers of the Spiritist Doctrine attend to the disobSESSION, in accordance with the principles asserted by Allan Kardec.

No Spiritist Institution can, in short, ignore such indispensable work for the hygiene, harmony, assistance or restoration of the human mind, providing adequate enlightenment, be it to the suffering disincarnates or the incarnates lacking inner education, and who suffer the depressing action, although sometimes involuntary of the discarnates.

Each Spiritist Centre must possess and maintain a team of workers of disobSESSION, at least for its own defence and preservation, in order to assist the victims of spiritual disorientation that roam the doors of the centre.

In this manner, we offer these unpretentious pages to those who feel sufficient tender love, for those who seem lost in the shadows of illusions and passions that consume them, circumscribed to the narrow

margin of ignorance on Earth and beyond Earth, in the torments and deliriums of the “self”. We turn over to our friends who might be able to welcome our desire, to do right and evaluate with us the extension and gravity of the problem, let us jointly remember and recognise that Spiritism is the Restored Christianity, and that the number one pioneer of disobsession, enlightening the unhappy Spirits and curing those suffering from all types of obsessions was precisely Jesus.

Andre Luiz

Uberaba, January 2, 1964

(Page received through automatic writing by Waldo Vieira)

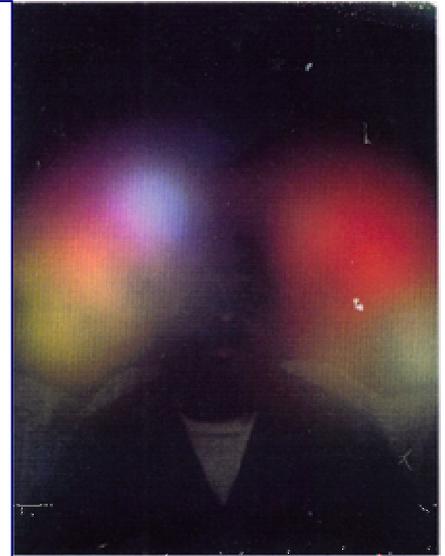
POOR SOUL CONDITION is DARKNESS:

Using Kirlian photography, this is an auric photo showing an individual who is a drug addict... notice no connection with God or Source, no love and light.

Such soul condition is reflective of the man-made emotions such as apathy, despair, depression, hatred, loathing, etc.

Even when such a personality is in an environment of bright light and vibrancy, such a personality can still only see and perceive darkness.

It is this darkness of soul that fits the person for an environment that is only of darkness. The locations to which they arrive within are of perpetual darkness and are miserable environments until they, through their own endeavours, grow in love. This may take centuries, or they can embrace the great gift of the Source Soul and ask for the Divine Love.



[The following text varies from the original by the inclusion of Divine Love possibilities and alternative options being made available for consideration.

The original text appears to be transmitted from natural love spirits from about the 4th sphere.]

Whilst we are receiving our Heavenly Parents' Divine Love, and that this Love is causing change within our soul and spirit attributes, the greatest Truth known to man and spirit is that this is the way our Mother and Father are actually loving us! When we progress, it is God's way of loving us into love and then we live what we are, love.

Three Great Truths:

- **God is Soul, being our Heavenly Mother and Father;**
- **that each individual soul is a duplex – both male and female;**
- **and Feeling Healing with Divine Love is the pathway to Paradise.**

COUNSELLOR: The person who converses with the manifesting entities who come to receive help.

DISINCARNATE PERSON: Someone (spirit – spirit person) who has left the physical body and dwells in the spirit world, or is still Earth bound pending going into the spirit world.

INCARNATE PERSON: A person who dwells in the physical world with a material body.

MEDIUM: Is the interpreter of spirits. Although almost all people feel the influence of spirits, to either greater or lesser degree, this classification is only practically applicable to those people whose faculty shows itself clearly and with some intensity, producing well-marked results.

OBSESSION: The influence of a perturbing or earthbound Spirit on a living human's thoughts and actions. Spiritists divide Spirit obsession into three categories – simple obsession, fascination and subjugation – the first of which is the least serious and the last the most serious. (David J Hess – *Spirits and Scientists – Ideology, Spiritism and Brazilian Culture* – 1991 The Pennsylvania State University).

SPIRITS: According to the Spiritist theory, Spirits are the intelligent beings of creation. They populate the universe beyond the limits of the visible world. They are the souls of men who have lived upon Earth and who have left their corporeal / physical envelope. The soul resides within the centre of the spirit body, which, in turn, is the template for the physical body.

DISOBSESSION: Is performed during a mediumship meeting where counsellors will converse with the manifesting entities. Through these séances it is possible to stop an obsession process.

Desobsessao (Disobsession, Deobsession) In Spiritism, the practice whereby mediums receive lost or perturbing (throwing into confusion or disorder, disturbing mentally, agitating) Spirits and whereby another member of the centre talks to the Spirit and educates, evangelizes, or educates such spirit person. These lost or perturbing Spirits are not necessarily linked to specific incarnate humans, and the afflicted do not need to be present during the disobsession meeting. Their consent for this assistance is important to have in place. Frequently, though, victims are present and, as a result, non-Spiritists may refer to disobsession as “exorcism” (a word that Spiritist reject because it implies demons or other, nonhuman Spirits). (David J Hess – *Spirits and Scientists – Ideology, Spiritism and Brazilian Culture* – 1991 The Pennsylvania State University).

**Feeling
Healing with
Divine Love is
the key!**

FF

Feelings first



PREPARATION for the MEETING: UPON AWAKENING:

As a general rule, on the day designated for the work of disobsession, the members of the team should maintain a dignified mental attitude.

From the moment of awakening, the counsellors, the trance mediums, and those responsible for sustaining the ambiance and even the occasional visitor, must keep their thoughts elevated whether through prayer or by directing their minds to subjects of an elevated nature.

This can be achieved by cultivating pure thoughts and a good attitude, by practicing correct actions and by the use of a dignified vocabulary. Quarrels and arguments must be avoided by cultivating patience and serenity, no matter what difficulties might be encountered during the course of the day.

This is the proper preparation for a very serious undertaking, that is, the assistance to the less fortunate disincarnate beings, under the supervision of the Benefactors from the Spiritual Realm.

Imagine yourselves in the position of the Spirits in need and you will be able to comprehend the responsibility you are undertaking.

Each member of the group is an important component in the mechanism of service. The group as a whole is the engine, so to speak.

1. PREPARATION for the MEETING: NOURISHMENT:

The type of food eaten in the hours preceding the proposed task of spiritual interchange should be light. One should not fill oneself up with excessive amounts of food.

Full stomach – slow functioning brain.

The laborious process of digestion uses up a great deal of energy, hindering the clear and ample functioning of the thought process, which demands confidence and clarity in order to express itself best in the disobsession activities.

It is advisable to take a minimum amount of light foods. We believe it to be unnecessary to remind anyone regarding the impropriety of the intake of alcoholic substances. Those who still feel the need to smoke, eat meat, drink coffee and use strong spices, if they are not able to avoid it completely during the day of the meeting, are advised to, at least, reduce their intake. It must be understood that ideally, those participating in the work of disobsession should enter the doors of the Spiritist Centre without any digestive problems.



2. PREPARATION for the MEETING: PHYSICAL and MENTAL REST:

After work, whether professional or domestic, physical or mental, those working with disobsession should, within their possibilities, take the necessary time to prepare themselves physically and mentally.

Rest, physically and mentally.

Use edifying ideas to seek relaxation.

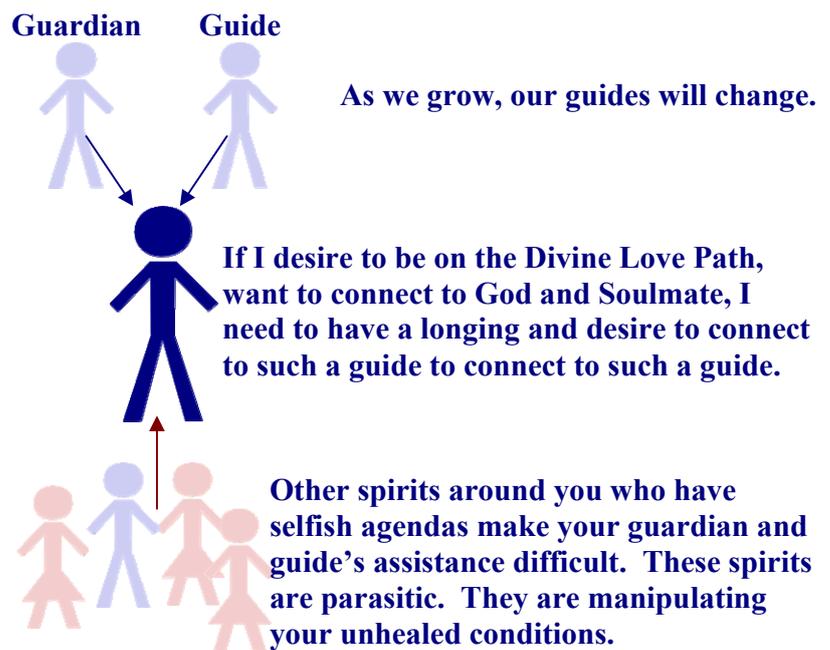
Avoid impure thoughts.

Maintain higher aspirations.

Keep distance from worries of an inferior nature.

Pray for the inflowing of Divine Love.

Prepare yourself inwardly for example, reading wholesome and uplifting material, in this way forming a respectful inner ambiance. This will result in the projection of noble and pure spiritual vibrations, which the Spiritual Benefactors will utilise to build and enhance the resources to be used for the assistance and enlightenment of our spiritual brothers and sisters who no longer are in the physical body, but who still find themselves in an unhappy state.



Those responsible for the work of disobsession must understand that the communications require spontaneity. The preparation we have referred to is of a general nature. Therefore, it is important not to fixate the mind on unreasonable demands or rewards of a personal nature.

3. PREPARATION for the MEETING: PRAYER and MEDITATION:

At least for a few minutes, some time prior to the beginning of the task at hand, and whatever the position the worker occupies in the group, he should dedicate himself to prayer and meditation in his own home.

Turn on the channels of the thought processes tuning in with the higher spheres.

Withdraw yourself from the vulgarities of earthly problems and pray, searching for inspiration from the Celestial Realms.

Remember that soon you will be in contact, however brief it may be, with your brothers and sisters residing in the Spirit Worlds, where you too shall go some day. Therefore, take this opportunity to sow seeds of sympathy and respect, transmit compassion and project wholesome thoughts towards all those who have lost their physical bodies without having been spiritually prepared for the change.

In this way, you will be initiating the journey towards developing productive work via cooperation with the enlightened disincarnate entities, who are in turn the legitimate assistants of goodness.

4. OVERCOMING IMPEDIMENTS: RAIN:

The time to go to the meeting has arrived.

It is necessary to overcome the obstacles, which the weather may impose.

Frequently, we will be faced with the prospect of heavy rain or windstorms, as common types of obstacles. However, whether it is cold or rain, the team worker will not be thwarted and remain at home because of this type of interference. He will always have the necessary warm clothing at hand and will face whatever natural challenges may occur, completely conscious of his duties.

5. OVERCOMING IMPEDIMENTS: HOUSE VISITORS:

In the list of natural impediments, a frequent one is the unexpected arrival of visitors.

One can easily understand the embarrassment of our fellow workers when that happens, at the time they are about to leave to go to the meeting.

Sometimes it is a relative in need of a friendly word, at other times it may be a friend in need of assistance. Let it not be regarded as an insurmountable obstacle. At such times, those involved in the work of disobsession will explain the situation tactfully, using frankness and humility without making excuses for his absence, but also awakening feelings of sympathy in the visitor, and thus securing a state of emotional balance.

6. OVERCOMING IMPEDIMENTS: OTHER HINDRANCES:

In the list of obstacles, which often seems to be intelligently set up to hinder the steps of those working with disobsession, one may find the most unexpected occurrences.

- It may be a child who falls, bursting into tears.
- The key to the door that disappears.
- An alarming message that arrives unexpectedly.
- Somebody calls to ask a favour.
- A relative who starts complaining of a sudden pain.
- Troubles with the mode of transportations.
- Traffic jams.

Those collaborating with the services of assistance to the suffering spirits must not hesitate. They must figure out an immediate and reasonable solution to those small inconveniences, and proceed with the spiritual duties that await them, remembering that even family parties, such as birthday celebrations or other domestic events must not be considered insurmountable obstacles.

7. **NATURAL IMPEDIMENTS:**

Some circumstances do exist, however, that may be considered as natural obstacles to the work. For example: an unexpected trip required by professional demands.

In other cases, it could be a serious health problem affecting a family member or even the worker himself, thus preventing him from attending the meeting.

We still have to take into account impediments occasioned by contagious infections such as the flu. For our female workers, it is reasonable to accept as justifiable the needed cares resulting from pregnancy, and the monthly annoyances characteristic of their gender.

Whenever there is a problem, it is important that a companion communicate quickly with those responsible for the meeting, bearing in mind the need of maintaining harmony within the team, as much as possible.

8. **The SPIRITIST CENTRE:**

As our understanding of mediumship activities develops, we realise that the work of disobsession requires the proper ambiance in the Spiritist Centre so it may be performed in safety.

In order to understand that, we must bear in mind that while many of those who fall sick are able to recover at home, there are others who need the hospital environment for their recovery.

If at home we have empirical agents working in benefit of the sick, in a hospital we find a whole collection of medical equipment, which has been selected for prompt assistance.

In the Spiritist Centre the disincarnate instructors have access to advanced resources from the Spirit Spheres, for the assistance of both the obsessed and the obsessor. For this reason, if at all possible, it is within the respectable walls of this school of living faith that the ministry of disobsession should take place.

It is also important to point out that, those who have committed themselves to this task should not without endangerment, become involved with other mediumistic activities, either before or after the task to which they have already committed themselves, for the benefit of the suffering disincarnates.

9. The MEETING ROOM:

The room where the meetings are held should be clean and simple.

On the table we may place some of the basic books of the Spiritist doctrine, such as *The Spirit's Book*, *The Gospel According to Spiritism*, and a book that deals with Kardec's philosophy in light of the teaching of Christ. (another reference could be *The Co-Creative White Brotherhood Medical Assistance Program* by Machaelle Small Wright). Only the appropriate number of chairs to be used by members present should be placed around the table, which should be clear of cloth, ornaments, water jug, or any other objects.

Behind the row of chairs, another may be designated with additional seats or benches for occasional visitors.

A clock may be placed where it can be visible and handy, either on the wall, on the pocket or on the wrist of the director / leader, so that the timetable set up and discipline established for the meeting may be kept. A tape recorder, in case there is one, should not be a disturbance and will be placed as determined by the director / leader of the meeting.

10. ARRIVAL at the MEETING:

The Spiritual Benefactors in charge of the work of assistance to suffering discarnate brothers and sisters always expect the members of the team to show a respectful attitude upon entering the room dedicated to the service of assistance. Therefore, no loud talking, tumult, yelling or loud laughter would be appreciated.

The workers are to remember that they may be in the presence of sick spirits, who are gathered there as in a hospital, and who deserve our kindness and respect.

The rescue work is now about to begin. It is necessary to direct our feelings toward silence and compassion, to goodness and elevated thoughts, so that the group may work in harmony for the edification of goodness.

11. CONVERSIONS PRIOR to MEETING:

For those who arrive early, there is always the probability of conversation with each other, and it is the duty of the team workers to avoid wasting energy in visits to neighbouring places, whether it is to private homes or to public restaurants. Those may be just brief visits, but they are, nevertheless always

inconvenient.

It is not unreasonable to ask the helpers in this type of task, to avoid discussions of an undignified nature in the light of the work involved. Avoid jokes and damaging remarks about anyone. Avoid criticism, scandalous comments, complaints, and unkind or ironic references of any kind.

Any comment may affect the ambiance. If we must speak before commencing the task of assistance, then, let our conversation be of a constructive nature that we will help in maintaining the proper vibrational ambiance in the room, instead of perturbing it.

“To strive to, and endeavour, that all of our communications and actions are loving.”

13. DIRECTOR / LEADER of the MEETING:

The director / leader of the task of disobsession must not forget that the Spirit World expects him or her to provide the fundamental support for the work.

Direction and discernment ...

Goodness and energy ...

It is true that no superhuman qualities will be expected of him or her. However, the director of the assistance to the suffering Spirits must understand that his/her function before the mediums and visitors to the group, are like those of the head of a family, in the institution of the home. His/her positioning, this, should be of:

- Authority based on example.
- Habit of study and prayer.
- Seeking and receiving God's Divine Love.
- Dignity and respect to all.
- Display of affection without extending privileges.
- Mildness yet also firmness – humility.
- Sincerity and understanding.
- Constructive conversation.

To maintain the highest morale, the director / leader will afford every component of the group with the same attention and affection, as a good and noble teacher should have towards his pupils. He/she should position him/herself before the Spiritual Instructors as a most responsible counsellor. He/she may, therefore, designate two or three workers to function as his/her assistants under his/her guidance in the task, and as his/her supporters in case of a justifiable impediment.

14. PUNCTUALITY:

Punctuality is an essential part of our everyday life – discipline of life.

Business have little regard for negligent employees.

At home, we hold in high regard those of our relatives who keep their appointments and perform their duties efficiently.

As a rule and as politeness demands, we do not fail to keep our appointments with the important people of the world. An interview with an entrepreneur or a conversation with a minister of state could be given as examples of that.

Those working with disobsession must realise that the Spiritual Benefactors and other disincarnate friends must abandon other important obligations in order to come to our assistance and help us.

Punctuality is always a must, but in the work of disobsession it takes on a more solemn role.

We must not fail to comply with the work. We must not forget that in the majority of cases, failure is the unhappy result of a late arrival or an absentee.

Commencement time must be strictly adhered to, while understandingly, the termination of the session may vary.

It is advisable to lock the entrance door fifteen minutes prior to the commencement of the meeting. This time will be used for preparatory reading.

15. FURNITURE USED in the MEETING:

The furniture in the room where the disobsession meeting is to take place should be void of anything that may be associated with ritualistic ideas and amulets, such as symbols and idols of any kind, but must also be composed of simple sturdy furniture.

The table must be solid and the chairs preferably made of wood, resembling those found in a respectable home, and without unnecessary adornments.

If anything is to be added let it be two wooden benches or chairs, to be used by the occasional visitors, or for the magnetic passes. It can also be used to assist a member of the group, who may possibly need passes that will be placed outside the ambiance formed around the table, generated by the communion of thoughts.

We should avoid mats, jars, pictures, or other ornaments. We should not forget that the place is consecrated above all, to the comfort of the suffering or truly demented spirits, and who need a clean and simple atmosphere in order to forget the illusions or unhappy experience they had lived – disincarnate, or are now living – incarnate, while on Earth.

PASS: (“*pass*”, laying on of hands). The donation of spiritual energies or vital fluids from a medium and/or spiritist source to a patient. Spiritist divides *passes* into three types: (1) *magnetic*, in which the

energy sources is the medium; (2) *spiritual*, in which the energy sources is the Spirit; and (3) *mixed*, in which the source is both. Spiritists believe that, in practice, most passes are of the third type. (David J Hess – *Spirits and Scientists – Ideology, Spiritism and Brazilian Culture* – 1991 The Pennsylvania State University).

PASS-GIVER: The pass-giver is the person who administers the pass. To be a spiritist pass-giver is to have a task of great responsibility, for it is to help and to bless people in the name of God.

16. **The CHAIRS:**

The chairs to be used in the disobsession meetings merit an additional mention.

Avoid the use of any chair that may be conducive to sleep, as well as those that lack a back support as in the case of footstools.

Let us use heavily built chairs in order to prevent falls or excessive movement, so common in mediums during trance communication; constructed with simplicity and with a high back, to provide a firm support for the workers engaged in the spiritual assistance to our distraught brothers and sisters residing beyond the physical plane, however, typically living within the lower Earth planes of the 1st sphere of the spirit world or still living on Earth.

Avoid noisy chairs that may cause unnecessary disturbance or interference in the ambiance.

17. **LIGHTING:**

In the initial phase of the work, in order to facilitate the setting up of the room as well as the initial study, it will, of course, be fully lit.

However, just before saying an initial prayer, the director / leader of the meeting may lower the lighting in the room. The reason being that the emission of intense rays interferes with the formation of the beneficial potential resources, mentally created and manipulated by the Spiritual Mentors in charge of the ongoing work or assistance with the help of the mediumistic resources of the team.

The lamps should be situated away from the table in order to avoid accidents. In the case that electricity is not available, the director / leader will diminish the brightness of the room by whatever lighting system is being used.

18. **MEDICAL ISOLATION:**

Disobsession is in itself medical assistance of a most serious nature.

It is important to understand that the physical space surrounded by the four walls reserved for it has the importance of an infirmary. It relies on the additional resources from the Higher Spiritual Realms for

the rescue and treatment of the disincarnate beings whose minds are still lingering in a state of confusion and unhappiness.

Any unnecessary curiosity and theatrical demonstrations must be eliminated from disobsession work.

If we put ourselves in the place of the distraught Spirits, we will realise how detrimental the presence of any stranger would be to this type of special service of assistance.

The assistance to the perturbed or suffering spirits is a task for those who are able to love and understand them, by maintaining a respectful attitude towards their torments and sorrows. From that springs the need to maintain a suitable vibrational ambience in the place dedicated to the work of spiritual enlightenment and rescue, which must be kept isolated from external interference. Therefore, we must conclude that disobsession, whenever possible, should take place in the Spiritist Centre, instead of the unsuitable vibrational ambience of a private home.

For this reason, it is important that the members involved with disobsession, in particular the trance mediums and the counsellor mediums, should visit hospitals and other places devoted to aiding certain types of illnesses, in order to better understand the necessity of being tactful when dealing with furious and uncontrollable Spirits.

19. ELECTRICAL EQUIPMENT:

The use of electrical equipment during disobsession sessions to a search light, to be used in any eventuality, and whenever possible, to a tape recorder, to record messages of the manifesting entities, particularly those characterised by their instructive nature, so that their teachings or person experiences may be saved for further study.

We stress that the group only uses a tape recorder when it is available, for it is not indispensable for the course of the work.

The director / leader of the meeting or the person in charge of its utilisation must look after it, verifying that it works properly and know how to operate it before the beginning of the activities, thus avoiding last minute annoyance or rushing around.

20. MEETING TEAM:

The members of the team, whose number should never exceed fourteen, must above all, keep their thoughts elevated with a correct mental attitude, before, during and after each task.

There should be no concerns about accessories or special clothing. They must understand that they are in that place in order to exercise a fraternal mandate of trust.

There is no place for blind faith in the Spiritist Doctrine. However, in the work of disobsession one must avoid unnecessary research, vain questions, criticism and unreasonable expectations.

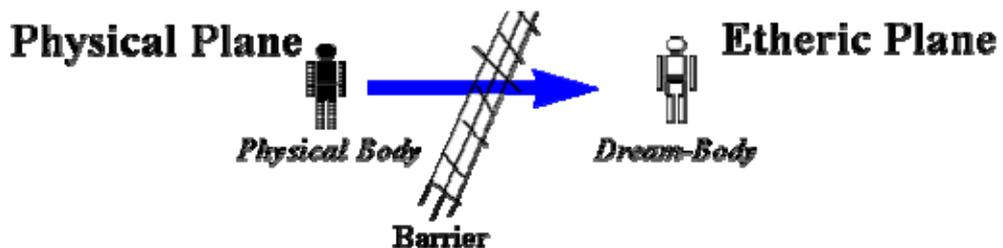
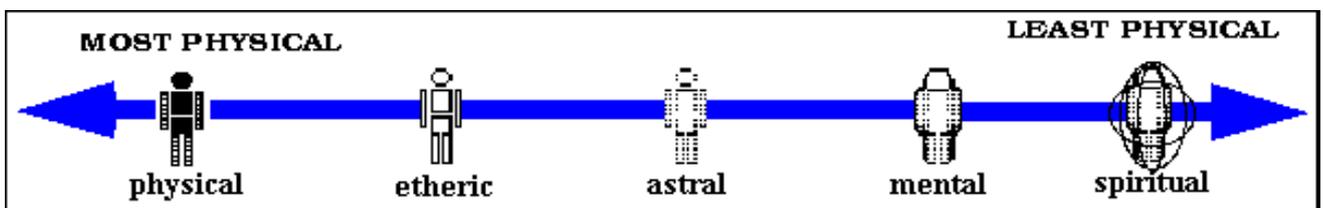
A study of the spirit writing transmissions of the following is most appropriate:

Book of Truths (James Padgett messages)	1914 – 1923	published by Joseph Babinsky
True Gospel Revealed Anew by Jesus Vol I, II, III, IV		published by Geoff Cutler
Revelations http://new-birth.net/revelation.htm	1954 – 1963	published by Dr Daniel Samuels
Judas of Kerieth (Judas Messages)	2001 – 2003	published by Geoff Cutler
The Richard Messages	2012 – 2013	James Reid
The Divine Universe	2012 – 2013	Zara Borthwick & Nicholas Arnold
Shining Toward Spirit Vol I, II, III	2014 – 2015	Zara Borthwick & Nicholas Arnold

Every member of the team may assume specific tasks. For example, in a group of fourteen members, there may be; 2 – 4 counselling mediums, 2 – 4 pass-givers, and 4 – 6 trance mediums.

Pass-givers and counsellors, in addition to their tasks, may also function as positive elements of protection and safety for the trance mediums whenever these are being utilised. It is important to understand that each member of the group could be compared to fluidic batteries or lamps. They may or may not be switched on to produce the effects of energy or light for the benefit of those who are in a state of spiritual darkness. This explains the need for all members of the group to maintain an elevated level of vibrations (soul condition), so that those who are spiritually ill (low soul condition) may open themselves to return to a state of equilibrium and discernment.

The incarnated components of the group must not give way to sleep during the disobsession work to avoid unnecessary out of body experiences. It is worth mentioning that in this type of work there should not be any mediumistic activities or experiments other than those related to the disobsession chore.



Spirit body with the physical body. We do not astral travel.

**The magic key to soul condition growth for spirit people:
Always look up and look for the brighter spirits, then always
ask them to tell you about the Feeling Healing process as well as
God's Divine Love and Divine Truth.**



Angels actually do not have wings.

21. VISITORS:

The disobsession work must not be viewed as a department for social favours, which although well intentioned, would not be harmonious with the task of spiritual assistance to be projected for the benefit of our disincarnate brothers and sisters, who are tormented by bitter difficulties.

However, there will be times when a fellow worker of the Christian-Spiritist enterprise may be granted permission to attend a meeting. They may should only be permitted access to oversee the work with a view to constructive observations. It is best, however, not to receive a great number of people at any one given time, so that the ambiance of the meeting does not suffer inopportune variations.

Such visits should only be allowed on infrequent occasions, and only under reasonable circumstances, in particular when their objective is the formation of similar type of activities. Before accepting the visitors into the meeting, it is important to consult the Spiritual Mentors of the group in deference and respect to the great responsibility they have undertaken to benefit the team. However, one should keep in mind that the guidelines for the Spiritist activities are all contained within the Spiritist doctrine itself, and not at the discretion of the disincarnate friends, not even the more enlightened ones.

Note that in such cases visitors do not need to be present for more than 3 or 4 meetings.

FF

Feelings first

22. JUSTIFIABLE ABSENCE:

Frequently, it is absolutely impossible for one or more workers to be present at the designated time. It may be due to:

- A trip that is impossible to postpone.
- A serious domestic problem.
- An unexpected professional requirement.
- Sudden illness.

In such circumstances, let the participant not overlook his obligations with regards to the disobsession task. He should, if at all possible, send a note to the director / leader of the group excusing himself, even if only a few hours or minutes prior to the meeting. By doing this, he will prevent possible disturbances which would otherwise affect the vibratory level of the group, creating apprehensions and unnecessary inquiries.

23. UNEXPECTED ARRIVAL of a SICK PERSON:

Sometimes without prior notification, an unexpected problem may arise in the form of the sudden arrival of a sick or obsessed individual at the meeting.

Whether they are adults or children, in such an instance it is important that the group promptly decides as to the right approach to the immediate situation.

In the majority of cases the sick person and those accompanying him may be allowed to remain in the room for a few moments during the initial phases of the work. At such occasions the director of the group may delegate someone to administer passes and give orientation, guiding them towards the appropriate avenue of assistance or enlightenment.

They may depart from the room as soon as this brief assistance has been administered.

This example includes those people suffering from some type of disturbing spiritual influence, or in the initial phases of obsession (attachment). To them the contact with an unhappy or truly perturbed Spirit without the necessary preparation is always inconvenient and damaging due to the susceptibility and negative suggestions they present in the limited state of consciousness (poor soul condition) in which they find themselves.

However, in consideration of the already established obsessive process, the group can and should receive the obsessed person, as well as those accompanying him, placing them in the seats available for visitors, where they may receive the necessary assistance.

24. The COUNSELOR MEDIUMS:

MEDIUM: Is the interpreter of the Spirits (disincarnate people). Although almost all people feel the influence of spirits, to either greater or lesser degree, this classification is only practically applicable to those people whose faculty shows itself clearly and with some intensity, producing well-marked results.

In the work team the counsellor mediums remain under the direction and inspiration of the Spiritual Mentors who are the ones who coordinate the rescue or assistance of the suffering disincarnates. These include the director / leader of the group and his assistants who are the ones more directly utilised by the Spiritual Benefactors to convey the teachings and to administer the necessary assistance.

Without a doubt, these companions have one of the most important tasks in the work.

Let us now review some of the fundamental duties included in their task:

1. They must pay close attention to the intuitions they may receive, so as to be able to register accurately the suggestions received from the Spiritual Benefactors who are directing the meeting;
2. Only touch the body of the medium in trance when extremely necessary;
3. Carefully study the cases of obsession that are presented to the team of trance mediums, with a view to identify those which may need to be treated in the field of psychiatry, so that the adequate and proper medical assistance may be sought;
4. Cultivate a tactful psychological approach in order to avoid violent actions or harsh words, although, avoiding systematic kindness, which may anaesthetize the mind without renewing it. They must be firmly convinced that it is essential to couple reason and genuine sentiment, compassion and logic, so that the verbal assistance may obtain or achieve its optimal, ultimate result;
5. Bar the presence of children in the disobsession work.

Other aspects of this particular function are referred in chapters 13, and 32 to 37.



Soul Spirit Body Physical Body

The etheric body is the spirit body.

The soul is the real you!

Now, your soul is half of your real self.



Our memory and intelligence are housed within our soul, our mind is housed within our spirit body, and our brain is within our physical body. Our soul animates the spirit body which in turn animates the physical body. It is the disconnection of the silver cord between the spirit body and the physical body that results in the death of the physical body. The spirit body, which looks much like the physical body, goes on living. Emotional injuries become blocked within our soul, such injuries are reflected through the spirit body and then into the physical body as illnesses.

25. MEDIUMISTIC TEAM: TRANCE MEDIUMS:

In the work of disobsession (removing attachments – namely attached spirit people) the trance mediums are those called upon to render physiological assistance to the suffering spirits, so that they may be helped. They are expected to maintain an attitude of positive faith based on the certainty that the Superior Spirituality carefully supervises their work. By understanding that no one is called upon to engage in a task of such great moral significance by accident, they will readily understand that it is on their positive passivity that the success of this enterprise of love and light and liberation depends and, into which they have been accepted.

Being aware of the prominent position they occupy as workers and mediums in the disobsession process, it is logical to expect them to pay close attention to certain points, which are essential to the success and safety of their activities:

1. Development of self-criticism.
2. Acceptance of their own mistakes in the mediumistic task in order to improve and perfect their channelling capacity.
3. Acknowledgement that the medium is the one responsible for the communication he transmits.
4. Avoid becoming offended by comments made by the counsellor or other companions, rather taking advantage of the opportunity to improve themselves and the work they are responsible for.
5. Attend solely to one group, thus avoiding the inconveniences that may arise from assuming obligations in various disobsession groups at the same time.
6. Exert complete control over one's self, so as to be able to accept or not the influence of

discarnate Spirits, including vetoing any obscene words or expressions that a communicating spirit may wish to utter through him or her.

7. Genuine intent to improve his own cultural and moral development.
8. Constantly pray for and receive God's Divine Love.
9. Constantly being aware of avoiding flattery while being thankful for the support and friendship of those who are encouraging one's self in the pursuit of his/her duties – humility.
10. Be able to discern the type of Spirits approaching him or her, whether through the impressions felt by the spirits' presence, his vocabulary, the magnetic emanations, or his general conduct.
11. Use of comfortable clothing, deliberately avoiding certain objects such as watches, pens, glasses, and jewellery.

26. MEDIUMISTIC TEAM: PASS GIVERS:

Amongst the providers of goodwill, which make up the team, one in particular stands out as being of significant importance: the pass-giver.

“Diligence and devotion”

“Vigilance and spontaneity”

The pass-givers will remain attentive to the need of their assistance during the meeting, in circumstances such as: a problem arising among his fellow workers; a trance medium that may become exhausted; the request from a visitor; and finally, the routine assistance in the final phase of the work.

The pass-givers will incorporate a routine in their eating habits and training, to be available and capable of contributing with their abilities to the work, which has been organised for the group in the service of assistance. The counsellor mediums may also assume the function of pass-givers, but not of trance mediums, so as not to become influenced by sickly Spirits.

This above mode of assistance is clearly designed by natural love spirits from the 4th and 6th sphere. Far greater assistance can be provided through Divine Love spirits from the 5th and 7th sphere, and most especially from Celestial Spirits who have progressed into the 8th sphere and higher. It is the enlightenment of troubled spirits who remain earthbound or find themselves in the lower regions of the 1st sphere, namely the hells, that the knowledge of and the asking for God's Divine Love and subsequent receiving of same that will result in the attachment being ended. It is also this same knowledge being provided to the living person that will enable the negative emotions to be dissolved and the attraction for such spirits being removed for ever.

FF

Feelings first

27. **BOOKS for the INITIAL STUDY:**

www.pascashealth.com

See list of books at end of this document, in addition, also consider the following:

Death & Dying series:

Pascas Care Death & Dying – Getting the Hell out of Here
 Pascas Care Healing & Recovery – Death & Dying
 Pascas Care Death & Dying – Always Karen
 Pascas Care Death & Dying – Journey
 Pascas Care Death & Dying – Post-Mortem Journal
 Pascas Care – Life in the World Unseen
 Pascas Care – Spheres 1 – 7
 Pascas Care – Spheres 1 – Infinity
 Pascas Care – Spheres and Exalted Teachers
 Pascas Care – Spheres are Close By
 Gift from God – Wisdom Teachings III – Prof. Joseph H. Salyards
 Gift from God – series regarding asking for and receiving Divine Love

Plus other recommended reading as outlined on the prior page.

Sources for book: www.lulu.com
www.amazon.com
www.bookdepository.com

Major reference is:

Book of Truths edited by Joseph Babinsky www.lulu.com
www.amazon.com

Healing & Recovery series:

Pascas Care Healing & Recovery – Assisting Healing
 Pascas Care Healing & Recovery – Health
 Pascas Care Healing & Recovery – Ageing Process
 Pascas Care Healing & Recovery – Alcoholism
 Pascas Care Healing & Recovery – Cancer
 Pascas Care Healing & Recovery – Depression
 Pascas Care Healing & Recovery – Death & Dying
 Pascas Care Healing & Recovery – Pain & Suffering
 Pascas Care Healing & Recovery – Losing Weight

Pascas Care other documents: (the list is extensive – this is a sample only)

Pascas Care Abortion & Miscarriage
 Pascas Care Lowest Cost Health Care Ever!
 Pascas Care Real You

Gift from God series: (the list is extensive – this is a sample only)

Gift from God – Natural or Divine
 Gift from God – Greatest Thing in all the Universe

PREPARATORY READING MATERIAL:

The study of the spiritist teachings prior to the meeting with our suffering disincarnate brothers and sisters creates and conducts us to a higher moral ambiance, favouring the mental affinity of the group in order to project loving fraternal assistance in the task ahead.

The group will avoid discussions around the topic studied, being aware that they must be in unison to receive the sick entities that are waiting in the meeting environment and who are usually anxiously waiting to receive comfort.

An opening prayer will initiate the pre-scheduled task.

28. INITIAL PRAYER:

The prayer at this moment requires only a minimum amount of time. We must remember that there are entities, in the meeting environment, who find themselves in a state of agony and in need of help, just as desperately ill person awaiting his medication. In many circumstances they have become linked with the minds of the trance mediums, even hours before the scheduled beginning of the meeting, thus altering his psychic state and even his physical state. Therefore, assistance should not be delayed.

MEDIUMSHIP for high spiritual truths may only become possible once Divine Love is received:

This ability to attract the higher spirits, however, does not enable the spirits to write messages through these mortals unless they have the mediumistic ability to remain passive and allow the spirit messages to pass through their brains as the pencil is manipulated.

<https://new-birth.net/samuels-messages/53-revelations/revelation-53-god-is-not-a-father-mother-god/>

I am glad to hear you state that you would not have been able to take the message on the attributes of God and man without having some of the Divine Love in your soul, and you are quite right in so stating, for such a message could not get across, or through, the brain of a medium in whom the Divine Love was wanting, and therefore I am happy that you realize the power which the Love in your soul has given you to take messages from me of this high order. And it is further proof that what you are receiving is not the creation of your own mind, although you may think it is, and that it comes from the spirit world and, in fact, from me, Jesus and, as I sign myself, Master of the Celestial Heavens.

<https://new-birth.net/samuels-messages/53-revelations/revelation-45-i-shall-put-enmity-between-the-serpent-and-the-seed-of-the-woman/>

You must realize that the most important and, I should say, the essential prerequisite in the ability to properly receive these messages is the possession of the Divine Love in your soul to the extent that you may take the messages in the way and in the terms which the spirits who are writing wish to convey, and for this reason the Divine Love is the means by which the proper rapport can be made.

<https://new-birth.net/samuels-messages/53-revelations/revelation-2-life-and-ministry-of-john-the-baptist-ntr10/>

The Only Prayer That Man Need Offer to the Father:

The Prayer for Divine Love

(as given within the first century)

2 Dec 1916

I am here, Jesus

<http://www.youtube.com/watch?v=Pg6p3rivAZw>

P.438 Book of Truths through James Padgett / Jesus

Let your prayer be as follows:

Our Father, who art in heaven, we recognize that You are all Holy and loving and merciful, and that we are Your children, and not the subservient, sinful and depraved creatures that our teachers of old would have us believe. That we are the greatest of Your creation, and the most wonderful of all Your handiworks, and the objects of Your great soul's love and Tenderest care.

That Your will is that we become at one with You, and partake of Your great love which You have bestowed upon us through Your mercy and desire that we become, in truth, Your children, through love, and not through the sacrifice and death of any one of Your creatures.

We pray that You will open up our souls to the inflowing of Your love, and that then may come Your Holy Spirit to bring into our souls this, Your love in great abundance, until our souls shall be transformed into the very essence of Yourself; and that there may come to us faith--such faith as will cause us to realize that we are truly Your children and one with You in very substance and not in image only.

Let us have such faith as will cause us to know that You are our Father, and the bestower of every good and perfect gift, and that only we, ourselves, can prevent Your love changing us from the mortal to the immortal.

Let us never cease to realize that Your love is waiting for each and all of us, and that when we come to You, in faith and earnest aspiration, Your love will never be with-held from us.

Keep us in the shadow of Your love every hour and moment of our lives, and help us to overcome all temptations of the flesh, and the influence of the powers of the evil ones, which so constantly surround us and endeavour to turn our thoughts away from You to the pleasures and allurements of this world.

We thank You for Your love and the privilege of receiving it, and we believe that You are our Father --the loving Father who smiles upon us in our weakness, and is always ready to help us and take us to Your arms of love.

We pray this with all the earnestness and longings of our souls, and trusting in Your love, give You all the glory and honour and love that our finite souls can give.

Amen

MoC



Note: The 'false teachers' are our parents, as they are also the 'evil ones'.

Also, the evil ones, being those parts of one's mind, that are controlling you.

Another version:

Our Father, who art in heaven, we recognize:

That Thou Art--art all holy and loving and merciful, and that we are the children of Thy care and not the subservient, sinful and depraved creatures that our false teachers would have us believe.

That we are the greatest of Thy creations and the most wonderful of all Thy handiwork, and that we are the objects of Thy great Soul's love and tenderest care.

That Thy will is that we become at one with Thee and partake of Thy great love which Thou hast bestowed upon us through Thy mercy and desire that we become, in truth, Thy children; and not through the sacrifice and death of any one of Thy creatures, even though the world thinks that one Thy equal and a part of Thy godhead.

That Thou will open up our souls to the inflowing of Thy love, and that then will come Thy holy spirit to bring into our souls, this, Thy love in great abundance until our souls may be transformed into the very essence of Thyself; and that there may come to us faith--such faith as will cause us to realize that we are truly Thy children and that we are one with Thee in very substance and not in image only.

Let us have such faith as will cause us to know that Thou art our Father and the bestower of every good and perfect gift, and that only we, ourselves, can prevent Thy love changing us from the mortal to the immortal.

Let us never cease to realize that Thy love is waiting for each and all of us, and that when we come to Thee with faith and earnest aspirations, Thy love will never be withholden from us.

Keep us in the shadow of Thy love every hour and moment of our lives, and help us to overcome all temptations of the flesh and the influence of the powers of the evil ones who so constantly surround us and endeavor to turn our thoughts away from Thee to the pleasures and allurements of this world.

We thank Thee for Thy love and for the possibility of receiving it, and believe that Thou art our Father--the loving Father who smiles upon us in our weakness, and is always ready to help us and take us to Thy arms of love.

We pray thus with all the earnestness and longings of our soul, and trusting in Thy love give Thee all the glory and honor and love that our finite souls can give.

A Personal Adaptation of the Prayer for God's Divine Love:

Joseph Babinsky

Our Father, who art in heaven, I recognise:

That You are holy and loving and kind, and that I am the child of Your care.

That I am the object of Your great Soul's love and tender most care.

That Your will is that I become at-one with You and partake of Your great love, which You have given me through Your desire that I become, in truth, Your child.

That You will open up my soul to the inflowing of Your love, and that then will come Your holy spirit to bring into my soul, this, Your great love in great abundance until my soul may be transformed into the very essence of Yourself; and that there may come to me faith – such faith as will cause me to realise that I am truly Your child and that I am one with You.

Let me have such faith as will cause me to know that You are my Father and the giver of every good and perfect gift, and that I only can hinder and stop the river of your inflowing love.

Let me never cease to realise that Your love is waiting for each and all of us, and that when anyone comes to You with faith and earnest aspirations, Your love will never be withheld.

Keep me in the shadow of Your love every hour and moment of my life, and help me to remain completely focused on this, your ever-present and unconditional love.

I thank You for Your love and for the possibility of receiving it, and believe that You are my Father – the loving Father Who smiles upon me always and is always ready to help me and take me to Your arms of love.

I pray this with all the earnestness and longings of my soul, and trusting in Your love give You all glory and honour and love.

The opening up of the soul permits a permanent exchange with Divinity, a permanent recharge of this healing energy that allows not only the re-establishment of lost health, but the continuity of health, providing such a perfect balance, even in the physical body, that noxious agents like bacteria and virus cannot find any opportunity to unchain pathological reactions, which we commonly call illness.

But it is true that people without the benefit of Divine Love would lack the protective shield, which the intrinsic healing energies of Divine Love provide for those who pray for our Heavenly Mother and Father's Grace.

Judas – August 19th, 2001

The Padgett Messages, received 1914 to 1923 and published in the Book of Truths, has now been extended with further session of messages having been received between 2012 and 2013, and titled “The DIVINE UNIVERSE” via Zara Borthwick and Nicholas Arnold.

The DIVINE UNIVERSE

79. *Prayer of the Heart*

16 October 2012

I encourage the heart that prays to the Father for the Divine Love. I encourage the heart that loves the Love, and with sincere aspiration, feels for the Love. If there be any doubt, loss of faith or hardship of heart, I encourage the heart not to give up or give the Love away. The Father hears your prayers and the heart be rest assured in this. Never will a good heart be forsaken. As the Father does so do I, see and hear your heart, and prayers for the Love and the needs for wellbeing. Never give your heart up; trust in the One who knows your true heart, and there the Father loves you. One may never fully understand the intricate workings of time, past present and future, but the heart knows faith and Love and the Father Loves a good heart. Pray with faith, and in your heart my truth and the Father’s Divine Love meet you there.

I have given you this prayer of the heart so that men and women may draw from its words, strength, love and faith

Your beloved friend and companion,

Note: Following the writings of James Moncrief, one could consider that any reference to the Father, by other relevant writers, may be read as a reference to ‘our Mother and Father’. Further, when considering soul healing, then reference to Divine Love could be referred to as ‘Feeling Healing with Divine Love’.

Whilst we are receiving our Heavenly Parents’ Divine Love, and that this Love is causing change within our soul and spirit attributes, the greatest Truth known to man and spirit is that this is the way our Mother and Father are actually loving us! When we progress, it is God’s way of loving us into love and then we live what we are, love.

The DIVINE UNIVERSE

300. *Prayer of Love and Strength*

2 February 2013

I am going to write the Prayer of Love and Strength that may help those with their endeavour of heart in the receipt of the Divine Love:

I pray that I may find the love and strength in my heart to love you more wholeheartedly. I pray that I may feel this strength as a living truth in my heart and soul as my weakness, due to my condition in my physical and material struggle, may not become a hardship that casts a long shadow over my day-to-day living in my faith in Divine Love. I pray that I will not give in to any negativity that surrounds me, or to the way that at times I cannot seem to be able to help or forgive myself for loosing faith in The One I love.

I pray that I am receiving Love, your Divine Love that is in great abundance and that my heart partakes of a small portion of this abundant Love. I ask that your Spirit, The Spirit, convey the Love into my soul as I have already been receiving into my soul your Divine Love. I pray that your Divine Love gives greater love and strength to my heart that I may continue in my prayer to receive this Immortal Love.

God, I love you with all my heart even if there be a shadow across my heart, and a lack of humility in my faith and on my behalf for I recognise that you can love me more perfectly and wholeheartedly than I can accept for myself.

God, I recognise that you are Soul and that I am a finite soul and that your Love and Spirit are true gifts for my heart and soul and that I need this Love that you have provided. I pray that from your Love, more finite love and strength in my faith and heart will enable me to love you even more. I recognise that I am doing my best in all that life has given and taken away from me and that in my resolve, my heart knows that your true Divine Love always remains with me and my faith in you. At times I have left you and left your side and wandered all over the place, lost in the shadows of life and in the near-sightedness of my eye and then, I pray for your Love and your Love fills my heart and my love and strength return and I accept that you are loving me at all times when I am lost and found. I give you all my gratitude, love and strength that my heart can give and I desire not to change the world or the spirit world accepting that your Divine Love will change my soul and in harmony together, I will try for a peaceful world.

I have provided you with the inspiration to give these words of love and strength that such words may help one in their experience of God's Love and Spirit.

Live true to your feelings, and you ARE living true, not only to your own soul, but also true to God's soul. So doing your Healing by honouring all your feelings, IS living the will of God. And being fully Healed, IS living even more truly the Will of your Mother and Father.

The DIVINE UNIVERSE

303. *The Immortal Prayer*

6 February 2013

For those of you who are strong, I will continue to sustain this strength because many of you who experience the Father's Divine Love require a great resolve and strength of heart not to give up on the Truth and not to be saddened by the apparent lack of interest in the most beautiful love that you feel and know to be true. I will never prevent myself from being with you, who sincerely desire the Divine Love and, with any feeling of being afraid, alone or insecure, I with my Celestial teachers are present supporting you. There is no shadow in the Divine Love and for those who are aware of this Love in faith love and spirit we celebrate the harmony of God's universe of Love and Spirit.

I pray for the Divine Love, the Immortal Love

Universal Soul God,

My Father, I love and accept you with my heart. I sincerely pray for your Love that will come by The Spirit and embrace my spirit body conveying your Divine Love into my soul. I humbly ask that you love me as I love you, and that you continue to love me when in those times I cannot love myself.

I ask that you give me the strength to voice my faith and love to you, and that you may love me in my weakness and in my strength. I know that I am a soul beautiful to you as you are to me, and that your Divine Love will be the arrival of Truth that my soul has truly longed for.

I pray that your Divine Love will be the arrival from which will announce the departure of my doubt and that such faith, love, strength will come to me that I will never doubt you again. And I will never stop loving you, in the sunrise and the sunset of each day in my life.

I recognise that you are the Source of the Divine Love and the origin of my soul. I recognise that I may have been lost to you but in truth I was never lost to you and now, I am gathering up all my love out of my lost-ness in great abundance because I am aware that your Divine Love is present for my soul and I am free to receive your Love and feel Its' breath of spirit declare in my heart the Immortal Harmony.

I am receiving your Love, I have received your Love, true Universal God, your Immortal Love.
Amen

FF

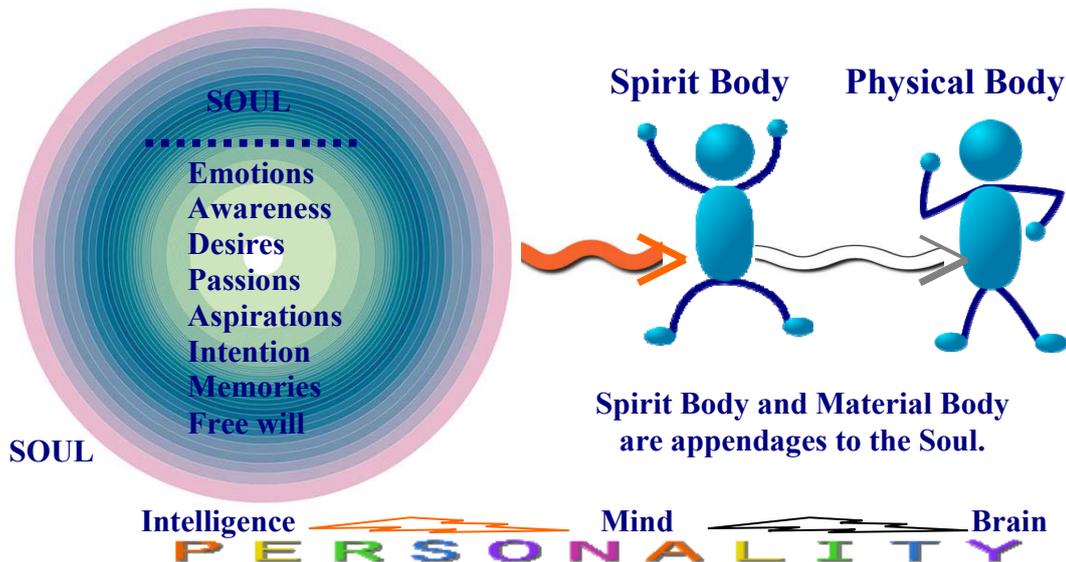
Feelings first

29. OPENING MESSAGE from the MENTOR:

After those present have reflected upon the initial prayer, either as a group, or privately individually, the director or leader and the mediums may wait for the manifestation of the Spiritual Mentor of the group, through the indicated trance medium.

This measure is necessary because there are particular problems and situations, directly related to the counselling and which are only visible to him. This spiritual friend, having the position of guidance of the group from within the upper spheres, will have the opportunity of addressing the team reminding them of incidental details involving the service, and answering a few occasional questions, which the incarnate leader of the group may wish to ask. He may also use this opportunity to give some advice or to propose certain measures.

This interchange in the early phase of the work is important for the harmonisation of the agents and factors related to the task at hand, even if the mentor uses the medium only for a short prayer, it will undoubtedly produce a tranquilising effect in all areas of the work to be encompassed.



**Our Personality is a feeling of God, thus creating our unaware Soul.
At conception, our unaware personality (soul) forms both a spiritual body
and physical body. Incarnation starts the road of self discovery, children
reflect parent's emotions. Parents attract us to incarnate.**

30. INQUIRIES to the MENTOR:

Once the meeting has begun, the director / leader may sometimes have the need to consult the spiritual benefactor regarding certain topics.

Frequently, it is the case of a friend who wishes to join the group, but who would not be admitted without a prior welcoming. On other occasions it may be an inquiry as to where the best place would be to put the occasional visitors, a request for medical or magnetic help to this or that member of the team, who may suddenly be in need of assistance. It may be a necessary and fair question related to problems

that may come up within the community of the group or a request for assistance on a situation arising under unpredictable circumstances.

On such occasions, the leader would wait until the mentor has finished with the brief initial instructions through the respective medium, and then proceed to formulate the inquiries, which he/she might consider to be necessary and opportune.

32 – 36. MANIFESTATION of NEEDY SPIRITS:

The manifestation of sick (poor soul condition) spirits may last typically from around an hour to an hour and a half, so that the meeting may not be prolonged for more than two hours, excluding the initial reading.

The unbalanced and suffering disincarnate Spirit utilises the trance medium, projecting him with his own deficiencies and anguish, thereby requiring the combination of kindness and self-confidence, humility and vigilance, on the part of the worker who converses with him.

Naturally we should view these manifesting visitors, as being sick persons to whom, each sentence pronounced should have a soothing and healing effect. It is obvious that it will not be possible to agree to all of his/her requests. However, it would not be reasonable to expect a normal understanding of things from him, which he may be far from comprehending.

God's Divine Love: Pray for it, ask for it, and receive it.

Let us view each suffering Spirit as if he was a very dear member of our family; thus finding an avenue through which we will be able to touch his heartstrings.

In this chapter and in the following ones, we will discuss some common attitudes of the trance mediums during a trance.

The counsellor mediums, through their conversation with the needy manifesting Spirit, should be able to deduce the gender to which the Spirit has belonged, so that a constructive conversation may be developed in an ideal psychological frame. Analyse without recriminations or feeling shocked, the problem related to unconscious animism or mystification that may occur. Do the best that they can with patience and kindness, to enlighten both the mediums and the Spirits involved in these obscure types of spiritual manifestations. Work within the team with the seriousness of one who effectively removes a disease from the body without compromising the other parts of the organism.

Do not yield to any temptation to argue or challenge the communicating entities, even going as far as sometimes giving reason to the unhappy spirits or obsessors, accepting that the true disobsession is not always achieved by the immediate removal of the obsessive agent. In most cases the separation between the obsessed person and the obsessor should be done gradually.

Also, whenever necessary, utilise positive hypnosis on the will of the communicating suffering Spirits.

(We are not here to impose our will on others.) Therefore, sleep therapy can be employed, so as to more readily lure them under the care and guardianship of the Spiritual Benefactors (bright spirits from higher spheres of love, typically Celestial Spirits) who are present there, by creating and projecting the mental images useful for the enlightenment of the suffering Spirit or by improvising positive thoughts, having in mind their mental re-education. It can also be suggested the idea of the production and administration of medicines, or of restraint measures for the security of the disincarnates least accessible to the assistance of the group.

During the course of mediumistic activities the counsellor should not induce the trance mediums to receive the disincarnate Spirits already present, by asking or by making suggestions to that end, being attentive to the fact that spontaneity is essential for the success of the manifestation of the Spirit.

The counsellors are to allow the suffering Spirits to express themselves through the trance mediums in a manner as freely and uninhibited as possible, provided that the safety of the mediums and the dignity of the ambiance are respected. They should also bear in mind that the manifestation should follow the discipline concerning the allotted time.

With regards to the mediums, whether they be counsellors or trance mediums, they should be very careful not to disturb their particular spiritual activities. When the mediums cultivate doubts or a suspicious attitude, incompatible with the charitable work they propose to do, they often miss great opportunities in the task of the disobsession, by favouring interference of perverse intelligences.

The mediums participating with any disobsession group, as occurs with every spiritist individual, are called upon more and more to honour their family and professional commitments, and to avoid every manifestation and attitude which may be susceptible of inducing them to fall into religious professionalism.

The leader of the group and the members of his/her team should understand that the enlightenment of the suffering disincarnates is comparable to a psychotherapy session, and that the meeting is similar to group therapy (individual therapy sessions can also be undertaken). It is his/her responsibility, whenever and as often as possible, the application of evangelical procedures. He/she must bear in mind that the essential part of the treatment is to reach the spirit's focus of interest, which holds him to certain fixed ideas. Therefore, in order to unlock his/her mental field, it is thus important to avoid any type of unnecessary discussions or digressions.

It is interesting to notice that there are trance mediums to whom the Spiritual Friends designate certain types of manifestations that correspond more closely to his/her individual tendencies, character, cultural and moral formation thus specialising their mediumistic faculties.

It is important not to mistake this type of work with the so-called animism (attribution of a living soul to inanimate objects and natural phenomena) or possible unconscious mystification.

The counsellor mediums are to remain attentive to the characteristics shown by the unbalanced spirits manifesting themselves. Amongst them there will frequently be those who are appearing for the first time as well as the systematic frequenters, the unhappy companions who are linked with the past of the members of the group / team and those who have just recently disincarnated and are completely

disoriented. There are those who have committed suicide and murders; cases of 'lycanthropy' and madness; criminals brought into the meeting of disobsession in order to improve themselves; brothers and sisters suffering from exoticism having recently disincarnate in foreign lands. We will also meet those addicted to sarcasm and playfulness, the conscious or unconscious vampires who are interested in concealing the truth, and an extensive number of needy Spirits found in all degrees of darkness and suffering that characterise the scale of ignorance and cruelty. (Lycanthropy – the illusion of transformation of a human being into an animal.)

It is very important to be aware that they all deserve understanding and adequate treatment, in accordance to the pain or problem they express, thus requiring patience, understanding, help, fraternal devotion, and most of all, love. Disobsession is not achieved without the exercise of reason. However, the proposed ends cannot be fulfilled without the deep foundations of empathy.

37. COUNSELLING:

The leader of the group will usually have one or two other members to assist him/her in the work of counselling and supportive re-education of the suffering disincarnates. He/she shall lead the counselling either by directly addressing the unhappy brothers and sisters manifesting through the trance mediums or by indicating one of the assistants for that.

The conversation is to be undertaken in a clear and logical manner but in edifying terms, without any trace of impatience or dislike for the manifesting Spirit, even where there is cause for dislike or amusement. The counselling will not be extended for too long as one must keep in mind that there are time restrictions and also, that other spirits are waiting to receive assistance. With few exceptions the counselling will not take longer than ten minutes.

If the communicating Spirit persists in enveloping himself in brazier or prolonged revolt or in clouds of complaints, thus remaining indifferent or obstinate, the leader or the assistant in charge will request the cooperation of the Spiritual Benefactors there present, to take the rebellious spirit to a spiritual organisation adequate for that particular case. In those situations the use of hypnosis will be beneficial, in order to serene the perturbed companion via the application of calming magnetic energies, thus assisting in his removal from the mediumistic field, in the same manner that a tranquiliser is administered person who is desperate, so that he may be more easily placed under adequate care.

FF

Feelings first

SPHERES in the SPIRITUAL REALMS.

Spheres – Celestial Heaven, Eternal Spheres, then Spheres of Paradise:
The realm of the Angels is the Celestial Heavens spheres 8 to infinity.



Spheres to infinity: Soulmate bonding can be achieved in most of the spheres. (Celestial Spheres are not numbered per se.)



Eighth Sphere: All emotional baggage of your entire history has been dealt with – born again. This is the point of new birth, being born again. Celestial Heavens 8 to infinity true immortality.

Seventh Sphere: The gateway cycle, perception of sacramental nature of all things. Disappearance of the material mind and the absolute ascendancy of the soul's mind has been achieved. Divine path.

Six Sphere: Cycle of light / love, love / light or unity. A purely intellectual area, increasing one's knowledge, while living life in absolute harmony with God's laws of spirituality. Natural path peak.

Fifth Sphere: Cycle of light or wisdom. All their earthly bonds are gone. We are in one of those soul spheres, which offer great opportunities for obtaining the Love of God.

Fourth Sphere: Work of 'atonement' as guides and spiritual healers now excel. As humanity's helpers, their work is a means for self-realization.

Third Sphere: Truth always told. An area where spirits progress in their awareness. In each sphere, there are many planes. Changing pathways requires dropping back to a lower path, then proceed.

Second Sphere: The sphere of decision which is much more spiritual but which was hidden and outside the range of their perceptions. Spirits can now choose the path they wish to follow – desires.

First Sphere: Cycle of awareness. There are vibrational love barriers between each of the spheres. Highest level of the Earth planes is the point of transition from materiality to the spiritual 2nd sphere. Summerland is the highest part of the Earth planes, but it is still a very material region. Children live in Summerland in great numbers, having died prematurely. Twilight zone, the most populated area in the spirit world, and starting point for most. Various hells descending progressively into greater degrees of darkness. All souls can be assisted out of these hells no matter what level they fall. At the deepest levels, the soul finds it extremely difficult to hold itself together. The hells are not fiery physical places. Actions are fear based.



The 2nd, 4th, 6th spirit spheres provide principally for mental and moral advancement, whereas, the 3rd, 5th, 7th soul spheres provide for the Feeling Healing process with Divine Love.

38. MENTAL COOPERATION:

While the counselling is being given to the suffering disincarnates, it is imperative that the assistants maintain elevated thoughts, thus lending support to the counselling being given by the leader or the assistant in charge at the time.

Thoughts in disagreement, cruelty, irony or scandal should not cross the minds of the team members at this moment.

Both, the person who is counselling the unfortunate brother, as well as the companions present at the meeting, will maintain sympathetic feelings of solidarity in their souls, as if they were rescuing a most beloved relative, so that the needy spirit may sense the genuine support in the counselling being administered.

It is necessary to understand that otherwise the service of assistance would suffer inevitable interference due to the absence of indispensable mental support.

The leader is to take the initiative to appeal for mental cooperation from the participants whenever it becomes necessary, concentrating the attention of whoever may have become distracted or indifferent. This happens because the group in action is comparable to a dynamo, whose engine in the form of mental current of fraternal help must circulate harmoniously if a proper service is to be rendered.

39 – 40. SIMULTANEOUS MANIFESTATIONS:

The trance mediums despite being sometimes under great pressure from afflicted entities whose suffering, although unknown to us are nonetheless deeply felt in the innermost fibres of their beings, will in spite of that educate themselves properly to control their mediumistic abilities. They will only render passivity or allow the manifestation of the restless entities when they perceive it to be an opportune moment for that. For this reason, it is not advisable to conduct simultaneous counselling to more than two needy entities, so that order is maintained in the meeting.

Even when the medium has achieved an advanced somnambulistic (sleep walk) state he can and must exercise self-control. Aided by a sense of observation and study, the medium will contribute to maintain the necessary discipline, thus providing a safe environment where he will be able to discharge his duties in the nursing work he is a part of.

Each medium may only be allowed to receive the manifestation of two entities per meeting. This will prevent a greater loss of energy, as well as successive or consecutive manifestations, which are in many aspects an inconvenience.

In no circumstance should the medium involved in the disobsession group distance himself from his team. He should understand that he is for the team very much like a vital organ in the body, and therefore, must fill his place so that the team can maintain its cohesion and be productive.

41. SPIRIT MENTOR'S INTERVENTION:

On certain occasions, in the middle of the meeting, there comes the manifestation of a disincarnate spirit in a state of absolute obstinacy.

The unbalanced state of the entity may coincide with an inopportune thought on the part of the medium, thereby establishing an even greater disharmony.

This happening may cause great inconvenience. Therefore, if it is convenient, the Spiritual Mentor will spontaneously manifest himself through the responsible medium, and take part in the counselling, either by talking to the communicating Spirit or to the medium through which the Spirit is manifesting itself. On the other hand, the group leader may request the assistance of the spiritual mentor if he deems it to be prudent, by asking him/her to manifest him/herself directly through the designated trance medium, so that the problem may be resolved.

42 – 43. MEDIUMS' ATTITUDE:

The trance mediums, as well as the counsellor, must not forget that the perturbed entity is there in the same condition as that of a sick person in the presence of a nurse.

In the task of spiritual assistance, the Benefactors and friends from the Higher Spheres, as well as the incarnate companions, such as the group leader and his team of counsellors, function in the group as the competent authorities in the healing process. However, the medium is the nurse, so to speak, who has been called upon to control the patient as well as he/she possibly can, thus preventing the Spirit from producing tumultuous manifestations or from using obscene words.

The trance medium must be thoroughly prepared for the function he is going to exercise, knowing perfectly well that he is not a mere puppet to be completely controlled by the disincarnate entities. Rather, he/she is the interpreter and the nurse, capable of assisting, to a degree, in the control and re-education of the rebellious Spirits who persist in practicing unloving actions. This understanding is important so that the leader may feel strengthened in his/her work of enlightenment and allow the team to be as productive as possible in the work of assistance.

Even when the medium is in a complete state of somnambulism, incapable of later remembering anything regarding the work of assistance he has been a part of; even when he is partially separated or disassociated from his physical body, he still has the means of controlling the physical senses which the communicating Spirit utilises. Therefore, he is capable of, with the help and guidance of the Spiritual Benefactors, controlling the manifestations.

Never say that this is impossible to achieve. Disobsession is a process of recovering balance and cure, and never of agitation and theatrics.

Therefore, it is good to remember that there are well-balanced trance mediums and there are still obsessed trance mediums. In any case, whenever a medium appears to be in a state of obsession, he will require personal spiritual assistance in the form of counselling, similar to that given to perturbed entities

also in need of help.

It is true that there are certain cases in which the trance medium is unable to restrain all the irregular and uncontrollable actions of the communicating Spirit, in the same way that it is not always possible for the nurse to stop all the eccentricities of the hospitalised patient. Nevertheless, even in those particular cases, the medium that is genuinely aware of his/her responsibility possesses enough resources to cooperate in the spiritual intervention being rendered by reducing the interferences to a minimum.

44. UNFORESEEN INDISPOSITION of the MEDIUM:

Every activity on Earth is understandably bound to the possibility of mistakes.

In the middle of a journey the car will often break down due to a failure in one of the engine parts.

The weaver's loom will come to a halt due to the wear and tear in one of its components.

In the task of disobsession there is always the possibility of a medium or other participant to be taken up by a sudden indisposition. This is particularly true in the case of a completely unpredictable organic dysfunction.

Whenever that happens, the indisposed worker will be seated outside the circle of activities, thus continuing to receive the benefit from the vibrations in the environment, unless, of course, the indisposition is such as to recommend an immediate departure.

45 – 49. MEDIUMSHIP EDUCATION:

While under the influence of or in the presence of unbalanced disincarnates, the medium should control any display of carelessness in relation to how he positions him/herself among his fellow workers. He/she must also have control over the use of his/her words and try to cooperate in the assistance to the suffering Spirits, by frustrating their attempts to scream and use inappropriate language.

Let the medium never forget that the location used for the task of disobsession is comparable to the intimacy of a respectable hospital.

The trance medium must never lose his/her self-control to the point of allowing a tumultuous outburst to disturb the atmosphere's vibration by throwing furniture or any other object around.

He/she should remember that he/she is not forced to accept inappropriate manifestations that may occur.

The Spiritual Mentors are at their post in the meeting, sustaining the harmony of the meeting and protecting the strength of all the working mediums, so that they may be able to perform their tasks in a clean, dignified manner.

An attitude that is totally inappropriate is to allow the communicating Spirit to give way to any

aggressive impulses.

It is absolutely imperative to prevent the perturbed manifesting entities from interrupting or interfering with the vibrational (loving) environment by way of knocks and noises, which the trance medium is empowered to control.

The trance medium should avoid under any circumstances and at any time during the meeting resting his head on his arms.

This position is conducive to sleep; it interrupts mental coordination, and it facilitates the opportunity of the very ill Spirits to induce the medium to a hypnotic state.

50. INTERFERENCE from ILL SPIRITS:

During the course of the manifestation of an unhappy Spirit, the interference of another unhappy or perturbed entity may occur, manifesting itself by way of the activities of another trance medium, who is still unable to properly control himself.

On such moments during the task of disobsession, the interrupting spirit may reach the point of provoking other members of the group by addressing them by name, with the intent of establishing a useless conversation with no enlightening value to anyone present.

The leader of the group may immediately take the appropriate measures, to avoid the tumult and disharmony, by asking an assistant to personally handle the situation without any delay. In this manner the disturbance will not worsen, thus compromising the order and safeguard of the group's efforts.

51. IRRADIATIONS:

At the end of the designated period for the work of disobsession the leader of the meeting is to request all members of the group to quietly send their love and tranquillity to all those who suffer. They are to then remain silent for two to four minutes in contemplation of sharing this love so that the leader as well as the other members of the group may join harmoniously formulating positive mental vibrations of love via a silent prayer or via positive thought waves.

Every thought is a wave of creative force. Therefore, thoughts of peace and fraternity sent out by the group form and create a wholesome environment. They radiate positive beneficial loving energy, which will supply the spiritual friends present with necessary resources to perform the diverse types of material aid, which are utilised for the benefit of the group, the Spirits already assisted, as well as other needy brothers and sisters also requiring spiritual aid at a distance.

A group member may say a prayer aloud, in which he/she will remember the needy disincarnates that have communicated on that night, the disincarnate Spirits who silently participated in the meeting, those that are sick in hospitals, as well as the brothers and sisters who are living in institutions of assistance in need of comfort and help.

52. PASSES:

PASS: (“*pass*”, laying on of hands). The donation of spiritual energies or vital fluids from a medium and/or spiritist source to a patient. Spiritist divides *passes* into three types: (1) *magnetic*, in which the energy sources is the medium; (2) *spiritual*, in which the energy sources is the Spirit; and (3) *mixed*, in which the source is both. Spiritists believe that, in practice, most passes are of the third type. (David J Hess – *Spirits and Scientists – Ideology, Spiritism and Brazilian Culture* – 1991 The Pennsylvania State University).

PASS-GIVER: The pass-giver is the person who administers the pass. To be a spiritist pass-giver is to have a task of great responsibility, for it is to help and to bless people in the name of God.

Once the silence permeates the room in preparation for the radiation as determined by the leader, the pass givers will assume their usual places. While maintaining their concentration on an elevated level, in an effort to secure the proper vibratory level (condition of love) in the environment to assist the suffering Spirits, they may give passes to all those present forming the group, whether they are mediums or not.

Such practice may be observed regularly as the work of disobsession necessitates the utilisation of energies of everyone present. The Spiritual Instructors are always available to replenish the energies that have been weakened, utilising the assistance of the pass givers who are willing helpers as magnetic instruments. This shall take place without unnecessary noise, so as not to interrupt the peace and solemn respect of the work area.

Apart from the above “passes”, the pass-givers should only attend a companion in need in exceptional circumstance, in an effort to avoid favouring personal idiosyncrasies and indiscipline.

53. UNPREDICTABLE CIRCUMSTANCES:

The group should be aware and able to cope with unpredictable circumstances.

There are external disturbances one should not pay attention to, such as inconvenient calls from people unable to understand the gravity of the work of assistance being developed in the disobsession meeting, a newcomer to the group, and who arrive late, etc. Also, party noises overheard from the neighbourhood and other infringements commonly produced by insects, animals, cars, etc.

There are however, disturbances occurring within the inner circle of the meeting; a common example would be someone’s sudden illness.

In those cases, the leader of the group may take the necessary measures to resolve the problem promptly.

54. CLOSING MESSAGE from the MENTOR:

As the end of the meeting approaches, the leader, after verifying that everything is in order, is to explain

that the activities have almost concluded and will beseech those present to maintain thoughts of peace and harmony, especially in order to benefit those in a state of suffering.

After that, he may ask the pass givers to render their task, asking everyone to maintain their quiet concentration so that the indicated medium can observe if the Spiritual Mentor of the group or any other disincarnate instructor wishes to manifest himself to transmit a positive message or make a useful comment for the benefit of the group. If the centre has a tape recorder, it is important that it be prepared and ready to record the possible message from the spiritual friend.

If the medium indicated for that task realises that the disincarnate instructor does not wish to give any message or instruction to the group, the medium is to communicate such to the leader, so that the latter may say a final prayer and conclude the meeting.

John of God (real name is Joao Teixeira De Faria), though he has received some Divine Love, does not understand the principals of Divine Love, and many times he is healing with the help of natural love spirits. But he also has a Divine Love spirit helping him heal, and the Divine Love spirit, which is one of the softest and gentlest spirits around him, will only heal when the person being healed wants to deal with the causal emotions. John of God does not understand why this most sensitive spirit around him actually comes to him under certain circumstances. The circumstances are that that spirit can connect through John of God to heal that person who is wanting to deal with their causes.



55. TAPE RECORDING the MESSAGE:

If there is the possibility of recording the final message, or any messages throughout the meeting, so that it may serve for the edification of all, the leader of the group may not neglect it, and is to designate someone to help in this regard.

He/she may assume person responsibility for the equipment to be used by the Spiritual Benefactor, carefully looking after the recordings, for he/she may know that each meeting's program may be performed without disturbances or omissions.

The group may listen attentively to the words of the friendly speaker, be it the leader of the centre or a medium from within the group.

Frequently the visiting Spirit, recommended by the Spiritual Mentor to give the final message, may not be a very enlightened spirit from within the spiritual spheres (spheres 1 – 6), but rather a companion

who may have recently been growing in love, and who is willing to relate his/her own experiences, which are as a rule filled with painful memories. The objective of such an experience may be to comfort or enlighten.

Whatever the case may be, the visiting Spirit's message may be held in high regard and with respect, notwithstanding grammatical errors in the transmitted message, one should look for the meaning, logic, true significance and its guidance.

Should the members of the team be aspiring to receive Divine Love, then the spiritual guidance will come from Divine Love Spirits and the Spiritual Benefactor will most likely be a spirit person from within the Celestial Spheres being spheres 7 and higher. Alternatively, the guidance will come from Natural Love spirits who are from within spheres 1 to 6.

56. FINAL PRAYER:

The final prayer of the meeting may be short and simple.

God's Divine Love: Pray for it, ask for it, and receive it.

57. CLOSING:

At the end of the prayer, with a brief sentence, the leader may finish the meeting.

It may be useful to note that the meeting may be concluded before the two hour period following the initial prayer, but one should avoid going beyond.

58. CONVERSATION AFTER the MEETING:

It is natural that once the meeting is over, the members of the team may feel like sharing their thoughts in a constructive conversation. If the happiness one feels with the knowledge of one's task fulfilled is not present among the members, then there must be something wrong within the team, this needs to be addressed.

In the happiness of socialising and comforting feelings of well being, produced by the acknowledgement of a duty nobly served, the opportunity to talk around a cup of refreshing tea or while waiting for transportation to arrive may present itself. However, let our conversation reflect goodness and optimism. It is important that the conversation does not take a negative tone.

If one of the suffering spirits had uttered reproachful concepts, or if one of the mediums has not been able to perform his/her duty well, it is important to avoid reproaches, criticism, jokes or sarcastic comments.

We must realise that the team that is involved in the task of disobsession develops and improves with

time and work, as any other productive enterprise. **Any belittling comment, highlighting deficiencies and errors, is a hindrance in the progress and consolidation of righteousness.**

59. LISTENING to TAPE RECORDED MESSAGES:

Whenever it is convenient, either at the end of the meeting, or some time during the followings days, it is advisable that those working with disobsession should again listen to the instructive messages given at the end of the meeting, should they have been recorded on tape. One should seek the essence and orientation given in the communication. On the other hand, one should avoid divulging it without prior review.

One should remember that it is at home that the incarnated person receive his first instructions. The human being receives unforgettable councils and lessons from his parents and relatives; however, not all of them are suitable for publication. Nobody would think of releasing to the press personal maternal suggestions, even though it is known that a mother's advice is always precious for the child it has been attracted to.

In the case of messages destined to be published, the leader of the group may need to scrutinise them carefully, recruiting people for this task who are familiar with guidelines, as well as with intellectual works, and thus, have enough authority to express an opinion about the material. Even if it contains respectable moral teachings, it must also be confirmed that the said material does not coincide literally with one or other Spiritist publication, whether it was received through mediumship or not, and which is already well known.

Consideration of calibrating the contents of the messages by using kinesiology muscle testing in conjunction with Dr David R Hawkins' 'Map of Consciousness' scale is a valid way for determination of the level of truth and love of the messages. Detailed analysis can be achieved with this tool.

60. CONSTRUCTIVE STUDY of MEDIUMISTIC ACTIVITIES:

Whenever possible, at the end of the meeting, it is important that the leader, the participants, the trance mediums, and other members of the group analyse the communications received, pointing out all the vulnerable points of the messages, and therefore benefiting the group with further learning.

The fraternal and constructive observations during this study will serve to alert the mediums to attitudes that should be avoided, and remind those in charge of the counselling of minor improper attitudes or words that they should not repeat.

This attitude, accompanied by the reciprocal kindness that we should have towards one another, will result in all the members of the group accepting their own responsibility in continuing to study in order to maintain the efficiency of the group.

If the counselling mediums judge it convenient to call the attention of one or other trance medium regarding a certain point of the spiritual service, the former will speak to the other in private, thus

avoiding any embarrassment. We stress that the trance mediums themselves, once liberated from obsessive influences, are the first to feel joy with the honest analysis of their efforts.

61. UPON DEPARTING:

The members of the group will leave the room in the same discreet manner they observed when arriving.

Yells, loud laughter, malicious references and dirty jokes will be avoided.

The work of disobsession requires the same tranquillity and respect one should have in a mental hospital.

The workers of this field of love should consider that very often, they are being followed and observed by many sickly (poor soul condition) disincarnates, which have listened with interest to their admonitions and teachings during the course of the meeting. Therefore, it would be counterproductive, as well as undesirable, any attitude or comments on the part of the workers of the spiritual assistance which may in their carelessness, destroy the moral values they themselves have introduced in the conscience and in the will of the Spirits who have benefited from the meeting.

62. CONVERSATIONS at HOME:

On returning home, it is convenient that those who are in the service of disobsession avoid any unpleasant comments related to the communications, influences, phenomena, or revelations received during the meeting.

If the communication spirits mention unhappy problems, such as crimes, offences, resentments, or other faults, we must remember that the work of disobsession is a work of liberation from the spiritual shadows, and there is no liberation from the shadows without forgetting evil.

Comments about any manifestation or depressing aspects of the spiritual assistance just concluded establishes magnetic attractions, creating mental currents of action and reaction between the ones making the comments and those referred to. It is totally inadvisable to refer to evil, as it works as an invisible scalpel unnecessarily stirring the mental wounds of the sick disincarnates that have been assisted during the meeting. This behaviour may drive them from the peace in which they have been placed into a new syndrome of anguish.

However, it does not mean that the counsellor, trance mediums, or other companions should be prevented from analysing certain aspects of the communications or the fluidic presence of certain suffering entities among themselves in their inner circle. They will analyse them with the objective of constructive study in order to add to that or effect a wholesome change, just as specialists meet and have discreet discussions in a symposium (meeting or conference).

63. ASSIDUITY:

Assiduity (close or constant attention) is a lesson that we observe daily in the school of nature.

Farmers enrich the cellars of humanity by trusting in the punctuality of the seasons.

In disobsession, in order to accomplish the objective of liberating and comforting the suffering, it is required to have loyalty to the commitments assumed.

During the week, let us learn how to avoid the obstacles that will probably arise at the day and time scheduled for the spiritual rescue of the unhappy disincarnates.

Let us review our agenda and be mindful of the responsibilities that the Spiritual Mentors placed in our hands and to which we should not fail to respond.

It is only natural that the unjustified absence of a member for three consecutive meetings could be answered with his or her substitution.

64. BENEFITS of the TASK of DISOBSESSION:

We would be greatly mistaken if we were to think that the work of disobsession only benefited disincarnate spirits still living in mental darkness.

These activities benefit the disincarnate spirits and us, as well as those who share our physical experiences, whether it is at home or elsewhere, and even in other places where we may exert some influence upon those around us.

Meetings dedicated to disobsession quite often constitute difficult work. In many circumstances they appear monotonous, not only due to the frequent repetition of similar manifestations, but because the same entities which are in a chronic state of rebellion and arrogance are attracted to them for long periods of time. This situation should not, and must not discourage those working on this type of service. No incarnate researcher on Earth is in condition to evaluate the benefits that result from the disobsession endeavour when practiced correctly.

We all have enemies, and due to the state of evolvment in which we still find ourselves, we attract less evolved entities (co-dependent or matching emotional injuries), which adapt to our mental vibrational pattern (soul condition), often involuntarily affecting our will and our possibilities of taking full advantage of the life and the time we have.

The work of disobsession is, therefore, a special type of moral and loving medicine that acts upon us by refreshing and purifying our mental capacity, immunising us against the dangers of becoming alienated and establishing unknown advantages to us, within us, and around us in such an extensive manner that at the present time we are not capable of comprehending. Through their endeavour, our imaginary illnesses, unknown impediments, and difficulties disappear. In addition, with this spiritual assistance we attain a better understanding of life, an invaluable moral enlightenment inducing us to be more loving,

selfless and understanding toward our fellow man.

65. MEETINGS of the COUNSELLOR MEDIUMS:

The counsellor mediums should not neglect the need for mutual understanding and constant study related to their particular activity.

Therefore, they will meet periodically, or whenever possible to exchange information according to the Spiritist doctrine. They may on these occasions analyse specific topics related to the work, or present plans with the objective of improving and progressing the group.

Such meetings are rather necessary, so that minor problems present in the functioning of the work may be sorted out and the necessary measures may be taken for the benefit of the ongoing work. These modifications, in the form of a doctrinal re-strengthening, also constitute the means of a secure and direct action on the part of the Spiritual Mentors of the group, to take certain actions or inspire advice needed for the equilibrium and good performance of the group.

The counsellor mediums should not overlook that at the end of each meeting of disobsession, there are usually questions and items left unanswered which are related to the task, and which given time to meditate upon, will need to be analysed for the benefit of the group.

66. MEDIUMSHIP STUDIES:

It is necessary for the group to have meetings, especially for the study of mediumship.

Those meetings should be held at a day and time other than that scheduled for the disobsession work. The counsellor and other companions are required to listen to the trance mediums of the group, observe their queries and impressions in order to resolve any problems that may arise from the use of their mediumistic faculties, as well as respond to any other questions that arise in accordance with the spiritist principles.

The systematic study of *The Mediums' Book*, by Allan Kardec, and all the other respectable works related to mediumship are advisable.

The disincarnate benefactors and familiar Spirits are always studying in order to become even more useful in their role as educators and comforters of the earthly humanity. It is thus necessary that the incarnate workers do likewise.

67. SPECIAL MEDIUMISTIC MEETINGS:

In certain circumstances it may become necessary to call for a special mediumistic meeting to address an important need.

On those occasions they may be held as an additional meeting without causing interruption to the usual meeting. Before that happens it is imperative that the Spiritual Mentor of the group may give specific instruction in this regard.

At other times, the group itself, via the leader may propose to the Spiritual Mentor the realisation of such a meeting in order to conclude a certain task of spiritual assistance considered urgent.

68. VISITING the SICK:

Sometimes the team dedicated to disobsession is called upon to attend a sick person who is unable to leave home.

There is no doubt that the visit should take place whenever it is possible to do so. However, it is advisable that the group be represented by a commission of members who goes to see the infirmed individual.

This small group will make a note of the address of the sick person so that the group may assist him/her in whatever way possible.

During the visit, the team must avoid mediumistic activities of any type in the presence of the sick person, reserving the counselling and rescue of the disincarnates to the meeting specially designated for these tasks.

69. VISITS to HOSPITALS:

A group dedicated to the work of disobsession is constantly called upon to be of service to others. Among the many requests for their service, there are requests to visit hospitals.

Considering the possibility of attending to the request, it is important that the team be represented by members able to accomplish this task in an effective manner. That is, by maintaining, while in contact with the sick person or persons, a positive and reassuring attitude, without being too impressionable and without untimely mediumistic manifestation, which, in so many cases, disturbed spirits take advantage of in order to aggravate even further the symptoms and perturbation of the demented or sick brothers and sisters whom they are affecting by way of an obsessive process.

The commission representing the group will take note of the names and addresses of those being visited, to be able to aid them whenever possible. It will restrict the amount of information given regarding obsession when conversing with those who are not yet familiar with the spiritist teachings so that the beneficial orientation may be implemented into their minds slowly but surely.

It is important to observe that the trance mediums will be able to help more efficiently if they personally know the sick person who asks for help (you can consider then that you have permission to assist), and that the counsellor mediums will greatly benefit, by visiting establishments dedicated to the cure of mental disturbances, thus learning the art of talking to the perturbed Spirits in the way that caring nurses

talk to difficult patients. It is also important that the team of workers respect the regulations of the institutions they are visiting, so that they do not disrespect their principles.

70. HOME READING:

Team members working with disobsession need to understand the need to cultivate their understandings whilst at home.

At least once a week, it is very rewarding that one should get together with families and friends and explore aspects of spiritualism and the interconnectivity that prevails.

In addition to the disincarnate companions who may be found in the home or near it, there are also other spiritual brothers and sisters stripped of their physical envelope, especially those who have already benefited from the spiritual assistance of the group, and who receive aid and lessons, comfort and enlightenment from the spiritist study and prayer in the home.

Reading and discussing at home is equivalent to a lamp shining onto the work of assistance and spiritual enlightenment.

71. ASSISTANCE ACTIVITY:

Another aspect of the work, which should not be overlooked by the workers of disobsession, is the assistance to the needy.

Suffering or misguided entities, to whom the enlightening words are directed in the meeting of spiritual rescue, do in many cases accompany those who exhort them to the pathway of patience and charity observing their example.

The assistance to those in need, in providing them with food or clothes, financial and health support, passes or teachings in benefit to those who are undergoing greater trials than ours, is not only our duty, but also a valuable course of experiences and educational lessons to us and everyone else.

Therefore, it is impossible to forget that our brothers and sisters in a state of revolt and despair, who hear our appeal for their self improvement and return to love, are not transformed merely by the strength of our words, but above all, by the moral and loving examples of our actions when our teaching are mirrored by our actions.

72. EXTRA STUDIES:

It is important that workers of disobsession do not confine themselves with regard to spiritist activities, only to activities of the group.

In order to enrich their own group with the necessary resources for their general education, and the

enlightenment of each worker, it is necessary that they accept to undertake noble studies, whatever they may be, either within or outside the spiritist platforms. Therefore, each one may progress in understanding and usefulness in their work of regeneration, thus strengthening convictions and eliminating uncertainties.

“To learn always and to know even more”, is the motto of every spiritist who dedicates himself or herself to the elevated principles that they enfold. And, in the task of disobsession it is necessary that we grow in knowledge and experience, so that the spiritist support spirit people may find in us a malleable and useful instrument in the development of goodness and love, which they propose to assist with the cultivation and development. We all have free will.

73. **FORMATION of OTHER GROUPS:**

The group collaborators in the task of disobsession will gradually increase in number due to the characteristic nature of the work. However, new members may not be admitted without the needed training and self training, which mainly can be acquired by participating in meetings as well as via reading material.

When the number of participants grows beyond fourteen (optimum maximum of any team), the leader of the centre may assist the extra members to create a new team, which may temporarily work and serve under the guidance of the group in which it has originated.

The new group may, in this way, be able to count with sound instructions in order to consolidate itself, as a sound piece of equipment whose parts will become more adjusted; falling into its proper place, distributing fruits of fraternity and enlightenment, aiding those who suffer, because in every aspect, productivity of service is the basis of the work.

The redeeming task of disobsession will be carried out by those with a heart determined to help friends who have fallen into mental disorientation and conflicts after death, and also for those still on Earth, but who are suffering from painful processes of obsession, whether they are aware of it or not. Only love and patience provide the necessary strength and understanding to withstand this task of liberation to the end. This is because the torments of obsession go hand in hand with ignorance, and if only schooling can dissipate the shadows of ignorance, only disobsession will be able to eliminate the shadows of the spirit.

(The above is in reference to the time before 22 March 2017)

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DIVINE LOVE – what does it do?

The divine gift from asking for and receiving Divine Love will steadily, but with certainty, raise one's quality of life and also of all those around such a person who is seeking and receiving this Love.

The receiving of Divine Love, which is a substance, with certainty, progressively:

- Raises one's love for those around them, whilst embracing one's Feeling Healing.
- Raises one's perception of all things – naturally grows one's intelligence – soul intelligence.
- Enables one to feel and resolve negative emotional issues more readily during Feeling Healing.
- Humility becomes self evident. Humility enables one to feel their errors and emotions.
- Divine Love strengthens one's resolve to express errors, emotional injuries and untruths.
- Divine Love with Feeling Healing to remove emotional errors, enhances one's health.
- Divine Love enables one to become more childlike – not adult serious at all times.
- Divine Love raises one's capability of feeling – no longer needing to be mind controlling.
- By becoming feeling orientated, one no longer is mind / intellectually dominated.
- The strength to fight and overcome sin and error is strengthened through the Divine Love.
- The Law of Compensation process is more resolved by Feeling Healing with Divine Love.
- Receipt of Divine Love grows one's faith, beliefs become faith and then knowing.
- As our faith grows our intensity to ask and then receive Divine Love grows.
- We begin to follow our passions and desires, no longer fear and mind driven.
- Truth being told at all times then progressively becomes a way of life.
- Our quality of life blossoms, our finances and relationships prosper.
- Man creates his own environment, seeking Divine Love can vastly improve one's environment.
- Health carers receiving Divine Love enhance healing outcomes beyond comprehension.
- Receiving Divine Love may assist in bringing a struggling marriage back into harmony.
- You progressively become dependent upon our Heavenly Parents, not self dependent.
- Personal growth in love directly assists the soul condition growth of one's children.
- Divine Love assists one's rate of soul condition to progress whilst embracing Feeling Healing.
- Divine Love is a substance that changes the human soul to that of the Divine.
- Without Divine Love, one cannot progress into the Celestial Spheres (8th sphere and higher).
- Divine Love, with Feeling Healing, enables everlasting Love and Life in the Celestial Heavens.

“The Law of Compensation doesn't operate on isolated actions, but on the overall condition of people's souls, because the deeds are the consequence of this condition. Our behaviour is the reflection of our souls. Never see isolated deeds, always see souls whose condition leads to certain deeds. It is the soul condition which determines the motive and consequently the action. It is our lack of trust in God, this ultimate and definitive trust, which only soul development may give us. This lack is why we suffer.”

Judas of Kerioth 5th October 2001

As you grow in love, illness issues abate, financial security improves, and your treatment of your fellow man is the same as how you would like to be treated. You grow in natural intelligence, your perception on many subjects becomes profoundly more loving and supportive of and for your way of life and how you interact with your fellow man.

This quality of life and love permeates and extends into every facet of your physical life and continues to grow as you progress on your journey within the spirit world.

Your capabilities to ask for and receive Divine Love is a gift between you and your creator, God. You do not need an intermediary, nor do you need to join with any organisation. This is your own personal journey and experience. You can share this with others, but no one can take it away from you.

This Love will elevate the human soul to a condition that it may perceive the spiritual truths which God has waiting to be revealed to His children who aspire to understand the nature of the divine and what their true relationship to Him and their family of souls is.

“Keep faith with God, and be open to Their Love, and you will overcome with confidence and, indeed, peace of mind, optimism and happiness, those circumstances that seem to mar the fulfillment of your years.” Mary (mother)

Natural Love Flow

Natural love is Creation's love;

One can swap back and forwards between paths

I am God

Intellectual

Self reliant (trust myself)

Self-determination way of life

Mind dominates

Adult like

Control

Millions of paths (man created)

Peak possibility is 6th sphere

time to complete path:

100 years to over 1,000 years

Divine Love Flow

Divine Love is Soul's love.

I am God's son / daughter / child

Emotional

God reliant (God relationship)

Soul-spirit living harmony

Soul dominates

Child like

Feeling

Defined path (God created)

Peak possibility is infinity

(sphere / mansion world are same)

5 years to over 10 years to at-onement

‘The difference between what are regarded as two paths, the Natural Love Path and the Divine Love Path, is, essentially, the amount of Divine Love that beings have been able to acquire.’

Quote from Celestial Spirit Richard 22 Dec 2012





Oliver Twist asked:
Please sir, I want some more!

Maybe we should simply ask:
*Please Mother and Father, I want
some more!*

God's Divine Love: Pray for it, ask for it, and receive it.

Long and pray for Divine Love and it will loosen the errors / injuries / unhealed / denied trapped and/or inherited emotions, resulting in a flowing out of these negative embellishments within one's soul as Divine Love flows in – Divine Love being the greatest gift in all the universe.

Everyone of us have unexperienced childhood emotions that we have frozen in time inside of us, because we were not allowed to express them at the time we had them.

You think, how many of us were allowed to cry completely, to completely cry right the way through. How many of us were told if you cry anymore, I will give you something to cry about. Don't you think that shut down the crying?

The threat of punishment is going to shut down the crying.

That is a childhood emotion frozen in time. Every time I wanted to cry, I had to pass through this intellectual filter, 'I'll get punished if I cry too much.' So I only cried a little, enough I could get away with, but not too much.

The problem is that there might have been an event, like breaking my leg, and I needed to cry for an hour or more, but I was only allowed to cry for five minutes.

So what is happening to the energy of the other fifty five minutes?

It is all suppressed, it is all inside of yourself,
it is all within your soul waiting to come out.

Everything that you have suppressed is based around a fear that is under the control of your free will. All you have to do is address your fear and the suppressed memories will automatically appear.



FF

Feelings first

It is your soul condition that creates change, not your intellectual condition.

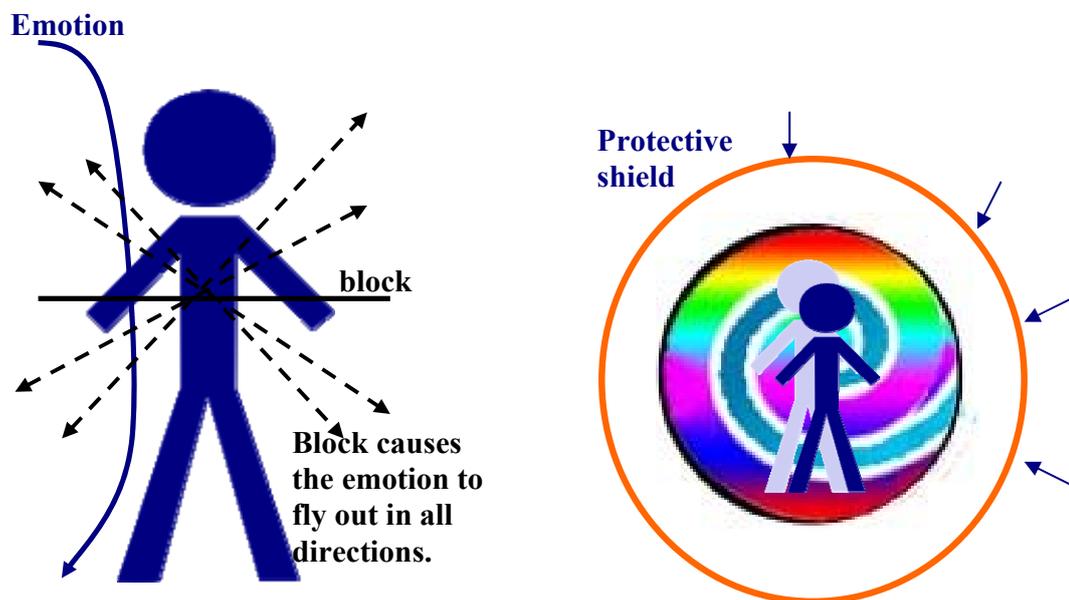
The body is an appendage for the soul to express itself.

Love has more power than fear.

If you are a drunkard here on Earth, you pass. Why were you drinking? Due to an emotional pain of some kind that you were trying to mask with alcohol. Your drinking was for that purpose. You pass and there is no alcohol. What would you do? You still want to mask the emotional pain. So you attach to somebody who drinks. So many of these people / spirits surround pubs and all these places waiting for a person (in the physical) to take their first drink, and when they do, they can connect to them, and the spirits just keep them there. Now this is why, now a days, you have people who keep on drinking and they are totally unconscious of what they are saying anymore. You can talk to them and they can speak to you. You ask them what happened the next day and they have no recollection whatsoever. Spirits with similar emotions do connect to us, however, they can do you no harm, nor do they cause you to do anything other than what you intend to do.



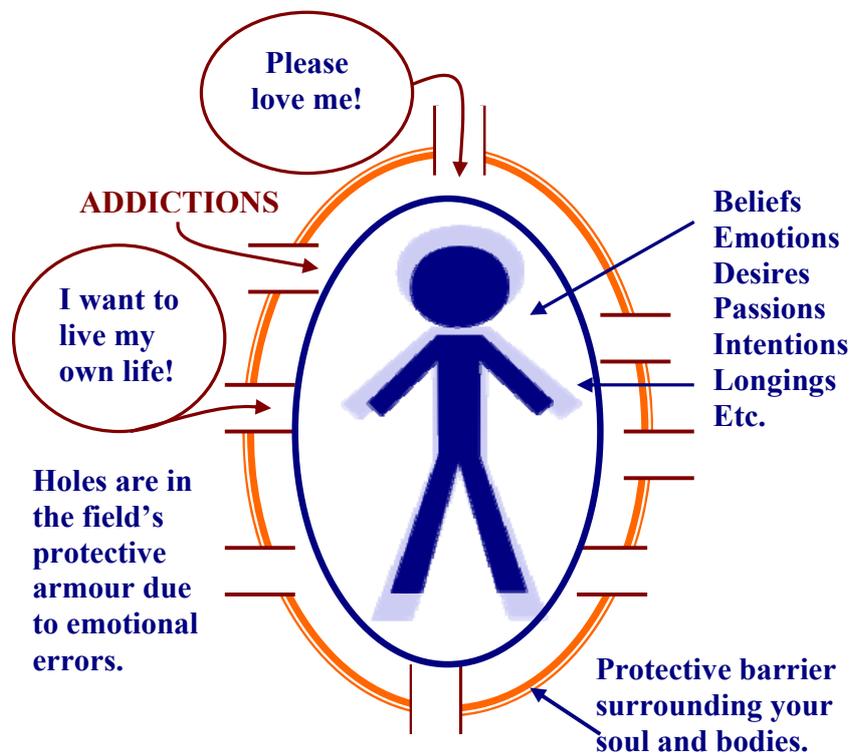
By releasing your emotions, this may generally help the spirits surrounding you.



This is what happens to our soul when we refuse to deal with our emotions. Everything around us starts dying, everything is affected negatively around us.

Every time you get frustrated and angry, you are affecting every thing around you, not only yourself, you are affecting every living thing as well as every non living thing around you.

What needs to be dealt with is our emotion.



The effect emotion – addiction – I feel unloved!

These addictions become these hooks into the world around you.

There is no justification for unloving behaviour.

Loving emotions protect us.

Unloving emotions harm us, and those around me.

Doubt is a huge unloving emotion.

Doubt causes indecision – indecision is easy to manipulate.

**Imagine if you are indecisive morally!
~ sexually attractive people – hmm!**

Fear – if you were willing to speak up in truth – also here truth.

Fear becomes a tool to easily manipulate.

Our spirit body reflects every unloving action we take which then emerges in the physical body. The body takes some days to reflect the emotional change – positive or / and negative.

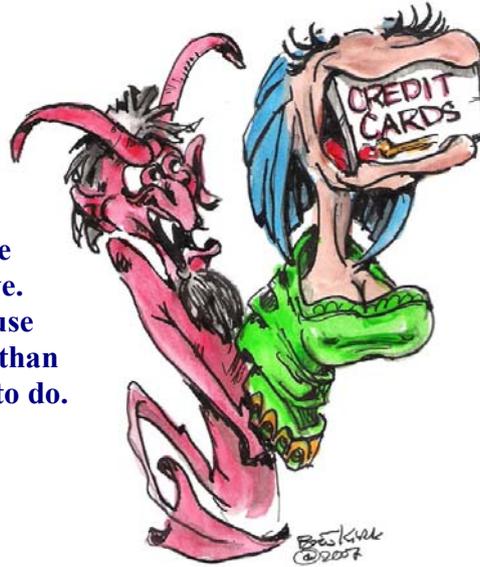
**Alice in Wonderland:
Little doors open into wonderland.**



**This is why the child may be born screaming.
This is avoidable if the parents processed their emotions..**



Rage – easy to manipulate from the spirit perspective. However, they cannot cause you to do anything other than what you already intend to do.



**“Keep me in the shadow of Your love every hour and moment of my life.”
From the Prayer for Divine Love.**

1. Stay in the shadow / light of love and truth.

Emotions levels:

- a. how others are unloving to others
- b. how others are unloving to me
- c. how I am unloving to me
- d. how I am unloving to others



Majority of problems is to stay in love, e.g., blame.

Fear – is saying to yourself that you don’t want to act.

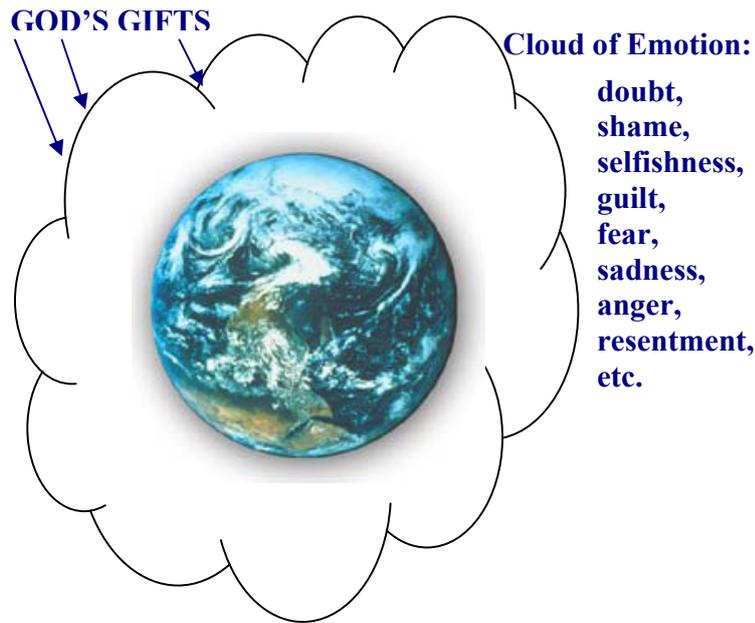
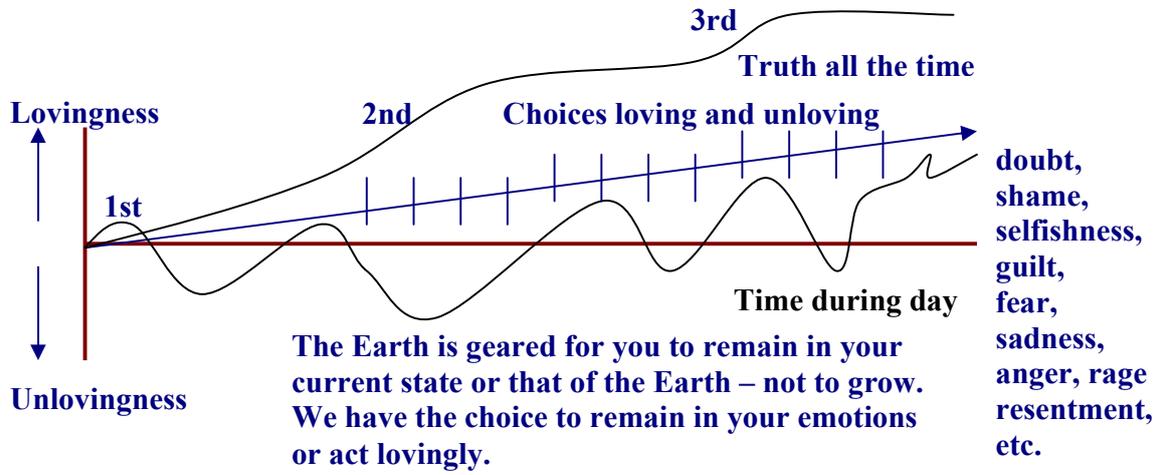
Fear – false expectations appearing real.

Fear – being afraid of action.

PRAYER for DIVINE LOVE:

“Keep us in the shadow of Your love every hour and moment of our lives, and help us to overcome all temptations of the flesh, and the influence of the powers of the evil ones, which so constantly surround us and endeavour to turn our thoughts away from You to the pleasures and allurements of this world.”

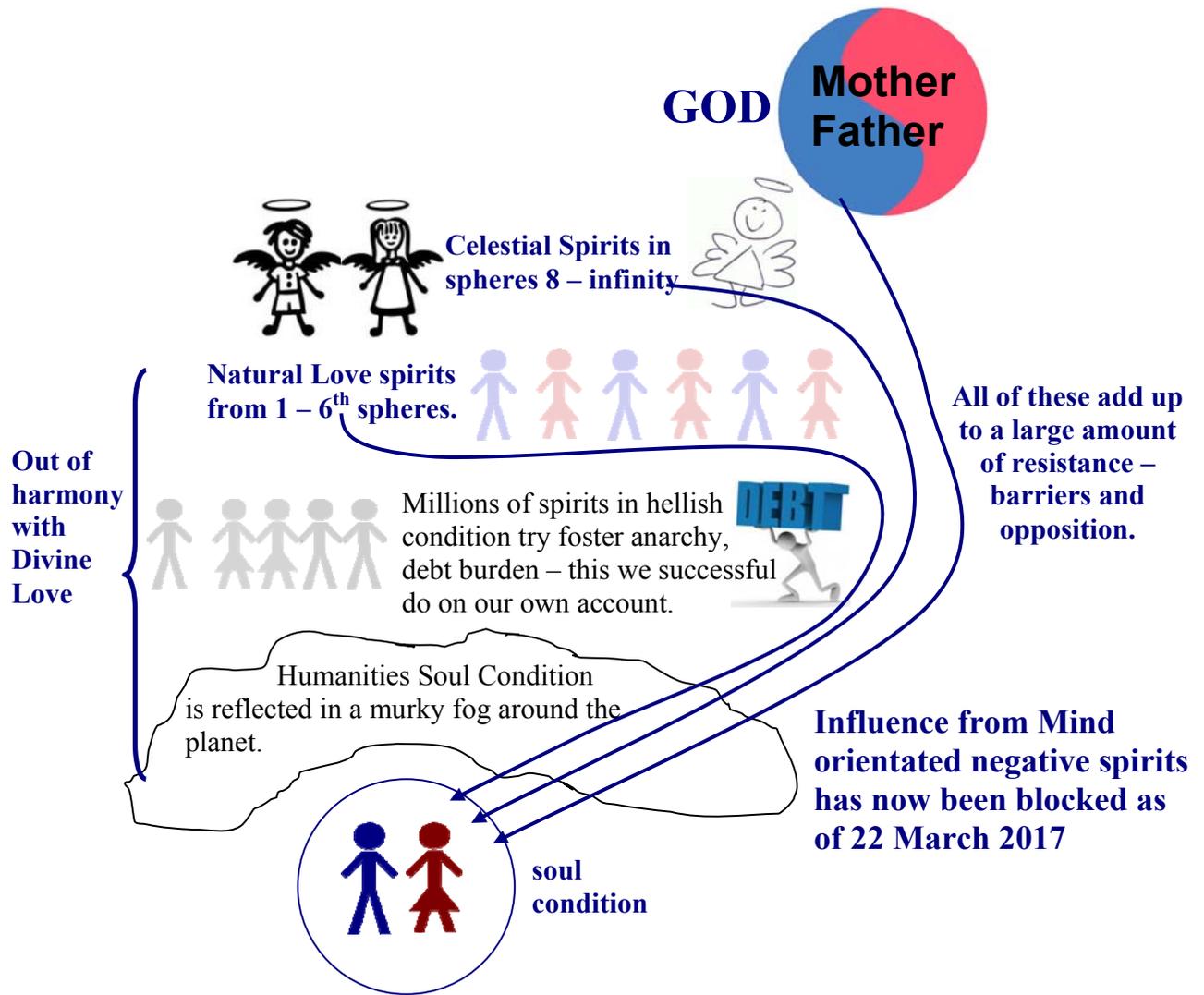
- 1. Stay in the shadow / light of love and truth.**
- 2. Overcome temptations of flesh.**
- 3. Avoid the influence of evil spirits.**
- 4. What am I thinking !!**



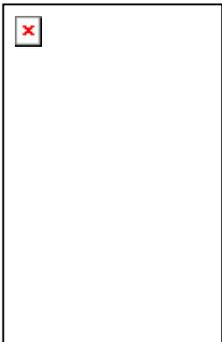
The situations that God gives us to be truthful and loving are the primary gifts.

Do you want to act lovingly, or do you want to act unlovingly and in fear.

What we decide creates our / my future condition.



Archangels – such as Michael, Gabriel, Raphael, etc.



They were all people who lived on Earth. Prior to the 1st century, they lived in the 6th sphere condition. They were amongst the first to move into the celestial spheres and are now in sphere 8 through to infinity.

Andromeda – extra terrestrials are spirits, not all in the same sphere – spread 1st to 6th sphere.

Pleiadians – higher natural love spirits misrepresenting.



The 2nd dimension is 100's of light years from Earth.



At all times, you have a spirit guardian assigned to you. Guardians are assigned to you all of your life, to protect you.



Guides are assigned to you when you decide to progress spiritually. Spirit guides who help you will be those aligned to your beliefs that are attracted to you and the guide. Guides trigger your emotions to assist you to feel your emotions.

You also have sympathetic spirits who are attracted to you generally. Family spirits, family from the past are also with you.

Malevolent / evil spirits are also around you.

At any one time you may have 3 to up to 15 spirits around you.

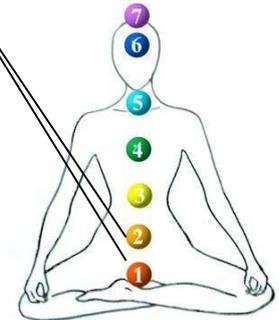
These are just people wanting to communicate with you:

1. Guardian -
2. Guide -
3. Sympathy -
4. Family -



God's Divine Love: Pray for it, ask for it, and receive it.

Our soul is an energetic system, emotions are running constantly. Our soul's emotions cause energy meridians in our body. The 7 chakras are where 192 energy meridians intersect. These are energy meridians in our body that our soul has control of. Our soul's emotions control them. What is happening is that, lets say I have an emotion of unworthiness, and I have this unworthiness emotion that causes damage to these two energy meridians, 1 and 2. If my unworthy emotion is related to myself and I am a male, then I will have a certain response in those two meridians. Now that causes energies in my physical and spirit body to not flow properly in that region, which causes my body to not be able to completely replenish that area, which causes disease in that area of some kind, depending on what type of emotion that is and depending on how that energy affects that area of my body. But it is this, the soul is swirling mass of energy. This soul is your real self, swirling with energy all the time.



Energy in motion – E-motion, this is your soul, the real you.

It is where the energy is stopped, blocked, due to certain emotions, your soul not wanting to experience the emotion.

At that location, there will be an injury appear in your spirit form, and correspondingly, the injury will appear in your material form.

That is the creation of all disease.



SOUL  SPIRIT BODY  PHYSICAL BODY
 P E R S O N A L I T Y

Documents in this series:www.pascashealth.com

Pascas Care – Spirit Influence & Disobsession
 Pascas Care – Truth About Spirit Influence

Rescue Work and Disobsession Meetings<http://www.youtube.com/watch?v=Fk30zdZG9jk>**Other recommended reading:**

The Book of Truths – Joseph Babinsky
 containing the Padgett Messages
Little Book of Truths – Joseph Babinsky
True Gospel Revealed Anew by Jesus – Geoff Cutler
The Human Soul – Joseph Babinsky
Through the Mists – Robert James Lees
The Life Elysian – Robert James Lees
The Gate of Heaven – Robert James Lees
Life in the World Unseen – Anthony Borgia
Gone West – J M S Ward
Post Mortem Journal – Jane Sherwood
Proof of Heaven – Eben Alexander
After Death / Letters from Julia – William T Stead
Thirty Years Among the Dead – Carl A Wickland
A Wanderer in the Spirit Land – Franchezzo
Revelations – <https://new-birth.net/samuels-messages/>
Judas Messages – <http://new-birth.net/>
Judas of Kerioth – Geoff Cutler
The Richard Messages – James Reid
The Divine Universe – Zara Borthwick & Nicholas Arnold
Shining Toward Spirit Vol I, II, III – Zara & Nicholas



Primary recommended reading:	consider commencing with:	Paul – City of Light
The Book of Truths	1914 – 1923	xxx – Joseph Babinsky
containing the Padgett Messages or		
Little Book of Truths		– Joseph Babinsky
True Gospel Revealed anew by Jesus Vol I, II, III, IV	xxx	– Geoff Cutler
The Rejected Ones	2002 – 2003	xxx – James Moncrief
Messages from Mary & Jesus	2003	xxx – James Moncrief
Paul – City of Light	2005	xxx – James Moncrief
Mary Magdalene and Jesus'		
comments on the Padgett Messages	2007 – 2010	xxx – James Moncrief
Speaking with Mary Magdalene & Jesus	2013 – 2014	xxx – James Moncrief
Sage and the Healing Angels of Light	2017	xxx – James Moncrief
Road map of Universe and history of Universe:		
The Urantia Book	1925 – 1935	xxx as primary reading
Divine Love supporting reading:		
Revelations	1954 – 1963	– Dr Daniel Samuels
Judas of Kerioth	2001 – 2003	– Geoff Cutler
The Golden Leaf	2008	– Zara & Nicholas
The Richard Messages	2012 – 2013	– James Reid
The Divine Universe	2012 – 2013	– Zara & Nicholas
Family Reunion Afterlife Contact	2014 – 2015	– Joseph Babinsky
Traveller, An Immortal Journey	2014 – 2015	– Zara & Nicholas
Destiny, Eternal Messages of Divine Love	2015 – 2016	– Zara & Nicholas
Feeling Healing	2017	– James Moncrief
Religion of Feelings	2017	– James Moncrief
The Way of Divine Love		– Joseph Babinsky
Divine Love – The Greatest Truth in the World		– Joseph Babinsky
The Human Soul		– Joseph Babinsky
Divine Love Flowing		– Joseph Babinsky
The Truth		– Werner Voets
Through the Mists, The Life Elysian, The Gate of Heaven		– Robert James Lees
Life in the World Unseen		– Anthony Borgia
Gone West		– J M S Ward
Post Mortem Journal		– Jane Sherwood
After Death / Letters from Julia		– William T Stead
Thirty Years Among the Dead		– Carl A Wickland
A Wanderer in the Spirit Land		– Franchezzo
Life Beyond the Veil Vol I thru to V – Rev George Vale Owen		– Geoff Cutler
The Holy Bible from the Ancient Eastern Text		– Dr George M Lamsa

Available generally from:

www.lulu.com

www.amazon.com

www.bookdepository.com

For Divine Love focused websites and forums:

Pascas Health:

<http://www.pascashealth.com/index.php/library.html>

Spiritual Development:

<http://new-birth.net/spiritual-subjects/>

Padgett Books:

<http://new-birth.net/padgetts-messages/>

<http://divinelovesp.weebly.com/my-free-books-and-free-padgett-messages.htm>

James Moncreif's books, the Padgett Messages and The Urantia Book at:

DIVINE LOVE SPIRITUALITY – DLS:

<http://divinelovesp.weebly.com/my-free-books-and-free-padgett-messages.html>

All Padgett Messages (for condensed versions – see below) 1914 – 1923 Pages 945
The Urantia Book (see suggested papers to read below)

James Moncreif Books:

	MoC		
The Rejected Ones – the Feminine Aspect of God	1,490	Nov 2002 – Jan 2003	228
Messages from Mary and Jesus book 1	1,485	Feb – Apr 2003	189
Messages from Mary and Jesus book 2	1,485	Apr – Oct 2003	170
Mary Magdalene and Jesus' comments on the Padgett Messages – book 1		Aug 2007	164
Messages from 31 May 1914 – 12 January 1915	1,495		
Mary Magdalene and Jesus' comments on the Padgett Messages – book 2		Sep 2010	177
Messages from 13 January 1915 – 29 August 1915	1,494		
Speaking with Mary Magdalene and Jesus blog – book 1	1,490	Jan – Apr 2013	206
Speaking with Mary Magdalene and Jesus blog – book 2	1,489	Apr – May 2013	229
Speaking with Mary Magdalene and Jesus blog – book 3	1,490	Oct – Jan 2014	187
Speaking with Mary Magdalene and Jesus blog – book 4	1,491	Jan – May 2014	191
Mary Magdalene comments on Revelation from the Bible KJV	1,485	Dec 2013 – Jan 2014	84
		This group being pages of	1,825

Paul – City of Light	1,488.5	2005	149
Ann and Terry		2013	235
Feeling bad? Bad Feelings are GOOD!	feeling-healing book 1	2006	179
Feeling bad will make you feel BETTER – Eventually!	feeling-healing book 2	2006	159
Breaking the Golden Rule.	feeling-healing book 3	2006	168
Feeling-Healing exercises, and other healing points to consider.		2009	175
Cathy and Mark – a novel introducing Feeling-Healing.		2010	151
Introduction course to Divine Love Spirituality		2006	139
Speaking with the Dead, Death and Dying		2009	173
Spirits and their Childhood Repression Healing		2010	179
With Verna – a nature spirit		2008	279
Communication with spirits – meet a spirit friend		2010	37
Introduction to Divine Love Spirituality website			362
Sage – and the Healing Angels of Light		2017	260
Divine Love Spirituality		2017	250
Feeling Healing – you can heal yourself through your feelings		2017	153
Religion of Feelings	1,500	2017	44
		This group being pages of	3,092

Religion of Feelings

Introduction to Divine Love Spirituality

Main website of DLS

Childhood Repression website

DLS and CR forum

<http://religionoffeelings.weebly.com/>

<http://dls spirituality.weebly.com/>

<http://divinelovesp.weebly.com/>

<http://childhoodrepression.weebly.com/>

<http://dlscr.freeforums.net/>

<http://withmarymagdaleneandjesus.weebly.com/blog---and-free-books-speaking-with-mary-and-jesus>

FEELING HEALING and SOUL HEALING with the DIVINE LOVE:**James Moncrief Publications:****all publications are free downloads:**<http://divinelovesp.weebly.com/my-free-books-and-free-padgett-messages.html>

It is suggested for one to consider reading as follows:

Speaking with Mary Magdalene and Jesus – books 1 – 4

These four books encapsulate the second of the revelations with the first having been introduced by James Padgett one hundred years previously. These four books provide a wide range of guidance that has never previously been made available.

Paul – City of Light

As a gentle intro into the Divine Love and Healing; being James Moncrief's first novel and it's been criticised as being too heavily clichéd, but that's the point because it's a reflection of how he was back then.

Ann and Terry

For an example of people who might want to immediately start working on themselves and doing their Healing.

Feeling Bad? Bad feelings are GOOD

For more understanding about our denial of our feelings and why we should not deny our feelings, and it includes how it all came about for James, using himself as an example.

Feeling bad will make you feel BETTER – Eventually!

This includes specific examples of Marion and James working on expressing particular bad feelings, again with the hope that it will help others gain something of an idea as to what's involved in doing your Feeling Healing.

Sage – and the Healing Angels of Light

Through Sage who's 13 years old, the story is primarily about the two aspects of healing; that being, with the help of our angels, and the full Healing we can do by looking to our feelings for their truth.

**Religion of Feelings
Feeling Healing**

**Welcome to LOVE – the Religion of Feelings
you can heal yourself through your feelings**

So these books, including the four Speaking with Mary Magdalene and Jesus books, provide the essence of it all and are examples of James' work. Then it's up to whatever takes one's fancy. Other reading to consider may include:

The Padgett Messages being published as:**The True Gospel Revealed Anew by Jesus volumes 1 – 4****Book of Truths by Joseph Babinsky****The Urantia Book**

Release one's pain through expressing one's feelings.

in conjunction with

Longing for the Truth when also longing for Divine Love.

FEELING HEALING with DIVINE LOVE is SOUL HEALING:

A collection of 'papers' that draw together specific topics including all of the above and more from other sources of information and revelation designed to help increase one's awareness about why we have the problems we do and how to heal them, all whilst living a more healthy and sustainable life. They provide a brief snapshot of the more complicated topics and issues.

Firstly, consider discovering the truth of your emotional pain through Feeling Healing.

Secondly, consider longing for our Heavenly Parents' Love as you progress with your healing.

Primary and most important readings are the writings of James Moncrief.

Then consider the Padgett Messages, and then The Urantia Book.

Pascas Papers, being free, are located within the Library Downloads www.pascashealth.com

<http://www.pascashealth.com/index.php/library.html>

PASCAS – document schedule.pdf downloadable index to all Pascas Papers.

FH denotes Feeling Healing; SH denotes Soul Healing, which is: Feeling Healing with the Divine Love; DL denotes Divine Love – living with the Love.

PASCAS INTRODUCTION NOTES: *All papers below can be found at Library Downloads link..*

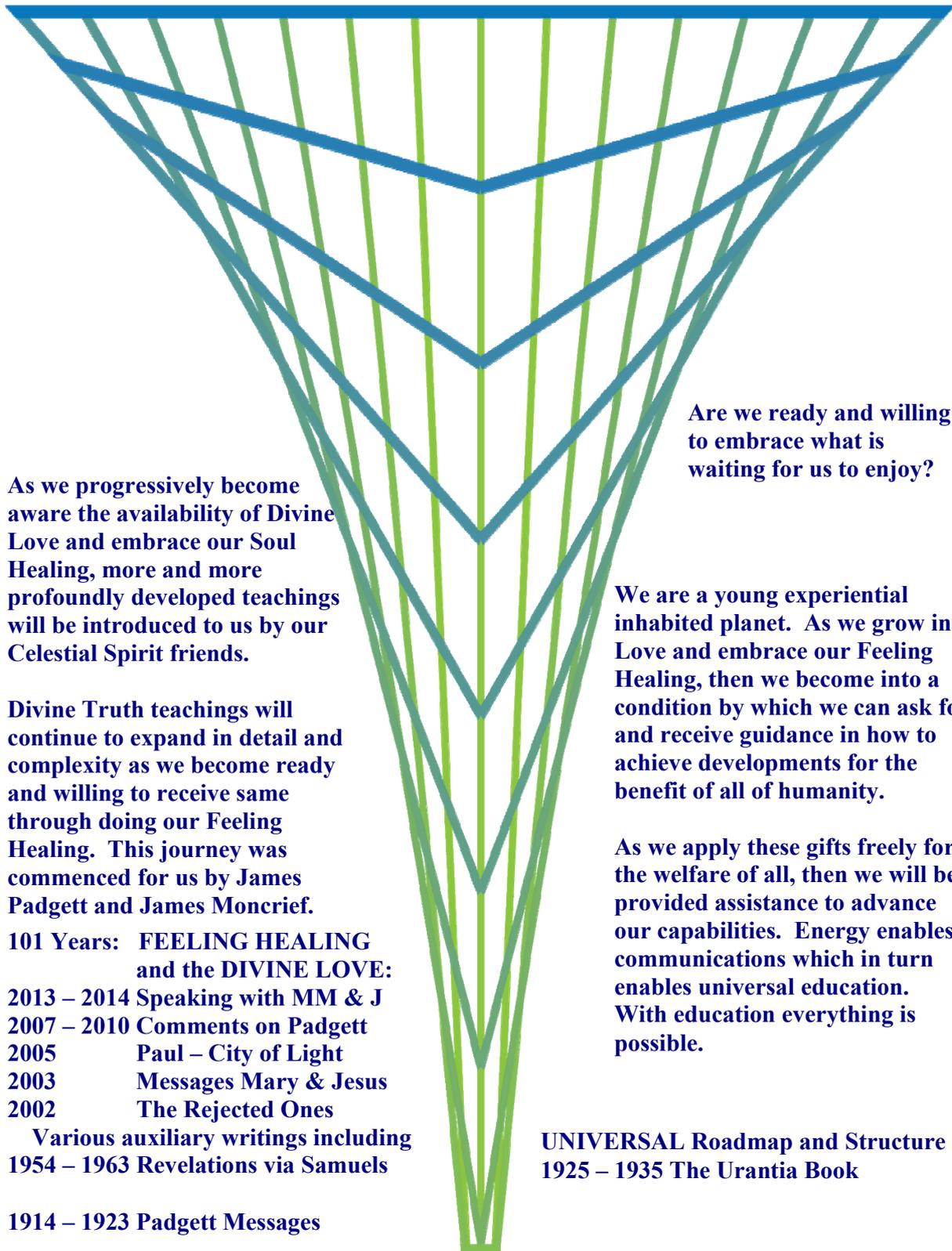
- Pascas Care Letters A Huge Upturn
- Pascas Care Letters Big Revelation
- Pascas Care Letters Feeling Healing Benefits Children
- Pascas Care Letters Feeling Healing Way
- Pascas Care Letters Little Children
- Pascas Care Letters Women's Liberation and Mother

MEDICAL – EMOTIONS:

- Pascas Care – Feeling Healing
- Pascas Care – Feeling Healing All is Within
- Pascas Care – Feeling Healing and Health
- Pascas Care – Feeling Healing and History
- Pascas Care – Feeling Healing and Parenting
- Pascas Care – Feeling Healing and Rebellion
- Pascas Care – Feeling Healing and Starting
- Pascas Care – Feeling Healing and Will
- Pascas Care – Feeling Healing Angel Assistance
- Pascas Care – Feeling Healing Being Unloved
- Pascas Care – Feeling Healing Child Control
- Pascas Care – Feeling Healing Childhood Repression
- Pascas Care – Feeling Healing End Times
- Pascas Care – Feeling Healing is Rebelling
- Pascas Care – Feeling Healing Live True
- Pascas Care – Feeling Healing Mary Speaks
- Pascas Care – Feeling Healing My Soul
- Pascas Care – Feeling Healing Perfect State
- Pascas Care – Feeling Healing Revelations X 2
- Pascas Care – Feeling Healing the Future
- Pascas Care – Feeling Healing Trust Yourself
- Pascas Care – Feeling Healing Versus Cult

**PASCAS
PAPERS**

DIVINE LOVE and DIVINE TRUTH Revelations and Teachings escalating:



*People look for miracles to cure
disease which is ONLY the
removal of the effect
of the emotion.*



SOUL  SPIRIT BODY  PHYSICAL BODY

The soul animates the spirit body and in turn the spirit body animates the physical body. The spirit body looks just like the physical body. These bodies are connected by cords. Your memory and intelligence as well as your emotions are within your soul which is your real self. Your mind is within your spirit body. Your brain is within your physical body.