





# Parks for Humanity Our Incredible Reality

This document introduces just one of the many edu-tainment units proposed for Pascas Park.

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Centre yourself within the **Blue Pearl** and LOVE will be all that you will perceive.



There is but one emotion, and it is **LOVE** !

All other 'emotions' are varying degrees of lack of love.

We are all growing and embracing **LOVE** as our fundamental true nature.





Love all others as I love myself



**God's Divine Love:** 

Pray for it, ask for it, and receive it.



That which you focus on grows. If you focus on releasing fear you are still focusing on fear and it will grow.

As we make as decision now to have the one focus of raising love, anything that is not love will surface to be embraced and transformed naturally into the light of love.

When we are willing to see fear in a new light we will see it being overcome and becoming one with the light ... the light of love.

The only difference between VICTIMS and VICTORS is three letters ... I AM.

I AM ... The highest non form of communication available to man-kind and when activated or remembered overcomes and becomes the highest form of communication through mans kindness.

If I AM are the two most powerful words in the dictionary and we know the power of GRATITUDE then what happens to the vibration when you affirm THANK YOU ... I AM Marie Brunger







The COMMITMENT – Paul:

Quotes:

"Not enough people realize the absolute power of love, the very life force that it has in and of itself."

MoC 980

"Happiness does not come from the possession of material things, nor does it come from a person's position in life. It comes from the love you share with your brothers and sisters, and your relationship with God." мос 970











What is LOVE?

The Creator, God, is LOVE.

And we are an aspect of the Creator.

So, we are love.

You are love!

I am love.





Where you truly live is in the feeling.

Choose how it feels just for a moment to live in the state of happiness, a state of unlimited joy.

A state where you know yourself to be loved no matter how many mistakes you think maybe you've made.

But know that you are loved in this moment, truly loved, for you are.

Jeshua on Line (not really).

http://www.oakbridge.org:80/



Make every day a thanksgiving day. When you awaken, take hold of that gift. Choose whom you will serve in that day. Will you serve the world that speaks of problems? That speaks that there could be threat of punishment, of criticism, of non-love? Or will you serve the love? Will you serve the joy? Will you serve the Light and bring that Light into everything that you do.

Choose you in every day whom you will serve.

Jeshua on Line (not really)



How does it feel to know love? Wonderful. It allows the heart to open. You feel happy. You feel loved because you are giving love, and as you give love, you are in it. You are blessed by it and that feels good. It is a great place to abide.

Allow yourselves to be in love and to stay in love, that creative remembrance of who I am, the Christ of me, the Buddha of me, whatever label you want to use; the divinity of me, that place where the heart opens and you come home once again. Welcome home, beloved ones. Jeshua on Line (not really)



It implies a unity that is so great that we do not see each other simply as close friends, or brothers and sisters, but, ideally, as the Creator; and, as we see each other and ourselves as the Creator, we see one being.

To know reality: this simple thought of absolute love, a thought of total unity with all his brothers regardless of how they might express themselves or whom they might be, for this is the original thought of your Creator P.22 & 24 The Ra Material, book 1 <sup>17</sup>



Love is not a 'quality' of God but is God's very essence. God brings beauty, love, joy, forgiveness, compassion, and freedom. P.5, 11 Reality and Subjectivity by David Hawkins





God does not exhibit favouritism or exclusivity.

The love of God is absolute and unconditional.

God is still, silent, and unmoving.

Accept that the concept of 'the fear of God' is ignorance. God is peace and love and nothing else.

The depiction of God as a 'judge' is a delusion of the ego.

God does not need anger management counselling.

P.108 Reality and Subjectivity by David Hawkins

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P. 110 Emissary of Light by James F Twyman

The foundation of fear is your first fearful thought.

(MoC 1,000)

This is the thought upon which each subsequent fearful thought has been based. This first thought marks the beginning of delusion, the foundation of an illusory thought system that has influenced and controlled your perception of the world, yourself, each brother and sister, and God.



The first fearful, untrue, and illusory thought on which every other thought is based is simply this:

You are separate from God.

In perceiving yourself as separate from God, you have created a world where you are separate from and threatened by everything.









#### **LEVELS of HUMAN CONSCIOUSNESS:**

Dr David R Hawkins: Power vs Force

All our fears are based on falsehood. The displacement of the false by the true is the essence of the healing of all things visible and invisible.

There is but one emotion and that is Love.

All other aspects of love are varying degrees of lack of love which have been defined into the many different emotions that we relate to. 23

## Map of Consciousness

The Map of Consciousness (MoC) table is based on the <u>common log of 10</u>. It is not a numeric table. A calibration increase of 1 point is in fact a 10 fold increase in energy. A calibration increase of 10 points is in fact a 10,000,000,000 fold increase in energy. Thus the energy differentials are in fact enormous!

**Blessing** a prepared meal adds 15 points being 1,000,000,000,000,000 fold increase in energy. This being a quadrillion (1015) jump in energy.

### Map of Consciousness

200

- Avatar
- Enlightenment
- •Peace
- •Joy
- •Love
- Reason
- Acceptance
- •Willingness
- Neutrality
- Courage

NEUTRAL

#### Map of Consciousness

 Courage •Pride Anger Desire •Fear •Grief •Apathy •Guilt •Shame Alive only

## Our Level of Consciousness





David R Hawkins:

**Love**: Love is not what the media professes: emotionality / physical attraction / possessiveness/ sentimentality / control / addiction / eroticism / novelty. When lovers or marriages "break-up", they usually were based on these attitudes rather than love, which is why this kind of "love" can lead to hate. It wasn't love in the first place. Love deals with wholes. Unconditional love (MoC 540+) is accompanied by measurable release of endorphins. Love takes no position / permanent. Only 0.04% of population lives out of this level of consciousness.









#### Energy Level MoC 540: JOY

As Love becomes more and more unconditional it begins to be experienced as inner Joy. This is not the sudden joy of a pleasurable turn of events; it is a constant accompaniment to all activities. Joy arises from within each moment of existence rather than from any outer source. 540 is also the level of healing and of spiritually based self-help groups.





One individual at a higher level of consciousness counterbalances many, many individuals who are below the critical level of 200.

Below the 200 level are the attractor fields of shame, guilt, apathy, grief, fear, desire, anger and pride.

Right at the critical 200 level comes courage and its ability to empower the self out of the victimorientation of the lower frequencies.



At 300, a person has risen above many emotions of conflict to achieve some non-judgment and to feel optimism. At 300, one person, within the global mind, counterbalances an incredible total of 90,000 people below the 200 level. Such is the power of higher states of consciousness.





At 400, the individual achieves a harmonious attitude which brings acceptance and forgiveness.

Furthermore, they gain an enhanced sense of reason, which brings understanding and meaning to life. This level is readily achievable.

Those who, for example, pursue higher education and the professions function at the 400 level, where one person counterbalances an incredible 400,000 people below the 200 level.



To reach 500, a person needs to be spiritually conscious. At this level, unconditional love and unconditional forgiveness become alive and well in their reality. Here, one person counterbalances 750,000 people who are below the 200 level.





600, when a person has practiced meditation long and diligently enough to attain bliss consciousness at the 600 level, they are, at that moment, counterbalancing 10 million people below the 200 level.

Do you need a more compelling reason to develop your inner faculties? Just look at the wonderful level of service that each advance in consciousness brings into our world.


And all this is by just being who you are and who you can become, before you even begin to physically help make the world a better place through your support and direct action.

This wonderful level of service is the direct effect of your consciousness upon a world which has been starved, for so long, of spiritual thought and spiritual energy.



Efficacy of health care practitioners is profoundly enhanced when they are within the space of unselfish love, that is, at a consciousness level of 600 and above on the MoC.

Further, should the level of truth of the modality that they are practicing calibrate above 600 also, then incredible positive outcomes occur in spite of all outside influences.





Peace on Earth



- Conditional Love MoC 500+ The start of healing potential.
- Unconditional Love MoC 540+
   Undisciplined love, giving, but giving into the whims of others. Child demands so you give.
- Unselfish Love MoC 600+ Being assertive, some pain to benefit self and others. This is the level where profound healing profusely occurs.



It is when a health practitioner is personally within the MoC zone above 600, and is also applying a health care modality that calibrates above the level of truth of MoC 600 that health improvements are profound.

We heal ourselves, significantly more so when we are within a higher energy environment, such as that comes with levels above 600 on the MoC.





# **KIDS of the WORLD**





### What is love?

P.253 The Eye of the I by David Hawkins

Love is misunderstood to be an emotion; actually, it is a state of awareness, a way of being in the world, a way of seeing oneself and others.

Love for God or nature or even one's pets opens the door to spiritual inspiration.

The desire to make others happy overrides selfishness.

The more we give love, the greater our capacity to do so.



It is a good beginning practice to merely mentally wish others well in the course of the day.

Love blossoms into lovingness which becomes progressively more intense, non-selective, and joyful.

There comes a time when one 'falls in love' with everything and everyone they meet.

This tendency to be intensely loving has to be curtailed because love, curiously enough, frightens many people.



Many people cannot look fully into another person's eyes for more than a brief second, if at all. This is especially so if the one looking at them radiates lovingness.

Some people even panic when exposed to love.

Some spiritual treatises teach that there are really no stages of enlightenment, as though it were all-or-none phenomenon.

This represents the unexamined view or only a partial report which was conveyed by some teacher for a specific purpose to a specific audience at a given time.



Study reveals that saintliness is a descriptive term applied to people who have reached, usually, the calibrated level of the high 500s.

At this level, joy leads many to become spiritual and inspirational teachers, healers, great artists, or even great architects who create the great cathedrals, great inspirational music, and the production of beauty in all its forms.



Enlightenment proper, that is, the replacement of duality with non-duality, calibrates at 600 or over.

We could say that any calibration of 600 or more formally denotes enlightenment.

Notice the white light emerging during Yoga



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**PIP Shows Benefits of Yoga** 



"To be or not to be" is not a choice! The choice lies in one choosing to be this or not be that. *To be* is simply the only fact there is.

- Ultimately, there is neither duality nor non-duality; there is only awareness.
- Those who have reached this state of awareness report that it-cannot be described and can have no meaning for anyone without the experience of that context. Such recognition of awareness is the essence of enlightenment. p. 205: Power vs Force All pathways to God are classified and are called the various yogas, the path from duality to non duality.<sup>49</sup>





At about the calibrated level of 600, bliss intervenes and worldly activity stops, sometimes permanently. If the person is destined to remain in the world, this state is said to 'ripen', and there is a slow return of the capacity to function.

Some enlightened 'persons' retreat to spiritual practice and meditation and evolves into the 700s.

At that level, the world is commonly described as no longer a self-existent reality.

There are neither separate persons nor a world that needs saving.



All is evolving according to Divine Will. The world is surrendered to God and its destiny is self-filling.

No intervention is necessary. All life is the evolution of consciousness and the unfolding of creation.

The aura emanating from persons who calibrate in the 700s has an attraction and an effect on visitors. They like to be near its presence, where they feel peace.

In that energy field, so-called problems resolve spontaneously and serenity replaces fear and anxiety.



That energy field hastens the spiritual realizations and progress of visitors. The energy field of 600 and up, especially in the 700s, recontextualizes positionalities which then resolve imaginary conflicts.





In the 700s, there is usually withdrawal from the ordinary world. There is a tendency to spontaneously teach.

Many at that level develop groups of spiritual students and seekers, establish ashrams, yoga centres, monasteries, and spiritual orders.

Some are called masters, gurus, sages, or various spiritual titles, depending on the culture.





See the inner joy within everyone, regardless of the surface conditions that appear.

In truth, love is all there is. Everything else is just an illusion and therefore unworthy of your time, energy and attention.

Hold only thoughts of love and success, and you are assured of only attracting love and success into your life.







#### The GIFT of LOVE: P. 179 Emissary of Light by James F Twyman

"The final lesson is about the true meaning of love. I have said before that fear is the self-imposed block to the awareness of love's presence.

When fear is released, love is revealed.

And yet the true experience of love is beyond anything you can now imagine.

It lies past all the images and symbols you have made to obscure love's call.



And yet it is closer than you know, closer than your breath or even the silent whisper of love's longing for itself.

And what is the secret that love has whispered into your half-closed ear, the distant echo that has haunted you so?

You are the very essence of Love.

This very moment, just as you are, in spite of all the preconceived ideas you have of yourself, love claims you and accepts you."





A tune to learn and sing to yourself:

'Every little cell in my body is happy! Every little cell in my body is well!'

This tune is immensely life enhancing!







#### A form of True Prayer:

**Ho'oponopono:** To make right; to rectify, correct. The essence of Ho'oponopono is:

#### I love you. I thank you.

To "clean" all your thoughts about anything. The cleaning process is for you, your family, relatives, and ancestors back to the beginning of time, for Mother Earth and all the dimensions of existence.

CLEAN, erase, erase and find your own Shrangri-La. Where? Within yourself, having no thoughts.

Further, drink the solar water.



Integrous prayer can have a positive effect in the course of human evolution. Prayers that include a surrender to God's will stem from a higher motivation.

P.84 Reality and Subjectivity by David Hawkins

Prayer is emotional exchange with God.



So why are you here? What's bothering you? Will you have abundance to sustain you? Yes. Abundance is when you get fed every day.

Abundance is the love of God in your hearts.

Can you walk through life healthy? Yes. It's called the love of God in your DNA.

When you realize who you are and why you came,<br/>everything starts to change.Kryon 21 Jun 03





To find our way home, we must remember who or what we are!



The COMMITMENT – Paul:

Quotes:

"Your life is given to you by your spirit, which is a part of God. Yes, your spirit is part of God and that part of God resides within you. Your spirit is everlasting and immortal, for you are part of the oneness that is God."

"Your body is a temple of God, and when it can no longer be of use, death is the doorway that spirit and soul exit from to continue its journey, but your spirit never dies."







You can swap back and forwards between paths

I am God

Intellectual

Self reliant (trust myself)

Mind dominates

Peak possibility is 6<sup>th</sup> sphere

time to complete path:

100 years to 1,000 years

I am God's son/daughter

Emotional

God reliant (God relationship)

Soul dominates

Peak possibility is infinity

(sphere / dimension are same)

2.5 years to 3 years

PASCAS RK



The dimensions / densities / spheres reflect as follows:

**Dimension first.** the cycle of awareness; mineral, water, wind, fire the cycle of growth; vegetable, animal Dimension second, **Dimension third**, the cycle of self-awareness; humanity for the past years **Dimension fourth**, the cycle of love or understanding; humanity post this transition period **Dimension fifth**, the cycle of light or wisdom; very few within humanity the cycle of light/love, love/light or unity; even Dimension sixth, fewer within humanity the gateway cycle, perception of sacramental Dimension seventh, nature of all things; all emotional baggage of your entire history has Dimension eighth, been dealt with – born again.

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#### **Divine Love Flow:**

Prayer to God with a feeling and longing for God's Divine Love to enter you.

Have a longing for truth from God.

Be open to experience your emotions.

God's Divine Love – Pray for It, Ask for It, and Receive It.







## "Beacons of Light" around the globe<sup>73</sup>