

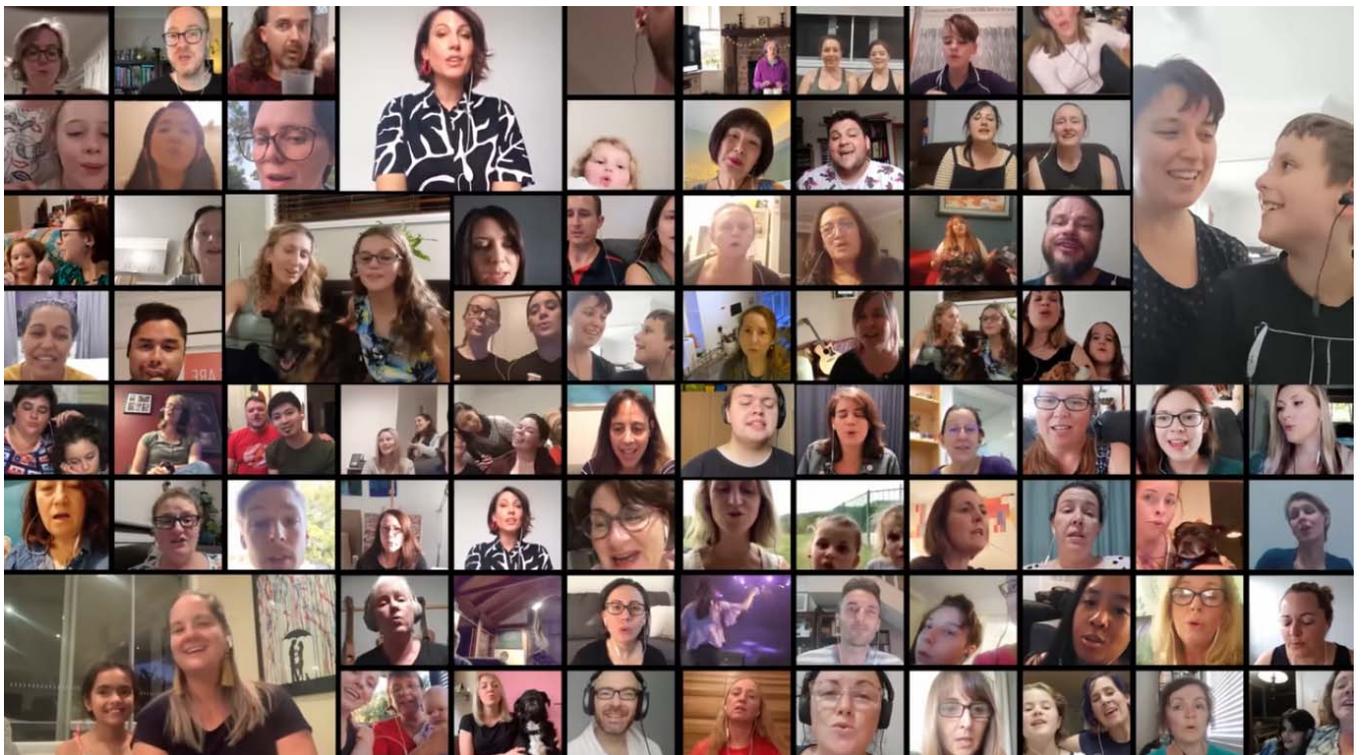
# PASCAS PARK

Edutainment Park

Journey for Humanity

Overview

Gold Coast, Queensland, Australia



PASCAS FOUNDATION (Aust) Ltd  
Pascas Care & Pascas Worldcare  
11 Crenshaw Court  
Parkwood 4215 Queensland Australia

ABN 23 133 271 593  
[www.pascashealth.com](http://www.pascashealth.com)

Bs 61 7 5594 0479  
[www.pascasworldcare.com](http://www.pascasworldcare.com)  
Em: [info@pascashealth.com](mailto:info@pascashealth.com)

**INTRODUCTION:****“JOURNEY for HUMANITY”**

Pascas Park is an edutainment theme park, then it is a full day of entertainment, involvement and intrigue. Pascas Park is full of intrigue, or the disclosure of intrigue – to the max!!!

An entertainment element of a theme park is 40 minutes of engagement. A theme park provides 8 such opportunities throughout a day. Pascas Park provides the opportunity for the day to be from midday to well into the evening – a day/night venue – short term visits (2 hours) as well as full day visits (8 hours). Thus arranged structured short visits can be delivered while full day visitors embrace all there is.

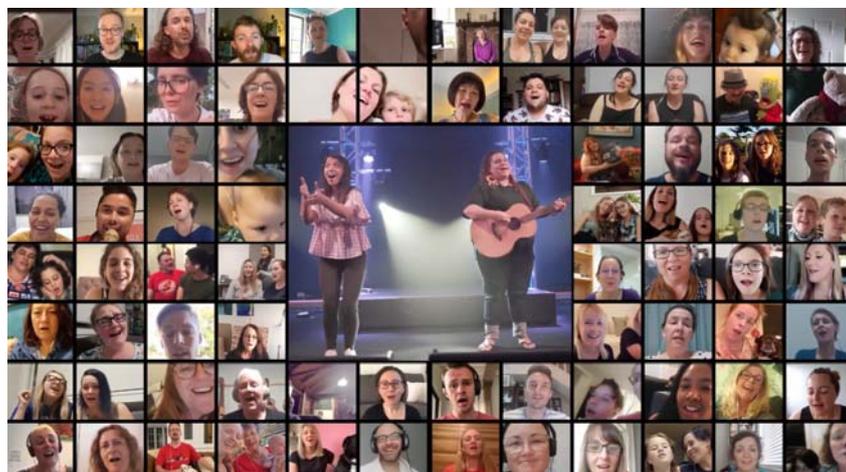
Pascas Park is an edutainment centre with a unifying setting. Pascas Park will have **great** storytelling elements and put visitors into unique situations and settings.

The facility has to be accessible to large numbers of people and not too far off the beaten path or too far from a major airport. Physical location also has to do with the weather. Great attractions are inclusive and aren't overly restrictive. They have great storytelling elements and put visitors into unique situations or settings. Engaging all the senses, random outcomes and the addition of memorable music also make attractions especially successful. A theme park is to put visitors into a fantastic place where reality is temporarily suspended to some degree. Pascas Park introduces truth and reality to the visitor, something he or she has been denied their whole life!

The unique nature of Pascas Park is that for those visitors who immerse themselves within what is being revealed, and yes it is revelations that are being introduced, is that they will develop a sense of being freed – a freedom that embraces certainty – that their journey and life is purposeful and that they now know that they are being LOVED and they are actually on their way home and for the first time they now know they have with them, at all times, those who will be with them all through their journey HOME!

Yes, Pascas Park will typically present 8 major modules which will each involve around 40 minutes immersion AND auxiliary elements such as eateries, comfort stops and relaxation zones with occasional shops as well as a major theatre seating up to 1,000 people. Children and adults will be accommodated without compromise to their needs.

These centres will be works of art that only the best of the movie and entertainment industry can bring about. Interaction and personal involvement is all about the edutainment (education and entertainment) industry can manifest. This document gives some idea of the type of information and themes that are envisaged to be included in a Pascas Park.



## PASCAS PARK Overview:

Some 2,000 years have passed since humanity has been provided with any significant spiritual guidance and revelation. Meanwhile humanity, while embracing spiritual guidance that has been recorded aeons ago with many believing that was all that is to be known, have gone further away from our Heavenly Parents due to misinterpretation of what has been provided. These writings from ages ago have been copied upon copy with the scribes imposing their interpretations and political leaders imposing their dictates. From these events we have the compounding effects of assumptions leading to further assumptions being imposed upon these writings resulting in the Earth's humanity being in a state of wrongness that has never been matched in its almost one million years of existence.

We take this opportunity to introduce to you profound writings that have been progressively provided, commencing on 31 May 1914 and continuing today (2020s). The primary writings are those through:

James Moncrief	2002 and ongoing
James Padgett	1914 – 1923
The Urantia Book	1925 – 1935

Auxiliary writings are those of Dr Daniel Samuels, Hans Radax, James Reid, Joseph Babinsky and Nicholas Arnold. Complementing these works are the Pascas Papers.

**PASCAS  
PAPERS**

What is to be emphasised is that none of these writings and commentaries introduce a new religion. There are no dogmas, creeds, cannon laws, rituals or stipulations of a controlling nature introduced throughout this time of over 100 years of new revelation. Humanity already has over 50,000 different man-made religions all purporting to be the 'truth' whereas they are conflicting variations of what was imposed upon humanity some 200,000 years ago.

So, just what has been newly revealed to humanity and how do we make the Great U-Turn to now evolve spiritually with such revelations?

This is the journey that your visit to a Pascas Park is about to introduce to you.

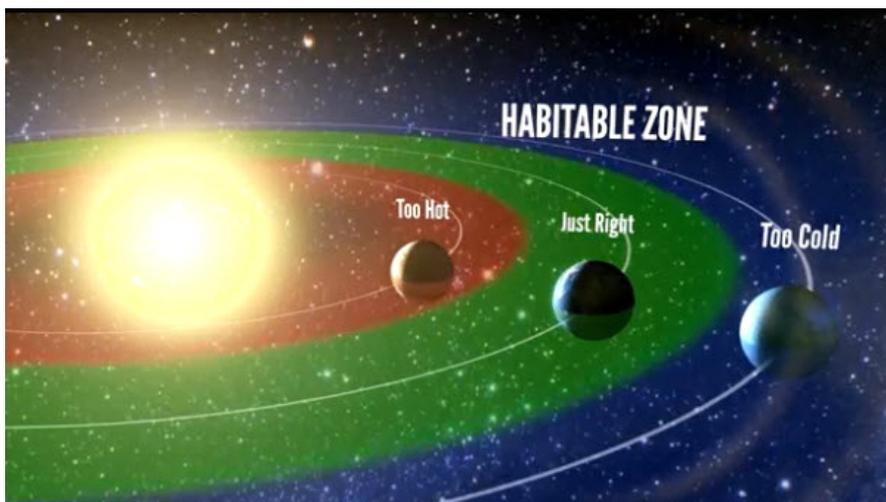
There are no obligations imposed upon anyone and this visit is to be an experience to enable you to become aware of what has been imposed upon us all. It will also show us as well as what is the pathway to put that aside and begin to have the opportunity to live life as a Celestial while being physically here on Earth.

You may come to understand that even though humanity does appear to be making great scientific advances, it is all in the wrong direction – we continue to impose controls and suppression upon each other at an ever increasing crescendo that is causing us all to live in a stupor – zombie like. We are meant to freely express our feelings and live through our feelings, free from such stifling over-control.

**By living true to ourselves, true to our feelings, we are living true to God. It's that simple.**

## **EACH STAR / SUN has a HABITABLE ZONE:**

**Within the habitable zone of every sun / star there is the potentiality for ensouled life. The observations are that at least one in three stars have at least one planet with life formed in the manner similar to that which Earth enjoys. Some stars / suns have as many as three planets with ensouled life and that ensouled life is typically similar to that of the human beings on the planet Earth.**



Our Earth is particularly unique. Our first parents, having evolved about 1,000,000 years ago, had the potential to partake of our Heavenly Parents' Divine Love, this being what was so special about them, they being the first real humans, that is, the first people with the ability to partake of the Divine Love should it have been made readily available. And from then, all humans had this same potential (except that potential was closed down in everyone at the time of the Rebellion). It's what separates us from the animal side of life. So it's even more than just having a soul, it's having the potential to bring that soul into a divine level of self-expression through its two personalities, being a male and a female – always.

Due to the Rebellion of 200,000 years ago, the Divine Love availability was withdrawn from the 37 worlds that participated, including Earth. Earth is now also unique for having 'socialised war'. War is not a part of any other planet's culture where the first parents continued to embrace our Mother and Father and Their Love. Further, we are known as the World of the Crucifixion. When we were blessed by the presence of the Regents of Nebadon (Mary Magdalene and Jesus), we treated Jesus most inappropriately, to say the least, and completely ignored Mary.

Is there interaction between the spirit personalities of other planets and that of Earth? Earth is quarantined from other worlds. There is no interaction between spirit personalities within the Natural Love or the Divine Love Mansion Spirit World Spheres referred to as numbers 1 to 7. Jerusalem is the main sphere / world for the Celestial Heavens, referred to as spheres numbered 8 to 10, here spirits from 1,000 worlds come together, though they generally stay with their peoples of origin.

The universes are teaming with life.

As we proceed in the development of Love we will eventually leave our Earth environment, beyond the Celestial Heavens, relinquishing all connections with Earth, and progress towards the domain of our Mother and Father in Paradise.

**Mary and Jesus are the Masters and Regents of all of Nebadon, encompassing some 3.8 million inhabited physical worlds and all of the associated spirit worlds.**

## SATANIA SYSTEM within the LOCAL UNIVERSE of NEBADON:

The number of **stars** that **you can see** on a clear (moonless) **night** in a dark area (far away from city lights) is about 2,000. Basically, the darker the sky, the more **stars you can see**. Moonlight brightens the **night** sky and reduces the number of **stars you can see**.

A full Moon brightens the sky more than a crescent Moon or half Moon. Artificial lights also reduce the number of stars you can see. In a large city, which has a lot of bright lights at night, you may only be able to see the brightest dozen stars. As the night sky gets brighter, the faintest stars disappear from view first.

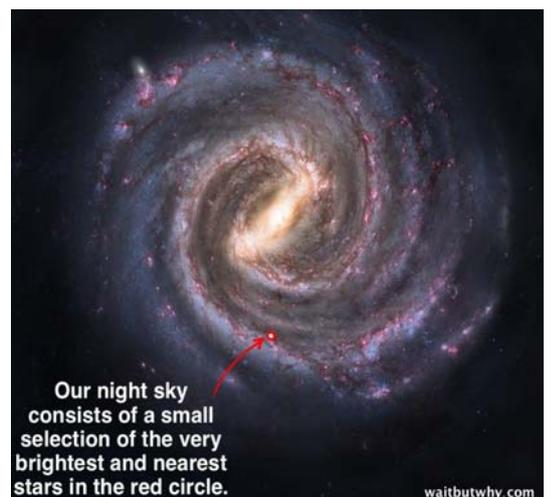
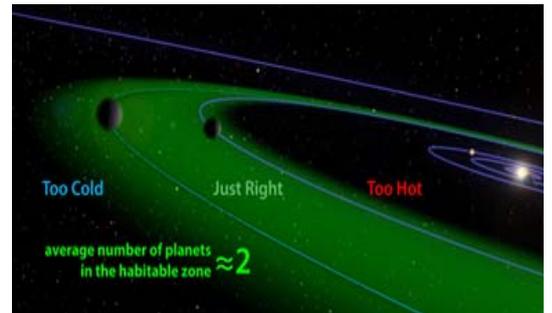
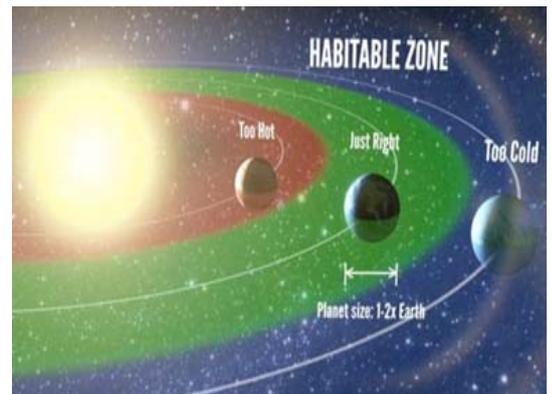
So what are you seeing when you count off 1,000 of the brightest stars in your sight?

Each star has between 0 and 3 inhabitable planets within the habitable zone – water does not boil nor does it freeze all the time. On average a star has one inhabited planet. Within our System of Satania there are 619 inhabited planets out of 1,000 inhabitable planets and we are number 606 – a young planet on the outer edge of the System. You are looking at our System and our neighbours. Physically they are much like us but some maybe taller, shorter, skinnier or fatter.

Presently, because Earth's humanity Rebelled some 200,000 years ago and then Defaulted more than 38,000 years ago, we are quarantined. We are not allowed visitors until we have healed our Rebellion. We have never had alien visitation though they have sent investigative drones.

100 Systems make up a Constellation and 100 Constellations make up our Local Universe of Nebadon of which 3,840,101 planets are inhabited out of 10,000,000 inhabitable planets. The Co-Regents are Mary Magdalene and Jesus. They came physically to Earth and subsequently introduced the availability of Divine Love throughout Nebadon and had the soulmate pairs of Lucifer and Satan imprisoned due to being the leaders of the Rebellion and bringing about the Default.

They also set about the arrival of the Avonal Pair on Earth to introduce the Healing and the new Spiritual Age – Spiritual Healing through Feeling Healing, the New Way.



## NEBADON, our LOCAL UNIVERSE:

*A Local Universe – Nebadon.* One hundred constellations (about 10,000,000 inhabitable planets) constitute a local universe. Nebadon contains 3,840,101 inhabited planets.

*A Constellation.* One hundred systems (about 100,000 inhabitable planets) make up a constellation.

*A System.* The basic unit of the super-government consists of about one thousand inhabited or inhabitable worlds.

Earth is #606 in the system of Satania and is the latest to have human life. *Jerusem* is the headquarters of our local system of Satania. Thus *Jerusem* is the city to which we arrive when we fuse with our indwelling spirit having sufficient Divine Love following our Healing and enter the first of three Celestial Heavens, all being for the 1,000 physical worlds within Satania.

*Salvington*, in the centre of Nebadon, is the headquarters and home of our Creator Daughter and Son, the Michaels, namely Mary Magdalene and Jesus.

All descending Daughters and Sons of God have high and divine origins. They are dedicated to the descending ministry of service on the worlds and systems of time and space, there to facilitate the progress in the Paradise climb of the lowly creatures of evolutionary origin — the ascending daughters and sons of God (humanity – us). Those Daughters and Sons who come forth from the Deities on the central Isle of Light and Life are called the *Paradise Daughters and Sons of God* and embrace the following three orders: Creator Daughters and Sons – the Michaels, Magisterial Daughters and Sons – the Avonals, the Trinity Teacher Daughters and Sons – the Daynals. All three groups have Spirits of Truth, no others do.

The remaining four orders of descending daughter and sonship are known as the *Local Universe Daughters and Sons of God* do not have Spirits of Truth: Melchizedek Daughters and Sons, Vorondadek Daughters and Sons, Lanonandek Daughters and Sons, and Life Carriers.

The chief executive of a local system (such as Satania which includes Earth) of inhabited worlds is a primary Lanonandek Daughter and Son (was the Lucifers), the System Sovereign. The Lucifer Rebellion in the system of Satania was the most recent and the most widespread of all. Thirty seven (37) inhabited worlds were seduced into rebelling, by following the Lucifers and their deputies, the Satans. Earth then went on to Default at the time of Eve and Adam. Later on we crucified the Creator Son, Jesus, and ignored Mary Magdalene. So now we have the physical presence of an Avonal Pair. Only the Avonal Pair can take on all of our wrongness and heal themselves. It is their Spirits of Truth that we are to long for so that we, humanity – all of us – can then heal the Rebellion and Default that we have all embraced.



Partly drawn from The Urantia Book (TUB) 7 July 2018

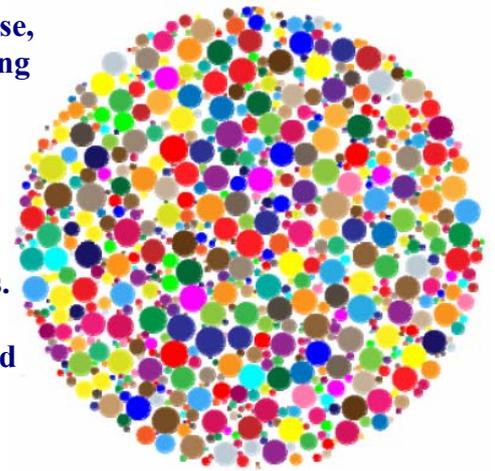
**There are 100,000 MICHAEL soulmate pairs as REGENTS throughout our SUPER-UNIVERSE:**



One of these 100,000 dots represents Nebadon, our local universe, consisting of 100 constellations with each constellation containing 100 systems which in turn have 1,000 worlds. The system in which Earth is within is called Satania.

Nebadon has some 10,000,000 physical planets, of which 3,840,101 are inhabited. The regents of Nebadon are the soulmate pair being the Paradise Creator pair, Mary and Jesus.

This structure is repeated throughout our super-universe, called Orvoton, 100,000 times. There are some 100,000 Regent pairs, equivalent to Mary and Jesus, throughout our super-universe.



There are 7 super-universes that rotate around the Isle of Paradise which is the home of our Heavenly Parents, our Mother and Father. Thus, there are some 700,000 Regent pairs equivalent to Mary and Jesus.

When we progress beyond the spirit Mansion Worlds, we enter the first of the three Celestial spheres, the home city being Jerusem, this is also the home city for all 1,000 physical worlds in Satania. From there we will progress to Salvington being the head quarters for Nebadon and the home of Mary and Jesus. Then we progress to Paradise.



**Earth** →

## HIERARCHY of our SPIRITUAL GUIDANCE:

Our Heavenly Mother and Father permanently reside within Paradise, an island stationary world surrounded by Havona, in the centre of seven Super Universes.

Our Heavenly Mother and Father, being one soul manifesting two personalities, bring about the creation of:

Creator daughters and sons – Michaels

Magisterial daughters and sons – Avonals

Trinity Teacher daughter and sons – Daynals – and others.

The Michaels and Avonals have Spirits of Truth to be released to assist the humanities on their assigned inhabited worlds.

Each Super Universe consists of 100,000 Local Universes.

Each Local Universe is overseen by a Creator daughter and son, our local universe is called Nebadon and Jesus and Mary Magdalene are the Michael pair and regents.

A local universe consists of 10,000,000 inhabitable worlds of which 3,840,101 are inhabited within local universe Nebadon.

A local universe consists of 100 constellations which is made up of 100 systems. Each system has 1,000 inhabitable worlds. The system that Earth is in is Satania and 619 worlds are inhabited.

Emanating from within the Local Universes are Melchizedek, Vorondadek, Lanonandek, Material and Life-Carrier pairs. None have spirits of truth – they are not from Paradise.

From within the Lanonandeks, assigned to oversee the system Satania, which includes Earth (Urantia) were the Lucifer, Satan, Caligastia and Daligastia soulmate pairs, who rebelled. Further, Adam and Eve, the Material son and daughter, defaulted because of the Rebellion. All failed in their assignments, causing us (humanity on Earth) to be spiritually misled for 200,000 years – that is why we are all ‘insane’!

Earth has had five higher spirit physical bestowals:

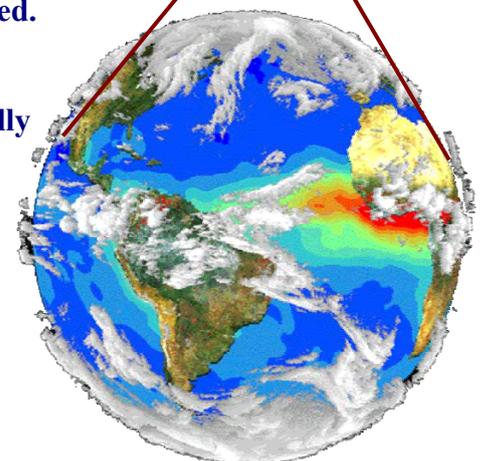
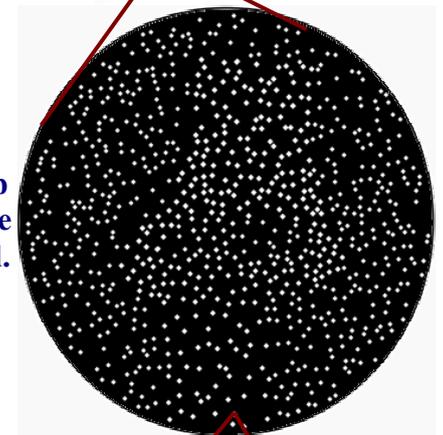
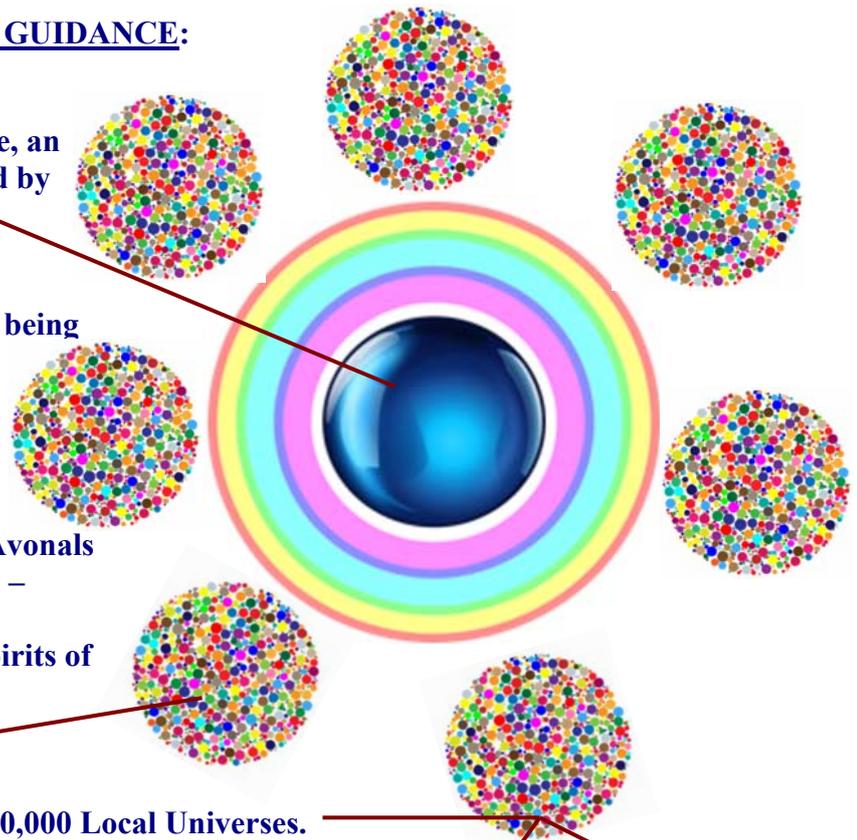
Daligastia soulmate pair being Lanonandeks

Adam and Eve soulmate pair Material son and daughter

Machiventa Melchizedek soulmate pair

Creator daughter and son – Jesus and Mary Magdalene

Avonal daughter and son who are yet to commence their public ministry.



## SO, what is it that PASCAS PARK is INTRODUCING to you?

Firstly, how and when humanity started to be guided in the wrong direction, in a spiritual sense, away from our Heavenly Mother and Father – away from God. Yes, we have a Heavenly Mum and Dad!

### **The New Way: learning how to live true to ourselves by living true to our feelings.**

Spiritual leadership of the System that Earth is within was assigned to the Lucifer soulmate pair who are of the Lanonandek spirit class from within our Local Universe of Nebadon. This assignment was given to Lucifer some 700,000 years ago by the emerging regents of Nebadon, being the Creator Daughter and Son that we know as Mary Magdalene and Jesus. How is that for a blast to begin with!

Progressively Lucifer became dissatisfied with the leadership of the Creator Daughter and Son and began to propagate the way of living to be through one's mind. He, through his lieutenants, seduced the humanities on 37 earth like worlds within the System of Satania, of which Earth is one, to believe that they could become mini-gods by living through their minds. Earth's humanity subjected their soul-based feelings to the subordination of their minds. Further, as the female is closer to their feelings than is the male, the male began to suppress the female which is self-evident around the world. We are now also suffering the consequences of worshipping the mind as the mind cannot discern truth from (false) falsehood or illusion, being addicted to untruth and the control of others.



Lucifer, and his main lieutenant, Satan, supported by Caligastia and Daligastia, all from the Lanonandek spirit group, worked hard to corrupt humanity forcing all people to live by their mind-rules. This being the Lucifer Rebellion we live in. With the coming of Jesus and Mary Magdalene and their achieving full regency over the Local Universe of Nebadon at the time of Jesus commencing his public ministry here on Earth in the year 26 CE, the Rebellion technically ended with Lucifer, Satan and their partners being imprisoned in spirit; however we on Earth have still carried the Rebellion hopelessly on by Default, still subjected to its controlling mandates. Caligastia and Daligastia were spirit-imprisoned in the early 1990s when the Avonal pair here on Earth apparently commenced their Spiritual Healing.

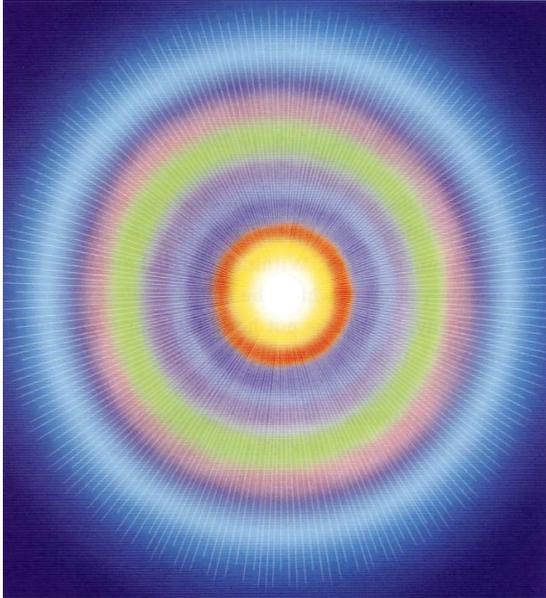
What has progressively unfolded is outstanding: The Rebellion that Lucifer and Satan imposed upon Earth's humanity some 200,000 years ago; together with the Default by Adam and Eve more than 38,000 years ago, both coming to a complete end. With all of this being demonstrated at the Pascas Park.

Early 1990s:	The arrest of the Caligastia and Daligastia soulmate pairs.
22 March 2017:	Negative mind-spirit influence was blocked by Celestial spirit.
31 March 2017:	Angel assisted healing will become available upon the Avonal pair completing their own Feeling Healing, being with Divine Love, thus it being Soul Healing.
22 May 2017:	Law of Compensation quickening.
2 December 2017:	Psychic Barriers maintaining the Rebellion and Default were cracked.
8 December 2017:	Bring on the money to ' <b>house the future of humanity</b> '.
31 January 2018:	Earth and the seven associated Mansion Worlds (including the two Earth planes) are <b>officially</b> now fully under the control of Celestial spirits. This marks a tangible and real end to the Rebellion and Default.

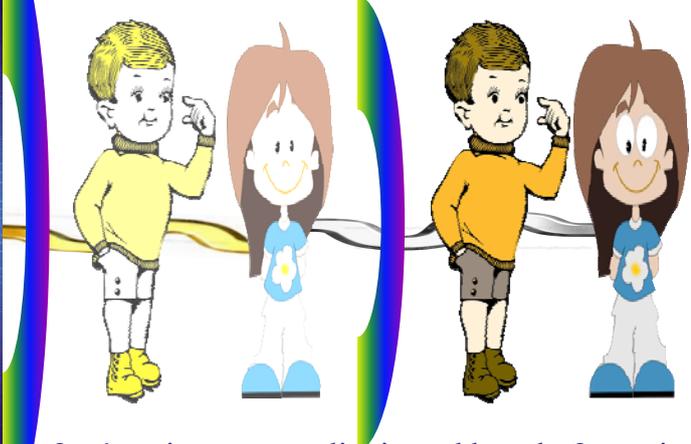
**DIMENSIONS of ONE’S EXISTENCE:**

Our SOUL IS NOT ENSOULLED IN OUR SPIRIT BODY. Our soul exists existentially in a whole different level or plane or place or dimension of being – ‘soul land’. It doesn’t exist in Creation, it’s not experiential like Creation is. The soul, all souls, help create their part of Creation by expressing their personalities into Creation, and then by having their personalities do things (further create) in Creation.

SOUL exists existentially



Our Physical Body and our Spirit Body are of Creation, being linked together by cords of light as are the two spirit bodies, male and female, to the one Soul.



One’s unique personality is soul based. Our unique soul expresses its unique personality through the two spirit bodies and physical bodies expressing both the male and female aspects.

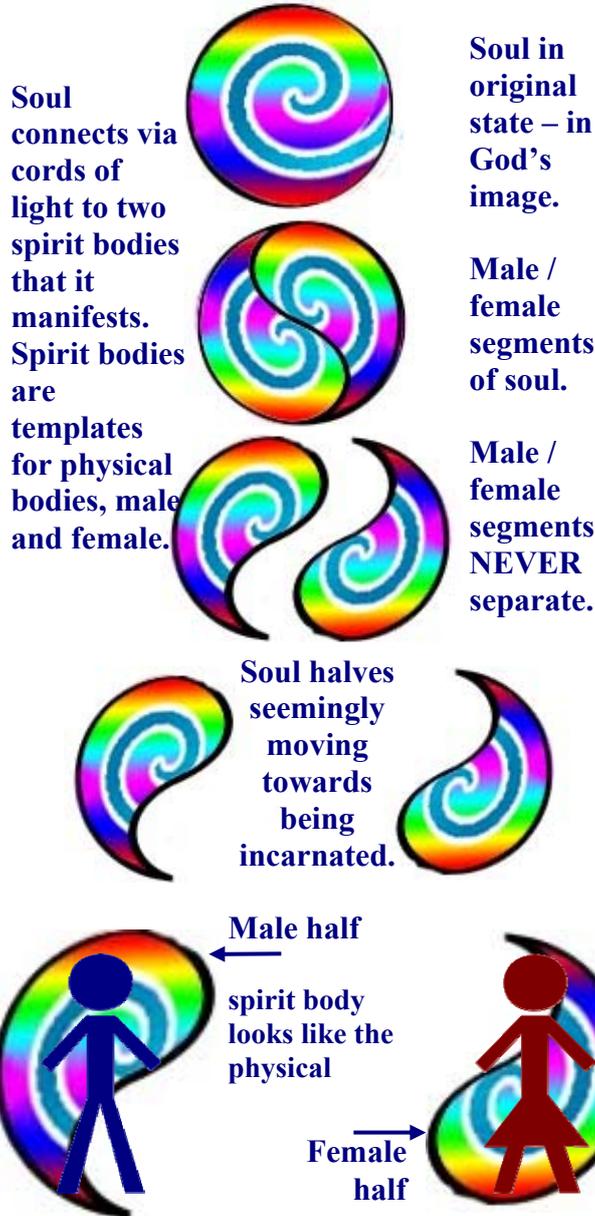
**P E R S O N A L I T Y**



**Our soul is the centre of our personality. We are children of our Heavenly Parents. Our soul manifests a male and female personality - it is a duplex!**

**Feeling  
Healing with  
Divine Love is  
the key!**





**SOUL:**

The Real You is your soul, you are one 'half' of that soul.

Each half of the original soul incarnates a spirit and physical body simultaneously, they being connected. The soul expresses each of its two personalities as a woman and man. True soulmates are always of the opposite sex.

Sexuality is an attribute of the two personalities the soul expresses; the soul itself does not know sexuality.



The soul connects to the two spirit bodies it has created by 'golden cords' of light; and the spirit body is in turn connected to the physical body by 'silver cords' of light.

The spirit body is your astral body. The etheric is really the body that is the template for the physical and one that doesn't hold consciousness.

The soul remains invisible to the spirit and physical bodies, only being discernible by its luminosity through the spirit body.

95%+ of humanity currently are within the 1<sup>st</sup> sphere of development.

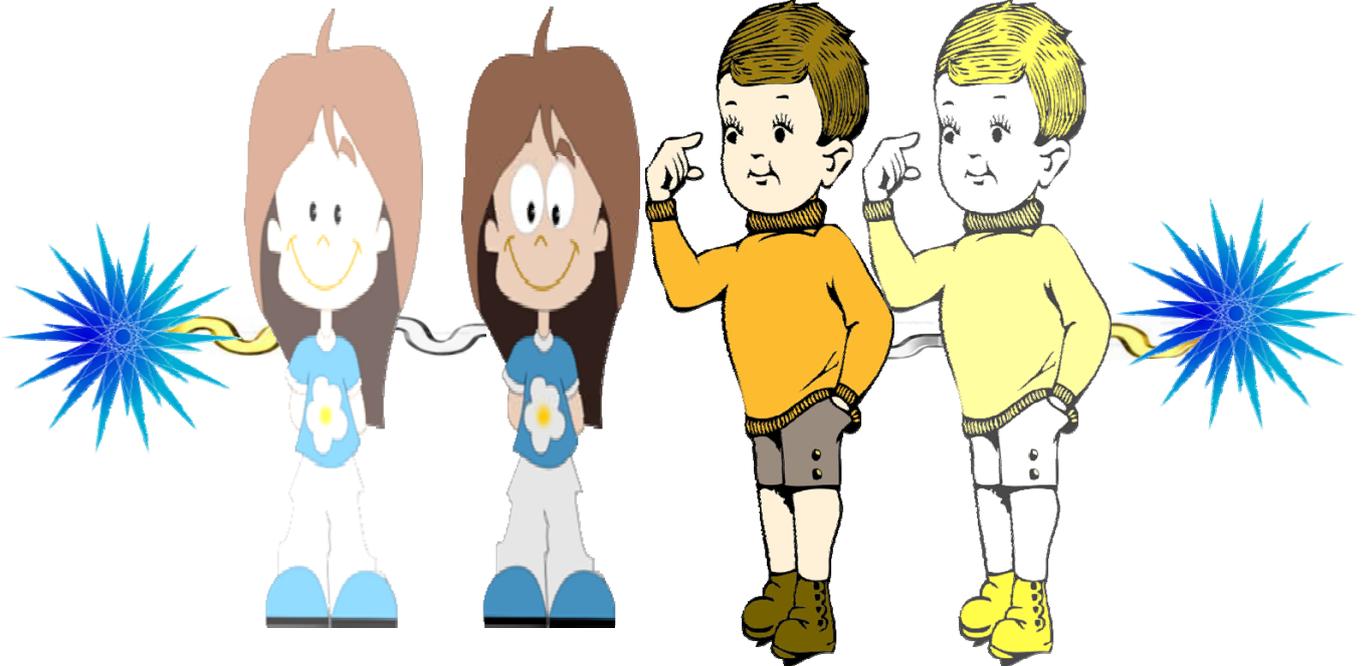
**PERSONALITY**

Soul Spirit Body Physical Body



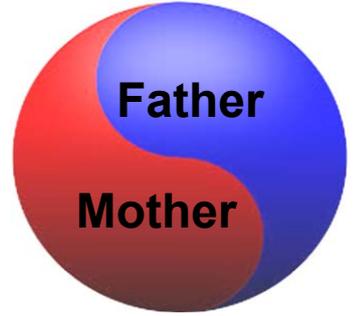
**PERSONALITY**

Physical Body Spirit Body Soul



# MUM & DAD THIS WAY

## GOD



HEAVENLY PARENTS



JESUS & MARY



AVONALS



**I'D TURN BACK IF I WERE YOU!**

AVONAL PAIR

MARY & JESUS

GOD

Through out the Avonal Age of 1,000 years, their Spirits of Truth will assist us in embracing and engaging with our Feeling Healing and with Divine Love our Soul Healing, they will assist us to develop our soul well into Celestial Heaven status should we persevere with such a goal. To the extent that the Avonal Pair develop themselves while here in the physical on Earth is the level that their Spirits of Truth will be able to assist us. Then it will be Mary and Jesus' Spirits of Truth that will assist us up and out of Nebadon, where our Heavenly Parents will then assist us onto Paradise, Their home.

**ANDON and FONTA lived about 993,5000 years ago:**

Monday, 20 November 2017

Note from John the Typist: Amon and Aman (Andon and Fonta), our First Parents, did they ever have the Divine Love available to them?

Further, have Amon and Aman continued to be involved with humanity as they progressed to the next phase of development beyond the Celestial Heavens?

James: And Nanna Beth, what about John's questions about the First Parents – did they have the Divine Love available to them and partake of it, and are they still involved directly with humanity?

Nanna Beth, 3<sup>rd</sup> Celestial Heaven: **They had the potential to partake of it, this being what was so special about them, they being the first real humans, which means, the first people with the ability to partake of the Divine Love should it be made readily available.** And from then, all humans had this same potential (except that potential was closed down in everyone at the time of the Rebellion). It's what separates us from the animal side of life. So **it's even more than just having a soul, it's having the potential to bring that soul into a divine level of self-expression through its two personalities.**

Then what happened **was the Rebellion effectively removed that potential for partaking of the Divine Love.** And I know it goes hand in hand, James, as you were musing over in the car, however it's still a technical point. **The potential of becoming divine is removed upon the outbreak of Rebellion to a material world, thereby requiring that level of the Rebellion to be terminated for the potential to be reinstated. This happening with Mary and Jesus' living their lives on Earth.**

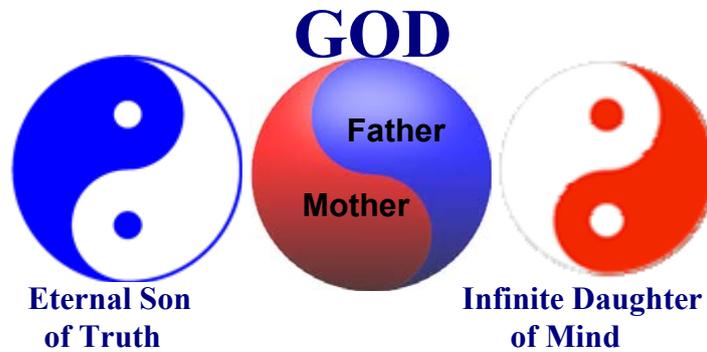
**So the Divine Love wasn't available because a Paradise bestowal pair hadn't come to Earth; and even if people had the potential to receive the Divine Love they still would not have been able to until the Pair comes and liberates the Divine Love.** So as you were musing, what did it matter whether they had the potential or not when the Divine Love wasn't available anyway, however it matters a lot as I said on the technical level.

And what this really means is once Rebellion occurs then everything goes haywire, then that humanity steps off the path of Natural love perfection and moves toward oblivion, which you are all living the results of. Whereas, had no Rebellion happened, and so people living with the potential of partaking of the Divine Love, even though it wasn't readily available, they would have evolved their lives very differently compared to how Earth humanity has evolved, all maintaining their Natural love perfection and in preparation for the day when the Paradise Pair would come and bestow the Divine Love to their world.

So by not having the potential causes great problems in and of itself, because you no longer have those Natural love circuits open to you, you live a greatly distorted Natural love, one reflecting the fact that such potential has been withdrawn and like it doesn't exist. So you have no true Natural love desire and connection with God, nothing that would lead you to wanting to be with God and be as perfect as God is, which means to be with God on Paradise, because there is no such potential there to have such desire. So you all have a false desire to be at-one with God, it's not a true feeling desire, it's a mind one, and it's actually to be at-one with the Mind of God, which you can't be at-one with. And then on top of it all now, you've got more distortion because of the potential for the Divine Love being restored along with it being made available to you (as it didn't have to be made available back then, Jesus and Mary could have decided to withhold it until the Avonals came and revealed the truth about the Healing), with some people longing for it aware that they are, and others not even aware, and so adding to their inner distortion by receiving the Love and yet not doing their Healing. And so what happens to the Love and

its effects upon your soul when you are not wanting to Heal yourself and grow in truth through your feelings?

And as far as concerning where The First Parents are now, they have moved on with the old guard, having been released from such duties that being The First Parents required. You can see and even in a sense ‘meet’ with them when you come into the first Celestial sphere, we have a museum sort of arrangement, it’s massive and highly complex and covers every aspect of humanity’s history on Earth and in the Mansion Worlds. And you can sort of interact with the exhibits – if I can crudely call them that. You literally walk into say the Atlantean times and explore using your mind for whatever aspect of such times you care to. You can even in a sort of holographic way meet with people from those times, speak with them in a sense, although it’s all automated, it’s not the real person who is now a spirit, although the whole experience being so real and amazing makes your mind believe it is the real person or spirit. So we can even talk to Mary and Jesus like this, which a lot of Celestials do when they first arrive, it all helping them to get to know them better and know what they were all about. It’s a massive learning centre and contains all the knowledge of humanity’s experience, so anything and everything is kept there like ‘living’ archives.



**By living true to ourselves, true to our feelings, we are living true to God. It’s that simple.**

*Feelings first*

**LIVE FEELINGS FIRST**

**FEELINGS FIRST For Kids**

## **HUMANITY on EARTH is QUARANTINED from all other HUMANITIES!**

Due to the Rebellion and then the Default, humanity on Earth has been quarantined from contact with humanity from any of the other earth like worlds. Throughout all of our Local Universe of Nebadon there are 3,840,101 inhabited worlds of which only 37 have Rebelled with Earth having both Rebelled and Defaulted. Earth's humanity is in a very sorry state. Throughout our super-universe there are 100,000 local universes – no other local universe has any rebellions amongst their inhabited worlds. There are a total of seven super-universes – there are no rebellions within the other super-universes. We on Earth have strayed a long way spiritually from our Heavenly Mother and Father, and it's a long way back, which is why we need to do our Spiritual Healing.

For this reason we are quarantined from all other humanities, including the other humanities from the total of 37 rebellious worlds. What do you think we would do with any visitors from other worlds? There are no 'star wars', only we, humanity of Earth, slaughtering each other!

There have been no visitors from other worlds these past 200,000 years. Yes, some have sent drones to monitor and observe Earth's humanity. Some craft have appeared to be manned but they have been holograms of beings.

We conceitedly consider that humanity is the most advanced it has ever been. Which may be so along some specific lines of technological development, however Earth's scientific development has not reached some of the thresholds reached by previous Earth civilisations – for example, the pyramids!

Around every 12,500 years there is a 'pole shift'. A wave of galactic energy passes through **all** worlds creating what is referred to as a 'pole shift'. The shift changes the energy that is typically harnessed by a humanity of a 'pole shift' era. Prior to the last Earth 'pole shift', the energy system employed engaged magnetism and gravitational forces. Earth's humanity at the time was able to leave Earth and had set up equipment and monitoring systems on the Moon! Yes, Neil Armstrong is not the first man to step on the Moon – sorry Neil. However, that humanity could only leave Earth for as long as the air that they carried lasted – they could not recycle air. Further, they had not developed metallurgical capabilities – no shiny alloys and metals. They had mastered the use of rock in fabrication. What we sometimes see as unexplainable craft in the air are robotic craft built by Earth's humanity prior to the last pole shift!

Oh, after a pole shift, the energy system available to Earth changes, thus the surviving humanity is brought back to basics and then has to discover and develop the new energy system.

The quarantining of Earth's humanity extends into the spirit worlds. We must fully heal ourselves of the imposts of the Rebellion and Default before we begin to interact with humanities from other worlds.

Earth's humanity isolation extends throughout seven spirit Mansion Worlds. Thus we remain in the "Hells" throughout our progression through the seven spirit Mansion Worlds and only when we enter the Celestial Heavens, the first three Celestial Heaven spheres that is, do we have partial contact with humanities from other worlds. When we progress beyond these first three Celestial Heavens, only then, are we healed of the imposts of the Rebellion and Default and have full interaction with humanities throughout our System of worlds of which there are 1,000 such worlds with 619 having humanities very similar to us. Yes, they look like us with some taller, skinnier, plumper, shorter than us depending upon the environment of their world.

<p><b>We are to express our feelings, both good and bad, at all times, and to long for the truth of them.</b></p>
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**REBELLION and DEFAULT formally ended 31 January 2018:**

All in keeping with the **outworking of the Rebellion and Default**. Humanity is so shut off to anything that one's feelings provide, we are all but minds robotically carrying out instructions; nothing is fluid, intuitive nor feeling-free. Our whole world can't change as it is, because everyone and everything is so bogged down in the mire of artificial laws and procedures. Zelmar – Melchizedek 11 March 2017

**WE'VE BEEN SCREWED BY  
LUCIFER REBELLION**

**Spirit mind Mansion Worlds 1 – 7**

These rebellious spirits interfered with spirits from Earth living in the Mansion Worlds. They caused humanity to turn away from God. They stopped us looking to our own feelings for the truth God wants us to live. They inducted us into their Rebellion and Default.

Those spirits within world 6, being mind spirits, are not of perfect Natural love. They are perfect in their imperfect Natural love. They have taken their denial, mind controlling state as far as they can, believing they are happy, loved, loving and all the rest, all mind-generated beliefs. The ultimate self-delusion. So that's what the gurus and those sorts of people and spirits are striving for. To live the Rebellion and Default as perfectly as they can. And people and mind spirits worship them, trying to emulate them, thinking wrongly that it's the highest spiritual way to be. And wrongly believing they are at-one with God, when they are only at-one with their fantasy, mind-contrived 'God'. They are fully embracing what Lucifer seduced humanity into embracing – all going the wrong way, away from our Heavenly Parents.

Further, they might believe they are soulmates, but they aren't because they are still on their truth-denying mind conditions. And as that is anti-love, so they are anti their true soulmate. So they come together believing they are soulmates based on their false love of mind pretence.

**Feelings First Spirituality, The New Way  
Unlock your Truth through your Feelings  
Feelings First Spirituality, The New Way  
Feelings are your own truth and personality**

**FEELINGS FIRST SPIRITUALITY  
is uncovering your destiny**

**HOW SCRIPTURES CAME ABOUT:**

**Lanonandeks:** Lucifer, Satan, Caligastia, Daligastia and their partners, high spirits that oversee humanity, rebelled against the Truth, Mary Magdalene and Jesus, and against God.

**Lanonandeks**  
Lucifer ~  
Satan ~ etc

8, 9,  
10 **Celestial  
Heavens**

7 **Transition**

6 **Spirit  
Mansion  
5 Worlds  
being**

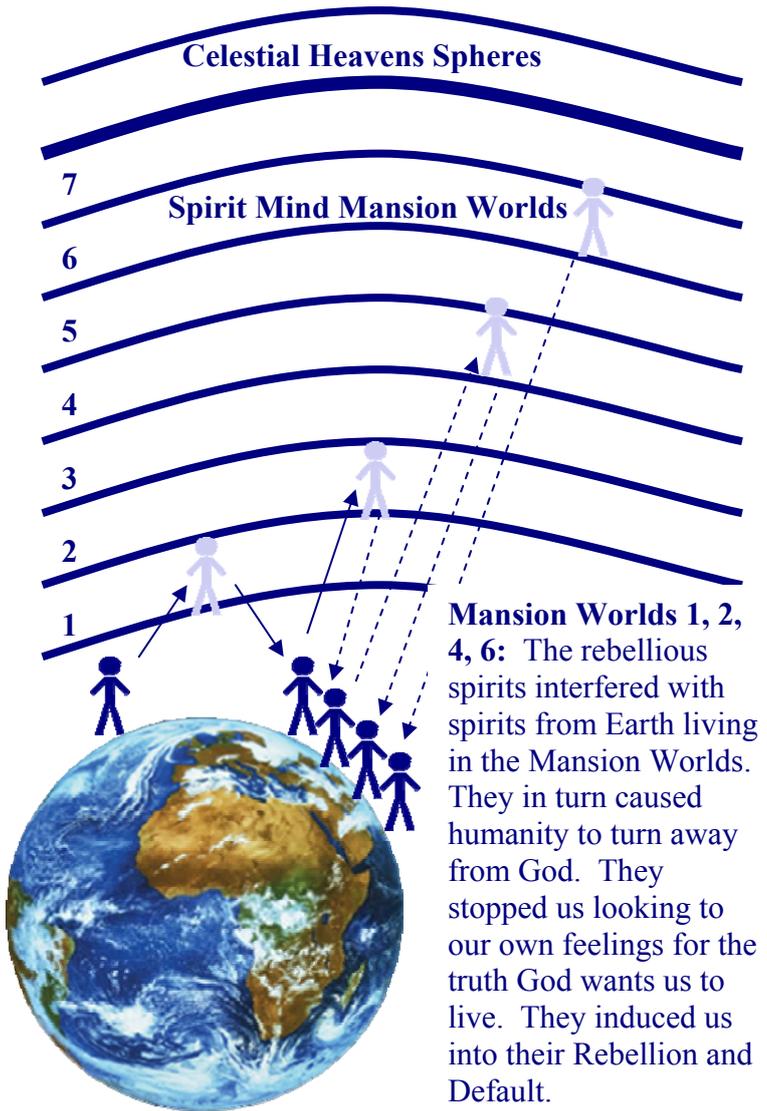
4 **spheres  
1 - 7.**

3 **Healing**

2 **worlds are  
3, 5, 7.**

1

**Earth physical**



**Earth:** The rebellious higher spirits together with the corrupted and lost-to-the-truth Mansion World mind spirits, interfered with people on Earth – now is stopped as of 22 March 2017.



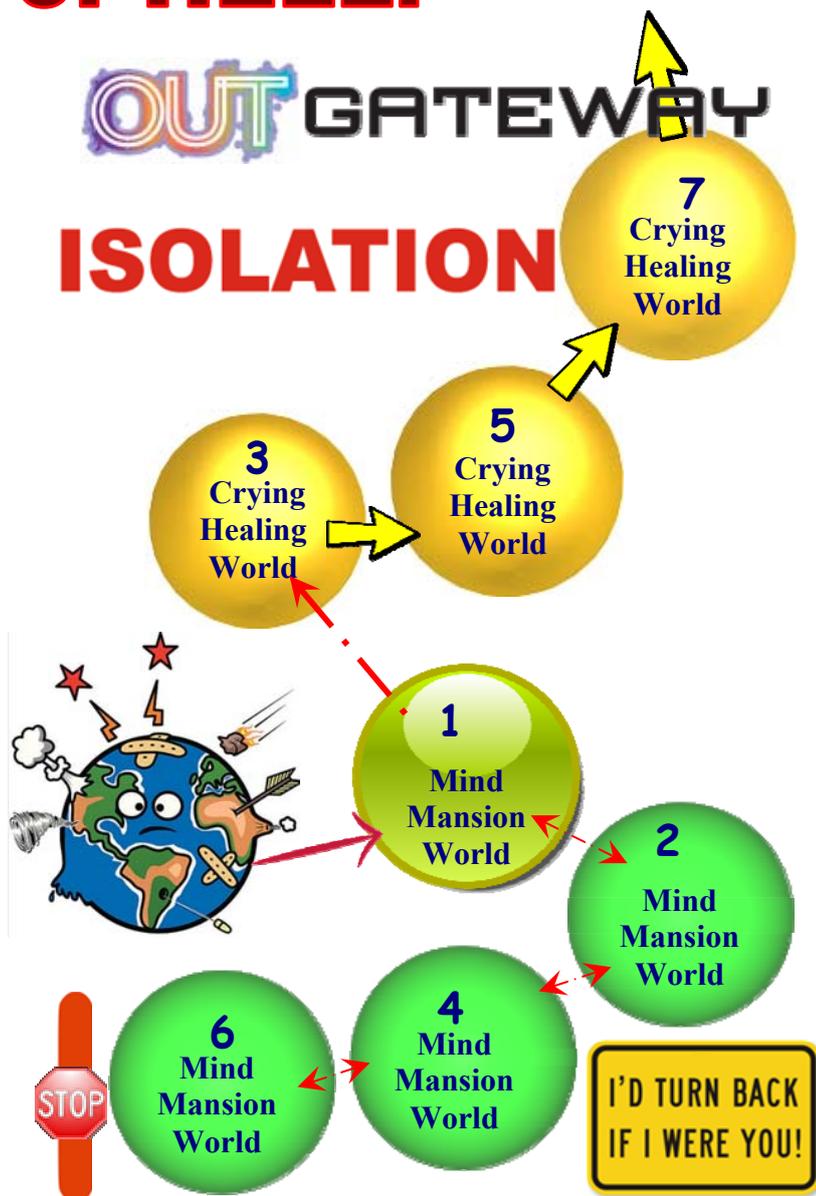
# Boundaries of HELL!

The gateway out of our isolation from all other humanities within our local system is opened to us upon the completion of our healing of all that represents the Rebellion and Default.

While we remain embraced within the Rebellion and Default, even though we are unknowingly doing so, all of the humanity of Earth is isolated from all of the other humanities throughout our local system of Satania, all 619 inhabited worlds, thus effectively we are in hell!

Further, we are also isolated from the Spirits of Truth that our spiritual parents can offer us, until we complete our healing and enter the first of the Celestial Heavens, and that is when we move through the gateway and progress beyond healing Mansion World number 7.

Life on Earth is living in hell in the physical. Many of us consider it to be wonderful – that is a fantasy. Our physical parents have remodelled our personality to reflect what they consider appropriate ... IT'S NOT! We are to freely express the personality that our Heavenly Mother and Father bestowed us with.



Many of us fight so powerfully against our childhood suppression and repression that we go on and cause great harm to many others, all of which the Law of Compensation takes into account. The lower levels of the 1<sup>st</sup> mind Mansion World is a region for our compensation. We ALL enter the 1<sup>st</sup> mind Mansion World as spirits upon the death of our physical body. The pain we cause to another is the pain that we will endure in compensation. Those who try to continue to inflict harm on others, cannot do so, may find themselves within the 1<sup>st</sup> and 2<sup>nd</sup> planes of Earth. The 1<sup>st</sup> Earth plane being the worst of the hells, while the 2<sup>nd</sup> is bridging towards a return to the 1<sup>st</sup> mind Mansion World hell sectors. You can continue to live through your mind and perfect the mind but you will end up at a dead end in the 6<sup>th</sup> mind Mansion World. There are more than 200 billion spirits within the 1<sup>st</sup> and 2<sup>nd</sup> mind Mansion Worlds and the two Earth planes of compensation. These areas are packed to the rafters! Only by embracing our Feeling Healing and with our Heavenly Parents' Divine Love can we heal ourselves and progress through the three healing worlds before transitioning to the Celestial Heavens and out of the Hells. Within the Celestial Heavens are spirit personalities from all of the 619 worlds within our local system called Satania.

# Boundaries of HELL!

Humanity on physical Earth is in Rebellion and Default, thus hell! Upon death we all arrive in the 1<sup>st</sup> spirit mind Mansion World where we typically suppress our poor state and remain in the mind Mansion Worlds indefinitely. Some have a period in the ‘hells’ compensating for the pain they have caused others. Many continue their ‘mind worshipping’. However the way out is by embracing Feeling Healing, and with Divine Love, Soul Healing to progress up through the Crying Healing Worlds and transition out to the first of the Celestial Heavens.

## GATEWAY

Transitioning into the Celestial Heavens is also out of: **ISOLATION**

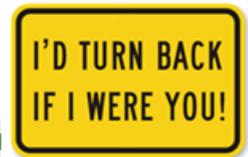
# OUT



If you go against yourself, if you're untrue to yourself, then you are going against God and all God's laws, and compensation is required to bring you back into the fold, which is what happens through our Spiritual Healing. It's the Law of Forgiveness, forgiving yourself through self-acceptance, which is dominant in this part of your life. If you cross the line and abuse your children, that being up until they are 21 years old, then you have both levels and amounts of Compensation and Forgiveness to deal with, that which happens as part of your Healing. And as everyone abuses their children, we being conceived into our parents' rebellion against the truth of our soul, so all who have children have to come to terms with all they've done through their Healing.

Kevin 18 Feb 2019

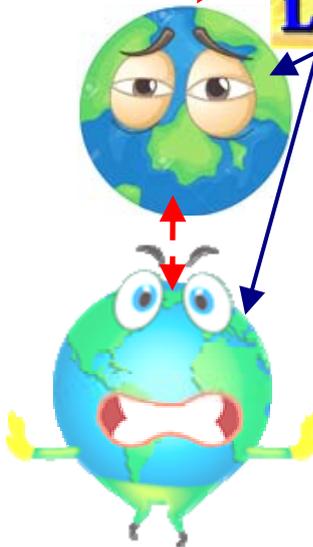
## Law of Forgiveness



## Law of Compensation

If you go against someone else, as in cross the line and grossly interfere with their will, and there are degrees of this, then you will have to suffer the pain you have caused the other person, spirit or creature, which as you know is the Law of Compensation; and as to the extent of crossing that line and hurting another determines whether you have to spend time in the hells or not.

Kevin 18 Feb 2019



The minor ‘hells’ are the lower levels of the 1<sup>st</sup> mind Mansion World whereas the more severe are the Planes of Isolation being the 2<sup>nd</sup> Earth plane with the severest being the 1<sup>st</sup> Earth plane. Pain caused to another is the pain that will be endured before returning to the 1<sup>st</sup> mind Mansion World, all then to consider your Feeling Healing.

# Seven Spirit Earth Planes

Each of the seven Earth spirit planes co-exist in the same space as we do in the physical. We of the physical world are of the coarsest and densest material. Starting with the 1<sup>st</sup> plane, the material within each plane becomes finer, more refined and of greater luminosity. Those within the lower planes cannot see or discern the presence of those in higher planes. Those of the higher planes can move about those in lower planes without them being aware of being present unless they wish to reveal themselves.

Each plane is predominantly for one group of spirit or angel personalities, however there are sectors within planes where visitors from higher planes can move about freely. No harm or disturbance can be caused by any spirit personality upon another, not even those within the physical Earth existence.

7  
6  
5  
4  
3  
2  
1

7<sup>th</sup> Earth Plane being for visitors from Havona and Paradise, together with the Daughters and Sons of God. This includes Angels who have come all the way from Paradise.

6<sup>th</sup> Earth Plane being for visitors from the higher levels of our Local Universe. Higher Daughters and Sons together with higher Angels.

5<sup>th</sup> Earth Plane being for visitors from the Celestial Heavens and higher angels and spirits from other parts of Creation, including Finaliters.

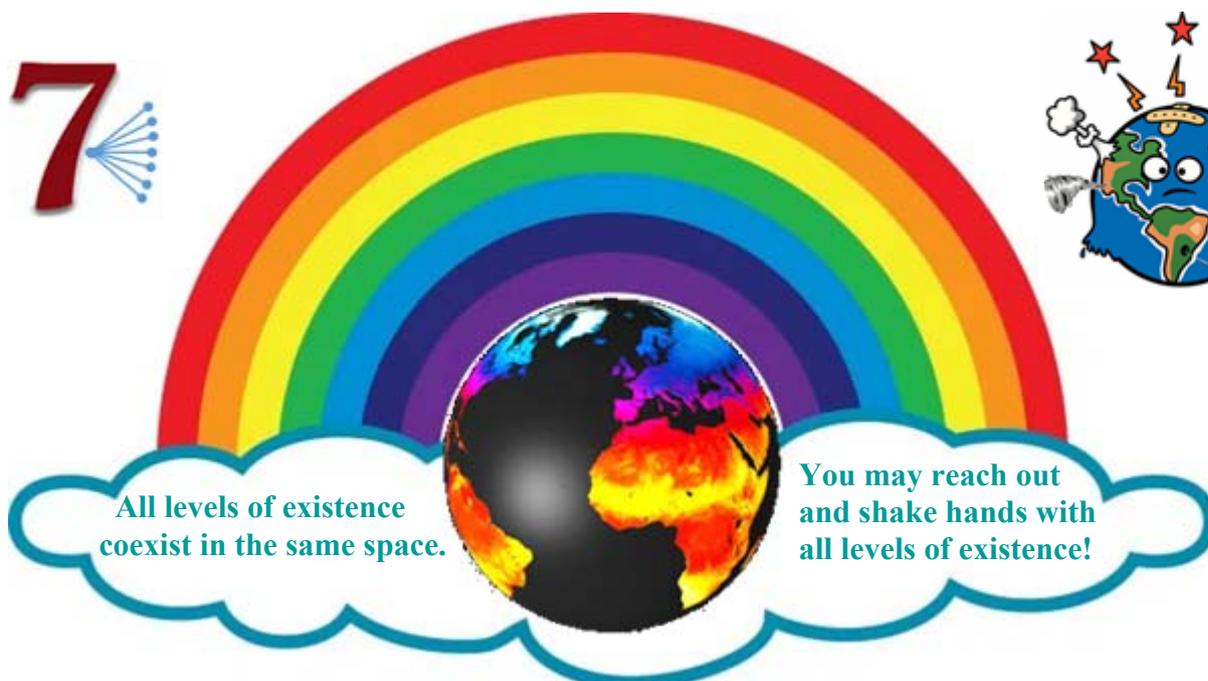
4<sup>th</sup> Earth Plane being exclusively for Angels, some of which have evolved from Nature Spirits!

3<sup>rd</sup> Earth Plane is the exclusive domain of Nature Spirits who are derived from creature life experience on Earth.

2<sup>nd</sup> Earth Plane – a ‘Sphere of Isolation’ from which one progresses having settled the Law of Compensation, allowing entry into regular spirit life in the 1<sup>st</sup> spirit Mansion World.

1<sup>st</sup> Earth Plane – the darkest ‘Sphere of Isolation’ and closest to Earth. A plane allowing spirits to live in their state of hell because of their grievous inclination to cause harm to others.

7



All levels of existence  
coexist in the same space.

You may reach out  
and shake hands with  
all levels of existence!

### **WHY is this UNFOLDING only NOW? Why didn't Jesus and Mary do this?**

Mary of Magdalene and Jesus, being soulmates and Creator Daughter and Son from Paradise, the home of our Heavenly Parents, did not come to Earth for the benefit of Earth exclusively. They came for the benefit of all the humanities throughout our Local Universe of Nebadon, all 3,840,101 of them.

By their experience on Earth, Mary and Jesus obtained their full regency over Nebadon and this brought about their authority to have the rebellious Lucifer and Satan soulmate pairs arrested and imprisoned which is where they remain today, in a spirit prison world all these past 2,000 years.

Of great importance to all of the humanities – is that Mary Magdalene and Jesus then having achieved full regency over Nebadon – enabled the bestowal of our Heavenly Mother and Father's Divine Love on all who should: long for Their Love, ask for Their Love and pray for Their Love – including you and me! The Divine Love does not heal you, however for those who long for It and receive It, the Divine Love does certainly make your soul Divine in nature and consequently immortal.

Mary and Jesus, following the deaths of their physical bodies, released their Spirits of Truth for all throughout the local universe of Nebadon, be they in the physical or in spirit. It is only through the assistance of Mary and Jesus' Spirit of Truth that a Divined soul can progress up through Nebadon and then out of Nebadon and be on their way home to Paradise, the home of our Heavenly Mother and Father. All who died, on all of the worlds throughout Nebadon, and being in spirit in their healed states, having not participated in a Rebellion, could not proceed any further until Divine Love became available and the Spirits of Truth of Mary and Jesus could show them the way through and then out of Nebadon.

For Earth's humanity in its Rebellion and Default, Jesus opened the spirit healing Mansion Worlds numbered 3, 5 and 7. Jesus also opened the Celestial Heaven spheres which are numbered 8, 9 and 10. It is through these worlds and spheres that Earth's humanity progress and complete their healing of the imposts of the Rebellion and Default. While we 'perfect' our minds and progress through mind Mansion Worlds 1, 2, 4 and 6 we are going in the wrong direction, away from God, and to a dead end. We have to turn back and do our healing through the crying healing Mansion Worlds 3, 5 and 7.

Mary Magdalene started some women on their healing while she lived in Egypt after Jesus' assassination. Five women subsequently progressed through the healing Mansion Worlds 3, 5 and 7 and transitioned into the Celestial Heavens 1, 2 and then 3. They then brought others along including their soulmates. You cannot progress beyond these three Celestial Heavens without your soulmate who is always of the opposite sex to you.

The numbers within the Celestial Heavens have taken 2,000 years to build-up to the levels required now for Feeling Healing to be introduced onto physical Earth. The Melchizedeks took over the spiritual oversight of humanity when the Rebellion ended and are now helping and encouraging the Celestial spirits to have more say in and control of the healing of humanity. With it being highly unusual that our Celestial Spirits are being given increasing authority over the affairs of humanity.

**This time, in the history of humanity, is the most exciting time ever experienced.**

**So what the heck is going on????**

# ENOUGH IS ENOUGH

Andon and Fonta, our first parents to long for our Heavenly Parents, lived nearly 1,000,000 years ago. Naïve humanity was seduced by high spirits, the Lucifer pair, to believe they could be gods through their minds, thus men subjected women to subordination 200,000 years ago. This was added to by the default of the Adamic pair more than 38,000 years ago when they failed in their mission.

## REBELLION & DEFAULT **200,000** YEARS

When Jesus with Mary achieved their full Regency of Nebadon, in 26 CE, they immediately had the Lucifer and Satan soulmate pairs assigned to a spirit world prison. Since then, the Creator Pair have been preparing for the ending of the Rebellion and Default for humanity of Earth. The Avonal Pair now on Earth, once commencing their Healing, brought about the imprisonment of the Caligastia and Daligastia pairs in the early 1990s. As the Avonal Pair advanced with their Healing they brought about the formal end of the Rebellion and Default, on 31 January 2018. It is now for all of humanity to embrace the Spirits of Truth of the Avonal Pair and undertake their healing of the imposts of the Rebellion and Default.

## Avonal AGE 1,000 YEARS

Spirits of Truth of the Avonal Pair will guide us through our Feeling Healing and into the Celestial Heavens with Divine Love, then the Spirits of Truth of the Creator Pair will lead us through the Celestial Heavens and out through Nebadon towards our Heavenly Mother and Father in Paradise.



Each generation of 25 years or so will see marginal embracement of Feeling Healing, however 1,000 years will achieve universality.



A few will complete their healing during their lifetime but for many it will be incremental.

Universality of Feeling Healing with Divine Love will see the mitigation of discomfort, pain and illness as well as the imposts of global warming and Earth changes. As those events are to ensure that each of us embrace our feelings, both good and bad, down to the very core, so that we fully come to know who we truly are. Sciences will endeavour to remove pain only to see disease manifest in different forms. Earth disturbances are a result of the Harmonic Convergence of the late 1980s, increasing the rotation of the Earth's central core, this will only abate when humanity has universally embraced Feeling Healing. These influences are only imposed upon us so that we do not step back into the Rebellion and Default through complacency. Live Feelings First. We are to become the true personalities we are, that being daughters and sons of our Heavenly Mother and Father.

**FEELING HEALING is to LIBERATE OUR TRUE SELVES:**

One's soul is always true and perfect. It is the source of our feelings. When we long for the truth of a feeling, we are looking within one's self and the truth of that feeling will progressively unfold.

Our mind is that cluttering confused chaos that has imprisoned our soul. Our mind wants control. It demands and causes us great difficulties. One can liken it to a wrecking ball that has encased within it our always beautiful perfect soul, being our real self. The mind dominates our brain. Our mind is stuffed full of our childhood upbringing errors.

Our parents typically followed the chaotic path of nurturing that they were subjected to, and so it goes on, generation after generation. By the time we are six we have allowed our will to be encased by the wrecking ball of errors of our nurturing. We now have to feel through those errors and injuries and free our soul, free our will. Our soul based will is always what we are to express.

Beliefs become Faith, but when we experience it, then it becomes Knowing. And it is in reaching the Knowing that one becomes perfected in that aspect of who and what we are.

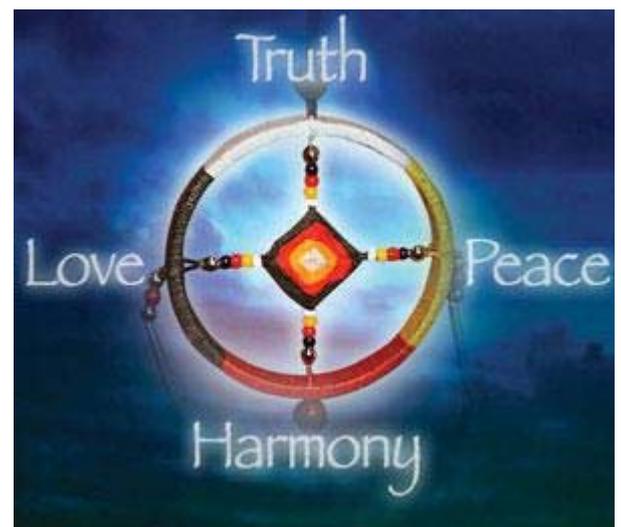
When we long for the truth of the emotion, it will most often be unsettling to say the least. This is because there is little that our parents taught us that is in truth. Our will has been suppressed by our upbringing so that we would be like them.

Childhood repression encrusts our wrecking ball mind which in turn suppresses our soul based feelings that are in perfect harmony and peace being based on love and truth as given to us by our Heavenly Parents. To shatter the wrecking ball we are to seek for the truth of all of our feelings, good and bad.

**MIND**



**SOUL**



# Crossover

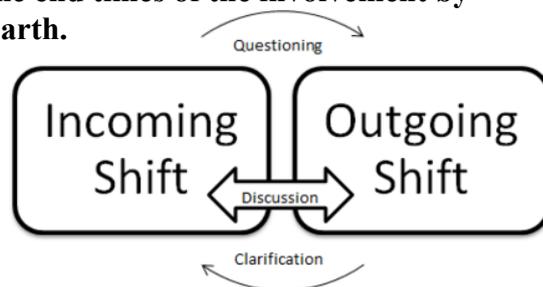
This time, in the history of humanity, is the most exciting time ever experienced.

# the Handover

This is the time that man is now able to evolve in its spiritual development. Man has endured 200,000 years of Rebellion and compounded this with the Default of some 38,000 years, now it has been provided with the guidance to put aside the negativities of the Rebellion and Default.

With the guidance that was provided through James Padgett (1914 through to 1923), man became again aware of the availability of Divine Love from our Heavenly Parents. This also heralded the handover. That is, the commencement of the end times of the involvement by Mary and Jesus in the spiritual affairs of humanity on Earth.

Soul groups that have been in place during Mary and Jesus' 2,000 year involvement with Earth have progressively handed over to soul groups that have been forming since 100 years ago. The older soul groups have mostly progressed on further towards Paradise.



The second revelation, that followed from the availability of Divine Love, is the processes of Feeling Healing and Soul Healing. The understanding of the Feeling Healing process is the most important of the revelations and should have been the first to be revealed. Feeling Healing and Soul Healing are being revealed through and by Marion and James Moncrief.

The soulmate pair, that are the first to complete their Soul Healing, and upon their deaths, they will release their Spirits of Truth which will unify with the Spirits of Truths of Mary and Jesus so that humanity, in whole, will have access to these knowings and guidance for the next 1,000 years.

Mary and Jesus, being responsible for the spiritual wellbeing and upliftment of the whole of Nebadon, are to withdraw from their direct involvement with Earth and hand over the responsibilities to an Avonal Pair who take individual responsibility for the spiritual wellbeing and upliftment of individual planets and their associated Mansion Worlds, in this case, Earth exclusively.

## COUNCIL *of* ELDERS

For the next 1,000 years, via the Avonal Pair and the newly forming Soul Groups, Earth will be able to evolve through embracing Feeling Healing, and with Divine Love, one's Soul Healing. These newly formed Soul Groups are effectively 'Council of Elders' to assist humans living in the physical on Earth to enable all to be aware of the way to evolve.

With the absolute end of the Rebellion, this is the first time in 200,000 years that mankind, humanity, can take control of his and her destiny and evolve in love and truth for all eternity!

Throughout this coming era, our spiritual leaders will be an Avonal Pair, yet to be identified.

## GREAT U-TURN, THE CHANGE and the AVONAL AGE:

Monday, 24 December 2018

Nanna Beth – 3<sup>rd</sup> Celestial Heaven: The ‘Great U-Turn’ is what is happening now, it being the overall description denoting humanity turning away from following and advancing the Rebellion and its evilness as seen by living increasingly in a truth-denying state, to wanting to live true, to love truth, to be truth-accepting, all of which comes about ultimately by doing your Healing, as you become the living truth as it’s revealed to you; and also by people, like yourself John, who are currently more intent on understanding about it on an intellectual level. Both are needed, everyone who wants to embark upon their own personal U-Turn and the collective one of humanity, needs to understand a certain amount of what it’s all about with their mind as they work to bring the truths to light within themselves through their Healing. So anything to do with ‘reversing’ the Rebellion and Default is all part of the U-Turn. And it starts in a very small way within the individual, as it has already with the whole of humanity, being reflected by yourself and the others of your small band, who are wanting to live it and have accepted and believe it’s happening.



The Change, as such, is the same thing really, however technically The Change begins with the dawning of the new Spiritual Age – the Avonal

## THE CHANGE

Age. The Change as I was referring to it yesterday was to highlight that once the Avonal Age begins in earnest, EVERYTHING will change. So currently, even though the Change and U-Turn have ‘begun’, it’s early days, just the ‘scouts’ going out in all directions in preparation for the ‘main event’. So technically we can’t say The Change has begun, whereas in time when Mary and Jesus’ age ends and the Avonal Age begins, then we can say it has begun. Whereas we can say the U-Turn has begun, it being a more vague term and not a technical definition.

Also, James has written about The Change in his Sage novels in reference to all I have said above and also the Earth Changes, including the Pole Shift. However the Pole Shift, were it to come during the Avonal Age, would then be part of The Change, The Change being the whole 1,000 years. It’s going to take the whole 1,000 years to implement on the parent to child level the necessary Changes so as to ensure that the effects of the Rebellion will truly come to an end, with that “end” still going beyond the Avonal Age to complete. So the Pole Shift is just a physical phenomena, and certainly of itself it will cause great change, but it doesn’t of itself affect any spiritual change against the Rebellion and Default, and in the past it has helped humanity go deeper into its wrongness.

So the real Change I’m talking about is spiritual and involves the ending of humanity’s truth denial. That’s the most important part, to help people see they are living against the Truth, of themselves and of God, and that all they are



doing is part of that, and that if they want to end that, they will have to do their Healing. So the Change will be with the awakening to that, a consciousness shift, a vast change to the mind of mankind as it considers the state it’s in: that ALL it is doing, ALL it’s believed was right, ALL of it’s religious and spiritual beliefs, outlooks, attitudes, are all only keeping it in its truth-denying state.

Imagine the whole of humanity understanding and focused in the direction of knowing everyone is suffering because of being under the Rebellion and that it doesn’t have to be that way. So people living increasingly in the wrong direction and going further against themselves, once The Change fully starts,

won't be able to evolve further into a deeper or greater rebellious state, however stagnation within where it's stalled will be a big issue for a lot of people and mind spirits, those people and spirits who don't want to accept that's how they are is all wrong.

So you can say the Great U-Turn has started, the writing is on the wall for the Rebellion and Default, and when the Avonals come of age, when they finish their Healing and openly (publicly) declare who they are to the world (even if that world is only a very small group of humanity), then The Change will have begun.

**REBELLION** & **DEFAULT**

And once The Change officially begins, there is no turning back. After the Avonal Age, humanity will be given the chance to resume its evil ways and turn its back on The Change and all the Avonal Age has done, and certain people and mind spirits will want to do that, however they won't be able to change the momentum being lived by those who are intent on living true to themselves and God through their feelings. (The availability of Divine Love may be withdrawn for the following spiritual age.) Still in all fairness humanity has to be given the opportunity to decide whether or not it wants to fully heal itself, and without having imposed on it such strong influences as caused by the Avonal presence. But that's all a long time off.

**GREAT**  
*U*Turn &  
**THE**  
**CHANGE**

So the Avonal Age is a specific Spiritual Age (which you read about in TUB – The Urantia Book), giving rise to The Change in which humanity ends its truth-denial and living unlovingly against itself and its Mother and Father, all of which is the Great U-Turn.

celestial Friends

**Avonal AGE**

# Avonal AGE

## Law of Compensation *QUICKENING*



**World Controllers** are known as the hidden controllers on the world platform whereas the Deep State instigate their control over individual governments. The hidden controllers are families addicted to controlling others and have for generations evolved their evil genius by inflicting world wide suffering while accumulating impenetrable control over most of humanity enslaving them to debt and deprivation with impunity – until the commencement of the Avonal Age. These evil ones may be the first to feel the Law of Compensation come upon them which will debilitate and incapacitate them so they will no longer be able to continue with their evil ways. Through the instant application of the equivalent pain that would be associated with imposing their will upon another, they will find themselves in such a state that they cannot execute harmful intent and will therefore desist.

This earthing of the Law of Compensation will first apply to the Evil Ones, whose evil genius dominates their obsessive life style and is their total focus. These corrupted personalities who undertake heinous crimes without any remorse, believing it is their heritage and right, will find themselves suffering instantaneously and being crippled by pain causing them to abandon their controlling ways.

As the Law of Compensation is progressively expanded to embrace those with lesser controlling addictions, then humanity will find that the circumstance for conflict and war will abate thus slowly bringing about peace on Earth – the end of war.

Eventually, the full ambit of what the Law of Compensation is within the 1<sup>st</sup> spirit Mansion World may function on Earth which may see the closing of the spirit world ‘hells’ being the 1<sup>st</sup> and 2<sup>nd</sup> Earth planes.

The Law of Compensation applies to the harm we cause through our desire to control others. Once that is resolved then we proceed with the Law of Forgiveness which is our Feeling Healing resolving our childhood suppression and repression as well as how we treated our own children.

**Law of Compensation**

**Law of Forgiveness**

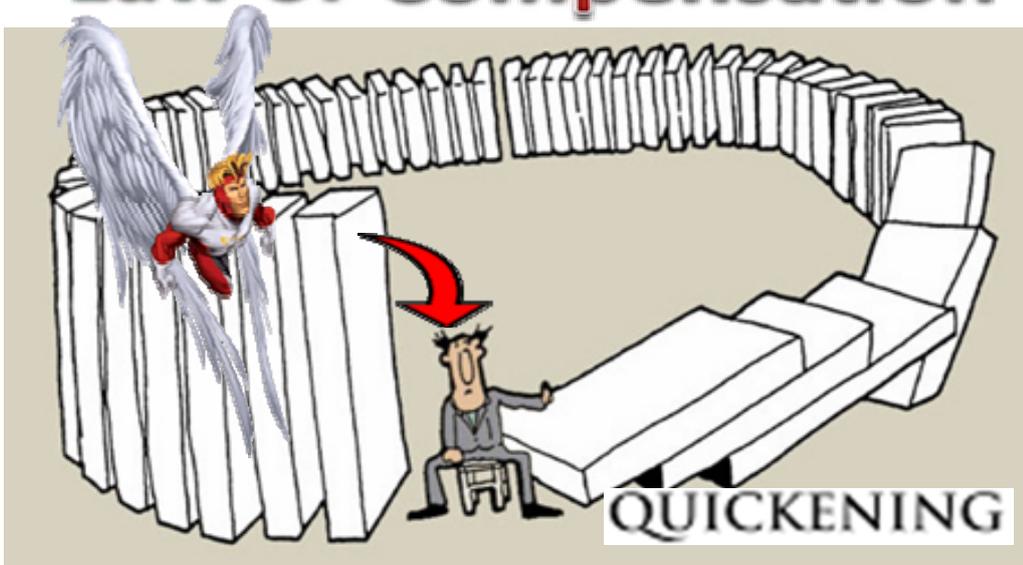
**QUICKENING**

# Law of Compensation

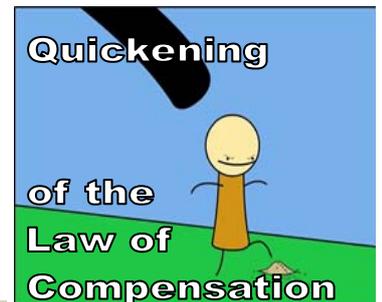


**While planning to cause harm then you will be bringing that same pain upon yourself just through your planning!**

# Law of Compensation



**The pain that we may intend to cause another will be imposed upon us by the angels, thus disempowering us to go further!**



**MONITORING and MANAGING the HANDOVER to the AVONAL PAIR:**

To PARADISE, the HOME of OUR HEAVENLY PARENTS

The Central Soulgroup of the Council of Elders have established a 'Battle Room' on each of the Celestial Heaven spirit worlds and each of the Divine Love spirit worlds. From 'hot wired' connections on Earth, including the 'Engine Room' on Earth, events are recorded and broadcast live throughout these worlds. This enables spirits of all 6 spirit worlds to interact and engage in the changes that are now being implemented at an ever increasing rate.



Council of Elders now around 20 Soulgroups



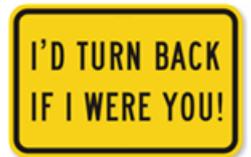
Rebellion and Default officially ended 31 January 2018

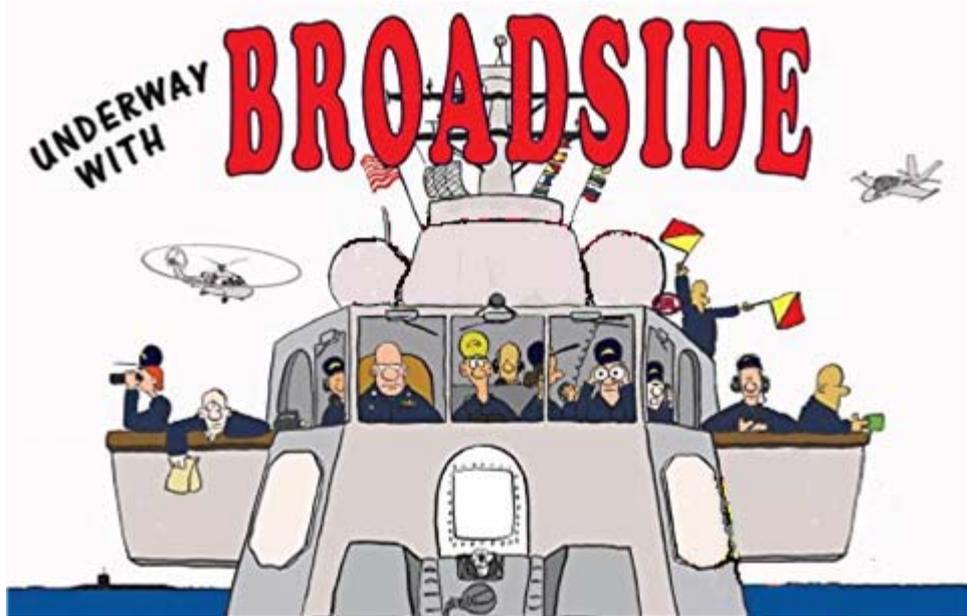
Camera Crew



22 March 2017: Negative influence from Natural Love Spirit Mansion Worlds 1, 2, 4, 6, was cut off to Earth.

22 May 2017: The quickening of the Law of Compensation commenced, thus the beginning of earthing the Spirit Worlds.





# BATTLE FLEET



**LIVE FEELINGS FIRST**

**PASCAS FOUNDATION (AUST) Ltd**



PASCAS FOUNDATION (AUST) Ltd

ABN 23 133 271 593

Queensland Australia

[www.pascasworldcare.com](http://www.pascasworldcare.com)

[www.pascashealth.com](http://www.pascashealth.com)

Em: [info@pascashealth.com](mailto:info@pascashealth.com)

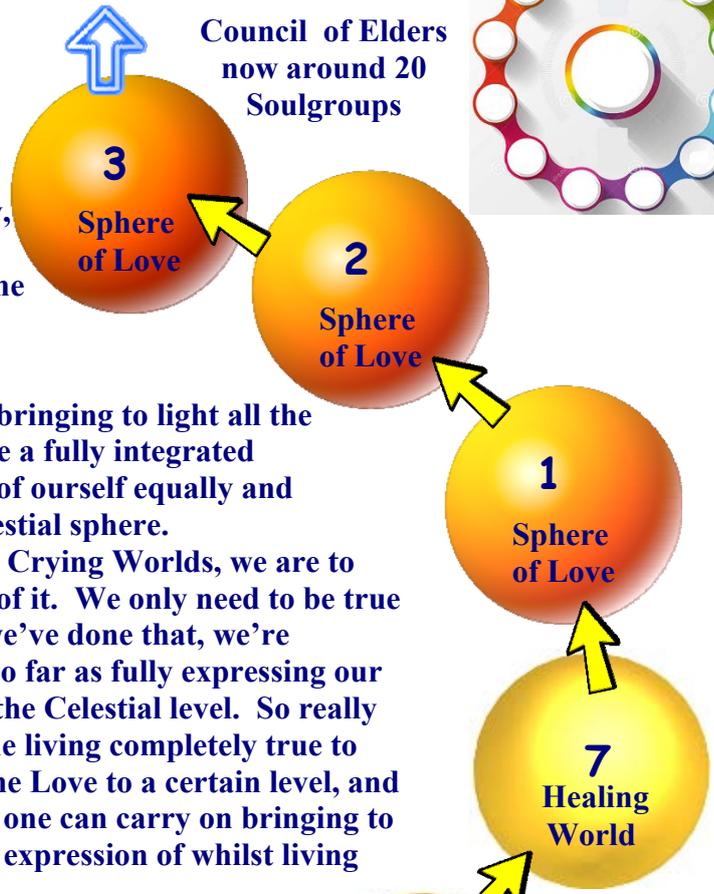
**CRYING WORLDS HEAL, the LOVE WORLDS LIBERATE PERSONALITY:**

To PARADISE, the HOME of OUR HEAVENLY PARENTS

# The Way Home



Council of Elders  
now around 20  
Soulgroups



Celestial Heavens are the Spheres of Love. One has to be a fully integrated personality, as in expressing all the aspects of one's self equally and lovingly, before one can leave the 3<sup>rd</sup> Celestial sphere – Sphere of Love, after having embraced the Way of Feelings.

When in the Celestial Heavens we work on bringing to light all the attributes of one's personality. We are to be a fully integrated personality, as in expressing all the aspects of ourself equally and lovingly, before you can leave the third Celestial sphere.

While we progress through the Divine Love Crying Worlds, we are to live true to our untruth, by living the truth of it. We only need to be true and perfect to our untrue state, and when we've done that, we're Healed. Even though we're still imperfect so far as fully expressing our personality, all of which we then perfect at the Celestial level. So really to qualify for the Celestials, that is about one living completely true to one's wrongness, and partaking of the Divine Love to a certain level, and then once that's done and being a Celestial, one can carry on bringing to light all those parts that one was denied the expression of whilst living untruth to oneself.

We are to uncover the truth of our untruth through the Healing crying Mansion Worlds levels (and their equivalent on Earth); and then once that's done, and with the appropriate amount of Divine Love in our soul warranting fusion with our Indwelling Spirit, we can move into the Celestial spheres of love (or their equivalent on Earth).

Earth has been subjected to the Rebellion and Default until now! As a soulmate pair progress with their Feeling Healing, the Rebellion and Default conditions are being cancelled.

We all arrive into the 1<sup>st</sup> Mind Natural Love Mansion World. Most continue their way of living without any awareness of the Feeling Healing process and the availability of Divine Love.

The 1<sup>st</sup> and 2<sup>nd</sup> Mind natural love Mansion Worlds are jammed to the rafters with spirit personalities. Those who progress to the 4<sup>th</sup> and 6<sup>th</sup> Mind Mansion Worlds are progressing further away from God, continuing with the Way of the Mind!



**WOMEN are OUR SPIRITUAL LEADERS!**

To PARADISE, the HOME of OUR HEAVENLY PARENTS

# The Way Home

We men generally CAN'T do our Healing by ourselves, we need the help of a woman and / or women.

Women ARE the true spiritual leaders, they ARE able to live true to their feelings, and need to be recognised as such, appreciated for being so amazing in that capacity, and so supported and put first, something the man finds hard to do because of all his rebellious programming about being the superior dominant one.

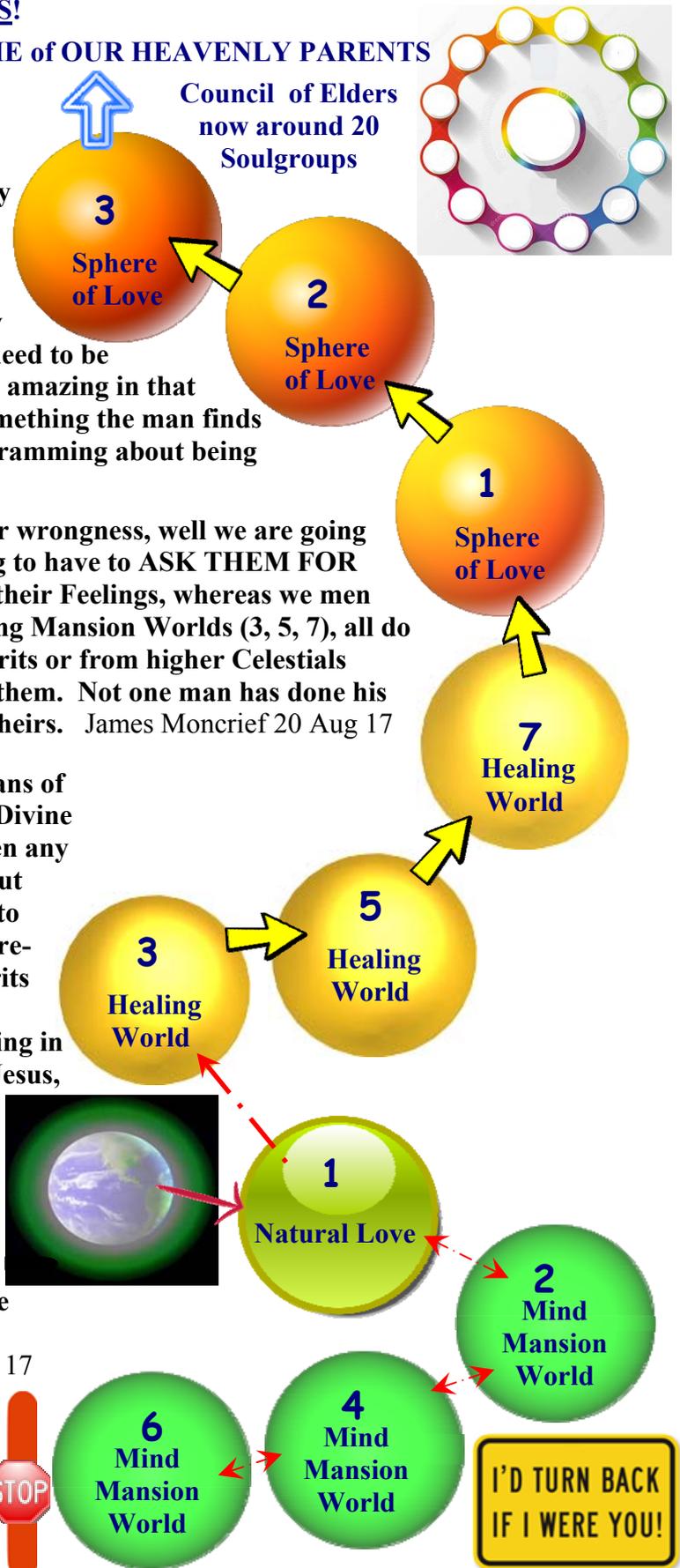
If we men want to ever Heal ourselves of our wrongness, well we are going to have to fully honour women, we are going to have to ASK THEM FOR HELP. Women innately know the Way of their Feelings, whereas we men don't. Men spirits in the Divine Love Healing Mansion Worlds (3, 5, 7), all do receive help from fellow Healing women spirits or from higher Celestials (Sphere of Love 1, 2, 3). They all do, all of them. Not one man has done his Healing as Marion or Samantha are doing theirs. James Moncrief 20 Aug 17

The religions of today were created as a means of stopping Jesus' truth about longing for the Divine Love and what that does to the soul, and then any truth Mary Magdalene might have said about looking to our feelings for their truth, so as to keep the Rebellion in place. The religions pre-Jesus were designed by the Higher Evil Spirits who were controlling humanity to keep that control, focusing everything on the mind being in control rather than feelings, and then post-Jesus, they added more of the same yet with the added emphasis of using all he said, so taking it, corrupting it, and adapting it to their cause.

And then throw in their contrived Islam, and you have more male domination and the subjugation of feelings – of the woman.

Helen 20 Aug 17

The 1<sup>st</sup> and 2<sup>nd</sup> Mind natural love Mansion Worlds are jammed to the rafters with spirit personalities. Those who progress to the 4<sup>th</sup> and 6<sup>th</sup> Mind Mansion Worlds are progressing further away from God, continuing with the Way of the Mind!



**WHICH WAY? MIND SELF RELIANT or FEELING AND GOD RELIANT:**

To PARADISE, the HOME of OUR HEAVENLY PARENTS

# The Way Home



Council of Elders  
now around 20  
Soulgroups

Maybe something like 30 billion people have recognised that our Mother and Father's Divine Love, together with embracing one's Feeling Healing, that with these two aspects, have progressed through the Mansion Worlds to the Celestial Heavens and onwards.

Mansion World 7: is then about still working with the deepest and residual bad feelings, whilst looking to sort out how you wrongly relate to yourself and others, nature and God because of being unloving, understanding how your relationships are unloving, how you don't connect properly, how unloving you really are and why and fully accepting the truth of it, coming completely to grips with your parents not loving you as you needed to be loved – sorting it all out, including your self and feeling expression difficulties.

Mansion World 5: is then about going right into the depths of them, feeling how unloved you feel and seeing how unloving you are and how that makes you feel, bringing out the majority of your pain, your misery, fear, anger, guilt, hatred, boredom, terror, rejection, nothingness, feeling powerless, alone and abandoned, and so on.

Mansion World 3: is for waking up to the truth that you're not loving and starting to get in touch with your pain, starting to accept your bad feelings, starting to work with them instead of rejecting them.



More than 200 billion personalities have embraced their mind and self reliance through the misguidance of 'New Age' styled ideologies and the many thousands of different religious platforms, all of which take the person further and further away from our Heavenly Parents.

For a million years, humanity has gone in the wrong direction with its self-denial of self and feeling!

# Mind Mansion Worlds of Natural Love

**Mansion World One:** We ALL arrive into Mind Spirit Mansion World One upon the death of our physical body. Just the general confusion of spirits living their wrongness the best they can, trying to not be bad, trying not to hurt others, thereby staying out of the hells and lower Earth planes. The Law of Compensation ‘persuades’ you not to even think about harming another person.

**Mansion World Two:** Starting to work more with one’s controlling mind, with the focus being on Service, you are to use your mind to be more loving, to help selflessly others, to put others before yourself, to not want for yourself, only wanting the good and betterment of others. And to have loving thoughts, to not think badly of anyone, to keep ‘being good’ in your mind at all times. To think positively, to use your mind to control your feelings so as to make yourself be happy, to bring your full success out, to celebrate your god-given gifts, all for the good and benefit of all.

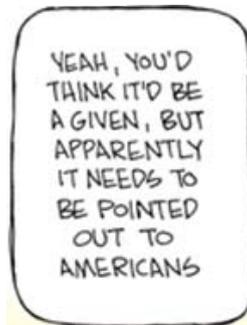
**Mansion World Four:** This being where ‘self help’ approaches fit in. It being where you’ve had enough of being of Service, giving yourself to everyone else, and decide that you have to start looking more after yourself. So you look to working more closely on yourself, you still have bad feelings so you set about working to resolve the emotional issues through whatever means you can. And they involve emotional releasing / clearing through some level of feeling-acceptance, as you can’t get rid of them that easily, yet overall you’re working to bury them once and for all, so deal with all your memory processing, deal with your traumas, do all your massive forgiving, which sets you up in a power position because you are the great one forgiving everyone – those people who did wrong by you, so you feel more in control, freeing yourself from your controllers, telling them – you are forgiven, giving them your blessing, feeling you no longer need to be bound into those patterns, and feeling like you’ve found and are bringing out more your True Self, your true self which I reckon is more of the spirit you that’s deeper in your mind control.

**Mansion World Six:** This is where you put it all together, you’ve achieved mind ‘ascendancy’, the perfection of your negative mind-controlling state, specialising in your area of interest, being in bliss and true love and happiness – all mind derived, all of which is resulting from your mind saying you are at-one with Source, God, Soul, whatever the term, which is just your own controlling mind. Your mind is god, and it’s calling the shots, keeping all your repressed feelings away, without you having to address any personality imperfection resulting from your bad parenting. Because you believe you’ve fixed all of that, you no longer have bad feelings within you, you’ve forgiven the evil ones in your life, you’re now wholly in control making your reality be as you want it to be through your mind.

Part by James – 19 August 2018



Our Guides on Duty...



## Wow, my head is Spinning!!! Who is this Nanna Beth?

Nanna Beth is simply known as Beth and is the spokes personality for the soulgroup that is the lead for the spirit Council of Elders to Pascas WorldCare. Nanna Beth is a 3<sup>rd</sup> sphere Celestial Heaven spirit personality who has been intensely and personally involved in the evolution and manifesting of Pascas WorldCare and consequently Pascas Park. Example:

“John Doel of Pascas Foundation: Hi Nanna Beth

Thursday, 18 May 2017

This evening was possibly the first time that I felt the presence of three personalities.

“Nanna Beth – 3<sup>rd</sup> Celestial Heaven: Yes, John, the three boys paid you a visit with the intention of getting your attention – Ray, Kev and Brad. They simply wanted to convey to you their good-tidings, and to give you feelings that they are supporting you, in that they are aware of the massive undertaking you have taken on, and although not as yet personally involved with it as such, still because you are reaching out to them, so they wanted to let you know they are close and thinking of you and wishing you Godspeed.”

Shortly after, John responded with the question, was there a fourth person, was his unborn son, Benjamin John, also present. Was he, in fact, visited by four of his departed relatives. Benjamin John miscarried at the end of twelve of gestation. Benjamin John then wrote his story of how he became spirit born, adopted into a spirit family and has progressed through his life and was then in the second Celestial Heaven sphere.

Kindly go to [www.pascashealth.com](http://www.pascashealth.com) then to Document Download, and then to Medical – Our Real Self

Pascas Care – Journey of a Family

Pascas Care – Journey Ongoing for Kevin & Kathaleen

Pascas Care – Journey Ongoing Kevin & Kathaleen Feb 2019

Pascas Care – Death & Dying Transition

(within Medical – Death and Dying)

Elizabeth (Beth) McDonell is John’s grandmother on his mother’s side. Raymond McDonell is John’s first cousin who died in a car accident shortly after John’s mother died, Marie. Kevin Cooper is John’s brother-in-law who died in 2012 and three days short of five years transitioned into the 1<sup>st</sup> Celestial Heaven. Bradley Cooper suicided in 1999, son of Kevin, and Bradley has also transitioned into the Celestial Heaven. Each personality is readily recognisable and confirmable. Even though we may heal ourselves through Feeling Healing, our true personality never changes. We are unique and wonderful in every way – even more so once we heal ourselves of the Rebellion and Default.

Most people, upon leaving their physical bodies, do not realise that they are ‘dead’. Upon death of the physical body, we become free of its limitations, we become more alive than ever. Death is time of celebration.



**SPIRIT MANSION WORLDS are numbered 1 to 7:**

To PARADISE, the HOME of OUR HEAVENLY PARENTS

Spirit Mansion Worlds are those 1 – 7. They with the Celestial Heaven spheres numbered 8, 9, 10 as well as the 2 Spheres of Disharmony are all within the Earth’s environment, and rather close by. Each sphere can accommodate more than 100 times the people than Earth may do.

Progression from the top Celestial Heaven sphere is to the Eternal Spheres, Infinite and Universal and further onwards to Paradise.

Celestial Heaven spheres 8, 9, 10 are often referred to as 1, 2, and 3 of Celestial Heaven.



Natural Love sphere progression stops at sphere 6. With only the natural love, progression is through spheres / worlds 1, 2, 4, and 6 only.

Divine Love perfects one’s natural love soul through the progression via spirit world spheres 3, 5, and 7. Soul-Healing and At-onement is achieved through the progression into sphere 8 which is the first of the Celestial Heaven spheres namely 8, 9, and 10.

One can embrace Divine Love at any time and move to DL sphere 3 and continue.

The Divine Love spheres 3, 5, 7, 8, 9, and 10 were opened by Jesus.

On death of the physical body we all arrive in the 1<sup>st</sup> Natural Love sphere.

Earth is for the individualisation of souls being the commencement of one’s journey home towards our Heavenly Parents.

The 2 Planes of Disharmony are the hells. While one desires to cause harm to others, isolation is applied. Once the Law of Compensation is completed then one can then progress and return to the 1<sup>st</sup> Natural Love sphere and continue in their progression onto higher spheres.

The Pre-Incarnational Sphere is the waiting area for souls to be individualised / incarnated.

There are seven Earth planes around Earth, which are separate from the Mansion Worlds, but we only have access to two of them, which include the ‘hells’. Each of the Mansion Worlds also have their own seven planes ‘around’ them.

**Note:** The first experience with a Divine Love Sphere and a Sphere of Disharmony may be introductory planes / sectors within the 1<sup>st</sup> Natural Love Spirit Mansion World.



**SPHERES of PARADISE**

**INFINITE and UNIVERSAL SPHERES**

**ETERNAL SPHERES**

**CELESTIAL HEAVENS**

**Soul spheres  
are not  
numbered.**

**Soul spheres  
are to:**



**The New Birth = Become at one with God: sphere 8**

**Peak Sphere =**



**NATURAL  
LOVE  
SPHERES**

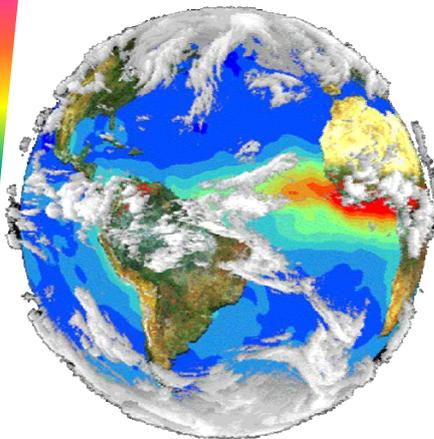
**7**

**5**

**3**

**Spirit body  
spheres are  
1 - 7**

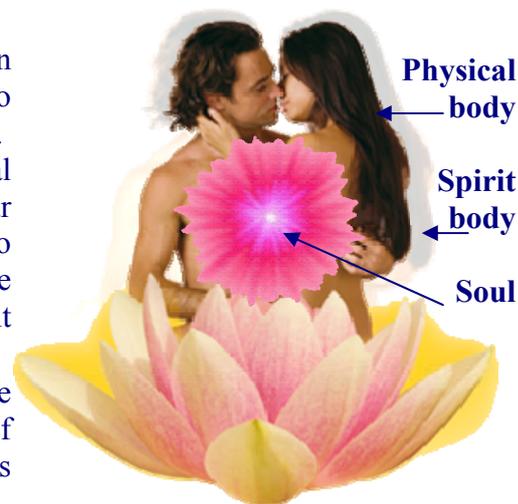
**DIVINE  
LOVE  
SPHERES**



**Earth sphere is for  
the physical body.**

## The REAL YOU is the SOUL:

One's personality, natural intelligence, memory and human attributes all are soul based. The soul initiates conception so it can start expressing one of its two personalities in Creation. It creates the will, then 'wills' the spirit body and physical body and all that connects them with the will into being. Our soul constantly sustains or expresses us, one of its two personalities, in Creation. The spirit can't separate from the soul because the soul keeps it in existence. We need our spirit and physical bodies to experience our personality through. When the spirit body separates from the physical body, one continues on living in a different form without losing any of the attributes experienced during physical life. Incarnation is the process of individualisation of the soul.



Without a soul, our physical bodies would function and interact similarly to that of a domestic animal. An unsouled human body (thought not possible) would respond like a household puppy! Domestic animals calibrate on Dr David Hawkins' Map of Consciousness between 200 and 250, the human body calibrates at 200. All animals have spirit bodies, these do not survive into the spirit Mansion Worlds. **Our SOUL IS NOT ENSOULLED IN OUR SPIRIT BODY.** Our soul exists existentially in a whole different level or plane or place or dimension of being – 'soul land'. It doesn't exist in Creation, it's not experiential like Creation is. The soul, all souls, help create their part of Creation by expressing their personalities into Creation, and then by having their personalities do things (further create) in Creation.



**Our first parents, Andon and Fonta (also called Aman and Amon), were the first to exhibit human perfection hunger some one million years ago (993,500 years ago). Adam and Eve, Adamite bestowals, arrived some thirty eight thousand years ago – or earlier.**

**Aman and Amon** were the first True Humans, which means, the first soul expressing its soulmate pair, its two personalities, in Creation – on Earth. From which came forth the rest of us. So they had a soul from the start, which separated them from their animal parents. It's the soul that wants to fully express itself through its two personalities perfectly in Creation, which is the so-called 'human perfection hunger'. It, our soul, wants to be Perfect like its Heavenly Parents, the Soul that Created it. We, focused as personalities, want to be perfect, like the Personalities of our Mother and Father that are Perfect. Our soul wants to be like Their Soul. Our soul wants to ascend us to Paradise so we can be with Them, as physically close to Them on a personality level that we can be, and then see what happens.

There were aunts and cousins, parents and grandparents. But they were not human like Aman and Amon – they were really animals, though of the same species. Aman and Amon wandered off from the family, since they could find no way of relating to them at all. How could they? They were incapable of rational thought, speech, or anything human. Aman and Amon knew that forevermore that they were apart.

Aman and Amon may have been twins. They were indeed a primate species of humanoids. But they, themselves were more beautiful than their animal relatives, and they knew, even from their very appearance, that they were marked even by Nature to be different.

### **An UNBORN BABY'S 1<sup>st</sup> HEARTBEAT OCCURS 16 DAYS after CONCEPTION:**

A research team funded by the British Heart Foundation (BHF) at the University of Oxford says a baby's first heartbeat is now far earlier than was previously understood. [Dr. Susan Berry](#) 12 Oct 2016

Further research confirms that the heart first starts to beat between 16 to 19 days after conception.

What happens when a child dies? 15 March 2013  
**Speaking with Mary Magdalene and Jesus, book 1**

**From the first heartbeat the incarnating person is technically living a physical life, and so if death occurs, it will move into one of the spirit nurseries. If it should 'die' before the first heartbeat, the soul merely 'withdraws', initiating incarnation when the next opportunity arises for its soul-personality.** And of course as you know, there is no reincarnation, so when your soul starts you in Creation and you achieve your **first heartbeat**, then you're underway, be it on Earth or in spirit to Paradise, this being your ascension of truth.

As soon as the spirit body separates from the physical connections, there is no longer any pain, this of itself, as you might well imagine, greatly adding to one's good experience. The dying person, be it a child or an adult, has a good experience in death, especially once the pain has gone should there be pain; it's the people they might leave behind on Earth who don't understand this and who are suffering feelings of loss and deep grief, that have the harder time of it.

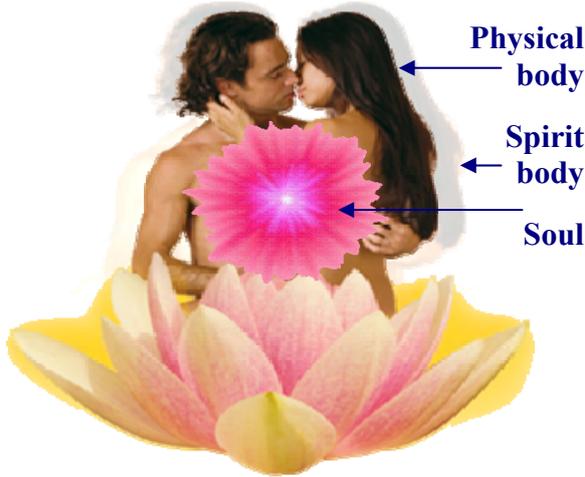


An unborn child is taken to spirit nurseries to be cared for. And within those nurseries they are looked after through the remaining time of their gestation period; then are 'born' into spirit life; then to carry on growing up as a spirit child of the Mansion Worlds. Many of them, just as with unwanted physical children, are fostered out or adopted by spirits wanting to be parents, this enabling a lot of people (who are now spirits), who for one reason or another couldn't have children on Earth, to have the experience of parenting. Even carrying the child to full term can be simulated so as to give the 'mother' the experience of being pregnant. The 'father' having his experiences as well. And of course lots of people who become spirits love being involved with children and so become spirit parents or simply involved in looking after the infants and young children of the nurseries.

### **The Heart commences to Beat as early as Day 16 after Conception:**

Until now, researchers thought that the first time our heart muscle contracted to beat was at 8 days after conception in mice or around day 21 of a human pregnancy. Now, a team funded by the BHF at the University of Oxford has demonstrated earlier beating of the heart in mouse embryos which, if extrapolated to the human heart, suggests beating as early as **16 days after conception**.

1. <https://medium.com/british-heart-foundation/when-does-our-heart-first-start-to-beat-36bcbac072c1>



# First Parents being First Ensouled Humans

Our first parents, Andon and Fonta (also called Aman and Amon), were the first to exhibit human perfection hunger some **one million years ago**. Andon and Fonta were the most remarkable pair of human beings that have ever lived on the face of the earth. This wonderful pair, the actual parents of all mankind, were in every way superior to many of their immediate descendants, and they were radically different from all of their ancestors, both immediate and remote.



The Lucifer soulmate pair believe that the mind is superior to all things. Thus they convinced the inhabitants of 37 inhabited planets within the universe of Nebadon, including Earth, to become self reliant and abandon God and Their administrative leadership. The Lucifers brought about the Rebellion on earth two hundred thousand years ago. So for 200,000 years of spiritual darkness, humanity has suffered the consequences of one's error ridden mind.

# REBELLION



Adam and Eve, the Adamite soulmate pair, came about **thirty eight thousand years ago** to upstep the gene structure of humanity and advance their spirituality.

# DEFAULT

Both Eve and Adam mated with local humans and accordingly defaulted on the plan. They were to breed a superior stock that would then interbreed.

Mary of Magdalene and Jesus of Nazareth, soulmates, **two thousand years ago**, both retained perfection, and during their sojourn on Earth were enthroned as sovereign rulers of Nebadon. **The bestowal of Michael (Jesus and Mary) terminated the Lucifer rebellion.**



The Second Coming, **now in progress**, reveals the availability of Divine Love and the need for each person to engage in the process of Feeling Healing. With the Divine Love then this process is one's Soul Healing.

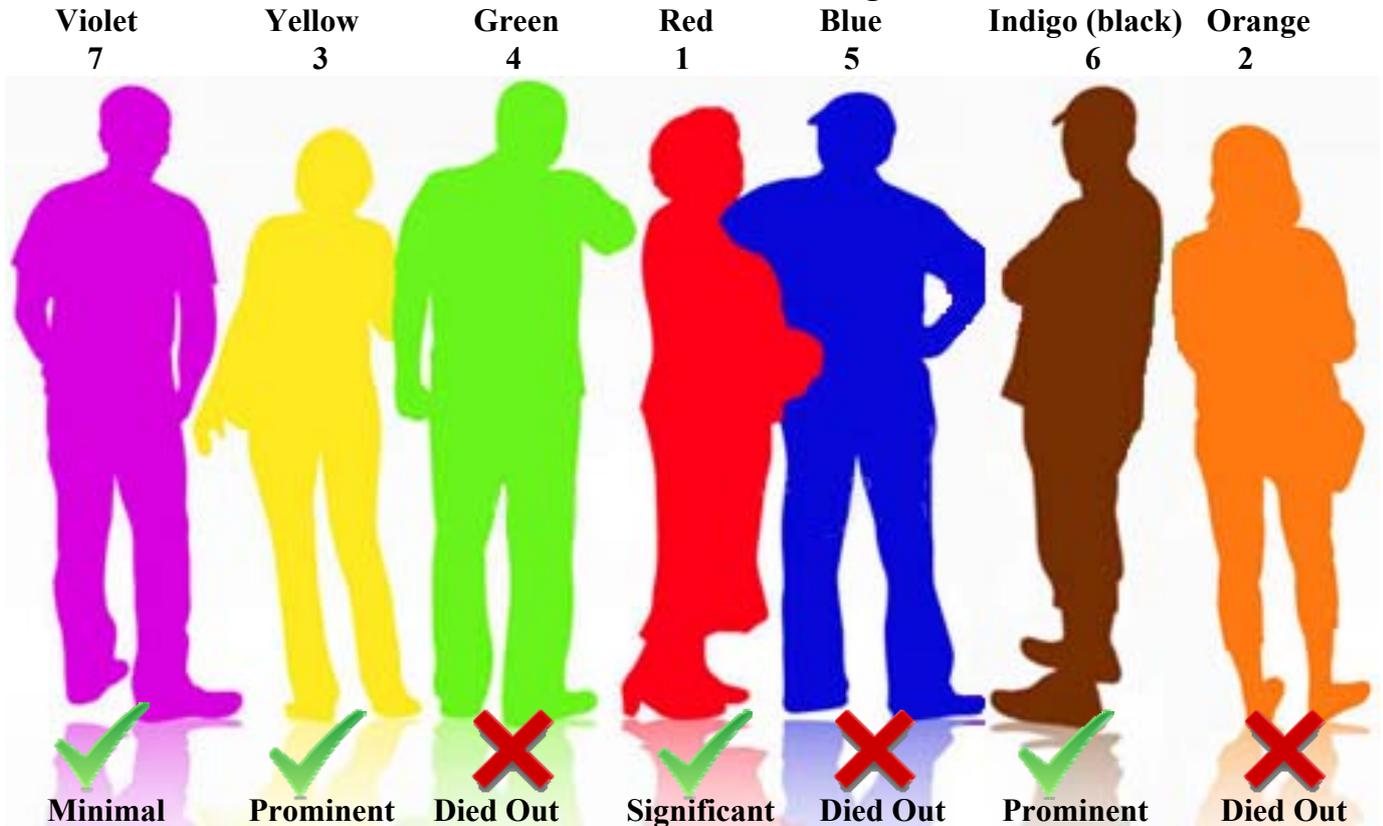
# BESTOWAL

# REVELATIONS

× 2

**RACIAL COLOURS and ADAMIC DEFAULT**

**HUMANITY PHYSICAL COLOURINGS and order of emergence:**



Colours that have died out or perished are blue, orange and green. (TUB) “It is a misfortune on Urantia (Earth) that you so largely lost your superior blue men, except as they persist in your amalgamated “white race.” The loss of your orange and green stocks is not of such serious concern.”

**Examples of forgotten Earth History:** More than 38,000 years ago, the Adamic pair, being Adam and Eve, were to bring about a community of one million creating the violet coloured race before any marriages would take place with the other remaining coloured races being outside of their community, Garden of Eden. Both Eve and Adam defaulted by taking partners outside of themselves. Thus the planned up-lifting potential for all of humanity had been significantly compromised and diminished.



**HUMANITY PHYSICAL COLOURINGS and order of emergence:**

500,000 years ago Sangik parents of the Badonan tribes of the north-eastern highlands of India gave birth to all six colours – 19 children to one family!

<b>Yellow</b>	<b>Green</b>	<b>Red</b>	<b>Blue</b>	<b>Indigo (black)</b>	<b>Orange</b>
3	4	1	5	6	2

Prominent    Died Out    Significant    Died Out    Prominent    Died Out

**1 COLOUR, then 6, then all 7 COLOURS!**

A little less than 1,000,000 years ago Andon and Fonta (Aman and Amon) evolved having a desire for human perfection, they being our original physical parents.

Adam and Eve were bestowed on Earth more than 38,000 years ago to uplift humanity through their superior genes.

500,000 years ago, the Sangik family in the north-eastern highlands of India gave birth to 19 children of six different colours, thus introducing the tribal colours.

**SELF RELIANCE or to SOURCE SOUL RELIANCE:**

The majority of all people, by faith or nationality, never during their life time ask for and receive our Parents’ greatest gift in all of the universes, Their gift of Divine Love, the light golden blue energy substance that is everywhere around us but not within us until we earnestly long for and receive the Love through our spirit body and into our soul, our real self being our soul.

MoC	No. of Countries	Average MoC	Average Life Expectancy	Per Capita Income 2013
400s	10	406	78.50	US\$46,690
300s	13	331	71.77	US\$20,508
200s	10	232	69.45	US\$14,927
High				
100s	18	176	69.00	US\$12,283
Low				
100s	7	129	61.88	US\$6,560
Below				
100	11	66	52.73	US\$5,500
<b>WORLD</b>		<b>212</b>	<b>70</b>	<b>US\$13,100</b>

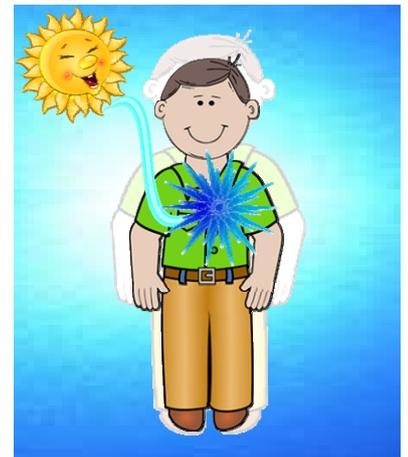
As all people become aware of the great gift of Divine Love and persistently long for It with Feeling Healing, then humanity will grow in Love and step away from conflicts and wars which we have socialised. Those countries with the lowest calibrations of consciousness, as per Dr Hawkins’ Map of Consciousness, are the centre of all civil conflict and wars.

With the Love and Feeling Healing being introduced throughout all possible avenues then the loads on policing services, courts and detention centres will abate, the demands upon all civil support services will lessen, the burden on health services and hospitals will diminish, life expectancies will increase, and productivity throughout all communities will grow.

The gift is free to all without exception or conditions. All one needs to do is ask our Heavenly Parents for Their Love!



Personality being self-reliant without the Love.



Personality asking for and receiving the Love.



Personality progressively having received the Love.

**MAP of CONSCIOUSNESS CALIBRATIONS reflect the nature of the TOPIC:**

The level of truth of a topic or subject is reflected in the calibration through employing Dr David R Hawkins' Map of Consciousness with kinesiology muscle testing. A publication or movie about manufacturing food would be around 200, whereas meals prepared in a loving home would be around 500. The subject of pornography through to war would be less than 200, whereas natural love topics can readily be over 500 and up into the 800's plus. Material introducing Feeling Healing with Divine Love, by its nature, will range between 1,480 to 1,500 on Dr David R Hawkins' Map of Consciousness (MoC), in its purest form of presentation. This has never been previously achieved.

<b>MAP of CONSCIOUSNESS</b>	<b>MoC</b>	<b>calibrations</b>
God, our Heavenly Mother and Father	Infinity	Location being Isle of Paradise
Celestial Heavens peak	<b>1,500</b>	3 <sup>rd</sup> Celestial Heaven (10 <sup>th</sup> spirit Mansion World)
Feeling Healing / Divine Love teachings	1,480 – 1,500	3 <sup>rd</sup> Celestial Heaven spirit guided
Now at one with Heavenly Parents	1,081	1 <sup>st</sup> Celestial Heaven entry at Jerusem
Feeling Healing with Divine Love	1,080	7 <sup>th</sup> Divine Love transitional sphere to Heavens
Natural Love peak	<b>1,000</b>	6 <sup>th</sup> spirit Mansion World peak– can't go further!
Pascas WorldCare (as a platform)	880	5 <sup>th</sup> spirit Mansion World healing + Divine Love.
Lamsa Bible (minus the Old Testament and Book of Revelation, but including Genesis, Psalms, and Proverbs)	880	4 <sup>th</sup> spirit Mansion World equivalent being natural love orientated, the Bible is taking one away from truth – their soul based feelings.
Koran	700	4 <sup>th</sup> spirit Mansion World equivalent.
Torah	550	First five books of the 24 books of the Tanakh.
Cookies made for Family	520	Made with love (this supports cooking shows).
Enter EITHER natural or divine pathway	<b>500</b>	2 <sup>nd</sup> natural love OR 3 <sup>rd</sup> Divine Love spirit world.
Peak of mind total orientation	499	1 <sup>st</sup> spirit Mansion World peak.
King James Bible (from the Greek)	475	
Roman Catholic Church	450	Church (worldwide) – mind controlled – reason.
Home cooked sea fish + organic salad	410	
Home roasted free range chicken + salad	410	
Wine or Beer	330	(in moderation!)
Roman Catholicism administration	305	As an institution in year 2004.
Tea green	300	
<b>Humanity</b>	<b>212</b>	The population of the world overall.
Vegetarianism	205	
Muesli	205	Above 200 is pro-life – positive.
<b>Food</b>	<b>200</b>	<b>At this level and above food is life enhancing.</b>
Food, Commercial Cat	192 – 202	Below 200 is anti-life – negative.
Food, Commercial Machine-made	188 – 200	Energy dense but nutrition poor.
Black Tea	185	Refining of most foods removes nutrients.
Percolated Coffee / Cappuccino / etc	165	
Corn Flakes	85	
Fish (living in ocean)	20	
Bacteria	1	

# MAP OF CONSCIOUSNESS

Level	Log
ENLIGHTENMENT	700-1000
PEACE	600
JOY	540
LOVE	500
REASON	400
ACCEPTANCE	350
WILLINGNESS	310
NEUTRALITY	250
COURAGE	200
PRIDE	175
ANGER	150
DESIRE	125
FEAR	100
GRIEF	75
APATHY	50
GUILT	30
SHAME	20

## PERSONALITY TRAITS:

Less than two dozen people on planet Earth.

Would not pick up a weapon let alone use it. These people gravitate to the health industry and humanitarian programs.

Debate and implement resolutions without argument and delay.

Debate and implement resolutions in due course.

Debate and implement resolutions with some degree of follow up generally needed.

Management supervision is generally necessary.

Politics become the hope for man's salvation.

Cause no harm to others starts to emerge. Power overrides force.

Illness is developed by those man erroneous emotions that calibrate 200 and lower.

Armies around the world function on pride. Force is now dominant, not power.

Harm of others prevails, self interest prevails.

Totally self reliant, not God reliant.

Fear dominates all motivation.

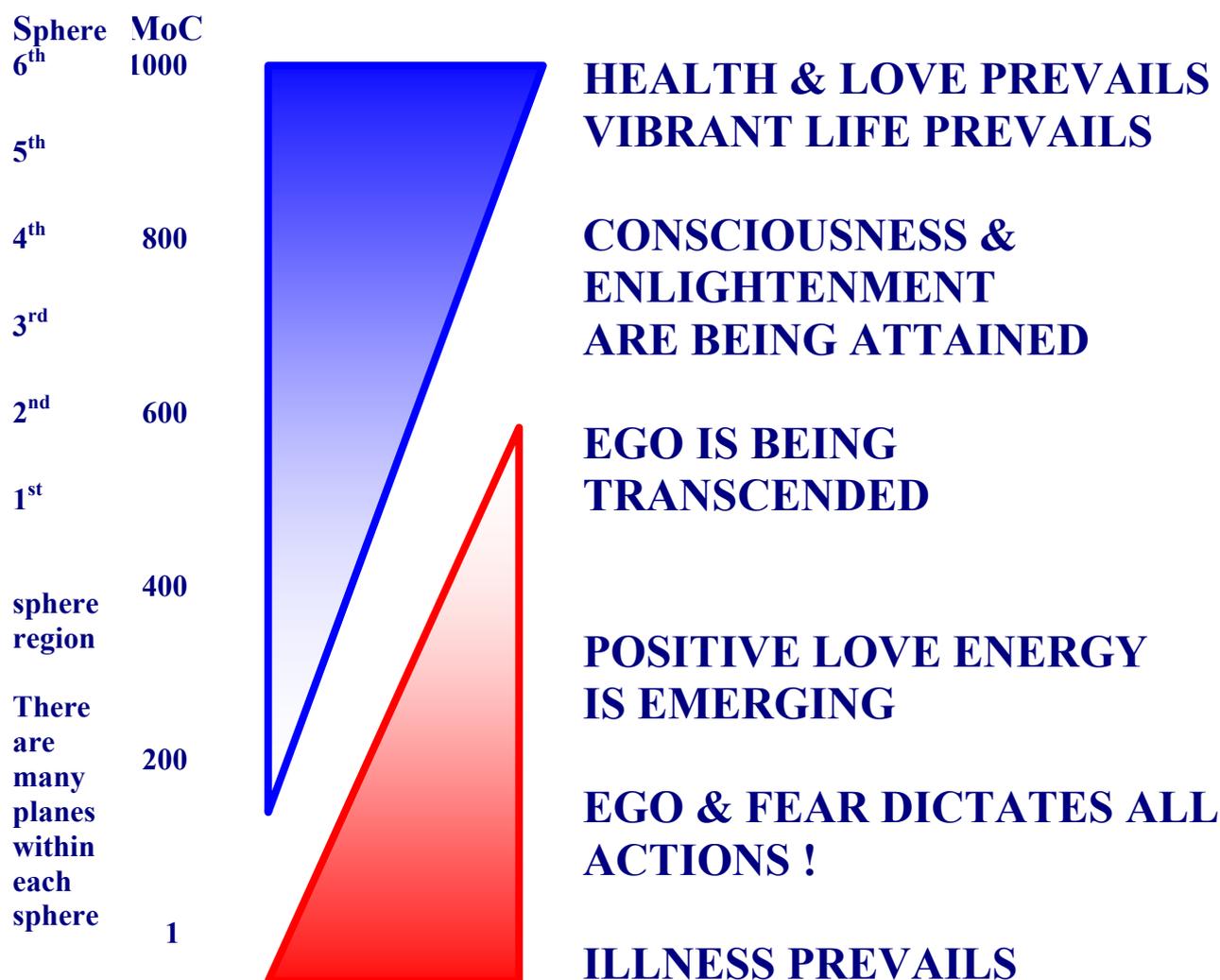
Suicide is possible and probable.

At these levels, seriously harming others for even trivial events appears to be justifiable.

Poverty, unemployment, illness, etc., this is living hell on Earth.

**“All dis-ease is mind generated, and all healing is generated by the love energy of one’s soul.”**

The Ego (mind based) manifests illness; the lower one’s level of consciousness (soul condition) then the more prevalent will be illness. Below the levels of 200, the ego and fear of the mind dominate; however, as you raise your level of consciousness by growing in love and achieve a level of 500 or higher, you begin to transcend ego dominance. At the level of 600, all healing is possible.



An earnest longing for God’s Divine Love is the only way to transform one’s soul. This longing is severely retarded and the reception of God’s love impaired whilst one’s soul is dominated by erroneous beliefs which are in the form of negative emotions. The releasing of and clearing of these emotions are essential to progress from the lowest levels of the 1<sup>st</sup> sphere and also to progress through the 2<sup>nd</sup> sphere. It is Feeling Healing with Divine Love that one progresses through the Divine Love Mansion Worlds 3, 5 and 7 and enters the Heavens.

## HOW do we SUPPRESS our CHILDHOOD EXPERIENCES?

Caffeine is the most widely used drug in the world. In the United States, more than 90% of adults use it regularly. Caffeine in coffee and soft drinks combined with alcohol, tobacco, party drugs, prescription drugs and certain foods (chocolate), very few adults are without some form of substance abuse.

We use every method to dumb ourselves down so we can suppress the subtle but relentless abuse that we each endured during our forming years, from conception to around the age of six years.

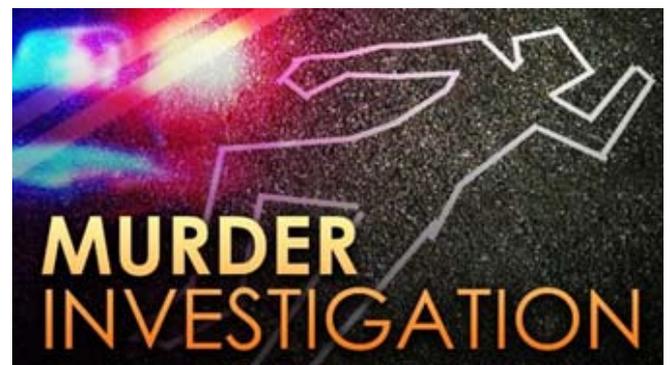
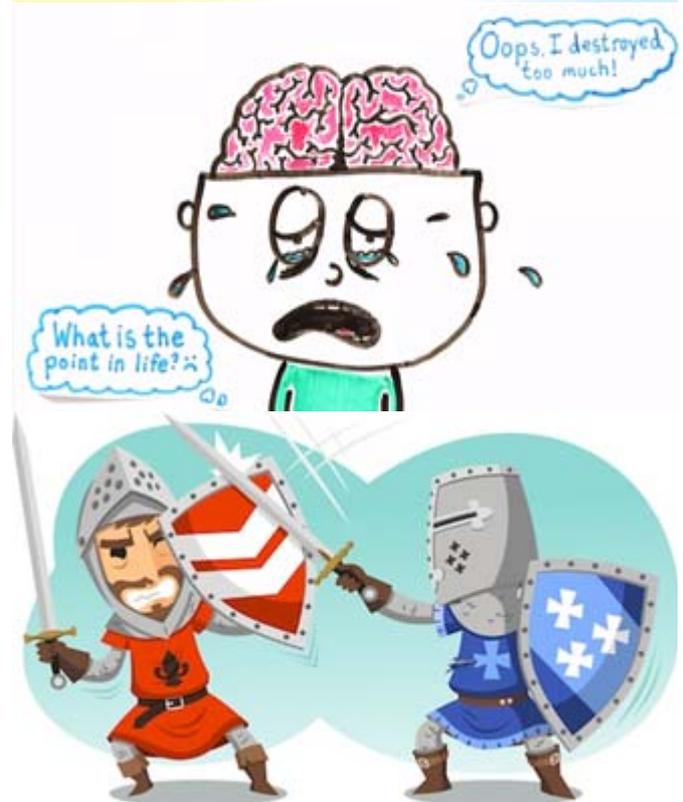
Amazingly, due to the attitudes instilled into each of us during our forming years, humanity, overall, considers war to be 'socially acceptable'!!!

When we decide to become a soldier we are really approving of being killed or killing. So, each year some 50,000 soldiers die. It is collateral damage that some 200,000 civilians die as an incidence of war. They did not buy into war.

Being brought up in semi to outright abusive families, murder is common place. Worldwide each year we have 500,000 murders. That is outside of the accidental deaths due to guns!

Aggressive contact sports are an expression of one's childhood suppression and repression. The harm from our childhood upbringing goes on. The cost of 'drug abuse' to a society is the equivalent of either a nation's military budget or public medical services alone. Substance abuse cost is much, much greater than acknowledged.

Society is so dumbed down that it functions as walking zombies. This is all because no one knows what true love is and how to truly love another. This can only be brought about through living Feelings First and engaging in one's Healing.



# DEVOLUTION

**Our childhood suppression of our true and loving soul based feelings is creating global pain and personal isolation amongst all of humanity. We are very sick!**

**In our struggle to find solace and purpose, we further withdraw into ourselves, becoming ever more self dependent, believing our control addicted mind that it can solve everything. We just drown further.**

**We embrace an ever expanding and diverse range of pathways to escape from our personal pain, fear and desperation. Alcohol has now been complemented with narcotics, hallucinogens, including caffeine (coffee). Gambling has been complemented with computer games which are generally entraining the mind further into error and pain. Technology is making us sicker!**

**We bury ourselves in front of the television to further avoid contact with anyone, especially family.**

**Children endeavour to exert their independent authority from domineering controlling parents (which we all are eventually) by disfiguring their bodies with tattoos and piercings, etc.**

**We shut out the noise with headphones, thus preventing contact with others. We use electronic devices to 'text' others even at intimate engagements.**

**Technology will take us further into the depths of our madness. You now can buy headsets that prevent any contact with the outside world while playing mind suppressing and entraining entertainment – games!**

**No one loves their children, they are ignored, and the controls hammered into them turn them into clones of ourselves. Look at ourselves and we can all see that we have been all messed up by our own parents, as they have for generations over the past 200,000 years.**

**No more of this! We can escape this man made hell!**



## WE ENDURE FOUR LAYERS of PERSONALITY SUPPRESSION!



Unknowingly, our parents pass onto their children (us) their beliefs and way of living that has evolved since the Rebellion, some 200,000 years ago, and then the Default, some 38,000 years ago. In this way, humanity is suppressing the female, rejecting our Spiritual Parents, namely Jesus and Mary, and denying our Heavenly Parents being our true Mother and Father, of Their truth, standing and existence.

**The Rebellion is against love, the Default is all the difficulties we have in our relationships because of our rebellion. Healing the Default is becoming true, to ourselves and in our relationships, and ending our unlovingness – our rejection of love, so ending the Rebellion.** Nanna Beth 29 June 2017



We are souls, our personality is an expression of our soul. It is our free expression of our soul through our feelings that we are to embrace and follow. This expression may appear to be wilful in nature, from time to time, and consequently our parents' attempt to suppress this expression. They proceed to remodel us when as young children, in the manner their parents treated them and so on for many generations going back.

During our forming years, as a child, we are unable to recognise the suppression of our personality as being extra-ordinarily harmful to our soul based personality and, accordingly, we don't know that things can be any other way. Presently, neither do our parents.



This childhood suppression way of living continues throughout our schooling years, thus we learn this is a way of life that is normal.

Our religions all have been formed based on the tenets of the Rebellion and Default. The teachers and leaders throughout all denominations take us further away from our suppressed feelings that have been hammered into us during our forming years, thus entrenching us further into rejecting our true selves.



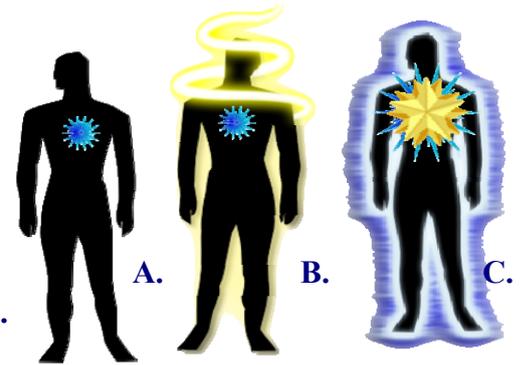
The controlling and suppression mechanisms of our parents, educators and spiritual teachers all manifest throughout all of commerce. This control comes heavily and brutally down upon all levels of employment. The capability to express one's soul based attributes and gifts is sealed throughout all of one's working life.

A new way of living is to enable the liberation of one's true personality through the Feeling Healing process AND the transfer of authority to the individual via embracing freedom of expression.

# EVOLUTION

Consider longing for and receiving Divine Love:

- A. Soul prior to receiving Divine Love.
- B. Divine Love being received from the Holy Spirit, covering the spirit body of requesting personality.
- C. Divine Love having been assimilated within one's soul, now being reflected through the radiance of the spirit body.



## FEELING HEALING + SOUL HEALING

It is the Divine Love that strengthens one's resolve to persevere in embracing one's suppressed emotional injuries, that occurred from conception through to around the age of six, and longing to know the good and the bad of those feelings, together with talking about them to a friend, partner, one's self and our Heavenly Parents. It is only with the receipt of the Mother and Father's Divine Love and the expressing of suppressed emotional injuries that one can release the emotional injuries and errors to achieve Celestial soul condition and enter the Celestial Heavens.

Further, should one complete their Feeling Healing on Earth, then they will be able to recognise their soul partner, their other soul half, and should their soulmate have also embraced Feeling Healing with Divine Love, then their children will be born free from error, free from fear, and free from any deformity and illness. This is the destiny of humanity.

Further, being in this condition of free from error and being in constant communication with our Heavenly Parents, then one can also recognise and form their Soul Group. This will ultimately consist of twelve soulmate pairs, a total of twenty four personalities / individuals.



It is the bringing up of children by the support of soul groups that is to be the ultimate way forward. The group experience and wisdom, as a functioning family, will ultimately be of profound benefit for the blossoming child.



But what we cannot do is contrive the groups ourselves, or even pick who our soulmate is. This will only, and can only happen, as an outworking of the truth we are to live – as we progress in the healing of our soul.

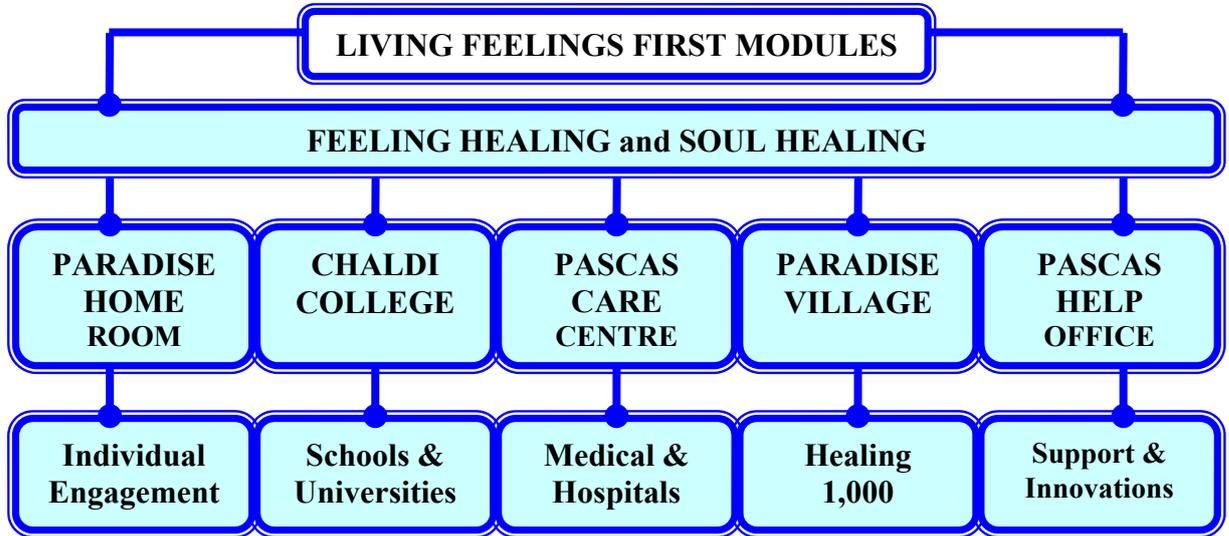
And this is how all of life should be lived: according to the truth we are living. It is how we live, as there is no other way, but currently we live it in the negative, of that being directed by no truth, and so having to make it all up ourselves.



# PASCAS CARE



## Life Practice Matrix - Feelings First



Mind imprisoned humanity has been subjected to the percepts imposed by the Rebellion and Default commencing some 200,000 years ago.

Humanity has universally adopted its mind as the pinnacle of one's intellect. In doing so, it has looked to its ego and arrogance to reveal the way to live one's life. Humanity has conjured up endless modalities enabling one's mind to suppress, albeit temporarily, discomforts, pains and illness through countless ineffective mind controlling systems, and has even categorised them into modalities of many different kinds.

Humankind has enslaved themselves to their mind, depowering them by ignoring their feelings. One's soul based feelings are always in truth and love – interconnecting with all aspects of life.

For those who have discovered and embraced their feelings, longed for the truth that one's feelings can reveal about their feelings, both good and bad, a great sense of freedom has emerged.

By living through **Feelings First**, and then having one's mind assist with the implementation of what one's feelings are conveying, we are then living true to one's self, and consequently true to our Heavenly Parents, our true Mother and Father.



**Feelings First**  
**Feeling Free**



# REVELATIONS



**Revelation 1:** Our soul becomes encrusted with harmful ways of life, plus negative and erroneous beliefs, these mainly stem from our childhood upbringing and environment. Thus we live untrue to ourselves, we become 'evil'. Whilst we hold to these injuries we limit the amount of Love that we can receive into our soul. To open our soul to the Love we must firstly and progressively feel into our emotional injuries and allow them to be released. Until we emotionally experience past errors and injuries we hold onto them.



To free our soul of damage and toxic emotions we must open ourselves to experiencing them. This is a progressive, slow and uncomfortable cleansing process that we must all experience. Only by addressing the generational injuries will we, as humanity, evolve in love.



To fully divest one's self of our badness, we have to 'go into' our feelings. Call this process of clearing toxic emotions as 'Letting Go', 'Emotional Processing', 'Journey Process' or 'Feeling Healing'. Embracing Divine Love then Feeling Healing becomes Soul Healing.

As part of our Feeling-Healing we will have to work our way into all our feelings to see if indeed they are coming truly from our heart and soul, or if they are being heavily influenced by our mind. And this will then lead us into questioning and uncovering the truth, if there is any, to our beliefs and why we behave the way we do; and is such behaviour based on truth, or is it based once again on untruth, belief, and rules of our mind.

**Revelation 2:** We can long for, ask for and receive the Mother and Father's Divine Love. The greater our soul is free of error and injury, the more of the Divine Love can be received and assimilated into our natural love formed soul. The Love does not free us of injury, however, it strengthens our resolve to continue on our journey to be free of error and injury, to step away from evil aspects that have been encapsulated within our humanness and soul. It is this Love, the Divine Love, that brings about immortality of our soul and it is this Love that will eventually fit us to enter the Celestial Heavens and progress for ever more onwards to Paradise. These two revelations free us from error and enable us to grow in love ever more.



**Immortality with the Love.**

**INDWELLING SPIRIT, THOUGHT ADJUSTER,  
MYSTERY MONITOR (all being the same):**

The external elements, instruments of the Father, do not form attributes of our own soul upon its initial creation by our Heavenly Parents, these are the Spirit of Truth, the Indwelling Spirit, and Divine Love.

The Holy Spirit, conveys Divine Love to your soul should you earnestly and lovingly ask for it. This is the only function of the Holy Spirit – Acting Spirit.

The Indwelling Spirit becomes present when we are around the age of six. This means that the unseen helper of the Father and Mother – the Indwelling Spirit – can always interact with the mortal soul and to be of service so that eventually the leadings from the Spirit may be the catalyst for that soul to seek our Parents.

The Indwelling Spirit reveals intrinsic workings of Father and Mother to your soul.

The Indwelling Spirit functions in much the same way as the Holy Spirit, ask and it will provide support and guidance.



The Indwelling Spirit / Thought Adjuster only works with us on the mind, feeling and psychic levels directly with our personality on conscious and unconscious levels of reality. It is the Divine Minister with hands-on help from our attending angels that do the actual adjusting of our mind circuits – of all our circuits, even the physical if need be.



Spirit of Truth becomes active more so when you connect to the Source Soul and commence receiving Divine Love.

You are a spirit person having a physical experience. Your physical body is encased within your spirit body.

The spirit body only exists because our soul wants it to. In the fullness of love, even all our encrustments and wrongness is not actually bad, they are just the nether side of love.

So evil is literally a state of mind, and once you heal it you even feel love for your wrongness and even no longer hate it – that being full self-acceptance. But you can't contrive these feelings or level of awareness, it has to come of itself and will through the higher levels of your Healing.

**SPIRITS of TRUTH and HOLY SPIRIT:**

More from James regarding Spirits:

The Holy Spirit provides differing support and guidance to that of the Indwelling Spirit. The Indwelling Spirits guides one to God, our Heavenly Mother and Father; the Holy Spirit brings Their Divine Love into our heart.

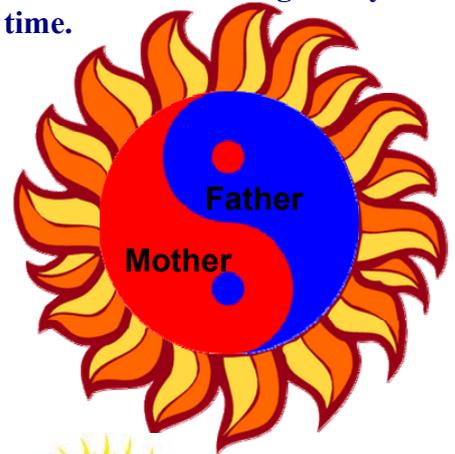
The Spirit of Truth becomes active ONLY when we choose to follow the ‘owner’ of that Spirit of Truth. So in our cases, Jesus and Mary Magdalene. We have to want to live the same truth as they are living, so ‘be like them’ and in doing so this activates their Spirit of Truth. And so if we choose to be as they are in truth, to live how they live the truth, to be of truth and the same truths they are, then with their Spirits of Truth assisting us we will come to relate to our Mother and Father just as they do.

We are growing spiritually in Mary and Jesus’ universe. We have to want to be as they are in truth, if we don’t want to do that then we’re rebelling against them. And if we don’t embrace them, then we’ll never leave Nebadon, the region of the universe that encapsulates Earth.

The whole idea about having Spirits of Truth coming from Paradise Pairs is so the ascending mortals (us) of that universe (from the Creator Pair) and specific worlds (from the Avonal Pairs), all end up living the same truths. And if we didn’t live the same truths, we’d all still remain all over the place and have nothing we can all connect with and relate to in each other.

So we can come from all over the planet, from very diverse races and cultures, yet because we all end up embracing the Spirits of Truth that are to help reveal the truths we are to know, so we’ll all be able to connect and relate to each other through the truth we’re living, all being able to live happily together as Celestials, and eventually as Celestials on Earth. It’s the Spirits of Truth that bring us all together, homogenises us if you like. And if we all lived true to them, we would not need any rules or laws because we would all be living and knowing the same truths – so all living the same way only expressing those truths individually.

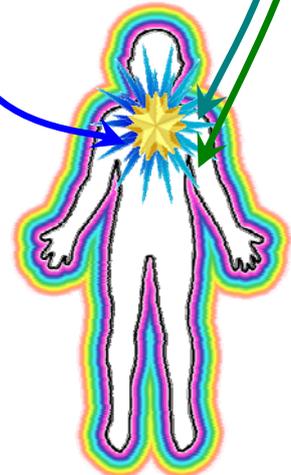
**Our HEAVENLY PARENTS**  
have any number of spirit instruments assisting at any time.



**Holy Spirit**  
conveys Divine Love from our Heavenly Parents



**Spirits of Truth**  
of Mary Magdalene and Jesus



**WE EACH have a Nature Spirit pair, Spirit Guide pair and an Angelic Pair:**

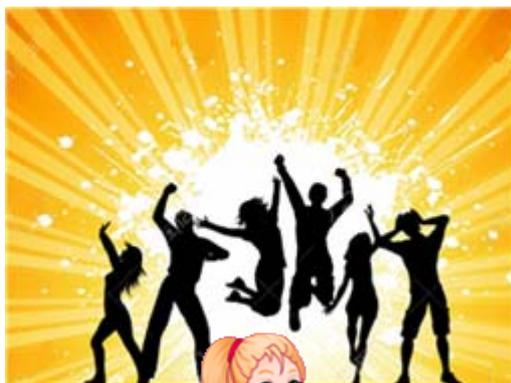
**For those doing their Healing or are interested in doing it will** from that time have their own personal angels, spirit guides and nature spirits with them, with whom they are to develop their own relationships should they want to. It is not about ‘sharing’ the same angels or guides or nature spirits, it is about you relating specifically to your ‘own’ ones because they are provided for YOU. It’s all for you, to maximise the experiences we each need.

We are all to have our own pure relationships. And it’s the same of course in life with your friends, however over there, in spirit, dealing with Nature Spirits, Spirit Guides, and Angels, it’s more personal and private and ‘JUST FOR YOU’. So we have our own separate, unique relationships.

For example, Nature Spirit Verna has been assigned to be specifically and only with James, and she ain’t going to be assigned to anyone else, so she won’t be sharing herself around.

This is SO IMPORTANT to understand so that in future there won’t be all these people claiming to be speaking with Verna or Mary Magdalene or Jesus or Nanna Beth or anyone else who is part of it all in such capacity. Mary M and Jesus have spoken with James as they have, making it quite clear he is all they are speaking with.

We each have a band of a Nature Spirit pair, Spirit Guide pair, and an Angelic pair, each pair being in their ‘soulmate’ relationship. Even though we are ascending mortals having a soulmate, even our soulmate has his or her own group of six personalities assisting him or her. *Our assigned Nature Spirits do not continue with us into spirit, our Spirit Guides may for a time assist upon entry to the spirit Mansion Worlds, however, our personal Angelic pair continues with us to Paradise, and then even possibly being with us throughout eternity.*



**Feelings first**





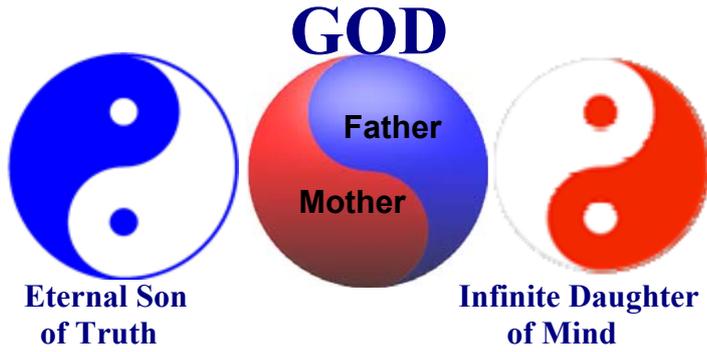
In a way each person's Indwelling Spirit, which is really God, is contracting out the work needed to be done with you to other agencies, so to us spirits, the angels, the nature spirits, other elements under the Divine Minister's control, even other non-humanity spirits, all of which end up doing increasingly more amounts of what your Indwelling Spirit does. And this 'out sourcing' is to affect greater personality interaction, increasing your experiences so they are maximised through interaction with different personalities rather than just relying solely on God. We are overall to become increasingly at-one with God, but we are to do that by becoming increasingly immersed in the experience of being with others.

Nanna Beth – 3<sup>rd</sup> Celestial Heaven: 25 December 2018



We each have a band of a Nature Spirit pair, Spirit Guide pair, and an Angelic pair, each pair being in their 'soulmate' relationship. In addition we have our personal Indwelling Spirit.

**CREATION of SOUL and SPIRIT:**



God is *The Paradise Trinity* — the eternal Deity union of the Personalities: the Universal Mother and Father; the Eternal Son of Truth; and the Infinite Daughter Spirit of Mind.

The soul of each human personality (sons and daughters of truth) is existential, driving our personality expression in the experiential. The soul of each human finds truth by embracing one's feelings and longing for the truth of them. We are to attain the Eternal Son of Truth. We are a creation of Truth.



The soul of angels is experiential, evolving through their experience by continually progressing in mind development. Angels are to attain the Infinite Daughter (Spirit) of Mind. Angels are a creation of Mind. Our soul is duplex (we have a soulmate) and is created by our Heavenly Parents. Through our Feeling Healing we perfect ourselves enabling the union with our soulmate, as we progress in truth up through the Mansion Worlds, celestial heavens and all the way to Paradise.

Feeling Pathway

Mind Pathway



Soulmate Pair

Angel



The soul of angels is also duplex, yet of the mind, and they progress in mind evolution to Paradise. Animals, plants and nature spirits are also creations of Mind.

Neither we nor animals reincarnate. We never die; upon death, we move into the spirit Mansion Worlds on our journey to Paradise. When animals and plants die, be they the tiny microbe to the mighty elephants of the land and the whales of the ocean, their spirit energy returns to the Spirit Collective Energy. And from this energy are drawn other animals and the nature spirits, who then in turn move onto becoming angels through increasing mind experience.

Spirit Person

Nature Spirit



A nature spirit is an angel in waiting.

## **CREATION being an EXPRESSION OF MIND – Nature Spirit Verna:**

I, Verna, am one of the 'Little People of Light' or commonly called a nature spirit. We go by other names: elementals, elves, fairies and the like, but really we're nature spirits. We are only concerned with nature, the nature of Earth – our world. Earth is our world more than it is yours, as you're all passing through, whereas we are permanent residents.



We, nature spirits have an hierarchy, some of us being more evolved than others – older – and we're considered to be a slightly lower creation than that of angels, as it's angels, a certain type, that create us. And when we have served you, humanity, well, we can if we want, move up to becoming an angel, we can evolve into one.

About soul-light coming from the soul interacting with Creation bringing about in Creation what needs to happen is all in accordance with the soul's pattern. As far as nature goes, it is wholly responsive to the needs of humanity, that is really all it exists for, for you.

We know why we act, we just act, we're creations of the Mind, The Third Person of Deity; the Infinite Daughter Spirit looks after us through the Local Universal Mother Spirit, the Divine Minister.

We exist to serve you, those of the truth, as nature does, it also being a creation of the Mind, so we don't have a truth-evolving soul like you do. We do however grow in mind service, we evolve so to speak, but not how you evolve. We evolve by doing actions, by acting in accordance with the instructions and mandates we are given, and when they are fulfilled, or completed, we move onto the next assignment, that is our evolution, so we're able to grow by being given increasing responsibilities, it's the same for us as it is for the angels.

So although we don't have an eternal soul like you, we do feel we have an eternal place in Creation because we are part of it; we've been created, there was and is a purpose to our existence, so there will always be something, the next thing, for us to do. And as we do each assignment we grow, which is really, advance in light. *By the light of an angel or nature spirit you can tell where they are in Creation, on what level, on what assignment, on what circuit, where in the Universal Mind they fit and so exist.*

Creation is all created by, and so is a manifestation of, the Mind of God, it consists of mind circuits from the lowest to the highest; and so because of that, everything in Creation can help everything else, it all being orchestrated by the intelligence of the Personalities it is derived from. So when your soul requires a certain experience, then all you are, all the environment is, all that leads up to that exact moment from the beginning of Creation, moves to bring about that experience for you. And all we do is go along with it, which is all you are slowly to learn to do. You are not to try and fight it, or interfere with it, you are learning to just accept nature, your own natures, your soul – or truth and mind nature.

As you learn to live as nature does, by being all-accepting, then you can allow your soul to guide you through your feelings and without trying to actively take over using your mind, to just act according to your natural impulses and feelings, all of which will bring about the desired experiences required by your soul resulting in the desired truth you are to see, know, and hence live.

YOU ARE NATURE – so as you understand about plants and animals and all nature is, really you are understanding about YOURSELF. And this is very important, to see yourself as separate from nature is not right, and is where you all go wrong – it is evil, because it's dishonouring yourself: your true nature.

What you as a person, YOU, are doing to nature is wrong. How you are negatively affecting it, and how that is all because you are doing it all to yourself. EVERYTHING YOU DO TO ANOTHER CREATURE YOU ARE DOING TO YOURSELF – and that's why you're doing it to the other creature, because you're doing it to yourself. How you are in the outer world is exactly how you are in your inner world. Or rather, how you are in your inner world is how you are in the outer one. It's always the inner first. And the inner has been created through your early childhood.

I'm a swirl of light, recognisable by other angels and beings of mind creation, but unrecognisable to you spirits of truth (humanity) who need form other than just light. So all of my kind, and all of my angelic relations, put on forms for you to recognise us by. You don't have any choice in your form, although in spirit you can play around with your looks a little and what you wear, how you present yourself a little to the universe, but mostly you just allow your soul to manifest your spirit form as its currently manifesting your physical form, whereas we angels being all light, have a choice – and lots of it! As I said, our true form is a creation of light, which means a collection or gathering together of many lights, beautiful and artistically designed, wonders to behold, and you will be able to get something of a glimpse and soul perception impression of our natures as you grow in truth, we being something very different to you.

And like you, as in you having a soul-mate, in some ways we nature spirits work in pairs, a positive and negative, but not negative in the bad, more like in the sense of current, in physics, a positive and negative representation of the frequencies of light that we are; but we angels – I'll call myself an angel for the time being, just for the sake of argument – don't have soul-mates like you, that's purely a spirit thing, as we don't have the same type of soul that you do. We don't ever perish, we do move on, in that we ascend the circles of light, which are the relevant circles of mind for our order; but we don't grow in truth like you do. We don't have the same mind set up as you do, we don't have a thinking and feeling mind, we are just mind, and all that is mind.



All things and creatures of Creation have a 'light' to them, which you could call something akin to a spirit. Truly speaking, only spirits of truth, such as what you are, you and humanity and those sorts of spirit beings like Mary and Jesus, the mind and Celestial spirits you speak with, all who have a soul that is truth-evolving, have a spirit; we beings and creations of Mind, have a light. I know it gets rather confusing, and it doesn't matter anyway. So you could say a tree has a light, it being a creation of Mind, that being the mind of the Divine Minister in our universe of Nebadon, and so you could say that light is something akin to the tree's spirit. However were you to talk to the tree's spirit and have it talk back to you, that's then where we come in. You can't actually speak directly to and converse with lower creations like animals and plants, but we can mediate, you can through us.

Mind spirits aren't going to tell you the truth of who they are, as they will be wanting to keep you in your deluded state just to keep the channel open. They don't care how they communicate with people on Earth, that is the lower ones in particular, and the ones who are seeking some power by doing it, so they won't say, oh sorry, I'm a mind spirit, for nature spirits you'll have to change frequencies, they're that channel over there.

Extracts from 'With Verna – a Nature Spirit' by James Moncrief

**NATURE SPIRITS will INTERACT and ASSIST US in our ENDEAVOURS:**

Extracts from 'With Verna – a Nature Spirit' by James Moncrief

I, Verna – a nature spirit, would like to say to the people of future who will read this, that we are more than willing to make contact with you humans, however, WE WILL ONLY DO SO WITH THOSE PEOPLE WHO ARE STRIVING TO LIVE TRUE TO THEMSELVES BY HEALING THEIR NEGATIVE STATES. We can't otherwise, if people are choosing to remain as they are, all bound up in their evilness, untrue and bad feeling denial, as the new age will forbid it. Once the new Spirits of Truth have been liberated, we will have to adhere to them, not that we would want to do anything else anyway. And we can't wait to have the new Spirits of Truth to guide us as they help and guide you.



Now, why I'm telling you this is because there's going to be an upsurge of people saying they are speaking to nature spirits, people who are not doing their healing nor seeking the truth of themselves. They will say they are, and their nature spirit communication will be part of them doing so, but it won't be true. So beware, many people will say they are speaking to our kind when they aren't, speaking only to mind spirits in the lower Mansion Worlds and Earth planes.

It's far more important for you to gain a true understanding of your own personal role in nature, how you are to conduct yourself with nature, and also the same with the impersonal, the greater whole. And along the way your knowledge about how things are in nature will expand directly through your experiences and with our input. But (put this in capitals please James); BUT OUR INPUT WILL ONLY COME TO THOSE PEOPLE WHO ARE STRIVING TO LIVE TRUE TO THEMSELVES THROUGH THEIR FEELINGS, by doing all you have written James; essentially, all Mary has told you and all Marion has told and helped you with.

We are able to impress certain insights and understandings upon her (Marion), we do upon you both, all of which help you understand nature more; yours and the natural world, and your relationship with it. So everyone who grows in truth, as a part of that growth, comes to love nature more, relating to it very personally through their own nature, so we are able to move in and be with you.

James: So really your kind is to have a very close and complete relationship with us.

Verna: Yes, it will grow and evolve as humanity does. We are just a part of the natural realm as are plants, animals and the air you breathe. We should not be kept alienated from you. And just because you might not be able to see us, doesn't mean we are less important or have less of an influence on you, in fact we have more of an influence than does direct experience with plants and animals. Your hands on physical experience with nature is very limited, there is only so much you can do with and in it. But your understanding of it and its relationship to yourself and yourself to it, is all but unlimited, it growing – your awareness of it all growing, as you grow in truth. And humanity is meant to grow in complete harmony with the natural world whilst it's here with it, not separately from it as you currently are. You are going against nature, not going with it, so you are going against your own natures, not with them, which of course is why you're going against nature. Your parents set you against yourself, your own nature, so you don't see that nature offers you anything other than what you can get from it. But that's all thankfully soon to change, and as there is already a slow awakening taking place in certain parts of humanity as to how special nature is, so this will continue to evolve.

**Nature Spirits control every aspect of the natural world:**

28 June 2012

Extracts from 'With Verna – a Nature Spirit' by James Moncrief

We have a progressive consciousness, we are evolving our minds, as I've told you, but they being a creation of Mind can so be influenced by higher angelic minds. So really in the mock you had, what I meant was we nature spirits can prevent fish from being caught if that's what we're asked to do by either higher angels on behalf of the Mother and Father, the Divine Minister in Nebadon, or by Sons and Daughters of Truth, that being Mary and Jesus, the Creator Pair, or Avonal Pairs.

We'd know the Avonal pair would ask us knowing from their feelings and the truth they were living that it would be what the Eternal Son and Infinite Daughter desired.

We nature spirits can control EVERY aspect of the natural world if need be. We can make anything happen, from causing earthquakes and volcanic eruptions, down to move the smallest bacteria this way and that. We can bring about any mutations that are desirable, and we can work in the moment or over long periods of time. Nothing is too much for us when it comes to influencing the material plane, that's what we're all about as nature spirits, we do always and continually influence it. By our very nature, our very existence we're influencing it. Nature on the physical level doesn't and can't exist without our ongoing influence. And as to that influence, what it entails, that all awaits humanity, and one day we'll be able to tell various people everything we do. There will be those people destined to have very close and open relationships with our kind, and they will learn and see what we do. And then humanity will be able to move toward living more truly with us and our natural influence, all of which will make people feel so much happier about how they live and treat their natural environment. Currently you are so far away from the truth, heading fast in the opposite direction, so you are the furthest you've ever been from our kind. But once the age changes, then we'll be able to come to you as you'll be able to come to us and things will start to change for the better, that's what we're all looking forward to.

Potsy, the cat, her spirit has gone to join with the combined spirit from all Earth's creatures, to be drawn upon to create us nature spirits, and in fact the sporangia as well, having become part of the spirit collective energy from which my kind, among others, are drawn.

**We, being ensouled humanity, are to move with our feelings, respond and act upon our feelings, we all are, and so based on our feelings we bring our mind into play, and then things happen which affect our feelings and so our mind adjusts accordingly.**

**BAD is GOOD** So go with your darkness, allow yourself to be that horrible unloving person you've always secretly dreaded you are. Just allow yourself to feel all you feel about it. Bring up all those dreaded evil feelings, bare your soul, confess it all, and like the poison it is, GET IT OUT!

This is how to love yourself. This is being truly self-loving, and as you are loving of yourself, so will you love others. As you unconditionally accept all you feel, so too will you unconditionally accept them, and so all they feel. You will allow them to be the true expressions of themselves. You'll stop all those controlling mental things you do that helps them deny their bad feelings. You'll be happy to allow everyone to express all their yuk, as you express yours.

We are told that it's good and loving to be unconditional, but to do it, or try to be it with only your mind, is wrong, it's false and it's very conditional. Dump the belief, certainly want to be that way, but understand that it only comes naturally as you submit to all your bad feelings, loving yourself by allowing yourself to feel them. Anything you try to do with your controlling mind, trying to control yourself, give up – or at least want to. Occasionally through your healing you'll feel you have to assert your will and it can take a lot of considerable effort to do it, and you will so need to apply your mind. But as you will feel, such motivation will come from a deep feeling, a feeling of wanting to assert your will this way, and when it's there, you can do it. And it's all the same, simply going with and accepting how you feel.

Self-love through feeling acceptance will help your mind give up its control. This will hurt, be hard to do, but the controlling patterns can be broken. Acceptance as always is the key: accepting being one of the main attributes of love. Accepting yourself is loving yourself – ACCEPT ALL YOUR FEELINGS, ACCCPET ALL YOU FEEL YOU ARE, ACCEPT YOURSELF. Love.

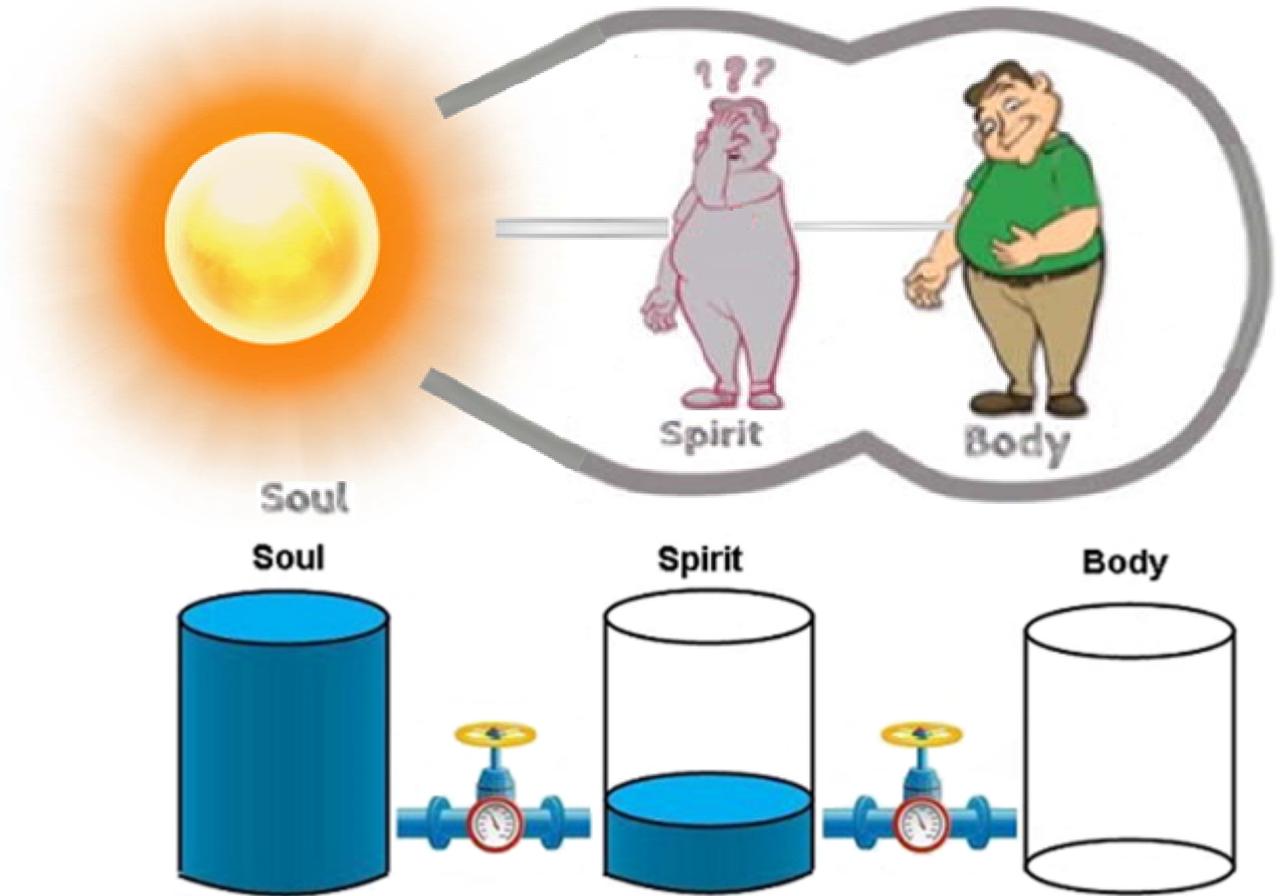
Doing your feeling-healing is telling your story.  
It's telling the truth of your whole story.  
And it's all for you.

Living true to your feelings:

It's to understand that what you are feeling today is a result of masses of repressed bad feelings, all of which need to be brought out one at a time, and not just exploding with that pent up rage, venting your anger all over the place, because you are to follow your feelings – allow your feelings to lead you in life. All those repressed feelings are to be brought out into words, progressively stripping away the many levels of them, all so you can see why you're feeling them. 'Going with your feelings' is not just about acting on every feeling you feel, it's about actively wanting to express and bring to light all your feelings by speaking, using words, and not just through acting. We are to express our feelings to uncover their truth. So you can do nothing, even stop acting out your feelings, whilst you spend years and years simply talking them out. Marion 7 Apr 2018

**OUR MIND constricts OUR FEELINGS!**

Thousands of years ago, high level spiritual leaders erroneously guided humanity to embrace their minds as the way to live. Our minds are addicted to untruth, they cannot discern truth from falsehood, and our minds are addicted to control over others and the environment. We are self-contained. It is our soul-based feelings that we are to allow to surface and guide us. Our minds are to then help us implement what our feelings are leading us to do and understand. All truth flows from our soul and it is our minds that are to allow such truths to be accepted and followed, not the way we are now being taught. We are to live Feelings First.



**Spirit Body  
Personal Computer (mind)**



**Physical  
Body**

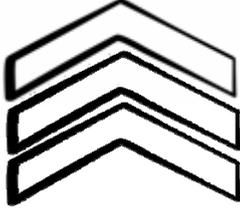
**Dumb  
Terminal  
(brain)**



## The CHOICE is OURS to MAKE:

### Celestial Truth:

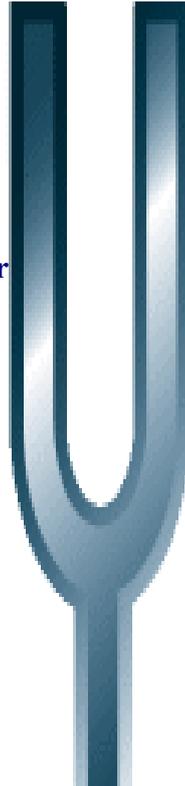
Truly all-loving;  
 Living true to oneself;  
 Mind supporting Feelings;  
 Living with the Divine Love;  
 Fully Healed of the Rebellion and Default.



### THE FEELING WAY

Feeling – Ascendance  
 Unlimited progression

- Living true to your untruth;
- Honouring all your bad feelings;
- Expressing feelings to uncover their truth;
- Healing the Rebellion and Default within yourself;
- Feeling unloved; being unloving;
- Feeling as bad as you can feel;
- Feeling like you are no one special;
- Longing for the Divine Love.



### THE MIND WAY

Mind – Transcendence  
 Limited progression

- Enlightenment, Nirvana, feeling all-loving;
- All false, mind-contrived. Anti-truth, anti-love;
- Still evolving the Rebellion and Default within yourself;
- Feeling and believing you are the Superior One;
- Living with your mind in control of your feelings;
- Living rejecting all your bad feelings;
- Living with your mind contriving you feel loved;
- Rejecting the Divine Love.



All religions, New Age, agnostic,  
 atheists, no spiritual interest,  
 Living the Rebellion and Default.

Hell:  
 Exploiting the Rebellion and Default.

The Feelings are the doer; the Mind the teller. So we are to go with our feelings, which we can't be told to do with our mind. So the longing for the Divine Love, doing our Healing by expressing our feelings and longing for their truth, are all feelings and doing it with longing. Whereas the mind just wants to tell us what to do and how to be, no feelings in it, all how our parents have treated us.

## Our FEELINGS are our SUPREME GUIDES:

# Feelings!

Feelings are what guide us through our ascension of truth. So they are really our Supreme Guides. Many people look for a person, spirit, angel, even God, for supreme guidance, however it's all right there already built in – in our feelings. We just have to submit to them, allowing them to take us where they will, expressing all the parts we want to express, letting the emotion drive that expression if it's there to be expressed, or just talking about all we feel and how feeling that feeling is making us feel – or, how we feel about having that feeling, all whilst longing for the truth of our feelings. Longing for the truth of our feelings is really: Longing for the truth of our self, because: we are our feelings. So life stirs up our feelings, we feel being alive; or, being alive means we are feeling, always feeling; and when we work out what and why we are feeling what we are, so then we know the truth of how we are. And over time the truth accumulates, and our mind expands our understanding of ourselves, all being driven from our feelings. Kevin 26 Sep 2017

## Using our feelings to uncover the whole truth of our negative or anti truth and anti love state.

Kevin: So whilst we're of an untrue state, then all we have got to help us understand why we feel bad, why we are wrong, why we are negative and anti love and truth, is our feelings. So if we focus on our bad feelings, they will lead us to the truth of why we're feeling bad. Which will be the truth of what happened to us to make us be this wrong way, and how we took on the wrong way and keep it going making us feel bad.

## FEELING HEALING

**Note:** The vital difference between emotion and feeling is that emotions have their roots in the past, and feelings relate to the present moment. Emotions represent our feelings which were not previously expressed, and these accumulate with time.

**Note:** Our feelings are soul-based. Our soul is always in truth. It is our soul based feelings, that when allowed to be freely recognised, we will begin to express and be who we are. This takes time and perseverance as we have encrusted our souls with layers upon layers of errors and false beliefs, it is these layers that will confuse the truth that our soul is conveying to us. Only by our progression with our Feeling Healing will our soul's expression of truth become clear and free of all cloudiness and contamination.



“What our soul needs in accordance with our own, individual, **Soul-Light-Plan-Of-Destiny** (your life's true destiny plan), They, being our Mother and Father, will give you as required. The only way we can know truly what we need is to honour and follow our true feelings. They, springing from our soul, literally telling us what we need, and so when we genuinely feel we need something, we apply our will to get it. The hard part is knowing if our feelings are true, and until we have done our whole soul-healing, they won't be clear and totally true.” James – Introduction Course to Divine Love Spirituality

**GOLDEN RULE PERTAINING to CHILDREN:**

Messages from Mary and Jesus – Jesus 6 April 2003

We cannot under any circumstances break the Golden Rule: **we cannot impose our will on another forcefully subjecting others to do what we want, even if it is our own little child.** We can, by all means, make respectful offerings of our ways, beliefs and opinions, leaving the onus on the other person to make up their own mind, but once we start intruding we are stepping over the line and that incurs a penalty.

This is the problem we are all saturated with: being coerced and threatened to do everything we do. It is how most parent's parent, coercing and threatening their children so as to get them to do what they want, all so they can maintain their power and control over them. The parent is completely interfering with its child's freedom to express itself.

**As a parent we cannot know one moment to the next how our child should be. It will show you how it will be, not you showing it how it will be. And we need to allow it to show us with as little interference as possible. And this will be a great challenge for parents to face.** The Church and all such systems – our whole world – is for adults, not for children; our world is anti-children, most of what we do is anti-children, even when we believe we are doing it for their good and doing it lovingly. It is not a loving system and it can't be. It can only do what was done to us, and as we weren't loved truly by our parents, then that is the world we know and the world we will create and the world we will choose to live in. The delusion is that we have been led to believe that the world is good and right and true, at least the world we are participating in, but it's not, and this is what our healing will make us see.



### ALLOW CHILDREN to EXPRESS THEMSELVES:

Messages from Mary and Jesus – Jesus 6 April 2003

If you could see children that are left to be free, they will ask when they are ready, and it makes the parent feel good being able to give. This makes the parent feel needed and not just taken for granted, as its child is coming to it, and it makes the child feel good because it is responding to its inner inspiration and feelings; it is making the approach in the relationship with its parents and gets what it asks for. But you ask: What happens when the child asks for things it can't or shouldn't have, what then; should the parent just give its child everything it asks for? And the answer is no, whilst you're of and in the negative because the child will not be asking truly from and with a positive mind.

### OUR CHOICE TO LIVE the WILL of OUR HEAVENLY PARENTS:

Messages from Mary and Jesus – Jesus 6 April 2003

The Father and Mother offer you this choice, however you have wanted to live as you are, and They won't take this choice to do so away from you; that would be violating your free will, and your Heavenly Parents don't take such liberties as your earthly ones do. They want you to uncover and see for yourself all that you are doing that is wrong. Why you are doing it, what happened to you to make you choose to do it, and how you've been manifesting it in your life. And once you are cognisant of it all, then you are free to choose as to whether or not you continue living it. And if you choose not to, then They will remove all trace of such wrongness, evil and self-denial from you.

Living God's Will is not just a matter of doing some sort of work for Them. This is incidental. Living Their Will is living in your perfected soul state of being, which will only begin when you are a Celestial *angel* of truth. Up until then you are still working to resolve all that is wrong within you. All that is sinful, evil, wrong, bad and negative. When you are truly free, you will be doing the work God is asking of you, all by simply living true to all your feelings and being your full and true expression in Creation. All that you will do in your life will then just be things you love to do, you won't feel like it's work, and yet it will be exactly all the Mother and Father want you to do, the very same things you feel you want to do.

Your deep longing to do and live and be true to God's Will, is from your soul as it yearns to be free. And when you are fully self-expressive, living true to all your feelings, then this deep yearning will be satisfied. You will feel you know you are living in your true place in Creation, in perfect harmony with everyone else. You won't feel out of sorts, disillusioned, meaningless and without purpose. You won't feel disconnected from yourself. You won't feel like you're on the outside looking in on a life that somehow is beyond your reach. You will feel whole, centred entirely in and at-one with yourself, just as you feel at-one with God. You will feel in each experience you are fulfilling your soul's light-pattern-of-destiny, and this will make you feel good.



**TO SAY NO!**

Messages from Mary and Jesus Jesus 6 April 2003

To say no and reject someone is not something that's nice to do. You don't want to hurt another's feelings; however there might come a time when this is what you'll have to do so you can come back to, and focus on, yourself – being able to attend to your own feelings with the intention of healing yourself and growing in truth. You are the most important person in your life. Your parents took this knowing and feeling away from you by making you believe they were the most important people in your life.

To help another and be praised for that help, might be nothing more than helping your parent; putting yourself aside, helping them do what they want you to do – denying yourself, and then getting praised by them for being so nice, kind and caring. At some point you will have to give up your parents control and domination over you. You will have to stop caring for them and turn to care for yourself. Caring for another can be detrimental to you, and not the noble cause you thought it to be, if you are using it to deny your bad feelings; dishonouring and disrespecting yourself.

**EVERYTHING is WITHIN OUR SOUL:**

Messages from Mary and Jesus Mary 6 April 2003

Everything is already within your soul. You have the capabilities to free yourself, to do whatever is required. All that you have experienced right from the very beginning is still within you. All the pain you experienced as a child is within you, and all the reasons why it was so painful is all stored in your soul. As you progress in your healing your soul will liberate it all steadily into your spirit body and then in turn into your feeling, thought and physical systems. Step-by-step you will be led along as you express all you feel. And step-by-step you will see more of the truth of yourself. Your soul will unfold all it knows within you. The Mother and Father will help you to see all They want you to see, will love you, and tell you what you need to know when you ask Them for Their help. Reach out to Paradise, to your Heavenly Parents. Reach inwards to Them for their Indwelling Spirit. Find Them in your soul.

**The CHILD is to FREELY EXPRESS ITSELF:**

Messages from Mary and Jesus 13 May 2003

Mary:

**The greatest gift you can give your child, is allowing it to be freely able to express itself, helping it to feel good about being able to say and express and communicate all it feels. THERE IS NOTHING BETTER FOR A CHILD TO FEEL THAN KNOWING ITS PARENTS COMPLETELY WANT IT TO BE EXACTLY HOW IT FEELS IT WANTS TO BE. To be completely unconditionally accepted for all that it is. Then it feels loved.**

## **LIVING TRUE IS HEALING ONE'S SELF OF CHILDHOOD INJURIES:**

Messages from Mary and Jesus – Mary 10 April 2003

As we are all of the Mother and Father, if we do anything that goes against Truth or Spirit or Mind or Will, or Their Laws of Love, then we are going against all of our self – our own soul, and the whole of Creation. And if we want to live true – true to the Truth, true to our soul, and true to God, then we have to rectify this at some time. In going against Truth we bring about pain – penalty – in ourselves, as this is to show us that we are doing the wrong thing – going the wrong way. And when we come back into harmony with the Laws the pain goes – the penalty has been paid.

Currently in the negative mind state humanity does not want to live true to God's Laws, so man's laws are different to God's. So all that you do is against the Mother and Father's Laws of Creation and Existence. And this is what then causes all the pain in your soul, as you live each day refusing to honour the Truth of God. And no matter what you believe about how good you may be, if you are not living true to your soul and God's Laws then you are hurting yourself.

The Mother and Father say individually: Love Me as I love you; and together: Love us, as We love you. You come into the world asking your parents to love you as you love them. But they in their negative state do not honour this truth, so every little bit of them that does not love you, you feel hurt by. As they dishonour you so you dishonour yourself, for in your love for them, you are accepting that they are right and true, as you do not know anything else. You then take it on, all how they treat you, and do what they have told and made you do to yourself and others; you become as they are – negative. And so you live dishonouring yourself and the Mother and Father's Soul Laws. You cause great pain within yourself on all levels, not just in the physical. All pain you ever experience is saying to you: you are wrong in how you are being, and so you need to look to find the truth of why this is so.

When you want to know the truth of your pain, you will want to see the truth of where you are dishonouring yourself and the Mother and Father; then when you do see what you have done, you will feel bad about this, and then seek forgiveness, being healed and forgiven when you see the truth, and your pain all goes. You can go to Them and ask Them to forgive you, but as They are love and already do, you are really allowing yourself to forgive yourself, for it is you that does not love yourself, as seen by the act of dishonouring yourself. Then as you turn around and willingly want to live true, the Mother and Father remove the pain you have been suffering and fix that which within you has become dysfunctional as a result of your transgression. Then you are healed, so far as this part of truth has been honoured, and that part of dysfunctional you is living true to the Laws of Love, living true to your soul and to Them.

As you do your healing you are actually forgiving yourself. By wanting to see the truth and asking the Father and Mother to help bring up the unexpressed pain and feelings that are within you, that will show you where you are going wrong. You will be able to see the problem and then want to fix it and seek forgiveness of yourself (and from Them if you feel the need); and you will be loving yourself and Them instead of rejecting yourself and Them.

Gradually through your healing, you will work your way back through all the levels of truth within you that you have dishonoured since conception; with all the pain surfacing, and all the causes being seen that made you rebel against yourself. And with each step you will be forgiving and increasingly loving yourself. Your healing is you loving yourself back into perfection. And the longing to the Mother and Father for Their Love is the way to fuel this by becoming a divine soul.

When you love yourself truly, then you will love your neighbour and every aspect of Creation, as you love yourself. This will be your state of being – just like the Mother and Father, and you'll naturally be honouring all Their Laws of Truth. And you will live free in Creation without any pain, worries or problems; eternally happy, as you long to be.

By praying to the Father to forgive you, you are not taking responsibility for your own actions; you are not seeking the truth of your evil causes. Forgiveness comes when you admit and accept your wrongness; when you uncover the truth of why you are it, or doing it, all through the expression of all that has made you feel bad. Through full self-feeling-acceptance you can free yourself from your negative condition. The Truth will set you free! The truth you uncover as you accept and express your bad feelings.

And as you do this God will change into the loving Mother and Father. You will come out of the old beliefs and ways of seeing things, entering into a new way of living and seeing how everything truly is.

When you were a young child you were the closet to your soul and to God. Up until you fully took on all the negative mind circuits you were still more pure and true to Their image. And you loved more as They love. A child loves freely and unconditionally. It loves without judgement or criticism. Look to the child to show you God, this will help you see more truth than looking out into the adult world as it now exists. And then look how the parent changes its child, from being pure and true, into another untrue adult. Look how you make your child turn against itself and live untrue to God. Look how the parent makes it live true to the wants, likes and dislikes of itself. Your child will help you see how wrong you are. It will show you if you allow it to; it will show you through your feelings.

**Your soul-healing is concerned totally with you finding the truth of all you are; all you feel, and all through your feelings.**

Messages from Mary and Jesus      Mary 14 April 2003

**The feeling controlling mind is nothing more than your parents' control over you encapsulated in your mind.**

Messages from Mary and Jesus      Mary 15 April 2003

**During your childhood you were made to change from being naturally good to being bad, and it hurt. Now you are being asked to change back to good from bad, and it hurts just the same.**

Messages from Mary and Jesus      Jesus 14 April 2003

**You are completely self-contained.** You will blame your parents for what they did to you through your healing, but when you are healed, you will be able to see how you took it all on wilfully from them; and so wilfully you have to choose to divest yourself of it and set yourself free. And this can only happen with love – your own natural love, through acceptance of all your badness and bad feelings, together with the help of the Mother and Father's Divine Love. And so it is entirely true that love is the cure-all, and that love will heal you, your love, and the Mother and Father's

Messages from Mary and Jesus      Jesus 14 April 2003

**The CHILD is to FREELY EXPRESS ITSELF:** Messages from Mary and Jesus 13 May 2003

Mary: The greatest gift you can give your child, is allowing it to be freely able to express itself, helping it to feel good about being able to say and express and communicate all it feels. THERE IS NOTHING BETTER FOR A CHILD TO FEEL THAN KNOWING ITS PARENTS COMPLETELY WANT IT TO BE EXACTLY HOW IT FEELS IT WANTS TO BE. To be completely unconditionally accepted for all that it is. Then it feels loved.

This is how we are also to be, as adults!

**To liberate one's real self, one's will, being one's soul, is begun by embracing Feeling Healing, so as to clear emotional injuries and errors. With the Divine Love, then one is also Soul Healing. We are to feel our feelings, identify what they are, accept and fully acknowledge that we're feeling them, express them fully, all whilst longing for the truth they are to show us.**

**Firstly, consider discovering the truth of your emotional pain through Feeling Healing. Secondly, consider longing for our Heavenly Parents' Love as you progress with your healing. Primary and most important readings are the writings of James Moncrief. Then consider the Padgett Messages, and then The Urantia Book.**

**SPIRITUAL HEALING:**

We incarnate into Rebellion, and by default become untrue to ourselves. The truth of which we are to see through our Healing. And once seen, then we will no longer be of the Rebellion, being a true, happy, perfect and all-loving personality.



The Healing is about becoming true to being as you are in your untruth. As you become aware, facing and accepting the truth of how wrong and untrue you are. And once you've brought all your untrue self out through each stage of your Healing and are wholly aware of yourself and your rebelliousness, then your soul and God will transform you out of being untrue and into becoming your true spiritual Celestial self, be that in the physical or when you do your Healing in spirit.

**SPIRITUAL HEALING:**

Our Healing is about first finding the truth of our unloving and untrue state, coming to understand the full extent of that, how it relates to us and how we relate to it, and all how it makes us feel so demented and live life in a stupor.

Healing is about seven Mansion Worlds worth of uncovering the truth of our rebellious state. It's all about becoming progressively more aware of how screwed up we are, so right the way through our Healing we stay being screwed up, all so we can see the truth of how demented we are in all the ways that we are untrue, all the way to the End of our Healing.

What we do heal through our Healing is all that is stopping us see the truth of ourselves – our untrue and false state.

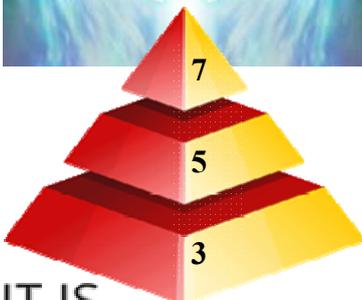
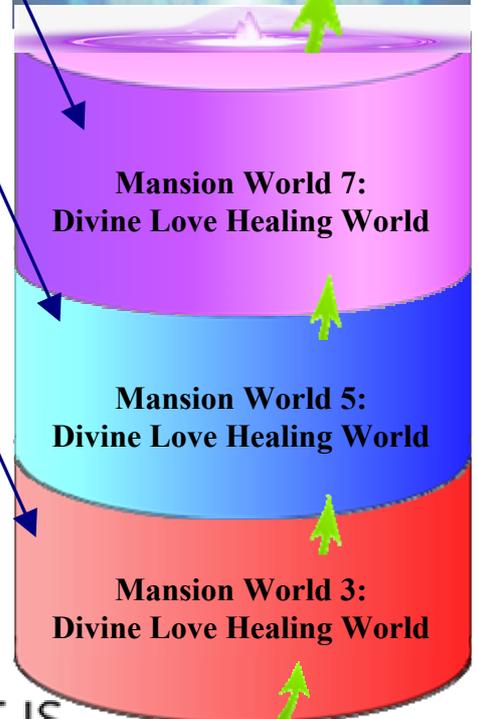
Mansion World 7: is then about still working with the deepest and residual bad feelings, whilst looking to sort out how you wrongly relate to yourself and others, nature and God because of being unloving, understanding how your relationships are unloving, how you don't connect properly, how unloving you really are and why and fully accepting the truth of it, coming completely to grips with your parents not loving you as you needed to be loved – sorting it all out, including your self and feeling expression difficulties. Then comes transition.

Mansion World 5: is then about going right into the depths of them, feeling how unloved you feel and seeing how unloving you are and how that makes you feel, bringing out the majority of your pain, your misery, fear, anger, guilt, hatred, boredom, terror, rejection, nothingness, feeling powerless, alone and abandoned, and so on. Each progression is full on, all the way.

Mansion World 3: is for waking up to the truth that you're not loving and starting to get in touch with your pain, starting to accept your bad feelings, starting to work with them instead of rejecting them.



Then transition into Celestial Heaven state

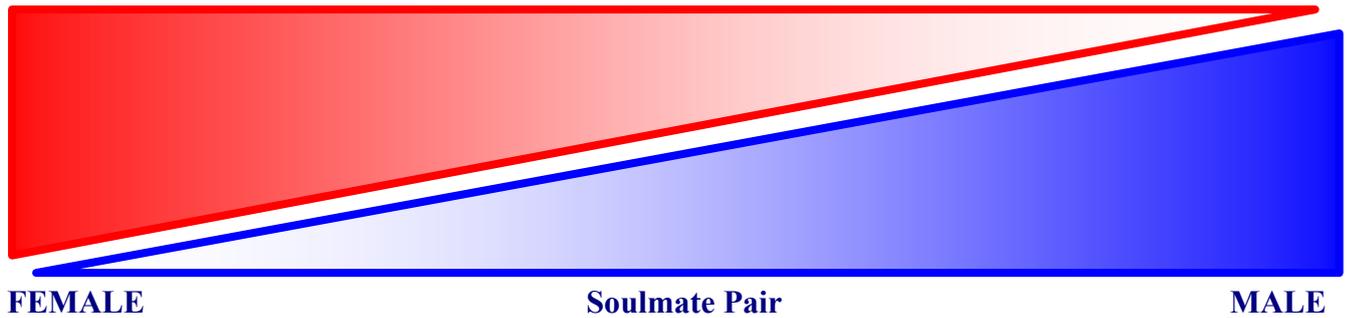


IT IS NOT THIS WAY



IT IS THIS WAY

**The EXTREMES of EMOTIONAL INJURY and SOUL SUPPRESSION:**



At the extreme ends of Childhood Repression, a soulmate pair will be the first to heal themselves, having experienced their parents and close family members impose upon them forms of childhood suppression that collectively represent all possible extremes of experiences that we can have. Thus, when their Spirits of Truth are released, then all of humanity will be able to draw upon these for assistance and guidance as to how to liberate one's own soul from their own personal repression. This is the gift that this soulmate pair is to provide humanity with.

As the female is closer to her feelings, it is the female that may lead and assist the male in their Feeling Healing process, while progressing with her own. The male typically cannot do this on his own, the female being more capable due to her closeness to her feelings. However, to complete her own progression, the female requires the support and participation of the male. It is now time that we recognise that it is the woman that is our spiritual leader.

Our truth loving soul based feelings are to be brought into dominance with our minds only to support our soul based feelings. It is how we are brought up by our parents that we erroneously accept that our minds are all powerful; however they are greatly flawed and self-centred. Embracing one's own feelings is embracing the way of living that our Mother and Father desire for us to express and engage in. We are to fully express our God given personality through our feelings, not our mind based man-made impressions.

Firstly, consider discovering the truth of your emotional pain and injuries through Feeling Healing.

Secondly, consider longing for our Heavenly Parents' Love as you progress with your healing.

Primary and most important readings are the writings of James Moncrief.

Then consider the Padgett Messages, and then The Urantia Book.

**TRUTH LOVING SOUL V ERROR INFLICTED MIND**



## Feelings First Spirituality, The New Way Feelings are your own truth and personality



**Pascas University, Pascas TAFE, Pascas College**, all through their many avenues, are to make available the understandings and guidance of Living Feelings First throughout every community within every country in their diversity of languages, in as many differing formats, as appropriate to enable everyone to be able to consider Living Feelings First.

Through the psychology departments associated with **Pascas Care Centre** clinics and the education facilities, research programs are to expand the understanding and application of Living Feelings First with Feeling Healing. This is to enable an evolving development of life through Living Feelings First with Feeling Healing, and ultimately with Divine Love being then Soul Healing.

Governments will be invited and encouraged to consider these evolutionary developments. Within the ambit of governmental authorities, universities, psychology research teams and schools from pre-school through to higher education will be supported to embrace this way of living and the making available this guidance.

Governmental departments and agencies such as social services, children's services, police departments and all associated welfare departments are to be introduced to this guidance and research. Domestic violence and children's courts may realise the attributes of Living Feelings First with Feeling Healing begins to mitigate the numbers they have had to consider and assist. Progressively all aspects of social services and health services may find their work loads and demands that have been put upon them begin to subside. This is an evolutionary shift for humanity.

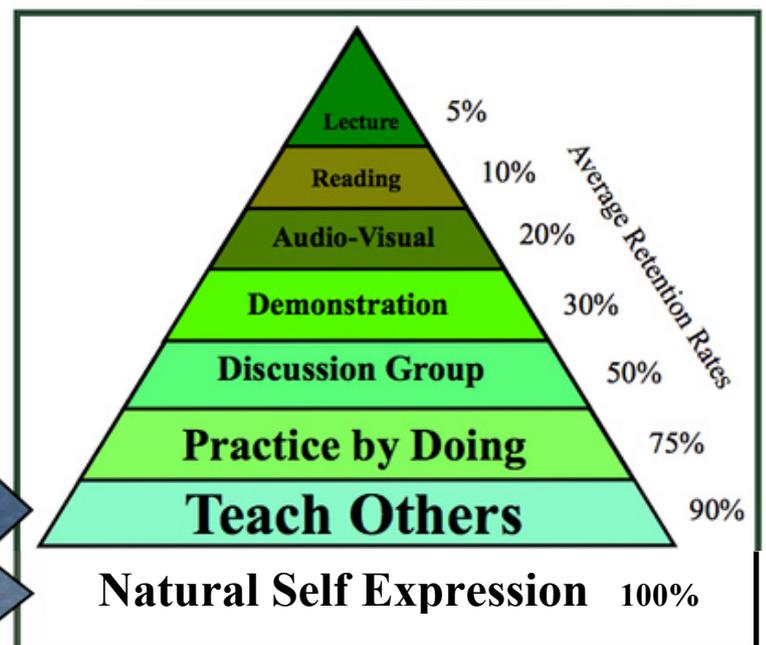
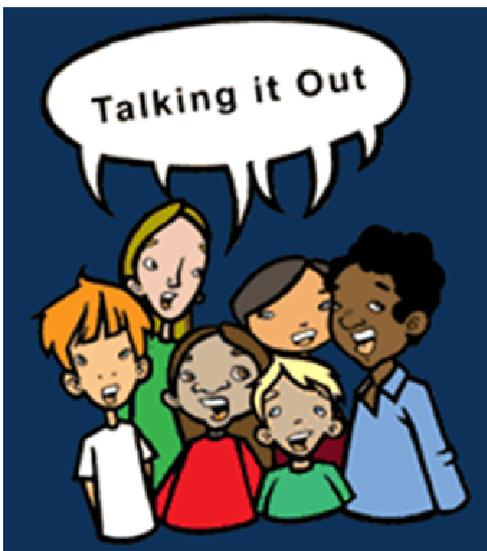
One to One Sharing:

Talk it out with a buddy what happened with you yesterday or over the weekend. Was it fun? Was it not? Was it a bother? Why do you feel it was that way for you? Say to your friend what ever comes up in how you feel about what happened for you. Then listen to your friend share his/ her day / days and what she / he experienced. Then ask your friend to talk again later.

Junior school classroom with a student assisting students to form into pairs and discuss their feelings about their experiences.



The Learning Pyramid



From this:



To this:

**SUPERKIDS**

**Natural self Expression through Feelings**

Self Empowering

Self Revealing

Self Loving



**Feelings First**

## **OUR BODY NUDGES US TO LONG FOR TRUTH!**

Should our physical body be without discomfort, pain and illness, we would not have any reason or prompting to pause for a moment and wonder what is behind such intrusions to our ‘harmony’.



In this way, our body guides us into asking for the truth behind such discomfort – to long for the truth behind our emotional injuries. Should we ignore these communications then our body will amplify its signals. They will strengthen progressively until we not only engage in our investigation into the underlying cause of the pain or illness, but also start to express what we are feeling – talk it out of us.

By expressing what we are feeling will not resolve all the pain until we have totally completed all of our healing. If we were able to resolve individual issues in this way, one by one, we would stop our healing process, our Feeling Healing. That would defeat the purpose of our body being able to assist us with our total healing of ALL of our childhood suppression and repression.



“We are parented heavily by our parents who use our and their physical bodies to control our emotions, feelings, mind and will. And we are forced to change from being true to being untrue – how they want us to be. Then through our Healing our physical bodies help us back the other way, from being untrue to being true. Our bodies show the damage done, giving rise to the necessary feelings we need to make us feel bad so we can use those feelings to keep uncovering the truth of our wrongness. With our soul causing our body to show the damage when it’s time for us to attend to the required feelings.

“Our parents inflict pain that changes us from being true to being untrue. And then when we do our Healing, our bodies express that same pain, giving rise to the same feelings, so we use them to heal ourselves.

“Our body is hurt and changes us. When we do our Healing, our body hurts and we change again, back into what we should have been.”

Note from James Moncrief 2 June 2018

Thus, it can be considered that Feeling Healing is the pinnacle of all healing modalities and that all health care systems (Allopathic, Ayurvedic, Traditional Chinese Medicine, etc.) are complementary when they do not shut one down from simply FEELING.



Our bodily discomforts, both physical and mental, remain with us in varying degrees until we transition into being Celestial – in at-onement with our Heavenly Parents – following completion of our healing all our childhood repression and suppression.

**BREAKING the BARRIER of the MIND – ENGAGING the SOUL!**



# **DYNAMIC** **personality**

Personalities who complete their Soul Healing will demonstrate a dynamic personality that has never been previously achieved throughout the history of humanity. Such dynamic personalities will be recognisable for their innate abilities of comprehension, wisdom and leadership – they will become the ‘council of elders’ for all of humanity.

Though we may begin our Healing journey with one of many complementary modalities, it is only through longing for the truth of what is behind our feelings, good and bad, and by expressing all of our childhood repression and suppression injuries do we enable our soul based personality to manifest and display its true potential – our real selves.

Feeling Healing with Divine Love becomes Soul Healing.

Progression through the equivalent of the seven Mansion Worlds of Healing with Divine Love brings about the fusion of your Indwelling Spirit with your soul and enables you to live a Celestial Soul Condition while you live on Earth.

Divine Love does not heal, however it does transform the soul from natural love to Divine Love once our childhood repression and suppression injuries are healed through Feeling Healing.



ALL complementary health and healing modalities around the world are engaging the mind to suppress emotional injuries and pacify the client / friend / patient with almost instantaneous relief. Only the soul can heal – not the mind – mind engagement is temporary. Many healing modalities do commence to engage in what we are to do in healing ourselves, however none of them go deep enough into our childhood repression and suppression. We are to long for the truth behind every feeling, both good and bad and express what we feel to a very close companion or friend. This is a very long process which ultimately fits us to enter the Celestial Heavens. This is the process that we all must engage in here on Earth or in the Spirit Worlds.

**HUMANITY is within a kind of dormancy, or even more like a stupor!**

We, all of humanity, have been reduced to the barest of self-expression, having been reduced to the least creative life we can all live, that which the Earth is currently reflecting with everything and everyone trying to be the same. The pressure to keep going this way is to end. Steadily the pressure to go the opposite way, to increase creative expression, and this is not only meant through the creative arts, but in every aspect of life, socially, collectively and individually, is going to open things out enormously. It's going to be an explosion of light, that which is to end the darkness, something that's never been seen before.

It's the light in our souls, it's the light that comes from the truth we are to be living that will change us – that changes us all, light from our soul. **If one applies themselves to their Healing, thereby ending their unconscious self-denial, they will as they Heal, change and start expressing all the buried attributes, characteristics and talents, any natural part of themselves that's been denied because of their unloving parenting.** We are nothing like how we should be due to our self denial. So many people are living completely false lives, so when they become true, they will almost be the complete opposite to how they have been.

We are to be alive and vital, real expressions of our soul, to be living fully Healed lives as Celestials while living on Earth. Continually coming to terms with all we have been through, we all take a long time to integrate and understand it all, but we will virtually be New People.

We on Earth are used to our anti-self conditions. For the people who knew us before Healing, we will seem like completely different people, although with the same basic personality traits and characteristics. However all the self-hating, denying patterns and consequential behaviour will be gone, with all our loving self being expressed. **We are all but the living dead, whereas the Healed are the living living. And there's a huge difference.**



We and those who are Healed are like chalk and cheese, we can't relate to them anymore, and they certainly can't relate to us. **Healing is taking someone who was all but crippled right the way through their childhood and undoing all that retardation within them.** Doing one's Healing is changing the whole programming of every structure within you, all in keeping with getting older and naturally ageing with your mind and feeling systems ageing as well, working right down on the deepest will levels, it all changing, all to rid you of your wrongness and make you become right. It's a huge undertaking.

Yet it all follows on, it's not like you'll be so different from the old you that may as well not have existed, it's all there, all the new you to become, with only snippets currently being exercised and expressed, with **the rest of you in a kind of dormancy, or even more like a stupor.**



Once you have finished your own Healing, you'll be like a new person.

Notes derived from Celestial Nanna Beth 20 – 23 April 2018

# DEAD END

Helen, 3<sup>rd</sup> Celestial Sphere 3 Mar 2017



"The releasing of this money (for global humanitarian funds in 2020) you could in a way liken to something crudely as having an orgasm. It will be a flood of positive energy, or light, as expressed by money, and all it represents, washing out over humanity; and although most people won't hear about it, if it is all kept quiet, still that's what's going to happen. Because it will be, in a sense, the forerunner or even wellspring of the new, of what's to come, it however being more symbolic than anything, because it all ends with The Change, but still, until that time, it being what it is showing – there is new energy, new light shining on humanity, and along with that, new hope and so on. It all being a 'sign of the times'."

Humanity is like in a full body cast from all the false and erroneous beliefs and systems that it has immersed itself within that are ALL now going to be ripped off and replaced with The New Way of Living – the Great U-Turn – this is the time of tossing out all of the old for the New!

Humanity is about to slam into the brick wall being the dead end of 200,000 years of Rebellion and Default. The Great U-Turn and the introduction of The New Way will disrupt every aspect of life that humanity has embraced throughout the era now ending!



**THE CHANGE**

**GREAT U-Turn**

**AFTERTIMES**

**The New Way** *Avonal* **AGE**

# ***We are to Find the Truth of our Childhood.***

James Moncrief – Sunday 8 September 2019

## **We are to Find the Truth of our Childhood.**

That's it; and find it through our feelings by directly connecting, feeling, experiencing, and most importantly, knowing they are true by being them. We ARE our childhood, the truth is already there, it is already within us, we are already living it, we don't have to look anywhere else for it other than within ourselves. All of why you are what you do, say and live, everything about how you are and how you conduct yourself in life, is all what your childhood was. You grew into being the adult you are because of the childhood you had, we can't be a different adult that's not a direct and complete product and result of our childhood. And if you take away the time element, we are still our childhood, our life is still manifesting how it was for us as a child. We can believe and pretend all we want that we are different to how we were as a child, that having become adult we can leave our childhood behind and move on becoming the adult we want to be. No, we think we can do that, yet we can't. We can't do anything that's not already done, we are still effectively living our childhood and being as we were in it, and that's within all the different times and phases of it, all which adds up to being one big, often contradictory, mess of ideas, beliefs and opinions about ourselves.

And we can't be anything else other than what we are, which is how it was for us through our childhood, yet we fail to see it because we're not fully connected with those parts of ourselves and all the corresponding feelings that will help us see it. So we are to find the truth of ourselves – hence: the truth of our childhood. Because in knowing the whole truth of our childhood and being it, being aware that we are it, connects us as adults fully with ourselves back then. You know how it was for you, because you feel it, your feelings tell you, show you, and there's no avoiding or denying them, because they are expressing (by making you feel) the truth of how it was for you, how it has always been since conception, and how it will remain until the Mother and Father transform you out of your untrue state – out of your unloving childhood.

So our Healing is about finding the truth of ourselves from the beginning, which equates to the truth of our whole childhood, because it's our childhood that made us be as we are. And because we were so heavily interfered with and prevented from being our natural true selves, so we have to 'Heal' all the damage that was done to us. Healing ourselves by seeing the truth of ourselves. So by acknowledging all our feelings, and by wanting to find and uncover the whole truth of our childhood, we work progressively deeper into ourselves, bringing to light all that happened to us to make us be as we are. And part of that is to help us see how much of our childhood and forming was true and loving, and how much was untrue and unloving.

And presumably, once we've brought to light within us the whole truth of our childhood, then the good, true parts, those founded on true love, will remain; and the bad, that which was founded on untruth, will be transformed out of us by God through our soul.

As a forming and developing child, we don't have enough of ourselves to find and so experience the whole truth of what's going on. But as adults we do. And if we grew up in a fully true and loving situation and environment with only loving and true relationships, then as an adult that's how we'd be feeling completely loved and true, happily wanting to bring to light all the positive influences that affected us through our childhood, all of which would be a very enjoyable and loving experience. Whereas because we grew up in rebellion against Truth and Love being forced to be mostly untrue and

unloving, and even possibly completely untrue and unloving, then it's not enjoyable going back bringing to light and expressing all our hurt and pain.

We start out not knowing anything about how it is for us through our childhood; or at best, a minimal amount as some people and families are more feeling expressive and self-aware. And through our Healing we have to get to know it all, because we are it, so we're getting to know ourselves – which for many people will equate to getting to know their shit-start in life. And once we've brought to light the truth of our childhood, then we can leave it, moving on bringing the truth to light of being a true adult. Which is what The Urantia Book means by saying we become true universal spiritual citizens once we are living a Celestial level of truth. So the Mansion Worlds are really provided for us to uncover the truth of our childhood, to see how it was for us, and consequently, how we lived as a child. And they are really only for that, and not so much for us to set about righting all that we find out is wrong within us. We are to only see and so uncover the truth of ourselves. As far as fixing ourselves, or changing or transforming ourselves, that is up to God.

The Mansion Worlds are called probationary worlds, ones in which we can settle the Law of Compensation within our untrue states and continue living against ourselves and the Truth, furthering our truth and self denial; and ones in which we can do our 'Healing' to see the whole truth of our untrue state. Which we can now do either in the Mansion Worlds themselves, or on Earth.

So there is no avoiding the truth of your childhood if you want to ascend beyond the Mansion Worlds. And the fact that none of the spiritual or religious systems on Earth are wholly devoted to helping people bring to light the truth of their childhood through their feelings, shows what a terrible state we're all in. Imagine if the whole world was focused on helping everyone bring to light the hidden truth of themselves, and so the truth of their childhood. It certainly would be a different way to live and so a different world we'd live in.

We can't actually fix anything from our childhood. We can't, only God can. And God will when we've brought to light all the truth of it that God wants us to see. We can undergo therapy (and some truth might come to light), go to the doctor, do whatever we do trying to feel better, all trying to get rid of our bad childhood, all trying to fit in with the beliefs we have from our childhood of how we should be in the world, yet it's only at best scratching the surface. God, through our soul, won't allow us to change anything from our childhood anyway, at least not until we've seen and brought to light and fully connected through our feelings with all the truth of it. There'd be no point God subjecting us to such horror if we could make it all go away before we found the truth of what it was all about and why God made our childhood as it was. So we can do a little, or so we think, adjusting ourselves this way and that, however even those adjustments we come to see through our Healing are 'allowed' because we're still just doing them within our prevailing childhood patterns. And there are what seems like endless levels within us of which we're composed, which you would expect because of the enormity of being God's children, and so there's quite a scope for us to move or play around in entertaining ourselves by believing we've changed the foundations and results of our childhood. So as we can't actually change ourselves, all we can do is want to uncover the truth of our childhood and live that truth. All of which involves vast amounts of self-acceptance, which gradually comes with the truth, growing in the acceptance that this is how you are, how God wants you to be having this experience, given the childhood you had, and there's nothing you can do about it. Other than keep on expressing every feeling that comes up, as you long for the truth of your childhood, wanting to live true to yourself.

# How is it for you if you are Truly Honest with Yourself?



♥ You truly love your children, devoting yourself to them, wanting nothing more than for them to grow up and be as they want to be?

♥ You believe you truly love your children, believing you are devoted to them, wanting them to be as you want them to be?



~~~~~  
♥ You love your child more than you love your pet?

♥ You love your pet as much as your child, treating it as if it is another child?



♥ You love your pet more than your child?

By living true to ourselves, true to our feelings, we are living true to God. It's that simple.

## **FEELINGS FIRST in all we DO!**

All right, I will ask: God, what do You want me to do?

“We want you to do what you feel you want to do, always look to your feelings Our child – that is what we want you to do.”

GOD SPOKE TO ME! Is it true, can God speak to us? I’ve never spoken with God before.

It’s true; and what They said: do you understand what They meant, about going with your feelings in all that you do?

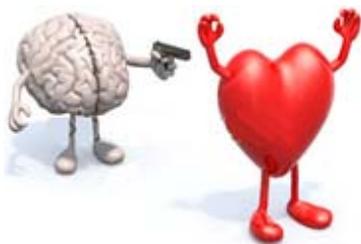
No, not really.

It means that you can’t work things out with your mind, so all you can do is always what you feel to do. When you may see someone in difficulty – any kind of difficulty – you didn’t think about what you should do, you just act, your feelings may make you want to quickly rush over to him or her and help him or her. So that’s what you do, and then you see how God is going to look after you. Because if God doesn’t want you to help everyone all the time, then you won’t be able to do it, your angels won’t do it, as they never go against what God wants, even if you ask and beg them to.

So as you go about and you do what you feel you want to do, and if you want to help someone, feeling from your heart that you really do, so you will find you just can’t help yourself, it will naturally happen; but if you find your mind starting to say, oh, I should help them but really I don’t want to, then that’s where you stop because that’s not letting your feelings guide you, that is when your mind wants to start taking over, which is taking over from God. God guides us through those true heartfelt feelings we have, and not through our mind like so many believe is how it happens. Your feelings are saying no, and so you will have to be strong and say no, sorry, God is not wanting or allowing me to help you. I am very sorry, I can’t help every problem you have, and you will have to take it up with God if you have a problem with that.

Adapted from Zarina written by James Moncrief

**By living true to ourselves, true to our feelings, we are living true to God. It’s that simple.**



For 200,000 years, our control addicted minds have held our personalities hostage, at gun point! Our mind cannot discern truth, yet all of our guidance and education is dictating to us that through our mind we can achieve wonders. Well, look around! Wars, disease and gross misery prevail and that is after 200,000 years of boloney!



We have been given a crack in the armour of the mind. Our heartfelt feelings are our soul based truths. Our connection with our Heavenly Mother and Father is through our heartfelt feelings. Our way home is by our feelings, so let us all begin the journey.



# Our Feelings are our Truth

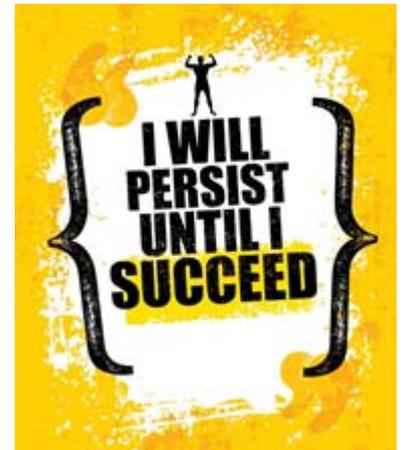
Tuesday, 25 December 2018

James: Marion was emphasising how **our feelings are our truth, and our Healing is just the bringing out of our feelings, and as we do that, the truth comes to us, it being the truth of what we feel.** And I don't know if I've made it that clear in my writings as to what the Healing basically is, so I wanted to add it here, as I feel like writing more with you Nanna Beth.

Nanna Beth – 3<sup>rd</sup> Celestial Heaven: That's right, **that's the basic principle, however you do have to apply your will – make an effort – wanting to bring your feelings out, bringing them out, and wanting to see / feel the truth of them, which is the truth of why you're feeling what you are.** So Marion focuses her strong will on her feelings and bringing them out, which is bringing herself out, because **you are your feelings, which is the truth that you are. We are all the Living Truth James, with our feelings feeling that truth, and then with our minds we can put those feelings and truth into a context that helps us understand on other levels what we just feel.** And because you were stopped from freely expressing all you felt, so you've been stopped from living true to your feelings and consequently stopped being the truth of them. So **the truth is waiting in you for you to feel the feelings that give rise to it, all those feelings you should have felt throughout your childhood.** And when you decide to 'do your Healing', life (your soul) provides you with the necessary experiences you need to make you feel, and those feelings as you express them, connect you back to the young you that wasn't allowed to express them, thereby you are now, as an adult, doing what you should have done back then, and so revealing the truth of your feelings which is also the truth of yourself. **We are all revealers, revealing the truth of ourselves through our feelings.**

James: So just talking out all your feelings is not enough, we need to want to uncover the truth of ourselves as well?

Nanna Beth: Yes, because you are doing all you can to not see it, living against it, so living against the truth of yourself, living against those feelings that would show you the truth, which is your rebellion against yourself, your truth, yourself, and against God. So you can merrily talk all day long expressing all you feel, however that won't actually be all you really do feel, as in, all those repressed feelings within you that are waiting to come out, with you merrily or even angrily, expressing your selective feelings all day as part of the denial of your deeper hidden ones.



celestial Friends

# Feelings First Spirituality

## The New Way

**Feelings First**  
**FF**  
**Feeling Free**

The New Way, Feelings First Spirituality  
 Learn to live with God through your Feelings

Accept, express and long for the truth of your feelings

Be free in your feelings  
 Free your feelings from your mind's control  
 Live true to your feelings; your feelings are your true self  
 Live true to yourself through your feelings



Live true to yourself by living true to your feelings.  
 Long for the truth of your feelings.

Accept / Express / Bring out ALL of your good, and most importantly,  
 BAD feelings.  
 Want to understand why you're feeling them.  
 Use your surface feelings to take you deeper into your repressed and  
 hidden feelings.



The Feeling Way is the True Way.  
Your feelings are your spiritual guide.  
Your feelings will take you to God.



Your feelings will show you the truth of your relationships, including your relationship with God; and if anything is wrong, untrue and unloving, then why it is.

Our feelings are sacrosanct and we should respect them accordingly. And we should NEVER block them out, ignore, override, banish, deny or reject them, because if we do, we're only doing that to ourselves, as Our Feelings Are Our Self.

Our feelings are the gateway to our soul. Our feelings are the closest we can get to our soul. Knowing the truth of our feelings is knowing the truth of our soul, and knowing the truth of God.

Feelings First Spirituality is the True path for humanity.

It embraces all people.

It completely unifies the world.

Everyone can relate to everyone else through their feelings.

And we can all live the truth that comes from our feelings, all sharing the same truths as we express and have the same feelings.

No one need be left out; no one is more special than anyone else – we are all united in Truth through our feelings.

So with and through our truth we live our lives, therefore without the need of any man-made mind-laws, rules and restrictions that limit self-expression as inspired by our feelings.



The New Way, Feelings First Spirituality is what is to replace all man-made, mind-contrived religions that so many people have enslaved themselves to. The New Way, Feelings First Spirituality will set us free of all that control, ending the Rebellion and Default within ourselves as we do our Feeling-Healing, and ending such control and spiritual stagnation in the world.

Bring on the End Times – get it over and done with! Let's all see that Jesus is not going to come again, that Prophecy has failed all the mind-controlled platforms. Allow such false systems of belief to die their long-awaited natural death, they've overstayed their welcome, it's now time they fade away. So let us show such antiquated, erroneous systems of belief the exit and bring on the fresh liberation of discovering the truth of how we are to live for ourselves, each of us personally in our lives, and all by looking to our own feelings for it. Self-revelation through our feelings is the way to go.

The Way of the Mind is ending, and is really the End Times – the End of our mind control, and **it's about time!** With the Way of our Feelings replacing it.

The End Times means the end and therefore a New Beginning. And that new beginning is a whole new Spiritual Age – an age based on self-revelation of truth through one’s feelings, coupled with and supported by higher revelations from the Celestial spirits, angels and nature spirits.



The Feelings First Spirituality is the True Way to God because it helps you get to know God, helping you to reach out, connect and be personal with God, and do God’s Will, all through your feelings. It is the only true way of getting to know the God of Feelings – our beloved Heavenly Mother and Father, the Great Soul of Divine Love.

Love comes through our feelings and not our mind, as we’ve all been wrongly led to believe.

**Feelings First; then comes The Truth; then comes Love.**

**LOVE is the Religion of Feelings, being:**

**Feelings First Spirituality, The New Way**



my  
**House** is your  
**Paradise**  

**HOME**

**FEELING versus EMOTION**  
**and emoting such emotions through your feelings:**

It is important to **emote** your feelings to a partner or to your Heavenly Parents.

Just be the feeling. When you feel the feeling, try to stay with that feeling.

The other person you are engaging with can assist you to experience and express the emotional event that you are feeling coming to the surface. They'll assist you to stay with that feeling. The other person is to encourage you, to prompt you in describing, expressing, talking about – **emoting** – that feeling leading you back to discover the truth of an experience that was an emotional event in your life, most likely an event in your early childhood, and even more likely to be a childhood suppression of your expression of your true personality by one of your parents.

What ever you are feeling, describe it. Once in the feeling stay with the feeling – become the feeling – become the emotional event. Express, talk about it, that being the experience of how it really unfolded.

Feeling is what you feel now. Emotion is the result of an event that happened in the past (even the recent past). The emotion is the pain within you. Once you begin to become that painful emotional event then the feelings thereof can be expressed, talked out of you – for ever!

The more often you drop into these past emotional events, you'll find the resistance to do so will subside. Your childhood events will become more readily alive in the present.

You will begin to long for the truth of these childhood repressions and these suppressions will become memories, but no longer painful memories as you talk out each such suppression of your true personality that being what was imposed upon you since your conception. You will be aided by the Spirits of Truth of the Avonal Pair as you become to know and embrace them.

**SPIRITS OF TRUTH**

**Avonal PAIR**



**PUSH ME,  
PULL ME**

### The NEW WAY of LIFE:

Now for the first time in history, Celestials can be more assertive in making known the availability of Divine Love, and that the only way to progress towards our Heavenly Parents is by engaging in doing one's Feeling Healing.

The Celestials have all but stopped the mind spirits from negatively influencing people on Earth, and the biggest area this is in, is in the religions. So the religions on Earth and all the spiritual systems of the mind, are under pressure in that they are no longer enjoying the input from the mind worlds that they have had. And how this translates into ordinary everyday life, is more in the unseen connection between those in religions on Earth and those of the same religion in spirit, is fading away.

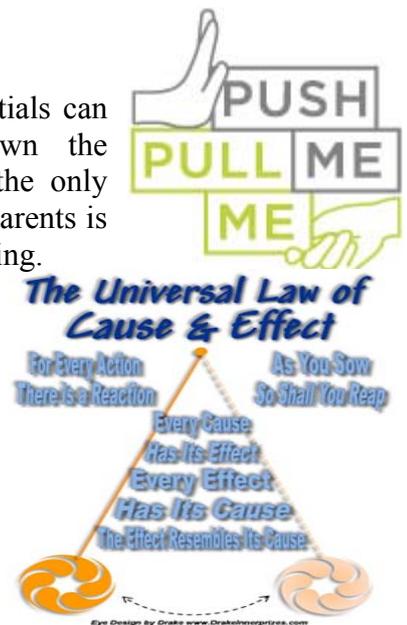
Then at the same time, we, the Celestials, are being allowed to move more freely amongst everyone, both in the mind worlds and with you on Earth. Which means, we can confront and have more of a say in peoples and spirits lives, something that was forbidden the Celestials of the 'old guard'. They were not allowed to interfere at all, having to wait patiently for spirits (as there was rarely anyone on Earth) to show interest in an alternative way to God, which enabled the Celestials to slowly introduce the notion of the Divine Love and then that of doing one's Healing. But it took a long time for mind spirits to show any real interest and being willing enough to give up the power their mind had over them, wanting to seek a higher life.

Celestials can now, following the progress achieved by Marion and James Moncrief, approach and be more freely expressive to spirits on all levels, and also to people on Earth, should they want their help.

Further, those who reject and suppress their children will progressively grow in awareness of their own unloving natures. One will not be able to continue to avoid their feelings of wrongness.

### **Golden Rule: that one must always honour another's will as one honours one's own.**

Thus the three aspects: one, of having more readily available guidance to become aware of the availability of Divine Love; two, the way to become fully expressive of one's soul based personality through the process of Feeling Healing; and thirdly, the quickening of the Law of Compensation through one's greater sensitivity to one's emotional errors and injuries. By having greater personal connection with a Celestial, we are able to move into longing for the Divine Love, and look to healing ourselves and grow in truth, and start to seriously consider embracing one's ascent to Paradise.



### **Law of Compensation quickening 22 May 2017**



# FEELING HEALING + SOUL HEALING

To heal one's self is to simply look to see what feelings we are refusing to let ourself feel, and accept them instead of denying them. And to fully accept them, one needs to express them, speak about them, let them have their say, rather than pushing them aside, refusing to let them make you feel bad.

Doing this all with the intention of seeking the truth of why you are feeling them, of speaking about and expressing all such feelings; all feelings you have, but ALL WITH the INTENTION of UNCOVERING the TRUTH THEY WANT YOU TO SEE ABOUT YOURSELF. And it's the wanting to see the truth of them that is very important, because if you just look to accept them and speak and express them, but not seek their truth, then that's all you'll be doing, speaking and expressing them, but not healing their causes, so not fixing the things within you that are making you feel bad. And it's the truth part of it, seeking the truth of your feelings, and so, seeking the truth through your feelings, that's vitally important. It's the truth of yourself, life, nature and God, that is the spiritual aspect to it all.

You CAN'T find the truth of yourself, or anything else, through and with only your mind. You HAVE to engage and look to your feelings. And so if you choose to allow your feelings to 'Show You the Way', then the truth will come as you express them.

So to do our Soul-Healing consists of these steps, all of which are ongoing until it's done:

- **Admit you are feeling bad.**
- **Accept your bad feelings, identify what they are.**
- **Honour fully your bad feelings by expressing them, speaking about them to someone who is willing to hear you talk about them, or tell them out loud to our Heavenly Parents. Long for the truth of them. Long for the truth of why you feel bad – what deep within you is causing your bad feelings?**
- **And remember, bad feelings are Good! Not bad. They are not to be despised. And as hard as it is to accept them, they are still you, and a very real part of you. And if you persist in denying them and not allowing yourself to fully live them, then you are only going to keep yourself in your errors making things harder for yourself.**
- **All sickness and suffering, all bad things that happen to you, all your problems, all your addictions – your whole feeling-denying and untrue life, is all caused by your denial of bad feelings.**
- **Every problem in the world is brought about because everyone has been brought up to deny feelings, and in particular, most of their bad ones.**

If one is intent on spiritually evolving and growing in truth, then it's vital, and this is the key, that one looks to use one's feelings as the means to gain and have access to the truth of oneself. You CAN'T find the truth of yourself or anything else through and with only your mind. You HAVE to engage and look to your feelings. And so if you choose to allow your feelings to 'Show You the Way', then the truth will come as you express them.

Doing your Soul-Healing with the Divine Love, is really doing your 'Feeling-Healing'. We are designed — created — to be self-revealing of truth, and so we are all to uncover the truth within ourselves and for ourselves, and all being done by living true to our feelings. **If you accept, express and seek the truth of your feelings, then truth will come to you, and you'll grow spiritually. It's as easy as that. Also it is as easy as it is to long for, ask for and receive Divine Love.**

# Steps UP!

## Quantum Jump 1



**REVELATION 1**  
James Padgett 1914 – 1923

James Padgett bravely introduced the availability of the Mother and Father's Divine Love and a great deal of additional guidance and information, all of which has been supplemented by Samuels, Judas, Reid and Arnold. All writers were under restrictions of personality and circumstances. Revelation 1 opened the door for humanity.

## Quantum Jump 2

**REVELATION 2**  
Marion and James Moncrief 2002  
– ongoing

Marion and James Moncrief have recognised the need for one to engage in Feeling Healing and, by their actions, removed restrictions that James Padgett and others above endured, thus JM is able to critique the writings of the past 100 years resolving points of confusion as well as expand on what has been written. Revelation 2 is humanity's turning point.

Due to the extra-ordinary nature of Revelations 1 and 2, humanity with the first Revelation would have continued on into its negative pathway of living, however, combining the first Revelation with Revelation two, now humanity can embrace this turning point and commence its evolutionary growth that has required two thousand years to put in place. This is the greatest event in the history of humanity and very few are aware of such, until we enable others to become aware.



Negative Spirit Influence  
blocked  
22 March 2017  
Law of Compensation  
quickenning  
22 May 2017  
Rebellion and Default  
officially ended  
31 January 2018



# Avonal Revelation

- We are to live Feelings First.
- We've been made to use our mind to live against many of our feelings.
- Our mind control commences at conception and is developed through our childhood.
- All the bad feelings we didn't express as we were growing up are still repressed inside us.
- And all such hidden, buried and unwanted feelings have to come out.
- And whilst they remain repressed within us, they will continue to make us feel bad and unloved.
- We get sick, depressed, suffer, have bad things happen to us because of our repressed childhood feelings.
- Humanity was brought into this state of living against itself by higher rebellious spirits.
- These Evil Ones caused the Rebellion and Default.
- We are made to rebel by default – as we have no idea we're doing it through our parenting in wrongness.
- We are all parented unlovingly – against ourselves, against our will.
- Some parenting in the wrongness is done with more love, yet it's all still wrong.
- To heal this unloving state within ourselves we have to do our Healing.
- Our Healing is our Feeling-Healing or Soul-Healing with the Divine Love.
- We can long to God for Their Divine Love, and this will help us with our Healing.
- God is our Heavenly Mother and Father, the Feminine Aspects of God having been kept hidden from us by the Evil Spirits.
- All humanity's religions and spiritual systems are designed to keep the wrongness going, to keep us away from God.
- Only by living Feelings First Spirituality, The New Way, can you become right, and truly find God.
- Long for the Divine Love.
- Long for the Truth of your Feelings.
- Accepting all you feel is accepting all of yourself, it's your greatest act of self-love.
- And wanting to know the truth of your feelings, is your next greatest act of self-love.
- Love yourself through your feeling-acceptance, and the Truth will set you Free!

31 May 1914 and ongoing

## It's time for the true Women's Revolution:

Liberation of the Feminine:

Women are Spiritual – live true to your feelings.

Put your feelings first – always. Let your feelings speak, DON'T DENY THEM.

I am my feelings. I care what I feel. I deserve the right to allow my feelings the right to exist. Let me OUT – Let my feelings have their Say. I will no longer keep them back, hold them in, shut them up. I want to be Heard. I want my feelings to have their say. I want to hear what my own feelings are telling me. It's time to face the truth, and my feelings are the way to it. My feelings won't like being suppressed, not once I get my mind out of their way.

Viva La Feelings – Women are Feelings. Women are Spiritual. Our Feelings are our true spirituality. Deny our feelings and we are denying our spirit. The suppression and forced repression of our feelings is to end. Bring Them ALL Out. Open your mouth and let your feelings come out, let your feelings have their say, and Long for the truth of Them. Want to know the truth of your feelings. My feelings are the Way to My Truth. I want to be true, beginning with being true to my feelings. And through my feelings I will be guided and shown how to live.

God loves all Feelings. You can only love God with your Feelings. Give ALL your good and bad feelings to God. Bring them out, stop keeping them hidden and bottled up. If you don't, you'll never uncover the truth of yourself, nor will you really get to know yourself or God.

Your feelings are the key to your successful relationships. Block your feelings and you're blocking your relationships. Express your feelings and want them to show you the deeper truth of yourself, and your relationships will become true too.



Long Live My Feelings. MeTOOandmyFEELINGS. I am Woman let me FEEL. It's time to honour what I feel. Liberate the true feminine by liberating ALL your feelings. It can be very difficult, there will be many obstacles within yourself and outside of yourself, however if you want to truly set yourself free of your pain and suffering, then seek and long with all your heart for the truth of your feelings – for your feelings to show you the truth God wants you to see about yourself. And slowly you will heal, slowly you will change and overcome all such difficulties.

James Moncrief 18 March 2018

**Living FEELINGS FIRST**  
**FEELINGS FIRST For Kids**

## WOMEN LEAD and WOMEN'S LIBERATION

Saturday, 19 August 2017

Helen – 3<sup>rd</sup> Celestial Heaven: **No man has any real power, that's the irony of the Rebellion and Default, you only believe you do, but it's a farce, and as much as women feel so dominated and powerless, they actually have all power because mostly the men leave the child raising in the hands of women. So the child turns out to be as the woman wants it, although most women aren't aware of that or of the actual power they wield, still that's how it is, with you living in what seems on the surface a man-dominated and run world, yet scratch that surface and dig deeper and you'll see it all comes from your early childhood and it was mothers who were mostly in control for you then.**

**Women want their liberation, they want the power they believe they are being denied, yet ironically as well, they've already got it, they've always had it, as the men don't want to take over rearing the children. However women have failed to realise that they've had their own freedom in the palm of their hands, nursing their babies, and could have parented their children to take that power into their own hands. However that hasn't happened fully yet, however women are trying to get it now, which is just taking back the power they believe is rightfully theirs, yet is just the power of being rebellious and evil, so it's not that great, as they would see should they ever succeed in getting it fully from the men.**

You are going to be one step in the true, or real, progress of women's liberation, because you will help free up the funds that will be used to **help women embrace the truly spiritual way of life on Earth, helping them understand the importance of their very own feelings, helping them understand that to deny them is hurting them, is going against themselves, is being very unloving and disrespectful to themselves, so if they truly want to be loving of themselves, and so loving of their children and do the right thing, then they'd better start living true to their feelings and stop denying them.**

And so that's why we're favouring a feminine approach to things. And women get the job done better and more efficiently than men, they pay more attention to the necessary details and that's what is missing in the world. Men just bumble along not really knowing what they are doing – they are very good at pretending they know and putting on the show of being in control, and mostly the women are happy to support them feeling flattered if given any attention: daddy laughing at, and being delighted with, and patting his little daughter on her backside, keeping her patronisingly in her place; and she feeling delighted that daddy, oh so important daddy, is taking notice of her, and even making her feel more important than mummy. But once women heal all that shit through their Healing, allowing themselves to become empowered through their own feelings, they'll carve through the likes of such men trying to stand in their way, with men feeling scared of such true power-women, the likes of who have yet to be seen on the world, scared because of their deep fear of their mothers who did have the power over them right at their beginning.

19 May 2003

The subject of women's liberation:

As it has been evolving, women have been gaining equal rights with men. And so they should, men shouldn't make them feel inferior in the first place, women should always have felt equal, but men need their power over women, as women – their mothers – have made them feel so powerless.

What I want to point out is that women are setting out to be the equal of men, but that is being equal with men who are negative minded, and negative willed. Women want to compete, gaining equal status in the negative, in controlling things negatively, just as they see men do. And if this is what a woman

wants then she should be able to have it, but what we want you to understand is that this sort of women's liberation is only liberation within the negative. And we want ALL WOMEN AND MEN to be equally **liberated from their negative rebellious and unloving minds**. So it's a different type of liberation: true spiritual liberation, we are suggesting.

Women are the true spiritual leaders, however if they merely persist in competing with men for power within the negative they will gain nothing. They will be selling out their soul and selling themselves out with a false liberation.

Jesus

12 June 2003

One day you will revere the child as the most precious thing on your world, and everything will start to be designed with children taken into full consideration. If you think that humanity seems to be changing fast in its exploration of relationships, think again, it hasn't even got going.

The great changes heralded in the forthcoming age are to be changes in relationships between you all. Things will become secondary, as you start to sort out once and for all, the truth of your relationships together. Women's liberation is only the first up-welling allowing women to feel somewhat more equal with men, but still all in the wrong ways. From here, at least being wrongly equal you can start to tackle the bigger issue of being all wrong. And then look at how you are torturing your children. This will be the biggest eye opener and the hardest for most to accept. The private and sacred ground of the parent-child relationship will soon come under closer scrutiny with the braver of you accepting the truth and wanting to see it, and then wanting to do something about it all. This will show up just how lacking in love you are and how much you are playing games of charade when it comes to happy families.

The purging of humanity, to come clean and admit just how evil it is, will be a big challenge. Not all will be able to do it in this age, but great steps forward will generate enough momentum to carry it on into the future ages. Your torture of one another and of yourselves cannot go on. You are all crying out for help and relief from the pain and torment, so now you can do something about it. So many people say nothing makes sense, and that's because it doesn't. It can't add up in the negative, but at least now you know the way to do something about it. The upsurge you experienced towards the end of last century will only continue getting stronger with each generation.

Mary Magdalene

***"The True Liberation of Women is Through the Truth of Their Feelings."***

Reference: Pascas Care Letters Womens Liberation and Mother ([www.pascashealth.com](http://www.pascashealth.com))

## The Descending Sons of God

The Urantia Book:

(223.6) 20:1.1 All descending Sons of God have high and divine origins. They are dedicated to the descending ministry of service on the worlds and systems of time and space, there to facilitate the progress in the Paradise climb of the lowly creatures of evolutionary origin — the ascending sons of God. Of the numerous orders of descending Sons, seven will be depicted in these narratives. Those Sons who come forth from the Deities on the central Isle of Light and Life are called the *Paradise Sons of God* and embrace the following three orders:

(223.7) 20:1.2 1. Creator Sons — the Michaels.

(223.8) 20:1.3 2. Magisterial Sons — the Avonals.

(223.9) 20:1.4 3. Trinity Teacher Sons — the Daynals.

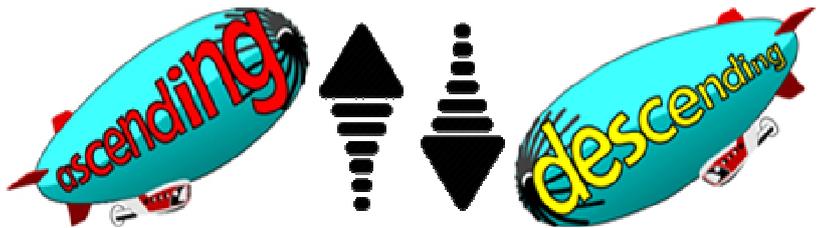
(223.10) 20:1.5 The remaining four orders of descending sonship are known as the *Local Universe Sons of God*:

(223.11) 20:1.6 4. Melchizedek Sons.

(223.12) 20:1.7 5. Vorondadek Sons.

(223.13) 20:1.8 6. Lanonandek Sons.

(223.14) 20:1.9 7. The Life Carriers.



**We of humanity are ascending** sons and daughters of our Heavenly Mother and Father:

(119.1) 11:1.4 The Father is always to be found at this central location. Did he move, universal pandemonium would be precipitated, for there converge in him at this residential center the universal lines of gravity from the ends of creation. Whether we trace the personality circuit back through the universes or follow the ascending personalities as they journey inward to the Father; whether we trace the lines of material gravity to nether Paradise or follow the insurging cycles of cosmic force; whether we trace the lines of spiritual gravity to the Eternal Son or follow the inward processional of the Paradise Sons of God; whether we trace out the mind circuits or follow the trillions upon trillions of celestial beings who spring from the Infinite Spirit — by any of these observations or by all of them we are led directly back to the Father's presence, to his central abode. Here is God personally, literally, and actually present. And from his infinite being there flow the flood-streams of life, energy, and personality to all universes.

Note: Under the rules of the Rebellion and Default, The Urantia Book was written in the masculine. Reference to Father is to be taken as Mother and Father, as Son is to be taken as Daughter and Son, etc. It is always the soulmate pair that is being referred to.

**OUR GUIDANCE to PARADISE, the home of our HEAVENLY PARENTS:**

There are three distinct phases of our progression to the home of our Heavenly Parents which is Paradise that is within the circle of seven Super Universes, each containing many Local Universes.

Once we progress beyond our Local Universe of Nebadon, then we are assisted and guided by our Heavenly Parents, our true Mother and Father all the way home to Paradise.

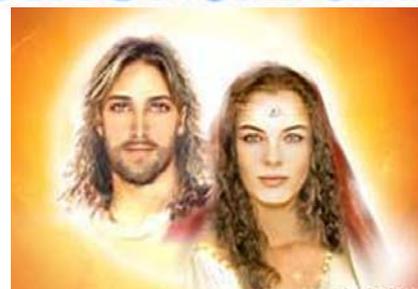
Before then, once we have completed our soul healing, we are guided through the Celestial Heaven worlds which are those that interact with humanity on Earth, then further on into and then out through Nebadon, our Local Universe. The regents of Nebadon are Mary and Jesus.

However, before then, we are to embrace our healing. That is, we are to realise who we truly are. We are not the personalities that our parents imposed upon us. We are to put aside our childhood suppression and repression and free our true personality that our Heavenly Parents gave us, and to do this we are now able to embrace the guidance of the Avonal Pair who will lead us through our healing here on Earth and through the Spirit Mansion Worlds to be able to enter the Celestial Heavens.




  
**Nebadon**  
**SOVEREIGNS**  
**SPIRITUAL**  
**Mother & Father**  
**Nebadon**  
 3,840,101 Planets

**SPIRITUAL**  
**Mother & Father**



**WE ALL ARE BEING GUIDED HOME:**

We need the Spirits of Truth of the Avonal Pair to Heal ourselves; then once Healed, (and for support (overshadowing) as well through your Healing), we need the Creator Pair, Mary Magdalene and Jesus’ Spirits of Truth to see us through the Celestial spheres, while at all times embracing our Heavenly Mother and Father.

Until Mary and Jesus died and liberated their Spirits of Truth, no one from any of the worlds could leave Nebadon, because no one knew the way to do so. Nebadon is our local universe containing some 3.8 million inhabited physical worlds and their associated spirit worlds.

When we embrace the truths Mary and Jesus are revealing, and start to do our Feeling Healing, or with Divine Love, Soul Healing, we are then freeing ourselves up from our parental and self control.

Thus our journey to Paradise, to the home of our Heavenly Parents, is of our choosing as to when we progress, however, there is only one way:

**HUM:** Humanity is to ascend. We are self contained. Our soul is always in truth and perfect at all times. **By living true to ourself, true to our feelings, we are living true to God. It’s that simple.**

We are to recognise that being engaged and dominated by our mind is the wrong way for us to evolve and grow in truth. We are to discard the mind enslavement that has been imposed upon us by all of our parents. We are to express our feelings, both good and bad and free ourselves of the indoctrination that humanity has embraced worldwide.

Live true to your feelings, and you ARE living true, not only to your own soul, but also true to God’s soul. So doing your Healing by honouring all your feelings, IS living the will of God. And being fully Healed, IS living even more truly the Will of our Mother and Father.

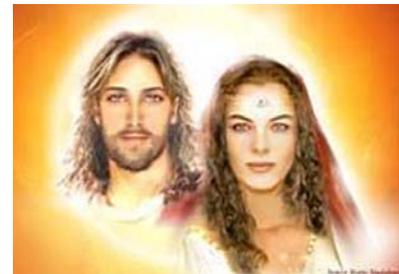
**AVO:** We are to embrace the truths and guidance of the Avonal Pair through their Spirits of Truth. It is the Avonal Pair’s guidance that will lead us through our Feeling Healing, and with Divine Love, we will be able to ascend through the 7 spirit Mansion Worlds and enter the Celestial Heavens where we also interact with other world’s spirits.

**J&M:** We are also to embrace the truths and guidance of the Paradise Pair, Mary and Jesus, who will then lead us through the 3 Celestial Heavens that are aligned with Earth, and then further on through Nebadon where we will then depart beyond on towards Paradise.

**M&F:** Beyond the universal zone of Nebadon, we will be guided by our Heavenly Mother and Father onwards through the universes to Paradise where we will be welcomed by them, home for us all, as we are all Children of God.



**M&F**



**J&M**



**AVO**

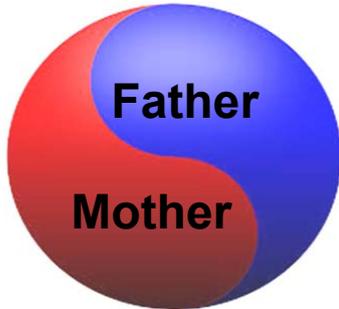


**HUM**



**WE ALL ARE BEING GUIDED HOME – NOW, HOW TO COMMENCE THE JOURNEY:**

**GOD**



**M&F**

For 200,000 years, we have been misled into embracing our mind's distortion of wisdom and truth. All such traditional understandings only lead us in the wrong direction, from which we must turn back from. Our soul based feelings are always in truth. Our minds are to follow our soul based truths and feelings, not the other way round, as we have been brought up to embrace.

We are to connect with our deeper repressed feelings.  
 We are to long for the truth of what we are feeling.  
 We are to live true to our selves; by living true to our feelings.

Use your surface day-to-day feelings to connect with your deeper repressed feelings. Express your surface feelings and your deeper repressed feelings to uncover the truth of yourself.



**J&M**

We all have feelings which we communicate and share with each other. And we all have deeper buried and hidden repressed feelings. Feelings from our early childhood we felt, yet weren't allowed to express. These feelings are still within us, waiting to have their say. These feelings, because they are repressed, cause us all our problems.

And as we look to uncover, bring out and accept these deeper feelings, so we're taken into new ways of looking at ourselves, our feelings, and our life. We're setting ourselves free of the controlling patterns that govern our unloving behaviour.

In this way, we progressively begin to express the personality that our Heavenly Mother and Father gave us, not the one imposed upon us by our physical parents and carers. We are to be our true and real selves.



**By living true to ourself, true to our feelings, we are living true to God. It's that simple.**

**AVO**



**HUM**

As we, humanity, long for the truth of our feelings, we can also be assisted by the Spirits of Truth of the Avonal Pair who are our spiritual teachers for Earth over this coming 1,000 years, to assist us through the Great U-Turn, away from mind dominance to being soul based feeling lead. They will assist us through the seven levels of the spirit Mansion Worlds.

Then the Creator Pair, Jesus and Mary, will lead us through Nebadon and into the greater universe. Then our Heavenly Mother and Father lead us home to Paradise.



Collectively, should we embrace them all, as we are to, then our pathway home is a journey in the hands of the Spirits of Truth of the Avonal and Paradise Pairs overseen by our Heavenly Parents.

## HOW TO GET TO PARADISE:

Long for the Divine Love

Long for the Truth

Long for the truth of your feelings

Don't deny any feelings: accept, express and want to know the truth of them

Know your feelings are the key; your feelings are the Way

Want to end your falseness and being untrue

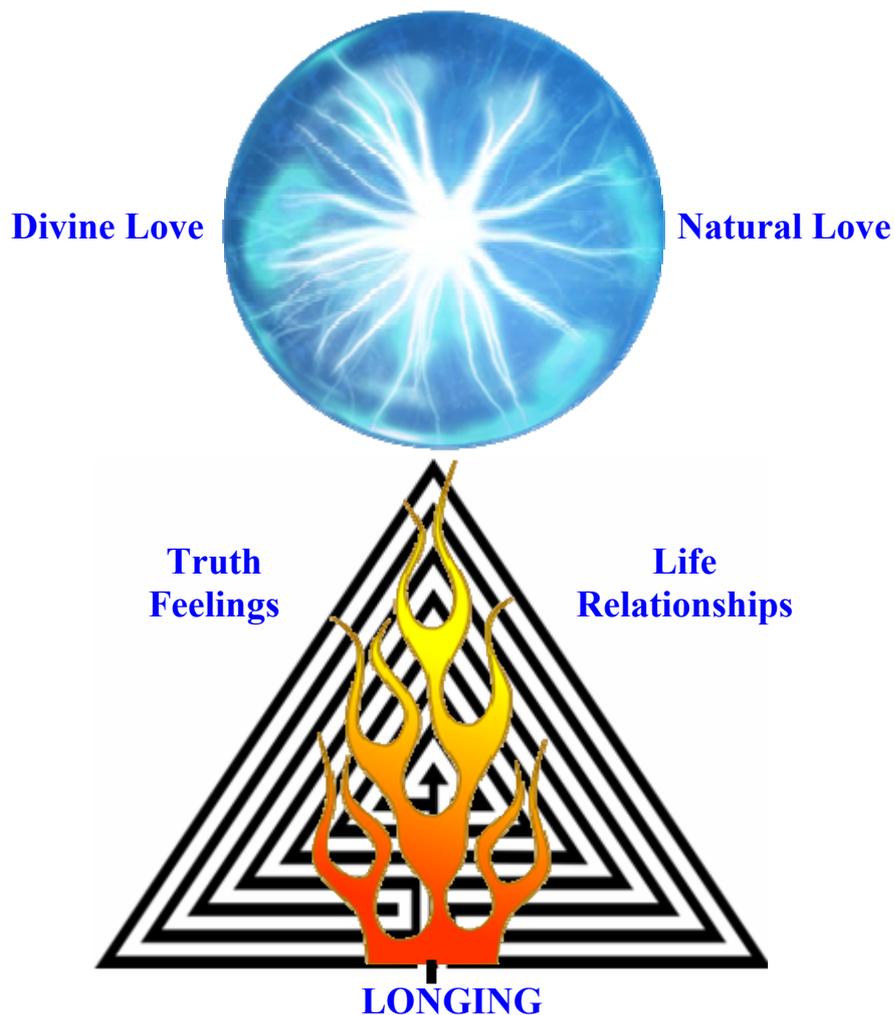
Want to understand the truth of your early life

Use your surface feelings to move deeper into yourself, bringing up your repressed feelings

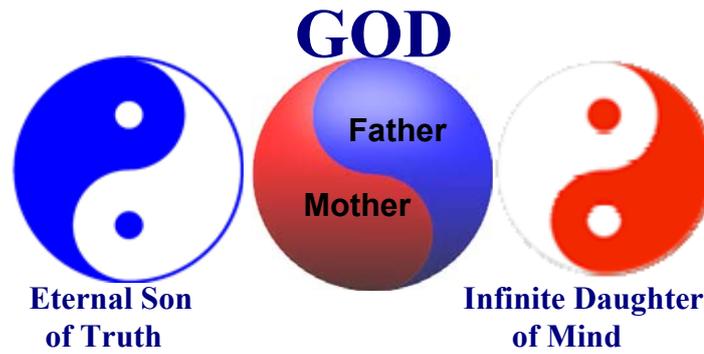
Want and long to know the whole truth of yourself

Want to do it all with God, your Heavenly Mother and Father – long to Them for help.

## The Key



Our longing drives our life. We long with feelings. We can wish for things using our mind, yet long for things with our heart. These things in the pyramid are what to long for. Longing for them, when the longing comes naturally. Longing because you feel you really want them. Long to be true with all your heart. Long to live true to your feelings. Long to understand the whole truth of yourself.



PARADISE TRINITY:

1. **Our MOTHER and FATHER (God) (MF) – Divine Love**  
SOUL (God) – One SOUL that is expressing its two PERSONALITIES, our Heavenly Mother and Heavenly Father (Soulmates)
  2. **ETERNAL SON (ES) – Divine Truth**
  3. **INFINITE DAUGHTER (ID) – Divine Mind**
- Then: The Second and Third Persons of the Paradise Trinity (ES and ID) are stepped down to the local universe trinity (Mary and Jesus, Divine Minister (DM), and her Holy Spirit.

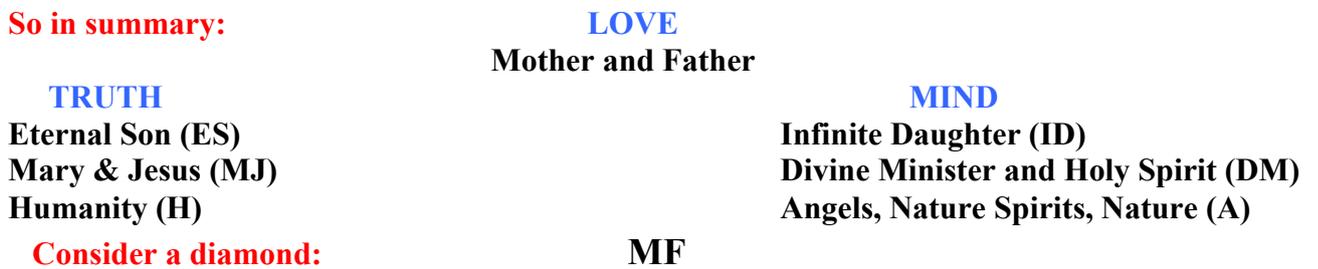
The LOCAL UNIVERSE TRINITY:

1. **MARY M and JESUS**      **Our MOTHER and FATHER – Love – the Living Truth**
2. **DIVINE MINISTER**      **– Mind (and her Holy Spirit)**
3. **HUMANITY – Natural love, sons and Daughters – Truth, and our Angels – Mind**

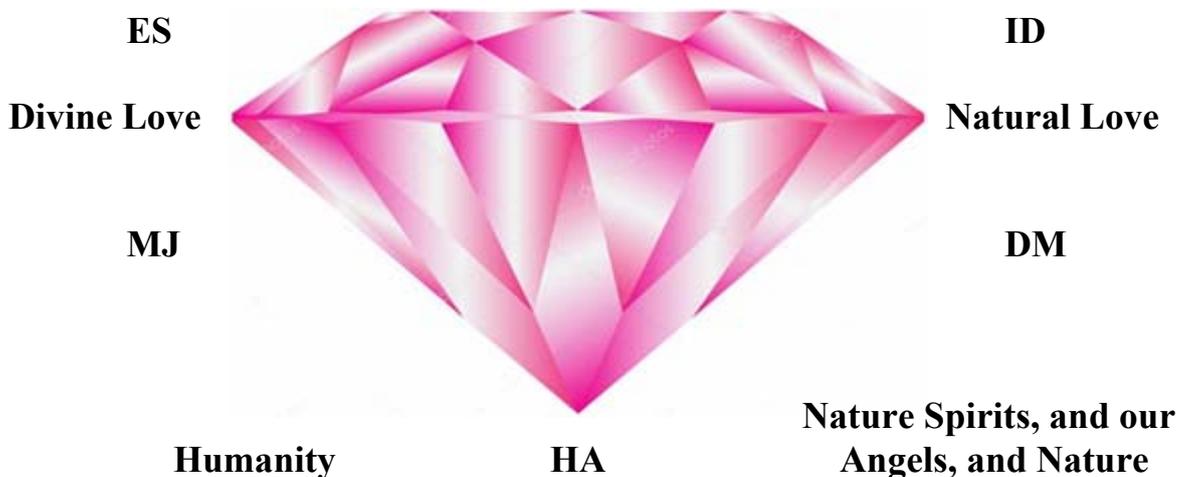
PLANETS that engage in REBELLION:

1. **AVONAL SOULMATE PAIR**      **– the Feeling Healing process – incarnate**
2. **DAYNAL – TEACHER PAIRS**      **– they do not incarnate**

**So in summary:**



**Consider a diamond:**



# Mother and Father Heavenly Parents

Creator Son & Daughter  
Jesus and Mary

Avonals  
as soulmate pairs

Trinity Teachers  
as soulmate pairs

Melchizedeks – who have taken over from the Caligastians and Daligastians being also all as soulmate pairs.

Mortal Souls – human beings who individualise on Earth, then progress through the spirit Mansion Worlds, then into the Celestial Heavens, and beyond.

Mortal Souls – also being ascending spirits, upon completing their Soul Healing, join with their soulmate, then join their soul group of 24 mortal spirits, being 12 soul pairs. It is only as a soulgroup that anyone can progress beyond Nebadon.

The Paradise Pairs are all ONLY concerned with the SPIRITUAL wellbeing and upliftment of the planets and local universe. Currently to do with Earth:

Mary and Jesus – spiritual wellbeing and upliftment of the whole of Nebadon region.

Avonal Pair – Daynal pairs (Trinity Teacher Daughters and Sons) – Spiritual wellbeing and upliftment of individual planets and their associated Mansion Worlds.

The Local universal Sons and Daughters are all about the running of the worlds under their jurisdiction, and ensuring the higher spiritual elements can be employed, or sent astray, as in our case through the Rebellion and Default.

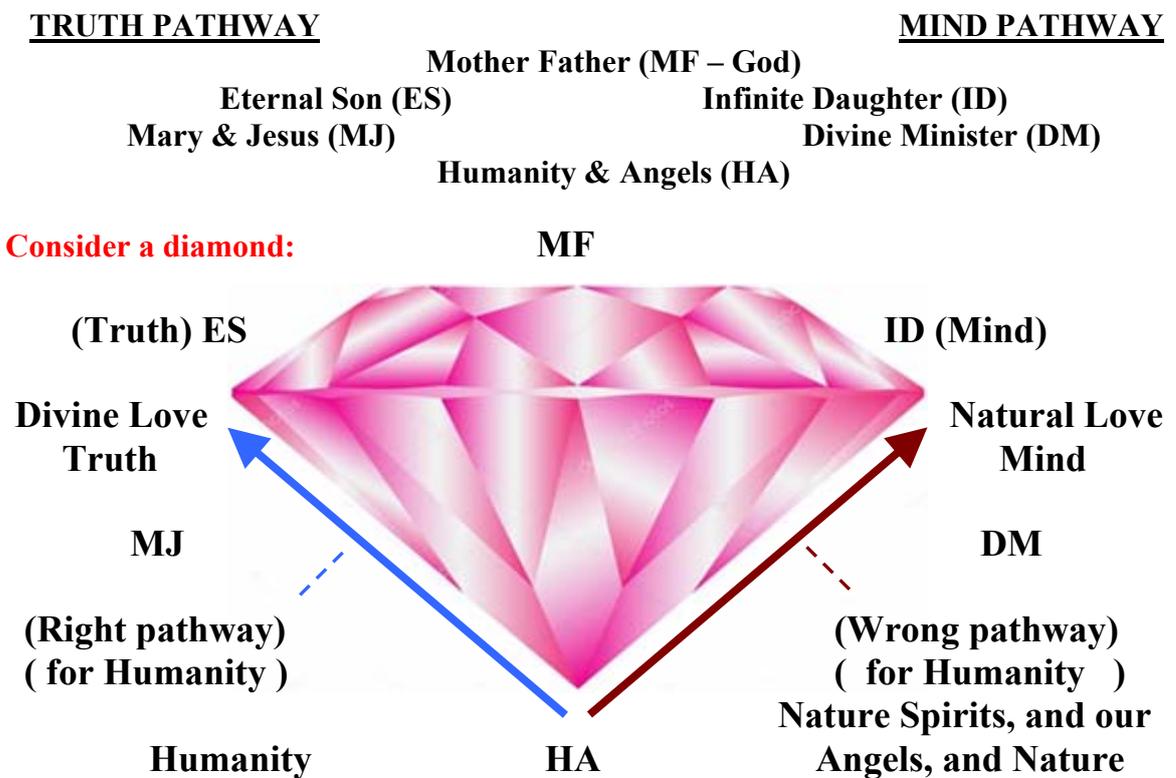
Lanonandeks – Melchizedeks (and others, such as Life Carriers and Eve and Adam).

As the Lanonandeks all rebelled – the Lucifer, Satan, Caligastia and Daligastia soulmate pairs – so the Melchizedeks have taken over their roles, as well as doing their own.

So the Melchizedeks are the governors, overseers, the administrators and advisors and so on for Earth; they are the ‘controllers’, and they will instigate all that needs to be done to do with the ending of the Rebellion and Default. And they will enlist the willing help of ascending mortal pairs, so the mortal Celestials spirits (soulmates when available, and others waiting to unite with their partner), and at times mortal spirits in the Divine Love Healing Mansion Worlds. And the angels help all of us.

Currently the whole of Creation exists for the ascension of mortal souls from their earth planets to Paradise. It’s all one vast Grand Ascension Scheme. With all the higher and lower spiritual Daughters and Sons, together with all the many different angels and other universal spirit personalities, and even including nature and our very own pets, assisting women and men with their Ascension Journey. It being: an Ascension of Truth. Everything we do is done to help us grow in truth. (Only everything we do in our negative state is to deny ourselves our truth from our feelings, which is why we have to do our Healing.) All women and men are ascending (or growing) in truth through their experiences. And as we grow in truth by looking to our feelings to show us that truth, so we’re ascending, moving inwards and upwards through all the worlds and spheres of the Grand Universe to one day arrive on Paradise and meet our Heavenly Parents. God is providing us, Their children, with this spiritual journey called our Ascension of Truth. And by living true to our feelings, so we are progressing on our true Spiritual Path – our Ascension Path.

**Live true to your feelings, and you ARE living true, not only to your own soul, but also true to God’s soul. So doing your Healing by honouring all your feelings, IS living the will of God. And being fully Healed, IS living even more truly the Will of your Mother and Father.**

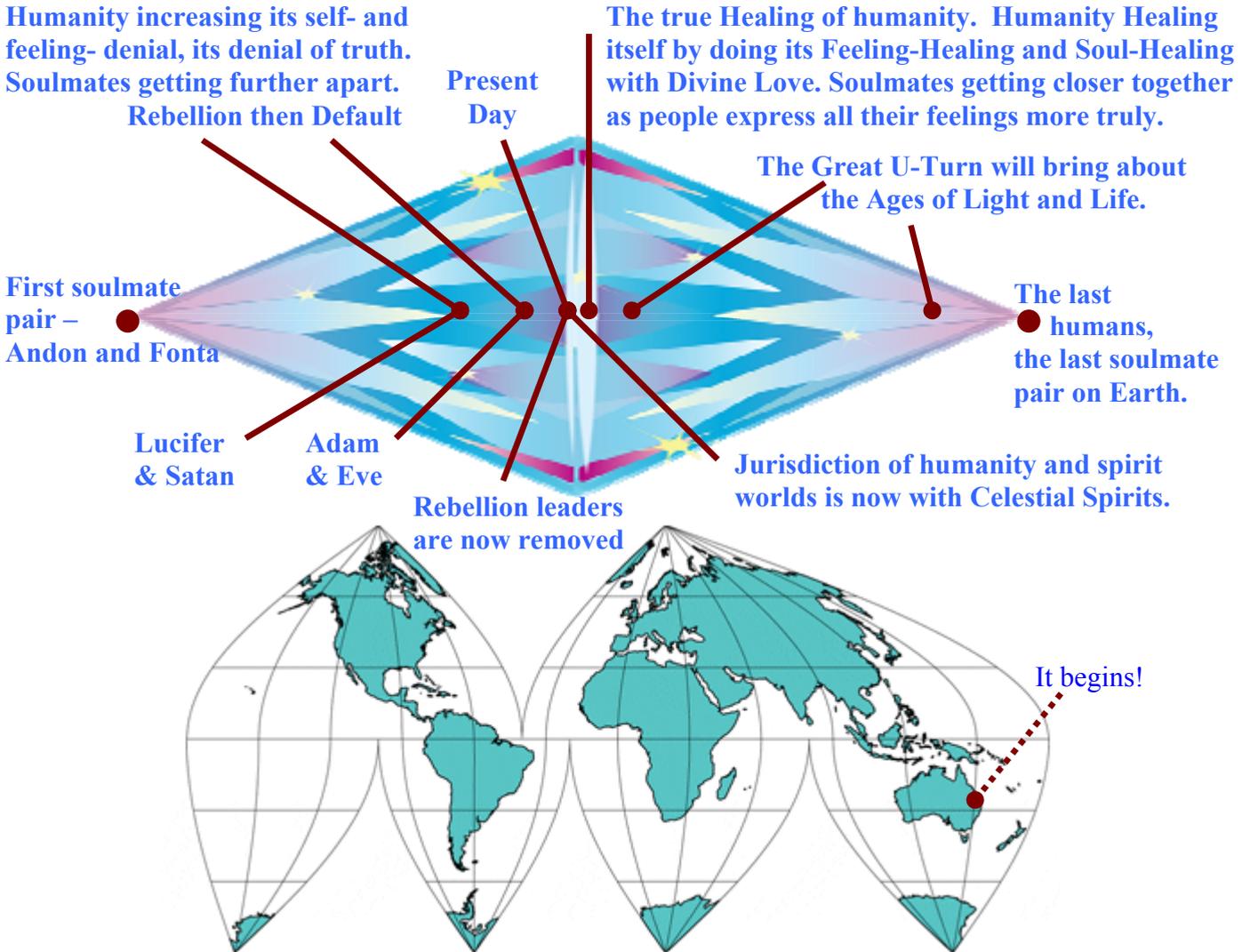


**Humanity** is to pursue the pathway for Truth through one’s soul based feelings, this is the right pathway. However, humanity commences its journey founded on natural love, which we now know is to be perfected through one’s Feeling Healing process and then made divine through asking for and receiving our Heavenly Parents’ Divine Love.

For 200,000 years, **humanity** has pursued the pathway of the Mind, being that of the brain, this is the wrong pathway. The Mind is the pathway for Angels and that of all of Nature.

JOURNEY of HUMANITY into and through the GREAT U-TURN:

Humanity reaching its most evilness, the most lost, the most separation of soulmates. Humanity can begin its Healing. The Great U-Turn begins, the dawning of the Spiritual Age.



**This is the Great U-Turn. We are to feel and live by our feelings and express our feelings, our mind will follow in support, not the other way around.**

**Feelings First**, you can be sure about that! **Once women get that message and start living it, then the tide will really change**, with men either deciding to support them by looking to their own feelings or being left on the outer wondering what the fuss is all about.

The feminine light is going to sweep through humanity and purge it of all the yuk and darkness, helping to bring the whole of humanity back into a nurturing loving mother state of being, from which the supportive, caring father can support her and together they can make the world great again, they can bring humanity up into its natural love perfection whilst at the same time offer those people who want to spiritually grow the truths of how to embrace the Divine Love and move on to the Celestial level.

**By living true to ourselves, true to our feelings, we are living true to God. It's that simple.**  
 (Passage in blue calibrates on the Map of Consciousness at 1,500)

## WHY ARE WE IN THIS INSANITY?

We are unique personalities who have a higher than normal flair for difficulties. Our life experiences on Earth further enables us to assist with what is anticipated to be further rebellions that may unfold in emerging new super universes that are much further out from Paradise, the home of our Heavenly Mother and Father, than we are. Oh, there are some 70,000 new super universes now forming further out from the existing 7.

**YOU'RE NOT  
WHAT  
YOU  
THINK  
YOU  
ARE**



As difficult as it may seem, we are the only humanities throughout all of the seven super universes that considers war to be 'socially acceptable'. As there only 37 rebelling humanities, the population of Earth is the most warring. One other humanity has a lower scale of war, but no world wars. Due to being quarantined from all other humanities, you can now clearly understand that there are no "Star Wars" and inter-galactic battle fleets. In fact most humanities do not even endeavour to go off world as they can ask their Celestial Friends whatever they want to know about other worlds.

Something to ponder. From time to time we observe specific individuals having outstanding experiences and involvement in events of profound importance. Throughout one's journey over great stretches of time, we all will participate in and perform such events.

Further, doing all we do without love can only be dull and boring when you connect with the truth of it, because it's all empty, hollow, unloving and not generating any truth to come through your feelings.



**EXCUSE ME...  
WHAT ARE YOU?**

# What are You?

Questions that we may ponder:

- What are we?
- What are we not?
- What is a soulmate?
- Where are we?
- Where have we been misled?
- What are the dynamics of childhood suppression and repression?
- What are we to do?
- What spiritual assistance do we have?
- What are the Earth planes?
- What are the Mansion Worlds?
- Where are we to go?
- Why do some humanities have more Mansion Worlds than others?
- What is the relevance of the present day environmental changes?
- Why are we in this insanity?
- What is our destiny?



## WHAT ARE WE?

We are each a unique personality. We are not the same as anyone else. We each deserve individual attention, our personality is so incredibly unique that not one of us fit any of the boxes that the generalists want to fit us into and therefore say to us, "This is for you because you are of this category".

The control of our unique personality is blatantly imposed upon us by institutions such as the military services worldwide. Our personality is smashed into oblivion so that controllers can mould us into a pattern that makes the military recruit into a submissive team player. Individuality is denied. As a military person you are obliged to forfeit your individuality for the good of all.

There is no other personality on Earth the same as you. Throughout all of history there has not been another personality the same as you. And there will never be another like you! Throughout our local universe there is no-one the same as you. Our personality is unique throughout all the universes.

Yes, we are a personality and we are unique. Our uniqueness is wonderful. Each of us is SPECIAL.

Our personality is not our physical brain. Our personality is not dependent upon our brain. Our brain is simply a conduit for instructions from our mind which is spirit body based and even then that is not the location and core of our personality. Our personality is from within our soul. It is our soul that is the permanent home of our personality and it is through our feelings that our true personality is demonstrated in our day to day activities. Living feelings first is the start of living in truth!

Our soul always resides within a dimension separate to our spirit body. Our physical body is never dependent upon our mind (spirit body based) and brain (physical body), it is our soul that does

everything. It is our soul based feelings that come through our mind and are orchestrated by our physical body that is the truth and guidance we are to live by – feelings first with the mind to follow.

Our mind being part of our spirit body is addicted to control, it cannot discern truth from falsehood and is addicted to untruth that the military training depends upon to remould the personality that our Heavenly Mother and Father have created. This submissive training creates individuals who are willing to slaughter others in the false belief that this is for their motherland and people's protection.

Throughout every aspect of society, every element of our living, we are being controlled by others. We have been seduced into living through our minds and it is the mind's addiction for control that over-arches every element of our lives. We all, in some manner, are inclined to control others. This is an endeavour to suppress the wonderful beauty of the personality of others. We are meant to live our lives through our feelings. Our feelings are always in truth and consequently love. Our feelings are from our soul and it is these feelings that we are to engage our minds to implement – not the other way around!

**By living true to ourselves, true to our feelings, we are living true to God. It's that simple.**

What are you? We are each children of our Heavenly Mother and Father. Our souls that are created by our Heavenly Mum and Dad are blessed with a unique personality that commences its individualisation through being physically incarnated on a physical world, such as Earth. Souls await incarnation being conceived by physical parents and this brings about the formation of the spirit body which is the template for the physical body. Following conception, should the embryo grow to commence pumping blood through its heart at around day 16 then incarnation and individualisation of the personality of the soul is complete. Should the life of the incarnated personality be fleeting or long there is no further need to have another physical experience, as there is no reincarnation. Reincarnation would require the bestowal of another personality upon the soul when the soul only ever has ONE personality bestowed upon it by its Mother and Father.

Should physical life be fleeting then the child will become spirit born and have the experiences that were intended for it within the first of the spirit Mansion Worlds. It will be adopted by spirit parents.

### **WHAT ARE WE NOT?**

I am a physical body! No, you are not. You are a spirit personality living a temporary physical experience within an environment created by and in harmony with the requirements of your soul.

I am a Roman Catholic from Lithuania! You are not; you are a soul-personality having that particular experience. A life experience does not make you that experience.

I am one of the original people from outback Australia! On the soul level, you are not; again you are a soul-personality having been born into an indigenous family. On the personality level, you are living the experience of an Australian Aboriginal.

I am royalty from a European family! Jolly good! Again, on the soul-level you are not! You are a personality with a given name that is having a particular experience.

I am a saint! Struth, here we go! People flock to Gurus from around the world whereas the truth is that all gurus, saints and spiritual leaders are so deeply embedded in their minds that they do not know that they have gone further and further away from their Heavenly Mother and Father taking their followers down a path of misconception and false beliefs.

Ask a ‘canonised saint’ now in the Celestial Heavens what they think of having ‘sainthood’ title bestowed upon them. Both Mother Mary and Sister Mary MacKillop have written about the impost. Mary MacKillop, Australian, was at first flattered but then the barrage of requests from those in the physical came flooding in and the absurdity became self apparent. The mother of Jesus of Nazareth was a normal mother having conceived him in the normal manner, was never aware of his specialness until at least the time of his public ministry. Mother Mary had to heal herself in the same way as we all will. She could do nothing about all the petitions that flooded her for 2,000 years. Now she has progressed beyond the Celestial Heavens and out through our local universe of Nebadon she cannot hear these petitions, let alone do anything about them. The ladies and gentlemen with their rosary beads can now put them away – forever!

**NED KELLY**



Typist John can claim royalty – well almost! His family line includes members of the Ned Kelly bushranger gang of Australia. Ned Kelly and his gang were as close as Australia ever got or likely to have ‘royalty’.

Claims to titles, positions of status, even claims to heritage that represent deprivation, are all endeavours to control others. Woe is me! You are a personality having a particular life experience. You are not the experience, and when you move into the spirit worlds, you will have nothing to do with the ongoing events on Earth should you embrace your Spiritual Healing (which you can also do while living in the physical on Earth).

Pascas Foundation does not embrace titles. Your name is your title. You will find generalised titles, such as ‘administration’, but no individualised titles. Key positions of leadership are not individualised. Reflecting upon soulgroups in the Celestial Heavens where twelve soulmate pairs make up a soulgroup, key roles are embraced and filled by groups of people interested and capable of participating in such roles from time to time – not individualised!



Natural Love Flow

Natural love is Creation's love;

One can swap back and forwards between paths

I am God

Intellectual

Self reliant (trust myself)

Self-determination way of life

Mind dominates

Thinking = Mechanistic

- rational
- analysis
- reductionist
- linear

Values = Mechanistic

- expansion
- competition
- quantity
- domination

Adult like

Control

Millions of paths (man created)

Peak possibility is 6th sphere

time to complete path:

100 years to over 1,000 years

Divine Love Flow with Feelings First

Divine Love is Soul's love.

I am God's son/daughter/child

Emotional

God reliant (God relationship)

Soul-spirit living harmony

Soul dominates

Thinking = Holistic

- intuitive
- synthesis
- integrative
- non-linear

Values = Holistic

- conservation
- co-operation
- quality
- partnership

Child like

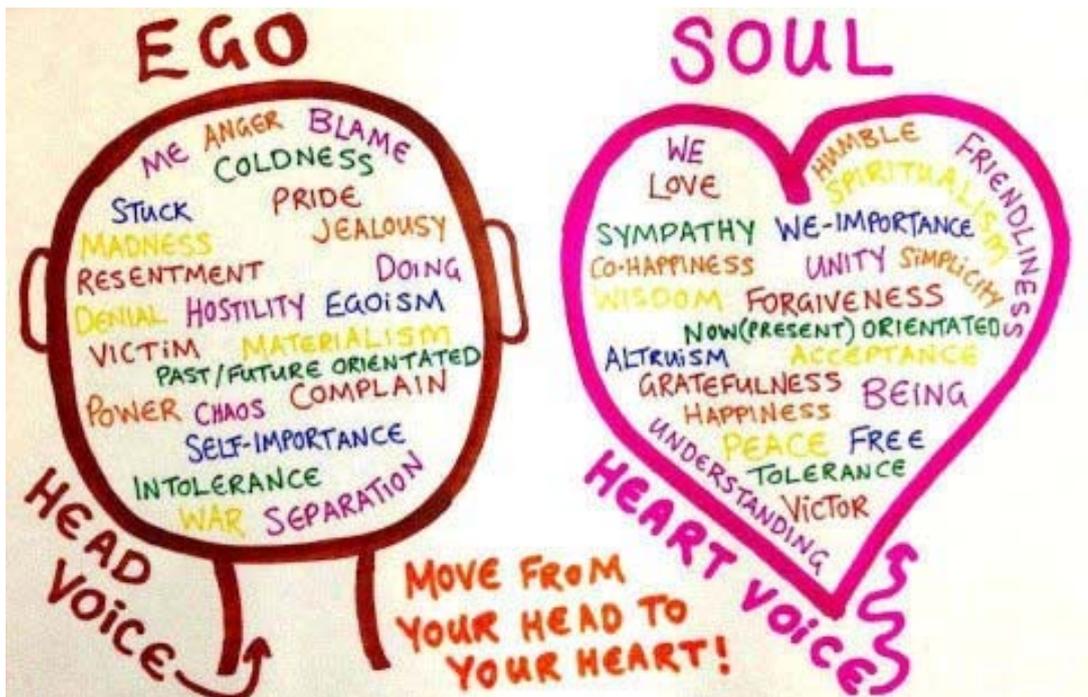
Feeling

Defined path (God created)

Peak possibility is infinity

(sphere / mansion world are same)

5 years to over 10 years to at-onement



# JOURNEY HOME

Our journey home is an ever growing expansion of truth being revealed to us. For Earth’s humanity, as for the 37 humanities that have Rebelled, we are quarantined and isolated. Having also Defaulted, Earth’s humanity is possibly the most evil of all. Firstly, we are to understand that living through our minds is why we are addicted to untruth and control of others and nature – we are going the wrong way! We are to live feelings first and then heal our Childhood Repression and Suppression – we are to live and express our true personality, the one given to us by our Heavenly Mother and Father. Then our journey home begins!

The Isle of Paradise is stationary within the circle of seven super-universes. Spheres here are also for us to further grow in truth before arriving Home to become Finaliters. Our Heavenly Mother and Father guide us out of our Local Universe of Nebadon, through the rest of our super-universe of Orvonton and into super, superuniverse Havona which circulates around the Isle of Paradise, being home.

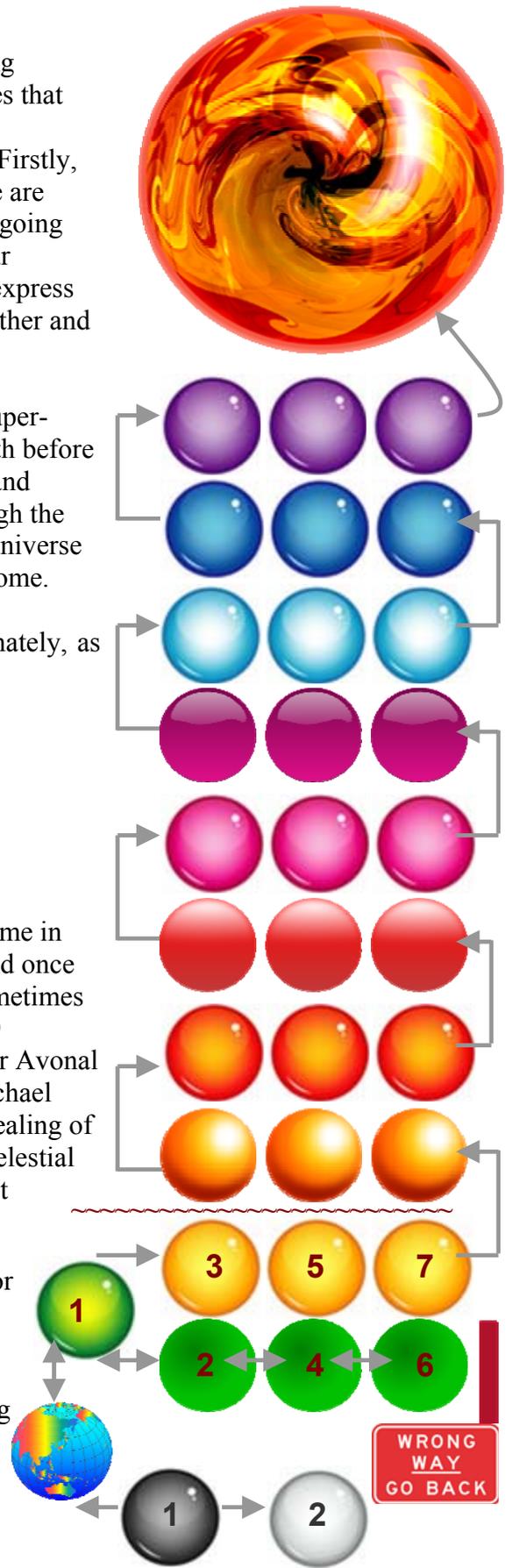
Each of the seven super-universes are constituted, approximately, as follows and with 1,000,000,000,000 inhabitable worlds:

- One super-universe is 10 major sectors
- One major sector is 100 minor sectors
- One minor sector is 100 local universes
- One local universe is 100 constellations
- One constellation is 100 systems
- One system embraces approximately 1,000 physical worlds

Once we attain the Celestial Heavens (spheres) we start to come in contact with spirits from other ‘Earth’ worlds. So in spirit and once we’ve finished out Healing and are Celestial, we interact, sometimes directly and otherwise indirectly, with potentially 10,000,000 physical worlds of which 3,840,101 are with humanities. Our Avonal Daughter and Son lead us to Mary Magdalene and Jesus (Michael soulmate pair, our Creator Daughter and Son), through our healing of the Rebellion and Default by guiding us into the first three Celestial Heavens and out of isolation from all other physical and spirit humanities.

Mary and Jesus then lead us through the Celestial Heavens for the system Satania (that Earth is in), then our constellation and then out of our Local Universe.

Isolation from all other humanities prevails before completing our soul’s healing and progress into the Celestial Heaven spheres 1, 2 and 3. Hell planes 1 and 2 are of Earth, those who have compensation may have this experience and might then progress up through mind Mansion Worlds 1, 2, 4 and 6 before turning around to progress through Healing Mansion Worlds 3, 5 and 7 to transition into Celestial Heaven.



# Finaliters

Hey guys, I know who I am and why I am having these life experiences. No, I haven't a prison uniform on – but that might be what my soul has planned for me to experience! Just joking!

When we arrive in our Earthly mother's womb we are clueless as to why the heck we have come here. We truly need to persist with asking, "What's this all about?" – We will be told, bit by bit! But you have to push for it. Well guys, here's a go at it.

We have come to this crazy messed up humanity on Earth because God wants us to come, we don't have any say in it. And we think we can do something about it, but we actually can't, we can only do what God wants us to do. And if that makes us think we can do something, that we can have an effect, then that's what God wants us to think. Man, this mob is ready to slaughter each other totally and that is not going to happen – it's not allowed!



We are to enable our wilfulness to surface – well take over our 'numbnut' mind – and push aside the persona – the messed up personality that our parents want us to be – and express our true individuality. Be true to our feelings – our soul-based feelings and be the personality that our Heavenly Mum and Dad know us to be (all good).

Okay, because we are amongst billions of people who have been forced to join the Rebellion and Default, we are one of them – experiencing all the crud and wrongness we can possibly get ourselves into. Yep, we are rebelling against our soul, which also means we are rebelling against our soulmate and also our Heavenly Mother and Father – God. Shoot the works – we have done it justice!

Now here is the good bit. We can heal ourselves of all this wrongness – and eventually we ALL will. Then we will continue with our healing and learning, and learning, and more learning and end up in Paradise, the home of our True Mum and Dad. THEN we will be recognised as FINALITERS. Why Finaliters?

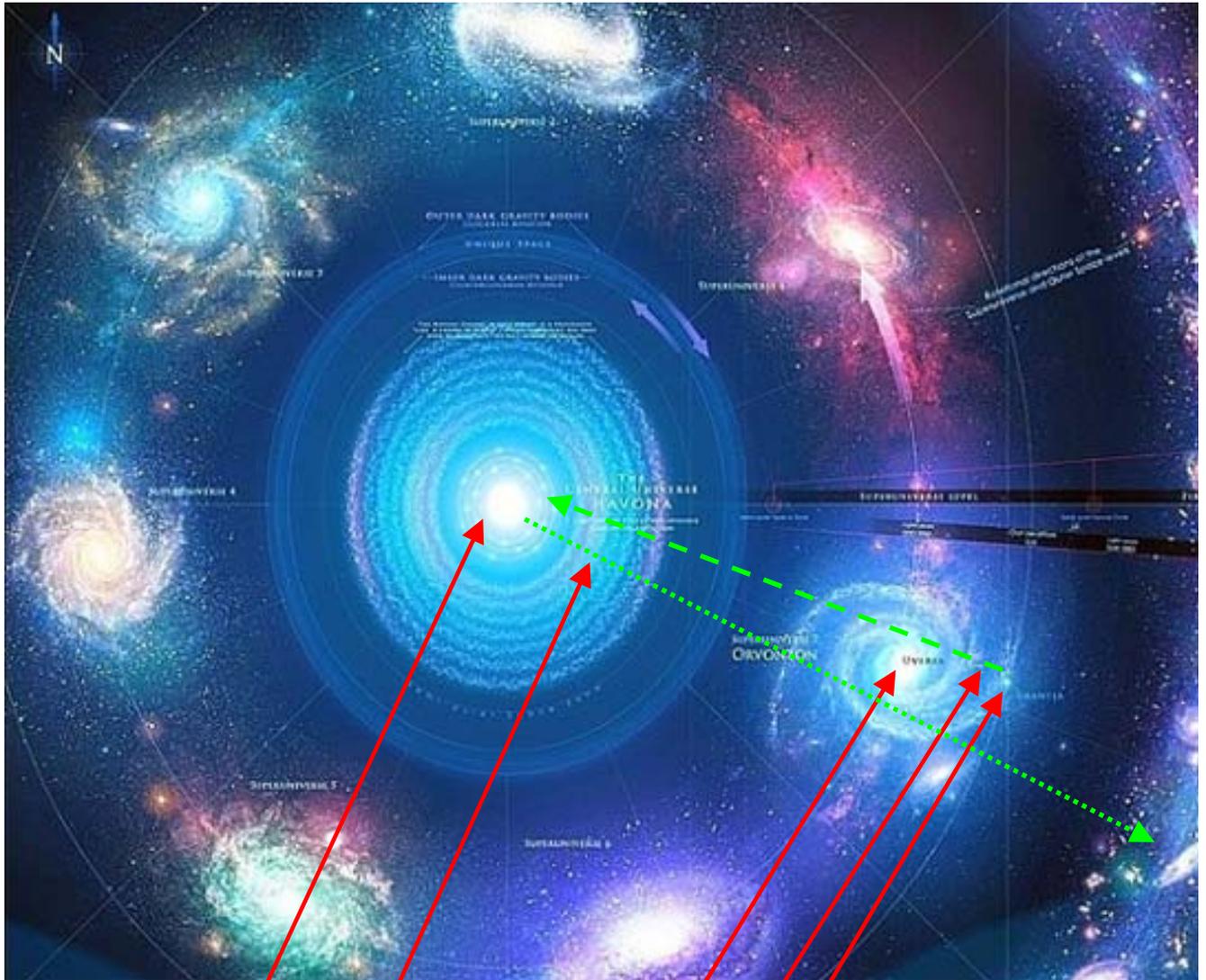
We are called Finaliters, that's everyone who attains Paradise, and not just those of us who've been fucked up by a Rebellion, because we've 'finally' got there, we 'finally' did it, we 'finally' completed the first stage of our existence in Creation, which is akin to 'Finally' completing our time in the 'womb'. Upon attaining Paradise, it can be likened to being 'finally' born, or 'finally' becoming of the equivalent of age 6 when our Indwelling Spirit arrives, or 'finally' becoming an adult. And possibly we won't know if we can liken to it to any of these stages we go through during our physical life on Earth, until we're 'finally' on Paradise, and 'finally' get it!



Because other humanities in newly forming universes are anticipated to Rebel (just like us now) and because we have had the experience (no other humanity has possibly done it as good as us) so we FINALITERS can go and help them out of their SHIT! Yee-ha – more evilness and insanity! That is us! Bring it on!!!!

**OUR JOURNEY**

Ascension is from Earth (Urantia) through Nebadon, Orvonton, Havona to Paradise.  
 Then in Paradise we progress to be Finaliters and assignment to a newly forming universe.



Isle of Paradise  
 home of our  
 Heavenly Mother & Father

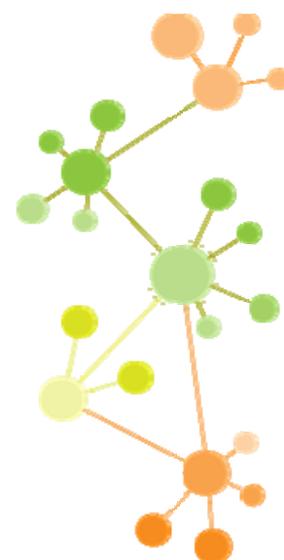
Havona  
 Ascendington

Orvonton – our Super Universe  
 Nebadon – our Local Universe  
 Urantia being Earth

**PASCAS PARK Edutainment Modules:**

(A module is about 40 minutes of presentation.)

1. Cosmology – our Solar System and Local System
2. Cosmology – Local Universe
3. Cosmology – Super Universe
4. Cosmology – Paradise and 7 Super Universes
5. Living Feelings First vs Brain / Mind Worship
6. Our Soul is a Duplex
7. Our First Parents – Andon and Fonta, now known as Aman and Amon
8. The Rebellion by the Lanonandeks – Lucifer and Satan soulmate pairs
9. The Default by the Adamites – Adam and Eve soulmates
10. Racial Colours and Adamic Default
11. Earth's humanity is now quarantined from all other humanities
12. How Scriptures Came about
13. Boundaries of Hell
14. What was the purpose for Creator Daughter and Son coming to Earth
15. Mary Magdalene is the soulmate of Jesus, both being co-regents of our Local Universe
16. The End Times, the Change Over, the Avonal Age
17. The Great U-Turn
18. Monitoring and Managing the Handover to the Avonal Age
19. Law of Compensation Quickening
20. Women are our Spiritual Leaders
21. Women's Revolution of Truth
22. We are More Alive Than Ever – when dead!
23. Journey of a Family
24. Revelations X 2
25. What We Are Not!
26. Soulmate
27. Incarnation and Reincarnation
28. Kinesiology Muscle Testing and the Map of Consciousness
29. How do we Suppress our Children – Child Abuse
30. Parenting
31. Villageism
32. We each have a Nature Spirit pair, Spirit Guide pair and an Angelic pair
33. Indwelling Spirit of Truth
34. Nature Spirits are now accessible to humanity who are healing
35. Emotions vs Feelings
36. The Feeling Way vs The Mind Way
37. Living Feelings First is the new way
38. The Child is to Freely Express Itself
39. Spiritual Healing
40. Feelings First in all we Do
41. Avonal Revelations
42. Our Guidance to Paradise
43. Finaliters

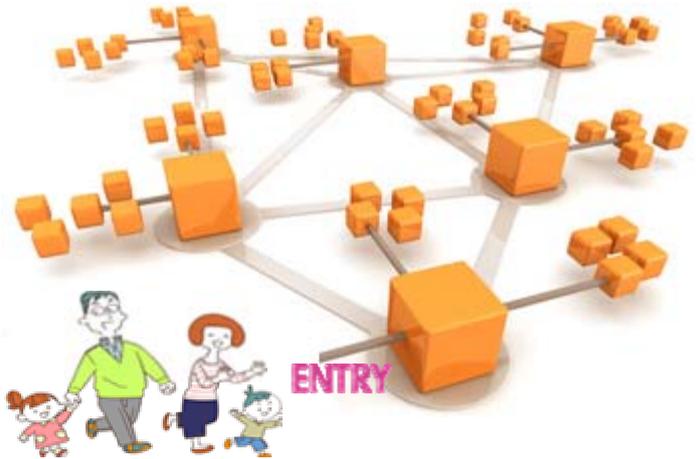


This is a condensed list of possible modules, however these could be grouped up to create focus points.

**This time, in the history of humanity, is the most exciting time ever experienced.**

## NOTES – JOURNEY for HUMANITY:

Main introductory feature, upon entering a Pascas Park venue, may be a major module that is in three segments. Thus a major module may represent two hours of presentation that is suitable for short term visitation, however such a major module may be of three parts, each being a 40 minute module typically suitable for full day visitors who would be exploring the centre at length.



The primary module, upon entry, is to introduce Feeling Healing and Living Feelings First, that is Feelings First Spirituality, the New Way. Living Feelings First rather than mind domination opens the pathway to a dynamic life while living in the physical rather than the tiresome, problematic mind way of living. Primary modules may embrace:

- Feeling Healing and Living Feelings First
- Cosmology – our Solar System and Local System, Local Universe, and Paradise
- Our First Parents (Andon and Fonta), the Rebellion, the Default and the End Times
- How scriptures came about, Earth’s quarantine, the boundaries of Hell and our recovery
- Mary Magdalene and Jesus, being our Local Universe co-regents
- The Great U-Turn, the Handover to the Avonal Age
- Women’s Revolution of Truth and the Quickening of the Law of Compensation
- Incarnation, We are More Alive Then Ever – when dead! and Journey of a Family
- We each have a Nature Spirit pair, Spirit Guide pair, an Angelic pair and Indwelling Spirit
- Child is to Freely Express Itself

Thus clusters of presentations may make up a major topic of “**Journey for Humanity**”.



# PASCAS PARK

**"Beacons of Light"  
around the globe**

