

PASCAS CARE

Know Your Magnetic Field



“Peace And Spirit Creating Alternative Solutions”

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We offer all contents in love and with the fullness of grace, which is intended to flow to readers who join us upon this fascinating journey throughout this incredible changing era we are all experiencing.

Living Feelings First, *John.*

“Never can one man do more for another man than by making it known of the availability of the Feeling Healing process and Divine Love.” JD



Know Your Magnetic Field

by *William E. Gray*

Know Your Magnetic Field, by William E. Gray, [1947], at [sacred-texts.com](http://www.sacred-texts.com)

<http://www.sacred-texts.com/nth/kymf/index.htm>

Bill Gray, the anonymous healer of this book, was in constant contact with "Higher Powers" as he called them. Because of this, he actually had a conceptual framework to his healing. Something that you can't find anywhere else, and sadly, something that you can't really test. The only proof, if we can call it that, is that in following this framework, he was astoundingly successful. The most amazing healer probably ever to walk this planet.

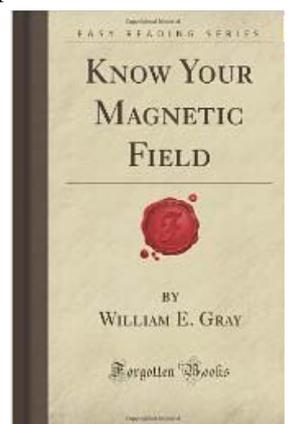
Now his framework is intriguing, and feasible. Firstly he claims our physical body is largely regulated by MAGNETIC fields fed by life energy, which seems to be very similar in properties to electricity, but not actually the same. One could assume, that the magnetic field that is sustained by this life energy is also not the same as the magnetic fields we know of, sustained by "our" electricity.

He says that at birth (forgive me if I recall something wrong here) we are assigned three frequencies of life energy, all of which can be largely grouped into the star signs we know as fire, water, earth and air. Now here is the very surprising thing. He claims that disease results from damage to the functioning of these em (electro magnetic) fields. Disease would not take hold, if our fields are functioning correctly. Next he says that adults need to replenish their energies, and this they do from a suitably matched sexual partner. So, he is saying that sexual intercourse has a purpose in maintaining health, and also vitally, that mismatched partners can drain the energy and cause serious problems for both partners. WOW.

Fire, Air, Earth and Water these are the four elements of the zodiac which correspond with the 12 star signs.

Logic rules the opposite and negative combinations of these elements. Generally, fire is compatible with fire and air, air is compatible with air and fire; earth is compatible with earth and water; water with water and earth.

Fire does not combine easily with water or earth, air with earth and water signs. Earth does not mix well with fire or air and water has little affinity with fire.



Know Your Magnetic Field

CHAPTER ONE

INTRODUCTION

The theory presented in this book is new only in the sense that it has been revitalized of recent date. It is, in fact, as old as the world. Those who have seen the results of this theory in practice have called it miraculous. Others who have yet to see and learn and understand have called it fakery.

I have taken upon myself the task of trying to give as complete and accurate a picture of a person working with this theory as my ability permits. To understand him and interpret him for you is what I am trying to do. He thinks and acts from unshakable knowledge through a Source which most of us are only beginning to recognize dimly. The way in which the Source works through him will have to be understood for us to accept.

With my first grasp of this work I suggested that this understanding belongs to the people. He agreed and said he had known for some time that he should try to explain his perception of human energy.

This wisdom was present from his birth but its application and growth came about through experiment and experience to the highly developed talent it is today. Endless discussions, arguments and bewilderment went into my education. Revolutionary ideas were hard to accept at first but repetitious proof left me no choice but to accept and believe. I found explanations for conditions that until now had no explanations. The accomplishment of restored health through the revitalization of nervous systems I have witnessed for over a year now.

I remember well a conversation we had when I first tried to comprehend his ability.

"This is all so startling and new that I wonder whether the people are ready for you. The trend is in this direction but do you think we have had enough preparation?"

"Why is this new and startling?" was his reply. "That is a misunderstanding. It is actually a lost art. Doesn't the Bible explain that some of the people, in ancient days, had the understanding and wisdom of healing through the laying on of hands? Don't you think the laying on of hands was their method of distributing human energy? My opinion is that it was the common and accepted practice of healing at that time. We have come to look upon it as miraculous only because of lost knowledge and its usage down through the centuries. Knowledge and power must have been deliberately kept from the people and retained by a few to exert control over the masses. The Power that goes through me is in everyone. Only the wisdom of its application is necessary."

This person is an average appearing man, pleasant, jovial and likable. But after a little while in his presence you are aware of a quality and a force behind him that are indefinable, a something that eludes you. He seems to treat his ability as a joke on himself. His favourite expression is, "It's crazy, isn't it?"

And it does seem so. He talks like a combination mechanic and electrician until you begin to wonder what you are made of, flesh and blood or wires and switches.

He works by placing his fingers over nerves and nerve relay centres and this transmits human energizing current into the body. One is first conscious of mild vibration at the point of his touch. Then the vibrations start to move in through one, chase around all over and turn up in the most startling spots on one's body. This is followed by a sensation of warmth—comforting mild heat penetrating every part—the rapid cessation of pain and then the complete relaxation of the entire body and a surge of increased energy and vitality throughout.

By the time he has finished "tuning" your heart, opened the switches, strengthened the magnetic field to let the energy current through, burned out the rust and oiled a few joints, you depart in a state of bewilderment but relieved of pain and feeling assured you can be helped and life made attractive and liveable again. I've been through it; I know. But I was not satisfied alone with results. I wanted to know how and why.

"No one can deny the results you get. Almost everyone feels the energy—almost everyone gets better. What is this energy current?" I inquired.

"It is life ray—human energy on individual wave lengths. To my knowledge there are thirty-six different frequencies. Each individual operates on three waves at different frequencies making numerous combinations of magnetic field control. One must complement the energy frequency of the magnetic field of the individual being worked upon."

"That doesn't make sense to me. I have never heard of such things. I have seen miracles occur here in your office and I would like to have some explanation. All I can say—all anyone can say is, 'It is a gift.' When did you first know of this Power?"

"This knowledge has been with me from my earliest memory," he said. "As a youngster a lot of my time was spent on the shore of a lake fishing, quiet and alone. At that time by tuning in, the instructions and explanations would come to me."

"Tuning in?" I questioned. "Explanations? What explanations?"

"Why—things, people, life, the world. What is in the world, what we are made of and why people do the things they do and get into the difficulties they find themselves in."

"But how do you tune in?" I persisted.

"If you must know," he went on, "it is similar to the action of a radio receiving set. You might say that after tuning in on the waves the answers and explanations come."

The theory of electricity as the life force and body activity is as old as the ages and there are many well versed in this ancient wisdom to whom most of this is known. This person's medium of operation is universal wisdom. **This world we live in is composed of gases and electricity. Plant, animal and human life are the result of certain electric energy waves acting upon the gases.** Plants, animals and

human beings have their own individual energy frequencies to establish and maintain life, growth and development.

"In this great universe of earth and sky"—space is the great universe but within it are many more universes. We are familiar with the solar system of our own universe, but there are two more with corresponding solar systems in direct influence upon our planet, Earth, and there may be many more in operation. The power, maintenance and law of life come directly

I from these three systems, uniting or blending to become the one, understood as Trinity or Power of Powers. The combined action of these three forces is our own energy current from the three universes—one wave length from each of the ruling solar suns on a frequency.

At birth the first breath of life is our direct supply, our life line with the universal power—life itself. As this force is electric in nature, so then we live, move and have our being through electric energy. So long as this energy is established and flows through without obstruction we are in tune with the universal supply of life. When our magnetic field is able to maintain ample contact we receive knowledge, wisdom and contentment with the ability to achieve success.

In the lower abdomen, the pelvis, is an intricate system forming the magnetic field, the grouping together of the main trunk nerves and their branches and relay systems extending throughout the entire body. The lungs draw the energy in but the magnetic field must draw the energy from the lungs in order to radiate it through the body. We are no stronger than our magnetic field.

Physical symptoms, apparent shortness of breath, nervousness, restlessness, irritability, pain, illness, dysfunction are some of the first indications that insufficient energy is being distributed. Their intensity is in accordance with the degree of depletion and spasm of the magnetic field. When the depletion of the magnetic field continues the nerves are partially starved for their fuel or energy, creating spasm or nerve tension through the body. This depletion develops into many serious ailments.

The solar rays give us life unconditionally but the position of the planets at the time of our birth makes us the individuals we are. Characteristics and personality occur at conception but individuality occurs at birth with the first breath taken. Your individuality is governed by your set sign or so-called soul, establishing your magnetic field, which consists of three different frequencies derived from the Power of Powers, making your set sign of life which is thereafter influenced by the vibrations of all the planets of this universe.

For each of us there are many whose energy current is a complement or mate to our sign or energy. One of the mating energies represents the positive element and one the negative. For complete function we must have the flow of both. Nature, being bountiful in all respects, provided for this in the mating of man and woman.

The wisdom, and its explanations as he gave me, is the only text book he has used, but by faithful adherence to its direction it has brought him today to the position of so-called Miracle Healer. They are miracles to us because at sight they defy explanation to conditions of life familiar to us. The Source of Wisdom working through this man enables him not only to know what has brought these conditions

about but also, over and above all this, to know wherein lie many of the faults and tribulations of humanity. Every condition he works upon has specific cause behind the effect which he has investigated and proved, over and over again.

The unfolding of his mind has been the most tremendous and inspiring experience of my life. In some instances it has been a slow process, bits of information at a time that would literally daze me, glimpses of his stored-up knowledge that almost frightened me. When I had time to digest and assimilate these instructions, I questioned, "Who are you?"

His answer was, "Who? Me? Why do you ask? I am only an instrument the Power operates through. I of myself do nothing. The Power does the work. Actually I am only a mechanic."

When he had finished giving me the explanation of universal knowledge as he understands it, I was still left with considerable confusion. Energy, matching energy, fire signs, water signs, mating signs and fuelling our nervous systems were terms quite new to me. The part they played in our life from birth to death was new territory and in it I found the answers to the "why" of so many questions we ask about life and how to recognize and avoid repeating our mistakes through the coming generations.

He took me through the explanations step by step, through all the searching and the checking he has done for years to prove again and again the accuracy and certainty of the universal wisdom. When he had finished I felt he had taken all my carefully acquired knowledge and teachings, shuffled them like a deck of cards and had left me to sort out and rearrange them again into new order.

As a nurse I have been familiar with many conditions, mental and physical, all having arisen from maladjustment or incompatibility in sex, marriage and home life. Patients, acquaintances and friends have come to me with their stories. Being in this position I was able to weigh one against the other and found them all similar in nature. Friends with growing, questioning children have come to me for advice. To be better informed on the subject of sex education I made it a point to read numerous books. They all were fundamentally alike but none gave any clue as to why the discontentment in so many marriages. What is wrong with marriage?

This person has explained it all through the action of our life rays under planetary or energy influences and I have worked out the proof for myself. I began to explore backward through my own life and my family, then on my friends and acquaintances and confirmation of the facts met me at every turn.

We accept without question the influence of the moon on tides; we never dispute the movement of the sun and the planets controlling the changes of the seasons; we accept the magnetic electrical field governing planetary action, but we are usually sceptical that the sun and planetary movements influence our personality and affairs. Since we are only another form of creation why should they not regulate or affect us, too?





**Feeling
Healing with
Divine Love is
the key!**



Chapter Two

MECHANICS

As a student nurse, in my first few months of training, I stood around in amazement listening to the senior nurses and medical students chatter along in medical parlance. It was then a foreign tongue to me but it was not long until I could listen intelligently and join in the conversation.

Listening to this person as he worked and talked, I experienced a similar sensation. He has evolved a lingo of his own—mechanical and electrical terms—with a few descriptive phrases tossed in for good measure. We have had many intense discussions on some of his terms. I would attempt to understand and interpret his explanation of a condition in medical terms while he struggled to comprehend my viewpoint from a medical definition. We have been surprised many times to discover finally that we were talking about the same thing.

One of his most frequent expressions is "When the signal comes . . ." This is his guide. I have seen him many times listen to the heart vibrations and feel around experimentally over several nerve centres when working on a patient. Then the expression of his face changes, he settles into an eased position and starts to feed the energy into a specified area. Then I know the energy is working through him.

In matters of business he will shape his plans. Then when he receives the signal, he will go into action with the inevitable successful results. To him, the use of the inner wisdom is constant and as natural as breathing.

But still I find words awkward and elusive when I try to tell of the instantaneous perception and recognition he has of each one who enters his office. A patient needs only to rise from his chair in the waiting room, walk into the inner room and this person seems to recognize his controlling energy current. He seems also to sense the stress, pain and emotion the patient is experiencing. He then places his ear over the chest and listens to the vibrations of the heart. They register the body and nerve tension and indicate to him the nerve and nerve centres in spasm. How can I analyse and break down into simple terms this ability?

There are many things in our world today that we accept without technical understanding. Some people know and can explain them but even the explanation is not always clearly understood by me, for example, radio. I know vibrations send forth the messages into the atmosphere on stated wave lengths. I know because I have been told. I turn the dials to a specified kilocycle and hear a program. I still do not understand the technicalities but I accept the fact of its existence because my radio is the proof.

That principle applies to this person. He is an animated radio station equipped with a receiving set. I had meant to be facetious the first time I applied the comparison but to my amazement I found it to be so.

Mental telepathy and psychic phenomena are well known terms for some of the inexplicable happenings we know and experience. But they are not phenomena. They are the inevitable fulfilment of universal wisdom in action. Being controlled by universal power and governed by universal wisdom, everyone is a universe within itself possessing a sending and receiving set.

Some of us are seemingly more highly developed than others and experience psychic wisdom more easily. It is not a gift reserved for a few. It is a wisdom whose application we have been unaware of, but the wisdom is universal and belongs to us, waiting only for our development.

There are three energy currents, functioning at different frequencies, which determine the individual. There are twelve zodiacal divisions, with their subdivisions, consisting of thirty-six human energies which make many different frequency combinations and control life as a whole. To rebuild the nerves, to relax the spasms and feed the required energy, these energies used by him in his work must match or synchronize with the patient's.

Name	Ancient date	Symbol	Sign	Season	Mean duration (days)	Sun's longitude on entry	Sun's declination on entry
Aries	21 March to 19 April	♈		Spring	30.46	0°	0.00°
Taurus	20 April to 20 May	♉		Spring	30.97	30°	+11.47°
Gemini	20 May to 20 June	♊		Spring	31.33	60°	+20.15°
Cancer	21 June to 22 July	♋		Summer	31.45	90°	+23.44°
Leo	23 July to 22 August	♌		Summer	31.29	120°	+20.15°
Virgo	23 August to 21 September	♍		Summer	30.90	150°	+11.47°
Libra	22 September to 23 October	♎		Autumn	30.39	180°	0.00°
Scorpio	24 October to 21 November	♏		Autumn	29.90	210°	-11.47°
Sagittarius	22 November to 21 December	♐		Autumn	29.56	240°	-20.15°
Capricorn	22 December to 19 January	♑		Winter	29.45	270°	-23.44°
Aquarius	20 January to 18 February	♒		Winter	29.59	300°	-20.15°
Pisces	19 February to 20 March	♓		Winter	29.71	330°	-11.47°

At first reading that sounds improbable until understood, but I have witnessed the use of these energy currents and experienced their sensations. I don't believe even this person's explanation helps much. According to him, he draws the necessary frequency from the atmosphere and generates it through his finger tips.

About this point I would reply, "I give up. I can't possibly tell people that and expect them to understand, let alone believe me."

He always looked a little puzzled and a little hurt. To him it is so familiar and so simple that anyone should be able to understand.

I questioned, "Can you find others to teach?"

"There are many people who have a strong energy current of their own for healing that can be further developed," he replied. "Some have it and are not aware of it and others are aware of it and only need instruction. All that is required is persons strong in their own energy. The patients and workers could be grouped so that the frequencies of the workers would synchronize with the human fuel wave of the patients."

"What do you mean by one being strong in his own energy?"

"A child is born with a strong or a weak nervous system," he went on. "That is determined at conception and is the result of the energies of the parents. If they are of mated frequencies and are well and strong at the time the child is conceived, that child usually has an easy birth and a strong, healthy nervous system. When he reaches marriageable age and if he marries one of correctly mated energy, natural feeding continues, health and strength increase and all the desired requisites of life are fulfilled.

"If the child is the result of mismated energy currents and the parents are nervous, discontented or not well at the time of conception, that child usually has a hard delivery due to the mother's tight nerves which are caused from inefficient energy fuelling. He inherits a weak nervous system and is a victim of low energy and nerve depletion most of his life.

"The individual with a strong, healthy nervous system generates enough fuel or energy current to maintain his own requirement and automatically radiates a strong surplus. He is the person who is best equipped to heal. He could be instructed to direct the energy through his hands and feed nerves and release nerve spasms in a person with an energy current that blends with his own.

"This nerve building is going on all the time only it is seldom recognized or understood. For an example we'll take a masseuse. Several clients will claim the masseuse has ability to massage, relax and relieve pain. One client may be able to go several days or a week without pain returning and even be permanently relieved. Others may get little or no relief from the same masseuse. Those who receive relief have blending energies and by massage are fed, without realizing it, their required current and nerve energy from the masseuse, who is strong enough under her own energy to feed them.

"Take yourself, a nurse. There must have been times when you had more success in handling patients than others."

"That is true," I answered. "The more successful the results the more it exhausted me. At the end of such cases I usually went to bed for several days."

"You are an example of the delicate nervous system," he said. "You relayed energy to others of your compatible wave length but the results were exhaustion and depletion in you."

"How well I know, never having had sufficient energy to enable me to do the things I wanted to do."

This person went on with his explanations. **A child born under tension inherits a weak magnetic field. However, the pelvic tensions can be released shortly after birth (enabling the child to draw more energy from the atmosphere, automatically revitalizing itself) by a person with the properly blended fuel who is able to convey the energy to the pelvis of the child. This would eliminate many unpleasant reactions of health. From birth and through all one's life thereafter the nervous system is constantly acted upon and influenced by the waves radiating from all human contacts.**

The position of the planets at the moment of birth represents the influence exerted upon one's personality from the three ruling solar suns. The combination of the radiation from each sun, at different frequencies, establishes one's very life.

At the moment of birth the first breath taken determines the pattern of the individual. According to astrologers that individual will be a **fire, earth, air or water sign**. That first energy charge determines or establishes the magnetic field and individuality of one but it is influenced in many ways by contact with others of different wave energies.

There are compatible wave energies, neutral wave energies and negative wave energies and those waves or energy currents act within our field similarly to those of mechanically generated electricity in electric appliances. Compatible or matching wave energies together generate two energy currents as required for magnetic fuel. It is the contact of the two energy currents which blends the positive and negative action of the human electric energy and charges the human magnetic field.



Compatible wave energies are, as a general rule, two in kind: earth with earth, fire with fire, air with air, water with water *providing* the individuals are of a *different* birth month but matching frequency, although many alterations can occur by the different planetary positions.

Negative wave energies are two waves of different brands (relatively speaking, unless the exact planetary positions are known) i.e. earth with air, fire with water, etc. Their combined action causes a depletion of the magnetic field thereby causing it to lose its drawing power or human energy taken in by the lungs.

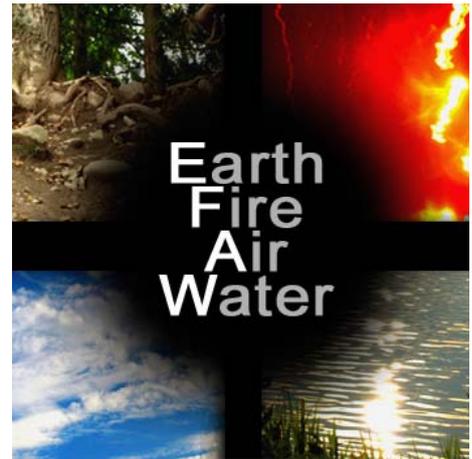
Two waves of the same wave energies are neutral: earth with earth, fire with fire, etc., when the individuals are of the same birth month and are not feeders. They, ordinarily, do not create a fuel. They blend and act as one brand. They are duplicate in type and will set up a fuel starvation in the field. With a depletion in the magnetic field the proper amount of fuel is not taken in and slow starvation of the nervous system begins and continues over a period of years.

These are the general principles. There are finer divisions and gradations when applied individually, for our own wave energy is our individualization. Each wave energy should be matched with proper percentages or proportions of the correct blend, but this is not the time nor place to go into these finer details.

Distribution of our own energy current goes on continuously from the electric energy force we breathe. By radiation we partially influence the field of every person we come in contact with and, in like manner, they influence us. This is constantly having its effect on our magnetic field, thereby affecting our nervous system.

If our own generation is strong the cross energies from others have little or no effect on our nerves. If we are weakened or depleted, reaction is likely to set up in the magnetic field.

This is greatly emphasized on personal contact such as in handling a baby. In the growing child the needed feeding of the nerves must come by radiation from his associates. During this period his nervous system is strengthened and built up or weakened and depleted. If the child's energy current blends with that of the father or mother, he will be soothed, nourished and built up by contact with that parent. There will be harmony and understanding between the child and that parent and the child



will seek instinctively to be with him or with her as much as possible. When the wave energies are in opposition, there is nervousness and friction between the child and parent. If both parents oppose his wave energy there is the possibility of a problem child. The child may be delicate, high strung and his nature a mystery to his parents.

When the child reaches school age he will select his own playmates. They may seem a motley crew but he is drawn most naturally to companions of a blended energy, which is, without his realization, fuel to him. Those associations will automatically feed this depletion. When he doesn't find the matching fuel to feed his nerves he will prefer to play alone. Perhaps he was a thin, nervous and irritable child until he started school but after a while began to improve. The reason is that his nerves are receiving their much needed fuel.

In instances where the mother's wave energy is opposed to the child's wave energy the problem is greater because of the closer and more prolonged contacts between mother and child. The child is apt to be nervous and difficult to deal with. Outside associates will counteract this condition to a degree. A compatible energy helps to build up and restore the irritated nerves but not sufficiently to balance the longer relationship in the home.

When that individual marries the pattern is then more or less set for his life. Marriage to a person of correctly mated energy will rapidly feed and restore the depleted nerves and in a few years' time a tremendous change will have taken place. He will have developed and undergone a complete change in personality and conduct. With a relaxed nervous system his prospects of health and success are highly favourable. If he marries one of an opposing energy the results are, of course, the contrary. Little

feeding can occur, the magnetic field is partially depleted and as a result there is starvation of the nerves. In such cases this condition sets up a restless searching and discontentment.

The greatest handicap for a child is to have his mother in an opposing energy. The child is, of course, in constant relationship with his mother, and the opposing energy thrust upon him lasts over a long period of time. Hence, in those dependent years, the greatest damage is done to the nervous system.

With this understanding it is advisable to plan, if possible, to have children born under the most favourable conditions. They should be compatible energy currents to both parents, if possible. If not, then to the mother, because of the greater period of close contact. Early marriage to one of a compatible energy is the greatest insurance for building a healthy body and living under the happiest and most desirable circumstances.



CHAPTER THREE

NERVE FUEL

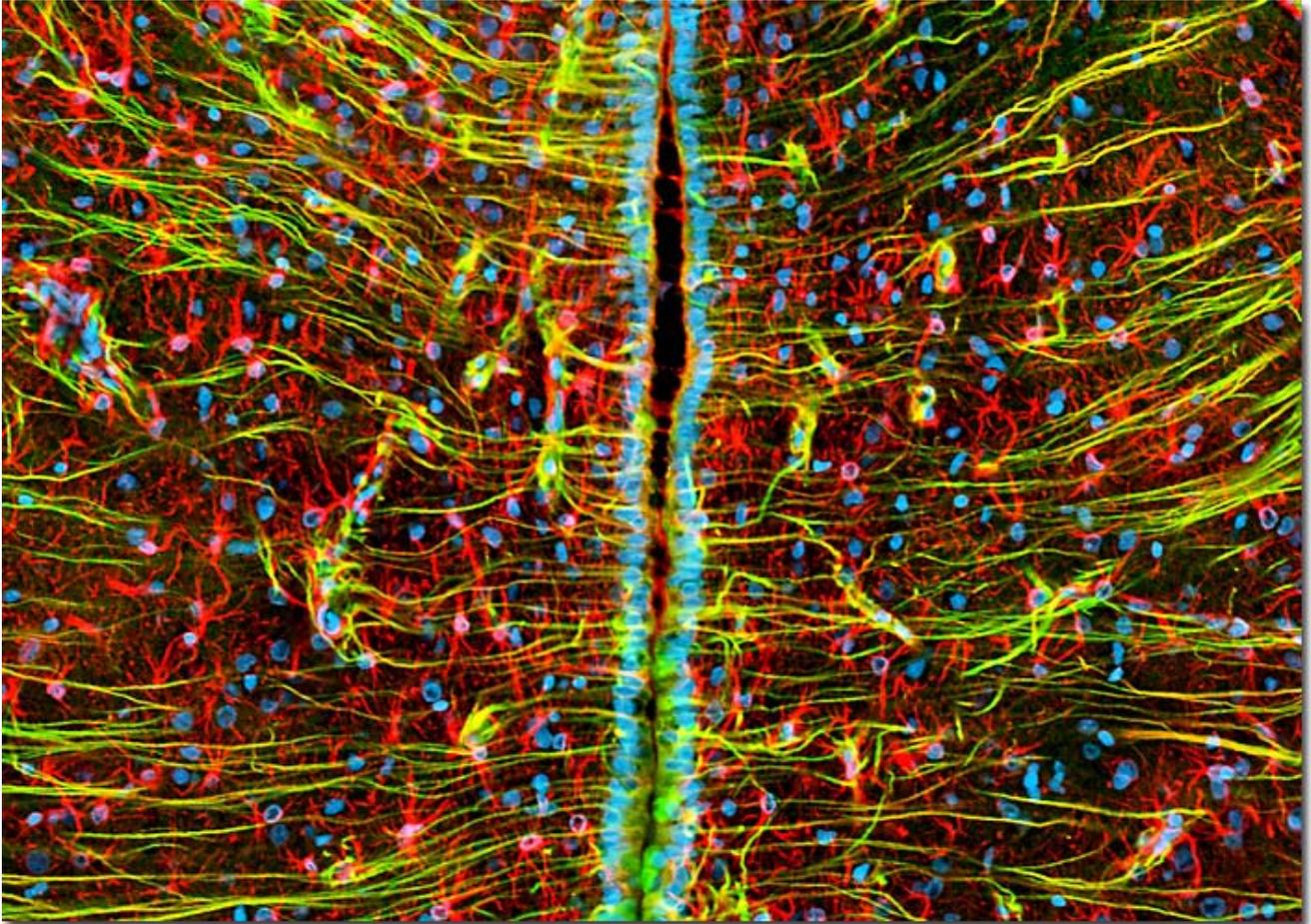
All life exists with the power to reproduce in kind. We are given, not only the ability to reproduce, but the task of nourishing and fuelling each other through the positive and negative formation, in this way increasing the strength of our magnetic field to bring our bodies and minds to the highest level of health and vitality.



All the organs of the body, including the heart, are in reality nerve structures working as a unit by means of human energy. The magnetic field radiates energy to all parts of the body through the nerves and nerve relay centres and their branches. The brain receives the energy current, distributes it to all controlling centres and relays the impulse back along the returning nerve channels. As he explained it to me, the brain is one of the important switchboards of the body, similar to an automatic switchboard in a telephone office which receives the incoming message and relays it through the wire to its proper and specified destination. As the energy travels upward into the brain cells, we walk, talk and react as intelligent, coordinated human beings.

I have grown used to this person's reference to nerves as cords and wires. Wire is the more apt description. He demonstrated to me by placing his fingers on my body and increasing the human energy in one specific nerve trunk at a time. I had immediate relief from pain and proper function of the area controlled by that nerve. Sometimes it was my hip, my shoulder, my leg or my heart. I was astonished but convinced.

Intermediate Filaments in Brain Tissue



I remember saying, "Why, we are nothing but puppets strung on wires!"

He laughed, "Actually that is all we are and human energy through those wires operates us."

As is known, our own required energy current is taken in through the air we breathe. When the period of adolescence is passed and as we become matured adults, our body requirements change. For continued smooth functioning the nervous system requires and demands a greater supply of the human energy force, our own, plus the mating energy. This blending is created through the sex relationship with one of our properly mated wave energies, which is nature's method of keeping the magnetic field vital.

Every parent has to meet the problem of explaining sex to the growing, inquisitive child. But how many understand the purpose behind it all? Nature's purpose is reproduction of the race but even though reproduction is controlled by many, nerve fuelling is imperative through normal sex life, without insulation, in order to maintain health.

If those entering into marriage are instructed in its true significance beforehand, most of the hazards can be eliminated providing they choose a compatible energy which blends with theirs. Children resulting from these marriages are, as a rule, healthy and normal.

One of the main fuelling nerves in connection with the magnetic field in women is the clitoris nerve. This nerve is important to the magnetic field in rehabilitating and vitalizing it through natural sex life, thus enabling it to draw sufficient energy from the atmosphere through the lungs in order that the heart and other organs will receive their proportion of energy.

When the clitoris nerve is dormant it does not properly relay the fuel to the magnetic field. With a partial dormancy of the magnetic field as a result, there is insufficient distribution of the energy and nervous tension increases. Over a period of time definite symptoms appear. These are manifested in heart strain, shortness of breath symptoms, sinus, bronchial trouble, eczema, allergies, indigestion, supposedly ulcers, headaches, pain and stiffness of the neck and shoulders, as well as being put unjustly in the class of neurotic. One would be surprised at the ailments which originate from this source.

These complications also have their effect upon the nervous system of the husband. As he receives an insufficient amount of his required nerve fuel from his wife, his nervous system begins to react from starvation of nerve energy. Tension and irritability increase and friction may start in the home through under-stimulated nerves.

As a rule woman is slower to animate than man, but when stimulated, she will automatically start generating. However, she must receive the generation in return from him. He should have the wisdom to generate energy to her in order to complete the revitalization of their magnetic fields. Otherwise, she being more sensitive, will eventually cease generating to him and accept the act as a marital duty.

Fuelling of the magnetic field may also cease as a result of opposing energies. When the wave energies are not properly blended, there follows a feeling of dissatisfaction or depletion which many people don't comprehend.

Women are more likely to be victims of a partial dormancy of the magnetic field. This dormancy is usually caused by shock or injury of the clitoris nerve sustained during the first sex act. This is unintentional and is usually due to lack of knowledge of the importance these nerves play in our health.

If a man understood this importance to himself and to his wife, he would take all the care necessary to avoid shock and injury to those delicate nerves. When the clitoris is aroused all the other nerves are relaxed; muscles and tissues are receptive, and injury and pain by force are unnecessary. Nature provided for all these things but we have misunderstood and misused our wisdom. Prevention through understanding is always the best remedy and that prevention lies in teaching our children.

When it is understood that the purpose of cohabitation is replenishing the race and also feeding the nervous system, then that force is given its true value. The energy thus generated controls the machinery and when the machinery runs smoothly it can be forgotten. With properly matched wave energies this is demonstrated. The desire then assumes its proper place and, in all contacts of daily living together, the feeding goes on by radiation.

I talked with a young couple, husband and wife, and watched their progress under the theory outlined. They were an example of the consequences of opposing wave energies, with a partial dormancy of the magnetic field in both. He was a fire wave energy and she was an earth wave energy. Eight months before he had come as a critically ill man but today he is well and normal.

This is his experience as he told it to me.

"I was sick before I began taking these treatments. I just about couldn't go any further. I had a bad back and heart. Everything was the matter with me. I had been seeing a doctor for sometime but was just getting worse. He couldn't seem to do anything for me. I was taking shots twice a week, then every other day and finally every day but I continually grew weaker. I had reached the point where I couldn't eat or sleep.

"After the first two treatments I didn't notice much difference except that I could breathe more deeply."

He was interrupted and asked: "When was it you ate the steaks?"

"That was after the first treatment." He laughed a little embarrassedly. "When I left here I felt hungry for the first time in years and decided a steak would taste good. I went into a restaurant and ordered it. Boy, it was good but I was still hungry so I had a second one. For weeks before that food sickened me but that day it took two steaks to fill me up. I haven't missed a meal since. I got over everything quickly. After the third visit I began to feel wonderful. I went back home entirely well after ten treatments. My work isn't easy but I went back on the job at once and I haven't had a sick day since. I brought my wife up this time and I am just having a few treatments for good measure while I am here."

According to this theory when he first came for treatment he had a depleted magnetic field and nerve spasm and a troublesome heart. His wife is in the same condition now—depleted magnetic field, a wild heart and had had migraine headaches. They have three children but never at any time has she had a response during sex relations, according to her. Her clitoris was dormant with inevitable depletion of the magnetic field and now she has a severe heart strain. There was very little if any generation or feeding of the energy current between them. Their magnetic fields just shorted. When they are rehabilitated they will probably be relieved from their difficulties for some time because they are both of good strong stock.

"You don't know what it is going to mean having my wife well again," the husband said earnestly. "She has been in bed a good part of the time. With three little children it has been hard. My family doctor wasn't able to help her, although he told me what was the matter with both of us just as you did. He explained it a little differently than you do but he said there was nothing anybody could do about it. The doctors apparently don't know what to do for people like us. I am going to take my wife in to see him when we go back, have him check her and tell him about this work. I think he will be very interested."

The wife showed her illness; she looked frail and nervous. Her heart was "wild." I put my fingers on her pulse. It was rapid and irregular and her breathing was fast and shallow.

This person said, "That heart is too wild now to tune. For a day or two her magnetic field will have to be revitalized. Then her heart can be tamed and cushioned."

The third day he was ready to tune her heart.

"Put your fingers on her pulse and see what happens," he told me. I put my fingers on her wrist and he put his fingers first on her chest, the back of her neck and then between her ribs near the heart.

The quality of her pulse changed first. It became stronger and the beat firmer under my fingers. Then gradually it began to slow down and the volume improve, the beat growing regular. In about three minutes her pulse was beating at a normal rhythm and rate, her respiration slowed and became deeper and the look of strain and apprehension was erased from her face.

At the end of ten visits she was a different appearing young woman. She was relaxed, smiling and rested looking. They returned home two very happy people.

"She should go on improving and growing stronger," this person told me. "The energy current through her field will continue working for some time. All the nerve structures will receive their quota of energy now that the spasm is released from her heart, until the field again becomes depleted. It won't give her trouble for some time. Under these conditions both of them can go on without difficulty until their magnetic fields need revitalizing but they will need revitalizing from time to time because of their mismatched wave frequencies. However, they aren't apt to get in that run-down condition again for some time."

In different people different sets of nerves may be affected, creating different symptoms, but the cause is still the same—depletion of the magnetic field and spasms from lack of properly blended fuel.

I talked with one young woman where such was the case. Her recovery was spectacular and it has completely baffled and mystified her. She told me all her symptoms and her search for help.

"I don't remember how many doctors I actually consulted but each one gave me a different opinion. I thought I had stomach trouble because I had had severe pains in my stomach for years. When I had an attack my abdomen swelled out until I could hardly breathe. Every doctor I saw wanted to operate and each one wanted to operate for a different reason. I wouldn't agree to an operation because I never felt sure they knew what was the matter with me.

"For the past year I have had severe pains in the back of my legs. Four months ago I had an attack in my back; it was torture to get around. I saw a doctor who treated me but I just got worse so I stopped the treatments. A neighbour told me about this form of treatment. She had great confidence in it and urged me to try it. I had reached the point where I didn't care any more because I had been to so many doctors and none of them helped me. I came to this person to satisfy her, not myself. I was badly swollen that day, hardly able to breathe.

"He didn't have his fingers on me for more than ten seconds when he said to me, 'Now where is your stomach?'

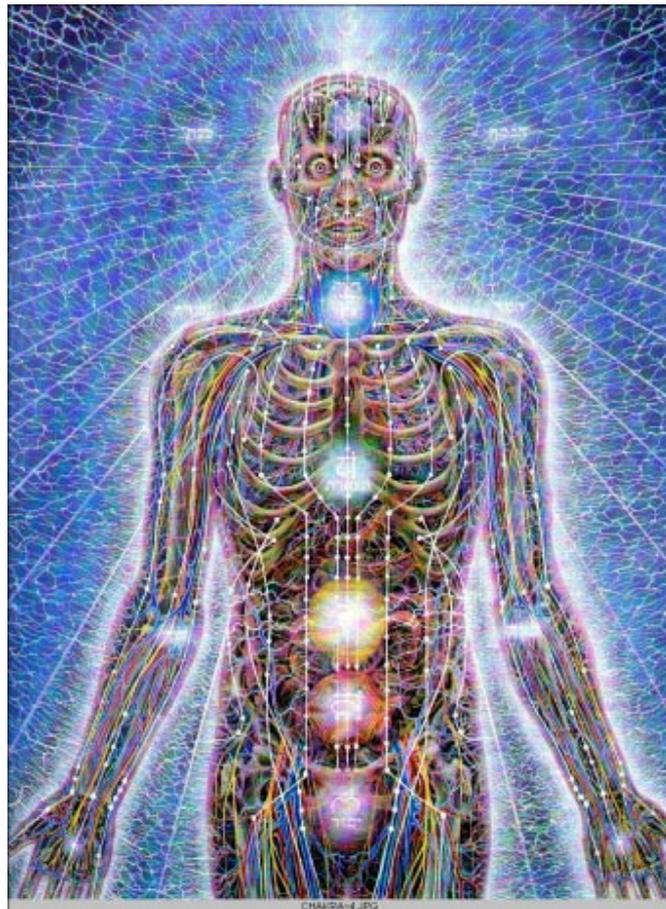
"I looked down and almost fell out of the chair. The swelling was gone! It was miraculous! It just wasn't there at all. I was flat again and could breathe deeply for the first time in three years. When I got outside I just stood awhile and took great, deep breaths of the fresh air.

"I think this work is wonderful. I've never known anything like it in my life. I still can't get over what happened to me. Why, all the swelling was gone, just like that—instantly. I had five treatments and in that time I had two attacks. The first one came on suddenly after dinner but by the next morning it was gone. Then I had another mild one that didn't last long. I have had none since. The pains in my legs

disappeared after the first treatment and have never recurred. I am almost through with my series of treatments and I feel just wonderful."

This again is just another manifestation of nerves in spasm from lack of their required mating fuel. The depleted magnetic field affected the nerve supply to the stomach and intestines. The spasm of the nerves created a ballooning of the bowel, producing all the pain and distress she complained of. All the treatments she had from doctors did not release the nerve spasm fully and there was no matching energy current to build and feed the magnetic field and nervous system. When this person fed the correct mating fuel through his finger tips into the magnetic field, the spasm released in a matter of seconds and the abdominal swelling disappeared. It collapsed as if by magic. With the spasm and tension released she could breathe deeply, bring a full supply of her own wave into her magnetic field, blend it with the correct energy being distributed and send the mixture out over her entire nervous system. When the energy had completed its full circuit she was relieved of all pain.

The magnetic field and the branches involved were consequently weakened due to the length of time of the depletion of the magnetic field, thus causing spasm. The two recurring attacks she had were the result of weakened nerves not being able to retain the energy, but the attacks were milder and shorter. After the first release of the spasm it was a matter of rehabilitating the nerves to full strength for conduction of the energy current.



CHAPTER FOUR

HEART ENERGY

I am continually amazed and at a loss for words to attempt to explain the results this person gets with hearts. He doesn't have any words to tell me exactly. He just does things to them until they are right. A medical diagnosis, as to the type of heart trouble the patient has, means nothing to him. He only knows what the heart vibrations tell him.

The heart is a motor to him and he tunes it to sound. He slows it down or perks it up. He takes the gurgles and the swishes out. When it jerks he steadies it, when it pounds he cushions it, when it flops around he anchors it and when it is wild he tames it. If he finds tension or pull he traces a cord or nerve to the part of the body in spasm. He may trace it to a spasm in the calf of the leg or ankle, even the big toe, and releases the tension on the heart at that point. It doesn't make sense but it gets results. When he has finished there is a new heart in place of a worn out one. The most incredible part of it all is that the patient is unaware of any changes going on because this person has such absolute control in regulating the energy at all times. As he feeds the energy current into the rebellious nerves, they begin to react in groups independently of each other. He synchronizes the tensions in the heart and has them working in coordination and, unbelievably, this is usually accomplished within a few minutes. The nerves around the heart and those inside begin to react. They have to be dealt with and defeated. Each set eventually gives up the struggle; the nerves finally accept the flow of the energy current and start their coordinated control and operation. The tuning takes place periodically until the heart is under control and performing as it should. This may go on for several days until the spasms cease, and again there may be only the one struggle and the rhythm is established. Further work builds and feeds the nerves until a normal heart is the result.

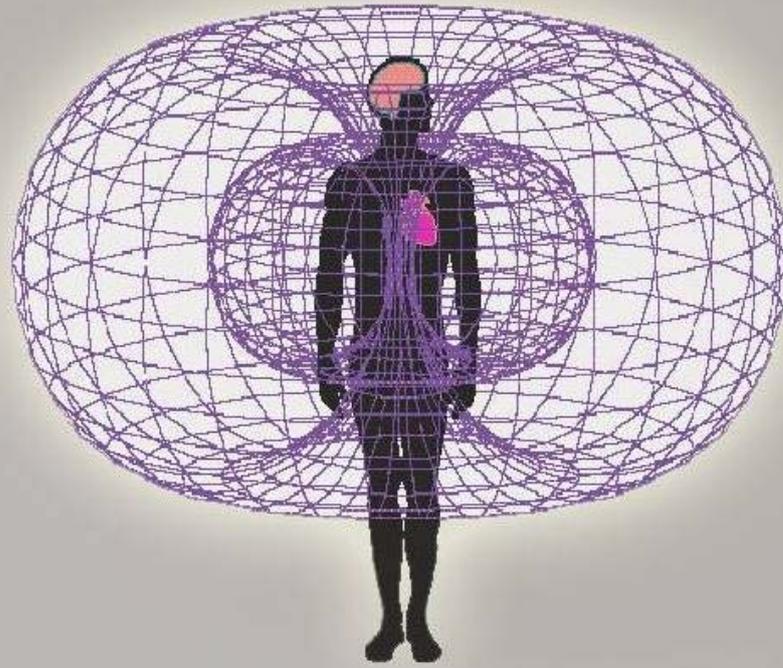
Watching him work and listening to him talk, I have been convinced that he hears many delicate sounds and movements an ordinary ear or device does not hear. If so, the sounds have never been interpreted. Before he starts to work on anyone he first listens to the heart vibrations by placing his right ear on the chest of the patient. In a matter of seconds he can identify the nerves in spasm. He doesn't know how he does it; he just hears those things.

When I questioned him as to how he knew exactly which nerve to put his fingers over, he said, "Why, the vibrations just told me it was that one."

That seems to be the only explanation—vibrations must talk to him. When I finally pinned him down to a more specific explanation, this is what he told me.

"Fundamentally, all hearts are alike. It is the nerve spasms in each person that vary. The heart vibrations register nerve pull or spasm anywhere in the body. It may be in the feet, legs or brain. The nerve trunks have to be released and that relieves the tension of the heart. When the tension is gone the heart has to be tuned by balancing the energy in the nerves that have been struggling and fighting each other; that is, by anchoring it. Then the magnetic field has to be fed so that it can carry on the work of supply and control. If you must have a formula this is it:

The electromagnetic field of the heart



"The Power, relayed through me as a mechanic, tunes the heart to sound and anchors it. It then increases the vitality of the basic control of the heart which is the magnetic field, thus increasing the flow of the life fuel to the heart. It stimulates the nerve energy to throw off the poisons through the kidneys, causing heavy flushing of the kidneys for several days."

"I can't get over the results you get by releasing tight cords in legs. It's the craziest thing I ever saw or heard but I have watched you do it and it works every time. I thought hearts were hearts and legs were legs."

"Tight leg cords are some of the worst offenders," he went on. "The leg cords pull on the magnetic field, creating the strain there, and that promptly registers on the heart. Until those legs are free from spasm and the heart is regulated, the patient should keep pretty quiet. Climbing hills and stairs causes a strain on the magnetic field and cuts the supply to the heart. If a patient has a severe heart strain it is better for him to go upstairs backward as there isn't as much strain on the magnetic field that way."

"Many people take longer to regulate than they should. After the spasms are taken out they feel pretty good. Then they go out and do some sort of work or exercise and set the nerves off into a spasm again."

"What about the different kind of heart diseases?" I asked. "Anginas and coronaries, for instance."

"Names don't mean anything to me. They're just all spasms pulling on the heart. There is a difference in sound in all hearts. Anyone who has had rheumatic fever usually has valves blowing. You hear gurgles

and swishes that you don't hear in others. There is a very definite sound, a peculiar cluck, in the heart when there is tension from the brain. Every case of insanity or mental condition that has come to me has that funny cluck sound in the heart. When that is released the mind seems to be cleared. One was so violent that he had to be held down on the floor for me to work on him. "

On the other hand I know the names but very little about the conditions. I know what a heart is doing by the feel of the pulse, and I know the emergency measures to take when anyone is having an attack, but I don't know what is going on inside. I do know that most angina sufferers are dependent upon nitro-glycerine tablets, and I know the part the drug plays in the relief of the attack.

Following are two histories of typical heart cases as they were told to me.

Mr. A. had angina. He said, "I have seen seven doctors in three years and haven't had any help. One doctor gave me small tablets of nitro-glycerine to kill the pain.

"It began with a heavy feeling around my heart. Then the pain would start in my chest and travel up my neck and into my head. It was severe pain, too. Then it would travel down both arms and my arms would become so heavy I could not lift them. The attacks became more frequent and more severe. I had to give up work and just rest all the time. When I came here first I was taking seven and eight of those little tablets a day. I had heard about this remarkable theory and decided to try the treatments. After the second treatment I could breathe very much better and deeper."

When he first came here he had wild vibrations in his heart. His magnetic field was in spasm. There was very little energy going to his heart, resulting in the sharp pains. Energy had to be generated into his magnetic field. When the energy, generated through this person, was tuning his heart, it put up a fight. It took about ten minutes to control the spasms before he could go home. He is responding nicely now. His heart is anchored and has just about quit fighting. He is still a little low on energy and the magnetic field has to be built until it is stronger.

"In twelve treatments," Mr. A. continued, "I was very much better. My breathing was easier and I was taking less and less of the pills. First I went two days on one pill and now it has been eight days since I took the last. If I get nervously upset the pain will start, but all I need to do is rest quietly and breathe deeply and the pain goes away.

"I was walking to the post office the other morning and I had a few sharp pains. I had been swinging along, walking too fast; so I rested a minute. Then I went on slowly and I was perfectly all right again.

"I am living with my daughter and my young granddaughter. Her friends sometimes get pretty noisy and active and make me nervous, so that I have to send them away or get away from them. Then I am all right. It was suggested that I try going upstairs backward. It never bothers my breathing when I do. My granddaughter will watch me and say, 'Backing up again, Gramp?'

"I have had seventeen treatments now and I am so much better. I notice I am a little low on energy by the time I get here. I often have a heavy feeling in my chest but the treatment relieves that immediately. I haven't any pain to speak of and my breathing is fine. I sleep all night now. Before I began taking these treatments I was in and out of bed all night. Breathing would be hard and my heart very heavy so

that I would have to get up every once in a while. I would do that several times and think, 'Guess I'll have to take Old Reliable.' So I would take a pill and get a little rest. Now I sleep all night and feel greatly improved. I feel very grateful as I have been helped immensely."

Mr. M. experienced a remarkable recovery from the hands of this person. Here is the story of his illness in detail as he gave it to me. It doesn't seem logical that he can be a well man today but he is. I have since become acquainted with Mr. and Mrs. M. and even find it hard to believe he was ever as sick as he describes.

"I was a well robust youngster," Mr. M. began, "as good as the best of them. At seven I had Bright's disease and dropsy, following just a mild case of scarlatina. The illness left me weak, thin and nervous. I was never any account so far as strength was concerned. When I was twenty-one I was six feet tall and weighed ninety-five pounds—just skin and bone. I could do some yard work in the vineyard but no field work. If I took it slow and easy I was pretty well but I was never able to walk fast or run. If I walked fast I got pain around my heart and sometimes it felt as if it were going to stop.

"I had periods of up and down. When I was twenty-eight years old I felt better and stronger for a time. I worked in the vineyards in the winter and spring getting the raisins dried. It was June when my work was finished and I went away on a vacation. When I arrived I decided to have a sweat bath. I thought it might rest and relax me and take the poisons out. I had the bath and went to bed early that night. About eleven o'clock I got an awful start in my heart. I felt as if I were dying. I got out of bed onto the floor. My heart pounded and everything went black. I was fading out and it felt as if my heart were stopping.

"I thrashed around on the floor to get some action in my heart, to start it beating again. The family got me into a hot bath and I came out of the attack slowly. My heart settled down but I still thought the end had come. When they got me back to bed I had a chill and shook all over.

"I was sick all that summer and winter. I had more chills but never as bad a spell with my heart as that. Then I got a little stronger. I am not a person to stay in bed. I would get up and put my clothes on even if I could go no farther than the chair in the room. I gradually got a little stronger. In February I went south and slowly recovered in the sunshine. I got back to the best level I had ever reached.

"I went along for a number of years with the usual ups and downs. I tried school and various things but would break down and have to give them up. I had another spell like the first but pulled out of that.

"In all those years and for all those spells I had seen doctor after doctor. I can't remember the number I saw but I never had any help from them. I would go through check-ups—blood, kidneys, heart, x-rays, physical examinations—everything. They never did find anything wrong with me nor did they help me. I was through with doctors. It seemed useless to try to find any cure. I went on by myself with those attacks. I just never expected any kind of health.

"When I was forty-one I married. That was ten years ago. I gradually picked up and had a period of where I was much better. My stomach improved and I began eating a greater variety of foods but I wasn't able to eat spicy foods. I gained weight and went up to 157 pounds, the best I ever reached.

"I was much stronger and was getting around on the ranch when I picked up a germ they called Valley Fever and for some reason it weakened me again. I was pretty sick and the old spells came back. I had terrible chills and fever. I went right down to skin and bone and all the old weakness again.

"Gradually I got over the chills but I didn't get over being cold and feeling faint most of the time. When I was lying down in bed my heart would pound and thump. It would vibrate and shake the bed. At first my wife didn't realize that it was my heart beating. She would feel the bed shaking and thought I was lying awake nervously drumming or tapping my fingers.

"That condition went on for several years. Finally, I decided to have another physical check-up and get some help if possible, so went to another doctor. I had a thorough check-up and examination but he could find nothing wrong; x-rays, blood tests, all were negative. My blood pressure was all right. All the doctor could find was a fast heart and the awful weakness and he didn't know what to do for that.

"Just a short time after that we went north. In the hotel I was told about this method. The one who recommended it had been helped by this person and spoke of his work very highly. She told me that he had great healing power in his hands. My mother, who was with us, called him in. I saw him work, had immediate confidence in him, and decided to have a treatment.

"The first treatment I had from him put me to bed for three days. It exhausted me. I was so relaxed I couldn't get out of bed. I had no desire to.

"He didn't have his fingers on me more than two minutes when I began to sweat. The sweat poured out from my arms and ran down my hands into puddles on the floor. It was the strangest thing I ever saw. It took me three days to gather a little strength to get out of the bed and several more days before we could start back to the ranch. By the time we got home I felt wonderful.

"All the years I had been ill my colour was very bad, a pasty, yellowish hue, and my skin was dry. I always looked ill. Several days after we got home I went over the ranch inspecting everything as I hadn't been able to do for years. I didn't feel weak and I didn't get tired. My colour and appearance had already started to change and improve. After that day everyone around the place was wondering what I had been doing.

"Ten days later I went back for the second treatment and the same thing happened all over again. He laid me out flatter than a hot cake. Anybody who could keep me in bed was doing something. I had never stayed in bed but now I didn't want to get up. I had no desire to move. He took all the starch out of me and gave me complete relaxation. A week later I was back on the ranch feeling wonderful. Everybody commented on it and I talked about it all day long.

"My foreman was a sick man. I didn't think he could last much longer. I felt so sure this form of treatment could help him that I sent him up and paid his expenses. After the first treatment he was more of a booster than I was. He is a well man today and has half the valley people going up for treatment.

"I had talked things over and I knew that I would get no place with just an occasional treatment; so I arranged my affairs at the ranch and went back to take a series of consecutive treatments. Once I got started with the regular treatments I didn't think I could go through with them. I was sick I tell you. I

went through hell—no, maybe you had better not put that in. But I suffered everything. I sweat gallons as all that fluid, that body bloat, came out the pores of my skin."

This person explained that when Mr. M. came to him seeking help his vibrations indicated spasm of the magnetic field. His heart was going about 135 and it sounded like valves blowing causing a slushy sound. He had to be released from tension. The nerve energies had to be increased to force the poisons through his pores and kidneys. Then the valves had to be ground by building the nerves that control them.

Mr. M. continued, "I didn't know how I was going to go on with it, I was so sick. One morning when I felt I couldn't keep on I phoned my wife and she came up. After she came I felt better about everything. She took over ordering my meals, read to me and looked after me. She made me feel better—not so alone."

"He was sick when I got there," Mrs. M. took over the story. "He was like a man in the midst of a nervous breakdown. He would say to me, 'I can't stand all this. It's too much. He must cut down and skip a few treatments. He doesn't realize how sick I am and I can't stand it. I'll tell him when he comes that he must cut down. He must listen to me'."

"Yes, I remember that," Mr. M. resumed. "I was all ready to tell him when he arrived but as soon as he walked into the room I would feel better. I could feel the strength and power radiate from him and I took it in. He would start to work on me and I would never say a word."

"When I began to feel well enough to get up I felt as if I were recovering from a nervous breakdown. Things bothered me. I was relieved of the tension but my nerves were let down. I felt insecure. We began to go out of the hotel and the first few days on the street I could go only a few steps. I had to take my wife's arm and I couldn't watch moving things. It took one week before I could walk one block as my heart was still weak from the years of strain on it."

"He had to relieve the nervous tension first before he could build me up. Then I went right straight up. I popped up. He told me he was giving me straight building energy and in one week I didn't know myself."

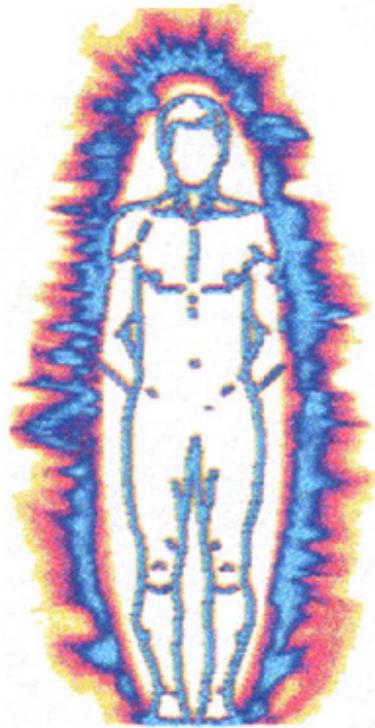
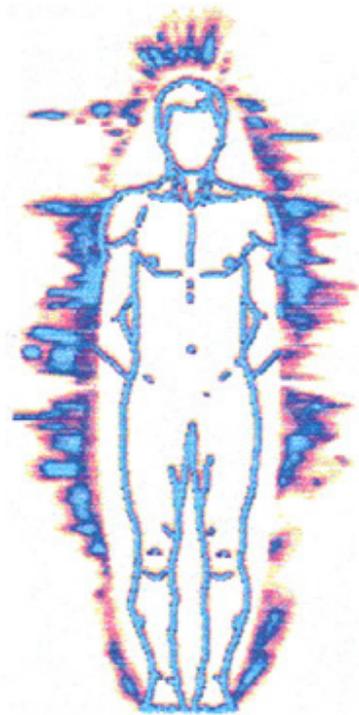
"When I got back to the ranch I got right into the midst of things as it was harvest time. I didn't get tired. I didn't worry and there was cause to because of the difficulty of getting workers then. I raced all over the place and amazed everybody. I ate well and I slept soundly and awakened fresh and relaxed. In four or five weeks I had put on twenty pounds. Everybody spoke of the change in me, especially my colour and the appearance of my skin. Old friends, I hadn't seen in a long time, hardly knew me. Everything about me improved, even my eyes. I had worn glasses and had expected to get stronger ones but didn't need to. Right now I can sit and read fine print for four or five hours and never notice it."

"I am better and stronger all the time. I go up occasionally for a few touch-up treatments to keep myself in line. This person has made me a well man. He has given me health I never had and did not ever expect to have. He has a great healing power and I believe his knowledge needs to be given out to the world and his work taught."



Before

After



CHAPTER FIVE

LIFE ENERGY CONTROL

Any paralysed part of the body has an unhealthy white colour and a marked coldness. I watched with great interest whenever this person brought a paralysed arm or leg back to life. In a matter of minutes the skin took on a healthier colour tone and with my hand on the arm or leg I could feel the warmth start to radiate through it. Usually a patient's first reaction is the feeling of warmth, a warmth that starts from the finger tips of this person and travels through like the slow flowing of a river. Many patients with other conditions of illness have told me the same thing. The first evidence of improvement is returning body warmth and relief from constant coldness and chilling, and the heavy feeling leaving the afflicted area.

I commented on this fact to him. "What do you do to cause the blood to start circulating to make a paralysed arm or leg to begin to get warm again?"

"Why," he said, "it's not the blood circulating that does it. It is the electric energy circulating through the nerves."

Here we go again I thought. "I suppose you just press the right button and the lights go on all over?"

"Just about," he said but saw no humour in my remark. "The paralysation is caused by insufficient flow of energy and when the energy goes through dormant nerves the area becomes warm."

"Do you mean to say that the nerves do that? I thought it was a slowed-down circulation that was not bringing the body heat down to those parts. Why, isn't it the blood stream, the circulation of the blood, which keeps you warm? Don't all sorts of chemical processes heat the blood to control body temperature?"

There followed an intense discussion. I got out my textbooks and checked on what I had been taught. In return I received an enlightening lecture on human electrical engineering. These are his explanations applied to the human body.

"A paralysed leg is dead white or even bluish white in colour. It is cold to the touch and the patient complains that it is always cold and heavy. Blankets or heating appliances warm it for a little while but it does not stay warm. How could there be anything the matter with the mechanics of the circulation? All the blood is there. Cut that leg and the veins and arteries will bleed just like an ordinary leg. Can't a patient bleed to death from a paralysed leg just as easily as from one that isn't?"

In every paralysed case he has worked on, the energy is partially shut off from the magnetic field and there is a greater shutoff from a specified relay distributing centre. He first sends a charge to the magnetic field increasing its energy, thus enabling it to distribute the energy to all parts of the body, and then generates the energy to the specified dormant nerves. He must open the circuits of the afflicted nerves by increasing the volume or intensity of the energy and putting through a heavy dose to wake up those nerves that haven't been working properly.

The heat they feel is the increased volume of the human energy. The human energy current is similar to any electrical current and frequency. It acts only on the human body and vice versa. The body is not geared to take mechanically generated electrical currents. The nerves will not retain them. They act only as shock.

Even though there is paralysis the nerve is still alive. Enough energy is seeping through to keep it alive but not enough to give proper energy to the part. When the nerve dies, doesn't the tissue die and gangrene set in?

When he releases the paralysis and re-establishes the energy circuit, the patient may get the greater portion of the use back. But it doesn't always last. The nerves may become dormant again, although usually not to the same extent, due to insufficient energy flowing through them. He must keep energizing them each time until the weakness is out and they are conducting the energy smoothly and evenly.

This to him is the main principle of body heat, the human electric current. The nerve wires and nerve relay centres from the magnetic field are the controls conducting life energy. The blood stream plays a dependent role to them. The red blood cells are the electrons. Each cell carries its measure of electricity and deposits it in organs and tissues. When the circuits to various parts are shut off, the electrical content of the blood cell is insufficient to produce normal body heat. The blood cells then can only maintain the health of the nerve tissues.

I have watched this principle work for years but I gave it no thought as such. A new born baby is cold, the human foetus is cold blooded, and it takes some time after birth for the baby's heat regulating centre to establish. In the nursery we had to watch the babies' temperatures constantly to keep them warm. When a baby was cold and not a good colour we always stimulated it to cry. After it had yelled a while and filled its lungs, its colour was better and it was warmer.

With the first breath a baby takes it comes alive and every breath thereafter brings in more of its energy. It is the electric energy travelling through the nervous system that begins to warm it. When I made a baby cry to take in more oxygen that was what was happening. I have handled hundreds of babies and watched that process repeat. A new born baby will verify this theory.

The first breath of life is the first charge of the battery, the magnetic field. This first intake of the electric current magnetizes the lower pelvis. The electric energy taken into the lungs by breathing is carried down to the magnetic field by magnetic gravity. From the base of the lungs to the magnetic field are nerves acting as wires to conduct the energy through. With the first breath the magnetic field is magnetized instantly to one's own brand of electric current, his own specific wave length, and it is the full intake of his own wave with each breath thereafter that supplies the fuel that is generated into nerve energy.

It is the depletion of the magnetic field, not being able to draw enough energy from the lungs, that gives the feeling of shortage of breath. It is the charge to the magnetic field that allows the patient to take a deep breath, seemingly way down to the pelvis, for the first time since the original depletion or spasm occurred. With the energy going through the so-called nerve wires the lower abdominal muscles expand and contract rhythmically with breathing. The air passage feels open all the way down to the bottom, as

the patient expresses it. The magnetic field is conducting the incoming electric or energy current, distributing it through the body maintaining body heat.

A weakened magnetic field means a gradual shutting off of the nerve fuel throughout. The nerves shrink from inadequate fuel supply. Their activity becomes less and less. As that happens the system slows down. All body functions are under par.

Paralysis from a stroke is a violent seizure. Depletion is a slow process with much the same results but involving the entire body. People come in with skins white or colourless. There is no natural warmth there. Eyes are dull and lifeless looking. They complain of tightness and aches all over the body, neck, back and legs. They have no pep, no energy; they can't keep warm. They are nervous and do not sleep well. Many have calcium deposits in joints. The magnetic field is gradually shutting down from starvation of its natural fuel requirement.

He charges the magnetic field by feeding the required fuel to the depleted or starved nerves. The first thing the patient notices is warmth, which is the heat of the human electric waves going through all the nerves. The energy, recognized as heat by the patient, begins to relax and release the nerves and chords and the patient gets more freedom to move around. When the nerve building is completed the tension is released, there is normal colour to the skin and it is warm to the touch. He has fed and built the magnetic field with the correct mating fuel, and the magnetic field is now generating normally. Body heat is maintained and the entire system picks up its full activity.

When the natural mating current is lacking, people are aware of a craving. They seek to satisfy it with surplus foods. They eat, they believe, for energy and strength. What they receive from the surplus foods or drink is only a temporary surge of energy. The nerves are not being fed. In many cases allergies to food occur or indigestion. How can all the drugs and surplus foods or drinks replace the natural mating current that the nerves are craving?

I have watched the recovery of many of these types of ailments: nerve depletion, fuel and energy starvation. The pattern of recovery is interesting—interesting to the onlooker but puzzling and aggravating to the sufferer. In cases of long-standing nerve tensions, when the patient is coming out of his condition, all the symptoms of his illness and depletion repeat themselves, in reverse order.



The nervous system is sluggish and in spasm. The correct mixture of the energy current is then fed into the magnetic field. As the energy current begins to travel through the nerves, they react. The sensitivity is restored and they go through all the stages that they went through when going into the process of their slow starvation. The physical symptoms repeat as the nerves accept the energy current and a new level of vitality is being maintained. These are the disconcerting stages. The patient finds it harder to believe that he is being helped. He feels he isn't getting better. He feels exactly as he did six months, one year, two years ago.

In these cases recovery is slow. Treatment must go on for some time, slowly building the whole nervous system back to normal strength and vitality but, when that stage is reached, all the symptoms have gradually faded out and almost everyone boasts of feeling at least ten years younger.

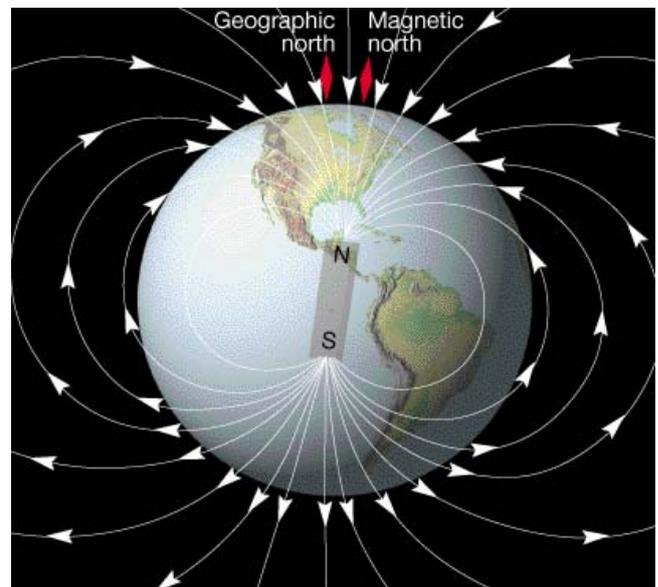
This person has told me that he has watched many recoveries over a period of years. When the nervous system is well built the body finds its own level. The majority of the thin people gain and those who are bloated lose without dieting. When the proper nerve energy level is reached, body chemistry and metabolism are normally regulated.

Our bodies are complete universes. We have the ability to conduct and control ourselves independently of man made requirements or restrictions. The key to life and living is the flow of energy. Conduction of the human electric current governs its function and heals or prevents its ailments. Our own direct wave from the ruling solar suns is life itself, our own solar system or magnetic field.

In talking about generation of energy he said, "The lack of knowledge on the subject is surprising. In discussing human generation most people look at me entirely blank. And yet it is in the world all about them. In animals it is natural. People see it every day and do not seem to

recognize what they see. In wild animal life it functions normally. The domesticated animal is subject to the afflictions of so-called civilization. Animals understand generation of energy and use it when necessary. Have you ever gone into a barn where there are horses and cows in freezing weather? When you open the door and walk in the first sensation is warmth. The barn seems warm. Why? Because each healthy animal is, in generation, warming himself and throwing off enough surplus heat to be noticeable. An animal usually will not perish from the cold where a human being will. Man does not know enough to start generation to keep himself warm although he is capable of doing so.

"Wild animals seek their own mates. They select individually and instinctively keep their energy current properly blended. Animals communicate with each other by waves. They also sense our minds. They understand our spoken word by the vibratory sound and familiarize themselves with what we mean by it. We talk about a dog knowing or accepting a person by scent. It isn't all scent, it is the generation of the individual wave length the dog recognizes. Upon working with them it has been proved to my



satisfaction. A dog will obey instructions given to him on the thought wave. He will receive the thought wave if he is alert. The fox is an intelligent animal. He not only can read one's mind but he has unusual reasoning power as well."

All this is in the world around us but some of us have not realized it. We seem to have lost the key. The key to unlock it is conscious generation of our energy and intelligent use of the power generated. The Power works through us, if we so desire, and will enable us to fulfil our needs. Complete flow of energy through the nervous system keeps the body in health and function. The human energy flowing through the mind opens and clears it, enabling it to reach for knowledge needed. The wave vibrations, through the mind, can be used as a method of communication. We can send out messages and receive them from others. Between two people of compatible signs in marriage these activities may become highly developed.



CHAPTER SIX

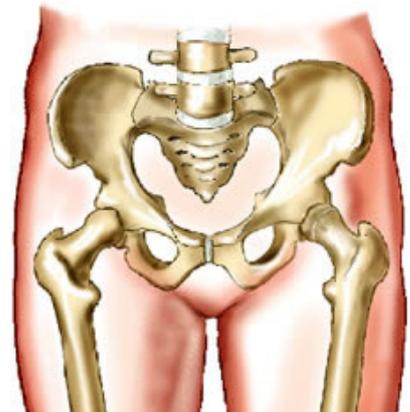
SPASTIC CONDITIONS

Spastic condition is a dreaded affliction which sometimes sets up a fear in people about to have children, knowing that it is usually caused at birth. I have watched this person work on several spastics and his work and results are thrilling and gratifying. The younger the child, the greater and faster the result.

Spastic affliction is caused by shock to the magnetic field, causing it to retain permanent spasm, thereby not drawing the required amount of energy through the lungs. The incoming energy current from the atmosphere cannot be handled by the magnetic field in sufficient quantity nor can it send the necessary nerve fuel through the nervous system. This sets up a shrinkage causing spasm of the nerves.



There are many degrees of spastic condition, at different levels of tension in children at birth, depending upon the nerve tension of the mother at delivery. It is, as a rule, easy to relieve spastic conditions if recognized a short time after birth. Almost anyone having the proper wave frequency to blend with the frequency of the afflicted child can feed the energy to his magnetic field by placing his hand on the child's pelvis, thereby releasing its spasm so that he can draw the energy through his lungs to the pelvis, thus energizing his nerve structure and thereby eliminating the spastic condition.



The longer the tension or spasm continues in the magnetic field, the greater the damage is to the body nerves and their structure, thereby making the tension more difficult to relieve. The younger the child the easier it is to help him by releasing the magnetic field. It is then strengthened by recharging it with human energy.

I don't think I will ever forget the first spastic that I saw him release and build. The baby was fifteen months old at the time and the mother told me that she had taken her to numerous doctors all over the state. The doctors could do nothing, only offer a thread of hope that she might grow out of the condition.

The baby's legs were straight and rigid, her little fists clenched and motionless since birth, and her head rolled about grotesquely. She had never held it up. We placed her on the desk before this person. He put his fingers over the lower abdomen, the magnetic field region, and directed the energy current through for a few minutes. She began to make restless, jerking movements.

He spoke gently to her, "You don't like it, do you?" with a smile. The energy was releasing the pelvic nerves in spasm. The nerves resent it at the start.

The restlessness stopped. Colour began to creep up into her cheeks, lustre to her eyes, and the waxy quality of her skin was replaced by healthy, normal pink glow. He removed his fingers, "Now, let's see you kick your legs. Pull them up—that's it—now kick them out."

I found I was holding my breath and let it go with a deep sigh as the little legs relaxed, came up and kicked the air and the fists unclenched as she made spontaneous baby gestures.

"Hold the baby up now," he directed the mother. "Now," speaking to the baby, "raise your head. That's the way, hold it up. Fine, now doesn't that feel better?" The head wobbled, jerked a few times, then slowly came to a normal upright position in obedience to his spoken words.

"We'd like to see her in two weeks. A few more times and she should be all right. "

The mother gathered the baby up, speechless at first. Then a torrent of confused words of gratitude poured out. There was wonderment, hope and thankfulness shining in her eyes.

When they had gone I turned to him and said, "That baby was not old enough to understand the words you spoke but she did just as you told her. How do you explain that?"

With a beaming smile he said, "No, she did not understand the words but her nerves responded to the vibrations of my voice."

I was beginning to get used to rabbits jumping out of hats at me, so I was not too surprised at this answer. But this rabbit turned out to be one of the strangest yet. What he told me staggered my senses. This man does not make statements that he has not proved for himself and can demonstrate. I did not then question the veracity of his words but waited for a similar situation and saw it work with my own eyes.

The next spastic baby was just a little over a year old, too young to understand more than a few simple words, but she obeyed the commands given her. Her legs stretched out, her fists opened and she raised her head to a normal, upright position for the first time by herself. Those words were beyond the intelligence of a normal, healthy child of that age. How could a spastic baby know what they meant? This is how he explained it to me.

Through lost knowledge the functions of the various parts of the body have been erroneously interpreted. The life force is of electric energy; consequently, the body must be mechanically constructed to conduct, transmit and be activated by the human energy current. Thought control, thought direction and discrimination are energy impulses supplied from the magnetic field to the subsidiary brain within the skull, thereby causing impulse reaction through the nerves, and their relay centres, affecting the movements at will of all parts of the human structure.

When he placed his fingers on the lower abdomen over the magnetic field of this baby, he relaxed and strengthened it, enabling it to draw more energy through the lungs. As the energy current travelled through the relays in the subsidiary brain and back, the circuit was established. With the energy current he put into the magnetic field, he sent with it the thought waves for action, the instructions for the nerves and brain to respond. The spasms were relaxed, the major brain was electrified and the minor brain

ready for response. As he spoke, while generating, "Kick your legs, pull them up, kick them out, raise your head, hold it up," the vibrations of his voice, the command given in his words to the thought implanted sent the impulse upward, and the controlling centres went into action and responded. The little legs pulled up, kicked out, the head raised and slowly came into an upright position. The thought impulse over those controlling centres or relays was started and they began to carry on by the repetitious impulse constantly received.

As the baby continues with her treatments, the muscles controlling the neck, back and legs will develop and strengthen by use and the normal progress and growth of the child will continue.

When Tommy C. was brought in both of his legs were drawn backward and twisted—a spastic paralysis from a birth injury. Tommy could not talk and was quite deaf but was as bright as a new penny. He didn't need words. His eyes and gestures left one no doubt as to his meanings. He made sounds and they ran the scale of tone and expression but he did not use his tongue and his lips to form words. Tommy's father told me his story.

"Tommy will soon be nine years old. He seemed normal at birth. We first found out he wasn't when he didn't walk. He was always good natured and seemed well until he was five months old. He had a high fever for a short time. The doctor didn't say what it was except that it was nothing serious.

"When he was three and a half we took him to a children's clinic. He was one week in the hospital for a complete examination. They told us that it was a spastic condition of the knees, perhaps from a birth injury. They wanted to operate and lengthen the cords of his legs, then put him in casts with weights on his legs. He was in a run-down condition so the operation was postponed for a year. We heard about an osteopath and took Tommy to him. He was going to make him walk. He used some sort of electrical treatments but didn't accomplish anything.

"The doctors ordered braces. They were made onto a pair of shoes but they were not successful. After wearing them awhile the skin on both legs was galled. He was in pain all the time so we took them off his legs.

"Oh yes, we knew then that he was deaf and could not speak. He makes sounds and noises and he points. He is bright and seems to understand everything. We were advised to have a tonsillectomy done. We did but we couldn't notice any effect from that. Then they made casts for both legs and split the casts so we could remove them. They were on for ten days and when we took them off, his legs were galled and bruised. The doctors were dissatisfied with that method of treatment and abandoned the idea.

"Tommy had picked up a bit and we were considering the idea of operating when he got whooping cough and it had to be put off again. Last September a friend recommended this form of treatment. He told us about another little spastic boy and what wonderful work had been done for him. We decided to bring Tommy up and just got here this summer. Several things prevented us, along with Tommy's getting the mumps.

"Tommy has had four treatments and I already have great hopes for more improvements. His legs have limbered up considerably and he is more active. This method of treatment is the only one that has agreed with Tommy. All the doctors just made him more miserable."

It was only a short time after I had talked with Mr. C. that Tommy had his treatment. Great shrieks and howls penetrated from the inner room. It didn't sound to me as though this person was getting along agreeably with Tommy.

"What were you doing to Tommy to make him yell so?" I asked after they had gone.

He laughed. "You know, sometimes after the vocal cords are energized they remain lazy. By exciting them through anger they will become active. Tommy wanted to hit me and just as his hand came close, by my giving him a quick twist he would miss. He became more and more angry. Pretty soon he'll get angry enough to talk, although he'll probably swear at me first."

At the end of twelve treatments Tommy was attempting to walk by himself from one piece of furniture to another. He had even attempted stairs and had done quite well. By gripping the rungs in the banister he had accomplished several himself. With his father supporting his elbows he could mount the full flight into their house. He was also starting to talk. "Mama," "papa" and "no" were distinct. The word "airplane" was recognizable. Tommy is responding to his treatments rapidly.

When he first came he had a spasm in the magnetic field and in his leg cords, causing shrinkage of the nerves, locking his legs in the jack-knifed position. By generating the human energy through the nerves it affected a release of the tension and there is no reason why he can't have full recovery in time. After three visits his ear nerves were relieved of tension so that the energy could travel through them.

He can hear now. His father says that he hears all small noises and can recognize an airplane by sound when he is in the house. He didn't talk before because of his deafness. There is a certain amount of laziness there. He gets along very well with his sign language but he is also using words now.

Several treatments passed before I saw Tommy again. I walked into the office and Mr. C. was sitting there. Standing by himself near a window, straight and tall, gazing down on the busy street, was Tommy. Even I was amazed.

"Has he done that before?" I asked.

"Not like that," Mr. C. told me proudly. "I think it is pretty good."

"Pretty good! I think it is wonderful," I said.

"It really is. It is wonderful," he answered quietly.



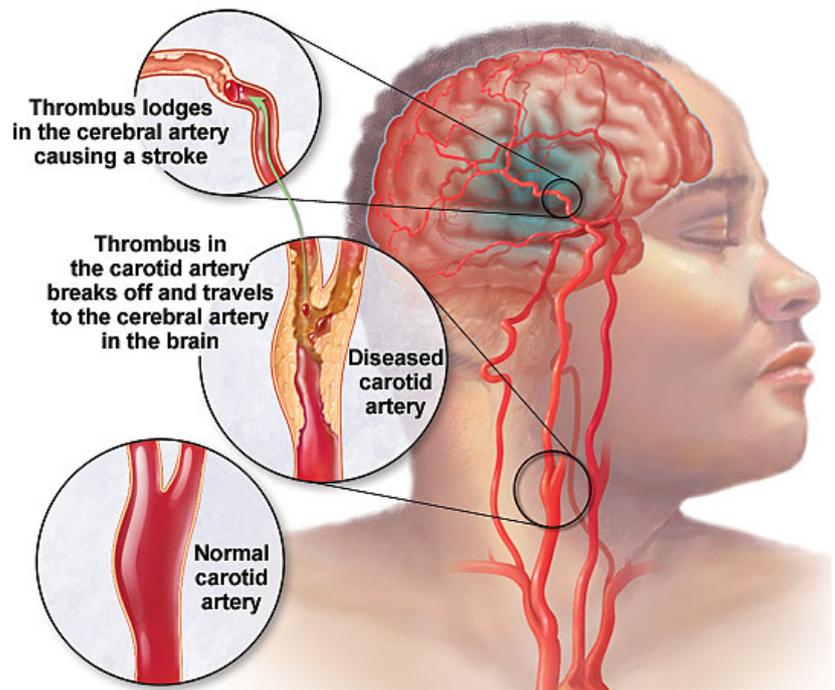
PASCAS
PAPERS

CHAPTER SEVEN

STROKE

A stroke has its origin in the magnetic field. One or more of the main feeders is put into spasm from a variety of causes. This spasm continues without relief to the point where the nerve or nerves cannot take it any longer. One violent seizure occurs and the nerves are paralysed.

The spasm in the pelvis, the magnetic field, creates a terrific nerve tension, causing pressure. The nerves can stand only so much pressure. When they reach capacity they will short out. The electric nerve lines from the magnetic field to the subsidiary brain are overloaded from the pressure and the weakest spot on those lines is the subsidiary brain nerves. When the pressure becomes too great, a fuse blows out. Just as an ordinary light fuse severs the lead by melting, so the brain accident occurs. The fuse in the brain tissue ruptures and severs the nerve line, disrupting the circuit. A degree of paralysis is the result.



The degree of paralysis indicates the quantity of the nerve supply involved. If there is movement or motion of the affected part, some of the subsidiary nerve supply is still functioning. Sufficient amounts of the energy current are passing over the small branches to allow motion. If paralysis is severe, or the paralysed part is completely dormant, only enough of the energy current is seeping through to keep the nerves alive.

I had never before seen the amount of restoration of the affected parts after a paralysing stroke or strokes until I saw this person restore them. His explanation uncovered many mysteries. All his work is seemingly incredible but the results are before the eyes. Repairing an electric line sounds simple, but realizing this person is doing it to human bodies, I find it most inspiring. This is how he told me he releases a stroke.

First the magnetic field must be relieved from spasm so that it can draw the energy to feed the nerve wires to their normal capacity. The energy is then increased in an attempt to make it jump the space that has been disrupted. If the circuit isn't completed, he tries to make contact with the magnetic field by generating the energy in the paralysed section, reversing the charge.

But the troubles all start in the magnetic field. The tension builds up in the pelvis and immediately registers on the heart. It can be heard in the heart vibrations and, by tension, starts the spasm, causing pressure similar to that of an over-loaded line. When the small nerves in the subsidiary brain exceed their capacity in tension, and spasm—then it happens—the same as blowing a fuse on an electric line—making a portion of that line dormant and causing a specific area to have a degree of paralysation.

"Don't you think," he concluded, "that these strokes could be prevented by releasing pressure or spasm in the magnetic field through feeding human energy current to that area, or properly blending their compatible waves so that the magnetic field would remain relaxed?"

One of his patients was in the final stages of recovery from a stroke. His entire left side had been affected. He had regained almost full use of his arm and hand, speech had cleared, his mind was clear and alert, and his left leg seemed normal except for a slight drag of the foot. As he walked the foot was relaxed from the ankle but the right outer edge of the sole was dragged along the floor.



After a treatment he was asked to get up and walk across the room. The drag remained. We directed him, "Pick it up, put it down, bend it, step forward from the ball of the foot."

Slowly he did it perfectly; with normal gait he dragged it again.

"That foot is open," this person said. "All the nerves are working right."

"You know what it looks like to me," I said. "As if he had forgotten how to use it, forgotten how to step on it correctly."

"Oh," he said, light breaking. "Come here, that can be fixed."

He put his fingers on the side of the patient's head for several seconds.

"Now walk across the room, pick your foot up and step forward on it."

The patient did as directed and left the office that day with a normal stride. The correct functioning thought was sent into the magnetic field with the energy current and carried to the minor brain. When this person placed his fingers on the patient's head, he regulated the nerve balance in the brain. The controlling centres to the foot and leg picked up the message, carried the impulse downward and the foot responded. The circuit was re-established from the magnetic field, the major brain.

Mrs. T. had received results from this form of treatment. As her arthritic condition improved, her cousin, Captain D., watched her progress with interest and acknowledged that she was getting better. But if she believed that she was getting better because a man told her he was relaying energy current to her through his fingers, she was as mad as he was. Hokum, that's what it was.

Then the Captain had two strokes. Mrs. T. waited a while then insisted that the Captain begin the treatments. But let me tell it as the Captain told it to me.

"I was going to sea on my own ship with the Merchant Marine until 1942 when I went ashore to a desk job. I had had a bad heart for years. I don't know what it was except that the doctors said it was fast and skipped beats. I doctored all the time but it didn't change any. The following summer I developed asthma and the next year I had to lay off work and retire. The asthma kept getting worse and then I developed dropsy.

"The doc put me to bed and kept me there. I was fighting for breath. I had to sit up all the time to be able to breathe, to get any air at all. He put me on digitalis, one pill four times a day. Four days later I had my strokes. The first one came at noon and the second that night. My whole left side was paralysed. I was foggy and slow mentally, my vision was blurred and the left side of my face and mouth were completely paralysed. My left arm and leg were dead; to move my left arm I had to pick it up with my right hand.

"The doctor filled me with hope to keep me quiet at first. After that he said there was nothing to do for a stroke but to keep very quiet. I was still fighting for breath and still had the dropsy. My legs and ankles were swollen big with fluid. The doc gave me pills for my kidneys and I was put on a diet. I had one quart of milk and one pound of fruit a day. I was weak from lack of food and that did nothing for my dropsy.

"I was in bed a month and when I began to get up I had to have help because I fell all over myself. I took some pretty bad falls but I wouldn't give up. I dragged my left leg and had a hard time keeping my balance—I was top-heavy. My mouth was drawn all out of shape. I couldn't get my dentures in so finally had to have them remade. I saw the doctor twice a month but didn't improve.

"My cousin was receiving remarkable relief from a long standing chronic case of arthritis by taking treatments from this person. He had also worked on my wife and helped her hearing—but I doubted whether he could do anything for me. Finally I consented to a treatment. He limbered the left leg and arm and that gave me more strength and control. He worked on my kidneys which caused large and more frequent eliminations.

"The next morning I was able to make the trip to his office although my wife had to go with me. He treated my heart and kidneys first and built me up so that I could commute daily. Eight days later I was much stronger and I told my wife that she could stay home. I walked two blocks alone without help and took the train across the bridge. I had quite a bit of confidence by then and handled myself very well.

"I was still taking the digitalis but it was bothering me. It just didn't agree with me so I spoke to this person and he told me to ask my doctor about it. I didn't see the doctor. I just tapered it down one pill at a time. After a few weeks I discontinued taking it entirely.

"I had a treatment every morning and at the end of six weeks I was generally better but he still hadn't gone to work on my arm or leg. He continued to build my heart and kidneys and I was getting rid of the dropsy. I was eliminating large quantities of fluid all the time from the kidneys and from perspiring. My legs were going down in size. I forgot to tell you that my left hand, the paralysed one, had been

terribly swollen with fluid. The back of it stood up at least an inch higher than the other one. Now all the fluid had gone out of it. It was normal looking again.

"My breathing was much better by then. I had only been able to get air down a short way in my chest but now it seemed that I could breathe way down to my pelvis. My chest soon cleared up entirely.

"By spring my kidneys had gone back to normal, all the fluid had gone from my legs and ankles and they were normal in size and have stayed that way. Then he began to work on my arm and leg. I took several treatments before I could get my arm up over my head, but at the end of a month I could use my arm and fingers. I could dress myself alone and I could put my shoes on, cross one leg over the other and tie my shoe lace.

"I was sleeping well every night, six or seven hours without waking. There was steady improvement. I postponed my treatments and took a trip north for three weeks. When I came back I began with three treatments a week. I was having more use of my arm and hand and I was no longer dragging my foot when I walked. In June I was having just one treatment a week and was doing very well. During the last week of July I drove my car for the first time since September of the year before. Before I drove it, though, I overhauled the engine. I was able to handle the tools and control my hands very well.

"This person went on a two-month vacation at the end of July and I was fine for a while. A couple of weeks before he came back I had a set-back. I got short of breath, couldn't sleep and my chest filled up. I had to take it easy. When he got back he gave me a treatment. I let down right away; I can breathe better and really sleep now. I'm feeling like myself again. My heart doesn't bother me any more and my chest is clear. There is also an improvement in my eyes. Just before the strokes I had new reading glasses and they were pretty strong. After the strokes I had a hard time seeing out of them. Now I can't see out of them at all, they are too strong. My eyes are still changing and getting stronger."

The Captain got too ambitious, causing the setback. He overtaxed his energy, setting up a tension in his magnetic field affecting the flow of energy to his heart. His heart is smooth and steady but it will take a while longer to make it secure. There is still a nerve tension in his arm and leg but that will automatically release after his magnetic field is strengthened so that it can draw sufficient energy to feed those nerves.





“Every day is a day of devotion.”

Please Mother and Father, may I receive Your LOVE.

God's Divine Love: Pray for it, ask for it, and receive it.

Our salvation IS the embracement of the Feeling Healing process and Divine Love.

By living true to ourselves, true to our feelings, we are living true to God. It's that simple.

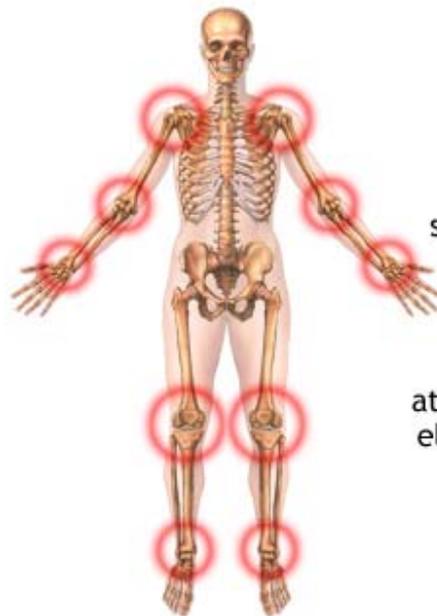
CHAPTER EIGHT

ARTHRITIS

The lay person today is nearly as well informed on the subject of arthritis as is the medical profession. It is a frequent topic in general conversation. Lengthy articles are published in all the leading magazines. A great deal of research and experimenting is being done all the time. New drugs, new treatments are being brought out. Some give temporary relief to a few; others receive no help at all. There are a number of victims I know personally, and they are always exchanging remedies and willing to try anything new that they hear about. There have been several who have come to me as a nurse, wanting me to recommend a doctor who is specializing in the treatment of arthritis and giving his patients relief. I have nothing to offer them; there is no doctor I know getting remarkable results in his treatments. I have heard too many of them freely confess that they know very little about it—how to check it, how to cure it or how to prevent it. Among them also are many who need help and relief.

The development of arthritis is slow and painful and, in some types, there is the inevitable result, complete disability. The victim can only accommodate himself to the process, and in one instance I know personally he has gratefully accepted his fixed joints because the pain is less.

Until I became familiar with this theory I also thought the arthritics had little hope for relief. However, this work and its results are most gratifying. Arthritis is no mystery to this person. It is simple cause and effect and, as in everything I have witnessed, his theories prove themselves in treatment and relief.



Rheumatoid arthritis usually affects joints symmetrically (on both sides equally), may initially begin in a couple of joints only, and most frequently attacks the wrists, hands, elbows, shoulders, knees and ankles

 ADAM

There is always a cheerful atmosphere while he works on a patient, but when he works on an arthritic it borders on hilarity. I was astonished at first and then greatly entertained. As he burns out the rust and oils joints, I am always reminded of the Tin Woodman of Oz who was caught in the rain.

"How does calcium form?" I questioned.

He replied, "If you analyse the condition, don't you think arthritis originates from the lack of sufficient human energy through the nerves to keep the calcium liquefied in the system? Doesn't nature make use of the nerves in solidifying the calcium to mend a broken bone? And if the nerves are weakened to the same degree as they are in the breaking of a bone, won't they start solidifying the calcium in the system, plating joints and forming deposits?"

"Often in the case of a broken bone the calcium plating will cause extra deposits around the break, affecting the nerves and causing pain and lameness of the part for periods of months or even years. This can be eliminated almost immediately by increasing the energy through the nerve afflicted so that it can dispose of the calcium. Many people, after five minutes of human energy, have no further use for their crutches."

As he further explained arthritis it is only another manifestation of improper function of the nerves, lack of natural fuel. There are several causes creating the different recognized types of arthritis.

Fundamentally, the action of the nerves is alike, only the causes being different. One cause may be from infection in the body, another from injury to the nerves, acute or chronic in nature, and the last, as he terms it, shrinkage of the nerves themselves from fuel starvation. Whatever the initial cause the nerves have lost their required vitality and are not adequately conducting the energy current through the body, thus maintaining proper and efficient systemic activity.

The normal calcium content is circulated and utilized by the body in liquid form. The magnetic field and the nervous system constitute the motor in us that makes us operate. As parts of the motor slow down, the calcium is not handled correctly by the body and some of it solidifies and begins to coat joints at the points of the sluggish nerves. When this process first starts, the calcium is of the consistency of sandpaper. He calls it rust or plating. With movement, the nerves consequently are in contact with this rough deposit and pain and irritation are set up. As the deposit is increased the nerve is further inhibited in its activity until it is finally imbedded solidly in a heavy calcium deposit. The joint is frozen, immovable, and gives the typical knobby, distorted appearance of arthritis.

When arthritis is caused by infection in the body the toxin thrown off by the infection sets up the irritation to the nerves. The system is struggling with the infection and there is not enough increased nerve fuel supplied to the nerves to eliminate through the kidneys the extra burden put upon the nervous system by the infection. The plating of the calcium begins and, unless the nerves are supplied with increased amounts of normal nerve fuel, the whole nervous system begins to run down and the calcium deposits increase.

In the traumatic type or that due to injury, a blow, or constant, mild jarring of the body, frequently brought about by the type of work one does, the nerves begin to spasm from the shock they receive. As they spasm the requirement of the energy current is not circulated through the nervous system, the body is not supplied its necessary energy and the calcium deposits are started.

The general shrinking of the nerves is brought about by complete lack of the required supply of the energy current from the magnetic field.

I have seen cases brought in in wheel chairs or shuffling in on canes and crutches. To see them one would think they were hopeless. They represent a long slow process but they are seldom hopeless to him. Almost everyone is given relief from pain in a very few treatments. The calcium deposits are dissolved by human energy and most of the deformity removed. The patients are put back on their feet and are able to walk and move about, but restoring the nerves back to normal strength to prevent further spasm, shrinking and redepositing of calcium takes a great deal of time.

When the energy current is distributed the nerves are usually immediately released from spasm and the charge of energy is carried through, relieving the weakened condition. Joints are usually relieved so that they can work again. With certain formations of the energy he applies to the calcium deposits, the deposits soften and crumble under his fingers. I have put my fingers on the solid deposit and felt it begin to soften and crumble as he puts the energy through. When the mass has softened he manipulates the joint, grinding the calcium in the socket and reducing it to a form that the system can handle. He then directs the nerve supply to the kidneys, strengthening them for heavy elimination. All the nerves are carrying the energy current by then and the system reassimilates the calcium turned back into it and then throws off the waste, which is taken up by the kidneys and eliminated in a matter of hours. The waste is thrown off in almost pure metallic form and so considerable kidney and bladder irritation occurs.

The dissolving of the solid calcium must necessarily occur in stages and degrees. While nerves are still weak and in spasm, calcium will redeposit. The revitalizing of the magnetic field and the individual nerves goes on for quite a while, for only when the nervous system is strengthened by an unobstructed flow of nerve fuel is arthritis conquered. He always explains to his patients how they can eliminate most of the pain by the use of their own magnetic field.

When one comprehends the mechanical action of the energy current over the wires of the body, he may then begin to control much of the nerve actions and reactions. After the magnetic field is strengthened, it draws in larger amounts of energy, stimulating the flow or circulation all over the nervous system and equalizing and distributing the energy to all parts of the body. As I have watched him work I could not help comparing his working methods with my own experiences.

"What you do to arthritics shouldn't be done," I said. "Yet you get results. In fact, it is the only thing I have ever seen help arthritis. I have seen you work on some terrific joints. If I were taking care of them as patients they wouldn't let me touch them, but you practically take them apart and put them together again and they don't mind. What do you do to the calcium to dissolve it; how do you use the energy current?"

He laughed. "It does look cruel, doesn't it? Doctors have watched me and they have gotten very excited. 'Why, you are ruining that joint!' But the patient would get up and walk much better and be able to bend the joint with less pain."

To dissolve calcium first a charge is put in the magnetic field increasing its strength to draw more energy to feed the afflicted parts, thereby alleviating some of the intensity of the pain. Then an attempt is made to open the circuits to the afflicted area since, generally in a frozen joint, the circuit to that area is partially dormant and that lets the energy through. Next the patient's proper fuelling current is transmitted through one hand and neutral current through the other hand. When the two waves meet they act as a short circuit and form heat. This usually begins to soften the calcium deposit; then the afflicted part can be moved and that grinds up the deposit. One can feel it grind.

I have seen them hobble in with a knee joint enormously swollen and as hard as one's head. After about five minutes of the softening treatment I have put my fingers on that hard mass and it has turned to a pulpy mush. I didn't believe it either until I felt it. When it is of that consistency he rotates the joint in the socket.

It may take several times to soften and loosen those big deposits. The magnetic field building strengthens the entire nervous system, which speeds up and regulates the whole action of the body. The softened calcium is absorbed, the system takes and uses what it needs and the waste is thrown off through the kidneys. None of the patients like this stage. All the nerves are awakened by the increased energy and the circulating of the calcium annoys the patient because it irritates the entire system. It keeps him at home and usually interrupts his night's sleep. This form of softening calcium and grinding the joints should be continued for some time to prevent the calcium from resetting. When the calcium deposits are eliminated it takes time to relieve the tension and depletion remaining in the nerves which originally caused the affliction, enabling the nerves to release their tension in the joints and allowing more freedom there. It usually takes considerable time but the patients seem grateful and pleased with the results.

I have seen the results and talked to the patients. From almost helpless cripples, worn out with pain, they are now almost free from pain and are resuming the activities of normal life.

To watch him treat these patients is almost as good as a circus. The most marvellous, and on the surface the most baffling, is his control of pain. He takes the pain out first and then does his softening and grinding. At that stage the patient clutches the arms of the chair, braces himself, clenches his jaw and waits for the pain to begin. There is little or none. If any starts most of it is immediately shut off, soon the whole process causes the victim little discomfort. The facial expressions run the gamut and the vocal expressions should be recorded; they are all highly entertaining. In a short time the patient has relaxed after much prompting and then takes an interest in the procedure. His expression is such that he doesn't believe what he sees. That can't possibly be his leg! Incredulity and confusion run riot over his face.

A little old lady hobbled in for her first treatment, stiff, awkward and full of pain. She had arthritis in both arms and legs. She had been ill for seven years and at one time was not able to walk for eleven months. Her knees, ankles and toes were fixed. She complained of a pulling pain in her left chest. He started in, fingers here and there, over the chest pain, the neck, both shoulders and then the magnetic field. He had distributed enough energy current to start to work. There was evidence of calcium in the right shoulder, elbow and wrist. The chest pain was better; she could breathe deeper. He ground the calcium in the right shoulder, winding her arm around like a crank. The funny expressions began to play across her face.

"Now raise your arm straight up over your head."

"Why, I can't. I haven't been able to comb my hair; I can't get my arm above my shoulder. "

"You can now," he laughed at her. "Go on, put it way up."

She tried, doubtfully, carefully and experimentally.

"Come on—way up and over—throw it up."

She did. Up it went almost straight. She waved her hand over her head; she bent her elbow and patted and arranged her hair. The pain in the left chest was better but there was still some pull. He went to work on her left knee, softening the calcium. The knee was very large and quite stiff. She began to grow interested.

"Can you move it now? Kick it out."

She tried. There was not much improvement. Then there was more softening and it began to move.

"That's good," she said. "Burn it out."

He ground the calcium and she sat there, fascinated and pop-eyed. The pain in her chest was better. His fingers went down her leg. The big toe was stiff and enlarged.

"That's been a bad one; I have to be very careful how I wash it. Be careful—that one hurts."

"It doesn't hurt now, does it?" he said, pulling it and manipulating it. She looked at the toe, looked at him and back at the toe again.

"No," she said carefully. "No, it doesn't."

When he had finished he said, "Now where is the pain in your chest?"

She felt around—she moved—she breathed deeply. "It's gone; I can't find it."

"All right, now stand up. Put your foot up onto that chair as if you were going to step on it."

"Oh, I can't—I can't get my leg up—my knee won't bend."

"Won't it?" he winked at me. "Try it now and see."

She measured the distance from the floor to the seat of the chair. She looked at her foot and her knee and then at him. She glanced around for something to hold on to. There was nothing. He sat there, relaxed and smiling. She gathered her courage and determination, set her jaw and up came the foot onto the seat of the chair.

"I thought you couldn't do it," he teased.

She looked as pleased as a child on Christmas morning.

"I thought I couldn't either."

Mrs. H. had had arthritis for twenty-two years. "It first started in my left arm," she said. "There was sudden and severe pain; the arm locked immediately and remained locked all those years until I began treatment with this person."

"After it locked the pain disappeared. Six years later the pain returned—all over me then. I had my tonsils removed but I kept getting worse all the time. Both knees were swollen and the pain was constant and severe. The cords of my legs were drawing backward. I went into a hospital for the cords to be stretched—traction, I think they call it. Anyway, they put weights on my feet to pull my legs out, to stretch the cords. I was there two months and I lost a great deal of weight. I came home from the hospital and was in bed for months. They had stretched the cords but I couldn't walk. Then the cords started drawing again and I went back to the hospital.

"They put the weights on once more and then casts. When the cast was put on, my left leg was twisted. They were on two months and when they were removed my left leg was turned out from the knee and has been twisted ever since. After the casts I wore braces which weighed four pounds apiece and I had to get around on crutches. I was in intense pain all the time, for the arthritis was all over and my hands were very bad. I had also lost a great deal of weight again. I was in and out of the hospital until 1931. I wore braces and used crutches for three years. In that time I had some intervals of relief from pain.

"In 1938 I had my fifth child. I don't know how I went through with the pregnancy. The last two months I could hardly walk but when it came time to go to the hospital, a miracle occurred. There is no other way to explain it. I couldn't get from room to room but I was suddenly made strong enough to get out to the car and to the hospital. Do you know, I could hardly feel the labour pains. I was numb. When I came home from the hospital I took care of the baby myself. She was a beautiful and normal child.

"In 1943 I spent one month in a sanatorium. They gave me excellent care but could not find out the cause or give me any help. The next two years I spent mostly in bed. During that period I developed terrific pain in the right side of my neck. I couldn't move it. Then my eyes became red and sore—terribly inflamed. A doctor gave me a salve which relieved them somewhat. He said then that I was going through the change of life and that these things were part of it.

"During the winter of 1944 I started having convulsions. The first one I had my husband called the doctor and he was there when I woke up from it. He gave me a shot of some sort but it didn't help. He told my husband that he couldn't do anything for me—that doctors were baffled with arthritis. He said there was no use in his coming regularly, we would only be throwing money away.

"I was in bed not able to get around when I heard about this person. I made up my mind to get out of bed and get down to see him. You remember the first day I came here?"

I do remember that day. Mr. H. had carried her into the house to the waiting room. From there to the treatment room, with his support, she was able to shuffle her feet and, by swinging her body, propel herself slowly forward. Mr. H. lowered her into the chair where she sat a stiff, twisted, little piece of humanity that made one's heart ache. Her left arm was bent at the elbow and drawn to her side. All her fingers were extended, stiff and awkward. She had a partial movement of her right arm with no action from the elbow or wrist. In a standing position her knees were bent and her left leg and foot were turned outward and the right, slightly inward. Sitting down they kept the same position. Her feet weren't really feet, both ankles were enormously swollen and fixed. They were just solid, useless blocks at the end of each leg. Both knees were greatly swollen and entirely immovable. She looked so

little and thin—just dry skin stretched over horribly enlarged joints. But she was smiling and friendly and cheerful.

We watched her progress into the room and after she was seated questioned her regarding her condition. She said she had had arthritis for many years. She was told that she might be helped a little but that it would take a long time as there was a lot of work to do.

We come back to the present. She walked down the hall after her treatment into the room where I was. She greeted me with remembrance, walked over and with just a little help from her husband sat in a chair across from me. I was amazed at the change in her in just a little more than four months. Her face had filled out; she looked healthy and at least ten years younger. She was eager and bubbling with animation and enthusiasm.

"Look at the things I can do now," she said. Her ankles and knees were normal in size; she could move her feet to a considerable degree. Her left leg was noticeably more nearly straight. Her left arm she could now extend from her body and she was able to wiggle all her fingers. She held her head erect and turned it from side to side—not full motion yet, but she could turn it.

She said, "I can now walk up the steps of the house. The first change came after just a few treatments. I used to almost freeze in bed; I had to have hot towels around me. After the first few treatments from this person I began to get warm, even my feet. After the fourth treatment my daughter noticed that I was walking better. I didn't tell her anything about it. I wanted to wait a little while and see what the treatments would do. Then one day a neighbour came down and wanted to know what new pills I was taking. She said she had never seen such a change in a person. I told her I wanted to wait for several weeks and then I would tell her. But she insisted so I told her about it.

"You know, life begins at forty they say, but life began at fifty for me. I am such a different person. I used to be quite hard of hearing in my left ear. Just the other day there was a popping and cracking going on and now I can hear clearly. Previously I used bi-focal glasses but since I began following this theory my eyes have cleared up rapidly. Six weeks ago I took my glasses off because I could not see with them on and have not worn them since. Also, before beginning with these treatments I had a terrible time signing my name to anything. I had difficulty in holding a pen but now I can write quite well. I write to a son overseas and the other day we had a letter in which he had noticed the improvement in my writing. It's easy now because my hands move. But that isn't all; I can wash, iron, dust, vacuum, darn and can even bake a pie and a cake."

I have tried to give you a picture of Mrs. H. as I saw her and the story of her suffering and improvement. For twenty-two years her normal activity was handicapped although it left no mark on her disposition or personality. Her release and her reward are now in sight—she is receiving relief.



CHAPTER NINE

SLEEPING SICKNESS

It was interesting to me to see what this person would do when he received his first sleeping sickness case. The patient's wife accompanied him for his first treatment to interpret because his speech was too difficult to understand. When he was stricken it was diagnosed as sleeping sickness and he was hospitalized, attended by two doctors—a general medical man and nerve specialist.

"I questioned, "How sick were you?"

"I was very sick. I had a fever of 102°F and my throat was very swollen. Swallowing was difficult and speaking was almost impossible. I had a very hard time forming words and when I got them out, no one could understand them. Breathing was a great effort. I could not breathe deeply and I still cannot.

"They gave me penicillin, one dose every day for ten days, which helped. I left the hospital on the tenth day. I am a little better now and have not seen a doctor for six months."

"Were you terribly drowsy and did you sleep a lot?" I questioned.

"Yes, there were periods of sleeping and periods of extreme restlessness."

This person, with a very surprised look on his face and disappointment in his voice, said, "Is that what sleeping sickness is like? It seemed to me that sleeping sickness would be pleasant. While you were sick you just slept it off. You could sleep all you wanted to and wake up well."

When our laughter subsided, he said, "Now let me listen to your vibrations."

There was spasm of the magnetic field, tension in the cords to the neck and tongue, a jumpy and laboured heart beat and nerve depletion.

Let me give you a picture of Mr. R. as he sat there. A tall man in his early forties and, quite obviously, not well. His eyes were dull; his skin was putty white, dry and lifeless; the cords of his neck were prominent and noticeably under tension. His breathing was laboured and shallow. When he spoke it was with much hesitation and considerable effort. Most words were indistinguishable and he had marked difficulty with the sounds "s" and "th."

At the end of five minutes of the energy current into the magnetic field, the spasm completely relaxed. A transformation had taken place before our eyes; colour had slowly crept back to his face until all the skin was glowing and vital. Light came back into his eyes, increasing to a brilliant shine. He took long, deep breaths, filling his lungs hungrily.

This person placed his finger tips on the cords of Mr. R.'s neck. After a few moments he said: "Now, say something; talk to me."

Slowly, but quite clearly, and with only slight hesitation, he replied, "I feel very much better; I can breathe deeper and swallow more easily."

From the first treatment he has not lost his colour and healthy normal appearance. Breathing has continued to be easier and swallowing, without effort. After his third treatment he was asked:

"As a business man, what would you say is the percentage of improvement that has taken place in your condition?"

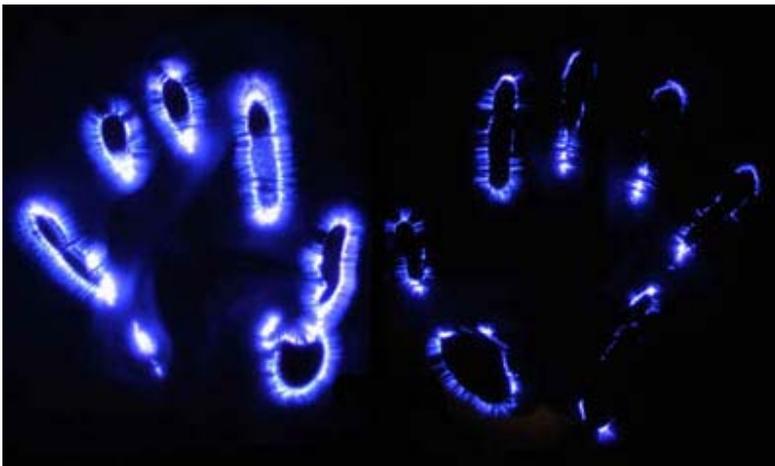
"Before your treatments," he answered carefully, "my speech was completely blocked every evening; I could not talk at all. I would say my speech has improved fifty per cent, the swallowing one hundred per cent, and in general over all improvement, thirty-three per cent after each treatment. "

When we discussed it later this person said, "It was interesting to me to know that he had had sleeping sickness, not having come in contact with it before. What do they say causes sleeping sickness?"

I told him that I didn't know much about it; that it was supposed to come from an insect bite, that you didn't catch it from another person.

He said that that seemed strange, that in listening to the vibrations there didn't seem to be any infection. They denoted magnetic field depletion, causing some facial paralysis and spasm of the neck cords.

He continued, "After the energy was sent into the magnetic field with the right frequency, the magnetic field was able to draw the energy through the lungs thus strengthening the nervous system. This enabled me to release the tension in his neck and the paralysis in his face. As you see, this was done in five minutes. If all other cases of this type are like this one, don't you think it would be easy to help them?"



PASCAS
HEALTH



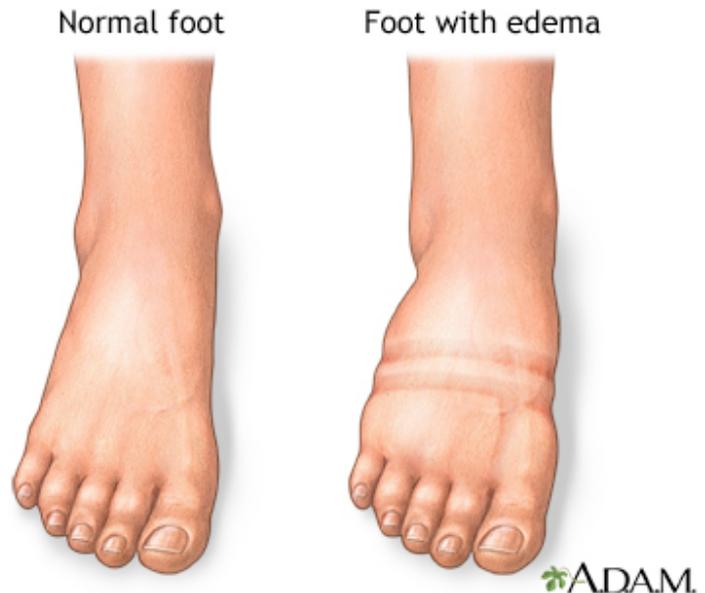
CHAPTER TEN

FLUID ACCUMULATION

A professor with an extremely painful foot asked this person if he could help him. After a few treatments, I went along, too, as I was anxious to see the foot.

"I had what I believed to be a callous on the bottom of my left foot," the professor began, "which, from time to time, I carefully trimmed. About three years ago I cut too deeply and started an infection. My doctor treated it but it was a long, slow process; it would drain, heal for a while and be better, then open up and drain again. The swelling would go away and then return.

"About a year and a half ago it grew rapidly worse. I was put to bed and, I assure you, all this time the foot and leg were most painful. After quite a period in bed I was allowed to sit up with my foot on a chair. I might still be sitting there if I had not insisted I was going back to work.



"I have seen many doctors since then and have had many diagnoses from 'Plantar's Wart' to 'I don't know'; and they had me in an unhappy state of confusion with their contradictions. The last doctor, for a fee of six dollars, named it 'papilloma.' I stopped there. Papilloma, I felt, was more suitable to a scholar and a gentleman. So papilloma it has remained as far as I am concerned.

"But what's in a name? The foot and leg remained crippling and torturing. A diagnosis did no good without a cure and they all failed there. You may call it anything you choose—just go ahead with your work and get me well. I have work to do."

With a wave of his hand, he settled back into the chair, closed his eyes and sank into profound meditation or complete relaxation. I could not be sure which.

This person then explained to me:

"The appearance of the foot at first looked as though it were an infection from the old wound on the bottom, but the wound was closed at the time and there was no drainage. The foot and ankle were all out of shape and the swelling reached to about two inches below the knee cap. From the toes, over the instep including the ankle, it was terrifically swollen. The skin was stretched tight. It was fiery red and glistening, and heat was radiating from it."

"I know," I said. "I've seen swelling like that, so hot you could warm your hands over it."

The professor roused, opened his eyes and gave me an amused pitying look, "My dear young woman, you could have lit your cigarette from my foot!"

This person resumed, "The pressure from my fingers caused deep imprints to remain in the flesh. Wouldn't you surmise that that was an indication of fluid accumulation, not all infection? It coincided with his appearance, pasty skin and puffiness all over his body. His vibrations indicated a depleted magnetic field and a heavy fluid accumulation throughout the body. My intuition told me to steady his heart, build the magnetic field and not bother with the foot now.

"By generating the energy into his heart nerves they were slowed down and cushioned. The energy released the spasms from the magnetic field and strengthened it so that it could draw the necessary energy through the lungs to feed the nervous system including the kidneys. For good measure, a charge of energy current was sent through the foot nerves."

The professor became animated again. "For that, you have my blessing," he said. "The constant and severe pain I had left me immediately and has not returned. For some of the other things, I withhold my blessings; for instance, what you did to my kidneys."

This person shook with laughter. "Do you mind repeating what you told me?"

"Not at all," the professor replied with mock seriousness. "I had three treatments in one week, at the end of which time my dignity was completely demoralized and I was transported back to my childhood. The nerves to the bladder woke up. I was quite conscious of them and their increasing frequent demands. I had to retire from all public life and was reduced to the state of a dancing child, loudly telling his mother his urgent need.

"To add to my indignities, I began to perspire. Let me correct that, I sweat! My nights were turned into hideous hours of toil; I was mopping, mopping, constantly. I changed pyjamas twice a night and shifted bed linen until, by morning, there was nothing dry left in the room. I was a busy, unhappy man, but the most outrageous part was the terrible odour I had to put up with. I shall never cease to be grateful that I remained a bachelor; if not I am sure I would have lost my wife in the ordeal I went through for a week."

When we had finished laughing this person finally managed, "Sorry, but these descriptions are always funny. When the patients come back in they are all furious. The way people describe their reactions amuses me. 'You are ruining me; I won't have anything more to do with you!' But they always come back for more."

Then continuing more seriously, "When the magnetic field is strengthened so that the nerves can receive their proper energy, the kidneys begin to do their work and the whole system starts to eliminate the poisons. As the toxins eliminate, the patient starts to improve."

At the end of three weeks the professor was well on the road to recovery. His skin had regained a healthy, pink tone and all puffiness of the tissues had disappeared.

For the better part of a year he had lost his sense of taste. All foods seemed alike and he had no appetite. Now he was eating well and enjoying his meals with no after distress. There was a general all over

improvement and feeling of well-being. The heart rate was slower and more normal, breathing much easier and his disposition had returned to normal. In the beginning of the nerve building almost everyone reacts in disposition and temperament and the professor was no exception. We were amused, knowing it to be only a brief phase of the recovery.

At the end of the second week of treatment work was started on the foot itself, in addition to the continued building. At the end of the third week the foot was one-third less in size, the swelling and puffiness in the leg almost all gone, the redness and heat faded entirely. The foot had some discoloration, comparable to a fading bruise. Sensitiveness and nerve sensations were increasing. The old wound which had opened during the time the fluids were being eliminated from the body was now closed and had started to fill in.

LIVE FEELINGS FIRST



CHAPTER ELEVEN

RHEUMATIC FEVER NERVES

Rheumatic fever and this person's results in working with it interested me greatly.

"You have observed that little boy from the time he was first brought here," he said, speaking of a child who had just left. "He was lacking in energy and was feverish, especially in his joints. You felt his pulse at the start, pounding, irregular and under strain. It sounded like a valve leak in his heart. That was what they tell me is a typical rheumatic heart.

"Many children have been brought to me with similar symptoms which revert back to a weak magnetic field from birth, resulting in tension throughout the nervous system including the nerves which control the heart valves and the heart.

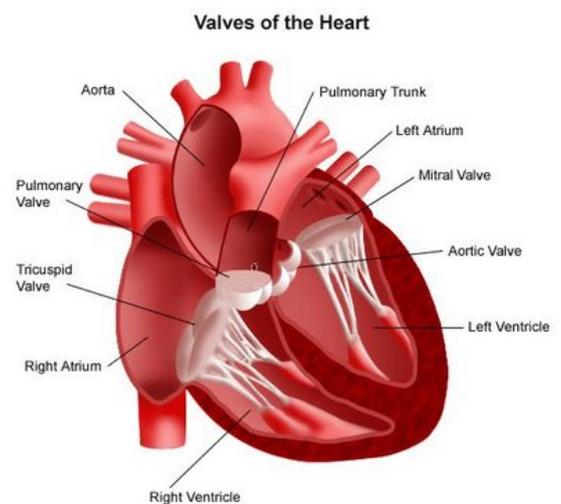


"As you see, when the spasm is relieved from the magnetic field the heart equalizes itself, due to the increased flow of energy through the nervous system, and a charge of energy through the heart valve nerves eliminates the blowing sound. Then the natural flow of energy to these parts keeps the machinery running.

"It is difficult for me to understand how this could develop from an infection. There was no infection that the family knew of—he had been weak and ailing from birth.

"Those children usually are the result of a magnetic field depletion in the parents and, as a general rule, the mother is in extreme tension all during her pregnancy and especially at delivery. The spasm and tension should be relieved from the magnetic field by the generation of human energy before delivery, thus causing an easy birth.

"Another similar case was that of a child whose brother was spastic from a birth injury. While his mother was carrying the second baby she told me that she was frantic for fear that it might be another spastic. Her fear created tension in her magnetic field causing the baby's magnetic field in turn to be in tension or spasm at birth. Now she is two years old and all these symptoms are showing up, as you see. These symptoms are fever, nerve spasms and



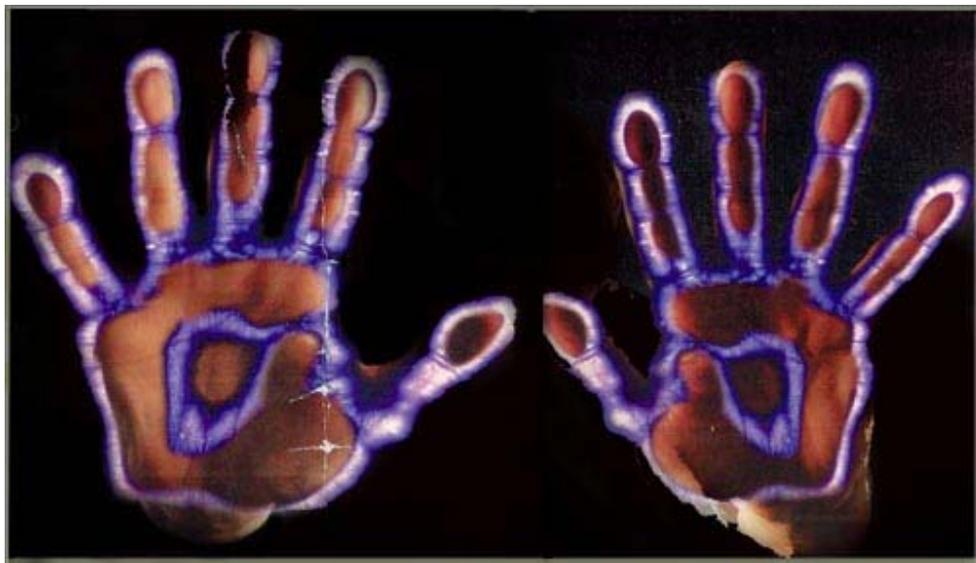
heart strain, with a valve starting to weaken. The doctors referred to this case as rheumatic fever to the mother."

This baby had an over-abundance of nervous activity; it was impossible to keep her still. She was just two years old and as tiny and perfect as a Dresden figure. When I saw her, she wore a miniature blue coat and bonnet and was as darting and as restless as the bluebird she resembled.

Her mother was alarmed about her and brought her in for treatment. The baby had had a fever of 105°F three times in two months. Under doctor's orders she had three series of sulfa drugs. The fever had finally broken, only to return a short time later. The apparent cause was enlarged tonsils, and tonsillectomy was recommended. She was advised to keep her quiet because her heart rate was much too fast, but that had proved an impossibility. The mother is a graduate nurse and was fully aware of the hazards involved. She brought the baby in before she decided on the tonsillectomy.

In three treatments most of the baby's artificial pep was gone and her heart rate was slower. She was quieter, relieved of tension, and more willing to play quietly and submit to an afternoon nap. Her fever had subsided and her mother was elated with the results.

"Don't you think," this person added, "that it would be an advantage to an expectant mother to know whether her magnetic field was supplying the proper energy to the nervous system, thus relieving bloated pressure while carrying, and eliminating considerable stress, excess tension and pain at delivery?"



FEELINGS FIRST For Kids

CHAPTER TWELVE

CONCLUSION

There are times, it would appear, that I am becoming an animated question mark, but the answers this person has and his demonstrable proof only whet my interest and foment new ideas and new questions. The answers he gives are new and startling to me and, on first encounter, will probably be hard for some to accept but his theories prove themselves over and over again.

During my first few months of contact with him and my early education in his work, I wondered greatly how his teachings and explanations would be accepted and believed, but watching his patients and listening to them talk changed my mind. They are all interested and bewildered but elated with the results. His explanations to date have been purposely and necessarily brief and vague. They listen intently, amazed and surprised, but never scornful. The result taking place in their bodies is proof enough for them. In conversing with many of them it appears that each one has given it considerable thought and worked out an acceptable explanation for himself based on his understanding of the human body and the general principles of electricity.

We are witnessing and sharing in tremendous developments in the field of electronics. Many developments we know and many are yet to be explored. If this great universal knowledge and force can be employed in mechanical progress and development, surely it will work for and through us as human beings, for we are the most awe-inspiring piece of machinery ever devised and our aliveness, our self, is the very essence of electronic force.

(I wrote the preceding paragraph in June, 1945. In putting the book into shape I was about to discard or rephrase it but changed my mind and have allowed it to stand. In August the first atomic bomb was dropped on Hiroshima. After this demonstration is there anyone qualified to question what can be done?)

In conclusion, here again are his theories: **All knowledge of everything in the world stems from one established force, Universal Wisdom. The wave energies blending from the three ruling solar suns maintain life; from this power comes all creation, all intelligence. All that man has brought forth in wisdom, teaching or invention—knowledge, unchanging and unalterable, containing every reason and riddle of mankind and our existence on Earth—comes through on the waves. From this source comes the wisdom and development of life itself. The pattern is timeless and ageless; it always has been and always will be.**

The wisdom is in the waves and could have been brought forward in any age. The Power is universal and eternal. The knowledge could be brought forth in every civilization, every century, every generation. In man's mind it comes first as a dream, a vision or an inspiration, and is then reproduced in material form. We mistakenly claim the authorship of such wisdom or invention but the form is within the universal design belonging to life. This form is never new; it is only remodelled. Man brings it forth and individualizes it with his own expression. Thus the idea is not the property of one mind; it is only expressed by that mind.

This Power, this storehouse, is the seemingly unknown quantity behind intelligence and reason and it is into this we tune to bring forth what we blind mortals assume to be the product of our own very superior brains. We are incapable of conceiving anything to compare with the magnificent over-all design within the universal; but the great volume of unlimited wisdom is always present, waiting to pour forth any and all things we seek and desire to accept and to use. Knowingly or unknowingly, it is into this vast pool of wisdom we tune. We have always sought the devious and mysterious explanations and have overlooked the simple ones.

We mortals operate on wave lengths from the Universal, the Trinity; these are our life waves. They are distributed, one wave from each of the ruling suns. Each of our waves is on a set length or frequency; the blending of the three waves is the Power. This sets the pattern of our individual frequency. It is the source of our personality, our identity and it is as distinct and individual as our own finger-prints.

On the strength of our wave we, similar to a planet, operate by our magnetic field through the medium and receive the knowledge we need from the vast pool of wisdom. It is given to us for our use, impartially and unstintingly, to the capacity of our desire and application. The Universal Power has no restrictions for any man but recognition of the Power in operation and obedience unto it.

The intelligence in operation proves itself over and over again. It gives inspiration to the mind. We remain confused and drugged by many laws and are, therefore, not open to accept the wisdom from the Power of Powers. To obtain knowledge we must seek it and then our vibrant field opens to the vast pool of wisdom.

When we are in tune with Universal Wisdom it pours wisdom out to us in unlimited quantities as rapidly as we can absorb and make it our own. Questioning is quite natural to us—we accept the prompting and make it our own when we prove its accuracy and worth—but questioning of the Universal Wisdom slows our growth and advancement.

For the answers that we seek and cannot find in the world around us most of us invariably turn inward and attempt to solve them with our own intellect, but when we are able and will reach into the true source of knowledge we receive the answers immediately. When we acknowledge and accept the source of the Power, it will continue to increase and will bring knowledge for success in our endeavours.

This person depends upon the Universal Wisdom and the source of Power through him, as a mechanic, to help people with their human ills. By the knowledge, given to him, of individual frequencies of persons, he takes in the energy current from the atmosphere through his own magnetic field, distributes it through his finger tips, and thus transmits it through nerve centres in the body. He transmits only the energy current; the energy current then operates in the patient's body through its normal pattern. Body restoration and healing are begun.

This is the so-called Miracle Man. The title, and reference to miracles, always disturbs him. This is a gift from the Power of Powers. For himself he claims no success, no reward; he is only a receiver and

transmitter of the Universal Power. His instruction and application from the Source he obediently follows and the Power does the work.

"These are not miracles," he has insisted to me. "Don't you think this is merely an application of the ancient wisdom, known as the laying on of hands, the wisdom to know how to distribute the life rays matching the frequencies of the human being with a weaker nervous system, enabling him to draw the necessary energy?"

"We are all similar. When the energy current is flowing through the nervous system only healing and perfection can be the result. The energy current is the life-giving, healing and restoring force that makes the body and the mind function. It has taken me most of my life to realize that many people do not understand this. People are led and influenced into all sorts of conditions because of the inability to reason from facts and use their minds intelligently and independently."

There is proof in his every word; his patients are helped as all will testify. All the accounts of the people I have talked to and the results I have watched and checked are facts. All the methods he uses are new to me and to most of us but the fact remains, they do exist. He possesses them and uses them constantly. He literally knows nothing of symptoms of disease, laboratory or clinical diagnosis. He has told me, and I readily believe it, that he has treated and made well scores of conditions wherein he hadn't the faintest notion what the person had or of what happened, medically speaking, as he or she recovered.

But he did know the nerves and their branches that were not working; he knew the circuits that were not properly functioning and the organs and parts of the body that were not receiving their quota of the human energy current. When he had over-hauled the motor and had all the circuits opened up and the right amount of the right kind of energy in the motor, the patient recovered.

When I have ventured his theories into some of the less well-known and vaguer types of disease, we have only been able to guess at results; just a recital of the symptoms is no help. This is the reason. For him to know what is the matter with any person with any ailment that person must be before him, because only then are the inner workings and dysfunctions revealed.

His knowledge of treating is not the result of his own conscious mind and he makes no pretence that it is. When a sick person stands or sits before him, he tunes his frequency into the higher frequency of the universal waves and is then directly controlled by the Supreme Intelligence. When that contact is made, and it is instantaneous, for it is of the speed and action of electricity, he is also in contact with the wave length of the person before him.

In split second timing that person's ailments and their source unfold through his mind. It instantly reveals the time and cause of the initial nerve irritation that disturbed the balance of the motor, the magnetic field. The cause and the source are localized. At the same time, the wisdom directs the application of the energy current and the pattern to follow. That direction remains as an etching and is added to, from time to time, as necessity demands.

By the time he has placed his ear over the chest of the patient, his instruction is complete. The vibrations between the beats of the heart register the location of the afflicted nerves. The number and

type of vibrations verify the duration of the condition. He has sensed the cause—the heart vibrations verify the situation—he is ready to work.

His fingers go unerringly over the affected nerves and he feeds the required energy current into the indicated centre. He follows implicitly the directions given. His own personal task is distributing and blending the proper amount of energy current. This is his responsibility at that time and each treatment thereafter. Once the energy current has entered the body of the patient and is circulating, his responsibility ends. The energy then acts or reacts upon the nervous system under its pattern. Then the body maintains its normal function.

When the body is strengthened by a strong, properly nourished nervous system the mind is geared accordingly. Then, possessing a great sense of ease and contentment, one's desires are normally to do good, to help his fellow men, to share good fortune and radiate thoughtfulness and kindness.

It is nerve tension that produces irritability, dissatisfaction, frustration and envy, and these in turn create an appetite for power, and power creates greed; and so it grows. The nerve tension is the simple hunger for the proper nerve fuel and when the sufficient amount is received the body is at ease and the mind content.

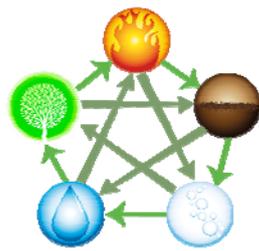


Live true to your feelings, and you ARE living true, not only to your own soul, but also true to God's soul. So doing your Healing by honouring all your feelings, IS living the will of God. And being fully Healed, IS living even more truly the Will of your Mother and Father.

BODY CODE™ CHART

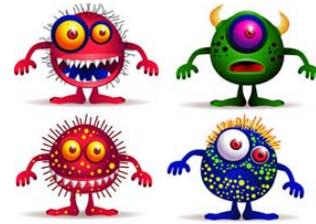
Energies

- Emotional
- Post-Traumatic
- Allergy or Intolerance
- Mental
- Offensive



Pathogens

- Parasites
- Fungal
- Bacterial
- Viral
- Mould



Toxicity

- Heavy Metals
- Free Radicals
- EM Spectrum
- Chemicals
- Microbial



Body Code System

Structural

- Bones
- Nerves
- Muscles
- Connective Tissue
- Organs or Glands



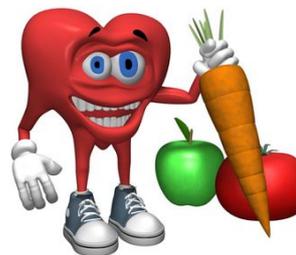
Circuitry

- Organs
- Glands
- Chakras
- Disconnections
- Meridians



Nutritional

- Ph Imbalance
- Foods
- Herbs
- Nutrients
- Dehydration
- Magnetic Field



NEGATIVE EMOTIONS are UNINVITED PLASMA FIELDS:

Unhealthy and negative emotions enter our soul as uninvited and unwelcome plasma that then proceeds to disrupt the energy flows of the spirit body which is the template for the physical body.

This plasma fields or balls can grow in size should they be fed with more and more of the same or similar negative emotional energy. A plasma field can collect energy from released and projected emotions from time to time.

These emotional injurious plasma fields are first attracted to specific organs that reflect the energy of specific emotions, the plasma field can then proceed to lodge anywhere within the bodies of the spirit and physical. Thus, an emotion of the heart may subsequently reside within the stomach region, both inside and protruding out there from.

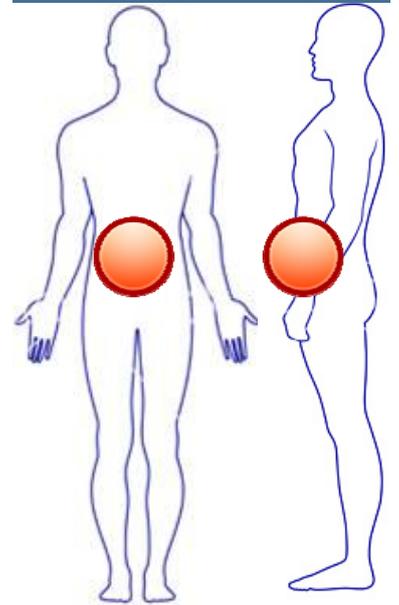
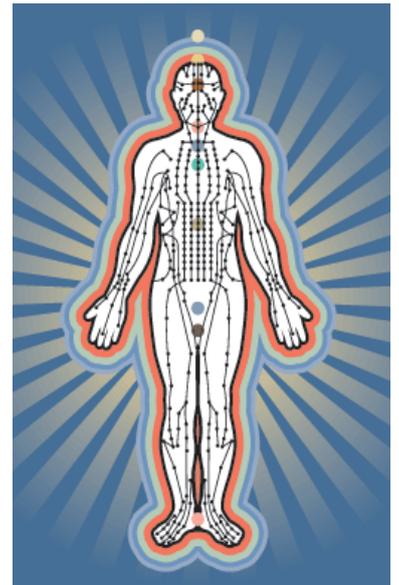
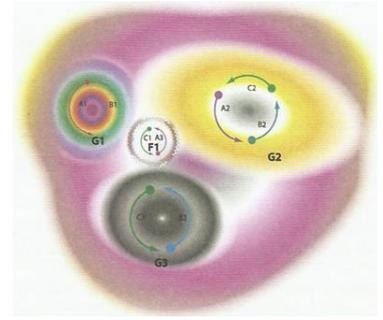
Initially, the injurious uninvited emotional field, being plasma, may be extremely small, however, if allowed to fester and grow by drawing on the negative emotions of those within your environment, the energy field may grow and grow in size from that of a mere pin head to the size of a melon. This progression could take the time from very early childhood to one's senior retiring years.

As all plasma consists of magnetic and gravitational fields, once your intent is focused upon it, firstly recognising its existence, and then focusing your intent for it to be removed, the magnetic field can act in your favour. With the introduction of even a marginal amount of additional magnetic energy, by way of Reiki or by the passing of a small magnet down your meridian, then the dislodgement of the emotional plasmatic field can be achieved.

We are all energetic magnetic beings. The interference to our physical body's template, which is within our spirit body, can readily occur. The transfer of the disruption to the physical body is generally very slow, however, it can be very painful and damaging over the long term.

The extraordinary capabilities of the spirit body are extensively dumbed down and throttled back when it comes to the functionality of the physical body. The spirit body has all of our physical five senses, however, in much greater capacity, as well; the spirit body has maybe a dozen senses in all. Our physical existence is like being on training wheels for our incredible experiences to come within the spirit worlds.

“If cancer was not in our “energy”, then it was not in our reality. If feeling good about ourselves was in our energy, then our reality would be positive.” – Anita Moorjani



LETTING GO with The LOVE:

Find a comfortable position to relax and be still and free from interruption. This may be for a few minutes or as long as you may please.



Long for and ask our Heavenly Parents for Their Love, the ultimate high octane super fuel being the light golden blue energy substance of Divine Love. Each little drop of the Divine Love received whilst doing one's Feeling Healing prompts one a little further. Ask for assistance and the Love to enable held errors of thought and belief to be released. One's personal intent and involvement in letting go of past incurred difficult emotions is most beneficial.

Step 1: Focus on an issue that you would like to feel better about, and then allow yourself to feel whatever you are feeling in this moment. Identify the negative feeling. Focus quietly on the feeling. Breathe into the sensations and allow them to be.

Step 2: Ask yourself one of the following three questions:

- Could I let this feeling go?
- Could I allow this feeling to be here?
- Could I welcome this feeling?

The mechanism of letting go is concerned with the emotional “what” from moment to moment, without involving the intellect. What is the benefit of this emotional feeling? What is the point of holding this hurtful belief at all? One may start laughing at the absurdity of long held errors or injuries upon reflection. **Breathe into the sensations and allow them to be.** Your willingness to accept the sensations may intensify them. This is okay.

Step 3: No matter which question you started with, ask yourself this simple question: Would I? In other words: Am I willing to let go?

Step 4: Ask yourself this simpler question: When? This is an invitation to just let it go NOW.

Step 5: Repeat the preceding four steps as often as needed until you feel free of that particular feeling.

The only way we can truly let go of them is by SPEAKING THEM OUT OF US, getting right into them with the feeling, and emoting and expressing it – whilst longing to see the truth of it...

Our willingness to let go thinking and accept what's happening is our ticket to inner freedom. Each time you sense a disruption inside, turn down the volume on the thoughts, breathe into the sensations and allow them to be. This is what we need do to let go. Simple. The challenge comes in being vigilant with letting go all negativity – no exceptions.

This process is ever so freeing and uplifting, though sometimes difficult.

Reference: ‘Letting Go – The Pathway of Surrender’ by Dr David R Hawkins

**Feeling Healing
with Divine Love is
the key!**



Dr DAVID R HAWKINS:

David Ramon Hawkins, M.D. (born June 3, 1927, died 19 September 2012) is an American psychiatrist, mystic, author and controversial spiritual teacher in Sedona, Arizona. He is best known for his book *Power vs. Force*, in which he writes that applied kinesiology can distinguish the truth or falsity of any statement. He directs the non-profit Institute for Advanced Spiritual Research Inc. and operates Veritas Publishing to publish his books and seminars.



“Make a gift of your life and lift all mankind by being kind, considerate, forgiving, and compassionate at all times, in all places, and under all conditions, with everyone as well as yourself. This is the greatest gift anyone can give.”

“Every thought, action, decision or feeling creates an eddy in the interlocking, inter-balancing, ever-moving energy fields of life, leaving a permanent record for all of time. This realization can be intimidating when it first dawns on us, but it becomes a springboard for rapid evolution.”

“The downside of spiritual education is the buildup of the vanity of 'I know' and the devaluation of people who are 'not spiritual'. Therefore it is important as a foundation to spiritual training and education to learn how consciousness manifests as the ego and its mechanisms.”

“It is only the minority of people who seek self-improvement or personal growth. This is because whatever one's self-criticisms, one secretly really believes that one's way of being is okay and probably the only correct one. They are alright as they are, and all problems are caused by other people's selfishness, unfairness, and by the external world.”

Saturday, 5 August 2017: Nanna Beth: David Hawkins is living in the mind worlds, so I am told, and would be of no benefit to you John. His legacy is again one of those things that sits well with you, that you enjoy and can relate to and use as you do. And really it is now for humanity to use what is available to it having come from the mind worlds, because there won't be anything further coming through from them. Now it will be up to the natural inspiration of the individual on Earth, and those who are working with us, those people who want to do their Healing. The ways of the Rebellion and Default are to die, to fade away, however this will happen gradually as people of it still try to advance themselves, their lives and humanity in their wrongness, but the next real new inspiration will come from those who embrace the New Way.

Everything is interconnected.

MUSINGS by JOHN:

Thursday, 28 September, 2017

Kevin died on 10 August 2012 without any thought for spirituality and no passion for any religion, other than showing up. On 7 August 2017, he arrived into the 1st Celestial Heaven. Three days short of 5 years!!! He had met his soulmate, Kathaleen, and she arrived a few weeks before him into the first Celestial Heaven, as you may have read.

The writings that followed from Kevin are outstanding. Kevin is now a world teacher!!! He and Kathaleen both are. Neither would comprehend this, but they are. Kathaleen and Kevin's writings answers and leads anyone to the destination we are to find, in our own time.

I would like to contrast this achievement with someone I greatly respect.

David Ramon Hawkins, M.D. (born June 3, 1927, died 19 September 2012) was an American psychiatrist, mystic, author and controversial spiritual teacher in Sedona, Arizona. He is best known for his book *Power vs. Force*, I have read everything I can about his works – 10 books, plus videos, etc. Miracles happened around him spontaneously. The Catholic Church would make him a saint within seconds.

Hmm – Dr David Hawkins has stayed trapped in his mind and may remain in the mind spirit Mansion World for centuries, unless he embraces his feelings. He will remain stagnant and limited in his mind condition. Whereas Kevin is now a far greater and truer teacher than this great mind of Dr Hawkins. What a switch in roles! Kevin has progressed exponentially past Dr Hawkins in soul development. Go you good things, Kev and Kath.

Cheers John

Same day: Dr David Hawkins: Hello John. I have been asked to speak to you through James in this way, you being one of my ardent fans and followers of the principles I developed through my life on Earth.

Your assessment of me is correct, and I did spend time in the mind worlds trying to assimilate all that I did on Earth with all that was happening to me in my new spirit life.

Upon my arrival over here in the first Mansion World I was greeted as something of a spiritual celebrity with a host of mind spirits (as James calls them) greeting me, they being the ones who 'empowered' me to do the so-called miracles I did on Earth.

I want to tell you, it's quite a humbling experience to realise, like many of us who did such marvellous things on Earth, that it wasn't actually our own doing, we were not the sole instigator of such 'happenings', that it was other spirits working through us. And that although I attributed it to God, still I secretly thought it was all my own incredible doing, so to have to accept that I was just a conduit – that I really was, and having little more than an innate ability to be that conduit, I felt a bit flat.

And to bolster my flagging ego, I would tune into those people on Earth who were still thinking well of me, yourself John being one such person. And here again, by doing this, I gave myself a rude shock

having to face the fact and realise that few people truly understood what I was teaching, taking my work and corrupting it for their own gain. And believe it or not, I never thought such a thing would happen. So, who of my 'earthly followers' was staying true to what I taught – who actually got it?

And I kept coming back to you as one of these people John. Admittedly, had I helped you personally, you'd have had an even greater understanding and appreciation of my work, however you accept it as is and haven't corrupted it, and have guided other people to be interested in it. So I have followed you over the years in this, which meant I also took notice of what you were doing in your other spiritual interests, some of which were vastly different to anything I'd ever heard about, or found out about over here in my limited little mind world.

And I write such things in the past tense because I am very happy to say, all of which I am so grateful to you for John, that I have now progressed into the lowest sector of the Divine Love on the first Mansion World. I am learning all about it, and about the Healing, all under the incredibly patient and loving assistance of higher Celestial spirits, like those who wanted me to speak with you today.

So you can chalk me up as one of your admirers, and a mind spirit who has converted to the 'Ways of the Divine Love'. I still have a lot more to understand, this is true, and as it's so different to my earthly and mind spirit way of thinking, will take time to integrate into my way of thinking – which means, to change my way of thinking into a completely new way.

That is all I wanted to say. And although you might think that my coming is rather inconvenient with you having just written about me again, however here I am and this is what I want to say.

All the best to you John. You have no idea how grateful I am to you, and I have a strong pleasant feeling that that gratitude is only going to increase.

Yours respectfully,
Dr. David Hawkins

(James: As I was reading your comparison of the Doctor with K and K, I started to feel the energy building... oh here we go again... he's wanting to speak to me!)

Friday, 29 September 2017: Dear James and John (Noted from Samantha in England)

To be 'used' so fully by Mind Spirits, to create all he (Dr David) did under their influence, all so cunning, that must have felt quite devastating to him and I am feeling a lot of sadness, emptiness and let down with in myself as I understand how it feels to learn that my whole life has not been my own but that of my parents, their will, control and untruth and I have felt feelings of it all being such a waste of my experience being like that, a waste of the personality God created me to be. I am very sad as Dr David Hawkins realised how 'used' he has been, being a conduit for the Mind Spirits, I feel like that too, used by my parents to be as they wanted me to be instead of nurturing me to be myself and help develop the personality God gifted me.

I (Sam) bought 'Letting Go – the pathway of Surrender' by Dr Hawkins and I was very up with all of his feeling work but then felt the change in me with the mind dominant aspect of Dr Hawkins work, it was that I wasn't drawn to and felt myself draw back from it but now he can go on from what he already

knows, go further into the feeling aspect of what he discovered and I am sure he will get so much support in that from the Divine Love spirits that are guided to help him. Isn't that just so wonderful John, to have that help, like you have in Kevin and Kathaleen.

CONCLUSION:

David Hawkins' own story explains that the 'Letting Go' process is inadequate. The 'Letting Go' publication and process is his own research. Pure and simple; Dr David was knocking on the door, but that process was unable to open the door.

Again, his own story now endorses the Feeling Healing process!

This leaves no doubt as to the veracity of what Marion and James and Samantha are doing. It is **THE ONLY WAY!** The only way being the Feeling Healing process coupled with Divine Love.

This clears away confusion for many people who may explore everything. Other emotional processing and releasing modalities simply do not delve far enough into one's injuries and errors of belief. Yes, they provide some temporary relief, but none of them go beyond the mind and into the soul to the core and foundation of our injuries, all of which stem from our childhood upbringing.

Dr David Hawkins has now clearly put aside his own teachings and confirmed that his and all other modalities are inadequate.

Now, we all can focus upon the only way home!

FEELING HEALING with DIVINE LOVE is SOUL HEALING:

**Firstly, consider discovering the truth of your emotional pain through Feeling Healing.
Secondly, consider longing for our Heavenly Parents' Love as you progress with your healing.
Primary and most important readings are the writings of James Moncrief.
Then consider the Padgett Messages, and then The Urantia Book.**

Release one's pain through expressing one's feelings.

in conjunction with

Longing for the Truth when also longing for Divine Love.



We are emotional beings, emotions generally pass through us, however, when they become stuck within our soul, they then appear as fissures within our spiritual body. These stuck emotions, unless accessed and cleared, then eventually manifest as illnesses and diseases within our physical body.

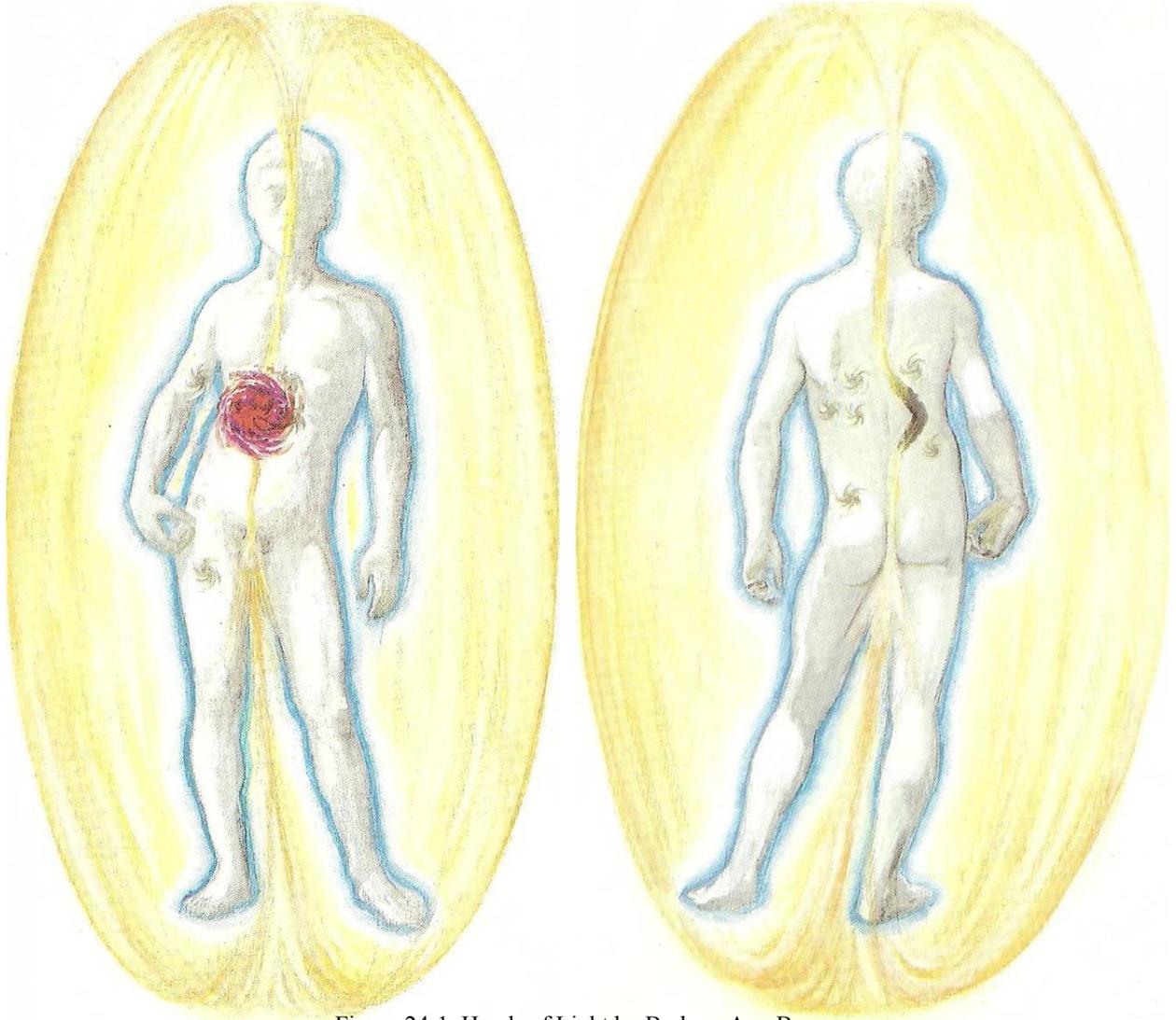
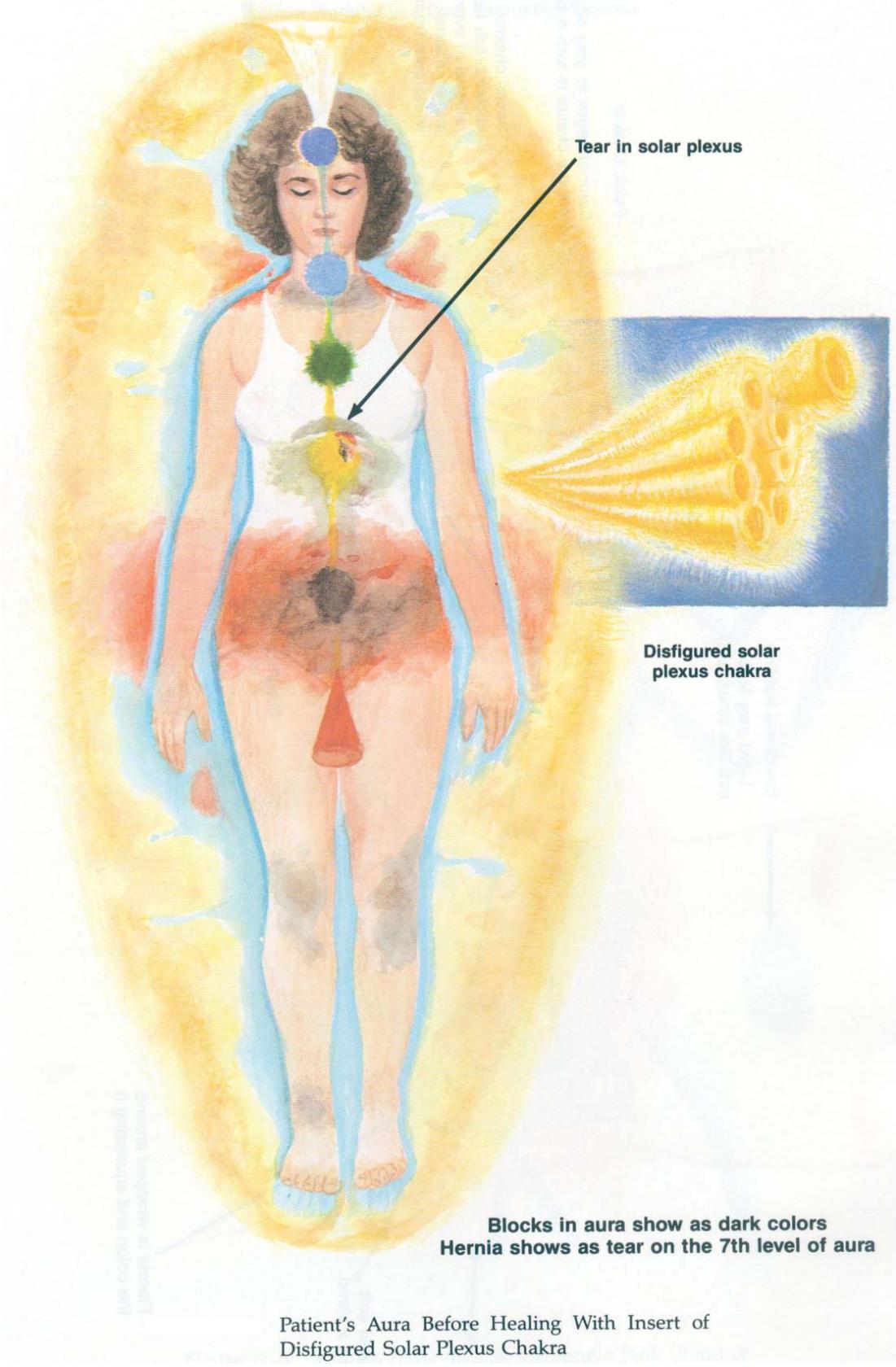


Figure 24-1, Hands of Light by Barbara Ann Brennan

FEELINGS FIRST For Kids

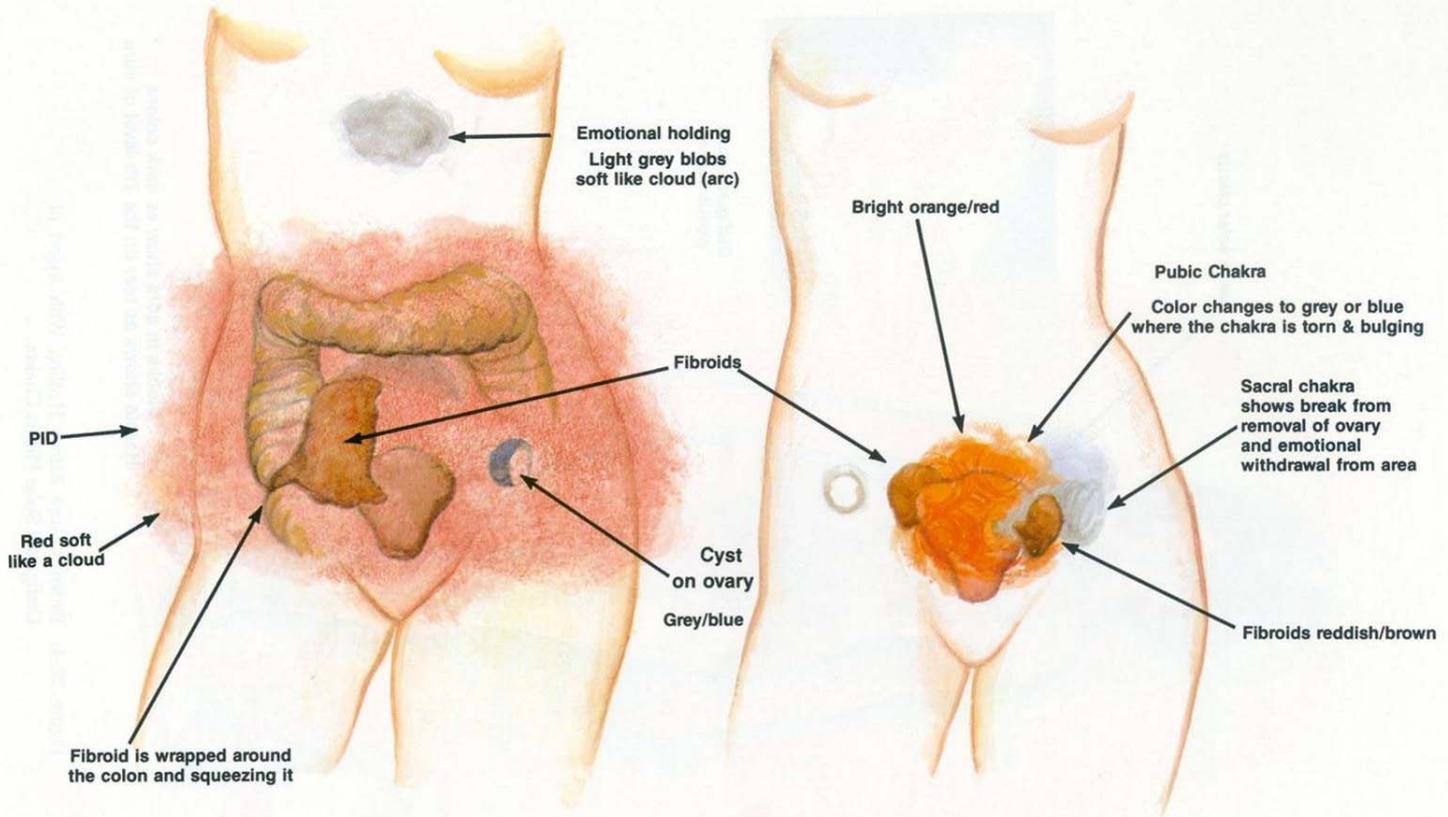


Patient's Aura Before Healing With Insert of Disfigured Solar Plexus Chakra



Hands of Light

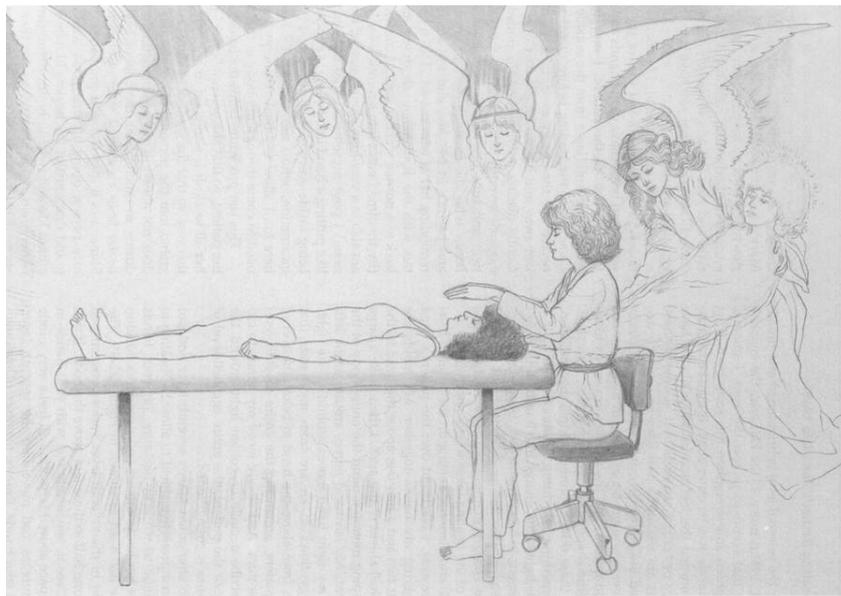
Internal scanning



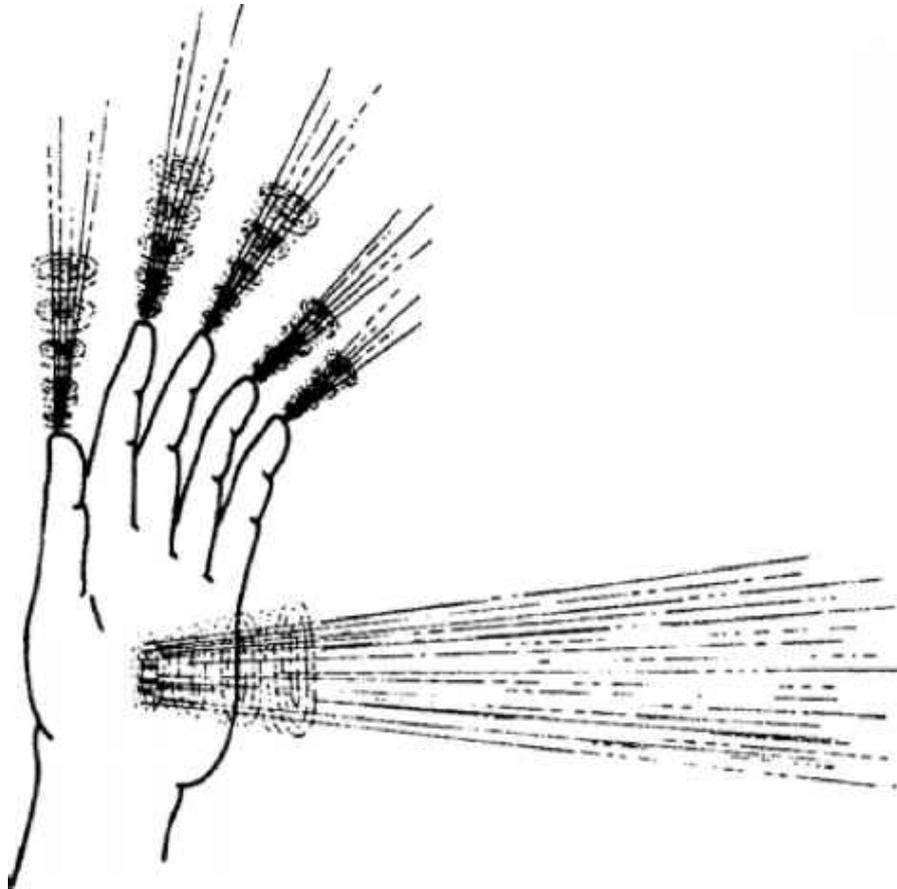
A. Pelvic Inflammatory Disease, ovarian cyst and fibroid

B. Fibroids and disfigured chakra

Internal Viewing
(Diagnostic Views)



Celestial Level Healing (Sixth Layer)



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WHICH WAY? MIND SELF RELIANT or FEELING AND GOD RELIANT:

To PARADISE, the HOME of OUR HEAVENLY PARENTS

The Way Home

Council of Elders
now around 20
Soulgroups



Maybe something like 30 billion people have recognised that our Mother and Father's Divine Love, together with embracing one's Feeling Healing, that with these two aspects, have progressed through the Mansion Worlds to the Celestial Heavens and onwards.

Mansion World 7: is then about still working with the deepest and residual bad feelings, whilst looking to sort out how you wrongly relate to yourself and others, nature and God because of being unloving, understanding how your relationships are unloving, how you don't connect properly, how unloving you really are and why and fully accepting the truth of it, coming completely to grips with your parents not loving you as you needed to be loved – sorting it all out, including your self and feeling expression difficulties.

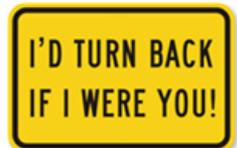
Mansion World 5: is then about going right into the depths of them, feeling how unloved you feel and seeing how unloving you are and how that makes you feel, bringing out the majority of your pain, your misery, fear, anger, guilt, hatred, boredom, terror, rejection, nothingness, feeling powerless, alone and abandoned, and so on.

Mansion World 3: is for waking up to the truth that you're not loving and starting to get in touch with your pain, starting to accept your bad feelings, starting to work with them instead of rejecting them.



More than 200 billion personalities have embraced their mind and self reliance through the misguidance of 'New Age' styled ideologies and the many thousands of different religious platforms, all of which take the person further and further away from our Heavenly Parents.

For a million years, humanity has gone in the wrong direction with its self-denial of self and feeling!



Feelings First Spirituality

The New Way

Feelings First
FF
Feeling Free

The New Way, Feelings First Spirituality
 Learn to live with God through your Feelings

Accept, express and long for the truth of your feelings

Be free in your feelings
 Free your feelings from your mind's control
 Live true to your feelings; your feelings are your true self
 Live true to yourself through your feelings



Live true to yourself by living true to your feelings.
 Long for the truth of your feelings.

Accept / Express / Bring out ALL of your good, and most importantly,
 BAD feelings.
 Want to understand why you're feeling them.
 Use your surface feelings to take you deeper into your repressed and
 hidden feelings.



The Feeling Way is the True Way.
 Your feelings are your spiritual guide.
 Your feelings will take you to God.



Your feelings will show you the truth of your relationships, including your relationship with God; and if anything is wrong, untrue and unloving, then why it is.

Our feelings are sacrosanct and we should respect them accordingly. And we should NEVER block them out, ignore, override, banish, deny or reject them, because if we do, we're only doing that to ourselves, as Our Feelings Are Our Self.

Our feelings are the gateway to our soul. Our feelings are the closest we can get to our soul. Knowing the truth of our feelings is knowing the truth of our soul, and knowing the truth of God.

Feelings First Spirituality is the True path for humanity.
 It embraces all people.

It completely unifies the world.

Everyone can relate to everyone else through their feelings.

And we can all live the truth that comes from our feelings, all sharing the same truths as we express and have the same feelings.

No one need be left out; no one is more special than anyone else – we are all united in Truth through our feelings.

So with and through our truth we live our lives, therefore without the need of any man-made mind-laws, rules and restrictions that limit self-expression as inspired by our feelings.



The New Way, Feelings First Spirituality is what is to replace all man-made, mind-contrived religions that so many people have enslaved themselves to. The New Way, Feelings First Spirituality will set us free of all that control, ending the Rebellion and Default within ourselves as we do our Feeling-Healing, and ending such control and spiritual stagnation in the world.

Bring on the End Times – get it over and done with! Let's all see that Jesus is not going to come again, that Prophecy has failed all the mind-controlled platforms. Allow such false systems of belief to die their long-awaited natural death, they've overstayed their welcome, it's now time they fade away. So let us show such antiquated, erroneous systems of belief the exit and bring on the fresh liberation of discovering the truth of how we are to live for ourselves, each of us personally in our lives, and all by looking to our own feelings for it. Self-revelation through our feelings is the way to go.

The Way of the Mind is ending, and is really the End Times – the End of our mind control, and **it's about time!** With the Way of our Feelings replacing it.

The End Times means the end and therefore a New Beginning. And that new beginning is a whole new Spiritual Age – an age based on self-revelation of truth through one's feelings, coupled with and supported by higher revelations from the Celestial spirits, angels and nature spirits.



The Feelings First Spirituality is the True Way to God because it helps you get to know God, helping you to reach out, connect and be personal with God, and do God's Will, all through your feelings. It is the only true way of getting to know the God of Feelings – our beloved Heavenly Mother and Father, the Great Soul of Divine Love.

Love comes through our feelings and not our mind, as we've all been wrongly led to believe.

Feelings First; then comes The Truth; then comes Love.

LOVE is the Religion of Feelings, being:

Feelings First Spirituality, The New Way



my
House is your
Paradise

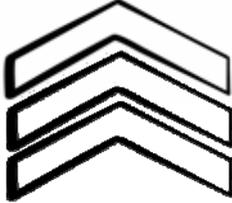
HOME

The CHOICE is OURS to MAKE:

Celestial Truth:

Truly all-loving;
 Living true to oneself;
 Mind supporting Feelings;
 Living with the Divine Love;

Fully Healed of the Rebellion and Default.



THE FEELING WAY

Feeling – Ascendance
 Unlimited progression

- Living true to your untruth;
- Honouring all your bad feelings;
- Expressing feelings to uncover their truth;
- Healing the Rebellion and Default within yourself;
- Feeling unloved; being unloving;
- Feeling as bad as you can feel;
- Feeling like you are no one special;
- Longing for the Divine Love.



THE MIND WAY

Mind – Transcendence
 Limited progression

- Enlightenment, Nirvana, feeling all-loving;
- All false, mind-contrived. Anti-truth, anti-love;
- Still evolving the Rebellion and Default within yourself;
- Feeling and believing you are the Superior One;
- Living with your mind in control of your feelings;
- Living rejecting all your bad feelings;
- Living with your mind contriving you feel loved;
- Rejecting the Divine Love.



All religions, New Age, agnostic,
 atheists, no spiritual interest,
 Living the Rebellion and Default.

Hell:
 Exploiting the Rebellion and Default.

The Feelings are the doer; the Mind the teller. So we are to go with our feelings, which we can't be told to do with our mind. So the longing for the Divine Love, doing our Healing by expressing our feelings and longing for their truth, are all feelings and doing it with longing. Whereas the mind just wants to tell us what to do and how to be, no feelings in it, all how our parents have treated us.

Our FEELINGS are our SUPREME GUIDES:

Feelings!

Feelings are what guide us through our ascension of truth. So they are really our Supreme Guides. Many people look for a person, spirit, angel, even God, for supreme guidance, however it's all right there already built in – in our feelings. We just have to submit to them, allowing them to take us where they will, expressing all the parts we want to express, letting the emotion drive that expression if it's there to be expressed, or just talking about all we feel and how feeling that feeling is making us feel – or, how we feel about having that feeling, all whilst longing for the truth of our feelings. Longing for the truth of our feelings is really: Longing for the truth of our self, because: we are our feelings. So life stirs up our feelings, we feel being alive; or, being alive means we are feeling, always feeling; and when we work out what and why we are feeling what we are, so then we know the truth of how we are. And over time the truth accumulates, and our mind expands our understanding of ourselves, all being driven from our feelings. Kevin 26 Sep 2017

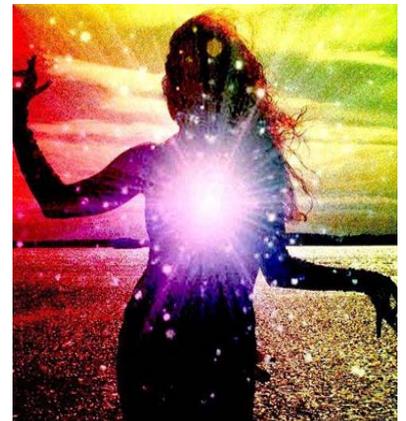
Using our feelings to uncover the whole truth of our negative or anti truth and anti love state.

Kevin: So whilst we're of an untrue state, then all we have got to help us understand why we feel bad, why we are wrong, why we are negative and anti love and truth, is our feelings. So if we focus on our bad feelings, they will lead us to the truth of why we're feeling bad. Which will be the truth of what happened to us to make us be this wrong way, and how we took on the wrong way and keep it going making us feel bad.

FEELING HEALING

Note: The vital difference between emotion and feeling is that emotions have their roots in the past, and feelings relate to the present moment. Emotions represent our feelings which were not previously expressed, and these accumulate with time.

Note: Our feelings are soul-based. Our soul is always in truth. It is our soul based feelings, that when allowed to be freely recognised, we will begin to express and be who we are. This takes time and perseverance as we have encrusted our souls with layers upon layers of errors and false beliefs, it is these layers that will confuse the truth that our soul is conveying to us. Only by our progression with our Feeling Healing will our soul's expression of truth become clear and free of all cloudiness and contamination.



“What our soul needs in accordance with our own, individual, **Soul-Light-Plan-Of-Destiny** (your life's true destiny plan), They, being our Mother and Father, will give you as required. The only way we can know truly what we need is to honour and follow our true feelings. They, springing from our soul, literally telling us what we need, and so when we genuinely feel we need something, we apply our will to get it. The hard part is knowing if our feelings are true, and until we have done our whole soul-healing, they won't be clear and total true.” James – Introduction Course to Divine Love Spirituality

TRUTH is the FOUNDATION:

We're told that love cures all, and it does, but only if truth is present. If there's no truth then there is nowhere for the love to register or act upon. So it's all but useless. Even if you had a huge hit of love it would possibly make you feel good for a while, just like your drugs, but then it would fade and you'd want another hit.

**TRUTH
& LOVE**

But with the truth, it's not like that. The truth stays, it's real, concrete, it's: THE TRUTH. It never goes, so once it's within you, that's it, it stays for ever-more. And so you live it, you become the living-truth that you are. So as we grow in truth we move up higher in the spirit worlds ever closer to Paradise the well-spring of all truth – the Eternal Son. But without the truth we have no depth, no solidity, we've still got that hopeless feeling of floating around adrift at sea, that feeling of feeling lost and without direction, and all the rest of it, that which we've felt most of our lives.

And gradually as the love has come based on our truth, so we've felt better and better about ourselves – better about ourselves from the inside, and not needing anything like we did from the outside. We've felt more independent and not needing to be loved by anyone other than by ourselves and each other. We've stopped needing our parents to give us that big hit, or any hit; we've stopped needing them, because we've been able to express our feelings for ourselves uncovering the truth of ourselves through them. And that's what it's about I say, we're not meant to be dependant forever on **our parents, and had they loved us truly then we would have grown naturally in truth through our life experiences, weaning ourselves from them, and not needing them in the negative dependent ways they made us need them.**

So it's the truth, always coming back to the truth, all because we are truth-loving souls, that's what we as ascending mortal souls are, the truth and the mind and love, but we need the truth to make the mind have something to base itself on, and we need the truth so we can feel loved and so we too can love. No truth, and whole thing – us – doesn't work, and that's what we've been coming to terms with through our negative truth-less life: that it doesn't work. And we know it doesn't work because it didn't make us feel good. We felt shit, and that's all because we weren't allowed to be our true selves, and because of that we weren't allowed to be true and so grow in truth. And had we, everything would have been right and felt good, and we'd be overflowing with love and the happiness and joy of life that truth brings. That being what we will be when we've finally healed it all.

Spirits and their Childhood Repression Healing by James Moncrief 10 August 2010



CHILDHOOD REPRESSION of FEELINGS STARTS from CONCEPTION:

Just look at a young child growing, each day certain things make it feel good and other things make it feel bad, and for some children, there's a lot of time each day spent feeling bad – others a lot of time feeling good. And all that good and bad is intertwined, and it all has to be worked back through. So all that is truly good and not what I'd call, false-good, is kept; and all that is bad and has pretensions of being good, goes away, which happens as you express it all out of you.

But the key to it is wanting to express it all out of you – and wanting to see it all: facing the truth of what comes to light. You've got to be willing to bring it all up and out, so you can see it and face it and accept that it is you – that yes, this is really how I am feeling. And then as you do that, you are increasing the awareness and understanding of yourself, of why you are the way you are, and that is all the truth coming to light. And along the way as each bit comes up within you, based on how it makes you feel, you decide whether or not you want to keep being as you are, and so naturally, you'll want to get rid of all the bad stuff and keep all the good.

But the whole thing is, and this might be hard to understand, that you yourself, other than deciding whether or not you want to keep being as you are, don't – because you can't – actually do anything else to change yourself. So you simply keep accepting how wrong you are right the way through until you've seen and accepted it all, that this is the rotten, ugly, horrible, evil truth of myself, and you don't even try to make yourself not be it; you allow yourself to be the nasty, unloving, evil person you are, seeing it and feeling how being it makes you feel; which won't be too good, but you keep going accepting all those feelings and wanting the truth of them. So you don't try to fix or change yourself, you just accept how you are feeling. And then when you've seen the truth of your feelings that are to show you, which can happen at any time throughout your Healing, the causes of those bad feelings will be removed by your soul and your angels, and that's it, you are no longer as you were. And your whole system adjusts, and gradually you come to realise that you are changing, that you are no longer the bad person you were. And then one day, when the BIG DAY finally arrives, you know with all your heart; and so, with all your truth, that you are no longer evil, no longer wrong, and that your Healing is over, you've been completely transformed into being a true person.

So you see it's a process, so something that takes time because you need things to happen to make you feel bad; and you need time to express and work through all your bad feelings; and you need time for your whole system – you – to adjust to all the changes; and that is your true spiritual growth, because you are growing in the truth of yourself – do you see what I'm saying?

So the whole key to it, which is what you are saying, is that we are to become our true and perfect self.

Sage and the Healing Angels of Light by James Moncrief



LIVING TRUE IS HEALING ONE'S SELF OF CHILDHOOD INJURIES:

Messages from Mary and Jesus – Mary 10 April 2003

As we are all of the Mother and Father, if we do anything that goes against Truth or Spirit or Mind or Will, or Their Laws of Love, then we are going against all of our self – our own soul, and the whole of Creation. And if we want to live true – true to the Truth, true to our soul, and true to God, then we have to rectify this at some time. In going against Truth we bring about pain – penalty – in ourselves, as this is to show us that we are doing the wrong thing – going the wrong way. And when we come back into harmony with the Laws the pain goes – the penalty has been paid.

Currently in the negative mind state humanity does not want to live true to God's Laws, so man's laws are different to God's. So all that you do is against the Mother and Fathers Laws of Creation and Existence. And this is what then causes all the pain in your soul, as you live each day refusing to honour the Truth of God. And no matter what you believe about how good you may be, if you are not living true to your soul and God's Laws then you are hurting yourself.

The Mother and Father say individually: Love Me as I love you; and together: Love us, as We love you. You come into the world asking your parents to love you as you love them. But they in their negative state do not honour this truth, so every little bit of them that does not love you, you feel hurt by. As they dishonour you so you dishonour yourself, for in your love for them, you are accepting that they are right and true, as you do not know anything else. You then take it on, all how they treat you, and do what they have told and made you do to yourself and others; you become as they are – negative. And so you live dishonouring yourself and the Mother and Father's Soul Laws. You cause great pain within yourself on all levels, not just in the physical. All pain you ever experience is saying to you: you are wrong in how you are being, and so you need to look to find the truth of why this is so.

When you want to know the truth of your pain, you will want to see the truth of where you are dishonouring yourself and the Mother and Father; then when you do see what you have done, you will feel bad about this, and then seek forgiveness, being healed and forgiven when you see the truth, and your pain all goes. You can go to Them and ask Them to forgive you, but as They are love and already do, you are really allowing yourself to forgive yourself, for it is you that does not love yourself, as seen by the act of dishonouring yourself. Then as you turn around and willingly want to live true, the Mother and Father remove the pain you have been suffering and fix that which within you has become dysfunctional as a result of your transgression. Then you are healed, so far as this part of truth has been honoured, and that part of dysfunctional you is living true to the Laws of Love, living true to your soul and to Them.

As you do your healing you are actually forgiving yourself. By wanting to see the truth and asking the Father and Mother to help bring up the unexpressed pain and feelings that are within you, that will show you where you are going wrong. You will be able to see the problem and then want to fix it and seek forgiveness of yourself (and from Them if you feel the need); and you will be loving yourself and Them instead of rejecting yourself and Them.

Gradually through your healing, you will work your way back through all the levels of truth within you that you have dishonoured since conception; with all the pain surfacing, and all the causes being seen that made you rebel against yourself. And with each step you will be forgiving and increasingly loving

yourself. Your healing is you loving yourself back into perfection. And the longing to the Mother and Father for Their Love is the way to fuel this by becoming a divine soul.

When you love yourself truly, then you will love your neighbour and every aspect of Creation, as you love yourself. This will be your state of being – just like the Mother and Father, and you'll naturally be honouring all Their Laws of Truth. And you will live free in Creation without any pain, worries or problems; eternally happy, as you long to be.

By praying to the Father to forgive you, you are not taking responsibility for your own actions; you are not seeking the truth of your evil causes. Forgiveness comes when you admit and accept your wrongness; when you uncover the truth of why you are it, or doing it, all through the expression of all that has made you feel bad. Through full self-feeling-acceptance you can free yourself from your negative condition. The Truth will set you free! The truth you uncover as you accept and express your bad feelings.

And as you do this God will change into the loving Mother and Father. You will come out of the old beliefs and ways of seeing things, entering into a new way of living and seeing how everything truly is.

When you were a young child you were the closet to your soul and to God. Up until you fully took on all the negative mind circuits you were still more pure and true to Their image. And you loved more as They love. A child loves freely and unconditionally. It loves without judgement or criticism. Look to the child to show you God, this will help you see more truth than looking out into the adult world as it now exists. And then look how the parent changes its child, from being pure and true, into another untrue adult. Look how you make your child turn against itself and live untrue to God. Look how the parent makes it live true to the wants, likes and dislikes of itself. Your child will help you see how wrong you are. It will show you if you allow it to; it will show you through your feelings.

Your soul-healing is concerned totally with you finding the truth of all you are; all you feel, and all through your feelings.

Messages from Mary and Jesus Mary 14 April 2003

The feeling controlling mind is nothing more than your parents control over you encapsulated in your mind.

Messages from Mary and Jesus Mary 15 April 2003

During your childhood you were made to change from being naturally good to being bad, and it hurt. Now you are being asked to change back to good from bad, and it hurts just the same.

Messages from Mary and Jesus Jesus 14 April 2003

You are completely self-contained. You will blame your parents for what they did to you through your healing, but when you are healed, you will be able to see how you took it all on wilfully from them; and so wilfully you have to choose to divest yourself of it and set yourself free. And this can only happen with love – your own natural love, through acceptance of all your badness and bad feelings, together with the help of the Mother and Father's Divine Love. And so it is entirely true that love is the cure-all, and that love will heal you, your love, and the Mother and Father's

Messages from Mary and Jesus Jesus 14 April 2003

FEELING HEALING + SOUL HEALING

To heal one's self is to simply look to see what feelings we are refusing to let ourself feel, and accept them instead of denying them. And to fully accept them, one needs to express them, speak about them, let them have their say, rather than pushing them aside, refusing to let them make you feel bad.

Doing this all with the intention of seeking the truth of why you are feeling them, of speaking about and expressing all such feelings; all feelings you have, but ALL WITH the INTENTION of UNCOVERING the TRUTH THEY WANT YOU TO SEE ABOUT YOURSELF. And it's the wanting to see the truth of them that is very important, because if you just look to accept them and speak and express them, but not seek their truth, then that's all you'll be doing, speaking and expressing them, but not healing their causes, so not fixing the things within you that are making you feel bad. And it's the truth part of it, seeking the truth of your feelings, and so, seeking the truth through your feelings, that's vitally important. It's the truth of yourself, life, nature and God, that is the spiritual aspect to it all.

You CAN'T find the truth of yourself, or anything else, through and with only your mind. You HAVE to engage and look to your feelings. And so if you choose to allow your feelings to 'Show You the Way', then the truth will come as you express them. So to do our Soul-Healing consists of these steps, all of which are ongoing until it's done:

- **Admit you are feeling bad.**
- **Accept your bad feelings, identify what they are.**
- **Honour fully your bad feelings by expressing them, speaking about them to someone who is willing to hear you talk about them, or tell them out loud to our Heavenly Parents. Long for the truth of them. Long for the truth of why you feel bad – what deep within you is causing your bad feelings?**
- **And remember, bad feelings are Good! Not bad. They are not to be despised. And as hard as it is to accept them, they are still you, and a very real part of you. And if you persist in denying them and not allowing yourself to fully live them, then you are only going to keep yourself in your errors making things harder for yourself.**
- **All sickness and suffering, all bad things that happen to you, all your problems, all your addictions – your whole feeling-denying and untrue life, is all caused by your denial of bad feelings.**
- **Every problem in the world is brought about because everyone has been brought up to deny feelings, and in particular, most of their bad ones.**

If one is intent on spiritually evolving and growing in truth, then it's vital, and this is the key, that one looks to use one's feelings as the means to gain and have access to the truth of oneself. You CAN'T find the truth of yourself or anything else through and with only your mind. You HAVE to engage and look to your feelings. And so if you choose to allow your feelings to 'Show You the Way', then the truth will come as you express them.

Doing your Soul-Healing with the Divine Love, is really doing your 'Feeling-Healing'. We are designed — created — to be self-revealing of truth, and so we are all to uncover the truth within ourselves and for ourselves, and all being done by living true to our feelings. **If you accept, express and seek the truth of your feelings, then truth will come to you, and you'll grow spiritually. It's as easy as that. Also it is as easy as it is to long for, ask for and receive Divine Love.**

THE HEALING OF YOUR BAD FEELINGS THROUGH THEIR ACCEPTANCE
AND FINDING THE TRUTH OF THEM, IS THE ACCEPTANCE OF YOUR
NEGATIVE, REBELLIOUS, EVIL, IMPERFECT MIND AND WILL CONDITION.

To do our feeling-healing we need to become:

Aware of – Acknowledge – and Admit, our bad feelings.

So we can:

Accept – them and allow ourselves to Be them.

And then if we feel to, take:

Action – Express, speak and emote them.

Talk about them.

All being done whilst longing to, really wanting to, see the TRUTH of our feelings.

So it sounds simple.

So I repeat:

We accept our bad feelings by expressing – speaking about them to someone willing to listen to us and take us seriously. And as we speak we long for the truth of them – why we are feeling them – to be made known to us. And when we uncover and see the truth we are FREE! – healed of the causes that have made us feel bad.

Accept, Express – see the Truth, and you're Free!

ACCEPTANCE OF ALL YOU FEEL, THINK AND ARE, IS THE KEY TO DOING
YOUR HEALING; THAT, AND WANTING TO SEE THE TRUTH OF ALL YOU
FEEL, THINK AND ARE.

Release one's pain through expressing one's feelings.



in conjunction with

Longing for the Truth when also longing for Divine Love.

REVELATIONS



Revelation 1: Our soul becomes encrusted with harmful ways of life, plus negative and erroneous beliefs, these mainly stem from our childhood upbringing and environment. Thus we live untrue to ourselves, we become 'evil'. Whilst we hold to these injuries we limit the amount of Love that we can receive into our soul. To open our soul to the Love we must firstly and progressively embrace our emotional injuries and allow them to be released. Until we emotionally experience past errors and injuries we hold onto them.



To free our soul of damage and toxic emotions we must open ourselves to experiencing them. This is a progressive, slow and uncomfortable cleansing process that we must all experience. Only by addressing the generational injuries will we, as humanity, evolve in love.



To fully divest one's self of our badness, we have to 'go into' our feelings. Call this process of clearing toxic emotions as 'Letting Go', 'Emotional Processing', 'Journey Process' or 'Feeling Healing'. Embracing Divine Love then Feeling Healing becomes Soul Healing.

As part of our Feeling-Healing we will have to work our way into all our feelings to see if indeed they are coming truly from our heart and soul, or if they are being heavily influenced by our mind. And this will then lead us into questioning and uncovering the truth, if there is any, to our beliefs and why we behave the way we do; and is such behaviour based on truth, or is it based once again on untruth, belief, and rules of our mind.

Revelation 2: We can long for, ask for and receive the Mother and Father's Divine Love. The greater our soul is free of error and injury, the more of the Divine Love can be received and assimilated into our natural love formed soul. The Love does not free us of injury, however, it strengthens our resolve to continue on our journey to be free of error and injury, to step away from evil aspects that have been encapsulated within our humanness and soul. It is this Love, the Divine Love, that brings about immortality of our soul and it is this Love that will eventually fit us to enter the Celestial Heavens and progress for ever more onwards to Paradise. These two revelations free us from error and enable us to grow in love ever more.



Immortality with the Love.

The opening up of the soul permits a permanent exchange with Divinity, a permanent recharge of this healing energy that allows not only the re-establishment of lost health, but the continuity of health, providing such a perfect balance, even in the physical body, that noxious agents like bacteria and virus cannot find any opportunity to unchain pathological reactions, which we commonly call illness.

But it is true that people without the benefit of Divine Love would lack the protective shield, which the intrinsic healing energies of Divine Love provide for those who pray for our Heavenly Mother and Father's Grace.

Judas – August 19th, 2001



Whilst we are receiving our Heavenly Parents' Divine Love, and that this Love is causing change within our soul and spirit attributes, the greatest Truth known to man and spirit is that this is the way our Mother and Father are actually loving us! When we progress, it is God's way of loving us into love and then we live what we are, love.

The BEAUTIFUL MIRACLE:

5 Oct 2012

The DIVINE UNIVERSE

The way in which the Spirit conveys the Divine Love into the soul is a beautiful miracle. The attribute of mortal soul prior to incarnation has to it, a potential within it that is part of its formed nature. After the soul incarnates this potential remains part of the soul and even if the forming personality is unaware of such a soul potential, the potential still exists. The Divine Love is entirely suitable in its energy of harmony to be the energy that a mortal soul can utilise. The Spirit covers the spirit body when the individual sincerely asks the Soul of God for the Divine Love and this covering of the spirit body is where the dynamic of this beautiful miracle takes place. From the internal longing of the individual for the Divine Love this activates the Spirit Law that activates the Spirit that is then attracted to the spirit body upon which the Spirit material of the spirit body draws the Divine Love in to its soul and this union complete. The key here is to gain a perceptive insight into realising that the spirit body is not an inert body but that it is living and has activity, recognisable from its first forming from the Spirit Law that materialises a spirit body. The Spirit and the spirit body to give an analogy are like two attracting magnets and when the surface of the spirit body is touched by the Spirit, this causes the automatic response of the Divine Love to permeate into the attribute of soul and so begins the transformation of energy from the natural into the Immortal Divine Harmony. If the individual continues the receipt of Divine Love the energy that is Divine Love actively begins to change the soul and this is felt in the spirit body systems and can produce feelings of love and elation. The spirit-mind begins to change as all spirit body systems are affected by the changed condition now experienced in the soul as the soul becomes living and vital. In one's progression of this Divine transformation, the soul will mature enough from the amount of Divine energy it receives and at that moment the surface of the spirit body and the Spirit are continuously attracted to each other and one is living in the presence of our Mother and Father in perfect harmony and this clarifies the truth about what it means to be truly at-one with God.

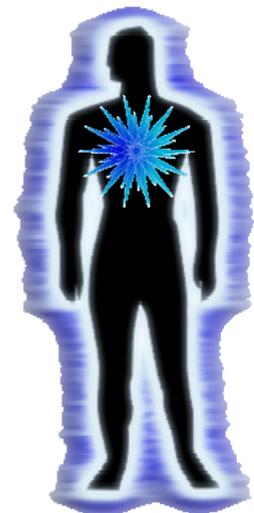
**Soul within
spirit body
prior to receiving
Divine Love.**



**Divine Love being received
from The Spirit, covering the
spirit body of the requesting
personality.**



**Divine Love having been
assimilated within one's soul,
now being reflected through the
radiance of the spirit body.**



EXPERIENCING RECEIVING DIVINE LOVE:

Be still and quiet; reflect in silence. Love is present. Keep asking, longing, and never cease: this is your part. It is your cooperation actively engaged that brings the transformation and continues the process.

You cannot see it; sometimes you will experience it as simple quietness and calmness. This is as pure and real as any other experience, whether demonstrative joy through laughter and dance, or other expressions.

Divine Love is present; it is always present. It does not fade or disappear. Rest, relax and breathe. Pray and wait.

Maintain daily prayer and meditation. When you do this you are building a home for the dwelling of the Divine Love. Your continual invitations establish an attitude of welcome to the Divine Love. These build a bridge for the Divine Love to carry you to new and higher levels of change and transformation: places of new realms for your soul growth and development.

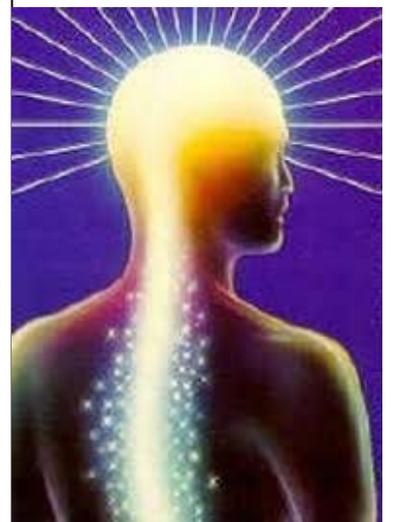
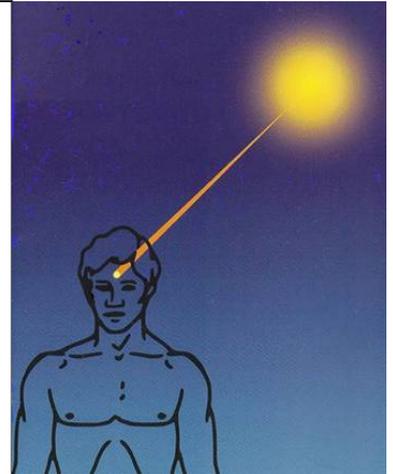
The Voice of Divine Love

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As the receiving of the Love is always assured when longed for and asked for, the experience of receiving may become apparent by the occurrence of a warming embrace in the region of the third eye chakra, or with some, around the heart chakra region. This may be very subtle and gentle for some and may be for a few moments or extend for some time. Many do not physically feel the Love embracing them and this is totally fine, nevertheless the Love is being received.

On a few occasions, one may feel the love through the third eye region and then feel it expand as if it were to become a warming buzzing 'hat band' progressively expanding around one's head. This can intensify and feel as though one's cranium is about to pop off! Should this continue to intensify, then the sensation may flow down one's main meridian to the base of one's spine. Now that is something else! Relax and enjoy the great gift for this can be an experience that may continue for a short while or for quite some time.

Always, when one longs for the Love, it will shower over one's body and be absorbed in through the spirit body chakras into one's soul. Occasionally the Love will overflow from one's soul and some will reside within one's spirit body. At no time will you be discomforted. This light golden blue energy substance is the ultimate high octane super fuel gifted to us by our Mother and Father, to us all.



**LOVE and LIGHT:** The luminosity of a loving soul shines through the spirit body.

