

# PASCAS CARE

## *Death & Dying*

### *Transition & Assimilation*



“Peace And Spirit Creating Alternative Solutions”

PASCAS FOUNDATION (Aust) Ltd  
ABN 23 133 271 593

Queensland, Australia

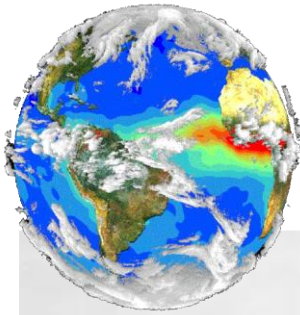
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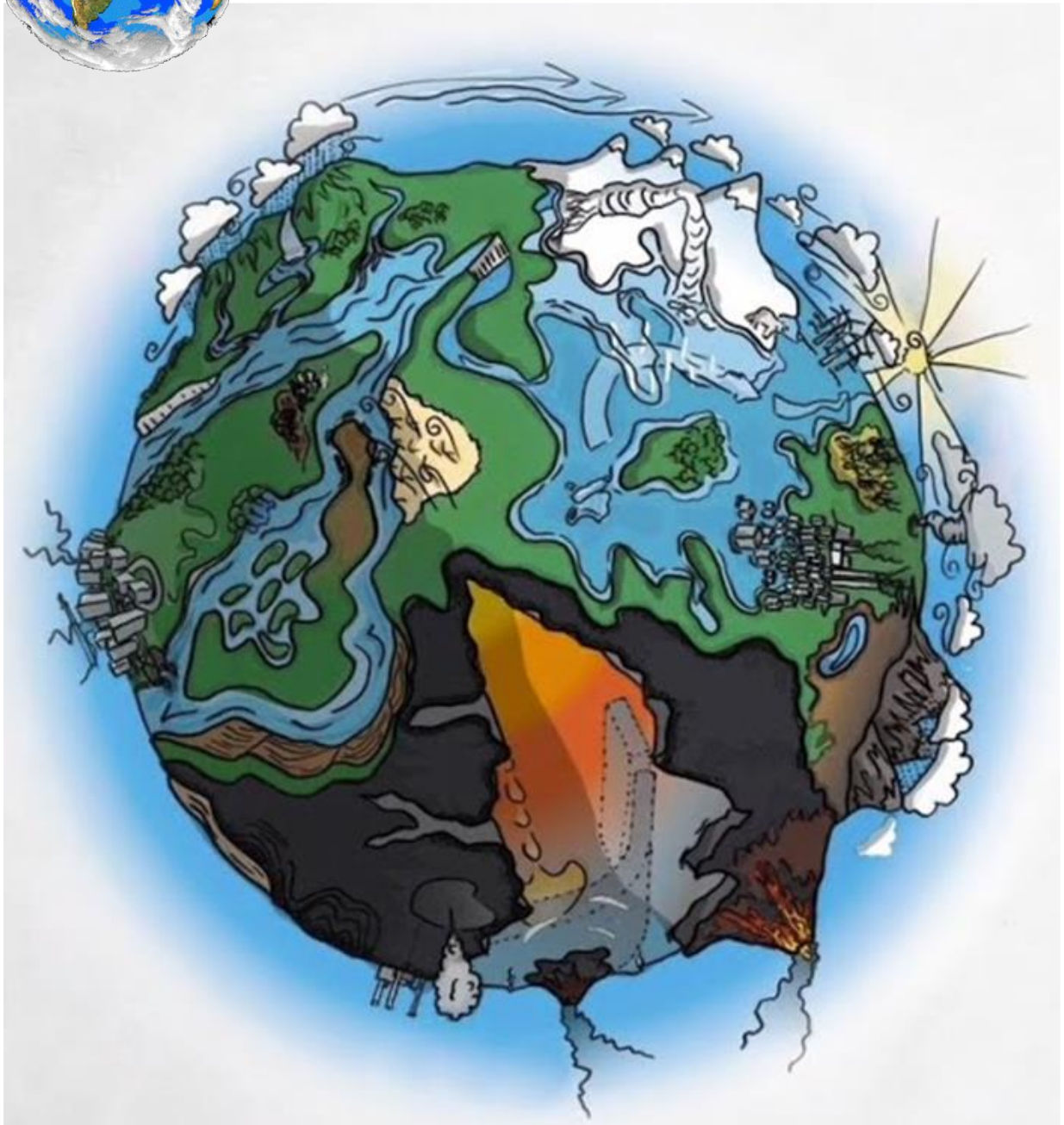
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# **Pascas Care - Death & Dying - Transition & Assimilation**



**We arrive into a  
world like Earth!**





## **HOW and WHY has HUMANITY been MISLED about LIFE after DEATH?**

James Moncrief

Monday, 15 May 2023

The Evil Ones, the Evil Spirits that started and controlled the Rebellion and Default, needed humanity to remain ignorant of life after death so the connection between the Earth and the Mansion Worlds is broken, so little information is passed between them. So from the Mansion Worlds, the Evil Controllers can work with the spirits of the mind Mansion Worlds to control humanity on Earth, with humanity being none the wiser. So it's all for control that we're kept basically ignorant of life after death.

So, humanity being made to believe there is no life after death, means we can't reach out and connect with any of the spirits: the mind spirits and the spirits doing their Healing, let alone the higher healed Celestial spirits; to find out about the overarching control that's continually imposed on people on Earth without the majority of people's say so.

To keep humanity on Earth in the dark about life after death also means the Controllers prevent humanity from spiritually advancing. Forevermore, we on Earth remain ignorant of anything more, so we're kept spiritually in a state similar to that of a young child. We have to cling onto our religions that don't help at all, they instead doing what they can to keep their followers in the dark. All because the Rebellion is anti-Truth. So stopping people openly believing there is life after death, keeps us devoid of truth and in the clutches of the Controllers on Earth, we remaining devoid of the good help we could get from spirits and Angels. If we got that help, it would then threaten the control of the Controllers. We would see we don't need to look to them on Earth, because there are higher and wiser spirits we can ask for help.

Ideally we should all know that there is life after death, and compared to how badly we live on Earth in our denial of truth and love, a much better life awaits us. We should all live knowing our short physical lives are only the beginning of our wonderful adventure to attain Paradise. That, when we die it's not the end, yet a whole new beginning. That, should they wish, people can continue their loving relationships in the spirit worlds, and that many other opportunities exist that one might not have been able to enjoy on Earth, and that to live without the need for money and with no competitiveness and a desire to contribute willingly to the good of all, is something to look forward to. We are not meant to fear the end of our Earth life, we are to embrace it as a wonderful continuation or new beginning.



# Life After Death



## **We are more alive than ever – when we are dead!**

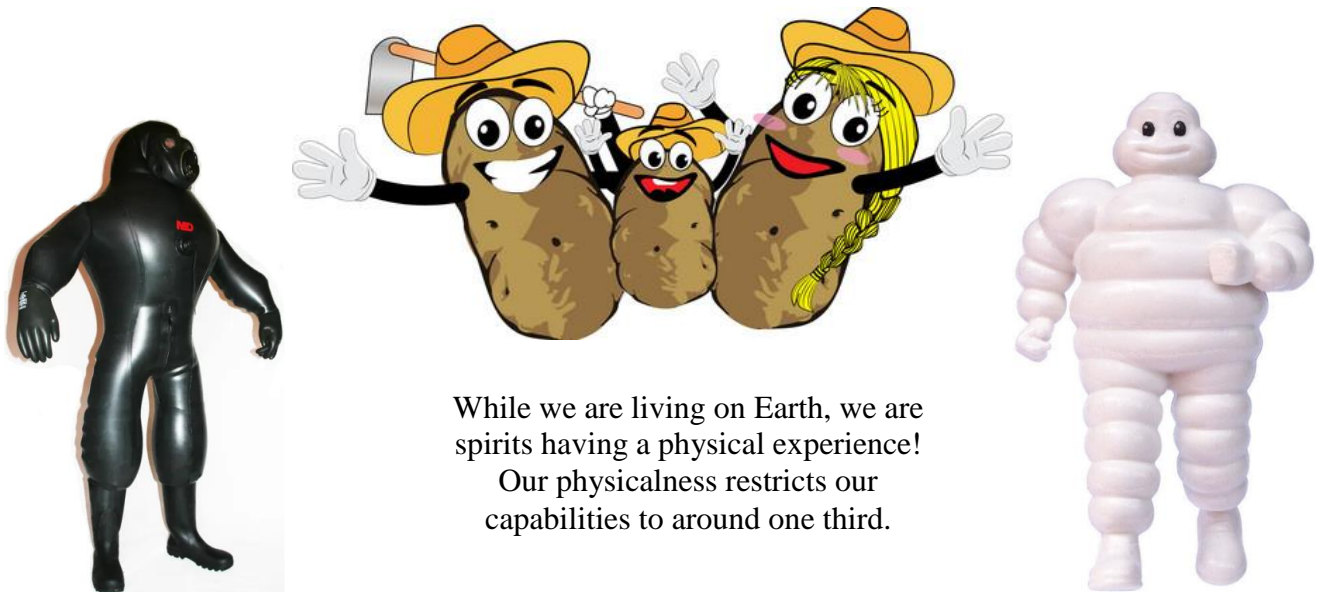
The life after death is no different in the essentials than the mortal existence.

However, our capabilities are about three fold of what it is when now as we are living in the physical.

We may come to look upon our physical body as though we are living as a potato, or maybe like we are living in and through a heavy rubber suit. Even being the Michelin man may come to mind.

Our physical brain is the interface between our spirit body mind and our physicalness, thus upon death of our physical body we lose nothing! Our personality remains as we know it and life is far more fulfilling in the spirit Mansion Worlds than living on Earth. We all arrive in the 1<sup>st</sup> Mansion World.

Every mortal gain is a direct contribution to the enrichment of the first stages of the immortal survival experience. Everything we do in this life which is good contributes directly to the enhancement of the future life – as it does now throughout our physical life! Death is definitely not to be feared, because what awaits us on the other side is a much more amenable way of life, even if it is still all within the Rebellion and Default.



While we are living on Earth, we are spirits having a physical experience!

Our physicalness restricts our capabilities to around one third.



## Sam's Out of body experience

Tuesday, 16 May 2023

I don't know how to put this but I will just say it, last night I died in my sleep!

I found myself met by a woman and two men who collected me from a state of utter confusion in the spirit world. They were in a kind of vehicle but not with wheels, it was all light and it had seats in it and moved energetically, like it was floating. I was in the vehicle but in a dazed state and slowly coming round when the woman turned round and looked at me making sure I was ok. She said; Hi Samia, we have come to collect you and smiled at me with such a beautiful smile. I was drowsy and sleepy for a while but suddenly I found myself very alert but confused as to what was happening to me.

We were moving and passing through fields and trees and flowers and when I say passing through we were literally passing through them, through my body, and it scared me at first, I could feel them pass through my body. All of nature just passing through me and it felt so incredible, like the most beautiful tingles as I became one with nature. There was a brick wall and I shut my eyes and put my hands up to my face to cover my eyes as we went through this wall and I could feel it go through me and it felt so amazing, this is so hard to describe because it was all a feeling but it felt like sparkles inside me, so incredible.

I got to a beautiful temple looking building which was shimmering and the vehicle we were in just passed through it and found myself on the inside and getting off of this vehicle. The woman, who I think said her name is Santa, led me through the inside of the temple and spirits were moving about all over the place, it was so busy, I couldn't take my eyes off them, all so beautiful. Santa told me that all would become clear in a moment. She took me into this room in the temple and we sat down and she began to explain what had happened to me. She told me that I had died and I remember saying to her "No, what!! I died, what was it cancer, a heart attack, no way! No! I couldn't have died", I was in shock and a bit panicky, Santa said "You have died in your sleep, you just stopped breathing for a moment and now you are here with us and you are very safe. I was sent to collect you".

I can still feel the amazement and weirdness of it all, I literally died in my sleep or stopped breathing for a second and went straight to spirit world. I can remember feeling so light, so excited and yet a bit scared and shocked and my energy was so complete, I felt so healthy like I have never felt before, so good inside and so real. I was in so much disbelief that this is happening to me, so shocked to find myself in spirit world and at what I think is the receiving hall but I didn't ask so I am just guessing at that. I couldn't keep my mind on what she was saying to me, I kept looking around me in disbelief.

Suddenly I became filled with such an awful dread, I was separated from my children, I went into panic at the thought of them being without me. I said to Santa, "No, this can't be happening, where is Faye and Alex, my children will be alone", and I began crying uncontrollably wanting to go back and be with them again.

Santa said, "Samia, for you, this has just happened but for your children it has been many years and they are now ok, let me show you how ok they are". Santa pointed to a huge screen and showed me a film of Faye, she was in a speed boat on the sea of a beautiful tropical island and she told me to look at how happy Faye is. Faye is looking older, about 35 and sitting in the back of the speed boat with her hair blowing and her arms out stretched touching the warm air and she was so happy. There was a beautiful looking man driving the boat, he was handsome and Santa said he was her husband, he had wavy blond hair and a stubbly beard and he turned round to look at Faye, the look was so filled with love for her. I began to cry that I had left her alone in her grief, that I had put her through so much pain then all of a sudden I felt two hands on my shoulders. Santa told me to turn round and see who has

come to visit me, and it was Faye. We turned to each other and embraced and kissed each other and I was sobbing, I told Faye that I am so sorry for leaving her, Faye said that it took some time to get over it, but now she and Alex are fine. We held each other and I didn't want to let her go but she began to fade away and to disappear. Santa said she had arranged for Faye to visit me briefly because she knew how distraught I would be at leaving her. Santa showed me Faye asleep in her bed, yet she had also been here with me in her spirit body just to visit, how amazing is that!!

Santa showed me around the place a bit more but not for long. We walked passed beautiful looking spirits and some of the women were pregnant which confused me so I asked Santa how that could be and all of a sudden her stomach grew like she was pregnant. She told me anything is possible over here as she pointed to her pregnant stomach and we both looked at it and laughed, and as she laughed, her stomach went down and became flat again, saying that she had no intention of wanting that and that women on Earth can also do it too but they call it a phantom pregnancy when they want it so much they will it on themselves. It doesn't happen to many women but it can happen on Earth.

The whole place was amazing, the feeling in me was amazing too. I felt so light and vibrant. Santa told me that it was enough for one day and that I had to now rest but there is so much more to show me. With that I came back to my physical body and woke up in my bed at 6am and could hardly move with the weight and heaviness of my body. I was back in my body and in my room, and in that instant of waking I burst into tears and have hardly stopped crying since. I feel so incredible and I have no fear of dying because I have been there, well the arrivals village at least. It is real, all so real, much more real than here. I know the difference in how the two worlds feel and the vibrancy of colour is beyond compare. To feel the solid matter of Earth, something you can only touch compared to the spirit energy of actually feeling how nature feels as it passes through you, not to just touch it but to FEEL it and then the ecstasy that follows within your spirit body, it is almost indescribable and has to be felt.

Spirit world exists, I have been there and I want to go back, it is beautiful, it feels beautiful, I can actually experience how things in the spirit world feel because I can be at one with them, unlike here in this dense material world where I can only touch.

The crying has been non stop for 3 hours.

Samantha

James response:

Wow, what an experience! A simulation of you dying, a real out of body experience. Gosh, and I wonder if the future will unfold for Faye that you saw for her happy in the boat with the man. You give such a good feeling of the vibrancy of spirit, how different it is than here, so much more 'alive', the spirit light. Yeah that was really good, now you knowing there is life after death through the feelings of that experience. I wish I could have such a good real spirit experience, just to cement it all into me as it has for you. Still, I can get a taste of it from you. Would you mind sending that experience to John, if you've not done so, as he's working on there being life after death at the moment.

My reading of it is that it seems like you starting in the Earth plane flying through Nature and the brick wall, then when you went into the temple you jumped ahead in your life to when you die, so looking at Faye older and happy; and then you visited her in her sleep, and then you came back. Did Faye have a nice dream meeting you over there?

**We are more alive than ever - when we die!**



# Seven Spirit Earth Planes

Each of the seven Earth spirit planes co-exist in the same space as we do in the physical. We of the physical world are of the coarsest and densest material. Starting with the 1<sup>st</sup> plane, the material within each plane becomes finer, more refined and of greater luminosity. Those within the lower planes cannot see or discern the presence of those in higher planes. Those of the higher planes can move about those in lower planes without them being aware of being present unless they wish to reveal themselves.

Each plane is predominantly for one group of spirit or angel personalities. However, there are sectors within planes where visitors from higher planes can move about freely. No harm or disturbance can be caused by any spirit personality upon another, not even those within the physical Earth existence.

7  
6  
5  
4  
3  
2  
1

7<sup>th</sup> Earth Plane being for visitors from Havona and Paradise, together with the Daughters and Sons of God. This includes Angels who have come all the way from Paradise.

6<sup>th</sup> Earth Plane being for visitors from the higher levels of our Local Universe. Higher Daughters and Sons together with higher Angels.

5<sup>th</sup> Earth Plane being for visitors from the Celestial Heavens and higher angels and spirits from other parts of Creation, including Finaliters.

4<sup>th</sup> Earth Plane being exclusively for Angels, some of which have evolved from Nature Spirits!

3<sup>rd</sup> Earth Plane is the exclusive domain of Nature Spirits who are derived from creature life experience on Earth.

2<sup>nd</sup> Earth Plane – a ‘Sphere of Isolation’ from which one progresses having settled the Law of Compensation, allowing entry into regular spirit life in the 1<sup>st</sup> spirit Mansion World.

1<sup>st</sup> Earth Plane – the darkest ‘Sphere of Isolation’ and closest to Earth. A plane allowing spirits to live in their state of hell because of their grievous inclination to cause harm to others.



## EXPERIENCES, FEELINGS and TRUTH:

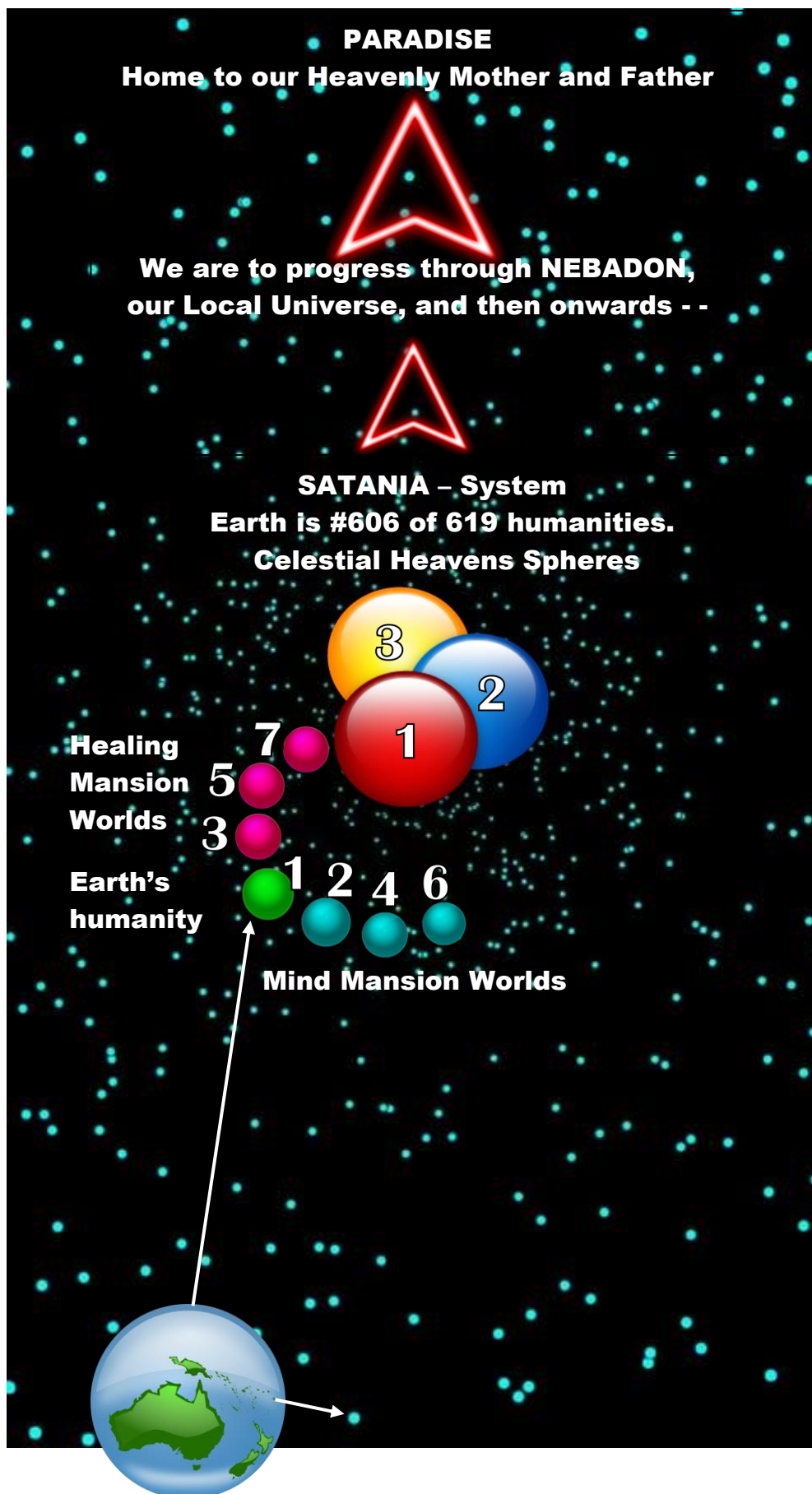
We look into the night sky and see around 1,000 stars that possibly are the hosts to the 619 humanities of our local system, Satania. Earth is on the outskirts of Satania.

When we 'die', and shed our physical body, as we are spirits having a physical experience, we all arrive on the 1<sup>st</sup> spirit Mansion World.

If we continue to live through our minds, then we may progress to worlds 2, 4 then 6 and no further – dead end!

Should we embrace Feeling Healing with Divine Love, we will start our journey of Truth and Love, progressing through Healing Mansion Worlds 3, 5 and 7, then through the Celestial Heavens and onwards out through our Local Universe of Nebadon and on to Paradise, the home of our Heavenly Parents.

The spirit worlds are within a different dimension to the physical stars and earths. So, picturing the spirit worlds within the centre of our local system is only a visualisation aid and not necessarily accurate.





## LEARNING for ETERNITY:

The journey that we are on and the life we are to live is a never ending adventure of learning.

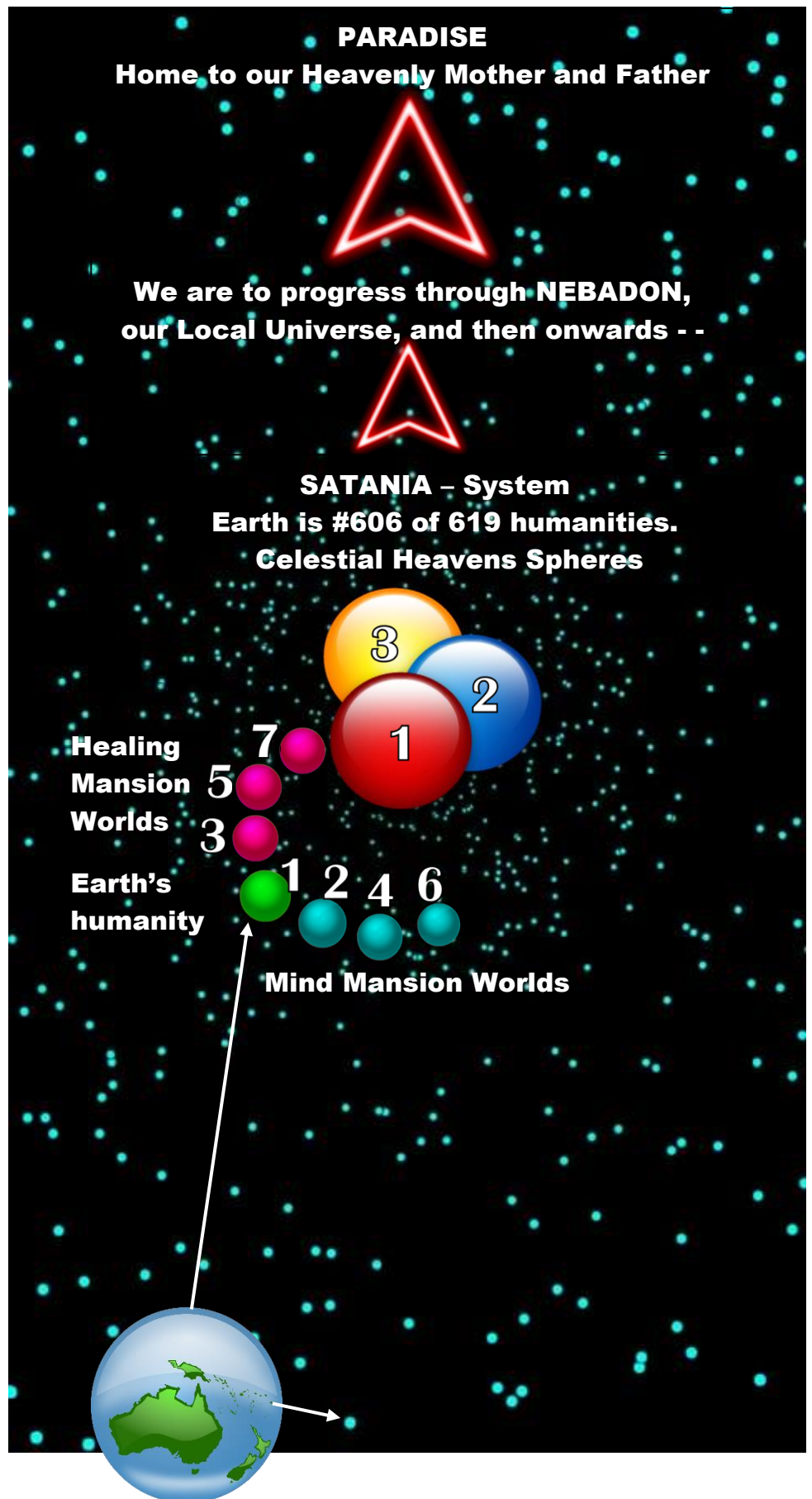
We may gaze at the stars in wonder for they are homes to our neighbouring humanities. While we live through and worship our minds then we will stagnate. This time in history is the Great U-Turn.

We will now embrace our soul-based feelings, the truth within us, and have our minds follow. Not the other way as it has been throughout the Rebellion and Default with the mind suppressing our feelings and we being in denial of our suppressed condition.

Through our feelings we will put aside the limitations and barriers that our mind restricts us to. We will discover the wonder of ourselves and our amazing potential. We will recognise that females and males are equal and are truly partners in all we do.

We will discover that one soul manifests TWO personalities, one female and one male, and that our true partner is our other half of our soul!

We will become free!



# ***We are welcomed within an arrival hall.***

We awake upon a soft white bed to be greeted by those who have been close to us during our life on Earth – family and friends. There may be spirits in attendance, all to comfort and support us upon our wakening.



We wake up on a fluffy white bed within an environment not all that much dissimilar to that of a convalescent home or hospital without all the devices and electronic systems.

We have no recollection whatsoever of what transpires from the time we leave our physical body to the moment that we wake up on a soft bed being welcomed by people and voices that we recognise.

We may have lingered a little or a bit more than a little in time observing our physical body once we separated from it and then come awake with family members and friends being present.



**↑ Arrival Hall**

# ***We do not experience the death of our physical body!***

We do not experience the death of our physical body! Even if you fell off a three story building and death was certain then your angelic companions would separate the cords connecting your spirit body to the physical body before your body impacts with the ground – you might observe your body dying but you will not experience the pain of it.



For example: when Judas Iscariot, who betrayed Jesus of Nazareth, suicided by using his rope like belt, tying it to a rock and then jumping over the cliff edge into the rubbish dump, outside of Jerusalem, only to find the rope coming off the rock; he subsequently observed his body smash on the rocks below, he did not experience the pain of the death of his body.

When the cords are separated between the spirit body and the physical body, THEN the physical body will die, and along with it, all pain. It is by us separating from the physical body that life within the physical body ceases. It is not the other way around.

This is so for all of nature. Even when an antelope is trapped by a predator such as an alligator or lion, should the engagement be certain of death then the antelope's nature spirits will separate the life force from the antelope and consequently the drawn out death of the physical body is not felt by the antelope.

For some of us, we may linger in our astral body / spirit state and watch the proceedings and goings on around our dead physical body before commencing the full transition process into the spirit Mansion Worlds. Our two 'angels of death' manage the whole death and dying process while we are in a state of total unawareness, then awakening our consciousness within the spirit arrival room, as we wake up conscious in our pain-free spirit body.



Once separation of the spirit body from the physical body takes place, there is NO returning to the physical body. Life of the physical body is now impossible. No other entity can enter that physical body. Its life experience is over.

It is our soul that orchestrates everything. It is our soul that brings about the spirit body which becomes the template for the physical body at conception. The physical body is the vessel for individualisation of the personality. And should that be for a fleeting moment – then the unborn child will become spirit born to have

its equivalent 'physical life experience' all within the 1<sup>st</sup> spirit Mansion World.

Following separation from the physical body, there is no tunnel or light that is followed. These are impressions that relate to out of body experiences or near death experiences which do not represent actual death of the physical body. There is no one that has consciously experienced their transition to an arrival hall in the 1<sup>st</sup> spirit Mansion World. There are numerous adjustments being made to the spirit body during the transition from the physical world to the 1<sup>st</sup> spirit Mansion World through which the angels in attendance require the personality to be unconscious. This is also the case when a personality transitions from any of the spirit Mansion Worlds to a higher Mansion World. However, that is not the case when we transition from the highest Mansion World, the 7<sup>th</sup>, to the 1<sup>st</sup> of the Celestial Heavens – that is a journey to embrace and talk about for the rest of eternity. Transitioning into the Celestial Heaven is the time of the fusing of your Indwelling Spirit / Thought Adjuster with your soul. Your Indwelling Spirit is a fragment of our Heavenly Mother and Father's Soul – we become in continual commune with God and that is when we begin our Celestial life!

**Upon death of the physical body  
we lose nothing but a lot of weight!  
Oh, and our reproductive organs.**

We are not our physical body. We are spirit personalities having a physical experience. Propagation of children only occurs within the physical environment. However, should we want to experience raising a family, this we can do within the spirit Mansion Worlds by adopting physical foetuses, babies and young children who've died, becoming 'spirit born children' – there are presently 50 million aborted children and about 45 million miscarried children each year.

Life is all about experiences and the feelings that arise from such experiences.

Throughout the 200,000 years of the Rebellion and Default, all of humanity has suppressed their feelings and embraced their minds.

We are now to embrace our feelings and have our minds follow. When we embrace our Feeling Healing with Divine Love then we can heal ourselves of the Rebellion and Default and progress into the Celestial Heavens.

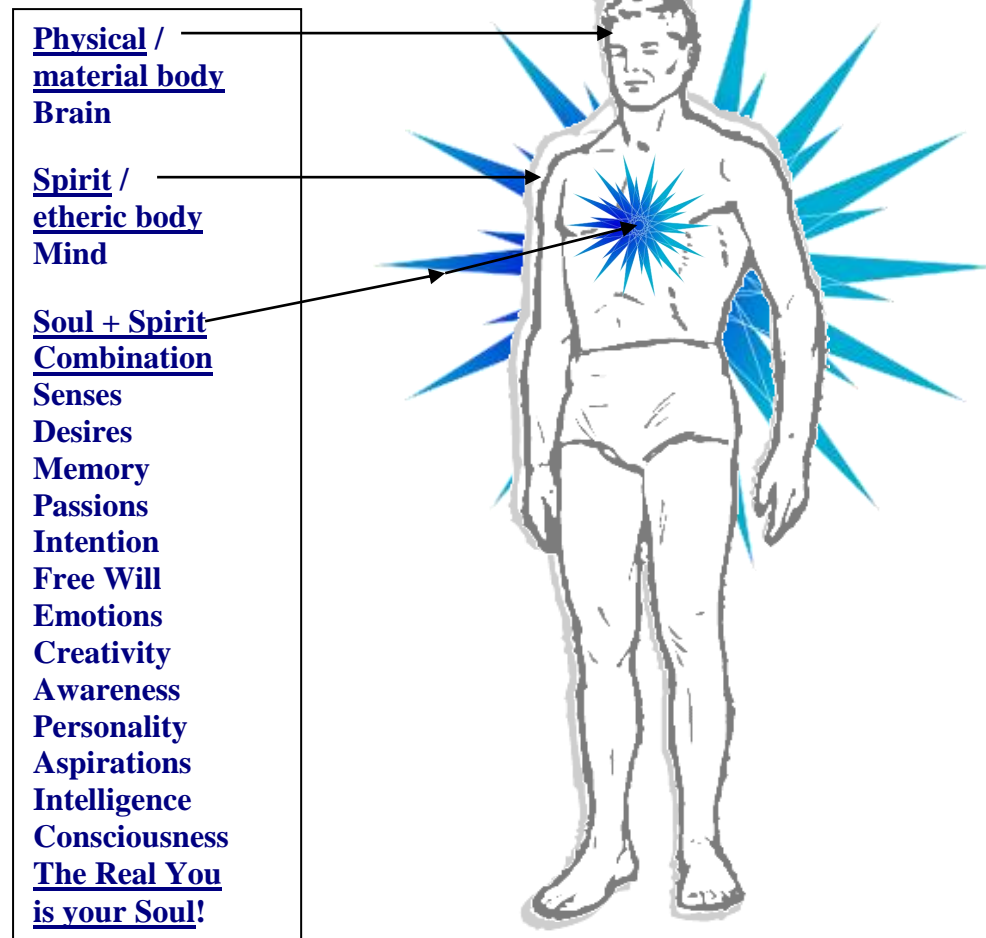


Oh, and even though we have no reproductive organs, we continue to be able to have sexual experiences throughout our spirit world life! That will give you something to investigate!

**WHOLE DIFFERENT** Way of Life.





ASPECTS of LIFE:

The spirit body is composed of a different kind of matter, "finer" or more "ethereal". The fact that its aspect reflects the condition of soul is a clear indication that the soul influences largely its formation, and even more, the soul is indeed the creator of this body, which covers it and provides it with the characteristic of individuality. The formation of the spirit body begins at the moment of incarnation of the soul in the foetus, incarnation which only takes place should there exist a high probability that the spirit of life has found in the new organism a stable biological structure, allowing it to carry out its life-giving function.

P529 Judas of Kerioth 8<sup>th</sup> May 2002

**At the moment of conception we achieve individualisation and become self aware, we are then able to exercise our free will. At the moment of conception, our soul, being our real self, is creating the newly forming embryo and everything else every step of the way as Judas says above. And our soul utilises our parents' life forces to achieve incarnation.**

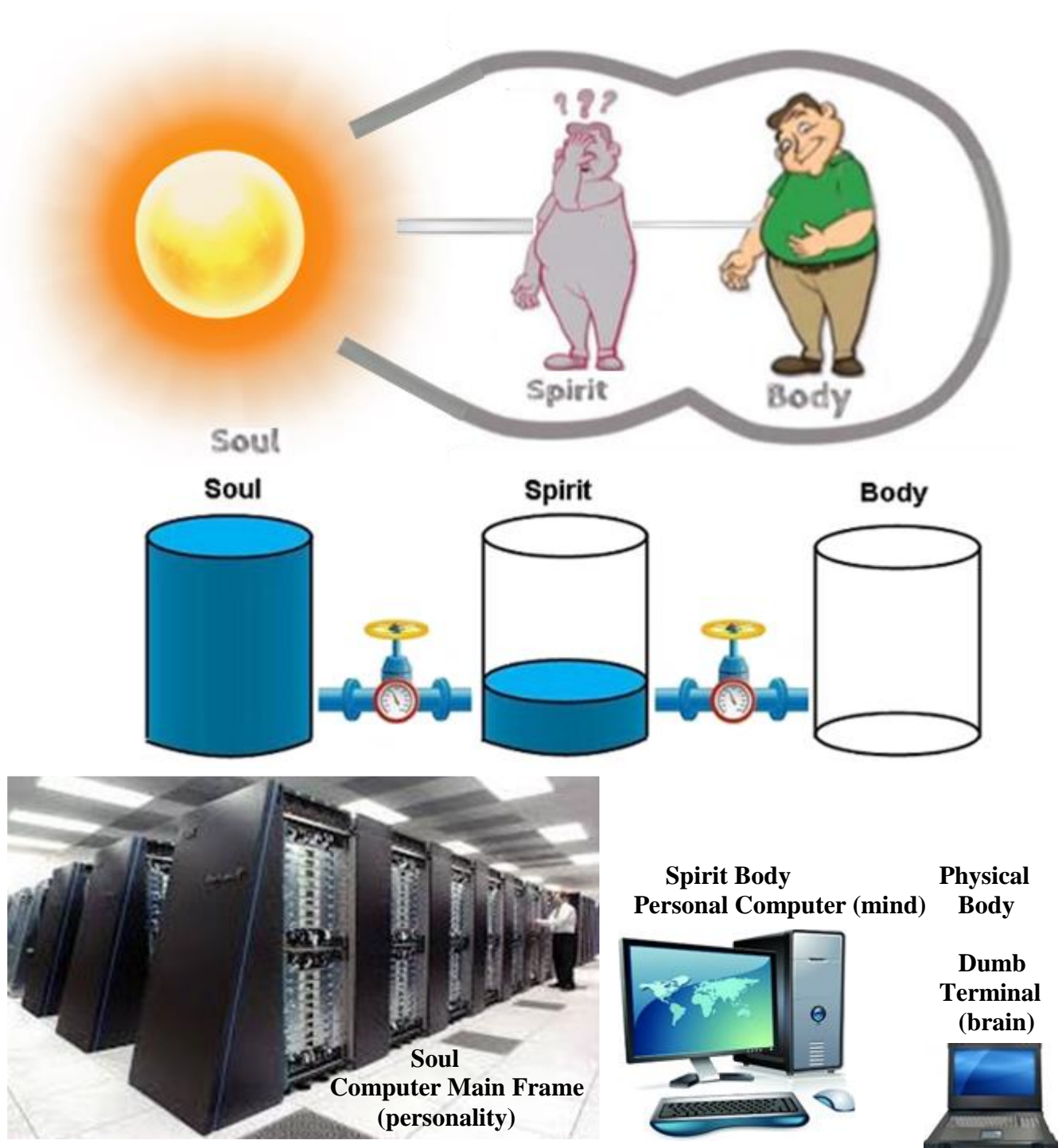
**Incarnation is complete 16 days after conception when the embryo commences to pump blood.**

**At the moment of conception, there is nothing of the Divine within us. Only as we proceed to ask for and receive Divine Love does our soul slowly and progressively change into the nature of that which is Divine. As our soul receives Divine Love, and embraces Feeling Healing, it will grow, and grow, and grow in brilliance and into that which is Divine.**

**Feelings first**

## OUR MIND constricts OUR FEELINGS!

Thousands of years ago, high level spiritual leaders erroneously guided humanity to embrace their minds as the way to live. Our minds are addicted to untruth, they cannot discern truth from falsehood, and our minds are addicted to control over others and the environment. We are self-contained. It is our soul-based feelings that we are to allow to surface and guide us. Our minds are to then help us implement what our feelings are leading us to do and understand. All truth flows from our soul and it is our minds that are to allow such truths to be accepted and followed, not the way we are now being taught. We are to live Feelings First.



### SOUL, from another dimension, is connected to the SPIRIT BODY:

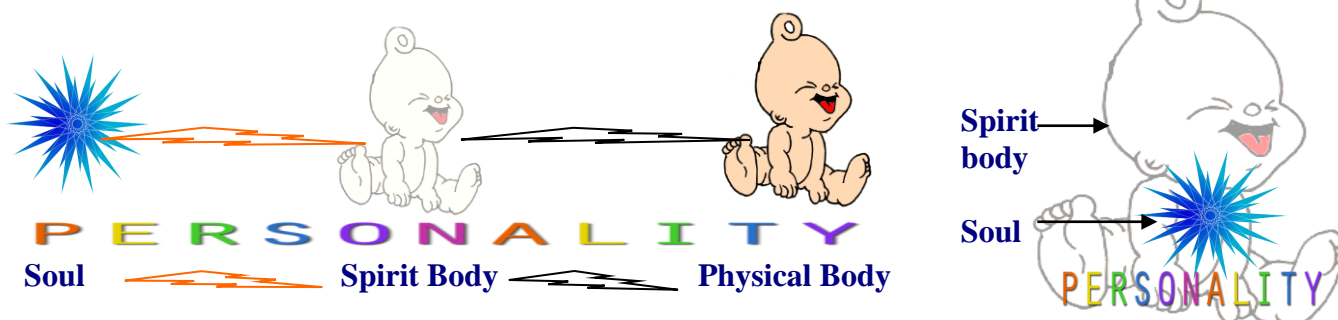
The soul is a most durable and strong structure. We all have one and all are learning about the soul that we have. When it incarnates it enters into the wonderful process which simultaneously sets in motion the creation of a spirit body that enshrouds the developing physical body. This it does twice, one female and one male – one soul, two personalities being soulmates / soul partners. The soul is an incredible structure as it brings with it almost unimaginable potential which includes the talents and passions of each of these two individuals.

The soul contains all of the elements that make a human a human. Therefore it contains the elements which modify and direct the expression of emotion in humans that give humans their individual qualities. Despite the variation of emotional expression in different cultures there is a great uniformity of emotional expression throughout humanity. When an emotion is expressed truly by any person it is capable of being recognised for what it is by any other person.

In small children and babies, the expression of emotion is initially quite simple but recognisable and develops as the child grows and is profoundly influenced by the relationship with the closely attending persons be they parents or others. The small child learns a lot by following and aping what is done by other children and adults so it learns patterns of expression of emotion and learns the acceptability or otherwise of emotional expression. It is taught what is 'right' or 'wrong' in its immediate environment so there develops a great variety of emotional expression and repression. Thus facades evolve and suppression of true self unfolds.

The spirit body and the soul are inextricably joined and remain so during existence. The soul 'drives' all our personality existence, our spirit and physical lives, in Creation. Upon death our physical body 'dies' with our soul still expressing our spirit personality. And our consciousness, our life focus and awareness, moves from living focused in the physical to living focused in spirit.

The soul is displayed by virtue of the development of the human personality and its qualities. The physical body is created with all of its physical elements the shape and function of which are largely determined by its human heritage as provided by its physical parents. Even though the soul has all of its potential in every individual, the fullness of its expression in any individual is directed to some degree at least by any limitations of physical and mental structure although these are not, of themselves, absolute in their effect. By that is meant that a soul which is developing powerfully can shine through and transcend what seem like insurmountable physical and mental odds. This means of course that a human who might appear to be greatly hampered by their human heritage is capable of great soul development while on Earth. There is great individuality in this as in all things human.

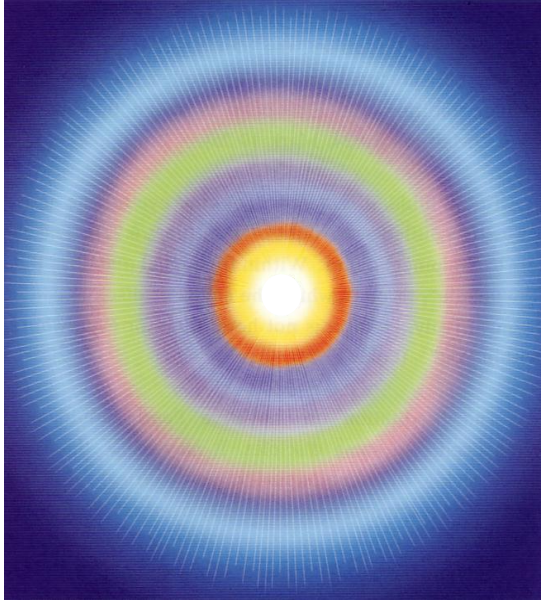




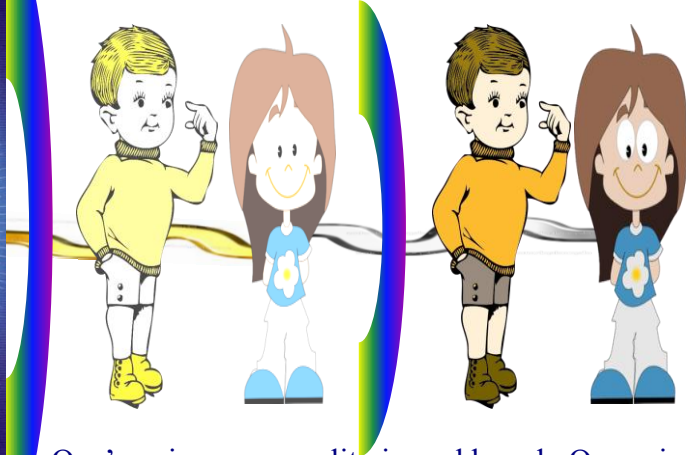
### DIMENSIONS of ONE'S EXISTENCE:

Our SOUL IS NOT ENSOULED IN OUR SPIRIT BODY. Our soul exists existentially in a whole different level or plane or place or dimension of being – 'soul land'. It doesn't exist in Creation, it's not experiential like Creation is. The soul, all souls, help create their part of Creation by expressing their personalities into Creation, and then by having their personalities do things (further create) in Creation.

SOUL exists existentially



Our Physical Body and our Spirit Body are of Creation, being linked together by cords of light as are the two spirit bodies, male and female, to the one Soul.



One's unique personality is soul based. Our unique soul expresses its unique personality through the two spirit bodies and physical bodies expressing both the male and female aspects.

### PERSONALITY



Our soul is the centre of our personality.  
We are children of our Heavenly Parents.  
Our soul manifests a male and female personality - it is a duplex!



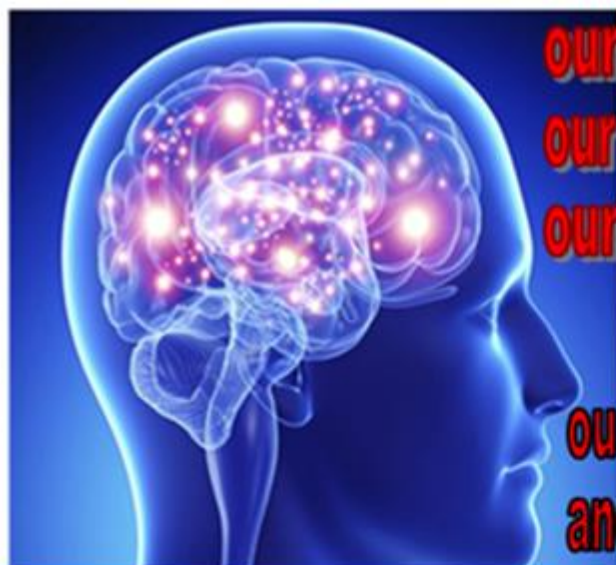
In a way, each person's Indwelling Spirit, which is really God, is contracting out the work needed to be done with you to other agencies. So to us spirits, the angels, the nature spirits, other elements under the Divine Minister's control, and even other non-humanity spirits, all of which end up doing increasingly more amounts of what your Indwelling Spirit does. And this 'outsourcing' is to affect greater personality interaction, increasing your experiences so they are maximised through interaction with different personalities rather than just relying solely on God. Overall, we are to become increasingly at-one with God, but we are to do that by becoming increasingly immersed in the experience of being with others.

Nanna Beth – 3<sup>rd</sup> Celestial Heaven: 25 December 2018



We each have a band of a Nature Spirit pair, Spirit Guide pair, and an Angelic pair, each pair being in their 'soulmate' relationship. In addition we have our personal Indwelling Spirit.





**our MIND is a CONTROL ADDICT!**  
**our MIND is addicted to UNTRUTH!**  
**our MIND cannot discern TRUTH!**

**our MIND is within our SPIRIT BODY**  
**and orchestrates our physical BRAIN.**

**ASSUMPTIONS are the product of our MIND!**

**HEALING** ends  
**MIND-CONTROL!**



**our SOUL is our TRUTH!**  
**our FEELINGS are our TRUTH!**  
**FEELINGS FIRST, mind to follow!**

**all we need is WITHIN.**  
**our MIND suppresses FEELINGS.**



## ***We arrive amongst similarly back grounded people.***

There are many arrival halls on the 1<sup>st</sup> spirit Mansion World. Every consideration is taken to ensure comfortable transition and arrival into the spirit realms. We awaken within an environment that closely reflects the conditions that we presently experience on Earth.

It is noted that the majority of people who arrive into a receiving convalescing environment do not recognise that they have died.

The people arriving around us will be of a similar background as ourselves. The people that we will firstly see will be of a similar culture as ourselves and have similar customs and beliefs.

No event, as events unfold, will be beyond our capabilities to handle and manage. There is a great deal that will unfold quickly, but not at a rate that will overwhelm.

We meet our spirit guides and mostly we will discover that they are close relatives, such as grandparents, parents, aunts and uncles, etc. Should we embraced Divine Love during our life, you may come to learn that your spirit guides have changed from natural love orientated spirits to Divine Love orientated spirits – still being close family members or friends. There will be much to discover.





**1st spirit Mansion World time is Earth time!**  
**1st Mansion World distances are Earth's measures!**

Well nearly, each spirit month of time being the equivalent of three of our Earth months, and so one of the spirit world days is three of our days on Earth.

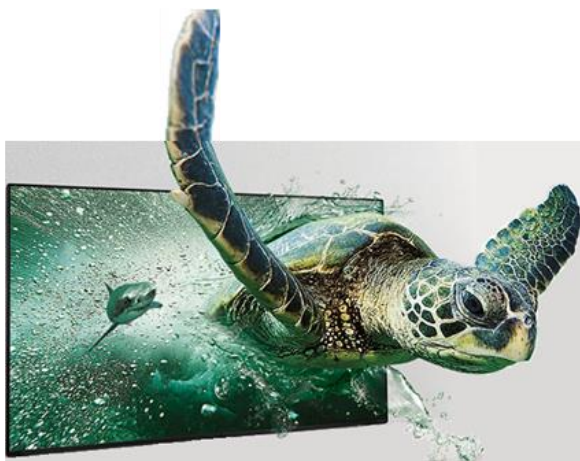


**ps: Angels do not have wings!**  
**Angels remain invisible to us until we heal!**

ps: Angels do not have wings! Some have friction shields (mistakenly seen as wings) used to transport us spirit-personalities about the spirit worlds, such as when we die and move into the first Mansion world.



# **Personalities from within the Mansion Worlds, such spirits can hear and feel our thoughts but we on Earth cannot do likewise!**



All personalities within the Mansion Worlds, such as spirits and angels, can hear and 'feel' all our thoughts and feelings, whereas only a few psychic people on Earth can readily communicate with spirits and angels.

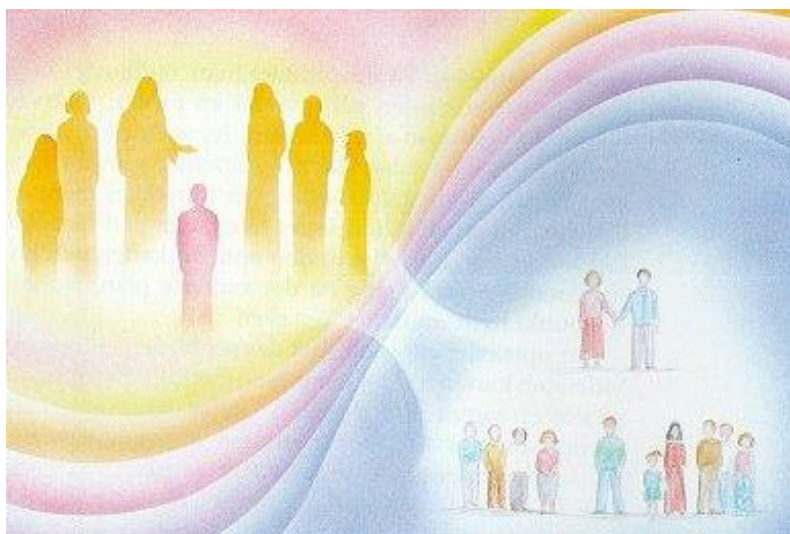
Angels record all we do and say, and spirits can follow our lives on Earth from spirit. We are on 'candid camera' all the time. If we are doing something profound, then our spirit audience might be greater than what Elvis Presley had on Earth.

The spirit transmission is three dimensional, and may be beamed into all



seven of the spirit Mansion Worlds and the three Earth orientated Celestial Heavens. And at times the transmission will go even further into the Heavenly spheres.

Now that you know that we are all movie stars, what is the deal of it all? Not only can those who we are thinking about feel our emotions, they 'hear' what we are thinking and they can view screens presenting what we are doing in three dimensional (3D) images. Within seconds, they can also come close to us through Earth's 1<sup>st</sup> plane which facilitates closer presence to be with us without our awareness. We are never alone!



Death is NOT the end. Our loved ones are still with us in spirit. They can easily 'tune in' on us, knowing what we are thinking and feeling, loving us and feeling our love for them, being close to us in their spirit plane. It is only our belief that we still can't readily communicate with our 'dead' family and friends that prevents us from doing so.

Why do they not make themselves seen? Under the Universal Contract governing the Rebellion and Default, visible appearance of spirit personalities is mostly prohibited. However, now that the Rebellion and Default has formally ended, as of 31 January 2018, as people on Earth begin to embrace and progress with their personal Feeling Healing (Spiritual Healing) it may become possible for certain Celestial Spirits to appear to Healed people on Earth.

People who are sensitive to spirit interaction, may find their daily life being involved with spirit personalities more than with those who are still in the physical. Enjoy their companionship.



# **People in spirit - 'spirits' - are the same as they were in the physical.**

Maree Baker died around 5.00 am on Thursday 2 May 2019 due to a throat cancer, aged 72. Jim and Maree Baker are very close friends to John Doel, on the Gold Coast, Queensland, Australia. This is what Maree shared on Tuesday, 7 May 2019, only five (5) days after her transition to the 1<sup>st</sup> spirit Mansion World:

Tuesday, 7 May 2019: James: Maree, how are you – you want to have a word?

Maree: Yes James, if you don't mind, I would like that very much. I am well, all things considered, and well what can I say, I am still in a state of shock – A GOOD SHOCK! A GREAT SHOCK – THE BEST OF ALL SHOCKS, still getting my bearings.

Secretly I was hoping you might avail yourself to me for my being able to come and talk with you and to especially tell my lovely husband Jim that I am very well, you needn't worry about me, it is as we have wanted to believe, even better, there is life after death, and WOW, how incredible the whole experience has been, I'm still blown away by it.

And I feel so excited to be able to send you this message Jim through James, I understand it is quite taxing for him to do, and I would love to talk on and on about all that's happened to me since 'my passing' – isn't that quaint... since I died, so I will try and be brief.

I want you to know Jim that on Friday at my 'Celebration' (funeral) I'll be standing with you every step of the way. I'll be there, there's a lot of us over here who will be there, many of our family and friends, I've been meeting some of them these past days and WOW again!

So I will try to 'impress' myself and my love for you on you, I don't know if you'll be able to sense me, my light is not very bright yet, I've been learning about it, along with about all the other million and one things – there is SO much to learn, it keeps raining in on me, things keep occurring to me, they tell me it's the spiritual light, and as I am 'Adjusting', which means, waking up to and getting used to my New Spiritual Life, My Life in The Spirit Worlds, so my system processes it, it all helping to orientate me to my New Beginning.

And that's what it feels like Jim, I know we read about Jesus' being Born Anew, but it's not like that, it's a lovely feeling of – That it's all over now (my Earth life), and I am starting out again – Again, can you imagine, we get another go at it, or as we understand, it simply carries on, however when you were as sick as I was, and now I'm fully healed – in an INSTANT, it changes you. I feel like it's all new and yet in other ways it's not so new, it's actually what I was expecting, although I darn't have got my expectations up too much, because what if there wasn't anything and all we believed about coming to spirit was wrong. However it's not, and now I sound like one of the many spirits we read about telling us all back on Earth: Hello, you down there (because you do seem to be 'down' there), there is Life After Death, there really IS. It is right what we read and what so many people believe, and I believed it, we both did, but it's so incredibly amazing to 'Cross Over' and experience it.

So here I am, I finally Crossed Over and I want to apologise for putting you all through my suffering, and I know you'd say there's nothing to apologise for, however that's how I feel so I want to say it. Feelings have been rippling through me and I can hardly keep up with them. It's funny having a body like this, my spirit body, I can touch and feel it, it feels in some ways just as hard as my physical did,

and yet I also know it's so different to the physical body. Don't ask me how I know, you just sort of know things, which is another amazing part of it all being over here.

And you know what Jim, I've met my Spirit Guide, and what a laugh that's turned out to be, because it's a whole bunch of my ancestors starting with my grandmother on mum's side. James is not very good with names (Eileen, or Ilene – that's what he hears, but it doesn't matter). And she's been telling me most about how it all works over here.

When I died I can't tell you how much of a relief it was. It was a zillion times better than going to sleep, it blanked out everything, I remember slipping away, knowing I was dying, I felt no fear, only a nice warm sense of happiness, glad it was finally over – glad for us all. And then I felt a stirring as if I was having a dream, groggy sort of and someone gently calling my name, which turned out to be my Granny (I'm just using words in James' mind, it's actually quite easy to do, however I can't exactly express myself as I'd like to, so it's a bit of a compromise, but I hope you can sense that it REALLY IS ME speaking to you – and how amazing is that!)

I awoke in a spirit hospital, a very nice Arrival Room so I've since been told, and almost immediately after my death, it apparently doesn't take our angels long to 'bring us over', and it took a while before my mind, I guess, came to the realisation that I was not dead after all, that I was still very much alive. I'm still blown away by it, but I am told the whole experience settles in as being normal, like everything else over here, and that we adjust to our new surroundings and way of life very easily, as everything is geared that way for us to do so – which makes sense.

Anyway, I'm getting the wind up call, I'm here with another spirit, still in a part of the Arrival Hall, it's massive this place, and we're in what seems like a sort of small conference room with a large screen and I can see James sitting on his couch (Hi James, nice to finally 'meet' you, I'm waving at him – don't wave back, keep typing) typing what I impress on his mind, which I do by simply 'thinking what I want to say to him', which is really just like me speaking out loud but doing it in my mind instead.

I have so many things that I want to say, I'd love to be able to say something to everyone Jim, but as I have limited time, so I will stay with you.

I want to thank you so much for all you did for me through our marriage, I loved every moment of being with you, I feel all overwhelmed and weepy with love for you, I feel a bit overcome again, it's this New Light, it's quite intense and it seems to amplify all the good feelings.

I know your time to come, I don't know exactly when and I've not asked, I don't want to know yet, I was told that there's plenty of time for that, and when it comes I will be waiting for you, being there to meet you when you wake up. I'm looking forward to that. And between now and then, I know I will possibly change a lot – who knows, but as to how I feel now, I'll be waiting for you and we will have much to talk about when we're back together again. I know this might sound a bit harsh, but presently I can't say that I am actually missing you, I don't miss all the pain and grief I was causing you so I feel so happy that we've both been released from that. And I am able to visit you, which I've already done, so in a way I guess it's easier for us over here, and we get a whole new start, than it is for you.

I'd love to be able to say words that would take some of your misery and hurt away, that great sense of loss, however I don't think there is anything and I feel now that it's what you are meant to go through, which is why I had to leave first. I know we've talked about all of this on and off, and I know you in a way had a better natural understanding of it all than I did, you sort of lived it all more with faith, whereas I needed more proof in a sort of way, something which I would never get and something that

you never needed, so know I'm getting more of that proof and it's all pretty much along the lines as I expected (says she, the wise-one who's only been in spirit a few days. But it's like Light, it does strange things to you Jim!)

Really, I have to say I am ecstatically happy, I've never felt happier, that it's over, that I don't have to worry anymore, about myself, you, the children, our grandchildren, the state of the world, it's all suddenly been taken out of my hands and I'm no longer part of it. I can come and go but I can't change it, I can't influence you or the children or anyone else. And I feel really good about that, that I've been given back my life in a way, if that makes any sense, and I hope you don't take this the wrong way either, but it's as if in a way I was living a lot of my life for everyone else, and yes, I knew that, but did I really ever fully admit it to myself, and then what was I to do – try and live it more for myself? My life wasn't about 'just me', it was about us, and it still is, nothing has changed in that regard within me, you and I are still one in the sense of how we were, so death hasn't changed that for me, and even though I was unhappy and upset at times by all the difficulties and our not being able to work it out as to what it was all about properly, still I can't complain, and I think I'm dathering a bit (my made-up word), so I'd better take a breath and try and gather my senses. I'm possibly still a bit delirious – After Shock!

Yes, so, I'll be there on Friday, you can tell everyone I'll be coming and I'm looking forward to it and I hope you can be happy to know that at least I am feeling much better and not just physically. I am, so you don't have to worry about me.

I have to go now. I hope I've said enough, this is all very strange, there are other things I want to say and possibly even to say what I have said in other ways, however I'll leave it be. I'll read it over James' shoulder so to speak when he re-reads it and add or subtract should I need to.

I am showering you with my love, continually. Now how that actually happens is I can feel my love for you bubbling up in my heart whenever I think of you, which is often, and I know we've read about this sort of thing, so I guess it must be true, but I can sort of sense or feel the energy of that love, because I am sincere in it, going to you. I don't know if you can feel it from me, and I can feel your love still for me, which makes me love you even more. It is all very remarkable, but I have to end, I don't want to end, I want to keep going, I want to come and hug you and hold you and tell you it's going to be all right for you, and I'm with you in spirit, and at times you might feel or sense me actually being with you, with these times increasing the more accustomed to the Light I become and the more I adjust to my new life. For the time being and for a few weeks yet, I'll make it to see you on Friday and I try to come each night when you are going to sleep, but that's about all I can do, however I intend to spend more time with you once I gain my footing.

So, thank you again for everything you did for me during our harrowing ending together, and throughout my life with you. You are dear to me and I hold you in my heart and send my love to you.

Possibly I might be able to speak again once I've settled in more, I don't know about that and my spirit companion is not giving anything away. So until then should it come about, keep your senses and heart open to me and I'll be with you on Friday. Whenever you think of me, I'll be right by your side.

Goodbye Jim, all my love to you. And thank you James. I will go now Maree Baker – a newly arrived spirit. (I've always imagined saying something like that Jim, were I ever to give a 'message' to Earth.) And goodbye to all my lovely children and grandchildren, I love you all.



**People treat others in the same way as they did when living on Earth!**



The Law of Compensation is constantly imposed throughout the spirit Mansion Worlds, in a manner as it is to be on Earth throughout the coming spiritual age of 1,000 years, being the Avonal Age.

Which means, if we endeavour or intend to cause harm to another personality, then the pain that we plan or do inflict will be felt by the perpetrator to the same degree, thus debilitating the perpetrator and preventing further imposition of such pain upon another. If you cause another person or spirit pain by infringing against their will, then you have to

Compensate for such pain (will infringement) by yourself feeling the pain you've caused them.

Upon death we continue expressing our personality in spirit as we did when on Earth. Adjustments are made in accordance with the Law of Compensation and whether or not we want to continue living in our rebellious mind-led way, or live true to our feelings living a feeling-led spirit life. If we stay addicted to our Mind Way, we will continue moving in the wrong direction and further away from our true selves, our Heavenly Mother and Father, and our chosen soul partner (soulmate). If we choose to do our Spiritual Feeling Healing and live true to our feelings, we'll move closer to ourselves, our soul partner, thereby ending the control our mind has over our feelings.

As we acclimatise and assimilate to our new conditions of living as a spirit personality, we will eventually move to and become part of a community of like minded people (spirit). The community will reflect the same soul condition as of our self. If we are intent on living our feeling-denying Mind Way, we can, 'spinning our wheels', for as long as we please, possibly for thousands of years. All until our soul says it's time for us to stop and start living true to our feelings.



There is no eternal damnation. There are 'Hell Planes', areas set aside for newly arrived spirits who need to settle the Law of Compensation being isolated from the main Mansion World spirit population until they have felt all the pain they caused others during their life on Earth.

Should you find yourself quarantined in darkness (a dark state of mind), a reflection of the darkness and pain you inflicted on other people or animals on Earth, then when you have 'paid your dues in pain', answers can be sought from brighter spirits whose higher light reflects living a higher truth.

### SPIRITUAL UNIVERSE CAMPS



Consider the social group that you presently fraternise with here on Earth. Conversations are typically founded upon assumptions. The error rate of an assumption is 98%. The 2% that is accurate is the result of flukes. If you look deeply into any long standing norms, they are all founded on assumptions.

You can use kinesiology muscle testing to determine if a statement is in truth or error, also you can determine the level of truth of any statement. Kinesiology muscle testing response is coming from your soul which is always in truth. Your mind cannot determine what is truth or untruth. We have all been brought up to embrace our mind and suppress our feelings. It is our soul based feelings that is the source of truth. This is why we are now being guided by high level spirits, with authority, to Live through our Feelings.

Possibly some 200 billion spirit personalities are living through their minds in the four Mind Mansion Worlds 1, 2, 4, 6 and the two Earth planes. It is only when they embrace their Feeling Healing and with Divine Love that they will then be able to progress through the healing feeling Mansion Worlds 3, 5, 7 and into the Celestial Heavens. This being the pathway that we are all to eventually take.

When in spirit, it is through the guidance of bright spirit personalities that we will find our way to Divine Love and our Feeling Healing and progress to the Celestial Heavens. This is why we are best to look for the bright spirits and ask them for guidance. If we do not ask, they will not impose themselves upon us – so ASK. The alternative is to remain amongst a community of mind-addicted people (spirits) imposing their will upon others and not progressing anywhere.

## Feelings First; then comes The Truth; then comes Love. Feelings First Spirituality, The New Way

**By living true to ourselves, true to our feelings, we are living true to God. It's that simple.**

**New Feelings Way: Learning how to live true to ourselves by living true to our feelings.**

**We are to express our feelings, both good and bad, at all times, and to long for the truth of them.**

**Golden Rule: That one must always honour another's will as one honours one's own.**

**God's Divine Love: Pray for it, ask for it, and receive it.**

**To liberate one's real self, one's will, being one's soul, is begun by embracing Feeling Healing, so as to clear emotional injuries and errors. With the Divine Love, then one is also Soul Healing. We are to feel our feelings, identify what they are, accept and fully acknowledge that we're feeling them, express them fully, all whilst longing for the truth they are to show us.**



**Negative Spirit Influence  
blocked  
22 March 2017  
Law of Compensation  
quickenning  
22 May 2017  
Rebellion and Default  
officially ended  
31 January 2018**



**Firstly, consider discovering the truth of your emotional pain through Feeling Healing. Secondly, consider longing for our Heavenly Parents' Love as you progress with your healing. Primary and most important readings are the writings of James Moncrief. Then consider the Padgett Messages, and then The Urantia Book.**



## MAP OF CONSCIOUSNESS

*Map of Consciousness* from Dr David R Hawkins, M.D., Ph.D. "Power vs Force".

Level	Log
ENLIGHTENMENT	700-1000
PEACE	600
JOY	540
LOVE	500
REASON	400
ACCEPTANCE	350
WILLINGNESS	310
NEUTRALITY	250
COURAGE	200
PRIDE	175
ANGER	150
DESIRE	125
FEAR	100
GRIEF	75
APATHY	50
GUILT	30
SHAME	20

### PERSONALITY TRAITS:

Less than two dozen people on planet Earth.

Would not pick up a weapon let alone use it. These people gravitate to the health industry and humanitarian programs.

Debate and implement resolutions without argument and delay. 470

Debate and implement resolutions in due course. 440

Debate and implement resolutions with some degree of follow up generally needed. 410

Management supervision is generally necessary.

Politics become the hope for man's salvation.

Cause no harm to others starts to emerge. Power overrides force.

Illness is developed by those man erroneous emotions that calibrate 200 and lower.

Armies around the world function on pride. Force is now dominant, not power.

Harm of others prevails, self-interest prevails.

Totally self-reliant, not God reliant.

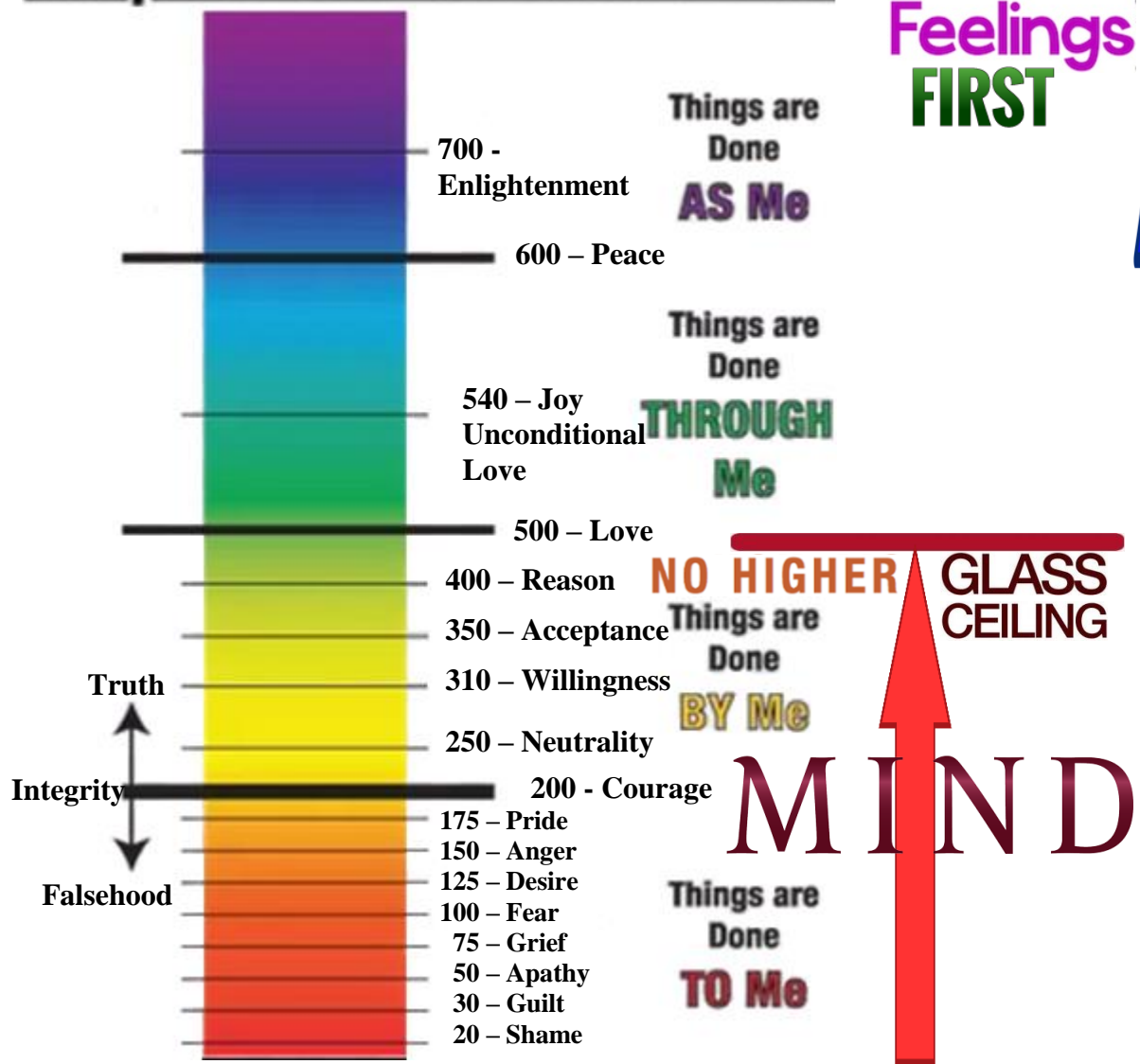
Fear dominates all motivation.

Suicide is possible and probable.

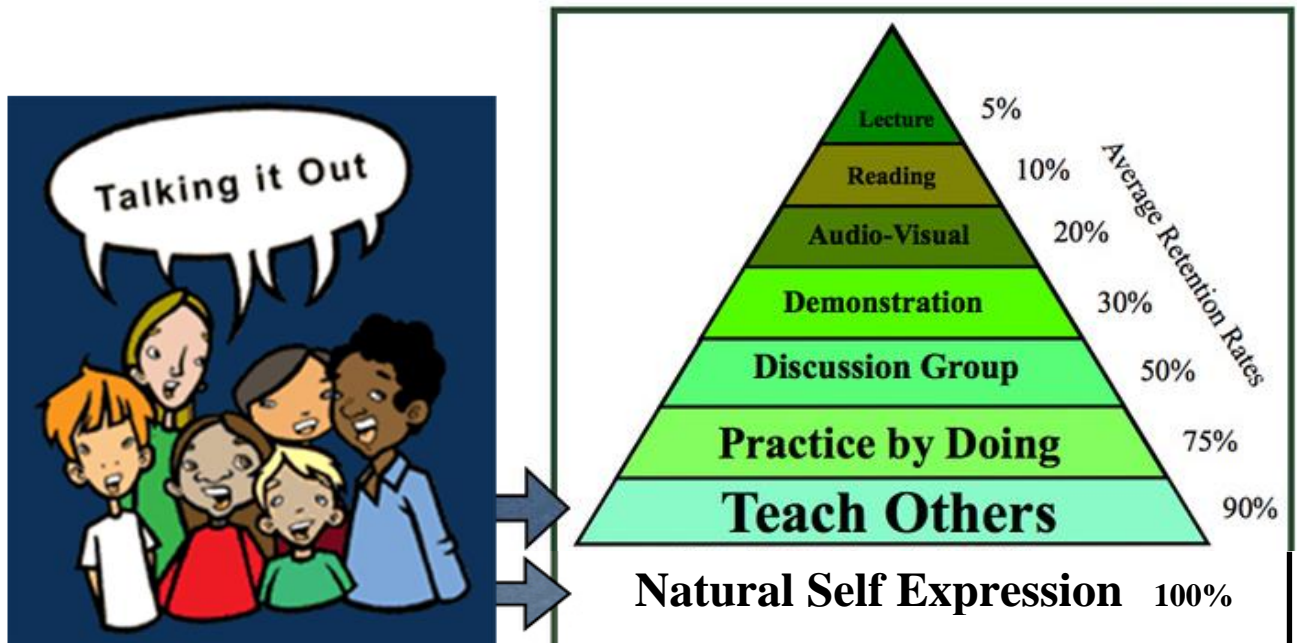
At these levels, seriously harming others for even trivial events appears to be justifiable.

Poverty, unemployment, illness, etc., this is living hell on Earth.

# Map of Consciousness



## The Learning Pyramid



## CONSCIOUSNESS and EMOTIONS:

**Consciousness = Soul Condition.** One's Soul Condition is equal to the average of all of the held emotions. Soul condition is the sum total of all of the different emotions, desires, passions, etc., all wrapped up together in terms of how much love there is in every one of those.

MAP OF CONSCIOUSNESS					
God-view	Life-view	Level	Log	Emotion	Process
Self	Is	Enlightenment	700 1000	Ineffable	Pure Consciousness
All-Being	Perfect	Peace	↑ 600	Bliss	Illumination
One	Complete	Joy	↑ 540	Serenity	Transfiguration
Loving	Benign	Love	↑ 500	Reverence	Revelation
Wise	Meaningful	Reason	↑ 400	Understanding	Abstraction
Merciful	Harmonious	Acceptance	↑ 350	Forgiveness	Transcendence
Inspiring	Hopeful	Willingness	↑ 310	Optimism	Intention
Enabling	Satisfactory	Neutrality	↑ 250	Trust	Release
Permitting	Feasible	Courage	↑ 200	Affirmation	Empowerment
Indifferent	Demanding	Pride	↓ 175	Scorn	Inflation
Vengeful	Antagonistic	Anger	↓ 150	Hate	Aggression
Denying	Disappointing	Desire	↓ 125	Craving	Enslavement
Punitive	Frightening	Fear	↓ 100	Anxiety	Withdrawal
Disdainful	Tragic	Grief	↓ 75	Regret	Despondency
Condemning	Hopeless	Apathy	↓ 50	Despair	Abdication
Vindictive	Evil	Guilt	↓ 30	Blame	Destruction
Despising	Miserable	Shame	20	Humiliation	Elimination

The Final Doorway to Enlightenment / Nonduality
  The beginning of the Nonlinear Realm 500
  The beginning of Integrity 200

**Note: The Map of Consciousness scale is from 1 to 1,000**

The Map of Consciousness (MoC) table is based on the common log of 10. It is not a numeric table.

A calibration increase of 1 point is in fact a 10 fold increase in energy.

A calibration increase of 10 points is in fact a 10,000,000,000 fold increase in energy.

Thus the energy differentials are in fact enormous!



## Try the pinch yourself test!



When you become a spirit, try the pinch test by using your fingers to pinch your other arm – you will still have two arms when in the spirit worlds!

You will find that the tensile strength and texture of your spirit body skin will feel the same as it did to you when you were living on Earth. Now that you are in a foreign world, so to speak, nothing much will have changed – well I guess that is an understatement!

There is even spirit world gravity – so you will not go floating off into space!

## And then look in the mirror!



Yes, you will see yourself, you will not be invisible as you will be to us who remain on physical Earth.

But you will start to de-age! It is gradual. But you will slowly and progressively look a little younger. The more you have addressed your childhood suppression and repression through Feeling Healing, then the more apparent to you it will be that you are beginning to look younger than you were when living in the physical on Earth. That is, of course, that you were in your later years when you died. Generally speaking, as you ascend through the Feeling Healing worlds

you will progressively move to looking and feeling as though you are in your mid- thirties.

And no more physical discomfort. However, mental and emotional issues continue until we complete our Feeling Healing. Our Feeling Healing can be started while we are living on Earth. Thus, as our mind is within our spirit body, then emotional issues begin to abate as we progress with our Feeling Healing which we can begin and do when in the physical here on Earth.

# Our favourite beverages are to die for!



Who would have believed that our favourite beverages are to die for?

Once we acclimatise sufficiently into our new spirit environment, we will find our way to gathering locations – cafes and bars – where we will be served the most exquisite beverages surpassing the best of the best that we experienced on physical Earth. We will be able to partake to our hearts content, never becoming disenchanted with any serving and enjoying every morsel.

John travelled north and south throughout New Zealand looking for his favourite Moa lager only to be disappointed – the emergence of the coronavirus Covid-19 caused all travellers to be sent home. Yet, within the spirit Mansion Worlds he will be readily able to access this wonderful beverage – and that is what is waiting for us within the 1<sup>st</sup> spirit Mansion World – our favourite beverage and much more. It only gets better as we progress through to higher and higher worlds!

We never again experience drunkenness! All spirit food and beverages ‘dissolve’ as light in our mouth.

And we can leave our credit cards at home! Everything is free!!!





## Exquisite clothing off the rack!

We arrive in foreign world and we have an empty suit case – well, no suit case at all! We find ourselves in garments provided to us at the arrival hall and nothing else! After a short period when we have acclimatised, we will be looking to dress in a manner we have been used to.

Well, it is even better than that. Now we have the chance to really deck ourselves out with a wardrobe that we have dreamt about. So, with a companion to guide us, we go to the local clothing shops and we ask for the impossible. We ask for what we have dreamt for that we could not find nor afford on physical Earth. And lo and behold, the assistant has it and it is in the colours we prefer – and they fit. It is just wonderful.

What we hold in mind will be presented to us. It is all the product of our minds with some assistance from those who are skilled in clothing. And it is free – you do not need that credit card yet again!

All customs and nationalities are provided for. For those who have been a long time in the spirit Mansion Worlds, even their fashions of thousands of years gone by are provided for – all through the mind.

And it is most likely you will see fashions that are yet to evolve on Earth – you can have sneak previews – or even wear them!



What is even most incredible is that our new clothes do not get dirty! Further, should you go swimming, as you will discover you can, when you come out of the water you will be dry and so will your clothes be dry! As you no longer need to breath air, you can stay under water for as long as you please.





## What has changed?

About 200,000 years ago, high level spirits from within our local universe, Nebadon, rebelled against the leadership, the Creator Daughter and Son, namely Mary Magdalene and Jesus. These rebellious Lanonandek spirits, being the Lucifer and Satan soul partner pairs, induced 37 humanities to 'join' their Rebellion. Our Earth, being one of the 37, suffered further with the Default of the mission of the Material Daughter and Son, Eve and Adam, some 38,000 years ago.

Events have been unfolding on Earth, commencing 4,000 years ago with the bestowal of Machiventa Melchizedek at the time of Abraham, leading to the bestowal of the Creator Daughter and Son 2,000 years ago, which has now unfolded with the bestowal of the Avonal Pair presently taking place.

With the incarnation of the first of the Avonal Pair around 1950, the overall calibration of Earth's humanity as per Dr David Hawkins' Map of Consciousness was a little above 190 MoC.

### Worldwide Level of Consciousness based on the Map of Consciousness

see Power vs Force by Dr David R Hawkins

6,000 years ago	72
At the time the Vedas were written	74
At the birth of Buddha	91
Prior to the conception of Jesus of Nazareth	101
After the birth of Jesus of Nazareth	147
When Christ was taken from the cross	148
At the Last Supper	150
At the death of the last apostle	182
At the birth of Charlemagne	182
In 827 AD (at the death of Charlemagne)	190
When Abraham Lincoln took office as President	190
Lincoln was shot and killed	193
1944: birth of almost 200 Homo-Spiritus children	194
1987: At the time of the Harmonic Convergence but not necessarily related to it, consciousness of humanity jumped	207
2008: Current observation as we move forward to the apparent evolutionary jump, which will be a slow steady process	212
2020: As of November, the observed calibration for Earth's humanity	220

This 30 point climb is essentially attributable to the Avonal Pair and a lady in southern England who has embraced the Feeling Healing that the Avonal Pair has outlined and is now completing the final steps in the process of self-acceptance.

This spiritual development for all of Earth's humanity is marked by a steady flow of writings by high level spirit personalities and Celestial spirits, commencing on 31 May 1914 and continuing beyond 2020. The essential writings are those of James Moncrief, supplemented by the writings of James Padgett (Padgett Messages) and The Urantia Book (TUB).

Major events have occurred with the progression of the Avonal pair's Feeling Healing, which they are also doing whilst embracing our Heavenly Parents' Divine Love, thus they are doing their Soul Healing, having taken on the extremes of the Rebellion and Default.

Early 1990s:	The arrest of the Caligastia and Daligastia soulmate pairs.
22 March 2017:	Negative mind-spirit influence was blocked by Celestial spirit.
31 March 2017:	Angel assisted healing will become available upon the Avonal pair completing their own Feeling Healing, being with Divine Love, thus it being Soul Healing.
22 May 2017:	Law of Compensation quickening.
2 December 2017:	Psychic Barriers maintaining the Rebellion and Default were cracked.
8 December 2017:	Bring on the money to <b>'house the future of humanity'</b> .
31 January 2018:	Earth and the seven associated Mansion Worlds (including the two Earth planes) are <b>officially</b> now fully under the control of Celestial spirits. This marks a tangible and real end to the Rebellion and Default.

**How does this all fit into our future way of living?**

**This time, in the history of humanity, is the most exciting time ever experienced.**

This is the first time in history that Earth's humanity is being directly supported and assisted in the discovery of truth and finding its way out of a Rebellion and Default that has prevailed for 200,000 years. Now, Celestial Spirits can and are interacting with people on Earth in their discovery of Feeling Healing and Divine Love.

These events that continue to unfold are why these writings and guidance are becoming available.

Ask the shiniest spirit for guidance, they have the highest level of truth and that is why they are the brightest.

**WE ARE  
THE TRUTH  
SEEKERS**



**PARADISE**  
**Home to our Heavenly Mother and Father**



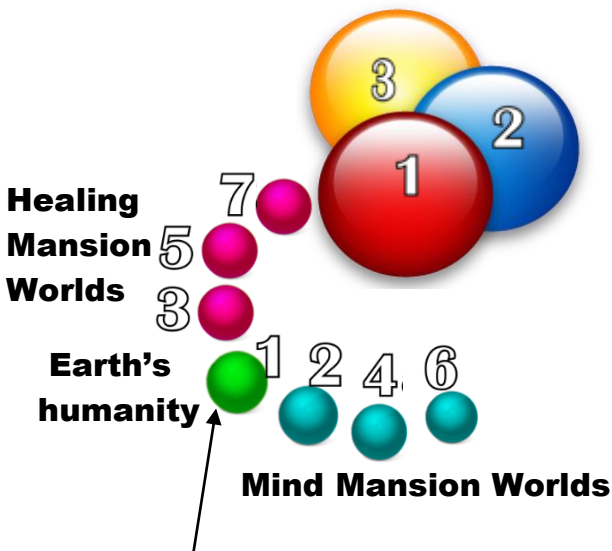
**We are to progress through NEBADON,**  
**our Local Universe, and then onwards - -**



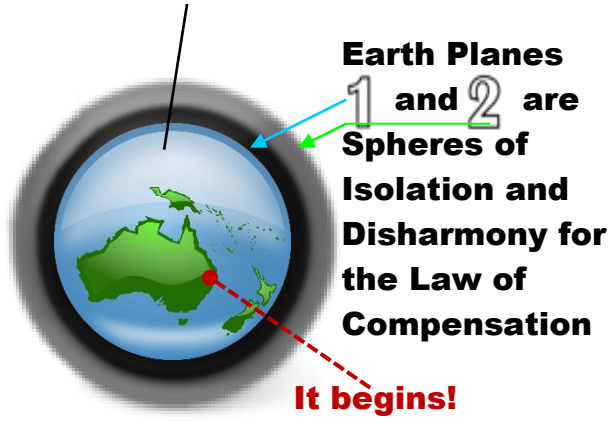
**SATANIA – System**  
**Earth is #606 of 619 humanities.**  
**Celestial Heavens Spheres**

**Avonal** AGE  
**GREAT**  
**✓-Turn**  
**End Times**

**the**  
**Handover**  
**THE CHANGE**  
**AFTERTIMES**  
**NEW FEELINGS WAY**



**Upon death of our**  
**physical body, we**  
**all transition to the**  
**1<sup>st</sup> Mansion World**



This is the time in the history of Earth's humanity when the greatest event ever experienced throughout its almost one-million-year history is taking place.

At the time of World War II, 1939-1945, Earth's humanity was around 2.4 billion. Given the major recovery issues post war, the duration could be said to be 10 years and then some.

What is unfolding for humanity now is a factor 100 times more significant, and then some. Not only is Earth becoming fully engaged, so too are the 2 Earth planes, the 7 spirit Mansion Worlds and the 3 Celestial Heavens. That is 13 worlds.

Earth's population in 2020 is approaching 8 billion; spirit mind Mansion Worlds with two Earth planes have approximately 200 billion; the numbers for the 2 Earth planes are unknown, however they are near capacity; the Mansion Worlds 3, 4, 5, 6 and 7 could be any number. The 3 Celestial Heavens have approximately 30 billion personalities engaged in assisting in these events and the administration of the coming Avonal Age. All worlds combined possibly have in excess of 250 billion personalities – more than 100-fold. Now add the angels!

The Avonal Age is for the next 1,000 years, more than 100 times the duration of World War II – well, 40 generations of 25 years each.



## **How best to prepare yourself for Transition.**

Life is about experiences and the feelings that unfold from such experiences. The more we embrace our feelings and express our feelings, both good and bad, to a close companion then we are beginning to step away from mind domination and its control.

Simply being aware of the possibilities outlined within this one paper is a massive advance in preparedness. Just simply reading these pages opens our awareness to a vast array of truths that will subsequently become confirmable is an enormous self-help step forward. No one is here to tell anyone what to do. We are all to embrace our free will and through our feelings we will grow in truth.

Our early childhood forming years, from conception through to the age of six years, is the time when we have had our true personality suppressed. Then we use our mind to continue repressing ourselves in compliance with our parents and carers' directives and wishes. This is when we have unknowingly taken on all of the Rebellion and Default. Now we are to consider and subsequently embrace, our Feeling Healing, enabling our true personality to emerge – the unique personality that our Heavenly Mother and Father bestowed upon each of us.

**To liberate one's real self, one's will, driven by one's soul, moves one to embrace Feeling Healing, so as to clear emotional injuries and errors. With the Divine Love, then one is also Soul Healing. We are to feel our feelings, identify what they are, accept and fully acknowledge that we're feeling them, express them fully, all whilst longing for the truth they are to show us.**

## **What are the difficulties of not being prepared?**

As we embrace our feelings and enjoy the truth that magically and easily come into our awareness and every day living, we begin to see through other people that being mind dominant living is incredibly suffocating and tiresome way of living. Our mind cannot discern truth from falsehood. It is overwhelming controlling. Our mind wants to control the actions of every other person in its environment. It is not open to exploring and discovery. It is just a constrictive way of life – likened to being imprisoned within a builder's steel wrecking ball.

For those who live by and through the mind and have a belief that once they die, that the lights go out and that is the end of it, then when they awaken in the arrival hall on the 1<sup>st</sup> spirit Mansion World, they have great difficulty in assimilating and acclimatising to their new environment. A year is not uncommon to pass before these people begin to integrate into their new way of living.

# ***Passing into the spirit worlds is a time for Celebration!***

**Yahoo, I now have three days of each year to celebrate as my birthday!**

- 1. The date of my Conception – being individualisation of my personality!**
- 2. The date of my physical birth, of being born!**
- 3. The date of my arrival into the spirit worlds, my arrival onto the 1<sup>st</sup> Mansion World!**

I have now completed my physical experience. I no longer have or need a physical body to lug around and put up with its aches and pains, as well as its limitations. Any experience that I wanted to have on Earth, I can now go on and have in the spirit world, being the 1<sup>st</sup> Mansion World.

I have no need for reproductive organs and no longer have them – but I can have the children I wanted!

Generally speaking we are to have the experience of parenting three children, or thereabouts. As there are about 50 million abortions and another 45 million miscarriages each year that become spirit born, these children are adopted out to spirit mothers and fathers – families are formed in the spirit worlds.

For those of us who continue with our lives on Earth, for those who die before us, consider that they have simply moved to a remote country and in due course we will arrive in their far away world to meet again.

**Passing into the spirit worlds is the completion of one's physical experience and the start of a wonderful spirit adventure. We never cease discovering and learning.**



I, John Doel, have copious writings from my grandmother, mother, brother-in-law, nephew, 1<sup>st</sup> cousin and unborn son, all written since their deaths. They are now all Celestial spirits. Even my nephew, who suicided in 1999, through his personal healing, became Celestial in April 2018.

Here are the writings from our unborn son who we referred to as Benjamin John:

**Pascas Care – Journey of a Family:**

Thursday, 18 May 2017

John: This morning I woke suspecting that the beautiful light energy I felt last evening was our unborn son, Benjamin John. Was that so?

Benjamin: I am Benjamin, John, although that is not the name my spirit parents gave me. And it was myself coming to you as you have had me on your mind from time to time. I am not part of what is going on with you John, I have my own very separate life to you, however I am a Celestial and Beth and I have occasion to speak together through work that we do. (At twelve weeks into term, Benjamin, as we grew to call him, miscarried during April 1975.)

I came to you, as I have come periodically to you and Carolyn, more of out of curiosity as to what my life might have been like had things been different and were I to be one of your Earth children.

As it was, I had a very happy upbringing with my spirit parents, we lived on the first Mansion World in one of the big cities and I had four brothers and two sisters and was very artistic going to what would be the equivalent of art college where I developed my artistic skills to quite a high degree.

And that was all before I was introduced to the Divine Love, which I did through you, following it up with Beth as she came to me when I expressed interest in it, which just so happened to be coincidental on one of my periodic visits to you. You were very taken with the Padgett Messages and were involved with AJ (Miller) and Mary Luck (that was from July 2009 until November 2011), and I spent some time with you and them and the other people and spirits involved with them, as there were quite a gathering of spirits who attended all they were doing.

Beth soon put me straight about the Divine Love and the Healing, and then I embarked upon it having to do it like we all do, coming to understand that my upbringing was not so different from many on Earth, and possibly even so had I been your flesh child. My art I put on hold as I worked continuously on myself, meeting my soulmate, and now we are living in the Second Celestial sphere.

And from here, we intend moving on, we have no feeling for having anything to do with the physical Earth and all the changes that are soon to take place which Beth and yourself, John, are involved in, no, that's not for us, as my soulmate was also 'Spirit Born', as we call ourselves and those of us who never got born on Earth, as we want to ascend on our journey to Paradise.

I will come and meet you when you come over and we'll spend time getting to know each other, there will be, no doubt, many questions you will want to ask me about how my life has been and how I've turned out, and I will be more than happy to answer them, but then I will leave you, as it will be for me to move on, as you are to remain – so I understand from Beth – for a time working still with Earth.



I came to you now for you to know that I am okay, very well in fact, fully in love with my life and my beautiful partner, and that I have no hard feelings about you or Carolyn, or about anything I might have missed out on, now having worked through all such issues through my Healing.

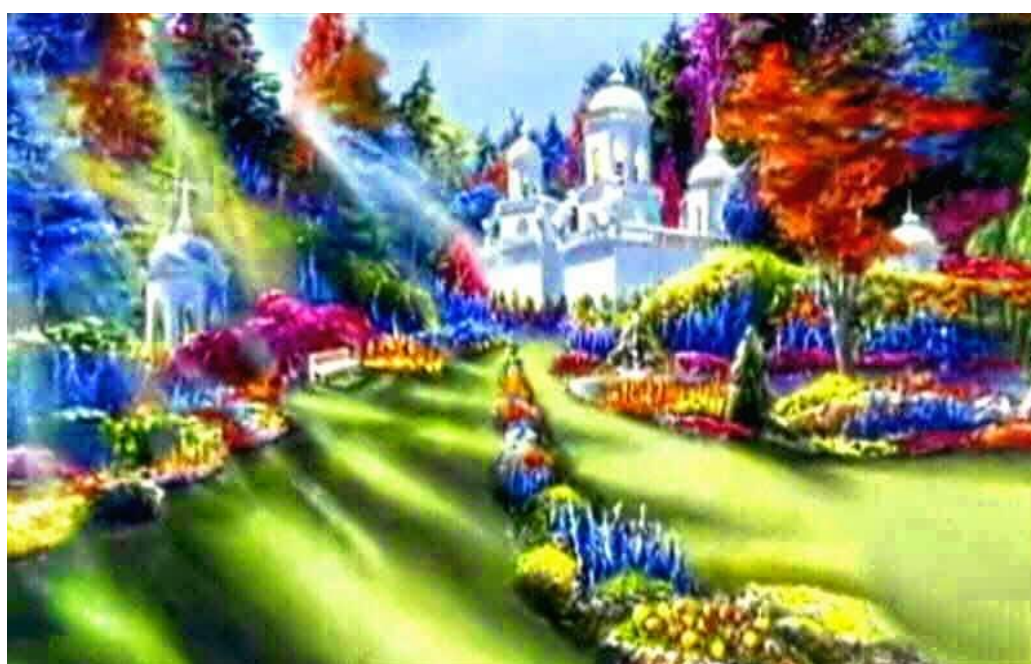
You might be interested to know that I got 'married' as some of us spirits do, and we adopted children of our own, however the relationship failed as I wanted to move on into the Divine Love, and we've all gone our separate ways. All of which again I have healed and worked through, not unlike how it is for many people on Earth.

And really I came to say goodbye rather than hello, for I am leaving Earth as you might say, wishing to, as I said, move higher into the Celestial spheres of Nebadon. There are a lot of spirits like myself and my partner who are wanting to move higher to Paradise, we feel a strong pull within us to do so, as you too will feel when your time comes to leave the lower Celestial spheres and start on our spiritual ascent in earnest.

However as I said, I will descend to spend time with you when you need it, and then our true separation will come, and we'll see what our Mother and Father has in store for us.

I will not be coming back to you now that we've made contact this way through James, you can think to me and I will acknowledge such thoughts and respond accordingly, but as I said, Satia and myself, Nariko (that's a good enough approximation James) are, together with our soulgroup, heading Paradiseward. (We each have been named by our Heavenly Parents, these names we adopt when entering the Celestial Heavens. These names could be those given by parents or be soul names.)

I am looking forward to our time together John, when your time comes and you are ready for my visit, and until then I wish you all the best with your endeavours. You are, as you know, in very good hands with Nanna Beth, as you like to call her, and so I will say goodbye and thank you for your time John. Thank you James.









### 1<sup>st</sup> Spirit MANSION WORLD CONDITIONS:

The first of the seven Mansion Worlds is the destination for all who shed their physical body, be it moments after conception / incarnation, or any time during gestation, or later on through one's life in the physical realm of Earth.

After a period of 'acclimatisation' of around three months in one of the many receiving stations within the 1<sup>st</sup> Mansion World, one's soul condition will then determine where one will live in the relevant spirit world.

The conditions within the 1<sup>st</sup> spirit Mansion World range from the dull and dreary condition of a remote rundown township or an outback community in a semi arid environment all the way through to the most wonderful environment and conditions to be found on Earth.

Thus, we are drawn by our soul condition to inhabit an environment that we have brought our own condition to be, and to live with spirit people of similar soul condition.

Even though our arrival at a receiving station within the 1<sup>st</sup> spirit Mansion World will be a delightful condition, as our memory starts to become active then we will find ourselves being drawn by the gravity that matches our soul condition.

If we are inclined to cause harm to others we will be drawn into the darker Planes of Disharmony. If we have longed for and received our Mother and Father's Divine Love, we will most likely progress to the 3<sup>rd</sup> World (being the first of the Divine Love Mansion Worlds), to commence our Spiritual Feeling Healing and Soul Healing.







## **OUR SOUL is WHO WE ARE:**

**We are the personality of our soul. We never lose our personality.**

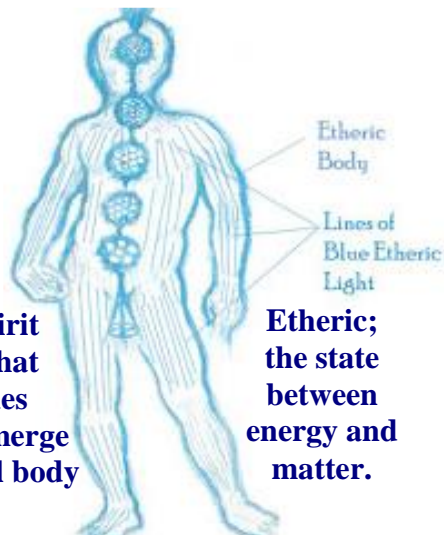


**We are a reflection of our parents' personalities. We wilfully embrace our parents' character traits and way of living and beliefs.**

**Our heritage is an outcome only of who we incarnate / individualise via.**



**All humans are descendant from Aman and Amon (Andon and Fonta), who lived about one million years ago. Not Adam and Eve who arrived about forty thousand years ago. We all have the same colour skin pigmentation, just different amounts of it. It is our soul based personality that is who we are! Our nationality and racial background is imposed upon us at birth.**



**It is via the spirit etheric body that emotional issues and viruses emerge in the physical body as illness.**

**Etheric; the state between energy and matter.**



# SPIRIT AND MATTER

Each phase of our progression in our personal discovery of truth will open further avenues to truth of an ever increasing and expansive nature. This is our destiny throughout our journey to Paradise, the home of our Heavenly Mother and Father.



Few are able to see clairvoyantly the spirit bodies of spirit personalities, and even then, this capability is when higher level spirit personalities 'turn down' their brilliance essence so as to make themselves visible – making themselves come closer to the density essence in which the viewer is presently experiencing.

Thus, when it is understood that we have a pair of nature spirits, a pair of spirit personality guides and a pair of angels with us at all times, we cannot see any of them. Yet they all can see us. However, the nature spirits may not be able to see the spirit guides but may see some angels, and the spirit guides cannot see the angels. Should the spirit guides be Celestial, then they may also see the angels.



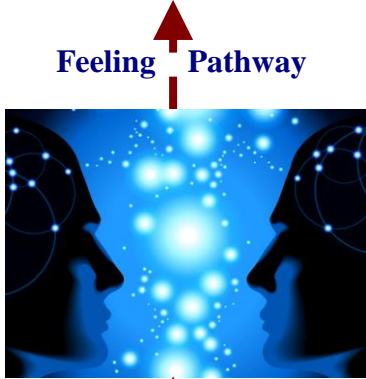
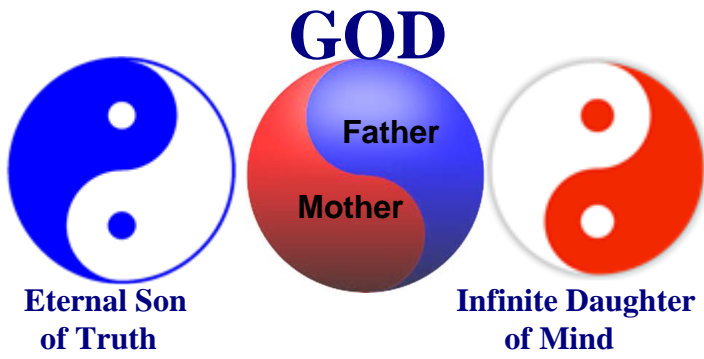
Angels do not have wings, and there are many classes and levels of angels. If the angels are from Paradise, then they would not be typically visible to celestial spirits of the three celestial heavens aligned to Earth's humanity. However, the angels that attended to Earth's humanity typically become visible to the spirit personality upon that person completing their Feeling Healing with Divine Love and progresses from the 7<sup>th</sup> Mansion World into the 1<sup>st</sup> Celestial Heaven.

A spirit in a higher plane of Earth cannot be seen by a personality within any of the lower planes. This is the same for each progression to a higher Mansion World, then Celestial Heavens and all the way through to Paradise. A higher level entity needs to detune and allow him or herself to be seen in any lower world and consequently each sphere thereof.

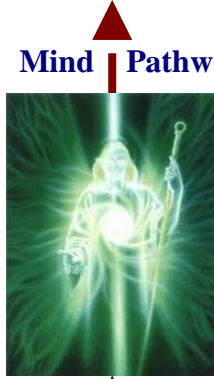
Thus, a Bestowal Pair from Paradise would bring with them Angels to assist them and these Angels of such high elevation would go about unseen, fulfilling their tasks, without any other entity being aware of them due to their ultra fineness of energy and elevation in capabilities – unless they allow themselves to be observed!



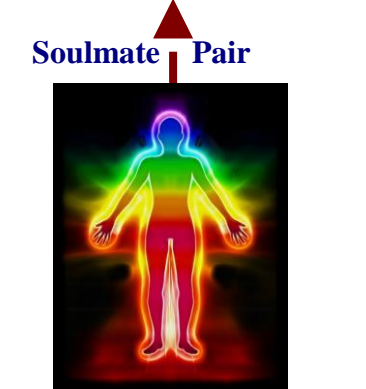




**Feeling Pathway**



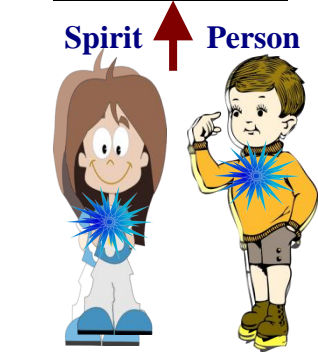
**Mind Pathway**



**Soulmate Pair**



**Angel**



**Spirit Person**



**Nature Spirit**

**CREATION of SOUL and SPIRIT:**

God is *The Paradise Trinity* — the eternal Deity union of the Personalities: the Universal Mother and Father; the Eternal Son of Truth; and the Infinite Daughter Spirit of Mind.

The soul of each human personality (sons and daughters of truth) is existential, driving our personality expression in the experiential. The soul of each human finds truth by embracing one's feelings and longing for the truth of them. We are to attain the Eternal Son of Truth. We are a creation of Truth.

The soul of angels is experiential, evolving through their experience by continually progressing in mind development. Angels are to attain the Infinite Daughter (Spirit) of Mind. Angels are a creation of Mind. Our soul is duplex (we have a soulmate) and is created by our Heavenly Parents. Through our Feeling Healing we perfect ourselves enabling the union with our soulmate, as we progress in truth up through the mansion worlds, celestial heavens and all the way to Paradise.

The soul of angels is also duplex, yet of the mind, and they progress in mind evolution to Paradise. Animals, plants and nature spirits are also creations of Mind.

Neither we nor animals reincarnate. We never die; upon death, we move into the spirit Mansion Worlds on our journey to Paradise. When animals and plants die, be they the tiny microbe to the mighty elephants of the land and the whales of the ocean, their spirit energy returns to the Spirit Collective Energy. And from this energy are drawn other animals and the nature spirits, who then in turn move onto becoming angels through increasing mind experience.

A nature spirit is an angel in waiting.

## NATURE SPIRITS

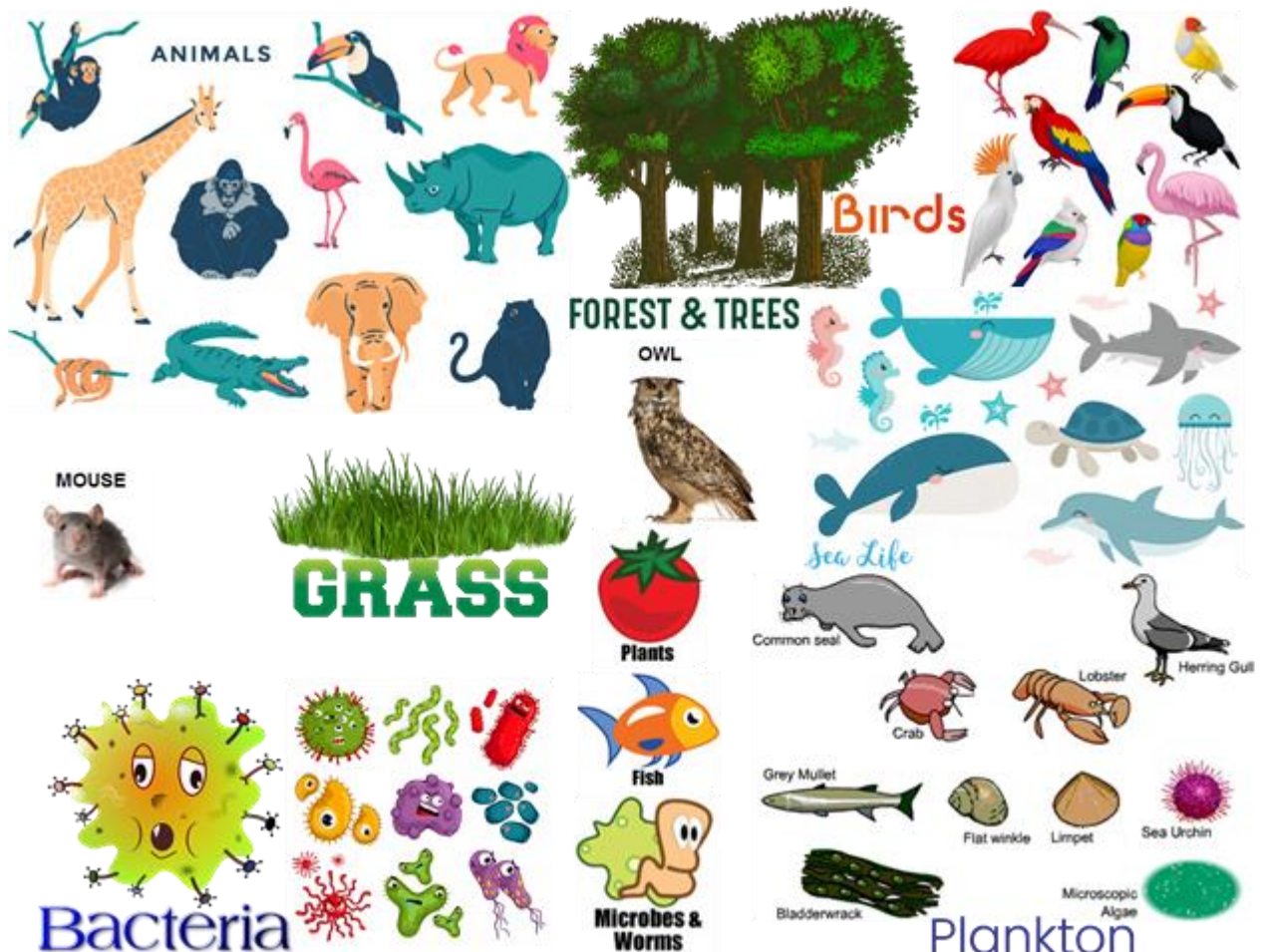
Nothing of nature reincarnates! And neither do we! Reincarnation is a false belief. Zero, zilch! Not even a blade of grass, a leaf from a tree, bacteria or plankton, or ourselves, has a subsequent physical life experience. However, except for humanity, the life force of all of what forms nature, after its sole physical experience, returns to a pool from which Nature Spirits emerge. All of nature is mind orientated. Nothing of nature has a soul, except for humanity which is truth and feelings orientated.



**Meet Verna, a Nature Spirit, also known as ‘Lady of the Lake’:** “Your spirit is your own unique spirit expressing the light of your soul; our spirits, also uniquely our own, however come from a composite of many other spirits. And in my case for example, and I’m about average, or ‘usual’ – as much as I hate to admit it – I’m composed, for want of a better word, of about five hundred billion creature spirits. So yes, you could say we’re complex on that level. And yet on other levels, we’re considered rather basic, we are after all *only* nature spirits, not great angels.”

“With Verna – a nature spirit” by James Moncrief

As the Rebellion and Default is now technically ending, those who embrace Feeling Healing and Divine Love will open themselves to communication with their Nature Spirit pair. For 200,000 years of the Rebellion, humanity of Earth has been closed to interaction with Nature Spirits. Humanity is truth seeking personalities who are to live through their feelings whereas nature is mind orientated and are to evolve their minds. A Nature Spirit’s next phase of evolution is that of being an angel which then will have many further evolutionary progressions upwards. Angels also step down from Paradise.





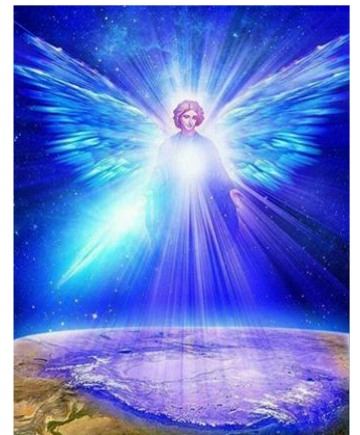
## The PHENOMENON of VISIBILITY:



Firstly, animals do not have a spirit life. Should we need to interact with a deceased pet animal, then a particular class of angel will present as your pet. The life force of all of nature pools their life experience to subsequently become Nature Spirits who evolve to being angels.

Each higher progression of a human mortal consequently becomes invisible to those remaining at the lower level, as it is with angels, though those of the lower level remain visible to the progressing ascending mortal.

In reverse, those spirit personalities descending from Paradise, the home of our Heavenly Mother and Father, need to detune themselves so as to become visible to those in our local universe of Nabadon.

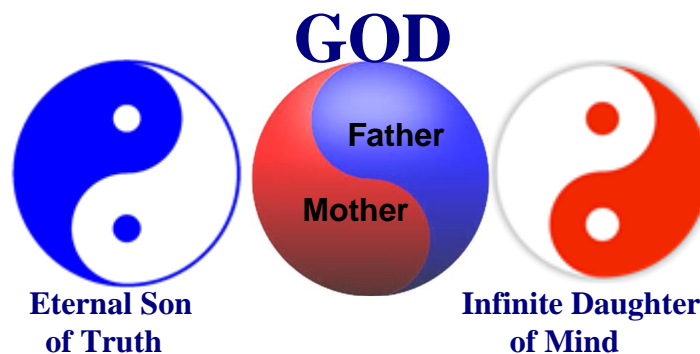


Those on Earth and throughout the seven earth planes have the same visibility progression. Earth, being the densest, is visible to all. But each plane, starting at 1, becomes progressively finer, with each plane above the last invisible to the lower. The same applies throughout the 7 spirit Mansion Worlds.

Higher levels can always make themselves visible should they wish to. Spirits and ascending mortals of lower levels may not be aware of higher levels until they evolve and progress.







We souls are existential, our souls have it all within us, it's a done deal, we are just unfolding in Creation through our personality expression. So our evolution is our growing in truth, the truth already within our soul, with it continually being brought out through our feelings as we live our experiences, thereby 'growing in truth' as we ascend, as we live that truth.

Whereas the angels are experiential, and their soul starts evolving or developing upon their creation. It all being done through their evolving minds. They don't grow in truth like we do, they just grow or evolve in mind. And as they do, the experiences they have individually and then as a created pair, cause the soul of their mind to grow and evolve.

However, those people adhering to the 'Mind Way', as presented by TUB (The Urantia Book), the New Age, and all our religions, is really the angels' way and not ours. So perhaps, that is why TUB has 'mucked it up' because it has to adhere to the Rebellion, which is making us look to the God the Mind, the Infinite Daughter, as the Way to God, when we're to look to God the Truth, the Eternal Son, as the Way to God.



We can't attain Paradise and be with our Heavenly Parents unless we first go through the Eternal Son. We can't do it through and with our minds. That's for the angels to do. So the mind spirits (like most people on Earth and spirit Mansion Worlds), unbeknownst to them, are trying to live like angels, trying to evolve their soul through and with their mind, which can't happen. And if we are like angels going first through the Infinite Daughter on the way to the Mother and Father, then we fall short, never attaining the Son. However as we know, we are so wrong by looking only to our minds, that we can't even get out of the Mansion Worlds, let alone get anywhere near the Infinite Daughter on Paradise.

So our Healing is getting ourselves out of the mind, letting that way go, and coming back to our true selves, which is through our feelings, the truth we are to live from our soul. And once we do that through our Feeling Healing and divine our soul with the Divine Love, then we are free to move to Paradise, up via the Infinite Daughter (with Her and the Divine Minister (and Holy Spirit), nature, nature spirits and the angels' help – all the creations of the Mind), to the Eternal Son and onwards to the Mother and Father. With the Higher descending Paradise Daughters and Sons (Mary and Jesus, Avonal pairs, Trinity Teacher pairs), and local universal descending Daughters and Sons (Lanonandeks, Melchizedeks, etc.), together with our ascending mortal spirit friends (daughters and sons – each other, Nanna Beth, Kevin, etc.), helping us on the feelings and truth side of things.

Note from James Moncrief 4 November 2017

**Feeling Healing with  
Divine Love is the key**



**to enter the  
Celestial Heavens.**



**500,000 years ago, the Sangik parents of north-eastern highlands of India raised 19 children, five red, two orange, four yellow, two green, four blue, and two indigo, this is the first and only true Rainbow Family of Earth's humanity.**

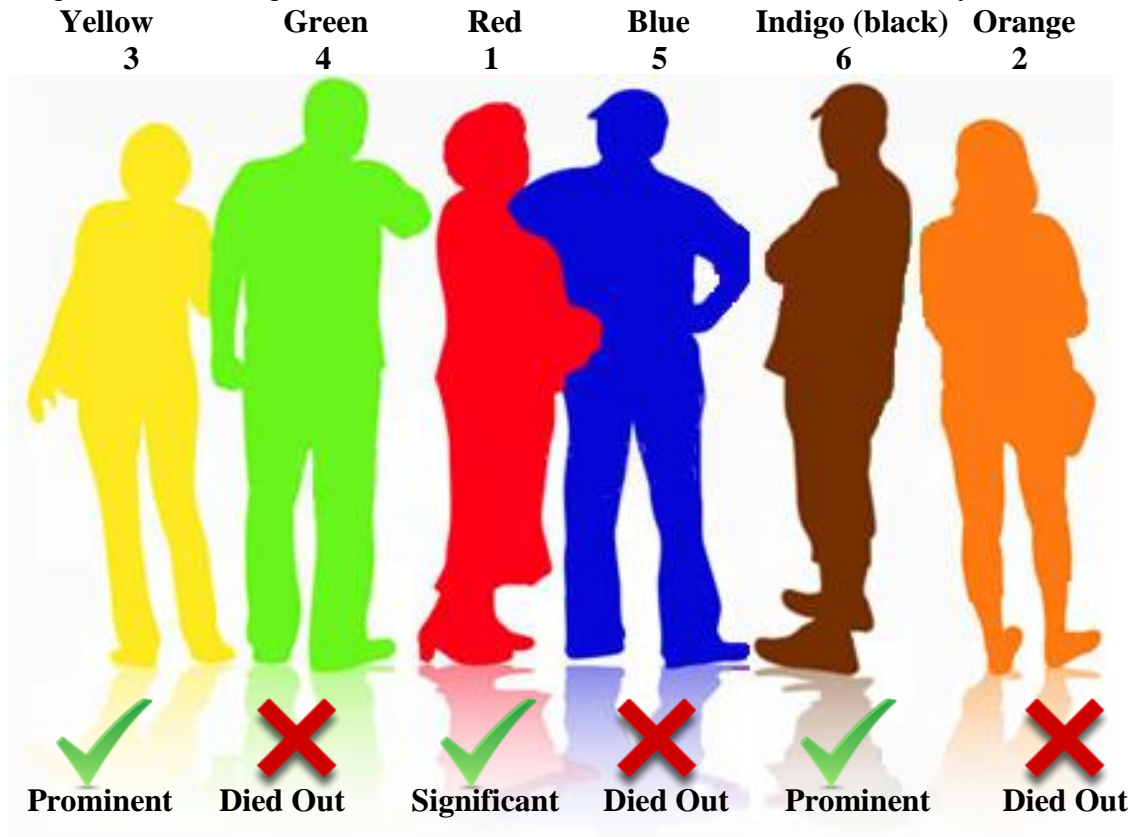
Andon and Fonta, twins, being our first parents having a longing for human perfection, lived around 993,500 years ago south of the Caspian Sea. They were of a red skin complexion which prevailed until 500,000 years ago when the Sangik family had children of six different colours, leaving only one more colour to be introduced. The finale colour is introduced by Material Daughter and Son, namely Adam and Eve, more than 38,000 years ago.

The people of the seven colours are to intermingle and blend, ending up an olive colour. The plan has altered by the elimination of the orange, green and blue races due to conflict. This all being part of the experiences we of Earth's humanity has had.

As now being shared, the plan for Earth's humanity is in total and it is all about experiences and what we feel from those experiences and this continues on for eternity, beyond becoming Finaliters.

### **HUMANITY PHYSICAL COLOURINGS and order of emergence:**

500,000 years ago Sangik parents of the Badonan tribes of the north-eastern highlands of India gave birth to all six colours – 19 children to one family!

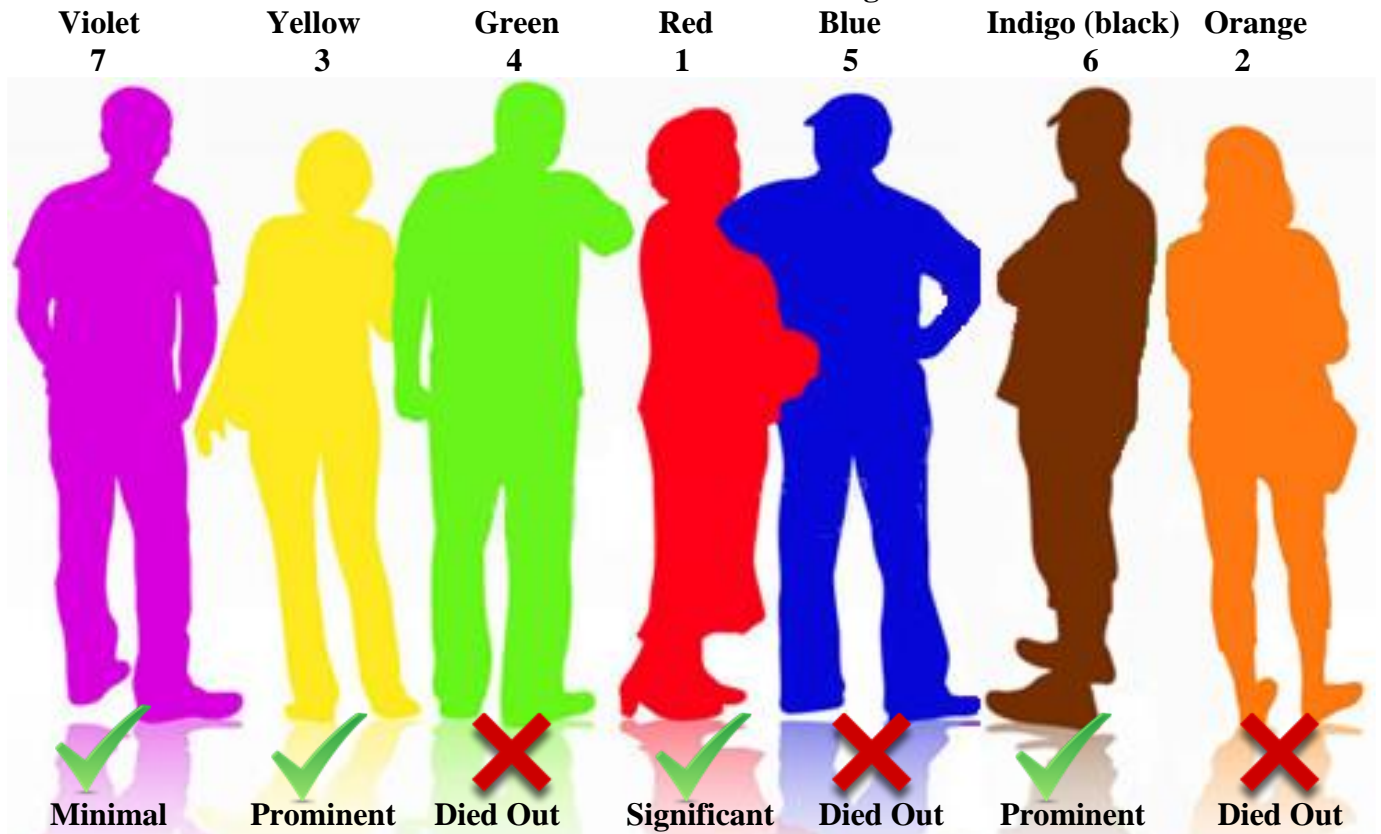


### **1 COLOUR, then 6, then all 7 COLOURS!**





### HUMANITY PHYSICAL COLOURINGS and order of emergence:



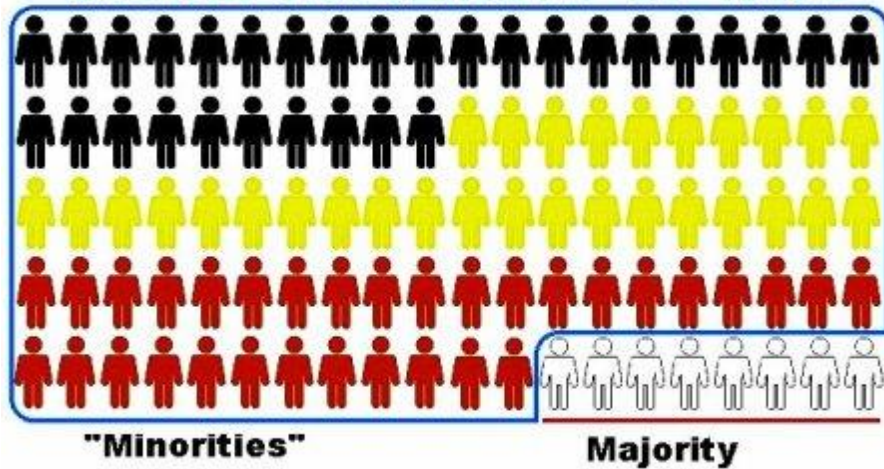
Colours that have died out or perished are blue, orange and green. (TUB) “It is a misfortune on Urantia (Earth) that you so largely lost your superior blue men, except as they persist in your amalgamated “white race.” The loss of your orange and green stocks is not of such serious concern.”

**Examples of forgotten Earth History:** More than 38,000 years ago, the Adamic pair, being Adam and Eve, were to bring about a community of one million, creating the violet coloured race before any marriages would take place with the other remaining coloured races being outside of their community, Garden of Eden. Both Eve and Adam defaulted by taking partners outside of themselves. Thus the planned up-lifting potential for all of humanity had been significantly compromised and diminished.

### HUMANITY PHYSICAL COLOURINGS emergence:



## GLOBAL POPULATION BY RACE



**Non-Whites are the overwhelming majority on this planet.  
Whites are a tiny minority.**



A humanity is endowed with seven colours, just like the rainbow in the sky!



993,500 years ago, our first humans were the twins, Andon and Fonta and they were redskins having an appearance approaching that of the Eskimos. These red skinned people travelled far from south of the Caspian Sea, reaching Tasmania – Australia's south, 950,000 years ago!

Re: The Urantia Book



500,000 years ago the Sangik family in the north- eastern highlands of India had 19 children, 5 red, 2 orange, 4 yellow, 2 green, 4 blue, and 2 indigo (black) – the first and only rainbow family!

These formed groups and sometime later the orange, green and blues died out – killing each other!



Adam and Eve materialised on Earth more than 38,000 years ago and introduced the remaining colour, violet (white). As you can see, there are no black or white people!



Earth's humanity now has four colours, red, yellow, indigo and violet. They will intermingle and blend to become of an olive complexion!



**OLIVE SKIN IN A NUTSHELL**

## **FEELING HEALING WITH DIVINE LOVE WAY or the NATURAL LOVE WAY:**

Without embracing one's Feeling Healing process and receiving Divine Love, the Love of our Mother and Father, which is living true to our feelings, our progression is totally dependent upon our own personal endeavours and capabilities, that is, our perseverance and willpower using our mind to control our life. All of which is leading us further away from the true leadings of our soul.

Ordinarily, were we not negatively influenced by the Rebellion, we would express our Natural love soul striving to live true to our feelings by developing our personality attributes through a slow and persistent application of will. It may take centuries of dedication to perfect our Natural love attaining the highest levels of the spirit Mansion Worlds. To then move higher, attaining a Celestial level of Truth, we need to also long for and receive the Divine Love of our Heavenly Mother and Father.

Once we recognise the availability of our Parents' Love and begin to ask for and receive it, our progression begins to escalate exponentially. We can begin longing to Them for Their Divine Love anytime, the Divine Love having been made available to us when Jesus and Mary Magdalene came to Earth to eventually become at-one with our Heavenly Parents. We can progress through the Celestial Heavens into the Eternal Spheres and then on into the Spheres of Paradise.

Accounts of spirit people who's condition have been so poor to fit them only for the hells, namely the Spheres of Disharmony, show that even they can progress from the lowest of conditions to being within the Celestial Heavens, way above the highest sphere of the Natural Love spheres, within or around three or so years. Some achievements have been:

James Padgett entered the Celestial Heavens within 28 months of his passing.  
 Helen Padgett was in the Celestial Heavens within 12 months of passing (helped by Mary Magdalene).  
 Nita Padgett progressed from low 1<sup>st</sup> sphere to Celestial Heavens within 24 months of passing.  
 Kevin Cooper died 10 August 2012, through Feeling Healing became Celestial on 7 August 2017.  
 Bradley Cooper, son of Kevin, suicided on 21 September 1999 and early April 2018, became Celestial.  
 Emperor Nero progressed out of the low hells to Celestial Heavens by receiving Divine Love.  
 Emperor Julius Caesar moved from the hells to 3<sup>rd</sup> sphere within 19 months from receiving the Love.  
 George Butler progressed from the hells to the 3<sup>rd</sup> sphere within 38 months by receiving the Love.  
 President Grover Cleveland moved from dark spheres / hells to 3<sup>rd</sup> sphere in 20 months with Love.  
 President John F Kennedy became Celestial following 15 years embracing Feeling Healing process.  
 R. Ross Perry progressed from the hells to 3<sup>rd</sup> sphere over 30 months by receiving the Love.

**It is only one's Feeling Healing with the Divine Love that forgives sin, dissolves errors and fits a person for a higher life. Because of our rebellious condition of mind, we cannot enter the Celestial Heavens until we've done our Feeling Healing.**

Focusing only upon personal development may remove, or most likely reduce in significance the influence upon one's personality mind-influenced emotions that bring about harm to others as well as to one's self. Through our Feeling Healing we work to express out of us all our mind-influenced unloving emotions, beliefs and behaviours, coming to see the truth of why we have them – how they formed during our childhood. We need to be free of such negative influences so as to progress into the higher Celestial Heavens.



**Natural Love Flow**

**Natural love is Creation's love;**

**One can swap back and forwards between paths**

**I am God**

**Intellectual**

**Self reliant (trust myself)**

**Self-determination way of life**

**Mind dominates**

**Thinking = Mechanistic**

rational

analysis

reductionist

linear

**Values = Mechanistic**

expansion

competition

quantity

domination

**Adult like**

**Control**

**Millions of paths (man created)**

**Peak possibility is 6th sphere**

**time to complete path:**

**100 years to over 1,000 years**

**Divine Love Flow with Feelings First**

**Divine Love is Soul's love.**

**I am God's son/daughter/child**

**Emotional**

**God reliant (God relationship)**

**Soul-spirit living harmony**

**Soul dominates**

**Thinking = Holistic**

intuitive

synthesis

integrative

non-linear

**Values = Holistic**

conservation

co-operation

quality

partnership

**Child like**

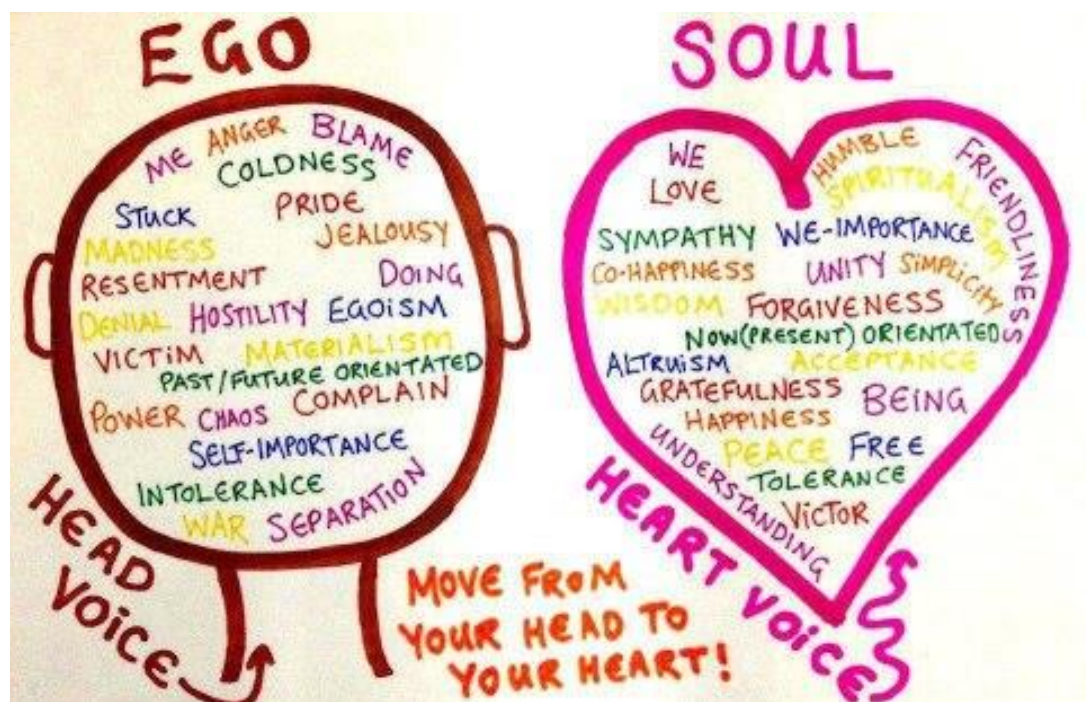
**Feeling**

**Defined path (God created)**

**Peak possibility is infinity**

**(sphere / mansion world are same)**

**5 years to over 10 years to at-onement**

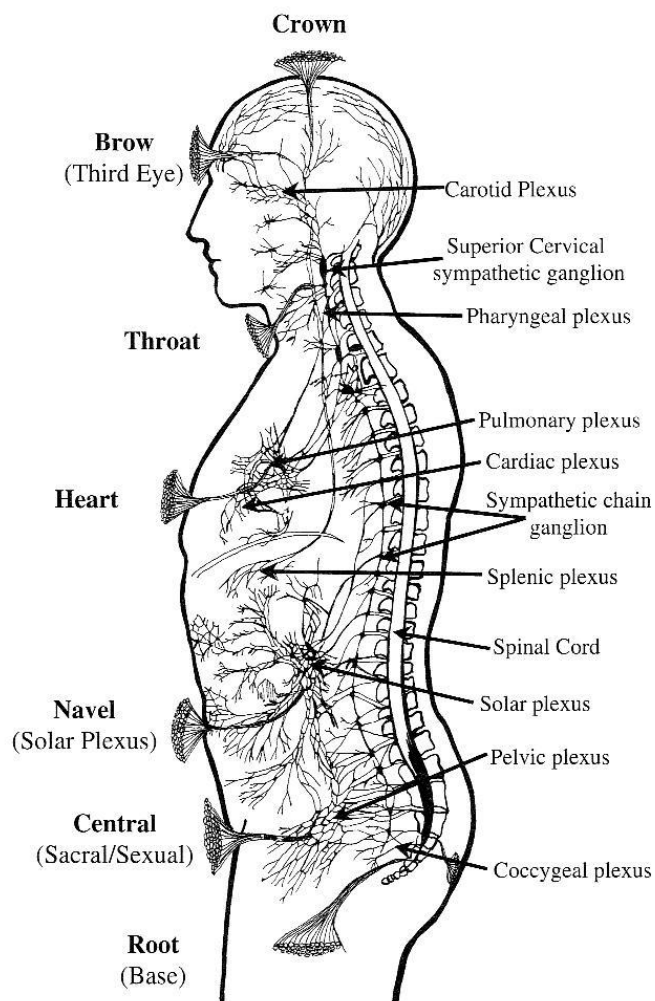


### **INTERCONNECTION of BODIES:**

1. We have our will first,
2. then our spirit body together with our upper (higher spiritual) and lower (more physically orientated) feeling (including our emotions) and mental system,
3. and the subtle etheric systems that link them all.
4. Then last our physical body manifests.

The spirit body is the template of the physical body. Once the spirit body is created at conception, one's pre-existing soul becomes connected to the spirit body through cords of light, within the heart region. Energy flows into the chakras, main chakras are depicted here, such energy then flows through the meridians that run the full length of one's body in various channels. It is due to emotional injuries and errors of belief that flows of energy may become blocked.

The main meridian interconnects with the main chakras. When one is sensitive to the inflowing of Divine Love, one may enjoy a warmth around the heart region and /or the third eye which then may reach around the cranium encapsulating the pituitary gland / crown chakra.



*Chakra and Nerve Plexuses Locations. Each of the major chakras is associated with a major nerve plexus within the body.*

### **POOR SOUL CONDITION is DARKNESS:**

People and spirits can persist for a long time in a dark condition of 'hell' as determined by their poor state of mind. And it can take a lot of hard personal growth and work on themselves to change that state of mind into being more loving; or, one can do one's Feeling Healing with God's Divine Love, thereby coming to understand why one is of such a dark state and eventually fully healing themselves of it.







**In this physical world, many people can see the auric field around one's body, this is the reflection of the spirit body which remains attached to our soul for all time. The soul is not visible to us, nor is it visible to the spirit person with its enhanced senses. The soul, depicted below, reflects through the spirit body which continues as our vessel for future growth upon the separation from our physical body. The separation of the spirit body from the physical body results in the death of the physical body. Your personality continues with the soul and spirit body.**





## **LIVING THEIR WILL:**

We can choose, in each and every experience, to live true to our selves; true to our feelings, and by doing so, we are also choosing to live true to God's Will. Our Feelings are our Supreme Guides.



Living God's Will means living true to one's feelings. Being moved by one's feelings, always expressing one's feelings, doing what we feel we want to do; while all the time longing for the truth of those feelings, longing for the Divine Love, and longing to live God's Will.

A lot of people, and so-called spiritual systems, speak about living true to themselves and following their feelings, but what they don't understand is that whilst we are living in a negative mind and will state those feelings we are feeling and trying to live are not true. The feelings, in and of themselves are real, however they are not founded on one living true to oneself. One's negative mind, in accordance with one's negative beliefs, are generating 'false' feelings; that is, feelings you believe are true but aren't, being based on erroneous beliefs. And it's only through the process of healing one's soul of all that is not true that we can begin to live feelings that are being generated with support from a positive mind and will. As we heal from one state (the negative) to the other (the positive) we will feel ourself changing, and will know we are becoming progressively truer. We feel our will truly becoming empowered. And it's not an artificial empowerment like many people try to achieve by positive thinking and wilfully using their mind to be positive. It's real feelings of ourself, our will, and our wanting to live with God, our Heavenly Mother and Father.

In the end, as we complete our soul-healing, with a completely healed and self-focused positive will and mind, we will know that we are doing God's Will as we live truly honouring all our feelings. The Father and Mother inspire us through our soul. They don't speak to us in our minds and say do this and do that. They generate feelings, true feelings, to come up in us, feelings we can only know are true when we've healed all that's untrue within us, and it's these feelings that we act on because doing so makes us feel good and happy, and then we are living God's Will. Also we can't live God's Will without the inclusion of Their Divine Love in our soul. We can only live, at best, in a perfected self-willed natural love state. So the partaking of the Divine Love is fundamental to living God's Will, and if you want to live it, if you want God to help you, then They will help you do your soul-healing so eventually you can cross over from being wholly self-willed (without God) to being still wholly self-willed – but with God, and therefore also God-Willed: with your will focused completely on living Their Will.

We don't give up or submit our will to Their Will, as in our will somehow vanishing and Their's taking over. We need our will perfected and not in denial so with all of it we can choose to live Their Will. We wilfully choose with a fully positive will that we want to live with Them. That we want to be at-one with Them. That we want to live the life They have created us to live and we tell Them this is what we want. And the wonderful thing about being able to partake of Their Love is you feel your relationship growing with Them; They become real, 'alive', and so you know, as you are choosing to live Their Will, why you want to do so. And that is because you feel so much love for Them. You want to give something back to Them. You want to live Their Will as a demonstration of your love for Them. They make you feel good, They heal you, They make your life the wonderful thing it should be, and all of this makes you so overwhelmingly grateful to Them that all you want to do is live how They want you to.

**FEELINGS**

And besides, by that time you arrive at this point of knowing through your feelings, you also know that living without – denying – Them; living totally self-willed and with a negative mind and negatively

focused will, is no fun. It hurts: it makes you feel bad and causes you great pain, and who'd ever want to do it! It's only that our negative states have been forced on us in our very early childhood that we don't know a different way to be.

## FEELING HEALING

**Note:** The vital difference between emotion and feeling is that emotions have their roots in the past, and feelings relate to the present moment. Emotions represent our feelings which were not previously expressed, and these accumulate with time.

So the first step in living God's Will is longing for and receiving Their Love. The next step is the rectification of your will – doing your **Soul-Healing**. To heal yourself so you're living in a positive mind state rather than a negative one. And then once this has happened you will, with no doubt, wilfully choose with all your heart and soul to live God's Will, and you'll be naturally doing this as you simply follow your feelings throughout the day doing what makes you feel good. It's incredible how They've designed it so we can do all we feel we want to; live with complete freedom of will, and yet still do all They want us to do: live fully honouring Their Love and Will always being happy.

**We have to see the whole truth of our negative or self-denial state before we can heal it and be free of it.**

**The CHILD is to FREELY EXPRESS ITSELF:** Messages from Mary and Jesus 13 May 2003

Mary: The greatest gift you can give your child, is allowing it to be freely able to express itself, helping it to feel good about being able to say and express and communicate all it feels. THERE IS NOTHING BETTER FOR A CHILD TO FEEL THAN KNOWING ITS PARENTS COMPLETELY WANT IT TO BE EXACTLY HOW IT FEELS IT WANTS TO BE. To be completely unconditionally accepted for all that it is. Then it feels loved.

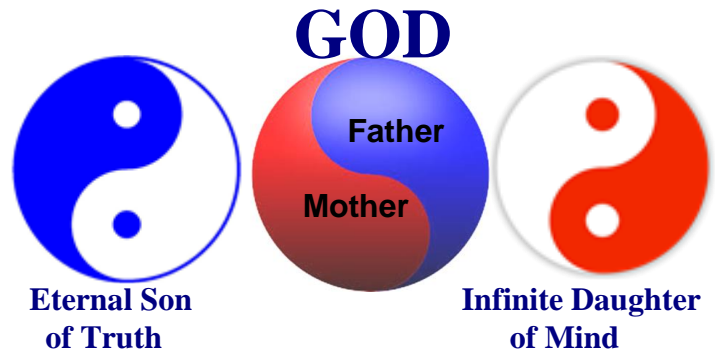
This is how we are also to be, as adults!

**To liberate one's real self, one's will, being one's soul, is begun by embracing Feeling Healing, so as to clear emotional injuries and errors. With the Divine Love, then one is also Soul Healing. We are to feel our feelings, identify what they are, accept and fully acknowledge that we're feeling them, express them fully, all whilst longing for the truth they are to show us.**

**Firstly, consider discovering the truth of your emotional pain through Feeling Healing. Secondly, consider longing for our Heavenly Parents' Love as you progress with your healing. Primary and most important readings are the writings of James Moncrief. Then consider the Padgett Messages, and then The Urantia Book.**

## **BECOMING DIVINE:**

We are not Divine to begin with. Our soul, personality and true self are of Natural love, created by Divine Parents, and with the POTENTIAL of becoming as They are, at-one with Them - divine. And we begin to realise this potential by longing personally to Them for Their Divine Love.



Our physical parents, from our conception, endeavour to mould us into being 'little me's', that is, replicas of themselves, imposing their beliefs and personality traits upon each of us. They crush our individuality and free will. They destroy our personality, our true self. They inflict upon each of us their ways, all of which are a result of the Rebellion and Default of many, many generations ago. They drive us into believing and subsequently becoming dependant upon our minds. This is not the way for us to express our true selves and evolve along the path towards our true parents, our Heavenly Mother and Father.



No, we are not in the image of our physical parents. Though we may look like them, and act like them because they have dramatically and successfully crushed our true personality, we are each very unique and independent of our parents and all other family members. When we begin to progress along the path of engaging with our soul based feelings and seek for the Truth of our feelings, we will become free of our parents' impositions and suppression.



Upon starting our physical life experience on Earth, our divinely created soul begins to express us as one of our soul's two personalities in Natural love. However because of Earth being in Rebellion, so we are parented into a rebellious and anti truth and anti love state of mind control over our feelings and true self.



Natural love is good, just 'less' or different to Divine Love. And it's that in our rebellious state, we're rebelling against Natural love, and Divine Love by not taking Jesus and Mary up on their offer and allowing the Divine Love to transform our soul, as we perfect our Natural love by doing our Healing.

By living true to our self, true to our feelings, we are living true to God. It's that simple. The revealing of the Feeling Healing process is the commencement of our ability to begin the Great U-Turn and go the right way. Should we then also embrace our Heavenly Parents' Divine Love, we can also commence our Soul Healing and becoming divine – this is our destiny.



**Negative Spirit Influence  
blocked  
22 March 2017  
Law of Compensation  
quickenning  
22 May 2017**

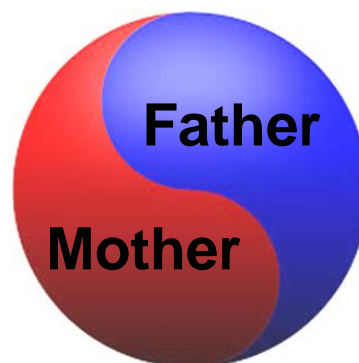


**Rebellion and Default  
officially ended  
31 January 2018  
Now ready for Mobilisation  
22 July 2023  
Funding  
22 March 2024**



**CREATED in THEIR IMAGE:**

**GOD**



James: Mary, what does ‘we being created in the image of God’ really mean?

Mary Magdalene: It means that our Mother and Father used Themselves as the model or template if you like, upon which to bring us into being, those of us who have existential souls with the potential of expressing their two personalities in Creation.

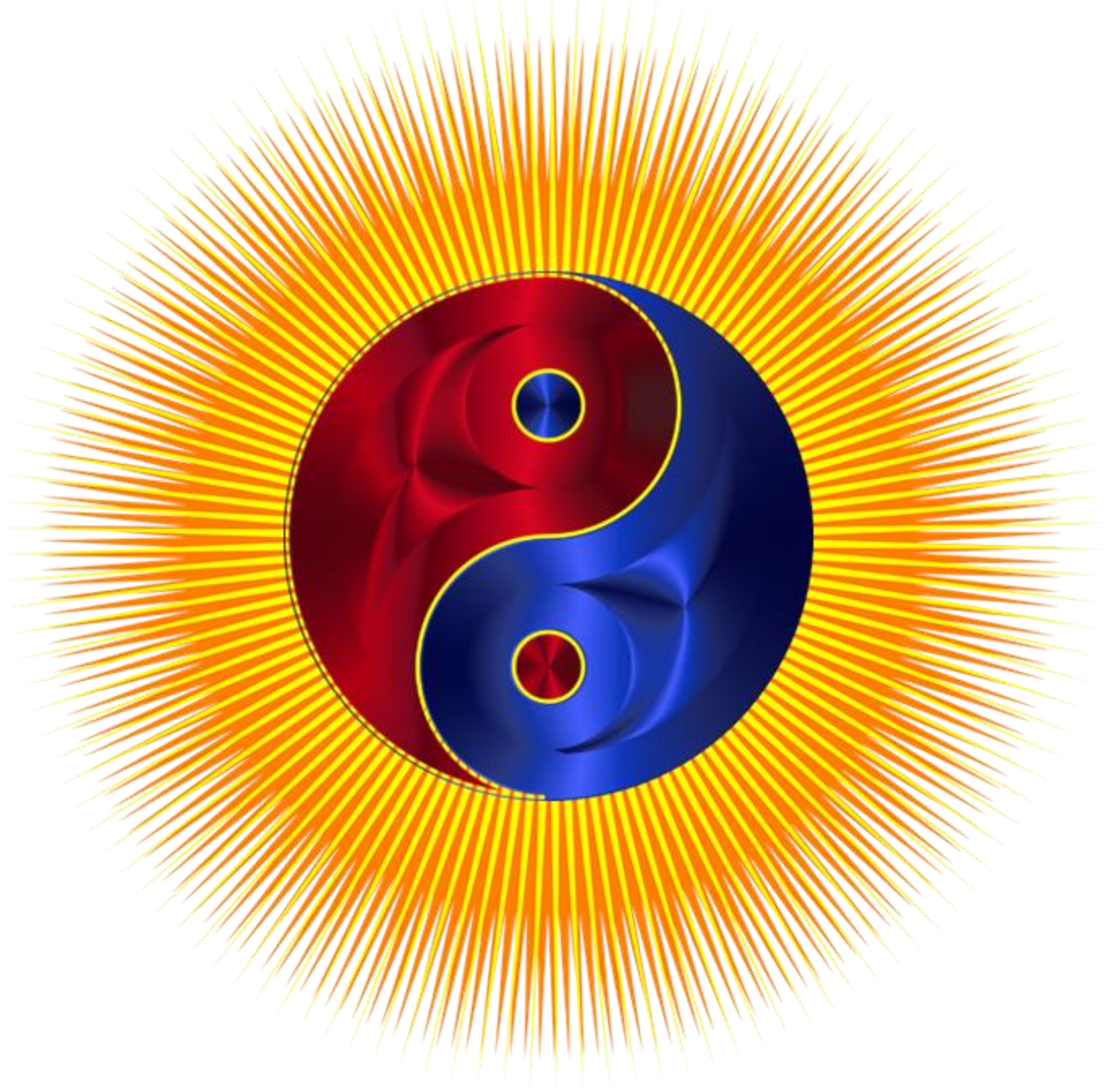
And although our souls are divine, as in being divinely created, still whilst we start our personality expression in Natural love, so we need the Divine Love to come into our soul and bring it into the levels of Celestial divinity.

Natural love, so basically the whole of Creation, is of the image of God, and we being divinely created souls can be part of God’s Divinity becoming divine ourselves. So through your Healing, James, you become progressively divine by partaking of the Divine Love and healing yourself into perfection – your true self. And by the time you’ve completed your Healing, your soul is of the Divine Love level of Celestial truth, and your personality is an expression of that level of truth, it all being ‘confirmed’ and cemented – fused – into place upon the direct soul-union with your Indwelling Spirit. Then you are of the essence of God, true and perfect to the level of the first Celestial sphere, the first sphere of true divinity.

Mary Magdalene communicating with James 20 November 2017



Our Heavenly Mother and Father





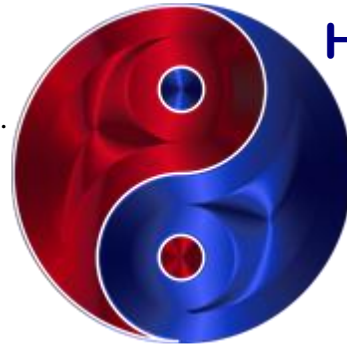
**OUR GUIDANCE to PARADISE, the home of our HEAVENLY PARENTS:**

There are three distinct phases of our progression to the home of our Heavenly Parents which is Paradise that is within the circle of seven Super Universes, each containing many Local Universes.

Once we progress beyond our Local Universe of Nebadon, then we are assisted and guided by our Heavenly Parents, our true Mother and Father all the way home to Paradise.

Before then, once we have completed our soul healing, we are guided through the Celestial Heaven worlds which are those that interact with humanity on Earth, then further on into and then out through Nebadon, our Local Universe. The regents of Nebadon are Mary and Jesus.

However, before then, we are to embrace our healing. That is, we are to realise who we truly are. We are not the personalities that our parents imposed upon us. We are to uncover the truth of our childhood suppression and repression, freeing our true personality that our Heavenly Parents gave us. And to do this we are now able to embrace the guidance of the Avonal Pair who will lead us through our healing here on Earth and through the Spirit Mansion Worlds to be able to enter the Celestial Heavens.



**Heavenly  
Mother  
and  
Father**



   
**Nebadon**  
**SOVEREIGNS**  
**SPIRITUAL**  
**Mother & Father**  
**Nebadon**  
 3,840,101 Planets





### **REBELLION and DEFAULT formally ended 31 January 2018:**



All in keeping with the **outworking of the Rebellion and Default**. Humanity is so shut off to anything that one's feelings provide, we are all but minds robotically carrying out instructions; nothing is fluid, intuitive nor feeling-free. Our whole world can't change as it is, because everyone and everything is so bogged down in the mire of artificial laws and procedures.

# **WE'VE BEEN SCREWED BY LUCIFER REBELLION**

### **The Mansion Worlds 1 – 7**

Long ago, Rebellious Higher Spirits interfered with spirits from Earth living in the Mansion Worlds and people on Earth itself.

They caused humanity to turn away from God.

They stopped us looking to our own feelings for the truth God wants us to live.

They made us look to our minds, using them to control our lives.

They inducted us into their Rebellion and Default.

Spirits within Mansion Worlds 1, 2, 4 and 6 are still living with their minds in control of themselves. Spirits in Mansion Worlds 3, 5 and 7 and doing their Feeling Healing to end their mind control.

Spirits within mind Mansion World 6 have perfected their mind control. They have taken their feeling-denying mind controlling state as far as they can, believing they are blissfully happy, loved, loving, fully enlightened – all feelings from mind-generated beliefs. The ultimate self-delusion. So that's what the gurus and those sorts of people and spirits are striving for. To live the Rebellion and Default as perfectly as they can. And people and mind spirits worship them, trying to emulate them, thinking wrongly that it's the highest spiritual way to be. And wrongly believing they are at-one with God, when they are only at-one with their fantasy, a mind-contrived 'God'. They are fully embracing what Lucifer seduced humanity into embracing – all going the wrong way, away from our Heavenly Parents.

Further, they might believe they are soulmates (soul partners), but they aren't because they are still in their truth-denying mind conditions. And as that is anti-love, so they are anti their true soulmate (soul partner). So they come together believing they are soulmates (soul partners) based on their false love of mind pretence, it all being a huge fantasy.



**The natural love is the energy substance that is one's unique soul. Each personality is unique and that is achieved through the natural love energy substance at the time of its creation by our Heavenly Parents. The natural love has a finite development potential towards its own perfection.**



**Divine Love is uniform and changeless. The Divine Love energy, being light golden blue, perfects the natural love energy without changing the personality created by Mother and Father. With the Love, one can grow beyond perfection and become fitted to live with in the Celestial Heavens and beyond.**

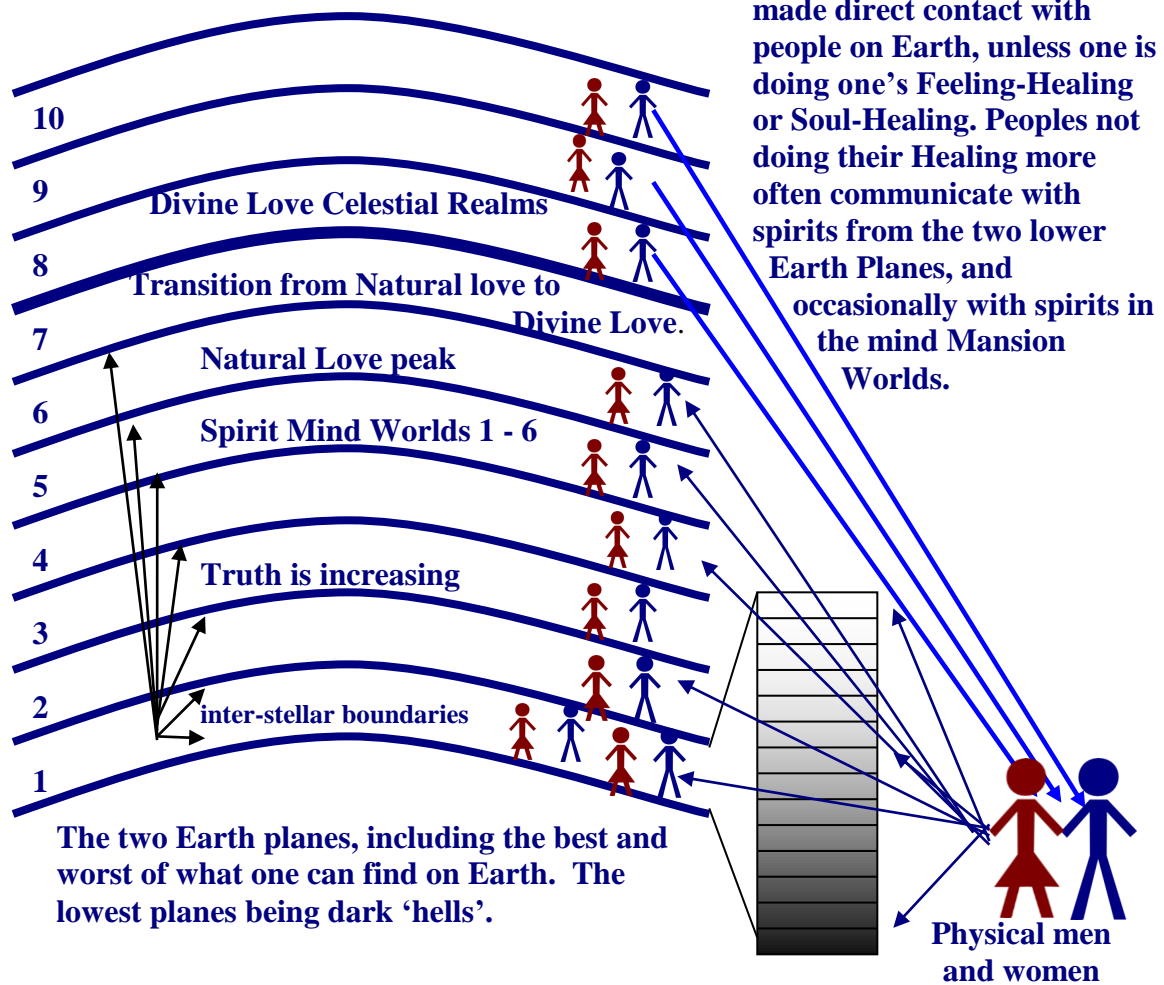
**The Love itself is not 'spirit'; it is a substance of Energy that is harmonious with spirit. There are only two Loves – the Natural Love and the Divine Love – and only the Divine Love can bestow into a mortal soul that quality of Immortality that enables a soul to live with our Parents in their at-onement in the Celestial Heaven and to progress beyond these glorious realms.**

All of the Mansion Worlds are Natural love worlds, only 3, 5, 7 include the Divine Love.

And as they currently stand: 1, 2, 4, 6 are Natural love worlds yet in denial against that Natural love, and as they are with their minds in control, the mind worlds – or mind-led. With 3, 5, 7 being the Healing Natural love worlds, with spirits trying to end that denial and including the Divine Love. And as they are trying to work with their feelings, being the feeling worlds, or feeling-led.

And the spirits suggest that during the Avonal Age, within worlds 1, 2, 4, 6 people and spirits will be able to do their Feeling-Healing without the Divine Love. So these Mansion Worlds will become divided, or have a partition set up within them, so the two can live side by side: Those people and spirits wanting to truly perfect their Natural love by doing their Feeling-Healing, and those people and spirits wanting to still carry on in their mind denial. And those who do their Feeling-Healing will be able to live up to and in the sixth world, so even up through the Mansion Worlds 3 and 5 but only in their Natural love, being unable to move into 7 until they embrace the Divine Love and complete their Soul-Healing, which would then prepare them for entry into the Celestial spheres. So in world 6 it's conceivable there will be both fully healed and perfect Natural love spirits (and people equivalent on Earth), and spirits as imperfect as can be in their Natural love mind controlled lives (and people equivalent on Earth.)

### SPIRIT and PHYSICAL INTERACTION:



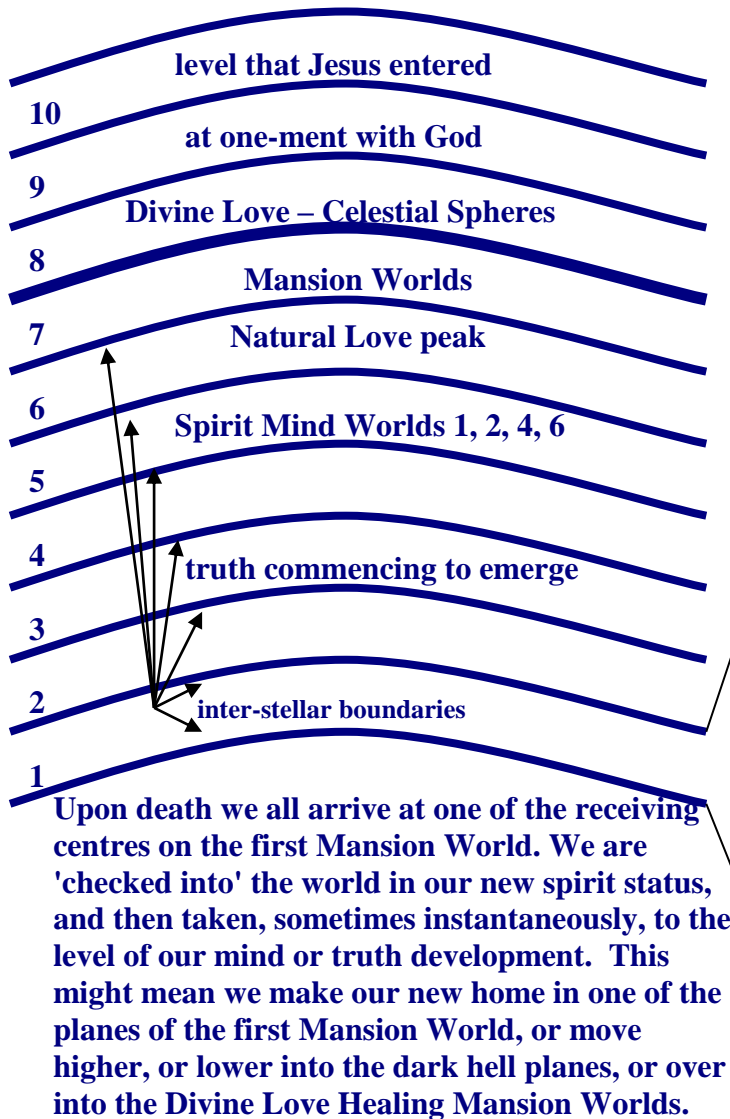
### Possible relationship of Map of Consciousness (MoC) with Mansion World Worlds:

8 <sup>th</sup> sphere	1,081 – 1,251	Achievement of at-onement on reaching 1,081
7 <sup>th</sup> sphere	921 – 1,080	Divine love only, transmission to at-onement and Celestial spheres
6 <sup>th</sup> sphere	841 – 1,000	Natural love mind world – perfect Natural love
5 <sup>th</sup> sphere	781 – 920	Divine love Mansion World
4 <sup>th</sup> sphere	651 – 840	Natural love mind Mansion World
3 <sup>rd</sup> sphere	500 – 780	Divine love Mansion World
2 <sup>nd</sup> sphere	500 – 650	Natural love mind Mansion World
1 <sup>st</sup> sphere	1 – 499	Natural love mind world predominantly

Humanity awakens in spirit in the first Mansion World. Then they move, if required, upwards to higher mind levels or lower into the hell planes or over into the Divine Love healing worlds. Humanity, overall, calibrates around 212 on the Map of Consciousness.



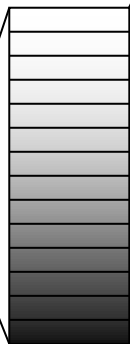
**OUR DESTINATION on PASSING OVER is TYPICALLY the MID RANGE PLANES of the 1<sup>ST</sup> spirit MANSION WORLD:**



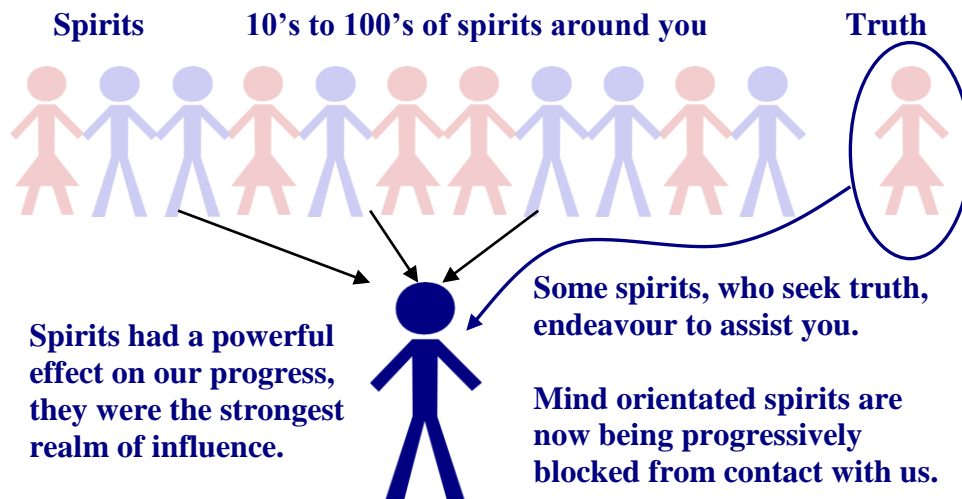
The top of 1<sup>st</sup> World is a very pleasant Earth environment in the spirit realms.



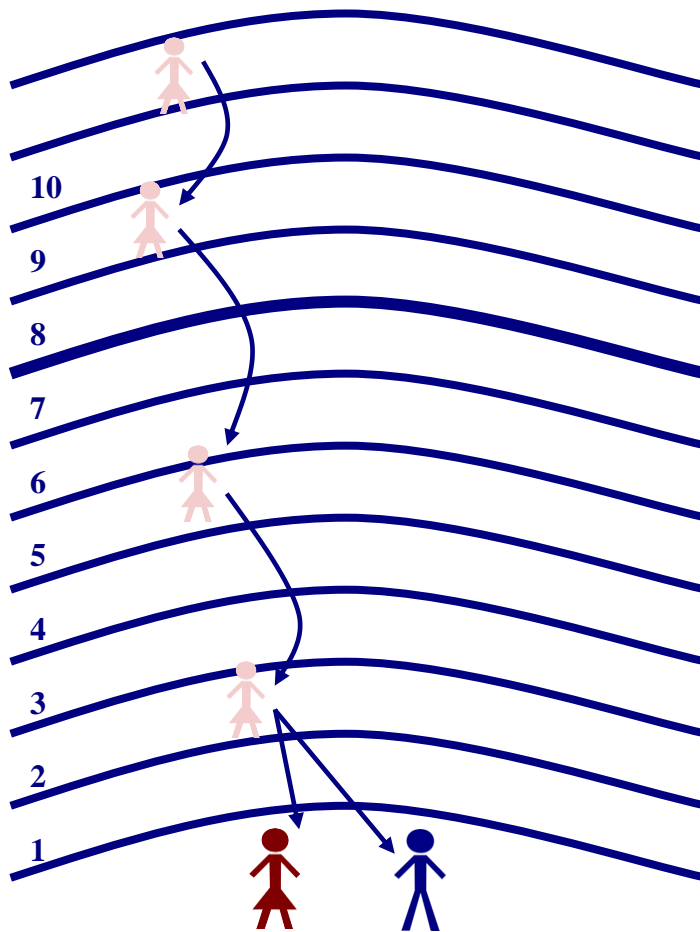
Summerland, etc., is more beautiful than anywhere on Earth.



The hells are unimaginable places of darkness.



### COMMUNICATION RELAY:



Relay or stepping down of communication from Celestial Sphere Spirits to you, the medium on Earth, is not necessary should you be embracing Feeling Healing with Divine Love.

Communication with Celestial sphere spirits is usually direct when doing your Feeling Healing with the Divine Love. So usually there is no need for a relay of spirits stepping down the communication.

Your soul condition (lack of truth) limits your ability to recognise the higher emotional and mental development of others within the spirit world. The light of the higher spirit is too bright and you simply do not see or hear them.

river of feeling life





### UNLOVING PERSONALITY

Soul encrusted with negative and damaging emotions and beliefs held by the mind in the spirit body. Soul is starved of love and the darkness impedes the flow of love which darkens the spirit body and damages the physical body for all to see.



### LOVING PERSONALITY

Spirit body mind is clear negative emotions and beliefs. The flow of love from the soul illuminates the spirit body and brings beautiful harmony and health to the physical body for all to see.





### LONGING for DIVINE LOVE:

One's soul is always perfect. It is a creation of our perfect Heavenly Parents.

They have given us free will. The freedom to use our mind to embrace or deny Them; to live true to ourselves, or untrue and against ourselves. True to Them; or against Them.

As we progress through our early childhood years we absorb the attitudes, beliefs and habits of those within our environment. Some of these are in error. Such emotional errors and injuries melded with errors in belief encrust one's soul with unhealthy and unloving energies. These 'encrustments' retard the flow of loving energies into our soul.

As we become aware of our Mother and Father's greatest gift in all of the universes, we can ask for and receive this gift, being Their Divine Love. Some people see it as a light golden blue energy substance – light. Through one's Feeling Healing it progressively helps us see the truth of how untrue and erroneous we are. This Love will slowly enable us to break free of such wrong beliefs, trauma, pain and suffering.

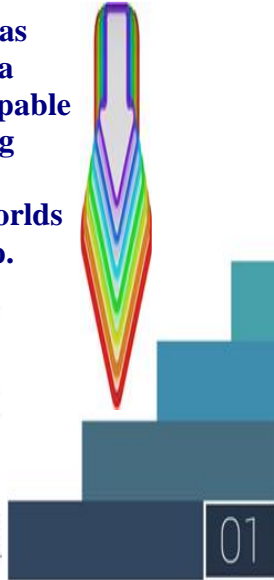
With the Divine Love of our Parents, the beauty with which we were created can come to the surface and we can then proceed to progress beyond the ceiling of our natural love formed soul. Once our Feeling Healing with the vibrant energy of Divine Love (our Soul Healing) is completed, the Love enables us to live a life here on Earth as though we were in the Celestial Heavens.

The Divine Love of our Heavenly Parents is the greatest gift for all of humanity. Without exception or condition we can long to our Mother and Father for Their Love anywhere and anytime. Longing with all our heart to be loved by Them – to receive Their Love into our soul.

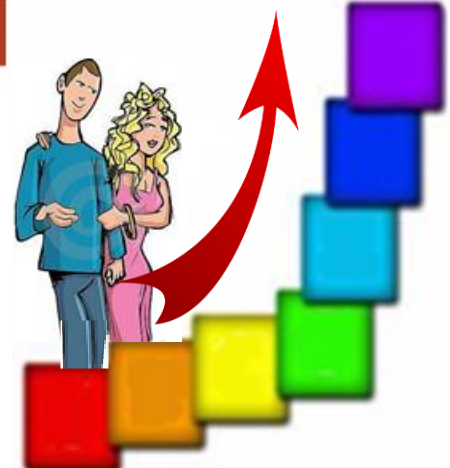


# Humanity's UPSIDE OF DOWN

Humanity has devolved to a stupor, incapable of recovering through the Mansion Worlds without help.



Celestial Soul Condition



Humanity is now to embrace the Great U-Turn and retrace its steps back through all seven Mansion

Worlds, including all their sub, and sub-sub planes, as people do their Feeling Healing. And then with Divine Love, when we finish our Healing, our soul fuses with our indwelling spirit, and in so doing, as one soul manifests two personalities, we arrive in the first Celestial Heaven condition to join our soulmate and then soulgroup.



# Seven Spirit Earth Planes

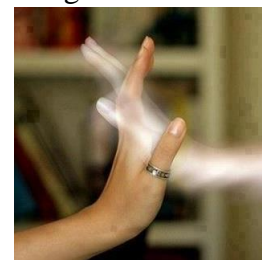
We start our eternal existence by incarnating, even if it's just for a moment, onto a physical world like Earth. Then, when we die, we move into one of the seven Mansion Worlds, which can be likened to probationary worlds; worlds in spirit through which we correct all that's wrong within us. This includes if we've hurt other people or creatures very badly, we need to compensate for such suffering we've caused in others by suffering ourselves in one of the two lower Earth planes commonly called The Hells.

Other than the two lower Earth planes, we mortal spirits can't live in the other five Earth planes, they being reserved for the angels, nature spirits and other higher spirits.

The geography of the seven Earth planes is based on, or the same as, Earth. Whereas the geography of the seven Mansion Worlds is unique to each world. So, on Earth it's conceivable that your physical home could also be used by nature spirits, angels and higher spirits for their needs in the higher Earth planes, as well as being used by spirits confined to the two lower Earth plane – Hells. So, with these seven other dimensions all focused on your home – a lot could be going on! However, more than likely, the reality is that the lower two Earth plane hells have spirits congregating in the darker seedier places of the physical world, or in the prisons and more isolated places if they are to spend time in isolation. Whilst the nature spirits, angels and higher spirits would reside in their higher Earth planes mostly away from dense populations of humanity, so more in the remote unpopulated areas of the world. The planes, although each being separate from each other and the physical Earth and not interfering or influencing each other, still have some bleed-through of energy, thus affecting them in certain ways. As you can imagine, I don't think the angels would set up one of their main meeting and administration centres over one of Earth's most densely populated, corrupt and polluted cities. Not unless the higher angelic light, was in some way, to affect those people on Earth.

And by and large, we on Earth have very little consciously to do with any of the spirits or angels in the Earth planes. Some people feel emotionally, mentally, psychically and even at times physically disturbed or influenced by spirits in the two Earth plane, Hells, although really there is little direct interference from them. Such things as scary ghosts and knocking noises and all the dark scary poltergeist stuff comes from these wayward, lost, 'dark' and evil spirits still trying to have nefarious control over people on Earth, all of which is relatively harmless other than in exceptional cases. And mostly, we on Earth are totally unaware of our attending nature spirits and angels, and even more so of any higher spirits that might be visiting us or Earth.

For spirits and angels to get as physically close to us as they can, is by them being in the relevant Earth plane. During a Divine Love meditation or prayer for example, it's conceivable you might have in attendance and unbeknownst to you – dark spirits of the two Earth planes that want to try and redeem themselves so are brought to attend your prayer or meditation. You might have nature spirits there as well. You will have your attending angelic pair together with other angels and you might have other higher spirits who are required to help you in your thoughts or feelings to progress in your spiritual development. And then you might also have other Mansion World or Celestial spirits attending you in the relevant Earth plane, including even from the Hell planes should the spirits want to get as physically close to you as they physically can. A lot of Mansion World spirits descend into the lower two Earth planes, the Hell planes, so as to be close to their loved ones on Earth. They are able to do so without being affected negatively by the ever-present Hell plane spirits by adjusting their spiritual light in order to keep them at bay.





It should be noted that to qualify for life in the Hell planes comes about because of the state of 'hell' that already exists within the person who acts out such hell on others. We only cause harm to others because the harm was caused to us through our childhood. And instead of dealing with and honouring our own pain and taking full responsibility for it, we block it within ourselves thereby taking it out on others by making them suffer the same degree of pain we're suffering. Those people who harm another person or creature will at some point suffer the degree of pain they have caused in the other person when the Law of Compensation acts upon them during their time in the Hells. They have to 'balance the books' so as to help them understand that it was wrong to do what they did to the other person or creature, for them to understand by directly feeling the pain they have caused. And once they have felt it all, 'paid for their spiritual crime' against the will of another, then they are allowed to resume regular spirit life in the Mansion Worlds rather than being kept separate in the Earth Hell planes. And somehow, during the time of 'paying the price', they are healed of their need to hurt and harm others so they can move into the regular spirit Mansion World population, no longer looking to, or with the need to, hurt and cause suffering in other spirits.

And it is highly possible that at some point, and even possibly quite soon, the same Laws of Compensation that apply to those spirits having to live and 'do their time of suffering paying for their crime against another', will be applied to and on Earth. So many bad people will suddenly be forced into the 'hell of their own making, the hell that resides in them'. Which means doing some or all of their 'Hell Time' whilst on Earth, then completing it when they get to spirit by having to enter one of the two Hell Earth planes, or no longer needing to spend any time in them if they've 'served their time for their evil crime' when on Earth. Should the 'earthing' of the Law of Compensation come about, thereby bringing the Earth into direct alignment with the First Mansion World, then as you can imagine, things will drastically change here on Earth. With anyone merely having the intent, let alone actually carrying out the sinful act, having to immediately suffer compensation for their unloving action and motivation. With the compensation being lived by feeling such intense guilt and all the other bad feelings for the bad things you have done, coupled with pain so bad and so ongoing, you enter into a state of perpetual begging for forgiveness and to be released from your suffering – that very same suffering you caused another person or creature to suffer.



# Seven Spirit Earth Planes

Each of the seven Earth spirit planes co-exist in the same space as we do in the physical. We of the physical world are of the coarsest and densest material. Starting with the 1<sup>st</sup> plane, the material within each plane becomes finer, more refined and of greater luminosity. Those within the lower planes cannot see or discern the presence of those in higher planes. Those of the higher planes can move about those in lower planes without them being aware of being present unless they wish to reveal themselves.

Each plane is predominantly for one group of spirit or angel personalities. However, there are sectors within planes where visitors from higher planes can move about freely. No harm or disturbance can be caused by any spirit personality upon another, not even those within the physical Earth existence.

- 7<sup>th</sup> Earth Plane being for visitors from Havona and Paradise, together with the Daughters and Sons of God. This includes Angels who have come all the way from Paradise.
- 6<sup>th</sup> Earth Plane being for visitors from the higher levels of our Local Universe. Higher Daughters and Sons together with higher Angels.
- 5<sup>th</sup> Earth Plane being for visitors from the Celestial Heavens and higher angels and spirits from other parts of Creation, including Finaliters.
- 4<sup>th</sup> Earth Plane being exclusively for Angels, some of which have evolved from Nature Spirits!
- 3<sup>rd</sup> Earth Plane is the exclusive domain of Nature Spirits who are derived from creature life experience on Earth.
- 2<sup>nd</sup> Earth Plane – a ‘Sphere of Isolation’ from which one progresses having settled the Law of Compensation, allowing entry into regular spirit life in the 1<sup>st</sup> spirit Mansion World.
- 1<sup>st</sup> Earth Plane – the darkest ‘Sphere of Isolation’ and closest to Earth. A plane allowing spirits to live in their state of hell because of their grievous inclination to cause harm to others.



## EMOTION HOUSE CLEANING:

We are emotional beings, a mixture of loving emotions and unloving toxic emotions.

Toxic blocked emotions such as shame, guilt, apathy, grief, fear, unloving desires, anger, and pride, are ultimately physically very damaging. Should these issues not be released they can also assign us to the hells. You can envisage these as being within your untidy basement, each step in the stairs being one of these emotions.

Praying for God's Divine Love and embracing Feeling Healing will commence to tidy up your basement and bring you into a higher soul condition as well as better physical health.

Map of  
Consciousness  
(MoC) Scale

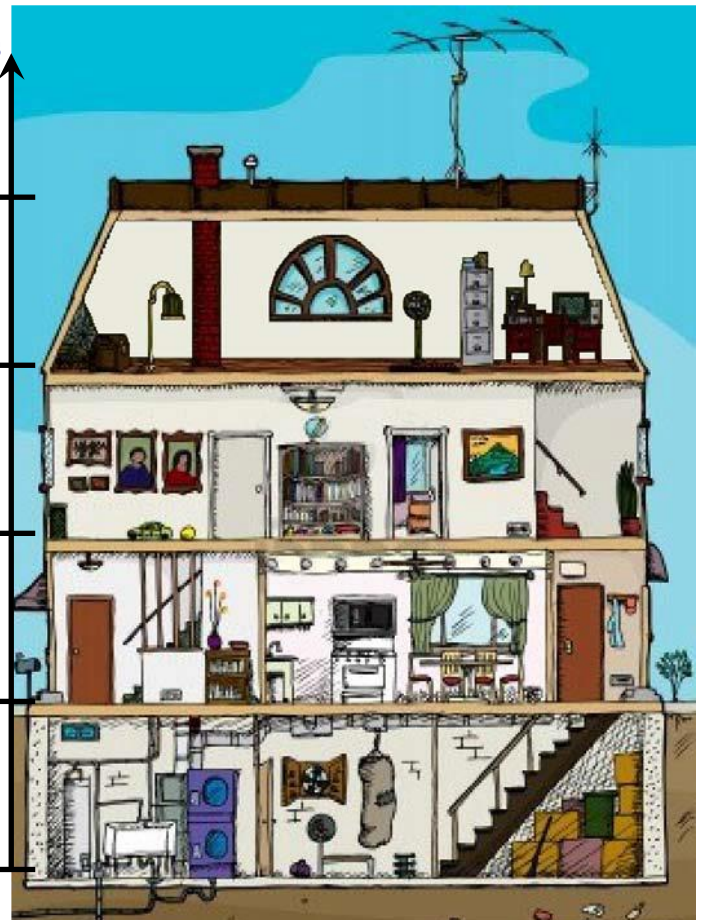
780  
3<sup>rd</sup> Mansion  
World

650  
2<sup>nd</sup> Mansion  
World

500  
1<sup>st</sup> Mansion  
World – upper  
Earth planes  
fear dominates

200  
1<sup>st</sup> & 2<sup>nd</sup>  
Earth planes  
being the hells

0



Continue on with your Feeling Healing and the addressing of your emotional issues while always asking for and receiving Divine Love. This will bring brilliance and lustre to your first floor of your dwelling, now that the basement is clear.

It is far easier to progress up these stairs with the aid of receiving more and more Divine Love than try on your own.

Through your Feeling Healing, as you express your repressed feelings, the emotion of them lessens as you come to understand the truth of why you're feeling them. And this progressively happens up through the Healing Mansion Worlds until you've brought to light all that adversely affected you through your childhood.

And once all the untruth of your childhood is seen, your soul will change into being true and perfect, full of the light of Celestial beauty.





## SOUL PARTNER / SOULMATE:

### SOUL:

The Real You is your soul, you are one 'half' of that soul.

Each half of the original soul incarnates a spirit and physical body simultaneously, they being connected. The soul expresses each of its two personalities as a woman and man. True soul partners are always of the opposite sex.

Sexuality is an attribute of the two personalities the soul expresses; the soul itself does not know sexuality.



The soul connects to the two spirit bodies it has created by 'golden cords' of light; and the spirit body is in turn connected to the physical body by 'silver cords' of light.

The spirit body is your astral body. The etheric is really the body that is the template for the physical and one that doesn't hold consciousness.

The soul remains invisible to the spirit and physical bodies, only being discernible by its luminosity through the spirit body.

## PERSONALITY

Soul      Spirit Body      Physical Body



## PERSONALITY

Physical Body      Spirit Body      Soul



# Soul Partner

Many long for and seek their soulmate / soul partner which they will find only upon completing their Feeling Healing. And should they have embraced Divine Love, becoming of a Celestial soul condition. Our soul is duplex. One soul expresses two personalities – one being female and the other male – always. There is no homosexuality on a soul level, only on a dysfunctional personality level. When each soulmate couple have respectively healed the Rebellion and Default within them, then being compatible partners for all of eternity, embark upon their joint journey (ascension) to Paradise – the home of our Heavenly Mother and Father – the Original Soul Partners!

During 2020, this account was made of soul partners of a family group who had lived close together in a small rural community in mid New South Wales of Australia. They are all now in the Celestial Heavens. More or less, the diversity of experiences and journeys may be considered typical for many billions of family personalities:

Nanna Beth's soul partner lived and worked in Western Australia's gold mining industry at the same time that Beth lived in New South Wales, Australia.

Her daughter, Marie's soul partner is a native from the Middle Eastern Kingdom of Quasoria, which no longer exists, but was on an island in the Pacific that also no longer exists. He's what you would call an ancient spirit, from three pole shifts back. (A pole shift is a cyclical event that unfolds around 12,000 to 13,000 years, the last one being more than 12,000 years ago. That suggests he may have lived on Earth some 40,000 years ago. Adam and Eve materialised on Earth more than 38,000 years ago in the Middle East, on a peninsula at the eastern end of the Mediterranean Ocean.)

Kevin, born in 1937, married Marie's eldest daughter. Kathaleen, Kevin's soulmate / soul partner was born in 1901, and is from Tennessee, USA, and is black. Kevin is white, so they are 'salt and pepper'.

Bradley, Kevin's son, suicided in 1999, and early April 2018 became Celestial. Bradley's soul partner is from the region that is now Russia – but it was not when she lived.

Raymond, Nanna Beth's grandson, died aged 23. Raymond entered the 1<sup>st</sup> Celestial Heaven in May 2018. His soulmate / soul partner had been in the Celestials for about twenty years and she was in the third Celestial Heaven sphere then. She is from northern Europe.

Benjamin John, Marie's grandson, miscarried at twelve weeks and was spirit born. His soul partner is also spirit born and they are now in the 2<sup>nd</sup> Celestial Heaven, both having had lives in the spirit Mansion Worlds that replicated living as if they were on physical Earth.

Physical incarnation (individualisation) is complete with the first heart beat, around 16 days after conception. Reincarnation is impossible. Annually, 130 million physical births take place, 45 – 50 million abortions as well as 45 – 50 million miscarriages. Childhood deaths annually may be as high as 10 million. Thus, around 45% of all incarnations do not achieve adult life.

While we remain living within the Rebellion and Default, we are rebelling against our soul; and consequently, against our soul partner. If we were able to find our soul partner, let alone recognise him or her, we would more than likely be repulsed by each other. Upon completion of our Spiritual Healing, usually we become connected with our soul partner, and then it is so for eternity.

## **AN UPDATE on JOHN'S FAMILY MEMBERS who are from WEST WYALONG, NSW!**

30 September 2023

James: As I was reading through the list of your (John's) family, an 'update' came into my mind...  
(clarifying comments added by John)

Nanna Beth, John's grandmother, her soul-mate (soul partner) and soul-group have chosen to remain in their current important third Celestial Heaven sphere positions for the next Age. (That is, the coming Avonal Age of the next 1,000 years.)

All the Celestials (1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> Celestial Heavens sphere) are currently in the process of being asked what they want to do: some suggesting what they'd like to do, others choosing their assignment from what exists, some appointed to specific positions by higher authorities.

All of your family (John's family) accept your son will remain and work in time from the third Celestial sphere throughout the next Age. (Our son, Benjamin John, miscarried at 12 weeks of gestation and was subsequently spirit born in the 1<sup>st</sup> spirit Mansion World. His soul partner was also spirit born.)

Your son has moved on with his soul-group and soul-mate higher into Nebadon (our local universe containing 3,840,101 inhabited worlds), so beyond the third Celestial Heaven sphere. They 'felt the call' to move on toward Paradise rather than remain in the lower Celestials for the next Age. (When we level the 3<sup>rd</sup> Celestial Heaven and progress higher into Nebadon, we cease to connect with Earth.)

Your mum (Marie Mum) is now in the third Celestial Heaven sphere, and remaining specifically aligned with you, that's you personally, and not so much to do with greater Pascas, so helping you in your relationship with it and with all the people you come across, and with me (James).

Marjorie has crossed over into the first Celestial Heaven sphere, settling in with her forming soul-group and having met her soul-mate who just arrived a short time after she did. It is thought her soul-group will move in time to work under your mum (John's mother, Marie Mum).

Kevin (John's brother-in-law), Raymond (John's 1<sup>st</sup> cousin) and Bradley (John's nephew and son to Kevin) are all now in the second Celestial Heaven sphere, they are all aligned under your mum (Marie Mum), so working associated with you and each other, and all Pascas wants to achieve.

Kevin died 10 August 2012, through his Feeling Healing or similar process became Celestial by completing his healing and entered the 1<sup>st</sup> Celestial Heaven sphere on 7 August 2017, he is now in the 2<sup>nd</sup> Celestial Heaven sphere – September 2023.

Bradley, Kevin's son, suicided in 1999, and early April 2018 became Celestial by entering the 1<sup>st</sup> Celestial Heaven sphere, now in the 2<sup>nd</sup> Celestial Heaven sphere – September 2023.

Raymond, Nanna Beth's grandson, died aged 23. Raymond entered the 1<sup>st</sup> Celestial Heaven in May 2018, now in the 2<sup>nd</sup> Celestial Heaven sphere – September 2023.

Marjorie, John's sister, died 26 November 2020, entered the 3<sup>rd</sup> spirit Mansion World by 23 January 2021 being the first of the three spirit healing worlds (3, 5, 7). Marge had moved into the seventh spirit Mansion World around 12 April 2023. Marjorie has now crossed over into the first Celestial Heaven sphere – September 2023. Thus within 2 years and 10 months she has achieved Celestial Heaven status.



# Soul Partners

Physical /  
material body  
Brain

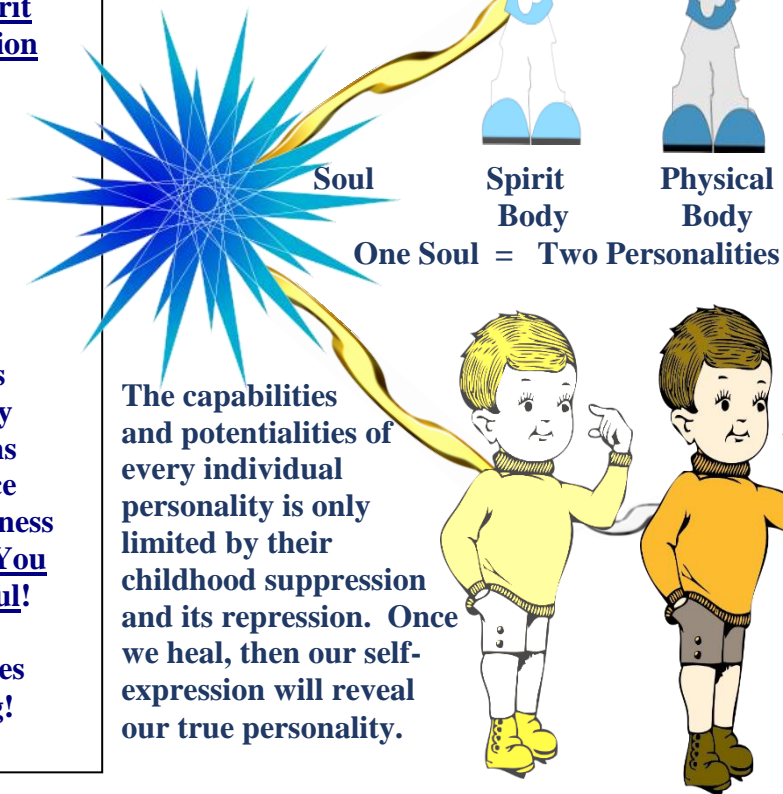
Spirit /  
etheric body  
Mind

Soul + Spirit  
Combination

Senses  
Desires  
Memory  
Passions  
Intention  
Free Will  
Emotions  
Creativity  
Awareness  
Personality  
Aspirations  
Intelligence  
Consciousness  
The Real You  
is your Soul!  
Our Soul  
orchestrates  
everything!

## ONE SOUL = TWO PERSONALITIES

The two personalities from the one soul are eternally compatible once they are healed of their Rebellion and Default.



The capabilities and potentialities of every individual personality is only limited by their childhood suppression and its repression. Once we heal, then our self-expression will reveal our true personality.

## COSMIC UPDATE NUMBER 10

### Living True To Yourself

We can either live true to ourselves; or not true.  
 We all start out not true because of the Rebellion.  
 To become true, you start by wanting to be true with all your will.  
 You want to stop being false and untrue.  
 You want to see all how and why you are false and untrue.  
 You want to see the Truth of how wrong, bad, evil, rebellious you are.  
 You want to be true to being how untrue you are.  
 Then you look to express and emote all your feelings,  
 Whilst you long for the Truth of them.  
 Slowly your feelings will show you the truth of being not true and false.  
 This is Feeling-Healing.  
 And you'll need help. From other people; or from God.  
 So you can do your Feeling-Healing with or without God involved.  
 Then if you want to bring God more into it,  
 to have more of a personal relationship with God,  
 You Long to God for the Divine Love.  
 You want God to love you, and give you His Love.  
 And you talk to Him, asking Him  
 To show you the truth of your feelings.  
 This is your Feeling-Healing with Divine Love –  
 Your Soul-Healing.  
 So you want to be true with or without God;  
 And with God, with God's Divine Love.  
 All of this being doing your  
 Spiritual Healing.

James

## THERE is NO REINCARNATION

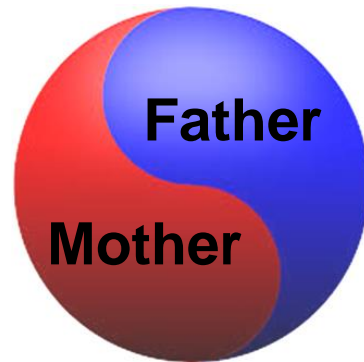
- We do NOT reincarnate. Nor can we come back as an ant, a possum, a whale, a bird, any animal or plant or rock.
- We die and move into the spirit Mansion Worlds, and there we stay in the Mind Worlds until we decide to do our Spiritual Healing living the Feelings Way and embracing our ascent of Truth to Paradise. WE DO NOT COME BACK TO EARTH IN PHYSICAL FORM – EVER! We can as spirits visit Earth, but we can't ever have a physical body again.
- God bestows upon us our unique personality – you are who you are, and always will be YOU. You may currently be imperfect and untrue because of living in the Rebellion and Default, and through your Spiritual Healing you can become true and perfect. But you will always still be you, the same personality essence. You cannot reincarnate and become a new personality; God only bestows personality on us ONCE. You can't be John or Jill now and have been reincarnated with a different personality in the past, or reincarnate in the future with a new and different personality. For example, by becoming Fred or Mary or Janice or Li or anyone else, because if you were, or do become, Fred or Mary, you are no longer you. You will Always be You! And even if you did reincarnate, named John or Jill again, you'd be a different John and Jill with a different personality. So that can't be THE SAME YOU because the very act of incarnation means you are incarnating the one unique personality you are.
- There is no 'OverSoul' that incarnates multiple personalities during multiple time frames on Earth.
- People (and often children) who feel so strongly they can remember in great detail their past life (or lives) are not remembering their actual past life, they are being 'fed' such information from other spirits or from their own Indwelling Spirit. Our Indwelling Spirits of God might have indwelled other people's minds before (or even after) your mind, and can make you believe it was you living those lives, when it wasn't.
- There is no living multiple lives to 'burn off' or 'work through' Karma. All the 'karma' you acquire is done through this one Earth life, to be worked through when you settle the Law of Compensation and do your Spiritual Healing. Both of which can be done on Earth or in the spirit worlds.
- Reincarnation is part of the belief-denial of the Rebellion we live under. It is FALSE, UNTRUE and INCORRECT. It was made up by someone who didn't understand that there was ongoing life in spirit once we died, someone who assumed we all came back repeatedly to Earth until we were fully Enlightened. However part of our 'enlightenment' is to understand there is no such thing as reincarnation for us. And by holding onto such an erroneous belief will only delay your awaking of Truth by doing your Spiritual Healing.
- When you start living The Feelings Way, part of the truth that will come to you through your feelings will show you, as you will know it to be truth, that you have never lived on Earth before and reincarnation is not possible.

**REINCARNATION  
IMPOSSIBLE**



**CREATED in THEIR IMAGE:**

**GOD**



James: Mary, what does ‘we being created in the image of God’ really mean?

Mary Magdalene: It means that our Mother and Father used Themselves as the model or template if you like, upon which to bring us into being, those of us who have existential souls with the potential of expressing their two personalities in Creation.

And although our souls are divine, as in being divinely created, still whilst we start our personality expression in Natural love, so we need the Divine Love to come into our soul and bring it into the levels of Celestial divinity.

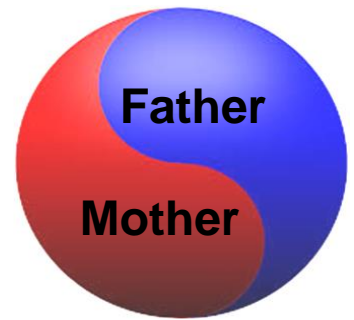
Natural love, so basically the whole of Creation, is of the image of God, and we being divinely created souls can be part of God’s Divinity becoming divine ourselves. So through your Healing, James, you become progressively divine by partaking of the Divine Love and healing yourself into perfection – your true self. And by the time you’ve completed your Healing, your soul is of the Divine Love level of Celestial truth, and your personality is an expression of that level of truth, it all being ‘confirmed’ and cemented – fused – into place upon the direct soul-union with your Indwelling Spirit. Then you are of the essence of God, true and perfect to the level of the first Celestial sphere, the first sphere of true divinity.

Mary Magdalene communicating with James 20 November 2017



# MUM & DAD THIS WAY

## GOD



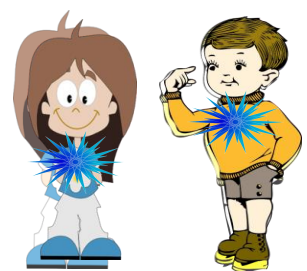
HEAVENLY  
PARENTS



JESUS & MARY



AVONALS



GOD

MARY &  
JESUS

AVONAL PAIR

SPHERES of PARADISE being the home of our Heavenly Parents, Mother and Father, within the centre of the 7 super universes.

Unknown number of spheres to progress through to reach Paradise.

Ascending out of NEBADON is beyond the regency of the Creator Daughter and Son, Mary and Jesus.

INFINITE & UNIVERSAL SPHERES, unknown number to progress through within Nebadon.

ETERNAL SPHERES 3 spheres unnumbered. Involvement with Earth finishes.

CELESTIAL HEAVENS are spheres 8, 9, 10.

Divine Love Spirit Healing Mansion Worlds are 3, 5, 7. We are healing our soul!

We all arrive in spirit into Mansion World 1.

Earth Planes 1 and 2 are of Disharmony – Hells.

Mind Spirit Mansion Worlds 2, 4, 6 are all taking us in the wrong direction and into a dead end!

I'D TURN BACK  
IF I WERE YOU!

Through out the Avonal Age of 1,000 years, their Spirits of Truth will assist us in embracing and engaging with our Feeling Healing and with Divine Love our Soul Healing, they will assist us to develop our soul well into Celestial Heaven status should we persevere with such a goal. To the extent that the Avonal Pair develop themselves while here in the physical on Earth is the level that their Spirits of Truth will be able to assist us. Then it will be Mary and Jesus' Spirits of Truth that will assist us up and out of Nebadon, where our Heavenly Parents will then assist us onto Paradise, Their home.

# Arvonal Revelation

- We are to live Feelings First.
- We've been made to use our mind to live against many of our feelings.
- Our mind control commences at conception and is developed through our childhood.
- All the bad feelings we didn't express as we were growing up are still repressed inside us.
- And all such hidden, buried and unwanted feelings have to come out.
- And whilst they remain repressed within us, they will continue to make us feel bad and unloved.
- We get sick, depressed, suffer, have bad things happen to us because of our repressed childhood feelings.
- Humanity was brought into this state of living against itself by higher rebellious spirits.
- These Evil Ones caused the Rebellion and Default.
- We are made to rebel by default – as we have no idea we're doing it through our parenting in wrongness.
- We are all parented unlovingly – against ourselves, against our will.
- Some parenting in the wrongness is done with more love, yet it's all still wrong.
- To heal this unloving state within ourselves we have to do our Healing.
- Our Healing is our Feeling-Healing or Soul-Healing with the Divine Love.
- We can long to God for Their Divine Love, and this will help us with our Healing.
- God is our Heavenly Mother and Father, the Feminine Aspects of God having been kept hidden from us by the Evil Spirits.
- All humanity's religions and spiritual systems are designed to keep the wrongness going, to keep us away from God.
- Only by living Feelings First Spirituality, The New Way, can you become right, and truly find God.
- Long for the Divine Love.
- Long for the Truth of your Feelings.
- Accepting all you feel is accepting all of yourself, it's your greatest act of self-love.
- And wanting to know the truth of your feelings, is your next greatest act of self-love.
- Love yourself through your feeling-acceptance, and the Truth will set you Free!

31 May 1914 and ongoing



# ***Our Feelings are our Truth***

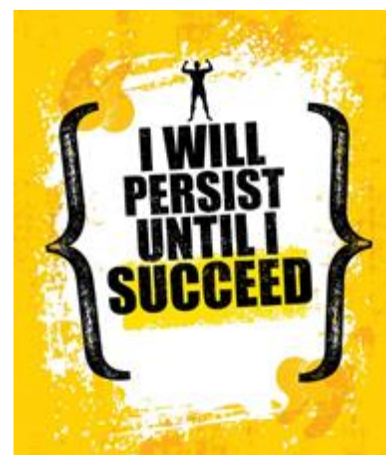
Tuesday, 25 December 2018

James: Marion was emphasising how **our feelings are our truth, and our Healing is just the bringing out of our feelings, and as we do that, the truth comes to us, it being the truth of what we feel.** And I don't know if I've made it that clear in my writings as to what the Healing basically is, so I wanted to add it here, as I feel like writing more with you Nanna Beth.

Nanna Beth – 3<sup>rd</sup> Celestial Heaven: That's right, **that's the basic principle, however you do have to apply your will – make an effort – wanting to bring your feelings out, bringing them out, and wanting to see / feel the truth of them, which is the truth of why you're feeling what you are.** So Marion focuses her strong will on her feelings and bringing them out, which is bringing herself out, because **you are your feelings, which is the truth that you are. We are all the Living Truth James, with our feelings feeling that truth, and then with our minds we can put those feelings and truth into a context that helps us understand on other levels what we just feel.** And because you were stopped from freely expressing all you felt, so you've been stopped from living true to your feelings and consequently stopped being the truth of them. So **the truth is waiting in you for you to feel the feelings that give rise to it, all those feelings you should have felt throughout your childhood.** And when you decide to 'do your Healing', life (your soul) provides you with the necessary experiences you need to make you feel, and those feelings as you express them, connect you back to the young you that wasn't allowed to express them, thereby you are now, as an adult, doing what you should have done back then, and so revealing the truth of your feelings which is also the truth of yourself. **We are all revealers, revealing the truth of ourselves through our feelings.**

James: So just talking out all your feelings is not enough, we need to want to uncover the truth of ourselves as well?

Nanna Beth: Yes, because you are doing all you can to not see it, living against it, so living against the truth of yourself, living against those feelings that would show you the truth, which is your rebellion against yourself, your truth, yourself, and against God. So you can merrily talk all day long expressing all you feel, however that won't actually be all you really do feel, as in, all those repressed feelings within you that are waiting to come out, with you merrily or even angrily, expressing your selective feelings all day as part of the denial of your deeper hidden ones.



**celestial** Friends

# Feelings First Spirituality

## The New Way

**Feelings First**  
**FF**  
**Feeling Free**

The New Way, Feelings First Spirituality  
 Learn to live with God through your Feelings

Accept, express and long for the truth of your feelings

Be free in your feelings  
 Free your feelings from your mind's control  
 Live true to your feelings; your feelings are your true self  
 Live true to yourself through your feelings



Live true to yourself by living true to your feelings.  
 Long for the truth of your feelings.

Accept / Express / Bring out ALL of your good, and most importantly,  
 BAD feelings.  
 Want to understand why you're feeling them.  
 Use your surface feelings to take you deeper into your repressed and  
 hidden feelings.



The Feeling Way is the True Way.  
Your feelings are your spiritual guide.  
Your feelings will take you to God.

Your feelings will show you the truth of your relationships, including your relationship with God; and if anything is wrong, untrue and unloving, then why it is.

Our feelings are sacrosanct and we should respect them accordingly. And we should NEVER block them out, ignore, override, banish, deny or reject them, because if we do, we're only doing that to ourselves, as Our Feelings Are Our Self.

Our feelings are the gateway to our soul. Our feelings are the closest we can get to our soul. Knowing the truth of our feelings is knowing the truth of our soul, and knowing the truth of God.

Feelings First Spirituality is the True path for humanity.

It embraces all people.

It completely unifies the world.

Everyone can relate to everyone else through their feelings.

And we can all live the truth that comes from our feelings, all sharing the same truths as we express and have the same feelings.

No one need be left out; no one is more special than anyone else – we are all united in Truth through our feelings.

So with and through our truth we live our lives, therefore without the need of any man-made mind-laws, rules and restrictions that limit self-expression as inspired by our feelings.

The New Way, Feelings First Spirituality is what is to replace all man-made, mind-contrived religions that so many people have enslaved themselves to. The New Way, Feelings First Spirituality will set us free of all that control, ending the Rebellion and Default within ourselves as we do our Feeling-Healing, and ending such control and spiritual stagnation in the world.

Bring on the End Times – get it over and done with! Let's all see that Jesus is not going to come again, that Prophecy has failed all the mind-controlled platforms. Allow such false systems of belief to die their long-awaited natural death, they've overstayed their welcome, it's now time they fade away. So let us show such antiquated, erroneous systems of belief the exit and bring on the fresh liberation of discovering the truth of how we are to live for ourselves, each of us personally in our lives, and all by looking to our own feelings for it. Self-revelation through our feelings is the way to go.

The Way of the Mind is ending, and is really the End Times – the End of our mind control, and **it's about time!** With the Way of our Feelings replacing it.





The End Times means the end and therefore a New Beginning. And that new beginning is a whole new Spiritual Age – an age based on self-revelation of truth through one's feelings, coupled with and supported by higher revelations from the Celestial spirits, angels and nature spirits.



The Feelings First Spirituality is the True Way to God because it helps us get to know God, helping us to reach out, connect and be personal with God, and do God's Will, all through our feelings. It is the only true way of getting to know the God of Feelings – our beloved Heavenly Mother and Father, the Great Soul of Divine Love.

Love comes through our feelings and not our mind, as we've all been wrongly led to believe.

**Feelings First; then comes The Truth; then comes Love.**

**LOVE is the Religion of Feelings, being:**

**Feelings First Spirituality, The New Way**



# NEW FEELINGS WAY

The way to Paradise and All-Love is a Feelings Way. The Feeling Way is about honouring – accepting and expressing, and longing for the truth, of all feelings. By doing our Spiritual Healing (Feeling-Healing and Soul-Healing with the Divine Love) we can uncover the truth of why we're living in rebellion against the truth of ourselves. Why we live by denying so many of our feelings; especially our bad ones.

The Way of the Rebellion, The Mind Way, leads ultimately to mind-extinction involving annihilation of personality and soul. The Mind Way is about denying as many feelings as you can, selectively choosing the ones you want, all to maintain control over yourself. And yet by denying feelings and your expression of them, you are denying the truth they would help you see about yourself. So you are denying your own Spiritual Growth Of Truth. All of which can only lead to bad outcomes.

The Mind Way is a Dead End – and only pain. The Feeling Way is eternal growth of Truth, Love and Happiness. By truly embracing our feelings, longing for the truth they are to reveal, we evolve through:

Phase 1: Spiritual Healing through the Mansion Worlds and into the Celestial Heavens.

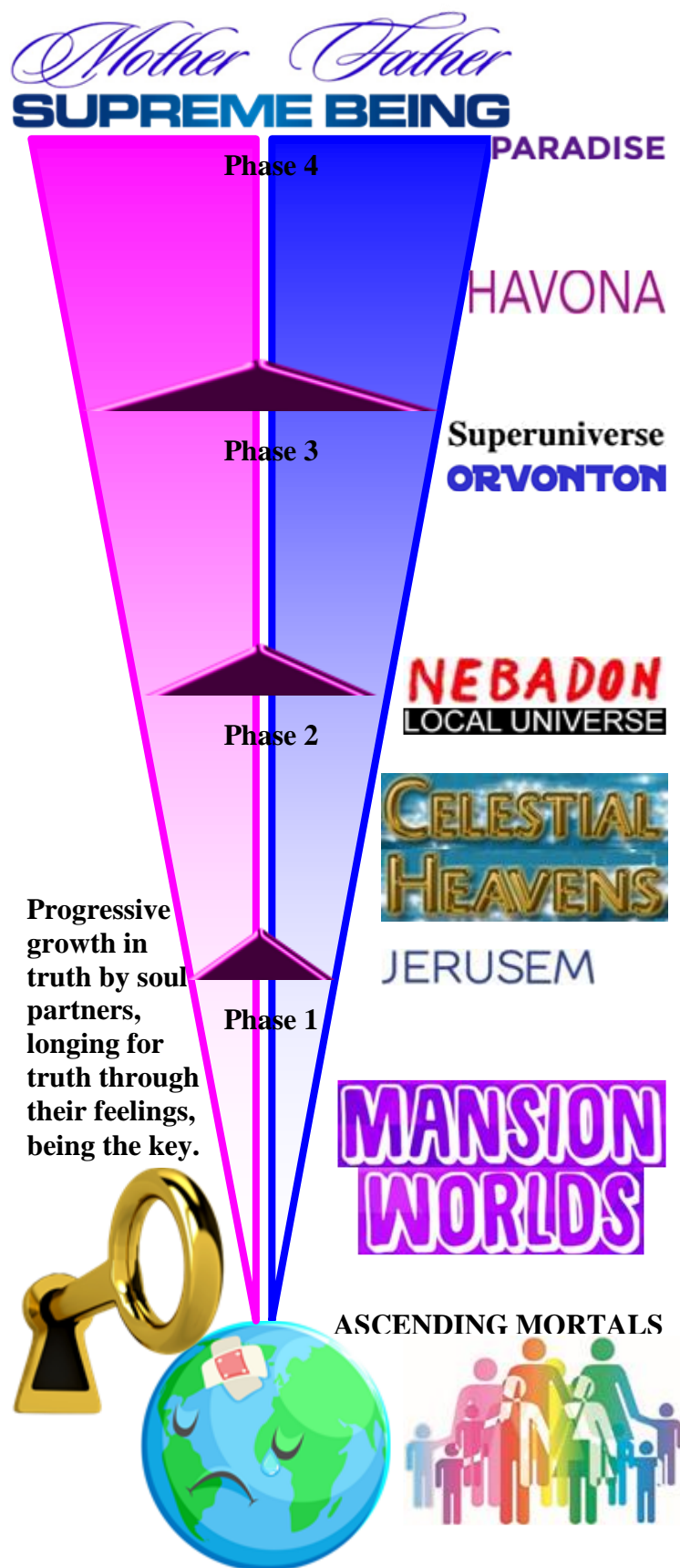
Phase 2: Evolving in Truth through our Local Universe, Nebadon, and into the superuniverse: Orvonton.

Phase 3: Truth progression through the superuniverse of Orvonton.

Phase 4: Truth progression through Havona, and attaining Paradise.

ALL Soul and Truth Progression is done by Living True To Our Feelings.

**The New Feelings Way.**



## THE STRAIGHT AND NARROW PATH



Looking for Spiritual pathways using your mind will mean the True Spiritual Pathway will always elude you. We live with our mind suppressing feelings which causes us to not find our true pathway. When we live honouring, accepting, expressing and longing for the truth of our feelings, then we are treading our Spiritual Path of Truth. Truth ONLY comes to us through our feelings. If we deny feelings, we deny truth, and we deny our true spiritual path.

If we fight expressing feelings, pushing them away and blocking them out, we never allow any understanding of those feelings to come to us, thus keeping us in the maze of mind-bending distractions. Many so-called healing therapies say they focus on liberating feelings, however beware that many of these systems are still mind-controlling in 'feelings-clothing'. And you may believe you are getting somewhere with your feelings, only to realise centuries later in the spirit, mind Mansion Worlds that you've still been leading yourself astray and away from your true feelings.

Surrender and submit willingly allowing your feelings to emerge and be expressed. Long for the truth your feelings are to reveal. Persevere. Allow your feelings to be your way of living. It does not matter how long this takes. For us all, this is our destiny – it is only a question of when?

Once we firmly start living the New Feelings Way – living feelings first; expressing our feelings and longing for the truth they are to reveal, we are on the pathway of ascension; not only out of the Rebellion and Default through our Feeling Healing, and with Divine Love: our Soul Healing – but to Paradise!

By living true to our feelings we will progress through the Celestial Heavens all the way through Nebadon; then on further through our Superuniverse of Orvonton; then into the regions of our Heavenly Mother and Father; embracing the Supreme Being and moving through Havona, eventually attaining Paradise, Their home.

It is the True Way, the New Feelings Pathway, that takes you all the way 'Home'. It is a journey of ever-expanding Truth and Love.





# MIND vs FEELINGS

Mind vs Feelings – Your Choice.

And now is an appropriate Time To Make this Choice!

Everyone is to choose: The Mind Way;

or The New Feelings Way.

Which way of living do you choose: Mind Way?

or the Feelings Way of living?

Do you continue in your Mind Way?

or do you embrace The New Feelings Way?

Do you choose the Dead End Mind Way?

or the Eternal Happiness Feelings Way?

Times up for the Mind Way;

the Feelings Way is taking over.

False Spirituality – The Mind Way;

True Spirituality – The Feeling Way.

The End Times and Final Judgement; or Paradise – the choice is yours to make:

Continue in your soul-destroying feeling  
and truth denying Mind Way;

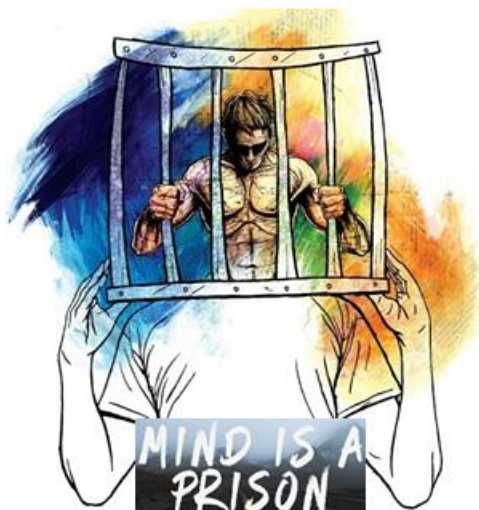
or embracing The New Feelings Way  
by doing your Spiritual Healing;

Maintaining the mind's imposed façade of a robotic,  
retarded individual, in a stupor, perpetrating the  
errors of generations gone by;

or The Feeling Way which is the discovery pathway  
to releasing your true, vibrant personality

The Mind Way – rejecting the truth of yourself  
by denying feelings, restricted forever to the  
mind Mansion Worlds;

or The Feeling Way – uncovering the truth of  
your feelings and ascending to Paradise.



## **FEELINGS are OUR TRUTH and OUR WAY to PARADISE:**

It is our minds that we have imprisoned ourselves within. It is through our mind's addictions to control and its untruth that we have manifested all the ills, discomforts, social distresses and torment that prevails throughout all societies and nations on Earth and within the mind Mansion Worlds. All until we heal ourselves of our Rebellion and Default, that which was infused in us during our early childhood forming years making our mind take over.

We have forced our minds to live and involve us in untruth. We are stuck in a deep, dark rabbit hole and its dead end, until we embrace our feelings and live Feelings First.

We ascend with truth that is progressively revealed to us through our Spiritual Healing. Feeling Healing enables us to resolve our Rebellion and Default; and with Divine Love, we will then progress into the Celestial Heavens. This being through the guidance of Earth's Avonal pair.

By continuing to embrace the truth of what our feelings reveal, we then progress up and through the Celestial Heavens of Nebadon, which contains the Truths Mary and Jesus are to reveal to us.

After ascending in truth through our local universe of Nebadon, we continue through the greater regions of our Super-universe of Orvonton; continuing with our Heavenly Mother and Father's guidance.

Then our feelings will enable us to grow further in truth and enter Havona and eventually Paradise, the home of our Heavenly Mother and Father. We are created fully self-contained, designed to live through our feelings. It is through our Feelings that we "find our way home".





# NEW FEELINGS WAY

*Mother Father*  
**PARADISE SUPREME BEING**

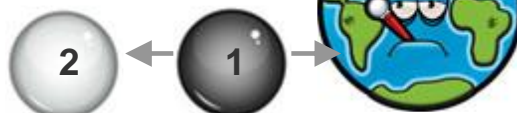
**HAVONA**  
**ORYONTON**  
 Superuniverse  
**NEBADON**  
 LOCAL UNIVERSE  
**Celestial HEAVENS**

**7**  
**Divine Love Healing World**

**5**  
**Divine Love Healing World**

**NEW WAY**  
  
**FEELINGS**

1<sup>st</sup> Earth plane is the darkest of the 2 Spheres of Isolation – Hells.



Living Feelings First, longing for the truth of our feelings and expressing them, both good and bad, is the new Feelings Way. It is the only way we can heal ourselves of our Rebellion and Default; our minds controlling domination of our true personality. It opens us up to our soul-based truth, and the love that follows.

For the past 200,000 years, all of humanity has been enslaved to the controlling natures of minds. We now have been shown how to heal ourselves and set ourselves on the pathway to Paradise, to our Heavenly Mother and Father.

**3**  
**Divine Love Healing World**

**1**  
**Natural Love spirit Mansion World**

Possibly around 200 billion spirits live in Worlds 1, 2, 4 and 6. Many are ancient spirits content in their mind ways; some are perfecting their mind worship by advancing into the 4<sup>th</sup>; with those having perfected it in the 6<sup>th</sup> believing they are gods!

**2**  
**Mind Mansion World**

I'D TURN BACK IF I WERE YOU!

**MANSION WORLDS**

**DEAD END**

**STOP**

**6**  
**Mind Mansion World**

**4**  
**Mind Mansion World**

Our soul condition, personality traits, mannerisms, errors, beliefs and behaviour, ALL transfer with us, upon death, into the 1<sup>st</sup> Mansion World. Our controlling emotional and mental addictions all continue with us when living in the mind Mansion Worlds 1, 2, 4 and 6. Doing our Spiritual Healing moves us into the Healing worlds 3, 5 and 7, to be set free of them.



# JOURNEY HOME

Our journey home is an ever growing expansion of truth being revealed to us. For Earth's humanity, as for the 37 humanities that have Rebelled, we are quarantined and isolated. Having also Defaulted, Earth's humanity is possibly the most evil of all. Firstly, we are to understand that living through our minds is why we are addicted to untruth and control of others and nature – we are going the wrong way! We are to live Feelings First and then heal our Childhood Repression and Suppression – we are to live and express our true personality, the one given to us by our Heavenly Mother and Father. Then our journey home begins!

The Isle of Paradise is stationary within the circle of seven super-universes. Spheres here are also for us to further grow in truth before arriving Home to become Finaliters. Our Heavenly Mother and Father guide us out of our Local Universe of Nebadon, through the rest of our super-universe of Orvonton and into super, superuniverse Havona which circulates around the Isle of Paradise, being home.

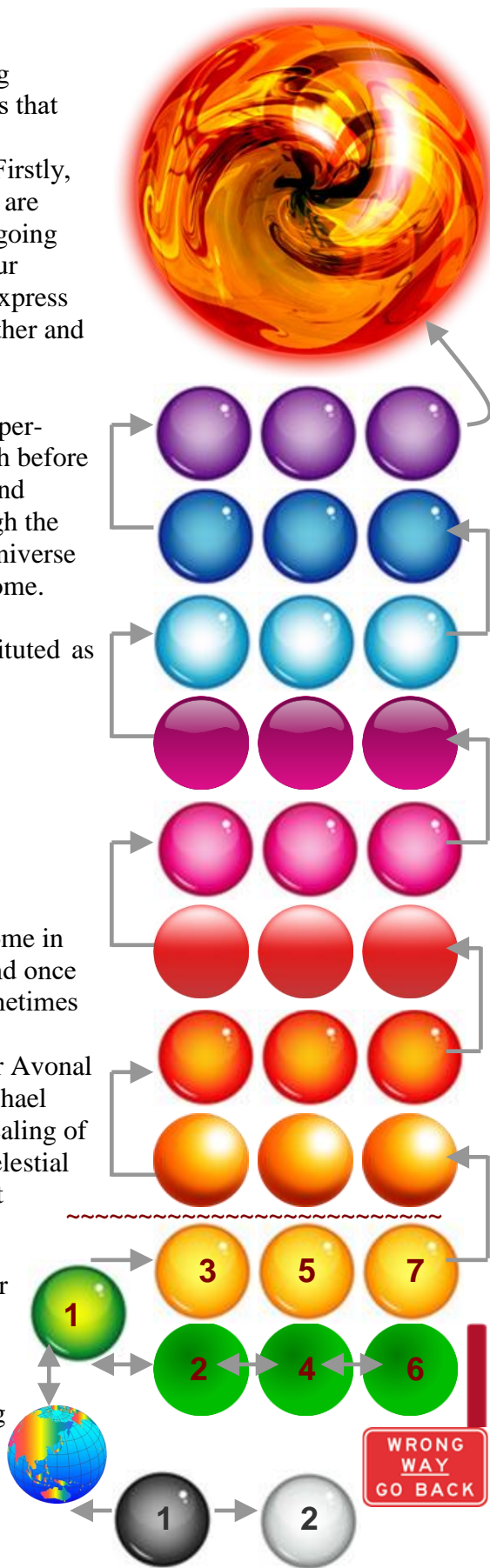
Each of the seven super-universes are approximately constituted as follows and with 1,000,000,000,000 inhabitable worlds:

- One super-universe is 10 major sectors
- One major sector is 100 minor sectors
- One minor sector is 100 local universes
- One local universe is 100 constellations
- One constellation is 100 systems
- One system embraces approximately 1,000 physical worlds

Once we attain the Celestial Heavens (spheres), we start to come in contact with spirits from other 'Earth' worlds. So in spirit, and once we've finished out Healing and are Celestial, we interact, sometimes directly and otherwise indirectly, with potentially 10,000,000 physical worlds of which 3,840,101 are with humanities. Our Avonal Daughter and Son lead us to Mary Magdalene and Jesus (Michael soulmate pair, our Creator Daughter and Son), through our healing of the Rebellion and Default by guiding us into the first three Celestial Heavens and out of isolation from all other physical and spirit humanities.

Mary and Jesus then lead us through the Celestial Heavens for the system Satania (that Earth is in), then our constellation and then out of our Local Universe.

Isolation from all other humanities prevails before completing our soul's healing and progress into the Celestial Heaven spheres 1, 2 and 3. Hell planes 1 and 2 of Earth are for those people who have to compensate for evil wrongdoing. And once done, they may then progress up through mind Mansion Worlds 1, 2, 4 and 6 before turning around to progress through Healing Mansion Worlds 3, 5 and 7 to transition into Celestial Heaven.



# ALL of history is available!

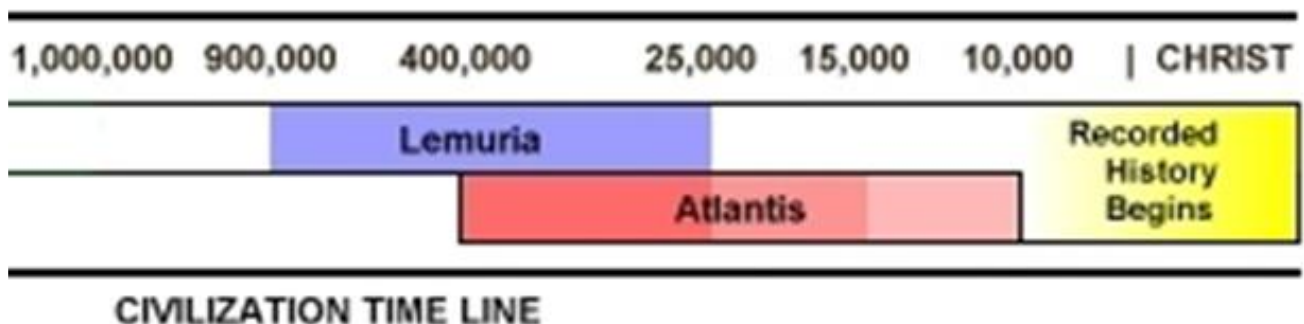
John musing with Nanna Beth:

Monday, 20 November 2017

Nanna Beth, 3<sup>rd</sup> Celestial Heaven: “And as far as concerning where The First Parents are now, they have moved on with the old guard, having been released from such duties that being The First Parents required. You can see and even in a sense ‘meet’ with them when you come into the first Celestial sphere, we have a museum sort of arrangement, it’s massive and highly complex and covers every aspect of humanity’s history on Earth and in the Mansion Worlds. And you can sort of interact with the exhibits – if I can crudely call them that. You literally walk into say the Atlantean times and explore using your mind for whatever aspect of such times you care to. You can even in a sort of holographic way meet with people from those times, speak with them in a sense, although it’s all automated, it’s not the real person who is now a spirit, although the whole experience being so real and amazing makes your mind believe it is the real person or spirit. So we can even talk to Mary and Jesus like this, which a lot of Celestials do when they first arrive, it all helping them to get to know them better and know what they were all about. It’s a massive learning centre and contains all the knowledge of humanity’s experience, so anything and everything is kept there like ‘living’ archives.

“And to complete your questions John, James Reid visited you, he’s doing well, getting on with his Healing. He won’t be having anything further to do with all James is doing, so it’s doubtful he’ll come and talk again. He is however still involved with and connected to you John, so he’ll be dropping in from time to time giving you his support and helping you understand things should he be asked and should he be able to. There are lots of such ‘Healing spirits’ now with you John, they feel they can easily relate to you and all you are trying to do, so eagerly wanting to be part of it all – which they are in a way. They won’t interfere with anything you are doing, however it’s really all now just between you and them. So when you feel them with you, you can acknowledge their presence and know that they are finding out what you’re now up to. Lots of these spirits are deeply concerned with Earth, they would ideally love to see humanity start it’s Healing across the board and only wish they were more directly involved with it. However it’s not for them, they are to get on and complete their Healing, and then become involved as Celestials, so their coming and visiting you John is all part of their Healing.

“And once again John, it’s now for people to connect with us Celestials and to develop their relationships with us through their Healing.”







## **I'D TURN BACK IF I WERE YOU!**

The Natural love spirit Mansion Worlds as to how they have been for all these hundreds of thousands of years and as they are set up currently, are to help spirits advance to the fullest of their self-denial that they can. That is, so as to become as evil as they can. And all under the guise of being 'loving'.



It's why they are called the mind worlds, namely Mansion World 1, 2, 4 and 6. That is because the spirits are using their minds to complete their rebellion – denial of self and feelings, and rejection of our Heavenly Parents as well their Creator Son and Daughter. So yes, the top of Mansion World sphere 6, spirits are the most evil, the most in rebellion, the most in default, the most wrong and unloving and untrue, even though, they appear, because they've trained their mind to do so, to be the most loving, but it's all false and contrived – such as the Eastern gurus. Total mind over feelings, blocking all the bad ones and using your mind to only make you feel good.

Typical of those on their way up in the mind worlds are not open to anything, they do not want to know about feeling bad and going with their bad feelings looking for their truth, because that scares them, that's not nice, that doesn't make one feel good, it threatens their control, they reject that preferring to stay in their nice safe space. Which is how it is for these Natural love mind spirits using their minds to control their feelings.

We've all got to take responsibility for our evilness even though we were made to be that way and rebel by default, but there is no getting away from it, and it has to be compensated right to the last farthing, which is what being in the hell planes is all about, and which keeps being applied right the way through the Mansion Worlds. **In the mind worlds you can continue to use that inner pressure requiring compensation for your bad deeds, to further contrive love and pretend you are all holy and loving and not hurting anyone anymore, which on the surface of it you are not, but underneath still are, all the way up through to the sixth world; or, you can allow it to keep working on you right the way up through the Divine Love Mansion Worlds doing your Healing.**

And apparently what's going to happen is the Natural love mind Mansion Worlds are going to be divided, so within them, there will be spirits doing their Feeling Healing – without the Divine Love, and still limited to the sixth Mansion World, but looking to be true and end their rebellion. And then there will be those still carrying on denying themselves as they have always done. So you will have spirits in the Feeling Healing Natural love sectors that will truly perfect their Natural love; and those spirits still in the mind sectors perfecting their wrongness. The opposites or extremes living side by side. And then you'll still have the Divine Love Healing Mansion Worlds, being spheres 3, 5, and 7, doing their Soul Healing.

And as for a summation: Divine Love Mansion World 3 is the waking up to the truth that one is not loving, also their being a lot of assistance. World 5 is then about going right into the depths of feeling how unloved you feel and seeing how unloving you are and how that makes you feel, also this is a time when one can then progress and manage their own progress through their Feeling Healing. World 7 is then about still working with the deepest and residual bad feelings, whilst looking to sort out how you wrongly relate to yourself and others, nature and God because of being unloving, this is a time of great realisation and comprehension with much of the prior experiences starting to be drawn together.

Mansion World 3: is for waking up to the truth that you're not loving and starting to get in touch with your pain, starting to accept your bad feelings, starting to work with them instead of rejecting them.

Mansion World 5: is then about going right into the depths of them, feeling how unloved you feel and seeing how unloving you are and how that makes you feel, bringing out the majority of your pain, your misery, fear, anger, guilt, hatred, boredom, terror, rejection, nothingness, feeling powerless, alone and abandoned, and so on.

Mansion World 7: is then about still working with the deepest and residual bad feelings, whilst looking to sort out how you wrongly relate to yourself and others, nature and God because of being unloving, understanding how your relationships are unloving, how you don't connect properly, how unloving you really are and why and fully accepting the truth of it, coming completely to grips with your parents not loving you as you needed to be loved – sorting it all out, including your self and feeling expression difficulties.

It is agreed that the lower worlds are about waking up to what's involved, however from then on it depends on how it's all structured for the individual in their negative state as to how much ongoing assistance they might need. Some need help all the way along, whereas others have been able to work with their feelings, themselves, right from the beginning.

And yes, each of the Divine Love healing Mansion Worlds, 3, 5 and 7, are equally painful to work through, just focusing on different aspects of yourself and your Feeling Healing with Divine Love. And then in the higher planes of the 7<sup>th</sup> world comes the transition, where one's pain starts to end, and you start feeling so much better about yourself, you are fully accepting of your negative unloving state, you are fully unloving although even starting to become more loving – truly loving, of yourself, God, and then other people.

Then onto the Celestial Heavens by progressing into Sphere 8 and then onwards further, all the way home to Paradise.

The 1<sup>st</sup> and 2<sup>nd</sup> spirit mind Mansion Worlds are jammed to the rafters.

Nanna Beth – 3<sup>rd</sup> Celestial Heaven

Sunday, 18 June 2017



# Finaliters

Hey guys, I know who I am and why I am having these life experiences. No, I'm not wearing a prison uniform – but that might be what my soul has planned for me to experience! Just joking!

When we arrive in our Earthly mother's womb, we are clueless as to why the heck we have come here. We truly need to persist with asking, "What's this all about?" – We will be told, bit by bit! But you have to push for it. Well guys, here's a go at it.

We have come to this crazy messed up humanity on Earth because God wants us to come; we don't have any say in it. And we think we can do something about it, but we actually can't, we can only do what God wants us to do. And if that makes us think we can do something, that we can have an effect, then that's what God wants us to think. Man, this mob is ready to slaughter each other totally and that is not going to happen – it's not allowed!



We are to enable our wilfulness to surface – well take over our 'numbnut' mind – and push aside the persona – the messed up personality that our parents want us to be – and express our true individuality. Be true to our feelings – our soul-based feelings and be the personality that our Heavenly Mum and Dad know us to be (all good).

Okay, because we are amongst billions of people who have been forced to join the Rebellion and Default, we are one of them – experiencing all the crud and wrongness we can possibly get ourselves into. Yep, we are rebelling against our soul, which also means we are rebelling against our soulmate and also our Heavenly Mother and Father – God. Shoot the works – we have done it justice!

Now here is the good bit. We can heal ourselves of all this wrongness – and eventually we ALL will. Then we will continue with our healing and learning, and learning, and more learning and end up in Paradise, the home of our True Mum and Dad. THEN we will be recognised as FINALITERS. Why Finaliters?

We are called Finaliters, that's everyone who attains Paradise, and not just those of us who've been fucked up by a Rebellion, because we've 'finally' got there, we 'finally' did it, we 'finally' completed the first stage of our existence in Creation, which is akin to 'Finally' completing our time in the 'womb'. Upon attaining Paradise, it can be likened to being 'finally' born, or 'finally' becoming the equivalent of age 6 when our Indwelling Spirit arrives, or 'finally' becoming an adult. And possibly we won't know if we can liken it to any of these stages we go through during our physical life on Earth, until we're 'finally' on Paradise, and 'finally' get it!



Because other humanities in newly forming universes are anticipated to Rebel (just like us now) and because we have had the experience (no other humanity has possibly done it as good as us), we FINALITERS can go and help them out of their SHIT! Yee-ha – more evilness and insanity! That is us! Bring it on!!!!

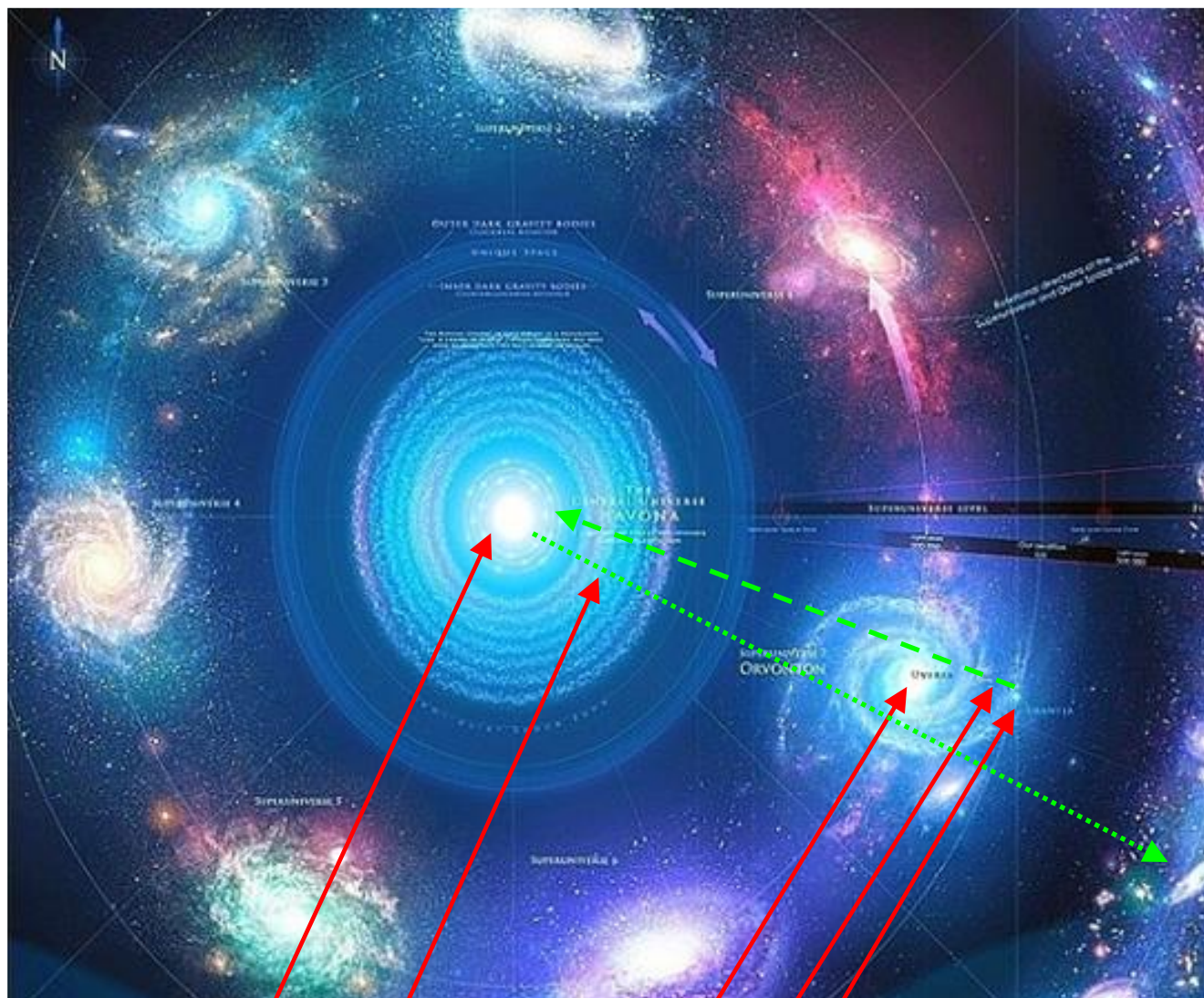


# Finaliters

## OUR JOURNEY

Ascension is from Earth (Urantia) through Nebadon, Orvonton, Havona to Paradise.

Then in Paradise we progress to be Finaliters and possibly assigned to a newly forming universe.



Isle of Paradise  
home of our  
Heavenly Mother & Father

Havona  
Ascendington

Orvonton – our Super Universe  
Nebadon – our Local Universe  
Uranta being Earth

Finaliter, being what we become  
when we finally arrive in Paradise.

Death & Dying series:

[www.pascashealth.com](http://www.pascashealth.com)

# ***We are More Alive than Ever!***

Pascas Care Death & Dying – Getting the Hell out of Here  
 Pascas Care Healing & Recovery – Death & Dying  
 Pascas Care Death & Dying – Always Karen  
 Pascas Care Death & Dying – Post-Mortem Journal  
 Pascas Care Death & Dying – Proof of Heaven  
 Pascas Care Death & Dying – Transition  
 Pascas Care Death & Dying – Transition & Assimilation  
 Pascas Care Death & Dying – Transition & Assimilation Marjorie  
 Pascas Care – Life in the World Unseen  
 Pascas Care – Spheres 1 – 7  
 Pascas Care – Spheres 1 – Infinity  
 Pascas Care Letters – Transition & Assimilation following Death  
 Pure Spirit – More Alive than Ever



## **Complementing PascasPapers:**

Pascas Care – Suicide Prevention  
 Pascas Care – Suicide & Unconscious Guilt  
 Pure Spirit – Suicide and Recovery from Darkness

It is often said that no one comes back from the dead! John has received more than 2,000 pages of communications from Nanna Beth, Marie Mum, brother-in-law Kevin, nephew Bradley, cousin Raymond and unborn son Benjamin. These are all Celestial Spirits.

Geoff Cutler has a library of more than 500 books dictated by those who wrote AFTER they have died – mostly Mansion World spirits. Visit <https://new-birth.net/> and review the records.

Communication with those who have passed over is incredibly revealing and interaction with Celestials is now possible and a reality.

Important recommended reading is:

by James Moncrief

## **The Rejected Ones – the Feminine Aspect of God**

<http://divinelovesp.weebly.com/my-free-books-and-free-padgett-messages.html> ALSO at  
<https://www.pascashealth.com/index.php/library.html?file=files/opensauce/Downloads/MEDICAL%20-%20SPIRITUAL%20REFERENCES/Rejected%20Ones%20via%20James%20Moncrief.pdf>

### **Publications recounting experiences from within the Spirit World:**

- More Alive Than Every, Always, Karen** by Jean Walker [www.amazon.com](http://www.amazon.com)  
**Through the Mists** by Robert James Lees, republished by Joseph Babinsky [www.lulu.com](http://www.lulu.com)  
**The Life Elysian** by Robert James Lees, republished by Joseph Babinsky [www.lulu.com](http://www.lulu.com)  
**The Gate of Heaven** by Robert James Lees, republished by Joseph Babinsky [www.lulu.com](http://www.lulu.com)
- Life in the World Unseen** by Anthony Borgia is also available from [www.amazon.com](http://www.amazon.com)
- Life Beyond the Veil** Vol I thru to V – Rev George Vale Owen– Geoff Cutler <http://new-birth.net>
- Book of Truths** – The Padgett Messages by Joseph Babinsky [www.lulu.com](http://www.lulu.com)  
**Little Book of Truths** by Joseph Babinsky [www.lulu.com](http://www.lulu.com)  
**True Gospel Revealed anew by Jesus Vol I, II, III, IV** by Geoff Cutler [www.lulu.com](http://www.lulu.com)  
**Messages from Celestial Spirits – Messages of Judas** by H. R. <http://new-birth.net/>  
<https://new-birth.net/conversations-with-judas-of-kerioth/>
- Judas of Kerioth** edited by Geoff Cutler [www.lulu.com](http://www.lulu.com)  
**Shining Toward Spirit** – Beginnings (2014 – 2015) via Zara and Nicholas [www.lulu.com](http://www.lulu.com)  
**The Divine Universe** – via Zara Borthwick and Nicholas Arnold [www.lulu.com](http://www.lulu.com)
- Post-Mortem Journal** – Communications from **T. E. Lawrence** through the mediumship of Jane Sherwood in 1964. [www.amazon.com](http://www.amazon.com)
- Thirty Years Among the Dead** by Carl A Wickland. [www.amazon.com](http://www.amazon.com)
- <https://new-birth.net/mediumship/anthony-borgia-and-the-spirit-books-he-authored/>  
 Anthony Borgia – Life in the World Unseen  
 Anthony Borgia – More about Life in the World Unseen  
 Anthony Borgia – More Light  
 Anthony Borgia – Facts  
 Anthony Borgia – Heaven & Earth  
 Anthony Borgia – Here and Hereafter

### **Feeling Healing and Divine Love:**

Prayer to our Heavenly Parents with a feeling and longing for  
 Our Heavenly Mother and Father's Divine Love to enter you.  
 Have a longing for truth from our Heavenly Parents – God.

<http://www.pascashealth.com/index.php/library.html>

## **Library Downloads – Pascas Papers**

All papers may be freely shared. The fortnightly mailouts are free to all, to be added into the  
 mailout list, kindly provide your email address. [info@pascashealth.com](mailto:info@pascashealth.com)



<b>Primary recommended reading:</b>	<b>consider commencing with: Paul – City of Light and Sage – and the Healing Angels of Light</b>		
<b>The Rejected Ones</b>	<b>2002 – 2003</b>	<b>xxx</b>	<b>– James Moncrief</b>
<b>Messages from Mary &amp; Jesus</b>	<b>2003</b>	<b>xxx</b>	<b>– James Moncrief</b>
<b>Paul – City of Light</b>	<b>2005</b>	<b>xxx</b>	<b>– James Moncrief</b>
<b>Feeling Healing</b>	<b>2017</b>		<b>– James Moncrief</b>
<b>Religion of Feelings</b>	<b>2017</b>		<b>– James Moncrief</b>
<b>Mary Magdalene and Jesus' comments on the Padgett Messages</b>	<b>2007 – 2010</b>	<b>xxx</b>	<b>– James Moncrief</b>
<b>Speaking with Mary Magdalene &amp; Jesus Sage and the Healing Angels of Light</b>	<b>2013 – 2014</b>	<b>xxx</b>	<b>– James Moncrief</b>
<b>Road map of Universe and history of Universe:</b>	<b>2017</b>	<b>xxx</b>	<b>– James Moncrief</b>
<b>The Urantia Book</b>	<b>1925 – 1935</b>	<b>xxx</b>	<b>as primary reading</b>
<b>Divine Love supporting reading:</b>			
<b>Revelations</b>	<b>1954 – 1963</b>		<b>– Dr Daniel Samuels</b>
<b>Judas of Keriath</b>	<b>2001 – 2003</b>		<b>– Geoff Cutler</b>
<b>The Book of Truths</b>	<b>1914 – 1923</b>	<b>xxx</b>	<b>– Joseph Babinsky</b>
<b>containing the Padgett Messages or Little Book of Truths</b>			<b>– Joseph Babinsky</b>
<b>True Gospel Revealed anew by Jesus Vol I, II, III, IV</b>		<b>xxx</b>	<b>– Geoff Cutler</b>

**Available generally from:**

[www.lulu.com](http://www.lulu.com)                      [www.amazon.com](http://www.amazon.com)                      [www.bookdepository.com](http://www.bookdepository.com)  
**For Divine Love focused websites and forums:**  
**Pascas Health:**                      <http://www.pascashealth.com/index.php/library.html>  
**Spiritual Development:**                      <http://new-birth.net/spiritual-subjects/>  
**Padgett Books:**                      <http://new-birth.net/padgetts-messages/>  
<http://divinelovesp.weebly.com/my-free-books-and-free-padgett-messages.htm>

## **BIBLIOGRAPHY NOTE:**

James Moncrief has written numerous books and prepared numerous movie scripts. Incorporated here are primary writings.

Pascas has 750+ supportive 'Pascas Papers' accessible in Library Downloads at [www.pascashealth.com](http://www.pascashealth.com)

Pascas Primary publications being:

U-Turn for Humanity Pascas reveals New Feelings Way  
 U-Turn for Humanity pathway being New Feelings Way  
 U-Turn for Humanity shutting hells through New Feelings Way  
 U-Turn for Humanity simple is what Life is meant to be  
 U-Turn for Humanity soul light and New Feelings Way  
 U-Turn for Humanity through the New Feelings Way  
 U-Turn for Humanity treacherous assumptions New Feelings Way  
 U-Turn for Humanity unfolding the New Feelings Way  
 Universal Gift – Feeling Healing with Divine Love  
 Feeling Healing and Divine Love Discussion Prompts  
 Pascas Care Death & Dying Transition & Assimilation Marjorie

Selected Pascas Papers, as noted below, are to be published. Selection is to be reviewed appropriately. ALL writings will be assembled in secure archives in strategic locations for researchers' access.

## **James Moncrief's books, the Padgett Messages and The Urantia Book at:**

### **DIVINE LOVE SPIRITUALITY – DLS:**

<http://divinelovesp.weebly.com/my-free-books-and-free-padgett-messages.html>

All Padgett Messages (for condensed versions – see below) 1914 – 1923 Pages 945  
The Urantia Book (see suggested papers to read below)

#### **James Moncrief Books:**

	MoC		
The Rejected Ones – the Feminine Aspect of God	1,490	Nov 2002 – Jan 2003	228
Messages from Mary and Jesus book 1	1,485	Feb – Apr 2003	189
Messages from Mary and Jesus book 2	1,485	Apr – Oct 2003	170
Mary Magdalene and Jesus' comments on the Padgett Messages – book 1		Aug 2007	164
Messages from 31 May 1914 – 12 January 1915	1,495		
Mary Magdalene and Jesus' comments on the Padgett Messages – book 2		Sep 2010	177
Messages from 13 January 1915 – 29 August 1915	1,494		
Speaking with Mary Magdalene and Jesus blog – book 1	1,490	Jan – Apr 2013	206
Speaking with Mary Magdalene and Jesus blog – book 2	1,489	Apr – May 2013	229
Speaking with Mary Magdalene and Jesus blog – book 3	1,490	Oct – Jan 2014	187
Speaking with Mary Magdalene and Jesus blog – book 4	1,491	Jan – May 2014	191
Mary Magdalene comments on Revelation from the Bible KJV	1,485	Dec 2013 – Jan 2014	84
This group being pages of 1,825			
Paul – City of Light	1,488.5	2005	149
Ann and Terry		2013	235
Feeling bad? Bad Feelings are GOOD!	feeling-healing book 1	2006	179
Feeling bad will make you feel BETTER – Eventually!	feeling-healing book 2	2006	159
Breaking the Golden Rule.	feeling-healing book 3	2006	168
Feeling-Healing exercises, and other healing points to consider.		2009	175
Cathy and Mark – a novel introducing Feeling-Healing.		2010	151
Introduction course to Divine Love Spirituality		2006	139
Speaking with the Dead, Death and Dying		2009	173
Spirits and their Childhood Repression Healing		2010	179
With Verna – a nature spirit		2008	279
Communication with spirits – meet a spirit friend		2010	37
Introduction to Divine Love Spirituality website			362
Sage – and the Healing Angels of Light		2017	260
Divine Love Spirituality	1,500	2017	201
Feeling Healing – you can heal yourself through your feelings		2017	153
Religion of Feelings	1,500	2017	47
This group being pages of 3,046			

**Religion of Feelings**

<http://religionoffeelings.weebly.com/>

**Introduction to Divine Love Spirituality**

<http://dls spirituality.weebly.com/>

**Main website of DLS**

<http://divinelovesp.weebly.com/>

**Childhood Repression website**

<http://childhoodrepression.weebly.com/>

**DLS and CR forum**

<http://dlscr.freeforums.net/>

<http://withmarymagdaleneandjesus.weebly.com/blog---and-free-books-speaking-with-mary-and-jesus>

**FEELING HEALING and SOUL HEALING with the DIVINE LOVE:****James Moncrief Publications:****all publications are free downloads:**<http://divinelovesp.weebly.com/my-free-books-and-free-padgett-messages.html>

It is suggested for one to consider reading as follows:

**Speaking with Mary Magdalene and Jesus – books 1 – 4**

These four books encapsulate the second of the revelations with the first having been introduced by James Padgett one hundred years previously. These four books provide a wide range of guidance that has never previously been made available.

**Paul – City of Light**

As a gentle intro into the Divine Love and Healing; being James Moncrief's first novel and it's been criticised as being too heavily clichéd, but that's the point because it's a reflection of how he was back then.

**Ann and Terry**

For an example of people who might want to immediately start working on themselves and doing their Healing.

**Feeling Bad? Bad Feelings are GOOD**

For more understanding about our denial of our feelings and why we should not deny our feelings, and it includes how it all came about for James, using himself as an example.

**Feeling bad will make you feel BETTER – Eventually!**

This includes specific examples of Marion and James working on expressing particular bad feelings, again with the hope that it will help others gain something of an idea as to what's involved in doing your Feeling Healing.

**Sage – and the Healing Angels of Light**

Through Sage who's 13 years old, the story is primarily about the two aspects of healing; that being, with the help of our angels, and the full Healing we can do by looking to our feelings for their truth.

**Religion of Feelings**  
**Feeling Healing**

**Welcome to LOVE – the Religion of Feelings**  
**you can heal yourself through your feelings**

So these books, including the four Speaking with Mary Magdalene and Jesus books, provide the essence of it all and are examples of James' work. Then it's up to whatever takes one's fancy. Other reading to consider may include:

**The Padgett Messages being published as:****The True Gospel Revealed Anew by Jesus volumes 1 – 4****Book of Truths by Joseph Babinsky****The Urantia Book**

**Release one's pain through expressing one's feelings.**

**in conjunction with**

**Longing for the Truth when also longing for Divine Love.**



### **FEELING HEALING with DIVINE LOVE is SOUL HEALING:**

*A collection of 'papers' that draw together specific topics including all of the above and more from other sources of information and revelation designed to help increase one's awareness about why we have the problems we do and how to heal them, all whilst living a more healthy and sustainable life. They provide a brief snapshot of the more complicated topics and issues.*

**Firstly, consider discovering the truth of your emotional pain through Feeling Healing.  
Secondly, consider longing for our Heavenly Parents' Love as you progress with your healing.  
Primary and most important readings are the writings of James Moncrief.  
Then consider the Padgett Messages, and then The Urantia Book.**

Pascas Papers, being free, are located within the Library Downloads [www.pascashealth.com](http://www.pascashealth.com/index.php/library.html)  
**<http://www.pascashealth.com/index.php/library.html>**

**[PASCAS – document schedule.pdf](#)      downloadable index to all Pascas Papers.**

FH denotes Feeling Healing; SH denotes Soul Healing, which is: Feeling Healing with the Divine Love; DL denotes Divine Love – living with the Love.

**PASCAS INTRODUCTION NOTES:** *All papers below can be found at Library Downloads link..*

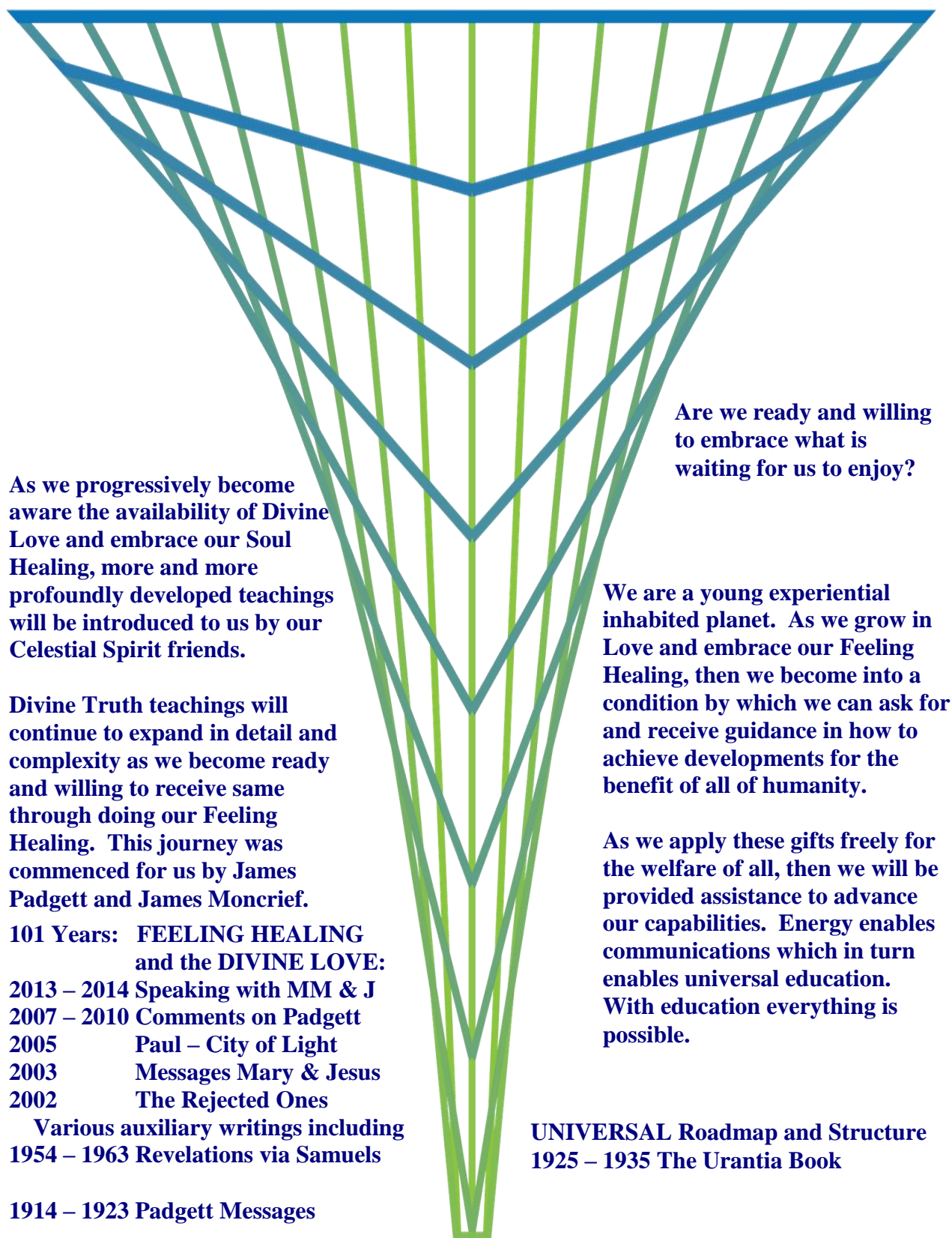
- Pascas Care Letters A Huge Upturn
- Pascas Care Letters Big Revelation
- Pascas Care Letters Feeling Healing Benefits Children
- Pascas Care Letters Feeling Healing Way
- Pascas Care Letters Little Children
- Pascas Care Letters Women's Liberation and Mother

### **MEDICAL – EMOTIONS:**

- Pascas Care – Feeling Healing
- Pascas Care – Feeling Healing All is Within
- Pascas Care – Feeling Healing and Health
- Pascas Care – Feeling Healing and History
- Pascas Care – Feeling Healing and Parenting
- Pascas Care – Feeling Healing and Rebellion
- Pascas Care – Feeling Healing and Starting
- Pascas Care – Feeling Healing and Will
- Pascas Care – Feeling Healing Angel Assistance
- Pascas Care – Feeling Healing Being Unloved
- Pascas Care – Feeling Healing Child Control
- Pascas Care – Feeling Healing Childhood Repression
- Pascas Care – Feeling Healing End Times
- Pascas Care – Feeling Healing is Rebelling
- Pascas Care – Feeling Healing Live True
- Pascas Care – Feeling Healing Mary Speaks
- Pascas Care – Feeling Healing My Soul
- Pascas Care – Feeling Healing Perfect State
- Pascas Care – Feeling Healing Revelations X 2
- Pascas Care – Feeling Healing the Future
- Pascas Care – Feeling Healing Trust Yourself
- Pascas Care – Feeling Healing Versus Cult

**PASCAS  
PAPERS**

## **DIVINE LOVE and DIVINE TRUTH Revelations and Teachings escalating:**





**Great Gifts through our Feelings are:  
The Awareness of our Heavenly Mother  
and Father**

**That our soul is a duplex – both male  
and female – one soul, two personalities**

**That Feeling Healing with Divine Love  
is our pathway to Paradise – our true  
home**

**Freely expressing our Feelings to a  
companion is expressing our true  
personality – the personality bestowed  
upon us by our Heavenly Mother and  
Father – our true Mum and Dad!**

**These are truths of living  
Feelings First Spirituality,  
The New Way**