

PASCAS CARE

Cause & Development of All Illness



“Peace And Spirit Creating Alternate Solutions”

PASCAS FOUNDATION (Aust) Ltd
ABN 23 133 271 593

Em: info@pascasworldcare.com
Em: info@pascashealth.com

Pascas Foundation is a not for profit organisation
Queensland, Australia

www.pascasworldcare.com www.pascashealth.com

PASCAS INTRODUCTION:

Documents assembled by Pascas are provided for your individual assessment and exploration. The contents are sourced from a variety of avenues and publications. Every endeavour is made to determine that the contents are of the highest level of truth and veracity. At all times we ask that you go within yourself, to ascertain for yourself, how the contents resonate with you.

Pascas provides these notes and observations to assist us all in the development and growth of our own pathways and consciousness. Pascas does not hold these contents as dogma. Pascas is about looking within oneself. Much of what we are observing is new to us readers and thus, we consider that you will take on board that which resonates with you, investigate further those items of interest, and discard that which does not feel appropriate to you.

Kinesiological muscle testing, as developed by Dr David R Hawkins and quantified by his Map of Consciousness (MOC) table, has been used to ascertain the possible level of truth of documents. Such tested calibration levels appear within the document. We ask that you consider testing same for yourself. The technique and process is outlined within Pascas documents, such as Pascas Care – Energy Level of Food. From each person’s perspective, results may vary somewhat. The calibration is offered as a guide only and just another tool to assist in considering the possibilities. As a contrast, consider using this technique to test the level of truth of your local daily newspaper.

Contents are not to be interpreted as an independent guide to self-healing. The information sourced herein is not from a doctor or doctors, and any information provided in this document should not be in lieu of consultation with your physician, doctor, or other health care professional. Pascas, nor anyone associated with this document, does not assume any responsibility whatsoever for the results of any application or use of any process, technique, compound or potion as described within this document.

The sources of contents are noted throughout the document. In doing so, we acknowledge the importance of these sources and encourage our readers to consider further these sources. Should we have infringed upon a copyright pertaining to content, graphics and or pictures, we apologise. In such cases, we will endeavour to make the appropriate notations within the documents that we have assembled as a service via our not for profit arm, to our interested community.

We offer all contents in love and with the fullness of grace, which is intended to flow to readers who join us upon this fascinating journey throughout this incredible changing era we are all experiencing.

Living Feelings First, *John.*

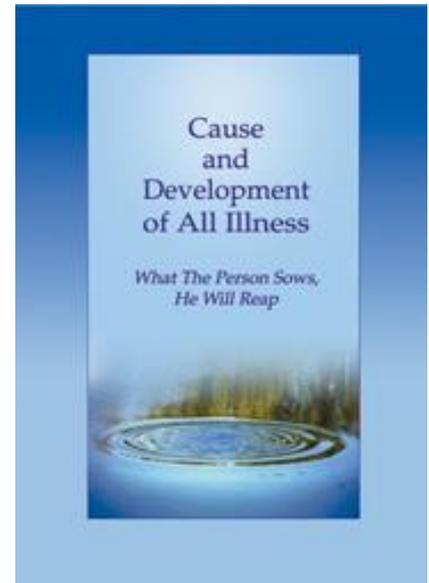
“Never can one man do more for another man than by making it known of the availability of the Feeling Healing process and Divine Love.” JD

CAUSE and DEVELOPMENT of ALL ILLNESS:

<http://www.amazon.com/Cause-Development-All-Illness-person/dp/1890841374>

Gabriele Wittek, nee Maden, born in 1933, penned these teachings in Germany in the German language. They are now available in English.

Gabriele earlier published 'This Is My Word, Alpha and Omega' originally published in 1989 in German and now republished in English in 1996.



[The source of the following transcriptions through Gabriele Wittek are considered to be provided by loving spirits from within the realms of the 4th sphere natural love community. Natural love fourth sphere spirits are particularly advanced in their understanding of health issues and are major providers of assistance for the human population in addressing health issues. Divine Love spirits provide assistance with health issues should you so ask for aid in addressing a health episode. Divine Love spirits from the Celestial Spheres (8 and higher) will provide you with assistance should you so ask.]



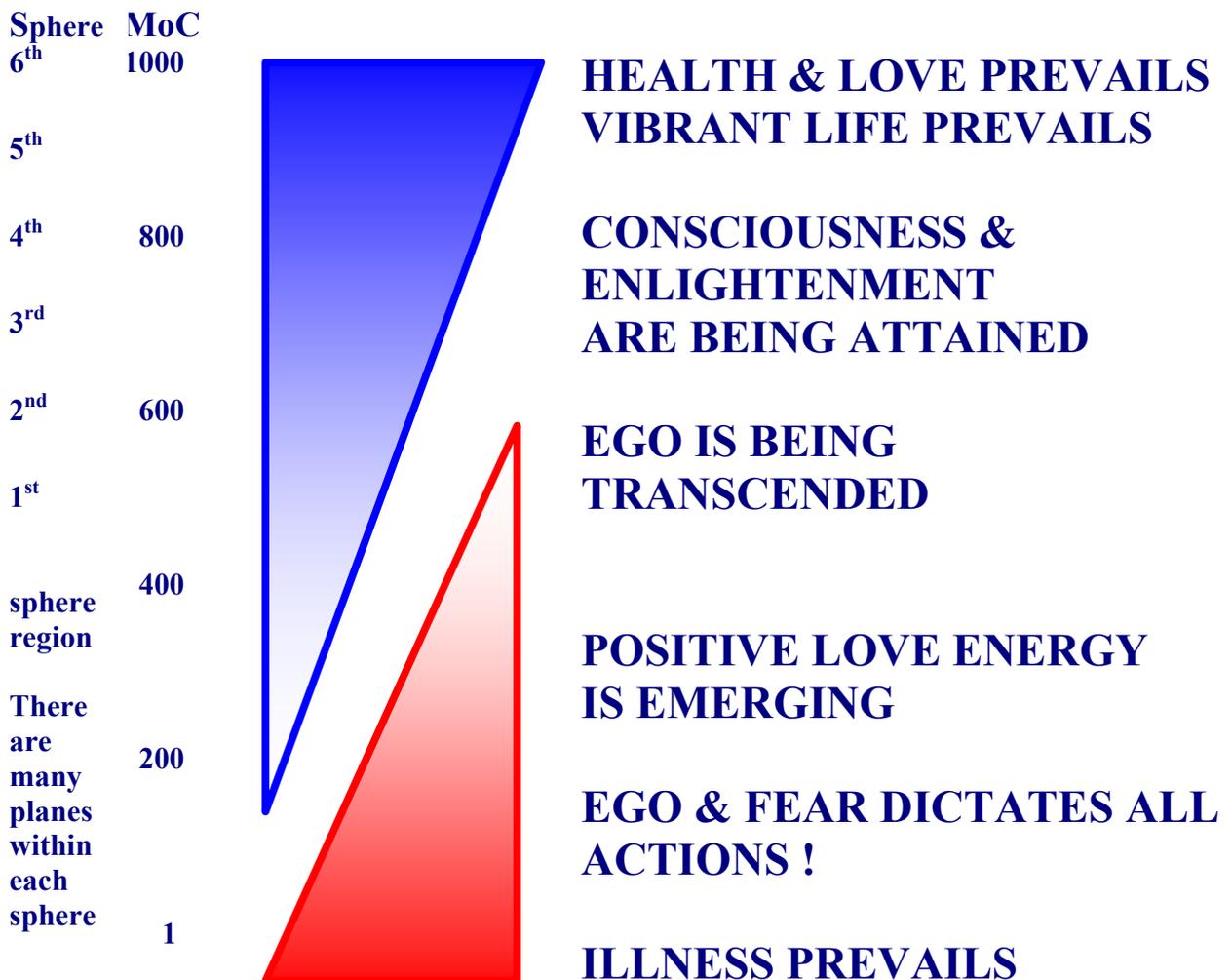
Note:

The Map of Consciousness (MoC) table is based on the common log of 10. It is not a numeric table.
 A calibration increase of 1 point is in fact a 10 fold increase in energy.
 A calibration increase of 10 points is in fact a 10,000,000,000 fold increase in energy.
 Thus the energy differentials are in fact enormous!

Note: Following the writings of James Moncrief, one could consider that any reference to the Father, by other relevant writers, may be read as a reference to 'our Mother and Father'. Further, when considering soul healing, then reference to Divine Love could be referred to as 'Feeling Healing with Divine Love'.

“All dis-ease is mind generated, and all healing is generated by the love energy of one’s soul.”

The Ego (mind based) manifests illness; the lower one’s level of consciousness (soul condition) then the more prevalent will be illness. Below the levels of 200, the ego and fear of the mind dominate; however, as you raise your level of consciousness by growing in love and achieve a level of 500 or higher, you begin to transcend ego dominance. At the level of 600, all healing is possible.



An earnest longing for God’s Divine Love is the only way to transform one’s soul. This longing is severely retarded and the reception of God’s love impaired whilst one’s soul is dominated by erroneous beliefs which are in the form of negative emotions. The releasing of and clearing of these emotions are essential to progress from the lowest levels of the 1st sphere and also to progress through the 2nd sphere. It is Feeling Healing with Divine Love that one progresses through the Divine Love Mansion Worlds 3, 5 and 7 and enters the Heavens.

For on Earth, people of different levels of consciousness live together in closely packed spaces, through which the danger of burdening oneself is very great. In such confined spaces, people who strive for purity and chastity live together with those who indulge in immorality, who emit aggression and insult their neighbour if he does not do what they want.

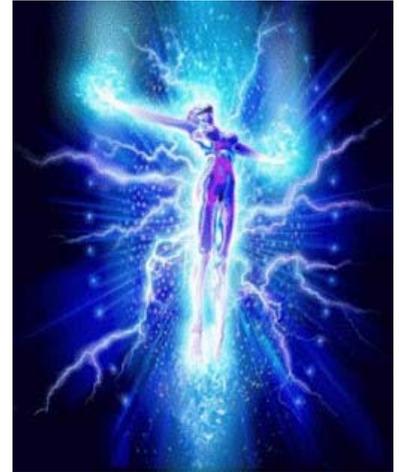
(This is not the case in the spirit worlds. Spirit people are segregated into planes, thousands of different planes. Those of the same soul condition live together. As one's soul becomes more degraded, their soul condition is self evident by the luminosity that is reflected through their spirit body from their soul.)

Man is the builder and architect of his own fate. His feelings, thoughts, words and deeds are the building blocks for a happy life – or for a life of hardship, misery, illness and suffering. Whatever is present in the soul, light or shadow, will be made manifest to him.

The person can learn to understand better the law of cause and effect, of sowing and reaping, and the seeker of truth learns and understands why the fall came about.

The law of cause and effect, the law of sowing and reaping, is also called the causal law.

This is why there are no shadows in the pure being. Everything is light. All pure forms are likewise self-luminous. Since everything shines from within to without, there are no shadows for those with an elevated and loving soul condition.



People who are totally oriented to matter see only matter and its kind. People who seek and open the Kingdom of God in themselves, and who have spiritually, that is, vibrationally, raised themselves above the lower planes of purification, recognise and behold the true laws within. They have insight into what takes place behind matter and the planes of purification. They have awakened to the sonship and daughtership in the spirit of infinity.

The pure forms are self-luminous. They are not irradiated by a sun as is the physical human being. The primordial power radiates into their inner being and through them.

On the other hand, the material universe and thus, the physical body, are irradiated from without by suns and planets, and therefore, the light does not shine through them. Only then, does matter become visible. If light did not irradiate bodies and objects, there would be no reflection and all things material would not be visible. A disembodied soul with its spirit body can perceive and live only in those spheres which it has activated as light and energy in itself.

Everything is interconnected

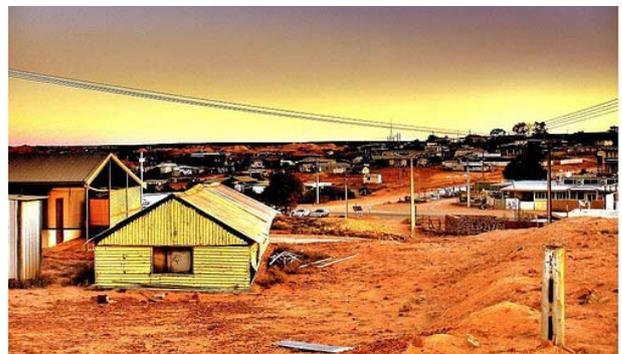
And so, only so much can be perceived in soul as well as person, as has been activated by them as light and power. A soul through its spirit body can reflect only what it has actualized on its journey toward the light of God. Only the radiation that it has again developed through the actualization of the eternal laws can become effective in the soul. This is then the expansion of consciousness.

1st SPHERE ASPECTS:
Summerland, etc, nurseries



Summerland, etc., are beautiful regions of 1st sphere.

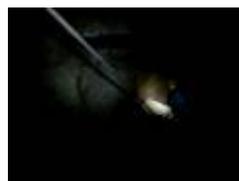
Summerland, etc, are within the highest planes of the 1st Mansion World / sphere.
There are 1,000s of plains in the 1st sphere.



Ambience of mid range plains of the 1st sphere is where the majority of humanity pass into.



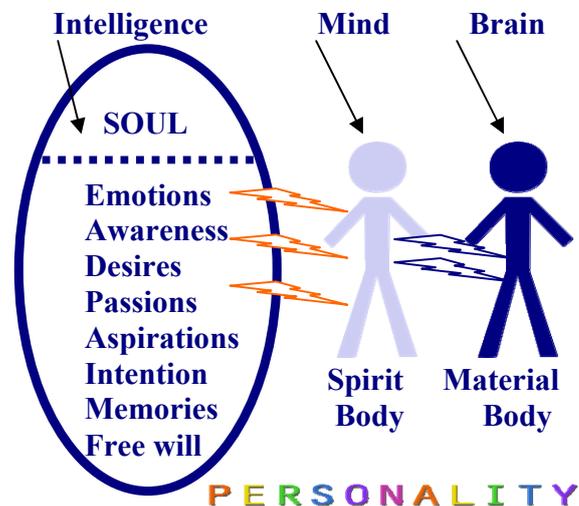
2 Planes of Disharmony / Earth:
The hells are unimaginable places of darkness.
Consider you are stuck at the end of the deepest longest mine ever, on your own, without any lights!



If a soul is still very much bound to the Earth, its view into higher and lighter spheres is barred, because it has not yet developed the higher degree of vibration (love) in these spheres of life. Its consciousness is still limited (low soul condition). The higher spheres do not find any reflection in the soul because they are still covered over by its burdens.

If there are karmic bonds with higher spheres, the still lower vibrating soul is occasionally granted a glimpse into lighter spheres through a temporary supply of energy. The still existing karmic bonds – perhaps with a higher sphere – are seen within by the soul. In this way, the soul is prompted to forgive or to ask for forgiveness.

This insight into higher sphere takes place as follows: Through increased radiation under such influence it still is, the soul's consciousness (soul condition) is temporarily expanded. Within its own consciousness, the soul sees the still existing burdens. With this, it is led to recognition, to forgive or to ask for forgiveness. Should the spirit person ask for and receive Divine Love, then its growth in soul condition can be much more rapid.

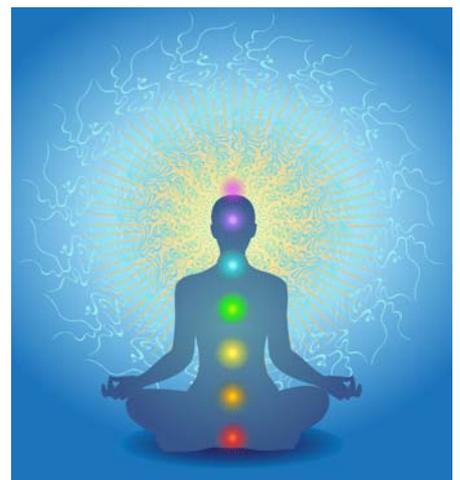


A similar process takes place in an incarnated soul, in the human body. Soul and person mature only through self-recognition, actualization and forgiveness. Again, growth in love and soul condition is escalated should such person ask for and receive Divine Love. Both the soul in the spheres of purification and the human being are reminded again and again by the eternal law via the causal law, the law of cause and effect, to recognize themselves and to strive for a life according to the law of love. The more limited soul and person are, the more the person is tied to his own world of conceptions. In many cases, the person then ignores the call of the eternal law because he lives according to his own opinions and thus, very often against the eternal law.

The pure beings, on the other hand, live the law and are therefore themselves the law – self-luminous. Nothing can cloud their spiritual primordial sensation. They behold all things in their proper light, thereby recognizing all processes in their entirety.

The pure, the absolute, does not affirm the imitation of time and space. That is why limitation cannot exist in the long run. God may well see the limitation, but He does not affirm it.

For the pure being, the pure consciousness, everything is open and clear. The pure penetrates everything, including matter, all suns, worlds and human beings. We see matter as solid substance. It is, however, as everything else in infinity, vibration, energy.



The BRAIN at the CONSCIOUSNESS LEVEL 200 CROSSOVER:

While these following basic differences in brain physiology that occur above and below the important consciousness level of 200 are decisive, even more significant change occurs at that level because above level 200 in consciousness as per the Map of Consciousness, a unique energy field emerges for the first time in evolution. It is concordant operationally with the physical right brain but is specific to spiritual awareness and consciousness. For want of better terminology, this specific energy field has been labelled the “etheric brain” to denote that it is purely energetic and not protoplasmic or anatomical in nature.

This etheric brain, or spiritual energy body, registers higher energy frequencies to which protoplasm is unable to respond.

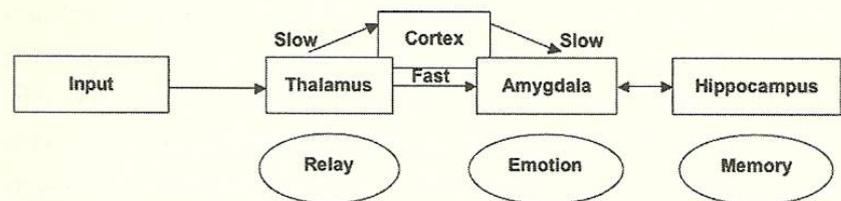
The reality of an energy body that exists independently of the physical brain has been recognised in all cultures throughout history.

Upon attaining the consciousness level of 200, the brains neurochemistry changes in a positive direction, and like a butterfly out of a cocoon, the etheric brain springs forth as a consequence of the onset of the flow of spiritual (i.e., kundalini) energy, and the experience of life and the self in the world begins to transform.

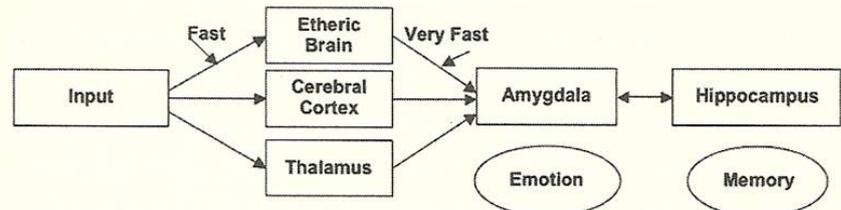
It is with the emergence of the etheric brain at the calibration level of 200 which enables the capabilities to employ kinesiology muscle testing to determine the existence of truth or the lack thereof.

BRAIN FUNCTION AND PHYSIOLOGY

Lower Mind (Below 200)



Higher Mind (Above 200)



Below 200

Left-brain dominance
 Linear
 Stress—Adrenaline
 Fight or flight
 Alarm—Resistance—Exhaustion
 (Selye—Cannon: Fight/Flight)
 ▼ Killer cells and immunity
 Thymus stress
 Disrupt acupuncture meridian
 Disease
 Negative muscle response
 ▼ Neurotransmitters—Serotonin

Track to emotions twice as fast
 as through prefrontal cortex
 to emotions
 Pupil dilates

Above 200

Right-brain dominance
 Non-linear
 Peace—Endorphins
 Positive emotion
 Support thymus
 ▲ Killer cells
 ▲ Immunity
 Healing
 Balanced acupuncture system
 Positive muscle response

Track to emotions slower
 than from prefrontal
 and etheric cortexes
 Pupil constricts

Importance:

Spiritual endeavor and intention change the brain function and the body's physiology and establish a specific area for spiritual information in the right-brain prefrontal cortex and its concordant etheric (energy) brain.

MAP OF CONSCIOUSNESS

God-view	Life-view	Level	Log	Emotion	Process
Self	Is	Enlightenment	700 1000	Ineffable	Pure Consciousness
All-Being	Perfect	Peace	↑ 600	Bliss	Illumination
One	Complete	Joy	↑ 540	Serenity	Transfiguration
Loving	Benign	Love	↑ 500	Reverence	Revelation
Wise	Meaningful	Reason	↑ 400	Understanding	Abstraction
Merciful	Harmonious	Acceptance	↑ 350	Forgiveness	Transcendence
Inspiring	Hopeful	Willingness	↑ 310	Optimism	Intention
Enabling	Satisfactory	Neutrality	↑ 250	Trust	Release
Permitting	Feasible	Courage	↑ 200	Affirmation	Empowerment
Indifferent	Demanding	Pride	↓ 175	Scorn	Inflation
Vengeful	Antagonistic	Anger	↓ 150	Hate	Aggression
Denying	Disappointing	Desire	↓ 125	Craving	Enslavement
Punitive	Frightening	Fear	↓ 100	Anxiety	Withdrawal
Disdainful	Tragic	Grief	↓ 75	Regret	Despondency
Condemning	Hopeless	Apathy	↓ 50	Despair	Abdication
Vindictive	Evil	Guilt	↓ 30	Blame	Destruction
Despising	Miserable	Shame	20	Humiliation	Elimination

	The Final Doorway to Enlightenment / Nonduality	
	The beginning of the Nonlinear Realm	500
	The beginning of Integrity	200

If a person succeeds in exploring and experiencing himself, he will no longer interfere with the laws of nature. He will see a person as the reflection of the eternal Father and respect life, which of his neighbour and his second neighbour, the plants and animals and nature as a whole. Only then, will suffering, hardship, sickness, hunger and spiritual death come to an end.

What a person sows, he will reap. The one who violates the ironclad, universal law acts against himself. Many people go on sowing ever more causes. For each cause that has not been repented and erased in time, the effect will follow.

NATURAL LOVE or HUMANITY's ERRONEOUS EMOTIONS:

Your soul, being your real you, is an emotional being. Your soul, though a thought of God, does not possess anything of the divine within it. It existed in a state of bliss, in a natural love state, pending individualisation which is achieved at conception which is the time of incarnation. Your soul is endowed with natural love emotions noted within the top section of the Map of Consciousness scale, being those emotions calibrating above 200.

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Enabling	Satisfactory	Neutrality	↑ 250	Trust	Release
Permitting	Feasible	Courage	↑ 200	Affirmation	Empowerment

Humanity's erroneous emotions are those calibrating below 200 on the Map of Consciousness. The environment around a newly conceived child progressively degrades the condition of that child's soul. When the child reaches about the age of 7, the child's soul condition will reflect the parent's condition. These negative emotions are like a crust around the pure soul it has within.

MAP OF CONSCIOUSNESS					
God-view	Life-view	Level	Log	Emotion	Process
Man made dis-empowering emotions:			↓ 200	All the negative emotions	
Indifferent	Demanding	Pride	↓ 175	Scorn	Inflation
Vengeful	Antagonistic	Anger	↓ 150	Hate	Aggression
Denying	Disappointing	Desire	↓ 125	Craving	Enslavement
Punitive	Frightening	Fear	↓ 100	Anxiety	Withdrawal
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Many people have built and continue building onto already existing causes of hatred, envy, suffering, illness, destruction and all other adversities and plagues. In the individual, this produced, and still produces, a narrowing of consciousness (contraction of soul condition), through which soul and person no longer could and can perceive the primordial sensation, the spirit of God, the voice of the Almighty.

Therefore, God, the eternal law, can guide only a few people directly. All other people are guided by God, the eternal law, through the causal law – what the person sows, he will reap.

A great number of people and souls have become deaf and blind to the word of God. In this spiritual deafness and blindness, the person seeks contact only with his own kind, and, in so doing, forgets that he is a being from God. The soul, however, consciously or unconsciously searches for the origin of the source, until it has immersed in it again.

God is Spirit, the highest – vibrating energy of love and life.

Just as a person, each individual, is the mirror of his soul, in the same way are the events of history of each era, each epoch, the mirror of those who lived in an earthly garment in former times and now live again in this present epoch. With those qualities the souls bring, they shape the world and what takes place in it.


3rd Sphere – Truth is told at all times.


2nd Sphere – One follows his/her desires.


1st Sphere – Actions dominated by fear.



Earth is dominated by fear calibrating around 210 on MoC.

Fields above 500	- Love based Awareness Beingness More feeling based activity, rather than intellectual – in the mind based activity. Energy field of Love is the one that heals.
Fields 200 – 500	- Doingness Intellectual Life is seen as an opportunity. We are getting closer and closer to truth.
Fields below 200	- Wanting & Craving Desiringness Fear Driven Self hatred Grudges Values are based on what one has. The energy fields below 200 are opposed to life, do not support life.

An earnest longing for God’s Divine Love is the only way to transform one’s soul. This longing is severely retarded and the reception of God’s love impaired whilst one’s soul is dominated by erroneous beliefs which are in the form of negative emotions. The releasing of and clearing of these emotions are essential to progress from the lowest levels of the 1st sphere and also to progress through the 2nd sphere. It is Feeling Healing with Divine Love that one progresses through the Divine Love Mansion Worlds 3, 5 and 7 and enters the Heavens.

People who live merely a world-oriented life and are not conscious of God are guided indirectly by God, the eternal law.

The primordial power, the source of love and life, is the energetic power in all celestial bodies for souls, spirit beings, human beings, and for the nature kingdoms.

The modified, transformed-down atomic structures of the part-material suns and planets, including the Earth's sun and all material suns and the spheres of purification, receive only as much energy as corresponds to their respective evolution and, in the case of souls and human beings, only as much as they can receive through the actualization of the eternal laws.

Through the inconstancy of the individual person and the vacillations of his consciousness – one time Spirit, then again world, one time spiritual striving, then again falling back into the world where, in turn, even more burdens are awaiting it – the irradiation of the primordial power constantly changes. This means that according to the

state of development of soul and person, the primordial power flows more or less abundantly, also depending on how the scale tips for each individual, toward the spiritual or toward matter.



Love never expects anything from anyone.

So, if a person falls back into a materialistic life of the senses, the primordial power in him diminishes: his spiritual consciousness narrows down, and thought forms, through constructs, which he created himself, begin to influence him. These, his own thought forms, can then serve as transformers for other souls that are similar in vibration to his thought forms, for other people's thought forms, as well, or for forces from the atmospheric chronicle that are of like or similar vibration. All these can then influence soul and human being.

Anyone not on his guard, who thoughtlessly lets the days go by, who does not monitor his thoughts or counter his contrary thoughts, such as thoughts of hatred, envy, jealousy and self-love with positive, selfless, constructive, that is, lawful thoughts, is wasting his precious energy of life. He lives and does not know why. His earthly garment dies, and his soul does not know to where his journey will take him. He leaves this Earth and is a stranger to himself – even there, where his soul is heading, he will be somnambulist (walking about during sleep) stranger.

The one who is a stranger to himself because he lives far from God, considering only the world as his habitat, who does not ask about the cosmic laws, or apply them to himself, will keep asking the question: Why are there natural disasters, hardship, illness, worries, problems and much more?

WHILST the doctors, physicians and surgeons work on the physical body, the errors and damages within the soul recreate the illness and disease. The damage firstly emerges in the spirit body then appears in the physical body. The underlying cause is not identified and addressed by modern medicine.

Chronic illness indicates a huge denial of the soul.

Illness = out of harmony with love and truth.

It is the release of emotions that are out of harmony with Truth and Love, and the praying for the inflowing of Divine Love that brings about health and harmony to our bodies.

God is Absolute Law. Everything is the law.

The causal law is energy that has been transformed down, which resulted from the causes of all fall-beings, of all burdened souls and people.

The Absolute Law streams through the causal law and guides all souls and people who are still bound to the law of cause and effect, in accordance with their causes. This is the indirect guidance.

The Earth, this part of full matter, is the dwelling place for the incarnated souls, the human beings. (The individualisation of the soul is achieved at the moment of conception – the physical world of Earth is the only realm where incarnation / individualisation take place.)

Only when soul and person awaken to spirituality, will they begin to put their life in order and gradually overcome the many self-created thought forms and burdens of the soul.

God gives love unceasingly.

Few people and souls have developed themselves out of the causal law. Most people violate the Absolute Law on a daily bases, and continue to create causes under the causal law.

The spiritually awakened person knows that the physical body is of this Earth and has been created only for this Earth – which it is only an instrument or a vehicle for the spirit body and the soul, which dwells within. But much becomes possible for the spirit body and the incarnated individualised soul in the human being, once soul and person begin striving toward higher ideals and values in the course of their spiritual development, and also put them into practice.

Values that are not only oriented to this world but are rather in proper relation to matter, values that are more spiritually oriented instead of being materially coloured by egocentricity, bring balance and peace. A mature soul and a person who is in alignment with the inner kingdom, the Kingdom of God, will learn more and more about the laws that eternally prevail and to which matter is also ultimately subordinate.

Every negative thought and every unlawful action always had and have a restrictive effect on those who have, in this way, turned away from the eternal law. The sum of all transgressions against the laws resulted in limitation and condensation and, over the further course of time, in crystallisation, in matter, space and time.

Since the highest powers may dwell in a human being, he would be able to change material structure and gradually lead condensation back to higher spheres of vibration. Human beings are called upon to vivify (put life into) these forces and to apply them lawfully.

Spheres in the heavens are not all numbered, this is an indicative outline.



Kingdom of God – Celestial Spheres
Spheres 8 to infinity.

Celestial Kingdom / Heavens and where you become an angel, all one with God. Immortality is achieved upon receiving Divine Love which enables progress and entering of the Celestial Heavens which leads to the Eternal Spheres and then Spheres of Paradise.

Sphere of Transition:

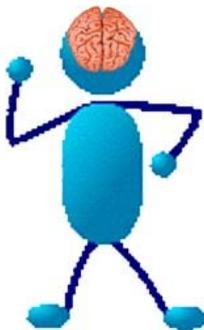
Sphere 7 in your progression is the sphere in which you progress from the Kingdom of Man – mortality, to the Kingdom of God – immortality. On becoming at one with God you are reborn, the rebirth, to progress into the Celestial Realms, namely the 8th Sphere, and then on upwards on the Divine Love path.

Kingdom of Man – Spirit World

Spheres 1 – 6

Sphere 6 is the highest progression that can be achieved on the natural love path.

This is not the domain of angels. Sphere 1 is the earth plane where all souls arrive upon shedding the material body.



The kingdom of God is in his heart, God's divine truth reaching his soul transforming him



The kingdom of man is in his head, what he believes, is his own truth.

In this way, the material structure would become finer because the seven basic powers of the universal law would become effective, and the entire material structure would slowly be led into another aggregate state. However, this could only be accomplished through those people who change their habits of thinking and their way of living, and who actualise the eternal law of love, of peace and unity.

The four elements, fire, water, earth and air, make up the respiratory system of the Earth. If people continue to interfere with this lawful process, the whole organism of the Earth will be disturbed over the course of time. This would have an influence not only on the Earth's magnetic fields, but also on the magnetic currents, which are the law of the Earth and the planets, and which belong to their solar system.

Seen as whole, every disturbance also has an effect on the Earth's axis. Every change in and on the Earth, in turn, causes a change in and on the human being as well as in and on the animal world; it triggers a corresponding reaction in the world of plants and even alters the radiation of minerals and stones. What happened in prehistoric times is happening again at the present time: The one who modifies the seven basic powers of infinity through wrong thinking and unlawful action, not only creates dissonances in and on the Earth, which, in turn, result in ever new changes, but also in himself.

These continuous interactions, the dissonances in all life forms – whereby forms, colours and sounds were changed – influenced human beings, the nature kingdoms and the entire solar system over the course of time. Through unlawful behaviour – whereby the cosmic forces were abused – polar shifts, eruptions and the like developed again and again. Right up to the present time, the Earth has not and still does not find rest.

Therefore, whoever interferes with the cosmic laws and modifies them inevitably creates dissonances in all spheres of life on Earth and in the Earth itself. Since every thought, every word and every action is energy, and since no energy is lost, everything positive, such as lawful thinking and acting, as well as everything unlawful, falls back on the originator, on the human being and his soul.

The law of cause and effect works and is effective in every human thought. The seed already lies in every stirring and inclination. As long as a person is still under his causal law, his thoughts, words, and deeds are, in turn, the result of his correspondences, his causes.

And so, whatever a person does to his neighbour or to his second neighbour, to the animals, and to the Earth with its nature kingdoms is what he will reap himself.

Possible relationship of Map of Consciousness (MoC) with Mansion World Spheres:

8th Sphere	1,081 – 1,251	Achievement of at-onement on reaching 1,081
7th Sphere	921 – 1,080	Divine love only, transmission to at-onement and Celestial spheres
6th Sphere	841 – 1,000	Natural love mind world – perfect Natural love
5th Sphere	781 – 920	Divine love Mansion World
4th Sphere	651 – 840	Natural love mind Mansion World
3rd Sphere	500 – 780	Divine love Mansion World
2nd Sphere	500 – 650	Natural love mind Mansion World
1st Sphere	1 – 499	Natural love mind world predominantly

World 1 embraces the regions of disharmony as well as introduction to Divine Love. All humanity awaken in spirit in the first Mansion World. Then they move, if required, upwards to higher mind levels or lower into the hell planes or over into the Divine Love healing worlds. Humanity, overall, calibrates around 212 on the Map of Consciousness.

NATURAL LOVE and DIVINE LOVE SPHERES and FEELING HEALING PLANES:

After the HAND OVER!

Divine Love progress is to infinity

Peak of 7th sphere is where one becomes at one with our Heavenly Parents.

These calibrations are an approximation utilising Dr David Hawkins’

‘Map of Consciousness’ table:

Natural Love peak is 1,000 on MoC

Natural Love
6th Sphere
Mansion / Mind
Worlds with
Feeling Healing
MoC 840 – 1,000

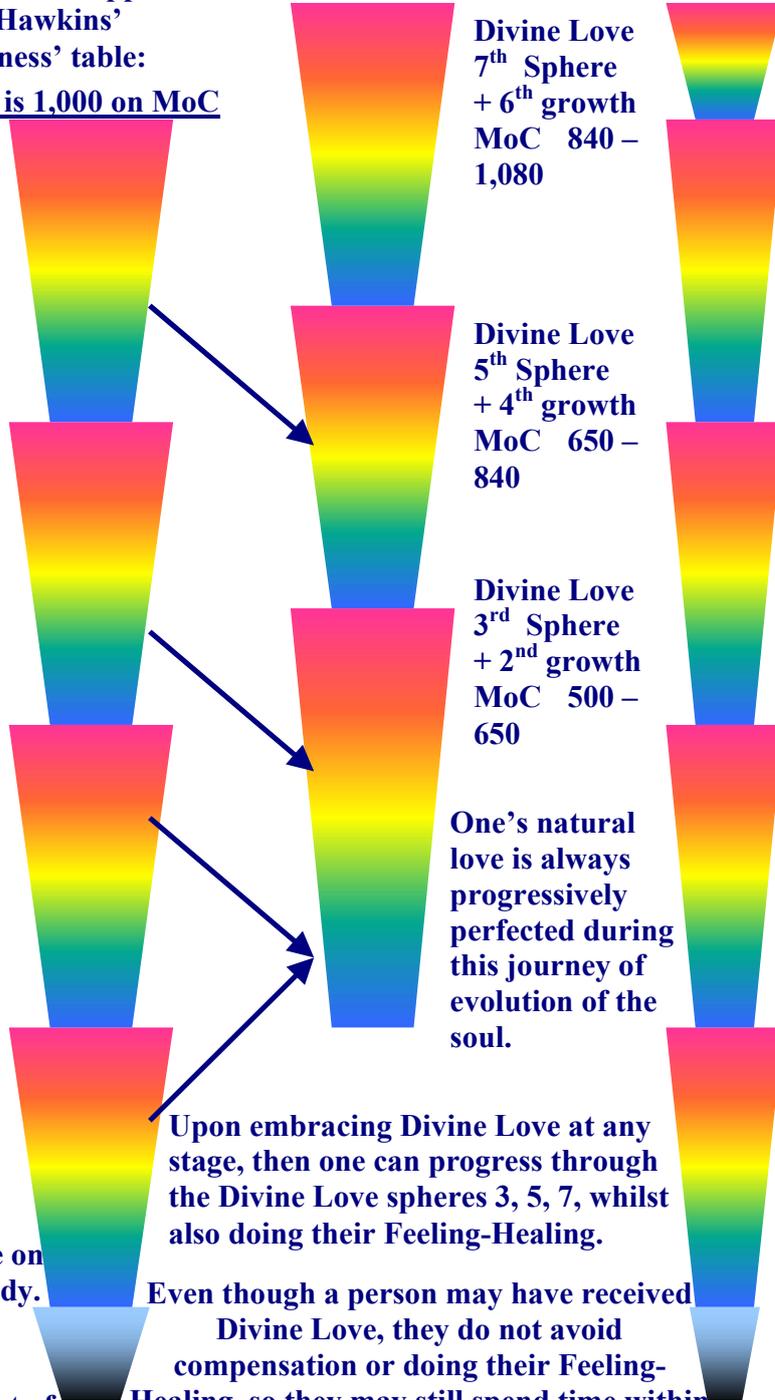
Natural Love
4th Sphere
Mansion / Mind
Worlds with
Feeling Healing
MoC 650 – 840

Natural Love
2nd Sphere
Mansion / Minds
Worlds with
Feeling Healing
MoC 500 – 650

Natural Love
1st Sphere

MoC 200 – 500

We all enter the 1st natural love sphere on the death of our body.
HELL planes:
MoC 1 – 200
Hells being a sub-set of 2 Spheres of Disharmony.



Divine Love
7th Sphere
+ 6th growth
MoC 840 – 1,080

Divine Love
5th Sphere
+ 4th growth
MoC 650 – 840

Divine Love
3rd Sphere
+ 2nd growth
MoC 500 – 650

One’s natural love is always progressively perfected during this journey of evolution of the soul.

Upon embracing Divine Love at any stage, then one can progress through the Divine Love spheres 3, 5, 7, whilst also doing their Feeling-Healing.

Even though a person may have received Divine Love, they do not avoid compensation or doing their Feeling-Healing, so they may still spend time within the spheres of disharmony.

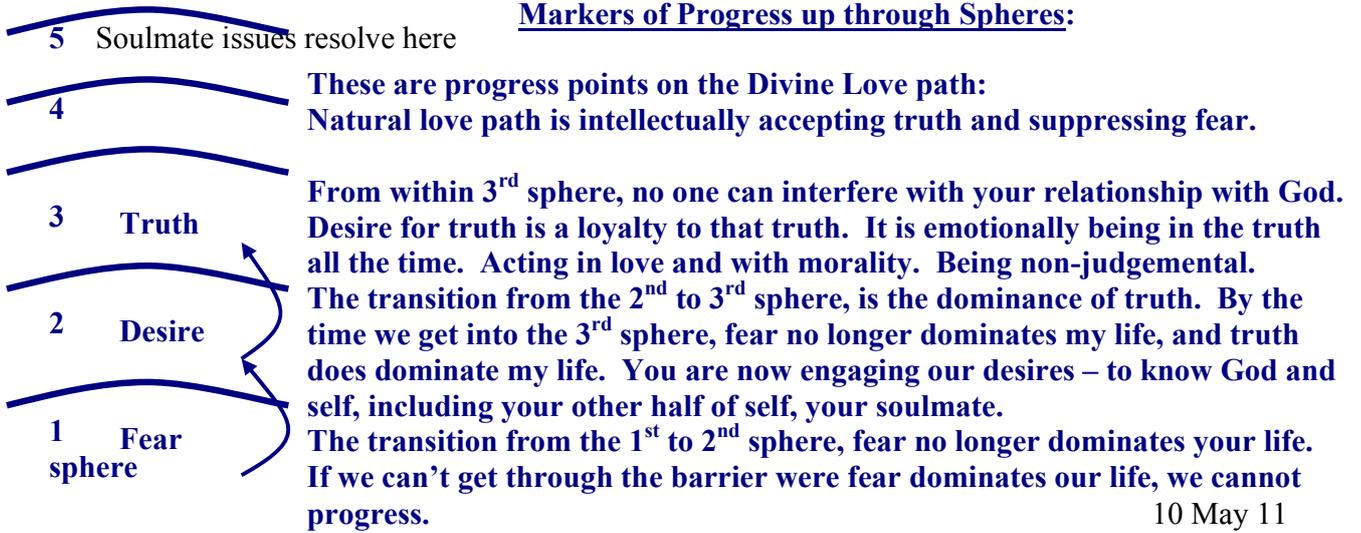
Natural Love sectors for those doing their Feeling-Healing, without the Love, are within the Natural Love Mansion Worlds:

Progressing through the natural love worlds, within Feeling-Healing sectors, while doing one’s feeling healing, upon reaching the 6th Sphere having completed Feeling-Healing, one can then embrace the Divine Love and proceed directly to the 7th Divine Love Sphere.

Then they may prepare to enter the Celestial Heaven Spheres from there.

This pathway is when the Divine Love is unavailable before perfecting one’s soul.

Markers of Progress up through Spheres:



Consciousness Level	Population Percentage
600 +	1 in millions
540 +	0.4%
500 +	4%
400 +	8%
200 +	22%
200 -	78%
World wide average	212

<u>Characteristics of first Spheres:</u>	MoC
Truth is always told: Sphere 3	651 – 780
Desires are followed: Sphere 2	500 – 650
Actions are fear based: Sphere 1	1 – 499

Level of Consciousness	Rate of Unemployment	Rate of Poverty	Happiness Rate "Life is OK"	Rate of Criminality
600 +	0%	0.0%	100%	0.0%
500 - 600	0%	0.0%	98%	0.5%
400 - 500	2%	0.5%	79%	2.0%
300 - 400	7%	1.0%	70%	5.0%
200 - 300	8%	1.5%	60%	9.0%
100 - 200	50%	22.0%	15%	50.0%
50 - 100	75%	40.0%	2%	91.0%
< 50	95%	65.0%	0%	98.0%

The negative, destructive forces emanating from man weaken the strength of his own soul and body, and lead to blows of fate and illness.

Harmoniously balanced magnetic streams would be wholesome for a person's weak nerves. They could restore and fortify a weak organism. The decisive factor, however, is the attitude of the person toward the Earth.

If the person is in harmony and thus in unity with life, then he will also reap harmony. Harmony is equal to "sympathy", which means it is the accord of soul and body. Harmony is a constructive and stabilising force for soul and person. The one who leads a life that is positively oriented in thoughts and words, and strives to attain unity with all forms of life, will also absorb the positive forces, activate them and intensify them in himself.

The opposite happens when a person develops negative, destructive forces. Negative, destructive forces will have an influence on him, inciting him to further unlawful acts. Over the course of his life, this results in lessening of the energy of both soul and body, so that indispositions, blows of fate and illnesses take the place of happiness, contentment and health.

However, if the behaviour of a person is positive, both toward his neighbour and his environment, he will attract the still existing positive energies from the magnetic streams. These will, if necessary, then restore and strengthen his own magnetic field.

God's Divine Love: Pray for it, ask for it, and receive it.

In the earthly existence everything is relative. Whatever is negative also has positive aspects in it. The one who leads a selfless, positive life is also able to recognise the positive in the negative, to affirm and enhance it. And whoever activates the positive forces will, in turn, be served by the high, noble and pure energies.

And so, recognise that the spiritual law of attraction for spirit beings, souls and human beings, is: "like always attracts like" or "like is drawn to like".

Those who live under the law of cause and effect should take time to reflect every morning on the fact that every cause and every unlawfulness, be it in feelings, thoughts, words or deeds, creates causes. Every cause already bears in itself the seed of its effect. A new cause can, in turn, develop from an effect, if the person does not recognise the effect in time, thus continuing to violate this immutable law. But if he recognizes in time the effect of the cause that he has set himself, if he repents of it and tries to make amends for his unlawfulness, the effect need no longer follow – or only to a minor extent, depending on the nature and intensity of the violation.

What a person sows he will reap. And, whatever he does to the great "earth-man", the Earth, will also fall back on himself.

It is the obligation of human beings to enhance the positive energies, to apply them sparingly and in the right way, according to the eternal law of love and unity.



TRUTH
Emotions

They each
construct
their own
network.

ERROR
Emotions

They each
construct
their own
network.

SOUL  SPIRIT BODY  PHYSICAL BODY
P E R S O N A L I T Y

The soul has pathways similar in construction to your brain. Your memories are stored in your soul, they are then reflected through your spirit body and then your physical body.

When an error enters your soul, it sets up a pathway for more error to enter your soul. And when truth enters your soul, it sets up a pathway for more truth to enter your soul. This is what happens to your soul physically.

The construction of the soul and brain is very similar. Picture your soul as this energetic pathway of all these connection points. Consider your soul like your brain where all these tiny networks are constructed of each other. Emotion is energy in motion. There are unimpeded pathways through the soul, in the same manner as the brain, for emotions to flow. We have pathways where only error flow, being error constructed pathway. Similar pathways for truth are separate pathways.

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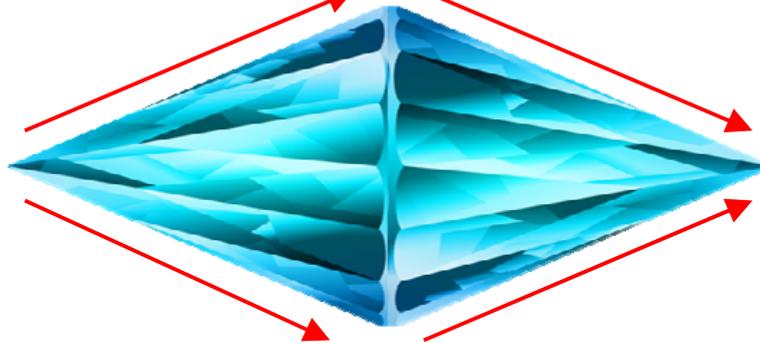
MIND INDUCED SOULMATE RELATIONSHIPS – FALSE SOULMATE:

Rebellion and Default

MIND-Created soulmate

HEALED (Celestial)

**Incarnation
TRUE Soulmate
Soul : Expressing
two personalities
– being soulmates**



**WOMAN
Eternal Marriage
MAN**

Female soulmate
fantasy man (untrue)
Unsuccessful marriage

Male soulmate
fantasy woman (untrue)
Unsuccessful marriage

Rebellion and Default MIND-Created false soulmate:

Female soulmate
Unsuccessful
marriage to fantasy
untrue man



Being in rebellion by default, all our relationships are untrue and based on fantasies and erroneous beliefs of our mind. These relationships formed through the mind, are at best, temporary, and will ultimately end. They are false soulmate relationships.

Male soulmate
Unsuccessful
marriage to fantasy
untrue woman

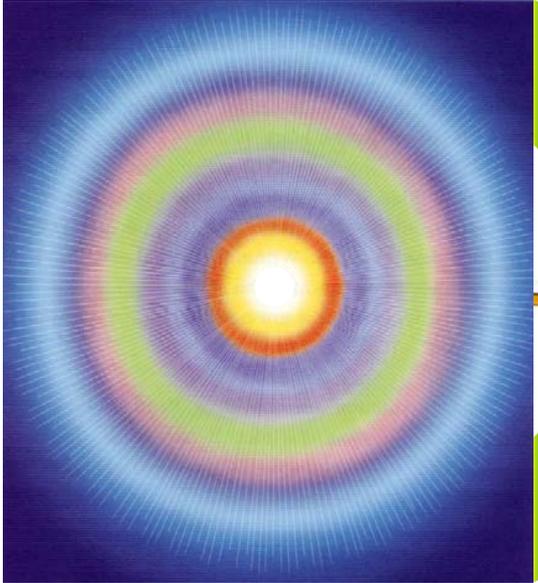


Eternal soulmate marriage between a man and a woman only takes place for those that fully heal themselves of the imposts of the Rebellion and Default. Through longing for the truth behind all our feelings (both good and bad), we can begin to live true to our feelings. And once healed, and reaching a Celestial Soul Condition, through our true feelings we find our soulmate, our true companion for all eternity.

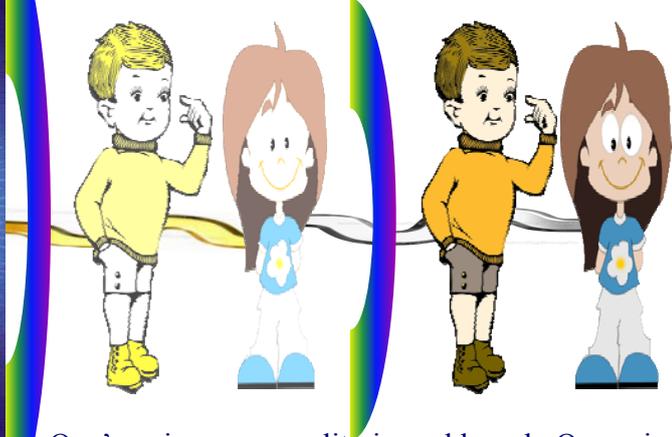
DIMENSIONS of ONE'S EXISTENCE:

Our SOUL IS NOT ENSOULLED IN OUR SPIRIT BODY. Our soul exists existentially in a whole different level or plane or place or dimension of being – 'soul land'. It doesn't exist in Creation, it's not experiential like Creation is. The soul, all souls, help create their part of Creation by expressing their personalities into Creation, and then by having their personalities do things (further create) in Creation.

SOUL exists existentially



Our Physical Body and our Spirit Body are of Creation, being linked together by cords of light as are the two spirit bodies, male and female, to the one Soul.

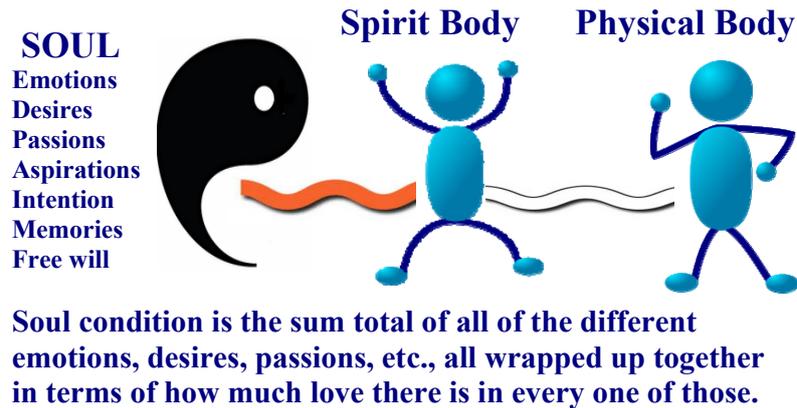


One's unique personality is soul based. Our unique soul expresses its unique personality through the two spirit bodies and physical bodies expressing both the male and female aspects.

PERSONALITY



**Our soul is the centre of our personality.
We are children of our Heavenly Parents.
Our soul manifests a male and
female personality - it is a duplex!**



For example, the changing of the atom, its fission and application, is against the law of love and of peace. It is against the All-harmony, God.

Whatever triggers disharmony is negative and therefore already bears in its cause, in its predisposition, the seed of destruction. Every dissonance, no matter when, where and by whom or what it was triggered, disturbs the harmony and contributes – generally speaking and in relation to the majority of human beings – to disturbances in all areas of life.

Just as harmony or disharmony is registered by the Earth's field and is transmitted to the sound-carriers, to the nerves of the Earth, to magnetic field, in like way, it is propagated in the animals and, in particular, in the highest creature on this Earth, the human being. The nerves of the human being become tense, the life energies wane, and he falls ill. Because of the low intensity of light of soul and body, the organs become receptive and susceptible to illnesses, viruses and harmful bacteria.

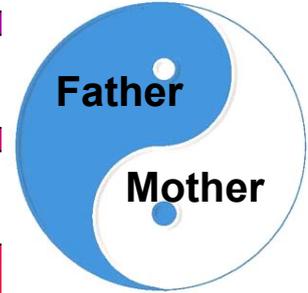
And so, unlawful vibrations gave and give cause for increased tension in both the nervous system and in the organs. The blood circulation, in particular, is considerably disturbed in the process, which, in turn, gave and gives rise to certain illnesses.

Blood is the carrier of material life. If the blood is not in order, then the entire organism may be affected detrimentally. If the Earth, with its forests, oceans, lakes and rivers, no longer produces sufficient oxygen, needed by a human being for his breathing, then the consequences is the pollution of the blood. From this, the organs are weakened and their powers of resistance decreased. Since the blood flows through the whole person, several organs and other substances of the human body are also detrimentally affected by the impure blood.

WHILST the doctors, physicians and surgeons work on the physical body, the errors and damages encrusting the soul recreate the illness and disease. The damage firstly emerges in the spirit body then appears in the physical body. The underlying cause is not identified and addressed by modern medicine.

SPHERES in the SPIRITUAL REALMS.

Spheres – Celestial Heaven, Eternal Spheres, then Spheres of Paradise:
The realm of the Angels is the Celestial Heavens spheres 8 to infinity.



Spheres to infinity: Soulmate bonding can be achieved in most of the spheres. (Celestial Spheres are not numbered per se.)



Eighth Sphere: All emotional baggage of your entire history has been dealt with – born again. This is the point of new birth, being born again. Celestial Heavens 8- infinity true immortality.

Seventh Sphere: The gateway cycle, perception of sacramental nature of all things. Disappearance of the material mind and the absolute ascendancy of the soul's mind has been achieved. Divine path.

Six Sphere: Cycle of light / love, love / light or unity. A purely intellectual area, increasing one's knowledge, while living life in absolute harmony with God's laws of spirituality. Natural path peak.

Fifth Sphere: Cycle of light or wisdom. All their earthly bonds are gone. We are in one of those soul spheres, which offer great opportunities for obtaining the Love of God.

Fourth Sphere: Work of 'atonement' as guides and spiritual healers now excel. As humanity's helpers, their work is a means for self-realization.

Third Sphere: Truth always told. An area where spirits progress in their awareness. In each sphere, there are many planes. Changing pathways requires dropping back to a lower path, then proceed.

Second Sphere: The sphere of decision which is much more spiritual but which was hidden and outside the range of their perceptions. Spirits can now choose the path they wish to follow – desires.

First Sphere: Cycle of awareness. There are vibrational love barriers between each of the spheres. Highest level of the Earth planes is the point of transition from materiality to the spiritual 2nd sphere. Summerland is the highest part of the Earth planes, but it is still a very material region. Children live in Summerland in great numbers, having died prematurely. Twilight zone, the most populated area in the spirit world, and starting point for most. Various hells descending progressively into greater degrees of darkness. All souls can be assisted out of these hells no matter what level they fall. At the deepest levels, the soul finds it extremely difficult to hold itself together. The hells are not fiery physical places. Actions are fear based.



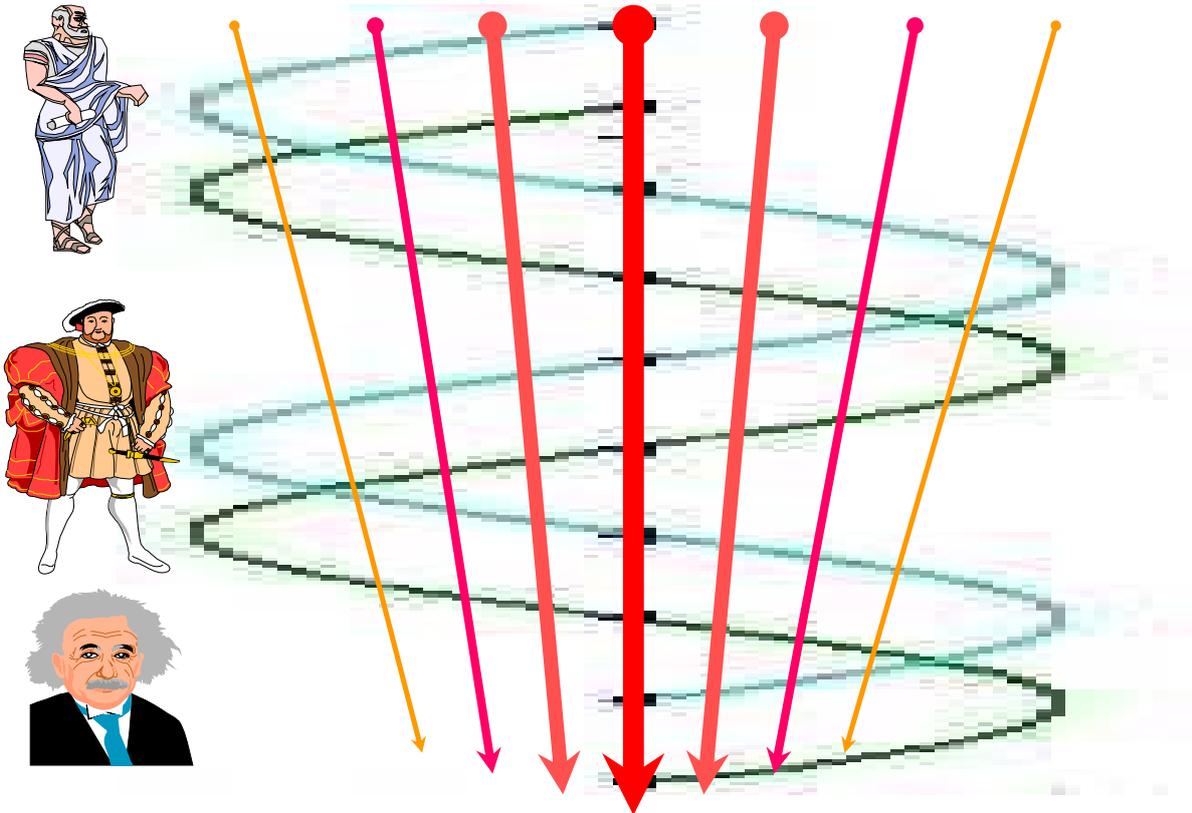
The 2nd, 4th, 6th spirit spheres provide principally for mental and moral advancement, whereas, the 3rd, 5th, 7th soul spheres are for one's Feeling Healing with the Divine Love.

Every illness has its cause. The soul brings with it the positive or the mind the negative that it acquires from its environment.

Every indisposition and illness has its cause.

Whatever comes into effect during one’s incarnation flows out of the soul. And so, the cause of an illness can flow out of a burdened soul, which in the transition from conception to death, has laden itself with ever new burdens.

OUR BLOCKED EMOTIONS FLOW DOWN FROM GENERATION to GENERATION:



Childhood illnesses, and illnesses of baby within the womb, stems from blocked emotions passed down from generation to generation.

We are a product of all that has come before us.

Our own soul condition is reflected in our children.



To assist baby, as well as yourself, work to clear your blocked emotions.

Clearing your emotions improves your soul condition as well as that of your children.

Baby’s body, when conceived, is always perfect. Their soul condition is also perfect.

GENERATIONAL TRANSFER of EMOTIONAL BLOCKS and INJURY:

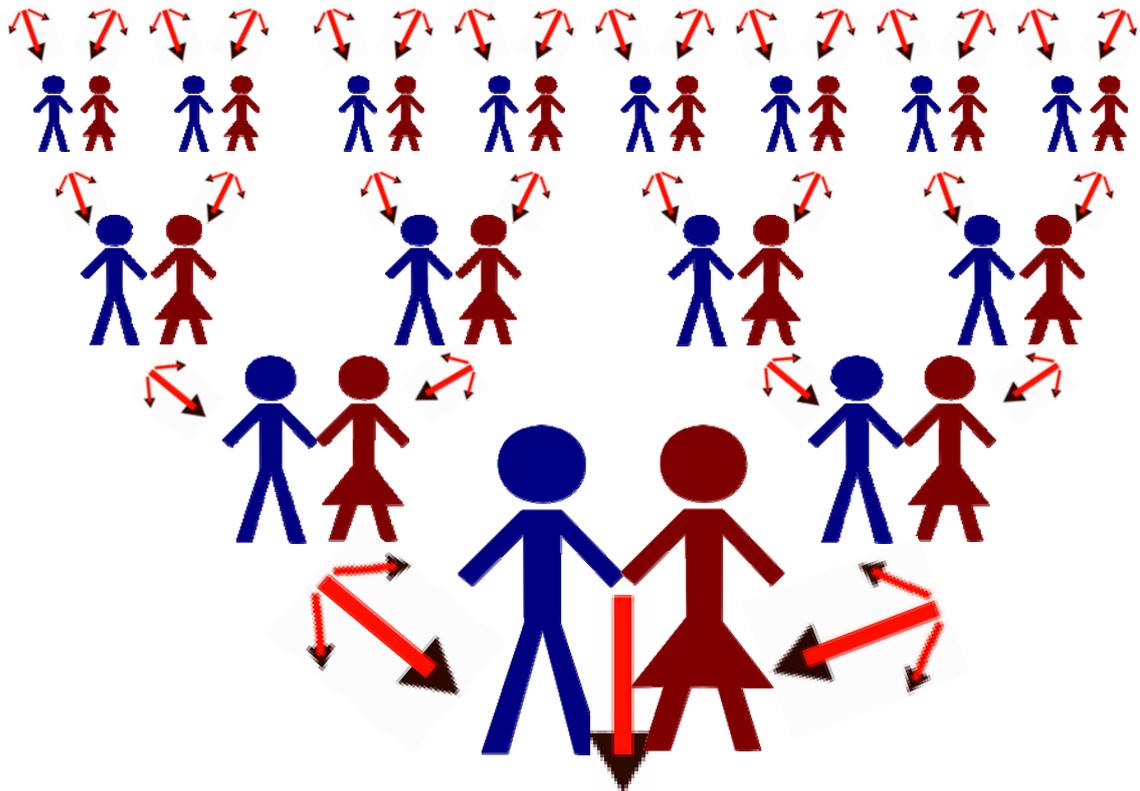
Our children are conceived within the 6th sphere state, by the time they are born, or shortly thereafter, they have absorbed their parent’s emotional injuries and their soul condition typically reflects that of one or the other parents. Our children continue to mirror our soul condition, or that of one of the parents, up and until they leave home and start to establish their own home with a partner.

Thus, to assist our children, we must firstly resolve emotional issues within our selves.

In turn, we are a reflection of our parent’s soul condition, and their parent’s soul condition and so on back through the generations. We can break this cycle by working on our own soul condition, feeling our emotions and processing our fears and blockages.

These emotional blockages and injuries frequently manifest in our children as illnesses, even before birth or shortly there after. It is the accumulation and combination of issues held by past generations that insidiously manifest as life threatening illness episodes within unborn and new born babies. Parents clearing their emotions can lift autism from their children!

Specific emotional injuries or blockages manifest as specific health issues. Thus, an illness episode or pain can be readily related to specific emotional issues that need processing.



Every soul and every human being has to undergo the purging of the soul – either in this life on Earth or in the spirit worlds.

The newly incarnated soul (from the point of time of conception) radiates what it has absorbed from its environment – from the people around it. Its aura reflects its positive and negative emotions. They are the memories and correspondences of those around the person as well as the person's own actions. They determine the inner attitude of the person toward life, which is the basis of his thinking and acting. Through this he builds new thought forms, attracting the same, all according to his behaviour.

People who live in worldly way and focus only on matter will go on thinking and working in a similar way throughout their earthly existence, until they awaken to spirituality and gradually change their way of thinking.

The soul will continue to foster and build in this incarnation whatever it absorbed from its environment during its early years of life. Scientists, for example, will again endeavour to split atoms in order to produce nuclear energy. Doctors will make new efforts to continue their work with organ transplantation, and the clergy will again persecute people of a different faith. One cause follows another, and one effect after another becomes active.

The human being has turned away from God and no longer has a connection with creation. He does not know the sources of a healthy, happy life. He created earthly idols for himself.

A person who “cleaves to the world” will counter with the following: “We have to carry out experiments in order to be able to maintain life on this Earth, because people need food, clothing, coal, electricity, oil and many raw materials and other resources in order to make life as comfortable as possible.” And he will go on: “We need motors, airplanes, ships, vehicles and much more, so that we can move around faster. We need medications and hospitals. We need houses to live in. We need factories that produce food, clothing and many other things. We need all this and more to be able to live.”

The answer is:

Raise yourself, O man, to spirituality, so that your spiritual horizon may broaden and you may use and administer the fullness of God, your spiritual heritage, in the right way.

The heavenly bodies and the nature kingdoms show how human beings can live. Nature has given and gives itself in manifold ways. But human beings raise themselves above the gift, which is nature, and want to be independent of it. The heavenly bodies show people how radiation can be made useful and how energy can be produced.

On the one hand, human beings strive for independence; on the other hand, they tie themselves to their achievements, which – as can now be recognised – will not serve them in the long run. Because everything that cannot be brought into accord with the laws of nature will be the doom of mankind.

If a person is egocentric, that is, centred only on himself, this means that he also is oriented to this side of life. This is why he does not recognise the countless sources that could bring the human being a healthy and happy life, nor does he experience them.

On the other hand, God, who is the abundance, serves a person who makes the nature kingdoms and the firmament a part of his living, thinking, and acting, who respects and cherishes life in all its manifestations, whether plants, animals or minerals. He will recognise and experience what a great treasure dwells in and around him.

This treasure from the Spirit, the fullness, can be recognised and received by a person only when he has proven himself as a cosmic being through the actualisation of the eternal laws. Then the forces of infinity will serve him. If he accepts them thankfully, by living a life in the Spirit, possibilities upon possibilities will reveal themselves to him, which he could use for his benefit and well-being.

For this, the person first has to change: from being a person who cleaves to the world and focuses on this side of life to someone, who thinks in a spiritual way and is oriented to the divine – a person who acknowledges the source of all Being and also lives according to the eternal cosmic laws.

Mankind has turned ever more away from God, its Lord, turning to external things and values and its own achievements. In so doing, the intellect was overrated and the trust in God, the highest power, was largely lost.

Many people live like pagans. They have their idols, which they revere. The first one is the god of Mammon (wealth – the money path!), who has made people his servants and slaves. The other idols are prestige, power, and the drive for recognition.

Only a complete reorientation, a turning away from material living and thinking and a turning back to spiritual values could change the world.

The time is near in which it becomes more and more evident that neither church leaders nor statesmen and scientists can save humanity. For this reason, more and more people will again turn to the belief in a higher power and find their hold there.

The great of this world and their adherents will be unable to halt the impending world chaos, despite ever so novel measures and precautions, which only lead to further entanglements. Whatever they do and deem good and beneficial leads to further entanglements and thus, to further causes, the effects of which may be anticipated even in their seed.

An alert person will recognize this and mend his ways. The one who sleeps will fall into his self-dug pit.

Every person who cleaves to the world is biased and sees occurrences only from his own perspective, and how it could be of use to him as a human being. A biased person is a prisoner of his own ideas and desires.

Everything temporal is subject to change, just as the worldly person is subject to his conceptions. The one who acknowledges only three dimensions is limited in his thinking. He can, in turn, pass on only what is limited and do only what is human. The one who thinks only in stereotypes will take up the idea

of his predecessor and elaborate on it according to his own stereotypes, according to his own thought patterns. With his pattern of thinking, he may perhaps put his mark on a great number of people and even initiate a New Era, but it will always bear within the seed of causes from a previous era. In this way, the radiation of the Earth can change, including the convictions of the people who live in this era.

Only the fewest Earth inhabitants can imagine that a life according to the laws of infinity is able to express itself in completely different aspects than those of food, housing, clothing, electricity and the exploitation of natural resources.

The fullness of the great whole is, as essence, in all things, in every human being, on and in the Earth and in the firmament. However, mankind must first be awakened and raised to spiritual recognition. It must first recognise and strive for the inner ideals and values before it can come into its spiritual heritage. Only then, can the undreamt-of possibilities open up, which lead to health, happiness, peace and love. This is how it could be on Earth as it is in heaven.

For this to happen, a complete change of mind in the leaders of this world is needed, but also in the vast populace.

It is written, “The Kingdom of God is within you.” The Kingdom of God can come to this Earth and become visible only when every single human being develops the Kingdom of God in himself (grow in love – asking for and receiving Divine Love).

In a person who lives according to the eternal laws, his egocentric, three-dimensional view of the world changes: It becomes universal. The one who is able to think and live universally draws from the wellspring of inexhaustible life. He becomes creative and works for the benefit of many.

A person who does not try to reach the basic principle of life, God, and does not strive for spiritual ways and morals, remains biased toward the world, controlled by his drives and passions. With his uncouth character, his coarse nature, he shapes the world and with those of like kind, leads the world into material ruin.

If every human being were to strive for the ennoblement of his five senses, his character, too, could become more refined, the world would be more perfect, and the people healthier. Then there could be peace among all people. Then, life would be completely different. Everything that characterizes the worldly person of today, his wanting to have and to possess, could be transformed into a life of community and unity. In this way, the world would be spiritualised, and the power of God could visibly take over the leadership.

The human being is a child of God (our soul is a thought creation by God), endowed with free will. Because of his filiation with God, it is possible for him to exert influence both on higher and lower spheres of vibration, all according to his way of thinking and acting. And so, by virtue of his way of thinking and acting, he can influence different spheres of vibration, which correspond respectively to his mental and physical sphere of activity. He can influence both the positive and negative forces. The positive forces that he develops and assimilates build him up and result in health and well-being. Negative forces influence him and others. They reduce his mental and physical vigour, and this, in turn, has its effect on corresponding vibrations in others.

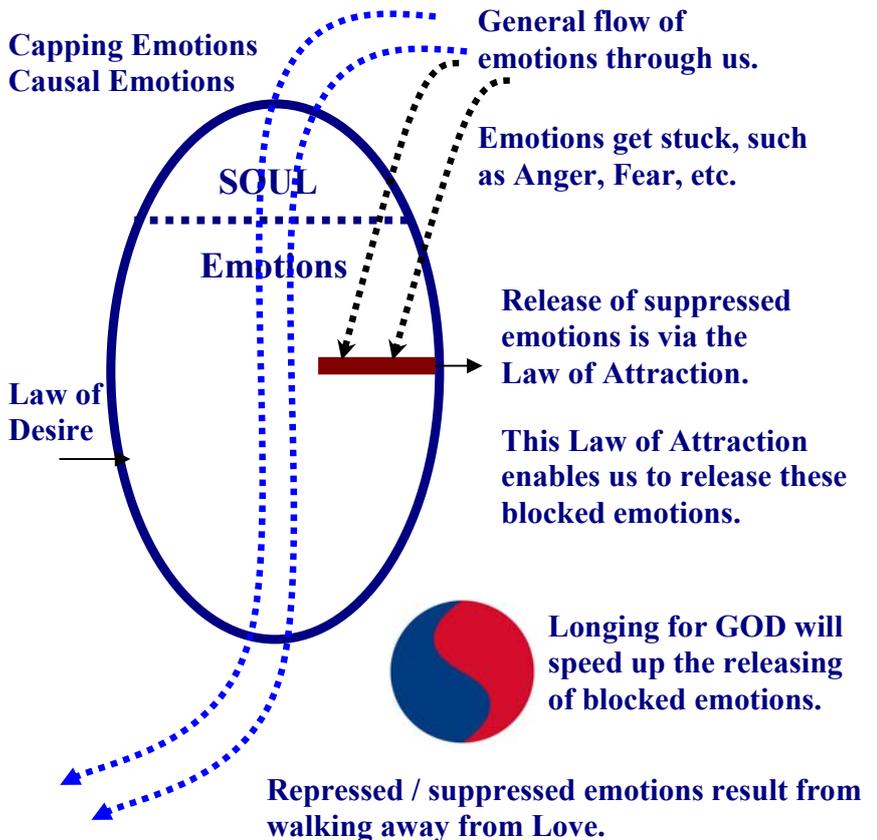
The problem for healers is that the patients own physical soul is generating the problem.

When the person who we are trying to heal, does not want to deal with the cause, the healer's power is severely diminished to assist them because their own soul is generating the problem.

All illness is of a result of the soul having these blocked emotions, which then create the illness in the physical form and the spirit body. If the person's soul condition is not addressed then the person is going to recreate the same type of problem and issues.

It is very important that we start to see things at the causal level, particularly in the medical and healing profession.

WE are CREATED as EMOTIONAL BEINGS:



Drugs, alcohol, abuse, sex, are forms of denial.

The key is to see them all of them the same, as forms of denial.

Even taking marihuana there is a modification of the flow of energy even in your spirit body. The energy form of the spirit body cloaks you.

Avoid and look at the underlying reason why you are reaching for that particular substance.

When you are in a drugged state, a spirit can more easily take over your body and mind, and you enter a relationship with that spirit on a fairly permanent basis. There are a lot of illnesses related to what a drug does and how it opens you up spiritually. How the drug connects you up to a spirit, and most of the time the spirit connecting to those emotions are spirits who are already in quiet a poor emotional state, themselves.

As long as the inhabitant of the Earth remains a pleasure-seeking individual, striving only for the satisfaction of his passions, for money, prestige, possessions and culinary pleasures, there will be no peace on this Earth, and the world will not get any better. On the contrary, people will fight one another more and more. Their continuing wrongful behaviour will make the Earth barren. Mankind, – that is to say, each individual – would have to become more modest in its requirements so that a change of mind could take place among the nations.

If people find their way to a spiritual evolution, to a renewal and change of their hitherto egocentric life, they will dissociate themselves more and more from present human achievements, from the world of high technology, from culinary delights and from passions. However, the more removed people become from the divine stream, the less spiritual vitality they have. As a result, they automatically turn to external things and seek diversions in the world, since their inner life has become impoverished. They no longer have access to the inner realms and, therefore, need ever more external sources in order to live. They also need more food and encroach on the world of animals, becoming butchers and carnivores. They indulge in alcohol and nicotine and slide down, more and more, into a life of passions.

However, if the law, the life, becomes ever more strongly effective in a human being, the spiritual fullness of the soul, the heritage of God, will also awaken. It is the strength for a true, higher and modest life.

A positive orientation to the divine, in other words, a spiritual development of mankind, would elevate everything to a higher vibration – from the life of the individual human being all the way to the solar system.

Whoever strives for higher ideals and values, for the fulfilment of the eternal laws, will not only intuitively learn and experience what mankind and the nations truly need; above all, he will be led and nourished by the primordial source, which is our Father.

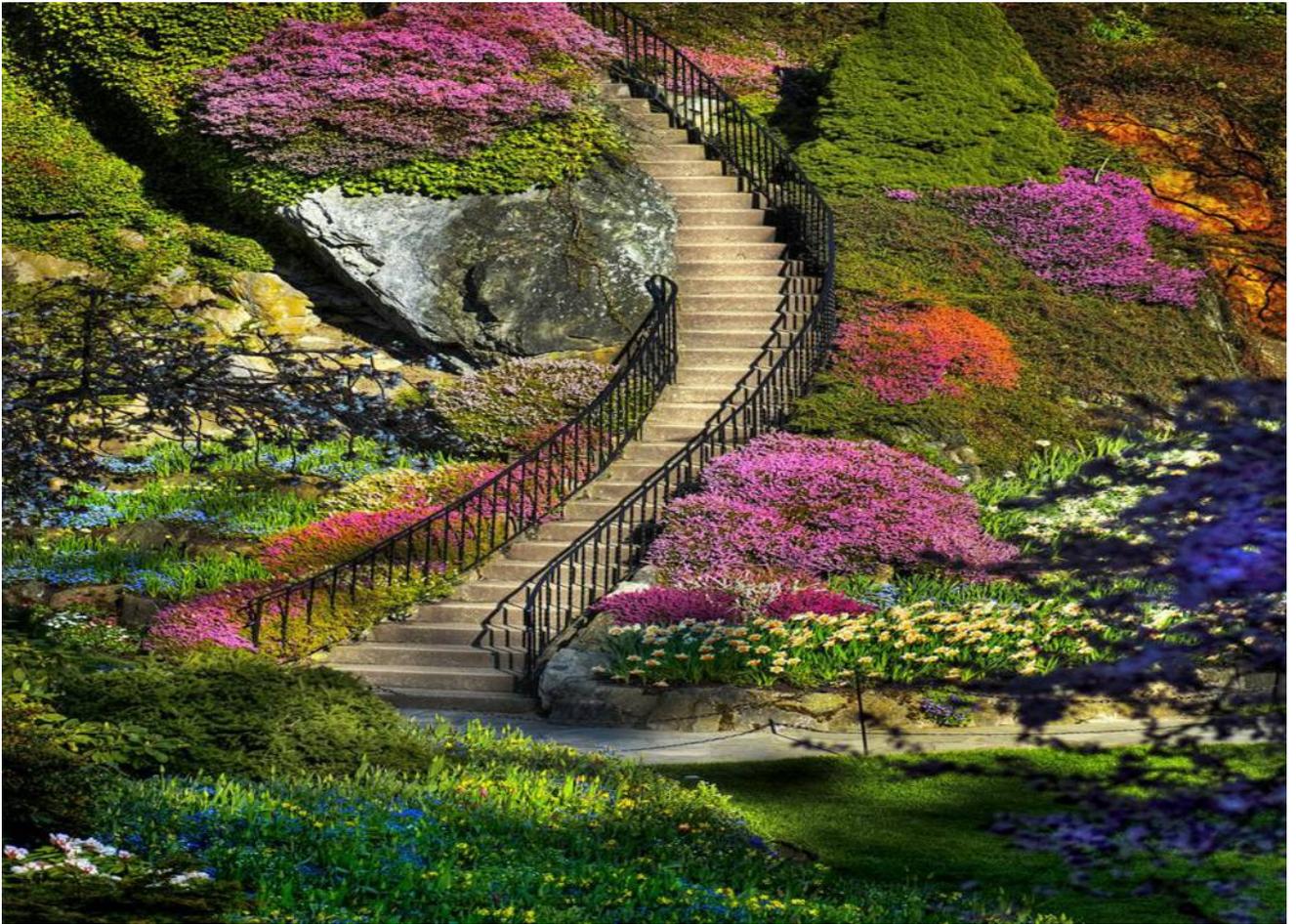
Through the lawful way of thinking and living of many people, their environment would also change. As soon as the surroundings of the individual change to the positive, the dwelling planet Earth automatically goes into a higher vibration, as well. The result of this would be more highly developed life forms in the plant and animal kingdoms. The plant world would change. Higher forms with greater light intensity would radiate on soul and person, awakening further positive forces of healing and life in human beings. The animal world, too, would change and increase in its power of light. The Earth would bring forth brighter, larger and healthy fruits with considerably more nutrients for soul and body.

The forces of the Earth could give the undreamt-of to mankind – a life of happiness and peace! Healthy and harmonious people would be with one another and subdue the Earth in the right way.

Thoughts are forces. Positive, divine thoughts and lawful actions not only change the portrayal of the Earth's radiation toward the positive and constructive, but also that of the entire solar system. Through mankind's positive orientation to the divine, the entire solar system could be raised in its vibration. Whatever has a higher vibration (soul condition pertaining to man) also receives increased powers from the eternal law, God. The spiritual development of mankind would effect a change from the lower to the

higher. If the individual person had put in order the seven times seven spiritual powers in him – the fullness from God – by living a pure life, and thus was able to draw from them, undreamt-of possibilities would be given him. The actualization of the eternal laws would have resulted in the direct guidance of the Spirit of God, and God would be among His own, and conscious to them.

However, as long as the majority of people is oriented only toward the world of earthly appearances, toward human beings with earthly abilities and qualities, the portrayal of the Earth's radiation will continue to change and the vibrations will be transformed down – both spiritual and physical, as well as the vibrations of the planet Earth. In this way, the entire portrayal of the Earth's radiation changes more and more.



“Every day is a day of devotion.”

Please Mother and Father, may I receive Your LOVE.

God's Divine Love: Pray for it, ask for it, and receive it.

Our salvation IS the embracing of the Feeling Healing process with Divine Love.

By living true to ourselves, true to our feelings, we are living true to God. It's that simple.



The extinction of many animal and plant genera, the change of instincts.

Through the unlawful influence of human beings on the natural body, the Earth, many animal genera have become and are still becoming extinct, and, in turn, other animal forms with other characteristics are developing. The same is happening in the plant kingdom. Many plants have become extinct and other species develop whose effects are not yet known to human beings. The cast of mind and qualities of people have different effects in each epoch (beginning of an era in history).

Mankind is living in a constantly changing Earth and Earth-atmosphere. The dissonances triggered by people, whether in colours, forms or sounds, also have a disturbing effect on the nervous system of those whose vibration is on the same level of radiation.

People are called to spiritually transform themselves through noble convictions, so that they may be enriched with true insight and true life. It is possible for the soul, as well as for the human being (your soul is the real you), to set out on the path of evolution in order to draw from the cosmic life and to subdue the Earth in the right way.

Every dissonance, whether it comes from the Earth or from the burdens of human beings, has an effect in manifold ways. An irritable, disharmonious person tries to relax in various ways. For example, by eating or drinking more, or through increased sensuality. In their diversity, these signs and their effects indicate a broad spectrum of negativity and increase the animalistic inclinations in the person.

A worldly person takes each day as it comes, without consideration for his neighbour or his second neighbour, the animals and plants. Higher ideals and values are foreign to a person who is oriented to the world and thinks only of himself.

As a result of the interference in the laws of nature, the instinct of the animals, called the life of sensations, is changing. It changes from epoch to epoch because human beings constantly change, submitting themselves to the convictions of others.

Domestic animals, in particular suffer under the treatment of people and their opinions. They, in particular, change their way of life because, through people's influence over them, even their genes are affected. Many animals are intimidated and irritable. Their instinct is totally oriented toward matter and the world of thoughts of human beings. According to their mentality, and after thousands of years of faulty development – and as a result of the cross-breeding of animal species – animals have adopted many human habits.

Among the pure forms in the spiritual nature kingdoms, there was no drive to fight and devour one another, just as there is no aggression and hostility among the pure spirit beings. It is a result of the condensation of fall-being – that is, of their distance from their purpose, which brought about their degeneration – that animals are hostile to each other and fight and kill each other just as human beings do.

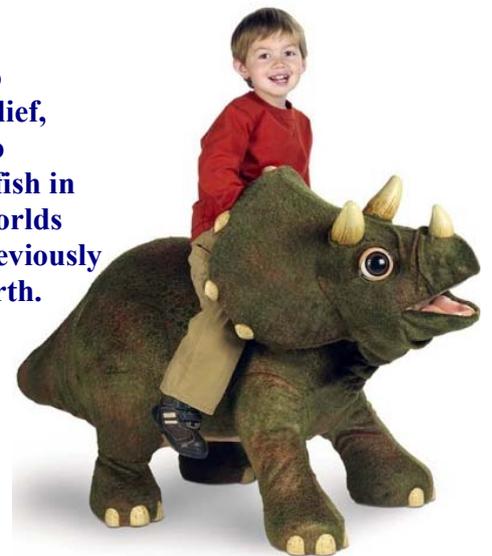
This means that over the course of their development, and according to their characteristics and attributes, many animal species took on the same inclinations as human beings. The vibrational field of many animal species resembles that of many human beings.

Even the deceitfulness of human beings can be found in animals. For instance, the cuckoo lays its eggs in another bird's nest, and the magpie eats the eggs of other birds. These two examples are not the only ones. The lovelessness of human beings, which has no end, now prevails in a similar way in the entire animal kingdom.

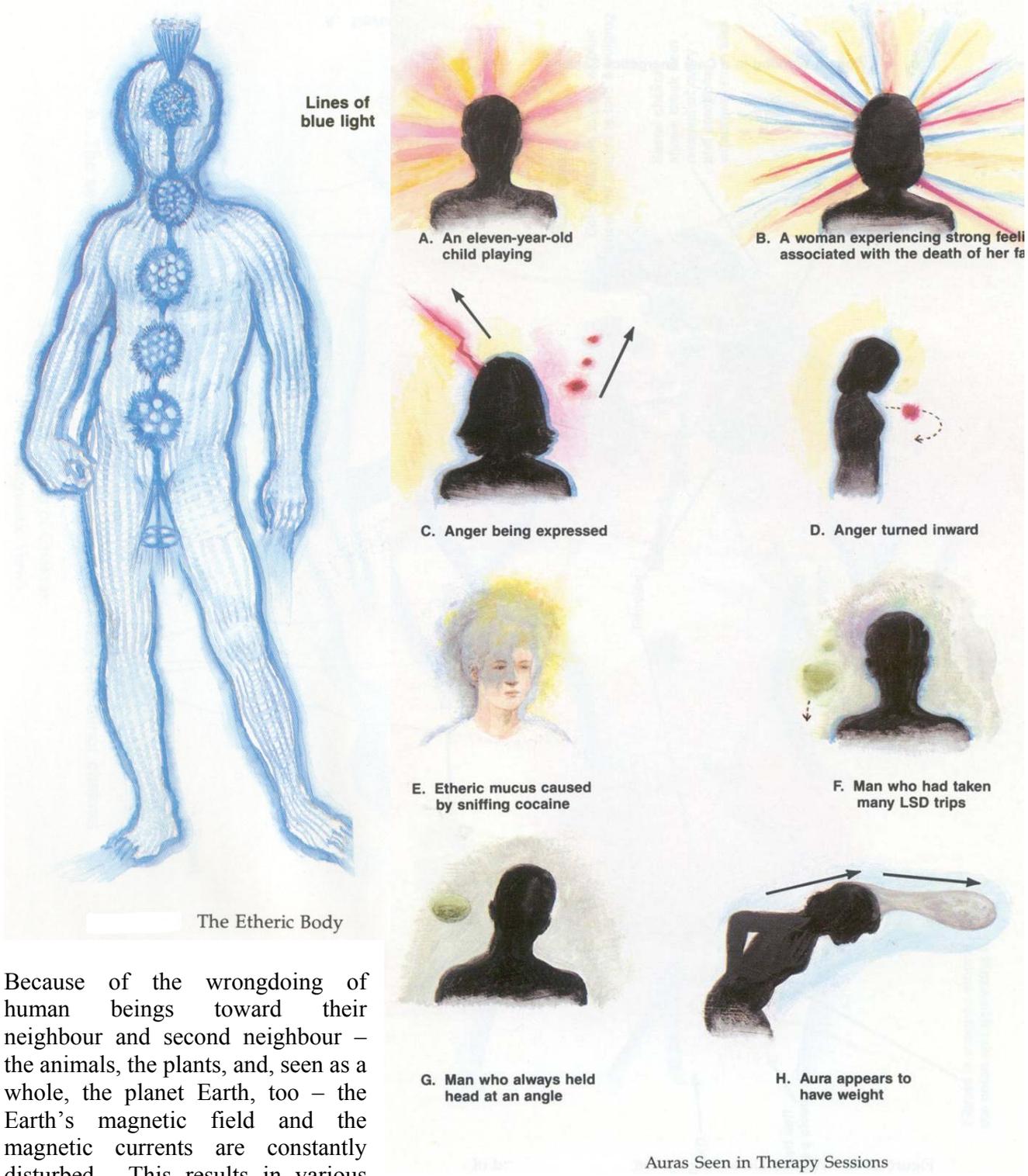
The disturbance of the magnetic fields, that is, of the energy potentials, leads to a wide range of illnesses in all forms of life.

Each form of life has, according to its spiritual development (for humans, which is soul condition), its own energy potential, a magnetic field. Both human being and the animal, the plants and stones, radiate the degree of consciousness that corresponds to their energy potential. People call the developing consciousness the radiation of the degree of consciousness, or the aura.

Contrary to common belief, there are no animals or fish in the spirit worlds that had previously lived on Earth.



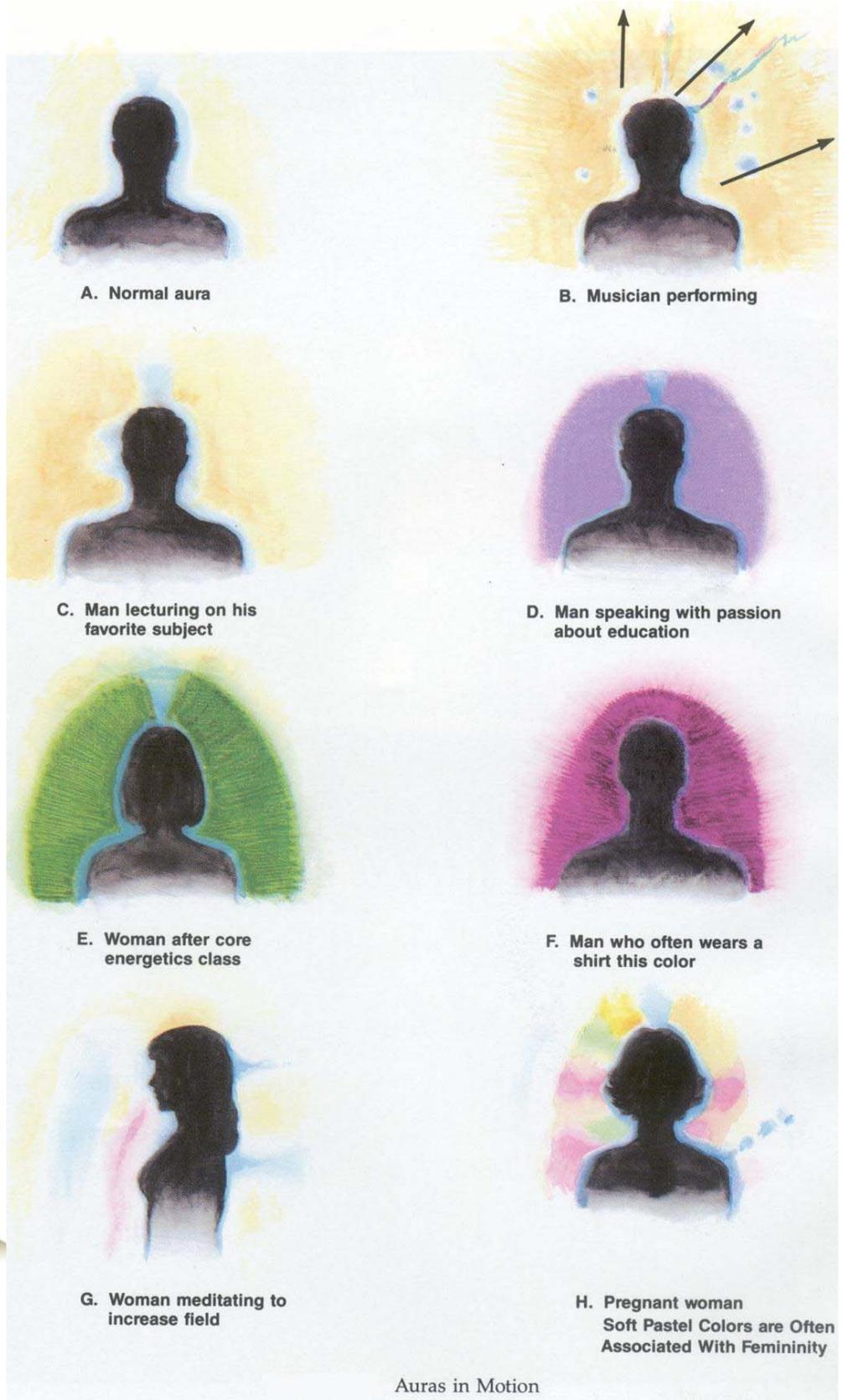
Only the human being changes his aura (his soul condition reflects through his spirit body, the etheric body – spirit body is the template for the physical body). According to his way of feeling, thinking and acting the aura changes in colour and shape.

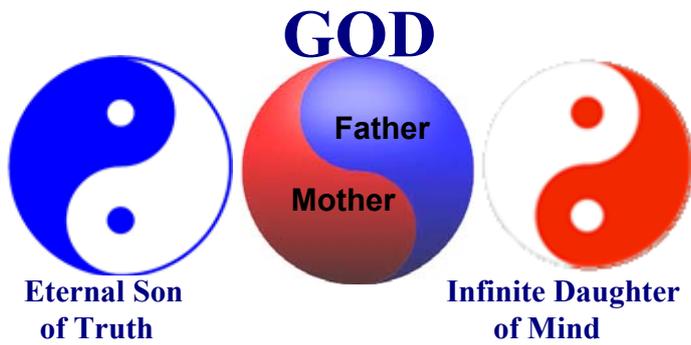


Because of the wrongdoing of human beings toward their neighbour and second neighbour – the animals, the plants, and, seen as a whole, the planet Earth, too – the Earth's magnetic field and the magnetic currents are constantly disturbed. This results in various

tensions in the magnetic field of human beings, as well. In the same way, animals, plants and all other forms of life suffer from the dissonances in the Earth's magnetic field. And over the course of time, these dissonances cause further negative tensions in human beings and animals.

If the magnetic field of the Earth is disturbed and the dissonances in the magnetic fields of human beings and animals are increased, this then has an effect on the genes of both human beings and animals. This leads to a wide range of illnesses.





CREATION of SOUL and SPIRIT:

God is *The Paradise Trinity* — the eternal Deity union of the Personalities: the Universal Mother and Father; the Eternal Son of Truth; and the Infinite Daughter Spirit of Mind.

The soul of each human personality (sons and daughters of truth) is existential, driving our personality expression in the experiential. The soul of each human finds truth by embracing one’s feelings and longing for the truth of them. We are to attain the Eternal Son of Truth. We are a creation of Truth.

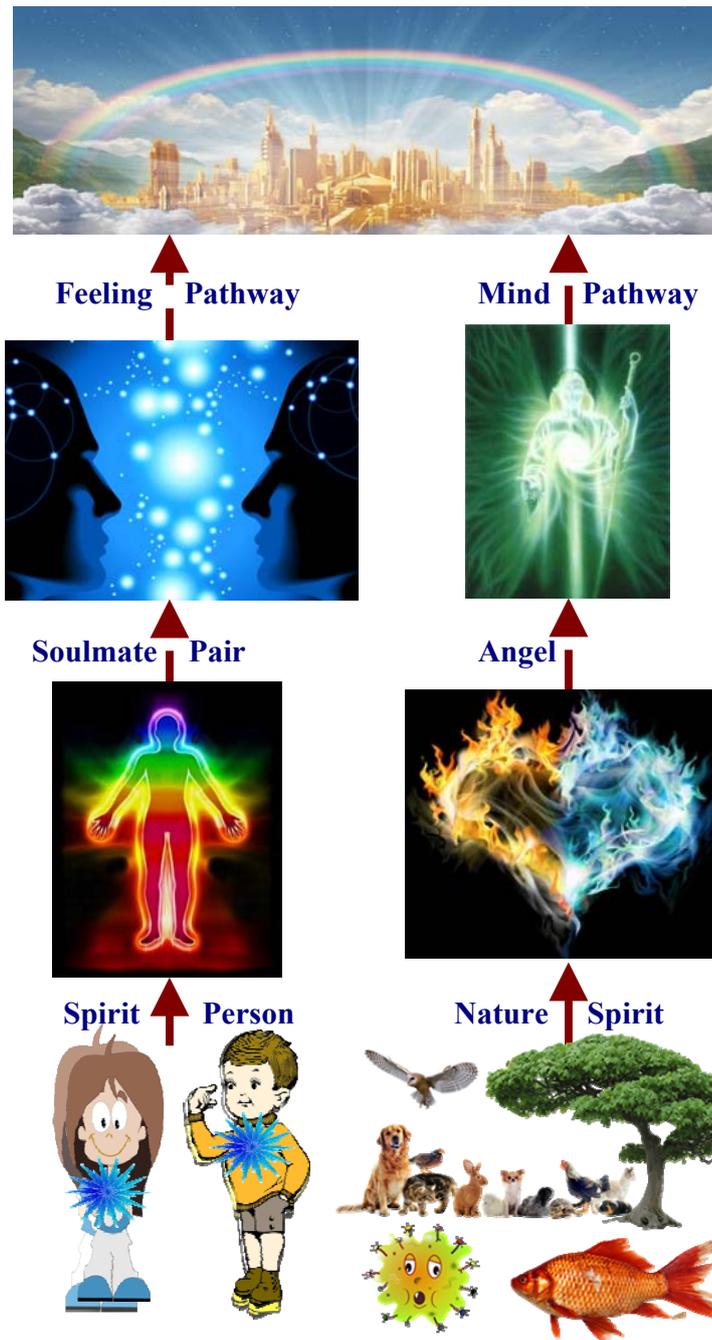
The soul of angels is experiential, evolving through their experience by continually progressing in mind development. Angels are to attain the Infinite Daughter (Spirit) of Mind. Angels are a creation of Mind. Our soul is duplex (we have a soulmate) and is created by our Heavenly Parents. Through our Feeling Healing we perfect ourselves enabling the union with our soulmate, as we progress in truth up through the Mansion Worlds, celestial heavens and all the way to Paradise.

The soul of angels is also duplex, yet of the mind, and they progress in mind evolution to Paradise. Animals, plants and nature spirits are also creations of Mind.

Neither we nor animals reincarnate. We never die; upon death, we move into the spirit Mansion Worlds on our journey to Paradise. When animals and plants die, be they the tiny microbe to the mighty elephants of the land and the whales of the ocean, their spirit energy returns to the Spirit Collective

Energy. And from this energy are drawn other animals and the nature spirits, who then in turn move onto becoming angels through increasing mind experience.

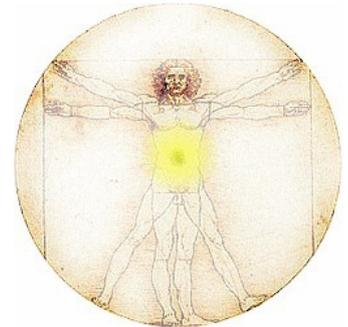
A nature spirit is an angel in waiting.



The role of the nervous system in the development of illnesses and blows of fate.

The solar plexus, a central nerve complex in human beings, is an important switch point in the nervous system. It can be considerably influenced. If this switch point, including the nervous system, is detrimentally affected by dissonances of various kinds, illness and blows of fate may be the result.

Dissonances develop, for example, through sounds, through glaring or dark colours, through thoughts of hatred and envy, through quarrels, through brooding and aimless thoughts, through severe problems and worries, through thinking about things that happened long ago through the inability to forgive or through other difficulties that a person cannot let go of.

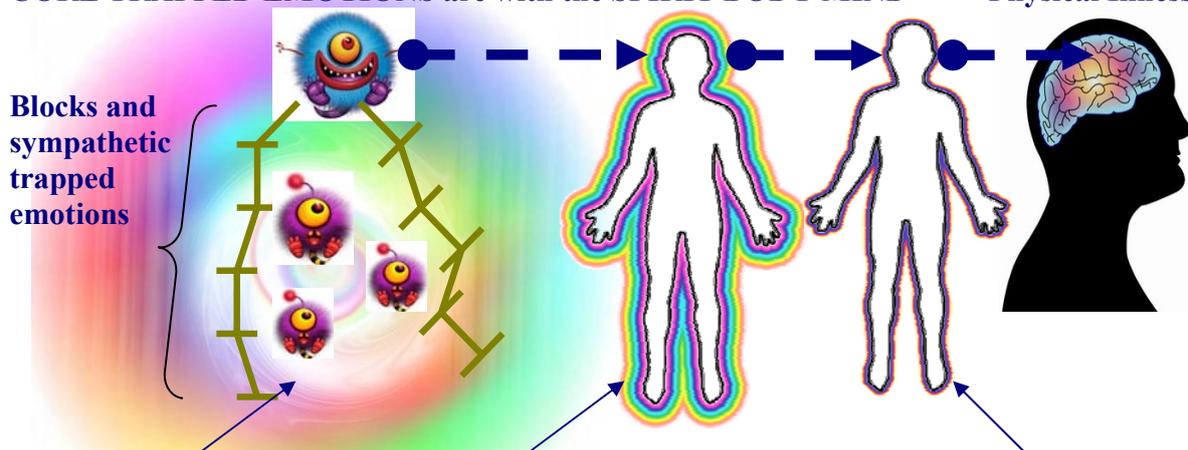


The one who allows himself to be driven by his thoughts and desires, who is preoccupied with his problems day after day, loses the orientation to what is noble and beautiful. He only sees himself as misunderstood and suffering. In this apathetic, irritable state, he picks up many unlawful vibrations, negative thoughts, which are often what trigger a burden to become active in his inner being, which then expresses itself in or on the person as an illness or blow of fate.

Such effects are not physically caused, but psychologically, because the nervous system, the network that links body and soul, became tense, thereby decreasing the life force. This results in an increased emotional movement and may trigger burdens, that is, spiritual causes, which then show themselves as effects in the body.

The nervous system, also called the network of nerves, is of fundamental significance in the development of indispositions, illnesses, and blows of fate.

CORE TRAPPED EMOTIONS are with the SPIRIT BODY MIND Physical Illness



SOUL which animates SPIRIT BODY which animates PHYSICAL BODY.

Trapped emotions (frozen energy) create fissures and injuries in the spirit body which inturn emerge as physical illnesses, firstly as pain, in the physical body. Emotional blockages of the same type create illnesses of similar natures in anyone who have the same style of emotional injuries. Each of us carry our own unique cocktail of emotional issues, as we are emotional beings (our soul), thus each of us have unique pathways to recovery.

Meridians – the Pathways of Energy Flow

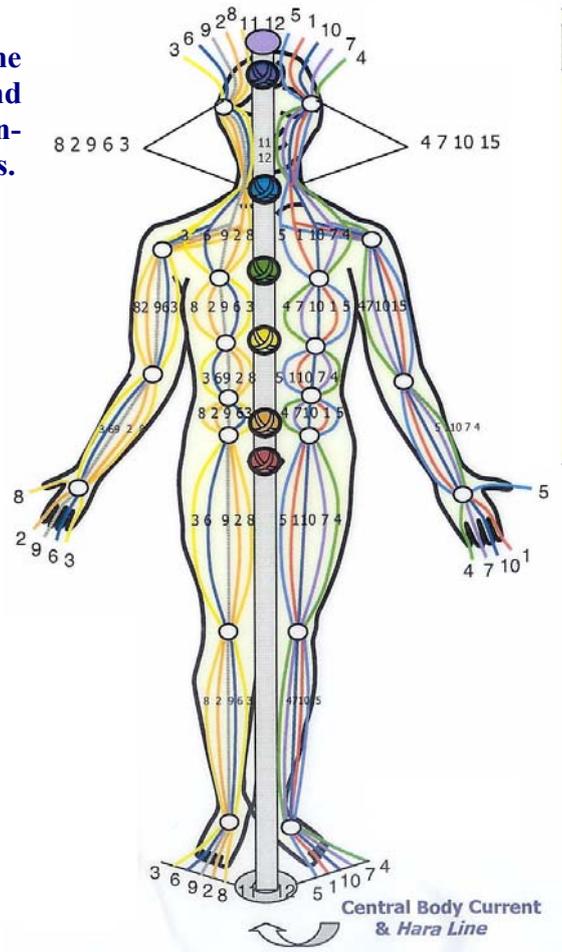
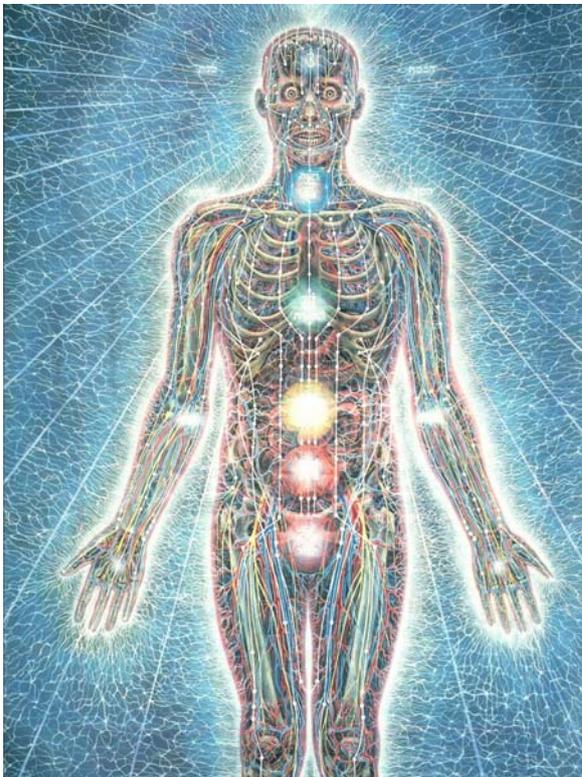
<http://www.crystallotus.com/Acupressure/Index.htm>

The pathways of chi flow are called meridians. Where are the meridians? When a surgeon operates on a person, he does not find any meridians. The surgeon does not see air either, but it is still there. Compare a meridian with a stream. A stream, unlike a pipe, has no defined boundary. It is simply where water flows, and it may constantly change its shape, although the change is so small that it generally maintains a definite line of flow. In the same way, a meridian has no fixed boundary.

It exists where the chi flow is, though it maintains its general form. Meridians are of two kinds: the main ones are called channels (jing), and the branches are called collateral (luo). However, the term ‘meridians’ is often used to denote channels.

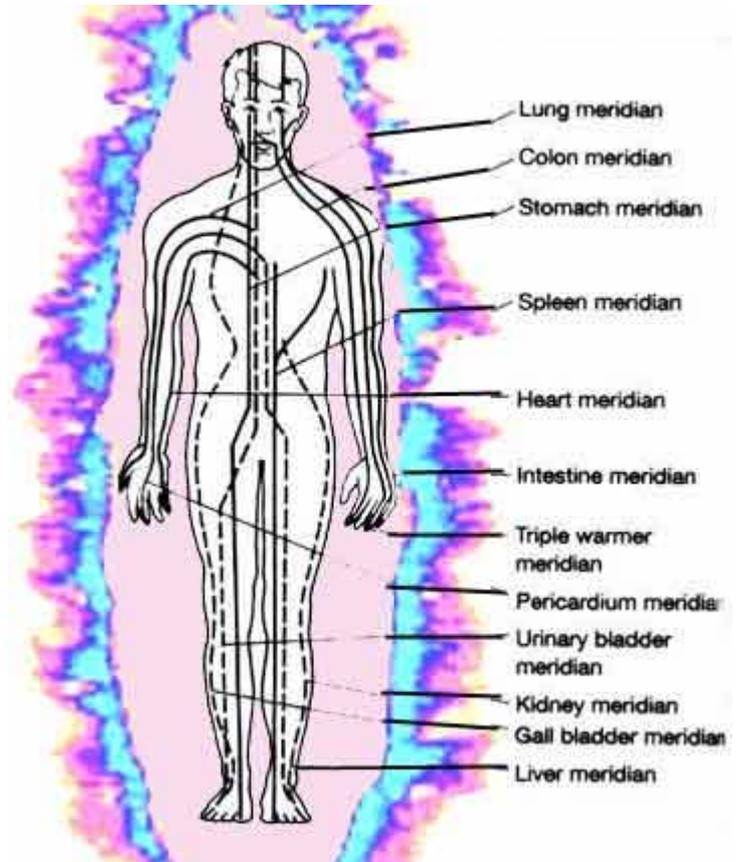
When Chi does not flow easily and smoothly we have what is commonly called a dis-ease. The Chinese believe that a Chi gets trapped in the meridian and the body suffers from all the ailments. To heal this blockage the Chinese healers understood the flow of energy through the various Meridians. They stimulated the energy points to let flow the Chi and, so therefore the healing took place.

Tonal lines create the web-work of energy which the scalar-wave frequencies of the core Katha Grid and DNA Template translate into the Chakra Meridian-Nadius Line (Hara Line) and chemical DNA systems.



Meridians, or channels, can be classified into two groups: primary and secondary: Primary meridians are those that pass through internal organs, secondary meridians do not. There are twelve pairs of primary meridians flowing in a never-ending circle. For simplicity, only one of each pair is described. The twelve meridians are as follows:

Lung meridian
Colon meridian
Stomach meridian
Spleen meridian
Heart meridian
Intestine meridian
Urinary bladder meridian
Kidney meridian
Pericardium meridian
Triple Warmer meridian
Gall Bladder meridian
Liver meridian.



Negative energy in the form of holding onto an untruth about anything, being a person or an event, deposits within one's soul as a tiny cell of unwanted energy. This tiny energy blockage can grow and grow should you allow the issue to fester within your being.



Untruths with anger and hatred will slowly, but surely, manifest themselves into your meridian system which resides within your spirit body. This then results in energy flow blockages within your meridian system, being the template for your physical body. Unless these energy blockages are released and allowed to pass through your spirit body, you will begin to feel pains within your physical body, and subsequently, an illness may emerge within your physical body. Such illness is a direct result of an emotional issue, or series of related emotional issues, that could have commenced during your early childhood, or even before birth. Proceeding to release these emotional time bombs while receiving medical assistance for your physical body can result in the permanent recovery from such illness.

ENERGY DETERMINANTS – Relationship between Body, Mind and Soul:

The physical body calibrates at 200 on Dr David Hawkins’ Map of Consciousness. Many people feel and believe that their body is their real self, this is not so.

Further, the brain is not the origin of the mind, as science and medicine had believed, but the other way around. The mind controls the brain. The brain is activated by the mind’s intention and not vice versa. Reason, which emanates from the mind, calibrates at 400 to 499, thus controlling the brain.

What is held in mind has the power to alter brain activity and neuroanatomy. Thought is powerful because it has a high rate of vibration. We are subject to what we hold in mind. Errors in belief bring about energy flow blockages.

Superimposed around the physical body is an energy body whose form is very much like that of the physical body and whose patterns actually control the physical body. This control as at the level of thought or intention. This superimposed energy body is one’s etheric / spirit body, the template of one’s physical body and home of one’s mind.

The basic dictum to comprehend is that the body obeys the mind; therefore, the body tends to manifest what the mind believes. Illness is generated in the physical body by erroneous held beliefs within one’s mind.

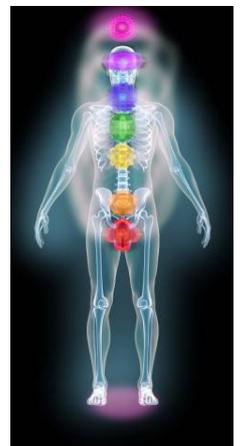
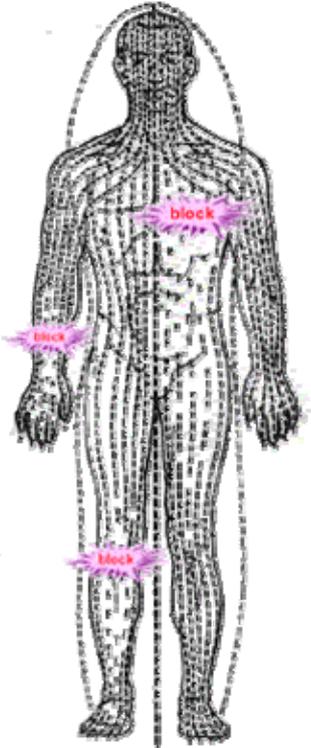
It is the energy level of love that steadily brings about a release from erroneous and harmful man-made emotions and beliefs. The energy level of love calibrates at 500 and higher. One’s soul is connected by cords of light with one’s spirit body. One’s soul is the home of one’s personality, natural intelligence and memory, it is our real self.

One’s soul is always perfect and is made of the energy substance called natural love. It is by growing one’s level of love does one enable sufficient energy to flow through one’s chakras of the spirit body and subsequently into one’s physical body that erroneous and injurious beliefs are dissolved and the potentiality for health of the physical body to become permanently repaired a possibility.

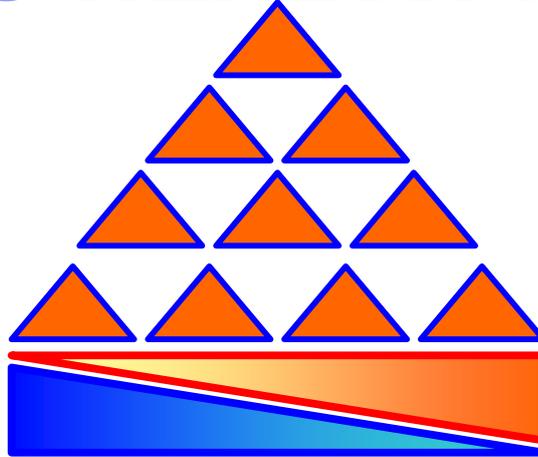
On the Map of Consciousness (MoC), the **charkas** calibrate as follows:

Crown	600	7 th chakra
Third Eye	525	6 th chakra
Throat	350	5 th chakra
Heart	505	4 th chakra
Solar Plexus	275	3 rd chakra
Sacral or Spleen	275	2 nd chakra
Base or Root Chakra	200	1 st chakra

The greatest infusion of Love, and the easiest way for one to transcend levels of emotions, that is, to evolve, is to long for, pray for, and ask for the Father’s Love, Divine Love, being a light golden blue energy substance. Try the experiment.



PASCAS HEALTH MATRIX



**ALLOPATHY
MEDICINE**

**COMPLEMENTARY
THERAPY**

**FRIEND / PATIENT / CLIENT in conjunction with FEELING HEALING
MEDICAL HOLISTIC DIAGNOSTIC TECHNICIAN**

PROFESSIONAL MEDICAL TEAMS

- Neurosurgery
- Ears, Nose & Throat – ENT
- Urology
- Orthopaedic
- Trauma Surgery
- Gynaecology
- In-Vitro Fertilisation – IVF
- General Surgery
- Ophthalmic Surgery
- Dental & Faciomaxillary Surgeons
- Cardio Thoracic
- Oncology – Cancer
- Cardiology
- Radiotherapy
- Medical Services

COMPLEMENTARY THERAPY FIELDS

- Complete Therapeutic Systems
- Oriental Diagnosis
- Western Diagnosis
- Iridology
- Naturopathy
- Breathing
- Hydrotherapy
- Food & Diet
- Oriental Systems
- Chinese Herbalism
- Japanese Medicine
- Ayurveda
- Tibetan Medicine
- Traditional Arabic Medicine
- Shamanism

**Imaging – X-ray – Ultrasound – CAT scan – MRI
Pathology
Streamer – Case Manager**

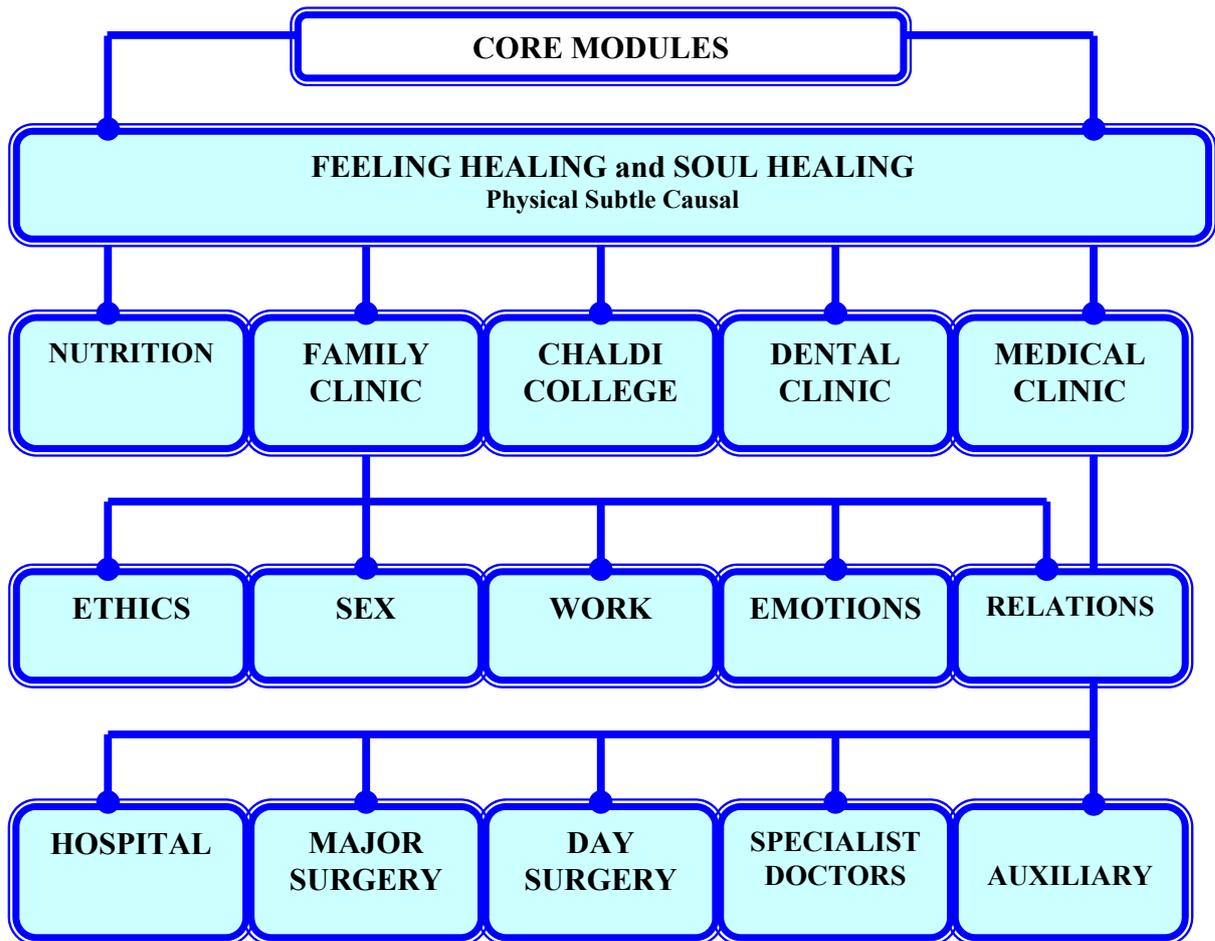


Streamer's Meeting



PASCAS CARE

Life Practice Matrix - Feelings First



LIVE FEELINGS FIRST
FEELINGS FIRST For Kids

EMOTIONAL INJURIES can be INDICATORS of PHYSICAL DISTURBANCES:

A number of similar harmful suppressions and repressions of emotional events will draw their energies together and also relatively similar injuries to that core, thus bringing about a unique cluster of held, damaging energy that then finds a home in a compatible organ or area of the physical body.



The foundation of such accumulations can commence immediately upon incarnation, being projections from one's parents and subsequently other family members.

The core emotional injuries grow and grow through relatively similar ongoing emotional patterns of parents and carers, thus creating the foundations for discomfort and subsequent illness within a child, and later on in their life. Due to the complexity and intertwining of the natures of those influencing a child, there is NO precise relationship between core and related emotional injuries – and specific illnesses or the nature of an illness – even though the patterns do suggest that this is so.

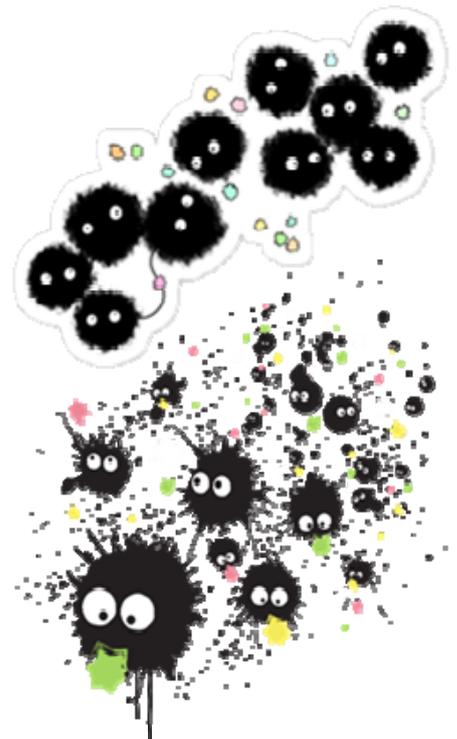
It is a generalisation that a range of emotions within a similar energy or frequency band find their manifestation by expressing themselves as pain and illness within one's body in predictable locations. Further, due to clustering of volumes of ongoing emotional injuries around the core issue, the healing process is complex and lengthy. The longing for truth of one's feelings resulting from the discomfort within one's body will be a lengthy process of working through the huge range of emotional issues directly related to any one illness event.



The gift to humanity is that any emotional injury gives us the opportunity to FEEL and LONG FOR the truth of what is behind the discomfort within our body, so that we may express what we recognise and talk the harm out of us – in this way we slowly heal ourselves – both spiritually and physically.

By ignoring what our body is bringing to our attention, by suppressing the discomfort, we bring about further escalation of the emotional error and a growth in the potential for greater vigour in the activity of the energy related to the frozen cluster of emotional injury. This may result in even more difficulty managing pain and disease within one's body.

This discomfort is a call to long for the truth behind what your body is drawing attention to and talk about what you are feeling, expressing what you feel is behind these issues, being your emotional errors and injuries, and express it out of you – release the injury.



OUR BODY NUDGES US TO LONG FOR TRUTH!

Should our physical body be without discomfort, pain and illness, we would not have any reason or prompting to pause for a moment and wonder what is behind such intrusions to our ‘harmony’.



In this way, our body guides us into asking for the truth behind such discomfort – to long for the truth behind our emotional injuries. Should we ignore these communications then our body will amplify its signals. They will strengthen progressively until we not only engage in our investigation into the underlying cause of the pain or illness, but also start to express what we are feeling – talk it out of us.

By expressing what we are feeling will not resolve all the pain until we have totally completed all of our healing. If we were able to resolve individual issues in this way, one by one, we would stop our healing process, our Feeling Healing. That would defeat the purpose of our body being able to assist us with our total healing of ALL of our childhood suppression and repression.



“We are parented heavily by our parents who use our and their physical bodies to control our emotions, feelings, mind and will. And we are forced to change from being true to being untrue – how they want us to be. Then through our Healing our physical bodies help us back the other way, from being untrue to being true. Our bodies show the damage done, giving rise to the necessary feelings we need to make us feel bad so we can use those feelings to keep uncovering the truth of our wrongness. With our soul causing our body to show the damage when it’s time for us to attend to the required feelings.

“Our parents inflict pain that changes us from being true to being untrue. And then when we do our Healing, our bodies express that same pain, giving rise to the same feelings, so we use them to heal ourselves.

“Our body is hurt and changes us. When we do our Healing, our body hurts and we change again, back into what we should have been.”

Note from James Moncrief 2 June 2018



Thus, it can be considered that Feeling Healing is the pinnacle of all healing modalities and that all health care systems (Allopathic, Ayurvedic, Traditional Chinese Medicine, etc.) are complementary when they do not shut one down from simply FEELING.



Our bodily discomforts, both physical and mental, remain with us in varying degrees until we transition into being Celestial – in at-onement with our Heavenly Parents – following completion of our healing all our childhood repression and suppression.

PHYSICAL DISCOMFORT is a COMPANION through out OUR FEELING HEALING:

We are to uncover the truth of our untruth through the Healing crying Mansion World levels (and their equivalent on Earth); and then once that's done, and with the appropriate amount of Divine Love in our soul warranting fusion with our Indwelling Spirit, we can move into the Celestial spheres of love (or their equivalent on Earth).



Spirit Mansion World 3 equivalent on Earth: is for waking up to the truth that you're not loving and starting to get in touch with your pain, starting to accept your bad feelings, starting to work with them instead of rejecting them.

Spirit Mansion World 5 equivalent on Earth: is then about going right into the depths of them, feeling how unloved you feel and seeing how unloving you are and how that makes you feel, bringing out the majority of your pain, your misery, fear, anger, guilt, hatred, boredom, terror, rejection, nothingness, feeling powerless, alone and abandoned, and so on.

Spirit Mansion World 7 equivalent on Earth: is then about still working with the deepest and residual bad feelings, whilst looking to sort out how you wrongly relate to yourself and others, nature and God because of being unloving, understanding how your relationships are unloving, how you don't connect properly, how unloving you really are and why and fully accepting the truth of it, coming completely to grips with your parents not loving you as you needed to be loved – sorting it all out, including your self and feeling expression difficulties.

One's acute pains – such as headaches, hip / joint / back pain, etc., all of which can be crushing and feel like they are too much – may be to do with the actual breaking down of controlling beliefs. And then associated with them, and perhaps even resulting from them, comes all one's repressed emotions and feelings, namely, fear, misery and anger, they being the big ones, together with feeling powerless, useless, too overwhelmed that you can't go on, broken, unloved, unwanted, uncared about and so on. All these feelings and emotions are also painful, but are a different pain to when you feel like your mind and some part of its control is being broken down. Usually, when the mind breaking pain passes, you then move into deeper emotions and feelings to be expressed, feeling like you are progressing in letting go of your untrue self, giving up more of your falseness – evilness. These intense 'mind-breaking' pains come intermittently, sometimes many together, sometimes for a short time, sometimes over weeks, months, even years. So overall one's Healing may feel like it's one long mental breakdown, with all the additional emotions and bad feelings that need to be released along the way. All of which are trying to bring one's will back into being as it should have been had it not been so interfered with.



Accept, express and long for the truth of your feelings.

Live true to your feelings; your feelings are your true self. Be free in your feelings. Free your feelings from your mind's control. Live true to yourself through your feelings.

BODILY PAIN is OUR FRIEND:

Our body stops us largely through pain, allowing us to pay closer attention to ourselves and our feelings. The pain is there for us to deal with, embrace and accept, to want to know why we have it, what is really going on deeper within us that is causing it. And by expressing our feelings of pain, and longing for the truth of them, we can use it to heal all that's wrong within us. This being our Feeling-Healing.

However as we all rightly hate pain, we do all we can do to stop it as quickly as we can, so we rush off to the doctor, take pills, drugs, busy our mind trying to 'take our mind off it', all of which is dismissing these feelings that are there to help us. So by denying our pain we are further denying ourselves, which in turn is going to further (at some point) cause even more pain.

Our pain is to make us slow down, to pay closer attention to what we really are feeling. It comes about to stop us running away from the hidden truth of it, that which relates to our relationship with our parents and how they treated us, causing us such pain. All our pain (pain on all levels, including the physical) is the same pain our parents have made us feel. And we need to use it to find the truth of this. So even toothache pain can stop you, leading you deeper into yourself, helping you express all the terrible emotions and feelings it makes you feel, all so you can uncover more truth of your relationship with your parents and early life.



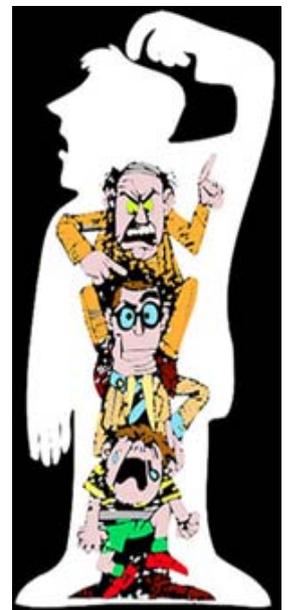
So in doing our Healing, we try to put off rushing to the doctor or seeking immediate help to remove even the slightest pain, choosing to instead put off such visits or taking pills whilst trying to express and seek the truth of such pain. However when it drives you to seek help, of course you do whatever you want to do to take it away, all the while expressing all those emotions and feelings and longing for them to reveal the truth you are to see about yourself.

So our body and its pain is our friend, used by our soul to help us come back to being closer to ourselves, to living true to what we are feeling and to set us free of our mind control and denial of pain.

James Moncrief 9 May 2018



THAT'S THE THING
ABOUT PAIN.
IT DEMANDS TO BE
FELT.



What is Child Abuse?



Ridiculing a child



Touching a child in a way that makes the child feel confused, unsafe or uncomfortable



Making fun of a child



Disregarding a child's health needs



Pressuring a child to meet adult's needs and expectations



Employing a child to work in your house



Tricking a child



Not allowing a child to attend school



Ignoring a child's emotional well-being



Forcing a child to touch you



Beating a child

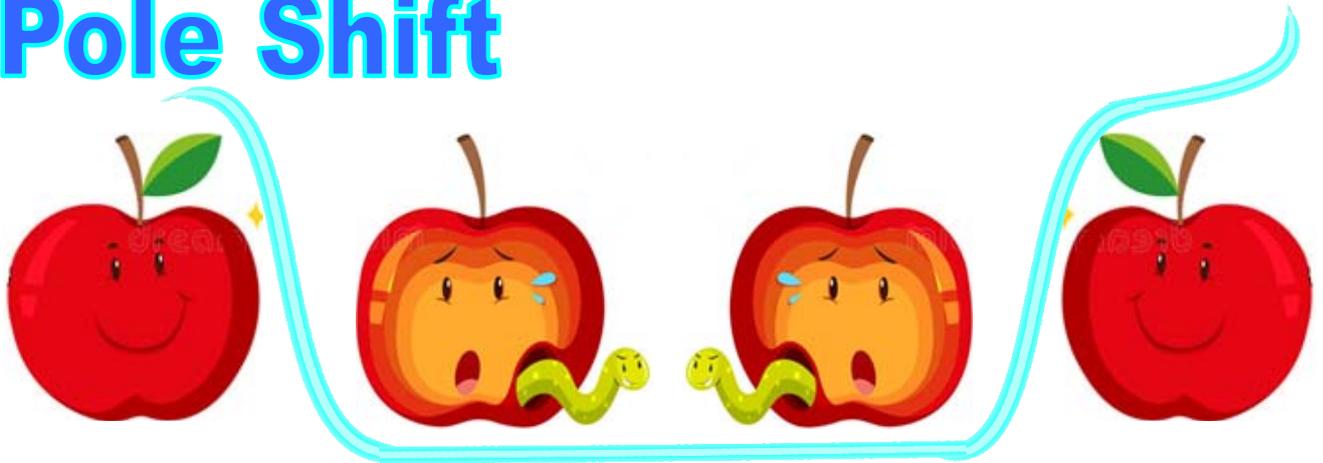


Hitting and humiliating a child

CHILDHOOD TRAUMA



Pole Shift



Pole Shifts are our own very personal life experiences. They are as dramatic as the physical pole shifts that the planet Earth endures from time to time. However, our own life events are far more important.

At the moment of conception we are in a perfect state. From the moment of conception we are overwhelmed by the well meaning endeavours of our parents, immediate family and carers. They do not know what *true* love is, they have never experienced it, so we are not *truly* loved by our carers and teachers. We are crunched into submission by everyone within our environment. Our Natural Self Expression is all but obliterated! We are crunched into being someone else that others impose upon us. We are made into ‘bad apples’. We proceed through our life experience, after our parents’ well meaning but misguided endeavours, and have this falsehood strengthened by our educators, then our religious organisations, then our employers, all overseen by our governments. We have no way of expressing our true selves.

Now, for the first time in history of humanity, we can reverse our early Childhood Repression and Suppression and invoke our own counter Pole Shift. We can to liberate ourselves from our imprisonment within our mind that was imposed upon us from conception to around six years of age.

We can through our Feeling Healing embrace our feelings, both good and bad, long for the truth of what is to be revealed to us about such emotional events, and express such revelations to a companion and begin the climb of the pole to Natural Self Expression of our true personality. The task is painful, long and arduous; however, we are to liberate our true nature, our true selves of natural love, and in this way we will grow to be who we truly are, a child of our Heavenly Parents – and with Their Love, we can become Divine.

This is the Pole Shift that all of humanity is to engage with and grow from. This is the Great U-Turn.

CREATION, DEVOLUTION and EVOLUTION:

Aman and Amon (also called Andon and Fonta), our first parents, physical being was born of natural parents, who in turn had been born of their own parents. Their bodies were not created instantaneously, but evolved just as all of God's creatures evolved. Aman and Amon were both nurtured physically as infants and then children. **But our first parents' souls were placed in them when they were already adults.** They had no clear memories of their earlier life before that great moment. As soon as they possessed a soul, all of the normal human psychological manifestations appeared.

There were aunts and cousins, parents and grandparents. But they were not human like Aman and Amon - they were really animals, though of the same species. Aman and Amon wandered off from the family, since they could find no way of relating to them at all. How could they? They were incapable of rational thought, speech, or anything human. Aman and Amon knew that forevermore they were apart.

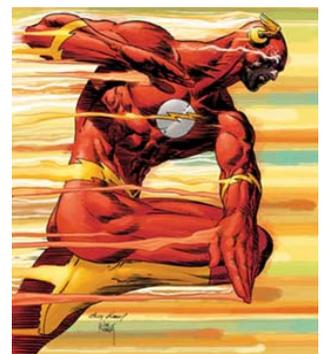
They were indeed a primate species of humanoids. But Aman and Amon (they were not Adam and Eve) were more beautiful than their animal relatives, and knew, even from their very appearance, that they were marked even by Nature to be different. The human body, without a soul, calibrates at 200 on Dr Hawkins' Map of Consciousness. Domestic animals typically calibrate 200 to 250. Our soul is the source of our personality, intelligence, and memory. Our soul is formed from the energy substance of natural love. There is nothing of the Divine within our soul.



The First Parents did have the propensity to receive Divine Love, however it was not yet bestowed upon man, that occurred in the 1st century with Jesus and Mary. Man, left to his own perseverance and determination can develop into the perfect man with only Natural Love, however that is a slow and tedious pathway and limited to perfection of the soul, fit only for the 6th natural love spheres.



By embracing Divine Love and one's Feeling Healing, man can become fitted to enter the Celestial Heaven and higher in rather quick time. One's life on earth, living with the Love and embracing Feeling Healing, can be that of living in Heaven!



Further, Feeling Healing with Divine Love, has a powerful positive effect on the physical body, balancing the hormones and generally promoting physical health, which is really the same thing as saying that the state of a mortal's soul impacts directly on that mortal's physical health.

MAN WITHOUT or WITH a SOUL!

Man without a soul is likened to a puppy dog!

The human body (without a soul) calibrates at 200 on Dr David R Hawkins' Map of Consciousness. Domestic animals also calibrate from 200 to 250 on this scale. Without a soul, a human body is incapable of rational thought, speech, or anything human.

The real you is your soul! With the infusion of one's soul connects through cords of light with one's spirit body, which is the template for the physical body, comes one's personality, natural intelligence, memory, and all things human.

Our brain is simply a transceiver of communications from one's mind. The mind is housed within one's spirit body. The thinkingness is done within the spirit body mind. What is held in mind subsequently manifests within the physical body. The functionality of reason calibrates between 400 and 499, thus overriding the physical body as it calibrates around 200 only.

The natural love based soul endeavours to guide the mind (love calibrates at 500 and above). During our physical life, we encrust our soul with emotional injuries and erroneous beliefs thus impeding and frustrating the flow of loving energies from the soul to the spirit body mind, and subsequently the physical body.

It is the love energy of the soul that brings about health of the physical body and a bounteous and blessed life in the physical world.

There is nothing of the divine within our natural love soul, however, should we long for, pray for, ask for, and receive our Heavenly Parents' Love, the Divine Love of our Mother and Father, then we slowly and progressively blend our natural love with that which is Divine, Divine Love. It is this ultimate high-octane super fuel that changes our soul from that which is mortal to that which is immortal and with Feeling Healing, become fitted for the Celestial Heaven; this is the process of being born again!

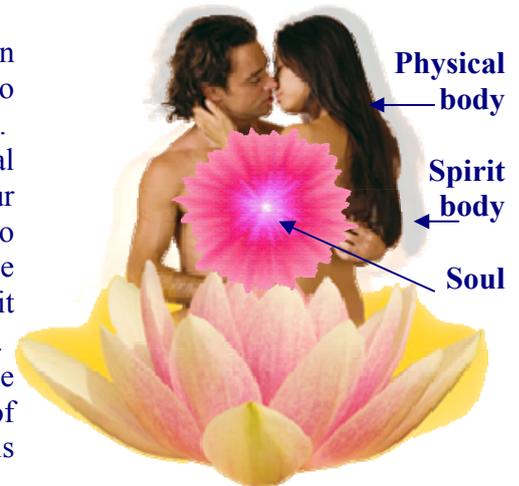
If you ask for the Divine Love to enter your soul it will be 10 or 100 times more efficient, 10 or 100 times stronger than if you would let the natural love flow through your soul. So it will help to break down "the wall" you've created around your soul 10 or 100 times faster than the natural love would do.

It is this ultimate high-octane super fuel that dissolves the encrustments of errors and false beliefs around the soul, enabling penetration of loving energies throughout the spirit body, and into the physical body, bringing about health and vibrancy to life.



The REAL YOU is the SOUL:

One's personality, natural intelligence, memory and human attributes all are soul based. The soul initiates conception so it can start expressing one of its two personalities in Creation. It creates the will, then 'wills' the spirit body and physical body and all that connects them with the will into being. Our soul constantly sustains or expresses us, one of its two personalities, in Creation. The spirit can't separate from the soul because the soul keeps it in existence. We need our spirit and physical bodies to experience our personality through. When the spirit body separates from the physical body, one continues on living in a different form without losing any of the attributes experienced during physical life. Incarnation is the process of individualisation of the soul.



Without a soul, our physical bodies would function and interact similarly to that of a domestic animal. An unsouled human body (thought not possible) would respond like a household puppy! Domestic animals calibrate on Dr David Hawkins' Map of Consciousness between 200 and 250, the human body calibrates at 200. All animals have spirit bodies, these do not survive into the spirit Mansion Worlds. Our SOUL IS NOT ENSOULLED IN OUR SPIRIT BODY. Our soul exists existentially in a whole different level or plane or place or dimension of being – 'soul land'. It doesn't exist in Creation, it's not experiential like Creation is. The soul, all souls, help create their part of Creation by expressing their personalities into Creation, and then by having their personalities do things (further create) in Creation.



Our first parents, Andon and Fonta (also called Aman and Amon), were the first to exhibit human perfection hunger some one million years ago (993,500 years ago). Adam and Eve, Adamite bestowals, arrived some thirty eight thousand years ago – or earlier.

Aman and Amon were the first True Humans, which means, the first soul expressing its soulmate pair, its two personalities, in Creation – on Earth. From which came forth the rest of us. So they had a soul from the start, which separated them from their animal parents. It's the soul that wants to fully express itself through its two personalities perfectly in Creation, which is the so-called 'human perfection hunger'. It, our soul, wants to be Perfect like its Heavenly Parents, the Soul that Created it. We, focused as personalities, want to be perfect, like the Personalities of our Mother and Father that are Perfect. Our soul wants to be like Their Soul. Our soul wants to ascend us to Paradise so we can be with Them, as physically close to Them on a personality level that we can be, and then see what happens.

There were aunts and cousins, parents and grandparents. But they were not human like Aman and Amon – they were really animals, though of the same species. Aman and Amon wandered off from the family, since they could find no way of relating to them at all. How could they? They were incapable of rational thought, speech, or anything human. Aman and Amon knew that forevermore that they were apart.

Aman and Amon may have been twins. They were indeed a primate species of humanoids. But they, themselves were more beautiful than their animal relatives, and they knew, even from their very appearance, that they were marked even by Nature to be different.

WE ENDURE FOUR LAYERS of PERSONALITY SUPPRESSION!



Unknowingly, our parents pass onto their children (us) their beliefs and way of living that has evolved since the Rebellion, some 200,000 years ago, and then the Default, some 38,000 years ago. In this way, humanity is suppressing the female, rejecting our Spiritual Parents, namely Jesus and Mary, and denying our Heavenly Parents being our true Mother and Father, of Their truth, standing and existence.

The Rebellion is against love, the Default is all the difficulties we have in our relationships because of our rebellion. Healing the Default is becoming true, to ourselves and in our relationships, and ending our unlovingness – our rejection of love, so ending the Rebellion. Nanna Beth 29 June 2017



We are souls, our personality is an expression of our soul. It is our free expression of our soul through our feelings that we are to embrace and follow. This expression may appear to be wilful in nature, from time to time, and consequently our parents' attempt to suppress this expression. They proceed to remodel us when as young children, in the manner their parents treated them and so on for many generations going back.

During our forming years, as a child, we are unable to recognise the suppression of our personality as being extra-ordinarily harmful to our soul based personality and, accordingly, we don't know that things can be any other way. Presently, neither do our parents.



This childhood suppression way of living continues throughout our schooling years, thus we learn this is a way of life that is normal.

Our religions all have been formed based on the tenets of the Rebellion and Default. The teachers and leaders throughout all denominations take us further away from our suppressed feelings that have been hammered into us during our forming years, thus entrenching us further into rejecting our true selves.



The controlling and suppression mechanisms of our parents, educators and spiritual teachers all manifest throughout all of commerce. This control comes heavily and brutally down upon all levels of employment. The capability to express one's soul based attributes and gifts is sealed throughout all of one's working life.

A new way of living is to enable the liberation of one's true personality through the Feeling Healing process AND the transfer of authority to the individual via embracing freedom of expression.

DEVOLUTION

Our childhood suppression of our true and loving soul based feelings is creating global pain and personal isolation amongst all of humanity. We are very sick!

In our struggle to find solace and purpose, we further withdraw into ourselves, becoming ever more self dependent, believing our control addicted mind that it can solve everything. We just drown further.

We embrace an ever expanding and diverse range of pathways to escape from our personal pain, fear and desperation. Alcohol has now been complimented with narcotics, hallucinogens, including caffeine (coffee). Gambling has been complemented with computer games which are generally entraining the mind further into error and pain. Technology is making us sicker!

We bury ourselves in front of the television to further avoid contact with anyone, especially family.

Children endeavour to exert their independent authority from domineering controlling parents (which we all are eventually) by disfiguring their bodies with tattoos and piercings, etc.

We shut out the noise with headphones, thus preventing contact with others. We use electronic devices to 'text' others even at intimate engagements.

Technology will take us further into the depths of our madness. You now can buy headsets that prevent any contact with the outside world while playing mind suppressing and entraining entertainment – games!

No one loves their children, they are ignored, and the controls hammered into them turn them into clones of ourselves. Look at ourselves and we can all see that we have been all messed up by our own parents, as they have for generations over the past 200,000 years.

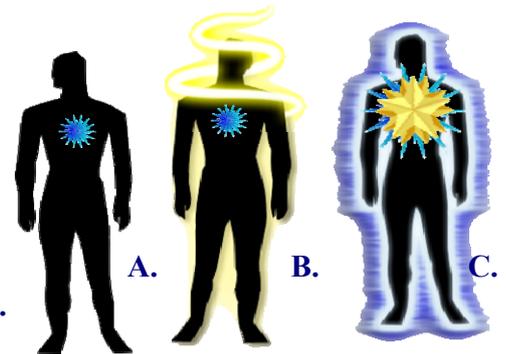
No more of this! We can escape this man made hell!



EVOLUTION

STEP 1: Longing for and receiving Divine Love:

- A. Soul within spirit body prior to receiving Divine Love.
- B. Divine Love being received from the Holy Spirit, covering the spirit body of requesting personality.
- C. Divine Love having been assimilated within one's soul, now being reflected through the radiance of the spirit body.



STEP 2: FEELING HEALING + SOUL HEALING

It is the Divine Love that strengthens one's resolve to persevere with embracing one's suppressed emotional injuries, that occurred from conception through to around the age of six, and longing to know the good and the bad of those feelings, together with talking about them to a friend, partner, one's self and our Heavenly Parents. It is only with the receipt of the Mother and Father's Divine Love and the expressing of suppressed emotional injuries that one can release the emotional injuries and errors to achieve Celestial soul condition and enter the Celestial Heavens.

Further, should one complete their Feeling Healing on Earth, then they will be able to recognise their soul partner, their other soul half, and should their soulmate have also embraced Feeling Healing with Divine Love, then their children will be born free from error, free from fear, and free from any deformity and illness. This is the destiny of humanity.

Further, being in this condition of free from error and being in constant communication with our Heavenly Parents, then one can also recognise and form their Soul Group. This will ultimately consist of twelve soulmate pairs, a total of twenty four personalities / individuals.



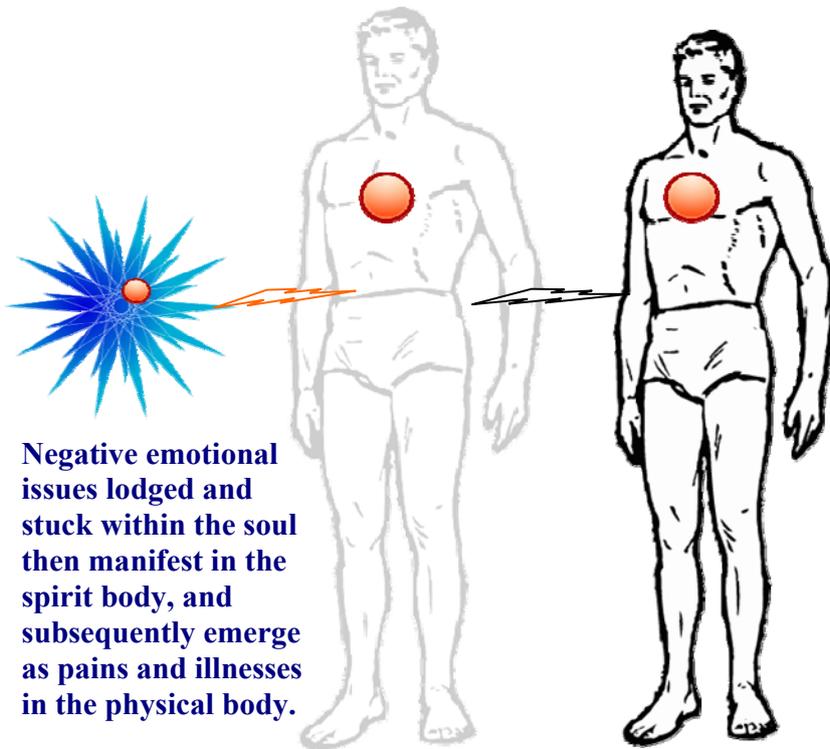
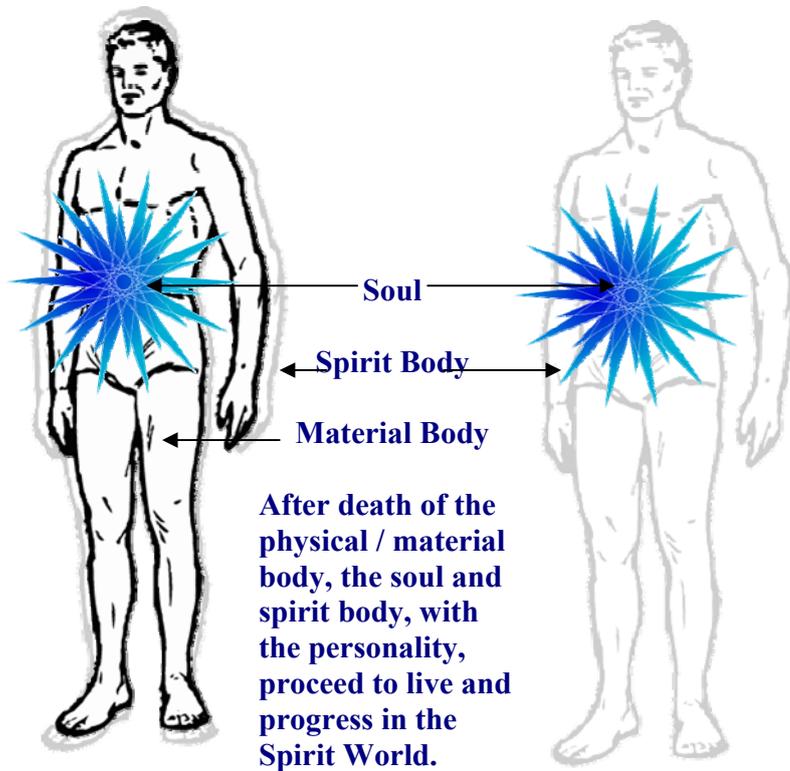
It is the bringing up of children by the support of soul groups that is to be the ultimate way forward. The group experience and wisdom, as a functioning family, will ultimately be of profound benefit for the blossoming child.



But what we cannot do is contrive the groups ourselves, or even pick who our soulmate is. This will only, and can only happen, as an outworking of the truth we are to live – as we progress in the healing of our soul.

And this is how all of life should be lived: according to the truth we are living. It is how we live, as there is no other way, but currently we live it in the negative, of that being directed by no truth, and so having to make it all up ourselves.





SOUL SPIRIT BODY MATERIAL BODY
PERSONALITY

The magnetic currents and their relation to human beings. Beneficial and harmful effects of the rays of the sun.

The magnetic currents are the sound carriers of the Earth's magnetic field. If the magnetic field of the Earth is disharmonious, then the magnetic currents, too, are disturbed. This interaction of one time harmony and then disharmony also has an effect on human beings, so that at one time the magnetic currents of the Earth are beneficial to them and another time, harmful. It all depends on how the soul and person vibrate, on the condition of their energy field (soul condition).

Since everything on Earth is relative, it is entirely up to the thinking and living of the individual whether the magnetic forces will influence him and in what way. The resonances of the magnetic currents are different in every season, on every day, and even in every hour. This is why their influence on human beings and on the nature kingdoms varies according to their vibration.

Only those people who are themselves disharmonious are subject to the dissonances of the magnetic currents, because only like affects like. A spiritually oriented, harmonious person, on the other hand, will absorb ever less dissonances. As he spiritually matures, it is even possible for him to influence the negative vibrations in a positive way or to neutralize them.

Although the magnetic currents of the Earth can transmit very negative resonances, due to constant changes that result from the multiple influences of human beings, certain frequencies are still beneficial to people who have a correct, positive attitude toward life.

Those people who have a positive relationship with the nature kingdoms can charge their own magnetic field with the positive forces of the Earth's magnetic currents. The positive forces of these magnetic currents are especially beneficial during the early morning hours when the sun brightens the Earth with its first rays. In these early hours of the day, they are more strongly enriched with the Odic force, the healing and life-giving force, because when it is night on the Earth, the negative vibrations, the many unlawful thoughts, words, and actions of people are reduced while they are sleeping. When the atmosphere has become still, the spiritual power, the Odic force, flows more intensely to matter.

Around midday the magnetic currents direct more solar particles to the Earth. These not only penetrate the dwelling planet but also human beings because they are a part of the Earth. The conscious absorption of these energy carriers is advisable only when the human being is not directly exposed to strong solar radiation. The midday heat is not good for a person's nerves. Too many solar particles may cause considerable unrest. Strong solar exposure causes the nervous system to tense up and gives rise to unrest in the body. It has a detrimental effect on the thyroid gland of the human body, which, in turn, leads to various disturbances in the human organism.

Many solar particles can be absorbed near lakes, rivers and oceans. If it is hot, however, one should seek out the shade. In hot weather there are many solar particles, even in the shade. If they are absorbed correctly – that is, if a person remains in the shade – they strengthen the magnetic field of the person and stabilize his blood circulation.



Pests, parasites, bacteria and viruses are products of mankind's wrongful behaviour.

The constant changes in the Earth's magnetic field also bring forth animal species that people calls pests or parasites. These life forms, which annoy and aggravate people, are nothing more than the spawn of human thinking and acting and, therefore, a consequence of the wrongful human behaviour. They are penetrated and animated by the magnetic fields. Garbage dumps, polluted waters, radioactive pools, sewage treatment plants, the emissions of nuclear reactors, nuclear waste dumps, sewage and the like, are milieu in which these pests develop.

The human body is a body of thought. Just as a person feels, thinks, speaks and acts, that is what he is, and that is how he influences his surroundings. According to his way of thinking and acting, he is also a co-creator of his times. Every person shapes and forms his environment and the human race of his epoch. The thoughts and deeds of people leave their mark on the era, the world and the fate of nations.

Through his wrongful behaviour and his unlawful thoughts and actions, the human being, himself, creates the above mentioned pests, the parasites. In the same way, harmful bacteria and viruses are products of the wrongful behaviour of mankind, which perhaps existed over a period of several epochs.

The soul's cleansing process in the spheres of purification is more painful.

The spheres in which the disembodied souls live are characterized by similar conceptions, desires, passions, inclinations and interests – all according to what the souls have brought with them from the Earth.

There, the unawakened souls continue to relate solely to matter, and live and act in a dreamlike state. They cannot create new causes there, because their living and acting takes place only in their dream world, and therefore nothing reaches implementation.

In the soul (spirit) realm, illness, hardship and worry take shape as images, which cause pain and pangs of conscience in the soul. In the soul (spirit) realm, the soul experiences in great detail all the things it once caused (total memory recall). The causes that were experienced in images and states of pain in the soul (spirit) realm become evident as illness, need and blows of fate in the material world.

On Earth is a time of increased grace: It is possible for a soul in the human garment to partly or entirely transfer suffering to its body. Therefore, a soul cleansing can take place considerably more quickly on Earth in a material body than in the soul realms, because there are two bodies that carry the burden during one's incarnation: soul and physical body. In addition, grace eases and neutralizes many things in time and space. (It is understood that, while within the physical body, a person can advance more quickly than once in the spirit world – with its many distractions. Further, asking for and receiving Divine Love can enable advancement in love than any other pathway that is available.)

In the soul (spirit) realms, there is neither time nor a second body. There, the purging of the soul is far more painful and takes place in longer cycles. (Spirit people with the identical soul condition are group together – called planes.) This means that the soul again relives its wrongful behaviour in all detail, until it learns to recognise itself in this and, through remorse, by asking for forgiveness and by forgiving,

it accomplishes what has to be carried out so that the images, all those event in which it directly lives, may vanish.

In the earthly body, these are often mere memories of unpleasant events, which most of the time the human being hardly remembers in detail, or it is an illness he has to suffer but in which he can be helped, even if only through pain-relieving medication.

On the other hand in the soul realm, there is only the one remedy for relieving pain: Surrender your wrongful behaviour to God, the healing light.

The human being contracts those viruses, which, in their vibration, are in accord with the burden of his soul and the vibration of his body.

What a person sows, he will reap: Parasites are gaining the upper hand. The insecticides used against them as well as the artificial fertilizers may well kill many kinds of life, but at the same time, chemicals promote other pests and new viruses and harmful bacteria. So-called science can hardly register and study them anymore, because they are no longer discernible with even the most sensitive technical instruments. They are, in turn, unlawful forces that affect the genes and, by way of their vibration, the burdened soul, since, as already revealed, everything is vibration. They promote illnesses that are, for the most part, still unknown to the people of the present time. Among these are certain forms of cancer. Specific forms of cancer are transmitted by viruses.

The predispositions for such forms of cancer were already present as a burden in the person or his soul. The milieu that the person then creates for himself through his continued negative thinking and acting causes him to contract those viruses which, in their vibration, are in accord with some of the burdens in his soul. The same applies to the vibration of the body. If it is in accord with certain viruses or harmful bacteria, the body will absorb them. It becomes contaminated because its genes have a similar vibration.

And therefore, it must be revealed that certain types of cancer are contagious.

An unknowing person fights all plagues and dangers. A knowing person recognizes and fights his greatest enemy – the negativity in himself.

This is why a person has to be reminded over and over again: Pay attention to your thoughts! Strive day after day to monitor and control your thoughts! Surrender the negative, and act in accordance with the law by sowing love instead of hatred, by sowing good will instead of jealousy and passion! Always have the well-being of people and of the Earth in mind! Then you will do good.

In this way, many things may be neutralised and transformed in your soul. Negativity, that is, burdens like illness and destructive actions are transformed. You remain or become healthy. Instead of acting destructively, you become a benevolent, kind person, who respects and cherishes life.

Just as a person can sow negative seeds, which he then has to bear as effects, he can sow in a positive sense, too. The effect will then be an ideal and healthy world in which peaceful people live, fostering the well-being of all and committing themselves to this, and therefore, to the peace in this world.



Once you have dealt with your façade, it is very easy to feel your damaged self and release it.

An unknowing person fights everything that seems to him to be a plague of danger. In reality, however, he himself is the author of all plagues and dangers. And so, he should fight himself, which means to recognise his own desires, longings, inclinations and emotions and surrender them to God. It is Divine Love, delivered via the Holy Spirit, the instrument of God employed to deliver the substance that is Divine Love, which is the positive power that transforms all negativity, brightening the world and bringing peace through people who are positive and attuned to the divine. But since every person always sees himself as the “best”, he does battle with his neighbour.

Only when a person recognises that he, himself, is the author of all his positive and negative sensations, feelings, thoughts, emotions and inclinations, will he take a look at himself and fight in himself what he always believed to see in his neighbour.

The neighbour who irritates the person is merely his mirror. In their intoxication with the world, many people fail to recognise themselves and, therefore, do not see the greatest enemy in themselves – the one who destroys the life of the Earth, of his neighbour, and, ultimately, destroys his own life. As long as the individual does not fight himself by ennobling his character, he will always go against in others what, in the final analysis, he is himself.

And so, the human being is himself the pest; he is the virus and the harmful bacterium, because he is the author of everything that has a destructive effect on the world.

The radiation of a person shows the condition of his soul – and shows who he is.

Unknowing people groom only their outer shell (false façade), their earthly body, yet rarely pay attention to their thoughts.

The many human dissonances constantly influence the nervous system of a person, the network that connects him to his spirit body and soul. If the nervous system is tense, healing and life-giving forces cannot flow freely into the person’s body. As a result, burdens of the soul break open and physical organs are weakened.

At every moment, the nervous system registers feelings, thoughts, words and actions. Every external disharmony that can vibrate into the inner being of a person, because like or similar resonances are also there, creates disturbances in the body. The result is yet more tension in the nervous system, the consequences of which are tiredness, listlessness, apathy, quarrelling and dissension. The person no longer master of his forces. Subsequent consequences are blows of fate and illness.

And so, whatever is in the inner being, in the soul – be it light or shadow – can be awakened or intensified from without by noise, negative thoughts, by certain thought forms, by viruses and harmful bacteria, by quarrelling and dissension. The effect can then be seen in the body, according to the intensity of what was, or still is, in the soul.

MODERN MEDICINE IGNORES OUR SUBTLE BODIES:

It is the injuries to our subtle bodies caused by our wayward mind that bring about the manifestation of mild discomfort, then acute pain within our physical body, and ultimately the illnesses and diseases that we then seek medical assistance to suppress. Modern medical systems do not address the cause of such illness. Ask yourself, when was the last time that a medical professional told you what the underlying cause of an illness was?

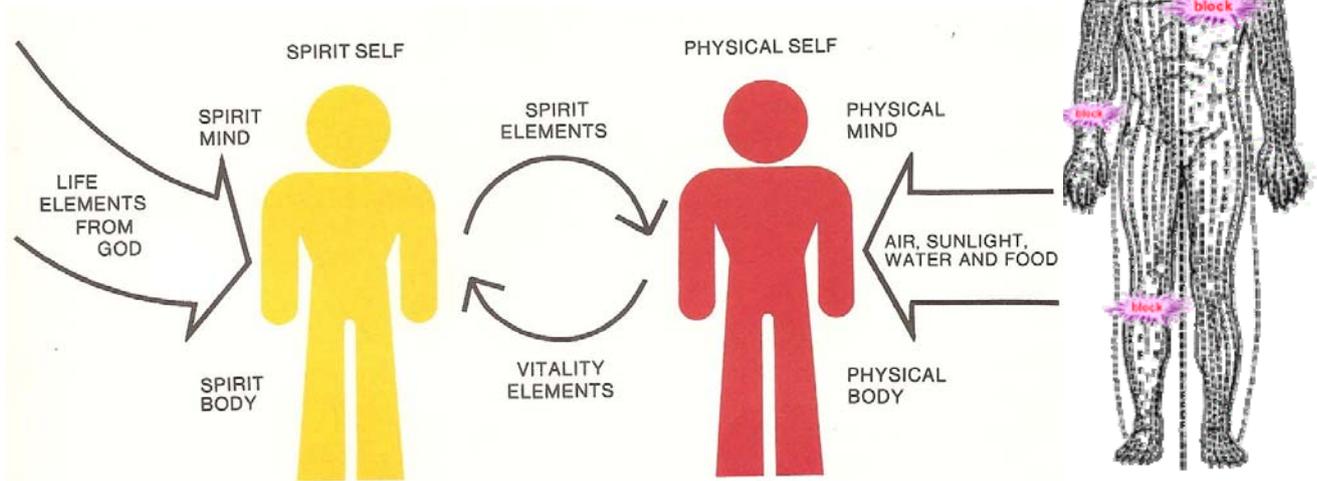
The auric field, that some can see, is the template for our physical body. Childhood Repression brings about energy flow blockages, being stuck and frozen emotional injuries, which then retard the flow of energies within our physical bodies. Modern medicine ignores this reality. The result is that treatments provided are only temporary as the underlying injury remains within our subtle bodies.

We have other bodies that are just as real as the physical body, they are all connected, if we have a problem within these subtle bodies, such problems most likely will manifest on the physical, so why not attend to it utilising a healers help on these subtle levels thereby helping yourself on the physical.

Example, our genes are multi-layered. Our genes are not only part of our physical being but are far reaching. They are:

- on the physical level
- on the emotional level
- on the mental level
- on the psychic level
- on the spiritual level.

We need to understand our **genes are not just physical, but on all levels.**



In fact our issues and illness that we recognise within the physical body are on all levels.

Only by one engaging in the process of Feeling Healing can one delve down into the core emotional issues originating from our childhood, being in the form of childhood repression and suppression, that we can then express and release such injuries and bring about permanent health to our physical body. The process of Feeling Healing is the only way to remove the underlying cause of physical illness and discomfort.

MEDICAL PROCEDURES and RESEARCH



Sometimes You Can Find a Needle in a Hay Stack!

While traditional allopathy medical research focuses only upon the physical body to resolve illness events and health issues, they continue to be like blindfolded mechanics endeavouring to repair motor vehicles.



The physical body is animated by the spirit body, and in turn the spirit body is animated by your soul. The spirit body is of much finer substance than the physical body, and the soul is of an even finer substance, hence research technology in the physical world cannot comprehend these bodies.

Your soul and spirit body is the home of your emotional injuries and errors. These emotional issues create fissures and damage within your spirit body. Subsequently the injuries within your spirit body generate illness within your physical body, at the corresponding location as in the spirit body.

Illness is generated by your soul, however, healing is also generated by your soul. Releasing the emotional injury in your soul heals the physical.

The healing of the body along should never be forced. Complete healing takes place only through the Soul, via the spirit body, via the nervous system and the spirit consciousness of each cell.

Because of a person's wrong attitude toward life, the spiritual life force in one's soul, then through to the spirit body and physical body, is reduced to the point where the organism has but little life energy at its disposal. If the consciousness and subconscious of the cells are highly burdened in their vibration (suppressed), in other words, if their vibration is low, the sick organ cannot be healed by the Spirit via the soul. Medications can accomplish some things on the body, but they cannot heal the soul.

It is not lawful for a person to focus solely on his body, and try to heal it by all means at his disposal. Whoever wants to force healing through the use of medications – even if he believes to have been successful since he has become well again – will only numb the consciousness of the organ concerned and suppress the soul's burden, which may possibly have been on the point of flowing out. The new cause created by such or similar wrongful behaviour has its effects.

Physician and patient should not want to force healing. Instead, the physician should rather try to harmonise and strengthen the nervous system and support the organs with natural medication so that the Spirit – via the spirit consciousness of the affected organ – has the possibility of allowing the healing forces to flow more intensely into the organ and into other parts of the body.

Therefore, the physician in Universal Life strives to bring the entire organism into a higher vibration so that the positive forces can become effective. He, himself, however, will not aim at achieving healing.

A healing without side effects can be brought about only through the Spirit. This is why the following holds true: The Spirit heals via the nervous system and the spirit consciousness of each cell. A complete healing can result only through the Spirit, God, via the nervous system and the spirit consciousness of each cell.

The harmonisation of a person and his orientation to healing through the Spirit, through God, takes place through prayer, through positive thoughts that affirm the healing, through meditation and through harmonious movements, as well as through counselling sessions with the physicians, through spiritual conversations and by supporting the body with natural medications, which should be prescribed and supervised by the physician.

F false
E expectations / emotions
A appearing
R real



**PASCAS
HEALTH**



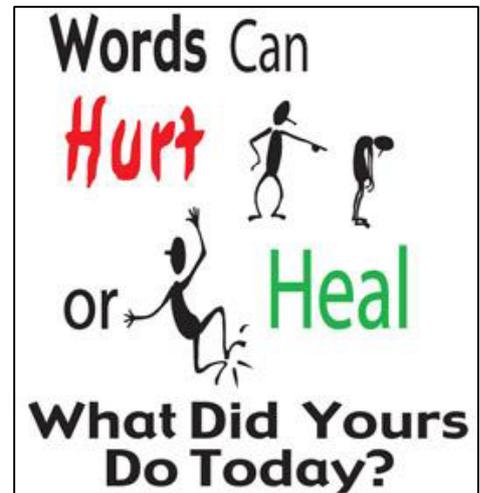
Oxygen is life. The nature body of a human being needs fresh air, movement, a change of milieu and the right kind of food.

The one who is free of hatred, envy, fear and of all unloving feelings and thoughts can attain soothing and healing both soul and body.

The cause lies solely in you.

A good physician, who has the healing of both soul and body of his patients / friends at heart, begins to prepare the body with low potency medications. Gradually he will increase it, depending on the course of the disease, but he will refrain from administering high potencies.

The causes for the appearance of an illness will be so manifold and diverse in kind, that, in many cases, the physicians will have no other recourse than to either admit they are at a loss, or to abandon all reason and irresponsibly prescribe doses of drugs and radiation, which not only give rise to increased physical discomfort but also result in mental agony and suffering.



Many a physician will change his way of thinking and apply holistic therapy, which, above all, is concerned with the soul and only then, with the body.

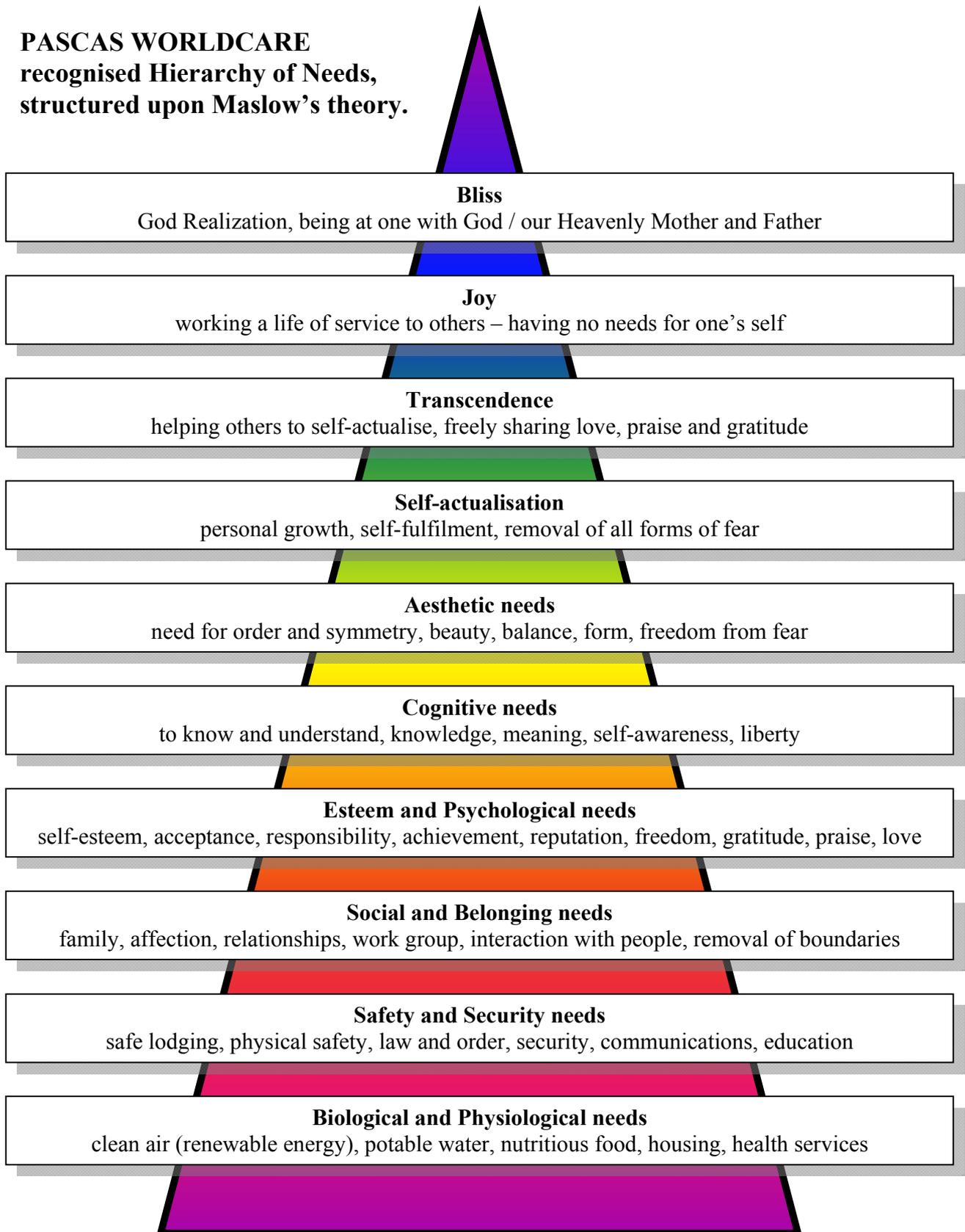
However, holistic therapy can be applied only by a person who has examined himself and has changed his life, from human, intellectual thinking to spiritual knowledge and divine wisdom.

Many of these needy and starving people lack the inner nourishment, the spiritual bread. This means that they lack the right attitude towards life. To motivate these human beings, who live in hardship and famine and are marked by their fate, to strive for true insight and a change of their ways, not only pious words and earthly bread and medications are needed.

A human being needs far more: Sick, starving and suffering people may well have to be built up physically first – but at the same time, they have to be given an understanding of the law “pray and work”. They must be offered the opportunity to work.

I ♥
ME

PASCAS WORLDCARE
recognised Hierarchy of Needs,
structured upon Maslow's theory.



Therapy in the Christ clinic of Universal Life: A cautious adjustment of the organism – The patient learns to pay attention to the reactions of his body – The patient should support the therapy in his thoughts and be prepared for related consequences.

All difficulties, problems and illnesses are based on something that lies in the soul. For this reason, great emphasis is placed on the condition of the soul. Every illness has a cause that lies in the soul.

In the Christ clinics, the **houses of health**, physicians and patients / friends come together as brothers and sisters. Both physician and patient / friend try to find the cause of an illness together, which always lies in the spheres of the soul. The source of all indisposition, illness, worry and blows of fate lies, as revealed, in the spheres of the soul.

The physicians, “apostles of health”, first endeavour to detoxify the body of the person seeking healing before prescribing the appropriate natural remedies. For a tense nervous system and a hyperacid body poisoned by neurotoxins, can hardly absorb the natural remedies or make use of them. In these cases, they leave the organism without any positive effect.

Therefore, the physician of Universal Life slowly readjust the organism by de-acidifying and detoxifying it. They endeavour to treat and stimulate the cell tissues in such a way that they give corresponding signals to the patient / friend, so that he may experience for himself what is good or not so good for him.

Only when the body shows a reaction, are the cell tissues and organs ready to cooperate on their own during the healing. Only then can the organism appreciate the correct and healthy nourishment, knowing how to make use of it in such a way that the sick organs are able to absorb from it the appropriate substance. The same applies to remedies. An active organism makes good use of both food and remedies.

This seemingly new and profound method of healing for the people of the New Era comes from the eternal truth – which was merely buried under the intellect and vain delusion.

It is not lawful for someone to keep listening to the same problem over and over again and to keep discussing it with the problem-laden person. Energy is drawn from the listener and repetitions debilitate his nervous system. In a weakened listener, this can cause an indisposition or even an illness.

Whoever serves selflessly is protected from every impugment. Nevertheless, he is also called upon to conserve his soul energies and his physical energies.

Help your neighbour in word and deed to the best of your knowledge and conscience, yet do not impose your help on him, or force him to accept what you think is right for him.

Recognise that a person’s today is his tomorrow.

This means that whatever he carries out today that is good, not so good, or even unlawful, shapes his future: his continuing life on Earth or even his life as a soul in the spheres of purification.

Since many people are stubborn and obstinate, they have a hard time carrying the burdens they have inflicted on themselves.

Many people are afraid of illness and blows of fate. Like every thought, word and action, fear is a magnetic force. A person attracts what he is afraid of and what he moves in thoughts and words.

If the soul has a lot of spirit power, if it is permeated by light, then the human being is also healthy, for the most part, and his life positive.

The more the spirit power is able to stream into the soul and into the physical body, the healthier and more life-affirming the person becomes, or is.

Quanta are, among other things, spiritual energy carriers for the material atoms and the life force for human beings. They are also the key to health.

The base forces, all unlawfulness, bring about a blockage, a congestion, in the human being and in all material being. This blockage in a person, set off by too little spirit power, leads, in turn, to a great number of faulty reactions.

Let go of your arrogance. Arrogance is a barrier to humility. Arrogance scatters, humility unifies.

Humble people are children of light, who not only bring light into dark rooms but also into hardened hearts. They often light up the heart of a tired, worry-laden, worldly person who sullenly goes to work.

Only Three Things Needed

A L O N G I N G for GOD'S LOVE to ENTER YOU
 A L O N G I N G for GOD'S TRUTH to ENTER YOU
 H U M I L I T Y

Humility is the passionate desire to experience fully
 ALL of your own emotions,
 without blame, judgement or condemnation

**Feeling
 Healing with
 Divine Love is
 the key!**



**PASCA
 PAPERS**

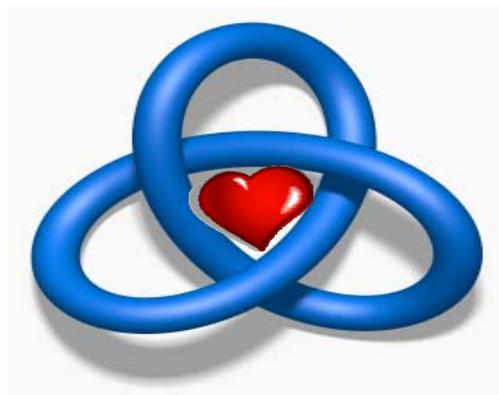


truth

Universal
External



Personal
Internal



Immortality with the Love.

Holistic Therapy –

A person's appearance reflects his soul: either beauty and purity or dullness, plainness, even ugliness.

As long as a person does not live in peace with his neighbour, he is not in unity with the nature kingdoms either.

Feelings of hatred, envy, hostility and revenge also lead to illness, suffering and blows of fate. The cause is always a wrong way of feeling, thinking, speaking and acting. The effect either happens in or on the body, or else a blow or fate occurs in the immediate surroundings of the person concerned. Wrongful behaviour is therefore the cause. The person obstructs the eternal, harmonious forces, the law of love and peace.

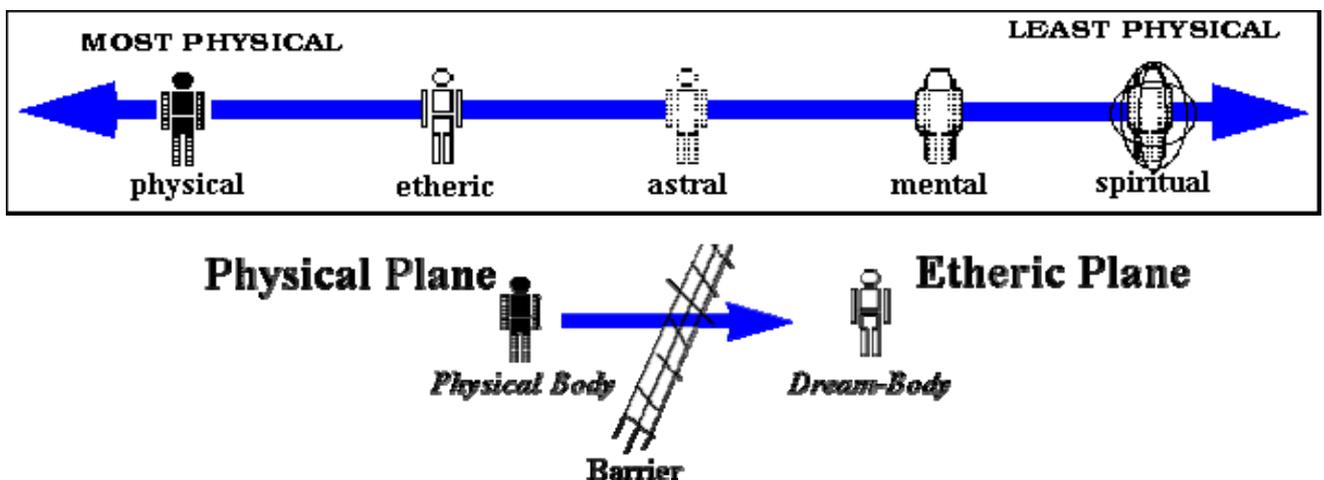
If within a family there is illness, hardship, worry, grief, dissension, quarrelling, hatred, envy, hostility, and blows of fate, causes always lie behind these. The cause always falls back on the person concerned. The person has to bear the cause as an effect. As revealed above, it develops in or on the person, or in his immediate surroundings.

A lengthy preparation is often needed for both body and soul before Loving helping and healing forces can make a breakthrough.

The physicians in Universal Life strive to relax the nerves of a patient / friend. They are instructed to lead carefully directed counselling sessions so that the patient / friend may realise the condition of his soul and endeavour to acknowledge his human thoughts and emotions as the causes of his suffering.

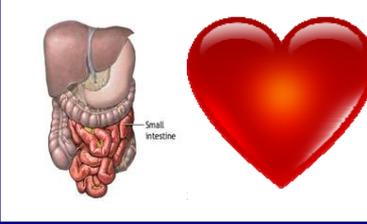
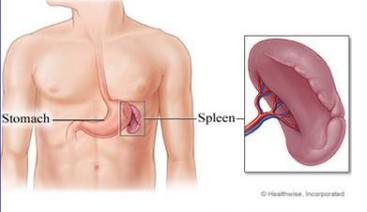
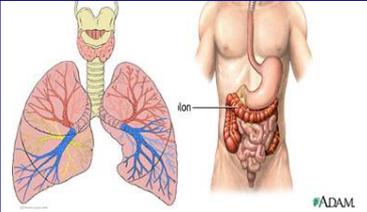
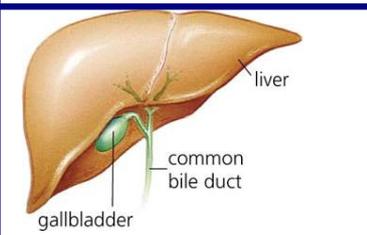
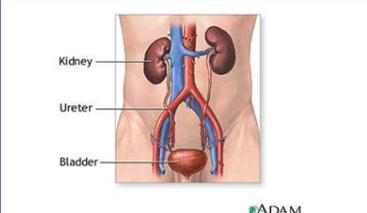
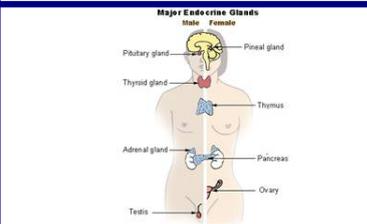
In counselling sessions with the physicians and by means of spiritual conversations that lead to self-recognition, tensions and thought chains are loosened from the consciousness and subconscious layers, provided the person seeking healing is willing to cooperate.

This is holistic healing: The soul cleanses itself of its burden and the body is restored to health.

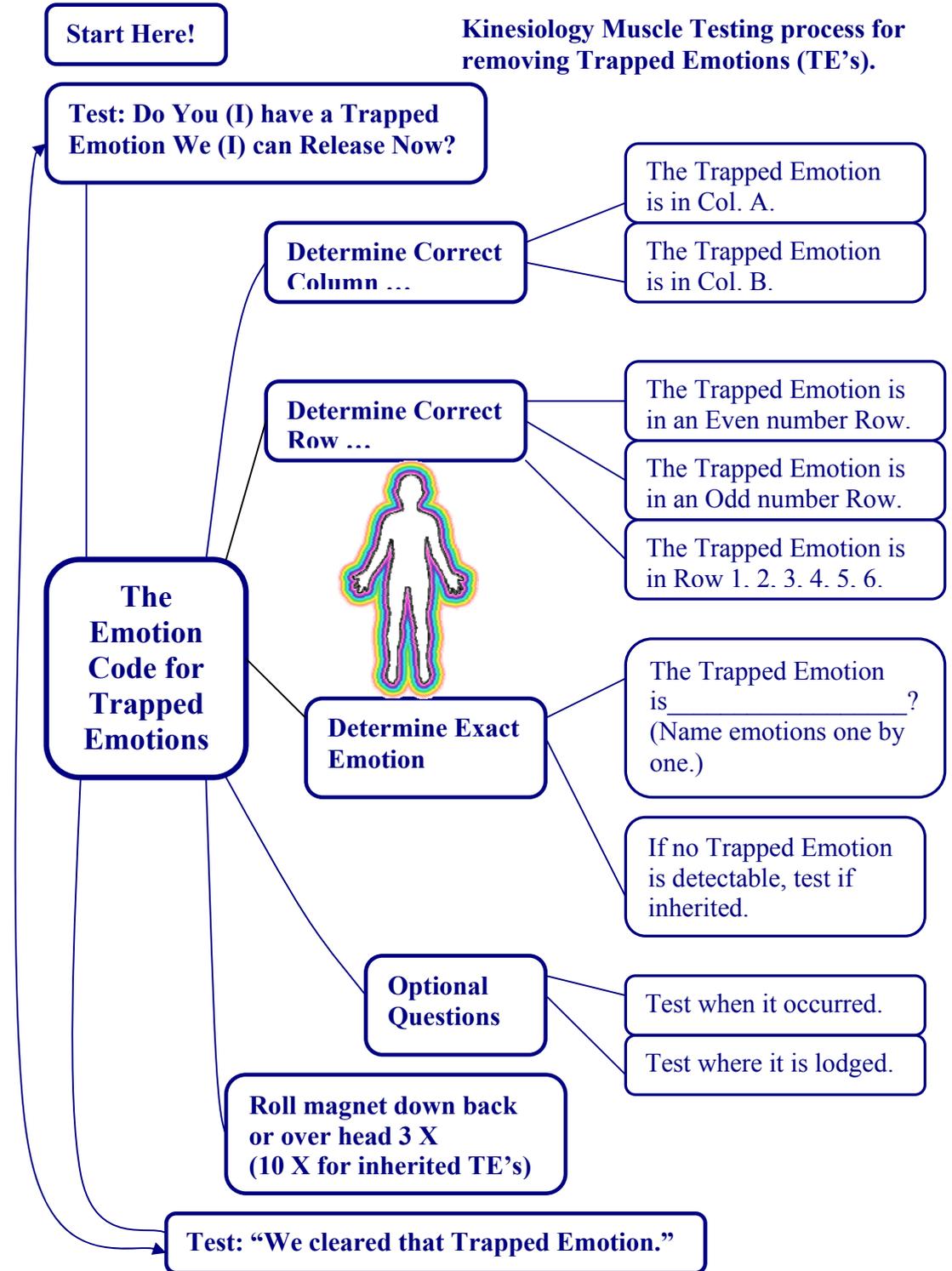


EMOTIONS affect SPECIFIC ORGANS:

Emotional injuries and held errors have specific energy signatures and vibrations. So does each part of our physical body. Errors held within one's mind affect the flow of energies through one's spirit body, the spirit body is the template of the physical body. The resulting energy flow constrictions then initiate issues, and then pain, and then illnesses within the physical body.

Organs	EMOTION CODE™ CHART		
	Column A	Column B	
	Row 1 Heart or Small Intestine	Abandonment Betrayal Forlorn Lost Love Un-received	Effort Un-received Heartache Insecurity Over joy Vulnerability
	Row 2 Spleen or Stomach	Anxiety Despair Disgust Nervousness Worry	Failure Helplessness Hopelessness Lack of Control Low Self-Esteem
	Row 3 Lung or Colon	Crying Discouragement Rejection Sadness Sorrow	Confusion Defensiveness Grief Self-Abuse Stubbornness
	Row 4 Liver or Gall Bladder	Anger Bitterness Guilt Hatred Resentment	Depression Frustration Indecisiveness Panic Taken for Granted
	Row 5 Kidneys or Bladder	Blaming Dread Fear Horror Peeved	Conflict Creative Insecurity Terror Unsupported Wishy Washy
	Row 6 Glands & Sexual Organs	Humiliation Jealousy Longing Lust Overwhelm	Pride Shame Shock Unworthy Worthless

EMOTION CODE™ FLOWCHART



WHEN did the EMOTION become TRAPPED?

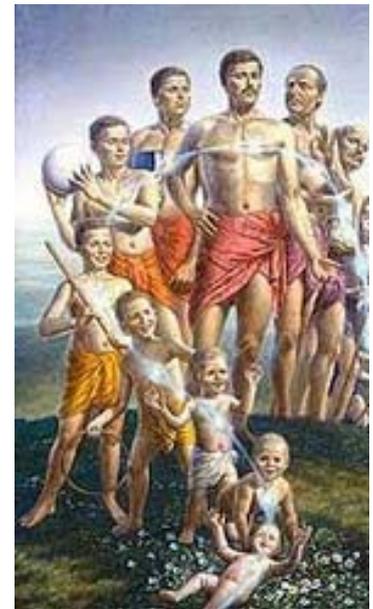
Kinesiology muscle testing can assist in determining when an emotion or cluster of emotions became stuck within your being. Also, testing may suggest the type of emotions held, as well as if they are being introduced by other people. Test statements for being true, the arm remains strong with truth, weakens with error. Avoid asking questions.



After using the Emotion Code to determine the stuck predominate or strongest emotion, then proceed to determine when it became frozen.

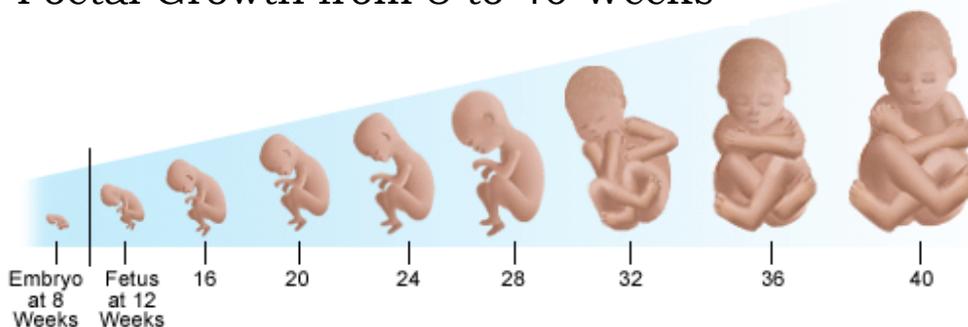
Yes / No

- The specified emotion became trapped before age 28.
- The emotion became trapped during my first full time employment.
- The emotion became trapped during my university time.
- The emotion became trapped during my high schooling.
- The emotion became trapped before age 14.
- The emotion became trapped during schooling.
- The emotion became trapped before age 7.
- The emotion was transferred to me from my mother.
- The emotion was transferred to me from my father.
- The emotion was transferred to me by a sibling.
- The emotion was transferred to me by a close relative.
- The emotion became trapped during age 6, 5, 4, 3, 2, 1, 0.
- The emotion became trapped during birth.
- The emotion became trapped prior to birth.
- The emotion became trapped during 3rd trimester.
- The emotion became trapped during 2nd trimester.
- The emotion became trapped during 1st trimester.
- The emotion became trapped at the around the time of conception.
- The emotion belongs to a relative who has passed away.
- This relative still believes he/she still has this illness.
- This relative spends much time with me.
- This spirit is attracted to me due to our matching emotions.



During our pregnancy and our first 5 to 7 years of physical life, we are like sponges, we absorb the emotions of our parents and our close relatives rapidly and thoroughly thus conditioning us.

Foetal Growth from 8 to 40 Weeks



EMOTION CODE™ Heart-Wall FlowChart

Start Here! Kinesiology Muscle Testing process for removing Trapped Emotions (TE's).

**Test: Do You (I) have a (hidden) Heart-Wall?
Can we release a Trapped Emotion from the
(hidden) Heart-Wall now?**



Determine Correct Column ...

The Trapped Emotion is in Col. A.

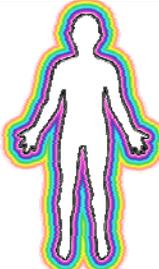
The Trapped Emotion is in Col. B.

Determine Correct Row ...

The Trapped Emotion is in an Even number Row.

The Trapped Emotion is in an Odd number Row.

The Trapped Emotion is in Row 1. 2. 3. 4. 5. 6.



Determine Exact Emotion

The Trapped Emotion is _____?
(Name emotions one by one.)

If no Trapped Emotion is detectable, test if inherited.

Optional Questions

Test when it occurred.

Test any observations.

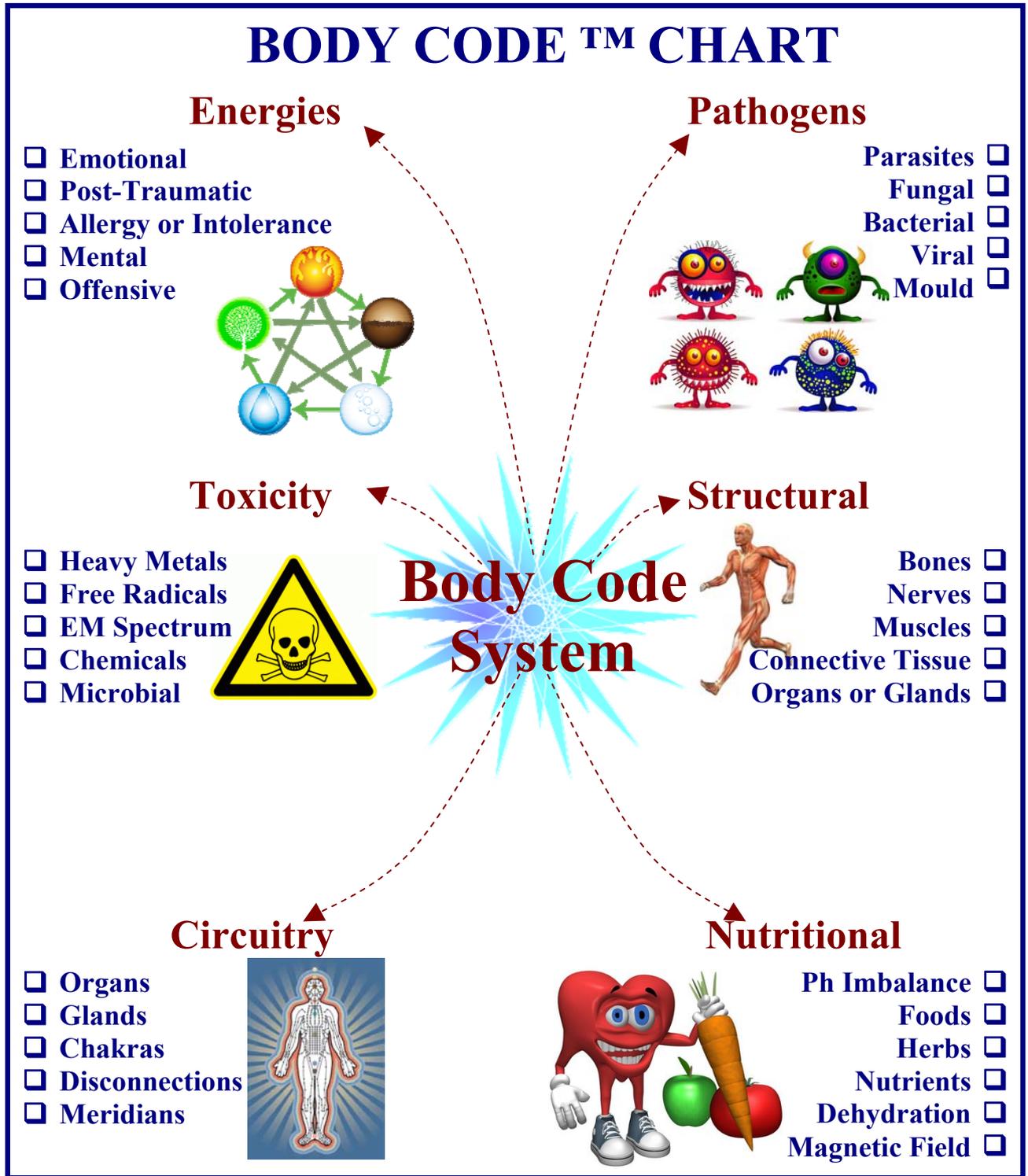
The Emotion Code for Hidden Heart-Walls

**Roll magnet down back or over head 3 X
(10 X for inherited emotions)**

Test: "We cleared that Trapped Emotion."



OUR PLASMATIC BODY and DISCOMFORTS:



51 Emotions

20 February 2014

Good afternoon my dear friends. We have been discussing issues regarding emotions and there are, as with most things, conflicting views. We know that emotions are actively expressed and experienced in the spirit body and physical body and I wonder about the involvement of the soul in this. Are the emotions elements of the soul? Is the soul affected by the expression and repression of the emotions? Do emotional injuries block the entry of Divine Love into the soul? I could ask many questions but the sum of all of them is a request for more information on the soul and its relationship with our structure and function in carnate life and going on to spirit life.

Good afternoon my dear brother and friend. Your curiosity is a worthy feature of your personality. In your considerations you tend to equate soul structure as being an image of The Source, God. In many respects this is so as man is said to be created God's image and this also is so. However, man is a creation by the Creator and an image of the Creator is not the Creator. Even when you consider that it is possible for the individual to progress to the stage of attaining soul oneness with the Creator, you must realise that this is a state of harmony so close that it seems to be oneness but does not mean that the soul and its Creator are one and the same. The soul is born with a massive amount of potential and it is the realising of this potential that releases and displays the soul as it is. Soul progression continues well beyond the point of what is called Oneness with God. If the soul were identical with its Creator this would not occur. Does the soul ever fuse as one with its Creator? I know of no spirit who knows the answer to this question. To the best of our knowledge our progress is eternal.

However, the soul is a most durable and strong structure. We all have one and all are learning about the soul that we have. When it incarnates it enters into the wonderful process which simultaneously sets in motion the creation of a spirit body that enshrouds the developing physical body and the pre-existent soul. The soul is an incredible structure as it brings with it almost unimaginable potential which includes the talents and passions of an individual.

Emotions are not an exclusive attribute of humans as it is easy to observe that animals are well able to feel and express emotion. Their capacity to do this varies a lot dependent on the nature of the animal and their level of evolution. Another factor here is that many animals display their emotions in ways that are recognised by their own species and not so well or not at all by humans. This will indicate to you that emotions are not solely related to a soul as animals do not have a soul as does a human. Their relationship to spirit is quite different and I will not go into that here.

The soul contains all of the elements that makes a human a human. Therefore it contains the elements which modify and direct the expression of emotion in humans that give humans their individual qualities. Despite the variation of emotional expression in different cultures there is a great uniformity of emotional expression throughout humanity. When an emotion is expressed truly by any person it is capable as being recognised for what it is by any other person.

In small children and babies, the expression of emotion is initially quite simple but recognisable and develops as the child grows and is profoundly influenced by the relationship with the closely attending persons be they parents or others. The small child learns a lot by following and aping what is done by

other children and adults so it learns patterns of expression of emotion and learns the acceptability or otherwise of emotional expression. It is taught what is 'right' or 'wrong' in its immediate environment so there develops a great variety of emotional expression and repression.

In all of this it is very hard to describe the association of the two bodies and the soul. The spirit body and the soul are inextricably joined and remain so during existence. While the soul is incarnate, the spirit body and physical body act as though inextricably entwined although this is not truly so. The spirit body and soul are always a virtual single unit which then extends this function to include the physical body.

The soul is displayed by virtue of the development of the human personality and its qualities. The physical body is created with all of its physical elements the shape and function of which are largely determined by its human heritage as provided by its physical parents. Even though the soul has all of its potential in every individual, the fullness of its expression in any individual is directed to some degree at least by any limitations of physical and mental structure although these are not, of themselves, absolute in their effect. By that I mean that a soul which is developing powerfully can shine through and transcend what seem like insurmountable physical and mental odds. This means of course that a human who might appear to be greatly hampered by their human heritage is capable of great soul development while on Earth. There is great individuality in this as in all things human.

Emotions are elements of expressive colouring of a living experience and are, in common with all human attributes, capable of great and wonderful refinement. Every human attribute is capable of artistic development and expression. Emotions colour and shape all artistic development whatever its nature. Every single human activity is capable of being developed and expressed artistically. There is colour and movement in all emotional expression however it is made.

Emotions can be mastered by virtue of developing one's capacity to express them congruently and truly. The truth of human mastery is really only in the process of being discovered. Mastery lays in the achievement of the balanced and harmonious expression of a human by him or her self. Most human mastery is considered to lie in a person's capacity to perform some activity to a very high degree and while this is wonderful in itself it is limited as many masters are actually quite limited in their overall human expression. I am not being derogatory in saying this as these masters are pointing the way to the rest of humanity. Unfortunately, they are often seen as providing an unattainable example.

The true mastery I speak of is the mastery of oneself that allows anyone to be as fully oneself as it is possible to be without reference to anyone else. This is the direction of human evolution in the context of each one's life.

Now, I may seem to have digressed from our beginning but I felt it necessary to lay some groundwork. You must be used to this by now as I am always loath to build any structure without a solid basis. The desire of the soul is that this personal evolution takes place and its potential is directed towards that. The soul desires its full expression and this is represented by the full and complete expression of the personality which develops around it. This evolution has its beginnings in the carnate phase of living and continues then for the rest of existence. There are wonderful reasons for earthly life and these are not to be ignored or neglected. You are not on Earth simply to discover that further wonders await you

in the Spirit World. The Source, God is economical in creation and does not make things for no purpose at all. Everything in your experience is important.

Emotions may be considered to be shaping and colouring tools which are essential in the palette of the spiritual artist. They provide the potential for infinite shades of expression and meaning of this expression. They shape individuality and personality in combination with every other attribute of a human. They provide the potential for absolutely exquisite shaping and directing. As with every other aspect of human living there is much to learn about these wonderful qualities and their uses.

It is often said that there are only two basic emotions and that these are love and fear. This is quite incorrect for several reasons. The first is that love is not an emotion but may be emotionally expressed. The second is that fear in itself is not an emotion but also the expression of sense of separation from The Source, God. The feeling of love may be said to arise when one feels a harmony with self or others which is actually a feeling of harmony with The Source, God. All of the human emotions are really shades and intensities of this sense of harmony or disharmony. Fear arises in the identification with the physical structure that lives and dies with no future at all. It is an expression of the dreadfulness of this condition and is a sense of greater separation from The Source, God. There are many shades of emotional expression and the blending of several emotions together. In some respects this is an oversimplification but is an understandable concept.

Whether a potential of the soul is expressed or not has no direct effect on the soul itself. The soul is not tainted by errors of living nor is it exalted by the successes of living. It is simply less or more visible to those who have the capacity to perceive. From the perspective of the soul it has less or more sense of fulfilment.

Whereas the emotions provide great degrees of shaping, colour and depth they are also the elements that provide precision of feedback to the human who is developing their personality. This is precisely similar to an artist who gains feedback of their performances or work from their perception of their own work perhaps modified by the perceptions of others. The awareness of an individual is an expression of the level of their personal artistic development. The greater the awareness and sensitivity, the greater the value of the feedback. There is unlimited potential for subtlety and refinement in personality development. Remember that I am speaking of the total and ongoing development of a soul's potential in its progress. The potential is not the soul but its capacity for expression and fulfilment.

The emotions may be considered to be the light of the bodies, spirit and physical, and their influence greatly determines the subtle appearance of a being. The visible aura of a being (visible that is to one who has that perceptual capacity) is a display of the developed potential of a soul coloured by the emotional state of that being. This includes the state of physical, mental and spiritual health. When a soul is said to be dark and shrivelled, it is actually hidden behind a dark screen of auric emanation that includes all of the above mentioned elements. Its potential is undiminished even though its expression is severely hampered. Obviously this situation is able to be remedied by the developmental progress that clears this darkness.

The capacity to influence the emotions lies within the soul along with all its other potential. The memories of all of life's experiences which are coloured and shaded by emotion is carried in the physical and spirit bodies and minds but not in the soul itself. The soul retains a purity that cannot be

sullied or destroyed. Its potential remains even if a being has spent aeons in the dark realms and is considered as a lost soul. No soul is ever lost. No soul is ever damned to eternal perdition.

You may ask if we (in the Celestial Realms) have emotion and I will answer that we indeed do. Emotion as we experience it is rather different than yours. In ways it is much more restricted in that there are many of what are considered the normal human emotions that we never feel such as anger, jealousy, resentment or sadness. However we do experience the most wonderful subtlety and shades of colour of the emotions we do feel. Essentially all of our emotion is based on joy so that we experience a range of joyful feelings that are inconceivable to you. This is in no way an expression of any failure on your part but merely a foreshadowing of your potential. This is not something to hanker for now in your lives. Seek instead any small moment of joy that comes your way wherever you find it. The most mundane of earthly experience may be coloured with awareness and attention and the recognition of possibility.

The capacity to deal with emotion in positive and growing ways is reflected in spiritual progress. Remember always that harmony is the bench mark and the key and this always begins with the individual. Individuals may find their most profound early experiences of harmony in shared activities with others and may then learn to extend this capacity to individual experience without such need for external stimuli. However harmony is found is perfectly fine and however it is developed is very much an individual preference.

So as we progress, emotion does not fall away but it loses its roughness and harshness to become smoother but perhaps no less intense. Some emotional experience becomes even more intense during spiritual progress. The ongoing progress leads to the development of a range of beautifully subtle expression which becomes a major element of our communication with each other and with you. There is possible a sweet intensity that is indescribable but which you will enjoy.

I wish in this writing to extend the concept of individual mastery of oneself. This means learning to live well and in harmony with everything that goes to form a human life in the approach to The Source, God. I stress that this mastery and harmony is, by necessity, all encompassing. As with all learning it is necessary to play with emotion as children do in their games. There is a great tendency to believe that each one is controlled by their emotions and this is limiting. Your emotion is your own however you think you acquired it. Own it and learn to love it as it is part of your shaping and your individuality. You and your soul are one and learning this does simplify living as you, as an individual, gain a lot of control that you may have lacked. You align much more closely to the Creator and lose much of the sense of being created or directed by forces outside your control.

There is much more to say about this but I felt a desire to say these things now. We are building, ever building. Remember that nothing you believe or think that you know is absolute. You are growing and learning. There is no haste.

I am your Celestial Brother
Richard

Live true to your feelings, and you ARE living true, not only to your own soul, but also true to God's soul. So doing your Healing by honouring all your feelings, IS living the will of God. And being fully Healed, IS living even more truly the Will of your Mother and Father.

NEGATIVE EMOTIONS are UNINVITED PLASMA FIELDS:

Unhealthy and negative emotions enter our soul as uninvited and unwelcome plasma that then proceeds to disrupt the energy flows of the spirit body which is the template for the physical body.

This plasma fields or balls can grow in size should they be fed with more and more of the same or similar negative emotional energy. A plasma field can collect energy from released and projected emotions from time to time.

These emotional injurious plasma fields are first attracted to specific organs that reflect the energy of specific emotions, the plasma field can then proceed to lodge anywhere within the bodies of the spirit and physical. Thus, an emotion of the heart may subsequently reside within the stomach region, both inside and protruding out there from.

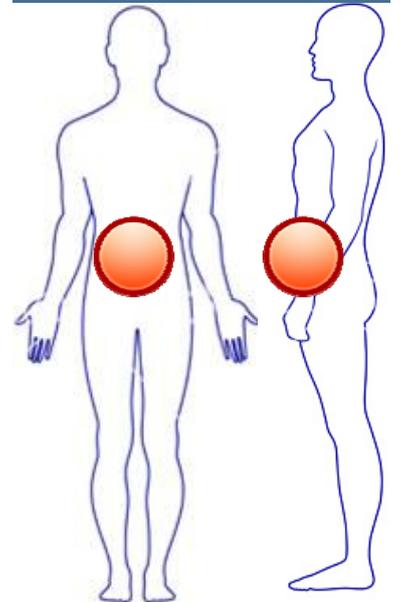
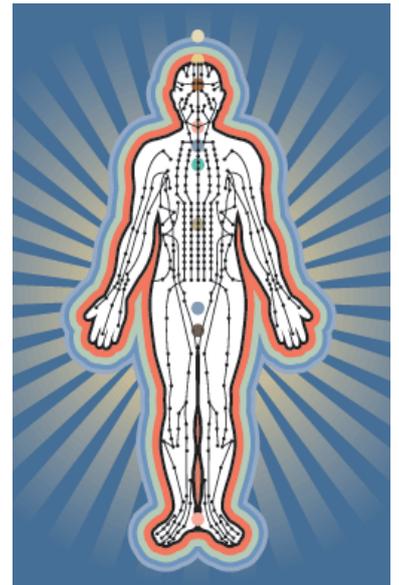
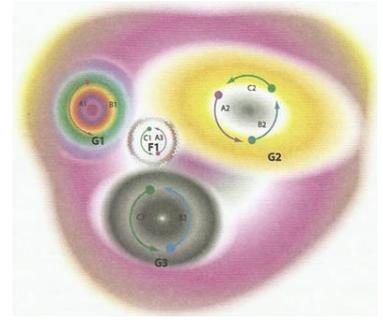
Initially, the injurious uninvited emotional field, being plasma, may be extremely small, however, if allowed to fester and grow by drawing on the negative emotions of those within your environment, the energy field may grow and grow in size from that of a mere pin head to the size of a melon. This progression could take the time from very early childhood to one's senior retiring years.

As all plasma consists of magnetic and gravitational fields, once your intent is focused upon it, firstly recognising its existence, and then focusing your intent for it to be removed, the magnetic field can act in your favour. With the introduction of even a marginal amount of additional magnetic energy, by way of Reiki or by the passing of a small magnet down your meridian, then the dislodgement of the emotional plasmatic field can be achieved.

We are all energetic magnetic beings. The interference to our physical body's template, which is within our spirit body, can readily occur. The transfer of the disruption to the physical body is generally very slow, however, it can be very painful and damaging over the long term.

The extraordinary capabilities of the spirit body are extensively dumbed down and throttled back when it comes to the functionality of the physical body. The spirit body has all of our physical five senses, however, in much greater capacity, as well; the spirit body has maybe a dozen senses in all. Our physical existence is like being on training wheels for our incredible experiences to come within the spirit worlds.

“If cancer was not in our “energy”, then it was not in our reality. If feeling good about ourselves was in our energy, then our reality would be positive.” – Anita Moorjani



ACCESSING and CLEARING EMOTIONS:

- ❑ While we resist any form of soul development, that is, continued to deny the existence of our emotions, we become stagnate. Our fate becomes predictable.
- ❑ When emotions are not changing, the outcome is certain. Emotions being stagnant, the outcome is certain. That outcome is a certainty, which is fate.
- ❑ With soul development, our Law of Attraction changes with our growth and our future becomes far more vibrant than we can possibly imagine.
- ❑ While every emotion I hold onto within myself, I create pain in other people. We are connected to each other. It is soul based changes that make the difference.
- ❑ Every single thing that happens in the universe is affected by my soul condition. Unless the emotion of everyone changes, then what happens is certain.
- ❑ Many who desire to change is not matched by their desire to deal with their emotions.
- ❑ Illness manifested within the physical body emanates from stuck negative emotions from within our soul. Whilst physicians and doctors address the symptoms within the physical body, the soul continues to manifest the same or similar illness until you access and process these stuck emotions.
- ❑ Going through emotions – releases ailments.
- ❑ Typically our soul condition is that of the dreary regions of the 1st sphere. Our communications are filtered through this soul condition. Very few of us speak truth all of the time, that is representative of a 3rd sphere soul condition. Difficulties with communications reflects the soul conditions of those conversing with each other.
- ❑ The energy levels of raw and unprocessed foods are exceptionally higher than those of processed foods especially products from animals such as fish, sheep, pigs, cattle, etc. Our desire for animal produce was impressed upon us by our parents. We are not treating our bodies with love with such diets.
- ❑ Emotions not processed – patient will continue to attract spirits with similar emotional injuries.
- ❑ Channelled healing to the body of patient is temporary, until the patient is willing to deal with the emotion. Natural love spirit can partially and temporarily heal the patient. All that happens is that a slow down in the condition occurs until the emotion is processed.
- ❑ Patient achieves a causal emotional release and Divine Love enters patient, healing is achieved – longing for truth, love and being humble.
- ❑ God / Mother and Father / our Heavenly Parents only deal with causes, not effects.

MAN is not meant to INTERFERE with the DRIVERS of PAIN:

21 September 2011

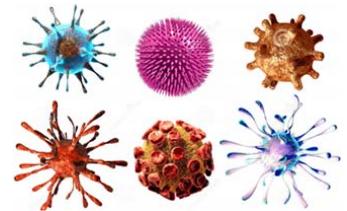
Verna, a Nature Spirit: Mary spoke of the disease resistant microbes coming about because of all the antibiotic food animals are forced to eat in some of the developed countries, well that's our department, one of them anyway. We are the ones responsible for such disease resistant bacteria. You see bacteria are open to easy manipulation from us, and so we're slowly bringing about the disease resistant strains along with the viruses and funguses that will be required by humanity in the times to come.



Humanity is NOT meant to heal itself of all disease by killing off the microbe, by doing things to stop it harming you. Humanity is to grow in truth beyond the need to have such microbes affect it, thereby not having to do anything at all to 'protect' itself from the so-called 'bugs'. The common cold only causes you such bother because you're already causing yourselves so much bother by refusing to feel the bad feelings you're denying. The bother's are the same, the cold coming to you so you can feel how you're really feeling – bothered, that being how your parents made you feel.

Humanity is to see that it's futile to keep trying to solve the problem by killing it, that it won't go away that way. It might be able to delude itself that it's done the job, but it's only short term and the bug will return, even stronger than it was. Had you left it as it was, and concentrated on growing in truth through the doing of your feeling-healing, then you'd have nothing to worry about from the bug. The bugs only cause you the suffering you require because it's what you need to help you feel bad as you refuse to allow yourself to feel as you do – bad. But instead of allowing it to make you feel bad, all so you can express such bad feelings uncovering the truth of them, you try to kill it and make it go away only exacerbating your self- and feeling-denial, only making things even worse for you in the long run.

When you have a disease, all the pain you feel from it IS ALREADY pain that's already within you, it's nothing new. You're not suddenly being attacked by this thing that's causing you all this pain. You're being helped by this thing to become aware of the pain you're already feeling, but are refusing to accept and acknowledge. And because you are denying yourself this pain, it all being felt in your early life and being kept buried within you, so it seems like suddenly your full of pain all because of your disease. And it's true that on a physical level the disease is causing you pain, but on the emotional, mental, spiritual and psychological levels, it's only helping you become aware of what you're not allowing yourself to feel. So do you see, YOU ARE ALREADY THE PAIN, it's all already there in you, you're already feeling it, only you've told yourself you're not. So the bug comes along into your body, your soul allows it to 'infect' you instead of rejecting it, and it makes you feel bad, all the bad feelings that are lying dormant within you. Only they are not dormant, you've just blocked them out, that being how extraordinary the mind is.

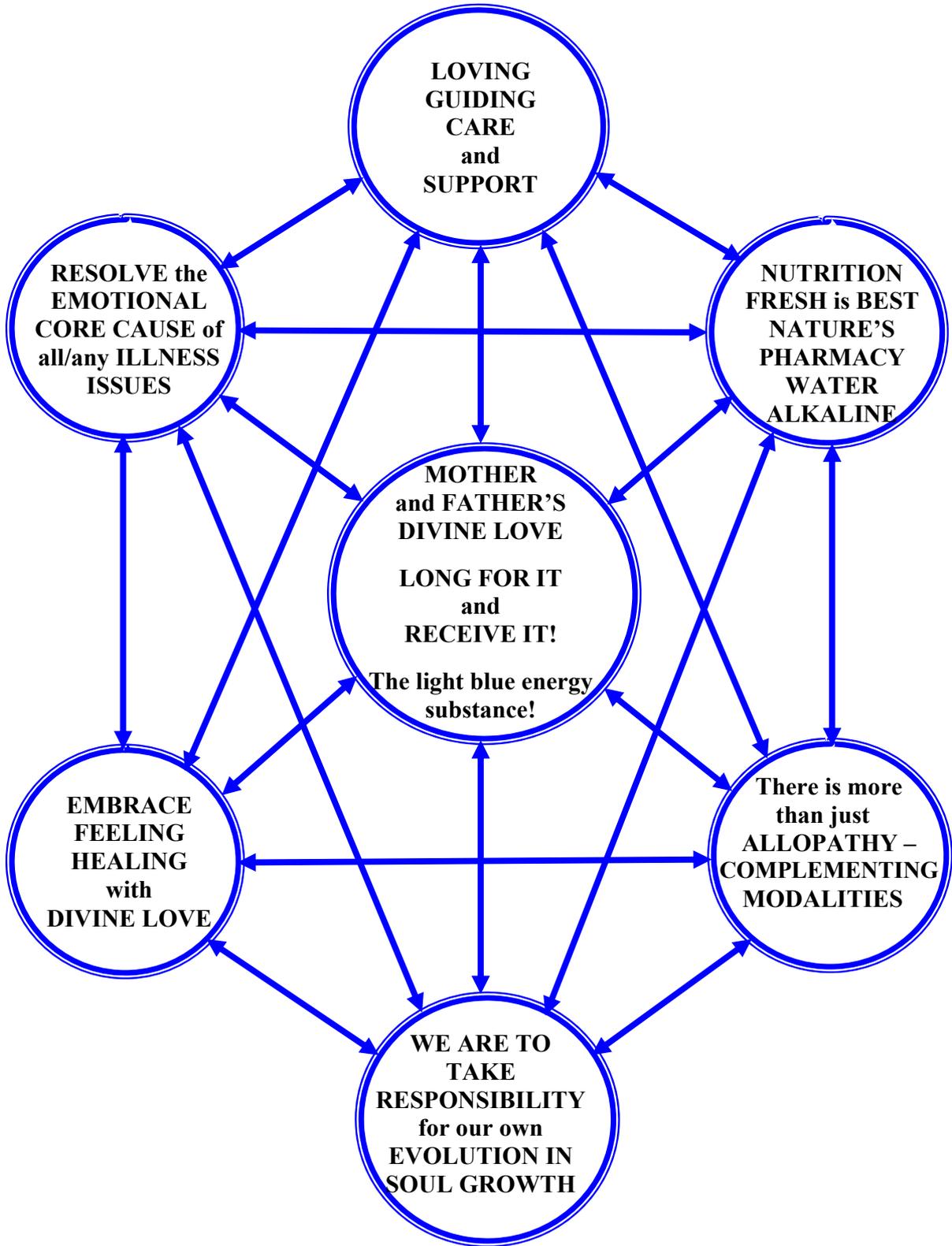


Were humanity true to its feelings and not under the influence of the Rebellion, it would have evolved beyond the current diseases that afflict it. It would have encountered other higher diseases, but would be well on the way to not having to require their help either. There are higher diseases awaiting humanity in the future, as it moves beyond the current ones, but by then such disease will be known for what it is, to help stimulate certain feelings which when expressed and the truth found, bring about the healing of the illness. As for the current diseases, we'll keep making them resistant to your medicines forever, it's all very easy for us.

Extracts from: With Verna – the Nature Spirit by James Moncrief

HEALTH and HEALING

EVERYTHING is INTERCONNECTED!



Feeling Healing – Healing yourself through your feelings.

- ✓ Your feelings are the real and true you.
- ✓ If you are denying any feelings you are denying yourself.
- ✓ If you are denying yourself you can't ever be truly happy.
- ✓ To heal all your pain and suffering, you can look to your feelings for why you are feeling bad.
- ✓ If you want to know the truth of yourself, then it's your feelings you will need to look to.
- ✓ Your feelings hold the hidden keys to unlocking the truth of who you really are.
- ✓ Uncover the truth of yourself through your feelings and you will know why you feel all you do.
- ✓ Everything in life, why all that happens to you does, and everything about yourself, can be explained to you through your feelings.
- ✓ Why your relationships might not be as good as you would like, why some might fail, you will understand through your feelings.
- ✓ How to live a good, true, happy and loving life will come to you as you start paying attention to all your feelings.
- ✓ However you will also have to pay attention to all your bad feelings, and this can be very harrowing.
- ✓ By honouring – accepting and then expressing all the bad feelings you feel, you will slowly bring to light all the reasons why you don't feel good.
- ✓ And as you liberate yourself from these hidden repressed bad feelings, so you will start to feel better and better about yourself.
- ✓ It's a process, and it can take time, years possibly, but all that's hard will eventually pass becoming good.
- ✓ Expressing all your feelings, and particularly your bad ones, whilst longing and really wanting to know the truth of why you're feeling them, is doing your Feeling Healing.
- ✓ You can Heal yourself through your feelings. And in fact, it's the only way to really heal yourself.
- ✓ And if you wish to do your Healing with God, you can also long for God's Divine Love.
- ✓ Feeling Healing – Using your feelings to heal yourself.

Primary emotion	Secondary emotion/feelings	Tertiary feelings/emotions
<u>Love</u>	<u>Affection</u>	<u>Adoration</u> · <u>Fondness</u> · <u>Liking</u> · <u>Attractiveness</u> · <u>Caring</u> · <u>Tenderness</u> · <u>Compassion</u> · <u>Sentimentality</u>
	<u>Lust/Sexual desire</u>	<u>Arousal</u> · <u>Desire</u> · <u>Passion</u> · <u>Infatuation</u>
	<u>Longing</u>	<u>Longing</u>
	<u>Cheerfulness</u>	<u>Amusement</u> · <u>Bliss</u> · <u>Gaiety</u> · <u>Glee</u> · <u>Jolliness</u> · <u>Joviality</u> · <u>Joy</u> · <u>Delight</u> · <u>Enjoyment</u> · <u>Gladness</u> · <u>Happiness</u> · <u>Jubilation</u> · <u>Elation</u> · <u>Satisfaction</u> · <u>Ecstasy</u> · <u>Euphoria</u>
<u>Joy</u>	<u>Zest</u>	<u>Enthusiasm</u> · <u>Zeal</u> · <u>Excitement</u> · <u>Thrill</u> · <u>Exhilaration</u>
	<u>Contentment</u>	<u>Pleasure</u>
	<u>Pride</u>	<u>Triumph</u>
	<u>Optimism</u>	<u>Eagerness</u> · <u>Hope</u>
<u>Surprise</u>	<u>Enthrallment</u>	<u>Enthrallment</u> · <u>Rapture</u>
	<u>Relief</u>	<u>Relief</u>
	<u>Surprise</u>	<u>Amazement</u> · <u>Astonishment</u>
	<u>Irritability</u>	<u>Aggravation</u> · <u>Agitation</u> · <u>Annoyance</u> · <u>Grouchy</u> · <u>Grumpy</u> · <u>Crosspatch</u>
<u>Anger</u>	<u>Exasperation</u>	<u>Frustration</u>
	<u>Rage</u>	<u>Anger</u> · <u>Outrage</u> · <u>Fury</u> · <u>Wrath</u> · <u>Hostility</u> · <u>Ferocity</u> · <u>Bitter</u> · <u>Hatred</u> · <u>Scorn</u> · <u>Spite</u> · <u>Vengefulness</u> · <u>Dislike</u> · <u>Resentment</u>
	<u>Disgust</u>	<u>Revulsion</u> · <u>Contempt</u> · <u>Loathing</u>
	<u>Envy</u>	<u>Jealousy</u>
	<u>Torment</u>	<u>Torment</u>
	<u>Suffering</u>	<u>Agony</u> · <u>Anguish</u> · <u>Hurt</u>
	<u>Sadness</u>	<u>Depression</u> · <u>Despair</u> · <u>Gloom</u> · <u>Glumness</u> · <u>Unhappy</u> · <u>Grief</u> · <u>Sorrow</u> · <u>Woe</u> · <u>Misery</u> · <u>Melancholy</u>
<u>Sadness</u>	<u>Disappointment</u>	<u>Dismay</u> · <u>Displeasure</u>
	<u>Shame</u>	<u>Guilt</u> · <u>Regret</u> · <u>Remorse</u>
	<u>Neglect</u>	<u>Alienation</u> · <u>Defeatism</u> · <u>Dejection</u> · <u>Embarrassment</u> · <u>Homesickness</u> · <u>Humiliation</u> · <u>Insecurity</u> · <u>Insult</u> · <u>Isolation</u> · <u>Loneliness</u> · <u>Rejection</u>
	<u>Sympathy</u>	<u>Pity</u>
<u>Fear</u>	<u>Horror</u>	<u>Alarm</u> · <u>Shock</u> · <u>Fear</u> · <u>Fright</u> · <u>Horror</u> · <u>Terror</u> · <u>Panic</u> · <u>Hysteria</u> · <u>Mortification</u>
	<u>Nervousness</u>	<u>Anxiety</u> · <u>Suspense</u> · <u>Uneasiness</u> · <u>Apprehension (fear)</u> · <u>Worry</u> · <u>Distress</u> · <u>Dread</u>

http://en.wikipedia.org/wiki/List_of_emotions

The HUMAINE Emotion Annotation and Representation Language (EARL) classifies the following 48 emotions.

- Negative and forceful
 - [Anger](#)
 - [Annoyance](#)
 - [Contempt](#)
 - [Disgust](#)
 - [Irritation](#)
- Negative and not in control
 - [Anxiety](#)
 - [Embarrassment](#)
 - [Fear](#)
 - [Helplessness](#)
 - [Powerlessness](#)
 - [Worry](#)
- Negative thoughts
 - [Doubt](#)
 - [Envy](#)
 - [Frustration](#)
 - [Guilt](#)
 - [Shame](#)
- Negative and positive
 - [Boredom](#)
 - [Despair](#)
 - [Disappointment](#)
 - [Hurt](#)
 - [Sadness](#)
- Agitation
 - [Stress](#)
 - [Shock](#)
 - [Tension](#)
- Positive and lively
 - [Amusement](#)
 - [Delight](#)
 - [Elation](#)
 - [Excitement](#)
 - [Happiness](#)
 - [Joy](#)
 - [Pleasure](#)
- Caring
 - [Affection](#)
 - [Empathy](#)
 - [Friendliness](#)
 - [Love](#)
- Positive thoughts
 - [Courage](#)
 - [Hope](#)
 - [Pride](#)
 - [Satisfaction](#)
 - [Trust](#)
- Quiet positive
 - [Calm](#)
 - [Content](#)
 - [Relaxed](#)
 - [Relieved](#)
 - [Serene](#)
- Reactive
 - [Interest](#)
 - [Politeness](#)
 - [Surprised](#)



Person on left is crushed by fear which has diminished the size of the soul. Our soul can reduce in size to that of a pea.

The vibrant person on the right is filled with love and life.

We have a physical body, a spirit body, and our real self which is our soul.



The inner core of our soul is blessed with natural love emotions that all have a high frequency or higher.

Man erroneous emotions all have a low frequency or a very low frequency.



Anger covers over Fear which covers over Grief, these three emotions are the predominant capping emotions.

Human Emotion	Energy Frequency
40.0 Serenity of Being	Ultra-high Frequency
30.0 Postulates	
20.0 Action	Very-high Frequency
8.0 Exhilaration	
6.0 Aesthetic	
4.0 Enthusiasm	
3.5 Cheerfulness	High Frequency
3.3 Strong Interest	
3.0 Conservatism	
2.9 Mild Interest	Low Frequency
2.8 Contented	
2.5 Boredom	
2.4 Monotony	
2.0 Antagonism	
1.9 Hostility	
1.8 Pain	
1.5 Anger	
1.4 Hate	
1.3 Resentment	
1.2 No Sympathy	Very-low Frequency
1.15 Unexpressed Resentment	
1.1 Covert Hostility	
1.05 Anxiety	
1.0 Fear	
0.98 Despair	
0.96 Terror	
0.9 Sympathy	
0.8 Propitiation	
0.5 Grief	
0.4 Making Amends	
0.3 Undeserving	
0.1 Victim	
0.08 Hopeless	Ultra-low Frequency
0.07 Apathy	
0.06 Useless	
0.06 Failure	
0.04 Pity	
0.03 Blame	
0.02 Regret	
0.01 Dying	
0.0 Body Death	

Happiness Domain

Un-happiness Domain

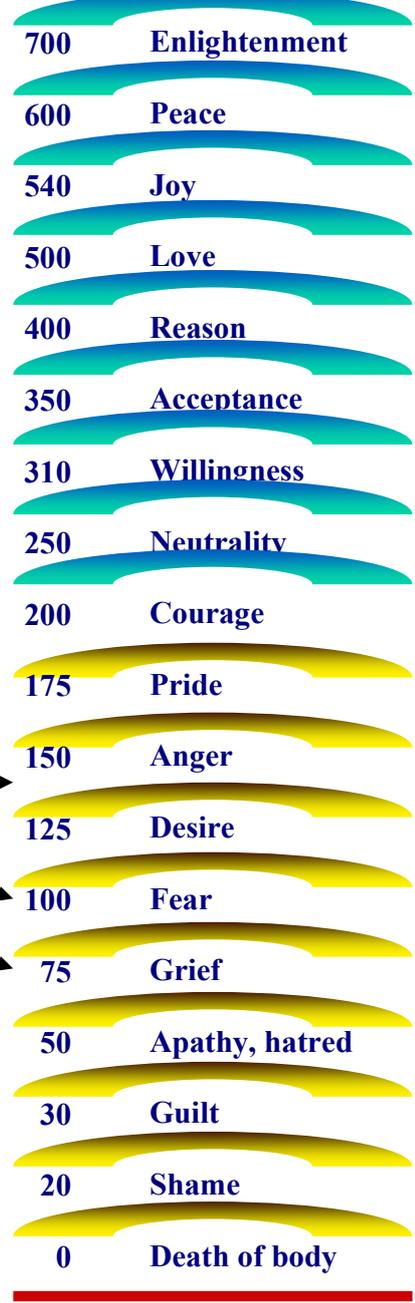
MAP OF CONSCIOUSNESS

1,000

Map of Consciousness represents the emotional and spiritual fields within the kingdom of man which is Spheres 1 – 6.

Consciousness is soul condition, as one's soul condition improves, it expands in size as it grows in love.

The scale is exponential, grows at a factor of 10.



Core Emotions
Anger covers over Fear which covers over Grief, these three emotions are the predominant capping emotions.



Soul expands as it grows in love and condition.



Forbidden Knowledge TV
Daily Videos from the Edges of Science
Ancient Knowledge Part 4.5
**Scientific & Historical Misconceptions, Suppression and
 Manipulation of Info**

'Ancient Knowledge' is a mind-blowing film series that explores the ancient mysteries encoded in the symbols we see all around us.

This episode deals with the fundamental misconceptions of our civilization of materialism and Darwinism and it suggests the kind of concepts which will replace these misconceptions, as our current civilization dies and is replaced by a new cooperation-based civilization.

Video (about 1 hr): [Ancient Knowledge Part 4.5](#)

Specifically consider from 43.15 minutes on – control above genes!

Here is a Full List of the Series and all of the FKTV URLs where the episodes can be viewed:

- Ancient Knowledge Part 1
Consciousness, Sacred Geometry, Cymatics and the Illusion of Reality (Rare Footage)
<http://www.forbiddenknowledge.tv/videos/consciousness/ancient-knowledge-part-1.html>
- Ancient Knowledge Part 2
The Fibonacci Sequence, Golden Ratio, Phi in Nature, DNA and the "Fingerprint of God"
<http://www.forbiddenknowledge.tv/videos/consciousness/ancient-knowledge-part-2.html>
- Ancient Knowledge Part 3
Pyramids, Monuments and Megaliths, Ley Lines and Earth's Energy Grid
<http://www.forbiddenknowledge.tv/videos/ancient-civilizations/ancient-knowledge-part-3.html>
- Ancient Knowledge Part 4
The Real Secret Of How The Pyramids Were Built & Coral Castle
<http://www.forbiddenknowledge.tv/videos/ancient-civilizations/ancient-knowledge-part-4.html>
- Ancient Knowledge Part 4.5
Scientific & Historical Misconceptions, Suppression and Manipulation of Info
<http://www.forbiddenknowledge.tv/videos/ancient-civilizations/ancient-knowledge-part-45.html>
- Ancient Knowledge Part 5
Summary: Magnetic Forces, Sacred Sciences, Anti-Gravity

Keshe INTRODUCTION – KESHE FOUNDATION

<http://www.youtube.com/watch?v=zXSEUuhYJPQ>

HEALING PROPERTIES of SUBSTANCES

Sunday, 25 March 2018:

Verna and Nanna Beth talk to Graeme

Graeme: Good morning James

I've been a huge lover of nature, from a very young age, and about ten years ago my former partner, Christiana, invited me to join her in making a range of 88 Flower Essences under the name: One Garden Divine Flower and Nature Essences. She led the venture as she was able to intuit the "healing" properties of the various flowers and under her guidance (and perhaps her Guides) we made the range of One Garden Essences.

Initially we thought they had "physical" healing properties (like the Dr Bach flower essences) but subsequently we were told that they were vibrational healing tools and assisted in "opening" our emotions so we could more easily process the suppressed childhood feelings locked in our soul.

I still do not fully understand how they work and was wondering if this is a topic that you could ask Nanna Beth.

Till next time we chat, sending my love, Graeme

Verna (a nature spirit): Good day to you Graeme, my friend. It's about time I was 'allowed' to speak again, so if you don't mind, I am going to make the most of it. Now first of all, your love of nature – anyone's true love of nature, and not saying they love nature whilst still doing bad things to it – will assist you in embracing your feelings with the intention of looking to them for the truth they contain, just as will working with the 'essences of nature', that which you captured in the flower essences. Do you know, any part of nature, from a bland old mineral or rock to a newly emerging flower can have its essence 'captured', there are ways, many already known, as to how to go about that, and others as yet, unknown.

When you eat food, drink water, smell nature's fragrances, you're doing the same thing – imbibing the essence of that specific part of nature. And if you could only see the true vibration, the spirit component to these physical parts of nature (including yourself), then you'd be able to see how indeed they do subtly affect you, and on all levels, from the deepest will to the gross physical and all in between. So if one's approach is to use one's feelings to further deny oneself, to move deeper into one's rebellion and default, then flower essences and essences of anything else, all of nature, can be used to help you do that, that which humanity has been doing for these past 200,000 years.

And consequently, should one wish to go the other way, looking to their feelings to heal themselves of their wrongness, then all such things can be used to help you with your Healing. And so how do they help – how do the flower essences specially help you? And the answer to that is a little more complicated, however I will try and apply my mind to reveal to you a little more about our hidden world.

So, let us begin at the true source: your soul. As you understand, your soul drives everything that you are – you being the personality focus of your soul currently in the physical. However you are also your soul as much as you are your personality, the two can't and aren't separate. Right, so you get that part, so your soul is bringing – expressing you in Creation; okay, so whatever your soul wants your soul

creates. So let's say your soul requires the help of a flower essence to subtly affect some part of your unseen auric system, by adding its vibration to your existing vibration, all of which will bring about an effect desired by the soul. That being, one that will help you become more evil or less, as I said above.

Okay, that's simple enough. So, let's say it's important, so far as your soul is concerned, it being the next part in your life – soul growth, and assuming you are wanting to Heal yourself using your feelings – for you to bring up some more repressed anger that is contained within it from your early childhood – let's say; just a really pissed off feeling you felt at your father when he was treating you badly, in this case, nothing specific, just all the indignation and fucked off feelings and a being really angry with him feeling, which you felt yet weren't allowed to express at the time.

And because you are 'into' flower essences, your soul leading you that way, so your soul will use all that's in your life currently, it having made it that way, to help you liberate this anger.

Now you take the drops of a certain flower essence you are 'drawn to', and when taking them it's far better to take them using your feelings, so you take that one because you feel drawn to it and you take that many drops because you feel like taking that many drops, trying to avoid all this take ten drops at three hourly interval stuff, that's all too mind controlling. So like everything ideally in your life, you allow your feelings to guide you when you can, so you take only one drop and your feelings say that's enough. You put the dropper back in screwing the lid on and then suddenly you feel like another drop, and when you're dropping that drop on your tongue, you feel like another drop... then another... then you wait, no more, that's enough. And then a half hour later, I think I'll take another drop, no five drops, and so go.

And if the flower essence is made the right way, you can't damage yourself with them, so you use a base that is neutral for your body and one which itself won't affect you – natural pure spring or rain water being the best.

And as to how long does an essence such as this remain 'potent', well that too is a feeling thing, it remains potent for as long as you feel it is. So you see, you can't be too finicky with your feelings, because for some people it might be a very complex operation, something they are refining to perfection through their feelings, for other people, slap dash, don't really care, take a few squirts, she'll be right, all of which is right for them. However both ways might change as one works deeper into the truth of one's feelings.

Now, the soul sort of issues instructions all the time via light coming out from it into life – Creation. And we and your angels, along with your Indwelling Spirit, can see this light. The angels are far more advanced in this than we mere nature spirits are, however what we're limited to is compensated for by your angels being able to tell us what we need to do, and they tell us in a flash of light, you'd not be able to see it, none of this laborious having to speak words. And it's even faster than your mind circuits work, your telepathy is as laborious as your word-speaking so far as we're concerned, for our 'mind-talk' is so fast you'd not even perceive it happening, and yet it's still laborious compared to how fast your soul is at expressing all the light within your aura that it needs to express.

So we are all attuned to your soul, what it wants done in your aura, which includes your physical. And mostly so far as your physical is concerned, we alter under your soul's instructions, things in your aura,

your subtle system, which then affects your physical – short or long term. Understand that in certain circumstances, we – being your angels – can directly affect your physical, but mostly it's all done from the deepest will level out through all your subtle systems and spirit body.

So, back to your leg and the anger that's going to come up through it. You're sitting on the couch having a moment of reflection, things are going through your mind that you're half aware of, you suddenly feel like having a swig of a certain flower essences, perhaps one drop or many. And you don't feel anything further. Then you talk on the phone about something, you get up and have a drink of something from the fridge as you feel a bit thirsty, and then you sit back down and start feeling edgy, uncomfortable and out of sorts enough to draw your attention to the bad feeling. And then by focusing on it you realise you feel irritable, and then angry, and the pressure within you builds to the point where you want to speak out the anger you feel. So let's say you're by yourself, so you open your mouth and start to growl angrily, and submit to the feelings trying to just let yourself feel as angry as you feel, growling and feeling angrier and angrier, and you long for the truth of your anger, and then pictures come into your mind about how fucked off you feel with your father, and then you realise your left leg is full of anger that seems to be coming up from the sole of your foot, up the leg, right up and out of your head as you growl it out. So what's been going on?

Your soul wants this anger out of you, it's the next phase of anger expression you are to experience, it helping to relieve you of more repressed anger and at the same time helping you see more truth about why you are feeling so angry. And so your soul has initiated light into your aura on all levels making this experience happen. And you being mostly oblivious to this, just carry on doing what you do, and then your angels take their instructions and 'energise' the levels of your aura to make the anger 'physically' work its way up through your system.



The angels make 'light adjustments' – adjustments using spirit light – in your system to allow this anger to make its way out of you by you feeling it coming up through your leg. The repressed anger, as light contained in your soul, moves through your will levels, then your will activates it to move up your leg with your angels helping to adjust your system where needed. And your system needs continual adjustments, your soul does it all with light, but your angels do all the hands on stuff as determined by your soul. So your angels are always tinkering within your aura.

Sometimes they can do one adjustment with a lot of light and that will set you up for a day, week, month or even years of what you will need, this happening when you're more settled into your wrongness and it's all pretty obvious where your life is going on the subtle levels, so your angels don't have that much to do other than just keep monitoring your soul in case other instructions are forthcoming. But if you're actively doing your Healing, well your angels don't get a moments peace – which they love, by the way, angels want to always be active, the more active the better, they find it very trying when you are stable and going against yourself, but when your are wanting to work with your feelings and grow in the truth they'll help you reveal to yourself, well they are in heaven, it's what they've been made to do so far as helping you goes and they can't get enough of it.

So your angels are adding and subtracting light from your auric systems as fast as your soul is shinning more light into it. And along the way, all you are doing is, used, it's all part of it, so if you use a flower essence, it will be used, it will stimulate a certain vibratory reaction on varying levels within your unseen system, with your angels incorporating it, using it, adjusting it – modifying it, possibly toning it down or amplifying it, and so it goes with all your food, all you do, see, sense, all you are, all the time being a symphony of light, constantly in change, even though you might feel at peace resting on the couch one moment, then suddenly, seeming out of nowhere and for no reason, anger is coming up your leg and you're feeling so fucking pissed off that you can't believe how angry you do feel.

So as you can see, it's all very complex, you don't have, and can't have, any idea just how much is going on within you all the time, all so you will feel what you need to feel, so those feelings will lead you to the truth you are to see and then live. And with your mind playing along doing its bit, to help stimulate, change or deny feelings in keeping with the beliefs and behaviours you established through your forming years.

So you might ask: well are things like flower essences actually necessary? And simply, they are if you want them to be part of your life, they aren't if you don't. Which is how all your life is. With some people being drawn to such things, and possibly only for a season, others with no feeling of interest and a few wanting to dedicate their life's work to it. And as you understand, whatever your involvement with anything in life, it's going to be vastly different should you want to live true to your feelings, than living by being untrue to them. And by living true, as you are going to be changing a lot, so you will change a lot in your relationship with all that you do in your life. And so it will be the same should you want to work specifically with the flower essences.

In time there will be people who are doing their Healing and who'll be more in tune with us nature spirits, working directly with the essences of nature, understanding that it's all a vibrational thing and something that can be used as an adjunct to your Healing or just as part of your Healing life. The essences are not meant to be medicines as such, however they can work powerfully in conjunction with what your angels are doing within you. And to always bear in mind, that it's your angels that will be working the wonders within you, not anything else, with the other things like flower essences being something the angels work with, because it's all part of your current life experience as determined by your soul.

And in time, people will just intuitively feel, or even by speaking directly with us nature spirits, how to grow plants lovingly and truly based on the truth they are revealing through their Healing, all so as to maximise the benefits the plants offer you, either through direct ingestion, or like using the flower essences or other ways still to be discovered. Your relationship with nature is about five percent of what it could be. Even those people working with spirits and nature spirits are doing so on the mind levels or the lower Mansion World and Earth plane levels, so you've got a long way to go, all the Mansion World levels then into the Celestial levels to increase your relationship with nature. And like as with everything, some people will be more drawn to one specific area or another, some generally taking bits of it all, others not interested much in nature preferring to get on with being fully interested in themselves – their own feelings. But overall, everyone contributes to society by expressing their truth, and as the truth increases within people, so does the overall level of society, so society grows in truth reflective of all who comprise it.

So to summarise, such things need to be looked at in a truly holistic level (or you could say, a 'soulistic level') so that they can be used in conjunction with your Healing. You can in theory, look ONLY to your feelings for the truth they are to show you, not needing any other healing help. And there will be people more wanting to live this way, however because you need life to stimulate your feelings, so you will be drawn to certain things, some to do with nature, others to do with people and others with everything else, all to help stimulate that which you'll need to give rise to the feelings your soul wants you to express.

Graeme, you might find the flower essences are helping you enjoy and love and expand your relationship with nature more, which gives rise to feelings that help you expand your relationship with yourself. You might use the essences to help stimulate your emotions and feelings as you want to live that way, and so they will be used to help you in that capacity. And you can express your feelings, longing for the truth of them, telling your Mother and Father what you want – whatever you feel, with the flower essences helping you on the subtle levels.

I hope I've not confused you too much. Please ask me about anything if you don't understand. I have wanted to try and give you a bigger picture so you can draw from it the essence of what you need from it. It's all there, contained in each feeling, because each feeling expresses more truth – the truth of why you're feeling it, that which is what you are to find and then live.

Love Verna.

Nanna Beth (3rd Celestial sphere): What Verna is wanting to help you understand is that there's so much going on within you on all levels, that trying to use your mind to work it all out in the hope that it will help you, is all but futile, as you never will, not until you at least attain Paradise, and even then that's only one phase.

Too many people, Graeme, approach everything through the mind, wanting to dissect it in the misguided belief that it will help them. When what helps you is trying to **stay true to your feelings, expressing them whilst longing for their truth**. And we keep stressing this to keep bringing you back to the simplicity of it, and it's something the mind can't really deal with, it having been programmed to be the controller and master of understanding. But to keep looking only to your feelings is all that's needed without needing to go into the mind side of things unless it's where your feelings lead you to.

James uses his mind for this work, but that's about it, the rest he's trying to look more to his feelings, easing the control of his mind. And **feelings, once you start allowing them to have their say, are far more interesting than anything the mind might be**. You can use your imagination to fantasise about all sorts of things, and some people consume their whole life with such indulgence, however **when you start living more closely to your feelings, your feelings might not be so varied, however when and how you feel them, and what they lead you into seeing about yourself and life, will be far more fascinating than anything your mind could conjure up**.

There is never going to be a remedy that people can take that will heal themselves on any level. **The remedy is the truth we're revealing to you about your feelings. All the rest is simply an add-on**, something as Verna said to help stimulate experiences in life, all so you can feel more feelings. So it's

not to say no to doing or being interested in certain things with the mind, but rather to keep wanting to feel and become aware of the feelings that are happening along the way. You can use your mind to block out your feelings, however your feelings are still always there, so it's to try and keep them up within you and not blocked out whilst you apply your mind, is one way of trying to stay more attuned to them.

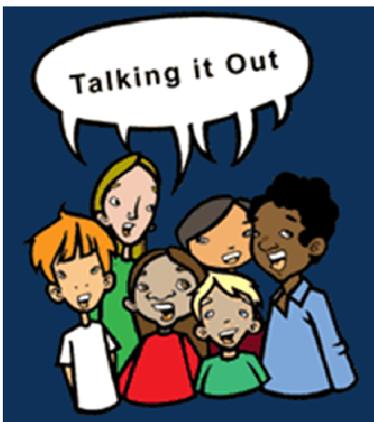
Love Nanna Beth.

The JOURNEY for KIDS with LIVING FEELINGS FIRST:



Being Unloved and Rejected!

We, as parents, endeavour to impose upon our children the personality we desire, in the same manner as our parents did to us, thus perpetrating century old cycles. We substitute the personality that our Heavenly Mother and Father have vested our children with, thus suppressing our children's free will. Through Journey for Kids with Feeling Healing we are able to bring about Living Feelings First. One can begin to live true to themselves and express their true personality. We are to long for the truth behind our feelings, both good and bad, and express our feelings to a friend, thus steadily shedding our childhood repression and suppression. In this way we will end the cycle of humanity retardation and become free to be whom we truly are.



SUPERKIDS

Natural self Expression through Feelings

Self Empowering
Self Revealing
Self Loving



Feelings First



I'm a
free
spirit.

27 March 2018:

HEALING PROPERTIES of SUBSTANCES continued:

John: Hello Nanna Beth,

Thank you for introducing the foundations of comprehending the contribution that Flower Essences may provide on one's journey through physical life.

May we expand this topic to consider the various roles and similarities that the following may have with one's physical well being and journey of discovery through life:

Flower Essences

Crystals and other rare and precious stones

Homeopathy (minute vibrational traces as recognised by Samuel Hahemann 1700s)

Nutraceuticals (being low concentrations of properties found in food)

Pharmaceuticals (being high concentrations of properties found in food – to the level of toxicity)

and Food all natural without being processed within factories.

Considering your comments relating to Flower Essences, one may need to consider just how much effect do we have in our own physical healing by engaging with any of these modalities?

Is it that what has been outlined relating to the contribution that Flower Essences have in assisting with one's physical wellbeing, are the various other modalities suggested above just variations of the same process that applies to Flower Essences, with higher levels of error within their prominence, pharmaceuticals being the most problematic generally speaking?

Would you kindly comment on each of the platforms please?

Nanna Beth: Yes. The same applies, as you said to James, it's all what your angels have to take into consideration in accordance with the needs of your soul. If you are to die from or within your negative state, then it doesn't matter what you do along the way to try and heal yourself, your angels will be working with any alternative or regular medicine or healing modalities. And as you know from people's lives, some things work for them, others not, some even miraculously, others having no effect. It's what the individual needs, it's all too personal, and



needs to be dealt with and looked at personally. You've all had such diverse childhoods, you're extremely complex in your unloving complexities, and trying to heal yourself from the outside in is not going to do anything for you so far as healing yourself from the inside out which you do through your Healing. It's all the minds way verses the feelings way. Any therapy or medicine or other remedies are all approaching it from the mind, let our feelings work, and use these other things as required, all so long as you keep focused on your feelings for their truth.

Assuming we are wanting to Heal ourselves using our feelings – for we are to bring up our repressed anger and emotional issues, both good and bad, that is contained within our soul, mainly from our early childhood.

As an overview, nature spirits are all attuned to the soul of a personality, and what is wanted to be done in the aura of such soul, which includes one's physical. And mostly so far as our physical is concerned, nature spirits alter under one's soul instructions, things within the aura and the subtle system, which then affects the physical – short or long term. Understand that in certain circumstances, nature spirits and angels can directly affect our physical, but mostly it's all done from the deepest will level out through all our subtle systems and spirit body.

Nanna Beth: It's mostly your angels that affect your system. The nature spirits can help them at times, but it will be all through the guidance of your angels.

Just how much effect do we have in our own healing of our physical discomforts, pains and illnesses?

Nanna Beth: It depends on what level you're looking at it from. On the highest or inner most level, you have no effect, it's all between your soul, Indwelling Spirit and angels, that any actual healing occurs. On a feelings level, you can attend to your feelings causing these agencies to react accordingly, so you have some effect, albeit indirect. On a mind level you can believe you have an effect, yet these agencies are 'allowing' you to believe what you will. And you can take a pill and your headache goes away, so believe you are fully in control of yourself – however, are you really?

Just how does our man-made conjured up systems of flower essences, crystals, homeopathy, nutraceuticals and pharmaceuticals actually contribute to the healing of one's physical body of its discomforts, pains and illnesses?

Nanna Beth: Look at it this way John, whilst you're living against your feelings, so untrue and evilly, any of these things will be used to help you go that way. So you might use them and your pain goes, but that only sucks you more into believing you are doing the right thing by helping yourself. So you might be 'healing' yourself by taking the pain away, yet you're not truly Healing yourself by allowing your repressed feelings to surface so you can uncover the truth of them. And so the angels will manipulate your system accordingly. So being wrong you might even be miraculously healed, but it's the same thing as Sage pointed out. It's how you want to live your life. It's all been one way up until now, and now an alternative and opposite way is being 'earthed'. All the parts humanity has worked out for itself, it just hasn't been able to be put all together. As Verna said, you don't need any of these 'healing' things to help you look to your feelings, you only need yourself looking to your feelings. If you are shut off to your feelings, you might need help to open up to your feelings, and anything can help you with that.

If we are looking to physical means to heal our body, then to what extent is the quality of food important to the process of physical healing?

Nanna Beth: It's the same as I said above, the quality of food is irrelevant. If you are wanting to continue living untrue to yourself, then it doesn't matter what you eat as the food itself is not going to stop you, it will only help you keep living untrue. If you are Healing yourself, then you'll move with

what foods you need as you need them. You can try and control such things using your mind, this all being part of the control you'll need to deal with, but in the end you'll see that the food is irrelevant, the body will look after itself as you keep attending to your feelings. However naturally the higher truth you live, so the higher vibration of food you'll be drawn to, yet you can't say that means everyone will eat organics and be vegetarian because until everyone is, everyone will be as their feelings dictate. It's a matter of shedding preconceived mind concepts. You are not doing your Healing to fit into your mind. You are breaking your minds control down to fit in with your feelings.

Fresh is best when it comes to food and the ultimate vegetables and fruits that we can imbibe is that which is grown within our home gardens, is this an appropriate observation?

Nanna Beth: Yes it is, however that too is relative on polluted Earth. Still it's what humanity will one day get back to.

The long journey that we are to embrace is feelings first, stay true to one's feelings, expressing them whilst longing for their truth. Our feelings are to lead the way, with our mind in support to follow and to assist in implementing one's feelings.

Nanna Beth: Man can't heal himself using his mind, God can only heal you. And to allow God to heal you requires submission to your feelings. You need to allow your feelings to take you back to your early life, so you can feel yourself back there now as an adult. So you can express now all you felt back then, and see how and why you became as you are, and how stuck and imprisoned you are in your mind's control. And all you can do is keep accepting it as the truth comes to light, expressing all it makes you feel. And when you no longer need to be the way you are as you've seen all the truth of it through your feelings, then God through your soul will change you. And your inner transformation will occur, taking you out of your wrongness into your rightness. And your angels will do most of the actual hands on healing that you require. You – we – only need to keep attending to our feelings, that's the key to it John, but attending to them the right way, wanting to uncover the truth of ourselves, our soul and God want us to see. Anyone can express their feelings even looking to them wanting their truth, but it's wanting to understand and live the whole truth of yourself, which currently is the whole truth of your negative state, that's what needs to be addressed first. Then you set about understanding as you reveal to yourself the whole truth of your positive loving state – once you become of a Celestial level of Truth and are fully Healed.

I'll speak to you soon John – love Nanna Beth. Keep being willing to express any negative feelings you have about SI and Pascas, it's okay, you can go as far as you want with them, as none of it is going to change the outcome, that side of it, as to whether it happens or not, is not up to us but what our Mother and Father want. But what we feel along the way is up to us, and what They want us to focus on.

Thank you for this incredible opening to the reality of man's futile belief in its capacity to be able to 'heal' one's self.

Love John

We, being ensouled humanity, are to move with our feelings, respond and act upon our feelings, we all are, and so based on our feelings we bring our mind into play, and then things happen which affect our feelings and so our mind adjusts accordingly.

Everyone at their conception gets their angelic pair as well, and they will be with you right the way to Paradise and then possibly beyond too. So it's a wonderful relationship, we have our soulmate and our angel pair each, all the way with us. It is all amazing.



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info@pascashealth.com

WE EACH have a Nature Spirit pair, Spirit Guide pair, and an Angelic Pair:

For those doing their Healing or are interested in doing it will from that time have their own personal angels, spirit guides and nature spirits with them, with whom they are to develop their own relationships should they want to. It is not about ‘sharing’ the same angels or guides or nature spirits, it is about you relating specifically to your ‘own’ ones because they are provided for YOU. It’s all for you, to maximise the experiences we each need.

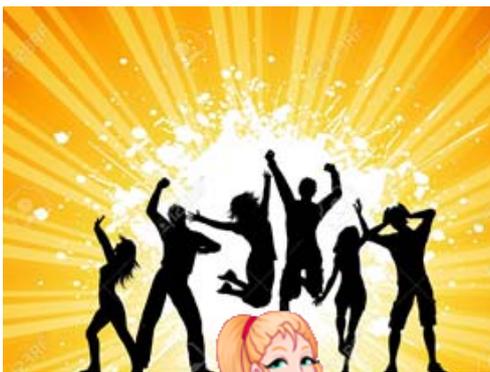


We are all to have our own pure relationships. And it’s the same of course in life with your friends, however over there, in spirit, dealing with Nature Spirits, Spirit Guides, and Angels, it’s more personal and private and ‘JUST FOR YOU’. So we have our own separate, unique relationships.

For example, Nature Spirit Verna has been assigned to be specifically and only with James, and she ain’t going to be assigned to anyone else, so she won’t be sharing herself around.

This is SO IMPORTANT to understand so that in future there won’t be all these people claiming to be speaking with Verna or Mary Magdalene or Jesus or Nanna Beth or anyone else who is part of it all in such capacity. Mary M and Jesus have spoken with James as they have, making it quite clear he is all they are speaking with.

We each have a band of a Nature Spirit pair, Spirit Guide pair, and an Angelic pair, each pair being in their soulmate relationship. Even though we are ascending mortals having a soulmate, even our soulmate has his or her own group of six personalities assisting him or her. Our assigned Nature Spirits do not continue with us into spirit, our Spirit Guides may for a time assist upon entry to the spirit Mansion Worlds, however, our Angelic pair continue with us for eternity.



Feelings
first

Saturday, 31 March 2018:

COMPLEMENTARY THERAPIES

John: Hi Nanna Beth and company

Mind control in its extreme is demonstrated through various complementary therapy platforms. Examples being: Emotion Code as introduced by Dr Bradley Nelson.

Dr Nelson has gathered a wonderful data base that researchers will clearly be able to demonstrate the relationship of suppressed and repressed emotions when relating to physical discomforts, pains and illness. In fact, the emotion code chart that Dr Bradley Nelson has published is the result of many thousands of observations that he and his practitioners have observed over many years, and the results are simple and precise for anyone to understand. Generally, specific styles of emotional injury are directly impacting upon specific organs and parts of the physical body. It is as though the energy frequency of a given emotion is matching to the energy frequency of a given organ or part of one's body.

However, Dr Nelson's methodology of 'releasing' such unexpressed emotions is the direct result of one's mind being employed to further repress given specific emotion or emotions that are causing physical discomfort. Dr Nelson is taking people further away from their true selves – their feelings and the truth that one's feelings are to show them.

Healing Code as introduced by Dr Alex Loyd. Dr Loyd is also focused upon the understanding that emotional issues are the drivers of discomfort, pain and illness. However, he also takes people further away from themselves by empowering people to use their minds to further suppress the underlying emotions through a process of tapping. The mind convinces the person that the issue has been addressed whereas it is still there continuing to fester further thus bringing about greater issues at a later time. Again, the truth that our feelings, both good and bad, are shunned, the truth is avoided.

Meditation is often used to take a person further away from themselves.

The art of 'stilling the mind' through meditation can only be considered as of the greatest negative residues of the Rebellion and Default possible. Taking a person further and further away from their feelings and not allowing any form of truth to be sought from one's feelings. Though some forms of meditation do explore one's feelings, these processes never delve deep enough to be shown the truth of their feelings.

Would you kindly expand on these comments as I feel they will complement the writings of the last few days relating to substances and their in-effectualness in healing please?

Nanna Beth – 3rd Celestial Heaven: Look at it this way John, humanity is in the shit, and has been for a very long time. And so has had a long time to study the shit. And it can work out that it's in the shit and what the shit is all about, but that's all it can do. It can pretend that it can take itself out of the shit, but it can't. It's not allowed to.

Not until someone comes along and does really heal themselves of it, and someone who has the spiritual authority to allow others to do the same. So that's where we are. The authority is making the revelation to you.

People can now choose to study how to Heal themselves, this being the next phase and ‘science’ people will apply their attention to. The great writers of humanity have well and truly documented the wrongness, you can see it all, and you know it comes from your early life. And many have tried to work out ways to heal themselves.

But **without looking to your feelings and wanting to uncover the WHOLE truth of them, you can’t heal it.** It’s as simple as that despite what anyone does with their emotions and feelings. And many people in their endeavours to heal themselves have done some real Healing, if they at any time looked to their feelings for their truth, truth would have been forthcoming. So humanity has gained a little truth over the years. However because of the feeling-denying forces of the Rebellion and Default, the level of truth has remained very low. Now however **with the keys being given to you as to how far you have to go and what is really involved in doing your whole Healing, so that is the New Frontier awaiting mankind.**

And in the end there will be far more books written about people’s Healing and all they come to understand about every facet of themselves and of it, than there have been about people documenting their wrongness. It will prove far more fascinating to those people who get right into it. And all of that creativity is waiting as a whole new aspect of Creation to be expressed – how humanity Heals itself of its rebellion and default.

By living true to ourselves, true to our feelings, we are living true to God. It’s that simple.

To liberate one’s real self, one’s will, being one’s soul, is begun by embracing Feeling Healing, so as to clear emotional injuries and errors. With the Divine Love, then one is also Soul Healing. We are to feel our feelings, identify what they are, accept and fully acknowledge that we’re feeling them, express them fully, all whilst longing for the truth they are to show us.

Release one’s pain through expressing one’s feelings.



in conjunction with

Longing for the Truth when also longing for Divine Love.

This time, in the history of humanity, is the most exciting time ever experienced.

6 April 2018: **HEALING PROPERTIES of SUBSTANCES – Questions Answered:**

To the questions asked, Verna, a nature spirit, offers her thoughts:

Worldwide it is recognised that the annual flu epidemic will consist of new and differing strains of viruses. Why do these variations arise? Why do the new strains appear to be more difficult to manage each year? Why is there a continual incremental risk to life with each new strain?

Verna: The new strains exist because we – the nature spirits – make them exist. We're the instigators of such 'diseases' on the world, we in league with our fellow conspirators – the angels; the truth of which your scientists refuse to acknowledge when there is ample evidence to them, which they persist in brushing aside, that something else or someone else is tampering with such 'bugs' and 'nasties'. And who has the real brains: we nature spirits who control the natural world on Earth, or your great scientists? We'd like to see a little more humility please – that would definitely be a step in the right direction. You don't have to bow down to us, we don't need that level of servility from you – just kissing our feet would be enough!

And hey, guess what? YOU'RE NEVER GOING TO BE ABLE TO BEAT NATURE – WE'RE NEVER GOING TO ALLOW YOU TO. HA! YOU HAVE TO LEARN TO FULLY HONOUR AND RESPECT NATURE – AND YOUR OWN NATURES, LEARNING TO WORK IN PERFECT HARMONY WITH IT AND WITH YOURSELVES BEFORE YOU CAN GAIN ANY RELIEF FROM SUCH 'BEASTIES'.

We have virus making 'factories', we'll always be one step ahead of humanity. So until you understand, you have to WAKE UP, not that I want to sound patronising or tell you what to do, BUT YOU'RE PUSHING SHITE UPHILL.

And you might like to know, we're not going to let you off the hook. You have to learn that all illness results from your inner levels of discontentment – BECAUSE YOU DON'T FEEL LOVED. And work to get to the truth of your bad feelings. And when you do, then as you grow and evolve spiritually in truth, so you'll literally 'rise above' – ascend – the need for help from such illnesses because you'll no longer NEED THEM TO MAKE YOU FEEL BAD. Accept they make you feel bad, you are meant to feel bad with them, and not then try to eradicate them, that's only eradicating yourself, which you're already doing; but instead to work with those bad feelings, this being how you start to love yourself back into true health. Go with your bad feelings, not fight against them. Go with them instead of trying to eradicate them, and the same with your diseases and illnesses.

Worldwide it is recognised that antibiotics are becoming ineffective. Why are even new more capable forms of antibiotics not being able to manage the bacteria and viruses that are evolving? Why are viruses and bacteria evolving in the first place?

Verna: It's the same deal: Humanity is to uncover the truth of evilness, its wrongness, of its rebellion and default. And illness is to show you that you are wrong. You wouldn't get sick if you were right. So what would be the point if you eradicated all illness and you never had a bad feeling from being sick – you'd never know you had all your childhood repression locked away inside you that you were to deal with. ILLNESS IS YOUR FRIEND, because it's the warning lights that says: I AM NOT RIGHT. I

NEED HELP. I can help myself by attending properly to my feelings. So do so by wanting to uncover the truth of them!

Worldwide we have the mantra that should a new drug be developed, until that drug has gone through double-blind clinical trials successfully then it is not to be made available. Should the double-blind clinical trials be successful for around 60% of volunteer patients, then it is considered for public release. But then, why has it failed with 40%? Why do some benefit and others don't when they are all in the same health predicament?

Verna: Because you are all different, you've all been subjected to different childhoods, even within the same family. So nothing will affect the whole, short of you all 'nucking' yourselves into oblivion. (nucking – slang, humorous, mildly offensive, euphemistic) Yet even then, do you really think the angels are going to stand aside whilst you annihilate yourselves? There's too much goodness in your suffering since conception for you to simply obliterate yourselves, too much truth to be discovered – the whole truth of why you feel so bad, the truth of feeling unloved. And it's an enormous truth and enormous amount of truth. And it's all there inside you. Waiting for you to bring it out.

And why do 'sugar pills' work when prescribed by the doctor?

Verna: It shows you the power of your mind and its controlling beliefs. People believe all sorts of things resulting from their wonky childhood. (Note the use of that word dear John, I'm adding it to my repertoire – James.)

We see new forms of illness arise, why is this so? We also are seeing that vaccinations are not as effective as they appeared to be some years ago, why is this so? The fact is that humanity presently cannot eradicate any form of illness no matter what our scientists discovery, why is this so?

Verna: God has allowed you to experiment with all the ways within your unloving states, this being one of them. However humanity is now moving on, times are a changing, the old ways are to end, humanity is to heal itself of its rebellion and default. So what has worked will fail, and more so, and new things won't work for as long, failing quicker, fear and pressure will mount as the old fails, all to give rise to GUESS WHAT? – MORE BAD FEELINGS. And why more bad feelings? – so you can express them and bring to light the truth they are to help you see – THAT'S WHAT!

When a pandemic hits a community, why do some people never succumb to the virus or health issue while others contract the disease and many die? Why isn't everyone impacted equally?

Verna: Different childhoods, different beliefs, different self-denial parameters, all of which affect you in different ways bringing about such differences. You are living in denial of TRUTH. Your childhoods are truth-less. So your adult lives express or reflect this. Life as you know it is all wrong, negative, unloving, even all the good loving parts within it. So it's all got to change, BIG CHANGES, but you can do it, you'll see, humanity will have to do it.

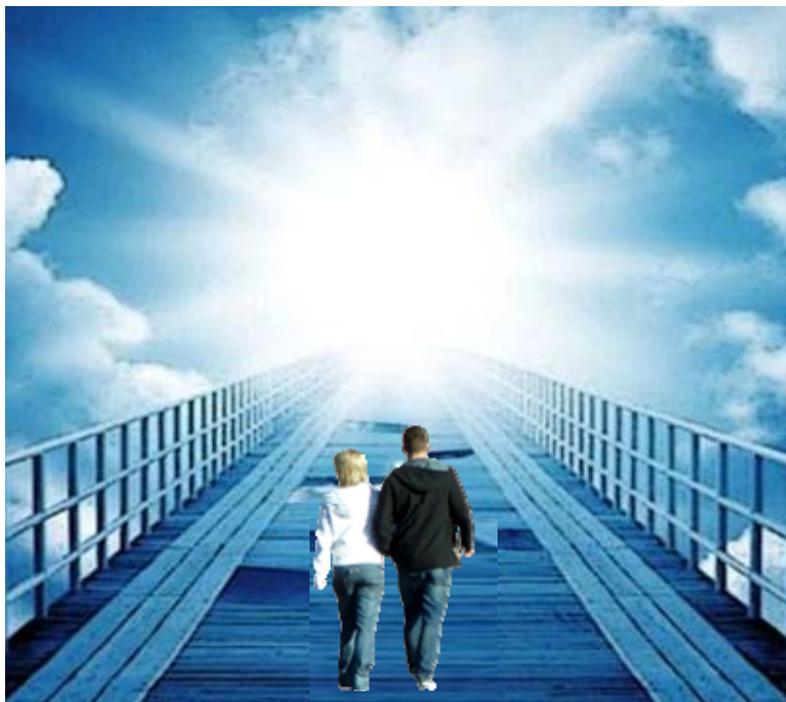
This is the major difference with a Pascas Care Centre. In addition to providing a holistic allopathic and complementary health care service, we are to address the question of what is the cause of one's discomfort, pain and illness.

Further, we are to address the questions of why is it that treatments previously embraced have not continued to been successful in bringing about health to the body?

Verna: Same deal. It's all what went into you through your forming and early childhood. Nothing more. All the secrets are contained back there within yourselves. When you 'go in' you're to go into your early life through your adult 'now' feelings. That's how you do it, how you can really Heal yourself, nothing else will do. It might extend your life a bit, cure you of some illness, make you feel better, but all your childhood wrongness is still within your soul remaining there until the day you want to deal with it.

Do your Feeling-Healing; or better still, your Soul-Healing with the Divine Love. It won't be an easy ride, however your relationship with your aches, pains and illnesses will certainly change and evolve, and you might even find that you don't need as many of them if you look to your Feelings First, expressing them and seeing the truth they are to show you. And eventually you might not need any bad things happening to you as you no longer have any repressed bad feelings that you need to bring out. It's a different way to view life – but hey, what have you got to lose – only your old ways of suffering.

Love Verna – who by the way, is not just a pretty face! Chow for Now – over and out!



By living true to ourselves, true to our feelings, we are living true to God. It's that simple.

Arvonal Revelation

- We are to live Feelings First.
- We've been made to use our mind to live against many of our feelings.
- Our mind control commences at conception and is developed through our childhood.
- All the bad feelings we didn't express as we were growing up are still repressed inside us.
- And all such hidden, buried and unwanted feelings have to come out.
- And whilst they remain repressed within us, they will continue to make us feel bad and unloved.
- We get sick, depressed, suffer, have bad things happen to us because of our repressed childhood feelings.
- Humanity was brought into this state of living against itself by higher rebellious spirits.
- These Evil Ones caused the Rebellion and Default.
- We are made to rebel by default – as we have no idea we're doing it through our parenting in wrongness.
- We are all parented unlovingly – against ourselves, against our will.
- Some parenting in the wrongness is done with more love, yet it's all still wrong.
- To heal this unloving state within ourselves we have to do our Healing.
- Our Healing is our Feeling-Healing or Soul-Healing with the Divine Love.
- We can long to God for Their Divine Love, and this will help us with our Healing.
- God is our Heavenly Mother and Father, the Feminine Aspects of God having been kept hidden from us by the Evil Spirits.
- All humanity's religions and spiritual systems are designed to keep the wrongness going, to keep us away from God.
- Only by living Feelings First Spirituality, The New Way, can you become right, and truly find God.
- Long for the Divine Love.
- Long for the Truth of your Feelings.
- Accepting all you feel is accepting all of yourself, it's your greatest act of self-love.
- And wanting to know the truth of your feelings, is your next greatest act of self-love.
- Love yourself through your feeling-acceptance, and the Truth will set you Free!

DIVINE LOVE – what does it do?

The divine gift from asking for and receiving Divine Love will steadily, but with certainty, raise one's quality of life and also of all those around such a person who is seeking and receiving this Love.

The receiving of Divine Love, which is a substance, with certainty, progressively:

- Raises one's love for those around them, whilst embracing one's Feeling Healing.
- Raises one's perception of all things – naturally grows one's intelligence – soul intelligence.
- Enables one to feel and resolve negative emotional issues more readily during Feeling Healing.
- Humility becomes self evident. Humility enables one to feel their errors and emotions.
- Divine Love strengthens one's resolve to express errors, emotional injuries and untruths.
- Divine Love with Feeling Healing to remove emotional errors, enhances one's health.
- Divine Love enables one to become more childlike – not adult serious at all times.
- Divine Love raises one's capability of feeling – no longer needing to be mind controlling.
- By becoming feeling orientated, one no longer is mind / intellectually dominated.
- The strength to fight and overcome sin and error is strengthened through the Divine Love.
- The Law of Compensation process is more resolved by Feeling Healing with Divine Love.
- Receipt of Divine Love grows one's faith, beliefs become faith and then knowing.
- As our faith grows our intensity to ask and then receive Divine Love grows.
- We begin to follow our passions and desires, no longer fear and mind driven.
- Truth being told at all times then progressively becomes a way of life.
- Our quality of life blossoms, our finances and relationships prosper.
- Man creates his own environment, seeking Divine Love can vastly improve one's environment.
- Health carers receiving Divine Love enhance healing outcomes beyond comprehension.
- Receiving Divine Love may assist in bringing a struggling marriage back into harmony.
- You progressively become dependent upon our Heavenly Parents, not self dependent.
- Personal growth in love directly assists the soul condition growth of one's children.
- Divine Love assists one's rate of soul condition to progress whilst embracing Feeling Healing.
- Divine Love is a substance that changes the human soul to that of the Divine.
- Without Divine Love, one cannot progress into the Celestial Spheres (8th sphere and higher).
- Divine Love, with Feeling Healing, enables everlasting Love and Life in the Celestial Heavens.

“The Law of Compensation doesn't operate on isolated actions, but on the overall condition of people's souls, because the deeds are the consequence of this condition. Our behaviour is the reflection of our souls. Never see isolated deeds, always see souls whose condition leads to certain deeds. It is the soul condition which determines the motive and consequently the action. It is our lack of trust in God, this ultimate and definitive trust, which only soul development may give us. This lack is why we suffer.”

Judas of Kerioth 5th October 2001

As you grow in love, illness issues abate, financial security improves, and your treatment of your fellow man is the same as how you would like to be treated. You grow in natural intelligence, your perception on many subjects becomes profoundly more loving and supportive of and for your way of life and how you interact with your fellow man.

This quality of life and love permeates and extends into every facet of your physical life and continues to grow as you progress on your journey within the spirit world.

Your capabilities to ask for and receive Divine Love is a gift between you and your creator, God. You do not need an intermediary, nor do you need to join with any organisation. This is your own personal journey and experience. You can share this with others, but no one can take it away from you.

This Love will elevate the human soul to a condition that it may perceive the spiritual truths which God has waiting to be revealed to Their children who aspire to understand the nature of the divine and what their true relationship to Them and their family of souls is.

“Keep faith with God, and be open to Their Love, and you will overcome with confidence and, indeed, peace of mind, optimism and happiness, those circumstances that seem to mar the fulfilment of your years.” Mary (mother) <https://new-birth.net/samuels-messages/>

Natural Love Flow

Natural love is Creation's love;

One can swap back and forwards between paths

I am God

Intellectual

Self reliant (trust myself)

Self-determination way of life

Mind dominates

Adult like

Control

Millions of paths (man created)

Peak possibility is 6th sphere

time to complete path:

100 years to over 1,000 years

Divine Love Flow

Divine Love is Soul's love.

One can swap back and forwards between paths

I am God's son / daughter / child

Emotional

God reliant (God relationship)

Soul-spirit living harmony

Soul dominates

Child like

Feeling

Defined path (God created)

Peak possibility is infinity

(sphere / mansion world are same)

5 years to over 10 years to at-onement

‘The difference between what are regarded as two paths, the Natural Love Path and the Divine Love Path, is, essentially, the amount of Divine Love that beings have been able to acquire.’

Quote from Celestial Spirit Richard 22 Dec 2012





SPHERES of PARADISE

INFINITE and UNIVERSAL SPHERES

ETERNAL SPHERES

CELESTIAL HEAVENS

Soul spheres
are not
numbered.

Soul spheres
are to:



The New Birth = **Become at one with God: sphere 8**

Spirit body
spheres are
1 – 7

Peak Sphere =

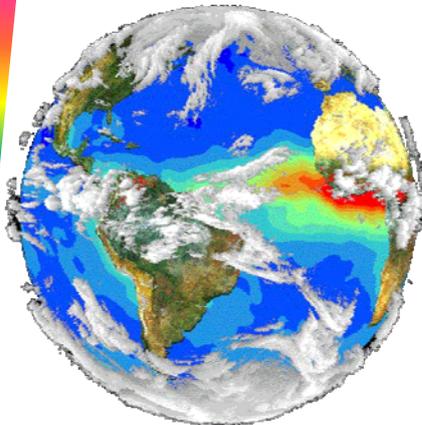
6

4

2

1

**NATURAL
LOVE
SPHERES**



7

5

3

**DIVINE
LOVE
SPHERES**

Earth sphere is for
the physical body.

FEELING HEALING + SOUL HEALING

To heal one's self is to simply look to see what feelings we are refusing to let ourself feel, and accept them instead of denying them. And to fully accept them, one needs to express them, speak about them, let them have their say, rather than pushing them aside, refusing to let them make you feel bad.

Doing this all with the intention of seeking the truth of why you are feeling them, of speaking about and expressing all such feelings; all feelings you have, but ALL WITH the INTENTION of UNCOVERING the TRUTH THEY WANT YOU TO SEE ABOUT YOURSELF. And it's the wanting to see the truth of them that is very important, because if you just look to accept them and speak and express them, but not seek their truth, then that's all you'll be doing, speaking and expressing them, but not healing their causes, so not fixing the things within you that are making you feel bad. And it's the truth part of it, seeking the truth of your feelings, and so, seeking the truth through your feelings, that's vitally important. It's the truth of yourself, life, nature and God, that is the spiritual aspect to it all.

You CAN'T find the truth of yourself, or anything else, through and with only your mind. You HAVE to engage and look to your feelings. And so if you choose to allow your feelings to 'Show You the Way', then the truth will come as you express them. So to do our Soul-Healing consists of these steps, all of which are ongoing until it's done:

- **Admit you are feeling bad.**
- **Accept your bad feelings, identify what they are.**
- **Honour fully your bad feelings by expressing them, speaking about them to someone who is willing to hear you talk about them, or tell them out loud to our Heavenly Parents. Long for the truth of them. Long for the truth of why you feel bad – what deep within you is causing your bad feelings?**
- **And remember, bad feelings are Good! Not bad. They are not to be despised. And as hard as it is to accept them, they are still you, and a very real part of you. And if you persist in denying them and not allowing yourself to fully live them, then you are only going to keep yourself in your errors making things harder for yourself.**
- **All sickness and suffering, all bad things that happen to you, all your problems, all your addictions – your whole feeling-denying and untrue life, is all caused by your denial of bad feelings.**
- **Every problem in the world is brought about because everyone has been brought up to deny feelings, and in particular, most of their bad ones.**

If one is intent on spiritually evolving and growing in truth, then it's vital, and this is the key, that one looks to use one's feelings as the means to gain and have access to the truth of oneself. You CAN'T find the truth of yourself or anything else through and with only your mind. You HAVE to engage and look to your feelings. And so if you choose to allow your feelings to 'Show You the Way', then the truth will come as you express them.

Doing your Soul-Healing with the Divine Love, is really doing your 'Feeling-Healing'. We are designed — created — to be self-revealing of truth, and so we are all to uncover the truth within ourselves and for ourselves, and all being done by living true to our feelings. **If you accept, express and seek the truth of your feelings, then truth will come to you, and you'll grow spiritually. It's as easy as that. Also it is as easy as it is to long for, ask for and receive Divine Love.**

THE HEALING OF YOUR BAD FEELINGS THROUGH THEIR ACCEPTANCE
AND FINDING THE TRUTH OF THEM, IS THE ACCEPTANCE OF YOUR
NEGATIVE, REBELLIOUS, EVIL, IMPERFECT MIND AND WILL CONDITION.

To do our feeling-healing we need to become:

Aware of – Acknowledge – and Admit, our bad feelings.

So we can:

Accept – them and allow ourselves to Be them.

And then if we feel to, take:

Action – Express, speak and emote them.

Talk about them.

All being done whilst longing to, really wanting to, see the TRUTH of our feelings.

So it sounds simple.

So I repeat:

We accept our bad feelings by expressing – speaking about them to someone willing to listen to us and take us seriously. And as we speak we long for the truth of them – why we are feeling them – to be made known to us. And when we uncover and see the truth we are FREE! – healed of the causes that have made us feel bad.

Accept, Express – see the Truth, and you're Free!

ACCEPTANCE OF ALL YOU FEEL, THINK AND ARE, IS THE KEY TO DOING
YOUR HEALING; THAT, AND WANTING TO SEE THE TRUTH OF ALL YOU
FEEL, THINK AND ARE.

Release one's pain through expressing one's feelings.

in conjunction with

Longing for the Truth when also longing for Divine Love.

Prayers to our Mother and Father

From 'Religion of Feelings' by James Moncrief

Please Mother and Father help me accept my untrue state and bring up all my repressed feelings so I can see the full truth of why I feel so unloved and all that's wrong with me.

Please Mother and Father help me see the truth of myself through my feelings.

Please my beloved Heavenly Parents, fill my soul with Your Divine Love. I long for Your Divine Love; please answer my prayer and yearning to be at-one with You and do Your Will by living true to myself and all my feelings. Please fill my heart and soul with Your Divine Love – please make my soul like Yours – Divine.

Please Mother and Father, I want to uncover the whole truth of myself through my feelings. I want to be able to feel and accept just how bad I am, how bad I feel I am, how bad I've been in my life. I want to know the whole ugly truth of myself, see it and feel it and understand how I came to be it. Please reveal to me through my feelings all the truth of myself You want me to see. I want to be as You want me to be; I want to be true and perfect, Healed of all my rebelliousness and self- and feeling-denial; I want to be good, loving, true and happy, please help me become true to myself, true to my soul, true to You.

Please Mother and Father help me, I'm in such bad pain, I feel so alone, so miserable, so scared, what's going to become of me, I don't understand, what's the point of me, why have You made me; please help me see the truth of myself – all the truths of myself, nature, how to be in the world, of You both. I want to know, I want to know it all through my feelings, all that there is to see, the whole truth and nothing but the truth. Please help all my pain come to the surface of me so I can embrace and accept and express it out of me. I want to use my feelings to uncover the truth they are to show me; please help me to do that.

Please Mother and Father love me. I want You to love me. I want to feel fully loved by You. I don't want anything else, only to be with You. Please, that is all I am asking.

Please make me feel how unloving I am. Please show me the horrible truth that I am. I want to see and feel and understand the worst of me, please take me into my darkest scariest ugliest unwanted rejected places within myself. I don't want to feel all the dreadful pain that I know is there locked away inside me, yet I do also want it all to come up and out of me, and I want to use it to see the truth of my wrongness, the truth of how evil I am, the truth of my fucked up state. I no longer want to be false, pretending I am okay, using my mind to make me falsely believe I am good, happy, loved and loving, when I know I'm not. For how can I be when You've brought me into my unloving state, making me be of it. And as You want me to experience being this negative way, please show me the whole truth of it. I no longer want to deny any part of myself, or any of my bad feelings. I want them all to come up so I can express them, emoting their pain, feeling how bad You've made me feel all my life and all through my early life; I want to see why, and so reveal all the truth to myself. I want to be the living truth of myself, living true to my feelings and the truth they give rise to. Please help me to do my Healing, and please fill my soul with Your Divine Love.

The mind way is the 'dead' way; the feelings way is the 'alive' way.

Examples of some prayers to God:

From 'Feeling Healing' by James Moncrief

Please God show me the truth of myself through my feelings.

Please help me see the truth about myself You want me to see.

And please help me feel all my repressed pain; please bring up all my bad feelings so I can express them and see what it is they are to show me about myself, my life, and You.

And please help me work through my blocks, I want to Heal myself, I want to become true to myself and true to my feelings and true to You – please help me do that.

Heavenly Mother and Father, I feel so bad, and I know I'm doing it to myself, but I can't help it. I can't stop my compulsive addictions, so will you please bring up the buried feelings in me and show me the reasons why I can't stop. Please! I want to know – I REALLY WANT TO KNOW why I do them. Please help me Mother and Father to uncover the truth of myself. Please, I beg you, please, please, please show me the truth of them so I can give them up. I hate feeling bad, yet I know I must so I can keep expressing my bad feelings to see the truth You want me to see, so please help me feel bad.

Please Mother and Father fill my heart and soul with Your Divine Love. Please give me Your Love. Please love me and make me feel loved by You. I want to feel You close to me, I want You to hold me, make me feel loved by You. I only want You and to do Your Will. Please help me bring up all my repressed feelings so I can express them and uncover their truth. Please help me do my Healing. Please give me Your Love.

I hate you Mother and Father; why have You given me such a shit awful life? I hate myself, I hate You, I hate everything about my life. I feel so bad all the time. I've expressed so many bad feelings and still I feel bad. It's not fair, it's not fair what You've done to me. I hate You! And I want You to help me Heal myself, so I can stop feeling bad. You put me in the shit for whatever reasons, and I want You now to help me get out of it and show me what it's all been about. Please help me to Heal myself so I no longer hate You.

I long for Your Divine Love Mother and Father. Please fill my soul with it. And please help me uncover the truth of myself through my feelings. I want to see it all! And please make it all end, I'm so tired of always feeling so bad, please take all my bad feelings away by making me feel them and showing me the truth I am to see.

LOVE
is
Feelings First Spirituality, The New Way

Feelings First Spirituality, The New Way is a contemporary ‘religion’ based on living true to yourself through your feelings. Understanding that all you need in life is contained within your soul and is shown to you through your feelings. And by loving your feelings, by attending to them properly (talking or writing them out of you) and not denying them, you can use them to uncover the truth of yourself – the truth of your soul.

Feelings First Spirituality is not a formalised religion that tells you how to be, that is too controlling and is actually bad for you, limiting your spiritual growth. You can be wholly self-revealing of the truths you need to be, being the person God created you to be, all by living true to your feelings.

Feelings First Spirituality has no formal structure because we understand we don't need one, our soul contains within it all the truth of our spiritual ascent. If we look to our feelings for the truth they want us to see about ourselves, nature and God, then what more do we need! Our true spiritual path is the path our feelings will lead us down, that is, provided we allow them to. This is the most spiritual we can be.

Living the New Way of Feelings First Spirituality

You come to the understanding from your life experiences that how you are is not right, it doesn't make you feel good – that you are wrong in some way. And you want to change yourself, you want to become right, true and perfect – you want to be like God is.

And to do this you need to do your Healing

Your Feeling-Healing is looking to your feelings for the truth of yourself, the truth being hidden in many of the feelings you are not wanting to face in life. So you have to end your feeling denial, accepting all your bad feelings (and good ones), express them (yet not necessarily acting upon them), whilst longing to uncover the truth they are to show you.

Or, you can do your Soul-Healing, which is your Feeling-Healing together with including longing directly to God for God's Divine Love. When you receive the Divine Love into your soul, it will cause your soul to become divine, and it will deepen your personal relationship with God. Long with all your heart to God for God's Divine Love.

<http://religionoffeelings.weebly.com/>

Feelings First Spirituality **The New Way**

By living true to ourselves, true to our feelings, we are living true to God. It's that simple.

FEEL *for* TRUTH

The beauty of it all, is the truth comes to you through your own feelings. You don't need to be told it by anyone. You can work it all out for yourself. We are self-revealing of truth, it's how God created us to be, and by being it we'll feel the happiest we can feel. Truth is our great comforter, so when you feel it come up within you, ah it feels so good and you feel just right – perfect!

We know only how to deny feelings, now we can get to know how to accept them. And always with the truth being the most important part.

FEELING TRUTH

If you don't want to uncover the truth of your feelings, then you can keep on expressing them forever but you will never fully heal yourself. Seeing the truth results in the Healing. And to see the truth you need to express all the pain out of you. The two things go hand in hand.

You can accept and express your bad feelings, letting off steam all day long, yet nothing will heal and nothing much will come of it. So this is where wanting your feelings to show you the truth of why you're feeling as you are is so important.

Don't go fishing with your mind, that will shut the truth out from rising up for you. **KEEP YOUR MIND OUT OF IT.** It's a feeling thing, doing your Feeling-Healing. (This is where we erred previously, and this how other modalities are in error.)



You long when you can, then stop longing and keep expressing. And at some point, and it might not even happen immediately, it might happen after days or weeks of expressing the same bad feelings, truth will come to you. And it does, it just comes up suddenly into your consciousness. You just know. You see the picture and you feel it's true. And you know it's true. And THEN your mind can come in and start sorting it out and putting in context.

It's the Truth that we are seeking. It's the End Point. The Reason for doing your Healing. You are to see the whole Truth of yourself. And to begin with, that's the whole truth of your unloving self, of your wrongness, of your evilness, of why you are as you are in your negative unloving mind-controlling state. To be able to fully accept yourself as you are, warts and all. To not fight or resist or try and change yourself, just to accept all you feel and all the truth of all those bad feelings you feel about yourself. And when you do, so you will be healed. You CAN'T heal yourself unless you uncover the truth of your pain, suffering and so the truth of all your bad feelings.

Through our Feeling-Healing we long for the truth of what we're feeling whenever we can. So as often as you can. You want, and REALLY WANT WITH ALL YOUR BEING, ALL YOUR WILL, to know why you are feeling bad. You yearn, want, long and beg and beg and BEG God to show you the truth of yourself through your feelings. So when you are expressing your bad feelings you can stop and long for the truth to show you what's going on, why do you feel so bad, and you can do it any time you think of it or feel to do it.

Notes from 'Feeling Healing' by James Moncrief

Heartfelt TRUTH

Feelings First Spirituality The New Way

Feelings First
FF
Feeling Free

The New Way, Feelings First Spirituality
Learn to live with God through your Feelings

Accept, express and long for the truth of your feelings

Be free in your feelings
Free your feelings from your mind's control
Live true to your feelings; your feelings are your true self
Live true to yourself through your feelings



Live true to yourself by living true to your feelings.
Long for the truth of your feelings.

Accept / Express / Bring out ALL of your good, and most importantly,
BAD feelings.
Want to understand why you're feeling them.
Use your surface feelings to take you deeper into your repressed and
hidden feelings.



The Feeling Way is the True Way.
 Your feelings are your spiritual guide.
 Your feelings will take you to God.



Your feelings will show you the truth of your relationships, including your relationship with God; and if anything is wrong, untrue and unloving, then why it is.

Our feelings are sacrosanct and we should respect them accordingly. And we should NEVER block them out, ignore, override, banish, deny or reject them, because if we do, we're only doing that to ourselves, as Our Feelings Are Our Self.

Our feelings are the gateway to our soul. Our feelings are the closest we can get to our soul. Knowing the truth of our feelings is knowing the truth of our soul, and knowing the truth of God.

Feelings First Spirituality is the True path for humanity.

It embraces all people.

It completely unifies the world.

Everyone can relate to everyone else through their feelings.

And we can all live the truth that comes from our feelings, all sharing the same truths as we express and have the same feelings.

No one need be left out; no one is more special than anyone else – we are all united in Truth through our feelings.

So with and through our truth we live our lives, therefore without the need of any man-made mind-laws, rules and restrictions that limit self-expression as inspired by our feelings.



The New Way, Feelings First Spirituality is what is to replace all man-made, mind-contrived religions that so many people have enslaved themselves to. The New Way, Feelings First Spirituality will set us free of all that control, ending the Rebellion and Default within ourselves as we do our Feeling-Healing, and ending such control and spiritual stagnation in the world.

Bring on the End Times – get it over and done with! Let's all see that Jesus is not going to come again, that Prophecy has failed all the mind-controlled platforms. Allow such false systems of belief to die their long-awaited natural death, they've overstayed their welcome, it's now time they fade away. So let us show such antiquated, erroneous systems of belief the exit and bring on the fresh liberation of discovering the truth of how we are to live for ourselves, each of us personally in our lives, and all by looking to our own feelings for it. Self-revelation through our feelings is the way to go.

The Way of the Mind is ending, and is really the End Times – the End of our mind control, and **it's about time!** With the Way of our Feelings replacing it.

The End Times means the end and therefore a New Beginning. And that new beginning is a whole new Spiritual Age – an age based on self-revelation of truth through one's feelings, coupled with and supported by higher revelations from the Celestial spirits, angels and nature spirits.



The Feelings First Spirituality is the True Way to God because it helps you get to know God, helping you to reach out, connect and be personal with God, and do God's Will, all through your feelings. It is the only true way of getting to know the God of Feelings – our beloved Heavenly Mother and Father, the Great Soul of Divine Love.

Love comes through our feelings and not our mind, as we've all been wrongly led to believe.

Feelings First; then comes The Truth; then comes Love.

LOVE is the Religion of Feelings, being:

Feelings First Spirituality, The New Way



my
House is your
Paradise

HOME

U-TURN for HUMANITY:

Why are we doing a U-Turn?

We are doing a U-Turn **because** the year 2017 heralds the end of the Rebellion and Default. For two hundred thousand years, humanity has been going in the wrong direction.



What is this fundamental step that will change our way of living?

We are to come to understand / know the foundational cause of all our feelings, both good and bad. As we explore and investigate our feelings, each time they arise, one by one, we are to talk them through, express them to a companion or friend or anyone who will listen. As we express them, while at the same time coming to understand how they have come about, we will find that they will be resolved and that they will not come up again.

**Feeling
Healing with
Divine Love is
the key!**



We will find that all of our feelings / emotions have their foundations from our childhood. And by childhood, that is from the time of one's conception all the way through to about the age of six. It is the repression of our childhood feelings that is the base or foundational cause of each and every one of our adult personality issues, pains, difficulties, illnesses and distressful life experiences.

We have to see the whole truth of our negative or self-denial state, before we can heal it and be free of it.

The vital difference between **emotions** and **feelings** is:

- emotions have their roots in the past,
- feelings relate to the present moment,
- emotions represent feelings not previously expressed,
- and these accumulate over time.

Many emotional clearing processes encourage us to look into our feelings, however, none go so far as to drill down into the core foundation of any emotional feeling to the point that we strive to KNOW the core issue, the origin of the feeling, be it good or bad, and actually come to know what it is!

The *Journey Process* is generally known worldwide. It stops short of longing to know, that is asking for the knowing of the events that brought about such a feeling. Yes, we are to acknowledge the feeling, say being angry. Then accept that behind that anger is the feeling of being small, and then look at the underlying reason of why we are feeling small. What is the truth behind that feeling? Ask our Heavenly Parents what is behind all of this feeling. What is the foundation, the origin of the feeling? All the time talking it out, expressing it, with a friend. The expressing of the experience is the release of the emotion / feeling, this is what removes it for ever from within our essence, our **soul**.

Why ask our Heavenly Parents? I thought God was just God – singular?

This is part of the revealings that have been unfolding for us very recently – that is – since 2002.

We are made in the image of God. This has been understood for centuries, for 2,000 years. Our soul is duplex. Our soul expresses itself through two personalities. One soul ‘subdivides’ into two, one half always being female and the other half always being male. We are a reflection of how God is. God being one Soul is expressed as Mother and Father. God is two personalities. They are soulmates. And each of us has a soulmate, and our soulmate is always of the opposite sex, because the Mother and Father are the opposite sex.

Thus, when we long for the truth behind a feeling, then we can long to our Heavenly Mother and Father. Only they can tell us. No spirit personality can tell us. No canonised saint can tell us, we may as well ask our next door neighbour. That would be just as productive. Mary and Jesus can’t tell us, as they are also spirit personalities.

I was taught that Jesus was God? And what is this about Mary?

Mary of Magdalene and Jesus of Nazareth were both born free from sin. Neither of them are God. They are both children of God, just like you and me.

History needs to be corrected. Both Jesus of Nazareth and Mary of Magdalene became at one (At-One) with our Heavenly Mother and Father during their physical lives here on Earth in the first century; Jesus in the year 26CE and Mary in the year 33CE, or thereabouts. Jesus died aged 35 (born 7BC died 29CE), and Mary died aged 47 or 48 (born 2BC died 47CE).

Further, their sojourn on Earth was the completion of their process to become the full Regents of the sector of planets that is referred to as Nebadon. The region within our super-universe that is referred to as Nebadon contains 3.8 million inhabited planets. If you look into the night sky, each star / sun potentially has between none to three inhabited planets within its orbit. Within Nebadon, the soulmate pair, namely Mary and Jesus, are our Spiritual Teachers of Truth. Their domain is all 3.8 million physical planets plus their associated spirit worlds. Each physical world has seven associated spirit worlds, which is the case for Earth being one of the 37 that have rebelled.

Some 200,000 years ago, Lucifer with his soulmate and his deputy, Satan with his soulmate, brought about a rebellion on 37 of the inhabited planets within the region called Satania, one of the local universal systems of Nebadon. Earth compounded the situation through the Default of Adam and Eve about 38,000 years ago. Thus the population of Earth, being in the worst condition through the Rebellion and Default, became the location for Mary and Jesus to have their physical experience to complete their ascendancy to full Regency of the local universal system being Nebadon.

Their lives on Earth was the start of the unravelling of the Rebellion and Default. Upon Jesus becoming At-One with our Mother and Father, he was then vested with the authority and power to have the Lucifers and Satans arrested, and they now reside exiled within a prison world.

Notice that there were no records of Jesus and Mary’s teachings and experiences made during their physical life. That was because they did not specifically come here for us, they came for the benefit of all peoples of all planets and spirit worlds throughout Nebadon.

As they are Paradise descending spirits, they have **Spirits of Truth**. Upon Mary and Jesus' death, they released their Spirits of Truth. As spirits, Jesus and Mary are how we will be, once we've finished our Soul Healing. They can only be in one place at any one time. However, it is their Spirits of Truth throughout Nebadon that we can connect with for guidance. It is through their Spirits of Truth that spirit personalities can progress through and out of Nebadon.

Those planets that have Rebelled need further assistance, and they need it on a localised manner. This can only be provided by another bestowal of a **Paradise Pair**, and that is in the form and manner of an **Avonal soulmate pair** who come here specifically for us.

What is the purpose of an Avonal pair, and are they here on Earth?

Unlike Jesus and Mary who were always free from sin and did not experience how to heal themselves, the Avonal pair are to experience all of the extremes of evilness and then proceed to heal themselves. Mary and Jesus through their bestowal on Earth ended the Lucifers spiritual rebellion in Nebadon; the Avonals bestowal is primarily concerned with ending the Default of Adam and Eve by the Avonals themselves personally healing the effects of such a damaging Fall.

The soulmate Avonal pair are to be, and have been, subjected to the extremes of childhood suppression and repression, and then, through their Feeling Healing, are experiencing all the facets of emerging truth as they slowly progress through a protracted and difficult healing process. As they reach specific milestones, this also enables those in the Celestial Heavens, (the three worlds where Celestials reside) to be empowered to assist us in the physical on Earth.

The first considered milestone was the arresting and imprisonment of the Caligastia soulmate pair and the Daligastia soulmate pair. After the arrest of the Lucifers and Satans in the first century, as nothing further occurred, the Caligastias and Daligastias continued on from spirit as if they were kings and queens, suppressing all of humanity and with plans to take over the universe. It was possibly in the early 1990s that they were 'judged', and 'removed'. They were caught unaware that an Avonal bestowal pair were on Earth.

How is all this becoming known? Has Jesus and Mary communicated directly to Earth?

Unlike in the first century, when no records were kept (as the event related to all of Nebadon and it was actually setting the stage for the Avonal bestowal pair to arrive on Earth), every effort to retain records in great detail of this current series of events is now being attended to. Consider this. The New Testament of the Bible is some 300 pages. The records of the Second Coming, which this is, the primary records are possibly 6,000 pages, with direct complementary records increasing that to over 10,000 pages and with all the supplementary records to date, there may be as many as 40,000 pages, certainly well over 30,000 pages of material presently.

Jesus directly communicated through James Padgett from 1914 to 1923. Mary of Magdalene (Mary M) has directly communicated through James Moncrief from 2002 and is ongoing. Jesus has also communicated directly through James Moncrief. Neither have ever directly communicated through any one else, however, some Celestial Spirit personalities have provided information through other

personalities on Earth with the support and approval of Jesus and Mary, thus some confusion, though the quality of the information is very reliable.

You say this is the Second Coming? You say I am living during the time of the Second Coming?

Yes you are. And it's more than that. This is the Second Coming, the End Times and the Handover!

In fulfilment of the prophecy in the first century, the Second Coming commenced on 31 May 1914 through the writings with James Padgett and concluded in 2014 through the writings with James Moncrief.

The End Times are well advanced. Mary and Jesus are well advanced in handing over their direct involvement with Earth to those within the Celestial Heavens. When this is completed, the Handover will also occur. **The Hand Over is to the Avonal Bestowal pair** and it is they who will guide the population on Earth through their Feeling Healing processes for the next 1,000 years, being the next spiritual age. The Handover will take place after the Avonal pair complete their personal Healing of the Rebellion and Default. Then will follow with their Spirits of Truth being officially liberated in alignment with Mary M and Jesus' Spirits of Truth upon their death.

Major events have occurred with the progression of the Avonal pair's Feeling Healing, which they are also doing whilst embracing our Heavenly Parents' Divine Love, thus they are doing their Soul Healing.

Early 1990s:	The arrest of the Caligastia and Daligastia soulmate pairs.
22 March 2017:	Negative spirit influence was blocked.
31 March 2017:	Angel assisted healing will become available upon the Avonal pair completing their own Feeling Healing, being with Divine Love, thus it being Soul Healing.
22 May 2017:	Law of Compensation quickening.
2 December 2017:	Psychic Barriers maintaining the Rebellion and Default were cracked.
8 December 2017:	Bring on the money to 'house the future of humanity' .
31 January 2018:	Earth and the seven associated Mansion Worlds (including the two Earth planes) are officially now fully under the control of Celestial spirits. This marks a tangible and real end to the Rebellion and Default.

How does this all fit into our future way of living?

This time, in the history of humanity, is the most exciting time ever experienced.

The whole human race is suffering from repressed childhood and mind control.

Through one's Feeling Healing, and should we embrace our Heavenly Parents' Divine Love, then with their Love we are doing our Soul Healing, and eventually we can live totally in accordance with our soul base feelings and live free from error – no more fear and no more physical illnesses is possible!

By living true to ourselves, true to our feelings, we are living true to God. It's that simple.

Our soul is always perfect. In fact, we are the complete package. All that we need to know is within our soul. This knowledge has been denied from us since the time of the Rebellion and compounded by the Default. That is what was brought upon us by the Lucifers and his cohorts. We have always been meant to live true to our soul based feelings but we were taught to embrace our error riddled mind – this was aided by our parents – unknowingly all parents have taught their children to be mind dominant. **This is the Great U-Turn. We are to feel and live by our feelings and express our feelings, our mind will follow in support, not the other way around.**

“Many people look for a person, spirit, angel, even God, for supreme guidance, however it’s all right there already built in – in our feelings. **Feelings** guide us through our **ascension of truth**. So they are really our Supreme Guides. We just have to submit to them, allowing them to take us where they will, expressing all the parts we want to express, letting the emotion drive that expression if it’s there to be expressed, or just talking about all we feel and how feeling that feeling is making us feel – or, how we feel about having that feeling, all whilst longing for the truth of our feelings. Longing for the truth of our feeling is really: **Longing for the truth of our self, because: we are our feelings**. So life stirs up our feelings, we feel being alive; or, being alive means we are feeling, always feeling; and when we work out what and why we are feeling what we are, so then we know the truth of how we are. And over time the truth accumulates, and our mind expands our understanding of ourselves, all being driven from our feelings.”

Kevin of the 1st Celestial Heaven 26 September 2017

(Kevin Cooper died 10 August 2012, through Feeling Healing became Celestial on 7 August 2017.)

It is through the assistance of the Spirits of Truth of the Avonal Pair, upon the completion of their Soul Healing, that we will be guided through our Feeling Healing process, and should we embrace our Mother and Father’s Divine Love, then our Soul Healing.

Then should we embrace Mary and Jesus as our Spiritual Teachers of Truth, their Spirits of Truth will lead us on the path through the Celestial Heavens where we will certainly meet up with our soulmate and join our soulgroup, which will eventually consist of twelve soulmate pairs. Then as a soulgroup, the Spirits of Truth of Mary and Jesus will lead us up through and out of Nebadon towards Paradise.

It is then our Mother and Father in Paradise who draw us to them and we will eventually meet our Heavenly Parents.

Meanwhile, while we live on Earth, we will have assistance and guidance previously denied to us throughout the era of the Rebellion and Default. Under the Contract controlling and managing the Rebellion and Default, the powers and capabilities of our Celestial Heaven spirit personalities, all three worlds of them, were heavily restricted and almost of no assistance to us at all. Further, Nature Spirits and our Angels were heavily denied contact with us physical people because of the Rebellion and Default, all of which is soon to change, so we can look directly to them for help concerning healing ourselves and understanding all aspects of nature.

As we embrace our Feeling Healing, Celestial spirits will and can greatly assist us. In fact, during the year of 2017 they have blocked all mind spirits from the Natural Love Mansion Worlds: 1, 2, 4 and 6 from interfering with us. Celestials have taken control of all facets of living and life on Earth. Celestials are those spirit who have completed their Feeling Healing and progressed through Divine Love Mansion Worlds 3, 5 and 7 and now live in the higher Celestial Heavens, 1, 2 and 3 (when we

become At One with our Heavenly Parents then we leave the Mansion Worlds and progress through the next three spheres related to Earth, hence the Celestial Heavens are also referred to as being numbered 8, 9 and 10).

The Nature Spirits of Earth, who live in the third Earth plane, can now directly interact with those who are embracing their Feeling Healing. Nature Spirits are essentially ‘angels in waiting’. They have been on Earth prior to anything that we now see living in nature. When they first started to arrive, there was no life in the seas or on land. They have consequently witnessed everything that has happened on Earth, including all prior human civilisations that we continue to largely remain ignorant of. Their knowledge and assistance is of great importance to us. We are to interact with them on an ever increasing scale. They are to become an invaluable source of information for us concerning how we are best to live with nature.



Further, we may become more aware of our **Indwelling Spirit**, which arrives for each of us during our sixth year, as we now progress with our Feeling Healing, or with Divine Love, our Soul Healing.

And all of this is possible as we embrace our Feeling Healing process, acknowledge and accept the Avonal pair, acknowledge and accept our Spiritual Teachers of Truth, namely Mary and Jesus, and more importantly, grow to love our Heavenly Parents, our true Mother and Father.

We do not need intermediaries, rituals, liturgy, dogmas, creeds, fancy clothing, or institutions. It is our soul based feelings and expressions that we may exchange directly with our Heavenly Parents. Groups may form to assist each other, and that is our choice and within our free will.

This is the greatest event in the history of humanity.

This is the Great U-Turn that humanity will embrace throughout the next 1,000 years.

MoC 1,480



The Only Prayer That Man Need Offer to the Father:

The Prayer for Divine Love

(as given within the first century)

2 Dec 1916

I am here, Jesus

<http://www.youtube.com/watch?v=Pg6p3rivAZw>

P.438 Book of Truths through James Padgett / Jesus

Let your prayer be as follows:

Our Father, who art in heaven, we recognize that You are all Holy and loving and merciful, and that we are Your children, and not the subservient, sinful and depraved creatures that our teachers of old would have us believe. That we are the greatest of Your creation, and the most wonderful of all Your handiworks, and the objects of Your great soul's love and Tenderest care.

That Your will is that we become at one with You, and partake of Your great love which You have bestowed upon us through Your mercy and desire that we become, in truth, Your children, through love, and not through the sacrifice and death of any one of Your creatures.

We pray that You will open up our souls to the inflowing of Your love, and that then may come Your Holy Spirit to bring into our souls this, Your love in great abundance, until our souls shall be transformed into the very essence of Yourself; and that there may come to us faith--such faith as will cause us to realize that we are truly Your children and one with You in very substance and not in image only.

Let us have such faith as will cause us to know that You are our Father, and the bestowal of every good and perfect gift, and that only we, ourselves, can prevent Your love changing us from the mortal to the immortal.

Let us never cease to realize that Your love is waiting for each and all of us, and that when we come to You, in faith and earnest aspiration, Your love will never be with-held from us.

Keep us in the shadow of Your love every hour and moment of our lives, and help us to overcome all temptations of the flesh, and the influence of the powers of the evil ones, which so constantly surround us and endeavour to turn our thoughts away from You to the pleasures and allurements of this world.

We thank You for Your love and the privilege of receiving it, and we believe that You are our Father --the loving Father who smiles upon us in our weakness, and is always ready to help us and take us to Your arms of love.

We pray this with all the earnestness and longings of our souls, and trusting in Your love, give You all the glory and honour and love that our finite souls can give.

Amen

MoC



Note: The 'false teachers' are our parents, as they are also the 'evil ones'. Also, the evil ones, being those parts of one's mind, that are controlling you.

A Personal Adaptation of the Prayer for God's Divine Love:

Joseph Babinsky

Our Father, who art in heaven, I recognise:

That You are holy and loving and kind, and that I am the child of Your care.

That I am the object of Your great Soul's love and tender most care.

That Your will is that I become at-one with You and partake of Your great love, which You have given me through Your desire that I become, in truth, Your child.

That You will open up my soul to the inflowing of Your love, and that then will come Your holy spirit to bring into my soul, this, Your great love in great abundance until my soul may be transformed into the very essence of Yourself; and that there may come to me faith – such faith as will cause me to realise that I am truly Your child and that I am one with You.

Let me have such faith as will cause me to know that You are my Father and the giver of every good and perfect gift, and that I only can hinder and stop the river of your inflowing love.

Let me never cease to realise that Your love is waiting for each and all of us, and that when anyone comes to You with faith and earnest aspirations, Your love will never be withheld.

Keep me in the shadow of Your love every hour and moment of my life, and help me to remain completely focused on this, your ever-present and unconditional love.

I thank You for Your love and for the possibility of receiving it, and believe that You are my Father – the loving Father Who smiles upon me always and is always ready to help me and take me to Your arms of love.

I pray this with all the earnestness and longings of my soul; and trusting in Your love give You all glory and honour and love.

Three Great Truths:

- **God is Soul, being our Heavenly Mother and Father;**
- **that each individual soul is a duplex – both male and female;**
- **and Feeling Healing with Divine Love is the pathway to Paradise.**

Note: Following the writings of James Moncrief, one could consider that any reference to the Father, by other relevant writers, may be read as a reference to 'our Mother and Father'. Further, when considering soul healing, then reference to Divine Love could be referred to as 'Feeling Healing with Divine Love'.

The Padgett Messages, received 1914 to 1923 and published in the Book of Truths, has now been extended with further session of messages having been received between 2012 and 2013, and titled “The DIVINE UNIVERSE” via Zara Borthwick and Nicholas Arnold.

Whilst we are receiving our Heavenly Parents’ Divine Love, and that this Love is causing change within our soul and spirit attributes, the greatest Truth known to man and spirit is that this is the way our Mother and Father are actually loving us! When we progress, it is God’s way of loving us into love and then we live what we are, love.

The DIVINE UNIVERSE

79. *Prayer of the Heart*

16 October 2012

I encourage the heart that prays to the Father for the Divine Love. I encourage the heart that loves the Love, and with sincere aspiration, feels for the Love. If there be any doubt, loss of faith or hardship of heart, I encourage the heart not to give up or give the Love away. The Father hears your prayers and the heart be rest assured in this. Never will a good heart be forsaken. As the Father does so do I, see and hear your heart, and prayers for the Love and the needs for wellbeing. Never give your heart up; trust in the One who knows your true heart, and there the Father loves you. One may never fully understand the intricate workings of time, past present and future, but the heart knows faith and Love and the Father Loves a good heart. Pray with faith, and in your heart my truth and the Father’s Divine Love meet you there.

I have given you this prayer of the heart so that men and women may draw from its words, strength, love and faith

Your beloved friend and companion,

“I love you Father.” “Let the Divine Love proclaim its energy into my soul.”

“Mother and Father, I desire your Love and I am loving you.”

“Soul God, I love you and I love receiving and experiencing your Divine Love.”

Try it; give the Love a go! If you want to shine, receive the Love.

One can simply receive the Love without following any religious or spiritual teaching taught by man!

The DIVINE UNIVERSE

300. *Prayer of Love and Strength*

2 February 2013

I am going to write the Prayer of Love and Strength that may help those with their endeavour of heart in the receipt of the Divine Love:

I pray that I may find the love and strength in my heart to love you more wholeheartedly. I pray that I may feel this strength as a living truth in my heart and soul as my weakness, due to my condition in my physical and material struggle, may not become a hardship that casts a long shadow over my day-to-day living in my faith in Divine Love. I pray that I will not give in to any negativity that surrounds me, or to the way that at times I cannot seem to be able to help or forgive myself for loosing faith in The One I love.

I pray that I am receiving Love, your Divine Love that is in great abundance and that my heart partakes of a small portion of this abundant Love. I ask that your Spirit, The Spirit, convey the Love into my soul as I have already been receiving into my soul your Divine Love. I pray that your Divine Love gives greater love and strength to my heart that I may continue in my prayer to receive this Immortal Love.

God, I love you with all my heart even if there be a shadow across my heart, and a lack of humility in my faith and on my behalf for I recognise that you can love me more perfectly and wholeheartedly than I can accept for myself.

God, I recognise that you are Soul and that I am a finite soul and that your Love and Spirit are true gifts for my heart and soul and that I need this Love that you have provided. I pray that from your Love, more finite love and strength in my faith and heart will enable me to love you even more. I recognise that I am doing my best in all that life has given and taken away from me and that in my resolve, my heart knows that your true Divine Love always remains with me and my faith in you. At times I have left you and left your side and wandered all over the place, lost in the shadows of life and in the near-sightedness of my eye and then, I pray for your Love and your Love fills my heart and my love and strength return and I accept that you are loving me at all times when I am lost and found. I give you all my gratitude, love and strength that my heart can give and I desire not to change the world or the spirit world accepting that your Divine Love will change my soul and in harmony together, I will try for a peaceful world.

I have provided you with the inspiration to give these words of love and strength that such words may help one in their experience of God's Love and Spirit.

<p>Our Heavenly Mother and Father simply desire for us to ask for Their Love.</p>
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The DIVINE UNIVERSE

303. *The Immortal Prayer*

6 February 2013

For those of you who are strong, I will continue to sustain this strength because many of you who experience the Father's Divine Love require a great resolve and strength of heart not to give up on the Truth and not to be saddened by the apparent lack of interest in the most beautiful love that you feel and know to be true. I will never prevent myself from being with you, who sincerely desire the Divine Love and, with any feeling of being afraid, alone or insecure, I with my Celestial teachers are present supporting you. There is no shadow in the Divine Love and for those who are aware of this Love in faith love and spirit we celebrate the harmony of God's universe of Love and Spirit.

I pray for the Divine Love, the Immortal Love

Universal Soul God,

My Father, I love and accept you with my heart. I sincerely pray for your Love that will come by The Spirit and embrace my spirit body conveying your Divine Love into my soul. I humbly ask that you love me as I love you, and that you continue to love me when in those times I cannot love myself.

I ask that you give me the strength to voice my faith and love to you, and that you may love me in my weakness and in my strength. I know that I am a soul beautiful to you as you are to me, and that your Divine Love will be the arrival of Truth that my soul has truly longed for.

I pray that your Divine Love will be the arrival from which will announce the departure of my doubt and that such faith, love, strength will come to me that I will never doubt you again. And I will never stop loving you, in the sunrise and the sunset of each day in my life.

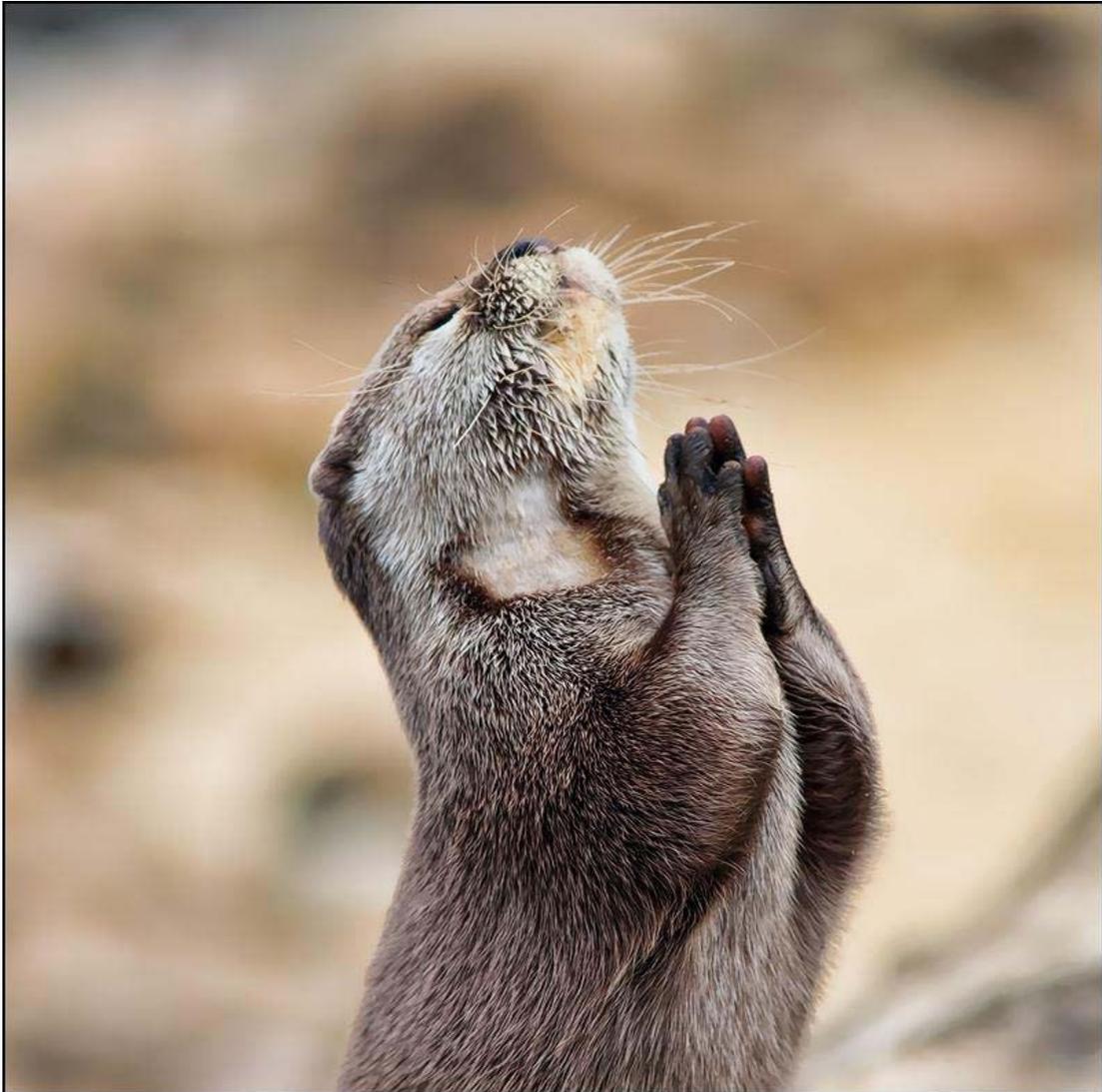
I recognise that you are the Source of the Divine Love and the origin of my soul. I recognise that I may have been lost to you but in truth I was never lost to you and now, I am gathering up all my love out of my lost-ness in great abundance because I am aware that your Divine Love is present for my soul and I am free to receive your Love and feel Its' breath of spirit declare in my heart the Immortal Harmony.

I am receiving your Love, I have received your Love, true Universal God, your Immortal Love.
Amen

<http://www.pascashealth.com/index.php/library.html>

Library Downloads – Pascas Papers

All papers may be freely shared. The fortnightly mailouts are free to all, to be added into the mailout list, kindly provide your email address. info@pascashealth.com



Three Great Truths:

- **God is Soul, being our Heavenly Mother and Father;**
- **that each individual soul is a duplex – both male and female;**
- **and Feeling Healing with Divine Love is the pathway to Paradise.**

The BEAUTIFUL MIRACLE:

5 Oct 2012

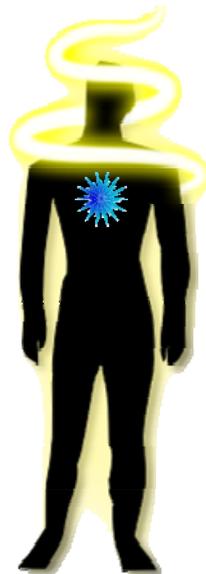
The DIVINE UNIVERSE

The way in which the Spirit conveys the Divine Love into the soul is a beautiful miracle. The attribute of mortal soul prior to incarnation has to it, a potential within it that is part of its formed nature. After the soul incarnates this potential remains part of the soul and even if the forming personality is unaware of such a soul potential, the potential still exists. The Divine Love is entirely suitable in its energy of harmony to be the energy that a mortal soul can utilise. The Spirit covers the spirit body when the individual sincerely asks the Soul of God for the Divine Love and this covering of the spirit body is where the dynamic of this beautiful miracle takes place. From the internal longing of the individual for the Divine Love this activates the Spirit Law that activates the Spirit that is then attracted to the spirit body upon which the Spirit material of the spirit body draws the Divine Love in to its soul and this union complete. The key here is to gain a perceptive insight into realising that the spirit body is not an inert body but that it is living and has activity, recognisable from its first forming from the Spirit Law that materialises a spirit body. The Spirit and the spirit body to give an analogy are like two attracting magnets and when the surface of the spirit body is touched by the Spirit, this causes the automatic response of the Divine Love to permeate into the attribute of soul and so begins the transformation of energy from the natural into the Immortal Divine Harmony. If the individual continues the receipt of Divine Love the energy that is Divine Love actively begins to change the soul and this is felt in the spirit body systems and can produce feelings of love and elation. The spirit-mind begins to change as all spirit body systems are affected by the changed condition now experienced in the soul as the soul becomes living and vital. In one's progression of this Divine transformation, the soul will mature enough from the amount of Divine energy it receives and at that moment the surface of the spirit body and the Spirit are continuously attracted to each other and one is living in the presence of our Mother and Father in perfect harmony and this clarifies the truth about what it means to be truly at-one with God.

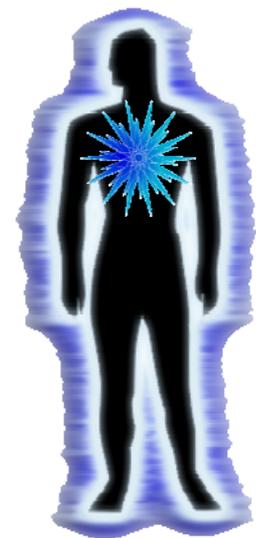
**Soul within
spirit body
prior to receiving
Divine Love.**



**Divine Love being received
from The Spirit, covering the
spirit body of the requesting
personality.**



**Divine Love having been
assimilated within one's soul,
now being reflected through the
radiance of the spirit body.**



SHINING TOWARD SPIRIT:
665. The Shining toward Truth

Vol III, p. 157, 14 Nov 2014 – 14 Mar 2015 Zara and Nicholas

www.lulu.com

It is I Matthew, a teacher of the Divine Love. I have communicated with you recently, now I desire to provide you with a visual description of the Love.



Imagine a continuous Energy shining light blue that is unbroken with a seamless surface that surround every mortal and Immortal spirit. Imagine if you were to become aware that this energetic field of light-blue Energy existed in its shining radiance just near where you are. Now that you are aware that this unbroken Divine Love is unified energetic field of living Love, by opening toward the Soul of God and aspiring for the Divine Love, the Acting Spirit gently brings a small portion of this shining blue Energy into your soul

The Divine Love that you have received remains part of this great Energy that the Divine Love is and even though this small portion of Divine Love, now within your soul, in its shining radiance and energetic cause, it is never separated from the continuous energetic field of Energy that the Divine Love is. Having partaken of this Energy it is with perception that one is aware that the Divine Love within one's soul is the same Divine Love that every person and spirit who has partaken of this Love, participates with. Even though in our individuality we partake of this Divine Energy, this Love is never broken away from the Source and Origin from which this Divine Love emanates.

The Divine Love is bestowed into our finite soul by the Acting Spirit, but this Spirit remains in contact with our spirit body and does not enter the finite soul to become part of our finite soul essence that we are. No mortal or Immortal spirit can manifest in their soul the Acting Spirit so that this Spirit – this Holy Spirit – becomes part of our existing finite spirit body. Only the Divine Love and its Energy becomes part of our finite soul, which causes the change to our spirit body. The Acting Spirit always remains its own attribute and never does a Celestial spirit claim ownership or take possession of the Acting Spirit within their soul. (The Holy Spirit / Acting Spirit is an instrument of the Source Soul, our Father.)

This is one of the wonderful Truths by which we who have been transformed by the Divine Love understand our personal relationship with the Father's ever-present Acting Spirit. The shining Energy of Divine Love is all around us and when we have partaken of this Love, part of our finite nature becomes independently shining in this true perfect Love.

I provide these words that may appeal to those who are visual and to express the universal appearance of the Divine Love and the personal touch when in contact with the Acting Spirit.

Matthew (Apostle)

Whilst we are receiving our Heavenly Parents' Divine Love, and that this Love is causing change within our soul and spirit attributes, the greatest Truth known to man and spirit is that this is the way our Mother and Father are actually loving us! When we progress, it is God's way of loving us into love and then we live what we are, love.

AUTOMATIC WRITING:

The reliability of communications from spirit people being accurately conveyed via mediums here in the physical world is always an issue.

The soul condition of the medium is paramount. Should the medium be in a poor soul condition then such medium will attract spirit people of similar soul condition. We all have emotional injuries and we all attract people, both here in the physical world as well in the spirit world, who has matching emotional injuries. We all have co-dependency emotional attachments with people, both in the physical and in the spirit realms.

As we grow in love and improve our soul condition then we can receive higher levels of truth from those from within the loving spheres of the spirit realms. Asking for and receiving Divine Love greatly enhances our potentials to receive higher truths, even from the Celestial Heavens which are those spheres being 8th sphere and higher.

A medium that is skilled in specific sciences is likely to successfully receive technical information from spirits who are skilled in such sciences. Dr Daniel Samuels was versed in the Old Testament; he received much guidance and truths pertaining to the accuracy of the Old Testament from spirit people.

A medium that is open minded and not enslaved by his own prejudices and beliefs can receive wide ranging spiritual truths should his soul condition be elevated. James Padgett was such a person. James transcribed more than 2,500 messages from more than 250 spirit people, many of them being from the Celestial Heavens. These messages are known as the Padgett Messages as published in the Book of Truths.

The highest level of accuracy of message delivery from the spirit world is when ‘automatic writing’ is adopted.

Automatic writing is when the medium relaxes and allows the spirit person to take control of the medium’s brain and actually writes the message through the medium’s hand. This process also enables the spirit person to correct any points should the medium intervene and apply his own thoughts.

Padgett Messages were all automatically written. So were Dr Samuels’ Revelations. The Judas Messages also arrived with the same reliability and accuracy.

Many loving and highly truthful communications have been received with many now being directly entered into computers through the keyboard by the enabling medium, automatically written / typed.

The final test for you to apply to any such material; does the information feel loving to you? If so, then consider the contents further. If it does not resonate with you then put it aside.

By living true to ourselves, true to our feelings, we are living true to God. It’s that simple.

Primary recommended reading:	consider commencing with:	Paul – City of Light
The Book of Truths	1914 – 1923	xxx – Joseph Babinsky
containing the Padgett Messages or		
Little Book of Truths		– Joseph Babinsky
True Gospel Revealed anew by Jesus Vol I, II, III, IV	xxx	– Geoff Cutler
The Rejected Ones	2002 – 2003	xxx – James Moncrief
Messages from Mary & Jesus	2003	xxx – James Moncrief
Paul – City of Light	2005	xxx – James Moncrief
Mary Magdalene and Jesus'		
comments on the Padgett Messages	2007 – 2010	xxx – James Moncrief
Speaking with Mary Magdalene & Jesus	2013 – 2014	xxx – James Moncrief
Sage and the Healing Angels of Light	2017	xxx – James Moncrief
Road map of Universe and history of Universe:		
The Urantia Book	1925 – 1935	xxx as primary reading
Divine Love supporting reading:		
Revelations	1954 – 1963	– Dr Daniel Samuels
Judas of Kerioth	2001 – 2003	– Geoff Cutler
The Golden Leaf	2008	– Zara & Nicholas
The Richard Messages	2012 – 2013	– James Reid
The Divine Universe	2012 – 2013	– Zara & Nicholas
Family Reunion Afterlife Contact	2014 – 2015	– Joseph Babinsky
Traveller, An Immortal Journey	2014 – 2015	– Zara & Nicholas
Destiny, Eternal Messages of Divine Love	2015 – 2016	– Zara & Nicholas
Feeling Healing	2017	– James Moncrief
Religion of Feelings	2017	– James Moncrief
The Way of Divine Love		– Joseph Babinsky
Divine Love – The Greatest Truth in the World		– Joseph Babinsky
The Human Soul		– Joseph Babinsky
Divine Love Flowing		– Joseph Babinsky
The Truth		– Werner Voets
Through the Mists, The Life Elysian, The Gate of Heaven		– Robert James Lees
Life in the World Unseen		– Anthony Borgia
Gone West		– J M S Ward
Post Mortem Journal		– Jane Sherwood
After Death / Letters from Julia		– William T Stead
Thirty Years Among the Dead		– Carl A Wickland
A Wanderer in the Spirit Land		– Franchezzo
Life Beyond the Veil Vol I thru to V – Rev George Vale Owen		– Geoff Cutler
The Holy Bible from the Ancient Eastern Text		– Dr George M Lamsa

Available generally from:

www.lulu.com

www.amazon.com

www.bookdepository.com

For Divine Love focused websites and forums:

Pascas Health:

<http://www.pascashealth.com/index.php/library.html>

Spiritual Development:

<http://new-birth.net/spiritual-subjects/>

Padgett Books:

<http://new-birth.net/padgetts-messages/>

<http://divinelovesp.weebly.com/my-free-books-and-free-padgett-messages.htm>

James Moncrief's books, the Padgett Messages and The Urantia Book at:

DIVINE LOVE SPIRITUALITY – DLS:

<http://divinelovesp.weebly.com/my-free-books-and-free-padgett-messages.html>

All Padgett Messages (for condensed versions – see below) 1914 – 1923 Pages 945
The Urantia Book (see suggested papers to read below)

James Moncrief Books:

	MoC		
The Rejected Ones – the Feminine Aspect of God	1,490	Nov 2002 – Jan 2003	228
Messages from Mary and Jesus book 1	1,485	Feb – Apr 2003	189
Messages from Mary and Jesus book 2	1,485	Apr – Oct 2003	170
Mary Magdalene and Jesus' comments on the Padgett Messages – book 1		Aug 2007	164
Messages from 31 May 1914 – 12 January 1915	1,495		
Mary Magdalene and Jesus' comments on the Padgett Messages – book 2		Sep 2010	177
Messages from 13 January 1915 – 29 August 1915	1,494		
Speaking with Mary Magdalene and Jesus blog – book 1	1,490	Jan – Apr 2013	206
Speaking with Mary Magdalene and Jesus blog – book 2	1,489	Apr – May 2013	229
Speaking with Mary Magdalene and Jesus blog – book 3	1,490	Oct – Jan 2014	187
Speaking with Mary Magdalene and Jesus blog – book 4	1,491	Jan – May 2014	191
Mary Magdalene comments on Revelation from the Bible KJV	1,485	Dec 2013 – Jan 2014	84
		This group being pages of	1,825

Paul – City of Light	1,488.5	2005	149
Ann and Terry		2013	235
Feeling bad? Bad Feelings are GOOD!	feeling-healing book 1	2006	179
Feeling bad will make you feel BETTER – Eventually!	feeling-healing book 2	2006	159
Breaking the Golden Rule.	feeling-healing book 3	2006	168
Feeling-Healing exercises, and other healing points to consider.		2009	175
Cathy and Mark – a novel introducing Feeling-Healing.		2010	151
Introduction course to Divine Love Spirituality		2006	139
Speaking with the Dead, Death and Dying		2009	173
Spirits and their Childhood Repression Healing		2010	179
With Verna – a nature spirit		2008	279
Communication with spirits – meet a spirit friend		2010	37
Introduction to Divine Love Spirituality website			362
Sage – and the Healing Angels of Light		2017	260
Divine Love Spirituality	1,500	2017	201
Feeling Healing – you can heal yourself through your feelings		2017	153
Religion of Feelings	1,500	2017	44
		This group being pages of	3,043

Religion of Feelings

Introduction to Divine Love Spirituality

Main website of DLS

Childhood Repression website

DLS and CR forum

<http://religionoffeelings.weebly.com/>

<http://dls spirituality.weebly.com/>

<http://divinelovesp.weebly.com/>

<http://childhoodrepression.weebly.com/>

<http://dls cr.freeforums.net/>

<http://withmarymagdaleneandjesus.weebly.com/blog---and-free-books-speaking-with-mary-and-jesus>

FEELING HEALING and SOUL HEALING with the DIVINE LOVE:**James Moncrief Publications:****all publications are free downloads:**<http://divinelovesp.weebly.com/my-free-books-and-free-padgett-messages.html>

It is suggested for one to consider reading as follows:

Speaking with Mary Magdalene and Jesus – books 1 – 4

These four books encapsulate the second of the revelations with the first having been introduced by James Padgett one hundred years previously. These four books provide a wide range of guidance that has never previously been made available.

Paul – City of Light

As a gentle intro into the Divine Love and Healing; being James Moncrief's first novel and it's been criticised as being too heavily clichéd, but that's the point because it's a reflection of how he was back then.

Ann and Terry

For an example of people who might want to immediately start working on them selves and doing their Healing.

Feeling Bad? Bad feeling are GOOD

For more understanding about our denial of our feelings and why we should not deny our feelings, and it includes how it all came about for James, using himself as an example.

Feeling bad will make you feel BETTER – Eventually!

This includes specific examples of Marion and James working on expressing particular bad feelings, again with the hope that it will help others gain something of an idea as to what's involved in doing your Feeling Healing.

Sage – and the Healing Angels of Light

Through Sage who's 13 years old, the story is primarily about the two aspects of healing; that being, with the help of our angels, and the full Healing we can do by looking to our feelings for their truth.

**Religion of Feelings
Feeling Healing**

**Welcome to LOVE – the Religion of Feelings
you can heal yourself through your feelings**

So these books, including the four Speaking with Mary Magdalene and Jesus books, provide the essence of it all and are examples of James' work. Then it's up to whatever takes one's fancy. Other reading to consider may include:

The Padgett Messages being published as:**The True Gospel Revealed Anew by Jesus volumes 1 – 4****Book of Truths by Joseph Babinsky****The Urantia Book**

Release one's pain through expressing one's feelings.

in conjunction with

Longing for the Truth when also longing for Divine Love.

FEELING HEALING with DIVINE LOVE is SOUL HEALING:

A collection of 'papers' that draw together specific topics including all of the above and more from other sources of information and revelation designed to help increase one's awareness about why we have the problems we do and how to heal them, all whilst living a more healthy and sustainable life. They provide a brief snapshot of the more complicated topics and issues.

Firstly, consider discovering the truth of your emotional pain through Feeling Healing.

Secondly, consider longing for our Heavenly Parents' Love as you progress with your healing.

Primary and most important readings are the writings of James Moncrief.

Then consider the Padgett Messages, and then The Urantia Book.

Pascas Papers, being free, are located within the Library Downloads www.pascashealth.com

<http://www.pascashealth.com/index.php/library.html>

PASCAS – document schedule.pdf downloadable index to all Pascas Papers.

FH denotes Feeling Healing; SH denotes Soul Healing, which is: Feeling Healing with the Divine Love; DL denotes Divine Love – living with the Love.

PASCAS INTRODUCTION NOTES: *All papers below can be found at Library Downloads link..*

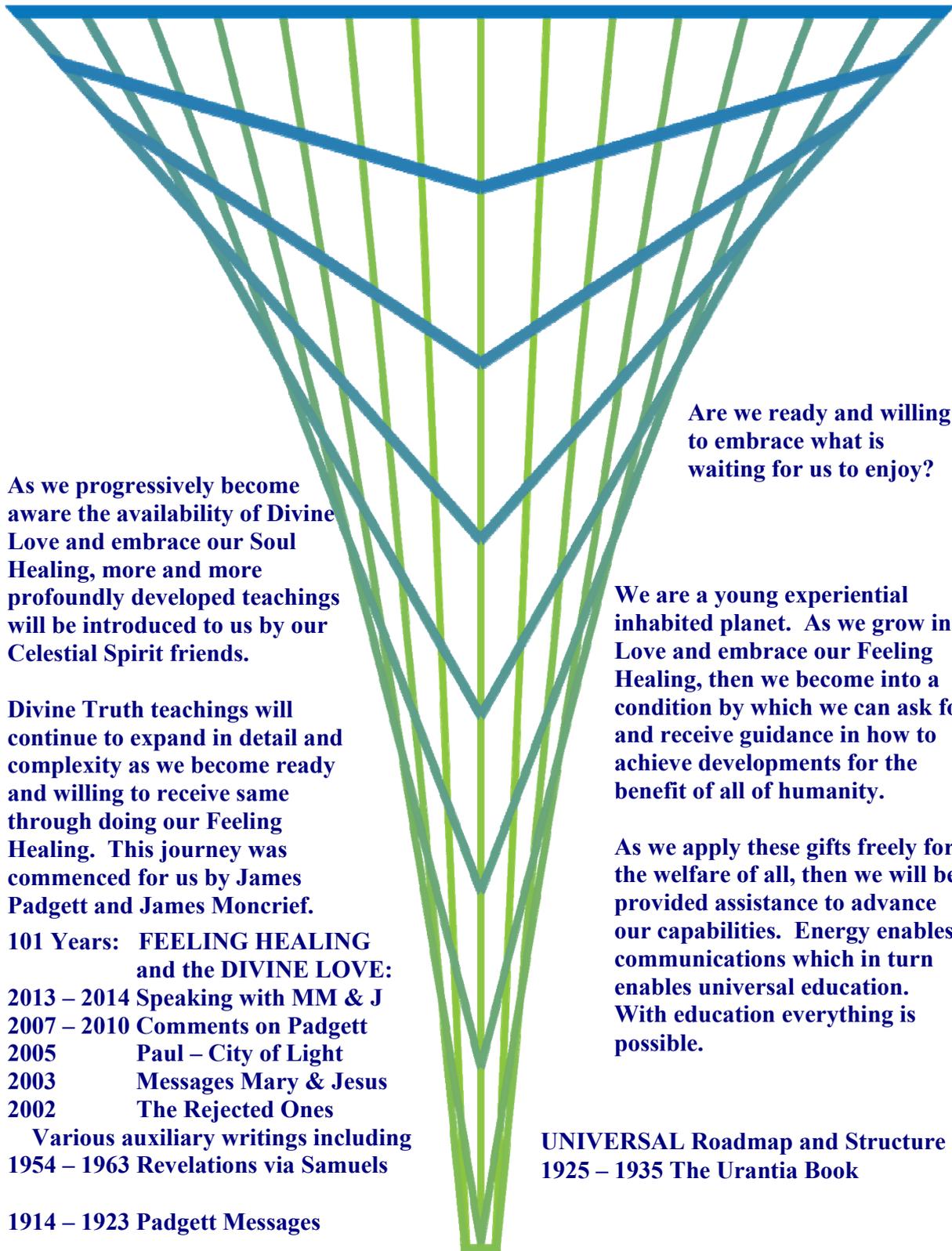
- Pascas Care Letters A Huge Upturn
- Pascas Care Letters Big Revelation
- Pascas Care Letters Feeling Healing Benefits Children
- Pascas Care Letters Feeling Healing Way
- Pascas Care Letters Little Children
- Pascas Care Letters Women's Liberation and Mother

MEDICAL – EMOTIONS:

- Pascas Care – Feeling Healing
- Pascas Care – Feeling Healing All is Within
- Pascas Care – Feeling Healing and Health
- Pascas Care – Feeling Healing and History
- Pascas Care – Feeling Healing and Parenting
- Pascas Care – Feeling Healing and Rebellion
- Pascas Care – Feeling Healing and Starting
- Pascas Care – Feeling Healing and Will
- Pascas Care – Feeling Healing Angel Assistance
- Pascas Care – Feeling Healing Being Unloved
- Pascas Care – Feeling Healing Child Control
- Pascas Care – Feeling Healing Childhood Repression
- Pascas Care – Feeling Healing End Times
- Pascas Care – Feeling Healing is Rebelling
- Pascas Care – Feeling Healing Live True
- Pascas Care – Feeling Healing Mary Speaks
- Pascas Care – Feeling Healing My Soul
- Pascas Care – Feeling Healing Perfect State
- Pascas Care – Feeling Healing Revelations X 2
- Pascas Care – Feeling Healing the Future
- Pascas Care – Feeling Healing Trust Yourself
- Pascas Care – Feeling Healing Versus Cult

**PASCAS
PAPERS**

DIVINE LOVE and DIVINE TRUTH Revelations and Teachings escalating:



Beacons of Light



perceived truth MoC 880 – relative truth potential MoC 1,450