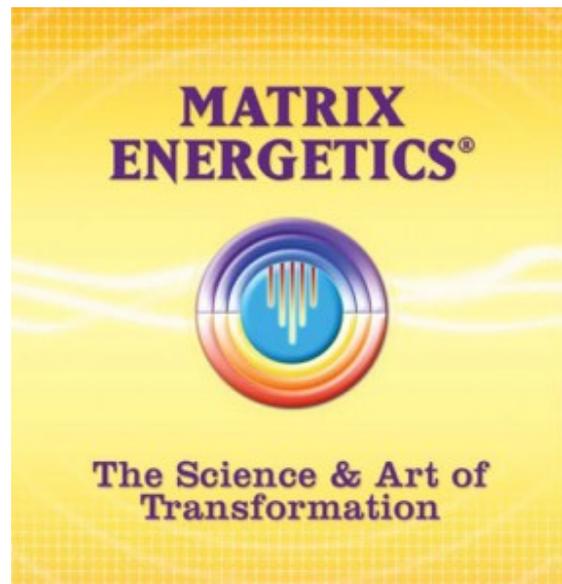


# PASCAS CARE



“Peace And Spirit Creating Alternative Solutions”

**PASCAS FOUNDATION (Aust) Ltd**  
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**Queensland, Australia**

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## PASCAS INTRODUCTION:

Documents assembled by Pascas are provided for your individual assessment and exploration. The contents are sourced from a variety of avenues and publications. Every endeavour is made to determine that the contents are of the highest level of truth and veracity. At all times we ask that you go within yourself, to ascertain for yourself, how the contents resonate with you.

Pascas provides these notes and observations to assist us all in the development and growth of our own pathways and consciousness. Pascas does not hold these contents as dogma. Pascas is about looking within oneself. Much of what we are observing is new to us readers and thus, we consider that you will take on board that which resonates with you, investigate further those items of interest, and discard that which does not feel appropriate to you.

Kinesiological muscle testing, as developed by Dr David R Hawkins and quantified by his Map of Consciousness (MOC) table, has been used to ascertain the possible level of truth of documents. Such tested calibration levels appear within the document. We ask that you consider testing same for yourself. The technique and process is outlined within Pascas documents, such as Pascas Care – Energy Level of Food. From each person’s perspective, results may vary somewhat. The calibration is offered as a guide only and just another tool to assist in considering the possibilities. As a contrast, consider using this technique to test the level of truth of your local daily newspaper.

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The sources of contents are noted throughout the document. In doing so, we acknowledge the importance of these sources and encourage our readers to consider further these sources. Should we have infringed upon a copyright pertaining to content, graphics and or pictures, we apologise. In such cases, we will endeavour to make the appropriate notations within the documents that we have assembled as a service via our not for profit arm, to our interested community.

We offer all contents in love and with the fullness of grace, which is intended to flow to readers who join us upon this fascinating journey throughout this incredible changing era we are all experiencing.

Living Feelings First, *John.*



***“Never can one man do more for another man than by making it known of the availability of the Feeling Healing process and Divine Love.” JD***

## **PREFACE:**

My physical body reflects or follows my energetic field. All emotions are also energy and a lot of demonstrations have been done on this subject. Read the book "The Field" by Lynne McTaggart for a layman's understanding of this.

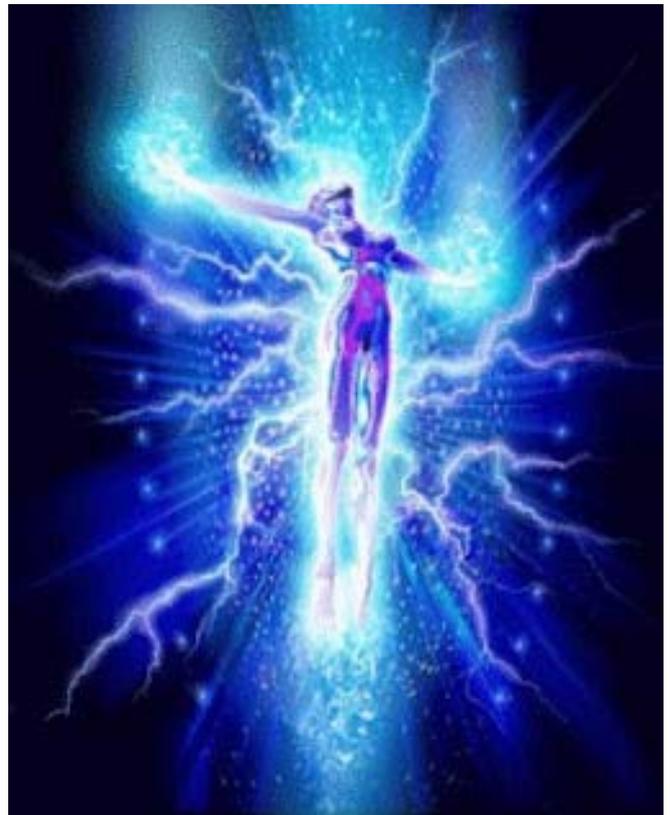
Negative emotions can become trapped in the body. In fact, we all have negative emotions trapped in our bodies. These, because they are energetic, tend to damage tissues in the areas where they are trapped. An outstanding treatise of this is the science of the new medicine. Dr Bradley Nelson's books on "The Emotion Code" and "The Body Code" give repeated examples of the process of removing negative emotions as an essential component to healing the physical body. As does Dr Alexander Loyd and Dr Ben Johnson in "The Healing Code".

That is, heal the energetic body first and then the physical body can be restored. There is a most profound article on this subject on the Divine Truth website titled "Cause and Effect". This approached the subject from a spiritual aspect. A J Miller says in the article, that until the correction of the error is made in the soul (energetic) the body cannot be truly healed. That is, the body is created and a product of our soul. As long as we only treat only the body, the distortion remains in our spirit and soul.

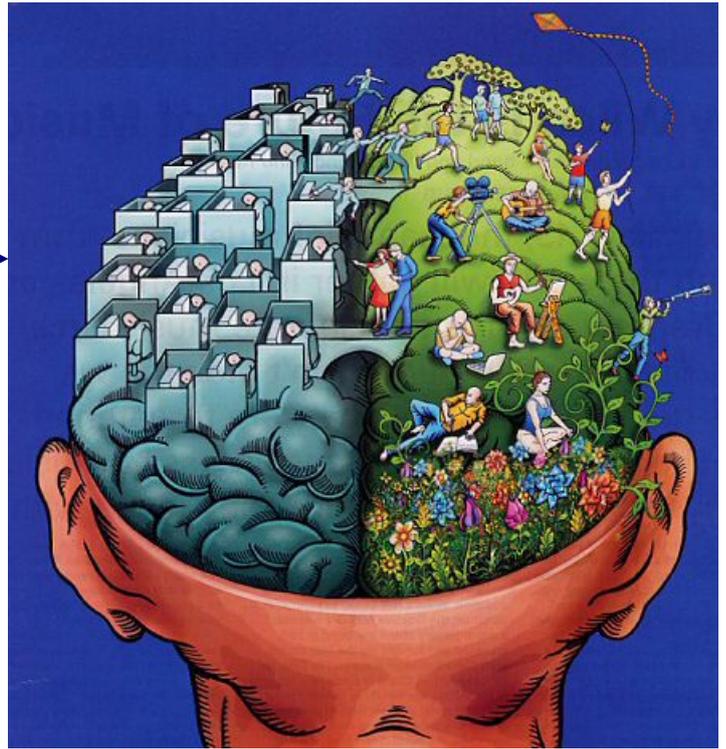
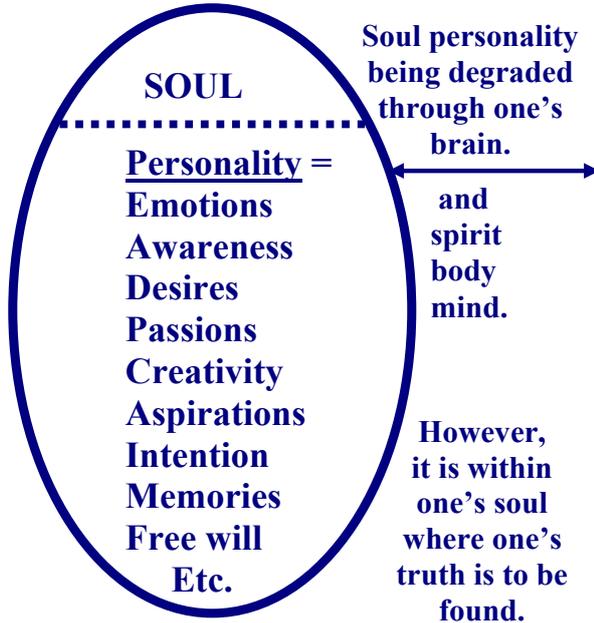
Therefore we treat effect with an effect and never get to the cause which is in the soul. When the error is removed from the soul (emotional processing) it is then removed from the spirit and then and only then does it disappear from the body.

How do you know someone is going to call you on the phone just before it happens? How do you know that someone is staring intently at you from behind? How do you sense when you move into a group of people that the mood is negative? Just chance. I don't think so. The energetic aspect of us connects us to our environment and at last we are establishing scientific proof of the phenomena which will eventually satisfy even the sceptics.

**PASCAS  
HEALTH**

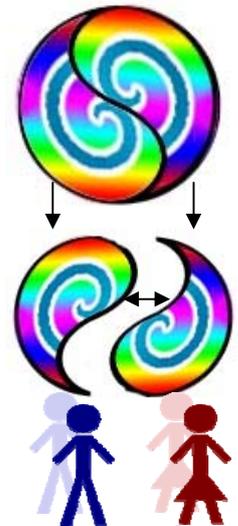


# Personality



## SOUL PERSONALITY

Each soul, ever created, is unique. Just as each snowflake is unique. Every soul is unique from every other soul ever created. By referring to your soul, we are referring to your complete soul prior to its division into its two halves. Each soul expresses two absolutely unique personalities. Your soul then incarnates into two separate spiritual and physical bodies, one half into a male body and the other half into a female body, thus the personality is further distinguished by its male or female aspects. Your soul half, has a personality separate and distinct from every other soul. Your personality is bestowed complete by our Father and Mother. The soul expresses its two personalities into Creation. Your personality traverses your physical body, your spirit body, and your soul. At the time of death of the physical body, your personality continues on existing in your spirit body and soul.



No matter where our two soul halves incarnate, they will be drawn back together again as they grow in love.

The individuality of each soul half is never lost as they grow in love and return together.



The real you is your soul, which continues to be connected by cords of light with your spirit body.

## INTENTION:

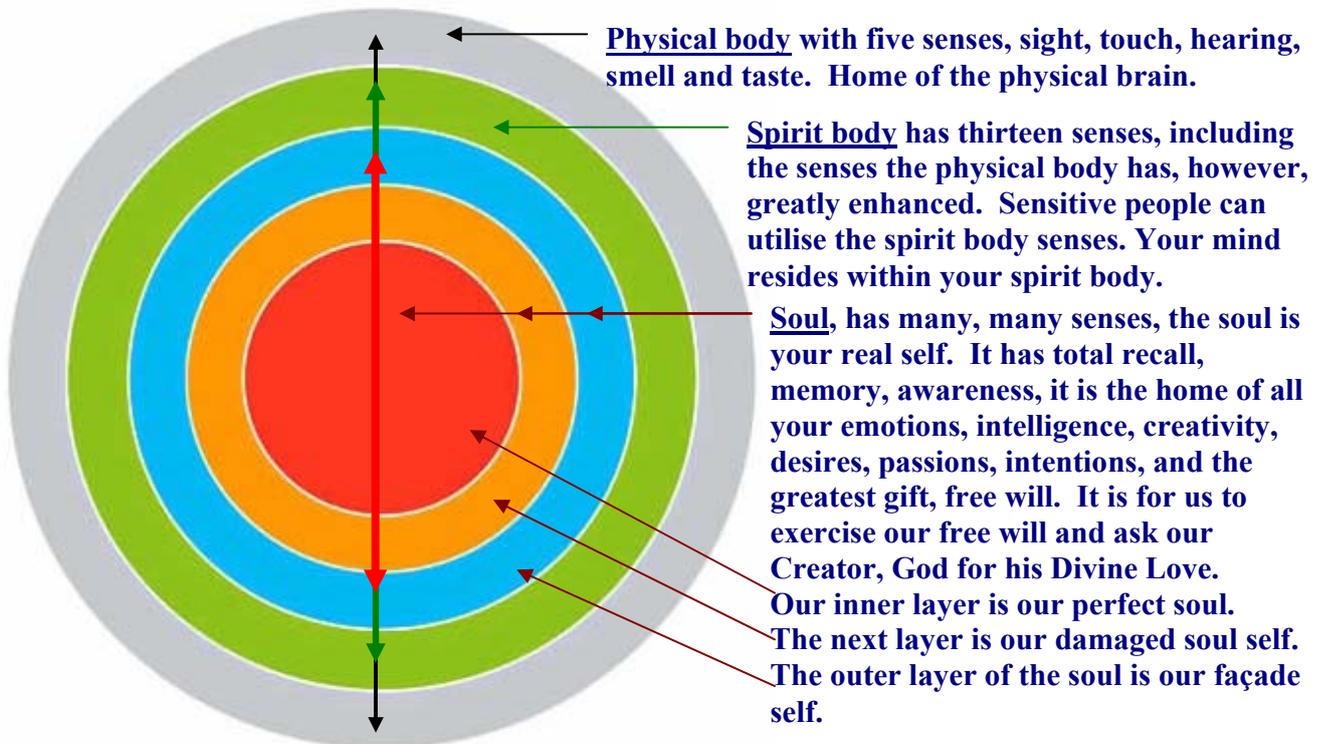
Human intention can strongly influence the physics of this duplex space, our physical well being says Dr William A Tiller.

Human acupuncture meridian / chakra system exists at a higher Electro-Magnetic (EM gauge symmetry state, so that focused and sustained human intention channelled through this system can produce amazing transformation both inside and outside the body.

Human intention is created within the domain of the soul.



**Soul condition is the sum total of all of the different emotions, desires, passions, etc., all wrapped up together in terms of how much love there is in every one of those.**



## Matrix Energetics – Practitioner comments:

### 1. *What is Matrix Energetics?*

<http://ricardaoconner.com/matrix.html>

Matrix Energetics is a brilliant new pathway to transformation. Developed by Dr. Richard Bartlett, and rooted in the laws of Quantum Physics, Matrix Energetics is not a healing technique per se; rather, it is a “Consciousness Technology” that helps us bypass our habitual limited perceptions and access what physicists call the Zero Point Field — the field of pure potential, the realm of all possibility.

### 2. *How Does Matrix Energetics Work?*

Based on my experience with Matrix Energetics I would say it works like magic — only that magic can be explained by science.

On the subatomic level everything in the Universe, including us humans, is composed of light and information. Your reality may appear fixed, but it is actually fluid, in a constant state of becoming. Matrix Energetics quickly drops us into that fluid state, connecting us to the grid of infinite potential energy. Then, by adding the creative power of intention, we can dismantle the energetic state that supports the problem or illness, call in different information, and establish a new state that promotes a healthy change.



Matrix Energetics can be applied to anything: physical illness, injuries, past traumas, emotional and psychological patterns, relationship issues, business concerns and much more. Whatever you wish to transform, Matrix Energetics can help you do it with speed and ease.

### 3. *What to Expect in a Matrix Energetics Session*

Unlike Reiki, I do not channel energy in a Matrix Energetics session. Instead, I connect with you heart-to-heart, initiate an energetic rapport, and simply become the doorway through which you enter the Zero Point Field.

If your session is in person, you will be fully clothed. You might stand, sit, or lie down. I will probably use a light touch to start.

If you are having your session by telephone, I will ask you go to a quiet place where you will not be disturbed, and make yourself comfortable.

Together we will set an intention, drop down into the Field, then investigate and play with whatever shows up. You might feel a wave that affects your balance as the old energy constructs loosen and shift. Beyond this, just expect the unexpected. Matrix Energetics sessions are different every time.

After your session, we’ll do whatever processing is helpful. To finish, I will anchor you to your new expanded state so that the changes that have been set in motion will continue to unfold.

## What is the Matrix?

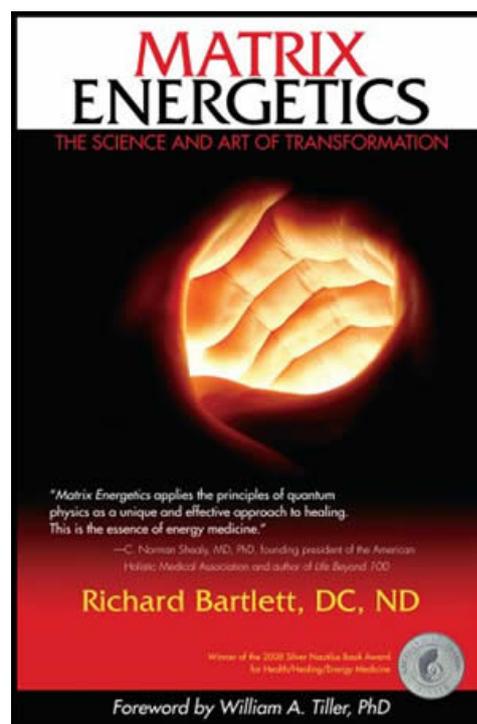
### Matrix Energetics – a system of healing, self-care and transformation

<http://www.matrixenergetics.com>

Matrix Energetics is a complete system of healing, self-care and transformation. It is a transferable and teachable phenomenon, powered by intent, which has a physical and observable effect every time. Complete beginners as well as seasoned health care practitioners are able to perform and utilize this work to affect change-with no waiting and no running of energy. Anyone can learn this skill and practice Matrix Energetics.

Matrix Energetics starts with a gentle light touch and the power of focused intent and builds into a new and joy-filled state that can affect life changes. This exciting new tool can be used to heal, to transform and to create new possibilities. It's very much about transforming your beliefs concerning healing, disease and the structure of reality.

Matrix Energetics sometimes appears magical in its expression but is based on the laws and expression of subtle energy physics and the concepts and laws of quantum physics, superstring theory and Sheldrake's Morphic Resonance. Often you will see and feel a wave like motion when Matrix Energetics is applied, as the person being worked on experiences a smooth wave of transformation and the body seems to drop in a completely relaxed wave instantly. This can happen standing up, sitting down or laying on a table. The participants are taught specific methods of using a powerful, focused intent. This is combined with application of a light touch method for identifying the parts of the body where the Matrix Energetics "wave" will yield optimum results. What seems to be happening is that the unconsciousness and the biological physical fields are interacting.



### Experience of Matrix Energetics

Matrix Energetics is not a "thing" to be defined – it is, instead, a pathway to transformation. This transformation takes place by communicating at the quantum level with the wave fronts (energy and information) that create all of reality. The tools taught in the seminar are simply a language used to access this pathway and map the transformation that occurs. The application of this method of transformation is only limited by your imagination. What are you doing when you "do" Matrix Energetics? You are creating and transforming reality at the quantum level and observing the macro effects of that change.

This new paradigm gives you instant access to new states of awareness which make it possible to interact with the material world and transform it – to affect change connected to past traumas, injuries and emotional patterns. Matrix Energetics shows us how we can consciously choose to observe in a different way. As a natural extension of changing your way of perceiving, your old reality collapses and

new possibilities materialize instantly. Physical and emotional conditions can be resolved with the speed of thought. People affect verifiable, observable changes instantly. Often you will see and feel a wave like motion when Matrix Energetics is applied, as the person being worked on experiences a smooth wave of transformation. What seems to be happening is that the unconsciousness and the biological physical field matrix is rearranging itself.

Utilizing Matrix Energetics enables one to engage a state, or way of being, that creates miraculous changes that can be actualized every time by novices and experts alike. It frees us from the non-miraculous, static belief systems that have dominated our daily lives. People from all walks of life will be able to perform and utilize this work to affect change-with no waiting and no running of energy. YOU affect your physical surroundings in a powerful, permanent, new way.

There are no barriers to the expression of this energy and there are no limitations for it. The limitations are in your own mind and with practice you transcend those limitations. It is like learning a new language or acquiring a new skill in a sport, where first you have to think about all the rules, and then at some point, you begin to think in the language itself or act fluidly with skill.

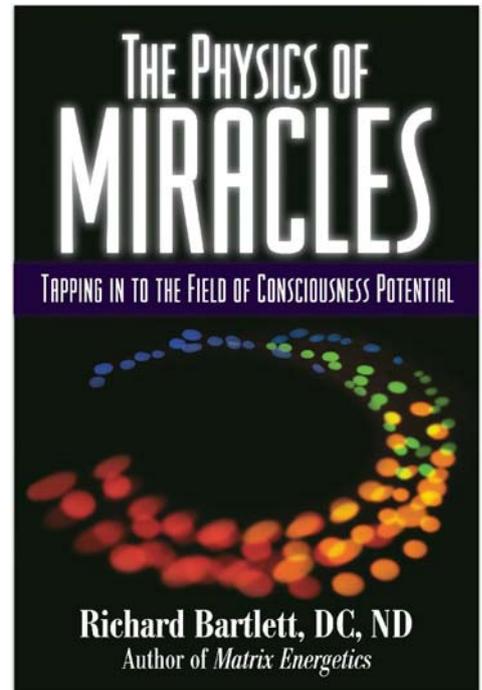
Like many things that are founded on feelings and sensations, it is generally much easier to experience Matrix Energetics than to try to understand it. It is human nature for us to make assumptions about new experiences by comparing them to encounters with information or activities that seem in some way similar to us. Traditionally we build new skills by making adaptations from previous actions and thoughts. Do not make this mistake: what I am talking about is an entirely new paradigm.

### **Matrix Energetics and the Laws of subtle energy and physics**

According to modern physicists, all reality can be described as vibrations and waveform patterns, that everything is light and information.

Biological information fields form an active, constantly resonating matrix. This matrix and its interconnections provide for a continuum for rapid, coherent intercommunication throughout the body. The vibrations and waveforms in this matrix can be changed, meaning that anyone can collapse the current reality such as an injury pattern or some stuck situation within the body or emotions and introduce one of many other new possibilities that are more useful.

**Disease may be defined as a disruption, cessation or distortion arising in the matrix of these information fields. Physical and emotional injuries impair communication at the cellular level. The application of the Matrix Energetics field re-establishes the flow of biological information so that the body can better respond to stimuli in its internal and external environments.**





### **You are learning to co-create**

You're creating an altered state, a different reality, which you energize and give life via your active imagination. So the secret is that your imagination, your creative imagination, is the force.

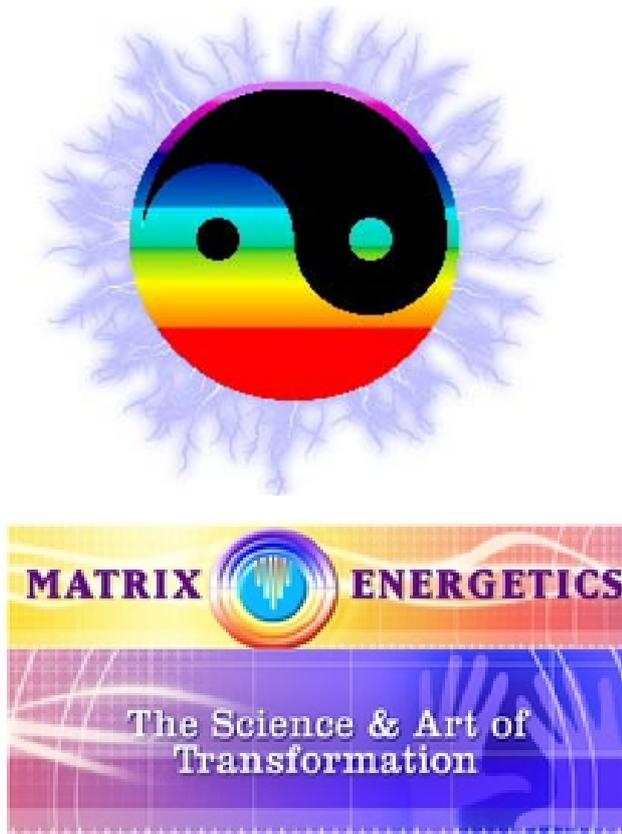
### **You can reliably experience something that appears magical, but which is also measurable**

All energetic medicine, all healing, all consciousness-based techniques will work, but can you reproduce them every time? Can you get to the point where you know you had an effect? With Matrix Energetics you can measure the effects, the person you worked with can measure the effect, and you can both agree that there was an outcome. Does that sound exciting? Matrix Energetics allows you to access a source of immense power limited only by your imagination, that you can use to work on yourself, help your children or loved ones, or help all sentient life.

It works equally with anything.

And it's always there 24 hours a day.

Matrix Energetics is a new idea that is supported by modern physics, subtle energy physics, quantum physics. In order to really understand the magnitude of what is possible with this system, you must experience it for yourself. If you're a practitioner of some healing modalities, whatever you do, Matrix Energetics provides a new tool and shift in thinking that can apply it to anything that you want to accomplish.



## Questions About Matrix Energetics

The following are a collection of frequently asked questions we receive from visitors to our website, seminar attendees, and users in our message board community. We hope that the questions and answers provide you with further insight into the aspects and benefits of Matrix Energetics™.

### ▷ **Matrix Energetics™, Why that name?**

(Dr. Bartlett). Matrix Energetics™ refers to the living crystalline energy that constitutes our bodies. Research biologist James Oschman, Ph.D. describes living systems in this way. Bones, fascia, connective tissue and even some of the supportive tissues in the brain are composed of a liquid crystalline substance. It is like a crystal on an old radio set. The interesting thing about crystals and crystal structures is they actually allow for what you call quantum phenomena. There is speculation that a quantum computer that incorporates organic technology and crystals could be built in the near future.

I call this work Matrix Energetics™ because I don't believe that our physical bodies are the only reality. We basically are light and information – we're patterns of energy. And that's what the topnotch physicists have been saying for the past 50 years. Even if you believe that, it doesn't have much significance in your daily life. BUT when you learn that you can actually heal someone's conditions, transform their emotional state, or change their mental processes using Matrix Energetics™ new possibilities emerge. It is possible to change years-old injury patterns with a light touch and a specific process. Matrix Energetics™ utilizes the power of focused intent. Matrix Energetics™ can be learned, and in fact mastered by anyone.

### ▷ **What's your goal with your work?**

(Dr. Bartlett) My goal with this work is to teach as many people as I can how to have these perceptions and to do this because it's very easy to learn. Mothers can help their children, families can have access to free health care that they have right at their own fingertips. Matrix Energetics™ is a powerful new tool any body worker can use to super charge whatever it is they're already doing and to do it pretty much instantly.

### ▷ **Can anyone do this work?**

(Dr. Bartlett) Matrix Energetics™ is available to everyone. In fact, the people who have the most difficulty learning this work are those who have the most degrees, they practice a materialistic state of awareness that does not allow for miracles. It's kind of like Peter Pan when Tinker Bell is dying and you have to believe in fairies to keep Tinker Bell alive. Once you are able to believe that a possibility other than what you'd believed or experienced, to entertain that a new idea could be possible, you've entered into that quantum realm, where all things are possible.

### ▷ **Is that challenging for most people?**

(Dr. Bartlett) Matrix Energetics™ is a lot of fun for most people. When they come to my seminars, they wind up wondering what's real on Saturday. By Sunday they begin to think well, we're not sure, but we don't care because we're able to do these things we've never imagined before. This is a lot of fun; lets

do it some more. It's necessary to be like a little child and know how to play and how to imagine. There is a great scene in the movie *Hook*, when Robin Williams plays the grown up Peter Pan. He is sitting down with the children, the Lost Boys, and they're playing around the table at eating, they're having a banquet. Peter Pan, because he grew up and let his imagination atrophy, is starved because he can't imagine any food. He's getting more and more frustrated. Finally, he starts to play and when he does, the whole table pops into view, filled with a wonderful assortment of food.

It's like that once you start to play with the Matrix Energetics™ concepts. You begin to accept that your worldview could be big enough to contain ideas that allow for outcomes that appear miraculous. Several quantum physicists I've met are very much like children, in that they are willing to imagine a different reality than everybody else. They have the mathematics to support it and they have expanded their belief systems. Yet they can say this is the way reality must be, because the science and the math confirm that this is the way it must be!

▶ **Intent plays a big part in how your work is conducted. First, would you please define intent for us, how it is utilized in your system?**

(Dr. Bartlett) Well, intent is the energetic foundation for manifesting the substance and structure of your beliefs into observable reality. You've never seen a house built without a blue print, and basically intent is your blue print to build that house. If you want to accomplish something, you first have to imagine it. Once you imagine it, then you conceptualize it, you actually see it happening, and then you take steps to actually do it. In Matrix Energetics™, we have a blue print called the Science Structure that we teach very simply, so that anyone can understand it. It's a lot of fun. Once you understand some really basic principles you begin to realize that the ideas in quantum physics provide a very real gateway into a realm of possibility that allows for instantaneous healing, physical manifestation, and virtual transformation of every aspect of your life.

Once you understand the basics of Matrix Energetics™ you can apply them to the quantum laboratory we call the human body, see the intended changes happen, and decide for yourself whether it's real or not. Once you do that, you now have crossed over the border between what you used to believe, and what you believe now. And once you do that, there is no limit to your imagination and what you can do. That doesn't mean that, because you think you can, you should jump out of a building. That's not a good idea; you're trying to override a very powerful consensus reality. Find safe and simple things you can start with, that you thought were beyond your capability. I submit to you that you can do many other things that you have only dreamed.

▶ **So what do you perceive matter, physical reality to be?**

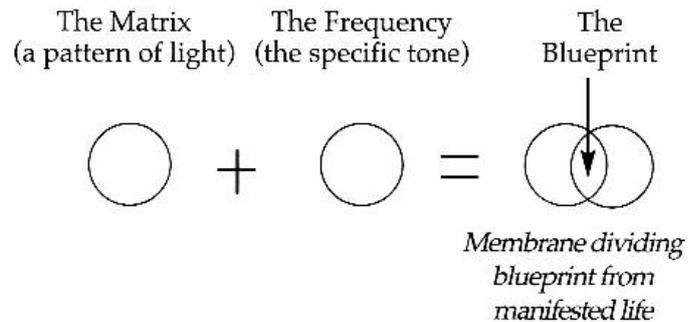
(Dr. Bartlett) Well matter exists because we have thought it into existence and, there are so many of us holding the persistent delusion or reality that there is such a thing. We've made it up so well that we've made it physical – we have taken background cosmic energy, and transformed it with our awareness and consciousness into our experience of what we call our reality. But our reality is really what we create inside of our minds. Wayne Dyer talked about this in his new book “The Power of Intention.” He combines elements of quantum physics with Carlos Castaneda, a famous writer, philosopher and teacher who presented the teachings of Yaqui Indian Shaman Don Juan in his books.

Don Juan taught that we need to learn to See, not just look at things. He made the distinction that when you look at something, you're looking at it through your perceptual filters – you're seeing what you are taught to see, what you've been accustomed to seeing. When you actually see something, you look beyond the veil as it were and you start to apprehend or become aware of the energy patterns that make up that existence. Now that's not to say in order to do this work you have to be able to do that – you don't have to be clairvoyant. It is important that you embrace the concept that we all are energy and we're really composed of this quantum stuff from which we co-create our objective experience of reality.

## How Matter is Formed

### STEP 1

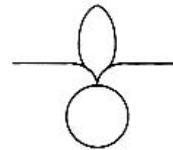
Within the etheric realms or Indwelling Life the blueprint is formed



### STEP 2

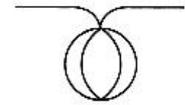
A corresponding frequency within manifested life calls the blueprint forth. (With frequency, like attracts like.)

(a) The blueprint starts to push against the membrane



Pocket of frequency created by devas

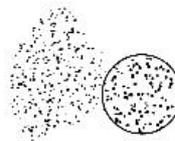
(b) The blueprint is now in manifested life



The blueprint begins to fill the space of like frequency

### STEP 3

The blueprint is negatively charged (having come from the etheric or Indwelling Life) and attracts atoms (positively charged—within matter, opposites attract.)



(a) Atoms rush into the designated space and arrange themselves according to the matrix and frequency



(b) The form is materialized

‣ **Do you have to believe for this to work?**

(Dr. Bartlett) I have a cat story that speaks to this. I think cats only have two beliefs: they should be fed and they should be master of the household. A cat came in to my office that had a broken foreleg and it had not set properly – it was a kitten and it was having trouble walking on it. The cat had never met me, had never heard about Matrix Energetics™, and did not have expectations. I picked the cat up, held two points, one above the break and one below the break, just touching lightly for about 30 seconds, and then you heard this snap, the bone reset and then the cat was just purring and perfectly happy. When I came out a half hour later from working with the client, the cat was jumping off furniture with absolutely no problems. So the cat didn't have any belief, not even an unconscious belief in what I do. It is not necessary to have a pre set notion that this will work, only to observe and be able to validate what did happen in your experience. You can believe me when I say the changes that occur are usually obvious, often dramatic, and easily observable by anyone.

‣ **Explain what you mean about time travel. How literally do you mean this thing about time travel?**

(Dr. Bartlett) Well, it's funny because you could say we're making it all up and one of my mentors Dr. Richard Bandler says it's okay if it's a useful fiction. It may not be true but if it's a good enough belief system that it works consistently I'll take it. I mean this very literally, I can touch somebody's body, feel tension in their body or pain or whatever you want to look for, travel backwards in time conceptually, and feel the change in their tissues under my hands when I get to the point where an injury actually occurred or a condition began. That doesn't mean I believe that I can heal cancer or any disease. I don't believe in healing, and I don't believe in disease. I believe in transformation because healing and disease are two sides of the same coin.

‣ **You mention you like to use the word “transform” instead of healing, why?**

(Dr. Bartlett) Healing is a very nebulous concept; what healing means to you might be completely different to me. It's a very abstract term; disease is also an abstract concept. Disease to a scientist or to a medical doctor describes a set of symptoms and signs and clinical findings and laboratory tests that tell you that this collection of symptoms has been named to be this disorder. Just because you've named something to be this disorder, and you have this collection of symptoms, that in no way defines what that person has. We are not talking about the disease that has the person; we are talking about the person that has the disease. That's why I said I don't believe in disease. The disease Fibromyalgia for example; what does it mean? It means that there's pain in the connective tissue and muscles, so what! That's not a disease, it's a description. Same thing with techniques or therapeutics, most therapeutics are tools that are designed to address a certain component of functional or pathological disorders. They are just some one's thought / belief designed to address the components of the condition they are observing and attempting to “cure.”

You're taking a concept of healing to address a concept of disease; you can call it treatment, you can call it therapy, and I prefer to call it gone. That's not to say I'm so arrogant as to believe that would always be the case, but wouldn't it be nice to believe that. Isn't it more preferential to believe that you can transform in an instant rather than think that healing has to take time? Or that without pain there is no gain, that's one I just love.

At the quantum level there are infinite amounts of energy in a very, very small amount of time. It cannot be observed, so we don't know what it is. Physicist Richard Feynman said that perhaps the sub quantum world contains morality or composers or giraffes or whatnot, he didn't really know. I think that's where miracles happen, that's where all the possibilities come together.

When you apply a miraculous sense or non-consensus reality approach to something that's been construed to be a very physical condition a conflict arises. You run headlong into consensus reality; you run into codified beliefs about what disease or healing is.

‣ **Where does this transformation take place?**

(Dr. Bartlett) Again, I believe it has to be at the energetic level where mind and matter meet, it's where mind and matter are essentially the same. We're talking about photons, light and information and that's about all there is. I have to believe that transformation takes place on the sub molecular level, the quantum level. That's where you get the effects of infinite energy and infinitesimally small amounts of time. Physicist Richard Feynman said you could have potentially anything occur in an infinitesimally small amount of time.

‣ **How does quantum physics fit into this work?**

(Dr. Bartlett) There's something called the Heisenberg Uncertainty Principle. What that says, essentially, is you cannot observe a system without entering into that observation and therefore changing it. Scientifically, this means that if you look at something and attempt to measure its velocity, you lose track of its actual location. If you try and track its location, you lose the ability to measure its velocity. You can never actually measure both at the same time; you can observe one and change the other. I started to realize that, our consciousness is functioning at this quantum level to create\* our reality all the time. The reality we get is what we accept, what we've been taught to believe.

There're things like spontaneous remission. Miracles fall outside of the realm of linear physics, but quantum physics actually predicts miracles. We now have quantum physicists who are calling this unified field theory the mind of God. Gregg Braden has talked about this in-depth. If you are dealing with the mind of God, and you're actually a functional part of that mind, you have access to that same awareness. (God has His own location and is distinct from man. Until we use our free will and ask to receive Diving Love, there is no aspect of God with us.)

‣ **What do you mean when you talk about filters?**

(Dr. Bartlett) Our conscious expectation for what is or is not possible is formulated by the nature and extent of our beliefs. Our beliefs function as the perceptual filter which dictates what we are able to notice and to interact with as our concrete observable reality. We call this consensus reality; everybody agrees for instance that if somebody is wearing a red shirt, the shirt is red. But from a physics perspective, the shirt is not red, it's every other colour but red. Red is the one colour that's not there, so it's the one that's being reflected back to us! That's a basic example of how our perceptions can trick us. They can totally be off base, but yet be accepted by everyone as real.

‣ **I took one weekend Matrix Energetics™ Level 1 seminar. Do Dr. Bartlett and Dr. Dunn continue to refine their ideas?**

(Staff) Dr. Bartlett and Dr. Dunn are refining their ideas on a daily basis. I have seen Dr. Bartlett have a thought that then becomes a quantifiable, repeatable and usable process. They are constantly thinking and simplifying their ideas so they work every time and are then teachable.

‣ **Dr. Bartlett did transform a scoliosis, which was impressive to see. Does this happen often?**

(Staff) It depends on what is meant by often. I've had the experience of feeling a scoliosis with Dr. Bartlett and while my hands were still on it and his over mine it transformed. The change was so quick it took seconds for my mind to catch up. It is impressive and dramatic to see this transformation in a workshop. It is sacred and awe-some to realize a person's life has been transformed by the removal of suffering.

‣ **How do I make the effects stronger when I do the techniques I learned at the seminar?**

(Staff) You cannot make anything. They are very present to the person, and in the office less intentionally dramatic and gentler with incredible effects. Our role is to be present for the person standing in front of us. The focus of intent is on what they need, not on what I need to see. A good question to ask is, "How can I aid this person so they can heal themselves?"

‣ **I saw some people fall to the ground – does that have to happen for it to work?**

(Staff) People experience what seems and feels like very subtle shifts in their body. Often these shifts have deep reaching aspects and just as often are subtle. Either way, a transformation takes place. Something happens each and every time; that is the beauty and ease of this system. There are more subtle shifts at times and often in the office people suddenly relax deeply into a slump, then sit back up renewed and feeling quite different. There does not have to be any dramatic collapsing for this shift to take place and to produce change.

‣ **I do still get results, but getting people to fall over (or even for them to get that mushy feeling) would be nice--I think validating, for me and for them, so they can say, yes something must have happened.**

(Staff) Well, this is an interesting question / thought. My first response is, "who is the client and who is the practitioner?" It sounds like you want to affect a change for the better for your client, but you want to be the receiver of some change or validation for yourself. Is that true? People don't often fall over. Some don't have it in their ideology that it's necessary or important or that they even want to. Some don't get a mushy feeling. No matter what I think or feel, if I touch someone with the intent of the higher good, a transformation takes place. It may be they go home and see their cat differently, or pay that bill that's been sitting on the counter, or have a spiritual insight. Falling over doesn't ensure that. It's a great teaching tool as it shows dramatically the wave potential.

I have had people fall over, and get mushy, and zone out. However, I have had an equal number and maybe more, not have any dramatics happen. Yet, dramatic transformation happened for them

sometimes right there and sometimes over time. A shift in consciousness is a longer lasting transformation than falling over for a few minutes.

‣ **What if I don't see anything happen?**

(Staff) One thing I'm seeing is that I have to totally give my idea that I should see something happen. Remember, it's not about us it's about the client. No matter what we "do" they will initiate, receive and become – their way. Maybe instead of looking for a specific sign, you could look for what's different. Is that ankle softer? Does it have more range of motion? Is there a sense of peace? Ask your client if they notice anything different from when they came in, if you can't see or touch it.

‣ **Do I have to have a license or medical degree to learn Matrix Energetics™? Can anyone learn to use it?**

(Staff) Anyone at all can learn Matrix Energetics™ and be effective from the first day of the seminar! Students have ranged in age from 10 to 80 years old. People attend for many reasons. Some want to have a system of self-healing, others to help their family. Health professionals find using Matrix Energetics™ makes their particular practice quicker, easier and more effective with longer lasting results in a short amount of time.

‣ **Do you have to have a belief to have it work?**

(Staff) Thomas Edison said, "To invent you need imagination and a pile of junk". The belief is that it works. Once you attend a seminar weekend, you will have no doubt that it works. You will see Matrix Energetics™ demonstrated and will have had hands-on practical experience. Once you see and experience this phenomenon, there is no way it can't work. It just works.

‣ **Do you think change is a factor of holding a trance state strong enough? Or is it a "grounding and centring" issue.**

(Staff) My suggestion is to notice when you are looking for something for YOU.

My own experience, and what I've seen in the office, is Dr. Bartlett and Dr. Dunn, don't go into that kind of meditative trance. They are very present here and now, right with the client in their space and all about them.

My own opinion is you may get more of what you're looking for if you do not enter a trance while you're working. My way is this. I do all my rituals – i.e., spiritual practice, meditation, sending my intentions, protecting and guarding, whatever the ritual of the day is. Then, when I'm through, I am enough. I am assured that I can leave all that at home, and my role for the rest of the day is to stay present, grounded in my body, and here and now in each moment.

The annoyance I feel with myself is when I think I am not enough. When I think I have to do or be something in order to be effective, it's a downward spiral. You are enough just where you are. You do this. You care. All the way up in your spiritual dimension isn't any "better" than not being there at all.

Balance between Earth and Heaven is necessary. Work on grounding exercises and you may find you NEED less and less to see something because you will believe it already happened.



Every tiny bit of pain you are experiencing in your life, physical or emotional, is the complete effect of a cause, and if you don't want to see the cause, those pains will continue.

We have whole systems on Earth totally dedicated to removing effects. The pharmaceutical system on Earth is totally dedicated to taking away effects. We have law upon law, upon law, politically to take away effects, they don't deal with causes.

Is it effective? No. Because we still keep getting the same effects.

The whole world is geared to modifying and changing effects.

God does not do that. All God is interested in is addressing causes.

There are many natural love spirits in the spirit world, 6<sup>th</sup> sphere and lower, who are totally dedicated to healing people, on Earth, who are not dealing with causes. There are literally billions of spirits in the spirit world who will assist a healing of a person that is not addressing the cause of why they got the injury in the first place. The divine love spirit will never respond to a healing where the cause is not dealt with.

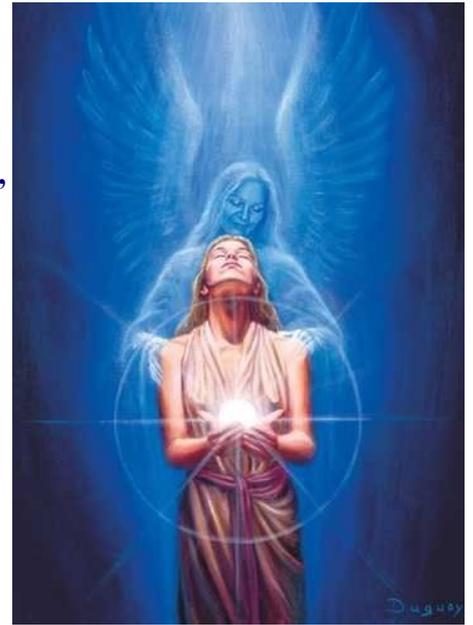
It is totally ineffectual and waste of energy though, because in the end, whether the person is healed or not, the emotional cause is still within them. They will either get the sickness again, or a similar sickness, or they will never address the emotional cause which is harmful to their soul anyway. 16 May 09

An earnest longing for God's Divine Love is the only way to transform one's soul. This longing is severely retarded and the reception of God's love impaired whilst one's soul is dominated by erroneous beliefs which are in the form of negative emotions. The releasing of and clearing of these emotions are essential to progress from the lowest levels of the 1<sup>st</sup> sphere and also to progress through the 2<sup>nd</sup> sphere. It is Feeling Healing with Divine Love that one progresses through the Divine Love Mansion Worlds 3, 5 and 7 and enters the Heavens.

Where the person themselves, are encouraged by the spirits around them to actually feel their causal emotions about their sickness, under those circumstances, a Divine Love spirit will assist in the healing of that person, and the person will be healed, because the person has addressed the cause, the core emotion, of the illness within them.

16 May 2009

Angels only reside in the Celestial Realms – sphere 8 – 22, which are the realms of Divine Love.



John of God (real name is Joao Teixeira De Faria), though he has received some Divine Love, does not understand the principals of Divine Love, and many times he is healing with the help of natural love spirits. But he also has a Divine Love spirit helping him heal, and the Divine Love spirit, which is one of the softest and gentlest spirits around him, will only heal when the person being healed wants to deal with the causal emotions. John of God does not understand why this most sensitive spirit around him actually comes to him under certain circumstances. The circumstances are that that spirit can connect through John of God to heal that person who is wanting to deal with the causes.



**PASCAS  
PERS**



SOUL  SPIRIT BODY  PHYSICAL BODY

Our memory and intelligence are housed within our soul, our mind is housed within our spirit body, and our brain is within our physical body. Our soul animates the spirit body which in turn animates the physical body. It is the disconnection of the silver cord between the spirit body and the physical body that results in the death of the physical body. The spirit body, which looks much like the physical body, goes on living. Emotional injuries become blocked within our soul, such injuries are reflected through the spirit body and then into the physical body as illnesses.

**SUPER SENSORY SENSES**

The real you is your soul.



Spirit people cannot see the soul until they progress to the 8<sup>th</sup> sphere. Spirits tend to believe that their spirit body is the soul, that is not so.

SOUL  SPIRIT BODY  PHYSICAL BODY

The super sensory senses are within the soul:

- Soul has many, many senses.
- Spirit body has much higher senses and capabilities than the physical body.
- Body has five sensing tools – sight, smell, touch, hearing, and taste.

When the soul receives Divine Love, even the super sensory senses continue to grow.

|               |   |  |
|---------------|---|--|
| Physical Body | ↑ | we first generally develop our physical senses.      |
| Spirit Body   | ↑ | mind / brain development starts.                     |
| Soul          | ↑ | soul development is typically ignored on the planet. |

Soulmate development is soul to soul.

Once we open up our soul, we cease to depend upon our bodies, and connect soul to soul.



**Our soul is never damaged by the emotional errors created by our mind. The soul becomes encrusted and the free flow of love becomes retarded.**

**When you disconnect from your physical body, the experience is more vivid, you are now using your spirit body senses, not your physical body senses. Your spirit body has eyes, your spirit body has a brain, your spirit body has ears, your spirit body has a mouth, every sense you have in the physical, your spirit body has, and additional ones on top of that. What you are having is all your sensory input to your soul via your spirit body. That is why it is so real, because it is actually a real thing. You are doing this really but in your spirit body form, not your physical body form. You can see everything in the spirit form as well as the physical world that your soul condition will allow you to access.**

**For some people it is a very scary experience because their soul condition is afraid or they have different fears that they are yet to resolve at the soul level, so they have a very scary experience. For others who are less afraid, and they feel more feeling, no fear, a more pleasant experience.**

**The only time you leave your physical body permanently is when your silver cord is cut.**

**The majority of people who pass and are not in a dark condition, never consider coming back to Earth.**

29 Jul 2009

**Animals follow the connection of love with the soul of the person to whom they were a pet for.**

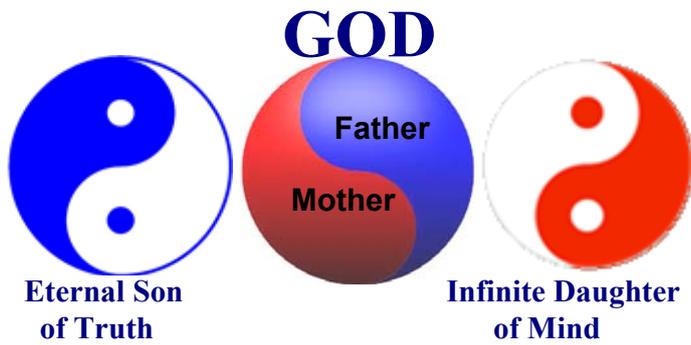
**There are no spirit animals or fish within the spirit world of those who previously lived on Earth.**



**Children within the spheres are making their own homes – they can make them like theme parks!**



**You think your appearance reflects your soul condition, but in the spirit world, the mask is removed, and ... oh dear!**



**CREATION of SOUL and SPIRIT:**

God is *The Paradise Trinity* — the eternal Deity union of the Personalities: the Universal Mother and Father; the Eternal Son of Truth; and the Infinite Daughter Spirit of Mind.

The soul of each human personality (sons and daughters of truth) is existential, driving our personality expression in the experiential. The soul of each human finds truth by embracing one’s feelings and longing for the truth of them. We are to attain the Eternal Son of Truth. We are a creation of Truth.

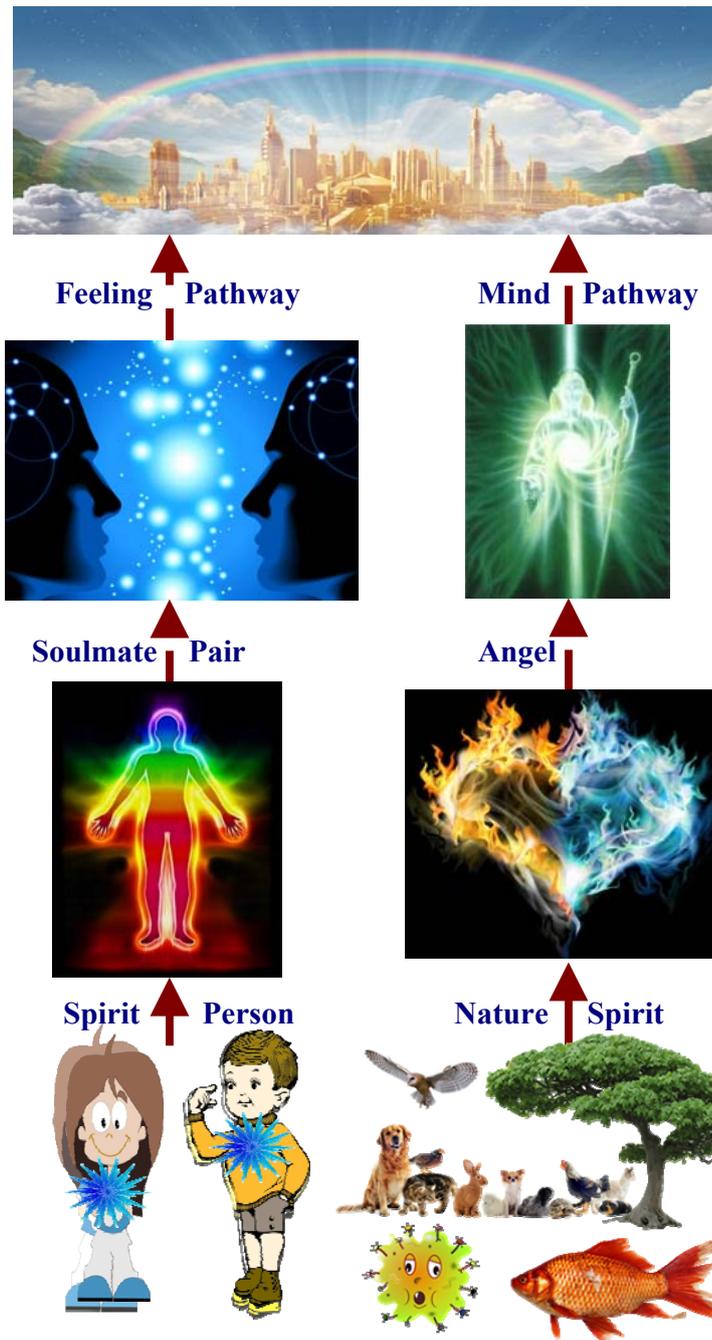
The soul of angels is experiential, evolving through their experience by continually progressing in mind development. Angels are to attain the Infinite Daughter (Spirit) of Mind. Angels are a creation of Mind. Our soul is duplex (we have a soulmate) and is created by our Heavenly Parents. Through our Feeling Healing we perfect ourselves enabling the union with our soulmate, as we progress in truth up through the Mansion Worlds, celestial heavens and all the way to Paradise.

The soul of angels is also duplex, yet of the mind, and they progress in mind evolution to Paradise. Animals, plants and nature spirits are also creations of Mind.

Neither we nor animals reincarnate. We never die; upon death, we move into the spirit Mansion Worlds on our journey to Paradise. When animals and plants die, be they the tiny microbe to the mighty elephants of the land and the whales of the ocean, their spirit energy returns to the Spirit Collective

Energy. And from this energy are drawn other animals and the nature spirits, who then in turn move onto becoming angels through increasing mind experience.

A nature spirit is an angel in waiting.



**OUR SOUL is the SOURCE of our WELL BEING:**



Soul Spirit Body Physical Body

The etheric body is the spirit body.

The soul is the real you!

Now your soul, is half of your real self.

Do you observe the following soul attributes in your pet animals anywhere to the extent that you observe them within people around you?

- |                |     |                          |    |                          |
|----------------|-----|--------------------------|----|--------------------------|
| 1. Emotions    | yes | <input type="checkbox"/> | no | <input type="checkbox"/> |
| 2. Awareness   | yes | <input type="checkbox"/> | no | <input type="checkbox"/> |
| 3. Desires     | yes | <input type="checkbox"/> | no | <input type="checkbox"/> |
| 4. Passions    | yes | <input type="checkbox"/> | no | <input type="checkbox"/> |
| 5. Creativity  | yes | <input type="checkbox"/> | no | <input type="checkbox"/> |
| 6. Aspirations | yes | <input type="checkbox"/> | no | <input type="checkbox"/> |
| 7. Intention   | yes | <input type="checkbox"/> | no | <input type="checkbox"/> |
| 8. Memories    | yes | <input type="checkbox"/> | no | <input type="checkbox"/> |
| 9. Free will   | yes | <input type="checkbox"/> | no | <input type="checkbox"/> |

It is our soul that is made in the likeness of our Creator. It is our soul that forms the features of our character. Our soul is our real self, not our physical or spirit body. Our spirit body, as it is for other creatures, is the physical body for the spirit world. We function through our soul whilst living this experience on this physical world.

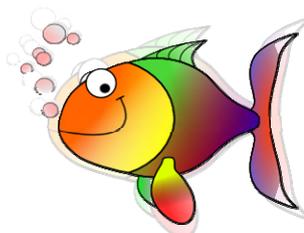
When we are conceived, the embryo borrows from the life force of our parents. The attracted soul half then becomes the life force for us for our physical experience.

Anything with a central nervous system has a spirit body (birds, fish, animals, etc.), however these creatures do not receive a soul.

Your brain is within your physical body, your mind is within your spirit body, however your intelligence, memories, etc., are within your soul.

The five senses within your physical body are enhanced within your spirit body. Some people are sensitive to the enhanced and additional senses (total 13) within our spirit body. The senses within our soul are huge in number and are very much more capable.

The power of our soul influences all living life within its environment, thus many pets reflect the character of its owner.





**You could liken the capabilities of the physical body with its five senses to that of a golf buggy.**

**The spirit body with its enhanced thirteen senses, which include the physical bodies five senses with greater capabilities, to that of a space shuttle. Sight of the spirit body is 360°, the speed it can travel is far greater than that of light, its communication is mainly by feeling, etc.**

**However, the soul has many, many senses and capabilities far beyond our comprehension, and where it can grow to in love and truth is that which only God knows. Your soul is the real you.**



## **GETTING “TWO” the POINT:**

Chapter 6, Matrix Energetics by Richard Bartlett

By deciding what you are going to experience and trust that what one person has done anyone can do, you are “priming the pump” for success. The act of deciding what and how to observe at quantum level caused the object of your attention to behave or move in a fixed or predetermined manner. This is not merely a case of what has been called “mind over matter”. No, this is an example of *mind as matter*; the two are one and the same, linked inextricably by the laser-like quality of your fixed attention on the object at hand.

A preliminary exercise that will enable you to be successful at the Two-Point technique, which is the foundational tool for everything we do in Matrix Energetics.

Radionics is a form of distance healing in which numerical sequences represent subtle patterns of energy that can be used to analyse, as well as to correct, energetic imbalances in your person health. Radionics has even been used to treat crops for insect manifestations and soil condition and to increase crop yields. In the Radionics paradigm, you need to be able to analyse what to do in order to correct an energetic imbalance. To do this, practitioners utilize something called a stick pad. The way this works is that you scan over a list of locations and problems while gently dragging your fingers across a stick plate. You are looking or feeling for your fingers to stick or stop moving when you locate the energy pattern that will correct the condition you are interested in. This is very easy to do with a little practice.

Go to a window or a tabletop and drag the fingertips of your right hand across its surface. The game that you are playing is to find some point on that surface where your fingers will stick and not move anymore. When you find that first point, hold it there; maintain the pull on the surface as your fingers continue to remain in contact with it.

Now drag the fingers of your other hand across the same surface area, looking for a point or area that makes those fingers stick as well. When you find it, tug your hand as it remains affixed to the surface in a vector or direction toward your first point, the one you previously located. Mentally link the two hands or points together. When you do this you create a connection that then allows you to perform a measurement; your photons are said to be “entangled”, or linked. Practice this exercise on a number of different surfaces so that it is a very easy and natural thing for you to do. This prepares you for success in working on yourself or another person, place, or thing with Matrix Energetics.

With your focused observation or measurement of the two fixed points, you have entangled that information at the quantum level of light and information, creating a link between them. There are many areas that will work just as well as whatever two points you have chosen. There is no “right” point that you must be able to find and feel. Whatever you decide to use as your two points will work just fine, as long as you feel the connection or “pull” between them.

### **Getting to the Point**

Just as you have already felt when working with the practice objects that you chose, you are now ready to duplicate the Two-Point process on yourself or someone else. First, you want to find an area of interest on yourself or the other person’s body that feels stuck, rigid, or hard. Keeping one hand on your initial point, feel with your other hand until you locate a second point that makes the first point feel more

rigid or stuck. I (Richard Bartlett) liken this feeling to the field of attraction that is created between two magnets with opposing poles when you hold them close together; there will be a pull or attraction between the two areas. This feeling or sensation is crucial to your success with this process. Use a fairly firm contact on your first point. It can be a painful area or just some location that your awareness is attracted to. If you move that area of the body while holding your first point, it may feel restricted in motion compared to what happens if you are not touching it. If you need help, watch the video clips on the internet, which have been filmed for this section of the book ([www.matrixenergetics.com](http://www.matrixenergetics.com)).

While firmly holding your first point, look for a second point somewhere on the body that, if you contact it, will make the first point feel slightly more rigid, hard, or immobile. Gently tug in a direction angled toward the first point, taking the tissues under your hand to tension. This action will make the two points feel connected, stuck together, or further restricted in motion. It is easier for a newcomer to pick either paired structures to compare, such as a point on the right shoulder and the identical point on the left shoulder. This allows you to note the differences in movement from side to side. Then, when you pick your first point on the problem or target area, you have a reference for how the normal side feels.



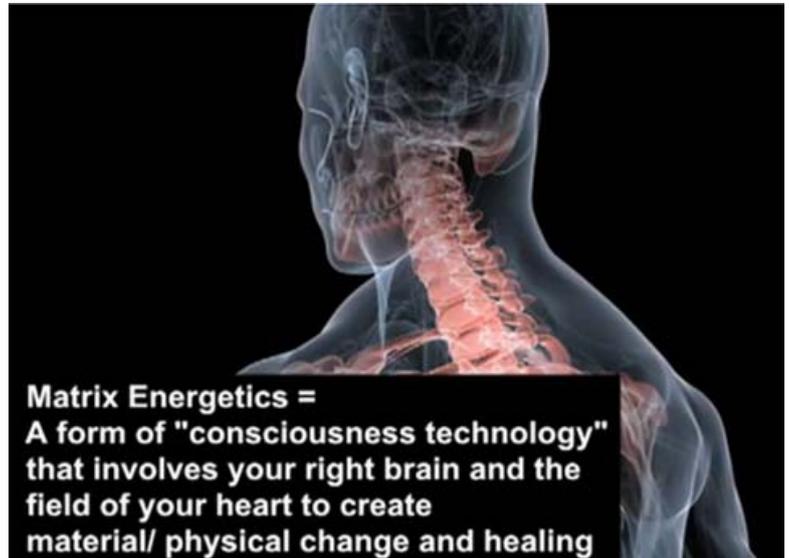
As you hold the two points, feel the connection between them. Feel and imagine that you are just working with photons or light. There is no body there, nothing solid except for your focus on the two points. The procedure that you learned with the table exercise can now be applied to working with yourself or someone or something else. You can imagine that you are linked and “entangled” with another person, or an area of yourself that you have chosen to focus on.

Some people find it easier to learn the Two-Point process by measuring movement. In my seminars I often choose an area on the top of someone’s head, and then holding that first location, I move down the person’s spine rocking them back and forth every few inches, demonstrating a very easily observed gross freedom of movement. When I find a second point that makes the first area feel more stuck, hard, or rigid, the spine will suddenly stop moving. This is very easy to demonstrate and readily visible to an audience. If you wish to see a demonstration of this principle in action, you can go to the website: [www.matrixenergetics.com](http://www.matrixenergetics.com).

To remind you, two or more quantum systems can share the same quantum wave. When they do this, it can be said that they connect or become entangled. At the subatomic level you are made of high-energy photons; your body consists of light and information held in patterns or waves of interference. When you connect the two points, you have consciously observed them as being linked. You have created that link with your imagination. What you imagine at the level of the photon has tremendous power to change these patterns of light and information.

The act of focusing at this level, where everything is made of light energy, causes what you observe to behave differently. You collapse the particle-based arrangement of your world into intricate patterns or wavefronts of light. Feel and sense this happening.

Imagine what it would be like if you had no body and neither did the other person. Feel the space between you, the air around you, as only light waves of information that are merging. *Let go and allow the idea of "you" as separate from anything else to simply "go away" for a moment.* I know that sounds a bit cryptic, but it works really well. *This can happen the instant you stop thinking about it, if you give up trying to do anything, and you just are.*



That felt connection is real; you have created it by the focus of your attention on this process. Now imagine that the person's body and your body merge together as one thing, no longer separate. If you have ever thrown pebbles into a pond, think about what happens when the ripples intersect or connect. Feel what would happen in your imagination if you were to merge together as intersecting patterns of light. This activity is so natural that when you get accustomed to the feelings and sensations it produces, it will happen automatically with no need for conscious thought or conscious action. You don't think about the process of breathing, you just do it. This is as natural and easy as that, once you get used to it.

### **Notice What is Different, Not What is the Same**

The way to train yourself to notice what has changed is to firmly hold on to your two points during the process, if possible. When you come back to solid-state particle awareness, feel the same two points again. Notice whether they feel softer or changed in some way after this process. Check to see if the area that you focused on has become more mobile, or perhaps less painful, if that was one of the criteria you used in your initial assessment of what to do.

One way to get better at this game is to feel the first point you originally chose, and while still holding it, move your other hand to another part of the body. You are looking for that same hard, fixed, stuck feeling. This will become your second point in another Two-Point procedure. Repeat the same steps again and check your results afterward. We call this step of observing what is different, calibration, or "tracking".

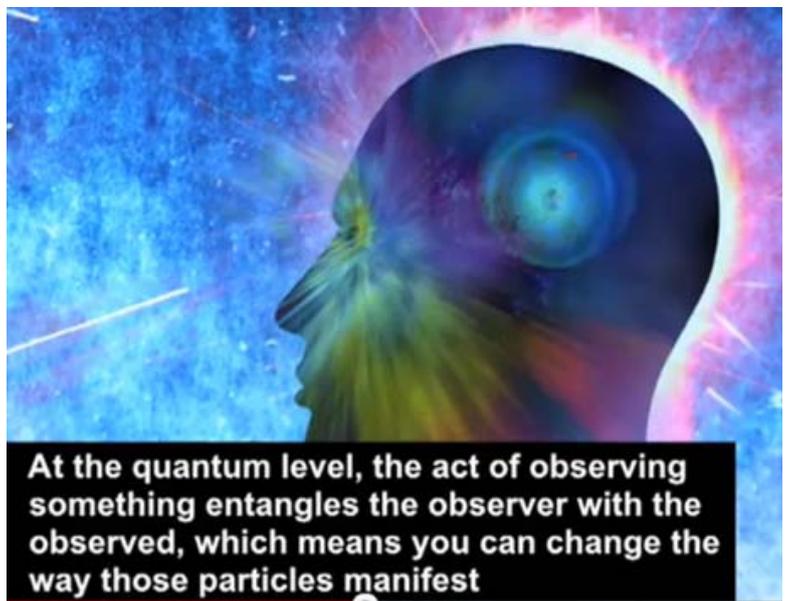
When you access the desired state, anything you do within the context of your intent will work. Of course, in any given situation some things will work better than others for you. When you feel the connection between the two points, there is really nothing to do! This is why we have somewhat playfully called this second step "The Art of Not Doing". The Art of Not Doing is a term that I have borrowed from the writings of Carlos Castaneda.

What I teach is that when you really enter into the state that is Matrix Energetics, you simply “are” and there is nothing to “do”. Some of my best clinical outcomes have occurred when I got out of the way, engaging “No Mind” in the interplay with “No Matter”, so that all things were open as a possible outcome. When done in this way, though hard to grasp with left-brain monkey logic, “Nothing” really does work better, as the drug ads often claim.

### Methods for Collapsing the Wave

Now, on the subject of consciousness collapsing the wave, I have to be honest with you in saying that there really is nothing to collapse. We’re not really “doing” anything. We hold a focused intent in our minds and a larger force or power manifests through that intent. Engaging the conscious mind with a process of visualisation is a great way to get it out of the way, so the real work of “doing nothing” can take over.

The eminent mathematician John von Neumann stated, “Consciousness collapses the wave”, an expression that we use to explain how something that is apparently a solid physical object can be transformed into wavefront patterns, and then reconfigured as a new physical outcome moments later. When I say consciousness collapses the wave, this is a metaphor for what happens when we perform this work. It in no way implies that we know what really happens; it is just my way of trying to explain the inexplicable.



When you practice the art of Two-Point, it represents a new paradigm for things that you can do or access with your sensory modality of touch. If you endeavour to do this on a daily basis, you begin to have glimpses of the hidden reality and its complexities behind the shroud of daily events. Things no longer happen to you. Instead, you begin to take responsibility for your creative use of universal energy.

If you do this, you begin to understand what Dr William Tiller was talking about when he said, “Since every application of our intention is an act of creation, it ultimately teaches us how to create properly, efficiently, and effectively. This in turn ultimately manifest in some type or types of events in our sensory world.” Keeping in mind that Dr Tiller is not some wild-eyed “New Age” metaphysician, but one of our elder statesmen of physics, you begin to grasp the scope and the depth of the possibilities embedded within what he is saying.

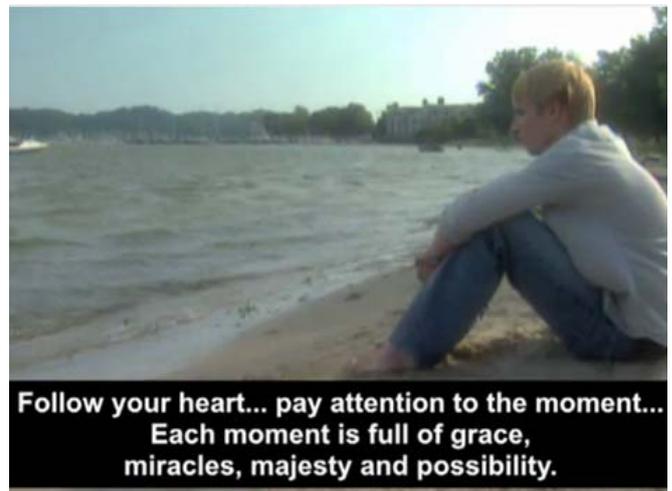
Yes, I know he’s saying, “You create your own reality”. Has it ever been said so elegantly and precisely? When I focus my imagination on this process for the purpose of observing and engineering a physical change, I am, through an act of will, creating a new outcome. This is how I have set up the

“rules” for my reality. With repeated practice the whole process becomes so streamlined that it requires little to no conscious thought or effort. It just naturally happens.

In effect, I am imposing or constraining an act of conscious creation to conform to the parameters of the template that I have created. If I were to limit this outcome by merely focusing on the “treatment” of some physical condition, then that is all that would change as a result. By releasing this created template to perform its perfect work, I leave the door ajar for the principle of Grace to act in a manner that may well be beyond my capacity to imagine.

It is helpful to think that when you are doing the Two-Point procedure with someone else, you are in a very real way entangled with some aspect of yourself. Your experience of the other person is not the same as their experience of themselves, or even their experience of you. It is a uniquely blended state, and when you engage in the production of such an outcome there is a unique opportunity for the transformation of consciousness to occur. Through this process, not only do the things that you choose to focus on change, but you change and transform as well. By doing nothing, and not trying to fix anything during this process, you are entering into transformation.

Although “seeing is believing” for some of us, results speak for themselves and need no external witness in order to verify them. You do need some way, though, to notice a change that helps you to track the external part of an event, which of course has much greater ramifications at deeper levels than anything you can consciously observe or notice. The Two-Point process allows you to do this. If you have found two points, and you notice changes in how they feel after you have merged with the information and come back to solid-state, particle awareness, congratulations on your entry into a more magical and awe-inspiring world!



In my seminars, or at another of my events, you might see incredible-looking demonstrations where people’s physical structures or their symptoms change rapidly. It is a natural occurrence for more than one person to wind up in an altered state on the floor over the course of the evening. Although big demonstrations are fun and help you to see and to believe in the power of the work, they are not necessary. Sometimes, during the best work that I have done, nothing outwardly appeared to happen. The changes can be subtle in the physical realm, and yet a person’s whole experience of reality can shift as a result. If you want to see me in action, check out the clip of me demonstrating this process on the Matrix Energetics website ([www.matrixenergetics.com](http://www.matrixenergetics.com)).

Please do not try to duplicate what you see me do on the website without first attending our Level One seminar. The phenomenon in which you see people being assisted to the floor is largely for demonstration purposes, although this also happens with some regularity in my private practice as well.

## The Art of Feeling Stuff

When you practice the art of Two-Point, it represents a new paradigm for things that you can do or access with your sensory modality of touch. If you endeavour to do this on a daily basis, you will begin to glimpse the hidden reality and its complexities behind the shroud of daily events. Things no longer happen *to* you. Instead, you begin to take responsibility for your creative use of universal energy, your life, and what you experience as direct feedback concerning what you have set in motion in the past.

I would like to emphasize that this *is really not a physical process*, and it also has nothing to do with the conventions associated with the concept many energy or light workers use of “running energy”. This process is virtually instantaneous most of the time, although the ramifications or effects of the Two-Point and the other procedures that I teach can definitely “play out” over time. If you observe this process as taking time, or you think that you are running energy, then your experience with Matrix Energetics will be limited to what you expect to see or experience.

Finding two points serves two practical purposes.

First, it gives you something to measure, in order to be able to notice what is different when something changes. Through the act of observing or measuring what changes, you are learning to calibrate and replicate what a successful outcome looks and feels like.

Second, this exercise in imagination serves to engage you with the other person, but not as a physical body. You are interacting within complex interlocking patterns or holographic representations of energy organised and driven by consciousness (soul condition). By focusing on the qualities of the two interconnected points, your imagination enters into this process and serves as a focus for your intent. With our imaginations playfully engaged, we then can learn to move into a state of nothing, an empty set free of limitations that allows for greater and more powerful outcomes. *When we can embrace the Nothing, we gain access to the All.*

## Two-Point Review

1. Locate a point on your body or a partner's, which, when you touch it, feels stuck, hard, or rigid.
2. Find a second point which, when held in relation to the first point that you are still touching, makes the relationship between points one and two feel even more taut, or perhaps even as if there is a magnetic attraction between the two areas.
3. Forming a somewhat arbitrary link between these two points allows for a measurement to be made. Remember that according to quantum theory you cannot observe something without becoming entangled or interacting with it. The very act of observing the connection between these points with your feeling / imagination makes it so. This entangles the data, and in effect, collapses the wave of matter / consciousness that you have chosen to observe and to interact with.
4. Notice what is different now. The area between your two points probably feels softer and less rigid. You may notice changes in respiration; you or your practice partner may feel hot or flushed. It is not uncommon for the body to begin to sway or move to the beat of some unconscious primal rhythmic

force. Stand behind your partner, because if you really have entered the state that I am describing he or she may even momentarily lose consciousness. It is good to be prepared for anything, including spontaneous laughter, crying, or some other form of emotional / physical release.

#### KEY POINTS to REMEMBER

1. It takes at least two points to measure anything.
2. In order to learn something new, you begin by noticing what is different.
3. Noticing what is different helps you suspend critical judgement and allows space for a new pathway of least action to be created. (In other words, you are creating a new activity that, with practice, becomes a new skill.)

**Golden Rule: that one must always honour another's will as one honours one's own.**

**To liberate one's real self, one's will, being one's soul, is begun by embracing Feeling Healing, so as to clear emotional injuries and errors. With the Divine Love, then one is also Soul Healing. We are to feel our feelings, identify what they are, accept and fully acknowledge that we're feeling them, express them fully, all whilst longing for the truth they are to show us.**



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**Prayer for Divine Love – from the Padgett Messages**  
<http://www.pascashealth.com/index.php/library.html?file=files/opensauce/Downloads/MEDICAL%20-%20SPIRITUAL%20REFERENCES/Prayer%20for%20Divine%20Love%20from%20the%20Padgett%20Messages.mp3>  
**The Voice of Divine Love**  
<http://www.pascashealth.com/index.php/library.html?file=files/opensauce/Downloads/MEDICAL%20-%20SPIRITUAL%20REFERENCES/The%20Voice%20Of%20Divine%20Love.m4a>

### **Steps for Performing Matrix Energetics Time Travel Techniques:**

1. Perform a measurement as previously taught in the Two-Point Technique.
2. Ask the age of your partner or client. This will become your starting point, or as they called it in the movie *The Philadelphia Experiment*, your Zero Point reference for time.
3. Begin counting backward in five-year increments while holding your Two-Point that you have delineated from the first step.
4. Set your intent so that the quantum waves of change will activate when you “arrive” at the event or time frame that you wish to interact with. You do not have to actually know the correct age of the event, because as you approach the approximate time reference, you will begin to feel the two points that you are holding start to soften and change beneath your hands.
5. Be prepared for the possibility that you or your practice subjects will experience physical or emotional releases of energy when this occurs. Gently support and comfort them, but try not to interfere with or edit their processing of the information experiences.
6. When things have settled down and reached an apparent conclusion, re-assess with your Two-Point procedure. Repeat the process if necessary, because there may be multiple time frames that need to be accessed to resolve the issue or pattern more completely.

Just as in your practice with the Two-Point procedure, there may be multiple times or events layered into the pattern you are working with. Keep going back to your Time Travel procedure, counting back further each time until no more change occurs when you do this procedure for the particular event or problem. Take a look at the example of me (Richard Bartlett) doing this on the Matrix Energetics website. It is not at all difficult to do. In fact, an orthopaedic surgeon corrected a severe scoliosis on a patient just by duplicating what he saw me do on that video clip.

Not only is this technique very simple to do, it is also one of the most useful and productive ideas in the Matrix Energetics bag of tricks. I use this technique constantly in my practice, and it is actually easier to do than it is to describe in print. This is so useful that if you are working on someone’s knee, for example, you can imagine travelling back to the time that the knee was injured and change the pattern of the knee injury in the past. This can heal her knee, and may also transform her entire experience of that period in her life, because the two things are related.

Many times we travel back to the moment of somebody’s birth process. Often, patterns that can develop into problems of ill health are traceable to events or energies that happened at birth. By reconfiguring the consciousness holograms of the birth process, you can help someone make a new start in life. And obviously, if you can travel back to the moment of birth, you can move even farther into the past – to conception. You can calibrate or track patterns that were established anywhere within the journey from conception on.

Consider, as an example, the hypothetical notion that when your mom was about four months pregnant with you, your parents argued a lot. Now, much later in life, perhaps at the age your mother was when she was four months pregnant with you, you suddenly develop acute anxiety for no outwardly apparent reason. I have seen cases where the Time Travel process can instantly resolve problems like this.

## Matrix Energetics Research

### Polycontrast Interference Photography (PIP)

PIP is a revolutionary computer imaging system which uses a digital video camera interfaced with a unique computer software developed by the brilliant English scientist Harry Oldfield. Pictures are taken and processed by the computer so we can see the energy field as a series of patterns on a colour monitor. Each colour represents an inter play of continually oscillating frequencies.

Our body is the physical manifestation of an energy field, which records everything that has happened to us in our lifetime, including accidents, illnesses, stress, etc. If this field is not cleared and balanced, we can develop an imbalanced energetic expression and this can cause disruption at many levels of our being compromising our vital life force. This may be a precursor to the development of physical or emotional symptoms which if left unchecked could lead to the development of pain or illness.

With the PIP scan technology we are able to energetically assess the energy field of a person and literally see blocks, leakages, and areas of inflammation or depletion in the field. The PIP technology is not of course a replacement for conventional medical diagnostic procedures and is never used as such, however it can often illuminate hidden factors in a difficult case. Dr. Richard Bartlett is one of only two practitioners in the United States who are certified to use the PIP scan technology.

It is often used in the office setting as a real time visual aid to confirm whether or not the outcome of a therapeutic endeavour has been successful. The PIP technology provides a way to objectively assess where the client's symptoms may be originating from and whether or not the results of treatment have properly addressed the area of concern and been successful.

Since all scans are saved to the computer it is a simple matter to check on subsequent sessions if the treatment is holding and where to focus next. This ability to see what normally cannot be visualized has been invaluable in the continuing research and development of the Matrix Energetics protocols.



#### Case Study 1



This scan took me completely by surprise. It clearly shows that some major irritation or inflammation is occurring in the bronchial region. The patient had made no references to symptoms in the chest area at this office visit. She proceeded to tell me that she had been on a nature hike two weeks ago in an area, which is inhabited by bears. She was carrying a bear repellent pepper spray in her hand just in case of a surprise encounter when she suddenly tripped over a log accidentally discharging the contents into the air just as she breathed in. She had been experiencing some breathing difficulties since the event but had not connected them with the incident because she has an asthmatic condition present from childhood. The PIP here illustrates her condition even though she had not informed me that she was

experiencing any symptoms in the bronchial area at that time.

Here is the post treatment scan taken in the office on the same day. Note the absence of red coloration clearly visible in the previous scan. The purplish blue colour denotes a much healthier energy pattern and strongly suggests an improvement in the patient's condition. Indeed she remarked to me that the tightness in her chest was completely gone and her breathing was much more relaxed.



### Case Study 2

This PIP scan is the clearest example of a person experiencing a headache that I have ever seen with this technology. Note the very intense almost angry red colour, which surrounds her entire head and neck. This is a picture of misery. In fact the patient told me that she had been experiencing pounding head pain for the last two days which nothing she took seemed to help.

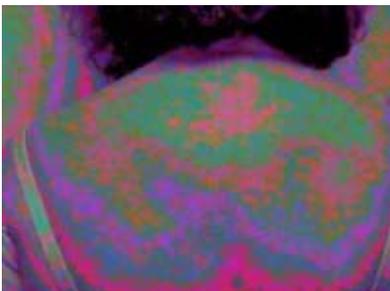


Truly we see here why a picture can be worth a thousand words. Can you tell by the energies seen around her that the headache is virtually gone and her energy has greatly improved. This is one of the best examples of what the Matrix Energetic frequencies can accomplish. This post PIP speaks for itself. Note the presence of yellow, light green, and pink: these colours may possibly be associated with Matrix Energetics as they are present in many post treatment scans.

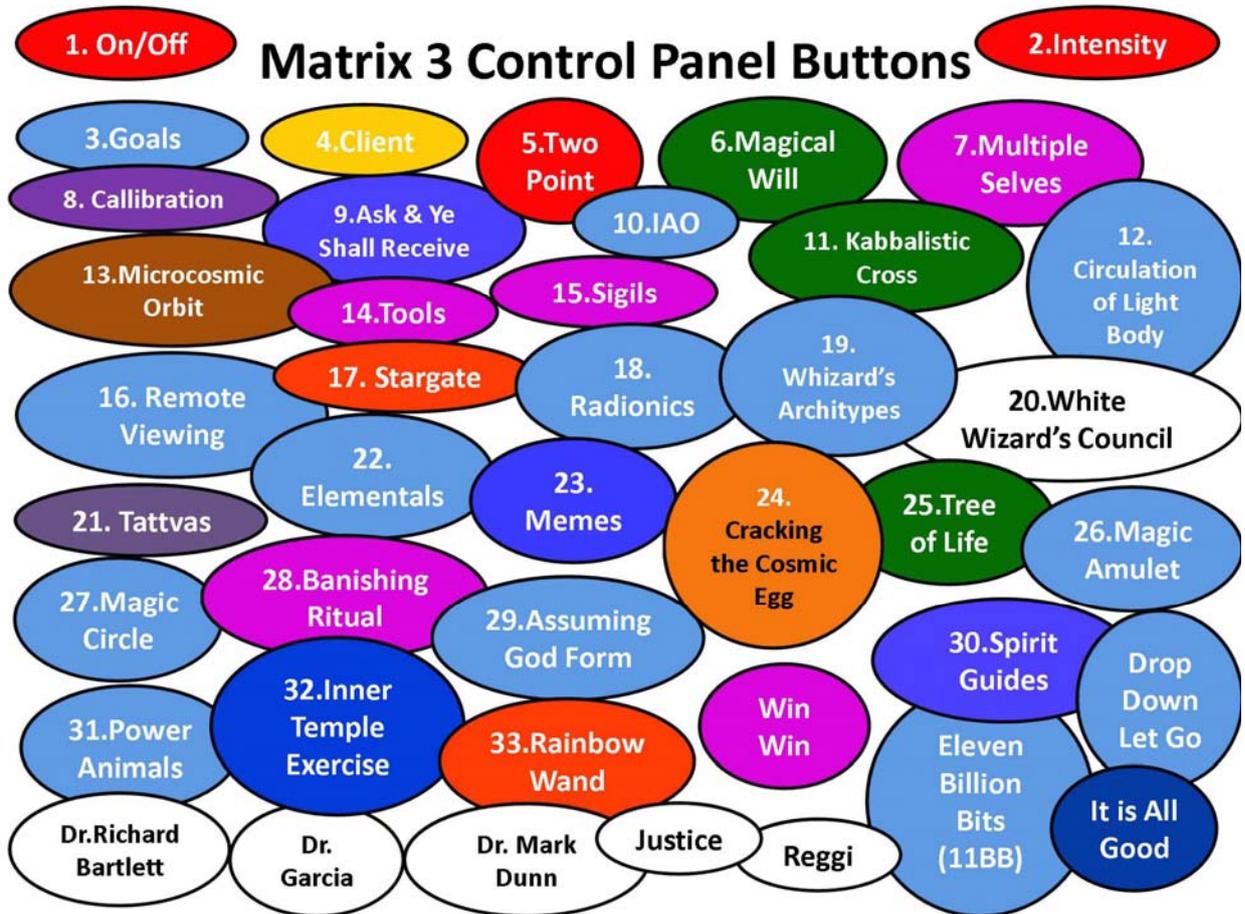


### Case Study 3

This scan shows what the energetic presentation of upper back pain looks like. You can see a pattern of red energy in the upper thoracic area of the back. This spot pictured exactly corresponded to the location of this patient's pain.



Here is the post scan taken after what amounted to only several minutes of treatment with the Matrix Energetics procedure. The red energy has been moved out of the site and correspondingly the client's pain is completely gone. This PIP nicely demonstrates what the usual response is when Matrix Energetics is utilized. No manipulations or other body work protocols were utilized. The results in this case were immediate and long lasting.



**Cause No Harm** < to OTHERS  
 to MYSELF

**Strive to love others as I am to love myself**

Whilst we are receiving our Heavenly Parents' Divine Love, and that this Love is causing change within our soul and spirit attributes, the greatest Truth known to man and spirit is that this is the way our Mother and Father are actually loving us! When we progress, it is God's way of loving us into love and then we live what we are, love.

## Integrative Medicine Module Panel



### Natural Love Flow

*Natural love is Creation's love;*

*One can swap back and forwards between paths*

*I am God*

*Intellectual*

*Self reliant (trust myself)*

*Self-determination way of life*

*Mind dominates*

*Adult like*

*Control*

*Millions of paths (man created)*

*Peak possibility is 6th sphere*

*time to complete path:*

*100 years to over 1,000 years*

### Divine Love Flow

*Divine Love is Soul's love.*

*One can swap back and forwards between paths*

*I am God's son / daughter / child*

*Emotional*

*God reliant (God relationship)*

*Soul-spirit living harmony*

*Soul dominates*

*Child like*

*Feeling*

*Defined path (God created)*

*Peak possibility is infinity*

*(sphere / mansion world are same)*

*5 years to over 10 years to at-onement*

**'The difference between what are regarded as two paths, the Natural Love Path and the Divine Love Path, is, essentially, the amount of Divine Love that beings have been able to acquire.'**

Quote from Celestial Spirit Richard 22 Dec 2012

## Matrix Energetics® Certified Practitioners

<http://www.matrixenergetics.com/cp-listing.aspx>

Only the practitioners listed on this website have been certified by Dr. Richard Bartlett. To search for Certified Practitioners in your area – select a State or Country from the menu to the right.

Please read our [Disclaimer](#) before searching for a Practitioners

To Our Practitioners: Though it is not our responsibility to protect our practitioners, it is ethical for us to inform you by providing guidelines. Always consider the nature of Matrix Energetics and pay attention to what presents either physically, emotionally, mentally or spiritually. Be prepared for the possibility that sessions can manifest differently than planned. We keep a resource file containing information on anything questionable (suspicious persons, con artists, scams) that has come to our attention. Please notify the office and inform fellow practitioners of same should you encounter anything questionable yourselves. Remember to exercise good judgment, trust your instincts and always err on the side of safety for yourself and your clients.

**The opening up of the soul permits a permanent exchange with Divinity, a permanent recharge of this healing energy that allows not only the re-establishment of lost health, but the continuity of health, providing such a perfect balance, even in the physical body, that noxious agents like bacteria and virus cannot find any opportunity to unchain pathological reactions, which we commonly call illness.**

**But it is true that people without the benefit of Divine Love would lack the protective shield, which the intrinsic healing energies of Divine Love provide for those who pray for our Heavenly Mother and Father's Grace.**

**Judas – August 19<sup>th</sup>, 2001**

**Live true to your feelings, and you ARE living true, not only to your own soul, but also true to God's soul. So doing your Healing by honouring all your feelings, IS living the will of God. And being fully Healed, IS living even more truly the Will of your Mother and Father.**

<http://www.pascashealth.com/index.php/library.html>

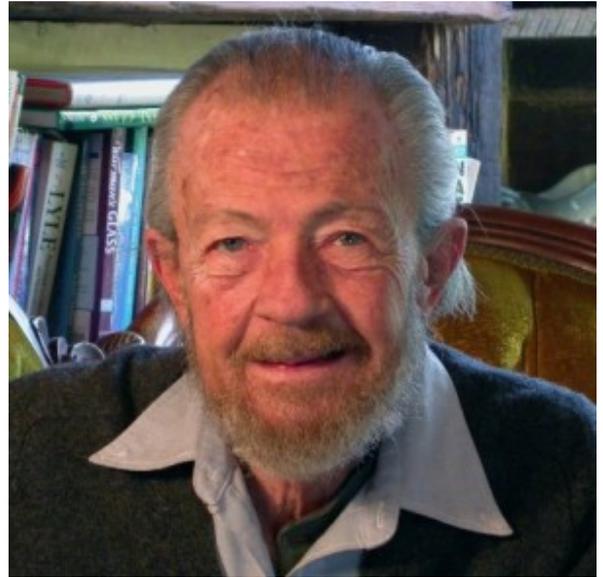
### **Library Downloads – Pascas Papers**

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**Dr DAVID R HAWKINS:**

David Ramon Hawkins, M.D. (born June 3, 1927, died 19 September 2012) is an American psychiatrist, mystic, author and controversial spiritual teacher in Sedona, Arizona. He is best known for his book *Power vs. Force*, in which he writes that applied kinesiology can distinguish the truth or falsity of any statement. He directs the non-profit Institute for Advanced Spiritual Research Inc. and operates Veritas Publishing to publish his books and seminars.



“Make a gift of your life and lift all mankind by being kind, considerate, forgiving, and compassionate at all times, in all places, and under all conditions, with everyone as well as yourself. This is the greatest gift anyone can give.”

“Every thought, action, decision or feeling creates an eddy in the interlocking, interbalancing, ever-moving energy fields of life, leaving a permanent record for all of time. This realization can be intimidating when it first dawns on us, but it becomes a springboard for rapid evolution.”

“The downside of spiritual education is the build-up of the vanity of 'I know' and the devaluation of people who are 'not spiritual'. Therefore it is important as a foundation to spiritual training and education to learn how consciousness manifests as the ego and its mechanisms.”

“It is only the minority of people who seek self-improvement or personal growth. This is because whatever one's self-criticisms, one secretly really believes that one's way of being is okay and probably the only correct one. They are alright as they are, and all problems are caused by other people's selfishness, unfairness, and by the external world.”

Saturday, 5 August 2017: Nanna Beth: David Hawkins is living in the mind worlds, so I am told, and would be of no benefit to you John. His legacy is again one of those things that sits well with you, that you enjoy and can relate to and use as you do. And really it is now for humanity to use what is available to it having come from the mind worlds, because there won't be anything further coming through from them. Now it will be up to the natural inspiration of the individual on Earth, and those who are working with us, those people who want to do their Healing. The ways of the Rebellion and Default are to die, to fade away, however this will happen gradually as people of it still try to advance themselves, their lives and humanity in their wrongness, but the next real new inspiration will come from those who embrace the New Way.

Everything is interconnected.

**Whilst we are receiving our Heavenly Parents' Divine Love, and that this Love is causing change within our soul and spirit attributes, the greatest Truth known to man and spirit is that this is the way our Mother and Father are actually loving us! When we progress, it is God's way of loving us into love and then we live what we are, love.**

**MUSINGS by JOHN:**

Thursday, 28 September, 2017

Kevin died on 10 August 2012 without any thought for spirituality and no passion for any religion, other than showing up. On 7 August 2017, he arrived into the 1st Celestial Heaven. Three days short of 5 years!!! He had met his soulmate, Kathaleen, and she arrived a few weeks before him into the first Celestial Heaven, as you may have read.

The writings that followed from Kevin are outstanding. Kevin is now a world teacher!!! He and Kathaleen both are. Neither would comprehend this, but they are. Kathaleen and Kevin's writings answers and leads anyone to the destination we are to find, in our own time.

I would like to contrast this achievement with someone I greatly respect.

David Ramon Hawkins, M.D. (born June 3, 1927, died 19 September 2012) was an American psychiatrist, mystic, author and controversial spiritual teacher in Sedona, Arizona. He is best known for his book *Power vs. Force*, I have read everything I can about his works – 10 books, plus videos, etc. Miracles happened around him spontaneously. The Catholic Church would make him a saint within seconds.

Hmm – Dr David Hawkins has stayed trapped in his mind and may remain in the mind spirit Mansion World for centuries, unless he embraces his feelings. He will remain stagnant and limited in his mind condition. Whereas Kevin is now a far greater and truer teacher than this great mind of Dr Hawkins. What a switch in roles! Kevin has progressed exponentially past Dr Hawkins in soul development. Go you good things, Kev and Kath.

Cheers John

Same day: Dr David Hawkins: Hello John. I have been asked to speak to you through James in this way, you being one of my ardent fans and followers of the principles I developed through my life on Earth.

Your assessment of me is correct, and I did spend time in the mind worlds trying to assimilate all that I did on Earth with all that was happening to me in my new spirit life.

Upon my arrival over here in the first Mansion World I was greeted as something of a spiritual celebrity with a host of mind spirits (as James calls them) greeting me, they being the ones who 'empowered' me to do the so-called miracles I did on Earth.

I want to tell you, it's quite a humbling experience to realise, like many of us who did such marvellous things on Earth, that it wasn't actually our own doing, we were not the sole instigator of such 'happenings', that it was other spirits working through us. And that although I attributed it to God, still I secretly thought it was all my own incredible doing, so to have to accept that I was just a conduit – that I really was, and having little more than an innate ability to be that conduit, I felt a bit flat.

And to bolster my flagging ego, I would tune into those people on Earth who were still thinking well of me, yourself John being one such person. And here again, by doing this, I gave myself a rude shock

having to face the fact and realise that few people truly understood what I was teaching, taking my work and corrupting it for their own gain. And believe it or not, I never thought such a thing would happen. So, who of my 'earthly followers' was staying true to what I taught – who actually got it?

And I kept coming back to you as one of these people John. Admittedly, had I helped you personally, you'd have had an even greater understanding and appreciation of my work, however you accept it as is and haven't corrupted it, and have guided other people to be interested in it. So I have followed you over the years in this, which meant I also took notice of what you were doing in your other spiritual interests, some of which were vastly different to anything I'd ever heard about, or found out about over here in my limited little mind world.

And I write such things in the past tense because I am very happy to say, all of which I am so grateful to you for John, that I have now progressed into the lowest sector of the Divine Love on the first Mansion World. I am learning all about it, and about the Healing, all under the incredibly patient and loving assistance of higher Celestial spirits, like those who wanted me to speak with you today.

So you can chalk me up as one of your admirers, and a mind spirit who has converted to the 'Ways of the Divine Love'. I still have a lot more to understand, this is true, and as it's so different to my earthly and mind spirit way of thinking, will take time to integrate into my way of thinking – which means, to change my way of thinking into a completely new way.

That is all I wanted to say. And although you might think that my coming is rather inconvenient with you having just written about me again, however here I am and this is what I want to say.

All the best to you John. You have no idea how grateful I am to you, and I have a strong pleasant feeling that that gratitude is only going to increase.

Yours respectfully,  
Dr. David Hawkins

(James: As I was reading your comparison of the Doctor with K and K, I started to feel the energy building... oh here we go again... he's wanting to speak to me!)

Friday, 29 September 2017: Dear James and John (Noted from Samantha in England)

To be 'used' so fully by Mind Spirits, to create all he (Dr David) did under their influence, all so cunning, that must have felt quite devastating to him and I am feeling a lot of sadness, emptiness and let down with in myself as I understand how it feels to learn that my whole life has not been my own but that of my parents, their will, control and untruth and I have felt feelings of it all being such a waste of my experience being like that, a waste of the personality God created me to be. I am very sad as Dr David Hawkins realised how 'used' he has been, being a conduit for the Mind Spirits, I feel like that too, used by my parents to be as they wanted me to be instead of nurturing me to be myself and help develop the personality God gifted me.

I (Sam) bought 'Letting Go – the pathway of Surrender' by Dr Hawkins and I was very up with all of his feeling work but then felt the change in me with the mind dominant aspect of Dr Hawkins work, it was that I wasn't drawn to and felt myself draw back from it but now he can go on from what he already

knows, go further into the feeling aspect of what he discovered and I am sure he will get so much support in that from the Divine Love spirits that are guided to help him. Isn't that just so wonderful John, to have that help, like you have in Kevin and Kathaleen.

### **CONCLUSION:**

David Hawkins' own story explains that the 'Letting Go' process is inadequate. The 'Letting Go' publication and process is his own research. Pure and simple; Dr David was knocking on the door, but that process was unable to open the door.

Again, his own story now endorses the Feeling Healing process!

This leaves no doubt as to the veracity of what Marion and James and Samantha are doing. It is **THE ONLY WAY!** The only way being the Feeling Healing process coupled with Divine Love.

This clears away confusion for many people who may explore everything. Other emotional processing and releasing modalities simply do not delve far enough into one's injuries and errors of belief. Yes, they provide some temporary relief, but none of them go beyond the mind and into the soul to the core and foundation of our injuries, all of which stem from our childhood upbringing.

Dr David Hawkins has now clearly put aside his own teachings and confirmed that his and all other modalities are inadequate.

Now, we all can focus upon the only way home!

### **FEELING HEALING with DIVINE LOVE is SOUL HEALING:**

**Firstly, consider discovering the truth of your emotional pain through Feeling Healing.**  
**Secondly, consider longing for our Heavenly Parents' Love as you progress with your healing.**  
**Primary and most important readings are the writings of James Moncrief.**  
**Then consider the Padgett Messages, and then The Urantia Book.**

**Release one's pain through expressing one's feelings.**

**in conjunction with**

**Longing for the Truth when also longing for Divine Love.**

**Feeling  
Healing with  
Divine Love is  
the key!**



# Feelings!

## Our FEELINGS are our SUPREME GUIDES:

**Feelings are what guide us through our ascension of truth. So they are really our Supreme Guides.** Many people look for a person, spirit, angel, even God, for supreme guidance, however it's all right there already built in – in our feelings. **We just have to submit to them, allowing them to take us where they will, expressing all the parts we want to express, letting the emotion drive that expression if it's there to be expressed, or just talking about all we feel and how feeling that feeling is making us feel – or, how we feel about having that feeling, all whilst longing for the truth of our feelings. Longing for the truth of our feelings is really: Longing for the truth of our self, because: we are our feelings. So life stirs up our feelings, we feel being alive; or, being alive means we are feeling, always feeling; and when we work out what and why we are feeling what we are, so then we know the truth of how we are. And over time the truth accumulates, and our mind expands our understanding of ourselves, all being driven from our feelings.**

Kevin 26 Sep 2017

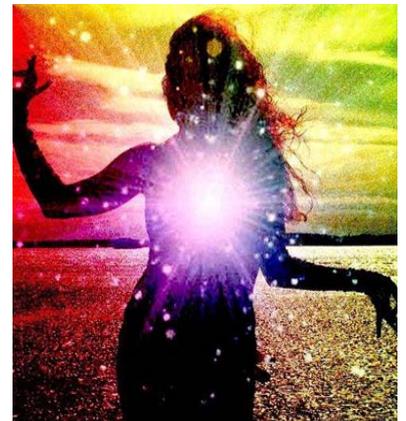
## **Using our feelings to uncover the whole truth of our negative or anti truth and anti love state.**

Kevin: **So whilst we're of an untrue state, then all we have got to help us understand why we feel bad, why we are wrong, why we are negative and anti love and truth, is our feelings. So if we focus on our bad feelings, they will lead us to the truth of why we're feeling bad. Which will be the truth of what happened to us to make us be this wrong way, and how we took on the wrong way and keep it going making us feel bad.**

## FEELING HEALING

**Note:** The vital difference between emotion and feeling is that emotions have their roots in the past, and feelings relate to the present moment. Emotions represent our feelings which were not previously expressed, and these accumulate with time.

**Note:** Our feelings are soul-based. Our soul is always in truth. It is our soul based feelings, that when allowed to be freely recognised, we will begin to express and be who we are. This takes time and perseverance as we have encrusted our souls with layers upon layers of errors and false beliefs, it is these layers that will confuse the truth that our soul is conveying to us. Only by our progression with our Feeling Healing will our soul's expression of truth become clear and free of all cloudiness and contamination.



“What our soul needs in accordance with our own, individual, **Soul-Light-Plan-Of-Destiny** (your life's true destiny plan), They, being our Mother and Father, will give you as required. The only way we can know truly what we need is to honour and follow our true feelings. They, springing from our soul, literally telling us what we need, and so when we genuinely feel we need something, we apply our will to get it. The hard part is knowing if our feelings are true, and until we have done our whole soul-healing, they won't be clear and total true.” James – Introduction Course to Divine Love Spirituality

**FEELING HEALING versus other EMOTIONAL PROCESSING METHODS:**

Thursday, 13 July 2017

Hi James and Nanna Beth (questions from John)

The question to address is:

What is different with the outlines of the Feeling Healing process as against the numerous other emotional processing methods?

Nanna Beth: The difference is the focus on the truth: uncovering the truth of yourself through your feelings – uncovering the truth of your feelings. It's a rebellion against the Truth, so if one doesn't want the truth, nothing will happen, one will only move deeper into one's rebellion against it.

And because the focus is on the Truth, so one can use it all the way to uncover the Whole Truth of Oneself. And there is nothing else teaching that.

All the other systems that involve looking to feelings to some degree fail to understand the deeper significance of wanting the Truth. Many people uncover some truth of themselves through their feelings, but mostly they end the process because they don't want to follow it right the way through, which means they only want to heal some momentary pain, and once that is done, are usually happy to continue on in their untrue state.

And because one is wanting to uncover the whole truth of oneself, then it becomes a full spiritual experience, and one that can be done by oneself, so without needing help from another, although at times help is sought and used. So the Feeling Healing embraces Healing the whole seven Mansion Worlds worth of self- and feeling-denial, which is the complete Rebellion and Default. Other systems might only work at some aspect of it, limiting the ascent of truth through all the Mansion Worlds.

And basically no one understands the absolute depth of the problem within themselves, which is only borne out by people and spirits doing their whole Healing. Much of the current psychological understanding falls well short of understanding the depths that are involved because they don't include the overall problems brought about by the Rebellion and Default. You have to understand you are rebelling against yourself: the truth of yourself, and so against your own soul; which is then the truth of God, so the Mother and Father; and that also includes the truth of Mary and Jesus. So at some point you have to rectify all those relationships, which you can't do unless you understand the bigger spiritual picture. And so that's what James has revealed, taking all Marion has said, all the books offer, adding his own stuff, and putting it all together as a way of life, a spirituality that can be lived, and one that initially focuses on Healing oneself of all one's wrongness.

Why have all other methods of releasing and delving into emotions not been successful?

Nanna Beth: Because they don't understand the scope of the problem, as I said above. They are not approaching it from the point of view of understanding the nature of one's Repressed Childhood state, the extent of that; and then how one needs to allow oneself to feel all the bad feelings, not reject them; and then bring them out, which is the releasing of them; all whilst wanting to know the truth of them – the truth of what you are feeling. And that truth is what needs to come up within you so you can heal

your will and become a truly functioning person, fully self-expressive, self-loving, and growing continually in truth.

All the other systems work within the control of the mind, so once the therapy ends, the mind regains control albeit in a different way. Only the Feeling Healing and Soul Healing with the Divine Love, seeks to entirely break the control of the mind over one's feelings.

### Why haven't other methods been going deep enough?

Because people are basically afraid to push into such early childhood trauma without understanding where they are going or what it's all about. The leap of faith is too great, as it would mean they would have to rise above and conquer the Rebellion and Default within themselves, and that's simply too much to ask. The negative truth-denying systems within everyone are too deeply entrenched.

However the spiritual structure outlined by James provides a structure that allows you to deal with the Rebellion and Default, allowing you to maintain your faith, and evolve it, as you progress in your growth of truth – it gives one a picture to work with. Very few people, and possibly only Marion in fact, are able to press on into such dark depths without any structure and with only a faith that it's what she and God want to do.

I (Beth) couldn't have done it Marion's way John, I wouldn't have allowed myself to feel such pain, I needed to understand the bigger-picture reasons as to why I was in such pain, and be given the understanding that if I kept at it, one day it would end. Marion doesn't know it will end, she just keeps going one bad feeling at a time, which requires a tremendous amount of faith and over so many years and through so many inner obstacles; and still she doesn't know if it will end, but as she says, there is nothing else she can do other than keep going because she tried everything else. And she doesn't want to let her mind come in, only wanting to stay true to her feelings, so she doesn't want to know about the bigger picture even though she has worked it out along the way for herself and for James to understand which he's worked into his books.

So the spiritual aspect or approach James has provided, even if it's not actually talked about; the simplicity of honouring your feelings, and in particular your bad ones, then by accepting them you allow them to have their say, so you express them, all whilst longing for the truth, includes all one needs to know. And so by doing that, one will be able to fully Heal themselves working it out along the way for themselves; and even if they don't understand it, will be living the highest truest spiritual life one can live in one's wrongness, which in time will lead to one's Healing of one's rebellion and default.

On the surface of it, what James has related seems overly simple, but doing it yourself, and see what happens and what results; and that will take one deep into oneself uncovering the whole truth of oneself.

### Many will consider that what they have been doing is adequate – why are they wrong in their understandings?

Nanna Beth: Because they don't understand what it's really all about. They don't understand the mind is in control of their true feelings, and that needs to be stopped. They don't understand the significance of their rebellion against the Truth, and how that happened by default. They don't understand that it's

about uncovering the whole truth of yourself through your feelings, all your feelings, but focusing to begin with on your bad ones because they are what most people don't want to see. Everyone else sees it that they are doing this feeling type healing to make themselves better, to rid themselves of their pain and trauma, so instead of taking a pill to take the pain away, they are using some sort of emotional clearing system. But that is all still to take the pain away, to fix themselves, to heal themselves, to effectively take a pill so it all goes away, just like what the 'Divine Love people' hope the Divine Love will do for them, but it's not to uncover the whole truth of themselves. We have to see the truth of our pain, why we're in it, how it all came about, so what really went on in all our early relationships. It's not about doing anything that just takes all our suffering away. We have suffered for valid reasons, which all have to come to light. And so only emotional and feeling accepting systems to help one see such truth of one's pain and suffering are of any worth. And unless you uncover the whole truth of yourself, you'll never set yourself free of your rebellion and default, of all your soul pain. And the truth means to see the whole truth of why you feel unloved, how unloving your early relationships were, why you don't love yourself, why you are unloving, why you are evil and wrong, which basically no one wants to face.

So to summarise: We all have to see the truth of our unlovingness. We can't avoid it – deny it. We have to face it and feel all it makes us feel. And all those bad feelings lead us into the truth of it. So we have to understand – bring to light through our feelings – all the truth of our unloved, negative, evil, wrong state. And then once we've done that, we can be free of it. So until you uncover and feel the whole truth of it, it will never leave you, you'll remain in rebellion against yourself, you'll continue to be unloving.

I have considered with James, that Marion and he actually represent the two extremes of what is involved in soul-healing. I have found one such writing by James, back in 2006, that points to this. My feeling is that their two extreme ends of the experience matrix makes them perfect for bringing together the understandings that will benefit all people, no matter what their circumstances maybe.

Nanna Beth: If we accept that Marion and James are the Avonal Pair here to reveal the essential truths to humanity about how people can Heal themselves of their rebellion against the truth of themselves, then what you deduce is correct, for they have between them had to take on every negative aspect of the Rebellion and Default and so Heal it, which is healing all the circuits on a technical level, thereby opening the way for humanity to follow.

So if you consider this John, it is pretty amazing that two people can take on all the denial humanity is in, approaching it from opposite ends, which equates to the effects of the Default of Eve and Adam (following on from the Rebellion), and that such wrongness can be concentrated into two family units, and mostly in two parent pairs (being Marion's parents and James' parents). And so what is the likelihood of that? And then for them to live in the same city being the first children of such 'bloodlines of denial', and meet each other, and at a time needed to give themselves all the time to systematically work their way laboriously up through all the negative mind and will circuits. So to be subjected to so much woe, and to be able to keep going with no help from anyone other than each other, and a little backup from the spirits and the Mother and Father on James' side, yet with that involvement opening up even more messed up and corrupted mind circuits he's had to work his way through.

So if it is true they are the Avonal Pair, it shows us all just how incredible the soul of the Avonals are, to be able to go into such corruption, taking it all on, and then working it all through and Healing themselves of it, all basically without any real help from anyone, so just on faith and pure longing for the truth.

And should they reach the end of their Healing before they die, and should the truth then be fully declared that they are the Avonal Pair, even going against all what The Urantia Book (TUB) says, they having to uncover the truth in all things whilst rejecting the untruth such as in TUB and Padgett Messages (PM), with nothing having been straightforward and of any real help, then it will be cause for major celebration.

And it's what we are preparing for, what you are too John, to see if Marion and James are indeed the Pair, and then to give them all the support they will need to do whatever it is they are to do in the public sense. This is all their private work so far, of which you and I have become substantial parts of, the doing of their Healing preparing themselves for when they are Healed.

And if it turns out they are not an Avonal Pair, they are only just a pair of ordinary mortals who've somehow managed to keep going, dealing with all their pain, longing for and bringing to light all the truth of it, then they will be the most extraordinary mortal pair because they will have been the one's who broke the back of the Rebellion and Default. So either way you look at it, it will be quite an achievement.

And so we are all waiting to see if the theory is realised by such Avonal-truth awakening in their soul at some point, for then we will all know it will be true, just as they too will know. For now Marion doesn't contend with any of it, and James only on a mental level because of what the Melchizedeks told him years ago, but it all has to come to them through their feelings like all truth, which will only happen once they've fully Healed themselves or toward the end of their Healing. Because in the meantime, whilst they are still in their wrongness and denial of truth, part of that denial is denying the truth that they are Avonals. And again the whole Avonal business has been yet more problems and negative circuits James has had to personally work through, whereas Marion has solely focused on only dealing with her feelings, not having to contend with all the other mind stuff.

James, when you feel up to it, may I have your observations please? And Nanna Beth, your angelic eye on this subject would be most helpful, if you please?

These two subjects are possibly leading to the crux of what we are sharing through the Pascas Papers. I now see that these 'colourful' handouts are essential in introducing and supporting the major publications of James Moncrief and James Padgett.

Nanna Beth: The handouts will help introduce people to such writings. But what I want you to understand John, is really it's James – because of his writings (and Marion, because she is leading them both in it all) that is what's most important. The Padgett Messages (PM) are really to be included in James' work, which he does, by taking the crucial parts and integrating them into his work – with the most important truth being that about longing for the Divine Love. So really the PM are secondary.

As you understand, the Padgett Messages can't heal you. The Divine Love is about immortality of the soul and becoming divine, it's not about ending your rebellion against the Truth. And ending the rebellion needs to come first: the Truth then the Love, then the Divine Love can be introduced, even though of course the Divine Love can be introduced at any time.

So really one need only work with James' (and Marion's) work, which includes longing for the Divine Love. People are to look to them first, and then later to Mary and Jesus. To put Mary and Jesus ahead of Marion and James can cause you problems because you will overlook what Marion and James are revealing. But as Mary and Jesus are known and with such importance placed on Jesus, and now with the PM and the Divine Love, so it's all the more confusing. Even added to by James having written focusing on and making Mary and Jesus more important than himself and Marion.

But as I said, it's Marion and James first, then Mary and Jesus and the Divine Love. And Marion and James are more than capable of also introducing the Divine Love and the truth of Mary and Jesus, which they would have done had Mary and Jesus not come to Earth. So really Mary and Jesus are not needed, and as I said, can get in the way, causing people to focus too heavily on them whilst missing the more essential truths of having to do your Healing by looking for the truth of your feelings (the 'Divine Love people' being examples of this). However with Mary, and Jesus in the PM, being so dominant, it is all just more of the confusion and part of the rebellion. And at the same time I don't want to downplay Mary and Jesus and lead people to believe they are not as important as Marion and James, for they are most important, and much more important being the Creator Pair of Nebadon, and Marion and James would rather not exist than have people think they were more important than Mary and Jesus; but as you understand, I'm just trying to put the revelation of truth into context, because it's all being revealed round the wrong way.

People and spirits were given the opportunity to deny Mary and Jesus whilst they were on Earth, taking the Rebellion deeper; and then to further deny them right the way through their age; and now further still by including the PM. And now people will be given the added opportunity of denying Marion and James, which all ends up being one huge mess. And one in which only Marion and James can unravel. For I am only saying to you now what James has already written and what Marion and he have talked about. I wouldn't dream of taking anything away from them, and it's not my place to do so.

Firstly, consider discovering the truth of your emotional pain and injuries.

Secondly, consider longing for our Heavenly Parents' Love as you progress with your healing.

Primary and most important readings are the writings of James Moncrief.

Then consider the Padgett Messages, and then The Urantia Book.

Love from us all over here – your Nanna Beth.

**Feelings first**

**LIVE FEELINGS FIRST**



**JAMES** PADGETT **REVELATIONS** 1 Commenced 1914  
 MONCRIEF 2 Completed 2014



**1** Divine Love addresses the issues of the Rebellion.

The availability of Divine Love, should we so ask for it, being revelation 1:

God's Divine Love: Pray for it, ask for it, and receive it.

Whilst we are receiving our Heavenly Parent's Divine Love, and that this Love is causing change within our soul and spirit attributes, the greatest Truth known to man and spirit is that this is the way our Mother and Father are actually loving us! When we progress, it is the Mother and Father's way of loving us into love and then we live what we are, love.



**2** Feeling Healing addresses the issues of the Default.

The way to clear one's soul of childhood errors and injuries is revelation 2:

To liberate one's real self, one's will, being one's soul, is begun by embracing Feeling Healing, so as to clear emotional injuries and errors. With the Divine Love, then one is also Soul Healing. We are to feel our feelings, identify what they are, accept and fully acknowledge that we're feeling them, express them fully, all whilst longing for the truth they are to show us.

Release one's pain through expressing one's feelings.



in conjunction with

Longing for the Truth when also longing for Divine Love.

# FEELING HEALING + SOUL HEALING

To heal one's self is to simply look to see what feelings we are refusing to let ourself feel, and accept them instead of denying them. And to fully accept them, one needs to express them, speak about them, let them have their say, rather than pushing them aside, refusing to let them make you feel bad.

Doing this all with the intention of seeking the truth of why you are feeling them, of speaking about and expressing all such feelings; all feelings you have, but ALL WITH the INTENTION of UNCOVERING the TRUTH THEY WANT YOU TO SEE ABOUT YOURSELF. And it's the wanting to see the truth of them that is very important, because if you just look to accept them and speak and express them, but not seek their truth, then that's all you'll be doing, speaking and expressing them, but not healing their causes, so not fixing the things within you that are making you feel bad. And it's the truth part of it, seeking the truth of your feelings, and so, seeking the truth through your feelings, that's vitally important. It's the truth of yourself, life, nature and God, that is the spiritual aspect to it all.

You CAN'T find the truth of yourself, or anything else, through and with only your mind. You HAVE to engage and look to your feelings. And so if you choose to allow your feelings to 'Show You the Way', then the truth will come as you express them. So to do our Soul-Healing consists of these steps, all of which are ongoing until it's done:

- **Admit you are feeling bad.**
- **Accept your bad feelings, identify what they are.**
- **Honour fully your bad feelings by expressing them, speaking about them to someone who is willing to hear you talk about them, or tell them out loud to our Heavenly Parents. Long for the truth of them. Long for the truth of why you feel bad – what deep within you is causing your bad feelings?**
- **And remember, bad feelings are Good! Not bad. They are not to be despised. And as hard as it is to accept them, they are still you, and a very real part of you. And if you persist in denying them and not allowing yourself to fully live them, then you are only going to keep yourself in your errors making things harder for yourself.**
- **All sickness and suffering, all bad things that happen to you, all your problems, all your addictions – your whole feeling-denying and untrue life, is all caused by your denial of bad feelings.**
- **Every problem in the world is brought about because everyone has been brought up to deny feelings, and in particular, most of their bad ones.**

If one is intent on spiritually evolving and growing in truth, then it's vital, and this is the key, that one looks to use one's feelings as the means to gain and have access to the truth of oneself. You CAN'T find the truth of yourself or anything else through and with only your mind. You HAVE to engage and look to your feelings. And so if you choose to allow your feelings to 'Show You the Way', then the truth will come as you express them.

Doing your Soul-Healing with the Divine Love, is really doing your 'Feeling-Healing'. We are designed — created — to be self-revealing of truth, and so we are all to uncover the truth within ourselves and for ourselves, and all being done by living true to our feelings. **If you accept, express and seek the truth of your feelings, then truth will come to you, and you'll grow spiritually. It's as easy as that. Also it is as easy as it is to long for, ask for and receive Divine Love.**

THE HEALING OF YOUR BAD FEELINGS THROUGH THEIR ACCEPTANCE  
AND FINDING THE TRUTH OF THEM, IS THE ACCEPTANCE OF YOUR  
NEGATIVE, REBELLIOUS, EVIL, IMPERFECT MIND AND WILL CONDITION.

To do our feeling-healing we need to become:

Aware of – Acknowledge – and Admit, our bad feelings.

So we can:

Accept – them and allow ourselves to Be them.

And then if we feel to, take:

Action – Express, speak and emote them.

Talk about them.

All being done whilst longing to, really wanting to, see the TRUTH of our feelings.

So it sounds simple.

So I repeat:

We accept our bad feelings by expressing – speaking about them to someone willing to listen to us and take us seriously. And as we speak we long for the truth of them – why we are feeling them – to be made known to us. And when we uncover and see the truth we are FREE! – healed of the causes that have made us feel bad.

Accept, Express – see the Truth, and you're Free!

ACCEPTANCE OF ALL YOU FEEL, THINK AND ARE, IS THE KEY TO DOING  
YOUR HEALING; THAT, AND WANTING TO SEE THE TRUTH OF ALL YOU  
FEEL, THINK AND ARE.

**Release one's pain through expressing one's feelings.**

**in conjunction with**

**Longing for the Truth when also longing for Divine Love.**

**WE are meant to grow up LIVING FULLY CONNECTED to our FEELINGS:**

Humanity has always had an awareness and involvement with spirits, with life on the other side, because we are all heading that way, we all end up dying and becoming one of the spirits, and were humanity living rebellion-free, then nearly everyone would enjoy some level of spirit involvement either directly or indirectly, loving such an expansive awareness in life.

**We are meant to grow up living fully connected with our feelings in our physical reality, and at the same time with full feeling awareness of spirits and life after death, because after all, God is the greatest Spirit of us all.**

And so having an awareness and involvement with spirits can, and should, help us have more of an awareness with our Mother and Father. And it's not with just spirits, it's also with the angels who are with us all the time, and the nature spirits should we be open to them, and even higher spirits if we are to work with them, such as the Melchizedeks or Trinity Teacher Pairs. But mostly for those people involved with the Divine Love, it will be with the Celestials spirit group that is assigned to help them.



It is very important to understand that spirits and spirit life is meant to be part of life on Earth. However that's not to say everyone need to have an ongoing relationship with their spirit friends, but they can at least still be aware of spirits and spirit life and where we will be going and something about what to expect once we die. And when you are open to it, lessening the grip of one's fears about it, then we will find it will be just another aspect or level of life, and one that can give us quite a lot of comfort.

**TRUTH LOVING SOUL V ERROR INFLICTED MIND**



**Feeling  
Healing with  
Divine Love is  
the key!**



**To liberate one's real self, one's will, being one's soul, is by embracing Feeling Healing so to clear emotional injuries and errors. With the Divine Love, then one is also Soul Healing. We are to feel our feelings, identify what they are, accept and fully acknowledge that we're feeling them, express them fully, all whilst longing for the truth they are to show us.**

# Feelings First Spirituality

## The New Way

**Feelings First**  
**FF**  
**Feeling Free**

The New Way, Feelings First Spirituality  
 Learn to live with God through your Feelings

Accept, express and long for the truth of your feelings

Be free in your feelings  
 Free your feelings from your mind's control  
 Live true to your feelings; your feelings are your true self  
 Live true to yourself through your feelings



Live true to yourself by living true to your feelings.  
 Long for the truth of your feelings.

Accept / Express / Bring out ALL of your good, and most importantly,  
 BAD feelings.  
 Want to understand why you're feeling them.  
 Use your surface feelings to take you deeper into your repressed and  
 hidden feelings.



The Feeling Way is the True Way.  
 Your feelings are your spiritual guide.  
 Your feelings will take you to God.



Your feelings will show you the truth of your relationships, including your relationship with God; and if anything is wrong, untrue and unloving, then why it is.

Our feelings are sacrosanct and we should respect them accordingly. And we should NEVER block them out, ignore, override, banish, deny or reject them, because if we do, we're only doing that to ourselves, as Our Feelings Are Our Self.

Our feelings are the gateway to our soul. Our feelings are the closest we can get to our soul. Knowing the truth of our feelings is knowing the truth of our soul, and knowing the truth of God.

Feelings First Spirituality is the True path for humanity.  
 It embraces all people.

It completely unifies the world.

Everyone can relate to everyone else through their feelings.

And we can all live the truth that comes from our feelings, all sharing the same truths as we express and have the same feelings.

No one need be left out; no one is more special than anyone else – we are all united in Truth through our feelings.

So with and through our truth we live our lives, therefore without the need of any man-made mind-laws, rules and restrictions that limit self-expression as inspired by our feelings.



The New Way, Feelings First Spirituality is what is to replace all man-made, mind-contrived religions that so many people have enslaved themselves to. The New Way, Feelings First Spirituality will set us free of all that control, ending the Rebellion and Default within ourselves as we do our Feeling-Healing, and ending such control and spiritual stagnation in the world.

Bring on the End Times – get it over and done with! Let's all see that Jesus is not going to come again, that Prophecy has failed all the mind-controlled platforms. Allow such false systems of belief to die their long-awaited natural death, they've overstayed their welcome, it's now time they fade away. So let us show such antiquated, erroneous systems of belief the exit and bring on the fresh liberation of discovering the truth of how we are to live for ourselves, each of us personally in our lives, and all by looking to our own feelings for it. Self-revelation through our feelings is the way to go.

The Way of the Mind is ending, and is really the End Times – the End of our mind control, and **it's about time!** With the Way of our Feelings replacing it.

The End Times means the end and therefore a New Beginning. And that new beginning is a whole new Spiritual Age – an age based on self-revelation of truth through one's feelings, coupled with and supported by higher revelations from the Celestial spirits, angels and nature spirits.



The Feelings First Spirituality is the True Way to God because it helps you get to know God, helping you to reach out, connect and be personal with God, and do God's Will, all through your feelings. It is the only true way of getting to know the God of Feelings – our beloved Heavenly Mother and Father, the Great Soul of Divine Love.

Love comes through our feelings and not our mind, as we've all been wrongly led to believe.

**Feelings First; then comes The Truth; then comes Love.**

**LOVE is the Religion of Feelings, being:**

**Feelings First Spirituality, The New Way**



my  
**House** is your  
**Paradise**  
 **HOME**

**The BEAUTIFUL MIRACLE:**

5 Oct 2012

**The DIVINE UNIVERSE**

The way in which the Spirit conveys the Divine Love into the soul is a beautiful miracle. The attribute of mortal soul prior to incarnation has to it, a potential within it that is part of its formed nature. After the soul incarnates this potential remains part of the soul and even if the forming personality is unaware of such a soul potential, the potential still exists. The Divine Love is entirely suitable in its energy of harmony to be the energy that a mortal soul can utilise. The Spirit covers the spirit body when the individual sincerely asks the Soul of God for the Divine Love and this covering of the spirit body is where the dynamic of this beautiful miracle takes place. From the internal longing of the individual for the Divine Love this activates the Spirit Law that activates the Spirit that is then attracted to the spirit body upon which the Spirit material of the spirit body draws the Divine Love in to its soul and this union completes. The key here is to gain a perceptive insight into realising that the spirit body is not an inert body but that it is living and has activity, recognisable from its first forming from the Spirit Law that materialises a spirit body. The Spirit and the spirit body to give an analogy are like two attracting magnets and when the surface of the spirit body is touched by the Spirit, this causes the automatic response of the Divine Love to permeate into the attribute of soul and so begins the transformation of energy from the natural into the Immortal Divine Harmony. If the individual continues the receipt of Divine Love, the energy that is Divine Love actively begins to change the soul and this is felt in the spirit body systems and can produce feelings of love and elation. The spirit-mind begins to change as all spirit body systems are affected by the changed condition now experienced in the soul as the soul becomes living and vital. In one's progression of this Divine transformation, the soul will mature enough from the amount of Divine energy it receives and at that moment the surface of the spirit body and the Spirit are continuously attracted to each other, then one is living in the presence of our Mother and Father in perfect harmony, and this clarifies the truth about what it means to be truly at-one with God.

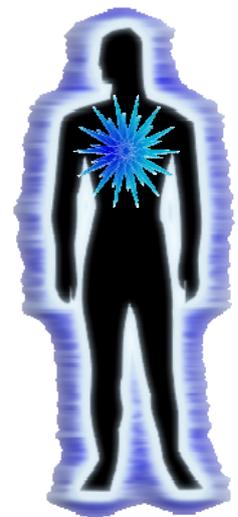
**Soul within  
spirit body  
prior to receiving  
Divine Love.**



**Divine Love being received  
from The Spirit, covering the  
spirit body of the requesting  
personality.**

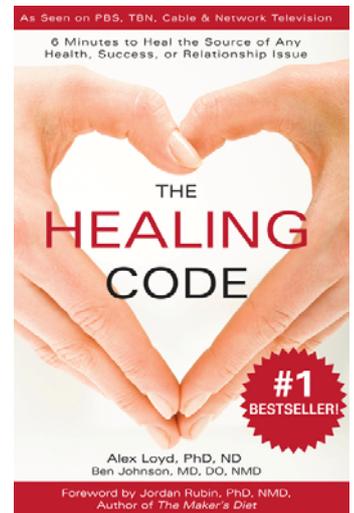
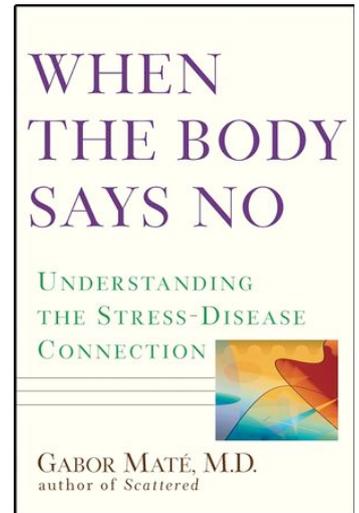


**Divine Love having been  
assimilated within one's soul,  
now being reflected through the  
radiance of the spirit body.**



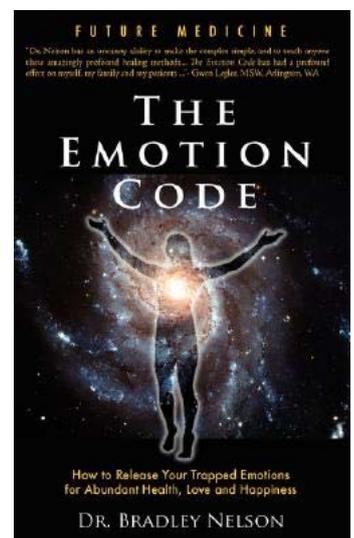
**Documents in this Series:**      [www.pascashealth.com](http://www.pascashealth.com)

1. Pascas Care – Treatment Session
2. Pascas Care – Emotion Code
3. Pascas Care – Healing Code
4. Pascas Care – Negative Emotions Generate Illness
5. Pascas Care – When the Body Says No
6. Pascas Care – When the Body Says No – Emotions
7. Pascas Care – Feeling vs Emotion
8. Pascas Care – Cure by Crying
9. Pascas Care – Healing & Recovery Vol I    Assisting Healing
10. Pascas Care – Healing & Recovery Vol II    Health
11. Pascas Care – Healing & Recovery Vol III    Aging Process
12. Pascas Care – Healing & Recovery Vol IV    Alcoholism
13. Pascas Care – Healing & Recovery Vol V    Cancer
14. Pascas Care – Healing & Recovery Vol VI    Depression
15. Pascas Care – Healing & Recovery Vol VII    Death & Dying
16. Pascas Care – Healing & Recovery Vol VIII    Pain & Suffering
17. Pascas Care – Healing & Recovery Vol IX    Loosing Weight
18. Pascas Care – Mental Health
19. Pascas Care – Accessing and Clearing Emotions
20. Pascas Care – Beliefs and Health
21. Pascas Care – Cancer of the Breast and Emotions
22. Pascas Care – Clearing Emotions, Why?
23. Pascas Care – Emotions and Health
24. Pascas Care – Hierarchy of Health Care
25. Pascas Care – Homosexuality
26. Pascas Care – Law of Cause and Effect
27. Pascas Care – Total Recall
28. Gift from God
29. Gift from God – Divine Love
30. Gift from God – Opening to Divine Love



**Other recommended reading:**

- The Book of Truths** – Joseph Babinsky  
**containing the Padgett Messages**  
**The Human Soul** – Joseph Babinsky  
**Through the Mists** – Robert James Lees  
**The Gate of Heaven** – Robert James Lees  
**Life in the World Unseen** – Anthony Borgia  
**Gone West** – J M S Ward  
**Post Mortem Journal** – Jane Sherwood  
**Thirty Years Among the Dead** – Carl A Wickland  
**A Wanderer in the Spirit Land** – Franchezzo  
**Judas of Kerioth** – Geoff Cutler  
**The Richard Messages** – James Reid  
**The Divine Universe** – Zara Borthwick & Nicholas Arnold



|  |                                  |                               |
|--|----------------------------------|-------------------------------|
| <b>Primary recommended reading:</b>                                | <b>consider commencing with:</b> | <b>Paul – City of Light</b>   |
| <b>The Book of Truths</b>  | <b>1914 – 1923</b>               | <b>xxx – Joseph Babinsky</b>  |
| <b>containing the Padgett Messages or</b>                          |                                  |                               |
| <b>Little Book of Truths</b>                                       |                                  | <b>– Joseph Babinsky</b>      |
| <b>True Gospel Revealed anew by Jesus Vol I, II, III, IV</b>       | <b>xxx</b>                       | <b>– Geoff Cutler</b>         |
| <b>The Rejected Ones</b>   | <b>2002 – 2003</b>               | <b>xxx – James Moncrief</b>   |
| <b>Messages from Mary &amp; Jesus</b>                              | <b>2003</b>                      | <b>xxx – James Moncrief</b>   |
| <b>Paul – City of Light</b>  | <b>2005</b>                      | <b>xxx – James Moncrief</b>   |
| <b>Mary Magdalene and Jesus'</b>                                   |                                  |                               |
| <b>comments on the Padgett Messages</b>                            | <b>2007 – 2010</b>               | <b>xxx – James Moncrief</b>   |
| <b>Speaking with Mary Magdalene &amp; Jesus</b>                    | <b>2013 – 2014</b>               | <b>xxx – James Moncrief</b>   |
| <b>Sage and the Healing Angels of Light</b>                        | <b>2017</b>                      | <b>xxx – James Moncrief</b>   |
| <b>Road map of Universe and history of Universe:</b>               |                                  |                               |
| <b>The Urantia Book</b>  | <b>1925 – 1935</b>               | <b>xxx as primary reading</b> |
| <b>Divine Love supporting reading:</b>                             |                                  |                               |
| <b>Revelations</b>   | <b>1954 – 1963</b>               | <b>– Dr Daniel Samuels</b>    |
| <b>Judas of Kerioth</b>  | <b>2001 – 2003</b>               | <b>– Geoff Cutler</b>         |
| <b>The Golden Leaf</b>   | <b>2008</b>                      | <b>– Zara &amp; Nicholas</b>  |
| <b>The Richard Messages</b>  | <b>2012 – 2013</b>               | <b>– James Reid</b>           |
| <b>The Divine Universe</b>   | <b>2012 – 2013</b>               | <b>– Zara &amp; Nicholas</b>  |
| <b>Family Reunion Afterlife Contact</b>                            | <b>2014 – 2015</b>               | <b>– Joseph Babinsky</b>      |
| <b>Traveller, An Immortal Journey</b>                              | <b>2014 – 2015</b>               | <b>– Zara &amp; Nicholas</b>  |
| <b>Destiny, Eternal Messages of Divine Love</b>                    | <b>2015 – 2016</b>               | <b>– Zara &amp; Nicholas</b>  |
| <b>Feeling Healing</b>   | <b>2017</b>                      | <b>– James Moncrief</b>       |
| <b>Religion of Feelings</b>  | <b>2017</b>                      | <b>– James Moncrief</b>       |
| <b>The Way of Divine Love</b>                                      |                                  | <b>– Joseph Babinsky</b>      |
| <b>Divine Love – The Greatest Truth in the World</b>               |                                  | <b>– Joseph Babinsky</b>      |
| <b>The Human Soul</b>  |                                  | <b>– Joseph Babinsky</b>      |
| <b>Divine Love Flowing</b>   |                                  | <b>– Joseph Babinsky</b>      |
| <b>The Truth</b>   |                                  | <b>– Werner Voets</b>         |
| <b>Through the Mists, The Life Elysian, The Gate of Heaven</b>     |                                  | <b>– Robert James Lees</b>    |
| <b>Life in the World Unseen</b>                                    |                                  | <b>– Anthony Borgia</b>       |
| <b>Gone West</b>   |                                  | <b>– J M S Ward</b>           |
| <b>Post Mortem Journal</b>   |                                  | <b>– Jane Sherwood</b>        |
| <b>After Death / Letters from Julia</b>                            |                                  | <b>– William T Stead</b>      |
| <b>Thirty Years Among the Dead</b>                                 |                                  | <b>– Carl A Wickland</b>      |
| <b>A Wanderer in the Spirit Land</b>                               |                                  | <b>– Franchezzo</b>           |
| <b>Life Beyond the Veil Vol I thru to V – Rev George Vale Owen</b> |                                  | <b>– Geoff Cutler</b>         |
| <b>The Holy Bible from the Ancient Eastern Text</b>                |                                  | <b>– Dr George M Lamsa</b>    |

Available generally from:

[www.lulu.com](http://www.lulu.com)

[www.amazon.com](http://www.amazon.com)

[www.bookdepository.com](http://www.bookdepository.com)

For Divine Love focused websites and forums:

Pascas Health:

<http://www.pascashealth.com/index.php/library.html>

Spiritual Development:

<http://new-birth.net/spiritual-subjects/>

Padgett Books:

<http://new-birth.net/padgetts-messages/>

<http://divinelovesp.weebly.com/my-free-books-and-free-padgett-messages.htm>

**James Moncrief's books, the Padgett Messages and The Urantia Book at:**

**DIVINE LOVE SPIRITUALITY – DLS:**

<http://divinelovesp.weebly.com/my-free-books-and-free-padgett-messages.html>

All Padgett Messages (for condensed versions – see below) 1914 – 1923 Pages 945  
The Urantia Book (see suggested papers to read below)

**James Moncrief Books:**

|   |       |                           |       |
|---|-------|---------------------------|-------|
|   | MoC   |                           |       |
| The Rejected Ones – the Feminine Aspect of God                      | 1,490 | Nov 2002 – Jan 2003       | 228   |
| Messages from Mary and Jesus book 1                                 | 1,485 | Feb – Apr 2003            | 189   |
| Messages from Mary and Jesus book 2                                 | 1,485 | Apr – Oct 2003            | 170   |
| Mary Magdalene and Jesus' comments on the Padgett Messages – book 1 |       | Aug 2007                  | 164   |
| Messages from 31 May 1914 – 12 January 1915                         | 1,495 |                           |       |
| Mary Magdalene and Jesus' comments on the Padgett Messages – book 2 |       | Sep 2010                  | 177   |
| Messages from 13 January 1915 – 29 August 1915                      | 1,494 |                           |       |
| Speaking with Mary Magdalene and Jesus blog – book 1                | 1,490 | Jan – Apr 2013            | 206   |
| Speaking with Mary Magdalene and Jesus blog – book 2                | 1,489 | Apr – May 2013            | 229   |
| Speaking with Mary Magdalene and Jesus blog – book 3                | 1,490 | Oct – Jan 2014            | 187   |
| Speaking with Mary Magdalene and Jesus blog – book 4                | 1,491 | Jan – May 2014            | 191   |
| Mary Magdalene comments on Revelation from the Bible KJV            | 1,485 | Dec 2013 – Jan 2014       | 84    |
|   |       | This group being pages of | 1,825 |

|  |                        |                           |       |
|--|------------------------|---------------------------|-------|
| Paul – City of Light   | 1,488.5                | 2005                      | 149   |
| Ann and Terry  |                        | 2013                      | 235   |
| Feeling bad? Bad Feelings are GOOD!                              | feeling-healing book 1 | 2006                      | 179   |
| Feeling bad will make you feel BETTER – Eventually!              | feeling-healing book 2 | 2006                      | 159   |
| Breaking the Golden Rule.  | feeling-healing book 3 | 2006                      | 168   |
| Feeling-Healing exercises, and other healing points to consider. |                        | 2009                      | 175   |
| Cathy and Mark – a novel introducing Feeling-Healing.            |                        | 2010                      | 151   |
| Introduction course to Divine Love Spirituality                  |                        | 2006                      | 139   |
| Speaking with the Dead, Death and Dying                          |                        | 2009                      | 173   |
| Spirits and their Childhood Repression Healing                   |                        | 2010                      | 179   |
| With Verna – a nature spirit                                     |                        | 2008                      | 279   |
| Communication with spirits – meet a spirit friend                |                        | 2010                      | 37    |
| Introduction to Divine Love Spirituality website                 |                        |                           | 362   |
| Sage – and the Healing Angels of Light                           |                        | 2017                      | 260   |
| Divine Love Spirituality   | 1,500                  | 2017                      | 201   |
| Feeling Healing – you can heal yourself through your feelings    |                        | 2017                      | 153   |
| Religion of Feelings   | 1,500                  | 2017                      | 47    |
|  |                        | This group being pages of | 3,046 |

**Religion of Feelings**

**Introduction to Divine Love Spirituality**

**Main website of DLS**

**Childhood Repression website**

**DLS and CR forum**

<http://religionoffeelings.weebly.com/>

<http://dls spirituality.weebly.com/>

<http://divinelovesp.weebly.com/>

<http://childhoodrepression.weebly.com/>

<http://dlscr.freeforums.net/>

<http://withmarymagdaleneandjesus.weebly.com/blog---and-free-books-speaking-with-mary-and-jesus>

**FEELING HEALING and SOUL HEALING with the DIVINE LOVE:****James Moncrief Publications:****all publications are free downloads:**<http://divinelovesp.weebly.com/my-free-books-and-free-padgett-messages.html>

It is suggested for one to consider reading as follows:

**Speaking with Mary Magdalene and Jesus – books 1 – 4**

These four books encapsulate the second of the revelations with the first having been introduced by James Padgett one hundred years previously. These four books provide a wide range of guidance that has never previously been made available.

**Paul – City of Light**

As a gentle intro into the Divine Love and Healing; being James Moncrief's first novel and it's been criticised as being too heavily clichéd, but that's the point because it's a reflection of how he was back then.

**Ann and Terry**

For an example of people who might want to immediately start working on them selves and doing their Healing.

**Feeling Bad? Bad feeling are GOOD**

For more understanding about our denial of our feelings and why we should not deny our feelings, and it includes how it all came about for James, using himself as an example.

**Feeling bad will make you feel BETTER – Eventually!**

This includes specific examples of Marion and James working on expressing particular bad feelings, again with the hope that it will help others gain something of an idea as to what's involved in doing your Feeling Healing.

**Sage – and the Healing Angels of Light**

Through Sage who's 13 years old, the story is primarily about the two aspects of healing; that being, with the help of our angels, and the full Healing we can do by looking to our feelings for their truth.

**Religion of Feelings  
Feeling Healing****Welcome to LOVE – the Religion of Feelings  
you can heal yourself through your feelings**

So these books, including the four Speaking with Mary Magdalene and Jesus books, provide the essence of it all and are examples of James' work. Then it's up to whatever takes one's fancy. Other reading to consider may include:

**The Padgett Messages being published as:****The True Gospel Revealed Anew by Jesus volumes 1 – 4****Book of Truths by Joseph Babinsky****The Urantia Book****Release one's pain through expressing one's feelings.****in conjunction with****Longing for the Truth when also longing for Divine Love.**

**FEELING HEALING with DIVINE LOVE is SOUL HEALING:**

*A collection of 'papers' that draw together specific topics including all of the above and more from other sources of information and revelation designed to help increase one's awareness about why we have the problems we do and how to heal them, all whilst living a more healthy and sustainable life. They provide a brief snapshot of the more complicated topics and issues.*

**Firstly, consider discovering the truth of your emotional pain through Feeling Healing.**

**Secondly, consider longing for our Heavenly Parents' Love as you progress with your healing.**

**Primary and most important readings are the writings of James Moncrief.**

**Then consider the Padgett Messages, and then The Urantia Book.**

Pascas Papers, being free, are located within the Library Downloads [www.pascashealth.com](http://www.pascashealth.com)

<http://www.pascashealth.com/index.php/library.html>

**PASCAS – document schedule.pdf          downloadable index to all Pascas Papers.**

FH denotes Feeling Healing; SH denotes Soul Healing, which is: Feeling Healing with the Divine Love; DL denotes Divine Love – living with the Love.

**PASCAS INTRODUCTION NOTES:** *All papers below can be found at Library Downloads link..*

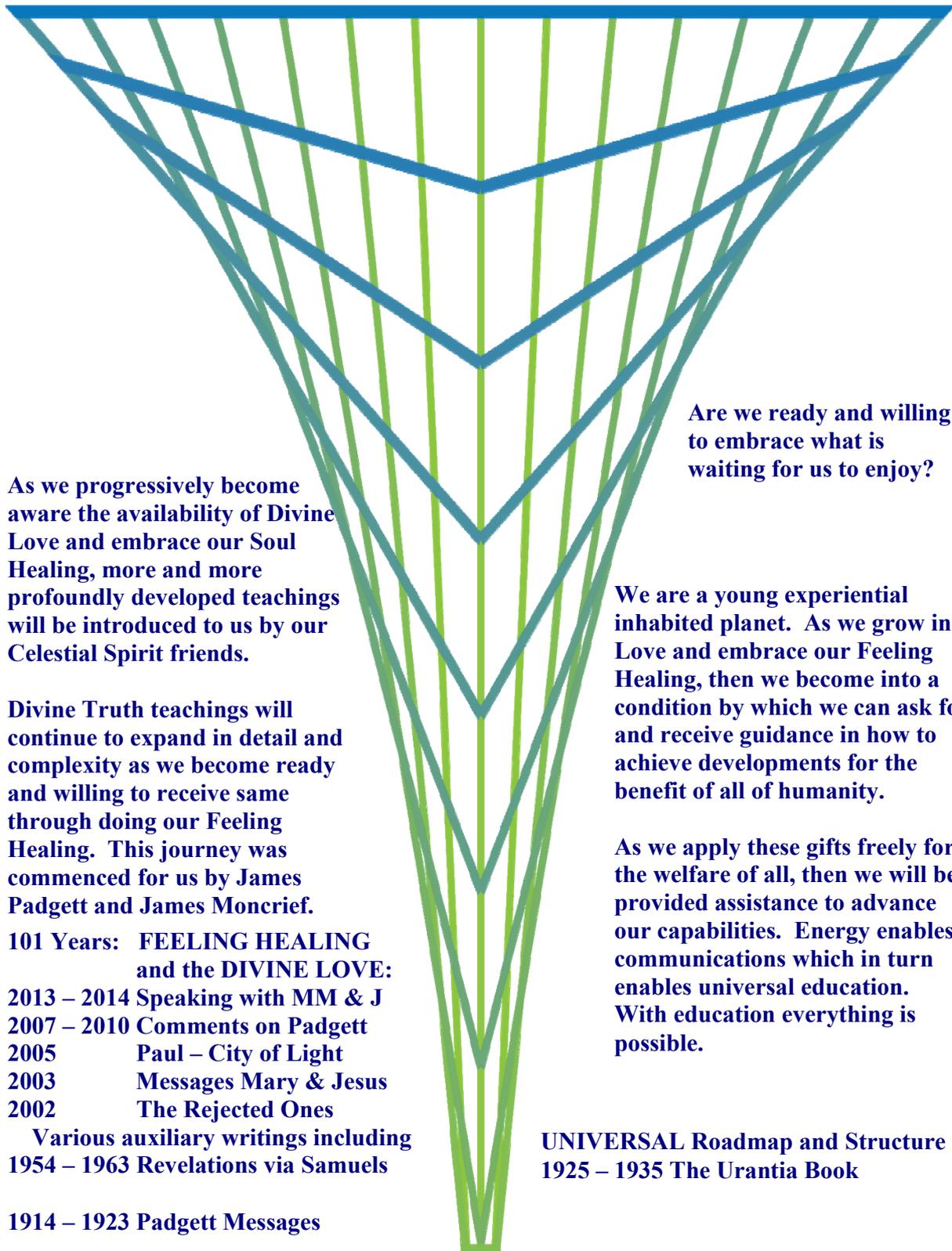
- Pascas Care Letters A Huge Upturn
- Pascas Care Letters Big Revelation
- Pascas Care Letters Feeling Healing Benefits Children
- Pascas Care Letters Feeling Healing Way
- Pascas Care Letters Little Children
- Pascas Care Letters Women's Liberation and Mother

**MEDICAL – EMOTIONS:**

- Pascas Care – Feeling Healing
- Pascas Care – Feeling Healing All is Within
- Pascas Care – Feeling Healing and Health
- Pascas Care – Feeling Healing and History
- Pascas Care – Feeling Healing and Parenting
- Pascas Care – Feeling Healing and Rebellion
- Pascas Care – Feeling Healing and Starting
- Pascas Care – Feeling Healing and Will
- Pascas Care – Feeling Healing Angel Assistance
- Pascas Care – Feeling Healing Being Unloved
- Pascas Care – Feeling Healing Child Control
- Pascas Care – Feeling Healing Childhood Repression
- Pascas Care – Feeling Healing End Times
- Pascas Care – Feeling Healing is Rebelling
- Pascas Care – Feeling Healing Live True
- Pascas Care – Feeling Healing Mary Speaks
- Pascas Care – Feeling Healing My Soul
- Pascas Care – Feeling Healing Perfect State
- Pascas Care – Feeling Healing Revelations X 2
- Pascas Care – Feeling Healing the Future
- Pascas Care – Feeling Healing Trust Yourself
- Pascas Care – Feeling Healing Versus Cult

**PASCAS  
PAPERS**

**DIVINE LOVE and DIVINE TRUTH Revelations and Teachings escalating:**



*People look for miracles to cure disease which is ONLY the removal of the effect of the emotion.*



SOUL  SPIRIT BODY  PHYSICAL BODY

The soul animates the spirit body and in turn the spirit body animates the physical body. The spirit body looks just like the physical body. These bodies are connected by cords. Your memory and intelligence as well as your emotions are within your soul which is your real self. Your mind is within your spirit body. Your brain is within your physical body.

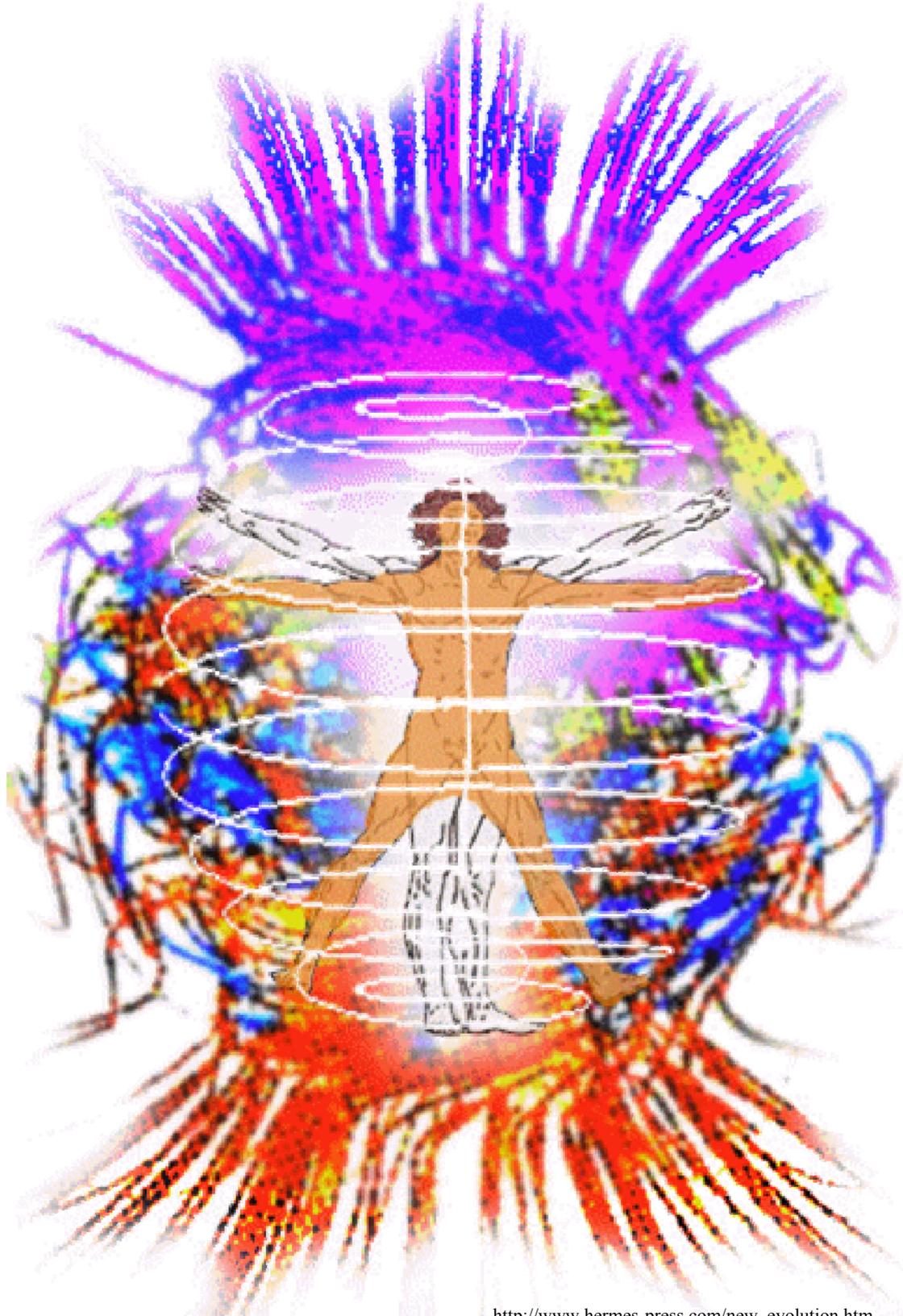
**Your soul is the real you!**

**Visibility:**    **Body** –    **limited sight of colour.**  
                      **Spirit** –    **expanded visibility.**  
                      **Soul** –    **complete spectrum of colour.**



**SOUL**  **SPIRIT BODY**  **PHYSICAL BODY**

Prayer:                    is emotional exchange with God



# PASCAS CARE

ALLOPATHY + 3 HALVES



Energy  
Medicine



Nutrition



Emotional  
Processing

