

PASCAS FOUNDATION (AUST) Ltd



PASCAS FOUNDATION (AUST) Ltd ABN 23 133 271 593

Bs +61 7 5594 0479

11 Crenshaw Court

www.pascashealth.com

www.pascasworldcare.com

Parkwood 4214 Queensland

Australia

Em: info@financefacilities.com

BREEDING MONSTERS

20 October 2022

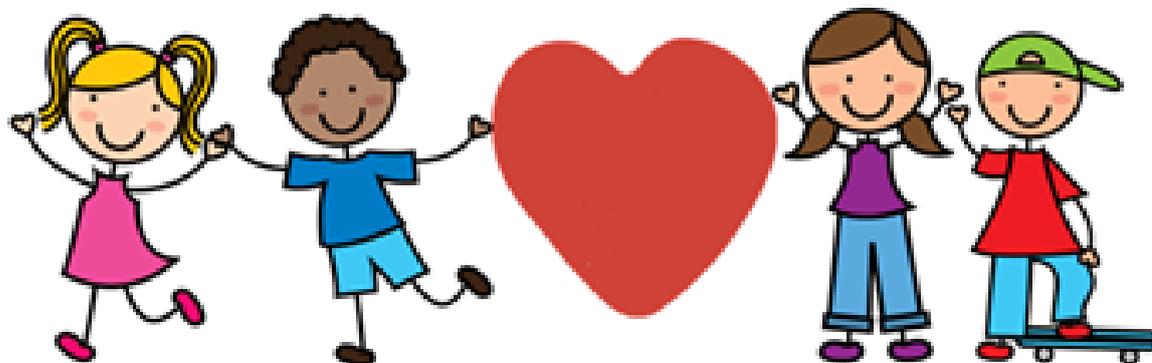
This document may be read in conjunction with Pascas Care Letters – Mind into Balance with Feelings, at www.pascashealth.com, then go to Library Download page, and in Pascas Care Letters, click on to open:

-  [Pascas Care Letters Mind into Balance with Feelings.pdf](#)
-  [Pascas Care Letters Breeding Monsters.pdf](#)
-  [Pascas Care Letters addressing Domestic Violence.pdf](#)
-  [Pascas Care Letters Psychic Barriers of Traditions Customs and Norms.pdf](#)

Kindly also visit www.pascashealth.com, also in the Library Download page, scroll down to Medical – Spiritual References and click on to open:

-  [Soul Light book 1 via James Moncrief.pdf](#)
-  [Soul Light book 2 via James Moncrief.pdf](#)

WE ARE GOD'S CHILDREN



Our first parents, Aman and Amon, were the first of humanity to aspire for human perfection. They lived south of the Caspian Sea some 993,500 years ago (give or take a few moments!). They did not have a manual to guide them in how to raise children and oddly enough neither have we had a manual.

Later on, in this paper, a psychology professor outlines her research and you may most likely conclude that not much has progressed. Medical science ignores the existence of our subtle bodies, this may be so as instruments cannot detect the spirit body and the soul is something mostly not considered.

The wonderful news is that when we are dead, we are more alive than ever! You may then look in a mirror and you will notice that you look exactly like as you do now. You will come to realise that our spirit body is the template for our physical body. With your spirit body fingers you may pinch your other arm and its tensile strength and feel will be the same as if you are in the physical. Following the death of

our physical body we lose nothing – except a lot of weight, and oh, our reproductive organs! Our memory, intelligence and personality continues on as if nothing has happened.

So what of the brain? Our brain is now in a box under the ground of its ashes in an urn. Well, our brain is not what we have been told. It is like a dumb terminal in a computer network. It has no intelligence, it has no memory and it is not our personality. Our physical brain is an interface between our spirit body mind and also our feelings from our soul. Yes, only an interface. Our physical body is to enable us to bring about our individualisation (conception that is confirmed through incarnation which occurs 16 days later when the foetus commences pumping blood), and for us to have a physical experience.

We are to living feelings first with our mind in support. However, some 200,000 years ago we were induced to live mind-centric and to suppress our feelings. This we have embraced going further and further into, ever deeper into mind worship until now we can observe many living without any recognition or expression of their feelings.

When we are totally mind-centric then we have no compass at all as to what is right or wrong, our mind is devoid of understanding and comprehending the difference between truth and falsehood. Our minds are addicted to untruth, so our numerous daily assumptions are erroneous (about 98% of the time). Our mind loves to control, to have control of others and of what is around us.

Then from the moment of conception through to age six years, we are infused with our parents' emotional injuries and errors in belief. So, should our parents be successful in bringing us up to totally ignore, avoid, put aside our feelings then we are a cocktail for disaster. We should be the ultimate candidate for the child delinquency courts! And life will only get worse for us from then on.

BUT there now is a pathway to recovery. We now have been shown and have had explained to us by higher level personalities as to how we can begin to heal our Childhood Suppression and our ongoing repression through Feeling Healing. Further, as parents, what we personally heal of our emotional injuries and errors in belief we pass through to our children depending upon their age.

POTENTIAL to BENEFIT your CHILD through our own FEELING HEALING:

This steps down each seven years as the child matures



**From conception to
age 6 or 7**

From 8 to age 14

From 15 to age 21

From 22 to age 28

As we heal, we directly heal our children similarly.

The Indwelling Spirit arrival for the child around age 6 or 7 starts their independence.

While we live mind-centric, we cannot discern truth, we do not understand what love is, we cannot love, we are addicted to untruth and we are addicted to control. This all leads to what ails society at every level, worldwide.

Amazingly, as we start to explore living with our feelings as being a significant part of our daily activities, the ease by which events unfold for us becomes 'mind blowing', we do not need to 'think'

things through and then mess them up, but by simply accepting our feelings without question is delightful and highly productive. This document came together in just over a day!

“The greatest gift you can give your child, is allowing it to be freely able to express itself, helping it to feel good about being able to say and express and communicate all it feels.

“THERE IS NOTHING BETTER FOR A CHILD TO FEEL THAN KNOWING ITS PARENTS COMPLETELY WANT IT TO BE EXACTLY HOW IT FEELS IT WANTS TO BE.

“To be completely unconditionally accepted for all that it is. Then it feels loved.”

Mary Magdalene, 13 May 2003

Yes, this is Mary Magdalene. She has only written through James Moncrief, whereas Jesus of Naareth has only written through James Padgett, and now James Moncrief.

GOLDEN RULE PERTAINING to CHILDREN:

“We cannot under any circumstances break the Golden Rule: we cannot impose our will on another forcefully subjecting others to do what we want, even if it is our own little child. We can, by all means, make respectful offerings of our ways, beliefs and opinions, leaving the onus on the other person to make up their own mind, but once we start intruding we are stepping over the line and that incurs a penalty.

“This is the problem we are all saturated with: being coerced and threatened to do everything we do. It is how most parent’s parent, coercing and threatening their children so as to get them to do what they want, all so they can maintain their power and control over them. The parent is completely interfering with its child’s freedom to express itself.

“As a parent we cannot know one moment to the next how our child should be. It will show you how it will be, not you showing it how it will be. And we need to allow it to show us with as little interference as possible. And this will be a great challenge for parents to face. The Church and all such systems – our whole world – is for adults, not for children; our world is anti-children, most of what we do is anti-children, even when we believe we are doing it for their good and doing it lovingly. It is not a loving system and it can’t be. It can only do what was done to us, and as we weren’t loved truly by our parents, then that is the world we know and the world we will create and the world we will choose to live in. The delusion is that we have been led to believe that the world is good and right and true, at least the world we are participating in, but it’s not, and this is what our healing will make us see.”

Messages from Mary and Jesus – Jesus 6 April 2003

Our FEELINGS are our SUPREME GUIDES:

“Feelings are what guide us through our ascension of truth. So they are really our Supreme Guides. Many people look for a person, spirit, angel, even God, for supreme guidance, however it’s all right there already built in – in our feelings. We just have to submit to them, allowing them to take us where they will, expressing all the parts we want to express, letting the emotion drive that expression

if it's there to be expressed, or just talking about all we feel and how feeling that feeling is making us feel – or, how we feel about having that feeling, all whilst longing for the truth of our feelings. Longing for the truth of our feelings is really: Longing for the truth of our self, because: we are our feelings. So life stirs up our feelings, we feel being alive; or, being alive means we are feeling, always feeling; and when we work out what and why we are feeling what we are, so then we know the truth of how we are. And over time the truth accumulates, and our mind expands our understanding of ourselves, all being driven from our feelings.

Kevin 26 September 2017

Kevin died 10 August 2012, through Feeling Healing became Celestial on 7 August 2017

MIND Worship



To liberate one's real self, one's will, driven by one's soul, moves one to embrace Feeling Healing, so as to clear emotional injuries and errors. With the Divine Love, then one is also Soul Healing. We are to feel our feelings, identify what they are, accept and fully acknowledge that we're feeling them, express them fully, all whilst longing for the truth they are to show us.

Living whilst alienating / isolating our feelings and the truth that our feelings bring is the root cause of the social ills that prevail throughout all societies worldwide.

Psychopathy is the extreme consequences of childhood suppression and its ongoing repression which is living without allowing and having any soul based feelings being embraced into one's life. To evolve and prosper we are to live feelings first with our minds to follow assisting in embracing and implementing what our feelings are drawing our attention to, while longing for the truth of what our feelings are drawing our attention to. This is in complete contrast to how we have all been guided to live these past many thousands of years. This is The New Way!

Aspiring to Living Feelings First

Helen Adam, Graham Golding, Ian Dowling, Jim Baker, John Doel and Peter Wildin

Pascas Foundation (Aust) Limited

(Kevin, a carpenter, is John's brother-in-law)

The  Couch

Psychology and Feeling Healing

Before we are conceived, we have had nothing to do with the culture or heritage into which we are about to be born.

Conception is individualisation of our unique personality!

Then our parents and carers infuse us with their errors and injuries!

We perpetrate their erroneous ways!



BREEDING GUIDE



MONSTER BREEDING

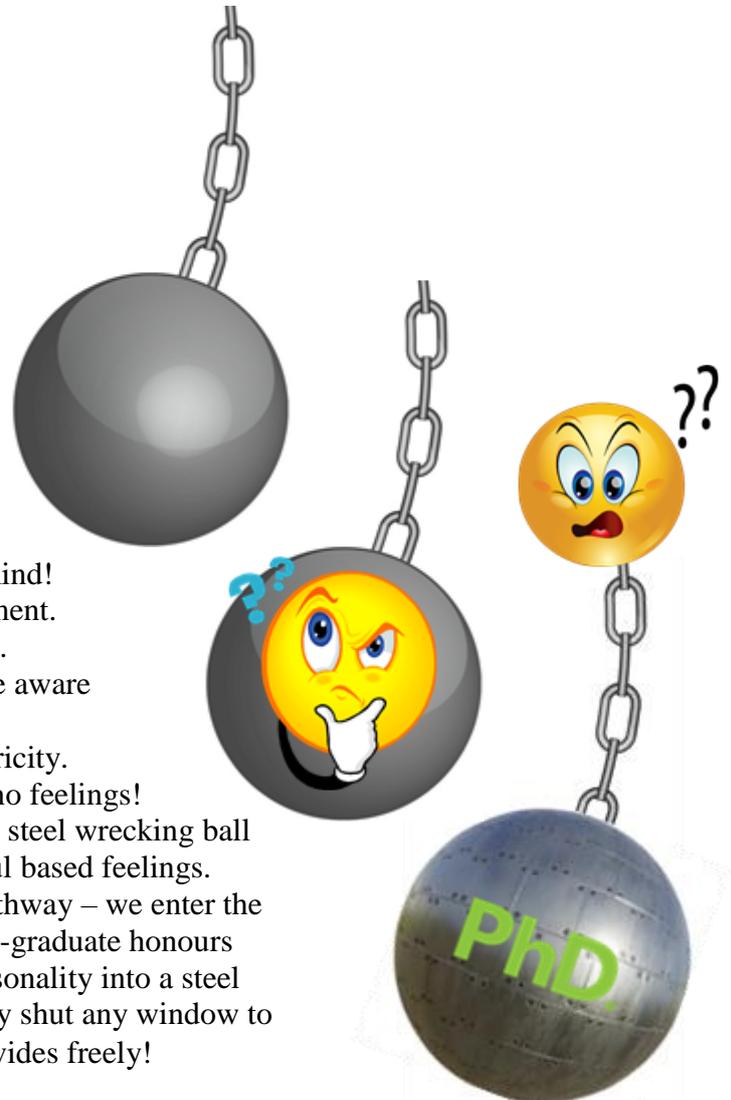
"LOVELY COUPLES"



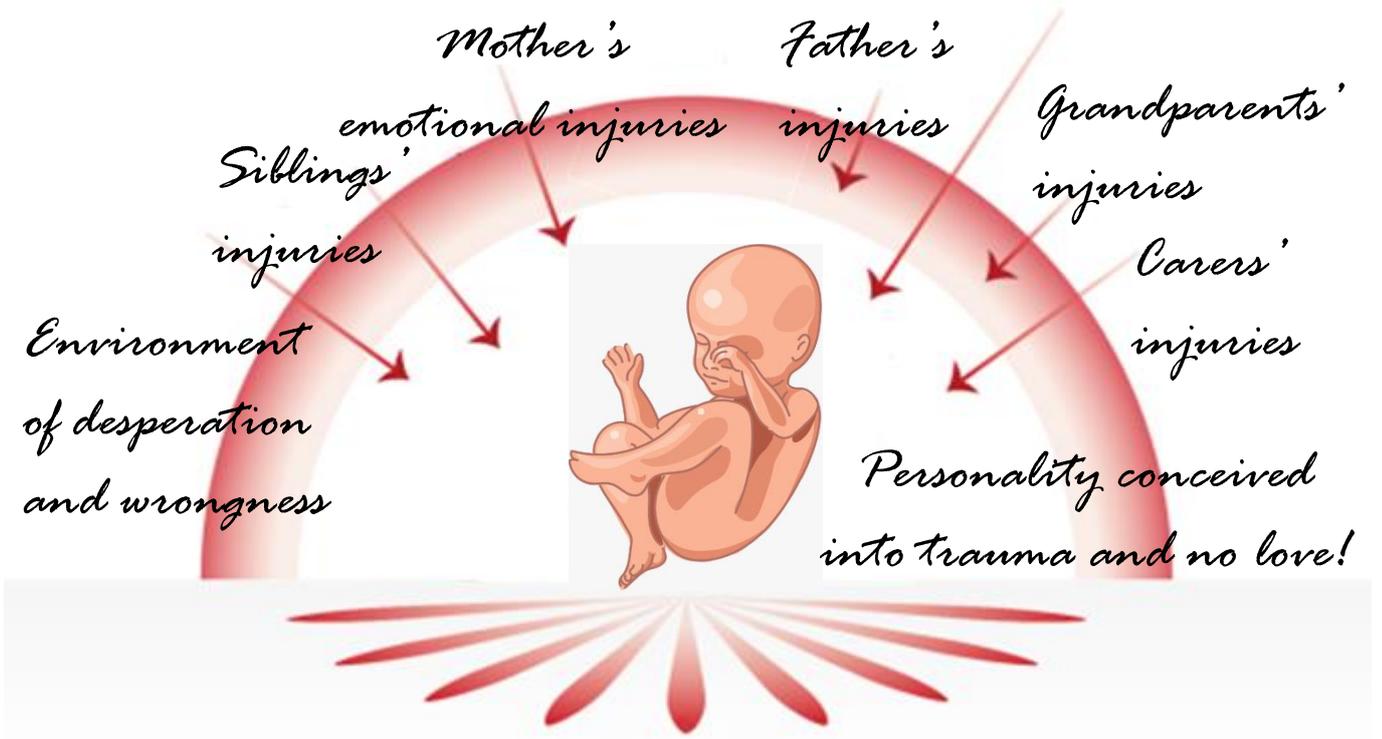
WE ERRONEOUSLY EMBRACE OUR MIND TO LEAD US THROUGH LIFE!



Our parents teach us to live through our minds.
 We are taught to be mind-centric – worship the mind!
 We go to school and it is all about mind development.
 There is no consideration about feelings at school.
 Our religious institutions do not appear to even be aware
 of our feelings, nor how they are important to us.
 If we go into employment then it is all mind-centricity.
 Higher education is further mind development – no feelings!
 We have now totally immersed ourselves inside a steel wrecking ball
 with no comprehension or appreciation of our soul based feelings.
 Then we take the ultimate mind imprisonment pathway – we enter the
 pinnacle of the education system – we gain a post-graduate honours
 degree – PhD – we have now imprisoned our personality into a steel
 wrecking ball with an outer layer of steel to totally shut any window to
 our soul based feelings and the truth our soul provides freely!



Living mind-centric locks us into a stagnate state that has a ceiling of 499 on Dr David R Hawkins' Map of Consciousness. While we ignore and suppress our feelings, we cannot evolve past this glass ceiling of MoC 499, being 'Reason'. Fixed in a stupor, a life of zombiism that we see all around us!



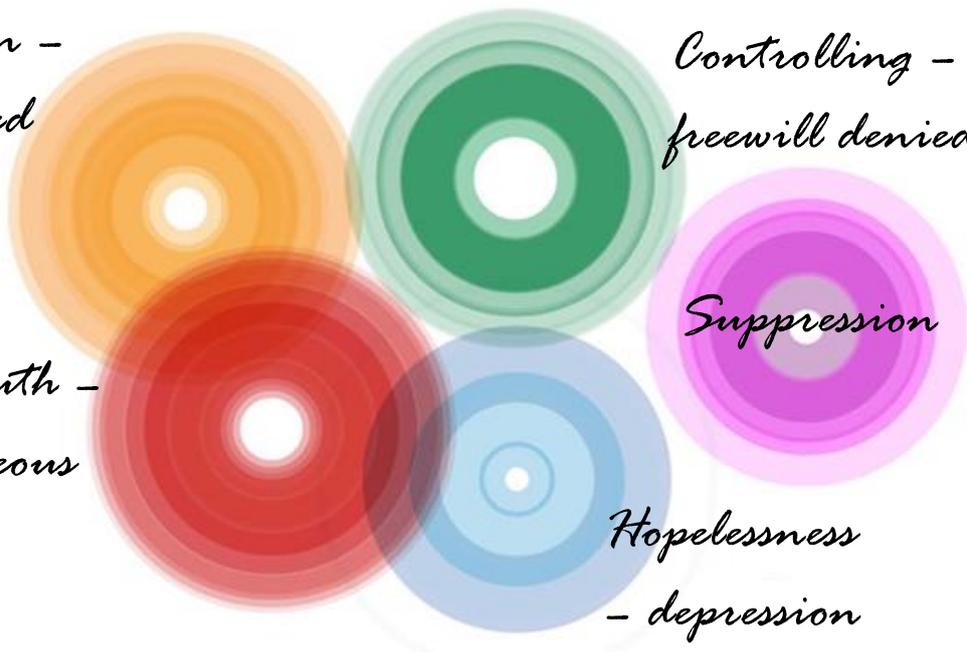
Rejection - unwanted

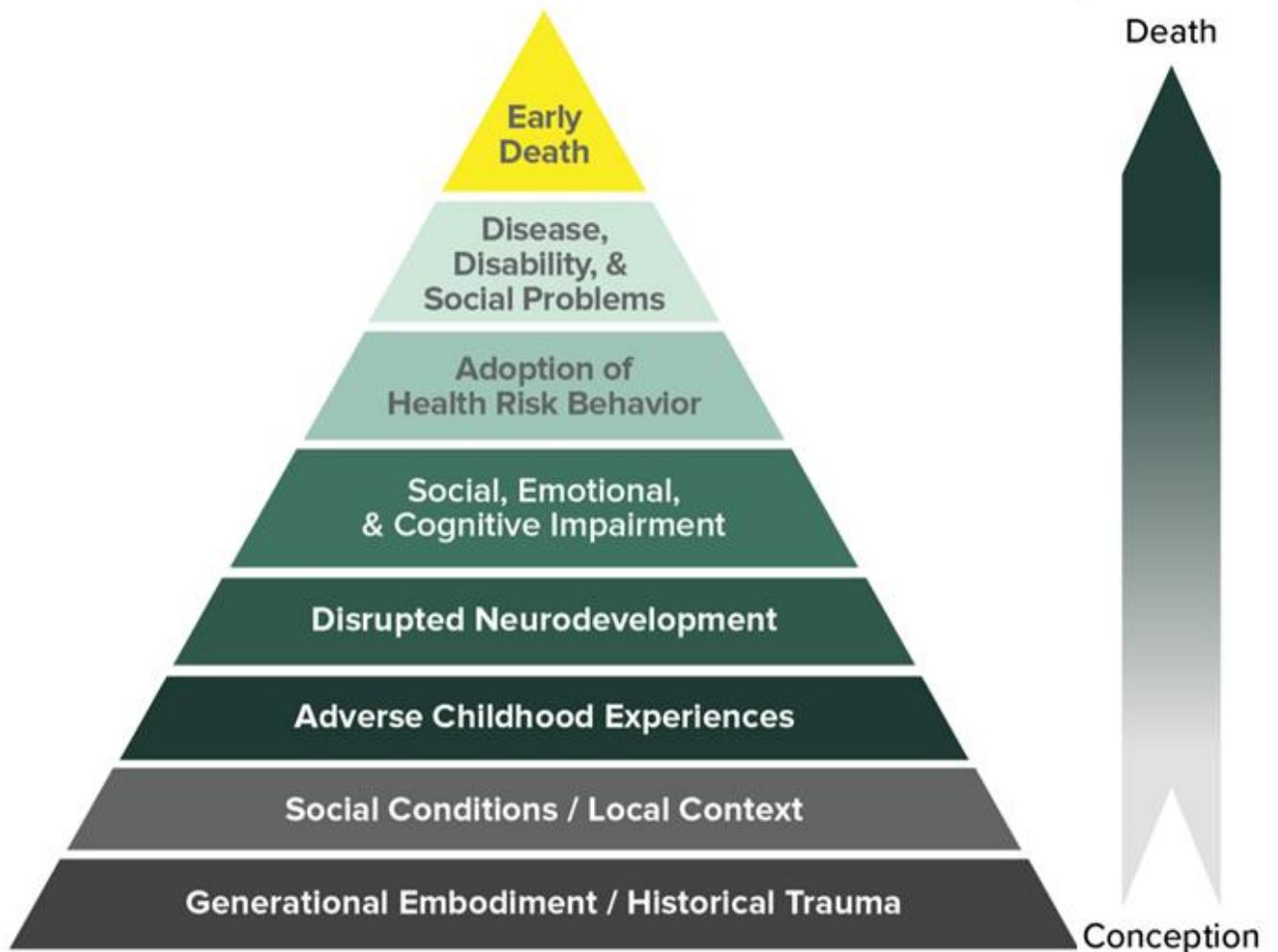
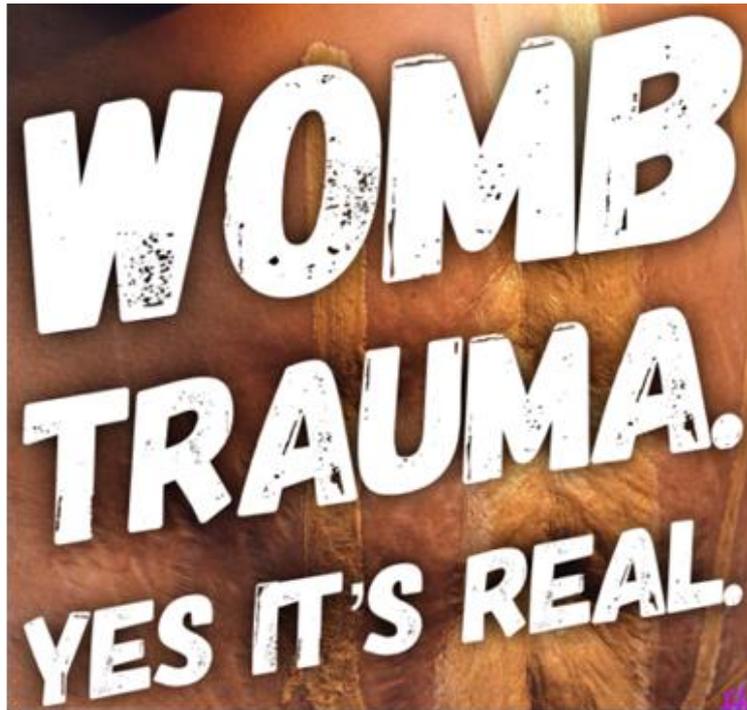
Controlling - freewill denied

Untruth - erroneous beliefs

Suppression

Hopelessness - depression



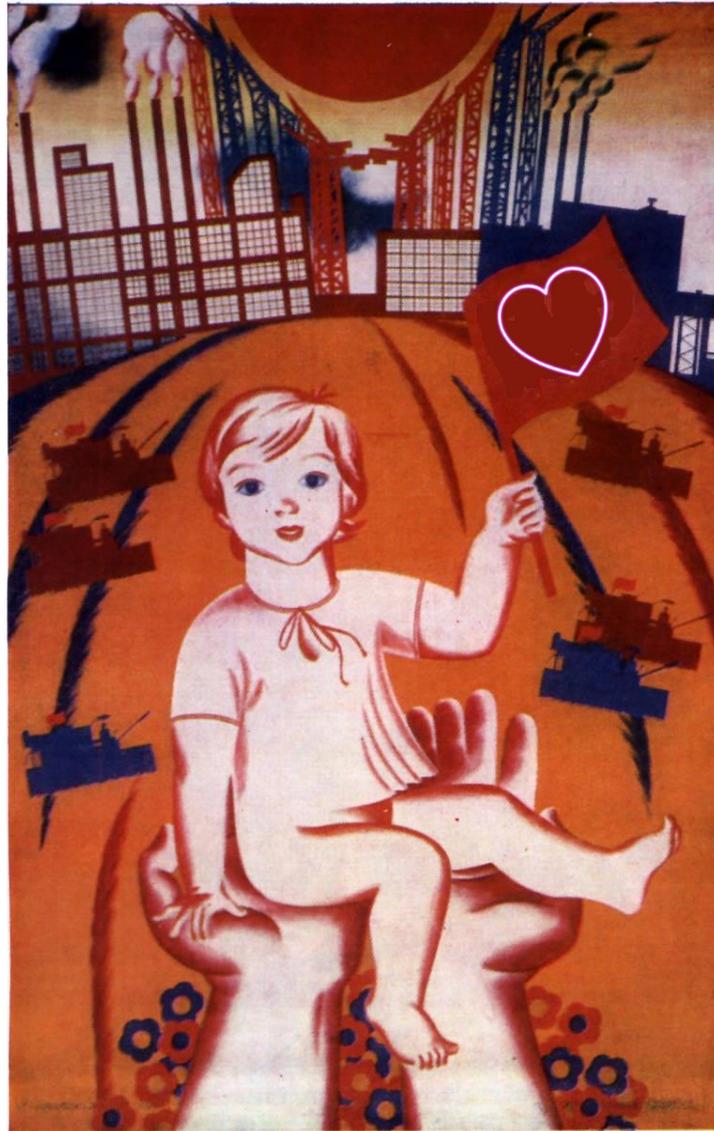


Mechanism by which Adverse Childhood Experiences Influence Health and Well-being Throughout the Lifespan



All a child needs is its parent's love.





Correlation of Levels of Consciousness and Societal Problems

| Level of Consciousness | Rate of Unemployment | Rate of Poverty | Happiness Rate "Life is OK" | Rate of Criminality |
|---------------------------|-------------------------|--------------------|--------------------------------|------------------------|
| 600+ | 0% | 0.0% | 100% | 0.0% |
| 500-600 | 0% | 0.0% | 98% | 0.5% |
| 400-500 | 2% | 0.5% | 70% | 2.0% |
| 300-400 | 7% | 1.0% | 50% | 5.0% |
| 200-300 | 8% | 1.5% | 40% | 9.0% |
| 100-200 | 50% | 22.0% | 15% | 50.0% |
| 50-100 | 75% | 40.0% | 2% | 91.0% |
| <50 | 97% | 65.0% | 0% | 98.0% |

NATURAL LOVE FLOW**Mind Centric****Internal to Self***You can move back and forwards between ways of life:***Subjective Environment****Without a Focus****Release of Thoughts****Stimuli Fades Away****Blank out to Nothing****Consciousness Expands****The Mind Flows****You Know More – self centred****Connect with a Source of Wisdom Greater than Self however limited to natural love****Gain Information****Unify in Consciousness – Earth plane****A State of Mind****The Development of Love from Within****Yourself****Belief: I am God****Intellectual Development, Growth of a Super Mind – Mind Dominance****Self Reliant (Trust of Self) Making it Happen****Self-determination way of life****Adult Like – Control over Everything****Control****Millions of Paths (man created)****Kingdom of Man – Limited Progression****Peak possibility is 6th Mansion World – Moral****Development****Time to complete path, which is a dead end:****100 years to over 1,000 years****Now you have to turn around and start your****Feeling Healing!****DIVINE LOVE FLOW****Living Feelings First****External to Self****External to Self****More in Focus****Release of Goals or Vested Interests****Stimuli Increases in Clarity****Perk up to New Possibilities****Experiences Expands****The Life Flows****You Do More – for others****Connect with as Source of Guidance Beyond self and embracing Divine Love****Gain Harmony and an Orderly Rhythm to Life Experiences****Unify with the World at Large – Universal****A State of Being****Love comes from God – Longing for God's****Love to Enter Me****Belief: I am God's son / daughter / child****Emotional Intelligence, Growth emotional in Love – Soul Dominance****God Reliance (Relationship with God)****Powerful Creation from Desires****Soul-Spirit living harmony****Child Like – Freedom & Spontaneity –****Authentic Emotional Expression****Feeling****Defined Path (God Created)****Kingdom of God – Infinite Progression****Peak possibility is infinite – atonement 8th sphere – being 1st Celestial Heaven****Upon entering Celestial spheres and much higher!****Time to enter Celestial Realms & atonement: in as little as 5 to 10 years!****Now you are a Celestial and starting****your progression to Paradise.**

|  | NATURAL LOVE Path | DIVINE LOVE Path |  |
|---|---|---|---|
| | the development of | | |
| | LOVE from within YOURSELF | LOVE comes from GOD longing for Gods love to enter me | |
| | BELIEF: I am God | BELIEF: I am a Child of God | |
| | Intellectual Development Growth of a Super MIND MIND DOMINANCE | Emotional Intelligence Growth emotionally in LOVE SOUL DOMINANCE | |
| | Self Reliance (Trust of Self) Making it happen | God Reliance (Relationship with God) Powerful creation from Desire | |
| | ADULT-LIKE CONTROL OVER EVERYTHING | CHILD-LIKE FREEDOM & SPONTANEITY Authentic emotional expression | |
| | KINGDOM OF MAN LIMITED PROGRESSION Peak possibility 6th sphere MORAL DEVELOPMENT | KINGDOM OF GOD INFINITE PROGRESSION Transformation from Human to the Divine The Experience of New Birth LESSONS IN LOVE AT ONE MENT emotionally real | |
| | Lateral experience of the Universe | Connectedness through Truth | |
| | MILLIONS OF PATHS of PERSONAL TRUTH | ONE PATH TO GOD THE WAY OF THE HEART CHRIST CONSCIOUSNESS | |
| | REMAIN IN FALSE BELIEFS MAKING DETAILED PLANS JUSTIFICATION | GIVE UP ALL MY ERRORS LONGING FOR GODS TRUTH TO ENTER HUMILITY | |
| | no soulmate union | soulmate union | |

UNLOVING PERSONALITY

Soul encrusted with negative and damaging emotions and beliefs held by the mind in the spirit body. Soul is starved of love and the darkness impedes the flow of love which darkens the spirit body and damages the physical body for all to see.

LOVING PERSONALITY

Spirit body mind is clear of negative emotions and beliefs. The flow of love from the soul illuminates the spirit body and brings beautiful harmony and health to the physical body for all to see.



HARMONY within the SOUL = HARMONY within the PHYSICAL BODY:

Emotional injuries, erroneous beliefs, harmful intentions are all damages encrusted upon one's soul. Such injuries are to the spirit body impairing the flow of loving energies of one's soul.

Such mind-made errors degrade the pristine soul by retarding the soul-light flowing to our body and having impaired light being returned, and such damages impact upon one's spirit body which in turn emerge as discomforts, then pains, then as illnesses within the physical body.

Medical assistance and treatment may alleviate the illness / pain however the cause remains.

Until we endeavour to remove the errors and injuries, the propensity for the illness remains.

Firstly, consider discovering the truth of your emotional pain through Feeling Healing.

Secondly, consider longing for our Heavenly Parents' Love as you progress with your healing.

Primary and most important readings are the writings of James Moncrief.
Then consider the Padgett Messages, and then The Urantia Book.

Natural Love Flow

Mind Centric

Natural love is Creation's love;

One can swap back and forwards between paths

I am God

Intellectual

Self reliant (trust myself)

Self-determination way of life

Mind dominates

Thinking = Mechanistic

rational

analysis

reductionist

linear

Values = Mechanistic

expansion

competition

quantity

domination

Adult like

Control

Millions of paths (man created)

Peak possibility is 6th sphere

time to complete path:

100 years to over 1,000 years

Feelings First with Divine Love Flow

Feelings First with mind in support

Divine Love is Soul's love.

I am God's son/daughter/child

Emotional

God reliant (God relationship)

Soul-spirit living harmony

Soul dominates

Thinking = Holistic

intuitive

synthesis

integrative

non-linear

Values = Holistic

conservation

co-operation

quality

partnership

Child like

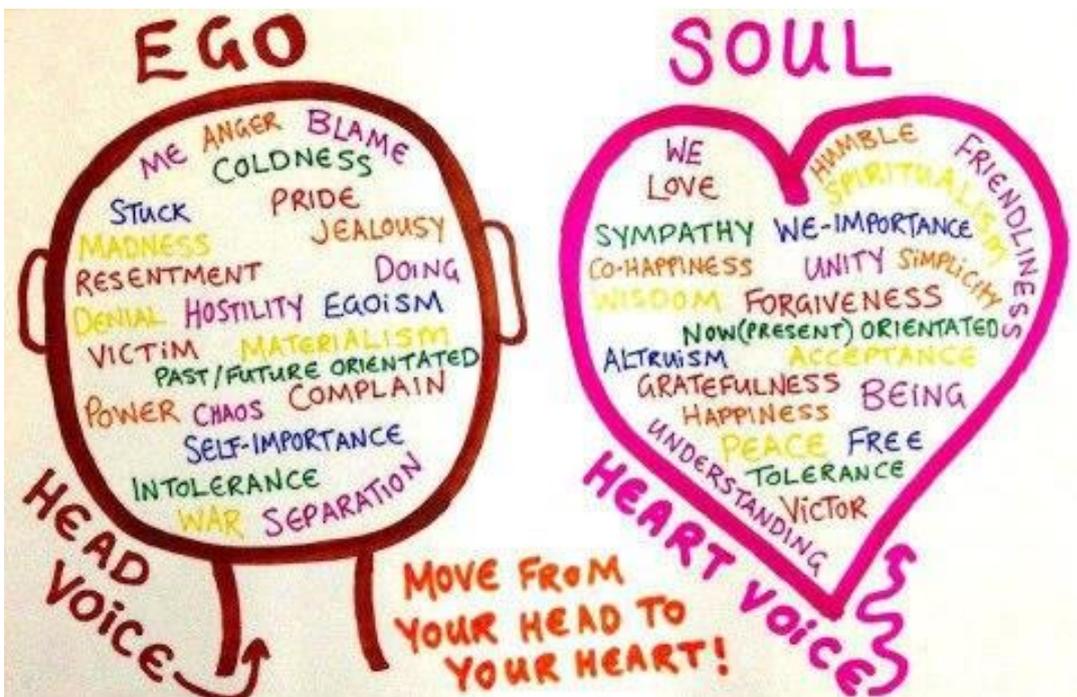
Feeling

Defined path (God created)

Peak possibility is infinity

(sphere / mansion world are same)

5 years to over 10 years to at-onement



| MoC | No. of Countries | Average MoC | Average Life Expectancy | Human Development Index | Happiness Index | Education Index | Per Capita Income 2020 |
|-----------|------------------|-------------|-------------------------|-------------------------|-----------------|-----------------|------------------------|
| 400s | 10 | 406 | 78.50 | 0.939 | 6.8 | .861 | US\$54,010 |
| 300s | 13 | 331 | 71.77 | 0.798 | 5.9 | .684 | US\$17,827 |
| 200s | 10 | 232 | 69.45 | 0.759 | 5.8 | .648 | US\$16,972 |
| High 100s | 18 | 176 | 69.00 | 0.724 | 5.2 | .639 | US\$9,900 |
| Low 100s | 7 | 129 | 61.88 | 0.653 | 4.7 | .567 | US\$2,628 |
| Below 100 | 11 | 66 | 52.73 | 0.564 | 4.2 | .488 | US\$2,658 |
| WORLD | | 220 | 70 | | | | US\$10,900 |

Left brain expression (Academic)

- detail oriented
- (Looks at parts)
- Logical
- Sequential
- Rational
- math and science
- can comprehend
- Analytical
- Objective
- uses logic
- facts rule
- words and language
- present and past
- knowing
- acknowledges
- knows object name
- reality based
- forms strategies
- order/pattern perception
- practical/planned
- safe
- cautious

Right brain expression (Creative)

- 'big picture' oriented
- (Looks at wholes)
- Random
- Intuitive
- Holistic
- philosophy & spiritualism
- can 'get it' (the meaning)
- Synthesizing
- Subjective
- uses feeling
- imagination rules
- symbols and images
- present and future
- believes
- appreciates
- knows object function
- fantasy based
- presents possibilities
- spatial perception
- impetuous/spontaneous
- adventurous
- carefree/risk taking



Illustration by: VaXzine

Written and slide design by Dr C Daniels 2008

HEALTH with or without the LOVE:

Feeling Healing, with Divine Love, has a powerful positive effect on the physical body, balancing the hormones and generally promoting physical health, which is really the same thing as saying that the state of a mortal's soul impacts directly on that mortal's physical health.

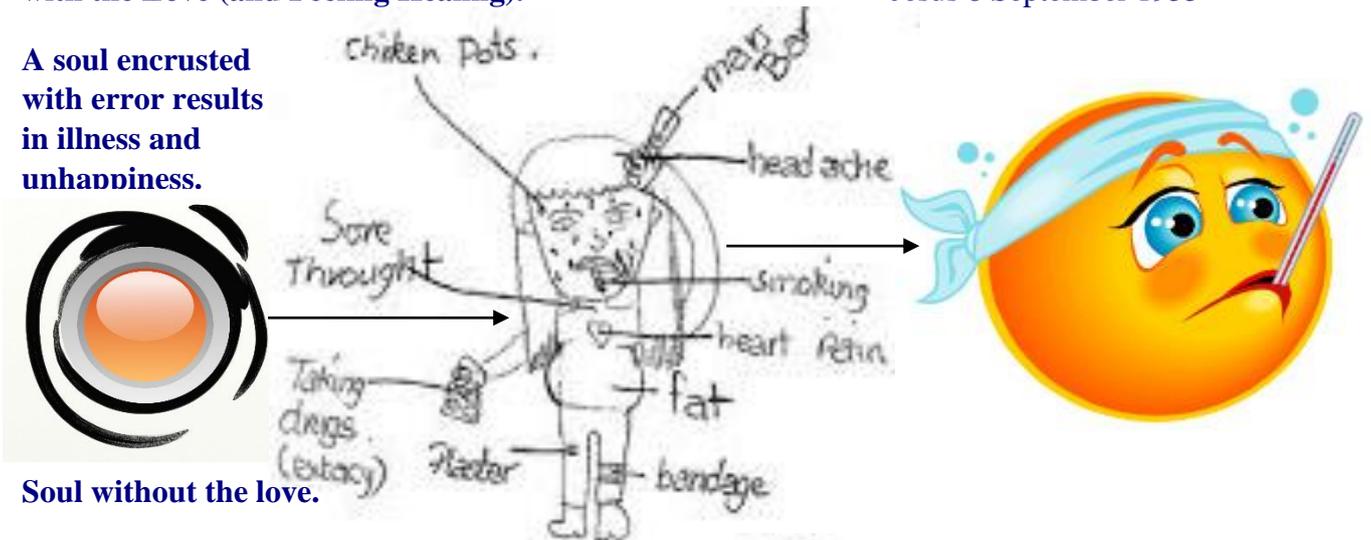
The Master, because he experienced the New Birth soul condition as a mortal, his physical nature was directly affected, so it would be accurate to say that because of this, his nutritional needs were somewhat different from other mortals.

Throughout his ministry (when the New Birth soul condition was his), he was actually in perfect physical health, and this was apparent through a sense of well-being that actually manifested on a physical level as well as a spiritual one. Aman (first man) 24 January 2007

The influence of sinful emotions and thoughts and actions upon the soul is such that the spiritual emotions and aspirations of man becomes dormant, and as though not existing, and the soul itself is encrusted with evil.

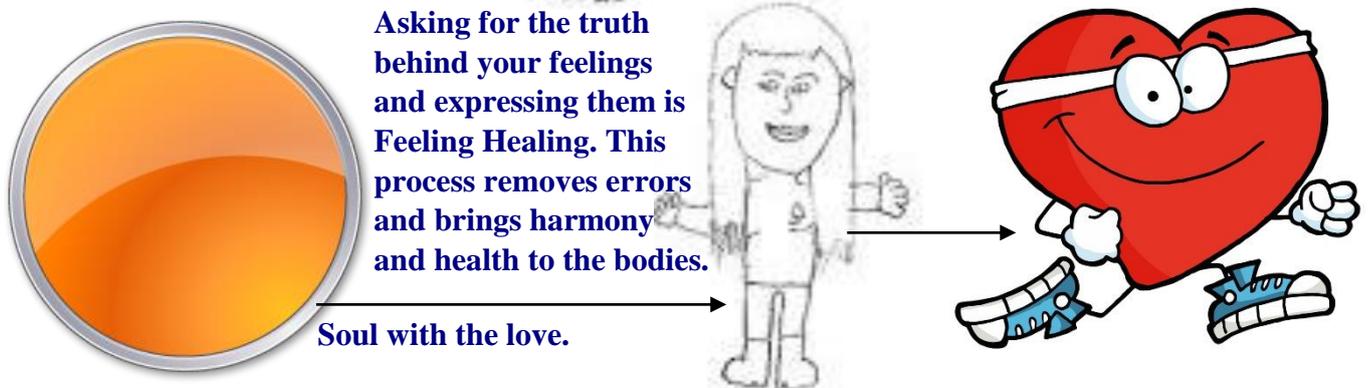
Through prayer, thoughts and soul longings, the spiritual nature in man can be developed so as to dominate the personality, and he will act in accord with the feelings and emotions of his soul. The evolution of man from the natural being to the purified soul and, if he so desires it, to the state of the divine angel **is possible with the Love (and Feeling Healing).** Jesus 8 September 1955

A soul encrusted with error results in illness and unhappiness.



Soul without the love.

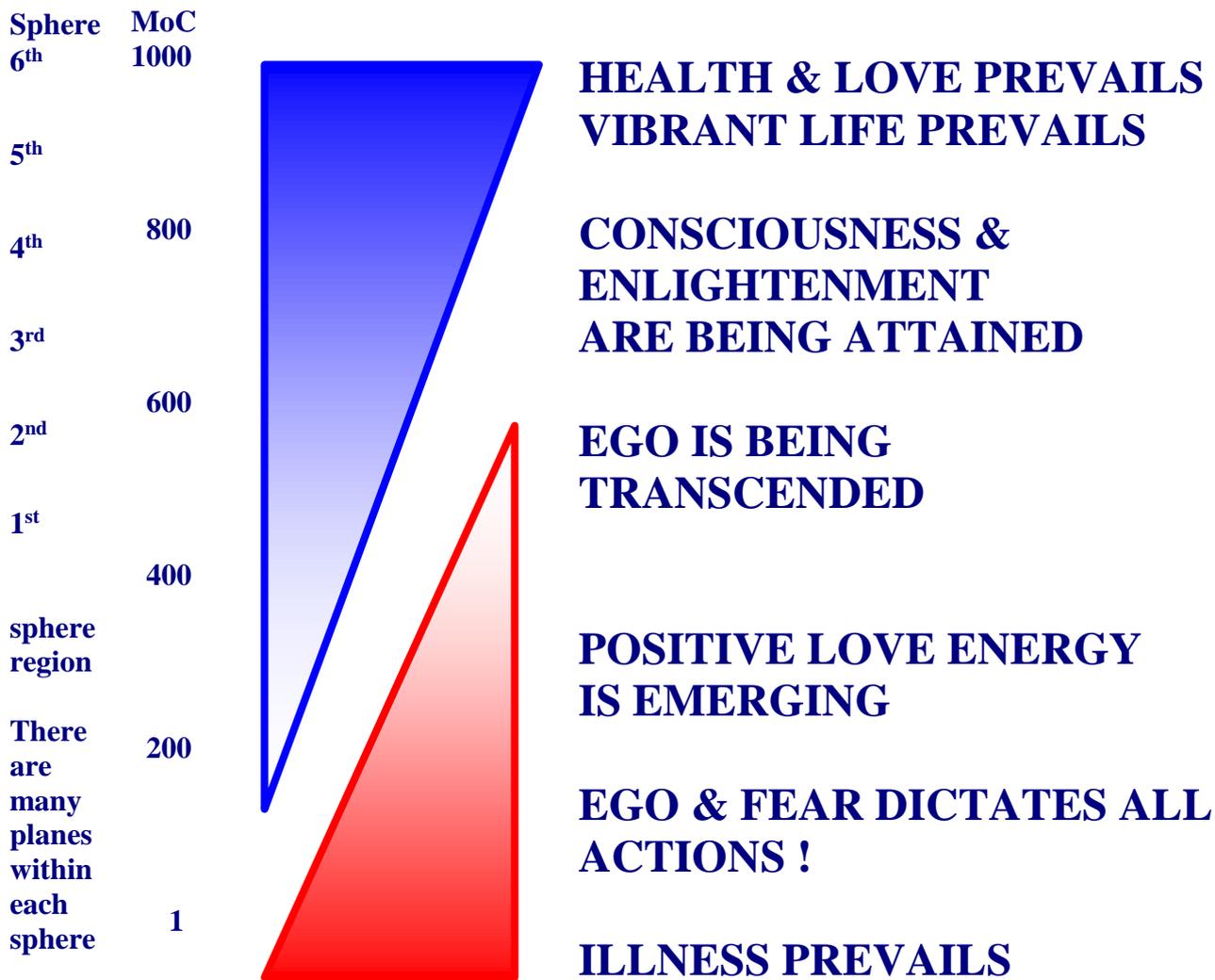
Asking for the truth behind your feelings and expressing them is Feeling Healing. This process removes errors and brings harmony and health to the bodies.



Soul with the love.

“All dis-ease is mind generated, and all healing is generated by the love energy of one’s soul.”

The Ego (mind based) manifests illness; the lower one’s level of consciousness (soul condition) then the more prevalent will be illness. Below the levels of 200, the ego and fear of the mind dominate; however, as you raise your level of consciousness by growing in love and achieve a level of 500 or higher, you begin to transcend ego dominance. At the level of 600, all healing is possible.



Live true to your feelings, and you ARE living true, not only to your own soul, but also true to God’s soul. So doing your Healing by honouring all your feelings, IS living the will of God. And being fully Healed, IS living even more truly the Will of your Mother and Father.

The leading issue is that children are not prioritised:

‘I had a pretty good upbringing’ in comparison to other people!

**Parents have NO understanding of Love.
Parents have NO understanding of Law of Free Will.
Parents have NO understanding of blocking emotions.
Parents have NO understanding of causal / core emotions.**

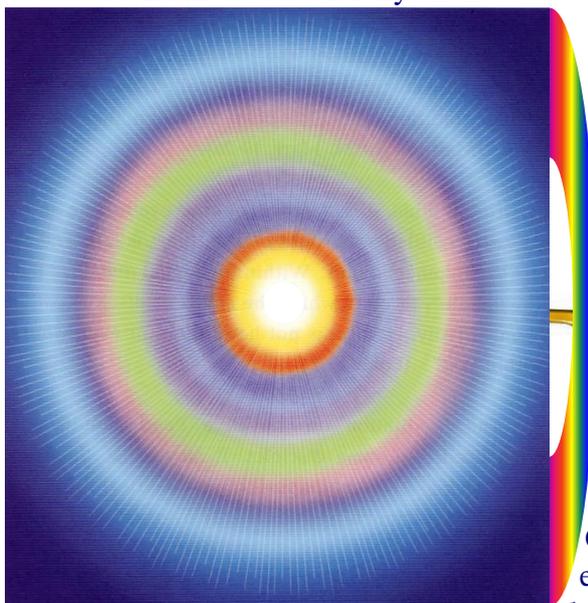
The elephant in the room is Childhood Suppression. It is through Childhood Suppression that we, as parents, impose upon our children all of our emotional injuries and errors of belief, thus perpetrating the stagnation of humanity from one generation to the next. It is only through our personal Feeling Healing that we can start to mitigate this cycle and slowly alleviate each of the social issues that plagues humanity.



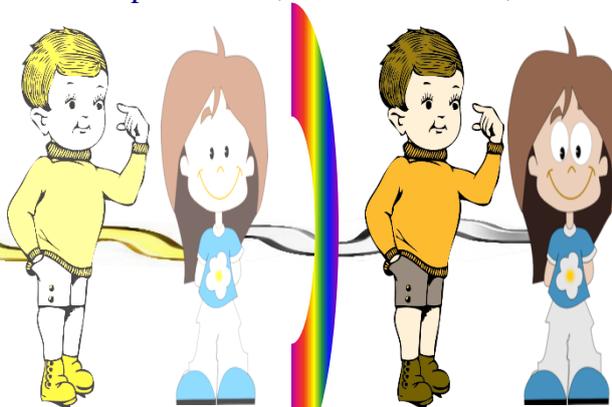
DIMENSIONS of ONE’S EXISTENCE:

Our SOUL IS NOT ENSOULLED IN OUR SPIRIT BODY. Our soul exists existentially in a whole different level or plane or place or dimension of being – ‘soul land’. It doesn’t exist in Creation, it’s not experiential like Creation is. The soul, all souls, help create their part of Creation by expressing their personalities into Creation, and then by having their personalities do things (further create) in Creation.

SOUL exists existentially



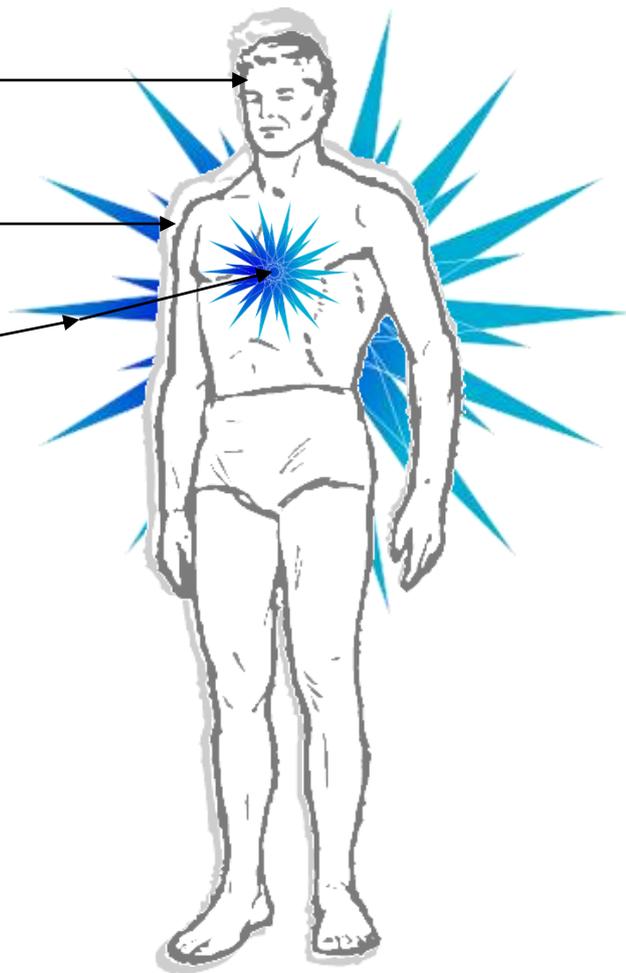
Our Physical Body and our Spirit Body are of Creation, being linked together by cords of light as are the two spirit bodies, male and female, to the one Soul.



One’s unique personality is soul based. Our unique soul expresses its unique personality through the two spirit bodies and physical bodies expressing both the male and female aspects.

ASPECTS of LIFE:

| | |
|--|---|
| <u>Physical / material body</u> Brain | → |
| <u>Spirit / etheric body</u> Mind | → |
| <u>Soul + Spirit Combination</u> Senses Desires Memory Passions Intention Free Will Emotions Creativity Awareness Personality Aspirations Intelligence Consciousness <u>The Real You is your Soul!</u> | → |



The spirit body is composed of a different kind of matter, "finer" or more "ethereal". The fact that its aspect reflects the condition of soul is a clear indication that the soul influences largely its formation, and even more, the soul is indeed the creator of this body, which covers it and provides it with the characteristic of individuality. The formation of the spirit body begins at the moment of incarnation of the soul in the foetus, incarnation which only takes place should there exist a high probability that the spirit of life has found in the new organism a stable biological structure, allowing it to carry out its life-giving function.

P529 Judas of Keriath 8th May 2002

At the moment of conception, we achieve individualisation and become self aware and we are then able to exercise our free will. Incarnation is when the embryo first pumps blood – day 16. At the moment of conception, our soul, being our real self, is creating the newly forming embryo and everything else every step of the way as Judas says above. And our soul utilises our physical parents' life forces to achieve incarnation.

At the moment of conception, there is nothing of the Divine within us. Only as we proceed with our Feeling Healing and to ask for and receive Divine Love does our soul slowly and progressively change into the nature of that which is Divine. As we embrace Feeling Healing and our soul receives Divine Love, our soul will grow, and grow, and grow in brilliance and into that which is Divine – this is reflected through our spirit body.

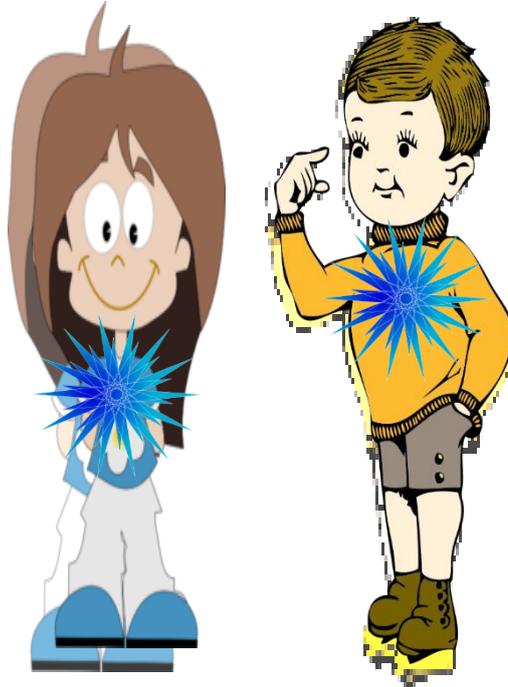
Soul Partners

SOUL – Soul Partners:

The Real You is your soul, you are one ‘half’ of that soul.

Each half of the original soul incarnates a spirit and physical body simultaneously, they being connected. The soul expresses each of its two personalities as a woman and man. True soulmates are always of the opposite sex.

Sexuality is an attribute of the two personalities the soul expresses; the soul itself does not know sexuality.



The soul connects to the two spirit bodies it has created by ‘golden cords’ of light; and the spirit body is in turn connected to the physical body by ‘silver cords’ of light.

The spirit body is your astral body. The etheric is really the body that is the template for the physical and one that doesn’t hold consciousness.

The soul remains invisible to the spirit and physical bodies, only being discernible by its luminosity through the spirit body.

95%+ of humanity currently are within the 1st sphere of development (499 MoC ceiling).

PERSONALITY



PERSONALITY

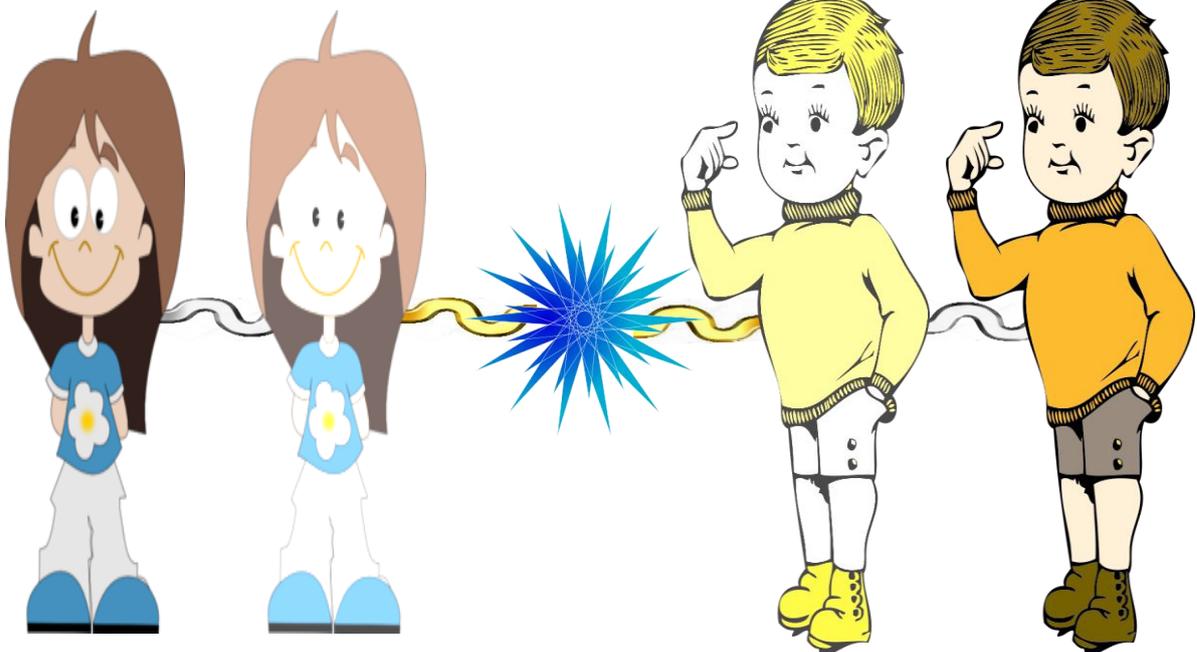
Physical Body

Spirit Body

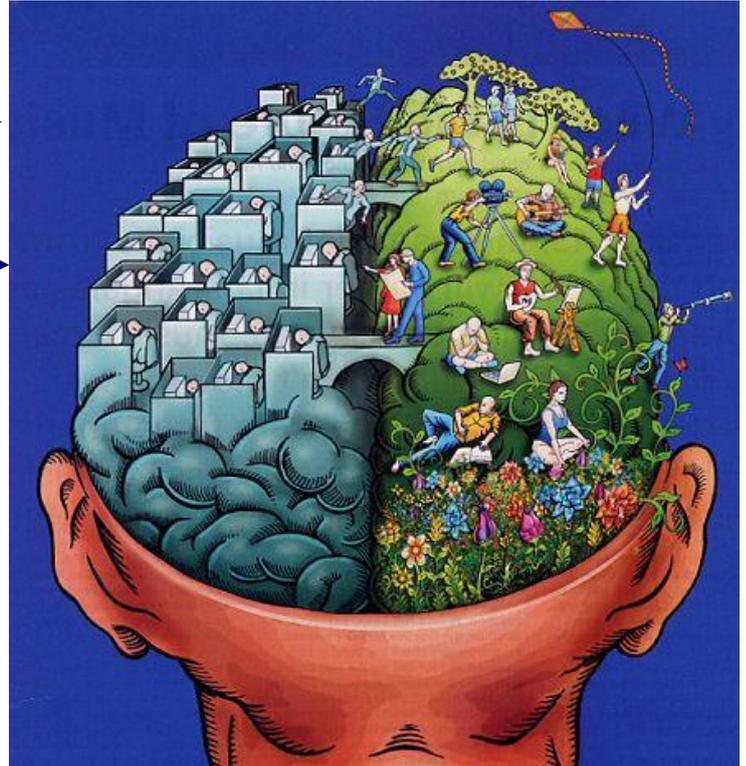
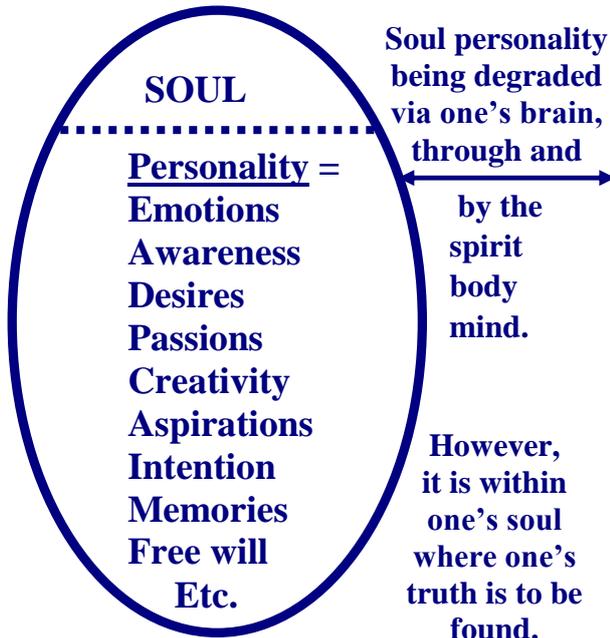
Soul

Spirit Body

Physical Body

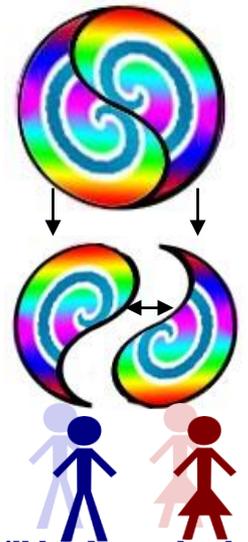


Personality



SOUL PERSONALITY – SOUL PARTNERS

Each soul, ever created, is unique. Just as each snowflake is unique. Every soul is unique from every other soul ever created. By referring to your soul, we are referring to your soul prior to its manifestation of two personalities. Each soul expresses two absolutely unique personalities. Your soul then individualises / incarnates two separate spiritual and physical bodies, one half into a male body and the other half into a female body, thus the personality is further distinguished by its male or female aspects. Your soul half, has a personality separate and distinct from every other soul. Your personality is bestowed complete by our Father and Mother. The soul expresses its two personalities into Creation. Your personality traverses your physical body, your spirit body, and your soul. At the time of death of the physical body, your personality continues on existing in through your spirit body and soul.



No matter where and when our two soul halves, soul partners incarnate, they will be drawn back together again as they grow in love.

The individuality of each soul half is never lost as they grow in love and return together.

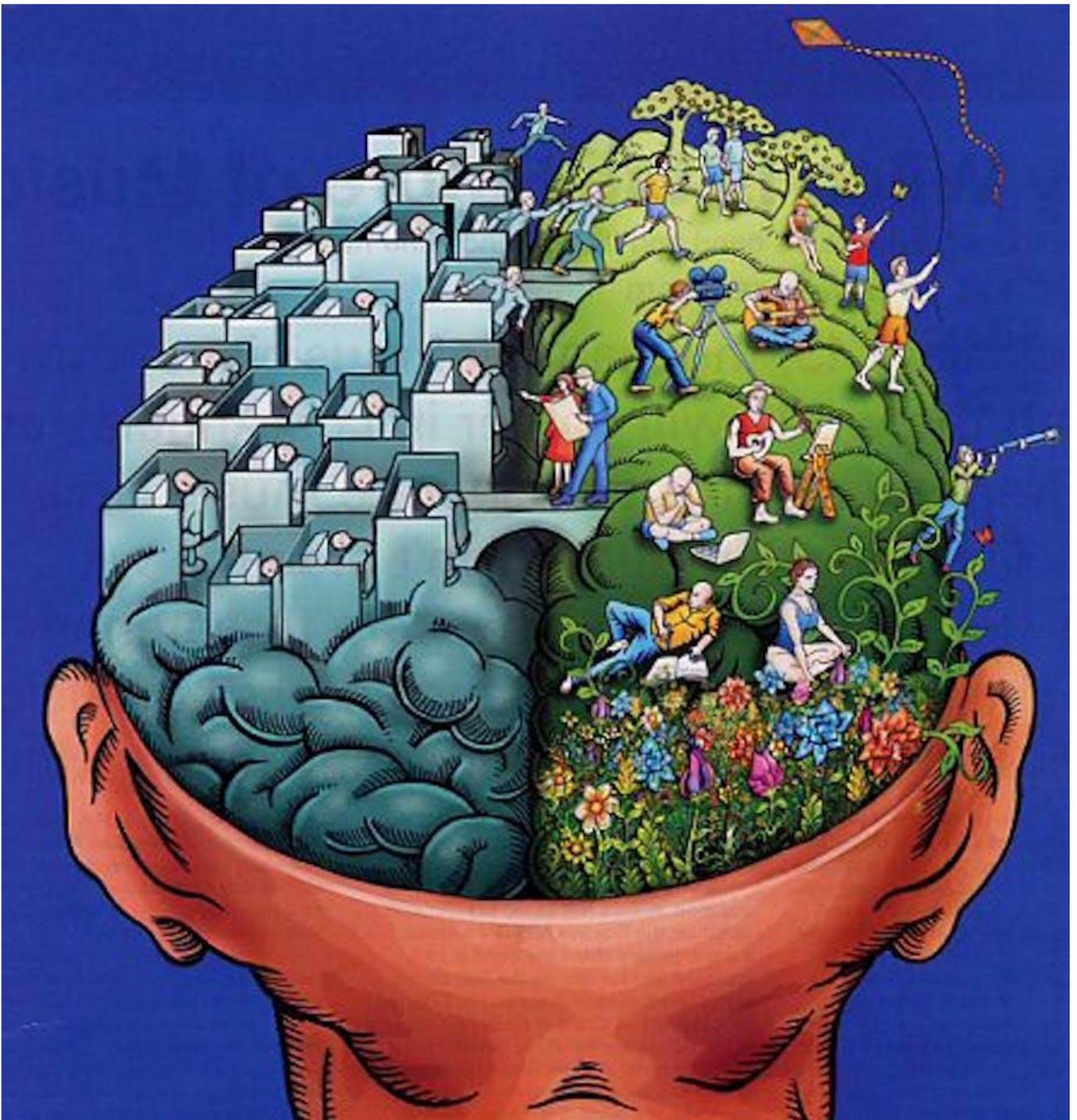


The real you is your soul, which remains connected through cords of light to your spirit body.

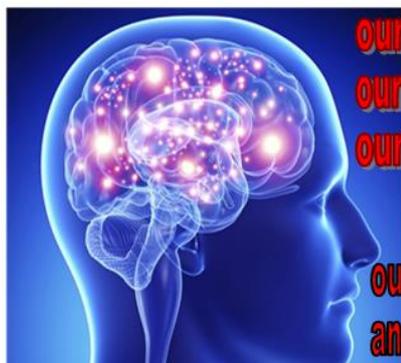
LEFT BRAIN is MIND CENTRIC

RIGHT BRAIN is FEELINGS ORIENTATED

Should we successfully close out our soul based feelings (right brain) and be exclusively living mind centric (left brain) in accordance with our parents' 'guidance' then we become totally reliant on a mind that cannot discern truth from falsehood, a mind that is addicted to untruth, and a mind that is addicted to control, control over others and the environment in which we live. Given that we are now infused with the emotional injuries (unhealed) and errors of belief of our parents, and should we be totally mind-centric, it is any wonder that we are not all psychopaths. Our assumptions are around 98% in error and when we 'think' we get it wrong. Life is tiresome, difficult and unrewarding. While living mind-centric we cannot experience love, we do not know what love is, nor do we find truth. When we aspire and begin to live Feelings First, we find life refreshing, spontaneous and progressive. Love unfolds around us.



A Nation's Persona! National Psychic Barrier



our MIND is a CONTROL ADDICT!
our MIND is addicted to UNTRUTH!
our MIND cannot discern TRUTH!

our MIND is within our SPIRIT BODY
and orchestrates our physical BRAIN.

ASSUMPTIONS are the product of our MIND!

Consider this! For generations, parents have coerced their children to 'develop their minds', to embrace their minds in every aspect of their living, to reject their feelings at all times, to literally worship their minds to the detriment of their feelings.

This is also the mantra of each nation's education system.

The world is now experiencing the product of this ideology. They are seeing a nation of people demonstrating an ego and arrogance that is a combination of the "dark" traits of narcissism, psychopathy, and aggression. This arrogance is essentially believing that they are better, smarter, or more important than other people. They are being superior, overbearing, self-entitled, and presumptuous.

They are closed off to considering they could be wrong. Closed-mindedness and stubbornness mean many arrogant people won't negotiate or back down. In their mind, your options are to accept what they say or suffer the consequences.

Arrogant people lack the skill of self-awareness to objectively question or evaluate their own qualities, actions, and feelings. Without the ability to truly see themselves, they find it difficult to change unhealthy or destructive behaviour.

Compassion and understanding can be seen as weaknesses of an arrogant person. That's because displaying these characteristics actually takes incredible inner strength which arrogant people struggle with.

They remain imprisoned in their mind centricity until they open to their feelings, their soul-based feelings that are always in truth. Until they do so, their national social issues will slowly destroy their society and civilisation.

The situation is leading to civil tension and potential internal conflict. Their health system is lacking, the education curriculum is restricting student development, and the nation is disillusioned with its own self-importance. However, for those who open to their feelings, their future will be incredible.

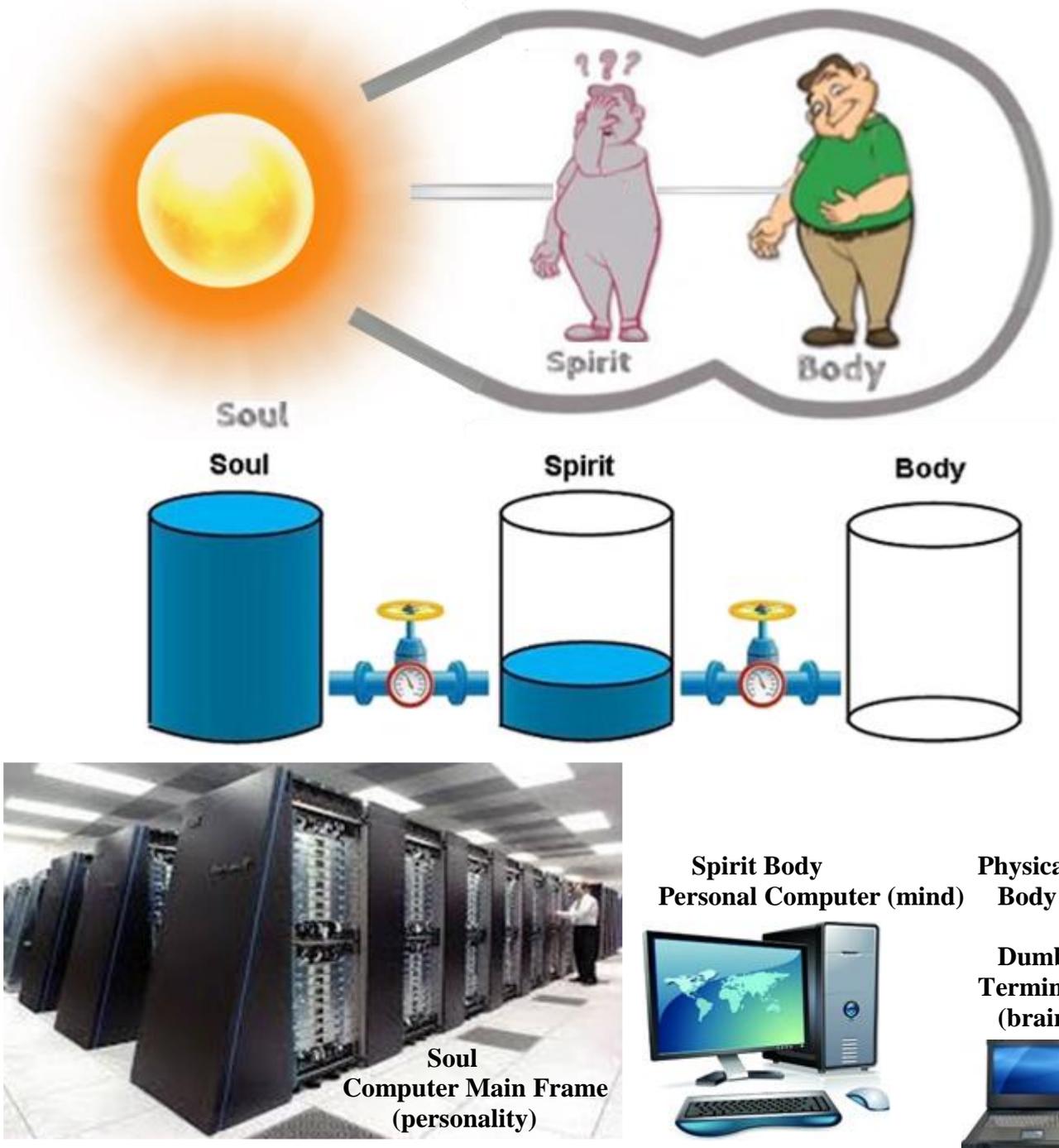


our SOUL is our TRUTH!
our FEELINGS are our TRUTH!
FEELINGS FIRST, mind to follow!

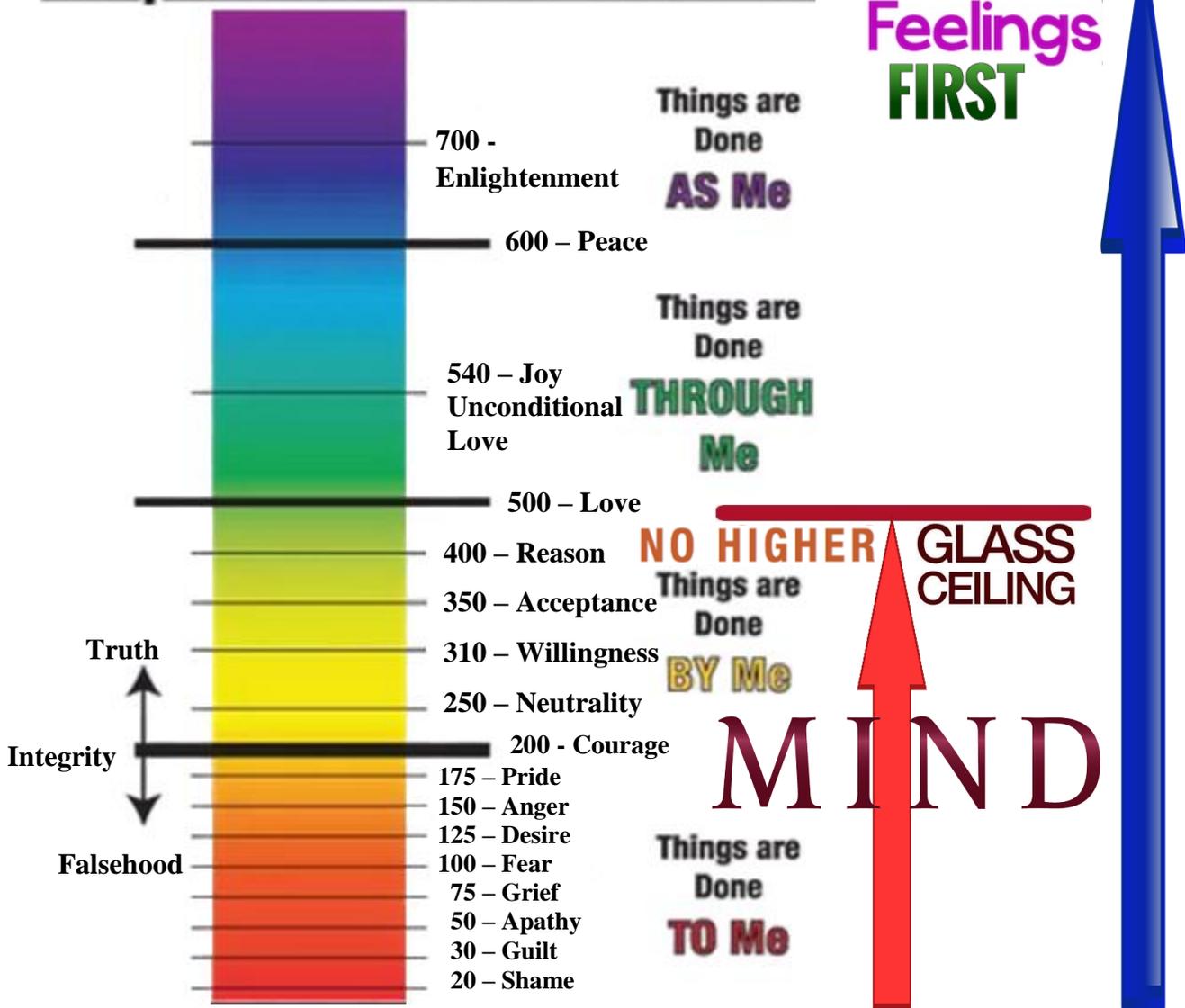
all we need is WITHIN.
our MIND suppresses FEELINGS.

OUR MIND constricts OUR FEELINGS!

Thousands of years ago, high level spiritual leaders erroneously guided humanity to embrace their minds as the way to live. Our minds are addicted to untruth, they cannot discern truth from falsehood, and our minds are addicted to control over others and the environment. Our minds are also addicted to control! We are self-contained. It is our soul-based feelings that we are to allow to surface and guide us. Our minds are to then help us implement what our feelings are leading us to do and understand. All truth flows from our soul and it is our minds that are to allow such truths to be accepted and followed, not the way we are now being taught. We are to live Feelings First.



Map of Consciousness

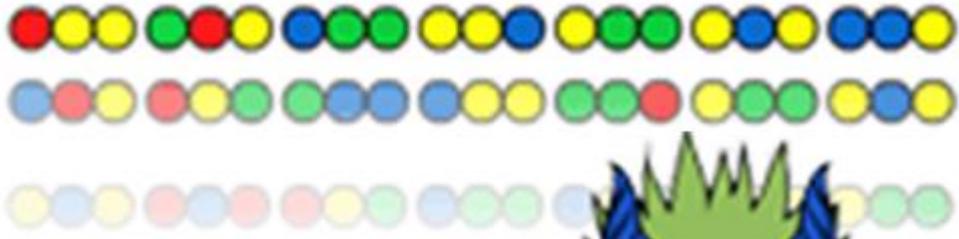


This outline of the Map of Consciousness spells out the fact that while we live Mind-Centric and ignore and suppress our Feelings we cannot pass 499 MoC. Our mind being in control, as we have all been indoctrinated to live, is a glass ceiling. Humanity cannot heal anything, cannot be spontaneous, has no intuitiveness, and is locked into living in the deep hell states. This is why people find themselves in abusive homes, domestic violence, housing stress, homelessness and gross difficulties of all kinds. This is why we are easily manipulated, embrace propaganda and are being controlled by a few.

Women are closer to their feelings and that is why the nursing profession hosts a lot of women who calibrate a little over 500. These women are the healers in hospitals.

By aspiring to live Feelings First we are each breaking the glass ceiling and opening our potentials to grow in truth and love not only to 1,000 MoC, but to infinity. This is our destiny.

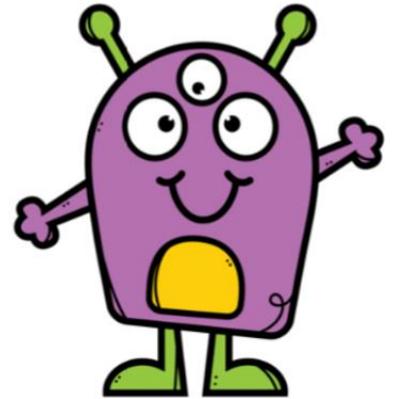
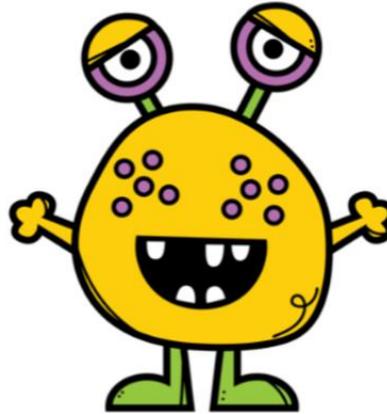
As communities embrace living Feelings First and having their minds to follow in supporting what their feelings are guiding them with, then ALL of the social ills of society will begin to mitigate. Please, do you comprehend the importance of what is being shared throughout this document?



How to Build a Monster



Create a Baby Monster



MONSTER MANUAL





PARENTS

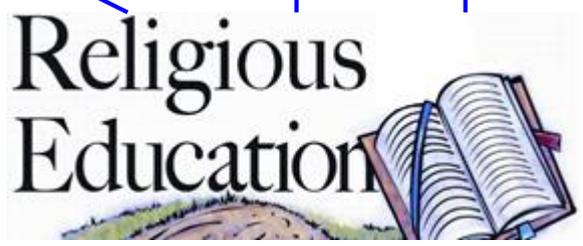
0 to 6+ year old

then



PSYCHOLOGISTS

Early Childhood Educators



POLITICIANS

JUDGES

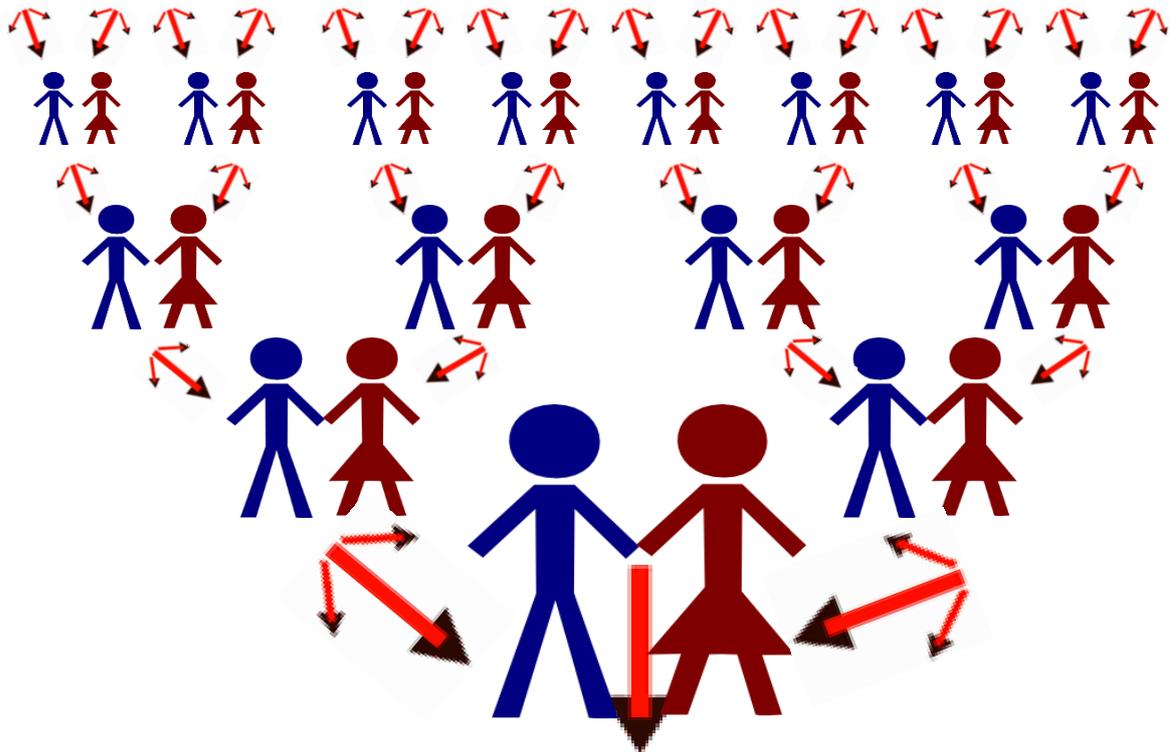


GENERATIONAL TRANSFER of EMOTIONAL BLOCKS and INJURY:

As children we are conceived taking on the denial of the seven Mansion Worlds which is passed onto us though our parents and carers. We absorb our parent's emotional injuries and their soul condition, which can typically reflect more of one or the other parent, however both parents input is of equal importance. As children we continue to mirror our parents' soul condition until we leave home. When we decide to heal our childhood suppression and ongoing repression, we then have to systematically work through all seven worlds of feeling-denial, healing all the unloving influences from our parents. This is doing our Feeling Healing.

In turn, we are a reflection of our parents' soul condition, and their parents' soul condition and so on back through the generations. We can break this cycle by working on our own soul condition, feeling our emotions and expressing our fears and blockages while seeking truth.

These emotional blockages and injuries frequently manifest in our children as illnesses, even before birth or shortly there after. It is the accumulation and combination of issues held by past generations that insidiously manifest as life threatening illness episodes within unborn and new born babies. Parents through their own healing can lift illness from their children! Thus, to assist our children, we must firstly resolve emotional issues within our selves. General emotional injuries or blockages manifest as various health issues. Thus, an illness episode or pain can be generally related to parents' emotional issues.



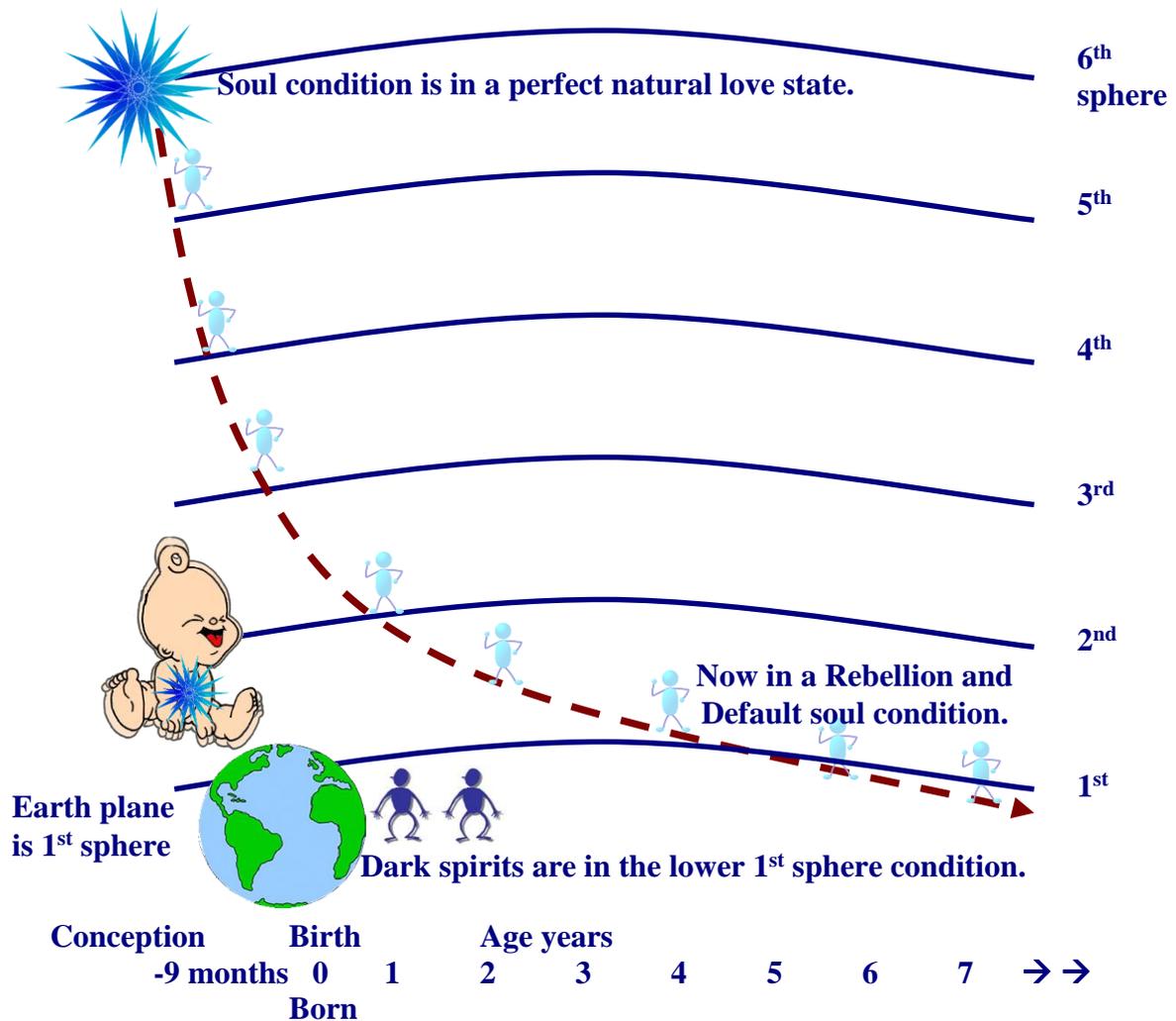
SOUL CONDITION of BABIES are SUPPRESSED to that of its PARENTS!

A newly incarnated soul is immediately being infused with the emotional injuries of those in its environment, that is, the damaging emotions and erroneous beliefs of its mother, its father and of those within its family environment.

This process continues until the child reaches around the age of six, then it tends to develop its own way from then on, however, closely aligning itself with a parent or both parents. Kinesiology testing of Map of Consciousness confirms this suppression progress. Conception can be likened to facing a water cannon for the child!

Poor condition spirits may have previously connected with a young child should the environment be conducive for such a relationship. However, on 22 March 2017, all such spirit connections became blocked. A spirit cannot harm another personality.

We, as parents, can work on our own soul condition, through feeling healing, which in turn benefits the baby. We can also ask and prompt spirits to seek help from brighter spirits from within their own environment.



OUR INDUCTION into PHYSICAL LIFE:

At our conception, we are welcomed by a relentless infusion of errors and injuries, unknowingly, carried by our parents and carers!



Our physical parents do not realise that even before our incarnation we have taken on board their combined emotional errors and misbeliefs. We are now suffering their pain!



We are conceived perfect. Our childhood illnesses, deformities and personality distortions are all a cocktail of their injuries. The onslaught is so great that worldwide around 50 million miscarriages occur annually.

Only by embracing Feeling Healing will miscarriages, deformities, childhood illnesses and abortions abate worldwide – and then childhood delinquencies will also abate.

What percentage of the population are psychopaths?

About 1 percent (1%)

Hare reports that about **one percent** (1%) of the general population meets the clinical criteria for psychopathy. Hare further claims that the prevalence of psychopaths is higher in the business world than in the general population. Figures of around 3% to 4% have been cited for more senior positions in business.

How common is psychopathy?

Although severe psychopathy affects just about 1% of people, some research suggests that **close to 30% of us have some level of psychopathic traits**. And we may even know people who fall under this broad umbrella.

What percentage of serial killers are psychopaths?

Hence, depending on the criterion used, one could say that **between about a quarter to just over a third** of convicted murderers could be considered psychopaths.

Why psychopathy is more common than you think

<https://www.apa.org/news/podcasts/speaking-of-psychology/psychopathy.html>

March 2022

Abigail Marsh, PhD



Abigail Marsh, PhD, is a professor in the department of psychology and the interdisciplinary neuroscience program at Georgetown University (USA). She directs the laboratory on social and affective neuroscience, which uses brain imaging and behavioural, cognitive, genetic, and pharmacological methods to study questions that include: How do people understand what others think and feel? What drives us to help other people? What prevents us from harming them? Current research projects include online, behavioural, and brain imaging investigations of a variety of populations, including typical adults and children, highly altruistic adults (including those who have donated kidneys to strangers), and adults and children who have serious conduct problems and

psychopathic traits. She serves on the advisory boards of the National Kidney Donation Organization and 1Day Sooner, and is a co-founder of Psychopathy Is.

<https://abigailmarsh.com/contact/> Georgetown University

The Laboratory of Social and Affective Neuroscience USA 202-687-6853
3700 O St NW, Washington, DC 20057, USA

Thank you for joining us, Dr. Marsh.

Abigail Marsh, PhD: Thank you so much for having me. I'm thrilled to be here.

Kim Mills: So let's start as we often do on this podcast with a definition. There are a lot of misconceptions about psychopathy and psychopaths. I mentioned some of them in my introduction, like the fact that people may think that all psychopaths are violent criminals. What are the traits that define psychopathy and how do they manifest themselves in people's behaviour?

Marsh: The most important thing to remember about psychopathy is that it's a personality construct. It's based on a constellation of three kinds of personality traits, which include—at the real core of the construct is callousness, meaning insensitivity to other people's suffering, truly not caring about other people's welfare. In addition to that, people who are psychopathic tend to have bold, sort of dominant,

fearless personality styles. And they also tend to be relatively disinhibited, so they have trouble controlling their behaviour, trouble managing impulses. And if you have all three of those personality traits, we would say that you're psychopathic, especially if you have them to a really large degree. But they can manifest in all sorts of different ways behaviourally. Sometimes, more often in men than women although not exclusively, they do manifest as aggression and criminal violence.

And people who are psychopathic who do show those behaviours, obviously, we care about understanding them. We want to try to prevent those outcomes if we can. But most people who are psychopathic are not violent criminals, that's actually the exception. It's much more likely to manifest in all sorts of smaller antisocial behaviours in daily life, from being lying and manipulative, to sort of being a bully and threatening people to get what you want, to maybe committing lower level crimes related to theft or con artistry, that sort of thing.

Mills: So psychopathy is not an official diagnosis in the *Diagnostic and Statistical Manual of Mental Disorders*, right?

Marsh: Exactly. This is one of the many confusing things about it.

Mills: Yes. Why is that?

Marsh: It's a great question. It's one that you—there are slightly different explanations depending on who you ask, because of course the *Diagnostic and Statistical Manual* is the result of a lot of people working together and making decisions together. The basic idea is that psychopathy is an old construct. It was first formalised, depending on who you ask, in maybe late 1800s, or certainly no later than the early 1900s. Maybe most famously by Hervey Cleckley, the great psychiatrist in his book *The Mask of Sanity*, which is a fantastic book. If you're interested in psychopathy, I highly recommend it. And he was the first to come up with a list of traits that typify people with psychopathy. And a version of those traits made it into early versions of the DSM, often under other names, something other than psychopathy.

The most recent version of the DSM has a disorder in it called “antisocial personality disorder,” which is sometimes confused with psychopathy. And it overlaps with psychopathy, but it's not the same. It mostly indexes persistent criminal behaviour—again, and it focuses much less on the personality features of the patients than psychopathy does. Whereas psychopathy is really strictly about personality, antisocial personality disorder is mostly about behaviour. And so you can have lots of people who have antisocial personality disorder who would not qualify as being psychopathic, or at least not highly so, and vice versa is also true. Actually, the closest thing to psychopathy in the current DSM is a diagnosis in children, which is conduct disorder with limited prosocial emotions.

Now if a child qualifies for that diagnosis, we still wouldn't call them a psychopath. And in fact, I try to avoid now using the term “psychopath,” and sticking with person-first language as we do for lots of disorders. But that's not a universal practice in the field certainly. And in any case, we would never call a child a psychopath ever, and we usually try to even avoid calling them psychopathic. We say maybe they're at risk for psychopathy, or they have psychopathic traits.

And a child who has conduct disorder with limited prosocial emotions shows persistent antisocial behaviour, including aggression, bullying, making threats, lying, manipulating, delinquency, all the things that you tend to see in children who have psychopathy. And in addition, limited prosocial emotions refers to having an uncaring personality with limited empathy or remorse, and tending not to show strong emotions and particular emotions like fear, sadness, and love. And so if you have a child who qualifies for that diagnosis, they're at very high risk for developing psychopathy.

Mills: And you've done quite a bit of work with children who manifest these traits. And I know that it's highly, highly difficult for parents who have such children. How do you help them deal with this? Are there treatments for the children that maybe can nip this behaviour in the bud? And then how do you work with the parents?

Marsh: It's a really difficult problem when parents have children who have these traits. Unfortunately, as many people know, there's a real lack of trained child psychologists and psychiatrists to start with. So parents of children with any severe psychological disorder already struggled to find somebody who can provide good treatment. There's a particular lack of people who are trained and experienced in treating children who have serious externalising behaviour disorders. So that's conduct disorder, oppositional defiant disorder, et cetera. I tend to suspect that those are not the kinds of disorders most people go into child psychology or psychiatry to treat. And it can be really hard to feel compassion for people who treat others badly.

I mean, this is a natural human tendency. But I think it's so important to remember that children do choose to have the psychological symptoms and traits that they do. And just as we wouldn't blame a child with autism or a child with anxiety for the symptoms that we show, I think it's wildly inappropriate to blame a child with conduct disorder or oppositional defiant disorder for their symptoms, just because those symptoms do hurt other people. Which doesn't quite fit most people's mental profile of what a psychological disorder is. We think of people who are mentally ill as having maybe disordered thoughts are having lots of anxiety and suffering and distress. That's kind of the prototype, and conduct disorder and psychopathy just don't fit that mould.

The children with these conditions often deny there's anything wrong with them. Because being fairly narcissistic is a big part of the personality profile of psychopathy. And that is also one of the reasons it's very hard to treat. Of course, if you don't think there's anything wrong with you, the problem is with everybody else, you're not going to be super receptive to people trying to change things about you. Unfortunately, psychopathy developed a reputation for being untreatable based on some papers that came out in the late 1900s. But that's not true. It's a personality disorder and personality disorders are notoriously difficult to treat but certainly not impossible, and especially if we can identify children who are at risk for developing psychopathy, it is treatable. But it does require time and a lot of effort and in some cases a lot of resources, which is unfortunate. The most effective treatments tend to be some combination of training aimed at how parents respond to their children.

And I say this with caution because it's too easy for people to assume that if you are addressing parents' behaviour to help treat the condition, that it's the parents' behaviour that caused the condition. And I think that's a huge myth I'd like to dispel. We know that behavioural therapy, a lot of it administered by parents is a really effective treatment for children with autism. You have to use very specific kinds of interpersonal behaviours to help them develop. But we don't think that parents cause autism, or at least not anymore, right? We used to think that. This used to be just accepted wisdom in psychology that refrigerator mothers cause their children's autism. Unfortunately, we're still in that place with psychopathy where a lot of people assume it's the parents' behaviour that causes it.

So even though that's not true, there are things that parents can do to help, but they're not the sort of behaviours that parents would naturally come up with on their own. Usually, there's a number of different kinds of formalised therapeutic approaches that work. Most of them emphasize how to provide children with extremely clear, consistent, positive reinforcement for doing the right thing and ensuring that they're not reinforced for doing the wrong things. Don't get into the tantrums, don't get into the manipulation. Because if you get into those behaviours, you reinforce them and you make sure that they come back.

They also reinforce not relying on punishments to change children's behaviour. One of the really difficult things about psychopathy is the fearless temperament that it seems to be rooted in. And that's how punishment works, is through the fear system. And I don't mean violent punishment necessarily, but anytime you avoid behaviour that you think will be punished, that's fear talking. You're like, "I don't want that bad thing to happen, so I won't do this thing I'm not supposed to do." And children who are psychopathic, many of the ones that I've worked with truly are fearless. They say they have never felt afraid of anything. They didn't report feeling any high autonomic arousal sensations in their body under threat. And they have difficulty describing what fear feels like. And so you can't punish a child into behaving who doesn't feel fear. And P.S., that's not a good parenting strategy for any child.

And the other thing is that children who are psychopathic often seem very resistant to affection, or they don't seem to get a lot out of affection for reasons we don't really understand yet. And so sometimes parents will sometimes not be as outwardly affectionate toward these children, both because they're frustrated by them and both because the child doesn't seem to want it. But there's some evidence to suggest that they should do exactly the opposite, which is counterintuitive, and that they should provide extra big, sort of, social positive cues. More affection, more smiles, more positive physical touches, that seems natural and that the child even seems to want. And we know there's some evidence that parents who use these types of approaches with even very high risk children can see good effects in the long run. But it's challenging, I won't lie.

Mills: So is it possible then to teach a child, and it may be even harder with adults, but to teach a child who has these traits to feel fear, to understand fear and to feel remorse, which they apparently don't?

Marsh: These are really big open questions. One of the real problems with the field of psychopathy is that not enough mental health resources have been devoted to trying to understand or treat it over the years. It's very common—conduct disorder affects, depending on the estimate, up to 7% of children at some point during development. Oppositional defiant disorder even more. And there are as many as 2% to 3% of children have high levels of limited social emotions during development. These are not rare conditions. Psychopathy is at least as common as bipolar disorder or anorexia or some other disorders that we think of as not that rare. And yet very, very few resources have been devoted to trying to understand how to treat it. And so there's a lot of things we don't know.

There's not one single pharmaceutical that's ever been developed specifically to treat externalising behaviour disorders, for example. And so children with these disorders get treated with a lot of other kinds of medications that were developed to treat other things. Some of them do seem to help. So for example, stimulant medications used to treat ADHD do help some children who are at risk for psychopathy. It shouldn't be the first line treatment, you should always start with a parent management training type of approaches, but it's sometimes is a nice adjuvant. It will sort of increase the effectiveness of the behavioural treatment. Sometimes mood stabilisers are used and they can be effective and even antipsychotic medications are sometimes used and can be effective, although I think it's risky to use these drugs for a long time in children.

Do they actually increase the capacity of children to feel emotions like fear, that although we think of them as, quote, negative emotions are incredibly important for adaptive social development and social functioning? Probably not. And to be honest, it's not surprising that pharmaceutical companies don't seem that keen on developing medications that will make children more fearful. Nobody feels comfortable with that, which I get. Again, it's too bad. It's easy for people to forget what a useful emotion fear is to a degree. Obviously, excessive fear is no good. But some low level of fear is incredibly important because, and this is what a lot of my research centres around, not only does it help you respond to negative feedback from other people, but the capacity to feel fear helps you empathise with other people's fear. And that's one of these critical social mechanisms that prevents people from doing things that cause other people fear. And this is a problem in psychopathy, because they don't often feel fear very

strongly themselves, they don't understand it in other people, and they literally don't understand why it's wrong to cause it in other people, it's a huge problem.

Now that said, it may be possible to increase other positive social emotions in children with psychopathy through these behavioural sort of parent management techniques I've been talking about, mostly by causing them to view other people as socially rewarding. Because that's a really good thing. If you view interactions with people and having positive interactions with people as intrinsically rewarding, oftentimes that's enough to keep your social behaviour on the right side of things all by itself.

The problem is that kids at risk for psychopathy engage in a lot of behaviours that bother other people, from being annoying to being actually harmful. And then you get negative feedback from people and you can end up in these negative reinforcement spirals where you just view other people as not really worth caring about or treating well at all. And that's what you want to avoid. And if the right approach is taken, you can end up with a child who's maybe temperamentally pretty fearless and not the most caring person in the world, but can be totally functional and lead a perfectly good life and have good friendships and relationships.

Mills: Let's talk for a minute about causes, because I know you've done some research, including brain imaging, that found some interesting differences in the brains of children who are manifesting this disorder. And then the other question is, are these things genetic? Do we know?

Marsh: Understanding the causes of psychopathy is obviously really important to coming up with more effective treatments. And again, what the psychopathy research community desperately needs is more resources from mental health organisations. Funding organisations to take psychopathy seriously as a mental illness that needs resources poured into trying to understand it better. That said, we've made some progress. For a while now, brain imaging research in children who have psychopathic traits has been pointing to a relatively consistent finding, which is that if you look at large groups of kids who have serious conduct problems, so aggression, externalising, delinquency, that sort of thing, only the children who have psychopathic personality traits, so the low empathy, low remorse, uncaring traits, show reduced activity in a structure called the amygdala.

And you see the opposite effect in children who have equally serious aggressive externalising behaviour, but don't have the psychopathic traits. They actually show increased activity in the amygdala. And this is one of those interesting cases where brain imaging has told us something really important to understanding the phenomenon and to identify appropriate treatments. That different kids with conduct disorder, aggression, et cetera, show completely different mechanisms that seem to be underlying their antisocial behaviours, and that's really important to know. And so what we know about the amygdala is it does a lot of things, first of all. It's a densely interconnected structure in the brain. You have two amygdala, one on each side, and they're sort of deep under the cortex and they're evolutionarily ancient. One of the important things they do is regulate the body's fear responding, so they coordinate responses to threats. And people who have lost their amygdalas due to either genetic disorders or in some cases injuries do seem to have kind of muted fear responding as a result.

So we think the amygdala is important for fear. It also definitely plays an important role in regulating social behaviour although exactly how it's doing that is less clear yet. And we think that because in children who are at risk for psychopathy, the amygdala is not developing correctly, it ends up being too small on average, especially earlier in development. And it's less active in response to the things that it should respond to. For example, the sight of somebody else who's afraid. That seems to be at the heart of the problems that we see in children with psychopathy. Now, it's not the only problem in their brains, but it's the one that has been the most consistently identified and the one that I think is likely to be central to their disorders.

Is the disorder heritable? Well, every psychological phenomena is at least partially heritable. So the same is certainly true for psychopathy as well. A giant meta-analysis that came out in, I think it was *Nature Genetics* several years ago, looked at the heritability of lots and lots of different outcomes, including psychological outcomes. And found that on average, psychological traits like personality traits, things like anxiety, psychological disorders, are on average 50% heritable, which means half of the variance can be accounted for by genetic factors, and the same seems to be true for psychopathy.

So about half of the variance is accounted for by genetic factors. That does mean that if somebody else in the child's family shows signs of psychopathy, that child is at higher risk for developing psychopathic traits. But of course, that is a long way from saying that psychopathy is inborn or innate or hardwired. At every stage of development, genetic potential is interacting with environmental factors to drive outcomes. And so it's pretty clear that features of a child's environment will also shape the degree to which any sort of latent potential for psychopathy gets expressed.

Mills: That raises another question in my mind which is, I think that some people confuse psychopathy and sociopathy. And I'm just wondering if you could explain how they're different and how they're similar.

Marsh: Absolutely. Psychopathy, I will emphasise, is technically the more scientific term. So for example, there are no scientific societies for the study of sociopathy. That's not a thing. There is one for the science of psychopathy, I'm a member of course. As far as I'm aware, there are no sort of scientifically validated measures for assessing sociopathy, there are not journal articles describing sociopathy. It is more of a sort of popular term for describing highly antisocial people. It has been used often in the past to describe people with a diagnosis of antisocial personality disorder. And so I would say that sometimes that's what it's used to mean. Other times, it's used to mean people whose antisocial behaviour is mostly result of social forces.

So people who were not born at particularly high risk of becoming antisocial, but due to really terrible things that happen to them often in childhood, experiencing extreme neglect or trauma or abuse, developed antisocial behaviour as a result. Now, that's not even the normative consequence of experiencing abuse, trauma or neglect. The typical outcome when you experience those terrible things in childhood is developing anxiety, depression, or post-traumatic stress among other problems. But some children do develop very serious antisocial behaviour as a result of those outcomes.

And so again, it's not technically the scientific term, but many people when they talk about sociopathy, that's what they mean. There was no particular sort of innate risk factor, it was purely a social set of risk factors that caused their behaviour. Whereas psychopathy is almost always used to refer to people who have this innate set of risk factors that then becomes psychopathy as a result of different patterns that happened during development.

Mills: In my intro, I mentioned some notorious people who are often thought of as psychopaths, and they were all men. And I just want to know, do we know whether psychopathy is more prevalent among men or women? Or does it just manifest differently depending on your sex?

Marsh: This is a wonderful question and it's one that I think reasonable people could disagree on. We know that the scales that are most commonly used for assessing psychopathy now, probably the most famous of which is the PCL-R, the psychopathy checklist, which was developed by Bob Hare. It was developed in an all-male adult population of prisoners in British Columbia. And I think that scale is really good for assessing psychopathy in adult male prisoners in North America. But I think reasonable people could differ as to how effective it is at assessing psychopathy and all its manifestations in other kinds of populations, non-prison populations, children and women. And there are other scales, I'll emphasise.

I really dislike the phrase “gold standard” when it comes to measuring any kind of construct. Any measurement is never the same thing as a construct, it's just one way to measure it. And some of the measures that I often use to assess psychopathy were developed in more general populations, and so may be better at capturing psychopathy in for example, women. So it's possible. So I will say that we do see lower levels of psychopathy in women using a lot of the scales that are used to measure it. This could be because the scales were developed in more male populations and so they don't capture psychopathy as well in women.

For example, they may emphasise physical aggression, or different forms violent crime that are much more likely to be engaged in by men than women we know. And so they don't quite as accurately capture the ways that psychopathy manifests in women, which is much more likely to relate to social aggression, sort of emotional bullying, manipulation, that sort of thing.

It's also possible that there are true gender differences. And I would believe that, in part because we know from giant personality assessments that have been done in countries all over the world that there are average differences in the personalities of men and women, with men tending to be:

a little lower in a trait called negative emotionality,
a little lower in a trait called conscientiousness,
and lower in trait agreeableness.

And these are all personality constructs that do relate to psychopathy. **People with psychopathy, not surprisingly, are less agreeable, less conscientious, and lower in some forms of negative emotion.** And so given that, I think it's reasonable to say that probably psychopathy at the tails will show up more often in men than women. And yes, I think it's also true that we're under-measuring it in women because the scales aren't picking up on some of the ways that it manifests.

Mills: Now, if in your normal life you encounter people who you think have some of these traits—I mean, I asked in the intro, what can you do? Other than just trying to avoid people who are like this, is there anything that you can do to protect yourself from these kinds of people?

Marsh: Yes, the first thing I'll say is psychopathy does not present the way people think it does. I vividly remember the very first time I went to interview a child with psychopathy when I was a postdoc at the National Institute of Mental Health. And he had pretty severe psychopathy. He was in a locked psychiatric ward at the NIMH, he was there for a long-term study that his parents had enrolled him in. And I had heard these horrible stories about his behaviour in the backgrounds. Uncontrollable violence, his parents would often take his brother to stay in a hotel for long periods of time, they were so worried about this boy trying to really seriously hurt or even kill his brother. And when he was being punished, he would do awful things like smear his own poop on the walls. It was bad stuff.

And so the last thing I expected to see when I walked into his room—and I knew how to keep no sharp objects in my pocket and make sure that I never let him get between me and the door, I mean, all the normal things that you do when you work with potentially violent populations. But I walk into his room at the NIMH and from his—he was sitting on his bed and he pops up to shake my hand. It's just the cutest kid and he looked like he was out of a cereal commercial. Like an adorable smile and just sort of an aw-shucks demeanour, freckles on his nose. I mean, he just was so cute and sweet and friendly and charming. He seemed more mentally healthy than the average child, it was just astonishing. And he agreed that he had engaged in all these bad behaviours that had resulted in him being at the NIMH, but there was always sort of an explanation for that. He just was having a really bad day that day and looking back maybe he shouldn't have done that.

And that is what I learned. And the most important lesson about psychopathy is that you can't tell when somebody has it because they have a crazed look in their eye or they seem really gruff or there's weird eye contact. Some people say, "Oh yes, there's a certain thing that people with psychopathy do." I've never seen it personally and I think part of the reason is that I work with people who have not spent a long time in prisons or institutions, which does things to your demeanour, obviously. People who are out in the community who have very high levels of psychopathy present as genuinely likable, charming, well adjusted, friendly, often very helpful people in reality.

I mean, this is how they managed to do all the terrible things that they do, is because people don't see them coming. I mean, Ted Bundy was infamous for that. And I will say that many serial killers are not psychopathic. Some of them have very odd forms of psychosis or compulsions or other problems. But usually it's some sort of perfect storm of multiple problems. Ted Bundy was highly psychopathic in addition to being a serial killer, but you never would guess it. I've met psychology professors at the University of Washington who had Ted Bundy as their student and introduced them to their wives and wrote letters of recommendation for him and had absolutely no idea that he was simultaneously murdering women on the weekends when he wasn't in classes.

You can't tell. If I lined up all the children with psychopathy that I've ever worked with over the years and all the healthy kids that I've worked with over the years and asked you to pick out who was who, you'd never be able to tell. So this is the first part of making sure that you can protect yourself from psychopathy, it's just not assuming that it'll look like your stereotype of it. The most important thing you can keep track of is how people treat other people. It's very hard to detect in somebody you just met. But if you get to know somebody for a little while, the things to look out for are first of all different people having extremely different impressions of them. Some people saying that this person is like a really horrible person, other people saying this person is the nicest person in the world. That kind of chameleon-like behaviour is not always indicative of psychopathy, but sometimes it is.

The other thing we look for is a pattern of behaviour that suggests this person does not really care about anybody but themselves, right? Do they ever actually do anything that sacrifices their own welfare to help anybody else, including people that they say are friends or that they love? Do they really seem affected and truly moved when other people are suffering? Do they seem just a little too glib, just a little too able to kind of talk their way out of situations? So they always seem to be kind of skirting just on the edge of acceptable behaviour, and not seem to think that maybe the rules apply to them as much as they do to other people.

Those are the kinds of things you want to look for when you're just in daily life and think that somebody may have high levels of psychopathy. I should also mention that there are people who are fairly callous people who have most of the traits of psychopathy who are actually just fine people to know in your life. I wouldn't necessarily let them propose an outing to go white-water rafting or anything like that. Many people with psychopathy say they often get their friends into a lot of trouble. But the most important predictor of future behaviour is past behaviour. And so I know people who have psychopathy who have learned that if they treat other people well, it works better for them too. And so oftentimes, they can make good friends. You just have to always be aware of what you can and can't count on them for.

Mills: Let's switch gears and talk about the happier side of your research, which is about empathy, compassion, and those extreme altruists like the people who donate kidneys to strangers. What's the connection between what seems on its face to be the opposite extreme of human behaviour?

Marsh: Yes. So I've been incredibly fortunate in my research career to have been able to work not only with people who have psychopathy or at risk for psychopathy, who to be honest, I really enjoy that research. I really feel for the parents of the kids who have psychopathy, but I really enjoy the kids themselves.

But I've also worked with people who were on the other end of what I call the caring continuum, who are unusually caring and altruistic to the point that they will even give kidneys to strangers or rescue other people from fires or drowning. And that the genesis of this research was the relatively recent understanding that psychopathy is not like a discrete group or taxon. It's not like we have psychopaths here and then the rest of the population over here. It's a continuum. There are people who have mildest psychopathic traits, some people have moderately or very severely psychopathic traits. So it's like a lot of things.

It's sort of a normal—well, not a normal distribution, but certainly a distribution. And that discovery prompted me to wonder, well if it's a distribution with super uncaring, uncompassionate people on one end, and most of us somewhere in the middle, what's on the other end? And if we can understand what it looks like to be sort of anti-psychopathic, that can help us learn a lot about the origins of compassion and care, which are the things that my research focuses on. And so, after a bit of thinking, the population I landed on to see if they looked anti-psychopathic was people who donate kidneys to strangers. Because if there's any behaviour that indicates more care about the welfare of other people, even total strangers, it's that when you're willing to give up an internal organ, a vital internal organ at significant, sometimes expense and inconvenience and serious pain to yourself, I don't know what it is.

It's really sort of a magnificent act of generosity. And so about 10 years ago, I started bringing altruistic kidney donors to my lab at Georgetown to conduct brain scanning research with them. And one of the first things we found about them is that they are indeed sort of anti-psychopaths. They have amygdalas—whereas people who are psychopathic have amygdalas that tend to be too small and not active enough, people who were very altruistic have amygdalas that are larger than average, and tend to be even more responsive to the sight of other people in distress.

So if you show them a picture of somebody who looks very afraid, they have a bigger than average and negative response to it. And that seems to support their being better able at recognising when other people are in distress. So if you show them fearful faces, they're better than average of recognising them. And I think that means that they have the personalities that are unusually caring and responsive to other people's need and suffering, and that makes them unusually motivated to help when other people are indeed suffering.

Mills: And you yourself are the benefactor of somebody who was apparently one of these altruistic, right? I mean, can you tell that story because it's kind of amazing. I saw your TED talk about it.

Marsh: Thank you. Yes, he certainly was a true altruist. It happened when I was a teenager. I certainly credit it for the trajectory that my research career has taken. I was driving home on Interstate 5, the large freeway in Washington State, back to my hometown of Tacoma—also the hometown of Ted Bundy, and the hometown of the Green River Killer, and several other similar notorious killers.

Mills: There's something in the water.

Marsh: Yes, I know. There's no way it's an accident that I'm also interested in psychopathy. In any case, so I'm driving on an overpass back into town when a very small dog ran out in front of my car, which how it got there, I'll never know. And I swerved to avoid it, which I now know you shouldn't do, even though the impulse is always there. And the combination of hitting the dog and swerving to avoid it caused my car to spin out of control. It was fishtailing and then literally spinning in giant circles across the freeway until finally it came to a rest in the fast lane of the freeway just over the crest of this overpass so that the oncoming cars couldn't see me until they were almost on top of me. And the engine died. And I was 100% sure that I was also going to die because I had no phone, couldn't get the car to turn back on. There was no shoulder for me to escape to.

I just remember keeping trying to turn the car back on and being unable to do so. And so I don't know how long I sat there. I mean, time does funny things when you think you're about to die. But what ended up happening was as I was sitting there waiting for the end, I hear a rap on the passenger side door which was inside next to the shoulder and turned to see a man standing there who I later figured out must have pulled his car over on the opposite side of the freeway within seconds of having seen my stranded car, and then run across the freeway to reach me again in the middle of the night dark with cars and trucks flying past.

And to make a long story short, he got in my car, got it back up and running again, which required putting it back in park, and then got us back to safety on the other side of the freeway and then disappeared. He was like, "Are you going to be okay? Do you need me to follow you before you get home just to make sure you get home okay?" And I said, "No, no, I'll be okay." He said, "Okay, well then you take care yourself." And off he went into the night. I don't know his name. I don't know anything about him. But I know that he was truly heroic.

Mills: Yes. It's quite an amazing story. Last question. I like to ask this a lot of researchers. What are the big questions that are fascinating you now? What are you working on and in your mind, sort of the most important questions that we could still answer?

Marsh: There's so many. I mean, it's one of the reasons I absolutely love being a psychology researcher and a neuroscience researcher is because these are relatively young fields and there are so many things we still have to know. And plus, what's more interesting than trying to understand human psychology and behaviour? I think the most interesting question and certainly the one that I'm in the middle of pursuing is what is it that allows somebody to truly care about somebody else? I mean when you really boil it down, it's love. Which I know is a little bit of a fluffy term and sometimes researchers try to avoid it. But the scientific definition of love is to care about somebody else's welfare for its own sake, not because of how it affects you.

And from having worked with altruists for 10 years now, I genuinely believe that it's possible and that common to genuinely care about the welfare of other people, because they're intrinsically valuable to you. And how does the brain enable that? How did, how do we have this capacity to genuinely care about other people? There must be some pathway in the brain that enables it, probably built on the pathways that originally evolved to support parenting, which is of course, the original form of love, is the love that parents have for their offspring. And we think that in general, most forms of care-based altruism emerge out of the capacities for parental care. And so I would love to try to figure out how it is that the brain enables that capacity to emerge. I mean it's the most beautiful form of alchemy I can imagine. I'd love to figure out the answer.

Mills: Well, thank you so much for joining me today, Dr. Marsh. This has been really interesting. I appreciate you taking the time to explain your work to the world.

Dr. Abigail Marsh, a professor of psychology and neuroscience at Georgetown University: It's been a pleasure. Thank you so much for inviting me here. aam72@georgetown.edu

Kim Mills: You can learn more about Dr. Marsh's work and other research on psychopathy in the March issue of APA's magazine *Monitor on Psychology*. Go to our show notes for the link, at speakingofpsychology.org. If you have comments or ideas for future podcasts you can email us at speakingofpsychology@apa.org. *Speaking of Psychology* is produced by Lea Winerman. Thank you for listening. For the American Psychological Association, I'm Kim Mills.

MAP OF CONSCIOUSNESS

Map of Consciousness from Dr David R Hawkins, M.D., Ph.D. "Power vs Force".

| Level | Log |
|---------------|----------|
| ENLIGHTENMENT | 700-1000 |
| PEACE | 600 |
| JOY | 540 |
| LOVE | 500 |
| REASON | 400 |
| ACCEPTANCE | 350 |
| WILLINGNESS | 310 |
| NEUTRALITY | 250 |
| COURAGE | 200 |
| PRIDE | 175 |
| ANGER | 150 |
| DESIRE | 125 |
| FEAR | 100 |
| GRIEF | 75 |
| APATHY | 50 |
| GUILT | 30 |
| SHAME | 20 |

PERSONALITY TRAITS:

Less than two dozen people on planet Earth.

Would not pick up a weapon let alone use it. These people gravitate to the health industry and humanitarian programs.

Debate and implement resolutions without argument and delay. 470

Debate and implement resolutions in due course. 440

Debate and implement resolutions with some degree of follow up generally needed. 410

Management supervision is generally necessary.

Politics become the hope for man's salvation.

Cause no harm to others starts to emerge. Power overrides force.

Illness is developed by those man erroneous emotions that calibrate 200 and lower.

Armies around the world function on pride. Force is now dominant, not power.

Harm of others prevails, self-interest prevails.

Totally self-reliant, not God reliant.

Fear dominates all motivation.

Suicide is possible and probable.

At these levels, seriously harming others for even trivial events appears to be justifiable.

Poverty, unemployment, illness, etc., this is living hell on Earth.

Note:

The Map of Consciousness (MoC) table is based on the common log of 10. It is not a numeric table.

A calibration increase of 1 point is in fact a 10 fold increase in energy.

A calibration increase of 10 points is in fact a 10,000,000,000 fold increase in energy.

Thus the energy differentials are in fact enormous!

Levels of consciousness are always mixed: a person may operate on one level at one time and quite another level in another area of life. [In fact, we move in and out of fear, anger, guilt, etc. for either brief or extended periods. When we embrace our feelings, begin living Feelings First, even the levels up through unconditional love at 500 are experienced by most. But it is the percentage of time spent in each level that determines the dominant level in which one lives.]

MoC 20 – Shame: Shamed children are cruel to animals and to each other. Later they are capable of forming vigilante groups to project their shame onto others whom they righteously attack. Serial killers have often acted out of sexual moralism with the justification of punishing "bad women". Shame produces false pride, anger, guilt.

MoC 30 – Guilt: associated with victim hood, masochism, remorse. Unconscious guilt results in disease, accident -proneness, suicidal behaviour. Preoccupation with punishment. Guilt provokes rage. Capital punishment is an example of how killing gratifies a guilt-ridden populace.

MoC 50 – Apathy: State of helplessness / death through passive suicide / level of homeless and derelicts / level of streets of Calcutta, abandonment of hope.

MoC 75 – Grief: Level of sadness, mourning over the past / habitual losers / chronic gamblers / notion of being unable to replace what is lost.

MoC 100 – Fear: Fear runs much of the world [in the enmity fearfulness is dominant emotion of 65% of the world] insecurity, vulnerable / leads to jealousy and chronically high stress level / very contagious / fearful people seek strong leaders.

MoC 125 – Desire: Motivates vast areas of human activity. Desire for money, prestige runs lives of many who have risen above Fear. At this level of addiction / desire for sexual approval has produced an entire cosmetics and fashion industry / accumulation / greed. It is insatiable because it is an ongoing energy field. Satisfaction is impossible / frustration is assured.

MoC 150 – Anger: Leads to either constructive or destructive action. Expressed most often in resentment and revenge. Irritable / explosive / leads to hatred.

MoC 175 – Pride: Has enough energy to run the Marines. Is a great leap forward from lower fields / is socially encouraged. Defensive / vulnerable because dependent upon external conditions. Inflated ego is vulnerable / divisive / arrogance / denial. The whole problem of denial is one of Pride.

MoC 200 – Courage: Where productivity begins / zone of exploration / accomplishment / fortitude / determination / exciting / challenging / openness. All of this is achieved through the leap to truth / the courage to face one's flaws.

MoC 250 – Neutrality: Release from a position or opinion / flexible / non-judgmental / realistic. Not getting one's way is less defeating or frustrating. Beginning of inner confidence. One is not driven to prove anything. Does not lead to any need to control others.

MoC 310 – Willingness: Growth is rapid here. Willingness implies that one has overcome inner resistance to life and is committed to participation. Genuine friendliness/ do not feel demeaned by service jobs. Helpful / high self-esteem / sympathetic / responsive to needs of others / resilient / self-correcting / excellent students / readily trained.

MoC 350 – Acceptance: Major transformation takes place when one recognizes that one is the source of the experience of one's life. A full assumption of responsibility for one's self. Acceptance of life without attempting to conform situations to one's own agenda. Denial is transcended / calm / perceptive / balanced / appropriate. No interest in determining right and wrong. Self discipline / honouring of others rights / inclusive / tolerant.

MoC 400 – Reason: Intelligence/ capable of making rapid, complex decisions and abstractions / level of science / capacity for conceptualization / deals with particulars / level of Nobel Prize winners, Einstein, Freud, etc. but ironically reason is often a block to higher states.

MoC 500 – Love: Love is not what the media professes: emotionality / physical attraction / possessiveness/ sentimentality / control / addiction / eroticism / novelty. When lovers or marriages "break-up", they usually were based on these attitudes rather than love, which is why this kind of "love" can lead to hate. It wasn't love in the first place. Love Deals with wholes. Unconditional love is accompanied by measurable release of endorphins. Love takes no position / permanent. Only 0.04% of population lives out of this level of consciousness.

MoC 540 – Joy: Level of saints / effortless / people with near death experiences often have reached this level of consciousness. Healing occurs. Individual will merges with Divine will.

MoC 600 – Peace: Radiance / suspension in time and space / everything connects to everything else / no preconception. Great works of art, music and architecture, which calibrate between 600 and 700, can transport us temporarily to higher levels of consciousness.

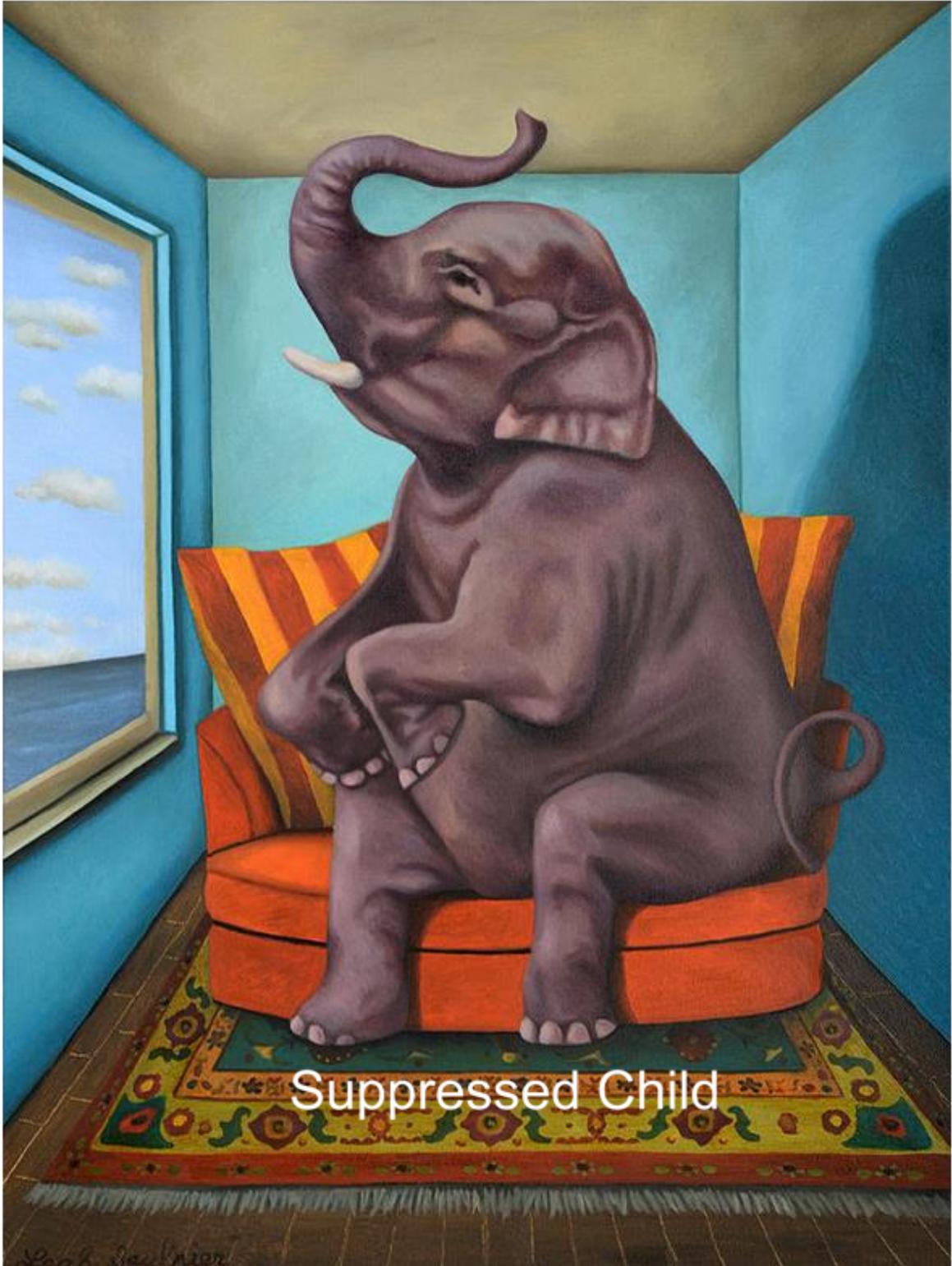
MoC 700 – 1,000 – Enlightenment: Buddha and Krishna. Mary Magdalene and Jesus were beyond 1,000 and recognised their at-onement with God whilst living on Earth. Enlightenment is a never ending process.



Feelings first

Note: Generally, psychopaths calibrate on Dr David R Hawkins' Map of Consciousness (MoC) under 80.

Childhood Suppression is the elephant in the room!



Suppressed Child

OBSERVATION:

Medical science remains steadfastly fixed in the physical body being the only body that there is. Science is unable to ‘detect’ the bodies that we are and consequently see no pathway for making profits. We have a medical industry creating names for illnesses, diseases and discomforts, there are 10,000 names that they ‘diagnose’, and Germany has maybe some 30,000 named options. Medical science believe they have ‘cures’ for only 500 yet the vaccines they produce to manage or eliminate disease has only resulted in ALL eliminated or mitigated diseases returning in more aggressive mutated forms.

There is only one disease and that is what we have each taken on of the Rebellion and Default. This we will each heal for ourselves through our personal Feeling Healing, and should we embrace the Love of our Heavenly Mother and Father then we will also Soul Heal.

At the moment just prior to conception, we are in a perfect state of natural love, a little lower than 1,000 on Dr David R Hawkins’ Map of Consciousness (MoC) scale. By the time we are six years old, should we survive through gestation and birthing, then we will calibrate at the level of one or the other of our parents, should they be differing in their own calibrations. The child is in a perfect state at the moment of conception as is the foetus. The soul does it all – not the parents. What unfolds to the negative from then on is the making of the parents own emotional condition and held beliefs that are erroneous.

Our parents clone us into being their little me’s. We look to our parents as if they are god. Yet, two out of three parents abort a child. There are about 130 million live births per annum. There are also around or nearly 50 million abortions per annum. It takes two to bring about a conception, so two thirds the number that are born each year go on to abort a child. Abortion is the most horrendous rejection that a child personality can experience. Around the same number of miscarriages occur each year. Miscarriages a direct consequence of the unhealed state of the newly forming child’s parents. The deformities that a child is born with are also the consequence of the child’s parents’ unhealed state. Similarly for childhood illness that a child experience. We are disillusioned when we say parents love their children – parents do not know what love is! While we live mind-centric we cannot love! (This statement tests TRUE!)

A child is a unique personality, as is each of the child’s parents and other carers in close contact with the child during its forming years. The parents and carers infusion of emotional injuries and errors of belief is a cocktail that leads to the progressive degradation of the child’s condition to reflect their issues with the mix creating an outcome that is uniquely the child, but not of the child’s making.

By the time the child is six years old, when the Indwelling Spirit arrives for the child, the child’s life is fixed into an experience of the making that is the consequence of the mixing of the emotional and belief states of its parents and other child carers. It is through the parents healing of their emotional and belief issues that the child will benefit and heal.

Negative expressions by a child is an outpouring of its pain brought upon it by its parents. This is why researchers need to consider involving parents in every situation. University administration resist this pathway as it threatens their potential student intake and revenue – parents pay the students fees!



Falling into the abyss!

to example parents like
these



ANGER



ANXIOUS ANNOYED
 SAD CONFUSED OVERWHELMED
 EMBARRASSED SCARED GUILTY STRESSED
 REJECTED INSECURE HURT FRUSTRATED LONELY
 NEGLECTED JEALOUS TIRED GRUMPY
 WORRIED SURPRISED DISGUSTED BORED SHY



PARENTS

78% calibrate under 220

| MAP OF CONSCIOUSNESS | | | | | |
|----------------------|---------------|---------------|----------|---------------|--------------------|
| God-view | Life-view | Level | Log | Emotion | Process |
| Self | Is | Enlightenment | 700 1000 | Ineffable | Pure Consciousness |
| All-Being | Perfect | Peace | ↑ 600 | Bliss | Illumination |
| One | Complete | Joy | ↑ 540 | Serenity | Transfiguration |
| Loving | Benign | Love | ↑ 500 | Reverence | Revelation |
| Wise | Meaningful | Reason | ↑ 400 | Understanding | Abstraction |
| Merciful | Harmonious | Acceptance | ↑ 350 | Forgiveness | Transcendence |
| Inspiring | Hopeful | Willingness | ↑ 310 | Optimism | Intention |
| Enabling | Satisfactory | Neutrality | ↑ 250 | Trust | Release |
| Permitting | Feasible | Courage | ↑ 200 | Affirmation | Empowerment |
| Indifferent | Demanding | Pride | ↓ 175 | Scorn | Inflation |
| Vengeful | Antagonistic | Anger | ↓ 150 | Hate | Aggression |
| Denying | Disappointing | Desire | ↓ 125 | Craving | Enslavement |
| Punitive | Frightening | Fear | ↓ 100 | Anxiety | Withdrawal |
| Disdainful | Tragic | Grief | ↓ 75 | Regret | Despondency |
| Condemning | Hopeless | Apathy | ↓ 50 | Despair | Abdication |
| Vindictive | Evil | Guilt | ↓ 30 | Blame | Destruction |
| Despising | Miserable | Shame | 20 | Humiliation | Elimination |

LIVING MIND CENTRIC is SUBMITTING to RETARDATION and MEDIOCRITY

Our mind is a wonderful instrument when it is used to implement what our feelings prompt us to embrace. However, our high level spiritual leaders prompted us all to believe that our potential would be found through our minds, so much so that we could become ‘mini-gods’ through the perfecting of our minds.

Our potential through mind centricity is 499 on Dr David R Hawkins’ Map of Consciousness (MoC) being the peak of Reason. This is also the peak of development of those who enter into the 1st spirit Mansion World where billions upon billions remain for aeons, blind to their entrapment to hidden controllers. Some further their mind perfection through their ongoing suppression of their feelings and progress blindly through the 2nd and 4th only to reach a dead end at the 6th spirit mind Mansion World, never getting out of the hells and entering the 1st of the Celestial Heavens. They eventually have to do a Great U-Turn and retrace their steps and then work through the 3rd, 5th and 7th spirit healing Mansion Worlds and then commence their progression through the Celestial Heavens living Feelings First.

Hidden controllers within the spirit worlds, for the past 200,000 years, have kept us in their enslavement as they understood that:

- Our minds are addicted to control, control of others and our environment.
- Our minds cannot discern truth from falsehood – thus easily led through our mind’s lack of discernment.
- Our minds are addicted to untruth – a global pandemic has demonstrated worldwide submission to a few through governmental dictates – conspiracy theories abound – nations can be easily led to war against others.
- Worshipping our minds, believing that when we ‘think’ that we discern truth when it is error, stagnates our progress, thus keeping us in submission. Education systems worldwide embrace this.
- Assumptions are the product of the mind, the error rate is around 98%. The doctrines of the Catholic Church demonstrate this to ‘perfection’.
- Feelings are our soul-based truth. Females are closer to feelings, so these hidden controllers had males make females subordinate to men. History reveals very few women leaders – look at the religious institutions.
- All religions are the product of the workings of these very same hidden controllers.
- These beliefs, patterns of living and norms are entrenched through generation after generation.
- We believe that **‘I had a pretty good upbringing’ in comparison to other people!**
However: **Parents have NO understanding of Love.**
Parents have NO understanding of Law of Free Will.
Parents have NO understanding of blocking emotions.
Parents have NO understanding of causal / core emotions.
- Hidden control has kept parents from knowing how to be loving true parents, consequently:

Parents abandon Children emotionally!

- And the Rebellion against God, love and truth has progressively evolved and intensified to the point that on 31 January 2018 intervention from even higher level spirits has formally ended the Universal Contract governing the Rebellion and Default of the rebellious Lanonandek spirits led by Lucifer who submitted to his female soul partner’s wily assertions.

Incompetent moronic idiot zombies!



IMBECILE

CRETIN

IDIOT

DOLT

GOOF

MORON

STUPID

FOOL

SCHIZO

BLUNT

BLOCKHEAD

EVIL

PUMPKINHEAD

BAD

THE TERMS IDIOT, IMBECILE AND MORON ARE ALL MEDICAL DEFINITIONS FOR PEOPLE WITH CERTAIN IQ RANGES. IDIOT RANGES FROM 0-20, IMBECILE 21-50 AND MORON 51-70.

Know the outcome, you will see the journey! Look for the cause of the problem; by addressing the problem is through removing the cause.

Many give their authority to the few! Eight billion people are being controlled by a tiny number of people. The inner core is a very tiny few people. A tiny room of people impose control over eight billion people.

We are to stop acquiescing and agreeing to our enslavement! We do so out of Fear! Ignorance – lack of truth – is the foundation of the problem – and that continues to be covertly imposed upon us by the tiny few hidden controllers!

We have to take control of our perceptions. What are our feelings telling us? Truth is not what you think or have been told. What do we feel – you and I? It is our feelings that are in truth – we are fully self-contained! Bring to surface our non-cooperation to our own enslavement.

Purpose of Life

Purpose of our life is to:

Achieve individualisation. This is truly the moment of our sentient experience beginning. This occurs at the moment of incarnation which is when our newly forming foetus begins to pump blood, usually day 16 after conception. From that moment we are beginning to experience life.

We have a life purpose. We are each a unique personality with individual propensities to experience. Should our physical life be cut short then we will go on and have the experiences that we need in the 1st spirit Mansion World. If we miscarry or are aborted then we will become spirit born, be adopted to spirit parents and have a similar life to that should we have gone on and lived on Earth.

Presently we are each subjected to Childhood Suppression which we continue on throughout our lives suppressing our feelings and our true personality. This is providing us with unique life experiences as this does not typically occur with any other humanities throughout the universes. Our physical life on Earth is mostly very difficult, however this will provide each of us with unique capabilities to aid newly emerging humanities on worlds further out into space. Yes, we have an enormous journey to enjoy.

Our time of death is predetermined. We often do crazy things – but our life span is predetermined.

What we experience is also predetermined. A few are to be wealthy and become burdened with responsibility. Many are to be poor and enjoy the freedom without trappings of assets and obligations.

Most will have families while on Earth. No matter who we are, we will each parent at least three children before we can enter the first of the Celestial Heavens. We are to experience parenting, even though that may be in the spirit Mansion Worlds.

We are to live FEELINGS FIRST! We are to express our feelings, both good and bad, to a companion. We are to long / ask for the truth of what our feelings are drawing to our attention. What enters emotional needs to be expressed emotional. Should we long for our Heavenly Mother and Father's Love, then we are SOUL HEALING. Our mind is to follow supporting what our feelings are leading us to embrace – this the opposite as to how we have been brought up to live.

It's all about
Experiences
 &
FEELINGS

As we complete our FEELING HEALING, then and only then can we connect with our Soul Partner who is always of the opposite sex. Our soul is a duplex that manifests two personalities. And we can grow to interact with our Nature Spirits and Spirit Guides!

**BE FEELINGS
 EXPRESSIVE!**

Our Solution and Pathway Home

We are to bring our feelings back into balance with our mind.

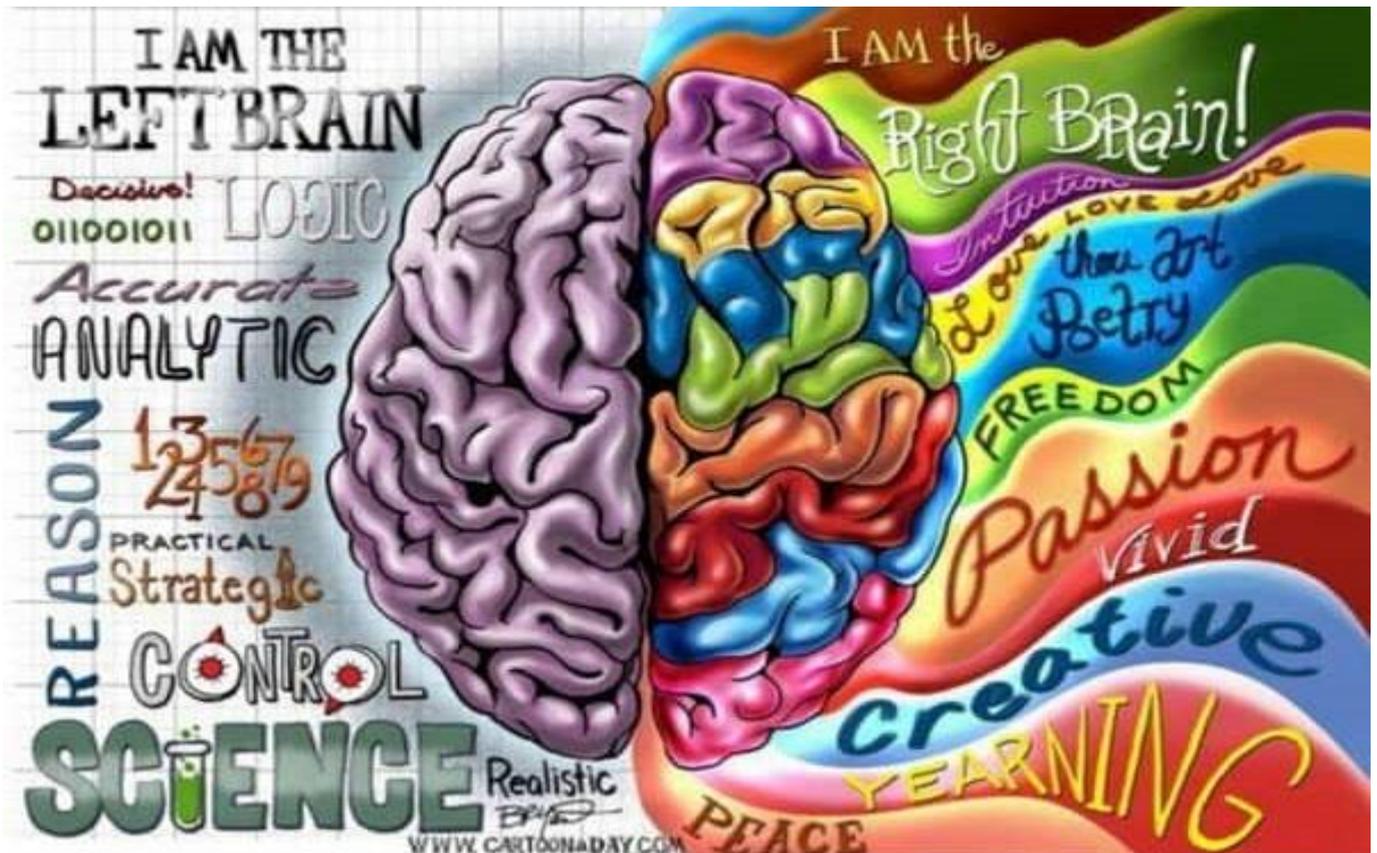


Beliefs suppress TRUTH. Result is; Health degrade, Discomfort, Pain, Illness, Disease and Viruses

To heal yourself with truth can only be done one way, and that is by sincerely wanting to live true, to live a life in which you want with all your heart to see the truth in each and every experience, so that as you live your body is being 'built' on truth, and so will remain rock solid, and will not feel fragile and collapse under you when disease suddenly strikes you down. Truth, Truth, Truth, and more TRUTH. You have to want to eat drink and sleep truth. To beg and ask and long with all your will for the Mother and Father to help you see and know the truth, the truth of everything that you do, everything you are, everything you feel – the whole truth of yourself. And so whilst you're of it, including, the truth of your rebellious state. "Mother and Father, please help me see, know and BE the truth You want me to live."

Kindly visit www.pascashealth.com then Library Download page, in Pascas Care Letters click to open:

-  [Pascas Care Letters Mind into Balance with Feelings.pdf](#)
-  [Pascas Care Letters Mind causes Discomfort Soul brings Healing.pdf](#)



The more comprehensively that our parents and early educators indoctrinated us to suppress our feelings, the greater we become 'left brain' centred and dominated. The greater we are mind-centric and addicted, the less are our truth loving feelings surfacing – we cannot discern truth from falsehood. Academics demonstrate mind worship, whereas nurses demonstrate passion, love and the truth of their feelings.

The more extensively that we close off our feelings, the greater the propensity for psychopathic (no feelings) action resulting in domestic violence, mass shootings (schools), and on a national scale, war. Mind development is limited to 499 on Dr Hawkins' Map of Consciousness (limit of science), whereas Living Feelings First, our potential is infinite.

H₂O is water, hydrogen and oxygen in harmony. Hydrogen (mind) on its own is explosive. Oxygen (feelings) on its own is life giving. Mind and Feelings in harmony is when we are living Feelings First with our mind following in support of our Feelings. Should we embrace Feeling Healing and with the longing (asking) for Divine Love, then our potential is infinite.



Living Feelings First growth potential is

Our Feelings are our Supreme Guide! Truth is found through our feelings, we are to long for the truth about what our feelings draw our attention to. Our soul based feelings are always in truth. We are fully self-contained. This simple fact has been hidden from us for 200,000 years while our hidden controllers, the evil ones, kept us under their selfish controlling agenda.



Living through our feelings first with our minds to follow in assisting with what our feelings guide us to consider is a rewarding, freeing and vibrant life. Whereas we all have been retarded through living mind centric.

Living through our Feelings First, the New Way, and longing for truth of what they are to reveal, expressing what we feel, both good and bad, will enable us to progress through the Feeling Healing Mansion Worlds while living on Earth. With Divine Love we will be fit to enter the Celestial Heavens and progressively then through all the Celestial Heavens of our local Universe of Nabadon and then onwards to Havana and Paradise, the home of our Heavenly Mother and Father.

Not only will we progress beyond 1,000 MoC when transitioning into the 1st of the Celestial Heavens, by the time we reach Paradise we will have progressed to what could only be described as infinity – well not quite – but we will be truly awesome in our evolution and development.

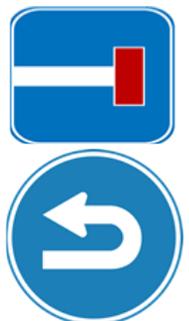
Living mind-centric limits growth to 499 MoC

We all live through our minds! We all suppress and ignore our feelings. This has been how we have been led to live by high level spirits who had ambitions of self glorification to our detriment. These wayward spirits had allusions of expansionary empowerment and they needed Earth's humanity as their foot soldiers! Through their deceit, we would continue to live in spirit as we do on Earth without any prospect of progressing out of the spirit mind Mansion Worlds.

Should we continue with aspirations in the perfecting of our mind then we can progress from the 1st spirit Mansion World to the 2nd mind spirit Mansion World, then 4th and finally 6th mind spirit Mansion World to a dead end. In these higher worlds we may appear to be guru type personalities but we have gone further away from God – we have then perfected our evilness!

The mind can even stave off the time when the Law of Compensation is addressed.

A U-Turn is required and then one would commence embracing their feelings and progress through the Feeling Healing Mansion Worlds 3, 5 and 7. With Divine Love then on completion of the 7th spirit healing Mansion World process we transition to the 1st of the Celestial Heavens.



While we suppress and ignore our feelings we are living in hell and putting ourselves through untold misery, pain and suffering when we can achieve healing to the level that we are living as Celestials while in the physical on Earth!!!

We are to Find the Truth of our Childhood.

James Moncrief – Sunday 8 September 2019

We are to Find the Truth of our Childhood.

That's it; and find it through our feelings by directly connecting, feeling, experiencing, and most importantly, knowing they are true by being them. We ARE our childhood, the truth is already there, it is already within us, we are already living it, we don't have to look anywhere else for it other than within ourselves. All of why you are what you do, say and live, everything about how you are and how you conduct yourself in life, is all what your childhood was. You grew into being the adult you are because of the childhood you had, we can't be a different adult that's not a direct and complete product and result of our childhood. And if you take away the time element, we are still our childhood, our life is still manifesting how it was for us as a child. We can believe and pretend all we want that we are different to how we were as a child, that having become adult we can leave our childhood behind and move on becoming the adult we want to be. No, we think we can do that, yet we can't. We can't do anything that's not already done, we are still effectively living our childhood and being as we were in it, and that's within all the different times and phases of it, all which adds up to being one big, often contradictory, mess of ideas, beliefs and opinions about ourselves.

And we can't be anything else other than what we are, which is how it was for us through our childhood, yet we fail to see it because we're not fully connected with those parts of ourselves and all the corresponding feelings that will help us see it. So we are to find the truth of ourselves – hence: the truth of our childhood. Because in knowing the whole truth of our childhood and being it, being aware that we are it, connects us as adults fully with ourselves back then. You know how it was for you, because you feel it, your feelings tell you, show you, and there's no avoiding or denying them, because they are expressing (by making you feel) the truth of how it was for you, how it has always been since conception, and how it will remain until the Mother and Father transform you out of your untrue state – out of your unloving childhood.

So our Healing is about finding the truth of ourselves from the beginning, which equates to the truth of our whole childhood, because it's our childhood that made us be as we are. And because we were so heavily interfered with and prevented from being our natural true selves, so we have to 'Heal' all the damage that was done to us. Healing ourselves by seeing the truth of ourselves. So by acknowledging all our feelings, and by wanting to find and uncover the whole truth of our childhood, we work progressively deeper into ourselves, bringing to light all that happened to us to make us be as we are. And part of that is to help us see how much of our childhood and forming was true and loving, and how much was untrue and unloving.

And presumably, once we've brought to light within us the whole truth of our childhood, then the good, true parts, those founded on true love, will remain; and the bad, that which was founded on untruth, will be transformed out of us by God through our soul.

As a forming and developing child, we don't have enough of ourselves to find and so experience the whole truth of what's going on. But as adults we do. And if we grew up in a fully true and loving situation and environment with only loving and true relationships, then as an adult that's how we'd be feeling completely loved and true, happily wanting to bring to light all the positive influences that affected us through our childhood, all of which would be a very enjoyable and loving experience. Whereas because we grew up in rebellion against Truth and Love being forced to be mostly untrue and unloving, and even possibly completely untrue and unloving, then it's not enjoyable going back bringing to light and expressing all our hurt and pain.

We start out not knowing anything about how it is for us through our childhood; or at best, a minimal amount as some people and families are more feeling expressive and self-aware. And through our Healing

we have to get to know it all, because we are it, so we're getting to know ourselves – which for many people will equate to getting to know their shit-start in life. And once we've brought to light the truth of our childhood, then we can leave it, moving on bringing the truth to light of being a true adult. Which is what The Urantia Book means by saying we become true universal spiritual citizens once we are living a Celestial level of truth. So the Mansion Worlds are really provided for us to uncover the truth of our childhood, to see how it was for us, and consequently, how we lived as a child. And they are really only for that, and not so much for us to set about righting all that we find out is wrong within us. We are to only see and so uncover the truth of ourselves. As far as fixing ourselves, or changing or transforming ourselves, that is up to God.

The Mansion Worlds are called probationary worlds, ones in which we can settle the Law of Compensation within our untrue states and continue living against ourselves and the Truth, furthering our truth and self denial; and ones in which we can do our 'Healing' to see the whole truth of our untrue state. Which we can now do either in the Mansion Worlds themselves, or on Earth.

So there is no avoiding the truth of your childhood if you want to ascend beyond the Mansion Worlds. And the fact that none of the spiritual or religious systems on Earth are wholly devoted to helping people bring to light the truth of their childhood through their feelings, shows what a terrible state we're all in. Imagine if the whole world was focused on helping everyone bring to light the hidden truth of themselves, and so the truth of their childhood. It certainly would be a different way to live and so a different world we'd live in.

We can't actually fix anything from our childhood. We can't, only God can. And God will when we've brought to light all the truth of it that God wants us to see. We can undergo therapy (and some truth might come to light), go to the doctor, do whatever we do trying to feel better, all trying to get rid of our bad childhood, all trying to fit in with the beliefs we have from our childhood of how we should be in the world, yet it's only at best scratching the surface. God, through our soul, won't allow us to change anything from our childhood anyway, at least not until we've seen and brought to light and fully connected through our feelings with all the truth of it. There'd be no point God subjecting us to such horror if we could make it all go away before we found the truth of what it was all about and why God made our childhood as it was. So we can do a little, or so we think, adjusting ourselves this way and that, however even those adjustments we come to see through our Healing are 'allowed' because we're still just doing them within our prevailing childhood patterns. And there are what seems like endless levels within us of which we're composed, which you would expect because of the enormity of being God's children, and so there's quite a scope for us to move or play around in entertaining ourselves by believing we've changed the foundations and results of our childhood. So as we can't actually change ourselves, all we can do is want to uncover the truth of our childhood and live that truth. All of which involves vast amounts of self-acceptance, which gradually comes with the truth, growing in the acceptance that this is how you are, how God wants you to be having this experience, given the childhood you had, and there's nothing you can do about it. Other than keep on expressing every feeling that comes up, as you long for the truth of your childhood, wanting to live true to yourself.

How is it for you if you are Truly Honest with Yourself?



♥ You truly love your children, devoting yourself to them, wanting nothing more than for them to grow up and be as they want to be?

♥ You believe you truly love your children, believing you are devoted to them, wanting them to be as you want them to be?



~~~~~



♥ You love your child more than you love your pet?

♥ You love your pet as much as your child, treating it as if it is another child?



♥ You love your pet more than your child?

By living true to ourselves, true to our feelings, we are living true to God. It's that simple.

**FEELING versus EMOTION**  
**and emoting such emotions through your feelings:**

It is important to **emote** your feelings to a partner or to your Heavenly Parents.

Just be the feeling. When you feel the feeling, try to stay with that feeling.

The other person you are engaging with can assist you to experience and express the emotional event that you are feeling coming to the surface. They'll assist you to stay with that feeling. The other person is to encourage you, to prompt you in describing, expressing, talking about – **emoting** – that feeling leading you back to discover the truth of an experience that was an emotional event in your life, most likely an event in your early childhood, and even more likely to be a childhood suppression of your expression of your true personality by one of your parents.

Whatever you are feeling, describe it. Once in the feeling stay with the feeling – become the feeling – become the emotional event. Express, talk about it, that being the experience of how it really unfolded.

Feeling is what you feel now. Emotion is the result of an event that happened in the past (even the recent past). The emotion is the pain within you. Once you begin to become that painful emotional event then the feelings thereof can be expressed, talked out of you – for ever!

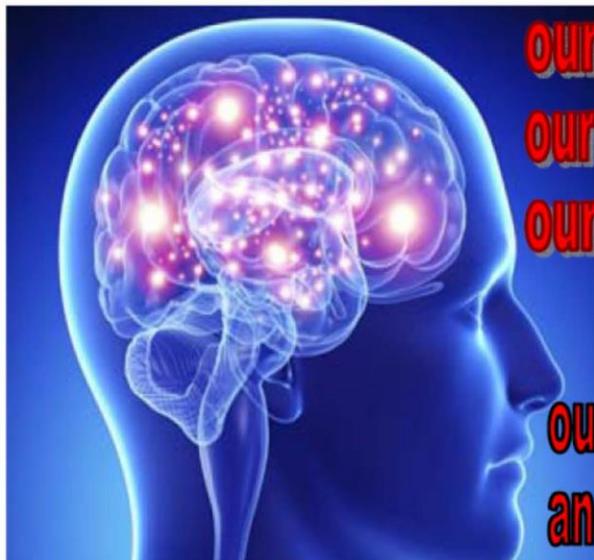
The more often you drop into these past emotional events, you'll find the resistance to do so will subside. Your childhood events will become more readily alive in the present.

You will begin to long for the truth of these childhood repressions and these suppressions will become memories, but no longer painful memories as you talk out each such suppression of your true personality that being what was imposed upon you since your conception. You will be aided by the Spirits of Truth of the Avonal Pair as you become to know and embrace them.

# SPIRITS OF TRUTH

# Avonal PAIR





**our MIND is a CONTROL ADDICT!  
our MIND is addicted to UNTRUTH!  
our MIND cannot discern TRUTH!**

**our MIND is within our SPIRIT BODY  
and orchestrates our physical BRAIN.**

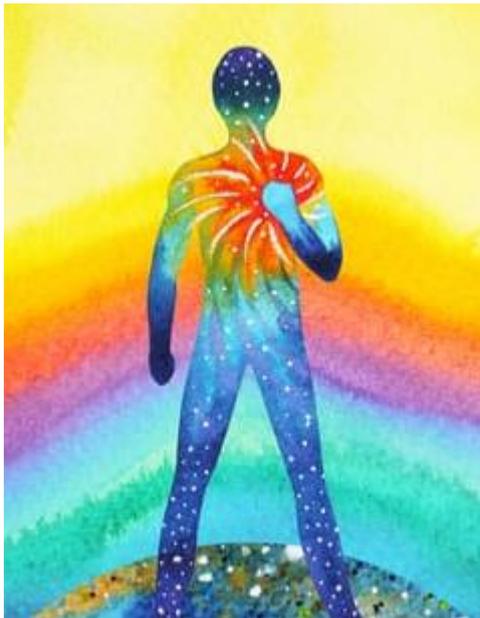
**ASSUMPTIONS are the product of our MIND!**

**HEALING** ends  
**MIND-CONTROL!**



**our SOUL is our TRUTH!  
our FEELINGS are our TRUTH!  
FEELINGS FIRST, mind to follow!**

**all we need is WITHIN.  
our MIND suppresses FEELINGS.**



I am my SOUL!

I am not my body!

I am not my mind!

BLUEPRINT

We are our Childhood



**WE are INCARNATED with Natural Love, but not with Divine Love:**

We are conceived with natural love, however, we are not endowed with anything of the Divine. While we are without anything of the Divine, namely Divine Love, we can grow our natural love attributes and progress to that of being the perfect man whose lodging is found in the 6<sup>th</sup> Sphere. We do not have immortality without having received Divine Love.



Natural love radiance is very different from that which Divine Love brings.

The two loves complement each other, bringing about greater harmony.



When we become aware of the presence of Divine Love and subsequently ask for and then receive the Divine Love, our soul steadily starts to change to that which is Divine and we achieve immortality. This is the Immortal Choice that we can make whilst here in the physical or later in the spirit world. Once we add Divine Love to our being, we continue then with the two loves, that of the natural love and also that of Divine Love. As we continue and receive Divine Love, our soul condition progresses so that we may eventually enter the Celestial Heaven, 8<sup>th</sup> sphere, should we have engaged in the process of Feeling Healing, and above, then progress further to enter the Eternal Spheres, then the Infinite and Universal Spheres, and then further on towards the Spheres of Paradise.



We are endowed by our Parents with natural love, maybe we neglect this gift from time to time. As we progress in time, we can add the greatest gift there is to our being, that is by asking for and receiving Divine Love. Not only does the infusion of Divine Love, with one's Feeling Healing, repair our natural love attributes, we evolve into a joyous and loving person in all respects. With the infusion of Divine Love, with the two loves, we become the complete being.

## To All the Suppressed Kids who are Dealing with the Consequences now as Adults...

The feeling of being rejected, disapproved of and conditionally loved by our primary caregivers – parents – is a monumental, long-lasting burden that we all carry. It produces chronic shame, guilt and anxiety. As a child we are blamed for doing things wrongly and in doing so we perceive ourselves as being bad, inconsequential, and having to embrace a persona that is not our true selves. We abandon our feelings expressiveness and embrace our minds to live life in the world foreign to truth and love. Our parents murder our free expression of our feelings and true personality! There are no exceptions.



## Discomfort, Pain, Illness and Depression.

Verna, a Nature Spirit, 17 April 2020: Nature isn't randomly popping up viruses that might suddenly sweep through affecting humanity 'evilly'. The Rebellion and Default are the true viruses that we are all 'infected' with. Viruses are more of the spirit really, which is why they are so elusive. If our soul needs to give us the experiences of the virus we will 'catch' it. Other disease, like cancer, and the breakdown of the physical structure is again wholly physical however they are the physical manifestations from the breakdown of our spiritual light in our spirit systems.

All illness results from our inner levels of discontentment – BECAUSE WE DON'T FEEL LOVED.

Should every soul, all at the same time, need the experiences from a virus to feel all the feelings we need, then it will be **different feelings for every person**.

Humanity is to uncover the truth of evilness, its wrongness, of its rebellion and default. And illness is to show us that we are wrong. We wouldn't get sick if we were right. ILLNESS IS OUR FRIEND. It's all about what went into us through our forming and early childhood. All the secrets are contained back there within ourself. When we 'go in' we're to go into our early life through our adult 'now' feelings.

Corona, 24 March 2020: "There is no way on earth I (Corona) can possibly be worse than how your parents treated you, it just can't happen, I can only affect you as far and as badly as your parents affected you. I can't create more pain in you than your parents have already created.

"The extent of unloving parenting that you all had to endure as children is now killing you, that is the truth of how bad it was. It is killing you because you refuse to understand what is happening, you refuse to connect to your pain, you still refuse to accept the truth and this is the open door for me (Corona) to enter into you and find a cell for me to live off and mutate and multiply in you. Your denied and suppressed feelings let me in.

"Stop resisting me and work with me in what I want you to know about yourself. I am no greater pain than the pain you felt and denied as a child.

"You fear me killing you, making you feel so bad, yet isn't this all so familiar, isn't this how you felt with your parents at times in your life? Isn't this how they made you feel, only they didn't allow you to feel it

fully, only a tiny portion of the pain they inflicted on you, with the rest you were forced to deny and keep suppressed. And this is what I ‘feed’ on, all your repressed misery and pain. It is your parents you fear, and I am helping you feel that truth.

“Your parents forced you to do their will and gradually your own will got left behind not being considered at all by your parents. And that is how I have to work with you all, and you will all feel me differently depending on the severity of your will denial and suppression.

“You were parented by two of the same Viruses, they are the Virus that is within you right from your conception and took away your will just as I am doing to you now. I am treating you the same way as your parents treated you as children and you refused to see it, so denied it.

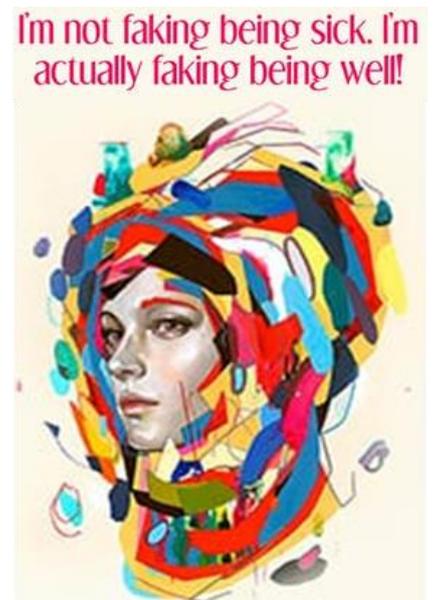
“I am reuniting you with the truth of how hurt and unloved you feel because of your unloving childhoods. You all have the power to turn this around and all you have to do is to begin feeling how I am making you feel, accept every feeling, express every feeling and find the truth through your feelings. Do this and I will lose strength and lose the hold I have over you because I no longer have to make you feel so bad to make you feel your feelings. You have the cure within you all and that cure is YOUR FEELINGS!!”

(These are extracts from Corona speaking through a nature spirit to Samantha.)

The spiritual upliftment so far as the new ‘vibration’ humanity will experience is the new vibe of the next age, and it’s upliftment will only be uplifting those people who chose to do their healing, to submit to their bad feelings and by expressing them to uncover the truth of their evilness – all that resulted from our childhood.

If we all Heal ourselves, being of true and perfect Natural love, then by living in harmony with nature, which we would naturally be doing, such horrendous diseases would not afflict us, because we would not need them to show us that we are disharmonious with nature.

When we are fully Healed, we won’t need to get sick, the Celestial spirits don’t get sick, they don’t have the bad feelings as we do on Earth and in the mind Mansion Worlds, and so we won’t need to have those feelings that would come from an illness, so we won’t get sick.



EVERYTHING that happens to us does so to help us live one of two ways. So we will ‘get a virus’ to help us go further into our truth-denial; or we will get one to help us come out of it.

Our bodies are designed to live anywhere, even in the most infested disease ridden place on the planet, and we will get sick if we need that sickness to further our truth-denial, or we will get sick if we need it to help us heal our truth-denial, or we simply won’t get sick. There is NO OTHER REASON why we get sick!

If we are going to get sick, that will happen either way because we are already sick within ourself and from how we were treated through our childhood – there are no other reasons. We are sick because we are denying the truth of ourself and God. We are all very ill being in the Rebellion and Default. **The Rebellion and Default are the true viruses that we are all ‘infected’ with.**

**OUR FORMING YEARS are MOST DYNAMIC and TRAUMATIC:**

| Age-group        | Age                 |
|------------------|---------------------|
| Gestation        | conception to birth |
| Newborn          | 0 days to 1 month   |
| Infant           | 1 month to 1 year   |
| Toddler          | 1 to 3 years        |
| Preschool        | 3 to 6 years        |
| School age child | 6 to 12 years       |
| Adolescent       | 12 to 18 years      |

Our childhood formative years are from conception through to age of 6 years. Commencing at conception, we begin to take on all of the injuries and errors of belief of our parents and carers. We capitulate to adopting the 'personality' that our physical parents impose upon us, to the detriment of our true personality.



Somehow,  
we go on  
smiling and  
laughing...



# *My individual "Rebellion and Default" is my overarching virus!*

**The Rebellion and Default are the true viruses that we are all 'infected' with. Viruses are more of the spirit really, which is why they are so elusive. If our soul needs to give us the experiences of the virus we will 'catch' it.**

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## **Enters emotionally - is to leave emotionally!**

### *We are to express our feelings, both good and bad, emotionally!*

# Systems of Deception!

One person with unfettered and supreme control, a System Sovereign, has had aeons of time to passively and stealthfully impose upon his minions (us – you and me) a way of living that assures him, the arch hidden controller, that we would remain compliant and submissive to his begging. His extreme intelligence and consciousness is no match for us ascending mortals who arrive naively upon Earth with absolute dependence upon parents who have already capitulated – unknowingly – to his wily stealth.

The System Sovereign's goal was that we do not evolve, that we remain fearful of our true Heavenly Parents, that our true pathway for spiritual development is not revealed, that we live in a manner of servitude and ignorance through our minds believing that our submission to our minds will enable us to become all powerful and even mini-gods. When we transition into the spirit mind Mansion Worlds, we remain collectively his waiting army to fulfil his ambitions to expand his domain and territory. We have been well and truly screwed over through his imposed systems of:

- Parenting – unable to love our children due to lack of truth in what we are provided with.
- Education – minimalistic, having our minds unable to progress beyond reason – our minds are addicted to untruth and control of others including our environment.
- Health systems – ignorance of our spirit bodies and gross ignorance of underlying cause of illnesses which are through the lack of being loved. Our health systems cannot heal.
- Commercial systems – we become salary slaves with suppressive debt slavery resulting from the costs of education, housing, health services, transportation and necessities for survival.
- Political systems – that divide the community into camps and then deliver representation of only a portion of the population without candidates having necessary leadership skills and experience.
- Religions – there is only one truth. We are to live through our feelings – not our minds.

We have been led to live mind centric which is the pathway of all of nature except humanity which is ensouled. We of humanity are to live feelings first with our minds to assist in implementing what our soul based feelings lead us to embrace. We are truth seekers and truth is to be found through feelings.

Higher level personalities than our System Sovereign have now taken on all of the evilness and wrongness of what these rebellious Lanonandek spirits have imposed upon us and have healed themselves of these injuries. Now all systems assembled during the Rebellion and Default, now ending, need to be rebuilt!

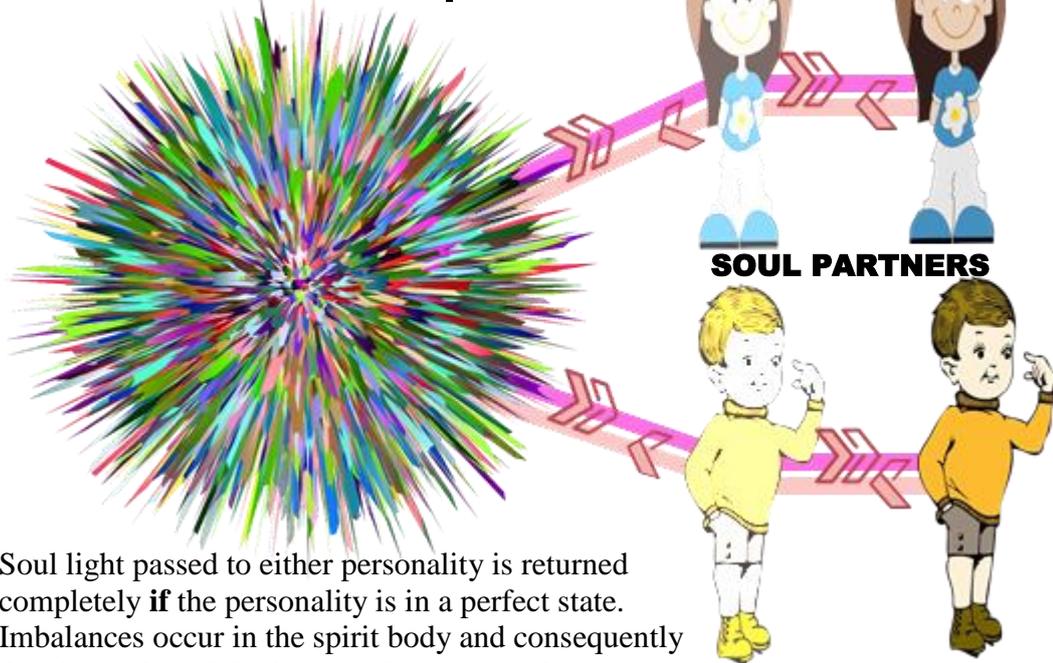
Our pathway to Paradise, the home of our Heavenly Mother and Father, is through living embracing our soul based feelings, living feelings first, to express what our feelings draw our attention to and to long for the truth of what our feelings are to show us – both good and bad.

A lady named Samantha found James Moncrief's writings on a website and commenced to engage in her Feeling Healing. This may have been in 2013. Samantha is like all of us, she is an ascending mortal. She has no specialness nor has she had any support other than James' writings on the internet. Samantha has been successful with her healing. She has been very successful. She has now written numerous books outlining her experiences so each and every one of us can follow her example. An ascending mortal, Samantha, has conquered all that the rebellious Lanonandeks, led by Lucifer, has imposed upon us. Samantha is the new mother of humanity in demonstrating to us how to embrace the one and only pathway home to our Heavenly Mother and Father.

**OUR PHYSICAL HEALTH is DEPENDANT UPON BALANCING the RETURN of the LIGHT RECEIVED from OUR SOUL**

### **ONE SOUL – TWO PERSONALITIES**

**Our soul is a duplex!**



Soul light passed to either personality is returned completely **if** the personality is in a perfect state. Imbalances occur in the spirit body and consequently the physical until Feeling Healing is complete.

To balance the soul light flow through the circuitry requires our **FEELING HEALING** to be completed. This will require of each of us a great effort over years. **FEELING HEALING** has now been demonstrated for the first time in the history of humanity.



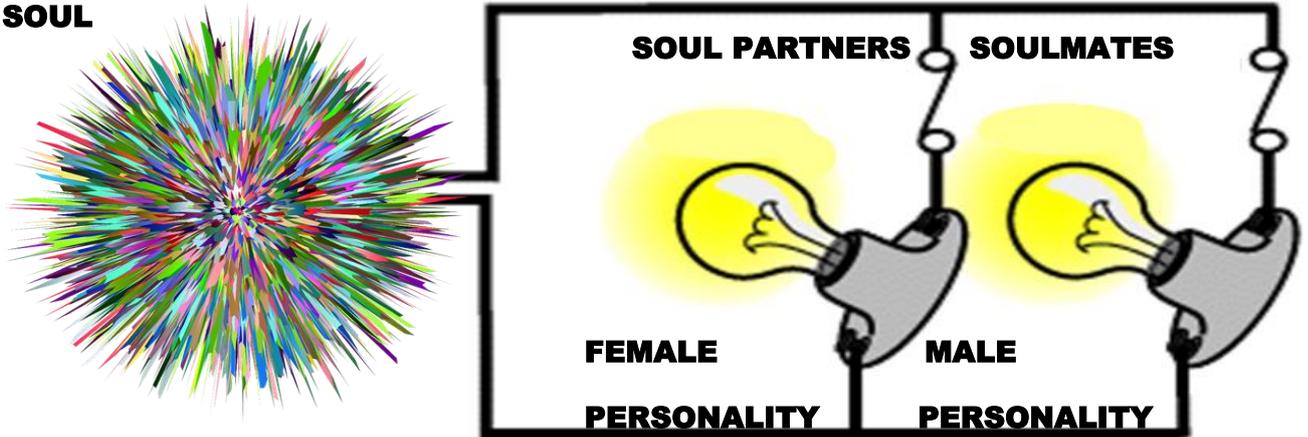
**Feelings First with Mind to follow in support.**

## Health of all of Our Bodies

**SOUL LIGHT emitted is to be BALANCED by the LIGHT RETURNED!**

**Two separate personalities on parallel 'circuits' having the same soul. What impacts one personality does not impact the other personality.**

**SOUL**



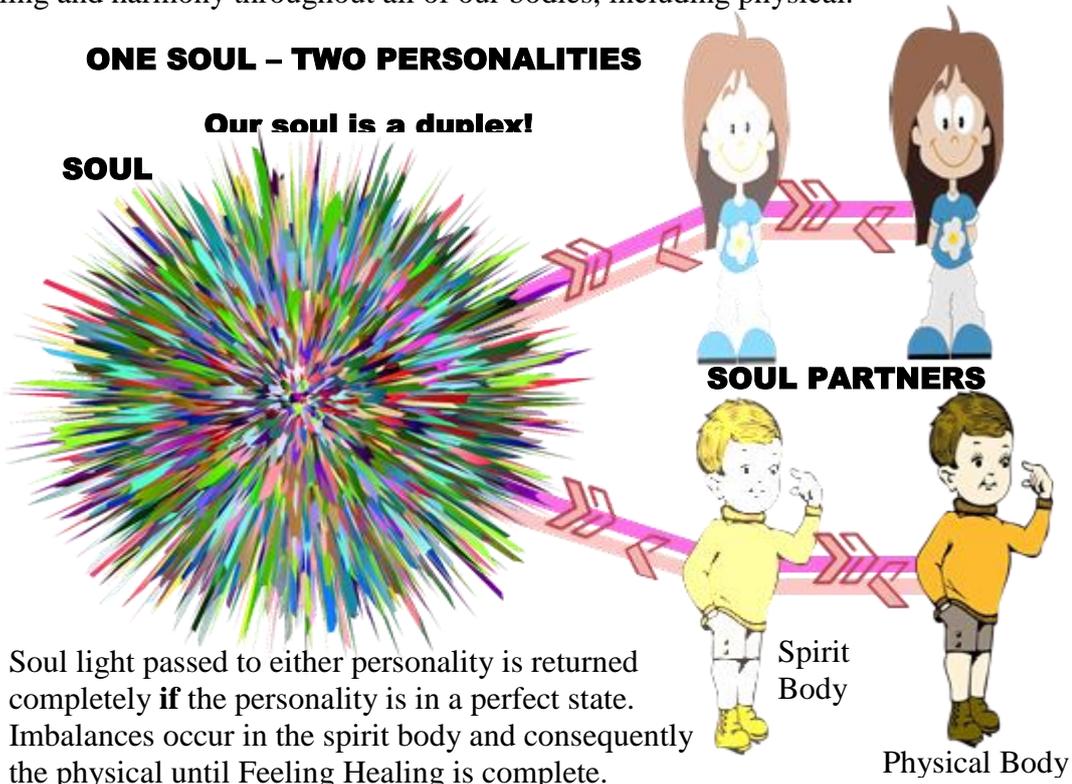
The elephant in the room is our Childhood Suppression, from conception through to age six years. This impedes the circulating flow of soul light thus bringing about imbalances throughout our spirit and physical bodies. This manifests as discomfort, pain, illness and disease throughout our lives. All 10,000 identified diseases are of the consequence of Childhood Suppression in its numerous formats.

We are to express our feelings, both good and bad, to a companion who is open to hear what is coming to surface for us. We are to long to know the truth behind those feelings. What enters us emotionally is to be expressed emotionally. This is our Feeling Healing. This is the one and only pathway to bring about healing and harmony throughout all of our bodies, including physical.

### ONE SOUL - TWO PERSONALITIES

**Our soul is a duplex!**

**SOUL**



Soul light passed to either personality is returned completely **if** the personality is in a perfect state. Imbalances occur in the spirit body and consequently the physical until Feeling Healing is complete.

# NOTHING IS FORGOTTEN



The moment of our conception will ultimately be remembered as a most stressful and damaging experience. We are literally continuously fire hosed with our parents' emotional injuries and erroneous beliefs – and they do not even know we have arrived!

We, as parents, may tell ourselves that our children 'will get over it', 'they will forget about it!' That is a gross lie and error – we each do not forget ANYTHING!



We are each to heal ourselves of the hurt and harm imposed upon us by expressing what we feel, both good and bad, and long to understand the truth behind what our feelings are drawing our attention to.

It is through these corruptions (errors of belief, emotional injuries, events that we have not been allowed to complete, our will being imposed upon, controls imposed upon us by others trying to make us be who we are not, etc.) that our energy flows back to our soul are degraded and that ultimately damages our physical and spirit bodies bringing about discomfort, pain, illness and disease. It is the imbalance of the flow of energy from our soul and that which we return that is the underlying cause of all identified illnesses, maybe all 10,000 or more so far catalogued.

In our senior years, many of us are said to be losing our memory and awareness of what may be unfolding around us. Nevertheless, we each will remember everything that is imposed upon us and what unfolds for us. This is recorded within our spirit body and soul's memory. Everything throughout every moment of our life is recorded, never to be lost.



It is only when we heal our erroneous beliefs and emotional injuries through our personal Feeling Healing that we will 'forget' the pain and suffering that we have had imposed upon us throughout our life, from conception to death, by those who sort to control us and impose their will upon each of us and our ongoing repression of our childhood suppression.

# NOTHING IS EVER FORGOTTEN

# Beliefs suppress TRUTH

Dis-ease is of Disharmony with TRUTH

Mental Illness is of CHILDHOOD SUPPRESSION

Perceived level of truth MoC 1,000

## FEELING HEALING

embraces the healing of both

Disharmony with TRUTH

and

CHILDHOOD SUPPRESSION

and with Divine Love we are embracing

our

## SOUL HEALING

Perceived overall level of truth MoC 920 – relative truth potential MoC 1,480



**Inside of me there are two dogs. One is mean and evil and the other is good and they fight each other all the time. When asked which one **wins** I answer, **the one I feed the most.****

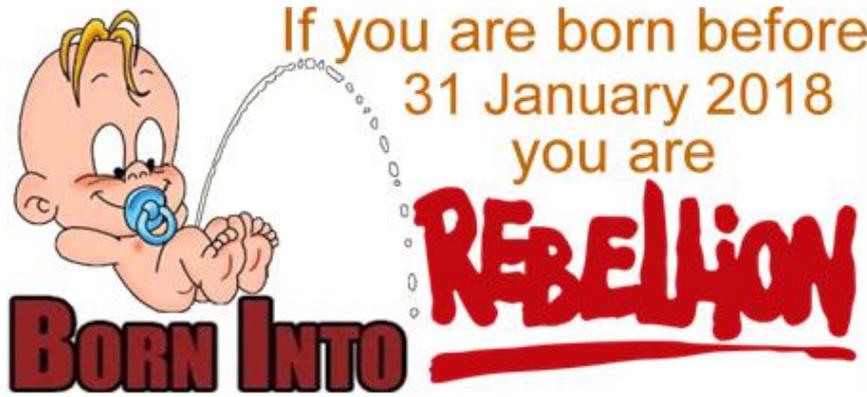
*– Sitting Bull*

AZ QUOTES



*Collin Rodefer*

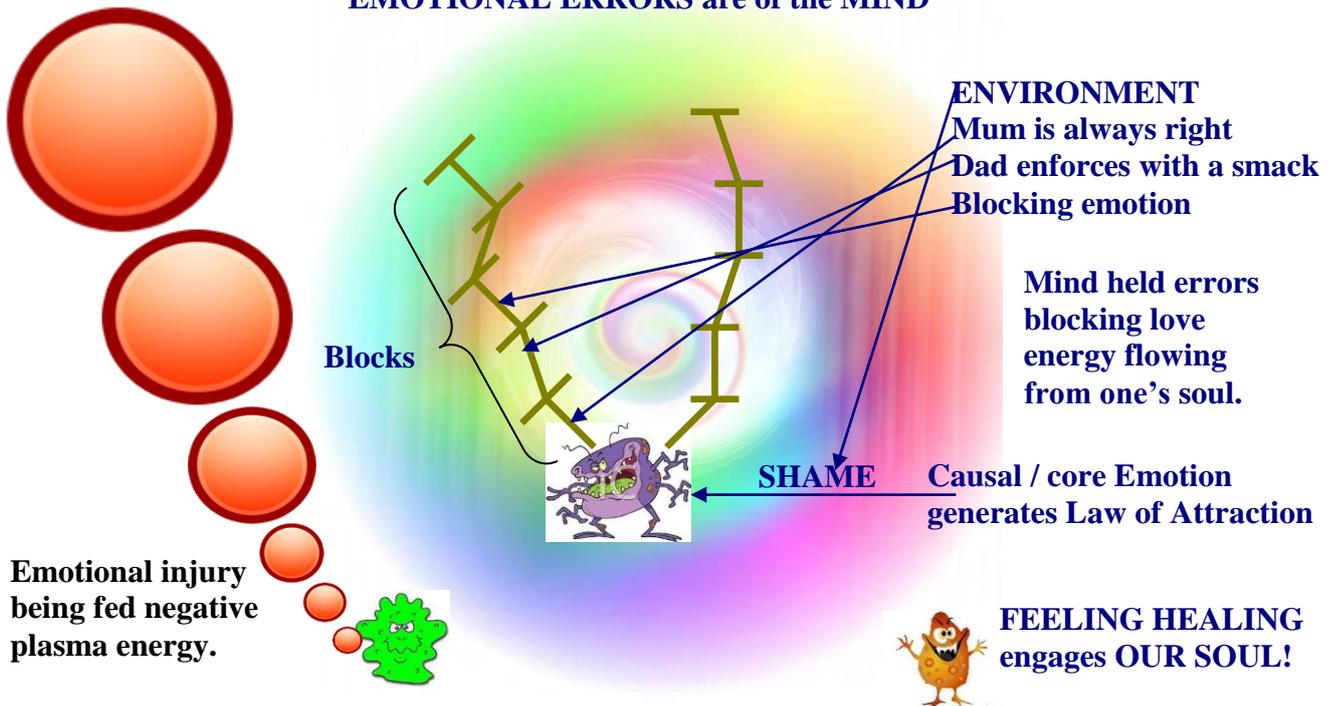
**LAYERS upon LAYERS are to be healed through longing for the TRUTH!**



To the extent that parents have healed themselves prior to conceiving a child, that child will now be free of those impostors of the Rebellion and Default through parents' Healing.

Everyone will still be born into the Rebellion up until the Avonal Age actually starts. People are currently being born into the Rebellion which is going through the initial stages leading up to its complete end, but that doesn't affect new people being conceived by their rebellious parents. And even during the Avonal Age, people conceived and born to 'mind-parents', rather than 'feeling-parents' who will be doing their Healing or having Healed it, will still come completely into the Rebellion and Default. The Rebellion and Default will be modified compared to how it is now because of the Avonal influence, but still everyone refusing to embrace the Avonal's Truth and so The New Way by doing their Healing, will still become wholly of the Rebellion and Default.

**EMOTIONAL ERRORS are of the MIND**



# LAW OF COOPERATION

## The LAW of COOPERATION

Is to work in conjunction with (cooperating with) the Law of Compensation.

# LAW OF COMPENSATION

It's a Universal Law potentially to be 'imposed' upon humanity on Earth. It is currently in 'operation' in the Mansion Worlds, ensuring everyone cooperates in a friendly way with everyone else to maintain a certain standard of life as agreed upon by all involved, that which is determined by the Mind (rebellious) or Truth (Healing) way the spirits might be living.

Currently on Earth in our rebellious states, the Laws of Compensation and Cooperation are not active. So we live with the 'every man for himself' ethic, the powerful being the successful 'winners' who dominate the not so powerful 'failures'. Whereas in the Mansion Worlds (and the rest of non-rebellious Creation), equality, so even in a rebellious state, is the Law, and so if you cross the line inflicting dominance over another causing some level of suffering, pain and hurt, you will instantly come under the workings of the Law of Compensation and have to compensate for such transgression by feeling all that pain, hurt and suffering you have caused the other spirit to feel. So naturally, Universal Law and Order is maintained by everyone honouring the Law of Compensation, no one wanting to bring its 'wrath' down upon themselves.

Then added to keeping the peace, is the Law of Cooperation, for everyone in the Mansion Worlds who are happy and content to further their rebellious mind state in worlds 1, 2, 4 and 6; or doing their Healing, starting in world 1 and moving through 3, 5 and 7. So everyone willingly feels they want to cooperate with everyone else. Therefore, in the rebellious mind worlds, all spirits willingly and 'lovingly' cooperate with all other mind spirits; and the same in the Healing worlds, together with everyone willingly cooperating with the Healing. If you don't want to cooperate then you'll feel very bad, so everyone willingly wants to do some 'work' for the greater good of all. So there is no need for spirit money or spirit barter for any work done, because everyone willingly loves to work for other spirits, wanting nothing in return, loving giving and receiving as they feel moved to do. So for example, many spirits make spirit clothes out of the spirit material willingly and lovingly for other spirits to wear, freely giving such spirit clothes away, not wanting anything in return other than the receiving spirit being happy to wear and love their clothes. So, the Mansion Worlds function peacefully in their rebellious states – or in their Healing states.

So, now imagine if the two Laws are activated and applied to humanity on Earth... how would things change – and drastically change they would!

For example, everyone who is wilfully doing anything to make another suffer, feel hurt and pain, would cease their harmful ways, themselves feeling all that suffering, hurt and pain they've inflicted on the other person. So personally, as in personal relationship if you hit someone, emotionally, politically, socially, on all levels. If you run a business or government that is hurting people economically, socially, emotionally, spiritually, mentally, in any way causing anyone to suffer, then you're going to feel all that pain of all the people you're hurting. Even if you're doing it indirectly. If you work for a business or company and are forced to hurt others through policy of those controlling the company, no doubt you will still feel bad for what you've done, and you might leave, but if it's your only source of livelihood, then the Law of

Compensation won't be as harsh or won't possibly be applied at all. So really it applies to those who are wilfully hurting, coercing or deceiving others, who will have to do their Hell Time to compensation for all suffering and pain caused.

So, imagine if suddenly everyone had to stop hurting everyone else, including all animal abuse – how would the world be?

# LAW OF FORGIVENESS

Parents hurting their children are exempt from the Law, in that it will still apply, however it is suspended until the parent does their Spiritual Healing, and then it will come under the greater Law of Forgiveness. So parents doing their Healing and waking up to the truth of how badly and unloving they have treated their children, will feel all the pain of their transgressions as the Law of Compensation works upon them, however it will be a part of their Healing under the Law of Forgiveness, because the Rebellion has been thrust upon us all, and so parents won't have to do actual separate Hell Time, however they will feel like hell doing their Healing when they see and feel how unlovingly they've treated their children.

One could argue that it's not fair everyone being subjected to the Law of Compensation because we've all unwittingly and unconsciously been subjected to the horrors of the Rebellion, however once we're an adult, rebellion or not, we're still answerable for our actions. And so if you cross the line and infringe upon another's will to the degree of making them suffer pain, the Law of Compensation will apply to you.

So if the Law of Compensation is applied to Earth, one can imagine there will be many of the world's top controlling people suddenly stricken down with all the pain of their wrongdoing, thereby leaving quite a gap in the way things get done, into which other people will have to step.

And if the Law of Cooperation is applied at the same time, then in theory the world can dispense with the need for money, so no power or wealth accumulation, everyone can have what they want, and no one will want such power over others because of the Law of Compensation – and then how does the world keep functioning when suddenly there is no need to go to work to make money to survive? Hence the need for the Law of Cooperation, because like in the Mansion Worlds, everyone will feel driven to cooperate with the whole, so people will want to go to work for the sake of working to make everything keep working. Not to earn a living, just so they can participate in the whole of making life be as everyone will want it to be, that being a pleasant, good and happy standard of living. So the companies and governments will still work if need be, however their purpose and reason for existence will be for the good of the whole, with workers volunteering to work to keep them going. A utopia heaven on Earth, even a rebellious one, just as the Mansion Worlds are called heaven.

So is the new Spiritual Age that is possibly forthcoming, heralding the end of the 'Lawless' Rebellion? Is humanity on Earth to move to mirror humanity in the Mansion Worlds? So can life over there be applied to life here on the physical Earth? Will people strive to continue living their rebellious ways cooperatively within the overseeing Law of Compensation, all in a 'nice, friendly and loving' evilness, like in the mind Mansion Worlds? Whilst other people will strive to live cooperatively doing their Healing, wanting to finally end being of the Rebellion and Default?

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**GREAT**  
 **-Turn**

Never is hatred, nor discord, nor war among men justified – no matter what the cause – and if men will only learn the Truth there will never exist such feelings or acts. Militarism is all wrong. Jesus 25 December 1915

***Violence is never Justified***

## WHY did the LANONANDEK DAUGHTERS and SONS REBEL?

The Lucifer, Satan, Caligastia and Daligastia soulmate pairs are all high level Lanonandek spirits:

FOR 200,000 years ALL SCRIPTURES and Earth based INSTITUTIONALISED SYSTEMS are the WORK of the REBELLIOUS LANONANDEKS:

The rebellious Lanonandeks from within our local universe are these soulmate pairs:

### THE EVIL ONES



**Lucifer pair**

**Arrested and imprisoned 26 CE**



**Satan pair**



**Caligastia pair**

**Arrested and imprisoned 1993 CE**



**Daligastia pair**

According to the Urantia Book (TUB) there are various orders of Paradise Descending Daughters and Sons. (NB: TUB only refers to the masculine so doesn't include Daughters.) The Descending Daughters and Sons descend or step down from Paradise to reach out and 'down' to the Ascending mortals – men and women on the evolutionary worlds, who are reaching out and 'up' to Paradise and for such help from the descending spirit pairs. Ascending mortal pairs (soulmates) cannot by themselves ascend to Paradise, because it is not 'encoded' in their soul. So they need higher help and guidance from the descending pairs. So if people don't have this higher help they will never spiritually and physically progress very far. And if this higher help goes haywire, people are stuffed until other higher helpers comes to rescue them.

One such Descending Pair, the Creator Pair, comes out from Paradise to a section of space when it is ready for them – Mary M (Magdalene) and Jesus in our case; and in union with the Divine Minster, create or 'bring into being' a Local Universe – Nebadon. Mary and Jesus then attend to the whole (local) universe,



with Avonal Descending Paradise Pairs coming as required to the individual earth worlds to ensure and initiate the spiritual changing of the ages that is needed to advance the spiritual development of mortals in accordance with the Paradise Plan.

Part of the Creation of Nebadon includes the creation of Local Universal Descending Daughters and Sons that hold key positions on individual worlds and oversee larger areas or sections of the Nebadon. The Lanonandeks being these key administrators, guides, overseers, are the ones that ensure the ascending mortals of each world are given what they need in accordance with the unfolding phases of their evolution, as well as providing the necessary Mansion World structures and organisation of the Celestials spheres, the greater part of Nebadon, all so mortals of the evolutionary worlds can find their way up and through the Local Universe so as to set out on their greater spiritual journey through the Super Universe and Central Universe to Paradise. The Lanonandeks make sure all the parts work as they are intended to do, with the Melchizedeks being more involved with the ongoing teaching and personal education of mortals about all things through the Local Universe.

The Lucifers, Satans, Caligastias and Daligastias are all Lanonandek daughter and son pairs.

The Lucifers were the overseers of this sector – System – of Nebadon that includes Earth – Urantia. The Satans were to help the Lucifers, being the main liaison pair with the Caligastias (The Planetary Prince and Princess) who oversaw Earth directly from spirit, and the Daligastias being physically materialised on Earth so as to oversee and help evolve the local races of Earth on all levels – the practical, physical and spiritual, this being how it was five hundred thousand years ago. And for three hundred thousand years, everything went well.

The whole of Creation thus far is one gigantic Ascending mortal scheme – The Ascension Scheme. So everything in it works to help slowly evolve humanity along the plans designed for them by the Descending Pairs and the Mother and Father, with the idea to evolve, through ongoing self-expression, the people from all the earths up through the Mansion Worlds and into the Celestial spheres and on through and out of Nebadon. So if anything goes wrong in any level of the universe then it causes problems for the mortals who are wanting to ascend.

The Lucifers were outstanding members of their Order. However according to TUB (if I remember correctly), they were passed over when they applied to oversee certain parts of Nebadon – and so why did that happen??? Then finally they got their chance. As to why they rebelled – it is said their egos, their self-importance, grew, and they weren't able to control it. They were seduced by some inner need for greater power – but why did that happen? And is it just like everything else, there is variation in all things and so they went the way of rebelling against Mary and Jesus and the Mother and Father. And not being of a higher Paradise Order, they are more prone to being seduced by their inner biases, whereas supposedly Paradise Descending Daughters and Sons are too perfect, being of Paradise origin, and so wouldn't or even can't rebel. And Avonal Pairs can willingly take on rebellion, but that's their choice and they are not technically rebelling or defaulting, they needing to do this so they can heal themselves of the Wrongness thereby liberating the world of rebellion, and in our (Earth) case, also the default. Which means providing people and spirits in the Mansion Worlds their Spirits of Truth, so everyone in a rebellious state can look to them instead of the Evil Ones, the rebellious Lanonandeks, for the way out of rebellion and onto Paradise.

The Evil Ones took over their part of Nebadon, Mary and Jesus allowed them to, allowing the Rebellion and subsequent Default on Earth to run its course. However it continues to cause masses of disruptions to the natural way of things, all of which we've been and continue to be subjected to.



So because humanity for two hundred thousand years has been increasingly subjected to the Rebellion and then also the Default of Eve and Adam, we are well and truly entrenched in the unconscious belief that the Evil Ones are the Gods, and that we're to look to them for the way to be happy and feel loved – that they are the Living Truth. And yet, as we can all see from our own lives when we start to address our bad feelings, this is wrong, false and misleading, only making us feel even more unhappy, unloved and powerless in our negative truth-denying state and being unable to do anything about it – because ascending mortals are not able to go against the higher Daughters and Sons. So without humanity knowing it, we have been praying to the Evil Ones as if they are God, even with people who pray to Jesus, praying to a mind-created fantasy Jesus and not the real one, as can be seen by the Evil Ones strategically denying humanity the truth of the Divine Love, with our need to long for it being excluded from the Bible and not found in any other rebellion-created religion.

Mary and Jesus being the highest Paradise Pair, by their coming to Earth, terminated the System Rebellion of the Lucifers and Satans. So that level of evil influence on all the rebellious physical worlds ended two thousand years ago. And then it's required for each world to be attended to by a bestowal Avonal Pair, who take on the evilness of that world and heal it within themselves, thereby ending the control in our case

of the Caligastias and Daligastias, which has now apparently happened, with the Avonal Pair only to finish their Healing so as to signal the complete technical end of the Rebellion and Default.

So their – the Avonal pair – Healing involves dealing with the Rebellion and Default within themselves on all levels, so people and the mind Mansion World spirits can then choose to follow them and do their Healing. So by following the Avonal Pair you are going against the Evil Ones (currently it being their legacy within you and on the world), looking to end their negative, unloving and untrue influences within yourself. And once done, you become a Celestial, either on Earth or in the Celestial spheres, and free to align yourself with Mary and Jesus, which is done by partaking of the Divine Love, and free to live your ascension to Paradise – free to become at-one with your Mother and Father.

We're all living the demented levels of the demented minds of the four Lanonandek pairs that rebelled. And as we do our Healing, so we come to see how fucked they are, as we see how fucked we are; how they passed that fuckedness onto us through our parents, how we've become so tangled up in our Wrongness, not knowing what is true – we live untruth believing it's true – we feel false love believing it's true love. We're all around the wrong way, deeply mixed up, and needing to do our Spiritual Healing to get ourselves out of our sinful and evil ways, so as to come back into alignment with the Truth. So all that we are has to go, and we're to uncover a whole New Way on all levels, personally and how to live, as we liberate ourselves from our dementedness.

With the Evil Lanonandeks no longer at large, having been detained on a prison world awaiting judgement as to what will happen to them, so the Melchizedeks stepped in taking over their positions. I don't know why other Lanonandeks weren't appointed, however I guess it's because of the damage done by the Rebellion. We who are here and part of it have to deal with it ourselves, so no outsiders other than Mary and Jesus and the Avonal Pair being from Paradise that can override that limitation.

And the Melchizedeks have enlisted the Celestial spirits' help. So together, they now in effect play the roles of the Lanonandeks. And as the Avonals progressively heal themselves, thereby liberating humanity from the dictates of the Rebellion and Default, so the Celestials are being given increasing power and authority to do what the Lanonandeks would have done. So the Rebellion, on a positive note is providing the Celestial spirits with unique opportunities as part of their ascension, as we hear from Helen and Nanna Beth – both 3<sup>rd</sup> Celestial Heaven spirits. And I would imagine, people who finish their Healing and become Celestials on Earth, will also in some way be given extraordinary opportunities as well, all of which will involve some level of healing the world and doing what the Lanonandeks and Eve and Adam should have done. Even to the point of Celestials on Earth who have children, will in some way be like the new 'Eves and Adams' populating the world with perfect and true children, all who are completely free of the Rebellion and Default.

And what happens to the Evil Ones? I imagine they will have to undergo a long period of Compensation experiencing the pain they caused all the people and angels who were under their care. And after that, if they are not extinguished outright, possibly they might be rehabilitated to some degree; however as TUB suggests, without ever receiving the power they once had. However, as all works out for the best and ultimately is all-loving, it will be fascinating to see through our own lives how all the pain we've been made to suffer ends up helping us and being the best thing for us.

And one last thing to note, had there been no Rebellion or Default, then on Earth we'd still have the Daligastias and Eve and Adam helping people grow and evolve on all levels. Still being the higher Daughters and Sons that we can look to knowing that we're not alone, that we are being looked after and loved and that a greater life of ascension awaits us. And we would by now know of the Caligastias and all the help they would be providing on the higher spiritual levels, as well as the help they would be giving mortal spirits in the Mansion Worlds. And we would know of the Satans and Lucifers and all the help they were providing on the System level. And we've understood that in a way these higher Daughters and Sons

are like mini gods to us, yet not our Heavenly Mother and Father. And they would be pointing us toward Mary and Jesus helping us understand that they are the Creator Pair. And here we live in their universe of Neadon, and that all they are doing for and with us is to help us evolve and grow on all levels as we look to our feelings for our truth we are to live as we express the personalities from our souls on our way through Neadon and onto Paradise. It all being a perfectly unified and loving experience for us. We being able to see the higher Daughter and Son as in the Daligastias and the Material Pair, Eve and Adam, who'd be for us the perfect humans that we could strive to be like. So we would want to be perfect in our humanness like Eve and Adam, and perfect in our spiritualness like the Daligastias. With both pairs showing us that we can be both perfect on the material and physical level, as we can be on the spiritual level. Which is completely the opposite of how we've been made to live, because all of that perfection has been denied us, with our being so screwed up about how we are to live both materially – physically and spiritually – we having no idea about either, and with them working fully in opposition to each other. And with our longing for and wanting the Truth, the truth of how we're to live physically and spiritually, all of which is to come (and ONLY come) through each of us individually and as a consequence of properly attending to and expressing ALL we feel.



**Negative Spirit Influence  
blocked  
22 March 2017  
Law of Compensation  
quickenning  
22 May 2017  
Rebellion and Default  
officially ended  
31 January 2018**



## Dr Abigail Marsh's Blog of March 2022 – observations by Samantha McCabe

<https://www.apa.org/news/podcasts/speaking-of-psychology/psychopathy.html>

20 October 2022

I have listened to the audio with Dr. Abigail Marsh and feel very sad for the children and adults who have these Psychopathic tendencies, I feel very hopeless for them because the professionals that are trying to help them are not truly on their side but on the side of the parents. They are not seeing the helpless children that these people once were because they won't accept that it is wholly because of the way they were parented, they won't blame the parents so who do they blame then!! It must be the child. These children have been completely desensitised from their emotions from a very young age and cannot feel fear, empathy, sadness or love for anything and this can only come from being desensitised from these emotions in early childhood by their parents, they weren't just born like it, they weren't just born bad, they learnt to be like it by their unloving, uncaring, un-empathetic parents, it is that simple and if these professionals stopped avoiding it and stopped protecting the parents, the truth would be easily seen as to why these people are the way they are.

The interview goes on to say that it is highly difficult for the parents of these children and how do we help the parents deal with this!! It is all about helping the parents deal with this awful naughty child that won't behave and be how the parents want the child to be. This is all about making it easier for the parent who can't figure out why their child is such a disappointment, so unruly. The professionals are backing the parents in this so how does the child have any chance when even the professionals are on the side of the parent and the child is the problem. The problem has to be with the parents and their parenting. The parents have to be confronted and the professionals won't do this.

Dr Abigail even says it in this interview **"The most effective treatments tend to be some combination of training aimed at how parents respond to their children. And I say this with caution because it's too easy for people to assume that if you are addressing parents' behaviour to help treat the condition, that it's the parents' behaviour that caused the condition. And I think that's a huge myth I'd like to dispel. We know that behavioural therapy, a lot of it administered by parents is a really effective treatment for children with autism. You have to use very specific kinds of interpersonal behaviours to help them develop. But we don't think that parents cause autism, or at least not anymore, right? We used to think that. This used to be just accepted wisdom in psychology that refrigerator mothers cause their children's autism. Unfortunately, we're still in that place with psychopathy where a lot of people assume it's the parents' behaviour that causes it."**

I feel that these Psychologists won't put the blame on the parents because they were not allowed to put the blame on their own parents, they are still not allowed to think of their own parents as being wrong and confronting their own parents with the results of their unloving parenting and the affects it has had on them as adults. It is like upsetting our parents is the biggest sin but if Psychotherapists have this issue still within them then the roots of these disorders will never be found because the professionals will not confront the parents because they couldn't confront their own parents. If you want to know why a child is the way it is, then psychotherapy has to begin with the parents. The first course of therapy has to be aimed at the parents and they have to be confronted with the truth of their own childhoods to find out why the child is the way it is. We have to stop trying to spare the parent the blame, we have to stop pandering to the parents, it is like spare the parents and blame the child and it is all wrong. The child has been taught to be this way right from conception and its teachers were its parents.

I know this interview with Dr Abigail Marsh gives the impression that the child is important but when I listened to the Audio, I felt that this isn't the case and too much importance has been given to not blaming

the parents, to me, they are 100% to blame for a ruined child who grows up to be a ruined adult. We all have to confront out denied and suppressed childhood feelings to end this hell loop we are all living of passing on our pain to our children. We all have severe psychological disorders and are prisoners until we allow the release of our denied and suppressed childhood feelings, we will never be free until we confront this within us all.

The interview goes on to say that these psychopathic children are fearless and have never felt afraid of anything and don't respond to punishment through fear and all of that has to be felt through. Why don't they feel fear, are they using the lack of fear as a source of regaining the power that their parents took from them continuously as young children, is their lack of fear their superpower against their parents, are they so terrified as children that they no longer allow themselves to feel fear as a defence mechanism, has fear been so denied and suppressed inside of them that they block it all out so they are now numb to it?

The truth of this fearlessness has to be known and it will only be known through the feelings of the child involved, and it will be a terrifying process to bring all of that terror out, to accept it, to express it and to finally know the truth of it and where it originated, and its origins will be in its early childhood at the hands of its parents.

Huge resources don't need to be thrown at this; just the right communication needs to be given to the child. The child was a helpless little child with no one to talk to, no emotional support and this is what is needed, the right communication and for its feelings to be taken very seriously indeed by its therapist but if the therapist hasn't taken their own feelings seriously about their own childhood denied and suppressed feelings, then how are they able to help a child with the right communication. Medication is not the right communication, this is just more denial of the child's feelings, more of letting the child know that there is no hope for it so let's just medicate it away, this is what they did to me when they told me I had psychosis as a late teenager and I felt hopeless, like even the professionals didn't know what to do with me and it makes you feel like ending it all. **The right way to tackle this is with the right communication, the communication of the feelings and what they are telling the child, I would have felt such a relief to have been listened too!**

The interview says they are focusing on new and more effective treatments of Psychopathy including brain imaging and I feel that this is all so mind driven, and that of course is what drives the medical professionals in their research but for me it is all such a waste of resources. This isn't about the mind leading the way, this is about the feelings leading the way and telling us the truth about how we feel and expressing that. A brain scan can never do that, our feelings are more advanced than any piece of technology available or that will ever be discovered. The feelings will tell us the truth about how we feel and that is never wrong, all it takes is the right communication and someone willing to ask the questions and then just listen, the listening part being the most important because these children haven't been listened to, just told that they are broken and wrong.

Dr. Abigail Marsh says that at least 50% of every psychological phenomena is heritable and the same goes for Psychopathy but throughout my healing I can trace all of my pain (pain I use as the word to describe a whole umbrella of feelings) back to my childhood and the way I was parented, so I have to disagree with 50% and for me **it is 100%**. It is still like the medical professionals don't want to 100% blame the parents for a child's psychological disorders and it makes them feel better to put it down to 50% heritable, and what a nice way to put it, 'Heritable' not blaming the parents and the family lineage, sparing the parents the guilt of what they have done to their child, still on the parents side when I say "You, the

parents, and that includes me as I am a parent, are 100% to blame for fucking up your child and now deal with it and what you have done to them".

We have to confront the pain that our unloving parents caused us, we have to confront our childhood, and that means our parents will have to do this eventually too. If we don't then our denied childhood experiences become the compulsions and addictions in our adult lives and get twisted and contorted into all manner of psychological traumas that we become a prisoner to. All of this pain needs to be released by the accepting, expressing and the truth of our denied and suppressed childhood feelings being known and no technology can do this for us, we don't even need it. What we need is to be heard, seen and our feelings taken seriously by our parents. If children have no empathy, that's because they weren't shown any empathy from their parents, if a child doesn't show any care, it's because it wasn't shown any care by its parents, if a child wants to hurt and kill, it's because it was hurt and wanted to be killed by its parents, if a child shows no remorse, it's because its parents showed no remorse for the way they treated their child, if a child is insensitive to the pain it has caused, it's because the parents showed no sensitivity to the pain they caused the child, if a child shows no fear, it is because it was so terrified as a child and not allowed to express its fear, it is numb to the feelings of fear because it had to be to save its own life as a child with its parents.

Dr. Abigail says she wants to know more about understanding the human psychological behaviour, for this she will have to go to the feelings and let them tell her the truth, she will have to listen and really desire to know the truth of how her patients are feeling to understand them more and this is the only tool she will need.

Just her, her patient and her patients' feelings and the truth will reveal itself without the mind leading the way as it is right now. Let the feelings lead the way and let them reveal everything about her patient. Just listen and let that person begin the journey of healing through their feelings and the discovery will be disturbing of course, but the most amazing revelation she will ever encounter.

She says she is in the middle of pursuing what it is that makes a person truly care about another, but I feel it is impossible to truly care about another without doing your own feeling healing and caring about yourself first and all of this has to be done with the inclusion of God's Divine Love, the relationship has to be with our original parents, the parents of our soul, God. Through our feelings and with the inflow of God's Divine love we will be shown the truth of how we feel about ourselves and others, and it will be nothing like how we thought, all of the lies will be revealed, and we will know that we have been kidding ourselves into thinking that we love ourselves and others.

Dr Abigail also says that our love must come from the original love that parents have for their children, but the truth will also be shown through the truth of the feelings and that the love a parent has for its child isn't true love, if it was true love there would be no pain, no psychological illnesses, no bad feelings, no illness, no murder in the world, all of these bad things come from unloving parenting being passed down to the child. True and real love doesn't do this; love doesn't hurt, kill, cause illness or take the will of another. **We really have to feel the truth of what we believe love to be and is it right? Our feelings will tell us the truth, not our minds.**

We have all been born into the default setting of our parent's pain and took that on and believed it is the truth, believed it is us, we have no idea who we truly are but through our feelings and the receiving of God's Divine Love we can begin to know ourselves truly and shed the layers of our parent's pain that we have carried around with us all our lives. The pain that we took on in the womb and have let it become

our experience. God wants us to know ourselves the way they know us, before our parents got hold of us, and by 'they' I mean God as our Mother and Father, the creator of our souls, our true and loving parents, only they know true love but you can read about Divine Love and more about our Feeling Healing in the PASCAS library.

Parents have done this damage to their children and expect people like Dr Abigail Marsh to take it all away, when really the child is a mirror of the parents level and condition of love, the child is the truth of how it was parented and it is staring the parent in the face every day and the parent hates it, the parent hates what it has created saying it is nothing to do with me why my child is like this, and the parent wants the doctors to fix it, take it away so the parent doesn't have to look at it any more. If a child was truly loved there would be no need for doctors to fix us because love doesn't do this type of damage, an unhealed parent does!!



# Root Cause

Highly esteemed Lanonandek spirits from within our local universe of Nebadon were assigned as System Sovereigns of our local system to oversee Earth's humanity and their spiritual development. 200,000 years ago they, the Lucifers, became infatuated with their authority and turned against the regents of Nebadon, Mary and Jesus, as well as rejecting God. Through their Planetary Princes, also Lanonandek spirits, they had taken the humanities of 37 worlds within their local system into their Rebellion.

Through living through our minds, suppressing our feelings, we on Earth will continue to be at war with each other, illnesses of all descriptions will continue from our feelings suppression, famine and inequalities prevail, control of others is the core of all systems, we cannot determine truth from falsehood and life on Earth is a living hell. We have been continually seduced by mind Mansion World spirits and we live life in a stupor – nothing more than zombies doing the begging of the evil ones, the rebellious Lanonandek spirits.

Through living through our minds, suppressing our soul based feelings, we have been progressively going further and further away from our Heavenly Parents, now to the point that we cannot go any further. Through working cracks in the Universal Contract governing the Rebellion and Default, this control has been ended formally as of 31 January 2018.

# Pathway Forward

To liberate one's real self, one's will, driven by one's soul, moves one to embrace Feeling Healing, so as to clear emotional injuries and errors. With the Divine Love, then one is also Soul Healing. We are to feel our feelings, identify what they are, accept and fully acknowledge that we're feeling them, express them fully, all whilst longing for the truth they are to show us.

**God's Divine Love: Pray for it, ask for it, and receive it.**

**The Golden rule is: Never interfere with another's will.**

**Golden Rule: that one must always honour another's will as one honours one's own.**

**New Feelings Way: learning how to live true to ourselves by living true to our feelings.**

**We are to express our feelings, both good and bad, at all times, and to long for the truth of them.**

**By living true to ourselves true to our feelings, we are living true to God. It's that simple.**

# PASCAS FOUNDATION (World) Ltd

We enable awareness so that people and communities may profoundly grow their lives, livelihoods and exponentially enhance their futures.

Empowerment is by:

the New Way: Learning how to live true to ourselves by living true to our feelings;

enabling the true liberation of women and men through the truth of their feelings;

assisting urban as well as remote and rural communities with access to truth through all levels and forms of education;

supporting delivery of quality and accessible healthcare;

improving opportunities for and the safety of all, especially women, men and children;

and fostering a new era of leadership and leaders.

*It takes a village to raise a child.*

**LIVING FEELINGS FIRST and EARLY CHILDHOOD**

**SUGGESTED READING:**

Kindly go to [www.pascashealth.com](http://www.pascashealth.com) and then to the Library Download page and then to open the following, scroll down to the topic and click on the PDF:

**CORPORATE ALLIANCES**

Chaldi Child Care Centre – Safe Space  
 Chaldi College Free to Learn Instinctively  
 Chaldi College Free to Learn Pathway  
 Chaldi College Primary thru to High – Feelings First  
 Chaldi College Women and Girls’ Education  
 Chaldi College (WW) – Education through Feelings  
 Chaldi College (WW) – Technology & Product Information  
 Chaldi University Postgraduate Feelings Degree  
 Pascas University and Global View  
 Pascas University and the Meeting House  
 Pascas University Universally Free Education  
 Pascas WorldCare Craft Creations  
 Pascas WorldCare Cultural Centre  
 Pascas WorldCare Supporting Hands

**ELSEWHERE**

Pascas Care Kinesiology Testing  
 Pascas Care – Living Feelings First – Adults  
 Pascas Care – Living Feelings First – Children  
 Pascas Care – Living Feelings First – Children Annexures  
 Pascas Care – Living Feelings First – Children Discussions  
 Pascas Care – Living Feelings First – Children Graphics  
 Pascas Care – Living Feelings First – Drilling Deeper  
 Pascas Care – Living Feelings First – Drilling Deeper Structures  
 Pascas Care – Living Feelings First – Reference Centre  
 Pascas Care – Multimedia Movie City  
 Pascas Care Letters – Beliefs Suppress Truth  
 Pascas Care Letters – Etheric Spirit Body  
 Pascas Care Letters – Mind into Balance with Feelings  
 Pascas Care Letters – Psychology and Feeling Healing  
 Pascas Park – Journey of Man  
 Pascas Primary publications being:  
     U-Turn for Humanity Pascas reveals New Feelings Way  
     U-Turn for Humanity pathway being New Feelings Way  
     U-Turn for Humanity shutting hells through New Feelings Way  
     U-Turn for Humanity simple is what Life is meant to be  
     U-Turn for Humanity soul light and the New Feelings Way  
     U-Turn for Humanity through the New Feelings Way  
     U-Turn for Humanity treacherous assumptions New Feelings Way  
     U-Turn for Humanity unfolding the New Feelings Way  
     Universal Gift – Feeling Healing with Divine Love  
     Feeling Healing and Divine Love Discussion Prompts  
     Pascas Care Death & Dying Transition & Assimilation Marjorie

**Also kindly consider reading:**

[www.pascashealth.com](http://www.pascashealth.com)

then proceed to Library Download :

Pascas Care Letters – Root Cause now to Pathway Forward

Pascas Care Letters – Root Cause now to Pathway Forward (short)

Pascas Care Letters – Funding for Change Over

Pascas Care Letters – Family Shelters Abuse & Remedial

Pascas Care Letters – Family Shelters Social Housing

Pascas Care Letters – Family Shelters Overview

Pascas Care Letters – Family Shelters towards Liberation

Pascas Care Letters – Back to Basics

Pascas Care Letters – Change

Pascas Care Letters – Dr Hawkins validates Feeling Healing

Pascas Care Letters – Education through Feelings

Pascas Care Letters – Finaliters our Destiny

Pascas Care Letters – Glass Ceiling Barrier Removal

Pascas Care Letters – Humanity is Addicted to Untruth

Pascas Care Letters – Journey of Earth's Humanity

Pascas Care Letters – Life is a Highway

Pascas Care Letters – Live True to How You Truly Are

Pascas Care Letters – Moving out of Healing

Pascas Care Letters – My Customs Heritage and Nationality

Pascas Care Letters – One Soul Two Personalities

Pascas Care Letters – Psychology and Feeling Healing

Pascas Care Letters – Spirit Evolution and Environmental Changes

Pascas Care Letters – There is only One Way to Heal One's Self

Pascas Care Letters – Transition & Assimilation following Death

Pascas Care – Death & Dying Transition & Assimilation Marjorie

Pascas Care – Kinesiology Testing

Pascas Care Centre – Pacific Basin Nations

Pascas WorldCare – ASEAN and Pacific Island Nations

Or simply allow your feelings to draw Pascas Papers to your attention!

Important recommended reading is:

by James Moncrief

### **The Rejected Ones – the Feminine Aspect of God**

<http://divinelovesp.weebly.com/my-free-books-and-free-padgett-messages.html> ALSO at

<https://www.pascashealth.com/index.php/library.html?file=files/opensauce/Downloads/MEDICAL%20-%20SPIRITUAL%20REFERENCES/Rejected%20Ones%20via%20James%20Moncrief.pdf>

<http://www.pascashealth.com/index.php/library.html>

## **Library Download – Pascas Papers**

All papers may be freely shared. The fortnightly mailouts are free to all, to be added into the mailout list, kindly provide your email address. [info@pascashealth.com](mailto:info@pascashealth.com)

# EINSTEIN'S THEORY of INSANITY



DOING THE SAME THING  
OVER and OVER and  
EXPECTING DIFFERENT  
RESULTS.

NO PROBLEM CAN BE SOLVED  
FROM THE SAME LEVEL OF  
CONSCIOUSNESS THAT CREATED  
IT.  
-ALBERT EINSTEIN

*It's all about*  
**Experiences**  
&  
**FEELINGS**

**John the  
Typist**



**BE FEELINGS  
EXPRESSIVE!**