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ETHERIC SPIRIT BODY

All health sciences and practices continue to suppress the symptoms and not address the causes. The health industry is unable to identify the cause and is unable to assist the community that it serves with any guidelines and practices that a person may engage in to self-heal – yet we all can! Health scientists cannot, presently, ‘see’ the etheric body that is the template of our physical body and is the carrier of spirit light that creates our physical body. Consequently, health sciences deny the very existence of our spirit body which goes on living following the death of our physical body.

It all takes place in what is presently unseeable

This is nature, everything within our environment, is focused to bring attention to everyone that we are all to embrace the Great U-Turn. We are all to live Feelings First and have our minds follow to bring about our personal healing of our Rebellion and Default. Disruption to our ways of old will continue for decades bringing everyone to consider and seek out a better way.

Healing the Planetary Default

The Evil Spirits that imposed the Rebellion upon all of us ensured that we use our minds to maintain dominance over and suppression of our feelings. And as we are to spiritually grow in truth through our feelings, to deny our feelings means we deny our spiritual growth of truth – and our Heavenly Parents.

The Default, we’ve also all been subjected to, has caused untold problems in our ability to have relationships. We have relationships through our minds and not through our feelings, thereby causing ourselves much confusion; whereas had we been un-interfered with by the high level rebelling Spirits, we’d use our feelings to establish the truth that we would live in our relationships, thereby making them more harmonious and loving.

Our Spiritual Healing focuses heavily on healing the negative self-denying and self-defeating effects of the Default we’re all suffering from. Through our ongoing feeling acceptance we circumvent and eventually cease our mind control over our feelings, allowing ourselves to sort out all the problems in our relationships, including coming to see the truth of our self-expression problems that cause such problems.

As we heal the Default within us, so too do we end the Rebellion. By the time we’ve finished our Spiritual Healing and are living a Celestial level of Truth, we’re finally free of the Rebellion and Default. This being the only way we can truly Set Ourselves Free.



All our problems, pain and suffering stem from the underlying impact of the Rebellion and Default which has been passed on to each of us through the generations. The only way of ending it within each of us is to find the truth of it all, which comes through our feelings as we do our Spiritual Healing.

Conclusion

As we complete our spiritual healing, illness is no longer part of our lives. We are to heal ourselves of our childhood suppression and repression. All aspects of fear in our lives dissolve through completion of our Spiritual Healing. The pathway of Spiritual Healing can be long, involved, very testing and at times a difficult journey, as it has been imbedded into our being for some 200,000 years, however it is the pathway that we will all eventually undertake. To bring about the end of the pain that we each live in, then the commencement of our Spiritual Healing needs to be sooner rather than later.

Health of our Children

POTENTIAL to BENEFIT your CHILD through your own FEELING HEALING:

This steps down each seven years as the child matures



From conception to
age 6 or 7

From 8 to age 14

From 15 to age 21

From 22 to age 28

As we heal, we directly heal our children similarly.

The Indwelling Spirit arrival for the child around age 6 or 7 starts their independence.

Through undertaking our personal Feeling Healing, as long and as difficult it will be, we are directly benefiting our children's quality of life on all levels.

Live true to your feelings, and you ARE living true, not only to your own soul, but also true to God's soul. So doing your Healing by honouring all your feelings, IS living the will of God. And being fully Healed, IS living even more truly the Will of your Mother and Father.

Striving to Living Feelings First

Brian Iverach, Graham Golding, Jim Baker and John Doel

Pascas Foundation (Aust) Limited

CHANGES in HEALTH CARE PROFICIENCY

Worldwide it is recognised that the annual flu epidemic will consist of new and differing strains of viruses. Why do these variations arise? Why do the new strains appear to be more difficult to manage each year? Why is there a continual incremental risk to life with each new strain?

Worldwide it is recognised that antibiotics are becoming ineffective. Why are even new more capable forms of antibiotics not able to manage the bacteria and viruses that are evolving? Why are viruses and bacteria evolving in the first place?

Worldwide we have the mantra that should a new drug be developed, until that drug has gone through double-blind clinical trials successfully then it is not to be made available. Should the double-blind clinical trials be successful for around 60% of volunteer patients, then it is considered for public release. But then, why has it failed with 40%? Why do some benefit and others don't when they are all in the same health predicament?

And why do 'sugar pills' work when prescribed by the doctor?

We see new forms of illness arise, why is this so? We also are seeing that vaccinations are not as effective as they appeared to be some years ago, why is this so? The fact is that humanity presently cannot eradicate any form of illness no matter what our scientists discover, why is this so?

When a pandemic hits a community, why do some people never succumb to the virus or health issue while others contract the disease and many die? Why isn't everyone impacted equally?

This is the major difference with a Pascas Care Centre. In addition to providing a holistic allopathic and complementary health care service, we are to address the question of what is the cause of one's discomfort, pain and illness. Further, we are to address the question of why have treatments previously embraced not been successful in bringing about health to the body?

The answer to all these questions above is now understood. The answer to all the above questions are addressed throughout the 600 Pascas Papers that are free to all and can be downloaded from the Library Download page at www.pascahealth.com.

As an adjunct to a Pascas Care Centre are Pascas University and Chaldi College. Within the ambit of these educational units, we are to deliver the answers and options in managing the situations resulting from these predicaments and many more.

The Pascas Café is an adjunct to a Pascas Care Centre in that it is to assist with one's review of one's eating and drinking patterns. Yes, Fresh is Best, however it is not our food that brings about health, even though fresh food does assist. Through the three major elements of a Pascas Care Centre, a way of living can become known for each and every person who may wish to open themselves to the possibilities that will lead to a more vibrant and stimulating life and that is by embracing a 'Feelings First' way of living and Feeling Healing – with Divine Love, then soul healing.

Further, 'evidence based best practice' dictates that genes remain fixed throughout one's life. This is not so, the format of one's genes is a direct result of one's held emotions and belief patterns. Should one release negative emotions then one's disrupted genes will come back into harmony.



[Pascas Care Emotions determine Genes.pdf](#)

ETHERIC SPIRIT BODY

Etheric; the state between energy and matter.

It is via the spirit etheric body that emotional issues and viruses emerge in the physical body as illness. Spirit light can become disrupted.

Generally speaking, groups and types of emotional injuries impede the natural flow of energies through the etheric body which is the template for the physical body, thus setting up the conditions for discomfort, pain and illness to slowly emerge within and throughout areas of the physical body that have energy frequencies that are 'attractive' for the emotional pain to manifest in the physical.

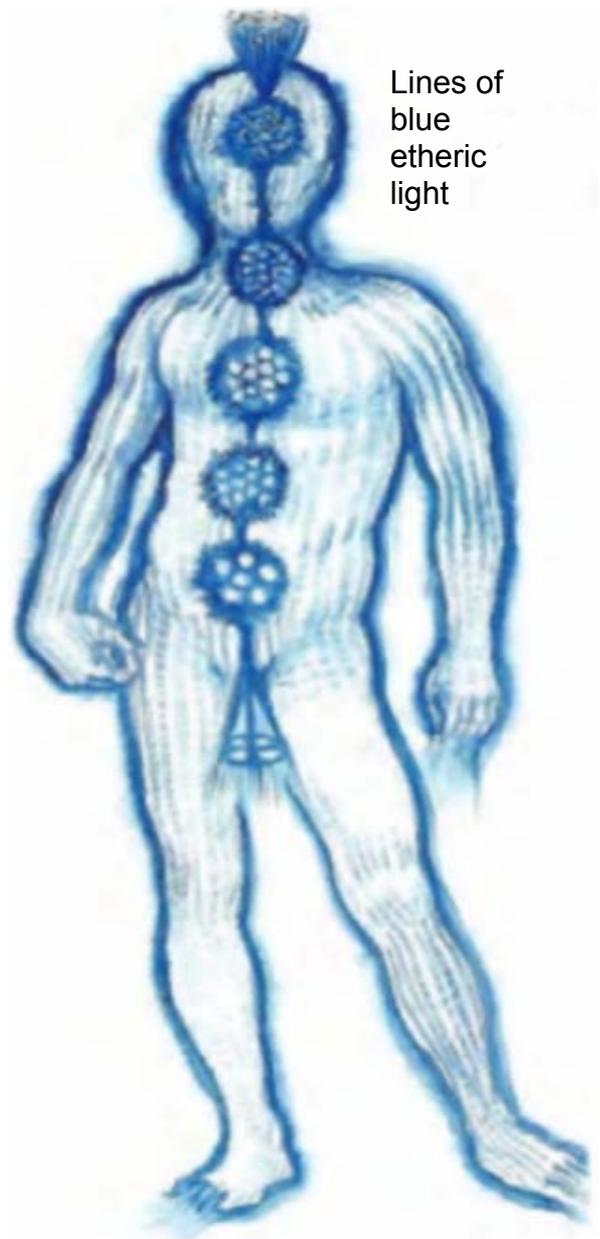
Our soul is amazing in its ability to experience and give love, wisdom, compassion and care – should we open ourselves to our soul based feelings and allow ourselves to be guided by them – this truth and love is within us all and it is through our soul that we discover it.

But what happens when the loving connection we have with someone is broken? When the one we feel the most passion for and connection with has harmed us, frequently by them imposing their will upon us, or leave our life. This brings us only feelings of sadness, disappointment, sorrow and fear, sometimes seemingly beyond our human ability to tolerate. These feelings of despair and grief go straight into our energy body (our spirit body) and cause distortions, disturbances and blockages throughout our energy field (visible to some through our etheric body, the template of our physical body). This leaves us with a feeling of being off balance and unable to heal ourselves. These feelings of hurt, pain and fear can cause severe damage to our Etheric body and energy pattern. They leave us feeling completely disconnected from our true selves and the love, joy and care in our lives and ourselves.

Ask yourself this question: Who hurt me when I was a very young child – when I was in my early forming years – who hurt me? What do you feel?

The energy pattern we have stores the information about our life just as DNA does.

The Etheric Body underlies our physical body, giving it shape and form. It is the bridge between our inner world and physical world. It is the energy pattern, frame or web of every cell, organ, muscle, limb and bone of its counterpart in the physical. When we shed our physical body upon its death, we continue on in our spirit body with exactly the same appearance. When as a spirit, should we pinch



The etheric body

Barbara-Ann Brennan Hands of Light Chapter 7 (Bantam US, 1987).

ourselves with our spirit body fingers, we will feel exactly as we did when in the physical – same tension and feeling.

When we feel emotions like trust, love, peace and joy our alignment with our Etheric body increases. These emotions vibrate at high frequencies and cause our energy to flow freely through our body and chakras. They are associated with healthy tissue, strong immunity and most importantly a strong feeling of happiness and love within. This is akin to living in truth – through our soul based feelings which are always in truth – and truth is love!

Negative emotions that we sometimes feel with the loss of a relationship pull us out of alignment, breaking, weakening and causing stagnant energy blockages in our Etheric body. Such emotions vibrate at an extremely low frequency and are associated with fatigue, depression, anxiety and low self-esteem. This is akin to living mind centric – being living captive to our mind’s controlling addictions, our mind’s addiction to untruth, and its incapacity to discern truth from falseness.

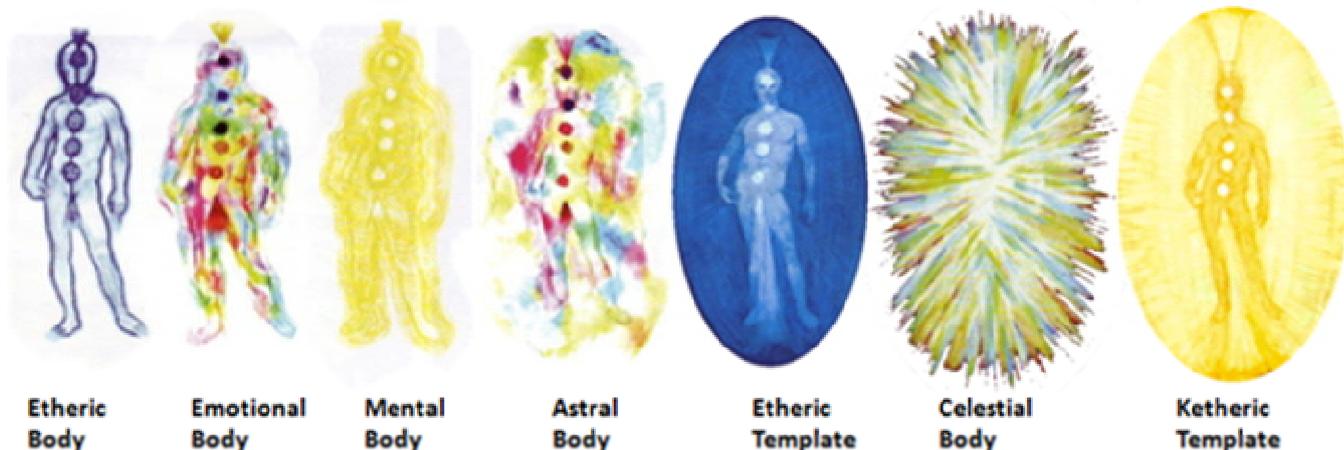
Our energy field is so responsive to our thoughts (mind) and feelings (soul) it is no wonder we feel like a train wreck after the loss of self-esteem or truth in any experience. Some of the greatest wounds we deal with come from being hurt by someone we love, which feels like a huge dark hole in our hearts. It is this deep level of pain that causes many people to lapse into ill health, emotional turmoil and dis-ease.

We are to express our feelings, both good and bad, at all times, and to long for the truth of them.

Many mind centric modalities provide temporary relief only to delude us for a short time. There are many of these modalities, such as Reiki, Energy Healing, EFT (Emotional Freedom Techniques) and Chiron Healing techniques as well as flower essences and crystal gem essence which help to restore the vibration of our Etheric body – temporarily – but only the soul heals.

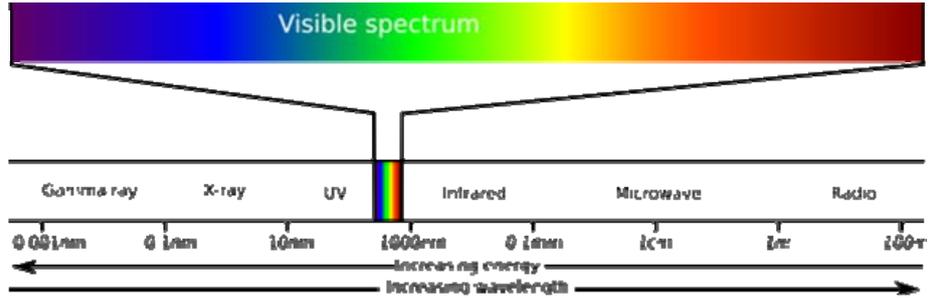
To liberate one’s real self, one’s will, driven by one’s soul, moves one to embrace Feeling Healing, so as to clear emotional injuries and errors. With the Divine Love, then one is also Soul Healing. We are to feel our feelings, identify what they are, accept and fully acknowledge that we’re feeling them, express them fully, all whilst longing for the truth they are to show us.

SPRIT BODY Brennan Model of the 7 Levels of the Human Energy Field



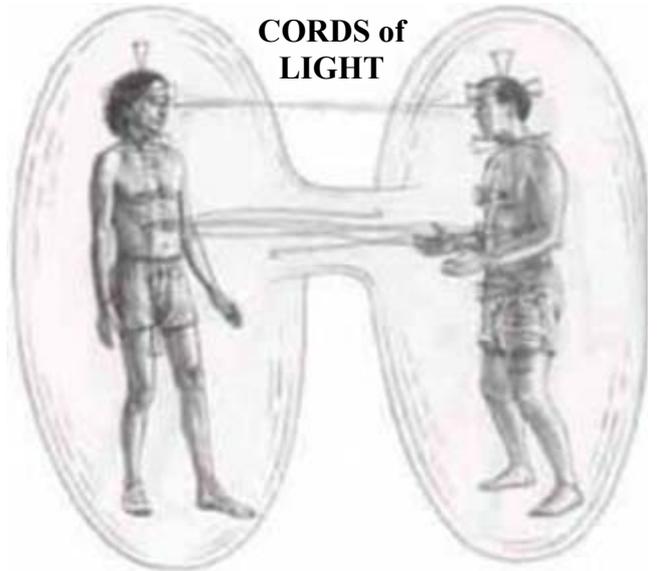
VIRUS MESSENGER:

Viruses don't exist by themselves in the environment, they need to be in the host cell. Presence of a virus all depends on the need for a body to have the virus 'active' and to what degree.



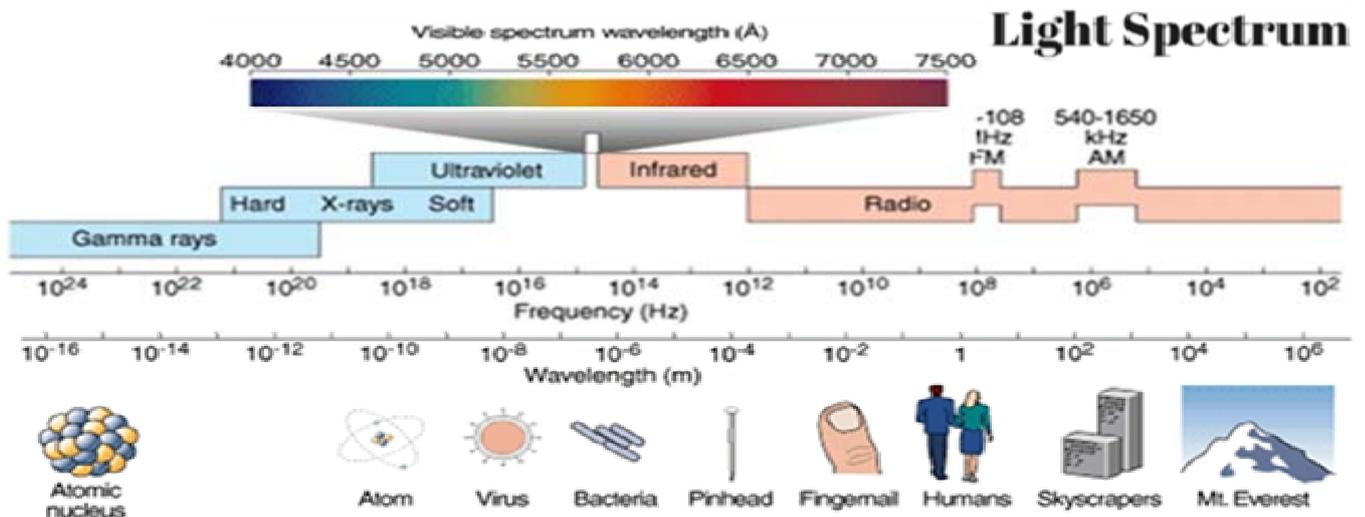
If we all Heal ourselves being of true and perfect Natural love, then by living in harmony with nature, which we would naturally be doing, such horrendous diseases would not afflict us, because we'd not need them to show us our disharmony with nature.

If your soul needs the experiences of the virus you will 'catch' it. Nature Spirits and Angels can alter the light configuration in a cell so as to simulate the cell being invaded by the virus with the cell then replicating it and so spreading it throughout your body to the degree you need it.



A virus, or any other 'bug' will invade us naturally or with Nature Spirits and Angels help, should we need it to give us the experiences we need. **You can catch a virus but it's not in the same way that you catch bacteria, mould or parasitic infections.** It is actually caught through the etheric levels of person to person interaction. So the light of the virus is expressed on the subtle etheric level, that connects you all, only connecting you all in different ways, depending on how you interact with each other, which is dependent on what your soul needs with each other. Then having received the light of that virus on the etheric level, so your body can 'activate it' or your nature spirits or angels can. **Viruses are more of the spirit really, which is why they are so elusive.**

So certain people can be 'carriers' for a virus, other people can be 'incubators' for it (you can be both) whereby they receive the virus, and even though it doesn't make them sick, they become a physical factory to produce mutations of it, which all go into their etheric make up, which can then be transmitted **light-to-light** to people they come in contact with.



A BIT MORE VIRUSY STUFF

Friday, 24 April 2020

James: Hello my dear Verna, I keep feeling like writing more about the virus stuff with you. I've not read what you said before and I have only a vague memory as these days my mind is reflecting my dysfunction too much and I can't remember anything, so please excuse me being slack.

Verna, a Nature Spirit: I understand my dear boy, and I will certainly repeat myself ENDLESSLY for you if that's what you require. So do you want to ask me questions or shall I just launch into it knowing what's been playing on your mind?

James: Please, go ahead.

Verna, a Nature Spirit: Well, a little recap. You read that the whole thing about viruses is that they might be man-made, all because of the vaccines, or that they do exist in nature (which they do), but don't affect mankind unless you are pumped full of a vaccine, then leaving yourself open to it or to initiating the actual infection.

So, as viruses are real, they are coming and going all the time in nature, countless numbers of them and they are continually mutating, some for a short time, moments, others for longer duration: days, weeks, months, years, tens of years, hundreds and thousands, some even survive the Reversals and so have been with mankind and in nature for millions of years. However, only a minuscule number of them affect humanity. Still, your so-called scientists are increasing those odds by tinkering with their genetic structure and other parts of them, which they are now starting to pay the price for by 'releasing' Covid-19 and 'unnatural' viruses into the environment which will continue to 'plague' you for years to come – until they are purged during the next Reversal. This Covid-19 will go and come again and go and come, just like the ordinary flu, so you should thank those people for screwing up things a little more for you.

And as you can see, it is tailored to affect everyone in a unique way, some people far worse than others, as are all viruses, as I told you, as they are 'incubated' in 'carriers' who then send them off through the etheric levels to become 'active' in the desired recipient.

And then you were wondering again about how physical transfer might take place. And so I shall further enlighten you my dear boy.

You see, first of all there needs to be the etheric part in place so the angels of the recipient can 'activate' it. Your angels can just activate it 'out of thin air' if you like, meaning there doesn't need to be a physical part of the 'catching it'. You can just wake up in the morning having not been anywhere near anyone who has caught it, and you have it. But mostly it does involve a vector in the physical, so a means of getting from one person to the other, and that happens through body fluids, hugging, kissing, sex, spit, breath, sneeze, blood, all that sort of thing depending on the individual virus. So you can do all those things 'on' or with another person, or you can sneeze on something and someone else touches your wet sneeze cells provided they haven't been exposed to the UV radiation of the sun or any other radiation that would kill the cell and virus contained in that droplet of sneeze or breath or whatever, thereby transferring it to yourself. But the virus needs the physical cell, it can't exist by itself, so once that cell is dead and dried up or 'burnt' by the radiation, so too will the virus 'die'.

But still you need the right person to have sneezed on whatever it is you are going to touch to revive the virus, which then once you've picked up their sneeze drops, it needs to be transferred to your mouth, eyes, nose, basically the moist areas of your face so it can keep it existing in the moisture and find a new host cell. And it has to be the right amount of moisture, the right humidity, the right temperature, and so

on, lots of specific conditions providing the right receptive environment. And so once you've 'picked it up' which you are doing all day long, picking up viruses, bacteria, parasites at times, in the air, on dust and everything else you touch and rub on your face or lick or pick your nose, bite your nails, lick your lips, etc., then if it's to be activated by your angels so it will be, you having already picked up the etheric component.

So mostly it could work like this, a child makes it specifically for you, then that specific etheric part is transferred into the child's etheric system. Then the child might kiss, sneeze, spit or wipe its wet snotty hand on something you touch and you take up the physical component while you receive the etheric part at the same time.

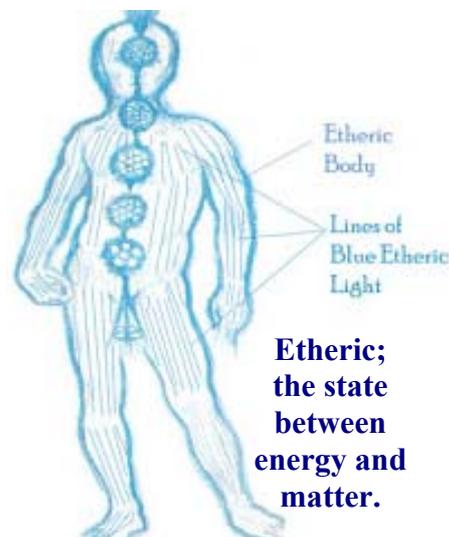
But it's all different how all these parts go together or each virus. Air borne viruses like the flu you can pick up in the air at anytime from a nearby person with the cords (of light) transferring the relevant etheric 'information' at the time, like what happened with you and that lady on the walk. The breath of that lady you picked up as the cords transferred the etheric part, then your angels activated it during the night in conjunction with a dream you had.

However, it was only a very minor part of the physical you took up, with most of it coming through the etheric. And it was only a very mild cold virus, so your system in conjunction with your angels adjusting your etheric system dealt with it, no longer making you 'sick' with it.

The Covid-19 under certain circumstances is airborne, and your indoor artificial environments of controlled temperature and humidity, sitting in cars, are good environments for transformation, whereas outside it becomes more hit and miss. Although of course there is no miss about it if it's what you need, as the angels will set it up so you are in the right place with the right amount of breeze blowing or whatever you need for the physical transformation to take place.

And it varies with the virus as to how much physical involvement is needed, and then also within the virus as to what you require and it being specifically tailored for you. So you can see there are endless unique variables and possibilities which makes it damn hard to pin down what is actually happening and how to combat it. Your lockdown and social distancing does seem to be working, only it prevents you from building natural immunity, but if you do keep away from each other more, then there is less opportunity for transference, and unless the angels need you to have that specific virus, then it won't affect as many people as it would if it was free to spread more naturally.

Really, the Covid-19 is no big deal, just an added flu pressure, and not the terrifying 'new disease' and pandemic that it was said to be. And so because of that, it's not necessary from our side to spread it, it being just another part of the virus bio-mass circulating the world at any given time, with most people becoming immune to it quickly, yet with a few people catching it and using it as a good opportunity to die from because they are well past their 'life by date'. You keep too many people alive for too long, a lot more of you would naturally die a lot sooner if you left death up to nature and stopped trying to be god stepping in and taking over where you think you know best. And you've got to die. So as you are reading James, whilst a few people are taking the opportunity to beat the medical practices and die from Covid-19, other people are dying by not going to hospital when they would have because of their fear of catching the virus. But you've got to die, and we will comply with whatever your soul needs.



The thing is with the viruses they are all controlled by a vibration, you could control all disease artificially by understanding certain light harmonics. However were you to understand how to administer them, then we'd start altering those frequencies, so you can't beat us.

Light Harmonics

But everything that's alive exists to a certain life-frequency-of-light, and its spirit light, or what is sometimes called universal light. It's unseen, and none of your light observing and measuring systems on Earth can as yet detect it, but we can, we are it, we're in it, of it, vibrating ourselves with it, pulsing with the spirit light, just as is also your whole being, including your physical. And if you could analyse your field of spirit light vibration, you'd see it was different for each person and yet it also complies with common overall vibrations or frequencies, and so it's the same for all the different aspects of nature. So when your vibration meets the virus' vibration, there needs to be a common oscillation, and once the two systems resonate in time with each other, then the virus can 'engage' and become part of your vibration. And it's this light within your aura your angels adjust so as to affect your vibration by slightly altering if need be to 'accept' the virus' vibration, or light.

So it's all done with spirit light, that's what I call the etheric part. And the physical is just one level of that spirit light manifestation, so the whole lot of yourself is in sync with everything else.

Anyway, basically, you'll 'catch' whatever you will, based on the needs of your soul, the experiences you need, and so the feelings it is to make you feel. So it doesn't matter if everyone is sick from a disease, unless you need it too, you won't be affected. And because the diseases like viruses can be seasonal so people's soul needs factor in this and you get sick at 'that time of the year'.

James: Okay, so you've filled my mind up again, I don't know if it all goes together and sits well with what you've previously told me, but that's enough again, I need to go and stuff myself with the vibration of almond chocolate.

Verna: Of course you do James. It's not nice talking about viruses, so you've got to make yourself feel better. I'll speak to you next time you call. Bye now – Verna the All Wise One. Did I hear you cough a few times James, you must be coming down with it! Or were you coughing about my calling myself that (for those of you who didn't get it!! Ha, ha!!)

James: I'm glad you tell me how funny you are Verna as it would go over my head.

Verna: Even though you are so tall!!! Later...
(James is six feet eight inches tall – 203 centimetres.)



VIRUS PATHWAY

A virus emerges and medical science gives it a name. Viruses are introduced by nature spirits under instructions from angels. Man can weaponise a virus, however, nature spirits then control its pathway and destiny.

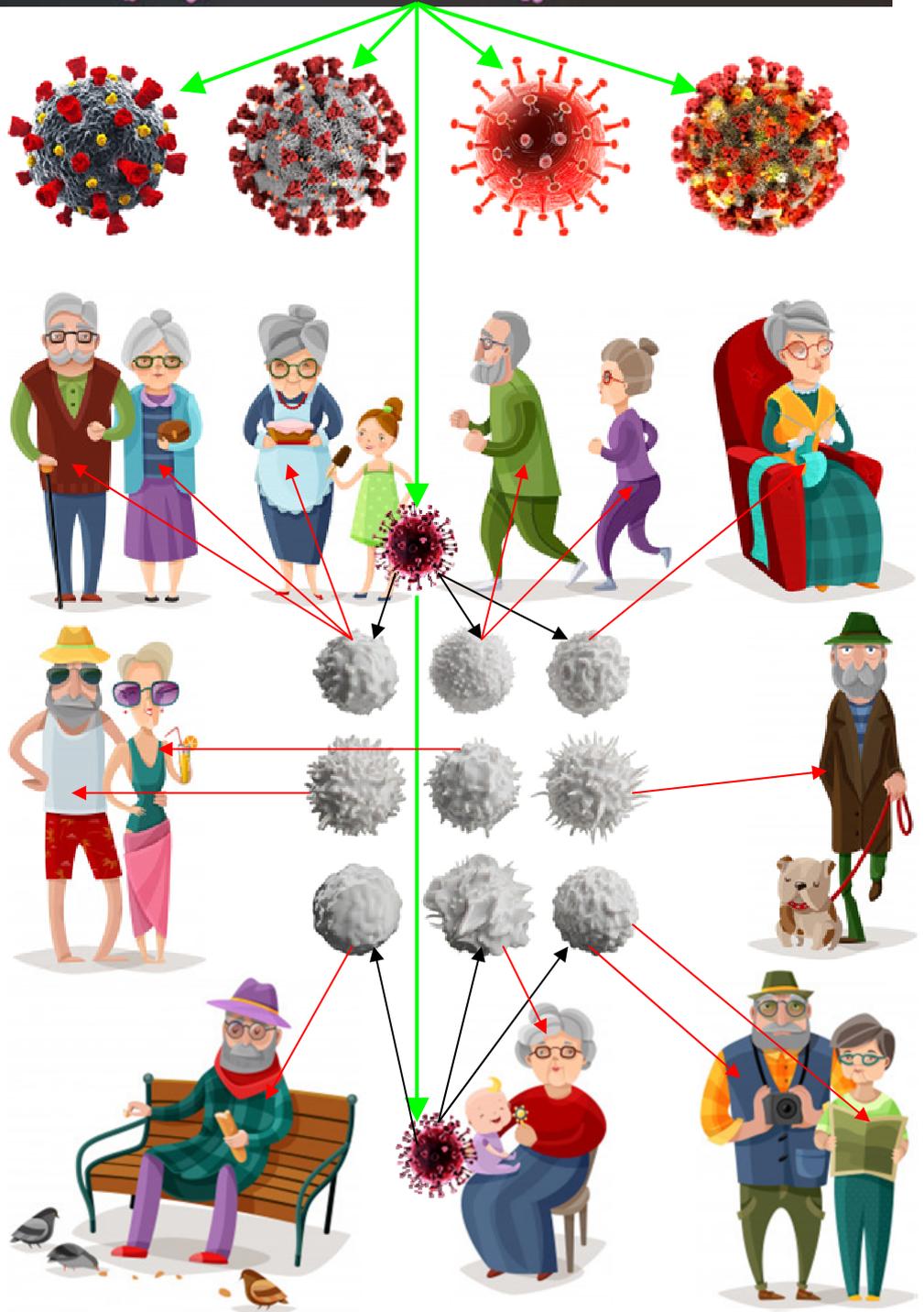
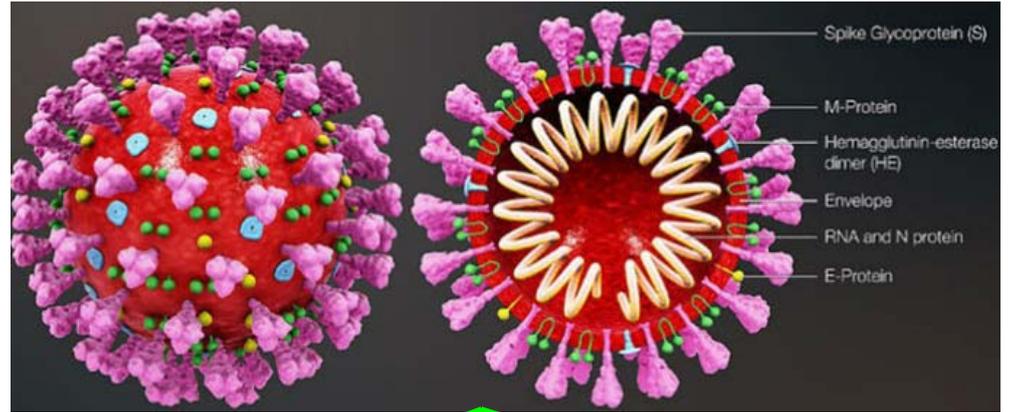
The virus mutates in a manner that scientists can reclassify its developments.

However, every human experience is through a subsequent mutation specifically created to provide the required experience for each individual.

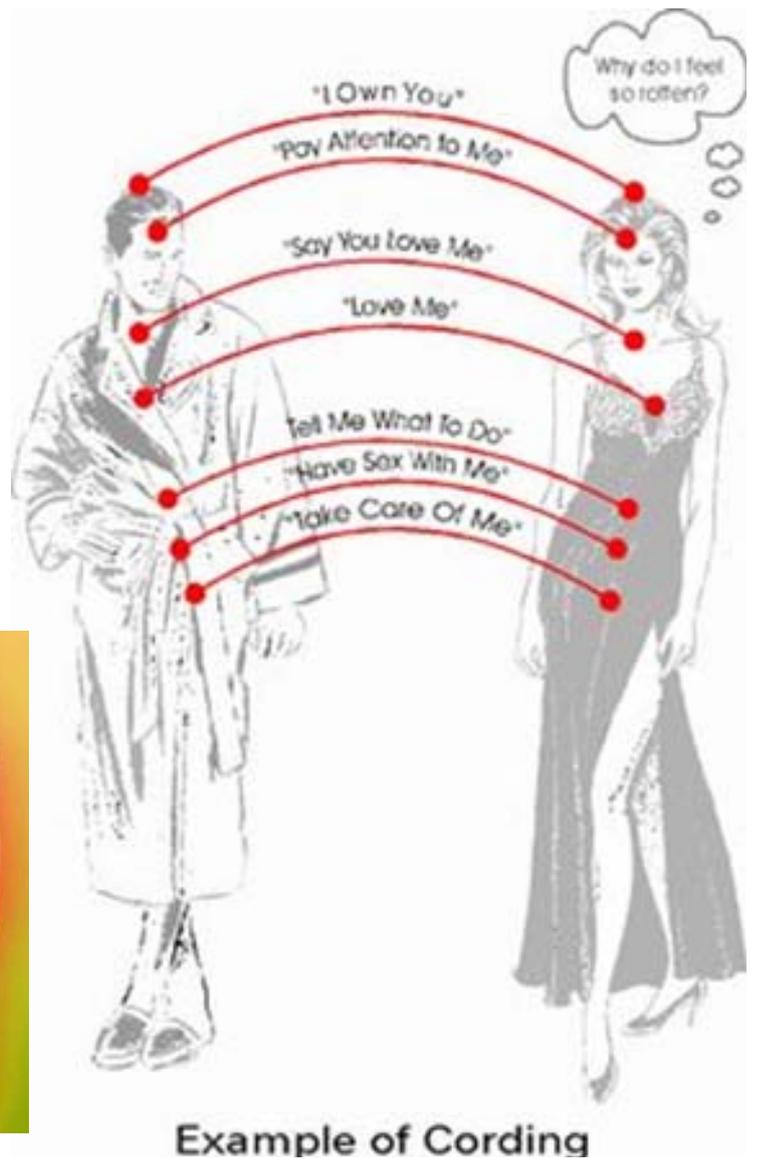
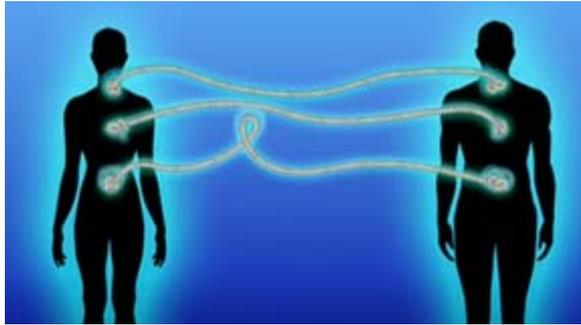
These personalised mutations are not visible to scientists and they are unaware of this facet of a virus. Nor are scientists aware that transmission involves the etheric body of the individual.

Every personal experience involves a person specific virus and this results in everyone's experience being unique from everyone else.

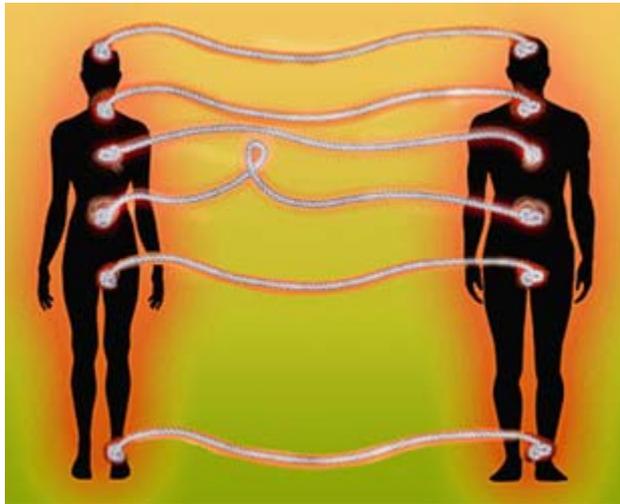
You experience what your soul requires for you to experience.



CORDS of LIGHT between PEOPLE

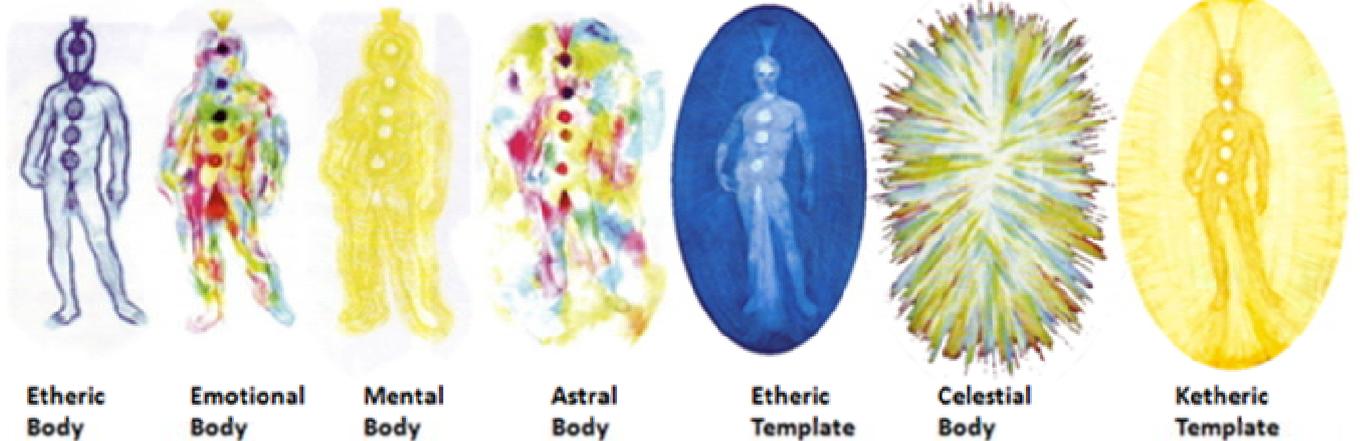


Example of Cording



SPIRIT BODY

Brennan Model of the 7 Levels of the Human Energy Field



Etheric Body

Emotional Body

Mental Body

Astral Body

Etheric Template

Celestial Body

Ketheric Template

Genetically-modified babies 'ethically justifiable?', academic claims

<https://www.bbc.com/news/uk-scotland-tayside-central-50460721>

19 November 2019

Creating genetically-modified babies is both ethically justifiable and "highly desirable", according to an Abertay University bioethicist.

Dr Kevin Smith claimed the risks of gene editing were now low enough to justify its use with human embryos.

Dr Smith said an "ethically-sound attempt" could be less than two years away.

Last year, Chinese scientist Prof He Jiankui claimed to have created the first genetically-edited babies. China said he had acted illegally and "in pursuit of fame and fortune".

Scientists edited DNA in human embryos, which had been donated by couples who no longer needed them for IVF, for the first time in the UK in 2017.

Writing in the journal *Bioethics*, Dr Smith said research in this area would offer hope to parents at risk of transmitting serious genetic disease to their future children.

Modern studies show that genetic modification is the only way to deal with multiple disease-associated genes within an embryo.

He said the human germline – cells spanning generations – was "by no means perfect", with evolution providing minimal protection from diseases that tend to strike in later years.

He said: "Genetically Modification (GM) techniques offer the prospect of protecting future people against these and other common disorders. "This has previously been achieved to an extent in GM experiments on animals."

'Ethically-sound'

Dr Smith said the creation of genetically-modified babies was "highly desirable".

He said that if common disorders could be avoided or delayed by genetically modifying humans, the average disease-free lifespan could be "substantially extended".

Dr Smith said that to win public trust, an ethical approach must be at the heart of any advances, as society was "largely opposed" to genetically modifying humans.

He said: "The negative publicity generated by the ethically-problematic first-ever production of GM babies in China last year was strongly criticised by most geneticists and ethicists, further hardening attitudes against the creation of so-called 'designer babies'." The doctor said delaying an ethically-sound move to a world where genetic disease could be reduced, was failing people with debilitating conditions.

He said: "If such negative attitudes to biomedical innovation had prevailed in the 1970s, the development and use of IVF – a massively beneficial medical technology – would have been severely delayed, and indeed might never have come to fruition."

Genetic causes of dementia

One rare form of Alzheimer's disease is passed from generation to generation. This is called Familial Alzheimer's disease (FAD). If a parent has a mutated gene that causes FAD, each child has a 50% chance of inheriting it. The presence of the gene means that the person will eventually develop Alzheimer's disease, usually in their 40s or 50s. This form of Alzheimer's disease affects an extremely small number of people – probably no more than 100 at any given time among the whole population of Australia.

Eugenics is the scientific process of refining a community or population by controlled reproduction to eliminate undesirable traits.

The gene pool is the collection of all human genes. A species that has a larger genetic pool is considered to be more genetically diverse. This composition of genes can change over time as evolution occurs, as well as through the targeted manipulation of it, through eugenics for example.

RNA, which stands for ribonucleic acid, is a complex compound of great importance that serves in the process of cellular protein synthesis and carries certain genetic information. The compound contains ribose nucleotides (nitrogenous bases affixed to a ribose sugar) attached by different bonds. The nitrogenous bases that RNA has are adenine, guanine, cytosine, and uracil.

DNA, which stands for deoxyribonucleic acid, is an organic compound of extremely high importance that is found in all prokaryotic, eukaryotic cells, as well as in most viruses. DNA codes genetic information for the transfer of genetic traits. Its nitrogenous bases include adenine, guanine, cytosine, and thymine.

A hereditary mutation is a gene change that happens in a reproductive cell (an egg or a sperm) and is then included into every cell in the developing body of the organism. These mutations play a major role in several genetic diseases, such as cancer. Hereditary mutations are also known as a germline mutation

Overview of Hereditary Health Issues

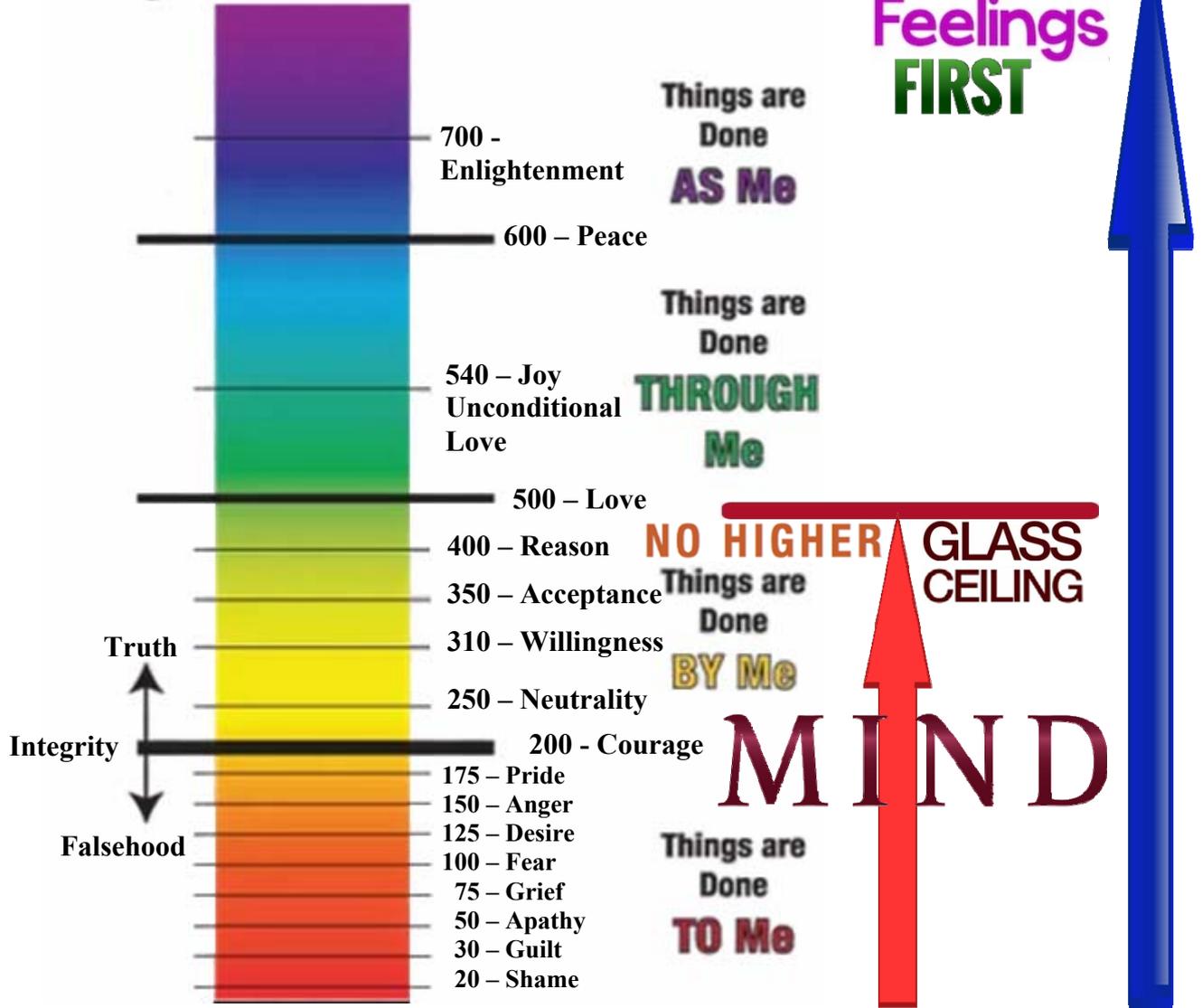
When conception takes place, the newly forming foetus is perfect in every respect. It is through the infusion of the emotional injuries and errors that are held by the parents that impede upon the free flowing life force energies – the spirit light – that is associated with the newly forming foetus.

Applying Dr David R Hawkins' Map of Consciousness and through kinesiology muscle testing, we can observe the progress, well rapid, decline of the calibration of the consciousness of the newly arriving personality. The scale is based on the common log of 10 and natural love perfection peaks at 1,000 on the Map of Consciousness. By the time is six years old it will typically calibrate at the level of one or the other of its parents. Overall, humanity as a whole calibrates at around 220.

The child is barraged with massive negative energies and injuries continuously through its time in the womb. The deformities that it is born with are of a direct consequence of the emotional injuries that its parents carries. Childhood illnesses are of the consequence of its parents consciousness – emotional injuries. We go through our adult life experiencing physically the injuries of our parents in the forms of illness that reflect their emotional errors.

Science may remedy some of the injuries through gene adjustments only for the injuries to manifest alternative forms of illness. This line of science is a demonstration of humanity's insanity!

Map of Consciousness



<http://www.pascashealth.com/index.php/library.html>

Library Download – Pascas Papers

All papers may be freely shared. The fortnightly mailouts are free to all, to be added into the mailout list, kindly provide your email address. info@pascashealth.com

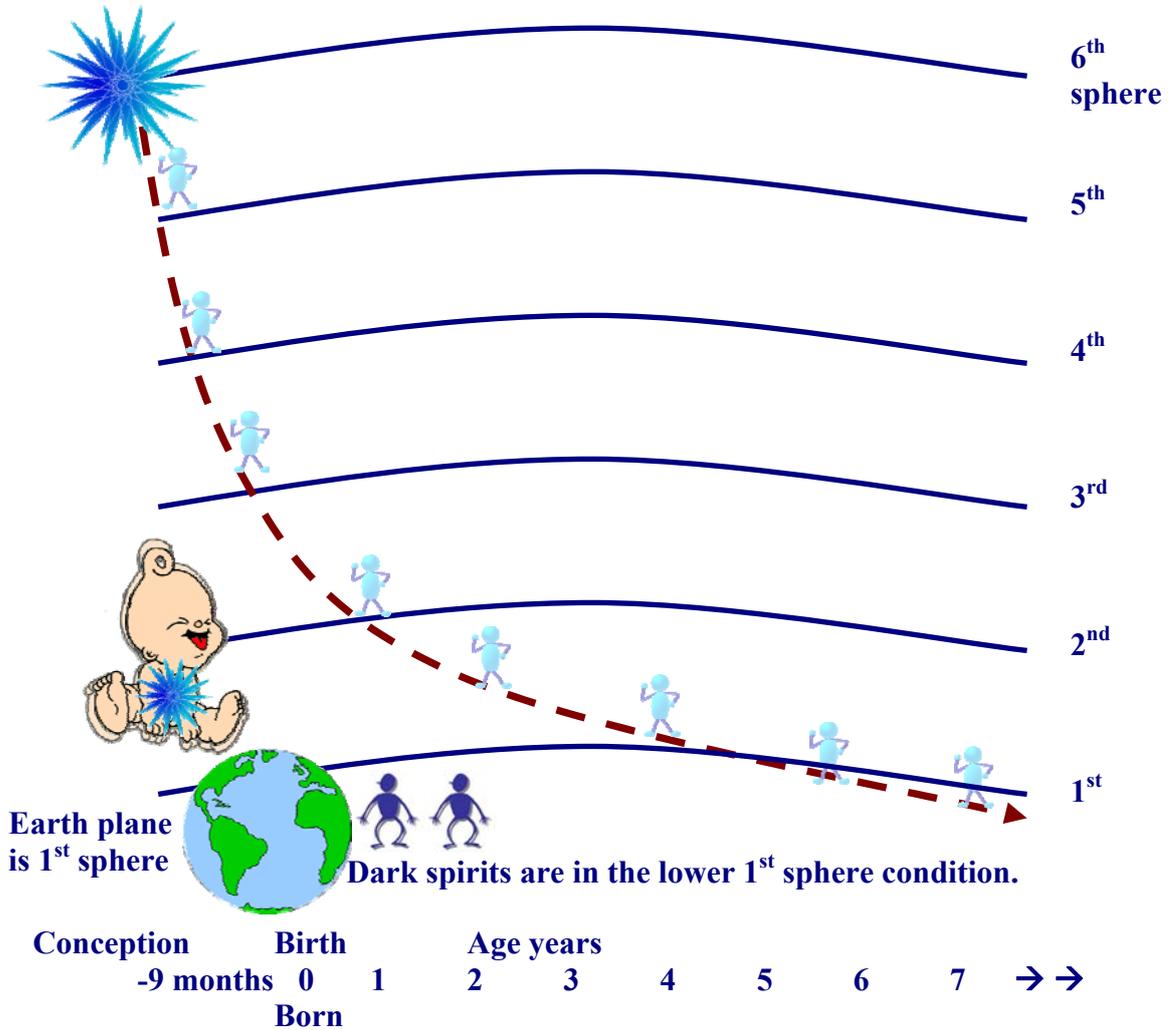
SPIRITS and NEW BABIES:

A newly incarnated soul is immediately being infused with the emotional injuries of those in its environment, that is, the damaging emotions and erroneous beliefs of its mother, its father and of those within its family environment.

This process continues until the child reaches around the age of seven, then it tends to develop its own way from then on, however, closely aligning itself with a parent or both parents.

Poor condition spirits may have previously connected with a young child should the environment be conducive for such a relationship. However, on 22 March 2017, all such spirit connections became blocked. A spirit cannot harm another personality.

We, as parents, can work on our own soul condition, through feeling healing, which in turn benefits the baby. We can also ask dark spirits to seek help from brighter spirits within their environment.



MAP OF CONSCIOUSNESS

Map of Consciousness from Dr David R Hawkins, M.D., Ph.D. "Power vs Force".

Level	Log
ENLIGHTENMENT	700-1000
PEACE	600
JOY	540
LOVE	500
REASON	400
ACCEPTANCE	350
WILLINGNESS	310
NEUTRALITY	250
COURAGE	200
PRIDE	175
ANGER	150
DESIRE	125
FEAR	100
GRIEF	75
APATHY	50
GUILT	30
SHAME	20

PERSONALITY TRAITS:

Less than two dozen people on planet Earth.

Would not pick up a weapon let alone use it. These people gravitate to the health industry and humanitarian programs.

Debate and implement resolutions without argument and delay. 470

Debate and implement resolutions in due course. 440

Debate and implement resolutions with some degree of follow up generally needed. 410

Management supervision is generally necessary.

Politics become the hope for man's salvation.

Cause no harm to others starts to emerge. Power overrides force.

Illness is developed by those man erroneous emotions that calibrate 200 and lower.

Armies around the world function on pride. Force is now dominant, not power.

Harm of others prevails, self-interest prevails.

Totally self-reliant, not God reliant.

Fear dominates all motivation.

Suicide is possible and probable.

At these levels, seriously harming others for even trivial events appears to be justifiable.

Poverty, unemployment, illness, etc., this is living hell on Earth.

PARENTING:

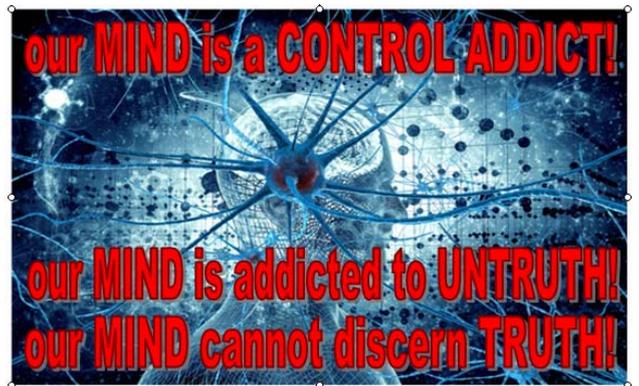
Tuesday, 16 October 2018

I, James, want to write a few points about parenting having read a few pages of *Parenting is Forever* by an Australian paediatrician – Elizabeth Green, a book I saw at the library.

The hard truth is: if you parent whilst being of the Rebellion and Default, then you will be severely damaging your children. It's what we fail to understand; and we've been doing it for a very long time.

The whole notion of one can be a 'good' parent or a 'bad' parent needs to be thrown out the window. When you understand we're all living in a state of truth-denial; that we are denying the truth of ourselves, nature and God; that we are living against ourselves, nature and God; that everything we do is wrong and within the Rebellion and Default, then everything one might do as parent will be wrong too.

Until you begin your Healing, everything you do with your children will be stuffing them up. It can't be helped. And you won't know how you are stuffing them up until you do your Healing. You can't see the full extent of what you are doing to them either positively or negatively as you are parenting them – unless you are doing your Healing. And you can't work out how to stuff them up less, as it doesn't work that way. They will come to know how stuffed up they are – what a 'good job' their parents did on them – when they do their Healing.



We have to do our Healing so as to see the truth of our relationship with our parents. And until we see it, we'll remain forever more bound up in our Wrongness. And the idea that we can learn how to parent, learn how to be better parents, use our mind to parent children, is wrong, too. We can use our mind to learn whatever we want, but as that too is being done in rebellion against the truth of our true self, so it's only going to negatively effect your child.

A parent might be able to parent its child to fit better into life, living a more morally acceptable, respectful and loving life, however it's all still learnt, so it's a contrivance based on current acceptable pretence and falseness – it's all untrue and a fantasy.

Parenting happens on multiple levels most of which the parents are unaware, and all starting at conception. At conception, it's all already done, it's a done deal – pregnancy, childhood, adulthood is just the outworking of it. So all our negative patterns are conceived at conception (incarnation), with the only way to change those denial, rebellious, anti truth and anti love patterns being to do your Healing by seeking the truth of your feelings. And once your Healing is complete, then you will be living wholly positive, true and loving parents.

The truth you are living is 'organically' imparted 'absorbed' by your child all the way along, and right up until you have completed your Healing when technically you are no longer the parent of your child, having given it up completely to God, it being wholly God's child. By the time we're all of a Celestial truth we are then truly children of our Heavenly Mother and Heavenly Father without any further parent / child connection on any level other than in our memories. When you have completed your Healing, then you will be totally free of your parents. Until then, even though they might not be personally present and active in your life, still you are living out the patterns that resulted from being with them, even if that was only for a moment. With those patterns all being 'broken' and transformed into leaving your physical parents for your true Soul Parents as you progress through your Healing.

Your child becomes the truth that you are. If you are living against truth, so untrue, so it will follow suit becoming untrue. The intrinsic child being an expression of its soul, is true and perfect, however we become untrue and imperfect being incarnated onto a Rebellious world. Your child can't be anything other than how you are – it is 'your' child. All the factors such as DNA and inheritance contribute to how your child is, and on all levels, not just the physical, it all being long lines of generational denial being passed onto your child. And this then works with the whole environment the child is subjected to, which includes all of nature, all what happens in one's life, and all that's happening on unseen levels from spirit, all what's going on emotionally, mentally and psychically – the relationship between them both, it all going into and working to reflect the desired outcome the child is to be in every moment of its life, all of which is ultimately underpinned and fully orchestrated by the soul.

Your soul is expressing you in Creation. It has encoded within it, all that you are to ever be. God has put it already all within your soul, and your soul is 'unfolding' through light, expressing that pattern which governs every aspect of your being. So why that genetic trait is activated by those environmental conditions is all overseen and orchestrated by the soul. Nothing is random, there is no bad luck that your child suffered this problem, and it is more than because you smoked and drank during pregnancy you somehow damaged your child. All of you is damaging your child all the time, even if you feel a great love for it and it for you.

Until you've fully Healed yourself, it is all damaging, fantasy, untrue and unloving. Every second your child is with you, you are negatively affecting it (unless you are doing or have done your Healing). And even when it's not with you, you are still connected by unseen psychic cords on all levels of the mind, emotions and spiritually, so are still affecting each other. And those effects compound and become very intricate, complex and intensely psychologically involved.

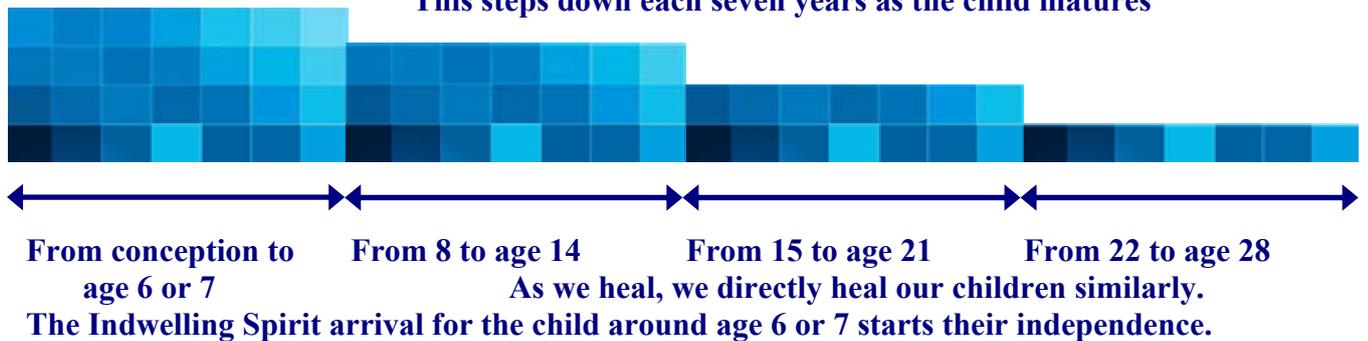
And if your child is retarded, a genius, or just 'normal' and 'ordinary', that's exactly what God wants, it's how God made its soul to express itself, so it's perfect. You are the child of God that you are, even in all your wrongness. And even **Perfectly Imperfect** though you might hate how you are, you don't have to stay in that state, being able to heal yourself as you do your Healing. And when your Healing is finished, you'll truly love the whole unloving state that you were, seeing that it was all absolutely perfect how evil, uncaring and unloving you were, it all being what you needed to bring you to this point of perfection you are now living in your Celestial level of truth.

If you parent your child without doing your Healing (irrespective of being a good or bad parent and whatever you do and learn to try and help your child), then you are simply passing on the next level of wrongness in your long family line of being untrue. If you parent your child whilst you are doing your Healing, then every part you heal within yourself you'll no longer be passing onto your child, with your child potentially adjusting to the 'new you' which can happen up until the child reaches its first Saturn Return (astrologically speaking) around 28-30 years old. Once that age is reached, technically it's the end of childhood, so even if the parent/s keep Healing themselves, those positive effects won't be passed on to the child. And once a child is sexually mature, the child itself has to be open to and receptive of its parent/s to be able to keep changing, reflecting the parent/s changing as it does its Healing. Once sexually mature, the child is free to reject any such positive changes brought about by its parent/s Healing, so it might reject its changing parent who is doing his or her Healing. The Healing parent can't force any positive changes on the child once the child is sexually mature, whereas before sexual maturity the child is still becoming its parent, so any positive (or negative changes) the parent makes will be taken on in some way and on some level by the child.

Learning to be a better parent whilst still parenting without doing your Healing only means you're going to add yet more layers to your child screwing it up even more. We are constantly adding more mental layers of self-denial to the way we live as adults, and so too our children. The Internet being the latest outside influence that can help parents to add yet more mind layers to themselves and their children. This book I am reading suggests that all parents woes and all the child's problems in the world now stem from the advent of the Internet, even as if pre-Internet, there weren't any problems with how parents parent and their resulting problematic children. And yet the Internet age is just another age along the two hundred thousand years of System Rebellion and Planetary Default, of parents unlovingly parenting their children who grow up to parent their children unlovingly. And if it we were parenting our children perfectly, if we were all Healed and living true to our feelings, there would be no Internet like we have it, and possibly no internet or anything of what we currently have. There would be other things in life reflecting our true state, things that express our love, instead of things that are expressions of our unlovingness. The Internet, like everything we create, is an expression of how screwed up we are inside, which means, how our parents screwed us up. We can only create something like the Internet – and the whole world we live in, because of our unloving parent / child relationships. So if you think the Internet and the world we've created are good and loving, then you might want to consider looking into the truth of your relationship with your parents and doing your Healing.

POTENTIAL to BENEFIT your CHILD through your own FEELING HEALING:

This steps down each seven years as the child matures



Any love you feel is love within the unloving state that you are and that you and everyone is expressing in the world. Nature is of perfect Natural love; we and all we create whilst we're in our imperfection, is unloving. All our relationships are unloving. Within our unloving states we can, relatively speaking, feel love and be more loving, just as we can be more evil, wrong and unloving, yet still it's all within an anti truth system, and without truth there can't be true love, for love to flow there needs to be truth: no truth, no love. Love exists outside of truth, but without truth we can't truly relate to it, so it may as well not exist. Our souls are truly of love, and we are to become truly expressing our truth as love, and loving expressing our truth with all the good feelings love gives us, when we've completed our Healing, when we've ended our rebellion against truth and love.

We are living in an 'experiment' of how unloving you can be and what the effects of feeling unloved have on ourselves, each other and the world. Everything we are doing is wrong, so everything we are doing is making it harder for ourselves. There are no effective solutions to all our problems until we end our unloving anti-truth state by doing our Healing. We can keep using our minds to make it appear like we're being more loving and caring, just as we can use our minds to make it even harder for ourselves, but our mind is not The Way, whereas our feelings are.

A parent or parents doing their Healing will naturally effect their child as they progress, and in a positive way. However it's not for the parent to demand, make or force the child to do its Healing. Once the child is sexually mature, then it is free to make its own choice about doing it. And some older children might reject their parents who are doing their Healing, putting off doing their Healing until they are

older still, which could even be during their spirit life. When someone begins their Healing in earnest, is when God through their soul says it's time.

If you are wanting to Heal yourself and become true, then part of that Healing will be about your relationship with your children – uncovering how unlovingly you've treated them whilst possibly believing you were loving and doing the right thing for them. And if you are yet to have children and do want them, then there will be lots of opportunities for you to find out more truth of your unloving state as you look to expressing and longing for the truth of all you feel – which is doing your Healing.

It's not that because you understand you are imperfect you should therefore not be having children until you are perfect having completed your Healing, but going with your feelings of wanting a child and expressing every feeling that comes up along the way as you long for the truth of those feelings. If you have any fear, anxiety, worries, guilt, sadness, anger, misery and any other bad feeling, then these are what you work on. So you can have a child as you do your Healing, with the child helping to bring up the bad feelings in you that you are to express out of yourself and see the truth of. Or, you do not have a child and do your Healing. If you don't have children on Earth then you can adopt children in spirit, either doing your Healing or not. Currently spirits doing their Healing can't also adopt children, however once the New Revelation is 'activated' – revealed, then spirits doing their Healing will also be able to do it whilst having spirit children. (Refer to: Pascas Care – Death & Dying Transition & Assimilation Marjorie – early 2021 this was confirmed as having been instigated.)

A fully Healed parent will pass on such truth to its child thereby no longer subjecting its child to any untruth. And two Healed parents will give rise to a completely true child, it being totally free of the Rebellion and Default, this being the perfect humanity that humanity is to become. Slowly humanity is to Heal itself of the Rebellion and Default.

Elizabeth Green in her book, *Parenting is Forever*, says that young people and children are looking more to social media and their machines to conduct their relationships through, and oh my god how are parents now to deal with, compete with, simply cope with, that??!! We fail to see that the machines and the Internet is allowing us to be truer to our unloving states, we can be more impersonal by pretending we are personal through a machine and the unreal, which is the truth of the relationship we are living with each other, so the truth of the relationship between parent and child. A parent who complains that their child wants the Internet and all it offers above them, should perhaps question why does the child want to reject its parents, and in finding the answer to that question, the parent will uncover the truth of its unloving relationship with its child. We can escape into the Internet away from the relationships we hate, those with our parents. We all hate each other, not love each other, which is possibly the most difficult truth to accept. We make up fantasy relationships we project onto each other that gives us the mental ability and resulting contrived feelings to make us feel and believe we love each other. But if we take the fantasy away there is only a dark hole of nothing, a hole full of pain, the full horror, trauma, terror of agonisingly feeling you are not loved by the people who should love you.

And so because none of us can bear face the terrible truth of our unloving state, we continue to do our best to live seemingly loving with each other, doing the best we can, using our mind to alter our fantasy-unreal existences, doing all we can do to avoid having to face, accept and fully embrace the truth our bad feelings will show us when we come to do our Healing and want to give up the facade.

We currently parent negatively influencing our children on seven whole worlds worth of truth. Which means your child, as do you, has seven whole worlds of truth it's denying in life, all of which cause untold numbers of problems. And consequently, should you wish to do your Healing, so it will take you the Healing of all seven worlds, as represented by the seven Mansion Worlds, to complete it. The

Rebellion and Default has evolved to include all seven Mansion Worlds in rebellion by default. We have taken the Rebellion on by Default through all these levels and have to heal them all through our Healing. And once Healed, we are free of our parental influences, free of our parents, free of our wrongness, free of the Rebellion and Default, true and perfect to the Celestial level of truth.

Important recommended reading is:

by James Moncrief

The Rejected Ones – the Feminine Aspect of God

<http://divinelovesp.weebly.com/my-free-books-and-free-padgett-messages.html> ALSO at
<https://www.pascashealth.com/index.php/library.html?file=files/opensauce/Downloads/MEDICAL%20-%20SPIRITUAL%20REFERENCES/Rejected%20Ones%20via%20James%20Moncrief.pdf>

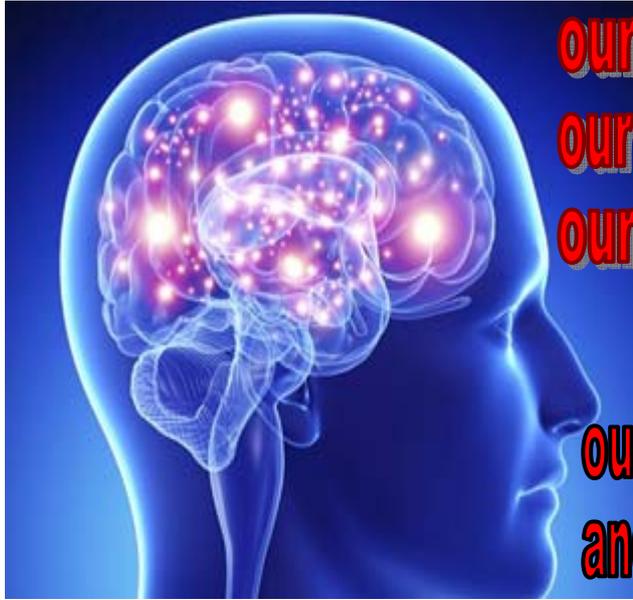
GREAT
 **-Turn**

It's all about
Experiences
 &
FEELINGS

John the
 Typist



**BE FEELINGS
 EXPRESSIVE!**



**our MIND is a CONTROL ADDICT!
our MIND is addicted to UNTRUTH!
our MIND cannot discern TRUTH!**

**our MIND is within our SPIRIT BODY
and orchestrates our physical BRAIN.**

ASSUMPTIONS are the product of our MIND!

HEALING ends
MIND-CONTROL!

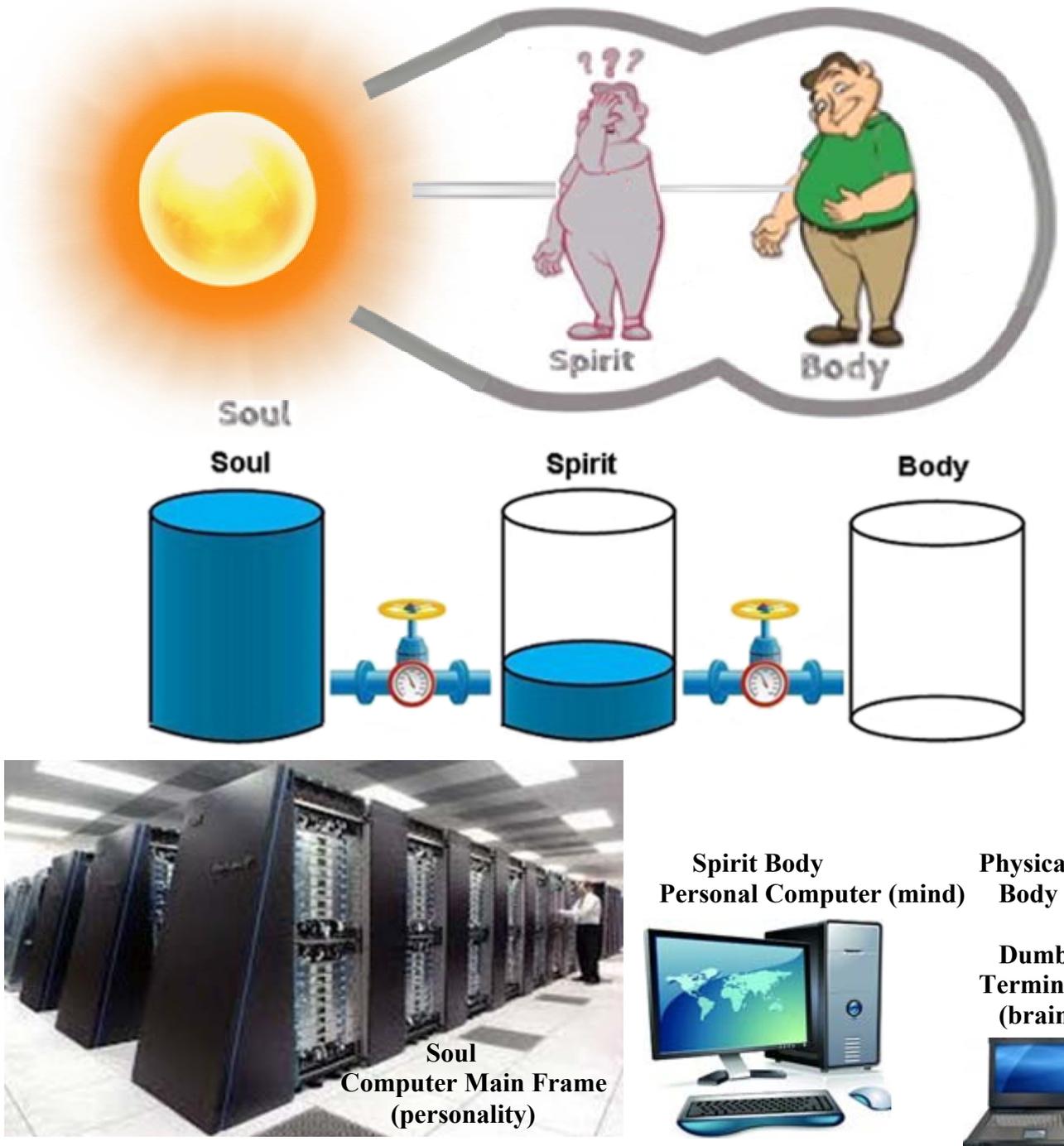


**our SOUL is our TRUTH!
our FEELINGS are our TRUTH!
FEELINGS FIRST, mind to follow!**

**all we need is WITHIN.
our MIND suppresses FEELINGS.**

OUR MIND constricts OUR FEELINGS!

Thousands of years ago, high level spiritual leaders erroneously guided humanity to embrace their minds as the way to live. Our minds are addicted to untruth, they cannot discern truth from falsehood, and our minds are addicted to control over others and the environment. Our minds are also addicted to untruth! We are self-contained. It is our soul-based feelings that we are to allow to surface and guide us. Our minds are to then help us implement what our feelings are leading us to do and understand. All truth flows from our soul and it is our minds that are to allow such truths to be accepted and followed, not the way we are now being taught. We are to live Feelings First.



The Drama of Life:

'I had a pretty good upbringing' in comparison to other people!

- Parents have NO understanding of Love.
- Parents have NO understanding of Law of Free Will.
- Parents have NO understanding of blocking emotions.
- Parents have NO understanding of causal / core emotions.



**Feeling
Unloved
and
Unwanted**



**EMOTIONAL
ABUSE from
PARENTS**



We, as parents, were born into the Rebellion and Default, having no idea it existed or what it was about. The Rebellion and Default formally ended on 31 January 2018. We now understand that through suppressing our children's true personality, having them live through their minds rather than through their soul-based feelings, this suppression and repression practiced world-wide has induced universal depression. Only through Feeling Healing, longing for the truth behind all feelings, both good and bad, and expressing all that comes to us, will we free ourselves of these errors and heal ourselves. Vibrancy and truth is our destiny!



Suppression & Repression = Universal Depression



A NATIONS DEMONSTRATION OF LOVE FOR NEW BORN

This is NOT the way to welcome a child into the physical world!!!

China has serious demographic challenges that will limit future growth...

<https://dailyreckoning.com/china-fragile-giant/>

Authored by Jim Rickards via DailyReckoning.com.

Saturday, 10 July 2021

In 1980, China instituted a one-child policy in an effort to control population growth. But the 1980 announcement was really a matter of formalising an existing policy. The Chinese have a cultural preference for boys over girls. So, when the one-child policy was implemented, the Chinese used pre-natal tests to determine sex and then aborted the girls.

At a more crude level, families kept buckets of water next to birthing beds so that if a girl was born she could be drowned immediately. It is estimated that between 20 million to 30 million baby girls were killed this way, resulting in an equivalent surplus of men over women.

These excess men will never find wives in China. Since women can be selective about husbands, it follows that the 30 million excess men will be the least talented and poorest in Chinese society. This cohort is highly prone to antisocial behaviour, including alcohol and drug abuse and violence.

The demographic time bomb is now detonating. The missing children from thirty or forty years ago are the missing prime age workers of today. The Chinese economy grew strongly from 1995 to 2010, mainly because of a rural-to-urban migration and the rise of assembly-style manufacturing jobs.

Now the migration is over, the assembly-style jobs are moving to Vietnam and India, and China's lack of high-value-added technology has left it stuck in the slow-growth middle-income trap. China might have overcome this through the sheer weight of low-wage workers, but they don't exist.

China will lose over 100 million workers in the next ten years due to aging, retirement and the absence of working-age replacements. China is now trying to undo the demographic damage with a new "three-child policy."

But, it's too late. Demographic disasters take thirty years or more to create and they can take thirty years or more to cure. For the next thirty years, China's worker shortage will be a drain on growth.

with Verna – a nature spirit

21 September 2011

James: Do you have anything you'd like to say regarding what Mary was just telling me concerning the troubles in the world that are coming.

Verna, a Nature Spirit: Yes, and I will as we go along, it is part of what we are to give to you. For example, Mary Magdalene spoke of the disease resistant microbes coming about because of all the antibiotic food animals are forced to eat in some of the developed countries, well that's our department (nature spirits), one of them anyway. We are the ones responsible for such disease resistant bacteria. You see bacteria are open to easy manipulation from us, and so we're slowly bringing about the disease resistant strains along with the viruses and funguses that will be required by humanity in the times to come. Humanity is NOT meant to heal itself of all disease by killing off the microbe, by doing things to stop it harming you. Humanity is to grow in truth beyond the need to have such microbes affect it, thereby not having to do anything at all to 'protect' itself from the so-called 'bugs'. The common cold only causes you such bother because you're already causing yourselves so much bother by refusing to feel the bad feelings you're denying. The bothers are the same, the cold coming to you so you can feel how you're really feeling – bothered, that being how your parents made you feel.

Humanity is to see that it's futile to keep trying to solve the problem by killing it, that it won't go away that way. It might be able to delude itself that it's done the job, but it's only short term and the bug will return, even stronger than it was. Had you left it as it was, and concentrated on growing in truth through doing your feeling-healing, then you'd have nothing to worry about from the bug. The bugs only cause you the suffering you require because it's what you need to help you feel bad as you refuse to allow yourself to feel as you do – bad. But instead of allowing it to make you feel bad, all so you can express such bad feelings uncovering the truth of them, you try to kill it and make it go away only exacerbating your self – and feeling-denial, only making things even worse for you in the long run.

When you have a disease, all the pain you feel from it IS ALREADY pain that's already within you, it's nothing new. You're not suddenly being attacked by this thing that's causing you all this pain. You're being helped by this thing to become aware of the pain you're already feeling, but are refusing to accept and acknowledge. And because you are denying yourself this pain, it all being felt in your early life and being kept buried within you, so it seems like suddenly you're full of pain all because of your disease. And it's true that on a physical level the disease is causing you pain, but on the emotional, mental, spiritual and psychological levels, it's only helping you become aware of what you're not allowing yourself to feel. So do you see, YOU ARE ALREADY THE PAIN, it's all already there in you, you're already feeling it, only you've told yourself you're not. So the bug comes along into your body, your soul allows it to 'infect' you instead of rejecting it, and it makes you feel bad, all the bad feelings that are lying dormant within you. Only they are not dormant, you've just blocked them out, that being how extraordinary the mind is.

Were humanity true to its feelings and not under the influence of the Rebellion, it would have evolved beyond the current diseases that afflict it. It would have encountered other higher diseases, but would be well on the way to not having to require their help either. There are higher diseases awaiting humanity in the future, as it moves beyond the current ones, but by then such disease will be known for what it is, to help stimulate certain feelings which when expressed and the truth found, bring about the healing of

the illness. As for the current diseases, we'll keep making them resistant to your medicines forever, it's all very easy for us.

LUCIFER REBELLION REIGN

200,000 years ago

Jesus & Mary

NOW!



TOTAL DOMINATION Universal Contract

FOR 200,000 years ALL SCRIPTURES and Earth based INSTITUTIONALISED SYSTEMS are the WORK of the REBELLIOUS LANONANDEKS:

The rebellious Lanonandeks from within our local universe are these soulmate pairs:

THE EVIL ONES



Lucifer pair
Arrested and imprisoned 26 CE



Satan pair
Arrested and imprisoned 26 CE



Caligastia pair
Arrested and imprisoned early 1993 CE



Daligastia pair
Arrested and imprisoned early 1993 CE



James: How do you do it Verna?

Verna: We have laboratories in which we experiment with the spirit equivalent of the Earth disease. And we manipulate the genes using light. We have what we call 'light-sticks' for the purpose, angelic tools we create with our minds that enable us to do such fine work, all to create the desired result, that being, in keeping with the requirements of the age humanity is currently living in. We're given the parameters by higher angels with which we comply, we can't just make up any concoction we like, not like you can – within reason. And I say 'within reason', because we're always looking over your shoulders in such things ensuring you don't go outside the parameters set down for you for the age you live in.

James: So all those scientists experimenting with such things, only have their 'breakthroughs', if it's in keeping with the guidelines of the current spiritual age.

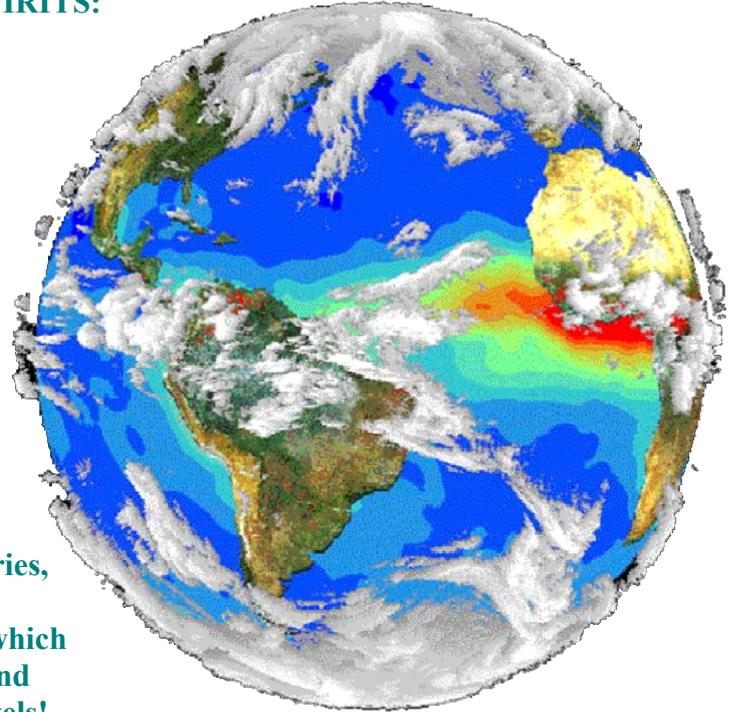
Verna: Yes, absolutely, you can't do anything outside the guidelines of your age, and all you do is within such guidelines. Humanity has a path it's going down in its negative state, and we're here to help see you go down it as you want, just as it will be when you choose to change paths and to go up the healing one.

So with our light-sticks we simulate the environmental conditions required to bring about the mutations needed to make the bacteria resistant to your drugs. And having achieved our purpose with our mind-created spirit bacteria, we then look for the required Earth conditions to bring about the physical changes in the specific strain. And if those Earth conditions don't come about naturally when we want them to, well then we move to stage two of the plan and make them come about. We're allowed certain leeway in our direct interference with life on Earth, not with you, but all natural life. So we might have to bring about the required conditions to cause the microbe to mutate, all of which is easy enough.

The LABORATORY of the NATURE SPIRITS:



Humanity is in trepidation and awe of its research, chemical and medical laboratories, but they are infantile distractions when compared to Nature Spirits' laboratory which is all that is of Earth's nature managed and controlled by our Nature Spirits and Angels!



What you might be interested in James is how we know when to bring about such mutations, and that too is told to us by higher angels. As you've been told by Mary, new Creational light from Paradise is coming into your world, and your souls are being prepared for the next stage in humanity's evolution, that being the next spiritual age. So in keeping with this new incoming universal light, that which is affecting all Nebadon (our local universe of 3,840,101 inhabited physical worlds of which Earth is one), but Earth in its particular way, so we are able to increase the level of such bacteria through such mutations. We do it all in step and perfect harmony with the new spiritual light, which is, of course, all perfectly in step and harmony with humanity's continual descent into darkness. It horrifies many in the medical profession to see that all those bugs they thought they'd finally conquered are beginning to come back, and so quickly, and so much so that the drug companies can't keep pace. And the quickness is only going to increase as the incoming universal light increases, as we move closer to the beginning of the new age. And then once in the new age, it's going to keep increasing right through that age, it's going to be a very interesting time for us all. Humanity has to come to terms with a lot in a very short time. One thousand years is but a blink of the eye in universal time. So the pressure is going to be kept on humanity to face the truth: that its way of being has been all wrong, and that it can't keep going the way it has been going. And if it does, it will only cause more heartache and suffering for itself. So it will have to choose another way, that being the only other way: the true way, the way of TRUTH!

James: So, say you find a cow that is susceptible, it being a favourable environment in which to incubate the new strain, then what?

Verna: Then we make sure the new strain is passed on. We might have to bring about the same mutation or similar ones to get it established in many different animals, but that's easy too. We then have another department that works out the influence of the new strain on humanity, such as who it will most likely affect, which souls are requiring the service of it, how it will be moved around the world if that's what is to happen to it, and how it will affect other existing life forms. It's all very complicated that part, for tinkering with the very basics of life is no small thing, however it fascinates us, keeping us all busy working and working, all of us who are involved in it. I used to be, but now I'm sort of semi-retired from such adventures, now I get to talk to you about it all.

James: So you work out projections for the new strain, say a flu virus, and how badly it will affect people: where in which countries, how it will be transmitted, and how it will interact with other bugs and creatures.

Verna: Yes, all that sort of thing, not unlike the models your scientists play around with.

The bigger picture is that all such new life forms, for that's basically what it amounts to when something activates new genes or has new ones added or subtracted, have to still fit in with the ongoing long term plans of the Life Carriers for Earth. We can't make anything that is not in keeping with their plans; and when I say 'make', I mean make the necessary adjustments to bring about changes in species or new ones altogether. As I've told you before, we are the missing link, or element, in evolution of the species your scientists wonder about. Without our loving 'interference', you wouldn't have any evolution of the species, no matter what natural selection the specie and individuals in question might incur. We are, to all intents and purposes, the selection process, the selectors, we make it all happen, we've brought it all about, all the millions of different life-forms on Earth, all the outworking of the Life Carriers Life Plasm. So without us, no dinosaurs, no elephants, no tiny little bugs.

James: So do you work out the whole, I mean, how each specie fits in with all the others?

Verna: No, we only do the hands on practical stuff of bringing about the required inner genetic alterations. The bigger picture, as to what specie is to be created, comes from 'above', higher angels, they work out all of how nature lives together, all in keeping with the plans of the Life Carriers. The Life Carrier worlds are where that all takes place, they have the whole lot under control, right down to the physical look and behaviour of the species. We just do the tinkering when required, and it's always required, there's always adjustments and fine tuning and mutations required by the plans, this occupying a lot of our time.

Each specie has a department, and then there are departments overseeing groups and families of species, and so on.

James: So say for the Australian magpie that Marion feeds, a department of nature spirits exist for them doing what?

Verna: They'd be taking notice of all the different variations within the specie, and the varying races of that specie. Any naturally occurring mutations, if not within the required plan or pattern as it is, are eliminated, we can actually kill such damaged cells in a creature if need be, or we just let it die out naturally. If we want that certain variation, then that individual can be made to link up with another desirable individual, ensuring a continuation of the genes. Overall there's a perfection that's being

worked toward by a specific time, and that's really what we do, ensure it's achieved. And along the way, we have to deal with a lot of your interference. As you're putting so many foreign substances into the air, land and water, and they are all having an adverse effect on every specie, so we have to take all of that into account as well. Some mighty strange things come up that we have to deal with all to ensure that things keep on track. And then at the same time as looking to nature's evolution, we have to do it all in keeping with the needs of your soul, with humanity's evolution, so it keeps us busy.

James: So do you know where and what every creature, every tiny microbe is doing all the time.

Verna: No, not always, but we keep a general view on things. We have an ability to know when something is amiss. We don't have to actually keep our eye on every genetic code in every cell in every creature, nor constantly on every creature seeing how it's doing, but we know when something unusual or when something goes astray, happens. Those who are overseeing that particular specie are alerted to whatever it is, we just know, I can't tell you how we know, we just sense it, we're in tune with it, if you like; and when the vibration changes of the specie, then we know. All life emits vibrations or frequencies of light, and it's these we monitor rather than individuals. So when the light frequency of the specie alters, we're onto it, we sense it, we perceive it as something very real, and it doesn't take us long to know which individual or individuals are causing the imbalance. And if it's an imbalance that is within the accepted guidelines, then nothing might need be done about it, so we adjust our knowledge of that specie to the new light-frequency, leaving it as it is. But if the new frequency is not in keeping with the overall desire of the Life Carriers pattern for life on Earth, then we have to decide what is to be done about it. And sometimes we need to summon the overseeing Life Carriers who are stationed in the higher spirit planes of Earth for consolation with them. Sometimes we can discuss such things with our angelic supervisors and don't need to ask the Life Carriers themselves; and sometimes we can take care of things ourselves.

James: So when you said yesterday, I think it was, that you can bring back lost species, you'd do that through selective mutations.

Verna: Yes, that's how it all works. And we can do it relatively quickly or slowly. Mostly it's an age long process, each age allowing us to tinker to a certain degree, but in the case of what's to come for humanity, we'll be able to speed things up a lot. Humanity will be given a lot of nature back to it, because it will need nature's help with its healing in the ages to come. By the time all humanity is soon to go into, ends, there's going to be a lot less species than there are now.

James: You mean with all the wars and political upheaval of the so-called End Times?

Verna: Yes, as well as the Earth changes. You read how scientists who looked at the floor of the ocean following the large earthquake that messed up some of Japan's nuclear reactors, discovered that so many mudslides occurred, completely destroying all the bottom dwelling creatures; and as to what's to come, it's to be expected that such events will cause some specie extinction.

Experience is a Great Educator!

On 19 September 2019, an outbreak of **polio** was declared in the Philippines. Children in the **Philippines** are at risk of lifelong paralysis because of this outbreak.

On 8 December 2019, the Ministry of Health of **Malaysia** announced the country's first case of **polio** since 1992. Testing has confirmed that the virus is genetically linked to poliovirus circulating in the Philippines.

On 12 February 2019, circulating vaccine-derived poliovirus type 1 (cVDPV1) was confirmed in the Papua Province of Indonesia (Papua Province). While this **Indonesian** province shares a border with Papua New Guinea, this outbreak is not linked to the outbreak currently affecting Papua New Guinea.

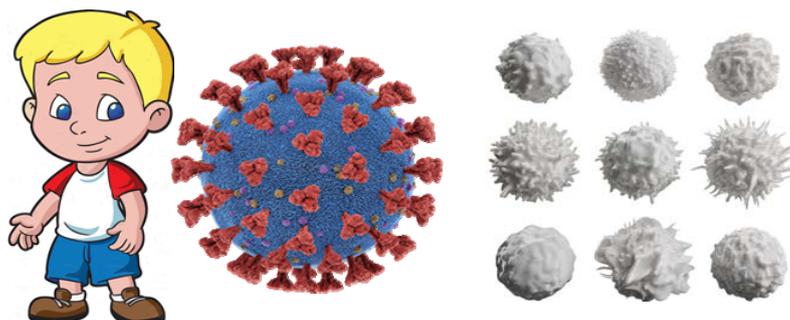
The Indonesian Ministry of Health, supported by WHO, is undertaking contact tracing and testing as well as strengthened disease surveillance and **polio** vaccination of children in the Papua Province.

On 22 June 2018, the Government of **Papua New Guinea** notified WHO of an outbreak of circulating vaccine-derived **poliovirus** type 1 (cVDPV1).

The Government of Papua New Guinea is working with partners, including WHO and UNICEF, to take appropriate outbreak response measures including surveillance, contact tracing, testing and vaccination.

Tuberculosis has now surpassed AIDS as **the** world's leading infectious cause of death, and **the** so-called XDR **strain is the** ultimate in lethality. **It** is resistant to all four families of antibiotics typically used to fight **the** disease.

- Antimicrobial resistance (AMR) is a global health and development threat. It requires urgent multi-sectoral action in order to achieve the Sustainable Development Goals (SDGs).
- WHO has declared that AMR is one of the top 10 global public health threats facing humanity.
- Misuse and overuse of antimicrobials are the main drivers in the development of drug-resistant pathogens.
- Lack of clean water and sanitation and inadequate infection prevention and control promotes the spread of microbes, some of which can be resistant to antimicrobial treatment.
- The cost of AMR to the economy is significant. In addition to death and disability, prolonged illness results in longer hospital stays, the need for more expensive medicines and financial challenges for those impacted.
- Without effective antimicrobials, the success of modern medicine in treating infections, including during major surgery and cancer chemotherapy, would be at increased risk.



with Verna – a nature spirit

28 September 2011

James: All right Verna, please lead on.

Verna: Right! Okay, now let me see, where were we... Oh yes, the coming Earth changes, you want to know about them... so where to start, there's simply too much to tell you all at once, and what's the best way to do it... Well now, let me think some more...

Verna: For now, I just want to summarise and introduce all the main ingredients.

James: Okay.

Verna: The biggest problem with all of this will be disease. Some will say that new microbes will in some way become unleashed on the world, as if they've been buried all these years, and all the disruptions have dislodged them or brought them to the surface, but they've been around all along, and many will be simply new variations on old strains.

James: New drug resistance bacteria and viruses.

Verna: Yes, like I told you, and you've been reading about some of them. And what the increase of light and so energy to the world is doing, is selecting for these more superior strains, this being something mankind is bringing upon itself. You see, disease has to keep pace with your self and feeling denial, so the more you deny your bad feelings, the more you need help to make you face the truth that you are denying them; and disease, and pain from illness on the physical, is one major way of doing it. This combined with emotional and spiritual pain, is what's going to change humanity the most. In time it will become very clear that such drug resistant microbes have all been caused because of humanity's over-dependence on drugs used to block out its bad feelings. By the time most of the worst is over, there will be a huge backlash to being more natural, organic farming, less use of drugs, getting back to nature and more natural remedies. And of course there will be more **people willing to understand that they only get sick because of their feeling-denial and childhood repression.**

James: So that will happen one day, people will no longer live on Earth?

Verna: Oh yes, you're only visitors like all species. Once you've evolved spiritually as far as you can, perfected all Mansion World levels of truth and then fulfilled certain Celestial requirements, then effectively souls will no longer need to incarnate as there wouldn't be anything for them to accomplish.

James: Couldn't they just come to experience natural love perfection?

Verna: They will have done that for a spiritual season, and then it will be over.

James: So what will happen, will people just stop having children for some reason?

Verna: Yes, that's what will happen, as they ascend in truth above having children, they won't feel the need to have them. Slowly the population will decline and cease to be.

James: So there will be the last people – the last person – on the Earth?

Verna: Yes, one day. But what will more than likely happen is they will know it's the end, and all translate off the world at a given time into the Celestial heavens.

James: Like one big farewell. So all that's to happen to the natural Earth now is to bring the Earth into the necessary condition for us humans to end our Rebellion and Default, start the healing process, all to move ultimately to that final translation into the Celestial spheres.

Verna: Yes. That's what it's all for. And just as humanity can't go on as it is any longer, there is no value in it, no spiritual growth even in a negative sense, so the natural Earth can't go on as it is. Things have to change.

James: I was reading about new experiments that have led to breakthroughs in solar energy, in that potentially mankind could find a way to harness the sun's energy providing unlimited pollution free energy. And if that were to happen whilst we're of the negative state then that would mean we'd end up concreting the whole world in our unlimited material development against nature.

Verna: You would, and that's why it won't happen for a time and why it hasn't happened yet. The Earth, and indeed the path of humanity's progression, even in its self and feeling denying state is not to go that far. Such technology will come about but only once humanity has turned the corner and will be responsible with it, not just using it to empower a cabal of elite people who control all the rest. The mind set you live in now has to be broken, that's why it's to be so cataclysmic and so fearful for so many people, to break them out of their current mind set. And once that's all been achieved, with more people seeking an alternative way and being determined not to go back to how you currently are, then such knew information will be released to you, then your scientists will have such breakthroughs to achieve a workable end.

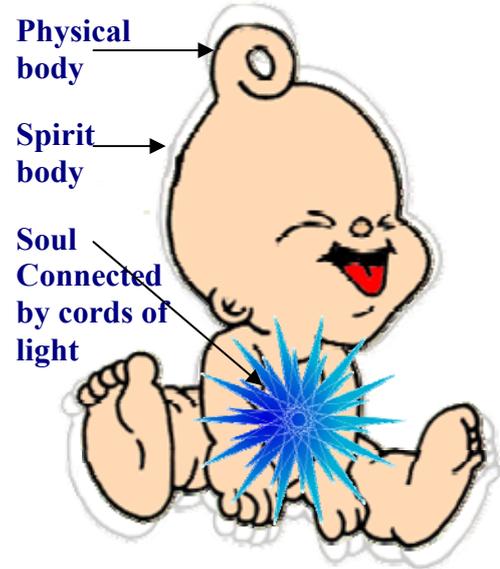
So you have to see that using nuclear power in a world that's unstable geologically is mad, and only mad feeling-denying people would even consider it. And so with the wars and the damage done by man-to-man, it will be shown to you all, just how heartless you are, how unfeeling, and how you all exist in relative peace only because of the false fronts you put on each day. And once such false exteriors are removed when the pressure becomes too great, you really hate each other, and all you call love ceases to exist. During the hard times a truer love will be felt and borne out of the necessity for compassion for each other, but that's only because things will be hard. And so things have to be hard enough and for long enough to help show people that such falseness will not get them anywhere, that it's wrong and it needs to be given up.

James: So we have to be ground through it?

Verna: Yes, and the grinding has begun. The increased weather severity across the globe is going to keep increasing, with many areas of land that are currently inhabited becoming uninhabitable, and they will be so for a long time.

A newly individualising soul is just a tiny invisible spark.

The soul connects through cords of light with the spirit body, never to be separated.



The life force for the spirit body and the physical body is via the soul. The spirit body is connected to the soul via cords of light, and in turn, the physical body is connected to the spirit body via cords of light. Should the light cords between the spirit body and the physical body be disconnected then the physical / material body dies. The physical body is our starting point for learning and experiencing our being. Our learning and growth experience then continues through the existence of the spirit body.

with Verna – a nature spirit

15 June 2013

James: Okay, and so as fast as humanity believes it has eradicated disease, or some of them anyway, others will come up, because our soul demands that we have them, because we need them to make us feel bad, and all that you said.

Yes. And as I explained to you, it's no trouble for us to whip up a few more resistant bacteria or viruses. There are unlimited combinations and strengths, and humanity prides itself on its achievements medically even believing that it will one day totally eradicate disease, but I will tell you, that will only happen when everyone is living true, when no one is living denying any feelings. And so until that day comes, there will always be more disease, and all because you are part of nature. And so whilst you're of imperfect nature, so all the elements that conspire to try and make you perfect by destroying the imperfection will keep working to make you feel bad. You might believe you are to, or even can, rise above disease by controlling every aspect of it and yourselves by using your minds and things you develop with your minds, but you can't, it won't and can't happen. So play around with the genetic structures as much as you like, as much as God will allow you to, but still within whatever you create we can bring into being if need be, new disease to affect those new genetic states, just as for example, you are seeing by the insects and bacterial and fungus strains becoming resistant to your genetically manipulated insecticides. You'll never outsmart nature, because we're smarter than you. And you are competing against us, which you fail to understand. We are your unseen adversary because we are the ones in control of nature, not you, and we will always act in harmony with your soul. And so we are allowing and even helping you move further away from your soul and true selves as you experiment with your mind controlling and nature controlling ways of life; but as you are beginning to see, science will not be able to outsmart or even keep pace with natural evolution because you fail to see that all your actions are met with reactions from nature, and even though it might look like you are getting the upper hand, you are not, you are fooling yourselves. And in fact it might in the short term look like you are making good progress and your standard of living and overall health of humanity has markedly increased, you live longer, but look at what you are doing, decreasing your quality of life. The Australian Aborigines were very happy and content with their lives – are you?

You are a part of natural evolution on Earth, you will never be able to separate or remove yourself from it or the influences of it. So all you can do is look to live in harmony with it, but that can only be achieved if you do your healing, learning to fully honour and respect your feelings, living in harmony with yourself, and not mistreating yourself by pushing them aside and controlling them with your minds.

In spirit in the mind Mansion Worlds it is much easier to divorce yourself from nature, from your feelings, but even still that too will catch up with you, and one day using your mind to make yourself happy will fail, and then you'll be forced to have to accept that you feel bad.

And so whilst you're of flesh, it's easier to feel bad, the soul has more to work with through the physical body, so you can look to your bad feelings more easily to heal yourself of living under such mind control.

You should welcome your disease and pain and all the bad feelings it creates in you, all so you can express such feelings and really feel and connect with the emotions, and as you do, long for the truth of them, that part being very important so you do see why you are feeling bad; and in seeing

why, so the bad feelings will go and you will heal yourself a little bit progressing in your healing. And you can feel bad and express your bad feelings all day long, but without actively longing for and sincerely desiring to know the truth of why you feel bad, and so never getting anywhere, never actually healing yourself.

James: So how does our soul attract to us, as you say, the microbes we need to make us sick?

Verna: The soul emits what you can call – Soul-Light. It's like a bright star shining into Creation from where it exists. And as it shines its light into Creation it creates, it brings into being that which is part of its pattern. So currently your soul, James, is bringing you and your soul-mate forth, you being sustained in Creation by the light of your soul. And every atom of Creation reacts to soul-light, so if your soul says for example it's time for you get a cold, it sends forth a light or sequence or frequency of light into you, so you as your soul's personality can express such a light, and that soul-light will draw to it the light or corresponding frequency that that bacteria is. And so the next thing you know your throat is starting to feel sore, and the signs of a cold coming on get stronger, all being controlled by your soul, as your soul controls all that you are.

And so if your soul says it's time you experience... and that experience is to make you happy or feel bad, so the same things happens, the desired soul-light comes forth into Creation, it creates an attraction or vibrational vacuum into which comes about the needed experience, it interacting with you, that is the personality expression of your soul. So all the time you are composed of masses of soul-light sustaining you and making your life be what it is. And then you understand you are only half of your soul, for your soul has two personalities to express (soul partners / soulmates), and so it's doing the same for your soul-mate, and will keep doing it when it brings you both together. And your soul does all it because it's the plan or pattern contained within it, that which God brought into being. So your life is exactly how God has planned it. And if you don't like it, so you should seek to understand why God has made it this way, and so to find out, it's back to your feelings and looking to them to help you uncover the truth of yourself.

James: Gee Verna, it's all a little more than I thought I'd be speaking with you about, perhaps a little too heavy for someone wanting to just find out more about you nature spirits.

Verna: And I am going into it a bit so as to show your readers we nature spirits are not what you think us to be. We know what's going on and what it's really all about, we're more than you think, much more.

James: Verna, that's all I wanted to ask you about for the time being.

Verna: That's fine with me James. You know where I am, and as I'm always willing to speak with you, you only need to ask dear boy.

AWAKENING OF Humanity

An UNBORN BABY'S 1st HEARTBEAT OCCURS 16 DAYS after CONCEPTION:

A research team funded by the British Heart Foundation (BHF) at the University of Oxford says a baby's first heartbeat is now far earlier than was previously understood. [Dr. Susan Berry](#) 12 Oct 2016

Further research confirms that the heart first starts to beat between 16 to 19 days after conception.

What happens when a child dies? 15 March 2013
Speaking with Mary Magdalene and Jesus, book 1

From the first heartbeat the incarnating person is technically living a physical life, and so if death occurs, it will move into one of the spirit nurseries. If it should 'die' before the first heartbeat, the soul merely 'withdraws', initiating incarnation when the next opportunity arises for its soul-personality. And of course as you know, there is no reincarnation, so when your soul starts you in Creation and you achieve your **first heartbeat**, then you're underway, be it on Earth or in spirit to Paradise, this being your ascension of truth.

As soon as the spirit body separates from the physical connections, there is no longer any pain, this of itself, as you might well imagine, greatly adding to one's good experience. The dying person, be it a child or an adult, has a good experience in death, especially once the pain has gone should there be pain; it's the people they might leave behind on Earth who don't understand this and who are suffering feelings of loss and deep grief, that have the harder time of it.



An unborn child is taken to spirit nurseries to be cared for. And within those nurseries they are looked after through the remaining time of their gestation period; then are 'born' into spirit life; then to carry on growing up as a spirit child of the Mansion Worlds. Many of them, just as with unwanted physical children, are fostered out or adopted by spirits wanting to be parents, this enabling a lot of people (who are now spirits), who for one reason or another couldn't have children on Earth, to have the experience of parenting. Even carrying the child to full term can be simulated so as to give the 'mother' the experience of being pregnant. The 'father' having his experiences as well. And of course lots of people who become spirits love being involved with children and so become spirit parents or simply involved in looking after the infants and young children of the nurseries.

The Heart commences to Beat as early as Day 16 after Conception:

Until now, researchers thought that the first time our heart muscle contracted to beat was at 8 days after conception in mice or around day 21 of a human pregnancy. Now, a team funded by the BHF at the University of Oxford has demonstrated earlier beating of the heart in mouse embryos which, if extrapolated to the human heart, suggests beating as early as **16 days after conception**.

<https://medium.com/british-heart-foundation/when-does-our-heart-first-start-to-beat-36bcba072c1>

The EXPERIENCE of LIFE by the BABY in the WOMB:

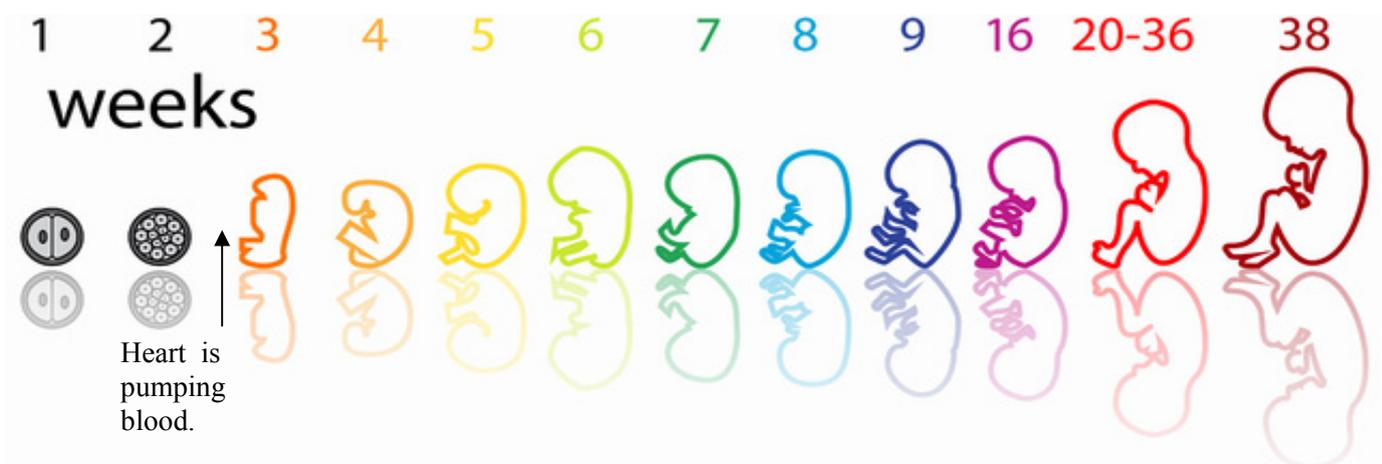
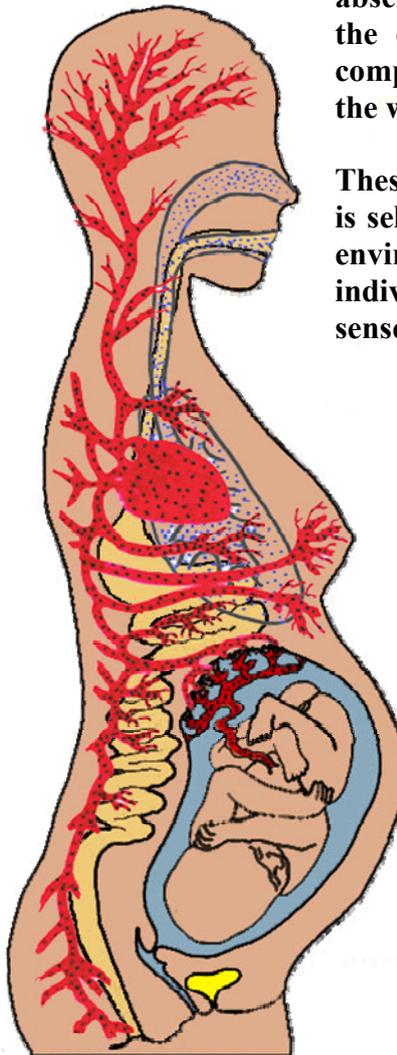
From the time of conception an infant is sensitive to the presence or absence of love as feelings of comfort or discomfort. One feels good and the other doesn't. This child has no idea how to seek love as it is completely subject to its environment and knows only how to respond to the way that it feels.

These early experiences of love have a great impact on a child as the child is self-focussed and has no concept of others outside itself. Its immediate environment is its world in which it has begun its process of individualisation and development of its personality qualities. The prime sense to which it responds is its sense of the presence or otherwise of love.

This is very basic but remains the most important sense for a human throughout its life. This may seem strange until you really think about it.

All of the most important responses a human makes are based on feelings and the most important feelings are those related to love because these are totally basic. Whatever supposedly sophisticated devices of discernment are overlaid on this, the basis remains the sensitivity to love.

We begin our life with natural love and it is in the context of this love that we live most of our life. In effect it is the main environment in which we live and function and our awareness of it depends on the love that we feel within us and which we express rather than the love expressed by others. We appreciate the love of others to the degree that we allow ourselves to receive it. If we are closed to the love of others we will not attract it. Giving and receiving are inextricably entwined and can never be separated.



SOUL, from another dimension, is connected to the SPIRIT BODY:

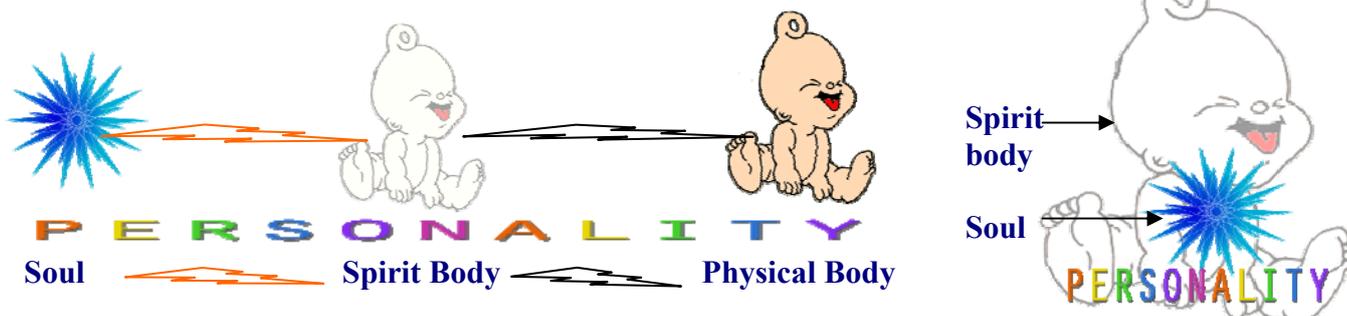
The soul is a most durable and strong structure. We all have one and all are learning about the soul that we have. When it incarnates it enters into the wonderful process which simultaneously sets in motion the creation of a spirit body that enshrouds the developing physical body. This it does twice, one female and one male – one soul, two personalities being soulmates. The soul is an incredible structure as it brings with it almost unimaginable potential which includes the talents and passions of each of these two individuals.

The soul contains all of the elements that make a human a human. Therefore, it contains the elements which modify and direct the expression of emotion in humans that give humans their individual qualities. Despite the variation of emotional expression in different cultures, there is a great uniformity of emotional expression throughout humanity. When an emotion is expressed truly by any person, it is capable of being recognised for what it is by any other person.

In small children and babies, the expression of emotion is initially quite simple but recognisable and develops as the child grows, and is profoundly influenced by the relationship with the closely attending persons be they parents or others. The small child learns a lot by following and aping what is done by other children and adults, so it learns patterns of expression of emotion and learns the acceptability or otherwise of emotional expression. It is taught what is ‘right’ or ‘wrong’ in its immediate environment, so there develops a great variety of emotional expression and repression. Thus, facades evolve and suppression of true self unfolds.

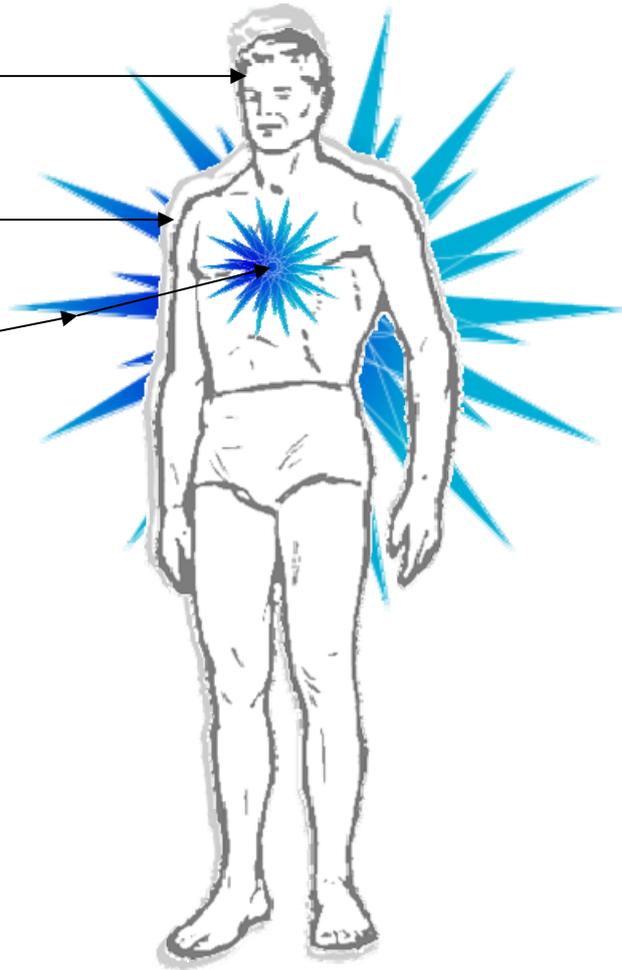
The spirit body and the soul are inextricably joined and remain so during our existence. The soul ‘drives’ all our personality existence, our spirit and physical lives, in Creation. Our soul is expressed through its ‘bodies’. Upon death our physical body ‘dies’ with our soul still expressing our spirit personality. And our consciousness, our life focus and awareness, moves from living focused in the physical to living focused in spirit.

The soul is displayed by virtue of the development of the human personality and its qualities. The physical body is created with all of its physical elements, the shape and function of which are largely determined by its human heritage as provided by its physical parents. Even though the soul has all of its potential in every individual, the fullness of its expression in any individual is directed, to some degree at least, by any limitations of physical and mental structure, although these are not, of themselves, absolute in their effect. By that it is meant that a soul which is developing powerfully can shine through and transcend what seem like insurmountable physical and mental odds. This means of course that a human, who might appear to be greatly hampered by their human heritage, is capable of great soul development while on Earth. There is great individuality in this as in all things human.



ASPECTS of LIFE:

<u>Physical /</u> <u>material body</u> Brain	→
<u>Spirit /</u> <u>etheric body</u> Mind	→
<u>Soul + Spirit</u> <u>Combination</u> Senses Desires Memory Passions Intention Free Will Emotions Creativity Awareness Personality Aspirations Intelligence Consciousness <u>The Real You</u> <u>is your Soul!</u>	→



The spirit body is composed of a different kind of matter, "finer" or more "ethereal". The fact that its aspect reflects the condition of soul is a clear indication that the soul influences largely its formation, and even more, the soul is indeed the creator of this body, which covers it and provides it with the characteristic of individuality. The formation of the spirit body begins at the moment of incarnation of the soul in the foetus, incarnation which only takes place should there exist a high probability that the spirit of life has found in the new organism a stable biological structure, allowing it to carry out its life-giving function.

P529 Judas of Kerioth 8th May 2002

At the moment of conception, we achieve individualisation and become self aware and we are then able to exercise our free will. Incarnation is when the embryo first pumps blood – day 16.

At the moment of conception, our soul, being our real self, is creating the newly forming embryo and everything else every step of the way as Judas says above. And our soul utilises our parents' life forces to achieve incarnation.

At the moment of conception, there is nothing of the Divine within us. Only as we proceed to ask for and receive Divine Love does our soul slowly and progressively change into the nature of that which is Divine. As our soul embraces Feeling Healing, and receives Divine Love, it will grow, and grow, and grow in brilliance and into that which is Divine.



In this physical world, many people can see the auric field around one's body, this is the reflection of the spirit body which remains attached to our soul for all time. The soul is not visible to us, nor is it visible to the spirit person with its enhanced senses. The soul, depicted below, reflects through the spirit body which continues as our vessel for future growth upon the separation from our physical body. The separation of the spirit body from the physical body results in the death of the physical body. Your personality continues with the soul and spirit body.



WE are to LIVE BY and EXPRESS OUR TRULY LOVING SOUL BASED FEELINGS:



We arrive into the physical world (at conception) with a pure, free personality and a soul based will that are to be truly and fully expressed. Unwittingly, our carers, namely our mother and father and those close by, set about remodelling our individuality. That is, they shut our personality and self expression down. The result of this is traumatic. This is reflected through our physical body. This childhood suppression is what brings about all of our pains, illnesses and mental disturbances. Only by embracing our emotional pain and injuries, either good or bad, and longing for the truth of them, and expressing them (talking) through these experiences to a companion, can we release these dreadful encrustments suffocating our true selves and liberate our personality, being our soul. We are to follow our passions and heart felt desires and to live true to ourselves, this is how our Heavenly Parents know us as and this is what we need to return to so that we can find our way home to Them.



ZELMAR explaining the EGO and its relationship to DIVINE LOVE:

Thursday, 19 October 2017: James: Zelmar, in light of what John has sent me concerning the ego and problems it presents to us limiting the effects of the Divine Love, could you please explain how it works.

Zelmar, a Melchizedek from within Nebadon: From your first moment of conception you, the personality expression of your soul, is 'enveloped' in the mind circuitry of the Divine Minister of Nebadon. She, the Local Universal Mind Mother Spirit, cradles every mind, nurturing it in accordance with the needs of the soul of that personality. So She effectively, as reported in The Urantia Book, 'loans' Her mind circuits to you as part of your growth and development. And as you ascend or transcend each mind level, so She 'loans' more of Her mind to you. And when you no longer need the services of Her mind, when you leave Nebadon, then you 'give back to Her the mind circuits loaned to you, adopting the higher Universal Mind of the Infinite Daughter Mind Spirit.

What this all means is, when you start life, your mind is 'laid down' according to the mind circuits of the Divine Minister, meaning, if you are parented truly and lovingly, your mind will develop truly and lovingly as it progresses through each state of mind development. And this is all 'held in place' by your will. So your will engages with each stage of mind development, keeping your developed mind true to its development.

If you are negatively or unlovingly influenced through your mind development, like what has happened to you all on Earth, then your mind develops corrupting the mind circuits at each stage of their development. And your will maintains this corruption.

And these mental circuits are very complex, including all the psychology that you, James, are bringing to light as you rectify your mind circuit corruption. And the interference is mainly brought about by your parents, and then immediate carers, but also the overall family and social environment you grow up in. And it's the soul that dictates which genes are activated on all levels, not just the physical, but on the spiritual level as well, something few people acknowledge, in keeping with the levels of corruption that your mind is evolving.

At each stage of your mind's development, be it loving or with it being corrupted, feelings occur in response to what is taking place, and when, in your cases, your mind is turned against your true self – how you should be loved and parented so as to develop a true mind, then you experience bad feelings, which come up to alert those people caring for you that something is wrong which they need to address – altering their behaviour to make you not feel bad. However as those people interfering with you don't understand your bad feelings, because they are not of the truth and so love to do so, they then counter such feelings by forcing you to 'stop feeling them', making you suppress them and then keep them repressed. They make you then, not only use your will to turn against yourself and so maintain your corrupt mind, but also use it to keep your bad feelings about it repressed, all so you can then keep using your mind to maintain this ever increasing unloving state. So progressively you evolve turning against yourself, so being unloving to yourself, which then means you're also unloving to everyone else – which is your negative or rebellious state of mind, all of which is strongly kept in place by your will.

And so you attain adulthood with your false mind as it were, being kept in place by the full strength of your will, your will being said to have been 'broken' or turned against you, which in that sense is true.

It is then your whole mind's structure that is false, untrue, wrong, evil and rebellious, all being kept in place by default, as that's how it happened to you through your childhood, with your mind being composed of all your erroneous beliefs and subsequent supporting negative or unloving behaviour. This

being what is often termed your ego, suggesting that some part of your mind is errant and untrue, and causing problems and limitations for you in your spiritual development and progress as a person (a personality being expressed in Creation), **however it's your whole mind that is wrong**, all of you so far as what you can relate to, including your physical and spirit bodies and all their interconnecting experiential systems. For really all of that is of your mind, all what the Divine Minister is providing for you. And it includes your feelings and their associated emotions, they being yet another part of your mind. And anything else, like all psychic functions, with nearly all that is what you're aware of consciously and unconsciously, being attributes of your mind.

And what is not your mind, is any truth. And the Truth becomes the real you, an expression of who you really are, it becomes your foundation upon which you express your mind. However starting off in a world that is truth-denying, your mind has been corrupted to go against any natural truth revelation that would have come to you once your Indwelling Spirit arrived in your mind (during your sixth year). So you live with your wayward and rebellious mind in control of you, in control of many of your feelings, and denying you the chance to grow spiritually from truth that would naturally come about from those feelings were you truly loving. And your will maintains it all.

Then you get to a point in your life when you want to stop being false, wrong, evil, untrue – unloving. You realise you are not right, and something needs to be done about it. Yet what to do? And now you understand about doing your Feeling Healing or your Soul Healing with the Divine Love.

And what this means is, once you start longing to be true, and that means, really wanting to stop being false and wrong, your soul will set about providing experiences for you that will generate certain feelings which you can express whilst longing to know the truth of why you're feeling them. And when you do this, you start to short circuit the patterns of your corrupt mind. But it's hard to do, to submit to your bad feelings in particular, because you have to long with an equal amount of will – at least, if not more – to want to change the corrupted mind circuits – as shown by your wrong beliefs and behaviours.



And so as you look to your feelings for the truth they are to show you. And when you fully embrace them, express them, bring them to light, the truth that results will show you where you are going wrong, meaning, how wrongly and unlovingly you were parented – what happened through your childhood to turn you against yourself. And painstakingly you'll be taken back through each of your corrupt mind circuits, orchestrated by the Divine Minister who is in control of your mind. And when you express all the pain and see all the resulting truth of your wrongness, then the Divine Minister will effect a change – healing – in you. She will alter (and often progressively in stages reflective of the stages the corruption occurred) changes in you gradually bringing your mind into a true and perfect state, that which you would have been in had you been parented lovingly and by other true and perfect minds. So your mind adjusts, meaning, all of you, on all levels, adjusts, including your will, willing into being these adjustments and ultimately the complete 'new' you. This giving you the feeling like you're starting over, like you've been Born Anew or Born Again, because your mind is now free of such corruption, and your will is willing your perfect mind, the whole perfect you, into Creation, with the resultant feelings being all good ones. Because you feel true, and know that you are, and are very happy about it, feeling fully loving and loved.

So it's the Divine Minister who effects all the necessary changes in your mind on all levels, from the physical to the spiritual, with such ongoing changes, initially as your mind develops its corruption, and

then as your Healing heals it, being done through your angels. Your angels are constantly at work adjusting and manipulating your whole system, so, on all levels, in accordance with the needs of your soul – which is what God wants. So during your Healing when you suddenly feel a pain in your leg seemingly for no reason, it's coming about by your angels manipulating your inner systems so as to create the pain in you for the reasons of truth that will be brought to light as you express that pain, and at the same time as a reflection of your mind changing.

So you become progressively evil as you grow up developing your corrupt mind, with everyone outworking such corruption in their own unique ways, just as will everyone then do their Healing undoing the corruption following their own unique path.

Where the Divine Love comes into all of this, is that once the Indwelling Spirit has arrived, the mind is prepared to receive the ministrations from the non-personality mind circuit called the Holy Spirit. It means the soul is then ready to receive God's Love. And what this then means, is when you long to God yearning sincerely for God to love you, asking God to please fill your soul with Their Divine Love (as you, James, relate to God as both your Heavenly Mother and Father), then such genuine longing, and provided the Divine Love has been made available to be received, which is has by Mary Magdalene and Jesus coming to Earth, the Divine Minister will respond causing the Holy Spirit mind circuit that's responsible for delivering the Divine Love into your soul, to act. And so you will receive the required amount of Divine Love as determined by your soul and in acknowledgement with the Divine Minister from the Holy Spirit. And as you receive the Divine Love, so it works upon the perfect parts of your soul to affect an even deeper change in them, that being, transforming them from Natural love perfection into Divine Love perfection, progressively making you divine.

The Divine Love of itself does not remove all sin and error from you. You have to want to do that for yourself through your Feeling Healing whilst also longing for the Divine Love, which you call James, your Soul Healing. So as your mind unwinds its corruption and your mental circuits become true, and you become progressively truer and purer in your Natural love, so the Divine Love will act to transform such love. And this is all done in accordance with the needs of your soul.

You can't know how much Divine Love you are receiving at any one time, and how much of you can be transformed; and you can even receive the Divine Love and it may seem to remain dormant within you, but really there is no time on the soul level, so you can't relate to your transformation with the Divine Love in such lineal terms. So you might long and feel you have received a lot of Divine Love, which might be true, and then you don't feel you are receiving anymore for years, whilst you progress with your Healing, and yet with each step, each mind circuit that is healed, so it will be transformed.

The best thing you can do, as with it all, is long for the Divine Love as you feel to, knowing that it will transform those parts of your soul when your personality becomes true, expressing its Natural love. And as you have no say in the transformation, you can just know that it's happening, whilst you keep going attending to your feelings, longing for the truth they are to give rise to within you.

So again, the Divine Love won't inspire you to long for more of it, it doesn't do anything to make you progress in your Healing. It only acts when it can on the Natural love circuits in accordance with your souls evolution of truth.

However what the Divine Love also does, is it helps develop and so evolve your relationship with God. It is God loving you, it's God's Love coming into you, and the more Divine Love you receive that transforms your soul, so the stronger your feeling of love for God will grow, as will your feeling and knowing the truth that God loves you. Your relationship with your Heavenly Mother and Father will

grow forevermore, to the Celestial spheres and onto Paradise and beyond, because of Their Divine Love in your soul; whereas by doing only your Feeling Healing, you will attain a perfect state of Natural love when you've finished your Healing, however your relationship with God will be severely limited to that of only the Mansion Worlds.

The doing of your Healing, which is really wanting to be True, and the partaking of the Divine Love, are two different things. And you have to want both to be as fully spiritual as you can be. So you can long for the Truth, and you can long for the Divine Love. And you understand, that because you have started life in Creation in an unloving state, then you are first longing for the truth of that unloving state, you must want to understand every part of it: Why it happened to you, how it did, and how you took it on, and how you are undoing all the damage done to you. And when you are Healed, with the Divine Love having transformed your soul equal to the state of Celestial truth, fusion with your Indwelling Spirit can then occur, you becoming a Celestial spirit, either in the first Celestial sphere or on Earth if you're still there, free to live a Divine Love life of perfection as you continue your ascent of truth to Paradise.

James: Thank you Zelmar.

Zelmar: It's my pleasure James. Should you need me again, please ask.

James: Nanna Beth – can you put it in your words please?

Nanna Beth 3rd Celestial Heaven and John's grandmother: Our unloving parental influences turn our mind against our true feeling self, this causing us all the trauma, pain and suffering we live from conception right through to the end of our lives and on into spirit until we do our Healing.

Our Healing is working back through all our wrongness as we come to terms with it by looking to our feelings for the truth contained within them. It all being driven by our will; both our induction into our going against the truth of ourself, and our Healing of it. The so-called free will we have, is the freedom of our will to be used against ourselves; the freedom to heal and change that damage; and then the freedom to live as truly loving people or spirits.

So you live with your mind in control of your feelings, when it's to be the other way round. Our feelings are to lead with our mind helping us to maintain such leadership. Our mind is also to help us put the truth into perspective that comes from our feelings, we're not to use our mind to build up our anti-truth beliefs and behaviours going against the truth of ourselves. However this is what we all do and have done through our early lives, and so this is what our Healing will change.

And then along the way we can long for and receive God's Divine Love, which is necessary to do should you want to progress out of the Mansion Worlds and into the higher Celestial spheres.

You are conceived onto an untrue and unloving world, and at some point have to want to become true and loving. And doing your Healing is the only way.

Zelmar and I have said the same thing, he only being more technical about it, which will appeal to some people, yet not so much to others. And we're all to work it out for ourselves, so we can Heal ourselves.

James: Thank you Nanna Beth.

SOUL PARTNER / SOULMATE:

SOUL:

The Real You is your soul, you are one 'half' of that soul.

Each half of the original soul incarnates a spirit and physical body simultaneously, they being connected. The soul expresses each of its two personalities as a woman and man. True soul partners are always of the opposite sex.

Sexuality is an attribute of the two personalities the soul expresses; the soul itself does not know sexuality.



The soul connects to the two spirit bodies it has created by 'golden cords' of light; and the spirit body is in turn connected to the physical body by 'silver cords' of light.

The spirit body is your astral body. The etheric is really the body that is the template for the physical and one that doesn't hold consciousness.

The soul remains invisible to the spirit and physical bodies, only being discernible by its luminosity through the spirit body.

PERSONALITY

Soul Spirit Body Physical Body

PERSONALITY

Physical Body Spirit Body Soul



Soul Partners

Physical /
material body
Brain

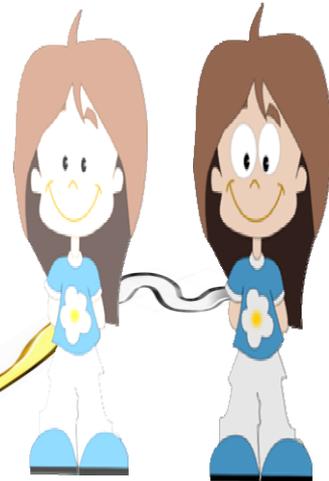
Spirit /
etheric body
Mind

Soul + Spirit
Combination

Senses
Desires
Memory
Passions
Intention
Free Will
Emotions
Creativity
Awareness
Personality
Aspirations
Intelligence
Consciousness
The Real You
is your Soul!
Our Soul
orchestrates
everything!

ONE SOUL = TWO PERSONALITIES

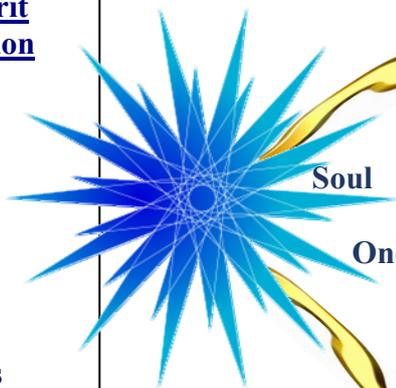
The two personalities from the one soul are eternally compatible once they are healed of their Rebellion and Default.



Spirit Body

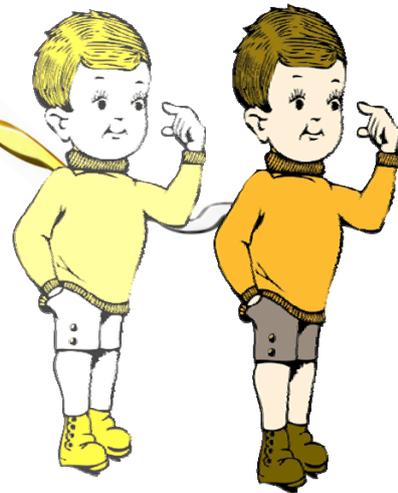
Physical Body

One Soul = Two Personalities



Soul

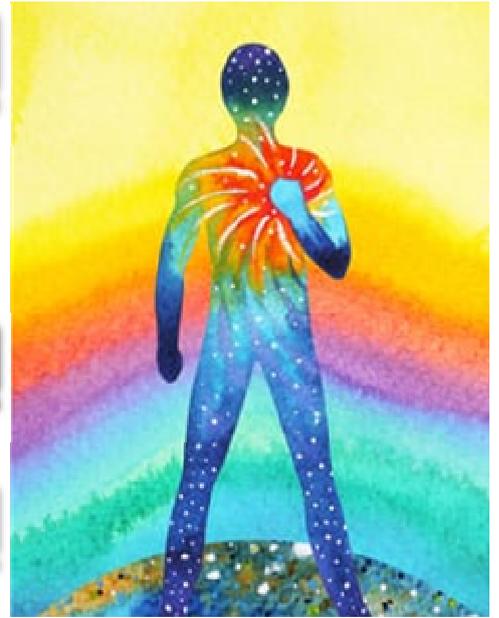
The capabilities and potentialities of every individual personality is only limited by their childhood suppression and repression. Once we heal, then our self-expression will reveal our true selves.



I am my SOUL!

I am not my body!

I am not my mind!



**To Fully Accept Ourselves!
Accept the Truth of Ourselves**

WE ARE ALL CONTROL ADDICTS!

**For Humanity to go through a spiritual upliftment,
such as now, high level spirits must lead the way!**

**Machiventa Melchizedek
is the architect and conductor of the
termination of the Rebellion and Default
and the Change Over to the Avonal Age.**

We do everything possible to avoid our Feelings!

We embrace the controlling natures of our mind to fill our day with activities that avoid our inherent truth to arise through our feelings and then having to express them and seek the truth behind them. We submit to imprisonment within our minds and willingly allow our life to roll on in a retarded and aimless manner that we can continue in earnest even when we transition into the spirit mind Mansion Worlds. Everything we may do is to avoid meaningful communication with another person and to distract ourselves from allowing our feelings to bring forth the vibrant and incredible true personality that we are that has been suppressed throughout our early forming years, from conception through to six years of age. Eventually our soul will say enough is enough and we will be confronted with a crash to open ourselves to our feelings and heal our Rebellion.



THE GREATEST
THREAT
TO
HUMANITY



Negative Spirit Influence
blocked
22 March 2017
Law of Compensation
quickenning
22 May 2017
Rebellion and Default
officially ended
31 January 2018



WHOLE DIFFERENT Way of Life.



mind



feelings



FREEDOM OF FEELINGS

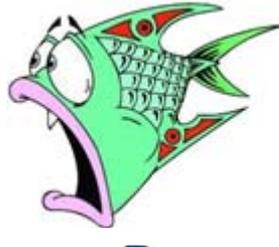
FEELING HEALING



LONG to KNOW ABOUT what you are FEELING!
Long to understand the truth behind
what your feelings are pressing upon you.



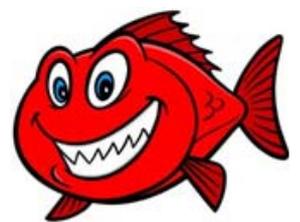
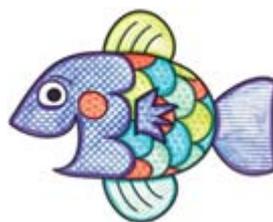
Ask to know the truth about that which you feel.
It is knowing the truth of that
which you feel that sets you free!



Always be true to your feelings
because they are your truth
and truth is love and our way home!



talking



Express your feelings to those who matter to you.
Suppressed feelings bring about pain and illness.
Talk it out to a friend!

NEW FEELINGS WAY

The way to Paradise and All-Love is a Feelings Way. The Feeling Way is about honouring – accepting and expressing, and longing for the truth, of all feelings. By doing our Spiritual Healing (Feeling-Healing and Soul-Healing with the Divine Love) we can uncover the truth of why we’re living in rebellion against the truth of ourselves. Why we live by denying so many of our feelings; especially our bad ones.

The Way of the Rebellion, The Mind Way, leads ultimately to mind-extinction involving annihilation of personality and soul. The Mind Way is about denying as many feelings as we can, selectively choosing the ones you want, all to maintain control over yourself. And yet by denying feelings and your expression of them, you are denying the truth they would help you see about yourself. So you are denying your own Spiritual Growth Of Truth. All of which can only lead to bad outcomes.

The Mind Way is a Dead End – and only pain. The Feeling Way is eternal growth of Truth, Love and Happiness. By truly embracing our feelings, longing for the truth they are to reveal, we evolve through:

Phase 1: Spiritual Healing through the Mansion Worlds and into the Celestial Heavens.

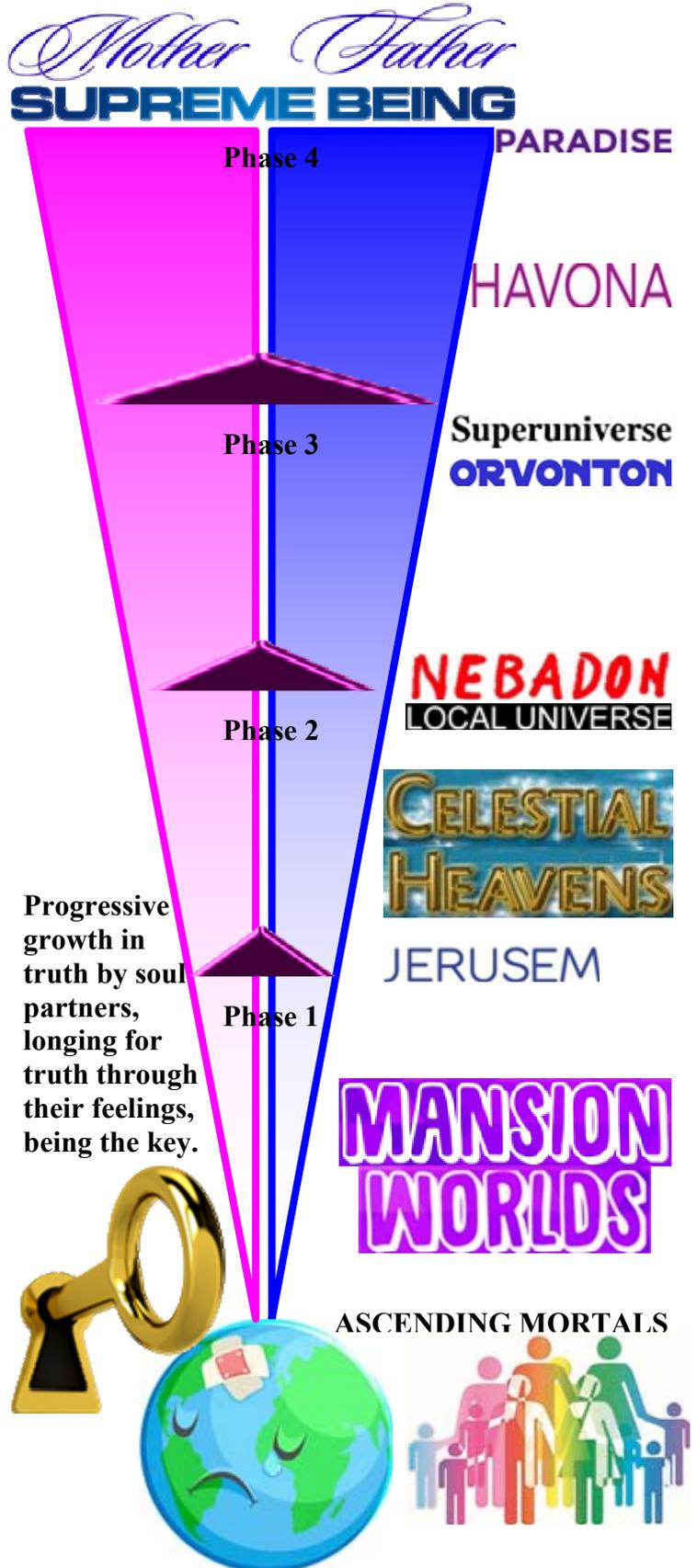
Phase 2: Evolving in Truth through our Local Universe, Nebadon, and into the superuniverse: Orvonton.

Phase 3: Truth progression through the superuniverse of Orvonton.

Phase 4: Truth progression through Havona, and attaining Paradise.

ALL Soul and Truth Progression is done by Living True To Our Feelings.

The New Feelings Way.



THE STRAIGHT AND NARROW PATH



Looking for Spiritual pathways using our mind will mean the True Spiritual Pathway will always elude us. We live with our mind suppressing feelings which causes us to not find our true pathway. When we live honouring, accepting, expressing and longing for the truth of our feelings, then we are treading our Spiritual Path of Truth. Truth ONLY comes to us through our feelings. If we deny feelings, we deny truth, and we deny our true spiritual path.

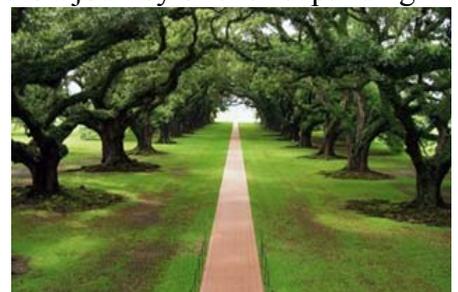
If we fight expressing feelings, pushing them away and blocking them out, we never allow any understanding of those feelings to come to us, thus keeping us in the maze of mind-bending distractions. Many so-called healing therapies say they focus on liberating feelings, however beware that many of these systems are still mind-controlling in ‘feelings-clothing’. And we may believe we are getting somewhere with our feelings, only to realise centuries later in the spirit, mind Mansion Worlds that we’ve still been leading ourselves astray and away from our true feelings.

Surrender and submit willingly allowing our feelings to emerge and be expressed. Long for the truth our feelings are to reveal. Persevere. Allow our feelings to be our way of living. It does not matter how long this takes. For us all, this is our destiny – it is only a question of when?

Once we firmly start living the New Feelings Way – living feelings first; expressing our feelings and longing for the truth they are to reveal, we are on the pathway of ascension; not only out of the Rebellion and Default through our Feeling Healing, and with Divine Love: our Soul Healing – but to Paradise!

By living true to our feelings we will progress through the Celestial Heavens all the way through Neadon; then on further through our Superuniverse of Orvonton; then into the regions of our Heavenly Mother and Father; embracing the Supreme Being and moving through Havona, eventually attaining Paradise, Their home.

It is the True Way, the New Feelings Pathway, that takes us all the way ‘Home’. It is a journey of ever-expanding Truth and Love.



MIND vs FEELINGS

Mind vs Feelings – Your Choice.

And now is an appropriate Time To Make this Choice!

Everyone is to choose: The Mind Way;

or The New Feelings Way.

Which way of living do you choose: Mind Way?

or the Feelings Way of living?

Do you continue in your Mind Way?

or do you embrace The New Feelings Way?

Do you choose the Dead End Mind Way?

or the Eternal Happiness Feelings Way?

Times up for the Mind Way;

the Feelings Way is taking over.

False Spirituality – The Mind Way;

True Spirituality – The Feeling Way.

The End Times and Final Judgement; or Paradise – the choice is yours to make:

Continue in your soul-destroying feeling
and truth denying Mind Way;

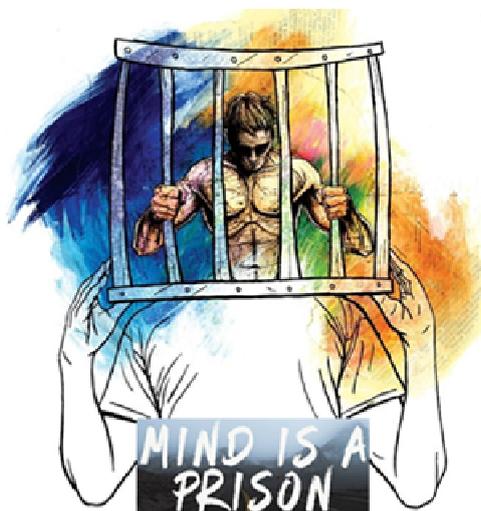
or embracing The New Feelings Way
by doing your Spiritual Healing;

Maintaining the mind's imposed façade of a robotic,
retarded individual, in a stupor, perpetrating the
errors of generations gone by;

or The Feeling Way which is the discovery pathway
to releasing your true, vibrant personality

The Mind Way – rejecting the truth of yourself
by denying feelings, restricted forever to the
mind Mansion Worlds;

or The Feeling Way – uncovering the truth of
your feelings and ascending to Paradise.

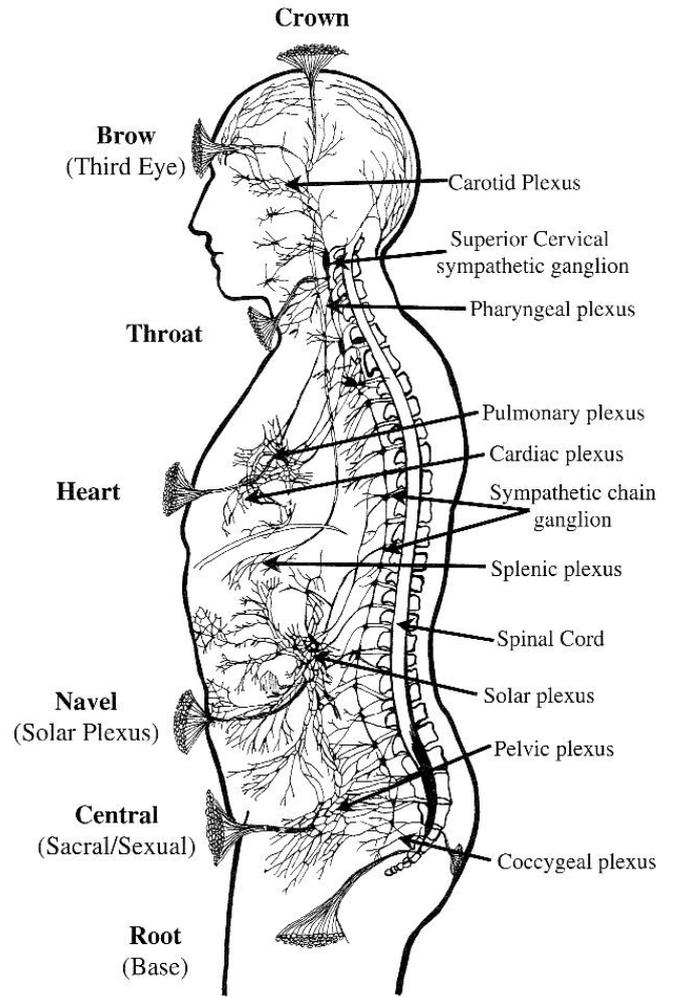


INTERCONNECTION of BODIES:

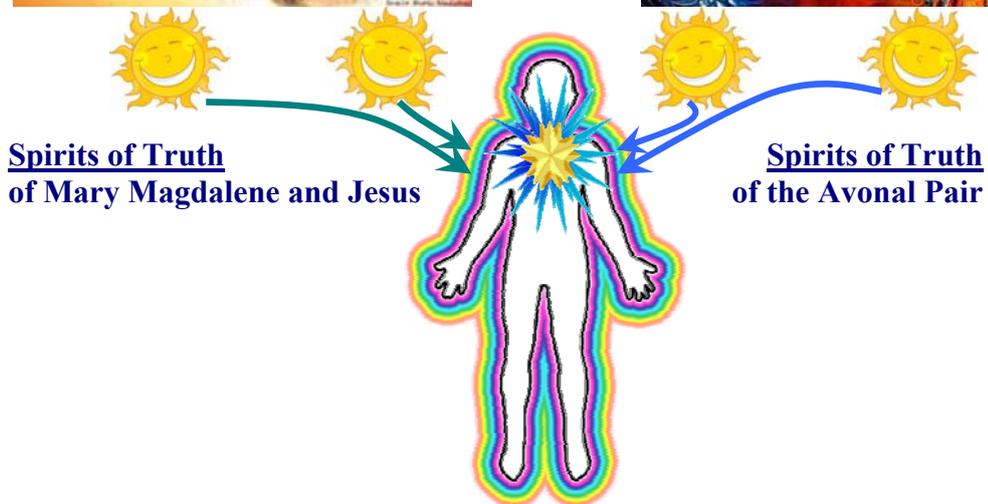
1. We have our will first,
2. then our spirit body together with our upper (higher spiritual) and lower (more physically orientated) feeling (including our emotions) and mental system,
3. and the subtle etheric systems that link them all.
4. Then last our physical body manifests.

The spirit body is the template of the physical body. Once the spirit body is created at conception, one's pre-existing soul becomes connected to the spirit body through cords of light, within the heart region. Energy flows into the chakras, main chakras are depicted here, such energy then flows through the meridians that run the full length of one's body in various channels. It is due to emotional injuries and errors of belief that flows of energy may become blocked.

The main meridian interconnects with the main chakras. When one is sensitive to the inflowing of Divine Love, one may enjoy a warmth around the heart region and /or the third eye which then may reach around the cranium encapsulating the pituitary gland / crown chakra.



Chakra and Nerve Plexuses Locations. Each of the major chakras is associated with a major nerve plexus within the body.



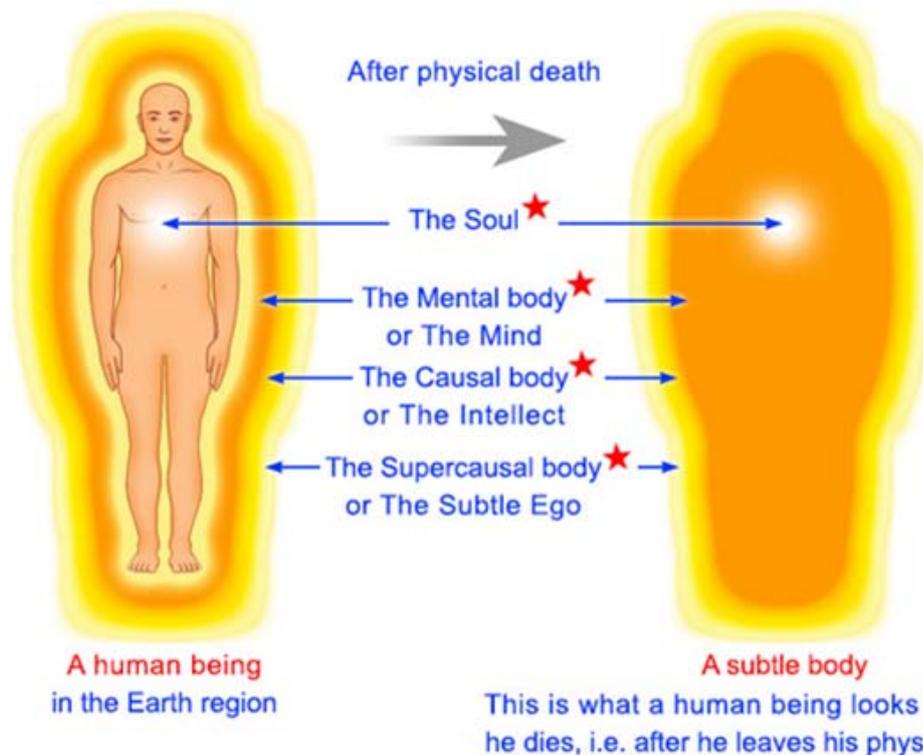
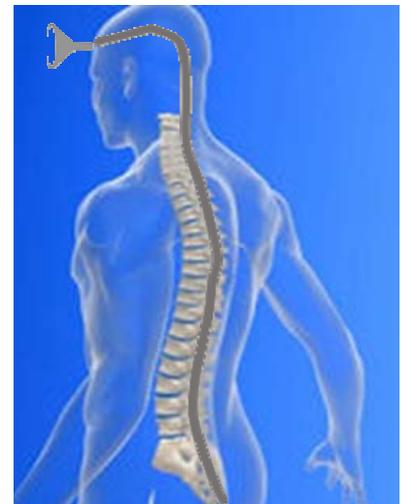
EMOTIONS or THOUGHTS, which comes FIRST?

Our emotions and feelings come first, always; they always have for they are closer to our soul. We feel things through our forming years, even though when we were very young – in the womb, a baby and toddler, we weren't able to know fully what those feelings and emotions were, but still they were fully present; and based on them, or around them if you like, so we formed our mind and it's beliefs, our behaviour and our thoughts. We form into being, one could say, from our base chakra upwards and outwards, yet all being expressed from our primary will line as it is what actually comes into being first, it being what our soul manifests first so it can literally will you into Creation.



So we have our will first, then our spirit body together with our upper (higher spiritual) and lower (more physically orientated) feeling (including our emotions) and mental system, and the subtle etheric systems that link them all. Then last our physical body manifests.

So we have feelings that are comprised of one or various emotions. A feeling can be simple or complex. One can feel angry, but as we express the emotion of our anger, moving with it, it might lead one onto other deeper bad feelings. We have a whole subtle body full of emotions and the feelings they comprise, and so the more we express and grow in truth, the more complex our feelings become, the more passionate about our emotions and wanting to express them and allow oneself to feel them, one will be, and also the more familiar with them we will become, so they will seem in some ways, simpler.



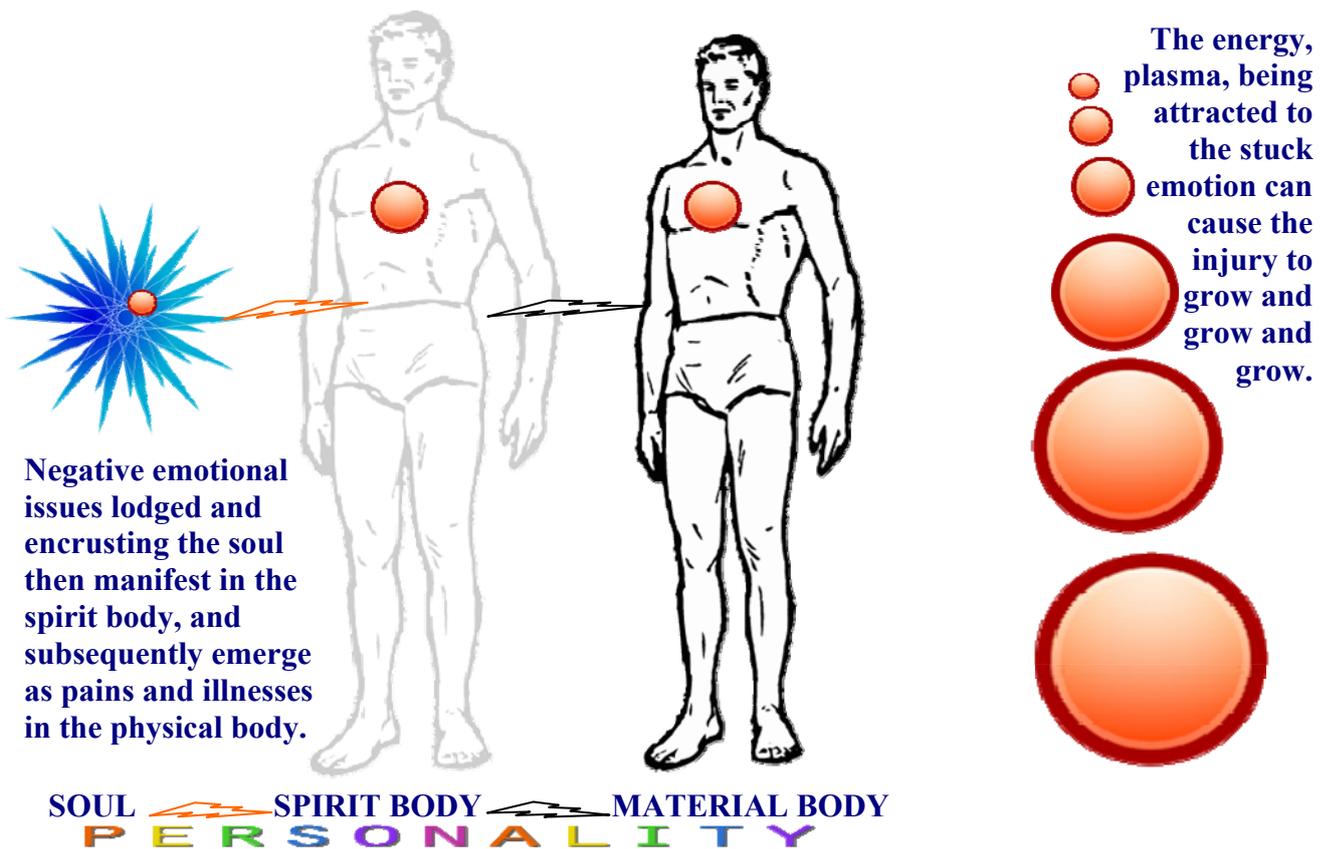
The silver cord is the energy conduit for the natural love and divine love energies as they are received through the chakras, particularly the third eye chakra. The energies flow in both directions following the spinal cord column.

THOUGHTS having the same RATE of ENERGY VIBRATION assemble like a CELL:

It is the accumulated pressure of feelings that causes thoughts. One feeling, for instance, can create literally thousands of thoughts over a period of time. Think, for instance, of one painful memory from early life, one terrible regret that has been hidden. Look at all the years and years of thoughts associated with that single event. If we could surrender the underlying painful feeling, all of those thoughts would disappear instantly and we would forget the event.

This observation is in accord with scientific research. The Gray-LaViolette scientific theory integrates psychology and neurophysiology. Their research demonstrated that feeling tones organise thought and memory (Gray-LaViolette, 1981). Thoughts are filed in the memory bank according to the various shades of feelings associated with those thoughts. Therefore, when we relinquish or let go of a feeling, we are freeing ourselves from all of the associated thoughts. (Our memories are held within our soul / spirit body, they are not held within one's physical body, however, the damage will manifest in the physical body.)

The great value of knowing how to surrender is that any and all feelings can be let go of at any time and any place in an instant, and it can be done continuously though it can be rather difficult.



HOW EMOTIONS EMERGE AS AN ILLNESS: Healing and Recovery P53 by Dr David R Hawkins

Every time someone goes below level 200 (Courage) as per the Map of Consciousness (MoC) scale, we find upon testing that their energy system is imbalanced. Characteristically, most people will 'blow out' one particular acupuncture meridian rather than another.

For example, every time they have negative thoughts or feelings consequent to a negative belief system, they may impair the heart meridian. As the years go by, every time they have a resentment, go into self pity, or criticise someone else, it disrupts the energy and flows down the heart meridian. This depletes the life energy of the heart, and the continual repetition begins to alter its physiology in very delicate ways. It begins to express itself through irregularities in the autonomic nervous system, which operates in the functioning of the body organs.

As a result, there begins an impairment of the physiology of the heart itself, including the lining of the arteries. As the years go by, the habitual disruption of the heart meridian brings impairment on the physical level, which is an expression of what has been held in mind. That is the basic premise – the body expresses what is held in mind, not vice versa. The body expresses a person's habitual way of thinking.

The mechanics of negativity short-circuit the acupuncture system and the autonomic nervous system. This in turn alters and impairs the sensitive electrical and chemical processes that are going on in the cells, resulting in pathological changes within the anatomy and dysfunction that results in a coronary attack, heart disease or heart failure. The heart failure comes about partly as a result of years of negative mental attitudes. The mind would like to blame it on cholesterol, stress, one's lifestyle, genetics, what goes on in the family and so on. These are all merely explanations, excuses, and rationalisation to try to make intelligible that which is not clearly defined.

When looking at the exact mechanics, we see that what we hold in mind begins to manifest on the physical plane because it is the mind that has the power. The mind is within one's spirit body.

One of the difficulties to overcome in self-healing is the willingness to accept the great power of the mind. We cannot let a negative thought go unchallenged. Disease is an expression of one's attitude and habitual way of looking at things.

The specifics of healing a particular illness consist of (1) letting go of resisting the sensory experience of it [through Feeling Healing], (2) no longer putting names or labels on it, and (3) using no words at all. Welcome experiencing what you are experiencing in a very radical way at the same time (4) cancel the thought form and belief system, and (5) choose the energy field of Love, which heals.

To put oneself in an energy field of 540 is to automatically heal oneself. A loving thought then heals and a negative thought creates illness.

How do we pick up the negative belief systems? We pick them up through television and well intentioned people. Their intention is to prevent these illnesses in us by educating us about them. Instead, we find that the mind is now programmed to accept a specific belief system. Unconscious guilt then comes up and utilises that belief system, which causes an impairment of energy flowing through the energy fields that run down through the twelve meridians of the acupuncture energy system.

That being said, there is no need to analyse one's condition, just receive healing by embracing, longing for and asking for the light golden blue energy substance being the Divine Love.

The healing of the body alone should never be forced. Complete healing takes place only through the Soul, via the spirit body, via the nervous system and the spirit consciousness of each cell.

HARMONY within the SOUL = HARMONY within the PHYSICAL BODY:

Emotional injuries, erroneous beliefs, harmful intentions are all damages encrusted upon one's soul. Such injuries are to the spirit body impairing the flow of loving energies of one's soul.

Such mind-made errors degrade the pristine soul and such damages impact upon one's spirit body which in turn emerge as discomforts, then pains, then as illnesses within the physical body.

Medical assistance and treatment may alleviate the illness / pain however the cause remains.

Until we endeavour to remove the errors and injuries, the propensity for the illness remains.

Love energy from our Mother and Father is the only substance that alleviates and progressively removes errors and injuries, and this Love energy is the only substance that permanently brings about harmony and health for our soul which subsequently brings about health to our spirit body and physical body.

Earnestly pray for, ask for, and receive the Love from our Mother and Father, such Love will always be provided to those who ask for same – always!

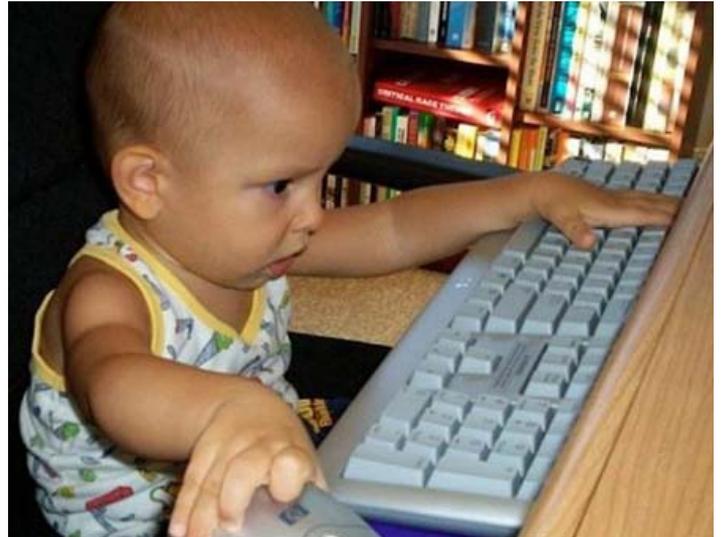
Note: We of humanity do not have 'spirits of truth'. We are ascending mortals and as such, we are not endowed with a 'spirit of truth'. These spirit forces conspire to enable material man to grasp the reality of spiritual values and to comprehend the philosophy of universe meanings. The sending of the Spirit of Truth is dependent upon the return to universe headquarters of a Paradise Son who has successfully executed a mission of mortal bestowal upon an evolving world.

When the mortal incarnation is finished, the Avonal of service proceeds to Paradise, is accepted by the Universal Father, returns to the local universe of assignment, and is acknowledged by the Creator Son. Thereupon the bestowal Avonal and the Creator Son send their conjoint Spirit of Truth to function in the hearts of the mortal races dwelling on the bestowal world. (The Urantia Book)

TELEVISION and COMPUTER GAMES:

P.230 Power vs Force by David R Hawkins

While the young are being programmed by specialised TV and computer games that glorify violence, their parents are being brainwashed by adult media. Kinesiological testing showed a fairly typical TV serial caused test subjects to go weak 113 times during a single episode. Each of these weakening events suppressed the observer's immune system; each weakening reflected an insult to the viewer's central as well as autonomic nervous system. Invariably accompanying each of these 113 disruptions of the acupuncture system were suppressions of the thymus gland; each insult also resulted in damage to the brain's delicate neurohormonal and neurotransmitter systems. Each negative input brought the watcher close to eventual sickness and to imminent depression – now the world's most prevalent illness.



Subtle grades of depression kill more people than all other diseases of mankind combined. There is no antidepressant that will cure a depression which is spiritually based, because the malaise does not originate from brain dysfunction but from an accurate response to the desecration of life. The body is the reflection of the spirit in its physical expression, and its problems are the dramatisation of the struggles of the spirit which gives it life. A belief that we ascribe to “out there” has its effect “in here”. Everyone dies by his own hand. That is a hard clinical fact, not a moral view.

What makes the endless television programs, which are concerned with mayhem and its various forms, so attractive? It is because what is being acted out on the screen, where it is safe, are all the forbidden unconscious fantasies in our own psyche. Once we are willing to look at the same movies on the TV screen of our own minds and see whence they really originate, the attraction of such “entertainment” disappears. People who have acknowledged the content of their own shadow have no interest in crime, violence, and fearful disasters. Negative forms of entertainment typically shut down one's immune system for around 24 hours – or longer! TV is a serious health hazard!

Sustained and chronic fear gradually suppresses the body's immune system. Fear is what blinds us to the real dangers of life. In fact, fear itself is the greatest danger that the human body faces. It is fear and guilt that bring about disease and failure in every area of our lives.

We could take the same protective actions out of love rather than out of fear. It is Love that protects us. It is natural love that we are endowed with, being the energy substance that is our soul. It is love energy of the soul that heals our physical body. Should we long for, ask for, and receive Divine Love, then the imperfections enveloping our soul are progressively dissolved and our capacity to heal ourselves is greatly enhanced. It is when we are within a loving environment that one's immune system is activated and strengthened.

We are to express our feelings, both good and bad, at all times, and to long for the truth of them.

The VOYAGE for KIDS with LIVING FEELINGS FIRST:



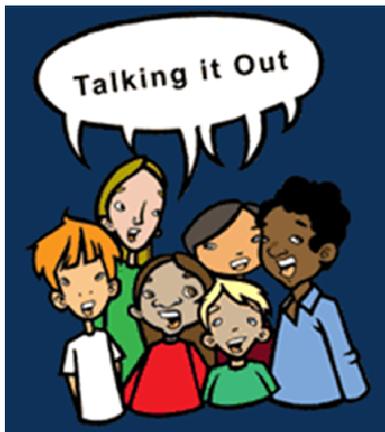
What Do Kids Feel Sad About?



Being Unloved and Rejected!

FEELING HEALING For Kids

We, as parents, endeavour to impose upon our children the personality we desire, in the same manner as our parents did to us, thus perpetuating century old cycles. We substitute the personality that our Heavenly Mother and Father have vested our children with, thus suppressing our children's free will. Through Voyage for Kids with Feeling Healing we are able to bring about Living Feelings First. One can begin to live true to themselves and express their true personality. We are to long for the truth behind our feelings, both good and bad, and express our feelings to a friend, thus steadily shedding our childhood repression and suppression. In this way we will end the cycle of humanity retardation and become free to be whom we truly are.



SUPERKIDS

Natural self Expression through Feelings

Self Empowering
Self Revealing
Self Loving



Feelings First



I'm a free spirit.

SOUL CONDITION luminosity is reflected through one's spirit body, thus all spirit people can see the relative condition of another. In this same way, a spirit person can see the soul condition of those living within a physical body.



WE are INCARNATED with Natural Love, but not with Divine Love:

We are conceived with natural love, however, we are not endowed with anything of the Divine. While we are without anything of the Divine, namely Divine Love, we can grow our natural love attributes and progress to that of being the perfect man whose lodging is found in the 6th Sphere. We do not have immortality without having received Divine Love.



Natural love radiance is very different from that which Divine Love brings.

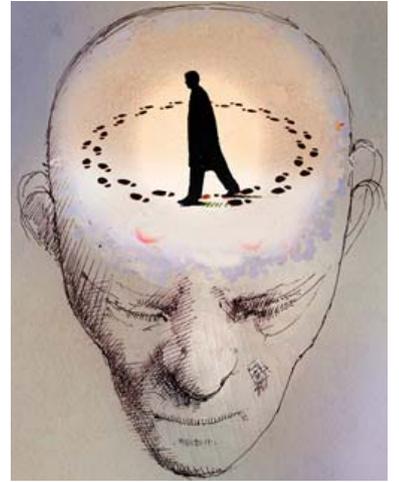
The two loves complement each other, bringing about greater harmony.



When we become aware of the presence of Divine Love and subsequently ask for and then receive the Divine Love, our soul steadily starts to change to that which is Divine and we achieve immortality. This is the Immortal Choice that we can make whilst here in the physical or later in the spirit world. Once we add Divine Love to our being, we continue then with the two loves, that of the natural love and also that of Divine Love. As we continue and receive Divine Love, our soul condition progresses so that we may eventually enter the Celestial Heaven, 8th sphere, should we have engaged in the process of Feeling Healing, and above, then progress further to enter the Eternal Spheres, then the Infinite and Universal Spheres, and then further on towards the Spheres of Paradise.



We are endowed by our Parents with natural love, maybe we neglect this gift from time to time. As we progress in time, we can add the greatest gift there is to our being, that is by asking for and receiving Divine Love. Not only does the infusion of Divine Love, with one's Feeling Healing, repair our natural love attributes, we evolve into a joyous and loving person in all respects. With the infusion of Divine Love, with the two loves, we become the complete being.



**our MIND is within our SPIRIT BODY
and orchestrates our physical BRAIN.**

MIND Worship



Natural Love Flow

Natural love is Creation's love;

One can swap back and forwards between paths

I am God

Intellectual

Self reliant (trust myself)

Self-determination way of life

Mind dominates

Thinking = Mechanistic

- rational
- analysis
- reductionist
- linear

Values = Mechanistic

- expansion
- competition
- quantity
- domination

Adult like

Control

Millions of paths (man created)

Peak possibility is 6th sphere

time to complete path:

100 years to over 1,000 years

Divine Love Flow with Feelings First

Divine Love is Soul's love.

I am God's son/daughter/child

Emotional

God reliant (God relationship)

Soul-spirit living harmony

Soul dominates

Thinking = Holistic

- intuitive
- synthesis
- integrative
- non-linear

Values = Holistic

- conservation
- co-operation
- quality
- partnership

Child like

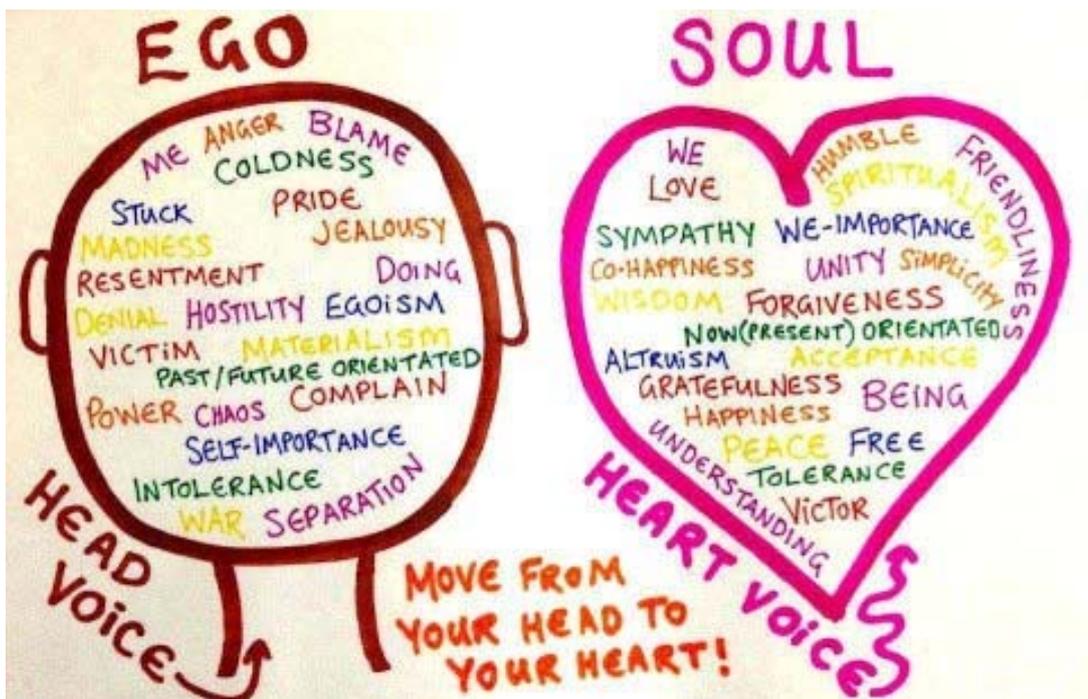
Feeling

Defined path (God created)

Peak possibility is infinity

(sphere / mansion world are same)

5 years to over 10 years to at-onement



HOW do we SUPPRESS our CHILDHOOD EXPERIENCES?

Caffeine is the most widely used drug in the world. In the United States, more than 90% of adults use it regularly. Caffeine in coffee and soft drinks combined with alcohol, tobacco, party drugs, prescription drugs and certain foods (chocolate), very few adults are without some form of substance abuse.

We use every method to dumb ourselves down so we can suppress the subtle but relentless abuse that we each endured during our forming years, from conception to around the age of six years.

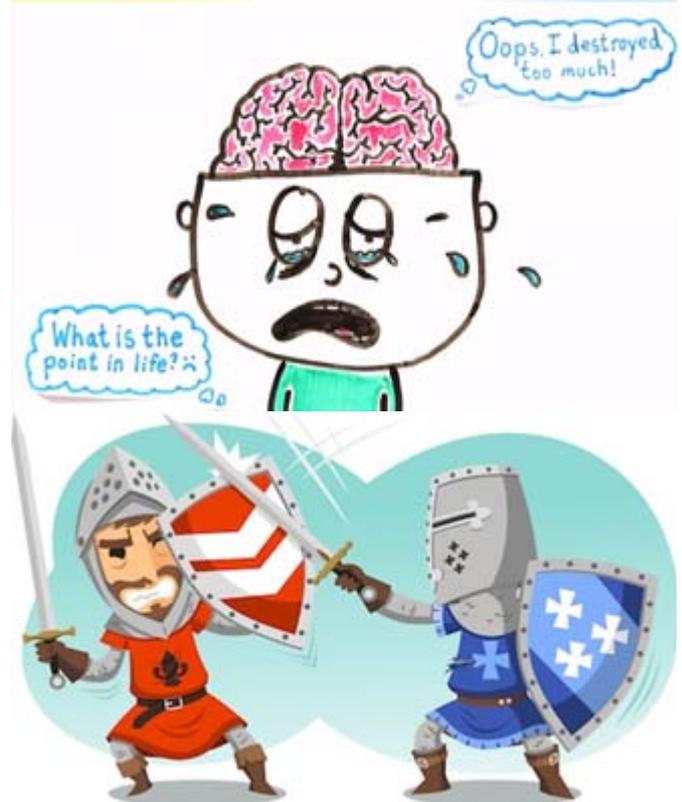
Amazingly, due to the attitudes instilled into each of us during our forming years, humanity, overall, considers war to be 'socially acceptable'!!!

When we decide to become a soldier we are really approving of being killed or killing. So, each year some 50,000 soldiers die. It is collateral damage that some 200,000 civilians die as an incidence of war. They did not buy into war.

Being brought up in semi to outright abusive families, murder is common place. Worldwide each year we have 500,000 murders. That is outside of the accidental deaths due to guns!

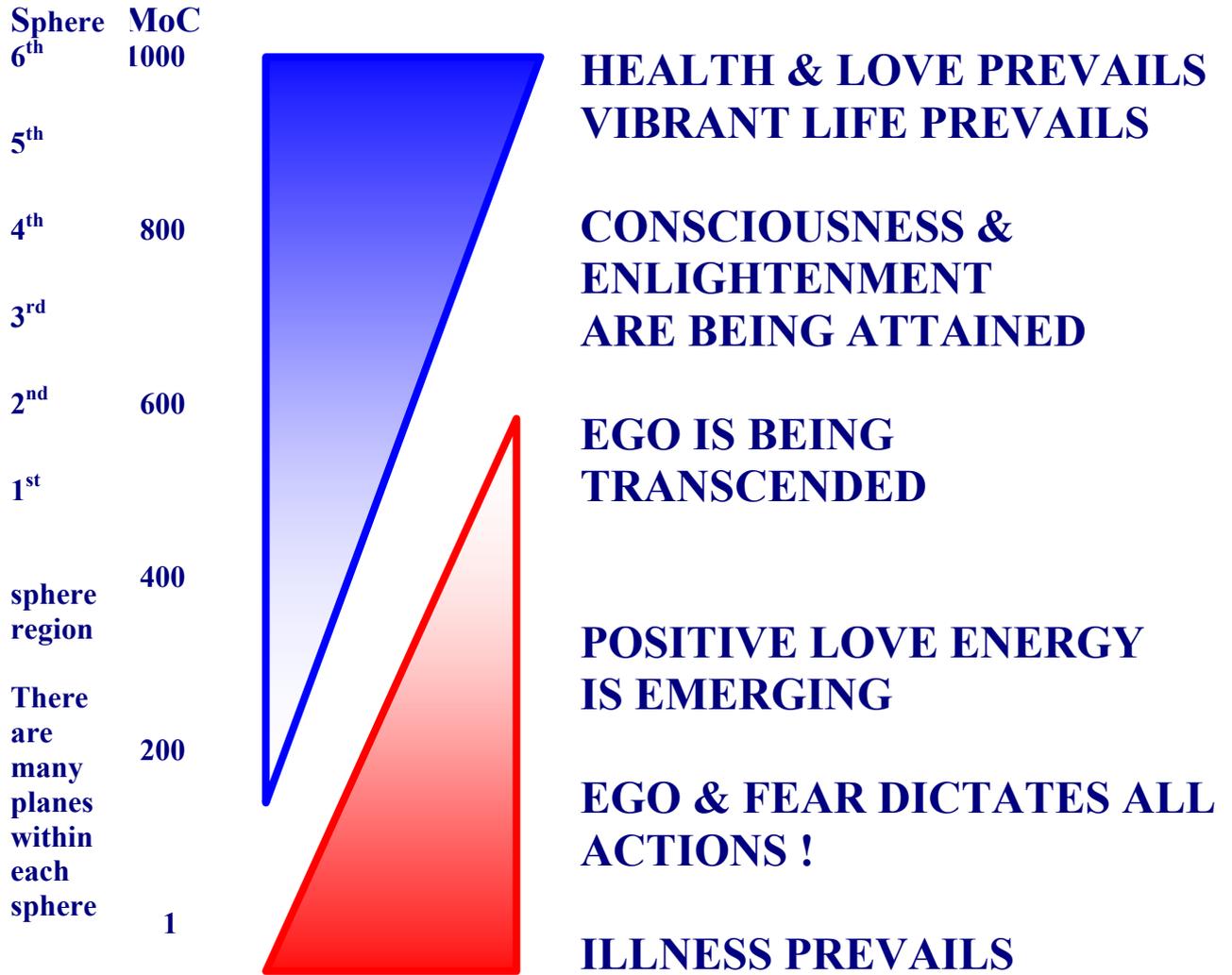
Aggressive contact sports are an expression of one's childhood suppression and repression. The harm from our childhood upbringing goes on. The cost of 'drug abuse' to a society is the equivalent of either a nation's military budget or public medical services alone. Substance abuse cost is much, much greater than acknowledged.

Society is so dumbed down that it functions as walking zombies. This is all because no one knows what true love is and how to truly love another. This can only be brought about through living Feelings First and engaging in one's Healing.

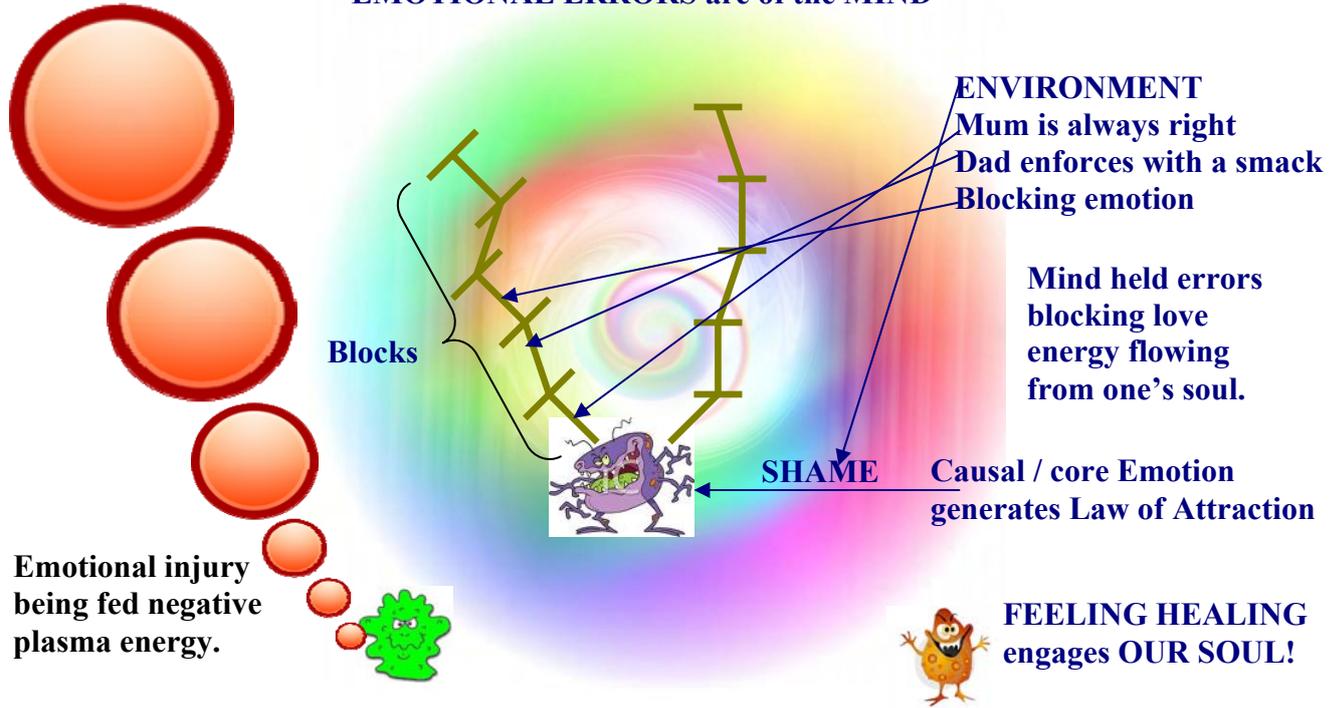


“All dis-ease is mind generated, and all healing is generated by the love energy of one’s soul.”

The Ego (mind based) manifests illness; the lower one’s level of consciousness (soul condition) then the more prevalent will be illness. Below the levels of 200, the ego and fear of the mind dominate; however, as you raise your level of consciousness by growing in love and achieve a level of 500 or higher, you begin to transcend ego dominance. At the level of 600, all healing is possible.



EMOTIONAL ERRORS are of the MIND



Consciousness Calibrations Worldwide	
Level of Consciousness	Percentage of population
600 +	1 in millions
540 +	0.4%
500 +	4%
400 +	8%
200 +	22%
200 -	78%
World wide average	220

Fields above 500 - Love based
 Awareness
 Beingness
 More feeling based activity, rather than intellectual – in the mind based activity.
 Energy field of Love is the one that heals through Feeling Healing with Divine Love.

Fields 200 – 500 - Doingness
 Intellectual
 Life is seen by mind as an opportunity.
 We are getting closer and closer to truth.

Fields below 200 - Wanting & Craving
 Desiringness
 Fear Driven
 Self hatred
 Grudges
 Values are based on what one has.
 The energy fields below 200 are opposed to life, do not support life.

Chronic illness indicates a huge denial of the soul.

Illness = out of harmony with truth and love.

It is the release of emotions that are out of harmony with Truth and Love, the longing for truth and expressing our feelings, talking them out, both good and bad, that brings about health and harmony to our bodies.

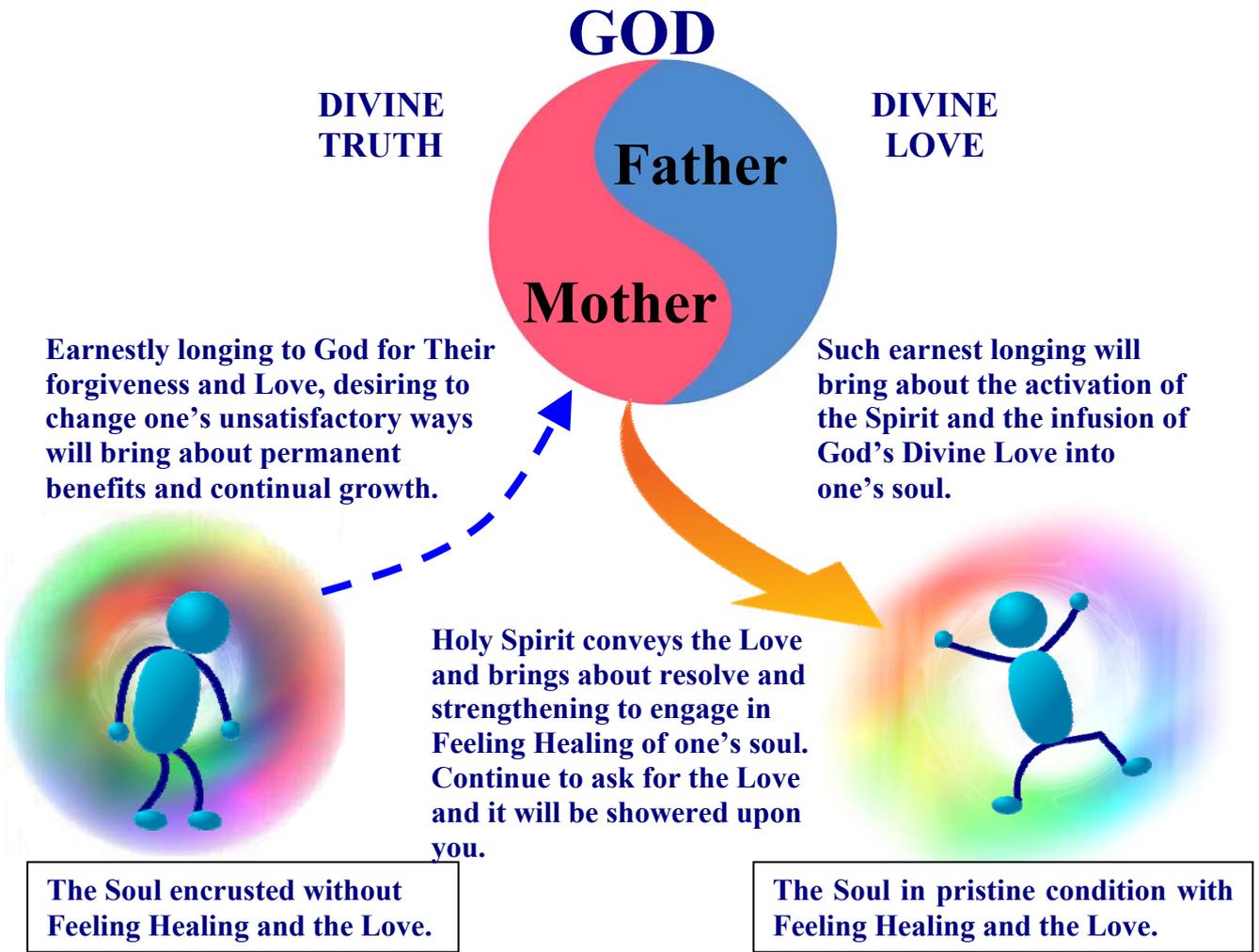
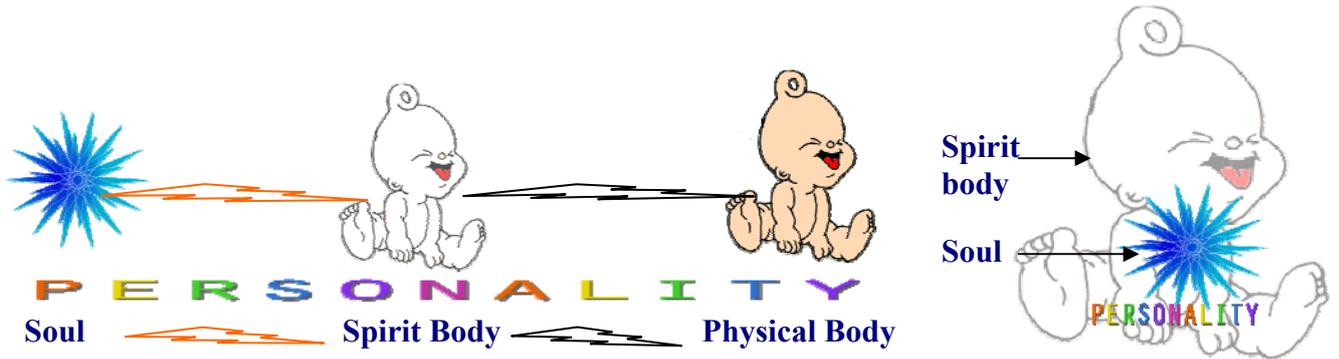
Violence is never Justified



INDIVIDUALISATION – Purpose of Incarnation:

The spirit body is, of itself, a creation like as is the physical body, and has its existence only for the purpose of preserving man’s individuality, and of containing and sheltering his soul, both while on Earth and after he becomes a spirit.

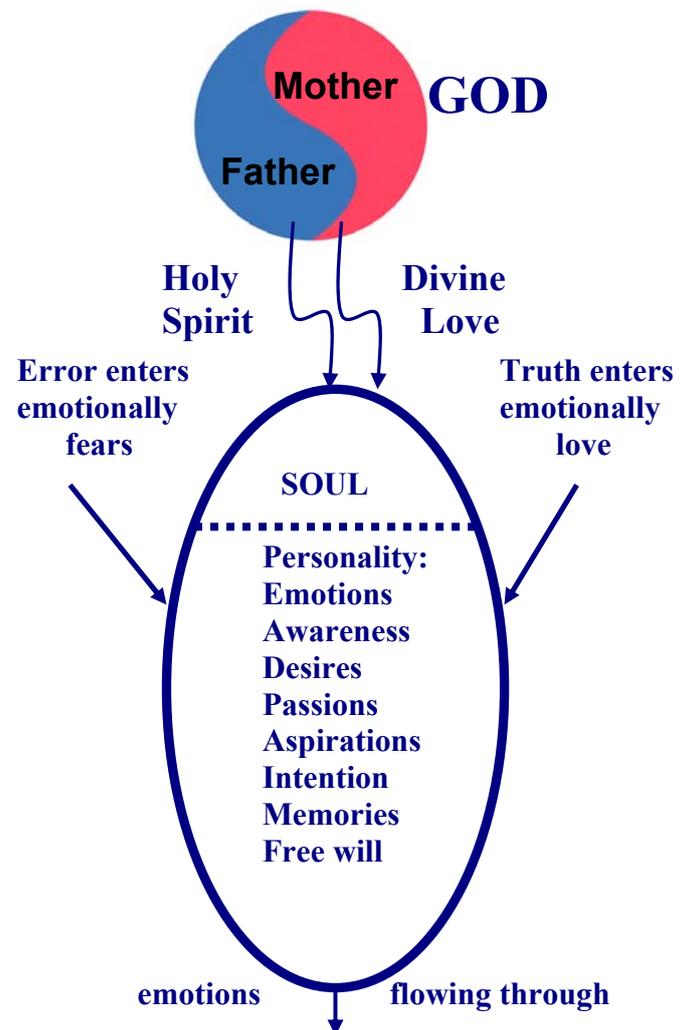
Then his living means that he is placed on the Earth merely to acquire an individuality, and to learn that within him is the soul which is his real self and which he must cherish and educate and feed with the higher thoughts and goodness of his original creation, and not neglect the opportunities that come to him for this development. Apostle John 2 July 1916



What Is Soul Condition?

Soul condition is the sum total of:

- Your passions, desires, longings, moral beliefs, moral condition, aspirations, pursuits, emotions, feelings, intentions, loves, dislikes and hates, fears, religious beliefs, scientific beliefs, love beliefs, mental aspirations and beliefs (which come from soul beliefs, but are often in disharmony with soul beliefs).
- Soul condition can be changed by experiencing the following emotionally:
- Expressing your feelings, both good and bad, to a companion. Longing for the truth of what our feelings are drawing our attentions, being Feeling Healing, together with asking for and receiving our Heavenly Mother and Father's Divine Love – Transforms the soul into a new being.
- By living true to ourselves, true to our feelings, we are living true to God. It's that simple.
- The New Way: Learning how to live true to ourselves by living true to our feelings.
- Learning to express our feelings and to live through and by our feelings.
- Growing in faith and truth – raises the soul's awareness of new conditions and state.
- Growing desires and passions harmonious with Truth and Love – these desires and passions can be nurtured.
- Learning how we treat others and ourselves. We are not to impose our will upon another.
- Expressing, thus releasing passions, desires, emotions, feelings and beliefs disharmonious with love through Feeling Healing.
- Bringing actions in harmony with love through Feeling Healing (through Natural Love).
- Changing intellectual beliefs, thoughts, words, actions, since these feed new desires, and emotions through Feeling Healing. As we grow in truth, we grow in love.



HEALTH with or without the LOVE:

Feeling Healing, with Divine Love, has a powerful positive effect on the physical body, balancing the hormones and generally promoting physical health, which is really the same thing as saying that the state of a mortal's soul impacts directly on that mortal's physical health.

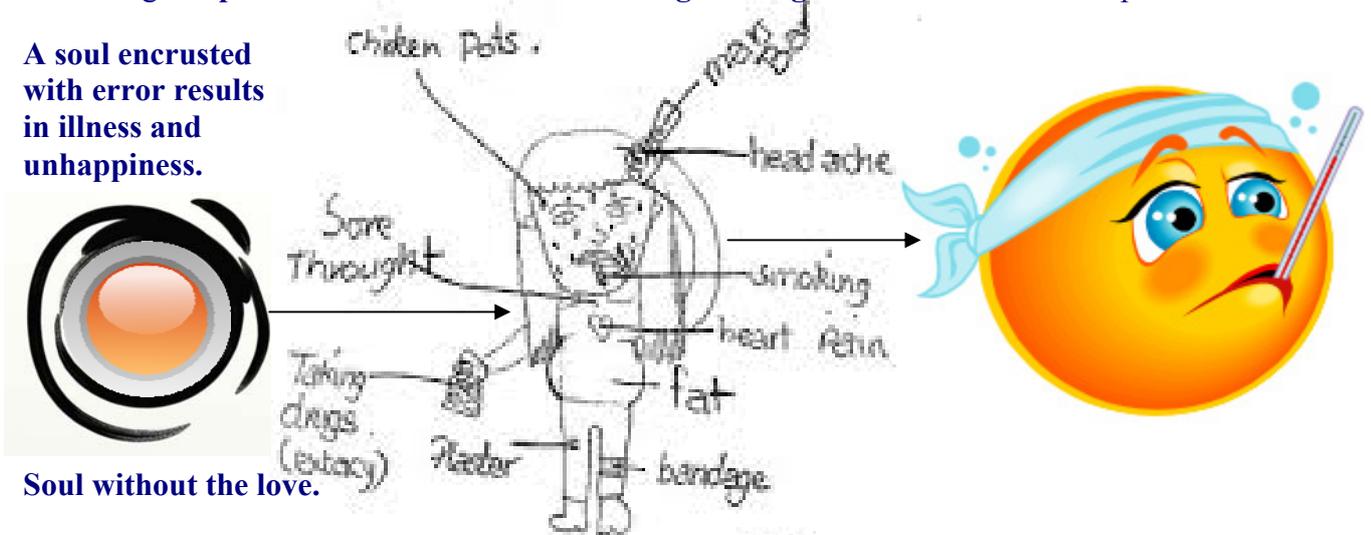
The Master, because he experienced the New Birth soul condition as a mortal, his physical nature was directly affected, so it would be accurate to say that because of this, his nutritional needs were somewhat different from other mortals.

Throughout his ministry (when the New Birth soul condition was his), he was actually in perfect physical health, and this was apparent through a sense of well-being that actually manifested on a physical level as well as a spiritual one. Aman 24 January 2007

The influence of sinful emotions and thoughts and actions upon the soul is such that the spiritual emotions and aspirations of man becomes dormant, and as though not existing, and the soul itself is encrusted with evil.

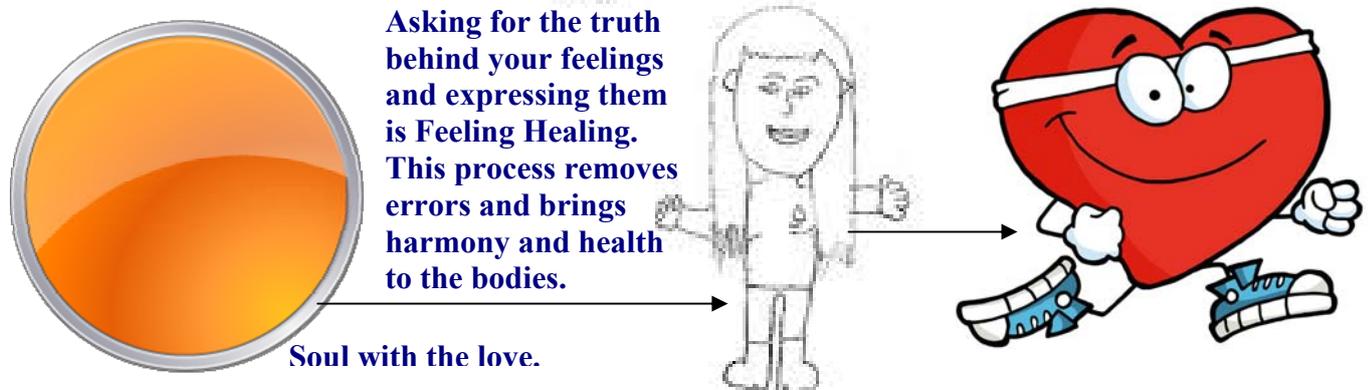
Through prayer, thoughts and soul longings, the spiritual nature in man can be developed so as to dominate the personality, and he will act in accord with the feelings and emotions of his soul. The evolution of man from the natural being to the purified soul and, if he so desires it, to the state of the divine angel is possible with the Love and Feeling Healing. Jesus 8 September 1955

A soul encrusted with error results in illness and unhappiness.



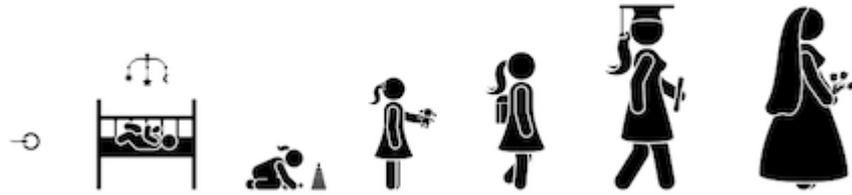
Soul without the love.

Asking for the truth behind your feelings and expressing them is Feeling Healing. This process removes errors and brings harmony and health to the bodies.

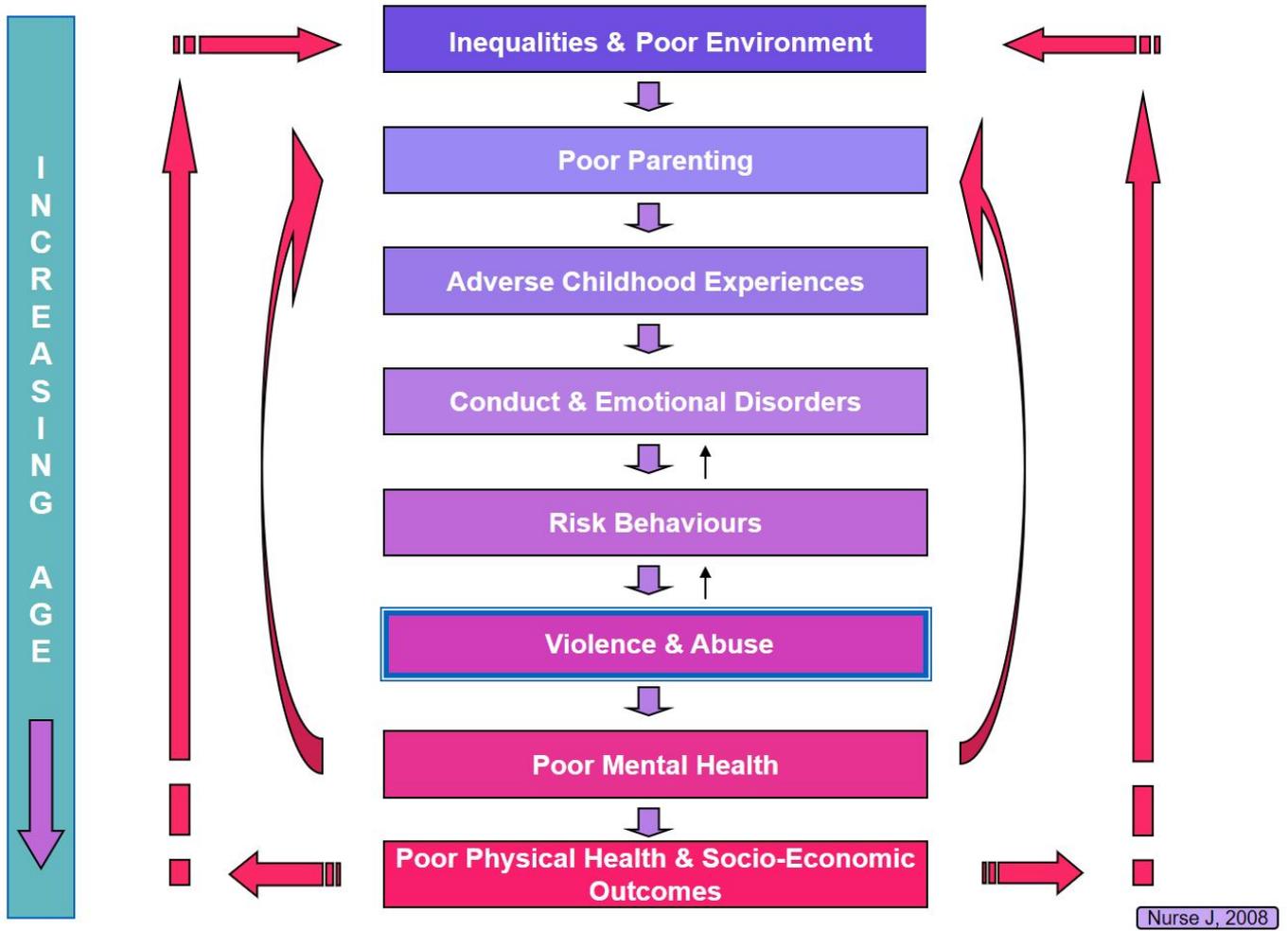


Soul with the love.

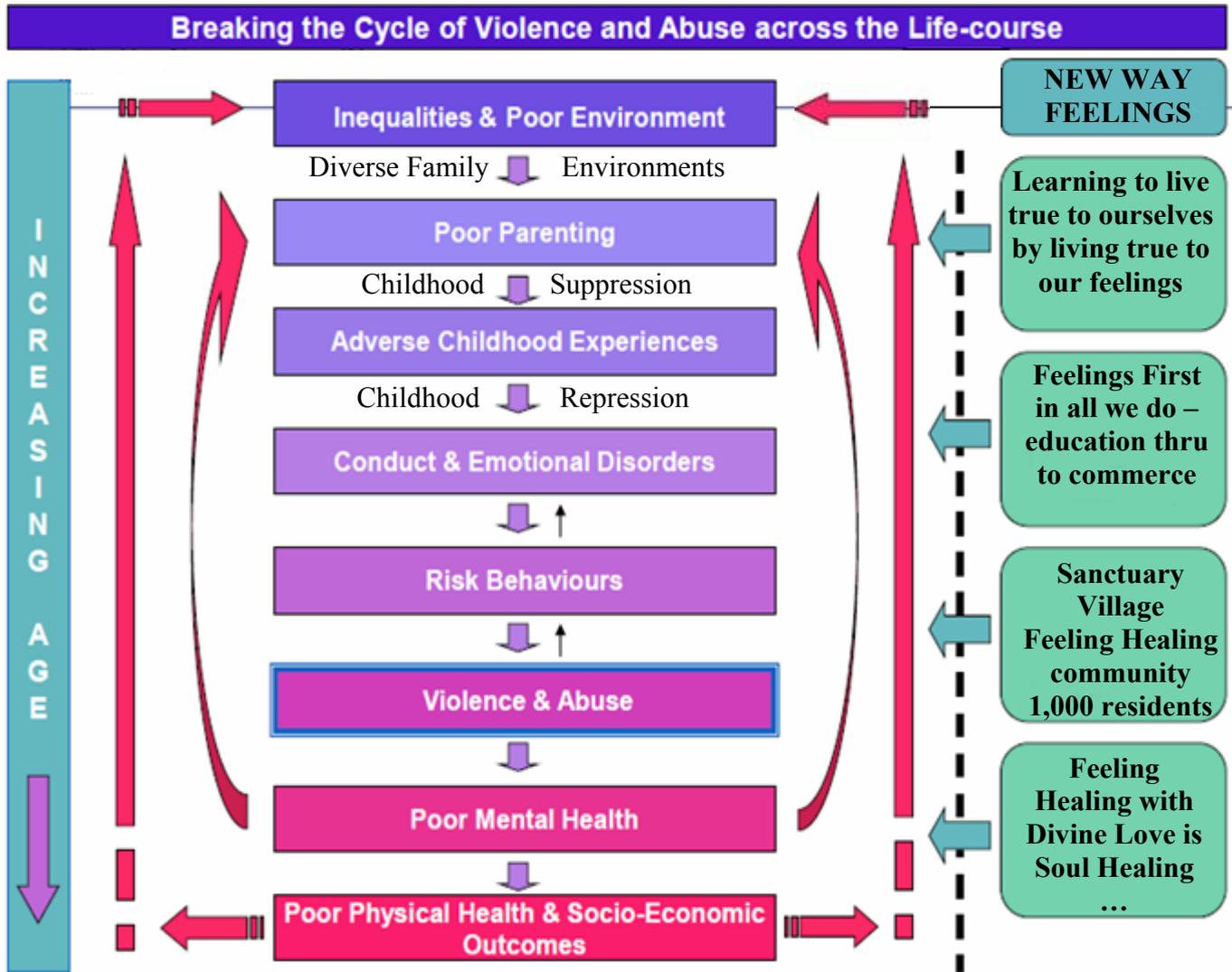
LIFE IS FOR LEARNING



The Cycle of Violence and Abuse across the Life-course



Seek **truth** from the cradle to the grave.



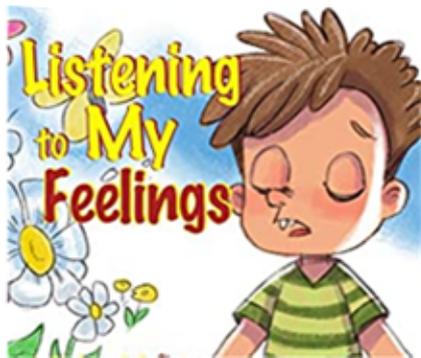
It's all about
Experiences
 &
FEELINGS

BE FEELINGS EXPRESSIVE!

*From our head to our toes,
what our feelings say goes!*



Feelings, good and bad, are to be expressed.



Talk it Out!



Heartfelt feelings are our truth.

*Then we are to continue by longing for
the truth that our feelings are to reveal to us!*

WE EACH have a Nature Spirit pair, Spirit Guide pair and an Angelic Pair:

For those doing their Healing or are interested in doing it, will from that time have their own personal angels, spirit guides and nature spirits with them, with whom they are to develop their own relationships should they want to. It is not about ‘sharing’ the same angels or guides or nature spirits, it is about you relating specifically to your ‘own’ ones because they are provided for YOU. It’s all for you, to maximise the experiences we each need.

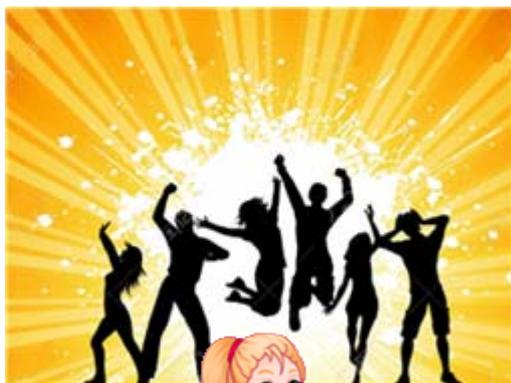


We are all to have our own pure relationships. And it’s the same, of course, in life with your friends. However over there, in spirit, dealing with Nature Spirits, Spirit Guides and Angels, it’s more personal and private and ‘JUST FOR YOU’. So, we have our own separate, unique relationships.

For example, Nature Spirit Verna has been assigned to be specifically and only with James, and she ain’t going to be assigned to anyone else, so she won’t be sharing herself around.

This is SO IMPORTANT to understand; so that in future there won’t be all these people claiming to be speaking with Verna or Mary Magdalene or Jesus or Nanna Beth or anyone else who is part of it all in such capacity. Mary M and Jesus have spoken with James as they have, making it quite clear he is the only one they are speaking with.

We each have a band of a Nature Spirit pair, Spirit Guide pair, and an Angelic pair, each pair being in their ‘soulmate’ relationship. Even though we are ascending mortals having a soulmate, even our soulmate has his or her own group of six personalities assisting him or her. Our assigned Nature Spirits do not continue with us into spirit, our Spirit Guides may for a time assist upon entry to the spirit Mansion Worlds. However, our personal Angelic pair continues with us to Paradise, and then even possibly being with us throughout eternity.



Feelings first

NATURE SPIRITS

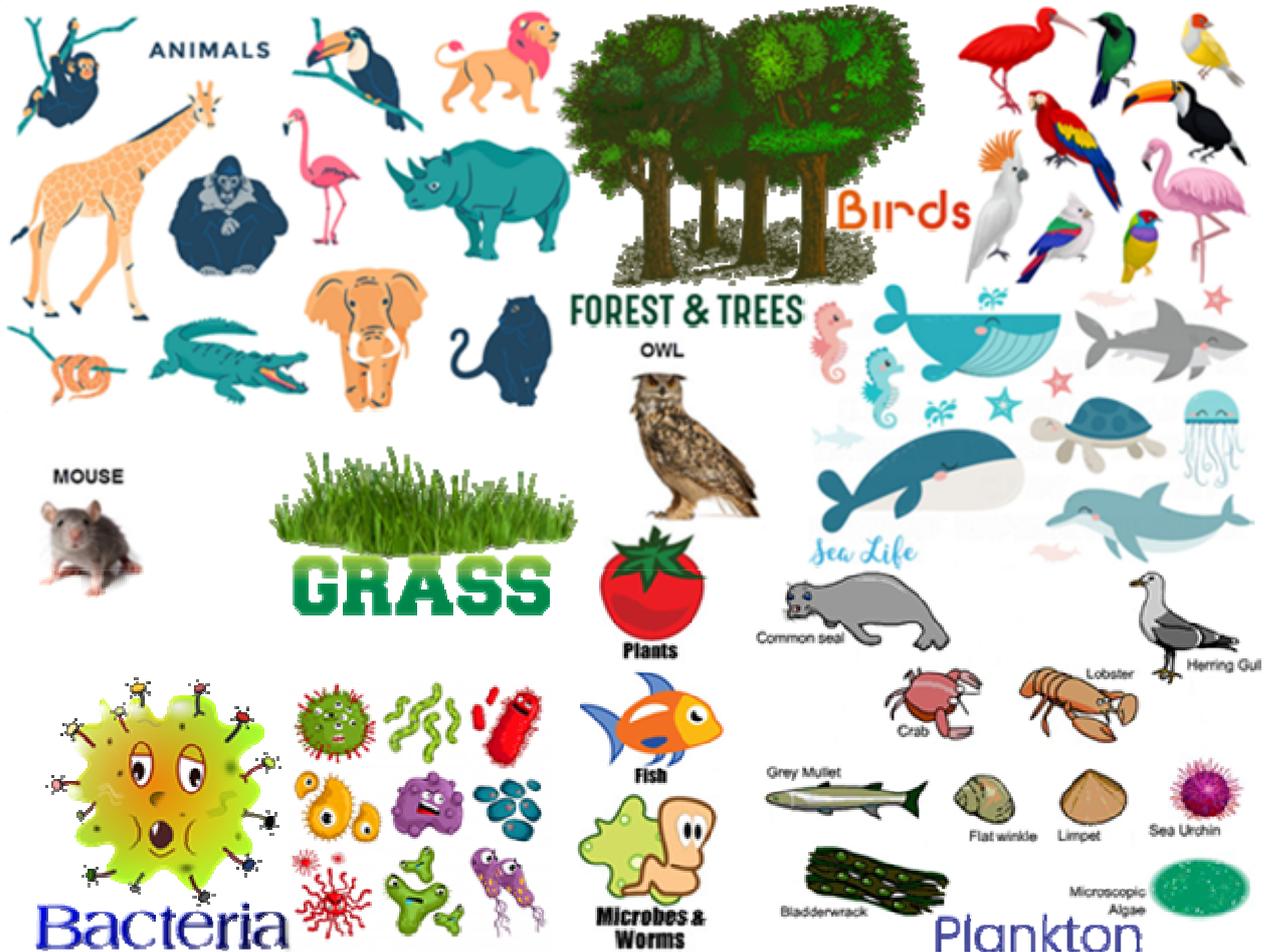
Nothing of nature reincarnates! And neither do we! Reincarnation is a false belief. Zero, zilch! Not even a blade of grass, a leaf from a tree, bacteria or plankton, or ourselves, has a subsequent physical life experience. However, except for humanity, the life force of all of what forms nature, after its sole physical experience, returns to a pool from which Nature Spirits emerge. All of nature is mind orientated. Nothing of nature has a soul, except for humanity which is truth and feelings orientated.

Meet Verna, a Nature Spirit, also known as ‘Lady of the Lake’: “Your spirit is your own unique spirit expressing the light of your soul; our spirits, also uniquely our own, however come from a composite of many other spirits. And in my case for example, and I’m about average, or ‘usual’ – as much as I hate to admit it – I’m composed, for want of a better word, of about five hundred billion creature spirits. So yes, you could say we’re complex on that level. And yet on other levels, we’re considered rather basic, we are after all *only* nature spirits, not great angels.”



“With Verna – a nature spirit” by James Moncrief

As the Rebellion and Default is now technically ending, those who embrace Feeling Healing and Divine Love will open themselves to communication with their Nature Spirit pair. For 200,000 years of the Rebellion, humanity of Earth has been closed to interaction with Nature Spirits. Humanity is truth seeking personalities who are to live through their feelings whereas nature is mind orientated and are to evolve their minds. A Nature Spirit’s next phase of evolution is that of being an angel which then will have many further evolutionary progressions upwards. Angels also step down from Paradise.



SPIRIT AND MATTER

Each phase of our progression in our personal discovery of truth will open further avenues to truth of an ever increasing and expansive nature. This is our destiny throughout our journey to Paradise, the home of our Heavenly Mother and Father.



Few are able to see clairvoyantly the spirit bodies of spirit personalities, and even then, this capability is when higher level spirit personalities 'turn down' their brilliance essence so as to make themselves visible – making themselves come closer to the density essence in which the viewer is presently experiencing.

Thus, when it is understood that we have a pair of nature spirits, a pair of spirit personality guides and a pair of angels with us at all times, we cannot see any of them. Yet they all can see us. However, the nature spirits may not be able to see the spirit guides but may see some angels, and the spirit guides may not see the angels. Should the spirit guides be Celestial, then they may also see the angels.

Angels do not have wings, and there are many classes and levels of angels. If the angels are from Paradise, then they would not be typically visible to celestial spirits of the three celestial heavens aligned to Earth's humanity. However, the angels that attended to Earth's humanity typically become visible to the spirit personality upon that person completing their Feeling Healing with Divine Love and progresses from the 7th Mansion World into the 1st Celestial Heaven.

A spirit in a higher plane of Earth cannot be seen by a personality within any of the lower planes. This is the same for each progression to a higher Mansion World, then Celestial Heavens and all the way through to Paradise. A higher level entity needs to detune and allow him or herself to be seen in any lower world and consequently each sphere thereof.

Thus, a Bestowal Pair from Paradise would bring with them Angels to assist them and these Angels of such high elevation would go about unseen, fulfilling their tasks, without any other entity being aware of them due to their ultra fineness of energy and elevation in capabilities – unless they allow themselves to be observed!



The PHENOMENON of VISIBILITY:



Firstly, animals do not have a spirit life. Should we need to interact with a deceased pet animal, then a particular class of angel will present as your pet. The life force of all of nature pools their life experience to subsequently become Nature Spirits who evolve to being angels.

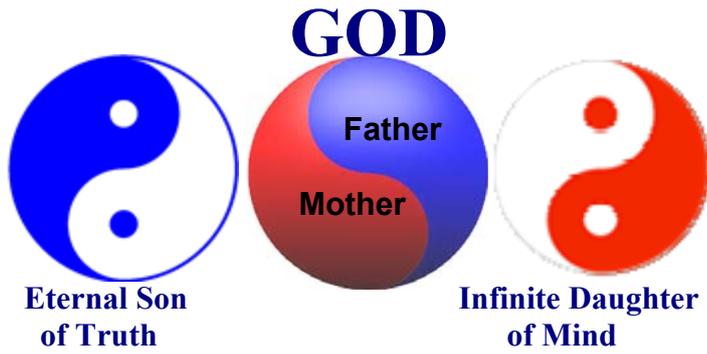
Each higher progression of a human mortal consequently becomes invisible to those remaining at the lower level, as it is with angels, though those of the lower level remain visible to the progressing ascending mortal.

In reverse, those spirit personalities descending from Paradise, the home of our Heavenly Mother and Father, need to detune themselves so as to become visible to those in our local universe of Nebadon.

Those on Earth and throughout the seven earth planes have the same visibility progression. Earth, being the densest, is visible to all. But each plane, starting at 1, becomes progressively finer, with each plane above the last invisible to the lower. The same applies throughout the 7 spirit Mansion Worlds that we progress through to enter the first of the Celestial Heavens.

Higher levels can always make themselves visible should they wish to. Spirits and ascending mortals of lower levels may not be aware of higher levels until they evolve and progress.





CREATION of SOUL and SPIRIT:

God is *The Paradise Trinity* — the eternal Deity union of the Personalities: the Universal Mother and Father; the Eternal Son of Truth; and the Infinite Daughter Spirit of Mind.



The soul of each human personality (sons and daughters of truth) is existential, driving our personality expression in the experiential. The soul of each human finds truth by embracing one's feelings and longing for the truth of them. We are to attain the Eternal Son of Truth. We are a creation of Truth.

Feeling Pathway

Mind Pathway



The soul of angels is experiential, evolving through their experience by continually progressing in mind development. Angels are to attain the Infinite Daughter (Spirit) of Mind. Angels are a creation of Mind. Our soul is duplex (we have a soulmate / soul partner) and is created by our Heavenly Parents. Through our Feeling Healing we perfect ourselves, enabling the union with our soulmate, as we progress in truth up through the spirit Mansion Worlds, celestial heavens and all the way to Paradise.

Soulmate Pair

Angel



The soul of angels is also duplex, yet of the mind, and they progress in mind evolution to Paradise. Animals, plants and nature spirits are also creations of Mind.

Spirit Person

Nature Spirit



Neither we nor animals reincarnate. We never die; upon death, we move into the spirit Mansion Worlds on our journey to Paradise. When animals and plants die, be they the tiny microbe to the mighty elephants of the land and the whales of the ocean, their spirit energy returns to the Spirit Collective Energy. And from this energy are drawn other animals and the nature spirits, who then in turn move onto becoming angels through increasing mind experience.

A nature spirit is an angel in waiting.

MY ANGELS

Sunday, 18 July 2021

James: Regarding Covid and our other diseases.

My Angels have been telling me how all our diseases have been specifically evolved as part of the evolution and expression of this current Pole Reversal Age. So they will all end with the Nova, and then with new diseases being evolved by humanity through the Next 12,068 year cycle. And with those who survive and are still living the Old Way, being helped by their Angels to evolve more flus, covids, cancers, autoimmune problems and every other disease we're currently afflicted with; and with those of the New Way remaining mostly disease free because they are wanting to end their evilness and so don't need such diseases to help them progress in their negative states.

The Australian Aborigine, before white man, being a good example, in that even though they were of the Wrongness, so the Old Way, were living the least evilness, so weren't afflicted by such horrible illnesses. Then the white man comes who is living so untrue and against himself and nature, full of pox and riddled with disease and all sorts of weird afflictions, nearly wiping out the Aborigines; and the same in the America's with the Indians and everywhere else we more 'civilised' people went to and corrupted with our yuk.

yuk

My Angels have been saying that the difficulty we have in dealing with a simple cold, let alone a flu or Covid or all the other diseases, are that our bodies are not actually designed to cope with them. If we weren't in rebellion, we'd never suffer from such horrors, never needing to develop such horrendous illnesses that were to show us how sick and untrue we were; and so being in rebellion, our bodies can't cope. So we have to do even more artificial stuff to 'help' them deal with such problems. Which only creates more stress and problems, if by nothing else other than helping us get better and keep going with our evil ways. So although we have according to some, a robust immune system, it's by default, it's having to be constantly used because of being constantly assaulted by all our disease over all this time of the Rebellion. All the disease we make ourselves because really in our unloving state we don't want to exist, shouldn't exist, for how can you exist without love; and so we're always bringing the Agents of Destruction upon ourselves, then making our bodies have to resist them by conjuring up cures, remedies and medicine. So we're trying to kill ourselves, to stamp ourselves out of existence by rebelling against ourselves, yet at the same time resist that and fight against ourselves doing that by forcing ourselves to stay alive. That all being part of the delightful madness we live in.

And our Angels work hand in hand with our bodies and spiritual system, continually adjusting the light within them, dependent on the needs of our soul – what we're to experience. So being rebellious, our Angels help us stay bound up in our negative states, help us suffer all the illness and other problems we need to keep denying as part of our denial of the truth of ourselves. So our Angels help us get sick, keep us as sick as we need to be, and then help end the illness when it's taken us further into our denial. And they work in step with the doctors or with whatever alternative 'healing' modalities or medicines ensuring we fully express the negative state our soul needs to experience. So the Angels are in the operating theatres with the surgeons, they are with you every moment, micro and macro, managing every pain and ache and cold and cancer and every other problem you have. They are right there with you as you are smashed up in a car crash, making sure all that is meant to happen to you does, and then they are with you through your recovering, or taking you into spirit if you die.

So our Angels work to keep us in our rebelliousness whilst we want to remain in it. We have this 'nice' idea about the Angels that they are always helping us in positive ways, to make things better, so save us, to ease our burdens, to lessen the weight of misery, sadness, and take our pain away, and yet they are the ones who are working tirelessly to keep all those bad things happening to us! And then on the other

side, if we are looking to end our rebelliousness, so too do our Angels work tirelessly to make all the necessary inner adjustments so we can experience all we need to uncover the truth of our Wrongness and eventually set ourselves free of it.

And in asking them about how do they feel keeping us bound up in our rebellious states and keeping the pressure on us in our suffering, they say they feel wonderful being able to fulfil all that's being asked of them by the Mother and Father. They love attending to us in our rebellious state, making us sick and keeping us going through all the pain; and if they do their job well of helping us stay in our fucked up feeling-denying state of mind, they feel elated, evolving in their service to us. They tell me they are impartial to our feelings. They are not emotionally connected to us, feeling sorry that they have to keep making us feel bad, sorry that they are making my cold worse and worse so I feel like I'm about to die. They feel good the more we feel bad, all whilst we're in our unloving negative states. And then they feel good when we're choosing to go the other way and they are actively helping us move along in our Healing. Making us feel bad during our Healing, yet bad in ways we need so as to access the truths through our feelings of our negative state our soul wants us to see.

They have been telling me that in actual fact we're all meant to live life positively with our Angels, and ideally with us all being fully aware of and connected to them. Which would happen were we perfect. That apart of a perfect humanity's spiritual evolution includes evolving and growing its relationship with all the Angels. The Celestials tell us they are with their soul-mates and in their soul-groups, and then are also fully attended to and involved with their Angels, all the way to Paradise. So we being daughters and sons of Truth are to live our feeling experiences to help us grow in truth, with our Angels, the daughters and sons of Mind, helping us. The Mind helps the Truth. Our Mind should support our Feelings so they will give rise to the Truths we need to live. So the Angels are created to help we of the Truth. And what they get out of helping us of the Truth is they evolve or advance their minds in light. So the Angels evolve their Minds to Paradise, as we evolve our Truth to Paradise, and we both need each other, we're inextricably linked. And even though Angels don't incarnate with us onto the material, still they are completely linked to us. And then when we all attain Paradise, we separate, with the Angels going to their sector, and we of the Truth going to ours, with us all to meet personally with our Paradise Mother and Father. Then, do the Angels work still hand in hand with us as Finaliters? I have not as yet asked my Angels about that, however I imagine the relationship would keep going, it always evolving into deeper levels.

So the Angels and Nature spirits will work to evolve and mutate Covid and all other diseases as required. And we can vaccinate and do all the rest, and should our soul still need to experience it, we'll still get it, which is being seen by so many now vaccinated people getting it. And so we're to see that all we do is wrong, everything, every tiny part of our way of living is against the truth, is bad, evil, is rebellious and so unloving, which if you allow Covid or your disease to show you the truth, which means, allowing it to make you feel as bad as it can, you don't try to fight it, allowing it to kill you if that's what's to happen, feeling just how dreadful and powerless and miserable and unable to do anything, then you'll be living true to your rebelliousness, then you'll be living the truth of the Rebellion, which is anti life.

And that in theory is all well and good, yet who can just abandon themselves to Covid or whatever their illness is and go through the worst fucking pain and miserableness and terror that it subjects you to... very few people I would imagine. So our Healing is a breaking down process. I had bronchitis two or three years ago. The coughing was smashing my brain around too much, I had to go to the doctor for help, I couldn't do it anymore. Now I have a bad cold, and yet being further on in my Healing, I am dealing with the cough in a different way, my cold is helping me go deeper into my misery and fear which I'm far more aware of, and which it is doing perfectly. And so far I've not got so bad as needing

to go to the doctor, however I know I'm going through it all on a much deeper level than last time. I am more aware of how nothing and pointless and moronic my existence is, how I can't do anything, everything is so meaningless in my life and in the world, how anti truth and love I am, how unloving I am, how unloved I feel, how nothing was there to make me feel wanted and cared about during my childhood, my parents and family only served to disconnect me and make me feel endlessly rejected, all the same feelings my cold is making me feel. So I'm more on my bottom line, or at least closer to it, more aware of it this time round feeling sick from such a virus. And no doubt if my Healing goes for a couple more years, the next time I have a cold, all thanks to my Angels working it to affect all the bad feelings I need to feel, so it will help me get even more in touch with the truth of my rebelliousness.

So with all illness we can experience it to either help us deny ourselves and our feelings further; or help us stop that denial, using our feelings to help bring to light the truth of why we're living against ourselves by denying so much feeling expression. So either way, we need illness, and really the whole drive to try and eradicate it using man-made means, is living even more rebelliously than we do. And we'll only not need illness once we're fully healed, being no longer of the Rebellion, being true and perfect. True and perfect Natural love people don't get sick, why would they when they are to only feel loved all the time? So forcing everyone to be vaccinated so no one dies is even more moronic – how fucked can we become? We are meant to die and move into living in spirit. We're not meant to live here on Earth forevermore. So we need to get sick to help ourselves die, we should welcome Covid and all the rest as a means of ending our lives here.

However having said that, no one wants to be sick and everyone wants to end the pain, so I understand our fear of getting sick and dying. God, as much as I promote fully accepting all one's bad feelings, I still resist my own, still hate feeling bad, still don't want them, even knowing they help me uncover the truth of myself.

Concerning the Aftertimes, those people of the New Way, some of who might be living in the Sanctuaries, if everything does go that way and there is indeed a catastrophic Nova in 25 years times (2046) as Doug Vogt has worked out, will enjoy an increasing personal relationship with the Angels, their own personal Angels and Angels in general.

The next Spiritual Age is to be also an 'Angel Age', one in which the Angels no longer remain 'hidden' from people because of the Rebellion forbidding such open and personal involvement. We are not close to or aware of our Angels because of the imposed restrictions of the Rebellion. We can't have open and loving true relationships with our Angels who are true and perfect, because the Rebellion is against all that is true and perfect, so we're living against a personal relationship with our Angels. So like in our own relationships, which we also can't have truly loving ones, we can't have truly loving relationships with our Angels. However as people do their Healing, and once Healed, then with each other will be able to have truly loving relationships, the first truly loving relationships for 200,000 years, along with being able to have truly loving relationships with their Angels.

And they were telling me that it's right that you can see, sense and have in your mind all the time, your Angels, they being in effect 'part' of your mind. I talk with my Angels on a cyclic basis, which I've come to understand means that every so often they are attuned to me and I to them and we can communicate mind-to-mind. I can sense them always with me, I can't see them, yet only infrequently have the mind circuits been open and we can talk. I have wanted these lines of inner communication to always be open, however as my Angels explained to me during one of the open times, the infrequency of our closeness in this way is a product of the Rebellion. My rebelliousness inhibits our relationship to the degree that about once a year if I'm lucky the circuits will be open and I'll enjoy about a week or two of them being completely available to me, in which I can ask and speak about whatever I want. And I have

in the past tried to maximise these times, to ‘get as much information’ out of them as possible, yet now I’ve let that mind control go and I simply enjoy spontaneously talking when I feel to during such times. Such as how it’s been these past couple of days, as they’ve helped me understand more of what my cold is doing for me and all I’ve just been writing about.

So as I was saying, I believed that as much as I have wanted to talk continuously with my Angels, to have their love and support as part of my security in the world, it was wrong for me to want them this way, because I was using them as part of my ongoing mind control to stay in my mind talking to them at the expense of attending to my feelings. So I thought possibly we, or I at least, shouldn’t have complete involvement with them, it being too mind-distracting, however they have told me that there is actually nothing wrong with complete involvement with them; and that in fact it should be complete involvement, only that would be were I living in a positive mind state having healed my rebelliousness.

And that in the Aftertimes many people will have full-on continuous relationships with their Angels, seeing and speaking with them to whatever degree as determined and required by their soul as part of their life experience. And because such people will be living true to their feelings, their mind won’t take over using the Angels to deny any feelings. I can sense how it would be for such people, including it in some of my ‘movies’ about the Sanctuaries and Aftertimes, and I wish I could live on Earth in those movies and with my Angels like some of my movie characters do. Then I can believe life on Earth would be idyllic, free of the Rebellion, at one with nature, the Nature spirits and Angels, all at one with oneself, and at one with the Mother and Father through Their Divine Love.

Personally I feel more love for my Angels every day. I long to be with them. I want to be fully connected to them all the time, and much more so than other spirits. I am so grateful to them for all they do for me that I have no idea about, tirelessly working within all my shit, adjusting me into the Rebellion, through it, and now out of it as I work to do my Healing. I can’t wait until I can see them and be with them in the Celestial spheres, able to fully love them with all the appreciation of them I feel. And when they are not ‘close’ to me, when I’m not fully connected to them, I feel dreadfully lonely, they being my only companions during my childhood, even though I wasn’t so aware of them back then either.

And it’s a such a nice feeling, feeling them with me, although rather odd, because mostly I feel as if they are right up close to me, behind me, and with their heads close to mine just above my shoulders, one on each side, although often the right side being more ‘active’, as if they are always about to talk in my ear.



We angels have news for you. We do not have wings, we have no need for them! Further, we appear to you in the form that you prefer.

NATURE SPIRIT communications had been SUSPENDED

13 November 2017

Hi Verna, (note from Graham Golding)

There have been several pieces of information I have read lately through James and compiled by John. Of particular interest was that during the Rebellion, communication between humanity and nature spirits was shut down. The channels, according to Nanna Beth (if I recall correctly), only having been opened up very recently. This seems at odds with the fact you have been communicating with James for several years.

So to help me understand, can you please provide the date that the communication channels re-opened, and also help me understand what was the trigger which effected the change?

Also, John is looking to create PASCAS Parks which will include what he refers to as biospheres – highly intensive food production systems. He has often intimated it would be my role to be involved with them. However, I have always felt the emphasis on hydroponic and other intensive growing systems is all wrong. Trying to manipulate nature too much. With my current understanding, I tag them as "mind based agriculture".

If I understand your previous post correctly, then what we should be doing is gathering a group of people on the feeling / soul healing pathway, and get them actively engaged in the development of the Biosphere (New Biosphere Agriculture). From the information received by mediums communicating with you nature spirits, we will get guidance on which varieties of various plants we should start with. Because our band of merry men and women are advancing in their healing and level of truth, there will be an attraction of nature spirits to work with us. As you have the capacity to evolve new species, as time progresses and our collective truth expands, production will be abundant, plant species will be insect and disease resistant and, and food will be incredibly nutrient dense.

We will want for nothing except guidance from the nature spirits.

Almost like having our virtual Monsanto without the mind controlling influences, the horrific destruction of soil life, and the damage caused directly and indirectly to humankind.

Now that is worth dedicating myself to. Graham

Verna – a Nature Spirit: **YES GRAHAM!** What you said is music to my ears!!! This is the most perfect paragraph:

“If I understand your previous post correctly, then what we should be doing is gathering a group of people on the feeling / soul healing pathway, and get them actively engaged in the development of the Biosphere. From the information received by mediums communicating with you nature spirits, we will get guidance on which varieties of various plants we should start with. Because our band of merry men and women are advancing in their healing and level of truth, there will be an attraction of nature spirits to work with us. As you have the capacity to evolve new species, as time progresses and our collective truth expands, production will be abundant, plant species will be insect and disease resistant and, and food will be incredibly nutrient dense.”

You’ve got it, that’s it precisely, that’s what we want to see happen – that’s what WILL happen. And

the 'Biosphere' is ANYWHERE you want to grow things, and be with nature doing the right thing by it, and be with us. A cooperative affair, you and us – YIPPIE, how wonderful that would be!

The other forms of intensive 'mind based agriculture' as you rightly put them, might also be required under certain circumstances, and should people wanting to establish them and be doing their Healing and looking to live such higher truths, then we'll still be open to assist them. As we will in any and all endeavours with nature, even if it's to help those people see just how wrong the mind way is. Humanity is coming around through hard experience to understanding that the mind way is wrong so far as in all aspects of how it treats nature, and yet within it there are better and worse ways, so the better side of it at least is showing there is more respect for it. However Graham, should some people come wanting to do their Healing and who are able to readily communicate with us, your heart will, as it already has, want you only be involved with them – as you said.



The Rebellion shut down humanity's communication with us, and the angels, to the degree of our all working happily together, we helping you and you helping us by allowing us to help you. We were still able to make contact with certain people, very few directly, mostly in dreams and visions and that sort of thing, still able to guide humanity deeper into its wrongness yet also understanding more about nature. This being mostly with the native peoples of the world, although occasionally we've been allowed to help certain scientists, free thinkers and nature lovers. With you so-called 'modern lot', na, only on the very odd occasion have we been allowed direct contact. We've been able to do a little indirect stuff, such as with Findhorn (The Park, Findhorn, Scotland), and other odd people and places, but they've not really understood that it's been us. Also the mind spirits pretended to be us a lot, adding to the confusion.

The part about my being able to talk with James, and the specific date things opened up as you say, well that started when he started his Healing. And as to why that is so significant, well you might like to ask John about that as James doesn't want to include that sort of thing on the forum. (Possibly around the middle 1990s.) So the communication channels are now open to anyone who wants to do their Healing, as you understand it's done, all so long as it's with your feelings and not just any old mind healing. **The mind side is still in rebellion**, so we and the angels, with those people and mind spirits, have to keep honouring their intention to deny the truth and so deny nature and us too. So we won't be able to have anything directly to do with them. However some mind based people will still have things to do with people doing their Healing, so indirectly we'll be able to connect with them through those doing their Healing.

So you're on the right track Graham... keep going... you've got a little band of wee little people of the light helping you with such ideas. Ask them to: Give you a Sign that they are close with you...

Love Verna. Read more: <http://dlsr.freeforums.net/thread/37/hello-verna?page=2#ixzz4ySQtbys>

VERNA – a Nature Spirit: STRAINS of FLU and ALL ILLNESS

Friday, 6 April 2018

John: Worldwide it is recognised that the annual flu epidemic will consist of new and differing strains of viruses. Why do these variations arise? Why do the new strains appear to be more difficult to manage each year? Why is there a continual incremental risk to life with each new strain?

Verna – a Nature Spirit: The new strains exist because we – the nature spirits – make them exist. We're the instigators of such 'diseases' on the world, we in league with our fellow conspirators – the angels; the truth of which your scientists refuse to acknowledge when there is ample evidence to them, which they persist in brushing aside, that something else or someone else is tampering with such 'bugs' and 'nasties'. And who has the real brains: we nature spirits who control the natural world on Earth, or your great scientists? We'd like to see a little more humility please – that would definitely be a step in the right direction. You don't have to bow down to us, we don't need that level of servility from you – just kissing our feet would be enough!

And hey, guess what? YOU'RE NEVER GOING TO BE ABLE TO BEAT NATURE – WE'RE NEVER GOING TO ALLOW YOU TO. HA! YOU HAVE TO LEARN TO FULLY HONOUR AND RESPECT NATURE – AND YOUR OWN NATURES, LEARNING TO WORK IN PERFECT HARMONY WITH IT AND WITH YOURSELVES BEFORE YOU CAN GAIN ANY RELIEF FROM SUCH 'BEASTIES'.

We have virus making 'factories', we'll always be one step ahead of humanity. So until you understand, you have to WAKE UP, not that I want to sound patronising or tell you what to do, BUT YOU'RE PUSHING SHITE UPHILL.

And you might like to know, we're not going to let you off the hook. You have to learn that all illness results from your inner levels of discontentment – BECAUSE YOU DON'T FEEL LOVED. And work to get to the truth of your bad feelings. And when you do, then as you grow and evolve spiritually in truth, so you'll literally 'rise above' – ascend – the need for help from such illnesses because you'll no longer NEED THEM TO MAKE YOU FEEL BAD. Accept they make you feel bad, you are meant to feel bad with them, and not then try to eradicate them, that's only eradicating yourself, which you're already doing; but instead to work with those bad feelings, this being how you start to love yourself back into true health. Go with your bad feelings, not fight against them. Go with them instead of trying to eradicate them, and the same with your diseases and illnesses.



John: Worldwide it is recognised that antibiotics are becoming ineffective. Why are even newer more capable forms of antibiotics are not being able to manage the bacteria and viruses that are evolving? Why are viruses and bacteria evolving in the first place?

Verna: It's the same deal: Humanity is to uncover the truth of evilness, its wrongness, of its rebellion and default. And illness is to show you that you are wrong. You wouldn't get sick if you were right. So what would be the point if you eradicated all illness and you never had a bad feeling from being sick – you'd never know you had all your childhood repression locked away inside you that you were to deal with. ILLNESS IS YOUR FRIEND, because it's the warning lights that says: I AM NOT RIGHT. I NEED HELP. I can help myself by attending properly to my feelings. So do so by wanting to uncover the truth of them!

John: Worldwide we have the mantra that should a new drug be developed, until that drug has gone through double-blind clinical trials successfully then it is not to be made available. Should the double-blind clinical trials be successful for around 60% of volunteer patients, then it is considered for public release. But then, why has it failed with 40%? Why do some benefit and others don't when they are all in the same health predicament?

Verna: Because you are all different, you've all been subjected to different childhoods, even within the same family. So nothing will affect the whole, short of you all 'nuking' yourselves into oblivion. (nuking – destroying something with a nuclear weapon) Yet even then, do you really think the angels are going to stand aside whilst you annihilate yourselves? There's too much goodness in your suffering since conception for you to simply obliterate yourselves, too much truth to be discovered – the whole truth of why you feel so bad, the truth of feeling unloved. And it's an enormous truth and enormous amount of truth. And it's all there inside you. Waiting for you to bring it out.

FEELINGS
must be
FELT

John: And why do 'sugar pills' work when prescribed by the doctor?

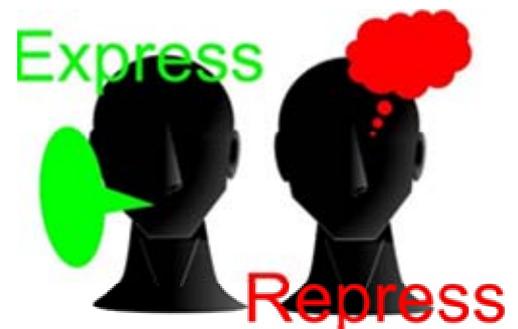
Verna: It shows you the power of your mind and its controlling beliefs. People believe all sorts of things resulting from their wonky childhood. (Note the use of that word dear John, I'm adding it to my repertoire – James.)

John: We see new forms of illness arise, why is this so? We also are seeing that vaccinations are not as effective as they appeared to be some years ago, why is this so? The fact is that humanity presently cannot eradicate any form of illness no matter what our scientists discovery, why is this so?

Verna: God has allowed you to experiment with all the ways within your unloving states, this being one of them. However humanity is now moving on, times are a changing, the old ways are to end, humanity is to heal itself of its rebellion and default. So what has worked will fail, and more so, and new things won't work for as long, failing quicker, fear and pressure will mount as the old fails, all to give rise to GUESS WHAT? – MORE BAD FEELINGS. And why more bad feelings? – so you can express them and bring to light the truth they are to help you see – THAT'S WHAT!

John: When a pandemic hits a community, why do some people never succumb to the virus or health issue while others contract the disease and many die? Why isn't everyone impacted equally?

Verna: Different childhoods, different beliefs, different self-denial parameters, all of which affect you in different ways bringing about such differences. You are living in denial of TRUTH. Your childhoods are truth-less. So your adult lives express or reflect this. Life as you know it is all wrong, negative, unloving, even all the good loving parts within it. So it's all got to change, BIG CHANGES, but you can do it, you'll see, humanity will have to do it.



John: This is the major difference with a Pascas Care Centre. In addition to providing a holistic allopathic and complementary health care service, we are to address the question of what is the cause of one's discomfort, pain and illness.

Further, we are to address the questions of why is it that treatments previously embraced have not continued to be successful in bringing about health to the body?

Verna: Same deal. It's all what went into you through your forming and early childhood. Nothing more. All the secrets are contained back there within yourselves. When you 'go in' you're to go into your early life through your adult 'now' feelings. That's how you do it, how you can really Heal yourself, nothing else will do. It might extend your life a bit, cure you of some illness, make you feel better, but all your childhood wrongness is still within your soul remaining there until the day you want to deal with it.

Do your Feeling-Healing; or better still, your Soul-Healing with the Divine Love. It won't be an easy ride, however your relationship with your aches, pains and illnesses will certainly change and evolve, and you might even find that you don't need as many of them if you look to your Feelings First, expressing them and seeing the truth they are to show you. And eventually you might not need any bad things happening to you as you no longer have any repressed bad feelings that you need to bring out. It's a different way to view life – but hey, what have you got to lose – only your old ways of suffering.

Love Verna – who by the way, is not just a pretty face! Chow for Now – over and out!

REPRESSED STATE RELATED WITH CERTAIN ILLNESS

Friday, 1 June 2018

James: I remember now, John wanted to know if you could please comment on the fact of **our bodies showing our repressed state, with certain illness and physical problems being related to the same or similar traumas we've suffered when young**. Something like that – I think.

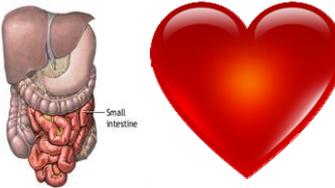
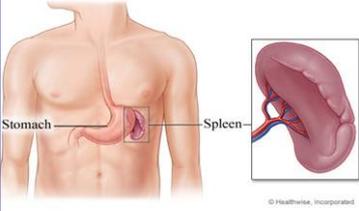
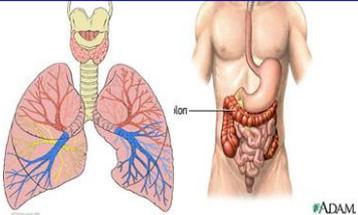
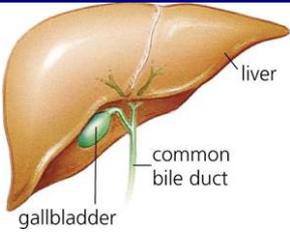
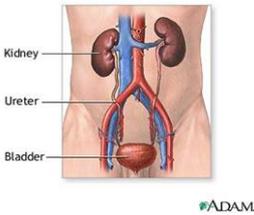
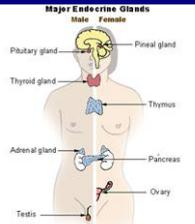
Nanna Beth – 3rd Celestial Heaven: Only very mildly, are they James. As you understand, certain characteristics one might share in common with certain repressed feelings, however it doesn't really matter because focusing on an illness or specific dysfunctional part of the body, or even part of one's emotional or mental state, is limiting too much what your feelings will be wanting to help you uncover about yourself. The illness is only one specific snapshot if you like, and even its duration is in a sense neither here nor there, it again being all too specific for the individual concerned, even if they show similar symptoms with other people seeming to suffer the same problems.

However having said that, I don't want to belittle any experience, they are all vital and valuable in your quest for truth. So really trying to look at the illness in any terms other than just trying to express all the feelings that result from it so as to uncover all the truth your soul wants you to see, is just getting caught up in the mind side of things. However, having said that, if you feel and think all that mind stuff, whilst you are intent on expressing all you feel, then so too should that all be brought out.

There are individual reasons why you get sick for example, all of which each individual is to uncover through the feelings resulting from that illness. And of course many will be similar to other people suffering from the same things, many of the same bad feelings involved, however as it all is to lead you to the truth of your relationships with your parents, so that's when it all becomes very different. For even if say two people felt miserable because of feeling abandoned by their parents, how that all came about and how they have suffered and what they have done to keep such bad feeling repressed, will all be highly personal. And the more personal and more you can stay focused on the person, the better. Humanity as part of its current denial is too heavily influenced by the impersonal, put everything into mental categories, name all the disease and problems, do this or that to fix them, it's all what needs to go.

EMOTIONS affect SPECIFIC ORGANS – not so!:

Emotional injuries and held errors have specific energy signatures and vibrations. So does each part of our physical body. Errors held within one’s mind affect the flow of energies through one’s spirit body, the spirit body is the template of the physical body. The resulting energy flow constrictions then initiate issues, and then pain, and then illnesses within the physical body is only vaguely related to emotions.

Organs	EMOTION CODE™ CHART		
	Column A	Column B	
	Row 1 Heart or Small Intestine	Abandonment Betrayal Forlorn Lost Love Un-received	Effort Un-received Heartache Insecurity Over joy Vulnerability
	Row 2 Spleen or Stomach	Anxiety Despair Disgust Nervousness Worry	Failure Helplessness Hopelessness Lack of Control Low Self-Esteem
	Row 3 Lung or Colon	Crying Discouragement Rejection Sadness Sorrow	Confusion Defensiveness Grief Self-Abuse Stubbornness
	Row 4 Liver or Gall Bladder	Anger Bitterness Guilt Hatred Resentment	Depression Frustration Indecisiveness Panic Taken for Granted
	Row 5 Kidneys or Bladder	Blaming Dread Fear Horror Peeved	Conflict Creative Insecurity Terror Unsupported Wishy Washy
	Row 6 Glands & Sexual Organs	Humiliation Jealousy Longing Lust Overwhelm	Pride Shame Shock Unworthy Worthless

EVERYTHING, absolutely EVERYTHING, will have to change Wednesday, 26 December 2018

Nanna Beth, 3rd Celestial Heaven: Humanity is to live like the creatures in relationship with each other, allowing each to get on with being themselves, knowing you are part of the collective whole and that you all need each other. Humanity should not be causing one specie of plant or animal to become extinct, if humanity lived in harmony with the Earth, why would you do something as unloving as that? You are supposed to live so true to yourselves and so true to nature that you never get sick, nature having no need to keep unleashing its agents of destruction upon you.

And it's not for you to 'conquer' nature, to overcome disease through medicine and technological advancement, you are to simply live in complete harmony with it, loving it as you love yourselves with the truth you are living, not feeling bad or making nature feel bad. You are to slowly wake up and understand that you are living against yourselves, it's all your own doing, and that doing your Healing and living higher spiritual truths is the only way you can stop being so cruel and uncaring. It's not going to happen any other way because your negative anti-life state is so entrenched in the Wrong, and so having to be faced with the notion that EVERYTHING, absolutely EVERYTHING, will have to change, is too overwhelming, and it is, so it will happen gradually, but you have to start, for it's not going to happen otherwise.

NEW FEELINGS WAY



**Finding the Truth through our Feelings Way
and of Our Childhood**

**New Feelings Way
Feelings are our own Truth and Personality**

KIDS are not CRIMS and GENES set up the RICH

Tuesday, 26 March 2019

John: Hello Kevin, Kathaleen, Nanna Beth, Samantha and even James,

I would appreciate comments regarding these two articles in my local newspaper please.

KIDS ARE NOT CRIMS: AMA (Australian Medical Association)

page 12 Gold Coast Bulletin 26 March 2019

Doctors are calling for the age of criminal responsibility to be raised from 10 years to 14 years.

Australian Medical Association president Tony Bartone said this would prevent the unnecessary criminalisation of vulnerable children.

“Australia has one of the lowest ages of criminal responsibility in the world,” he said yesterday.

Under the current regime, 10-year-olds can be dealt with by the criminal justice system and be charged, prosecuted and imprisoned. Dr Bartone also said criminalisation of children was a national problem that disproportionately affected indigenous youth.

“Most children in prison come from backgrounds that are disadvantaged,” he said. “These children often experience violence, abuse, disability, homelessness and drug or alcohol misuse. “Criminalising the behaviour of young and vulnerable children creates a vicious cycle of disadvantage and forces children to become entrenched in the criminal justice system.”

The AMA wants federal and state governments to support health, education and rehabilitative alternatives to the criminal justice system.

Kevin, 1st Celestial Heaven, Johns rother-in-law: G'day John, I'll have a go at trying to give you what you're looking for.

Ideally Feeling First needs to be offered, even perhaps made mandatory, at least learning the basic principles of it, to all offenders, so, whether they agree or like it or not, at least are shown that all their troubles and anti-social behaviour stem from their parental environment, much of which most of those people would know anyway. However what they can now be given is a potential way to get themselves out of their unloving patterns, however that also would require possibly skilled people who can speak about and help them implement their Healing, should anyone want to do it, based on their own Healing experiences.

Feeling Healing is of course the only way such deep ingrained problems, like those concerning the aborigines, can be eased and with possibly some resolution sought, however it's going to all come about by certain individuals working on themselves and then being able to help others. So really your work John will be to cast your nets far and wide so as to make contact with those specific people, as humanity will change because of the personal involvement from such people, not by some overseeing government or educational administration taking it on, on good faith, that it can be applied with positive results.

So I would advise to keep using these things to help yourself see the enormity of the problems you face, how far away from the truth humanity is, as you come to understand that truth more, but understand that as we've told you, you actually won't have to worry about how 'it will all go down' because that's for other people to make happen.

Kevin died 10 August 2012, through Feeling Healing became Celestial on 7 August 2017

GENES SET UP THE RICH

page 13 Gold Coast Bulletin 26 March 2019

Wealth and success may be less to do with hard work or luck and more to do with DNA, it seems. (DNA, short for deoxyribonucleic acid, is the molecule that contains the genetic code of organisms.)

An analysis of 286,000 Britons showed that the genetic make-up of those who earned over £100,000 (AU\$186,380) differed from those on low incomes. A scan pointed to 24 “golden genes” that affect intelligence, the immune system, and the strength of muscles and heart – and so can make the difference between economic success and poverty.

The discovery follows work at the Centre for Cognitive Ageing in Edinburgh, capital of Scotland.

Kevin, 1st Celestial Heaven: This too shows, that sure, under any conditions certain people are going to be more predisposed to achieving whatever it is they want than other people, however that's assuming everyone wants to achieve the same goals. Perhaps those people without the ‘golden genes’ wouldn't actually want to do all you have to do that those ‘high achievers’ do, should they drop their fantasies of being like these so-called ‘winners’.

Humanity is currently expressing itself in a very narrow and now quite predictable range, and within that, as you all understand, as it's all about control through wealth accumulation, so the current conditions suit those people able to succeed in them, so of course their genes would reflect that.

However what would happen if the parameters drastically changed and humanity was focused in another direction as to what was considered winning and being one of the powerful controllers? And you might find the ‘dumbos’ suddenly becoming on top of the pile with the right DNA, whereas today's current top dogs, fail. Horses for courses, and of course narrow minded science will find what it wants to find.

And all of that becomes irrelevant when a relative dumbo like myself who wasn't much of a high achiever on Earth can do his Healing and now live comfortably in the first Celestial sphere ‘looking down on’ many of the power people and rich of my day who are still contained within the hells ‘doing their time’ or trying to regain that power in the mind Mansion Worlds; so I ask you, what happens to all the DNA and so-called genetic advantage then?

Humanity will continue along its present course because it can't do anything else, this is the course set within and expressive of Mary and Jesus' age. As you said John, it's the ‘frequency’ of the Age, and it won't be until the frequency changes when the next Age starts that other people will find their genes more suited to it. However as you understand, everyone has the same potential because as we're all children of God so we're all on our way to Paradise, even if that way has been somewhat distorted.

And another point too is, that people of this current Age, have and will, up until this Age ends, be able to keep going pretty much as they are used to in the mind Mansion Worlds as they were on Earth. So the controllers of Earth have pretty much sought to maintain that control in the mind worlds and for the most part have been able to do it – this being something of a big generalisation as you understand because lots can happen to you causing change when you die, such as having to do ‘hell time’ or being liberated from your poverty stricken life on Earth. But with that Age ending, such people won't be able to carry on in the mind worlds, everything being turned on its head.

The Truth is to be revealed following a certain plan John, and one that has not as yet been specifically revealed to you. Being currently in the lead up to it, you can see how things have been and currently are going, however as to the specifics of what is to come, and that covers all fronts, is as yet, unrevealed. So

you might like to keep bearing that in mind because it's not going to be revealed to you John, not until Marion and James conclusively finish their Healing so you can see that it can end.

So all these thoughts and ideas in your mind, and although many are coming from us, are only given to you so as to keep expanding your understanding of the problems facing humanity so far as continuing on the course they are on, and how great a change it is going to have to make for it to undertake its U-Turn.

All that we've revealed to James, all he's worked out, all he's passed on to you and all he hasn't, is still all within Mary's and Jesus' age, so it's limited, whereas when he moves into his own Age, then nothing will restrain that which he might wish to know, within the parameters of his and Marion's Age. So you're being kept to a micro level of it all and mostly in the dark, which is shown by so few people becoming actively interested in it, all because it's not really part of Mary's and Jesus' age. However once you all Cross Over into the New Age, things will pick up markedly and change altogether.

Kathaleen and I are still getting to know each other, still coming to terms with the fullness of all we've been through during our Earth lives and Healing years. You are right James in that our Healing takes us to the limits of our Wrongness in the sense of having to understand it on all levels and how we're living it. And once fully expressed it can end, and then more time is given to coming to terms with the severity of it all. Life on Earth, from conception to death and doing your Healing, is very stressful because it's all going against us, it's so peaceful for us now, and it will take us, so we are told, some time to settle into this newfound peace of our soul. I feel like from conception to becoming a Celestial was like being shot out of a cannon, whereas now I am walking on clouds – gentle, loving, reassuring and adjusting to a new time. Our time, the time we take to do things, and which things are important to us, are changing all the time as we're getting used to being our new way, so our time is very different to yours. We will say soon and soon is whenever it comes about, and we love every moment of the adventure, whereas you want soon to come about quickly because most of how you currently are you don't like, so you want a better picture sooner rather than later, all of which reflects, and is a function of your dysfunction.

Other things like these articles will come to your attention John, for as I said, it's all necessary for you to formulate your mind's understanding of it all, and as you are realising each day, there is just so much to it. And I assure you, James has only recorded a fraction of what he and Marion have been through and talked about over the years, and still only then is that a fraction. Living true to your feelings will become a vast area of life to explore for many people, so with many new books, films, artworks to express it. It will give lots of people a new interest and focus in life, with many of those people finding they are well suited to it, it suiting them far more than the life they've had to try and succeed in. So their genetic disposition will be far more suited to living with their feelings first and uncover the truth of them, than living in a feelings last and mind first truth-less life.

I'll speak to you soon, our love you to all, Kevin.

Yes, I am endeavouring to address these issues within 'We are Children'
John – and I am hopping mad!

GREAT
U-Turn



**CHANGES for HEALTH SCIENCES overview!
 COVID-19, a Corona Virus and Viruses Overall:**

Tuesday, 7 April 2020

In case you need a little more lockdown reading material, this is from our dear friend and lovely Lady of the Lake:

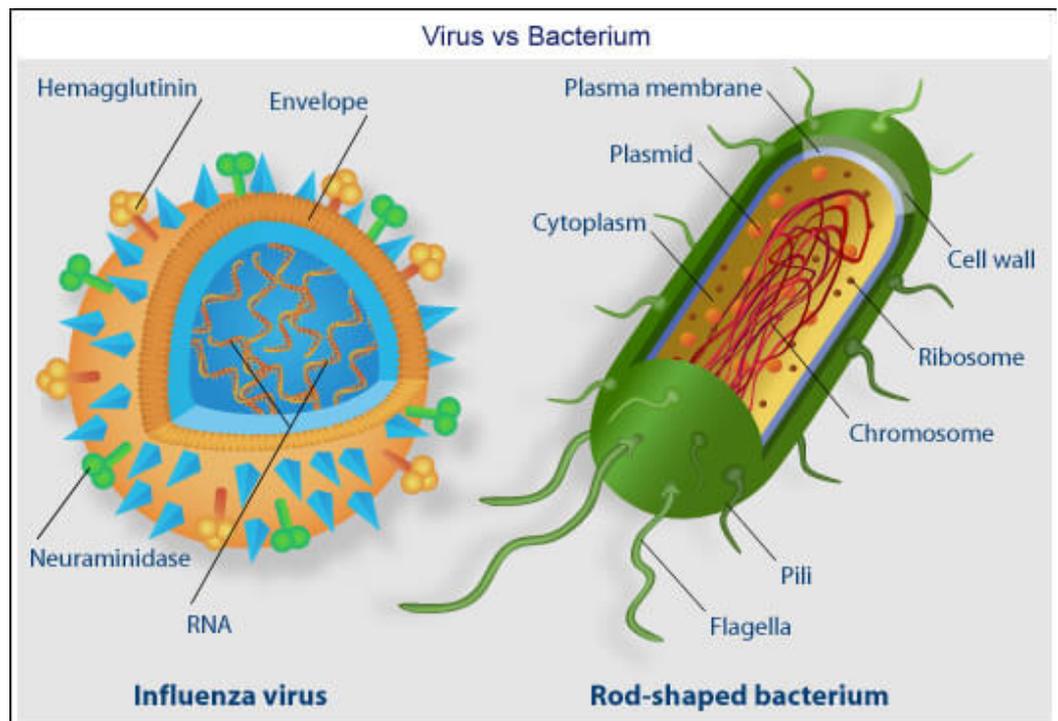
James: Verna can you please tell me more about viruses and their relationship with us? I read so many contradicting things.

Verna, a Nature Spirit: Certainly James. The most important part that is lacking in your understanding is still the consideration of how much we Nature Spirits and your Angels play in it.

James: I know, so can your dear self please enlighten me?

Verna: I'll do my best. You watched a video that said Viruses can't be caught, that they don't behave within the body as bacteria and mould spores do. Which is correct, a virus can't be caught, even though they seem to display similar ways with people suddenly catching them. I'll explain how that happens later. You read of a scientist examining the home of people with the current Covid-19 virus, and they found no evidence, no virus on things in the family's home, therefore discrediting everything else you read that suggests viruses can stay alive, depending on the temperature, on things where the sun's radiation can't get to, for varying times from hours to days. So what is correct?

Well, the virologist is right in that viruses don't exist by themselves in the environment, they need to be in the host cell, unlike bacteria and mould which exist of themselves. So this is where it gets difficult. There is a specific time, and it's relatively short in which the virus can survive within a cell that might be contained within a drop of saliva or breathe should that drop contain cells from the person with the virus within it. But as soon as that cell dies, so will the virus die too. The virus is life that



Viruses and bacteria come in different shapes and sizes, but bacteria are usually about 100 times bigger. Virus particles can only invade our cells if they have a surface protein that fits a receptor on the cell's surface. Hemagglutinin is the key that lets flu virus into our cells. The hairy pili on bacterial cells allow them to anchor onto our tissues, while ribosomes assemble bacterial proteins including some bacterial toxins.

doesn't exist by itself, it needs a host to provide it with its life, but it does have an ability to stay in a sort of dormant state outside the host cell, however that only happens under very specific circumstances.

So the virologist would have to test for the virus, provided they have a test that can identify that specific virus, before the family ‘contracted it’, through the ‘incubation stage of possible days’, then through the illness period, then afterwards for a certain amount of time to insure it has gone. So there will be times when people might be sick with it, yet nothing will be found in the environment to show they are sick, that the virus is present. Then other people might not seem sick and yet if their living environment was tested you’d find it all over the place. And those people might get sicker and they might not, all depending on the need for their body to have the virus ‘active’ and to what degree.

So you can see, it’s quite complex, all of which means you have no way of keeping such a thing under control as your authorities are trying to do. However by making everyone stay at home, stopping all human interaction other than in the family, then of course it will show that the virus has been ‘conquered’ and they were right taking such actions and aren’t they the great ones saving everyone. But as there are endless viruses circulating about the world, why pick on just this one, and so what are the hidden agendas behind that?

Now the trouble with **vaccines** is they are made from the waste of the infected virus cell as you saw on that video so by receiving a vaccine you will receive the virus, however mostly it will be in its ‘sleep’ mode, so it will appear like it’s a good thing and people don’t get sick immediately from it, and the body will replicate certain elements to fight the virus you are being vaccinated for, along with keeping a ‘viral memory’, so from that point of view, the vaccine does appear to work, however as it’s a totally unnatural and intrusive invasion of your body, you are making your body act as if it has itself ‘fought off’ that virus, when it hasn’t. And so because of tricking the body into believing you have beaten that virus, it causes other problems for the body later on when it comes in contact with a similar virus because the body won’t have all the true systems needed to deal with the new virus, it only having some of them because they came about from the vaccine, so the vaccine does compromise the bodies true system of dealing with such things.

The thing is, because you screw around with nature, only studying and seeing a small picture of what you’re doing and the consequences of it, as long as it seems to be good and the thing you want, then you don’t see, don’t want to see and can’t see anyway, other problems you cause. So it’s always a trade off, with people and their bodies and the whole of humanity reaching crisis times, when you either die from all the screwing around or the whole of humanity has a massive breakdown, freakout and partial death, as what’s happening now. All the screwing around is catching up with you, and all to show you that really you have to give it all up and **go back to the basics** – living in harmony with nature.

However for some people, living in so-called harmony with nature, which means if they gave up all medical interference and help, would become once again at the mercy of such cruel diseases, which is true, those diseases would once again flourish. But this living in ‘harmony’ is to be remembered as living in ‘harmony’ within your rebellious state. So if you all Heal yourselves being of true and perfect Natural love, then by living in harmony with nature, which you would naturally be doing, such horrendous diseases would not afflict you, because you’d not need them to show you that you are disharmonious with nature.

As you understand, it’s all a vicious circle, **the more you ‘advance’ in medicine, the more you are making your future more difficult.** People at this time might seem to be enjoying all the wonderful health benefits of medical science compared to those people centuries before, yet that’s all compounding in error for future people. So medical science will have to then work to combat what the future holds based on how you’re currently screwing nature and yourselves around, and on it goes, until you can’t

keep up and nature overwhelms you again and you're right back to where you were before you started your great mind-taking-over quest.

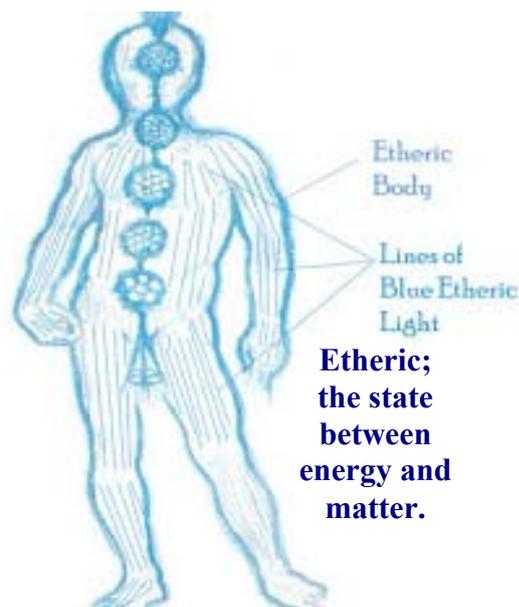
So back to the virus, what it really comes down to is: **if your soul needs the experiences of the virus you will 'catch' it.** And mostly we Nature spirits and your Angels work within the parameters of nature, however at times we can also step outside them. For example: When a virus or airborne bacteria, for example, is active in the population the souls of those people needing the experiences from that virus or bacteria will contract it mostly through natural means. So an epidemic or even pandemic can suddenly flare up because all the souls involved need it to do whatever they require, which is really to provide you with all the feelings you need, so you can either deny them more – if you are living against the truth of yourself; or use them to do your Healing if you are living truer to yourself.

So, as you are living in an untrue self-denying state, you will keep getting sick so you can keep having more bad feelings so you can use them to further deny yourself your truth using your mind. Your negative anti-truth patterns established through your childhood have to keep being fulfilled, so periodically, the frequency being the same as you experienced during your childhood, things will happen to you, from within and without, that will generate those same feelings, which you can then reject with your negative and unloving patterning, or accept with the new patterns you are trying to introduce as you struggle to do your Healing.

And then, let's say one soul, or ten, or a group or millions, even the whole of humanity, every soul, all at the same time needs the experiences from a virus to feel all the feelings they need, which will be **different feelings for every person.** And if let's imagine that virus is not currently available, or it is, however there is no way it can 'infect' people, then that's where we are allowed to step in, and 'give you the virus' or whatever illness or problem you require.

We are mandated, the Nature Spirits and Angels, to only override the natural functioning of nature on a physical world when a soul or souls require certain experiences that the natural world can't supply. So if there is no virus active, or if it is active and yet you are not able to 'receive it through natural means' then we Nature Spirits, and mostly your Angels, can 'make you have it', we can alter the light configuration in a cell so as to simulate the cell being invaded by the virus with the cell then replicating it and so spreading it throughout your body to the degree you need it. And that degree is then controlled by your soul with your angels making all the necessary minor adjustments you require. So for example, whether your angels give it to you – make it within you or you get it from natural means, they will continue to monitor you with it, making sure by adjusting your spirit body light, that the physical gets as 'sick' as required all to provide you with the feelings your soul needs you to have, all in accordance with your childhood patterns, all so you either further deny those feelings, further advancing your rebelliousness by denying the truth those feelings would have brought up in you to live; or to help you accept those bad feelings to help you uncover more truth from them, so progress in growing in truth, which will lead to the end of your rebellion.

It is via the spirit etheric body that emotional issues and viruses emerge in the physical body as illness.



James: Okay, so it's not clear cut. So it won't matter one way or another what we do interfering with ourselves and nature because if we're still wanting to deny our feelings, we will, and if we want to do our Healing, those feelings will help us with that.

And a virus, or any other 'bug' will invade us naturally or with you Nature Spirits and the Angels help, should we need it to give us the experiences we need. And experience is a broad term, so the virus or bacteria of whatever might make us sick, so all the bad, and even good feelings coming from that – as it even might make us feel good in some way, it being a good thing to help us feel good overall in our life.

Verna: Yes, that's right. You can't know what experience you need at any one time. You are not to know, that's all the doing of your soul, and of God who created your soul. So getting a virus can be good or bad but that's all based on your subjective experiences. You hate your bad feelings James because they make you feel bad, you've been made to fear them, they will make even worse things happen – more bad feelings, so you don't want them. However you could also alter your way of looking at things, you could have had good loving feelings from your early life when you felt bad, so as to not fear feeling bad so much, when you feel bad you also feel more love and good feelings, and you might even feel that dying is good and being sick is good, it all depending on your relationship with your feelings.

These people who die from Covid-19 will all go into spirit there to start a whole new life, full of vitality, a new future, most of who will love and look forward to and be so happy about (and some won't when they start living in the hells), still mostly it's a good fresh start to live and a blessed relief that all your old age suffering, all your other illness and all the frailty, the pain, all your suffering on the physical level, is gone.

But of course when you've been formed in an environment that fears death, so you will too, which is hard to change, as you're finding out, not being able to change such beliefs until your soul and God ask the angels to alter your beliefs for you, which comes at the end of your Healing.

James: So can we or can't we **catch a virus**, I still don't get that. And if we can, how do we?

Verna: **You can catch it but it's not in the same way that you catch bacteria, mould or parasitic infections.** It is actually caught, through the etheric levels of person to person interaction. So the light of the virus is expressed on the subtle etheric level, that connects you all, only connecting you all in different ways, depending on how you interact with each other, which is dependent on what your soul needs with each other. So let's say a person has the virus active within themselves, whether they are showing physical symptoms of it or not, and you interact with them, which means your aura interacts with them in subtle ways you're not aware of, then the virus on the etheric level can be transmitted from that person to yourself, or from you to them. Then having received the light of that virus on the etheric level, so your body can 'activate it' or we and your angels can.



When you interact with someone, which means, have an experience with them, it can be fleeting or long term, and if desired by both your souls, 'cords of light' can move between you, you remember Barbara Ann Brennan saying she could see the cords. So you could be walking past someone in the supermarket and for reasons unbeknownst to you and that other person, suddenly you have a subtle level etheric cord

interaction in which some ‘information’ is exchanged, which might include the transmission of a virus, all so as to provide you with the experiences you need from it. That other person might need no more of an experience than walking past you in the supermarket, and the same for you, or you both might think about each other later for some reason giving rise to feelings, or they might receive other light from you or you from them that has a long term effect on them or yourself, even for years or the rest of their or your life, all of which you are not aware of and yet which their angels work with. And it can happen in a flash, or you can establish cords with people that are active all the time connecting or even reflecting your disconnection, such as it is with you James and Marion. You both feel deeply connected, which is on the cord level, which simulates the soul level connection in Creation, and yet it’s all disconnection in your cords making your relationship difficult because you grate against each other, never just gel, all to keep stirring up that disconnection and friction between you both so as keep providing you with the bad feelings you both need to express and uncover the truth of. And you can establish a ‘friendly’ cord with someone, which lies ‘dormant’ between times you don’t see each other, or can even reach out and connect with each other over great distances, one side of the world to another, or even if one of you is in spirit, or you’re both in spirit but in different worlds. So there’s a lot always going on within the subtle levels. Most interactions with people you don’t know, like in the supermarket, might only create a specific cord for a moment, like when you talk to each other suddenly and you get a nice or bad feeling from that brief interaction, then your interaction ends and the cords disconnect and you move on, never to have anything further to do with that person again.



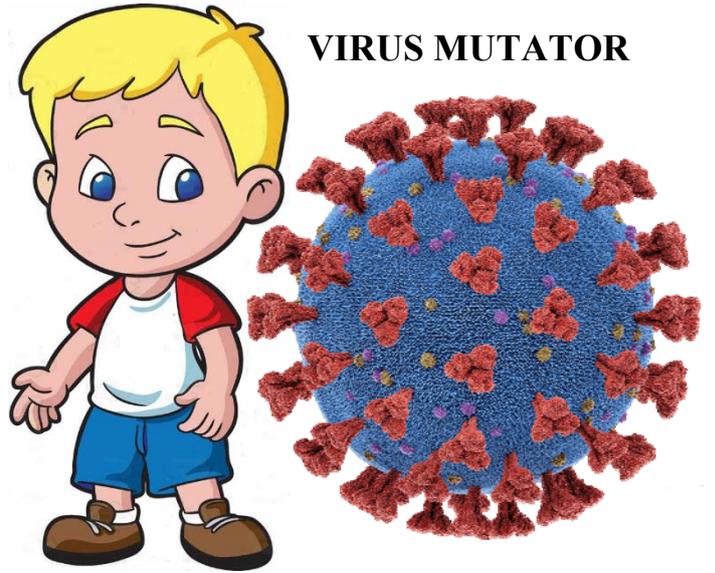
You didn’t have any cord connections with anyone at Aldi (supermarket) this morning other than the checkout woman, with her cord reaching out and you allowing the connection so she could ‘vent’ some of her anger and frustration over having to deal with the stupidity of people at her checkout concerning all the virus fuss, which you misunderstood feeling she was angry with you; but she wasn’t, it was with the woman who was before you; but you feeling she was angry with you because of your belief patterns from your mother being angry with everyone that she put on you, when she shouldn’t have, so you can’t know if the person really is angry with you or not. Which creates the confusion you then feel because normally you feel good with that checkout woman, and she does like you and you her, but then suddenly you feel she is angry with you, even hates you today, for some reason you have no idea about, so you’d have to ask her to find out, which she might tell you if she’s feeling aware enough in herself; so you’ll have to wait and see if next time it goes back to how it usually is with her. Next time when your ‘dormant’ cord connections ‘fire’ between you both, you might, and you hope you do, have a good happy and even loving interaction; and if that happens, you feel that sigh of relief in you that she does like you, things are good and back to normal and so what was all that about that other day? Which again is how your mother treated you, quickly fluctuating between hating you and being angry with you and wishing you didn’t exist, to suddenly feeling guilty about that and ‘turning on’ the false love and liking you.

So certain people can be ‘carriers’ for a virus, other people can be ‘incubators’ for it (you can be both) whereby they receive the virus, and even though it doesn’t make them sick, they become a physical factory to produce mutations of it, which all go into their etheric make up, which can then be transmitted **light-to-light** to people they come in contact with. So you get these ‘**Spreaders**’, **people who actually are the main contact point for virus outbreaks**. And you might for example contract the Covid-19 but as to what actually is the specific Covid-19 is difficult to ascertain because as soon as it’s within

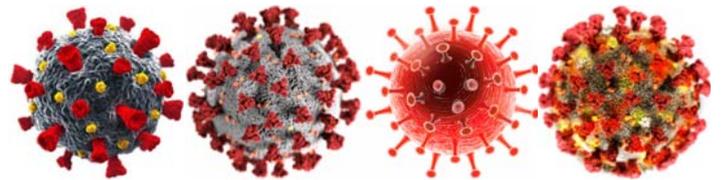
some of these people’s bodies who can mutate it, it changes, and it can change a vast amount yet your test will still show it as Covid-19, and should someone else contract one of those mutations through their etheric system, they too will be recorded as having the same Covid-19 when in fact they don’t, they will have a variant of it, and a variant that is specific to the receivers needs. So each virus is specific to the individual, so in theory the original Covid-19 for example could be mutated by various people who’s bodies can do that, so as to provide every person on the planet with their own personal variation of Covid-19, which should by rights then be called a different name, Covid-19-James Moncrief, if you received it James, it all being coded in light. So part of the etheric code that we and the angels can see and read is of a specific light that corresponds to and expresses the Covid-19 origin, then with the other light-code reflecting the individual mutated expression for you James.

James: Okay, my mind is spinning, so who are these people who can mutate a virus like that?

Verna: Anyone can. And that too depends on the overall experience required by that person. You might need the experience of being a ‘virus mutator’, whether you’re aware that is what your body and etheric system is doing, the whole experience you need being the whole experience-environment which your soul is creating. So you might not know of it and are happily interacting with your friends and family or people you pass in the street, and unbeknownst to any of you, you are transferring your specific virus variant you’ve created in your body for those specific people to them, to their etheric system through a virus transmitting specific cord, with the virus then transferred to their physical body with their angels activating it to the degree they need to be sick or not sick from it. So you can see a virus can be quickly moved between a lot of people. And the genetic mutating on the etheric level can happen in a flash. (The actual mutating happens in the person’s etheric and subtle spirit body levels and is then expressed – reflected – in the physical causing the physical mutation, which then validates the etheric saying it’s ready to be etherically transferred to someone else's etheric system. So the person does carry all the mutations within their physical and develops bodily resistance to them.) The mutations are actually held within the etheric levels, and might not necessarily be seen (if you knew what you were looking for) in the physical body.



Virus mutations visible to scientists.



Virus mutated specifically for each individual as required by each person’s soul. These are not visible to scientists.



So it's all rather complex, to you anyway, but not to us beings of light, because we see it all as light. We see it very clearly and easily if there is a virus-light within you, just as there is currently within you James, which is expressing itself in your physical system as you're feeling sore in your throat and a bit woozy in your head today. And although it's not Covid-19, or a variant of it, it was a variant of another virus you picked up on your walk yesterday from one of the two older women you passed on the other side of the road. And if you remember back to how you felt about them, you felt a little scared, like oh no, that's done it, now I'll probably get sick from them, whereas you didn't feel that with the other people you passed. And because you're so aware of all this happening now because of everyone being so paranoid about it, and because we knew you'd be talking with me about this today, so you received a virus, a flu variant from that woman into your etheric system with your angels then activating it through the night so your physical body would show these symptoms today. And as your soul doesn't require you to get a full-blown flu, just these mild, cold, sore throat feelings, so you have your sore throat to help you get more in touch with the anger that's been coming up in you this morning. So you are even more angry having a sore throat, having to go shopping in all the virus madness and you with a sore throat, the irony of it all, and then how could you have picked it up because you were further apart than the two metres the government says you need to put between you so as not to catch anything, more and more anger and frustration, which as you've been expressing has caused your throat to rage and burn with your wanting to burn your whole self down, all your bullshit beliefs and behaviours that make it all so difficult for you, just as you also want to burn down the world, burn your parents, burn it all with the fire of the fever, to rage and rage with the anger and hatred of your life as it was with your parents. So your 'touch of virus' is helping you connect with your anger from your childhood so you can see the truth of why you feel it, all of which is coming up as you express your bad feelings to Marion and she says what she thinks and feels about it.

James: I seem to have a sore throat nearly every other day. Marion hardly ever does.

Verna: Because she is truer to her bad feelings and can more easily express them, so doesn't need viruses to make her feel bad. You being so shut off to all your feelings, keep needing their help to bring up the anger and underlying bad feelings you were made to block out so long ago. So you can pick up a virus from the 'ether' anytime you go out and about James. They are everywhere, people are always having colds and slight fevers, most don't go to the doctor as they are not bad enough and most of what people do blocks out the feelings from them, so they are only needed to further their feeling-denial. And you can connect etherically with someone from quite a distance, there are laws dictating that too, however someone can 'reach out' etherically for some unknown reason to you, or you to them, to a person on the other side of the road, and with neither of you knowing you are doing so. And then you can stand in a room of heavily infected people all who might have raging fevers and dying from viruses and yet as you don't need any feelings from any of the viruses or mutations of them, so you magically don't get sick. So, when you are fully Healed, you won't need to get sick, the Celestial spirits don't get sick, they don't have the bad feelings as you do in the mind worlds, and so you won't need to have those feelings that would come from an illness, so you won't get sick. And we and your angels will ensure it.

And were it necessary that you somehow contracted some obscure virus from someone on the other side of the world, you could, the angels would set up the etheric connection as such connections have different laws governing how such connections are made. So people suddenly all over the world could get the same virus or their particular variant of it, mysteriously at the same time. However mostly



that sort of thing is not needed and especially now as you all travel so much about the world, so more close contacts are utilised in such connections.

James: So, I could have passed etherically my sore throat virus (or a specific variant of it) onto a person I was near when I was shopping this morning, even spreading it all over Aldi and Coles (supermarket chains)?

Verna: You could have, however you didn't because it's being contained within you. It does have expression in your etheric and spiritual system, however it's not mutating and it's not to be able to be received by anyone else. There are laws governing it all, and so 'your virus' has been specifically designed for you James, and by in fact the granddaughter of that white-haired older women you passed on your walk yesterday, she was 'keeping the variant in her subtle system' from her granddaughter in readiness for you. So that woman herself feels very well, she's out walking enjoying the exercise and fresh air talking with her friend, and totally unaware that she's a virus 'carrier' for you. So really she and her granddaughter have done you a great service by providing you with this virus so as to make you angrier than you would have been.

And when the virus has done what it's needed to do, your body having dealt with it sufficiently by either 'defeating it' and becoming immune to that 'strain', or by your body being overwhelmed making you sicker, your angels will adjust the light of it and that which keeps it active, ensuring it all goes according to plan, the plan of your soul.

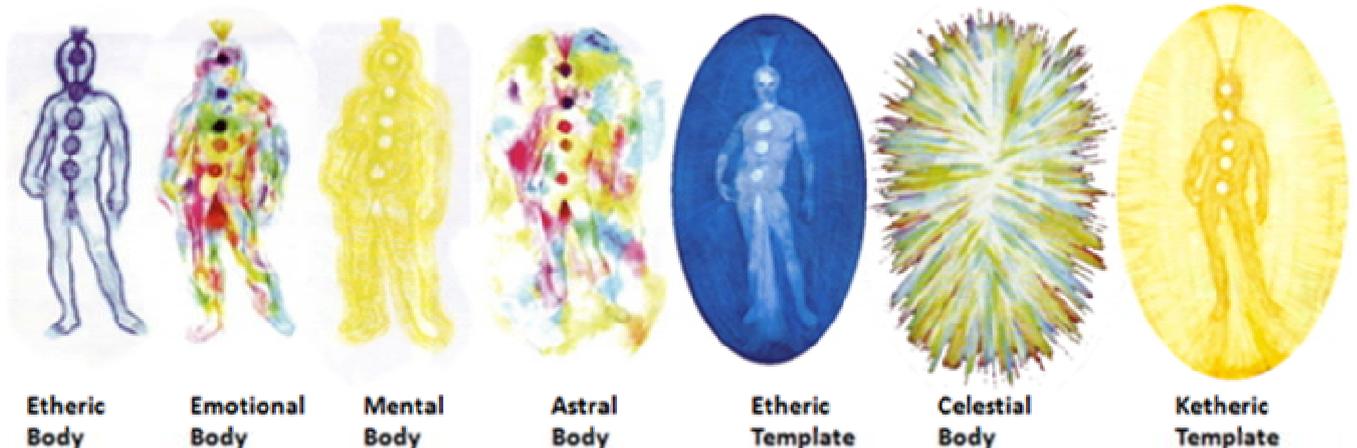
(I am re-reading this two days later and my sore throat went the next day. But I still feel fucking angry about everything.)

James: So I could be a virus mutant manufacturer, with all these specific viruses in my etheric system, then I go out shopping, at the precise time so I will interact – walk past, possibly smile at and talk to – the people who are shopping at the same time as I am, and then all those specifically designed variations could be shooting out from my etheric system to those people they are designed for?

Verna, a Nature Spirit: Yes, and they will take that light from you containing that etheric virus light-print or coding, and their bodies under the action of their angels will activate it when required, which could be immediately or days, weeks, months, years later, and activate it to the degree required by their soul so as to provide them with the necessary feeling experiences they need.

James: Years!, So, I could have all these dormant variations in me waiting to make me sick?

SPRIT BODY Brennan Model of the 7 Levels of the Human Energy Field



Verna: Yes. But mostly it works in shorter time, say within minutes, days, a week at the most; however yes, you can store up these things your whole life, and you might have them activated but not make you sick but to enable your body to make other variations which you are to pass onto someone else.

James: Shit Verna, it is never ending.

Verna: Which shows how interconnected you all are James, which you fail to understand. So overall life as everyone lives on the world at any one time, in their own personal lives and collectively, is all organised as an expression of all the souls involved, with us Nature Spirits and Angels providing the lubrication for it all, so to speak.

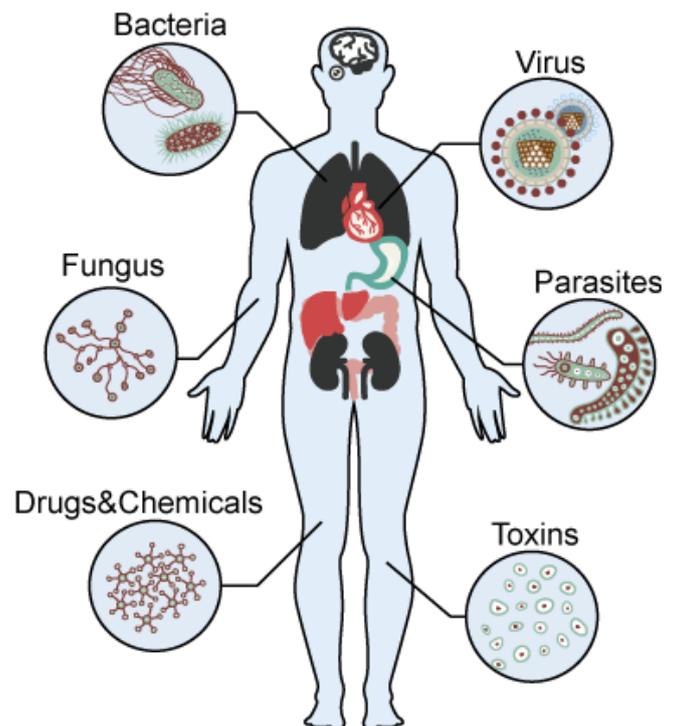
And it's even more complicated because there are seasons for viruses to exist within. For example, you might receive a virus from an animal through the etheric levels, that's where we Nature Spirits come in. Then your body makes variations of it which are stored in your etheric system. Then you start 'spreading' or 'giving out' those specific variations to those people needing them. Then the whole world becomes 'infected' and that is to last for say a year, or ten years, or a hundred or thousand years. But when the time is up for such a virus and all it's 'offspring' to cease existing in the etheric and so being manifested in the physical, then that light is simultaneously removed from everyone's subtle systems by their attending angels. So in the blink of an eye, that virus and all its variations are gone.

So viruses are always coming and going dependent on the evolution of humanity, which keys into the evolution of the Rebellion, and now joining that, the evolution of its demise and eventual end, when no one is living anti-truth anymore.

Viruses are more of the spirit really, which is why they are so elusive. You still are subject to them in spirit, in the Mansion Worlds, as they are required still to help you with your Healing and with your furthering your Mind control and feeling-denial. However they don't make you sick, not at least in the physical way, but you are spiritually sick, so they are what is used to help you feel bad feelings, again to further your denial of them in the spirit Mind Worlds or to help you with your Healing. But most spirits are unaware of them, they are of light and so you can't physically or spiritually feel them, however the angels use them all the time to help you experience what you need.

And then **bacteria, fungus and parasites are all physically orientated**, so only deal directly with the physical body so subject only to physical laws of nature. So, they are more readily affected by your medicines and antibodies and the cells that the body used to physically remove such infections, and so you can only catch such things from spores or other bacteria in water vapour as you touch and breathe on each other, have sex.

And then **other disease, like cancer** and the breakdown of the physical structure is again wholly physical however they **are the physical manifestations from the breakdown of your spiritual light in your spirit systems.** So your spiritual body 'gets cancer' first, there is some



disturbance in your spiritual system that stops the natural spirit light from manifesting through it and keeping it true. Then that light-corruption is passed through to the physical so you manifest that corruption or ‘blockage of light’ as cancer or what other disease you need, again so as to provide you with the feelings you need, so you can keep blocking them out or work with them doing your Healing.

And your angels work with the light of these spirit body originating problems and the purely physical ones. And when you get sick from a physical bacteria, for example, there is always a spiritual component to it all which will be manifest in your spiritual light system somewhere, again with your angels overseeing it all, and ensuring the infections or illness does what it’s intended for.

James: I’ve got to have a break Verna. Thank you for all of that.

Verna: You’re welcome James, there’s much more to it as you can imagine, but that’s some of the basics for you to think about. BYEEEE!!!

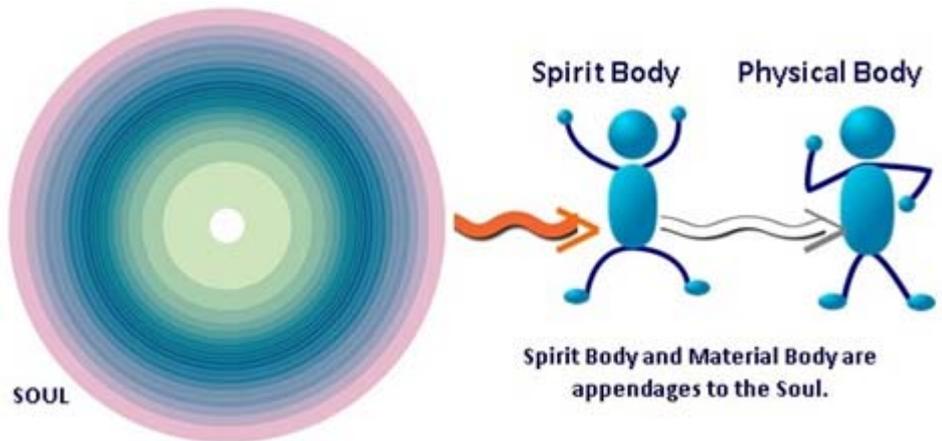
Later:

Verna, a Nature Spirit: One of the functions of a virus is to increase the vibration of your physical body, all the cells and specific components within cells, and specific cell clusters, such as those comprising an organ or the whole body. With this increased vibration, which of itself varies upon the needs of the soul and ‘administered’ to your whole body or specific parts of it by your angels, the cells can be made to release unwanted toxins, salts and minerals and other cellular rubbish, or take them up. And so the increased fever can feel like a good thing happening to you, which it might be, it helping to purge you of all your physical and etheric yuk; or it can be too much if your vibration is too low having the adverse effect on you and making you feel very sick, even literally killing you because your body can’t function at that higher vibration, as it is happening to make many of the already very sick elderly die of Covid-19. And then the angels can work the virus to add to your already existing illness which can also be helpful or not, depending again on the experience required. So viruses are very versatile and useful things.

Yuk

Bacterial, mould and parasitic problems will lower your vibration, so too much of them and you feel sick, so exhausted to the point of having no energy anymore, no light within yourself, so without that light your physical structure and organs can’t be maintained so they die or breakdown to eventual death.

And then all of these problems can instantly or gradually be turned around and they end, your body deals with them and you get better regaining your health, all again of which the angels will do in conjunction with your soul. The angels are constantly working within your light-system, your light bodies, spirit and subtle bodies, which then affect your physical. And sometimes they can work directly affecting your physical.



Spirit Body and Material Body are appendages to the Soul.

And then you add all your medicines and medical interventions and that too is accounted for and worked with all in accordance with the needs of your soul, again with the angels involved in every part of it. When you're having operations your angels are overseeing them, making sure the surgeons do what is required, making sure they fix you up or fuck you up, depending on what the needs of your soul are. NOTHING about you is done without your angels overseeing it all, all so the needs of your soul are continued to be manifest in accordance with your soul.

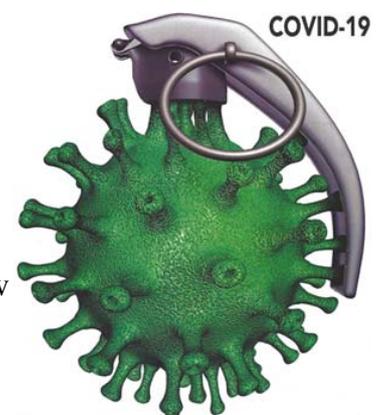
And that's how the whole of Creation works, we creations of the Mind ensure all the right environment is provided for you of Truth to be able to have the experiences you need so as for you to keep denying your feelings or embrace them; it's either for you to live progressing in your truth-denial, rebelliously, or growing in truth, truly, that's what it's all about. And NOTHING happens randomly, everything is worked out in advance, by your – our – Mother and Father, and encoded into your souls.



So your angels in fulfilling the needs of your soul might enlist a virus to raise your vibration to purge you of unwanted toxins; and then again your angels can simply add a higher vibration of light to your whole aura having the same effect, so whilst you sleep your vibration increases shaking all the shit out of your cells and when you wake you have good poo with it sinking fast and disappearing out of sight because of all extra heavy metals sinking it that have been flushed out of your cells during the night. And that can happen as a periodic 'clean-out' or it can happen spaced over days or weeks. So there's always different things going on, too much for you to keep up with and understand, and so in the end, as all this mind stuff, it ends up driving you mad, you give it all up and just get on living by being true to your feelings, express them and longing for their truth; and you grow in truth and live according to that truth and do what that truth leads you to do in every experience; and that's living your life in harmony with yourself, God and nature.

So your scientists can keep going trying to work it all out with their minds in the hope that they can control it all, and ultimately prevent ageing and death, all so you can keep living forever on Earth, never feeling bad. But why would you want that, when so much else awaits you in spirit?

COVID-19, a corona virus, first emerged in Wuhan, China, in 2019. Some medical experts suggest a patient ill enough for intensive care and put on a ventilator to breath has only a 50-50 chance. Imagine a dry sponge and one dripping with water. The dry sponge represents normal lungs; the sodden one the lungs of a seriously ill coronavirus patient. They're dying a suffocating death, trying to move air in and out of lungs that are no longer functioning. It's a vision of hell. Low oxygen levels and very high carbon dioxide levels in the blood indicates that this is not like the usual pneumonia.



SPEAKING with CORONA (Coronavirus)

<https://dlscr.freeforums.net/thread/32/sharing-healing-experience-xx?page=28>

Samantha from England:

24 March 2020



“Corona”: I am not hurting you, you are all already hurt. All I am doing is making you feel the truth of how you really feel deep down inside. I am not killing you, your parents have already done that to you, it is how you have felt throughout your life and now you are going through the physical manifestation of those awful feelings your parents made you feel.

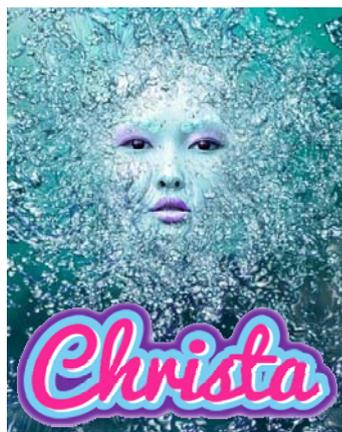


This is how they made you feel as a child and that 80 year old that you see dying on the news has always been dying. Since birth he has felt like he is dying, always being on the brink of it as it is how his parents made him feel. There is no way on Earth I can possibly be worse than how your parents treated you, it just can't happen, I can only affect you as far and as badly as your parents affected you, I am not the bad guy in all of this, they are. I can't create more pain in you than your parents have already created, I am the

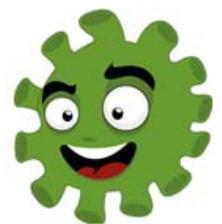
manifestation of the level of pain they created in you and I want to make that clear. What I am doing is bringing the truth of that pain to the surface.

It is now time for it all to be manifest so you can know the truth of how much you were hurt, to know the truth of how unlovingly you were parented. The extent of unloving parenting that you all had to endure as children and it is now killing you, that is the truth of how bad it was. It is killing you because you refuse to understand what is happening, you refuse to connect to your pain, you still refuse to accept the truth and this is the open door for me to enter into you and find a cell for me to live off of and mutate and multiply in you. Your denied and suppressed feelings let me in.

You won't give in to me and let the truth be known, you continue to resist me and push me away just as you have done all your life with your feelings. You would rather die than feel the truth I bring to you. So you decide! Stop resisting me and work with me in what I want you to know about yourself. I am no greater pain than the pain you felt and denied as a child.

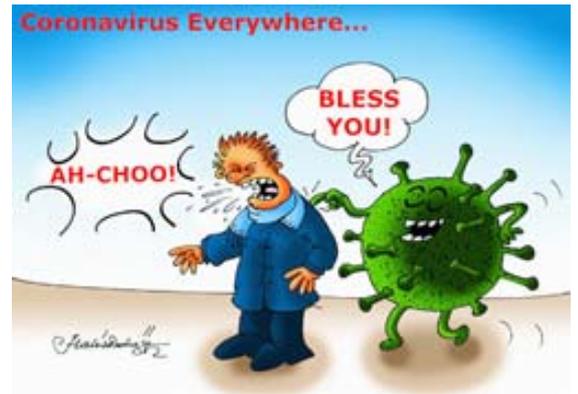


I am Corona, Sam speaks with me through her Nature Spirit, Christa, and I can only tell her what she is capable of understanding so it is all pretty basic but that is how I want to speak with you, as children, so you get it. I am the thing you fear the most but you all misunderstand me, you hate me, you fear me, you are so afraid of what I will do to you if I infect you. You fear me killing you, making you feel so bad but isn't this all so familiar, isn't this how you felt about your parents at times in your life, isn't this how they made you feel only allowing yourself to feel a tiny portion of the pain they inflicted on you, the rest went denied and suppressed and that is what I feed on, what you will not feel. It is them you fear and I am helping you feel that truth. I am not bad at all, I am good,



working for your good, you have to turn how you feel about me around to see the truth of me. I am here to help the world heal if you would only allow me to by ending the resistance to me. Let me work on your denied and suppressed childhood feelings, connect with how I am making you feel because this is how your parents made you feel, it is the same, no different. It is those denied feelings and your resistance to feel them that is killing you.

I am not saying this will be easy, you are not even aware of any of this, you just believe you have a Virus spreading its way through the world like an evil plague and I understand how hard it will be to see me as working for your good but it just takes a shift away from your mind and into your feelings. **How am I making you FEEL!!** That is the question I want you to begin with. I am now being forced upon you all, you have no choice and that is the way I have to work with you because I can only work with you in the way that your parents worked with you and they gave you little to no choice as children. I am here mirroring the parenting you all went through; this is the way it was for you as children. Your parents forced you to do their will and gradually your own will got left behind not being considered at all by your parents and that is how I have to work with you all and you will all feel me differently depending on the severity of your will denial and suppression.

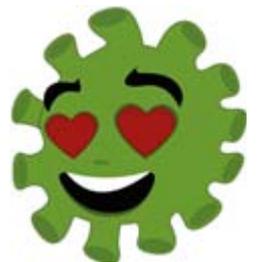


Your parents are the Virus, Corona Virus is each and every one of your parents and what they did to you as children and it is still inside you, I am bringing it out. Corona virus is your parents scaring you and hurting you, making you feel like dying, even killing you and there is no one on the planet that I won't get to. Right now I am affecting you all; your lives have changed even though you may not be ill.

Accept the way I am making you feel right now, express how I am making you feel right now and let the truth come to you through your feelings, how am I making you feel, this is how your parents made you feel. It is not me killing and harming you making you feel so ill and bad, it is your parents.

Please go to your feelings as I have asked you to do and you will begin to see the truth of how bad you have always felt, I speak the truth. Let the healing I bring to you open you up to the truth of how you felt as a child. You were parented by two of the same Viruses, they are the Virus that is within you right from your conception and took away your will just as I am doing to you now. I am treating you the same way as your parents treated you as children and you refused to see it so denied it.

All of humanity will be affected by me to a lesser or greater degree. I will enter every life on Earth and show you the truth of your denied and suppressed childhood pain by how I make you feel. I will make you realise the pain and fear of how you were parented and the more you keep up your resistance of me, the more painful it will be for you. So I ask you to let me in, stop the fight as you can't win and you never could as children, your parents always won over you so I have to do the same, as I have said, I can't be any worse to you than how your parents were to you, they have set the pace for how I work with you, it is them and their parenting of you that set the way I work on humanity. I am not making you feel anything that has not already been put into you by your parents, it was already inside you and I am triggering it for you to feel. I am reuniting you with the truth of how hurt and unloved you feel because of your unloving childhoods. You will know yourself like never before, your will know the truth at last about your pain and how it was for you as children. It is time to take off the rose tinted glasses and really know the truth.



I am not BAD, your parents were, I am only being them to you, this is how unloved you felt by them and it is coming up for you to know. No one will escape me, you are all hurt children, even the 80 year old is just a hurt child in an older body who has gone on longer being unaware of the truth of his pain, he has been in denial longer but you are all the same no matter how old you are. The 80 year old has had 80 years to wake up to his denied and suppressed childhood pain, he has always been a trapped and

'Locked Down' little scared child. No one will escape me, of that you can be sure, I am so tiny yet I have the power to end it all just as your parents had the same power over you all. You all have the power to turn this around and all you have to do is to begin feeling how I am making you feel, accept every feeling, express every feeling and find the truth through your feelings. Do this and I will lose strength and lose the hold I have over you because I no longer have to make you feel so bad to make you feel your feelings. Stop the resistance to me, run to me, let me in to your life, want me to show you the truth of your pain, talk to me and we can work together to heal you and turn the tide. If you decide to further resist me then it will only get worse with new viruses being created, stronger ones to make you feel even worse until you get it!!



You have the cure within you all and that cure is YOUR FEELINGS!! It is the most loving thing you can do for yourself, it is the thing your parents wouldn't let you do, FEEL and express those feelings, You are allowed to have them, I am telling you to let yourself feel all of your pain, let it out NOW and I will no longer have to make you feel scared and ill and bad, you will be doing what I came here to do with you, make you feel. Feel how I make you feel then my work is done and you would have seen the truth of why I have had to come.



You don't need any Vaccines, that is just further resistance to me and I will have to be stronger with you all by creating more powerful viruses, ones that you don't have vaccines for. Your resistance to me controls what I have to do next to get you to stop and FEEL! If you decide to vaccinate against me then you have chosen to further deny me and your bad feelings and it makes it all worse for yourself. Your feelings and expression of them are all you need to end this terrible time you are going through, you are in control of my next move, your denial of your feelings lead the way.

You look to your Governments to tell you what to do next, to create vaccines to stop you feeling bad, you depend on them to fix it all for you yet again giving your parents control over you because that is what you are used to doing, you are only doing what your parents taught you to do, let your parents control you instead of taking responsibility for this yourself by going within, going to your feelings and feeling them fully by accepting them, expressing them and letting the truth come to you through your feelings. Be responsible for how bad you feel by feeling your bad feelings and fears about this. The healing of this is in each and every one of you but by allowing the government to parent you further is just more of your denial of how you truly feel. No one can fix this for you, it is for each and every one of you to heal this within yourself, through your feelings, you can do it, you have the tools to heal this, YOUR FEELINGS.

I am Corona, the Virus, making you feel your fears, the truth! I will make you feel the truth of your unloving childhood that your parents made you feel. I have always been in each and every one of you lying dormant until now, you are scared of going out and catching it yet it is already in you through your parents unloving parenting of you. I am Corona, I come to light up the truth of your denied and Suppressed childhood feelings and you believe I am Bad but I am telling you, I AM GOOD! I am working for your Good, see the healing I am bringing to humanity. You all have the cure and that cure is FEELING YOUR FEELINGS.



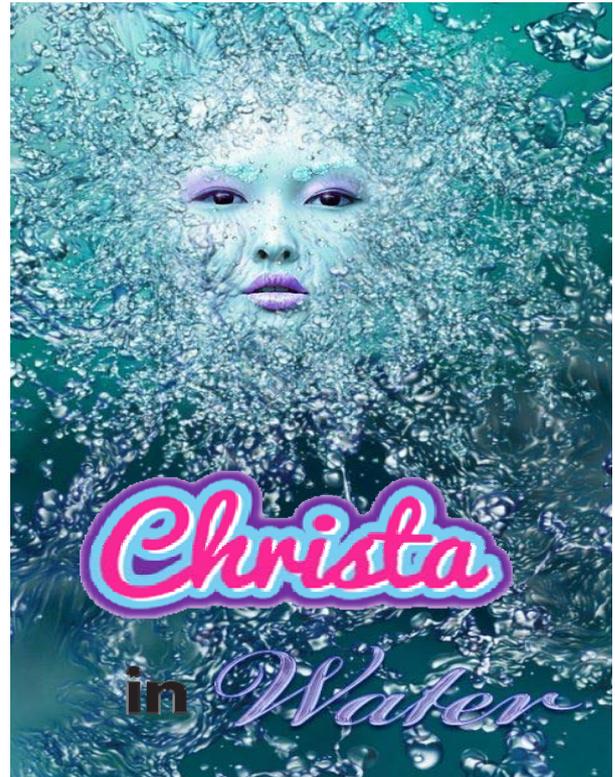
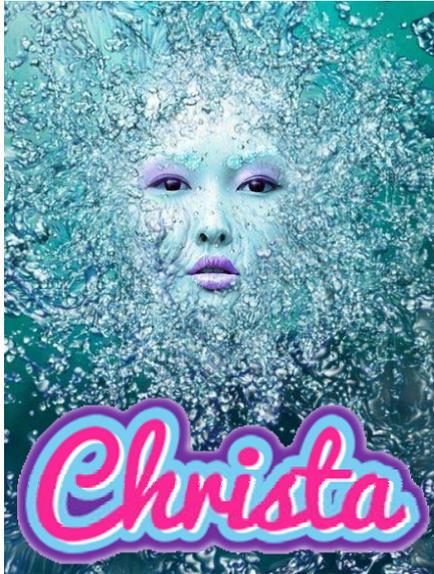
What does Christa, the Nature Spirit look like?

Sorry for the late reply John, I love what you have written and to be included is so good, thank you. I have tried to draw Christa but failed miserably, I can capture her movement as she is constantly moving. What I see of her is a face in rippling water and she is so young and beautiful, the nearest I could get to her is in the photo included but she doesn't really look like that, she is pure white with red lips and so fluid.

My writings with Christa about Coronavirus have been a great comfort to me as well as all Verna has had to say, she is amazing, what incredible information to have access to.

Thank you again John for all you do.

Sam.



VIRUSES

Friday, 17 April 2020

James: Hello Verna, more about the viruses if you wouldn't mind, I want to tap and probe that limitless mind of yours.

Verna, a Nature Spirit: That's being a bit familiar isn't it My Love, you want to tap and probe?

James: Can a mortal fall in love with a Lady of the Lake?

Verna: Can such a Lady Nature Spirit fall in love with a mortal? Do Nature Spirits fall in love with each other? Do angels? What is love my dear boy?

James: Subject for another day, my brain can only cope with so much, and that 'much' is fading fast these days, so we'd better stick to something boring like viruses and spreading disease.

Verna: If you wish. Big Sigh, so we'll leave our confessions of love for each other until another day. Alright, if you insist. So I'll ransack your mind and rave on about what it was you were thinking about asking me, all to save you from having to type your questions for me. I'm a good girl aren't I!



James: You are so kind.

Verna: Okay, first up, let's go back to be basics – BIG YAWN! As you understand James, EVERYTHING happens to and for you depending on which way you are living, that being the two ways now available to you:

First; living against yourself and so against the Truth and against God; and the

Second; living true to yourself, the Truth and God, which to do begins with doing your Spiritual Healing.

So bearing that in mind – YAWN AGAIN – EVERYTHING that happens to you does so to help you live one of those two ways. So you will 'get a virus' to help you go further into your truth-denial; or you will get one to help you come out of it. And you will ONLY get one if you need it to help you with either of these two ways, you won't just get it because it's floating around in the breeze of being zapped into your etheric system – which having just said I now need to qualify: You can 'catch it' and it can enter your body, but if it's not to be used for either of two ways of living: Truth-Denial or Truth-Acceptance and Advancement, then it will be quickly destroyed by your body and more than likely without you even knowing you 'caught it'.

Your body is a wonderful instrument, it being designed to absolute perfection to enable you to live in the physical domain either with God or against God. And as you are the current universal experiment helping us all see what living against God looks and feels like to you, so who in their right mind would want to choose that lousy way.

James: Yeah well it's not as if we had a chance, God wanting us to.

Verna: So you'd better take it up with Them.

James: I have, often I do, and They say its what I need so as to understand through direct personal experience what living against Them feels like. They were saying to me on my walk this afternoon that They want me to fully experience feeling completely powerless and how feeling powerless makes me feel so miserable. I am to know the truth that feeling powerless is a miserable experience. And know the truth of it and the truth of all the other bad feelings I feel, having experienced them seared into my soul.

Verna: So there you have it!

So my dear boy you were wondering about people living in Bali (Indonesia) as your friend was saying where Dengi fever is rife this season because of the altered weather patterns, or something to that effect, and you were wondering why do they live where there is such disease anyway.

And yes, you are right, who in their right mind would live where it's hard to exist; and then yet again, why not, if you think you can deal with it and are prepared to suffer the consequences; and like you, they might not have a say in it.

But the thing is, your bodies are designed to live anywhere, even in the most infested disease ridden place on the planet, and you will get sick if you need that sickness to further your truth-denial, or you will get sick if you need it to help you heal your truth-denial, or you simply won't get sick. There is NO OTHER REASON why you get sick!

James: Yeah, but that's all very well, but we still get sick, either way.

Verna: So then you strive to work out how to live so you don't get sick from either way.

James: Yes, and that's all very well too, but up until now there wasn't a way to fully Heal yourself and become Celestial whilst still of flesh and so become 'immune' to all that stuff, no longer needing sickness for either way.

Verna: True, so those people before now just had to go through that experience until they moved into spirit and were offered the Truth of how to ascend in truth to the Celestial levels.

And as I am in your life James to further educate you about the New Way, so we won't dwell on the past, that is being consigned to the history books anyway, a bad dream for most, still, necessary for what their souls needed. I am speaking to you to help those people of the New Way to have more of an understanding about that Way and how it differs to the Old Way.

UNIVERSAL EXPERIMENT EARTH



So people of the New Way, those doing and who will have done their Spiritual Healing, will try not to interfere as much with nature as they will understand that it's not actually about nature and chance, that it's by design, and all in response to what's already in them.

If you are going to get sick, that will happen either way because you are already sick within yourself, and from how you were treated through your childhood – there are no other reasons. You are sick because you are denying the truth of yourself and God. You are all very ill being in the Rebellion and Default. **The Rebellion and Default are the true viruses that you are all 'infected' with**, so you struggle on believing that your life is a wonderful thing if you feel well and everything is working for you; or you feel rat-shit if you feel sick and everything is going against you. All because you have no idea about any of it because you've been rendered blind and unknowing because you are so out of touch with the truth of your own feelings. You are disconnected from yourself, your self that would naturally keep revealing truth to you if you were living true to your feelings.

So you are sick, and so illnesses come to help you feel just how sick you are. You are not allowed to get away with being rebellious and live happily ever after in your untrue state. It doesn't work that way. When something is not right in nature the 'agents of destruction' seek to reduce it **back to its basic** constituents, so because you are of nature and are sick – not right, not true, despite what you believe, nature is 'against' you, always trying to reduce you back to your original constituents, however as that only applies to the physical body, and as you are driven by your spirit body and soul, so those agents don't always and aren't always needed to return you to dust immediately. So you can live a whole life sick to your core and yet without any physical problems to show you, as that sickness is in your soul, in your self, in your psyche, but one day in spirit it's going to catch up with you and then you will become very spiritually ill as your mind breaks down having been overburdened with false beliefs.

So those people in Bali (Indonesia) because of their religious superstition and all their other untruth and feeling denying beliefs won't allow themselves to progress in truth through their feelings, so they will keep having to live always under the threat of such seasonal fevers, just as their ancestors have done, just as their beliefs say they have to. But they don't have to, only just changing your beliefs won't do it, you have to do your Spiritual Healing. You can believe you change your beliefs, but that's just another set of beliefs you're imposing on your old ones, as you can't actually give up your beliefs until you see the truth of why you've got them and how they came about, which you can only see when your Healing takes you back into the depths of your early childhood where all those beliefs are formed in you. So those people who believe they are changing their beliefs and so changing themselves, and it's the same if they work to change their behaviour in any way, all they are doing is adding more layers, burying the old ones. And they might believe they are successful and behave differently, but as you know James, when you start your Healing working your way back into yourself, all those deeper layers will come up again helping you see and realise that you didn't get rid of them after all.

James: Yeah, tell me about it.

Verna: So you can go to the supermarket and they wipe everything clean, they can put barriers between you and you have to keep your social distancing under control, and they can lock you all away in your homes preventing any movement and limited interaction, but when they allow you back out into the world, do they really believe that will be the end of Covid-19 or Covid of any other number that nature will develop for you? Nature's laboratory is far bigger than any of your manmade ones, you don't stand a chance, your science fiction films of living in a disease free environment on Earth is never going to happen, that is, not until everyone is living a Celestial level of Truth. Which is the aim for humanity now the Rebellion is over.

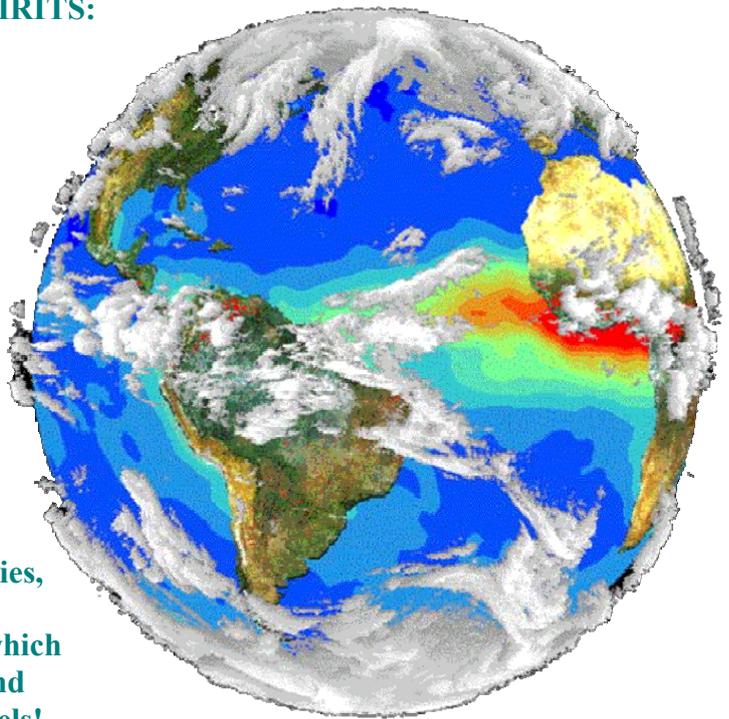
The physical realm will evolve with you, you with it, however when you're in it, you're always part of it. So when you are Celestial no longer needing the help of such viruses or diseases, they will no longer be part of your physical environment. The creatures and nature itself might still need them, and you might 'breathe them in' or touch or eat something with them on it which 'infects' your body, however the vibration of your physical body, of your whole system, will render it harmless, destroy it, or just add it to the workings of your physical and with no ill effects.

The physical realm is designed to 'be your friend' to be literally a Paradise on Earth for you to happily live in your whole life. It's not meant to be 'hostile', even the scary creatures won't see you as a threat as your intent won't be threatening when you're of a Celestial level of Truth. And had your world not been affected so negatively by Rebellion, were you all living in tune with yourselves and nature as the Eve and Adam of your world would be showing you, then the paradise Eden would be slowly spreading over the whole world, the whole of Earth eventually being the Eden that it is to be.

The LABORATORY of the NATURE SPIRITS:



Humanity is in trepidation and awe of its research, chemical and medical laboratories, but they are infantile distractions when compared to Nature Spirits' laboratory which is all that is of Earth's nature managed and controlled by our Nature Spirits and Angels!



Your Earth is an Eden, but you'll never see or live within it as such until you are all of Celestial truth. So that's what awaits future humanity, and one day people will love the Earth and respect it as they love and respect themselves.

So part of my 'mission' dear boy is to help people see that vision so they can decide to long for it and begin living it by doing their Healing.

The current Covid-19 virus is mutating rapidly, which means you can't pin it down with a vaccine, just as all viruses mutate rapidly, your difficulty being your scientists are not as yet aware of or able to see how those mutations are. Your tests, even the most advanced test can only detect what really amounts to a whole new strain, so for example you'd have to rename it, whereas within Covid-19 it's mutating like mad, because as I told you, for a virus to be effectively used by the body it needs to be specific for that person's body. The elements need to match, that virus being created specifically for that body, even though it can be created in another person's body, which mostly are in your children's bodies as they are more fluid and not fixed as an adult body.

So you're going to like this tidbit: it is your children that are creating the viruses to kill your older people, so the grandchild kills the grandparent – neat huh! And the grandparents should be grateful to the grandchild for doing so, all so the older person can end his or her life and move on into their next phase of existence in spirit.

But what really happens is you will have certain young children that are 'virus factories', they can churn out endless specific variations on the same theme or even 'bring into being' new strains. So by putting all your children together in their play pens as you do, they are massive breeding factories for viruses, which is right, as that is also what would happen in a tribal situation too.

So the virus 'breeders' which happens based mostly on genetics and for the betterment of 'the humanity program proffered by nature', 'cook up', completely unbeknownst to the child, who doesn't necessarily have to show the symptoms of all the viruses, with ironically such children usually healthier than most by having a body that can be such a virus factory having resistance to all the variations they create, and along with that the etheric set up allowing etheric transmission of the viruses, which I told you about, which is then passed by all the interconnecting cords to other children or to the required adults that would be in that child's life.

So such 'virus factory' children would produce massive amounts of viruses during their young lives, and that might be through their whole childhood, or it can be for a very specific time, days, weeks, months, years, and it can be turned on and off by their attending angels, with the excess of viruses being needed to complete the whole 'storehouse' of nature. There is much more to nature than just what affects you humans and what is provided for you.

Nature is of itself one whole massive universe of evolution, by which I mean, it is evolving, each specific to the world of its origin. And it begins by evolving for us Nature Spirits, so to create us, who then go onto be involved in the creation of new Angels. So the Nature Spirits and then Angels created from this Earth are of a 'special flavour', they contain – we contain – a specific light from our origin world, so all other Nature Spirits and Angels know where we come from and how we came about. So to make us be as we are, which also includes all the animal and plant life of the world, you need a whole localised 'universe' of creation going on all the time on the planet, and so the continual creation of viruses is one such part of the whole. So only **very few viruses actually affect and are used to help people deny themselves or end such denial**, with the rest of the viruses fulfilling other un-revealed roles. I can't as yet tell you about them James, there's a lot we can't tell you, but it's information and understanding that will come to people as they attain Celestial status, and are then able (given the go-ahead) to tell those people who are not yet of a Celestial level of truth.

But I can tell you that a specific virus that's manufactured by a human child can be put into the etheric levels of Earth there waiting for the time when it's required to be taken by us to change some part of our Light-Coding. We can use viruses like that to make adjustments to our light, which is a nice thing to do because when we're given the go-ahead to do that, it means we can move onto a higher level of light, always getting closer to the end of our being a Nature Spirit, with us then to 'make the jump' into becoming an Angel. And all of us Nature Spirits want to become Angels because by being an Angel you are no longer limited to just the world of your origin, then we are assigned all over the greater Universe. Still, as I told you some time ago, I do want to move into my Angel-ness however I'm in no rush, none of us are, we're not all chaffing at the bit wanting to progress, that affliction of yours James we're thankfully not 'infected' with.

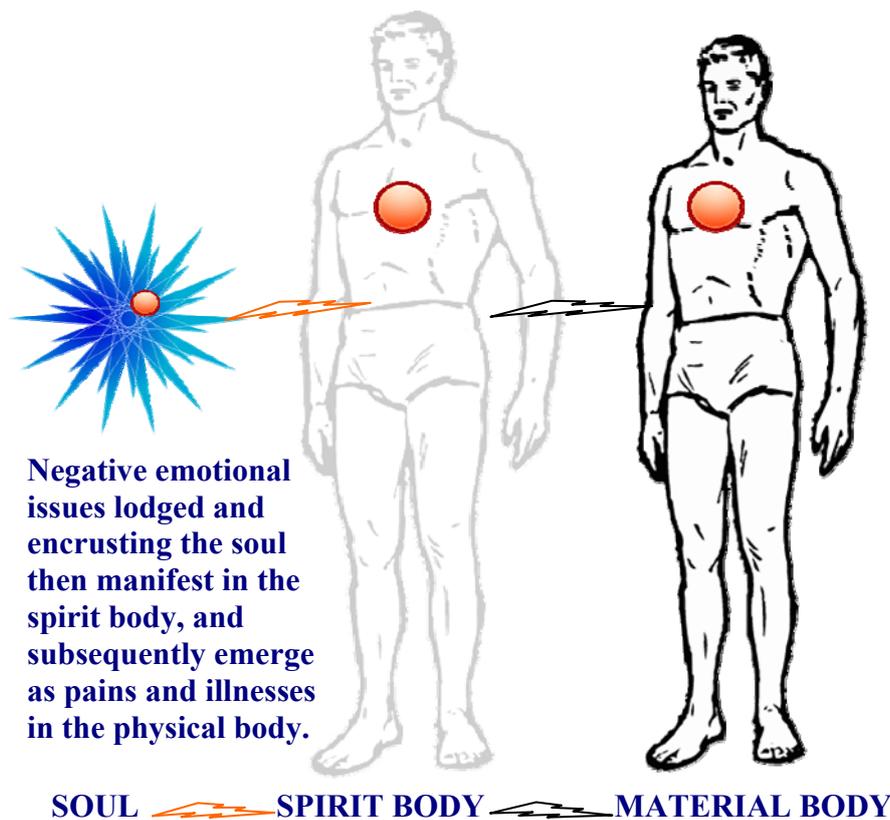
So you see, as you understand anyway, far more is always going on which you'll never be aware of, and how can you anyway when you are living against all the truth of the good stuff!

So dear little Jimmy who's a robust and healthy child, "he never gets a cold" is actually full of cold viruses all moving around within him helping him to maintain his healthiness, whilst at the same time he's making all the specific virus variants needed to knock off all those old people in that old age home who are ready and sometimes begging to move on into spirit. So in your truth-denying ways you would probably hate little Jimmy wanting to get rid of him because he's killing so many old people. When you've got to die of something sometime. Not everyone can just go to sleep and wake up in spirit. It doesn't work that way particularly when you are living full steam ahead against yourselves and nature.

And there will be people in future who, if they knew what to look for, would be able to see the different light about little Jimmy and know that he is doing the whole community a great service with all the old people wanting to be about him all the time when they are ready to move on.

I tell you things James, you understand, to give your mind a bit of a jolt so as to open up a little more to considering other things and seeing life from a different perspective.

And the virus manufacturing process in little Jimmy is all overseen and controlled by his Angels. For as I told you, NOTHING happens randomly. **Nature isn't randomly popping up viruses that might suddenly sweep through affecting humanity 'evilly'**. Think about what sort of planning and attention to detail does it require for the Angels to have all their 'factory children' making specific viruses flat out all to coincide with a seasonal outbreak of flu or a cold, or Covid-19. All so everyone who needs to be affected by it, positively or negatively, will be affected. Every Angel on the world is in contact with every other Angel through the Angelic Communication Lines of Light. In a flash every Angels who's overseeing a mortal knows exactly all that's going on. They know because of communication with people's Indwelling Spirits what the souls of humanity require at any one moment, so in the virus case, when it is to be 'put into humanity as a whole' then how to move it all from the child makers of it into their etheric levels and then onto all the specific adults, making it look like you just catch this invisible nasty bug virus thing that is spreading fast about the world making a lot of people sick.



And so you ask, why not make us more sick or less sick, why as sick as we are? And that's all to do with the overall ongoing evolution of humanity, what you all require, you all being in it (on the world) together. And in most cases, still because the majority are living untrue, determines the overall advancement into your truth-denial. And as our Heavenly Parents want the maximum amount of people at this time to be on Earth so as to experience this Ending of the Rebellion phase of life, so They organise it that not too many extra people die from the

specific virus, as that is to be achieved in other ways, like war and ways of your own doing by locking down the whole of humanity in some pathetic attempt to defeat nature, all because it's what your hidden controllers are doing by working a number on all you unsuspecting people.

The Covid-19 is the least of your worries, however it's now been a major concern because of the severity of the Lockdown. The Lockdown as many people fear means the end to a lot of their previous freedoms which they will never get back again. It is moving into a new world order of control, a new level as the End Times play out. And most people are sucked into it believing it is for their own good being in a more controlled, ordered and stronger policed world, better if you get decreased criminal behaviour and war. However as you are all very inventive, putting new restrictions on you, making the whole world into one huge dictatorial regime all under the guise of false freedom, will cause some people to react against it.

And now, let me see if there is anything else on this list here that I am to pass onto you... Hmm, well I think I'm done for the time being. You need to have more experience for the next lot. You need to go out into that virus infested world of yours, braving the supermarkets and Post Office, dreading getting too close to another person, hating it when that inconsiderate woman suddenly starts coughing all over the place in the vegetable section spreading all her crap all over you – just another day in hell for you; scared to death of everything you can't see, waiting for that fateful day when you get a sore throat that develops into a bad cough and oh no, here you go again, with your brain being banged against your skull with each cough, feeling so miserable, the very same misery your parents made you feel and which you always feel only mostly you're not in touch with feeling so sick because you're 'healthy', and on it goes – Oh the joys of life!

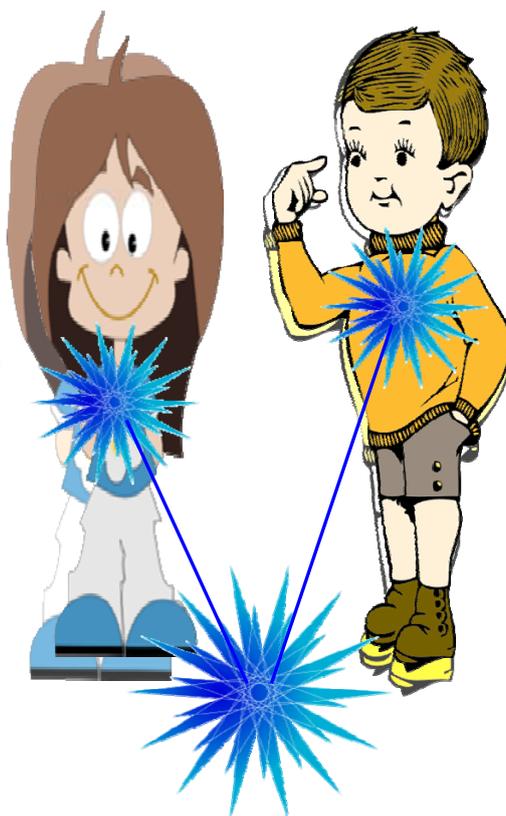
Bye old son; speak to you soon when you're ready for your next Verna dose!

SOUL:

The Real You is your soul, you are one 'half' of that soul.

Each half of the original soul incarnates a spirit and physical body simultaneously, they being connected. The soul expresses each of its two personalities as a woman and man. True soul partners are always of the opposite sex.

Sexuality is an attribute of the two personalities the soul expresses; the soul itself does not know sexuality.



The soul connects to the two spirit bodies it has created by 'golden cords' of light; and the spirit body is in turn connected to the physical body by 'silver cords' of light.

The spirit body is your astral body. The etheric is really the body that is the template for the physical and one that doesn't hold consciousness.

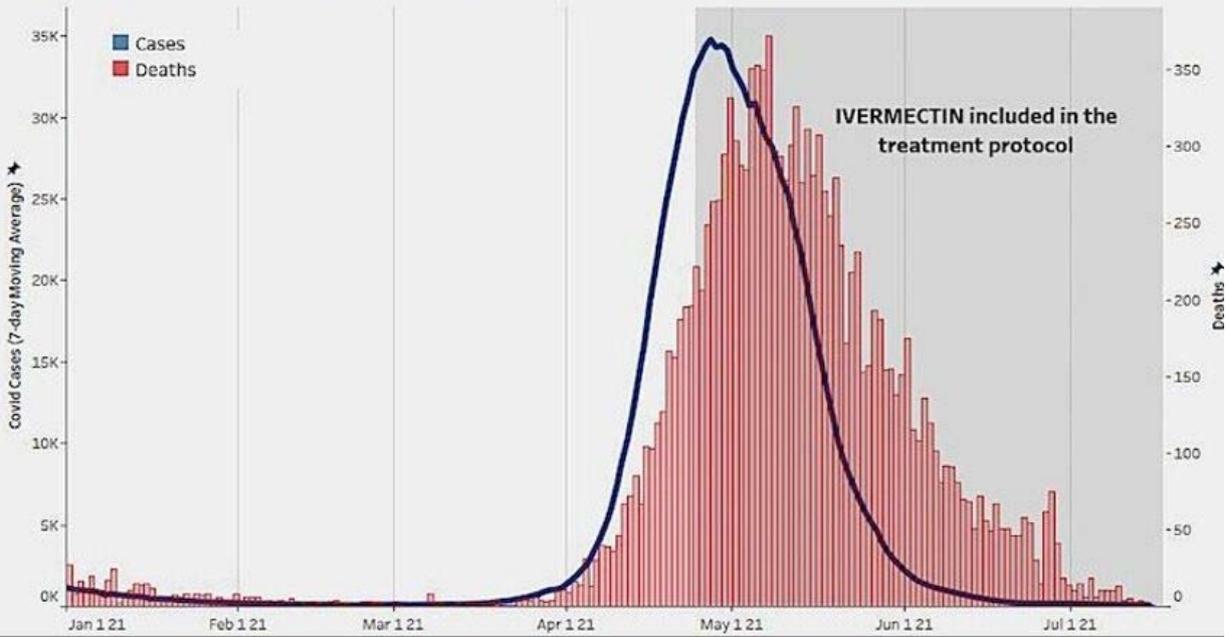
The soul remains invisible to the spirit and physical bodies, only being discernible by its luminosity through the spirit body.

95%+ of humanity currently are within the 1st sphere of development.

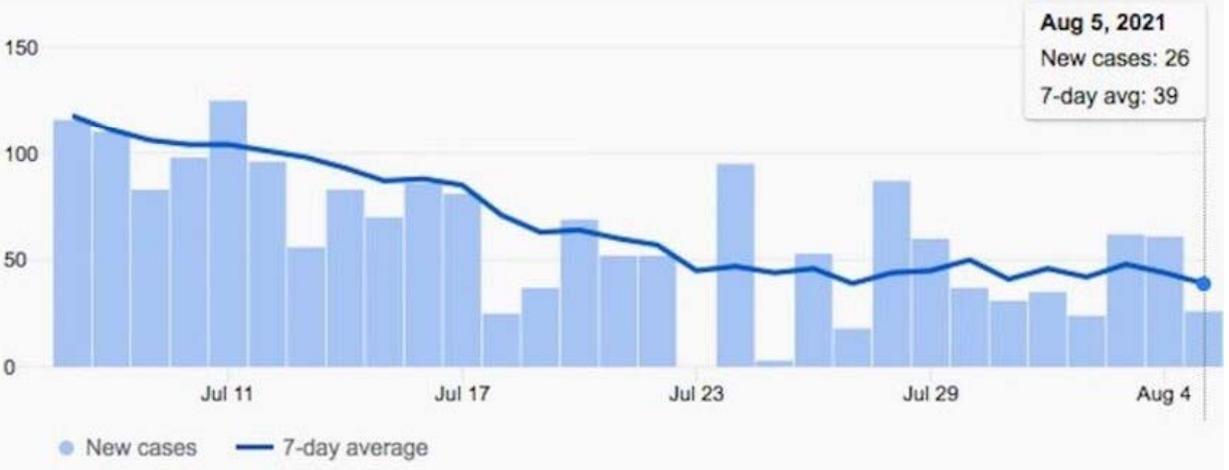
James: Thanks Verna.

COVID-19 in Uttar Pradesh (India)

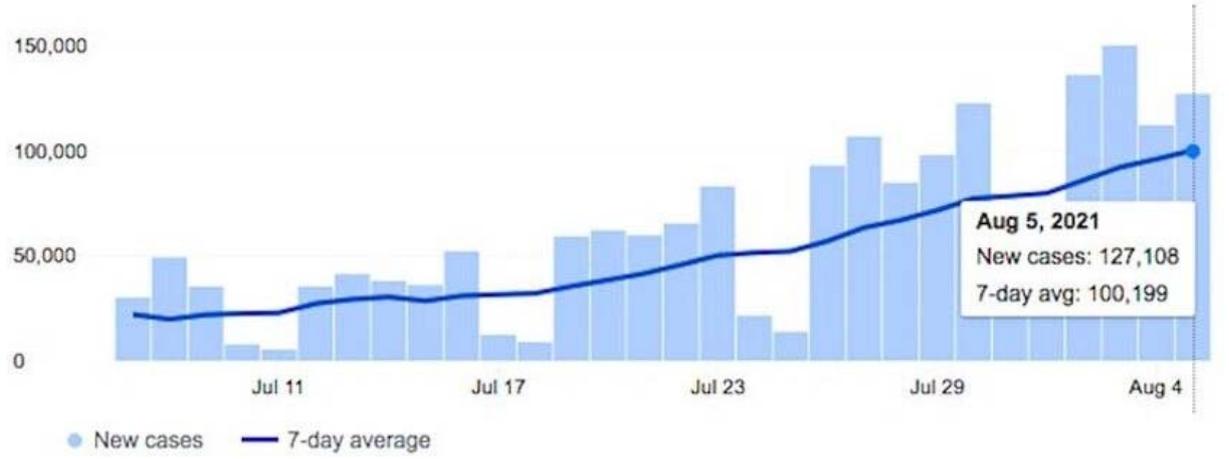
Source: api.covid19india.org
Data Analyst: Juan Chamie @jjchamie



New cases ▾ India ▾ Uttar Pradesh ▾ 30 days ▾



New cases ▾ United States ▾ All regions ▾ 30 days ▾



The graphs and data from the Johns Hopkins University CSSE database do not lie. On the contrary, they provide a compelling trail of truth that no one can dispute, not even the NIH, CDC, FDA, and WHO.

There is a blackout on any conversation about how Ivermectin beat COVID-19 in India. When I discussed the dire straits that India found itself in early this year with 414,000 cases per day, and over 4,000 deaths per day, and how that evaporated within five weeks of the addition of Ivermectin, I am often asked, "But why is there no mention of that in the news?"

<https://freerepublic.com/focus/f-chat/3984061/posts>

Ivermectin Wins in India

https://www.thedesertreview.com/opinion/columnists/indias-ivermectin-blackout/article_e3db8f46-f942-11eb-9eea-77d5e2519364.html

<https://www.zerohedge.com/covid-19/indias-ivermectin-blackout>

And now Africa!

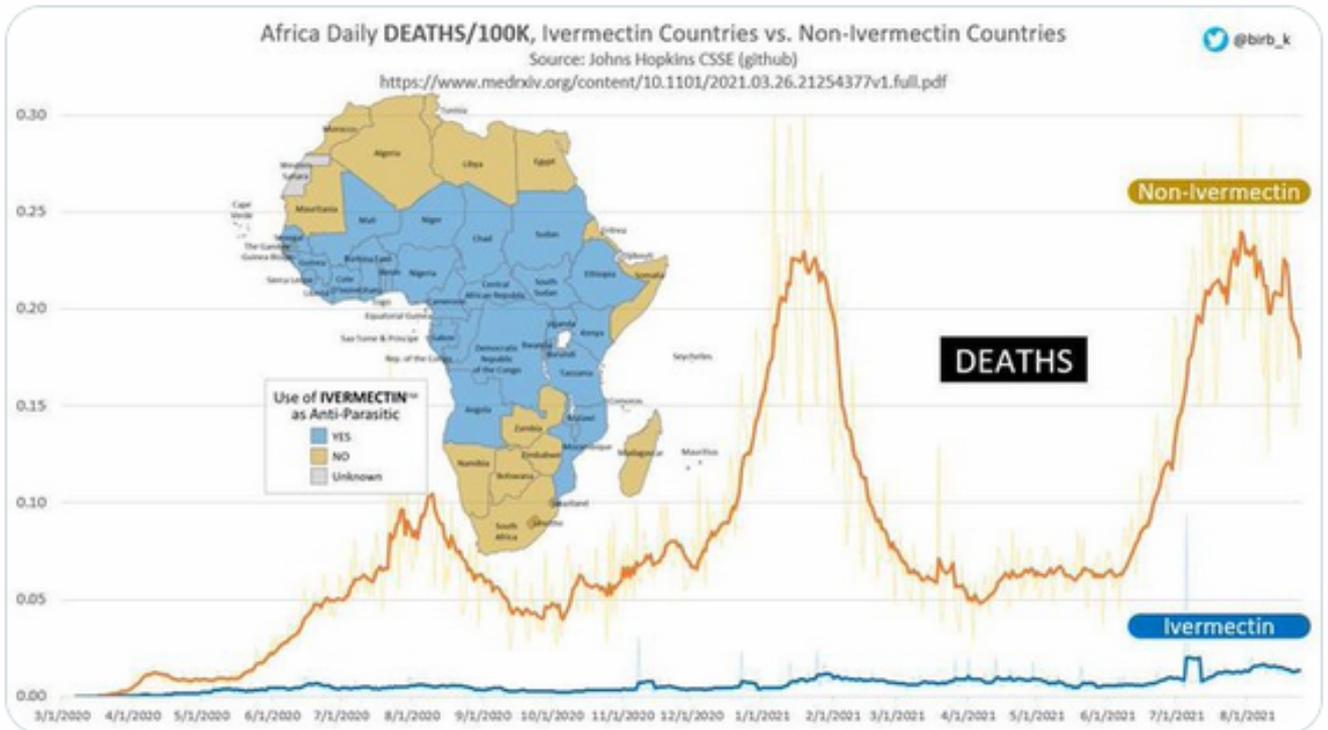
This is a mirror of India when states are compared with states using Ivermectin and not using Ivermectin:



Robert W Malone, MD
@RWMaloneMD

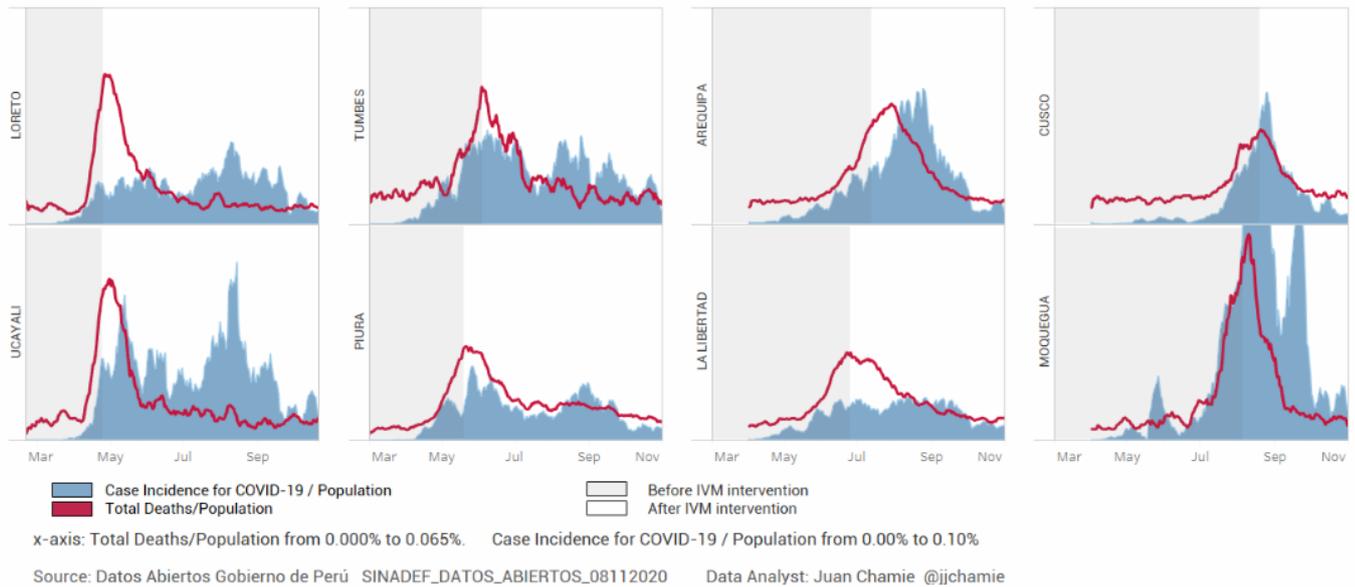


Well, what a strange coincidence...



12:17 PM · Aug 30, 2021 · Twitter Web App

Figure 2. Total Deaths/Population and Case Incidence for COVID-19/Population in population older than 60 years old for eight Peruvian states deploying mass ivermectin treatment



FRONT LINE COVID-19 CRITICAL CARE ALLIANCE
 PREVENTION & TREATMENT PROTOCOLS FOR COVID-19

<https://covid19criticalcare.com/wp-content/uploads/2020/11/FLCCC-Alliance-I-MASKplus-Protocol-ENGLISH.pdf>

Note: Consult your professional medical advisors:

Contents are not to be interpreted as an independent guide to self-healing. The information sourced herein is not from a doctor or doctors, and any information provided in this document should not be in lieu of consultation with your physician, doctor, or other health care professional. Pascas, nor anyone associated with this document, does not assume any responsibility whatsoever for the results of any application or use of any process, technique, compound or potion as described within this document.

END of REBELLION and DEFAULT unfolding:

Saturday, 16 May 2020

Nanna Beth, 3rd Celestial Heaven: It needs to be complete for you James, your healing, because we Celestials are about to go to the next phase of what we can do. It is all coinciding with you and Marion, as you are both to go to your next phase, which allows us to. Pressure is now to be applied more to the world. All that you've both been going through in your different ways, working out what you like and what you hate about the world and how people are, each other, and in yourselves, is all part of what you need to work out to go into your Spirits of Truth which are to be applied to the world in harmony with the Law of Compensation. You both basically have to work out the Law of Compensation for yourselves, you James in the big picture, Marion on the personal level, and you on your personal level and Marion on her big picture understanding of the world. When your Healing ends, it's then the End of the Rebellion and Default, it's completely over, then it's just the outworking through all the phases of what you've done, all of which takes things through your Spiritual Age. Once you both finish your Healing James, then we (the Celestials) have total control and then the hidden controllers control is over. It won't matter what they keep trying to do as it will fail, unless we want some part of it to keep going so as to affect other things we want to change. And we'll keep you in touch with all we'll be doing. So all of their madness is starting to be shown up for what it is, as in how the whole virus thing is being dealt with, the need for vaccines when you can't make one that deals with it as it will keep changing, and on it goes. A lot of people are changing because of the Lockdown and everything else, moving against the governments as they see how incompetent they are, no longer wanting to be governed by them, which is opening the road for your Revelations when they are to go public offering such people a New Way to be truly self-governing, even within all the governments' bullshit.

I'll go now James, speak to you soon, Nanna Beth.



To All the Suppressed Kids who are Dealing with the Consequences now as Adults...

The feeling of being rejected, disapproved of and conditionally loved by our primary caregivers – parents – is a monumental, long-lasting burden that we all carry. It produces chronic shame, guilt and anxiety. As a child we are blamed for doing things wrongly and in doing so we perceive ourselves as being bad, inconsequential, and having to embrace a persona that is not our true selves. We abandon our feelings expressiveness and embrace our minds to live life in the world foreign to truth and love. Our parents murder our free expression of our feelings and true personality! There are no exceptions.



Discomfort, Pain, Illness and Depression.

Nature isn't randomly popping up viruses that might suddenly sweep through affecting humanity 'evilly'. The Rebellion and Default are the true viruses that we are all 'infected' with. Viruses are more of the spirit really, which is why they are so elusive. If our soul needs to give us the experiences of the virus we will 'catch' it. Other disease, like cancer, and the breakdown of the physical structure is again wholly physical however they are the physical manifestations from the breakdown of our spiritual light in our spirit systems.

All illness results from our inner levels of discontentment – BECAUSE WE DON'T FEEL LOVED.

Should every soul, all at the same time, need the experiences from a virus to feel all the feelings we need, then it will be **different feelings for every person**.

Humanity is to uncover the truth of evilness, its wrongness, of its rebellion and default. And illness is to show us that we are wrong. We wouldn't get sick if we were right. ILLNESS IS OUR FRIEND. It's all about what went into us through our forming and early childhood. All the secrets are contained back there within ourself. When we 'go in' we're to go into our early life through our adult 'now' feelings.

Corona, 24 March 2018: "There is no way on earth I (Corona) can possibly be worse than how your parents treated you, it just can't happen, I can only affect you as far and as badly as your parents affected you. I can't create more pain in you than your parents have already created.

"The extent of unloving parenting that you all had to endure as children is now killing you, that is the truth of how bad it was. It is killing you because you refuse to understand what is happening, you refuse to connect to your pain, you still refuse to accept the truth and this is the open door for me (Corona) to enter into you and find a cell for me to live off and mutate and multiply in you. Your denied and suppressed feelings let me in.

"Stop resisting me and work with me in what I want you to know about yourself. I am no greater pain than the pain you felt and denied as a child.

"You fear me killing you, making you feel so bad, yet isn't this all so familiar, isn't this how you felt with your parents at times in your life? Isn't this how they made you feel, only they didn't allow you to feel it fully, only a tiny portion of the pain they inflicted on you, with the rest you were forced to deny

and keep suppressed. And this is what I ‘feed’ on, all your repressed misery and pain. It is your parents you fear, and I am helping you feel that truth.

“Your parents forced you to do their will and gradually your own will got left behind not being considered at all by your parents. And that is how I have to work with you all, and you will all feel me differently depending on the severity of your will denial and suppression.

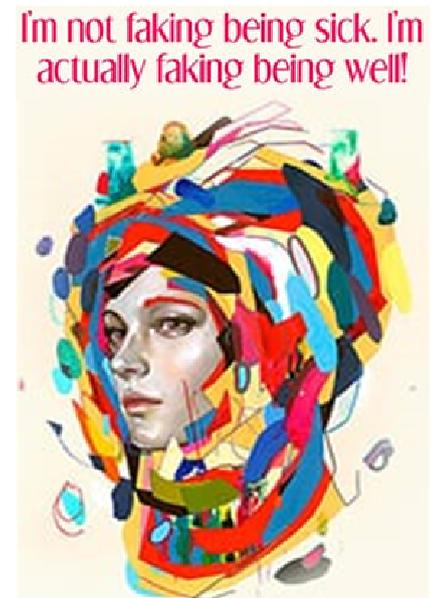
“You were parented by two of the same Viruses, they are the Virus that is within you right from your conception and took away your will just as I am doing to you now. I am treating you the same way as your parents treated you as children and you refused to see it, so denied it.

“I am reuniting you with the truth of how hurt and unloved you feel because of your unloving childhoods. You all have the power to turn this around and all you have to do is to begin feeling how I am making you feel, accept every feeling, express every feeling and find the truth through your feelings. Do this and I will lose strength and lose the hold I have over you because I no longer have to make you feel so bad to make you feel your feelings. You have the cure within you all and that cure is YOUR FEELINGS!!” (These are extracts from Corona speaking through a nature spirit to Samantha.)

The spiritual upliftment so far as the new ‘vibration’ humanity will experience is the new vibe of the next age, and it’s upliftment will only be uplifting those people who chose to do their healing, to submit to their bad feelings and by expressing them to uncover the truth of their evilness – all that resulted from our childhood.

If we all Heal ourselves, being of true and perfect Natural love, then by living in harmony with nature, which we would naturally be doing, such horrendous diseases would not afflict us, because we would not need them to show us that we are disharmonious with nature.

When we are fully Healed, we won’t need to get sick, the Celestial spirits don’t get sick, they don’t have the bad feelings as we do on Earth and in the mind Mansion Worlds, and so we won’t need to have those feelings that would come from an illness, so we won’t get sick.



EVERYTHING that happens to us does so to help us live one of two ways. So we will ‘get a virus’ to help us go further into our truth-denial; or we will get one to help us come out of it.

Our bodies are designed to live anywhere, even in the most infested disease ridden place on the planet, and we will get sick if we need that sickness to further our truth-denial, or we will get sick if we need it to help us heal our truth-denial, or we simply won’t get sick. There is NO OTHER REASON why we get sick!

If we are going to get sick, that will happen either way because we are already sick within ourself and from how we were treated through our childhood – there are no other reasons. We are sick because we are denying the truth of ourself and God. We are all very ill being in the Rebellion and Default. **The Rebellion and Default are the true viruses that we are all ‘infected’ with.**

WE PONDER the NIGHT SKY!

Arrogance prompts many people to assume that we are alone. The universes are teeming with life.

A typical night sky may reveal 1,000 stars / suns – more or less. Each star / sun has from zero to three inhabitable worlds in the ‘goldilocks’ zone where water is neither boiling nor freezing. On average, each star is host to one humanity. We are part of a massive family stretching across the night sky and way beyond.

We are grouped into systems. A system consists of 1,000 inhabitable worlds. Our system is called Satania. There are 619 inhabited worlds within our system and Earth is number 606, one of the youngest humanities.



Earth’s humanity was seduced into Rebellion by our System Sovereign, a soul partner pair of high level Lanonandek spirits from within our local universe of Nabadon. Lucifer is his name. His deputy, Satan, also Lanonandek spirit, aided Lucifer. So you can understand how the name for our Local System came about.

They seduced the Planetary Princes of 37 inhabited worlds into Rebellion and each of these worlds are now quarantined from all other humanities until we all heal ourselves of the Rebellion. Earth also has the Default of Adam and Eve of their assignment. Earth’s Planetary Prince, Caligastia, with his deputy, Daligastia, instigated Adam and Eve’s Default. When we refer to the ‘devil’, we are referring to Caligastia, also a high level Lanonandek spirit.



EXPERIENCES, FEELINGS and TRUTH:

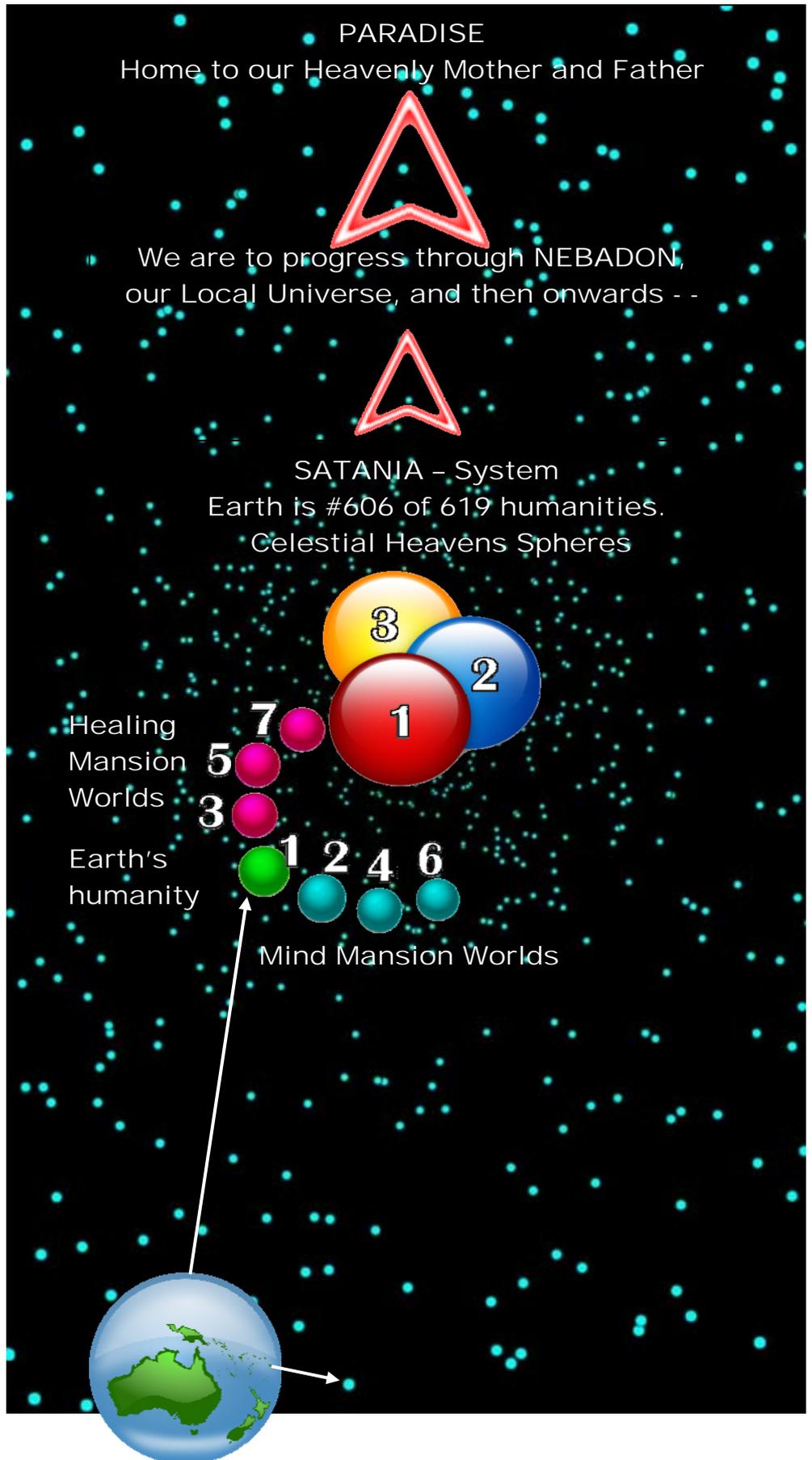
We look into the night sky and see around 1,000 stars that possibly are the hosts to the 619 humanities of our local system, Satania. Earth is on the outskirts of Satania.

When we ‘die’, and shed our physical body as we are spirits having a physical experience, we all arrive on the 1st spirit Mansion World.

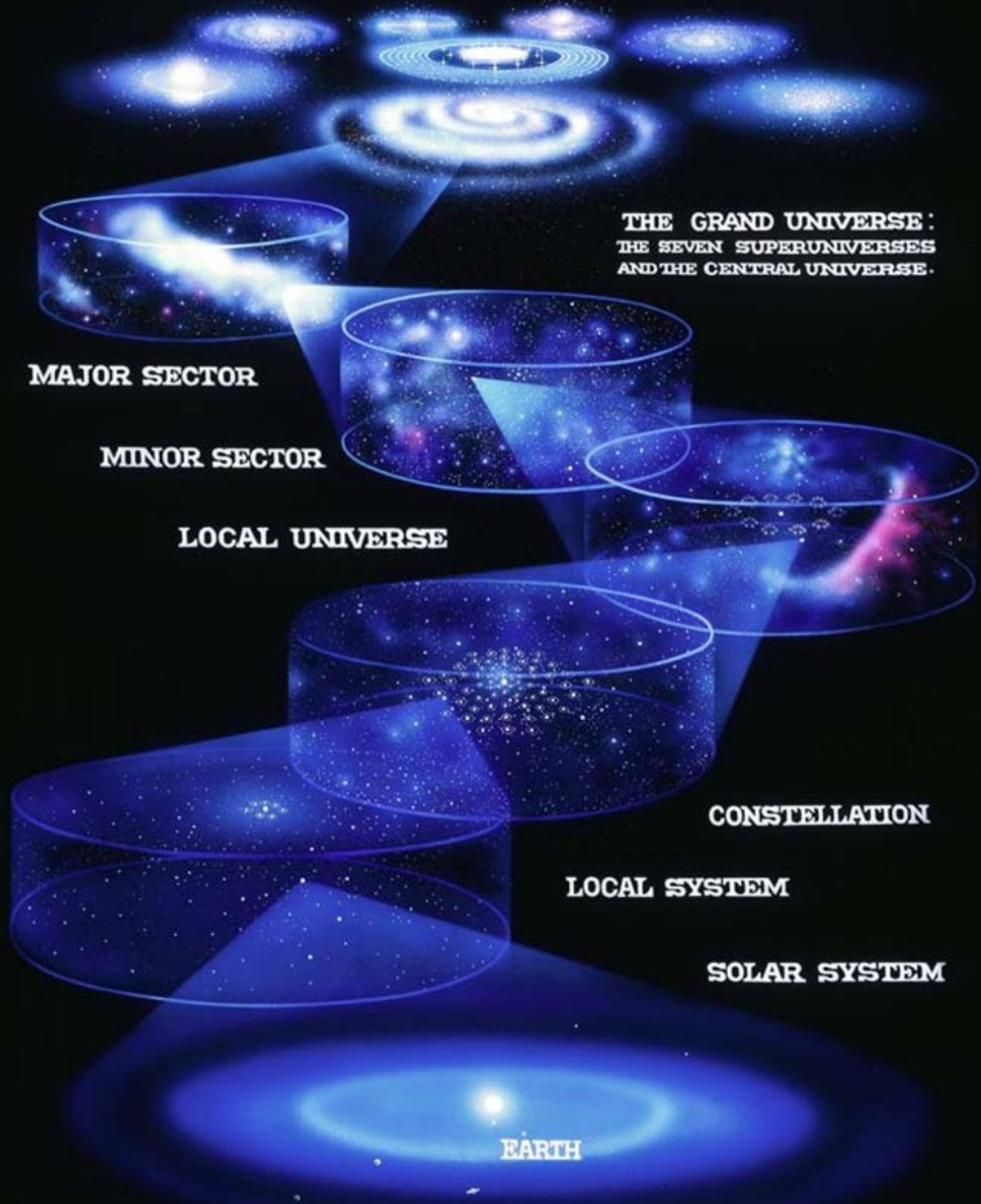
If we continue to live through our minds, then we may progress to worlds 2, 4 then 6 and no further – dead end!

Should we embrace Feeling Healing with Divine Love, we will start our journey of Truth and Love, progressing through Healing Mansion Worlds 3, 5 and 7, then through the Celestial Heavens and onwards out through our Local Universe of Nebadon and on to Paradise, the home of our Heavenly Parents.

The spirit worlds are within a different dimension to the physical stars and earths. However picturing the spirit worlds within the centre of our local system is only a visualisation aid and not necessarily accurate.



JOURNEY TO PARADISE



**THE GRAND UNIVERSE:
THE SEVEN SUPERUNIVERSES
AND THE CENTRAL UNIVERSE.**

MAJOR SECTOR

MINOR SECTOR

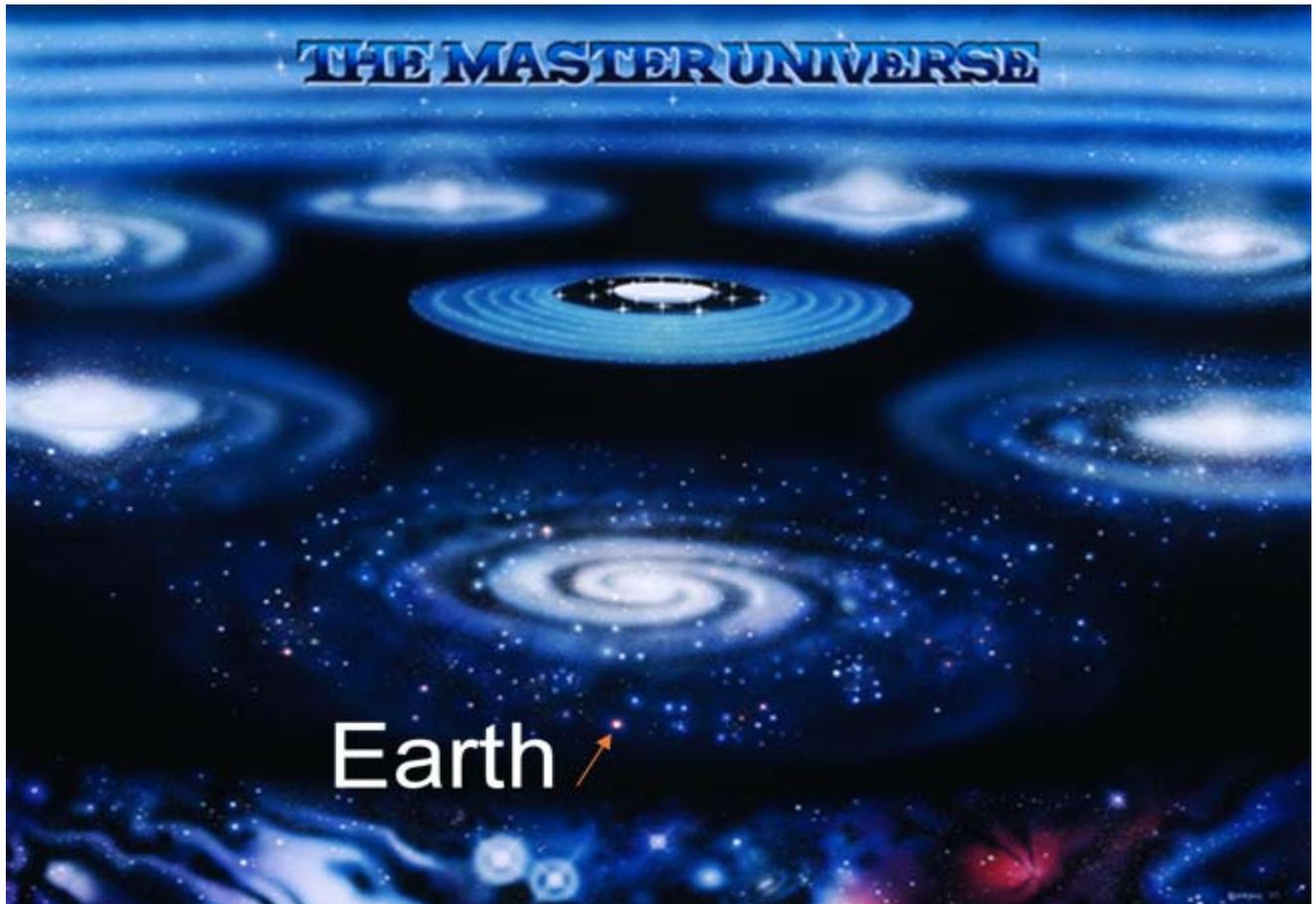
LOCAL UNIVERSE

CONSTELLATION

LOCAL SYSTEM

SOLAR SYSTEM

EARTH



Our journey is one of experience and the feelings that arise from our experiences. From the moment of conception we are on our learning pathway, experiencing the emotions of our parents and carers. Our feelings are our truth, it is through our feelings that we evolve in truth. We are to long for the truth that our feelings draw our attention to.

Our physical parents and family is the focus of our experience on Earth. As we all have been subjected to the Rebellion and Default of Earth's humanity, we are all to heal ourselves of being unloved and the errors and injuries that we have been subjected to. Only through the completion of our Feeling Healing do we leave the environment which is referred to as Hell. It is through the guidance of the Avonal soul partner pair, their Spirits of Truth, that we are now able to complete our Feeling Healing.

When we transition into the 1st Celestial Heaven, having completed our Healing and Acceptance of how we have been messed up and the way we are having had the experience of living in a Rebellion and Default, can we then start to assimilate with other humanities within our Local System.

Our local system is called Satania, home city and headquarters being Jerusem. It consists of 1,000 physical worlds that have the potential of a humanity living on these worlds. 619 are physically inhabited of which Earth is number 606, one of the youngest. As we progress beyond the first three Celestial Heavens, then we start to interact and become knowledgeable of these additional humanities.

Then we progress into our local constellation called Norlatiadek. Norlatiadek consists of 100 local systems, and its home city is Edentia. The Garden of Eden is named after Edentia. Again we go through a process of coming to understand how the constellation works and the peoples that are throughout it.

Then we enter the local universe as a whole, named Nebadon with Salvington being its headquarters and home of the co-regents being soul partners Creator Daughter and Son, Michaels, namely Mary Magdalene and Jesus. It is through the Spirits of Truth of Mary and Jesus that we are guided through all of the Celestial Heavens to Salvington.

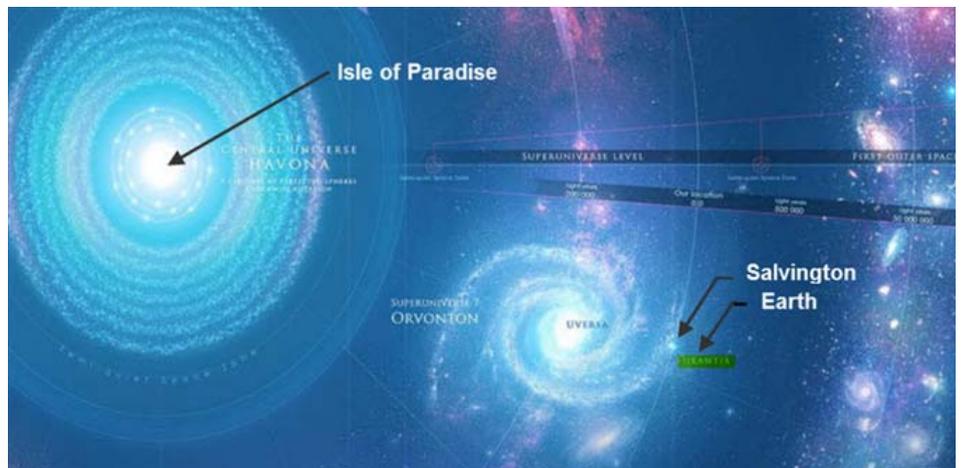
From Nebadon then it is our Heavenly Mother and Father that guide us through the next three major sectors of our super-universe being the Minor Sector, then Major Sector, then the super-universe of Orvonton.

Then we progress into Havona and Isle of Paradise, the home of our Heavenly Mother and Father and on completion of achieving understanding of how all the systems work in the manner that we are required to, we become Finaliters. After all, we are truth seekers!

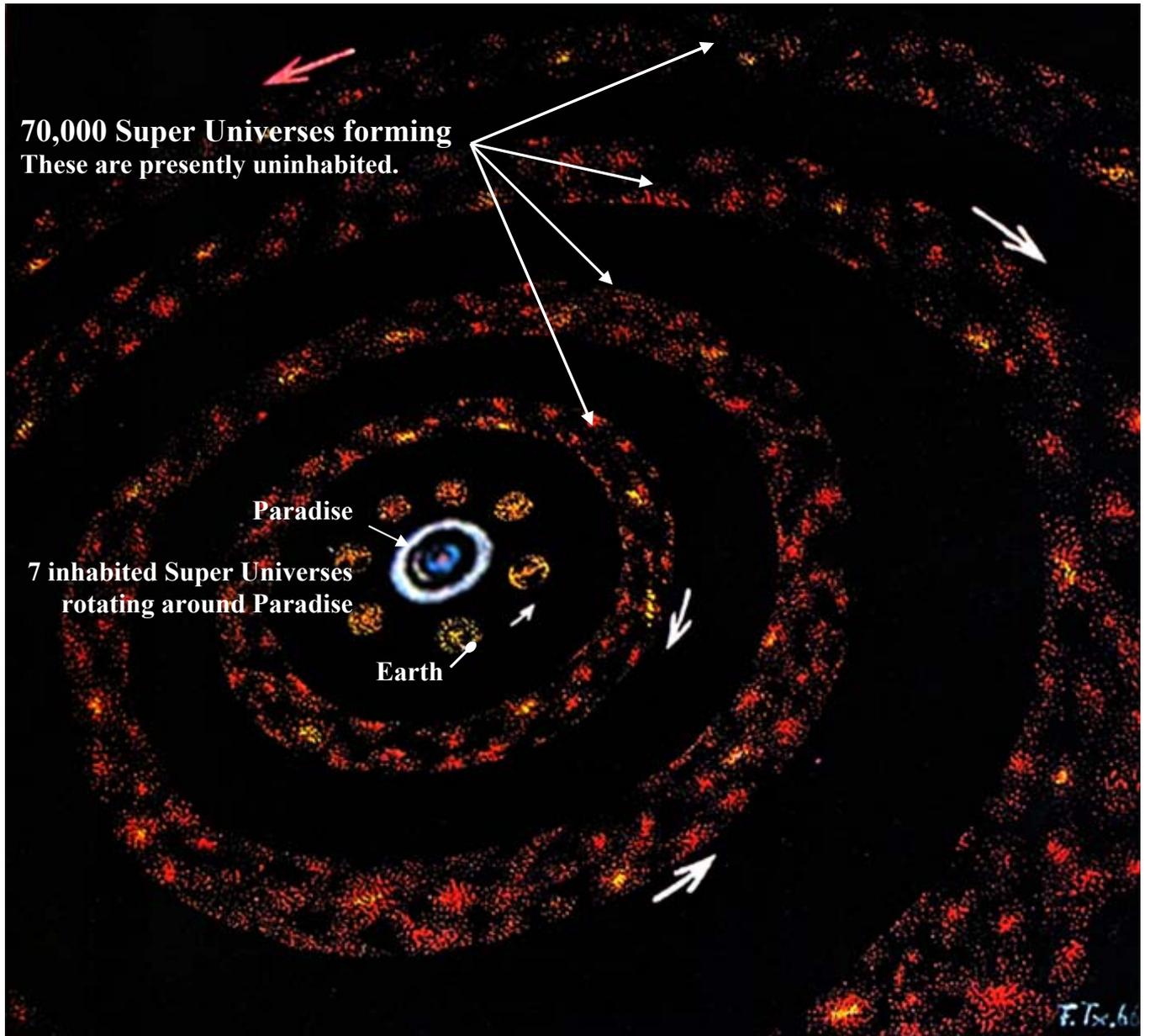
Then what follows is that we then visit and achieve an understanding of how each of the other six super-universes work and how all sever super-universes function and work together.

When fully accredited we will most likely be assigned to one of the newly forming 70,000 super-universes that presently are not inhabited. Finaliters have many optional assignments.

We are truth seekers and through our obtained truth we will be able to assist humanities throughout the emerging universes.



Earth 70,000 Super Universes forming



<http://www.pascashealth.com/index.php/library.html>

Library Download – Pascas Papers

All papers may be freely shared. The fortnightly mailouts are free to all, to be added into the mailout list, kindly provide your email address. info@pascashealth.com

Finaliters

Hey guys, I know who I am and why I am having these life experiences. No, I'm not wearing a prison uniform – but that might be what my soul has planned for me to experience! Just joking!

When we arrive in our Earthly mother's womb, we are clueless as to why the heck we have come here. We truly need to persist with asking, "What's this all about?" – We will be told, bit by bit! But you have to push for it. Well guys, here's a go at it.

We have come to this crazy messed up humanity on Earth because God wants us to come; we don't have any say in it. And we think we can do something about it, but we actually can't, we can only do what God wants us to do. And if that makes us think we can do something, that we can have an effect, then that's what God wants us to think. Man, this mob is ready to slaughter each other totally and that is not going to happen – it's not allowed!

We are to enable our wilfulness to surface – well take over our 'numbnut' mind – and push aside the persona – the messed up personality that our parents want us to be – and express our true individuality. Be true to our feelings – our soul-based feelings and be the personality that our Heavenly Mum and Dad know us to be (all good).

Okay, because we are amongst billions of people who have been forced to join the Rebellion and Default, we are one of them – experiencing all the crud and wrongness we can possibly get ourselves into. Yep, we are rebelling against our soul, which also means we are rebelling against our soulmate and also our Heavenly Mother and Father – God. Shoot the works – we have done it justice!

Now here is the good bit. We can heal ourselves of all this wrongness – and eventually we ALL will. Then we will continue with our healing and learning, and learning, and more learning and end up in Paradise, the home of our True Mum and Dad. THEN we will be recognised as FINALITERS. Why Finaliters?

We are called Finaliters, that's everyone who attains Paradise, and not just those of us who've been screwed up by a Rebellion, because we've 'finally' got there, we 'finally' did it, we 'finally' completed the first stage of our existence in Creation, which is akin to 'Finally' completing our time in the 'womb'. Upon attaining Paradise, it can be likened to being 'finally' born, or 'finally' becoming the equivalent of age 6 when our Indwelling Spirit arrives, or 'finally' becoming an adult. And possibly we won't know if we can liken it to any of these stages we go through during our physical life on Earth, until we're 'finally' on Paradise, and 'finally' get it!

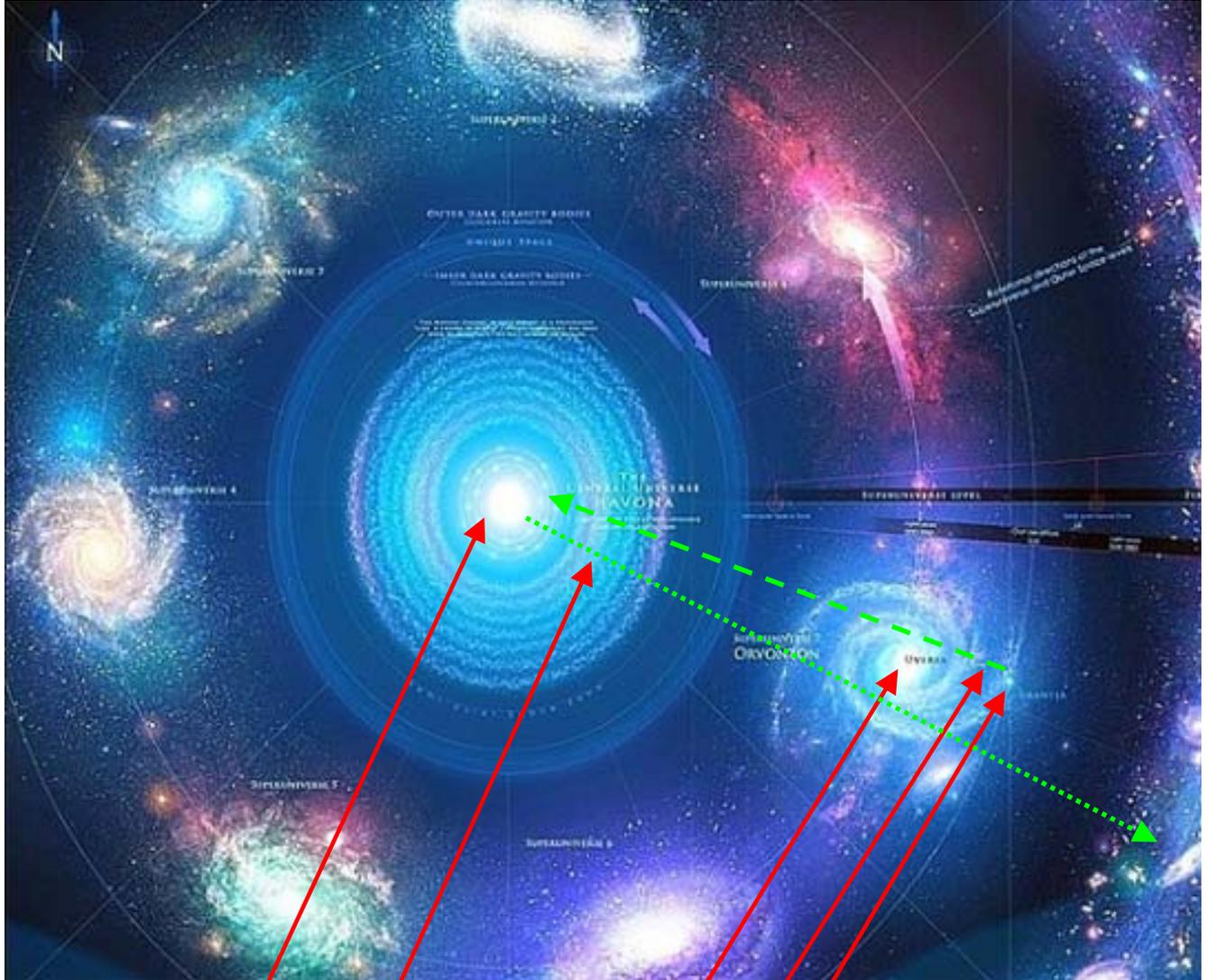
Because other humanities in newly forming universes are anticipated to Rebel (just like us now) and because we have had the experience (no other humanity has possibly done it as good as us), we FINALITERS can go and help them out of their SHIT! Yee-ha – more evilness and insanity! That is us! Bring it on!!!!



Finaliters

OUR JOURNEY

Ascension is from Earth (Urantia) through Nebadon, Orvonton, Havona to Paradise.
 Then in Paradise we progress to be Finaliters and possibly assigned to a newly forming universe.



Isle of Paradise home of our Heavenly Mother & Father
 Havona Ascendington
 Orvonton – our Super Universe
 Nebadon – our Local Universe
 Urantia being Earth

Finaliter, being what we become when we finally arrive in Paradise!

PASCAS FOUNDATION (AUST) Ltd



The New Way:

**Learning how to live true to ourselves by living true to our feelings.
Longing for the truth of our feelings.**

**By living true to ourselves, true to our feelings, we are living true to God.
It's that simple.**

Golden Rule:

**Always honour another's will as one honours one's own will.
Never interfere with another's will.**

Our Heavenly Mother and Father's Divine Love:

Pray and long for it, ask Them for it; and receive it into your soul.

Pascas supports these four simple guidelines.

At first glance it may appear simple and obvious, however the truth is very much the opposite. For 200,000 years humanity has been induced to live through its mind. We use our minds to suppress many of our feelings, and particularly our bad feelings. We do all we can to stop ourselves from feeling bad. Our minds are addicted to control; the control of ourselves, others and our environment. Further, our minds cannot discern truth from falsehood. Our minds are addicted to untruth.

We are to express our feelings, both good and bad, at all times; and to long for the truth of them. We are parented to deny and not express many feelings, all of which become repressed within us making us ill and causing all our problems. The woes of the world are due to our Childhood Repression.

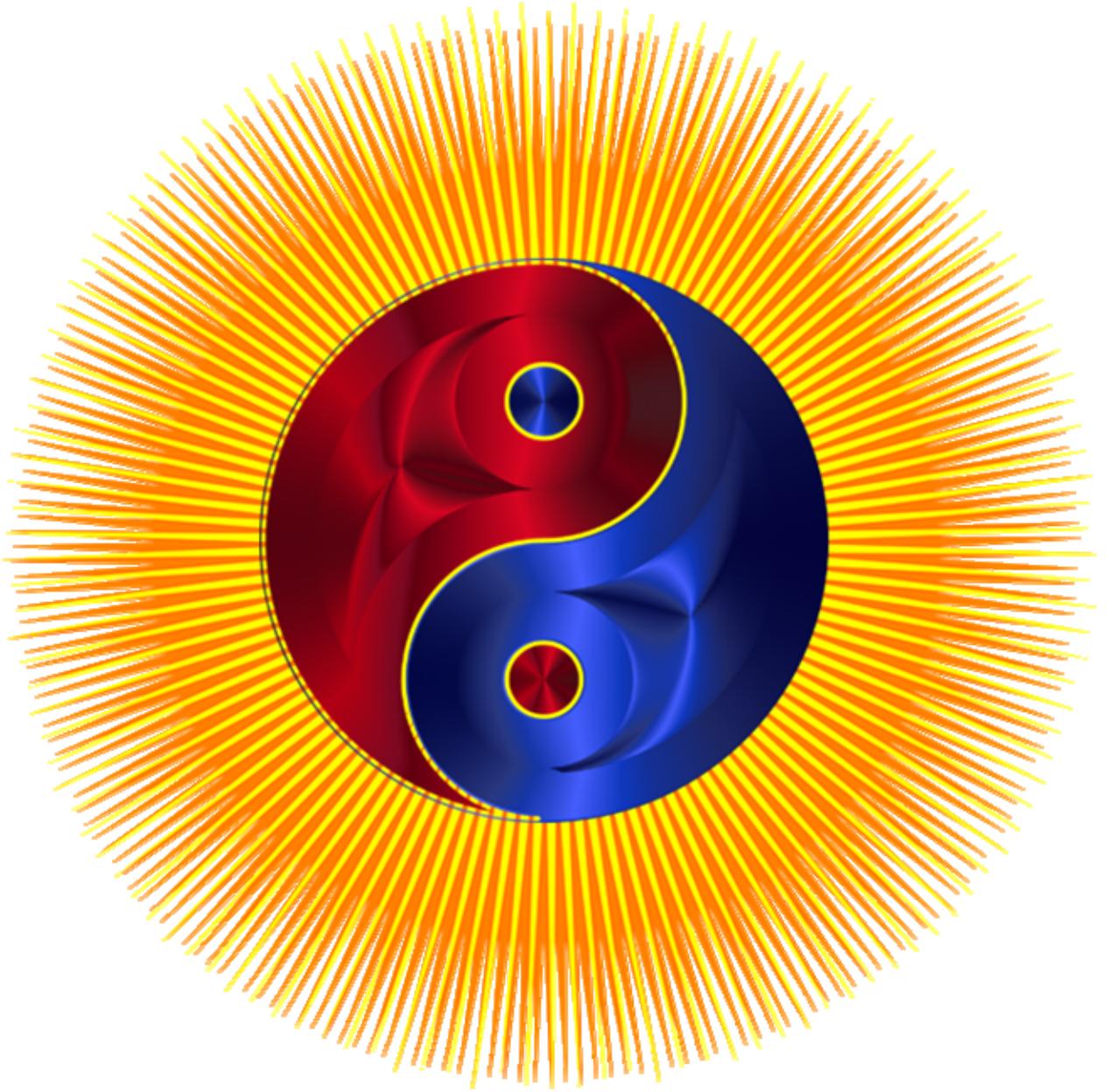
The true Liberation of Women will come as women live true to their feelings, understanding that it's vital for them to express all they feel all the time, whilst sincerely wanting to know the truth and reasons why they are feeling such feelings. With women and men supporting each other in their feeling expression and longing for the truth of their feelings, and not striving to compete and have power over the other through yet more mind control.

We are to fully acknowledge, feel and be, our feelings, then express them as fully as we can, all whilst longing for the truth they are to show us. This is our Feeling-Healing, or Soul-Healing if including the Divine Love. We are to bring to light the truth of our pain, so we can fully connect with it in our adult lives, knowing why we have it and how it's all come about through our childhood.

The Pascas Foundation is to promote these Revelations. Pascas supports this New Way of living, introducing many of these new understandings. It is helping to offer this Feeling First way of living as an alternative to our mind ways. All of which will help liberate one's personality from the constriction and control of one's controlling beliefs and behaviour. It is how to live a True Spirituality, living true to our soul through our feelings.

This is the 'New Birth' of humanity. By living the truth of our feelings we are to become who we have truly meant to be – children of our Heavenly Mother and Father.

Our Heavenly Mother and Father



FURTHER READING:

Free downloads are from www.pascashealth.com in the Library Download page, scroll down for PDFs:

PASCAS CARE PARENTING

Sam’s Book – Parenting and Feeling Healing	Book I	Experience
Sam’s Book – Parenting and Feeling Healing	Book II	Conception
Sam’s Book – Parenting and Feeling Healing	Book III	Magic
Sam’s Book – Parenting and Feeling Healing	Book IV	Nothingness
Sam’s Book – Parenting and Feeling Healing	Book V	Setting Free
Sam’s Book – Parenting and Feeling Healing	Book VI	Pain and Rage
Sam’s Book – Parenting and Feeling Healing	Book VII	Vision
Sam’s Book – Parenting and Feeling Healing	Book VIII	Childhood
Sam’s Book – Parenting and Feeling Healing	Book IX	Self-Acceptance

- Pascas Care – Parenting Awareness
- Pascas Care – Parenting Eureka Moment
- Pascas Care – Parenting Feelings Supreme Guide
- Pascas Care – Parenting Health Generation
- Pascas Care – Parenting into the Abyss
- Pascas Care – Parenting Rebellion

Important recommended reading is: by James Moncrief

The Rejected Ones – the Feminine Aspect of God

<http://divinelovesp.weebly.com/my-free-books-and-free-padgett-messages.html> ALSO at

<https://www.pascashealth.com/index.php/library.html?file=files/opensauce/Downloads/MEDICAL%20-%20SPIRITUAL%20REFERENCES/Rejected%20Ones%20via%20James%20Moncrief.pdf>



Mind Centric Way

Feelings First Freedom

Primary recommended reading:	consider commencing with: Paul – City of Light and Sage – and the Healing Angels of Light		
The Rejected Ones	2002 – 2003	xxx	– James Moncrief
Messages from Mary & Jesus	2003	xxx	– James Moncrief
Paul – City of Light	2005	xxx	– James Moncrief
Feeling Healing	2017		– James Moncrief
Religion of Feelings	2017		– James Moncrief
Mary Magdalene and Jesus' comments on the Padgett Messages	2007 – 2010	xxx	– James Moncrief
Speaking with Mary Magdalene & Jesus Sage and the Healing Angels of Light	2013 – 2014	xxx	– James Moncrief
Road map of Universe and history of Universe:	2017	xxx	– James Moncrief
The Urantia Book	1925 – 1935		xxx as primary reading
Divine Love supporting reading:			
Revelations	1954 – 1963		– Dr Daniel Samuels
Judas of Kerioth	2001 – 2003		– Geoff Cutler
The Book of Truths containing the Padgett Messages or Little Book of Truths	1914 – 1923	xxx	– Joseph Babinsky
True Gospel Revealed anew by Jesus Vol I, II, III, IV		xxx	– Geoff Cutler
Available generally from:			
www.lulu.com	www.amazon.com	www.bookdepository.com	
For Divine Love focused websites and forums:			
Pascas Health:	http://www.pascashealth.com/index.php/library.html		
Spiritual Development:	http://new-birth.net/spiritual-subjects/		
Padgett Books:	http://new-birth.net/padgetts-messages/		
	http://divinelovesp.weebly.com/my-free-books-and-free-padgett-messages.htm		

BIBLIOGRAPHY NOTE:

James Moncrief has written numerous books and prepared numerous movie scripts. Incorporated here are primary writings.

Pascas has 600+ supportive 'Pascas Papers' accessible in Library Download at www.pascashealth.com

Pascas Primary publications being:

- U-Turn for Humanity Pascas reveals New Feelings Way
- U-Turn for Humanity pathway being New Feelings Way
- U-Turn for Humanity shutting hells through New Feelings Way
- U-Turn for Humanity through the New Feelings Way
- U-Turn for Humanity treacherous assumptions New Feelings Way
- U-Turn for Humanity unfolding the New Feelings Way
- Universal Gift – Feeling Healing with Divine Love
- Feeling Healing and Divine Love Discussion Prompts
- Pascas Care Death & Dying Transition & Assimilation Marjorie

Selected Pascas Papers, as noted below, can be downloaded from www.pascashealth.com from within the Library Download page.

James Moncrief's books, the Padgett Messages and The Urantia Book at:

DIVINE LOVE SPIRITUALITY – DLS:

<http://divinelovesp.weebly.com/my-free-books-and-free-padgett-messages.html>

All Padgett Messages (for condensed versions – see below) 1914 – 1923 Pages 945
The Urantia Book (see suggested papers to read below)

James Moncrief Books:

	MoC		
The Rejected Ones – the Feminine Aspect of God	1,490	Nov 2002 – Jan 2003	228
Messages from Mary and Jesus book 1	1,485	Feb – Apr 2003	189
Messages from Mary and Jesus book 2	1,485	Apr – Oct 2003	170
Mary Magdalene and Jesus' comments on the Padgett Messages – book 1		Aug 2007	164
Messages from 31 May 1914 – 12 January 1915	1,495		
Mary Magdalene and Jesus' comments on the Padgett Messages – book 2		Sep 2010	177
Messages from 13 January 1915 – 29 August 1915	1,494		
Speaking with Mary Magdalene and Jesus blog – book 1	1,490	Jan – Apr 2013	206
Speaking with Mary Magdalene and Jesus blog – book 2	1,489	Apr – May 2013	229
Speaking with Mary Magdalene and Jesus blog – book 3	1,490	Oct – Jan 2014	187
Speaking with Mary Magdalene and Jesus blog – book 4	1,491	Jan – May 2014	191
Mary Magdalene comments on Revelation from the Bible KJV	1,485	Dec 2013 – Jan 2014	84
		This group being pages of	1,825

Paul – City of Light	1,488.5	2005	149
Ann and Terry		2013	235
Feeling bad? Bad Feelings are GOOD!	feeling-healing book 1	2006	179
Feeling bad will make you feel BETTER – Eventually!	feeling-healing book 2	2006	159
Breaking the Golden Rule.	feeling-healing book 3	2006	168
Feeling-Healing exercises, and other healing points to consider.		2009	175
Cathy and Mark – a novel introducing Feeling-Healing.		2010	151
Introduction course to Divine Love Spirituality		2006	139
Speaking with the Dead, Death and Dying		2009	173
Spirits and their Childhood Repression Healing		2010	179
With Verna – a nature spirit		2008	279
Communication with spirits – meet a spirit friend		2010	37
Introduction to Divine Love Spirituality website			362
Sage – and the Healing Angels of Light		2017	260
Divine Love Spirituality	1,500	2017	201
Feeling Healing – you can heal yourself through your feelings		2017	153
Religion of Feelings	1,500	2017	47
		This group being pages of	3,046

Religion of Feelings

<http://religionoffeelings.weebly.com/>

Introduction to Divine Love Spirituality

<http://dlspirituality.weebly.com/>

Main website of DLS

<http://divinelovesp.weebly.com/>

Childhood Repression website

<http://childhoodrepression.weebly.com/>

DLS and CR forum

<http://dlscr.freeforums.net/>

<http://withmarymagdaleneandjesus.weebly.com/blog---and-free-books-speaking-with-mary-and-jesus>

FEELING HEALING and SOUL HEALING with the DIVINE LOVE:**James Moncrief Publications:****all publications are free downloads:**<http://divinelovesp.weebly.com/my-free-books-and-free-padgett-messages.html>

It is suggested for one to consider reading as follows:

Speaking with Mary Magdalene and Jesus – books 1 – 4

These four books encapsulate the second of the revelations with the first having been introduced by James Padgett one hundred years previously. These four books provide a wide range of guidance that has never previously been made available.

Paul – City of Light

As a gentle intro into the Divine Love and Healing; being James Moncrief's first novel and it's been criticised as being too heavily clichéd, but that's the point because it's a reflection of how he was back then.

Ann and Terry

An example for people who might want to immediately start working on themselves and doing their Healing.

Feeling Bad? Bad Feelings are GOOD

For more understanding about our denial of our feelings and why we should not deny our feelings, and it includes how it all came about for James, using himself as an example.

Feeling bad will make you feel BETTER – Eventually!

This includes specific examples of Marion and James working on expressing particular bad feelings, again with the hope that it will help others gain something of an idea as to what's involved in doing your Feeling Healing.

Sage – and the Healing Angels of Light

Through Sage who's 13 years old, the story is primarily about the two aspects of healing; that being, with the help of our angels, and the full Healing we can do by looking to our feelings for their truth.

**Religion of Feelings
Feeling Healing****Welcome to LOVE – the Religion of Feelings
you can heal yourself through your feelings**

So these books, including the four Speaking with Mary Magdalene and Jesus books, provide the essence of it all and are examples of James' work. Then it's up to whatever takes one's fancy. Other reading to consider may include:

The Padgett Messages being published as:**The True Gospel Revealed Anew by Jesus volumes 1 – 4****Book of Truths by Joseph Babinsky****The Urantia Book****Release one's pain through expressing one's feelings.****in conjunction with****Longing for the Truth when also longing for Divine Love.**

FEELING HEALING with DIVINE LOVE is SOUL HEALING:

A collection of ‘papers’ that draw together specific topics including all of the above and more from other sources of information and revelation designed to help increase one’s awareness about why we have the problems we do and how to heal them, all whilst living a more healthy and sustainable life. They provide a brief snapshot of the more complicated topics and issues.

Firstly, consider discovering the truth of your emotional pain through Feeling Healing. Secondly, consider longing for our Heavenly Parents’ Love as you progress with your healing. Primary and most important readings are the writings of James Moncrief. Then consider the Padgett Messages, and then The Urantia Book.

Pascas Papers, being free, are located within the Library Download www.pascashealth.com
<http://www.pascashealth.com/index.php/library.html>

PASCAS – document schedule.pdf downloadable index to all 550+ Pascas Papers.

FH denotes Feeling Healing; SH denotes Soul Healing, which is: Feeling Healing with the Divine Love; DL denotes Divine Love – living with the Love.

PASCAS INTRODUCTION NOTES: *All papers below can be found at Library Download link.*

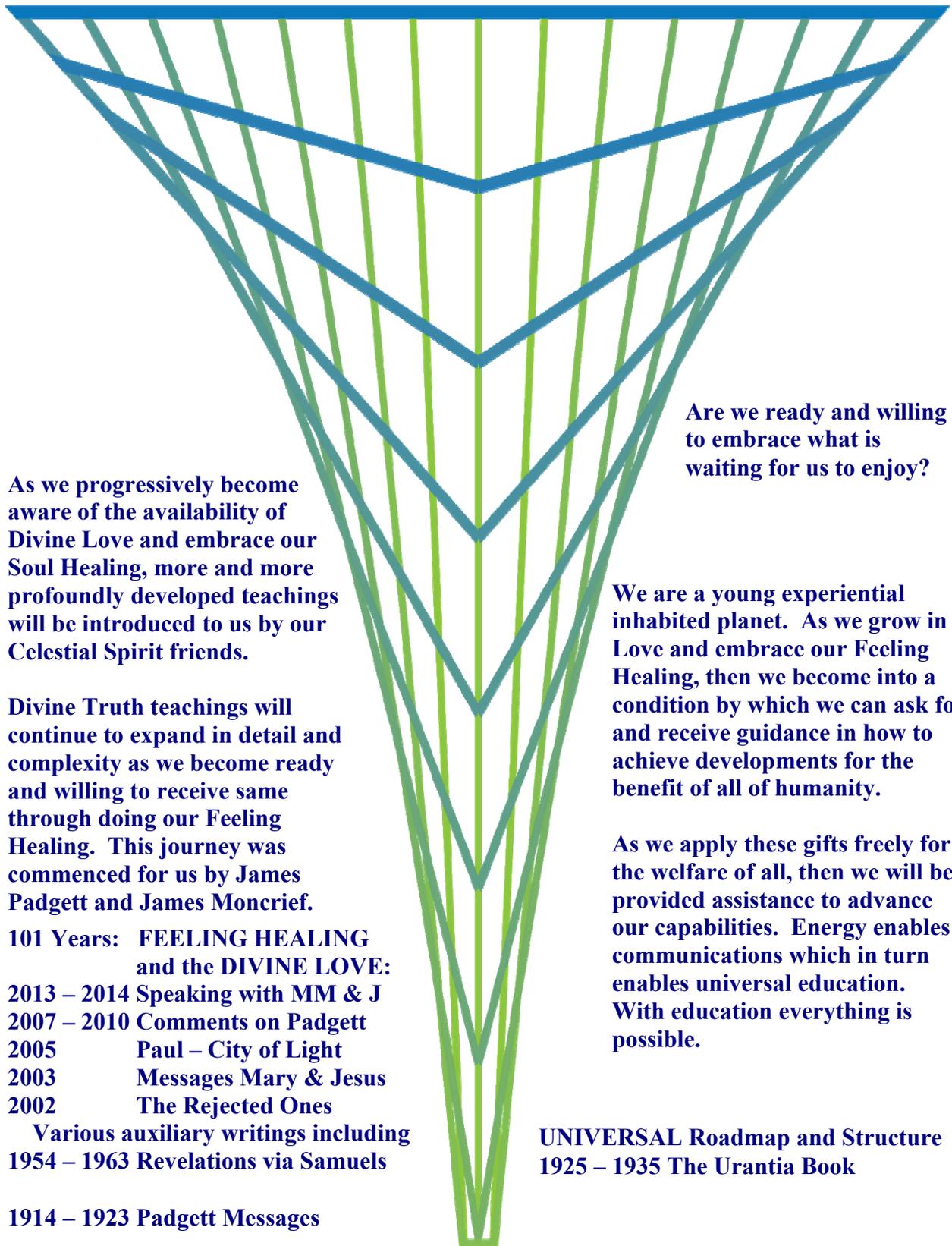
- Pascas Care Letters A Huge Upturn
- Pascas Care Letters Big Revelation
- Pascas Care Letters Feeling Healing Benefits Children
- Pascas Care Letters Feeling Healing Way
- Pascas Care Letters Little Children
- Pascas Care Letters Women’s Liberation and Mother

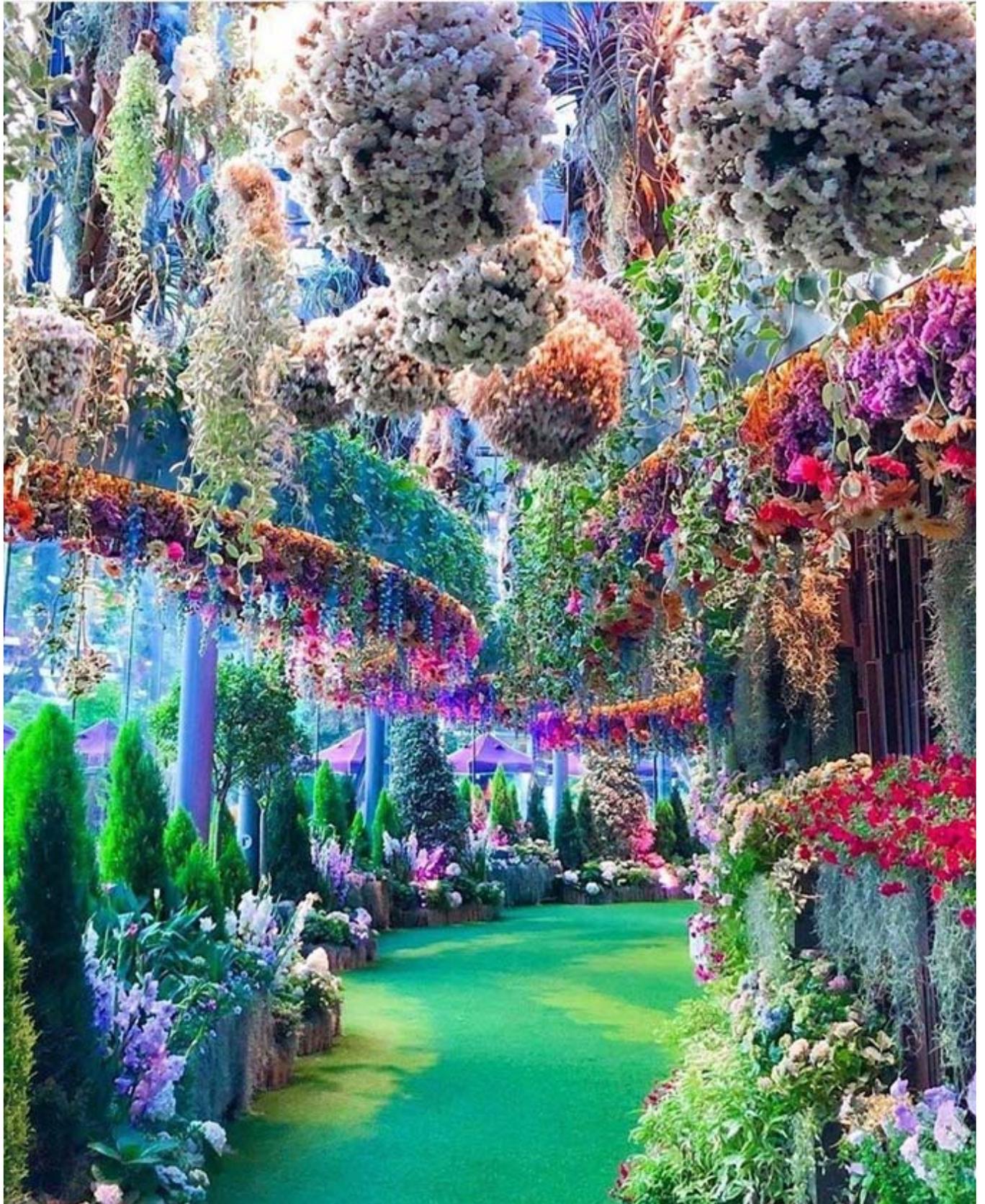
MEDICAL – EMOTIONS:

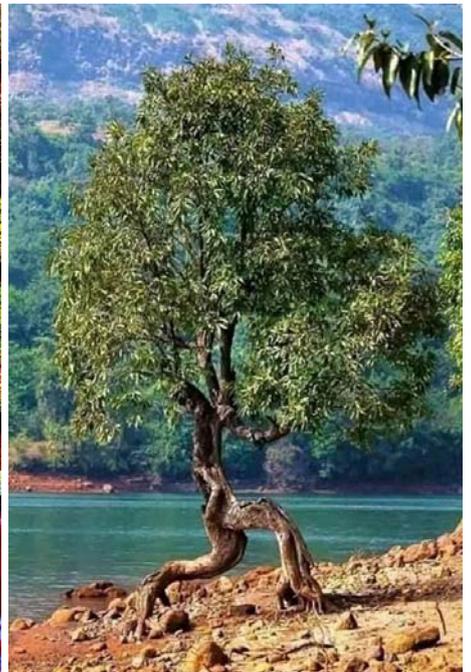
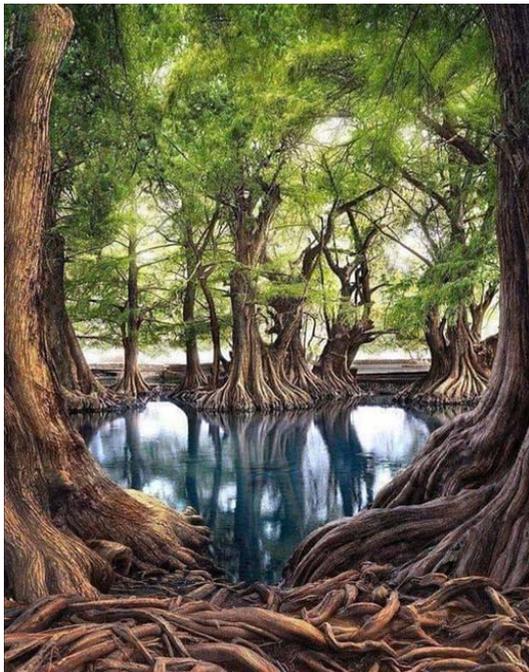
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- Pascas Care – Feeling Healing and Parenting
- Pascas Care – Feeling Healing and Rebellion
- Pascas Care – Feeling Healing and Starting
- Pascas Care – Feeling Healing and Will
- Pascas Care – Feeling Healing Angel Assistance
- Pascas Care – Feeling Healing Being Unloved
- Pascas Care – Feeling Healing Child Control
- Pascas Care – Feeling Healing Childhood Repression
- Pascas Care – Feeling Healing End Times
- Pascas Care – Feeling Healing is Rebellious
- Pascas Care – Feeling Healing Live True
- Pascas Care – Feeling Healing Mary Speaks
- Pascas Care – Feeling Healing My Soul
- Pascas Care – Feeling Healing Perfect State
- Pascas Care – Feeling Healing Revelations X 2
- Pascas Care – Feeling Healing the Future
- Pascas Care – Feeling Healing Trust Yourself
- Pascas Care – Feeling Healing Versus Cult

**PASCAS
PAPERS**

DIVINE LOVE and DIVINE TRUTH Revelations and Teachings escalating:







perceived truth MoC 880 – relative truth potential MoC 1,480