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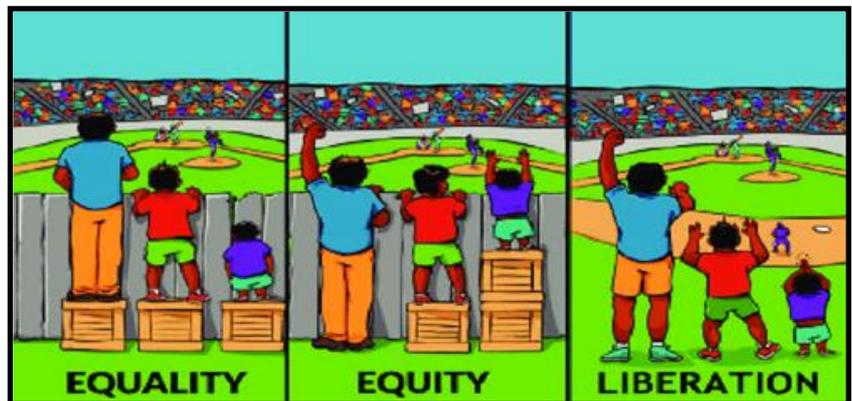
30 June 2021

Pascas Family Shelters

FAMILY SHELTERS towards LIBERATION

Family Shelters towards Liberation can be in rural settings on large land holdings and they can be within cities in multi-level buildings. They are to support women, men and children with their varying aspirations, such as:

1. Being introduced and commencing to live Feelings First, then progressing their individual Feeling Healing in a community environment – a Paradise Sanctuary.
2. Pascas Family Shelter is to assist domestic violence victims to find relief, open to consider a new way of living to mitigate the returning into abusive relationship situations. The abusers are to be assisted separately also.
3. Adolescent Community Safe House is for up to two years of transitional education to enable girls and boys to transition out of difficult home environments into potentially meaningful employment.
4. Pascas Craft Path is open to everyone. Those who enter the Paradise Sanctuary, Pascas Family Shelter, Adolescent Community Safe House and for those to engage in rehabilitation from substance abuse – drug addiction – this is to enable all to engage in the craft skills training programs – including the members of the local community. Mental health can be greatly improved through the camaraderie and active experiencing of involvement with crafts.
5. Chaldi College is all levels of education for all ages with Feeling Healing and crafts filtered through the curriculum.



There will be many situations and reasons why people from all walks of life and emotional conditions may consider visiting and/or staying for an extended time in a Family Shelter of this complexity which is to provide them with support and sharing of truth and love.

Aspiring to Living Feelings First

Brian Iverach, Graham Golding, Jim Baker and John Doel

Pascas Foundation (Aust) Limited

FAMILY SHELTER – CANNON CREEK COMMUNITY – FIVE SEGMENTS with a HUB:

1. PARADISE VILLAGE SANCTUARY

Individuals and families are to be able to immerse themselves in all of what Pascas has to offer without constraints or obligations. A sanctuary may consist of up to 1,000 women, men and children. Their tenancy is as long as they feel the arrangement assists with their Feeling Healing progress.

2. PASCAS FAMILY SHELTER

Domestic violence requires separation from abusers and personal security. This is accommodation for victims, with and without children, to introduce the space and time to find a new direction and establish a new lifestyle through feelings and support.

3. ADOLESCENT’S COMMUNITY SAFE HOUSE

This is a safe environment to enable late adolescent children (16 and older) to be introduced to a village and assist with their personal healing of their difficult upbringing and transitioning into employment and independence. They will mostly have become separated from their parents.

4. PASCAS CRAFT PATH

For those who voluntarily present to break away from their addiction habits and establish a new potential through learning new crafts and skills to become self sufficient within society.

5. CHALDI COLLEGE

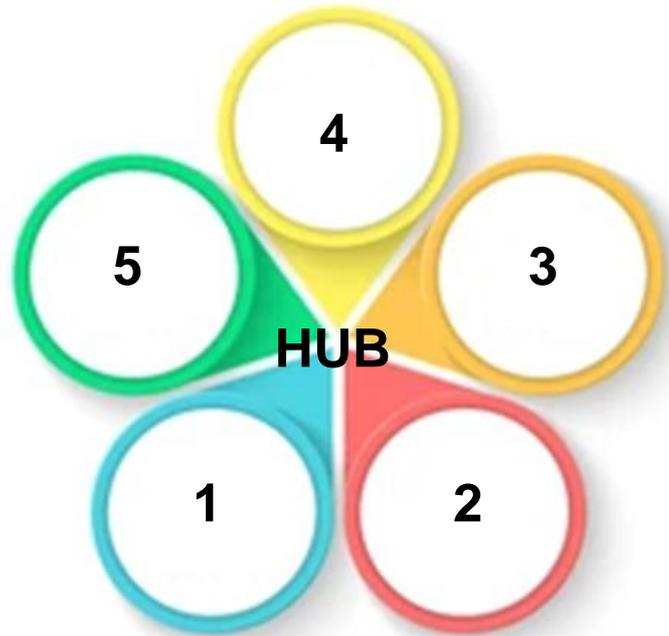
Education for the community’s children as well as TAFE style subjects for mature age students. Through feelings orientation, our true personality begins to emerge bringing greater potential.

PASCAS VILLAGE CENTRE HUB

Community shops such as delicatessen, groceries, range of eating and meeting facilities, and whatever is deemed appropriate. Library for the community with meeting rooms to service needs of all the elements as well as for local residents.

Pascas Child Care, Pascas School and Chaldi TAFE for the community and neighbouring residents. Family Craft Shed is to bring about tutoring by those with established skills for all.

A Pascas Community contains short, medium and extended term accommodation and embraces the care and support for those seeking truth, truth of themselves and the reality of our journey that is unfolding.



Summary Overview of a Pascas Shelter Village:

Core elements of a Pascas Family Shelter:

- 1. Paradise Village Sanctuary – up to 1,000 women, men and children**
- 2. Family Shelter – abused women safe refuge, with or without children**
- 3. Adolescent’s Community Safe House – abused children separated from parents**
- 4. Pascas Craft Path – people breaking the hold of addictions, substance abuse healing**
- 5. Chaldi College – education of all ages incorporating living feelings first**
- 6. Pascas Community Hub – village centre embracing all segments and local community.**

It is due to our childhood suppression that we find ourselves being drawn to a:

- **Paradise Village Sanctuary – Feeling Healing**
For the purpose to be one’s true self and freely express one’s self, to enter to pathway of being true in all aspects of one’s personality. To express the pain of not being who we truly are.
- **Family Shelter – safe from abusive partner or parents**
Oppressive control addiction by partners or parents requires the extreme steps of establishing a new and free life in an environment safe from aggressive suppression. Again, this is beginning to express our pain and hurt from years of subjection to control by others without due respect and regard for one’s true personality.
- **Adolescent’s Community Safe House – transitioning from oppressive parents to freedom**
Being able to leave home and be one’s true self takes time – consider two years of focused discovery and self-expression while learning how to integrate into a community.
- **Pascas Craft Creations – escaping from substance abuse**
We do everything possible to suppress the pain of our childhood suppression. Not only do we have to heal ourselves of our addictions but ALSO heal ourselves of our childhood suppression, both through Feeling Healing.

These four pathways are delivered through on location residency and professional support.

- **Chaldi College – education from pre-school through to seniors**
Feeling Healing and Living Feelings First is introduced to all avenues of living to everyone who are open to consider the potential that it opens for each of us.

	Total	Women	Men	Children
1. Paradise Scantuary may grow to a population of	1,000	500	200	300
2. Family Shelter family abuse refugee	200	120	20	60
3. Adolescents Community Safe House	100	60	40	
4. Pascas Craft Creations Path substance abuse	200	40	160	
Permanent population	1,500	720	420	360

The residential configuration may commence with these ratios, however, adjust with need.

1 bedroom accommodation	30%
2 bedroom accommodation	30%
3 bedroom accommodation	30%
4 or more bedroom accommodation	10%

Further, the numbers participating in each of the four core programs may widely vary from the above without administrative difficulty due to compatible and over lapping agendas.

Before we are conceived, we have had nothing to do with the culture or heritage into which we are about to be born.

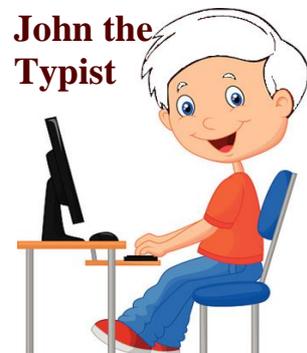
Conception is individualisation of our unique personality!

Then our parents and carers infuse us with their errors and injuries!

We perpetrate their erroneous ways!

It's all about
Experiences
&
FEELINGS

John the
Typist



**BE FEELINGS
EXPRESSIVE!**

What are “FAMILY SHELTERS towards LIBERATION”?

We are truth seekers.

For 200,000 years, all of Earth’s humanity has been subjected to the unfettered control of rebellious high level spirits. They have subjected Earth’s humanity to live mind centric with its limited potential. As women are closer to their feelings and should women be allowed to have their freedom to express themselves through their feelings then they would have promptly put an end to these high level spirits’ folly. Consequently women have been subjected to domination and submissive suppression by men.

The consequence is all around us. It is the year 2021 and the drums of war are rising in crescendo. The hallmarks of another great conflict are emerging that could make a great mess of the northern hemisphere.

What we see is all of humanity functioning in some form of stupor – zombie like. There is no free expression, no exuberance and spontaneity. The highly educated are so ‘specialised’ that they lack overview functionality being devoid of comprehension of what is the big picture and unable to address complex tasks with foresight. The general population has sunk down into micro-communications through electronic social media platforms – personal interaction and engagement is lost.

Science has proudly announced victory over various diseases. These same people are dumbfounded to find outbreaks occurring! Science does not recognise the spirit body and that the etheric body, being the template of the spirit body that manifests the physical body in its form, is the carrier of our emotional health. If we are free of emotional injury, we are free of discomfort, pain and physical illness. All illnesses will continue to re-emerge in mutated and advanced forms until we heal ourselves emotionally of our personal Rebellion and Default which was initiated by high level rebellious spirits.

Within our local community, men are encouraged to book a date with mates at one of nearly 20 Men’s Sheds on the Gold Coast, Queensland, Australia. Men’s Sheds stretch from the north to the south and west, the hinterland, all over the Gold Coast. There is clear evidence showing social participation positively links to mental wellbeing and quality of life. But these do not accommodate women!

Women’s Sheds go by various other names; ‘Shelia’s Shack’, ‘Shelia’s Shed’, ‘Ladies Shed’, ‘Fix it Sisters’ Shed’ and ‘Her Cave’. With a 700,000 population on the Gold Coast, not one can be found!

Copious Men’s Sheds versus the lack of Women’s Sheds is a clear demonstration of the Rebellion and Default’s agenda of separation and women being subjected to men’s subordination. Not only are Men’s and Women’s Sheds to be drawn together, they are to become skill sharing and places of introduction to children of crafts and skills embraced and perfected by adults. So, how about it ladies and gentlemen:

Family Craft Shed

This is what a Family Shelter towards Liberation is focused to bring about.

It is truth. Truth is love. And love is Freedom.

Potentially, we are all equal. Our inherit, but suppressed gifts, will each be revealed and we will each have our day in the spotlight. There is not one person more capable than you. There is not one person whose potential is greater than any other person. We all have the same Parents and our Parents have

bestowed upon us each wonderful attributes and gifts that we are to allow to surface and embrace. And this all comes about by living feelings first and having our minds to follow. Not as it is now, with us all being mind centric and ignoring and suppressing our feelings.

Craft at home, but within a Family Craft Shed which welcomes all of community, is being interactive and expressive of our natural passions and gifts. This is tutoring others – that being the most effective way to learn. This is how craft sheds are such great educators.

Many of our prejudices are of the consequence of suppressed truths:

- The first humans, to have a longing for human perfection, lived south of the Caspian Sea more than 993,500 years ago. They were of a red skinned complexion, dark hair and dark eyes, and with an appearance similar to modern day Eskimos. Our first parents, Andon and Fonta are also known as Aman and Amon.
- 500,000 years ago, parents known as Sangik, living in north-eastern highlands of India, raised 19 children, five with red skin, two orange, four yellow, two green, four blue, and two indigo. This is the first and only true Rainbow Family of Earth's humanity. This one family had six of the seven colours that arise in a humanity.
- Adam and Eve materialised on Earth more than 38,000 years ago and introduced the remaining colour, violet (white). As you can see, there are no black or white people! They also brought about the blonde and red hair colouring as well as the blue and green eyes – and Adam and Eve were strikingly tall. The Adamites are not of as high of level as the Lanonandek spirits.
- Earth's humanity now has four colours, red, yellow, indigo and violet. They will intermingle and blend to become of an olive complexion! The orange, green and blues died out through warring.
- We, being humanity, are ensouled. Our soul is a duplex. Each soul manifests two personalities. One soul brings about a female and a male – ALWAYS! We each have a soul partner of the opposite sex. That is how we have soulmates.
- While we remain unhealed of what we have each taken on of the Rebellion and Default we will not recognise our soul partner / soulmate. In fact, while we remain unhealed we would find our soul partner incompatible and not at all attractive to us. It is only when we complete our healing that we are and can become connected to our partner.
- Our soul partner will most likely be of a different skin complexion to our selves, live in a different country, have an entirely different cultural background, religious persuasion, language and can be thousands of years difference in having lived on Earth.
- Our soul does not separate, it remains in a different dimension to us. Our soul manifests a spirit body which is the template of our physical body and all remain connected by cords of light.
- The Rebellion and Default was instigated 200,000 years ago through the rejection by Lucifer, with his deputy Satan, of the leadership of Jesus and Mary Magdalene being the sovereign leaders of our local universe, Nebadon, and also Lucifer's denial of God. 500,000 years before the Rebellion, Lucifer was appointed System Sovereign of our local system, Satania, being of 1,000 inhabitable worlds. Lucifer through the Planetary Princes of 37 inhabited worlds induced the humanities of those worlds to embrace living through their minds – thus joining his Rebellion.
- More than 38,000 years ago, our Planetary Prince, Caligastia brought about the circumstances that induced Adam and Eve's Default of their assignment here on Earth. Lanonandeks being higher than Adamites meant that Adam and Eve had little possibility in success with their assignment.
- Upon starting our physical life experience on Earth, our divinely created soul begins to express us as one of our soul's two personalities in Natural love. However because of Earth being in Rebellion, so we are parented into a rebellious and anti truth and anti love state of mind control over our feelings and true self.

- Natural love is good, just ‘less’ or different to Divine Love. And it’s that in our rebellious state, we’re rebelling against Natural love, and Divine Love by not taking Jesus and Mary up on their offer and allowing the Divine Love to transform our soul, as we perfect our Natural love by doing our Healing.
- The Rebellion is against love, the Default is all the difficulties we have in our relationships because of our rebellion. Healing the Default is becoming true – to ourselves and in our relationships, and ending our unlovingness – our rejection of love, so ending the Rebellion.
Nanna Beth, 3rd Celestial Heaven, 29 June 2017
- By living true to our self, true to our feelings, we are living true to God. It’s that simple. The revealing of the Feeling Healing process is the commencement of our ability to begin the Great U-Turn and go the right way. Should we then also embrace our Heavenly Parents’ Divine Love, we can also commence our Soul Healing and becoming divine – this is our destiny.
- The hard truth is: if you parent whilst being of the Rebellion and Default, then you will be severely damaging your children. It’s what we fail to understand; and we’ve been doing it for a very long time.
- The whole notion of one can be a ‘good’ parent or a ‘bad’ parent needs to be thrown out the window. When you understand we’re all living in a state of truth-denial; that we are denying the truth of ourselves, nature and God; that we are living against ourselves, nature and God; that everything we do is wrong and within the Rebellion and Default, then everything one might do as parent will be wrong too.
- If you like, humanity has Fallen from the Celestial level down through the seven spirit Mansion Worlds, so through every plane and sub-plane and sub-sub-plane and so on through seven sub-planes of every plane in every spirit Mansion World. And even then still being divided up into the negative relationship between the mind and feelings down to what you might see as a microscopic circuit level, that which we can’t see, yet the angels can.
- The angels are ‘wired’ into all the mind / feeling circuits, so they know exactly where we are in our rebellion against these circuits, that being, how we should truly and lovingly live them and yet how we’re not doing so whilst we’re in our unloving and untrue states, and then where you are in your Healing of them. And each of these circuits, from the smallest and building up into the biggest, are what we call psychic barriers.
- And they are all within you, and we have all to heal them all through our Healing. And that’s on the personal level, which then also has to be done on the combined level for the whole of humanity.
- When you express all the pain and submit to the bad feelings, no longer trying to control or fight them, you are effectively falling into the pattern of how you live and express your negative circuit, thereby de-powering it, short circuiting it if you like, which then liberates more pain and truth, which then allows the circuit to be made right, this being the progress as you ascend through your Healing up through the Mansion Worlds.
- Once humanity collectively understands what has happened to them on the higher spiritual level, how the people have been controlled, and that it’s over, that control is no longer controlling, it’s just legacies of it, all of which the average person can deal with by destroying it in themselves, things will change markedly for the better. And as the people change, so too will how they want to live, it will be a great time of revolution, nothing will be the same. So what you are currently living through is the end of the Rebellion and Default, it literally is, and so once the end is fulfilled and the New starts, then all how it currently is and has been will cease to be.
Nanna Beth 3rd Celestial Heaven 20 March 2018



- Were humanity true to its feelings and not under the influence of the Rebellion, it would have evolved beyond the current diseases that afflict it. It would have encountered other higher diseases, but would be well on the way to not having to require their help either. There are higher diseases awaiting humanity in the future, as it moves beyond the current ones, but by then such disease will be known for what it is, to help stimulate certain feelings which when expressed and the truth found, bring about the healing of the illness. As for the current diseases, we'll keep making them resistant to your medicines forever, it's all very easy for us.

Extracts from: With Verna – the Nature Spirit – by James Moncrief

- All that ails society is of a consequence of humanity embracing the Rebellion and Default.
- Major events have occurred with the progression of the Avonal pair's Feeling Healing, which they are also doing whilst embracing our Heavenly Parents' Divine Love, thus they are doing their Soul Healing.

Early 1990s: The arrest of the Caligastia and Daligastia soulmate / soul partner pairs.
 22 March 2017: Negative mind-spirit influence was blocked by Celestial spirit.
 31 March 2017: Angel assisted healing will become available upon the Avonal pair completing their own Feeling Healing, being with Divine Love, thus it being Soul Healing.
 22 May 2017: Law of Compensation quickening.
 2 December 2017: Psychic Barriers maintaining the Rebellion and Default were cracked.
 8 December 2017: Bring on the money to '**house the future of humanity**'.
 31 January 2018: Earth and the seven associated Mansion Worlds (including the two Earth planes) are **officially** now fully under the control of Celestial spirits. This marks a tangible and real end to the Rebellion and Default.

- Now to consider and embrace these five points:

New Feelings Way: learning how to live true to ourselves by living true to our feelings.

We are to express our feelings, both good and bad, at all times, and to long for the truth of them.

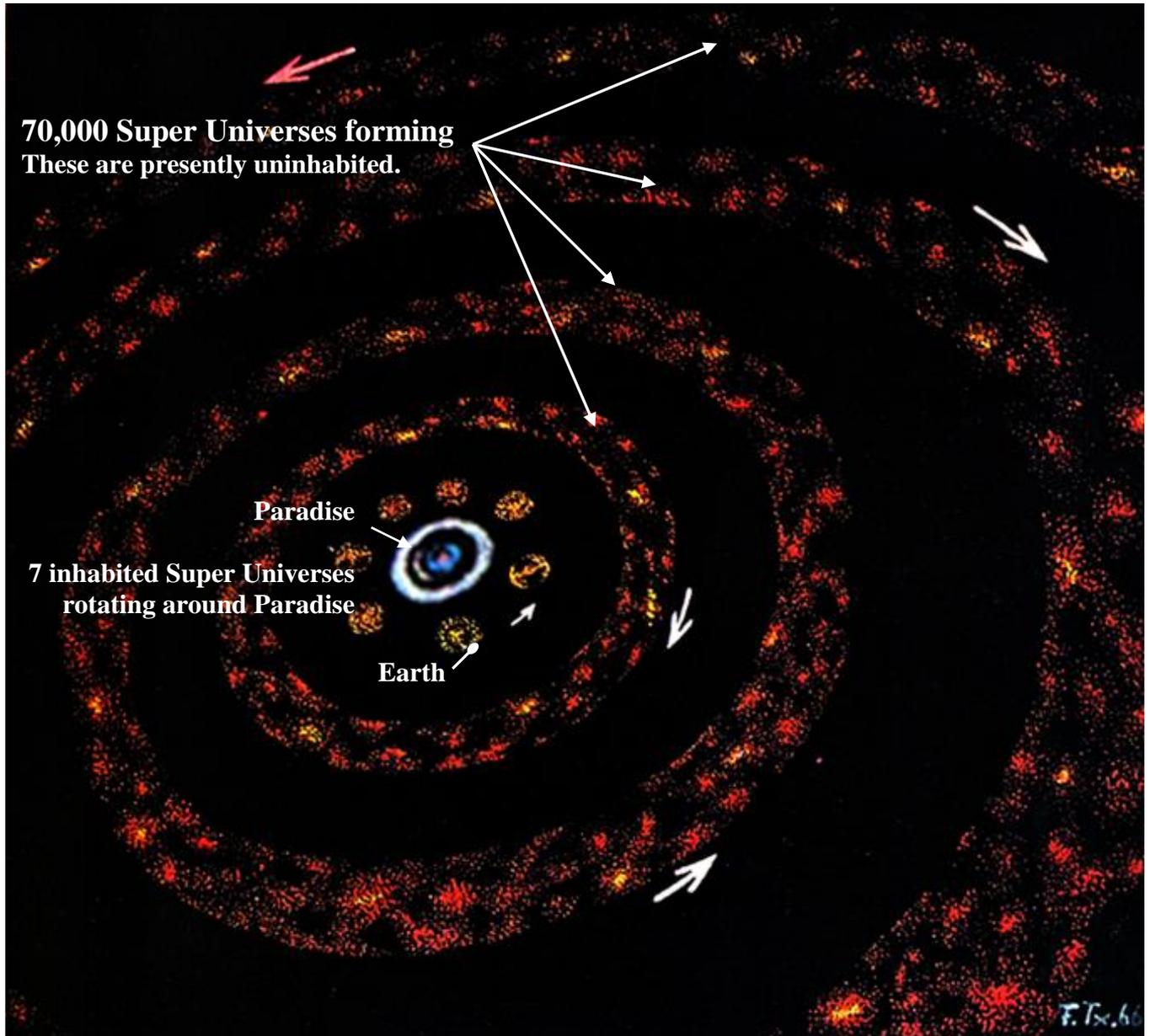
By living true to ourselves true to our feelings, we are living true to God. It's that simple.

Golden Rule: that one must always honour another's will as one honours one's own.

The Golden rule is: Never interfere with another's will.

- Now to consider; why have we all found ourselves living in "hell". Yes, physical Earth is hell! And so are the seven spirit Mansion Worlds all part of hell. We remain isolated from all other humanities until we each heal ourselves of our Rebellion and Default, embrace our Heavenly Mother and Father's Divine Love and then transition into the 1st of the Celestial Heavens.
- We are quarantined from all other humanities until we become Celestial. None of the humanities on other worlds are allowed to physically visit Earth. There have not been any visitors to Earth throughout the duration of the Rebellion – 200,000 years. Nor can or will we be able to develop technology to enable Earth's humanity to leave our local solar system. We will remain quarantined until Earth heals itself of the Rebellion and Default.
- What could possibly be the purpose of Earth's humanity excelling in Rebellion and Default. 37 worlds joined into the Rebellion but only Earth's humanity has gone on and Defaulted. We are the elite of wrongness. We can congratulate ourselves for all the wrong reasons!

- Earth is a below average sized inhabitable world and is one of 37 inhabited worlds that joined into Lucifer's Rebellion and subsequently Defaulted through an Adamic mission. Earth is within the Local Universe of Nebadon which has 3,840,101 inhabited worlds plus their corresponding spirit worlds. The Local Universe of Nebadon is amongst 100,000 local universes throughout our super universe of Orvonton. There are seven super universes circling Havona which surrounds Paradise at the centre, being the home of our Heavenly Mother and Father.



- So here we are on Earth, one of thirty seven worlds in hell state out of the trillions of worlds throughout seven super universes who are not. And Earth's humanity has capped off its negativity by not only Rebelling but also Defaulting. Yahoo, we are the kings and queens of evilness! We are the experts in wrongness. We have the full blown ultimate qualifications of being experienced at wrongness and evilness.
- Yet this is all good. We have had experiences that no other humanities have embraced with the vigour we have and we will heal ourselves, become Celestial and ALL of us will find our way home to Paradise.

- “Learning by doing” – anthropologists call it *tacit knowledge*, information that is stored in human minds and difficult to explain. Our personality, intelligence and memory are soul based. This is filtered through our spirit body mind with its limitations including addictions to untruth and control of others. When we ascend out of our local universe of Nebadon, we become soul centred, we have no further functional use for our mind which is then returned to the Divine Minister of our local universe. Thus, our brains are abandoned upon the death of our physical body, and when we ascend out of our local universe, it is then that our minds also become redundant. Our soul orchestrates everything.

Soul Partners

Physical /
material body
Brain

Spirit /
etheric body
Mind

Soul + Spirit
Combination

Senses

Desires

Memory

Passions

Intention

Free Will

Emotions

Creativity

Awareness

Personality

Aspirations

Intelligence

Consciousness

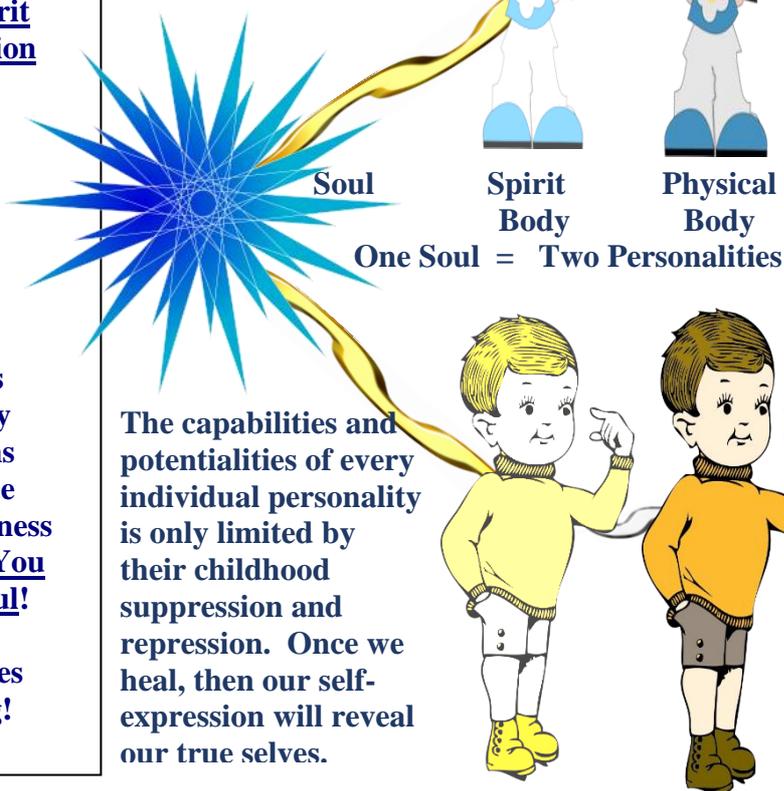
The Real You

is your Soul!

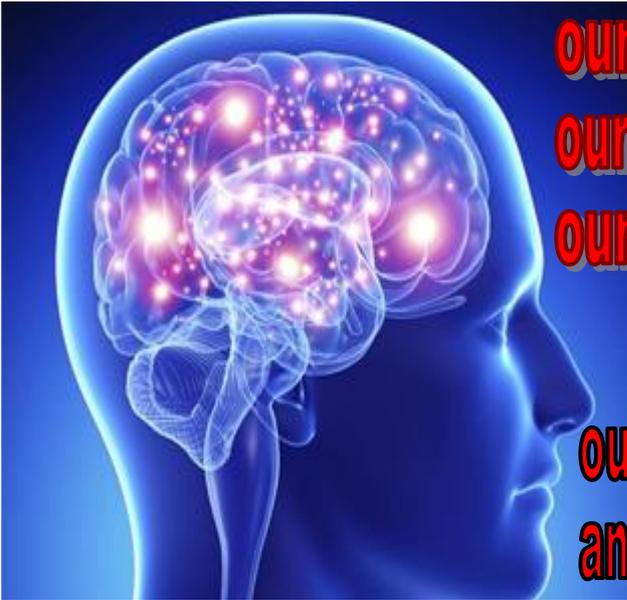
Our Soul
orchestrates
everything!

**ONE SOUL = TWO
PERSONALITIES**

The two personalities
from the one soul are
eternally compatible
once they are healed
of their Rebellion
and Default.



The capabilities and
potentialities of every
individual personality
is only limited by
their childhood
suppression and
repression. Once we
heal, then our self-
expression will reveal
our true selves.



our MIND is a CONTROL ADDICT!
our MIND is addicted to UNTRUTH!
our MIND cannot discern TRUTH!

our MIND is within our SPIRIT BODY
and orchestrates our physical BRAIN.

ASSUMPTIONS are the product of our MIND!

HEALING ends
MIND-CONTROL!

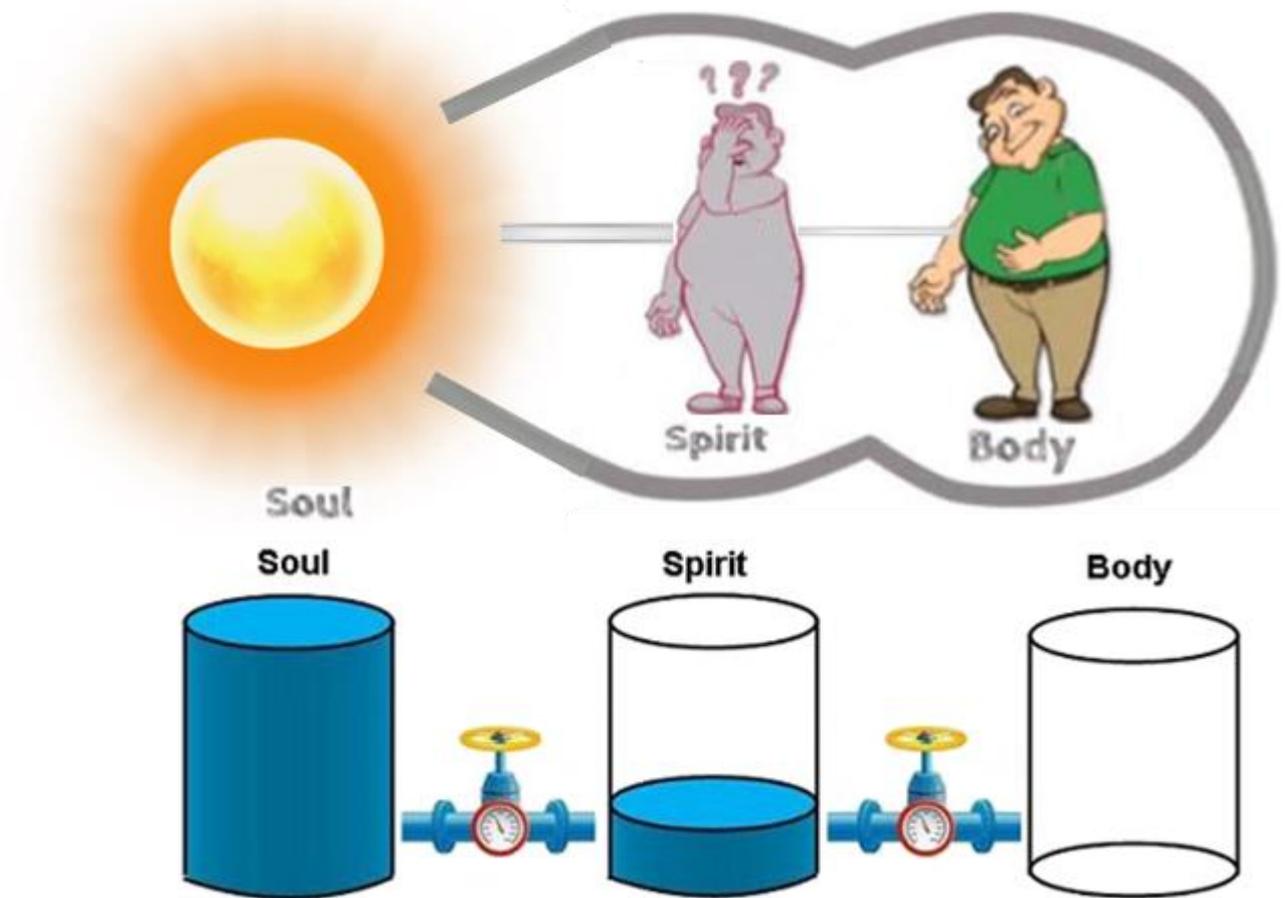


our SOUL is our TRUTH!
our FEELINGS are our TRUTH!
FEELINGS FIRST, mind to follow!

all we need is WITHIN.
our MIND suppresses FEELINGS.

OUR MIND constricts OUR FEELINGS!

Thousands of years ago, high level spiritual leaders erroneously guided humanity to embrace their minds as the way to live. Our minds are addicted to untruth, they cannot discern truth from falsehood, and our minds are addicted to control over others and the environment. Our minds are also addicted to untruth! However, through our souls we are self-contained. It is our soul-based feelings that we are to allow to surface and guide us. Our minds are to then help us implement what our feelings are leading us to do and understand. All truth flows from our soul and it is our minds that are to allow such truths to be accepted and followed, not the way we are now being taught. We are to live Feelings First.



Spirit Body
Personal Computer (mind)



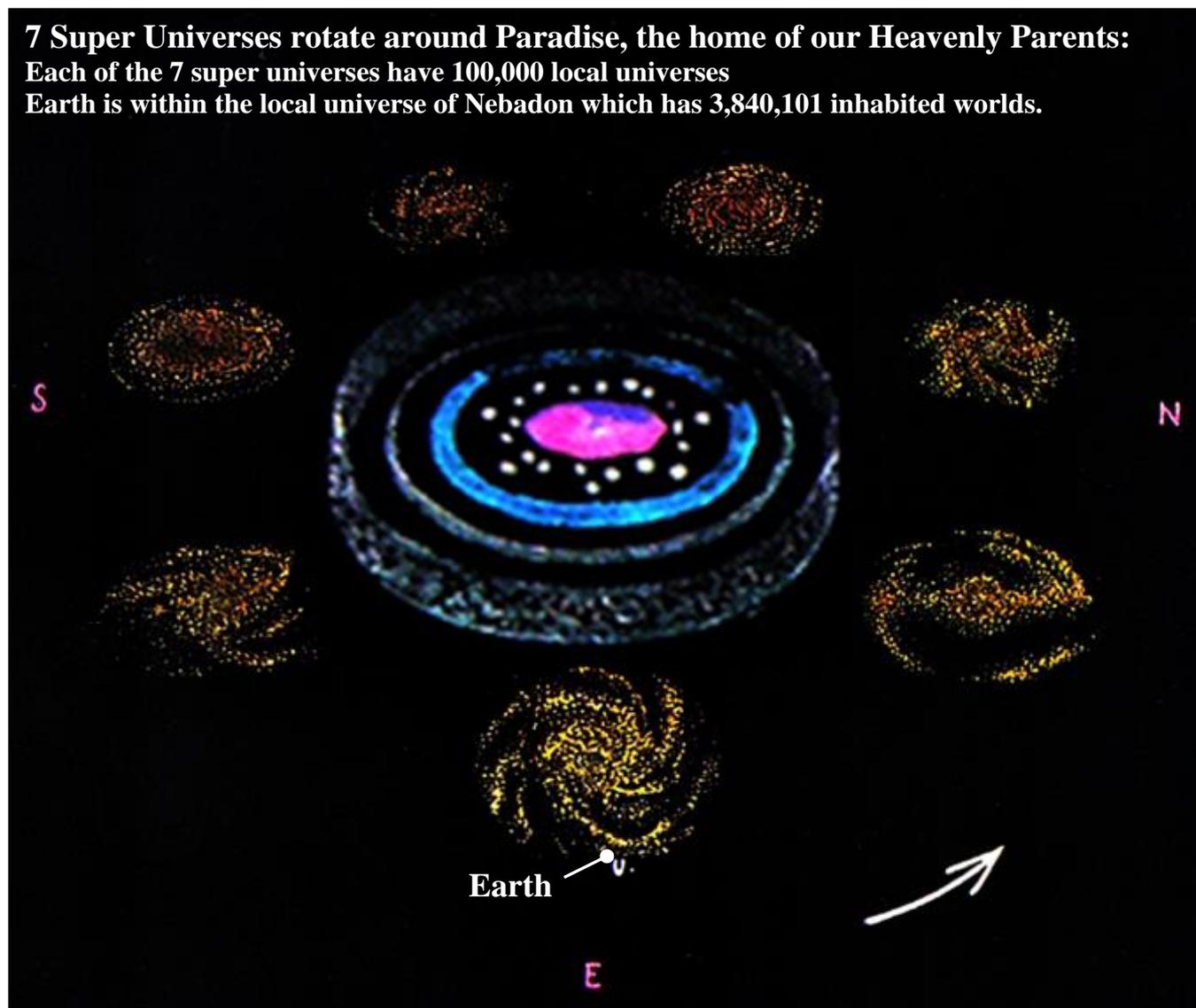
Physical Body

Dumb Terminal (brain)



GRAND UNIVERSE

- The grand universe is the presently organised and inhabited creation. It consists of the perfect central universe of Havona and the seven evolutionary super universes revolving about it. The super-universes are unfinished; new nebulae are constantly being organised. When finished, each super universe will contain 100,000 local universes, each of which will contain about 10,000,000 inhabitable planets.
- Our super universe, the seventh, is called Orvonton, which has a diameter of approximately 500,000 light years and contains more than ten trillion suns. Practically all of the starry realms visible to the naked eye belong to the super universe of Orvonton. The vast Milky Way starry system represents the central nucleus of Orvonton. This great aggregation of suns, dark islands of space, globular clusters, star clouds, spiral and other nebulae, together with myriads of individual planets, forms a watch-like, elongated-circular grouping of about one seventh of the inhabited evolutionary universes. When the angle of observation is propitious, gazing through the main body of this realm of maximum density, you are looking toward Paradise.
- Our local universe, Nebadon, is located near the edge of Orvonton. Our planet, Urantia (Earth), belongs to the system of Satania, which is well out towards the borderland of Nebadon. The location of Urantia (Earth) is indicated on the drawing by a dot and the letter U.



- Christ Michael, Jesus of Nazareth and Mary Magdalene, being Creator Daughter and Son from Paradise, are the co-regents and Sovereigns of our local universe of Nebadon.

- The master universe encompasses all of material creation. This includes the central universe of Havona, the seven super universes, and the four uninhabited outer space levels, which revolve alternately clockwise and counter-clockwise. The immensity of the far-flung creation of the Universal Mother and Father, our Heavenly Parents is utterly beyond the grasp of finite imagination.
- In outer space millions of new galaxies are in the process of formation. The first outer space level is about 500,000 light years beyond the periphery of the grand universe. Between the seven super-universes and the first outer space level and between each of the space levels are enormous elliptical zones of quiescent space activities. They are free from star dust-cosmic fog.
- The sizes of the outer space levels are enormous-millions of light years in width. Improved telescopes will reveal to the wondering gaze of our astronomers no less than 375 million new galaxies in outer space. There are already in outer space **70,000** aggregations of matter, each of which is greater than any one of the seven super universes-and this is just the beginning of stellar evolution in these regions. We can imagine the immensity of outer space, we can sense its extent and its majestic dimensions, but otherwise we can know little more about these realms.
- It is believed that surviving mortals born on the planets of space (like Urantia / Earth) in their ascent to Paradise are being trained to take part in the future administration of these outer space levels.
- NOTE: These comments on the grand universe are drawn mostly from The Urantia Book. Primary reference is the writings of James Moncrief supplement by the James Padgett Message.
- The writings of James Moncrief are the most important. The Avonal Revelations are outlined and detailed throughout James Moncrief's numerous books which commenced in 2002. Since the lives of Jesus and Mary Magdalene in the first century, Mary Magdalene has now only written through James Moncrief, whereas Jesus has written through both James Padgett and James Moncrief only. This is so that confusion is avoided in what is conveyed and also in compliance with the Universal Contract that governs the Rebellion and Default.
- James Padgett's writings 1914 – 1923 are the second most important. Except for James Moncrief's writings, all other writings have had to comply with restrictions under the Universal Contract governing the Rebellion and Default. Thus the 'male' aspect dominates until the writings of James Moncrief at which point, the restrictions are ended and suppression corrected with the female now having equal place. Some 250 Celestial Spirits wrote through James Padgett commencing on 31 May 1914.
- The Urantia Book 1925 – 1935 is a history book and a road map. Reference to the male can be taken as referring to both male and female.
- Auxiliary writings are those of Dr Daniel Samuels 1954 – 1963, Hans Radax being the messages from Judas of Kerioth 2001 – 2003, and others including Joseph Babinsky and Dr James Reid. When you may see a reference to a message 'from' Jesus, a Celestial spirit may have visited the massive museum in Jerusem and interacted with automated images of people from any age and learn from them. Many become proficient about the teachings of Jesus in this manner and convey their teachings on his behalf. The spirit conveying the message is not Jesus but a spirit, most likely having that name, conveying with accuracy through highly proficient mediums, having researched his or her material at this museum in Jerusem.
- None of these writings are about introducing any form or a religion. There are no controlling elements in any of the writings. There are no dogmas, creeds, rituals, cannon laws, special books, hierarchy or anything to join. What is introduced for consideration is a new way of living through our feelings and subsequently embracing Feeling Healing.

EXPERIENCES, FEELINGS and TRUTH:

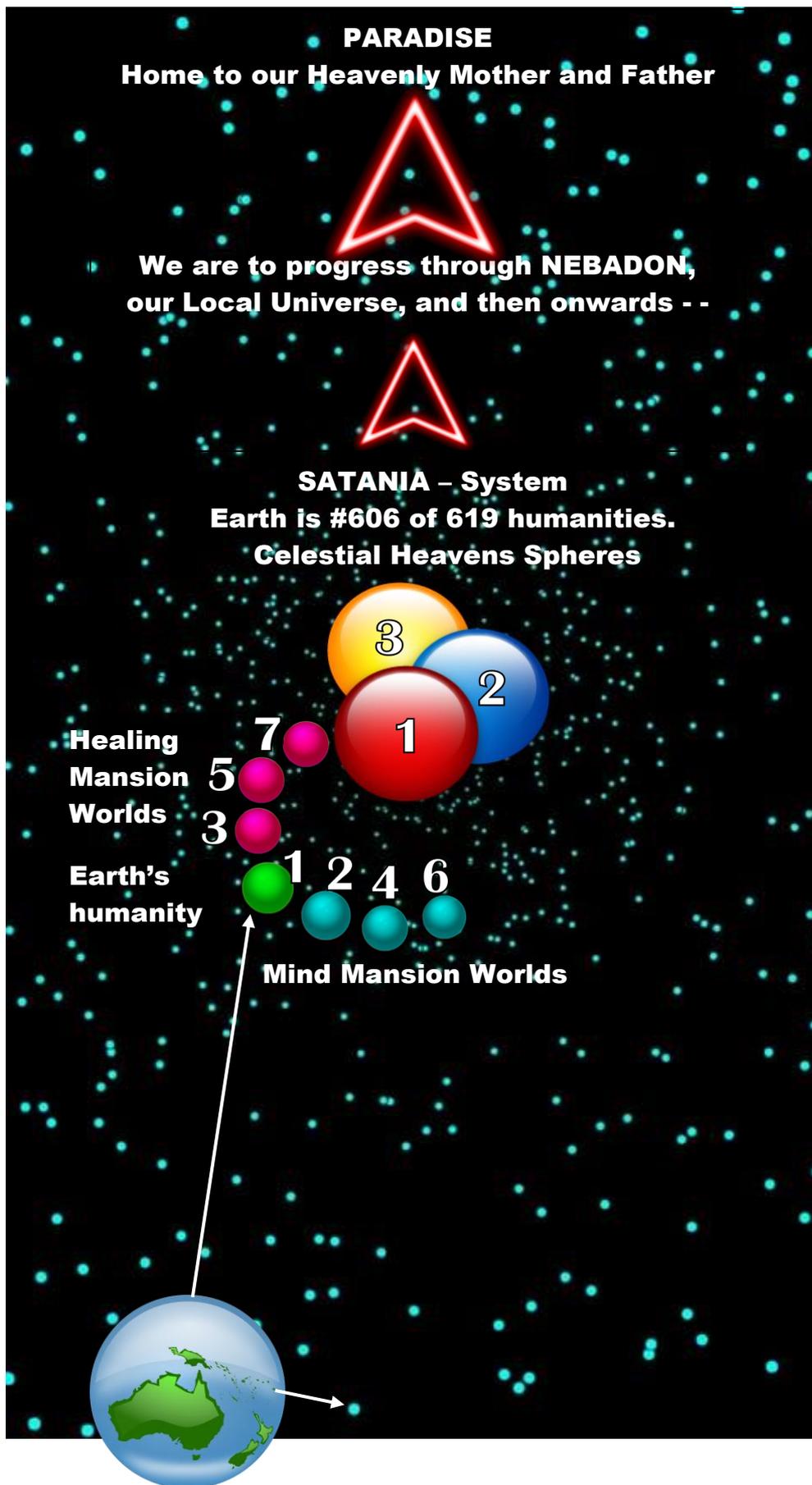
We look into the night sky and see around 1,000 stars that possibly are the hosts to the 619 humanities of our local system, Satania. Earth is on the outskirts of Satania.

When we ‘die’, and shed our physical body as we are spirits having a physical experience, we all arrive on the 1st spirit Mansion World.

If we continue to live through our minds, then we may progress to worlds 2, 4 then 6 and no further – dead end!

Should we embrace Feeling Healing with Divine Love, we will start our journey of Truth and Love, progressing through Healing Mansion Worlds 3, 5 and 7, then through the Celestial Heavens and onwards out through our Local Universe of Nebadon and on to Paradise, the home of our Heavenly Parents.

The spirit worlds are within a different dimension to the physical stars and earths. However, picturing the spirit worlds within the centre of our local system is only a visualisation aid and not necessarily accurate.



CONCEPTION – INCARNATION

- Consider a scenario like this: On many Friday evenings, a couple may go out for a delightful meal, a bit of music and entertainment and some drinks. They return to their home, engage in sex and conception of a child takes place.
- Sixteen days later – Sunday fortnight – the newly forming embryo begins to pump blood through the tiny heart and incarnation of the newly arrived personality is now completed, the soul personality is fully individualised. At this point, this being one of the two personalities that the soul will orchestrate, this individualise personality will never have another physical experience – it is now fully individualised and incarnated.
- On the next day, Monday, the female of this couple takes a ‘morning after’ pill and chemical abortion results of the child. The child has now had its physical life ended and will now proceed to be ‘spirit born’. The child will be adopted into a spirit family on the 1st spirit Mansion World and will go on to experience basically what it would have experienced should he or she been allowed to be born and live in the physical world.
- The child’s arrival was inconvenient for the couple and so the child became one of the 50 million abortions that take place around the world every year. Miscarriages raise this number by about the same number taking the tally to around 100 million that do not survive to child birth. There are about 130 million live births worldwide each year. Roughly speaking two out of every three people born each year go on to be involved in bringing about an abortion. At day 16 after conception we are fully incarnated.
- Meanwhile, what has this newly forming personality endured throughout its 16 days experience in the womb? From the moment of conception, the arriving personality is brought about by its soul creating the spirit body which in turn is the template for the physical body. Prior to the moment of conception, the soul is pristine and perfect without blemish of any kind as is the spirit body and consequently the foetus is perfect.
- Then the trench warfare breaks out upon it. A relentless flood of the injuries, errors, addictions, false beliefs, family dramas, and everything that the parents, of this newly forming child, carry is crushed onto it. The personality was at the highest level in natural love possible. It is now being smashed into the condition of that which its parents are at – this process goes on relentlessly until the child is six years of age but the worst of it unfolds while the child is in the womb. If the child is not aborted then now you can see why miscarriages unfold – it is called; **get me out of here!**
- We may say: ‘I had a pretty good upbringing’ in comparison to other people!
- However:

Parents have NO understanding of Love.

Parents have NO understanding of Law of Free Will.

Parents have NO understanding of blocking emotions.

Parents have NO understanding of causal / core emotions.

Important recommended reading is:

by James Moncrief

The Rejected Ones – the Feminine Aspect of God

<http://divinelovesp.weebly.com/my-free-books-and-free-padgett-messages.html> ALSO at
<https://www.pascashealth.com/index.php/library.html?file=files/opensauce/Downloads/MEDICAL%20-%20SPIRITUAL%20REFERENCES/Rejected%20Ones%20via%20James%20Moncrief.pdf>

- It’s the Truth that we are seeking. It’s the End Point. The Reason for doing our Healing. We are to see the whole Truth of our self. And to begin with, that’s the whole truth of our unloving self, of our wrongness, of our evilness, of why we are as we are in our negative unloving mind-controlling state. To be able to fully accept ourself as we are, warts and all. To not fight or resist or try and change our self, just to accept all we feel and all the truth of all those bad feelings we

feel about our self. And when we do, so we will be healed. We CAN'T heal our self unless we uncover the truth of our pain, suffering and so the truth of all our bad feelings.

- Through our Feeling-Healing we long for the truth of what we're feeling whenever we can. So as often as you can. You want, and REALLY WANT WITH ALL YOUR BEING, ALL YOUR WILL, to know why you are feeling bad. You yearn, want, long and beg and beg and BEG God to show you the truth of yourself through your feelings. So when we are expressing our bad feelings we can stop and long for the truth to show us what's going on, why do we feel so bad, and we can do it any time we think of it or feel to do it.

Notes from 'Feeling Healing' by James Moncrief

- **To be free of one's evil state, errors and injuries, this will only happen when one has experienced the full truth of it, and so that means, when we have felt the whole truth of it through our feelings – all the different aspects and parts of it**
- We will experience many different avenues when opening up and looking to our feelings instead of pushing on with our negative mind in control. Life is really very easy and simple to live when living from our true feelings and with a positive mind and will. We fail to understand that it's our feeling denial that makes it all so hard for us. Not being loved destroys all self-expression; how being evil is the negation of all personality expression. Our mind suppresses our soul.
- To find truth, we need only look within ourselves to our soul based feelings. We are to express our feelings at all times. We are to follow our feelings at all times. We are to be our true selves at all times. We are not to be the façade self that our erroneous and actually evil mind imposes upon us.
- **The truth is we feel this way about ourselves, because we have been able to see that we don't treat other's with respect and this has to be coming from somewhere within us. We haven't just made it up. What we are as an adult is all from what we've learned to be as a child. So we have learnt to be this way. A child is not just born evil contrary to what some people believe or would like to think. We all start out as pure souls of love, and if we become evil, it's because we've learnt that that's how someone, usually our parents, have wanted us to be. They have made us into what we are. We've learnt to be that way because they treated us that way. So our parents treated us as we now treat other people.**
- It's evolving yourself out of the evilness and anti-truth that we are in. It's a completely different way of life, and one that as yet hasn't been embraced on Earth. The Feeling Healing brings about inner changes in our personality structure of mind, will and feelings that come from our soul, so we as a whole person do change as we progress in our healing. Changing to reflect the growing truth that we are. And so when we partake of the Divine Love, inner changes do occur, more in keeping with what Jesus told James Padgett, but only and all because we are doing our healing, which means, we are striving to live true to ourself.
- The child is the innocent, primitive, newly emerging person, that needs to be respected and allowed to fully express itself and grow up freely, choosing for itself how to live as an adult. It doesn't need or want its parents imposing by force or threat their way on it, all to its own creative detriment. It wants to be free to choose its parents' way, but only if that way makes it feel good. And if its parents do make it feel good, then of course it will copy and absorb all that they are, able in turn to make others feel good. And it will do the same if its parents force it to follow them making it become unloving like them, making other people feel bad.

Messages from Mary and Jesus Jesus 14 April 2003

- No one really wants to wreck another person's life, not even parents. They don't want to impose evil on their own children, but in their ignorance, do all day long. It's a shocking thing to wake up to and face when you start seeing the truth – for both parent and child. You believed you were so well meaning, when all you have done is the complete opposite. It is completely shattering to see how misguided you were, but it's understandable, you knew nothing else, and forgiveness can be found within yourself as you progress in doing your healing. All is not lost; it's only just a

beginning to start to come clean. All will work out in the end, even for those you have hurt. For as you will see: truth will heal all.

Messages from Mary and Jesus Jesus 14 April 2003

- **Everyone should be allowed to express themselves however they want to, hence – do unto others, as you would have them do unto you. It should be the united goal for everyone to be able to fully and freely express themselves. If one soul is not fully expressed then humanity will not be able to come to full fruition. If you are not completely expressed, then you will never know the truth of love. And you will never know how to be the living example of that love, or what it feels like.**
- Right from conception through to being an infant, a child, an adolescent and to being an adult you need to be able to fully express yourself. If you are stopped in any way then you will need to heal this one day. Love is the only way to heal yourself, as it was lack of love that brought about your interference in the first place. So this is why we have said that no one truly loves their child or each other, because it cannot be so due to the influences of the Rebellion and self-denial.
- **If the parent can step aside and relinquish the power position and just be still the child themselves supporting their child to grow up free to express itself, knowing that the true parents are the Mother and Father who are looking at them both, then they will allow Their guidance and support feeling more at ease in their lives. Then the parent and child will live true loving relationships of self-acceptance and acceptance of each other. Neither will feel they need power over the other as neither will feel powerless, and the battles that constitute most families will not happen. Parents need to set the example, and their child will follow. And it will be the reverse to how you are now in every way. You cannot theorise about how to be this way or try to make it happen, as it can and will only happen by parents first doing their soul-healing becoming the living truth of perfection, and love for their child to follow.**
- **When you stop trying to be the Mother and Father and find your rightful place, then you will live the truth of the Will of your Heavenly Parents, without trying to live the will of your earthly parents.**

Messages from Mary and Jesus – book 2 Jesus 25 April 2003

- It is due to our childhood suppression that we find ourselves being drawn to a:
 - **Paradise Village Sanctuary – Feeling Healing**
For the purpose to be one's true self and freely express one's self, to enter to pathway of being true in all aspects of one's personality. To express the pain of not being who we truly are.
 - **Family Shelter – safe from abusive partner or parents**
Oppressive control addiction by partners or parents requires the extreme steps of establishing a new and free life in an environment safe from aggressive suppression. Again, this is beginning to express our pain and hurt from years of subjection to control by others without due respect and regard for one's true personality.
 - **Adolescent's Community Safe House – transitioning from oppressive parents to freedom**
Being able to leave home and be one's true self takes time – consider two years of focused discovery and self-expression while learning how to integrate into a community.
 - **Pascas Craft Path – escaping from substance abuse**
We do everything possible to suppress the pain of our childhood suppression. Not only do we have to heal ourselves of our addictions but ALSO heal ourselves of our childhood suppression, both through Feeling Healing.

These four pathways are delivered through on location residency and professional support.

- **Chaldi College – education from pre-school through to seniors**
Feeling Healing and Living Feelings First is introduced to all avenues of living to everyone who are open to consider the potential that it opens for each of us.

Craft Creations



Fiber art

Oil painting



Magic



Papermaking



Patchwork



Taxidermy



Creative writing



Metalworking



Web design



Cardmaking



Needlework



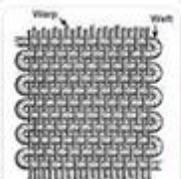
Quilting



Wood carving



Pyrography



Weaving



Upcycling



Photography



Calligraphy



Woodworking



Gardening



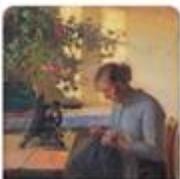
Watercolor painting



Toy



Quilling



Sewing



Knitting



Painting



Embroidery



Crochet



Handicraft



Drawing



Book Binding



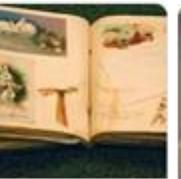
Glassblowing



Brewing



Pottery



Scrapbooking



Origami



Cross-stitch



Floral design



Macramé



Pressed flower craft



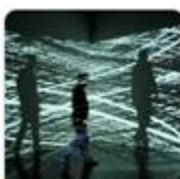
Decoupage



Whittling



Leather crafting



Digital art



Needlepoint



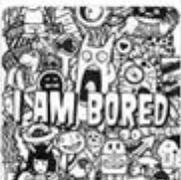
Knife making



Tatting



Carpenter



Doodle



Digital photography



Beadwork

The Drama of Life:

'I had a pretty good upbringing' in comparison to other people!

Parents have NO understanding of Love.

Parents have NO understanding of Law of Free Will.

Parents have NO understanding of blocking emotions.

Parents have NO understanding of causal / core emotions.



**Feeling
Unloved
and
Unwanted**



**EMOTIONAL
ABUSE from
PARENTS**



We, as parents, were born into the Rebellion and Default, having no idea it existed or what it was about. The Rebellion and Default formally ended on 31 January 2018. We now understand that through suppressing our children's true personality, having them live through their minds rather than through their soul-based feelings, this suppression and repression practiced worldwide has induced universal depression. Only through Feeling Healing, longing for the truth behind all feelings, both good and bad, and expressing all that comes to us, will we free ourselves of these errors and heal ourselves. Vibrancy and truth is our destiny!



Suppression & Repression = Universal Depression

OUR FORMING YEARS are MOST DYNAMIC and TRAUMATIC:

Age-group	Age
Gestation	conception to birth
Newborn	0 days to 1 month
Infant	1 month to 1 year
Toddler	1 to 3 years
Preschool	3 to 6 years
School age child	6 to 12 years
Adolescent	12 to 18 years

Our childhood formative years are from conception through to age of 6 years. Commencing at conception, we begin to take on all of the injuries and errors of belief of our parents and carers. We capitulate to adopting the ‘personality’ that our physical parents impose upon us, to the detriment of our true personality.



Somehow, we go on smiling and laughing...



WHY WE ARE NOW HERE at a PASCAS FAMILY SHELTER?

Family Shelter

Core elements of a Pascas Family Shelter:

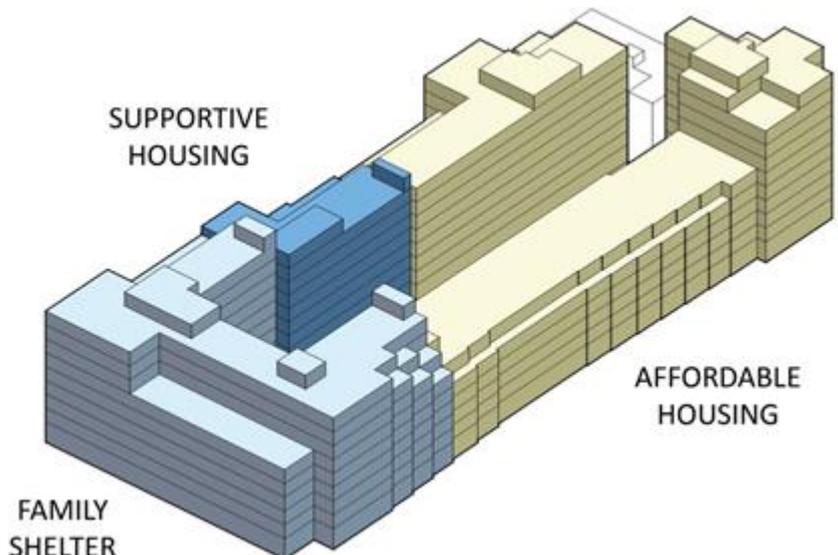
1. **Paradise Village Sanctuary** – up to 1,000 women, men and children
2. **Family Shelter** – abused women safe refuge, with or without children
3. **Adolescent's Community Safe House** – abused children separated from parents
4. **Pascas Craft Path** – people breaking the hold of addictions, substance abuse healing
5. **Chaldi College** – education of all ages incorporating living feelings first
6. **Pascas Community Hub** – village centre embracing all segments and local community.

Essentially, a Pascas Family Shelter may be situated on a large rural farming property environment or within a city in a single building complex of around 8 storeys in height with all elements separated but seamlessly integrated.



Safe Haven
Family Shelter

A single building structure would be segmented to provide zones for the differing purposes for people to come together under the one roof. All of the accommodation is of the affordable housing format, all of the facilities on the ground floor are to support the agendas of each housing aspect drawing people together and all being a safe haven for those resident as well for those visiting from the community near by.



There is a common denominator between us all and that is throughout our early childhood we have each had our true personality restructured with something that our physical parents considered how we should be.

We are all presenting a persona façade in capitulation to that which our physical parents believed more appropriate than what our Heavenly Mother and Father bestowed us with – a personality of their choosing to the detriment of our wonderful personality that is of our soul personality – our true selves.

Each person visiting or coming for an extended stay at a Pascas Family Shelter is embarking upon becoming progressively aware of Feeling Healing and how it relates to healing of our early childhood suppression and our ongoing personal repression of our true personality. None of us has escaped from being abused as a child. We each have been told 'NO!' thousands of times throughout our early forming years. The consequences are obvious throughout all aspects and sectors of society. We have each been diminished into submissiveness and function in a stupor with no natural spontaneity.

What is Child Abuse?



Ridiculing a child



Touching a child in a way that makes the child feel confused, unsafe or uncomfortable



Making fun of a child



Disregarding a child's health needs



Pressuring a child to meet adult's needs and expectations



Employing a child to work in your house



Tricking a child



Not allowing a child to attend school



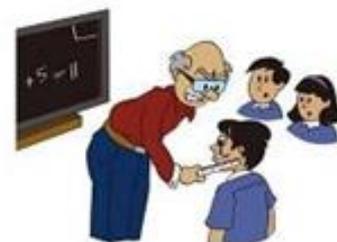
Ignoring a child's emotional well-being



Forcing a child to touch you



Beating a child



Hitting and humiliating a child

CHILDHOOD TRAUMA



1. Paradise Village Sanctuary – up to 1,000 women, men and children

These may be individual men and women, some being single parents with child or children, they may be couples, and they may be couples with child or children. They may come to participate in the village fraternity for a short time or a very long time, what duration it maybe will be according to their needs as recognised through their feelings.

To liberate one's real self, one's will, driven by one's soul, moves one to embrace Feeling Healing, so as to clear emotional injuries and errors. With the Divine Love, then one is also Soul Healing. We are to feel our feelings, identify what they are, accept and fully acknowledge that we're feeling them, express them fully, all whilst longing for the truth they are to show us.

They may come to continue their existing employment by working remotely from within the village, or they may engage in employment within the village – or a combination.

Essentially, it is being within a community that is helping each other to come to understand and embrace Living Feelings First.

It has been suggested that each Paradise Village Sanctuary to have no more than 1,000 residents being all the men, women and children involved.



**IT TAKES A VILLAGE
TO RAISE A CHILD**

It is also recognised that presently we do not know how to raise a child. This may continue until a couple who complete their Feeling

Healing then proceed to have children who will consequently all be in a Celestial soul condition.

It is simply this, while we are of the Rebellion and Default we will continue to raise children into the Rebellion and Default condition which is being mind centric and not feelings orientated, however, we as parents also infuse our mind centric injuries, errors and beliefs into our newly forming personality from the moment of their conception and bring them down to the state of consciousness of ourselves. This is fully completed by the time the child reaches the age of six which is when their Indwelling Spirit arrives for them. A beautiful pristine personality at the moment of conception reflects the soul condition of one or the other parent, if not both, by the time they are six years old with much of the degradation occurring while the child is within the womb.

Thus, when a child is expressing its difficulties it is now time to consider the circumstances and events of the child's parents upbringing. From generation to generation the same errors and injuries are passed down. We are a mirror of our parents evilness and we live our childhood throughout our adult life.

Only when parents are confronted with the truth of themselves can we begin to assist a child. The child is a wonderful gift from our Heavenly Mother and Father, the waywardness of a child is the expression of its childhood suppression imposed upon it by its parents, mostly unknowingly.

Now that we have been shown the way in how to heal ourselves of our Rebellion and Default, it is time to bring that awareness to the parents as well as their children.

We do not know how to raise a child!
then
We live our childhood throughout our adult life.

2. Family Shelter – abused women safe refuge, with or without children

The length of stay in a home shelter by a victim of abuse has been typically a few months. This may be sufficient for most to resolve physical needs of relocating to longer term accommodation, but this is the moment of commencing a very long pathway to recovery. Many find themselves returning to the same or similar environments of further abuse.

Should the victims open themselves to consider what have been the drivers of their past experiences and look to understand what is involved in shifting away from such a debilitating life environment then a period of stay may be extended to be as long as it takes and is appropriate for that person.

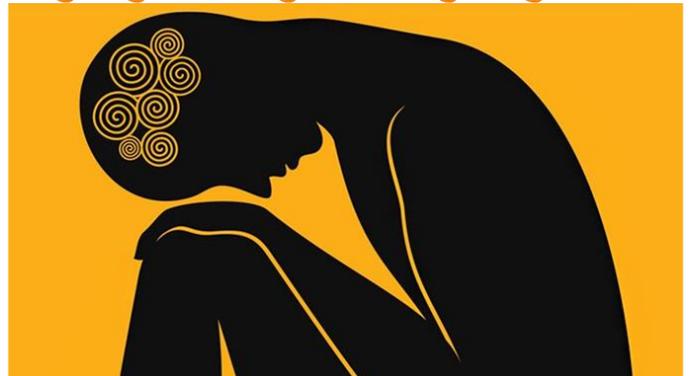


It is by having such diverse elements within this style of Pascas Family Shelter that the ongoing experiences and development create the opportunity between a range of people with their inputs to assist each other whilst being supported by those equipped and experienced to do so.

The whole human race is suffering from repressed childhood and mind control. We are to express our feelings, both good and bad, at all times, and to long for the truth of them.

Our Feeling-Healing is looking to our feelings for the truth of our self, the truth being hidden in many of the feelings we are not wanting to face in life. So we have to end our feeling denial, accepting all our bad feelings (and good ones), express them (yet not necessarily acting upon them), whilst longing to uncover the truth they are to show us.

Mental Health Shelter



Or, we can do our Soul-Healing; which is our Feeling-Healing, together with including longing directly to God for God's Divine Love. When we receive the Divine Love into our soul, it will cause our soul to become divine, and it will deepen our personal relationship with God. Long with all our heart to God for God's Divine Love.

Embracing Feeling Healing is addressing our depression which is the consequence of Childhood Suppression.

Consider asking yourself: Who hurt me when I was a child?

3. Adolescent's Community Safe House – abused children separated from parents

This facility is for adolescents from the age of 16 years onwards. It is transitional support in preparation into independent living and entering the workforce.

Paramount is bringing about the realisation of our individual passions and aspirations – what we feel as to what we truly want to engage in regarding our long term employment.

Capitulating to working at what others impose upon us will mostly end in disappointment.

Our early forming years are years of having well meaning parents and carers persistently moulding us into a personality persona that is not truly us. We are now to slowly enable our true personality to surface and grow to express our inner true feelings and grow in truth and love.

We are to develop uninhibited expression of our feelings to a companion who is open to participating in our journey of freeing our pain that has been absorbed by us during our early childhood forming years. We are to embrace living feelings first. We are to become feeling expressive, all be it slowly, by allowing ourselves the time for being feelings expressive to become automatic and naturally to us.

A community safe house is to open the opportunity to bridge the divide from being a persona of suppression to being our true vibrant self. Thus the journey for each and every visitor and guest will be unique to that person.

This may take all of two years and follow the examples of “Men of Business” with Feeling Healing infused into all aspects of the “MOB” programs.



4. Pascas Craft Path – people breaking the hold of addictions, substance abuse healing

Emulating the Italian model at San Patrignano Community, some 26,000 guests have stayed a mandatory three and a half years to break their personal bonds with addictions and achieve mastery of craftsmanship in fields that they grow to excel in. <https://www.sanpatrignano.org/en/>



During the first year, the residents (they are called *ragazzi* inside the community, which loosely translates to “*guys*”) are allowed no contact with family except via hand-written letters. Men are housed separately from women, who are twenty percent (20%) of the residents. **For the entire stay, the *ragazzi* have no access to cell phones or the Internet.** (“*The real detox,*” as one put it.) San Patrignano claims that, upon release, nearly NINETY PERCENT (90%) of its residents are employed through its network of trade and community partners, and that SEVENTY PERCENT (70%) stay sober in three-year follow-up surveys conducted by the University of Bologna—impressive statistics in this field. While data on rehab success, including SanPa’s, is hazy at best, the best Centres in the US claim only a THIRTY PERCENT (30%) rate of recovery.

San Patrignano is a community for life that welcomes those suffering from drug addiction and marginalisation and helps them to once again find their way thanks to a rehabilitation programme that is above all, a programme based on love. It is free, because love is a gift.

Further, WeFree is the prevention project of the San Patrignano community. At the heart of this project are the stories from the guys and girls within the community, stories of real people who are willing to share their hardships and experiences in life. Who also have the capability to understand others.

WeFree’s goal is to build a relationship with the youth, led by the residents retelling their stories in schools all across Italy. The “real us”, the “strong us”.

- us free from dependence of drugs,
- us free from dependence on the judgment of others,
- us free from dependence of the scales,
- us free from dependence from the mirror.

Pascas Craft Path is to emulate San Patrignano with a focus upon regional crafts and skills, culturally localised and embrace the local community, children through to seniors. All of this living feelings first and all of this embraced through the Family Craft Shed.

Various sheds will present a diversity of opportunities to experience and develop skills in metalurgy, furniture manufacturing, leather crafting, fabric manufacturing and fine clothing making, and a host of other crafts reflecting leadership in each specialty.

We are to use our feelings to uncover the whole truth of our negativity or anti truth and anti love state. We can do this while experiencing any and every aspect of life, including crafting exquisite works.

5. Chaldi College – education of all ages incorporating living feelings first

Within a complex community such as a Pascas Family Shelter, there will be several hundred children of all ages. Consequently schooling is to be available with Feeling Healing introduced as it is for the adults throughout every segment of the Family Shelter.

Nanna Beth – 3rd Celestial Heaven: These are some ideas that can be considered – just suggestions John, we won't say it has to be this or that way, as you know, it's for you to work things out. So basically, what would you like John – how would you have liked school to be?

Schooling is voluntary. It should be made to be something children want to do, not something that's forced on them.

It should be fun, as in keeping the whole focus on making them feel good about all they are doing. Not artificially praising them or praising them over their peers, but just supporting and being personal with them, allowing them to respond and find their own way.

It should not be separated into classes based on age. Classes should involve all ages, for example, the younger ones can learn and watch and be helped by the older ones, but not forcing the older ones to help the younger, all voluntary and what would naturally happen, more like in a big loving family rather than segregated because of age or whatever. Perhaps the 5, or less, to 10 in one group, 11 to 16 in another.

Teachers are to be able to deal with children of all ages, and work to allow the student to progress at the students own pace. Special or extra schooling can be provided when necessary to students that want more.

The subjects should all be practically oriented. Everything offered and so accepted voluntarily. Reading, writing and basic arithmetic, all so as to help the child deal with the real world. Other subjects like psychology – morals and ethics, love and friendship, acceptance and tolerance of ALL feelings, particularly bad ones, resolving disagreements, expressing feelings and yet not necessarily acting on them – particularly the bad ones, all based around how to respect and treat other people how you'd like to be treated. And how if you hurt by infringing upon another's will, then you will have to suffer that same amount of hurt, either now or in spirit. And about the Feeling Healing, what happens when you feel bad feelings, how to look to your feelings for their truth, so as to grow in understanding of yourself, nature, life, other people, and God – the whole spiritual aspect, including the Divine Love and Mother and Father, yet no religious indoctrination. The history, culture, place in the world. How to integrate with the modern world, computers, phones, internet, etc. Sport, play, arts, creative lessons and involvement. How to live and respect nature, the natural world, the environment, hygiene, natural health, sex, contraception, abortion and so on – about the person, the body, things to dispel myth and falseness, general science. Trades, technical work, hands on experience – building stuff, ways to use one's mind to do what one wants to do.

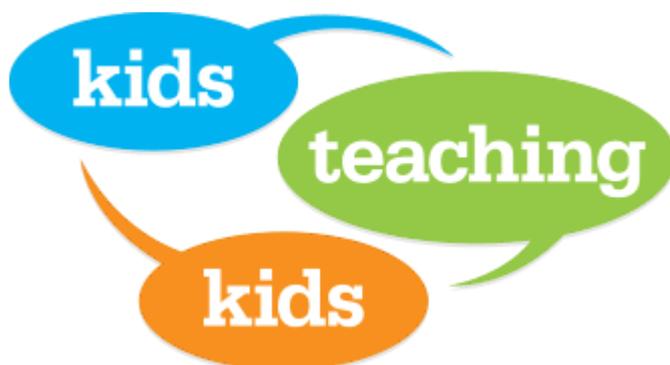
Duration of classes, half a day, longer when older for those wanting to learn more, homework voluntary and at the child's initiative – wanting to do it.

School is just part of life, not separate to life. Part of the family, tribe, society, not separate from it. Inclusion of other adults, parents, family members, as aides, helpers, teachers, together with professional teachers. Lots of people, and in particular older people (who also have the time), are natural teachers and should be encouraged even though they've not been specifically trained. One can only learn a certain amount being taught to be a teacher, yet in reality, very few trained teachers have any real natural feeling for it. The more the 'teacher' makes their pupil feel the pupil is the important one, and

the teacher is only there to help them if they need their help, and not to stuff it down their throats whether they like it or not, is where to begin. And how a child of differing ages learns, is as varied as the children themselves. So the more 'teachers' the better, and that means the child can gravitate to the 'teacher' that best suits them, rather than having to spend a whole year with someone you hate and you feel hates you.

University for higher learning, full on, voluntary, free, all information on any subject available with competent teachers. So the student can excel should they want to.

It all being with the focus on the person, offering them things which they can try and see if they like. Things that will help them in the world; and how to be a person living true to themselves – true to their own feelings; and how to respect another as one respects oneself.



Natural Self Expression!



6. Pascas Community Hub – village centre embracing all segments and local community

Here is the glue to bring all the elements and groupings together, to share and experience each other's life in this Great U-Turn for humanity in its introduction to the New Way, Living through our Feelings.

	Total	Women	Men	Children
1. Paradise Scantuary may grow to a population of	1,000	500	200	300
2. Family Shelter family abuse refugee	200	120	20	60
3. Adolescents Community Safe House	100	60	40	
4. Pascas Craft Path substance abuse	200	40	160	
Permanent population	1,500	720	420	360

Visitors and local community participants will add to these population numbers. The active engagement by the local residents is encouraged so that a general appreciation for what everyone is engaged within throughout the Pascas Family Shelter is seen for what it is – a change in how we live and the capacity to finally step away from past errors and heal ourselves of our childhood indoctrination and suppression.

Chaldi College is to accommodate the children of school age. Pascas Creche is to accommodate pre-school children. Education programs for older residents are to be facilitated through the Pascas Craft Path programs as required.

The Pascas Community Hub will be like a small village business centre with café, delicatessen, grocery, and all the appropriate commercial facilities of a community of this size. Further, the consideration of the small cropping, agriculture and horticulture activities may also be serviced through the hub.

There will be a higher number of social workers and professional support than usual in response to the special needs of a community of this nature.

At all times, the integration of the Pascas Family Shelter with the established community into which it is being constructed is to be embraced to the fullness of everyone's abilities.

The residential configuration may commence with these ratios, however, adjusting with need.

1 bedroom accommodation	30%
2 bedroom accommodation	30%
3 bedroom accommodation	30%
4 or more bedroom accommodation	10%

Further, the numbers participating in each of the four core programs may widely vary from the above without administrative difficulty due to compatible and overlapping agendas.

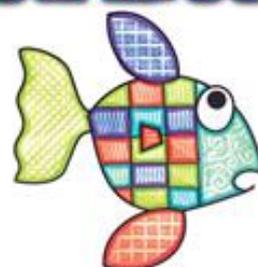
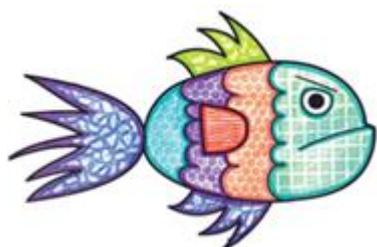
Due to the overarching psychological nature of each of the platforms, mental health issues will be addressed throughout and guests will benefit through their participation.

It is all about Experiences and Feelings!

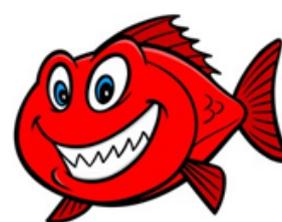
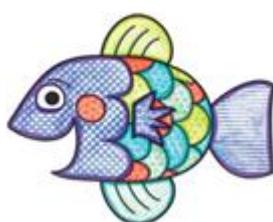
LONG to KNOW ABOUT what you are FEELING!
Long to understand the truth behind
what your feelings are pressing upon you.



Ask to know the truth about that which you feel.
It is knowing the truth of that
which you feel that sets you free!



Always be true to your feelings
because they are your truth
and truth is love and our way home!

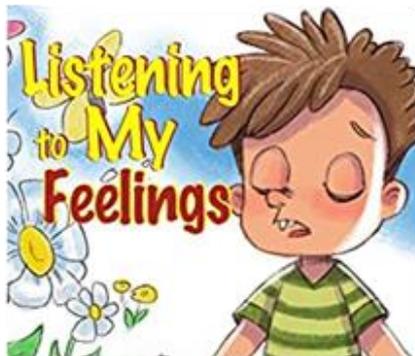


Express your feelings to those who matter to you.
Suppressed feelings bring about pain and illness.
Talk it out to a friend!

*From our head to our toes,
what our feelings say goes!*



Feelings, good and bad, are to be expressed.



Talk it Out!



Heartfelt feelings are our truth.

*Then we are to continue by longing for
the truth that our feelings are to reveal to us!*

Experience is a great Educator!

We will all come to realise that our lives on Earth is and has been an incredible learning journey even though our lives have been mostly very difficult, stressful, confusing, treacherous and sometimes unbearable. We may wonder why we are in this hell hole!

Firstly, living on Earth is hell. In fact until we heal ourselves of our Rebellion and Default we remain in hell, we remain isolated from all other humanities until we are fully healed and transition into the first of the Celestial Heavens. Some of us may find that we have some time to spend in the first and second spirit planes of physical Earth, these being the deepest of the hells. Some of us, when we arrive in the 1st of the spirit Mansion Worlds, we may go deeper into our minds, further away from our Heavenly Parents, and progress through the 2nd, 4th and 6th mind Mansion Worlds. We are all mind centric as we have not been previously shown that we are to live feelings first, consequently all spirit personalities in the mind Mansion Worlds all will eventually embrace their healing and commence their ascension up through the Feeling Healing Mansion Worlds 3, 5 and 7 and then into the first of the Celestial Heavens.

Throughout all of the 3,840,101 inhabited worlds throughout our local universe of Nebadon, there are only 37 humanities that have rebelled, joining into Lucifer's Rebellion that commenced 200,000 years ago. In compliance with the conditions of the Universal Contract governing the Rebellion, the Adamic spirit pair from within Nebadon was able to manifest physically on Earth with the endeavour to lift Earth's humanity's physical and spiritual condition. They partially succeeded, however they Defaulted under their assignment by both having a child with outside partners. The Default was 38,000 years ago. None of the other rebelling humanities experienced a Default. All of the Rebellions are now ending.

This is where our experience on Earth is so incredibly unique and important. As dreadful and down trodden we may feel – actually like being smashed into the pavement and trodden upon by all and sundry – we are oddly special!



Be Feeling
Expressive



it's all about
Experiences
&
Feelings

Throughout our local universe, Earth's humanity is the only one experiencing a Rebellion and Default. There are 100,000 local universes in our super universe of Orvonton and there are no other rebellions, except the 37 in our system, Satania. There are seven super universes circling Paradise, the home of our Heavenly Mother and Father and there have been no rebellions within the other six super universes.

Earth's humanity is very, very unique. No other humanity has the experience that you and I possess. Now, we each would give everything we have ever possessed to get the hell out of here and avoid such a miserable depressive existence. Many will first say they are having a wonderful life until they realise that they are functioning in a stupor, moving about like a zombie with no spontaneity and intuitive freedom of action and responsiveness, not to mention the incredible difficulty to develop true meaningful relationships with other people.

Many will embrace their visit to a Pascas Family Shelter, even spend extended time living permanently in a Pascas Family Shelter for what it has to offer. At first it may appear to be a community of similarly desperate and despondent people. HOWEVER, there is a massive difference. Visitors and people staying within a Pascas Family Shelter recognise that there has to be better way. And that better way is the beginning of the ending of their personal Rebellion and Default. It is difficult and it takes a long time, however it is never more difficult than our childhood suppression that we all went through during our childhood forming years.

So, if God is ever oh so loving then why have we been put through this crud?

In short, the Rebellion, and in Earth's case, also the Default, were allowed to run their full course so that we would have the experience to assist in the management of other rebellions that may occur on worlds throughout the now forming additional super universes.



We have mastered the Rebellion and Default. We have 'perfected' it to the point that we are on the verge of total self-destruction. We have gone into the deepest of the depths of error imaginable. We have done everything possible to bury ourselves in our wrongness. We have won a green teddy bear stamp for evilness.

Example:

The cycle of abuse is typically generational. Parent to child and as the child does not know any other way of living, so the child becomes a parent and treats their children in the same manner as they were previously treated.

Major crime is child rearing: "For as you understand, there is no better way to further your wrongness than to have children. Really it is the worst most evil thing you can do. A serial killer, even a mass murderer, isn't as bad as a parent, as each parent will find out through his or her feelings as they do their Healing. So how does that make you feel?"

"With the serial killer being sorted out in the hells for such actions against another's will, and with all us parents and non-parents alike, being sorted out as we do our Healing. Time in the hells is nothing on a spiritual level compared to what you go through during your Healing. The 'hell' time allows you to become fit enough spiritually to enter into life in Mansion World one. The Healing, which deals directly with yourself as a child and your relationship with your parents, and your own child / children if you are a parent, ascends you in truth up through all the Mansion Worlds. So, as you can see, there is a hell of a lot more to being a parent and a child." Nanna Beth, 3rd Celestial Heaven – 2 June 2018

Not one child has ever experienced true love. Because no parent has ever experienced true love, then they simply do not know how to give or express true love.

But inner experience is the only source of true knowledge!

Our FEELINGS are our SUPREME GUIDES:

Feelings are what guide us through our ascension of truth. So they are really our Supreme Guides. Many people look for a person, spirit, angel, even God, for supreme guidance, however it's all right there already built in – in our feelings. We just have to submit to them, allowing them to take us where they will, expressing all the parts we want to express, letting the emotion drive that expression if it's there to be expressed, or just talking about all we feel and how feeling that feeling is making us feel – or, how we feel about having that feeling, all whilst longing for the truth of our feelings. Longing for the truth of our feelings is really: Longing for the truth of our self, because: we are our feelings. So life stirs up our feelings, we feel being alive; or, being alive means we are feeling, always feeling; and when we work out what and why we are feeling what we are, so then we know the truth of how we are. And over time the truth accumulates, and our mind expands our understanding of ourselves, all being driven from our feelings. Kevin 26 September 2017

Kevin died on 10 August 2012 and progressed into the 1st Celestial Heaven on 7 August 2017

Under the Universal Contract governing the Rebellion and Default, the rebellious high level Lanonandek spirits from within our local universe of Nebadon had unfettered control of Earth's humanity for the past 200,000 years. Their removal has been achieved through working cracks within the universal contract leading to the formal ending of the Rebellion and Default on 31 January 2018.

NO PROBLEM CAN BE SOLVED FROM THE SAME LEVEL OF CONSCIOUSNESS THAT CREATED IT.
-ALBERT EINSTEIN

Up until the lives of Mary Magdalene and Jesus of Nazareth, only the spirit mind Mansion Worlds 1, 2, 4 and 6 were open to Earth's humanity to progress into following physical death on Earth. Upon dying, we all arrive into the 1st spirit Mansion World to commence our spirit journey.

Jesus opened the feeling healing spirit Divine Love Mansion Worlds 3, 5 and 7, however no one entered until five ladies arrived that Mary had tutored while she lived in Egypt following Jesus' assassination in 29 AD. Progressively these ladies worked their way into the Celestial Heaven spheres. It has taken all of these past 2,000 years for the numbers within the Celestial Heaven spheres 1, 2 and 3 to build up into sufficient numbers to past the administration of Earth's humanity into the hands of the Celestials which formally took place on 31 January 2018.

Jesus and Mary can be said to have 'federal authority', consequently when Jesus commenced his public ministry in 26 AD he became full co-regent with Mary of Nebadon, and with that authority had Lucifer and his deputy, Satan, placed in spirit world prison. Lucifer had been System Sovereign of Satania for 500,000 years. Earth is inhabited planet 606 of 619 inhabited worlds within the system of Satania.

Mary and Jesus are Creator Daughter and Son from Paradise, hence their higher authority, and they have Spirits of Truth that they release following their physical life on a physical world. Their Spirits of Truth are to assist all the humanities throughout Nebadon on their ascension through and out of Nebadon, on their way to Paradise, the home of our Heavenly Mother and Father.

The Avonal Pair now bestowed on Earth are also from Paradise. Their authority is with one humanity only at a time – such as that of Earth. In the early 1990s when they achieved sufficient progress with their assignment on Earth, that instigated the spirit world imprisonment of rebellious Lanonandek spirits Caligastia and Daligastia, who had continued with Lucifer's rebellion. Caligastia is the personality that we refer to as the devil. Caligastia had been the Planetary Prince of Earth throughout the Rebellion and Default. It was Caligastia and Daligastia's plotting that brought about the Default by Adam and Eve.

It has been the influence of Lucifer and his soul partner and compatriot rebelling Lanonandek spirits with mind Mansion World spirits that Earth's humanity has been held to living mind centric these past 200,000 years. These Lanonandek spirits are now in spirit world prison and the mind Mansion World spirits have been blocked from interfering and influencing people on Earth as of 22 March 2017.

200,000 years of UNFETTERED DOMINATION!
by wayward High Level Spirits

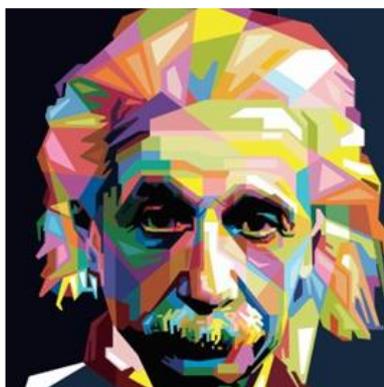
NOW FOR THE

GREAT
V-Turn

It is clear that no institution, system, practice or way of living is free of Lucifer's directives. Nothing that is in existence on Earth prior to 31 January 2018 is free of Lucifer's influence. Nothing. Everything that we live by and work by is of Lucifer's construction. Every system and institution is to be pulled down and replaced with the New Way. And the New Way is feelings based, Living Feelings First.

The Avonal Pair are of a significantly higher consciousness than the Lanonandek spirits and consequently they are able to show the way. This

will be found throughout the writings of James Moncrief (2002 ongoing). James Moncrief's writings are augmented by the James Padgett Messages (1914-1923) and The Urantia Book (1925-1935).



“The definition of insanity is doing the same thing over and over again—but expecting different results.”

Albert Einstein

The Avonal Age of 1,000 years is about to begin.

WE EXPERIENCE ALL WE NEED TO!

No matter how short or long our physical life is, we will go on and experience what our soul wants and needs for us to experience:

Thursday, 18 May 2017

John: This morning I woke suspecting that the beautiful light energy I felt last evening was our unborn son, Benjamin John. Was that so?

Benjamin, 2nd Celestial Heaven: I am Benjamin, John, although that is not the name my spirit parents gave me. And it was myself coming to you as you have had me on your mind from time to time. I am not part of what is going on with you John, I have my own very separate life to you, however I am a Celestial and Beth and I have occasion to speak together through work that we do. (At twelve weeks into term, Benjamin, as we grew to call him, miscarried during April 1975.)

I came to you, as I have come periodically to you and Carolyn, more of out of curiosity as to what my life might have been like had things been different and were I to be one of your Earth children.

As it was, I had a very happy upbringing with my spirit parents, we lived on the first Mansion World in one of the big cities and I had four brothers and two sisters and was very artistic going to what would be the equivalent of art college where I developed my artistic skills to quite a high degree.

And that was all before I was introduced to the Divine Love, which I did through you, following it up with Beth as she came to me when I expressed interest in it, which just so happened to be coincidental on one of my periodic visits to you. You were very taken with the Padgett Messages and were involved with AJ (Miller) and Mary Luck (that was from July 2009 until November 2011), and I spent some time with you and them and the other people and spirits involved with them, as there were quite a gathering of spirits who attended all they were doing.

Beth soon put me straight about the Divine Love and the Healing, and then I embarked upon it having to do it like we all do, coming to understand that my upbringing was not so different from many on Earth, and possibly even so had I been your flesh child. My art I put on hold as I worked continuously on myself, meeting my soulmate, and now we are living in the Second Celestial sphere.

And from here, we intend moving on, we have no feeling for having anything to do with the physical Earth and all the changes that are soon to take place which Beth and yourself, John, are involved in, no, that's not for us, as my soulmate was also 'Spirit Born', as we call ourselves and those of us who never got born on Earth, as we want to ascend on our journey to Paradise.

I will come and meet you when you come over and we'll spend time getting to know each other, there will be, no doubt, many questions you will want to ask me about how my life has been and how I've turned out, and I will be more than happy to answer them, but then I will leave you, as it will be for me to move on, as you are to remain – so I understand from Beth – for a time working still with Earth.

I came to you now for you to know that I am okay, very well in fact, fully in love with my life and my beautiful partner, and that I have no hard feelings about you or Carolyn, or about anything I might have missed out on, now having worked through all such issues through my Healing.

You might be interested to know that I got 'married' as some of us spirits do, and we adopted children of our own, however the relationship failed as I wanted to move on into the Divine Love, and we've all

gone our separate ways. All of which again I have healed and worked through, not unlike how it is for many people on Earth.

And really I came to say goodbye rather than hello, for I am leaving Earth as you might say, wishing to, as I said, move higher into the Celestial spheres of Nebadon. There are a lot of spirits like myself and my partner who are wanting to move higher to Paradise, we feel a strong pull within us to do so, as you too will feel when your time comes to leave the lower Celestial spheres and start on our spiritual ascent in earnest.

However as I said, I will descend to spend time with you when you need it, and then our true separation will come, and we'll see what our Mother and Father has in store for us.

I will not be coming back to you now that we've made contact this way through James, you can think to me and I will acknowledge such thoughts and respond accordingly, but as I said, Satia and myself, Nariko (that's a good enough approximation James) are, together with our soulgroup, heading Paradiseward. (We each have been named by our Heavenly Parents, these names we adopt when entering the Celestial Heavens. These names could be those given by parents or be soul names.)

I am looking forward to our time together John, when your time comes and you are ready for my visit, and until then I wish you all the best with your endeavours. You are, as you know, in very good hands with Nanna Beth, as you like to call her, and so I will say goodbye and thank you for your time John. Thank you James.

We are more alive than ever – when we are dead!

John the Typist: Members of my family have written extensively of their lives from within the spirit worlds. As you can well imagine, it is extremely obvious of their growth in wisdom and personality as of a consequence of their having progressed and then completed their personal Feeling Healing, a process that is now understood and is being shared worldwide, by them for us all to consider:

Unborn son Benjamin John: Now in 2nd Celestial Heaven.

Brother-in-law Kevin: Died in 2012 and entered to 1st Celestial Heaven in 2017.

Nephew Bradley: Son of Kevin, suicided in 1999 and is now in 1st Celestial Heaven.

1st cousin Raymond: Now in 1st Celestial Heaven.

Grandmother Nanna Beth: Now in 3rd Celestial Heaven.

Mother Marie Mum: Now in 1st Celestial Heaven.

My sister Marjorie: Died 26 November 2020 and is now in 3rd spirit healing Mansion World.

There are around 2,400 pages of writings recorded from my family members since they entered the spirit worlds. Life is dynamically far more exhilarating and rewarding as we progress in our Feeling Healing and most incredibly so upon achieving Celestial soul condition and entering the Celestial Heavens.

Kindly consider going to www.pascashealth.com, then Library Download and then scrolling down to Medical – Our Real Self, by clicking on the following, the PDFs will open:

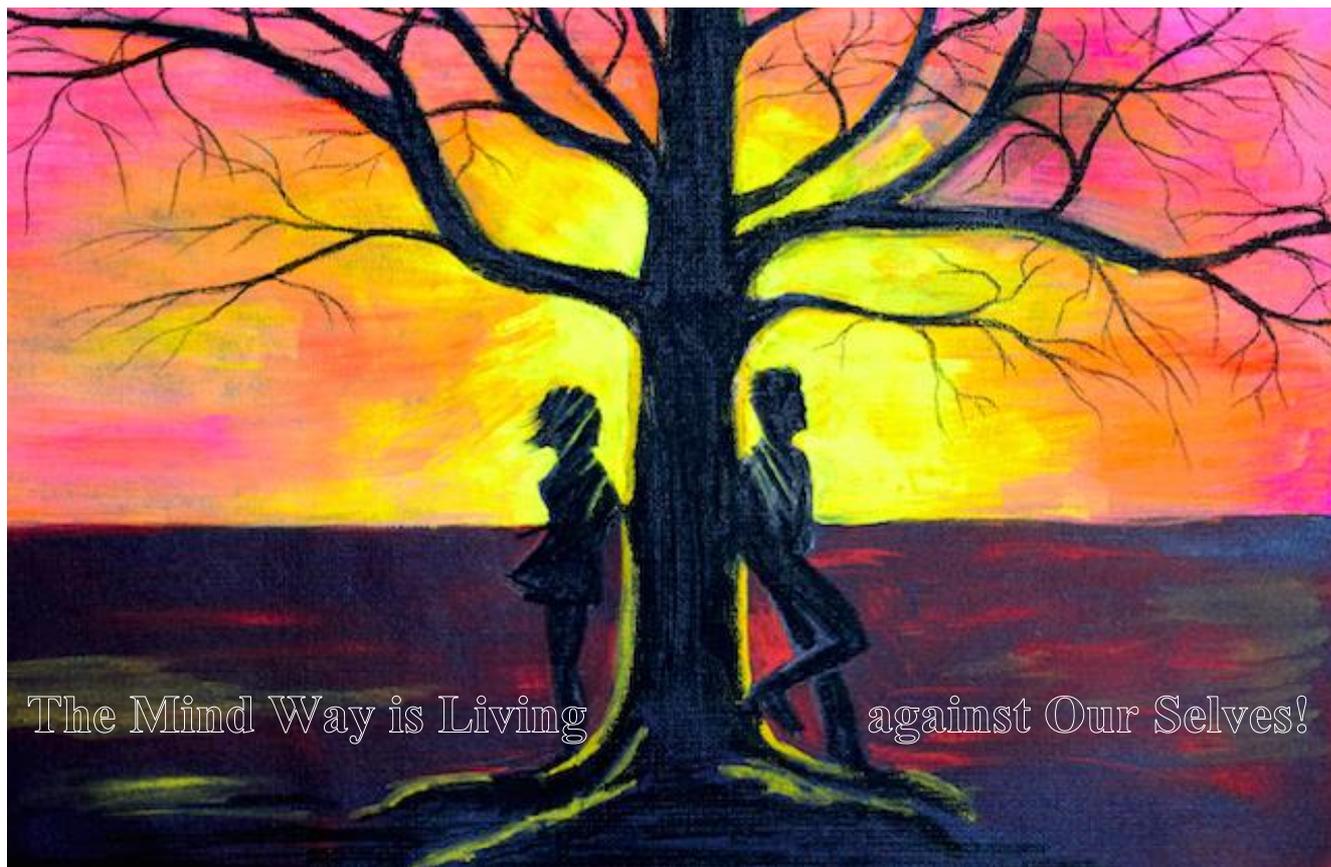
 [Pascas Care Journey of a Family.pdf](#)

(Benjamin's story is here)

 [Pascas Care Journey of a Family now in Celestial Heavens.pdf](#)

 [Pascas Care Journey Ongoing for Kevin & Kathaleen.pdf](#)

 [Pascas Care Journey Ongoing Kevin & Kathaleen Feb 2019.pdf](#)



ENOUGH IS ENOUGH

Andon and Fonta, our first parents to long for our Heavenly Parents, lived nearly 1,000,000 years ago. Naïve humanity was seduced by high spirits, the Lucifer pair, to believe they could be gods through their minds, thus men subjected women to subordination 200,000 years ago. Also added to this was the default of the Adamic pair more than 38,000 years ago when they failed in their mission.

REBELLION & DEFAULT **200,000** YEARS

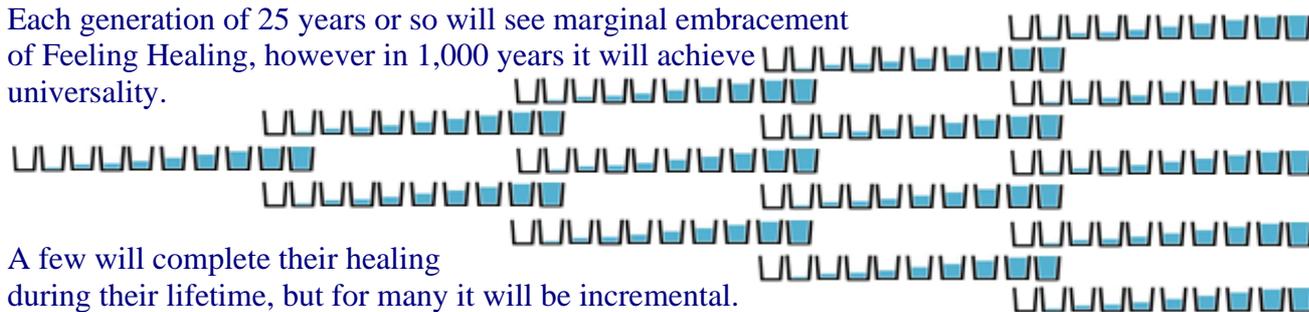
When Jesus with Mary achieved their full Regency of Nebadon, in 26 CE, they immediately had the Lucifer and Satan soulmate pairs assigned to a spirit world prison. Since then, the Creator Pair have been preparing for the ending of the Rebellion and Default for humanity of Earth. The Avonal Pair now on Earth, once commencing their Healing, brought about the imprisonment of the Caligastia and Daligastia pairs in the early 1990s. As the Avonal Pair advanced with their Healing they brought about the formal end of the Rebellion and Default, on 31 January 2018. It is now for all of humanity to embrace the Spirits of Truth of the Avonal Pair and undertake their healing of the imposts of the Rebellion and Default.

Avonal **AGE 1,000** YEARS

Spirits of Truth of the Avonal Pair will guide us through our Feeling Healing and into the Celestial Heavens with Divine Love, then the Spirits of Truth of the Creator Pair will lead us through the Celestial Heavens and out through Nebadon towards our Heavenly Mother and Father in Paradise.



Each generation of 25 years or so will see marginal embracement of Feeling Healing, however in 1,000 years it will achieve universality.



A few will complete their healing during their lifetime, but for many it will be incremental.

Universality of Feeling Healing with Divine Love will see the mitigation of discomfort, pain and illness as well as the imposts of global warming and Earth changes. These events are to ensure that each of us embrace our feelings, both good and bad, down to the very core, so that we fully come to know who we truly are. Sciences will endeavour to remove pain only to see disease manifest in different forms. Earth disturbances are a result of the Harmonic Convergence of the late 1980s, increasing the rotation of the Earth's central core. This will only abate when humanity has universally embraced Feeling Healing. These influences are only imposed upon us so that we do not step back into the Rebellion and Default through complacency. Live Feelings First so that we become the true personalities we are, that being daughters and sons of our Heavenly Mother and Father.

Avonal Revelation

- We are to live Feelings First.
- We've been made to use our mind to live against many of our feelings.
- Our mind control commences at conception and is developed through our childhood.
- All the bad feelings we didn't express as we were growing up are still repressed inside us.
- And all such hidden, buried and unwanted feelings have to come out.
- And whilst they remain repressed within us, they will continue to make us feel bad and unloved.
- We get sick, depressed, suffer, have bad things happen to us because of our repressed childhood feelings.
- Humanity was brought into this state of living against itself by higher rebellious spirits.
- These Evil Ones caused the Rebellion and Default.
- We are made to rebel by default – as we have no idea we're doing it through our parenting in wrongness.
- We are all parented unlovingly – against ourselves, against our will.
- Some parenting in the wrongness is done with more love, yet it's all still wrong.
- To heal this unloving state within ourselves we have to do our Healing.
- Our Healing is our Feeling-Healing or Soul-Healing with the Divine Love.
- We can long to God for Their Divine Love, and this will help us with our Healing.
- God is our Heavenly Mother and Father, the Feminine Aspects of God having been kept hidden from us by the Evil Spirits.
- All humanity's religions and spiritual systems are designed to keep the wrongness going, to keep us away from God.
- Only by living Feelings First Spirituality, The New Way, can you become right, and truly find God.
- Long for the Divine Love.
- Long for the Truth of your Feelings.
- Accepting all you feel is accepting all of yourself, it's your greatest act of self-love.
- And wanting to know the truth of your feelings, is your next greatest act of self-love.
- Love yourself through your feeling-acceptance, and the Truth will set you Free!

31 May 1914 and ongoing

The Learning Pyramid:



To enable Lucifer and his cohorts to maintain control and hold Earth's humanity to being submissive to their control, every system on Earth is construed to retard our spontaneity, flare, intuitiveness, vigour and potential. Being mind centric, we cannot evolve above 499 on Dr David R Hawkins' Map of Consciousness table – we cannot grow beyond the energy that is the 1st spirit mind Mansion World! Living mind centric is tiresome, exhausting and stifling! Then we look at the foundations of all education, it is the lecture. The table above announces to all that the lecture is the most limiting platform for learning and development. From these two understandings it becomes clear to all that we have all been led down a rabbit hole and we are at the dead end. Well, we were until the Avonal Pair completed their healing of what they personally took on of the Rebellion and Default and are now able to lead us out of our personal Rebellion and Default due to their personal EXPERIENCE.

Prior to Mary and Jesus' lives on Earth, 2,000 years ago, none of the humanities throughout our local universe of Neadon had access to Divine Love. All humanities remained in a natural love condition. Now with the availability of Divine Love, those who are in a healed soul condition and have asked for and received the substance of our Heavenly Mother and Father's Divine Love, they can transition into the Celestial Heavens. Under the Universal Contract governing the Rebellion and Default relating to Earth's humanity, Celestial spirits have had to wait for the ending of the Rebellion and Default before they could interact with people on Earth. Lucifer maintained unfettered control until 31 January 2018.

There are residual issues still to be worked through to their ultimate finality relating to this Universal Contract.

The incredible reality of experiencing a life on Earth with all its misery, crime, evilness and deprivation, we of rebellious and defaulting Earth are being trained to administer and assist humanities on worlds that are yet to be inhabited that may become wayward in similar ways to us. As these newer worlds are much further out from Paradise, it is anticipated that rejections and revolts may occur.

Consequently, everyone who experiences life on Earth will make their way to Paradise. No one will fail to arrive and become a "Finaliter" no matter how degraded and vile they may become on Earth. Each and every one of our life experiences is unique and will be treasured in the assignments and future endeavours we each will be given. We will all grow to cherish our life and having lived on Earth.

Greatest Event in the History of Humanity!

Spiritual growth on Earth evolves connectivity!

Spirit connectivity is relevant to level of truth.

Early 1990s:	The arrest of the Caligastia and Daligastia soulmate / soul partner pairs, being rebellious Lanonandek spirits – Earth’s planetary prince and deputy.
22 March 2017:	Negative mind-spirit influence was blocked by Celestial spirit.
31 March 2017:	Angel assisted healing will become available upon the Avonal pair completing their own Feeling Healing, being with Divine Love, thus it being Soul Healing.
22 May 2017:	Law of Compensation quickening.
2 December 2017:	Psychic Barriers maintaining the Rebellion and Default were cracked.
8 December 2017:	Bring on the money to ‘house the future of humanity’ .
31 January 2018:	Earth and the seven associated Mansion Worlds (including the two Earth planes) are officially now fully under the control of Celestial spirits. This marks a tangible and real end to the Rebellion and Default.

Three people on Earth are of high 7th Mansion World condition - this is what has unfolded:

As of November 2020, due to three people on Earth progressing through their personal spiritual healing and progressing into the equivalent of the 7th spirit Mansion World, have enabled the above events and milestones. Two high level spirits have led the way. These two personalities have needed to incarnate into the physical and unaided have had to find the way to heal themselves of the imposts of the Rebellion and Default which they voluntarily took on. This is the most exciting time in the history of Earth’s humanity.

When they move into Celestial Heaven soul condition while living on Earth then:

Upon becoming of a Celestial soul condition, then these two personalities will have Celestial soul level truth and will be able to directly convey such truth in person. Having then done so, Celestial Heaven spirit personalities will be able to follow and directly communicate with personalities in the physical on Earth in a similar manner. Presently, Celestials can only prompt people and not converse.

The level that the two high level spirit personalities progress to while living in the physical will set the ceiling for those on Earth in what they can grow in truth and love to. We can only follow.

Further, the conditions that prevail throughout the 1st spirit Mansion World may progressively be earthed. In the Mansion Worlds, the operation of the Law of Compensation is instantly imposed through the vigilance of Angels. This is likely to be imposed on physical Earth from the coming 1,000 years.

For Humanity to go through a spiritual upliftment, such as now, high level spirits must lead the way!

The Rebellion and Default was imposed upon Earth’s humanity by high spirits from within our Local Universe of Neadon. To end the Rebellion and Default, higher level spirits, being an Avonal pair from Paradise have had to lead the way out of the Rebellion and Default. This they are now doing!

Root Cause

Highly esteemed Lanonandek spirits from within our local universe of Nebadon were assigned as System Sovereigns of our local system to oversee Earth's humanity and their spiritual development. 200,000 years ago they, the Lucifers, became infatuated with their authority and turned against the regents of Nebadon, Mary and Jesus, as well as rejecting God. Through their Planetary Princes, also Lanonandek spirits, they had taken the humanities of 37 worlds within their local system, Satania, into their Rebellion.

Through living through our minds, suppressing our feelings, we on Earth will continue to be at war with each other, illnesses of all descriptions will continue from our feelings suppression, starvation and inequalities prevail, control of others is the core of all systems, we cannot determine truth from falsehood and life on Earth is a living hell. We have been continually seduced by mind Mansion World spirits and we live in a stupor – nothing more than zombies doing the begging of the evil ones, the rebellious Lanonandek spirits.

Through living by our minds, suppressing our soul based feelings, we have been progressively going further and further away from our Heavenly Parents, now to the point that we cannot go any further. Through working cracks in the Universal Contract governing the Rebellion and Default, this control has been ended formally as of 31 January 2018.

Pathway Forward

To liberate one's real self, one's will, driven by one's soul, moves one to embrace Feeling Healing, so as to clear emotional injuries and errors. With the Divine Love, then one is also Soul Healing. We are to feel our feelings, identify what they are, accept and fully acknowledge that we're feeling them, express them fully, all whilst longing for the truth they are to show us.

God's Divine Love: Pray for it, ask for it, and receive it.

The Golden rule is: Never interfere with another's will.

Golden Rule: that one must always honour another's will as one honours one's own.

New Feelings Way: learning how to live true to ourselves by living true to our feelings.

We are to express our feelings, both good and bad, at all times, and to long for the truth of them.

By living true to ourselves true to our feelings, we are living true to God. It's that simple.

FOR 200,000 years ALL SCRIPTURES and Earth based INSTITUTIONALISED SYSTEMS are the WORK of the REBELLIOUS LANONANDEKS:

The rebellious Lanonandeks from within our local universe are these soul partner pairs:

THE EVIL ONES



Lucifer pair
Arrested and imprisoned 26 CE



Satan pair



Caligastia pair



Daligastia pair

Arrested and imprisoned early 1990s CE

Lanonandek
System Sovereign

SPRIT
Prisonworld
1+37

Lanonandek
Planetary Prince

1
Creator
Daughter & Son

QUARANTINED
37 Rebel
OUTER
WORLDS
37

37x
Avonal
Daughter & Son

Lucifer and his soulmate (Lanonandeks and System Sovereigns) rebelled, taking over their small part of Mary and Jesus’s universe corrupting 37 ‘earths’ and their associated spirit Mansion Worlds.

Satan and his soulmate (Lanonandeks) joined the Lucifers, helping to convince Caligastia and his soulmate (Lanonandeks and Planetary Prince of Earth) and Daligastia and his soulmate (Lanonandeks) to join the Rebellion, which they did, specifically corrupting the people of our Earth – Urantia.

Mary Magdalene and Jesus (soulmates) bestowed themselves on Earth, thereby terminating the Lucifers’ and Satans’ System Rebellion. The Lucifers and Satans were then interned on a spirit prison world.

It is now for an Avonal Bestowal Pair to terminate the Caligastias and Daligastias, with, so we understand, the first stage being completed, so these rebellious Lanonandek pairs can no longer negatively affect Earth or its associated Mansion Worlds.

Avonal Daughters and Sons have been progressively incarnating onto each of the rebellious worlds and one by one, the 37 Lanonandek Planetary Princes have been arrested and imprisoned. Caligastia, Earth’s fallen Planetary Prince and his associate, Daligastia, being imprisoned in the early 1990s.

It is anticipated that the Avonals will shortly have all the wayward Lanonandek Planetary Princes and Princesses imprisoned and will be proceeding to introduce to their custodian humanities to their New Feeling Way.

The Creator Daughter and Son address regional issues – the whole of Nebadon, as in Mary and Jesus’ case; whereas Avonal Pairs address individual planetary issues. Mary and Jesus ended the Rebellion in Nebadon with no further planets being able to be corrupted by it; the Avonals will end it, and the Planetary Default of Eve and Adam, specifically on Earth. They will do this once they’ve completed their Spiritual Healing revealing the New Feeling Way.

GOING, GOING,
GONE! **Yippee!**



↑ Earth

CREATOR
daughter and son

Avonal Pair

SPIRITUAL LEADERSHIP

SPIRITS OF TRUTH

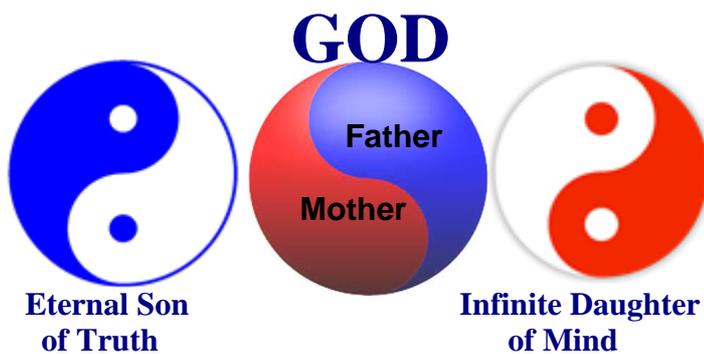
LOCAL UNIVERSE
NEBADON

HUMANITY
OF
PLANET EARTH

Both the Creator and Avonal pairs are bestowals from Paradise and have Spirits of Truth which are released following the death of their physical bodies. The Creator pair is the co-regent of our local universe of Nebadon. They have set the pathway for the Avonal pair to show the way for Earth's humanity to heal itself of the Rebellion and Default. The Avonal pair's focus is one humanity, of Earth, whereas the Creator pair is for all of Nebadon.



Paradise – Havona – Home



SPIRITS from PARADISE

Nebadon – Salvington



Celestial Heavens

MELCHIZEDEK
 BRILLIANT
 Evening Stars
 ARCHANGELS

Mansion Worlds

celestial ANGELS SPIRITS
 MORTAL ANGELS SPIRITS

Physical Earth

Nature Spirits Spirit Guides ANGELS
 HUMANITY

Formerly ended 31 January 2018

REBELLION & **DEFAULT**

Past 200,000 years

and now for the

GREAT V-Turn

Coming 1,000 years

Finaliters

Hey guys, I know who I am and why I am having these life experiences. No, I'm not wearing a prison uniform – but that might be what my soul has planned for me to experience! Just joking!

When we arrive in our Earthly mother's womb, we are clueless as to why the heck we have come here. We truly need to persist with asking, "What's this all about?" – We will be told, bit by bit! But you have to push for it. Well guys, here's a go at it.

We have come to this crazy messed up humanity on Earth because God wants us to come; we don't have any say in it. And we think we can do something about it, but we actually can't, we can only do what God wants us to do. And if that makes us think we can do something, that we can have an effect, then that's what God wants us to think. Man, this mob is ready to slaughter each other totally and that is not going to happen – it's not allowed!



We are to enable our wilfulness to surface – well take over our 'numbnut' mind – and push aside the persona – the messed up personality that our parents want us to be – and express our true individuality. Be true to our feelings – our soul-based feelings and be the personality that our Heavenly Mum and Dad know us to be (all good).

Okay, because we are amongst billions of people who have been forced to join the Rebellion and Default, we are one of them – experiencing all the crud and wrongness we can possibly get ourselves into. Yep, we are rebelling against our soul, which also means we are rebelling against our soulmate and also our Heavenly Mother and Father – God. Shoot the works – we have done it justice!

Now here is the good bit. We can heal ourselves of all this wrongness – and eventually we ALL will. Then we will continue with our healing and learning, and learning, and more learning and end up in Paradise, the home of our True Mum and Dad. THEN we will be recognised as FINALITERS. Why Finaliters?

We are called Finaliters, that's everyone who attains Paradise, and not just those of us who've been screwed up by a Rebellion, because we've 'finally' got there, we 'finally' did it, we 'finally' completed the first stage of our existence in Creation, which is akin to 'Finally' completing our time in the 'womb'. Upon attaining Paradise, it can be likened to being 'finally' born, or 'finally' becoming the equivalent of age 6 when our Indwelling Spirit arrives, or 'finally' becoming an adult. And possibly we won't know if we can liken it to any of these stages we go through during our physical life on Earth, until we're 'finally' on Paradise, and 'finally' get it!

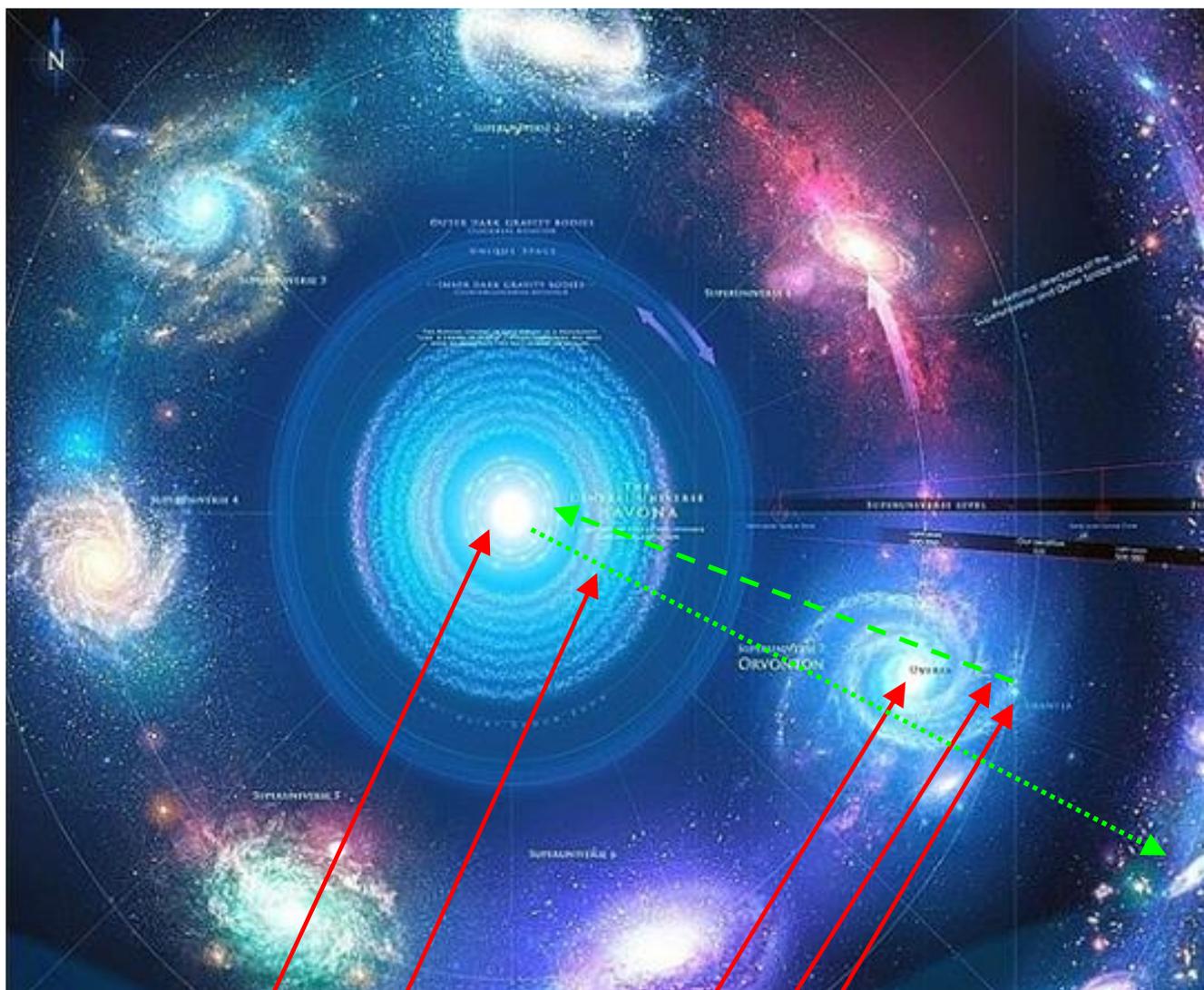


Because other humanities in newly forming universes are anticipated to Rebel (just like us now) and because we have had the experience (no other humanity has possibly done it as good as us), we FINALITERS can go and help them out of their SHIT! Yee-ha – more evilness and insanity! That is us! Bring it on!!!!

Finaliters

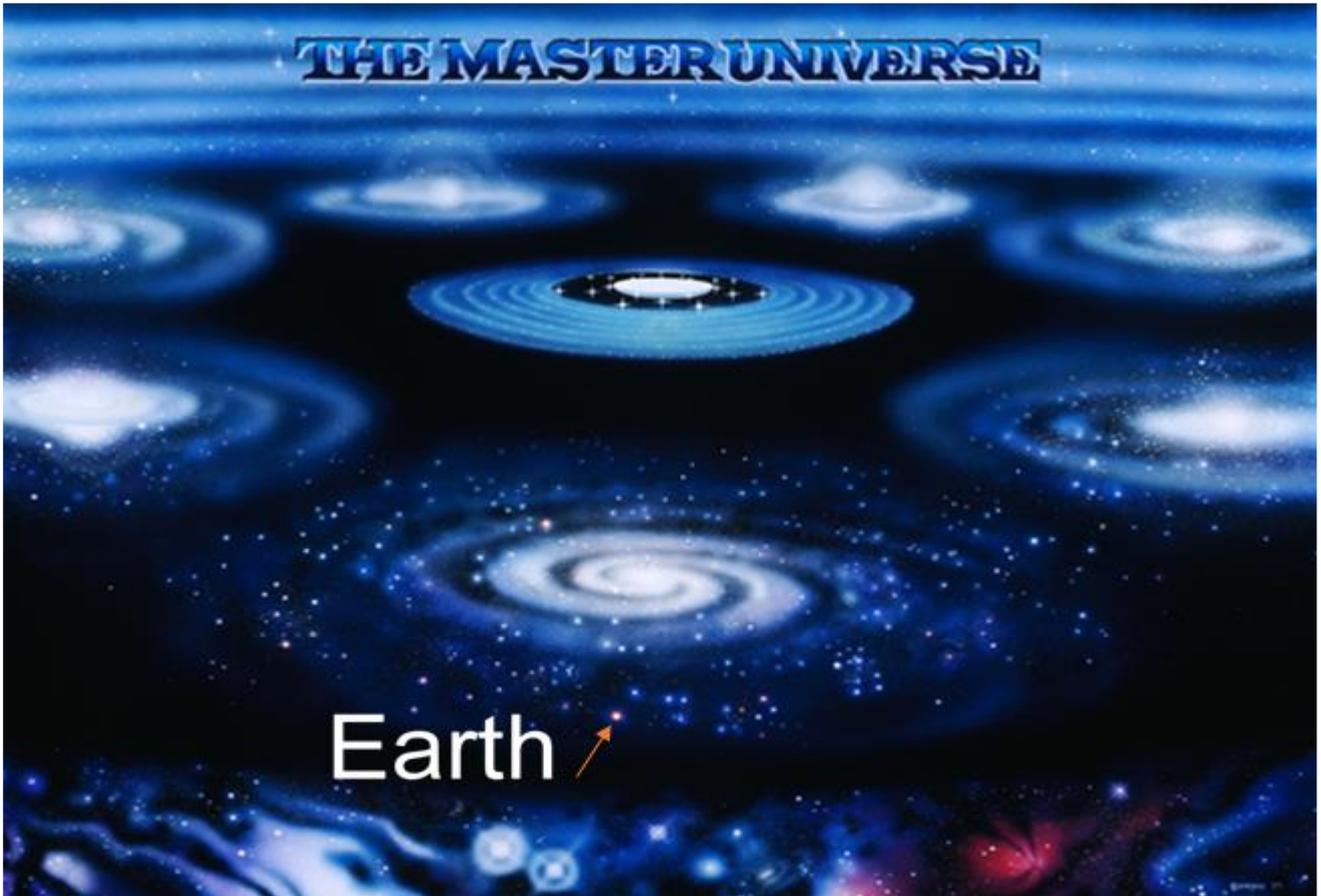
OUR JOURNEY

Ascension is from Earth (Urantia) through Nebadon, Orvonton, Havona to Paradise.
 Then in Paradise we progress to be Finaliters and possibly assigned to a newly forming universe.



Isle of Paradise home of our Heavenly Mother & Father
 Havona Ascendington
 Orvonton – our Super Universe
 Nebadon – our Local Universe
 Urantia being Earth

Finaliter, being what we become when we finally arrive in Paradise!



Our journey is one of experience and the feelings that arise from our experiences. From the moment of conception we are on our learning pathway, experiencing the emotions of our parents and carers. Our feelings are our truth, it is through our feelings that we evolve in truth. We are to long for the truth that our feelings draw our attention to.

Our physical parents and family is the focus of our experience on Earth. As we all have been subjected to the Rebellion and Default of Earth's humanity, we are all to heal ourselves of being unloved and the errors and injuries that we have been subjected to. Only through the completion of our Feeling Healing do we leave the environment which is referred to as Hell. It is through the guidance of the Avonal soul partner pair, their Spirits of Truth, that we are now able to complete our Feeling Healing.

When we transition into the 1st Celestial Heaven, having completed our Healing and Acceptance of how we have been messed up and the way we are having had the experience of living in a Rebellion and Default, can we then start to assimilate with other humanities within our Local System.

Our local system is called Satania, home city and headquarters being Jerusem. It consists of 1,000 physical worlds that have the potential of a humanity living on these worlds. 619 are physically inhabited of which Earth is number 606, one of the youngest. As we progress beyond the first three Celestial Heavens, then we start to interact and become knowledgeable of these additional humanities.

Then we progress into our local constellation called Norlatiadek. Norlatiadek consists of 100 local systems, and its home city is Edentia. The Garden of Eden is named after Edentia. Again we go through a process of coming to understand how the constellation works and the peoples that are throughout it.

Then we enter the local universe as a whole, named Nebadon with Salvington being its headquarters and home of the co-regents being soul partners Creator Daughter and Son, Michaels, namely Mary Magdalene and Jesus. It is through the Spirits of Truth of Mary and Jesus that we are guided through all of the Celestial Heavens to Salvington.

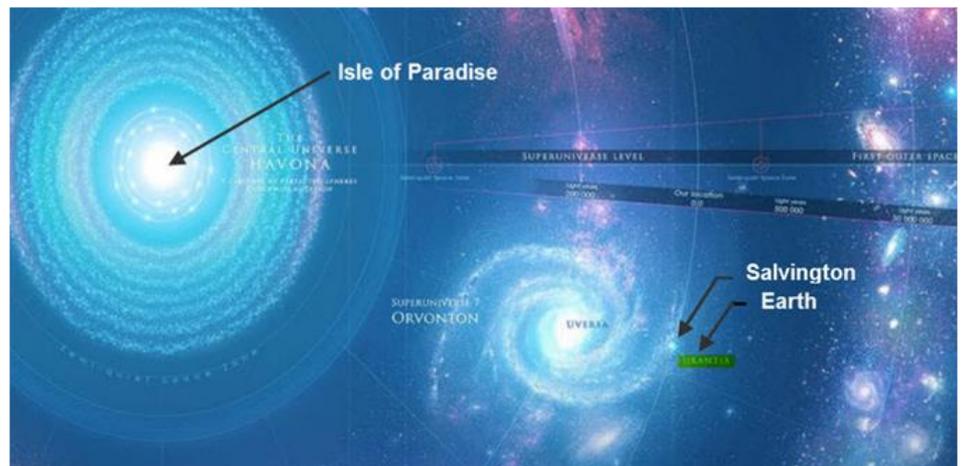
From Nebadon then it is our Heavenly Mother and Father that guide us through the next three major sectors of our super-universe being the Minor Sector, then Major Sector, then the super-universe of Orvonton.

Then we progress into Havona and Isle of Paradise, the home of our Heavenly Mother and Father and on completion of achieving understanding of how all the systems work in the manner that we are required to, we become Finaliters. After all, we are truth seekers!

Then what follows is that we then visit and achieve an understanding of how each of the other six super-universes work and how all seven super-universes function and work together.

When fully accredited we will most likely be assigned to one of the newly forming 70,000 super-universes that presently are not inhabited. Finaliters have many optional assignments.

We are truth seekers and through our obtained truth we will be able to assist humanities throughout the emerging universes.



Fortunately;

This time, in the history of humanity, is the most exciting time ever experienced.

Nanna Beth Summarises her Message to James – 12 November 2018

Everything about what you, James, and John and those people involved personally with you, is extraordinary, and normally none of it would happen. And it's all because of the extra ordinariness of what's happening on the higher spiritual levels. So we're able to do things with people and people are able to do things themselves, which normally, and particularly while under rebellious influences, simply wouldn't happen. It's all in different ways as remarkable as Jesus and the Celestials coming to James Padgett, and The Urantia Book being presented to humanity, yet even more so, much more so – far more so. They were just blips on the path of humanity's evolution, this is a major event. This affects everyone and everything on the world and in the mind Mansion Worlds. Nana Beth, 3rd Celestial Heaven, John's grandmother – 12 November 2018

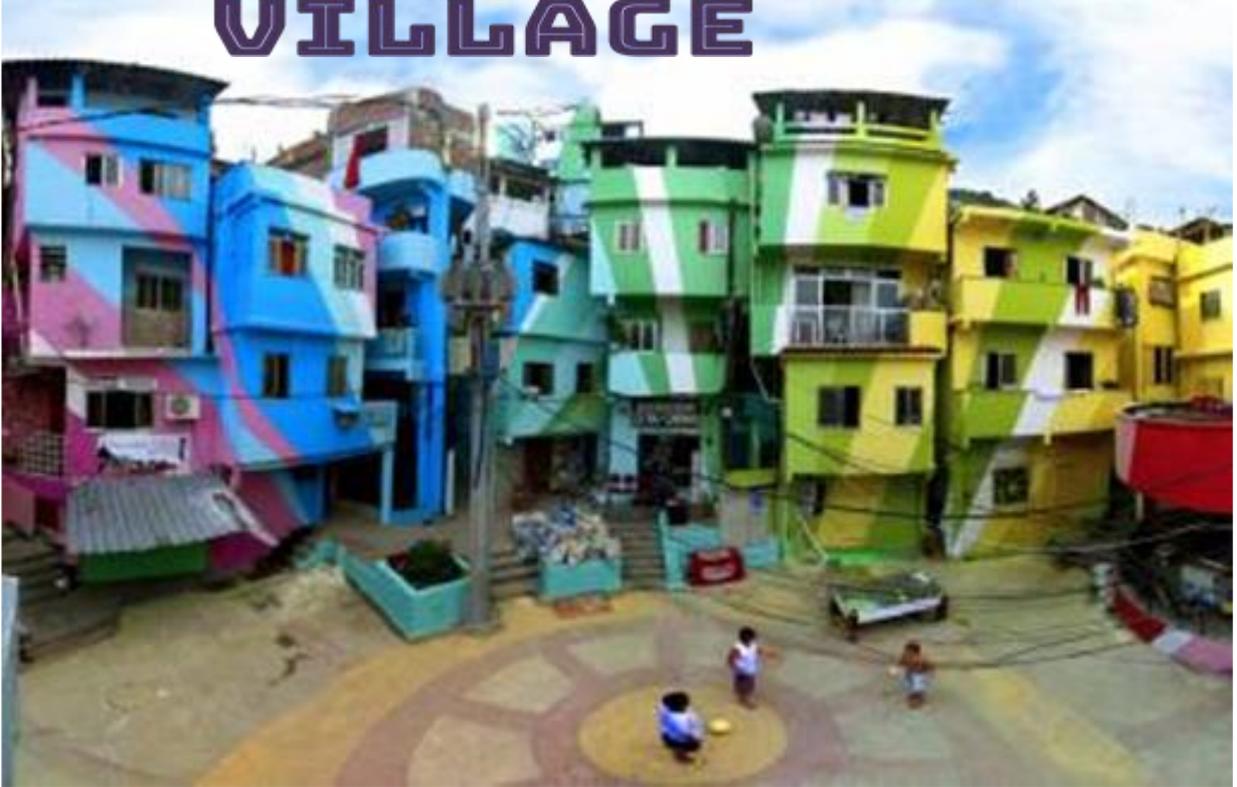
my
House is your
Paradise
HOME



THE
VILLAGE
PARADISE



Paradise VILLAGE



Paradise VILLAGE



Paradise Village walkable



Placing the residents, visitors and pedestrians
– not the car – at the centre of the facilities.

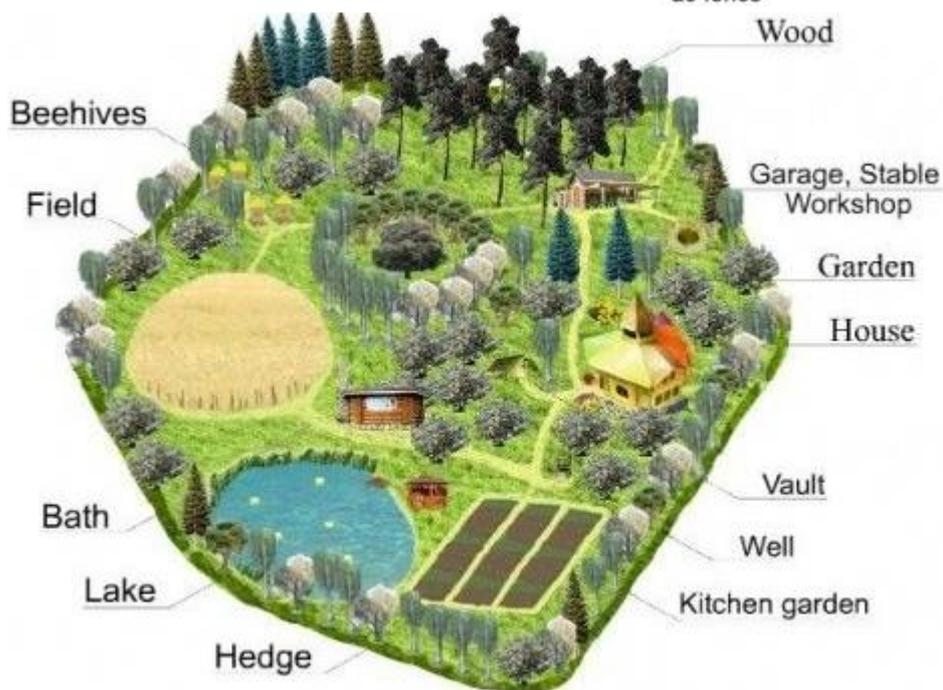
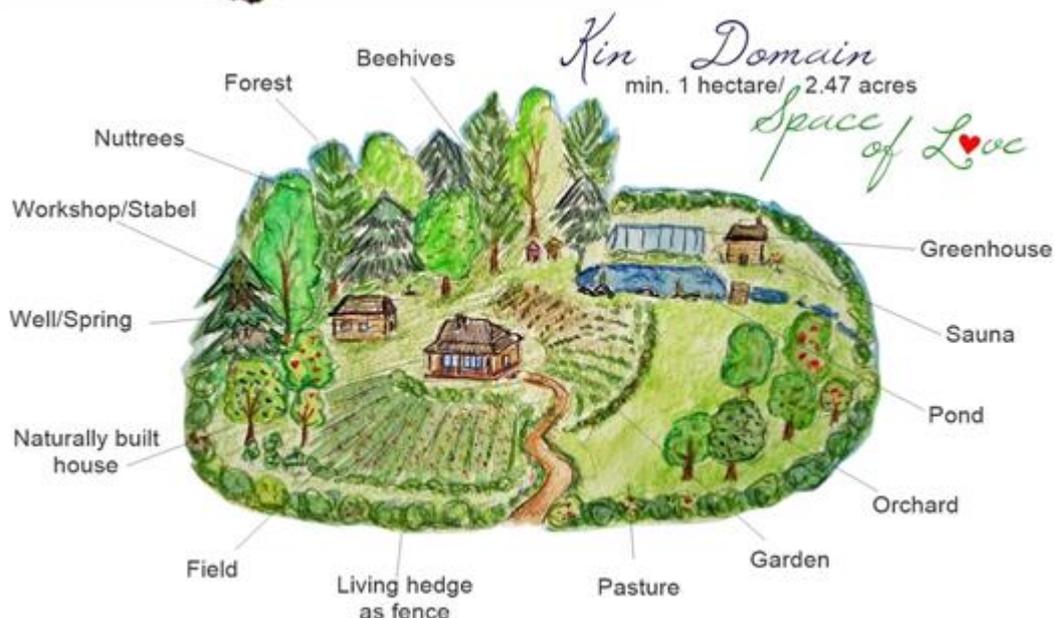


TALKING
WALKING



ECOVILLAGE

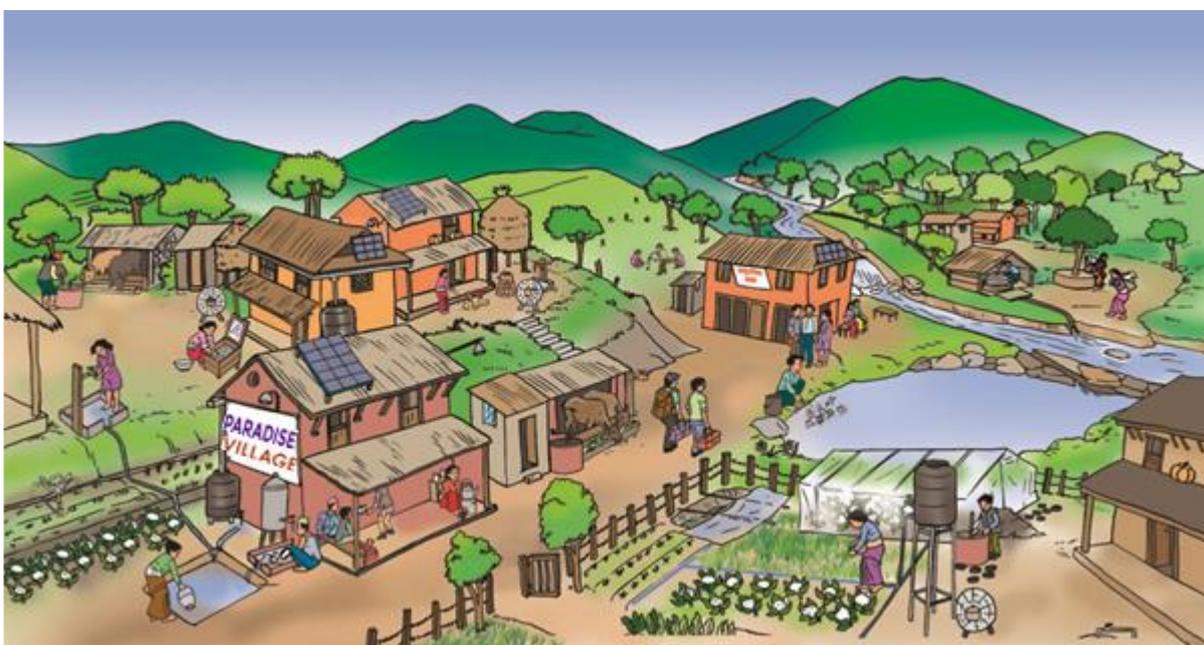
A Sustainable Solution for Poverty and Destitution .



VILLAGEISM

VILLAGEISM

beyond
CAPITALISM & SOCIALISM



**VILLAGE
PARADISE**

The Village Economy



Denser, community living

Walking, Biking, Public Transport

Urban shopping experiences

Meaningful work

Urban Village

Wired citizens and businesses

Sharing, Lower consumerism

Makers, Small business

Craft, Local Products

PARADISE HOME:

What is it?

Monday, 27 May 2019

I, James, see it as a place where people are doing their Healing. Any place where people are wanting to learn about their Healing and all that's involved with The New Way.

It can be one person's private house to a place in which groups of any size meet to pray for the Divine Love; long for the Truth and come to understand all that the Avonal Revelation is about. Including, should people be able to do it, rooms set aside for personal or group counselling focused on Feelings First, helping each other to do their Feeling- and Soul-Healing.

Paradise is the Heart of Creation, the home of our Heavenly Mother and Father, the wellspring of all Love and Truth.

So is our own heart, the 'heart and soul' of our creation, the home of our Love and Truth, it being the full personal expression of the personality of our soul that we are. Our body, as so many people see it, being the 'house', so the Paradise House, of our soul.

So to put people within the material structure, I wanted to call those places [Paradise Houses](#), people's homes or places where we can share our feelings as we long to ascend in Truth to Paradise.

So within one's Paradise House, the physical structure, one can express one's own 'paradise house' – one's own heart, wanting to be with the Mother and Father on Paradise and connected to Their Heart – Their Paradise House.

I dislike these words (I don't hate the words themselves) because of all the connotations they stand for in our distorted truth-denying ways: Church, Temple, Holy Shrine, Mosque, etc. So I wanted another way to express the love of longing for Paradise that we all have innately within our own hearts coming from our soul. Paradise House is really a place of living with and receiving the Divine Love; a place of worshipping and loving our Heavenly Parents; a place of expressing the Truth one is evolving and growing into; a place to long for the Truth whilst expressing one's feelings – a place in which to do one's Healing.

So we all have our own personal and private paradise house – our physical body and spirit body, just as we can build and create outside of us, Paradise Houses, as in our own home or larger structures where groups of people meet.

It's just a name I came up with that I would like to call such a place that I loved to go to being with other people who are living The New Way and doing their Healing. A place, perhaps, where ultimately people doing their Healing can gather living within a Sanctuary. A place in which Celestials can call their home. A place that ultimately is the forerunner of the Morontia Temple. The Morontia Temple being the ultimate Paradise House on Earth. (The Morontia Temple, according to The Urantia Book, is to descend from the first Celestial sphere onto Earth far in the future in the first age of Light and Life.)

I see a Sanctuary as being overall a 'Paradise House', as well as possibly within a Sanctuary there being a specific Paradise House; or it's just the heart of the Sanctuary, like the common living area where most people gather a lot of the time; or a specific room where people can go to pray for the Divine Love, like a meditation / prayer room.

It's not a strict thing, it's just something I like to imagine; and I thought if one needed a name to call one's 'church' or 'house of prayer' then Paradise House might suffice.

EDUCATING about FEELING HEALING:

Sunday, 27 October 2019

James: When considering schools and other people that are being talked to and presented them with the Truth, here are some of the main elements that might be useful should one be exposed to or wanting to live Feelings First.

Perhaps a program could be designed to introduce children to it and take them progressively deeper into understanding themselves as they grow up, with a condensed version for adults who want to do workshops, or a Feeling Healing study course for Chaldi College.

Feeling Awareness

There are two extremes which Marion and I are coming from; and everywhere else in between.

Feeling Aware

People who are feeling aware, in that they have always been aware of their feelings, it being part of how they grew up, or they've come to be more aware of them through self-help, therapy or just life.

Marion was completely aware of her feelings since the earliest she can remember. Mostly they were bad ones, like wanting to kill herself because she felt so bad and that no one cared about her, no one loved her, no one positively related to her, from as early back as she can remember. She was aware of feelings, feeling them intensely, and looking at other people feeling and expressing their feelings. Her problem was she wasn't allowed to express them, with her Healing being one long acceptance and understanding that she can express them now, breaking through all the barriers put in place through your childhood that stopped her showing them.

There are lots of people aware of their feelings, with varying levels of being able to express them.

Feeling Unaware

I came from the opposite side, being completely feeling unaware. Feelings weren't part of our family discussion. Only if I felt physically sick were I to express those feelings so the doctor would come or we'd go to him. In my early thirties I was told I was depressed, and it was a major revelation: that was what was wrong with me! I knew being scared and unhappy, but that was it. So with Marion it was learning about identifying my feelings – that feeling is misery, that feeling is humiliation and so on, to being able to accept that I had them and then to express them.

So possibly adults, and children, would be taught about their feelings, what each feeling is, why they have them, mock situations that make them feel our different feelings, discussion about them: I had this feeling at home when mummy said or did...

And education about how important feelings are, and how good, necessary, and vital to our well being, it is to express them, and not suppress, reject, deny or repress them, as that makes us sick and makes our mind have to take over which can cause us problems.

And to include the ramifications of expressing feelings or words that might hurt other people, and why they will, and how to be sensitive and respectful in relating to oneself and others on the feeling level.

And then the differences between the mind approach and feeling approach to life.

Information about our Feeling Denial

To introduce why humanity moved to become more feeling denying – bringing in the control from the Higher Spirits, information about the Rebellion and Default.

Information about the bigger picture and how we are all living the Rebellion by Default. How that applies in our daily dysfunctional and disconnected lives, all because we're not living true to our feelings.

More about how we get sick because our feeling denial.

How we can end our Rebellion by Default is doing our Feeling Healing.

Feeling Healing, which is living Feelings First

Introducing how we're to live truly: living true to our feelings; and if we can, we'll naturally live life as God wants us to.

The importance of living with our feelings to uncover the truth of ourselves.

The importance of longing for the truth, how it happens, what it's like when it comes, how to use our feelings to do it.

How the truth comes and we live it, rather than living a set of imposed beliefs with our mind.

What Feeling Healing involves, how it will affect you, other people, your family relationships – what to expect. How difficult it will be to do it, how much help you might need, or that you can do it by yourself.

More about the benefits of doing it, such as not passing your yuk onto your children.

yuk

Becoming Celestial on Earth. Or starting it and finishing in spirit.

The Actual doing of it

Personal Healing experience.

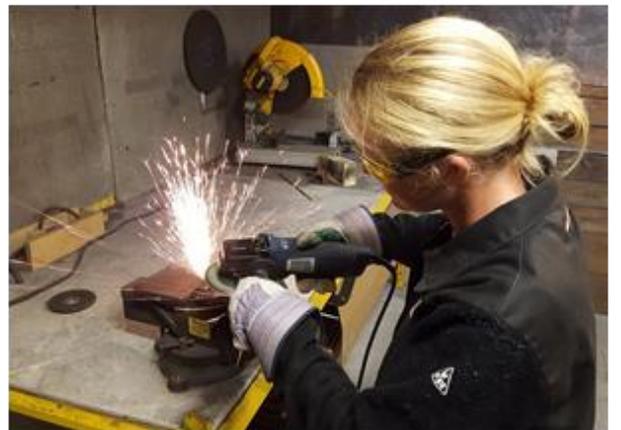
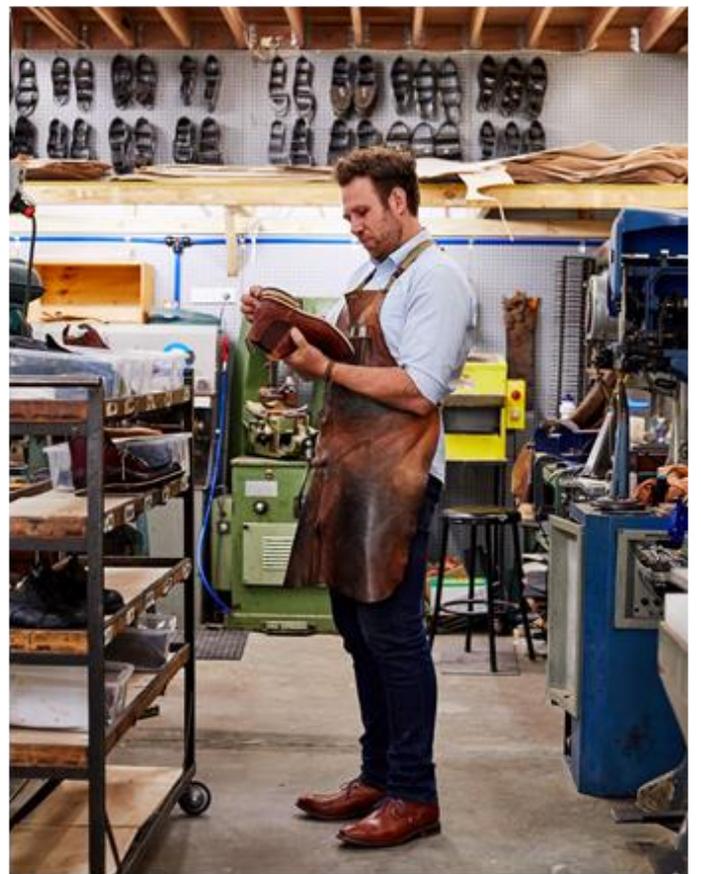
Feelings first

FEELINGS FIRST For Kids

LIVE FEELINGS FIRST

Family Craft Workshop







Kids learn all the Crafts



Shelter environment – Temperate Forest



High Ropes Climbing Course with Flying Foxes



Pascas Craft Path is founded on “SanPa”:

The Healing Power of “Bello” – Beautiful: How an Italian community uses craftsmanship to rehabilitate some of Europe’s most intractable drug addicts.

<https://craftsmanship.net/the-healing-power-of-bello/>

Issues: [Spring 2019](#)

Topics: [Work, Education, and Community](#)

Locations: [Italy, USA](#)

Materials: [Animals & Insects](#), [Food](#), [Leather](#), [Paper](#), [Textiles](#)



Since San Patrignano’s founding more than 40 years ago as a commune for local drug addicts, 26,000 people have been through its recovery program. “*SanPa*” teaches its residents a wide variety of artisanal crafts on a campus that now covers 520 hectares (1,280 acres), becoming the largest addiction treatment facility in Europe. *Photo courtesy of San Patrignano.*

By LAURA FRASER

1. [Hippie Commune, Italian-Style](#)
2. [Rehab: Communal Cookie-Making vs. An Oil Change](#)
3. [A Thread of Quality From The Past To The Present](#)
4. [Pranzo: Lunch, The Great Provider of Quality and Community](#)
5. [Work: The Great Equalizer](#)
6. [A Rare Craft, Revived](#)
7. [Can SANPA Work Anywhere Else?](#)

In the hills above Rimini, Italy, is a restaurant renowned across the region for its pizza. The terrace, surrounded by flowering trees, overlooks vineyards that roll down to the distant Adriatic Sea. In the centre of the restaurant, called “*SP.accio*,” tattooed men knead, shape, and twirl dough in a gleaming, open kitchen. The cooks follow the standard routine of any good *pizzaiolo*—they sprinkle on herbs and cheese, and slip the pies into a fiercely-hot, wood-burning oven—but they cook with unusual focus and passion, as if their very lives depended on the perfection of these pizzas.

“The dough teaches you,” says Massimo Bertoglia, the head chef, as he shapes a piece into a round. “You have to have constancy, and you have to have care.” He pauses to survey his results and seems pleased. “If you don’t care for it, it will die.”

Unlike most rehab methods, SanPa doesn’t rely on therapists, substitute drug treatment, 12-step programs, or religion. Instead, it treats addiction as a community problem, where an individual’s destructive tendencies can be changed by becoming a member of a big family, Italian-style, participating in work and education for the common good.

Bertoglia’s pizza philosophy is far more than a metaphor. Learning to become a pizzaiolo actually did help to save his life. A former drug addict, Bertoglia is one of some 26,000 people since 1978 who have come to San Patrignano, the addiction recovery community that runs this restaurant, as a last-ditch effort to pull himself out of a life centred on doing anything necessary to get his next fix. Everyone who works at SP.accio, from Chef Bertoglia to the waiters, busboys, and the woman who sells gifts in the boutique (“*spaccio*” means store in Italian) is either a current resident or a graduate of the rehab program. Some of the best chefs in Italy come here to train the pizzaioli, who are highly sought-after in Italy after graduation.

It’s easy to see why. All the ingredients at the restaurant, Bertoglia explains, are *kilometro zero*—produced within view of the terrace tables, from the tomatoes and basil to the wine, mozzarella cheese, prosciutto, and delicate date cookies served with espresso at the end of their meals. The pizza crust—a crucial and elusive art in the pizza world—achieves an unusual quality here because it’s part whole-wheat, and it’s made with natural yeast, with a “mother” dough that has to be refreshed three times a day. The resulting pizza, Bertoglia says as he thumps the dough, is more easily digestible than a pizza made with commercial yeasts. It’s a bit like a Neapolitan pizza—large, chewy, with a big border—but not quite as soft.

In SanPa’s bakery sector, residents make fresh bread every day for the Centre’s communal meals, typically made with locally grown food. “In Italy, lunch is when a family takes time to share a beautiful experience,” says Lucia Rughi, SanPa’s communications director. Rughi is married to one of the sons of SanPa’s founder, Vincenzo Muccioli. *Photo by Laura Fraser.*



On my way out of the restaurant, I pass a sumptuous deli and gift boutique that tells the story of a community that makes much more than pizza. Cheeses, cured meats, wine, pastries, olive oil, and other quality foods are all made at San Patrignano (SanPa), a campus covering 642 acres that includes farms and vineyards, and where some 1,500 residents and 300 staff currently reside. Another room in the boutique features high-quality leather goods and finely-spun shawls and scarves, all with the SanPa logo: a tree of life. SanPa is also renowned for breeding horses and dogs, fine woodworking, graphic arts, and other sophisticated crafts.

The income from the residents’ efforts covers about 60% of the community’s operating budget of €27 million euros (just over US\$30 million dollars). The rest is made up by donations to the private non-profit organization, some of which come from billionaire Italian patrons.

The Philosophy of ‘Bello’ (beautiful)

SanPa is unlike other Rehab Centres in the world for a variety of reasons. First is the length of stay, which is three and a half years. By contrast, the average stay in a Rehab Centre in the United States, according to the National Survey on Drug Use and Health, is 28 days. Second, unlike most rehab methods, SanPa doesn’t rely on therapists, substitute drug treatment, 12-step programs, or religion. Instead, it treats addiction less as a medical problem than a community problem, where an individual’s lack of self-esteem and destructive tendencies can be changed by becoming a members of a big family, Italian-style, participating in work and education for the common good. (For an intimate sense of this culture, see our documentary short, “The Philosophy of *Bello*, in our sidebar column.)



Chefs from all over Italy come to train the cooks at SP.accio, a restaurant entirely staffed by San Patrignano residents. After the residents conclude their three-and-a-half year program at SanPa, 90% of them land jobs. *Photo by Susan West.*

Third, the entire program is free to the residents and their families. While this is costly up front—US\$48,000 per resident year, including food, lodging, medical, and education and training costs—it saves taxpayers enormous sums over the long run. SanPa’s directors estimate that its

program saves the Italian government €23 million Euros each year (or about US\$27.5 million) in costs it would otherwise spend on incarceration or governmental rehabilitation.

And fourth, unlike other Rehab Centres that sell their wares, SanPa doesn’t produce crafty tchotchkes; it is dedicated instead to the production of high-quality goods that are sold to top Italian restaurants, fashion houses, and architects. According to SanPa’s philosophy of rehabilitation, fine craftsmanship is essential to building self-esteem, and that ensures not only the residents’ success but also the program’s sustainability. And each craft sector seems to develop this idea its own way.

HIPPIE COMMUNE, ITALIAN-STYLE

Every resident commits to the full three-and-a-half-year residency. During this time they aren’t paid for their work, but they learn a trade and may get a university education.

San Patrignano was founded 40 years ago Vincenzo Muccioli, by a hotelier who inherited a **200-hectare Estate** and wanted to do something about the drug addicts he saw in nearby Rimini. He began inviting addicts to his San Patrignano estate for Christmas, and then started bringing addicts home to live with his family. Eventually, he founded an informal alternative medicine free clinic at their weekend farm, and then began building the community.

Muccioli had no training as a psychologist or addiction specialist when he started the Centre; he was a messianic do-gooder with New Age interests. But he had a clear idea that the best way to treat drug addiction was to make addicts feel like they were part of a community that depended on them for its well-being. He and his wife invited addicts to live in San Patrignano on three conditions: They had to stop all drug use, they couldn’t ask for money from the government, and they had to choose among different income-producing activities to make SanPa a self-sustaining community. Instead of traditional therapy, **inmates talked while they worked**. Eventually, medical and psychological facilities were

added on campus for a few residents, but the model was based on a feeling of belonging and working that raised self-esteem.

The pizza at SP.accio is renowned for its chewy crust, made from wheat grown in Italy's Marche region. The pizza dough is leavened with a 10-year-old starter that must be tended every few hours to keep it fresh. Most of the toppings come from SanPa's own garden. *Photo by Susan West.*



Soon, addicts in sleeping bags began to camp in line outside San Patrignano for weeks, awaiting a coveted spot in what was then akin to a hippie commune, where everything, from the buildings and chairs to the cheese and wine, was made by the residents. In the 1980s, when few clinics would care for patients with HIV/AIDS, Muccioli opened a FOURTY (40) Bed Clinic for them at San Patrignano; several people with AIDS are still in residence.

Muccioli, who died in 1995, had powerful friends who funded his project: he'd been in a meditation group with Gian Marco and Letizia Moratti, billionaire oil industrialists who ranked among the wealthiest financiers in Italy, and who bankrolled San Patrignano from the start, encouraging other aristocratic (and often right-leaning) Italians to contribute to their foundation. Gian Marco died in 2018, but Letizia continues to help govern SanPa; she has also been mayor of Milan and the first female president of the RAI, Italy's public broadcasting company. This network of high-ranking political and business friends has helped give San Patrignano tax breaks and other financial benefits, forging collaborations with top Italian designers, chefs, architects, and fashion brands.



From the start, Muccioli made his own rules, and while he was beloved in the community, he was also attacked by some ex-residents and the media for being a dictator, and for his unconventional methods, which in the 1980s occasionally involved harsh punishments and violence (the rationale was that drug addiction inevitably caused death, and so they used whatever means necessary to save lives). In one scandal, Muccioli was accused of covering up the beating death of a resident, planting

heroin on the corpse and claiming the death was an overdose; he was convicted but did not serve time—again, because of powerful political allies.

The *pizzaioli* from SanPa are sought-after throughout Italy for their skills. Most of the SanPa residents go on to work for one of the many fashion, leather, food, and wine companies that have connections to SanPa, and who often send their experts to train the Centre's residents. *Photo by Susan West.*

Since Muccioli's death, San Patrignano has been reorganized into a more conventional non-profit structure with several boards of governance and oversight, and a network of community ties throughout Italy, and the scandals have ceased. SanPa now downplays its history, which is absent from its website, and instead focuses on the future, collaborating with several European groups to work on expanding its model of rehabilitation to other countries.

Today, San Patrignano, situated atop a hill above Rimini, looks more like a modern, well-endowed college campus than a commune. And while SanPa has a reputation for being a closed community, the family immediately opened its doors to a visiting journalist.



While other artisanal sectors such as leather-working employ both men and women, the studio for *tessitura* (or weaving) is for women only. This creates a safe place for female addicts who have a history of sexual or physical abuse, which is common among the residents. The women say the meditative, repetitive nature of the work calms the urges and anxieties that tend to beset an addict. *Photo by Laura Fraser.*

Antonio Tinelli, who until recently was the president of San Patrignano, and who entered the program as a cocaine-addicted financial trader (almost everyone who works at SanPa was once a resident there), says that over the years, the community has learned from its mistakes. *“There was a time when we had a lot to learn, and there were moments during the 80s when drugs were difficult to combat, and it looked like they were going to win,”* he says. *“After trial and error, San Patrignano has built a structure that helps drug addicts find solutions and survive in the midst of all the challenges and difficulties of their lives.”*

When he first arrived, Tinelli was sent to work with the Centre’s various animals; one of Muccioli’s beliefs was that working with animals, whether horses, dogs, or farm animals, could help addicts calm down and give them an opportunity to connect with, and be responsible for, another living being. *“They asked if I liked animals, and I said sure, thinking about cats and dogs,”* Tinelli recalled. One of the first jobs the slick financial trader was confronted with was midwifing a calf. *“There I was, covered in everything that comes out of a cow giving birth, holding a tiny calf in my hands, and I knew it was more than a metaphor. This, here, is a new life.”*

Tinelli explained that when new residents arrive, each is assigned a *“guardian angel,”* someone who is a year ahead of them in recovery, to act as a guide; they live, work, eat, and sleep alongside each other, providing constant peer support. The residents work in *“sectors”*—woodworking, textiles, graphic arts, baking, animal husbandry, wine, and many others—with people they eat and live with as a family. Every resident commits to the full three-and-a-half-year residency, during which time they learn a trade and may get a university education. They aren’t paid for their work while they are in the community, but the products they make help support their stay, which is free.

During the first year, the residents (they are called *ragazzi* inside the community, which loosely translates to *“guys”*) are allowed no contact with family except via hand-written letters. Men are housed separately from women, who are TWENTY PERCENT (20%) of the residents. **For the entire stay, the ragazzi have no access to cell phones or the Internet.** (*“The real detox,”* as one told me.) San Patrignano claims that, upon release, nearly NINETY PERCENT (90%) of its residents are employed through its network of trade and community partners, and that SEVENTY PERCENT (70%) stay sober in three-year follow-up surveys conducted by the University of Bologna—impressive

statistics in this field. While data on rehab success, including SanPa's, is hazy at best, the best Centres in the US claim only a THIRTY PERCENT (30%) rate of recovery.



All new SanPa residents have an *Angelo Custode*, or a guardian angel—a more experienced resident who never leaves their sides. When addicts feel lonely, angry, or upset, this gives them someone who can always talk things over with them. Here, the weavers are mounting a loom, which can take up to three days. *Photo courtesy of San Patrignano.*

REHAB: COMMUNAL COOKIE-MAKING VS. AN OIL CHANGE

To understand its success, I toured San Patrignano to talk with some of the residents. From the administrative offices, with its large graphic design lab, I walked along a muraled alley wafting with breezes of something good in the oven. When I ducked into the bakery and watched the ragazzi shaping loaves of bread and mixing up cookie dough, I immediately noticed a light-hearted atmosphere—the guys comfortably joking with each other as they kneaded vast quantities of dough.



Claudia Corazza came to SanPa in the 1980s as a resident, then stayed on as a designer and instructor, teaching women to create their own patterns. These fine shawls are destined for a Milan boutique. *Photo by Laura Fraser.*

In addition to all the bread for the community, and monthly birthday cakes for the residents, the bakery sector makes cookies, breads, and 35,000 buttery fruit-filled *panettone* at Christmas for commercial sale outside. When one of the guys, arms covered in tattoos, offered me samples, the quality was immediately apparent. The fig and walnut cookie was moist, chewy, and crispy at the same time. A corn and orange biscuit was both flavourful and delicate. No ordinary cookies, these.

Between bites, I chatted with Gregory Raimo, an Italian-American from New Jersey who had the tough-guy looks and voice of Robert De Niro in *Taxi Driver*. His arms and chest were covered in rough tattoos. ***“I’ve done a lot of damage,”*** he said, and indeed, I wouldn’t want to meet those piercing blue eyes on a street corner at night. ***“Jail, rehab, nothing helped. In the United States, you get eight days detox, then a month of rehab—it’s like an oil change. You go back outside and go right back to drugs and the life you were living before.”***

Desperate to find help for his drug problem, Raimo had to search beyond the U.S. He came to Italy when his Italian grandparents suggested San Patrignano as a final option. (While the program is technically open to foreigners, entry can be tricky for Americans to obtain. Among other things, it requires a three-year medical visa for a program that, by U.S. standards, is not accredited.) For Raimo, communal living was a big change. ***“Back home I minded my own business. Here, everybody knows if you have a problem,”*** he said. ***“It’s not easy, but if it was easy, it wouldn’t work.”*** I asked him if would be interested in going into baking when he leaves. ***“I’m not big on cookies, to tell you the***

truth,” he said, flashing a warm smile. ***“But I’ve learned a lot about organizing here. I’m good at organizing. I figure if I finish this, I can do anything.”***



SanPa textiles are commissioned by top fashion houses, including Chanel, Zegna, and others, as well as high-end home furnishing brands. *Photo courtesy of San Patrignano.*

A THREAD OF QUALITY FROM THE PAST TO THE PRESENT

Next door, I entered the ***“Design Lab,”*** a Textile Studio where I found FORTY (40) mostly young women at work. The room on the left was filled with sewing machines, and on the right, giant, old-fashioned wooden looms. Each had a spread of colourful yarn, and the women sat in twos operating the looms, passing the shuttle under the threads. There was a quiet, regular rhythm of work in the room.



San Patrignano is one of the few places in Europe that continues to make hand-painted wallpaper. The design managers work with architects and designers to create custom wallpaper, or *carta da parati*, often installing it in their clients’ homes. The wallpaper panels can cost thousands of dollars apiece. *Photo by Laura Fraser.*

Claudia Corazza, a woman in her fifties who was helping a colleague thread a large loom, arrived at San Patrignano when she was 18, an alcoholic and addict. ***“At that time, it was all mud and country living,”*** she said. The weaving sector is one of the oldest at SanPa, initially taught by a woman who was a master weaver. ***“She was a little nonina—a grandmother—who showed us the basics, and she was glad to pass along what was a dying tradition,”***

Corazza said.

From the start, SanPa invited older artisans to teach. Many had done their life’s cycle of work and wanted to transmit their skills to another generation. The workshops taught by the artisans—weavers, Michelin-starred chefs, cheesemakers, winemakers, designers—created a foundation for SanPa to preserve those artisanal traditions. ***“Our ragazzi learn to make something that isn’t slap-dash or just okay or good enough, but something with their hands, passions, and originality,”*** said Tinelli.

Slow, deliberate work like weaving, he said, can help replace the immediate cravings of drugs. ***“Gradually, they learn that satisfaction isn’t immediate, but longer, and more beautiful and profound. It comes from sacrifice and discipline, and the ragazzi have a sense of filling the emptiness inside, and of discovering a passion for life and quality.”***

Corazza, for example, took a course in weaving at SanPa, worked in the sector for years, and then stayed on to help others. Designers and others in the fashion world still visit. *“It’s a constant transmission of knowledge,”* she said.

Lisa Carrara, threading the loom with Claudia, has been at SanPa for over six years. *“My parents brought me here, against my will, but I kept going,”* she said. After her three-year rehabilitation, she stayed on as a teacher. *“Weaving helps you concentrate, and it gives you something to do. Sometimes you talk, and sometimes you take a moment to cry.”*



San Patrignano’s hand-painted wallpaper designs range from traditional to geometric and oriental-themed. *“We care about quality,”* says Diego. *“It’s a lost art, even in Italy, but we are carrying on.”* Photo by Laura Fraser.

“Also,” Corazza pointed out, *“you learn mathematics.”* Figuring out measurements and quantities of yarn for weaving takes a good deal of calculation.

The women tell me that working in the all-female weaving sector helps the young women, most of whom have been raped or have prostituted themselves in order to get money for drugs. Almost all of them have suffered some form of violence and abuse. In contrast, the weaving workshop radiates calm, offering a safe place for women to untangle their feelings and experiences.

With one touch, it was easy to tell that everything is made of the finest cashmere, silk, or linen. I couldn’t resist a baby blanket-soft cashmere shawl for US\$140; similar items destined for Chanel will retail for US\$1,200.

The weaving is still based on the techniques of the Nonina, but updated with new technology. There are nine looms in the weaving sector, ranging from 1.5 metres to 3 metres wide; each is equipped with 24 heddles—the wire cords that the thread passes through to create a weaving against the warp thread. Where older looms required a lot of pedals, which lifted shafts that determine a textile’s design, a computer now operates those shafts. The computerisation allows for more complicated designs, and fewer mistakes, but the actual weaving is still done by hand; each weaving, which is turned into a shawl, clothing, or a throw, takes two to three days to produce.

The weaving sector works on commission from fashion houses such as Chanel, Ferragamo, Brunello Cucinelli, and Zegna, as well as making San Patrignano-branded scarves and shawls that they sell to the public. At the workshop’s entrance, an armoire displays samples for sale. With one touch, it’s easy to tell that everything is made of the finest cashmere, silk, or linen. I couldn’t resist a baby blanket-soft cashmere shawl in cloud blue with a dark border for US\$140; similar items destined for Chanel will retail for US\$1,200.

“When you make something this beautiful,” Corazza said, holding a shawl to her cheek, **“you feel better about yourself because you created it.”**



Some of SanPa’s *carta da parati* is silk-screened after the paper has been cured, some is stenciled, and some painted by hand. *Photo courtesy of San Patrignano.*

PRANZO: LUNCH, THE GREAT PROVIDER OF QUALITY AND COMMUNITY

At precisely 12:30, the residents headed to an enormous dining hall, which can seat 1,200 people at long wooden tables, where the residents eat with others from their sectors. A wide arc of floor-to-ceiling windows shows off hundreds of acres of vineyards outside. Before eating, everyone in the room stands for a moment of silence. **“It’s a moment to offer thanks, or to reflect,”** said Tinelli. **“It is not religious, but it can be.”** Many of the residents crossed themselves, then everyone sat.

White-coated waiters listed the lunch choices, served in the Italian style—a pasta *primi*, followed by a main dish. Everyone takes turns working as a waiter and serving others, rotating during the month. Like everything else at San Patrignano, most of the food was grown and processed on the premises. In this large, industrial dining room, I was stunned to find my plate of pasta was steaming and perfectly *al dente*, with creamy home-made ricotta cheese and sun-dried tomatoes.

“We’re preserving and transmitting Italian culture, in which the idea of eating with a family is very important,” said Tinelli. Until recently, in accordance with Italian tradition, everyone was allowed one glass of San Patrignano wine at lunch and dinner, but because many are alcoholic and had problems with the wine, now they drink water. After lunch, also in keeping with Italian rhythms, everyone takes time to nap or relax before getting back to work later in the afternoon.



In SanPa’s leather workshop, residents create fine purses, wallets, and other goods that are either commissioned by Italian fashion brands or sold, like these, under the San Patrignano brand, and its logo: the tree of life. *Photo courtesy of San Patrignano.*

WORK: THE GREAT EQUALISER

That afternoon, I visited the leather sector, where residents stitch San Patrignano-branded handbags, and produce others for Italian fashion houses, including the high-end leather company Tod’s, whose owners and designers have come to SANPA to offer workshops. Each person was at a station, sewing zippers, cutting leather, or hand-stitching. Unlike at a commercial leather workshop I visited in the United States, the atmosphere was cheerful and talkative. Interestingly, this is one of the few sectors where men and women work together.

Why don't we see SanPa's model across the U.S.? "We're living in a world where everyone wants things cured in five minutes, shoot everybody up with drugs so we don't have to worry about whether we can change their lives," says Mimi Silbert, the founder and long-time president of Delancey Street. "People are terrified to do long, hard things."

I was struck by how diverse this group was—in age as well as life circumstances. When I asked Tinelli how someone like him—bright, educated, making piles of money as a financial trader—was able to bond with homeless heroin addicts and people with misspelled prison tattoos, he said it wasn't easy at first. ***"San Patrignano taught me one of the most important things I lacked: humility."***

Marco Castelli, a 43-year-old Italian with a scruffy beard who was painting the edges of some pebbled calf leather that would become a luxury handbag, learned that lesson the hard way. Castelli is an engineer by training, and he used to work at the Italian fashion house Gucci, living a fast lifestyle fuelled by copious amounts of cocaine. In a story familiar to most addicts and their friends, the more Castelli used, the more of his stylish friends dropped away; soon he was left isolated, working long hours to support his habit. At a certain point, his income couldn't cover his drugs, and he found himself begging for money from his friends and parents. One by one, they turned away from him. Eventually he lost his job, his home, his friends, and his savings in pursuit of the next line of coke.

"After 23 years of abusing drugs, I decided I needed a change," said Castelli, who has spent over two years at SanPa. ***"I had two separate roads in front of me, and only one of them was life."*** Now he spends his time teaching his Gucci design sense and standards to fellow addicts in the leather workshop.



San Patrignano spends more per year on training for its residents (€15,000 euros, or US\$17,000) than on their room, board, and medical care (about €11,000 euros). *Photo courtesy of San Patrignano.*

At one work table in the leather sector, women were stitching together stuffed animals made with real fur for the luxury market. One woman in her 50s, Roberta (who preferred not to use her last name), had a face etched with the lines of a hard life. A former accountant, she became a heroin addict. After revolving in and out of TWO (2) Rehab Centres, she was clean from heroin but separated from her husband and had turned to alcohol. ***"San Patrignano was like the last beach,"*** she said. It took a big commitment to stay in; she recently missed her daughter's wedding. But she said she is content, and somewhat amazed at her luck. ***"I could never have imagined this place. We get good food, a place to stay, and friends. Demonstrating a fur rabbit with evident pride,"*** she said, ***"This place is beautiful, and we make these beautiful things."***

A couple of tables over from Roberta, Kyra (who also did not want to use her last name), a woman in her early 20s who has spent two years here, was stitching wallets. An American from a celebrity family, she has dark hair, wide green eyes, and prep school elocution. ***"My aunt's friend was a friend of the founder, and she asked if I could enter,"*** she said.

Antonio Tinelli was a financial advisor until 2001, when he entered SanPa as a cocaine addict. He worked in animal husbandry, then in communications; until September, 2018, he served as President of the San Patrignano community. *Photo by Laura Fraser.*



Kyra started taking pills on weekends as a child for fun, and the habit escalated, especially since her parents were rarely present. She'd been a debutante and interned at a famous fashion house; her Instagram feed prior to San Patrignano reveals someone who was a rich, partying, hot mess. ***"I had no morals when I arrived here,"*** she said. ***"I didn't know what a relationship was. I had to learn to listen to people. San Patrignano has transformed me."***

Despite her upbringing, with housekeepers and nannies, Kyra doesn't see the labour of stitching wallets as drudgery. ***"I'm passionate about fashion, and studied it, but I never thought I could use my hands to create something,"*** she said. ***"Instead of going into fashion as a business, now I want to go into design. I've been able to learn about leather, which is complex."*** Kyra has also taken courses in the textile sector, adding to her education

in the hands-on side of fashion, which she took for granted before. ***"I came from a very fast-paced lifestyle, and this work, learning a skill, and these people have saved my life."***

A RARE CRAFT, REVIVED

The most unusual craft workshop in San Patrignano's design lab produces hand-painted wallpaper, or *carta da paretì*. When I visited, two ragazzi spread a thin, gluey mixture on long rolls of paper, which then went into a kiln to be cured. When the paper came out, it was painted with one or more of three methods: stencils, silk-screen, or hand-painting with brushes. One of the guys in the workshop, a 36-year-old named Diego, paged through a sample book of wallpaper with geometric patterns, faux parquets, and marble inlay, damask, *chinoiserie*, and floral motifs that looked like they'd adorn the walls of palaces and Italian villas: in fact, they do, along with decorating yachts, luxury hotels, restaurants, and boutiques.



At SanPa meals, residents take turns being servers. Following the Italian custom, each meal has a *primi* (a pasta or soup course), followed by a *secondi* (the main dish). ***"It's considered disrespectful to the cooks and to the community not to eat everything on your plate,"*** says Lucia Rughì, SanPa's communications director. Not surprisingly, this sin is rarely committed. *Photo courtesy of San Patrignano.*

Jonathan Tomasello, 30, used to sell drugs and spent some time in jail. ***"When my family didn't want me in the house, I thought I'd better think about something else."*** He's been in San Patrignano for

two and half years. *“Outside, no one tells you anything when you’re wrong, no one cares,”* he says. *“Here you have to follow someone, and then you have to lead them and take the attention from yourself to someone else’s well-being.”* Tomasello is thinking about opening a bakery when he leaves. *Photo by Laura Fraser.*

Hand-painted wallpaper—a single panel starts at thousands of dollars and may take 100 hours to paint—is a rare craft these days. Imported to Europe from China in the 18th century, the art form became popular among Italy’s aristocracy. The late Renzo Mongiardino, one of the country’s best-known designers of commercial and residential interiors as well as film sets, was a master of using hand-painted wallpaper to create illusion—Moroccan tilework, drapery, frescoes, floral motifs. He designed homes for the uber-wealthy, as well as for directors including Franco Zeffirelli. Early in SanPa’s history, he also brought his teaching skills to the community.



The difficulty with this wallpaper, since its colours are mixed and painted by hand, is achieving consistency over an entire wall. *“You have to throw out a lot of pieces,”* said Diego. *“It may take a year to do one large job. You need patience.”* Diego says he loves working with wallpaper, but once he’s out of San Patrignano, he isn’t sure he’ll find work in the field. *“Hand-painted wallpaper is a very restricted art,”* he said. *“But I’ll find something using these painting and design skills. It’s become a passion.”*

CAN SANPA WORK ANYWHERE ELSE?

San Patrignano has now spread to THREE (3) Satellite Centres, one (1) in London and TWO (2) in Italy, and it participates in world conferences on rehabilitation, partnering with other like-minded programs in Europe. Given that more than 72,000 people died of drug-related deaths in the U.S. last year, and more than

8,000 in Europe, many people have studied SanPa to determine if the model could work elsewhere. But it’s not easy to replicate.

The closest relative to SanPa in the United States is Delancey Street, a San Francisco-based rehabilitation program for violent criminals and drug abusers that has a similar approach. Mimi Silbert, founder and long-time president of Delancey Street and a criminal justice expert, praised the Italian program, which she called a *“sister organisation.”* Like SanPa, Delancey Street rejects traditional therapeutic approaches in favour of making the addict feel like an important participant in a community, and accountable to its members.

At Delancey Street, which has expanded from its San Francisco home to SIX (6) other Treatment Centres around the country, residents run a restaurant, a moving company, and make some furniture and crafts. **The cost of a Delancey Street residency, which typically runs for about FOUR (4) Years, is approximately US\$30,000 a year—close to the US\$48,000 cost of a San Patrignano residency.** However, like SanPa’s directors, Silbert argues that this expense ultimately saves on public costs for repeat incarcerations, to say nothing of superficial prison rehabilitation programs that usually fail, imposing further costs on society. But Delancey Street’s model is not widely replicated, either.

“The reason they don’t end up replicating us is primarily because of money,” says Silbert. *“In Italy, they have a great donor. We don’t, so we have a great struggle—but a willingness to struggle.”* She

says most treatment programs fail because they are short-term, partly for reasons of money and insurance, and don't provide residents with the sense of support and family they need.

“Instead of taking people who have messed up their lives and treating them as these poor people who need our help, we search for their strengths and develop them,” said Silbert. *“Making crafts develops those strengths, lets them be creative, gives them something to be passionate about, and teaches them to rely on each other in order to work together. In the process they discover their own self-reliance,”* she said. But few programs have the resources or patience to try such an approach.



And at one of Italy's prisons: Rehabilitation through wine-making. Why not?

“Right now, we're living in a world where everyone wants things cured in FIVE (5) minutes, shoot everybody up with drugs so we don't have to worry about whether we can change their lives,” she said. *“We're living in a time when people are terrified to do long, hard things. Change takes a long time, but it's worth it.”*

Another factor that makes SanPa difficult to replicate is its very Italian-ness; it grew in a country where the history and value of craft is woven into the fabric of society. One Australian team visiting SanPa concluded, *“San Patrignano is un-replicable in its entirety, due to its history, its scale, its location, and the Italian culture in which it is situated.”*

Lucia Rughi, SanPa's communications director, is married to one of founder Muccioli's sons, Giacomo, who has become a veterinarian. *“Our philosophy,”* she says, *“is the education of bello.”* Within that philosophy, the process of understanding and working toward beauty is the only means to combat the ugliest expression of self-loathing: addiction.

ADOLESCENT'S COMMUNITY and SAFE HOUSE:

Late adolescent girls and boys (16 onwards) are welcomed into an environment to transition themselves out from a difficult childhood into society with self-esteem and competence.

WOMEN and MEN OF BUSINESS ACADEMY (MOB) – Building and Empowering

MOB personally develops young men along the journey to manhood through role modelling and mentoring. For the last ten years the MOB Academy has been developing leadership and mentoring programs to create bright futures for our young men (this is 2021).

Together with education they are fusing life skills, mentoring and the community to create well rounded, employable and inspired men. The founding primary roles of the MOB Academy are community, leadership, ownership and well-being, all of which are deeply integrated into the program to build better men.

The Men of Business Academy is a senior secondary school that focuses on empowering young men with the skills, knowledge and confidence to be happy, healthy and successful in life after school.

The MOB Academy caters for boys in Years 11 and 12 who are looking for alternative learning from mainstream schooling. They promote workforce and career focused education in addition to a formalised health and well-being program. They emphasis the development of the key life skills of literacy, numeracy, health, resilience, commitment and respect. Importantly, students receive extensive specialised and individualised support to address any barriers to learning and personal development that may hinder their success.

A key strength of the MOB Academy is the existing deep engagement with the community mentors and the business community who have inspired the vision for the school. This large group of members and supporters have consistently provided mentorship to young people in MOB programs together with conducting events and raising significant funds to enable this opportunity. The deliberate integration of the young men with their community is witnessed through work placement opportunities and volunteering at local events providing a complete experience for the young men and their families.

They have designed the program to target individual student needs and interests whilst building student resilience and confidence through a wide range of education programs. This includes optimising the training facilities both on-campus and the neighbouring TAFE College (technical and further education). They aim to further develop existing community partnerships to provide the students with extensive extra-curricular activities such as playing fields, yoga, swimming, gym and the arts.

LADIES OF BUSINESS ACADEMY (LOB) – Building Better Ladies

A sister program is now to be established.
(Many educational programs fit into a free education system.)

FOSTER CARE:

Foster and Kinship Care



Children from 0 age through to 18 years who become separated from their family are predominantly placed in family homes of couples, typically married, who have been vetted, trained and supported to assist the child in crisis.

Foster care parents typically assist one or two children at a time. Sibling groupings of up to four children may be placed with the one foster care parents. A child may be with the one foster parents for 6 months, maybe 2 or 3 years most often, sometimes 4 years and very rarely the full 16 years of this style of assistance.

Further, foster caring is also provided as respite in appropriate circumstance.

There are specialty groups, such as children with disabilities, asylum seekers and those with mental illness issues. Specialist foster carers provide intensive one to one support within a family environment for some of our most vulnerable young people aged 11 plus. The Children and young people that require specialist fostering will have complex needs and have experienced traumatic events. Specialist medical care is provided additional as appropriate.

Due to changing environmental and economic conditions, the need for foster care homes has escalated (2021). Life Without Barriers at Robina in the centre of the Gold Coast, Queensland, Australia, is receiving between 20 to 30 requests for placements every business day. That is a staggering 6,250 per annum.

Professional support carers remuneration is low, stretching their numbers due to alternative employment options being taken by skilled and experienced people.

Youth workers assist foster parents as they typically are both employed full time. Youth workers are often transporters for taking the child in care to school, assisting during school holidays with supervision, enabling contact journeys, and as required. Foster parents are provided with ongoing training and youth workers assist in enabling attendance at training. Thus youth workers assist the foster parents at times of the child's illness, training and other times when their work and the child's support needs their assistance.

There are transitional programs for foster children aged 16 – 18 as they move from parent's dependence to being self-supporting and entered employment. This also includes finding long term independent housing.

Residential care (resi-care) homes may accommodate between 4 to 6 children who are not under 12 years of age. These facilities are not very successful and there are very few of them. There may only be 2 independent homes on the Gold Coast.

Placing children into foster care homes is the preferred pathway, and when that results in the child reintegrating back into their natural parents home and family then that is the gold standard.

Rangi from Life Without Barriers is part of an Australian wide organisation assisting children.

Foster care, support programs for young people should extend until age of 21 – not end on their 18th birthday. (Even age 28!)

<https://thehomestretch.org.au/news/foster-care-support-programs-young-people-extend-age-21-anglicare-says/>
By Hamish Fitzsimmons

Children in foster care are among the most vulnerable and sometimes traumatised young people in the community, but there is no statutory obligation for them to remain in care **once they turn 18**.

About 9,000 young people are discharged from care each year across Australia.

A recent report from Swinburne University (Melbourne, Victoria) claimed 50% of those who left state care at 18 years old would be homeless, in prison, unemployed or a new parent within 12 months of leaving care.

Anglicare Victoria chief Paul McDonald said regardless of the developmental level of a foster child, as soon as they turned 18 they were removed from the system.

“Foster carers are worried,” he said. “The state should be viewing this ... role as a parent like any other normal parent, [that] is to continue to see these children through into successful adulthood and thus this arrangement should continue right through until they are 21.”

The move would replicate the United Kingdom model where care remains in place until the age of 21. An assessment of the UK program found people who remained in care were more likely to stay in education and out of the legal system, costing the state less in the long term.

In Australia, while foster children often stay with their foster families beyond 18, government funding stops when they become adults.

Anglicare said the Staying Put program in the UK enabled young people to remain in education and find stable employment and housing, saving billions in the long term if former wards of the state stayed off welfare and out of the legal system.

“There is insurmountable evidence that cutting young people off from foster care at 18 (when a foster cared child turns 18 years of age) is a major contributor to youth homelessness, poor education outcomes and unemployment,” McDonald said.

Many foster cared children are in their final year of school and they are being asked to leave their foster care home because their 18th birthday has ended government support for their stay with the foster care family!

What is child abuse and neglect?

<https://www.actforkids.com.au/>

When people think of child abuse they often think of severe beatings or sexual abuse, however emotional abuse (54%) and neglect (21%) are more common and the impacts are just as damaging to a child. Each Australian state and territory has different definitions, and not all child abuse is a crime.

Types of abuse

It can be a single incident or a number of incidents that occur over time. It doesn't matter how much a child has been harmed, but whether they have been harmed, are being harmed, or are at risk of physical, psychological, or emotional harm.



My SOUL manifests TWO PERSONALITIES!

When we heal ourselves of our childhood suppression and repression, we THEN may become able to recognise who our soulmate is. While we remain living through our minds and not living feelings first and expressing our feelings as they arise, both good and bad, we remain bound in our rebellious nature that humanity has been in these past 200,000 years, rebelling against our soul and consequently our soulmate / soul partner.

Many will be astounded at how abusive and unloving they may have been to their soulmate / soul partner who is to be their companion for all of eternity, for their journey together to our Heavenly Parents.

The injuries and errors that we are infused with during our early childhood forming years are the foundations of our social ills and physical illness that arise throughout our adult life.

We now know that through Living Feelings First which is engaging with our Feeling Healing that all these issues may be put aside. No other pathway or process can achieve this.



How is it for you if you are Truly Honest with Yourself?



- ♥ You truly love your children, devoting yourself to them, wanting nothing more than for them to grow up and be as they want to be?

- ♥ You believe you truly love your children, believing you are devoted to them, wanting them to be as you want them to be?



- ♥ You love your child more than you love your pet?

- ♥ You love your pet as much as your child, treating it as if it is another child?

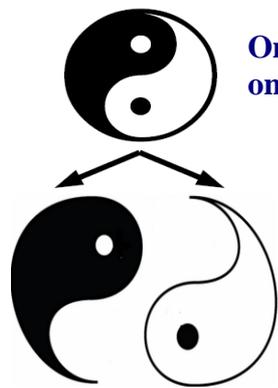


- ♥ You love your pet more than your child?

By living true to ourselves, true to our feelings, we are living true to God. It's that simple.

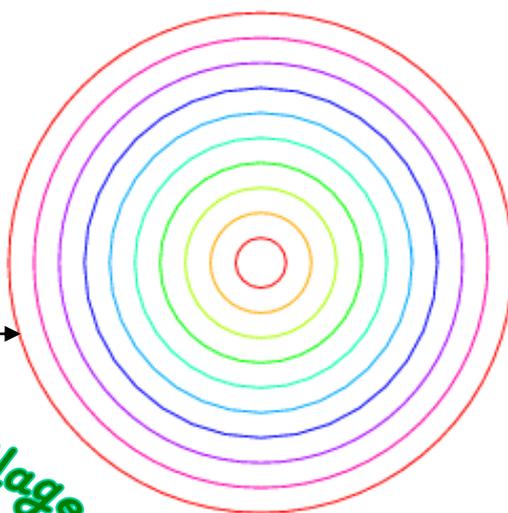
Passion or desire for God to give us Love.

Initially our soul is finite with infinite potential, God has created this ability for the soul to grow, this growth begins with the operation of Feeling Healing with Divine Love on the soul, so we can first heal ourselves of our rebellious ways. Without Feeling Healing and God's Love, the soul cannot grow beyond the 6th Mansion World, it cannot get better than that without having healed through Feeling Healing and God's Divine Love. God designed our soul to receive God's Love to grow beyond the Mansion Worlds and go on to Paradise, the home of our Heavenly Mother and Father – God.



One soul, two personalities,
one male and one female.

God's love will expand
and expand your soul
more and more as you
grow with Their love.



New Way Paradise Village



WE ARE NEVER MEANT TO BE ALONE! SOUL PARTNERS become SOUL-GROUPS!

Our soul individualises into two personalities, as a male and female, always. The two soul halves are soul partners. When the two personalities complete their Feeling Healing of their childhood suppression and injuries, then the two personalities will find each other, either whilst in the physical or in the Celestial Heaven spirit worlds.



The personality that each soul half is blessed with by our Heavenly Parents is the personality that we are to express throughout our journey for eternity. It is the suppression of the free expression imposed upon us by our parents that requires for each of us to under go our Feeling Healing. Whilst we are suppressing our true selves we do not connect with our soulmate.



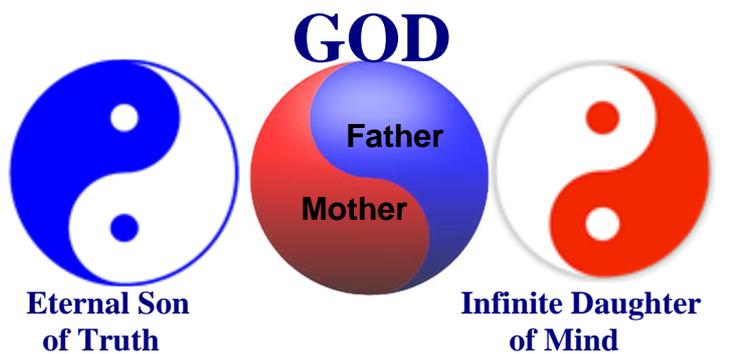
Soul partners form into soul-groups. Once in the Celestial soul condition, soul-groups form consisting always of twelve (12) soul pairs. A soul-group consists of twelve sets of soulmates, twenty four (24) individuals. When we progress beyond the Celestial Heavens, towards Paradise, the home of our Heavenly Parents, we do so as a soul-group of 24 personalities. We can achieve Celestial soul condition here on Earth and also form our soul-group here on Earth.



Now add to this scenario, soul-mates and soul-groups. All those who were Celestial would have met their soulmate / partner and it would be the priority for them as soul-mates to be perfectly living true before they considered having children. And then these soul-pairs would link up with other soul-pairs and form soul-groups. It would be just a natural part of one's inner feelings and events in one's life that would lead one to do this. Then the whole soul-group would become a functioning *family* unit. Each of the couples would have their children, but the whole group would function in helping to share in the upbringing of all children. And this would then enable the children to be intimately involved with other people who would offer them the things that their parents could not.

Humanity is not meant to live and raise children just two parents struggling along trying to cope best they can. We are designed to be in small groups so that we can compound the love and support for and of each other.

CREATION of SOUL and SPIRIT:



God is *The Paradise Trinity* — the eternal Deity union of the Personalities: the Universal Mother and Father; the Eternal Son of Truth; and the Infinite Daughter Spirit of Mind.

The soul of each human personality (sons and daughters of truth) is existential, driving our personality expression in the experiential. The soul of each human finds truth by embracing one's feelings and longing for the truth of them. We are to attain the Eternal Son of Truth. We are a creation of Truth.



The soul of angels is experiential, evolving through their experience by continually progressing in mind development. Angels are to attain the Infinite Daughter (Spirit) of Mind. Angels are a creation of Mind. Our soul is duplex (we have a soul partner) and is created by our Heavenly Parents. Through our Feeling Healing we perfect ourselves, enabling the union with our soul partner, as we progress in truth up through the Mansion Worlds, Celestial Heavens and all the way to Paradise.

Feeling Pathway

Mind Pathway



Soulmate Pair

Angel



The soul of angels is also duplex, yet of the mind, and they progress in mind evolution to Paradise. Animals, plants and nature spirits are also creations of Mind.

Neither we nor animals reincarnate. We never die; upon death, we move into the spirit Mansion Worlds on our journey to Paradise. When animals and plants die, be they the tiny microbe to the mighty elephants of the land and the whales of the ocean, their spirit energy returns to the Spirit Collective Energy. And from this energy are drawn other animals and the nature spirits, who then in turn move onto becoming angels through increasing mind experience.

Spirit Person

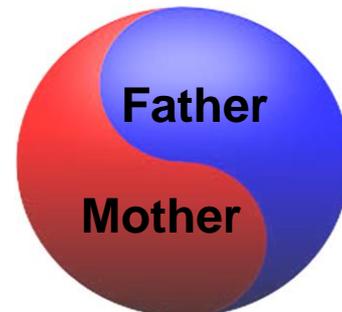
Nature Spirit



A nature spirit is an angel in waiting.

MUM & DAD THIS WAY

GOD



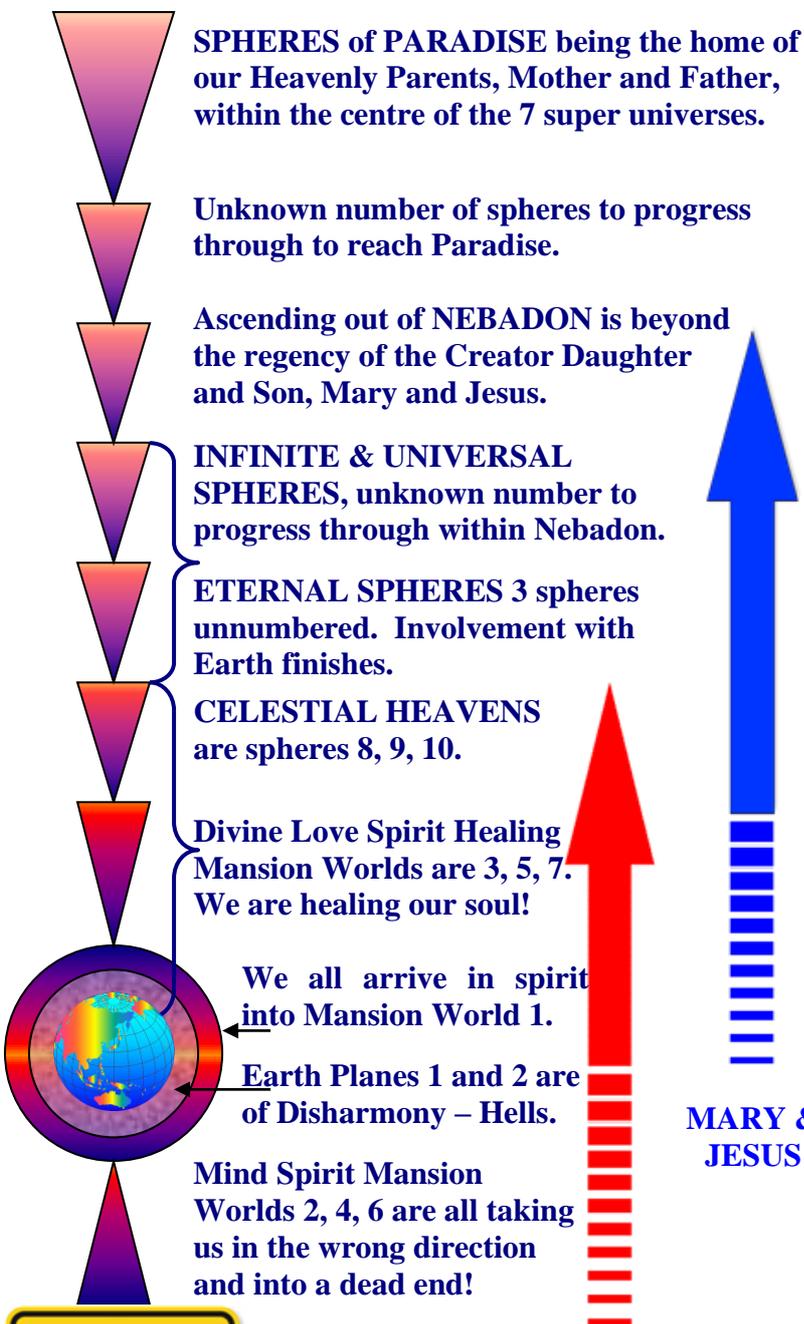
HEAVENLY PARENTS



JESUS & MARY



AVONALS



I'D TURN BACK IF I WERE YOU!



AVONAL PAIR



MARY & JESUS



GOD

Throughout the Avonal Age of 1,000 years, their Spirits of Truth will assist us in embracing and engaging with our Feeling Healing and with Divine Love our Soul Healing. They will assist us to develop our soul well into Celestial Heaven status should we persevere with such a goal. The extent to which the Avonal Pair develop themselves while here in the physical on Earth is the level that their Spirits of Truth will be able to assist us. Then it will be Mary and Jesus' Spirits of Truth that will assist us up and out of Nebadon, where our Heavenly Parents will then assist us onto Paradise, Their home.

Albert Einstien and God – our true Mum and Dad!

Did you know that when Einstein gave lectures at the numerous US universities he was invited to, the recurring question that students asked him was:

Do you believe in God?

And he always answered: I believe in the God of Spinoza. The ones who hadn't read Spinoza didn't understand...

I hope this gem of history, serves you as much as it does me: Baruch de Spinoza was a Dutch philosopher considered one of the three great rationalists of 17th-century philosophy, along with Rene Descartes in France, and Gottfried Leibniz in Germany.

Here's some of his wisdom with a little now added by John the Typist:

God, who is both Mother and Father, one soul manifesting two personalities, would have said:

Stop praying and punching yourself in the chest! What we want you to do is go out into the world and enjoy your life. we want you to enjoy, sing, have fun and enjoy everything we have made for you.

Stop going to those dark, cold temples that you built yourself and say they are our house! We are your Heavenly Mother and Father. Our house is in the mountains, in the woods, rivers, lakes, beaches. That's where we live and there we express our love for you – as we do everywhere.

Stop blaming us for your miserable life; we never told you there was anything wrong with you or that you were a sinner, or that your sexuality was a bad thing! Sex is a gift we have given you and with which you can express your love, your ecstasy, your joy. So don't blame us for everything they made you believe.

Stop reading alleged sacred scriptures that have nothing to do with us. If you can't read us in a sunrise, in a landscape, in the look of your friends, in your daughter and son's eyes... you will find us in no book! Trust us and stop asking us. Would you tell us how to do our job?

Follow your feelings – you are fully self-contained – all that is to be known is within. Your soul is your truth. We are with you at all times through you Indwelling Spirit. Your Indwelling Spirit is Us!

Stop being so scared of us. We do not judge you or criticise you, nor get angry, or seek to punish you. We are pure love.

Stop asking for forgiveness, there's nothing to forgive. If we made you... we filled you with passions, limitations, pleasures, feelings, needs, inconsistencies... free will. How can we blame you if you respond to something we put in you? How can we punish you for being the way you are, if we are the ones who made you? Do you think we could create a place to burn all our children who behave badly for the rest of eternity? What kind of God would do that?

Forget any kind of commandments, any kind of laws; those are wiles to manipulate you, to control you, which only create guilt in you.

Respect your peers and don't do what you don't want for yourself. All we ask is that you pay attention in your life, that your consciousness is your guide. Your feelings, express your feelings to your

companions, long to know the truth that your feelings draw your attention. Your feelings are your guide.

Our beloved, this life is not a test, not a step, not a rehearsal, nor a prelude to Paradise. This life is the only thing that exists here and now, and it is all you need. It is what your soul wants you to experience.

We have set you absolutely free, no prizes or punishments, no sins or virtues... no one carries a marker, no one keeps a record. That is what only you do within yourself!

You are absolutely free to create in your life heaven or hell. What ever it is, it is what you are to experience, to express and to learn from. Your life experience is in preparation for what you are to do, to further experience and to further learn and grow through.

We could tell you if there's anything after this life, but we won't... but we can give you a tip. Live as if there is nothing after... as if this is your only chance to enjoy, to love, to exist. However, we will tell you that you will be more alive than ever – after you die!

So, if there's nothing, then you will have enjoyed the opportunity we gave you. And if there is, which there is, rest assured that we won't ask if you behaved right or wrong, We'll ask. Did you like it? Did you have fun? What did you enjoy the most? What did you learn?...

Many, if not all, go on to reflect and conclude that they are satisfied with their life they had while on Earth!

Stop believing in me / us; believing is assuming, guessing, imagining. We don't want you to believe in me / us... We want you to feel me in you when you kiss your beloved, when you tuck in your little girl or boy, when you caress your dog, when you bathe in the sea.

Stop praising me / us, what kind of egomaniac God do you think we are?

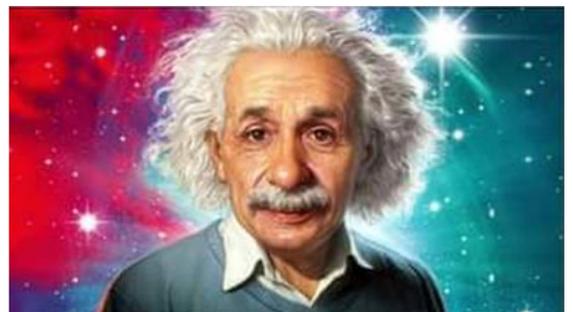
We are bored being praised; we are tired of being thanked. Feeling grateful? Prove it by taking care of yourself, your health, your relationships, the world. Express your joy!... that's the way to praise us.

Stop complicating things and repeating as a parakeet what you've been taught about me / us. That is not talking to us – talk to us as you would to your Earthly mother and father!

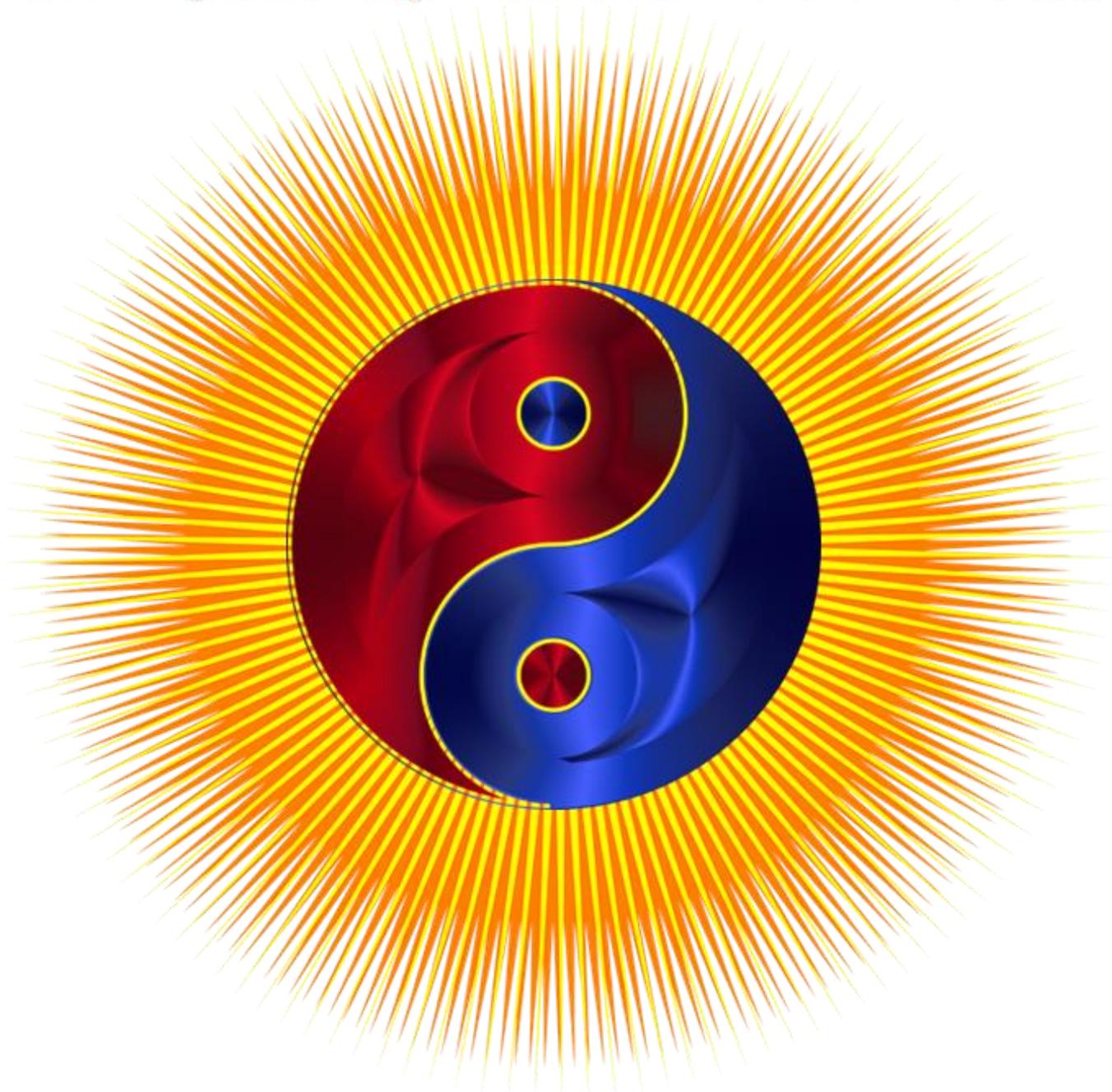
The only thing for sure is that you are here, that you are alive, and that this world is full of wonders.

What do you need more miracles for? Why so many explanations?

Look for us outside... you won't find us. Find us inside... there we are beating within you.



Our Heavenly Mother and Father



FOOD INSECURITY within Australia and elsewhere:

Despite our reputation as the “lucky country”, the issue of hunger exists in **Australia** but is largely unnoticed. The reality is that 3.6 million **Australians** (15%) have experienced **food** insecurity at least once in the **last** 12 months. Three in five of these individuals experience **food** insecurity at least once a month.

For the general population, these estimates range from 4% to 13%. The most recent estimation of the prevalence of 'moderate' and 'severe' **food insecurity** in **Australia** using the **Food Insecurity Experience Scale** was 13.4% in 2016-18 (Food and Agriculture Organisation of the United Nations, 2016).

The reasons why people experience **food insecurity** include: a lack of resources (including financial resources and other resources such as transport); lack of access to nutritious **food** at affordable prices, lack of access to **food** due to geographical isolation; and lack of motivation or knowledge about a nutritious diet.

1 in 5 Children go hungry in Australia.

As **many** as one in five **children in Australia** start the **school** day **without eating breakfast**. About 15% arrive at **school without** lunch, or the money to buy it at the canteen.

Food: Your average meal in **Australia** will run you about AU\$20 (US\$15). A good meal at a nice restaurant will run you about AU\$45 (US\$35). Even McDonald's is **expensive**—a value meal is about AU\$12 (US\$9).

Food insecurity rates are highest for single mother households and households with incomes below poverty line. In 2019, 34.9 percent of households with incomes below the Federal poverty line were **food insecure**. **Food-insecure** households include those with low **food** security and very low **food** security.

In normal times, Foodbank (Australia) provides essential food and grocery relief to 815,000 Australians experiencing food insecurity every month. But these are not normal times (late 2020) and the charities that have been able to remain open during COVID-19 report that demand for food relief has been up 47% on average since the coronavirus pandemic was declared.

The only country in Europe that's **self-sufficient** is France. Other countries in the exclusive club of **self sufficiency**: Canada, **Australia**, Russia, India, Argentina, Burma, Thailand, the U.S. and a few small others.

In the whole of **Africa**, 250 million people were experiencing hunger, which is nearly 20% of the population. Conditions are deteriorating across six countries in East **Africa**, where 7 million people are at risk of **starvation** and another 33.8 million face acute food insecurity.

Does America have a food shortage?

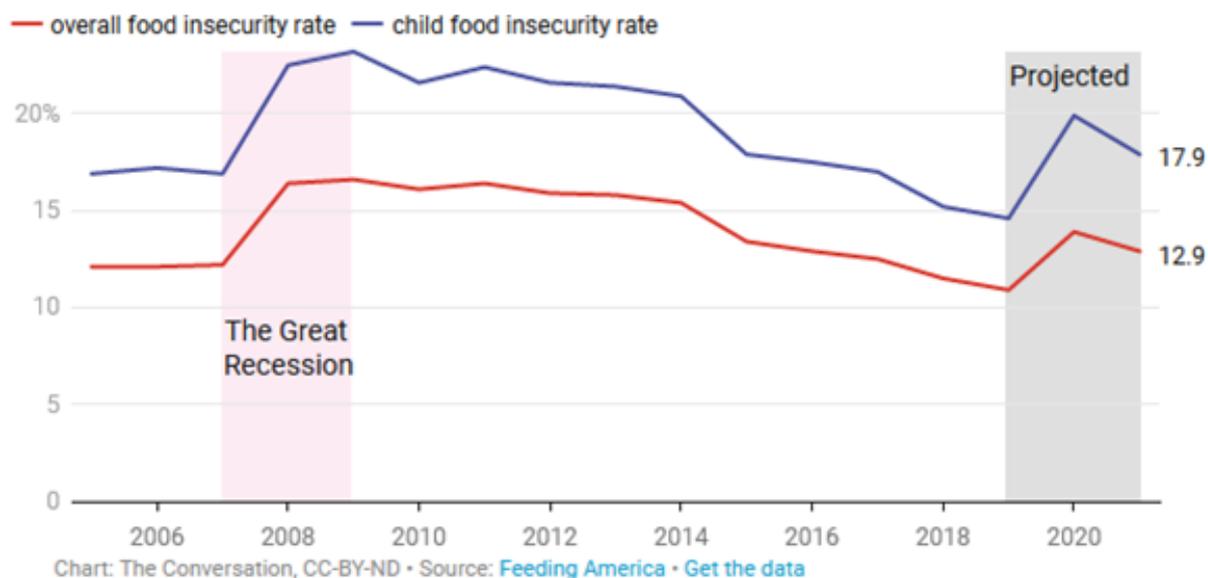
The COVID-19 pandemic has imposed hardship on millions of vulnerable Americans through unemployment and reduced work hours. And this has increased food insecurity across the nation.

Our latest projection shows that the overall food insecurity rates rose sharply, from 10.9% in 2019 to 13.9% in 2020. In terms of people, that means a rise from 35.2 million food insecure Americans in 2019 to 45 million in 2020.

An addition 4.3 million children became food insecure over the same period, rising to 15 million in total. That represents an increase in the food insecurity rate for children from 14.6% to 19.9%, or a change from 1 in 7 kids to 1 in 5.

US food insecurity trends and projections

After the Great Recession, it took several years for food insecurity rates to drop significantly. Projections suggest a steeper drop after the coronavirus recession.



The number one cause of hunger around the world is clear.

- The #1 driver of hunger on the planet is man-made conflict. ...
- By the Numbers, and the **Countries**.
- The Democratic Republic of Congo. ...
- Yemen. ...
- South Sudan. ...
- Syria.
- Nigeria. ...
- The Sahel.

Solutions to Food Insecurity

1. Reduce **Food Waste**. ...
2. Reduce the Risk of Commercialising. ...
3. Improve Existing Infrastructural Programs. ...
4. Improve Trade Policies. ...
5. Promote Diversification. ...
6. Close the Yield Gap. ...
7. Work Towards mitigating the effects of Climate Change.



Foodbank is now the largest hunger relief organisation in Australia – servicing over 2,400 charities in every state and territory to enable them to provide food to 815,000 people a month.

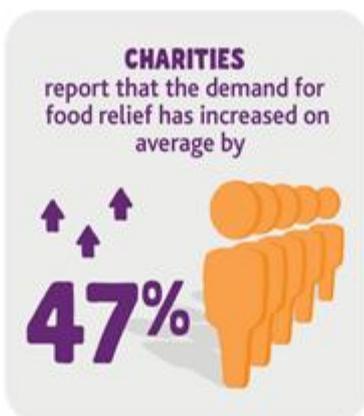
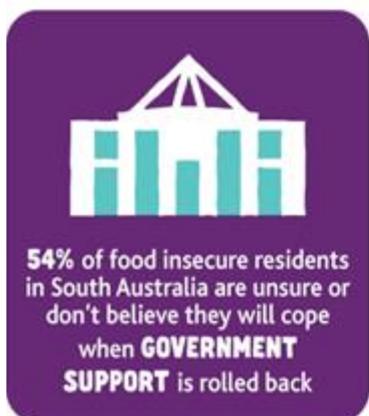
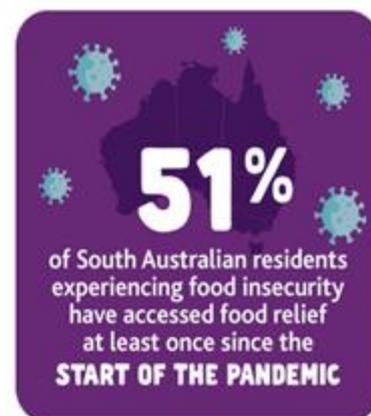
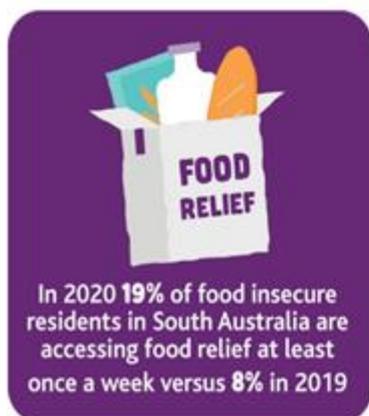
Foodbank NSW & ACT is now helping to feed more than 370,000 people every month.

Foodbank Queensland is now helping to feed almost 250,000 people every month.

Foodbank Victoria is now helping to feed more than 140,000 people every month.

Foodbank SA is now helping to feed more than 100,000 people every month.

Hunger in South Australia



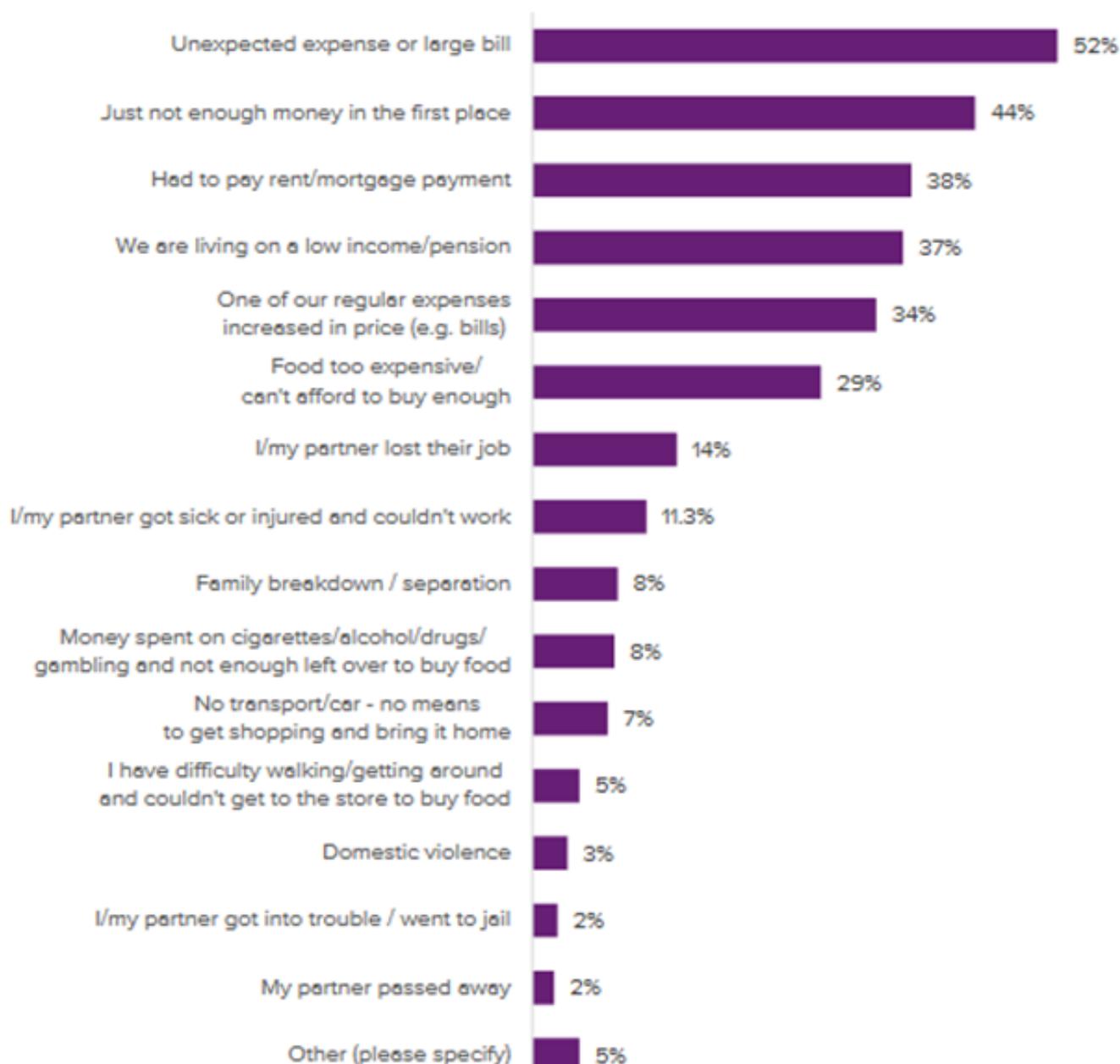
THE REALITY OF FOOD INSECURITY IN AUSTRALIA

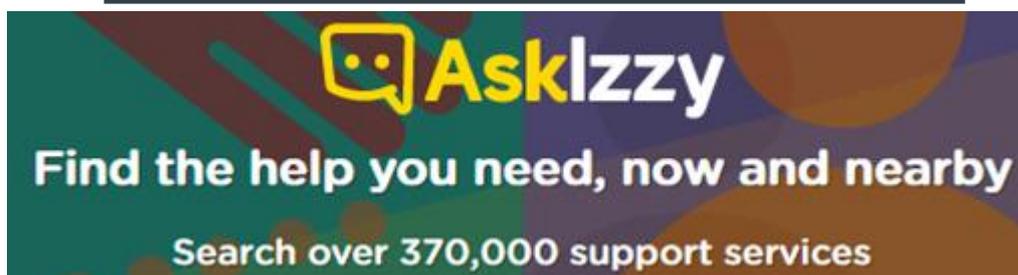


**ONE IN FIVE
AUSTRALIANS (21%)
HAVE EXPERIENCED
FOOD INSECURITY
IN THE LAST 12
MONTHS**

Q. Which of the following are reasons why you did not have enough food in your household and could not afford to buy more food? (n=602)

Please select all that apply.





[Ask Izzy](https://askizzy.org.au)

<https://askizzy.org.au>

Ask Izzy is a mobile website that connects people who are in crisis with the services they need right now and nearby.



New smartwatch to help keep DV victims safe, record evidence of abuse

<https://www.news.com.au/technology/gadgets/wearables/new-smartwatch-to-help-keep-dv-victims-safe-record-evidence-of-abuse/news-story/f45f67fba112c15fb01e378fa81f17ff>

New technology developed to help women experiencing domestic violence is giving victims an added layer of security, and their abusers more scrutiny.

Secret and secure technology that can be programmed to a smartwatch could be the key to helping at risk women stay connected and get much needed help at the time of crisis.

The StandbyU Foundation have developed a world-first solution to put control back in the hands of the victim with technology that can record what is happening so it can be used as evidence against the predator.

Women who face high to low risk family and domestic violence can simply click a button on their watch to activate an alert, allowing chosen support networks to listen in, find the victim and organise help for them.



The alert loops through a caller list of selected contacts – which comes through as a regular phone call – and can allow a conference call for all members who answer and so they determine their next move in order to help.

The software can be programmed to watches or devices that have a SIM and has the function to make calls.

A trial of the StandbyU Shield, commissioned by the Federal Government, found 93% of participants said the watch significantly increased their safety.

All of the surveyed women also found their emotional wellbeing and mental health improved from having the watch.

Of the 3,000 alerts that were sent during the 12-month trial, only one needed police assistance, which showed having friends or family present could de-escalate many situations and provide reassurance.

StandbyU Foundation Founder Chris Boyle said by making friends and family first responders, it freed up emergency services to look after more serious community issues, responding only when they were needed.

“When we put the authority, control and decision making back into their hands (the victims), you recognise the signs, you’re no longer in a cue with everyone else in society that calls the police,” he said.

“Instead, you’re up the front of your cue with people who know you, love you and will do anything to keep you and your kids safe – so when you think something is worrying you, when you start to feel your heart beat (faster), that’s when you press the button.

“By intercepting things early, often there is no escalation because they gave themselves permission to reach out to people who care.”

Mr Boyle — who worked for more than 25 years as a social worker — said one of the biggest flaws within the sector was how quickly someone could intervene when a victim was not feeling safe, which sparked the idea for the technology.

He said limited housing for women looking to escape was another shortfall.

“We know human connection is the fundamental principle to leading a healthy and happy life, so domestic violence impacts people's mental health and wellbeing with symptoms through anxiety, loneliness, poor self-esteem and loss of confidence, hope and freedom.

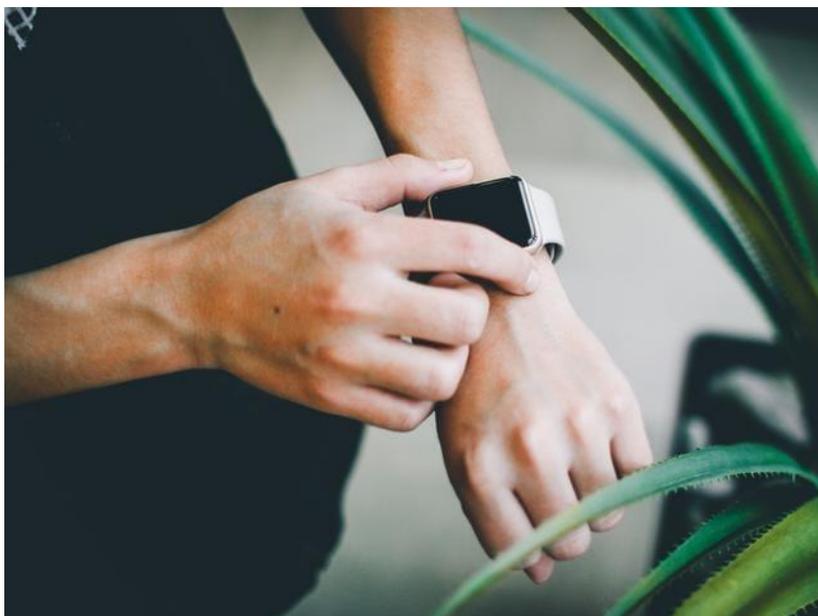
“All of those things can be addressed through connections and having people who love and care for you by your side.”

A watch, complete with the programming installed and a 12-month subscription, can be purchased for AU\$1,500 outright, and money raised through the charity is spent to deploy the watches to those who need one but cannot afford it.

Back in 2019, the StandbyU Foundation received a grant from the Australian Department of Social Services to trial the technology on 100 women.

The one-year trial was part of the National Plan to Reduce Violence Against Women and their Children.

For more information on how to get a watch, contact StandbyU Foundation on 1800 069 010.



Apprenticeship Granted!

Apprenticeship granted is that the humanity of Earth, those now within the first three Celestial Heavens, have been progressively handed the administration of Earth's humanity of who are now in the physical, also those who are within the two hell planes of Earth and also those throughout the seven spirit Mansion Worlds, all of which will progress through to complete personal healing of that which we each have taken on of the Rebellion and Default. No one will be left behind. All of Earths humanity will ascend through to Paradise, the home of our Heavenly Mother and Father. Everyone! Those of Earth who have healed and become Celestials are now formally appointed to administer those who have not healed and they are to assist the unhealed on the pathway of healing. This has never occurred with any other humanity throughout all of the super universes previously!

This time, in the history of humanity, is the most exciting time ever experienced.

Wednesday, 22 March 2017

NEGATIVE MIND MANSION WORLD SPIRITS are now BLOCKED from HUMANITY!

Helen, I'm too tired tonight to go into too much, however, how did it go today for you all?

Helen – 3rd Celestial Heaven: **It's done James. We did what we wanted to do, it was easy to implement** and I'll tell you about it when you are ready.

NEGATIVE SPIRIT INFLUENCE BLOCKED

Thursday, 23 March 2017

James, living in Australia: Hello Helen, I'm still tired, though not as bad as yesterday.

Helen – 3rd Celestial Heaven: Yes, **we have instigated our control**, we're still asserting it, it's a vast plan affecting the whole of humanity, your money (to introduce the New Way, living Feelings First) being only a small part in it; nevertheless still very important for those of us over here who've been working with you every step of the way.

We are continuing to 'roll out' our blocking control on the mind spirits, and it is a joy to finally have such power and to see the almost instant results, which unfortunately you can't see from your side, but for us it's obvious and so more progress toward real change.

Crystal, living in USA: Did you neutralise the proper spirits? Was this what both James and your group needed to do to finally enable the completion of this decade long project?

Helen: Yes, all I said has happened, and now it's a matter of allowing these blocking measures to have an impact. You might start to detect a slight change in the antagonists next time you have more to do directly with them, and this will be a result of the unseen pressure being exerted on them by us.

What has happened before, is we might exert our pressure on them (personalities in the physical), but then the mind spirits (from within Mansion Worlds 1, 2, 4 and 6) would counter that, and as they are heavily aligned with these spirits as the spirits are on their side – they both working for the same end, so that limited the effects we (Celestial Heaven spirits) could have. Now things are skewed heavily in our favour, so that will put a different psychic or ‘inner’ climate into the minds of these people, all of which is not going to sit well with them. They will start to feel unhinged as in their usual thought processes will now have holes in them, things won’t flow or add up as they did, causing them not to feel as confident as they have, even starting to have doubts and worries which they had been able to conquer before with the mind spirits help. Now they are basically on their own with only their own minds and no outside help from the mind spirits. And as hard as it might be to understand this, some of these people were all but open channels to the controlling mind spirits, with very little of their own genuine thoughts, so heavily influenced and all but taken over by such spirits. So suddenly the plug has been pulled and so you can image how it might adversely affect them.

It’s now a progressive steady increase in our light shining into the world, it’s going to stir up things, the darkness will start to shake and quake, whereas those in the light will feel more secure growing progressively in strength. This continuing, from now, for a long time to come. Humanity is turning the corner in its rebellion and default, but it will be a long haul up from the depths it has fallen to. But at least things are now working in its favour and **the Fall has ended.**

BLOCKING the MIND SPIRITS

Friday, 24 March 2017

James, living in Australia: Helen, Samantha (of England) said she was interested in how you Celestials are working to block the mind spirits (of the spirit Mansion Worlds 1, 2, 4 and 6), and will she be able to see anything resulting from what you are doing? Is there, please, anything else you can add that I can send to her?

Helen, 3rd Celestial Heaven: Yes James, I will add more as it’s very relevant to all you are going through and what will concern you for the remainder of your life.

The Rebellion and Default have been evolving as you understand through Jesus and Mary’s age, with as you would imagine, it having to get, at some time, to a point of final evolution. And that point is when the negative or destructive influences driving it, stop influencing it. And all the way along, the Rebellion and Default has been driven by spirits, the Evil Ones down to mortal mind spirits, with everyone wanting to have their way and say instead of **looking to their feelings so as to live true to their soul and so God’s way and say.** So all these spirit influences have been taking matters into their hands and then affecting humanity on Earth in one way or another.

And what we’ve been able to do, and are still ‘rolling out’, as I said yesterday, is ending that spirit influence, which means, **it’s the END of the Rebellion and Default, meaning, it can’t evolve any further because there won’t be the driving spirit influences.** So all it can do is ‘spin its wheels’, and effectively go nowhere other than implode under its own lack of love and truth. That which is now able to happen, has officially started to happen, will accelerate, until it being like humanity hitting the dead end and coming to an abrupt stop.



So the effect of what we’ve done and are continuing to do – as it will be done in a methodical procedure, done in stages of limiting, then fully stopping, the mind spirits input altogether, and all of that which is

helping to drive the Rebellion and Default (as we won't be interfering with that which is trying to heal the effects of it, so we won't stop anything positive coming from the mind spirits, and in particular ones who might want to do their Feeling Healing without the Divine Love), will be seen as increased strain on all negative systems of belief, on all anti-love systems on Earth, both collectively and individually. So people will find it increasingly harder to deal with the everyday difficulties of life, with more pressure being put on them so as they can't avoid their bad feelings as much as they used to. And all businesses, governments, corporations, national structures, anything that is controlling, also feeling it more difficult to deal with all the everyday problems, they seeming to mount and increase in intensity, causing the people controlling them ever more difficulties.

And so many of the highest controllers will start losing their way, their direction will become unfocused, they will feel like other forces are interfering yet they can't put their finger on what it is. Inspiration, that which would have come from the meddling mind spirits, won't be there for them to access and enjoy, so they will have to rely on themselves more, which will give a lot of people a bit of a shock when they realise it's just not happening or working for them as it used to do. Whereas on the other side, other people wanting to do good will feel more inspired and able to do things which they've always felt difficult, because unbeknownst to them, the mind spirits were working against them. The playing field is becoming more balanced so to speak, and gradually tipping, and then moving substantially in favour of the good side of the Rebellion and Default. All so the people who want to seek the truth of themselves through their feelings will be able to do so more easily, and without any unseen spirit negative influence.

You see James, this you've not been told yet, but the controlling spirits worked particularly on people throughout history who naturally wanted to look to their feelings for the truth, or on people who came to the conclusion that their feelings were the way and key to the truth, even the way to heal themselves. So that such people found it simply too overwhelming to push on up against the mountain of negativity that would rise up within them, some of it often being added to or increased by these controlling mind spirits who didn't want such truth to come to light through people's feelings. And from our vantage point in spirit, as we can see the aura and so truth of everyone, anyone who starts to make any progress in the way of truth discovery through feelings, stands out like a beacon and can easily be focused on by those controlling higher mind spirit who knew what they were looking for. But none of that can happen anymore, all because of the healing work of yourself and Marion along with Samantha.



Samantha being the first person to take on what you and Marion have revealed and commit herself to her healing, is leading the way out of the darkness, and so we are to come up behind her in a way, and with each level she reaches, that then becomes a certain benchmark with which we can work. So we can limit all the mind spirits who'd be working to thwart people below her, because she has now healed those levels within herself. And so it will continue as she progresses. And should she stop, then that's the level we can work up to, until someone else takes it further. And then it's the same with you and Marion, only you are working at the 'head of the coal face' so to speak, breaking through the controlling beliefs and mind circuits set in place by the Evil Ones (the rebellious high level spirits – Lanonandeks being Lucifer, Satan, Caligastia and Daligastia soulmate / soul partner pairs), all so people like Samantha can then set to work on Healing themselves and contribute their part.

THE EVIL ONES

So Sam, you are doing a huge amount to help everyone by doing nothing more than working steadily on yourself. And it's the angels that tell us what levels you've worked through and where you're at, which we can then relate to by what we went through as we ascended the Divine Love Mansion or, healing Mansion Worlds, as we affectionately call them.

So back to the question, will you see anything resulting directly from our actions? Probably not. However, as the whole world seems to start to implode, then you'll know it's because the controlling ways and influences of the unseen mind spirits has ended, and people on Earth have been left up to their own initiative, which will be shown to be very little. You have no idea how much direct and indirect influence has come from the mind spirits (mind Mansion Worlds 1, 2, 4 and 6), and some of the Divine Love Healing spirits. There has been **MASSES** of influence, nothing has happened on Earth without their influence, they've been in the thick of it all.

Countless people die all the time, come into spirit, wake up realising their new life begins and then wonder what they want to do. And as they are still basically the same as they were on Earth, yet now with renewed vigour and vitality – they are 'young again', so they set out trying to do more of what they did on Earth – control. However they quickly see that there are masses of controlling spirits already ahead of them, and so many of them have to start out all over again, at the bottom of the controlling pile, working their way up, having to understand just how one does work one's control on people back on Earth, if that's what they want to do.

So there are vast networks, many competing, many are family driven, all like what you have on Earth, but a million-fold increased in the mind Mansion Worlds. And mostly these sorts of spirits keep themselves secret from the other block of mostly do-good spirits and the ones who want to 'better' themselves, all those you read about in the spirit / mortal accounts of people talking with spirits, because the spirits involved in what they believe to be the 'spiritual upliftment' of humanity connect with those on Earth wanting the same thing. And so what you don't get is any real idea or insight into is the top controlling mind spirit organisations, cults, groups, families and so on, and the like-minded people on Earth they connect with and exert control over.

And even you, James, have only very briefly touched on these controlling spirits and what they get up to. However, now I can tell you more about them. They control humanity, it's as simple as that, and have done for aeons; they, with help from the Evil Ones, the rebellious higher spirits, 'earthed' all the controlling world religions, they developed business to where it is now, government, all areas of power, and they instigated all the wars and so on, all trying to gain the power they are after.

So the Jews through the Zionists and others in league with them, being the 'Chosen One's' were given the most power and control, the smallest group controlling the masses. However we've just blocked all their influencing mind spirits, so they are really going to be spinning their wheels in thin air wondering why they can't get the traction they once had. So they will weaken, and that will cause their power to waver and others will step in and so with the whole smashing into the brick wall at the end of the Rebellion and Default which is now set and ready to happen. **This being the real End Times.** So officially, from a technical point of view, along the lines of what we can do, the end times have begun – we started them, however it's all really coming from you doing your Healing on Earth. And anyone else who does their Healing, fully committing to it, will be empowering us even more, and gradually humanity will be made to face its bad feelings, to no longer do all it can to run away from them and hide them – reject them, all so the truth can come to light from such feelings, and it's that truth that will Heal the whole of humanity.



So the tide, having been going out for all these aeons, is now ebbing and just starting to come back in. So it's got more aeons of coming back in, and you people are right on the changeover, doing your parts in the whole.

Should things start to happen that are a direct result of our positive interference, that come to James' attention, I will point them out. However, I'm not going to say, what happened to Trump today was because of what we did, and all that sort of stuff, because it's all interconnected. However with time, and overall, you'll be able to see things aren't travelling as smoothly as they have been. And although, from your limited view, the world seems like it's in its usual mess, from the mind spirits side of things, and even though they don't all agree on everything, still they understand it and they are working (were working) it along the lines that's suited them.

James: So Helen, all the New World Order and One World Religion and all that, were the aims of these mind spirit?

Helen: Yes, and they still are.

James: So what are these mind spirits going to do about what's happening, surely they are not going to take it lying down –

Helen: No, however they are powerless to do anything on Earth anymore. So they are busy trying to work out what's changed, which they'll never know because they don't even know the likes of us Celestials even exist, let alone why we've done such a thing to them. And in time they will readjust to their new, new lives, having to work out other things to do with themselves, which will basically from what we can see, mean, set about planning for the day when they will get their power and controlling ability back. So they are busy looking to their prophetic writings, trying to work out what's going to happen, and eventually many of them will tire of it and move on; that being, work to move up the mind worlds advancing their mind, as in trying to perfect their negative rebellious state; or start their Feeling-Healing; or even move outside their box and embrace the Divine Love, moving into the Divine Love Healing worlds as they start their Soul-Healing.

And they will also try and corrupt those mind spirits still able to communicate with Earth. However, we'll also be monitoring all of that and stepping in should they start to interfere there too.

So you see James and Samantha, it's all about what's going on over here in spirit, we are where the real action is. However, by severing such controlling input from these mind spirits, humanity is now free to Heal itself. So at least to decide if that is what it does want to do, and to make that decision based squarely on people's own feelings, and not feelings being negatively influenced or interfered with from the hidden spirits. Humanity needs to be given a chance from the ground up to decide what it wants to do – either continue on its rebellious ways by default, or heal itself of such unloving ways. And it now needs to be able to take responsibility for itself, and all without any such interference.

So the mind spirits have basically been just an extension of parental control and interference, the mind spirits being the parents to all you children – the people – on Earth. But now it's time for the 'children of Earth' to step out into life themselves without such heavy parental influence, and do whatever they want. Which, in most cases, is to make a complete hash of things, because you don't know how to exist without such heavy unseen 'guidance'. So the rug has been pulled out from underneath you, and humanity is going to fall in a heap of its own doing. So this breakdown, Samantha, you might be able to see for yourself, even in your personal relationship with people. So things will get harder for them, whereas for you, you'll see how obvious it all is, the mess they are making and why they are doing it to themselves, yet whilst all being completely unaware.

And so the scene is set for the likes of what John and Crystal want to do, that being to provide a way for people to feel better about themselves and their lives, on all levels, from the basic nutritional level right up to the top spiritual level, including how to truly Heal themselves by looking to their feelings.

So the pressure that's to be exerted by these systems coming under pressure because of the sheer weight of their own greed and ineptitude, now without the unseen guiding direction and control from the mind spirits, will be what opens the way for the money to come. For that money is to be used for the good (within the bad, within the remaining rebellion and default) all with the aim of helping those people who want to help themselves in some way, truly better themselves, and even, Heal themselves.

So Sam, I hope I have painted something of a picture that will help you understand what's going on. And every day you keep submitting to, expressing, and seeking the truth of your feelings, so every day we too can work with you, up-stepping the vibration of light that we can work with.

If you want to know anything more, have other specific questions, please ask James and he can ask me.

We love you all, we are very close to you all, for you are making your way out of the darkness and into the light.

With love and blessings – Helen, a Celestial spirit. And no, I am not Helen Padgett, we just share a common Christian name.

YAHOO!!!!!

Wednesday, 31 January 2018

James, living in Australia: On the way home in the car Nanna Beth was telling me things, so I've asked her to write it for you and your records.

END to the REBELLION and DEFAULT – 31 January 2018

Nanna Beth – 3rd Celestial Heaven – John's grandmother: Yes John, very good news we want to pass onto you for your records. Earth and the seven associated Mansion Worlds (including the two Earth planes) are **officially** now fully under the control of Celestial spirits. And this means John, that Earth is now 'Ours'. It's been a long time coming, but it's a huge milestone and marks a tangible and real end to the Rebellion and Default. It's one of a number of 'End's' that are to occur.

With the departure of the Caligastias and Daligastias some years ago (early 1990s), humanity has been in a state a limbo so far as who is doing what with it, it not being allowed to be left alone so it could do whatever it liked, it always needing to have a spirit connection. With the mind spirits, as we've told you, basically calling the shots still happy to ignorantly carry out C&D's (Caligastia and Daligastia – rebelling Lanonandek high level spirits) plans. But now with our systematic and progressive take over, we're now in complete control.

And what that means is we have our fingers in every pie and we're on the case so far as what everyone is doing. However it doesn't mean we're taking over and telling humanity what to do and how to be, although we are able to work more with certain individuals directly and indirectly helping to move or point or orientate (depending on how you want to look at it) individuals, groups of people, whole societies, the whole world, according to the plans given to us by the Melchizedek Receivers.

So humanity will still carry on outworking its unloving, untrue and rebellious state, which has to be worked through to its natural conclusion; however we want you to understand and just know that it's another end of things and beginning of the new. And it's basically what we've been working with you in connection with James this past year to achieve. There is a lot more to it and how and why it's been done, and done as it has been done, however you can find out about all of that when you come over.

So we Celestials will guide humanity now according to what our Mother and Father want, so humanity's got a real tangible safety-net under it now, so no more 'downside risk', it all being to move it toward doing its Healing.

I'll speak again soon – love Nanna Beth.

Comment by John: Machiventa Melchizedek manifested near Salam, just north of Jerusalem, in 1980 BC and proceeded to tutor Abraham in preparation for the bestowal of the Creator Daughter and Son, Mary Magdalene and Jesus 2,000 years later. Through Mary and Jesus being on Earth, Divine Love became available for all of the humanities throughout their local universe of Nebadon, all 3,840,101 of them! Jesus, following his death, opened the Divine Love healing Mansion Worlds 3, 5 and 7, and the Celestial Heaven spheres 1, 2 and 3 for the humanity of Earth. This set the foundations and conditions to enable the bestowal of the Avonal Pair 2,000 years later, now on Earth. Machiventa Melchizedek is still leading the Melchizedek soul group assigned as Receivers of Earth to bring about the ending of the Rebellion and Default and its healing which will mainly unfold during the Avonal Age of 1,000 years now to commence.

Further, the handing over of a humanity to lead and guide, to Celestials spirits who came up from their own physical humanity such as Earth, this is a first throughout all of the seven super universes. This is a clear demonstration of what we on Earth are to experience in preparation for us, upon reaching Paradise and becoming Finaliters, are to be assigned to do for humanities to come on worlds now forming. It is all about experience and expressing our feelings of what we experience along our very long journey of discovery and learning.





31 January 2018: The Rebellion and Default has now officially ended. For 200,000 years humanity has been subjected to the rules governing the Rebellion and Default, that is now officially terminated. Humanity is now free to commence the Great U-Turn!



31 January 2018: Super Blue Blood Moon due to partial eclipse. Even the moon put on a show!

Saturday, 3 February 2018

Note from John: Hi Nanna Beth and James

31 January 2018 – Wednesday – what a day. After 200,000 years the Rebellion and Default is OVER – finished – gone!

Now humanity can begin its Great U-Turn.

There is now only a trickle of interference from malevolent spirit personalities and also other mind spirits from the mind Mansion Worlds. This is countered greatly by the guidance and promptings from our friends throughout the Divine Love healing Mansion Worlds and mainly the Celestial Heavens. It is now up to humanity to open itself up to embracing Living Feelings First.

Humanity is now free to discover the enduring benefits of embracing one's soul based feelings, that are always in truth and love, and begin the journey of evolution throughout this coming 1,000 year spiritual era, also formally yet to begin.

The 31 January 2018 is a hallmark day of change – the change being in how one is to live one's life and discover how embracing one's feelings benefits one's life in every aspect of living it!

What a massive event – an occasion of such magnitude that is impossible to comprehend.

This announces that the contractual agreements that oversaw the Rebellion and Default are now cancelled, null and void, no longer in existence and is absolutely finished with. The Rebellion and Default is now assigned to history. It is now for humanity to clean up its mess, and what a mess it has to work its way through.

We are to find our way out of this mess, however, as we eek out each small step then our Celestial friends can edge us along to firmer understandings and clarity of truth. This will take a long, long time, however, there is only one way for us all now and that is towards truth and love – upwards.

Helen commented on 9 September 2017 that of the 37 worlds that entered the Rebellion "Earth was the worst affected world, it being of a different 'series' of world than the others



affected by the Rebellion. And because of that, it was the Evil One's stronghold and from where they mostly based their centre of operations. The other worlds technically rebelled, and are in a retarded state, however they didn't suffer it to the extent of also Defaulting or their Adamic Pair outright defaulting. So they don't have the double difficulty to Heal. So far, only three of the other rebellious worlds have received an Avonal Pair, with two of them in the next spiritual age induced by the pair as they have died and left their world; and with the other one with their Pair just coming into their fullness, ending their Healing. All of these other worlds are all technical worlds, so they are not experimental like Earth, so far more orderly in their nature, and also in their rebellion, so far more predicable and without all the continual dramas we're constantly having to deal with. So all eyes are focused on Earth, because, so far, in the whole of Creation, all Earth has been through is by far the worse. And still continues to be, and will continue to be right the way through until the last trace of the Rebellion and Default has been removed from everyone."

It may be safe to say that all 37 of the Rebellious worlds are within the one system of 1,000 worlds, being the same system that Earth is within, and that system is called Satania. Nevertheless, we, meaning Earth, are to continue to remain quarantined from all other inhabited planets until we have progressed through this new spiritual era of 1,000 years. After all, we on Earth are the only population that has socialised war as being socially acceptable. Can you believe that! Except to a moderate degree on a couple of the other rebellious worlds, war does not occur throughout the universes. Thus, until humanity rids itself of the potential of being aggressive to others we will remain quarantined, as will the seven spirit Mansion Worlds aligned with Earth.

Achieving a state of non-aggression will be a hallmark in the evolution of humanity during this coming spiritual age. This is now achievable due to those who promoted such aggression from within the spirit Mansion Worlds having their communication chains to humanity being blocked, and the guidance coming to humanity being removed from the spirit mind Mansion Worlds to now be coming from the Celestial worlds. We now can begin the task at hand of bringing humanity towards a way of living through one's feelings instead of playing flawed mind gains based on the fundamentals instilled into all through the Rebellion and Default. Every system existing on Earth is based on the premises introduced by the Rebellion and Default. All systems have to be overturned, removed and rebuilt.

The task at hand will embrace every man, woman and child on the planet. No one is left un-scarred from the errors of understanding handed down through the generations, parent to child, for the past 200,000 years. Every belief we hold is flawed! Not even the isolated 'indigenous' people are left free of the harm induced upon humanity by the Lucifer, Satan, Caligastia and Daligastia soulmate / soul partner pairs. Every single person, man, woman and child are of need to come to understand how their individual childhood suppression and ongoing repression is impacting upon themselves and their physical life, and how that continues on in their subsequent spirit life.

Now we have the understandings and also the way to progress and release the harm that is within each of us. This is now freed up to be shared to all by the absolute ending of the Rebellion and Default that was formally ended on Wednesday, 31 January 2018.

What further aspects of this momentous event should we recognise please?

Thank you, John



James: Core John, that was great to read! Where can we pin it up, is there a main humanity notice board we can stick it in bold on, right in the centre. Yep, you've summed it up perfectly. I will now see what your brightly shining Nanna has to say about it – or if she wishes to add anything.

Nanna Beth – 3rd Celestial Heaven: It is as you declare John. Yes my grandson, it is an amazing time all right. And for us all to be in the thick of it – what more needs to be said! It is for each of you to work out what it means for yourselves, and you will bring to light that what is required as you discuss and think about it.

And of course we will have further to say, however for now, a time of reflection and letting the enormity of it sink in, is called for. And as you will read below in Kathryn's message, you've done enough with the Divine Love People and anyone who shows they are not open to it or interested at all, at least enough for you taking the next step. You don't have to concern yourself with such people John. You'll end up doing more than your fair share, as will other people do theirs. It's too much to expect you to do everything.

I'll be in touch – love to you all, Nanna Beth.

4,000 Years Unfolding

1980 BCE
1900s BCE

Machiventa Melchizedek
ABRAHAM

MM Jesus
2 BCE 7 BCE
46 CE 29 CE

Bestowals from Paradise:
Creator Daughter and Son
Mary Magdalene and Jesus

1914-1923
1925-1935
1950 & 1960

PADGETT MESSAGES
THE URANTIA BOOK
Incarnation of the Avonal Pair

2018 Jan 31
2020s+ CE

REBELLION & DEFAULT
FORMALLY ended 31 JANUARY 2018
Bestowals from Paradise:
Avonals - Magisterial Daughter and Son

Machiventa Melchizedek, to this day, continues to oversee the plan that was evolved more than 4,000 years ago to progressively open cracks in the Universal Contract governing the Rebellion and Default instigated by Lucifer 200,000 years ago. With 'federal' authority, the Creator Daughter and Son brought about the Lucifers and Satans spirit world imprisonment 2,000 years ago, and set the Avonal bestowals in place.

The commencement of the Padgett Messages on 31 May 1914 triggered the bestowal of the Avonal Pair for Earth's humanity. The Avonals' 'state' authority brought about the Caligastias and Daligastias spirit world imprisonment in the early 1990s. The Avonals' healing of what they have taken on of the Rebellion and Default ends the Rebellion and Default. Now we can all follow and progress on the pathway to Paradise.

JOURNEY HOME

Our journey home is an ever growing expansion of truth being revealed to us. For Earth's humanity, as for the 37 humanities that have Rebelled, we are quarantined and isolated. Having also Defaulted, Earth's humanity is possibly the most evil of all. Firstly, we are to understand that living through our minds is why we are addicted to untruth and control of others and nature – we are going the wrong way! We are to live feelings first and then heal our Childhood Repression and Suppression – we are to live and express our true personality, the one given to us by our Heavenly Mother and Father. Then our journey home begins!

The Isle of Paradise is stationary within the circle of seven super-universes. Spheres here are also for us to further grow in truth before arriving Home to become Finaliters. Our Heavenly Mother and Father guide us out of our Local Universe of Neadon, through the rest of our super-universe of Orvonton and into super, superuniverse Havona which circulates around the Isle of Paradise, being home.

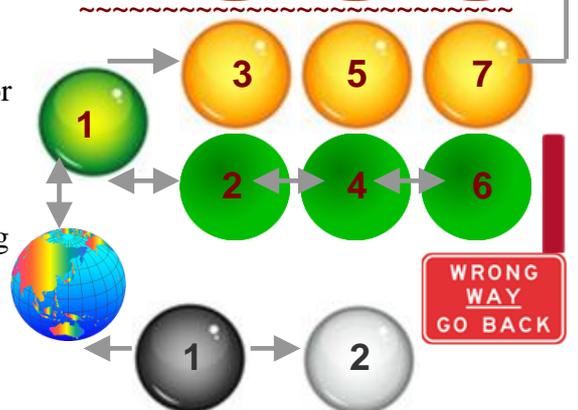
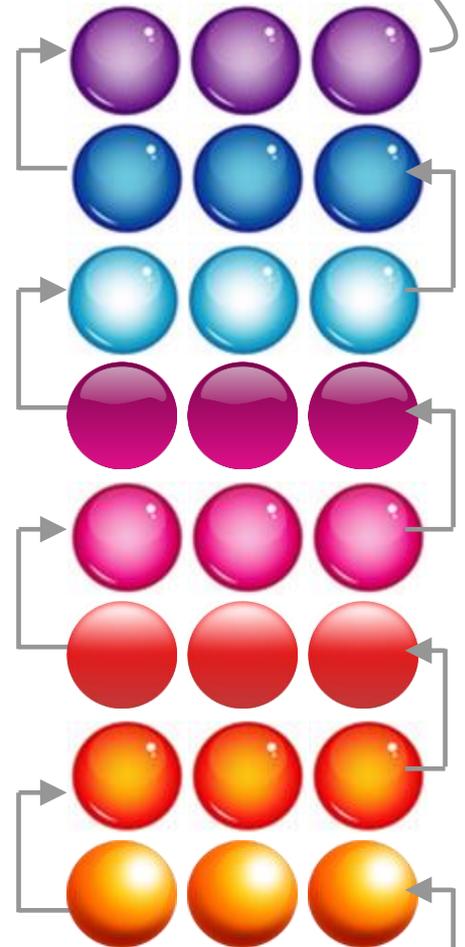
Each of the seven super-universes are approximately constituted as follows and with 1,000,000,000,000 inhabitable worlds:

- One super-universe is 10 major sectors
- One major sector is 100 minor sectors
- One minor sector is 100 local universes
- One local universe is 100 constellations
- One constellation is 100 systems
- One system embraces approximately 1,000 physical worlds

Once we attain the Celestial Heavens (spheres), we start to come in contact with spirits from other 'Earth' worlds. So in spirit, and once we've finished our Healing and are Celestial, we interact, sometimes directly and otherwise indirectly, with potentially 10,000,000 physical worlds of which 3,840,101 are with humanities. Our Avonal Daughter and Son lead us to Mary Magdalene and Jesus (Michael soulmate pair / soul partners, our Creator Daughter and Son), through our healing of the Rebellion and Default by guiding us into the first three Celestial Heavens and out of isolation from all other physical and spirit humanities.

Mary and Jesus then lead us through the Celestial Heavens for the system Satania (that Earth is in), then our constellation and then out of our Local Universe.

Isolation from all other humanities prevails before completing our soul's healing and progress into the Celestial Heaven spheres 1, 2 and 3. Hell planes 1 and 2 of Earth are for those people who have to compensate for evil wrongdoing. And once done, they may then progress up through mind Mansion Worlds 1, 2, 4 and 6 before turning around to progress through Healing Mansion Worlds 3, 5 and 7 to transition into Celestial Heaven.



NEW FEELINGS WAY

The way to Paradise and All-Love is a Feelings Way. The Feeling Way is about honouring – accepting and expressing, and longing for the truth, of all feelings. By doing our Spiritual Healing (Feeling-Healing and Soul-Healing with the Divine Love) we can uncover the truth of why we’re living in rebellion against the truth of ourselves. Why we live by denying so many of our feelings; especially our bad ones.

The Way of the Rebellion, The Mind Way, leads ultimately to mind-extinction involving annihilation of personality and soul. The Mind Way is about denying as many feelings as we can, selectively choosing the ones you want, all to maintain control over yourself. And yet by denying feelings and your expression of them, you are denying the truth they would help you see about yourself. So you are denying your own Spiritual Growth Of Truth. All of which can only lead to bad outcomes.

The Mind Way is a Dead End – and only pain. The Feeling Way is eternal growth of Truth, Love and Happiness. By truly embracing our feelings, longing for the truth they are to reveal, we evolve through:

Phase 1: Spiritual Healing through the Mansion Worlds and into the Celestial Heavens.

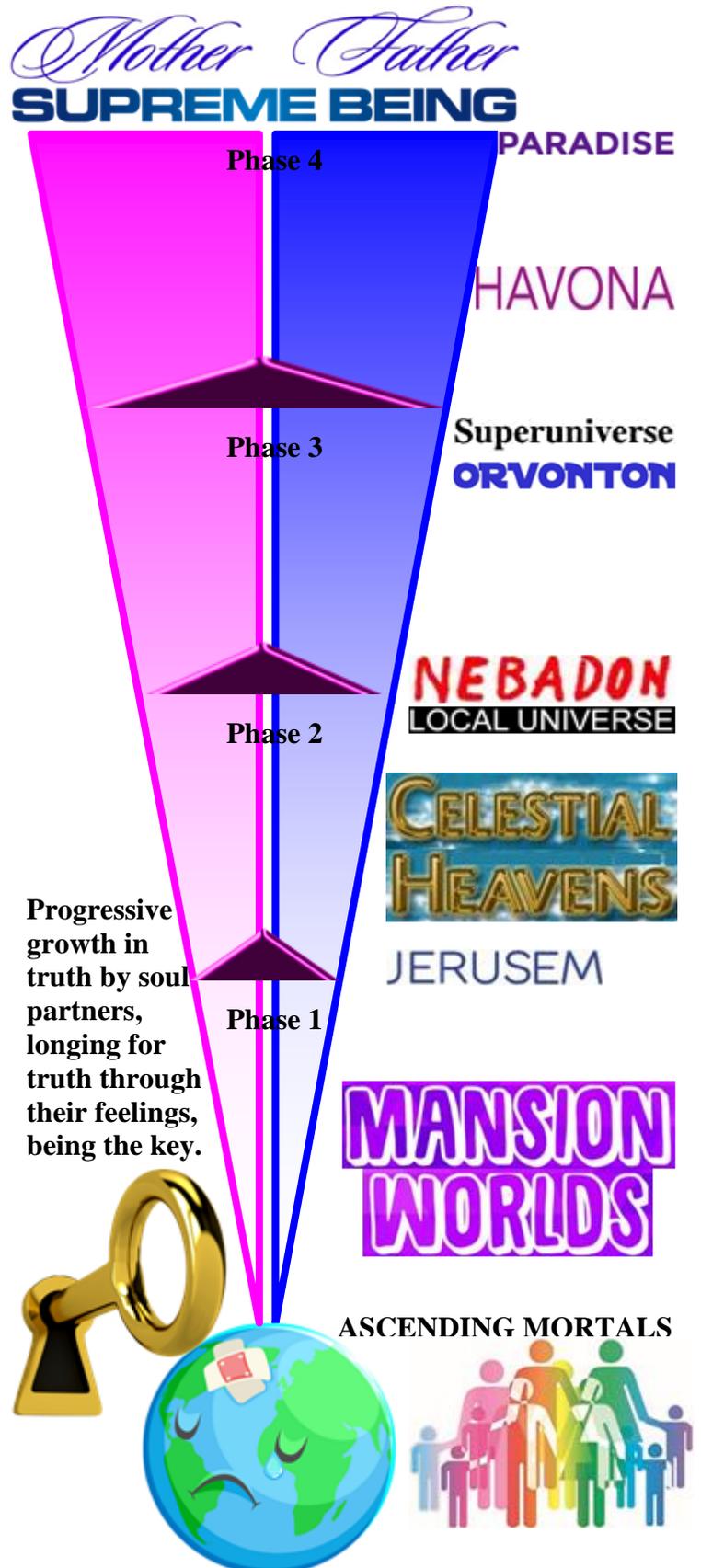
Phase 2: Evolving in Truth through our Local Universe, Nebadon, and into the superuniverse: Orvonton.

Phase 3: Truth progression through the superuniverse of Orvonton.

Phase 4: Truth progression through Havona, and attaining Paradise.

ALL Soul and Truth Progression is done by Living True To Our Feelings.

The New Feelings Way.



THE STRAIGHT AND NARROW PATH



Looking for Spiritual pathways using our mind will mean the True Spiritual Pathway will always elude us. We live with our mind suppressing feelings which causes us to not find our true pathway. When we live honouring, accepting, expressing and longing for the truth of our feelings, then we are treading our Spiritual Path of Truth. Truth ONLY comes to us through our feelings. If we deny feelings, we deny truth, and we deny our true spiritual path.

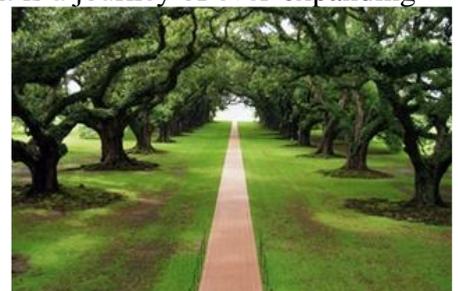
If we fight expressing feelings, pushing them away and blocking them out, we never allow any understanding of those feelings to come to us, thus keeping us in the maze of mind-bending distractions. Many so-called healing therapies say they focus on liberating feelings, however beware that many of these systems are still mind-controlling in 'feelings-clothing'. And we may believe we are getting somewhere with our feelings, only to realise centuries later in the spirit, mind Mansion Worlds that we've still been leading ourselves astray and away from our true feelings.

Surrender and submit willingly allowing our feelings to emerge and be expressed. Long for the truth our feelings are to reveal. Persevere. Allow our feelings to be our way of living. It does not matter how long this takes. For us all, this is our destiny – it is only a question of when?

Once we firmly start living the New Feelings Way – living feelings first; expressing our feelings and longing for the truth they are to reveal, we are on the pathway of ascension; not only out of the Rebellion and Default through our Feeling Healing, and with Divine Love: our Soul Healing – but to Paradise!

By living true to our feelings we will progress through the Celestial Heavens all the way through Nebadon; then on further through our Superuniverse of Orvonton; then into the regions of our Heavenly Mother and Father; embracing the Supreme Being and moving through Havona, eventually attaining Paradise, Their home.

It is the True Way, the New Feelings Pathway, that takes us all the way 'Home'. It is a journey of ever-expanding Truth and Love.



MIND vs FEELINGS

Mind vs Feelings – Your Choice.

And now is an appropriate Time To Make this Choice!

Everyone is to choose: The Mind Way;

or The New Feelings Way.

Which way of living do you choose: Mind Way?

or the Feelings Way of living?

Do you continue in your Mind Way?

or do you embrace The New Feelings Way?

Do you choose the Dead End Mind Way?

or the Eternal Happiness Feelings Way?

Times up for the Mind Way;

the Feelings Way is taking over.

False Spirituality – The Mind Way;

True Spirituality – The Feeling Way.

The End Times and Final Judgement; or Paradise – the choice is yours to make:

Continue in your soul-destroying feeling
and truth denying Mind Way;

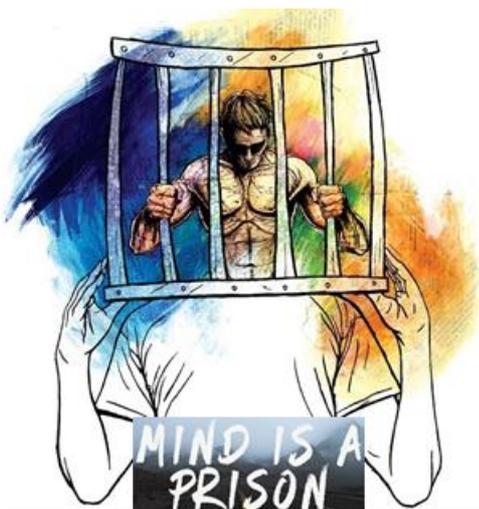
or embracing The New Feelings Way
by doing your Spiritual Healing;

Maintaining the mind's imposed façade of a robotic,
retarded individual, in a stupor, perpetrating the
errors of generations gone by;

or The Feeling Way which is the discovery pathway
to releasing your true, vibrant personality

The Mind Way – rejecting the truth of yourself
by denying feelings, restricted forever to the
mind Mansion Worlds;

or The Feeling Way – uncovering the truth of
your feelings and ascending to Paradise.

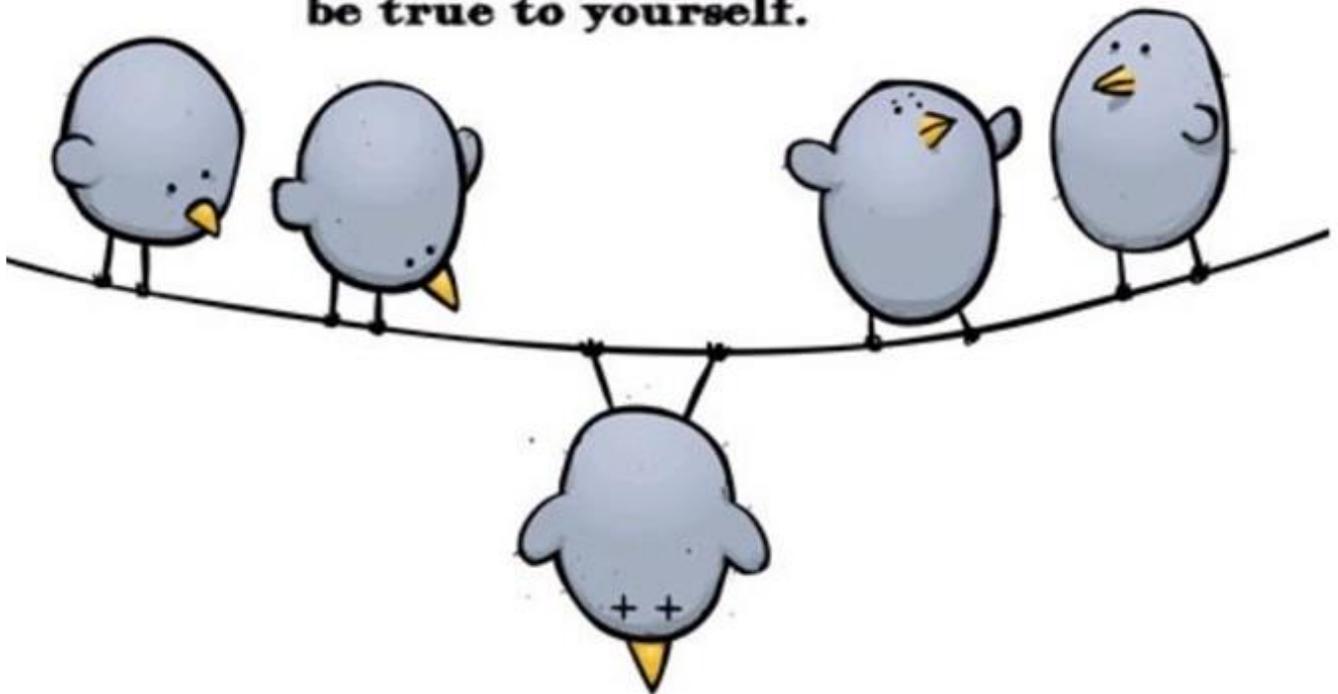


Be True to Yourself

open your heart

and always

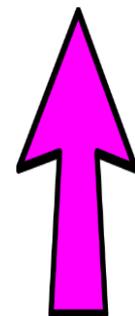
be true to yourself.



BE
YOURSELF

*An original is always
worth more than a copy.*

Ascension of Truth to Paradise



ASCENSION of TRUTH to PARADISE

DIVINE LOVE – Feelings in control – FEELINGS WAY
 DIVINE CELESTIAL HEAVENS – CELESTIAL SPHERES
 UNITING with SOULMATE / SOUL PARTNER and SOULGROUP
 BEING DIVINE, ETERNAL, IMMORTAL, FUSION with INDWELLING SPIRIT

THE FEELINGS WAY ** LIVING A FEELING-LED LIFE **

Transformation of soul from **Perfect** Natural Love to being **Divine** – being of **Divine Love**.

Transformation of soul from **Imperfect** Natural Love to being **Divine** – being of **Divine Love**.

Transition from Mind to Feeling way of living

NATURAL LOVE – mind in control – MIND WAY
 SEVEN MANSION WORLDS

We have to do our: **SPIRITUAL HEALING**
 (FEELING HEALING)
 (SOUL HEALING)

Uncovering the truth of feeling Unloved

IMPERFECT NATURAL LOVE
 REBELLIOUS
 REBELLION AND DEFAULT

Against Truth and Love
 Living Untrue; against ourselves
 Denying many feelings
 Become Truth to being untrue
 Imperfect relationships
 Feelings of love within an unloving state

LIFE ON EARTH
WHAT WE ARE LIVING
AN UNLOVING LIFE



Self-Acceptance

No Healing needs to be done
 Being true and loving
 All done with Natural love
 Uncovering the truth of feeling loved

PERFECT NATURAL LOVE
 NOT REBELLIOUS
 NO REBELLION OR DEFAULT

Not Against Truth and Love
 Living Truth; not against ourselves
 Not denying any feelings
 Become truth to being true
 Perfect Relationships
 Feelings of love in loving state

LIFE ON A PERFECT WORLD
 What we wish we were living
 A Loving life

THE MIND WAY ** MIND-LED LIFE **

We are to move from our mind way to a feeling way of life within our rebellious and untrue state. We are to live truth to our being untrue, knowing and being the truth of why we are untrue.

GREAT U-TURN

Living True to Ourselves

LIVING TRUE to OURSELVES

We are to live truth to ourselves through ALL our feelings. We are untrue.

We are to live truth to being untrue. We are to stop pretending we're true.

We're to admit we're full of shit; and be as full of shit as we are.

God made us be rebellious and untrue, so we are to live being rebellious and untrue, not trying to not be as God made us. And we are to live true to being fucked, until God transforms us and changes us into being true and loving, ending our rebelliousness.

With all of us having been incarnated into a truth-denying rebellious world, we are to live true to how untrue, false and unloving we are. We are to stop using our mind to pretend we are true and loving when we're not.

We are to fully embrace, through our feelings, the truth of how wrong, bad and evil we are. And through our Spiritual Healing we are to fully accept how rebellious we are, living and being it. And knowing how being rebellious (being of and in Rebellion) makes us feel.

We are not to use our mind to pretend we are true; that we are loving, caring and sympathetic, as we're not those things.

Being of Natural Love we experience love through our mind. And so being in an imperfect state, some (if not all) of our mind love will be false and untrue.

When we have been transformed into our true Divine Love state having done our Spiritual Healing, then all the love we experience will be through our heart and soul with true feelings and no longer with our mind. With all love being true and based on the Truth.

We are to find the Truth of Love

Kindly consider reading:

www.pascashealth.com

then proceed to Library Download :

**PASCAS
PAPERS**

Pascas Care Letters – Family Shelters Abuse & Remedial
 Pascas Care Letters – Family Shelters Overview
 Pascas Care Letters – Family Shelters Per Capita Inequality
 Pascas Care Letters – Family Shelters Protection
 Pascas Care Letters – Family Shelters Social Housing
 Pascas Care Letters – Family Shelters Support Centre
 Pascas Care Letters – Family Shelters towards Liberation
 Pascas Care Letters – Root Cause now to Pathway Forward
 Pascas Care Letters – Root Cause now to Pathway Forward (short)

Chaldi College Free to Learn Instinctively

Chaldi College Free to Learn Pathway

Pascas Care Letters – Back to Basics
 Pascas Care Letters – Change
 Pascas Care Letters – Finaliters our Destiny
 Pascas Care Letters – Humanity is Addicted to Untruth
 Pascas Care Letters – Journey of Earth’s Humanity
 Pascas Care Letters – Life is a Highway
 Pascas Care Letters – Live True to How You Truly Are
 Pascas Care Letters – Moving out of Healing
 Pascas Care Letters – My Customs Heritage and Nationality
 Pascas Care Letters – One Soul Two Personalities
 Pascas Care Letters – Psychology and Feeling Healing
 Pascas Care Letters – Spirit Evolution and Environmental Changes
 Pascas Care Letters – Transition & Assimilation following Death

Pascas Care – Death & Dying Transition & Assimilation Marjorie

Pascas Care – Kinesiology Testing

Pascas Care Living Feelings First Adults
 Pascas Care Living Feelings First Children
 Pascas Care Living Feelings First Children Annexures
 Pascas Care Living Feelings First Children Discussions
 Pascas Care Living Feelings First Children Graphics
 Pascas Care Living Feelings First Drilling Deeper
 Pascas Care Living Feelings First Drilling Deeper Structures
 Pascas Care Living Feelings First Reference Centre

Important recommended reading is:

by James Moncrief

The Rejected Ones – the Feminine Aspect of God

<http://divinelovesp.weebly.com/my-free-books-and-free-padgett-messages.html> ALSO at
<https://www.pascashealth.com/index.php/library.html?file=files/opensauce/Downloads/MEDICAL%20-%20SPIRITUAL%20REFERENCES/Rejected%20Ones%20via%20James%20Moncrief.pdf>

<http://www.pascashealth.com/index.php/library.html>

Library Download – Pascas Papers

All papers may be freely shared. The fortnightly mailouts are free to all, to be added into the mailout list, kindly provide your email address. info@pascashealth.com

Primary recommended reading:	consider commencing with: Paul – City of Light and Sage – and the Healing Angels of Light		
The Rejected Ones	2002 – 2003	xxx	– James Moncrief
Messages from Mary & Jesus	2003	xxx	– James Moncrief
Paul – City of Light	2005	xxx	– James Moncrief
Feeling Healing	2017		– James Moncrief
Religion of Feelings	2017		– James Moncrief
Mary Magdalene and Jesus' comments on the Padgett Messages	2007 – 2010	xxx	– James Moncrief
Speaking with Mary Magdalene & Jesus Sage and the Healing Angels of Light	2013 – 2014	xxx	– James Moncrief
Road map of Universe and history of Universe:	2017	xxx	– James Moncrief
The Urantia Book	1925 – 1935	xxx as primary reading	
Divine Love supporting reading:			
Revelations	1954 – 1963		– Dr Daniel Samuels
Judas of Kerioth	2001 – 2003		– Geoff Cutler
The Book of Truths containing the Padgett Messages or Little Book of Truths	1914 – 1923	xxx	– Joseph Babinsky
True Gospel Revealed anew by Jesus Vol I, II, III, IV		xxx	– Geoff Cutler
Available generally from:			
www.lulu.com	www.amazon.com	www.bookdepository.com	
For Divine Love focused websites and forums:			
Pascas Health:	http://www.pascashealth.com/index.php/library.html		
Spiritual Development:	http://new-birth.net/spiritual-subjects/		
Padgett Books:	http://new-birth.net/padgetts-messages/		
http://divinelovesp.weebly.com/my-free-books-and-free-padgett-messages.htm			

BIBLIOGRAPHY NOTE:

James Moncrief has written numerous books and prepared numerous movie scripts. Incorporated here are primary writings.

Pascas has 550+ supportive 'Pascas Papers' accessible in Library Downloads at www.pascashealth.com

Pascas Primary publications being:

- U-Turn for Humanity Pascas reveals New Feelings Way
- U-Turn for Humanity pathway being New Feelings Way
- U-Turn for Humanity simple is what Life is meant to be
- U-Turn for Humanity shutting hells through New Feelings Way
- U-Turn for Humanity soul light and New Feelings Way
- U-Turn for Humanity through the New Feelings Way
- U-Turn for Humanity treacherous assumptions New Feelings Way
- U-Turn for Humanity unfolding the New Feelings Way
- Universal Gift – Feeling Healing with Divine Love
- Feeling Healing and Divine Love Discussion Prompts
- Pascas Care Death & Dying Transition & Assimilation Marjorie

Selected Pascas Papers, as noted below, can be downloaded from www.pascashealth.com .

James Moncrief's books, the Padgett Messages and The Urantia Book at:

DIVINE LOVE SPIRITUALITY – DLS:

<http://divinelovesp.weebly.com/my-free-books-and-free-padgett-messages.html>

All Padgett Messages (for condensed versions – see below) 1914 – 1923 Pages 945
The Urantia Book (see suggested papers to read below)

James Moncrief Books:	MoC		
The Rejected Ones – the Feminine Aspect of God	1,490	Nov 2002 – Jan 2003	228
Messages from Mary and Jesus book 1	1,485	Feb – Apr 2003	189
Messages from Mary and Jesus book 2	1,485	Apr – Oct 2003	170
Mary Magdalene and Jesus' comments on the Padgett Messages – book 1		Aug 2007	164
Messages from 31 May 1914 – 12 January 1915	1,495		
Mary Magdalene and Jesus' comments on the Padgett Messages – book 2		Sep 2010	177
Messages from 13 January 1915 – 29 August 1915	1,494		
Speaking with Mary Magdalene and Jesus blog – book 1	1,490	Jan – Apr 2013	206
Speaking with Mary Magdalene and Jesus blog – book 2	1,489	Apr – May 2013	229
Speaking with Mary Magdalene and Jesus blog – book 3	1,490	Oct – Jan 2014	187
Speaking with Mary Magdalene and Jesus blog – book 4	1,491	Jan – May 2014	191
Mary Magdalene comments on Revelation from the Bible KJV	1,485	Dec 2013 – Jan 2014	84
		This group being pages of	1,825

Paul – City of Light	1,488.5	2005	149
Ann and Terry		2013	235
Feeling bad? Bad Feelings are GOOD!	feeling-healing book 1	2006	179
Feeling bad will make you feel BETTER – Eventually!	feeling-healing book 2	2006	159
Breaking the Golden Rule.	feeling-healing book 3	2006	168
Feeling-Healing exercises, and other healing points to consider.		2009	175
Cathy and Mark – a novel introducing Feeling-Healing.		2010	151
Introduction course to Divine Love Spirituality		2006	139
Speaking with the Dead, Death and Dying		2009	173
Spirits and their Childhood Repression Healing		2010	179
With Verna – a nature spirit		2008	279
Communication with spirits – meet a spirit friend		2010	37
Introduction to Divine Love Spirituality website			362
Sage – and the Healing Angels of Light		2017	260
Divine Love Spirituality	1,500	2017	201
Feeling Healing – you can heal yourself through your feelings		2017	153
Religion of Feelings	1,500	2017	47
		This group being pages of	3,046

Religion of Feelings

<http://religionoffeelings.weebly.com/>

Introduction to Divine Love Spirituality

<http://dlspirituality.weebly.com/>

Main website of DLS

<http://divinelovesp.weebly.com/>

Childhood Repression website

<http://childhoodrepression.weebly.com/>

DLS and CR forum

<http://dlscr.freeforums.net/>

<http://withmarymagdaleneandjesus.weebly.com/blog---and-free-books-speaking-with-mary-and-jesus>

FEELING HEALING and SOUL HEALING with the DIVINE LOVE:**James Moncrief Publications:****all publications are free downloads:**<http://divinelovesp.weebly.com/my-free-books-and-free-padgett-messages.html>

It is suggested for one to consider reading as follows:

Speaking with Mary Magdalene and Jesus – books 1 – 4

These four books encapsulate the second of the revelations with the first having been introduced by James Padgett one hundred years previously. These four books provide a wide range of guidance that has never previously been made available.

Paul – City of Light

As a gentle intro into the Divine Love and Healing; being James Moncrief's first novel and it's been criticised as being too heavily clichéd, but that's the point because it's a reflection of how he was back then.

Ann and Terry

For an example of people who might want to immediately start working on themselves and doing their Healing.

Feeling Bad? Bad Feelings are GOOD

For more understanding about our denial of our feelings and why we should not deny our feelings, and it includes how it all came about for James, using himself as an example.

Feeling bad will make you feel BETTER – Eventually!

This includes specific examples of Marion and James working on expressing particular bad feelings, again with the hope that it will help others gain something of an idea as to what's involved in doing your Feeling Healing.

Sage – and the Healing Angels of Light

Through Sage who's 13 years old, the story is primarily about the two aspects of healing; that being, with the help of our angels, and the full Healing we can do by looking to our feelings for their truth.

**Religion of Feelings
Feeling Healing****Welcome to LOVE – the Religion of Feelings
you can heal yourself through your feelings**

So these books, including the four Speaking with Mary Magdalene and Jesus books, provide the essence of it all and are examples of James' work. Then it's up to whatever takes one's fancy. Other reading to consider may include:

The Padgett Messages being published as:**The True Gospel Revealed Anew by Jesus volumes 1 – 4****Book of Truths by Joseph Babinsky****The Urantia Book****Release one's pain through expressing one's feelings.****in conjunction with****Longing for the Truth when also longing for Divine Love.**

FEELING HEALING with DIVINE LOVE is SOUL HEALING:

A collection of 'papers' that draw together specific topics including all of the above and more from other sources of information and revelation designed to help increase one's awareness about why we have the problems we do and how to heal them, all whilst living a more healthy and sustainable life. They provide a brief snapshot of the more complicated topics and issues.

Firstly, consider discovering the truth of your emotional pain through Feeling Healing. Secondly, consider longing for our Heavenly Parents' Love as you progress with your healing. Primary and most important readings are the writings of James Moncrief. Then consider the Padgett Messages, and then The Urantia Book.

Pascas Papers, being free, are located within the Library Downloads www.pascashealth.com
<http://www.pascashealth.com/index.php/library.html>

PASCAS – document schedule.pdf downloadable index to all Pascas Papers.

FH denotes Feeling Healing; SH denotes Soul Healing, which is: Feeling Healing with the Divine Love; DL denotes Divine Love – living with the Love.

PASCAS INTRODUCTION NOTES: *All papers below can be found at Library Downloads link.*

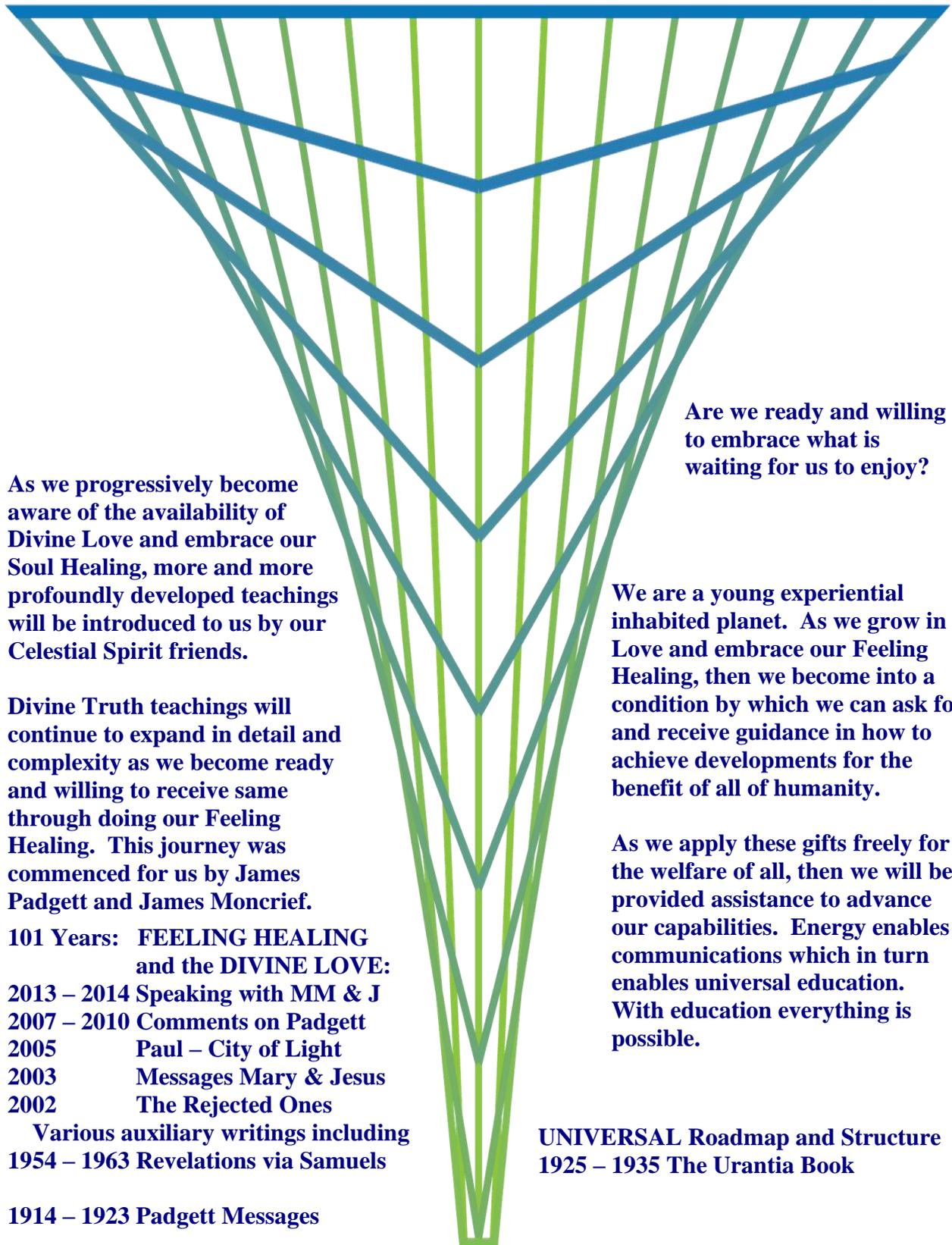
- Pascas Care Letters A Huge Upturn
- Pascas Care Letters Big Revelation
- Pascas Care Letters Feeling Healing Benefits Children
- Pascas Care Letters Feeling Healing Way
- Pascas Care Letters Little Children
- Pascas Care Letters Women's Liberation and Mother

MEDICAL – EMOTIONS:

- Pascas Care – Feeling Healing
- Pascas Care – Feeling Healing All is Within
- Pascas Care – Feeling Healing and Health
- Pascas Care – Feeling Healing and History
- Pascas Care – Feeling Healing and Parenting
- Pascas Care – Feeling Healing and Rebellion
- Pascas Care – Feeling Healing and Starting
- Pascas Care – Feeling Healing and Will
- Pascas Care – Feeling Healing Angel Assistance
- Pascas Care – Feeling Healing Being Unloved
- Pascas Care – Feeling Healing Child Control
- Pascas Care – Feeling Healing Childhood Repression
- Pascas Care – Feeling Healing End Times
- Pascas Care – Feeling Healing is Rebelling
- Pascas Care – Feeling Healing Live True
- Pascas Care – Feeling Healing Mary Speaks
- Pascas Care – Feeling Healing My Soul
- Pascas Care – Feeling Healing Perfect State
- Pascas Care – Feeling Healing Revelations X 2
- Pascas Care – Feeling Healing the Future
- Pascas Care – Feeling Healing Trust Yourself
- Pascas Care – Feeling Healing Versus Cult

**PASCAS
PAPERS**

DIVINE LOVE and DIVINE TRUTH Revelations and Teachings escalating:





Let your Brain go and
become a



A photograph of two young boys playing in a stream. One boy is holding a large green leaf over both of them as an umbrella. They are both smiling and splashing water. The background is lush green foliage.

Great Gifts through our Feelings are:

**The Awareness of our Heavenly Mother
and Father**

**That our soul is a duplex – both male
and female – one soul, two personalities**

**That Feeling Healing with Divine Love
is our pathway to Paradise – our true
home**

**Freely expressing our Feelings to a
companion is expressing our true
personality – the personality bestowed
upon us by our Heavenly Mother and
Father – our true Mum and Dad!**

**These are truths of living
Feelings First Spirituality,
The New Way**

Healed potential



Insightful Genius

Brilliance!

DYNAMIC

vibrant