

PASCAS FOUNDATION (AUST)



PASCAS FOUNDATION (AUST) Ltd ABN 23 133 271 593
11 Crenshaw Court www.pascasworldcare.com
Parkwood 4214 Queensland Australia

Bs +61 7 5594 0479
www.pascashealth.com
Em: info@financefacilities.com

HINGED or UNHINGED!

22 July 2024

Recent years, to be precise, since 22 March 2017, we have been observing bizarre activity by leaders of all and any institution or authority around the world. It is as though they have become unhinged from their intelligence and competency – and they have! Their safety blanket of influence and manipulation from mind Mansion World invisible controllers has been taken away, prevented and progressively permanently blocked. Celestial spirits from the three Celestial Heavens associated with Earth have blocked negative mind Mansion World influence commencing from 22 March 2017.

This and much more is the bringing about the ending of the Rebellion and Default on Earth that has prevailed for the past 200,000 years.

Consider this: “the controlling spirits worked particularly on people throughout history who naturally wanted to look to their feelings for the truth, or on people who came to the conclusion that their feelings were the way and key to the truth, even the way to heal themselves”.

Yes, heal ourselves! Should we heal ourselves of what we each have taken on during our early forming years, from conception through to the age of six years, being our Childhood Suppression, upon completion of our Feeling Healing process which is now being revealed, we then have no further need to experience discomfort, pain, illness, disease or any ailment. Presently all medical systems only address and suppress the symptoms – they do not heal!

Kindly go to www.pascashealth.com, then Library Download, scroll down to Pascas Care Letters and click on to open:

 [Pascas Care Letters Changes for Health Sciences Overview.pdf](#)

Further, in Pascas Introduction Notes, consider:

 [U-Turn for Humanity soul light and New Feelings Way.pdf](#)

Further, our connections with our pair of Nature Spirits, our pair of Spirit Guides, our pair of Angels who are supporting us at all times, may now open up for those who consider that Living Feelings First is their preference, and should we embrace our Heavenly Parents Divine Love, be even more forthcoming.

This further opens up the introduction of technologies that address the issues that make up Maslow’s Hierarchy of Needs. Consider potable water and energy / electricity being readily available anywhere and everywhere – that is now possible, whereas such technology was being withheld. And much more.

The disturbances to normality, the way we have lived for aeons, will continue and grow in intensity, maybe beyond several decades to come, until we begin to recognise and strive to live a better way. Our days of worshipping our minds and suppressing our feelings are to go. We are to embrace The New Way, that is Living Feelings First and longing for the truth behind what our feelings are drawing our attention as well as asking our Heavenly Mother and Father for their Love. For those who don’t, life will continue to be ever increasingly more difficult.

Negative Spirit Influence
blocked
22 March 2017
Law of Compensation
quickenning
22 May 2017



Rebellion and Default
officially ended
31 January 2018
Great U-Turn
now ready for mobilisation
22 July 2023

REBELLION & **DEFAULT**
officially ended
31 January 2018

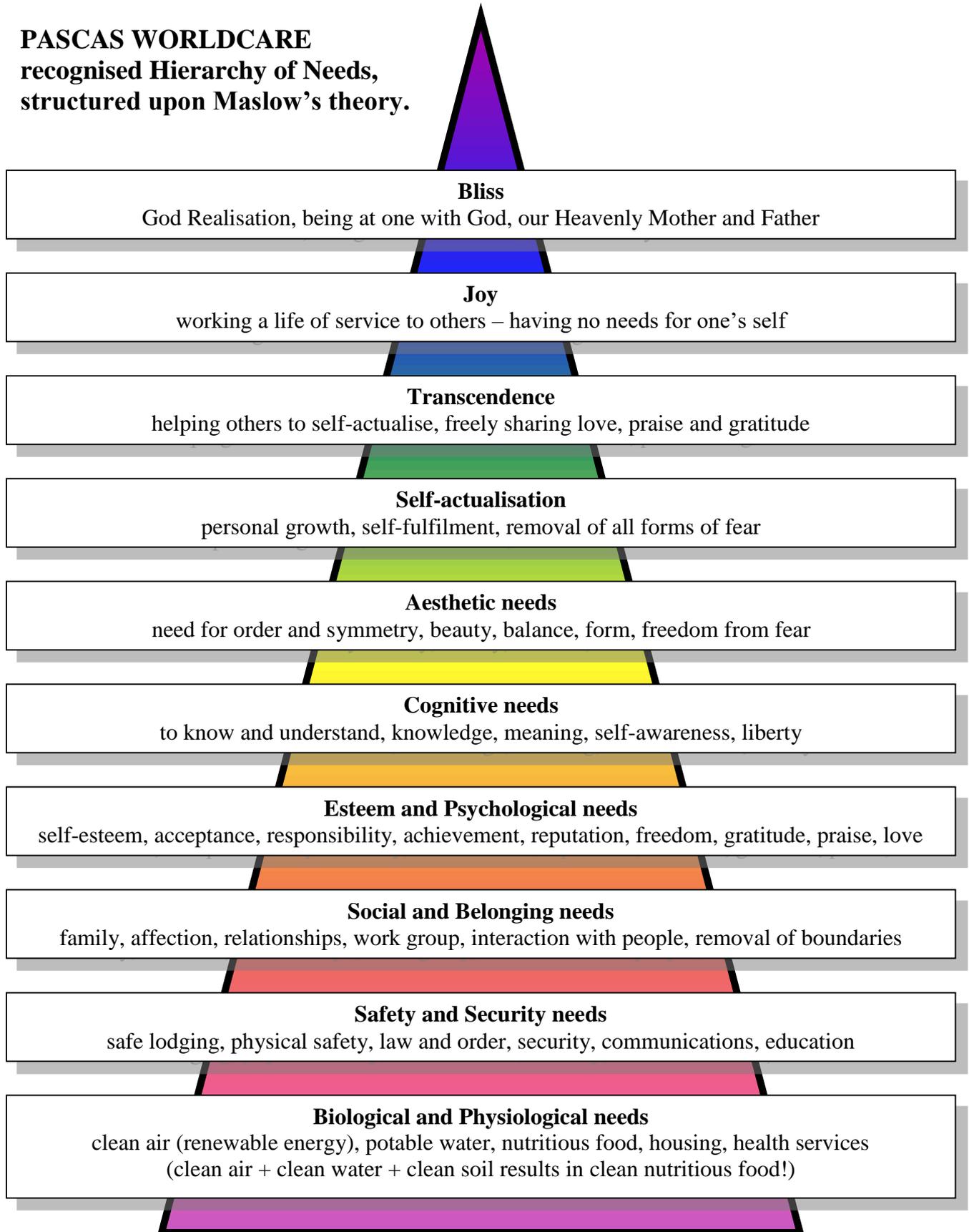
Negative Spirit Influence
blocked
22 March 2017

Law of Compensation

quickenning
22 May 2017

GREAT
-Turn
now ready for mobilisation
22 July 2023

PASCAS WORLDCARE
 recognised **Hierarchy of Needs**,
 structured upon **Maslow's theory**.



Root Cause

Highly esteemed Lanonandek spirits from within our local universe of Nebadon were assigned as System Sovereigns of our local system to oversee Earth's humanity and their spiritual development. 200,000 years ago they, the Lucifers, became infatuated with their authority and turned against the regents of Nebadon, Mary and Jesus, as well as rejecting God. Through their Planetary Princes, also Lanonandek spirits, they had taken the humanities of 37 worlds within their local system into their Rebellion.

Through living through our minds, suppressing our feelings, we on Earth will continue to be at war with each other, illnesses of all descriptions will continue from our feelings suppression, famine and inequalities prevail, control of others is the core of all systems, we cannot determine truth from falsehood and life on Earth is a living hell. We have been continually seduced by mind Mansion World spirits and we live life in a stupor – nothing more than zombies doing the begging of the evil ones, the rebellious Lanonandek spirits.

Through living through our minds, suppressing our soul based feelings, we have been progressively going further and further away from our Heavenly Parents, now to the point that we cannot go any further. Through working cracks in the Universal Contract governing the Rebellion and Default, this control has been ended formally as of 31 January 2018.

Pathway Forward

To liberate one's real self, one's will, driven by one's soul, moves one to embrace Feeling Healing, so as to clear emotional injuries and errors. With the Divine Love, then one is also Soul Healing. We are to feel our feelings, identify what they are, accept and fully acknowledge that we're feeling them, express them fully, all whilst longing for the truth they are to show us.

God's Divine Love: Pray for it, ask for it, and receive it.

The Golden rule is: Never interfere with another's will.

Golden Rule: that one must always honour another's will as one honours one's own.

New Feelings Way: learning how to live true to ourselves by living true to our feelings.

We are to express our feelings, both good and bad, at all times, and to long for the truth of them.

By living true to ourselves true to our feelings, we are living true to God. It's that simple.

Violence is never Justified

Never is hatred, nor discord, nor war among men justified – no matter what the cause – and if men will only learn the Truth there will never exist such feelings or acts. Militarism is all wrong. Jesus 25 December 1915

For those who embrace their feelings, life will become what it is meant to be, simple and rewarding as we each heal ourselves and grow in truth and love. How cool is that!

simple is what LIFE is meant to be!

The amazingness of our life is truly beyond comprehension – yet our physical life is one of difficulties, pain, disappointments and physical discomforts. Why is this so?

Our individualisation of our personality is achieved at the moment our newly forming foetus commences to pump blood – that is about day sixteen after our conception. Our mortal life begins. Only when we long and ask for our Heavenly Parents Divine Love, upon receiving such do we become truly immortal.

We are being born into a physical family with which we have had nothing to do with and that following our physical death we will shortly thereafter disconnect with. The heritage and culture that we experience while living in the physical on Earth is an experience that our soul and its soul plan for us is what we are to have. Our soul manifests two personalities, one a female and the other always of the opposite sex, a male. Soul partners connect up once they enter the first of the Celestial Heaven spheres, and then throughout our amazing ongoing journey we are always together with our soul partner.

Some 200,000 years ago, our System Sovereign rebelled against the Regency of our Local Universe, called Nebadon. The System Sovereign soul partners with their deputy soul partner pair, the Lucifers and Satans, induced 37 humanities to join into the rebellion. The Planetary Prince for Earth, the Caligastias with their deputies, the Daligastias submitted to Lucifer. For the past 200,000 years, Earth's humanity has been quarantined from all other humanities throughout all of the universes. There has been no visitations, interactions or communications with Earth's humanity by any other civilisation from any other humanity these past 200,000 years, and it is doubtful that there had been previously.

The first Earth humans to have a longing for human perfection lived nearly 993,500 years ago. They being Andon and Fonta, twins, that lived a little south of the Caspian Sea and they were of a red skin complexion. Andon and Fonta are also known as Aman and Amon – first man and first woman. Their offspring reached Tasmania, an island state south of Australia, more than 950,000 years ago.

During the course of the Rebellion against the leadership of Mary Magdalene and Jesus, the mission of the Adamites, Adam and Eve, was interfered with by the rebellious Lannondeks, mainly the Caligastias and the Daligastias under the influence of the Lucifers and Satans, resulting in the Default of the Adamites' mission about 38,000 years ago.

Consequently, Earth's humanity has the unique status of being both in Rebellion and Default, the only humanity of the 37 rebelling humanities throughout the local universe of Nebadon which has 3,840,101 humanities, to do so. Our status goes further than just our local universe! Nebadon is one of 100,000 local universes of the super universe called Orvonton, and there are 7 super universes circling Paradise. Thus there are some 700,000 local universes having co-regents of the same level and status as Mary Magdalene and Jesus, Creator Daughters and Sons from Paradise. However there is only one humanity that has both Rebelled and Defaulted and that is us, the humanity here on Earth!

Yes, we of Earth are unique in that we have perfected the art of ‘wrongness’. Should someone need someone with experience in evilness and wrongness then we will be called upon. How should we feel about that?

Apart from wanting to get the ‘hell’ out of here, that is why we each are here! We are privileged in being able to have this physical life of living in hell. While we remain unhealed of what we each have taken on of the Rebellion and Default we will continue to remain in ‘hell’ – isolated and quarantined from all other humanities. BUT no one is going to be left behind – we will ALL heal ourselves and become Celestials transitioning into the first of the Celestial Heavens, then progress through Neadon, then the rest of Orvonton, and then on to Paradise.

Our unique experiences here on Earth will well equip us for assignments providing assistance to humanities that are yet to establish and evolve throughout the 70,000 super universes now forming outside the 7 presently formed and peopled super universes.

Thus, we of Earth’s humanity are privileged in that we have been afforded the experience, the opportunity to learn by doing, so that we can assist the newly to be created humanities who will be even more remote from Paradise than we on Earth. It is anticipated that the increasing remoteness and numbers will result in more circumstances and issues to be managed that may possibly be more difficult than what has prevailed on Earth these past 200,000 years. Kindly note that Earth’s humanity will remain isolated throughout the coming 1,000 years as it progressively heals itself of its Rebellion and Default.

The Rebellion and Default have been allowed to run its full course under the Universal Contract that has been in place throughout its duration. The contract was formally concluded on 31 January 2018.

Aspiring to Living Feelings First

Amber Ford, Antonella Russo, Asad Basit, Brian Iverach, Dean Rowley, Faiyel Hassan, Helen Adam, Gary Wilson, Graham Golding, Ian Dowling, Jim Baker, John Doel, Lachlan Riddell, Lillian Nielson, Marco Renai, Peter Wildin, Renata Jones, Stephen Simpson and Vicky Rose

Pascas Foundation (Aust) Limited not-for-profit

**ONCE YOU KNOW -
YOU CANNOT UNKNOW!**

Mary Magdalene

Seven Spirit Earth Planes

Each of the seven Earth spirit planes co-exist in the same space as we do in the physical. We of the physical world are of the coarsest and densest material. Starting with the 1st plane, the material within each plane becomes finer, more refined and of greater luminosity. Those within the lower planes cannot see or discern the presence of those in higher planes. Those of the higher planes can move about those in lower planes without them being aware of being present unless they wish to reveal themselves.

Each plane is predominantly for one group of spirit or angel personalities. However, there are sectors within planes where visitors from higher planes can move about freely. No harm or disturbance can be caused by any spirit personality upon another, not even those within the physical Earth existence.

7
6
5
4
3
2
1

7th Earth Plane being for visitors from Havona and Paradise, together with the Daughters and Sons of God. This includes Angels who have come all the way from Paradise.

6th Earth Plane being for visitors from the higher levels of our Local Universe. Higher Daughters and Sons together with higher Angels.

5th Earth Plane being for visitors from the Celestial Heavens and higher angels and spirits from other parts of Creation, including Finaliters.

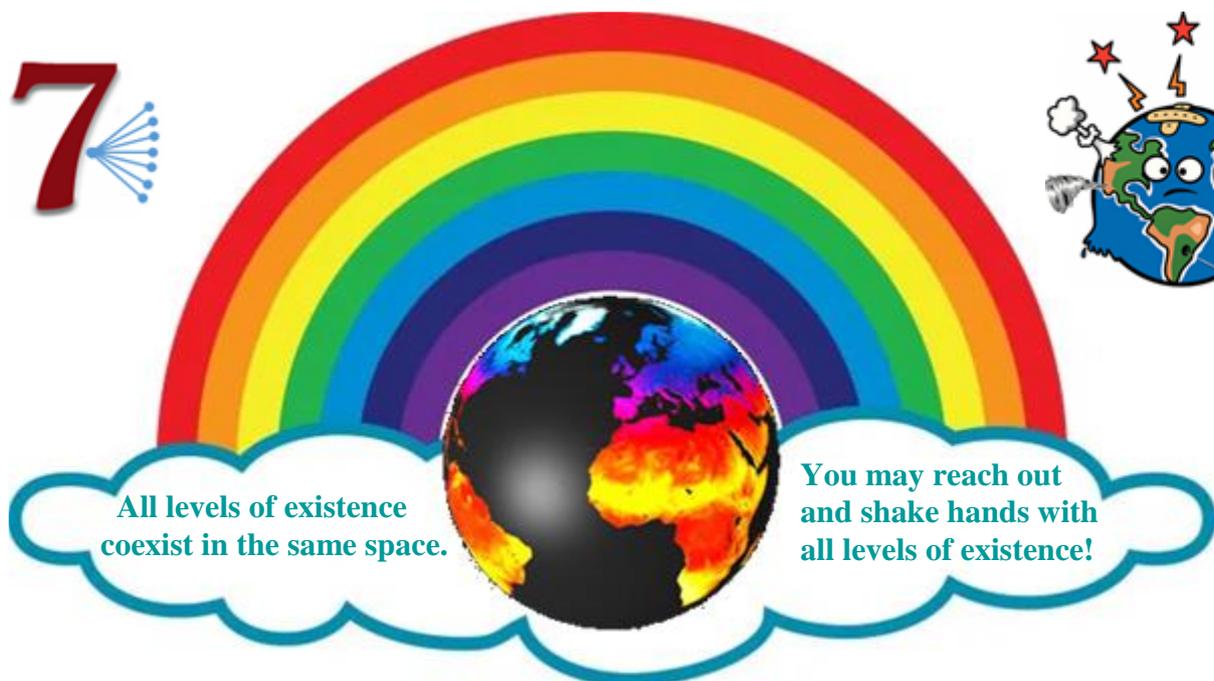
4th Earth Plane being exclusively for Angels, some of which have evolved from Nature Spirits!

3rd Earth Plane is the exclusive domain of Nature Spirits who are derived from creature life experience on Earth.

2nd Earth Plane – a ‘Sphere of Isolation’ from which one progresses having settled the Law of Compensation, allowing entry into regular spirit life in the 1st spirit Mansion World.

1st Earth Plane – the darkest ‘Sphere of Isolation’ and closest to Earth. A plane allowing spirits to live in their state of hell because of their grievous inclination to cause harm to others.

7



All levels of existence
coexist in the same space.

You may reach out
and shake hands with
all levels of existence!

FOR 200,000 years ALL SCRIPTURES and Earth based INSTITUTIONALISED SYSTEMS are the WORK of the REBELLIOUS LANONANDEKS:

The rebellious Lanonandeks from within our local universe are these soul partner pairs:

THE EVIL ONES



Lucifer pair
Lucifer being System Sovereign of Satania
Arrested and imprisoned 26 CE



Satan pair



Caligastia pair

Caligastia being Planetary Prince of Earth
Arrested and imprisoned 1993 CE



Daligastia pair



7 A sector within the 7th plane is isolated from all others. This isolated sector is the spirit world prison for the rebellious Lanonandeks, all eight are accommodated within an English manor that is open to tourists on the Earth plane, and thus they have to endure the tourists.



6 The Greatest Show is on Earth! Since the formal ending of the Universal Contract governing the Rebellion and Default for Earth on 31 January 2018, the 6th Earth Plane has been given over to visitors from the greater universe, being those outside of our local universe of Nebadon. The greater universe consists of 100,000 local universes, consequently as Earth is the only humanity throughout that is in Rebellion and Default and is now to heal itself of this, the number of spirit visitors are enormous.

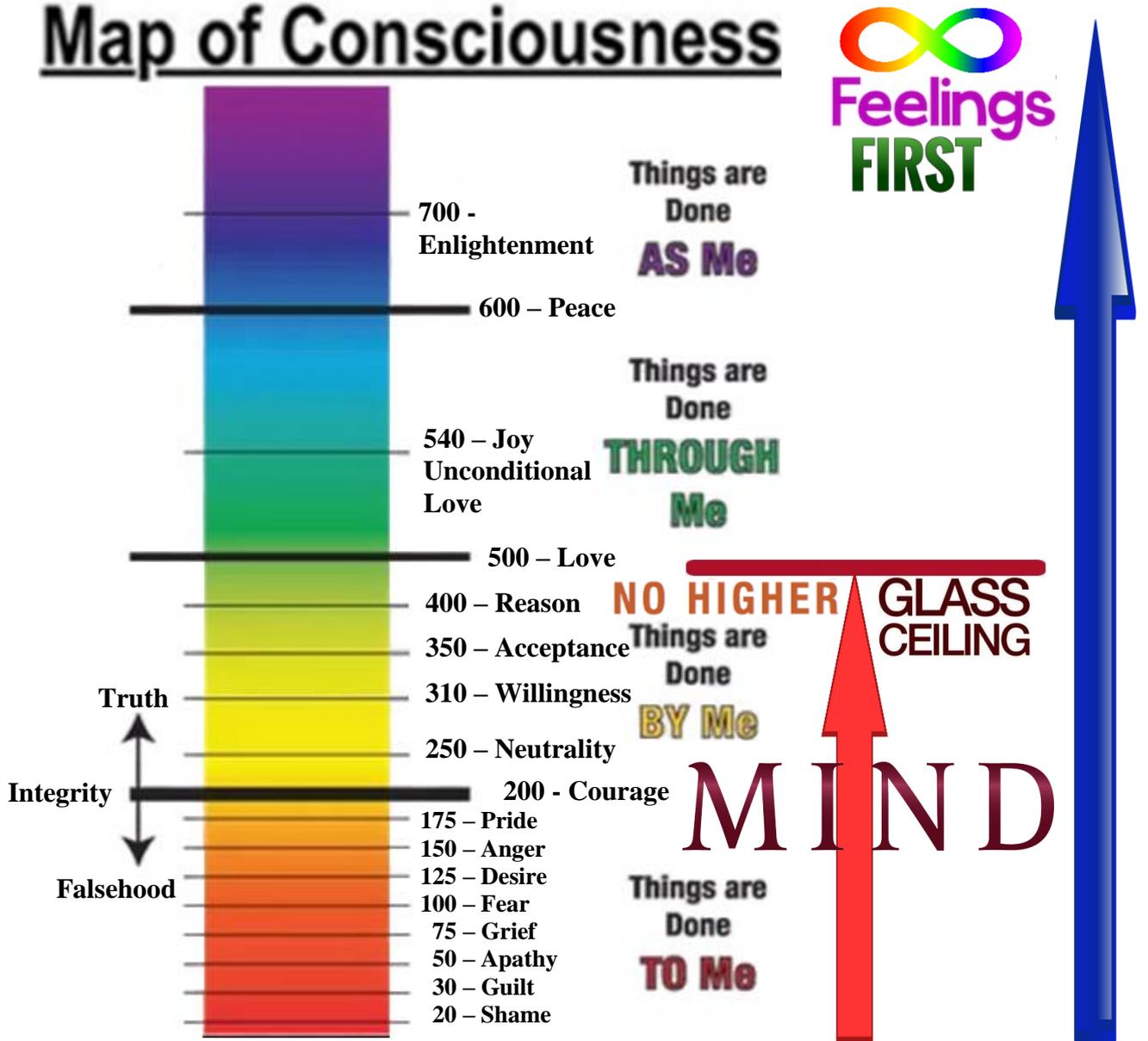
THE
GREATEST
SHOW
is ON EARTH

5 Similarly, the 5th Earth Plane has been given over to visitors from within our local universe of Nebadon, having 3,840,101 inhabited worlds. Each local universe being of a similar size. Midwayer spirits provide talks at regular intervals for visitors, and these talks are broadcast throughout the universes.

Earth's humanity is truly a fishbowl being observed by the peoples of all the universes.



Map of Consciousness



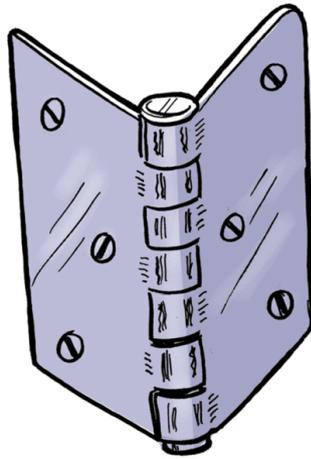
This outline of the Map of Consciousness spells out the fact that while we live Mind-Centric and ignore and suppress our Feelings we cannot pass 499 MoC. Our mind being in control, as we have all been indoctrinated to live, is a glass ceiling. Humanity cannot heal anything, cannot be spontaneous, has no intuitiveness, and is locked into living in the deep hell states. This is why people find themselves in abusive homes, domestic violence, housing stress, homelessness and gross difficulties of all kinds. This is why we are easily manipulated, embrace propaganda and are being controlled by a few.

Women are closer to their feelings and that is why the nursing profession hosts a lot of women who calibrate a little over 500. These women are the healers in hospitals.

By aspiring to live Feelings First we are each breaking the glass ceiling and opening our potentials to grow in truth and love not only to 1,000 MoC, but to infinity. This is our destiny.

As communities embrace living Feelings First and having their minds to follow in supporting what their feelings are guiding them with, then ALL of the social ills of society will begin to mitigate. Please, do you comprehend the importance of what is being shared throughout this document?

HINGED



UNHINGED



The world abounds with demagogues and psychopaths, however some stand out due to narcissistic traits.

Demagogue – a leader who makes use of popular prejudices and false claims and promises in order to gain power.

Psychopath – psychopathic behaviour varies greatly from one individual to another. Some are sex offenders and murderers, while others may be successful leaders. It all depends on their traits. It's also important to distinguish between a psychopath and someone with psychopathic traits.

Psychopathic traits commonly include:

- Antisocial behaviour
- Narcissism
- Superficial charm
- Impulsivity
- Callous, unemotional traits
- Lack of guilt
- Lack of empathy
- Lack of fear

Worldwide, as we review the structure and systems of any and all political systems, we will come to realise that hidden controllers are mostly able to impose upon an electorate their personal compromised, submissive nominee for any political seat or position they so please. Should they not be able to put their nominee into position then they impose compromised puppets into high level bureaucratic appointments as well as puppet advisors. Thus, unsuspecting electors are held captive, submissive and suppressed by covert hidden controllers imposing their agendas upon the people through most political systems. Now we can set a benchmark of MoC 440 and strive for true leadership.

MAP OF CONSCIOUSNESS

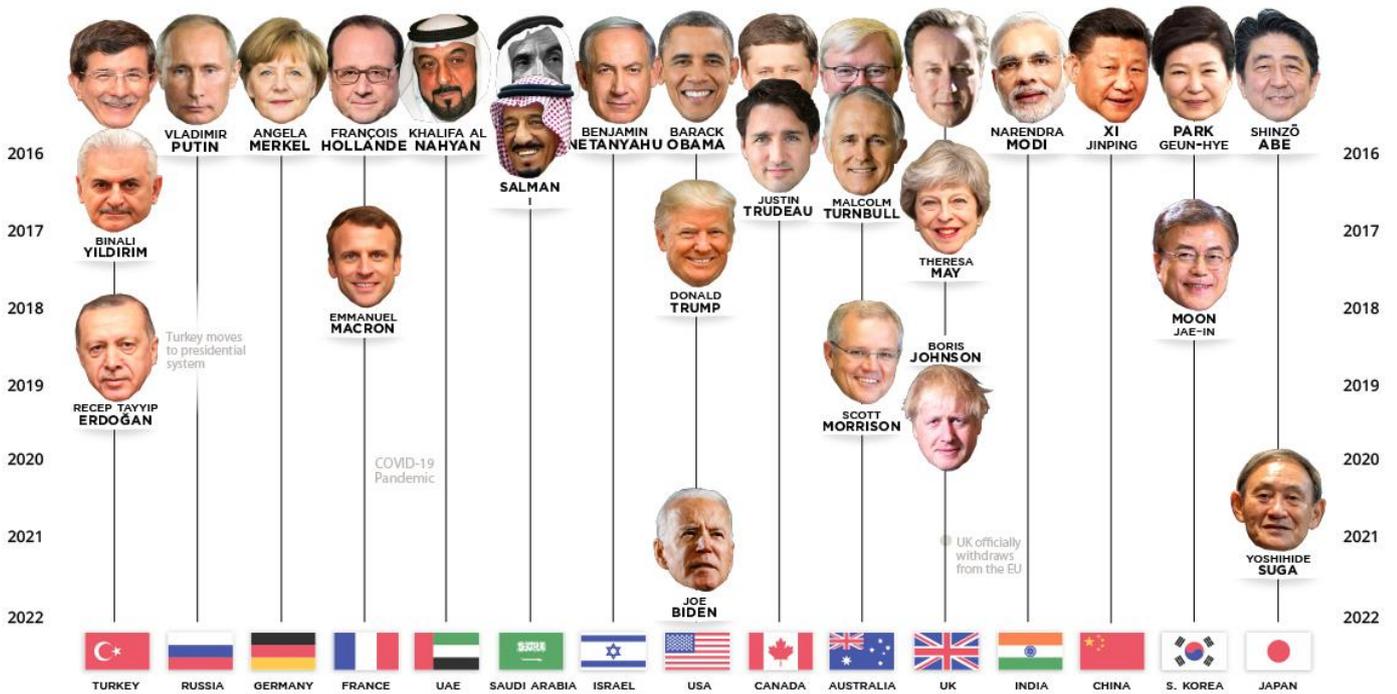
Map of Consciousness from Dr David R Hawkins, M.D., Ph.D. "Power vs Force".

Level	Log
ENLIGHTENMENT	700-1000
PEACE	600
JOY	540
LOVE	500
REASON	400
ACCEPTANCE	350
WILLINGNESS	310
NEUTRALITY	250
COURAGE	200
PRIDE	175
ANGER	150
DESIRE	125
FEAR	100
GRIEF	75
APATHY	50
GUILT	30
SHAME	20

PERSONALITY TRAITS:

- Less than two dozen people on planet Earth.
- Would not pick up a weapon let alone use it. These people gravitate to the health industry and humanitarian programs.
- Debate and implement resolutions without argument and delay. 470
- Debate and implement resolutions in due course. 440
- Debate and implement resolutions with some degree of follow up generally needed. 410
- Management supervision is generally necessary.
- Politics become the hope for man's salvation.
- Cause no harm to others starts to emerge. Power overrides force. Illness is developed by those man erroneous emotions that calibrate 200 and lower.
- Armies around the world function on pride. Force is now dominant, not power.
- Harm of others prevails, self-interest prevails.
- Totally self-reliant, not God reliant.
- Fear dominates all motivation.
- Suicide is possible and probable.
- At these levels, seriously harming others for even trivial events appears to be justifiable.
- Poverty, unemployment, illness, etc., this is living hell on Earth.

ABSOLUTELY UNHINGED



and many more!

or



MAPPING CORRUPTION AROUND THE WORLD

The countries with the most and least amounts of corruption

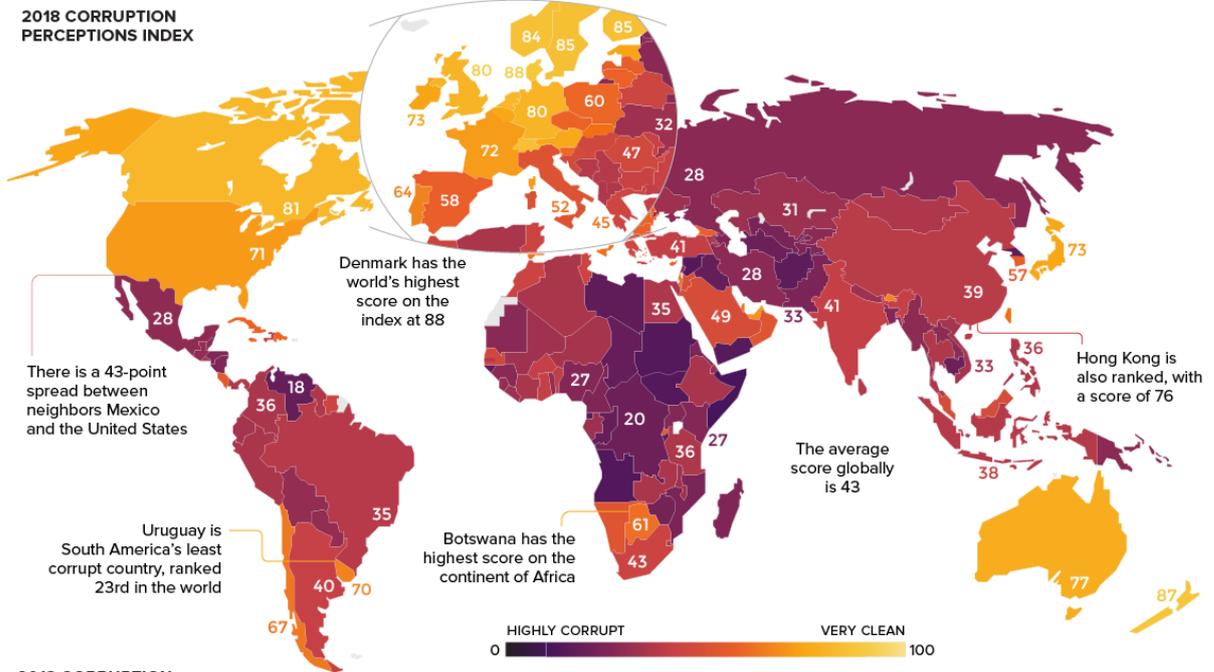
The 2018 Corruption Perceptions Index, published by Transparency International, measures the perceived levels of public sector corruption in 180 countries and territories.

Drawing on 13 surveys of business people and expert assessments, the index scores on a scale of zero (highly corrupt) to 100 (very clean).



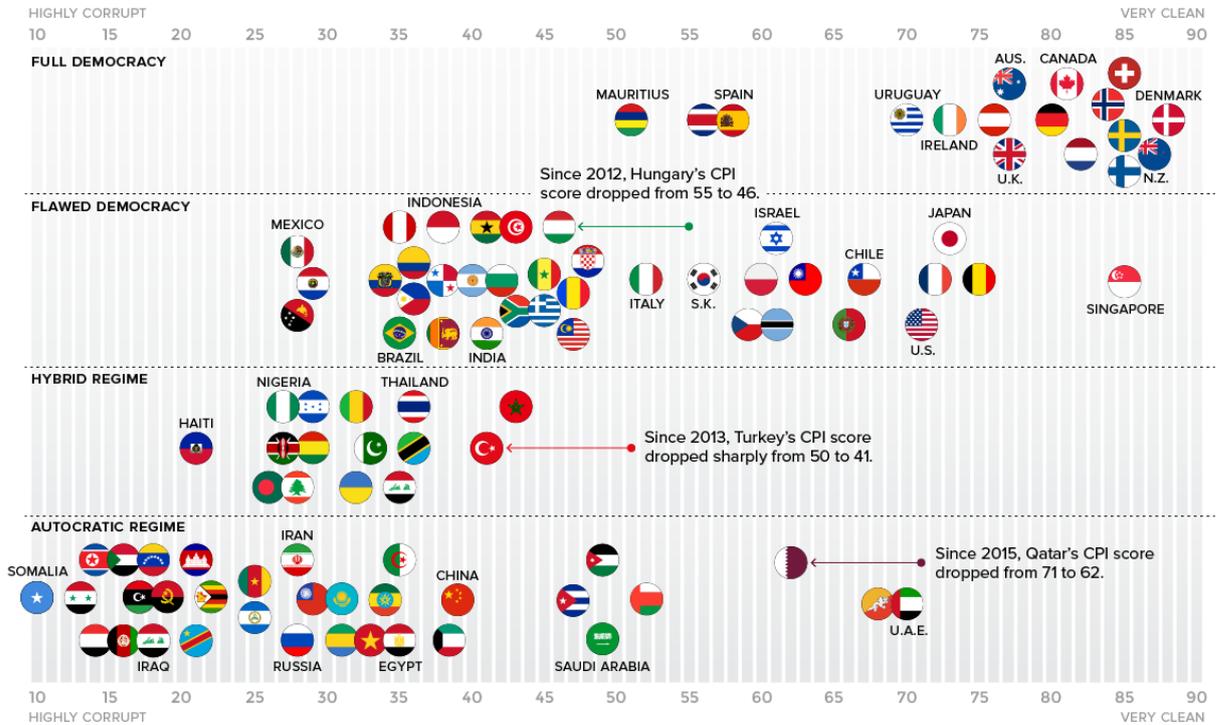
The Index takes a number of factors into account, such as nepotism, prosecution of corrupt officials, and bribery.

2018 CORRUPTION PERCEPTIONS INDEX



2018 CORRUPTION PERCEPTIONS INDEX

Selected countries, by political system



RECENT HIGHLIGHTS



ESTONIA
CÔTE D'IVOIRE
SENEGAL
GUYANA



UNITED STATES
CZECH REPUBLIC
BRAZIL



AUSTRALIA
CHILE
TURKEY
MEXICO

PSYCHIC BARRIERS to CHANGE!

To put it succinctly:

We have been driven, generation after generation, to embrace our minds to the point that we blindly worship our minds, due to the fact that high level spirit controllers considered we would fall to their coercion.

Our minds are addicted to:

Control over others;

Control over our environment.

That males are now addicted to having females subservient to their control.

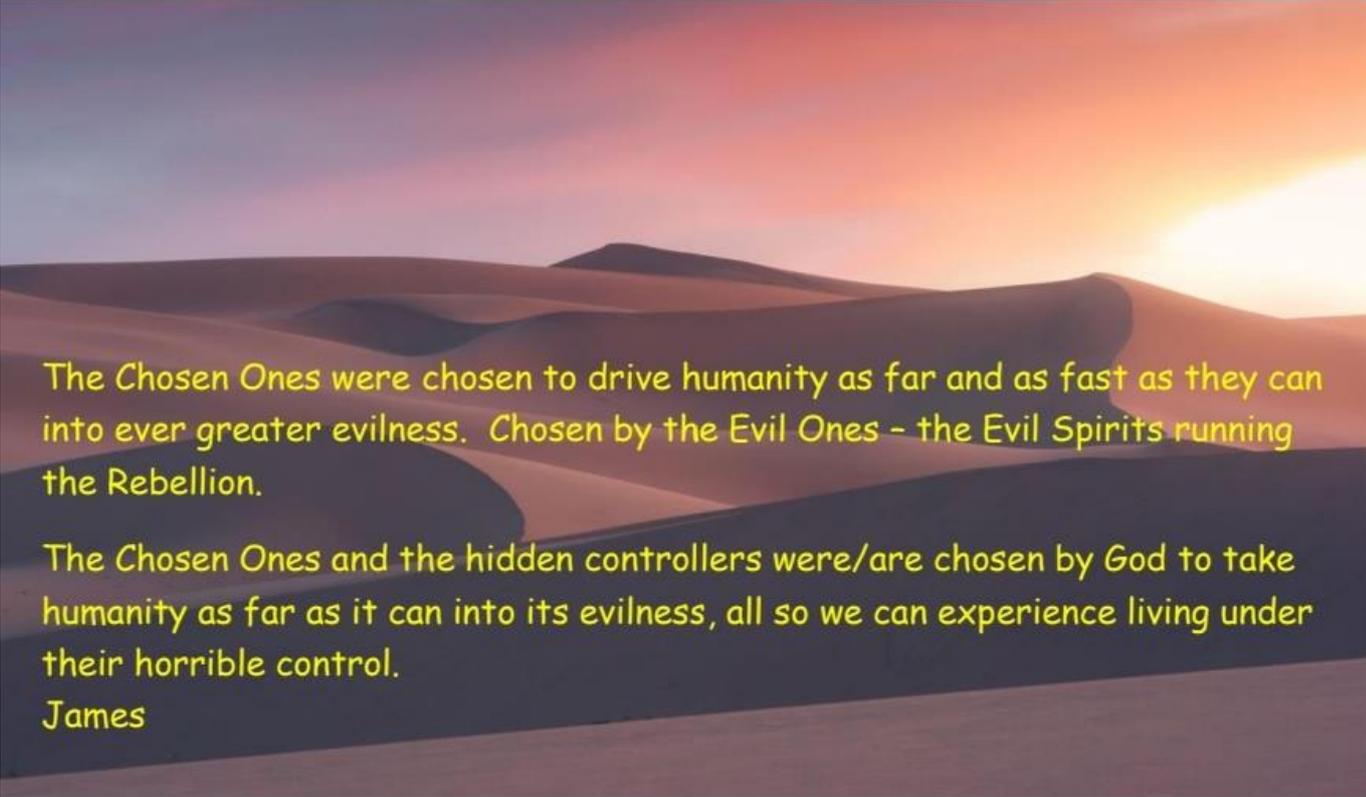
That our minds cannot differentiate Truth from Falsehood.

That our minds are addicted to untruth and that 'fake news' and propaganda will be believed by a gullible, subservient audience.

That consequently, the sheeple will march to war without questioning.

So, financial gain for the few hidden controllers is the trigger for never ending wars, if they cannot enslave nations through debt or by other means!

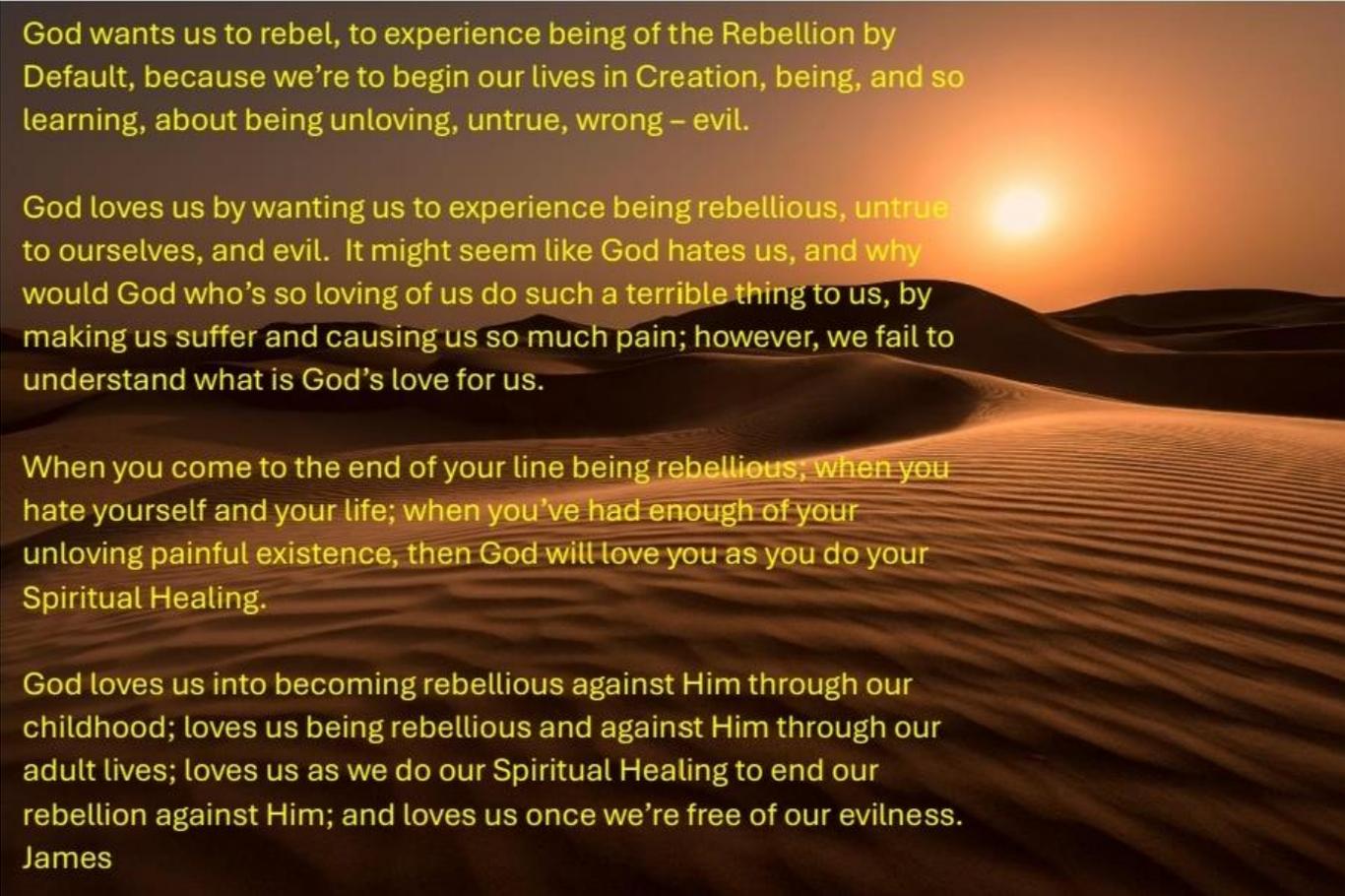
We, here on Earth, live in a physical HELL!



The Chosen Ones were chosen to drive humanity as far and as fast as they can into ever greater evilness. Chosen by the Evil Ones - the Evil Spirits running the Rebellion.

The Chosen Ones and the hidden controllers were/are chosen by God to take humanity as far as it can into its evilness, all so we can experience living under their horrible control.

James



God wants us to rebel, to experience being of the Rebellion by Default, because we're to begin our lives in Creation, being, and so learning, about being unloving, untrue, wrong - evil.

God loves us by wanting us to experience being rebellious, untrue to ourselves, and evil. It might seem like God hates us, and why would God who's so loving of us do such a terrible thing to us, by making us suffer and causing us so much pain; however, we fail to understand what is God's love for us.

When you come to the end of your line being rebellious; when you hate yourself and your life; when you've had enough of your unloving painful existence, then God will love you as you do your Spiritual Healing.

God loves us into becoming rebellious against Him through our childhood; loves us being rebellious and against Him through our adult lives; loves us as we do our Spiritual Healing to end our rebellion against Him; and loves us once we're free of our evilness.

James

Yes, the chosen tribe was so selected due to the personality traits there is, however the chooser was none other than Caligastia, the rebellious Lanonandek spirit who held the position of Earth's Planetary Prince and is the personality that we are referring to when we talk about the devil!

COSMIC UPDATE NUMBER 6

The continuing influence of the Evil Ones on humanity of Earth.

With the eight Evil Spirits that brought about the Rebellion and caused Eve and Adam to Default, all interned and so no longer able to directly or indirectly affect humanity in any way, the Rebellion and Default are technically over.

So humanity is no longer being negatively influenced by these Evil Spirits: Mr and Mrs Lucifer, Satan, Caligastia and Daligastia, who are all very real spirits of a higher order, the Lanonandeks re: The Urantia Book.

And what this means, is, humanity is on its own to continue rebelling; or, end it by people doing their Spiritual Healing.

The likes of Tucker Carlson want to believe there are possibly higher supernatural beings negatively influencing Earth, and there were, the Evil Ones, however, no longer.

Along with the Evil Spirits who've affected and controlled humanity for so long, there have also been high sixth Mansion World mind spirits working to assert control through psychic ways upon the controlling people of Earth whose minds are receptive to such interference. These mind spirits being people who were more than likely controllers on Earth, who died, and wanted to continue having some level of control over people on Earth as they worked their way up the Mind Mansion Worlds: 1, 2, 4, 6.

So humanity in all areas has been, not only subjected to the ongoing control from the Evil Ones, until Mary M and Jesus ended it for the Lucifers and Satans, then lately with it ending for the Caligastias and Daligastias, but also subjected to heavy control from all levels within the Mind Worlds. However, as of about a year ago, that higher level mind spirit control has started to be blocked and curtailed by Angels instructed to steadily diminish that control. So less and less is higher spirit control being applied to Earth, which one could say is bringing about the result of the well-oiled past control of humanity from spirit, becoming progressively unhinged. Which is going to bring about a lot more bizarre attempts to keep that control going by the controllers on Earth, as they lose the greater vision and higher guidance from these higher controlling spirits. All of which is meant to help bring about, and so reflect, the ongoing breaking down of the control imposed on humanity through the Rebellion and Default, now they are officially over. There are many technical levels to be worked through concerning the end of the Rebellion, so this is taking time as we move into then through the End Times – The End of Mary M and Jesus’ Age. The end of the Lucifer Rebellion. And the end of Eve and Adam’s Default as people do their Spiritual Healing.

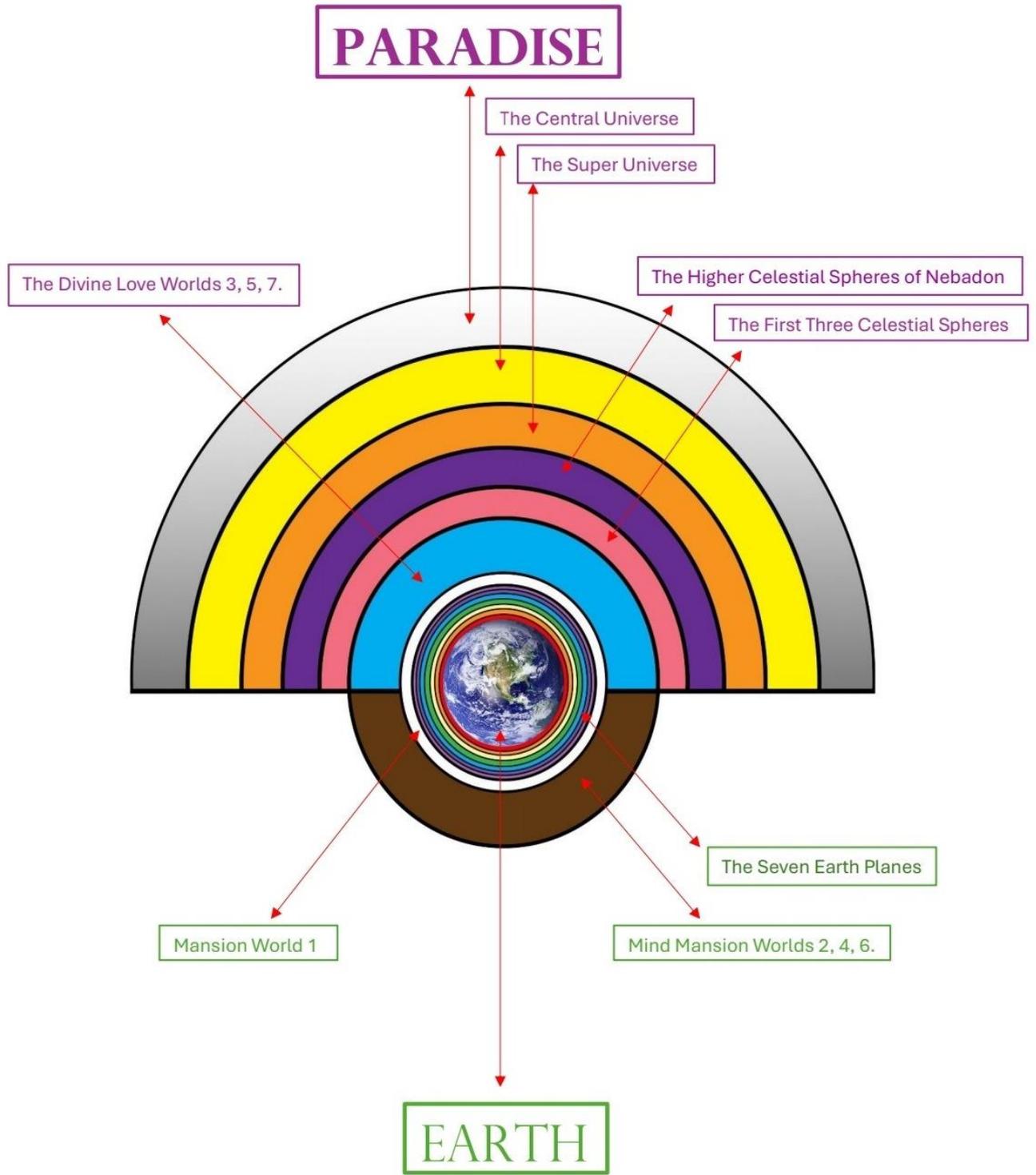
Mary and Jesus are due to return to the Palace – Saturday, 13 July, 2014.

James

NOTE: 1993: The Lanonandek soul partner pairs, Caligastia and Daligastia, were arrested and spirit world imprisoned with the Lucifer and Satan soul partner pairs.

22 March 2017: Negative spirit interference from the mind Mansion Worlds with Earth’s humanity was blocked by the Celestial Heaven personalities and this blocking continues to be enhanced.

OUR ASCENSION OF TRUTH



Samantha



Life After Death



We are more alive than ever – when we are dead!

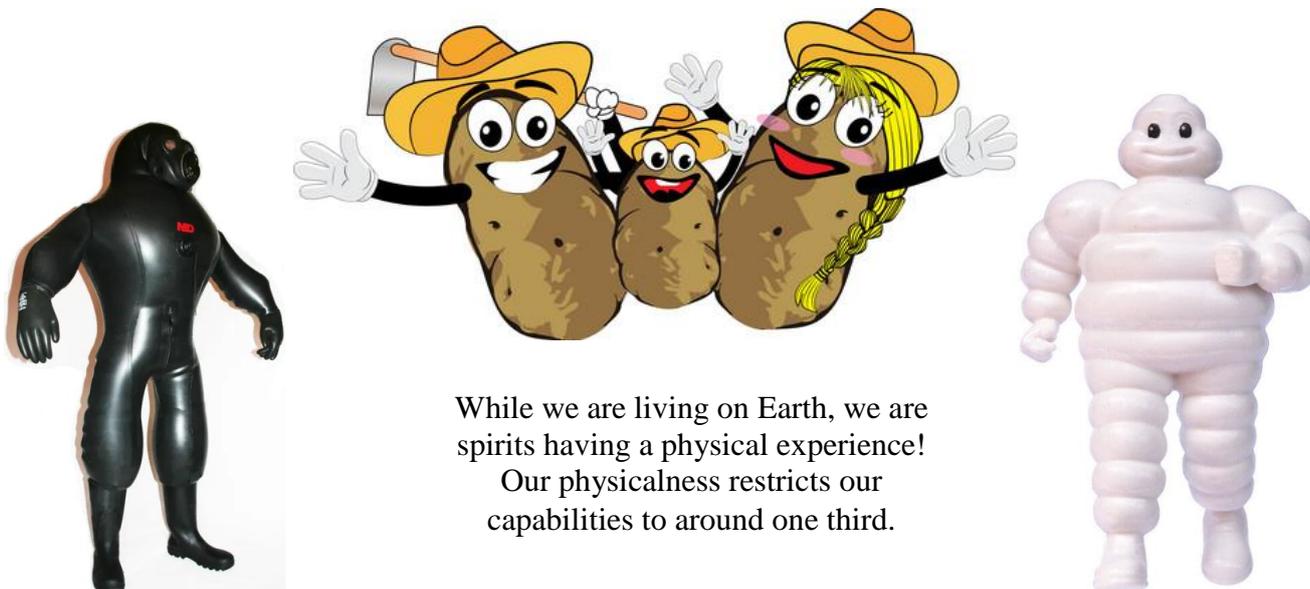
The life after death is no different in the essentials than the mortal existence.

However, our capabilities are about three fold of what it is when now as we are living in the physical.

We may come to look upon our physical body as though we are living as a potato, or maybe like we are living in and through a heavy rubber suit. Even being the Michelin man may come to mind.

Our physical brain is the interface between our spirit body mind and our physicalness, thus upon death of our physical body we lose nothing! Our personality remains as we know it and life is far more fulfilling in the spirit Mansion Worlds than living on Earth. We all arrive in the 1st Mansion World.

Every mortal gain is a direct contribution to the enrichment of the first stages of the immortal survival experience. Everything we do in this life which is good contributes directly to the enhancement of the future life – as it does now throughout our physical life! Death is definitely not to be feared, because what awaits us on the other side is a much more amenable way of life, even if it is still all within the Rebellion and Default.



While we are living on Earth, we are spirits having a physical experience!

Our physicalness restricts our capabilities to around one third.

Wednesday, 22 March 2017

NEGATIVE MIND MANSION WORLD SPIRITS are now BLOCKED from HUMANITY!

Helen, I'm too tired tonight to go into too much, however, how did it go today for you all?

Helen: **It's done James. We did what we wanted to do, it was easy to implement and I'll tell you about it when you are ready.**

James: Okay, Wednesday and Thursday are not good they being my work days.

Helen: I understand, so we'll speak soon. **Crystal has the green light now.**

Unhinged. **UNHINGED** plun
ge
e

NEGATIVE SPIRIT INFLUENCE BLOCKED

Thursday, 23 March 2017

James: Hello Helen, I'm still tired, though not as bad as yesterday. I don't expect you to say anything to me when we write, I don't believe it will happen as I have no real interest in what you tell Crystal, as it's not really spiritual stuff that's come up for me that I want to ask you Celestials about, however I do enjoy it as an exercise of letting go more and seeing what happens without trying to control anything.

Helen – 3rd Celestial Heaven spirit: All so long as you keep expressing your negative expectations James, then I can keep talking with you as such. And you don't need to know about the intricacies of what's going on, Crystal can decipher my information to her from you as it all helps her gain a feeling for what she is doing. And so I will say to her now: Keep going with our Feelings Crystal, your feelings will lead you more now as things are going to start happening toward final resolution.

Yes, **we have instigated our control**, we're still asserting it, it's a vast plan affecting the whole of humanity, your money being only a small part in it; nevertheless still very important for those of us over here who've been working with you every step of the way. (Funds include those to role out Pascas Foundation being the Great U-Turn for humanity worldwide!)

We are continuing to 'roll out' our blocking control on the mind spirits, and it is a joy to finally have such power and to see the almost instant results, which unfortunately you can't see from your side, but for us it's obvious and so more progress toward real change.

I'll move now to answer Crystal's email to you James.

Helen – 3rd Celestial Heaven spirit;

Crystal: The enclosed PDF file was sent to the judge yesterday and your Wednesday has arrived.

Helen: Yes, good, now we'll wait and see.

Crystal: Did you neutralise the proper spirits? Was this what both James and your group needed to do to finally enable the completion of this decade long project?

Helen: Yes, all I said has happened, and now it's a matter of allowing these blocking measures to have an impact. You might start to detect a slight change in the antagonists next time you have more to do directly with them, and this will be a result of the unseen pressure being exerted on them by us.

What has happened before, is we might exert our pressure on them, but then the mind spirits would counter that, and as they are heavily aligned with these spirits as the spirits are on their side – they both working for the same end, so that limited the effects we could have. Now things are skewed heavily in our favour, so that will put a different psychic or 'inner' climate into the minds of these people, all of which is not going to sit well with them. They will start to feel **unhinged** as in their usual thought processes will now have holes in them, things won't flow or add up as they did, causing them not to feel as confident as they have, even starting to have doubts and worries which they'd been able to conquer before with the mind spirits help. Now they are basically on their own with only their own minds and no outside help from the mind spirits. And as hard as it might be to understand this, some of these people were all but open channels to the controlling mind spirits, with very little of their own genuine thoughts, so heavily influenced and all but taken over by such spirits. So suddenly the plug has been pulled and so you can image how it might adversely affect them.

Crystal: I spoke with my lawyer last night warning him that history tells us, that in this deal, contact can be made any way but directly.

Helen: Good.

Crystal: Have we breached the threshold? In other words are the Germans preparing to make contact? And if so, how and by whom? The magic questions they have never been able to answer.

Helen: Yes they are, and it shouldn't be too long before you hear from them directly which will then allow you to know which next steps to take and how harshly.

Angela (Merkel – Chancellor of Germany) is having lots of meetings reporting back on her American trip and all that's happened whilst she's been out of direct face to face contact with the people she needs to keep supporting her – her team, and over the next couple of days your case should be presented to her which she will give serious consideration. So there should be some movement by early next week as she will be working hard over the weekend. She's now beginning to see it as it could be a feather in her cap to support you more publicly which will help her look good in the political areas.

She's been at it a long time and is very tired, so she's really also having to decide whether or not she wants to keep going, whether she does want to keep fighting and having to deal with so many problems. And the main thought that keeps her going is that she understands she does a good job and without her the whole EU (European Union) thing would have been a mess, far more than it has been. So she's worried that if she stops, Germany will be taken in directions that are not to her liking. She's very 'motherly' and protective of Germany, and would hate to see it all go to hell once she leaves, which it will, but her ego is also pretty substantial.

However she understands the EU's days are numbered and believes she's the best person to give Germany the best deal, to be able to cut loose without having to carry all the other weaker countries, all of whom will want her to bail them out.

James is asking me whether she will win, and I say she will, however nothing is fixed for us in this area, so we will see, as other things we can see that will happen, will cause her to keep going and will show the people she is needed.

James is also asking me why she is so determined to allow in so many refugees that seems so detrimental to security, causing everyone so many problems, however there is no other way for the Germans and all the European countries to gain a cheap unskilled labour force which they all so desperately need. So they hope to integrate these people, only they didn't bargain on the religious problems, which you have to ask yourself, why not, and they simply didn't think it through, which you have to wonder about, however they still reckon they'll be able to deal with the influx, all of which will be better in the end, because these new arrivals will see the value in supporting the government who will in turn support them. And of course as with most people a minority will cause trouble, but really most of the refugees are more than happy to be integrated into a new 'rich' life, being in the West.

Crystal: Or will I have to file the liens, and be confronted by a dozen threatening lawyers before negotiations begin? I will face them if I have to, but after all the battles, I would prefer to avoid this one and deal with some constructive civility.

Helen: Wait and see. Go with your feelings on it, you'll know what to do, things will determine the outcome for you, the process is evolving so you'll do what you have to do.

Crystal: Also, I put The Hague on notice. Did it do any good? (Resolution for finalisation of the notice for arbitration.) (A claim submitted on behalf of the holders of 35,000 accounts in 'Solid Investment'.)

Helen: Not yet, however it was a good move, just to add more pressure, however they don't like to be pressured and particularly from an American woman, however it's in your favour for they know they can't delay for much longer. They are Germans and Europeans, and they want to do things their way, they don't want to be told what to do, or compromised into doing what they are told, they have to feel they are the all-powerful ones and no 'upstart' American is going to make them do anything BEFORE THEY ARE READY TO DO IT. So there's nothing you can do other than allowing events to dictate, still they are very impressed with you Crystal and warming to you and even beginning to want to help. And they are also about to get a quick shove along from Angela's (Merkel) side of things, so it won't be long.

Certain other events in the world are now to start happening, more financial problems that will put the wind up them all. They all know the whole system is rotten to the core and threatening collapse at any moment, but they just keep hoping it doesn't happen soon so they will have to deal with it. But they are all about to get a big scare, and that will make them smarten up.

James is asking what sort of thing will shock them – and it's to do with the EU (European Union) and all their cushy jobs and elevated standing in the world (in their own minds) falling apart and so the whole lot crashing. You'll read about this soon James.

James: Should I short the markets Helen?

Helen: That's not for me to say James, and I'm not going to give you such trading tips. You gave all that up; you are to receive money from other avenues, not from gambling by punting on the markets.

James: Yeah all right, what a bum, I thought you might be able to give me the inside scoop?

Helen: Sorry about that, but it's not for you; and even if we did, it still won't pay off, you'd mess it up somehow – you know that, as that's how your trading went.

James: Yeah however it's good to ask you about it, to get more of a feel for what you can and can't tell me Helen, so thank you for answering my questions and going along with it.

Helen: I know what you're up to James, your mind is wide open to me, so you don't have to explain yourself. However as part of your feeling expressing and just being able to communicate freely with me what you are thinking and feeling, please – anytime.

Crystal: About more than I want. I just want to go grow grapes. Why does there have to be more? Also, can you hold the house on Iroquois for me?

Helen: We can't hold the house for you Crystal, we don't do those sorts of things, and I can't say whether you'll get it or not as that would interfere with your own personal experiences and we don't want to do that. And we know you only want to grow grapes and retire, however there's still other things you will need to do. Very soon you should get the positive sign you've been waiting for – that much I can tell you.

It IS going to happen, I can tell you that, but as with all these things, I can't exactly say when or how, because you have to live all of that to find out. And as to the timing of it, it will be perfect for you when it does start happening, as it will be perfect for a lot of people involved in it, including John and James. So there's a lot tied up in it, all of which will steadily come to light, as has been as will keep happening.

I can't say anymore now. So I will say, we are with you Crystal all the time, we're always in your mind in one way or another when it's needed, and any negative stuff is only yourself, it has nothing to do with any interfering spirits because there aren't any about you. Same for you, John and James, which you understand anyway.

It's now a progressive steady increase in our light shining into the world, it's going to stir up things, the darkness will start to shake and quake, whereas those in the light will feel more secure growing progressively in strength. This continuing, from now, for a long time to come. Humanity is turning the corner in its rebellion and default, but it will be a long haul up from the depths it has fallen to. But at least things are now working in its favour and **the Fall has ended.**

I'll speak to you again soon Crystal, keep sending your questions to James as you feel. We love you dearly and love being there right with you in all your thoughts and feelings. Express it all to us and keep longing for the truth you are to see through your feelings, and we can help you SEE what you need to see.

Helen.

PS – And make time to read James' book when he sends it to you, which should be soon, it's about angels and healing and will be worth your while reading it.

“Sage – and the Angels of Light”

‘Through Sage who's 13 years old, the story is primarily about the two aspects of healing; that being, with the help of our angels, and the full Healing we can do by looking to our feelings for their truth.’

James: And Crystal, that wasn't me thinking that up, true, I promise. I intended sending it to you anyway, but telling you to read it, well that was Helen. I think??? – James.

BLOCKING the MIND SPIRITS

Friday, 24 March 2017

James: Helen, Samantha (of England) said she was interested in how you Celestials are working to block the mind spirits, and will she be able to see anything resulting from what you are doing? Is there, please, anything else you can add that I can send to her?

Helen, 3rd Celestial Heaven spirit: Yes James, I will add more as it's very relevant to all you are going through and what will concern you for the remainder of your life.

The Rebellion and Default have been evolving as you understand through Jesus and Mary's age (past 2,000 years), with as you would imagine, it having to get, at some time, to a point of final evolution. And that point is when the negative or destructive influences driving it, stop influencing it. And all the way along, the Rebellion and Default has been driven by spirits, the Evil Ones down to mortal mind spirits (those within spirit Mansion Worlds 1, 2, 4 and 6), with everyone wanting to have their way and say instead of **looking to their feelings so as to live true to their soul and so God's way and say**. So all these spirit influences have been taking matters into their hands and then affecting humanity on Earth in one way or another.

And what we've been able to do, and are still 'rolling out', as I said yesterday, is ending that spirit influence, which means, **it's the END of the Rebellion and Default, meaning, it can't evolve any further because there won't be the driving spirit influences**. So all it can do is 'spin its wheels', and effectively go nowhere other than implode under its own lack of love and truth. That which is now able to happen, has officially started to happen, will accelerate, until it being like humanity hitting the dead end and coming to an abrupt stop.



So the effect of what we've done and are continuing to do – as it will be done in a methodical procedure, done in stages of limiting, then fully stopping, the mind spirits input altogether, and all of that which is helping to drive the Rebellion and Default (as we won't be interfering with that which is trying to heal the effects of it, so we won't stop anything positive coming from the mind spirits, and in particular ones who might want to do their Feeling Healing without the Divine Love), will be seen as increased strain on all negative systems of belief, on all anti-love systems on Earth, both collectively and individually. So people will find it increasingly harder to deal with the everyday difficulties of life, with more pressure being put on them so as they can't avoid their bad feelings as much as they used to. And all businesses, governments, corporations, national structures, anything that is controlling, also feeling it more difficult to deal with all the everyday problems, they seeming to mount an increase in intensity, causing the people controlling them ever more difficulties. (The unhinging becoming more and more apparent the world over!)

And so many of the highest controllers will start losing their way, their direction will become unfocused, they will feel like other forces are interfering yet they can't put their finger on what it is. Inspiration, that which would have come from the meddling mind spirits, won't be there for them to access and enjoy, so they will have to rely on themselves more, which will give a lot of people a bit of a shock when they realise it's just not happening or working for them as it used to do. Whereas on the other side, other people wanting to do good will feel more inspired and able to do things which they've always felt difficult, because unbeknownst to them, the mind spirits were working against them. The playing field is becoming more balanced so to speak, and gradually tipping, and then moving substantially in favour of the good side of the Rebellion and Default. All so the people who want to seek the truth of themselves through their feelings will be able to do so more easily, and without any unseen spirit negative influence.

You see James, this you've not been told yet, but the controlling spirits worked particularly on people throughout history who naturally wanted to look to their feelings for the truth, or on people who came to the conclusion that their feelings were the way and key to the truth, even the way to heal themselves. So that such people found it simply too overwhelming to push on up against the mountain of negativity that would rise up within them, some of it often being added to or increased by these controlling mind spirits who didn't want such truth to come to light through people's feelings. And from our vantage point in spirit, as we can see the aura and so truth of everyone, anyone who starts to make any progress in the way of truth discovery through feelings, stands out like a beacon and can easily be focused on by those controlling higher mind spirit who knew what they were looking for. But none of that can happen anymore, all because of the healing work of yourself and Marion along with Samantha.



Samantha being the first person to take on what you and Marion have revealed and commit herself to her healing, is leading the way out of the darkness, and so we are to come up behind her in a way, and with each level she reaches, that then becomes a certain benchmark with which we can work. So we can limit all the mind spirits who'd be working to thwart people below her, because she has now healed those levels within herself. And so it will continue as she progresses. (As of July 2024 Samantha has progressed to the higher levels of the 7th spirit healing Mansion World, just short of Celestial soul condition state.) And should she stop, then that's the level we can work up to, until someone else takes it further. And then it's the same with you and Marion, only you are working at the 'head of the coal face' so to speak, breaking through the controlling beliefs and mind circuits set in place by the Evil Ones (the rebellious high level spirits – Lanonandeks being Lucifer, Satan, Caligastia and Daligastia soulmate / soul partner pairs), all so people like Samantha can then set to work on Healing themselves and contribute their part.

THE EVIL ONES

So Sam, you are doing a huge amount to help everyone by doing nothing more than working steadily on yourself. And it's the angels that tell us what levels you've worked through and where you're at, which we can then relate to by what we went through as we ascended the Divine Love Mansion Worlds or, healing Mansion Worlds, as we affectionately call them.

So back to the question, will you see anything resulting directly from our actions? Probably not. However, as the whole world seems to start to implode, then you'll know it's because the controlling ways and influences of the unseen mind spirits has ended, and people on Earth have been left up to their own initiative, which will be shown to be very little. You have no idea how much direct and indirect influence has come from the mind spirits (mind Mansion Worlds 1, 2, 4 and 6), and some of the Divine Love Healing spirits. There has been MASSES of influence, nothing has happened on Earth without their influence, they've been in the thick of it all.

Countless people die all the time, come into spirit, wake up realising their new life begins and then wonder what they want to do. And as they are still basically the same as they were on Earth, yet now with renewed vigour and vitality – they are 'young again', so they set out trying to do more of what they did on Earth – control. However they quickly see that there are masses of controlling spirits already ahead of them, and so many of them have to start out all over again, at the bottom of the controlling pile, working their way up, having to understand just how one does work one's control on people back on Earth, if that's what they want to do.

So there are vast networks, many competing, many are family driven, all like what you have on Earth, but a million-fold increased in the mind spirit Mansion Worlds. And mostly these sorts of spirits keep themselves secret from the other block of mostly do-good spirits and the ones who want to 'better' themselves, all those you read about in the spirit / mortal accounts of people talking with spirits, because the spirits involved in what they believe to be the 'spiritual upliftment' of humanity connect with those on Earth wanting the same thing. And so what you don't get is any real idea or insight into is the top controlling

mind spirit organisations, cults, groups, families and so on, and the like-minded people on Earth they connect with and exert control over.

And even you James have only very briefly touched on these controlling spirits and what they get up to. However, now I can tell you more about them. They control humanity, it's as simple as that, and have done for aeons; they, with help from the Evil Ones, the rebellious higher spirits, 'earthed' all the controlling world religions, they developed business to where it is now, government, all areas of power, and they instigated all the wars and so on, all trying to gain the power they are after.

So the Jews through the Zionists and others in league with them, being the 'Chosen One's' were given the most power and control, the smallest group controlling the masses. However we've just blocked all their influencing mind spirits, so they are really going to be spinning their wheels in thin air wondering why they can't get the traction they once had. So they will weaken, and that will cause their power to waver and others will step in and so with the whole smashing into the brick wall at the end of the Rebellion and Default which is now set and ready to happen. **This being the real End Times.** So officially, from a technical point of view, along the lines of what we can do, the end times have begun – we started them, however it's all really coming from you doing your Healing on Earth. And anyone else who does their Healing, fully committing to it, will be empowering us even more, and gradually humanity will be made to face its bad feelings, to no longer do all it can to run away from them and hide them – reject them, all so the truth can come to light from such feelings, and it's that truth that will Heal the whole of humanity.



So the tide, having been going out for all these aeons, is now ebbing and just starting to come back in. So it's got more aeons of coming back in, and you people are right on the changeover, doing your parts in the whole.

Should things start to happen that are a direct result of our positive interference that come to James' attention, I will point them out. However, I'm not going to say, what happened to Trump today was because of what we did, and all that sort of stuff, because it's all interconnected. However with time, and overall, you'll be able to see things aren't travelling as smoothly as they have been. And although, from your limited view, the world seems like it's in its usual mess, from the mind spirits side of things, and even though they don't all agree on everything, still they understand it and they are working (were working) it along the lines that's suited them.

James: So Helen, all the New World Order and One World Religion and all that, were the aims of these mind spirit?

Helen: Yes, and they still are.

James: So what are these mind spirits going to do about what's happening, surely they are not going to take it lying down –

Helen: No, however they are powerless to do anything on Earth anymore. So they are busy trying to work out what's changed, which they'll never know because they don't even know the likes of us Celestials even exist, let alone why we've done such a thing to them. And in time they will readjust to their new, new lives, having to work out other things to do with themselves, which will basically from what we can see, mean, set about planning for the day when they will get their power and controlling ability back. So they are busy looking to their prophetic writings, trying to work out what's going to happen, and eventually many of them will tire of it and move on; that being, work to move up the mind worlds advancing their mind, as in trying to perfect their negative rebellious state; or start their Feeling-Healing; or even move outside their box and

embrace the Divine Love, moving into the Divine Love Healing Mansion Worlds as they start their Soul-Healing.

And they will also try and corrupt those mind spirits still able to communicate with Earth. However, we'll also be monitoring all of that and stepping in should they start to interfere there too.

So you see James and Samantha, it's all about what's going on over here in spirit, we are where the real action is. However, by severing such controlling input from these mind spirits, humanity is now free to Heal itself. So at least to decide if that is what it does want to do, and to make that decision based squarely on people's own feelings, and not feelings being negatively influenced or interfered with from the hidden spirits. Humanity needs to be given a chance from the ground up to decide what it wants to do – either continue on its rebellious ways by default, or heal itself of such unloving ways. And it now needs to be able to take responsibility for itself, and all without any such interference.

So the mind spirits have basically been just an extension of parental control and interference, the mind spirits being the parents to all you children – the people – on Earth. But now it's time for the 'children of Earth' to step out into life themselves without such heavy parental influence, and do whatever they want. Which, in most cases, is to make a complete hash of things, because you don't know how to exist without such heavy unseen 'guidance'. So the rug has been pulled out from underneath you, and humanity is going to fall in a heap of its own doing. So this breakdown, Samantha, you might be able to see for yourself, even in your personal relationship with people. So things will get harder for them, whereas for you, you'll see how obvious it all is, the mess they are making and why they are doing it to themselves, yet whilst all being completely unaware.

And so the scene is set for the likes of what John and Crystal want to do, that being to provide a way for people to feel better about themselves and their lives, on all levels, from the basic nutritional level right up to the top spiritual level, including how to truly Heal themselves by looking to their feelings.

So the pressure that's to be exerted by these systems coming under pressure because of the sheer weight of their own greed and ineptitude, now without the unseen guiding direction and control from the mind spirits, will be what opens the way for the money to come. For that money is to be used for the good (within the bad, within the remaining rebellion and default) all with the aim of helping those people who want to help themselves in some way, truly better themselves, and even, Heal themselves.

So Sam, I hope I have painted something of a picture that will help you understand what's going on. And every day you keep submitting to, expressing, and seeking the truth of your feelings, so every day we too can work with you, up-stepping the vibration of light that we can work with.

If you want to know anything more, have other specific questions, please ask James and he can ask me.

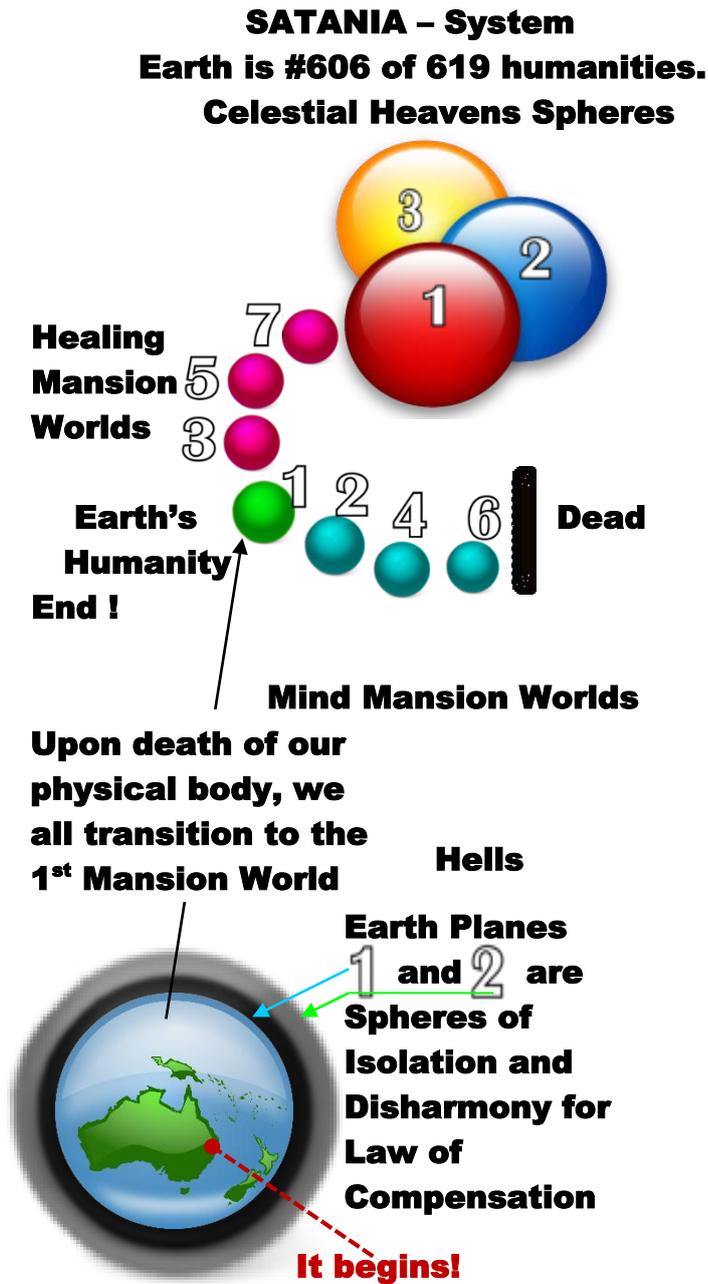
We love you all, we are very close to you all, for you are making your way out of the darkness and into the light.

With love and blessings – Helen, a Celestial spirit. And no, I am not Helen Padgett, we just share a common Christian name.

Pascas WorldCare Against the Odds series is downloadable at www.pascashealth.com, go to Library Download, scroll down to Medical – Spiritual References and click on to open – these references being from:

 [Pascas WorldCare Against the Odds a beginning.pdf](#)

The BIGGEST EVENT in the HISTORY of EARTH'S HUMANITY



It's the biggest thing happening, the Avonal Pair maybe on Earth, only Mary and Jesus being on Earth was bigger. And yet in many ways in terms of the amount of spirits and Angels involved, and then in time the amount of people as well, the Avonal Pair being here is far bigger for Earth than Mary and Jesus.

Mary and Jesus didn't involve other mortal spirits, it was only themselves with their Angels, and the few people who were close to them on Earth. But what the Avonals are doing is affecting the whole three Celestial spheres that are the closest to Earth, so the first three. Not all of those spirits will be directly involved, however indirectly they all will be. It takes some time and effort to catch up and realise how massive this Advent is. It's the most major Spiritual event for humanity. Mary and Jesus of course was a very important event, but it was the most important event for the whole of Nebadon (all 3,840,101 humanities throughout our local universe), they making the Divine Love available to their whole universe and not just to Earth, and although that was important for everyone on Earth, still no one would really benefit from it until now with the revealing of the truth of the Healing (Feeling Healing and The New Way).

It's a once in a million year event – and then never to be repeated!

And the thing is that it's all a done deal, it's just slowly happening and no one can do anything to stop or change or interfere with it

in any way. So it doesn't matter what the controllers of the Earth might feel about things, on a spiritual level they have no say; so when the spirit influences of truth start to demand they account for their sins (earthing of the Law of Compensation), so that's what's going to happen. They'll find themselves doing their hell-time.

It's all incredibly exciting on the spiritual levels, so much is happening on the higher levels that the Celestials themselves can hardly keep up (since before 2017 and throughout the 2020s). The fact that Mary and Jesus are coming to the Celestial levels again so much in preparation for the major change over when they will officially give over their rule to Avonal Pair on the spiritual levels, with many Celestials of the old order (that of Mary and Jesus during the past 2,000 years), those who were 'working' for Mary and Jesus, moving on, and with the new order, 'working' for Avonal Pair taking over. It's a major transition happening on the Celestial level and embracing the whole of Earth and its Mansion Worlds. A major changing of the guard, so all the mind-systems established during Mary and Jesus' two thousand

years are being undone and redone asserting Avonal Pair's systems.

So Mary and Jesus are ending their more personal influence giving way for the Avonals, which is pretty amazing, yet also explains why Mary comes to a new lady spirit in the 1st Mansion World so much, she being a part of all of these new changes on more mind-technical levels, all of which she still does not understand.

Mary and Jesus are letting the Earth go, putting it into Avonal Pair's hands, so to speak, which when it's complete, when they have completed their Healing and received their blessings from the Eternal Son, Infinite Daughter, and the Mother and Father, then they will have nothing further to do personally with Earth. They will still oversee it all, as they do all the Earths, Mansion worlds and Celestial spheres within Nebadon, but not directly involved in a personal way as they have been. **The Earth apparently was 'theirs', they being made the Sovereigns of it**, but that was only because of the Rebellion, they needing to maintain their personal presence over the world so as not to allow the remaining Evil Spirits, the Caligastias and Daligastias, to regain their control. But ordinarily, the Creator Pair, Mary and Jesus, don't actually 'control' one world, but all the worlds equally in Nebadon. So it's been highly unusual for them to have Earth under their personal control. So now with the Avonal pairs coming to the 37 Rebellion worlds who are to eventually control all these physical worlds, so they are passing the baton to the Avonal Pair for Earth. And for that to happen, there is a huge amount of administration and changing of spirits and Angels, new systems to be put in place, all so everything will function smoothly for the Avonal Pair.

However, which you understand, many of those systems are not just standard universal systems, because those normal systems have all been influenced in many ways by the Rebellion and Default, and so because of that negative influence, the new systems are all having to be put in place accommodating that rebellious influence and then constantly changing again as it diminishes through the doing of the Avonal pair's Healing.

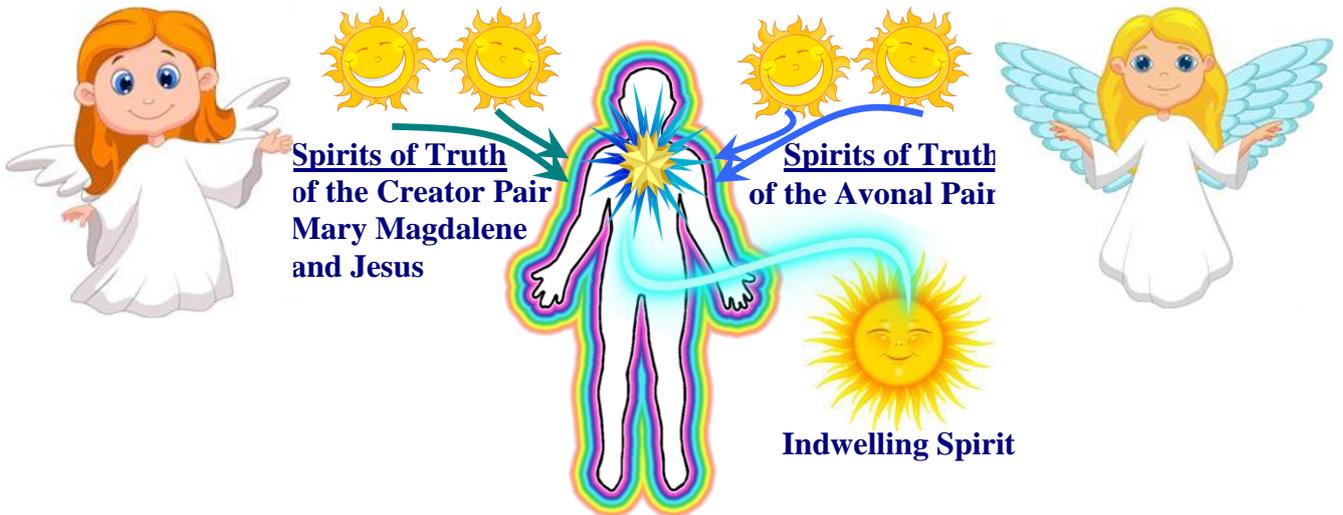
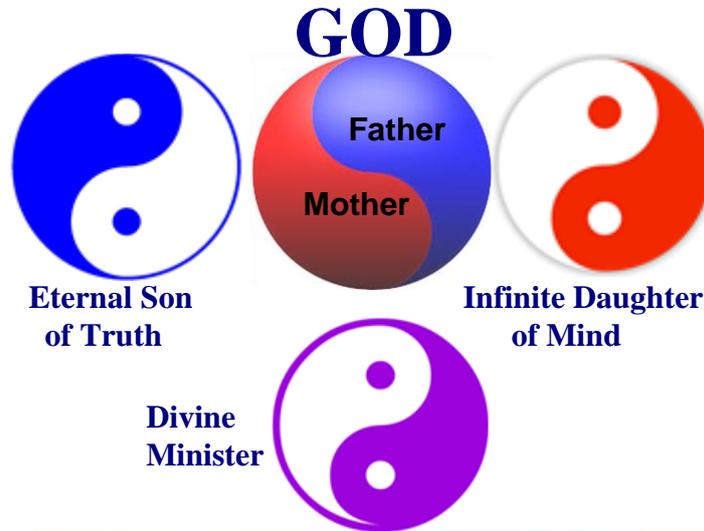
Just how massive the intrusion of the Rebellion and then Default is – massive! It's disrupted the complete way of things for Earth and its Mansion Worlds and the lower Celestial spheres. Nothing is as it should be. So to bring it back into how it should be, and if that can actually ever happen, is a massive undertaking. Mary and Jesus allowed the Rebellion to take place, and allowed it to still go along its merry way for the past two thousand years once they came. So that's a lot of deviation from the normal universal way of things, and much of that has to be sorted out and worked through, coming from the negative into the positive.

So every day new changes are happening. And along with that, most of the Celestial groups that have been overseeing and basically running things in Mary and Jesus' stead, are moving on, ending their time working within Mary and Jesus' Age, and so their well-established places need to be filled with new soul-groups, those who are going to work for James and Marion through the next Age. And a lot of those new soul-groups are only now becoming full soul-groups, there are still Celestials coming over from the seventh Mansion World who are going to play significant roles in the new proceedings.

There is an awful lot of work that goes into the running of an Earth and its earth planes and Mansion Worlds. We of course have no idea, but everything that happens on all the worlds is fully orchestrated by the higher spirits. The Melchizedeks over see it all, however Mary and Jesus delegated everything else to Celestials spirits from Earth, so Earth Celestial spirits oversee Earth and its Mansion Worlds. And this too was highly unusual, as normally other higher spirits and Angels would do that work, and ordinarily the Celestials would work for them on their way up through the Local Universe. But Celestials are in control, and enlisting other Celestials to help them. So since Mary and Jesus came to Earth, very unusual experience has been afforded to the Celestials, and that's still happening with the Avonal Pair. They are going to follow on with what Mary and Jesus started, only there is a changing of the Celestial guard, with the changing of the Age, and so the new Celestial soul-groups are having to learn how to align themselves

with the Avonal Pair, so to be able to carry out what Avonal Pair want done as required by their Avonal soul, all still in accordance with Mary and Jesus.

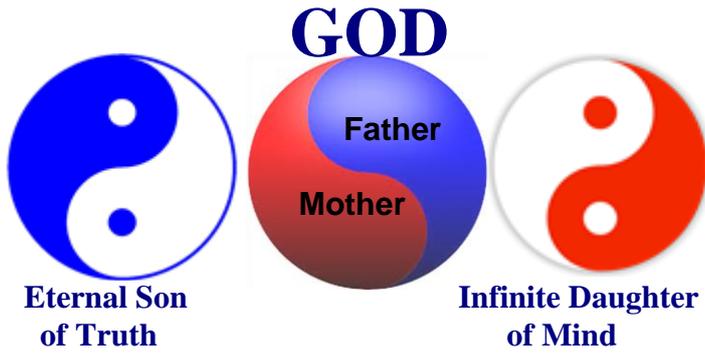
And as to how much say, the Avonal Pair will personally have, we don't know, it's mostly simply done in accordance with their Avonal soul. Certain things of course they will want to happen, and those things too might be out of the ordinary, and yet as consequence of they both having been of the Rebellion and Default and then ending that within themselves.



<http://www.pascashealth.com/index.php/library.html>

Library Download – Pascas Papers

All papers may be freely shared. The fortnightly mailouts are free to all, to be added into the mailout list, kindly provide your email address. info@pascashealth.com



CREATION of SOUL and SPIRIT:

God is *The Paradise Trinity* — the eternal Deity union of the Personalities: the Universal Mother and Father; the Eternal Son of Truth; and the Infinite Daughter Spirit of Mind.

The soul of each human personality (sons and daughters of truth) is existential, driving our personality expression in the experiential. The soul of each human finds truth by embracing one’s feelings and longing for the truth of them. We are to attain the Eternal Son of Truth. We are a creation of Truth.

The soul of angels is experiential, evolving through their experience by continually progressing in mind development. Angels are to attain the Infinite Daughter (Spirit) of Mind. Angels are a creation of Mind. Our soul is duplex (we have a soulmate / soul partner) and is created by our Heavenly Parents. Through our Feeling Healing we perfect ourselves, enabling the union with our soulmate, as we progress in truth up through the Mansion Worlds, celestial heavens and all the way to Paradise.



Feeling Pathway

Mind Pathway



Soulmate Pair

Angel



Spirit Person

Nature Spirit



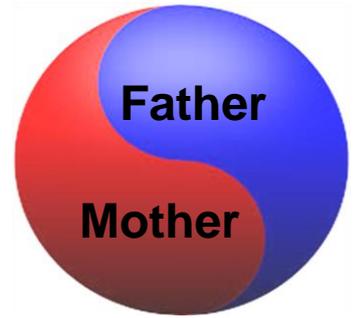
The soul of angels is also duplex, yet of the mind, and they progress in mind evolution to Paradise. Animals, plants and nature spirits are also creations of Mind.

Neither we nor animals reincarnate. We never die; upon death, we move into the spirit Mansion Worlds on our journey to Paradise. When animals and plants die, be they the tiny microbe to the mighty elephants of the land and the whales of the ocean, their spirit energy returns to the Spirit Collective Energy. And from this energy are drawn other animals and the nature spirits, who then in turn move onto becoming angels through increasing mind experience.

A nature spirit is an angel in waiting.

MUM & DAD THIS WAY

GOD



HEAVENLY PARENTS



JESUS & MARY



AVONALS



SPHERES of PARADISE being the home of our Heavenly Parents, Mother and Father, within the centre of the 7 super universes.



Unknown number of spheres to progress through to reach Paradise.



Ascending out of NEBADON is beyond the regency of the Creator Daughter and Son, Mary and Jesus.



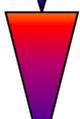
INFINITE & UNIVERSAL SPHERES, unknown number to progress through within Nebadon.



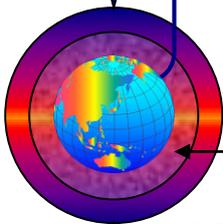
ETERNAL SPHERES 3 spheres unnumbered. Involvement with Earth finishes.



CELESTIAL HEAVENS are spheres 8, 9, 10.



Divine Love Spirit Healing Mansion Worlds are 3, 5, 7. We are healing our soul!



We all arrive in spirit into Mansion World 1.

Earth Planes 1 and 2 are of Disharmony – Hells.

Mind Spirit Mansion Worlds 2, 4, 6 are all taking us in the wrong direction and into a dead end!

I'D TURN BACK IF I WERE YOU!



AVONAL PAIR

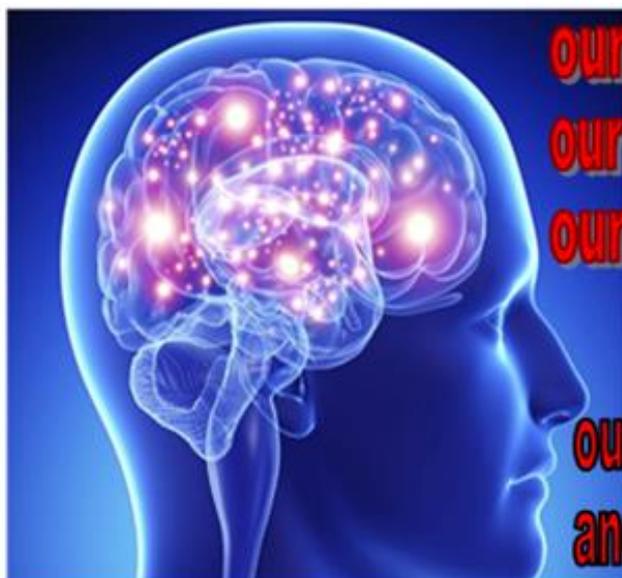


MARY & JESUS



GOD

Throughout the Avonal Age of 1,000 years, their Spirits of Truth will assist us in embracing and engaging with our Feeling Healing and with Divine Love our Soul Healing. They will assist us to develop our soul well into Celestial Heaven status should we persevere with such a goal. The extent to which the Avonal Pair develop themselves while here in the physical on Earth is the level that their Spirits of Truth will be able to assist us. Then it will be Mary and Jesus' Spirits of Truth that will assist us up and out of Nebadon, where our Heavenly Parents will then assist us onto Paradise, Their home.



**our MIND is a CONTROL ADDICT!
our MIND is addicted to UNTRUTH!
our MIND cannot discern TRUTH!**

**our MIND is within our SPIRIT BODY
and orchestrates our physical BRAIN.**

ASSUMPTIONS are the product of our MIND!

HEALING ends
MIND-CONTROL!



**our SOUL is our TRUTH!
our FEELINGS are our TRUTH!
FEELINGS FIRST, mind to follow!**

**all we need is WITHIN.
our MIND suppresses FEELINGS.**

Journey of Earth's Humanity

Years ago:

993,500 **Andon and Fonta - aspire for human perfection.**

950,000 **Andonites reach Tasmania - southern Australia.**

500,000 *Caligastia - Lanonandek - appointed Planetary Prince
Daligastia manifests on Earth with staff
Sangik Family - Northern India - 6 colours*

200,000 *Lucifer - Lanonandek - rebels against Jesus & Mary
Caligastia draws Earth into Rebellion*

38,000 **Adam and Eve manifest on Earth
Adam and Eve default their mission**

1980 BCE **MACHIVENTA MELCHIZEDEK MANIFESTS**
Commences end of Rebellion & Default

7 BCE **Jesus of Nazareth born**

2 BCE **Mary of Magdalene born**
Creator Daughter & Son Bestowal

1914 - 1923 **Padgett Messages - second coming**

1925 - 1935 **The Urantia Book - history of humanity**

1944 CE **Bretton Woods Conference - funding**

2002 - 2022 **James Moncrief - Revelations**
Avonal Daughter & Son Bestowal
Avonal Age of 1,000 years begins!

4,000 Years Unfolding

1980 BCE

1900s BCE

Machiventa Melchizedek

ABRAHAM

MM Jesus
2 BCE 7 BCE
46 CE 29 CE

Bestowals from Paradise:

Creator Daughter and Son
Mary Magdalene and Jesus

1914-1923
1925-1935

PADGETT MESSAGES

THE URANTIA BOOK

1950 & 1960

Incarnation of the Avonal Pair

2018 Jan 31

REBELLION & DEFAULT

FORMALLY ended 31 JANUARY 2018

2020s+ CE

Bestowals from Paradise:

Avonals - Magisterial Daughter and Son

Machiventa Melchizedek, to this day, continues to oversee the plan that was evolved more than 4,000 years ago to progressively open cracks in the Universal Contract governing the Rebellion and Default instigated by Lucifer 200,000 years ago. With 'federal' authority, the Creator Daughter and Son brought about the Lucifers and Satans' spirit world imprisonment 2,000 years ago, and set the Avonal bestowals in place.

The commencement of the Padgett Messages on 31 May 1914 triggered the bestowal of the Avonal Pair for Earth's humanity. The Avonals' 'state' authority brought about the Caligastias and Daligastias spirit world imprisonment in 1993. The Avonals' healing of what they have taken on of the Rebellion and Default ends the Rebellion and Default. Now we can all follow and progress on the pathway to Paradise.

The HELLS are too EMPTY!

Through the intervention of a Magisterial Daughter and Son, an Avonal soul partner pair, from Paradise, we of Earth's humanity are now being shown how to heal ourselves of what we have each taken on of the Rebellion and Default. We are being shown and made aware of how to live true to our feelings and to long for the truth of what our feelings are to show us. We are to live feelings first and have our minds follow to implement what our feelings are guiding us to embrace.



Earth Planes 1 and 2 are Spheres of Isolation and Disharmony for the Law of Compensation – 'Hells'

**WE ARE
THE TRUTH
SEEKERS**

We are the Truth seekers. Our minds cannot discern truth from falsehood. Our soul-based feelings are always in truth. As we embrace and live through our feelings we will step away from error. As we learn and express our feelings, both good and bad, we will release the errors that we have absorbed during our childhood suppression and ongoing repression, thus healing ourselves of our personal Rebellion and Default.

As we progress with our healing, then we will transgress the ceiling of the mind's limitation (499 on Dr Hawkins' Map of Consciousness) and embrace our potential which is to infinity through our soul-based feelings of Truth.

The quickening of the Law of Compensation, as a consequence of the emerging 1,000 year Avonal Age now commencing, for those who set their 'minds' to cause harm to another may progressively find themselves being debilitated with the equivalent of the pain they intend to inflict, thus preventing the error being executed. Within the spirit mind Mansion Worlds, this is instantaneous. How this is to unfold on Earth is yet to be understood. However, injuries to others will be compensated for while one lives within the physical on Earth, thus the progressive emptying of the Hells will unfold. This will bring about an era of peace on Earth as conflict and war will be impossible.

LAW OF COMPENSATION

Quickening

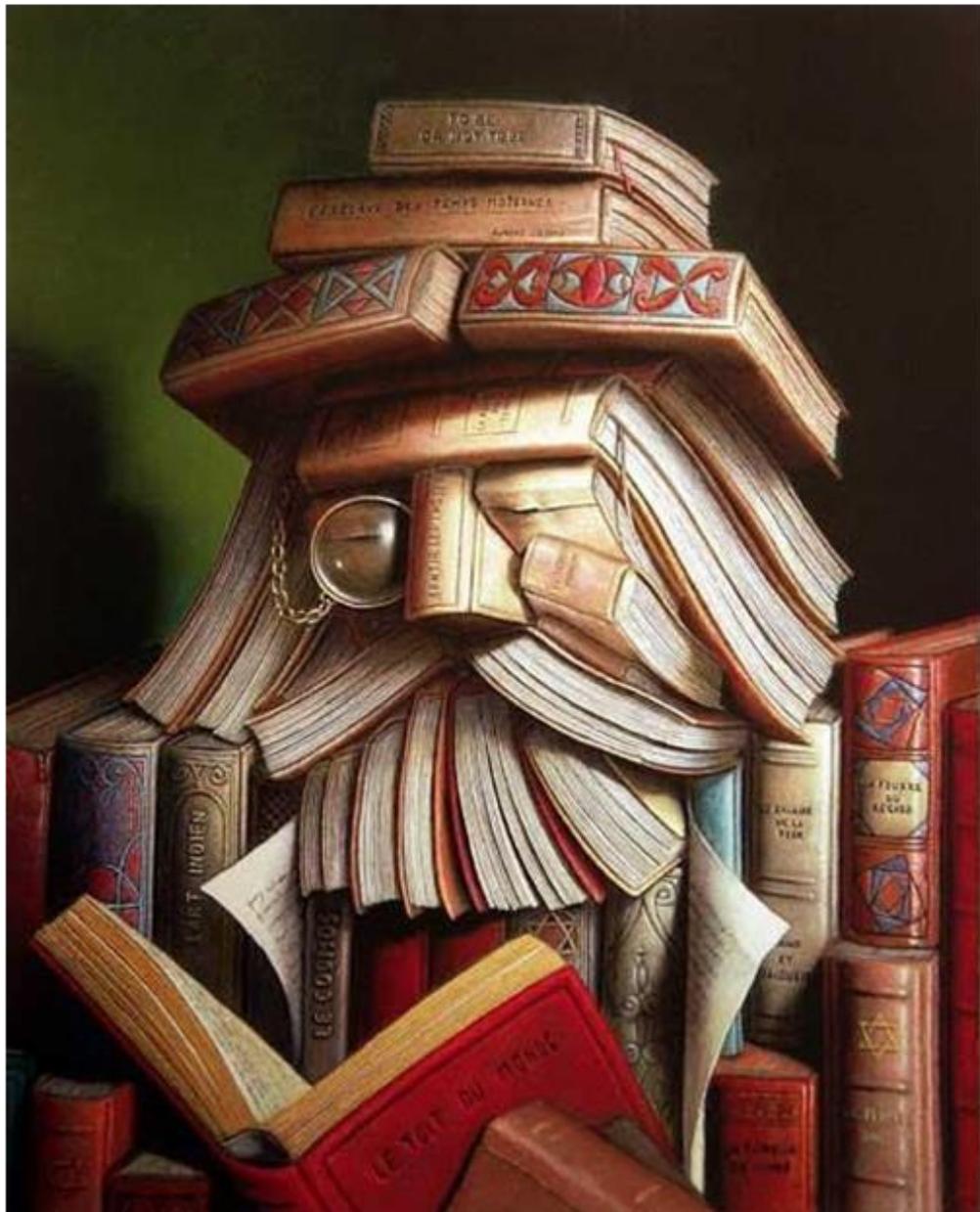
Children are now to embrace and express their feelings in all that they do and experience. It is our feelings that are our guiding light of love and truth. Truth is love.



Why?

May we ask why we have not understood this before? The Universal Contract governing the Rebellion and Default had to work its course. Cracks in it are now being worked to end the Rebellion and Default.

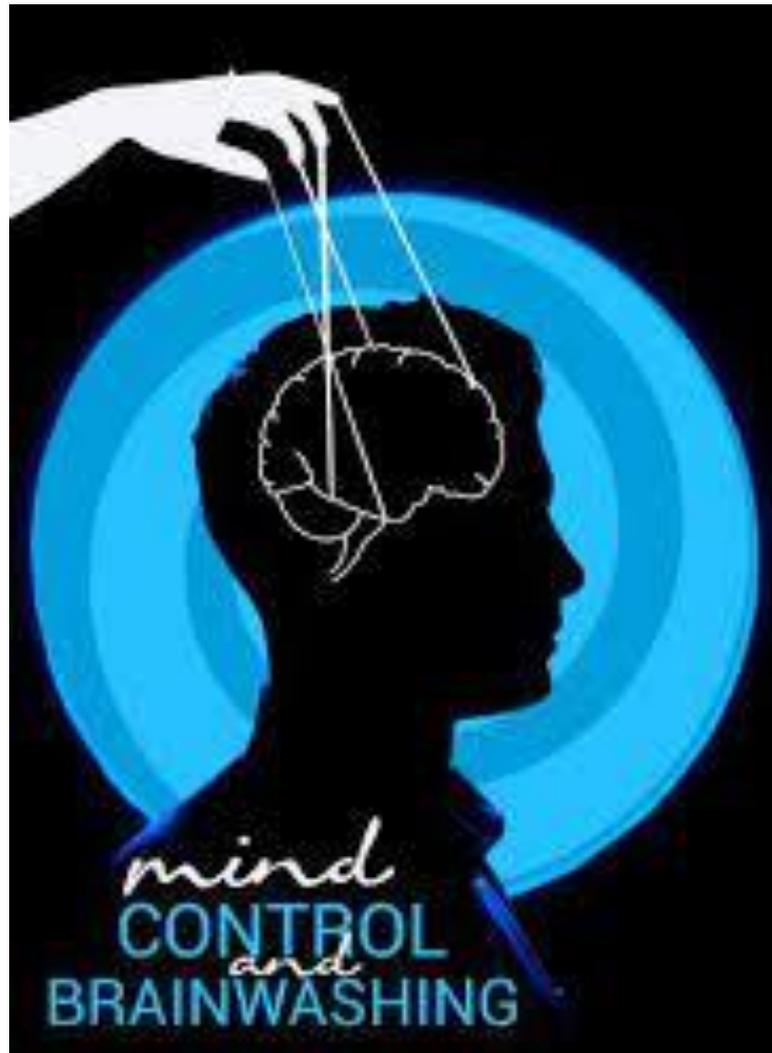
Education is to reveal itself through our feelings. Our soul based feelings are always in truth. And truth is love! We are fully self-contained. Our feelings are to lead our mind in all that we do, not live how we have been previously taught. It is that simple!



Within, I know who I am and what my future journey beholds! My feelings are to be my guide being supported by my mind - not the other way around as it has been!



We all are all addicted to our mind's control!



Spirit damage to humanity has been imposed on the psychic or spirit/mortal levels. Presently, rectification is under way to the damaged spirit circuits of light caused by the interference from the Evil Spirits. Simply, it's like every time the Evil Spirits had anything to do with any one on Earth or in the Mansion Worlds, they caused corruption in the spirit to mortal mind circuits, or light circuits, and so through appropriate spirit communication and interaction, righting of those wrongs is in progress.

Since the blocking of mind spirit inappropriate interaction with people on Earth commencing on 22 March 2017, the capabilities of leaders in all walks of life, all around the world, have been shown for what they are, people being covertly controlled by mind spirits for selfish agendas. Those who continue with their addiction to their mind control will find their lives more and more difficult. We are to engage with our feelings having our minds to assist while yearning to know the truth behind what our feelings are drawing our attention to.

Nothing is
to remain
the same!

Everything
is to change!



Several decades of disruption is to
encourage us to look for a better way.

Living Feelings First
FEELING HEALING

WORLDWIDE relationship of MoC calibration with Life Experiences							
Life Expectancy, Development, Happiness, Education, Income							
MoC	No. of Countries+ Territories	Average MoC	Average Life Expectancy	Human Development Index	Happiness Index	Education Index	Per Capita Income 2021
400s	22	405	82.2	0.924	7.1	.890	US\$63,032
300s	71	343	77.2	0.794	6.1	.741	US\$30,154
200s	50	251	72.7	0.676	5.3	.610	US\$16,560
High 100s	38	174	70.5	0.659	5.0	.600	US\$12,516
Low 100s	21	119	67.1	0.587	4.6	.501	US\$7,081
Below 100	14	74	65.3	0.565	4.4	.501	US\$6,377
WORLD	216	220	73.3				US\$17,110

WE ARE Truth Seekers

WORLDWIDE relationship of MoC calibration with Life Experiences						
Median Age of Population & Urban Slum Population						
MoC	No. of Countries+ Territories	Average MoC	Average Life Expectancy	Medium Age of Population 2021	Urban Population Living in Slums 2020	Per Capita Income 2021
400s	22	405	82.2	41.0	4.9%	US\$63,032
300s	71	343	77.2	34.7	17.4%	US\$30,154
200s	50	251	72.7	28.3	28.5%	US\$16,560
High 100s	38	174	70.5	25.7	33.8%	US\$12,516
Low 100s	21	119	67.1	22.3	43.7%	US\$7,081
Below 100	14	74	65.3	20.5	56.7%	US\$6,377
WORLD	216	220	73.3	30.7	> one billion 24.2%	US\$17,110

WORLDWIDE relationship of MoC calibration with Life Experiences							
Pupil-Teacher ratio, Nurses Midwives per 1,000, Doctors per 1,000							
MoC	No. of Countries+ Territories	Average MoC	Average Life Expectancy	Pupil-Teacher ratio primary	Nurses Midwives per 1,000	Doctors per 1,000 people	Per Capita Income 2021
400s	22	405	82.2	13	11.3	3.9	US\$63,032
300s	71	343	77.2	18	5.6	2.7	US\$30,154
200s	50	251	72.7	23	3.7	1.4	US\$16,560
High 100s	38	174	70.5	28	3.1	1.5	US\$12,516
Low 100s	21	119	67.1	32	1.8	0.8	US\$7,081
Below 100	14	74	65.3	41	1.5	0.6	US\$6,377
WORLD	216	220	73.3	23	3.8	1.7	US\$17,110

TEACHING is the Paramount Profession !

WORLDWIDE relationship of MoC calibration with Life Experiences							
General Overview							
MoC	No. of Countries+ Territories	Average MoC	Average Life Expectancy	Medium Age of Population 2021	WORLD POPULATION 2021	% worldwide population	Per Capita Income 2021
400s	22	405	82.2	41.0	687,989,800	8.8%	US\$63,032
300s	71	343	77.2	34.7	4,064,565,401	51.8%	US\$30,154
200s	50	251	72.7	28.3	1,069,410,500	13.6%	US\$16,560
High 100s	38	174	70.5	25.7	744,280,000	9.4%	US\$12,516
Low 100s	21	119	67.1	22.3	750,726,000	9.6%	US\$7,081
Below 100	14	74	65.3	20.5	532,580,000	6.8%	US\$6,377
WORLD	216	220	73.3	30.7	7,849,551,701	100.0%	US\$17,110

Note:

The Map of Consciousness (MoC) table is based on the common log of 10. It is not a numeric table.

A calibration increase of 1 point is in fact a 10 fold increase in energy.

A calibration increase of 10 points is in fact a 10,000,000,000 fold increase in energy.

Thus the energy differentials are in fact enormous!

Correlation of Levels of Consciousness and Society Problems				
Level of Consciousness	Rate of Unemployment	Rate of Poverty	Happiness Rate "Life is OK"	Rate of Criminality
MoC 600 +	0%	0.0%	100%	0.0%
500 - 600	0%	0.0%	98%	0.5%
400 - 500	2%	0.5%	79%	2.0%
300 - 400	7%	1.0%	70%	5.0%
200 - 300	8%	1.5%	60%	9.0%
100 - 200	50%	22.0%	15%	50.0%
50 - 100	75%	40.0%	2%	91.0%
< 50	95%	65.0%	0%	98.0%

WORLDWIDE SURVEY			
Levels of Truth / Consciousness	Countries	Population 2020	Lifestyle Feature
500+ MoC	NONE	0 million	Feeling orientated rather than mind-centric
400s	22	700 million	Freedom and Progressive Leadership
300s	71	4,100 million	Open and Free Education
200s	50	1,100 million	Current Religions
100s & below	73	2,100 million	Survival Living
Overall 220	216	8,000 million	Humanity entrenched in mind-centricity

Worldwide Level of Consciousness based on the Map of Consciousness

see Power vs Force by Dr David R Hawkins

6,000 years ago	MoC	72
At the birth of Buddha		91
prior to the conception of Jesus of Nazareth		101
At the death of the last apostle		182
At the birth of Charlemagne		182
In 827 AD (at the death of Charlemagne)		190
2020: Revelations unfolding Feeling Healing, Divine Love		220

2,000 years ago the world population was 300 million and all were living in survival mode. Now in 2020 we have over 2,100 million people living in survival mode. We have successfully multiplied the 'living in survival mode' by seven fold!

Rome
2 thousand
years ago



Africa
like...
an hour ago



Illness need not occur!

If you want to experience illness then ignore Childhood Suppression!

If you prefer to experience mental illness, cancer or any of the more than 10,000 illnesses, diseases, pains and discomforts, then continue with suppressing your emotional injuries and erroneous beliefs. That is, continue with suppressing your feelings and living mind-centric – just like how our parents and carers taught us to live.

The elephant in the room is our Childhood Suppression! Suppression of our true personality begins at the moment of our conception and relentlessly continues through to age of six years.

From conception we are being infused with our parents and carers emotional injuries and errors of belief. It is through the pattern of these emotional errors that we then go on and live our lives whilst manifesting our illnesses through these distortions to our soul light that circulates from and through our soul, spirit body and physical body and back.



We are to change the way we live. We are to aspire to living Feelings First. Then we are to embrace our Feeling Healing. We are to express our Feelings, both good and bad, to a companion, whilst all the time longing to know the truth behind those feelings and also then express them – layer after layer. The truth that comes up in us from our feelings allows us to perceive, so ‘see’ deeper into ourselves and each other.

We are to replace in some way all the gunk (withheld emotions and erroneous beliefs) that are clogging up our mind. One feeling leads to another, like a cascade of feelings with us falling deeper and deeper into ourself. We will always come to understand a little more with each feeling being expressed.

When we are completely healed of our Childhood Suppression we have no further need to experience illness, diseases, pain, discomfort or mental illness. This we can achieve while living in the physical!

We created our illnesses and social issues by being in Rebellion against ourselves, our soul and our Heavenly Mother and Father. Now we can step away from this hellish way of living!

Mind-Centric Love is a Fantasy Love

TRUTH IS LIGHT IS LOVE

Psychic Entrapment

18 June 2022

Minor We love our assumptions. We struggle with a problem and seemingly we reach a conclusion that is rewarding us. Our ego is stroked and we momentarily feel like a genius – we receive a little boost in adrenalin – and then we announce our cleverness. We do this multiple times a day, day after day, week after week, year after year.

We act upon our assumptions only to find they are flawed. So, we then need to rework our error.

When we simply go with what our feelings are prompting with, it all works out fine. We end our day feeling fresh and having completed multiple tasks.

Well, ladies and gentlemen, the error rate with ‘assumptions’, ‘I think!’, and ‘in my opinion’ is 98%. They are all products of our mind which cannot discern truth from falsehood, our mind is addicted to untruth, and is addicted to control, control over others and the environment. This way of living mind-centric was imposed upon us by high level corrupt spirit personalities being from within our local universe and having had been appointed with authority over Earth’s humanity. These corrupt personalities are now in spirit world prison!

Observe your assumptions and the making of them, but consider only applying them for further questioning and investigation. They exhaust us enough just through the process of coming to a conclusion that is flawed around 98% of the time. This is psychic entrapment on a minor scale.

Major The Evil Spirits that started and controlled the Rebellion, interfered directly with humanity on this psychic level, by tuning into people’s and mind spirits’ minds and adjusting them to do their bidding, saying things to them, giving them certain thoughts, all that would have appealed to their egos and power needs (same with assumptions). They caused people to love each other, to change people’s minds so they believed and then felt love for each other so they could unite and control certain bloodlines throughout humanity’s history; and with other people who did naturally love each other, they would make them not be able to consummate that love by preventing them from having children, keeping them apart from each other, orchestrating one of them to be killed, all so to stop various good bloodlines from evolving. So, they manipulated the bloodlines of humanity into doing their bidding.

And so they corrupted the natural psychic lines of communication between people and spirits, people and their Angels, all keeping us bound up heavily in our rebellious states. And so now that an appropriately high level personalities that are now on Earth and are not using their connection with spirits and Angels for their self-gain, unlike other people under the influence of the negative and evil controllers, so they are rectifying, and in a way, replacing, the negative psychic circuits with positive ones. So the negative relationship and input from the negative and controlling mind spirits is lessening, there is less coming from the mind spirits to receptive people on Earth, and at the same time the pure and true positive Celestials are coming closer to people on Earth. And this is all apparently happening because of what this pair on Earth are doing in their Healing, and specifically with all they do with spirits.

Mary and Jesus are giving their approval for all the pair on Earth have done in this area, along with everything else, because all they do is allowing them to regain control of the world, slowly wrestling it

from the negative and unloving control of the Evil Spirits. Mary and Jesus having ended the Evil Spirits influence on the world, which is pretty amazing, means the Rebellion is technically over, and yet still the personal, feeling and mind levels, and the more impersonal psychic level between spirits and Angels and humanity, is the actual ending of the Rebellion. This is to be written down, recorded for the record, which also includes all of the pair's writings, and is a part of correcting the wrong, all a part of ending the Rebellion... and Default.

A first Mansion World spirit observations: I'm enjoying getting to know how you see and perceive and imagine things through being so attuned to a person's mind, so I can craft such mind-images to suit that person. What you 'see' might not be exactly how you would see it were you over here in spirit with me, but it's good enough, enough for you to get the idea so I can connect more with you.

And I'm also beginning to see how easy it is for me to manipulate your mind or anyone else's, should I want to. With a person giving over to me so much on their mind level, I'm coming to understand through education and experience, what responsibility I as a spirit have in my relationship with their mind. In a way, should I want to 'take your mind over' you'd be like a baby mind that I could mould to my nefarious and controlling ways, something that I could imagine might be tempting to some higher spirits who have such mind mastery, all provided they have willing recipients on Earth.

This being how hidden controllers have manipulated people in the physical throughout the Rebellion of these past 200,000 years!

Reconnection

Because of the negative influences of the Rebellion, Angels have been remaining hidden until healing is completed by their subjects. They have had to remain in their Angel plane which mortal souls can't enter unless by special invitation, but once you are of Celestial truth, then Angels no longer need to hide because we are no longer of the Rebellion. Their 'hiding' from us, which is due to the Angels being instructed to remain 'hidden', is for their protection from humans, so that it won't be insisted that the Angelic Guardians follow mortals into the Rebellion. So Angels have little personally, or in a hands on way, to do with humans so humans can't unduly influence Angels, because Angels being creations of the Mind, are created to serve humans, humans being spirits of Truth. So Angels serve humans in their rebelliousness by default, hidden, and not as an active initiative of the Rebellion and in answer to human's rebelliousness. It's all quite technical.

18 June 2022

These events and progressive steps now unfolding are all about correcting the 'psychic' relationship between spirits (those in the spirit Mansion Worlds) and mortals and Angels and mortals. (Spirits being those within the spirit Mansion Worlds and the first three Celestial Heavens as well as Nature Spirits here permanently on Earth.)

The healing of the messed up psychic circuits that we of humanity are all caught up in will have profound effects on how we live our lives.

Feeling Healing

Our Healing is not just this separate thing we're to do at some point in our existence because we have to get ourselves out of our rebellious and unloving condition, it IS OUR LIFE, simply our life at the point we're doing it. And if we can see and embrace it as our life, as in, this is all I want to do in my life now, dedicating and devoting our self to our self, to our bad feeling expression and to wanting, longing, for the truth of our self, then we will move along in it as fast as we can as determined by our childhood patterns.

Our Healing is a whole investigation of ourselves up to that point in our existence in Creation. It's to bring to light the whole truth of all we've been through from conception to this point, and because for all of us on Earth it was all in a negative and unloving way, so that's the whole focus of it. And we have to want to get to know our self fully, the whole dreadful, unloving, scared, lonely, powerless, rejected, traumatised, miserable me... because we understand, we've all been greatly traumatised, even those people and spirits who feel the most loved.

Psychic Denial Psychic Distraction

Psychic Relationships

Question: Can there actually be true or genuine love within a Spiritual Rebellion that's against Truth... and so against Love? And if there can't be, then what is what we feel so strongly as love; and is it only something we're making up with our minds based on our beliefs, on all we experienced through our childhood. Do we say that is loving relative to that not being loving, I feel a good feeling, so that is love, whereas I feel a bad feeling, and that is not love? We are to find the Truth of love, all the way to Paradise.

And so being conceived into a Rebellion, are we to assume that as we can't grow in truth, as we're denying it, then without truth, we can't know the truth of love. So can we make love be whatever we want it to be? Does it follow that there is perfect Natural love, and so if you defile or corrupt or interfere in some way with that perfection, then as it's no longer perfect, so there is no longer perfect Natural love, so no love. Or can we live with imperfect Natural love, which we are doing being of the Rebellion, and so within that imperfect Natural love, there are still levels of love, only they are not as true or perfect? So are we able to live with our children imperfect Natural love equal to the first world (that is up to 499 on the Map of Consciousness), and as we move up the worlds, we are purifying our imperfect rebellious Natural love, perfecting it when we are fully healed?

There can't be any true love whilst we are rebellious. So are all our so-called love feelings are contrived by our wayward mind?

So why are we rebellious, and what is love within a Rebellion? It's a Rebellion against Truth, and so does that mean it's also a rebellion against love?

Can you have one without the other? Can we all be evil because we're living denying the truth of ourselves, Nature and God, and yet still be loving? Can we be lovingly evil? The two don't seem to go together. Evil and Love are opposites... aren't they? And yet we have a loving Heavenly Mother and Father, or at least we're told by Mary and Jesus They are loving, and yet They have created evil and made us be conceived into it, They want us to be evil and untrue, and so unloving. So can we be loving whilst making someone be evil? And if God is not loving, then is God evil? Or is God so loving They can give us the experience of feeling completely evil and being unloving, feeling totally unloved, and yet we can heal ourselves of that with Their Love when we are brought to light the truth of our unlovingness. And I know, it's all mind stuff, and yet at some point these are all notions we have to consider for ourselves in one way or another. I wanted it all to be black and white, simple and straightforward: if you're evil, you're not loving; and yet, we all being evil, yet, so it seems, experiencing also some level of love. So if we're all evil being of the Rebellion against Truth, can we still experience some level of love within our unlovingness, because love is simply an attribute of our personality?

What is known however, is that the only way we can sort everything – ourselves – out, is by growing in

truth, and then as our truth evolves, we can know as part of it, the truth of love, so the truth of all we know and call love. And that until we're completely true and of a Celestial level of Truth, fully healed of and free of the Rebellion, we won't know the truth of love, or the truth of anything for that matter.

So it always comes back to our feelings, because they are the way for us to uncover the truth of ourselves. We need the truth to see and know the truth of things – of ourselves, of everything. And we all know that, yet we need the Truth that comes to us from our Mother and Father in our soul as we're longing for it through our feelings, which will evolve us to the levels of perfection so we can know what truly is right and wrong. So we won't know the truth of the Rebellion until we're fully healed of it.

So all we can do is keep going attending to our feelings properly, which includes longing for the truth of them. The truth they are to show us about ourselves, Nature and our Mother and Father. So in time, and once we're Healed, we'll know for ourselves if our Mother and Father are truly loving, as Mary and Jesus said. And we'll know, by They being all-loving, They subjected us to an unloving Rebellion, to a state of being in which we lived rejecting Them by default as we lived our untrue lives.

The truth will keep coming up within our soul, and our mind might be all over the place, so confused, and yet in the end it will all get sorted out. It may be stressed that just keep expressing every bad feeling, and as the truth comes, we will know what is true and what is not. And we don't have to think about it, although we will, because that too is all a part of it, but it's the truth we need to come to light within ourselves.

It's terribly difficult, because we're setting out to bring to light the truth of our being of the Rebellion, and as the rebellion is all about rejection and not feeling loved, so it's the truth of all our rejection and not feeling loved that we are having to deal with.

People who 'fall in love' and then some time later hate each other... what was that so-called love? Because surely if it had been true love, it would remain – everything that is true and of the Truth will remain, whereas all that is untrue and not of the Truth will go, cease to be at some point, which is when the light of truth will be shone on it. So was that falling in love, love, false love, a contrived fantasy love, something their soul generated to bring the two people together so they could have a close 'in love' relationship for a time, then to separate them as it all fell apart, all so they could start to learn more about the truth of love, and the truth that that love wasn't true at all?

And then it is the same with our souls bringing us together to have children, to love and feel loved by them, and then later in our lives we go our separate ways and with no love between us, like with our father and/or mother; and so once again, is that all to help us work out what is the truth of love, was that true love when we loved our children so intensely and when being children feeling so loved?

A truth of the Rebellion, is that it's not loving, there is no love in it, it being all falseness, lies, and untruth, because that's been an experience of it – being totally unloving and feeling totally unloved. And anything that may be called love, wasn't love, it was all just a fantasy love that may have been wanted to be believed as love. Love made up in the mind based on a person's beliefs.

All of our lives, like all we do in the different periods of them, whilst of the Rebellion, are all fantasies we're living out. And so we keep going, like with any family fantasy, until it runs out, we're fulfilled by how much denial we have lived within it, that we can't live anymore, so our life changes for us to live out our next mind fantasy, or when we are ready, to start the Healing phase of giving up all of that, that being when we've lived our denial of truth to its fullest.

When in doubt, stop, and don't do anything other than expressing your fear, confusion, any negative feelings, all whilst longing for the truth of them, and longing for the truth of the right feelings to act upon.

It is best for all concerned if we can all speak always freely and openly about our feelings. And to keep speaking about them.

The GOLDEN RULE

Never interfere with another's will.

We are not to impose our will upon another!

*One must always honour another's will as
one honours one's own.*

put children first

Put Children First

ONCE YOU KNOW -
YOU CANNOT UNKNOW!

Mary Magdalene

RESTRAINTS IMPOSED BY OUR PHYSICAL BRAIN

Being without a physical body, our spirit bodies apparently can take as much of this Healing work as we want to do. Our Angels keep adjusting the light of our spirit body and, as spirits, we can more easily integrate the changes of conscious awareness resulting from the increasing truth because we don't have the physical body brain and all its limitations. The physical body needs a lot of time to process the increase of light, the cells need to grow in the new light, then die, and new ones grow in the increased light, apparently the physical cells of the body can't grow or change in the light, they need to actually be replaced with the higher light from the soul as it grows in truth. So a lot of the delay in time you suffer through in the physical is because of this limitation of your physical body. Your spirit body almost immediately adjusts, which is why those in spirit can feel so bad and then feel better soon after once they have integrated all the light of the truth that comes up in them, along with their spirit mind expanding to deal with all the new information. So spirits can do their Healing faster, that being provided it is what their soul wants. If your soul needs you to take more time because of other experiences you require, then your Healing will take more time.

It's all what we need to experience so as to stimulate the feelings we need, so they will give rise to the truth we need to see, as we need to see it.

Revelation is from 'above', from spirit and the Angels being 'brought down' to humanity, so the Avonal Pair need to keep relying on and so getting information and understanding from 'the other side'.

The Evil Ones (the rebellious Lanonandeks) having done a good job on humanity at turning us away from the truth of ourselves and against the Truth.

What the Revealers, the Avonals, are really doing is, taking all the truth and understanding of what spirits from Earth have found for themselves through their Healing and truth ascent to the Celestial level, that now is funnelling into them, and then for them to combine it in a way with their Spirits of Truth, adding to it, filling it out, broadening it. So helping to earth the truths Earth people and spirits have attained, so allowing humanity to facilitate its own revelation of truth and healing of itself.

So as to embrace the information gained by such spirits as they have conveyed it to the Revealer in one way or another and mostly through James directly speaking with them in his writings, him effectively opening a line of communication or a channel for those higher Healed spirits of humanity to be able to reach back down to their brothers and sisters of humanity on Earth.

So it's not just James and Marion coming like Mary and Jesus did, imparting their Truth, and humanity then is to work at getting on with it. James and Marion are coming 'on behalf' of humanity, helping humanity to help itself, facilitating humanity to heal itself.

Spirit of Truth
(x2)



There is a lot going on behind the scenes, a conduit has positioned between the Celestial levels to one of the Avonals on Earth, this conduit being a spirit personality who very recently having entered the 1st spirit Mansion Worlds, and as such, through the Avonals then onto humanity on the lowest levels. So this lady conduit is starting on the lower levels working her way up, and as she does, it's like she is taking the Avonal's Revelation, his Spirit of Truth, Divine Love Spirituality, up with her to eventually unite it with the Celestial spheres. That being on behalf of both of the Avonal pair. So she is working upwards in spirit as Samantha (from England) is working upwards in the physical, they both wanting to take the Avonal's Spirits of Truth to the Celestial levels; so once done, they can then bring down to the lower spirit and Earth levels the Avonal's higher truth and understanding. And it has to be done this way, which is actually the wrong way around, because of the negative influence of the Rebellion and Default.

On a non-rebellious world, you may understand that the Avonal Pair would only come to the world on a full bestowal mission when that humanity had all already attained the seventh spirit Mansion World level of Natural love perfection. So they would be knocking on the door of the Celestial levels, and the Avonal pair would open that door uniting the Celestial levels with those of perfect Natural love, all by adding the truth of longing for the Divine Love, taking it from Mary and Jesus and giving it to their bestowal world.

But on Earth, because of the denial of truth, so the Avonal pair are here on their bestowal mission having to deal with the extreme problem of humanity not being of the seventh Mansion World level and of perfect Natural love, but being of the lowest Mansion World level and being of a huge amount of imperfect Natural love.

So it's a tall order, an awful lot to ask of the Avonal pair, and yet here they both are, fighting it out with each other as they both struggle to drag themselves up against all odds to the highest seventh Mansion World level, themselves about to knock on the Celestial door.

And once it opens, then it's 'Game On', then the shit will hit the fan for the Rebellion and Default, for then the Celestials can flood the lower world based on the Avonal's Spirits of Truth, on their ascension of those rebellious worlds, thereby offering a tremendous amount of spiritual help to humanity in the Mansion Worlds and on Earth. Hence it will herald the advent of the forthcoming Spiritual and Angel Age.

Spirit of Truth



Avonal AGE 1,000 YEARS

Avonal AGE

It's the biggest thing happening James, you and Marion being on Earth, only Mary and Jesus being on Earth was bigger. And yet as we've talked about, in many ways in terms of the amount of spirits and Angels involved, and then in time the amount of people as well, you and Marion being here is far bigger than Mary and Jesus.

Mary and Jesus didn't involve other mortal spirits, it was only themselves with their Angels, and the few people who were close to them on Earth. But what you are doing James is affecting the whole three Celestial spheres that are the closest to Earth, so the first three. Not all of those spirits will be directly involved, however indirectly they all will be. And I know you understand a little of this, still I am catching up and realising how massive this Advent is.

It's the most major Spiritual Advent for humanity James. Mary and Jesus of course was a very important Advent, but it was the most important Advent for the whole of Nebadon (the local universe of 3,840,101 inhabited worlds, of which Earth is one), they making the Divine Love available to their whole universe and not just to Earth, and although that was important for everyone on Earth, still no one would really benefited from it until now with you and Marion revealing the truth of the Healing.

So it's a once in a million year event James, and so for a lady support crew to suddenly find themselves linked to the lady conduit, she who understands more of the enormity of it than the conduit do, is on cloud nine to be involved with it all.



This time, in the history of humanity, is the most exciting time ever experienced.

**Our feelings are our truth.
By living outside of our feelings
we bring about our difficulties!**

One Cause – One Pathway

simple is what life is meant to be!

Amazingly, it has not been previously understood that should we heal ourselves of what we each have taken on of the Rebellion and Default via our Childhood Suppression being experienced throughout our childhood formative years, such healing being through Feeling Healing, then we would no longer need to experience physical discomfort, pain, disease or any illness.

Sickness comes about in its diverse forms to draw our attention to our emotional injuries and errors of belief. Once we fully heal ourselves then we no longer need to experience illness! Feeling Healing is the only pathway!

The extreme diversity in the forms of illness is of a direct reflection of the diversity of our personalities and the suppressive environments we each have experienced.

It is only upon completion of our Feeling Healing that such propensity for physical health arises.

However, now it can be understood why allopathic medicine, traditional medicine and all other health systems do not bring about a cure. That is because the underlying cause has not been previously recognised and consequently it is never addressed.

To engage in living Feelings First and then to embrace Feeling Healing is addressing our Childhood Suppression as well as our ongoing Repression that continues throughout all of our life. Further, by also embracing Divine Love we are also Soul Healing and thus fitting ourselves to become of Celestial Soul Condition which we can do while living in the physical on Earth.

Humanity, over many thousands of years, has progressively gone deeper and deeper into wrongness through living mind-centric. We have always taken the wrong option – our choices have always deepened our suppression of our truth and personality.

By embracing The New Way, living Feelings First, humanity will begin to resolve the social ills that prevail throughout all societies. Progressively the circumstances for world peace will arise.

By living Feelings First and then working through and completing Feeling Healing, we bring all of our bodies and systems into harmony, thus we remove the need for each of us to experience any further illness.

By then embracing Divine Love, the love of our Heavenly Mother and Father, with Feeling Healing we are then fitting ourselves to enter the first of the Celestial Heavens while we live here in the physical on Earth.

UNIVERSALITY of our HEAVENLY PARENTS' GIFT:

By embracing the eleventh commandment:

"This is my commandment, that ye love one another even as I have loved you."

Golden Rule: that one must always honour another's will as one honours one's own.

Our soul condition steadily grows in love so that we step away from:

Any harm that we may cause to others which will also bring about consequences.

Also as our soul development progresses, our self love grows which also enables us to step away from:

Any self harm that we may cause which also will bring about consequences.

And to move along this path we simply develop our embracement of:

God's Divine Love; pray for it, ask for it, and receive it.

Or it may be even as simple as the caption below:



Oliver Twist asked:

Please, sir, I want some more!

Maybe we could simply ask:

Please, Heavenly Parents, I want some more!

By living true to ourself, true to our feelings, we are living true to God. It's that simple.

Never can one man do more for another man than by making it known of the availability of the Feeling Healing process and Divine Love. JD

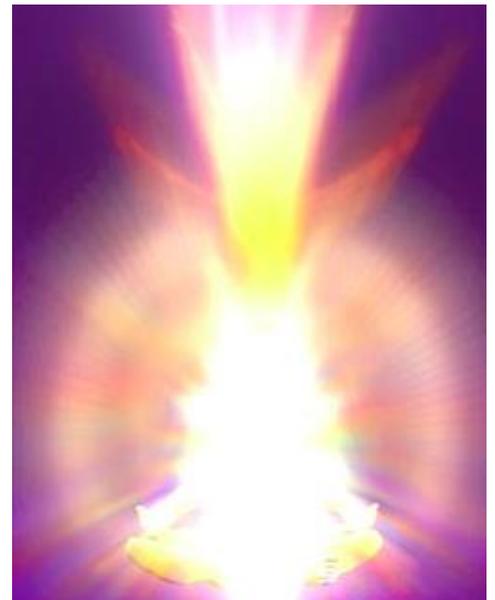
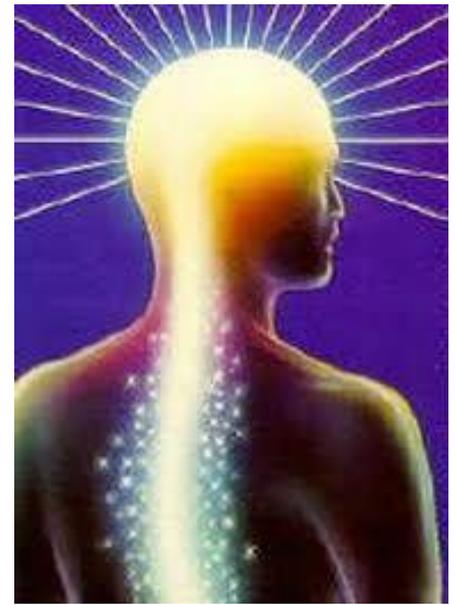
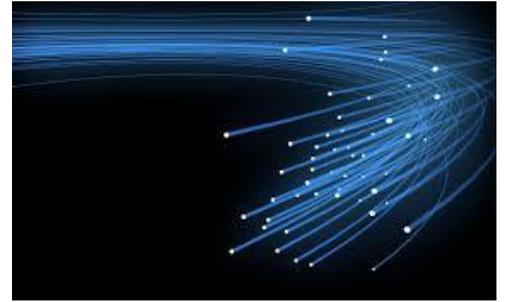
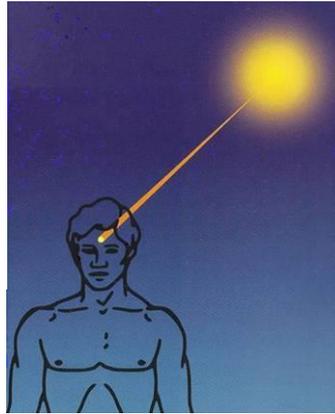
MoC

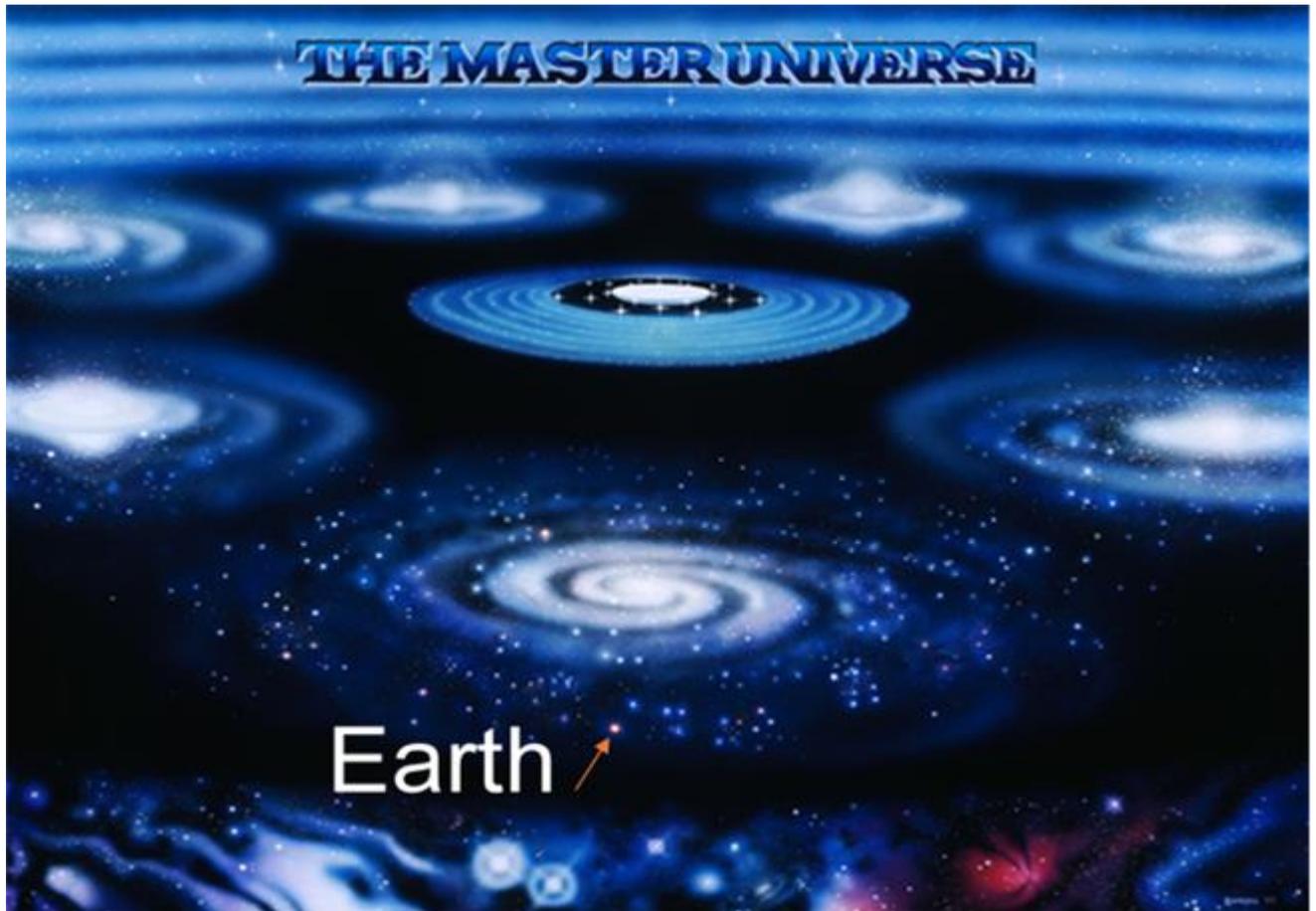


CONNECTION with GOD:

**Holy Spirit / the Spirit
infusing Divine Love.**

**Progressive escalation of
Divine Love flowing.**





The central universe is stationary. There are seven super-universes rotating around the central universe. Earth is on the outer edges of one of the seven super-universes. Each star (Sun) we see in the night sky has between zero and three inhabitable worlds within its solar system. One in three inhabitable world is inhabited.





Finaliters

Hey guys, I know who I am and why I am having these life experiences. No, I'm not wearing a prison uniform – but that might be what my soul has planned for me to experience! Just joking!

When we arrive in our Earthly mother's womb, we are clueless as to why the heck we have come here. We truly need to persist with asking, "What's this all about?" – We will be told, bit by bit! But you have to push for it. Well guys, here's a go at it.

We have come to this crazy messed up humanity on Earth because God wants us to come; we don't have any say in it. And we think we can do something about it, but we actually can't, we can only do what God wants us to do. And if that makes us think we can do something, that we can have an effect, then that's what God wants us to think. Man, this mob is ready to slaughter each other totally and that is not going to happen – it's not allowed!

We are to enable our wilfulness to surface – well take over our 'numbnut' mind – and push aside the persona – the messed up personality that our parents want us to be – and express our true individuality. Be true to our feelings – our soul-based feelings and be the personality that our Heavenly Mum and Dad know us to be (all good).

Okay, because we are amongst billions of people who have been forced to join the Rebellion and Default, we are one of them – experiencing all the crud and wrongness we can possibly get ourselves into. Yep, we are rebelling against our soul, which also means we are rebelling against our soulmate and also our Heavenly Mother and Father – God. Shoot the works – we have done it justice!

Now here is the good bit. We can heal ourselves of all this wrongness – and eventually we ALL will. Then we will continue with our healing and learning, and learning, and more learning and end up in Paradise, the home of our True Mum and Dad. THEN we will be recognised as FINALITERS. Why Finaliters?

We are called Finaliters, that's everyone who attains Paradise, and not just those of us who've been screwed up by a Rebellion, because we've 'finally' got there, we 'finally' did it, we 'finally' completed the first stage of our existence in Creation, which is akin to 'Finally' completing our time in the 'womb'. Upon attaining Paradise, it can be likened to being 'finally' born, or 'finally' becoming the equivalent of age 6 when our Indwelling Spirit arrives, or 'finally' becoming an adult. And possibly we won't know if we can liken it to any of these stages we go through during our physical life on Earth, until we're 'finally' on Paradise, and 'finally' get it!

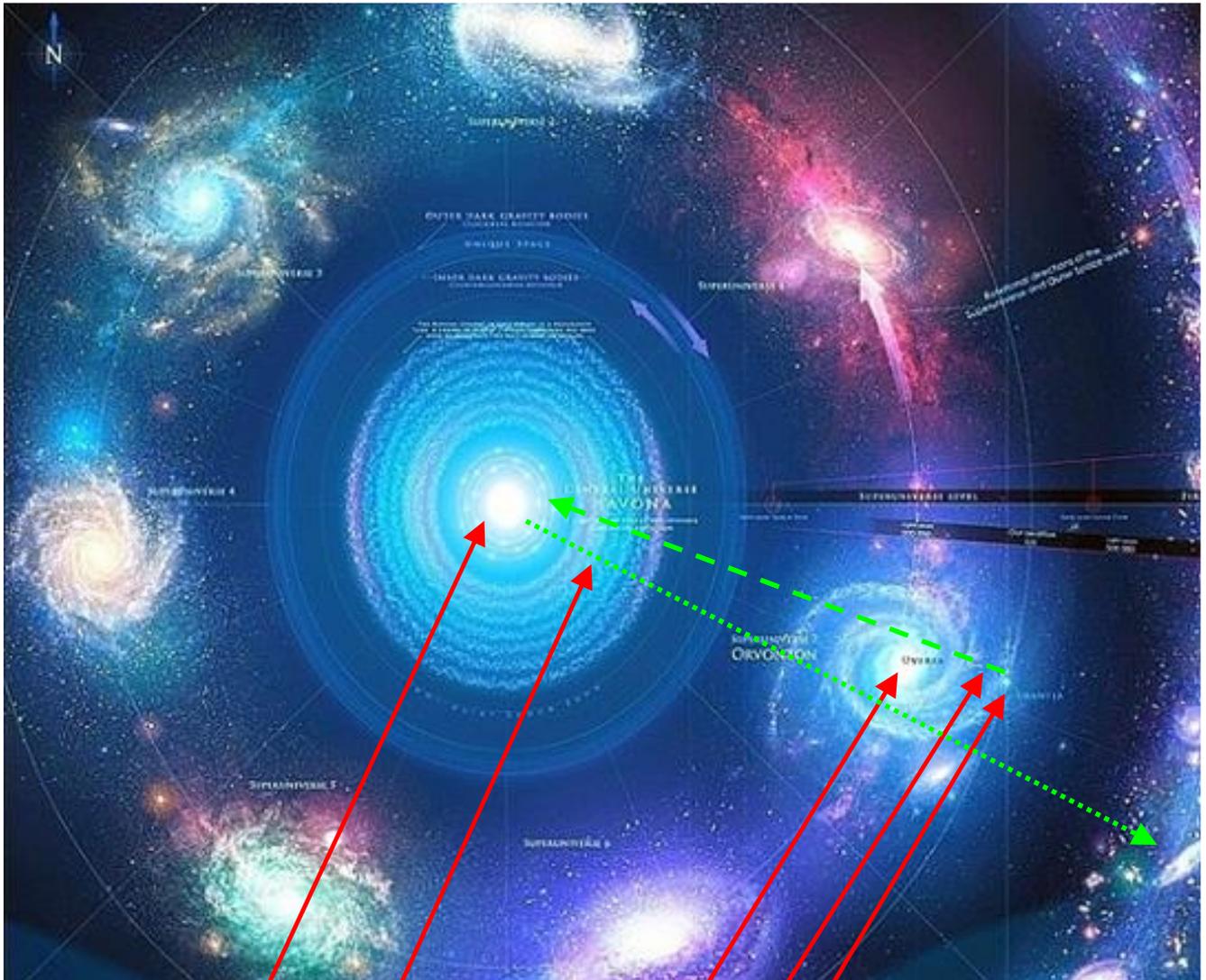
Because other humanities in newly forming universes are anticipated to Rebel (just like us now) and because we have had the experience (no other humanity has possibly done it as good as us), we FINALITERS can go and help them out of their SHIT! Yee-ha – more evilness and insanity! That is us! Bring it on!!!!



Finaliters

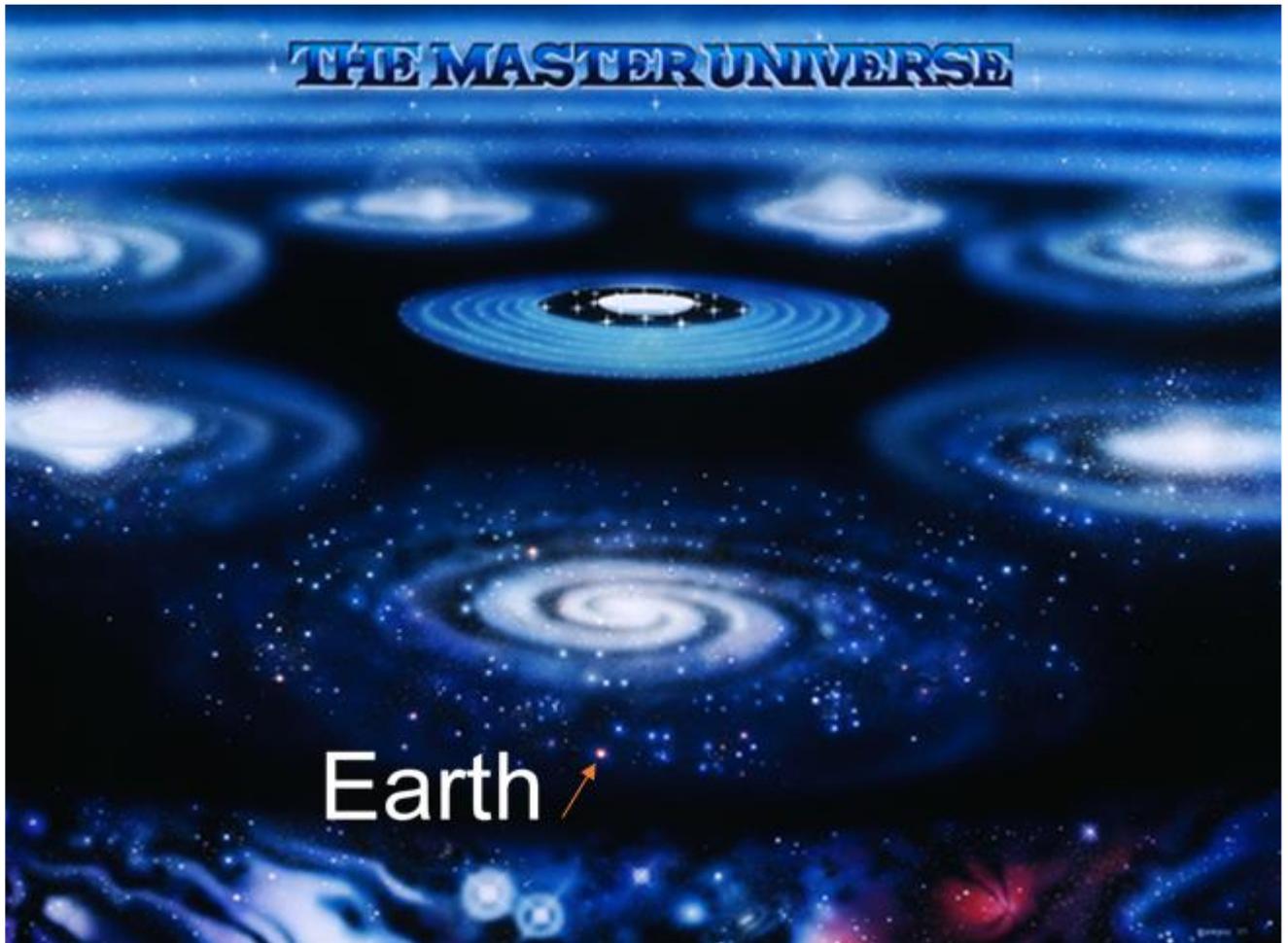
OUR JOURNEY

Ascension is from Earth (Urantia) through Nebadon, Orvonton, Havona to Paradise.
Then in Paradise we progress to be Finaliters and possibly assigned to a newly forming universe.



Isle of Paradise home of our Heavenly Mother & Father
 Havona Ascendington
 Orvonton – our Super Universe
 Nebadon – our Local Universe
 Urantia being Earth

Finaliter, being what we become when we finally arrive in Paradise!



Our journey is one of experience and the feelings that arise from our experiences. From the moment of conception we are on our learning pathway, experiencing the emotions of our parents and carers. Our feelings are our truth, it is through our feelings that we evolve in truth. We are to long for the truth that our feelings draw our attention to.

Our physical parents and family is the focus of our experience on Earth. As we all have been subjected to the Rebellion and Default of Earth's humanity, we are all to heal ourselves of being unloved and the errors and injuries that we have been subjected to. Only through the completion of our Feeling Healing do we leave the environment which is referred to as Hell. It is through the guidance of the Avonal soul partner pair, their Spirits of Truth, that we are now able to complete our Feeling Healing.

When we transition into the 1st Celestial Heaven, having completed our Healing and Acceptance of how we have been messed up and the way we are having had the experience of living in a Rebellion and Default, can we then start to assimilate with other humanities within our Local System.

Our local system is called Satania, home city and headquarters being Jerusem. It consists of 1,000 physical worlds that have the potential of a humanity living on these worlds. 619 are physically inhabited of which Earth is number 606, one of the youngest. As we progress beyond the first three Celestial Heavens, then we start to interact and become knowledgeable of these additional humanities.

Then we progress into our local constellation called Norlatiadek. Norlatiadek consists of 100 local systems, and its home city is Edentia. The Garden of Eden is named after Edentia. Again we go through a process of coming to understand how the constellation works and the peoples that are throughout it.

Then we enter the local universe as a whole, named Nebadon with Salvington being its headquarters and home of the co-regents being soul partners Creator Daughter and Son, Michaels, namely Mary Magdalene and Jesus. It is through the Spirits of Truth of Mary and Jesus that we are guided through all of the Celestial Heavens to Salvington.

From Nebadon then it is our Heavenly Mother and Father that guide us through the next three major sectors of our super-universe being the Minor Sector, then Major Sector, then the super-universe of Orvonton.

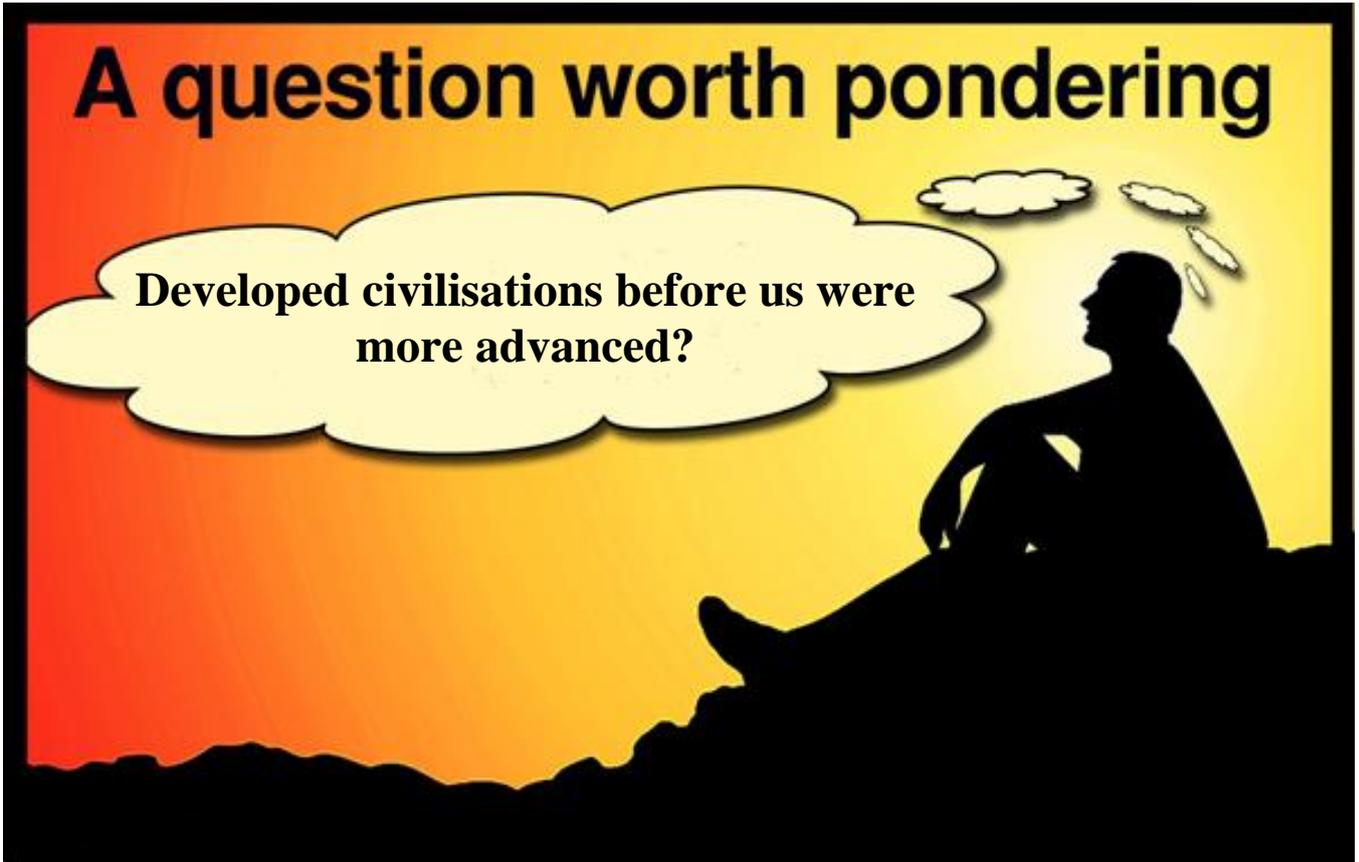
Then we progress into Havona and Isle of Paradise, the home of our Heavenly Mother and Father and on completion of achieving understanding of how all the systems work in the manner that we are required to, we become Finaliters. After all, we are truth seekers!

Then what follows is that we then visit and achieve an understanding of how each of the other six super-universes work and how all sever super-universes function and work together.

When fully accredited we will most likely be assigned to one of the newly forming 70,000 super-universes that presently are not inhabited. Finaliters have many optional assignments.

We are truth seekers and through our obtained truth we will be able to assist humanities throughout the emerging universes.



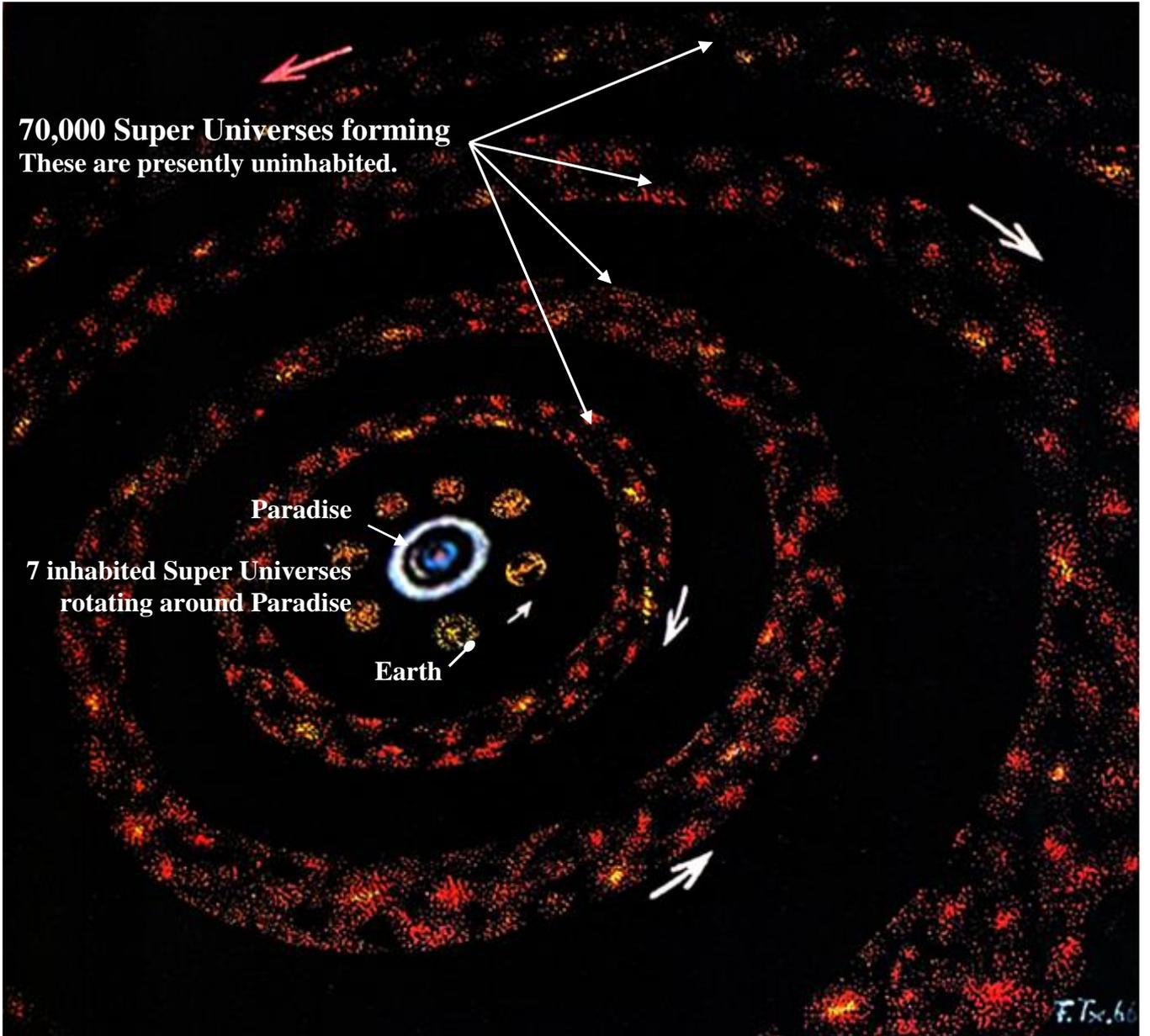


and



Earth

70,000 Super Universes forming



Health and Healing

By expressing our feelings, both good and bad, that is, by talking out our discomforts to a companion, we are expressing the injuries that we have incurred throughout our lives. These injuries and disturbing experiences all stem back to our early forming years, our early childhood. As we yearn to know the truth behind these experiences we will confront our Childhood Suppressions which commenced from the moment of our conception and continued through to the age of six years, all being the years of our early childhood, our forming years. The pain and discomfort of expressing these events will not exceed the pain and discomfort that we experienced during our early childhood.

Nor will any illness or disease cause us greater pain and discomfort than we experienced during our Childhood Suppression. We are also to yearn to know why we are experiencing any such illness. Our Feeling Healing will not abate until we totally finish all of it. Should it diminish along the pathway then we simply would not complete our Feeling Healing. We are too long to know the truth of our feelings, what are our feelings to reveal to us about that which we are feeling.

It is the disruption to the soul light coming into our spirit body and then physical body and its return to our soul that brings about all of our discomforts, pains, illnesses and diseases. However, when we complete our Feeling Healing then we have no need for further discomforts, pains, illnesses and diseases.

Our destiny is through our Feeling Healing and the asking for and receiving of our Heavenly Parents' Love, Their Divine Love, which we all will do so as to enter the Celestial Heavens. We can achieve that state now while living in the physical.

Embracing our feelings as a way of living is opening the pathway for each and every person to evolve.

Amazingly, few have understood that our mind cannot discern truth from falsehood, that our mind is addicted to untruth; also our mind is addicted to control, control over others and the environment. Thus we have the foundations of all the social ills to be found throughout every society. When we make an assumption, it is a product of the mind. When we 'think' of form an 'opinion', these are products of the mind. Assumptions, thinking and opinions error around 98% of the time! We fluke some now and again.

Our feelings are always in truth. We are actually fully and totally endowed with all we need to know, yet we have been denied this through the way we each have been brought up – we are each indoctrinated to be mind-centric, to literally worship our minds, to suppress our feelings. Every facet of our living reinforces this erroneous dogma. Our childhood upbringing is based on mind-centricity – Johnny, don't be stupid, use your head! Johnny, if I hear another whimper out of you I will smack you – this is suppression of our feelings.

Consequently, we are diminished from our pristine true self to that of the personality and consciousness level of our parents by the time we are six years old. This is why humanity is stagnating. Generation after generation is a mirror of the previous. This is why society cannot advance or solve anything!

Living feelings first, living true to ourselves, will see evolution cumulatively unfold generation after generation. The drain on governmental social services will progressively diminish. Education will become fun and the time to complete our schooling may reduce from 12 years to as little as 4 years!

Health and Healing of all our bodies.

“The real KEY to our Healing is longing for the Truth, and that is the truth that will come from our feelings. If you don’t want the truth of what you are feeling, then you can forget it. You can express your feelings all day like a kettle letting off steam, however if you’re not seriously wanting, and longing hard, and praying with all your will to God to help you uncover and see the TRUTH that your feelings are to show you, then you can forget it. The expressing and releasing ARE just as important, however a little less than longing for the truth.”

James Moncrief 28 May 2018



and longing for the Truth about what our feelings are drawing our attention to. We need to know, and before we can know, we WANT to know. And once we know, we cannot unknown!

This being in conjunction with:

The GOLDEN RULE

Never interfere with another's will.

We are not to impose our will upon another!

One must always honour another's will as

one honours one's own.

**While we continue living mind-centric,
we are going the wrong way!**

PAIN IMPOSED is PAIN ENDURED

Whatever pain or discomfort we cause to come upon another person, either directly or indirectly, is the equal amount of pain we each will endure.

And this applies to all forms of control we imposed!

With the quickening of the Law of Compensation we will instantly endure that pain before we can inflict it!

Parenting, namely Childhood Suppression, is the biggest of all errors.

Look for deeper understanding and truth.

Seek to understand what it is about the feeling.

Long to know what is underneath the feeling.

Ask, beg, pray, long to know the truth above all.

Underneath each discovered layer is another!

Until we go back to our time of conception.

Our feelings are our truth - our soul based truth.

We are to express all that we feel, good and bad.

This is the beginning of our FEELING - HEALING.

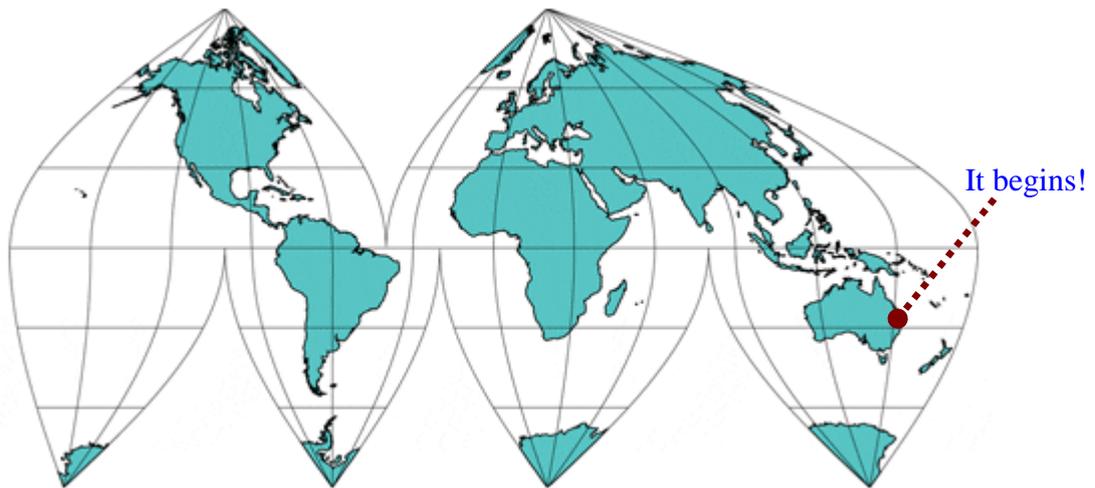
Then always ...



THE WORLD IS A CAT



PLAYING WITH AUSTRALIA

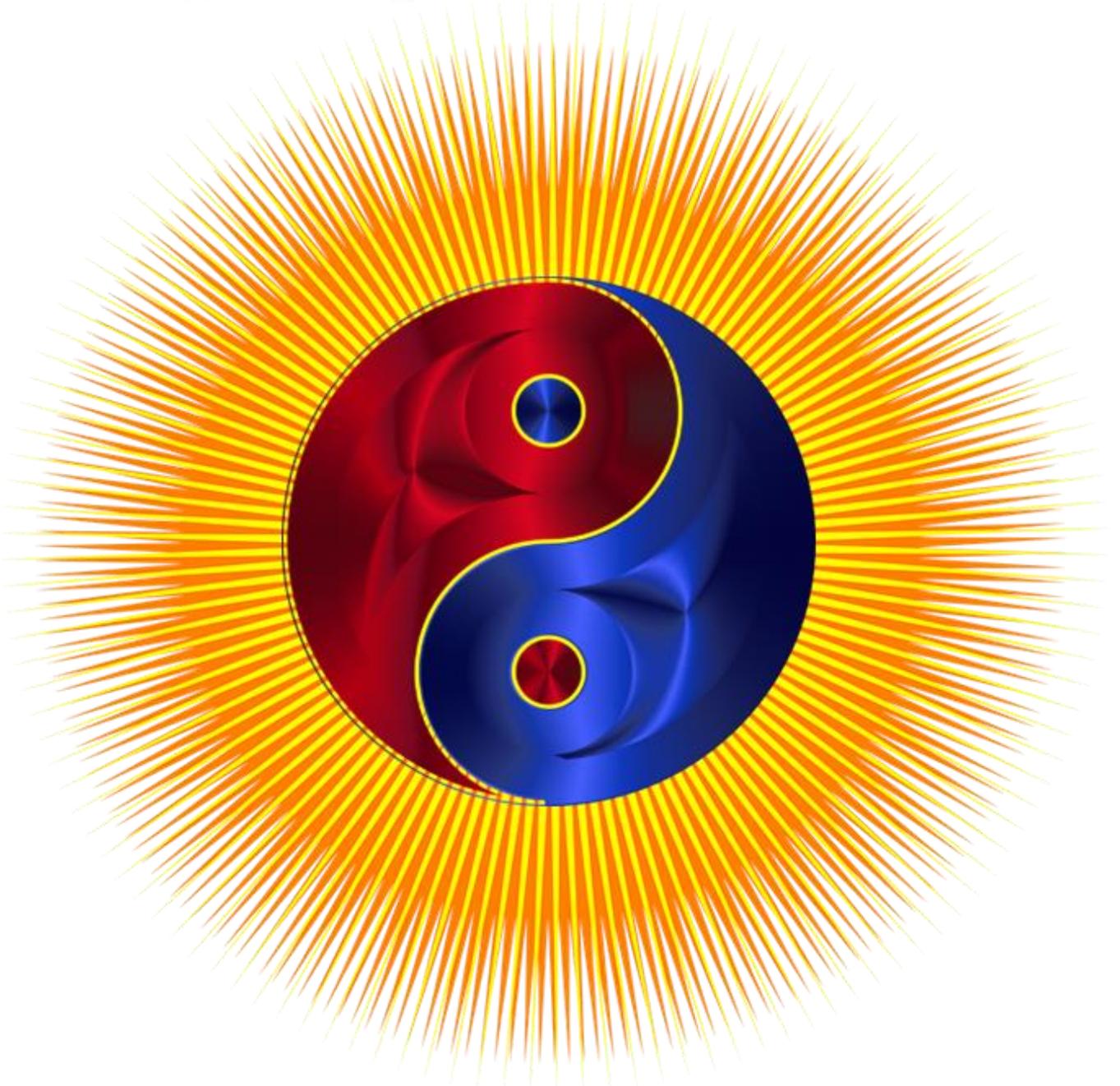


This is the Great U-Turn. We are to feel and live by our feelings and express our feelings, our mind will follow in support, not the other way around.

Feelings First, you can be sure about that! **Once women get that message and start living it, then the tide will really change**, with men either deciding to support them by looking to their own feelings or being left on the outer wondering what the fuss is all about.

By living true to ourselves, true to our feelings, we are living true to God. It's that simple.

Our Heavenly Mother and Father



GREAT
*U*Turn

THE
CHANGE
&
Arvonal AGE

Kindly consider reading: www.pascashealth.com then proceed to Library Download:

Pascas Care Letters – Family Shelters Abuse & Remedial
 Pascas Care Letters – Family Shelters Overview
 Pascas Care Letters – Family Shelters Per Capita Inequality
 Pascas Care Letters – Family Shelters Protection
 Pascas Care Letters – Family Shelters Social Housing
 Pascas Care Letters – Family Shelters Support Centre
 Pascas Care Letters – Family Shelters towards Liberation
 Pascas Care Letters – Homelessness Helping Hand
 Pascas Care Letters – Root Cause now to Pathway Forward
 Pascas Care Letters – Root Cause now to Pathway Forward (short)

Chaldi College Free to Learn Instinctively
 Chaldi College Free to Learn Pathway

Pascas Care Letters – Back to Basics
 Pascas Care Letters – Change
 Pascas Care Letters – Finaliters our Destiny
 Pascas Care Letters – Humanity is Addicted to Untruth
 Pascas Care Letters – Journey of Earth’s Humanity
 Pascas Care Letters – Life is a Highway
 Pascas Care Letters – Live True to How You Truly Are
 Pascas Care Letters – Moving out of Healing
 Pascas Care Letters – My Customs Heritage and Nationality
 Pascas Care Letters – One Soul Two Personalities
 Pascas Care Letters – Psychology and Feeling Healing
 Pascas Care Letters – Spirit Evolution and Environmental Changes
 Pascas Care Letters – Transition & Assimilation following Death

Pascas Care – Death & Dying Transition & Assimilation Marjorie
 Pascas Care – Kinesiology Testing

Pascas Care Living Feelings First Adults
 Pascas Care Living Feelings First Children
 Pascas Care Living Feelings First Children Annexures
 Pascas Care Living Feelings First Children Discussions
 Pascas Care Living Feelings First Children Graphics
 Pascas Care Living Feelings First Drilling Deeper
 Pascas Care Living Feelings First Drilling Deeper Structures
 Pascas Care Living Feelings First Reference Centre



Important recommended reading is:

by James Moncrief

The Rejected Ones – the Feminine Aspect of God

<http://divinelovesp.weebly.com/my-free-books-and-free-padgett-messages.html> ALSO at
<https://www.pascashealth.com/index.php/library.html?file=files/opensauce/Downloads/MEDICAL%20-%20SPIRITUAL%20REFERENCES/Rejected%20Ones%20via%20James%20Moncrief.pdf>

<http://www.pascashealth.com/index.php/library.html>

Library Download – Pascas Papers

All papers may be freely shared. The fortnightly mailouts are free to all, to be added into the mailout list, kindly provide your email address. info@pascashealth.com

Within the Library Download page within Pascas Care Letters at www.pascashealth.com kindly download the following two files:



[Pascas Care Letters Root Cause now to Pathway Forward.pdf](#)



[Pascas Care Letters Root Cause now to Pathway Forward short.pdf](#)

Important recommended reading is:

by James Moncrief

The Rejected Ones – the Feminine Aspect of God

<http://divinelovesp.weebly.com/my-free-books-and-free-padgett-messages.html> ALSO at <https://www.pascashealth.com/index.php/library.html?file=files/opensauce/Downloads/MEDICAL%20-%20SPIRITUAL%20REFERENCES/Rejected%20Ones%20via%20James%20Moncrief.pdf>

To liberate one's real self, one's will, being one's soul, is by embracing Feeling Healing so as to clear emotional injuries and errors. With the Divine Love, then one is also Soul Healing. We are to feel our feelings, identify what they are, accept and fully acknowledge that we're feeling them, express them fully, all whilst longing for the truth they are to show us.

Within the Library Download page within Pascas Care Letter at www.pascashealth.com kindly download the following:

- Pascas Care Letters – Family Shelters Abuse & Remedial
- Pascas Care Letters – Family Shelters Overview
- Pascas Care Letters – Family Shelters Protection
- Pascas Care Letters – Family Shelters Social Housing
- Pascas Care Letters – Family Shelters Support Centre
- Pascas Care Letters – Family Shelters towards Liberation

Be Feeling Expressive

it's all about
Experiences & Feelings

FURTHER READING:

Free downloads are from [www.pascashealth](http://www.pascashealth.com) in the Library Download page, scroll down for the PDFs:

PASCAS CARE PARENTING

Sam's Book – Parenting and Feeling Healing	Book I	Experience
Sam's Book – Parenting and Feeling Healing	Book II	Conception
Sam's Book – Parenting and Feeling Healing	Book III	Magic
Sam's Book – Parenting and Feeling Healing	Book IV	Nothingness
Sam's Book – Parenting and Feeling Healing	Book V	Setting Free
Sam's Book – Parenting and Feeling Healing	Book VI	Pain and Rage
Sam's Book – Parenting and Feeling Healing	Book VII	Vision
Sam's Book – Parenting and Feeling Healing	Book VIII	Childhood
Sam's Book – Parenting and Feeling Healing	Book IX	Self-Acceptance
Sam's Book – Parenting and Feeling Healing	Book X	Physical Illness

Pascas Care – Parenting Awareness
 Pascas Care – Parenting Eureka Moment
 Pascas Care – Parenting Feelings Supreme Guides
 Pascas Care – Parenting Health Generation
 Pascas Care – Parenting into the Abyss
 Pascas Care – Parenting Rebellion

Important recommended reading is:

by James Moncrief

The Rejected Ones – the Feminine Aspect of God

<http://divinelovesp.weebly.com/my-free-books-and-free-padgett-messages.html> ALSO at
<https://www.pascashealth.com/index.php/library.html?file=files/opensauce/Downloads/MEDICAL%20-%20SPIRITUAL%20REFERENCES/Rejected%20Ones%20via%20James%20Moncrief.pdf>



Mind Centric Way

Feelings First Freedom

Primary recommended reading:	consider commencing with:	Paul – City of Light and Sage – and the Healing Angels of Light	
The Rejected Ones	2002 – 2003	xxx	– James Moncrief
Messages from Mary & Jesus	2003	xxx	– James Moncrief
Soul Light from Zelmar Melchizedek	2003	xxx	– James Moncrief
Paul – City of Light	2005	xxx	– James Moncrief
Feeling Healing	2017		– James Moncrief
Religion of Feelings	2017		– James Moncrief
Mary Magdalene and Jesus' comments on the Padgett Messages	2007 – 2010	xxx	– James Moncrief
Speaking with Mary Magdalene & Jesus Sage and the Healing Angels of Light	2013 – 2014	xxx	– James Moncrief
Road map of Universe and history of Universe:	2017	xxx	– James Moncrief
The Urantia Book	1925 – 1935		xxx as primary reading
Divine Love supporting reading:			
Revelations	1954 – 1963		– Dr Daniel Samuels
Judas of Kerioth	2001 – 2003		– Geoff Cutler
The Book of Truths containing the Padgett Messages or Little Book of Truths	1914 – 1923	xxx	– Joseph Babinsky
True Gospel Revealed anew by Jesus Vol I, II, III, IV		xxx	– Joseph Babinsky
			– Geoff Cutler
Available generally from:			
www.lulu.com	www.amazon.com	www.bookdepository.com	
For Divine Love focused websites and forums:			
Pascas Health:	http://www.pascashealth.com/index.php/library.html		
Spiritual Development:	http://new-birth.net/spiritual-subjects/		
Padgett Books:	http://new-birth.net/padgetts-messages/		
http://divinelovesp.weebly.com/my-free-books-and-free-padgett-messages.htm			

BIBLIOGRAPHY NOTE:

James Moncrief has written numerous books and prepared numerous movie scripts. Incorporated here are primary writings.

Pascas has 750+ supportive 'Pascas Papers' accessible in Library Download at www.pascashealth.com

Pascas Primary publications being:

- U-Turn for Humanity Pascas reveals New Feelings Way
- U-Turn for Humanity pathway being New Feelings Way
- U-Turn for Humanity shutting hells through New Feelings Way
- U-Turn for Humanity simple is what Life is meant to be
- U-Turn for Humanity soul light and New Feelings Way
- U-Turn for Humanity through the New Feelings Way
- U-Turn for Humanity treacherous assumptions New Feelings Way
- U-Turn for Humanity unfolding the New Feelings Way
- Universal Gift – Feeling Healing with Divine Love
- Feeling Healing and Divine Love Discussion Prompts
- Pascas Care Death & Dying Transition & Assimilation Marjorie

Selected Pascas Papers, as noted below, can be downloaded from www.pascashealth.com from within the Library Download page.

James Moncrief's books, the Padgett Messages and The Urantia Book at:

DIVINE LOVE SPIRITUALITY – DLS:

<http://divinelovesp.weebly.com/my-free-books-and-free-padgett-messages.html>

All Padgett Messages (for condensed versions – see below) 1914 – 1923 Pages 945
The Urantia Book (see suggested papers to read below)

James Moncrief Books:	MoC		
The Rejected Ones – the Feminine Aspect of God	1,490	Nov 2002 – Jan 2003	228
Messages from Mary and Jesus book 1	1,485	Feb – Apr 2003	189
Messages from Mary and Jesus book 2	1,485	Apr – Oct 2003	170
Soul Light from Zelmar, a Melchizedek, books 1 and 2	1,480	May – Sep 2003	480
Mary Magdalene and Jesus' comments on the Padgett Messages – book 1		Aug 2007	164
Messages from 31 May 1914 – 12 January 1915	1,495		
Mary Magdalene and Jesus' comments on the Padgett Messages – book 2		Sep 2010	177
Messages from 13 January 1915 – 29 August 1915	1,494		
Speaking with Mary Magdalene and Jesus blog – book 1	1,490	Jan – Apr 2013	206
Speaking with Mary Magdalene and Jesus blog – book 2	1,489	Apr – May 2013	229
Speaking with Mary Magdalene and Jesus blog – book 3	1,490	Oct – Jan 2014	187
Speaking with Mary Magdalene and Jesus blog – book 4	1,491	Jan – May 2014	191
Mary Magdalene comments on Revelation from the Bible KJV	1,485	Dec 2013 – Jan 2014	84
	This group being pages of		2,305

Paul – City of Light	1,488.5	2005	149
Ann and Terry		2013	235
Feeling bad? Bad Feelings are GOOD!	feeling-healing book 1	2006	179
Feeling bad will make you feel BETTER – Eventually!	feeling-healing book 2	2006	159
Breaking the Golden Rule.	feeling-healing book 3	2006	168
Feeling-Healing exercises, and other healing points to consider.		2009	175
Cathy and Mark – a novel introducing Feeling-Healing.		2010	151
Introduction course to Divine Love Spirituality		2006	139
Speaking with the Dead, Death and Dying		2009	173
Spirits and their Childhood Repression Healing		2010	179
With Verna – a nature spirit		2008	279
Communication with spirits – meet a spirit friend		2010	37
Introduction to Divine Love Spirituality website			362
Sage – and the Healing Angels of Light		2017	260
Divine Love Spirituality	1,500	2017	201
Feeling Healing – you can heal yourself through your feelings		2017	153
Religion of Feelings	1,500	2017	47

This group being pages of 3,046

Religion of Feelings

<http://religionoffeelings.weebly.com/>

Introduction to Divine Love Spirituality

<http://dlspirituality.weebly.com/>

Main website of DLS

<http://divinelovesp.weebly.com/>

Childhood Repression website

<http://childhoodrepression.weebly.com/>

DLS and CR forum

<http://dlscr.freeforums.net/>

<http://withmarymagdaleneandjesus.weebly.com/blog---and-free-books-speaking-with-mary-and-jesus>

FEELING HEALING and SOUL HEALING with the DIVINE LOVE:**James Moncrief Publications:****all publications are free downloads:**<http://divinelovesp.weebly.com/my-free-books-and-free-padgett-messages.html>

It is suggested for one to consider reading as follows:

Speaking with Mary Magdalene and Jesus – books 1 – 4

These four books encapsulate the second of the revelations with the first having been introduced by James Padgett one hundred years previously. These four books provide a wide range of guidance that has never previously been made available.

Soul Light – books 1 and 2

A Melchizedek, Zelmar, sums up how we are to heal ourselves and ascend to Paradise.

Paul – City of Light

As a gentle intro into the Divine Love and Healing; being James Moncrief's first novel.

Ann and Terry

An example for people who might want to immediately start working on themselves and doing their Healing.

Feeling Bad? Bad Feelings are GOOD

For more understanding about our denial of our feelings and why we should not deny our feelings, and it includes how it all came about for James, using himself as an example.

Feeling bad will make you feel BETTER – Eventually!

This includes specific examples of Marion and James working on expressing particular bad feelings, again with the hope that it will help others gain something of an idea as to what's involved in doing your Feeling Healing.

Sage – and the Healing Angels of Light

Through Sage who's 13 years old, the story is primarily about the two aspects of healing; that being, with the help of our angels, and the full Healing we can do by looking to our feelings for their truth.

**Religion of Feelings
Feeling Healing**

**Welcome to LOVE – the Religion of Feelings
you can heal yourself through your feelings**

So these books, including the four Speaking with Mary Magdalene and Jesus books, provide the essence of it all and are examples of James' work. Then it's up to whatever takes one's fancy. Other reading to consider may include:

The Padgett Messages being published as:

The True Gospel Revealed Anew by Jesus volumes 1 – 4

Book of Truths by Joseph Babinsky

The Urantia Book

Release one's pain through expressing one's feelings.

in conjunction with

Longing for the Truth when also longing for Divine Love.

FEELING HEALING with DIVINE LOVE is SOUL HEALING:

A collection of 'papers' that draw together specific topics including all of the above and more from other sources of information and revelation designed to help increase one's awareness about why we have the problems we do and how to heal them, all whilst living a more healthy and sustainable life. They provide a brief snapshot of the more complicated topics and issues.

**Firstly, consider discovering the truth of your emotional pain through Feeling Healing.
Secondly, consider longing for our Heavenly Parents' Love as you progress with your healing.
Primary and most important readings are the writings of James Moncrief.
Then consider the Padgett Messages, and then The Urantia Book.**

Pascas Papers, being free, are located within the Library Download www.pascashealth.com
<http://www.pascashealth.com/index.php/library.html>

[PASCAS – document schedule.pdf](#) **downloadable index to all 750+ Pascas Papers.**

FH denotes Feeling Healing; SH denotes Soul Healing, which is: Feeling Healing with the Divine Love;
DL denotes Divine Love – living with the Love.

PASCAS INTRODUCTION NOTES: *All papers below can be found at Library Download link.*

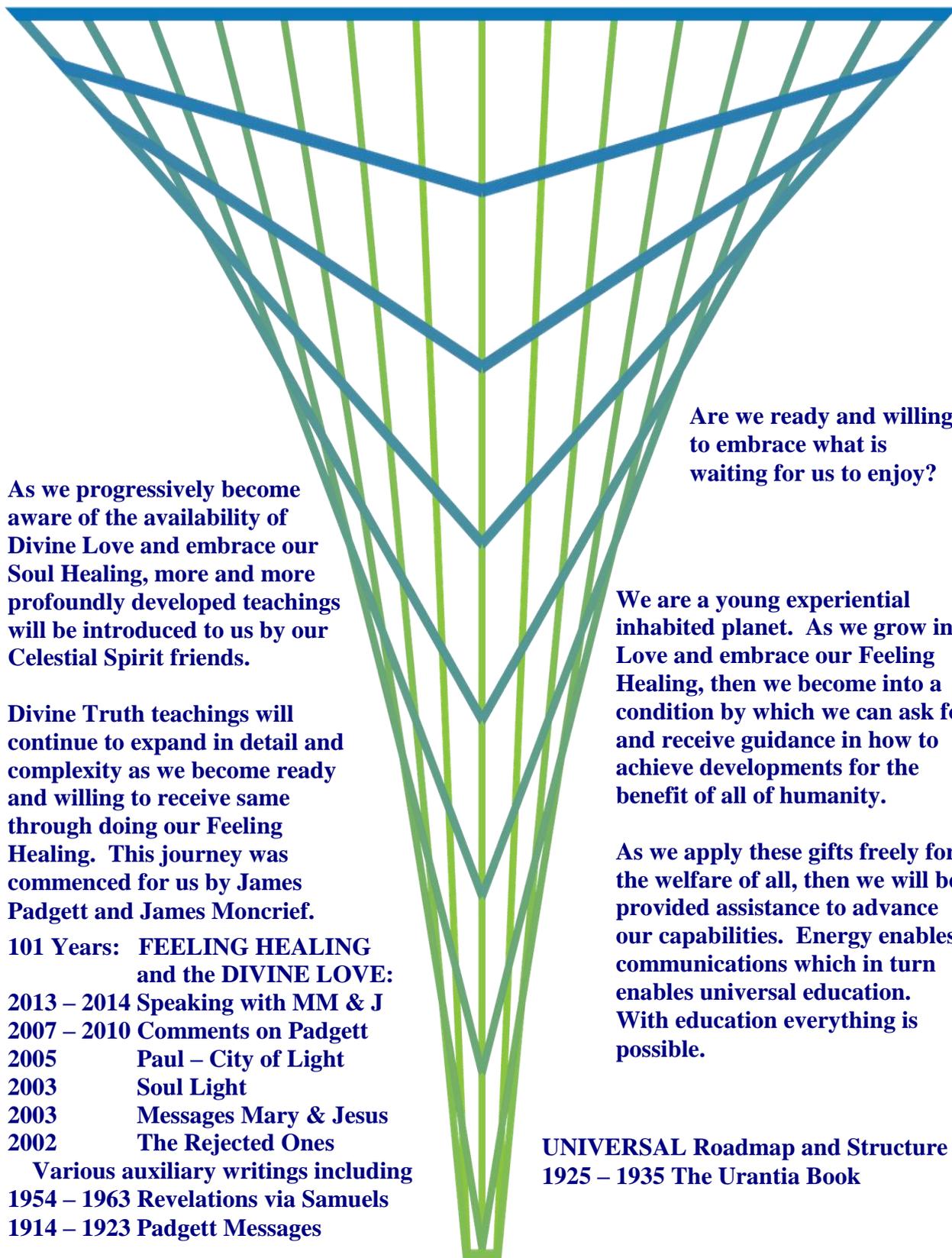
Pascas Care Letters A Huge Upturn
Pascas Care Letters Big Revelation
Pascas Care Letters Feeling Healing Benefits Children
Pascas Care Letters Feeling Healing Way
Pascas Care Letters Little Children
Pascas Care Letters Women's Liberation and Mother

MEDICAL – EMOTIONS:

Pascas Care – Feeling Healing
Pascas Care – Feeling Healing All is Within
Pascas Care – Feeling Healing and Health
Pascas Care – Feeling Healing and History
Pascas Care – Feeling Healing and Parenting
Pascas Care – Feeling Healing and Rebellion
Pascas Care – Feeling Healing and Starting
Pascas Care – Feeling Healing and Will
Pascas Care – Feeling Healing Angel Assistance
Pascas Care – Feeling Healing Being Unloved
Pascas Care – Feeling Healing Child Control
Pascas Care – Feeling Healing Childhood Repression
Pascas Care – Feeling Healing End Times
Pascas Care – Feeling Healing is Rebellious
Pascas Care – Feeling Healing Live True
Pascas Care – Feeling Healing Mary Speaks
Pascas Care – Feeling Healing My Soul
Pascas Care – Feeling Healing Perfect State
Pascas Care – Feeling Healing Revelations X 2
Pascas Care – Feeling Healing the Future
Pascas Care – Feeling Healing Trust Yourself
Pascas Care – Feeling Healing Versus Cult

**PASCAS
PAPERS**

DIVINE LOVE and DIVINE TRUTH Revelations and Teachings escalating:



WE EACH NOW CAN CLIMB TO INCOMPREHENSIBLE LEVELS OF CONSCIOUSNESS



PAPER SCAPERS

John the
Typist





All our feelings are so important, and we are to follow them like walking down a golden feeling path, and most importantly, our bad feelings.

Angel guides 15 July 2022

Living Feelings First!

INTUITIVE

INSIGHTFULNESS

DYNAMIC

NATURAL INTELLIGENCE

SPONTANEOUS

VIBRANCY

foresightful

Wisdom & Truth

FREEDOM

EQUALITY

(and no Artificial Intelligence!)

perceived truth MoC 960 – relative truth potential MoC 1,480