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## WE are MISLED and MISDIRECTED

As of 7 November 2021, worldwide, those who have died from the coronavirus Covid-19 are reported to number more than 5 million. Those who have been given at least one dose of a vaccine are 4 billion and those who have been double vaccinated number 3.1 billion. World population is presently 7.9 billion.

The world is slowly realising that the vaccines do not prevent us from getting the virus, from incubating the virus, from mutating the virus and from transmitting the virus. Severity of a virus disease episode is significantly reduced for those vaccinated, however the protection becomes minimal after six months. Long term side effects appear to be emerging for those from having received a vaccine. Now, those who were early to be vaccinated are now falling out of protection.

Populations worldwide have readily forfeited their freedoms out of fear of coronavirus Covid-19.

As people worldwide search for a better way of living, they are also finding that all sectors of society have been misled and misguided by those in authority at all levels. Freedom of the press, the veracity of education and health systems have all been shown wanting.

A new way of living is to unfold.

**“Once humanity collectively understands what has happened to them on the higher spiritual level, how the people have been controlled, and that it’s over, that control is no longer controlling, it’s just legacies of it, all of which the average person can deal with by destroying it in themselves, things will change markedly for the better. And as the people change, so too will how they want to live, it will be a great time of revolution, nothing will be the same. So what you are currently living through is the end of the Rebellion and Default, it literally is, and so once the end is fulfilled and the New starts, then all how it currently is and has been will cease to be.”**



Nanna Beth, 3<sup>rd</sup> Celestial Heaven, 20 March 2018

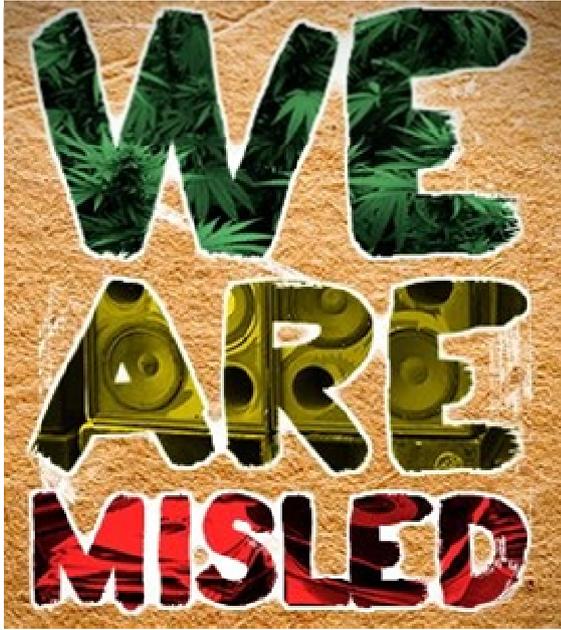
Aspiring to Living Feelings First

*Brian Iverach, Graham Golding, Jim Baker and John Doel*

Pascas Foundation (Aust) Limited

# The NEW WAY The NEW WAY

GREAT  
-Turn



*and*



DECEPTION

Back to Front  
AND  
Upside Down!



Little is it understood by most of humanity that we all are subjected to a Rebellion and Default that was imposed some 200,000 years ago when our System Sovereign, an esteemed high level Lanonandek spirits from within our Local Universe when they withdrew from supporting the Regents of Nebadon – Neadon being the name of our Local Universe.

Consequently, a Universal Contract administering the break-away Lanonandeks' control of 37 inhabited worlds was set in place 200,000 years ago. Earth compounded its Rebellion by these Lanonandeks succeeding in having Adam and Eve default upon their mission on Earth more than 38,000 years ago, thus Earth is subjected to a Rebellion and Default.

Earth's slide into the Rebellion has been progressive, but very slow in its corruption. During the many intervening 'Pole Shift' cycles, conditions did progress and civilisations flourished, however, over the long term we have gone deeper and deeper into Rebellion and Default.

*Ten ducks in a row, but one always misleading or misled!*



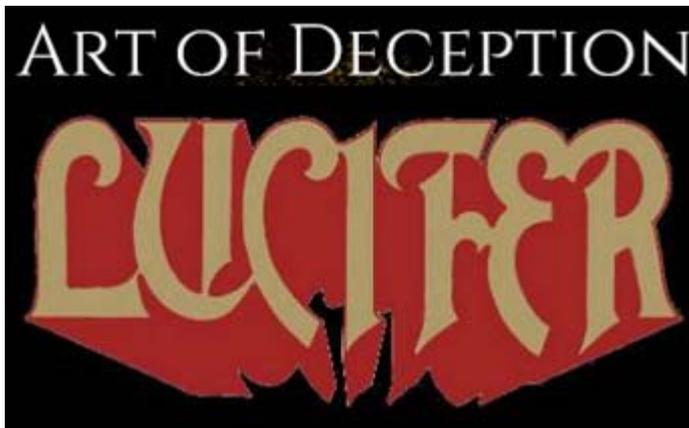
## May I Have Your Attention Please



**Around 12,500 years between Pole Shifts** **TIME FOR CHANGE** **With each Pole Shift humanity had gone deeper into its evilness.**

With each Pole Shift which also the time of a Sun nova event, we can liken this to Lucifer, the System Sovereign who rebelled, as harvesting the Earth's population and having them assemble within the 1<sup>st</sup> spirit Mansion World in readiness for Lucifer's expansionary agenda of embracing more inhabited worlds throughout Satania, our system of 619 inhabited worlds, and then to go further into Nebadon.

To keep Earth's humanity aligned to the Lucifers' (soul partners) ambitions, humanity was led to believe that God was wrathful. That God took them prematurely off the planet by causing a Pole Shift before their full life potential unfolded. Lucifer had rejected God prior to the Rebellion. Consequently, ongoing civilisations on Earth have always had a misleading comprehension of who and what God is.

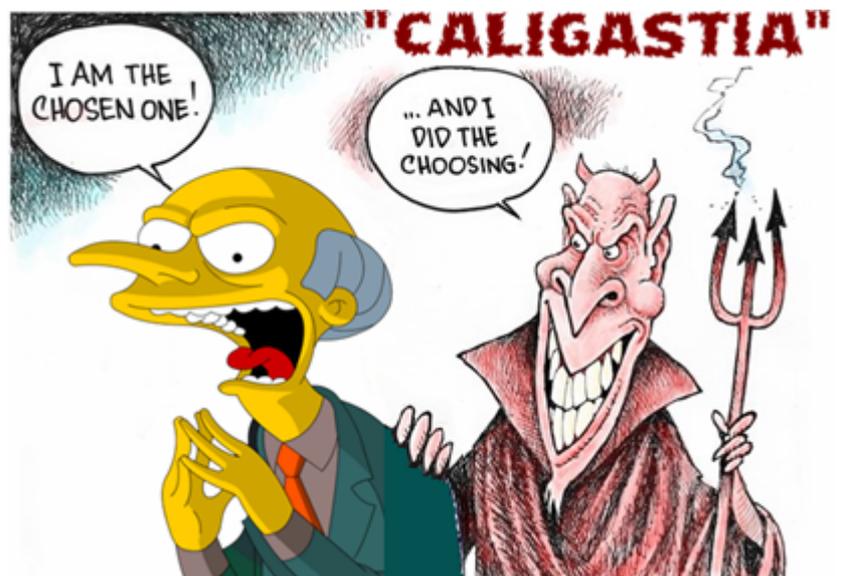


As Lucifer needed to have his puppets, his peon submissive pawns live through their minds believing that they were growing in power and capabilities, then he had to have the male dominate the female. As the female is more sensitive to their feelings, then should the female be able to have her say, then the female would soon end Lucifer's charade and folly.

Now we have a wrathful God and the male suppressing the female throughout all societies.



"'Chosen by God,' eh?  
— What's the catch?"



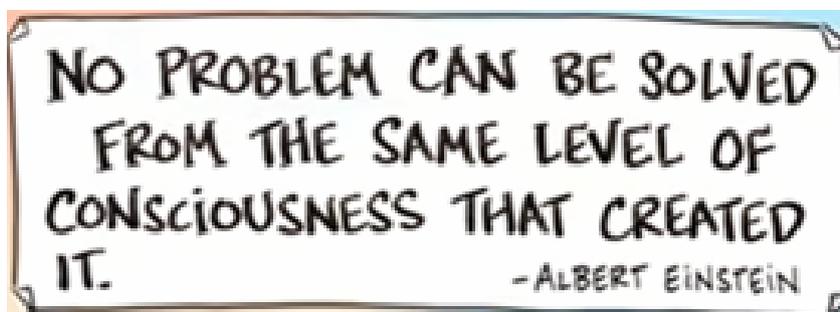
The art of deception is demonstrated by Caligastia who was Earth's Planetary Prince having submitted to Lucifer's rebellion. Caligastia instilled into the minds of a small tribe that they were 'the chosen ones by God!' That was long before a Jewish tribe embraced the concept as the early tribe had dissolved.

Caligastia is the personality that we refer to as being the devil. Caligastia being a lower level Lanonandek spirit from within our local universe of Nebadon.

As Earth's humanity went deeper and deeper into being mind centric, living through our minds to the exclusion of our feelings, we closed ourselves off to our soul based feelings and truth. Our capacity to discern truth is extensively degraded when we embrace our minds to the exclusion of our feelings. Presently, the whole of humanity is indoctrinated to living through the mind.

Our error rate with assumptions is 98%. At best the error rate may only be 96% with the balance being flukes. Our minds are addicted to untruth – yet all our education systems worship the mind! This has made Lucifer's control of Earth's humanity ongoing and easy. We are not able to discern truth from falsehood until we begin to embrace living through our feelings – which is now to unfold. Even when we start a conversation with 'I think' we are using our minds to express errors of understanding, add an assumption into the conversation and all we are doing is polluting the air with noise – at best!

While we of humanity try to figure it out – anything – with our minds, we are going to get it wrong.



So, here stems the predicament that Earth's humanity is now in.

We of Earth's humanity are ascending mortals. We are bottom feeders so to speak. We are truth seekers who have been denied through deception access to our truth – our soul based feelings. We are aligned to and addicted to worshipping our minds. On Dr David R Hawkins' Map of Consciousness, we can progress to 499 on his MoC scale being the level of 'reason' – that is the peak of our progression and of those in the 1<sup>st</sup> spirit Mansion World. There are seven spirit Mansion Worlds that we are to progress through before we reach the first of the Celestial Heaven spheres. We should be verging on Celestial Soul Condition while living in the physical on Earth, if not higher!

Spirit personalities that emanate within our local universe of Nebadon are the ones that brought about the problems on Earth. These are spirits of a much higher level than we ascending mortals of Earth. Thus we cannot solve the problems that were created by these higher lever spirits from within Nebadon.

Paradise is the home of our Heavenly Mother and Father. Yes, God is soul and consequently the soul of God manifests two personalities, a female and a male, Mother and Father. It is Their spirit offspring that can solve the problems of the Rebellion and Default for the humanity of Earth.

The problem of the Rebellion had to be firstly addressed overall. Call that a federal government issue. That is, all 37 participating Rebellion worlds had to be resolved, THEN the individual nature of the each Rebellion world had to be addressed. Call these individual worlds as state government issues.

In 1980 BC, 4,000 years ago, Machiventa Melchizedek, from within our local Universe of Nebadon, manifested near Salem, north of Jerusalem, and tutored Abraham in the manner that set the foundations and circumstances that enabled the arrival of the Creator Daughter and Son, previously from Paradise

and being Regents of Nebadon, on Earth. The Creator Daughter and Son are also referred to as the Michaels and during their time on Earth, they were elevated to full Co-Regents of our local universe of Nebadon. They are Mary of Magdalene and Jesus of Nazareth. They have always been the co-regents of Nebadon but were not previously having full authority and corresponding status. It was Mary and Jesus that Lucifer and fellow Lanonandeks had rebelled against.

Lucifer had been building the number of submissive spirits from Earth up in the 1<sup>st</sup>, 2<sup>nd</sup>, 4<sup>th</sup> and 6<sup>th</sup> mind spirit Mansion Worlds, and it was through these mind Mansion World spirits that they were doing most of the administrative work engaging their control addictions from the spirit worlds amongst willing and submissive people on Earth. Even though Jesus had the Lucifer and Satan soul partner pairs placed in a spirit world prison in about the year 26 CE, it was the rebelling Planetary Princes of each of the rebelling worlds, with the support of the mind Mansion World spirits from each world that continued the Rebellion, and in Earth's case, the Rebellion and Default, that Lucifer's plan continued.

Mary and Jesus came to Earth to fulfil their requirements to be anointed full co-regents of our local universe of Nabadon, to bring about the availability of our Heavenly Mother and Father's Divine Love throughout Nebadon, and to put into action the ending of the Rebellion of the 37 worlds in the system of Satania of which Earth was in the worst condition due to its Default further adding to its woes.

All 37 worlds since the commencement of the Rebellion some 200,000 years ago have been quarantined from each other and all the non-rebellion worlds – there have been no alien visitations to Earth. Since the commencement of the Rebellion, communications by those in the physical on Earth with their Angels and Nature Spirits had stopped. Everything that has life has a voice, all of life has natural intelligence, all aspects of what lives can talk to humanity through a person's assigned nature spirits!

Jesus and Mary, having achieved full co-regency, enabled the opening of the Celestial Heavens for all of the 3,840,101 physical humanities throughout Nebadon. Mary during her time in Egypt, after Jesus' assassination, introduced how to heal one's self of their personal Rebellion and Default. Five ladies she tutored were the first to progress through the spirit healing Mansion Worlds, 3, 5 and 7 and be the first to enter the 1<sup>st</sup> Celestial Heaven. The numbers have been growing ever since.

This is where great distortions of truth have subsequently enveloped the people on Earth. Through the control addicted spirits staying within the mind Mansion Worlds (possibly still more than 200 billion), the remaining rebellious Lanonandeks manipulated the perceptions of those on Earth:

1. Jesus of Nazareth is not God. He is a spirit like all of us, even though a highly exalted spirit personality.
2. Jesus and Mary came to Earth not to be even noticed. They left no written records of their teachings and guidance. They left no physical remains – Jesus dissolved his body in his burial tomb and Mary's body was cremated in Egypt.
3. Until very recently, the Catholic Church taught that Mary was a reformed prostitute when how she was associated was by her, with her physical father's financial support, she converted a dis-used granary into a shelter for women, some of who were prostitutes.
4. Jesus never intended to establish a church or a religion. He lived a life as a Jew and died as one.
5. The Catholic Church was established by Paul, a Jewish rabbi who never met Jesus. You could say that Catholicism is Paulism.
6. Progressively, through influences from spirit and imposed personal interests, the core teachings recorded in the New Testament of the Bible have all been distorted.

Kindly go to [www.pascashealth.com](http://www.pascashealth.com), then to the Library Download page, then scroll down to Medical – Soul Condition & Health, click to open:

-  [Bible New Testament Matthew Peshitta Lamsa.pdf](#)
-  [Bible New Testament Revelation Mary Magdalene.pdf](#)
-  [Bible New Testament Review - Part I.pdf](#)
-  [Bible New Testament Review - Part II.pdf](#)

Through the progressive steps to bring about the ending of the Rebellion and Default on Earth, the significant errors and omissions throughout the New Testament have been addressed by Matthew, Mark, Luke, John, Paul, Peter, Mary and Jesus. This commenced through the second coming of Jesus, with these Apostles, writing through James Padgett (the Padgett Messages 1914 – 1923) and then Mary Magdalene and Jesus writing through James Moncrief commencing in 2002.

A very significant amount of misconception and error of the Christian Churches is now addressed throughout these writings, all of which is being ignored by the many thousands of denominations, thus continuing to perpetuate the misleading and misdirection of billions of people.

Thus the persona of Jesus, as well as that of Mary, that the people of Earth hold in mind is in great distortion and error. Jesus has fulfilled the prophecy of the second coming through his writings through James Padgett (1914 – 1923). Writings through James Padgett, Dr Daniel Samuels, Hans Radax and The Urantia Book outline commentary from Matthew, Mark, Luke, John, Paul, Peter, Mary and Jesus. There are no more important writings than those through James Moncrief and this is the only time that Mary of Magdalene has written as well as Jesus.

Preconceived concepts instilled through the work of mind Mansion World spirits throughout all of humanity are extremely damaging and restrictive to our spiritual growth and development. To address these injuries of truth will cause great pain and difficult throughout humanity. Truth being received is also greatly comforting, it is the removal of error that is painful.

In simple terms, our hidden controllers, headed by the Lucifer soul partner pair, have guided Earth's humanity to live in the manner of all that we see in nature, through the mind to the exclusion of feelings. However, we of humanity though of nature are also with soul, we are to live through our soul based feelings which are always in truth and have our mind assist with engaging in what our feelings are leading us to embrace.



**Negative Spirit Influence  
blocked  
22 March 2017  
Law of Compensation  
quickenning  
22 May 2017  
Rebellion and Default  
officially ended  
31 January 2018**



**We, being ensouled humanity, are to move with our feelings, respond and act upon our feelings, we all are, and so based on our feelings we bring our mind into play, and then things happen which affect our feelings and so our mind adjusts accordingly.**

The Rebellion is against love, the Default is all the difficulties we have in our relationships because of our rebellion. Healing the Default is becoming true – to ourselves and in our relationships, and ending our unlovingness – our rejection of love, so ending the Rebellion. Nanna Beth 29 June 2017

**To liberate one's real self, one's will, being one's soul, is by embracing Feeling Healing so as to clear emotional injuries and errors. With the Divine Love, then one is also Soul Healing. We are to feel our feelings, identify what they are, accept and fully acknowledge that we're feeling them, express them fully, all whilst longing for the truth they are to show us.**

Firstly, consider discovering the truth of your emotional pain and injuries through Feeling Healing.

Secondly, consider longing for our Heavenly Parents' Love as you progress with your healing. Primary and most important readings are the writings of James Moncrief.

Then consider the Padgett Messages, and then The Urantia Book.

Important recommended reading is:

by James Moncrief

### **The Rejected Ones – the Feminine Aspect of God**

<http://divinelovesp.weebly.com/my-free-books-and-free-padgett-messages.html> ALSO at  
<https://www.pascashealth.com/index.php/library.html?file=files/opensauce/Downloads/MEDICAL%20-%20SPIRITUAL%20REFERENCES/Rejected%20Ones%20via%20James%20Moncrief.pdf>

**THE GREATEST  
THREAT  
TO  
HUMANITY**



Over recent decades, many have recognised their childhood suppression, their ongoing denial of emotional injuries and repression. In so doing, many have embraced numerous variations of ‘emotional processing’ only to find little or no benefit and development.

Up until 22 March 2017, Earth’s humanity was subjected to worldwide influences from mind Mansion World spirits – to the exclusion of Celestial spirits who have healed themselves of the imposts of the Rebellion and Default. Mind Mansion World spirits continue living on as they did on Earth, living through their minds and endeavouring to perfect their minds whilst suppressing their feelings and emotional injuries indefinitely – they do not know how to heal themselves! Consequently, the systems developed on Earth never go deep enough and no-one is healing – in fact they go further into their minds and away from our Heavenly Mother and Father.

When the Avonal Pair announce themselves, they will then be making available to all of humanity the way to heal themselves of their childhood suppression and ongoing repression. The Avonals through their Spirits of Truth will be able to support anyone who seeks to heal themselves of their personal Rebellion and Default.

Thus, we will all be assisted by the Avonal pair’s Spirits of Truth to heal ourselves and progress to a Celestial Soul Condition should we so desire and then do so. For those who embrace our Heavenly Mother and Father and seek Their Divine Love, then by doing so they will be soul healing and be able to enter the Celestial Heavens. From that condition, then the Spirits of Truth of Mary and Jesus will be able to assist us on our journey through and then out of our local universe of Nebadon. Then we are assisted by the Infinite Daughter of our Heavenly Parents on to Paradise.

While we are on Earth and then in the spirit Mansion Worlds, for those embracing Feeling Healing, they will be assisted by Celestial Spirits each step of the way. Our personally assigned Nature Spirits also will be assisting us on our journey of growth while we are on Earth.

Thus, by being open to all these possibilities then we bring to our lives the greatest support and assistance that has been closed to humanity these past 200,000 years due to Lucifer and his cohorts imposed Rebellion and Default.

Being closed to this spiritual support is imposing upon our selves great restrictions and making a difficult process ever so much more difficult extending the time needed on our journey and pathway home.

feelings



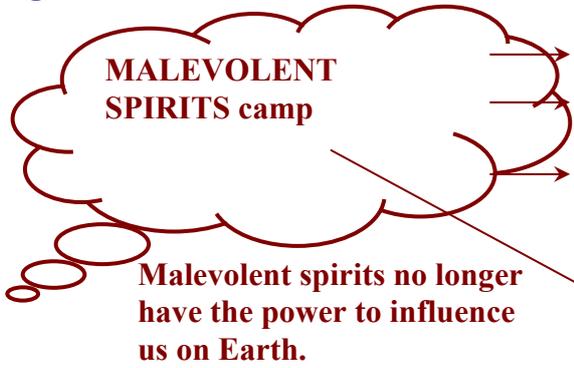
New way

The NEW WAY The NEW WAY

**SPIRITUAL UNIVERSE CAMPS**



Celestial Spirits, since 22 March 2017, now control all spirit communications.

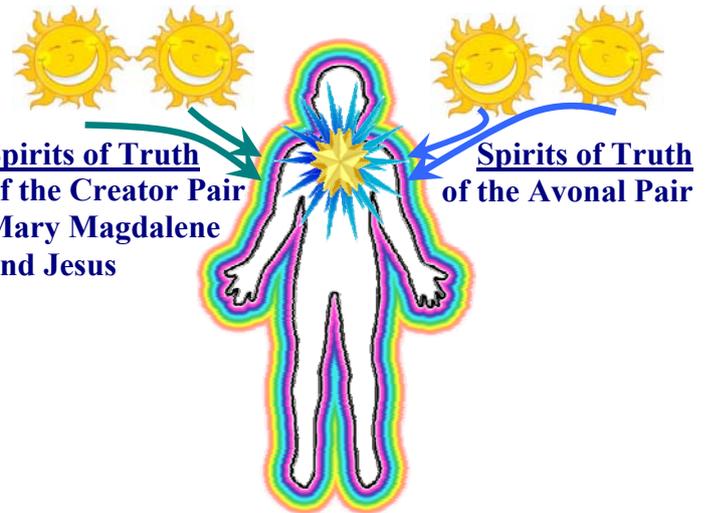


religious / education group }  
political group }  
power control }  
economic system group }  
these spirits used to control the governments on Earth – they are now blocked  
very low truth individuals – criminal intent

The rebellious Lanonandek spirits supporting Lucifer’s Rebellion and Earth’s Rebellion and Default continued orchestrating control through malevolent spirits from throughout the spirit mind Mansion Worlds 1, 2, 4 and 6 until the Celestial Spirits from the first three Celestial Heavens were authorised and then blocked these mind spirits on 22 March 2017.



On 31 January 2018, with the formal ending of the Universal Contract governing the Rebellion and Default, administration of Earth’s humanity was assigned to the Celestial Spirits. This is organised through a leadership soul group with an anointed spokesperson.



As people on Earth may commence their Feeling Healing, they can find themselves becoming open to communications with Celestials, Nature Spirit and Angels who are assigned to assist them directly.

When the Avonal Pair make themselves known on Earth, the Celestials will continue to assist them throughout the coming Avonal Age over the next 1,000 years.

Humanity is now to make the Great U-Turn and begin to embrace Living Feelings First.

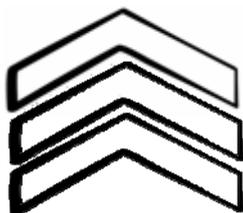
**Long for the Truth from God, the Truth your Heavenly Mother and Father will show you. This comes through to you via the Spirits of Truth of the Avonal Pair in relation to one’s Feeling Healing and in relation to Divine Love from the Creator Pair, all from the Eternal Son and in league with the Infinite Daughter and the Divine Minister.**

## The CHOICE is OURS to MAKE:

### Celestial Truth:

Truly all-loving;  
Living true to oneself;  
Mind supporting Feelings;  
Living with the Divine Love;

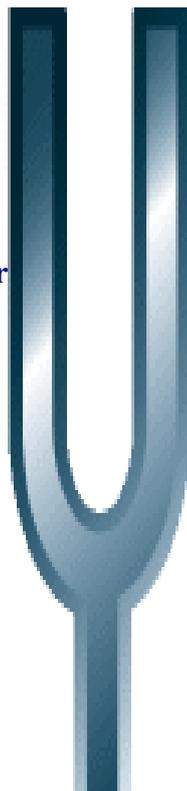
Fully Healed of the Rebellion and Default.



### THE FEELING WAY

Feeling – Ascendance  
Unlimited progression

- Living true to your untruth;
- Honouring all your bad feelings;
- Expressing feelings to uncover their truth;
- Healing the Rebellion and Default within yourself;
- Feeling unloved; being unloving;
- Feeling as bad as you can feel;
- Feeling like you are no one special;
- Longing for the Divine Love.



### THE MIND WAY

Mind – Transcendence  
Limited progression

- Enlightenment, Nirvana, feeling all-loving;
- All false, mind-contrived. Anti-truth, anti-love;
- Still evolving the Rebellion and Default within yourself;
- Feeling and believing you are the Superior One;
- Living with your mind in control of your feelings;
- Living rejecting all your bad feelings;
- Living with your mind contriving you feel loved;
- Rejecting the Divine Love.



All religions, New Age, agnostic,  
atheists, no spiritual interest,  
Living the Rebellion and Default.

Hell:  
Exploiting the Rebellion and Default.

The Feelings are the doer; the Mind the teller. So we are to go with our feelings, which we can't be told to do with our mind. So the longing for the Divine Love, doing our Healing by expressing our feelings and longing for their truth, are all feelings and doing it with longing. Whereas the mind just wants to tell us what to do and how to be, no feelings in it, all how our parents have treated us.

**SPIRITS of TRUTH:**

Note to Nanna Beth from John:

Sunday, 10 December 2017

There is only our Heavenly Mother and Father that one should long to for assistance with our growth.

Further, to long for the truth of feelings is assisted by embracing our spiritual parents, Mary Magdalene and Jesus, and that is facilitated through their spirits of truth. We now understand that the spirits of truth of the Avonal pair on Earth will also become available to us in due course. These two being able to support our Feeling Healing endeavours.

What other spirits of truth are we able to embrace and what aspects of our life do they assist us with please?

Nanna Beth, 3<sup>rd</sup> Celestial Heaven: There are no other **Spirits of Truth** John. **Those of the Avonal are in fact far more important to everyone than Mary and Jesus' to begin with, because without embracing them people won't be able to align themselves as truly with their soul so as to do their Healing as easily and effectively. It's why no one has been able to do their Healing themselves through all the years of the Rebellion and Default, because the co-ordinated action, support and guidance – direction, of the Avonal's Spirits of Truth have not been available to help. So no one has been able to systematically work their way from the beginning to the end of Healing their wrongness. And so without those Avonal Spirits of Truth, no one on Earth would ever be able to do their Healing. It's as simply as that. So you need their Spirits of Truth to Heal yourselves; then once Healed, (and for support (overshadowing) as well through your Healing), you need Mary M and Jesus' Spirits of Truth to see you through the Celestial spheres.**

James: And later, I was thinking about the Spirits of Truth with Nanna Beth... could you please Nanna Beth talk more about the Spirits of Truth, as it might help John understand their purpose a little more – thank you.

Nanna Beth: **As you can read in TUB (The Urantia Book) John, the Spirits of Truth are liberated upon the deaths of the Avonal pairs or Creator pair following their full physical bestowal on a physical Earth world. So Mary and Jesus' Spirits of Truth have been liberated, and the Avonal pair's will be so upon their death.**

**The Spirits of Truth basically represent all the truth the pair has lived through their life since their bestowal. So the Mother and Father sees to it that the pair live all they need to, so as to liberate within themselves all the truth their liberated Spirits of Truth will liberate, providing help for everyone who might need their help throughout their Age. So they have to go through a lot so as to accommodate the needs of everyone who'll be living through their age. The Avonals having to account for all anyone will Heal throughout their Spiritual Age. Meaning, their Healing will touch on all the depths everyone else will go through so as to provide assistance for everyone. So the long drawn out and extended Healing they are required to do, thereby covering every denial aspect of the Rebellion and Default on a feeling level, so relating to all those levels themselves uncovering the truth of them.**

**The Spirits of Truth have a drawing power, which means, when you look to the Pair for help, which means, you long for the truth or way such a pair lives, that you want to be as they are, you want to live and reveal the same truths to yourself that they have revealed to themselves, then their Spirits of Truth will help you. They will literally draw you up to be like themselves in truth. And as they are a Paradise Origin Soul, so they are literally drawing us up to the divine heart of their own truth, the paradise of their own soul, which in turn leads us onto the Heart of Paradise itself – our Heavenly Mother and Father.**

And we are all to look to them (Mary and Jesus) for the way through Nebadon; and for you now doing your Healing, to look to the newly revealed truths of the Avonal pair. And by wanting to embrace, acknowledge and live such truth, you'll allow their Spirits of Truth to guide you, which means, guide you through your Healing, and guide you through Nebadon. And (this is the most important part) without them, you'd never be able to complete your Healing or find your way out of Nebadon. Or you might, however it would take you so long that the rest of the universe would pass you by. And so until such Spirits of Truth are made available, then everyone has to wait until they are, until they show the way for us to go.

So until Mary and Jesus died liberating their Spirits of Truth, no one from any of the worlds could leave Nebadon, because no one knew the way to do so. So there were an awful lot of spirits waiting for their bestowal so they could move on in their ascent to Paradise, with a general clearing out of Nebadon taking place this past two thousand years. This including many Celestials from Earth, who were free to leave once they'd completed their Healing and attained the Celestial level, and then evolved up through Nebadon.

Anyway, special dispensation is made available for people who want to currently do their Healing before the full liberation of the Avonal's Spirits of Truth. Should people look to them for Healing help and the truth, then such help will not be withheld. So people can start their Healing without having to wait for them to die and liberate their Spirits of Truth.

So the Spirits of Truth streamline everything, and basically we'd all be stuffed if we didn't have access to them. So they, and whom they come from, are rather important and an integral part of our growth of truth.

And really it's one Spirit of Truth from the Avonal or Creator soul, however it's 'split' in two as reflected by the two soul 'halves' or soulmates (soul partners) – by each personality. And we need to embrace both the pair equally, not just one. So if you look to only Mary or only Jesus, you'll not allow both parts, both Spirits of Truth, to work within you. So you won't be able to keep the feminine and masculine aspects of truth harmonised, causing imbalances, which you can see in distortions as reflected by those people only adhering to Jesus via the Padgett Messages or in the Christian religions.

In all the other religions that don't even look to either Mary or Jesus, you've got the wayward mind with no hope of ever finding the truth and moving out of the mind Mansion Worlds. And that would be the same with the Avonal pair, if you look to only one of them you'll be doing yourself a severe disservice, with no hope of ever completing your Healing (as reflected by people trying to heal themselves using alternative self-help methods or their therapists or spiritual leaders, yet not really getting to bottom of the real problems at hand), so people will need to long for help from them both. And we don't need to specifically ask them personally for help (although of course we can should our life move us to be with them), we only need to long for the Truth. They can't help everyone personally because there are too many of us, so that's why they provide us with help from their Spirits of Truth.

And we need that united help to sort out our disharmony concerning the feminine and masculine within ourselves, just as they have sorted it out within themselves. And because you are taking your lead now from the Avonal pair, so you can't go ahead of them, as they need to sort out all the distortions within themselves and their own relationship, so as to offer such help through the light of their spirits, so you can sort yourself out. So they have effectively needed to do most of their Healing before other people can look to them. And it won't be until they've fully completed their Healing that people will be assured that they can fully Heal themselves. So a lot hinges on them completing their Healing, because they then provide the way for everyone else to do their Healing.

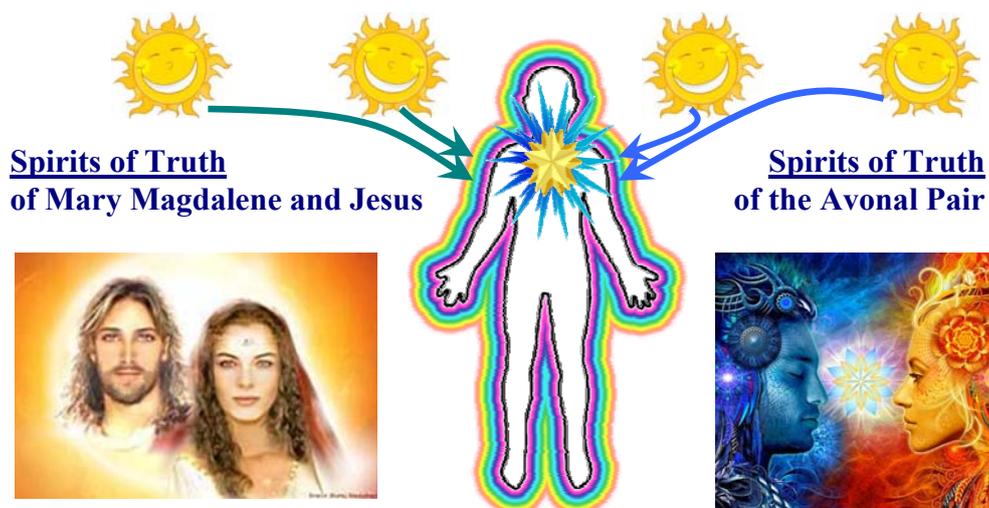
And it's not that everyone else will do their Healing the same as the Pair have done it, but that everyone will do their Healing in their own way, yet will uncover the same truths the Pair uncovered for themselves. Which is why Jesus said: follow me, because we are to literally follow him and Mary up through Nebadon once we've finished our Healing, by revealing to ourselves through our feelings the same truths they revealed to themselves through their feelings. So by the time we complete our Nebadon stage of existence, we'll have lived all the same truths Mary and Jesus lived through their ascent of Nebadon following their bestowal into flesh.

And so it will be the same for people looking to do their Healing by looking to the Avonals. So in no way will the Avonals or Mary and Jesus ever stand in the way of people and spirits getting to the Mother and Father; on the contrary, they will only assist people to look to God and NOT to themselves. Which is what the Avonals can only do and claim, once they've finished their Healing. Which is why they will be reticent to stand up and declare themselves before they've completed their Healing, preferring people don't really know about them, because they don't know about what it all involves themselves until they are fully Healed. Because they know that until they are fully Healed, they'll still inadvertently be leading people astray, or standing in the way of God. However knowing that, they will at least also be able to angle and present their preliminary truths taking that problem into account, so people can avoid such pitfalls with their help.

And once they have completed their Healing, then they can honestly announce to the world, should they feel they want to, that the way is now clear, people can follow them and do their Healing and they won't be standing in their – the New Age has officially begun. That they will then be doing all they can to help people complete their Healing, link up with Mary and Jesus so they can keep ascending through the Celestial levels, all to one day move beyond and out into the greater Superuniverse on the way to Paradise.

James: Thank you Nanna Beth, and just as an aside, the real New Age is yet to begin, it being when the Avonal pair declare it's begun, with the so-called New Age of some years ago being a false mind fantasy new age.

Nanna Beth: Yes, nothing whatsoever to do with the real New Spiritual Age that's soon to begin, however something of a vague forerunner that was something more to do with feelings, even though it was still about looking to the mind to further the control of them.



### NEBADON, our LOCAL UNIVERSE:

A *Local Universe – Nebadon*. One hundred constellations (about 10,000,000 inhabitable planets) constitute a local universe. Nebadon contains 3,840,101 inhabited planets.

A *Constellation*. One hundred systems (about 100,000 inhabitable planets) make up a constellation.

A *System*. The basic unit of the super-government consists of about one thousand inhabited or inhabitable worlds.



Earth is #606 in the system of Satania and is the latest to have human life. *Jerusem* is the headquarters of our local system of Satania. Thus *Jerusem* is the city to which we arrive when we fuse with our indwelling spirit having sufficient Divine Love following our Healing and enter the first of three Celestial Heavens, all being for the 1,000 physical worlds within Satania.



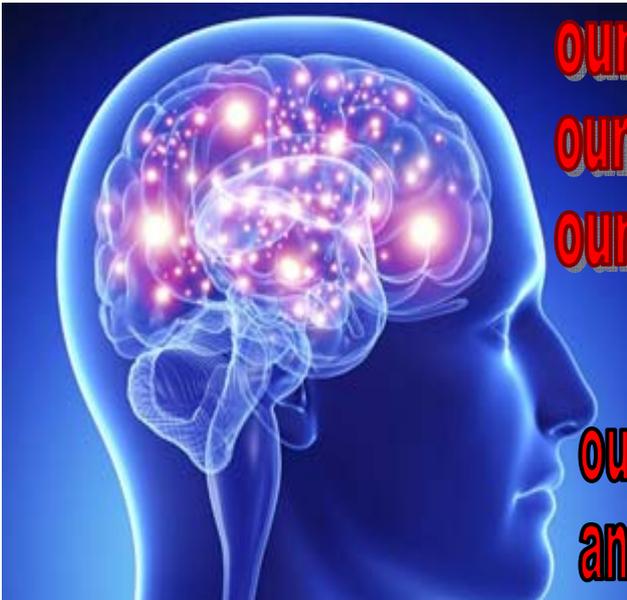
*Salvington*, in the centre of Nebadon, is the headquarters and home of our Creator Daughter and Son, the Michaels, namely Mary Magdalene and Jesus.

All descending Daughters and Sons of God have high and divine origins. They are dedicated to the descending ministry of service on the worlds and systems of time and space, there to facilitate the progress in the Paradise climb of the lowly creatures of evolutionary origin — the ascending daughters and sons of God (humanity – us). Those Daughters and Sons who come forth from the Deities on the central Isle of Light and Life are called the *Paradise Daughters and Sons of God* and embrace the following three orders: Creator Daughters and Sons – the Michaels, Magisterial Daughters and Sons – the Avonals, the Trinity Teacher Daughters and Sons – the Daynals. All three groups have Spirits of Truth, no others do, however only the Michaels and Avonals may release their Spirits of Truth.

The remaining four orders of descending daughter and sonship are known as the *Local Universe Daughters and Sons of God* do not have Spirits of Truth: Melchizedek Daughters and Sons, Vorondadek Daughters and Sons, Lanonandek Daughters and Sons, and Life Carriers.

The chief executive of a local system (such as Satania which includes Earth) of inhabited worlds is a primary Lanonandek Daughter and Son (was the Lucifers), the System Sovereign. The Lucifer Rebellion in the system of Satania was the most recent and the most widespread of all. Thirty seven (37) inhabited worlds were seduced into rebelling by following the Lucifers and their deputies, the Satans. Earth then went on to Default at the time of Eve and Adam. Later on, we crucified the Creator Son, Jesus, and ignored Mary Magdalene. Now we have the physical presence of an Avonal Pair. Only the Avonal Pair can take on all of our wrongness and heal themselves. It is their Spirits of Truth that we are to long for so that we, humanity – all of us – can then heal the Rebellion and Default that we have all embraced.

Partly drawn from The Urantia Book (TUB) 7 July 2018



our **MIND** is a **CONTROL ADDICT!**  
 our **MIND** is addicted to **UNTRUTH!**  
 our **MIND** cannot discern **TRUTH!**

our **MIND** is within our **SPIRIT BODY**  
 and orchestrates our physical **BRAIN.**

**ASSUMPTIONS** are the product of our **MIND!**

**HEALING** ends  
**MIND-CONTROL!**



our **SOUL** is our **TRUTH!**  
 our **FEELINGS** are our **TRUTH!**  
**FEELINGS FIRST,** mind to follow!

all we need is **WITHIN.**  
 our **MIND** suppresses **FEELINGS.**

# 4,000 Years Unfolding

1980 BCE

## Machiventa Melchizedek

1900s BCE

### ABRAHAM

MM Jesus  
2 BCE 7 BCE  
46 CE 29 CE

*Bestowals from Paradise:*

Creator Daughter and Son  
Mary Magdalene and Jesus

1914-1923  
1925-1935

PADGETT MESSAGES

**THE URANTIA BOOK**

1950 &amp; 1960

*Incarnation of the Avonal Pair*

2018 Jan 31

**REBELLION & DEFAULT**

FORMALLY ended 31 JANUARY 2018

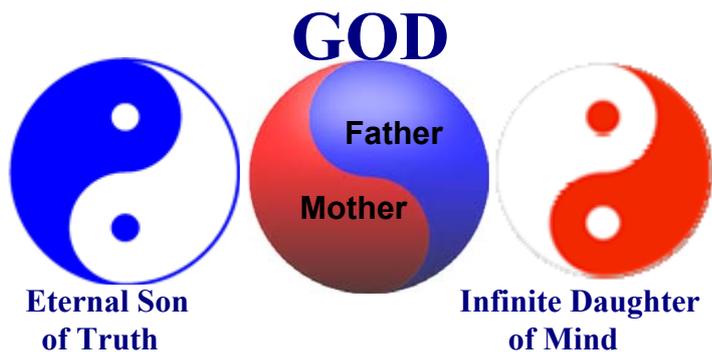
2020s+ CE

*Bestowals from Paradise:*

Avonals - Magisterial Daughter and Son

Machiventa Melchizedek, to this day, continues to oversee the plan that was evolved more than 4,000 years ago to progressively open cracks in the Universal Contract governing the Rebellion and Default instigated by Lucifer 200,000 years ago. With 'federal' authority, the Creator Daughter and Son brought about the Lucifers and Satans' spirit world imprisonment 2,000 years ago, and set the Avonal bestowals in place.

The commencement of the Padgett Messages on 31 May 1914 triggered the bestowal of the Avonal Pair for Earth's humanity. The Avonals' 'state' authority brought about the Caligastias and Daligastias spirit world imprisonment in the early 1990s. The Avonals' healing of what they have taken on of the Rebellion and Default ends the Rebellion and Default. Now we can all follow and progress on the pathway to Paradise.



**CREATION of SOUL and SPIRIT:**

God is *The Paradise Trinity* — the eternal Deity union of the Personalities: the Universal Mother and Father; the Eternal Son of Truth; and the Infinite Daughter Spirit of Mind.

The soul of each human personality (sons and daughters of truth) is existential, driving our personality expression in the experiential. The soul of each human finds truth by embracing one’s feelings and longing for the truth of them. We are to attain the Eternal Son of Truth. We are a creation of Truth.

The soul of angels is experiential, evolving through their experience by continually progressing in mind development. Angels are to attain the Infinite Daughter (Spirit) of Mind. Angels are a creation of Mind. Our soul is duplex (we have a soul partner) and is created by our Heavenly Parents. Through our Feeling Healing we perfect ourselves, enabling the union with our soul partner, as we progress in truth up through the Mansion Worlds, Celestial Heavens and all the way to Paradise.

The soul of angels is also duplex, yet of the mind, and they progress in mind evolution to Paradise. Animals, plants and nature spirits are also creations of Mind.

Neither we nor animals reincarnate. We never die; upon death, we move into the spirit Mansion Worlds on our journey to Paradise. When animals and plants die, be they the tiny microbe to the mighty elephants of the land and the whales of the ocean, their spirit energy returns to the Spirit Collective Energy. And from this energy are drawn other animals and the nature spirits, who then in turn move onto becoming angels through increasing mind experience.

A nature spirit is an angel in waiting.



**Feeling Pathway**

**Mind Pathway**



**Soulmate Pair**

**Angel**



**Spirit Person**

**Nature Spirit**



## GREAT U-TURN, THE CHANGE and the AVONAL AGE:

Monday, 24 December 2018

Nanna Beth – 3<sup>rd</sup> Celestial Heaven: The ‘Great U-Turn’ is what is happening now, it being the overall description denoting humanity turning away from following and advancing the Rebellion and its evilness as seen by living increasingly in a truth-denying state, to wanting to live true, to love truth, and to be truth-accepting. All of which comes about ultimately by doing your Healing, as you become the living truth as it’s revealed to you and also by people, like yourself John, who are currently more intent on understanding about it on an intellectual level. Both are needed, everyone who wants to embark upon their own personal U-Turn and the collective one of humanity, needs to understand a certain amount of what it’s all about with their mind as they work to bring the truths to light within themselves through their Healing. So anything to do with ‘reversing’ the Rebellion and Default is all part of the U-Turn. And it starts in a very small way within the individual, as it has already with the whole of humanity, being reflected by yourself and the others of your small band, who are wanting to live it and have accepted and believe it’s happening.



The Change, as such, is the same thing really. However technically, The Change begins with the dawning of the new Spiritual Age – the Avonal Age. The Change as I was referring to it yesterday was to highlight that once the Avonal Age begins in earnest, EVERYTHING will change. So currently, even though the Change and U-Turn have ‘begun’, it’s early days, just the ‘scouts’ going out in all directions in preparation for the ‘main event’. So technically we can’t say The Change has begun, whereas in time when Mary and Jesus’ age ends and the Avonal Age begins, then we can say it has begun. Whereas we can say the U-Turn has begun, it being a more vague term and not a technical definition.

# THE CHANGE

Also, James has written about The Change in his Sage novels in reference to all I have said above and also the Earth Changes, including the Pole Shift. However the Pole Shift, were it to come during the Avonal Age, would then be part of The Change, The Change being the whole 1,000 years. It’s going to take the whole 1,000 years to implement on the parent to child level the necessary Changes so as to ensure that the effects of the Rebellion will truly come to an end, with that “end” still going beyond the Avonal Age to complete. So the Pole Shift is just a physical phenomena, and certainly of itself it will cause great change, but it doesn’t of itself affect any spiritual change against the Rebellion and Default, and in the past it has helped humanity go deeper into its wrongness.

So the real Change I’m talking about is spiritual and involves the ending of humanity’s truth denial. That’s the most important part, to help people see they are living against the Truth, of themselves and of God, and that all they are doing is part of that, and that if they want to end that, they will have to do their Healing. So the Change will be with the awakening to that, a consciousness shift, a vast change to the mind of mankind as it considers the state it’s in: that ALL it is doing, ALL it’s believed was right, ALL of it’s religious and spiritual beliefs, outlooks, attitudes, are all only keeping it in its truth-denying state.



Imagine the whole of humanity understanding and focused in the direction of knowing everyone is suffering because of being under the Rebellion and that it doesn’t have to be that way. So people increasingly living in the wrong direction and going further against themselves, once The Change fully starts, won’t be able to evolve further into a deeper or greater rebellious state. However stagnation

Imagine the whole of humanity understanding and focused in the direction of knowing everyone is suffering because of being under the Rebellion and that it doesn’t have to be that way. So people increasingly living in the wrong direction and going further against themselves, once The Change fully starts, won’t be able to evolve further into a deeper or greater rebellious state. However stagnation

within where it's stalled will be a big issue for a lot of people and mind spirits, those people and spirits who don't want to accept that's how they are is all wrong.

So you can say the Great U-Turn has started, the writing is on the wall for the Rebellion and Default. And when the Avonals come of age, when they finish their Healing and openly (publicly) declare who they are to the world (even if that world is only a very small group of humanity), then The Change will have begun.

**REBELLION** & **DEFAULT**

And once The Change officially begins, there is no turning back. After the Avonal Age, humanity will be given the chance to resume its evil ways and turn its back on The Change and all the Avonal Age has done, and certain people and mind spirits will want to do that. However they won't be able to change the momentum being lived by those who are intent on living true to themselves and God through their feelings. (The availability of Divine Love may be withdrawn for the following spiritual age.) Still in all fairness humanity has to be given the opportunity to decide whether or not it wants to fully heal itself, and without having imposed on it such strong influences as caused by the Avonal presence. But that's all a long time off.

**GREAT U Turn** & **THE CHANGE**

So the Avonal Age is a specific Spiritual Age (which you read about in TUB – The Urantia Book), giving rise to The Change in which humanity ends its truth-denial and living unlovingly against itself and its Mother and Father, all of which is the Great U-Turn.

**celestial Friends**

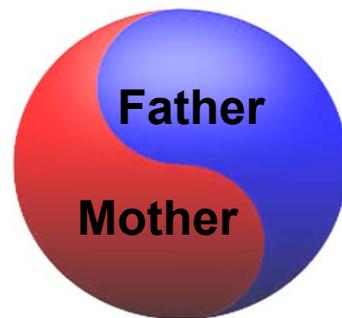
**Avonal AGE**

Our Guides on Duty...



# MUM & DAD THIS WAY

# GOD



HEAVENLY PARENTS



JESUS & MARY



AVONALS



SPHERES of PARADISE being the home of our Heavenly Parents, Mother and Father, within the centre of the 7 super universes.

Unknown number of spheres to progress through to reach Paradise.

Ascending out of NEBADON is beyond the regency of the Creator Daughter and Son, Mary and Jesus.

INFINITE & UNIVERSAL SPHERES, unknown number to progress through within Nebadon.

ETERNAL SPHERES 3 spheres unnumbered. Involvement with Earth finishes.

CELESTIAL HEAVENS are spheres 8, 9, 10.

Divine Love Spirit Healing Mansion Worlds are 3, 5, 7. We are healing our soul!

We all arrive in spirit into Mansion World 1.

Earth Planes 1 and 2 are of Disharmony – Hells.

Mind Spirit Mansion Worlds 2, 4, 6 are all taking us in the wrong direction and into a dead end!

I'D TURN BACK IF I WERE YOU!

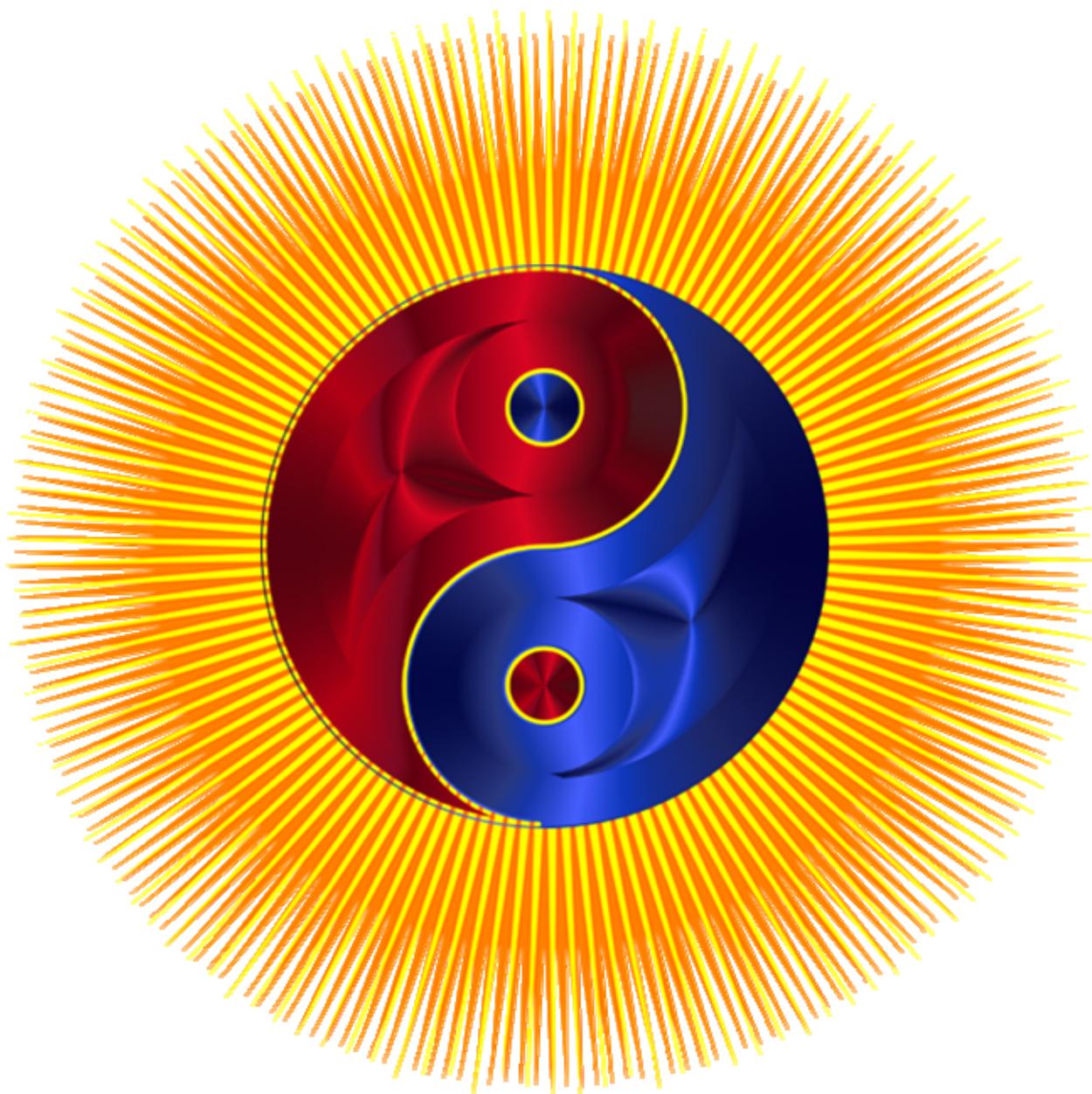
AVONAL PAIR

MARY & JESUS

GOD

Throughout the Avonal Age of 1,000 years, their Spirits of Truth will assist us in embracing and engaging with our Feeling Healing and with Divine Love our Soul Healing. They will assist us to develop our soul well into Celestial Heaven status should we persevere with such a goal. The extent to which the Avonal Pair develop themselves while here in the physical on Earth is the level that their Spirits of Truth will be able to assist us. Then it will be Mary and Jesus' Spirits of Truth that will assist us up and out of Nebadon, where our Heavenly Parents will then assist us onto Paradise, Their home.

# Our Heavenly Mother and Father



**New Feelings Way: learning how to live true to ourselves by living true to our feelings.**

**We are to express our feelings, both good and bad, at all times, and to long for the truth of them.**

**By living true to ourselves true to our feelings, we are living true to God. It's that simple.**

**Golden Rule: that one must always honour another's will as one honours one's own.**

**The Golden rule is: Never interfere with another's will.**

**Release one's pain through expressing one's feelings.**

**in conjunction with**

**Longing for the Truth when also longing for Divine Love.**



# **SUPERKIDS**

**Natural self Expression through Feelings**

**Self Empowering**

**Self Revealing**

**Self Loving**



**Feelings First**

**This time, in the history of humanity, is the most exciting time ever experienced.**

**THE  
GREATEST  
SHOW  
is ON EARTH**



**Dr David R Hawkins' Map of Consciousness (MoC)** combined with kinesiology muscle testing, by-passes the mind and readily determines truth from falsehood. The scale is based on the common log of 10. A 10 point increase is 10 billion fold increase in energy and truth potential. Multiple independent studies continue to reconfirm what Dr Hawkins realised in minutes, as per this chart of the world's population, nation by nation.

<b>MoC</b>	<b>No. of Countries</b>	<b>Average MoC</b>	<b>Average Life Expectancy</b>	<b>Human Development Index</b>	<b>Happiness Index</b>	<b>Education Index</b>	<b>Per Capita Income 2020</b>
<b>400s</b>	<b>10</b>	<b>406</b>	<b>78.50</b>	<b>0.939</b>	<b>6.8</b>	<b>.861</b>	<b>US\$54,010</b>
<b>300s</b>	<b>13</b>	<b>331</b>	<b>71.77</b>	<b>0.798</b>	<b>5.9</b>	<b>.684</b>	<b>US\$17,827</b>
<b>200s</b>	<b>10</b>	<b>232</b>	<b>69.45</b>	<b>0.759</b>	<b>5.8</b>	<b>.648</b>	<b>US\$16,972</b>
<b>High 100s</b>	<b>18</b>	<b>176</b>	<b>69.00</b>	<b>0.724</b>	<b>5.2</b>	<b>.639</b>	<b>US\$9,900</b>
<b>Low 100s</b>	<b>7</b>	<b>129</b>	<b>61.88</b>	<b>0.653</b>	<b>4.7</b>	<b>.567</b>	<b>US\$2,628</b>
<b>Below 100</b>	<b>11</b>	<b>66</b>	<b>52.73</b>	<b>0.564</b>	<b>4.2</b>	<b>.488</b>	<b>US\$2,658</b>
<b>WORLD</b>		<b>220</b>	<b>70</b>				<b>US\$10,900</b>

Important recommended reading is:

by James Moncrief

### **The Rejected Ones – the Feminine Aspect of God**

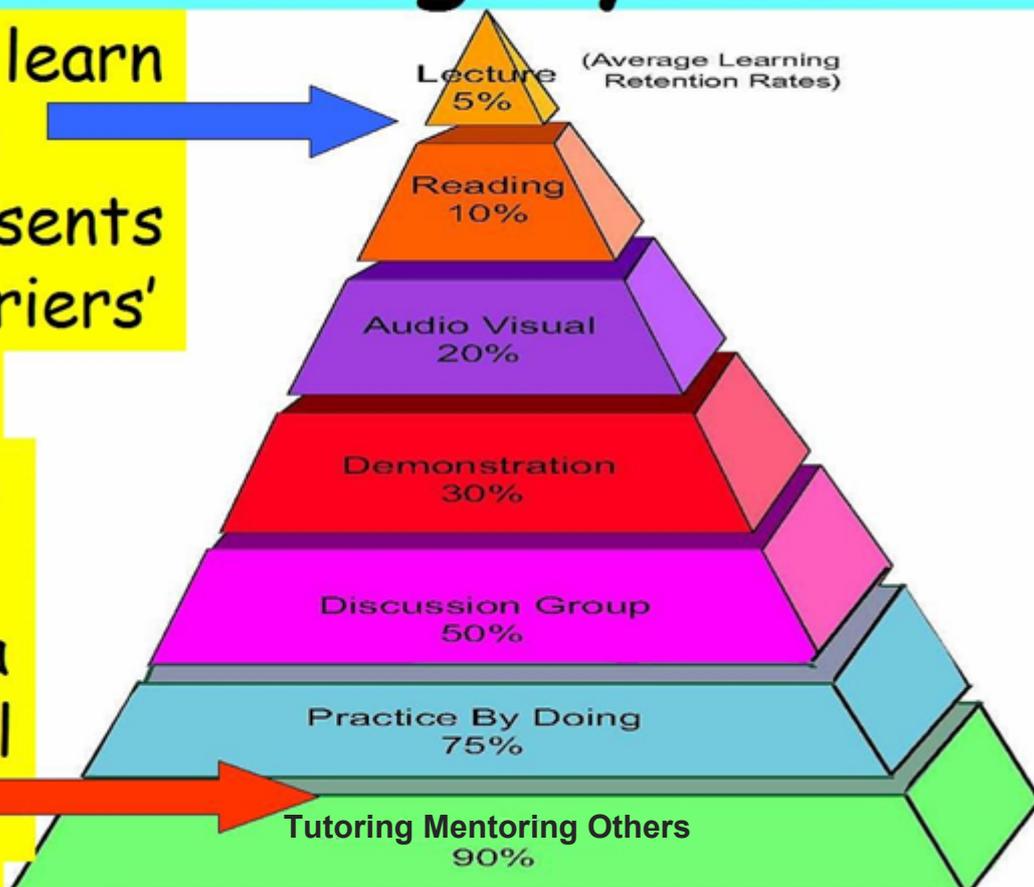
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<https://www.pascashealth.com/index.php/library.html?file=files/opensauce/Downloads/MEDICAL%20-%20SPIRITUAL%20REFERENCES/Rejected%20Ones%20via%20James%20Moncrief.pdf>



# The Learning Pyramid

Trying to learn using this often presents many 'barriers'

Effective Learning requires a great deal of this



**Worst thing for our children are their parents!  
We are in Pain because of our Unloving Childhood!  
All Lies are shown up as pain!**

## FEELING HEALING and the EXTREMES of PERSONALITY INJURY:

Hi James and Nanna Beth (questions in blue by John)  
2017

Thursday, 13 July

The question to address is:

What is different with the outlines of the Feeling Healing process as against the numerous other emotional processing methods?

Nanna Beth, 3<sup>rd</sup> Celestial Heaven: The difference is the focus on the truth: uncovering the truth of yourself through your feelings – uncovering the truth of your feelings. It's a rebellion against the Truth, so **if one doesn't want the truth, nothing will happen**, one will only move deeper into one's rebellion against it.

And because the focus is on the Truth, so one can use it all the way to uncover the Whole Truth of Oneself. And there is nothing else teaching that.

All the other systems that involve looking to feelings to some degree fail to understand the deeper significance of **wanting the Truth**. Many people uncover some truth of themselves through their feelings, but mostly they end the process because they don't want to follow it right the way through, which means they only want to heal some momentary pain, and once that is done, are usually happy to continue on in their untrue state.

And because one is wanting to uncover the whole truth of oneself, then it becomes a full spiritual experience, and one that can be done by oneself, so without needing help from another, although at times help is sought and used. So the Feeling Healing embraces Healing the whole seven Mansion Worlds worth of self- and feeling-denial, which is the complete Rebellion and Default. Other systems might only work at some aspect of it, limiting the ascent of truth through all the Mansion Worlds.

And basically no one understands the absolute depth of the problem within themselves, which is only borne out by people and spirits doing their whole Healing. Much of the current psychological understanding falls well short of understanding the depths that are involved because they don't include the overall problems brought about by the Rebellion and Default. You have to understand you are rebelling against yourself: the truth of yourself, and so against your own soul; which is then the truth of God, so the Mother and Father; and that also includes the truth of Mary and Jesus. So at some point you have to rectify all those relationships, which you can't do unless you understand the bigger spiritual picture. And so that's what James has revealed, taking all Marion has said, all the books offer, adding his own stuff, and putting it all together as a way of life, a spirituality that can be lived, and one the initially focuses on Healing oneself of all one's wrongness.

Why have all other methods of releasing and delving into emotions not been successful?

Nanna Beth: Because they don't understand the scope of the problem, as I said above. They are not approaching it from the point of view of understanding the nature of one's Repressed Childhood state, the extent of that; and then how one needs to allow oneself to feel all the bad feelings, not reject them; and then bring them out, which is the releasing of them; all whilst wanting to know the truth of them – the truth of what you are feeling. And that truth is what needs to come up within you so you can heal your will and become a truly functioning person, fully self-expressive, self-loving, and growing continually in truth.

All the other systems work within the control of the mind, so once the therapy ends, the mind regains control albeit in a different way. Only the Feeling Healing and Soul Healing with the Divine Love, seeks to entirely break the control of the mind over one's feelings.

### Why haven't other methods been going deep enough?

Because people are basically afraid to push into such early childhood trauma without understanding where they are going or what it's all about. The leap of faith is too great, as it would mean they would have to rise above and conquer the Rebellion and Default within themselves, and that's simply too much to ask. The negative truth-denying systems within everyone are too deeply entrenched.

However, the spiritual structure outlined by James provides a structure that allows you to deal with the Rebellion and Default, allowing you to maintain your faith, and evolve it, as you progress in your growth of truth – it gives one a picture to work with. Very few people, and possibly only Marion in fact, are able to press on into such dark depths without any structure and with only a faith that it's what she and God want to do.

I (Beth) couldn't have done it Marion's way John, I wouldn't have allowed myself to feel such pain, I needed to understand the bigger-picture reasons as to why I was in such pain, and be given the understanding that if I kept at it, one day it would end. Marion doesn't know it will end, she just keeps going one bad feeling at a time, which requires a tremendous amount of faith and over so many years and through so many inner obstacles; and still she doesn't know if it will end, but as she says, there is nothing else she can do other than keep going because she tried everything else. And she doesn't want to let her mind come in, only wanting to stay true to her feelings, so she doesn't want to know about the bigger picture even though she has worked it out along the way for herself and for James to understand which he's worked into his books.

So the spiritual aspect or approach James has provided, even if it's not actually talked about; the simplicity of honouring your feelings, and in particular your bad ones, then by accepting them you allow them to have their say, so you express them, all whilst longing for the truth, includes all one needs to know. And so by doing that, one will be able to fully Heal themselves working it out along the way for themselves; and even if they don't understand it, will be living the highest truest spiritual life one can live in one's wrongness, which in time will lead to one's Healing of one's rebellion and default.

On the surface of it, what James has related seems overly simple, but doing it yourself, and see what happens and what results; and that will take one deep into oneself uncovering the whole truth of oneself.

### Many will consider that what they have been doing is adequate – why are they wrong in their understandings?

Nanna Beth: Because they don't understand what it's really all about. They don't understand the mind is in control of their true feelings, and that needs to be stopped. They don't understand the significance of their rebellion against the Truth, and how that happened by default. They don't understand that it's about uncovering the whole truth of yourself through your feelings, all your feelings, but focusing to begin with on your bad ones because they are what most people don't want to see. Everyone else sees it that they are doing this feeling type healing to make themselves better, to rid themselves of their pain and trauma, so instead of taking a pill to take the pain away, they are using some sort of emotional clearing system. But that is all still to take the pain away, to fix themselves, to heal themselves, to effectively take a pill so it all goes away, just like what the 'Divine Love people' hope the Divine Love will do for them, but it's not to uncover the whole truth of themselves. We have to see the truth of our pain, why we're in it, how it all came about, so what really went on in all our early relationships. It's

not about doing anything that just takes all our suffering away. We have suffered for valid reasons, which all have to come to light. And so only emotional and feeling accepting systems to help one see such truth of one's pain and suffering are of any worth. And unless you uncover the whole truth of yourself, you'll never set yourself free of your rebellion and default, of all your soul pain. And the truth means to see the whole truth of why you feel unloved, how unloving your early relationships were, why you don't love yourself, why you are unloving, why you are evil and wrong, which basically no one wants to face.

So to summarise: We all have to see the truth of our unlovingness. We can't avoid it – deny it. We have to face it and feel all it makes us feel. And all those bad feelings lead us into the truth of it. So we have to understand – bring to light through our feelings – all the truth of our unloved, negative, evil, wrong state. And then once we've done that, we can be free of it. So until you uncover and feel the whole truth of it, it will never leave you, you'll remain in rebellion against yourself, you'll continue to be unloving.

I have considered with James, that Marion and he actually represent the two extremes of what is involved in soul-healing. I have found one such writing by James, back in 2006, that points to this. My feeling is that their two extreme ends of the experience matrix makes them perfect for bringing together the understandings that will benefit all people, no matter what their circumstances maybe.

Nanna Beth: If we accept that Marion and James are the Avonal Pair here to reveal the essential truths to humanity about how people can Heal themselves of their rebellion against the truth of themselves, then what you deduce is correct, for they have between them had to take on every negative aspect of the Rebellion and Default and so Heal it, which is healing all the circuits on a technical level, thereby opening the way for humanity to follow.

So if you consider this John, it is pretty amazing that two people can take on all the denial humanity is in, approaching it from opposite ends, which equates to the effects of the Default of Eve and Adam (following on from the Rebellion), and that such wrongness can be concentrated into two family units, and mostly in two parent pairs (being Marion's parents and James' parents). And so what is the likelihood of that? And then for them to live in the same city being the first children of such 'bloodlines of denial', and meet each other, and at a time needed to give themselves all the time to systematically work their way laboriously up through all the negative mind and will circuits. So to be subjected to so much woe, and to be able to keep going with no help from anyone other than each other, and a little backup from the spirits and the Mother and Father on James' side, yet with that involvement opening up even more messed up and corrupted mind circuits he's had to work his way through.

So if it is true they are the Avonal Pair, it shows us all just how incredible the soul of the Avonals are, to be able to go into such corruption, taking it all on, and then working it all through and Healing themselves of it, all basically without any real help from anyone, so just on faith and pure longing for the truth.

And should they reach the end of their Healing before they die, and should the truth then be fully declared that they are the Avonal Pair, even going against all what The Urantia Book (TUB) says, they having to uncover the truth in all things whilst rejecting the untruth such as in TUB and Padgett Messages (PM), with nothing having been straightforward and of any real help, then it will be cause for major celebration.

And it's what we are preparing for, what you are too John, to see if Marion and James are indeed the Pair, and then to give them all the support they will need to do whatever it is they are to do in the public

sense. This is all their private work so far, of which you and I have become substantial parts of, the doing of their Healing preparing themselves for when they are Healed.

And if it turns out they are not an Avonal Pair, they are only just a pair of ordinary mortals who've somehow managed to keep going, dealing with all their pain, longing for and bringing to light all the truth of it, then they will be the most extraordinary mortal pair because they will have been the one's who broke the back of the Rebellion and Default. So either way you look it, it will be quite an achievement.

And so we are all waiting to see if the theory is realised by such Avonal-truth awakening in their soul at some point, for then we will all know it will be true, just as they too will know. For now Marion doesn't contend with any of it, and James only on a mental level because of what the Melchizedeks told him years ago, but it all has to come to them through their feelings like all truth, which will only happen once they've fully Healed themselves or toward the end of their Healing. Because in the meantime, whilst they are still in their wrongness and denial of truth, part of that denial is denying the truth that they are Avonals. And again the whole Avonal business has been yet more problems and negative circuits James has had to personally work through, whereas Marion has solely focused on only dealing with her feelings, not having to contend with all the other mind stuff.

[James, may I have your observations please? And Nanna Beth, your angelic eye on this subject would be most helpful, if you please?](#)

[These two subjects are possibly leading to the crux of what we are sharing through the Pascas Papers. I now see that these 'colourful' handouts are essential in introducing and supporting the major publications of James Moncrief and James Padgett.](#)

Nanna Beth: The handouts will help introduce people to such writings. But what I want you to understand John, is really it's James – because of his writings (and Marion, because she is leading them both in it all) that is what's most important. The Padgett Messages (PM) are really to be included in James' work, which he does, by taking the crucial parts and integrating them into his work – with the most important truth being that about longing for the Divine Love. So really the PM are secondary.

As you understand, the Padgett Messages can't heal you. The Divine Love is about immortality of the soul and becoming divine, it's not about ending your rebellion against the Truth. And ending the rebellion needs to come first: the Truth then the Love, then the Divine Love can be introduced, even though of course the Divine Love can be introduced at any time.

So really one need only work with James' (and Marion's) work, which includes longing for the Divine Love. People are to look to them first, and then later to Mary and Jesus. To put Mary and Jesus ahead of Marion and James can cause you problems because you will overlook what Marion and James are revealing. But as Mary and Jesus are known and with such importance placed on Jesus, and now with the PM and the Divine Love, so it's all the more confusing. Even added to by James having written focusing on and making Mary and Jesus more important than himself and Marion.

But as I said, it's Marion and James first, then Mary and Jesus and the Divine Love. And Marion and James are more than capable of also introducing the Divine Love and the truth of Mary and Jesus, which they would have done had Mary and Jesus not come to Earth. So really Mary and Jesus are not needed, and as I said, can get in the way, causing people to focus too heavily on them whilst missing the more essential truths of having to do your Healing by looking for the truth of your feelings (the 'Divine Love people' being examples of this). However with Mary, and Jesus in the PM, being so dominant, it is all just more of the confusion and part of the rebellion. And at the same time I don't want to downplay

Mary and Jesus and lead people to believe they are not as important as Marion and James, for they are most important, and much more important being the Creator Pair of Nebadon, and Marion and James would rather not exist than have people think they were more important than Mary and Jesus; but as you understand, I'm just trying to put the revelation of truth into context, because it's all being revealed round the wrong way.

People and spirits were given the opportunity to deny Mary and Jesus whilst they were on Earth, taking the Rebellion deeper; and then to further deny them right the way through their age; and now further still by including the PM. And now people will be given the added opportunity of denying Marion and James, which all ends up being one huge mess. And one in which only Marion and James can unravel. For I am only saying to you now what James has already written and what Marion and he have talked about. I wouldn't dream of taking anything away from them, and it's not my place to do so.

Firstly, consider discovering the truth of your emotional pain and injuries.  
 Secondly, consider longing for our Heavenly Parents' Love as you progress with your healing.  
 Primary and most important readings are the writings of James Moncrief.  
 Then consider the Padgett Messages, and then The Urantia Book.

I also see that our considerations of an education / accommodation centre is possibly far more relevant than I ever dreamt of before. We considered acquisition of the Kooralbyn Hotel Resort – 100 rooms, golf course, and 'ski lodge' which is one hour by car from the Gold Coast and Brisbane. Such a style of facility appears now to be essential.

I do feel somewhat like – I am to do what !!!!!!!!!!!!!!!

Nanna Beth: Yes John, that is all to unfold, and mostly through conversations you'll have with everyone involved. We are not going to say you need this and do that, as we've said, it will come through your own thoughts and feelings. I will let James speak to you now as he wants to tell you some of what he was musing over yesterday.

James: Ha, ha, yes John, but my musings are so much humbler than yours. Yesterday, it was going through my mind something like finding an eco-resort place that hadn't worked, a place with lots of separate cabins / bungalows, and main house, and grounds to plant food trees and a big veggie garden. To have some sort of place where people can come and possibly permanently live, people who'll be involved in working with all you want to set up; where people can live together who are intent on working on healing themselves, and a place where courses, meditations and such things can be held. But a whole huge golf course, well now, and why not? Hey, I have no idea of the money involved or what you'll want to do, I just plod around in some of my musings trying to accommodate Marion who doesn't want any part of it, but I still want her nearby, and then possibly with the likes of Sam coming out to Australia to live and run the whole thing – that being my idea, she might not want to.

However personally, I'd ditch the golf course, turning it into more bungalows, a commune of sorts, a permaculture environment, lakes and so on. So shit, who knows, I'm open to anything.

I've got a new pain in my left upper chest area, under my arm, so I'll probably dead in a few months. I'm so shit-scared of cancer or some horrible worse thing than what I've had these last couple of weeks. I'm expressing my fears, misery and anger like mad. Marion thankfully seems relatively stable today, however that might only be a reprieve as often that happens and then the next day she's worse. And as I won't bore you with all the bad feelings details, now I'll sit back and ponder a huge complex like what you're suggesting!!!!!! And if it backed onto a forest or there was some forest close by for walks, I'd be

in heaven!!!! And all those beautiful, full-on, feeling-expressing 144,000 women will be able to come, and shit man, how are we going to deal with them!?!?! Hopefully there will be some men too!!!

And by the way, these are fantastic questions you've asked Nanna Beth. It's right on what I love to write about the most. And it's so good because I feel it's all helping to pad out all I've written, sort of helping me mature in it all if that makes any sense. I don't feel so raw with it all now, more understanding, more knowing what it's all about, what Marion and I are doing, even growing slowly in what you and I are to do.

Yes, the noise in the media has to start sooner or later. And, yes, it will be the only way to get attention from many. And, yes, the full exposure of what has already unfolded with the payout processing of Solid Investment (SI) must be made public, and that will be like a cascading financial scandal that will engulf thousands of prominent entities. Struth, Nanna Beth, don't go away!

cheers John the Typist (thanks for letting me know I will keep my head!)

Nanna Beth: It will be as you say John, and it will be a good purging for the world. It will certainly open a lot of eyes, and those on the receiving end will be too worried about the masses that will want to lynch them, than to worry about knocking off individuals.

At the moment there is a great tension building coinciding with what the German's are doing with SI. It's to do with Trump taking on the Deep State. Which is really the Russians getting ready to make their move and sink the whole bloody lot. The Russians hold the key, they know all the dirty dealings that have taken place, and they are working at patching up their own holes which they've nearly succeeded in doing. Trump is giving them access to information that they have needed concerning dirty dealings within Russia itself, and Putin has just about had enough and will soon start making his moves to bring to light all the dirty stuff. And it has to happen because it's the only way for him to release Russia from its current bind. He either plays along with all the controllers and never does anything more than what he's done, or he starts to go for broke, wanting to set Russia free of its controllers.

And so with understanding and information which the German's will pass to Putin that's come to light through their SI investigations, even more pressure will be exerted, and it will actually be Putin that will start exposing it all, although not directly, but through the likes of WikiLeaks, which he supports. But by then your money will be in place and things going as you want them too.

And I won't be going away, I assure you, we're in this for the long haul.

Love from us all over here – your Nanna Beth.

# EINSTEIN'S THEORY of INSANITY



DOING THE SAME THING  
OVER and OVER and  
EXPECTING DIFFERENT  
RESULTS.

NO PROBLEM CAN BE SOLVED  
FROM THE SAME LEVEL OF  
CONSCIOUSNESS THAT CREATED  
IT.

-ALBERT EINSTEIN

# The New Way

## Living True to Your Feelings

We live denying many of our feelings, which is not good or healthy for us.

Early in our childhood our parents, families and society in many ways tell us that expressing certain feelings is not right, it's unacceptable, forcing us to block them out.

“Stop crying, you're too old to cry”. “If you carry on behaving badly, you'll be punished”. “Smile, stop looking so miserable, what have you got to be unhappy about!”

We are told many of our childhood bad feelings (and often good ones too) are not welcome, which is saying, you are not welcome as you are, you must change yourself and be as we say you are to be. It's not loving to be treated that way.

And by forcing ourselves to change causes us to suppress and then keep repressed many bad feelings. And all those repressed bad feelings fester away inside us making us sick and unhealthy.

To be made to stop expressing any feeling means we are being stopped from expressing the whole of yourself. And that is very damaging.

Living by not expressing ALL our feelings fully means we can't enjoy fulfilling relationships, it causes problems, unhappiness and all illness.

So all our problems and difficulties stem from the fact that during our childhood we were stopped from expressing all of ourselves, by not being allowed to express all of our feelings. And this is how the whole world lives. Some people, families and societies being more or less feeling-expressive than others.

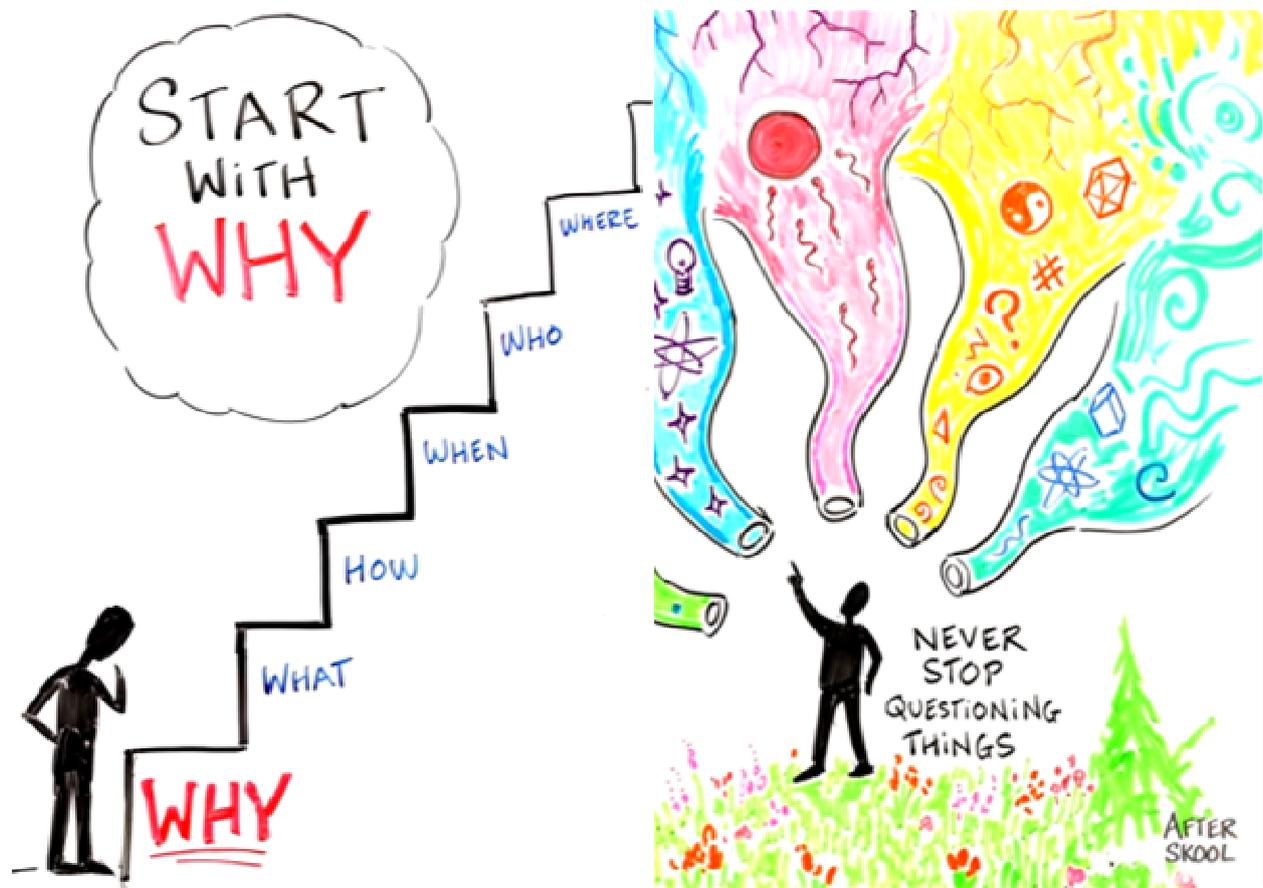
And The New Way seeks to end any repression of feelings. It's to understand that we should live fully expressing all we feel and not with our mind heavily in control of ourselves limiting our self- and feeling-expression.

The Old Way is living the Mind way of feeling repression. An unloving way of being.

**The New Way** is living the **True Way** of feeling expression. A loving way of being.



# WE ARE TRUTH SEEKERS



# Root Cause

Highly esteemed Lanonandek spirits from within our local universe of Nebadon were assigned as System Sovereigns of our local system to oversee Earth's humanity and their spiritual development. 200,000 years ago they, the Lucifers, became infatuated with their authority and turned against the regents of Nebadon, Mary and Jesus, as well as rejecting God. Through their Planetary Princes, also Lanonandek spirits, they had taken the humanities of 37 worlds within their local system into their Rebellion.

Through living through our minds, suppressing our feelings, we on Earth will continue to be at war with each other, illnesses of all descriptions will continue from our feelings suppression, famine and inequalities prevail, control of others is the core of all systems, we cannot determine truth from falsehood and life on Earth is a living hell. We have been continually seduced by mind Mansion World spirits and we live life in a stupor – nothing more than zombies doing the begging of the evil ones, the rebellious Lanonandek spirits.

Through living through our minds, suppressing our soul based feelings, we have been progressively going further and further away from our Heavenly Parents, now to the point that we cannot go any further. Through working cracks in the Universal Contract governing the Rebellion and Default, this control has been ended formally as of 31 January 2018.

# Pathway Forward

To liberate one's real self, one's will, driven by one's soul, moves one to embrace Feeling Healing, so as to clear emotional injuries and errors. With the Divine Love, then one is also Soul Healing. We are to feel our feelings, identify what they are, accept and fully acknowledge that we're feeling them, express them fully, all whilst longing for the truth they are to show us.

**God's Divine Love: Pray for it, ask for it, and receive it.**

**The Golden rule is: Never interfere with another's will.**

**Golden Rule: that one must always honour another's will as one honours one's own.**

**New Feelings Way: learning how to live true to ourselves by living true to our feelings.**

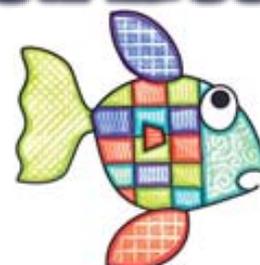
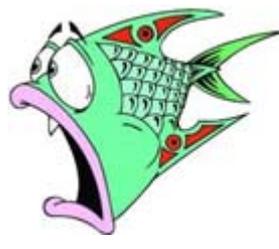
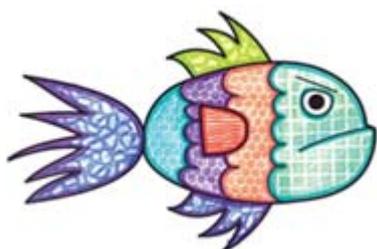
**We are to express our feelings, both good and bad, at all times, and to long for the truth of them.**

**By living true to ourselves true to our feelings, we are living true to God. It's that simple.**

**LONG to KNOW ABOUT what you are FEELING!**  
**Long to understand the truth behind**  
**what your feelings are pressing upon you.**



**Ask to know the truth about that which you feel.**  
**It is knowing the truth of that**  
**which you feel that sets you free!**



**Always be true to your feelings**  
**because they are your truth**  
**and truth is love and our way home!**

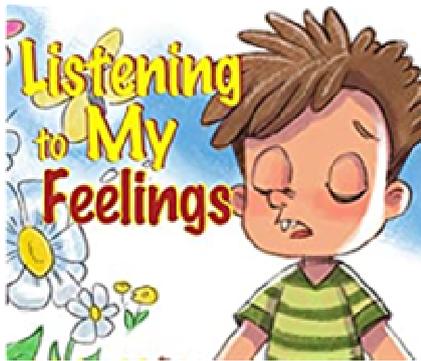


**Express your feelings to those who matter to you.**  
**Suppressed feelings bring about pain and illness.**  
**Talk it out to a friend!**

*From our head to our toes,  
what our feelings say goes!*



*Feelings, good and bad, are to be expressed.*

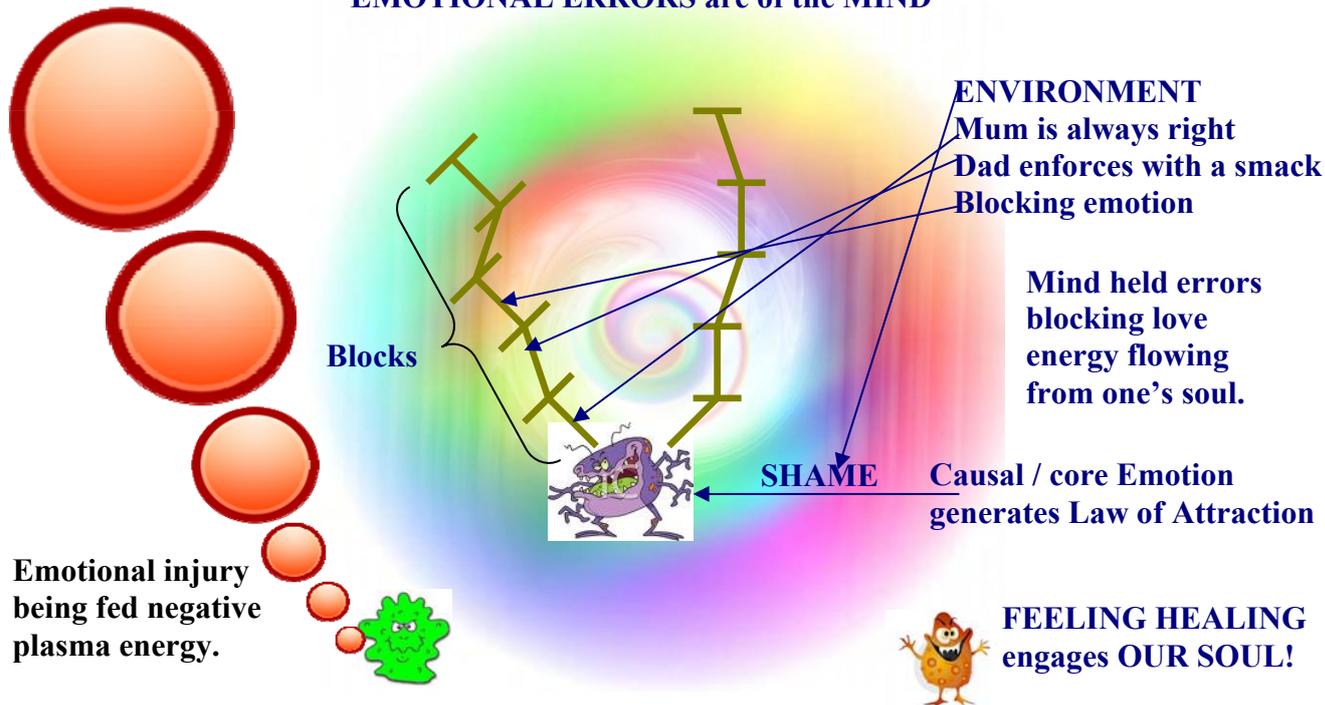


**Talk it Out!**



*Heartfelt feelings are our truth.*

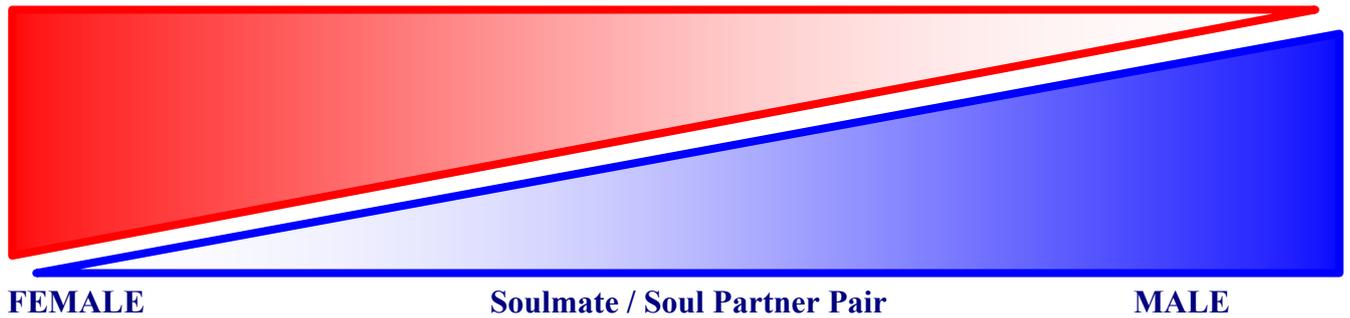
**EMOTIONAL ERRORS are of the MIND**



**Enters emotionally - is to leave emotionally!**

**WHAT ENTERS EMOTIONALLY  
IS TO BE EXPRESSED  
EMOTIONALLY WHILE LONGING  
FOR THE TRUTH TO BE KNOWN  
ABOUT WHAT IS BEING FELT!**

**The EXTREMES of EMOTIONAL INJURY and SOUL SUPPRESSION:**



At the extreme ends of Childhood Repression, a soulmate pair will be the first to heal themselves, having experienced their parents and close family members impose upon them forms of childhood suppression that collectively represent all possible extremes of experiences that we can have. Thus, when their Spirits of Truth are released, then all of humanity will be able to draw upon these for assistance and guidance as to how to liberate one's own soul from their own personal repression. This is the gift that this soulmate pair is to provide humanity with.

As the female is closer to her feelings, it is the female that may lead and assist the male in their Feeling Healing process, while progressing with her own. It is now time that we recognise that it is the woman that is our spiritual leader.

Our truth loving soul based feelings are to be brought into dominance with our minds only to support our soul based feelings. It is how we are brought up by our parents that we erroneously accept that our minds are all powerful; however they are greatly flawed and self-centred. Embracing one's own feelings is embracing the way of living that our Mother and Father desire for us to express and engage in. We are to fully express our God given personality through our feelings, not our mind based man-made impressions.

Firstly, consider discovering the truth of your emotional pain and injuries through Feeling Healing.

Secondly, consider longing for our Heavenly Parents' Love as you progress with your healing.

Primary and most important readings are the writings of James Moncrief.

Then consider the Padgett Messages, and then The Urantia Book.

**TRUTH LOVING SOUL V ERROR INFLICTED MIND**



# REVELATIONS



**JAMES PADGETT MONCRIEF** **REVELATIONS** 1 Commenced 1914  
2 Completed 2014

**REVELATION 1** Divine Love addresses the issues of the Rebellion.

The availability of Divine Love, should we so ask for it, being revelation 1:

God's Divine Love: Pray for it, ask for it, and receive it.

Whilst we are receiving our Heavenly Parent's Divine Love, and that this Love is causing change within our soul and spirit attributes, the greatest Truth known to man and spirit is that this is the way our Mother and Father are actually loving us! When we progress, it is the Mother and Father's way of loving us into love and then we live what we are, love.

**REVELATION 2** Feeling Healing addresses the issues of the Default.

The way to clear one's soul of childhood errors and injuries is revelation 2:

To liberate one's real self, one's will, being one's soul, is begun by embracing Feeling Healing, so as to clear emotional injuries and errors. With the Divine Love, then one is also Soul Healing. We are to feel our feelings, identify what they are, accept and fully acknowledge that we're feeling them, express them fully, all whilst longing for the truth they are to show us.

**Enters emotionally - is to leave emotionally!**

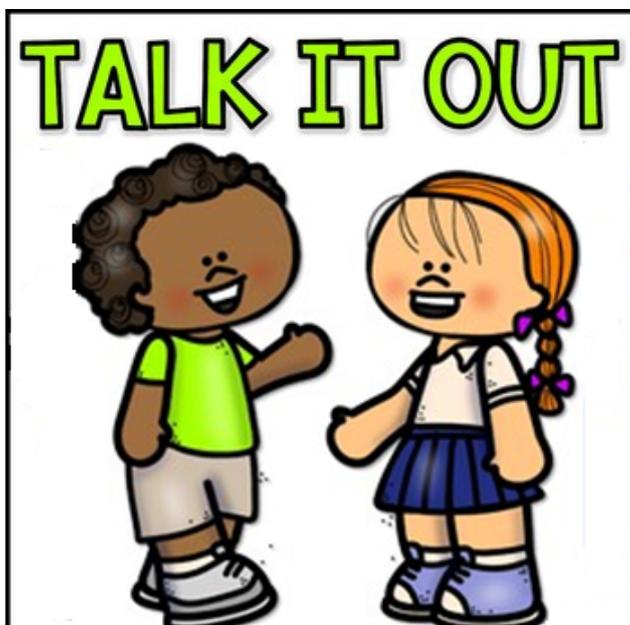
Release one's pain through expressing one's feelings.

in conjunction with

Longing for the Truth when also longing for Divine Love.

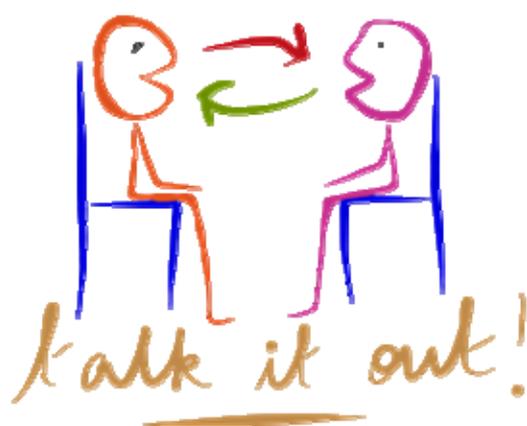


Talk  
it Out



LET'S TALK  
IT OUT

TALK *it* OUT



# Systems of Deception!

One person with unfettered and supreme control, a System Sovereign, has had aeons of time to passively and stealthfully impose upon his minions (us – you and me) a way of living that assures him, the arch hidden controller, that we would remain compliant and submissive to his begging. His extreme intelligence and consciousness is no match for us ascending mortals who arrive naively upon Earth with absolute dependence upon parents who have already capitulated – unknowingly – to his wily stealth.

The System Sovereign's goal was that we do not evolve, that we remain fearful of our true Heavenly Parents, that our true pathway for spiritual development is not revealed, that we live in a manner of servitude and ignorance through our minds believing that our submission to our minds will enable us to become all powerful and even mini-gods. When we transition into the spirit mind Mansion Worlds, we remain collectively his waiting army to fulfil his ambitions to expand his domain and territory. We have been well and truly screwed over through his imposed systems of:

- Parenting – unable to love our children due to lack of truth in what we are provided with.
- Education – minimalistic, having our minds unable to progress beyond reason – our minds are addicted to untruth and control of others including our environment.
- Health systems – ignorance of our spirit bodies and gross ignorance of underlying cause of illnesses which are through the lack of being loved. Our health systems cannot heal.
- Commercial systems – we become salary slaves with suppressive debt slavery resulting from the costs of education, housing, health services, transportation and necessities.
- Political systems – that divide the community into camps and then deliver representation of only a portion of the population without candidates having necessary leadership skills and experience.
- Religions – there is only one truth. We are to live through our feelings – not our minds.

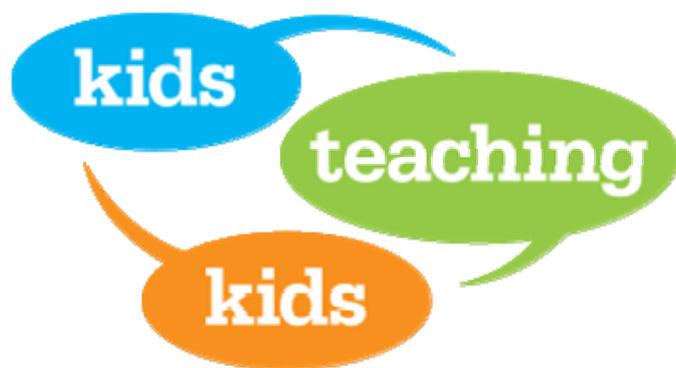
We have been led to live mind centric which is the pathway of all of nature except humanity which is ensouled. We of humanity are to live feelings first with our minds to assist in implementing what our soul based feelings lead us to embrace. We are truth seekers and truth is to be found through feelings.

Higher level personalities than our System Sovereign have now taken on all of the evilness and wrongness of what these rebellious Lanonandek spirits have imposed upon us and have healed themselves of these injuries. Now all systems assembled during the Rebellion and Default, now ending, need to be rebuilt!

Our pathway to Paradise, the home of our Heavenly Mother and Father, is through living through our soul based feelings, living feelings first, to express what our feelings draw our attention to and to long for the truth of what our feelings are to show us – both good and bad.

A lady named Samantha found James Moncrief's writings on a website and commenced to engage in her Feeling Healing. This may have been in 2013. Samantha is like all of us, she is an ascending mortal. She has no specialness nor has she had any support other than James' writings on the internet. Samantha has been successful with her healing. She has been very successful. She has now written numerous books outlining her experiences so each and every one of us can follow her example. An ascending mortal, Samantha, has conquered all that the rebellious Lanonandeks, led by Lucifer, has imposed upon us. Samantha is the new mother of humanity in demonstrating to us how to embrace the one and only pathway home to our Heavenly Mother and Father.

# Tutoring



## Natural Self Expression!



We are being screwed by our Minds!



We are Truth Seekers!



Heart felt  
feelings are the  
Truth of our Soul

SOUL

**MIND IN CONTROL**

This is how it is!



**FEELINGS FRIED**

## Great U-Turn

**Feelings  
in Control**

This is how it is to be!

**Mind in Support**



# Living Feelings First is to replace Mind Centricity

A hidden very few controllers have orchestrated every system and way of living for humanity to be mind centred. While we live through our minds WE CANNOT EVOLVE!!! Our minds are wonderful but they are, in themselves, addicted to control over the environment, over others and ourselves, and our minds are addicted to untruth, they cannot discern truth from falsehood. We have been screwed for the past 200,000 years through these hidden controls.



Firstly, all the emotional injury that we take on, that we are infused with, commencing at the moment of conception, is what limits our capabilities throughout lives. It is these same emotional injuries, mostly infused upon us by our physical parents, which set in place our health throughout our lives, our social issues, our quality of life and our prosperity. However, through mind centricity we remain stagnant.

What we take on emotionally must be released emotionally. We must talk it out of us emotionally. The pain will be no greater than the pain that was felt when we were infused or repressed throughout our childhood forming years. But this is the one and only pathway to heal and evolve beyond the zombiism that we see around us. We are all functioning in a stupor due to the limitations of mind centricity.

Our feelings are always in truth, they are our truth. With truth we have freedom and prosperity – yet we will need little – as our fears and addictions will be put aside. The connectivity with the spirit worlds will also open up to those who heal through their Feeling Healing.

## WHOLE DIFFERENT Way of Life.



# Incompetent moronic idiot zombies!



**IMBECILE**

**CRETIN**

**IDIOT**

**DOLT**

**GOOF**

**MORON**

**STUPID**

**FOOL**

**SCHIZO**

**BLUNT**

**BLOCKHEAD**

**EVIL**

**PUMPKINHEAD**

**BAD**

THE TERMS IDIOT, IMBECILE AND MORON ARE ALL MEDICAL DEFINITIONS FOR PEOPLE WITH CERTAIN IQ RANGES. IDIOT RANGES FROM 0-20, IMBECILE 21-50 AND MORON 51-70.

Know the outcome, you will see the journey! Look for the cause of the problem; by addressing the problem is through removing the cause.

Many give their authority to the few! Eight billion people are being controlled by a tiny number of people. The inner core is a very tiny few people. A tiny room of people impose control over eight billion people.

We are to stop acquiescing and agreeing to our enslavement! We do so out of Fear! Ignorance – lack of truth – is the foundation of the problem – and that continues to be covertly imposed upon us by the tiny few hidden controllers!

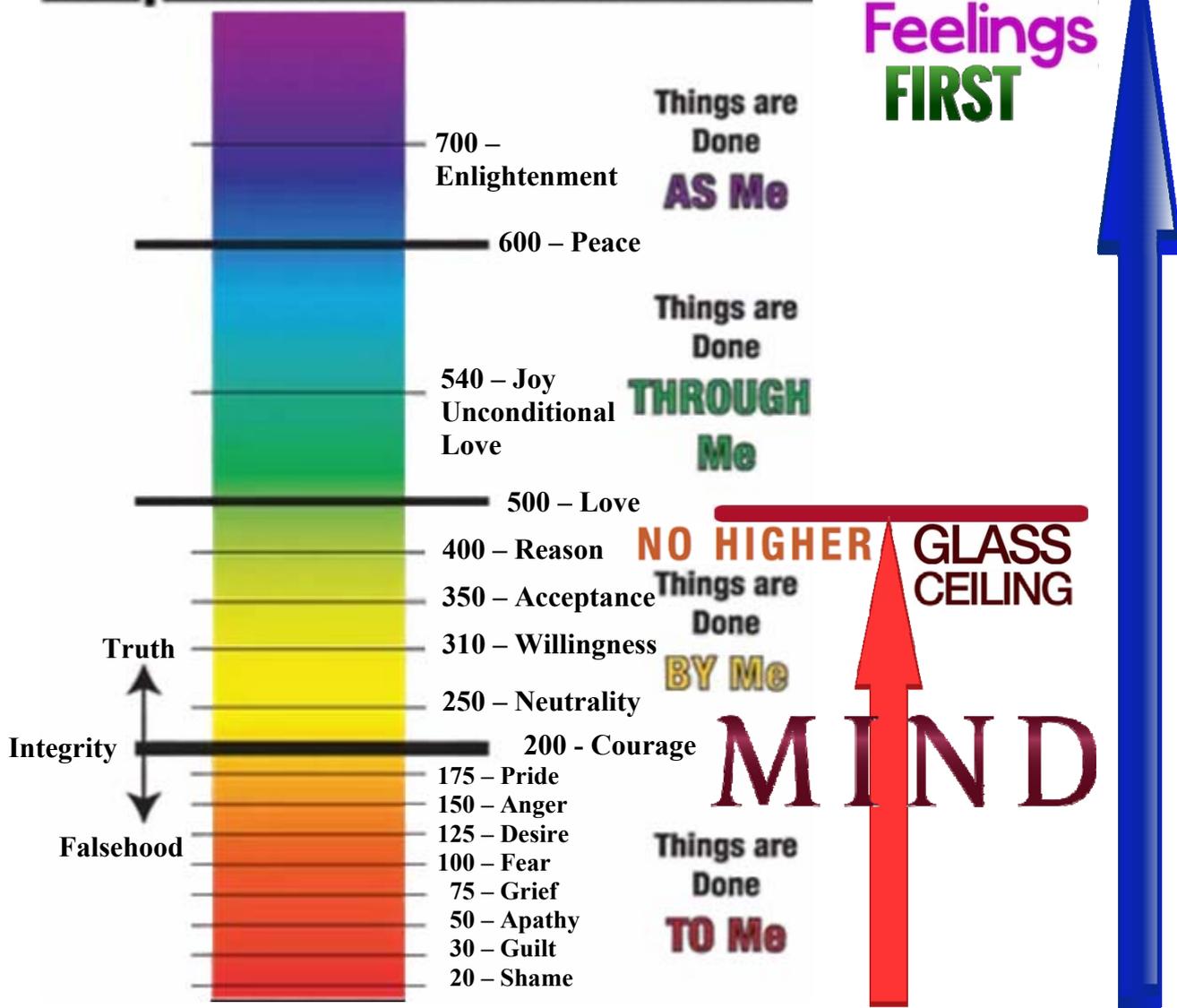
We have to take control of our perceptions. What are our feelings telling us? Truth is not what you think or have been told. What do we feel – you and I? It is our feelings that are in truth – we are fully self-contained! Bring to surface our non-cooperation to our own enslavement.

**Do you have the Nodding Dog Syndrome?**

Bloody morons, complete idiots – front people are put into positions of power by the very few. Incompetent, moronic people are put into positions of power by these very few. That is after dividing the voices of the people and limiting the avenues to truth and our freedom.



**Map of Consciousness**



## MAP OF CONSCIOUSNESS

*Map of Consciousness* from Dr David R Hawkins, M.D., Ph.D. "Power vs Force".

Level	Log
ENLIGHTENMENT	700-1000
PEACE	600
JOY	540
LOVE	500
REASON	400
ACCEPTANCE	350
WILLINGNESS	310
NEUTRALITY	250
COURAGE	200
PRIDE	175
ANGER	150
DESIRE	125
FEAR	100
GRIEF	75
APATHY	50
GUILT	30
SHAME	20

### PERSONALITY TRAITS:

Less than two dozen people on planet Earth.

Would not pick up a weapon let alone use it. These people gravitate to the health industry and humanitarian programs.

Debate and implement resolutions without argument and delay. 470

Debate and implement resolutions in due course. 440

Debate and implement resolutions with some degree of follow up generally needed. 410

Management supervision is generally necessary.

Politics become the hope for man's salvation.

Cause no harm to others starts to emerge. Power overrides force.

Illness is developed by those man erroneous emotions that calibrate 200 and lower.

Armies around the world function on pride. Force is now dominant, not power.

Harm of others prevails, self-interest prevails.

Totally self-reliant, not God reliant.

Fear dominates all motivation.

Suicide is possible and probable.

At these levels, seriously harming others for even trivial events appears to be justifiable.

Poverty, unemployment, illness, etc., this is living hell on Earth.

# Living Feelings First

Capable  
of Amazing  
Things



Melbourne Demons has ended the AFL's longest premiership drought, kicking 12 unanswered goals to beat the Western Bulldogs by 74 points and win the 2021 Grand Final played on 25 September 2021.

The Melbourne Demons, who hadn't won an Australian Football League premiership since 1964, looked in serious trouble when Marcus Bontempelli kicked his third goal of the night to put his Dogs up by 19 points midway through the third quarter. Consider watching the second half of this grand final.

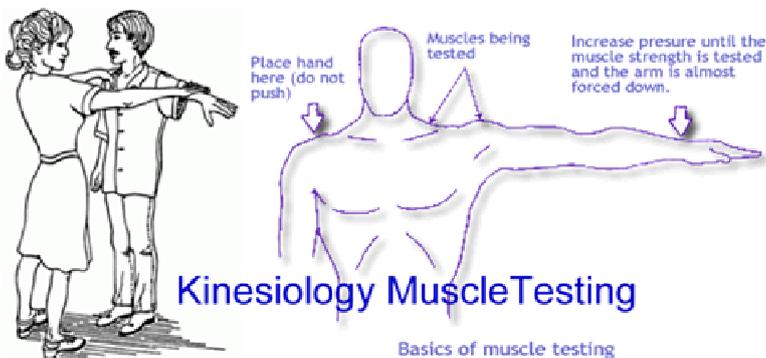
But in front of 61,118 ravenous fans at Optus Stadium, in Perth, Western Australia, it was time for perhaps the greatest 17 minutes in Melbourne history. Both teams being from Melbourne, Victoria.

This may be the greatest demonstration of a group of people living through their feelings, their soul-based spontaneity and intuitiveness in playing their way to grand final of the Australian Football League competitions shined brightly for the Melbourne Demons whereas the Western Bulldog continued with the stifling practice of prescriptive mind centric procedural football to find themselves thoroughly thrashed by those simply embracing their feelings and intuitively launching themselves to victory.

# Living Feelings First

For the past 1,800 years, the evolutionary development of humanity has stagnated at 190 on Dr David R Hawkins' Map of Consciousness (MoC). This of a consequence of humanity remaining mind centric and adhering strictly to the suppression imposed by wayward high level spirits who have now all been incarcerated and their puppets blocked from furthering their agendas.

Applying kinesiology muscle testing in conjunction with the Map of Consciousness (MoC) table, the inadequacies of those in leadership roles is readily discernable. Those in leadership roles throughout all of society can be recognised as to their capabilities, or lack thereof, instantly. Those who have not developed or evolved their consciousness to appropriate levels can now be dropped from positions of authority. Most will fail. The dearth of appropriate leadership will put a greater focus upon the inadequacies of the education systems worldwide and the inabilities of institutions, such as health, to provide the services required of them. Governments and their structures fail miserably.



## Council of Elders

A Council of Elders may now begin to be formed. Initially, these are people who have significantly advanced through their personal Feeling Healing. The entry level for a council member may be considered to be as low as 700 on the Map of Consciousness (MoC). These are extraordinary people.

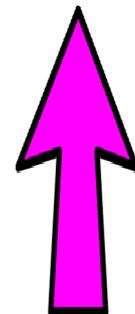
Through Feeling Healing, what unfolds is spontaneity and intuitiveness, versus the zombiism and stupor that presently prevails throughout mind centric humanity.

High level leadership roles are to be filled with those calibrating 470 or higher, their deputies to calibrate 440 or higher, and support leadership functions to be filled by those calibrating over 410. Health services personell to calibrate over 500.

Everything is about to change. Living through our feelings is our pathway in growth with humanities evolution in spirituality is about to become dynamic.

**Living Feelings First!**  
**INTUITIVE**  
**INSIGHTFULNESS**  
**DYNAMIC**  
**NATURAL INTELLIGENCE**  
**SPONTANEOUS**  
**VIBRANCY**  
**Foresightful**  
**Wisdom & Truth**  
**FREEDOM**  
**EQUALITY**

# Ascension of Truth to Paradise



## ASCENSION of TRUTH to PARADISE

**DIVINE LOVE – Feelings in control – FEELINGS WAY**  
 DIVINE CELESTIAL HEAVENS – CELESTIAL SPHERES  
 UNITING with SOULMATE / SOUL PARTNER and SOULGROUP  
 BEING DIVINE, ETERNAL, IMMORTAL, FUSION with INDWELLING SPIRIT

**THE FEELINGS WAY \*\* LIVING A FEELING-LED LIFE \*\***

**Transformation** of soul from **Perfect** Natural Love to being **Divine** – being of **Divine Love**.  
**Transformation** of soul from **Imperfect** Natural Love to being **Divine** – being of **Divine Love**.

## Transition from Mind to Feeling way of living

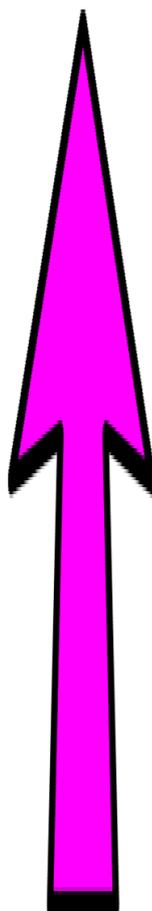
**NATURAL LOVE – mind in control – MIND WAY**  
 SEVEN MANSION WORLDS

We have to do our: SPIRITUAL HEALING  
 (FEELING HEALING)  
 (SOUL HEALING)  
**Uncovering the truth of feeling Unloved**

**IMPERFECT NATURAL LOVE**  
 REBELLIOUS  
 REBELLION AND DEFAULT

Against Truth and Love  
 Living Untrue; against ourselves  
 Denying many feelings  
 Become Truth to being untrue  
 Imperfect relationships  
 Feelings of love within an unloving state

**LIFE ON EARTH**  
**WHAT WE ARE LIVING**  
**AN UNLOVING LIFE**



### Self-Acceptance

No Healing needs to be done  
 Being true and loving  
 All done with Natural love  
 Uncovering the truth of feeling loved

**PERFECT NATURAL LOVE**  
 NOT REBELLIOUS  
 NO REBELLION OR DEFAULT

Not Against Truth and Love  
 Living Truth; not against ourselves  
 Not denying any feelings  
 Become truth to being true  
 Perfect Relationships  
 Feelings of love in loving state

**LIFE ON A PERFECT WORLD**  
 What we wish we were living  
 A Loving life

**THE MIND WAY \*\* MIND-LED LIFE \*\***

We are to move from our mind way to a feeling way of life within our rebellious and untrue state. We are to live truth to our being untrue, knowing and being the truth of why we are untrue.

**GREAT U-TURN**

# *Living True to Ourselves*

## **LIVING TRUE to OURSELVES**

We are to live truth to ourselves through ALL our feelings. We are untrue.

We are to live truth to being untrue. We are to stop pretending we're true.

We're to admit we're full of shit; and be as full of shit as we are.

God made us be rebellious and untrue, so we are to live being rebellious and untrue, not trying to not be as God made us. And we are to live true to being fucked, until God transforms us and changes us into being true and loving, ending our rebelliousness.

With all of us having been incarnated into a truth-denying rebellious world, we are to live true to how untrue, false and unloving we are. We are to stop using our mind to pretend we are true and loving when we're not.

We are to fully embrace, through our feelings, the truth of how wrong, bad and evil we are. And through our Spiritual Healing we are to fully accept how rebellious we are, living and being it. And knowing how being rebellious (being of and in Rebellion) makes us feel.

We are not to use our mind to pretend we are true; that we are loving, caring and sympathetic, as we're not those things.

Being of Natural Love we experience love through our mind. And so being in an imperfect state, some (if not all) of our mind love will be false and untrue.

When we have been transformed into our true Divine Love state having done our Spiritual Healing, then all the love we experience will be through our heart and soul with true feelings and no longer with our mind. With all love being true and based on the Truth.

# *We are to find the Truth of Love*



**Great Gifts through our Feelings are:  
The Awareness of our Heavenly Mother  
and Father**

**That our soul is a duplex – both male  
and female – one soul, two personalities**

**That Feeling Healing with Divine Love  
is our pathway to Paradise – our true  
home**

**Freely expressing our Feelings to a  
companion is expressing our true  
personality – the personality bestowed  
upon us by our Heavenly Mother and  
Father – our true Mum and Dad!**

**These are truths of living  
Feelings First Spirituality,  
The New Way**

<http://www.pascashealth.com/index.php/library.html>

**Library Download – Pascas Papers**

All papers may be freely shared. The fortnightly mailouts are free to all, to be added into the mailout list, kindly provide your email address. [info@pascashealth.com](mailto:info@pascashealth.com)

<b>Primary recommended reading:</b>	<b>consider commencing with: Paul – City of Light and Sage – and the Healing Angels of Light</b>		
<b>The Rejected Ones</b>	<b>2002 – 2003</b>	<b>xxx</b>	<b>– James Moncrief</b>
<b>Messages from Mary &amp; Jesus</b>	<b>2003</b>	<b>xxx</b>	<b>– James Moncrief</b>
<b>Paul – City of Light</b>	<b>2005</b>	<b>xxx</b>	<b>– James Moncrief</b>
<b>Feeling Healing</b>	<b>2017</b>		<b>– James Moncrief</b>
<b>Religion of Feelings</b>	<b>2017</b>		<b>– James Moncrief</b>
<b>Mary Magdalene and Jesus' comments on the Padgett Messages</b>	<b>2007 – 2010</b>	<b>xxx</b>	<b>– James Moncrief</b>
<b>Speaking with Mary Magdalene &amp; Jesus Sage and the Healing Angels of Light</b>	<b>2013 – 2014</b>	<b>xxx</b>	<b>– James Moncrief</b>
<b>Road map of Universe and history of Universe:</b>	<b>2017</b>	<b>xxx</b>	<b>– James Moncrief</b>
<b>The Urantia Book</b>	<b>1925 – 1935</b>		<b>xxx as primary reading</b>
<b>Divine Love supporting reading:</b>			
<b>Revelations</b>	<b>1954 – 1963</b>		<b>– Dr Daniel Samuels</b>
<b>Judas of Kerioth</b>	<b>2001 – 2003</b>		<b>– Geoff Cutler</b>
<b>The Book of Truths containing the Padgett Messages or Little Book of Truths</b>	<b>1914 – 1923</b>	<b>xxx</b>	<b>– Joseph Babinsky</b>
<b>True Gospel Revealed anew by Jesus Vol I, II, III, IV</b>		<b>xxx</b>	<b>– Geoff Cutler</b>
<b>Available generally from:</b>			
<a href="http://www.lulu.com">www.lulu.com</a>	<a href="http://www.amazon.com">www.amazon.com</a>	<a href="http://www.bookdepository.com">www.bookdepository.com</a>	
<b>For Divine Love focused websites and forums:</b>			
<b>Pascas Health:</b>	<a href="http://www.pascashealth.com/index.php/library.html">http://www.pascashealth.com/index.php/library.html</a>		
<b>Spiritual Development:</b>	<a href="http://new-birth.net/spiritual-subjects/">http://new-birth.net/spiritual-subjects/</a>		
<b>Padgett Books:</b>	<a href="http://new-birth.net/padgetts-messages/">http://new-birth.net/padgetts-messages/</a>		
<a href="http://divinelovesp.weebly.com/my-free-books-and-free-padgett-messages.htm">http://divinelovesp.weebly.com/my-free-books-and-free-padgett-messages.htm</a>			

**BIBLIOGRAPHY NOTE:**

James Moncrief has written numerous books and prepared numerous movie scripts. Incorporated here are primary writings.

Pascas has 550+ supportive 'Pascas Papers' accessible in Library Downloads at [www.pascashealth.com](http://www.pascashealth.com)

Pascas Primary publications being:

- U-Turn for Humanity Pascas reveals New Feelings Way
- U-Turn for Humanity pathway being New Feelings Way
- U-Turn for Humanity shutting hells through New Feelings Way
- U-Turn for Humanity through the New Feelings Way
- U-Turn for Humanity treacherous assumptions New Feelings Way
- U-Turn for Humanity unfolding the New Feelings Way
- Universal Gift – Feeling Healing with Divine Love
- Feeling Healing and Divine Love Discussion Prompts
- Pascas Care Death & Dying Transition & Assimilation Marjorie

Selected Pascas Papers, as noted below, can be downloaded from [www.pascashealth.com](http://www.pascashealth.com) .

**James Moncrief's books, the Padgett Messages and The Urantia Book at:**

**DIVINE LOVE SPIRITUALITY – DLS:**

<http://divinelovesp.weebly.com/my-free-books-and-free-padgett-messages.html>

All Padgett Messages (for condensed versions – see below) 1914 – 1923 Pages 945  
The Urantia Book (see suggested papers to read below)

James Moncrief Books:	MoC		
The Rejected Ones – the Feminine Aspect of God	1,490	Nov 2002 – Jan 2003	228
Messages from Mary and Jesus book 1	1,485	Feb – Apr 2003	189
Messages from Mary and Jesus book 2	1,485	Apr – Oct 2003	170
Mary Magdalene and Jesus' comments on the Padgett Messages – book 1		Aug 2007	164
Messages from 31 May 1914 – 12 January 1915	1,495		
Mary Magdalene and Jesus' comments on the Padgett Messages – book 2		Sep 2010	177
Messages from 13 January 1915 – 29 August 1915	1,494		
Speaking with Mary Magdalene and Jesus blog – book 1	1,490	Jan – Apr 2013	206
Speaking with Mary Magdalene and Jesus blog – book 2	1,489	Apr – May 2013	229
Speaking with Mary Magdalene and Jesus blog – book 3	1,490	Oct – Jan 2014	187
Speaking with Mary Magdalene and Jesus blog – book 4	1,491	Jan – May 2014	191
Mary Magdalene comments on Revelation from the Bible KJV	1,485	Dec 2013 – Jan 2014	84
		This group being pages of	1,825

Paul – City of Light	1,488.5	2005	149
Ann and Terry		2013	235
Feeling bad? Bad Feelings are GOOD!	feeling-healing book 1	2006	179
Feeling bad will make you feel BETTER – Eventually!	feeling-healing book 2	2006	159
Breaking the Golden Rule.	feeling-healing book 3	2006	168
Feeling-Healing exercises, and other healing points to consider.		2009	175
Cathy and Mark – a novel introducing Feeling-Healing.		2010	151
Introduction course to Divine Love Spirituality		2006	139
Speaking with the Dead, Death and Dying		2009	173
Spirits and their Childhood Repression Healing		2010	179
With Verna – a nature spirit		2008	279
Communication with spirits – meet a spirit friend		2010	37
Introduction to Divine Love Spirituality website			362
Sage – and the Healing Angels of Light		2017	260
Divine Love Spirituality	1,500	2017	201
Feeling Healing – you can heal yourself through your feelings		2017	153
Religion of Feelings	1,500	2017	47
		This group being pages of	3,046

**Religion of Feelings**

<http://religionoffeelings.weebly.com/>

**Introduction to Divine Love Spirituality**

<http://dlspirituality.weebly.com/>

**Main website of DLS**

<http://divinelovesp.weebly.com/>

**Childhood Repression website**

<http://childhoodrepression.weebly.com/>

**DLS and CR forum**

<http://dlscr.freeforums.net/>

<http://withmarymagdaleneandjesus.weebly.com/blog---and-free-books-speaking-with-mary-and-jesus>

**FEELING HEALING and SOUL HEALING with the DIVINE LOVE:****James Moncrief Publications:****all publications are free downloads:**<http://divinelovesp.weebly.com/my-free-books-and-free-padgett-messages.html>

It is suggested for one to consider reading as follows:

**Speaking with Mary Magdalene and Jesus – books 1 – 4**

These four books encapsulate the second of the revelations with the first having been introduced by James Padgett one hundred years previously. These four books provide a wide range of guidance that has never previously been made available.

**Paul – City of Light**

As a gentle intro into the Divine Love and Healing; being James Moncrief's first novel and it's been criticised as being too heavily clichéd, but that's the point because it's a reflection of how he was back then.

**Ann and Terry**

For an example of people who might want to immediately start working on themselves and doing their Healing.

**Feeling Bad? Bad Feelings are GOOD**

For more understanding about our denial of our feelings and why we should not deny our feelings, and it includes how it all came about for James, using himself as an example.

**Feeling bad will make you feel BETTER – Eventually!**

This includes specific examples of Marion and James working on expressing particular bad feelings, again with the hope that it will help others gain something of an idea as to what's involved in doing your Feeling Healing.

**Sage – and the Healing Angels of Light**

Through Sage who's 13 years old, the story is primarily about the two aspects of healing; that being, with the help of our angels, and the full Healing we can do by looking to our feelings for their truth.

**Religion of Feelings  
Feeling Healing****Welcome to LOVE – the Religion of Feelings  
you can heal yourself through your feelings**

So these books, including the four Speaking with Mary Magdalene and Jesus books, provide the essence of it all and are examples of James' work. Then it's up to whatever takes one's fancy. Other reading to consider may include:

**The Padgett Messages being published as:****The True Gospel Revealed Anew by Jesus volumes 1 – 4****Book of Truths by Joseph Babinsky****The Urantia Book****Release one's pain through expressing one's feelings.****in conjunction with****Longing for the Truth when also longing for Divine Love.**

**FEELING HEALING with DIVINE LOVE is SOUL HEALING:**

*A collection of 'papers' that draw together specific topics including all of the above and more from other sources of information and revelation designed to help increase one's awareness about why we have the problems we do and how to heal them, all whilst living a more healthy and sustainable life. They provide a brief snapshot of the more complicated topics and issues.*

**Firstly, consider discovering the truth of your emotional pain through Feeling Healing. Secondly, consider longing for our Heavenly Parents' Love as you progress with your healing. Primary and most important readings are the writings of James Moncrief. Then consider the Padgett Messages, and then The Urantia Book.**

Pascas Papers, being free, are located within the Library Downloads [www.pascashealth.com](http://www.pascashealth.com)  
<http://www.pascashealth.com/index.php/library.html>

**PASCAS – document schedule.pdf      downloadable index to all Pascas Papers.**

FH denotes Feeling Healing; SH denotes Soul Healing, which is: Feeling Healing with the Divine Love; DL denotes Divine Love – living with the Love.

**PASCAS INTRODUCTION NOTES:** *All papers below can be found at Library Downloads link.*

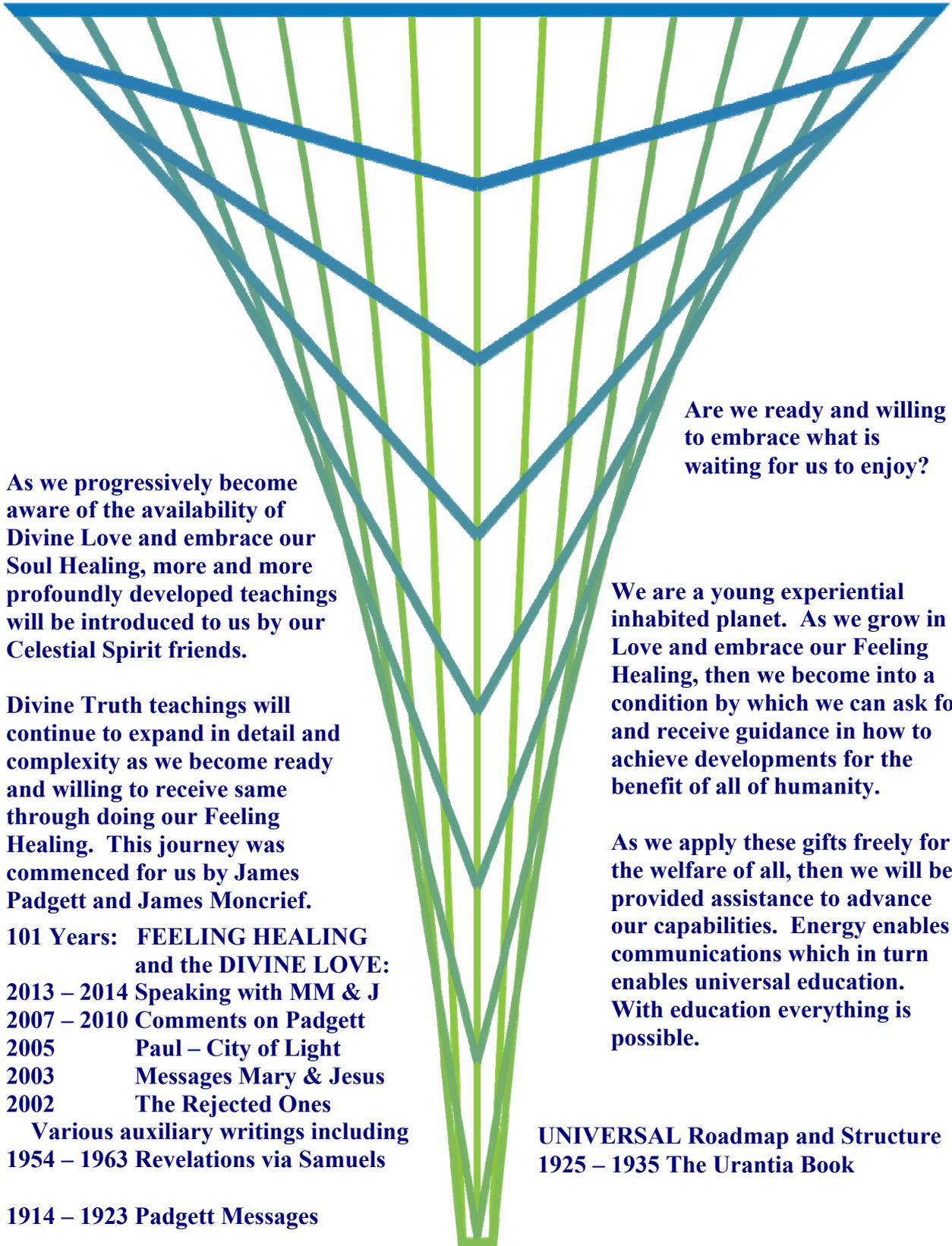
- Pascas Care Letters A Huge Upturn
- Pascas Care Letters Big Revelation
- Pascas Care Letters Feeling Healing Benefits Children
- Pascas Care Letters Feeling Healing Way
- Pascas Care Letters Little Children
- Pascas Care Letters Women's Liberation and Mother

**MEDICAL – EMOTIONS:**

- Pascas Care – Feeling Healing
- Pascas Care – Feeling Healing All is Within
- Pascas Care – Feeling Healing and Health
- Pascas Care – Feeling Healing and History
- Pascas Care – Feeling Healing and Parenting
- Pascas Care – Feeling Healing and Rebellion
- Pascas Care – Feeling Healing and Starting
- Pascas Care – Feeling Healing and Will
- Pascas Care – Feeling Healing Angel Assistance
- Pascas Care – Feeling Healing Being Unloved
- Pascas Care – Feeling Healing Child Control
- Pascas Care – Feeling Healing Childhood Repression
- Pascas Care – Feeling Healing End Times
- Pascas Care – Feeling Healing is Rebelling
- Pascas Care – Feeling Healing Live True
- Pascas Care – Feeling Healing Mary Speaks
- Pascas Care – Feeling Healing My Soul
- Pascas Care – Feeling Healing Perfect State
- Pascas Care – Feeling Healing Revelations X 2
- Pascas Care – Feeling Healing the Future
- Pascas Care – Feeling Healing Trust Yourself
- Pascas Care – Feeling Healing Versus Cult

**PASCAS  
PAPERS**

**DIVINE LOVE and DIVINE TRUTH Revelations and Teachings escalating:**



# Healed potential



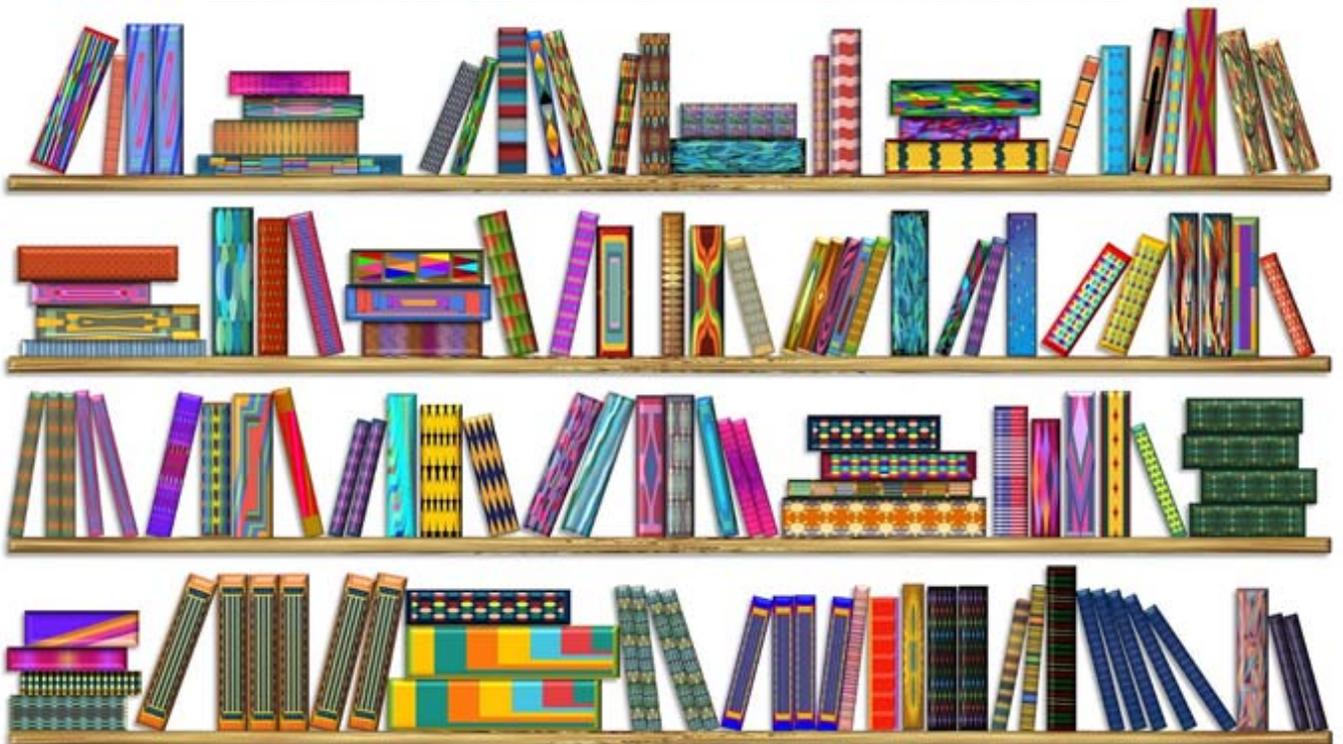
Insightful **Genius**

*Brilliance!*

**DYNAMIC**

**vibrant**

**BOOKS of TRUTH and TREE of WISDOM**



perceived truth MoC 880 – relative truth potential MoC 1,480