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ONE Pathway



ONE PATHWAY

There is one answer for every question. Truth is always the same!

Amazing as that may sound, then why is there this endless debate about everything and yet every issue appears meaningless and pointless? Why is there an endless array of possibilities, yet no clear pathway on anything? Why do we now have more than 25,000 universities with their research faculties when all we end up with is an array of people demonstrating zombiism and walking around in a stupor with no ingenuity or apparent display of initiative? Unknowingly, humanity has been set up to fail by those who were appointed to guide our development. We now can put aside this tyranny and leave the self-destruction pathway we are now on!

Has Science Discovered God?

(Extracts from website: https://y-jesus.com/lp/science-god-article/?utm_source=Google&utm_medium=CPC2&utm_campaign=Has_Science_Discovered_God&gclid=EAIaIQobChMI0-ayxOjo9QIVUR8rCh2VEwMnEAEYASAAEgIKEPD_BwE)

“This discovery and what molecular biologists have learned about the sophisticated coding within DNA have many scientists now admitting that the universe appears to be part of a grand design. (DNA – Deoxyribonucleic acid is a molecule composed of two polynucleotide chains that coil around each other to form a double helix carrying genetic instructions for the development, functioning, growth and reproduction of all known organisms and many viruses. DNA and ribonucleic acid are nucleic acids. Deoxyribonucleic acid is a molecule composed of two polynucleotide chains that coil around each other to form a double helix carrying genetic instructions for the development, functioning, growth and reproduction of all known organisms and many viruses. DNA and ribonucleic acid are nucleic acids.)

“Since the dawn of civilization man has gazed in awe at the stars, wondering what they are and how they got there. Although on a clear night the unaided human eye can see about 6,000 stars (when away from background city lights), Hubble and other powerful telescopes indicate there are trillions of them clustered in over 100 billion galaxies. Our sun is like one grain of sand amidst the world’s beaches.

“But in the early 20th century, astronomer Edwin Hubble discovered the universe is expanding. Rewinding the process mathematically, he calculated that everything in the universe, including matter, energy, space and even time itself, actually had a beginning.

Cosmologists, who specialise in the study of the universe and its origins, soon realized that a chance cosmic explosion could never bring about life any more than a nuclear bomb would—unless it was precisely engineered to do so. And that meant a designer must have planned it. They began using words like, “Super-intellect,” “Creator,” and even “Supreme Being” to describe this designer.

“Physicists calculated that for life to exist, gravity and the other forces of nature needed to be just right or our universe couldn’t exist. Had the expansion rate been slightly weaker, gravity would have pulled all matter back into a “big crunch.”

“We’re not talking about merely a one or two percent reduction in the universe’s expansion rate. Stephen Hawking writes, *“If the rate of expansion one second after the big bang had been smaller by even one part in a hundred thousand million, million, the universe would have re-collapsed before it ever reached its present size.”*

“On the flip side, if the expansion rate had been a mere fraction greater than it was, galaxies, stars and planets could never have formed, and we wouldn’t be here.

“And for life to exist, the conditions in our solar system and planet also need to be just right. For example, we all realise that without an atmosphere of oxygen, none of us would be able to breathe. And without oxygen, water couldn’t exist. Without water there would be no rainfall for our crops. Other elements such as hydrogen, nitrogen, sodium, carbon, calcium, and phosphorus are also essential for life.

“But that alone is not all that is needed for life to exist. The size, temperature, relative proximity, and chemical makeup of our planet, sun, and moon also need to be just right. And there are dozens of other conditions that needed to be exquisitely fine-tuned or we wouldn’t be here to think about it.

“But couldn’t this fine-tuning be attributed to chance? After all, odds-makers know that even long shots can eventually win at the racetrack. And, against heavy odds, lotteries are eventually won by someone. So, what are the odds against human life existing by chance from a random explosion in cosmic history?”

“For human life to be possible from a big bang defies the laws of probability. One astronomer calculates the odds at less than 1 chance in a trillion, trillion. It would be far easier for a blind-folded person—in one try—to discover one specially marked grain of sand out of all the beaches of the world.

“Another example of how unlikely it would be for a random big bang to produce life is one person winning over a thousand consecutive mega-million dollar lotteries after purchasing only a single ticket for each.

“What would be your reaction to such news? Impossible—unless it was fixed by someone behind the scenes, which is what everyone would think. And that is what many scientists are concluding—Someone behind the scenes designed and created the universe.

“This new understanding of how miraculous human life is in our universe led the agnostic astronomer George Greenstein to ask, *“Is it possible that suddenly, without intending to, we have stumbled upon the scientific proof of the existence of a Supreme Being?”*

“Although Einstein wasn’t religious, and didn’t believe in a personal God, he called the genius behind the universe *“an intelligence of such superiority that, compared with it, all the systematic thinking and acting of human beings is an utterly insignificant reflection.”*

“Atheist Christopher Hitchens, who spent much of his life writing and debating against God, was most perplexed by the fact that life couldn’t exist if things were different by just *“one degree or one hair.”*

“Astronomy is not the only area where science has seen evidence for design. Molecular biologists have discovered intricately complex design in the microscopic world of DNA. In the past century, scientists learned that a tiny molecule called DNA is the “brains” behind each cell in our bodies as well as every other living thing. Yet the more they discover about DNA, the more amazed they are at the brilliance behind it. (DNA – a self-replicating material that is present in nearly all living organisms as the main constituent of chromosomes. It is the carrier of genetic information. The fundamental and distinctive characteristics or qualities of someone or something, especially when regarded as unchangeable.)

“Scientists who believe the material world is all that exists (materialists), like Richard Dawkins, argue DNA evolved by natural selection without a Creator. Yet even most ardent evolutionists admit that the origin of DNA’s intricate complexity is unexplainable.

“DNA’s intricate complexity caused its co-discoverer, Francis Crick, to believe that it could never have originated on Earth naturally. Crick, an evolutionist who believed life is too complex to have originated on Earth, and must have come from outer space, wrote;

“An honest man, armed with all the knowledge available to us now, could only state that in some sense, the origin of life appears at the moment to almost be a miracle, so many are the conditions which would have had to have been satisfied to get it going.”

“The coding behind DNA reveals such intelligence that it staggers the imagination. A mere pinhead of DNA contains information equivalent to a stack of paperback books that would encircle the Earth 5,000 times. And DNA operates like a language with its own extremely complex software code. Microsoft

founder, Bill Gates, says that the software of DNA is “*far, far more complex than any software we have ever developed.*”

“Dawkins and other materialists believe that all this complexity originated through natural selection. Yet, as Crick remarked, natural selection could never have produced the first molecule. Many scientists believe that the coding within the DNA molecule points to an intelligence far exceeding what could have occurred by natural causes.

“In the early 21st century, leading atheist Antony Flew’s atheism came to an abrupt end when he studied the intelligence behind DNA. Flew explains what changed his opinion.

“What I think the DNA material has done is to show that intelligence must have been involved in getting these extraordinarily diverse elements together. The enormous complexity by which the results were achieved look to me like the work of intelligence... It now seems to me that the finding of more than fifty years of DNA research have provided materials for a new and enormously powerful argument to design.”



Pentagon Responds to DoD Whistleblowers' Claim of Spiking Disease Rates in the Military after Coronavirus COVID-19 Vaccine Mandate

https://www.theepochtimes.com/exclusive-pentagon-responds-to-dod-whistleblowers-claim-of-spiking-disease-rates-in-the-military-after-covid-vaccine-mandate_4247785.html?utm_source=partner&utm_campaign=ZeroHedge

5 February 2022

Three United States military doctors have blown the whistle on documents allegedly from The United States Department of Defense (DoD) that they had access to, which show “skyrocketing rates of disease” since the introduction and mandating of the CCP (Chinese Communist Party) coronavirus Covid-19 vaccines in armed forces, human rights attorney Leigh Dundas told The Epoch Times.

Dundas was recently approached by Dr. Samuel Sigoloff, Special Forces flight surgeon Lt. Col. Peter Chambers, and Aerospace occupational medicine specialist Lt. Col. Theresa Long.

They handed documents to Dundas, who appeared recently with attorney Tom Renz in a five-hour hearing organised by Sen. Ron Johnson (R-Wis.) titled “[COVID-19: Second Opinion.](#)”

Renz shared some of the numbers related to medical disorders in the [U.S. military data](#) with The Epoch Times. The whistleblowers, who are represented by Renz, gave him the data “under penalty of perjury,” he said during the hearing. Renz intends to submit the information to the courts, he told Johnson.

The DoD responded that the DMED (Defense Medical Epidemiology Database) data from 2016 to 2020 that the whistleblowers brought up was erroneous and incomplete, and is currently under review.

“DHA’s Armed Forces Surveillance Division (AFSD) conducted a complete review of the data contained in the Defense Medical Epidemiology Database (DMED) and found that the data was incorrect for the years 2016-2020,” Maj. Charlie Dietz, a spokesperson for the DoD, told The Epoch Times.

“DMED is a web-based tool to query de-identified active component personnel and medical event data contained within the Defense Medical Surveillance System (DMSS).

“Comparing the DMED database to the source data contained in DMSS, AFHSD discovered that the total number of medical diagnoses from 2016-2020 that were accessible in DMED represented only a small fraction of actual medical diagnoses for those years. In contrast, the 2021 total number of medical diagnoses were up to date in DMED. Comparison of 2021 to 2016-2020 resulted in the appearance of significant increased occurrence of all medical diagnoses in 2021 because of the under-reported data for 2016-2020. AFHSD has taken DMED offline to identify and correct the root-cause of the data corruption,” Dietz said.

Renz responded: “The DoD has claimed that the DMED data from the years 2016-2020 was incorrect. This is absurd. We spend millions of dollars per year on DMED and people monitoring DMED which is one of the premier epidemiological databases in the world. Accuracy in this database is critical as it is used to monitor for health issues in our troops.

“The DoD would have us believe that the DMED database was wrong from 2016-2020 but then magically was corrected in 2021 despite the fact that they had not noticed it was wrong until we pointed it out in our testimony before Senator Johnson. Further, we are asked to believe that in 2020, the year of what they claim to be the greatest pandemic since 1918, and despite the fact that it is documented that

the CDC was also watching this database, no one noticed an error of 20 million-plus injury/disease codes per year,” Renz told The Epoch Times.

“The Department of Defense, the Biden administration is on notice they must preserve these records and this must be investigated,” Johnson said in the five-hour hearing in Washington.

“Renz also informed me that some DMED data showing registered diagnoses of myocarditis (inflammation of the heart muscle) had been removed from the database. Following the allegation that DMED data had been doctored, I immediately wrote to you on January 24 requesting that you preserve all records referring, relating, or reported to DMED. I have yet to hear whether you have complied with this request.” Johnson wrote in a letter ([pdf](#)) to Lloyd Austin, the U.S. defence secretary.

Medical Data

Dundas told The Epoch Times that “in January of 2021, they introduced the vaccine, they mandated the vaccine for the U.S. military members. And in just the first 10 months of that vaccination year, anxiety jumped from 37,000 typically prior to that to 931,791 cases. It was a 2,400 plus percent increase.”

She went on to say that breast cancer was “pretty formulaic,” ranging from 500 to 900 cases for the five years prior to the introduction of the mandatory vaccination.

“First 10 months or 2021. They were at 4,068 cases. Again, it was about 450 some odd percent increase.

“Female infertility 2,200 cases a year a bad year would be 2,300 cases a year, first 10 months of 2021 after the vaccine 10,713 cases.”

Even diseases that have not been connected so far with the vaccines saw a dramatic spike.

“Esophageal cancer in the U.S. military. Very, very minimal. Twenty-five, 26 cases, maybe a bad year is 39 cases. Jumps to 200 plus cases,” Dundas said.

“January acute myocarditis was in 176 cases, but now it’s practically down to 70 ... bad that stuff going on,” she continued.

“Bell’s palsy 400 cases a year on average in the first 10 months of 2021 over 1,300 cases. Cognitive issues way up altered mental status way up. Congenital male malformations doubled.

“HIV 400 cases on average [per year] and now over 2,400 cases in the first 10 months.”

Miscarriages

According to the whistleblower documents, miscarriages in the military were at 1,400 to 1,500 a year in the first three quarters of 2020, and it increased to over 4,000 during the first 10 months of 2021.

The Epoch Times reached out to Dr. Christiane Northrup, a board-certified obstetrician-gynaecologist with more than 30 years of experience and the former president of the American Holistic Medical Association.

Particularly alarming is the increase in miscarriages, she said.

“Here’s what we were finding—starting in April of 2021. All of us in the five Doc’s group, Dr. Lee Merritt, Dr. Carrie Madej, Dr. Sherri Tenpenny, and Dr. Larry Palevsky, and me. We were hearing stories from all over the country about women who were having abnormal bleeding, miscarriages, and stillbirths, just from being around the people who had recently had the shot,” Northrup told The Epoch Times.

“We all got together and we said, Wait a minute. We’ve got to study this,” Northrup went on.

“People that I knew in the fertility business, we’re finding that all these women were having problems. I was getting a lot of personal calls. ‘What do I do?’ ... we were very concerned.”

Michael Yeadon, the former Pfizer vice president and chief scientist for allergy and respiratory research, and Dr. Wolfgang Wodarg issued a petition for administrative action regarding confirmation of efficacy on several of their findings regarding the CCP (Chinese Communist Party) virus vaccines.

“We detailed a series of mechanistic toxicology concerns which we believed were reasonable to hold, unless and until proven not to occur,” Yeadon told The Epoch Times.

“Among those was that adverse impacts on conception and ability to sustain a pregnancy were foreseeable,” he added.

“It’s important to note that none of these gene-based agents had completed what’s called ‘reproductive toxicology.’ Over a year later, this battery of tests in animals still has not been done. So there was and still is no data package supporting safety in pregnancy or prior to conception.”

One of the whistleblowers, Dr. Pete Constantine Chambers, has been practicing medicine for 25 years, 16 of which he served as a flight surgeon attached to Special Operations.

“Here is a question that troubles me,” Chambers told The Epoch Times via email.

“After having my orders cut short leaving me no medical insurance coverage, losing my pay and leave that I had accumulated without any forewarning for exhibiting the Army Value of Personal Courage, and practicing the safe standard of care medicine by an entity I have served for so long; 1) What will happen to my enlisted troops? 2) How many? How many soldiers and airmen will experience adverse reactions, some of which result in disabilities or God forbid, death.

“One might call a provider such as myself an ‘anti-vaxxer.’ Nothing is further from the truth,” he further noted.

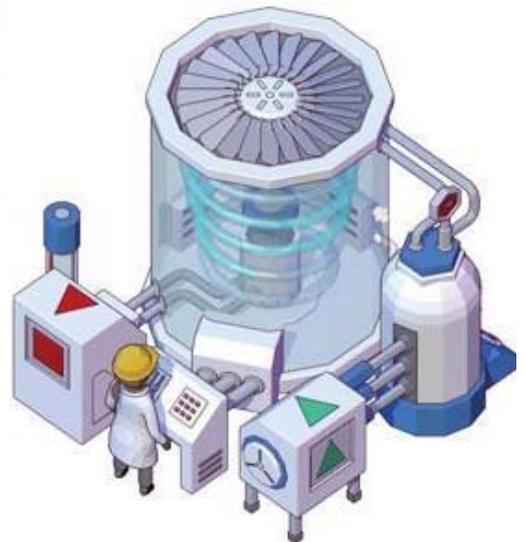
“I took the full course starting in January. I trusted my government and medical leaders. I have taken every vaccine the Army has given me since my first day as a private, in 1983. However, I too have experienced adverse reactions and am currently in the care of medical specialists exploring the signs and symptoms post second vaccine as well as the ominous finding on my brain MRI.

“I love my country, my state, and the heroes I work with and for. I believe all Americans are worth the sacrifices we make to keep us safe. I also believe as a provider in the first stanza of the Hippocratic Oath; ‘First of all, do no harm.’”

PHARMACOLOGY



AGE 0-4	4-12	12-18	18-24	24-38	38-65	65 —
AMOXICILIN	RITALIN	APPETITE SUPPRESSANTS	NO-DOZ	PROZAC	VIAGRA	EVERYTHING ELSE



Two hundred thousand years of wrong living:

Earth's humanity was induced to embrace living mind centric as being the pathway to all things possible, to even becoming mini-gods! This required ignoring our feelings, suppressing our feelings, which results in our true personality and potential being literally hidden inside a steel wrecking ball. To ensure this misperception prevailed, the male was led to make the female subordinate to him, as women are closer to their feelings than men.

We have all being living untrue. This has brought about all the dire consequences we see around us every moment of our life. All the difficulties we experience are of the consequence of not living true to our feelings. Everything that unfolds that is distressful for each of us is to prompt and lead us to embrace our feelings – and that includes ALL disease, illness, pain and discomfort!

Our FEELINGS are our SUPREME GUIDES:



Feelings are what guide us through our ascension of truth. So they are really our Supreme Guides. Many people look for a person, spirit, angel, even God, for supreme guidance, however it's all right there already built in – in our feelings. **We just have to submit to them, allowing them to take us where they will, expressing all the parts we want to express, letting the emotion drive that expression if it's there to be expressed, or just talking about all we feel and how feeling that feeling is making us feel – or, how we feel about having that feeling, all whilst longing for the truth of our feelings. Longing for the truth of our feelings is really: Longing for the truth of our self, because: we are our feelings. So life stirs up our feelings, we feel being alive; or, being alive means we are feeling, always feeling; and when we work out what and why we are feeling what we are, so then we know the truth of how we are. And over time the truth accumulates, and our mind expands our understanding of ourselves, all being driven from our feelings.** Kevin 26 September 2017

Kevin died 10 August 2012, through Feeling Healing became Celestial on 7 August 2017
Kevin is John's brother-in-law, Kevin was a carpenter.

Using our feelings to uncover the whole truth of our negative or anti truth and anti love state.

Kevin, 1st Celestial Heaven: **So whilst we're of an untrue state, then all we have got to help us understand why we feel bad, why we are wrong, why we are negative and anti love and truth, is our feelings. So if we focus on our bad feelings, they will lead us to the truth of why we're feeling bad. Which will be the truth of what happened to us to make us be this wrong way, and how we took on the wrong way and keep it going making us feel bad.**

Childhood Suppression

The soul does it all. The soul is a duplex, two personalities being manifested into the physical by our soul.

Soul light continually flows from the soul through our spirit body levels and into our physical.

Return light being the experiences of our physical existence.

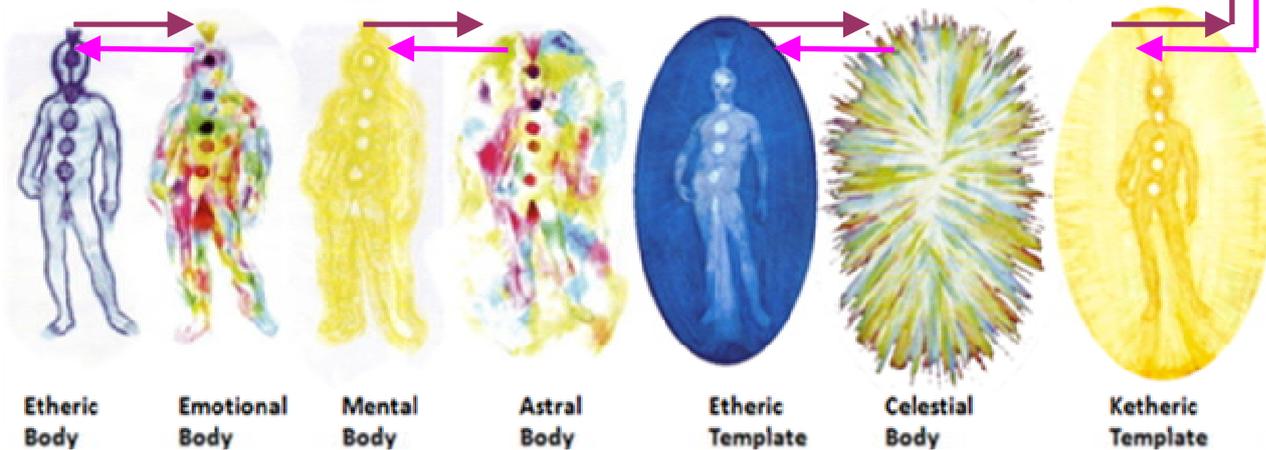
SOUL



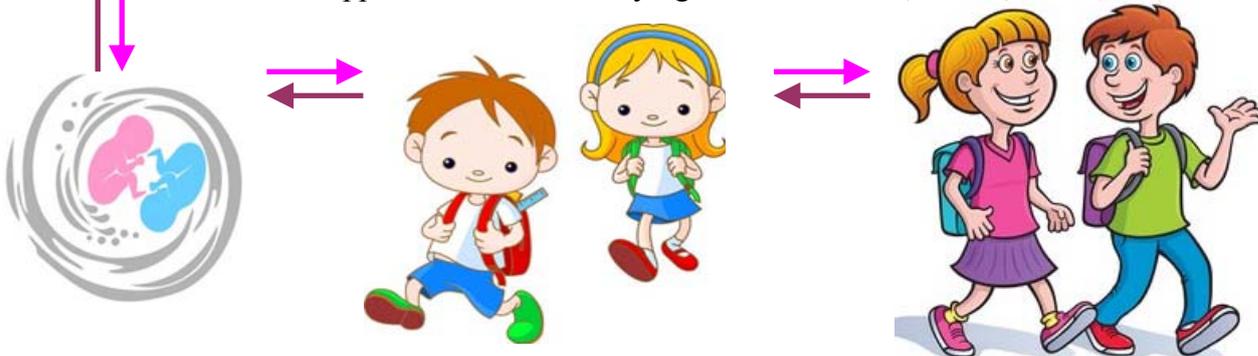
Childhood suppression imposed upon us by our parents and carers causes retarded light to return to our soul bringing about imbalance, reflecting emotional injuries and errors of belief. This imbalance is the cause of all our difficulties throughout our adult life and also all of our health issues.

SPIRIT BODY

Brennan Model of the 7 Levels of the Human Energy Field



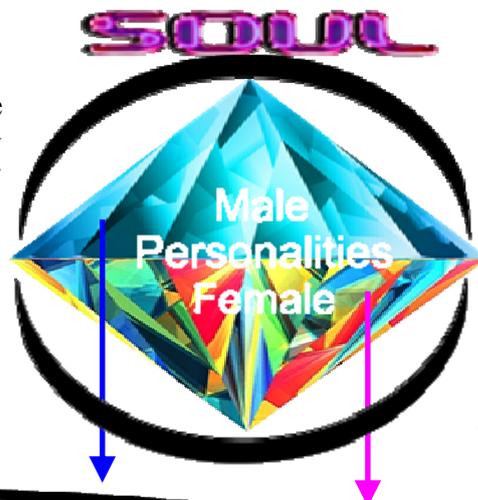
Every experience is recorded through the light returning through our spirit body and back to our soul. What emotionally injures we experience, commencing from conception, has to be expressed emotionally to heal the imbalance in soul light so that harmony and health can be achieved in our spirit and physical bodies. Childhood Suppression is the underlying cause of disease, illness, etc.



Childhood Suppression

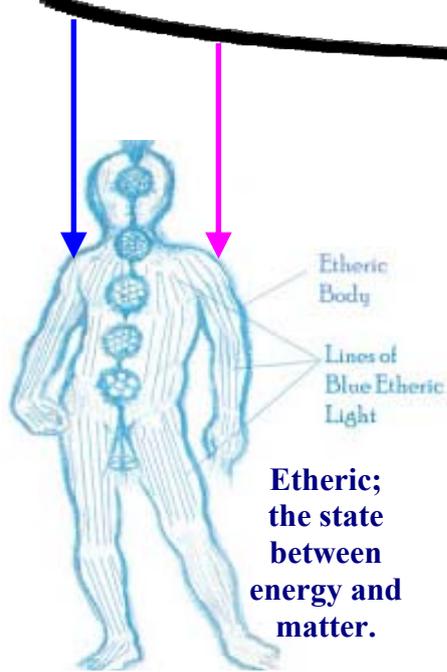
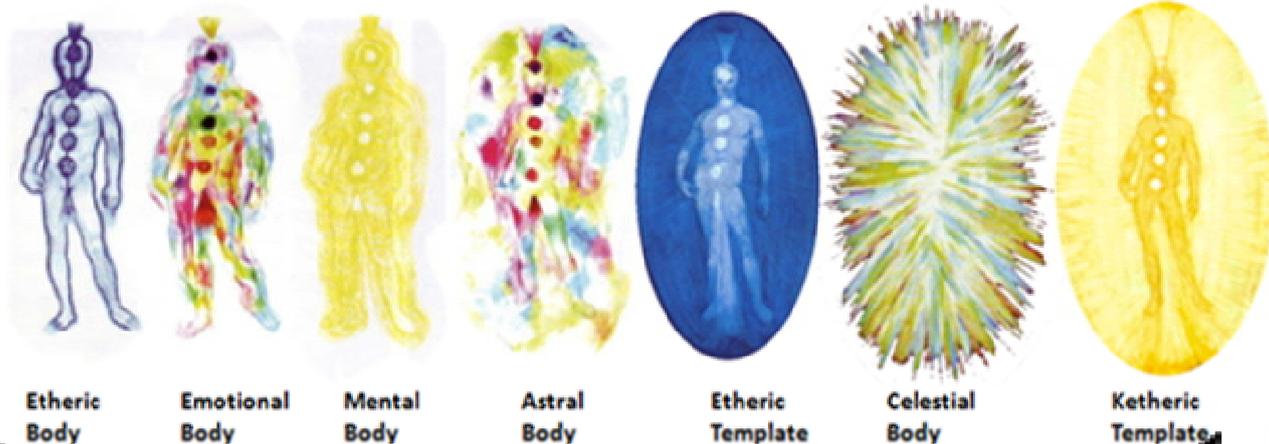


Childhood Suppression – from conception to age six years – harmfully encrusts the soul, thus impeding light flow throughout all seven layers of the spirit body, damaging the genes within the spirit body which in turn damages the genes in the physical body, as well as setting the pattern for all of our physical health issues throughout our lives.



SPIRIT BODY

Brennan Model of the 7 Levels of the Human Energy Field



Etheric; the state between energy and matter.

The spirit etheric body is the template for our physical body, however, no health care system or science considers that the underlying cause of any health issues are formed through our Childhood Repression and that no physical healing occurs without expressing our childhood suppressions, being feelings both good and bad and then longing for the truth behind these injuries. Medicine may suppress the pain – it does not and cannot cure – vaccines are extreme physical suppressions!



The pain from ANY illness will not exceed the pain experienced during our Childhood Suppression!

We fear our childhood memories!



Intimidating verbal abuse

TERROR

FEELING HEALING

When we become fully healed of our Childhood Suppression, we no longer have the need to experience discomfort, pain, illness and disease. All illness and disease is to do one of two things, either to cause us to go deeper into our wrongness or to assist us to draw away from our wrongness which is to heal our childhood suppression.

Yes, you are now being told that the overarching cause of the some 10,000 diseases and illnesses that the medical profession have catalogued all have a common cause and that is Childhood Suppression which begins from the moment of conception and continues to the moment when our Indwelling Spirit arrives during our sixth year.

"Talk it Out"



There is only ONE cause of illness and there is only ONE way to permanently heal and that is through our personal Feeling Healing which is by talking it all out to a compassionate companion. We are to express all our feelings, both good and bad, and whilst expressing such feelings we are to long for the truth of what they are to show us. The surface suppressions of emotional injuries and errors of belief will all lead us down into our childhood suppression which we have been repression throughout our adult life.

What enters emotionally is to be expressed emotionally.

What unfolds for those that make this journey is that the greatest fear that may eventually surface are our childhood memories. All of our experiences are held within our memory and that will take us back through our very earliest childhood days, back into the womb, and to the moment of conception. Nothing is lost or forgotten.

Worst thing for our children are their parents!

We are in Pain because of our Unloving Childhood!

All Lies are shown up as pain!

We are to Find the Truth of our Childhood.

James Moncrief – Sunday 8 September 2019

We are to Find the Truth of our Childhood.

That's it; and find it through our feelings by directly connecting, feeling, experiencing, and most importantly, knowing they are true by being them. We ARE our childhood, the truth is already there, it is already within us, we are already living it, we don't have to look anywhere else for it other than within ourselves. All of why you are what you do, say and live, everything about how you are and how you conduct yourself in life, is all what your childhood was. You grew into being the adult you are because of the childhood you had, we can't be a different adult that's not a direct and complete product and result of our childhood. And if you take away the time element, we are still our childhood, our life is still manifesting how it was for us as a child. We can believe and pretend all we want that we are different to how we were as a child, that having become adult we can leave our childhood behind and move on becoming the adult we want to be. No, we think we can do that, yet we can't. We can't do anything that's not already done, we are still effectively living our childhood and being as we were in it, and that's within all the different times and phases of it, all which adds up to being one big, often contradictory, mess of ideas, beliefs and opinions about ourselves.

And we can't be anything else other than what we are, which is how it was for us through our childhood, yet we fail to see it because we're not fully connected with those parts of ourselves and all the corresponding feelings that will help us see it. So we are to find the truth of ourselves – hence: the truth of our childhood. Because in knowing the whole truth of our childhood and being it, being aware that we are it, connects us as adults fully with ourselves back then. You know how it was for you, because you feel it, your feelings tell you, show you, and there's no avoiding or denying them, because they are expressing (by making you feel) the truth of how it was for you, how it has always been since conception, and how it will remain until the Mother and Father transform you out of your untrue state – out of your unloving childhood.

So our Healing is about finding the truth of ourselves from the beginning, which equates to the truth of our whole childhood, because it's our childhood that made us be as we are. And because we were so heavily interfered with and prevented from being our natural true selves, so we have to 'Heal' all the damage that was done to us. Healing ourselves by seeing the truth of ourselves. So by acknowledging all our feelings, and by wanting to find and uncover the whole truth of our childhood, we work progressively deeper into ourselves, bringing to light all that happened to us to make us be as we are. And part of that is to help us see how much of our childhood and forming was true and loving, and how much was untrue and unloving.

And presumably, once we've brought to light within us the whole truth of our childhood, then the good, true parts, those founded on true love, will remain; and the bad, that which was founded on untruth, will be transformed out of us by God through our soul.

As a forming and developing child, we don't have enough of ourselves to find and so experience the whole truth of what's going on. But as adults we do. And if we grew up in a fully true and loving situation and environment with only loving and true relationships, then as an adult that's how we'd be feeling completely loved and true, happily wanting to bring to light all the positive influences that affected us through our childhood, all of which would be a very enjoyable and loving experience. Whereas because we grew up in rebellion against Truth and Love being forced to be mostly untrue and unloving, and even possibly completely untrue and unloving, then it's not enjoyable going back bringing to light and expressing all our hurt and pain.

We start out not knowing anything about how it is for us through our childhood; or at best, a minimal amount as some people and families are more feeling expressive and self-aware. And through our Healing we have to get to know it all, because we are it, so we're getting to know ourselves – which for many people will equate to getting to know their shit-start in life. And once we've brought to light the truth of our childhood, then we can leave it, moving on bringing the truth to light of being a true adult. Which is what The Urantia Book means by saying we become true universal spiritual citizens once we are living a Celestial level of truth. So the Mansion Worlds are really provided for us to uncover the truth of our childhood, to see how it was for us, and consequently, how we lived as a child. And they are really only for that, and not so much for us to set about righting all that we find out is wrong within us. We are to only see and so uncover the truth of ourselves. As far as fixing ourselves, or changing or transforming ourselves, that is up to God.

The Mansion Worlds are called probationary worlds, ones in which we can settle the Law of Compensation within our untrue states and continue living against ourselves and the Truth, furthering our truth and self denial; and ones in which we can do our 'Healing' to see the whole truth of our untrue state. Which we can now do either in the Mansion Worlds themselves, or on Earth.

So there is no avoiding the truth of your childhood if you want to ascend beyond the Mansion Worlds. And the fact that none of the spiritual or religious systems on Earth are wholly devoted to helping people bring to light the truth of their childhood through their feelings, shows what a terrible state we're all in. Imagine if the whole world was focused on helping everyone bring to light the hidden truth of themselves, and so the truth of their childhood. It certainly would be a different way to live and so a different world we'd live in.

We can't actually fix anything from our childhood. We can't, only God can. And God will when we've brought to light all the truth of it that God wants us to see. We can undergo therapy (and some truth might come to light), go to the doctor, do whatever we do trying to feel better, all trying to get rid of our bad childhood, all trying to fit in with the beliefs we have from our childhood of how we should be in the world, yet it's only at best scratching the surface. God, through our soul, won't allow us to change anything from our childhood anyway, at least not until we've seen and brought to light and fully connected through our feelings with all the truth of it. There'd be no point God subjecting us to such horror if we could make it all go away before we found the truth of what it was all about and why God made our childhood as it was. So we can do a little, or so we think, adjusting ourselves this way and that, however even those adjustments we come to see through our Healing are 'allowed' because we're still just doing them within our prevailing childhood patterns. And there are what seems like endless levels within us of which we're composed, which you would expect because of the enormity of being God's children, and so there's quite a scope for us to move or play around in entertaining ourselves by believing we've changed the foundations and results of our childhood. So as we can't actually change ourselves, all we can do is want to uncover the truth of our childhood and live that truth. All of which involves vast amounts of self-acceptance, which gradually comes with the truth, growing in the acceptance that this is how you are, how God wants you to be having this experience, given the childhood you had, and there's nothing you can do about it. Other than keep on expressing every feeling that comes up, as you long for the truth of your childhood, wanting to live true to yourself.

How is it for you if you are Truly Honest with Yourself?



- ♥ You truly love your children, devoting yourself to them, wanting nothing more than for them to grow up and be as they want to be?

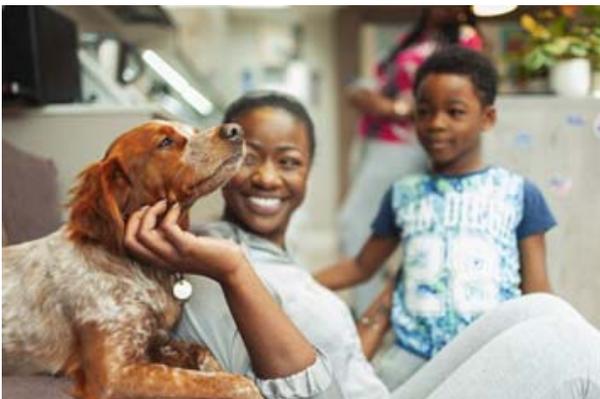
- ♥ You believe you truly love your children, believing you are devoted to them, wanting them to be as you want them to be?



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- ♥ You love your child more than you love your pet?



- ♥ You love your pet as much as your child, treating it as if it is another child?

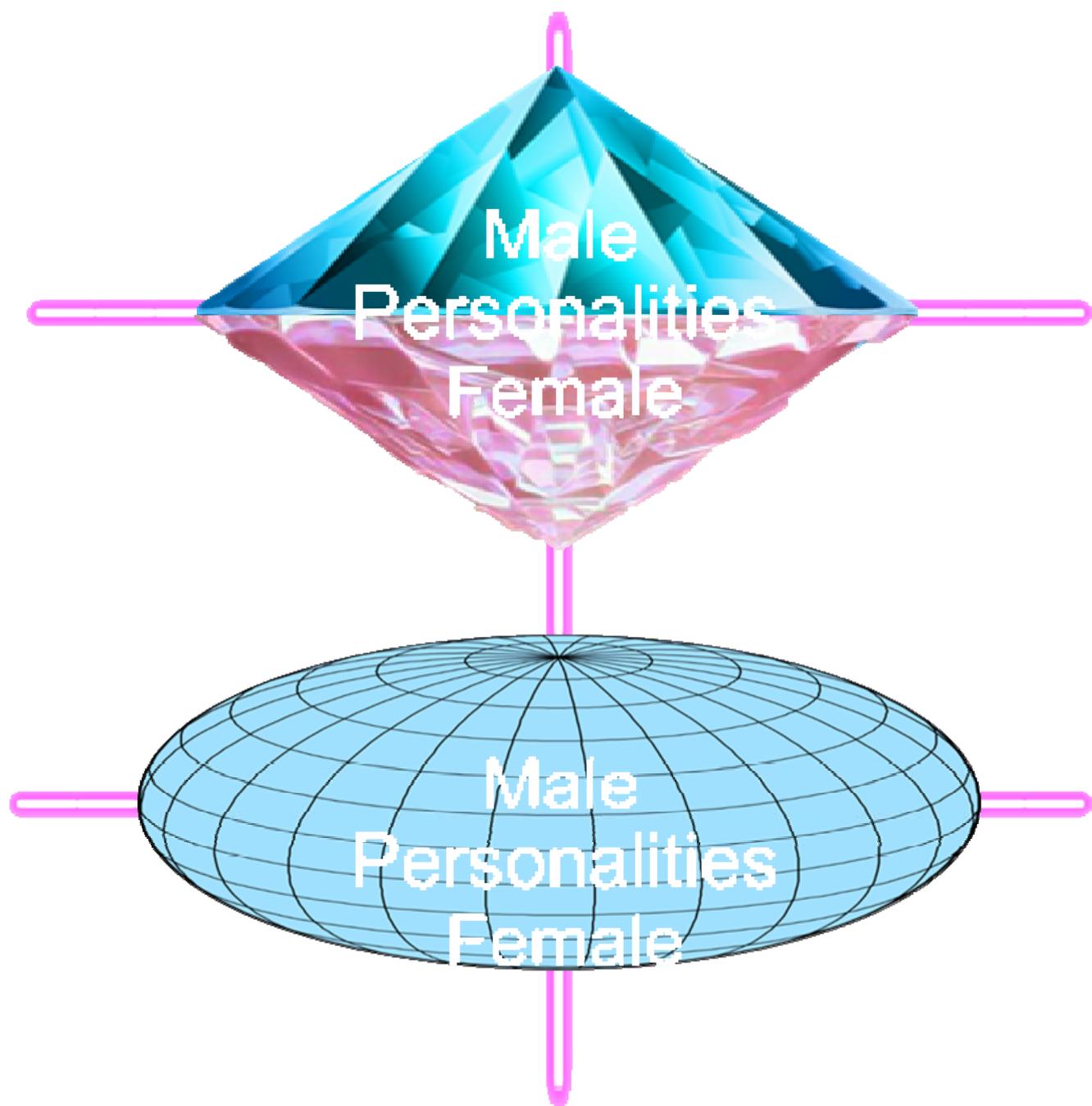


- ♥ You love your pet more than your child?



By living true to ourselves, true to our feelings, we are living true to God. It's that simple.

SOUL is a DUPLEX

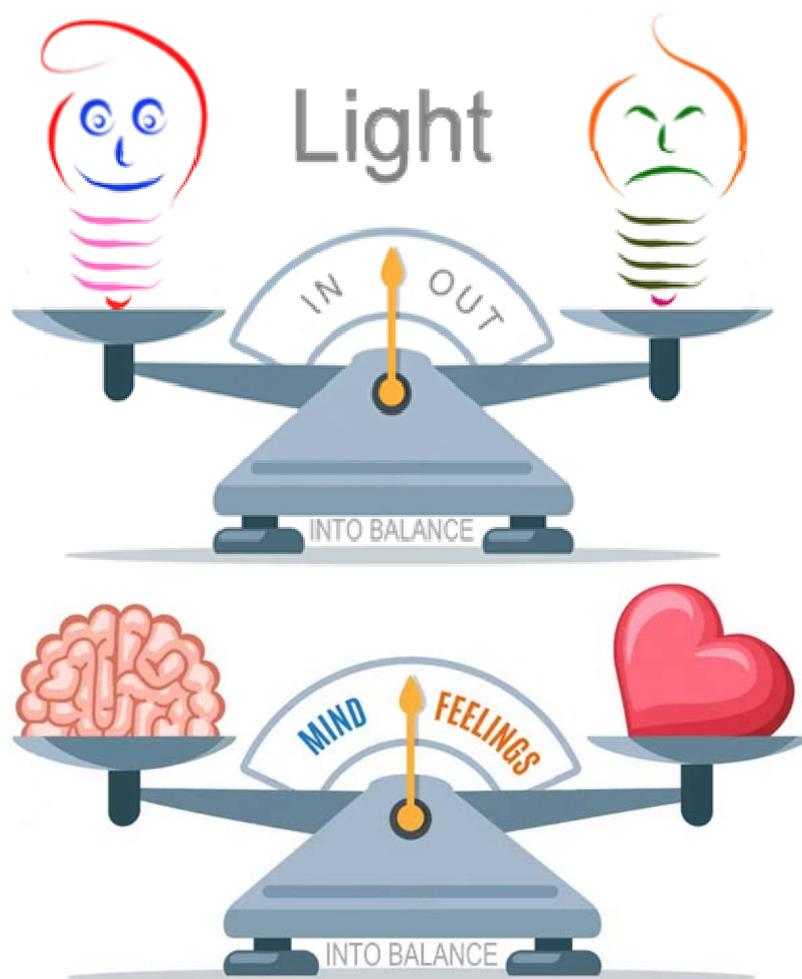


HUMANITY is STUPEFIED!

Prior to the moment of conception, we were of perfect Natural love. As light has its equivalent in energy, which is also a level of truth, and truth is love.

Utilising Dr David R Hawkins’ Map of Consciousness, we can thus understand that being of perfect Natural love is 1,000 on his Map of Consciousness (MoC) scale, which is based on the common log of 10. It is not a lineal scale of 1 to 1,000, being based on the common log of 10, then each step or 1 point up the scale is a 10 fold increase. A 3 point increase is the equivalent to 1,000 times your prior calibration of your personal condition of consciousness.

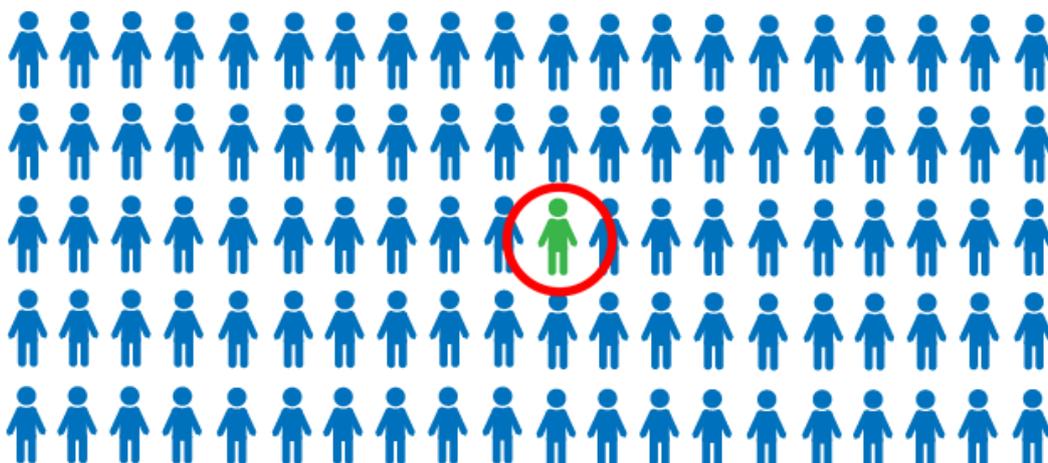
As we are each conceived through the actions of our parents, from the moment of conception (which is about 16 days before incarnation when our newly forming foetus commences to pump blood), we are literally fire hosed with the emotional injuries of our parents and their personal errors of belief – our calibration on the Map of Consciousness (MoC) tumbles. It is a most horrifying experience!



Consider this is your calibration. Now you embrace some truth and you progress 1 point.

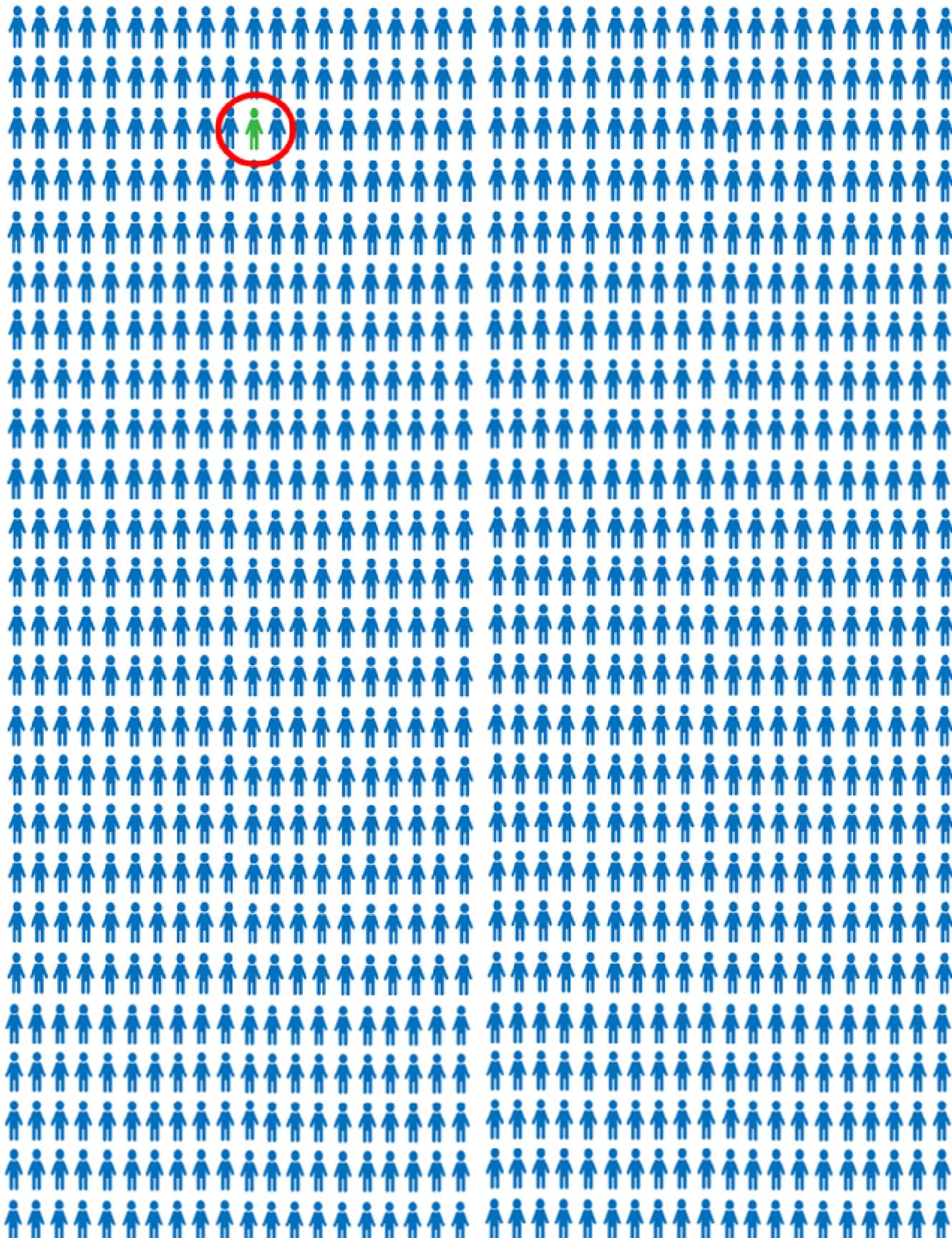


You are now 10 fold the level that you were.



You embrace more truth and you have moved up 2 points, which is a one hundred fold increase in your consciousness calibration on the MoC. This is easy to calibrate using kinesiology muscle testing.

A 3 point increase on the MoC scale, being the common log of 10, is a one thousand fold increase in energy, consciousness, truth and love. Reading and embracing truth of the nature of these writings can result in your consciousness growing at this rate – and even greater!



Thus, a small change in consciousness level is, in fact, massive when it comes to our vibrancy, truth and quality of life. There is no greater goal that we can each embrace other than for TRUTH. We are TRUTH seekers and it is TRUTH that has its equivalent in LOVE.

Our parents and those close by them, are not aware of our presence at the time of conception, and yet we are infused with all they have had impressed into them from the time of their own conception, through their gestation period, through their childhood forming years, and so on. We get all of their injuries and idiosyncrasies as they typically believe that they have to make us into clones of themselves (our control addiction!). This is how it has been for thousands of generations stretching over hundreds of thousands of years. This is why humanity is evolving at a snails pace – if that!

For the past 200,000 years we have been influenced to live mind centric. That is the greatest disaster we can impress upon our children – yet that is how we ALL live, everyone of us! Some ego-centric high level spirits from within our local universe of Nebadon fell in love with their self-importance and influenced Earth's humanity to follow them into living through their minds. We were convinced that through our minds we could become mini-gods so to speak and that we could achieve great heights. In fact, Earth's humanity is one of thirty seven humanities that have been seduced into such a dreadful error. Each of these thirty seven worlds are isolated from each other and from all of the worlds that did not follow into the Rebellion.

Consequently, each new generation is drawn into the Rebellion and Default to the level that our parents have been. We fall from the perfect condition that we are just prior to conception to the level that our parents are at by the time we are six years of age. If it is not of our parents, then it is the level of one or the other, should they be at differing levels. Using Dr David R Hawkins' research and the Map of Consciousness, we fall from perfect Natural love calibration of 1,000 to around 220 which is what Earth's humanity calibrates overall at, in the year 2022. At conception we are in perfect Natural love and so is the newly forming embryo. The embryo is without any deformity, illness or any other issue.

At conception, we are in the highest levels of condition of the 7th spirit Mansion World. Today, you and I are in the mid ranges of the 1st spirit Mansion World condition. Should we be below 200 in our calibration then we are in the deep hells. As all of Earth's humanity is in isolation from all other humanities, it is not until we progress beyond the 7th spirit Mansion World soul condition that we actually leave the 'hells'! While we live through our minds then we remain in the hells.

We never consider that we each are within the hells, however, that is what we are experiencing. Consider our daily news and all we hear is insanity, stupidity, disaster and moronic behaviour. Our sciences have advanced so wonderfully well that we can destroy each other all over the planet with the push of buttons – and the planet while doing so. That is not going to happen as that is not allowed!

So, here we are; like mother, like daughter, and like father, like son:



Here is the GLASS CEILING that we can put aside:

Living mind centric and suppressing our feelings, as we all do due to the fact that is how our parents were taught to live, we cannot progress beyond 499 on the Map of Consciousness (MoC). The field of 400 to 499 on the MoC is classified as REASON.

A demonstration of 499 on the MoC is that is the peak calibration of many of the world's pre-eminent scientists. These people being the clearest demonstration of mind controlling way of living.

Yes, there are those who embrace their feelings and pass 500. Nurses are one such group who frequently live a life calibrating above 500. Those who demonstrate extra-ordinary healing skills are often calibrating above 500.

How the GLASS CEILING is imposed throughout society:

Humanity on Earth can be calibrated overall. The people of each country can be calibrated as a single group. In the same way can the population of a city, town, suburb, street, building, etc., be calibrated.

All institutionalised systems have been developed and imposed upon us with the architecture imposed upon us by these hidden controllers, the rebellious Lanonandek class of spirits from within Nebadon.

Political systems are all structured to ultimately hold us from evolving past 499 on the Map of Consciousness, this being the peak level of those living within the 1st spirit Mansion World.

We look at various political systems around the world and falsely 'assume' that some systems are superior to others, yet they all constrain the people subjecting them to mediocrity.

Every country has an overall calibration of its people. One would anticipate that the political representatives elected by a nation's people would be of a higher calibration than of the constituents overall – after all there is a selection process. The parliamentary representatives of a nations people are typically calibrating lower than the people overall! The selection process for leadership and management of business corporations is far more refined and constructive than the process for selecting parliamentarians to represent the people of their nation. In fact, it is a minority that shine while most are essentially corrupt or become corrupted.

Leadership, be it political, commerce, science, education, health or any other modality, needs to be through people within these three categories:

- MoC 470+ These people debate and resolve issues and determine what is to be implemented and attend to such decisions without delay or the need for follow up.
- MoC 440+ These people constructively argue and debate upon what is being considered, embrace what is mutually agreed to and implement the decisions in due course but promptly and efficiently.
- MoC 410+ Management may argue strongly but will reach an agreement and hold to that agreement but may need to be followed up on occasionally.

Those calibrating below 400, in the range of Acceptance, will tell you what you want to hear, will be enjoyable conversationalists and generally misleading in their support – you are now amongst people that need to be managed – they are not leaders yet you are now engaging with those who may have aspiration for politics. Our hidden controllers have every facet of our life suppressing our potential with their control. It is time to pull the network apart and replace it with truth, loving platforms.

MAP OF CONSCIOUSNESS

Map of Consciousness from Dr David R Hawkins, M.D., Ph.D. "Power vs Force".

Level	Log
ENLIGHTENMENT	700-1000
PEACE	600
JOY	540
LOVE	500
REASON	400
ACCEPTANCE	350
WILLINGNESS	310
NEUTRALITY	250
COURAGE	200
PRIDE	175
ANGER	150
DESIRE	125
FEAR	100
GRIEF	75
APATHY	50
GUILT	30
SHAME	20

PERSONALITY TRAITS:

Less than two dozen people on planet Earth.

Would not pick up a weapon let alone use it. These people gravitate to the health industry and humanitarian programs.

Debate and implement resolutions without argument and delay. 470

Debate and implement resolutions in due course. 440

Debate and implement resolutions with some degree of follow up generally needed. 410

Management supervision is generally necessary.

Politics become the hope for man's salvation.

Cause no harm to others starts to emerge. Power overrides force. Illness is developed by those man erroneous emotions that calibrate 200 and lower.

Armies around the world function on pride. Force is now dominant, not power.

Harm of others prevails, self-interest prevails.

Totally self-reliant, not God reliant.

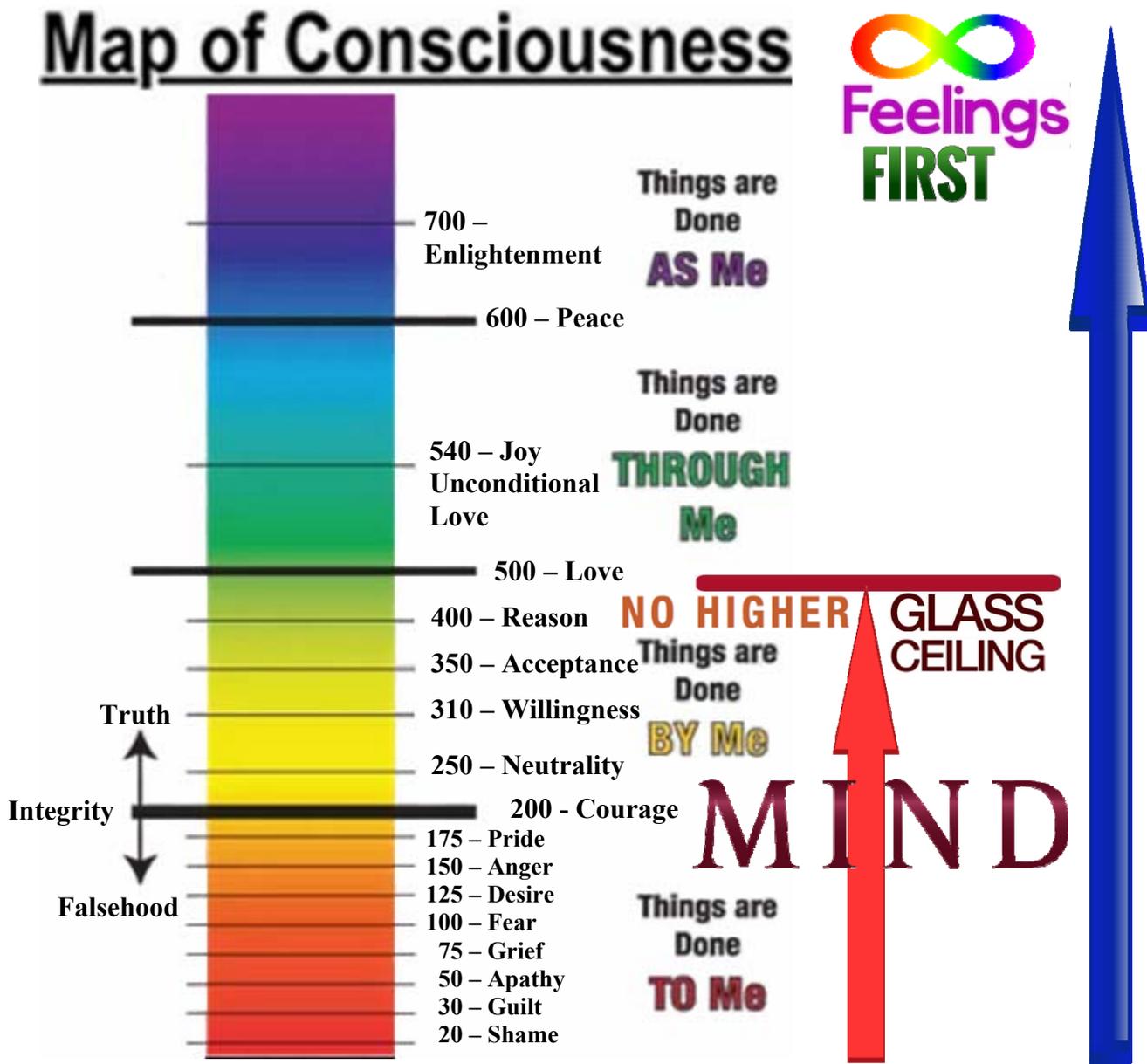
Fear dominates all motivation.

Suicide is possible and probable.

At these levels, seriously harming others for even trivial events appears to be justifiable.

Poverty, unemployment, illness, etc., this is living hell on Earth.

We have all been guided and taught, from the moment of conception through to our death, to be mind centric, to worship our minds, to believe that through our minds we can achieve all heights of excellence and wonderment, even to become mini-gods. This we adhere to by suppressing our feelings, ignoring our feelings, all the time when it is our feelings that is our doorway and path to freedom, ingenuity, intuitiveness and evolutionary progress. We are fully self-contained. Our feelings are always in truth! Our feelings are to guide us, lead us, be our beacon of light, and our mind is to follow in supporting and assisting in implementing what our feelings are prompting us to embrace. Feelings First is how we are to live. It is through living feelings first we enter upon the pathway to Paradise – the one and only pathway that there is!



The process of using kinesiology muscle testing in conjunction with Dr Hawkins' Map of Consciousness takes only a minute or so to calibrate the level of anyone and anything as well as the level of truth or lack of truth of any statement or document. Kindly download the PDF from www.pascashealth.com by going to the Library Download page and scrolling down to Medical:

 [Pascas Care Kinesiology Testing.pdf](#)

Kinesiology muscle testing can assist in discerning what is in truth and what is in error, and calibrating the information in conjunction with the Map of Consciousness (MoC) helps in locating information that is at the highest possible levels of truth for Earth's humanity as it now is. Consider the following from the Medical Spiritual References:

 [Rejected Ones via James Moncrief.pdf](#)

 [Soul Light book 1 via James Moncrief.pdf](#)

 [Soul Light book 2 via James Moncrief.pdf](#)

There are two levels of calibration for such material, firstly there is the perceived level of truth and secondly there is the potential level of truth. Generally speaking, the perceived level of truth of the Pascas Papers is 880 MoC and the potential level of truth is 1,480 MoC. 880 is in the realms of the 5th healing Mansion World, and 1,480 is in the realms of the 3rd Celestial Heaven.

We are truth seekers and our one pathway is TRUTH and we now can use kinesiology muscle testing to avoid what is not in truth and then eliminate that which is only marginally in truth – which is pretty much everything!

MoC	No. of Countries	Average MoC	Average Life Expectancy	Human Development Index	Happiness Index	Education Index	Per Capita Income 2020
400s	10	406	78.50	0.939	6.8	.861	US\$54,010
300s	13	331	71.77	0.798	5.9	.684	US\$17,827
200s	10	232	69.45	0.759	5.8	.648	US\$16,972
High 100s	18	176	69.00	0.724	5.2	.639	US\$9,900
Low 100s	7	129	61.88	0.653	4.7	.567	US\$2,628
Below 100	11	66	52.73	0.564	4.2	.488	US\$2,658
WORLD		220	70				US\$10,900

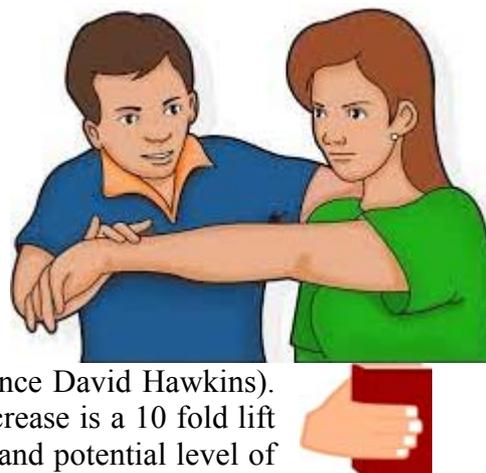
This simple chart points out clearly that our quality of life dramatically improves with free and in truth education. Earth's humanity is yet to be provided with an education system presenting truth to its students! NOW, we can open the door to universal education that can take all of humanity over the threshold of 500 and create the era of world peace that we all long for. Further, as those embrace and then complete their personal Feeling Healing, we will have those amongst us living in a Celestial Soul Condition who may then function as a Council of Elders for all of Earth's humanity. It is now possible! Never before in the history of Earth's humanity has this potential and opportunity ever been available.

THE TRUTH WILL SET US FREE, BUT FIRST IT WILL MAKE US MISERABLE!



Holding a book over our solar plexus muscle area, and holding in mind Dr David R Hawkins' Map of Consciousness, through kinesiology muscle testing, we can calibrate the level of truth of any book before reading it. We may generally find that what we have been reading is calibrating around the 400s (region of Reason and 1st spirit Mansion World levels). Once we start testing, then we move towards books in 500s, then 600s, then eventually we become interested in only those books calibrating over 800! There are now not many to choose from. The Bible

(King James Bible from the Greek) calibrates around 475 (reference David Hawkins). Note that the scale is based on the common log 10 – a 1 point increase is a 10 fold lift in energy and truth. There is a perceived level of truth, say 880, and potential level of truth, say 1,480 – this what the Pascas Papers generally calibrate at.



As we realise the truth of Albert Einstein's observation that "no problem can be solved from the same level of consciousness that created it", then we can comprehend that what is unfolding NOW for Earth's humanity is the biggest event ever in history for us.

NO PROBLEM CAN BE SOLVED
FROM THE SAME LEVEL OF
CONSCIOUSNESS THAT CREATED
IT.
-ALBERT EINSTEIN

We, being of Earth's humanity, can be viewed as the local people. We have been spiritually guided by higher level personalities from within our local universe of Nebadon of which Earth is one of the 3,840,101 inhabited worlds within Nebadon. We can view Earth as a 'state' within Nebadon being 'federal'. When you consider Nebadon overall, being one of 100,000 local universes throughout our super-universe, then you have again the need for yet an even higher level of administration and corresponding consciousness.

Following Andon and Fonta's life on Earth 993,500 years ago, spiritual guidance for Earth was assigned to the Lanonandek class of spirits from within our local universe of Nebadon. The System Sovereign was assigned to higher ranking Lanonandeks and Planetary Prince status to lower ranking but still extremely capable Lanonandeks. That was some 500,000 years ago. The System Sovereign, Lucifer, with his deputy, Satan, rejected the leadership of our local universe, being the Creator Daughter and Son from Paradise, this unfolded 200,000 years ago. In turn, the System Sovereign coerced the Planetary Princes of 37 inhabited worlds from within our local system of Satania to join into the Rebellion.

When the Adamite pair, also high level spirits emanating from within our local universe, manifested on Earth more than 38,000 years ago, the Planetary Prince, Caligastia, with his deputy, Daligastia, influenced and brought about Adam and Eve's default in their mission here on Earth.

Following the Rebellion 200,000 years ago, the affairs on Earth have been administered in accordance with the Universal Contract governing the Rebellion and later the Default on Earth. The Melchizedeks, being high level spirits from within our local universe of Nebadon, have been functioning within these limitations. However, 4,000 years ago the plan to work through steps to end the Rebellion and Default began to be implemented with Machiventa Melchizedek materialising near Salam, north of Jerusalem, in 1980 BC.

The Creator Daughter and Son, being from Paradise and of a higher consciousness of all the high level spirits of Nebadon, incarnated on Earth and in 26 CE Jesus was able to have the Lucifers with their deputies arrested and imprisoned into a spirit world prison (possibly 7th plane of Earth). Jesus and Mary attended to their federal affairs being for all of the inhabited worlds of Nebadon. They did not take on the specific issues of Earth's people. They did not become personally part of the Rebellion and Default.

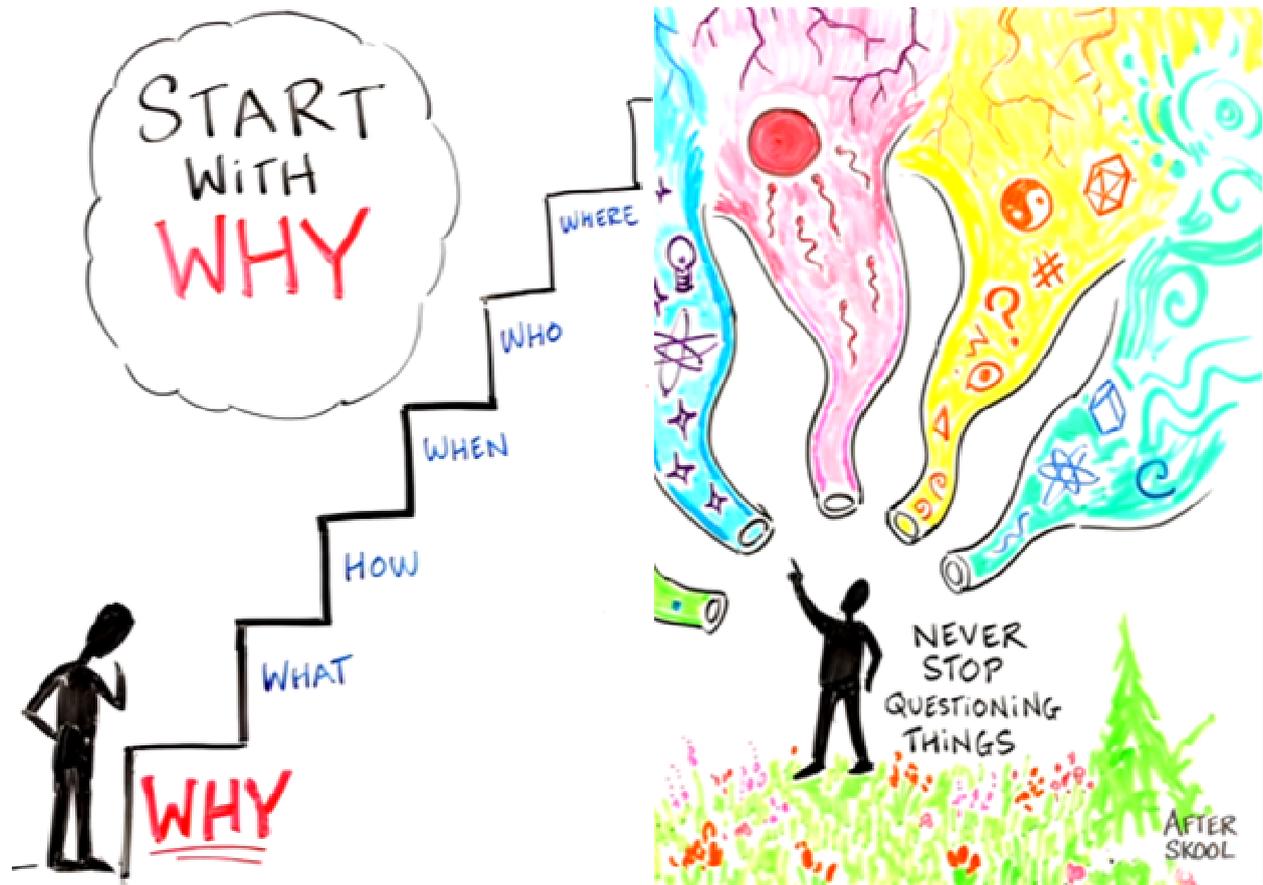
Now, the Avonal Daughter and Son, also being from Paradise and of a higher consciousness of all the high level spirits of Nebadon, have incarnated on Earth to assist with the ending of the Rebellion and Default of the people of Earth, have taken on all that the Rebellion and Default is, when commencing their personal healing in 1993, that enabled the arrest of Earth's Planetary Prince, Caligastias with their deputies and they are also now in the same spirit world prison being within a higher Earth plane.

Einstein is correct. The Creator Daughter and Son being of higher consciousness did end the overall leadership of the Rebellion through having them imprisoned. Now, the Avonal pair, also of higher consciousness have ended the leadership of Earth's specific Rebellion and Default.

Now, Jesus and Mary's direct involvement with Earth is being passed to the Avonal pair for the next spirit age coming of 1,000 years, whereas Jesus and Mary's age has been these past 2,000 years. Further, the spiritual guidance of Earth's humanity will be administered by those from Earth who are now in the first three Celestial Heavens for Earth's people. The Celestial's will be counselled by the Melchizedeks and the Avonal Pair through the coming 1,000 years.

Everything that we on Earth are accustomed to is to change. The Rebellion and Default created all our systems, culture and beliefs. They will now all be removed and new will all be in TRUTH. This will be extremely disruptive and most unsettling – but it is now unfolding and will prevail.

WE ARE TRUTH SEEKERS



OUR INDUCTION into PHYSICAL LIFE:

At our conception, we are welcomed by a relentless infusion of errors and injuries, unknowingly, carried by our parents and carers!



Our physical parents do not realise that even before our incarnation we have taken on board their combined emotional errors and misbeliefs. We are now suffering their pain!



We are conceived perfect. Our childhood illnesses, deformities and personality distortions are all a cocktail of their injuries. The onslaught is so great that worldwide around 50 million miscarriages occur annually.

Only by embracing Feeling Healing will miscarriages, deformities, childhood illnesses and abortions abate worldwide – and then childhood delinquencies will also abate.

Age-by-age



The Golden Rule:

Never interfere with another's will.

One must always honour another's

will as one honours one's own!

OUR FORMING YEARS are MOST DYNAMIC and TRAUMATIC:

Age-group	Age
Gestation	conception to birth
Newborn	0 days to 1 month
Infant	1 month to 1 year
Toddler	1 to 3 years
Preschool	3 to 6 years
School age child	6 to 12 years
Adolescent	12 to 18 years

Our childhood formative years are from conception through to age of 6 years. Commencing at conception, we begin to take on all of the injuries and errors of belief of our parents and carers. We capitulate to adopting the ‘personality’ that our physical parents impose upon us, to the detriment of our true personality.



Somehow, we go on smiling and laughing...



The Drama of Life:

'I had a pretty good upbringing' in comparison to other people!

Parents have NO understanding of Love.

Parents have NO understanding of Law of Free Will.

Parents have NO understanding of blocking emotions.

Parents have NO understanding of causal / core emotions.



**Feeling
Unloved
and
Unwanted**



**EMOTIONAL
ABUSE from
PARENTS**

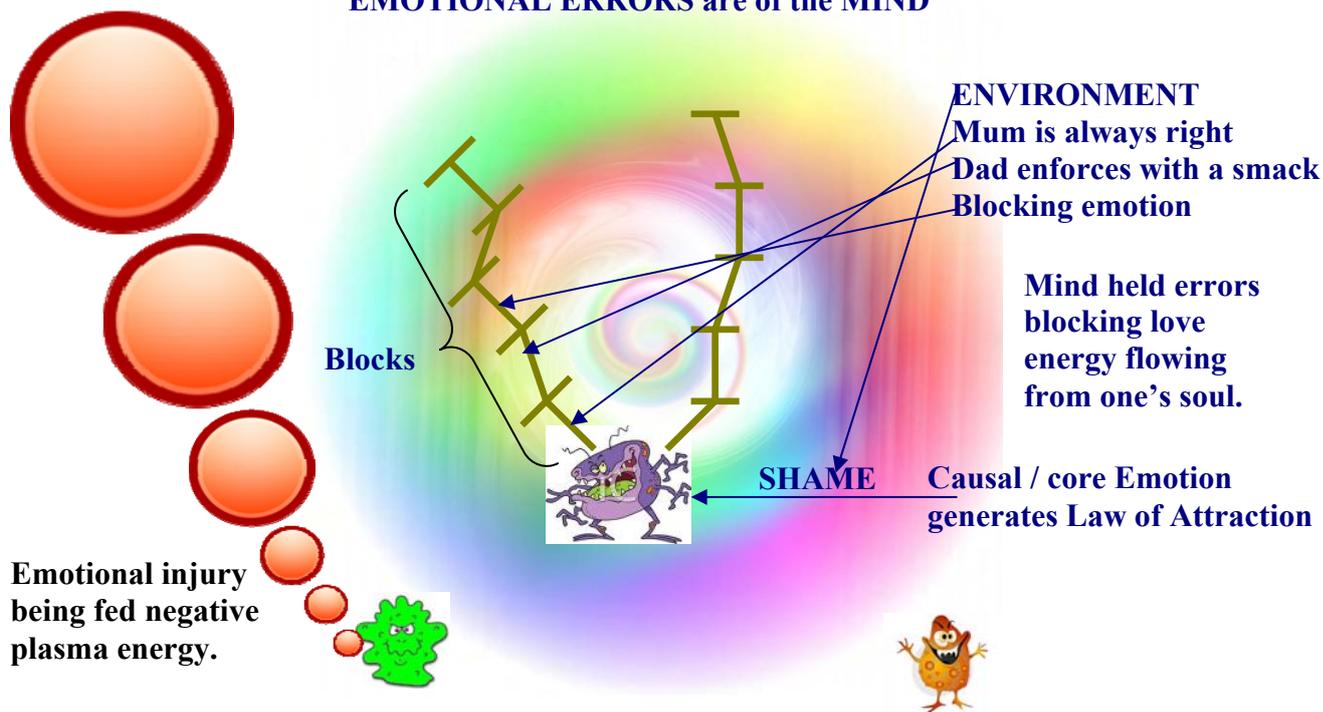


We, as parents, were born into the Rebellion and Default, having no idea it existed or what it was about. The Rebellion and Default formally ended on 31 January 2018. We now understand that through suppressing our children's true personality, having them live through their minds rather than through their soul-based feelings, this suppression and repression practiced worldwide has induced universal depression. Only through Feeling Healing, longing for the truth behind all feelings, both good and bad, and expressing all that comes to us, will we free ourselves of these errors and heal ourselves. Vibrancy and truth is our destiny!



Suppression & Repression = Universal Depression

EMOTIONAL ERRORS are of the MIND



**Consider asking yourself this question:
 Who hurt me when I was a child?**

WE DERIVE OUR
 SENSE OF SELF
 FROM SOMETHING
 THAT IS NOT US

Similar to INFLATING ONE'S SENSE of IMPORTANCE, DOPAMINE seduces us into OTHER DISTRACTIONS, also taking us further away from our FEELINGS:



THIS IS HUMANITY *stupidified!*



Getting the Hell out of here!!

The problem with humanity is that:



We accepted our parents as being 'gods'!
Then we accepted our teachers as supreme educators
Then university professors implied all knowing
3,400+ Religions ALL hold the only truth!
Now only our employers are to be obeyed!
Over all of these are numerous government layers!

All direct us to worship our minds
All suppress and ignore our feelings
None allow our true personality to be expressed
We are all in some form of depression and stupor!

We are to aspire to and live Feelings First
and long for the Truth that our Feelings show us!
And long for the Love of our Heavenly Parents!

ZELMAR explaining the EGO and its relationship to DIVINE LOVE: Thursday, 19 October 2017

And so you attain adulthood with your false mind as it were, being kept in place by the full strength of your will, your will being said to have been 'broken' or turned against you, which in that sense is true.

It is then your whole mind's structure that is false, untrue, wrong, evil and rebellious, all being kept in place by default, as that's how it happened to you through your childhood, with your mind being composed of all your erroneous beliefs and subsequent supporting negative or unloving behaviour. This being what is often termed your ego, suggesting that some part of your mind is errant and untrue, and causing problems and limitations for you in your spiritual development and progress as a person (a personality being expressed in Creation), **however it's your whole mind that is wrong**, all of you so far as what you can relate to, including your physical and spirit bodies and all their interconnecting experiential systems. For really all of that is of your mind, all what the Divine Minister is providing for you. And it includes your feelings and their associated emotions, they being yet another part of your mind. And anything else, like all psychic functions, with nearly all that is what you're aware of consciously and unconsciously, being attributes of your mind.

And what is not your mind, is any truth. And the Truth becomes the real you, an expression of who you really are, it becomes your foundation upon which you express your mind. However starting off in a world that is truth-denying, your mind has been corrupted to go against any natural truth revelation that would have come to you once your Indwelling Spirit arrived in your mind. So you live with your wayward and rebellious mind in control of you, in control of many of your feelings, and denying you the chance to grow spiritually from truth that would naturally come about from those feelings were you truly loving. And your will maintains it all.

Then you get to a point in your life when you want to stop being false, wrong, evil, untrue – unloving. You realise you are not right, and something needs to be done about it. Yet what to do? And now you understand about doing your Feeling Healing or your Soul Healing with the Divine Love.

Zelmar, a Melchizedek spirit personality from within Nebadon, our local universe.



GREAT -Turn

This time, in the history of humanity, is the most exciting time ever experienced.

CONTROL of HUMANITY CHANGEOVER

1. Mind Mansion World spirits, of worlds 1, 2, 4 and 6, complicit to the guile of rebellious high level Lanonandeks, Calligastia and Dalligastia, being spirit world imprisoned during the early 1990s, continued to guide and support the Rebellion and Default imposed upon Earth's humanity by Lucifer and Satan commencing 200,000 years ago. **THE EVIL ONES**

Early 1990s: The arrest of the Caligastia and Daligastia soul partner pairs.

22 March 2017: Negative mind-spirit influence now blocked by Celestial Spirits.

22 May 2017: Law of Compensation quickening.

2 December 2017: Psychic Barriers maintaining the Rebellion and Default were cracked.

8 December 2017: Bring on the money to **'house the future of humanity'**.

31 January 2018: Earth and the seven associated Mansion Worlds (including the two Earth planes) are **officially** now fully under the control of Celestial spirits. This marks a tangible and real end to the Rebellion and Default



Oversight and control of Earth's humanity is now within the hands of Celestials from the first three Celestial Heavens with some 30 billion Celestials engaged, assisted by 3 Melchizedeks soul-groups and countless angels. Transfer to "Council of Elders" personalities is from mind orientation to feelings first – soul based truth – with the changeover becoming openly known when the Avonal pair commence their public work.

2. Earth based hidden controllers being dominated by family groupings mainly out of Europe, with some in various parts of the world such as USA and Asia. Their "chairmen" control the world's finances and passively enslave humanity without being known. Their funds are to be removed from their control and their power collapsed.

**hidden
CONTROLLERS**

3. The "chairmen" are from the long-term families, generationally passing down power over humanity. These family groups may number less than twenty with their worldwide dominance.

4. The medium-term families numbering around thirty are generally unaware of the long-term families. These are personalities who come to fruition during their life and generally, but unknowingly, fit into the overarching evil agendas of the hidden controllers.

5. Short-term members are those who are typically invited into the Bilderberg Meetings and unknowingly are subordinate to the medium termers who are subordinate to the hidden controllers.

6. Secret societies that dominate commerce and sciences provide the feedstock of subterfuge.

7. Deep State are people that subterfuge governments and influential people who would otherwise work against the hidden controllers.

8. Regional, state and national governments are short-term well intentioned representatives of the people, whilst being unknowingly controlled.

**SUBSERVIENT
CONTROLLERS**

9. All Earth based institutionalised systems as well as religions are the product of the Rebellion and Default of 200,000 years ago that continue to do the work of the Evil Ones, the rebellious Lanonandeks, through the guile of the hidden controllers.

10. The few hidden controller families control the world's finances through financial systems that enslave all of humanity with debt systems extending to education loans, credit cards, etc.

11. Health systems do not address the cause of all illness, being childhood suppression and repression.

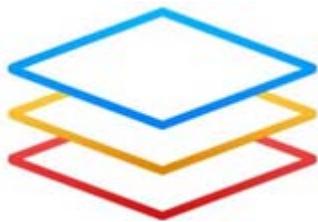
12. Religionists perpetrate the indoctrination of living through the mind, suppressing feelings.

13. Education is a dictatorship; chancellor, professor, doctorate lecturer, teacher, student – no latitude to allow one's soul-based feelings to be expressed – all controlled by the subservient chancellor.

14. And the most subservient of controllers are parents who perpetrate the Rebellion and Default through suppressing the child's true personality, bestowed by our Heavenly Parents, and having the child submit to their carers impositions by the child repressing its feelings and living through the mind.

**Culture of the mind must
be subservient to the heart.**

Mahatma Gandhi



Three Layers of Progression Federal, State and Local

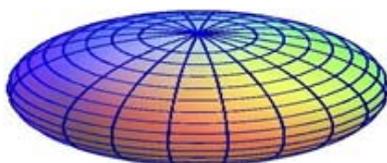
**Paradise
Havona**



PARADISE

Heavenly Mother and Father Infinite Daughter or Mind Eternal Son of Truth	}	Trinity
Creator Daughter and Son Avonal Daughter and Son Trinity Teacher pairs		

Within each of 7
Super Universes
there are 1,000
local universes.



LOCAL UNIVERSE of NEDADON

Co-regents Mary & Jesus – Creator
 Daughter and Son (federal oversight of
 3,840,101 humanities)
 Melchizedek order – oversight advisers
 Lanonandek order – system sovereigns
 Lanonandek order – planetary princes
 Adamites order (Adam and Eve)
 There are many orders and classes of
 spirits as well as angels.

Nebadon has 100
constellations, each
with 100 local
systems, which
each have 1,000
inhabitable worlds.



Earth's humanity is
now guided by
Celestial Spirits.

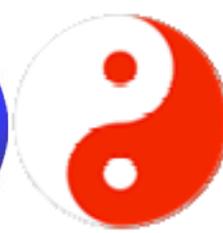
LOCAL SYSTEM SATANIA contains **EARTH**
 Creator D&S removed system sovereign
 (Lucifer) 26 CE – federal administration.
 Avonal D&S removed planetary prince
 (Caligastia) 1993 CE – state administration.
 Melchizedek plan to end Rebellion and
 Default now executing.
 Earth's Celestial Spirits now guiding Earth's
 humanity out of Rebellion and Default.

Paradise



Eternal Son
of Truth

GOD



Infinite Daughter
of Mind

Creator Daughter & Son Avonal Daughter & Son Trinity Teacher Pairs
 Creators and Avonals have Spirits of Truth which they may release.
 These three classes of spirits descend from Paradise on assignments and leadership.

Nebadon

Creator

Daughter & Son

BRILLIANT
Evening Stars

MELCHIZEDEK

Divine
Minister



Avonal

Daughter & Son

ARCHANGELS

celestial SPIRITS

Creator Daughter & Son are co-regents of Local Universe (3,840,101 humanities).
 Avonal Daughter & Son lead a single humanity out of Rebellion (Earth).
 Trinity Teacher Pairs assist in teaching a humanity through their evolution / healing.
 There are other classes of spirits. It was the Lanonandek spirits that brought about 37
 humanities entering Rebellion with Earth also Defaulting through the Adamic
 assignment partial failure. The Rebellion being only within the System of Satania of
 which Earth is one of the 37. The Rebellion formally ended on 31 January 2018.

Earth

Spirit Guides

Formally ended
31 January 2018

and now for the

HUMANITY

Nature Spirits

ANGELS

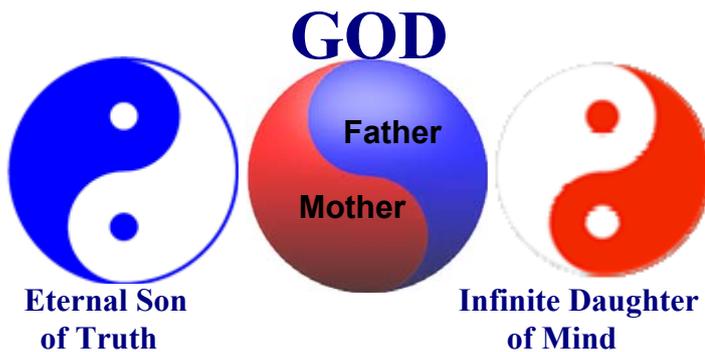
REBELLION & **DEFAULT**

Past
200,000 years

GREAT
-Turn

Coming
1,000 years

Paradise – Havona – Home



SPIRITS from PARADISE

Nebadon – Salvington



MELCHIZEDEK
BRILLIANT
Evening Stars

ARCHANGELS

Mansion Worlds – Celestial Heavens

celestial ANGELS SPIRITS

MORTAL ANGELS SPIRITS

Physical Earth

Nature Spirits Spirit Guides ANGELS
HUMANITY

Formerly ended
31 January 2018

REBELLION & DEFAULT

Past
200,000 years

and now for the

GREAT
V-Turn

Coming
1,000 years

PARADISE
Home to our Heavenly Mother and Father



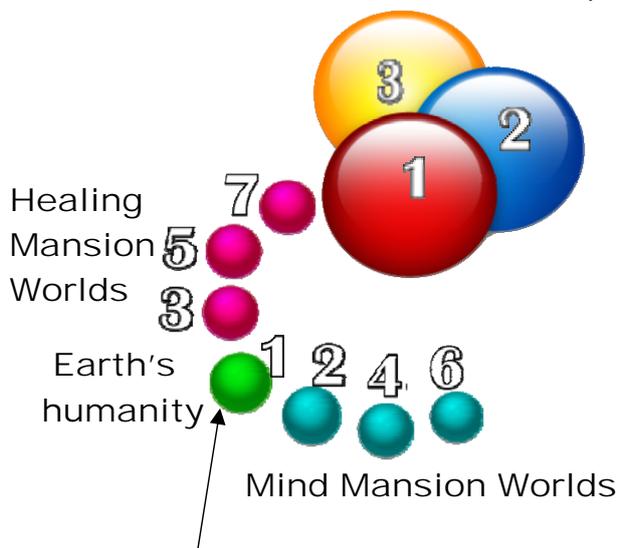
We are to progress through NEBADON,
our Local Universe, and then onwards - -



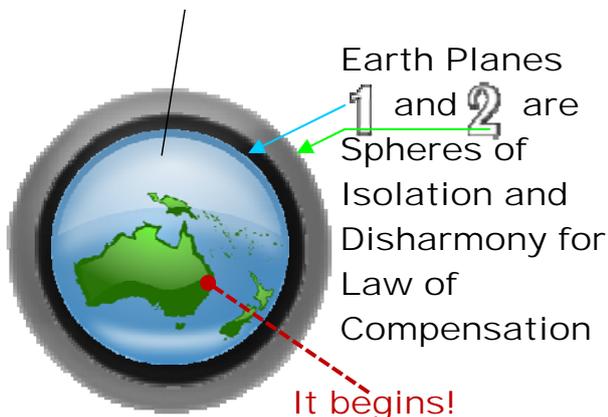
SATANIA - System
Earth is #606 of 619 humanities.
Celestial Heavens Spheres

Avonal AGE
GREAT V-Turn
End Times

the Handover
THE CHANGE
AFTERTIMES
NEW FEELINGS WAY



Upon death of our
physical body, we
all transition to the
1st Mansion World



This is the time in the history of Earth's humanity when the greatest event ever experienced throughout its almost one-million-year history is taking place.

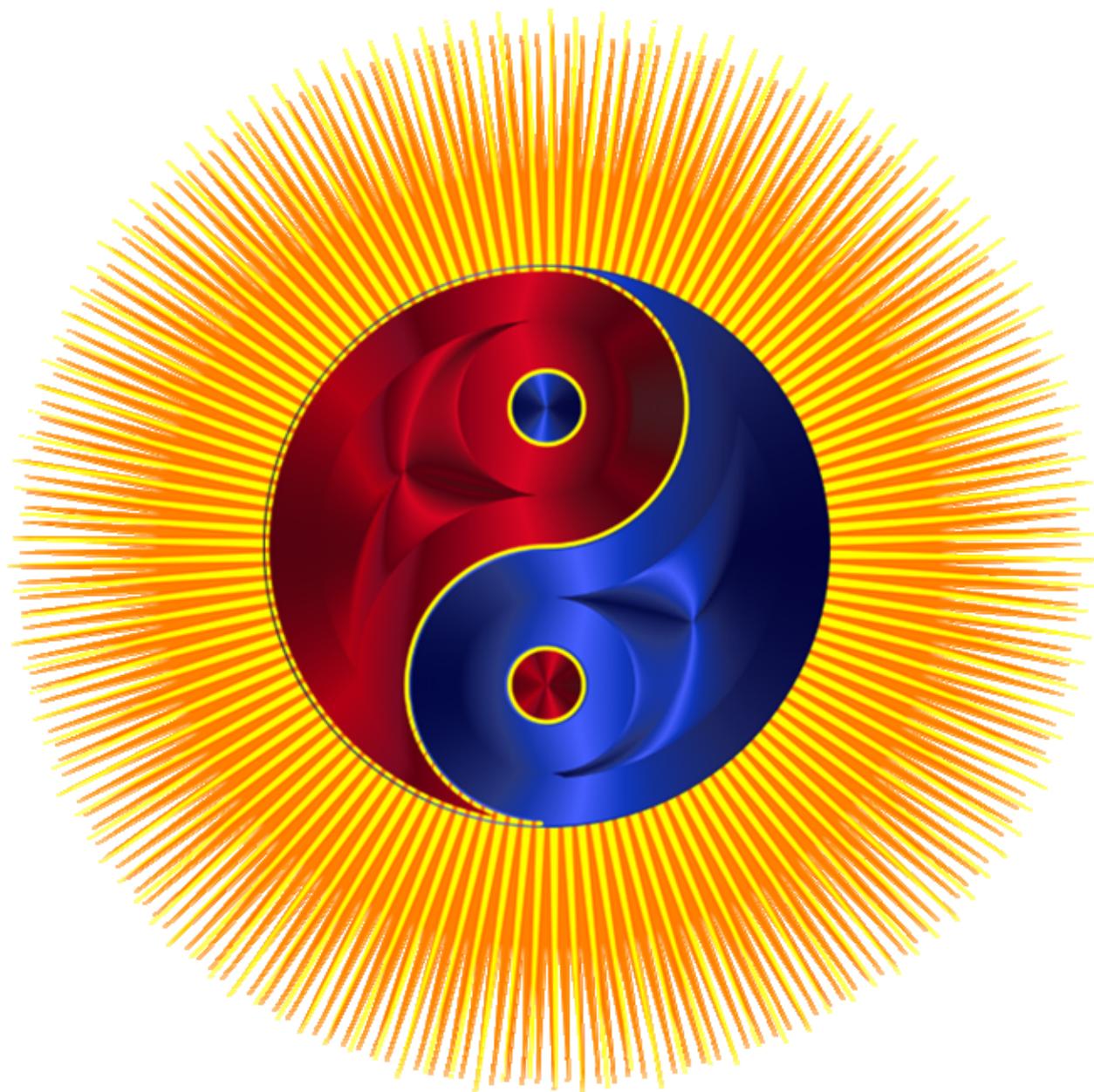
At the time of World War II, 1939-1945, Earth's humanity was around 2.4 billion. Given the major recovery issues post war, the duration could be said to be 10 years and then some.

What is unfolding for humanity now is a factor 100 times more significant, and then some. Not only is Earth becoming fully engaged, so too are the 2 Earth planes, the 7 spirit Mansion Worlds and the 3 Celestial Heavens. That is 13 worlds.

Earth's population in 2020 is approaching 8 billion; spirit Mansion Worlds 1 and 2 have approximately 200 billion; the numbers for the 2 Earth planes are unknown, however they are near capacity; the Mansion Worlds 3, 4, 5, 6 and 7 could be any number. The 3 Celestial Heavens have approximately 30 billion personalities engaged in assisting in these events and the administration of the coming Avonal Age. All worlds combined having in excess of 250 billion personalities – more than 100-fold. Now add the angels!

The Avonal Age is for the next 1,000 years, more than 100 times the duration of World War II – well, 40 generations of 25 years each.

Our Heavenly Mother and Father



Paradise Trinity

Heavenly Mother
and Father
'Love'



Eternal Son of 'Truth'

Infinite Daughter of 'Mind'

Jesus and Mary's soul are different in design than ours. They are a Creator Daughter and Son, or similarly referred to as Michael Daughter and Son soul, and within their soul is expressed only the two of the Primary Aspects of Deity. They are of the Mother and Father, our Heavenly Parents and the Eternal Son. Avonal Daughters and Sons are expressive of the Eternal Son and Infinite Daughter.

The core of humanity (us mortals of Earth) is of the Truth and Mind, and then with the addition of the Indwelling Spirit, we can then relate to the Love.

And with the Avonal pair now on our world (Earth), they too expressing the Son of Truth and Daughter of Mind, we actually are far better suited to relating to them than we are to Mary and Jesus.

Heavenly Mother & Father LOVE



TRUTH MIND
Eternal Son Infinite Daughter

Heavenly Mother & Father LOVE



TRUTH MIND
Eternal Son Infinite Daughter

Creator Daughter & Son are of Love and Truth .

Avonal Daughter & Son are of Truth and Mind .

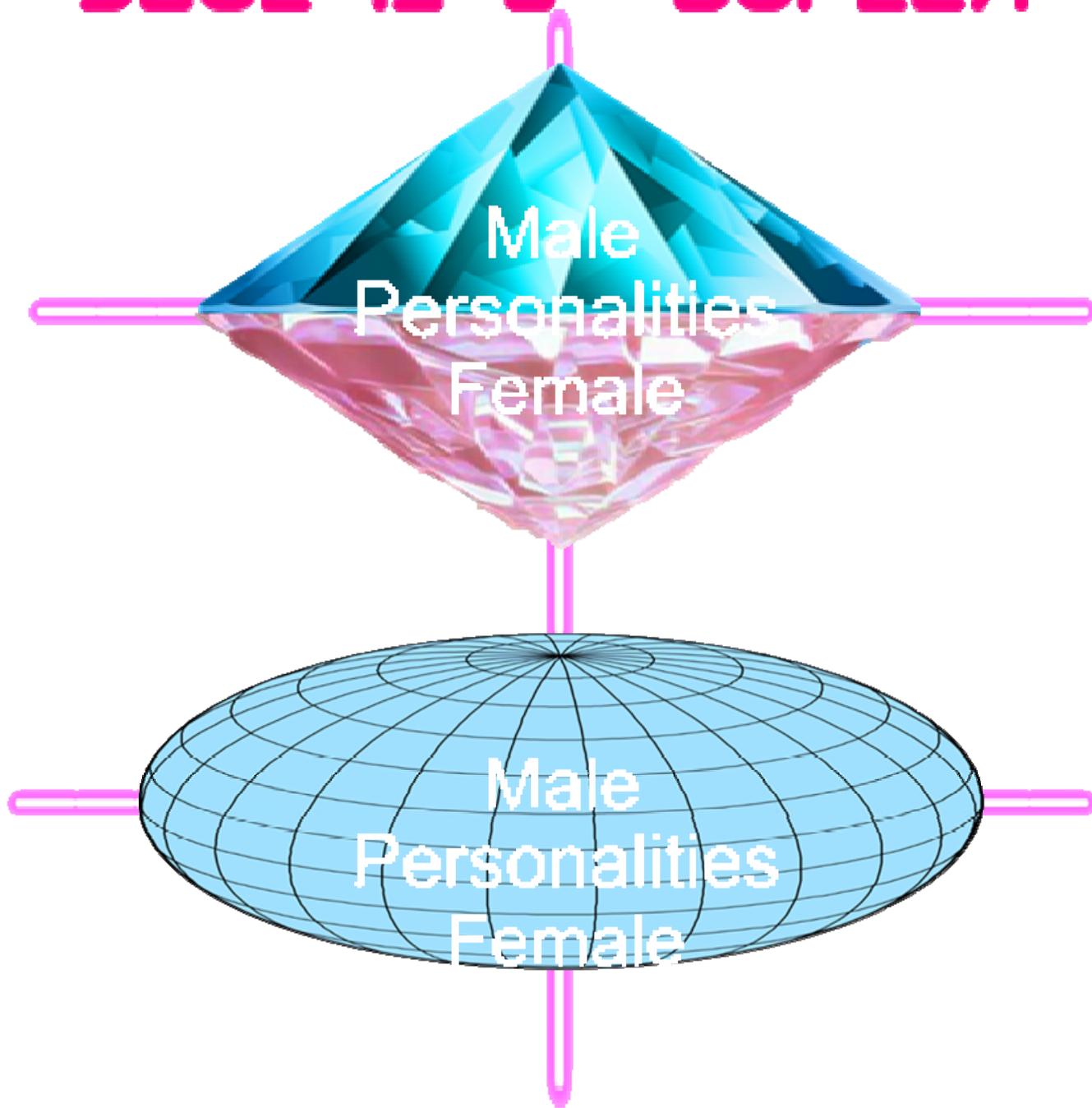
Nature is of the Mind .

Humanity is of Truth and Mind then with Indwelling Spirit, also of Love .

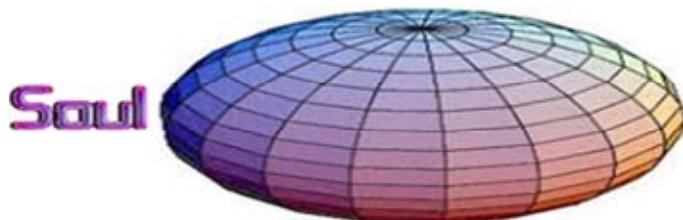
Humanity is best suited to be assisted by the Avonals and then by Creator Daughter & Son .

Indwelling Spirit ● LOVE

SOUL is a DUPLEX



SOUL PERSONALITY FEMALE or MALE



Eternal Son Infinite Daughter
TRUTH **MIND**



Indwelling Spirit
Heavenly Mother & Father

LOVE

We, of Earth's humanity, are of Truth and Mind, of the Eternal Son and Infinite Daughter. We are of Natural love which we are to perfect.

It is then, with our Heavenly Mother and Father's Divine Love, that when we will fuse with our Indwelling Spirit, from Them, and become Celestial.

Our personal Indwelling Spirit is without personality, thus our personality remains the one originally bestowed to us by our Heavenly Parents.

Upon becoming Celestial we are of the trinity with LOVE, TRUTH and MIND, and always evolving through our experiences on our journey to Paradise.



SOUL is a DUPLEX



WILL! The Soul does everything!



WILL Healing

Our HEALING is one long act of Self-Love!

Journey of Earth's Humanity

Years ago:

993,500 **Andon and Fonta - aspire for human perfection.**

950,000 **Andonites reach Tasmania - southern Australia.**

500,000 *Caligastia - Lanonandek - appointed Planetary Prince
Daligastia manifests on Earth with staff
Sangik Family - Northern India - 6 colours*

200,000 *Lucifer - Lanonandek - rebels against Jesus & Mary
Caligastia draws Earth into Rebellion*

38,000 **Adam and Eve manifest on Earth
Adam and Eve default their mission**

1980 BCE **MACHIVENTA MELCHIZEDEK MANIFESTS**
Commences end of Rebellion & Default

7 BCE **Jesus of Nazareth born**

2 BCE **Mary of Magdalene born**
Greater Daughter & Son Bestowal

1914 - 1923 **Padgett Messages - second coming**

1925 - 1935 **The Urantia Book - history of humanity**

1944 CE **Bretton Woods Conference - funding**

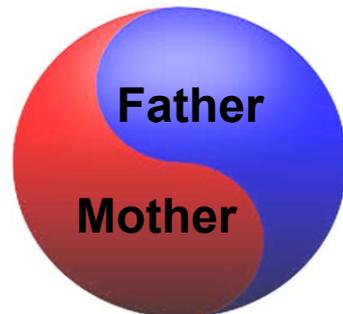
2002 - 2022 **James Moncrief - Revelations**

Avonal Daughter & Son Bestowal

Avonal Age of 1,000 years begins!

MUM & DAD THIS WAY

GOD



HEAVENLY PARENTS



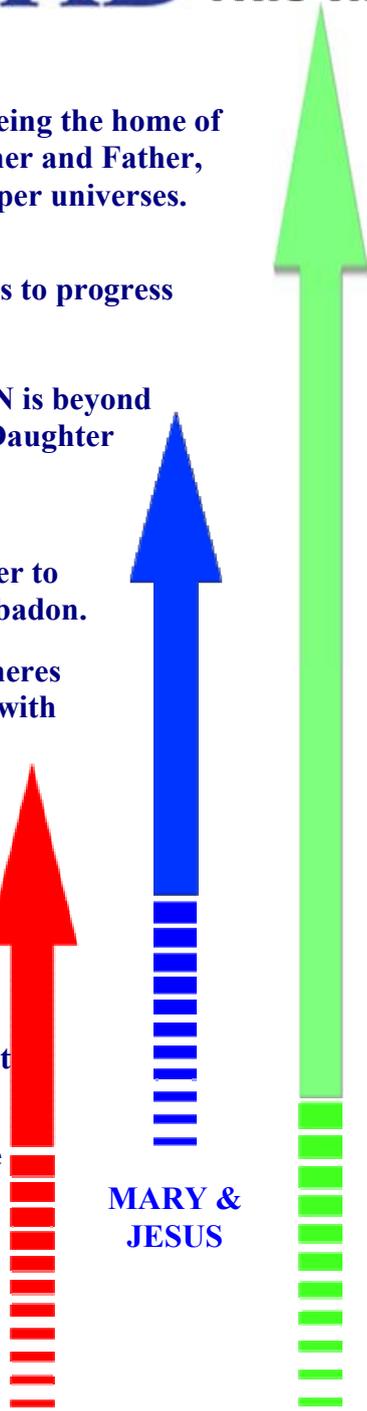
JESUS & MARY



AVONALS



I'D TURN BACK IF I WERE YOU!



MARY & JESUS

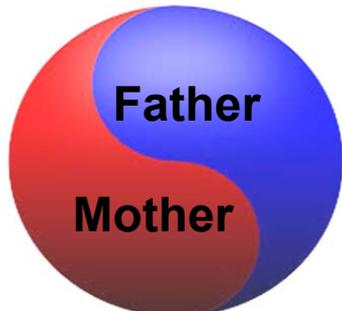
AVONAL PAIR

GOD

Throughout the Avonal Age of 1,000 years, their Spirits of Truth will assist us in embracing and engaging with our Feeling Healing and with Divine Love our Soul Healing. They will assist us to develop our soul well into Celestial Heaven status should we persevere with such a goal. The extent to which the Avonal Pair develop themselves while here in the physical on Earth is the level that their Spirits of Truth will be able to assist us. Then it will be Mary and Jesus' Spirits of Truth that will assist us up and out of Nebadon, where our Heavenly Parents will then assist us onto Paradise, Their home.

Presently REJECTED!

GOD



HEAVENLY PARENTS



JESUS & MARY



AVONALS

REJECTED

REJECTED



REJECTED



REJECTED

REJECTED



REJECTED

REJECTED

Mind, control, power dominating!

**Through our Feeling Healing,
now we are to embrace them all!**



The mind is to be of service!
 The mind is designed to Follow,
 to be of service to the truth,
 of service to the heart, and
 your Feelings!



POTENTIAL to BENEFIT your CHILD through our own FEELING HEALING:

This steps down each seven years as the child matures



From conception to
age 6 or 7

From 8 to age 14

From 15 to age 21

From 22 to age 28

As we heal, we directly heal our children similarly.

The Indwelling Spirit arrival for the child around age 6 or 7 starts their independence.

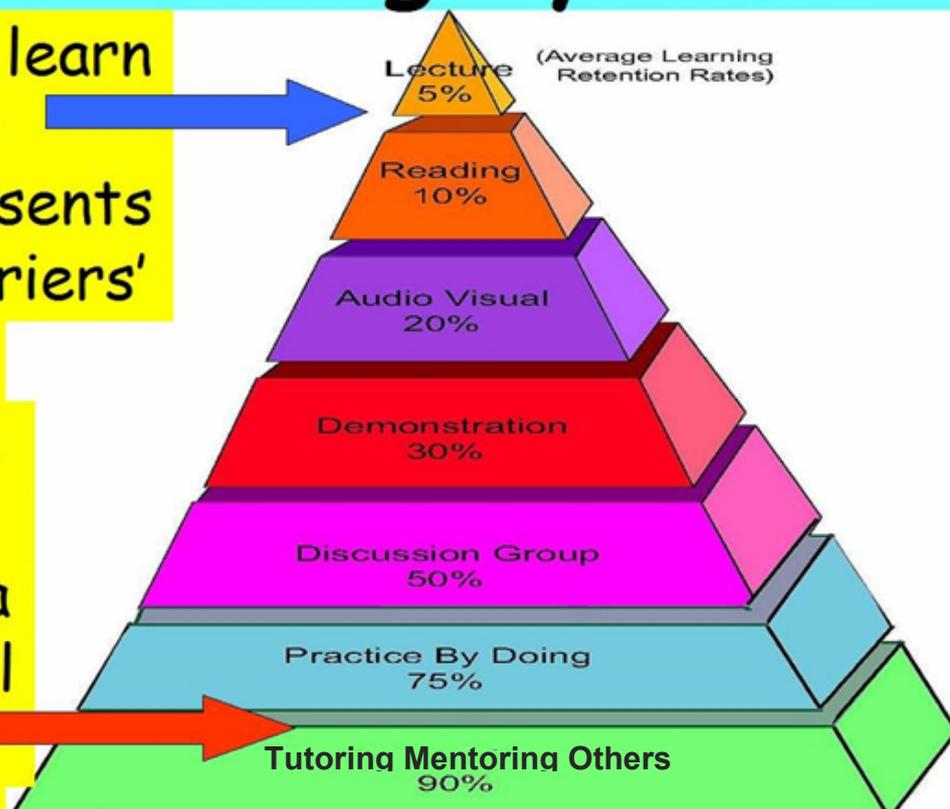
Natural Self Expression:

As of a consequence of our childhood upbringing, from the moment of our conception through to the age of six years, our natural self expression has been suppressed. This is what we are to heal and bring to the fore is our natural self expression. Those who complete their healing while living in the physical here on Earth will be the natural leaders of Earth's humanity. This is now possible due to the leadership of a few who have progressed through the healing pathway.

The Learning Pyramid

Trying to learn using this often presents many 'barriers'

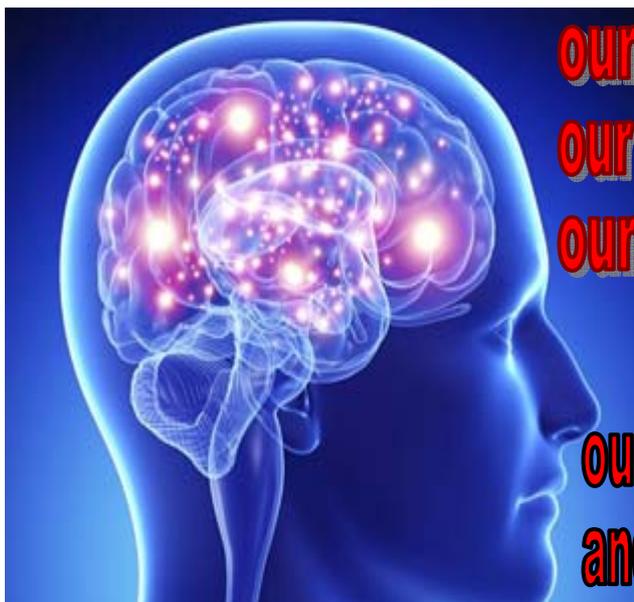
Effective Learning requires a great deal of this



100% retention is **Natural Self Expression**

Children Tutoring Each Other! Natural Self Expression in action!





our MIND is a CONTROL ADDICT!
our MIND is addicted to UNTRUTH!
our MIND cannot discern TRUTH!

our MIND is within our SPIRIT BODY
and orchestrates our physical BRAIN.

ASSUMPTIONS are the product of our MIND!

HEALING ends
MIND-CONTROL!



our SOUL is our TRUTH!
our FEELINGS are our TRUTH!
FEELINGS FIRST, mind to follow!

all we need is WITHIN.
our MIND suppresses FEELINGS.

Systems of Deception!

One person with unfettered and supreme control, a System Sovereign, has had aeons of time to passively and stealthfully impose upon his minions (us – you and me) a way of living that assures him, the arch hidden controller, that we would remain compliant and submissive to his begging. His extreme intelligence and consciousness is no match for us ascending mortals who arrive naively upon Earth with absolute dependence upon parents who have already capitulated – unknowingly – to his wily stealth.

The System Sovereign's goal was that we do not evolve, that we remain fearful of our true Heavenly Parents, that our true pathway for spiritual development is not revealed, that we live in a manner of servitude and ignorance through our minds believing that our submission to our minds will enable us to become all powerful and even mini-gods. When we transition into the spirit mind Mansion Worlds, we remain collectively his waiting army to fulfil his ambitions to expand his domain and territory. We have been well and truly screwed over through his imposed systems of:

- Parenting – unable to love our children due to lack of truth in what we are provided with.
- Education – minimalistic, having our minds unable to progress beyond reason – our minds are addicted to untruth and control of others including our environment.
- Health systems – ignorance of our spirit bodies and gross ignorance of underlying cause of illnesses which are through the lack of being loved. Our health systems cannot heal.
- Commercial systems – we become salary slaves with suppressive debt slavery resulting from the costs of education, housing, health services, transportation and necessities.
- Political systems – that divide the community into camps and then deliver representation of only a portion of the population without candidates having necessary leadership skills and experience.
- Religions – there is only one truth. We are to live through our feelings – not our minds.

We have been led to live mind centric which is the pathway of all of nature except humanity which is ensouled. We of humanity are to live feelings first with our minds to assist in implementing what our soul based feelings lead us to embrace. We are truth seekers and truth is to be found through feelings.

Higher level personalities than our System Sovereign have now taken on all of the evilness and wrongness of what these rebellious Lanonandek spirits have imposed upon us and have healed themselves of these injuries. Now all systems assembled during the Rebellion and Default, now ending, need to be rebuilt!

Our pathway to Paradise, the home of our Heavenly Mother and Father, is through living through our soul based feelings, living feelings first, to express what our feelings draw our attention to and to long for the truth of what our feelings are to show us – both good and bad.

A lady, named Samantha, found James Moncrief's writings on a website and commenced to engage in her Feeling Healing. This may have been in 2013. Samantha is like all of us, she is an ascending mortal. She has no specialness nor has she had any support other than James' writings on the internet. Samantha has been successful with her healing. She has been very successful. She has now written numerous books outlining her experiences so each and every one of us can follow her example. An ascending mortal, Samantha, has conquered all that the rebellious Lanonandeks, led by Lucifer, has imposed upon us. Samantha is the new mother of humanity in demonstrating to us how to embrace the one and only pathway home to our Heavenly Mother and Father.



"Chosen by God,' eh?
— What's the catch?"



200,000 years of UNFETTERED DOMINATION! by wayward High Level Spirits

OUR MIND CONTROLS US!



Feelings Way or the Mind Way

The rebellious Lanonandeks, led by the Lucifer and Satan soul partner pairs, instilled upon Earth's humanity, countless platforms of mind domination institutionalised systems. Even throughout remote regions, such as for the Australian Aboriginals, the mind Mansion World spirits imposed themselves so deeply into the psyche of the Aboriginals that they are profoundly impacted by mind platforms through their traditional practices, so much so that they may take longer than most to realise the freedom that comes from Living Feelings First and begin to heal themselves of 200,000 years of living and going in the wrong direction through mind domination.

The Rebellion mind dominance maintained the environment of conflict throughout all facets of living life on Earth. Where ever you have mind domination you have conflict and war! It is as simple as that.

Truth is always truth. There is only one truth. So instead of having one spiritual platform for and throughout Earth's humanity, we have 3,400 significant religions and when you add on the small denominations that are offshoots of all the major religions, you have around 50,000 religious communities professing to embrace the 'one truth'!

While we live through our minds, conflict at all levels will unfold. Only through Living Feelings First and having our minds to follow will harmony eventuate. This is a change in how we have been living for 200,000 years that is now to be embraced by the overwhelming majority of humanity during the coming Avonal Age of 1,000 years.

To aid this transition, the quickening of the Law of Compensation is to unfold for humanity on Earth. It will be earthed in the same way as it is applied throughout the spirit Mansion Worlds.

Important recommended reading is:

by James Moncrief

The Rejected Ones – the Feminine Aspect of God

<http://divinelovesp.weebly.com/my-free-books-and-free-padgett-messages.html> ALSO at
<https://www.pascashealth.com/index.php/library.html?file=files/opensource/Downloads/MEDICAL%20-%20SPIRITUAL%20REFERENCES/Rejected%20Ones%20via%20James%20Moncrief.pdf>



NEW WAY



NEW WAY FEELINGS

FEELINGS

REBELLION & DEFAULT

FOR 200,000 years ALL SYSTEMS are the WORK of the REBELLIOUS LANONANDEKS:

The rebellious Lanonandeks from within our local universe are these soul partner pairs:

THE EVIL ONES



Lucifer pair
Arrested and imprisoned 26 CE



Satan pair
Arrested and imprisoned 26 CE



Caligastia pair
Arrested and imprisoned 1993 CE



Daligastia pair
Arrested and imprisoned 1993 CE



MIND MANSION WORLDS

HIDDEN CONTROLLERS

DEEP STATE

SECRET SOCIETIES The Illuminati, Freemasons, Bilderberg Group, Knights Templar, The Jesuits, Skull And Bones And Others

Following the spirit world imprisonment of the System Sovereign and then Planetary Prince being rebellious Lanonandek spirits, the Celestial spirits have blocked communications between mind Mansion World spirits and humanity on Earth. The Hidden Controllers and other controlling organisations are now without spirit world guidance, since 22 March 2017. Those controllers, in the physical on Earth, are without their long term guidance.

EDUCATORS UNIVERSITY RELIGION

Educators at all levels and throughout all systems have had withheld from them that we are to Live Feelings First. This is to change!

“The education, for both women, men, girls and boys, is about how to live true to their feelings. How to embrace them willingly, how to work with them – express them, and the point of doing that, wanting to know the truth of them. That’s all.”

Marie, 1st Celestial Heaven: 11 Aug 2020



PEOPLE OF EARTH

WE ARE TRUTH SEEKERS

200,000 Years Rebellion

200,000 years of UNFETTERED DOMINATION!

by wayward High Level Spirits

Universal Rebellion & Planetary Default

GEOPHYSICAL EARTH CHANGES appears to take place every 12,000 to 13,000 years!



CIVILIZATION TIME LINE

50,000 years ago and earlier at regular intervals!	37,500 Laschamp reversal	25,000 Lemuria submergence Atlantis frozen over	12,500 New Atlantis submerged	NOW! Unfolding
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EARTH CHANGES

Larger civilisations have previously existed on Earth, with elements more advanced in some ways than Earth's civilisation of today – in the year 2021!

Populations have been routinely reduced by earth changes to smaller numbers. Post earth change events typically require surviving populations having to restart from ground zero.

SACRED and INSPIRED WRITINGS sets, each of about 10,000 tablets, were carried from Mu (Lemuria), these were then located at: Tibet, Deccan Plateau in central India, Gobi Desert in Central China, Upper Egypt, Babylon in Mesopotamia and Mexico City. Further copies of each of these original sets were further made. The foundations of Buddhism are remnants of the mind controlling practices of the Atlanteans! The books accredited to Moses are his translations of writings on clay tablets brought from Lemuria to Egypt. Thus it can be seen that the immigration from Lemuria going west cross over with the Atlanteans going east. Remnants of prior civilisations spiritual systems have been the foundations of new ways and beliefs – all taking humanity deeper into the mind, away from feelings and away from our Heavenly Mother and Father.

Following each earth change, humanity has gone deeper into the Rebellion and Default. Spiritual platforms have been passed down through many civilisations. Clay tablets have survived cataclysmic earth changes with researchers re-introducing remnants in later times with further imposts infused by mind Mansion World spirits all in keeping with Lucifer's rebellious dictates. As from 31 January 2018 we can now go upon the pathway of healing the Rebellion and Default within each of us through Living Feelings First and with Divine Love, embrace our Soul Healing.

200,000 Year Rebellion Ending

Humanity progressively moving deeper into living through the mind, away from feelings and away from our Heavenly Mother and Father.

Aeons gone by:

1980 BCE

1900s BCE

1500s BCE

1200s BCE



MOSES

600s BCE

Siddhartha Gautama ZARATHUSTRA

Founder of Buddhism

Lao Tzu & Taoism

Vardhamana Mahavira - Jainism

CONFUCIUS

MM Jesus
2 BCE 7 BCE
46 CE 29 CE

Paulism Christianity

600s CE

Muhammad - Islam

2018 Jan 31

REBELLION & DEFAULT

FORMALLY ended 31 JANUARY 2018

2020s+ CE

Avonals - Magisterial Daughter and Son

A Universal Contract enabled high level rebellious spirits, through mind Mansion World subordinate spirits, influenced spiritual writings and practices throughout Earth's humanity in a manner that took people deeper into living through their minds and away from God. Christianity was founded by a high Jewish Rabbi, Paul, not by Jesus. Then Paul's platforms were further contaminated. Until now, we were not even aware we have been subjected to a Rebellion these past 200,000 years, and Default of 38,000 years! Now we are to heal ourselves of them.

Ten ducks in a row, but one always misleading!



4,000 Years Unfolding

1980 BCE

Machiventa Melchizedek

1900s BCE

ABRAHAM



1500s BCE

1200s BCE

MOSES

600s BCE

Siddhartha Gautama

Founder of Buddhism

ZARATHUSTRA

Lao Tzu & Taoism

Vardhamana Mahavira - Jainism

CONFUCIUS

MM Jesus
2 BCE 7 BCE
46 CE 29 CE

Creator Daughter and Son Mary Magdalene and Jesus

600s CE

Muhammad - Islam

2018 Jan 31

REBELLION & DEFAULT

FORMALLY ended 31 JANUARY 2018

2020s+ CE

Avonals - Magisterial Daughter and Son

The first physical step to bring about the end of the Rebellion and Default for Earth's humanity was the materialisation of Machiventa Melchizedek 1,973 years prior to Jesus' conception. The plan could be said to have been meticulously mapped out and each step has unfolded with Machiventa Melchizedek, together with Jesus and Mary, orchestrating our Heavenly Mother and Father's intentions to this day. The plan culminates with the appearance of the Avonal bestowal pair from Paradise, being a Magisterial Daughter and Son, who will guide Earth's humanity, both in the physical and spirit, through their individual Feeling Healing, and with Divine Love their Soul Healing, during the next spiritual age of 1,000 years now to commence, being the Avonal Age. Machiventa Melchizedek has been administering this 4,000 year unfoldment and will continue with his role throughout the Avonal Age. Now we are engaging in the biggest event in history for Earth's humanity, the healing of the imposts of the Rebellion and Default. All of the Avonal Age is now required to establish the universality of the healing Earth's humanity.

4,000 Years Unfolding

1980 BCE

Machiventa Melchizedek

1900s BCE

ABRAHAM

MM Jesus
2 BCE 7 BCE
46 CE 29 CE

Bestowals from Paradise:

Creator Daughter and Son
Mary Magdalene and Jesus

1914-1923
1925-1935

PADGETT MESSAGES

THE URANTIA BOOK

1950 & 1960

Incarnation of the Avonal Pair

2018 Jan 31

REBELLION & DEFAULT

FORMALLY ended 31 JANUARY 2018

2020s+ CE

Bestowals from Paradise:

Avonals - Magisterial Daughter and Son

Machiventa Melchizedek, to this day, continues to oversee the plan that was evolved more than 4,000 years ago to progressively open cracks in the Universal Contract governing the Rebellion and Default instigated by Lucifer 200,000 years ago. With 'federal' authority, the Creator Daughter and Son brought about the Lucifers and Satans' spirit world imprisonment 2,000 years ago, and set the Avonal bestowals in place.

The commencement of the Padgett Messages on 31 May 1914 triggered the bestowal of the Avonal Pair for Earth's humanity. The Avonals' 'state' authority brought about the Caligastias and Daligastias spirit world imprisonment in the early 1990s. The Avonals' healing of what they have taken on of the Rebellion and Default ends the Rebellion and Default. Now we can all follow and progress on the pathway to Paradise.

The HELLS are to EMPTY!

Through the intervention of a Magisterial Daughter and Son, an Avonal soul partner pair, from Paradise, we of Earth's humanity are now being shown how to heal ourselves of what we have each taken on of the Rebellion and Default. We are being shown and made aware of how to live true to our feelings and to long for the truth of what our feelings are to show us. We are to live feelings first and have our minds follow to implement what our feelings are guiding us to embrace.



Earth Planes
1 and 2 are
Spheres of
Isolation and
Disharmony for
the Law of
Compensation
- 'Hells'

**WE ARE
THE TRUTH
SEEKERS**

We are the Truth seekers. Our minds cannot discern truth from falsehood. Our soul-based feelings are always in truth. As we embrace and live through our feelings we will step away from error. As we learn and express our feelings, both good and bad, we will release the errors that we have absorbed during our childhood suppression and ongoing repression, thus healing ourselves of our personal Rebellion and Default.

As we progress with our healing, then we will transgress the ceiling of the mind's limitation (499 on Dr Hawkins' Map of Consciousness) and embrace our potential which is to infinity through our soul-based feelings of Truth.

The quickening of the Law of Compensation, as a consequence of the emerging 1,000 year Avonal Age now commencing, for those who set their 'minds' to cause harm to another may progressively find themselves being debilitated with the equivalent of the pain they intend to inflict, thus preventing the error being executed. Within the spirit mind Mansion Worlds, this is instantaneous. How this is to unfold on Earth is yet to be understood. However, injuries to others will be compensated for while one lives within the physical on Earth, thus the progressive emptying of the Hells will unfold. This will bring about an era of peace on Earth as conflict and war will be impossible.

LAW OF COMPENSATION

Quickening

Greatest Event in the History of Humanity!

Spiritual growth on Earth evolves connectivity!

Spirit connectivity is relevant to level of truth.

- Early 1990s: The arrest of the Caligastia and Daligastia soulmate / soul partner pairs, being rebellious Lanonandek spirits – Earth’s planetary prince and deputy.
- 22 March 2017: Negative mind-spirit influence was blocked by Celestial spirit.
- 31 March 2017: Angel assisted healing will become available upon the Avonal pair completing their own Feeling Healing, being with Divine Love, thus it being Soul Healing.
- 22 May 2017: Law of Compensation quickening.
- 2 December 2017: Psychic Barriers maintaining the Rebellion and Default were cracked.
- 8 December 2017: Bring on the money to **‘house the future of humanity’**.
- 31 January 2018: Earth and the seven associated Mansion Worlds (including the two Earth planes) are **officially** now fully under the control of Celestial spirits. This marks a tangible and real end to the Rebellion and Default.

Three people on Earth are of high 7th Mansion World condition - this is what has unfolded:

As of November 2020, due to three people on Earth progressing through their personal spiritual healing and progressing into the equivalent of the 7th spirit Mansion World, have enabled the above events and milestones. Two high level spirits have led the way. These two personalities have needed to incarnate into the physical and unaided have had to find the way to heal themselves of the imposts of the Rebellion and Default which they voluntarily took on. This is the most exciting time in the history of Earth’s humanity.

When they move into Celestial Heaven soul condition while living on Earth then:

Upon becoming of a Celestial soul condition, then these two personalities will have Celestial soul level truth and will be able to directly convey such truth in person. Having then done so, Celestial Heaven spirit personalities will be able to follow and directly communicate with personalities in the physical on Earth in a similar manner. Presently, Celestials can only prompt people and not converse.

The level that the two high level spirit personalities progress to while living in the physical will set the ceiling for those on Earth in what they can grow in truth and love to. We can only follow.

Further, the conditions that prevail throughout the 1st spirit Mansion World may progressively be earthed. In the Mansion Worlds, the operation of the Law of Compensation is instantly imposed through the vigilance of Angels. This is likely to be imposed on physical Earth for the coming 1,000 years.

For Humanity to go through a spiritual upliftment, such as now, high level spirits must lead the way!

The Rebellion and Default was imposed upon Earth’s humanity by high spirits from within our Local Universe of Neadon. To end the Rebellion and Default, higher level spirits, being an Avonal pair from Paradise have had to lead the way out of the Rebellion and Default. This they are now doing!

200,000 years of UNFETTERED DOMINATION! by wayward High Level Spirits



TOTAL DOMINATION Universal Contract

FOR 200,000 years ALL SCRIPTURES and Earth based INSTITUTIONALISED SYSTEMS are the WORK of the REBELLIOUS LANONANDEKS:

The rebellious Lanonandeks from within our local universe are these soulmate pairs:

THE EVIL ONES



Lucifer pair
Arrested and imprisoned 26 CE



Satan pair

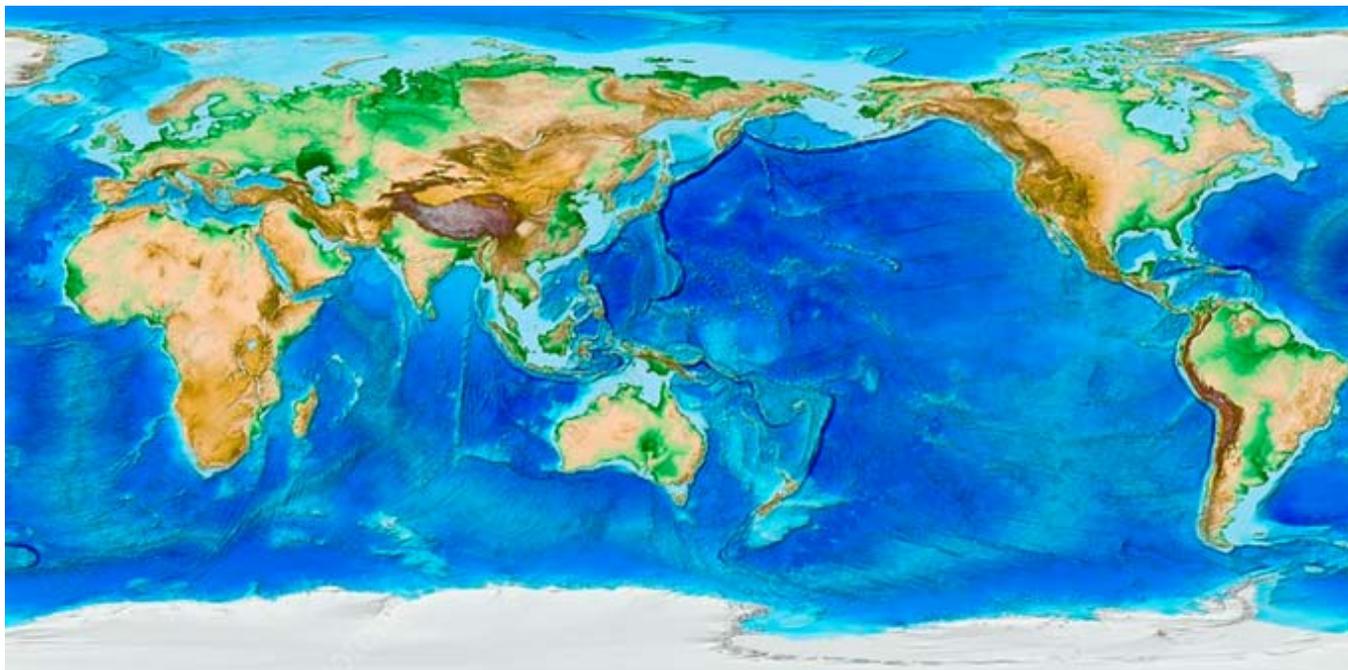


Caligastia pair

Arrested and imprisoned 1993 CE



Daligastia pair

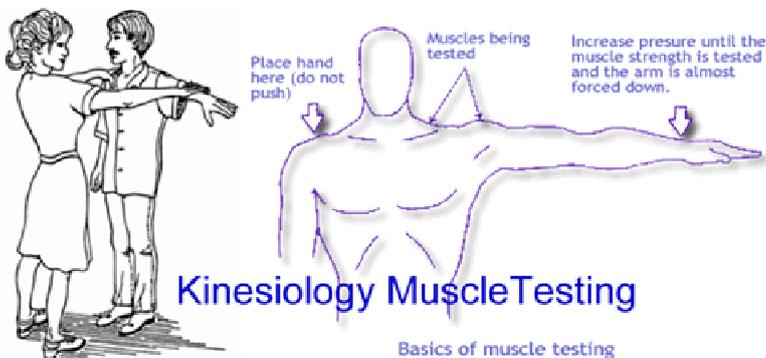


Now Ended!

Living Feelings First

For the past 1,800 years, the evolutionary development of humanity has stagnated at 190 on Dr David R Hawkins' Map of Consciousness (MoC). This of a consequence of humanity remaining mind centric and adhering strictly to the suppression imposed by wayward high level spirits who have now all been incarcerated and their puppets blocked from furthering their agendas.

Applying kinesiology muscle testing in conjunction with the Map of Consciousness (MoC) table, the inadequacies of those in leadership roles is readily discernable. Those in leadership roles throughout all of society can be recognised as to their capabilities, or lack thereof, instantly. Those who have not developed or evolved their consciousness to appropriate levels can now be dropped from positions of authority. Most will fail. The dearth of appropriate leadership will put a greater focus upon the inadequacies of the education systems worldwide and the inabilities of institutions, such as health, to provide the services required of them. Governments and their structures fail miserably.



Council of Elders

A Council of Elders may now begin to be formed. Initially, these are people who have significantly advanced through their personal Feeling Healing. The entry level for a council member may be considered to be as low as 700 on the Map of Consciousness (MoC). These are extraordinary people.

Through Feeling Healing, what unfolds is spontaneity and intuitiveness, versus the zombiism and stupor that presently prevails throughout mind centric humanity.

High level leadership roles are to be filled with those calibrating 470 or higher, their deputies to calibrate 440 or higher, and support leadership functions to be filled by those calibrating over 410. Health services personnel to calibrate over 500.

Everything is about to change. Living through our feelings is our pathway in growth with humanities evolution in spirituality is about to become dynamic.

Living Feelings First!
INTUITIVE
INSIGHTFULNESS
DYNAMIC
NATURAL INTELLIGENCE
SPONTANEOUS
VIBRANCY
Foresightful
Wisdom & Truth
FREEDOM
EQUALITY

Living Feelings First is to replace Mind Centricity

A hidden very few controllers have orchestrated every system and way of living for humanity to be mind centred. While we live through our minds WE CANNOT EVOLVE!!! Our minds are wonderful but they are, in themselves, addicted to control over the environment, over others and ourselves, and our minds are addicted to untruth, they cannot discern truth from falsehood. We have been screwed for the past 200,000 years through these hidden controls.



Firstly, all the emotional injury that we take on, that we are infused with, commencing at the moment of conception, is what limits our capabilities throughout lives. It is these same emotional injuries, mostly infused upon us by our physical parents, which set in place our health throughout our lives, our social issues, our quality of life and our prosperity. However, through mind centricity we remain stagnant.

What we take on emotionally must be released emotionally. We must talk it out of us emotionally. The pain will be no greater than the pain that was felt when we were infused or repressed throughout our childhood forming years. But this is the one and only pathway to heal and evolve beyond the zombiism that we see around us. We are all functioning in a stupor due to the limitations of mind centricity.

Our feelings are always in truth, they are our truth. With truth we have freedom and prosperity – yet we will need little – as our fears and addictions will be put aside. The connectivity with the spirit worlds will also open up to those who heal through their Feeling Healing.

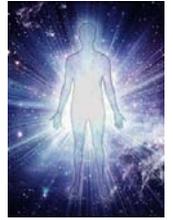
WHOLE DIFFERENT Way of Life.



Living Feelings First growth potential is

Our Feelings are our Supreme Guide! Truth is found through our feelings, we are to long for the truth about what our feelings draw our attention to. Our soul based feelings are always in truth. We are fully self-contained. This simple fact has been hidden from us for 200,000 years while our hidden controllers, the evil ones, kept us under their selfish controlling agenda.

Living through our feelings first with our minds to follow in assisting with what our feelings guide us to consider is a rewarding, freeing and vibrant life. Whereas we all have been retarded through living mind centric.



Living through our Feelings First, the New Way, and longing for truth of what they are to reveal, expressing what we feel, both good and bad, will enable us to progress through the Feeling Healing Mansion Worlds while living on Earth. With Divine Love we will be fit to enter the Celestial Heavens and progressively then through all the Celestial Heavens of our local Universe of Nabadon and then onwards to Havana and Paradise, the home of our Heavenly Mother and Father.

Not only will we progress beyond 1,000 MoC when transitioning into the 1st of the Celestial Heavens, by the time we reach Paradise we will have progressed to what could only be described as infinity – well not quite – but we will be truly awesome in our evolution and development.

Living mind-centric limits growth to 499 MoC

We all live through our minds! We all suppress and ignore our feelings. This has been how we have been led to live by high level spirits who had ambitions of self glorification to our detriment. These wayward spirits had allusions of expansionary empowerment and they needed Earth's humanity as their foot soldiers! Through their deceit, we would continue to live in spirit as we do on Earth without any prospect of progressing out of the spirit mind Mansion Worlds.

Should we continue with aspirations in the perfecting of our mind then we can progress from the 1st spirit Mansion World to the 2nd mind spirit Mansion World, then 4th and finally 6th mind spirit Mansion World to a dead end. In these higher worlds we may appear to be guru type personalities but we have gone further away from God – we have then perfected our evilness!

The mind can even stave off the time when the Law of Compensation is addressed.

A U-Turn is required and then one would commence embracing their feelings and progress through the Feeling Healing Mansion Worlds 3, 5 and 7. With Divine Love then on completion of the 7th spirit healing Mansion World process we transition to the 1st of the Celestial Heavens.



While we suppress and ignore our feelings we are living in hell and putting ourselves through untold misery, pain and suffering when we can achieve healing to the level that we are living as Celestials while in the physical on Earth!!!

Root Cause

Our Minimalistic Existence:

outcomes

Due to humanity living through our minds, against our true selves:

The whole human race is suffering from repressed childhood and mind control.

Humanity is within a kind of dormancy, or even more like a stupor!

Even the greatest scientists do not calibrate above 499 on Dr David R Hawkins' Map of Consciousness (MoC) scale which is based on the common log of 10 and goes to infinity.

While we are mind dominated, we cannot discern truth from falsehood, we are addicted to untruth, we are addicted to control over others, 98% of assumptions are in error – 2% are flukes!

Mind worshipping / domination holds us in the state so that we can only live within the 1st spirit Mansion World condition. We must progress through seven world before becoming Celestial.

Living through the mind is a most exhausting and limiting way of life.

It is our mind held errors and injuries that generate ALL discomforts and illness in our body.

ALL systems throughout Earth are mind generated controlling and error ridden systems.

Democracy divides the population and then the few inadequate representatives anoint a 'dictator'!

3,400 significant religions all each hold the only truth – so they say. Rebellious Lanonandek spirits, Caligastia and Daligastia, orchestrated the founding of each of Earth's religions.

Lucifer and Satan imposed the wrong way of living upon Earth's humanity, that is living mind dominated rather than feelings orientated, so that they could keep growing the numbers of spirit personalities under their control for subsequent expansion conquests of other worlds.

Every Earth system is controlling and limiting. Education is generally delivered through lectures, 5% retention rate, whereas students tutoring each other have 90% retention rate. Natural self expression is 100% truth and retention. All systems, unknowingly, retard humanity's growth.

Healing is taking someone who was all but crippled right the way through their childhood and undoing all that retardation within them.

If one applies themselves to their Healing, thereby ending their unconscious self-denial, they will as they Heal, change and start expressing all the buried attributes, characteristics and talents, any natural part of themselves that's been denied because of their unloving parenting.

We are all but the living dead, whereas the Healed are the living living. And there's a huge difference.

Root Cause

Highly esteemed Lanonandek spirits from within our local universe of Nebadon were assigned as System Sovereigns of our local system to oversee Earth's humanity and their spiritual development. 200,000 years ago they, the Lucifers, became infatuated with their authority and turned against the regents of Nebadon, Mary and Jesus, as well as rejecting God. Through their Planetary Princes, also Lanonandek spirits, they had taken the humanities of 37 worlds within their local system into their Rebellion.

Through living through our minds, suppressing our feelings, we on Earth will continue to be at war with each other, illnesses of all descriptions will continue from our feelings suppression, famine and inequalities prevail, control of others is the core of all systems, we cannot determine truth from falsehood and life on Earth is a living hell. We have been continually seduced by mind Mansion World spirits and we live in a stupor – nothing more than zombies doing the begging of the evil ones, the rebellious Lanonandek spirits.

Through living through our minds, suppressing our soul based feelings, we have been progressively going further and further away from our Heavenly Parents, now to the point that we cannot go any further. Through working cracks in the Universal Contract governing the Rebellion and Default, this control has been ended formally as of 31 January 2018.

Pathway Forward

To liberate one's real self, one's will, driven by one's soul, moves one to embrace Feeling Healing, so as to clear emotional injuries and errors. With the Divine Love, then one is also Soul Healing. We are to feel our feelings, identify what they are, accept and fully acknowledge that we're feeling them, express them fully, all whilst longing for the truth they are to show us.

God's Divine Love: Pray for it, ask for it, and receive it.

The Golden rule is: Never interfere with another's will.

Golden Rule: that one must always honour another's will as one honours one's own.

New Feelings Way: learning how to live true to ourselves by living true to our feelings.

We are to express our feelings, both good and bad, at all times, and to long for the truth of them.

By living true to ourselves true to our feelings, we are living true to God. It's that simple.

The Golden rule is: Never interfere with another's will.

From our moment of conception to around six years of age, we are submerged in our parents controlling addictions that were imposed upon them by their parents and so it has been these past 200,000 years. Our Indwelling Spirit arrives when we are six years old and then we are responsible for our actions, however, we find that our expanding environment awakens us to further methods of exerting control over others. We all go on with our life imposing our control over others, mostly because this is the only way we can survive and that is how others live. We remain oblivious to the harm, discomfort and pain that we cause other and unaware that whatever we cause to another will come back upon us as equivalent pain in the form of compensation that we will each endure – eventually! We may consider a sarcastic comment made in jest is inconsequential – but the pain felt by the slight will be returned to us.

We may go on to be involved in commercial activities where deceit may be the accepted practice, yet the harm is caused to others will come back to each of those involved, with the leader to bear it all.

Development of weapons of destruction have consequences for all involved, but none greater than upon the authorising personalities. Developing medications and vaccines that bring about harm draw compensation. Nuclear devices have generation consequences as do vaccines that manipulate genes. Thus, those who develop such technologies stand beside those who authorise their application. But those who mandate their application may find generations suffering harm requiring ongoing accumulating compensation to be addressed.

We look upon notorious barbarism by despot leaders as the pinnacle of harm requiring incomprehensible compensation, but we have leaders of religious sects and institutions of various kinds who we treat with great respect and honour when the ongoing harm they impose is far greater.

Then we look to how all this evilness became so widespread and entrenched, the actions of the Evil Ones 200,000 years ago are still building up compensation requirements as everyone today is living against their personality will and seeking control over others, even if it is only within their family – there is no one of us who is not entrenched into the Rebellion and Default imposed upon Earth's humanity by these evil four soul partner Lanonandek spirit leaders – Lucifer, Satan, Caligastia and Daligastia.

One must always honour another's will as one honours one's own.

Zelmar, a Melchizedek, 1 July 2003: The Rebellion leaders have all now been interned on a sector of one of the higher Earth planes. And they will remain in the 'hell of their own making' until they fully feel, and so repent, coming to understanding the pain and suffering they have caused. Can you imagine how many souls they have caused pain on all the rebellious worlds (37), so that's a lot of pain, a lot of time feeling such pain caused as their compensation, for them to understand the extent of the damage they have done. And time needed to bring about the rectification of their own personality expression; because as you can image, being so rebellious means they are very shut off to their true feelings, very much caught up in their controlling minds, so living with very corrupted, distorted and dysfunctional personalities. So potentially, it is conceivable they will remain in such isolation until everyone on all

rebellious worlds (37) and in their associated mind Mansion Worlds have completed their Healing.

Zelmar, a Melchizedek, 27 June 2003: All that is rebellious and so of the Lucifer Rebellion will be one day cease to be. So deep within you, you know the truth that you are not right, that you are rebellious, and so also the truth that one day you too will cease to be.

Zelmar, a Melchizedek, 1 July 2003: You understand about Lucifer and Satan, but what about their soul-mates, their other halves, and how instrumental have these hidden feminine evil spirits been in shaping the course of the Rebellion.

Who do you think it was that coerced Eve into defaulting, do you think it was Satan or Lucifer, would Eve listen to such male spirits as much as she might listen to their female partners? It's been, in fact, the unseen evil women spirits who've had far more of a hands-on negative influence on humanity than the men spirits. The four evil women spirits (the partners of Caligastia and Daligastia were involved too) have worked to turn women against the truth of their feelings, so mothers then turn their children against themselves. And as the boys grow up, so they too have taken on their evil role of dominating women, and now even supporting those women who want to dominate and be their equal, as you are seeing through the feminist movement. **True liberation of the woman (and man) will only come when women start to fully honour all their feelings** as I have been talking about, then women being mothers will be the greater influence on their children in helping them to not be so rebellious. And as women (and men) one day become fully Healed, then in such perfect and true relationships will women and men parent children no longer inducting them into their rebelliousness.

The evil women spirits drove the personal and more intimate level of the Rebellion, whereas the evil men spirits drove the impersonal and bigger picture side of it.

The Rebellion leaders have all now been interned on a sector of one of the higher Earth planes. And they will remain in the 'hell of their own making' until they fully feel, and so repent, coming to understanding the pain and suffering they have caused. Can you imagine how many souls they have caused pain on all the rebellious worlds (37), so that's a lot of pain, a lot of time feeling such pain caused as their compensation, for them to understand the extent of the damage they have done. And time needed to bring about the rectification of their own personality expression; because as you can imagine, being so rebellious means they are very shut off to their true feelings, very much caught up in their controlling minds, so living with very corrupted, distorted and dysfunctional personalities. So potentially, it is conceivable they will remain in such isolation until everyone on all rebellious worlds (37) and in their associated mind Mansion Worlds have completed their Healing.

Zelmar, a Melchizedek, 23 July 2003: Your next question, James, concerns the whereabouts of Caligastia and his partner. Caligastia, for the readers who may not know, was your (Earth's) planetary Prince, the Lanonandek Son who was the spirit governor of your world and who embraced Lucifer and Satan, helping them to bring the System Rebellion to your Earth. Caligastia and his partner had another Lanonandek Pair who help them, the Daligastias. And together the four of them coerced Adam and Eve away from being true to themselves bringing about the Planetary Default.

And as *The Urantia Book* states, with Jesus' (and Mary's) coming, the powers of these four Evil Ones were severely lessened. Jesus and Mary ended the reign of the Lucifers and Satans thereby technically ending the Rebellion in their universe of Nebadon. However, it was left to the arrival of Avonal pairs to fully end the Rebellion on the individual rebellious worlds. So, the Caligastias and Daligastias power was substantially lessened to the point of during the past two thousand years they have only been able to subtly impress upon certain mind spirits and



evil
ONES

people on Earth, who might have been open to them, to help further the Rebellion. But that has ended now because of the Avonal pair, with only the mind spirits being able to coerce you on Earth.

The Caligastias really had all the power over humanity, they did the greatest amount of damage to you. They did far more hands on damage to you than the Lucifers of Satans, and yet you didn't even know of their existence until *The Urantia Book*. So the ones you fear as being the Evil Spirits, Lucifer and Satan, didn't actually have that much personally to do with Earth. They orchestrated the Rebellion on the higher spirit levels, with the Caligastias being helped by the Daligastias, carrying out their nefarious plans on Earth and in the mind Mansion Worlds.

All eight of the Evil Spirits are now interned on a detention world (actually it is the highest earth plane associated with Earth and not on another rebellious world's earth plane, because of Mary and Jesus' relationship with the Earth) awaiting judgement of their crimes. So they can no longer negatively affect or hurt you, they are no longer guiding the Rebellion along its nefarious course, they no longer have a say in it on any level. And nor can they, should they have a 'turn of heart', directly participate in eradicating the negative effects of their dirty work. It has all been taken out of their hands. So it's now all up to yourselves, the main controllers on your world and the controlling mind spirits who are guiding them, they are now your 'evil ones'. And soon these more controlling people and mind spirits will be dealt with by the Avonal pair, once they have finished their Healing. Then all such control will cease and people will be entirely free to get on being a controller in their own little personal world as they continue to live their negative mind patterns, and without being able to control others; or end such control by doing their Healing. The prophesied 1,000 years of peace will then come to humanity as it lives through the forthcoming Spiritual Age.

So far living in their detention plane, Caligastia and his partner have not wanted to relinquish their false power one bit, even though all about them it is obvious to us that they have no real power anymore. The Daligastias, perhaps because they had more personally to do with people having been materialised on Earth and living with people so many years ago, have started to show levels of guilt and remorse with a growing conscience as to the damage they wrought.



Be Feeling
Expressive



it's all about
Experiences
&
Feelings

LIVING MIND CENTRIC is SUBMITTING to RETARDATION and MEDIOCRITY

Our mind is a wonderful instrument when it is used to implement what our feelings prompt us to embrace. However, our high level spiritual leaders prompted us all to believe that our potential would be found through our minds, so much so that we could become ‘mini-gods’ through the perfecting of our minds.

Our potential through mind centricity is 499 on Dr David R Hawkins’ Map of Consciousness (MoC) being the peak of Reason. This is also the peak of development of those who enter into the 1st spirit Mansion World where billions upon billions remain for aeons, blind to their entrapment to hidden controllers. Some further their mind perfection through their ongoing suppression of their feelings and progress blindly through the 2nd and 4th only to reach a dead end at the 6th spirit mind Mansion World, never getting out of the hells and entering the 1st of the Celestial Heavens. They eventually have to do a Great U-Turn and retrace their steps and then work through the 3rd, 5th and 7th spirit healing Mansion Worlds and then commence their progression through the Celestial Heavens living Feelings First.

Hidden controllers within the spirit worlds, for the past 200,000 years, have kept us in their enslavement as they understood that:

- Our minds are addicted to control, control of others and our environment.
- Our minds cannot discern truth from falsehood – thus easily led through our mind’s lack of discernment.
- Our minds are addicted to untruth – a global pandemic has demonstrated worldwide submission to a few through governmental dictates – conspiracy theories abound – nations can be easily led to war against others.
- Worshipping our minds, believing that when we ‘think’ that we discern truth when it is error, stagnates our progress, thus keeping us in submission. Education systems worldwide embrace this.
- Assumptios are the product of the mind, the error rate is around 98%. The doctrines of the Catholic Church demonstrate this to ‘perfection’.
- Feelings are our soul-based truth. Females are closer to feelings, so these hidden controllers had males make females subordinate to men. History reveals very few women leaders – look at the religious institutions.
- All religions are the product of the workings of these very same hidden controllers.
- These beliefs, patterns of living and norms are entrenched through generation after generation.
- We believe that **‘I had a pretty good upbringing’ in comparison to other people!**
However: **Parents have NO understanding of Love.**
Parents have NO understanding of Law of Free Will.
Parents have NO understanding of blocking emotions.
Parents have NO understanding of causal / core emotions.
- Hidden control has kept parents from knowing how to be loving true parents, consequently:

Parents abandon Children emotionally!

- And the Rebellion against God, love and truth has progressively evolved and intensified to the point that on 31 January 2018 intervention from even higher level spirits has formally ended the Universal Contract governing the Rebellion and Default of the rebellious Lanonandek spirits led by Lucifer who submitted to his female soul partner’s wily assertions.

Our CHILDHOOD SUPPRESSION is the Elephant in the Room:

Zelmar, a Melchizedek, 24 May 2003: Rebellion against Truth and Love is doomed to fail. Within all such rebellion are the seeds of its own demise, because it is rebelling against all that is life sustaining – truth and love. You live in a Perfect and Loving Creation. To go against this, and so against God, is futile, however, it is what you people and spirits of the Rebellion need to experience and finally wake up to and see for yourself; and if for no other reason than to show you it is not going to make you feel good in the end. So, you have to get to the point in your life, be it on Earth or in the mind Mansion Worlds, when you can start to see that how you live is no longer good, as it no longer keeps you feeling good. So living against the truth of yourself is also doomed to fail, and that will be when your mind is forced into giving up its control over your feelings.

For most people this breaking down of their controlling mind is a slow process, and it is what you feel when your life starts to go seemingly against you, and if you listen to the feeling messages, you will start to look for another way of being, you will want to know what is going wrong in you and why. You will want to know the meaning of yourself and life, and start asking deeper questions seeking answers and wanting ultimately to know the TRUTH. When this happens, you are beginning to be a true truth seeker who is intent on finding the truth at all costs, then you are well on your way to heeding the call of your soul.

If however you still resist, the pressure will build, and eventually, as you have been told about in your other writings, James, with spirits who've experienced such a thing, the soul can crash your mind, make it collapse and break down completely, a complete mental breakdown, so you have no choice but falling and giving up, as your control is instantly stripped from you. This extreme failure is mostly reserved for the higher mind spirits of the sixth Mansion World, as most people on Earth can't attain such level of mind mastery over their feelings, the physical being more resistant to it.

And such extreme measures need not be employed by the soul whilst you are of flesh, because there are many 'lower' or other things that can be brought to bear on you, with things such a physical illness being just as effective in putting pressure on your controlling mind. This mind crash is very severe and therefore the last resort. And it is nothing like what you call a mental breakdown, it is far more severe and extreme, taking place on a spiritual level and involving all of your being. Your medicine wouldn't be able to cope with such a thing if it did happen to you in flesh, and you would simply perish to be nursed by spirits back to a point from where you can start over.

What you call a mental breakdown is just a partial stripping of only a few controlling beliefs. As it can debilitate you completely all the same, thus showing just how much you are controlling yourself with your mind, and still far more work will be needed by the individual through their Healing to complete the process. Your Healing in many ways is one long mental breakdown, all to relinquish all your rebellious mind control. And I will add that those in spirit who experience such a big mind crash, do not get let off the hook and they are then healed, for all that happens is they are rebased, in that they 'fall' to the lowest Mansion World, deflating their mind to the first Mansion World from where they can start over living their mind life. Yet, hopefully, mindful that how they were living was not good for them, and so they might possibly start to look for a new way – to do their Healing.

To invest all your life and your whole being, all your will, to achieve and maintain such extreme mind control, then for it to fail so dramatically, does, as you might imagine, make one have to reconsider all they believed life to be. They believed they were King or Queen of the pile, then to fall into the horrible

depths of their unexpressed pain, is a major humbling experience. They will have to start seeking truth, just as all do; and will, when they finally embrace the Divine Love, do their Soul-Healing. They will have to work through all the negative mind circuits, just as all do. And yet many such fallen and ‘broken’ mind spirits, don’t actually start seeking the truth through their Healing, and again stubbornly start living exploring another mind controlling way.

I will finish for now James – Zelmar. (a Melchizedek from within Nebadon)



Zelmar, a Melchizedek, 22 May 2003: It is right that you started life in Creation by rebellion against Creation, that was what was encoded in your soul by the Mother and Father; They want you to begin life in Creation by experiencing being of the Rebellion. And when you have experienced it fully, having experienced all the unloving and negative rebellious experiences They want you to experience, then your soul will move you to first rectify all such wrongness as you become aware of the truth of being of the Rebellion, and then once you are fully aware, accepting and understanding of your rebelliousness, to then transform you out of it. And the longer you delay in striving to ‘fix yourself’, the more suffering you will bring to bear on yourself. It hurts to go against the Natural laws of Creation, and so this is the pain you are experiencing. You do not need to know the laws you are breaking or even that they exist, for you have been created to feel pain and bad feelings, painful feelings to tell you that you are digressing and that this digression is not good for you.

To get to the point of physical, spiritual, mental or emotional illness, is leaving things very long unattended. You cannot put off the inevitable, and you will only make the pain all the worse. Bear in mind, as you swallow a painkiller to rid yourself of your pain, that you are pushing your transgression further into the negative, rather than listening to what your pain is trying to show you about the truth of you living untrue and against yourself. Everything you do that denies your pain stops you fully embracing and expressing it, stops you from fully feeling it, moves you to being at greater odds with

yourself. If you honour all your pain, **as in expressing all your bad feelings** no matter how they come to you, **you will find the truth as to what is wrong**, and you will be able to make amends and change your ways or beliefs, and bring back harmony, balance and love to your being.

Unfortunately **humanity is currently not aware of this as fundamental life truth**, and so most people are trying to desperately avoid pain at all cost, to just block it out, banish it, pretend it's not there, and this you have done and were made to do as children, and so are merely carrying on what you know to do, however it is very costly to the relationship you have with your soul. Each and every moment you exist away from and untrue to yourself, will and is causing you pain, and you will have to one day acknowledge this pain to bring yourself back. The feelings of disassociation and disconnection you may experience within you, as though you are not really here and are just a shadow of your real self, are all such feelings and perceptions of your mind indicating that you are not truly aligned with all that you are meant to be, all your soul is wanting to express.

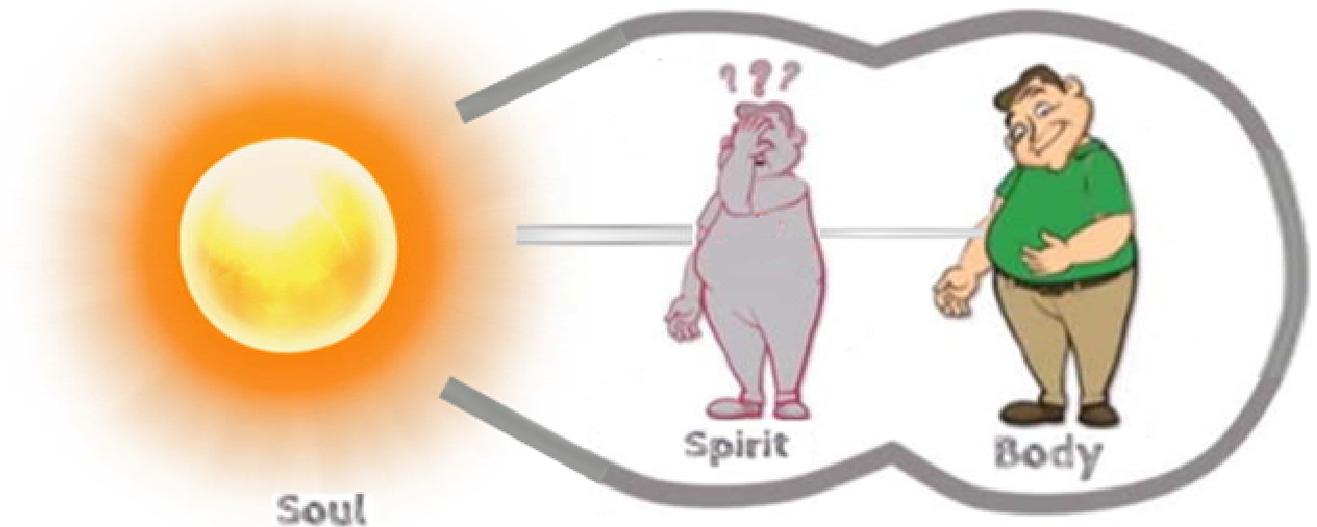
Every medical complaint you have, every ailment, is symptomatic of this denial of your real and true you that you, your soul, desires to create. Everything that happens to you that hurts you, big or small, is your soul trying to show you that it is not being freely allowed to express all of itself. In your rebellious states you are living partial expressions of your personality in Creation, it's not the full you living fully being true to yourself and your soul. And so because of that, you don't feel truly happy and loved. You can only feel fully true and loved when you are not living against yourself, when you are wholly self-loving. **When you have healed yourself and are truly free of the Rebellion, then you will not experience pain of any sort for there will be no need for you to**, as you will be living in perfect harmony with yourself, your soul, and with Creation, and so you will be honouring all the Laws of Creation and be 'living love'.

Everywhere there is no love, there is pain. All of the pain in you, is all of you that is not of love, not being loved, feeling loved, and consequently is not loving. You cannot completely know love until you are in complete universal harmony, at one with and at peace with Creation, and this can only be achieved by being at-one with your soul. To long to be at-one with the Mother and Father, is to also want to be eternally at-one with your soul. And so far as to what this feels like, you will have to wait to find out. No one except Jesus (and Mary Magdalene) has lived in such a true and perfect way on Earth since the Rebellion started 200,000 years ago, and as you cannot know what another is experiencing and feeling, so how they felt, you will have to wait and see for yourself. But it is well worth the effort of striving to find out – to do your Soul-Healing.

I will leave it there for this evening James, thank you – Zelmar. (a Melchizedek from within our local universe of Nebadon)



Illness emanates from the spirit!



Zelmar, a Melchizedek, 20 June 2003: **When you are physically sick, your physical body will be expressing the illness of your spirit, that which will be reflected in the 'illness' of your spirit body.**

That which will be reflected in the 'illness' of your will; that which will be reflected in the 'illness' of your soul. If you could see into one's aura, you'd see all the trauma and damage done in all the subtle bodies and in your spirit body. Your spirit body does not remain perfect and only your physical body becomes sick, you only get sick because you are sick in your spirit body, which really means you are sick in your will, and so sick in your soul.

The doctor might attend to your physical body and make you well, however this will only happen if it's what your soul wants; and if so, your attending Angelic Pair will make the necessary adjustments in your spirit body and subtle bodies so as to 'allow' the doctors doctoring to show positive effects. If the doctor is to fail, then it's because the Angels didn't adjust the spiritual for you to become healed. People having limbs amputated might feel a 'ghost limb' which is really their spirit body arm or leg.

Your physical bodies are designed to be supported by nature, not attacked by it.

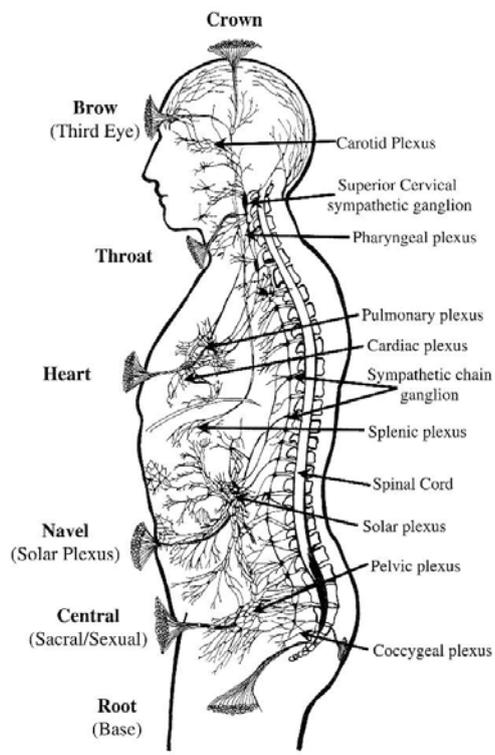


We each have two angels with us at all times.

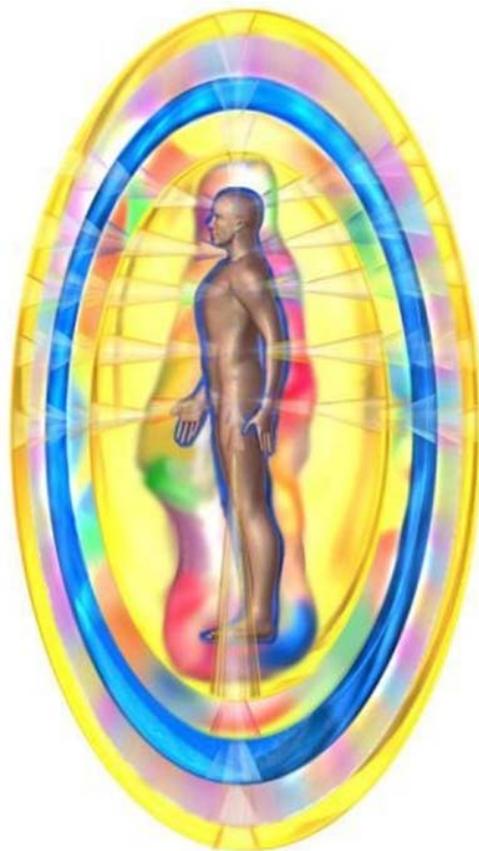
Only sickness of will brings about attack, and this only happens to show you that you are in pain, that you are not right, and that you need to seek the truth of your suffering. However, the difficulty here is that the original causes have happened to you before you were six years old, and all that has happened since has served to only compound the problem. And as most people have difficulty relating to their earlier life, it is hard to see the truth of what was happening to your will back then is still happening now as an adult being expressed in your illness.

And so this remains the hidden truth of humanity and explains why it is so easily passed over and disregarded, although more people are now looking back into childhood more seriously, and it is becoming generally known that how your childhood has underpinned your whole outlook on life. But this is only scratching the surface as to the truth of what you suffered on all levels. To restrict and interfere with a child's will is the cause of all problems then in the child, and as it grows up, and once grown up and forevermore until you do your Healing.

SPIRIT BODY Brennan Model of the 7 Levels of the Human Energy Field



Chakra and Nerve Plexuses Locations. Each of the major chakras is associated with a major nerve plexus within the body.



You parent using your mind and without truth, and as your minds are rebellious, so you can't expect to be a perfect parent. Only when parents of Celestial truth parent their children, will such children grow up perfect. You are designed to parent with truth, so if you don't have any, you're not going to be much good as a parent.

A parent full of truth, such as a Celestial parent, by expressing, by simply living and being that truth (as it can't be anything else), will know innately, will know through and with that truth, everything its child needs; all how it is to relate to its child lovingly, and it will just be that loving expression of truth to which its child will lovingly respond. You can't learn how to parent, that is still only using your mind, you have to BE A PARENT OF TRUTH, and it just happens, you'll just parent lovingly with and from that truth. So whether you keep the reigns pulled in hard on your child exerting maximum control, or whether you loosen them allowing your child to all but run free, it's all still just different expressions of parenting with your mind. So, saying being a parent you are to do this and not that, is meaningless; being a Parent of Truth you will just act with that truth, being fully connected always with your child who constantly responds to your loving truth expression. And as you parent with and through truth, then you will understand naturally things about it with your mind. But Truth must always come first, not Mind.



Mental or mind Truth-Seeker academically self-satisfies his/her own erroneous beliefs.



Through your own feelings you grow in Truth from your heart felt feelings. Truth we seek is within us all.

You are to find the truth of the Rebellion and Default within yourself – the truth of how you are rebellious. And the best way to do this is through your relationships. So, your Healing will focus a lot on your interactions and connections with other people, and most importantly within your intimate relationship. And then to do with your parents and family.

You look at the mother as something of a god. So much is said about the 'mother's love', your whole civilisation might rupture and collapse if mothers stopped loving their children. You give such power to the mother; and a woman becoming a mother steps up into newfound power, she now has all power over her children, and far more than the father. And she's not a 'real woman' with real power unless she has children. She is in control, no longer having to be only subject to the control of her mother, and so you fail to see that all the problems a child has, results from her (and the father). So often the child is judged and seen as the bad one, they are to pull themselves together and grow up and do as they are told – behave properly. You put it on the child, that if it has a difficulty, it has to overcome it, and it is its fault. Rarely the blame is given to the parents, and even less to the mother.



In a way, each person's Indwelling Spirit, which is really God, is contracting out the work needed to be done with you to other agencies. So to us spirits, the angels, the nature spirits, other elements under the Divine Minister's control, and even other non-humanity spirits, all of which end up doing increasingly more amounts of what your Indwelling Spirit does. And this 'outsourcing' is to affect greater personality interaction, increasing your experiences so they are maximised through interaction with different personalities rather than just relying solely on God. Overall, we are to become increasingly at-one with God, but we are to do that by becoming increasingly immersed in the experience of being with others.

Nanna Beth – 3rd Celestial Heaven: 25 December 2018



We each have a band of a Nature Spirit pair, Spirit Guide pair, and an Angelic pair, each pair being in their 'soulmate / soul partner' relationship. In addition we have our personal Indwelling Spirit.

You don't look at everything that's wrong with the child is because of its parents, and with a large amount of the hands on work that's caused all those problems being with the mother because she spent more time with the baby and young child having to 'mother' it. So, the mother often gets let off of any blame, and the child coming and accusing the mother is frowned upon because how dare the child be angry with its mother 'after all the mother did for it'. Yes, all the bad things the mother did to it to cause it all the damage and problems it now has that's making it angry with the mother. And then so many rebellious teenagers grow up having been once angry with their mother, to when they themselves become a mother, suddenly realising how hard it is having to cope and deal with the baby and young child, stop accusing their mother, feeling sorry for her and coming back onto her side. For humanity to evolve to the point of fully understanding and so accepting that all mothers and fathers are going to do many bad and damaging things to their children because they are not true and loving, it will be very difficult, however this is what will need to happen. One can still be a parent within and fully of the Rebellion and Default, yet also knowing that you are damaged yourself and so will damage your child, and then you both being damaged as your child grows up, and once as an adult, even possibly helping each other do your Healing.

It has been very important for humanity to parent being rebellious, firstly to keep the whole thing going, and then to have the experiences of being the 'victim' as the child, and then the 'perpetrator' being the parent. All to provide everyone involved with all the rebellious experiences they need. And so it's conceivable that will still keep going with parents who are more aware of themselves being of the Rebellion and Default and so being more accepting of the truth that they can't be any other way and yet still want to have children.

Ideally however, which can only be done once Healed, respect for your child's will needs to be started well before you conceive one. It needs to be your state of truth, how you live your life, so you need to first heal your own will damage so as to be able to parent and guide another's will into being. You cannot believe or just want to respect your child's will, that being of your mind, it all has to come from and with truth, it has to be lived from the heart as an expression of the truth you are living. The truth being so strong you couldn't be any other way, so you simply couldn't act disrespectfully treating it unlovingly. As you are, being of the Rebellion and Default, you can't parent other than being disrespectful and unloving. Some people are more loving at times, and these times are mostly what the child clings onto, all the good memories of feeling loved, with all the bad unloving ones buried in the depths of forgotten memory.

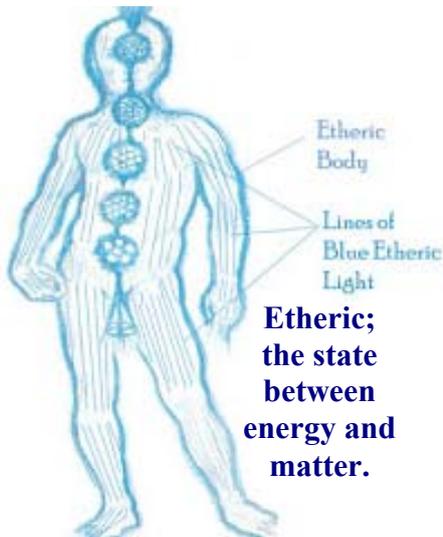
At conception, it is the wills of the parents that determines function or dysfunction of the child. If you do your Healing with your child, nothing is ever too late, because as you grow in the truth of your rebelliousness, you will change how you relate to yourself and so too your child, and it will all be for the betterment of your both. Your growing child will positively respond to you, it will still be damaged, only not as much as it would have been. All is not lost up to six, from then on the child has fully taken it all on, but still it can with your guidance and support change as you change. It can long for the truth of its feelings, it can long for the Divine Love, it can learn how to express all its feelings without denying the bad ones. And even as an adult, your child can look to your Healing example and understand the changes you are going through and that too will have a positive effect on it. Or, if it rejects you and your Healing completely, then it's meant to move deeper into its mind rebelliousness and there is nothing you can do about that. That is what God will want it to do, it being the pattern of its soul. So you will have to let it go and get on with your own Healing; and possibly one day when it does its Healing you will be able to have a truer relationship.



The highest most loving thing you can do in your life is to do your Healing – for yourself, your children, your relationships, for other people, for the whole world. Even if you have to leave everyone who does not want to know you as you seek the truth through your feelings, or they leave you, it doesn't matter because in the long run it will all work out for the best, and everyone has to be allowed to live as they choose, complete respect of will, be it dysfunctional or not. You may feel very alone because no one understands what you are doing through your Healing and how it's affecting you, however, that will be what you have to experience, it being how you felt at home with your family and parents – yet more bad feelings to express and long for the truth of.

You are living seven Mansion Worlds of corruption, all of which you'll work your way up through as you do your Healing. So, that is seven whole Worlds of untruth you'll be subjecting your child to. And you can't avoid it. Only as you do your Healing and move up through those Worlds will you lessen the negative effect. So, **you will be negatively damaging your child on a soul level, will level, spirit level and material level, the truth on all these levels.** And it's all borne out in your relationship – whether you are truly loving or not. And if not, which you can't be with seven Worlds of untruth within you, then how are you expressing this unlovingness, how are you being rebellious and against yourself, and why – what happened to you during your forming years that's made you be as you are. This all being what your Healing will help you see.

It is via the spirit etheric body that emotional issues and viruses emerge in the physical body as illness.



So, you are parenting your child with the most amount of will interference, and that is a lot of damage on multiple levels you are inflicting on that little innocent person. The child starts off at conception at a level of Natural Love perfection, so, the top of the seven Mansion Worlds, then through its parents and family, society, the world and everyone else that negatively affects it, is brought down to the level of truth of its parents by the age when its Indwelling Spirit arrives, about six to seven, so, mostly to that of the first and lowest World. And most people live their lives on that level, so, when they die they wake up literally in the first Mansion World, there being able to carry on living as rebelliously as they were.

So, many people comment on how pure a baby looks, and it is, compared to how it will look by the time it is showing all the will damage it has suffered at around six years old. Some people say when they look at their six-year-old child, that wonderful light it had as an infant is now sadly missing, and it is. And then others say that light their child had at six is missing now their child is an

adult, when at six it was already living against itself. So, as a parent it's a terrible truth you'll need to face, that you have all but extinguished that inner spark of your child; and as the child you have virtually had all your inner light crushed out of you. If you could compare a Celestial pair's child at six to that of any child at six years old on your world, even the most happy and seemingly positive child would seem so dull and devoid of any real spirit or light.

The image of the big overbearing parent standing angrily over his or her little child who is sitting crying on the floor of the Supermarket, is exactly how the child feels, completely overpowered and ridden to the floor, almost crushed out of existence, defeated, humiliated, rejected, utterly powerless; unloved – no one loves it, no one cares about it, everything makes it feel bad, it not getting the precious life giving love it really needs. And particularly from its parents, and from its so-called 'loving' mother who in that

moment angrily standing over it is expressing the truth of how she really feels – that she hates her child and wishes she didn't have to deal with it.

The battle may be over an item on the shelf it wants but it parent does not want it to have, but this is only the exterior superficial expression of the material, when really it's a real battle of wills, and the child is losing being heavily abused and crushed yet again. Fighting your child's will is not the way to be a loving parent, and it's not really a fair fight, is it, you the adult-will beating your little child's forming will into submission.

NEW FEELINGS WAY



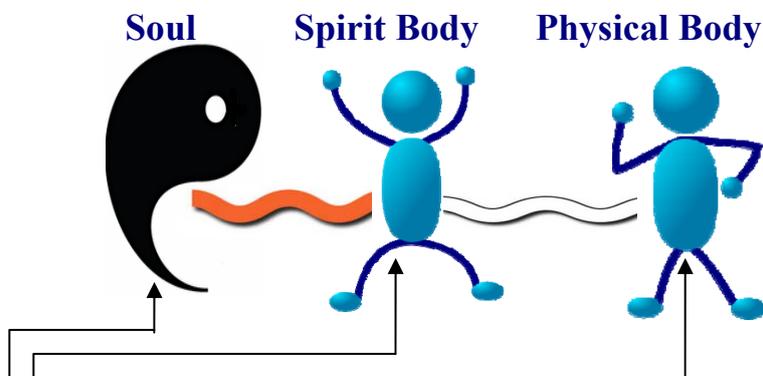
And so many people would say this is good parenting, the child has to know its place, it has to know how to behave in the world – and its brute and bully of a controlling parent is the one to do it. And you hear people supporting the abusive parent; “Yes, it's so hard when they are that age”, with only the rare person standing up for the child's rights. And you call that ‘being a loving parent’, because an unloving parent wouldn't beat its own child – surely?

You have no idea as to how you are treating your child, and that's because it's all how you, the parent, was treated, all of which it was forced to bury, just as you are forcing your child to do. So the child can grow up under the misguided delusion that its parent did all the right things it needed: its parent loved it so much; and yet, what about all those bad feelings the child is feeling, what happens to them? And the child can say in one breath, I love my mum so much, and yet within the same breath then go onto say all the bad things it feels its mum did to it. And the parent can say it loves its child so much, then verbally abuse it by saying it is no good, ugly, a useless waste of space. So many parents don't even hear the constant stream of criticism that flows from their lips as they ‘love’ their child. It's time for humanity's parents, and its children, to wake up to the realities of what really is happening in their relationships.

Thank you James – Zelmar. (a Melchizedek from within our local universe of Nebadon)

FEELINGS
must be
FELT

HIERARCHY of HEALING SYSTEMS



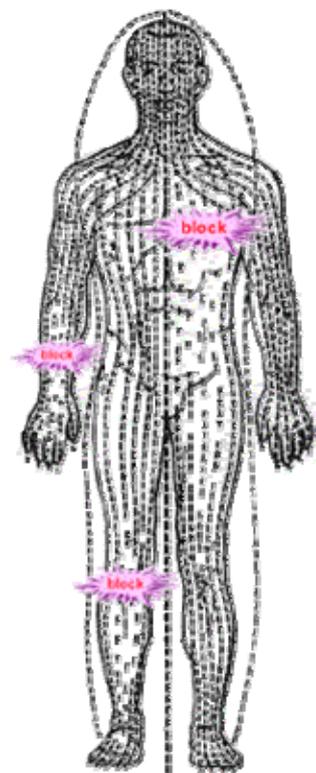
ALLOPATHIC – Western Medicine treats the symptoms, is highly regulated and costly as it is cost driven. Symptoms are suppressed – no healing!

ENERGY HEALING – Eastern Therapies also treat the symptoms with the assistance from natural love spirits from the realms up to the 6th spirit Mansion World.

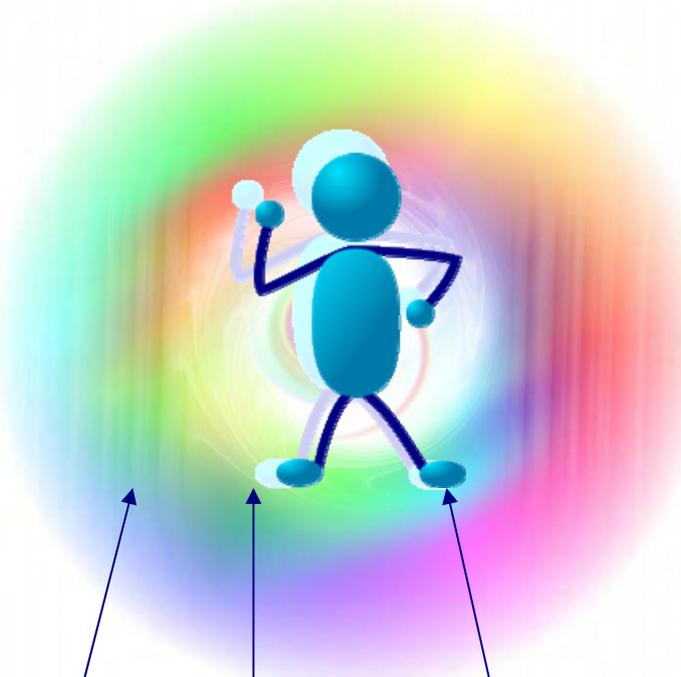
Therapy applied to the spirit body is through an energy therapist who may work on the chakras, whereas a chiropractor works on the physical body. Such types of therapy deal with the effects and ignore the soul and the causes – temporary healing.

FEELING HEALING – EMOTIONAL EXPRESSION addresses the cause. Soul level clearing and growth provides permanent solutions whereas the other two systems provide temporary relief.

If we focus on our childhood suppression, that is the commencement on our pathway home to our Heavenly Parents. Improving our soul condition is the ultimate goal.



OUR SOUL is the SOURCE of our WELL BEING



Soul **Spirit Body** **Physical Body**
 The etheric body is the spirit body.
 The soul is the real you!
 Now your soul, is half of your real self.

Do you observe these soul attributes in your pet animals anywhere to the extent that you observe them within people around you?

- | | | | | |
|----------------|-----|--------------------------|----|--------------------------|
| 1. Emotions | yes | <input type="checkbox"/> | no | <input type="checkbox"/> |
| 2. Awareness | yes | <input type="checkbox"/> | no | <input type="checkbox"/> |
| 3. Desires | yes | <input type="checkbox"/> | no | <input type="checkbox"/> |
| 4. Passions | yes | <input type="checkbox"/> | no | <input type="checkbox"/> |
| 5. Creativity | yes | <input type="checkbox"/> | no | <input type="checkbox"/> |
| 6. Aspirations | yes | <input type="checkbox"/> | no | <input type="checkbox"/> |
| 7. Intention | yes | <input type="checkbox"/> | no | <input type="checkbox"/> |
| 8. Memories | yes | <input type="checkbox"/> | no | <input type="checkbox"/> |
| 9. Free will | yes | <input type="checkbox"/> | no | <input type="checkbox"/> |

It is our soul that is made in the likeness of our Creator. It is our soul that forms the features of our character. Our soul is our real self, not our physical or spirit body. Our spirit body, as it is for other creatures, is the physical body for the spirit world. We function through our soul whilst living this experience on this physical world.

We, of humanity, being ensouled, progress through the evolving truth revealed to us by our soul based feelings. Whereas, the rest of nature that we see around us, progress by amalgamating to being nature spirits and follow the mind pathway. Nothing reincarnates.

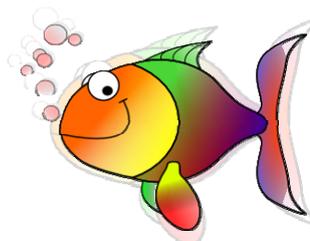
When we are conceived, the embryo borrows from the life force of our parents. The attracted soul half then becomes the life force for us for our physical experience.

Anything with a central nervous system has a spirit body (birds, fish, animals, etc.), however these creatures do not receive a soul.

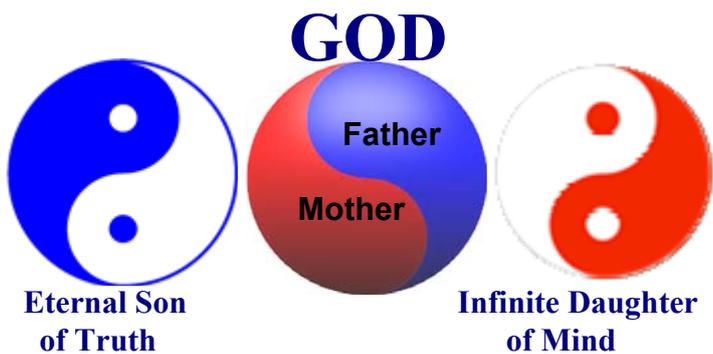
Your brain is within your physical body, your mind is within your spirit body, however your intelligence, memories, etc., are within your soul.

The five senses within your physical body are enhanced within your spirit body. Some people are sensitive to the enhanced and additional senses within our spirit body. The senses within our soul are greater in number and are very much more capable.

The power of our soul influences all living life within its environment, thus many pets reflect the character of its owner.



CREATION of SOUL and SPIRIT



God is *The Paradise Trinity* — the eternal Deity union of the Personalities: the Universal Mother and Father; the Eternal Son of Truth; and the Infinite Daughter Spirit of Mind.

The soul of each human personality (sons and daughters of truth) is existential, driving our personality expression in the experiential. The soul of each human finds truth by embracing one's feelings and longing for the truth of them. We are to attain the Eternal Son of Truth. We are a creation of Truth.



Feeling Pathway Mind Pathway



The soul of angels is experiential, evolving through their experience by continually progressing in mind development. Angels are to attain the Infinite Daughter (Spirit) of Mind. Angels are a creation of Mind. Our soul is duplex (we have a soulmate / soul partner) and is created by our Heavenly Parents. Through our Feeling Healing we perfect ourselves, enabling the union with our soulmate, as we progress in truth up through the Mansion Worlds, celestial heavens and all the way to Paradise.

Soulmate Pair

Angel



The soul of angels is also duplex, yet of the mind, and they progress in mind evolution to Paradise. Animals, plants and nature spirits are also creations of Mind.

Spirit Person

Nature Spirit



Neither we nor animals reincarnate. We never die; upon death, we move into the spirit Mansion Worlds on our journey to Paradise. When animals and plants die, be they the tiny microbe to the mighty elephants of the land and the whales of the ocean, their spirit energy returns to the Spirit Collective Energy. And from this energy are drawn other animals and the nature spirits, who then in turn move onto becoming angels through increasing mind experience.

A nature spirit is an angel in waiting.

EVERYTHING that has LIFE has a NATURAL INTELLIGENCE

As we heal ourselves of our personal Rebellion and Default, our childhood suppression and repression, we will become progressively more and more open and interacting with all of nature. Our nature spirits will begin to make themselves known and interactive. We will find that through them we can communicate with anything of nature.

This week CNN released a photo taken by the photographer Anil Prabhakar in the forest in Indonesia. The image shows:

An orangutan, currently under threat of extinction in Indonesia, stretched out his hand to help a geologist who fell into a mud pool during his search. When the photographer uploaded the photo, he wrote this as a caption:

“In a time when the concept of humanity dies, animals lead us to the principles of humanity.”

20 September 2021



LGBTIQA+ communities

<https://aifs.gov.au/cfca/publications/lgbtiq-communities#>:

Glossary of common terms

November 2019



Child
Family
Community
Australia



Overview

Understanding and using the language / terminology associated with the lesbian, gay, bisexual, transgender, gender diverse, intersex, queer, asexual and questioning (LGBTIQA+) communities helps to ensure that services and organisations are inclusive and respectful. This resource sheet provides a glossary of terms for practitioners and service providers to help them to better understand the terminology and to use inclusive language in service provision.

Introduction

The information in this resource sheet is intended to help service providers and practitioners create safe spaces for clients who are members of these communities.

Research shows that some service providers assume that their clients are heterosexual and use heterosexist language, which can result in discomfort for clients and lead them to not disclose their LGBTIQA+ status (Australian Human Rights Commission [AHRC], 2015) or discuss their gender or sexuality. Improving access to appropriate services is important due to the higher rates of mental health issues such as depression, anxiety and suicide (National LGBTI Health Alliance, 2016) that are experienced by members of LGBTIQA+ communities compared to their non-LGBTIQA+ peers.

Research also indicates that pressures faced by same-gender attracted young people, such as bullying, homelessness and feelings of shame, fear and confusion, do not stem from the nature of their sexual or gender diversity. Rather, they are driven by the fear of, or actual, discrimination via institutions that are important in the lives of young people, including schools, health services and welfare services (AHRC, 2015).

It is acknowledged that issues of gender identity are different to issues of sexual orientation; however, for ease of reference, both are included in this resource sheet. Further, it is acknowledged that some terminology is contested and language in this area is evolving (GLHV, 2016). Therefore, practitioners and service providers are encouraged to use this resource sheet in conjunction with other sources of information.

There is a great deal of diversity within the LGBTIQA+ communities and a wide range of terms and language related to:

- sex
- bodies
- gender
- sexuality
- sexual attraction
- experiences
- legal and medical classifications (Fileborn, 2012; National LGBTI Health Alliance, 2013a).

It is important to acknowledge the complexity of people's lived experiences and recognise that the above aspects may apply to individuals in different ways and different times across the life span (National LGBTI Health Alliance, 2013a).

Glossary

This glossary is organised around the following categories (listed in alphabetical order):

- bodies, gender and gender identities
- sexual orientations
- societal attitudes / issues.

Bodies, gender and gender identities

Cisgender/cis: a term used to describe people whose gender corresponds to the sex they were assigned at birth.

Gender: refers to the socially constructed and hierarchical categories assigned to individuals on the basis of their apparent sex at birth. While other genders are recognised in some cultures, in Western society, people are expected to conform to one of two gender roles matching their apparent sex; for example, male = man / masculine and female = woman / feminine.

Gender norms define how we should dress, act / behave, and the appropriate roles and positions of privilege we have in society (e.g. the power relationships between men and women). Failing to adhere to the norms associated with one's gender can result in ridicule, intimidation and even violence (Aizura, Walsh, Pike, Ward, & Jak, 2010).

Many people do not fit into these narrowly defined and rigid gender norms. Some women may feel masculine, some men may feel more feminine and some people may not feel either, or may reject gender altogether (see [Gender identity](#)).

Gender binary: the spectrum-based classification of gender into the two categories of either man or woman based on biological sex (see [Sex](#)).

Gender identity: refers to an inner sense of oneself as man, woman, masculine, feminine, neither, both, or moving around freely between or outside of the gender binary.

Gender pronouns: these refer to how a person chooses to publicly express their gender identity through the use of a pronoun, whether it is a gender-specific or a gender-neutral pronoun (GLHV, 2016). This can include the more traditional he or she, as well as gender-neutral pronouns such as they, their, ze, hir and others (see [Transgender/Trans/Gender diverse](#)).

Gender queer / Non-binary gender: a term used to describe gender identity that does not conform to traditional gender norms and may be expressed as other than woman or man, including gender neutral and androgynous.

Gender questioning: not necessarily an identity but sometimes used in reference to a person who is unsure which gender, if any, they identify with.

Intersex: an umbrella term that refers to individuals who have anatomical, chromosomal and hormonal characteristics that differ from medical and conventional understandings of male and female bodies. Intersex people may be ‘neither wholly female nor wholly male; a combination of female and male; or neither female nor male’ (*Sex Discrimination Amendment Act (Sexual Orientation, Gender Identity and Intersex Status) 2013* (Cth)).

Intersex people may identify as either men, women or non-binary (see [Genderqueer/Non-binary gender](#)).

Sex: a person's sex is made up of anatomical, chromosomal and hormonal characteristics. Sex is classified as either male or female at birth based on a person's external anatomical features. However, sex is not always straightforward as some people may be born with an intersex variation, and anatomical and hormonal characteristics can change over a lifespan.

Sister girl / Brother boy: terms used for gender diverse people within some Aboriginal or Torres Strait Islander communities. Sistergirls and Brotherboys have distinct cultural identities and roles. Sistergirls are Indigenous people who were classified male at birth but live their lives as women, including taking on traditional cultural female practices (GLHV, 2016). Brotherboys are Indigenous people who were classified as female at birth but who have a male spirit (GLHV, 2016).

Transgender / Trans / Gender diverse: umbrella terms used to refer to people whose assigned sex at birth does not match their internal gender identity, regardless of whether their internal gender identity is outside the gender binary or within it. Transgender/trans or gender diverse people may identify as non-binary, that is: they may not identify exclusively as either gender; they may identify as both genders, they may identify as neither gender; they may move around freely in between the gender binary; or they may reject the idea of gender altogether.

Transgender/trans or gender diverse people may choose to live their lives with or without modifying their body, dress or legal status, and with or without medical treatment and surgery. Transgender/trans or gender diverse people may use a variety of terms to describe themselves including but not limited to: man, woman, transwoman, transman, transguy, trans masculine, trans feminine, tranz, gender-diverse, gender-queer, gender-non-conforming, non-binary, poly gendered, pan gendered and many more (see Aizura et al., 2010).

Transgender/trans or gender diverse people have the same range of sexual orientations as the rest of the population. Transgender/trans or gender diverse people's sexuality is referred to in reference to their gender identity, rather than their sex. For example, a woman may identify as lesbian whether she was assigned female at birth or male.

Transgender/trans or gender diverse people may also use a variety of different pronouns including he, she, they, hu, fae, ey, ze, zir and hir. Using incorrect pronouns to refer to or describe transgender/trans or gender diverse people is disrespectful and can be harmful (see [Misgendering](#) under ‘Societal attitudes/issues’ below).

Sexual orientations

Aromantic / aro: refers to individuals who do not experience romantic attraction. Aromantic individuals may or may not identify as asexual.

Asexual / ace: a sexual orientation that reflects little to no sexual attraction, either within or outside relationships. People who identify as asexual can still experience romantic attraction across the

sexuality continuum. While asexual people do not experience sexual attraction, this does not necessarily imply a lack of libido or sex drive.

Bisexual: an individual who is sexually and/or romantically attracted to people of the same gender and people of another gender. Bisexuality does not necessarily assume there are only two genders (Flanders, LeBreton, Robinson, Bian, & Caravaca-Morera, 2017).

Gay: an individual who identifies as a man and is sexually and/or romantically attracted to other people who identify as men. The term gay can also be used in relation to women who are sexually and romantically attracted to other women.

Heterosexual: an individual who is sexually and/or romantically attracted to the opposite gender.

Lesbian: an individual who identifies as a woman and is sexually and/or romantically attracted to other people who identify as women.

Pansexual: an individual whose sexual and/or romantic attraction to others is not restricted by gender. A pansexual may be sexually and/or romantically attracted to any person, regardless of their gender identity.

Queer: a term used to describe a range of sexual orientations and gender identities. Although once used as a derogatory term, the term queer now encapsulates political ideas of resistance to heteronormativity and homonormativity and is often used as an umbrella term to describe the full range of LGBTIQ+ identities.

Sexual orientation: refers to an individual's sexual and romantic attraction to another person. This can include, but is not limited to, heterosexual, lesbian, gay, bisexual and asexual. It is important to note, however, that these are just a handful of sexual identifications – the reality is that there are an infinite number of ways in which someone might define their sexuality. Further, people can identify with a sexuality or sexual orientation regardless of their sexual or romantic experiences. Some people may identify as sexually fluid; that is, their sexuality is not fixed to any one identity.

Societal attitudes / issues

Cisnormativity: assumes that everyone is cisgendered and that all people will continue to identify with the gender they were assigned at birth. Cisnormativity erases the existence of transgender/trans and gender diverse people.

Heteronormativity: the view that heterosexual relationships are the only natural, normal and legitimate expressions of sexuality and relationships, and that other sexualities or gender identities are unnatural and a threat to society (GLHV, 2016).

Heterosexism: describes a social system that privileges heteronormative beliefs, values and practice. Heterosexism provides the social backdrop for homophobic and transphobic prejudices, violence and discrimination against people with non-heteronormative sexualities and gender identities and intersex varieties (Fileborn, 2012; GLHV, 2016).

Homonormativity: a term that describes the privileging of certain people or relationships within the queer community (usually cisgendered, white, gay men). This term also refers to the assumption that

LGBTIQA+ people will conform to mainstream, heterosexual culture; for example, by adopting the idea that marriage and monogamy are natural and normal.

Homophobia and biphobia: refer to negative beliefs, prejudices and stereotypes that exist about people who are not heterosexual.

Misgendering: an occurrence where a person is described or addressed using language that does not match their gender identity (GLHV, 2016). This can include the incorrect use of pronouns (she/he/they), familial titles (father, sister, uncle) and, at times, other words that traditionally have gendered applications (pretty, handsome, etc.). It is best to ask a person, at a relevant moment, what words they like to use.

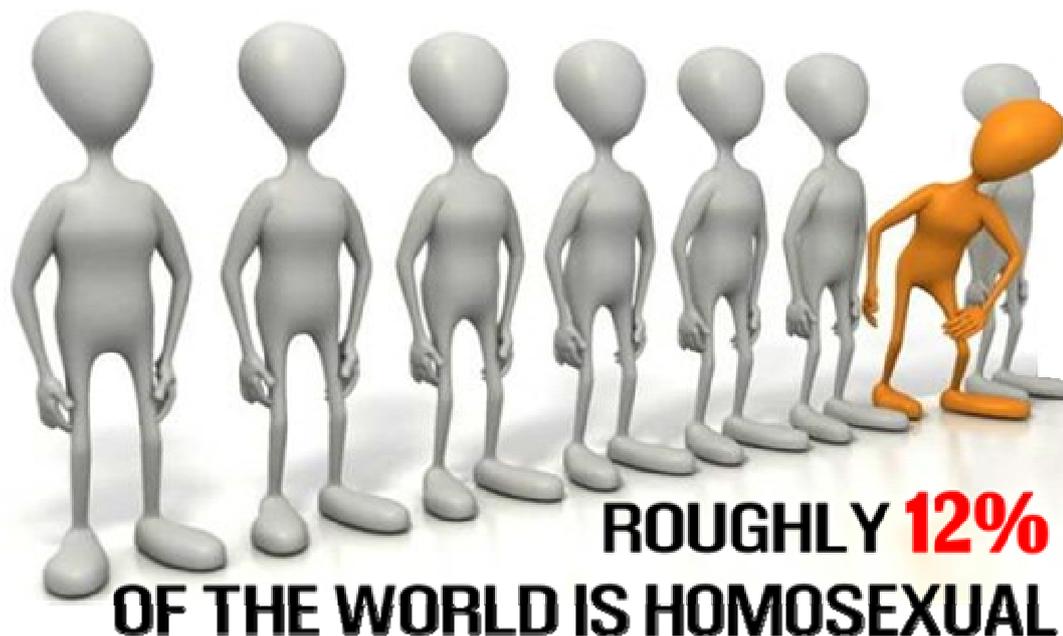
Transphobia: refers to negative beliefs, prejudices and stereotypes that exist about transgender/trans and gender diverse people.

Conclusion

There is significant difference within LGBTIQA+ communities. Having an understanding of LGBTIQA+ terminology and using language that is inclusive demonstrates respect and recognition for how people describe their own genders, bodies and relationships (National LGBTI Health Alliance, 2013b). Inclusive language also makes people feel welcome in organisations including schools, workplaces and services. It is worth noting that considerable debate around language and terminology can exist within and outside LGBTIQA+ communities (GLHV, 2016).

NOTE: So we can upgrade to inclusive politically correct speech. I am of the opinion that there prevails now in to be perpetuated into the future who classifies / certifies which category; whether there is ambiguity / overlap; self classification or third party; arbitration to give certainty where there is dispute on applicability.

Yours confused,
Senior Citizen



CHILDHOOD SUPPRESSION and HOMOSEXUALITY

Our soul is always in pristine condition. It is always true and perfect. It does become encrusted with the emotional injuries and beliefs of our physical parents of its two personalities that it manifests. One personality is always a perfect male and the other is always a perfect female. The soul does not know sexuality. At the moment of conception we are either a male or a female – and then come our childhood suppression!

OUR FORMING YEARS are MOST DYNAMIC and TRAUMATIC:

Age-group	Age
Gestation	conception to birth
Newborn	0 days to 1 month
Infant	1 month to 1 year
Toddler	1 to 3 years
Preschool	3 to 6 years
School age child	6 to 12 years
Adolescent	12 to 18 years

Our childhood formative years are from conception through to age of 6 years. Commencing at conception, we begin to take on all of the injuries and errors of belief of our parents and carers. We capitulate to adopting the ‘personality’ that our physical parents impose upon us, to the detriment of our true personality.



It is only through our Feeling Healing, living true to our feelings and expressing our feelings, both good and bad whilst longing for the truth behind our feelings that we can discover our true personality and begin to live true to our selves, to our feelings, to our Heavenly Parents who bestowed our true personality upon us. It is only when we complete our Feeling Healing, the healing of our childhood suppression, we will come to know who our soul partner is! And our soul partner, being the other personality that we will know who we truly are.

And once we are fully healed of our soul, will be of the opposite sex to us – always of the opposite sex. When we are again in truth, there is no homosexuality.

It is all about experiences and the feelings that arise from our experiences. **Our soul does it all!** Our life is what our soul wants us to experience.

The ELEPHANT in the ROOM!

With every major element of humanity's society and way of life, there is an elephant in the room, a major misunderstanding:

RELIGION

Truth is always the same! There is only one truth and it is always constant. Yet, throughout the world there are 3,400 significant religions and when you add the minor denominations of each of these religions you may find around 50,000 options. Christianity with its minor denominations provides 22,000 versions. Jesus and Mary Magdalene did not come to Earth to establish a religion, they intended to come and go without even being noticed!

EDUCATION

Education is grow our truth and develop our potential. And recently, universally free and open education has underpinned the greatest growth in 'prosperity' in the history of Earth's humanity. It is mind centric. All of our education systems are exclusively mind development focused to the exclusion of our feelings. Our minds are addicted to control of others, that is, of other people and our environment. Our minds cannot discern truth from falsehood. Our minds are addicted to untruth. Consequently, when we make an assumption, the error rate is around 98% – the other 2% are flukes! When a conversation commences with 'I think' then it is assumption based and is the commencement of a pointless expression of the mind.

Dr David R Hawkins developed the Map of Consciousness (MoC) table which is based on the common log of 10, the table goes from 0 to 1,000 which is the field of Natural love – not of the Divine. The peak calibration of Reason is 499 which is also the peak level of development for those within the first spirit Mansion World – we are to progress through seven Mansion Worlds before we become Celestial which is above 1,000 on Dr Hawkins' Map of Consciousness (MoC). Our education system, being mind centric, prevents growth of humanity beyond the 1st spirit Mansion World level on Earth – as do all religions!

We are to live Feelings First. We are to embrace our feelings and then have our mind to follow in implementing what our feelings are guiding us to embrace. Our feelings are ALWAYS in truth. All that we need to know will be and is to be revealed to us through our feelings. We are fully self-contained! We are TRUTH SEEKERS – yet we doggedly worship our minds and suppress our truth loving feelings.

HEALTH

Are there really 10,000 diseases and just 500 'cures'?

<https://www.washingtonpost.com/news/fact-checker/wp/2016/11/17/are-there-really-10000-diseases-and-500-cures/>

“Regulators, scientists, clinicians and patient advocacy groups often cite ~7,000 as the number of rare diseases, or between 5,000 and 8,000 depending on the source. While this consensus process is still ongoing, USA National Institutes of Health currently estimate the number of rare diseases to be more than 10,000. An estimate published by the University of Michigan Medical School that “there are roughly 10,000 diseases afflicting humans, and most of these diseases are considered ‘rare’ or ‘orphan’ diseases.”



“There are other estimates, as well. The German government lists 30,000 diseases, of which it says 7,000 are rare, though it cannot be determined how that figure was calculated. Anderson noted that the 10th revision of the International Statistical Classification of Diseases and Related Health Problems (known as ICD-10) has nearly 70,000 codes, which would be an upper-bound estimate.

“The focus is really on rare diseases, but a credible case can be made that there are at least 10,000 diseases in the world, though there is likely more. And there are a bit over 500 treatments. So, as far as round numbers go, 10,000 diseases / 500 treatments works as a talking point.”



However, NO ONE comprehends what is the underlying cause of disease! Our health carers, our doctors and nurses never discuss or outline why we have a discomfort, pain, illness or disease. Kindly ask yourself, when was the last time your medical practitioner outlined to you why you have a particular health issues that you presented yourself with to him or her? **There is ONE cause – CHILDHOOD SUPPRESSION.**

Medical science introduce a never ending array of names for a never ending array of ailments without comprehending the elephant in the room – our **Childhood Suppression and ongoing Repression.** ALL our discomforts, pain, illnesses and diseases are generators to have each of us express our feelings, both good and bad. As we grow in embracing this way of living FEELINGS FIRST and long for the truth of what our feelings are drawing our attention to, we will come to recognise that all our issues have their foundations throughout our childhood forming years, from the moment of conception through to the age of six years, up to when our Indwelling Spirit arrived.

Our soul orchestrates it all. Our soul does everything. Our soul brought our spirit body into existence and, in turn, our etheric spirit body is the template of our physical body. Light continually flows from our soul through our spirit body and into our physical body. Our experiences in the physical are expressed back to our soul as light. Everything that we experience is recorded by this light returning by our soul. Emotional injuries and errors of belief that we experience impede the flow of light back to our soul – consequently we are degraded by such accumulating damage and harm. Look at a young child and then look at yourself!

At the moment of our conception, we are perfect in every respect – both in Natural love and physically. We are then literally fire-hosed by our parents’ emotional injuries and errors of belief and this is ongoing. They are not aware of our existence when this onslaught commences – no wonder many conceptions do not survive to incarnation which is when the foetus commences to pump blood some 16 days after conception.

The one and only truly effective vaccine is the healing of our childhood suppression and ongoing repression through **FEELING HEALING!**

Childhood Suppression is the elephant in the room!



The underlying generator of all discomfort, pain, disease and illness is Childhood Suppression and ongoing Repression.

Feeling Healing is our only recovery and soul growth pathway.

It is that simple!

Soul Partners

Physical / material body
Brain

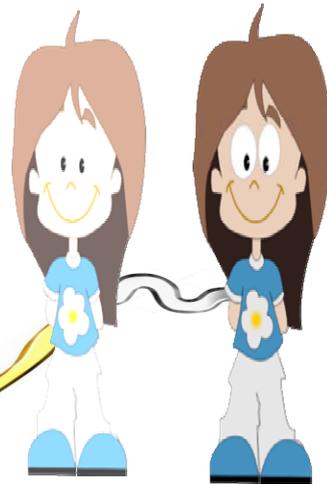
Spirit / etheric body
Mind

Soul + Spirit Combination
Senses

Desires
Memory
Passions
Intention
Free Will
Emotions
Creativity
Awareness
Personality
Aspirations
Intelligence
Consciousness
The Real You is your Soul!
Our Soul orchestrates everything!

ONE SOUL = TWO PERSONALITIES

The two personalities from the one soul are eternally compatible once they are healed of their Rebellion and Default.

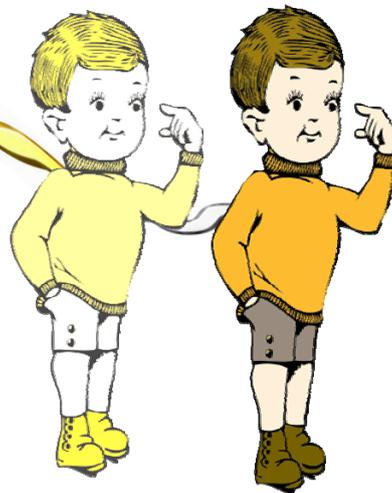


Spirit Body

Physical Body

One Soul = Two Personalities

The capabilities and potentialities of every individual personality is only limited by their childhood suppression and repression. Once we heal, then our self-expression will reveal our true selves.



To All the Suppressed Kids who are Dealing with the Consequences now as Adults...

The feeling of being rejected, disapproved of and conditionally loved by our primary caregivers – parents – is a monumental, long-lasting burden that we all carry. It produces chronic shame, guilt and anxiety. As a child we are blamed for doing things wrongly and in doing so we perceive ourselves as being bad, inconsequential, and having to embrace a persona that is not our true selves. We abandon our feelings expressiveness and embrace our minds to live life in the world foreign to truth and love. Our parents murder our free expression of our feelings and true personality! There are no exceptions.

Verna, a Nature Spirit, 17 April 2020: Nature isn't randomly popping up viruses that might suddenly sweep through affecting humanity 'evilly'. The Rebellion and Default are the true viruses that we are all 'infected' with. Viruses are more of the spirit really, which is why they are so elusive. If our soul needs to give us the experiences of the virus we will 'catch' it. Other disease,

Discomfort, Pain, Illness and Depression.

like cancer, and the breakdown of the physical structure is again wholly physical however they are the physical manifestations from the breakdown of our spiritual light in our spirit systems.

All illness results from our inner levels of discontentment – BECAUSE WE DON'T FEEL LOVED.

Should every soul, all at the same time, need the experiences from a virus to feel all the feelings we need, then it will be **different feelings for every person**.

Humanity is to uncover the truth of evilness, its wrongness, of its rebellion and default. And illness is to show us that we are wrong. We wouldn't get sick if we were right. ILLNESS IS OUR FRIEND. It's all about what went into us through our forming and early childhood. All the secrets are contained back there within ourself. When we 'go in' we're to go into our early life through our adult 'now' feelings.

Corona, 24 March 2020: "There is no way on earth I (Corona) can possibly be worse than how your parents treated you, it just can't happen, I can only affect you as far and as badly as your parents affected you. I can't create more pain in you than your parents have already created.

"The extent of unloving parenting that you all had to endure as children is now killing you, that is the truth of how bad it was. It is killing you because you refuse to understand what is happening, you refuse to connect to your pain, you still refuse to accept the truth and this is the open door for me (Corona) to enter into you and find a cell for me to live off and mutate and multiply in you. Your denied and suppressed feelings let me in.

"Stop resisting me and work with me in what I want you to know about yourself. I am no greater pain than the pain you felt and denied as a child.

"You fear me killing you, making you feel so bad, yet isn't this all so familiar, isn't this how you felt with your parents at times in your life? Isn't this how they made you feel, only they didn't allow you to feel it fully, only a tiny portion of the pain they inflicted on you, with the rest you were forced to deny and keep suppressed. And this is what I 'feed' on, all your repressed misery and pain. It is your parents you fear, and I am helping you feel that truth.

“Your parents forced you to do their will and gradually your own will got left behind not being considered at all by your parents. And that is how I have to work with you all, and you will all feel me differently depending on the severity of your will denial and suppression.

“You were parented by two of the same Viruses, they are the Virus that is within you right from your conception and took away your will just as I am doing to you now. I am treating you the same way as your parents treated you as children and you refused to see it, so denied it.

“I am reuniting you with the truth of how hurt and unloved you feel because of your unloving childhoods. You all have the power to turn this around and all you have to do is to begin feeling how I am making you feel, accept every feeling, express every feeling and find the truth through your feelings. Do this and I will lose strength and lose the hold I have over you because I no longer have to make you feel so bad to make you feel your feelings. You have the cure within you all and that cure is YOUR FEELINGS!!” (These are extracts from Corona speaking through a nature spirit to Samantha.)

The spiritual upliftment so far as the new ‘vibration’ humanity will experience is the new vibe of the next age, and it’s upliftment will only be uplifting those people who chose to do their healing, to submit to their bad feelings and by expressing them to uncover the truth of their evilness – all that resulted from our childhood.

If we all Heal ourselves, being of true and perfect Natural love, then by living in harmony with nature, which we would naturally be doing, such horrendous diseases would not afflict us, because we would not need them to show us that we are disharmonious with nature.

When we are fully Healed, we won’t need to get sick, the Celestial spirits don’t get sick, they don’t have the bad feelings as we do on Earth and in the mind Mansion Worlds, and so we won’t need to have those feelings that would come from an illness, so we won’t get sick.

EVERYTHING that happens to us does so to help us live one of two ways. So we will ‘get a virus’ to help us go further into our truth-denial; or we will get one to help us come out of it.

Our bodies are designed to live anywhere, even in the most infested disease ridden place on the planet, and we will get sick if we need that sickness to further our truth-denial, or we will get sick if we need it to help us heal our truth-denial, or we simply won’t get sick. There is NO OTHER REASON why we get sick!

If we are going to get sick, that will happen either way because we are already sick within ourself and from how we were treated through our childhood – there are no other reasons. We are sick because we are denying the truth of ourself and God. We are all very ill being in the Rebellion and Default. **The Rebellion and Default are the true viruses that we are all ‘infected’ with.**



My individual "Rebellion and Default" is my overarching virus!

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Enters emotionally - is to leave emotionally!

We are to express our feelings, both good and bad, emotionally!

SPIRITUAL HEALING:

Our Healing is about first finding the truth of our unloving and untrue state, coming to understand the full extent of that, how it relates to us and how we relate to it, and all how it makes us feel so demented living life in a stupor.

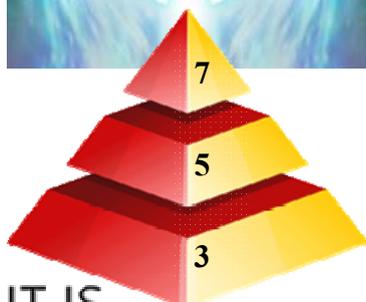
Healing is about seven Mansion Worlds worth of uncovering the truth of our rebellious state. It's all about becoming progressively more aware of how screwed up we are. So right the way through our Healing, we stay being screwed up all so we can see the truth of how demented we are in all the ways that we are untrue, all the way to the End of our Healing.

What we do heal through our Healing, is all that is stopping us see the truth of ourselves – our untrue and false state.

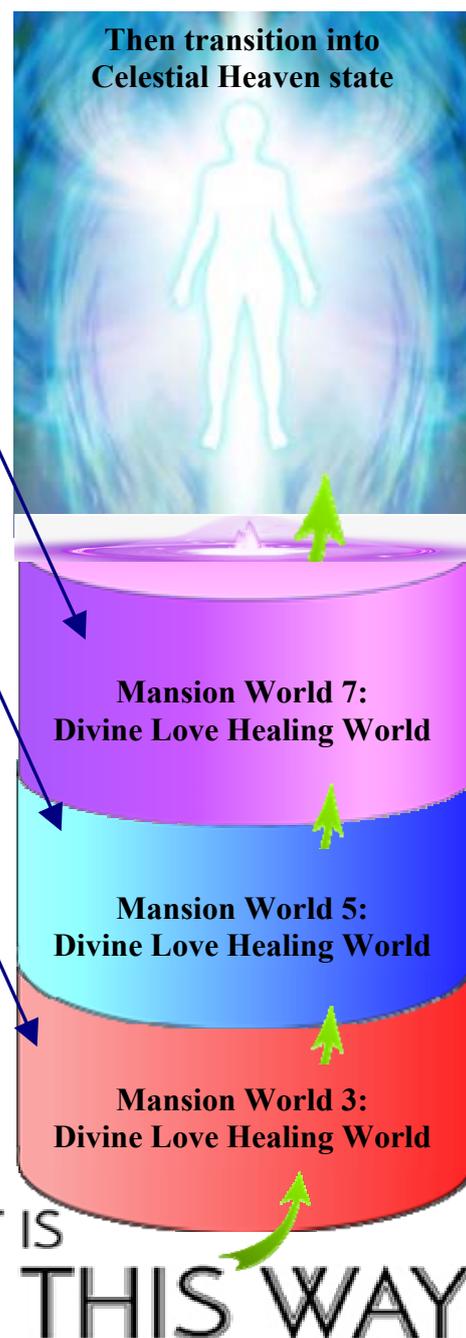
Mansion World 7: is then about still working with the deepest and residual bad feelings, whilst looking to sort out how you wrongly relate to yourself and others, nature and God because of being unloving; understanding how your relationships are unloving, how you don't connect properly, how unloving you really are and why and fully accepting the truth of it, coming completely to grips with your parents not loving you as you needed to be loved – sorting it all out, including your self and feeling expression difficulties. Then comes transition.

Mansion World 5: is then about going right into the depths of them, feeling how unloved you feel and seeing how unloving you are and how that makes you feel, bringing out the majority of your pain, your misery, fear, anger, guilt, hatred, boredom, terror, rejection, nothingness, feeling powerless, alone and abandoned, and so on. Each progression is full on, all the way.

Mansion World 3: is for waking up to the truth that you're not loving and starting to get in touch with your pain, starting to accept your bad feelings, starting to work with them instead of rejecting them.



IT IS
NOT THIS WAY



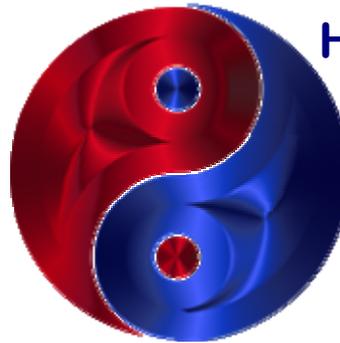
OUR GUIDANCE to PARADISE, the home of our HEAVENLY PARENTS:

There are three distinct phases of our progression to the home of our Heavenly Parents which is Paradise that is within the circle of seven Super Universes, each containing many Local Universes.

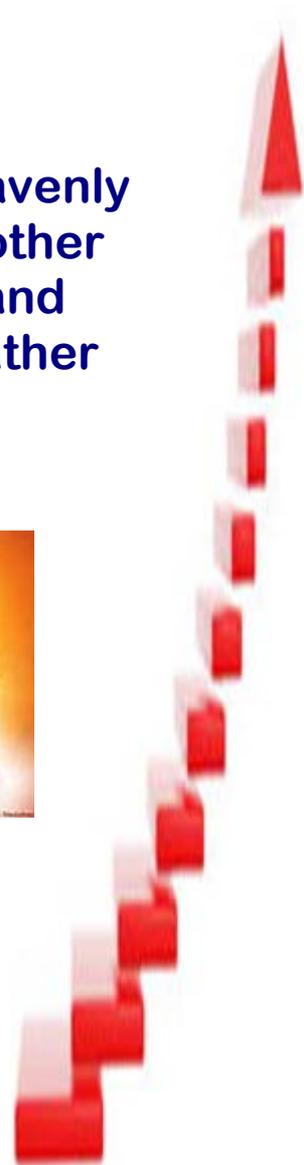
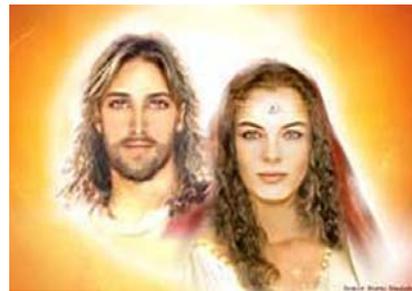
Once we progress beyond our Local Universe of Nebadon, then we are assisted and guided by our Heavenly Parents, our true Mother and Father all the way home to Paradise.

Before then, once we have completed our soul healing, we are guided through the Celestial Heaven worlds which are those that interact with humanity on Earth, then further on into and then out through Nebadon, our Local Universe. The regents of Nebadon are Mary and Jesus.

However, before then, we are to embrace our healing. That is, we are to realise who we truly are. We are not the personalities that our parents imposed upon us. We are to uncover the truth of our childhood suppression and repression, freeing our true personality that our Heavenly Parents gave us. And to do this we are now able to embrace the guidance of the Avonal Pair who will lead us through our healing here on Earth and through the Spirit Mansion Worlds to be able to enter the Celestial Heavens.



**Heavenly
Mother
and
Father**



WE ALL ARE BEING GUIDED HOME:

We need the Spirits of Truth of the Avonal Pair to Heal ourselves; then once Healed, (and for support (overshadowing) as well through your Healing), we need the Creator Pair, Mary Magdalene and Jesus' Spirits of Truth to see us through the Celestial spheres, while at all times embracing our Heavenly Mother and Father.

Until Mary and Jesus died and liberated their Spirits of Truth, no one from any of the worlds could leave Nebadon, because no one knew the way to do so. Nebadon is our local universe containing some 3.8 million inhabited physical worlds and their associated spirit worlds.

When we embrace the truths Mary and Jesus are revealing, and start to do our Feeling Healing, or with Divine Love, Soul Healing, we are then freeing ourselves up from our parental and self control.

Thus our journey to Paradise, to the home of our Heavenly Parents, is of our choosing as to when we progress, however, there is only one way:

HUM: Humanity is to ascend. We are self contained. Our soul is always in truth and perfect at all times. **By living true to oneself, true to our feelings, we are living true to God. It's that simple.**

We are to recognise that being engaged and dominated by our mind is the wrong way for us to evolve and grow in truth. We are to discard the mind enslavement that has been imposed upon us by all of our parents. We are to express our feelings, both good and bad and free ourselves of the indoctrination that humanity has embraced worldwide.

Live true to your feelings, and you ARE living true, not only to your own soul, but also true to God's soul. So doing your Healing by honouring all your feelings, IS living the will of God. And being fully Healed, IS living even more truly the Will of our Mother and Father.

AVO: We are to embrace the truths and guidance of the Avonal Pair through their Spirits of Truth. It is the Avonal Pair's guidance that will lead us through our Feeling Healing, and with Divine Love, we will be able to ascend through the 7 spirit Mansion Worlds and enter the Celestial Heavens where we also interact with other world's spirits.

J&M: We are also to embrace the truths and guidance of the Paradise Pair, Mary and Jesus, who will then lead us through the 3 Celestial Heavens that are aligned with Earth, and then further on through Nebadon where we will then depart beyond on towards Paradise.

M&F: Beyond the universal zone of Nebadon, we will be guided by our Heavenly Mother and Father onwards through the universes to Paradise where we will be welcomed by them, home for us all, as we are all Children of God.



M&F



J&M



AVO



HUM

WE ARE Children of God

HOW TO GET TO PARADISE:

Long for the Divine Love

Long for the Truth

Long for the truth of your feelings

Don't deny any feelings: accept, express and want to know the truth of them

Know your feelings are the key; your feelings are the Way

Want to end your falseness and being untrue

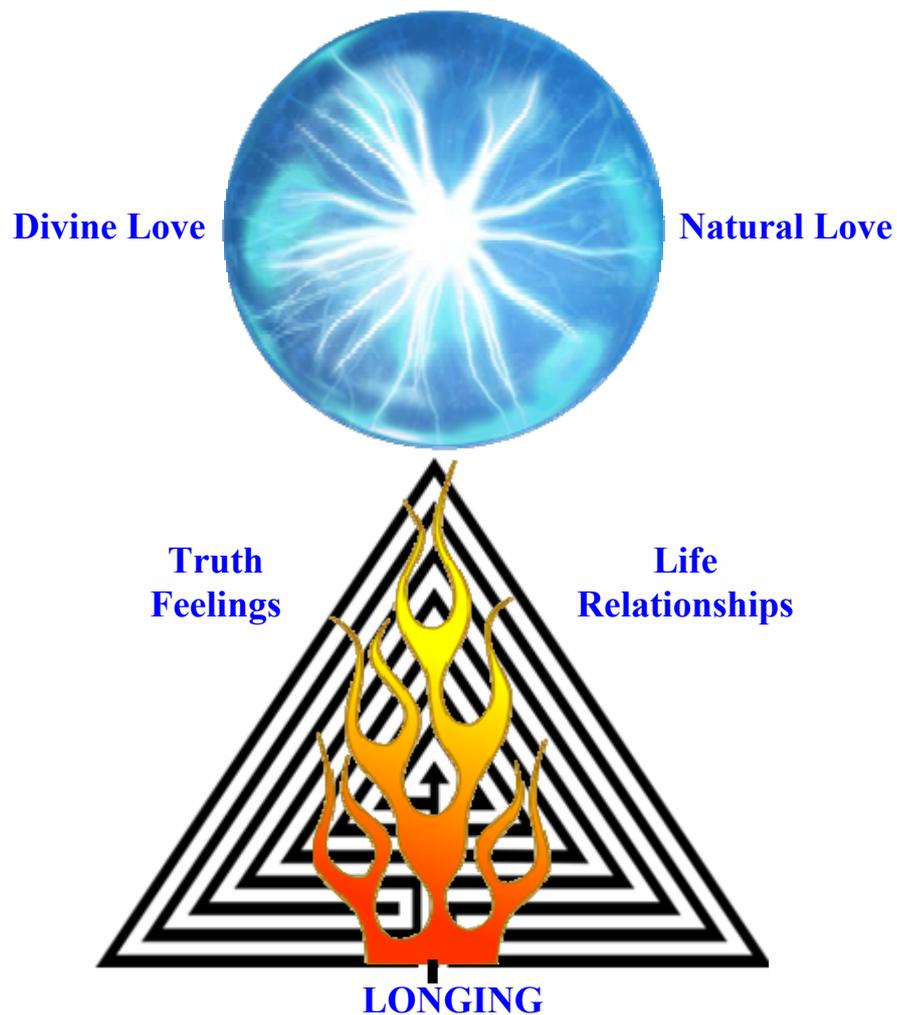
Want to understand the truth of your early life

Use your surface feelings to move deeper into yourself, bringing up your repressed feelings

Want and long to know the whole truth of yourself

Want to do it all with God, your Heavenly Mother and Father – long to Them for help.

The Key



Our longing drives our life. We long with feelings. We can wish for things using our mind, yet long for things with our heart. These things in the pyramid are what to long for. Longing for them, when the longing comes naturally. Longing because you feel you really want them. Long to be true with all your heart. Long to live true to your feelings. Long to understand the whole truth of yourself.

ENOUGH IS ENOUGH

Andon and Fonta, our first parents to long for our Heavenly Parents, lived nearly 1,000,000 years ago. Naïve humanity was seduced by high spirits, the Lucifer pair, to believe they could be gods through their minds, thus men subjected women to subordinacy 200,000 years ago. Also added to this was the default of the Adamic pair more than 38,000 years ago when they failed in their mission.

REBELLION & DEFAULT **200,000** YEARS

When Jesus with Mary achieved their full Regency of Nebadon, in 26 CE, they immediately had the Lucifer and Satan soulmate pairs assigned to a spirit world prison. Since then, the Creator Pair have been preparing for the ending of the Rebellion and Default for humanity of Earth. The Avonal Pair now on Earth, once commencing their Healing, brought about the imprisonment of the Caligastia and Daligastia pairs in the early 1990s. As the Avonal Pair advanced with their Healing they brought about the formal end of the Rebellion and Default, on 31 January 2018. It is now for all of humanity to embrace the Spirits of Truth of the Avonal Pair and undertake their healing of the imposts of the Rebellion and Default.

Avonal AGE **1,000** YEARS

Spirits of Truth of the Avonal Pair will guide us through our Feeling Healing and into the Celestial Heavens with Divine Love, then the Spirits of Truth of the Creator Pair will lead us through the Celestial Heavens and out through Nebadon towards our Heavenly Mother and Father in Paradise.



Each generation of 25 years or so will see marginal embracement of Feeling Healing, however in 1,000 years it will achieve universality.

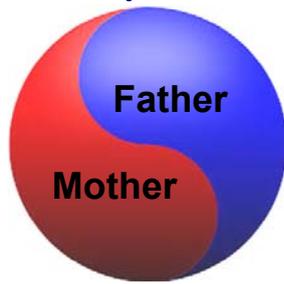


A few will complete their healing during their lifetime, but for many it will be incremental.

Universality of Feeling Healing with Divine Love will see the mitigation of discomfort, pain and illness as well as the imposts of global warming and Earth changes. These events are to ensure that each of us embrace our feelings, both good and bad, down to the very core, so that we fully come to know who we truly are. Sciences will endeavour to remove pain only to see disease manifest in different forms. Earth disturbances are a result of the Harmonic Convergence of the late 1980s, increasing the rotation of the Earth's central core. This will only abate when humanity has universally embraced Feeling Healing. These influences are only imposed upon us so that we do not step back into the Rebellion and Default through complacency. Live Feelings First so that we become the true personalities we are, that being daughters and sons of our Heavenly Mother and Father.

AVONAL PAIR to be RESPONSIBLE for SPIRITUAL WELLBEING of HUMANITY:

Heavenly Parents



The Paradise Pairs, children of God, are all only concerned with the spiritual wellbeing and upliftment of the planets and local universe. Creator Son and Daughter, Mary and Jesus, are focused upon the spiritual wellbeing and upliftment of the whole of Nebadon which involves Earth, one of 3.8 million planets.



AVONAL PAIR

The Spirits of Truth of the Avonal Pair are to join with the Spirits of Truth of Mary and Jesus.

Soulmates



COUNCIL OF ELDERS



The Council of Elders, 12 Celestial soulmate pairs, being a Soul Group, guide to Founder of the Global Humanitarian Fund that is to disseminate Feeling Healing and Soul Healing guidance.

Soulmate PAIR while living in the physical of Earth, are to complete their Feeling Healing whilst embracing Divine Love, thus completing their Soul Healing. Being the first humans to do so, they will subsequently, upon their physical deaths, release their Spirits of Truth so that the whole of humanity, for the next 1,000 years, can embrace and progress in their soul development through Feeling Healing.



GLOBAL HUMANITARIAN FUND

Through the Global Humanitarian Fund, humanity is to be introduced to the processes of Feeling Healing and Soul Healing. Further, they will also become aware that our Spiritual Teachers of Truth for the next 1,000 years will be the Avonal Pair who will be handed this task from Jesus and Mary, and much, much more.



Crossover

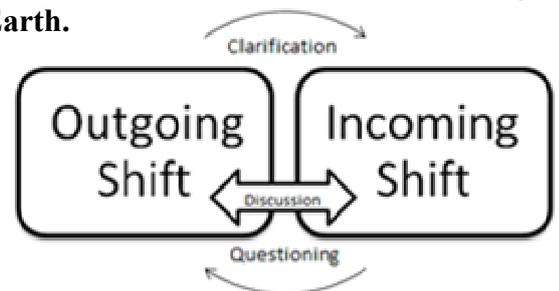
This time, in the history of humanity, is the most exciting time ever experienced.

the Handover

This is the time that mankind is now able to evolve in its spiritual development. Humanity has endured 200,000 years of Rebellion compounded by the Default of some 38,000 years, now we have been provided with the guidance to put aside the negativities of the Rebellion and Default.

With the guidance that was provided through James Padgett (1914 through to 1923), again mankind can become aware of the availability of Divine Love from our Heavenly Parents. This also heralded the handover. That is, the commencement of the end times of the involvement by Mary and Jesus in the spiritual affairs of humanity on Earth.

Soul groups that have been in place during Mary and Jesus' 2,000 year involvement with Earth have progressively handed over to soul groups that have been forming since 1914 (Padgett Messages). The older soul groups have mostly moved further towards Paradise.



The second revelation, that followed from the availability of Divine Love, is the processes of Feeling Healing and Soul Healing. The understanding of the Feeling Healing process is the most important of the revelations and should have been the first to be revealed. Feeling Healing and Soul Healing are being revealed through and by Marion and James Moncrief.

The soulmate / soul partner bestowal pair, being the first to complete their Soul Healing, and upon their deaths, will release their Spirits of Truth which will unify with the Spirits of Truths of Mary and Jesus so that humanity, in whole, will have access to this knowledge and guidance for the next 1,000 years.

Mary and Jesus, being responsible for the spiritual wellbeing and upliftment of the whole of Nebadon, are to withdraw from their direct involvement with Earth's humanity and handing over the responsibilities to an Avonal bestowal pair, who take individual responsibility for the spiritual wellbeing and upliftment of individual planet humanities and their associated Mansion Worlds, in this case, Earth exclusively.

COUNCIL *of* ELDERS

For the next 1,000 years, via the Avonal Pair and the newly forming Soul Groups, Earth will be able to evolve through embracing Feeling Healing, and with Divine Love, one's Soul Healing. These newly formed Soul Groups are effectively 'Council of Elders' to assist humans living in the physical on Earth and Mansion Worlds to enable all to be aware of the way to evolve.

With the absolute end of the Rebellion, this is the first time in 200,000 years that mankind, humanity, can take control of his and her destiny and evolve in Love and Truth for all eternity!

Throughout this coming era, our spiritual leaders will be an Avonal Pair, yet to be identified.

GREAT U-TURN, THE CHANGE and the AVONAL AGE:

Monday, 24 December 2018

Nanna Beth – 3rd Celestial Heaven: The ‘Great U-Turn’ is what is happening now, it being the overall description denoting humanity turning away from following and advancing the Rebellion and its evilness as seen by living increasingly in a truth-denying state, to wanting to live true, to love truth, and to be truth-accepting. All of which comes about ultimately by doing your Healing, as you become the living truth as it’s revealed to you and also by people, like yourself John, who are currently more intent on understanding about it on an intellectual level. Both are needed, everyone who wants to embark upon their own personal U-Turn and the collective one of humanity, needs to understand a certain amount of what it’s all about with their mind as they work to bring the truths to light within themselves through their Healing. So anything to do with ‘reversing’ the Rebellion and Default is all part of the U-Turn. And it starts in a very small way within the individual, as it has already with the whole of humanity, being reflected by yourself and the others of your small band, who are wanting to live it and have accepted and believe it’s happening.



The Change, as such, is the same thing really. However technically, The Change begins with the dawning of the new Spiritual Age – the Avonal Age. The Change as I was referring to it yesterday was to highlight that once the Avonal Age begins in earnest, EVERYTHING will change. So currently, even though the Change and U-Turn have ‘begun’, it’s early days, just the ‘scouts’ going out in all directions in preparation for the ‘main event’. So technically we can’t say The Change has begun, whereas in time when Mary and Jesus’ age ends and the Avonal Age begins, then we can say it has begun. Whereas we can say the U-Turn has begun, it being a more vague term and not a technical definition.

THE CHANGE

Also, James has written about The Change in his Sage novels in reference to all I have said above and also the Earth Changes, including the Pole Shift. However the Pole Shift, were it to come during the Avonal Age, would then be part of The Change, The Change being the whole 1,000 years. It’s going to take the whole 1,000 years to implement on the parent to child level the necessary Changes so as to ensure that the effects of the Rebellion will truly come to an end, with that “end” still going beyond the Avonal Age to complete. So the Pole Shift is just a physical phenomena, and certainly of itself it will cause great change, but it doesn’t of itself affect any spiritual change against the Rebellion and Default, and in the past it has helped humanity go deeper into its wrongness.

So the real Change I’m talking about is spiritual and involves the ending of humanity’s truth denial. That’s the most important part, to help people see they are living against the Truth, of themselves and of God, and that all they are doing is part of that, and that if they want to end that, they will have to do their Healing. So the Change will be with the awakening to that, a consciousness shift, a vast change to the mind of mankind as it considers the state it’s in: that ALL it is doing, ALL it’s believed was right, ALL of it’s religious and spiritual beliefs, outlooks, attitudes, are all only keeping it in its truth-denying state.



Imagine the whole of humanity understanding and focused in the direction of knowing everyone is suffering because of being under the Rebellion and that it doesn’t have to be that way. So people increasingly living in the wrong direction and going further against themselves, once The Change fully starts, won’t be able to evolve further into a deeper or greater rebellious state. However stagnation

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within where it's stalled will be a big issue for a lot of people and mind spirits, those people and spirits who don't want to accept that's how they are is all wrong.

So you can say the Great U-Turn has started, the writing is on the wall for the Rebellion and Default. And when the Avonals come of age, when they finish their Healing and openly (publicly) declare who they are to the world (even if that world is only a very small group of humanity), then The Change will have begun.

REBELLION & **DEFAULT**

And once The Change officially begins, there is no turning back. After the Avonal Age, humanity will be given the chance to resume its evil ways and turn its back on The Change and all the Avonal Age has done, and certain people and mind spirits will want to do that. However they won't be able to change the momentum being lived by those who are intent on living true to themselves and God through their feelings. (The availability of Divine Love may be withdrawn for the following spiritual age.) Still in all fairness humanity has to be given the opportunity to decide whether or not it wants to fully heal itself, and without having imposed on it such strong influences as caused by the Avonal presence. But that's all a long time off.

GREAT U Turn & **THE CHANGE**

So the Avonal Age is a specific Spiritual Age (which you read about in TUB – The Urantia Book), giving rise to The Change in which humanity ends its truth-denial and living unlovingly against itself and its Mother and Father, all of which is the Great U-Turn.

celestial Friends

Avonal AGE

Arvonal Revelation

- We are to live Feelings First.
- We've been made to use our mind to live against many of our feelings.
- Our mind control commences at conception and is developed through our childhood.
- All the bad feelings we didn't express as we were growing up are still repressed inside us.
- And all such hidden, buried and unwanted feelings have to come out.
- And whilst they remain repressed within us, they will continue to make us feel bad and unloved.
- We get sick, depressed, suffer, have bad things happen to us because of our repressed childhood feelings.
- Humanity was brought into this state of living against itself by higher rebellious spirits.
- These Evil Ones caused the Rebellion and Default.
- We are made to rebel by default – as we have no idea we're doing it through our parenting in wrongness.
- We are all parented unlovingly – against ourselves, against our will.
- Some parenting in the wrongness is done with more love, yet it's all still wrong.
- To heal this unloving state within ourselves we have to do our Healing.
- Our Healing is our Feeling-Healing or Soul-Healing with the Divine Love.
- We can long to God for Their Divine Love, and this will help us with our Healing.
- God is our Heavenly Mother and Father, the Feminine Aspects of God having been kept hidden from us by the Evil Spirits.
- All humanity's religions and spiritual systems are designed to keep the wrongness going, to keep us away from God.
- Only by living Feelings First Spirituality, The New Way, can you become right, and truly find God.
- Long for the Divine Love.
- Long for the Truth of your Feelings.
- Accepting all you feel is accepting all of yourself, it's your greatest act of self-love.
- And wanting to know the truth of your feelings, is your next greatest act of self-love.
- Love yourself through your feeling-acceptance, and the Truth will set you Free!

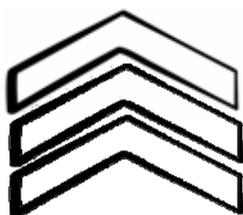
31 May 1914 and ongoing

The CHOICE is OURS to MAKE:

Celestial Truth:

Truly all-loving;
Living true to oneself;
Mind supporting Feelings;
Living with the Divine Love;

Fully Healed of the Rebellion and Default.

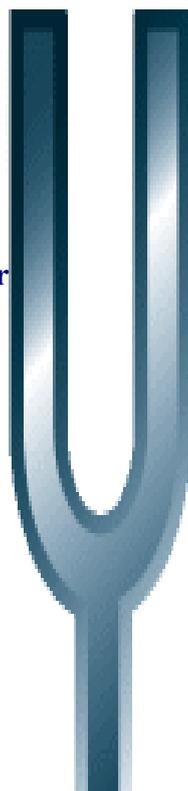


THE FEELING WAY

Feeling – Ascendance

Unlimited progression

- Living true to your untruth;
- Honouring all your bad feelings;
- Expressing feelings to uncover their truth;
- Healing the Rebellion and Default within yourself;
- Feeling unloved; being unloving;
- Feeling as bad as you can feel;
- Feeling like you are no one special;
- Longing for the Divine Love.



THE MIND WAY

Mind – Transcendence

Limited progression

- Enlightenment, Nirvana, feeling all-loving;
- All false, mind-contrived. Anti-truth, anti-love;
- Still evolving the Rebellion and Default within yourself;
- Feeling and believing you are the Superior One;
- Living with your mind in control of your feelings;
- Living rejecting all your bad feelings;
- Living with your mind contriving you feel loved;
- Rejecting the Divine Love.



All religions, New Age, agnostic,
atheists, no spiritual interest,
Living the Rebellion and Default.

Hell:
Exploiting the Rebellion and Default.

The Feelings are the doer; the Mind the teller. So we are to go with our feelings, which we can't be told to do with our mind. So the longing for the Divine Love, doing our Healing by expressing our feelings and longing for their truth, are all feelings and doing it with longing. Whereas the mind just wants to tell us what to do and how to be, no feelings in it, all how our parents have treated us.

The New Way

Living True to Your Feelings

We live denying many of our feelings, which is not good or healthy for us.

Early in our childhood our parents, families and society in many ways tell us that expressing certain feelings is not right, it's unacceptable, forcing us to block them out.

“Stop crying, you're too old to cry”. “If you carry on behaving badly, you'll be punished”. “Smile, stop looking so miserable, what have you got to be unhappy about!”

We are told many of our childhood bad feelings (and often good ones too) are not welcome, which is saying, you are not welcome as you are, you must change yourself and be as we say you are to be. It's not loving to be treated that way.

And by forcing ourselves to change causes us to suppress and then keep repressed many bad feelings. And all those repressed bad feelings fester away inside us making us sick and unhealthy.

To be made to stop expressing any feeling means we are being stopped from expressing the whole of yourself. And that is very damaging.

Living by not expressing ALL our feelings fully means we can't enjoy fulfilling relationships, it causes problems, unhappiness and all illness.

So all our problems and difficulties stem from the fact that during our childhood we were stopped from expressing all of ourselves, by not being allowed to express all of our feelings. And this is how the whole world lives. Some people, families and societies being more or less feeling-expressive than others.

And The New Way seeks to end any repression of feelings. It's to understand that we should live fully expressing all we feel and not with our mind heavily in control of ourselves limiting our self- and feeling-expression.

The Old Way is living the Mind way of feeling repression. An unloving way of being.

The New Way is living the **True Way** of feeling expression. A loving way of being.



BEING SPIRITUAL

James Moncrief

10 December 2021

We are spirit beings in a flesh body, when we die our physical body dies and we wake up fully conscious in our spirit bodies in the spirit Mansion Worlds. We are living unconsciously now in our spirit body, as we live consciously focused in our physical body.

We are a soul that is expressing two personalities in Creation. You are one of the two personalities of your soul, your soulmate or soul-partner being the other personality of your soul. When you achieve living a certain level of truth, your soul will bring you together for the rest of eternity, this usually being once you've finished our Spiritual Healing.

Currently we are all born in Rebellion by Default against the truth of ourselves and against the truth of God. We are wrong, untrue and imperfect, even though we want to believe we are right. To become right, true and perfect we have to bring to light the truth of our rebellious state. This we do through our Spiritual Healing.

We do our Healing by attending properly to our feelings, by ending our mind control over them, ending our denial of many of our bad ones, expressing them all with the emotion of them, as we long for the truth our feelings are to show us about ourselves.

Being spiritual is expressing all of ourself (all of our personality) lovingly in life. It involves becoming wholly aware of all we are through all we feel. It is liberating our repressed childhood feelings so we can come to understand what parts we are not being expressing truly, which parts of we are in rebellion against our soul. It involves breaking down our erroneous beliefs, ending our unloving and uncaring negative behaviour, whilst coming to see the truth of why we have such beliefs and do such bad things to ourself and other people.

It's about how we are treating ourself, because of how we were treated as a child by our parents. And uncovering the truth of our relationship with our parents and family, and seeing if any of it was indeed loving as we might feel and believe it was, or if it wasn't loving.

Being Spiritual is then fully expressing ourself lovingly in all our relationships. It is about the evolving truth of the relationship with ourself, other people, and with God. Nothing else.



Our incredible journey!

God, our Heavenly Mother and Heavenly Father, does it ALL. They are All There Is. Creation all comes from Them. They created our soul and gave us the life we're living. They make us live all we experience, nothing is up to us, They only make it seem like it is. And currently They want us to experience being untrue and living against Them.

They bestow our personality upon our soul, and being a personality we live under the impression that we can determine how we want our life to be. We use our mind to make moment to moment decisions based on our feelings and how we believe we should be. And yet on a soul level our Mother and Father determine our so-called free will. Existentially on the soul level, there is no free will, everything is predetermined; whereas experientially on the personality level, we believe everything is up to us, that we have almost complete free will. Life shows us as we awaken to its truth, that we live a relationship between these two levels.

Many people believe God is good and loving, and the Devil or Evil is the opposite to God. As if there is the personality – God, and the personality – Devil, however the Devil has no personality, it doesn't exist. There are higher Evil Spirits, the 'Evil Ones' who rebelled against the Mother and Father and chose to take matters into their own hands in a small part of Creation in which Earth exists, thereby causing humanity to become of their Rebellion by Default; and unwittingly we carry on living untrue to ourselves and true to the evil ones. We are to understand, God wants us to be evil, God has put us in the Rebellion that is of God's making. Our loving God makes us feel bad and unloved, all because God wants us currently to experience living against the truth of love. And when we've experienced being evil all we need to experience, God will help us start our Spiritual Healing, thereby ending our evil ways.

Lucifer, Satan, and their soul partners, and other high Evil Spirits, are very real and have up until recently been able to exert a negative control over humanity. Christians believe they are on the side of good and are always having to keep vigilant about being coerced into the ways of Evil by the Devil. However all of us are evil, all religions are against the Truth, we're all of the Rebellion, no one has as yet been conceived free of it.

Really it is the battle against our 'evil' parents: They said we were wrong and bad and had to change ourselves to being as they were, which was 'right'. Yet we as young children we were not bad and they should not have forced us to change and go against ourselves.

Negative Spirit Influence blocked

22 March 2017

Law of Compensation quickening

22 May 2017

Rebellion and Default officially ended

31 January 2018

GREAT

-Turn

GOOD VERSES BAD

James Moncrief

10 December 2021

We grow up in good verses bad, one or the other, which are you? We grow up in God verses Evil, whose side are you on? We look outside of ourselves into the world and make our judgements, yet really we are looking within, at ourselves, judging ourselves.

The constant internal war going in our minds is good verses bad – feeling bad and feeling good. One part of us believes and feels it is good; the other part that it is bad.

We incarnate good. God being ALL good, created us. We are intrinsically good. And if we were parented completely lovingly, then we'd grow up feeling good, always good; good being the truth of ourselves. And we'd be completely loving.

We incarnate good, however are parents are not happy with us being good, true and perfect. They say we are bad, untrue and imperfect – wrong. And they must correct us. They say God stuffed up and they have to take over and fix us up. They interfere with us being of God's perfection; they make us imperfect.

Our parents by interfering with us cause us to be untrue, bad, even evil; then they judge us and blame us for being that way – the way they have made us be. They don't like or love their creation, and keep telling us we have to change and be better, be more like them.

So we do. We apply our will to comply with and obey our parents, we change ourselves into being how they want us to be, we change ourselves from being good into being bad. But then we're not allowed to be bad, so we have to fight against ourselves being bad by trying to be good, but it's only our parents' good. We don't know what is truly good.

And so we're forever fighting against our self, criticising, chastising, ridiculing, judging, blaming, and hating our self for being bad, always so desperately trying to be good, wanted and accepted. We will do anything to feel loved, even if it means going against our self. We do anything to have our parents love, to stop them being mean and cruel to us, to stop them criticising, chastising, blaming and rejecting us, calling us stupid and dumb.

And all of this we project into the world and onto God. There is no Evil that is the equal and opposite of God. God is all loving; and then there is evil – those spirits and people like us who are going against God. We are of a Rebellion – against God and against ourselves. To uncover what is truly good, we need to do our Feeling-Healing.



Freedom Pathway being Feeling Healing

We are to live being completely true to ourselves in the moment.

If you feel good, you live true to feeling good; if you feel bad, you live true to feeling bad.

We are not to live, as we all do, by denying and then pretending we are something that we're not. We are not to live falsely and untrue as we do. We deny many bad feelings, doing all sorts of things to keep us feeling good, to stop us feeling bad; and this is wrong, this is denying we feel bad by pretending we feel good. This is living untrue to ourselves.

Being untrue, we have to live true to our wrong and false state. We have to want to know the truth of our untrue state of mind. We have to want to get to the point of being as we really are, as we really feel, so honouring, accepting and expressing all our bad feelings. We have to want to know the truth of why we are feeling them.

If you feel you hate yourself, are revolting, ugly, a failure, can't cope, are not caring and loving; feel scared, miserable and are full of anger, lonely, depressed, and powerless, desperately wanting some control, all the bad stuff, then this is what you have to fully accept about yourself and not try to push it away. Instead of doing positive affirmations, we should do negative ones when we feel bad, allowing ourselves to be as bad as we feel we are.

I'm not
faking
being sick,
I'm faking
being well

We need to know, and so be, how we really are, living feeling fully connected with our bad state we're in. We have to own it. We are in a negative and untrue state of mind, so we have to be fully aware of and connected with ourselves in that state. We are living against ourselves, so we have to understand why and what that means, what it feels like, how it all came about through our childhood, and how we express it in all our relationships.

Being spiritual is uncovering the truth of how you really are, how you really feel; it's not creating some nice acceptable mind-created picture of yourself. And being that truth, no longer trying to avoid it. By living true to all your feelings, expressing them and really wanting to see the truth they will show you about yourself, is how you do your Spiritual Feeling Healing so as to live true to your untrue state of being.

And when you are truly yourself, allowing yourself to be all the bad parts and without trying to do anything to cover them up and keep them away, then you move on out of being untrue and into living in a true state. Then once in that true state of being, you will keep living true to it, feeling very good, happy and loved, all the good feelings of no longer living against yourself.



Your feelings are the key to your spiritual growth. They are the key to your well-being.

It is through your feelings that you grow in truth; that you become more aware of yourself. This is doing your Feeling-Healing.

Your bad feelings are just as important as your good feelings.

Most people do all they can to block out and stop themselves feeling bad.

Yet to deny our bad feelings so heavily is to deny ourself the truth about ourself they will show us.

We can't properly spiritually grow if we are denying our bad feelings.

Spiritual advancement begins by accepting ourself – so accept you feel bad.

We are to embrace and acknowledge all our bad (and good) feelings as we feel them. We are to stop denying them; stop trying to block them out, dismiss them, override them by using our mind to change our feelings. We feel bad – so feel bad. We feel miserable, scared, sad, lonely, angry, unwanted, disrespected, hurt, and so on, so allow ourself to feel those feelings, and to feel them as fully as we can.

By allowing ourself to embrace fully all our feelings is the greatest act of self-love; denying any feeling is the greatest act of self-hate.

As we accept our bad (and good) feelings, we then try to 'bring them out', to express them, to say how bad we're feeling, to tell ourself, God, our partner or friend. We open our mouth and emote the feeling, going with it, saying all it makes us want to say. And ideally we keep saying all it makes us feel until we stop feeling it. However, it can be hard work and very difficult to keep expressing such deep pain, so we do as much as we can at any one time. It all has to come out of us, rather than keeping it in.

And as we're accepting and expressing our bad feelings (and good ones), we long for the truth of why we're feeling them. Really want to know why. Understanding that they will take us back into our childhood with our parents and family, all so we can understand that the bad feelings we're feeling now are the exact same bad feelings we felt back then. And now as an adult we can understand why we felt them back then as a young child, what was going on in our relationships with our parents, and were such relationships loving and good for us, or hurting us, were unloving, rejecting and denying us. And this is the truth we have to want to understand about ourself. And our feelings are the key. And this is 'being spiritual' – it's growing in the truth of ourself.

Enters emotionally - is to leave emotionally!

Important recommended reading is:

by James Moncrief

The Rejected Ones – the Feminine Aspect of God

<http://divinelovesp.weebly.com/my-free-books-and-free-padgett-messages.html> ALSO at
<https://www.pascashealth.com/index.php/library.html?file=files/opensauce/Downloads/MEDICAL%20-%20SPIRITUAL%20REFERENCES/Rejected%20Ones%20via%20James%20Moncrief.pdf>



PARENTS are GOD

James Moncrief

10 December 2021

As children, our parents are our gods. A parent can do no wrong. The parent is perfect. We are made to obey them, be grateful; we have to do as they say. Only the child is wrong. They make us be how they want us to be – for our own good. Is it cruel child abuse?

They hurt us, reject us, call us evil – the naughty little devil; humiliate us, make us feel miserable, sad, scared, alone, angry, unloved; even hate them, because that's what we need, according to them, to make us able to deal with and cope in the world – with them.

And they make us love them. We have to love our parents, because if we don't, look out! And our survival depends on it. So we tell ourselves, as we tell them, we love them. We love them as we love God. God is really just our parents. We can't do without them. Our Mother and Father God is our mum and dad. Do we hate God or love God?

The parent has all the power. The parent is powerful. The parent has a child to have power over it. The child is powerless. In our rebellious state of mind, being a parent is the ultimate controlling power trip, even if you are a more genuine caring and loving parent. The child feels powerless, even if it is given a little power by its parents.

We, as powerless children, grow up doing all we can to gain power. By becoming a parent ourselves is now our chance to have ALL POWER over our children.

The cycle repeats. The powerless becomes the powerful causing the next generation to feel powerless, who in turn have to become parents so they can feel powerful.

The grandparent gains even more power; over its own child and over its children's children. The grandparent is the God of the God's. So the child feels even more powerless; powerless with its parents, powerless with its grandparents. So as an adult it desperately seeks power. It MUST have its own children at all cost, because it can't remain feeling a loser, a failure, a powerless nothing, forever.

We don't truly love ourselves; so we can't truly love our children. We can believe we love ourselves; as we believe we love our children. And so do our children truly love us?

What is the truth of your parent/child love, and your child/parent love? Doing your Feeling-Healing is the only way to find out. Provided you do want to know such truth.



It's all about relationships. The relationship with ourself, our parents and family, with our friends and partner, with nature, and with God.

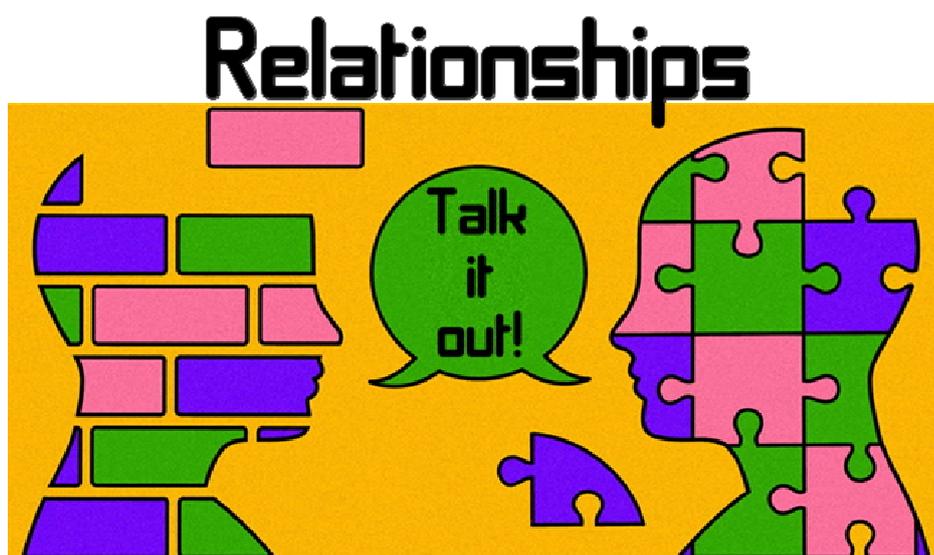
It's about whether we are true in our relationships, which means, whether or not we are truly expressing all we feel, so all of ourself, in each and every interaction. And if we are not true, then wanting to find out why. Which we can do by doing our Spiritual Healing.

Our Healing will take us through our feelings into the truth of all our relationships – current and past. It will help us understand the relationship of our mind to our feelings, whether or not our mind is working against or for us, what our erroneous beliefs and bad unloving and negative behaviours are. All so we can come to see why we are the way we are, why we are loving or not loving, and how we came to be as we are because of the relationships and their influences we had as a child.

As an adult, our primary relationships, those with our parents and family, are what have determined and keep determining our relationships with ourself, nature, other people and God. And those early relationships will keep driving our adult relationships until we do our Spiritual Healing wanting to uncover the truth of them.

If anything is wrong in our life, if anything about ourself makes us feel bad and unhappy, if any part of us, or all of me / you, is unloving, that's all because it was how we were made to be through our early forming years and the rest of our childhood.

If our relationships are good and successful, our feeling fulfilled and loving in them; or if they are bad and unsuccessful, our feeling let down, disappointed, unfulfilled and wondering why we can't have good relationships, it's all because of how we were treated as a child. Any problems we have, any illness, any bad things that happen to us, all do so because of the emotional and feeling patterns established throughout our childhood. As an adult we live cycling through our childhood feeling patterns. So our relationships being emotionally good or bad, are the same as how our childhood relationships were emotionally and on a feeling level. Through our relationships as an adult, we will keep reliving all the same childhood feelings we felt with our parents and family. And if we're happy in our relationships, good; but if we're not, then only through our Healing will we be able to change such feeling-patterns once we've uncovered the truth of them.



We incarnated feeling good. But very soon we were made to feel bad. Our parents made us feel bad many times as we were forming and growing up through our childhood. How many times did your parents make you feel bad? And how many times did they make you feel good? And have you worked hard to block out many of the bad times?

For many people, they actually felt bad more than they felt good. And many of the so-called good feelings were only times of reprieve between the bad. They grew up on feeling bad. So bad is what they know, bad is what they are used to, bad is what they expect. And yet they also do all they can to keep feeling good, blocking out the bad.

And they might hate this, fighting it within themselves, always trying to do things to make themselves feel good, yet always ending up still feeling bad. Do you feel good, only to do something to ruin the good feeling and make yourself feel bad again?

We've been made to be scared of feeling good. We need to keep feeling bad. We feel better feeling bad, even though we hate feeling bad and only want to feel good.

We learn to 'bring it on' so we can feel bad. We say the wrong thing, act in the wrong way, resist being good and loving, all because it's how we believe we should be, how we should feel, all because that's how it was for us as a child. How you are – this is how it was for you as a child. And how it will always be, until you do your Feeling-Healing.

A great part of our Healing will be to allow ourselves to feel bad, to accept our bad feelings, to understand that is how our parents made us feel throughout our childhood.

And allowing oneself to feel bad is very difficult, even if we already feel bad. And we might be faced with feeling bad for many years through our Healing, feeling hurt, rejected, unwanted, uncared about, miserable, sad, angry, scared – so many endless bad feelings. Yet these are all the same feelings we felt through our childhood, and they all have to come out. And once they are out of us, then we won't feel bad anymore, as we will understand the reasons why we felt them – the truth of them.

We are not to reject our bad feelings, as they were rejected by our parents. Our parents made us reject our bad feelings, so we follow their lead and also reject them. It's not being self-loving. It's self-hating. So love yourself by allowing yourself to feel as bad as you do.

Feeling bad is good!

The most important part of all our lives is to uncover the truth of our childhood.

And we do this by doing our Spiritual Healing.

By attending to our feelings properly: completely accepting our bad feelings, expressing the full emotion of them, whilst longing for the truth they are to show us about ourselves and our relationships with our parents and family.

We can't spiritually grow or grow as a person unless we uncover the truth of our childhood through our feelings.

We have to find out through our repressed childhood feelings if our relationship with our parents and family was loving or unloving during our childhood. During it, which parts were we treated respectfully, with care and with love; and during which parts were we made to feel uncared about, disrespected and rejected, hurt and unloved.

We have to break down the untruth of our mind and its erroneous beliefs that cause us to live in a false state: that our relationships with our parents were loving when perhaps they weren't. We all want to believe we love our parents and they love us; however, is the love you feel for and from your parents true love, or only a love fabricated by our mind? This is the truth we must want to see about ourselves and our relationship with them.

Everything bad that happens to us, any problems we have, why we get sick, any bad feelings we have, why our relationships might fail, all comes from our unloving childhood. Once our childhood finishes, we are complete, living by repeatedly cycling through our set childhood feeling patterns. The exterior of our life, what happens to us and what we create through our adult life, is nothing more than living out how it was for us as a child. The basis for being a so-called success or failure in life, was all established through our childhood. It was all determined by our parents loving or unloving relationship with us.

We can never fully heal ourselves unless we want to uncover the whole truth of our childhood. We can look into bits of it, get more in touch with some early trauma, some of which might help to explain why we are feeling bad and why we are trapped in our addictive and self-abusive behaviour. But not until we uncover the WHOLE truth of our childhood through our feelings, will we be finally be set free of it – will we be free of all our pain.

Feeling Healing sets us FREE!



Working with your BAD feelings.

Talk to someone who has your interest at heart.

To someone (or out loud to God) who listens without making you feel like you're being judged. Someone who really wants to know how bad you're feeling and won't stop you saying how bad you feel. Someone who won't try to change the way you are feeling.



Express your bad (and good) feelings with the full emotion of them, all whilst you really want to know the truth of why you are feeling them. Want to know the deeper reasons why you are feeling bad.

And keep talking, expressing; bring out all your feelings until there are no more to express. And this can happen quickly; or can take days, weeks, months, even years, working at expressing the same bad feelings, time and time again, always longing for the truth of them.



And you keep talking until the truth comes to you. Your feelings are to show you the truth of why you are feeling them. You have to want to know that truth with all your heart, to find it and see it through your feelings.

When you have a bad feeling, it is your feeling, and if you stop yourself feeling and expressing it, you are stopping yourself getting to know why you have that bad feeling – the deeper reasons why and not just the more obvious superficial ones. You are stopping yourself being a fully self-expressive person in your life and in the world.



Your true personality was prevented from being fully expressed through childhood. To become true, to be your fully expressive self, it's most important to ensure you always express ALL of your feelings, and particularly all your bad ones; all with the strong desire to know the truth of why you are feeling them.

In time the truth of yourself will come to you through your feelings.

We are to be our true personality, our authentic self!

NEW FEELINGS WAY A WAY OF LIVING.

The New Feelings Way is working with your feelings to uncover the hidden truth of yourself. It's to find the Truth of Yourself Through Your Feelings. So the two have to be worked in conjunction with each other: Expressing ALL, and most importantly, ALL YOUR BAD FEELINGS, which we are more than likely denying, all so we bring the truth of why we are feeling them to light. This is getting to know ourself – the truth of how we are. It's living true to our feelings. Accepting, expressing and longing (wanting) to find the truth of them within ourself. It is a way of living that embraces and looks to express all our feelings and emotions so we can see what they are all about, what they are showing about ourselves; unlike how we live denying the truth of our feelings and basically not having a clue about ourselves and why we're feeling what we are.

The difference as to living as we currently do – the Old Way – which is mostly feeling-denial and believing we are expressing our feelings, is still not longing for and wanting to uncover the truth of those feelings. We live denying ourselves the truth of ourselves, because we don't want our feelings to lead into the truth and horror of how unloved we felt during our childhood, and how we still feel unloved.

The New Feelings Way, is doing the opposite of this. Stopping what we are doing, focusing on our bad feelings in particular, the ones we are most likely to deny; fully acknowledging them, bringing them up and out of us by expressing all they make us feel and all we feel having them, all as we long and want with all our heart to know the truth of why we are feeling them. Understanding that that truth is going to be very confronting, because it's going to show us the truth of all our relationships, with ourself, our parents, friends, children, loved ones, partner and God. And if there is any unlovingness in any of them, the truth is going to bring that all to light.

If we want to carry on in the Old Way, sure, being more feeling expressive will generally help our relationships, however that's not what the New Feelings Way is all about. The Old Way, which is the current way for most people, is denying the truth of ourselves by denying our feelings. The New Way, is working with and wanting our feelings to show us the truth of ourself.

Having someone to talk to who is willing to listen to us expressing all our feeling without trying to stop us, is just one part of how to express our feelings in order to help us uncover the truth of them. It does matter what we talk about, otherwise we continue in a truth denying state, the Old Way. In the New Feelings Way, it very much matters what we talk about, which is all our feelings and all how they are making us feel, all so we can find the truth of them. The New Feelings Way is ALL AND ONLY ABOUT UNCOVERING THE TRUTH IN OURSELF. And doing that through our feelings. It's all about the Truth; that is what we're setting out to do, so not to water that down. The Old way is all about not finding the truth and doing all we can to deny it. So do you see, it's not just about talking in general, it's all highly specific, and a specific and fully focused way of being, way of living, not just more of the old general stuff.

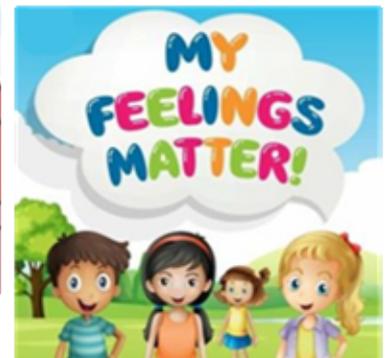
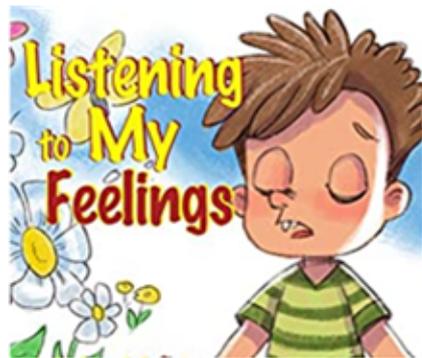
The feelings and self-expression side of The New Way is talking more generally about feelings, about how important they are, and how acknowledging and expressing them is helpful in life, adding to more fulfilling and meaningful relationships. But that's just part of our naturally expressing ourselves, with The New Way being specifically about showing up the Old Rebellious Truth-Denying Way. We're about wanting to offer people a way out of their yuk, a way out of their rebellion, a way out of their pain, a way out of their mind controlling beliefs and behaviour. And so how to do that is by using our feelings – which leads us into doing our Spiritual Healing.

yuk

From our head to our toes,
what our feelings say goes!



Feelings, good and bad, are to be expressed.



Heartfelt feelings are our truth.

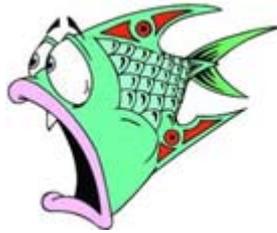
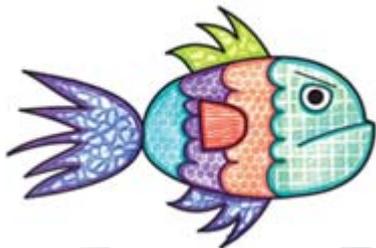
Then we are to continue by longing for
the truth that our feelings are to reveal to us!

**LONG to KNOW ABOUT what you are FEELING!
Long to understand the truth behind
what your feelings are pressing upon you.**



Ask to know the truth about that which you feel.

**It is knowing the truth of that
which you feel that sets you free!**



**Always be true to your feelings
because they are your truth
and truth is love and our way home!**



Express your feelings to those who matter to you.

Suppressed feelings bring about pain and illness.

Talk it out to a friend!

MIND vs FEELINGS

Mind vs Feelings – Your Choice.

And now is an appropriate Time To Make this Choice!

Everyone is to choose: The Mind Way;

or The New Feelings Way.

Which way of living do you choose: Mind Way?

or the Feelings Way of living?

Do you continue in your Mind Way?

or do you embrace The New Feelings Way?

Do you choose the Dead End Mind Way?

or the Eternal Happiness Feelings Way?

Times up for the Mind Way;

the Feelings Way is taking over.

False Spirituality – The Mind Way;

True Spirituality – The Feeling Way.

The End Times and Final Judgement; or Paradise – the choice is yours to make:

Continue in your soul-destroying feeling
and truth denying Mind Way;

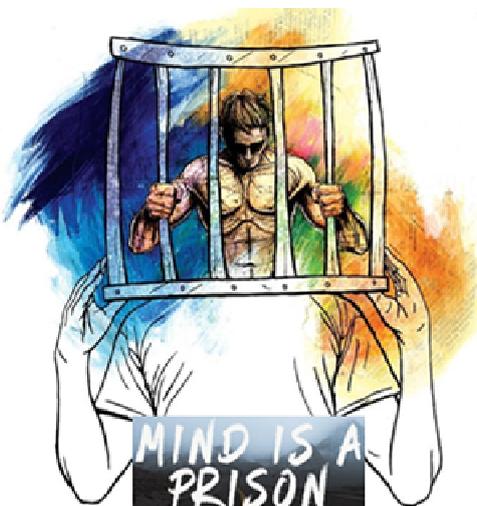
or embracing The New Feelings Way
by doing your Spiritual Healing;

Maintaining the mind's imposed façade of a robotic,
retarded individual, in a stupor, perpetrating the
errors of generations gone by;

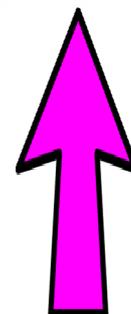
or The Feeling Way which is the discovery pathway
to releasing your true, vibrant personality

The Mind Way – rejecting the truth of yourself
by denying feelings, restricted forever to the
mind Mansion Worlds;

or The Feeling Way – uncovering the truth of
your feelings and ascending to Paradise.



Ascension of Truth to Paradise



ASCENSION of TRUTH to PARADISE

DIVINE LOVE – Feelings in control – FEELINGS WAY
 DIVINE CELESTIAL HEAVENS – CELESTIAL SPHERES
 UNITING with SOULMATE / SOUL PARTNER and SOULGROUP
 BEING DIVINE, ETERNAL, IMMORTAL, FUSION with INDWELLING SPIRIT

THE FEELINGS WAY ** LIVING A FEELING-LED LIFE **

Transformation of soul from **Perfect** Natural Love to being **Divine** – being of **Divine Love**.

Transformation of soul from **Imperfect** Natural Love to being **Divine** – being of **Divine Love**.

Transition from Mind to Feeling way of living

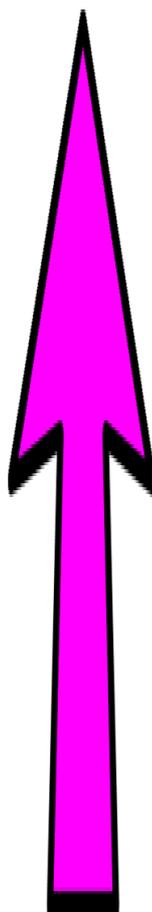
NATURAL LOVE – mind in control – MIND WAY
 SEVEN MANSION WORLDS

We have to do our: SPIRITUAL HEALING
 (FEELING HEALING)
 (SOUL HEALING)
Uncovering the truth of feeling Unloved

IMPERFECT NATURAL LOVE
 REBELLIOUS
 REBELLION AND DEFAULT

Against Truth and Love
 Living Untrue; against ourselves
 Denying many feelings
 Become Truth to being untrue
 Imperfect relationships
 Feelings of love within an unloving state

LIFE ON EARTH
WHAT WE ARE LIVING
AN UNLOVING LIFE



Self-Acceptance

No Healing needs to be done
 Being true and loving
 All done with Natural love
 Uncovering the truth of feeling loved

PERFECT NATURAL LOVE
 NOT REBELLIOUS
 NO REBELLION OR DEFAULT

Not Against Truth and Love
 Living Truth; not against ourselves
 Not denying any feelings
 Become truth to being true
 Perfect Relationships
 Feelings of love in loving state

LIFE ON A PERFECT WORLD
 What we wish we were living
 A Loving life

THE MIND WAY ** MIND-LED LIFE **

We are to move from our mind way to a feeling way of life within our rebellious and untrue state. We are to live truth to our being untrue, knowing and being the truth of why we are untrue.

GREAT U-TURN

Living True to Ourselves

LIVING TRUE to OURSELVES

We are to live truth to ourselves through ALL our feelings. We are untrue.

We are to live truth to being untrue. We are to stop pretending we're true.

We're to admit we're full of shit; and be as full of shit as we are.

God made us be rebellious and untrue, so we are to live being rebellious and untrue, not trying to not be as God made us. And we are to live true to being fucked, until God transforms us and changes us into being true and loving, ending our rebelliousness.

With all of us having been incarnated into a truth-denying rebellious world, we are to live true to how untrue, false and unloving we are. We are to stop using our mind to pretend we are true and loving when we're not.

We are to fully embrace, through our feelings, the truth of how wrong, bad and evil we are. And through our Spiritual Healing we are to fully accept how rebellious we are, living and being it. And knowing how being rebellious (being of and in Rebellion) makes us feel.

We are not to use our mind to pretend we are true; that we are loving, caring and sympathetic, as we're not those things.

Being of Natural Love we experience love through our mind. And so being in an imperfect state, some (if not all) of our mind love will be false and untrue.

When we have been transformed into our true Divine Love state having done our Spiritual Healing, then all the love we experience will be through our heart and soul with true feelings and no longer with our mind. With all love being true and based on the Truth.

We are to find the Truth of Love

JOURNEY HOME

Our journey home is an ever growing expansion of truth being revealed to us. For Earth's humanity, as for the 37 humanities that have Rebelled, we are quarantined and isolated. Having also Defaulted, Earth's humanity is possibly the most evil of all. Firstly, we are to understand that living through our minds is why we are addicted to untruth and control of others and nature – we are going the wrong way! We are to live feelings first and then heal our Childhood Repression and Suppression – we are to live and express our true personality, the one given to us by our Heavenly Mother and Father. Then our journey home begins!

The Isle of Paradise is stationary within the circle of seven super-universes. Spheres here are also for us to further grow in truth before arriving Home to become Finaliters. Our Heavenly Mother and Father guide us out of our Local Universe of Nebadon, through the rest of our super-universe of Orvonton and into super, superuniverse Havona which circulates around the Isle of Paradise, being home.

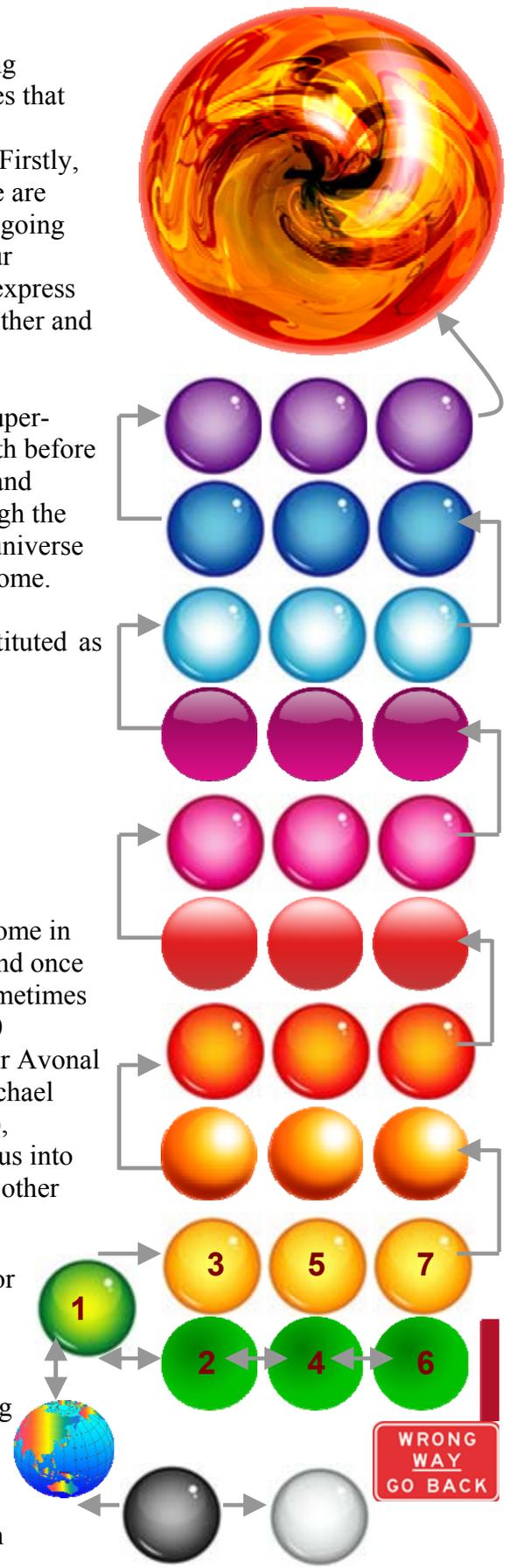
Each of the seven super-universes are approximately constituted as follows and with 1,000,000,000,000 inhabitable worlds:

- One super-universe is 10 major sectors
- One major sector is 100 minor sectors
- One minor sector is 100 local universes
- One local universe is 100 constellations
- One constellation is 100 systems
- One system embraces approximately 1,000 physical worlds

Once we attain the Celestial Heavens (spheres), we start to come in contact with spirits from other 'Earth' worlds. So in spirit, and once we've finished our Healing and are Celestial, we interact, sometimes directly and otherwise indirectly, with potentially 10,000,000 physical worlds of which 3,840,101 are with humanities. Our Avonal Daughter and Son lead us to Mary Magdalene and Jesus (Michael soulmate pair / soul partners, our Creator Daughter and Son), through our healing of the Rebellion and Default by guiding us into the first three Celestial Heavens and out of isolation from all other physical and spirit humanities.

Mary and Jesus then lead us through the Celestial Heavens for the system Satania (that Earth is in), then our constellation and then out of our Local Universe.

Isolation from all other humanities prevails before completing our soul's healing and progress into the Celestial Heaven spheres 1, 2 and 3. Hell planes 1 and 2 of Earth are for those people who have to compensate for evil wrongdoing. And once done, they may then progress up through mind Mansion Worlds 1, 2, 4 and 6 before turning around to progress through Healing Mansion Worlds 3, 5 and 7 to transition into Celestial Heaven.



Pathway Forward

The one and only way!

The New Way: Learning how to live true to ourselves by living true to our feelings.

We are to find through our feelings the truth of the Rebellion and Default.

By living true to ourselves, true to our feelings, we are living true to God. It's that simple.

The True Liberation of Women is Through the Truth of Their Feelings.

Long and pray for Divine Love and it will loosen the errors / injuries / unhealed / denied trapped and/or inherited emotions, resulting in a flowing out, when one embraces Feeling Healing, of these negative embellishments within one's soul as Divine Love flows in – Divine Love being the greatest gift in all the universe.

We are to express our feelings, both good and bad, at all times, and to long for the truth of them.

To liberate one's real self, one's will, driven by one's soul, moves one to embrace Feeling Healing, so as to clear emotional injuries and errors. With the Divine Love, then one is also Soul Healing. We are to feel our feelings, identify what they are, accept and fully acknowledge that we're feeling them, express them fully, all whilst longing for the truth they are to show us.

Our Heavenly Mother and Father, our true Parents simply desire for us to ask for Their Love. Our salvation IS by embracing Feeling Healing with the Divine Love. God's Divine Love: Pray for it, ask for it, and receive it.

All unborn or stillborn babies as well as young children are nurtured into maturity within the realms of the spirit world with love. They all arrive within Summerland, or similarly named facilities, and commence their spirit world journey from there. The experiences they were intended to have on Earth are provided for them within the first spirit Mansion World.

There are no organisations to join, there is no hierarchy, no controlling systems, no books, special prayers, rituals, dogmas, creeds, cannon laws, fancy costumes, special clothing or the way you have your hair. This is all about us living through our feelings. All that we need is self-contained within us, within our feelings. Our feelings are our truth. Nothing needs to be or is to be learnt by rote. We simply talk to our Heavenly Mother and Father as if we are talking to our loving parents here on Earth. Yes, many will form into small groups to help each other and share each others understandings and feelings; however there are no formalities or controls of any nature. While we live mind centric, we cannot evolve, only living through our feelings are we able to grow in truth and love, of God, self, all of humanity and the environment.

Feeling Healing is a way of life and that is all it is. Living through our feelings with the mind to follow to assist in the implementation of what our feelings guide us to embrace, is for all to consider.

Our Spirit Friends on duty



CRYING WORLDS HEAL, the LOVE SPHERES LIBERATE PERSONALITY:

To PARADISE, the HOME of OUR HEAVENLY PARENTS

The Way Home

Celestial Heavens are the Spheres of Love. One has to be a fully integrated personality, as in expressing all the aspects of one's self equally and lovingly, before one can leave the 3rd Celestial sphere – Sphere of Love, after having embraced the Way of Feelings.

When in the Celestial Heavens we work on bringing to light all the attributes of one's personality. We are to be a fully integrated personality, as in expressing all the aspects of ourself equally and lovingly, before you can leave the third Celestial sphere.

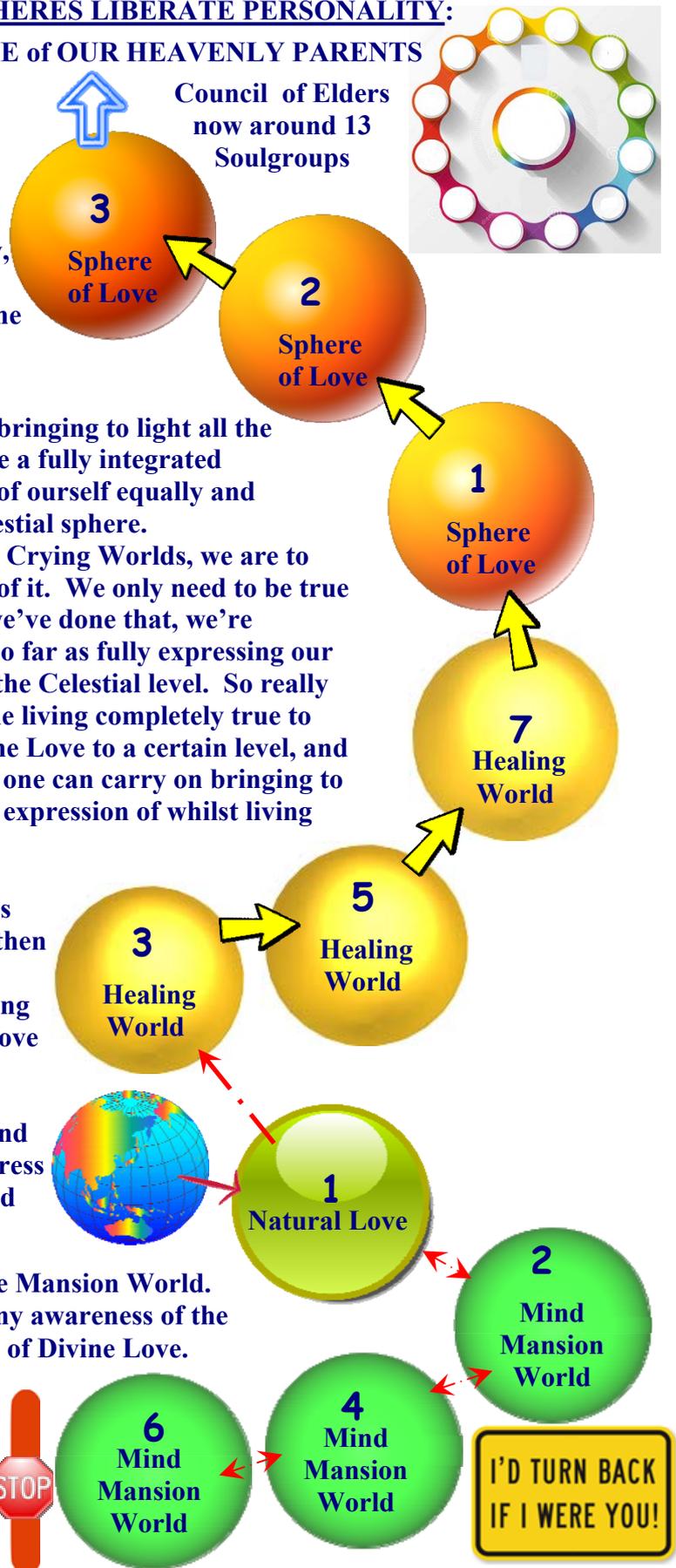
While we progress through the Divine Love Crying Worlds, we are to live true to our untruth, by living the truth of it. We only need to be true and perfect to our untrue state, and when we've done that, we're Healed. Even though we're still imperfect so far as fully expressing our personality, all of which we then perfect at the Celestial level. So really to qualify for the Celestials, that is about one living completely true to one's wrongness, and partaking of the Divine Love to a certain level, and then once that's done and being a Celestial, one can carry on bringing to light all those parts that one was denied the expression of whilst living untruth to oneself.

We are to uncover the truth of our untruth through the Healing crying Mansion Worlds levels (and their equivalent on Earth); and then once that's done, and with the appropriate amount of Divine Love in our soul warranting fusion with our Indwelling Spirit, we can move into the Celestial spheres of love (or their equivalent on Earth).

Earth has been subjected to the Rebellion and Default until now! As a soulmate pair progress with their Feeling Healing, the Rebellion and Default conditions are being cancelled.

We all arrive into the 1st Mind Natural Love Mansion World. Most continue their way of living without any awareness of the Feeling Healing process and the availability of Divine Love.

The 1st and 2nd Mind natural love Mansion Worlds are jammed to the rafters with spirit personalities. Those who progress to the 4th and 6th Mind Mansion Worlds are progressing further away from God, continuing with the Way of the Mind!



PATHWAYS



We now have an option – two pathways. The mind way of living we have embraced these past 200,000 years. We have tried everything with many variations, repeatedly, and the rocky pathway has perpetual pitfalls of frustration and stagnation. We have denied our feelings with such ease and aplomb not realising that the mind way is a dead end, and being a total denial of our Heavenly Parents.

Now, we have two high level spirit personalities who have shown us how to live through our Feelings and to Heal ourselves of our inherited and then embraced Rebellion and Default. They have shown us how to live through our Feelings and the freedom that such living brings us and how to address our childhood suppression and its ongoing repression.

By Living through our Feelings, we are living in our truth, our soul-based Truth which is living True to our Heavenly Mother and Father. That is then living the Pathway to Paradise!

That is what the Rebellion and Default imposed upon us through Lucifer and his deputies. By worshipping our minds and living through our minds, humanity is committed to conflict, war and disease whilst being immersed in fear, never knowing love. Humanity is locked into stagnation, living in a stupor and a life of depression. That is why more than 200 billion spirit personalities are stuck within the lower spirit Mansion Worlds, spinning time and blindly depriving themselves of the wonders that await us all once we embrace our Feeling Healing, and with Divine Love then Soul Healing. When we embrace the Pathway, we are then on our way to Paradise, the home of our Heavenly Mother and Father and all the wonders of all the universes to behold.

THE STRAIGHT AND NARROW PATH



Looking for Spiritual pathways using your mind will mean the True Spiritual Pathway will always elude you. We live with our mind suppressing feelings which causes us to not find our true pathway. When we live honouring, accepting, expressing and longing for the truth of our feelings, then we are treading our Spiritual Path of Truth. Truth ONLY comes to us through our feelings. If we deny feelings, we deny truth, and we deny our true spiritual path.

If we fight expressing feelings, pushing them away and blocking them out, we never allow any understanding of those feelings to come to us, thus keeping us in the maze of mind-bending distractions. Many so-called healing therapies say they focus on liberating feelings, however beware that many of these systems are still mind-controlling in 'feelings-clothing'. And you may believe you are getting somewhere with your feelings, only to realise centuries later in the spirit, mind Mansion Worlds that you've still been leading yourself astray and away from your true feelings.

Surrender and submit willingly allowing your feelings to emerge and be expressed. Long for the truth your feelings are to reveal. Persevere. Allow your feelings to be your way of living. It does not matter how long this takes. For us all, this is our destiny – it is only a question of when?

Once we firmly start living the New Feelings Way – living feelings first; expressing our feelings and longing for the truth they are to reveal, we are on the pathway of ascension; not only out of the Rebellion and Default through our Feeling Healing, and with Divine Love: our Soul Healing – but to Paradise!

By living true to our feelings we will progress through the Celestial Heavens all the way through Nebadon; then on further through our Superuniverse of Orvonton; then into the regions of our Heavenly Mother and Father; embracing the Supreme Being and moving through Havona, eventually attaining Paradise, Their home.

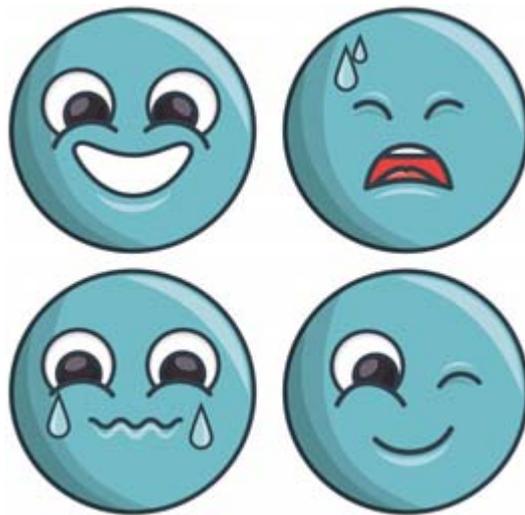
It is the True Way, the New Feelings Pathway, that takes you all the way 'Home'. It is a journey of ever-expanding Truth and Love.



NEW FEELINGS WAY



**Finding the Truth of Our Childhood
Through our Feelings Way**

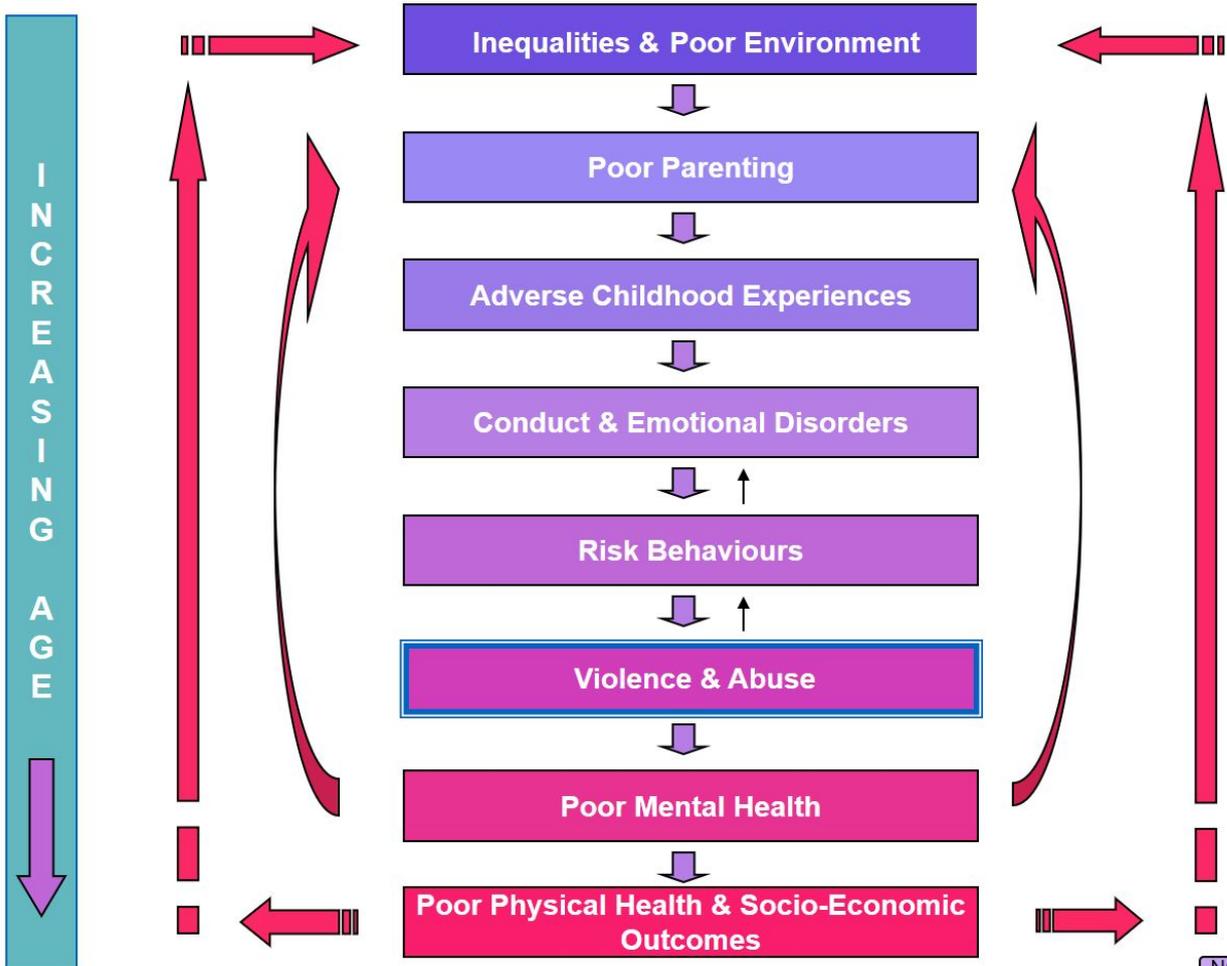


**Feelings First Spirituality, New Feelings Way
Feelings are our own Truth and Personality**

LIFE IS FOR LEARNING



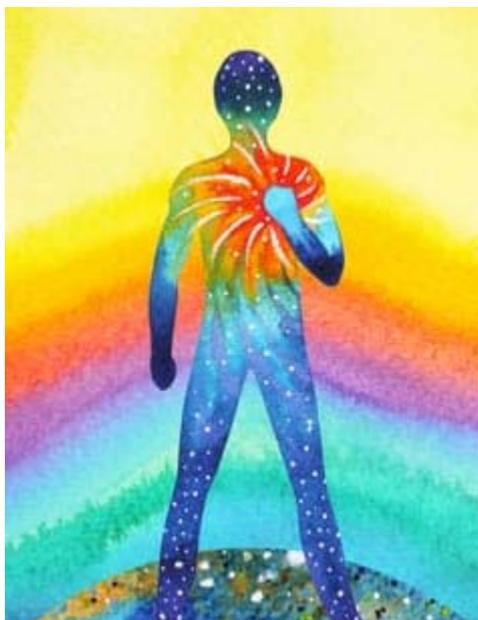
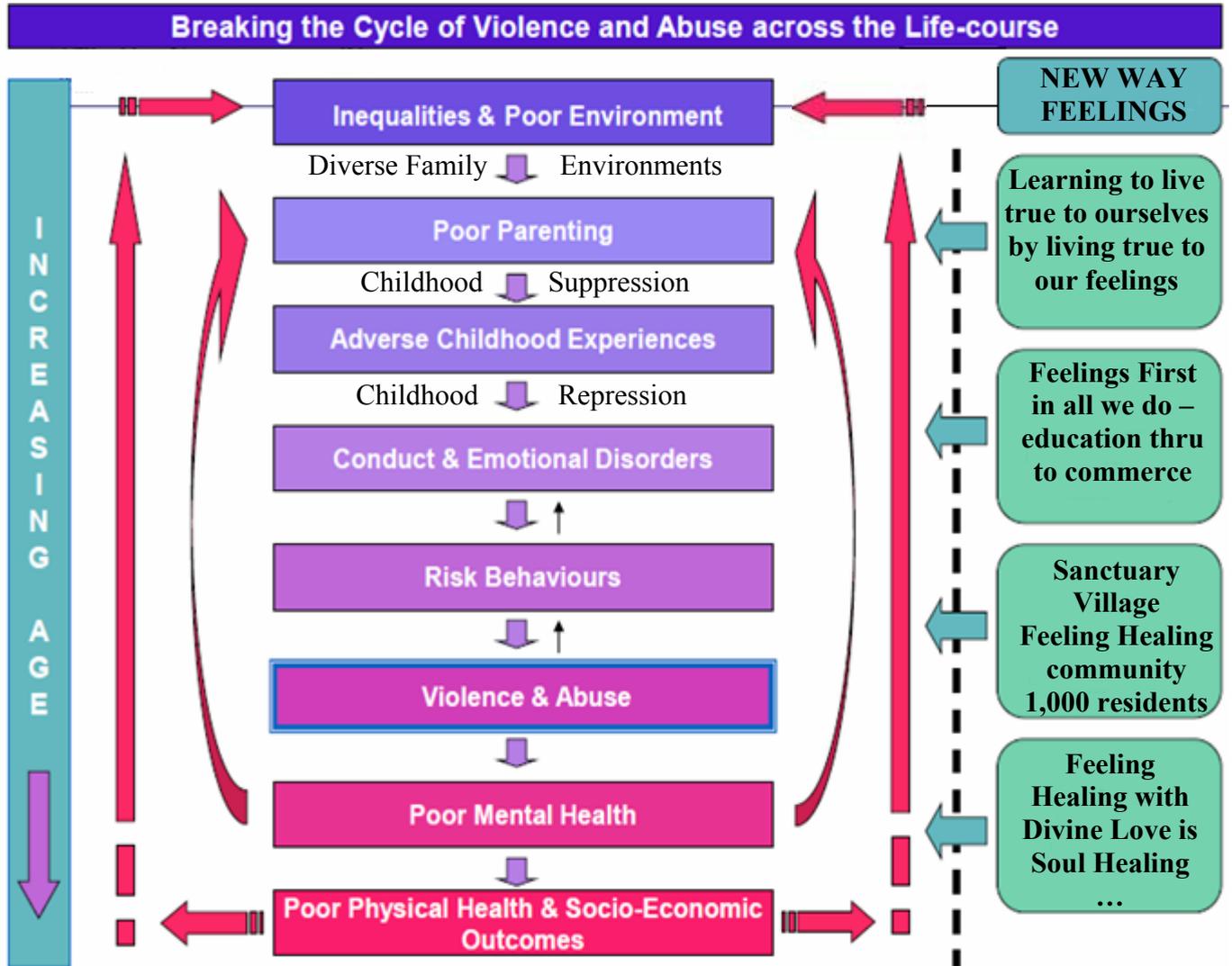
The Cycle of Violence and Abuse across the Life-course



Nurse J, 2008



Seek **truth** from the cradle to the grave.



I am my SOUL!

I am not my body!

I am not my mind!

LEARNING for ETERNITY:

The journey that we are on and the life we are to live is a never ending adventure of learning.

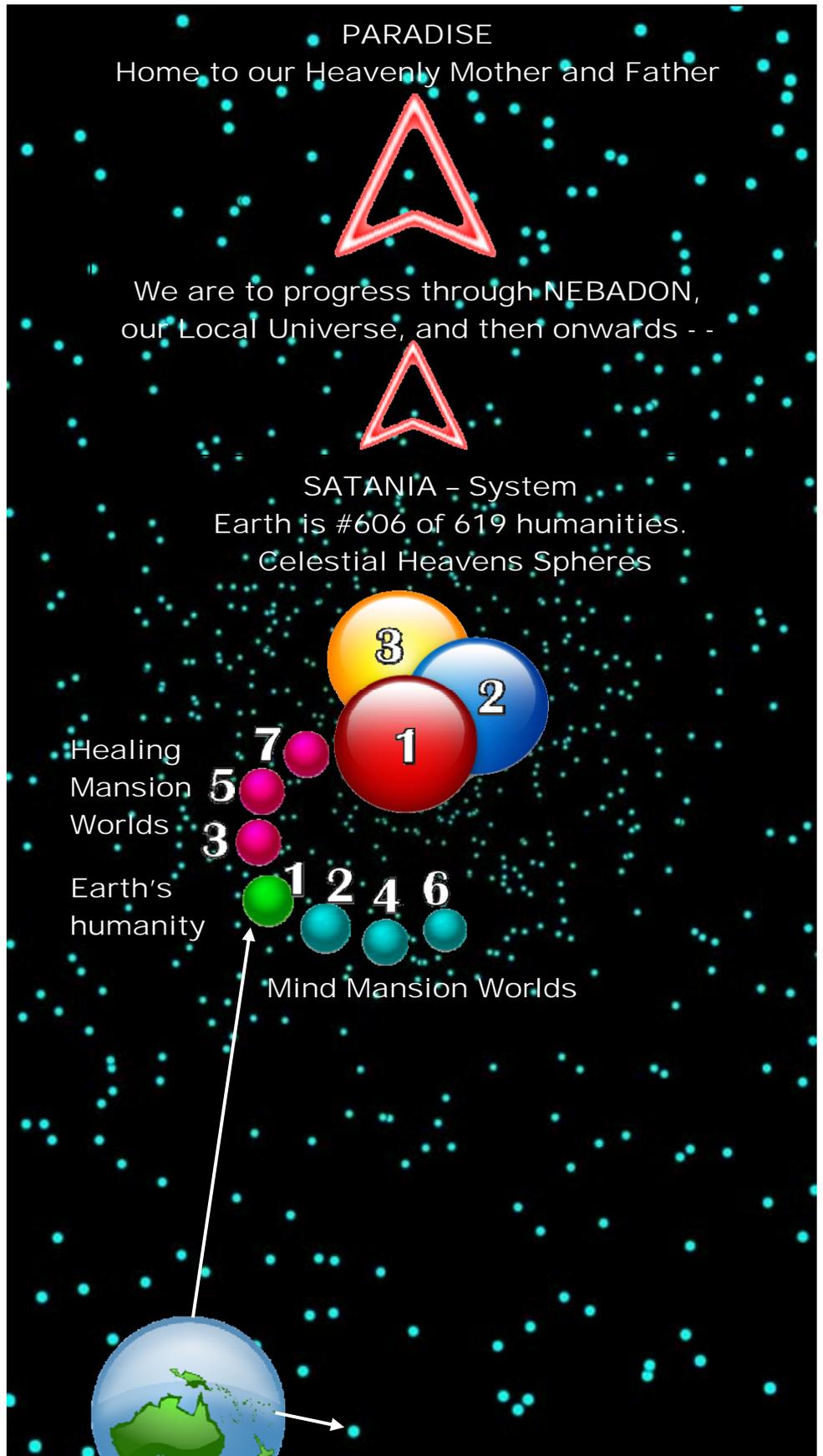
We may gaze at the stars in wonder for they are homes to our neighbouring humanities. While we live through and worship our minds then we will stagnate. This time in history is the Great U-Turn.

We will now embrace our soul-based feelings, the truth within us, and have our minds follow. Not the other way as it has been throughout the Rebellion and Default with the mind suppressing our feelings and we being in denial of our condition.

Through our feelings we will put aside the limitations and barriers that our mind restricts us to. We will discover the wonder of ourselves and our amazing potential. We will recognise that females and males are equal and are truly partners in all we do.

We will discover that one soul manifests TWO personalities, one female and one male, and that our true partner is our other half of our soul!

We will become free!



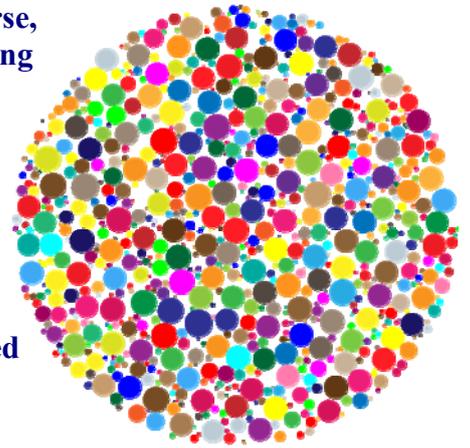
There are 100,000 MICHAEL soulmate pairs as REGENTS throughout our SUPER-UNIVERSE:



One of these 100,000 dots represents Nebadon, our local universe, consisting of 100 constellations with each constellation containing 100 systems which in turn have 1,000 worlds. The system in which Earth is within is called Satania.

Nebadon has some 10,000,000 physical planets, of which 3,840,101 are inhabited. The co-regents of Nebadon are the soulmate / soul partner pair being Mary and Jesus.

This structure is repeated throughout our super-universe, called Orvoton, 100,000 times. There are some 100,000 Regent pairs, equivalent to Mary and Jesus, throughout our super-universe.



There are 7 super-universes that rotate around the Isle of Paradise which is the home of our Heavenly Parents, our Mother and Father. Thus, there are some 700,000 Regent pairs equivalent to Mary and Jesus.

When we progress beyond the spirit mansion worlds, we enter the first of the three Celestial spheres, the home city being Jerusem, this is also the home city for all 1,000 physical worlds in Satania. From there we will progress to Salvington being the head quarters for Nebadon and the home of Mary and Jesus. Then we progress to Paradise.



Earth →

NEBADON, our LOCAL UNIVERSE:

A Local Universe – Nebadon. One hundred constellations (about 10,000,000 inhabitable planets) constitute a local universe. Nebadon contains 3,840,101 inhabited planets.

A Constellation. One hundred systems (about 100,000 inhabitable planets) make up a constellation.

A System. The basic unit of the super-government consists of about one thousand inhabited or inhabitable worlds.



Earth is #606 in the system of Satania and is the latest to have human life. *Jerusem* is the headquarters of our local system of Satania. Thus *Jerusem* is the city to which we arrive when we fuse with our indwelling spirit having sufficient Divine Love following our Healing and enter the first of three Celestial Heavens, all being for the 1,000 physical worlds within Satania.



Salvington, in the centre of Nebadon, is the headquarters and home of our Creator Daughter and Son, the Michaels, namely Mary Magdalene and Jesus.

All descending Daughters and Sons of God have high and divine origins. They are dedicated to the descending ministry of service on the worlds and systems of time and space, there to facilitate the progress in the Paradise climb of the lowly creatures of evolutionary origin — the ascending daughters and sons of God (humanity – us). Those Daughters and Sons who come forth from the Deities on the central Isle of Light and Life are called the *Paradise Daughters and Sons of God* and embrace the following three orders: Creator Daughters and Sons – the Michaels, Magisterial Daughters and Sons – the Avonals, the Trinity Teacher Daughters and Sons – the Daynals. All three groups have Spirits of Truth, no others do. Only the Creator and Avonals Daughters and Sons release their Spirits of Truth following an incarnation and life on a physical world.

The remaining four orders of descending daughter and sonship are known as the *Local Universe Daughters and Sons of God*: Melchizedek Daughters and Sons, Vorondadek Daughters and Sons, Lanonandek Daughters and Sons, and Life Carriers.

The chief executive of a local system (such as Satania which includes Earth) of inhabited worlds is a primary Lanonandek Daughter and Son (was the Lucifers), the System Sovereign. The Lucifer Rebellion in the system of Satania was the last and the most widespread of all. Thirty seven (37) inhabited worlds were seduced into rebelling, by following the Lucifers and their deputies, the Satans. Earth then went on to Default at the time of Eve and Adam. Later on we crucified the Creator Son, Jesus, and ignored Mary. So now we have the physical presence of an Avonal Pair. Only the Avonal Pair can take on all of our wrongness and heal themselves. It is their Spirits of Truth that we are to long to so that we, humanity – all of us – can then heal the Rebellion and Default that we have all embraced.

Partly drawn from The Urantia Book (TUB) 7 July 2018

SATANIA SYSTEM within the LOCAL UNIVERSE of NEBADON:

The number of **stars** that **you can see** on a clear (moonless) **night** in a dark area (far away from city lights) is about 2,000. Basically, the darker the sky, the more **stars you can see**. Moonlight brightens the **night** sky and reduces the number of **stars you can see**.

A full Moon brightens the sky more than a crescent Moon or half Moon. Artificial lights also reduce the number of stars you can see. In a large city, which has a lot of bright lights at night, you may only be able to see the brightest dozen stars. As the night sky gets brighter, the faintest stars disappear from view first.

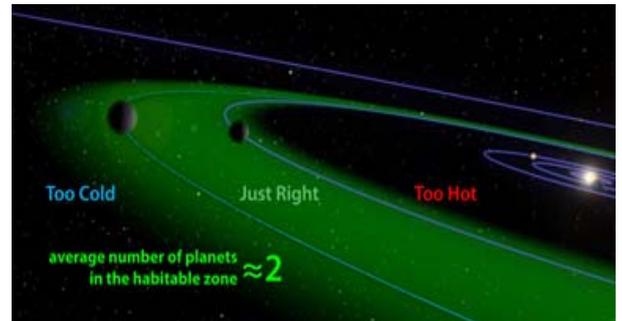
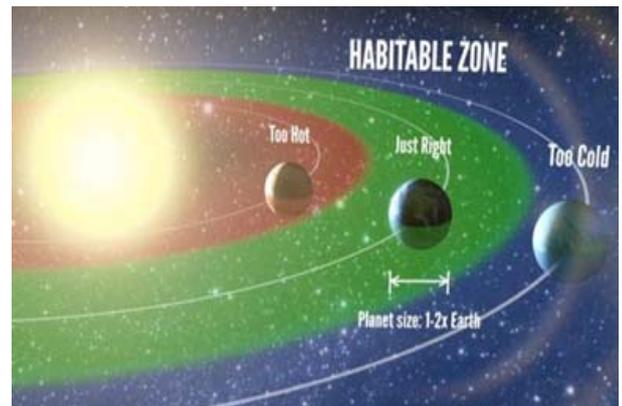
So what are you seeing when you count off 1,000 of the brightest stars in your sight?

Each star has between 0 and 3 inhabitable planets within the habitable zone – water does not boil nor does it freeze all the time. On average a star has one inhabited planet. Within in our System of Satania there are 619 inhabited planets out of 1,000 inhabitable planets and we are number 606 – a young planet on the outer edge of the System. You are looking at our System and our neighbours. Physically they are much like us but some maybe taller, shorter, skinnier or fatter.

Presently because we Rebelled some 200,000 years ago and then Defaulted more than 38,000 years ago we are quarantined. We are not allowed visitors until we have healed our Rebellion. We have never had alien visitation though they have sent investigative drones.

100 Systems make up a Constellation and 100 Constellations make up our Local Universe of Nebadon of which 3,840,101 planets are inhabited out of 10,000,000 inhabitable planets. The Co-regents are Mary Magdalene and Jesus. They came physically to Earth and subsequently introduced the availability of Divine Love throughout Nebadon and had the soulmate pairs of Lucifer and Satan imprisoned due to being the leaders of the Rebellion and bringing about the Default.

The also set about the arrival of the Avonal Pair on Earth to introduce the Healing and the new Spiritual Age – Feeling Healing, the New Way.



HIERARCHY of our SPIRITUAL GUIDANCE:

Our Heavenly Mother and Father permanently reside within Paradise, an island stationary world surrounded by Havona, in the centre of seven Super Universes.

Our Heavenly Mother and Father, being one soul manifesting two personalities bring about the creation of:

Creator daughters and sons – Michaels

Magisterial daughters and sons – Avonals

Trinity Teacher daughter and sons – Daynals – and others.

The Michaels and Avonals have Spirits of Truth to be released to assist the humanities on their assigned inhabited worlds.

Each Super Universe consists of 100,000 Local Universes.

Each Local Universe is overseen by a Creator daughter and son, our local universe is called Nebadon and Jesus and Mary Magdalene are the Michael pair and regents.

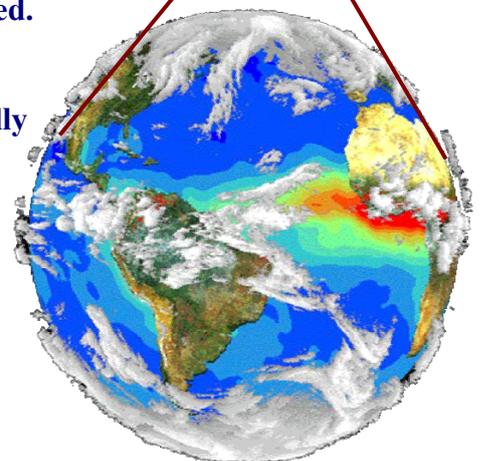
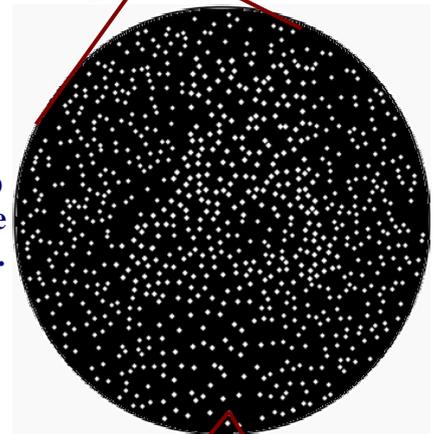
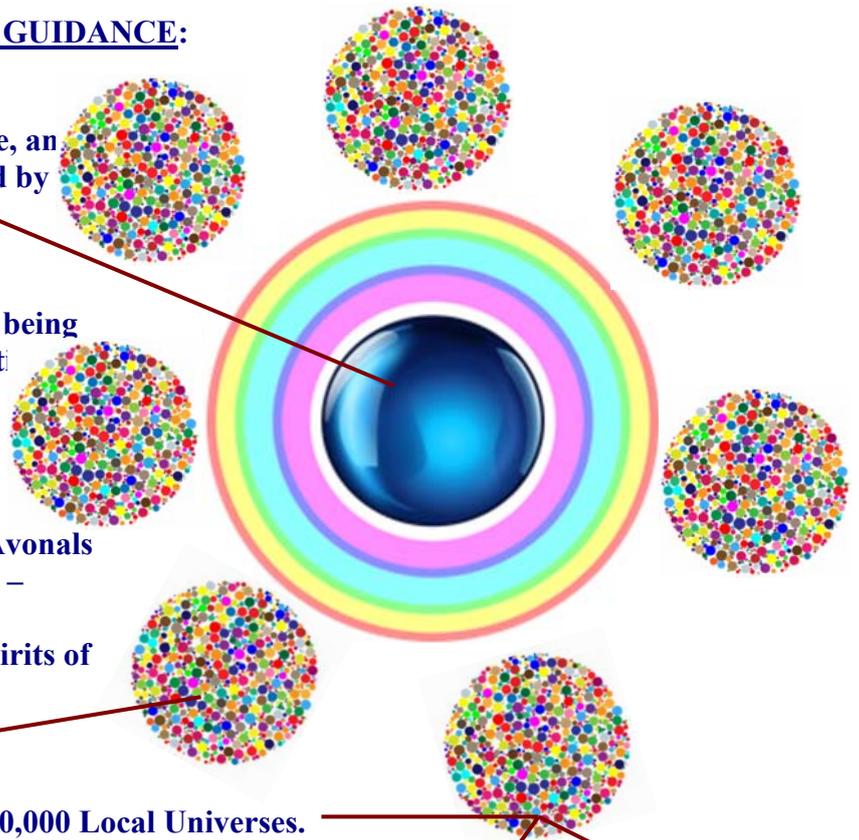
A local universe consists of 10,000,000 inhabitable worlds of which 3,840,101 are inhabited within local universe Nebadon.

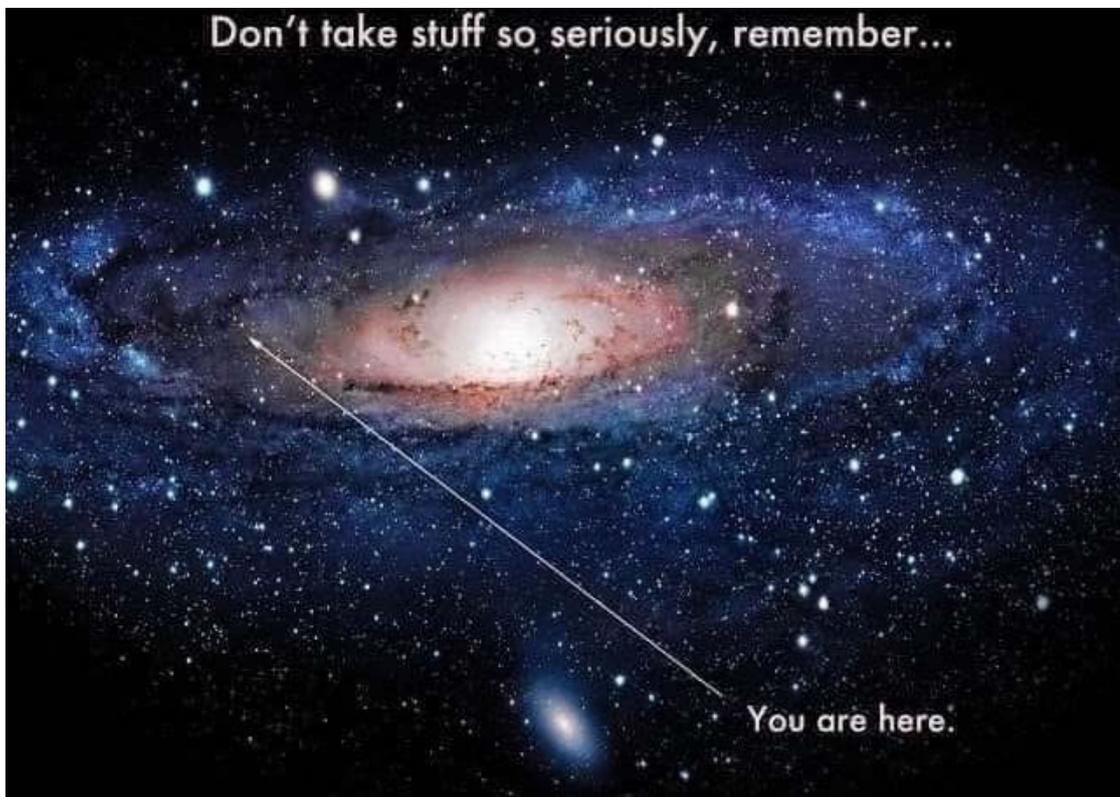
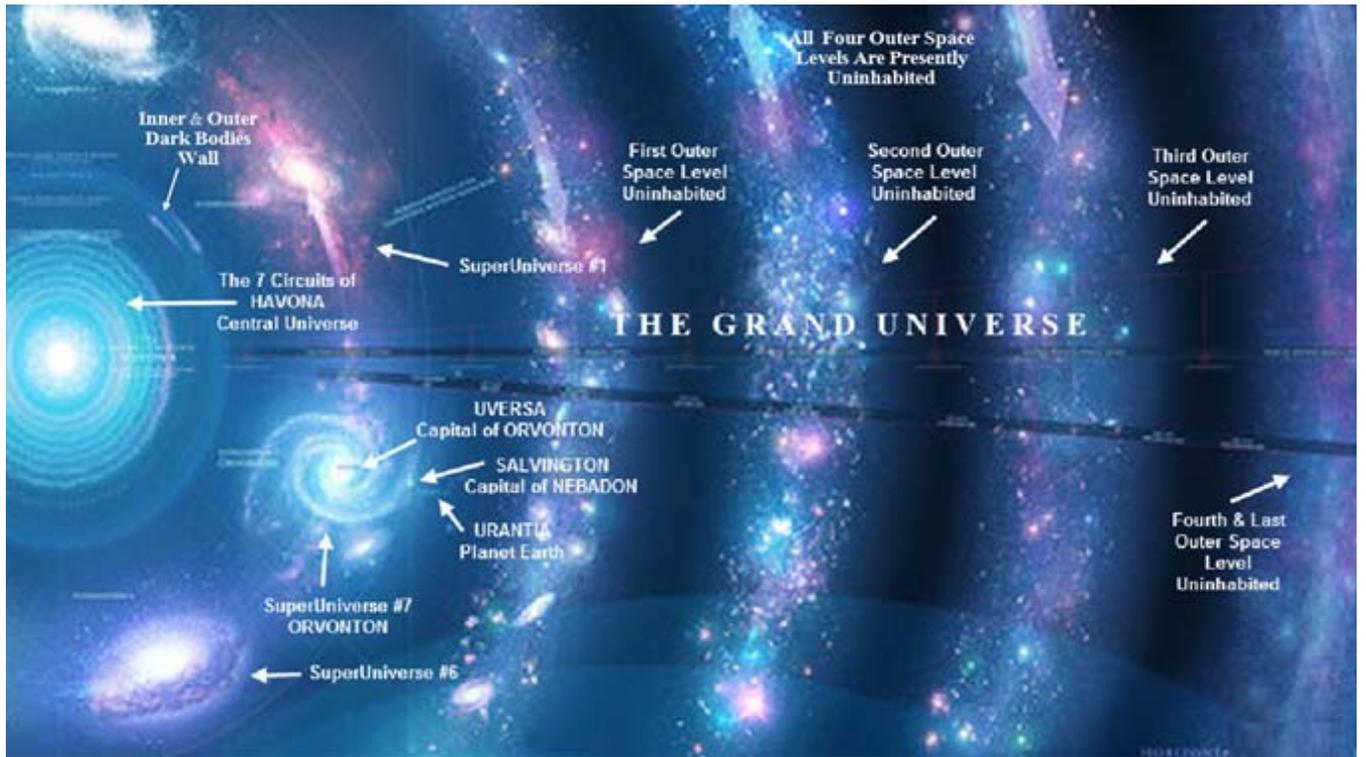
A local universe consists of 100 constellations which is made up of 100 systems. Each system has 1,000 inhabitable worlds. The system that Earth is in is Satania and 619 worlds are inhabited.

Emanating from within the Local Universes are Melchizedek, Vorondadek, Lanonandek, Material and Life-Carrier pairs. None have spirits of truth – they are not from Paradise.

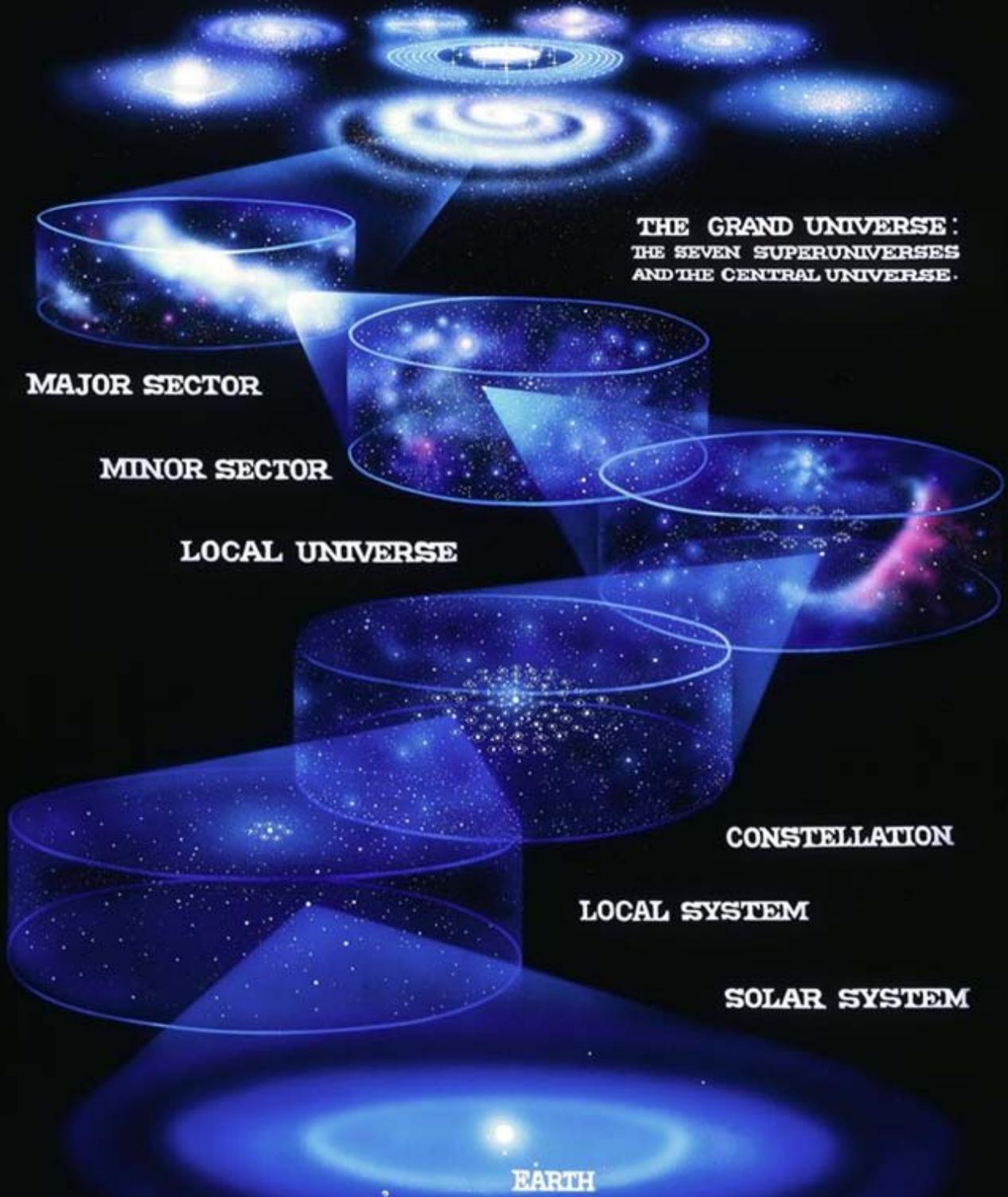
From within the Lanonandeks, assigned to oversee the system Satania, which includes Earth (Urantia) were the Lucifer, Satan, Caligastia and Daligastia soulmate pairs, who rebelled. Further, Adam and Eve, the Material son and daughter, defaulted because of the Rebellion. All failed in their assignments, causing us (humanity on Earth) to be spiritually misled for 200,000 years – that is why we are all ‘insane’!

Earth has had five higher spirit physical bestowals:
 Daligastia soulmate pair being Lanonandeks
 Adam and Eve soulmate pair Material son and daughter
 Machiventa Melchizedek soulmate pair
 Creator daughter and son – Jesus and Mary Magdalene
 Avonal daughter and son who are yet to commence their public ministry.





JOURNEY TO PARADISE



Finaliters

Hey guys, I know who I am and why I am having these life experiences. No, I'm not wearing a prison uniform – but that might be what my soul has planned for me to experience! Just joking!

When we arrive in our Earthly mother's womb, we are clueless as to why the heck we have come here. We truly need to persist with asking, "What's this all about?" – We will be told, bit by bit! But you have to push for it. Well guys, here's a go at it.

We have come to this crazy messed up humanity on Earth because God wants us to come; we don't have any say in it. And we think we can do something about it, but we actually can't, we can only do what God wants us to do. And if that makes us think we can do something, that we can have an effect, then that's what God wants us to think. Man, this mob is ready to slaughter each other totally and that is not going to happen – it's not allowed!

We are to enable our wilfulness to surface – well take over our 'numbnut' mind – and push aside the persona – the messed up personality that our parents want us to be – and express our true individuality. Be true to our feelings – our soul-based feelings and be the personality that our Heavenly Mum and Dad know us to be (all good).

Okay, because we are amongst billions of people who have been forced to join the Rebellion and Default, we are one of them – experiencing all the crud and wrongness we can possibly get ourselves into. Yep, we are rebelling against our soul, which also means we are rebelling against our soulmate and also our Heavenly Mother and Father – God. Shoot the works – we have done it justice!

Now here is the good bit. We can heal ourselves of all this wrongness – and eventually we ALL will. Then we will continue with our healing and learning, and learning, and more learning and end up in Paradise, the home of our True Mum and Dad. THEN we will be recognised as FINALITERS. Why Finaliters?

We are called Finaliters, that's everyone who attains Paradise, and not just those of us who've been screwed up by a Rebellion, because we've 'finally' got there, we 'finally' did it, we 'finally' completed the first stage of our existence in Creation, which is akin to 'Finally' completing our time in the 'womb'. Upon attaining Paradise, it can be likened to being 'finally' born, or 'finally' becoming the equivalent of age 6 when our Indwelling Spirit arrives, or 'finally' becoming an adult. And possibly we won't know if we can liken it to any of these stages we go through during our physical life on Earth, until we're 'finally' on Paradise, and 'finally' get it!

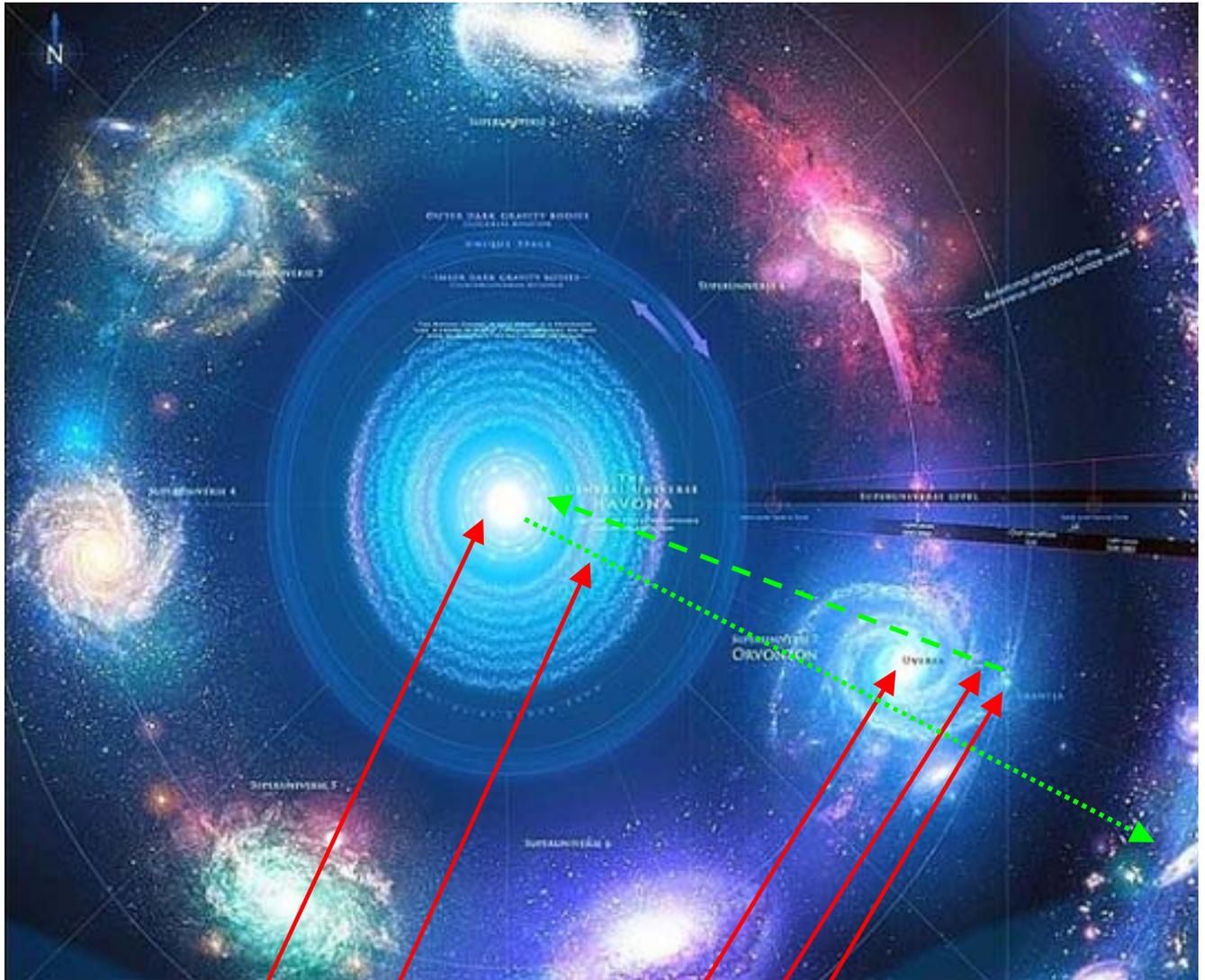
Because other humanities in newly forming universes are anticipated to Rebel (just like us now) and because we have had the experience (no other humanity has possibly done it as good as us), we FINALITERS can go and help them out of their SHIT! Yee-ha – more evilness and insanity! That is us! Bring it on!!!!



Finaliters

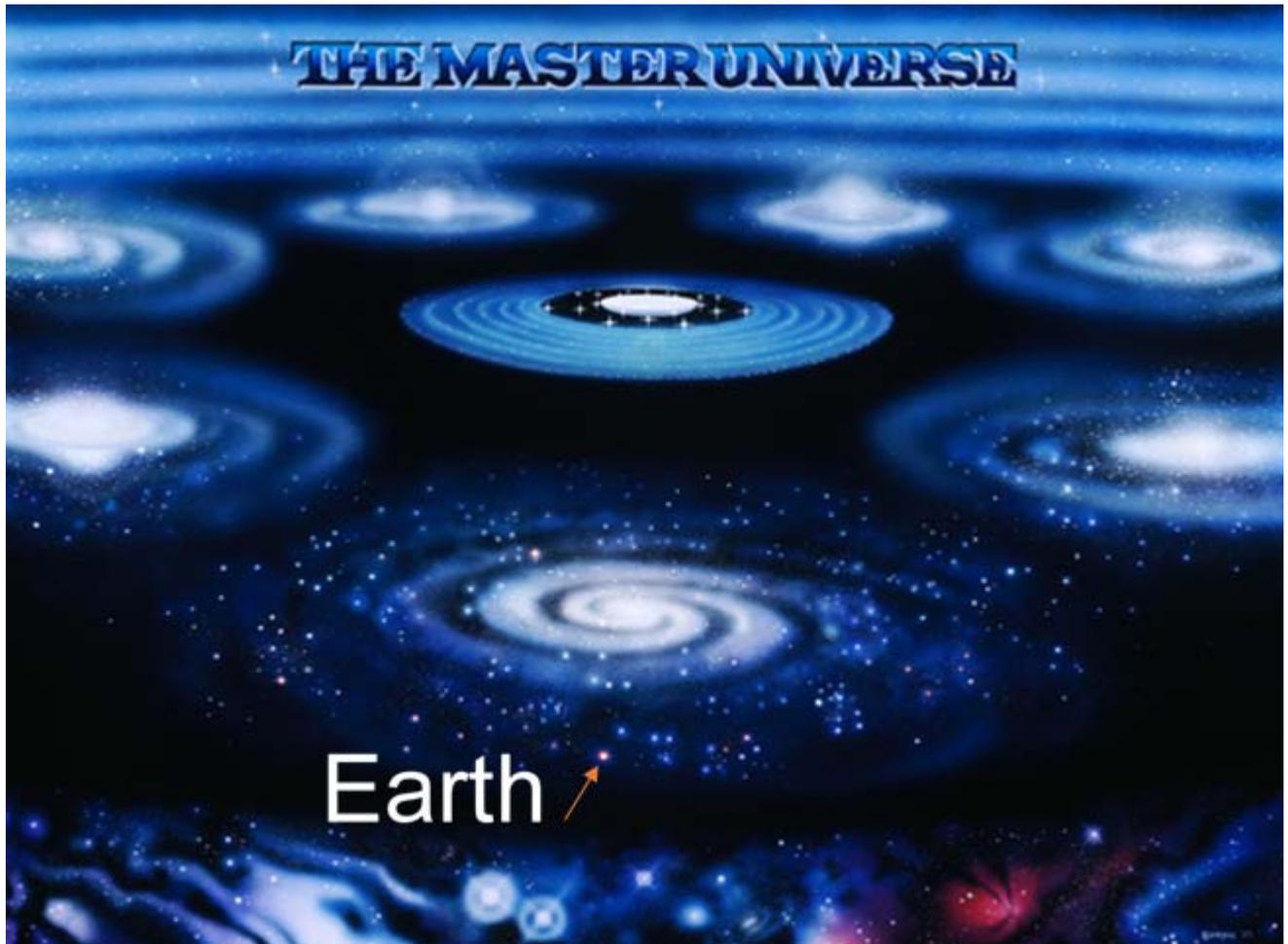
OUR JOURNEY

Ascension is from Earth (Urantia) through Nebadon, Orvonton, Havona to Paradise.
 Then in Paradise we progress to be Finaliters and possibly assigned to a newly forming universe.



Isle of Paradise home of our Heavenly Mother & Father
 Havona Ascendington
 Orvonton – our Super Universe
 Nebadon – our Local Universe
 Urantia being Earth

Finaliter, being what we become when we finally arrive in Paradise!



Our journey is one of experience and the feelings that arise from our experiences. From the moment of conception we are on our learning pathway, experiencing the emotions of our parents and carers. Our feelings are our truth, it is through our feelings that we evolve in truth. We are to long for the truth that our feelings draw our attention to.

Our physical parents and family is the focus of our experience on Earth. As we all have been subjected to the Rebellion and Default of Earth's humanity, we are all to heal ourselves of being unloved and the errors and injuries that we have been subjected to. Only through the completion of our Feeling Healing do we leave the environment which is referred to as Hell. It is through the guidance of the Avonal soul partner pair, their Spirits of Truth, that we are now able to complete our Feeling Healing.

When we transition into the 1st Celestial Heaven, having completed our Healing and Acceptance of how we have been messed up and the way we are having had the experience of living in a Rebellion and Default, can we then start to assimilate with other humanities within our Local System.

Our local system is called Satania, home city and headquarters being Jerusem. It consists of 1,000 physical worlds that have the potential of a humanity living on these worlds. 619 are physically inhabited of which Earth is number 606, one of the youngest. As we progress beyond the first three Celestial Heavens, then we start to interact and become knowledgeable of these additional humanities.

Then we progress into our local constellation called Norlatiadek. Norlatiadek consists of 100 local systems, and its home city is Edentia. The Garden of Eden is named after Edentia. Again we go

through a process of coming to understand how the constellation works and the peoples that are throughout it.

Then we enter the local universe as a whole, named Nebadon with Salvington being its headquarters and home of the co-regents being soul partners Creator Daughter and Son, Michaels, namely Mary Magdalene and Jesus. It is through the Spirits of Truth of Mary and Jesus that we are guided through all of the Celestial Heavens to Salvington.

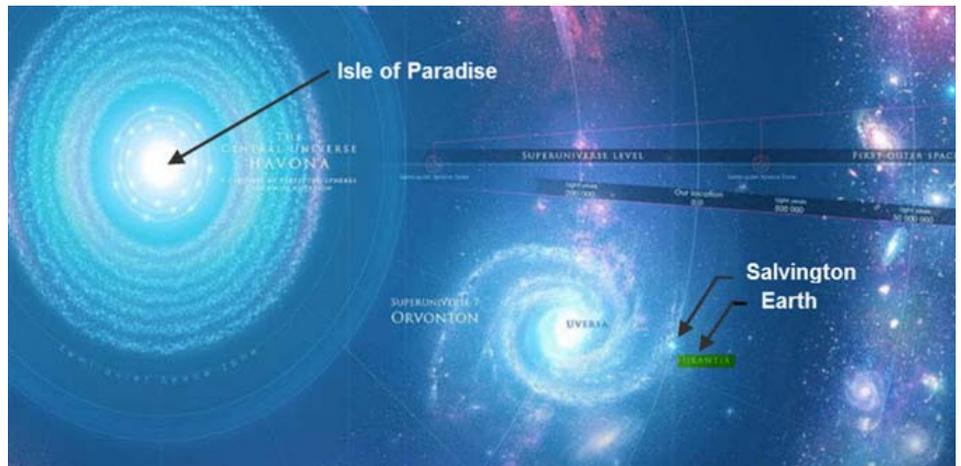
From Nebadon then it is our Heavenly Mother and Father that guide us through the next three major sectors of our super-universe being the Minor Sector, then Major Sector, then the super-universe of Orvonton.

Then we progress into Havona and Isle of Paradise, the home of our Heavenly Mother and Father and on completion of achieving understanding of how all the systems work in the manner that we are required to, we become Finaliters. After all, we are truth seekers!

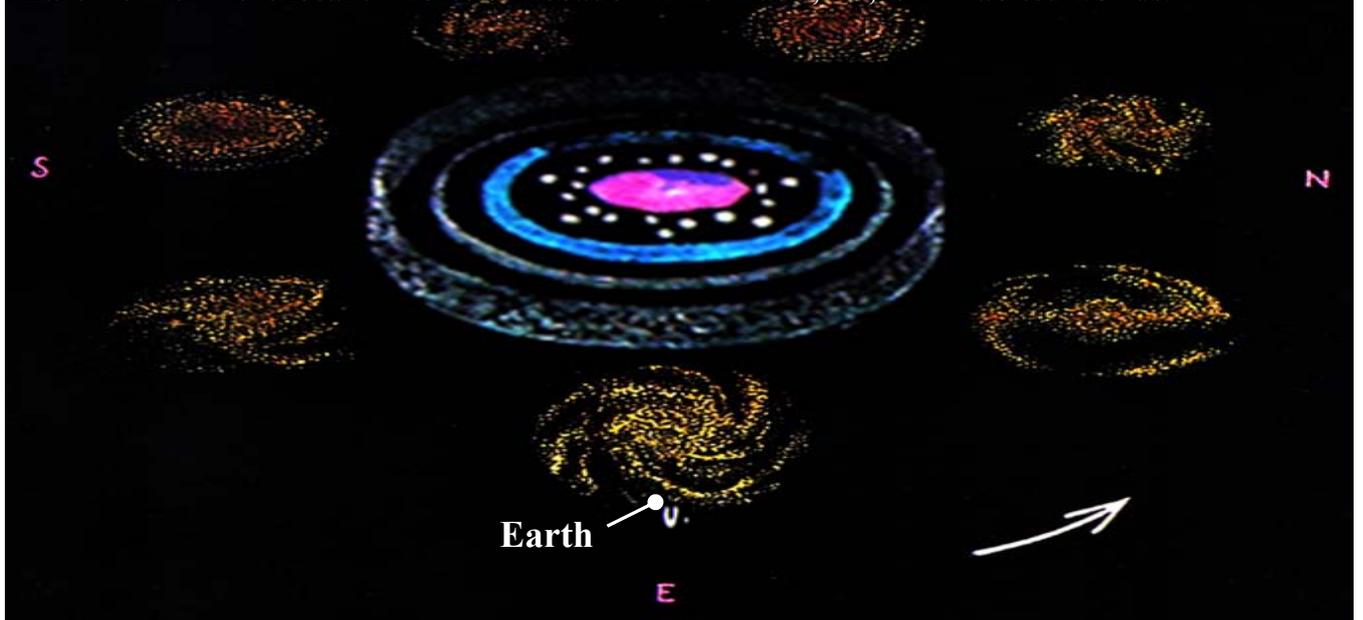
Then what follows is that we then visit and achieve an understanding of how each of the other six super-universes work and how all sever super-universes function and work together.

When fully accredited we will most likely be assigned to one of the newly forming 70,000 super-universes that presently are not inhabited. Finaliters have many optional assignments.

We are truth seekers and through our obtained truth we will be able to assist humanities throughout the emerging universes.



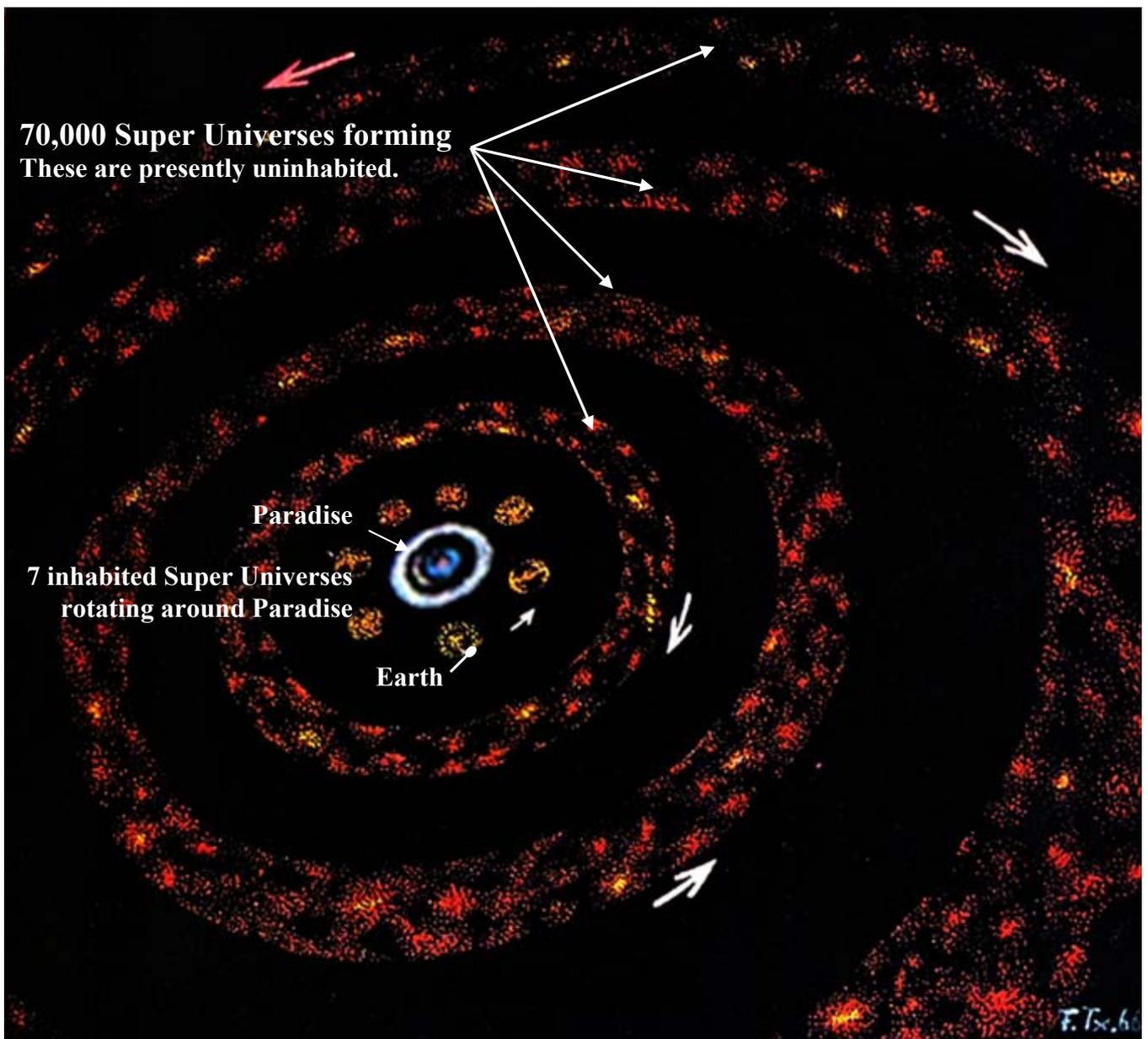
7 Super Universes rotate around Paradise, the home of our Heavenly Parents:
Each of the 7 super universes have 100,000 local universes
Earth is within the local universe of Nebadon which has 3,840,101 inhabited worlds.



70,000 Super Universes forming
These are presently uninhabited.

Paradise
7 inhabited Super Universes
rotating around Paradise

Earth

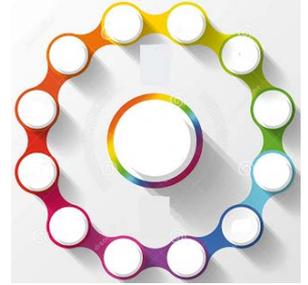


Light of Truth of PASCAS

Throughout the evolution of Pascas, Pascas has been gently guided and supported by its Council of Elders from within the Celestial Heavens. All documentation, all concepts, all who have interacted with the forming of Pascas WorldCare and the various arms, have been in response to the guidance from our Celestial Council of Elders – from within the 3rd Celestial Heaven. Throughout the coming millennium, our Celestial friends will be guiding and assisting Pascas WorldCare.

COUNCIL of ELDERS

Council of Elders now around 13 soul-groups from the 3rd Celestial Heaven



Communications between the Celestial Council of Elders and those within the physical administration of Pascas World-Care will be via those who complete their Feeling Healing on Earth, as years go by.



Avonal PAIR Oversight



The administration of Pascas may be also supported in their interconnectivity with our Celestial guidance, through those within Pascas and its administration who are sensitive in their nature and are able to perceive guidance from our Celestial companions on this journey of delivering the Great U-Turn. It is through the nature of sensitivity that Celestial Spirits have interacted with Pascas during decades of formative years and the establishment of the foundations for Pascas for the next 1,000 years.

LIGHT OF TRUTH

Pascas as an entity, due to the contributions from our Celestial friends, is functioning within the 5th Divine Love spirit Mansion World's level. Further, the Pascas Papers that are designated as references for Feeling Healing and Divine Love are within the level of Truth of the highest of the Celestial Heavens. Pascas will be supported in this manner for the coming millennium.

-  Celestial Heavens 8, 9, 10 also referred to as 1, 2, 3 being at-one with Mother and Father.
-  Divine Love spirit Mansion Worlds, healing / crying worlds 3, 5, 7.
-  We all transition to Natural Love spirit Mansion World 1, and typically go in the wrong direction to Natural Love spirit Mansion Worlds 2, 4, 6 and cannot go further!

Avonal Revelations for all of Humanity



Tom Foolery: ‘The Great Realisation’

<https://www.youtube.com/watch?v=Nw5KQMXDiM4>

'The Great Realisation' is a thought-provoking poem written by **the kiwi-born English poet Tomos Roberts**, also known by his pen name Tomfoolery. This poem depicts the impact of coronavirus Covid-19 across the world (2019-2022) and how it shaped a new, bright, and compassionate world.



“The Great Realisation by
Tomos Roberts
(Tomfoolery)

“Tell me the one about the virus again, then I’ll go to bed”.

“But, my boy, you’re growing weary, sleepy thoughts about your head”.

“That one’s my favourite. Please, I promise, just once more”.

“Okay, snuggle down, my boy, but I know you all too well.

This story starts before then in a world I once would dwell”.

“It was a world of waste and wonder, of poverty and plenty,

Back before we understood why hindsight’s 2020

You see, the people came up with companies to trade across all lands

But they swelled and got much bigger than we ever could have planned

We always had our wants, but now, it got so quick

You could have anything you dreamed of, in a day and with a click

We noticed families had stopped talking, that’s not to say they never spoke

But the meaning must have melted and the work life balance broke

And the children’s eyes grew squarer and every toddler had a phone

They filtered out the imperfections, but amidst the noise, they felt alone.

And every day the skies grew thicker, ‘till you couldn’t see the stars,

So, we flew in planes to find them, while down below we filled our cars.
We drove around all day in circles, we'd forgotten how to run
We swapped the grass for tarmac, shrunk the parks 'till there were none
We filled the sea with plastic because our waste was never capped
Until, each day when you went fishing, you'd pull them out already wrapped
And while we drank and smoked and gambled, our leaders taught us why
It's best to not upset the lobbies, more convenient to die
But then in 2020, a new virus came our way,
The governments reacted and told us all to hide away
But while we were all hidden, amidst the fear and all the while,
The people dusted off their instincts, they remembered how to smile
They started clapping to say thank you and calling up their mums
And while the car keys gathered dust, they would look forward to their runs
And with the skies less full of voyagers, the Earth began to breathe
And the beaches bore new wildlife that scuttled off into the seas
Some people started dancing, some were singing, some were baking
We'd grown so used to bad news, but some good news was in the making
And so when we found the cure and were allowed to go outside
We all preferred the world we found to the one we'd left behind
Old habits became extinct and they made way for the new
And every simple act of kindness was now given its due"
"But why did it take us so long to bring the people back together?"
"Well, sometimes you've got to get sick, my boy, before you start feeling better
Now, lie down and dream of tomorrow and all the things that we can do
And who knows, if you dream hard enough, maybe some of them will come true
We now call it The Great Realisation and yes, since then, there have been many
But that's the story of how it started and why hindsight's 2020"

FURTHER READING:

Free downloads are from www.pascashealth.com in the Library Download page, scroll down for PDFs:

PASCAS CARE PARENTING

Sam’s Book – Parenting and Feeling Healing	Book I	Experience
Sam’s Book – Parenting and Feeling Healing	Book II	Conception
Sam’s Book – Parenting and Feeling Healing	Book III	Magic
Sam’s Book – Parenting and Feeling Healing	Book IV	Nothingness
Sam’s Book – Parenting and Feeling Healing	Book V	Setting Free
Sam’s Book – Parenting and Feeling Healing	Book VI	Pain and Rage
Sam’s Book – Parenting and Feeling Healing	Book VII	Vision
Sam’s Book – Parenting and Feeling Healing	Book VIII	Childhood
Sam’s Book – Parenting and Feeling Healing	Book IX	Self-Acceptance
Sam’s Book – Parenting and Feeling Healing	Book X	Touching the Terror

- Pascas Care – Parenting Awareness
- Pascas Care – Parenting Eureka Moment
- Pascas Care – Parenting Feelings Supreme Guides
- Pascas Care – Parenting Health Generation
- Pascas Care – Parenting into the Abyss
- Pascas Care – Parenting Rebellion
- Pascas Care – Parenting Vaccines

Important recommended reading is:

by James Moncrief

The Rejected Ones – the Feminine Aspect of God

<http://divinelovesps.weebly.com/my-free-books-and-free-padgett-messages.html> ALSO at
<https://www.pascashealth.com/index.php/library.html?file=files/opensauce/Downloads/MEDICAL%20-%20SPIRITUAL%20REFERENCES/Rejected%20Ones%20via%20James%20Moncrief.pdf>



Mind Centric Way

Feelings First Freedom

Primary recommended reading:	consider commencing with: Paul – City of Light and Sage – and the Healing Angels of Light		
The Rejected Ones	2002 – 2003	xxx	– James Moncrief
Messages from Mary & Jesus	2003	xxx	– James Moncrief
Soul Light from Zelmar Melchizedek	2003		– James Moncrief
Paul – City of Light	2005	xxx	– James Moncrief
Feeling Healing	2017		– James Moncrief
Religion of Feelings	2017		– James Moncrief
Mary Magdalene and Jesus' comments on the Padgett Messages	2007 – 2010	xxx	– James Moncrief
Speaking with Mary Magdalene & Jesus Sage and the Healing Angels of Light	2013 – 2014	xxx	– James Moncrief
Road map of Universe and history of Universe:			
 The Urantia Book	1925 – 1935		xxx as primary reading
Divine Love supporting reading:			
Revelations	1954 – 1963		– Dr Daniel Samuels
Judas of Kerioth	2001 – 2003		– Geoff Cutler
The Book of Truths	1914 – 1923	xxx	– Joseph Babinsky
 containing the Padgett Messages or Little Book of Truths			– Joseph Babinsky
True Gospel Revealed anew by Jesus Vol I, II, III, IV		xxx	– Geoff Cutler
Available generally from:			
www.lulu.com	www.amazon.com	www.bookdepository.com	
For Divine Love focused websites and forums:			
Pascas Health:	http://www.pascashealth.com/index.php/library.html		
Spiritual Development:	http://new-birth.net/spiritual-subjects/		
Padgett Books:	http://new-birth.net/padgetts-messages/		
http://divinelovesp.weebly.com/my-free-books-and-free-padgett-messages.htm			

BIBLIOGRAPHY NOTE:

James Moncrief has written numerous books and prepared numerous movie scripts. Incorporated here are primary writings.

Pascas has 600+ supportive 'Pascas Papers' accessible in Library Download at www.pascashealth.com

Pascas Primary publications being:

- U-Turn for Humanity Pascas reveals New Feelings Way
- U-Turn for Humanity pathway being New Feelings Way
- U-Turn for Humanity shutting hells through New Feelings Way
- U-Turn for Humanity through the New Feelings Way
- U-Turn for Humanity treacherous assumptions New Feelings Way
- U-Turn for Humanity unfolding the New Feelings Way
- Universal Gift – Feeling Healing with Divine Love
- Feeling Healing and Divine Love Discussion Prompts
- Pascas Care Death & Dying Transition & Assimilation Marjorie

Selected Pascas Papers, as noted below, can be downloaded from www.pascashealth.com from within the Library Download page.

James Moncrief's books, the Padgett Messages and The Urantia Book at:

DIVINE LOVE SPIRITUALITY – DLS:

<http://divinelovesp.weebly.com/my-free-books-and-free-padgett-messages.html>

All Padgett Messages (for condensed versions – see below) 1914 – 1923 Pages 945
The Urantia Book (see suggested papers to read below)

James Moncrief Books:

	MoC		
The Rejected Ones – the Feminine Aspect of God	1,490	Nov 2002 – Jan 2003	228
Messages from Mary and Jesus book 1	1,485	Feb – Apr 2003	189
Messages from Mary and Jesus book 2	1,485	Apr – Oct 2003	170
Soul Light from Zelmar, a Melchizedek, books 1 and 2	1,480	May – Sep 2003	480
Mary Magdalene and Jesus' comments on the Padgett Messages – book 1		Aug 2007	164
Messages from 31 May 1914 – 12 January 1915	1,495		
Mary Magdalene and Jesus' comments on the Padgett Messages – book 2		Sep 2010	177
Messages from 13 January 1915 – 29 August 1915	1,494		
Speaking with Mary Magdalene and Jesus blog – book 1	1,490	Jan – Apr 2013	206
Speaking with Mary Magdalene and Jesus blog – book 2	1,489	Apr – May 2013	229
Speaking with Mary Magdalene and Jesus blog – book 3	1,490	Oct – Jan 2014	187
Speaking with Mary Magdalene and Jesus blog – book 4	1,491	Jan – May 2014	191
Mary Magdalene comments on Revelation from the Bible KJV	1,485	Dec 2013 – Jan 2014	84
		This group being pages of	2,305

Paul – City of Light	1,488.5	2005	149
Ann and Terry		2013	235
Feeling bad? Bad Feelings are GOOD!	feeling-healing book 1	2006	179
Feeling bad will make you feel BETTER – Eventually!	feeling-healing book 2	2006	159
Breaking the Golden Rule.	feeling-healing book 3	2006	168
Feeling-Healing exercises, and other healing points to consider.		2009	175
Cathy and Mark – a novel introducing Feeling-Healing.		2010	151
Introduction course to Divine Love Spirituality		2006	139
Speaking with the Dead, Death and Dying		2009	173
Spirits and their Childhood Repression Healing		2010	179
With Verna – a nature spirit		2008	279
Communication with spirits – meet a spirit friend		2010	37
Introduction to Divine Love Spirituality website			362
Sage – and the Healing Angels of Light		2017	260
Divine Love Spirituality	1,500	2017	201
Feeling Healing – you can heal yourself through your feelings		2017	153
Religion of Feelings	1,500	2017	47

This group being pages of 3,046

Religion of Feelings

<http://religionoffeelings.weebly.com/>

Introduction to Divine Love Spirituality

<http://dlspirituality.weebly.com/>

Main website of DLS

<http://divinelovesp.weebly.com/>

Childhood Repression website

<http://childhoodrepression.weebly.com/>

DLS and CR forum

<http://dlscr.freeforums.net/>

<http://withmarymagdaleneandjesus.weebly.com/blog---and-free-books-speaking-with-mary-and-jesus>

FEELING HEALING and SOUL HEALING with the DIVINE LOVE:**James Moncrief Publications:****all publications are free downloads:**<http://divinelovesp.weebly.com/my-free-books-and-free-padgett-messages.html>

It is suggested for one to consider reading as follows:

Speaking with Mary Magdalene and Jesus – books 1 – 4

These four books encapsulate the second of the revelations with the first having been introduced by James Padgett one hundred years previously. These four books provide a wide range of guidance that has never previously been made available.

Soul Light – books 1 and 2

A Melchizedek, Zelmar, sums up how we are to heal ourselves and ascend to Paradise.

Paul – City of Light

As a gentle intro into the Divine Love and Healing; being James Moncrief's first novel and it's been criticised as being too heavily clichéd, but that's the point because it's a reflection of how he was back then.

Ann and Terry

An example for people who might want to immediately start working on themselves and doing their Healing.

Feeling Bad? Bad Feelings are GOOD

For more understanding about our denial of our feelings and why we should not deny our feelings, and it includes how it all came about for James, using himself as an example.

Feeling bad will make you feel BETTER – Eventually!

This includes specific examples of Marion and James working on expressing particular bad feelings, again with the hope that it will help others gain something of an idea as to what's involved in doing your Feeling Healing.

Sage – and the Healing Angels of Light

Through Sage who's 13 years old, the story is primarily about the two aspects of healing; that being, with the help of our angels, and the full Healing we can do by looking to our feelings for their truth.

Religion of Feelings
Feeling Healing

Welcome to LOVE – the Religion of Feelings
you can heal yourself through your feelings

So these books, including the four Speaking with Mary Magdalene and Jesus books, provide the essence of it all and are examples of James' work. Then it's up to whatever takes one's fancy. Other reading to consider may include:

The Padgett Messages being published as:**The True Gospel Revealed Anew by Jesus volumes 1 – 4****Book of Truths by Joseph Babinsky****The Urantia Book**

Release one's pain through expressing one's feelings.

in conjunction with

Longing for the Truth when also longing for Divine Love.

FEELING HEALING with DIVINE LOVE is SOUL HEALING:

A collection of 'papers' that draw together specific topics including all of the above and more from other sources of information and revelation designed to help increase one's awareness about why we have the problems we do and how to heal them, all whilst living a more healthy and sustainable life. They provide a brief snapshot of the more complicated topics and issues.

Firstly, consider discovering the truth of your emotional pain through Feeling Healing. Secondly, consider longing for our Heavenly Parents' Love as you progress with your healing. Primary and most important readings are the writings of James Moncrief. Then consider the Padgett Messages, and then The Urantia Book.

Pascas Papers, being free, are located within the Library Download www.pascashealth.com
<http://www.pascashealth.com/index.php/library.html>

PASCAS – document schedule.pdf downloadable index to all 550+ Pascas Papers.

FH denotes Feeling Healing; SH denotes Soul Healing, which is: Feeling Healing with the Divine Love; DL denotes Divine Love – living with the Love.

PASCAS INTRODUCTION NOTES: *All papers below can be found at Library Download link.*

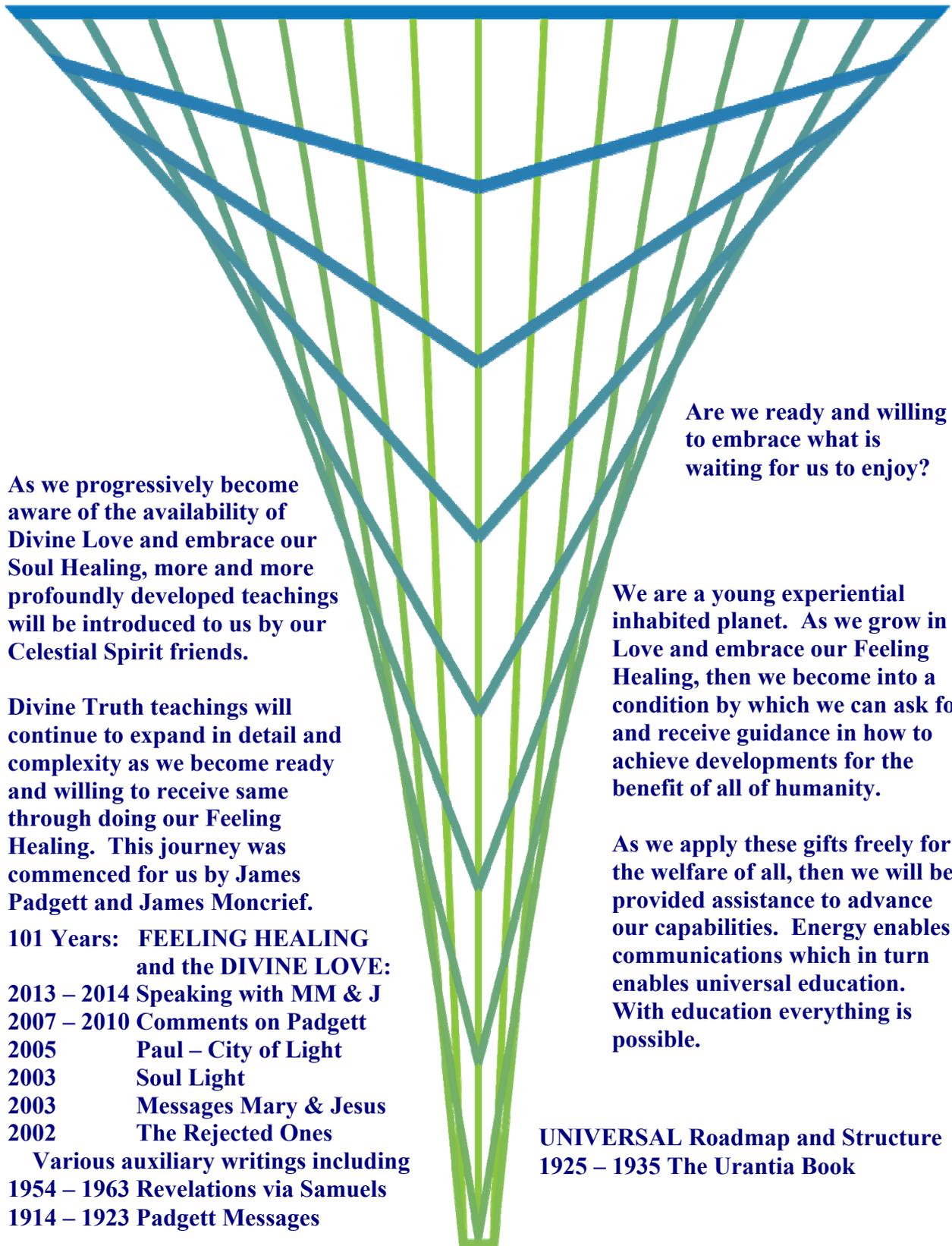
- Pascas Care Letters A Huge Upturn
- Pascas Care Letters Big Revelation
- Pascas Care Letters Feeling Healing Benefits Children
- Pascas Care Letters Feeling Healing Way
- Pascas Care Letters Little Children
- Pascas Care Letters Women's Liberation and Mother

MEDICAL – EMOTIONS:

- Pascas Care – Feeling Healing
- Pascas Care – Feeling Healing All is Within
- Pascas Care – Feeling Healing and Health
- Pascas Care – Feeling Healing and History
- Pascas Care – Feeling Healing and Parenting
- Pascas Care – Feeling Healing and Rebellion
- Pascas Care – Feeling Healing and Starting
- Pascas Care – Feeling Healing and Will
- Pascas Care – Feeling Healing Angel Assistance
- Pascas Care – Feeling Healing Being Unloved
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- Pascas Care – Feeling Healing Childhood Repression
- Pascas Care – Feeling Healing End Times
- Pascas Care – Feeling Healing is Rebellious
- Pascas Care – Feeling Healing Live True
- Pascas Care – Feeling Healing Mary Speaks
- Pascas Care – Feeling Healing My Soul
- Pascas Care – Feeling Healing Perfect State
- Pascas Care – Feeling Healing Revelations X 2
- Pascas Care – Feeling Healing the Future
- Pascas Care – Feeling Healing Trust Yourself
- Pascas Care – Feeling Healing Versus Cult

**PASCAS
PAPERS**

DIVINE LOVE and DIVINE TRUTH Revelations and Teachings escalating:





**Great Gifts through our Feelings are:
The Awareness of our Heavenly Mother
and Father**

**That our soul is a duplex – both male
and female – one soul, two personalities**

**That Feeling Healing with Divine Love
is our pathway to Paradise – our true
home**

**Freely expressing our Feelings to a
companion is expressing our true
personality – the personality bestowed
upon us by our Heavenly Mother and
Father – our true Mum and Dad!**

**These are truths of living
Feelings First Spirituality,
The New Way**

<http://www.pascashealth.com/index.php/library.html>

Library Download – Pascas Papers

All papers may be freely shared. The fortnightly mailouts are free to all, to be added into the mailout list, kindly provide your email address. info@pascashealth.com

Pathway Forward



perceived truth MoC 880 – relative truth potential MoC 1,480