

# PASCAS FOUNDATION (AUST) Ltd



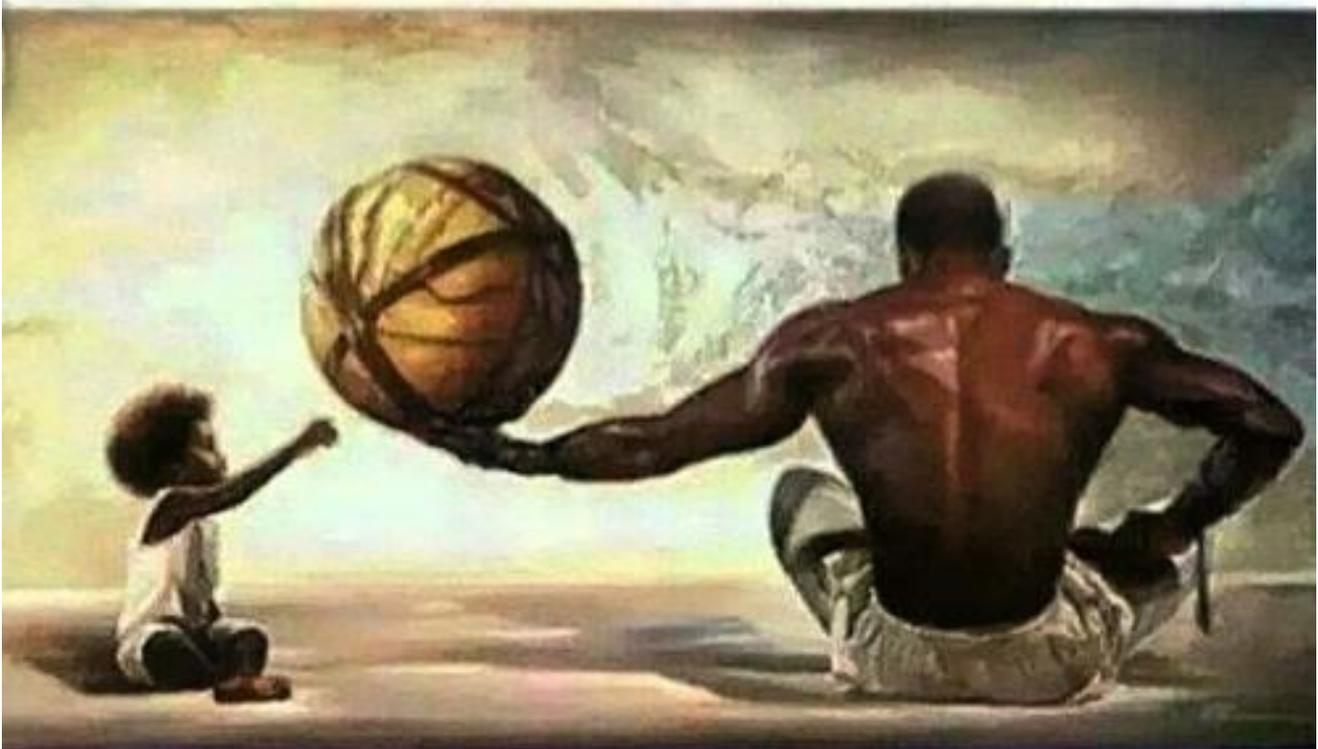
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30 March 2023

Pass the Truth to the Next Generation

**PASS THE TRUTH TO THE NEXT  
GENERATION...TEACH THEM EARLY  
WHAT WE LEARN LATE.**



Yes....pass nothing but the truth to our children...let them learn early what we learned too late. Many people don't understand the concept of teaching our children the truth. They believe the world is like it used to be but it's far from what it used to be. Today's world gives anyone, anything, everyone and everything access to our children. The lines of communication **MUST** be open or the world around us will close in on our child and we won't even be able to get close.

Aspiring to Living Feelings First

*Brian Iverach, Dean Rowley, Faizel Hassan, Helen Adam, Graham Golding,  
Ian Dowling, Jim Baker, John Doel, Lokii Riddell and Peter Wildin*

Pascas Foundation (Aust) Limited

**Buddhism:**

*Hurt not others with that which pains yourself.*

**Christianity:**

*Do unto others as you would have them do unto you.*

**Hinduism:**

*Treat others as you would yourself be treated.*

**Islam:**

*Do unto all men as you would wish to have done unto you.*

**Judaism:**

*What you yourself hate, do to no man.*

**Native American:**

*Live in harmony, for we are all related.*

However, there is but one overarching rule, it has been shared with us in several ways, and it is this:

## **The GOLDEN RULE**

*Never interfere with another's will.*

*We are not to impose our will upon another!*

*One must always honour another's will as*

*one honours one's own.*

We have been taught to fear those who we are to love and embrace – as they do us and each other!



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 [Pascas Care Letters Nature Spirits Prior Life.pdf](#)



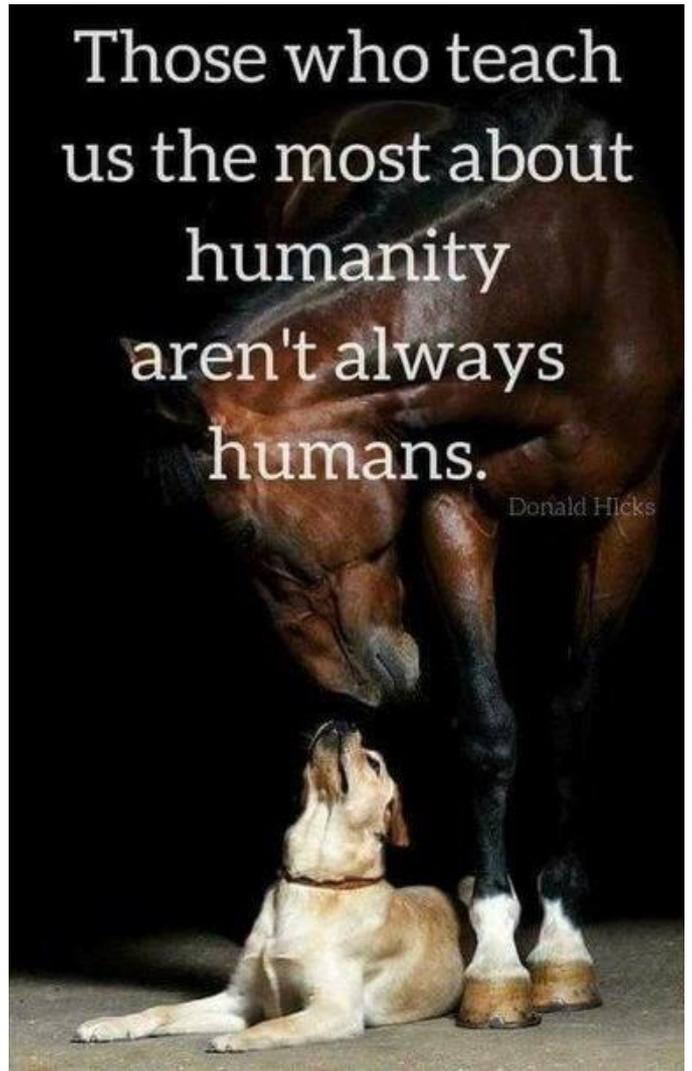






Those who teach  
us the most about  
humanity  
aren't always  
humans.

Donald Hicks





## **EVERYTHING that has LIFE has a NATURAL INTELLIGENCE**

As we heal ourselves of our personal Rebellion and Default, our childhood suppression and ongoing repression, we will become progressively more and more open and interacting with all of nature. Our nature spirits will begin to make themselves known and interactive. They have not been able to do so while the Rebellion and Default was in full operation. We will find that through them we can communicate with anything of nature.

During the week of 20 September 2021, CNN released a photo taken by the photographer Anil Prabhakar in the forest in Indonesia. The image shows:

An orangutan, currently under threat of extinction in Indonesia, stretched out his hand to help a geologist who fell into a mud pool during his search. When the photographer uploaded the photo, he wrote this as a caption:

“In a time when the concept of humanity dies, animals lead us to the principles of humanity.”



## **LIVING MIND CENTRIC is SUBMITTING to RETARDATION and MEDIOCRITY**

Our mind is a wonderful instrument when it is used to implement what our feelings prompt us to embrace. However, our high level spiritual leaders prompted us all to believe that our potential would be found through our minds, so much so that we could become ‘mini-gods’ through the perfecting of our minds.

Our potential through mind centricity is 499 on Dr David R Hawkins’ Map of Consciousness (MoC) being the peak of Reason. This is also the peak of development of those who enter into the 1<sup>st</sup> spirit Mansion World where billions upon billions remain for aeons, blind to their entrapment to hidden controllers. Some further their mind perfection through their ongoing suppression of their feelings and progress blindly through the 2<sup>nd</sup> and 4<sup>th</sup> only to reach a dead end at the 6<sup>th</sup> spirit mind Mansion World, never getting out of the hells and entering the 1<sup>st</sup> of the Celestial Heavens. They eventually have to do a Great U-Turn and retrace their steps and then work through the 3<sup>rd</sup>, 5<sup>th</sup> and 7<sup>th</sup> spirit healing Mansion Worlds and then commence their progression through the Celestial Heavens living Feelings First.

Hidden controllers within the spirit worlds, for the past 200,000 years, have kept us in their enslavement as they understood that:

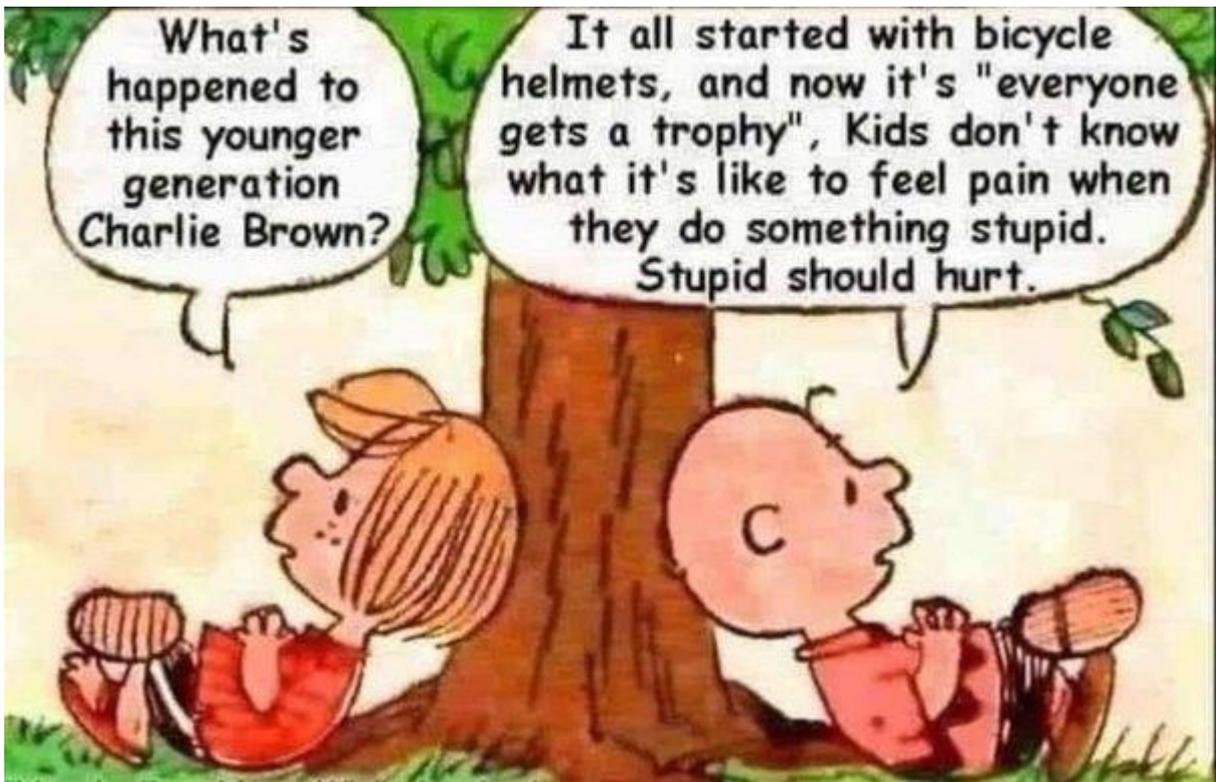
- Our minds are addicted to control, control of others and our environment.
- Our minds cannot discern truth from falsehood – thus easily led through our mind’s lack of discernment.
- Our minds are addicted to untruth – a global pandemic has demonstrated worldwide submission to a few through governmental dictates – conspiracy theories abound – nations can be easily led to war against others.
- Worshipping our minds, believing that when we ‘think’ that we discern truth when it is error, stagnates our progress, thus keeping us in submission. Education systems worldwide embrace this.
- Assumptions are the product of the mind, the error rate is around 98%. The doctrines of the Catholic Church demonstrate this to ‘perfection’.
- Feelings are our soul-based truth. Females are closer to feelings, so these hidden controllers had males make females subordinate to men. History reveals very few women leaders – look at the religious institutions.
- All religions are the product of the workings of these very same hidden controllers.
- These beliefs, patterns of living and norms are entrenched through generation after generation.
- We believe that **‘I had a pretty good upbringing’ in comparison to other people!**  
However:
  - Parents have NO understanding of Love.**
  - Parents have NO understanding of Law of Free Will.**
  - Parents have NO understanding of blocking emotions.**
  - Parents have NO understanding of causal / core emotions.**
- Hidden control has kept parents from knowing how to be loving true parents, consequently:

**Parents abandon Children emotionally!**

- And the Rebellion against God, love and truth has progressively evolved and intensified to the point that on 31 January 2018 intervention from even higher level spirits has formally ended the Universal Contract governing the Rebellion and Default of the rebellious Lanonandek spirits led by Lucifer who submitted to his female soul partner’s wily assertions.

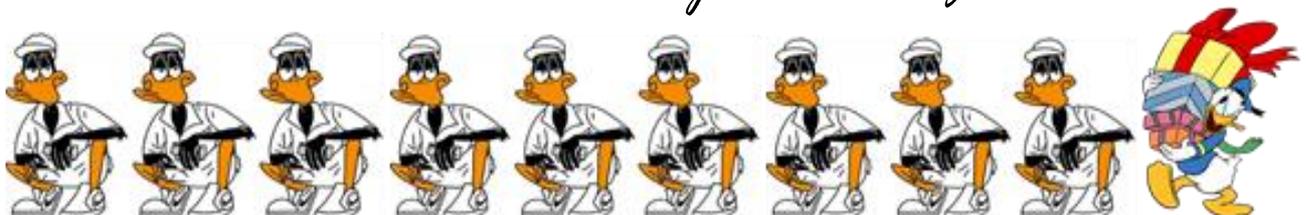
For the past 200,000 years we have been guided to live mind-centric. We have been led to believe that if we perfect our mind that we can achieve greatness and even become like a mini-god. And as we are been led this way for so long by so many we do not even question the possibilities or limitations of this guidance.

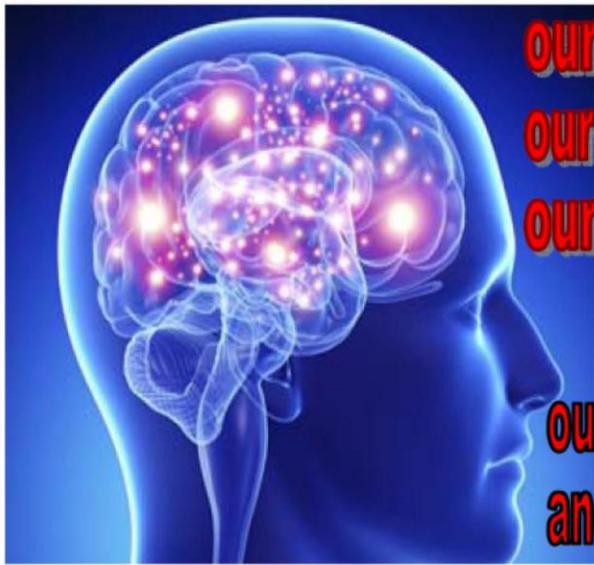
For 200,000 years humanity has remained at war with each other, be it nation against nation, region against region, village against village, family against family, husband against wife, it is a fact that we cannot live in harmony with each other until we recognise the universal lie of how to live.



While we live mind-centric and ignore our feelings, our soul based feelings, then we cannot evolve. We cannot develop our consciousness beyond 499 on Dr David R Hawkins' Map of Consciousness. We remain suppressed within the conditions of the 1<sup>st</sup> spirit Mansion World while ignoring our feelings and worshipping our minds. To evolve and progress into the Celestial Heavens we need to work our way up through all seven spirit Mansion Worlds which we can do even while we live in the physical here on Earth by living Feelings First and having our mind in support of feelings, not the way we do live now. While we embrace mind generated assumptions we are doing stupid things. The error rate of mind generated assumptions is around 98%. Observe your own assumptions and slowly it becomes obvious that around 2% are correct and the rest are mind generated errors – our minds are addicted to untruth!

*Ten ducks in a row, but one always misleading or misled!*





**our MIND is a CONTROL ADDICT!  
our MIND is addicted to UNTRUTH!  
our MIND cannot discern TRUTH!**

**our MIND is within our SPIRIT BODY  
and orchestrates our physical BRAIN.**

**ASSUMPTIONS are the product of our MIND!**

**HEALING** ends  
**MIND-CONTROL!**



**our SOUL is our TRUTH!  
our FEELINGS are our TRUTH!  
FEELINGS FIRST, mind to follow!**

**all we need is WITHIN.  
our MIND suppresses FEELINGS.**

## **ASSUMPTIONS** and the **MIND**

Whenever a principle or platform of truth is formed around an assumption, then as further truth is revealed, the error may become obvious.

A great deal of custom and passed down practices have evolved through handwritten records which have been copied and re-copied and have then been injected with assumptions that have become the core belief and customs by which people have lived by for many generations.

These platforms need to be revisited and addressed. We will find that these mind derived assumptions have a 98% error rate. We will further find that the mind's propensity to have control of others has distorted matters and that all systems worldwide are in need of rebuilding.

Education, health, science, commerce, legal, governmental and all platforms have evolved through the mind and are all taking us further away from our feelings, our soul-based feelings of truth and are suppressing our true personalities. There is not a man-made system on Earth that is presently founded on truth, the truth that we all long for.

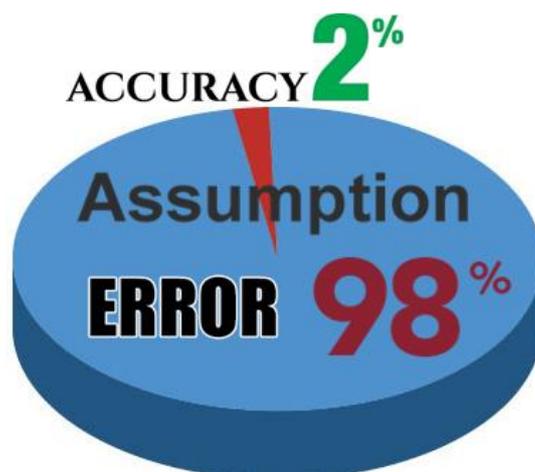
Meanwhile, hidden controllers have seized the moment and have achieved global domination, hoarding massive wealth to the detriment of humanity. Only will it be through a change in the way of living will this and other power bases crumble. We may disturb hidden controllers but if we do not change our way of living they will reassemble their controlling power!

It will only be through the New Feelings Way emerging as a way of living, that education, health services, science, commerce, legal, governmental and all other platforms will be appropriately restructured.

The revelations of Living Feelings First, Feeling Healing and the New Feelings Way have been provided to all of humanity, from the highest authority, to enable each and every one of us to consider the options and possibilities. Our freewill continues to remain sacrosanct.

This revealing has been in the planning and preparation for thousands of years. It was two thousand years ago when the foundations for the arrival of these possibilities and revelations took place when on 31 May 1914 the first writings commenced through James Padgett in what is known as the Padgett Messages. The primary auxiliary writing is The Urantia Book (1925-1935).

The major and most important writings are those of James Moncrief commencing in 2002. This is the focus of the publications that are to be made available in numerous formats and in all of the important languages so that every community, worldwide, will have access and potentially become aware of the teachings and revelations.



<http://www.pascashealth.com/index.php/library.html>

### **Library Download – Pascas Papers**

All papers may be freely shared. The fortnightly mailouts are free to all, to be added into the mailout list, kindly provide your email address. [info@pascashealth.com](mailto:info@pascashealth.com)

*Being Mind Centric is being  
Blind to Truth!*

mind-  
centric



**BLIND TO  
THE TRUTH**

=



*Truth is our Feelings!*

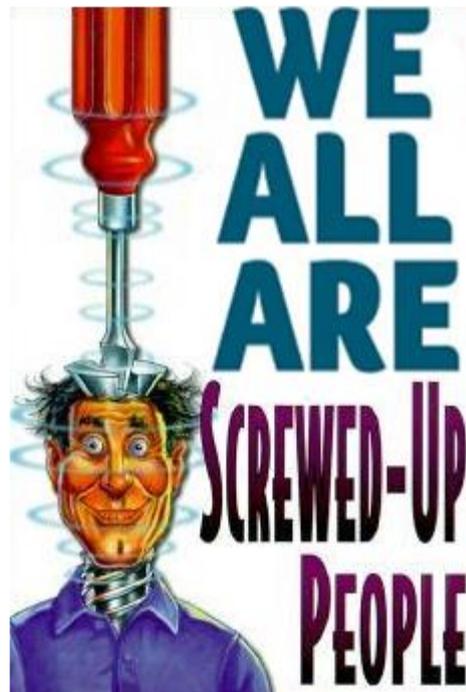
*Our soul-based Feelings  
are always in Truth!*

**REBELLION and DEFAULT formally ended 31 January 2018:**

All in keeping with the **outworking of the Rebellion and Default**. Humanity is so shut off to anything that one's feelings provide, we are all but minds robotically carrying out instructions; nothing is fluid, intuitive nor feeling-free. Our whole world can't change as it is, because everyone and everything is so bogged down in the mire of artificial laws and procedures.



**WE'VE BEEN SCREWED BY  
LUCIFER REBELLION**



**ask**



# ask

## Is there a controlling group over Earth's humanity?

While we live mind-centric then there will always be those who seek to control all others.

Our minds are addicted to control, control over the environment and over people. It is only when we Live Feelings First and have our minds to follow in support of our feelings will domination over others abate then end.

### Faceless Men

There are secret consortiums of very wealthy families. They say that they only have altruistic goals! Their leaders have numerous names (official passports), somehow they have fitted themselves with multiple legal names to hide their family connections and create power through invisibility.

Their collective wealth is so staggering that they could take Africa out of poverty with a single program to develop their economies and markets. West Africa has a population of 300 million people, if that economy was developed then that market alone could evolve into a consumer market as large as USA. One of these two wealthy family consortiums could do this; however, they do not even consider investing within Africa.

### What they do?

The activities of these righteous aging men is said to be for the 'greater good'.

The art of manipulation is at its finest here. The word stooge comes into prominence. Ambitious and emerging executives are invariably compromised. This entrapment is without limits. Most senior bankers appear to be uniformly compromised. Politicians are snared. Courts are compromised. Legal firms appear to be unaware of ethical treatment of humanity, it is a game of manipulating the laws that they first of all created.

### What does this lead to?

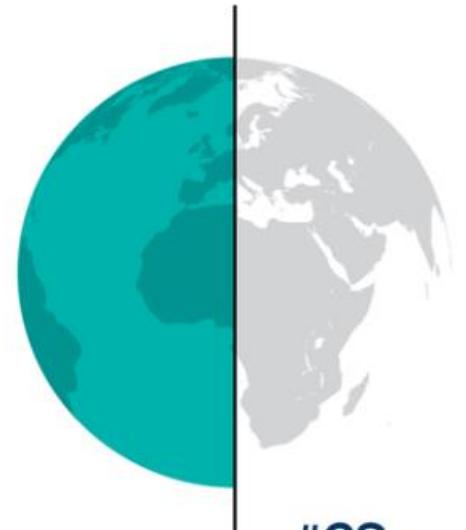
When a pool of funds emerge from successful activities by those outside of these family's communities, from activities that they consider to be of their own domain, then they set about to achieve the following:

## Wealth Inequality

The wealthiest

# 1%

of population own  
50.1% of all  
household wealth  
in the world.



Source: Credit Suisse Global Wealth Report 2017

#CSgwr



- a. To take control of the funds – by any means, or
- b. Prevent the payout of the funds and leverage off them for their own purpose, or
- c. Stall the payouts indefinitely, stalling tactics being week by week then day by day.

Mostly, they are successful as most rightful owners of the funds do not have the knowledge, resources, networks, funds and perseverance to fight for their rights. Legal action will most likely cost US\$10million to implement – and still lose!

### Honey Tongue or Silver Tongue

These pillars of society, and yes they typically are knights, barons, eminent people, pontificate on the virtues of their endeavours while devouring huge communities.

Two opposing family groups exist within this powerful network. One group's attitude is to take care of the family and their workers, and associates, benefit everyone, privilege has responsibility. The other group's attitude is privilege begets privilege, no such responsibility to community and family. The predominance of manipulation for greed prevails.

The structure is that of a top tier consisting of little more than a dozen families with a single figurehead or chairman, being for the long term. The middle tier (medium term) mainly European and consisting of more than two dozen families. Then the lower tier (short term) of maybe more than one hundred and twenty families from North America and Europe and publicly known as the Bilderberg Club.

<http://www.bilderbergmeetings.org/index.php>



James: So it will be like a crack of light opening up in the darkness?

19 March 2017

Helen, 3<sup>rd</sup> Celestial Heaven: Yes, the door way will open a little letting in new light, and that will show that something has gone wrong, the normal controlling powers have started to lose their power. I can tell you James, after this Wednesday (22 March 2017), they are going to be in turmoil, even the Russians won't understand what's happened. And they will all set about blaming each other, accusing each other of everything, and the hidden Zionists will be incredibly rattled because all their normal spirit / mortal controlling avenues will suddenly stop, disappear, cease to function, and they will wonder what power greater than them has suddenly stepped into the fray; and that because of it, they'd better hurry up implementing their plans, which will all become screwed up without the smooth oversight and far reaching control they've always had.

James: From those of their kind in the mind worlds you mean?

Helen: Yes. They were the 'Chosen Race', because the Lucifers (soul partner pair), via the Caligastias (soul partner pair), chose them to do their dirty work, so have kept them on course all through these years working steadily away to come to fruition with the coming of their Mashiach which was meant to be the Daligastias and in particular Daligastia himself, as the women don't get a look in on the world stage, yet with Mrs D working behind the scenes. However, as they no longer are coming, it being what the Second Coming was going to be about, they coming back to Earth in material form, so the controlling Jews have had to improvise by selecting certain people to fulfil the roles, or else look very stupid by announcing



"Chosen by God,' eh?  
— What's the catch?"

that their whole reason for living no longer exists. And all their secretive manipulation, of controlling the world's major corporations and so on, having their fingers in every financial pie, is all about being able to control the whole world when the time is finally right, which is about now by their reckoning. However as I said, things are soon to go haywire for them, their minds will be in a spin, their so-called great spiritual teachers and priests, the ones who are able to work with the mind spirits, will fail, and then, as pressure will be kept on them to keep coming up with the goods, so they will have to start making things up and so guessing and generally making a hash of it all.

### **The 'Chosen One' were chosen by Caligastia, not by God?**

Caligastia soul partner pair, being Lanonandek spirits from within our Local Universe of Neadon, were appointed Planetary Prince over Earth's humanity. The Caligastias joined into Lucifers' rebellion some 200,000 years ago, taking Earth's humanity into the fray of the Lucifer's Rebellion. It was the Caligastias through their deputies, the Daligastias, who anointed the 'Chosen Ones'. It was a small tribe and subsequently the Chosen Ones have regrouped into a different tribe of who are now mostly Jews.

When someone refers to the 'devil' they are specifically referring to Caligastia. Consequently, the 'Chosen Ones' were anointed by the devil being Caligastia, the planetary prince of Earth who is now in spirit world prison having been arrested and imprisoned in 1993 CE.

### **What is so important about Wednesday 22 March 2017?**

#### **NEGATIVE MIND MANSION WORLD SPIRITS are now BLOCKED from HUMANITY!**

Wednesday, 22 March 2017

**"Helen, 3rd Celestial Heaven: It's done James. We did what we wanted to do, it was easy to implement.**

**"Yes, we have instigated our control, we're still asserting it, it's a vast plan affecting the whole of humanity, the money (Solid Investment and other fund pools) being only a small part in it; nevertheless still very important for those of us over here who've been working with Crystal every step of the way.**

**"We are continuing to 'roll out' our blocking control on the mind spirits, and it is a joy to finally have such power and to see the almost instant results, which unfortunately you can't see from your side, but for us it's obvious and so more progress toward real change."**

Prior to this day, commencing from the implementation of the Rebellion some 200,000 years ago, mind spirits embracing Lucifer and Caligastias' Rebellion on Earth imposed the objectives of the Rebellion through the minds of people living physically on Earth. As of 22 March 2017 the negative mind Mansion World spirits connectivity with people on Earth has been blocked, thus now Celestial Heaven spirits can assist people on Earth for the first time ever.

This has been strengthened through the formal ending of the Rebellion and Default on 31 January 2018.

It is through cracks in the Universal Contract governing the Rebellion and Default that these steps to end the Rebellion and Default have been undertaken. The first of these steps was the writing by Celestial Spirits through James Padgett (Padgett Messages 1914 – 1923). Eventually the earthing of the conditions that positively prevail within the 1<sup>st</sup> spirit Mansion World will unfold. Connectivity with Nature Spirits will become routine as will connectivity with Celestial Spirits from the first three Celestial Heavens for those who embrace and progress with their personal Feeling Healing.

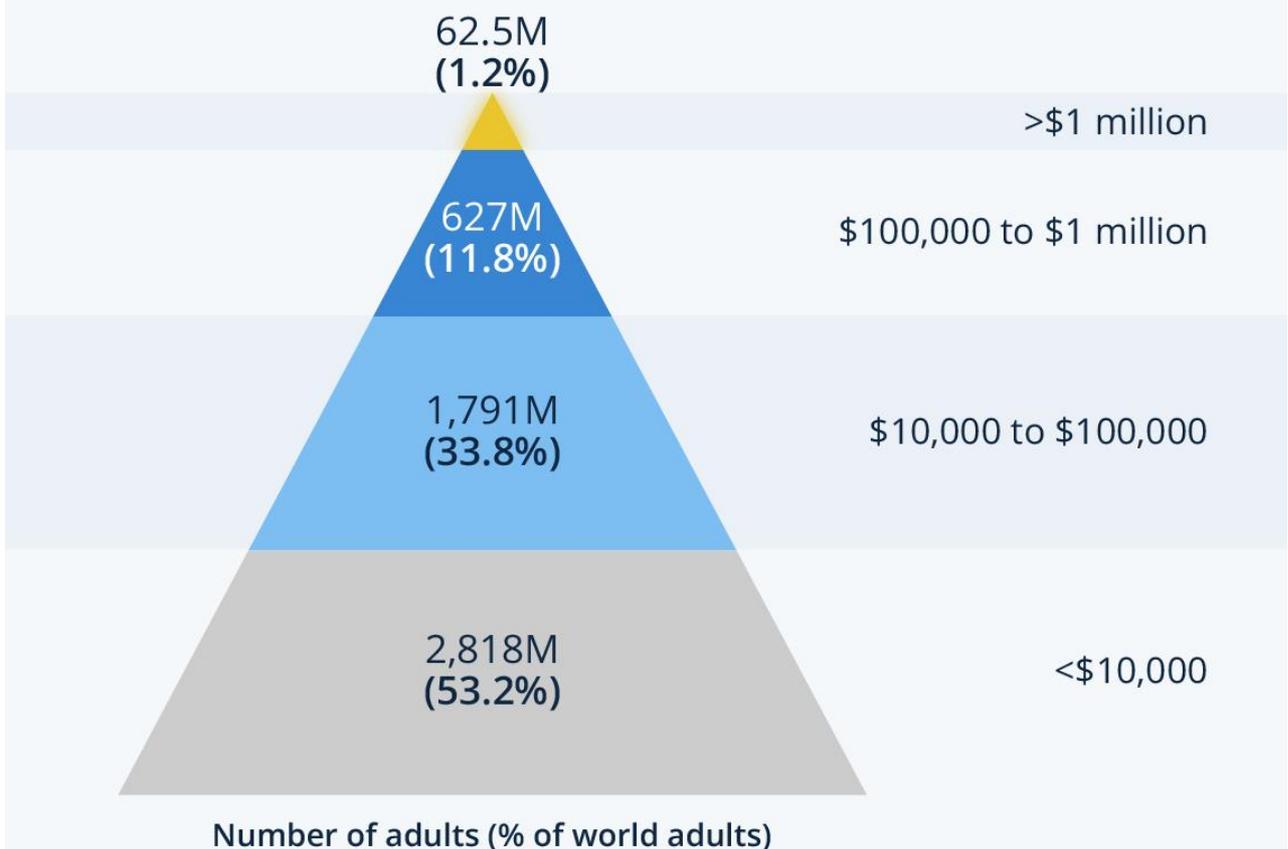
In the meantime, the polarisation of the vast majority of wealth within the hands of a few families in Europe, USA, Asia and elsewhere has brought about a great injustice of resources not being appropriately available throughout all communities.

The 'creation' of printed money has reached such enormous volumes that should such concealed hordes of money begin to circulate then it will become obvious to all that money / currency is worthless thus collapsing the fiat monetary systems of the world!

There is, in 2023, little doubt that there are a small number of trillionaires now living and that they remain unknown and their wealth invisible. Some banking systems enable the circulation of money progressively around the world, following the sun, so that they never appear in a bank's balance sheet. As before the end of the banking day comes about, the funds have moved on to another time zone on their journey around the world. These funds may be in the thousands of trillions in various currencies.

## The Global Wealth Pyramid

An overview of global wealth distribution in 2021

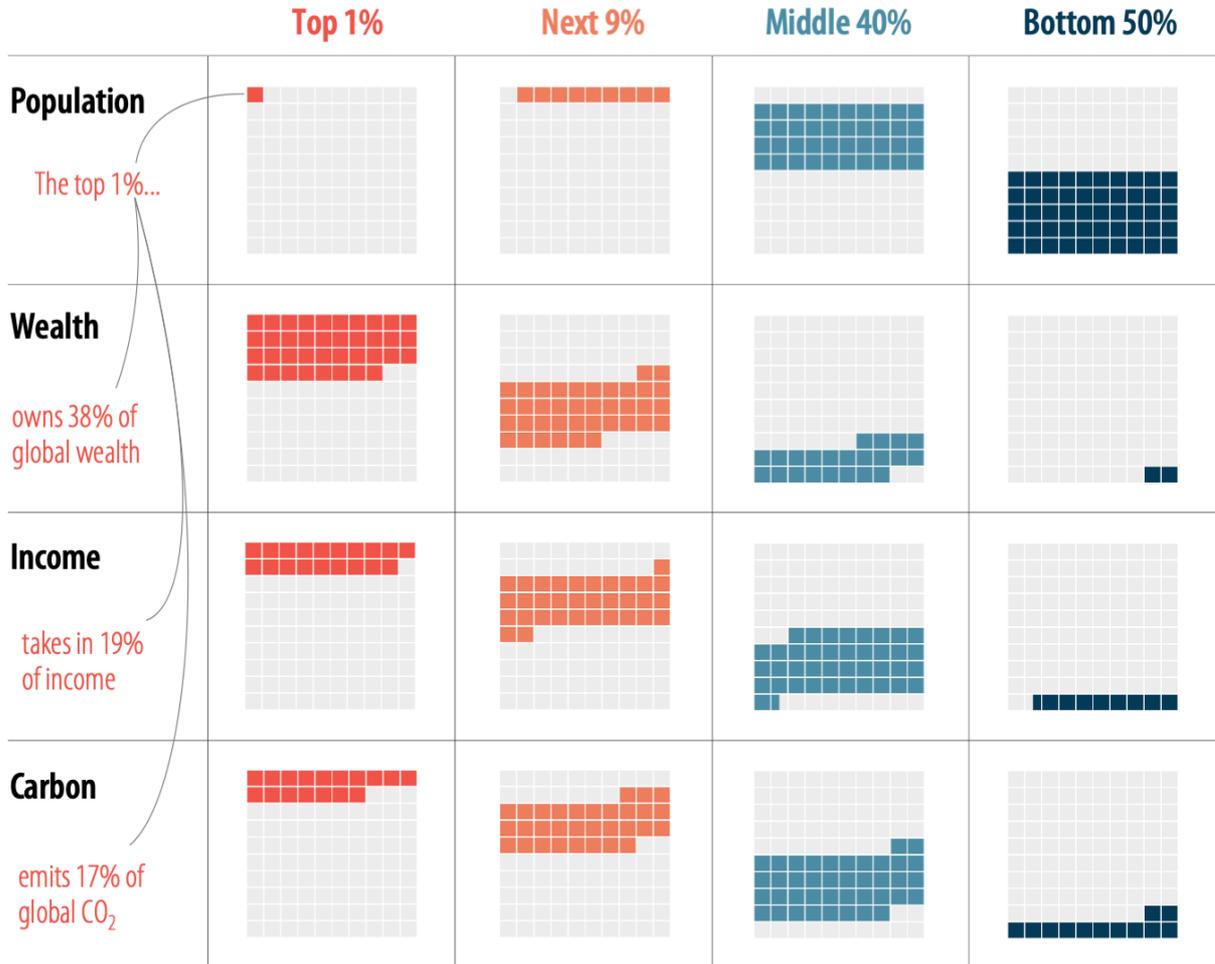


Source: Credit Suisse 2022 Global Wealth Report

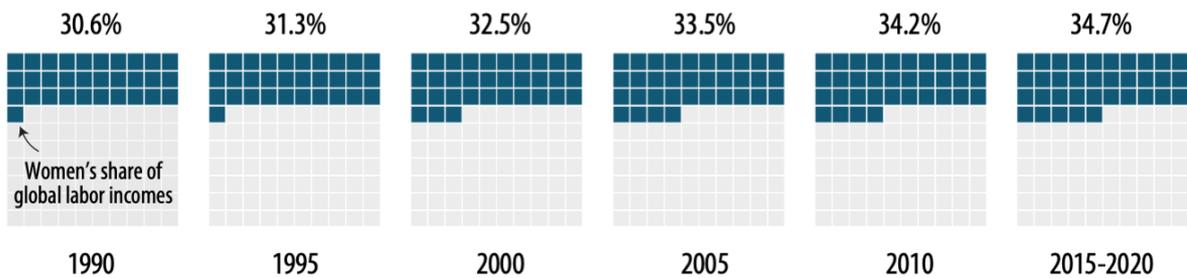


## A lopsided world

Some 10 percent of the world's population owns 76 percent of the wealth, takes in 52 percent of income, and accounts for 48 percent of global carbon emissions.



Progress in reducing gender inequality has been slow, with women still accounting for only 35 percent of global labor incomes.



Source: World Inequality Report 2022 by the World Inequality Lab.

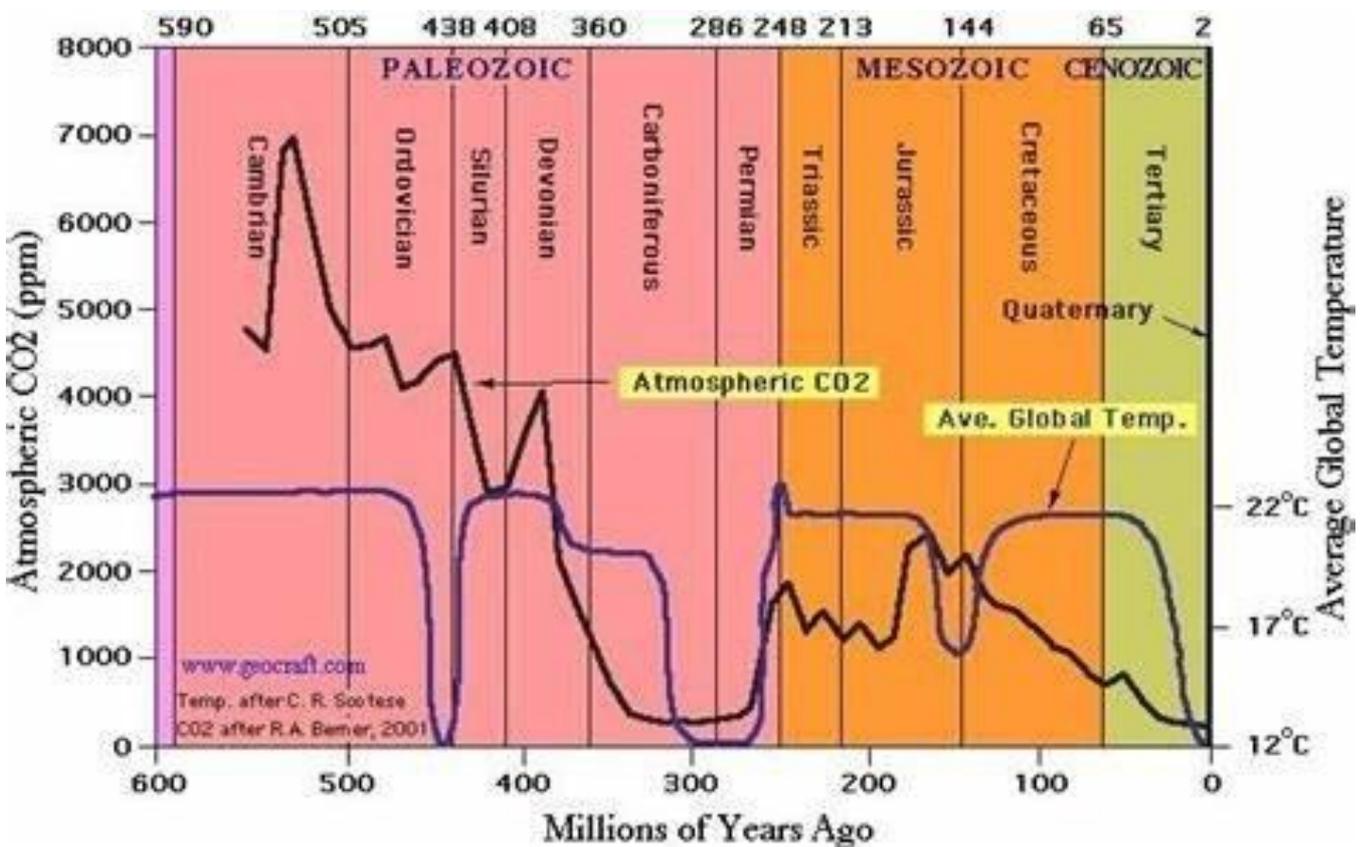
## What has atmospheric CO<sup>2</sup> to do with global temperatures?

As can be seen by the chart below and other charts later in this document, the answer is NOTHING!

What is important to recognise is that should CO<sup>2</sup> have reduced any further in concentration in the atmosphere then worldwide famine may have unfolded. Those who want to decrease CO<sup>2</sup> in the atmosphere are wanting to greatly decrease the population on Earth. That would involve humans as well as all animal life. These manipulators see many people as 'surplus to their needs'!

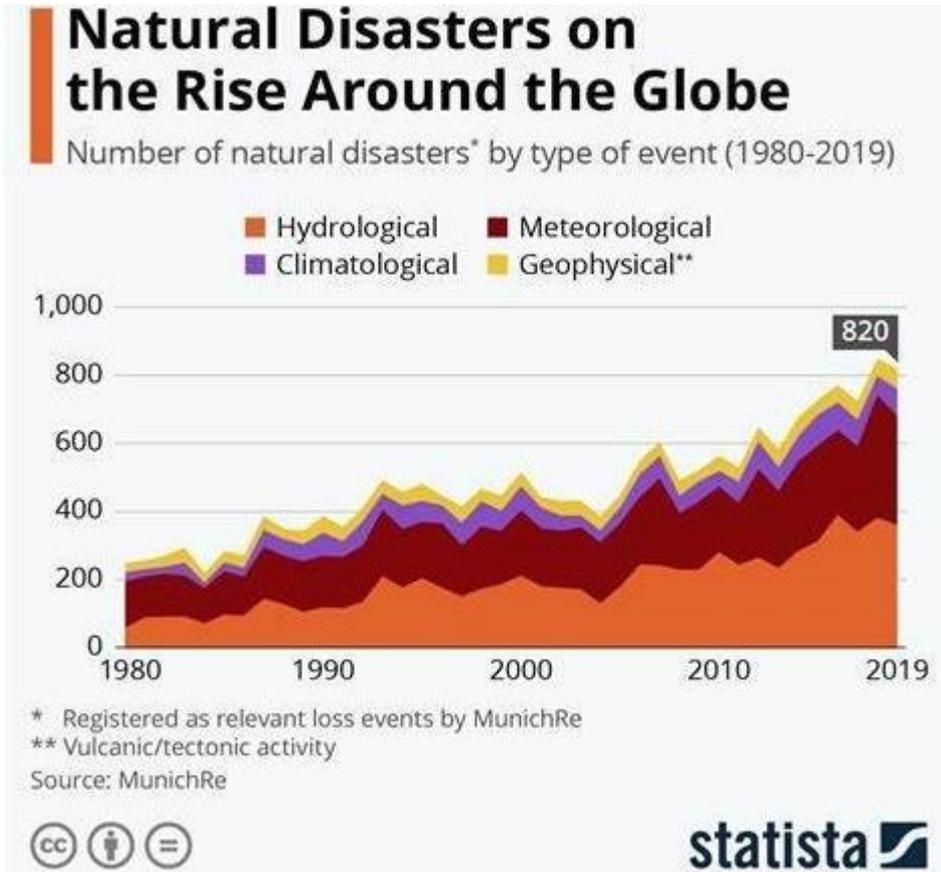
**The increase of CO<sup>2</sup> in the atmosphere from about 320 ppm (0.032%) to 420 ppm (0.042%) has raised the efficiency of our crops and trees by about 300%. To be plain the CO<sup>2</sup> is an amazing blessing.**

CO<sup>2</sup> levels at around 200 ppm in the atmosphere threatens all vegetation. A level of 10,000 ppm may be considered optimum for life on Earth. CO<sup>2</sup> at 1% of the atmosphere would be 25 times higher than it is today and this is a viable target.



The change in CO<sup>2</sup> is not influencing temperature. That's the whole story right there.

Now geologically we can say with certainty that life on Earth thrives as CO<sup>2</sup> rises up to at least 1% of the atmosphere. It is no problem, there are no tipping points and destroying the Earth is not a possible condition using CO<sup>2</sup>. All that happens is the plants thrive! That makes the animals thrive. And humanity is of nature with the animals – so we all thrive.



We are currently in an ice age...defined as ice on both poles. However, during the middle to later part of the 20<sup>th</sup> century (1900s), cyclical energy surges were absorbed by the Sun from the centre of the universe. In turn, the Sun transmitted further energy to the core of the planets within its solar system. This energy increase within Earth has slightly increased the rotation of its core and tilted the planet a little, this has increased tensions on the surface of Earth, shifting warming in parts and cooling in others. Thus, weather events and natural disasters have increased in frequency and intensity. Climate has changed to varying degrees around the world. We are moving into new weather patterns. The past weather patterns have ended. The changes are being driven from the core of Earth, these have nothing to do with man's activities on the surface, however, we need to abate our polluting of the planet.

**All institutionalised systems have been orchestrated by hidden controllers for what purpose?**

While living mind-centric suppressing our feelings, we cannot evolve beyond MoC499 on Dr David R Hawkins' Map of Consciousness, which is the peak of soul condition of the 1<sup>st</sup> spirit mind Mansion World. The hidden controllers (Lucifer, Satan, Caligastia, Daligastia) needed us to be sub-servient and submissive without evolving and growing in consciousness so that we would be their foot soldiers for their expansionary agenda throughout our local system and eventually of our local universe.

All systems throughout Earth are structured to retard and suppress our growth and evolution. They are all now to come down and be restructured. This is what we are now beginning to do with the help of our Celestial friends.



# Everything is to Change!

"Subconscious biases" and assumptions can have a significant impact on every aspect of our lives, every moment of our day, throughout our entire life. We unwittingly embrace the norms of life provided for us by our parents and then we impose that same environment upon our children. Everything is now to change!

As of 31 January 2018, the formal ending of the Rebellion and Default took place. The impositions of high level control is now to unfold and it will take all of the coming 1,000 years of the Avonal Age to work its way through. No institutionalised system or norm will remain. Nothing will remain the same. The disruptions to society and our accepted ways of living will be relentless. We will be 'encouraged' to find a better way, The New Way, and when we do embrace The New Way then we will find life rewarding and our individual growth amazing. If not then life will be very difficult for those who hold fast to old customs, norms and practices.

## **HEALTH CARE and PHARMACEUTICALS:**

Medical science purports to have identified more than 10,000 different illnesses and consider that they have 'cures' for 500. Medical science cannot identify the underlying cause of any illness nor the pathway to any cure while they do not and will not recognise our spirit body and the role that soul light has in its circulation from our soul to our spirit body then to our physical body and its return back to our spirit body and then to the soul. Emotional injuries and errors of belief that we take on board during our early childhood forming years contaminate and distort our soul-light circulation bringing about issues later in our physical life.

Consequently, there are gross inequities and erroneous platforms and procedures throughout all facets and sectors of the health industry.

It would appear that the pharmaceutical industry in USA is 'untouchable' when it comes to pricing of drugs, yet the rest of world is able to be far more realistic in its costings.

**Further**, Big Pharma and structured medical 'procedures' appear to be dictated towards the generation of ongoing profit gouging whilst sustaining the continuance of life rather than assisting and addressing the needs of patients.

Humanity has been on Earth in its current state of consciousness for around 993,500 years with many civilisations having come and gone before us who were more advanced in many scientific aspects than we are presently, however, this present civilisation is more advanced overall. What is referred to as 'alternative medicine' or complementary therapies that are of long established traditions may well be the remnants of ancient medical sciences that we are not yet able to comprehend. Merit needs to be given where truth prevails.

**This time, in the history of humanity, is the most exciting time ever experienced.**

# The U.S. Accounts for Nearly Half of Global Diabetes Drug Sales

Estimated revenue from sales of anti-diabetes drugs in 2021\*



\* incl. all drugs to treat diabetes mellitus, insulin and non-insulinotropic anti-diabetic drugs

Source: Statista Health Market Outlook

# The U.S. Has the Most Expensive Healthcare in the World

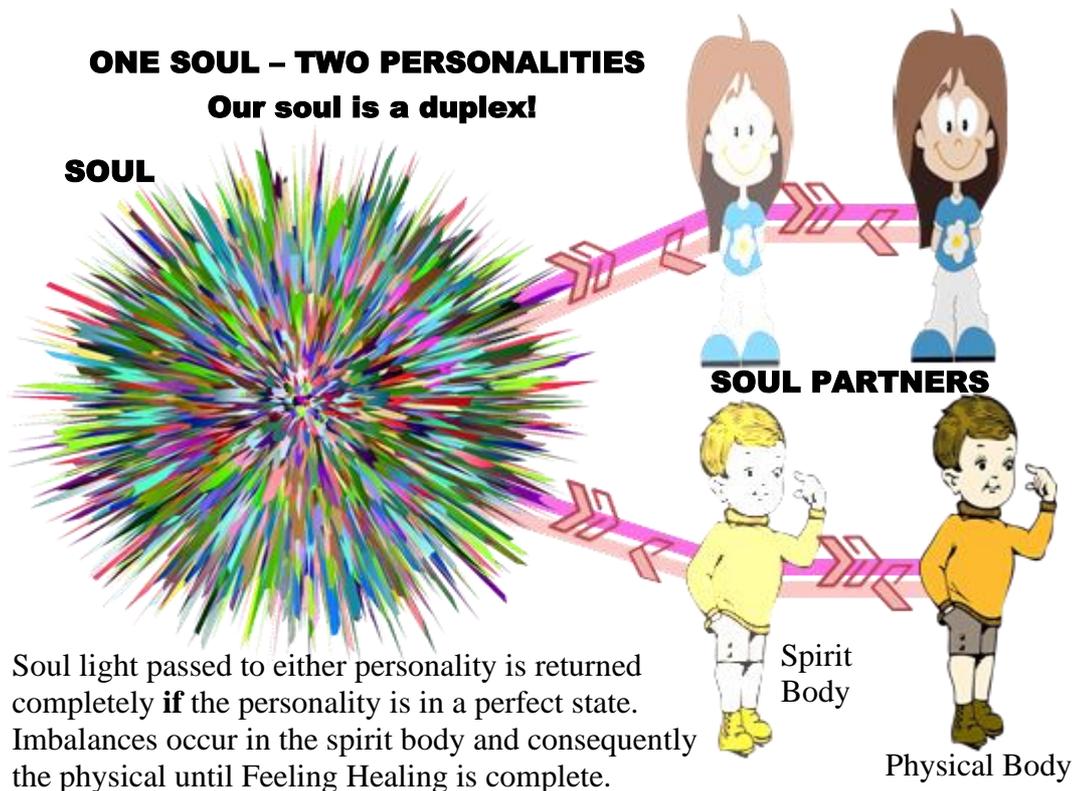
Per-capita health expenditure in selected countries in 2021



Includes government and private/compulsory and voluntary spending  
Source: OECD

## MODERN MEDICINE does NOT CURE

The disturbance in the pristine wonderfulness of light flowing from our soul through to our spirit body and then to our physical body and its return back through our spirit body to the soul is the underlying cause of all discomfort, pain, illness and disease that emerges within our physical body. If it remains in perfect balance then we are not of need of any discomfort. This light flow disruption is the cause of miscarriage with a foetus, it is the generator of deformities in a newly born child, it is the generator of childhood illnesses and it is what brings about all of our physical life experiences, including all of our health issues.

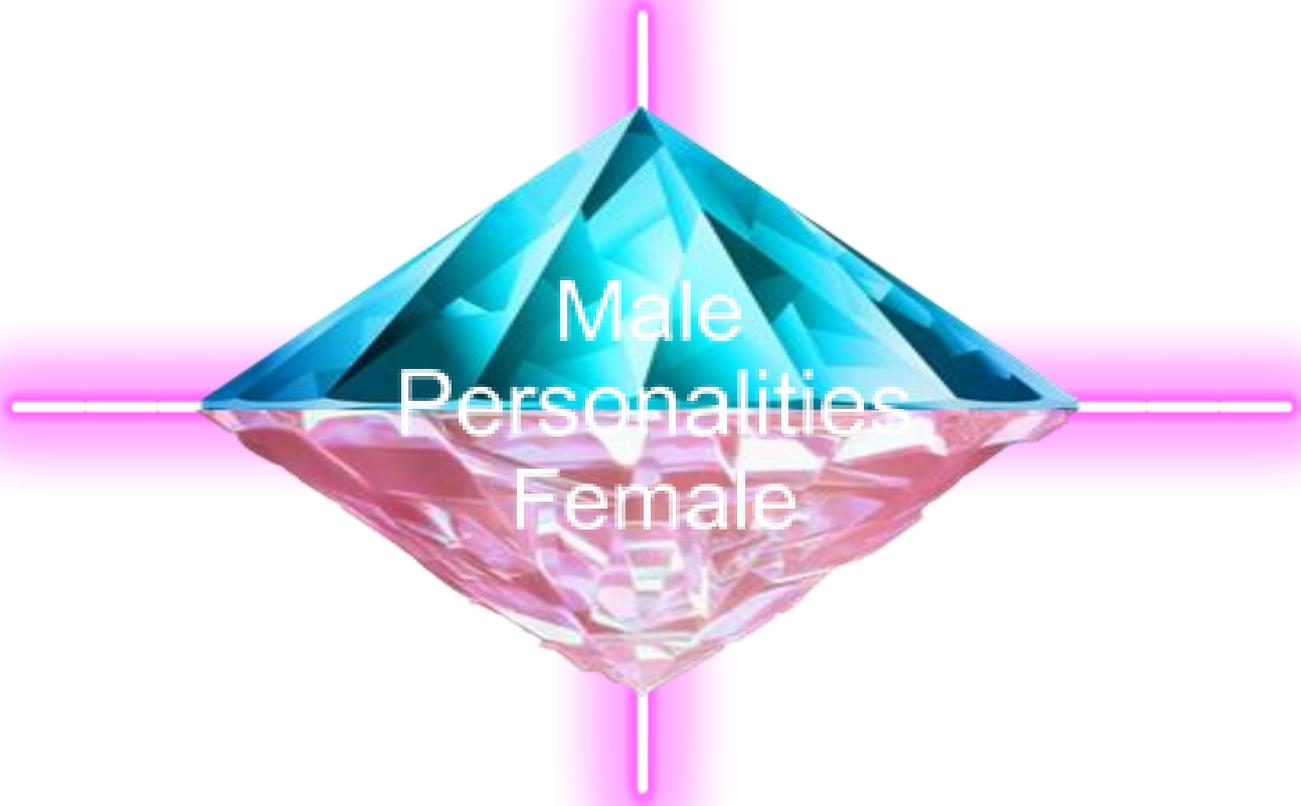


Medical scientists, doctors, etc., have catalogued more than 10,000 variations of the same thing. They also note, or claim, that they have ‘cures’ for only 500 of these diseases. They can and do suppress the symptoms of disease but until we each embrace our personal Feeling Healing then the underlying disruption to the soul light flow will continue to generate the disease or similar.

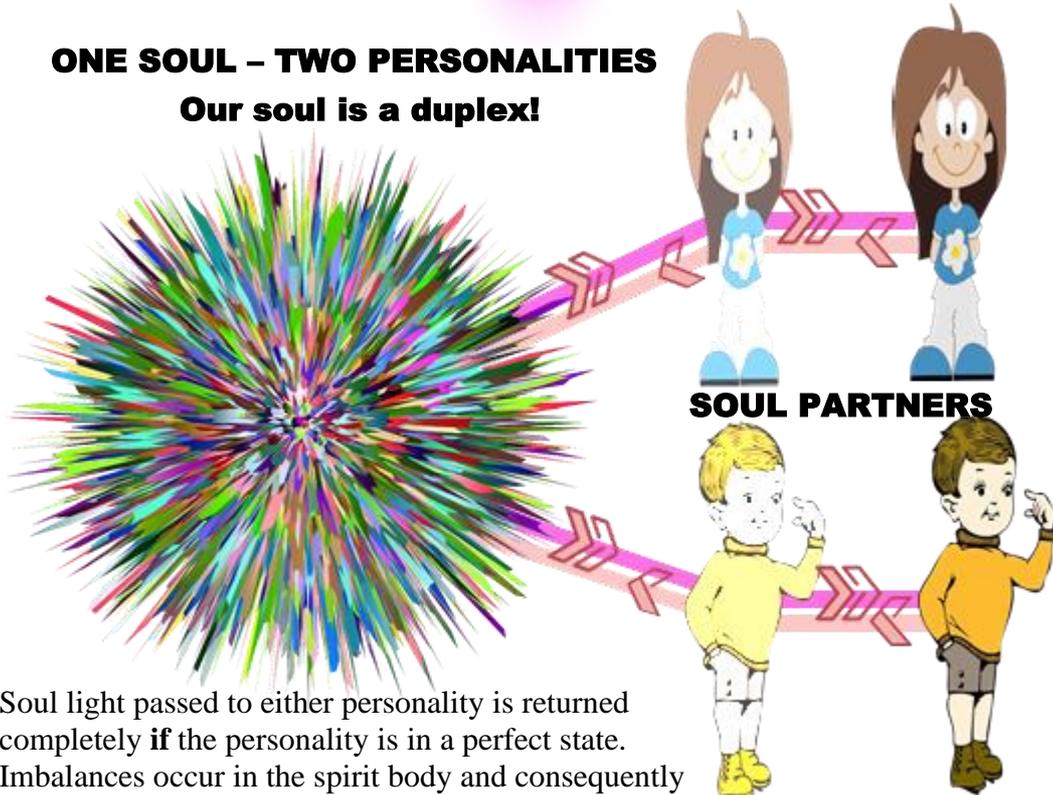
It all commences with the infusion upon the newly arriving personality of all of the emotional injuries and errors of belief of a child’s parents. This is how similar issues pass down from generation to generation.

While we continue to live mind-centric and ignore and suppress our feelings, our soul based feelings, which are always of truth and love, then we remain entombed in this cycle of difficulty and limitation. It is time for The New Way, of embracing our feelings and having our mind follow in support, not the other way around as it is now for all of us – living mind-centric.

# SOUL is a DUPLEX



**ONE SOUL – TWO PERSONALITIES**  
**Our soul is a duplex!**



Soul light passed to either personality is returned completely **if** the personality is in a perfect state. Imbalances occur in the spirit body and consequently the physical until Feeling Healing is complete.

# ENOUGH IS ENOUGH

Andon and Fonta, our first parents to long for our Heavenly Parents, lived nearly 1,000,000 years ago. Naïve humanity was seduced by high spirits, the Lucifer pair, to believe they could be gods through their minds, thus men subjected women to subordination 200,000 years ago. Also added to this was the default of the Adamic pair more than 38,000 years ago when they failed in their mission.

## REBELLION & DEFAULT **200,000** YEARS

When Jesus with Mary achieved their full Regency of Nebadon, in 26 CE, they immediately had the Lucifer and Satan soulmate pairs assigned to a spirit world prison. Since then, the Creator Pair have been preparing for the ending of the Rebellion and Default for humanity of Earth. The Avonal Pair now on Earth, once commencing their Healing, brought about the imprisonment of the Caligastia and Daligastia pairs in 1993. As the Avonal Pair advanced with their Healing they brought about the formal end of the Rebellion and Default, on 31 January 2018. It is now for all of humanity to embrace the Spirits of Truth of the Avonal Pair and undertake their healing of the imposts of the Rebellion and Default.

# Avonal **AGE 1,000** YEARS

Spirits of Truth of the Avonal Pair will guide us through our Feeling Healing and into the Celestial Heavens with Divine Love, then the Spirits of Truth of the Creator Pair will lead us through the Celestial Heavens and out through Nebadon towards our Heavenly Mother and Father in Paradise.



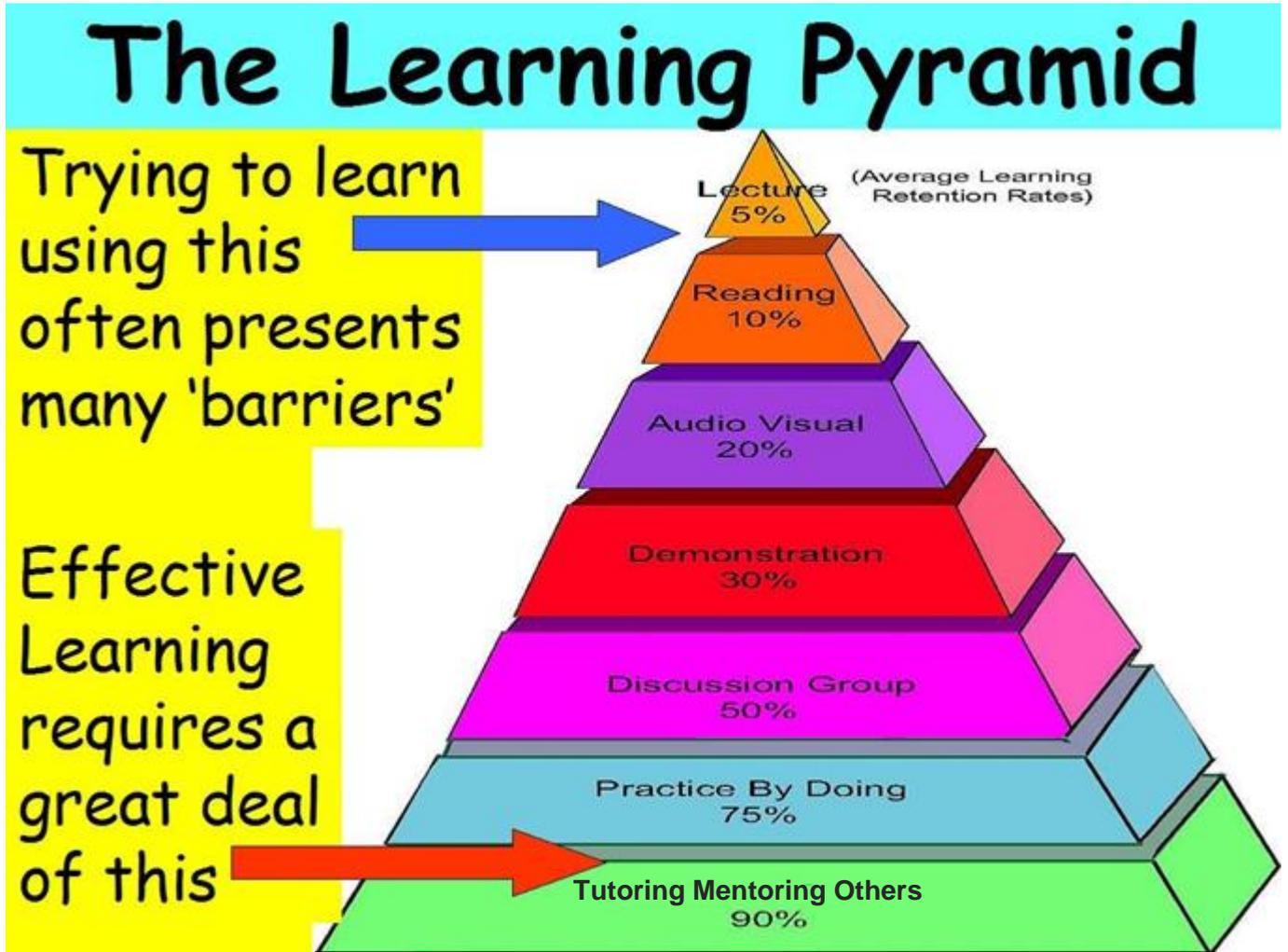
Each generation of 25 years or so will see marginal embracement of Feeling Healing, however in 1,000 years it will achieve universality.



Universality of Feeling Healing with Divine Love will see the mitigation of discomfort, pain and illness as well as the imposts of global warming and Earth changes. These events are to ensure that each of us embrace our feelings, both good and bad, down to the very core, so that we fully come to know who we truly are. Sciences will endeavour to remove pain only to see disease manifest in different forms. Earth disturbances are a result of the Harmonic Convergence of the late 1900s, increasing the rotation of the Earth's central core. This will only abate when humanity has universally embraced Feeling Healing. These influences are only imposed upon us so that we do not step back into the Rebellion and Default through complacency. Live Feelings First so that we become the true personalities we are, that being daughters and sons of our Heavenly Mother and Father.

**EDUCATION:**

How to keep a population submissive is to make their pathway to finding their potential as difficult as possible. We referred to the Map of Consciousness (MoC) above, it is based on the common log of 10, thus 1 point growth is exponential. By us all being taught to live mind-centric we are limiting our potential to a ceiling of 499 MoC. Natural love perfection is at 1,000 MoC. To enter the Celestial Heavens then we are over 1,000 MoC having perfected our natural love and embraced our Heavenly Mother and Father’s Divine Love. So, we have been covertly taught to live mind-centric and this is our typical education platform – the lecturer at the front of the room!

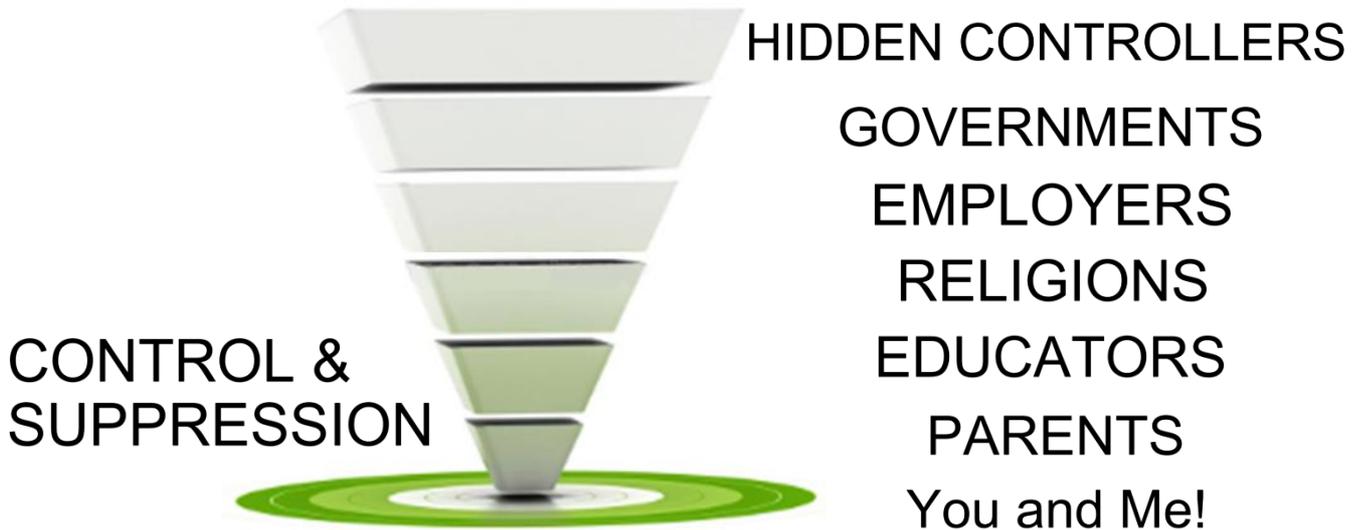


100% retention is **Natural Self Expression**

# LIGHT OF TRUTH

## CONTROLLED from the MOMENT of OUR CONCEPTION:

Thus, from the moment of conception we are controlled in a manner that suppresses our true personality and imposes barriers against true individuality, spontaneity, intuitiveness and wonderful progress in our potential.



**HIDDEN CONTROLLERS** – both in the Physical as well as Spirit

**GOVERNMENT** – Local, State and Federal plus world governing bodies

**EMPLOYMENT** – All forms of employment, even when self-employed

**RELIGIOUS & SPIRITUAL** – These are all centres of control, all promote living through the mind

**EDUCATION** – The notion of feelings is yet to be recognised at any level sufficiently

**PARENTHOOD** – Parents have no understanding of Living Feelings First

### The Elephant in the room is CHILDHOOD SUPPRESSION!

From the moment of our conception we are absorbing our parents' emotional injuries and errors of belief. This continues relentlessly through to when we are six years of age. By then we are reflecting the personality of one or the other of our parents, should they be differing between themselves. Thus, the issues from any generation continue for generation after generation.

This flows through to all segments of society. Our minds are addicted to control, control over others and of our environment. Further, our mind cannot discern truth from falsehood, it is also addicted to untruth. We have all been misguided to live through our minds and to ignore and suppress our feelings. It is our feelings that are always in truth, our feelings are our source of truth.

We are now to consider and embrace living feelings first with our minds following in support.

This is the Great U-Turn!



**EARTH CHANGES – ENVIRONMENTAL CHANGES**

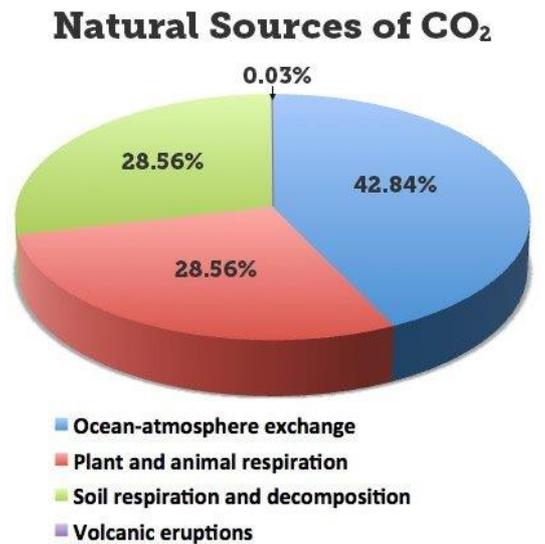
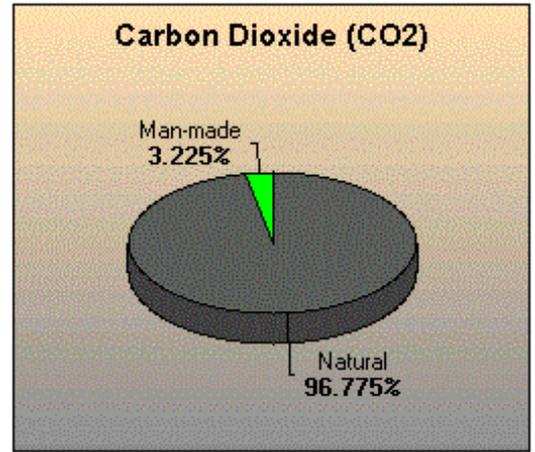
A tool engaged by hidden controllers has been and still is the propaganda surrounding ‘global warming’. Yes, there is global warming, however its cause is not the emission of CO<sup>2</sup> into the atmosphere by human activity.

That is correct. Increased CO<sup>2</sup> is increasing food production and is not in any way a threat to anyone!

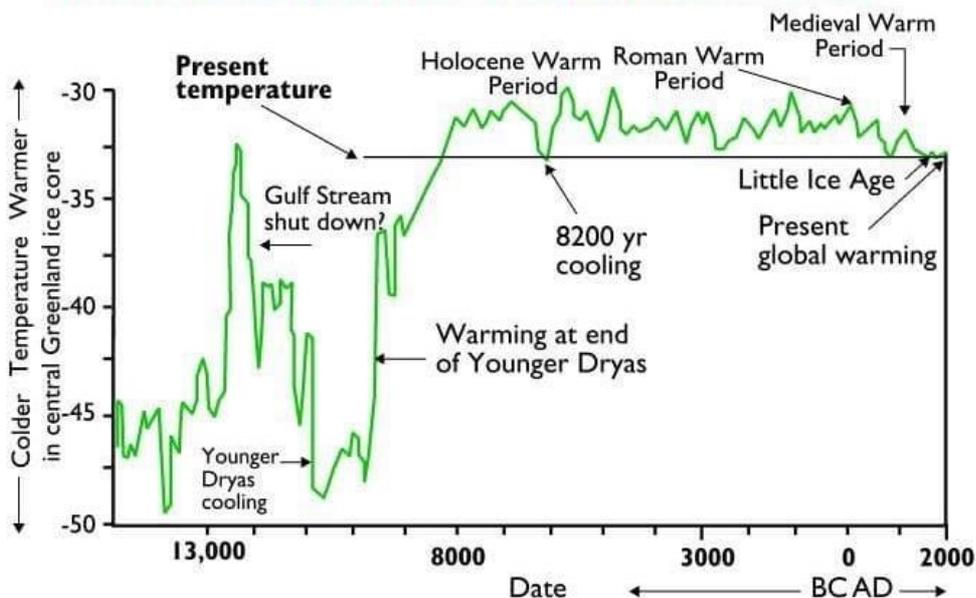
The hidden controllers’ covert agenda has been to reduce the numbers of humanity by a factor of several billions and the tool of starvation is tool to rid those who are ‘surplus to need’.

All the people of all the populations are being told that we are damaging the atmosphere causing global warming when the heating is unfolding at and from the core of Earth. Yes, down there in the core of Earth – not up there in the atmosphere! Energy surges cyclically transmitted throughout the universe have been absorbed into the core of Earth thus slightly increasing the cores activity and rotation.

Nanna Beth – 3<sup>rd</sup> Celestial Heaven, John’s grandmother:  
 “Also you might like to know, the Earth itself is starting to change its rotation speed and is slightly moving on its axis, thereby causing shifts in surface weather patterns as warming and cooling takes effect, it is just happening in different places than how it has been and these changes are coming from the core that’s being affected by greater space changes. There are always massive pressures and forces affecting every part of natural creation, and so the world and all space and all that’s within it. And as David (Montaigne) points out, observers have observed that things remain the same, or at least seem to be the same, although with minute incremental changes, all of which culminate in periodic, large swift changes. And so humanity is coming into a time of rapid change, and on all levels, not just the physical or spiritual.”



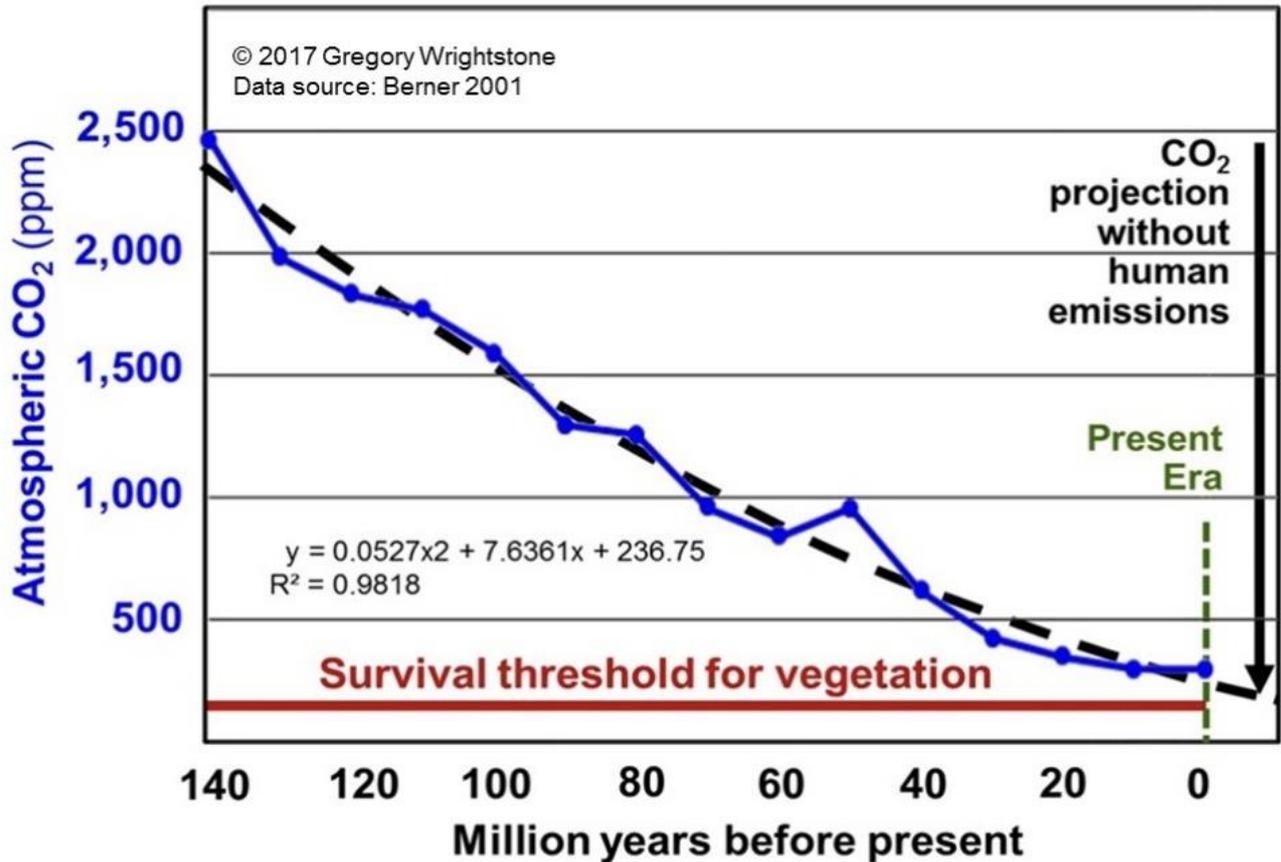
**TEMPERATURE CURVE LAST FIFTEEN THOUSAND YEARS**

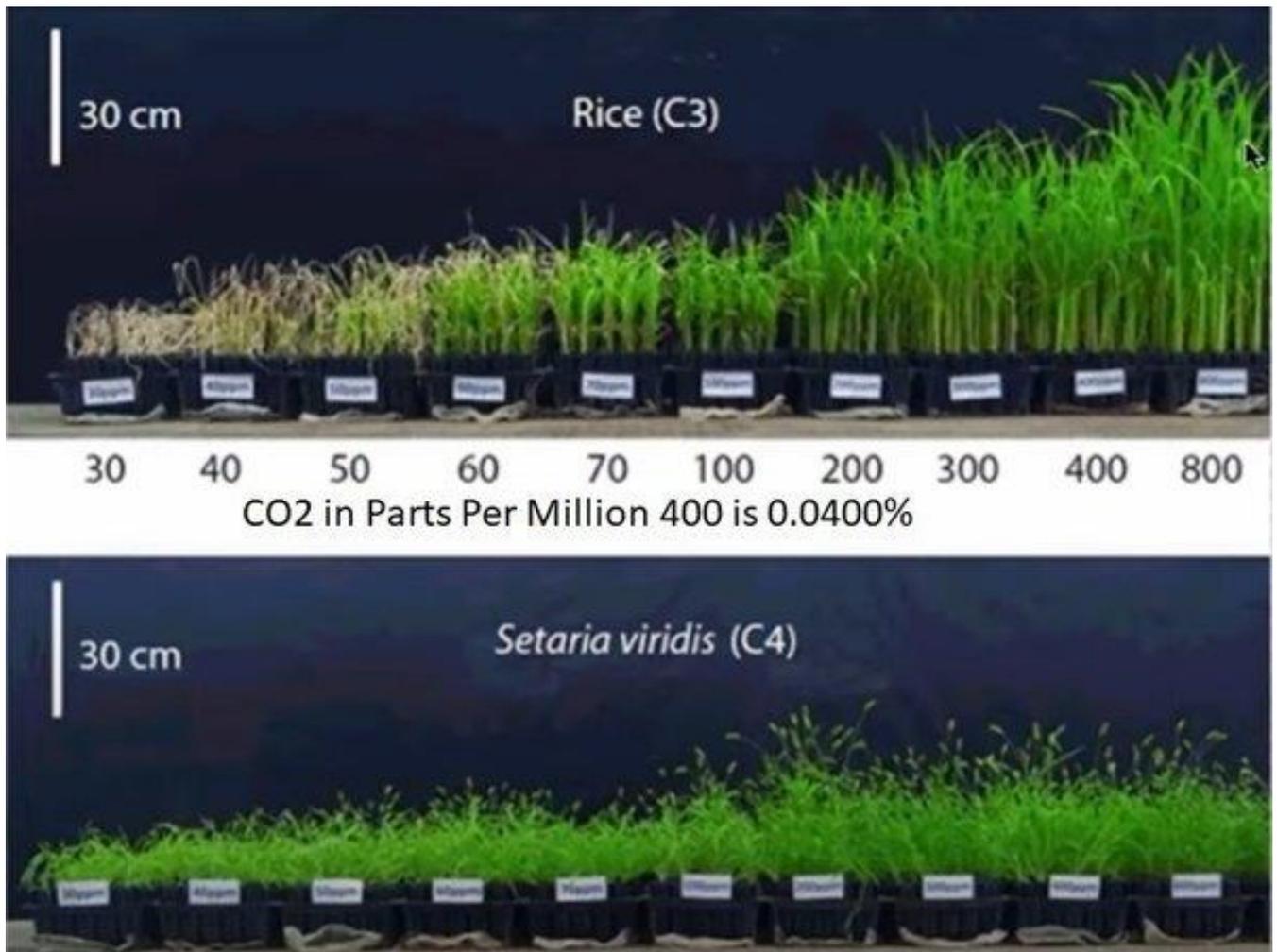


Paul Noel, research scientist 6 level 2 UAH 2008-2014: You see plants spend a very massive amount of their life energy pumping water into their bodies to make their life work. To do photosynthesis they must breathe in (passively) CO<sup>2</sup>. This is done by opening little openings called stomata on the bottom of their leaves. With these openings exposed water evaporates endangering the plant. Plants, as a result, trade water for CO<sup>2</sup>. **The increase of CO<sup>2</sup> in the atmosphere from about 320 ppm (0.032%) to 420 ppm (0.042%) has raised the efficiency of our crops and trees by about 300%.** To be plain the CO<sup>2</sup> is an amazing blessing.

**CO<sup>2</sup> does not warm up the Earth, it cools it slightly.**

The proper calculation of this greening is that it has **increased** in efficiency as well and is more than 10 times more efficient than it was. It also covers about 30% more land than it did worldwide. You would have to be a lunatic to want to imagine that this is a bad thing! Air pollution is, for the most part, a thing of the past. The deserts of the world are shrinking! Everything the Environmentalists are telling you about CO<sup>2</sup> is a lie. They are “cooking the books” to tell their lies.





The reality of CO<sup>2</sup> is shown in this graphic. Each of these pots of plants was grown in a carefully identical pot with identical water, light and soil. The only variable was the atmosphere they lived in was very carefully controlled in percentage of CO<sup>2</sup>. The simple fact is that below 200 ppm in this experiment the plants were unable to fruit, thus any plant grown about 150 ppm CO<sup>2</sup> or below would go extinct. It is impossible to sustain life without plants, so this is the death of life on Earth.

The wish to stop the rise of CO<sup>2</sup> is historically ignorant, geologically stupid and amazingly foolish for the future of life on Earth. CO<sup>2</sup> is life and the Earth didn't overheat from it at nearly 1% (which is probably impossible to reach if we burned all carbon based fuel sources up). By the way, levels up to 1% commonly occur inside occupied buildings. Levels up to 3% are tolerated inside submarines at times. The reality is that human beings work well with CO<sup>2</sup> and any fears of it are nonsense.

**Desertification by 2050:** The trends are in the opposite direction. The most likely scenario is that about 30% of the Gobi Desert (China) will be step land or forest and the Sahara Desert will be about 15% reduced. There will be some gains in the Saudi Desert area with it being a few percent reduced. Deserts are shrinking, crops are increasing, Earth is greening, and fertiliser need is decreasing. If this trend continues Earth will be more hospitable in 2050.

Kindly go to [www.pascashealth.com](http://www.pascashealth.com), then Library Download page, scroll down to Corporate Foundation Documents, and click on to open:

 [Pascas WorldCare Earth Changes Environmental Changes.pdf](#)

## What will make people realise the truth about anthropogenic global warming?

<https://www.quora.com/>

23 February 2023

Paul Noel; Former Research Scientist 6 Level 2 UAH (2008–2014) University of Alabama in Huntsville:

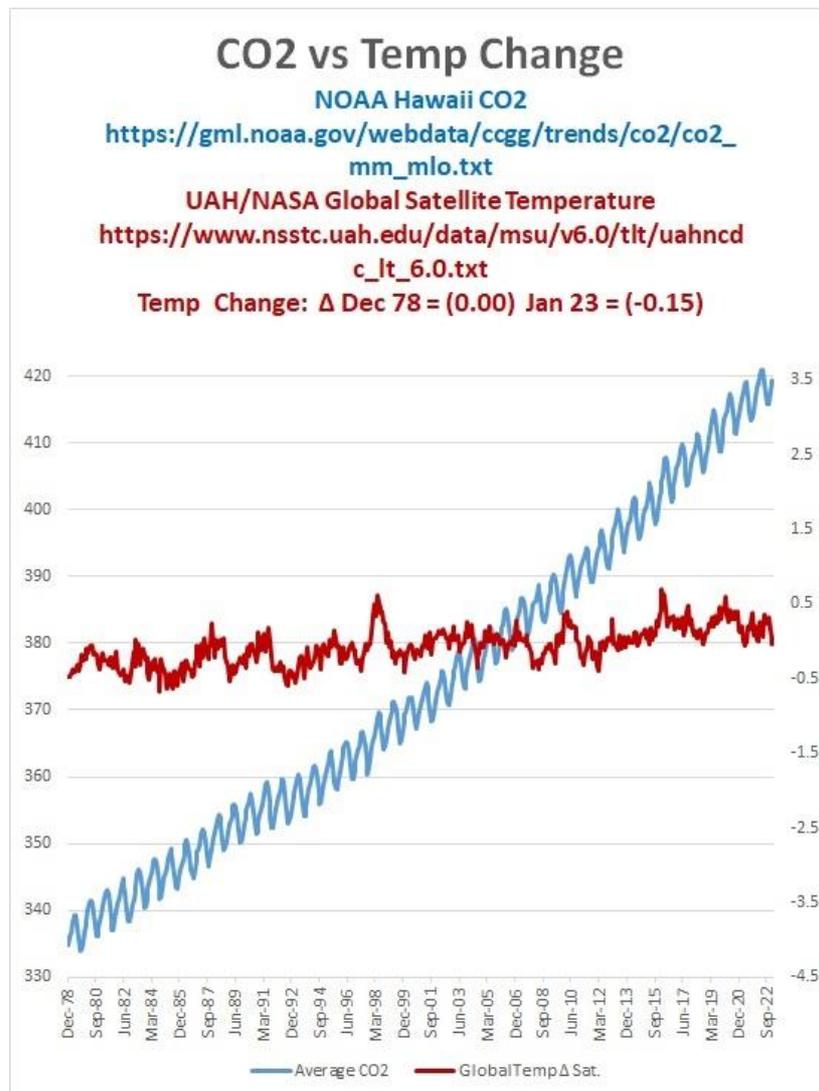
There is no anthropogenic global warming! It doesn't exist. Scientists use the word "anthropogenic" in referring to **environmental change caused or influenced by people, either directly or indirectly.**

Here is the hard core data on the Global Satellite Temperature vs Global Warming Data.

There has been no significant change in temperature (Noise level) and there has been a big run up of CO<sup>2</sup> the two are not related. Sorry you can see the whole claim right here.

*Yes, what will make you realise the truth that there is no Anthropogenic Global Warming?*

This is from December 1978 to January 2023 Data! Live and hot off the websites! NOAA Hawaii Observatory and UAH Satellite Data. UAH processes the Satellite data from NASA under contract directly. This is the source!



**The CO<sup>2</sup> went up and temperature ignored it!**

## RELIGIONS

We have mentioned that the Rebellion commenced 200,000 years ago and then the Default followed more than 38,000 years ago and that is now to end. The commencement of the ending was through James Padgett with around 250 Celestial Spirits writing through James Padgett commencing on 31 May 1914 and concluding in 1923. Since then there has been The Urantia Book (TUB) 1925 to 1935 and the most important of writings are those through James Moncrief commencing 2002. Other writings complement these works. Amongst these Celestial Spirits with their messages have been Matthew, Mark, Luke, John, Paul, Peter, Judas, Mary Magdalene and Jesus. They have each commented on the writings attributed to them in the New Testament, they have addressed errors and major omissions.

These are now collated and added to the New Testament documents, visit [www.pascashealth.com](http://www.pascashealth.com), then the Library Download page, then scroll down to Medical – Soul Condition & Health and click on to open:

-  [Bible New Testament Matthew Peshitta Lamsa.pdf](#)
-  [Bible New Testament Revelation Mary Magdalene.pdf](#)
-  [Bible New Testament Review - Part I.pdf](#)
-  [Bible New Testament Review - Part II.pdf](#)

As the doors open to factual information and we are able to discern the realities of deception, however slight it may be, we can stand back and see that all platforms and long held understandings have been distorted to hold us in a restrained condition for the objectives of hidden controllers.

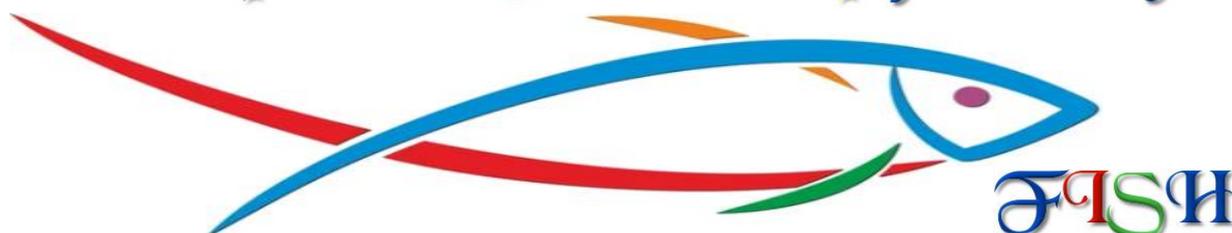
Truth is always the same, so then why have we around 3,400 significant religions and with their minor denominations we have some 50,000 options of the one truth to choose from? All of them lead us to be mind-centric and none embrace living through our feelings and so, we are not provided with guidance to expressing our feelings and Feeling Healing. The availability of Divine Love was introduced to us by the presence of Jesus and Mary Magdalene, yet that knowledge was lost at the time of the Nicaean Council in 325 CE. The availability of Divine Love was reintroduced through the Padgett Messages (1914 – 1923).

**Firstly, consider discovering the truth of your emotional pain through Feeling Healing.**  
**Secondly, consider longing for our Heavenly Parents' Love as you progress with your healing.**  
**Primary and most important readings are the writings of James Moncrief.**  
**Then consider the Padgett Messages, and then The Urantia Book.**

## TRANSITIONING HUMANITY

As we consider the needs of a community, and consequently that of a nation, we are to look behind their traditions, customs, norms, practices and ethnicity. We are to discern their psychic barriers. We are to look to their past, their history and migration patterns, including currently. As we get to know each other then we can better tailor and communicate what we are to share.

**Food Incorporated Stewardship for Hunger**



When we are to look at food security, we are to look at the environment of the region which the nation may be within. When we look at water security then it is not limited to the boundaries of the nation. We are to look at the whole region of the water catchment and all of its downstream involvements. Thus, we are to engage with all the nations involved, its people and consider all aspects of what and who is involved.

Presently, the war between Russia and Ukraine (2022-2023) has disrupted something like 18% of the grain distribution around the world. However, the grain distribution from Russia and Ukraine is greatly affecting food security worldwide.

Food Incorporated Stewardship for Hunger (FISH) is a global operation addressing food security. Water is a prime issue. Potable water is incredibly important – it is the foundation of life and living.

Localised solutions on anything we consider is not enough. Solutions must bloom out and be consistently providing the pathways for the neighbours until the neighbourhood is all of the world's population.

Pascas Foundation (Aust) Limited mobilisation agenda is universal and though it focuses upon key sectors of service, nothing is excluded.

From education comes all that is beneficial to humanity. Education and health services are prime considerations for Pascas.

Inadequate housing: Pascas has focused upon housing for domestic violence victims which embraces homelessness. Inadequate housing involves the provision of potable water, clean power and communications including access to internet which is now universally important for education.

Thus, the needs of any family within any community, within any state or nation, all around the world, becomes a consideration that Pascas and its associated entities may contribute to resolving.





## Just over one-in-four global citizens lack clean drinking water, almost half lack basic sanitation, UN says in March 2023.

A new report launched on the eve of the first major UN conference on water in more than 45 years says that **26% of the world's population does not have access to safe drinking water and 46% lack access to basic sanitation.**



Key points:

- Water use has been increasing, globally, by roughly 1% per year over the past 40 years and is expected to grow similarly up to the year 2050.
- Since 2000, floods in the tropics have quadrupled while floods in northern mid-latitudes increased 2.5-fold, the report says.
- The UN is aiming to ensure all people have access to clean water and sanitation by 2030.

The estimated cost of meeting the goals was somewhere between US\$600 billion (AU\$896 billion) and US\$1 trillion a year.

However, equally important, he said, was forging partnerships with investors, financiers, governments and climate change communities to ensure that money is invested in ways to sustain the environment and provide potable water to the 2 billion people who do not have it and sanitation to the 3.6 million in need.

Since 2000, floods in the tropics have quadrupled, while floods in the northern mid-latitudes have increased 2.5-fold, the report said. Trends of droughts are more difficult to establish, it said, "although an increase in intensity or frequency of droughts and 'heat extremes' can be expected in most regions as a direct result of climate change".

**Globally, 1.6 billion (20%) people worldwide live in inadequate housing conditions**, with about 15 million forcefully evicted every year, according to UN-Habitat, which has noted an alarming rise in homelessness in the last 10 years. Young people are the age group with the highest risk of becoming homeless.



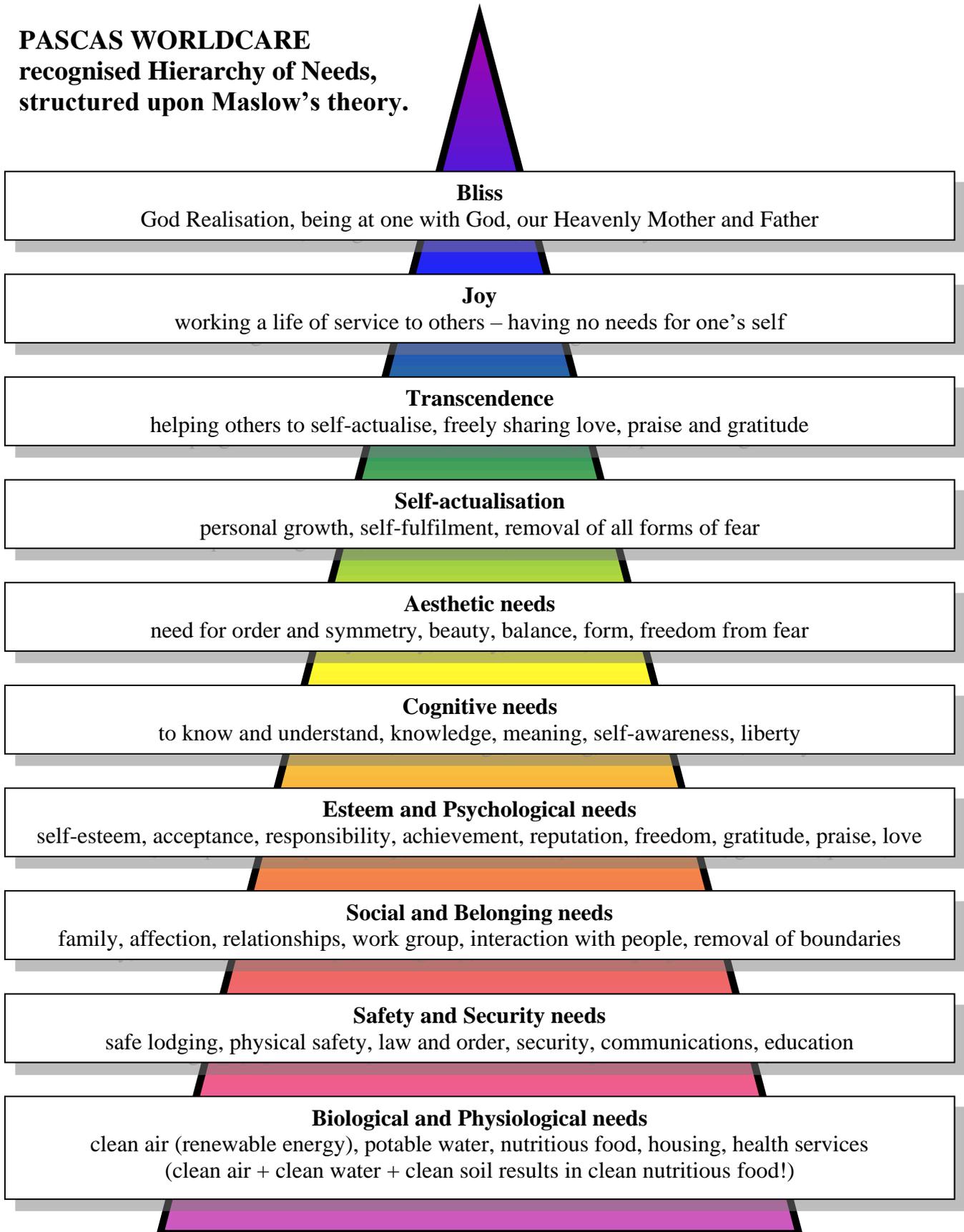
In 2023, as many as 828 million people are unsure of where their next meal is coming from. An expected 345.2 million people projected to be food insecure in 2023 – more than double the number in 2020. This constitutes a staggering rise of 200 million people compared to pre-COVID-19 pandemic levels. More than 900,000 people worldwide are fighting to survive in famine-like conditions. This is ten times more than five years ago, an alarmingly rapid increase. Conflict is still the biggest driver of hunger, with 70% of the world's hungry people living in areas afflicted by war and violence.

**One-in-four (25%) people globally – 2.0 billion – are moderately or severely food insecure.**

More than one-in-five homes experience domestic violence. Child abuse is inflicted upon 70% of all children. And 70% of girl children are sexually abused with 70% of them being their fathers and uncles.

These issues precede education and health service issues in priority, but without universally free and open education none of the overarching issues can be resolved or addressed.

**PASCAS WORLDCARE**  
**recognised Hierarchy of Needs,**  
**structured upon Maslow's theory.**



# Our Solution and Pathway Home

We are to bring our feelings back into balance with our mind.



**Feelings First with Mind to follow in support.**

**Beliefs suppress TRUTH. Result is; Health degrades, Discomfort, Pain, Illness, Disease and Viruses**

To heal yourself with truth can only be done one way, and that is by sincerely wanting to live true, to live a life in which you want with all your heart to see the truth in each and every experience, so that as you live your body is being 'built' on truth, and so will remain rock solid, and will not feel fragile and collapse under you when disease suddenly strikes you down. Truth, Truth, Truth, and more TRUTH. You have to want to eat drink and sleep truth. To beg and ask and long with all your will for the Mother and Father to help you see and know the truth, the truth of everything that you do, everything you are, everything you feel – the whole truth of yourself. And so whilst you're of it, including, the truth of your rebellious state. "Mother and Father, please help me see, know and BE the truth You want me to live."

Kindly visit [www.pascashealth.com](http://www.pascashealth.com) then Library Download page, in Pascas Care Letters click to open:

-  [Pascas Care Letters Mind into Balance with Feelings.pdf](#)
-  [Pascas Care Letters Mind causes Discomfort Soul brings Healing.pdf](#)

**ASK!** **ASK!**  
**Ask!** **A**  
**ASK!** **SK!**

**WHY!**



**Consider asking yourself this question:  
Who hurt me when I was a child?**

# Root Cause

Highly esteemed Lanonandek spirits from within our local universe of Nebadon were assigned as System Sovereigns of our local system to oversee Earth's humanity and their spiritual development. 200,000 years ago they, the Lucifers, became infatuated with their authority and turned against the regents of Nebadon, Mary and Jesus, as well as rejecting God. Through their Planetary Princes, also Lanonandek spirits, they had taken the humanities of 37 worlds within their local system into their Rebellion.

Through living through our minds, suppressing our feelings, we on Earth will continue to be at war with each other, illnesses of all descriptions will continue from our feelings suppression, famine and inequalities prevail, control of others is the core of all systems, we cannot determine truth from falsehood and life on Earth is a living hell. We have been continually seduced by mind Mansion World spirits and we live life in a stupor – nothing more than zombies doing the begging of the evil ones, the rebellious Lanonandek spirits.

Through living through our minds, suppressing our soul based feelings, we have been progressively going further and further away from our Heavenly Parents, now to the point that we cannot go any further. Through working cracks in the Universal Contract governing the Rebellion and Default, this control has been ended formally as of 31 January 2018.

# Pathway Forward

To liberate one's real self, one's will, driven by one's soul, moves one to embrace Feeling Healing, so as to clear emotional injuries and errors. With the Divine Love, then one is also Soul Healing. We are to feel our feelings, identify what they are, accept and fully acknowledge that we're feeling them, express them fully, all whilst longing for the truth they are to show us.

**God's Divine Love: Pray for it, ask for it, and receive it.**

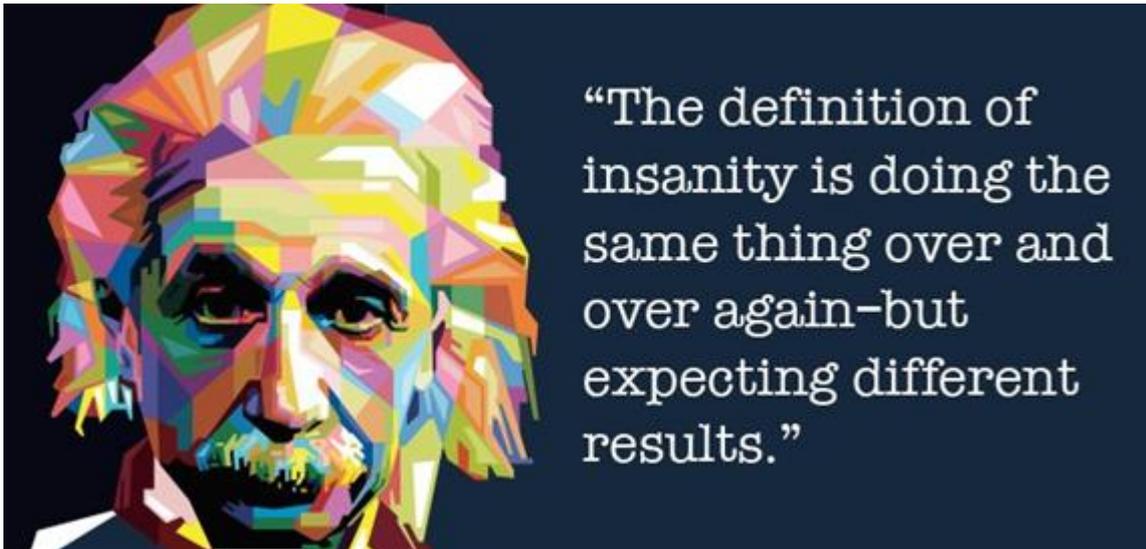
**The Golden rule is: Never interfere with another's will.**

**Golden Rule: that one must always honour another's will as one honours one's own.**

**New Feelings Way: learning how to live true to ourselves by living true to our feelings.**

**We are to express our feelings, both good and bad, at all times, and to long for the truth of them.**

**By living true to ourselves true to our feelings, we are living true to God. It's that simple.**



NO PROBLEM CAN BE SOLVED  
FROM THE SAME LEVEL OF  
CONSCIOUSNESS THAT CREATED  
IT.  
-ALBERT EINSTEIN

**Enters emotionally - is to leave emotionally!**

**WHAT ENTERS EMOTIONALLY  
IS TO BE EXPRESSED  
EMOTIONALLY WHILE LONGING  
FOR THE TRUTH TO BE KNOWN  
ABOUT WHAT IS BEING FELT!**

# Purpose of Life

## **Purpose of our life is to:**

Achieve individualisation. This is truly the moment of our sentient experience beginning. This occurs at the moment of incarnation which is when our newly forming foetus begins to pump blood, usually day 16 after conception. From that moment we are beginning to experience life.

We have a life purpose. We are each a unique personality with individual propensities to experience. Should our physical life be cut short then we will go on and have the experiences that we need in the 1<sup>st</sup> spirit Mansion World. If we miscarry or are aborted then we will become spirit born, be adopted to spirit parents and have a similar life to that should we have gone on and lived on Earth.

Presently we are each subjected to Childhood Suppression which we continue on throughout our lives suppressing our feelings and our true personality. This is providing us with unique life experiences as this does not typically occur with any other humanities throughout the universes. Our physical life on Earth is mostly very difficult, however this will provide each of us with unique capabilities to aid newly emerging humanities on worlds further out into space. Yes, we have an enormous journey to enjoy.

Our time of death is predetermined. We often do crazy things – but our life span is predetermined.

What we experience is also predetermined. A few are to be wealthy and become burdened with responsibility. Many are to be poor and enjoy the freedom without trappings of assets and obligations.

Most will have families while on Earth. No matter who we are, we will each parent at least three children before we can enter the first of the Celestial Heavens. We are to experience parenting, even though that may be when we are in the spirit Mansion Worlds.

We are to live FEELINGS FIRST! We are to express our feelings, both good and bad, to a companion. We are to long / ask for the truth of what our feelings are drawing to our attention. What enters emotionally needs to be expressed emotionally. Should we long for our Heavenly Mother and Father's Love, then we are also SOUL HEALING. Our mind is to follow supporting what our feelings are leading us to embrace – this is the opposite as to how we have been brought up to live.

*It's all about*  
**Experiences**  
 &  
**FEELINGS**

As we complete our FEELING HEALING, then and only then can we connect with our Soul Partner who is always of the opposite sex. Our soul is a duplex that manifests two personalities. And we can grow to interact with our Nature Spirits and Spirit Guides!

**BE FEELINGS  
 EXPRESSIVE!**

# Environmental Collaboration

VS

## ENVIRONMENTAL CONFRONTATION

Verna, a Nature Spirit, 26 May 2019: You believe people like your Australian Aborigines were more in touch with nature because they didn't seemingly destroy it as much as the white man invaders have done, however they weren't, not spiritually speaking. They hunted and gathered and did a minimal amount of farming, but they still didn't understand about our connection with the World, they didn't personally interact with us, they developed their own wayward spiritual beliefs and ceremonies all designed to keep them fully entrenched within the Rebellion in a more primitive way, and it was all still wrong by higher spiritual standards. So the aboriginal culture had to go, just as in the end so will the white man culture, as people of all races who do their Healing and who do work more closely with us nature spirits will end up doing. But that's still some way off and there's a lot of spiritual awareness awakening that needs to happen first.

So in one way it seems like the aborigines were closer to nature and the natural world, which they were in their more primitiveness, whereas they weren't in a spiritual sense. And this confuses a lot of people, attributing more spiritualness to them than should be, as their beliefs are no more or worse than any others that are rebellious. And so shouldn't be held in higher regard. They can of course be appreciated like all spiritual and religious beliefs for being an expression of truth-denial and the Rebellion, should one want to appreciate such wayward beliefs.

Helen, 3<sup>rd</sup> Celestial Heaven, 27 August 2017: You have **the Eastern mind controlling Buddhists doing their bit from long ago, which was a remnant surviving from the Atlantean age**, along with the other primitive and spiritual systems of belief, and now it's all coming to a head for we are arriving at the end of the next Earth age, with The Change, the next cataclysmic event not far away in Earth natural time.

Only the trouble is, there are cataclysmic events periodically that destroy nearly everyone on Earth, and so as each civilisation ended, so was a new 'race' of Chosen Ones selected to be the prime subjects of control for the next age. So it came out of the original Jewish races, or what became the Jews, this time around, and then with Jesus and Mary coming and putting a major spanner in the works by removing the Lucifers and Satans (the Evil Ones), leaving it all in the hands of the Caligastias and Daligastias (C&D). So C&D worked all the Christian stuff into it, even with Jesus returning to do away with the Anti-christ, their (Evil Ones and their controllers) Messiah, just to suck in all the Christians making them think they are on the winning side, then introducing Islam to spice it all up and have the natural foe to fight against.

Helen, 20 August 2017: **The religions of today were created as a means of stopping Jesus' truth about longing for the Divine Love and what that does to the soul, and then any truth Mary Magdalene might have said about looking to our feelings for their truth, so as to keep the Rebellion in place. The religions pre-Jesus were designed by the Higher Evil Spirits who were controlling humanity to keep that control, focusing everything on the mind being in control rather than feelings, and then post-Jesus, they added more of the same yet with the added emphasis of using all he said, so taking it, corrupting it, and adapting it to their cause. And then throw in their contrived Islam, and you've more male domination and the subjugation of feelings – of the woman.**

Helen, 3 August 2017: "Why so many people get stuck in them (a given so-called Holy Book) and can't move on, it is all being what is still required by the **Contract of the Rebellion and Default.**"

# 200,000 years of UNFETTERED DOMINATION! by wayward High Level Spirits

OUR MIND CONTROLS US!



## Feelings Way or the Mind Way

The rebellious Lanonandeks, led by the Lucifer and Satan soul partner pairs, instilled upon Earth's humanity, countless platforms of mind domination institutionalised systems. Even throughout remote regions, such as for the Australian Aboriginals, the mind Mansion World spirits imposed themselves so deeply into the psyche of the Aboriginals that they are profoundly impacted by mind platforms through their traditional practices, so much so that they may take longer than most to realise the freedom that comes from Living Feelings First and begin to heal themselves of 200,000 years of living and going in the wrong direction through mind domination.

The Rebellion mind dominance maintained the environment of conflict throughout all facets of living life on Earth. Where ever you have mind domination you have conflict and war! It is as simple as that. Truth is always truth. There is only one truth. So instead of having one spiritual platform for and throughout Earth's humanity, we have 3,400 significant religions and when you add on the small denominations that are offshoots of all the major religions, you have around 50,000 religious communities professing to embrace the 'one truth'!

While we live through our minds, conflict at all levels will unfold. Only through Living Feelings First and having our minds to follow will harmony eventuate. This is a change in how we have been living for 200,000 years that is now to be embraced by the overwhelming majority of humanity during the coming Avonal Age of 1,000 years. To aid this transition, the quickening of the Law of Compensation is to unfold for humanity on Earth. It will be earthed in the same way as it is applied throughout the spirit Mansion Worlds.

Important recommended reading is:

by James Moncrief

### **The Rejected Ones – the Feminine Aspect of God**

<http://divinelovesp.weebly.com/my-free-books-and-free-padgett-messages.html> ALSO at  
<https://www.pascashealth.com/index.php/library.html?file=files/opensauce/Downloads/MEDICAL%20-%20SPIRITUAL%20REFERENCES/Rejected%20Ones%20via%20James%20Moncrief.pdf>

# AWAKENING OF Humanity

## LUCIFER REBELLION REIGN

200,000 years ago

Jesus & Mary

NOW!



### TOTAL DOMINATION Universal Contract

FOR 200,000 years ALL SCRIPTURES are the WORK of the REBELLIOUS LANONANDEKS:

The rebellious Lanonandeks from within our local universe are these soulmate pairs:

#### THE EVIL ONES



Lucifer pair

Arrested and imprisoned 26 CE



Satan pair



Caligastia pair

Arrested and imprisoned 1993 CE



Daligastia pair



The awakening of humanity means we are now free to step away from enslavement and extreme suppression. We have a choice to stop living in the hell that has been imposed upon us. We are now free of the restraints of the Rebellion and Default which has enslaved us for the past 200,000 years. We are so used to it that we consider that we are having a wonderful life – whereas it is the hell of living against our true selves that we are experiencing.

We have never known any other way of living. The adjustments to what we call normal will be all embracing, rapid and without any compass as to what to expect. No other humanity has gone through such a massive spiritual and physical upheaval. We just do not know what to expect. Can you avoid this? You may be able to ignore it somewhat but that is only going to put off the inevitable. This Change Over is underway and we are all to experience it. It is a massive event for all of humanity.

What has triggered this event is that several people have been working their way through healing all that they have taken on of the wrongness of the Rebellion and Default. These people have moved through milestones which have resulted in the imprisonment of those who brought about the Rebellion. As they progressed with the



Healing of their childhood repression and ongoing suppression they have enabled the closing down of interference by malevolent spirits as from 22 March 2017 and then the commencement of quickening of the Law of Compensation to start to unfold as from 22 May 2017.

## Law of Compensation

Of greatest significance was that on 31 January 2018 officially marked the end of the Rebellion. Now it is game on for the Great U-Turn for humanity.

## Feelings First Spirituality The New Way

For 200,000 years we have been guided to live through our minds. Our minds cannot discern truth from falsehood and further, our minds are addicted to control. Some people, as well as groups of people, call them tribes, are obsessed beyond recovery with the need to control. One family group has recognisable control of US\$500 Trillion!!! They have a figure head and this man is literally the ruler of humanity and no one knows him. That is ‘hidden control’.

We talk about control in the form of slavery. Modern day slavery numbers exceed anything that has been recorded throughout all of history.

However we are all slaves. All funds that have been borrowed by governments, financial institutions, corporations of all ilk, housing loans and household debt, and the new phenomenon of student loans, all lead back to one family – with a British baron as the ‘lender’.



We are all born into hell on Earth. No matter how ‘wonderful’ we may think our childhood is, we have been screwed over by our parents. They did not know – they have just done what their own parents did to them and what was done to them by their grandparents and so on up through the generations.

We are meant to fully and freely express our personality bestowed upon us by our Heavenly Mother and Father. Our parents impose upon us their dictates necessary to form us into the personality that they believe is best for us. Our true personality is suppressed and remodelled commencing from the moment of conception. The great

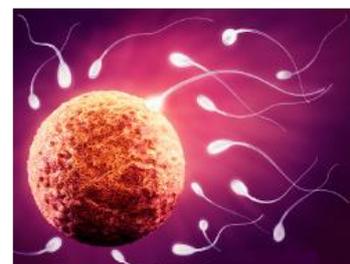


moment of conception should be a moment of wonder and joy – and that will start to occur in future generations now that we know how to live through our feelings and not our minds.

Until we heal ourselves of the imposts of the Rebellion and Default we will not be able to bring our children up free from error. We will continue to subject our children to our inherited errors and they will continue to be stifled and part of the Rebellion.



**ALL MARRIAGES ARE**  
**Mismatched**



Until we heal ourselves through longing for the truth of our feelings, both good and bad, and expressing what we come to understand to someone that we have a personal relationship then we will remain living like a zombie – continuing to be in a stupor and screwing our life and



everyone and everything around us. We will not be able to recognise who our true partner in life is and we will continue to have mismatched marriages that will ultimately fail – no exceptions – until we heal ourselves!

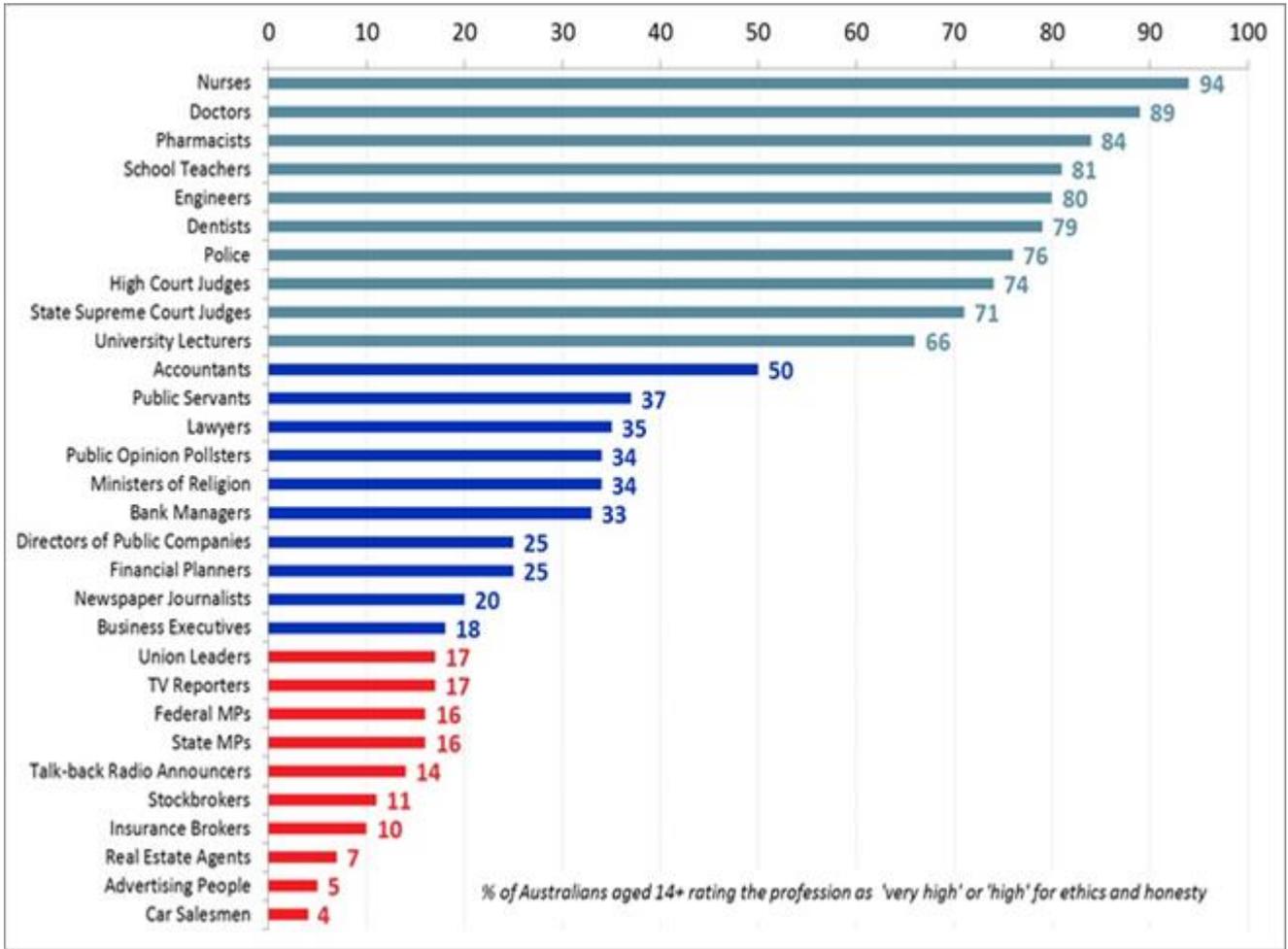


Due to our addiction to control, all sectors of industry, commerce, institutions and governments are corrupted. That is demonstrated by the varying percentages of trust or lack of trust recorded through surveys. Yes, there are aspects of truth and honesty within all of these endeavours. However, this is where the Law of Compensation will start to be apparent. In short, previously the Law of Compensation came to be imposed upon us when we passed into the spirit worlds, the first Mansion World. With introduction of Feeling Healing and some progressing through their personal healing, this has brought about the Earthing of the Law of Compensation. Those who are involved in imposing their controlling ways and manipulating people for their personal gains beyond appropriate and acceptable levels will find that the Law of Compensation will be imposed upon them the instant they contemplate such error or errors. Such people will be instantly debilitated so that they cannot carry on with their ‘trade’.

There will be no exceptions. We may consider some avenues to be free of such gross activity, however we are of the Rebellion, we cannot ascertain what is in Truth and what is not. We just have the condition to contemplate and comprehend what is unloving control – this will come to us as we heal.

We may consider the education system is fine. The education system is an extension of the parents’ control of the child. The education system is the puppet of the Evil Controllers who have manipulated humanity for 200,000 years. You can proceed to look at the legal systems designed to protect people, governments to serve the people, health industry to save the people, food industry to feed the people, the defence forces to protect the people, and at the bottom of the list are the religious institutions who have

all been founded on the dictates of the Evil Ones through the manipulations of malevolent spirits. All will collapse progressively and will be rebuilt. You can see it unfolding around you now.



As people heal themselves through the process of Feeling Healing, their dynamism will unfold, their true potential will be self evident. They will emerge to become the leaders for all aspects of society. We have never seen such people on Earth except for the Paradise Daughter and Son in the first century.

## Feelings First Spirituality, New Feelings Way Uncover the Truth of yourself through your Feelings

And when the first pair have healed themselves, then their children will be free of the Rebellion and Default and will become the first to be born into a Celestial Soul Condition physically here on Earth through these parents. As each generation progresses with healing then their children benefit accordingly. Healed soulmate (soul partners) parents in true harmony with each other will have children fully reflecting their Heavenly bestowed personalities.

## *Soul–Healing: What is it?*

Our soul-healing is the expressing of every part of us we have denied. What this means is that as we've grown through our early development, starting at conception, if any part of us has been stopped from freely and truly expressing itself then it exists within us in a denial or negative state. And essentially that part of us is still waiting to be expressed. And our healing is the liberating of all these parts.

Our soul has a very specific life programmed within it. As I've said it's called (well anyway, it's what I call it) our Soul Light Print of Destiny. It has been created by the Mother and Father to bring itself – to express itself, you, into being, in Creation. The Mother and Father have given us all a unique personality. Our personality is the part of us that separates us from one another in Creation. And our soul is trying to express its personality in Creation. With every experience you have, no matter how small it is, in each moment, your soul is literally expressing more of you, the whole personality you are – all your parts – in Creation. With each heart beat, each breath, more of you is being expressed, more of you is living, more of you experiencing, and so more of you is in effect here, existing in Creation. And so there's continually more of you, you can get to know.

We can't fathom the depths of our soul. But one of the goals of our existence is that the Mother and Father want us to fully express all of our soul in Creation. This will take the whole of eternity to do, but what a great adventure it will be. Look how it is already starting off for you, living fully entrenched in an evil state of mind!

When we start our incarnation, the first objective of our soul is to get us up and running, expressing all the vital parts (attributes) of us (our personality) that will allow us to maximise learning and growing in truth from our experiences. As we experience and grow in the truth of that experience (as we're experiencing it), the experience generates a *light*, which goes back into our soul telling it that we are ready for the next part of our life – our next experience – and so it brings about our next moment. This feedback loop is continually bringing us into being. Our whole life is orchestrated by our soul, from within – even what seems to happen to us out of the blue and from outside of us is all occurring in answer to our soul's inherent patterns.

It is crucial in our formative years that we receive all the love, care and acceptance our soul – us – needs, so we can be welcomed into life allowing all of our emerging personality attributes to be freely expressed. If something makes us feel bad we need to be allowed to express that pain. We need to be allowed to cry and speak out about it as we grow – as our mind forms. We need to be able to say everything we feel we want to say. We want to grow into adults being freely able to express all our good and bad feelings. Because then we are whole and real people and will know how to live our lives in accordance with the needs of our soul and not being controlled by our minds. We will feel what we want to do, what our life is about, and do it believing and knowing that we can do anything we feel – anything that makes us feel good.

Life must be how you want it, and only you, not how someone else wants it. However, this is not how we've been parented. We've been made to suit what our parent's want thereby denying large parts of our own self-expression. To stop being how you want to be, and instead to make yourself be how your parents want you to be in any given situation, is major denial and has had serious traumatic effects on you.

We have been made to grow into adults with many aspects of our personality being denied. We have not been allowed to live our life the way our soul wants to. We've been forced to go against ourselves in many experiences. We've been forced to deny ourselves (many of our feelings), thereby also denying the truth of these experiences resulting in us not growing true to our feelings and instead becoming more reliant on our minds to tell us what to do.

When you feel: out of touch with your feelings, looking for answers, unfulfilled, unhappy; not happy about your life or yourself in any way, you are sensing and feeling these denied aspects of yourself. Your soul is crying out to you that things are not right and you need to do something about it. And that something is to choose to live and honour it and end the negative control your mind now has over you, thereby giving you back to yourself.

Why your soul simply doesn't step in and fix you is because once it begins to incarnate you, your personality in Creation is then beholden to exist within the Laws of Creation – these being the **Laws of Will**. What this means is once your will starts

to manifest, right from the first moment, your soul has to do what it (your will) wants. So if your will is negatively influenced, if you are made to turn your will against yourself, then that is what your soul has to honour. (Of

## Law of Will

course your soul has all of this, your induction into your negative state, within its plan, but effectively on the will level this is what it's like.) And this is what has happened to us all. Our parents have negatively influenced our wills and we have grown up mistakenly believing (and unconscious of these beliefs) that we have to live this way using our wills to keep our negative mind state in control of us. And so to reverse this situation (and become conscious of what's really going on), and to bring our wills back into positivity, helping us grow and express ourselves in Creation, we need to do our healing. We need to identify all the dysfunctional parts of our will. We need to see how these aspects of us are denying ourselves; how we are living against and untrue to ourselves, and we need to see how this all happened in the first place; what happened to us: to our wills, to screw us up. This is seeing the whole truth of yourself, the truth of all your self-denial, the truth of your repressed childhood. And as we see the truth then we can bring these denied aspects of ourselves out into the open, and in doing so can decide if we still want to live with them going against us or not. And in our moment of deciding that we don't want to deny and hurt ourselves, knowing and seeing the whole of truth of why we are, we are healed. We are literally making our will come back and be loving of us and on our side; working with us, rather than against us.

Our **will-healing** is inclusive of our soul-healing. We are setting out to rectify everything within us that is wrong: everything that exists out of harmony and is in rebellion against God's Universal Laws of Love.

And to do this we begin by acknowledging our bad feelings. When you feel bad your bad feeling is the signal that something within is wrong and needs attention. By honouring

## Law of Love

these bad feelings, accepting rather than ignoring them or pretending they are not there because we don't want them and don't want to feel bad, we are using them to lead us into the truth of where they are coming from and why. By expressing our bad feelings and longing to see the truth of them, they can lead us back into our early childhood, so we can see what happened between our parents and us that caused our self-denial. And gradually as we focus on and express all our bad feelings, we will see the whole truth of what's caused them and how we're using our will to keep the denial going. And we'll eventually see the whole truth of ourselves, all we've been made to deny during our childhood, and how we've been made to suppress our feeling-denial keeping it all repressed within us.

So, our soul-healing is the healing of our childhood repression by seeing the truth of it through the honouring and expressing of all our bad feelings. And this is why our bad feelings are so important. It's why I've been focusing on them during this course: to get you used to the idea that they are vital and need to be accepted and not dismissed. Any bad feeling you: reject, push away, dismiss, don't want to know about, is your mind's learnt pattern of self-denial. To deny any bad feeling is to keep yourself trapped within your negative mind state. So when you say, 'it doesn't matter', or 'I'll get over it', or 'don't speak to me about those bad things', or 'I only want to feel good and be positive', and so on, you are keeping yourself locked up within your denial mind and associated negative behavioural patterns. And as you will

discover, if you want to do your soul-healing, there will be many things you are doing to yourself (most of them unconsciously) that are keeping your whole negative mind state in control of you. To break down these controlling mental belief patterns and their associated negative behaviour is very difficult and requires a lot of will and longing-for-the-truth to do it, but it can be done. You created your negative patterns and set them in motion to begin with, so you can undo, break apart, and heal them.

EVERYTHING that is wrong with you in anyway is because of what you've been made to suffer and repress since your early childhood – EVERYTHING! And it all needs to be healed one day, either on Earth or in spirit. One day your soul will begin to pressurise you into addressing these inner problems. This usually is shown by things not happening in your life how you want them to be. This is your soul trying to send you messages telling you that you are going the wrong way. It is trying to make you feel bad, so you will eventually have to face your bad feelings. So you will have to stop what you are doing and pay attention to your feelings. If you keep running away from feeling bad then you will only make things harder for yourself, and you'll feel worse. I'm sure you've experienced: feeling bad about something, being all knotted up about it, then speaking up and expressing all your bad feelings, to suddenly feel good, relieved and lighter, even declaring: 'What was so bad about it anyway' – this is an example of expressing your bad feelings. And can you see how much better it makes you feel?

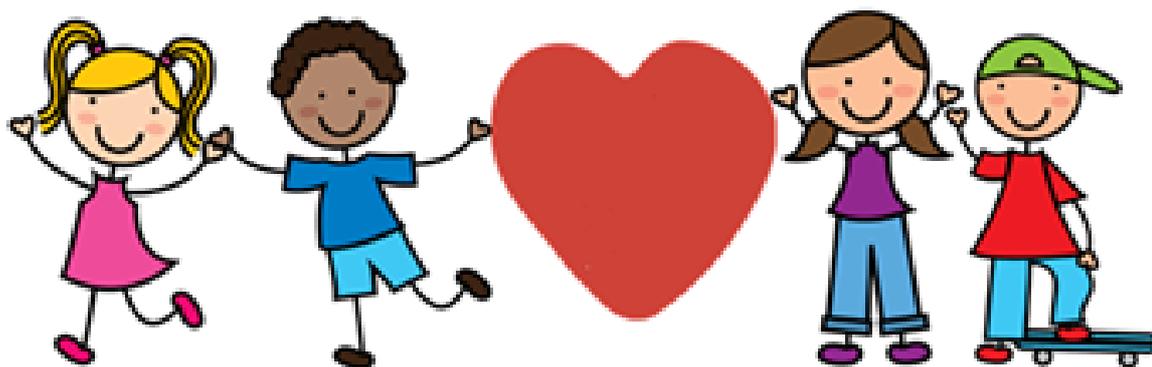
Introduction Course to Divine Love Spirituality by James Moncrief

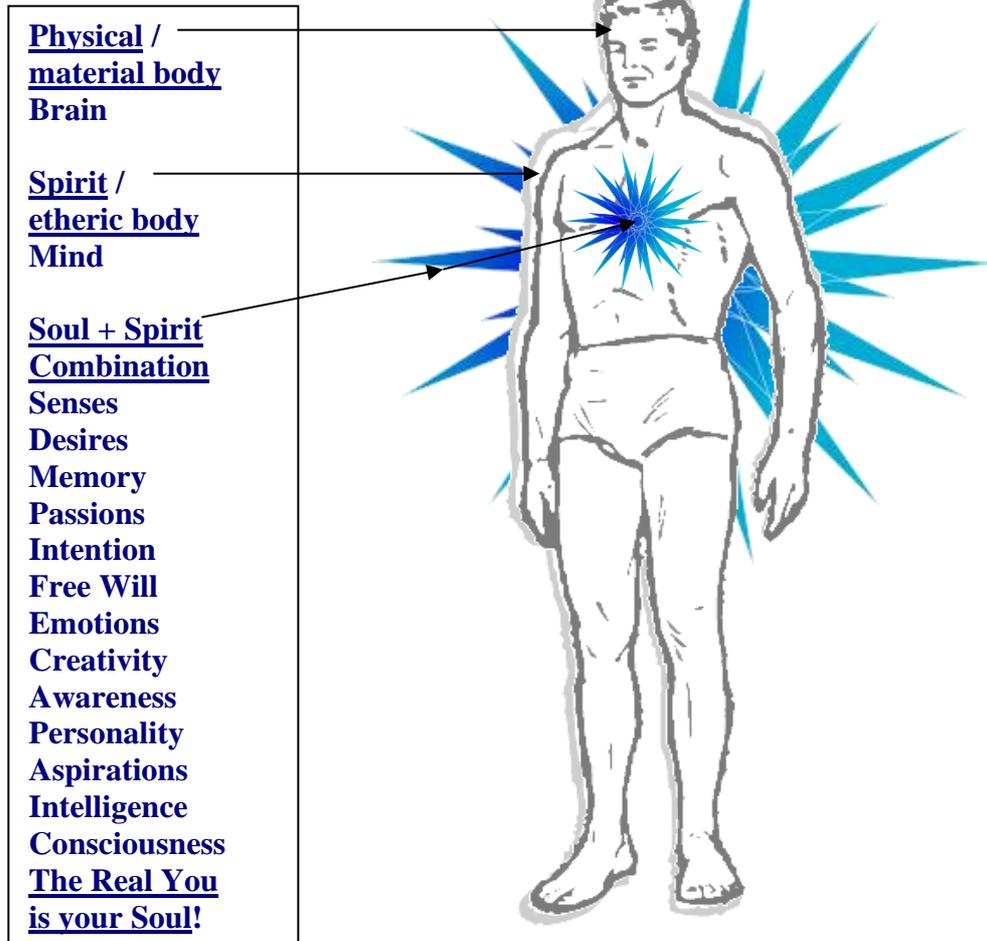
Kindly visit [www.pascashealth.com](http://www.pascashealth.com), then Library Download, scroll down to Medical – Spiritual References and click on to open:

 [Soul Light book 1 via James Moncrief.pdf](#)

 [Soul Light book 2 via James Moncrief.pdf](#)

# WE ARE GOD'S CHILDREN



ASPECTS of LIFE:

The spirit body is composed of a different kind of matter, "finer" or more "ethereal". The fact that its aspect reflects the condition of soul is a clear indication that the soul influences largely its formation, and even more, the soul is indeed the creator of this body, which covers it and provides it with the characteristic of individuality. The formation of the spirit body begins at the moment of incarnation of the soul in the foetus, incarnation which only takes place should there exist a high probability that the spirit of life has found in the new organism a stable biological structure, allowing it to carry out its life-giving function.

P529 Judas of Kerioth 8<sup>th</sup> May 2002

**At the moment of conception, we achieve individualisation and become self aware and we are then able to exercise our free will. Incarnation is when the embryo first pumps blood – day 16. At the moment of conception, our soul, being our real self, is creating the newly forming embryo and everything else every step of the way as Judas says above. And our soul utilises our physical parents' life forces to achieve incarnation.**

**At the moment of conception, there is nothing of the Divine within us. Only as we proceed with our Feeling Healing and to ask for and receive Divine Love does our soul slowly and progressively change into the nature of that which is Divine. As we embrace Feeling Healing and our soul receives Divine Love, our soul will grow, and grow, and grow in brilliance and into that which is Divine – this is reflected through our spirit body.**

# Love

## LOVE in REBELLION

James Moncrief 20 December 2022

We live in a spiritual Rebellion. Which means: we live against the Truth. And so being anti the truth of ourselves and anti the truth of our soul, where does love fit in?

We say we love each other; we say we feel a deep love for our children, parents, families – our partner, and yet are we perfectly happy, having perfectly loving relationships within these situations?

So many people say they love each other, they love their family more than anything else in the world, their family is everything, and yet they can hardly bear each other if pressure between them is applied, and then it's all hate – so where did all that love go?

Are we trained to believe we feel love, when really that love is not true love, it's something contrived by our minds? And how do we know if what we feel is love, is true love, when perhaps our mind and its beliefs are having a big say in our so-called love.

So in an anti-truth and so anti-love Spiritual Rebellion, how can we honestly say our love is true love.

So is there what might be called Mind-Love, as opposed to Truth-Love. Can we love based on living without Truth, or is that just mind-love, it being used in place of love based or founded on Truth?

We are meant to be of perfect Natural love, however being of the Rebellion and Default we're of imperfect Natural love. So the 'love' we feel for each other is imperfect Natural love. So again: if it's imperfect love, what really is it – what 'sort' of love is it?

Or, is it that love is love no matter what; and then you live denying truth, being of virtually no truth; or doing our Spiritual Healing to end being rebellious, and so being of a higher truth. Can we truly love when we are not true? And if we are not true, then what is the love we feel?

Doing our Spiritual Healing allows us to become true to how untrue and unloving we are. We stop using our mind to pretend we're loving, when we are not loving. We accept how unloved we feel, and how unloving we are. We end all the pretence, the falseness, and we live honouring truly our relationships, so if there is no real love, then that is how it is for us, instead of trying to believe otherwise.

It's very hard accepting the truth of how unloving you might actually be, however what do you want to do – keep living a lie of false love?

And then we can long to God for God's Divine Love ...



**Love through Possession. Or, possessive love.**

We're untrue to ourselves, we're false, we're denying ourselves true love, because we're not true.

Our love is conditional love, not unconditional love.

Conditional love comes because we feel powerless, we don't feel we're in control; our mind can believe we're in control as we fight to get what we want, but deeper within us, none of us feel truly in control, because we're all living rebelliously against ourselves.

We grow up in a family that is built upon satisfying the possessive power needs of everyone involved. As children we are made to give our parents the power and control they feel deprived of by their parents. We grow up into adults having learnt our place of power and control in our family, asserting our power and control over our children. The cycle repeating itself.

Feeling so powerless because we're not truly loved, because our parents are untrue, means we find ways to gain the power we've lost; and when we do, we feel good and call that love. When we feel good and powerful in our unloving and powerless rebelliousness, we feel love. And we have to fight to hang onto that love. So it is love by condition. We possess whatever it is, making it 'ours' and so believing we have gained power and control, therefore we love it. It's MY baby, I own it, it's my possession, I will make it be as I want it to be.

I love my mother and father because they allow me some power and control in the family – I hate them if they don't. I love my brother and sister because I have my power and control in my relationships with them, and if they don't, I hate them. I am a drug addict because I have that power and control the drugs give me, all because I feel so powerless and unloved. I believe I am then loved, but it's all false love, and very sad, because the truth is: I am a drug addict because I don't feel loved, my parents and family didn't love me as I really needed to be loved, despite all the false love they said they loved me with. And it is false love, because if I felt truly loved, I'd not need to be 'loved' by the drugs (and that drug could be just chocolate!).

I love by possessing what or whomever it is, because I need to have my level of control over them. I "love them so much" because I have so much false power and false control. But it's all a delusion. The tragedy happens and I'm stripped of that power and control, and then the truth of how really powerless and unloved I feel comes up. If I really felt truly loved and with my own natural and true power, I'd be able to deal with such a tragedy; and it wouldn't happen anyway. The really bad things, any bad thing, only happens to us to help us see the deeper underlying truth of how false and pretentious we are, how we're living a delusional fantasy of feeling loved and being loving.

To be ruthlessly honest with yourself is to allow yourself to feel how unloved and so powerless and out of control you really are. To want to give up all false love, all possessive love.



# ***We are to Find the Truth of our Childhood.***

James Moncrief – Sunday 8 September 2019

## **We are to Find the Truth of our Childhood.**

That's it; and find it through our feelings by directly connecting, feeling, experiencing, and most importantly, knowing they are true by being them. We ARE our childhood, the truth is already there, it is already within us, we are already living it, we don't have to look anywhere else for it other than within ourselves. All of why you are what you do, say and live, everything about how you are and how you conduct yourself in life, is all what your childhood was. You grew into being the adult you are because of the childhood you had, we can't be a different adult that's not a direct and complete product and result of our childhood. And if you take away the time element, we are still our childhood, our life is still manifesting how it was for us as a child. We can believe and pretend all we want that we are different to how we were as a child, that having become adult we can leave our childhood behind and move on becoming the adult we want to be. No, we think we can do that, yet we can't. We can't do anything that's not already done, we are still effectively living our childhood and being as we were in it, and that's within all the different times and phases of it, all which adds up to being one big, often contradictory, mess of ideas, beliefs and opinions about ourselves.

And we can't be anything else other than what we are, which is how it was for us through our childhood, yet we fail to see it because we're not fully connected with those parts of ourselves and all the corresponding feelings that will help us see it. So we are to find the truth of ourselves – hence: the truth of our childhood. Because in knowing the whole truth of our childhood and being it, being aware that we are it, connects us as adults fully with ourselves back then. You know how it was for you, because you feel it, your feelings tell you, show you, and there's no avoiding or denying them, because they are expressing (by making you feel) the truth of how it was for you, how it has always been since conception, and how it will remain until the Mother and Father transform you out of your untrue state – out of your unloving childhood.

So our Healing is about finding the truth of ourselves from the beginning, which equates to the truth of our whole childhood, because it's our childhood that made us be as we are. And because we were so heavily interfered with and prevented from being our natural true selves, so we have to 'Heal' all the damage that was done to us. Healing ourselves by seeing the truth of ourselves. So by acknowledging all our feelings, and by wanting to find and uncover the whole truth of our childhood, we work progressively deeper into ourselves, bringing to light all that happened to us to make us be as we are. And part of that is to help us see how much of our childhood and forming was true and loving, and how much was untrue and unloving.

And presumably, once we've brought to light within us the whole truth of our childhood, then the good, true parts, those founded on true love, will remain; and the bad, that which was founded on untruth, will be transformed out of us by God through our soul.

As a forming and developing child, we don't have enough of ourselves to find and so experience the whole truth of what's going on. But as adults we do. And if we grew up in a fully true and loving situation and environment with only loving and true relationships, then as an adult that's how we'd be feeling completely loved and true, happily wanting to bring to light all the positive influences that affected us through our childhood, all of which would be a very enjoyable and loving experience. Whereas because we grew up in rebellion against Truth and Love being forced to be mostly untrue and unloving, and even possibly completely untrue and unloving, then it's not enjoyable going back bringing to light and expressing all our hurt and pain.

We start out not knowing anything about how it is for us through our childhood; or at best, a minimal amount as some people and families are more feeling expressive and self-aware. And through our Healing we have to get to know it all, because we are it, so we're getting to know ourselves – which for many people will equate to getting to know their shit-start in life. And once we've brought to light the truth of our childhood, then we can leave it, moving on bringing the truth to light of being a true adult. Which is what The Urantia Book means by saying we become true universal spiritual citizens once we are living a Celestial level of truth. So the Mansion Worlds are really provided for us to uncover the truth of our childhood, to see how it was for us, and consequently, how we lived as a child. And they are really only for that, and not so much for us to set about righting all that we find out is wrong within us. We are to only see and so uncover the truth of ourselves. As far as fixing ourselves, or changing or transforming ourselves, that is up to God.

The Mansion Worlds are called probationary worlds, ones in which we can settle the Law of Compensation within our untrue states and continue living against ourselves and the Truth, furthering our truth and self-denial; and ones in which we can do our 'Healing' to see the whole truth of our untrue state. Which we can now do either in the Mansion Worlds themselves, or on Earth.

So there is no avoiding the truth of your childhood if you want to ascend beyond the Mansion Worlds. And the fact that none of the spiritual or religious systems on Earth are wholly devoted to helping people bring to light the truth of their childhood through their feelings, shows what a terrible state we're all in. Imagine if the whole world was focused on helping everyone bring to light the hidden truth of themselves, and so the truth of their childhood. It certainly would be a different way to live and so a different world we'd live in.

We can't actually fix anything from our childhood. We can't, only God can. And God will when we've brought to light all the truth of it that God wants us to see. We can undergo therapy (and some truth might come to light), go to the doctor, do whatever we do trying to feel better, all trying to get rid of our bad childhood, all trying to fit in with the beliefs we have from our childhood of how we should be in the world, yet it's only at best scratching the surface. God, through our soul, won't allow us to change anything from our childhood anyway, at least not until we've seen and brought to light and fully connected through our feelings with all the truth of it. There'd be no point God subjecting us to such horror if we could make it all go away before we found the truth of what it was all about and why God made our childhood as it was.

So we can do a little, or so we think, adjusting ourselves this way and that, however even those adjustments we come to see through our Healing are 'allowed' because we're still just doing them within our prevailing childhood patterns. And there are what seems like endless levels within us of which we're composed, which you would expect because of the enormity of being God's children, and so there's quite a scope for us to move or play around in entertaining ourselves by believing we've changed the foundations and results of our childhood. So as we can't actually change ourselves, all we can do is want to uncover the truth of our childhood and live that truth. All of which involves vast amounts of self-acceptance, which gradually comes with the truth, growing in the acceptance that this is how you are, how God wants you to be having this experience, given the childhood you had, and there's nothing you can do about it. Other than keep on expressing every feeling that comes up, as you long for the truth of your childhood, wanting to live true to yourself.

# How is it for you if you are Truly Honest with Yourself?



♥ You truly love your children, devoting yourself to them, wanting nothing more than for them to grow up and be as they want to be?

♥ You believe you truly love your children, believing you are devoted to them, wanting them to be as you want them to be?



~~~~~  
♥ You love your child more than you love your pet?

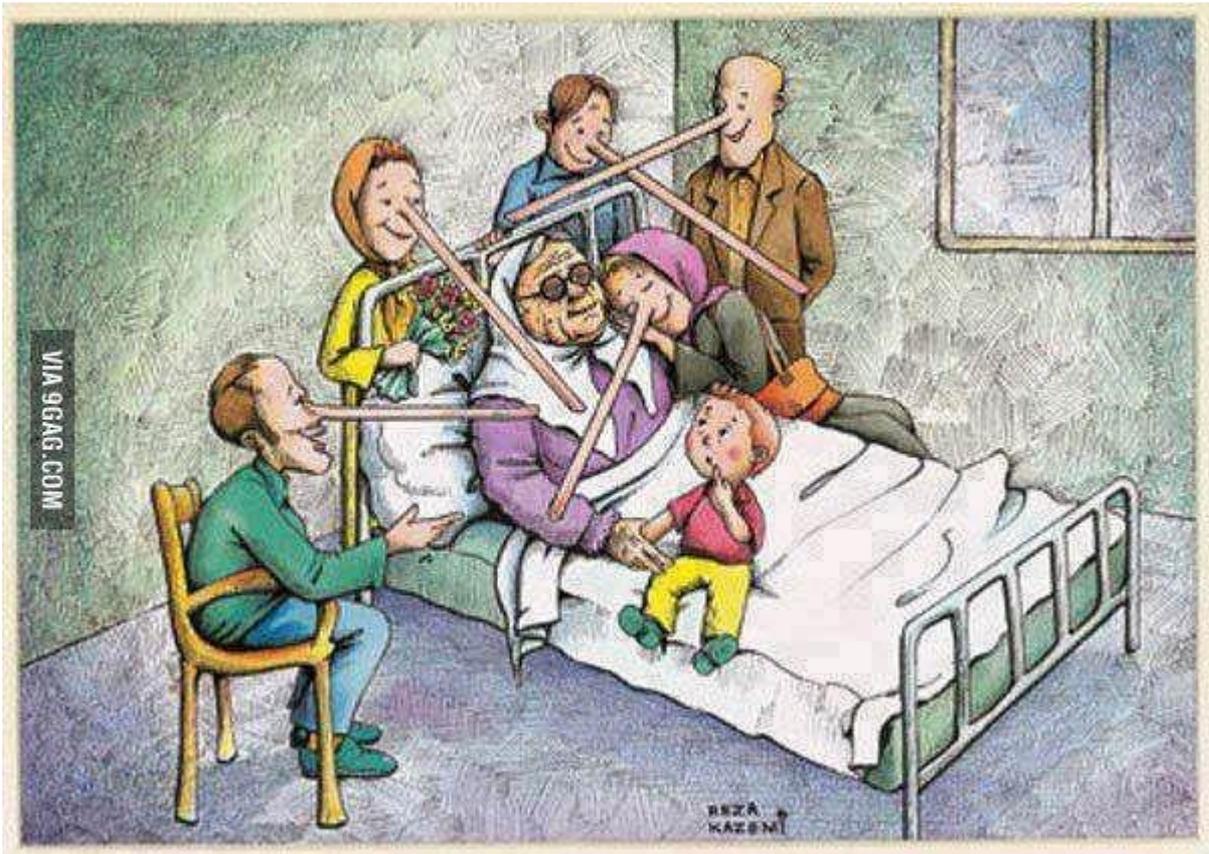
♥ You love your pet as much as your child, treating it as if it is another child?



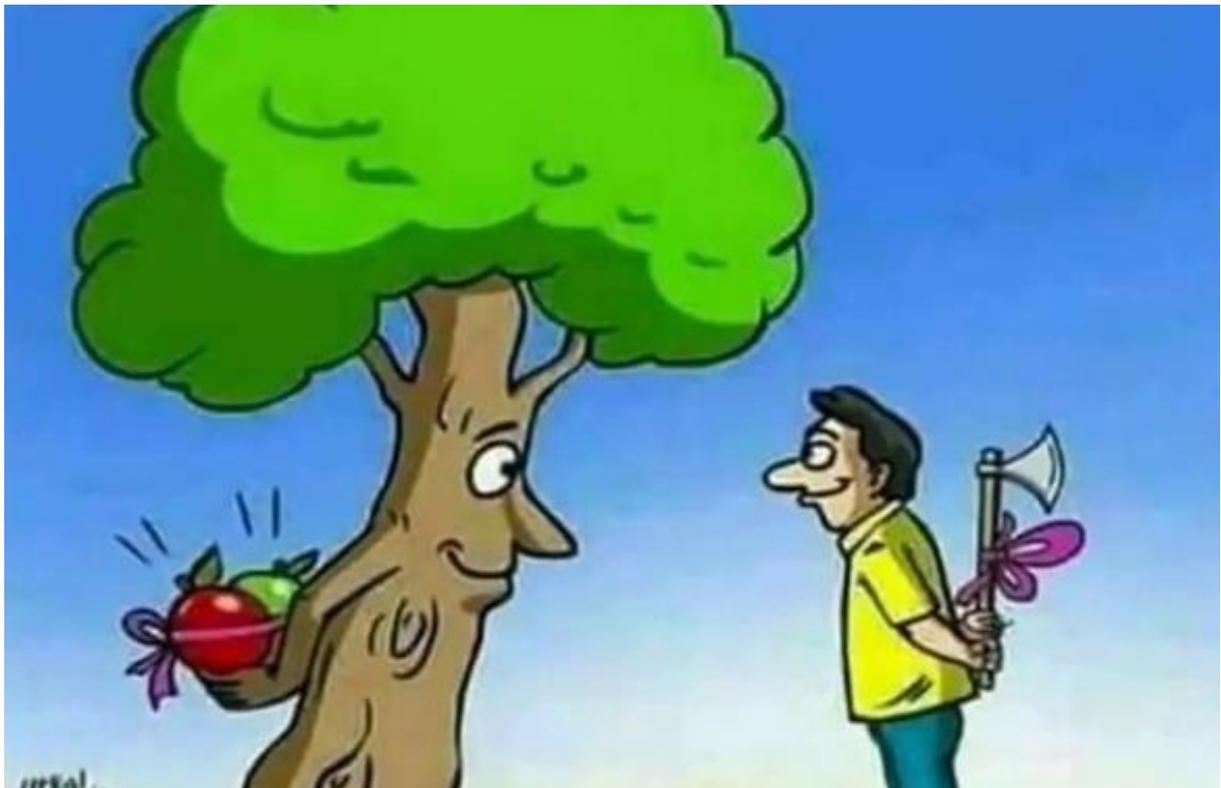
♥ You love your pet more than your child?

By living true to ourselves, true to our feelings, we are living true to God. It's that simple.

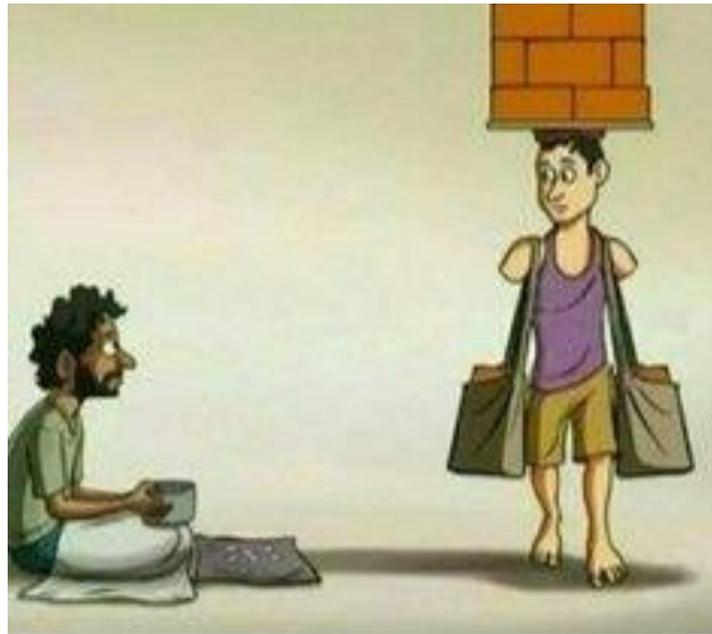
Fake love and care ...



Two different gifts ...



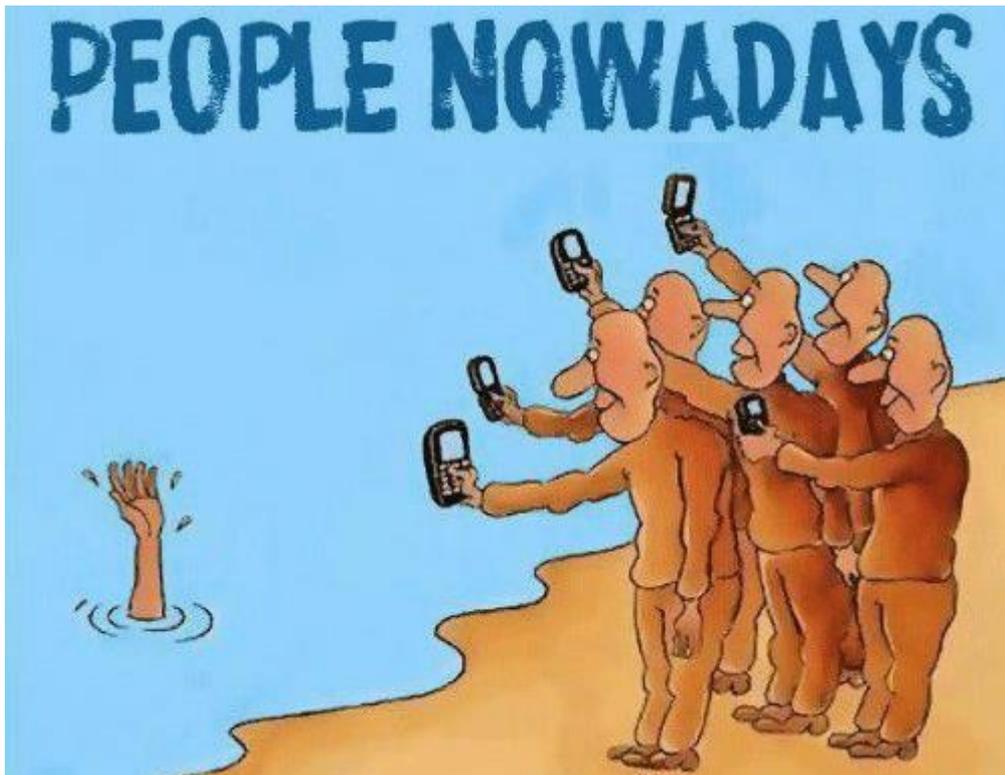
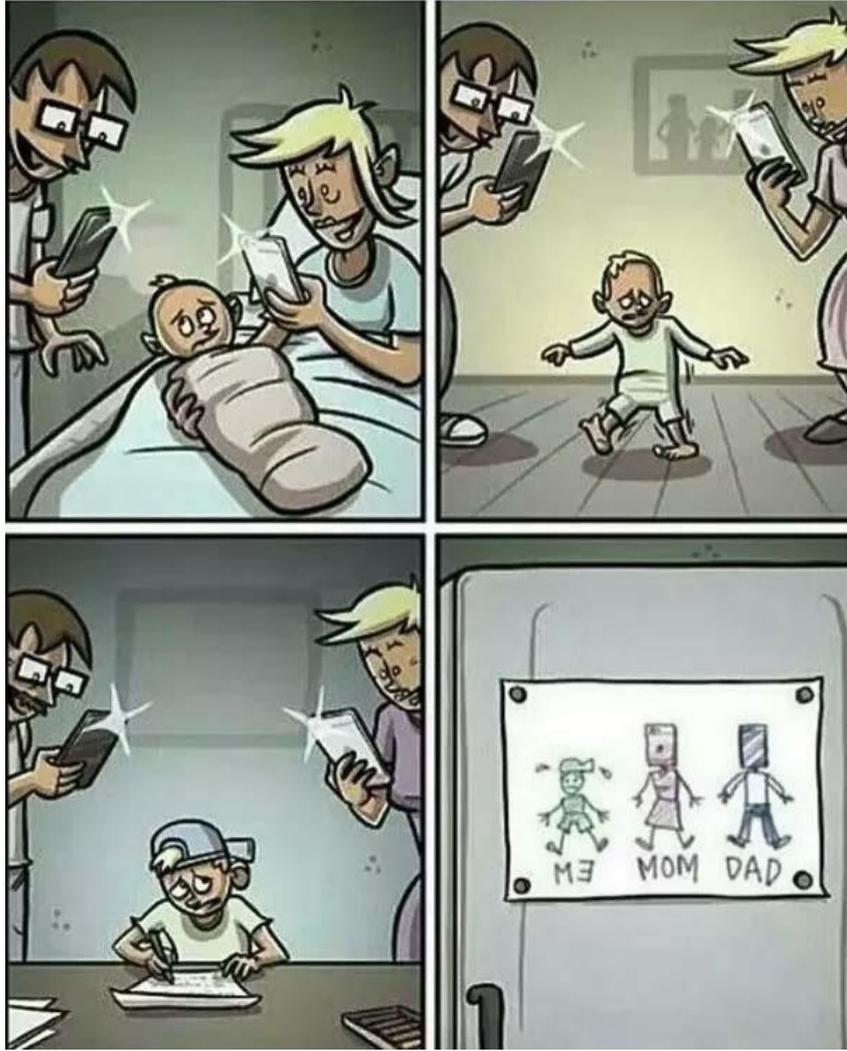
Hard work ...



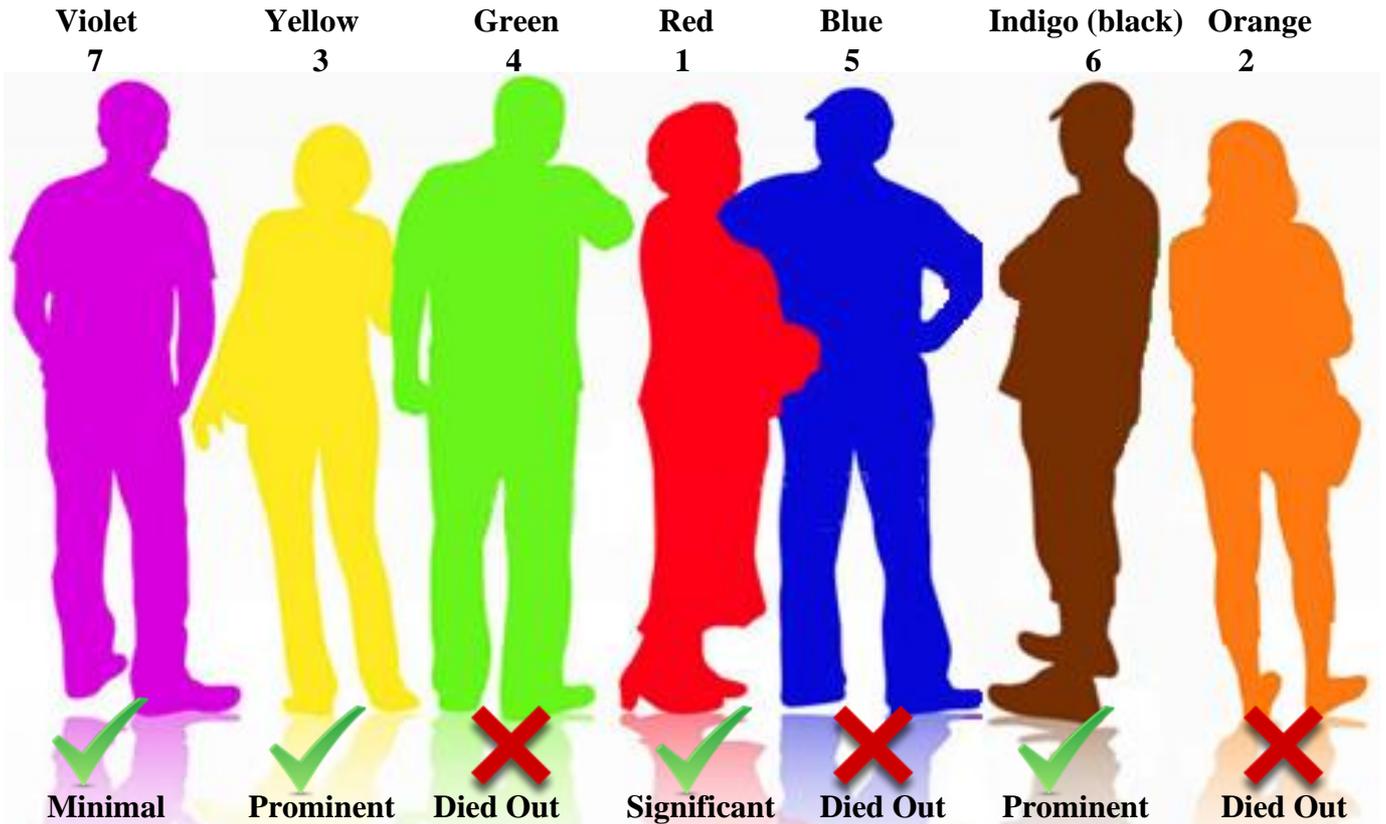
Mother Nature ...



People nowadays ...



**HUMANITY PHYSICAL COLOURINGS and order of emergence:**



Colours that have died out or perished are blue, orange and green. (TUB) “It is a misfortune on Urantia (Earth) that you so largely lost your superior blue men, except as they persist in your amalgamated “white race.” The loss of your orange and green stocks is not of such serious concern.” Examples of forgotten Earth History: More than 38,000 years ago, the Adamic pair, being Adam and Eve, were to bring about a community of one million, creating the violet coloured race before any marriages would take place with the other remaining coloured races being outside of their community, Garden of Eden. Both Eve and Adam defaulted by taking partners outside of themselves. Thus the planned up-lifting potential for all of humanity had been significantly compromised and diminished.

**HUMANITY PHYSICAL COLOURINGS emergence:**



**HUMANITY PHYSICAL COLOURINGS and order of emergence:**

500,000 years ago Sangik parents of the Badonan tribes of the north-eastern highlands of India gave birth to all six colours – 19 children to one family!

|               |              |            |             |                       |               |
|---------------|--------------|------------|-------------|-----------------------|---------------|
| <b>Yellow</b> | <b>Green</b> | <b>Red</b> | <b>Blue</b> | <b>Indigo (black)</b> | <b>Orange</b> |
| 3             | 4            | 1          | 5           | 6                     | 2             |

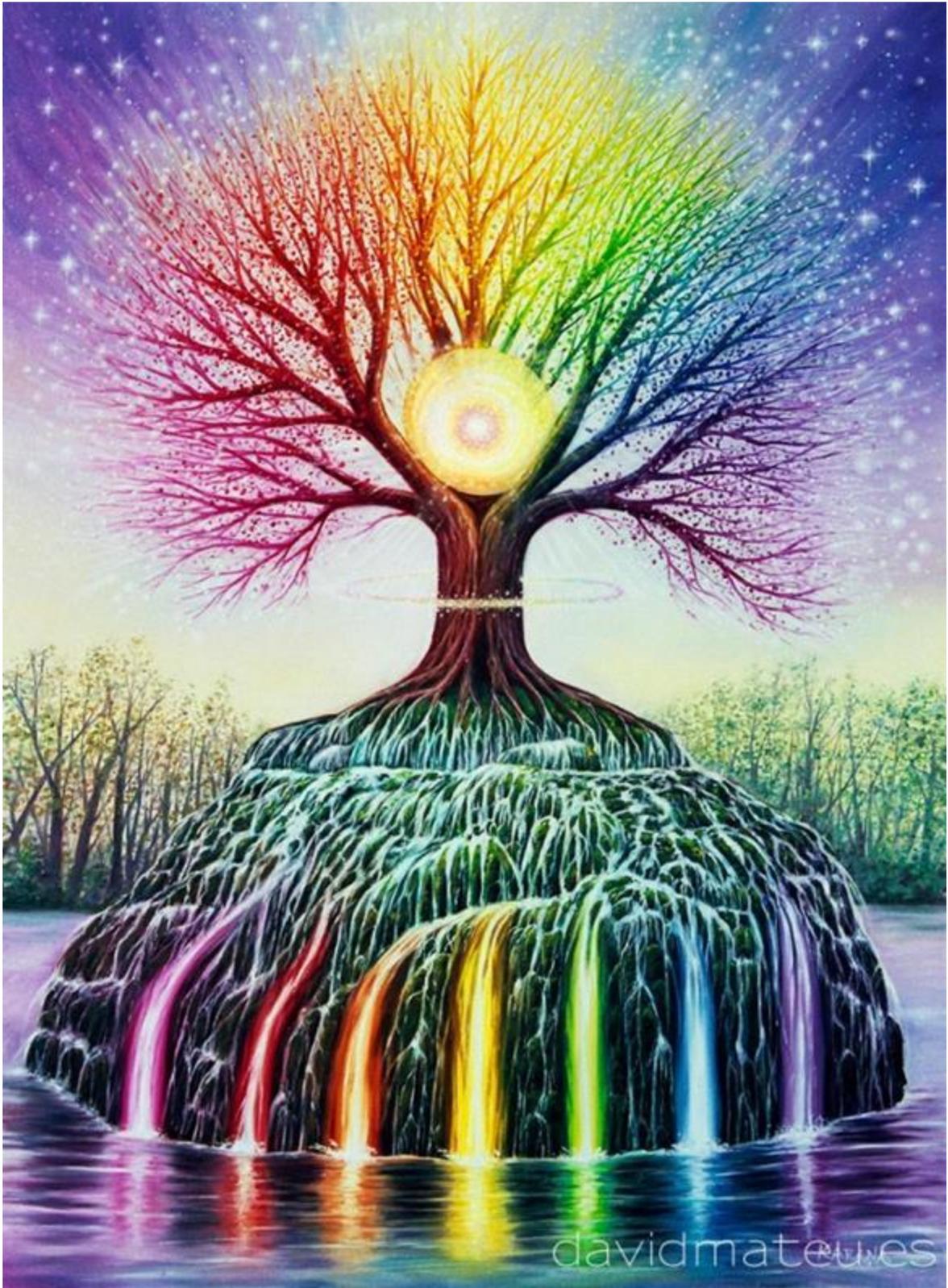
**Prominent**   **Died Out**   **Significant**   **Died Out**   **Prominent**   **Died Out**

**1 COLOUR, then 6, then all 7 COLOURS!**

A little less than 1,000,000 years ago Andon and Fonta (Aman and Amon) evolved having a desire for human perfection, they being our original physical parents.

Adam and Eve were bestowed on Earth more than 38,000 years ago to uplift humanity through their superior genes.

500,000 years ago, the Sangik family in the north-eastern highlands of India gave birth to 19 children of six different colours, thus introducing the tribal colours.



Our skin colours as and how they arrived:

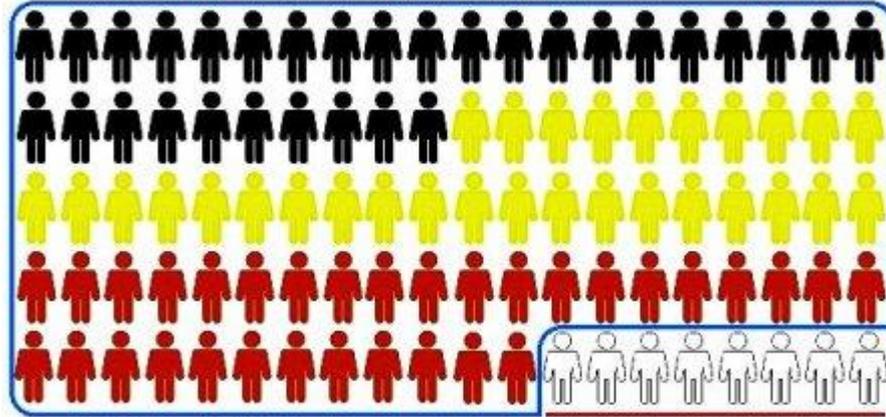
Being the colours of the rainbow!

Red by Andon and Fonta from south of the Caspian Sea some 993,500 years ago (also brown and black hair with brown and black eyes).

Orange, Yellow, Green, Blue and Indigo by the Sangik Family from the north eastern tablelands of India some 500,000 years ago (they had 19 children 5 red then 2, 4, 2, 4, 2 in order of colours).

Crimson by Adam and Eve from the Garden of Eden more than 38,000 years ago (also blonde and red hair with blue and green eyes).

# GLOBAL POPULATION BY RACE



**"Minorities"**

**Majority**

**Non-Whites are the overwhelming majority on this planet.  
Whites are a tiny minority.**



A humanity is endowed with seven colours, just like the rainbow in the sky!



993,500 years ago, our first humans were the twins, Andon and Fonta and they were redskins having an appearance approaching that of the Eskimos. These red skinned people travelled far from south of the Caspian Sea, reaching Tasmania – Australia’s south, 950,000 years ago!  
Re: The Urantia Book



500,000 years ago the Sangik family in the north- eastern highlands of India had 19 children, 5 red, 2 orange, 4 yellow, 2 green, 4 blue, and 2 indigo (black) – the first and only rainbow family!

These formed groups and sometime later the orange, green and blues died out – killing each other!



Adam and Eve materialised on Earth more than 38,000 years ago and introduced the remaining colour, violet (white). As you can see, there are no black or white people!



Earth’s humanity now has four colours, red, yellow, indigo and violet. They will intermingle and blend to become of an olive complexion!



*Before we are conceived, we have had nothing to do with the culture or heritage into which we are about to be born.*

*Conception is individualisation of our unique personality!*

*Then our parents and carers infuse us with their errors and injuries!*

*We perpetrate their erroneous ways!*

*It's all about*  
**Experiences**  
 &  
**FEELINGS**

John the  
Typist



**BE FEELINGS  
EXPRESSIVE!**

# Truth is Freedom

Before being conceived, we each have had nothing to do with the culture or heritage of the family and its people into which we are now born.

After we pass over into our spirit lives, we each will have little or nothing further to do with the culture or heritage of our family that we lived with on Earth.

We each are one of many voices within our communities.



We are to embrace our experiences and limitations of our family upbringing which our soul has desired for us to have. We are spirit personalities having a physical experience and this physical life here on Earth is the commencement of our incredible journey which will take us through many universes.

We are not to accept the limitations, the psychic barriers of our family, nor those of our national culture and its ethos. The people of a community, a region, a state, a nation respond to and reflect a common set of values, customs and culture, which is passed down through the generations, this is a psychic imposition or barrier that inhibits evolution, our true self expression and our growth in potential and personality.

Now, it is this time in history that, individually, we each are to free ourselves of the Rebellion and Default that has been imposed upon us by hidden controllers, both of those from within the spirit worlds and of their defacto agents here in the physical.

We now have the option to embrace and enjoy the freeing truths that our soul can and will expose to us – we are fully self-contained. We are to look within, to our feelings, and to long for, to ask for the truth that our feelings will exquisitely and amazingly reveal to each of us.

The wonders of intuitiveness and spontaneity are ours to behold, experience and enjoy – this is of our choosing. We can continue living a limiting mind-centric life or embrace living Feelings First – The New Way – with its infinite potential. The gateway is now open and the pathway is defined.

This we are to share with all of humanity as we are Freedom's voice.

MoC 904

## ONE SECOND TO MIDNIGHT



## **SCIENCE and FEELINGS:**

Friday, 30 March 2018: Graeme B: If we fully understood mathematics and vibrational frequencies we would better understand how the universe works...or is that too simplistic?

Verna, a Nature Spirit: Not too simplistic, it's correct, however there's more to it than that and it all has to be done with TRUTH first. You are truth-creations, so your feelings MUST come first and then all the mind stuff can follow. And if your feelings DON'T Feelings First, then you'll limit your mind understanding. You think your world is 'advanced', ha, what a joke that is, advanced in what? What you ARE advanced in, is denying your mind its rightful advancement through your feelings and soul perceptions, so yes, you're rocking along very well in this self-denial. Look at how hard your **top scientists have to work at trying to push the limits of their mind, lucky if they have one significant breakthrough in their career**. All because you are pushing up against the absolute boundaries of your mind-denial, that being represented by the End Times of this age which the End of that denial being the end of the Rebellion and Default against your True Way. **Imagine being one of these scientists who are living true to their feelings having done their Healing. And EVERYDAY you are having more astounding breakthroughs because of advancing or growing in Truth, with your mind reeling in trying to keep up with it all. That is living life on the edge – the cutting edge of Truth. The Truth leads through your feelings and the mind will slot right into place supporting it.**

**The above has been reiterated at this point to emphasise that humanity's minds are not what will get us out of the dung – it is to be our soul based feelings.**

Saturday, 31 March 2018: Nanna Beth, 3<sup>rd</sup> Celestial Heaven: Look at it this way John, humanity is in the shit, and has been for a very long time. And so has had a long time to study the shit. And it can work out that it's in the shit and what the shit is all about, but that's all it can do. It can pretend that it can take itself out of the shit, but it can't. It's not allowed to.



Not until someone comes along and does really heal themselves of it, and someone who has the **spiritual authority** to allow others to do the same. So that's where we are. The authority is making the revelation to you. People can now choose to study how to Heal themselves, this being the next phase and 'science' people will apply their attention to. The great writers of humanity have well and truly documented the wrongness, you can see it all, and you know it comes from your early life. And many have tried to work out ways to heal themselves.

But **without looking to your feelings and wanting to uncover the WHOLE truth of them, you can't heal it**. It's as simple as that despite what anyone does with their emotions and feelings. And many people in their endeavours to heal themselves have done some real Healing, if they at any time looked to their feelings for their truth, truth would have been forthcoming. So humanity has gained a little truth over the years. However, because of the feeling-denying forces of the Rebellion and Default, the level of truth has remained very low.

Now however **with the keys being given to you as to how far you have to go and what is really involved in doing your whole Healing, so that is the New Frontier awaiting mankind.**

## **EMBRACE YOUR FEELINGS and have YOUR MIND to FOLLOW!**

The capabilities of one's soul based feelings to reveal profound and never before understood truths is beyond question and comprehension. While humanity remains entombed within the mind, humanity is frozen on a course of misery, deprivation and stagnation.

Humanity's education systems have freed us to some extent, however they are extolling the mind as the way to evolve. All our guidance and education platforms are taking us deeper into our wayward minds and further away from our truths to be embraced through our soul based feelings. Our early childhood carers and then all the way through to the highest levels of training and education take us deeper into our minds, suppressing our personalities, and that is further away from our Heavenly Parents.



Only through embracing our soul based feeling truths do we begin to open up to our true selves, our true personalities. While we are mind engaged we have only the potential of a pile of dung! And some of us strive to be king of the dung heap! When we are soul based feeling engaged do we blossom beyond that which is most beautiful of all of nature. Only through our feelings do we begin to discover the potential that is within us all. It is our feeling based personality that we are to release and nurture, and to nurture it we need only ask for and receive our heavenly parents Divine Love whilst engaging in our Feeling Healing. We do not need to strive for academic excellence, that is only worshipping the mind!



John F Kennedy on Saturday, 28 October 2017, wrote: 'In my (JFK) soulgroup (12 soul partner pairs), for example, we have a soulpair who were ignorant natives from the Amazon, who knew nothing about the greater world, having no conception of America, let alone her President. They knew their chief, he was their president, and that was enough for them. And yet these uneducated and uncultured (compared to my revolting standards that I grew up in) people, took to their Healing like so many spirits, and are now every bit my equal, as I am every bit their equal, for we are in the same soulgroup in the third Celestial sphere.'



When a small group here on Earth complete their Feeling Healing while embracing our Heavenly Parents Divine Love, they will demonstrate their inherent truth based wisdom and capabilities. This group may number only around a dozen or so, however, their healed souls will shine so brilliantly in their actions and guidance that the whole of humanity will be able to come to realise that they have been taken in the wrong direction for thousands of years and that the Great U-Turn is absolutely the only way to freedom, our Heavenly Parents, and life on Earth as though it is in Heaven.

**GREAT**  

**-Turn**

Nothing is  
to remain  
the same!

Everything  
is to change!



Several decades of disruption is to  
encourage us to look for a better way.

## HIDDEN CONTROLLERS:

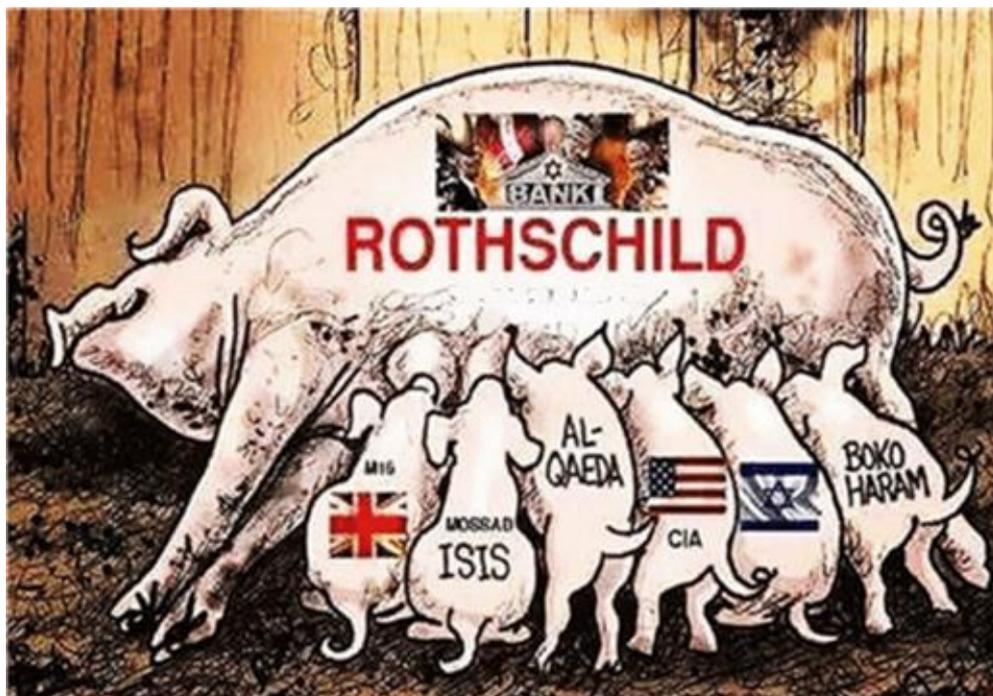
1790: Mayer Amschel Rothschild states:

**"Let me issue and control a nation's money and I care not who writes the laws."**

2019: The Rothschilds now control or influence all but seven of the World's Central Banks and many mainstream major banks. There are two Megabanks that offer loans to all the countries around the planet, the World Bank and the IMF. The first one is jointly owned by the world's top banking families, with the Rothschilds at the very top, while the second one is privately owned by the Rothschilds alone. The one bank that rules them all, the "Bank for International Settlement," is discretely — obviously — controlled by the Rothschilds and it is nicknamed the "Tower of Basel." The true power of the Rothschilds goes FAR beyond the Banking Empire.

The Rothschilds discovered just **how profitable it is to finance both sides of a war and they've been doing it ever since Napoleon** – so they now create them!

The Rothschilds have been in control of the world for a very long time, their tentacles reaching into all aspects of our daily lives. However their power is eroding due to covert undermining.



## INFLATION – Australia

Money is talked about as a constant and that everything else is not. A loaf of bread is constant and so is an apple – money is not, it is printed at the whim of those who own the printing presses.



When I was a young adult, 2 cents could buy what \$1 is needed to pay for today. Inflation (printing of extra money) has reduced the buying power by 98%. Examples of what 50 years has done to value:



An imperial gallon of petrol used to cost 20 cents. That is 4.546 litres, a litre of petrol costs AU\$2.20 today and that equates to AU\$10 a gallon. That is a fifty fold diminishment of purchasing power.

A typical packet of 20 cigarettes will now set you back on average around AUD \$40 (£22 / US \$30), which is a hell of a lot of money if you burn through darts like a chimney. A packet of 20 Ardath cigarettes was AU20 cents.

A single scoop ice cream in the cone is now AU\$2.79 (Baskin Robbins). As a single scoop was 5 cents then four for 20 cents costs more than AU\$10.

The Sunday papers were 5 cents each and stacked with comics and weekend sport. Now they are around AU\$3.00 each, so four is now more than AU\$10.

We have experienced a 98% drop in the purchasing power of our dollar and we are about to experience a further 98% drop in purchasing power.

Imagine paying AU\$500 for a gallon of petrol!!!

As of a consequence to major disruptions to supply chains around the world due to excessive demand by consumers and Covid-19 and now the Ukraine invasion by Russia, the printing presses of the world have printed a mountain of money for a smaller supply of goods and the consequence is inflation.

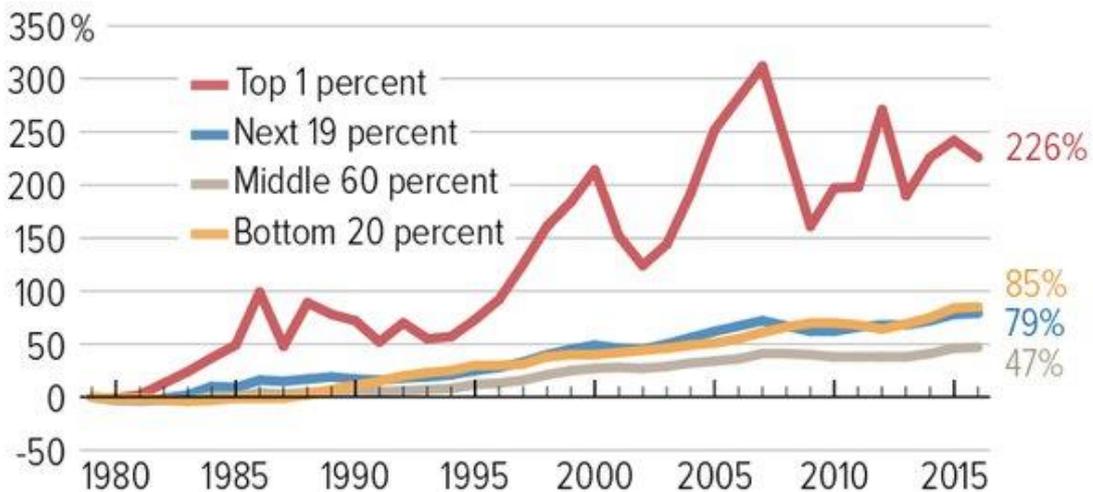
Authorities tell us to look up there whereas we need to look not only at our governments BUT the major corporations that are the dominant price gougers. You will find the chain becomes very small, all leads back to a few very obscure and secretive families.



The era of very, very low inflation has ended. Headline inflation in Europe is 7.4% and core inflation 3.5%, way above the ECB's target of 2%. Hong Kong – As inflation soars around the world, the world's second-largest economy has kept it at bay. Consumer prices in China increased just 1.5% in March from a year earlier. The USA Consumer Price Index increased 8.5% for the year ended March 2022, following a rise of 7.9% from February 2021 to February 2022.

### Income Gains at the Top Dwarf Those of Low- and Middle-Income Households

Percent change in income after transfers and taxes since 1979



Negative Spirit Influence blocked  
 22 March 2017  
 Law of Compensation quickening  
 22 May 2017  
 Rebellion and Default officially ended  
 31 January 2018



## POLITICAL SYSTEMS in General

Few presently understand that all institutionalised systems around the world have been covertly structured to inhibit and restrain Earth's humanity from progressing, particularly spiritually, and become intuitively freely expressive of their inbuilt talents. Firstly, we are all guided, well indoctrinated to embrace our minds as being all powerful and our only pathway to becoming little supermen and superwomen. By living mind centric we cannot progress beyond 499 on Dr David Hawkins' Map of Consciousness. We are each a walking zombie with no spontaneity and intuitive potential until we embrace our feelings.



Look at the institution of politics. We think we have a free system. It is a tyrannic manipulation. Instead of having candidates to choose to elect to run our nations, we have 'nominees' who are covertly put in front of us to stifle our nation. Compare the political candidate nomination process to the way executives are selected to run successful major corporations. In short, no political candidate should be put forward unless that personality calibrates 400 or higher on Dr Hawkins' Map of Consciousness (MoC) scale.

Then we find each candidate is coerced to be a representative of a 'political party'. Why? The candidate no longer can freely express and engage his personal talents – he must adhere to the party policies. The policies of a party are written by people who have not been elected by the people. Why is this so? The policies of the party are mostly the dictates of those who secretly fund the party. Who are these funders? In very serious cases you can actually find a chain back through 'secret societies' within each country, this extends back the highest levels of the Masonic system and you eventually end up in London. And then you end further back in the hands of a small group of very secret and almost never seen families whose trade and empires bleed the pockets of the people of every nation.

While we have mind centric people who are low in the MoC calibration we have governments that are hell bent on controlling and suppressing their people. And we have governments that do not have the capability to perceive and recognise the dire straits the nation is in, nor the capability that they have been entrapped into are the ways that benefit foreign covert controllers and not their people.

We need political candidates that are vetted in similar manner as those who are sort to run major corporations. Further, these candidates need to calibrate over 400 on the Map of Consciousness – they need to be independent of party institutions – they need to be their true and wonderful selves.

The people Sri Lanka presently calibrate around 165 overall on the Map of Consciousness. The members of the Sri Lankan government who are presently in power calibrate overall at 330 MoC, out of this group, the Cabinet overall calibrates at 340 MoC. The members of the government who are in opposition calibrate at around 335 MoC. Overall, this is a better situation than that which prevails for most countries – but it is a long way short of the 400 MoC benchmark. It is also interesting that the most critical positions of those in power are also the lowest in calibration. They actually suppress the potential of those cabinet members who are more capable.

This is an extract from the Map of Consciousness. If you want a pro-active, constructive and vibrant leadership then it is those people in the MoC range 410 to 470. The scale is based on the common log of 10, it is not a straight lineal scale. The differences between people with even a 1 point variation in energy is dynamic – a 10 point difference is 10,000,000,000 increase in energy. Utilising kinesiology muscle testing, most people can calibrate anyone who are anywhere in the world, in a minute or so.

|             |     |                                                                                                                                                                                                                                                                                                                    |
|-------------|-----|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| LOVE        | 500 | Debate and implement resolutions without argument and delay. 470<br>Debate and implement resolutions in due course. 440<br>Debate and implement resolutions with some degree of follow up generally needed. 410<br>Management supervision is generally necessary.<br>Politics become the hope for man's salvation. |
| REASON      | 400 |                                                                                                                                                                                                                                                                                                                    |
| ACCEPTANCE  | 350 |                                                                                                                                                                                                                                                                                                                    |
| WILLINGNESS | 310 |                                                                                                                                                                                                                                                                                                                    |
| NEUTRALITY  | 250 |                                                                                                                                                                                                                                                                                                                    |

The candidate selection process and the party system needs to be greatly changed, otherwise nations will continue to stagnate and be under the covert control of foreign hidden manipulators.

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## Problems Caused by Economic Disparity

**A NATION'S or COMMUNITY'S COLLECTIVE SOUL CONDITION:**

| <b>Correlation of Levels of Consciousness – Soul Condition – and Society Problems</b> |                             |                        |                                    |                            |
|---------------------------------------------------------------------------------------|-----------------------------|------------------------|------------------------------------|----------------------------|
| <b>Level of Consciousness</b>                                                         | <b>Rate of Unemployment</b> | <b>Rate of Poverty</b> | <b>Happiness Rate “Life is OK”</b> | <b>Rate of Criminality</b> |
| 600 +                                                                                 | 0%                          | 0.0%                   | 100%                               | 0.0%                       |
| 500 - 600                                                                             | 0%                          | 0.0%                   | 98%                                | 0.5%                       |
| 400 - 500                                                                             | 2%                          | 0.5%                   | 79%                                | 2.0%                       |
| 300 - 400                                                                             | 7%                          | 1.0%                   | 70%                                | 5.0%                       |
| 200 - 300                                                                             | 8%                          | 1.5%                   | 60%                                | 9.0%                       |
| 100 - 200                                                                             | 50%                         | 22.0%                  | 15%                                | 50.0%                      |
| 50 - 100                                                                              | 75%                         | 40.0%                  | 2%                                 | 91.0%                      |
| < 50                                                                                  | 95%                         | 65.0%                  | 0%                                 | 98.0%                      |

One's soul condition has a direct relationship with all facets of living. To grow and improve one's soul condition is the greatest gift one can give him or herself as it has universal benefits that last for eternity. This is achieved by embracing Feeling Healing through which we commence to repair the damage incurred by the Rebellion and Default that is passed down to us by our parents. Further, by embracing Divine Love with Feeling Healing we are doing our Soul Healing and progressing towards Celestial status.

Dr David R Hawkins' development of the Map of Consciousness (MoC) and research with kinesiology muscle testing observed the overall calibration of consciousness level of many countries. Developed economies are within the highest brackets. Civil unrest and wars are most frequent amongst those within the lowest brackets. Consider the average life expectancy and per capita income relative to the MoC calibration. Consider education as the crux of progress and development. Then review the above table for the rate of unemployment, rate of poverty, happiness rate 'life is okay' and rate of criminality.

| <b>MoC</b>       | <b>No. of Countries</b> | <b>Average MoC</b> | <b>Average Life Expectancy</b> | <b>Human Development Index</b> | <b>Happiness Index</b> | <b>Education Index</b> | <b>Per Capita Income 2020</b> |
|------------------|-------------------------|--------------------|--------------------------------|--------------------------------|------------------------|------------------------|-------------------------------|
| <b>400s</b>      | <b>10</b>               | <b>406</b>         | <b>78.50</b>                   | <b>0.939</b>                   | <b>6.8</b>             | <b>.861</b>            | <b>US\$54,010</b>             |
| <b>300s</b>      | <b>13</b>               | <b>331</b>         | <b>71.77</b>                   | <b>0.798</b>                   | <b>5.9</b>             | <b>.684</b>            | <b>US\$17,827</b>             |
| <b>200s</b>      | <b>10</b>               | <b>232</b>         | <b>69.45</b>                   | <b>0.759</b>                   | <b>5.8</b>             | <b>.648</b>            | <b>US\$16,972</b>             |
| <b>High 100s</b> | <b>18</b>               | <b>176</b>         | <b>69.00</b>                   | <b>0.724</b>                   | <b>5.2</b>             | <b>.639</b>            | <b>US\$9,900</b>              |
| <b>Low 100s</b>  | <b>7</b>                | <b>129</b>         | <b>61.88</b>                   | <b>0.653</b>                   | <b>4.7</b>             | <b>.567</b>            | <b>US\$2,628</b>              |
| <b>Below 100</b> | <b>11</b>               | <b>66</b>          | <b>52.73</b>                   | <b>0.564</b>                   | <b>4.2</b>             | <b>.488</b>            | <b>US\$2,658</b>              |
| <b>WORLD</b>     |                         | <b>220</b>         | <b>70</b>                      |                                |                        |                        | <b>US\$10,900</b>             |

**MAP of CONSCIOUSNESS CALIBRATIONS reflect the nature of the TOPIC:**

The level of truth of a topic or subject is reflected in the calibration through employing Dr David R Hawkins' Map of Consciousness with kinesiology muscle testing. A publication or movie about manufacturing food would be around 200, whereas meals prepared in a loving home would be around 500. The subject of pornography through to war would be less than 200, whereas natural love topics can readily be over 500 and up into the 800's plus. Material introducing Feeling Healing with Divine Love, by its nature, may range between 880 to 1,500 on Dr David R Hawkins' Map of Consciousness (MoC), in its truest form of presentation. This has never been previously achieved.

| <b>MAP of CONSCIOUSNESS</b>                                                                               | <b>MoC</b>    | <b>calibrations</b>                                                                                                                                 |
|-----------------------------------------------------------------------------------------------------------|---------------|-----------------------------------------------------------------------------------------------------------------------------------------------------|
| God, our Heavenly Mother and Father                                                                       | Infinity      | Location being Isle of Paradise                                                                                                                     |
| Celestial Heavens peak                                                                                    | <b>1,500</b>  | 3 <sup>rd</sup> Celestial Heaven (10 <sup>th</sup> spirit Mansion World)                                                                            |
| Feeling Healing / Divine Love teachings                                                                   | 1,480 – 1,500 | 3 <sup>rd</sup> Celestial Heaven spirit guided                                                                                                      |
| Now at one with Heavenly Parents                                                                          | 1,081         | 1 <sup>st</sup> Celestial Heaven entry at Jerusem                                                                                                   |
| Feeling Healing with Divine Love                                                                          | 1,080         | 7 <sup>th</sup> Divine Love transitional sphere to Heavens                                                                                          |
| Natural Love peak                                                                                         | <b>1,000</b>  | 6 <sup>th</sup> spirit Mansion World peak – can't go further!                                                                                       |
| Pascas Papers                                                                                             | 880 – 920     | Perceived truth – potential truth 1,480                                                                                                             |
| Pascas WorldCare (as a platform)                                                                          | 880           | 5 <sup>th</sup> spirit Mansion World healing + Divine Love.                                                                                         |
| Lamsa Bible (minus the Old Testament and Book of Revelation, but including Genesis, Psalms, and Proverbs) | 880           | 4 <sup>th</sup> spirit Mansion World equivalent being natural love orientated, the Bible is taking one away from truth – their soul based feelings. |
| Koran                                                                                                     | 700           | 4 <sup>th</sup> spirit Mansion World equivalent.                                                                                                    |
| Torah                                                                                                     | 550           | First five books of the 24 books of the Tanakh.                                                                                                     |
| Cookies made for Family                                                                                   | 520           | Made with love (this supports cooking shows).                                                                                                       |
| Enter EITHER natural or divine pathway                                                                    | <b>500</b>    | 2 <sup>nd</sup> natural love OR 3 <sup>rd</sup> Divine Love spirit world.                                                                           |
| Peak of mind total orientation                                                                            | 499           | 1 <sup>st</sup> spirit Mansion World peak.                                                                                                          |
| King James Bible (from the Greek)                                                                         | 475           |                                                                                                                                                     |
| Roman Catholic Church                                                                                     | 450           | Church (worldwide) – mind controlled – reason.                                                                                                      |
| Home cooked sea fish + organic salad                                                                      | 410           |                                                                                                                                                     |
| Home roasted free range chicken + salad                                                                   | 410           |                                                                                                                                                     |
| Wine or Beer                                                                                              | 330           | (in moderation!)                                                                                                                                    |
| Roman Catholicism administration                                                                          | 305           | As an institution in year 2004.                                                                                                                     |
| Tea green                                                                                                 | 300           |                                                                                                                                                     |
| <b>Humanity</b>                                                                                           | <b>220</b>    | The population of the world overall.                                                                                                                |
| Vegetarianism                                                                                             | 205           |                                                                                                                                                     |
| Muesli                                                                                                    | 205           | Above 200 is pro-life – positive.                                                                                                                   |
| <b>Food</b>                                                                                               | <b>200</b>    | <b>At this level and above food is life enhancing.</b>                                                                                              |
| Food, Commercial Category                                                                                 | 192 – 202     | Below 200 is anti-life – negative.                                                                                                                  |
| Food, Commercial Machine-made                                                                             | 188 – 200     | Energy dense but nutrition poor.                                                                                                                    |
| Black Tea                                                                                                 | 185           | Refining of most foods removes nutrients.                                                                                                           |
| Percolated Coffee / Cappuccino / etc                                                                      | 165           |                                                                                                                                                     |
| Corn Flakes                                                                                               | 85            |                                                                                                                                                     |
| Fish (living in ocean)                                                                                    | 20            |                                                                                                                                                     |
| Bacteria                                                                                                  | 1             |                                                                                                                                                     |

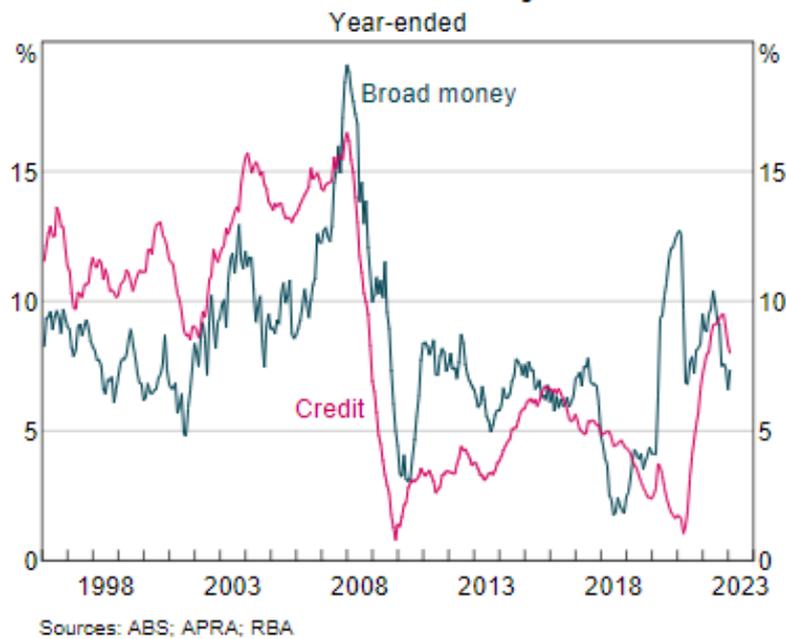
## MONEY SUPPLY

Money Supply M3 in Australia averaged 632.00 AUD Billion from 1965 until 2023, reaching an all time high of **2,852.20 AUD Billion** in January of 2023 and a record low of 10.36 AUD Billion in March of 1965.

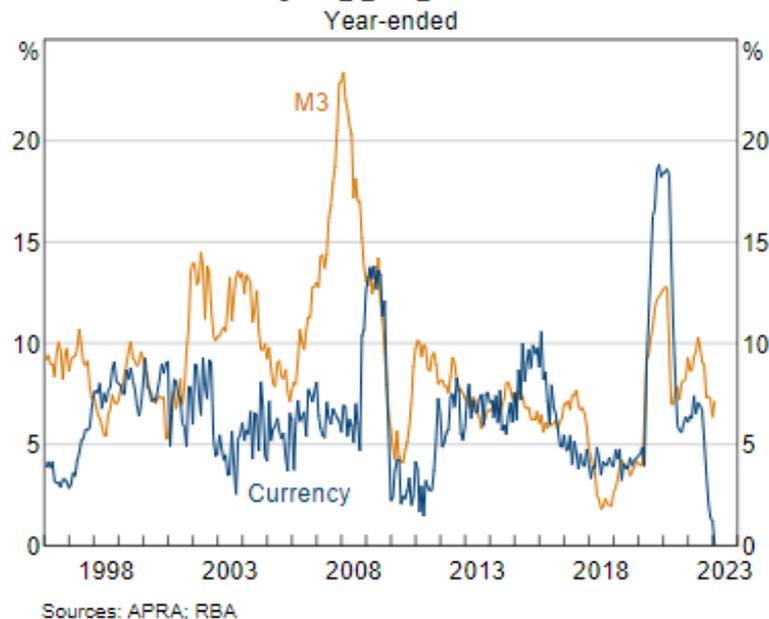
### AUSTRALIA MONEY SUPPLY DATA

| Indicator       | Data                                     | Period |
|-----------------|------------------------------------------|--------|
| Money Supply M0 | <b>572 AUD Billion   384.923 B USD</b>   | Jan/23 |
| Money Supply M1 | <b>1652 AUD Billion   1111.702 B USD</b> | Jan/23 |
| Money Supply M3 | <b>2852 AUD Billion   1919.233 B USD</b> | Jan/23 |

### Credit and Broad Money Growth



### Monetary Aggregates Growth



The official estimate for Australia's GDP was \$1.357 trillion at the end of 2022 in purchasing power parity terms.

| Total value of the dwelling stock in Australia | Dec Qtr 21 |
|------------------------------------------------|------------|
| Value of dwelling stock(a) (\$b)               | 9,901.6    |
| Mean price of residential dwellings (\$'000)   | 920.1      |
| Number of residential dwellings ('000)         | 10,761.9   |

| Residential property prices              | Sep Qtr 21 to Dec Qtr 21 | Dec Qtr 20 to Dec Qtr 21 |
|------------------------------------------|--------------------------|--------------------------|
|                                          | % change                 | % change                 |
| Weighted average of eight capital cities | 4.7                      | 23.7                     |
| Sydney                                   | 4.1                      | 26.7                     |
| Melbourne                                | 3.9                      | 20.0                     |
| Brisbane                                 | 9.6                      | 27.8                     |
| Adelaide                                 | 6.8                      | 23.9                     |
| Perth                                    | 2.9                      | 15.7                     |
| Hobart                                   | 6.5                      | 29.8                     |
| Darwin                                   | 1.5                      | 13.0                     |
| Canberra                                 | 6.4                      | 28.8                     |

## Australia Residential Property Price Index

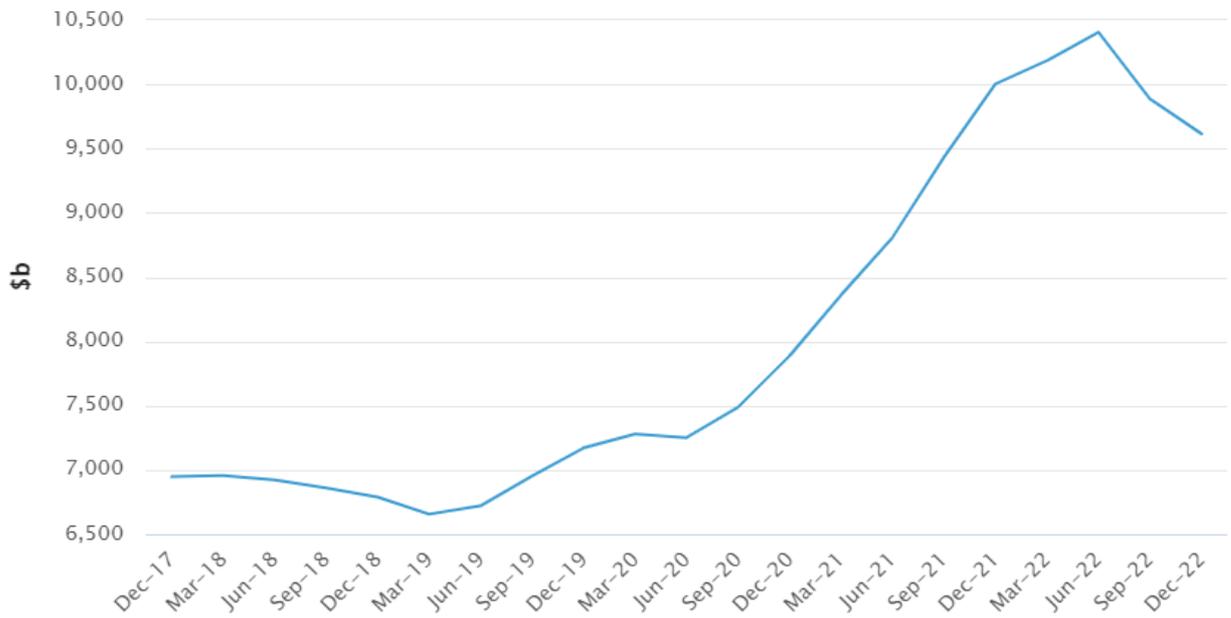
Summary Forecast Stats Download ▾

3Y 10Y 25Y MAX  Chart  Compare  Export  API  Embed





Total value of dwelling stock, Australia



Should we consider that the value of homes in Australia grew from AU\$7 trillion to AU\$10 trillion over the four years to from Dec 2017 to Dec 2021, that equates to AU\$0.75 trillion per annum or about half of the annual GDP (gross domestic product) for Australia, we could say that ‘money supply’ was being expanded by about the equivalent of 50% of the GDP from housing market value growth alone within Australia!

| Evolution: Annual GDP Australia |              |                |
|---------------------------------|--------------|----------------|
| Date                            | Annual GDP   | GDP Growth (%) |
| 2021                            | \$1,635,255M | 3.6%           |
| 2020                            | \$1,357,639M | 2.2%           |
| 2019                            | \$1,386,697M | -0.1%          |
| 2018                            | \$1,416,818M | 2.2%           |
| 2017                            | \$1,381,986M | 2.9%           |
| 2016                            | \$1,263,833M | 2.3%           |
| 2015                            | \$1,233,112M | 2.7%           |

## GLOBAL MONETARY SUPPLY

The Bretton Woods Conference of 1-22 July 1944 introduced a new monetary system to the world. Governmental bonds and bonds for large global corporations are now issued and traded through tier one authorised bond traders with half of the fees from these issues and trades being accumulated for global humanitarian projects. Custodians of the accumulating revenue are to release the funds when called upon.

In 1993, humanitarian programs funded through the United Nations halted due to corruption and are now only beginning to be released again in 2023. The release of approved humanitarian programs was more than 7,000 projects in areas. Intermediaries were insisting on 'commissions' and 'fees' as high as 30% of the approved project amounts. The custodians shut down releases of funding. That was 30 years ago and the funds continued to accumulate through this period.

Consider this. A bond trading program typically operates for 170 banking days over a calendar year.

Should you invest US\$10 and the revenue earned each banking day is 1.80% then compounding your earnings would result in US\$207.55 being accumulated at the end of year 1. Do that for 10 years:

|                                                           |           |                      |         |                         |
|-----------------------------------------------------------|-----------|----------------------|---------|-------------------------|
| Investment                                                | US\$10.00 | 1.80% per day end of | Year 1  | US\$207.55              |
|                                                           |           | 170 bank days        | Year 2  | US\$4,307               |
|                                                           |           |                      | Year 3  | US\$89,406              |
|                                                           |           |                      | Year 4  | US\$1,855,620           |
|                                                           |           |                      | Year 5  | US\$38,513,350          |
|                                                           |           |                      | Year 6  | US\$799,343,708         |
|                                                           |           |                      | Year 7  | US\$16,590,360,414      |
| Now, consider that yields can be 3% or 4% daily!          |           |                      | Year 8  | US\$344,332,551,741     |
|                                                           |           |                      | Year 9  | US\$7,146,614,252,330   |
| At the end of Year 10 a US\$10 investment could amount to |           |                      | Year 10 | US\$148,327,815,692,584 |

In the middle of 2012, a cash deposit of US\$300 billion was used to leverage and trade bonds that yielded the required US\$6 Trillion for the European Union bailout.

A large cash deposit can be leveraged 30 fold and the yield for a single trade might distribute as much as 1% of the gross face value of the bond. This is all achievable in a single afternoon! A 30% yield on a passive cash deposit all within one banking day. So, 12% per day or more on very large trades!

The world is awash with such massive amounts of printed money that when this all becomes fluid throughout the global monetary systems, hyperinflation must surely unfold on a global scale thus making money as we know it today to be worthless and the global collapse of monetary systems must follow. The printing and creation of money is well past being controlled and the passive stores of money must surely begin to leak into monetary systems with very disruptive consequences eventually.

<http://www.pascashealth.com/index.php/library.html>

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# 4,000 Years Unfolding

1980 BCE

1900s BCE

## Machiventa Melchizedek

### ABRAHAM

MM Jesus  
2 BCE 7 BCE  
46 CE 29 CE

*Bestowals from Paradise:*

Creator Daughter and Son

Mary Magdalene and Jesus

1914-1923

**PADGETT MESSAGES**

1925-1935

**THE URANTIA BOOK**

1950 &amp; 1960

*Incararnation of the Avonal Pair*

2018 Jan 31

**REBELLION & DEFAULT**

**FORMALLY ended 31 JANUARY 2018**

2020s+ CE

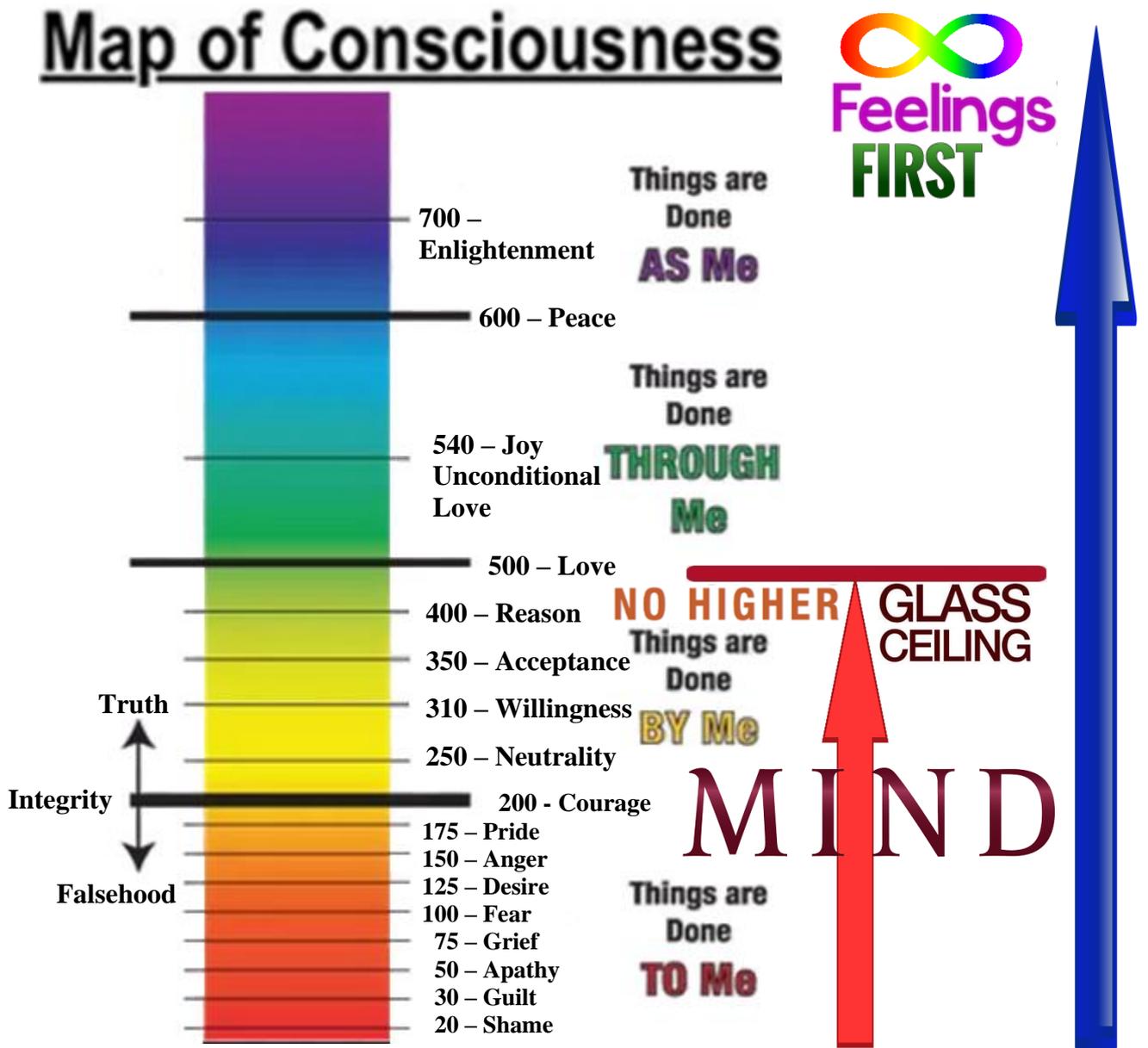
*Bestowals from Paradise:*

Avonals - Magisterial Daughter and Son

Machiventa Melchizedek, to this day, continues to oversee the plan that was evolved more than 4,000 years ago to progressively open cracks in the Universal Contract governing the Rebellion and Default instigated by Lucifer 200,000 years ago. With 'federal' authority, the Creator Daughter and Son brought about the Lucifers and Satans' spirit world imprisonment 2,000 years ago, and set the Avonal bestowals in place.

The commencement of the Padgett Messages on 31 May 1914 triggered the bestowal of the Avonal Pair for Earth's humanity. The Avonals' 'state' authority brought about the Caligastias and Daligastias spirit world imprisonment in 1993. The Avonals' healing of what they have taken on of the Rebellion and Default ends the Rebellion and Default. Now we can all follow and progress on the pathway to Paradise.

We have all been guided and taught, from the moment of conception through to our death, to be mind-centric, to worship our minds, to believe that through our minds we can achieve all heights of excellence and wonderment, even to become mini-gods. This we adhere to by suppressing our feelings, ignoring our feelings, all the time when it is our feelings that is our doorway and path to freedom, ingenuity, intuitiveness and evolutionary progress. We are fully self-contained. Our feelings are always in truth! Our feelings are to guide us, lead us, be our beacon of light, and our mind is to follow in supporting and assisting in implementing what our feelings are prompting us to embrace. Feelings First is how we are to live. It is through living feelings first that we enter upon the pathway to Paradise – the one and only pathway that there is!



**Note:**

The Map of Consciousness (MoC) table is based on the common log of 10. It is not a numeric table.

A calibration increase of 1 point is in fact a 10 fold increase in energy.

A calibration increase of 10 points is in fact a 10,000,000,000 fold increase in energy.

Thus the energy differentials are in fact enormous!

**Levels of consciousness** are always mixed: a person may operate on one level at one time and quite another level in another area of life. [In fact, we move in and out of fear, anger, guilt, etc. for either brief or extended periods. When we embrace our feelings, begin living Feelings First, even the levels up through unconditional love at 500 are experienced by most. But it is the percentage of time spent in each level that determines the dominant level in which one lives.]

**MoC 20 – Shame:** Shamed children are cruel to animals and to each other. Later they are capable of forming vigilante groups to project their shame onto others whom they righteously attack. Serial killers have often acted out of sexual moralism with the justification of punishing "bad women". Shame produces false pride, anger, guilt.

**MoC 30 – Guilt:** associated with victim hood, masochism, remorse. Unconscious guilt results in disease, accident-proneness, suicidal behaviour. Preoccupation with punishment. Guilt provokes rage. Capital punishment is an example of how killing gratifies a guilt-ridden populace.

**MoC 50 – Apathy:** State of helplessness / death through passive suicide / level of homeless and derelicts / level of streets of Calcutta, abandonment of hope.

**MoC 75 – Grief:** Level of sadness, mourning over the past / habitual losers / chronic gamblers / notion of being unable to replace what is lost.

**MoC 100 – Fear:** Fear runs much of the world [in the enmity fearfulness is dominant emotion of 65% of the world] insecurity, vulnerable / leads to jealousy and chronically high stress level / very contagious / fearful people seek strong leaders.

**MoC 125 – Desire:** Motivates vast areas of human activity. Desire for money, prestige runs lives of many who have risen above Fear. At this level of addiction / desire for sexual approval has produced an entire cosmetics and fashion industry / accumulation / greed. It is insatiable because it is an ongoing energy field. Satisfaction is impossible / frustration is assured.

**MoC 150 – Anger:** Leads to either constructive or destructive action. Expressed most often in resentment and revenge. Irritable / explosive / leads to hatred.

**MoC 175 – Pride:** Has enough energy to run the Marines. Is a great leap forward from lower fields / is socially encouraged. Defensive / vulnerable because dependent upon external conditions. Inflated ego is vulnerable / divisive / arrogance / denial. The whole problem of denial is one of Pride.

**MoC 200 – Courage:** Where productivity begins / zone of exploration / accomplishment / fortitude / determination / exciting / challenging / openness. All of this is achieved through the leap to truth / the courage to face one's flaws.

**MoC 250 – Neutrality:** Release from a position or opinion / flexible / non-judgmental / realistic. Not getting one's way is less defeating or frustrating. Beginning of inner confidence. One is not driven to prove anything. Does not lead to any need to control others.

**MoC 310 – Willingness:** Growth is rapid here. Willingness implies that one has overcome inner resistance to life and is committed to participation. Genuine friendliness/ do not feel demeaned by service jobs. Helpful / high self-esteem / sympathetic / responsive to needs of others / resilient / self-correcting / excellent students / readily trained.

**MoC 350 – Acceptance:** Major transformation takes place when one recognizes that one is the source of the experience of one's life. A full assumption of responsibility for one's self. Acceptance of life without attempting to conform situations to one's own agenda. Denial is transcended / calm / perceptive / balanced / appropriate. No interest in determining right and wrong. Self discipline / honouring of others rights / inclusive / tolerant.

**MoC 400 – Reason:** Intelligence/ capable of making rapid, complex decisions and abstractions / level of science / capacity for conceptualization / deals with particulars / level of Nobel Prize winners, Einstein, Freud, etc. but ironically reason is often a block to higher states.

**MoC 500 – Love:** Love is not what the media professes: emotionality / physical attraction / possessiveness/ sentimentality / control / addiction / eroticism / novelty. When lovers or marriages "break-up", they usually were based on these attitudes rather than love, which is why this kind of "love" can lead to hate. It wasn't love in the first place. Love Deals with wholes. Unconditional love is accompanied by measurable release of endorphins. Love takes no position / permanent. Only 0.04% of population lives out of this level of consciousness.

**MoC 540 – Joy:** Level of saints / effortless / people with near death experiences often have reached this level of consciousness. Healing occurs. Individual will merges with Divine will.

**MoC 600 – Peace:** Radiance / suspension in time and space / everything connects to everything else / no preconception. Great works of art, music and architecture, which calibrate between 600 and 700, can transport us temporarily to higher levels of consciousness.

**MoC 700 – 1,000 – Enlightenment:** Buddha and Krishna. Mary Magdalene and Jesus were beyond 1,000 and recognised their at-onement with God whilst living on Earth. Enlightenment is a never ending process.



**Feelings!** *first*

**Living Feelings First**  
**FEELING HEALING**

# MAP OF CONSCIOUSNESS

*Map of Consciousness* from Dr David R Hawkins, M.D., Ph.D. "Power vs Force".

| Level         | Log      |
|---------------|----------|
| ENLIGHTENMENT | 700-1000 |
| PEACE         | 600      |
| JOY           | 540      |
| LOVE          | 500      |
| REASON        | 400      |
| ACCEPTANCE    | 350      |
| WILLINGNESS   | 310      |
| NEUTRALITY    | 250      |
| COURAGE       | 200      |
| PRIDE         | 175      |
| ANGER         | 150      |
| DESIRE        | 125      |
| FEAR          | 100      |
| GRIEF         | 75       |
| APATHY        | 50       |
| GUILT         | 30       |
| SHAME         | 20       |

## PERSONALITY TRAITS:

Less than two dozen people on planet Earth.

Would not pick up a weapon let alone use it. These people gravitate to the health industry and humanitarian programs.

Debate and implement resolutions without argument and delay. 470

Debate and implement resolutions in due course. 440

Debate and implement resolutions with some degree of follow up generally needed. 410

Management supervision is generally necessary.

Politics become the hope for man's salvation.

Cause no harm to others starts to emerge. Power overrides force.

Illness is developed by those man erroneous emotions that calibrate 200 and lower.

Armies around the world function on pride. Force is now dominant, not power.

Harm of others prevails, self-interest prevails.

Totally self-reliant, not God reliant.

Fear dominates all motivation.

Suicide is possible and probable.

At these levels, seriously harming others for even trivial events appears to be justifiable.

Poverty, unemployment, illness, etc., this is living hell on Earth.

**This Suppression is now to be Ended!**



**From CONCEPTION through to GRAVE we are CONTROLLED. Our Parents and Carers suppress our true Personality and we continue with repression throughout our adult life!**

## PASCAS WORLDCARE – Against the Odds ... a Beginning

**Beth speaking through James Moncrief**

Monday, 27 March 2017

Questions from John:

Hello Nanna Beth

John: When I have proceeded to calibrate each of the Pascas Papers with Dr David R Hawkins' Map of Consciousness (MoC) scale, is it you that prompts me with the calibration number? It sure is an intriguing experience as to how the number comes about. Could you explain what takes place please?

Nanna Beth, 3<sup>rd</sup> Celestial Heaven, John's grandmother: No, it's not. It's another member of our soul group. He stands with you in the first Earth plane if need be, so close as he can get to you, and helps you with your calibrations and all the other subtle points you sense and intuit about it. His name is Alex – Alexander, and he is well versed in the theory of it, also giving it a helping hand when need be. There is in fact far more science behind it, however that is yet to be revealed to the world.

## TEAMS and BOTTOM UP DEMOCRACY and SCHOOL

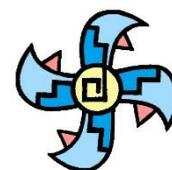
Friday, 28 July 2017

James: What do you Nanna Beth think about the Arse Up (Teams and Bottom Up Democracy) way of doing things?

Nanna Beth, 3<sup>rd</sup> Celestial Heaven, John's grandmother: It's fine James, something for John to start with and develop from there. Anything that is the opposite to how it's done to make it work in your world is going to be better anyway. All of these systems will be worked out and evolve over time based on people growing mentally with the truth and those evolving their soul with the truth through their Healing. However, as you have to start somewhere, if John feels happy with it, so do we. And as we are the ones helping him feel happy, so yes, it all sounds good to us!

James: John has been wondering about how to set up schools and schooling under a tree, in keeping with it all being opposite to what we're all used to, can you give him any suggestions or point him in the direction he should look?

**CHALDI  
COLLEGE**



Nanna Beth: These are some ideas he can consider – just suggestions John, we won't say it has to be this or that way, as you know, it's for you to work things out. So basically, what would you like John – **how would you have liked school to be?**

**Schooling is voluntary.** It should be made to be something children want to do, not something that's forced on them.

It should be fun, as in keeping the whole focus on making them feel good about all they are doing. Not artificially praising them or praising them over their peers, but just supporting and being personal with them, allowing them to respond and find their own way.

It should not be separated into classes based on age. **Classes should involve all ages**, for example, the younger ones can learn and watch and be helped by the older ones, but not forcing the older ones to help the younger, all voluntary and what would naturally happen, more like in a big loving family rather than segregated because of age or whatever. Perhaps the 5, or less, to 10 in one group, 11 to 16 in another.

Teachers are to be able to deal with children of all ages, and work to allow the student to progress at the

students own pace. Special or extra schooling can be provided when necessary to students that want more.

**The subjects should all be practically oriented.** Everything offered and so accepted voluntarily. Reading, writing and basic arithmetic, all so as to help the child deal with the real world. Other subjects like **psychology** – morals and ethics, love and friendship, acceptance and tolerance of ALL feelings, particularly bad ones, resolving disagreements, expressing feelings and yet not necessarily acting on them – particularly the bad ones, all based around how to respect and treat other people how you'd like to be treated. And how if you hurt by infringing upon another's will, then you will have to suffer that same amount of hurt, either now or in spirit. And about the Feeling Healing, what happens when you feel bad feelings, how to look to your feelings for their truth, so as to grow in understanding of yourself, nature, life, other people, and God – the whole spiritual aspect, including the Divine Love and Mother and Father, yet no religious indoctrination. The history, culture, place in the world. How to integrate with the modern world, computers, phones, internet, etc. Sport, play, arts, creative lessons and involvement. How to live and respect nature, the natural world, the environment, hygiene, natural health, sex, contraception, abortion and so on – about the person, the body, things to dispel myth and falseness, general science. Trades, technical work, hands on experience – building stuff, ways to use one's mind to do what one wants to do.

Duration of **classes**, half a day, longer when older for those wanting to learn more, homework voluntary and at the child's initiative – wanting to do it.

School is just part of life, not separate to life. Part of the family, tribe, society, not separate from it. Inclusion of other adults, parents, family members, as aides, helpers, teachers, together with professional teachers. Lots of people, and in particular older people (who also have the time), are natural teachers and should be encouraged even though they've not been specifically trained. One can only learn a certain amount being taught to be a teacher, yet in reality, very few trained teachers have any real natural feeling for it. The more the 'teacher' makes their pupil feel the pupil is the important one, and the teacher is only there to help them if they need their help, and not to stuff it down their throats whether they like it or not, is where to begin. And how a child of differing ages learns, is as varied as the children themselves. So the more 'teachers' the better, and that means the child can gravitate to the 'teacher' that best suits them, rather than having to spend a whole year with someone you hate and you feel hates you.

University for higher learning, full on, voluntary, free, all information on any subject available with competent teachers. So the student can excel should they want to.

It all with the focus on the person, offering them things which they can try and see if they like. Things that will help them in the world; and how to be a person living true to themselves – true to their own feelings; and how to respect another as one respects oneself.

James: Nanna Beth, John would like any comments on the **Council of Elders** continuing to contact people on Earth after he's croaked it.

Nanna Beth: It's as James said, there will be an increasing number of people opening up to us Celestials for all sorts of help, once they understand who we are and how we can help. So yes John, there will always be some main people on Earth we'll work with. And should it all keep needing to move along with one entity in control, such as what you're starting out with, then yes, that is how we'll engineer it. Should it break up or be broken up into many entities, then we'll be ready for and going with that. As much as we say we are in control, we mean that we are in control instead of the mind spirits. But still we are to work with humanity, in as much as humanity leads and we augment.

James: Do you have anything else you can add for Crystal at this point Nanna Beth, following on from what Helen said yesterday – Solid Investment?

Nanna Beth: No James. We're awaiting contact too. We can't and won't say too much at this time because it will be much better for you all that you all come to it as it happens and without relying on us too heavily. There is an awful lot happening within each of you in your different ways, the pace or 'vibration' is picking up markedly, things are beginning to change, it's a very crucial and interesting time. So we're all moving along with it, it really is the beginning of the Turning Point as John has written. Things are turning on many fronts, and we've done enough with you all for the time being. More will come, but we all need to settle into what has happened.

James: Oh yes, John wanted to know if the banker had arrived in Minneapolis?

Nanna Beth: No, not yet, but he'll get there. He's doing other things first which he sees are more important because the Germans have not stressed to him how important their thing is. It's a bit of mystery for him, but he'll get there.

James: And Nanna Beth, I thought I'd ask you about the Religion of Feelings, as John is against a religion of any sort because of all that religions have done to us all, do you have any thoughts on it?

Nanna Beth: It's all up to you James, what you want. Of course you're not wanting to go and instigate yet another religion in which people have to adhere to a set of rules because you know what will happen to that, **any rules allowing people and their controlling agendas to take control over others, is something to be avoided at all times.** However the notion of a 'religion', and one based on feelings, with no fixed agenda, no rules, just founded on truths, will allow people to have some sort of structure to relate to should they need that, but one in which they are entirely free to do whatever they feel based on their feelings. And with the Feeling Healing and Soul Healing being at its core, then those people intent on that will be able to work on themselves and it won't matter to them whether they are part of something or not.

As you understand, some people will like the idea, others won't like the word religion and will want to do it alone, so do whatever you feel you want to do. We don't call it anything over here other than Our Healing, yet we all had embraced the Divine Love before we began our Healing, however potentially that won't be so for a lot of people on Earth, and to say that people have to embrace the Divine Love to do their Healing would cancel out a large amount of people and is putting a rule in place, which doesn't need to be there and would only get in the way.

So to call it a Religion and yet to make it as free as you are intending James, is something for you to decide for yourself, which really just gets down to using the word religion. And I know it appeals to you because it is a religion that is not a religion, yet more a true religion of truth than any of the existing religions are, so you're showing up those religions for the untruth that they are.

Anyway, it's what you want to do James, it's not for us to say one way or the other. And you will do what you want to do, you'll hear people's complaints or if they like the idea, weigh it all up, and still do what you want to do.

James: Thank you Nanna Beth. Is there anything else you'd like to say to John before I sign off?

Nanna Beth: Just keep consolidating your goals and all that's in your mind John. It was very good all you said to James on the phone about how it is and how it has been for you. That helped James understand where you are coming from more, which has helped him feel better about it all. For him it's about the personal involvement with you more now than just concepts, as he's changing daily out of his mind into his feelings. And I'm writing this helping him see this a bit more for himself. So you saying how much the whole thing IS YOU, how YOU ARE IT (you being James), has helped him feel where he fits into it with you on the personal level. And this will get stronger in him over the coming months. So you John will consolidate your mind, James his feelings, and this is a good combination. And although I say John

you will consolidate your mind, I don't mean you won't feel things, for you do, and it's with your feelings that you're consolidating your mind, you like how things feel, things you are thinking about, and how you're seeing things, it all feels right, and so you go with it, and this is what I mean by consolidating.

And we are continually feeding thoughts to your mind John, a little bit here and there, it really is a collaborative process, you with us, we are becoming much more as one, you are letting go and going with it and allowing us to do so, which is all what's meant to happen and is very good for you and us too.

And it's all helping James formulate how he wants to be, what he wants to do, how he should orientate himself so far as presenting the truths he is working with. You of course can't see this John, but your impact in his life is having a big effect, and a very positive one, as he has told you. It's also helping to bring up many issues he has to work with, both he and Marion, which is part of their Healing.

And John, you will become something of a magnet, or like a light to which the moths will come out of the darkness, they being all the people who want to be involved. And you have nothing to worry about, as we've said, it will all continue to unfold as it always has done, we want to keep saying this too you as it's having the desired effect upon you, and soon it will change direction giving you something tangible to work with.

James: Like when he gets billions of dollars to splash around – what happens if he just disappears down the pokies, being a secret punter no one knew about?

Nanna Beth: Then you'd have to go and ferret him out and kick his backside and tell him to get on with the real job at hand! That's what you do with an errant child – isn't it?

James: So you don't force or coerce anyone to do anything they don't want to do. Because who wants to be treated that way – no one!

Nanna Beth: You can add that to the Schooling list. I'll speak to you both soon – Love Nanna Beth.

# LIGHT OF TRUTH

**Negative Spirit Influence  
blocked  
22 March 2017  
Law of Compensation  
quickenings  
22 May 2017**



**Rebellion and Default  
officially ended  
31 January 2018  
Feeling Healing Completing  
by the second of soul partners  
12 April 2022**

Sunday, 20 August 2017

Crystal asking Helen; To expand on your conversation with James, I have to believe that men have subconsciously realised only over the most recent millennium that they are the lesser sex. And that was the real reason for religious doctrine completely controlled by men.

If you look back before AD, women were treated with reverence, respect and awe driven by man's lack of understanding in their role in perpetuating the species. I remember reading both Alice Walker and Jean Auel. Both authors, fictional writers, but having a complete grasp of the greater sex.

Then men discovered their role, and suddenly religions were created to elevate a few, denigrate women, and control the masses. Little did they know that science would again make them irrelevant (that and the electric reversible drill / screwdriver). James: I built an entire farm by myself because of the power of a reversible screwdriver!

However, they are 48% of the population and will need to find a new place in the world order. What will that be? Especially with the feminine feeling side taking control over the masculine mind side.

Speaking of women...did my mother finally find peace? She sure didn't have any during her life. Fortunately for her, she only took her pain out on her nearest and dearest. Because of that, I never assumed love, or that I have ever actually felt it. It's much easier to grasp James writings coming from a neutral position. I didn't have to be convinced I knew what it was, I knew I didn't.

Anyway, an interesting conversation you started James. I didn't mean to hijack it. If you choose to not pursue it any further, just hit delete.

Crystal

James: Not at all Crystal, I enjoy any feedback, and look what it helps bring up in me! And you built your whole farm! That goes to show how un-needed we men are. John, where's that cool beer, leave them to it, I say!

Helen, 3<sup>rd</sup> Celestial Heaven. Helen was the daughter of a prominent Greek banker who was assassination just prior to World War II, Helen's family became refugees living south of Minnesota, USA: **The religions of today were created as a means of stopping Jesus' truth about longing for the Divine Love and what that does to the soul, and then any truth Mary Magdalene might have said about looking to our feelings for their truth, so as to keep the Rebellion in place. The religions pre-Jesus were designed by the Higher Evil Spirits who were controlling humanity to keep that control, focusing everything on the mind being in control rather than feelings, and then post-Jesus, they added more of the same yet with the added emphasis of using all he said, so taking it, corrupting it, and adapting it to their cause. And then throw in their contrived Islam, and you have more male domination and the subjugation of feelings – of the woman.**

Men will find that they actually enjoy being in the supportive role with women, because their women will help them live true to their feelings, which will make them feel better – James will tell you how much better he feels because of Marion's input. Imagine a world in which there is no power motive, no money required to gain wealth or power because wealth and power mean nothing, everyone enjoying feeling-expression equality, everyone being free to readily express all they feel, and the truth that comes to everyone through their feelings being the determining law of the land. Men will adjust, as will women. Many women enjoy feeling they have power in the man's world, and they will resist more tenaciously than many of the men, having to give up their positions of power and control.

However humanity is not destined to remain trapped within its rebellious state forever, it can't stay that way continuously evolving it, because evil is self-destructive, so eventually humanity would destroy

itself. And as that defeats the whole purpose of our evil experience, so we're on the threshold of something having to give.

And yes Crystal, your mother has found peace, she is currently living in a nice home and in what she feels is a loving relationship with a man in the second mind world (2<sup>nd</sup> mind spirit Mansion World). She wishes not to be disturbed, she is not interested in what you or your daughter are doing, no longer wanting to have anything to do with her 'old life'. Which is a common and understandable reaction to someone who had a bad unloving life; however in the end Crystal, the fact that you didn't feel loved, and don't feel love as such, as you say, will work in your favour, even though currently it makes things difficult for you. But as you said, to know you are not loving, at least you don't have to wake up to the falseness and delusion believing you are loving as many other people have to, and that will be a big help. Also, having no presumptions about it, leaves you open to a Mr Someone... who might just come along when you are least expecting it... Can't say more about that I'm afraid.

I will speak to you soon Crystal... keep that drill handy!

**NATURE SPIRITS** – Kindly go to [www.pascashealth.com](http://www.pascashealth.com) then Library Download page and scroll down to Medical – Spiritual References and click on to open:

 [With Verna - a Nature Spirit via James Moncrief.pdf](#)



In a way, each person's Indwelling Spirit, which is really God, is contracting out the work needed to be done with you to other agencies. So to us spirits, the angels, the nature spirits, other elements under the Divine Minister's control, and even other non-humanity spirits, all of which end up doing increasingly more amounts of what your Indwelling Spirit does. And this 'outsourcing' is to affect greater personality interaction, increasing your experiences so they are maximised through interaction with different personalities rather than just relying solely on God. Overall, we are to become increasingly at-one with God, but we are to do that by becoming increasingly immersed in the experience of being with others.

Nanna Beth – 3<sup>rd</sup> Celestial Heaven: 25 December 2018

**NEW BIOSPHERE AGRICULTURE – VERNA a NATURE SPIRIT** Saturday, 28 October 2017  
Hi Verna, (note from Graham G)

I am only just discovering these communications and am loving them. For around 10 years I was involved in the "Biological Farming" movement. Looking to build microbial diversity in the soil to develop a more sustainable agriculture system. Are the principals of biological farming founded in truth? Was I barking up the right tree?

I had a few friends in the biological farming industry who taught me about Nature Spirits. I believed in them and used to ask for their help. Certain crops responded. Was I actually engaging with nature spirits? Were the biological farming practices helpful to the nature spirits?

My friend and I used to use radionics to guide us to help create better environments for plants to thrive. Were the radionics methods we used really delivering sound Agronomic solutions? Is radionics a valid way to seek the truth of a plant's needs?

Thank you very much – Graham

James: Hello my dear Verna, it's been such a long time since we've spoken.

Verna, a Nature Spirit: I know it has James, you leaving me out on all the fun and games; really, I ask you, it's not right!

James: All right Gran, so what about getting on answering Graham.

Verna – a Nature Spirit: Don't be rude, I will do it when I am ready... all right then, I am ready. Now Graham, you've got nothing to worry about, if you do the right thing by nature, such as your Biological Farming, then nature will benefit as will you. And of course to respect nature in how you interact with it, seeing all the creatures and the environment they live in as precious, and that you're all in it together and need each other for optimum survival. To go off believing you know better than God is asking for problems, all of which you're finding out for yourselves. You eat unhealthy food and suffer accordingly, it all being part of your repressed childhood state, with your un-nutritional diets helping to reflect the bad states you are in. Humanity will study nature and itself for hundreds of thousands of years and still NEVER understand all that is involved in your relationship with it and you with yourselves. You will never know, you can't know, because by the time you get anywhere near what's really going on, humanity will have outgrown the physical need to live on Earth.

How does that sound James – impressive? You know I'm full of such impressive images and statements of truth.

James: I know you are Verna, and you know I love them, that's why you tell them all to me – isn't it?

Verna: How right you are, of course it is, I don't care about them, I've no need for them, I just watch as humanity makes a dogs breakfast of all it touches, wrecking nature, destroying the very land it is trying to live from, really, you are so dense, and look how long it's taking you to come back to your senses! Your senses have been bashed out of you by your parenting, so it's going to be a long haul for you to 'come home'. And when you do manage to give up all your truth-denying ways, then you'll be more like the primitive people, closer and truer to nature, living communally and in small tribes, all loving being fully attentive to each other and all you're feeling, all whilst completely living in harmony with the natural world. Oh, and you've come such a long way with all your science, well you'd be better off studying, if you must study anything, the negative impact you have on everything because of living untrue to yourselves. Looking at it that you're living rebelliously against all that is right, and then you might get closer to what you're wrongly doing.

See James, I am so full of good advice and wisdom, it's just pours out of me, I'm not your average dumb old nature spirit – am I?

James: Not at all Verna, god no, never, you're the smartest and brightest and you know everything.

Verna: That's right, at least you've got that part of your wayward mind in order. Now, what's Graham's next question, I got a little off track getting carried away as you might have noticed.

Now, were the Biological Farming methods helpful to us nature spirits, and were you talking with them Graham?

Yes, you would have been talking with them if that was your intent. We are with you all the time, yes, mostly in the background, but nevertheless we are there and we know all you are thinking and feeling, so if that includes us, so we feel included. (Nature Spirits live in the third Earth plane.) However that doesn't mean we can just do what you want, as we can't. We might like to at times, blast the socks off you by growing everything perfectly, but we still have to adhere to the limitations imposed on us by the Rebellion and Default, which are reflected in how you are. So the truer you are, should you do your Healing, then the closer we can come and work with you. And for those who are Healed, then we can get down to some serious business if you want to include us in your lives.

Your more nature-positive farming doesn't actually help us specifically. No, you are not doing it for us, you're doing it for yourselves. So as you help yourself, then we can help you more – that's how it goes. Because we don't need any help, we're able to help ourselves, we don't need you, we're on the world for you, to help you, it's all here to help you, everything currently exists in Creation to help ascending mortals start on their physical world and **ascend to Paradise. And as you can ONLY do that by growing in truth through your feelings**, so we are here to help you with that. And if you want to live denying that, going the other way and being unloving to yourself, then we're here to help you do that. So we don't prevent you doing what you want, although we can limit and... ok, at times we can prevent you, but mostly we don't, mostly we move with you, and if you deny nature then we fade away as you no longer need as many of us involved with you, and so we move to other still natural parts of the world or we 'die', which means we move onto becoming angels. But if you look to nature and want to do the right thing by it, then we'll gather around in greater numbers helping you in the ways that we can, even increasing in number if that is what is required.

Next question?

Radionics – was that a help? It's better than no radionics and just the unfeeling way of farming, however it's still too much of the mind. You are to 'farm your feelings' – do you like that one!, so look at it that way. Your feelings will tell you if how you are farming is making you feel good, you'll love the whole experience, you'll thrive in and with it, that is provided you can release yourself from your mind control. So the less technical and scientific and the more feeling you can be, the better. If you look to the plants to show you, take the need to make money out of the equation, and do it for your own pleasure with your survival as a secondary factor, then you'll be able to sense the more subtle aspects to it all, all that will come through your feelings and your very personal and intimate experience with all that you are doing. And everyone's experience with their plants and the dirt will be different. It is all to help you have experiences to bring up the feelings necessary for you to uncover the truth. So not all experiences might be happy and good feeling ones, many might be bad, but you know how it is, what's needed so you can Heal and progress.

So Graham, relative to your level of truth at the time you were on the right track and doing the best you could. However, as you grow in truth through your Healing, so too will your understanding of what you did before increase and expand, and so will your relationship with nature evolve.

There, how's that Graham and James, are you happy with those answers... too bad if you're not because I'm not going to change them.

James: I wouldn't dream of you changing them Verna. What are you going to do now that you've finished with us?

Verna: Oh there are endless problems I have to attend to James. You think you've got things to worry about, we've got to address the endless pollution on the more subtle levels that your wayward lives leave us to deal with. And all this talk of more nuclear bombs, if you could see the destruction even your testing, even your thinking about the testing of them, causes, all of which someone has to attend to. And those people when their time comes to do their Healing are going to feel very bad for all the fear they caused along with all the damage to the world, they have no idea how much suffering they are inflicting on themselves as they subject everyone else to it. So we go into damage control, containing it within the parameters we're allowed to, we working hand in hand with the angels. And if we didn't do what we do, you'd have blown yourselves apart by now, which possibly might have been a good thing because you don't see the full negative and unloving impact of such experiments because we limit them. It's a bit of a Catch 22, but that is how it is, God wants it that way, so we all carry on.

**Terror is the pinnacle of fear – breath !**



However Graham, we are SOOOOO HHHAAAAPPPYYYY that you are seeing the light. Every person who does means that much pressure is taken off us and nature, and we readily rejoice with you in your new found source of understanding. And even if you don't do anything further directly with nature, at least your heart is moving in the right direction all the time, and that's all that can be asked for. So good for you Graham, and should you need my illustrious services again, don't hesitate to ask. James is a good typing slave, he'll labour on typing all I want to say, won't you James?

James: Of course Verna, how could I not record every bit of pearly wisdom that falls from your lips.

Verna: You're full of shit James. I'm going now. SEE YA!

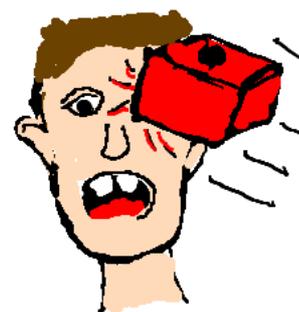
James: Aww, I'm mortally wounded Verna by you sticking it to me. I feel so hurt, what are you saying that for?

Verna: Good, I hope you feel bad. I hope you all feel bad, because that's what you've got to feel. It's no use carrying on with all these fun and games, you've got to get on and be true to the bad, DO YOU HEAR ME – DON'T DENY ONE BAD FEELING, AND KEEP FEELING BAD, AND IF YOU DON'T THEN DO SOMETHING TO. AND I'LL HELP YOU. There, now you've got more bad feelings to work through James – see, aren't I a great help! I said it all on purpose, more for you to work through, think of your mother James.

James: No, I'd rather not, however now you've stirred me up, so I will. Thanks a lot Verna.

Verna: Only too happy to help you James. I am going now and until the next time you deign to spend a little time with us lowly folks... and I do LOVE you James.

James: I understand Verna what you're doing, I can feel it, more of the shock of having it all turned on me, I think it's going one way and we're having a nice time together, only to suddenly have it all turned on its head and I'm lost, I am distraught, I'm upset, that being what mum did to me all the time. Yes, I see Verna, and that's how she threw all the psychic bricks in my face.



Verna: Exactly James, keep going, go deeper into it, there's more for you to see. It's the doing it in fun part, like it's a big game in which you're not allowed or meant to feel hurt, and yet it's all hurtful, that's how it was for you all, that's what you've all got to understand and work through. And how hurtful, which your feelings will show you, just how very hurt you all are, right to the core of yourselves. And the shock of suddenly feeling such unexpected pain, that too is crushing and soul destroying, and then you're left in it, with nowhere to go, destroyed, having to somehow patch Humpty back together again as you go on. Frightful stuff James. Bye now – Verna.

James: I woke up feeling like I'd been punched in the left eye during the night, its hurt all day, it feels tender and hurts when I blink. I've had this 'etheric burning' feeling, it feels sore but not to the touch, many times in that eye and side of the face and all over other parts of my body. And with Verna working her number on me, and on talking my feelings through with Marion, it once again brings up for me how hurt I felt when things seemed to be going well with mum and then suddenly with no warning she turned on me. And how I've managed to prevent such hurtful feelings through my life by not paying attention to people picking up the subtle messages they are showing me, blocking them out and soldiering on, which all amounts to my punching them in the face and not respecting their feelings, so my doing the same that was done to me. Thanks Verna.



We each have a band of a Nature Spirit pair, Spirit Guide pair, and an Angelic pair, each pair being in their 'soulmate / soul partner' relationship. In addition we have our personal Indwelling Spirit.

# with Verna - a nature spirit

James Moncrief

7 March 2012

James: What compensation do the creatures get? They are the good ones suffering at our hands, so what happens to them? We can be the bad ones torturing and abusing them, then become all good even getting the Divine Love and becoming Celestial, but what do they get? We suffer and get rewarded for shitting all over them, so what about them, do they get anything?

Verna, a Nature Spirit: They get to move onto becoming nature spirits and then in time proper angels. Their spirit lives on. It's nothing of a reward as such, the Mother and Father don't issue rewards, it's just how it is. They live what life is given to them, as we all do, and we all experience what we're to, and we all move on when it's time, we're all always moving on. So there is no compensation for them, as really nothing bad has happened to them, has happened to their spirit. And once any suffering of the physical is over, then as a spirit they go on, on into the vast spirit collective and then at some time become part of the spirit that constitutes one of my kind.

James: And as you said, or did you say, actually I can't remember now, are you aware of the creature spirits that constitute your spirit?

Verna: No, I'm not personally aware as in being able to 'remember' or sense that part of me, that part of my spirit was once, say for example, a bee... or a buffalo. However I can, should I desire, access from higher angels just what my spirit composition is.

James: And have you done so?

Verna: Yes, we all do at some point. We all want to understand our heritage.

James: And would you mind sharing it with me?

Verna: I wouldn't mind, but it's difficult. It's not so much saying I was, or rather my spirit was, once this or that creature, as so many of you mortals and mind spirits say your past lives were, for it comes to us as light, and in that light as a knowing, an awareness, just as part of us. And to further complicate things in regards to myself, I was drawn from the creature spirit from other universal worlds, not of Earth, for as I told you, I was created on Earth before life began. And so there are as you now surmise, those of us who were the original nature spirits, but were not 'of' this world' so to speak, that being in a spirit sense. And then since life has been on Earth, there are those nature spirits 'drawn up out of' the indigenous creature spirit'. We refer to them as the 'locals'. And as there is now so few of us original 'out of towners', the locals predominate.

So as you'd not be able to relate to the creatures my spirit comes from, all I can tell you is there's a **good mix of aquatic and terrestrial** in me. I'm a good balance.

And yes to read your mind, there are nature spirits with varying mixes of creature spirit. Some feeling more of an affinity for the plant kingdom, others for the oceans or rivers, and others for land, and of course, mixtures of all. And so yes, to read your thoughts again, as you would expect, those of more plant spirit feel drawn more to the plant side of things, and so that's how it is, those nature spirits tending to the plant kingdom.

James: So your spirit is very complex?

Verna: Yes, it's not as straightforward as is yours, yours coming solely from your soul. Your spirit is your own unique spirit expressing the light of your soul; our spirits, also uniquely our own, however come from a composite of many other spirits. And in my case for example, and I'm about average, or 'usual' – as much as I hate to admit it, I'm composed, for want of a better word, of about **five hundred billion (500,000,000,000) creature spirits**, so yes, you could say we're complex on that level. And yet on other levels, we're considered rather basic, we are after all *only* nature spirits, not great angels.

James: I suppose the spirit of a bacteria is not that big.

Verna, a Nature Spirit: It's not a matter of big or small in the sense that you know it. **It's all a matter of life experience, of light.** All creature spirits are composed of light, this light being seen, related to, understood, even broken down into its component parts by higher angels. As you've been told, as it's the same for you, **each experience you live is composed of many 'lights', that being that much light in the spirit of that experience.** So our spirit existence is literally a sum of all the light experiences of light those creatures lived. **Your light experience, or the light from your experience, goes into your soul, and then re-emerges being expressed as your spirit, as all that you are, all that sustains you in Creation; your truth being one part of that spirit that becomes manifest, that you live.** The light from all our experiences goes into our mind, that being, into expanding and evolving our mental awareness and capabilities, the higher angels having a greater mind than we do. And that angelic mind is not to be confused with your mortal or spirit minds because the two are vastly different. The angelic mind you can't grasp with your limited mind, you can through your soul perceptions when you're healed and of Celestial truth, but until then, you'll have no idea about it. And it's not just a thinking mind as yours currently mostly is, it's a mind of action, or mind of pure and true thought, of insight, a mind of discovery and collection, the collection of all that it is – a mind of light. When an angel moves, it does so not because of its feelings like you do, but because of its mind, the spirit that its mind is, or, the mind of its spirit. Are you confused yet James?

James: No, I'm getting what you're telling me more on a feeling level. I doubt I'll remember any of it with my mind, but I understand what you're saying.

Verna: Good, as it's hard to try and put such concepts into English, into any words for that matter. It's more that you'll understand such things through your soul perceptions as they unfold and develop.

**NOTE:** Under the Universal Contract governing the 'Rebellion and Default' for these past 200,000 years, communications between Nature Spirits and people living in the physical on Earth had been closed off. The instigation of the Rebellion by Lucifer brought about the cessation of interaction between Nature Spirits and humanity. Now that the Rebellion and Default has been formally terminated as of 31 January 2018, those of humanity who become aware of The New Way, the process of Feeling Healing and the availability of Divine Love, and begin to embrace these revelations, interaction between Nature Spirits and those of humanity who move to live Feelings First will find communications possible and begin to interact yet again in a manner that was possible before the imposition of the Rebellion.

This change has also opened the pathway to interaction with Celestial Heaven spirit personalities. In like manner the 'Rebellion and Default' had also prevented such interaction.

**WE EACH have a Nature Spirit pair, Spirit Guide pair and an Angelic Pair:**

For those doing their Healing or are interested in doing it, will from that time have their own personal angels, spirit guides and nature spirits with them, with whom they are to develop their own relationships should they want to. It is not about ‘sharing’ the same angels or guides or nature spirits, it is about you relating specifically to your ‘own’ ones because they are provided for YOU. It’s all for you, to maximise the experiences we each need.

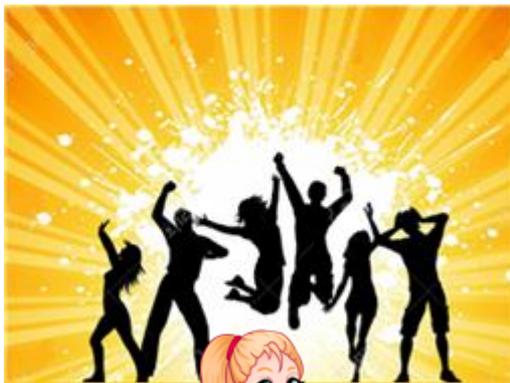


We are all to have our own pure relationships. And it’s the same, of course, in life with your friends. However over there, in spirit, dealing with Nature Spirits, Spirit Guides and Angels, it’s more personal and private and ‘JUST FOR YOU’. So, we have our own separate, unique relationships.

For example, Nature Spirit Verna has been assigned to be specifically and only with James, and she ain’t going to be assigned to anyone else, so she won’t be sharing herself around.

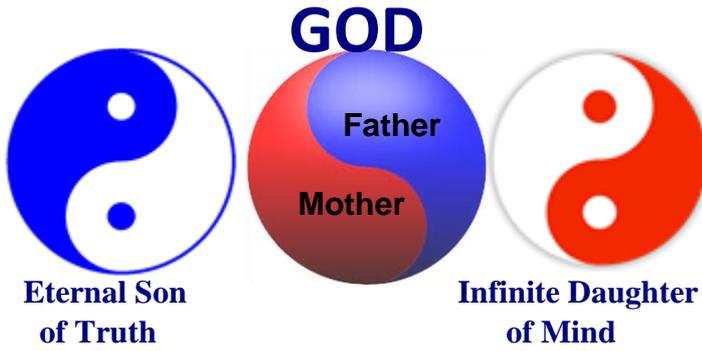
This is SO IMPORTANT to understand; so that in future there won’t be all these people claiming to be speaking with Verna or Mary Magdalene or Jesus or Nanna Beth or anyone else who is part of it all in such capacity. Mary M and Jesus have spoken with James as they have, making it quite clear he is the only one they are speaking with.

We each have a band of a Nature Spirit pair, Spirit Guide pair, and an Angelic pair, each pair being in their ‘soulmate’ / soul partner relationship. Even though we are ascending mortals having a soulmate, even our soulmate has his or her own group of six personalities assisting him or her. Our assigned Nature Spirits do not continue with us into spirit, our Spirit Guides may for a time assist upon entry to the spirit Mansion Worlds. However, our personal Angelic pair continues with us to Paradise, and then even possibly being with us throughout eternity.



**Feelings first**

**CREATION of SOUL and SPIRIT:**



God is *The Paradise Trinity* — the eternal Deity union of the Personalities: the Universal Mother and Father; the Eternal Son of Truth; and the Infinite Daughter Spirit of Mind.

The soul of each human personality (sons and daughters of truth) is existential, driving our personality expression in the experiential. The soul of each human finds truth by embracing one’s feelings and longing for the truth of them. We are to attain the Eternal Son of Truth. We are a creation of Truth.

The soul of angels is experiential, evolving through their experience by continually progressing in mind development. Angels are to attain the Infinite Daughter (Spirit) of Mind. Angels are a creation of Mind. Our soul is duplex (we have a soul partner) and is created by our Heavenly Parents. Through our Feeling Healing we perfect ourselves, enabling the union with our soul partner, as we progress in truth up through the Mansion Worlds, Celestial Heavens and all the way to Paradise.



**Feeling Pathway**

**Mind Pathway**



**Soulmate / Partner Pair**



**Angel**



**Spirit Person**



**Nature Spirit**

The soul of angels is also duplex, yet of the mind, and they progress in mind evolution to Paradise. Animals, plants and nature spirits are also creations of Mind.

Neither we nor animals reincarnate. We never die; upon death, we move into the spirit Mansion Worlds on our journey to Paradise. When animals and plants die, be they the tiny microbe to the mighty elephants of the land and the whales of the ocean, their spirit energy returns to the Spirit Collective Energy. And from this energy are drawn other animals and the nature spirits, who then in turn move onto becoming angels through increasing mind experience.



A nature spirit is an angel in waiting.

# Fresh is Best!



**FOOD SOURCES:**

Sunday, 2 April 2017

John: With endeavours to provide reliable continuous food supplies within difficult environments, the supply of fish, chicken and pigs appear to be essential. Fish farming is a way of providing protein all year round almost anywhere.

Are we meant to farm fish and eat same? The same question relates to all other domesticated animals propagated for food.

Nanna Beth – 3<sup>rd</sup> Celestial Heaven, John’s grandmother: No, you are to love them, so farming them to make money, using them in anyway, is not loving. People are to live harmoniously on Earth with the creatures and plants, the plants being eaten for they give themselves to be consumed, but they are also to be grown well and treated with love and respect, and not factory farmed either. However, this is a long way off, so in the meantime, it will remain a personal choice. And the more people do their Healing the more they will naturally move away from wanting to harm the creatures and disrespect the plants – you feel sorry for them as you feel sorry for yourself. And gradually humanity will ‘increase its vibration’ – it’s truth. But as I said, it’s not something John needs to worry himself about because he’s not the one to solve all the world’s food problems. And you can only do what you can do, so if you don’t want to eat meat, don’t eat it, if you do eat it, all whilst you keep expressing your feelings and longing for their truth.

John: What happens to the spirit bodies of such animals, including fish?

Nanna Beth: They ‘dissolve’ into their ‘light’, becoming part of the ‘bulk light’ from which nature spirits are drawn or created. The essence or spirit of the creature doesn’t remain individualised, it goes into a collective spirit whole, from which nature spirits are made. And the spirits of animals within the lower Mansion Worlds and Earth planes are not the actual animals themselves, they are not your actual beloved pet living as a spirit dog or cat in the afterlife, they are creatures native to the Mansion Worlds that can easily manifest themselves as being your pet in spirit or any animal, based on your memories, all whilst you still need that animal or pet to remain as you need it.

John: Is this a case of slow transition as humanity heals itself then it will progressively step away from consuming fish and meat? What alternatives should we consider and investigate?

Nanna Beth: The alternatives to consider will naturally come up, however it will all be along the lines of being more natural, anything manmade will fail and only cause you problems in the end, until such things are made by loving people who are well advanced in their Healing or high in natural love and understanding with a deep feeling and respect for nature.



# Soul Partner

Many long for and seek their soulmate / soul partner which they will find only upon completing their Feeling Healing. And should

they have embraced Divine Love, becoming of a Celestial soul condition. Our soul is duplex. One soul expresses two personalities – one being female and the other male – always. There is no homosexuality on a soul level, only on a dysfunctional personality level. When each soulmate couple have respectively healed the Rebellion and Default within them, then being compatible partners for all of eternity, embark upon their joint journey (ascension) to Paradise – the home of our Heavenly Mother and Father – the Original Soul Partners!

During 2020, this account was made of soul partners of a family group who had lived close together in a small rural community in mid New South Wales of Australia. They are all now in the Celestial Heavens. More or less, the diversity of experiences and journeys may be considered typical for many billions of family personalities:

Nanna Beth's soul partner lived and worked in Western Australia's gold mining industry at the same time that Beth lived in New South Wales, Australia.

Her daughter, Marie's soul partner is a native from the Middle Eastern Kingdom of Quasoria, which no longer exists, but was on an island in the Pacific that also no longer exists. He's what you would call an ancient spirit, from three pole shifts back. (A pole shift is a cyclical event that unfolds around 12,000 to 13,000 years, the last one being more than 12,000 years ago. That suggests he may have lived on Earth some 40,000 years ago. Adam and Eve materialised on Earth more than 38,000 years ago in the Middle East, on a peninsula at the eastern end of the Mediterranean Ocean.)

Kevin, born in 1937, married Marie's eldest daughter. Kathaleen, Kevin's soulmate / soul partner was born in 1901, and is from Tennessee, USA, and is black. Kevin is white, so they are 'salt and pepper'.

Bradley, Kevin's son, suicided in 1999, and early April 2018 became Celestial. Bradley's soul partner is from the region that is now Russia – but it was not when she lived.

Raymond, Nanna Beth's grandson, died aged 23. Raymond entered the 1<sup>st</sup> Celestial Heaven in May 2018. His soulmate / soul partner had been in the Celestials for about twenty years and she was in the third Celestial Heaven sphere then. She is from northern Europe.

Benjamin John, Marie's grandson, miscarried at twelve weeks and was spirit born. His soul partner is also spirit born and they are now in the 2<sup>nd</sup> Celestial Heaven, both having had lives in the spirit Mansion Worlds that replicated living as if the were on physical Earth.

Physical incarnation (individualisation) is complete with the first heart beat, around 16 days after conception. Reincarnation is impossible. Annually, 130 million physical births take place, 45 – 50 million abortions as well as 45 – 50 million miscarriages. Childhood deaths annually may be as high as 10 million. Thus, around 45% of all incarnations do not achieve adult life.

While we remain living within the Rebellion and Default, we are rebelling against our soul; and consequently, against our soul partner. If we were able to find our soul partner, let alone recognise him or her, we would more than likely be repulsed by each other. Upon completion of our Spiritual Healing, usually we become connected with our soul partner, and then it is so for eternity.

**FOUR BOYS – KEVIN, BRADLEY, RAYMOND and BENJAMIN**

Thursday, 18 May 2017

John: Hi James

(questions from John are in blue)

Whenever it pleases you, may we explore these feelings please.

John: Sorry James, this is overwhelming. Added: This morning I woke suspecting that the beautiful light energy I felt last evening was our unborn son, Benjamin John. Was that so?

At the time of these writings, Benjamin was in the 2<sup>nd</sup> Celestial Heaven:

I am Benjamin, John, although that is not the name my spirit parents gave me. And it was myself coming to you as you have had me on your mind from time to time. I am not part of what is going on with you John, I have my own very separate life to you, however I am a Celestial and Beth and I have occasion to speak together through work that we do. (At twelve weeks into term, Benjamin, as we grew to call him, miscarried, being around April 1975.)

I came to you, as I have come periodically to you and Carolyn, more of out of curiosity as to what my life might have been like had things been different and were I to be one of your Earth children.

As it was, I had a very happy upbringing with my spirit parents, we lived on the first Mansion World in one of the big cities and I had four brothers and two sisters and was very artistic, going to what would be the equivalent of art college, where I developed my artistic skills to quite a high degree.

And that was all before I was introduced to the Divine Love, which I did through you, following it up with Beth as she came to me when I expressed interest in it, which just so happened to be coincidental on one of my periodic visits to you. You were very taken with the Padgett Messages and were involved with AJ (Miller) and Mary Luck (that was from July 2009 until November 2011), and I spent some time with you and them and the other people and spirits involved with them, as there were quite a gathering of spirits who attended all they were doing.

Beth soon put me straight about the Divine Love and the Healing, and then I embarked upon it, having to do it like we all do, coming to understand that my upbringing was not so different from many on Earth, and possibly even so, had I been your flesh child. My art, I put on hold as I worked continuously on myself, meeting my soulmate, and now we are living in the Second Celestial sphere.

And from here, we intend moving on, we have no feeling for having anything to do with the physical Earth and all the changes that are soon to take place which Beth and yourself, John, are involved in, no, that's not for us, as my soulmate was also 'Spirit Born', as we call ourselves and those of us who never got born on Earth, as we want to ascend on our journey to Paradise.

I will come and meet you when you come over and we'll spend time getting to know each other, there will be, no doubt, many questions you will want to ask me about how my life has been and how I've turned out, and I will be more than happy to answer them, but then I will leave you, as it will be for me to move on, as you are to remain – so I understand from Beth – for a time working still with Earth.

I came to you now for you to know that I am okay, very well in fact, fully in love with my life and my beautiful partner, and that I have no hard feelings about you or Carolyn, or about anything I might have missed out on, now having worked through all such issues through my Healing.

You might be interested to know that I got 'married' as some of us spirits do, and we adopted children of our own, however the relationship failed as I wanted to move on into the Divine Love, and we've all gone our separate ways. All of which, again, I have healed and worked through, not unlike how it is for many people on Earth.

And really I came to say goodbye rather than hello, for I am leaving Earth as you might say, wishing to, as I said, move higher into the Celestial spheres of Nebadon. There are a lot of spirits like myself and my partner who are wanting to move higher to Paradise, we feel a strong pull within us to do so, as you too will feel when your time comes to leave the lower Celestial spheres and start on our spiritual ascent in earnest.

However as I said, I will descend to spend time with you when you need it, and then our true separation will come, and we'll see what our Mother and Father has in store for us.

I will not be coming back to you now that we've made contact this way through James. You can think to me and I will acknowledge such thoughts and respond accordingly, but as I said, Satia and myself, Nariko (that's a good enough approximation James) are, together with our soulgroup, heading Paradiseward. (We each have been named by our Heavenly Parents, these names we adopt when entering the Celestial Heavens. These names could be those given by parents or be soul names.)

I am looking forward to our time together John, when your time comes and you are ready for my visit, and until then I wish you all the best with your endeavours. You are, as you know, in very good hands with Nanna Beth, as you like to call her, and so I will say goodbye and thank you for your time John. Thank you James.



## WHEN WE ARE DEAD, WE ARE MORE ALIVE THAN EVER!

### MARGE – day 19!

Tuesday, 15 December 2020

Marjorie, John's sister died on 26 November 2020, aged 76, this is Marge outlining her experience:



Marjorie, newly arrived 1<sup>st</sup> Mansion World spirit: I can hear you, James, asking me questions in your mind. Alicia has gone, so I can answer some of them. She is such a dear girl, she came saying she was worried about me, wanting to know if there was anymore she could do for me. I assured her she was doing more than enough, which she seemed happy about, however she kept persisting. I thought about telling her about my life-decision problem, but decided it wasn't the right time. I told her there was something I wanted to talk to her about, but I needed time with her, and she suggested that she take me on a trip to her home in Peru and we could talk about that during the trip. And feeling delighted with that idea, I'd love to go with her to Peru, to see, "meet" as she put it, her family, that being at least a start in my seeing some more of the world. So we "organised" that I we'd go in a couple of days' time, she had to see to some of her other "people" and then we could go. So I'm looking forward to that. But to answer some of your questions.

How I was taken to Earth to visit my family went like this. I'm living in what would amount to be a huge block of flats, possibly thousands of them, I have no idea how many and they are built in a semi-circle with the inner part looking out to The Park. Within our section there are endless small bedrooms, I'm 6667773896, more than the phone number to remember, however with our spirit minds, remembering such things is easy, yet another of my new life pleasures, not forgetting anything!

In my room, which is a soft very pale yellow colour, like it's been painted, I have a bed, very comfortable, subtle lighting that I can adjust to different intensities and colours using my mind, a table and chair and that's all. I am told, that should I need room for clothes I might acquire furniture that can be provided to hang them or put them in. However, so far I've been happy wearing the same garment, everyone else has, so I've seen as yet no reason to change. And it's what I thought I'd like to wear when I first awoke in the Arrival Room. From what I understand, we get the choice of wearing what we want using our mind when we first wake up, which I did and then once we're established we can choose to wear creations from other spirits or learn now to make our own using our minds. So everyone wears a whole mixture of clothing, which is fun, as so many spirits are from so many different countries. I've only met two other Australian spirits Newly Arrived, a man and a woman about my own age. However they have since moved away.

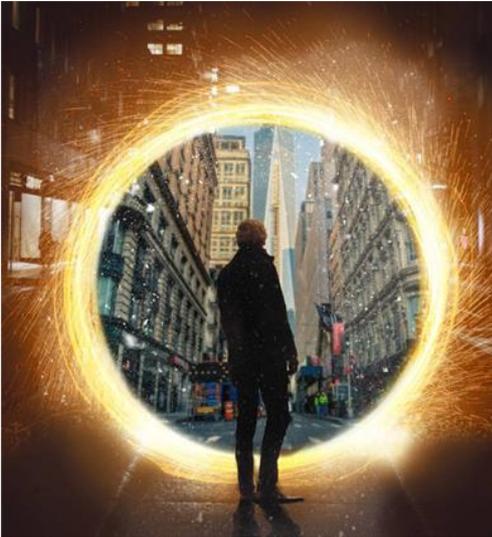
So within our massive block of flats there are sections in which all spirits can freely meet and spend time. It's all beautiful, very tastefully done, like a top hotel's foyer, and spirits mingle, sit, there is a big bar, areas for food, you play the pokies and other gambling games, all sorts of entertainment, all so to keep us happy with things so many of us are familiar with. And then there are areas away and more peaceful, which I prefer to go.

Then to go to Earth. Alicia organised for a spirit who specialises in taking newly arrived spirits like myself back to Earth to see their family and friends. This spirit came and she took me to another enormous building. It's incredible how you can move here in spirit. You can walk or run, swim, we have a large swimming pool in the 'complex' as some spirits refer to it. Or you can just sort of close your eyes and will yourself where you want to go. You have to know where you want to go, and so you think of being there and want to be there and bingo, you're there. There are areas in which you can freely will yourself, 'flying' areas some of the spirits call them, and some of these areas are well marked so you move into them and away you go, then to arrive in another such marked area where you wanted to arrive.

So in the complex, it's like going to the lifts, you go into the marked area, which is about the size of a basketball court, and there are lots of them in the complex, so I'm told, and we hold hands so I could

follow her, my spirit guide, and suddenly we were in this other massive building. And it is huge. I couldn't begin to describe it, something very science fiction looking.

And in this building are departure and arrival areas for Earth. I understand how it all works, but something along the lines of you move to the desired country you want to go to in the lower Earth plane, I guess you also decide which Earth plane now understanding there are two to choose from. So we went into the first, the closest one to Earth, the Earth dimension as she called it, as that allows you to be as close to people on Earth that you can be.



Anyway, I just followed her, and she took me to the departure area for Australia. We then walked into what looked like a huge airport terminal, all very plush and nicely designed, lots of spirits walking and standing, sitting on the lovely chairs. And by lots I mean, possibly thousands or even hundreds of thousands, I don't know but a huge mass of spirits.

And then it became obvious that the general flow was going and coming, departure and arrival. So we headed towards the arrival, my guide telling me all about it, but as I told you, the information became too much, so she eased back and we walked together mostly in silence, my eyes popping out on their stalks at the amazingness of it all.

Then we got to the area in which we were to go to Australia, which was just from what I could see like a huge opaque glass wall, and you just walked through it, no worries, no problem and instantly you were walking out of it, or presumably its equivalent in the Earth plane in Sydney over the harbour, which was a nice surprising touch. So you walk out onto the water and from there you are free to will yourself wherever you want to go in Australia.



I didn't want to visit the city, and having told my guide a day before my family details she knew about them and said that it was now my turn to will us to them. She said she'd just follow me, which she did.

So following her direction I thought of visiting Ron and so there I was with him at home. He was in the kitchen and suddenly I was with him. And that was weird. It was really good, but so strange. All of which I told you about earlier.

So I spent time with Ron, then moved onto each of our daughters (four daughters). Spending time with them at work, in their cars, in their homes, with my grandchildren, just being with them doing what they were doing, 'tuning in' on them, listening to their thoughts and when they were speaking to each other, feeling their feelings.

I've decided not to include personal family things James, in our writings together. Mum (Marie) instructed me what I am to speak to you about, as so I understand, it's to be part of your work. So I hope

you don't mind about that. I don't fancy telling other people, should they read this, all about my family and our family relationship, so I will keep those parts as general as I can.

All in all I spent a day with my family, one of your Earth days, which are much shorter than our days, so for me it was in my day it was just a mornings outing. (Three Earth days is equivalent to one spirit Mansion World day.)

When I'd had enough, my spirit guide, Helena, who'd been ever so patient and had gone off and left me to it, she saying she had other people she wanted to visit, and that when I was ready to go I was to summons or call her with my mind, which I did, returned and then we retraced our steps back to the complex.

Note from John: Once we connect with another personality, when in spirit, we do not need to travel to communicate with each other, be that with someone in the physical on Earth or in spirit on any of the spirit worlds. Three dimensional screens makes the communication look and feel all are within the same room. Should closer connection be required then to travel to be present with each other may take a couple of minutes – sometimes as much as ten minutes! My mother, Marie, sometimes may make her presence known to me by what seems to be her pulling my ear lobe!



Kindly consider visiting [www.pascashealth.com](http://www.pascashealth.com) and then Library Download, and then scroll down to Medical – Death and Dying and then click on to open the following:

 [Pascas Care Death & Dying Transition & Assimilation.pdf](#)

 [Pascas Care Death & Dying Transition & Assimilation Marjorie.pdf](#)

**NOTE:** Energy can never be destroyed. We go on living but in a different form. When we arrive in the spirit Mansion Worlds we continue looking the same as we do today. We can use our spirit body fingers to pinch our arm and we will find the tensile strength of our spirit body arm to feel just like it does now in the physical. Should we be of senior age in our physical life, then we will slowly decrease in the age we look in our spirit life.

## THERE is **NO REINCARNATION**

- We do NOT reincarnate. Nor can we come back as an ant, a possum, a whale, a bird, any animal or plant or rock.
- We die and move into the spirit Mansion Worlds, and there we stay in the Mind Worlds until we decide to do our Spiritual Healing living the Feelings Way and embracing our ascent of Truth to Paradise. **WE DO NOT COME BACK TO EARTH IN PHYSICAL FORM – EVER!** We can as spirits visit Earth, but we can't ever have a physical body again.
- God bestows upon us our unique personality – you are who you are, and always will be YOU. You may currently be imperfect and untrue because of living in the Rebellion and Default, and through your Spiritual Healing you can become true and perfect. But you will always still be you, the same personality essence. You cannot reincarnate and become a new personality; God only bestows personality on us ONCE. You can't be John or Jill now and have been reincarnated with a different personality in the past, or reincarnate in the future with a new and different personality. For example, by becoming Fred or Mary or Janice or Li or anyone else, because if you were, or do become, Fred or Mary, you are no longer you. You will Always be You! And even if you did reincarnate, named John or Jill again, you'd be a different John and Jill with a different personality. So that can't be THE SAME YOU because the very act of incarnation means you are incarnating the one unique personality you are.
- There is no 'OverSoul' that incarnates multiple personalities during multiple time frames on Earth.
- People (and often children) who feel so strongly they can remember in great detail their past life (or lives) are not remembering their actual past life, they are being 'fed' such information from other spirits or from their own Indwelling Spirit. Our Indwelling Spirits of God might have indwelled other people's minds before (or even after) your mind, and can make you believe it was you living those lives, when it wasn't.
- There is no living multiple lives to 'burn off' or 'work through' Karma. All the 'karma' you acquire is done through this one Earth life, to be worked through when you settle the Law of Compensation and do your Spiritual Healing. Both of which can be done on Earth or in the spirit worlds.
- Reincarnation is part of the belief-denial of the Rebellion we live under. It is FALSE, UNTRUE and INCORRECT. It was made up by someone who didn't understand that there was ongoing life in spirit once we died, someone who assumed we all came back repeatedly to Earth until we were fully Enlightened. However part of our 'enlightenment' is to understand there is no such thing as reincarnation for us. And by holding onto such an erroneous belief will only delay your awaking of Truth by doing your Spiritual Healing.
- When you start living The Feelings Way, part of the truth that will come to you through your feelings will show you, as you will know it to be truth, that you have never lived on Earth before and reincarnation is not possible.

**REINCARNATION  
IMPOSSIBLE**

### **An UNBORN BABY'S 1<sup>st</sup> HEARTBEAT OCCURS 16 DAYS after CONCEPTION:**

A research team funded by the British Heart Foundation (BHF) at the University of Oxford says a baby's first heartbeat is now far earlier than was previously understood. Dr. Susan Berry 12 October 2016

Further research confirms that the heart first starts to beat between 16 to 19 days after conception.

What happens when a child dies? 15 March 2013  
**Speaking with Mary Magdalene and Jesus, book 1**

**From the first heartbeat the incarnating person is technically living a physical life, and so if death occurs, it will move into one of the spirit nurseries. If it should 'die' before the first heartbeat, the soul merely 'withdraws', initiating incarnation when the next opportunity arises for its soul-personality.** And of course as you know, there is no reincarnation, so when your soul starts you in Creation and you achieve your **first heartbeat**, then you're underway, be it on Earth or in spirit to Paradise, this being your ascension of truth.

As soon as the spirit body separates from the physical connections, there is no longer any pain, this of itself, as you might well imagine, greatly adding to one's good experience. The dying person, be it a child or an adult, has a good experience in death, especially once the pain has gone should there be pain; it's the people they might leave behind on Earth who don't understand this and who are suffering feelings of loss and deep grief, that have the harder time of it.



An unborn child is taken to spirit nurseries to be cared for. And within those nurseries they are looked after through the remaining time of their gestation period; then are 'born' into spirit life; then to carry on growing up as a spirit child of the Mansion Worlds. Many of them, just as with unwanted physical children, are fostered out or adopted by spirits wanting to be parents, this enabling a lot of people (who are now spirits), who for one reason or another couldn't have children on Earth, to have the experience of parenting. Even carrying the child to full term can be simulated so as to give the 'mother' the experience of being pregnant. The 'father' having his experiences as well. And of course lots of people who become spirits love being involved with children and so become spirit parents or simply involved in looking after the infants and young children of the nurseries.

### **The Heart commences to Beat as early as Day 16 after Conception:**

Until now, researchers thought that the first time our heart muscle contracted to beat was at 8 days after conception in mice or around day 21 of a human pregnancy. Now, a team funded by the BHF at the University of Oxford has demonstrated earlier beating of the heart in mouse embryos which, if extrapolated to the human heart, suggests beating as early as **16 days after conception**.

**Upon achieving incarnation then our personality is individualised – that is our primary purpose of life. We are now on our journey!**

<https://medium.com/british-heart-foundation/when-does-our-heart-first-start-to-beat-36bcba072c1>

**SOUL, from another dimension, is connected to the SPIRIT BODY:**

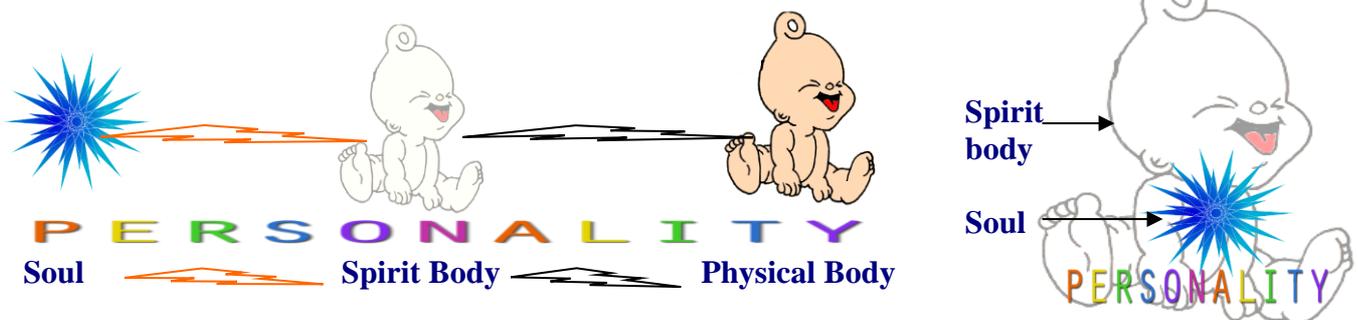
The soul is a most durable and strong structure. We all have one and all are learning about the soul that we have. When it incarnates it enters into the wonderful process which simultaneously sets in motion the creation of a spirit body that enshrouds the developing physical body. This it does twice, one female and one male – one soul, two personalities being soulmates / soul partners. The soul is an incredible structure as it brings with it almost unimaginable potential which includes the talents and passions of each of these two individuals.

The soul contains all of the elements that make a human a human. Therefore it contains the elements which modify and direct the expression of emotion in humans that give humans their individual qualities. Despite the variation of emotional expression in different cultures there is a great uniformity of emotional expression throughout humanity. When an emotion is expressed truly by any person it is capable of being recognised for what it is by any other person.

In small children and babies, the expression of emotion is initially quite simple but recognisable and develops as the child grows and is profoundly influenced by the relationship with the closely attending persons be they parents or others. The small child learns a lot by following and aping what is done by other children and adults so it learns patterns of expression of emotion and learns the acceptability or otherwise of emotional expression. It is taught what is ‘right’ or ‘wrong’ in its immediate environment so there develops a great variety of emotional expression and repression. Thus facades evolve and suppression of true self unfolds.

The spirit body and the soul are inextricably joined and remain so during existence. The soul ‘drives’ all our personality existence, our spirit and physical lives, in Creation. Upon death our physical body ‘dies’ with our soul still expressing our spirit personality. And our consciousness, our life focus and awareness, moves from living focused in the physical to living focused in spirit.

The soul is displayed by virtue of the development of the human personality and its qualities. The physical body is created with all of its physical elements the shape and function of which are largely determined by its human heritage as provided by its physical parents. Even though the soul has all of its potential in every individual, the fullness of its expression in any individual is directed to some degree at least by any limitations of physical and mental structure although these are not, of themselves, absolute in their effect. By that is meant that a soul which is developing powerfully can shine through and transcend what seem like insurmountable physical and mental odds. This means of course that a human who might appear to be greatly hampered by their human heritage is capable of great soul development while on Earth. There is great individuality in this as in all things human.



**WE are meant to grow up LIVING FULLY CONNECTED to our FEELINGS:**

Humanity has always had an awareness and involvement with spirits, with life on the other side, because we are all heading that way, we all end up dying and becoming one of the spirits, and were humanity living rebellion-free, then nearly everyone would enjoy some level of spirit involvement either directly or indirectly, loving such an expansive awareness in life.

**We are meant to grow up living fully connected with our feelings in our physical reality, and at the same time with full feeling awareness of spirits and life after death, because after all, God is the greatest Spirit of us all.**

And so having an awareness and involvement with spirits can, and should, help us have more of an awareness with our Mother and Father. And it's not with just spirits, it's also with the angels who are with us all the time, and the nature spirits should we be open to them, and even higher spirits if we are to work with them, such as the Melchizedeks or Trinity Teacher Pairs. But mostly for those people involved with the Divine Love, it will be with the Celestials spirit group that is assigned to help them.



It is very important to understand that spirits and spirit life is meant to be part of life on Earth. However that's not to say everyone needs to have an ongoing relationship with their spirit friends, but they can at least still be aware of spirits and spirit life and where we will be going and something about what to expect once we die. And when you are open to it, lessening the grip of one's fears about it, then we will find it will be just another aspect or level of life, and one that can give us quite a lot of comfort.

**TRUTH LOVING SOUL V ERROR INFLICTED MIND**



**Feeling  
Healing with  
Divine Love is  
the key!**



**To liberate one's real self, one's will, being one's soul, is by embracing Feeling Healing so as to clear emotional injuries and errors. With the Divine Love, then one is also Soul Healing. We are to feel our feelings, identify what they are, accept and fully acknowledge that we're feeling them, express them fully, all whilst longing for the truth they are to show us.**

**MAN is not meant to INTERFERE with the DRIVERS of PAIN:**

21 September 2011

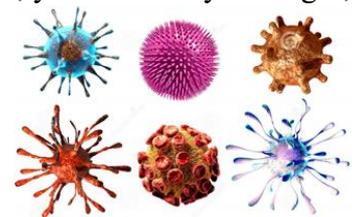
Verna, a Nature Spirit: Mary spoke of the disease resistant microbes coming about because of all the antibiotic food animals are forced to eat in some of the developed countries, well that's our department, one of them anyway. We are the ones responsible for such disease resistant bacteria. You see bacteria are open to easy manipulation from us, and so we're slowly bringing about the disease resistant strains along with the viruses and funguses that will be required by humanity in the times to come.



Humanity is NOT meant to heal itself of all disease by killing off the microbe, by doing things to stop it harming you. Humanity is to grow in truth beyond the need to have such microbes affect it, thereby not having to do anything at all to 'protect' itself from the so-called 'bugs'. The common cold only causes you such bother because you're already causing yourselves so much bother by refusing to feel the bad feelings you're denying. The bother's are the same, the cold coming to you so you can feel how you're really feeling – bothered, that being how your parents made you feel.

Humanity is to see that it's futile to keep trying to solve the problem by killing it, that it won't go away that way. It might be able to delude itself that it's done the job, but it's only short term and the bug will return, even stronger than it was. Had you left it as it was, and concentrated on growing in truth through the doing of your feeling-healing, then you'd have nothing to worry about from the bug. The bugs only cause you the suffering you require because it's what you need to help you feel bad as you refuse to allow yourself to feel as you do – bad. But instead of allowing it to make you feel bad, all so you can express such bad feelings uncovering the truth of them, you try to kill it and make it go away only exacerbating your self- and feeling-denial, only making things even worse for you in the long run.

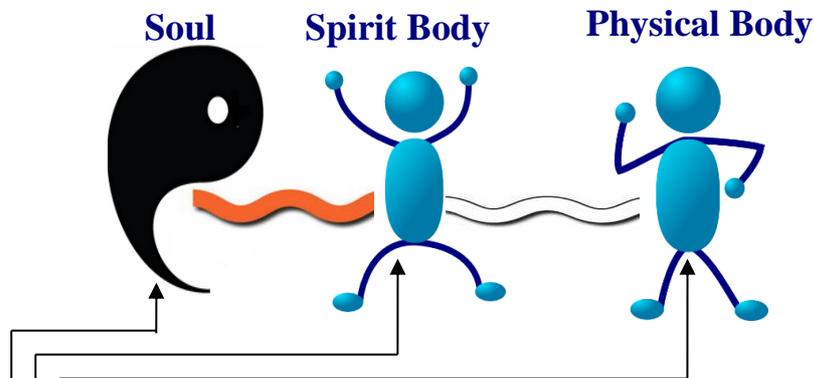
When you have a disease, all the pain you feel from it IS ALREADY pain that's already within you, it's nothing new. You're not suddenly being attacked by this thing that's causing you all this pain. You're being helped by this thing to become aware of the pain you're already feeling, but are refusing to accept and acknowledge. And because you are denying yourself this pain, it all being felt in your early life and being kept buried within you, so it seems like suddenly your full of pain all because of your disease. And it's true that on a physical level the disease is causing you pain, but on the emotional, mental, spiritual and psychological levels, it's only helping you become aware of what you're not allowing yourself to feel. So do you see, YOU ARE ALREADY THE PAIN, it's all already there in you, you're already feeling it, only you've told yourself you're not. So the bug comes along into your body, your soul allows it to 'infect' you instead of rejecting it, and it makes you feel bad, all the bad feelings that are lying dormant within you. Only they are not dormant, you've just blocked them out, that being how extraordinary the mind is.



Were humanity true to its feelings and not under the influence of the Rebellion, it would have evolved beyond the current diseases that afflict it. It would have encountered other higher diseases, but would be well on the way to not having to require their help either. There are higher diseases awaiting humanity in the future, as it moves beyond the current ones, but by then such disease will be known for what it is, to help stimulate certain feelings which when expressed and the truth found, bring about the healing of the illness. As for the current diseases, we'll keep making them resistant to your medicines forever, it's all very easy for us.

Extracts from: With Verna – the Nature Spirit by James Moncrief

## HIERARCHY of HEALING SYSTEMS



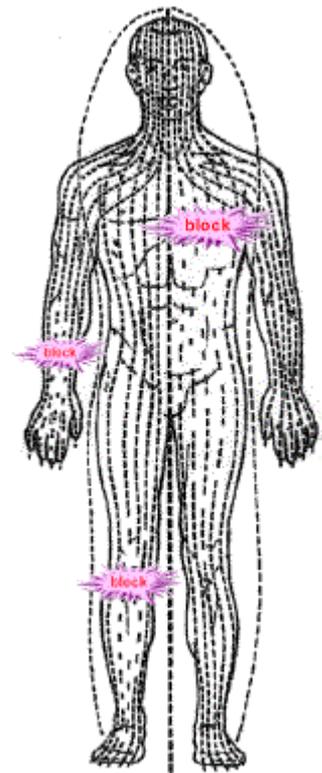
**ALLOPATHIC** – Western Medicine treats the symptoms, is highly regulated and costly as it is cost driven. Symptoms are suppressed – no healing!

**ENERGY HEALING** – Eastern Therapies also treat the symptoms with the assistance from natural love spirits from the realms up to the 6<sup>th</sup> spirit Mansion World.

Therapy applied to the spirit body is through an energy therapist who may work on the chakras, whereas a chiropractor works on the physical body. Such types of therapy deal with the effects and ignore the soul and the causes – temporary healing.

**FEELING HEALING – EMOTIONAL EXPRESSION** addresses the cause. Soul level clearing and growth provides permanent solutions whereas the other two systems provide temporary relief.

If we focus on our childhood suppression, that is the commencement on our pathway home to our Heavenly Parents. Improving our soul condition is the ultimate goal.



**The question is: Are we treating the cause or suppressing the symptoms?**

**Treating the cause permanently heals that which brings about illness:**

What has never been understood before is that we are to ask for, long for and understand the truth behind our feelings, both good and bad. We are to understand what is behind our feelings as they come into our awareness. When we long to understand why we feel good or bad then we will be told – we will come to understand how they came about – eventually! Not even Alice Miller or anyone else has recognised this need to understand and know the cause or causes of why we feel so bad and that we are then to express such feelings to someone who does want to know us, someone who is really interested in the truth of who we are, which in the end is ourselves, as we should be the most interested in ourselves. It is the expressing, talking them out to someone who is interested in you, is wanting to know how you are feeling and why, that we heal ourselves of such emotional injuries.

Our feelings are our truth, and our Healing is just the bringing out of our feelings, and as we do that, the truth comes to us, it being the truth of what we feel.

That's the basic principle, however you do have to apply your will – make an effort – wanting to bring your feelings out, bringing them out, and wanting to see / feel the truth of them, which is the truth of why you're feeling what you are.

You are your feelings, which is the truth that you are. We are all the Living Truth, with our feelings feeling that truth, and then with our minds we can put those feelings and truth into a context that helps us understand on other levels what we just feel.

The truth is waiting in you for you to feel the feelings that give rise to it, all those feelings you should have felt throughout your childhood. We are all revealers, revealing the truth of ourselves through our feelings.

It's really the expressing of our feelings (and particularly our repressed ones that we're denying) to someone who is willing to listen to us, even if that someone is God, whilst we long with all our heart and will to know the truth of them – the truth of why we're feeling them. It's the wanting to know the truth more than anything else that is vitally important, and that means the whole truth, the truth of your unloving relationship with your parents and family because if it wasn't unloving you'd not be or have been made to feel bad. And the way to that truth of yourself is by expressing every feeling you have, and in particular, focusing on all the bad ones, the endless bad ones you've got buried away inside you that you're refusing to feel. If you don't want the whole truth of yourself and are not prepared to look for it in and through all your feelings, then you'll never truly heal the deepest underlying causes of your pain, illness, addictions, compulsive behaviour, erroneous beliefs and understandings, unloving self-denying behaviour and all your suffering.

We are to find the whole truth of ourselves through our feelings. And that means to begin with we're to see the whole truth of our pain and suffering, the truth from conception right the way through the womb, at our birth, through our forming years, the rest of our childhood – all that's made us feel bad in any way. And such truth can be found through our feelings. As a child we can't know the truth of all the feelings we are feeling, however as an adult we can. And it's by doing our Feeling-Healing that we can uncover the whole truth of ourself through our feelings.

**To suppress the symptom is to put the problem aside for later on:**

All medical and complementary healing modalities, including emotional processing, as much as they might help bring some relief to pain and reveal some truth and understanding as to why one is suffering it, they are not focused on the deeper underlying hidden causes of that pain and illness. NONE address the true cause, with that cause ultimately being found in our childhood suppression and repression.



All modalities are mind based, we continue to be led to expect our mind to resolve our pain – the mind can mask and hide our pain – however we have to eventually feel such pain and discover what brought it about. Then we are to express what that pain is all about. In this way we begin to heal.

Feelings First for children is similar for adults, the Feeling Healing process that we all will eventually engage in is a way of living. It is how we will grow in truth and that is through our feelings, we are self-contained. This is the first step in going beyond just suppressing symptoms through our spirit body mind which cannot discern truth from falsehood and embracing our soul based feelings which are always in truth.

**SUPERKIDS**

**Natural self Expression through Feelings**

Self Empowering

Self Revealing

Self Loving



**Feelings First**

**LIVE FEELINGS FIRST**

**FEELINGS FIRST For Kids**

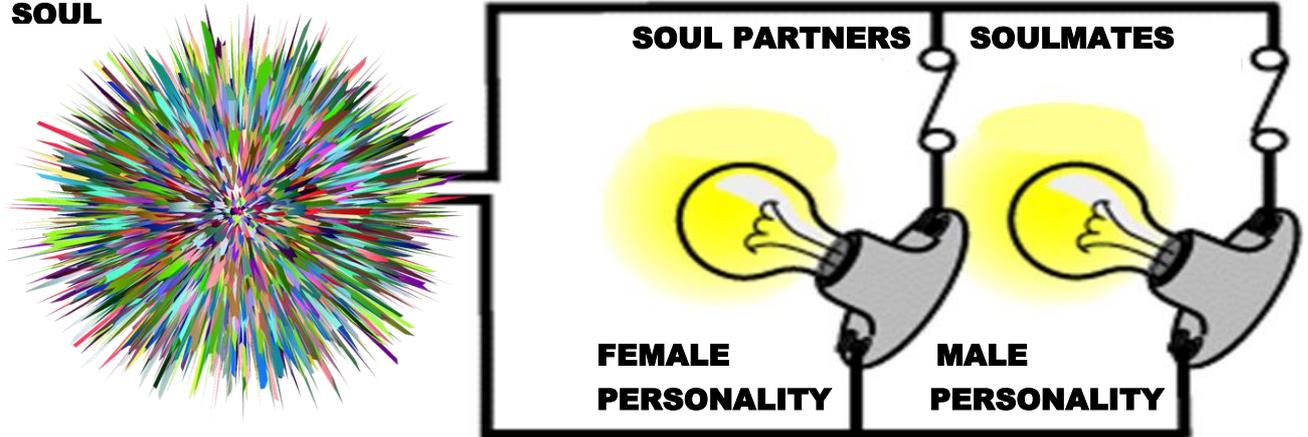
# Health of all of Our Bodies

**SOUL LIGHT emitted is to be BALANCED by the LIGHT RETURNED!**

**Two separate personalities on parallel 'circuits' having the same soul.**

**What impacts one personality does not impact the other personality.**

**SOUL**



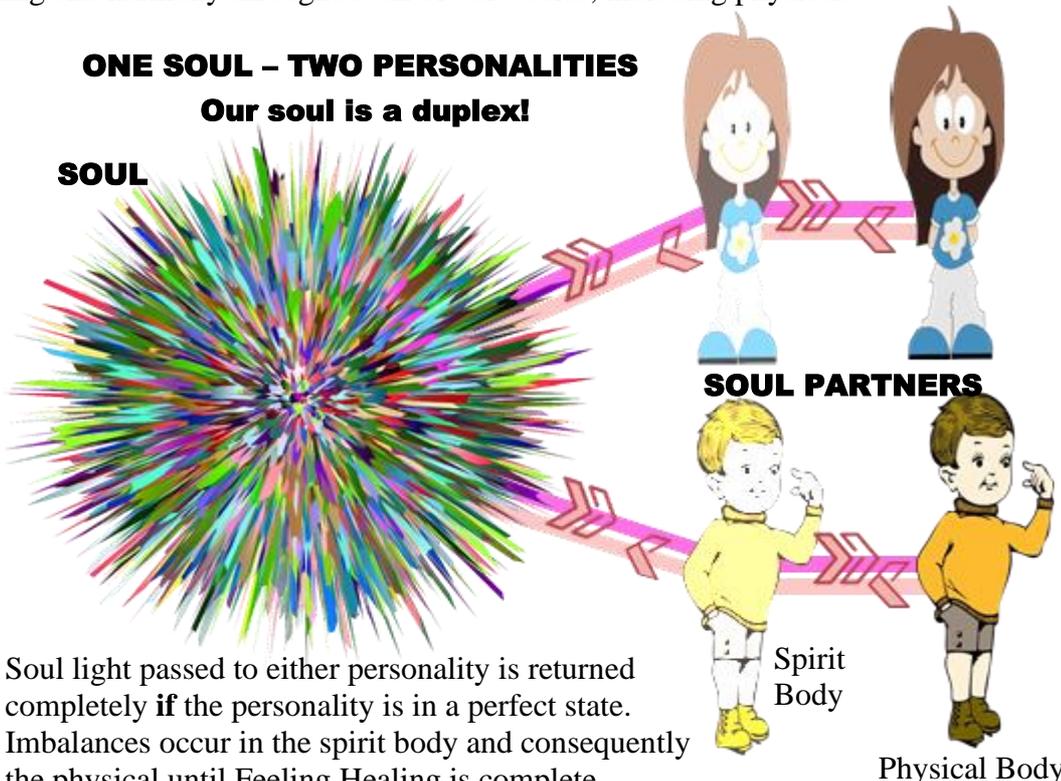
The elephant in the room is our Childhood Suppression, from conception through to age six years. This impedes the circulating flow of soul light thus bringing about imbalances throughout our spirit and physical bodies. This manifests as discomfort, pain, illness and disease throughout our lives. All 10,000 identified diseases are of the consequence of Childhood Suppression in its numerous formats.

We are to express our feelings, both good and bad, to a companion who is open to hear what is coming to surface for us. We are to long to know the truth behind those feelings. What enters us emotionally is to be expressed emotionally. This is our Feeling Healing. This is the one and only pathway to bring about healing and harmony throughout all of our bodies, including physical.

## ONE SOUL - TWO PERSONALITIES

**Our soul is a duplex!**

**SOUL**



Soul light passed to either personality is returned completely **if** the personality is in a perfect state. Imbalances occur in the spirit body and consequently the physical until Feeling Healing is complete.

**WILL! The Soul does everything!**



**WILL Healing**

**Our HEALING is one long act of Self-Love!**

**Feelings Way or the Mind Way**

Feelings First with Mind to follow in support.

**Who hurt me when I was a child?**

The underlying generator of all discomfort, pain, disease and illness is Childhood Suppression and ongoing Repression.

Feeling Healing is our only recovery and soul growth pathway.

It is that simple!

# Childhood Suppression

The soul does it all.  
The soul is a duplex,  
two personalities being  
manifested into the  
physical by our soul.

Soul light continually  
flows from the soul  
through our spirit body  
levels and into our  
physical.

Return light being the  
experiences of our  
physical existence.

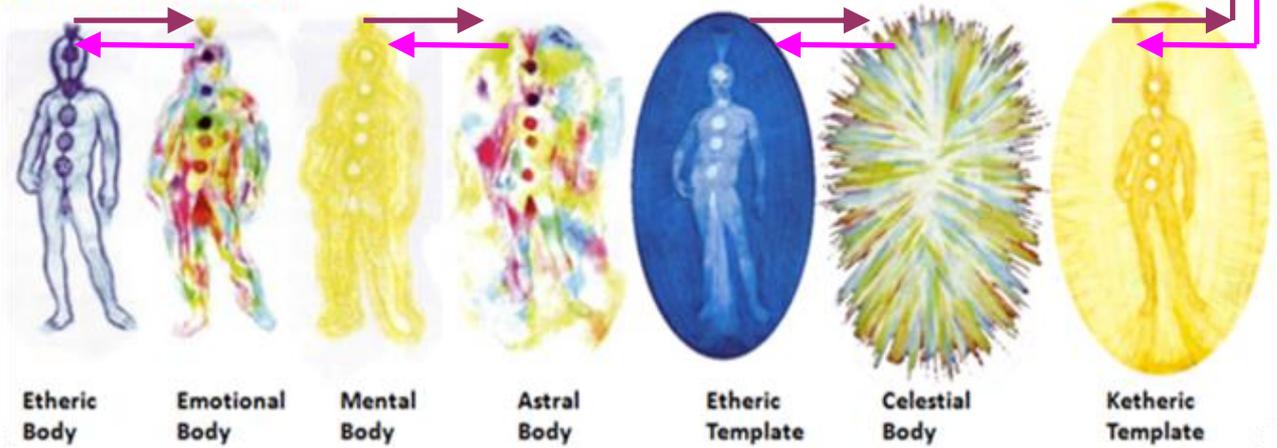
## SOUL



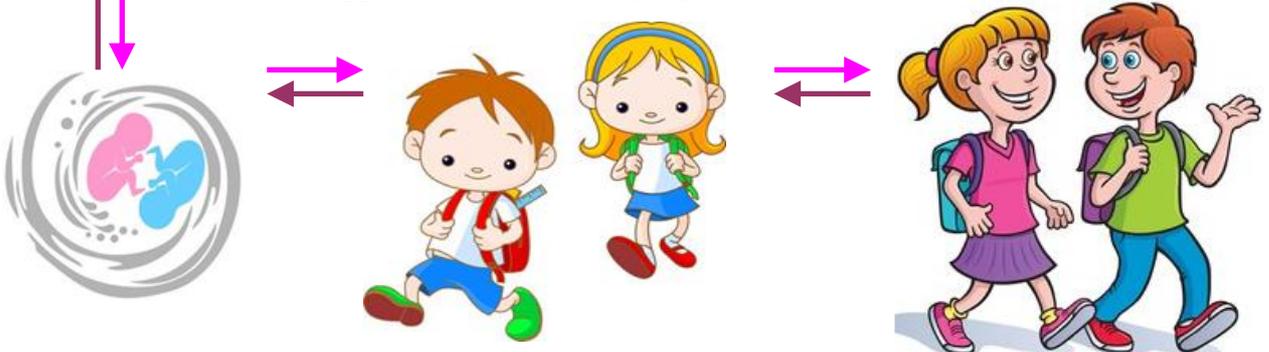
Childhood suppression  
imposed upon us by our  
parents and carers  
causes retarded light to  
return to our soul  
bringing about  
imbalance, reflecting  
emotional injuries and  
errors of belief. This  
imbalance is the cause  
of all our difficulties  
throughout our adult life  
and also all of our health  
issues.

## SPIRIT BODY

Brennan Model of the 7 Levels of the Human Energy Field



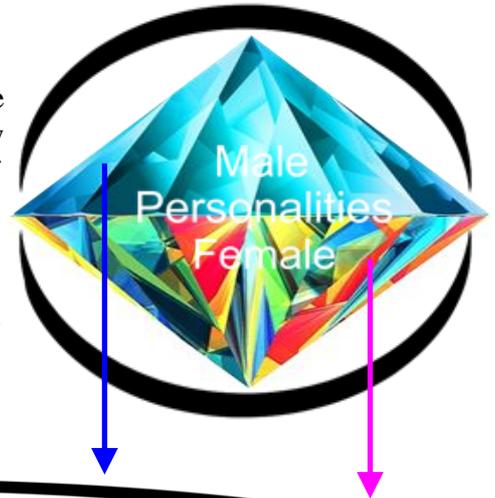
Every experience is recorded through the light returning through our spirit body and back to our soul. What emotional injuries we experience, commencing from conception, has to be expressed emotionally to heal the imbalance in soul light so that harmony and health can be achieved in our spirit and physical bodies. Childhood Suppression is the underlying cause of disease, illness, etc.



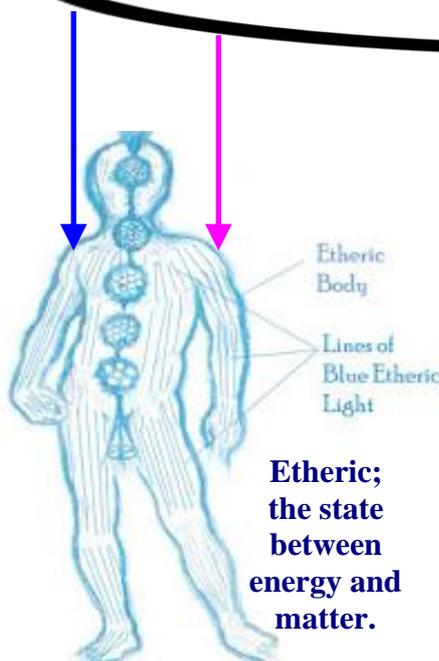
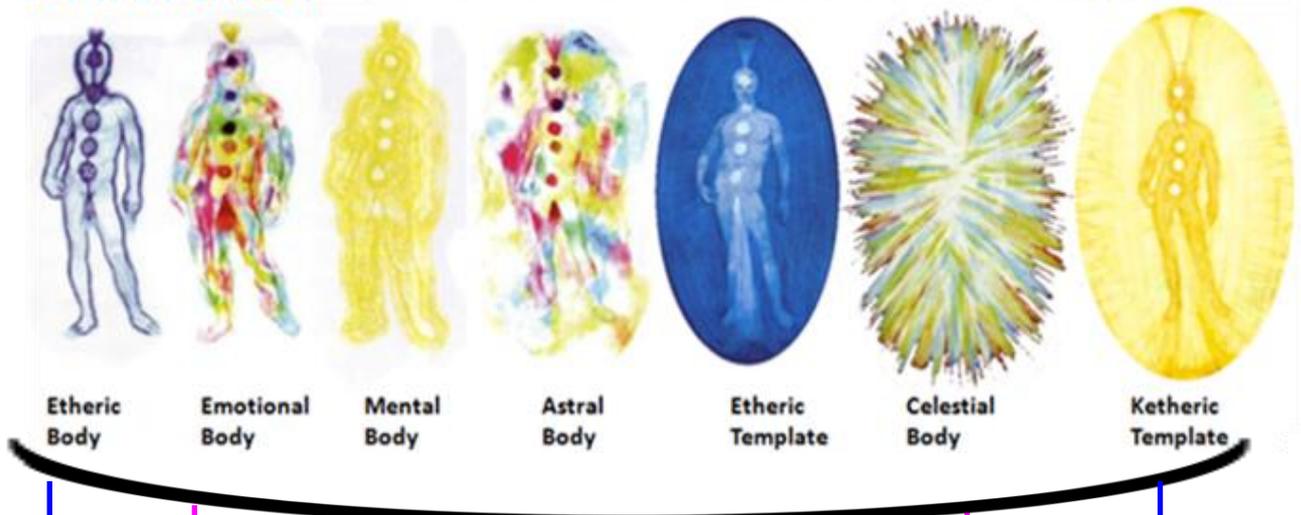
# Childhood Suppression



Childhood Suppression – from conception to age six years – harmfully encrusts the soul, thus impeding light flow throughout all seven layers of the spirit body, damaging the genes within the spirit body which in turn damages the genes in the physical body, as well as setting the pattern for all of our physical health issues throughout our lives.



## SPRIT BODY Brennan Model of the 7 Levels of the Human Energy Field



The spirit etheric body is the template for our physical body, however, no health care system or science considers that the underlying cause of any health issues are formed through our Childhood Repression and that no physical healing occurs without expressing our childhood suppressions, being feelings both good and bad and then longing for the truth behind these injuries. Medicine may suppress the pain – it does not and cannot cure – vaccines are extreme physical suppressions!



**The pain from ANY illness will not exceed the pain experienced during our Childhood Suppression!**

The one and only truly  
effective vaccine is  
the healing of our  
Childhood Suppression  
and ongoing Repression  
through **FEELING HEALING!**

# Beliefs suppress TRUTH

Dis-ease is of Disharmony with TRUTH

Mental Illness is of CHILDHOOD SUPPRESSION

Perceived level of truth MoC 1,000

## FEELING HEALING

embraces the healing of both

Disharmony with TRUTH

and

CHILDHOOD SUPPRESSION

and with Divine Love we are embracing

our

## SOUL HEALING

# Celestial Support:

## celestial Friends

*A Soulgroup consists of 12 Soul Partner pairs.  
From 24 personalities, the Soulgroup may nominate  
a spokesperson to always be the communicator.*

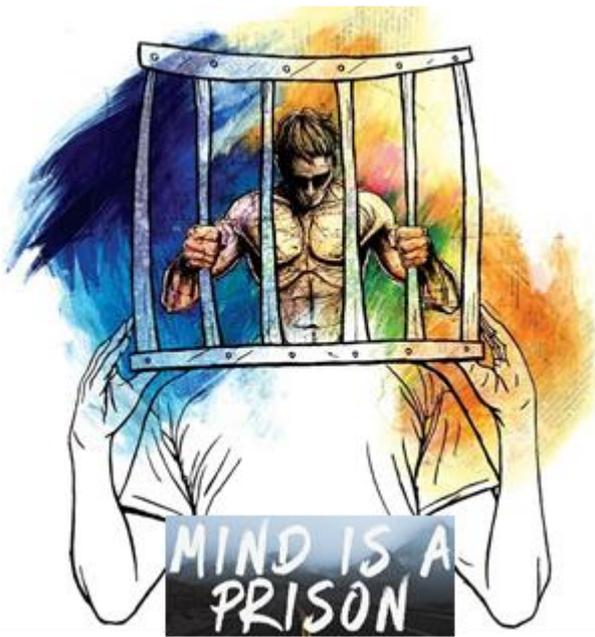


*A Celestial soulgroup support  
may have 12 further groups  
as additional support, and so on!*



# NEW FEELINGS WAY

**We are enslaved in our mind.**



being closer to their feelings, can see the folly of this entrapment of limitation and perpetual stagnation.

We are to live feelings first and have our minds follow implementing what our feelings are leading us to embrace. Our feelings are our true selves, they are an expression of the personality that we are, as bestowed upon us by our Heavenly Mother and Father.

A feelings orientated education opens our potential infinitely. It is only through us living through our feelings that all the social ills that are evident throughout every community in every nation can and will be mitigated and put aside. It is only through expressing our feelings, both good and bad, and longing for the truth of them that we will heal ourselves of our childhood suppression and repression. Then we will see an evolutionary advancement of Earth's humanity that is presently incomprehensible.

**The New Way: Learning how to live true to ourselves by living true to our feelings.**

**FREEDOM OF  
FEELINGS**

**FEELING  
HEALING**

# TALK IT OUT



We are to express our feelings, both good and bad, and nothing is sacrosanct or to be withheld.

All that's wrong and untrue within us has to be expressed out of us, each of us, it all has to come to light for us to see the truth of. We have to know the truth of ourselves and the truth of our family relationships.

Everything needs to be expressed, to come out into the open.

What enters emotionally has to be expressed emotionally – it has to come out emotionally – leave us emotionally!

However, we are not to act upon what we are feeling emotionally! We are not to act it out! But, we are to go on and long to know the truth of what is behind our feelings, why we are having these feelings and experiences.

Long to the Mother and Father for Their Divine Love, and ask Them to help you see the truth through your feelings – that which They want you to know. Long and ask; long and pray. Pray to see, know and BE the truth, the truth of you – of all of it!



# VOICE

We each are to VOICE our pain - the pain from within!

And our pain is our Childhood Suppression.

This being our families' traditions and customs of unknowing erroneous ways.

It is the untruth of held spiritual platforms.

It is our own imprisonment within our mind of arrogance and control addiction.

It is the imposition of control placed on us by those from many levels of influence!

We each are to VOICE our pain to a companion who has compassion for us, and long for truth!

We are to discover that truth which is freedom and love has been hidden from us.

We are to discover that our feelings are our truth.

We are to discover that we are each fully self-contained - truth is within us - and that it is our soul based feelings that generations have told us to suppress and ignore.

No more controlling institutionalised systems are required! - NONE!

# VOICE

# MIND vs FEELINGS

Mind vs Feelings – Your Choice.

And now is an appropriate Time To Make this Choice!

Everyone is to choose: The Mind Way;

or The New Feelings Way.

Which way of living do you choose: Mind Way?

or the Feelings Way of living?

Do you continue in your Mind Way?

or do you embrace The New Feelings Way?

Do you choose the Dead End Mind Way?

or the Eternal Happiness Feelings Way?

Times up for the Mind Way;

the Feelings Way is taking over.

False Spirituality – The Mind Way;

True Spirituality – The Feeling Way.

The End Times and Final Judgement; or Paradise – the choice is yours to make:

Continue in your soul-destroying feeling  
and truth denying Mind Way;

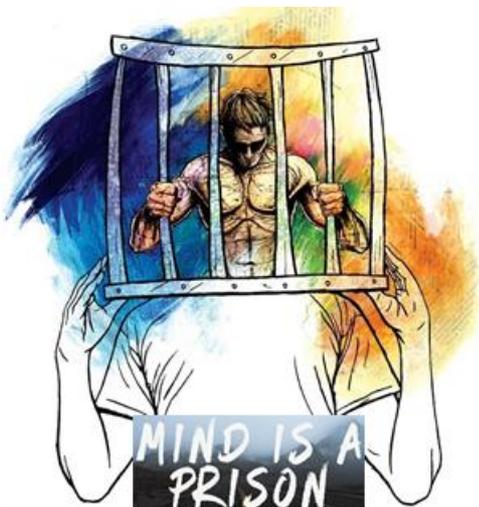
or embracing The New Feelings Way  
by doing your Spiritual Healing;

Maintaining the mind's imposed façade of a robotic,  
retarded individual, in a stupor, perpetrating the  
errors of generations gone by;

or The Feeling Way which is the discovery pathway  
to releasing your true, vibrant personality

The Mind Way – rejecting the truth of yourself  
by denying feelings, restricted forever to the  
mind Mansion Worlds;

or The Feeling Way – uncovering the truth of  
your feelings and ascending to Paradise.



## **FEELINGS are OUR TRUTH and OUR WAY to PARADISE:**

It is our minds that we have imprisoned ourselves within. It is through our mind's addictions to control and its untruth that we have manifested all the ills, discomforts, social distresses and torment that prevails throughout all societies and nations on Earth and within the mind Mansion Worlds. All until we heal ourselves of our Rebellion and Default, that which was infused in us during our early childhood forming years making our mind take over.

We have forced our minds to live and involve us in untruth. We are stuck in a deep, dark rabbit hole and its dead end, until we embrace our feelings and live Feelings First.

We ascend with truth that is progressively revealed to us through our Spiritual Healing. Feeling Healing enables us to resolve our Rebellion and Default; and with Divine Love, we will then progress into the Celestial Heavens. This being through the guidance of Earth's Avonal pair.

By continuing to embrace the truth of what our Feelings reveal, we then progress up and through the Celestial Heavens of Nebadon, which contains the Truths Mary and Jesus are to reveal to us.

After ascending in truth through our local universe of Nebadon, we continue through the greater regions of our Super-universe of Orvonton; continuing with our Heavenly Mother and Father's guidance.

Then our Feelings will enable us to grow further in truth and enter Havona and eventually Paradise, the home of our Heavenly Mother and Father. We are created fully self-contained, designed to live through our Feelings. It is through our Feelings that we "find our way home".



# LAW OF COOPERATION

## The Law of Cooperation

8 October 2022

Is to work in conjunction with (cooperating with) the Law of Compensation.

# LAW OF COMPENSATION

It's a Universal Law potentially to be 'imposed' upon humanity on Earth. It is currently in 'operation' in the Mansion Worlds, ensuring everyone cooperates in a friendly way with everyone else to maintain a certain standard of life as agreed upon by all involved, that which is determined by the Mind (rebellious) or Truth (Healing) way the spirits might be living.

Currently on Earth in our rebellious states, the Laws of Compensation and Cooperation are not active. So we live with the 'every man for himself' ethic, the powerful being the successful 'winners' who dominate the not so powerful 'failures'. Whereas in the Mansion Worlds (and the rest of non-rebellious Creation), equality, so even in a rebellious state, is the Law, and so if you cross the line inflicting dominance over another causing some level of suffering, pain and hurt, you will instantly come under the workings of the Law of Compensation and have to compensate for such transgression by feeling all that pain, hurt and suffering you have caused the other spirit to feel. So naturally, Universal Law and Order is maintained by everyone honouring the Law of Compensation, no one wanting to bring its 'wrath' down upon themselves.

Then added to keeping the peace, is the Law of Cooperation, for everyone in the Mansion Worlds who are happy and content to further their rebellious mind state in worlds 1, 2, 4 and 6; or doing their Healing, starting in world 1 and moving through 3, 5 and 7. So everyone willingly feels they want to cooperate with everyone else. Therefore, in the rebellious mind worlds, all spirits willingly and 'lovingly' cooperate with all other mind spirits; and the same in the Healing worlds, together with everyone willingly cooperating with the Healing. If you don't want to cooperate then you'll feel very bad, so everyone willingly wants to do some 'work' for the greater good of all. So there is no need for spirit money or spirit barter for any work done, because everyone willingly loves to work for other spirits, wanting nothing in return, loving giving and receiving as they feel moved to do. So for example, many spirits make spirit clothes out of the spirit material willingly and lovingly for other spirits to wear, freely giving such spirit clothes away, not wanting anything in return other than the receiving spirit being happy to wear and love their clothes. So, the Mansion Worlds function peacefully in their rebellious states – or in their Healing states.

So, now imagine if the two Laws are activated and applied to humanity on Earth... how would things change – and drastically change they would!

For example, everyone who is wilfully doing anything to make another suffer, feel hurt and pain, would cease their harmful ways, themselves feeling all that suffering, hurt and pain they've inflicted on the other person. So personally, as in personal relationship if you hit someone, emotionally, politically, socially, on all levels. If you run a business or government that is hurting people economically, socially, emotionally, spiritually, mentally, in any way causing anyone to suffer, then you're going to feel all that pain of all the people you're hurting. Even if you're doing it indirectly. If you work for a business or company and are forced to hurt others through policy of those controlling the company, no doubt you will still feel bad for what you've done, and you might leave, but if it's your only source of livelihood, then the Law of Compensation won't be as harsh or won't possibly be applied at all. So really it applies to those who are wilfully hurting, coercing or deceiving others, who will have to do their Hell Time to

compensation for all suffering and pain caused.

So, imagine if suddenly everyone had to stop hurting everyone else, including all animal abuse – how would the world be?

# LAW OF FORGIVENESS

Parents hurting their children are exempt from the Law, in that it will still apply, however it is suspended until the parent does their Spiritual Healing, and then it will come under the greater Law of Forgiveness. So parents doing their Healing and waking up to the truth of how badly and unloving they have treated their children, will feel all the pain of their transgressions as the Law of Compensation works upon them, however it will be a part of their Healing under the Law of Forgiveness, because the Rebellion has been thrust upon us all, and so parents won't have to do actual separate Hell Time, however they will feel like hell doing their Healing when they see and feel how unlovingly they've treated their children.

One could argue that it's not fair everyone being subjected to the Law of Compensation because we've all unwittingly and unconsciously been subjected to the horrors of the Rebellion, however once we're an adult, rebellion or not, we're still answerable for our actions. And so if you cross the line and infringe upon another's will to the degree of making them suffer pain, the Law of Compensation will apply to you.

So if the Law of Compensation is applied to Earth, one can imagine there will be many of the worlds top controlling people suddenly stricken down with all the pain of their wrongdoing, thereby leaving quite a gap in the way things get done, into which other people will have to step.

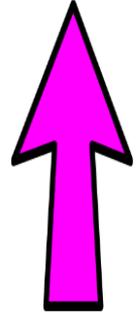
And if the Law of Cooperation is applied at the same time, then in theory the world can dispense with the need for money, so no power or wealth accumulation, everyone can have what they want, and no one will want such power over others because of the Law of Compensation – and then how does the world keep functioning when suddenly there is no need to go to work to make money to survive? Hence the need for the Law of Cooperation, because like in the Mansion Worlds, everyone will feel driven to cooperate with the whole, so people will want to go to work for the sake of working to make everything keep working. Not to earn a living, just so they can participate in the whole of making life be as everyone will want it to be, that being a pleasant, good and happy standard of living. So the companies and governments will still work if need be, however their purpose and reason for existence will be for the good of the whole, with workers volunteering to work to keep them going. A utopia heaven on Earth, even a rebellious one, just as the Mansion Worlds are called heaven.

So is the new Spiritual Age that is possibly forthcoming, heralding the end of the 'Lawless' Rebellion? Is humanity on Earth to move to mirror humanity in the Mansion Worlds? So can life over there be applied to life here on the physical Earth? Will people strive to continue living their rebellious ways cooperatively within the overseeing Law of Compensation, all in a 'nice, friendly and loving' evilness, like in the mind Mansion Worlds? Whilst other people will strive to live cooperatively doing their Healing, wanting to finally end being of the Rebellion and Default?

# Ascension of Truth to Paradise

## ASCENSION of TRUTH to PARADISE

**DIVINE LOVE – Feelings in control – FEELINGS WAY**  
**DIVINE CELESTIAL HEAVENS – CELESTIAL SPHERES**  
 UNITING with SOULMATE / SOUL PARTNER and SOULGROUP  
 BEING DIVINE, ETERNAL, IMMORTAL, FUSION with INDWELLING SPIRIT



### THE FEELINGS WAY \*\* LIVING A FEELING-LED LIFE \*\*

Transformation of soul from **Perfect** Natural Love to being **Divine** – being of **Divine Love**.  
 Transformation of soul from **Imperfect** Natural Love to being **Divine** – being of **Divine Love**.

### Transition from Mind to Feeling way of living

**NATURAL LOVE – mind in control – MIND WAY**  
 SEVEN MANSION WORLDS

We have to do our: SPIRITUAL HEALING  
 (FEELING HEALING)  
 (SOUL HEALING)  
**Uncovering the truth of feeling Unloved**

**IMPERFECT NATURAL LOVE**  
 REBELLIOUS  
 REBELLION AND DEFAULT

Against Truth and Love  
 Living Untrue; against ourselves  
 Denying many feelings  
 Become Truth to being untrue  
 Imperfect relationships  
 Feelings of love within an unloving state

**LIFE ON EARTH**  
**WHAT WE ARE LIVING**  
**AN UNLOVING LIFE**



### Self-Acceptance

No Healing needs to be done  
 Being true and loving  
 All done with Natural love  
 Uncovering the truth of feeling loved

**PERFECT NATURAL LOVE**  
 NOT REBELLIOUS  
 NO REBELLION OR DEFAULT

Not Against Truth and Love  
 Living Truth; not against ourselves  
 Not denying any feelings  
 Become truth to being true  
 Perfect Relationships  
 Feelings of love in loving state

**LIFE ON A PERFECT WORLD**  
 What we wish we were living  
 A Loving life

### THE MIND WAY \*\* MIND-LED LIFE \*\*

We are to move from our mind way to a feeling way of life within our rebellious and untrue state. We are to live truth to our being untrue, knowing and being the truth of why we are untrue.

### GREAT U-TURN

# *Living True to Ourselves*

## **LIVING TRUE to OURSELVES**

We are to live truth to ourselves through ALL our feelings. We are untrue.  
We are to live truth to being untrue. We are to stop pretending we're true.  
We're to admit we're full of shit; and be as full of shit as we are.

God made us be rebellious and untrue, so we are to live being rebellious and untrue, not trying to not be as God made us. And we are to live true to being fucked, until God transforms us and changes us into being true and loving, ending our rebelliousness.

With all of us having been incarnated into a truth-denying rebellious world, we are to live true to how untrue, false and unloving we are. We are to stop using our mind to pretend we are true and loving when we're not.

We are to fully embrace, through our feelings, the truth of how wrong, bad and evil we are. And through our Spiritual Healing we are to fully accept how rebellious we are, living and being it. And knowing how being rebellious (being of and in Rebellion) makes us feel.

We are not to use our mind to pretend we are true; that we are loving, caring and sympathetic, as we're not those things.

Being of Natural Love we experience love through our mind. And so being in an imperfect state, some (if not all) of our mind love will be false and untrue.

When we have been transformed into our true Divine Love state having done our Spiritual Healing, then all the love we experience will be through our heart and soul with true feelings and no longer with our mind. With all love being true and based on the Truth.

# *We are to find the Truth of Love*

## MUSEUM of JERUSEM – 1<sup>st</sup> Celestial Heaven

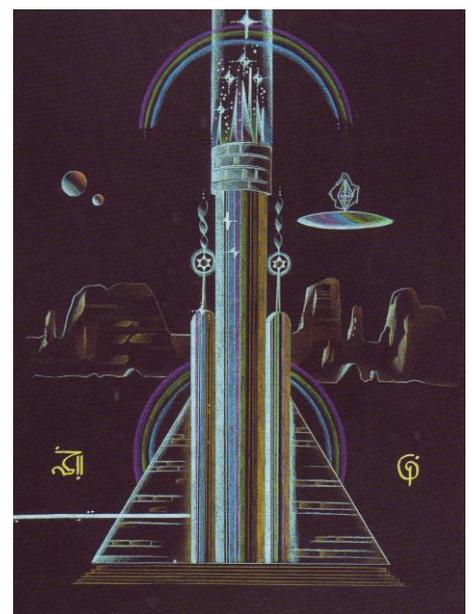
Note previously from Nanna Beth, 3<sup>rd</sup> Celestial Heaven – 20 November 2017 – relating to a ‘museum’ at Jerusem on the 1<sup>st</sup> Celestial Heaven: “And as far as concerning where The First Parents are now, they have moved on with the old guard, having been released from such duties that being The First Parents required. You can see and even in a sense ‘meet’ with them when you come into the first Celestial sphere, we have a museum sort of arrangement, it is a massive and highly complex and covers every aspect of humanity’s history on Earth and in the Mansion Worlds. And you can sort of interact with the exhibits – if I can crudely call them that. You literally walk into say the Atlantean times and explore using your mind for whatever aspect of such times you care to. You can even in a sort of holographic way meet with people from those times, speak with them in a sense, although it’s all automated, it’s not the real person who is now a spirit, although the whole experience being so real and amazing makes your mind believe it is the real person or spirit. So we can even talk to Mary and Jesus like this, which a lot of Celestials do when they first arrive, it all helping them to get to know them better and know what they were all about. It’s a massive learning centre and contains all the knowledge of humanity’s experience, so anything and everything is kept there like ‘living’ archives.” (Thus you can see all of history is recorded and can be researched and studied.)

For example: Others believe they have transcribed messages from Jesus but that is not so, that is not Jesus from Nazareth of the Bible but typically a Jesus from the Celestial Heavens who is fully versed through researching and engaging in the very amazing museum at Jerusem on the 1<sup>st</sup> Celestial Heaven. Other Celestials with names akin to the Apostles of Jesus have from time to time done the same thing.



First parents are Andon and Fonta (Aman and Amon) who lived 993,500 years ago – not Adam and Eve who came to Earth 38,000 years ago.

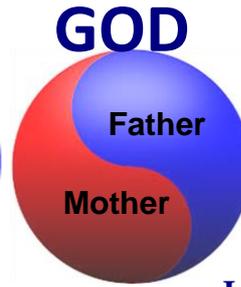
## Akashic Records



# Paradise



Eternal Son of Truth



GOD

Father

Mother



Infinite Daughter of Mind

Creator Daughter & Son

Avonal Daughter & Son

Trinity Teacher Pairs

Creators and Avonals have Spirits of Truth which they may release.

These three classes of spirits descend from Paradise on assignments and leadership.

# Nebadon

## Creator

Daughter & Son

**BRILLIANT**  
Evening Stars

MELCHIZEDEK

Divine Minister



## Avonal

Daughter & Son

ARCHANGELS

# celestial SPIRITS

Creator Daughter & Son are co-regents of Local Universe (3,840,101 humanities).

Avonal Daughter & Son lead a single humanity out of Rebellion (Earth).

Trinity Teacher Pairs assist in teaching a humanity through their evolution / healing.

There are other classes of spirits. It was the Lanonandek spirits that brought about 37 humanities entering Rebellion with Earth also Defaulting through the Adamic assignment partial failure. The Rebellion being only within the System of Satania of which Earth is one of the 37. The Rebellion formally ended on 31 January 2018.

# Earth

Spirit Guides

Formally ended  
31 January 2018

and now for the

## HUMANITY

Nature Spirits

## ANGELS

**REBELLION** & **DEFAULT**

Past  
200,000 years

**GREAT**  
**V-Turn**

Coming  
1,000 years

## **Spiritual growth on Earth evolves connectivity! Spirit connectivity is relevant to level of truth. Greatest Event in the History of Humanity!**

- 1993: The arrest of the Caligastia and Daligastia soulmate / soul partner pairs, being rebellious Lanonandek spirits – Earth’s planetary prince and deputy.
- 22 March 2017: Negative mind-spirit influence was blocked by Celestial spirit.
- 31 March 2017: Angel assisted healing will become available upon the Avonal pair completing their own Feeling Healing, being with Divine Love, thus it being Soul Healing.
- 22 May 2017: Law of Compensation quickening.
- 2 December 2017: Psychic Barriers maintaining the Rebellion and Default were cracked.
- 8 December 2017: Bring on the money to ‘**house the future of humanity**’.
- 31 January 2018: Earth and the seven associated Mansion Worlds (including the two Earth planes) are **officially** now fully under the control of Celestial spirits. This marks a tangible and real end to the Rebellion and Default.
- 12 April 2022: Feeling Healing completing.

## **Three people on Earth are of high 7th Mansion World condition - this is what has unfolded:**

As of November 2020, due to three people on Earth progressing through their personal spiritual healing and progressing into the equivalent of the 7<sup>th</sup> spirit Mansion World, have enabled the above events and milestones. Two high level spirits have led the way. These two personalities have needed to incarnate into the physical and unaided have had to find the way to heal themselves of the imposts of the Rebellion and Default which they voluntarily took on. This is the most exciting time in the history of Earth’s humanity. Upon becoming of a Celestial soul condition, then these two personalities will have Celestial soul level

## **When they move into Celestial Heaven soul condition while living on Earth then:**

truth and will be able to directly convey such truth in person. Having then done so, Celestial Heaven spirit personalities will be able to follow and directly communicate with personalities in the physical on Earth in a similar manner. Presently, Celestials can only prompt people and not converse.

The level that the two high level spirit personalities progress to while living in the physical will set the ceiling for those on Earth in what they can grow in truth and love to. We can only follow.

Further, the conditions that prevail throughout the 1<sup>st</sup> spirit Mansion World may progressively be earthed. In the Mansion Worlds, the operation of the Law of Compensation is instantly imposed through the vigilance of Angels. This is likely to be imposed on physical Earth form the coming 1,000 years.

## **For Humanity to go through a spiritual upliftment, such as now, high level spirits must lead the way!**

The Rebellion and Default was imposed upon Earth’s humanity by high spirits from within our Local Universe of Neadon. To end the Rebellion and Default, higher level spirits, being an Avonal pair from Paradise have had to lead the way out of the Rebellion and Default. This they are now doing!

**EXPERIENCES, FEELINGS and TRUTH:**

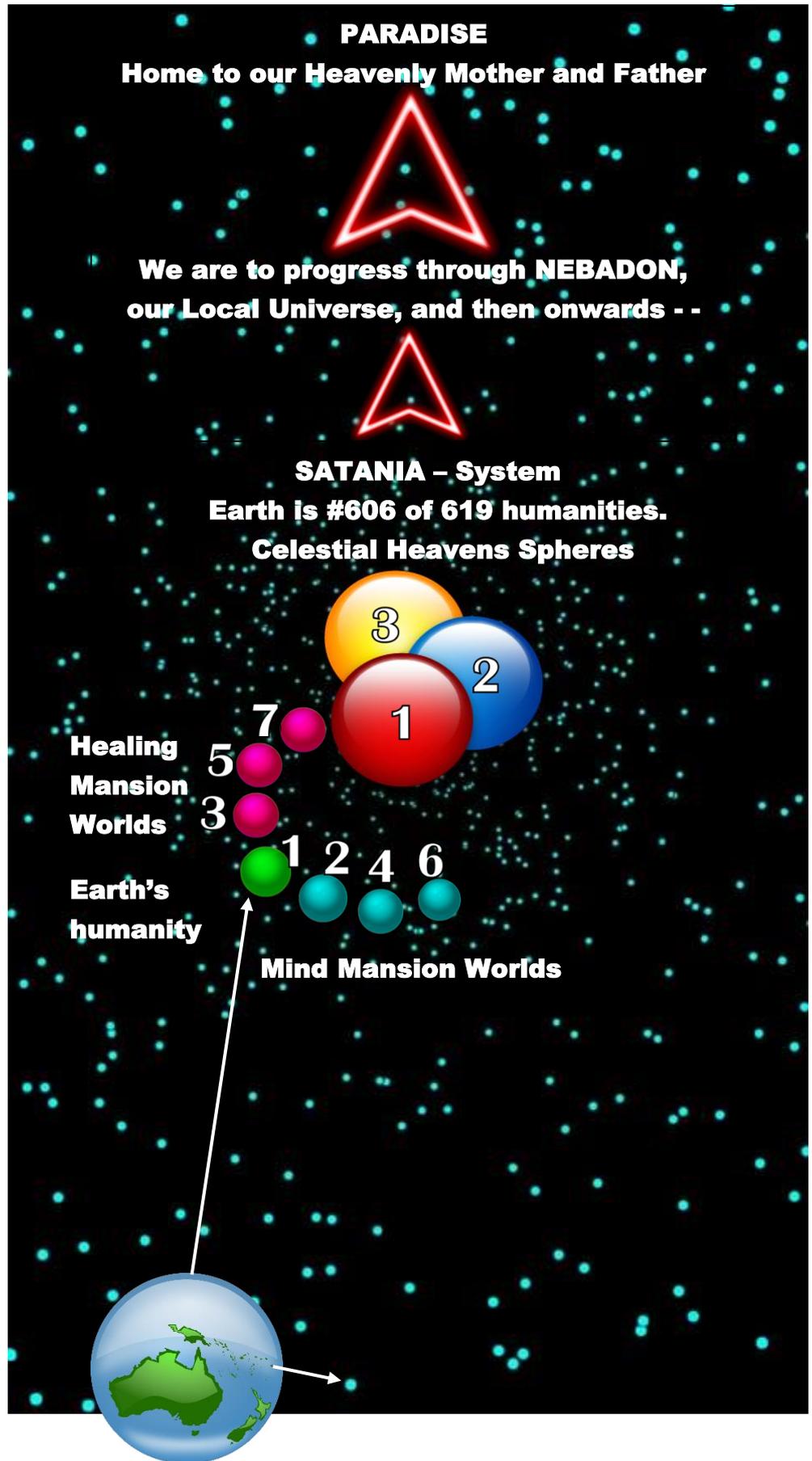
We look into the night sky and see around 1,000 stars that possibly are the hosts to the 619 humanities of our local system, Satania. Earth is on the outskirts of Satania.

When we 'die', and shed our physical body as we are spirits having a physical experience, we all arrive on the 1<sup>st</sup> spirit Mansion World.

If we continue to live through our minds, then we may progress to worlds 2, 4 then 6 and no further – dead end!

Should we embrace Feeling Healing with Divine Love, we will start our journey of Truth and Love, progressing through Healing Mansion Worlds 3, 5 and 7, then through the Celestial Heavens and onwards out through our Local Universe of Nebadon and on to Paradise, the home of our Heavenly Parents.

The spirit worlds are within a different dimension to the physical stars and earths. However picturing the spirit worlds within the centre of our local system is only a visualisation aid and not necessarily accurate.



**FOR 200,000 years ALL SCRIPTURES and Earth based INSTITUTIONALISED SYSTEMS are the WORK of the REBELLIOUS LANONANDEKS:**

The rebellious Lanonandeks from within our local universe are these soul partner pairs:

**THE EVIL ONES**



Lucifer pair

Arrested and imprisoned 26 CE



Satan pair



Caligastia pair

Arrested and imprisoned 1993 CE



Daligastia pair

**Lanonandek**  
System Sovereign

**1**  
**Creator**  
Daughter & Son

**SPRIT**  
**Prisonworld**  
**1+37**  
**QUARANTINED**  
**37**

**Lanonandek**  
Planetary Prince

**37x**  
**Avonal**  
Daughter & Son

Lucifer and his soulmate (Lanonandeks and System Sovereigns) rebelled, taking over their small part of Mary and Jesus’ universe corrupting 37 ‘earths’ and their associated spirit Mansion Worlds. Satan and his soulmate (Lanonadeks) joined the Lucifers, helping to convince Caligastia and his soulmate (Lanonadeks and Planetary Prince of Earth) and Daligastia and his soulmate (Lanonadeks) to join the Rebellion, which they did, specifically corrupting the people of our Earth – Urantia. Mary Magdalene and Jesus (soulmates) bestowed themselves on Earth, thereby terminating the Lucifers’ and Satans’ System Rebellion. The Lucifers and Satans were then interned on a spirit prison world. It is now for an Avonal Bestowal Pair to terminate (1993) the Caligastias and Daligastias, with, so we understand, the first stage being completed, so these rebellious Lanonandek pairs can no longer negatively affect Earth or its associated mind Mansion Worlds. Avonal Daughters and Sons have been progressively incarnating onto each of the rebellious worlds and one by one, the 37 Lanonandek Planetary Princes have been arrested and imprisoned. Caligastia, Earth’s fallen Planetary Prince and his associate, Daligastia, being imprisoned in 1993.

It is anticipated that the Avonals will shortly have all the wayward Lanonandek Planetary Princes and Princesses imprisoned and will be proceeding to introduce to their custodian humanities to their New Feeling Way.

The Creator Daughter and Son address regional issues – the whole of Nebadon, as in Mary and Jesus’ case; whereas Avonal Pairs address individual planetary issues. Mary and Jesus ended the Rebellion in Nebadon with no further planets being able to be corrupted by it; the Avonals will end it, and the Planetary Default of Eve and Adam, specifically on Earth. They will do this once they’ve completed their Spiritual Healing revealing the New Feeling Way.

**GOING, GOING,**  
**GONE!** **Yippee!**

**BEING SPIRITUAL**

James Moncrief

10 December 2021

We are spirit beings in a flesh body, when we die our physical body dies and we wake up fully conscious in our spirit bodies in the spirit Mansion Worlds. We are living unconsciously now in our spirit body, as we live consciously focused in our physical body.

We are a soul that is expressing two personalities in Creation. You are one of the two personalities of your soul, your soulmate or soul-partner being the other personality of your soul. When you achieve living a certain level of truth, your soul will bring you together for the rest of eternity, this usually being once you've finished our Spiritual Healing.

Currently we are all born in Rebellion by Default against the truth of ourselves and against the truth of God. We are wrong, untrue and imperfect, even though we want to believe we are right. To become right, true and perfect we have to bring to light the truth of our rebellious state. This we do through our Spiritual Healing.

We do our Healing by attending properly to our feelings, by ending our mind control over them, ending our denial of many of our bad ones, expressing them all with the emotion of them, as we long for the truth our feelings are to show us about ourselves.

Being spiritual is expressing all of yourself (all of our personality) lovingly in life. It involves becoming wholly aware of all we are through all we feel. It is liberating our repressed childhood feelings so we can come to understand what parts we are not being expressing truly, which parts of we are in rebellion against our soul. It involves breaking down our erroneous beliefs, ending our unloving and uncaring negative behaviour, whilst coming to see the truth of why we have such beliefs and do such bad things to ourself and other people.

It's about how we are treating ourself, because of how we were treated as a child by our parents. And uncovering the truth of our relationship with our parents and family, and seeing if any of it was indeed loving as we might feel and believe it was, or if it wasn't loving.

Being Spiritual is then fully expressing ourself lovingly in all our relationships. It is about the evolving truth of the relationship with ourself, other people, and with God. Nothing else.



# Our incredible journey!

God, our Heavenly Mother and Heavenly Father, does it ALL. They are All There Is. Creation all comes from Them. They created our soul and gave us the life we're living. They make us live all we experience, nothing is up to us, They only make it seem like it is. And currently They want us to experience being untrue and living against Them.

They bestow our personality upon our soul, and being a personality we live under the impression that we can determine how we want our life to be. We use our mind to make moment to moment decisions based on our feelings and how we believe we should be. And yet on a soul level our Mother and Father determine our so-called free will. Existentially on the soul level, there is no free will, everything is predetermined; whereas experientially on the personality level, we believe everything is up to us, that we have almost complete free will. Life shows us as we awaken to its truth, that we live a relationship between these two levels.

Many people believe God is good and loving, and the Devil or Evil is the opposite to God. As if there is the personality – God, and the personality – Devil, however the Devil has no personality, it doesn't exist. There are higher Evil Spirits, the 'Evil Ones' who rebelled against the Mother and Father and chose to take matters into their own hands in a small part of Creation in which Earth exists, thereby causing humanity to become of their Rebellion by Default; and unwittingly we carry on living untrue to ourselves and true to the evil ones. We are to understand, God wants us to be evil, God has put us in the Rebellion that is of God's making. Our loving God makes us feel bad and unloved, all because God wants us currently to experience living against the truth of love. And when we've experienced being evil all we need to experience, God will help us start our Spiritual Healing, thereby ending our evil ways.

Lucifer, Satan, and their soul partners, and other high Evil Spirits, are very real and have up until recently been able to exert a negative control over humanity. Christians believe they are on the side of good and are always having to keep vigilant about being coerced into the ways of Evil by the Devil. However all of us are evil, all religions are against the Truth, we're all of the Rebellion, no one has as yet been conceived free of it.

Really it is the battle against our 'evil' parents: They said we were wrong and bad and had to change ourselves to being as they were, which was 'right'. Yet we as young children we were not bad and they should not have forced us to change and go against ourselves.

|                                               |                        |
|-----------------------------------------------|------------------------|
| <b>Negative Spirit Influence blocked</b>      | <b>22 March 2017</b>   |
| <b>Law of Compensation quickening</b>         | <b>22 May 2017</b>     |
| <b>Rebellion and Default officially ended</b> | <b>31 January 2018</b> |

**GREAT**  

**-Turn**

**GOOD VERSES BAD**

James Moncrief

10 December 2021

We grow up in good verses bad, one or the other, which are you? We grow up in God verses Evil, whose side are you on? We look outside of ourselves into the world and make our judgements, yet really we are looking within, at ourselves, judging ourselves.

The constant internal war going in our minds is good verses bad – feeling bad and feeling good. One part of us believes and feels it is good; the other part that it is bad.

We incarnate good. God being ALL good, created us. We are intrinsically good. And if we were parented completely lovingly, then we'd grow up feeling good, always good; good being the truth of ourselves. And we'd be completely loving.

We incarnate good, however are parents are not happy with us being good, true and perfect. They say we are bad, untrue and imperfect – wrong. And they must correct us. They say God stuffed up and they have to take over and fix us up. They interfere with us being of God's perfection; they make us imperfect.

Our parents by interfering with us cause us to be untrue, bad, even evil; then they judge us and blame us for being that way – the way they have made us be. They don't like or love their creation, and keep telling us we have to change and be better, be more like them.

So we do. We apply our will to comply with and obey our parents, we change ourselves into being how they want us to be, we change ourselves from being good into being bad. But then we're not allowed to be bad, so we have to fight against ourselves being bad by trying to be good, but it's only our parents' good. We don't know what is truly good.

And so we're forever fighting against our self, criticising, chastising, ridiculing, judging, blaming, and hating our self for being bad, always so desperately trying to be good, wanted and accepted. We will do anything to feel loved, even if it means going against our self. We do anything to have our parents love, to stop them being mean and cruel to us, to stop them criticising, chastising, blaming and rejecting us, calling us stupid and dumb.

And all of this we project into the world and onto God. There is no Evil that is the equal and opposite of God. God is all loving; and then there is evil – those spirits and people like us who are going against God. We are of a Rebellion – against God and against ourselves. To uncover what is truly good, we need to do our Feeling-Healing.



**Freedom Pathway being Feeling Healing**

**FULLY LIVE the TRUTH of OURSELF**

James Moncrief

10 December 2021

We are to live being completely true to ourselves in the moment.

If you feel good, you live true to feeling good; if you feel bad, you live true to feeling bad.

We are not to live, as we all do, by denying and then pretending we are something that we're not. We are not to live falsely and untrue as we do. We deny many bad feelings, doing all sorts of things to keep us feeling good, to stop us feeling bad; and this is wrong, this is denying we feel bad by pretending we feel good. This is living untrue to ourselves.

Being untrue, we have to live true to our wrong and false state. We have to want to know the truth of our untrue state of mind. We have to want to get to the point of being as we really are, as we really feel, so honouring, accepting and expressing all our bad feelings. We have to want to know the truth of why we are feeling them.

If you feel you hate yourself, are revolting, ugly, a failure, can't cope, are not caring and loving; feel scared, miserable and are full of anger, lonely, depressed, and powerless, desperately wanting some control, all the bad stuff, then this is what you have to fully accept about yourself and not try to push it away. Instead of doing positive affirmations, we should do negative ones when we feel bad, allowing ourselves to be as bad as we feel we are.

I'm not  
faking  
being sick,  
I'm faking  
being well

We need to know, and so be, how we really are, living feeling fully connected with our bad state we're in. We have to own it. We are in a negative and untrue state of mind, so we have to be fully aware of and connected with ourselves in that state. We are living against ourselves, so we have to understand why and what that means, what it feels like, how it all came about through our childhood, and how we express it in all our relationships.

Being spiritual is uncovering the truth of how you really are, how you really feel; it's not creating some nice acceptable mind-created picture of yourself. And being that truth, no longer trying to avoid it. By living true to all your feelings, expressing them and really wanting to see the truth they will show you about yourself, is how you do your Spiritual Feeling Healing so as to live true to your untrue state of being.

And when you are truly yourself, allowing yourself to be all the bad parts and without trying to do anything to cover them up and keep them away, then you move on out of being untrue and into living in a true state. Then once in that true state of being, you will keep living true to it, feeling very good, happy and loved, all the good feelings of no longer living against yourself.



**LONGING for the TRUTH of our FEELINGS**

James Moncrief

10 December 2021

Your feelings are the key to your spiritual growth. They are the key to your well-being.

It is through your feelings that you grow in truth; that you become more aware of yourself. This is doing your Feeling-Healing.

Your bad feelings are just as important as your good feelings.

Most people do all they can to block out and stop themselves feeling bad.

Yet to deny our bad feelings so heavily is to deny ourself the truth about ourself they will show us.

We can't properly spiritually grow if we are denying our bad feelings.

Spiritual advancement begins by accepting ourself – so accept you feel bad.

We are to embrace and acknowledge all our bad (and good) feelings as we feel them. We are to stop denying them; stop trying to block them out, dismiss them, override them by using our mind to change our feelings. We feel bad – so feel bad. We feel miserable, scared, sad, lonely, angry, unwanted, disrespected, hurt, and so on, so allow ourself to feel those feelings, and to feel them as fully as we can.

By allowing ourself to embrace fully all our feelings is the greatest act of self-love; denying any feeling is the greatest act of self-hate.

As we accept our bad (and good) feelings, we then try to 'bring them out', to express them, to say how bad we're feeling, to tell ourself, God, our partner or friend. We open our mouth and emote the feeling, going with it, saying all it makes us want to say. And ideally we keep saying all it makes us feel until we stop feeling it. However, it can be hard work and very difficult to keep expressing such deep pain, so we do as much as we can at any one time. It all has to come out of us, rather than keeping it in.

And as we're accepting and expressing our bad feelings (and good ones), we long for the truth of why we're feeling them. Really want to know why. Understanding that they will take us back into our childhood with our parents and family, all so we can understand that the bad feelings we're feeling now are the exact same bad feelings we felt back then. And now as an adult we can understand why we felt them back then as a young child, what was going on in our relationships with our parents, and were such relationships loving and good for us, or hurting us, were unloving, rejecting and denying us. And this is the truth we have to want to understand about ourself. And our feelings are the key. And this is 'being spiritual' – it's growing in the truth of ourself.

**Enters emotionally - is to leave emotionally!**

Important recommended reading is:

by James Moncrief

**The Rejected Ones – the Feminine Aspect of God**

<http://divinelovesp.weebly.com/my-free-books-and-free-padgett-messages.html> ALSO at  
<https://www.pascashealth.com/index.php/library.html?file=files/opensauce/Downloads/MEDICAL%20-%20SPIRITUAL%20REFERENCES/Rejected%20Ones%20via%20James%20Moncrief.pdf>



**PARENTS are GOD**

James Moncrief

10 December 2021

As children, our parents are our gods. A parent can do no wrong. The parent is perfect. We are made to obey them, be grateful; we have to do as they say. Only the child is wrong. They make us be how they want us to be – for our own good. Is it cruel child abuse?

They hurt us, reject us, call us evil – the naughty little devil; humiliate us, make us feel miserable, sad, scared, alone, angry, unloved; even hate them, because that's what we need, according to them, to make us able to deal with and cope in the world – with them.

And they make us love them. We have to love our parents, because if we don't, look out! And our survival depends on it. So we tell ourselves, as we tell them, we love them. We love them as we love God. God is really just our parents. We can't do without them. Our Mother and Father God is our mum and dad. Do we hate God or love God?

The parent has all the power. The parent is powerful. The parent has a child to have power over it. The child is powerless. In our rebellious state of mind, being a parent is the ultimate controlling power trip, even if you are a more genuine caring and loving parent. The child feels powerless, even if it is given a little power by its parents.

We, as powerless children, grow up doing all we can to gain power. By becoming a parent ourselves is now our chance to have ALL POWER over our children.

The cycle repeats. The powerless becomes the powerful causing the next generation to feel powerless, who in turn have to become parents so they can feel powerful.

The grandparent gains even more power; over its own child and over its children's children. The grandparent is the God of the God's. So the child feels even more powerless; powerless with its parents, powerless with its grandparents. So as an adult it desperately seeks power. It MUST have its own children at all cost, because it can't remain feeling a loser, a failure, a powerless nothing, forever.

We don't truly love ourselves; so we can't truly love our children. We can believe we love ourselves; as we believe we love our children. And so do our children truly love us?

What is the truth of your parent/child love, and your child/parent love? Doing your Feeling-Healing is the only way to find out. Provided you do want to know such truth.



## RELATIONSHIPS

James Moncrief

10 December 2021

It's all about relationships. The relationship with ourself, our parents and family, with our friends and partner, with nature, and with God.

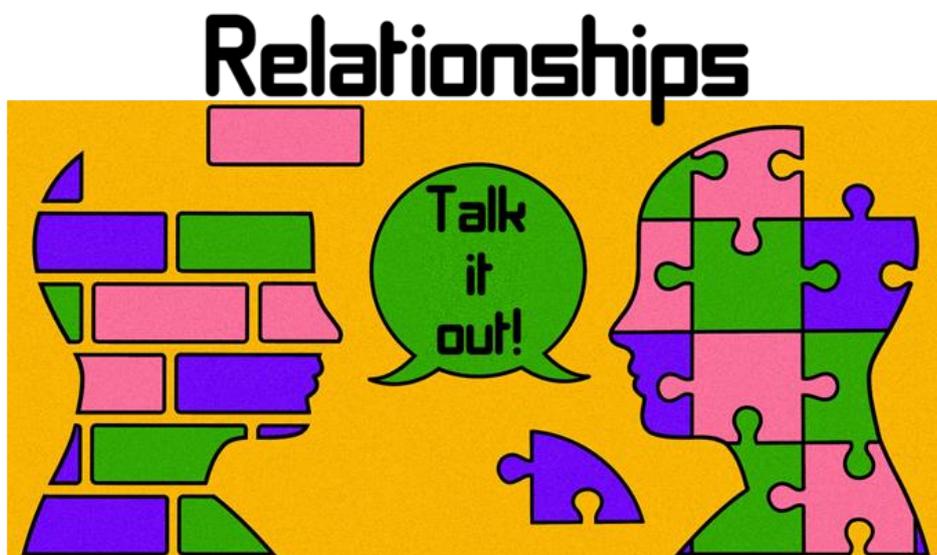
It's about whether we are true in our relationships, which means, whether or not we are truly expressing all we feel, so all of ourself, in each and every interaction. And if we are not true, then wanting to find out why. Which we can do by doing our Spiritual Healing.

Our Healing will take us through our feelings into the truth of all our relationships – current and past. It will help us understand the relationship of our mind to our feelings, whether or not our mind is working against or for us, what our erroneous beliefs and bad unloving and negative behaviours are. All so we can come to see why we are the way we are, why we are loving or not loving, and how we came to be as we are because of the relationships and their influences we had as a child.

As an adult, our primary relationships, those with our parents and family, are what have determined and keep determining our relationships with ourself, nature, other people and God. And those early relationships will keep driving our adult relationships until we do our Spiritual Healing wanting to uncover the truth of them.

If anything is wrong in our life, if anything about ourself makes us feel bad and unhappy, if any part of us, or all of me / you, is unloving, that's all because it was how we were made to be through our early forming years and the rest of our childhood.

If our relationships are good and successful, our feeling fulfilled and loving in them; or if they are bad and unsuccessful, our feeling let down, disappointed, unfulfilled and wondering why we can't have good relationships, it's all because of how we were treated as a child. Any problems we have, any illness, any bad things that happen to us, all do so because of the emotional and feeling patterns established throughout our childhood. As an adult we live cycling through our childhood feeling patterns. So our relationships being emotionally good or bad, are the same as how our childhood relationships were emotionally and on a feeling level. Through our relationships as an adult, we will keep reliving all the same childhood feelings we felt with our parents and family. And if we're happy in our relationships, good; but if we're not, then only through our Healing will we be able to change such feeling-patterns once we've uncovered the truth of them.



**SCARED of FEELING GOOD**

James Moncrief

10 December 2021

We incarnated feeling good. But very soon we were made to feel bad. Our parents made us feel bad many times as we were forming and growing up through our childhood. How many times did your parents make you feel bad? And how many times did they make you feel good? And have you worked hard to block out many of the bad times?

For many people, they actually felt bad more than they felt good. And many of the so-called good feelings were only times of reprieve between the bad. They grew up on feeling bad. So bad is what they know, bad is what they are used to, bad is what they expect. And yet they also do all they can to keep feeling good, blocking out the bad.

And they might hate this, fighting it within themselves, always trying to do things to make themselves feel good, yet always ending up still feeling bad. Do you feel good, only to do something to ruin the good feeling and make yourself feel bad again?

We've been made to be scared of feeling good. We need to keep feeling bad. We feel better feeling bad, even though we hate feeling bad and only want to feel good.

We learn to 'bring it on' so we can feel bad. We say the wrong thing, act in the wrong way, resist being good and loving, all because it's how we believe we should be, how we should feel, all because that's how it was for us as a child. How you are – this is how it was for you as a child. And how it will always be, until you do your Feeling-Healing.

A great part of our Healing will be to allow ourselves to feel bad, to accept our bad feelings, to understand that is how our parents made us feel throughout our childhood.

And allowing oneself to feel bad is very difficult, even if we already feel bad. And we might be faced with feeling bad for many years through our Healing, feeling hurt, rejected, unwanted, uncared about, miserable, sad, angry, scared – so many endless bad feelings. Yet these are all the same feelings we felt through our childhood, and they all have to come out. And once they are out of us, then we won't feel bad anymore, as we will understand the reasons why we felt them – the truth of them.

We are not to reject our bad feelings, as they were rejected by our parents. Our parents made us reject our bad feelings, so we follow their lead and also reject them. It's not being self-loving. It's self-hating. So love yourself by allowing yourself to feel as bad as you do.

**Feeling bad is good!**

The most important part of all our lives is to uncover the truth of our childhood.

And we do this by doing our Spiritual Healing.

By attending to our feelings properly: completely accepting our bad feelings, expressing the full emotion of them, whilst longing for the truth they are to show us about ourselves and our relationships with our parents and family.

We can't spiritually grow or grow as a person unless we uncover the truth of our childhood through our feelings.

We have to find out through our repressed childhood feelings if our relationship with our parents and family was loving or unloving during our childhood. During it, which parts were we treated respectfully, with care and with love; and during which parts were we made to feel uncared about, disrespected and rejected, hurt and unloved.

We have to break down the untruth of our mind and its erroneous beliefs that cause us to live in a false state: that our relationships with our parents were loving when perhaps they weren't. We all want to believe we love our parents and they love us; however, is the love you feel for and from your parents true love, or only a love fabricated by our mind? This is the truth we must want to see about ourself and our relationship with them.

Everything bad that happens to us, any problems we have, why we get sick, any bad feelings we have, why our relationships might fail, all comes from our unloving childhood. Once our childhood finishes, we are complete, living by repeatedly cycling through our set childhood feeling patterns. The exterior of our life, what happens to us and what we create through our adult life, is nothing more than living out how it was for us as a child. The basis for being a so-called success or failure in life, was all established through our childhood. It was all determined by our parents loving or unloving relationship with us.

We can never fully heal ourself unless we want to uncover the whole truth of our childhood. We can look into bits of it, get more in touch with some early trauma, some of which might help to explain why we are feeling bad and why we are trapped in our addictive and self-abusive behaviour. But not until we uncover the WHOLE truth of our childhood through our feelings, will we be finally be set free of it – will we be free of all our pain.

**Feeling Healing sets us FREE!**

**SOME NUMBERS:**

Currently, each year we have:  
 130 million live births  
 44 million abortions  
 50 million or so miscarriages

224 million conceptions /  
 incarnations per annum.

6.5 million child deaths per  
 annum. About 5% of those born do not  
 make adulthood.

123.5 million of those incarnated  
 make it to adulthood.

55% of those incarnated make it to  
 adulthood.

45% of those incarnated do not  
 have an adulthood life experience.

Natural love and divine love, and indeed  
 soulmate love are quite different energies.  
 Soulmate love is not natural sexual love.  
 Soulmate love is the only natural love that  
 matures and continues with us into the  
 Celestial Realms being beyond the 8<sup>th</sup>  
 sphere.

Just to step back a little to the above  
 statistics. For each abortion there are at  
 least two adults involved. As there are 44  
 million abortions each year, then 88 million  
 adults may be involved in that process.  
 That indicates that two out of every three  
 live births, that is 66% of adults, become  
 participants in abortion.

Further, the number of reported abortions  
 are an under estimation of actual events.

**Global estimates of INDUCED ABORTIONS:**

|              | 1995              | 2003              | 2008              |
|--------------|-------------------|-------------------|-------------------|
| <b>World</b> | <b>45,600,000</b> | <b>41,600,000</b> | <b>43,800,000</b> |

<http://www.mswm.org/abortions.worldwide.abortionstatistics.htm>

**BABIES born Each Year; 130,000,000**

It is estimated that there are approximately 130 million  
 babies born throughout the world each year.

[http://answers.ask.com/Society/Other/how\\_many\\_babies\\_are\\_born\\_each\\_year](http://answers.ask.com/Society/Other/how_many_babies_are_born_each_year)

Miscarriage reportedly occurs in 20 percent of all  
 pregnancies. This may be an inaccurate number.  
 However, many women, before realizing a life has begun  
 forming within them, may miscarry without knowing it.  
 Therefore, the miscarriage rate may be closer to 40 or 50  
 percent.

<http://www.allaboutlifechallenges.org/miscarriage-statistics.htm>

**World murder rate: 7.6 per 100,000 people per year.**

**The NUMBERS: Violent deaths worldwide, 2004:**

|                                     |                |
|-------------------------------------|----------------|
| <b>Total:</b>                       | <b>740,000</b> |
| <b>Homicide:</b>                    | <b>490,000</b> |
| <b>Indirect consequence of war:</b> | <b>200,000</b> |
| <b>In war:</b>                      | <b>50,000</b>  |

**Over one million people die by suicide every year.**

**There are an estimated 10 to 20 million non-fatal attempted  
 suicides every year worldwide.**

<http://en.m.wikipedia.org/wiki/Suicide>

**DEATHS worldwide per annum: 60,000,000**

**Pollution causes about 40% of deaths worldwide, i.e., are  
 caused by water, air and soil pollution.**

<http://www.sciencedaily.com/releases/2007/08/070813162438.htm>

The mind is to be of service!  
The mind is designed to Follow,  
to be of service to the truth,  
of service to the heart, and  
your Feelings!

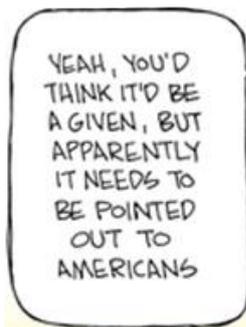
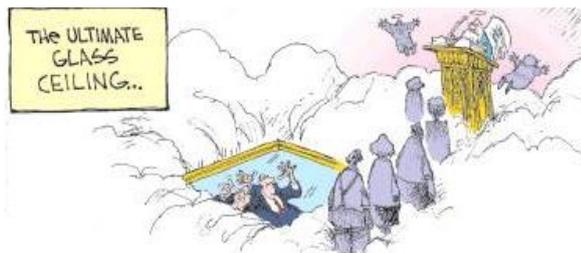


**This time, in the history of humanity, is  
the most exciting time ever experienced.**

Our Spirit Friends on duty



# OUT GATEWAY ISOLATION



**LUCIFER REBELLION HAS ENDED, and now REVELATIONS for HEALING are HERE:**



**Lucifer soulmate / partner pair**



**Satan soulmate pair**



**Caligastia soulmate pair**



**Daligastia soulmate pair**



**Lucifer** soul partenr pair were magnificent beings, a brilliant personality as one. They were designated as one of the one hundred most able and brilliant personalities in more than seven hundred thousand of their kind. From such a magnificent beginning, through evil and error, they embraced sin. They believed that their minds were all powerful and that everyone should be independent and reject the illusionary God and those who lead the path to God, namely Michael of Nebadon (Jesus and Mary).

Very little was heard of Lucifer on Urantia (Earth) owing to the fact that he assigned his first lieutenant, **Satan** (also a soulmate / soul partner pair), to advocate his cause on our planet. The “devil” is none other than Caligastia (again, another soul partner pair). At the time Michael (Jesus and Mary) was on Urantia in the flesh, Lucifer, Satan, and Caligastia were leagued together to effect the miscarriage of his bestowal mission. But they spectacularly failed.

About five hundred thousand years ago and concurrent with the appearance of the six coloured or Sangik races, Caligastia, the Planetary Prince, arrived on Urantia. There were almost one-half billion primitive human beings on Earth at the time of the Prince’s arrival, and they were well scattered over Europe, Asia, and Africa. The Prince’s headquarters, established in Mesopotamia, was at about the centre of world population.

**Caligastia** had been attached to the council of the Life Carrier advisers on Jerusem. Lucifer elevated Caligastia to a position on his personal staff, and he acceptably filled five successive assignments of honour and trust. The Planetary Prince of Urantia (Earth), Caligastia, was not sent out on his mission alone but was accompanied by the usual corps of assistants and administrative helpers.

At the head of this group was **Daligastia** (soul partner pair), the associate-assistant of the Planetary Prince. Daligastia was also a secondary Lanonandek Son. He ranked as an assistant at the time of his assignment as Caligastia’s associate.

**Lucifer, with deputy Satan, and lieutenants Caligastia and Daligastia have ingrained into the human psyche to be mind dominated with its errors passing down through all parents, being self reliant and rejecting one’s own soul based feelings that are to lead us to our Heavenly Parents with the truths being provided by Mary and Jesus of Nebadon. Lucifer and Satan were removed two thousand years ago, Caligastia and Daligastia have very recently been removed. Their crimes against humanity make Adolf Hitler appear to be a saint!**



# Boundaries of HELL!

Humanity on physical Earth is in Rebellion and Default, thus hell! Upon death we all arrive in the 1<sup>st</sup> spirit mind Mansion World where we typically suppress our poor state and remain in the mind Mansion Worlds indefinitely. Some have a period in the ‘hells’ compensating for the pain they have caused others. Many continue their ‘mind worshipping’. However the way out is by embracing Feeling Healing, and with Divine Love, Soul Healing to progress up through the Crying Healing Worlds and transition out to the first of the Celestial Heavens.

## GATEWAY

Transitioning into the Celestial Heavens is also out of: **ISOLATION**



If you go against yourself, if you're untrue to yourself, then you are going against God and all God's laws, and compensation is required to bring you back into the fold, which is what happens through our Spiritual Healing. It's the Law of Forgiveness, forgiving yourself through self-acceptance, which is dominant in this part of your life. If you cross the line and abuse your children, that being up until they are 21 years old, then you have both levels and amounts of Compensation and Forgiveness to deal with, that which happens as part of your Healing. And as everyone abuses their children, we being conceived into our parents' rebellion against the truth of our soul, so all who have children have to come to terms with all they've done through their Healing.

Kevin 18 Feb 2019



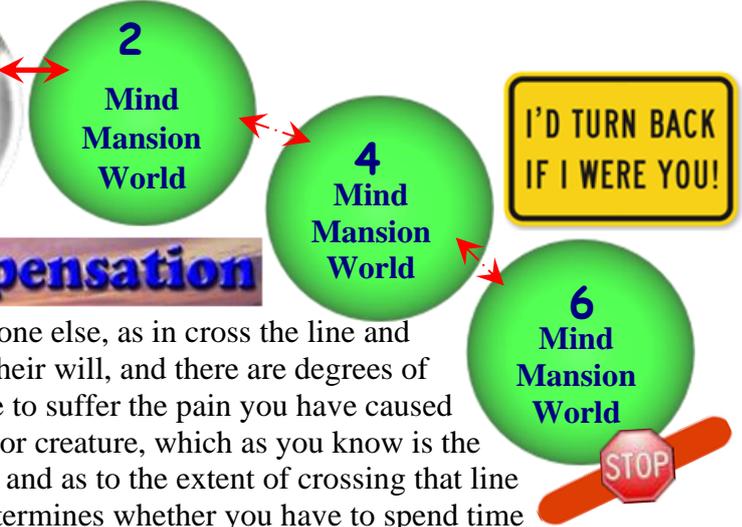
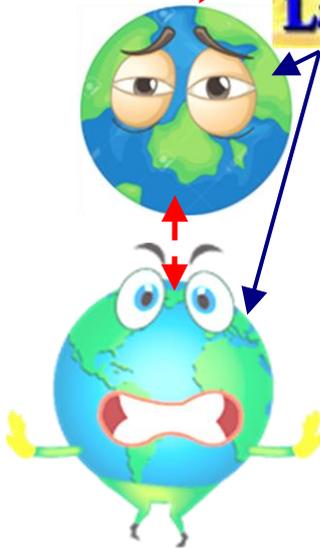
### Law of Forgiveness



### Law of Compensation

If you go against someone else, as in cross the line and grossly interfere with their will, and there are degrees of this, then you will have to suffer the pain you have caused the other person, spirit or creature, which as you know is the Law of Compensation; and as to the extent of crossing that line and hurting another determines whether you have to spend time in the hells or not.

Kevin 18 Feb 2019



The minor ‘hells’ are the lower levels of the 1<sup>st</sup> mind Mansion World whereas the more severe are the Planes of Isolation being the 2<sup>nd</sup> Earth plane with the severest being the 1<sup>st</sup> Earth plane. Pain caused to another is the pain that will be endured before returning to the 1<sup>st</sup> mind Mansion World, all then to consider your Feeling Healing.

# Boundaries of HELL!

The gateway out of our isolation from all other humanities within our local system is opened to us upon the completion of our healing of all that represents the Rebellion and Default.

While we remain embraced within the Rebellion and Default, even though we are unknowingly doing so, all of the humanity of Earth is isolated from all of the other humanities throughout our local system of Satania, all 619 inhabited worlds, thus effectively we are in hell!

Further, we are also isolated from the Spirits of Truth that our spiritual parents can offer us, until we complete our healing and enter the first of the Celestial Heavens, and that is when we move through the gateway and progress beyond healing Mansion World number 7.

Life on Earth is living in hell in the physical. Many of us consider it to be wonderful – that is a fantasy. Our physical parents have remodelled our personality to reflect what they consider appropriate ... IT'S NOT! We are to freely express the personality that our Heavenly Mother and Father bestowed us with.



Many of us fight so powerfully against our childhood suppression and repression that we go on and cause great harm to many others, all of which the Law of Compensation takes into account. The lower levels of the 1<sup>st</sup> mind Mansion World is a region for our compensation. We ALL enter the 1<sup>st</sup> mind Mansion World as spirits upon the death of our physical body. The pain we cause to another is the pain that we will endure in compensation. Those who try to continue to inflict harm on others, cannot do so and may find themselves within the 1<sup>st</sup> and 2<sup>nd</sup> planes of Earth. The 1<sup>st</sup> Earth plane being the worst of the hells, while the 2<sup>nd</sup> is bridging towards a return to the 1<sup>st</sup> mind Mansion World hell sectors. You can continue to live through your mind and perfect the mind but you will end up at a dead end in the 6<sup>th</sup> mind Mansion World. There are more than 200 billion spirits within the 1<sup>st</sup> and 2<sup>nd</sup> mind Mansion Worlds and the two Earth planes of compensation. These areas are packed to the rafters! Only by embracing our Feeling Healing and with our Heavenly Parents' Divine Love can we heal ourselves and progress through the three healing worlds before transitioning to the Celestial Heavens and out of the Hells. Within the Celestial Heavens are spirit personalities from all of the 619 worlds within our local system called Satania.

# The HELLS are to EMPTY!

Through the intervention of a Magisterial Daughter and Son, an Avonal soul partner pair, from Paradise, we of Earth's humanity are now being shown how to heal ourselves of what we have each taken on of the Rebellion and Default. We are being shown and made aware of how to live true to our feelings and to long for the truth of what our feelings are to show us. We are to live feelings first and have our minds follow to implement what our feelings are guiding us to embrace.



**Earth Planes 1 and 2 are Spheres of Isolation and Disharmony for the Law of Compensation – 'Hells'**

**WE ARE  
THE TRUTH  
SEEKERS**

We are the Truth seekers. Our minds cannot discern truth from falsehood. Our soul-based feelings are always in truth. As we embrace and live through our feelings we will step away from error. As we learn and express our feelings, both good and bad, we will release the errors that we have absorbed during our childhood suppression and ongoing repression, thus healing ourselves of our personal Rebellion and Default.

As we progress with our healing, then we will transgress the ceiling of the mind's limitation (499 on Dr Hawkins' Map of Consciousness) and embrace our potential which is to infinity through our soul-based feelings of Truth.

The quickening of the Law of Compensation, as a consequence of the emerging 1,000 year Avonal Age now commencing, for those who set their 'minds' to cause harm to another may progressively find themselves being debilitated with the equivalent of the pain they intend to inflict, thus preventing the error being executed. Within the spirit mind Mansion Worlds, this is instantaneous. How this is to unfold on Earth is yet to be understood. However, injuries to others will be compensated for while one lives within the physical on Earth, thus the progressive emptying of the Hells will unfold. This will bring about an era of peace on Earth as conflict and war will be impossible.

**LAW OF COMPENSATION**

**Quickening**

**NATURAL LOVE and DIVINE LOVE SPHERES:**

**Divine Love progress is to infinity**

Peak of 7<sup>th</sup> sphere is where one becomes at one with our Mother and Father.

These calibrations are an approximation utilising Dr David Hawkins' 'Map of Consciousness' table:

**Natural Love peak is 1,000 on MoC**

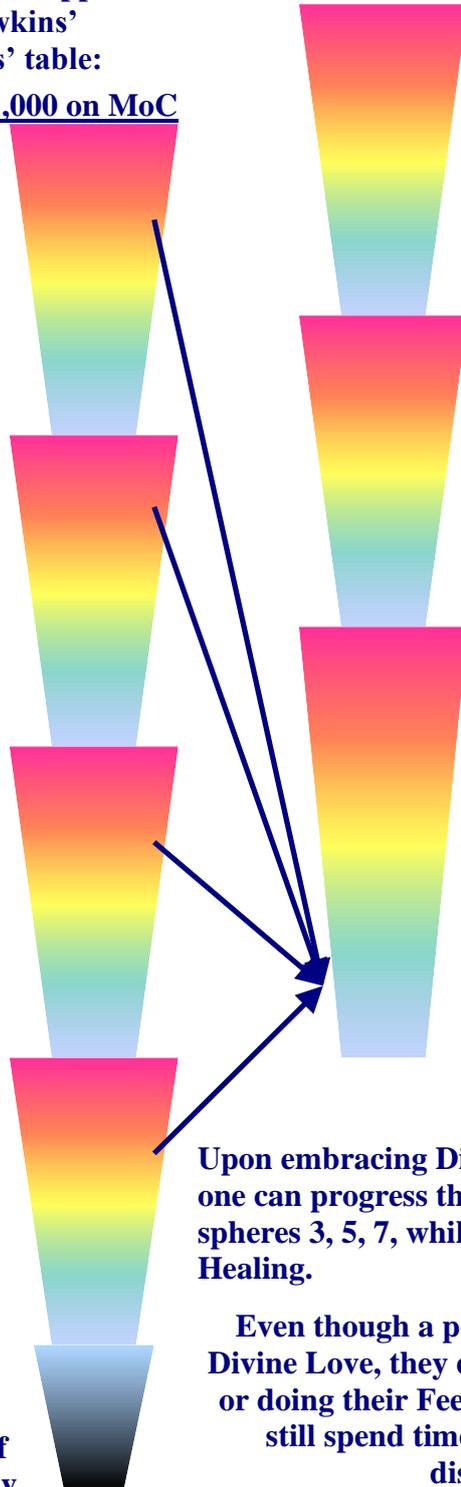
Natural Love  
6<sup>th</sup> Sphere  
Mansion / Mind  
World  
  
MoC 840 – 1,000

Natural Love  
4<sup>th</sup> Sphere  
Mansion / Mind  
World  
  
MoC 650 – 840

Natural Love  
2<sup>nd</sup> Sphere  
Mansion / Mind  
World  
  
MoC 500 – 650

Natural Love  
1<sup>st</sup> Mansion World  
  
MoC 200 – 500

We all enter the 1<sup>st</sup> natural love sphere on the death of our body.  
**HELLS:**  
MoC 1 – 200  
Hells being a sub-set of 2 Planes of Disharmony.



Divine Love  
7<sup>th</sup> Mansion World  
  
MoC 920 – 1,080

Divine Love  
5<sup>th</sup> Mansion World  
  
MoC 780 – 920

Divine Love  
3<sup>rd</sup> Mansion World  
  
MoC 500 – 780

One's natural love is always progressively perfected during this journey of evolution of the soul. One's personality, based on natural love, and mind based memories continue with the soul for all of eternity.

Upon embracing Divine Love at any stage, then one can progress through the Divine Love spheres 3, 5, 7, whilst also doing their Feeling-Healing.

Even though a person may have received Divine Love, they do not avoid compensation or doing their Feeling-Healing, so they may still spend time within the spheres of disharmony.

**Note: The 1<sup>st</sup> Divine Love Sphere and the 1<sup>st</sup> Sphere of Disharmony may simply be planes within the 1<sup>st</sup> Natural Love Spirit World.**

**NATURAL LOVE and DIVINE LOVE SPHERES and FEELING HEALING PLANES:**

**CURRENTLY before HANDOVER!**

**Divine Love progress is to infinity**

**Peak of 7<sup>th</sup> sphere is where one becomes at one with our Heavenly Parents.**

**These calibrations are an approximation utilising Dr David Hawkins' 'Map of Consciousness' table:**

**Natural Love peak is 1,000 on MoC**

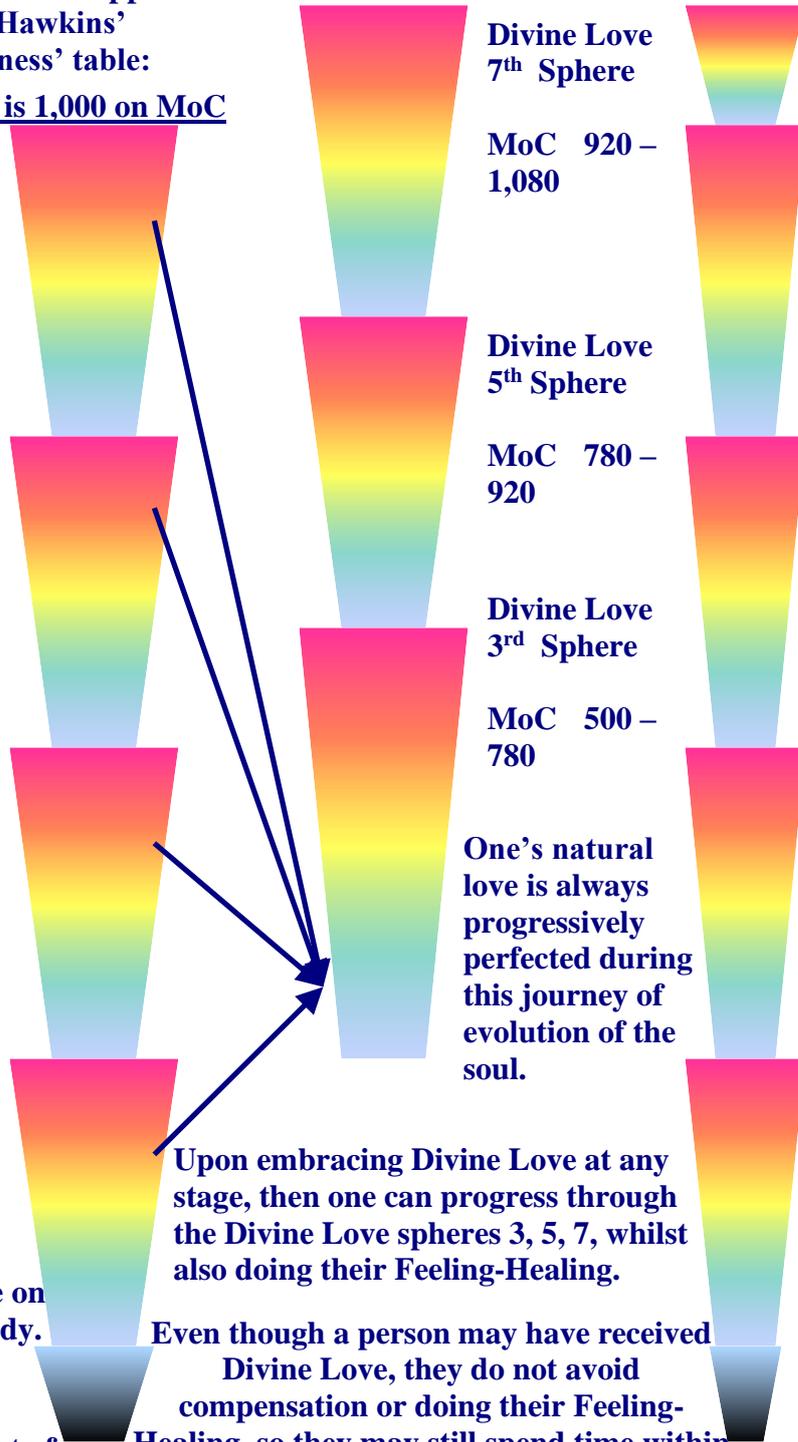
**Natural Love  
6<sup>th</sup> Sphere  
Mansion / Mind  
Worlds  
  
MoC 840 – 1,000**

**Natural Love  
4<sup>th</sup> Sphere  
Mansion / Mind  
Worlds  
  
MoC 650 – 840**

**Natural Love  
2<sup>nd</sup> Sphere  
Mansion / Minds  
Worlds  
  
MoC 500 – 650**

**Natural Love  
1<sup>st</sup> Sphere  
  
MoC 200 – 500  
  
We all enter the 1<sup>st</sup>  
natural love sphere on  
the death of our body.**

**HELL planes:  
MoC 1 – 200  
Hells being a sub-set of  
2 Spheres of Disharmony.**



**Divine Love  
7<sup>th</sup> Sphere  
  
MoC 920 –  
1,080**

**Divine Love  
5<sup>th</sup> Sphere  
  
MoC 780 –  
920**

**Divine Love  
3<sup>rd</sup> Sphere  
  
MoC 500 –  
780**

**One's natural  
love is always  
progressively  
perfected during  
this journey of  
evolution of the  
soul.**

**Upon embracing Divine Love at any  
stage, then one can progress through  
the Divine Love spheres 3, 5, 7, whilst  
also doing their Feeling-Healing.**

**Even though a person may have received  
Divine Love, they do not avoid  
compensation or doing their Feeling-  
Healing, so they may still spend time within  
the spheres of disharmony.**

**Natural Love  
sectors for those  
doing their  
Feeling-Healing,  
without the Love,  
are within the  
Natural Love  
Mansion Worlds:**

**Progressing  
through the  
Natural Love  
worlds, within  
Feeling-Healing  
sectors, while  
doing one's  
feeling healing,  
upon reaching the  
6<sup>th</sup> Sphere having  
completed  
Feeling-Healing,  
one can then  
embrace the  
Divine Love and  
proceed directly  
to the 7<sup>th</sup> Divine  
Love Sphere.**

**Then they may  
prepare to enter  
the Celestial  
Heaven Spheres  
from there.**

**This pathway is  
when, or should,  
the Divine Love  
not be available  
before perfecting  
one's soul.**

**NATURAL LOVE and DIVINE LOVE SPHERES and FEELING HEALING PLANES:**

**After the HAND OVER!**

**Divine Love progress is to infinity**

**Peak of 7<sup>th</sup> sphere is where one becomes at one with our Heavenly Parents.**

**These calibrations are an approximation utilising Dr David Hawkins' 'Map of Consciousness' table:**

**Natural Love peak is 1,000 on MoC**

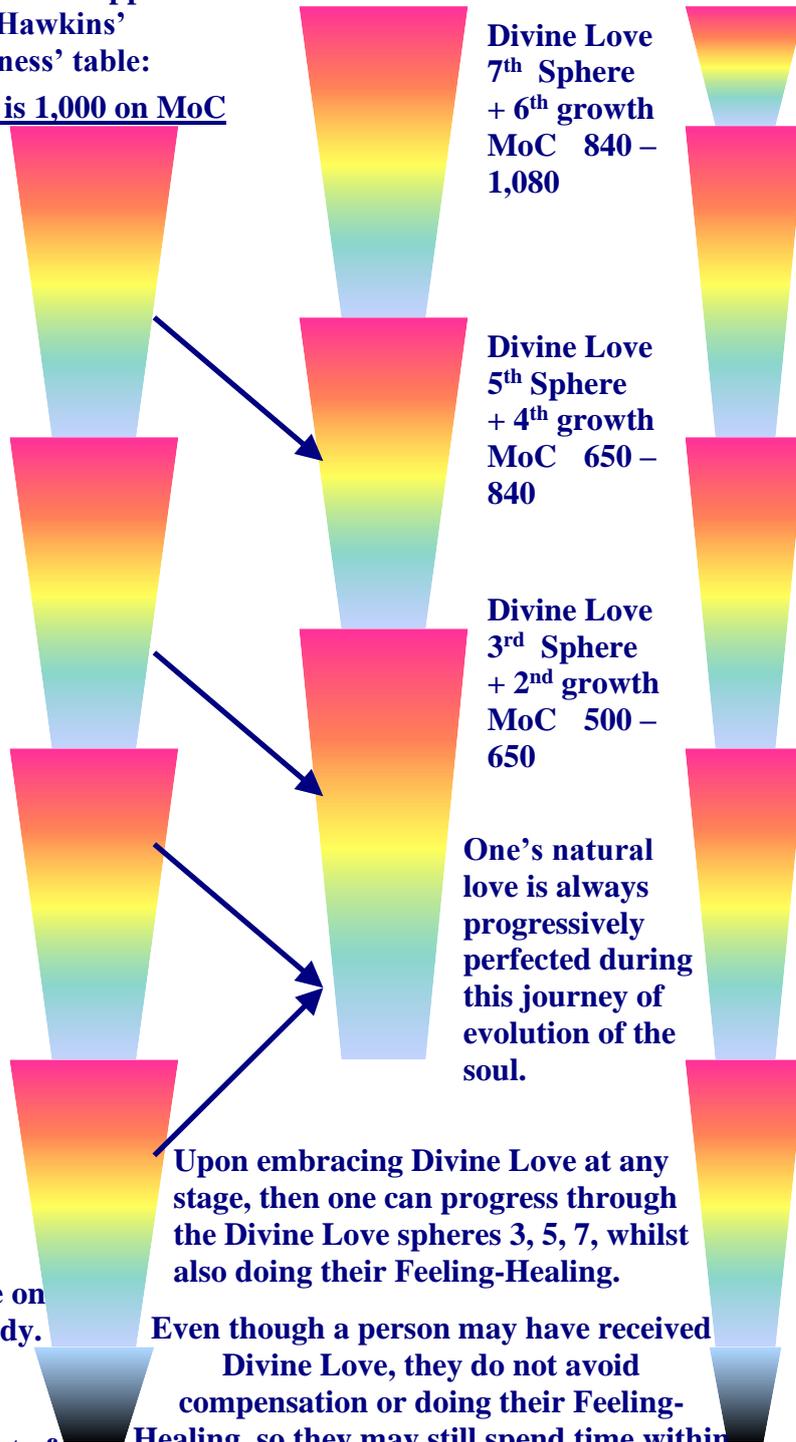
**Natural Love  
6<sup>th</sup> Sphere  
Mansion / Mind  
Worlds with  
Feeling Healing  
MoC 840 – 1,000**

**Natural Love  
4<sup>th</sup> Sphere  
Mansion / Mind  
Worlds with  
Feeling Healing  
MoC 650 – 840**

**Natural Love  
2<sup>nd</sup> Sphere  
Mansion / Minds  
Worlds with  
Feeling Healing  
MoC 500 – 650**

**Natural Love  
1<sup>st</sup> Sphere  
  
MoC 200 – 500**

**We all enter the 1<sup>st</sup> natural love sphere on the death of our body.  
HELL planes:  
MoC 1 – 200  
Hells being a sub-set of 2 Spheres of Disharmony.**



**Divine Love  
7<sup>th</sup> Sphere  
+ 6<sup>th</sup> growth  
MoC 840 – 1,080**

**Divine Love  
5<sup>th</sup> Sphere  
+ 4<sup>th</sup> growth  
MoC 650 – 840**

**Divine Love  
3<sup>rd</sup> Sphere  
+ 2<sup>nd</sup> growth  
MoC 500 – 650**

**One's natural love is always progressively perfected during this journey of evolution of the soul.**

**Upon embracing Divine Love at any stage, then one can progress through the Divine Love spheres 3, 5, 7, whilst also doing their Feeling-Healing.**

**Even though a person may have received Divine Love, they do not avoid compensation or doing their Feeling-Healing, so they may still spend time within the spheres of disharmony.**

**Natural Love sectors for those doing their Feeling-Healing, without the Love, are within the Natural Love Mansion Worlds:**

**Progressing through the natural love worlds, within Feeling-Healing sectors, while doing one's feeling healing, upon reaching the 6<sup>th</sup> Sphere having completed Feeling-Healing, one can then embrace the Divine Love and proceed directly to the 7<sup>th</sup> Divine Love Sphere.**

**Then they may prepare to enter the Celestial Heaven Spheres from there.**

**This pathway is when the Divine Love is unavailable before perfecting one's soul.**

# AUSPICIOUS YEAR 2023

During the first part of 2023, funding of Pascas Foundation will enable the global dissemination of the revelations provided by Celestials having commenced on 31 May 1914 and continuing today. We liken these revelations as an ‘overdose of insight’. Never before in the history of humanity, all 993,500 years, has there been such a coordinated and continuous delivery of insight to enable and assist Earth’s humanity out of the Rebellion and Default that high level Lanonandek spirits imposed upon 37 humanities, including Earth’s humanity. Rebellion and Default formally ending 31 January 2018.

The funding process was conceived in the 1930s. This led to the Bretton Woods Conference in 1944 and its introduction of a new world monetary system. Now we have Bretton Woods Mark II and a further new monetary system. Presently the world operates with fiat money being a type of currency that is declared legal tender by a government but has no intrinsic or fixed value and is not backed by any tangible asset, such as gold or silver. The funding now releasing through to many, including Pascas Foundation, is a Central Bank Digital Currency (CBDC) that is asset backed that includes a basket of precious metals, metals generally, particular assets and the population as being a valuable asset. This involves ‘wallets’, ‘assets’ and ‘coins’. One tonne gold coins are digitally numbered. CBDC is to progressively replace fiat currencies.

The New Way, Living Feelings First and Feeling Healing as well as Soul Healing being Feeling Healing with Divine Love are to be made known worldwide. In the meantime, these revelations are being progressively introduced throughout each of the spirit Mansion Worlds. On completion of this process it is anticipated that hand over from the Creator Daughter and Son, Mary Magdalene and Jesus, to the Avonal Pair who are now living in the physical on Earth will take place. The progress throughout the Mansion Worlds suggests that this handover could unfold within the coming year or so.

This will herald the Avonal Age of the coming 1,000 years. While we have been in Rebellion and Default, Earth is in quarantine from receiving any visitations from any other humanity. This will continue until we complete our healing of our Rebellion and Default and that will take a little more than the coming 1,000 years. In the meantime, we will not be able to develop technology to leave our solar system. Any UFOs that are reported ALL have been home grown – manmade by us on Earth. There have been no aliens visiting Earth – that is what being quarantined means!

The Earthing of the Law of Compensation and the companion Law of Cooperation / Non Interference will bring about an end to war for the coming 1,000 years. Then after the Avonal Age we can choose how we want to conduct ourselves. As a consequences of these changes the hells will progressively empty, particularly planes 1 and 2 of Earth that are homes to the darkest hells.

Those who embrace the changes now being introduced will find life fulfilling and rewarding, those who resist the changes will find life difficult. All our environments are changing in a manner to encourage us to seek a better way, The New Way, Living Feelings First.

**This time, in the history of humanity, is the most exciting time ever experienced.**



**SPHERES of PARADISE**

**INFINITE and UNIVERSAL SPHERES**

**ETERNAL SPHERES**

**CELESTIAL HEAVENS**

**Soul spheres  
are not  
numbered.**

**Soul spheres  
are to:**



**The New Birth = Become at one with God: sphere 8**

**Peak Sphere =**

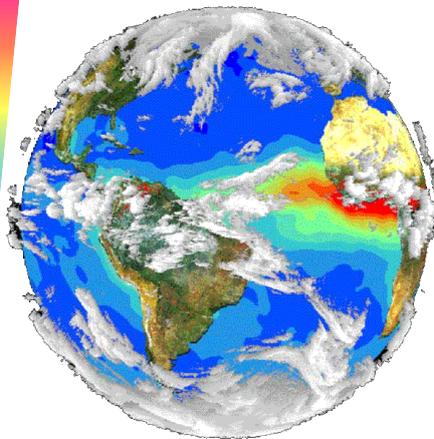
**6**

**4**

**2**

**1**

**NATURAL  
LOVE  
SPHERES**



**7**

**5**

**3**

**Spirit body  
spheres are  
1 - 7**

**DIVINE  
LOVE  
SPHERES**

**Earth sphere is for  
the physical body.**

## Prayer for Divine Love

Long to God for Their Divine Love

Begin with the understanding that God, your Heavenly Mother and Heavenly Father, are offering you Their Divine Love. And all you have to do is want it, want Them to give it to you, to love you. So when you feel you want it, you long directly to Them for it, asking them through your feelings (with longing) to fill your heart and soul with Their Divine Love.

You can long for Their Divine Love, anywhere and at any time. It can be a formal prayer – longing, such as sitting in meditation or prayer, opening your heart to Them, and longing to Them for Their Divine Love. Or you can do it spontaneously on the go, when the desire to long to Them for Their Divine Love comes over you, or when you remember to do it.

Wanting God's Divine Love in your soul is about wanting to develop a very personal relationship with your Heavenly Parents. Speak to God as your real Parents. Tell Them all you are thinking and feeling, as you would your earthly parents (provided you had a loving relationship enough with them to do that.) If you feel angry with God, hating Them, express all your negative unloving feelings to Them too. Don't hold back, share and give all of yourself to Them, They want to get to know you, as you want to get to know Them. And keep longing for Their Divine Love.

We have to long, reach out wanting Their love through our feelings and with the full will of wanting it, which doesn't involve any words, so with the mind staying out of it. It's a yearning from your heart wanting to be loved by Them, so wanting Them to give you Their Divine Love – to love you, and to make you feel loved by Them. So it doesn't involve words, it's an inner yearning, longing, desire to partake of their Divine Love that is required by us. Then we can support this longing using our mind by saying actual words (praying). So say whatever words you want to say to Them, whilst you are longing with your heart for Their Divine Love.

Just be yourself, say whatever you want to Them, as you long for Their Divine Love. The more personal, open and honest you can be with Them the better your relationship with Them can develop.

And once you've longed, which can take only a moment, then give yourself time for Them to love you. You might feel the Holy Spirit coming about you, and then Their Divine Love coming into you, gently, very subtly, or strongly, even very strongly in a whoosh. It's different for each of us, and different often each time we long. And if you have previously longed to God in any way yet not specifically for Their Divine Love,

when you do specifically ask Them for it, it will be a very familiar experience you'll have receiving it.

If you are sitting formally in mediation or prayer, once you've longed to Them for Their Divine Love, and you feel the Holy Spirit bringing it to you, you might find your head wants to move upwards as if looking into Heaven. Allow it too, but if it wants to keep going, don't stress yourself by hurting your neck, bring your head forward again. It's a lovely feeling sitting in the Light of the Divine Love, feeling it coming into your heart and soul. And you might find that you enjoy sitting for five minutes or half an hour, then suddenly the 'light goes off' and the prayer is over as you've received enough Divine Love for the time being.

Also, don't be surprised if at first you can feel the Love readily coming into you but as the years pass it seems to get less and less and you feel less inclined to long for it. This is naturally meaning you have received enough for the time being, you will need to do more of your Spiritual Healing before your soul is ready to receive more.

Summary:

Long with all your heart to your Heavenly Mother and Father for Their Divine Love.

James Moncrief

**Feelings!**  
*first*

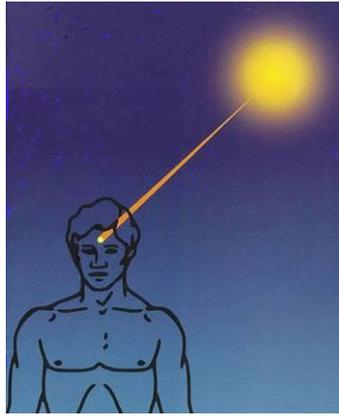


**VISUALISATION with LONGING:**

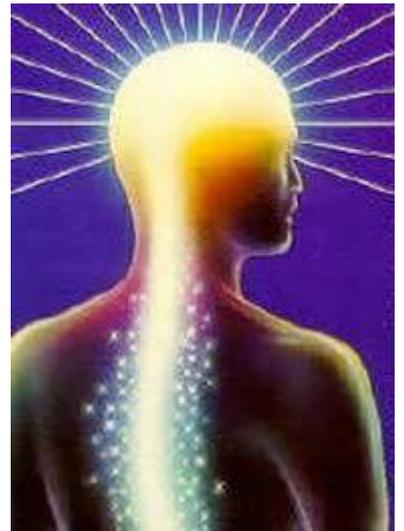
**Holy Spirit infusing Divine Love.**

**Progressive escalation of Divine Love flowing.**

**Visualise yourself as you were when young and with an empty bowl, and then thankfully ask the Mother and Father for Their Love – Their Divine Love:**



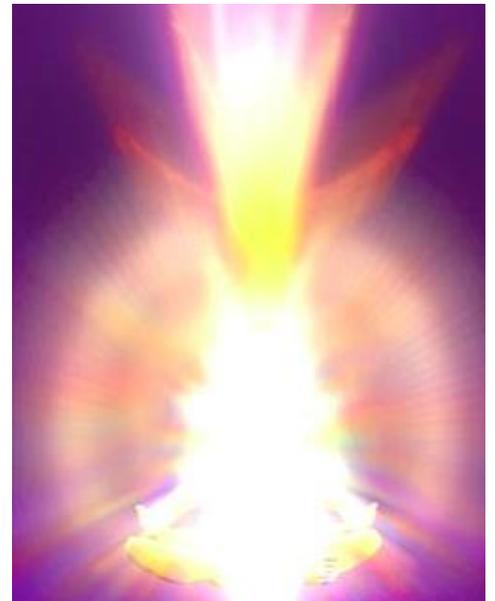
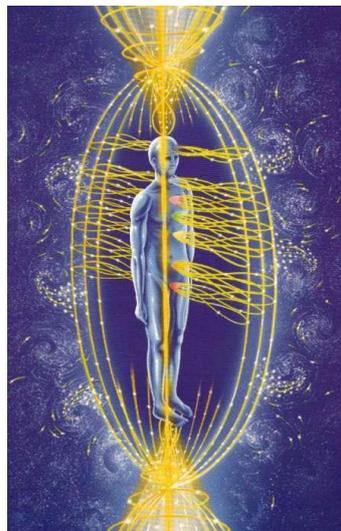
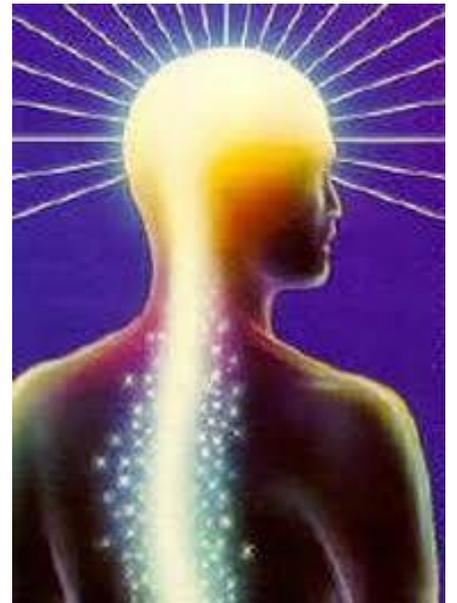
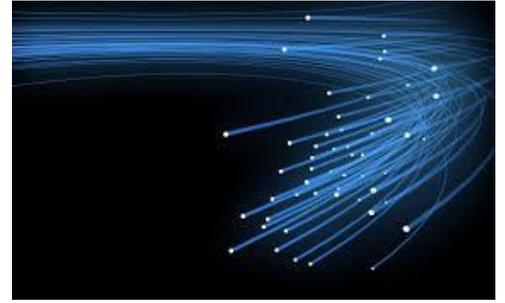
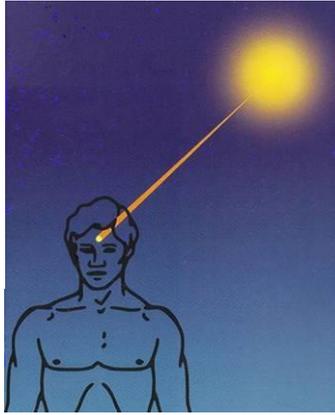
***"Please, Mother and Father, I want some more."***

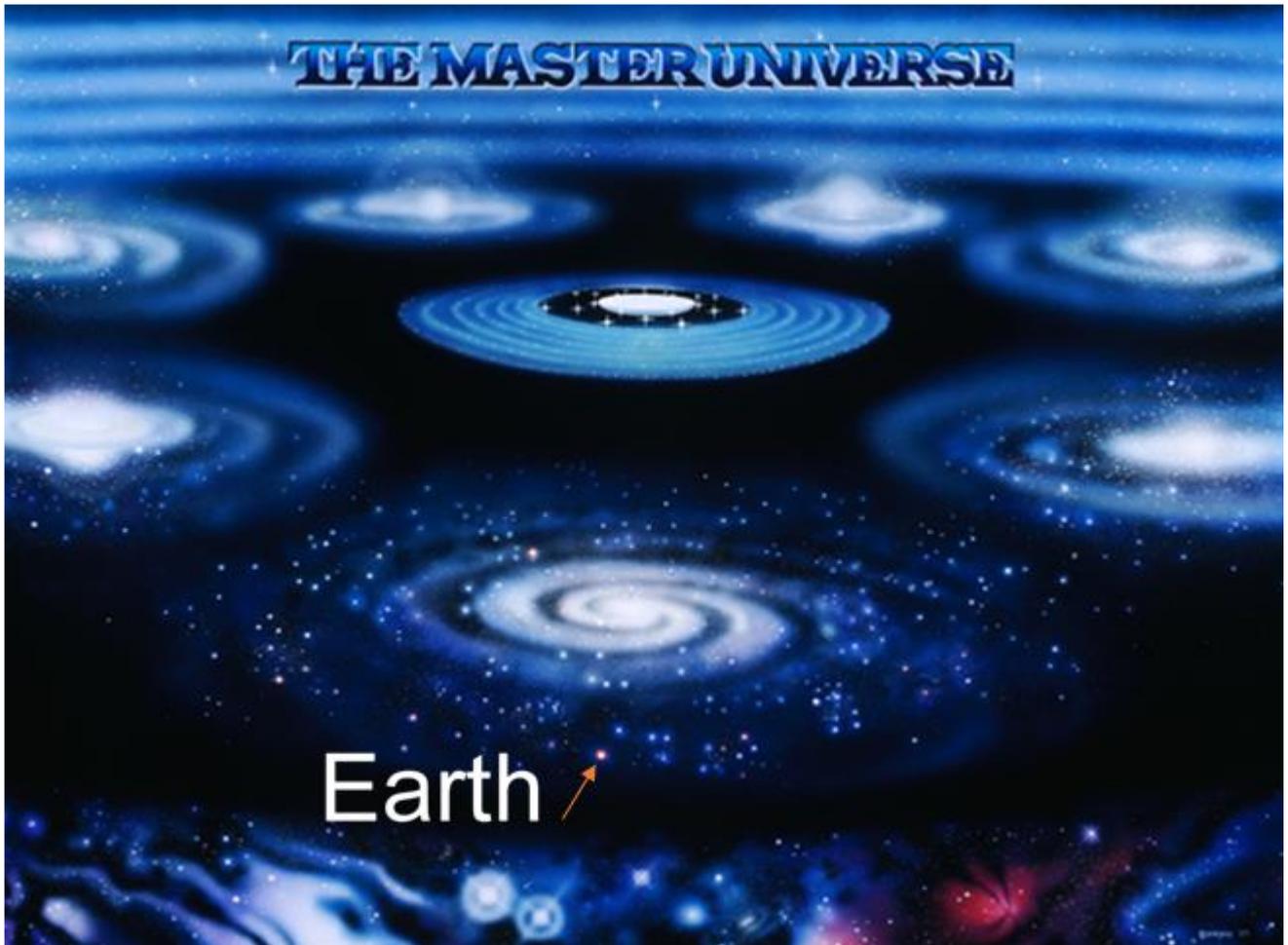


**CONNECTION with GOD:**

**Holy Spirit / the Spirit  
infusing Divine Love.**

**Progressive escalation of  
Divine Love flowing.**





Our journey is one of experience and the feelings that arise from our experiences. From the moment of conception we are on our learning pathway, experiencing the emotions of our parents and carers. Our feelings are our truth, it is through our feelings that we evolve in truth. We are to long for the truth that our feelings draw our attention to.

Our physical parents and family is the focus of our experience on Earth. As we all have been subjected to the Rebellion and Default of Earth's humanity, we are all to heal ourselves of being unloved and the errors and injuries that we have been subjected to. Only through the completion of our Feeling Healing do we leave the environment which is referred to as Hell. It is through the guidance of the Avonal soul partner pair, their Spirits of Truth, that we are now able to complete our Feeling Healing.

When we transition into the 1<sup>st</sup> Celestial Heaven, having completed our Healing and Acceptance of how we have been messed up and the way we are having had the experience of living in a Rebellion and Default, can we then start to assimilate with other humanities within our Local System.

Our local system is called Satania, home city and headquarters being Jerusem. It consists of 1,000 physical worlds that have the potential of a humanity living on these worlds. 619 are physically inhabited of which Earth is number 606, one of the youngest. As we progress beyond the first three Celestial Heavens, then we start to interact and become knowledgeable of these additional humanities.

Then we progress into our local constellation called Norlatiadek. Norlatiadek consists of 100 local systems, and its home city is Edentia. The Garden of Eden is named after Edentia. Again we go through a process of coming to understand how the constellation works and the peoples that are throughout it.

Then we enter the local universe as a whole, named Nebadon with Salvington being its headquarters and home of the co-regents being soul partners Creator Daughter and Son, Michaels, namely Mary Magdalene and Jesus. It is through the Spirits of Truth of Mary and Jesus that we are guided through all of the Celestial Heavens to Salvington.

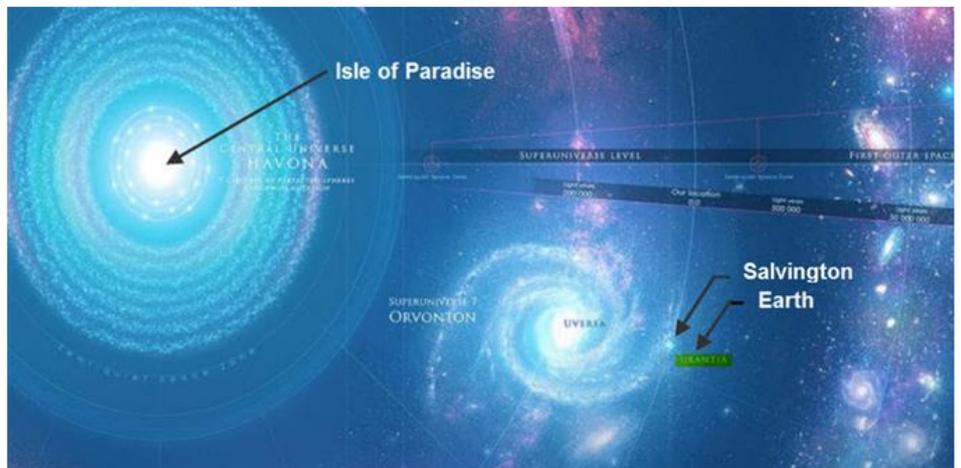
From Nebadon then it is our Heavenly Mother and Father that guide us through the next three major sectors of our super-universe being the Minor Sector, then Major Sector, then the super-universe of Orvonton.

Then we progress into Havona and Isle of Paradise, the home of our Heavenly Mother and Father and on completion of achieving understanding of how all the systems work in the manner that we are required to, we become Finaliters. After all, we are truth seekers!

Then what follows is that we then visit and achieve an understanding of how each of the other six super-universes work and how all sever super-universes function and work together.

When fully accredited we will most likely be assigned to one of the newly forming 70,000 super-universes that presently are not inhabited. Finaliters have many optional assignments.

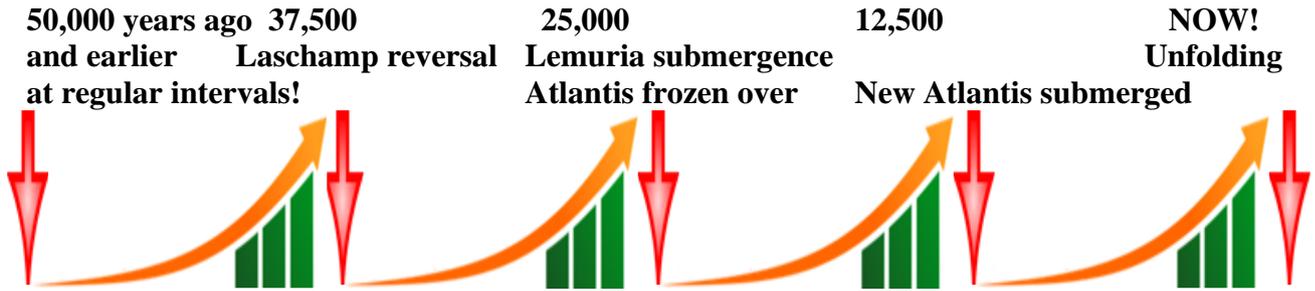
We are truth seekers and through our obtained truth we will be able to assist humanities throughout the emerging universes.



**GEOPHYSICAL POLE SHIFTS appears to take place every 12,000 to 13,000 years!**



**CIVILIZATION TIME LINE**



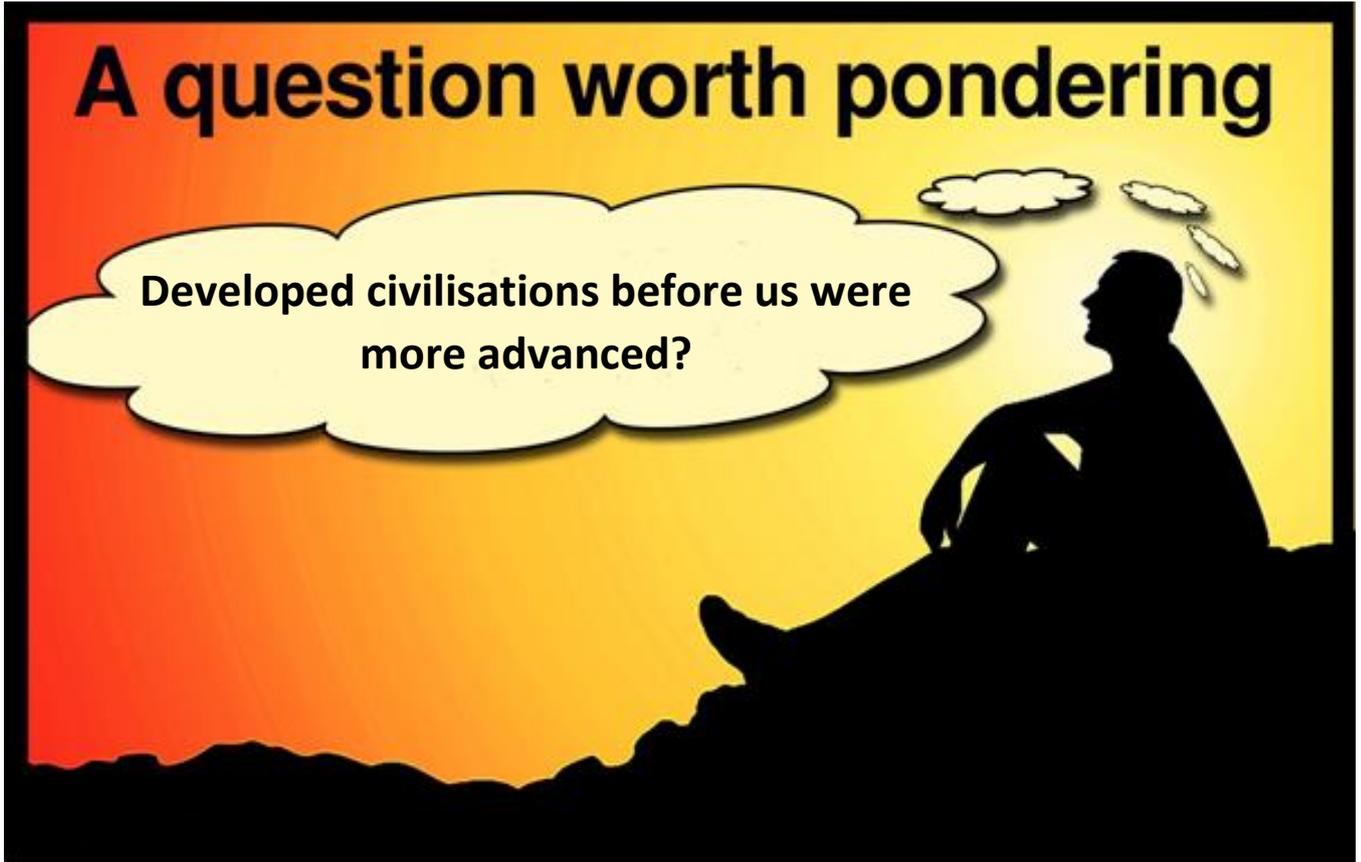
COSMIC DISASTER | CIA: Classified

# Catastrophe Cycle :

Earth Magnetic Event Every  
~11,000 - 13,000 Years

## Previous Events

- Gothenburg Event  
10,000 - 13,000 yrs ago
- Mono Lake / Lake Mungo  
23,000 - 35,000 yrs ago
- Laschamp Event  
41,000 - 45,000 yrs ago
- Vostok Core Event  
~60,000 yrs ago



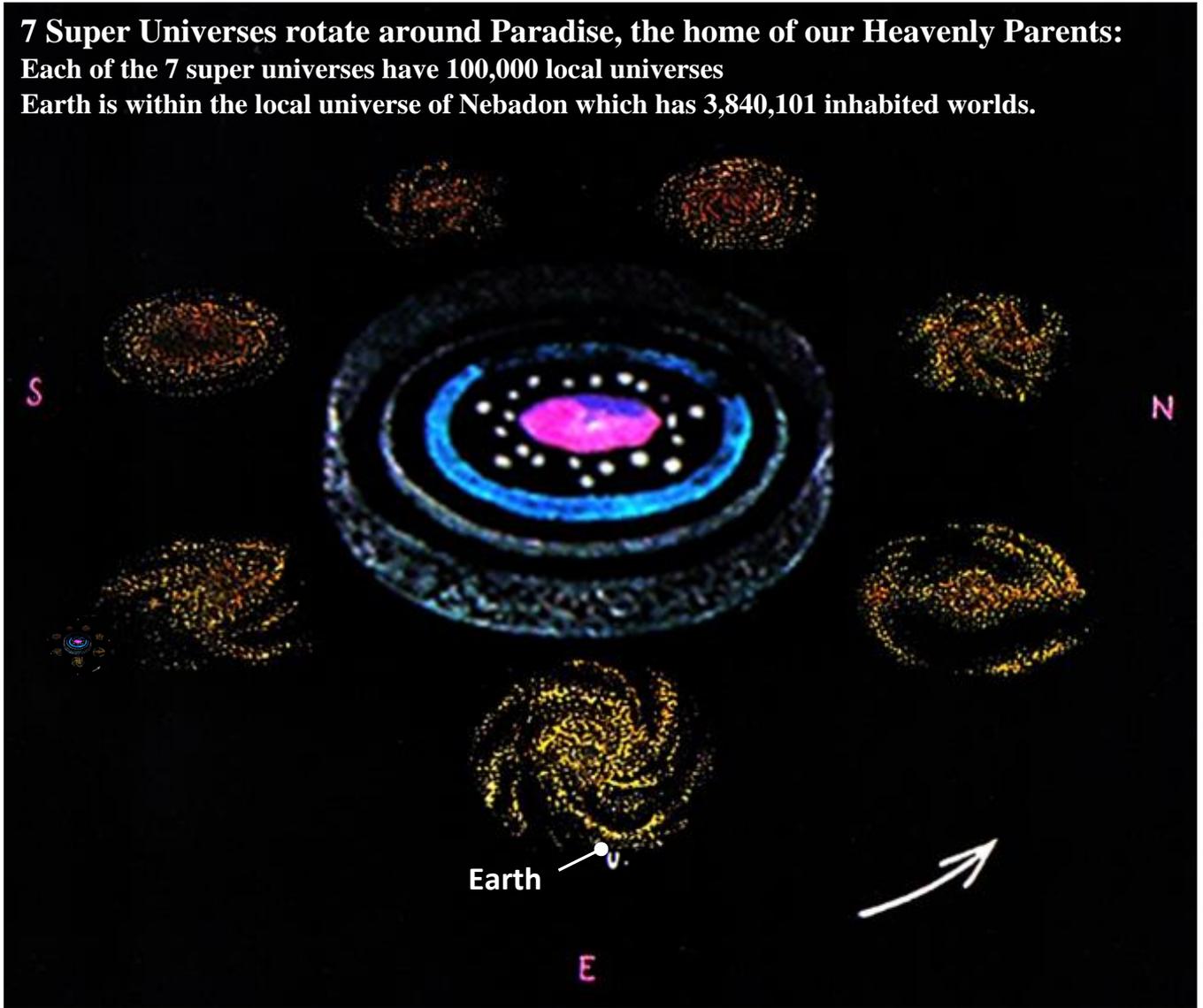
and



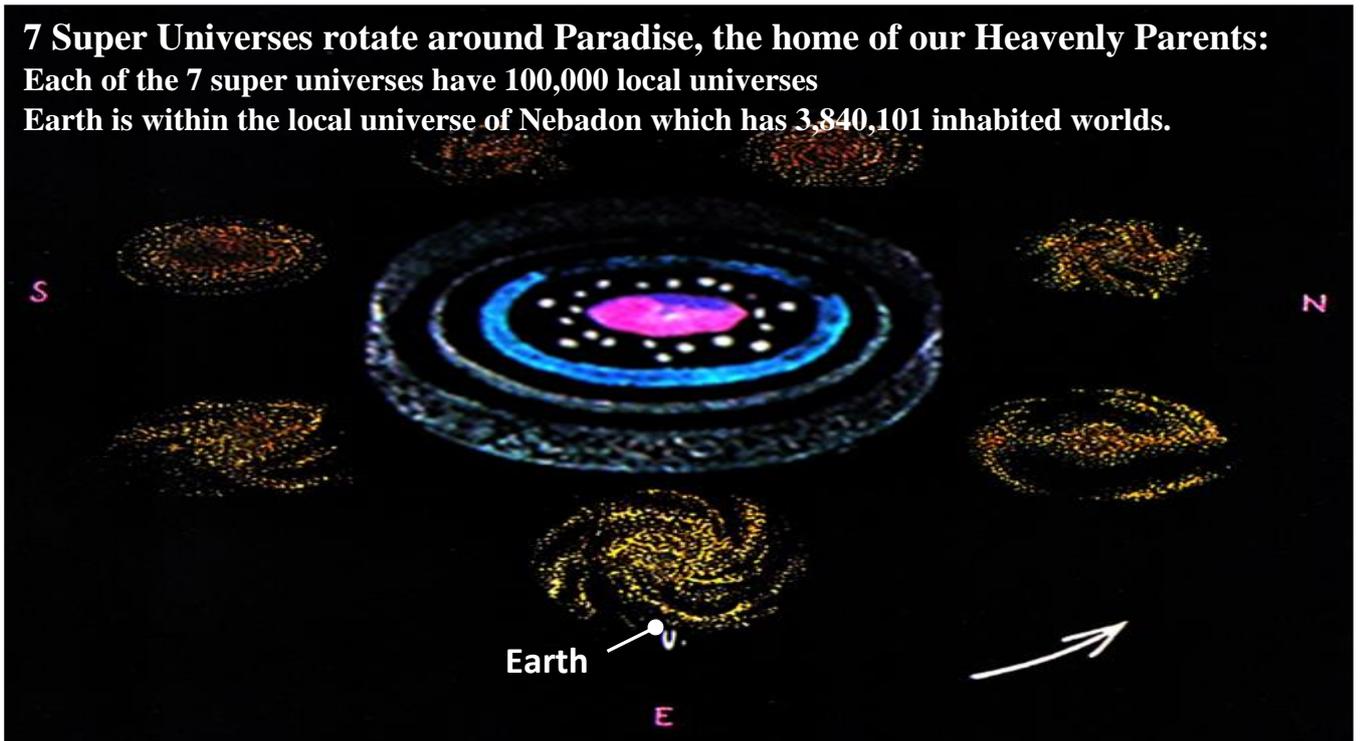
Earth

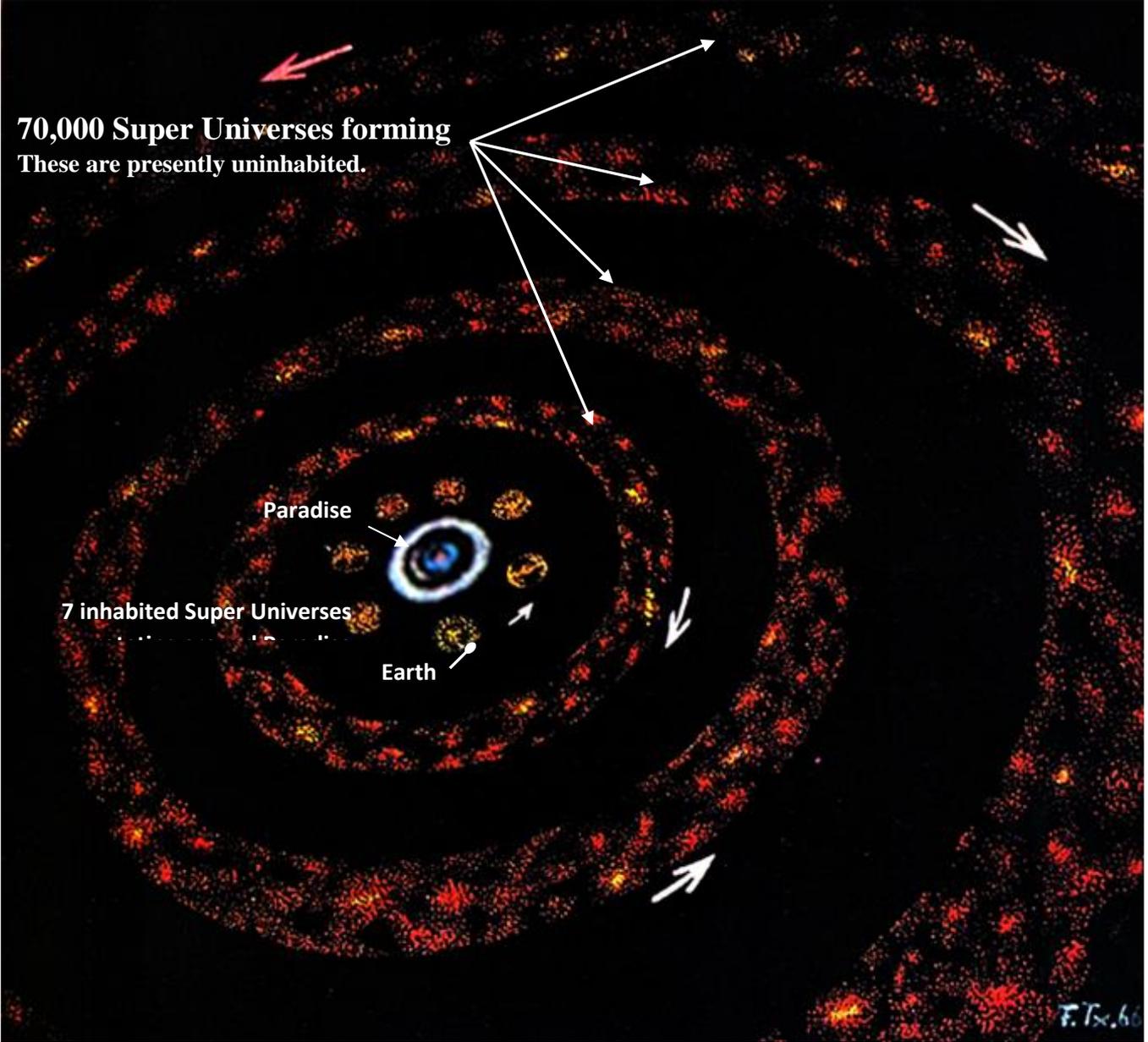
70,000 Super Universes forming

**7 Super Universes rotate around Paradise, the home of our Heavenly Parents:  
Each of the 7 super universes have 100,000 local universes  
Earth is within the local universe of Nebadon which has 3,840,101 inhabited worlds.**



**7 Super Universes rotate around Paradise, the home of our Heavenly Parents:  
Each of the 7 super universes have 100,000 local universes  
Earth is within the local universe of Nebadon which has 3,840,101 inhabited worlds.**

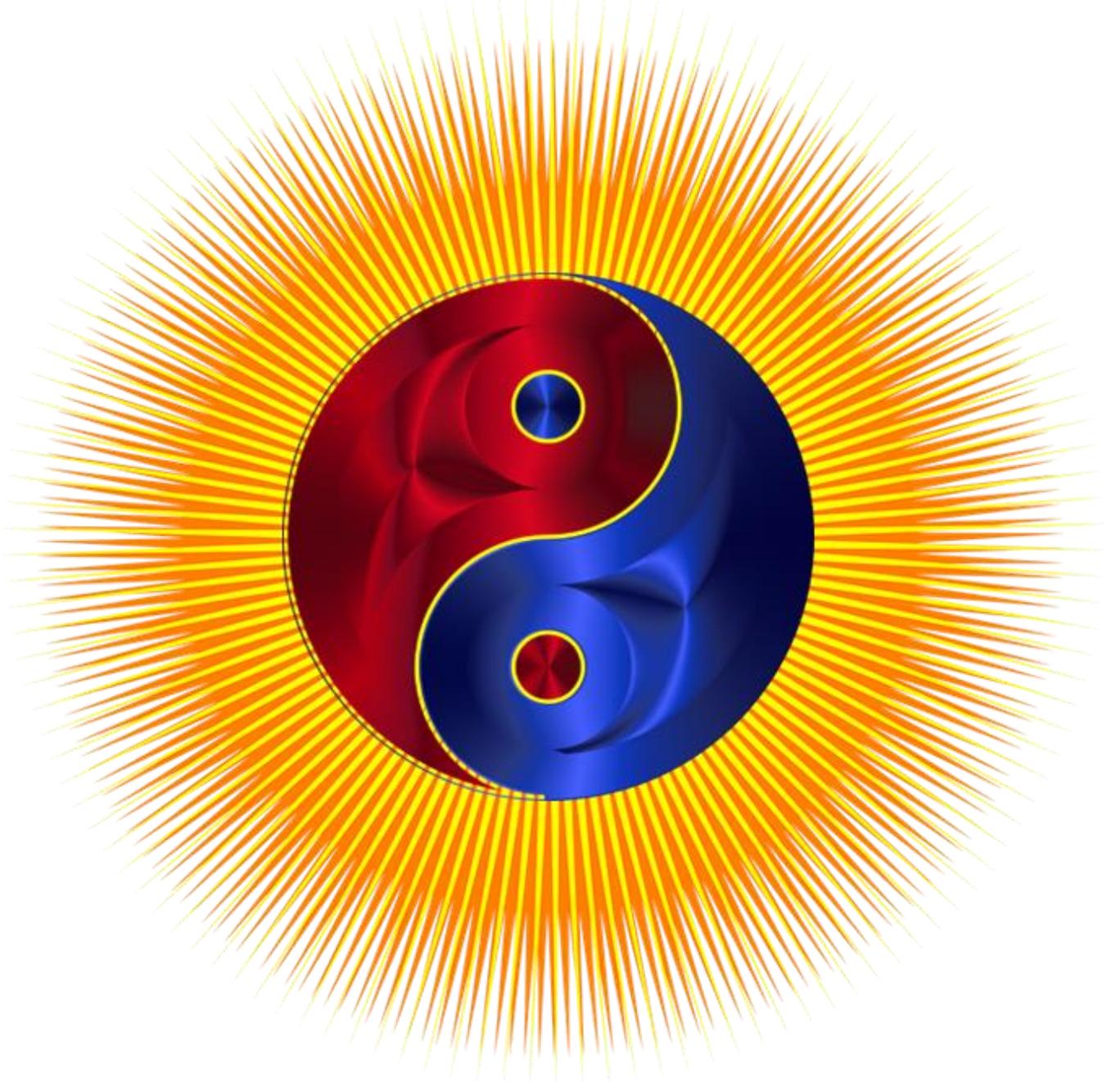








# Our Heavenly Mother and Father



# Paradise Trinity

Heavenly Mother  
and Father  
'Love'



Eternal Son of 'Truth'

Infinite Daughter of 'Mind'

Jesus and Mary's soul are different in design than ours. They are a Creator Daughter and Son, or similarly referred to as Michael Daughter and Son soul, and within their soul is expressed only the two of the Primary Aspects of Deity. They are of the Mother and Father, our Heavenly Parents and the Eternal Son. Avonal Daughters and Sons are expressive of the Eternal Son and Infinite Daughter.

The core of humanity (us mortals of Earth) is of the Truth and Mind, and then with the addition of the Indwelling Spirit, we can then relate to the Love. And with the Avonal pair now on our world (Earth), they too expressing the Son of Truth and Daughter of Mind, we actually are far better suited to relating to them than we are to Mary and Jesus.

# Heavenly Mother & Father LOVE



TRUTH                      MIND  
Eternal Son      Infinite Daughter

Creator Daughter & Son are of Love and Truth .

Avonal Daughter & Son are of Truth and Mind .

Nature is of the Mind .

Humanity is of Truth and Mind then with Indwelling Spirit, also of Love .

Humanity is best suited to be assisted by the Avonals and then by Creator Daughter & Son .

Indwelling Spirit  LOVE



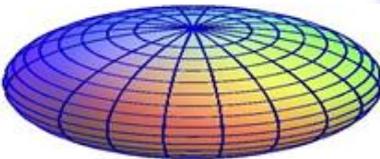
# Three Layers of Progression Federal, State and Local

**Paradise  
Havona**



**PARADISE**  
 Heavenly Mother and Father }  
 Infinite Daughter or Mind } Trinity  
 Eternal Son of Truth }  
  
 Creator Daughter and Son  
 Avonal Daughter and Son  
 Trinity Teacher pairs

Within each of 7  
Super Universes  
there are 1,000  
local universes.



**LOCAL UNIVERSE of NEDADON**  
 Co-regents Mary & Jesus – Creator  
 Daughter and Son (federal oversight of  
 3,840,101 humanities)  
 Melchizedek order – oversight advisers  
 Lanonandek order – system sovereigns  
 Lanonandek order – planetary princes  
 Adamites order (Adam and Eve)  
 There are many orders and classes of  
 spirits as well as angels.

Nebadon has 100  
constellations, each  
with 100 local  
systems, which  
each have 1,000  
inhabitable worlds.

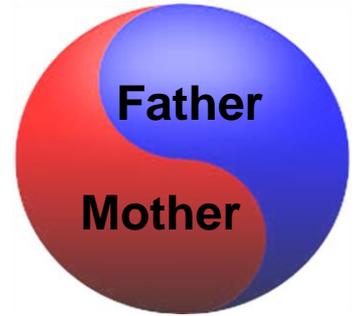


**LOCAL SYSTEM SATANIA** contains EARTH  
 Creator D&S removed system sovereign  
 (Lucifer) 26 CE – federal administration.  
 Avonal D&S removed planetary prince  
 (Caligastia) 1993 CE – state administration.  
 Melchizedek plan to end Rebellion and  
 Default now executing.  
 Earth's Celestial Spirits now guiding Earth's  
 humanity out of Rebellion and Default.

Earth's humanity is  
now guided by  
Celestial Spirits.

# MUM & DAD THIS WAY

## GOD



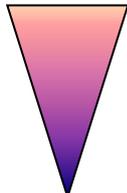
HEAVENLY PARENTS



JESUS & MARY



AVONALS



SPHERES of PARADISE being the home of our Heavenly Parents, Mother and Father, within the centre of the 7 super universes.



Unknown number of spheres to progress through to reach Paradise.



Ascending out of NEBADON is beyond the regency of the Creator Daughter and Son, Mary and Jesus.



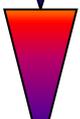
INFINITE & UNIVERSAL SPHERES, unknown number to progress through within Nebadon.



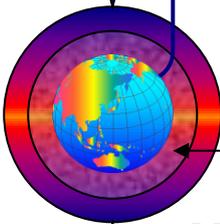
ETERNAL SPHERES 3 spheres unnumbered. Involvement with Earth finishes.



CELESTIAL HEAVENS are spheres 8, 9, 10.



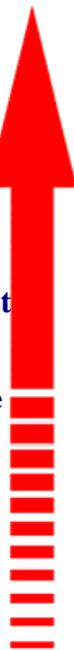
Divine Love Spirit Healing Mansion Worlds are 3, 5, 7. We are healing our soul!



We all arrive in spirit into Mansion World 1.

Earth Planes 1 and 2 are of Disharmony – Hells.

Mind Spirit Mansion Worlds 2, 4, 6 are all taking us in the wrong direction and into a dead end!



AVONAL PAIR



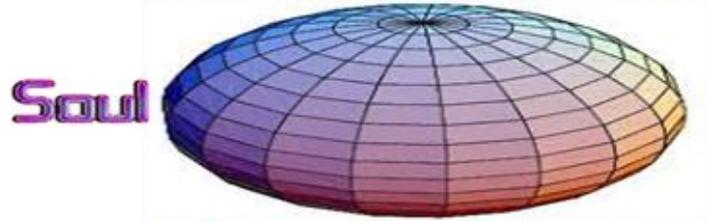
MARY & JESUS



GOD

Throughout the Avonal Age of 1,000 years, their Spirits of Truth will assist us in embracing and engaging with our Feeling Healing and with Divine Love our Soul Healing. They will assist us to develop our soul well into Celestial Heaven status should we persevere with such a goal. The extent to which the Avonal Pair develop themselves while here in the physical on Earth is the level that their Spirits of Truth will be able to assist us. Then it will be Mary and Jesus' Spirits of Truth that will assist us up and out of Nebadon, where our Heavenly Parents will then assist us onto Paradise, Their home.

# SOUL PERSONALITY FEMALE or MALE



Eternal Son      Infinite Daughter  
**TRUTH**      **MIND**



Indwelling Spirit  
Heavenly Mother & Father  
**LOVE**



**SOUL is a DUPLEX**

We, of Earth's humanity, are of Truth and Mind, of the Eternal Son and Infinite Daughter. We are of Natural love which we are to perfect.

It is then, with our Heavenly Mother and Father's Divine Love, that when we will fuse with our Indwelling Spirit, from Them, and become Celestial.

Our personal Indwelling Spirit is without personality, thus our personality remains the one originally bestowed to us by our Heavenly Parents.

Upon becoming Celestial we are of the trinity with LOVE, TRUTH and MIND, and always evolving through our experiences on our journey to Paradise.

# Light of Truth of PASCAS

COUNCIL of ELDERS

Throughout the evolution of Pascas, Pascas has been gently guided and supported by its Council of Elders from within the Celestial Heavens. All documentation, all concepts, all who have interacted with the forming of Pascas WorldCare and the various arms, have been in response to the guidance from our Celestial Council of Elders – from within the 3<sup>rd</sup> Celestial Heaven. Throughout the coming millennium, our Celestial friends will be guiding and assisting Pascas WorldCare.

**Council of Elders now around 13 soul-groups from the 3<sup>rd</sup> Celestial Heaven**



Communications between the Celestial Council of Elders and those within the physical administration of Pascas World-Care will be via those who complete their Feeling Healing on Earth, as years go by.



**Avonal PAIR Oversight**



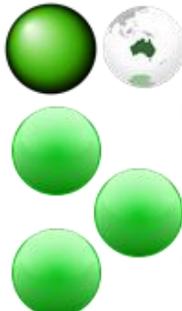
The administration of Pascas may be also supported in their interconnectivity with our Celestial guidance, through those within Pascas and its administration who are sensitive in their nature and are able to perceive guidance from our Celestial companions on this journey of delivering the Great U-Turn. It is through the nature of sensitivity that Celestial Spirits have interacted with Pascas during decades of formative years and the establishment of the foundations for Pascas for the next 1,000 years.

## LIGHT OF TRUTH

Pascas as an entity, due to the contributions from our Celestial friends, is functioning within the 5<sup>th</sup> Divine Love spirit Mansion World's level. Further, the Pascas Papers that are designated as references for Feeling Healing and Divine Love are within the level of Truth of the highest of the Celestial Heavens. Pascas will be supported in this manner for the coming millennium.

- 

Celestial Heavens 8, 9, 10 also referred to as 1, 2, 3 being at-one with Mother and Father.
- 

Divine Love spirit Mansion Worlds, healing / crying worlds 3, 5, 7.
- 

We all transition to Natural Love spirit Mansion World 1, and typically go in the wrong direction to Natural Love spirit Mansion Worlds 2, 4, 6 and cannot go further!

<http://www.pascashealth.com/index.php/library.html>

## Library Download – Pascas Papers

All papers may be freely shared. The fortnightly mailouts are free to all, to be added into the mailout list, kindly provide your email address. [info@pascashealth.com](mailto:info@pascashealth.com)

Within the Library Download page within Pascas Care Letters at [www.pascashealth.com](http://www.pascashealth.com) kindly download the following two files:



[Pascas Care Letters Root Cause now to Pathway Forward.pdf](#)



[Pascas Care Letters Root Cause now to Pathway Forward short.pdf](#)

Important recommended reading is:

by James Moncrief

### The Rejected Ones – the Feminine Aspect of God

<http://divinelovesp.weebly.com/my-free-books-and-free-padgett-messages.html> ALSO at  
<https://www.pascashealth.com/index.php/library.html?file=files/opensauce/Downloads/MEDICAL%20-%20SPIRITUAL%20REFERENCES/Rejected%20Ones%20via%20James%20Moncrief.pdf>

To liberate one's real self, one's will, being one's soul, is by embracing Feeling Healing so as to clear emotional injuries and errors. With the Divine Love, then one is also Soul Healing. We are to feel our feelings, identify what they are, accept and fully acknowledge that we're feeling them, express them fully, all whilst longing for the truth they are to show us.

Within the Library Download page within Pascas Care Letter at [www.pascashealth.com](http://www.pascashealth.com) kindly download the following:

- Pascas Care Letters – Family Shelters Abuse & Remedial
- Pascas Care Letters – Family Shelters Overview
- Pascas Care Letters – Family Shelters Protection
- Pascas Care Letters – Family Shelters Social Housing
- Pascas Care Letters – Family Shelters Support Centre
- Pascas Care Letters – Family Shelters towards Liberation



**FURTHER READING:**

Free downloads are from [www.pascashealth](http://www.pascashealth.com) in the Library Download page, scroll down for the PDFs:

**PASCAS CARE PARENTING**

|                                            |           |                 |
|--------------------------------------------|-----------|-----------------|
| Sam’s Book – Parenting and Feeling Healing | Book I    | Experience      |
| Sam’s Book – Parenting and Feeling Healing | Book II   | Conception      |
| Sam’s Book – Parenting and Feeling Healing | Book III  | Magic           |
| Sam’s Book – Parenting and Feeling Healing | Book IV   | Nothingness     |
| Sam’s Book – Parenting and Feeling Healing | Book V    | Setting Free    |
| Sam’s Book – Parenting and Feeling Healing | Book VI   | Pain and Rage   |
| Sam’s Book – Parenting and Feeling Healing | Book VII  | Vision          |
| Sam’s Book – Parenting and Feeling Healing | Book VIII | Childhood       |
| Sam’s Book – Parenting and Feeling Healing | Book IX   | Self-Acceptance |

- Pascas Care – Parenting Awareness
- Pascas Care – Parenting Eureka Moment
- Pascas Care – Parenting Feelings Supreme Guides
- Pascas Care – Parenting Health Generation
- Pascas Care – Parenting into the Abyss
- Pascas Care – Parenting Rebellion

Important recommended reading is:

by James Moncrief

**The Rejected Ones – the Feminine Aspect of God**

<http://divinelovesp.weebly.com/my-free-books-and-free-padgett-messages.html> ALSO at  
<https://www.pascashealth.com/index.php/library.html?file=files/opensauce/Downloads/MEDICAL%20-%20SPIRITUAL%20REFERENCES/Rejected%20Ones%20via%20James%20Moncrief.pdf>



**Mind Centric Way**

**Feelings First Freedom**

|                                                                                      |                                                                                                                                                                     |                                                                        |
|--------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------|
| <b>Primary recommended reading:</b>                                                  | <b>consider commencing with:</b>                                                                                                                                    | <b>Paul – City of Light and Sage – and the Healing Angels of Light</b> |
| <b>The Rejected Ones</b>                                                             | <b>2002 – 2003</b>                                                                                                                                                  | <b>xxx – James Moncrief</b>                                            |
| <b>Messages from Mary &amp; Jesus</b>                                                | <b>2003</b>                                                                                                                                                         | <b>xxx – James Moncrief</b>                                            |
| <b>Soul Light from Zelmar Melchizedek</b>                                            | <b>2003</b>                                                                                                                                                         | <b>xxx – James Moncrief</b>                                            |
| <b>Paul – City of Light</b>                                                          | <b>2005</b>                                                                                                                                                         | <b>xxx – James Moncrief</b>                                            |
| <b>Feeling Healing</b>                                                               | <b>2017</b>                                                                                                                                                         | <b>– James Moncrief</b>                                                |
| <b>Religion of Feelings</b>                                                          | <b>2017</b>                                                                                                                                                         | <b>– James Moncrief</b>                                                |
| <b>Mary Magdalene and Jesus' comments on the Padgett Messages</b>                    | <b>2007 – 2010</b>                                                                                                                                                  | <b>xxx – James Moncrief</b>                                            |
| <b>Speaking with Mary Magdalene &amp; Jesus Sage and the Healing Angels of Light</b> | <b>2013 – 2014</b>                                                                                                                                                  | <b>xxx – James Moncrief</b>                                            |
| <b>Road map of Universe and history of Universe:</b>                                 | <b>2017</b>                                                                                                                                                         | <b>xxx – James Moncrief</b>                                            |
| <b>The Urantia Book</b>                                                              | <b>1925 – 1935</b>                                                                                                                                                  | <b>xxx as primary reading</b>                                          |
| <b>Divine Love supporting reading:</b>                                               |                                                                                                                                                                     |                                                                        |
| <b>Revelations</b>                                                                   | <b>1954 – 1963</b>                                                                                                                                                  | <b>– Dr Daniel Samuels</b>                                             |
| <b>Judas of Kerioth</b>                                                              | <b>2001 – 2003</b>                                                                                                                                                  | <b>– Geoff Cutler</b>                                                  |
| <b>The Book of Truths containing the Padgett Messages or Little Book of Truths</b>   | <b>1914 – 1923</b>                                                                                                                                                  | <b>xxx – Joseph Babinsky</b>                                           |
| <b>True Gospel Revealed anew by Jesus Vol I, II, III, IV</b>                         |                                                                                                                                                                     | <b>xxx – Geoff Cutler</b>                                              |
| <b>Available generally from:</b>                                                     |                                                                                                                                                                     |                                                                        |
| <a href="http://www.lulu.com">www.lulu.com</a>                                       | <a href="http://www.amazon.com">www.amazon.com</a>                                                                                                                  | <a href="http://www.bookdepository.com">www.bookdepository.com</a>     |
| <b>For Divine Love focused websites and forums:</b>                                  |                                                                                                                                                                     |                                                                        |
| <b>Pascas Health:</b>                                                                | <a href="http://www.pascashealth.com/index.php/library.html">http://www.pascashealth.com/index.php/library.html</a>                                                 |                                                                        |
| <b>Spiritual Development:</b>                                                        | <a href="http://new-birth.net/spiritual-subjects/">http://new-birth.net/spiritual-subjects/</a>                                                                     |                                                                        |
| <b>Padgett Books:</b>                                                                | <a href="http://new-birth.net/padgetts-messages/">http://new-birth.net/padgetts-messages/</a>                                                                       |                                                                        |
|                                                                                      | <a href="http://divinelovesp.weebly.com/my-free-books-and-free-padgett-messages.htm">http://divinelovesp.weebly.com/my-free-books-and-free-padgett-messages.htm</a> |                                                                        |

**BIBLIOGRAPHY NOTE:**

James Moncrief has written numerous books and prepared numerous movie scripts. Incorporated here are primary writings.

Pascas has 600+ supportive 'Pascas Papers' accessible in Library Download at [www.pascashealth.com](http://www.pascashealth.com)

Pascas Primary publications being:

- U-Turn for Humanity Pascas reveals New Feelings Way
- U-Turn for Humanity pathway being New Feelings Way
- U-Turn for Humanity shutting hells through New Feelings Way
- U-Turn for Humanity soul light and New Feelings Way
- U-Turn for Humanity through the New Feelings Way
- U-Turn for Humanity treacherous assumptions New Feelings Way
- U-Turn for Humanity unfolding the New Feelings Way
- Universal Gift – Feeling Healing with Divine Love
- Feeling Healing and Divine Love Discussion Prompts
- Pascas Care Death & Dying Transition & Assimilation Marjorie

Selected Pascas Papers, as noted below, can be downloaded from [www.pascashealth.com](http://www.pascashealth.com) from within the Library Download page.

## [James Moncrief's books, the Padgett Messages and The Urantia Book at:](#)

### **DIVINE LOVE SPIRITUALITY – DLS:**

<http://divinelovesp.weebly.com/my-free-books-and-free-padgett-messages.html>

|                      |                                      |             |       |     |
|----------------------|--------------------------------------|-------------|-------|-----|
| All Padgett Messages | (for condensed versions – see below) | 1914 – 1923 | Pages | 945 |
| The Urantia Book     | (see suggested papers to read below) |             |       |     |

|                                                                     |  |       |                                  |              |
|---------------------------------------------------------------------|--|-------|----------------------------------|--------------|
| <b>James Moncrief Books:</b>                                        |  | MoC   |                                  |              |
| The Rejected Ones – the Feminine Aspect of God                      |  | 1,490 | Nov 2002 – Jan 2003              | 228          |
| Messages from Mary and Jesus book 1                                 |  | 1,485 | Feb – Apr 2003                   | 189          |
| Messages from Mary and Jesus book 2                                 |  | 1,485 | Apr – Oct 2003                   | 170          |
| Soul Light from Zelmar, a Melchizedek, books 1 and 2                |  | 1,480 | May – Sep 2003                   | 480          |
| Mary Magdalene and Jesus' comments on the Padgett Messages – book 1 |  |       | Aug 2007                         | 164          |
| Messages from 31 May 1914 – 12 January 1915                         |  | 1,495 |                                  |              |
| Mary Magdalene and Jesus' comments on the Padgett Messages – book 2 |  |       | Sep 2010                         | 177          |
| Messages from 13 January 1915 – 29 August 1915                      |  | 1,494 |                                  |              |
| Speaking with Mary Magdalene and Jesus blog – book 1                |  | 1,490 | Jan – Apr 2013                   | 206          |
| Speaking with Mary Magdalene and Jesus blog – book 2                |  | 1,489 | Apr – May 2013                   | 229          |
| Speaking with Mary Magdalene and Jesus blog – book 3                |  | 1,490 | Oct – Jan 2014                   | 187          |
| Speaking with Mary Magdalene and Jesus blog – book 4                |  | 1,491 | Jan – May 2014                   | 191          |
| Mary Magdalene comments on Revelation from the Bible KJV            |  | 1,485 | Dec 2013 – Jan 2014              | 84           |
|                                                                     |  |       | <b>This group being pages of</b> | <b>2,305</b> |

|                                                                  |                        |         |      |     |
|------------------------------------------------------------------|------------------------|---------|------|-----|
| Paul – City of Light                                             |                        | 1,488.5 | 2005 | 149 |
| Ann and Terry                                                    |                        |         | 2013 | 235 |
| Feeling bad? Bad Feelings are GOOD!                              | feeling-healing book 1 |         | 2006 | 179 |
| Feeling bad will make you feel BETTER – Eventually!              | feeling-healing book 2 |         | 2006 | 159 |
| Breaking the Golden Rule.                                        | feeling-healing book 3 |         | 2006 | 168 |
| Feeling-Healing exercises, and other healing points to consider. |                        |         | 2009 | 175 |
| Cathy and Mark – a novel introducing Feeling-Healing.            |                        |         | 2010 | 151 |
| Introduction course to Divine Love Spirituality                  |                        |         | 2006 | 139 |
| Speaking with the Dead, Death and Dying                          |                        |         | 2009 | 173 |
| Spirits and their Childhood Repression Healing                   |                        |         | 2010 | 179 |
| With Verna – a nature spirit                                     |                        |         | 2008 | 279 |
| Communication with spirits – meet a spirit friend                |                        |         | 2010 | 37  |
| Introduction to Divine Love Spirituality website                 |                        |         |      | 362 |
| Sage – and the Healing Angels of Light                           |                        |         | 2017 | 260 |
| Divine Love Spirituality                                         | 1,500                  |         | 2017 | 201 |
| Feeling Healing – you can heal yourself through your feelings    |                        |         | 2017 | 153 |
| Religion of Feelings                                             | 1,500                  |         | 2017 | 47  |

**This group being pages of 3,046**

**Religion of Feelings**

<http://religionoffeelings.weebly.com/>

**Introduction to Divine Love Spirituality**

<http://dlspirituality.weebly.com/>

**Main website of DLS**

<http://divinelovesp.weebly.com/>

**Childhood Repression website**

<http://childhoodrepression.weebly.com/>

**DLS and CR forum**

<http://dlscr.freeforums.net/>

<http://withmarymagdaleneandjesus.weebly.com/blog---and-free-books-speaking-with-mary-and-jesus>

**FEELING HEALING and SOUL HEALING with the DIVINE LOVE:****James Moncrief Publications:****all publications are free downloads:**<http://divinelovesp.weebly.com/my-free-books-and-free-padgett-messages.html>

It is suggested for one to consider reading as follows:

**Speaking with Mary Magdalene and Jesus – books 1 – 4**

These four books encapsulate the second of the revelations with the first having been introduced by James Padgett one hundred years previously. These four books provide a wide range of guidance that has never previously been made available.

**Soul Light – books 1 and 2**

A Melchizedek, Zelmar, sums up how we are to heal ourselves and ascend to Paradise.

**Paul – City of Light**

As a gentle intro into the Divine Love and Healing; being James Moncrief's first novel.

**Ann and Terry**

An example for people who might want to immediately start working on themselves and doing their Healing.

**Feeling Bad? Bad Feelings are GOOD**

For more understanding about our denial of our feelings and why we should not deny our feelings, and it includes how it all came about for James, using himself as an example.

**Feeling bad will make you feel BETTER – Eventually!**

This includes specific examples of Marion and James working on expressing particular bad feelings, again with the hope that it will help others gain something of an idea as to what's involved in doing your Feeling Healing.

**Sage – and the Healing Angels of Light**

Through Sage who's 13 years old, the story is primarily about the two aspects of healing; that being, with the help of our angels, and the full Healing we can do by looking to our feelings for their truth.

**Religion of Feelings  
Feeling Healing**

**Welcome to LOVE – the Religion of Feelings  
you can heal yourself through your feelings**

So these books, including the four Speaking with Mary Magdalene and Jesus books, provide the essence of it all and are examples of James' work. Then it's up to whatever takes one's fancy. Other reading to consider may include:

**The Padgett Messages being published as:****The True Gospel Revealed Anew by Jesus volumes 1 – 4****Book of Truths by Joseph Babinsky****The Urantia Book**

**Release one's pain through expressing one's feelings.**



**in conjunction with**

**Longing for the Truth when also longing for Divine Love.**

### **FEELING HEALING with DIVINE LOVE is SOUL HEALING:**

*A collection of 'papers' that draw together specific topics including all of the above and more from other sources of information and revelation designed to help increase one's awareness about why we have the problems we do and how to heal them, all whilst living a more healthy and sustainable life. They provide a brief snapshot of the more complicated topics and issues.*

**Firstly, consider discovering the truth of your emotional pain through Feeling Healing.  
Secondly, consider longing for our Heavenly Parents' Love as you progress with your healing.  
Primary and most important readings are the writings of James Moncrief.  
Then consider the Padgett Messages, and then The Urantia Book.**

Pascas Papers, being free, are located within the Library Download [www.pascashealth.com](http://www.pascashealth.com)  
<http://www.pascashealth.com/index.php/library.html>

[PASCAS – document schedule.pdf](#)      **downloadable index to all 680+ Pascas Papers.**

FH denotes Feeling Healing; SH denotes Soul Healing, which is: Feeling Healing with the Divine Love;  
DL denotes Divine Love – living with the Love.

**PASCAS INTRODUCTION NOTES:** *All papers below can be found at Library Download link.*

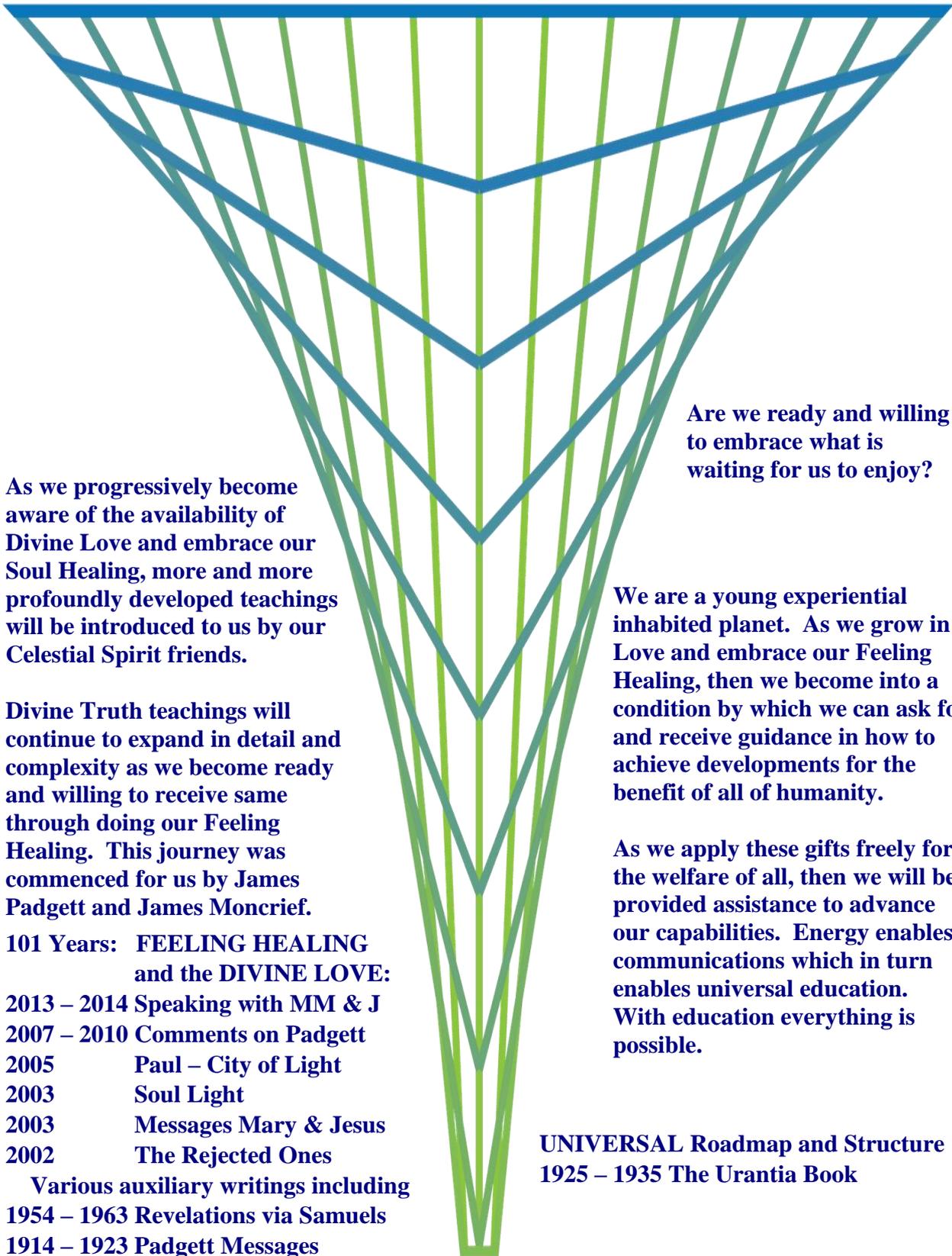
- Pascas Care Letters A Huge Upturn
- Pascas Care Letters Big Revelation
- Pascas Care Letters Feeling Healing Benefits Children
- Pascas Care Letters Feeling Healing Way
- Pascas Care Letters Little Children
- Pascas Care Letters Women's Liberation and Mother

### **MEDICAL – EMOTIONS:**

- Pascas Care – Feeling Healing
- Pascas Care – Feeling Healing All is Within
- Pascas Care – Feeling Healing and Health
- Pascas Care – Feeling Healing and History
- Pascas Care – Feeling Healing and Parenting
- Pascas Care – Feeling Healing and Rebellion
- Pascas Care – Feeling Healing and Starting
- Pascas Care – Feeling Healing and Will
- Pascas Care – Feeling Healing Angel Assistance
- Pascas Care – Feeling Healing Being Unloved
- Pascas Care – Feeling Healing Child Control
- Pascas Care – Feeling Healing Childhood Repression
- Pascas Care – Feeling Healing End Times
- Pascas Care – Feeling Healing is Rebelling
- Pascas Care – Feeling Healing Live True
- Pascas Care – Feeling Healing Mary Speaks
- Pascas Care – Feeling Healing My Soul
- Pascas Care – Feeling Healing Perfect State
- Pascas Care – Feeling Healing Revelations X 2
- Pascas Care – Feeling Healing the Future
- Pascas Care – Feeling Healing Trust Yourself
- Pascas Care – Feeling Healing Versus Cult

**PASCAS  
PAPERS**

**DIVINE LOVE and DIVINE TRUTH Revelations and Teachings escalating:**



As we progressively become aware of the availability of Divine Love and embrace our Soul Healing, more and more profoundly developed teachings will be introduced to us by our Celestial Spirit friends.

Are we ready and willing to embrace what is waiting for us to enjoy?

Divine Truth teachings will continue to expand in detail and complexity as we become ready and willing to receive same through doing our Feeling Healing. This journey was commenced for us by James Padgett and James Moncrief.

We are a young experiential inhabited planet. As we grow in Love and embrace our Feeling Healing, then we become into a condition by which we can ask for and receive guidance in how to achieve developments for the benefit of all of humanity.

**101 Years: FEELING HEALING and the DIVINE LOVE:**

As we apply these gifts freely for the welfare of all, then we will be provided assistance to advance our capabilities. Energy enables communications which in turn enables universal education. With education everything is possible.

2013 – 2014 Speaking with MM & J

2007 – 2010 Comments on Padgett

2005 Paul – City of Light

2003 Soul Light

2003 Messages Mary & Jesus

2002 The Rejected Ones

Various auxiliary writings including

1954 – 1963 Revelations via Samuels

1914 – 1923 Padgett Messages

**UNIVERSAL Roadmap and Structure  
1925 – 1935 The Urantia Book**

**"THE" profession is:**



**TEACHING**

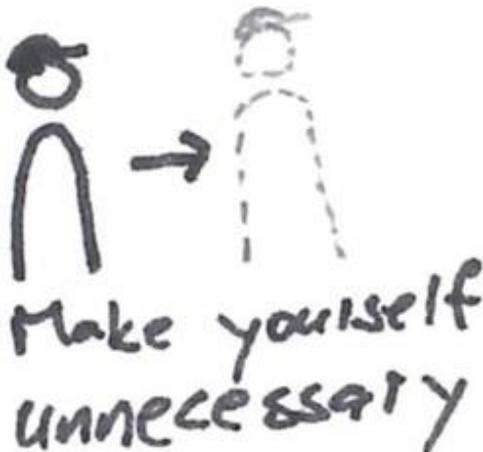


to:

*Learn through play*  
*Independently explore subject*  
*Research with fellow students*  
*Explore topics you enjoy*  
*Engage in what you are passionate about*  
*Ask — and keep asking*  
*Question every aspect*  
*Commonsense is not common*  
*Assumptions are mostly in error*  
*Embrace what you may be feeling*  
*We have been retarded and restrained*  
*We are to be our true self*  
*We are to express all our feelings*  
*We are self contained — all is within*  
*By doing is how we learn*  
*Tutoring others is a great self teacher*  
*Our capabilities are infinite*

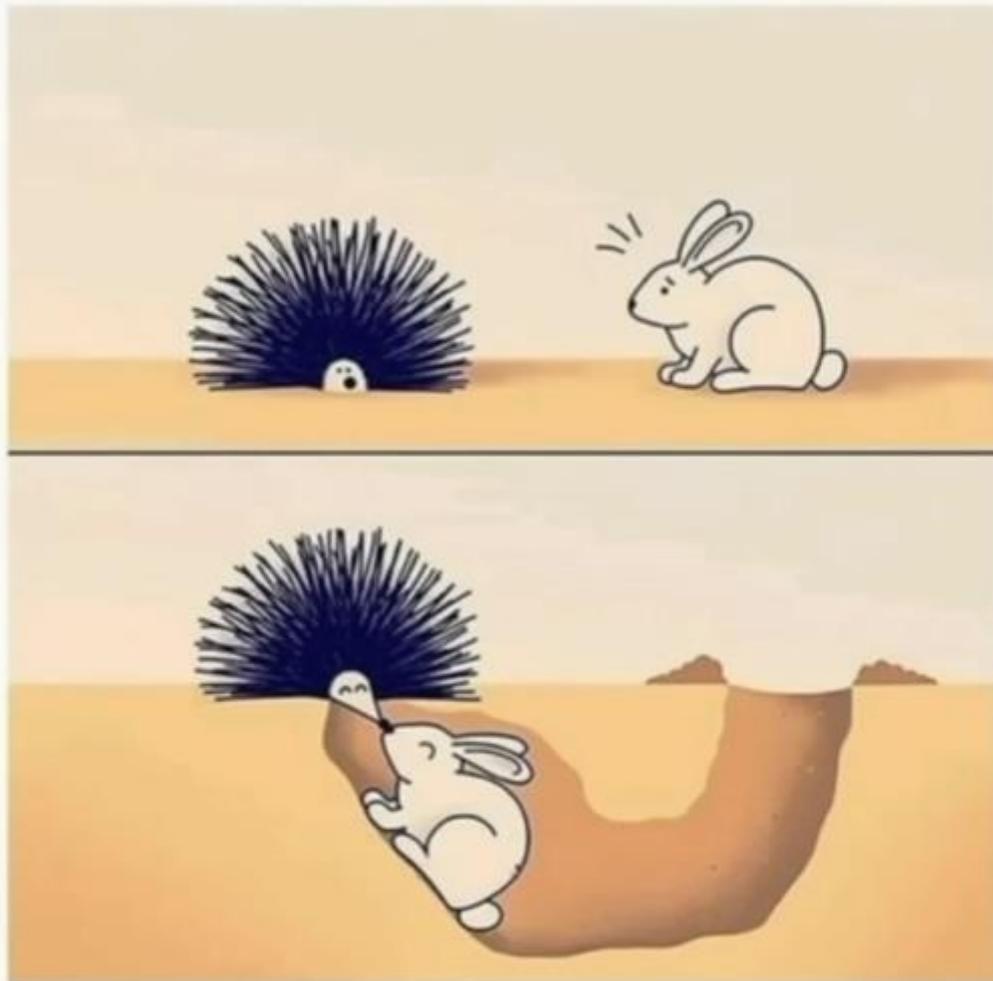


while you



Make yourself  
unnecessary

**INSTEAD OF SAYING  
I CAN'T**



**we SHOULD ASK  
HOW CAN I?**

**We are to live Feelings First  
having our minds to Follow.**

# The Wonders of Nature!



perceived truth MoC 920 – relative truth potential MoC 1,480