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TRANSITION and ASSIMILATION following Death

A couple of weeks before Marjorie, my sister, passed, we chatted about what to expect when entering the spirit worlds. That is outlined in Pascas Care – Death & Dying, Transition & Assimilation which can be downloaded from www.pascashealth.com, Library Download in the Death & Dying section. She agreed to communicate what she experienced. She now has done that in a manner way beyond my anticipations. It is incredible.

It is now 22 days since she passed. The following are all of the writings relating to Marjorie / Marge's experiences of being a newly arrived into the 1st spirit Mansion World, which is where we all will go.

The objective is to dispel the anxieties and unknowns about the process of becoming a spirit following death of the physical body. Marjorie has not only done that but also outlined the two different pathways that we can take – most of us continue with our mind controlled way of living and a very small minority embrace the way to evolve in truth through their personal healing and feelings.

Assimilation into spirit is now spelt out for all of humanity. This is a most incredible achievement.

The world has now met my little big sister – she being older than me and younger than my eldest sister.

Over the past 22 days Marjorie has dispelled any fears relating to passing over from the physical into the spirit way of living. And as for the two pathways, one is a dead end which all of us have been indoctrinated into pursuing and the other being to Paradise, the home of our Heavenly Mother and Father, our real Mum and Dad.

Marjorie has done this in such a manner that no one is more proud of her than me.

Love and blessings to all of humanity – this is a gift of truth and love for us all.

Striving to Living Feelings First

John Doel – the brother of Marjorie

Pascas Foundation (Aust) Limited

TRANSITION and ASSIMILATION – Marjorie passed over into spirit on 26 November 2020

What is clearly apparent from the following writings is that:

1. For those who have an understanding of what to anticipate through transition from the physical body into waking up within an Arrival Hall and the early stages of assimilation, and having an introductory awareness, their experiences are significantly easier than for those without any knowledge.
2. For 200,000 years, all of Earth's humanity has been led to live through their minds and suppress their feelings, living mind dominant. For the few that have been introduced to the reality that we are to live Feelings First and have our minds follow, such a way of living in spirit, that is feelings first, is our pathway to becoming Celestial. Even while living in the physical we are to live through our feelings and have our minds follow, not the other way as how all of our parents have taught us to live.
3. Living feelings first, embracing our healing through longing for the truth behind our feelings and asking for and receiving our Heavenly Mother and Father's Divine Love, is the pathway to becoming Celestial. Consequently, when becoming a spirit consider accepting the guidance of Celestials as and when they come into our new life in the spirit Mansion Worlds.



Marjorie (Marge) Arrives into the 1st spirit Mansion World

Friday evening, 27 November 2020

James: Hello Marie (John's mother, and a Celestial spirit), are you there? John would like to ask you, and preferably Marjorie (John's sister, a 'New Arrival' in the spirit worlds) herself when she's up to it, to speak about all that's happening with you both, Marjorie having died early evening yesterday (about 6.30 pm Thursday, 26 November, aged 76).

Marie: Certainly James, I have not asked Marge yet about speaking with you, however intend to shortly. I have been to see her once since she 'passed', but only very briefly, enough for her to know that I am with her, close by, as she was still very 'groggy' from all she's been through since her death and the lead up to it. I will write more with you about it from my side for John's further understanding of all that transpires upon one's death.

There are what could be called 'broad categories' or 'classifications' as the Angels prefer to call them, as to how newly arriving mortal spirits, people who die and come into the First Mansion World beginning their new spirit lives, are 'dealt with'. It might all sound a bit clinical and unfeeling, however for practical purposes it's easier to go along with the Angel classifications of such experience.

Anyway, Majorie falls into two such broad classifications, and I will speak in terms of them as it will elucidate much of what she might go through, as do other spirits, of which she can, should she want to when she's feeling better, add the personal side.

Marge's first classification is that of a person who has greatly suffered psychologically, psychically (as in the relationship between the emotional and mental levels in a deeper spiritual sense) and physically, with her heart problems and then the cancer that ended her life. And to put it altogether and what it means is she being a rather deep feeling person has been through a lot of deep feelings yet unable to express them. So a lot of what she has gone through has caused a deep psychic pressure to build up in her, which when she is able to regain living in the Mind Mansion Worlds can be dealt with in two ways: either, she will work hard to keep such deep and stressful feelings buried using her mind to maintain control over them; or, she will work to allow them to come out, all of which will be difficult and require a good deal of personal, loving counselling. And there are many people who come into the spirit worlds in this state, and so facing a choice of how to continue living their new spirit lives – bury it all, the whole death and leading up to death experience; or start dealing with it. And many spirits have to deal with it, as it's too hard to keep it all in and suppressed, and then in seeking to get help with it, being still of the mind side of life, look to all the usual mind-based self-help systems of belief available, counselling, psychological help, therapy – traditional or alternative, all of what, and more, you have available to you on Earth.

And then the other classification Marge 'falls' into, is a newly forming one, which is coming about because of your work James, and which specifically in her case is because of you John. And that classification involves enabling such newly arrived spirits to work through this emotional stress in the light of all you are revealing James, so with help from spirits of the New Way, such as Celestial spirits like myself. Because of your influence on her in this area John, and knowing what she is like as a person, I anticipate Marge will take up our offer of helping her look into the deeper feeling side of herself in the light of understanding that it's part of her introduction to the New Feeling Way of life, as opposed to just getting on in the mind side of things. I think she will take up the challenge, and want to apply herself to coming to understand the Truth Of Her Life: what it was really all about, why God gave her the life she lived, why she suffered as she did, all of which as you know will lead her into uncovering the truth of her relationship with myself and her father.

So this new classification is another ‘avenue’ that’s opening up to newly arrived spirits. For it to be presented to them to consider as part of the ‘package’ of their new spirit life.

Many spirits who are completely bound up in the power-consuming and all-controlling mind side of things, simply want to get back into their familiar mind controlling states of being (as they were on Earth), and so are not offered such emotional things to consider as Marge will be offered. They are not interested, so we spirits don’t trouble them with any of that, helping them instead to quickly master their new mind spirit life, of which they usually take to with glee, finding even more power in being able to use their mind to further control themselves and their feelings, using their mind to make their new spirit life be how they want it to be, which is usually an extension of their Earth life, or doing all the things they always wanted to do on Earth yet couldn’t for one reason or another but now can in spirit.

There are other general classifications, and many sub ones, such as those spirits who have to deal straight away with the Law of Compensation, they being taken to start their spirit lives in one of the Hell Planes; and then another classification of newly arriving spirits being that of people who suddenly die without any protracted suffering, pain or illness, they suddenly finding themselves dead on Earth and alive in spirit, free to carry on as they please, usually making a ‘world’ and life for themselves in the mind worlds using their mind to control things as they had done on Earth. For this group of new arrivals, their ‘crossing over’ is ‘seamless’ to a degree, usually taking death and new life in their stride. Then there is another classification which is more based on the religious beliefs one holds and whether or not they require a certain ‘settling’ or (‘coming to account’) ‘condition’ that one must ‘undergo’ so as to believe ‘worthy’ of one’s new spirit life. So certain ‘ordeals’ or ‘initiation’ experiences can be set up for them so they can believe they have complied with the beliefs and mental mandates of their religion upon death, thereby qualifying or ‘making them fit’ to live in ‘God’s Heaven’ or whatever they believe. James, you once read of an account of spirits from the Catholic Church having to arduously climb the ‘Staircase of Redemption’ and it seemed to take some spirits years to do, failing and starting over and then finally one day reaching the top and feeling they had paid for their sins and crimes against God, they were finally redeemed and given God’s blessing to enter ‘The Kingdom of Heaven’, and so start their religious spirit life as one of God’s pure and chosen Children. All of which is just mind stuff in accordance with their beliefs, as there is no such thing any spirit has to undertake so as to fit them or make them worthy of a new spirit. We all get it, even whether we want it or not, it’s just how we are and what we believe can influence, and severely at times, how it begins for us when we wake up after we’ve died.

Marjorie will still have from her childhood deep Catholic beliefs and behaviour that will surface for her through her Spiritual Healing (Feeling-Healing) that she will have to contend with, however she had ‘moved on’ from the Church during her life, so she not being such an ardent believer has spared herself such a gruelling ‘initiation’ into her new spirit life.

And then there is another classification for those spirits already living the New Way, treading their New Path doing their Spiritual Healing, they quickly moving into the Feeling Healing worlds to carry on with their Healing. There are other classifications, but I won’t go into them now.

Marjorie, because of these deeper feeling-currents that have been stirred up by her death and waking up in spirit life, is undergoing a period – season or R&R (rest and recreation). It’s a nice time, there is no pressure on her, she is in a lovely convalescent home, she needs to rest a lot, her Angels are doing a lot of deep adjustments on her, which she doesn’t know about, yet which we Celestial spirits know and can see to a limited degree, and which we can further relate to from our own convalescent time – those of us that experienced it.

She is gently being ‘awakened’ into her new spirit life, taught how to use her mind to move about, how to live as a spirit, how to dress herself using her mind and lots of other practical spirit things we all need to know how to do. She is with other new arrivals, able to share her ‘awakening’ experiences with them. For some people this sharing when they are newly arrived is very important, for other spirits not so much so, it again depending on the type of personality you are.

What Marge is experiencing will of course help prepare her for when other ‘teaching’ or ‘guiding’ spirits start to ‘work’ with her. This interaction is all very informal, newly arrived spirits don’t have to undergo any formal education or training or anything like that, so a guiding spirit, who will be from one of the Feeling Healing worlds, will come and start telling her about her options in her new spirit life.

And should she make the choices to move more into her feelings and the Spiritual Healing way of life – embracing the New Way, then a group of Celestial spirits will introduce themselves to her to further help her understand about such things. Should she want to be left to get on with her mind development and living in the mind Mansion Worlds, then other mind spirits will come and start helping introduce her to things she might be interested in doing and how it generally works in the mind worlds.

As she lived on Earth what is considered largely a ‘good life’ she didn’t treat anyone unduly evilly, she trying to respect and treat others well, she will not have to contend with time in the Hell Planes, but like us all, she will undergo her Life Review, looking back over her life and seeing good and bad things about it, this review and how to deal with what comes up in it, being undertaken with help from either the mind or feeling spirits I was talking about, it all depending on what she decides she wants to do – how she wants to live over the next few spirit months (each spirit month of time being the equivalent of three of your Earth months, and so one of our days is three of your days on Earth).

So Marjorie died and awakened in her Arrival Room with the Arrival Attendant. When she regained full consciousness I was allowed into her room so she knew I was with her. It was so good to see her, I’ve been looking forward to it – I’m looking forward to having all my children come into spirit, so you John, when your time is up. But we didn’t talk, she wasn’t able to, we smiled at each other and I held her hand, then she fell back to sleep. After a time she was able to meet other spirits, other members of our family and a few close friends who wanted to welcome her, but all such meetings were kept very brief.

She was taken to her convalescent house, having her own lovely room overlooking pretty gardens, and being free to mix with the other newly arrived spirits, talking, walking, spirit eating and drinking with them, they talking about their end of life on Earth, their wondering how their loved ones back on Earth are doing: grieving over the loss of their loved one or being happy and relieved their ‘loved one’ finally died.



3 Dimensional
transmission!



She will stay in the Arrival House for about a week our time (three weeks Earth time), she has been told she can go to her funeral, a spirit will escort her to the first Earth plane so she can be there with all the mourners, should she want to, or she can 'view it' on a screen set up for her in her room. She hasn't as yet decided what she wants to do. She does want to know how Ron (husband) and her daughters are doing, and a spirit will in the coming days take her to the Earth plane so she can be close to them (as close as physically as we spirits can be to you on Earth), there able to freely 'tune into' their minds and see how they are feeling and generally coping with her death. She will not be in a position of spiritual strength to actively communicate with them, however should they feel her 'about', more than likely she will be, and she will feel their love for her as she will be able to love them.

As you can understand, such 'reunions' even in this way with the gulf between physical life and spiritual life can be very difficult, very painful, very emotional, very disturbing for the newly arrived spirit. However for spirits like Marge who are more to be about her feelings, all of what she experiences will be right and good for her. But it will take a further toll on her, requiring more time and adjustment on deep emotional and psychological levels before she is up to joining the general spirit population of the first Mansion World. And for this time, she will move to live in another 'half-way' house, being free to live there for as long as she likes. Which for me, knowing her as I do, it won't be for that long, possibly about a month of our time. And by then, most of her mental and emotional adjusting will have been made, enough for her at least to begin in earnest her new spirit life. Some spirits, as I said, depending on how they are, can take up to six months of our time, and even longer, a year or two, in these half-way houses; other spirits have no need for them, all but instantly settling into their new spirit life.

And it's not that such spirits who take such a long time adjusting are bad or 'less' in any way for having to take such a long time, all it means is they have far more and deeper emotional and psychological stuff they need to adjust to and deal with, which is actually a far better introduction into one's new spirit life than just quickly adjusting your mind and getting on with your new spirit mind life. Most of these more deep emotional and feeling spirits end up moving into the New Way and doing their Feeling-Healing far sooner than the mind spirits do, they tending to get caught up in their minds for hundreds or thousands of years, away in their own little mind-made universes living against their truer and deeper feelings, continuing their feeling-denial.

For Marjorie I am not anticipating she will need to stay relatively isolated and free from the mind disturbances of the First World for very long, making her adjustments with ease and ideally deciding to move into one of the New Way planes on the First World, there to start learning more about the New Way and doing her Spiritual Healing. Within that plane she will still be free to indulge in much of the mind side of things, and will have to as she will need to have many experiences within the mind way over there in spirit, but all the while expanding her understanding of the feeling side of things.

One of these deeper emotional issues Marge will have to contend with is regarding her husband, Ronald. It will occur to her such things as: What shall I do about Ronald; should I wait for him to die and join me and we continue our marriage together here in spirit, and if so, where; yet what if when he comes over he doesn't want to join back up with me; what if he wants to get more involved in the mind side of things, and yet I want to go into the New Way, how will we deal with those differences; and how long should I wait for him, should I decide to wait – what if he lives for another ten years, am I prepared to wait for him no matter how long it might take; how much do I love him; how much do I miss him, now I am changing too much because of my new spirit life; and do I even want to keep living with him, what about being free to do as I please, starting a whole new life; and what if I meet someone else I like – how would I break that news to him; are we going to want to live on in our spirit lives together forever, or has our marriage ended because it was only for the duration of our Earth life; and what about the girls, what would they say if they new I met someone else, do they expect me to stay with their

father; are we to keep the family going in spirit; will they all want to still be part of it when they die, and their children, and so on; and then what about my family that is already over here, should I join up with them more; and what about Ron's family, might he want to join up more with them, and would I want to go with them or have him come with mine – ah, there are so many things to think about, so many feelings, there's a lot to this new spirit life!

So you can see James, she will possibly need some help working through such things, however she is very capable, very practical, and able to make hard decisions should she want and need to. And she is changing a lot, she has already changed a lot which she is to come to understand, and she will continue changing a lot the more she has to do with other newly arrived spirits, they all facing similar problems, thoughts and feelings; and then listening to how other spirits have dealt with such things, and stories about spirits meeting new spirits, they falling in love with their new spirit partner before their husband or wife dies and how they have dealt with such things when their partner came to spirit; and how some spirits want to keep having as much as they can to do with their families, whereas others want to keep as far away from them as possible. So it can get quite involved. And then life leads you on anyway, and so you might decide to do something only to find the opposite happens beyond your control, it's a new life you are setting out to live in spirit, and your soul is going to lead you into it, and either deeper into your mind controlling ways, or out of them towards the feeling side of things and wanting to uncover the truth of your feelings by doing your Spiritual Healing and getting on with your growth and ascent of Truth, some of which I intend enlightening Marge more about when she's ready for it.

I will not be 'part of her spirit team'. I am specifically involved with Samantha and dealing with other spirits who are finishing their Healing, so another Celestial Soul Group will look after Marge should she want to begin her Spiritual Healing. But I and the others of her family and 'extended' family who are Healed will visit her from time to time.

I am going to visit her in two days our time, we'll be able to speak then and I'll ask her about speaking with you for John via James. So I will soon speak further with you James.

Bye for now – Love Marie. And my love to you John, all is going according to plan, things will keep steadily unfolding, so no need to worry about anything, speak to you again soon. Beth sends her love to you both, she says she's very happy with all that's taking place – we all are!

Important recommended reading is:

by James Moncrief

The Rejected Ones – the Feminine Aspect of God

<http://divinelovesp.weebly.com/my-free-books-and-free-padgett-messages.html> ALSO at
<https://www.pascashealth.com/index.php/library.html?file=files/opensauce/Downloads/MEDICAL%20-%20SPIRITUAL%20REFERENCES/Rejected%20Ones%20via%20James%20Moncrief.pdf>

Marjorie attends her Funeral today.

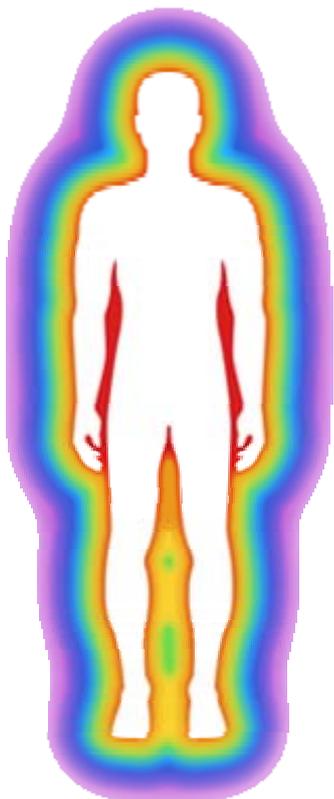
Thursday, 3 December 2020

Marie, 1st Celestial Heaven: Hello James, in keeping with our 'documenting' what's happening with Marjorie, as John told you today, her funeral was held today which he watched on Zoom. I wasn't intending to speak to you until I'd spent more time with Marge, but we went to her funeral so I will tell you a little about that from how it was organised from our side. (Marie is Marjorie and John's mother, Nanna Beth is their grandmother. Yes, Marie Mum, as John refers to her, called in to John while he and Carolyn were watching the funeral service over the internet via Zoom and gave him the familiar tug on his right earlobe!)

Marge decided she did want to go. She's still very much in a fog of so much happening and she is struggling to make sense of her new spirit life. It's information and sensory overload, with still many deep adjustments to her psyche coming up for her to contend with. Her mind is being altered so as to fit her for her new spirit life, which means, in the immediate term, for the next few spirit years of her spirit life, which I anticipate will include her doing most of her Spiritual Healing. And because that is to be such a great change and awakening on all levels for her, particularly emotionally, so her Angels are working the adjustments deep within her spirit.

You know when you have one of those dreams in which you wake up feeling deeply affected, it's not so much what the dream was actually about, but you feel deeply disturbed in either a good or bad way, and you can feel in some way you have changed, and stuff comes up for you for the next day, weeks, months all resulting from such a deep psychic disturbance, well if you multiply that effect by about a thousand times, that's sort of what Marge is having to deal with, so it will take her months our time before she fully settles into the swing of her new spirit life.

And it's only really like this for the newly arrived spirits who are destined to move into doing their Spiritual Healing quite soon after their arrival in the Mansion Worlds. For the majority of spirits in which their new mind-based spirit lives are more like 'business as usual' such deep adjustments are not necessary and so mostly they easily and quickly take up their new spirit lives and without much of a thought about their deaths and lives before on Earth, being all too consumed with their new found spirit energy and zest for their new life, very eager to set off doing what they want using their minds to create life how they want it to be.



But for those spirits like Marjorie, who because of a lot of elements coming together, and for her specifically, mostly because myself and her grandmother (Nanna Beth) and others of our family are all well on our way in Truth to Paradise having completed our Spiritual Healing, and because of the sort of person she is, it would be hard for her to stay unaffected by our influence, the light of our souls 'working' on her. So because of that, and because she will want to anyway, her Angels have, and are still working, deeply within her spirit being, in preparation for her moving on spiritually in her new spirit life, so doing her Spiritual Healing.

And when I say 'adjustments', they amount to the Angels 'inserting' into her spirit system, her spirit aura if you like, which is deep into her will, emotional and mental systems, 'packets' of light that will 'unfold' in accordance with the light from her soul, so as to bring about – affect – the chosen changes that she is to go through. This too happens for people on Earth and other spirits in the Healing and mind Mansion Worlds, with our

Angels always ‘tinkering’ with our systems as to the needs of our soul. With us here in the Celestial spheres, our Angels work with us consciously, they come and make the necessary adjustments with us in real time, we are consciously aware of what they are doing, even though we don’t know exactly all the effects what they are doing have on us, as they are usually not at liberty to tell us. So when we are resting, our Angels will work ‘within’ us, it feels very nice, like you’re being ‘massaged by light’ feeling their loving care as they carry out what is required. And then at other times you might be for example speaking with another spirit, I might be talking with Beth, and suddenly light is flashed into me from my Angels or into her by her Angels, and sometimes it’s very bright and you can see it, yet mostly it’s more subtle by you starting to perceive it, becoming more familiar with the feeling of them working to influence you as you are going about your day. Our Angels are constantly involved in this ‘hands on’ way with us all the way to Paradise, and it’s the same for everyone on Earth, with their personal involvement being more required when you start to grow spiritually in earnest by beginning your Spiritual Healing.

And before I get back to the funeral, I want to say, we here in the Celestials don’t consider anything that the mind spirits do or anyone does on Earth who is not doing their Spiritual Healing, as spiritual, it’s all just living with your mind in control. Most religious and so-called spiritual people on Earth and in the mind worlds who consider themselves being very spiritual, for us true spiritual spirits, it’s nothing of the sort, it’s just moving things around in their mind systems, with it having nothing directly to do with growing in truth through expressing and living true to one’s feelings. So ONLY when one starts living ‘our way’, which means they have started their Spiritual Healing, do we look at them in the light of them progressing spiritually.

We are very ordered here in the Celestial spheres, everyone and their soulgroup has a specific role to play, so it was through the various groups that it was organised that I could take Marge to her funeral.

It’s easy for us Celestials to descend the spheres and worlds. (The Celestial Heavens are referred to as spheres and the spirit worlds are referred to as Mansion Worlds where healing is yet to be completed.) Being of a higher truth we can easily move into worlds of a lesser truth, however it requires an adjustment, a toning down of our spiritual light. So when I arrived at Marge’s half-way house, I was of the light of a spirit of the First World, the same as her. Had I retained my true spiritual light, it would have been too bright for the spirits of the first Mansion World, including Marge herself. So for her to see and talk directly to me, face-to-face, I matched her light, which for us, is weird, as it makes us remember how it was for us when we were of such a lesser spiritual light. Still, you get used to it and understand how you can’t step over the line and be too bright. And it’s good being in ‘disguise’, because the last thing is you want to draw undue attention to your extra light, having spirits who can sense or see the light coming to you wanting to find out why you are brighter than they are. You might think we Celestials would want to be ‘brighter’ in the lower worlds purposefully attracting spirits so they might come to understand about the Healing and higher ways of living, but that is the role of specific Celestial soulgroups, which is not what mine is about, so that’s one of the last things I am interested in. I have no desire to ‘help all mind spirits see the light’. That is not ‘what I do’. That’s the work of other so inspired Celestials.

So my role was to come purely to be with my daughter and to escort her to her funeral. There are other spirits who are escorts for the newly arrived wanting to attend their funerals, but I wanted to do this with Marge because I wanted her to feel that I was caring about her in this way, as it can be quite a traumatic experience for a lot of spirits.

For many newly arrived, the last thing they want to do is attend their own funeral, having to face and deal with the emotions and thoughts of those on Earth they have left. You might think it is quite the lark

attending your own funeral, seeing everyone mourning over you, or even happy about your death, and you there mingling with them without them knowing, you wanting to tell them all that you are not dead and are very much alive, but really for most spirits, it's a harrowing experience because of all the sadness on both sides. Marge felt very sad leaving everyone, it being worse feeling their grief for losing her, even though she is buoyed up in her increasing spirit light.

So attending one's own funeral, especially when you're not prepared for it, haven't ever given it any thought, suddenly dying and waking up and then being told you can attend your own funeral, can be confronting to say the least. To move amongst the mourners with all their feelings readily accessible to you, as well as their thoughts. It can be a big shock for the spirit to suddenly be affronted by so many thoughts and feelings all about them and their death. And then being able to 'tune in' on what people are really feeling and thinking about you, that too can be very disturbing, to become aware that someone you thought might have loved you is so happy to get rid of you, and vice versa, to be able to see through the veneers so many people put up, to cut through it all into what is really going on in people, and when you had no idea when you were alive, that can be enlightening to say the least, as it can be very devastating. So a lot of spirits are taken, advised it would be in their best interests to attend their funeral, knowing they will get quite a shock, or a very pleasant surprise when they see people did genuinely love them and are missing them. It can be like a moment of truth for you, which can as you can imagine, then affects you quite profoundly, should that be what is required. So I know you think James that funerals and all that are not what you're interested in, but for some spirits, they are what is necessary for their growth, just as it is for those people attending.

Marjorie is still not in a position of being able to speak herself with you James, so I will say that for her it was a lovely experience, she cried and cried, we were both moved deeply by all the love and emotional affection everyone had for her. So she asked me to thank everyone for her, she felt honoured that they all went to so much trouble, and she was even aware of you John and Carolyn attending through Zoom. All the feelings and emotions were intense and we experienced them all.

Marge didn't have the energy herself to give to anyone other than her immediate family, she tried to send her love through to her daughters and Ronald, but it wasn't much as she is still very weak in the sense of her spiritual light; which as I said, is being kept that way so as to affect all the deep inner changes taking place within her. We moved through the mourners, listening to their thoughts and feeling their feelings, it was very nice for her, as hard as it was; and it was, as far as funerals go and those people attending them, it was very nice, very caring, warm, special for all concerned, and particularly for Marge.

And because of that it will help her with 'closure', one of those words you don't like so much James, still it does convey a sense of ending, which will help her 'finalise' in her mind, that her Earth life is over, is REALLY over, everyone there confirming it to her. She knows of course it is over, she has died, she understands that, and she has awakened in spirit, and she understands that, that she is now living a whole new life as a spirit in a new spirit world; yet still, emotionally and on other inner psychic levels, it will help her end her relationship with her Earth life. It's a letting go process. And again, for some spirits it happens instantly, they shed their Earth life like a skin, and move on, yet for others, there is a lot to be worked through. Marge is on the mild side of 'working through a lot', and so going to her own funeral, watching what happens to her body, and all the rest, it does make your death all the more real, allowing yourself to let your Earth life go, turning all your attention and focus to your new spirit life.

For some spirits there is a strong pull, emotional and psychic attachment to those people they loved back on Earth. And for some spirits, it's so strong and they being so unwilling to let it go, it can mean they

remain 'bound' to Earth, bound to the memory of their physical life, and even to the point of developing fantasies about still being alive on Earth even though they know they are now a spirit. It's all to do with the disturbances in their minds and emotional systems, and their not wanting to, and so being able to, bring closure to their Earth life. And as you know, a lot of these 'lost' spirits remain 'earthbound' unable to leave the Earth plane, having to stay close to their family, loved one, even their house or some place they loved and felt secure on Earth. Some spirits even having to stay close to their pet, their dog or horse who are particularly responsive to spirit presences and are more than happy to maintain such emotional attachments with their owners who they love and who so loved them and still love them from spirit.

But such earth-attachments are ultimately damaging, reflecting the damage within the psyche of the spirit involved, and it can take a long time to heal such pain, the pain of such separation and loss of love.

But that is not for Marge, she returned to her half-way house and I left her sharing her experiences of her day with the other spirits she is living with, some of who like her, have been to their funerals, or are soon to go. We didn't talk, she was not up to it, I was mostly just with her, answering a few rudimentary questions, just monitoring her feelings seeing how she was coping and dealing with it all, which she did very well.

So it was a lovely day for us both. For myself, it was nice to 'just be with her' to not ask or expect anything from her, just to be there, to allow our spirit lights to mix, for her to get used to me a little more, because I am not the mother she knew. I have changed so much, and for one thing, I am younger looking than she is. She is an old woman (yet to move back to a younger look and phase within yourself which she will do in time) and I am in my prime so far as what I express in my spirit form, and so much so, I look even better than I did when on Earth, so my picture doesn't fit her memories, which she is having to adjust to. I could have changed my spirit form to present my appearance in a more acceptable way for her, but I didn't want to. I felt she doesn't need to be gently introduced to it, I want to be more my true self with her, and she can take me as I am or leave me. I don't mind in the least were she to reject me. I doubt she will, but other more advanced spirits are quickly rejected by the lesser spiritual children and spouse, so we expect to be rejected. And it's understandable, we Celestials have greatly moved on, we're worlds away from what we were, and so from our family who arrives in spirit. And for many of us Celestials we don't have anything further to do with our family, we've moved on and know that's the end of our family relationships. However that has not been the case by and large for our side of the family, to which John is delighted. And I can sense in Marge that hers and my love is too strong, it will withstand my coming to her looking younger than she is, my having a different light to her, our bond is strong enough to move and work through such obstacles, so she will adjust; and really I am putting a little pressure on her to do so, which she is responding to as I could sense being with her during the funeral. I could feel her valuing and drawing upon my presence with her, she knowing I am real and very much alive and indeed her mother, legitimising it all the more for her, making it all the more real, helping her to wake up more to her new state.

So when we meet next, I expect her to be in a far more receptive and open frame of mind, even looking to me for some spiritual guidance, which I will gladly give to her. And now having spent so much intimate time with so many spirits, through my own Spiritual Healing and the work I and my soulgroup are doing with Samantha (who lives south of London in England) and her Healing on Earth and other spirits in the Healing Mansion Worlds, I can sense how it will be for Marge. I would be very surprised if how I think she will adjust to her new spirit doesn't come to pass. Still, it is up to her of course, and no way will I impose myself on her.

NEW FAMILY FORMS UPON BECOMING CELESTIAL

I (Marie Mum, 1st Celestial Heaven) will end by telling you James, that here in spirit, the light of ourselves, the spiritual light of being a spirit, is very real and tangible and has a certain 'power' to it. It's the same for us all on Earth, only being physical desensitises us largely to the light of each other, so we fail to feel and allow the light of each other to 'work upon us'. But here in spirit, because my spirit light is of a truth so far advanced than that of Marge's, my just being in her presence effects her in many ways. And so because of that, and because she is receptive to it owing to our mother / daughter connection, I will only be able to be with her for small amounts of time, of which I intend to make the most of. I will introduce her to other Celestials who work to introduce spirits to the Spiritual Healing, and it will be they who initially work with Marge. I will not work personally with her through her Healing. I and my soulgroup work specifically with those spirits who are nearing the end of their Healing, and more and more as people on Earth work to such levels doing their Healing, will we work with them. That is some time in the future, but it's what we are preparing ourselves for. So Marge and I will have little to do with each other in a Healing sense as she does her Spiritual Healing. I will visit her from time to time, but I will be needed elsewhere.

By becoming Celestial, you break all family ties. You are set free of your family, which for some spirits that is something they have been looking forward to, and for a few, it's something they have to accept and even grieve about. But as for most of us, our Healing is about getting into the depths of how unloved you feel by your parents and family and coming to see how untrue to yourself you became because of it, living unlovingly against yourself due to your parental and family negative influences, so being set free of your family ties once and for all is part of the blessed Transformation that comes when God finally takes you out of your rebellious unloving and untrue state of mind and moves you into being loving and true. So you end all connections with your family.

It happened with me, as it happened with Beth, we have no family connection anymore, no more feelings of daughter / mother, our relationship is now completely spiritual; and as it has turned out, we're starting to have more and more to do with each other, yet all on our new Celestial spirit level. She is much more spiritually advanced in truth than I am, yet because of you James and our connection with you through John, so Beth and I are having increasing amounts to do with each other. However that is unusual, normally most family members upon attaining the Celestial level have very little to do with each other, as we become involved with our 'new family' – our Celestial soulgroup. (A soulgroup is twelve soulmate pairs / soul partners. Our soul manifest two personalities, a female and a male, being soul partners. Thus a soulgroup is 24 personalities being 12 soul partner pairs.) And you become consumed with your soulgroup, they become increasingly important to you, as does your relationship with your soulmate, as you come to understand that this is your true God-given spiritual family, the one



our Mother and Father have prepared us for by giving us the experiences we needed so as develop our personalities through our Earth family. So we start with our Earth family, with those good or bad relationships, some of which can continue in varying degrees in spirit after death, all in preparation for when we meet our true spiritual soulgroup family, once you've Healed yourself of all your Earth family entanglements.

So although I feel a love for and connection with Marjorie, it's nothing like what it was, and it's now a true spiritual connection from my side. I have our

relationship in the right spiritual context, Marge doesn't of course, and won't until she has finished her Spiritual Healing, but I am wanting you James to understand how the evolution of the family goes for us here in spirit. We start of with a mother and father and family; do our Spiritual Healing, and move into our true spiritual relationships with our Heavenly Mother and Father, and our true Soulgroup Family with our soulmate. So my new soulgroup family is for all of our ascent to Paradise, so for a long time. As to whether or not we'll be together after attaining Paradise, we don't know, we've not been told. So my new family, who are still relatively new to me, is for the long term. We are all spiritual sisters and brothers, all children of our Heavenly Parents, all living truly together now expressing our personalities individually and collectively, doing what our Mother and Father want us to do. We have ended doing what our earthly mother and father wanted us to do, no longer living their will, now living truly the Will of God.

I wanted to put the family and what we spirits evolve through, those of us who embrace their Spiritual Healing, in the context of what potentially lies ahead for Marjorie. I was the same as Marge in many ways, more disturbed on deeper emotional levels than her, more messed up you might say than she is, however Beth came to me, as I am coming to Marge. And it was mum's spiritual light that affected me, as my light will affect Marge. So I can see how in some ways it will be for Marge, as I have lived it myself. And this is part of our connection, it being passed down through the family line. It is not always like this, as it's not for everyone to have their mother or father or both ahead of them in truth when they come into spirit. Just because they came to spirit ahead of you does not necessarily follow that they are more spiritually advanced or will be by the time you come to spirit. It's different for us all, but this is how it's working out for our side of the family.

I will go now, and speak to you again soon when I meet with Marge next and we can actually spend time talking, and possibly she will be ready to speak with you James. So until then, all my love to you and John; to you too Lloyd, I'll be here for you both as I am with Marge – so this is a little of what you might expect, although you both will be more aware mentally as to what to expect and all that the Spiritual Healing involves, so we'll be able to get straight into it when you are ready to begin your new spirit lives. The more aware of such things you can become on Earth, even if you don't actually do your Spiritual Healing as such, but understand it is something you want to do – have to do – and want to do it at some point in your spirit life (even if it's not right at the start of it), the more it will help you adjust to your spirit lives and make the necessary spiritual and mind progression required by your soul. So it all helps, and greatly so. I can stress that, but really you can't have any idea about it until you are over here and well on your way in your Healing.

Speak to you next week James.
Marie.



MARGE – day twelve!

Tuesday, 8 December 2020

Marie, 1st Celestial Heaven sphere spirit with her daughter Marjorie in the 1st spirit Mansion World: Hello James, I'm with Marge and have explained what's involved with speaking with you – she says she wants to try it, she'd like to be able to say hello to you and John (Marge's brother).

James: Okay, I'm trying not to have any expectations, and trying not to push you Marge, so please tell me to back off if I do.

Marge, newly arrived 1st Mansion World spirit: Yes, ah, hello James, mum, Marie, told me to just talk to you like I would normally talk to anyone. I can't see you, so is this alright, what I'm doing? Mum is telling me it is.

James: Yes, it's fine on my end. I can't see you either, this whole business of speaking with you spirits is still weird for me, even though I've done so much of it.

Marge: I can imagine it would be. I don't think I could have done it, had I not known you could do it like this.

James: Can you explain how it is for you and what you do trying to connect with me?

Marge: Well first of all, mum has told me to relax and just talk to you like you're on the phone, and I can imagine that. We're in a private room, mum says we could have come closer to you and done this from the first Earth plane, the plane we went into the other day when I went to my funeral, and she says her Angels could provide us with a screen to watch you, like talking over the Internet when you can see each other, but she wants me to do it blind so to speak so I can get a better feel for it.

Ha! I just read your mind James.

James: You picked up my question, I hardly gave it much energy, not wanting to side track you.

Marge: No, that's alright, I got it, easily, it flashed into my mind as if you were speaking to me... yes, I can see, mum is talking to me as I am talking to you and so we can do this on multiple levels of communication, there is so much to being a spirit in these spirit worlds that takes some getting used to. (We progress through the seven Mansion Worlds until we complete our Healing and then enter the Celestial Heaven Spheres and progress further from there.) It's all really good, don't get me wrong about that, I can't tell how good it is being over here, so good, incredibly good, the best experience I've ever had, however it is taking me time to get used to it all, there is so much to take in, so much to see, so many other spirits to meet and speak with, and they all have their amazing stories and experiences to tell and speak about. How is it for you, how are you receiving me?

James: I feel very tense, a tension that I don't feel with Marie and the other spirits, I'm having to take deep breaths to settle myself down and just keep typing. But it's okay, please continue, tell me whatever you like, and if you'd like me to ask any questions, I will.

Marge: Mum says it's coming from me, your tension, I'm tense! I don't want to do anything that might hurt or upset or make you feel bad, I want it all to work properly. She's now telling me that it's the difference in our light, you having to be subjected to my lower light. She is allowing me to do it by myself with you, she's not adding her spirit light to help me, she says she will if I start to get tired. And it is tiring, having to concentrate so much. I can feel your light pushing against mine, mum says that's

natural and will help me know you are a real person I am talking with. If I keep focused on just saying the words to you, that's okay, but if I start thinking about all how incredible it is actually speaking to you on Earth, then I start to lose the connection. John said I'd be able to do this, and I wanted to, it sounded like a good idea, I have wanted to be able to tell my children and family how I am, that I am very happy now, no longer in any pain, in fact I feel so very good in myself, in my spirit body, which of itself is a wonderful thing; and emotionally, I am feeling better by the day, more accepting of my new state and life, not being freaked out by it all so much as I was. So I'm starting to settle in, and it's very nice here, but there is so much to do and see and talk about, that I even feel a bit guilty for not spending more time thinking about everyone back on Earth. (Marjorie passed over into the 1st spirit Mansion World on the evening of Thursday, 26 November, aged 76 – this is her 12th day – Earth time – in spirit.)

James: I think they will understand, you've gone through a huge experience – dying, god, I can't imagine what it must be like. I've spoken with many spirits about it, yet still, the lead up to it and the unknown, scares the shit out of me.

Marge: (Laughing) You're right James, you're making me laugh, I was scared to death of dying, the fear would come up in me at times, it was too much, too intense, but luckily my illness took me into the pain and being so drugged that most of that fear actually subsided when I died. My actual death, I can't remember anything, I know I went to sleep, but I was sleeping a lot then, and then instead of waking up still in the hospital, I woke up in a different room, it had a whole different feel to it, it was light, you've read about the spirit light, and it's true, it is brighter over here, it's hard to explain, and it's very uplifting, I immediately felt happy, and very good, no longer sick, no pain, even clear-headed from all the drugs. And the Arrival Attendant was there and she was very nice, telling me that I had died and left my physical body and that I had woken up in a spirit world where everyone who dies comes to so as to begin their new spirit life.

And it all seemed so right, I knew what she was saying was right, there were no doubts in my mind, there wasn't much in my mind at all, but I felt good. It wasn't until some time later that it started to sink in that I'd done it – I'd died, and it was okay, I was successful, which I know might sound like a funny thought and feeling to have, but I felt very pleased with myself that I had done it, almost like I'd pulled it off in some way. I know everyone dies of course, but you do wonder if you will do it okay, you worry about what if something goes wrong, if you're no good at actually the death part, and you stay in limbo somewhere, or something very bad happens to you that you can't get out of, that there is even worse pain than all you've already been through. I didn't worry that God might punish me or some old Catholic stuff like that, I actually felt God was happy with me, with my life on Earth, that I'd been good during it, done the best I could, so I didn't have anything to worry about there, I just hoped that I'd do well in the business of actually dying. So I was very pleased with myself that I did it, even though I now understand that I had no say in it of course, it all being done by my Angels, with who I am very grateful to for giving me such an easy death when the time came. So it's my first achievement in my new life, that I died and came to life again, it's all so bizarre really James, to think that there is actually life after death, and then when you are over here, here with everyone else, there are spirits everywhere, so many spirit-people, all doing their thing, new arrivals daily from Earth, others moving on out into the greater spirit world starting their new lives, so what was all the worry about death for! So many happy spirits meeting up with their loved ones and friends, the reunions are wonderful, so many spirits crying with happiness, meeting those they loved who they never thought they'd see again, and then once you're over the initial surprise, it's all so natural, and you feel, well of course we keep living, how mad we are to think and believe that we don't! (I like how you do the exclamation marks, I raise my voice a little and you pick that up, and like you put in the brackets knowing this was an aside... and how do I know what you are typing when I can't see you? I can register it in your mind, you sort of say in you mind as

you're typing (even that you are typing) all I am saying to you, including some of the added punctuation like the exclamation marks. !!!!!!! Ha, ha, that was fun making you type them all!)

I know you have to go soon, so before you do, I want you to thank John for me... oh, okay, you want me to talk as if I'm talking directly to him... very well... Thank you John, for all you told me when you visited me. I wanted to tell you, as you said it would, it has greatly helped me. Because of our talk I was more prepared than so many of the newly arriving spirits, and I can see now how that has actually eased me into my new spirit life more, to which I am grateful to you. Some spirits do have a hard time of it, it's all so wonderful to begin with, but still it's a great shock to them, and I see them struggling with it within themselves. Just to know that you might get a new life as a spirit waking up in a spirit world, and that there will be those people you love there to meet you, it was true for me, and that helped me accept and come to terms with it all. There is so much to accept, as I said, it's such a huge change, such an extraordinary transition, so to be forewarned in the small way I was, has helped me, so it wasn't so much of a shock. So thank you John, and thank you and Carol for making the trip to see me, I very much appreciate that, as I appreciate everything everyone did for me. I cry a lot at the love and tenderness, the care that so many people showed me, so many people in my family and the nurses and doctors, it makes me start crying now... sorry James, and I sense you are picking up my crying feelings.

James: It's good to feel them Marge.

If you don't mind, I will stop now, but I hope to come back later on if that's alright with you.

Marge: That's fine James. I'm not going anywhere. Mum is staying for the day, it's in the morning here now, and we're going to walk in the Park. How do I stop writing to you – break the connection, do I just hang up – ha, ha? Oh, it's Okay, mum is telling me. Okay, so I want to stop and stop my focus on you, and you like 'sign off'... Okay, I think I can do that.... here goes... Speak to you soon James... My love to everyone back on Earth, speak soon – Marjorie, a newly arrived spirit in the spirit worlds... how's that, oh god, I just want to keep going, I can see you could get into the swing of this, it would be nice to be able to talk to my family like this, I don't think I'd ever want to stop... but I must, I'm sorry James, mum is telling me to stop and break the connection.

James: No problems, I'll break it at my end too, it was nice to 'meet' you.

Marge: Bye James, and thank you for allowing me to come to you like this.

Later:

James: Marjorie?

Marge: Oh, hello James, yes, I'm here. Mum and I are walking in the Park. To answer your question about it, it's what everyone calls it 'The Park'. It's full of large trees, they look a bit like Oak trees, but they are different. They have a waxy sheen on their large dark green leaves. They are very beautiful, it's like a well looked after botanical gardens, nothing 'bushy' like what we're used to in Australia. It has a lovely peaceful feel, there are lots of spirits in small groups sitting under the trees and walking along the grassy paths... yes, the paths are of grass, or what looks like grass, it is alive I guess, I don't know about such things over here in spirit – spirit grass and spirit trees you could say. I am asking mum, but she says unless it's necessary, she'd rather I speak my perceptions to you – tell you how it is for me, rather than her taking over.

James: What have you been talking about?

Marge: Oh dear, where to start! So many things. My mind is still rather, what I'd say as being, skittish, mum is so controlled, so regal in her spirit light – it's hard to get the right words to use. I know she is keeping her spirit light turned down so as to be with me, she's explained a little about that to me, but I can sense in her a great strength of light, of knowing, I guess you could say, like she knows about it all. It would be good to be that way myself, still, being only new here, can't rush into things.

We have just been talking about how I am feeling about being here, all of it, my having a new life, and I've been trying to tell her what I'm feeling, which I will try to convey to you. Overall I am feeling thrilled to the very depths of my being, it's so exciting, the more I see and understand that lies before me, a whole new eternal life for one thing, and I get goose bumps on my spirit arms and neck, memories of physical ones I am told. It's so exciting, and feeling new vitality coming into me daily, I feel in like in some ways I'm a little girl again, happy to be out in the Park, ready to go exploring. But then I am quickly overwhelmed with the enormity of it all, of all that's happened and is still happening to me. I look at mum, and I can't believe how good she looks, so young and alive, glowing with her spirit-beauty, my spirit body is still old and as I was when I died, although it's not sick, and all that is so odd, yet also so natural somehow. I am told my spirit body will 'de-age' – how's that for one of those internet 'Americanisms'! So I will look my beautiful young self one day, dear Ron will be happy about that!

And then I have periods of feeling very bad about everyone I've left behind, I hate to think of everyone feeling sad about my passing, it was very strange to say the least suddenly arriving at my own funeral, that is now somewhat a blur in my mind, too much was going on and I wasn't settled enough in myself to really deal with and appreciate it, I wish I could go back and love everyone more than I was able to, and to try and convey to them that I am fine, really good in fact. It was very nice to be with everyone, but hard dealing with all the sadness, the sense of loss. And I felt many conflicting emotions and feelings. I was sad to have died, to have left everyone, yet at the same time the spirit light was coming into me and that makes you feel good about being alive here in spirit, and I can see, as many spirits have told me, that the spirit light is a 'great healer', in a relatively short time it can remove all such pain, that you feel better and better about being here in the spirit world, and I can feel the light working within me to push away any sadness or sense of loss.

It's a lot having to come to terms with it all, all so different to anything I've felt before. The Light is captivating, I can see it shining through the leaves of the trees, I can see it in the air about me, and I can feel it even coming into me. It's shining into me and like I am breathing it into me in some way. Everything is very still, nature, the trees and bushes around us, there's no breeze or wind, and yet that feels as it should be. Everything feels just right, like there's nothing you want to do to make it better, it's all perfect as it is – heaven, I guess you could call it.

Mum doesn't actually say that much, we talk a little together, yet mostly it's just being together, and being together sort of imbues you with the other person – with their spirit. I can sense her presence, her spirit light, having an effect on me. It's hard to say exactly what it is, and it feels very nice, comforting, soothing, warm and affectionate, very loving and caring, it's so nice being with her, seeing her again, and again it all seems so natural, as if we were never parted, that the time since she died has evaporated, she's been away, on a holiday, and lots has obviously happened to her, yet no time seems to have passed.

No, I'm talking to you in my mind now, not having to talk out loud, and mum says she can hear what I'm saying, so that's another whole wonderful and amazing thing about being a spirit.

Yes, people (I keep forgetting to call them spirits) are with their pets, dogs mostly, like on Earth, spirit dogs they must be, although one woman had a monkey, a cute little dark-faced creature. There are a few children, though not many, in some of the groups. Everyone who is walking, is walking, no running, no cycling or anything like that, it's all very sedate, and I can sense that it's all for us newly arrived spirits, all to help us settle in, acclimatise ourselves to our new situation in life. There's a little river running through this part of the Park, there are some pretty parrot-looking bright green and blue birds flying about, like our Lorries in size, but other than them and the dogs, I can't see any other animal life. The feeling of nature here in the Park is not as organic as it is on Earth, if that's the right word to use. It's more of a different substance, spirit substance I guess, I don't even know if the trees are actually growing in the sense of the word that we'd know it to mean back on Earth, they give me the feeling that they are alive with the spirit of the spirit world, but are just as they are, like they've been somehow just made that way, as big as they are, they didn't start out from a seed, and that's that. That there is no need for them to change. What changes is we spirits change.

(Animals, birds, trees, all that of nature on Earth does not transition into the spirit worlds. There is a specific class of spirit – Sporangia or something like that – that forms themselves to represent pets and birds for the benefit of spirit people to comfort them.)

I will be leaving where I'm living soon, it's still to be worked out where I will go and what I will do, I have to decide soon, and with so much being offered to me, I'm trying to see how I feel about it all and what feels right.

Do I want to do anything specifically? I hope you don't mind me saying your questions James... no, you don't, good. Dearly I would love to travel, not to be tied down, to move about this world, to explore and see what it's all about, and then to move about the Earth in the Earth planes, which I'm told I can do. We have ready access to them, and as they are around the Earth, so we can be in them 'on' Earth. Like when I went to my funeral, I was there on Earth, yet in the Earth plane, standing amongst everyone, looking at them, listening to them speaking, all without them seeing or being aware of me. So I want to travel the Earth seeing many of the sites, and the same here in this world, which is its own world, in that it's not based on or around Earth. So here amongst us are no people on Earth, this Park is not on Earth, it's only here in this spirit world. I don't know why, but that seems important for me to tell you that James, to try and explain it as I relate to it.

Oh good, you're happy with that... you already know all that, oh, god, I hope I'm not boring you then! No, phew, okay, so I will go on.

Mum has told me a little about the two different ways to living over here: with and through your mind, like how mostly I did on Earth; or with and through your feelings, and that if I want to live that way, it will take me into doing my Spiritual Healing. I don't really understand what that is all about, she's not pushing me or telling me too much, we've only lightly touched on it, however I can see it is a rather big decision to make. She stresses to me that I don't have to make it, I can just get on living here in this world, she only wanting to make me aware that there is 'another way' of living should I want another way. And not being sure what my way here is now, makes it rather difficult to know of this 'other way'. Still, one step, one day at a time in paradise – eh, as that's about what it feels like over here.

I feel so different to how I felt on Earth, here I feel lighter, as if my body is not so important, it's more my mind, feelings, my emotions, more about me, me the person, what I am, who I am, that sort of thing. Mum is saying because that's how I am, more aligned to those aspects of life, rather than wanting to live an 'earthy' type spirit life, which she says many spirits want to do.

One thing that struck me earlier this morning before mum came was something another spirit said to me about how she was feeling so upset about dying, she so longed to be back with her family, with her daughter and granddaughter, they were in a pretty poor financial state, and now without her helping, things will only get worse for them, and she wishes she could somehow help them, she's wanting to go to the Earth plane and see if she can offer any help to them. I don't think she knows really what she's talking about, perhaps she can help them in some way from spirit, I don't know, there's so much I don't know, but it all seems very desperate and yet I could identify with her plight. It's a very bad state to be in, for her and her family, I can see she is torn, she can't just enjoy the beginnings of her new life in spirit. She resists the spirit light making her happy, I got the feeling from her that if she gave into the warming comforting and uplifting effects of the spirit life, she'd be abandoning her daughter and granddaughter, and she doesn't want to turn her back on them. It's very difficult for her, I didn't know what to say, and mum says she will have to spend time with them until she can finally let them go. Apparently that's how it is for a lot of spirits, they can't leave or let go of their family and loved ones on Earth, having to stay close with them through the Earth plane.

After speaking with this woman spirit, I started feeling guilty that I wasn't feeling so bad about not being with my family as much as she says she wants to be with hers, but I'm sorry, I don't. Mum says my death and separation is as it should be, showing my connections with everyone are right. That I died, and we are to let each other go and get on with our separate lives, God said it was time for that, and so that's what happened, so that's why I'm feeling my separation and death as a good thing. Mum is explaining how it's a compulsive addiction this woman is suffering under, she is addicted to her small family, her whole net worth, her whole worthiness and sense of self and self-esteem is tied up in being involved so much with her family, she believes they need her, they won't survive without her, that giving her the power she is desperate for, making and continuing to make herself believe she was wanted, necessary, needed, and loved. And those things mum is saying are true, she was needed, very much so, and loved, and survival might be difficult for her daughter now she has to do more of it on her own, yet still it's a problem this woman will have to work through so as to one day let her family go so she can move on in her own spirit life. Her daughter and granddaughter might themselves die soon, unable to survive on Earth, or they might live longer giving this woman spirit time to adjust to her new spirit life, coming to understand she is to get on in this spirit world, developing new relationships, doing new things.

I sort of understand what mum is saying, which makes me feel better about how I'm feeling, understanding my feelings are right, and that I am not to mourn the loss of my family if I don't feel it as much as this woman is.

However that's not to say that I don't feel sad about not being with them, I do, I feel a terrible deep sense of loss; however the new spirit light quickly flows into me making me feel better again. And I feel a pull in me to get on with my new life, I've been given a whole new life, God wants me to start living – I am living – my new life! And knowing I can easily visit everyone back on Earth, which helps too, knowing that soon I'll be allowed to move freely about the Earth plane. Mum says I have my spirit-trainer-wheels on, and other spirits will guide me and show me how to do all that in those places, I am to be shown the places I can go and how to stay out of the darker areas of the Earth planes, and what they are all about, and once that's all done, then I'll be free to largely do as I please.

We're finishing our walk now James. And mum is telling me to finish with you too. So I hope I've not prattled on too long. Anyway, I can't do anything more... or less. If you'd like to speak with me again, I'd like that, especially as I get to do most of the talking! I don't know how we are to organise all of that... mum is saying she'll take care of it. She's good like that. She always was.

I'd better try ending it with you again. Speak to you soon James, and I send my love to my family should they be interested in knowing a little about me and what I'm doing.

Goodbye James – Marge. (How's that, a better sign off this time...? Oh good!)

Later still:

Marge: James – are you free, I sense you're still open to me, is that right?

James: Yes Marge, I've just finished re-reading what you wrote earlier. Do you want to say something else? Where are you?

Marge: I'm in my room, mum has gone, and I was thinking I would like to try and convey more of my feelings about seeing and being with her.

James: Sure, please go ahead. It's perfect timing.

Marge: Good, so I'll see how I go with you on my own.

I love Marie so much, I can't believe it, her love flows into me, I just have to think about her and I can even feel her loving me from afar. I feel very emotional about it, I was half-hoping, even half-expecting to see her again, because of what John said, but being with her, being in her light, feeling her strong presence, her strength of mind, and all I can do is hold on stopping myself from wanting to abandon myself altogether, throwing myself into her arms. Like I told you, I feel in so many ways like a young girl, and now I'm back with mum, and mum is so loving, so full of love to give me, so much love, so much love I felt for her when I loved her on Earth and felt loved by her, but now it's almost like I'm back with her in some way and she is loving me, loving me even more than she did, it's like we're able to love each other more freely, I don't really know what I'm talking about, but it feels more open between us, and any of the bad stuff, the negative, the disagreements, none of that matters, only love matters, only feeling good with each other. It might be that I'm so raw and still not yet having found my spirit-legs, but when I let myself go, I feel very emotional about it all, about being with her, and knowing now that she is a high Celestial spirit, that she is so advanced, and she is my mother and she still loves me, still wants to be with her daughter, still wants me in her life, she hasn't moved on so much that she's no longer interested in me, and that is doing something to me, opening me up, affecting me very deeply. I feel blessed in a way, none of the other spirits I've been mixing and talking with have their mothers like I have mine, their mothers are not Celestial spirits, whereas mine is, and all I can do is cry, I am so lucky, so fortunate, so amazed by it. John touched on such things, yet I had no idea how much of an effect it would all have on me. Nanna is coming to see me soon, we've not caught up yet, and I know James you've written a lot with Beth, and I understand she is even higher in her spirit truth than mum is, and so her light will be even stronger, and I can't wait until I see her and feel her, and I hope too that she loves me as much as mum is. I want to be with them, to be wrapped up and ensconced in their love, to never leave it, to be held securely by it, as I can remember at times when I was as a young child. And I hope that when my children and grandchildren come over here into the spirit worlds, that I will be as mum is, that I will be able to meet them and love them with the fullness of spirit light that I feel emanating from mum.

And I don't really want to get all emotional with you James, even though I can feel you don't mind, you like it, and that makes me feel better, but really I feel an emotional mess, I have to tell you, I feel opened up by mum's love, like I am all exposed, child-like in it again, and it feels good, and yet at the same time, how am I going to be able deal with it? I hope I will settle down, mum says it's all part of my adjusting to my new life, but the feelings, the emotions are all so intense, intensified by the spirit light,

it's very amazing, like your feelings and emotions are alive, real things, full of spark, like they are electrically charged, so I hope I do settle into it more.

Yes, I guess you are right, a lot of spirits possibly do use their mind to control such intense feelings, I know I was tempered somewhat in my being able to feel good and such love during my life, so possibly that's what mum says concerning the mind way and getting on using your mind to keep such incredibly strong emotions and feelings under control.

Okay, I see from reading your mind, that allowing myself to let them be, fully feeling and expressing them, and then wanting to know the truth of them, why I am feeling them so fully, so deeply, yes, I can see that might be a good thing... okay, and that is heading more toward the feeling way of living as mum was talking about, so not trying to control being so emotional.

Yes, you might be right there too, that if I do want to keep feeling so emotionally open that I might need some help, guidance as to how to live like that. Possibly mum can advise me about that, I will tell her how she is making me feel and how I feel about it. Yes, good idea, to be it with her, to not try and control my feelings when I'm with her. I want to emulate her, I can feel myself trying to be strong in my light like I feel she is, not wanting to be a little crying child saying I love you mummy, I love you mummy, and that's all I really do want to say, that is all I really feel.

Okay, so be that little girl, that there's nothing wrong with allowing myself to be her... yes, all right, I'll see if I can. And you're right, what is wrong with it, just because I was told it was wrong when I was a little girl, but the love I am feeling now, I've never felt anything like that. And then when I think and focus on my own children and family, my grandchildren, think of being with Ronald, god those feelings start and they too are very strong, too strong possibly, too overwhelming, I want to rush to them and love them with all the love in my heart, I want to smother them in it, make them feel consumed with my love for them, as that's how I'm feeling it for them. It's so strong, I feel like I'm going to explode with love for them, it's making me feel a bit scared, what if I can't deal with it, what am I going to do... I'm sorry James, I can feel it wearing on you a little, and it's of none of your concern. I'm sorry I don't feel such love for you James, but I don't know you, we don't have that sort of connection, which is probably just as well, as it's enough to feel like this for my family and for mum.

So thank you for writing my feelings, I will try to allow myself to feel the feelings with the full emotion of them, and I fear that I will be crying for some time... okay, so you think that might be part of my healing, like a purging of some of the dross or darkness from my Earth life... yes, I can image that, like all this new spirit light is having the effect of sort of flushing me out, or flushing some of that darkness out of me. That'd be very nice, I hope you're right in that, I'll ask mum about it tomorrow, she's coming to see me each day now for a period of time.

I feel a bit better now, thank you for allowing me to tell you James. Funny that I am asking you, there are plenty of my other family here who've I've met and have said I could call them any time, but I think in some way, as you don't know me, and we were speaking together this way, it's better keeping it all private, keeping these nice strong feelings to myself, that's what I want to do, cherish and even nurture them... yes, I guess so, like nurturing myself as the young girl I was... Yeah, okay, as I still am... I guess I still am, that's a new thought for me. I feel very close to myself being as I was when I was a little girl, all part of these new adjustments I suppose. So you think I should go with them, not fear the intensity of the love, I mean, god, everyone wants to feel loved, and so loved, but actually feeling it so strongly, I'm a little frightened of it being so strong, of not really knowing what to do with it, not knowing how to be with it. Just be myself, let it flow into and through me, be open to it, not pushing it away when it gets too much. And to even ask God to help me understand the strength of these feelings of love, yes, I can

do that, that sounds like a good thing to do. I will go now and ask God, I'll pray to God to help me understand why I'm feeling so emotional about it all at the moment.

Thank you James, I'd like to speak with you some more another time if that's okay with you?

James: Sure. As you're now 'tuned into me' you can make me feel when you want to talk with me, and I can 'listen' for you, just like now.

Marge: Okay, thank you, that'd be good. I'll go now, goodbye James.

James: Bye Marge.



John, born 16 January 1947, Marjorie, born 15 January 1944 and died 26 November 2020, aged 76, Joyce born 10 Apr 1938, and Lloyd, 23 Apr 1940, being the four children of Marie and James. Marjorie's mother, Marie Josephine, was born 21 Aug 1913 died 27 Sep 1971 and is now a 1st Celestial Heaven spirit.

Nanna Beth, Marie's mother is now 3rd Celestial Heaven spirit, Elizabeth Mary was born 24 January 1890 and died on 5 October 1951.

MARGE – day 19!

Tuesday, 15 December 2020

James: Marge, how are you feeling, John reckons it's time we should hear from you again?

Marge, 1st Mansion World newly arrived: I know James, and I have been wanting to come to you again, however I've not been feeling that well.

James: That's no good, can you tell me why you've been feeling bad? Most spirits say they feel good, and better and better having woken up in their new spirit lives.

Marge: I know James, and I was feeling good, however the last couple of days I've sort of what you might say, 'fallen in a bit of heap'. It's too much. Most spirits, so I have been told, don't have to deal with all I am having to. I will try and explain it to you, for it will help you and possibly other people understand what might happen to them upon their deaths.

Within my 'spirit' I feel very good, so good, completely elated the more I settle into this new life. It's within my mind, the pressure is bearing down upon me. It's hard having talked with mum (Marie – 1st Celestial Heaven), and Beth (Nanna Beth – 3rd Celestial Heaven) came too, yesterday, adding to it – she telling me what it is that's happening to me.

It's that having been told about their Celestial lives and the two different ways of living over here that have been presented to me, I'm struggling with knowing what to do. Do I ignore mum and Beth and just settle into what they call a mind way of living, similar to how I lived on Earth, that being how all the other Arrival Spirits like myself are organising themselves and feeling really good about? Or, do I take mum and Beth's advice and move into finding out more about the Spiritual Healing and living closer to my feelings, which I now understand better, and means basically ending my old way of life and setting out to start living a whole new and unknown way.

You might know James, however I wasn't what you might call very spiritually orientated. I dabbled a bit over the years, you know, all the usual stuff from religious to what would be called alternative, but all very superficially. At one point when I was in my mid-thirties I thought more about 'the meaning of life' and 'God' and all the rest, but as I never found satisfactory answers, I didn't go on with it. Really I can see I am fitted for getting on living as I was, not really being too disturbed, notwithstanding the whole death experience. So to suddenly be presented with such of what seems so extreme an alternative, I don't know. So that's what my trouble is, it being very troubling in my mind because I feel like I should decide, and soon, even though both mum and Beth stressed there is no time pressure on me, that I am free to do as I please in my new spirit life.

Which is all very well, however you know how it is, they are such glorious spirits, you have no idea, they are extraordinarily beautiful, in their poise, in how regally they conduct themselves, how confident and self-assured they are. They are good at blending in when they are here with me and with all the other spirits, but when we are alone and they tend to allow more of their true spirit light to be present, I can hardly look them in the face they being so glorious. They are truly two magnificent women, I admire them both, and would dearly love to be like them. And I know they have worked extremely hard on themselves to achieve their level of truth, but I don't know if I'm ready for such hard personal examination. They both told me some of their Healing experiences, I asked them to help me understand the sorts of things that might happen to me, and oh dear, am I ready for that level of self-scrutiny?

So I fluctuate between wanting to be like them, and then never wanting to have anything to do with them, because when I am with them, the pull is strong to follow and be like them, then when they have

gone, I feel relaxed, more at ease. I feel very pathetic in comparison to them, very 'small' in my meagre spirit light. They are so grand, so bright, so true I guess, whereas I start to shake with the knowledge that I am not as pure as they are, no way, I've got many problems; which, thanks to them, thanks to John, thanks to now being involved with you James, are starting to become a bit more glaring. I've worked hard all my life to deny such bad things in myself, things I know I should work on within myself to better myself, to make myself be a better person, but that too was too hard. I dabbled and tried, but again nothing really happened for me in a positive way. And I know I shouldn't compare myself to them, but it's hard, you know?

So I'm struggling with it in my mind, I can only talk with them about it, as none of the other spirits around here would know what I'm talking about; and I don't mind that, mum and Beth said they could organise other spirits closer to my level both of the mind or feelings way I could talk with, but I tend to want to sort this out myself. I understand it is for me, what I want to do, and perhaps I should be more open to and grateful for and take advantage of other outside help, but really I'd rather keep it all private.

To think, okay, I will carry on with my ordinary life as I lived on Earth, with all my problems, some I'm aware of other, others I'm unaware of, fine, so what's wrong with that way of living? And there is nothing, so far as I can see, all these other spirits couldn't be happier with their new lives, carrying on from where they left off when on Earth. We speak about all their hopes and plans, all the time. I pretend to join in, I have some hopes and plans too, things I'd like to do, but they are not going through any spiritual crisis, I guess you could call it that. Deciding whether or not I want to become a spiritual spirit. Beth says it's only a matter of time before every mind spirit will go into a mental crisis having to deal with the issues I'm working through, so it's just that it's happening to me sooner rather than later. Which of itself is fine too, there's nothing wrong with that if we're all to go through it one day, only being made aware of it now when everyone else around me has no idea, well I tend to feel the odd one out, like I'm not part of the Newly Arrived Group. And even though I know, as it's already happening, we all mostly go our separate ways, some small new-friend-groups are going off together exploring what life has to offer over here, others going eagerly with their family or old friends, still I would like to have felt more like everyone else, rather than being different, if you know what I mean.

And then having said that, I have to admit that I do like being a bit different, that I'm not just like everyone else... and round and round it all goes in my mind.



I have been going for long walks, I've found new places in nature to walk where I can be by myself, and I like doing that. They are further away from where I'm living, and as I'm getting the hang of willing myself around, it takes no time to get there. I don't really know where these places are in the context of where I'm living on this world, I know little still about any of it, it is only that Beth and mum took me to them, and once having gone there, I can will myself back to them.

So I walk thinking about it all, and talking about it when they are with me. They are both very gentle with me, Beth is so lovely, I could hardly remember her, so really she's like meeting a whole new spirit, but she is very loving, gentle and yet very firm, very strong in herself. I don't know how to describe what I really mean by saying that, as mostly it's just awe I feel being with them.

Another spirit took me to visit my family, she helped me navigate the world (Earth) from spirit, it being, I guess, in one of the two Earth planes, would that be right? – something like that mum said. To be honest, there is so much information, if you open up to it, it pours in, so that's another thing we Newly Arrived have to come to terms with, how to limit the flow of information.

Anyway, it was lovely to see everyone, as much as it was also disturbing. I felt such love for them all, and intense love, ashamedly, more than I used to feel when on Earth. And I wanted to stay, to just be with them, be with them in their houses, in the car, at work, being far closer to them than I was when I was alive on Earth. And it was disturbing listening into their thoughts and being able to feel their feelings so easily. It wasn't that anything they thought or felt was itself disturbing, they are all such good hearted people, I feel very proud of them, my children, but being able to feel their feelings so intently and intensely, it's like you're suddenly 'inside' their body with them, and that was disturbing. Being on Earth, you're never that close to anyone, no one I think shares ALL their thoughts and feelings to another person – how can you, with so many of them moving too fast through you, you hardly being aware of them, let alone focusing on them too much. But being with everyone in which there was no barrier, no physical bodies in the way, not for me at least, it was just like everyone was an open window I could see and feel into. So that was intense, disturbing, understanding that from a spirits perspective you on Earth have no privacy. I felt like I was being too invasive, I felt embarrassed that I was feeling more than I could see they were even feeling about themselves. It's quite shocking. My guide said you get used to it, that most people's feelings become quite predictable when you understand the circumstances of their lives and you tend to shut a lot of it out, which might be so, but for my first time, that was confronting. And thankfully for us spirits here together in our world, it's more or less like it was for us together on Earth, we don't have such ready access to each others thoughts and feelings. However I think mum and Beth do, being so much higher than my level.

My heart ached with love for everyone. I was with them all, with Ron and my daughters, in their and my house, right there, holding them, walking through them and walking through the walls, listen to their conversations, it all being weird really, and yet it all seems natural as well.

And then wanting to talk to them, trying to, but they not hearing me, being oblivious of my being there, that too sort of gets to you. I felt sad, down, and in the end had to leave. I think I was expecting they'd all be so happy to see me, however as that is not how it works, the impact did have the effect of making me understand more than this is real, my life in spirit is very different to my life on Earth, and that I am no longer part of Earth life. It does take a lot to sink in, it does for me at any rate, so it seems, but mum and Beth assured me it's the same for everyone, it was the same for them.

I am feeling very emotional about it all, having to stop myself from having a good cry... yes James, you're right, I should let myself go; and why not, I might feel a bit better... and yes, it is a lot to take on all by myself. Yes, it is a lot to go through when you weren't expecting anything like it, not that I was expecting anything much at all.

So as you can see, a lot is happening all putting a lot of pressure on me. However, as I said, in one way it's all so wonderful, I have times of sheer spirit exhilaration, and then I have times of feeling the pressure of having to decide how I am going to live.

Mum is coming tomorrow and we'll talk more about it all, she said she is able to take me to visit where I'd live should I want to look more into her way of life. So I will go with her and see how I feel about that. (Marjorie was brought up on a sheep and wheat farm called 'Clearview' some 30 kilometres – 20 miles from the township where she lived her final years.) (Spirit world day is 3 Earth days!)

The other big thing that's happened James, which John has been wanting to know about, is I have been spending a bit of time with dad (James Hetherington Lloyd Doel is his name). It was good to see him. He too has changed a lot, although not like mum, he is happy in his new spirit life in the mind side of things, as mum explained, he being with a new wife and family. And all that is very odd to deal with in one way, however in another way like so much of it over here, it seems perfectly normal. We move on, life moves on, you start a whole new life, and so new relationships, new things you want to do, new places to live, always so many new spirits to meet. Everyone is so happy to talk and share their experiences, there is a very open, accepting and warm feeling 'in the air'. You can't help it, with the relief in so many spirits being palpable that they have ended their Earth life no longer having to put up with all the pain and hardships. Myself included. And although there is also in many of us an underlying sadness that we can't be with our loved ones on Earth, still the spirit light keeps buoying you up all the time, saying it's only temporary, you'll meet and be with them again in the future. Which is some consolation for a time, but still, what about all that you will miss out on by not being with them between now and that future. More adjustments.

I've only met two spirits that were angry about dying and bemoaning the fact that they died when they still had so much they wanted to do on Earth. Mostly, and perhaps it's just the 'lot' of spirits I passed over with, are all more than happy to have no more pain from all the suffering they'd been going through leading up to their death.

Getting back to dad, it's funny, it was nice, very nice in fact seeming him, I was surprised by that, it was like we were best friends, long lost friends newly come together. Feelings that are there when we are together, yet when we are apart, then I don't feel so close, and I don't know that I want to either. He is so happy in his spirit life, he said I could come and live with him and he'd show me around and we could get to know each other, but I don't want to, I want to stay separate for some reason, possibly while I sort out all what I've been telling you.

I asked him about the Celestial spheres and living a feeling way of life and he didn't know what I was talking about. I tried to explain my rudimentary understanding of it, but he changed the subject, it was clear he wasn't interest in such things. He brushed it all aside by saying too many spirits get too caught up in the 'having to work life out' approach to life over here. So I didn't go on with it. And in fact, having broached it with a few other spirits I'm a bit friendly with, they too showed no interest. One of them listened and considered what I was saying, but said she didn't know about such things, that it might be possible, and that perhaps one day she would find out, and so I guess it wasn't to be that day I was speaking to her!

So I feel quite alone in one sense, expecting to feel bad about that, but then find I surprise myself by feeling actually quite good about it. I like my independence, I have really always liked it, but in a marriage and with the children I had to compromise on many things; but now, it's all for me, all how I want my life to be, and I feel rather excited about being able to be so selfish for once. It being ALL for me, I don't have to justify myself to anyone, I don't have to ask them if it's all right with them if I do whatever. It's taking me a bit to get used to, but I can feel myself growing into enjoying these new feelings, that I only have myself to consider now, not a host of other people. What I do – who's going to care about that? No one. No one is going to come and tell me I am bad, or wrong, or I can't do that. Ha, it's great really! It is, I lie on my bed and I think: here I am, just me, and other than all this mind stuff to work out, I feel really good, so good, and it's all here in front of me, a whole new world to discover. And I'm free, so we're told, that I can virtually do whatever I like. And finding out there are so many things to look into and find out about; and that I don't have to go to work and earn money to

pay the rent or think about setting up a new house to live and all the rest. More adjustments; so many, all the time. But all good, they are, really good, it all being so incredible really.

God is pretty damn amazing, life on Earth was amazing enough, but then you've got all this going on over here.

We have these 'organising spirits' I call them, that come to us, we're on their roster and they are to help us get further settled into our new spirit lives. I have a lovely young woman, she is only fifteen, however she certainly seems to know her way around the place. So we talk about things I might like to do, and she offers ideas and suggestions; and if I say I'd like to do that or think about that, then either herself, or she organises someone else, will take me and introduce me to whomever I would need to be introduced to so as to do whatever it is I want to do.

I told her, Alicia, that I thought I'd like to go travelling, around Earth, see Earth first to sort of 'finish off' and then go for trips about this world, and so away she went: "Well there is group leaving on an Earth tour on Wednesday another on Friday, I can squeeze you into one...; there is a lady she knows who's similar to my age who's wanting a travelling companion, someone willing to explore Earth with her; there is a handsome man she can 'hook me up with' who'd be more than happy to show me around, show me the 'spirit ropes', a very 'nice' man." She makes me laugh, she's such a match-maker, always wanting everyone to be happy. She said if I wanted to, I could do what she is doing, she could organise it, she seems to be able to organise anything – if you like meeting new spirits and putting new spirits together, it's great fun!

And it is all about having fun, enjoying what you do.

James: I've read some spirits saying you have to do some sort of work helping others?

Marge: Yes, apparently you do, however from what Alicia says there doesn't seem to be much pressure about doing that. She says being a New Arrival they cut you some slack and really you do as you please. I don't understand all the ins and outs, but there does seem to be ways about doing things, which if you're in the know, so to speak, as she keeps telling me she would be more than happy to help me understand, you can basically do as you please.

The idea of doing some work to help others, nursing and helping newly arrived spirits to find their feet, I don't know, I don't know enough myself yet, I have to find my own feet. And I have to avoid Alicia trying to 'hook me up' with every eligible (according to her) passing man spirit. She herself says she doesn't want to be burdened with a steady boyfriend, she loves being single and with lots of spirit friends. She died when she was ten in a car accident in Peru, and seems to know her way about the place and how things go. She's a very capable young woman, we get on well. I've not as yet spoken to her about my life problems, but I might bridge the subject with her.

So I hope John is happy with what I have said.

I will go now James. Alicia has just come. She doesn't know I talk with you, and I might tell her about that too – I don't think anything would phase her. She's got that look of telling me about another potential 'hook up', probably some newly arrived relative of hers, she's incorrigible, but she's good fun, adding to the light that is abundant over here.

I'll come again soon. Bye for now – Marjorie Cooper.

MARGE – day 19!

Continued

Tuesday, 15 December 2020

Later:

Marjorie, newly arrived 1st Mansion World: I can hear you asking me questions in your mind James. Alicia has gone, so I can answer some of them. She is such a dear girl, she came saying she was worried about me, wanting to know if there was anymore she could do for me. I assured her she was doing more than enough, which she seemed happy about, however she kept persisting. I thought about telling her about my life-decision problem, but decided it wasn't the right time. I told her there was something I wanted to talk to her about, but I needed time with her, and she suggested that she take me on a trip to her home in Peru and we could talk about that during the trip. And feeling delighted with that idea, I'd love to go with her to Peru, to see, "meet" as she put it, her family, that being at least a start in my seeing some more of the world. So we "organised" that I we'd go in a couple of days time, she had to see to some of her other "people" and then we could go. So I'm looking forward to that. But to answer some of your questions.

How I was taken to Earth to visit my family went like this. I'm living in what would amount to a huge block of flats, possibly thousands of them, I have no idea how many and they are built in a semi-circle with the inner part looking out to The Park. Within our section there are endless small bedrooms, I'm 6667773896, more the phone number to remember, however with our spirit minds, remembering such things is easy, yet another of my new life pleasures, not forgetting anything!

In my room, which is a soft very pale yellow colour, like it's been painted, I have a bed, very comfortable, subtle lighting that I can adjust to different intensities and colours using my mind, a table and chair and that's all. I am told, that should I need room for clothes I might acquire furniture that can be provided to hang them or put them in. However so far I've been happy wearing the same garment, everyone else has, so I've seen as yet no reason to change. And it's what I thought I'd like to wear when I first awoke in the Arrival Room. From what I understand, we get the choice of wearing what we want using our mind when we first wake up, which I did and then once we're established we can choose to wear creations from other spirits or learn now to make our own using our minds. So everyone wears a whole mixture of clothing, which is fun, as so many spirits are from so many different countries. I've only met two other Australian spirits Newly Arrived, a man and a woman about my own age. However they have since moved away.

So within our massive block of flats there are sections in which all spirits can freely meet and spend time. It's all beautiful, very tastefully done, like a top hotel's foyer, and spirits mingle, sit, there is a big bar, areas for food, you play the pokies and other gambling games, all sorts of entertainment, all so to keep us happy with things so many of us are familiar with. And then there are areas away and more peaceful, which I prefer to go.

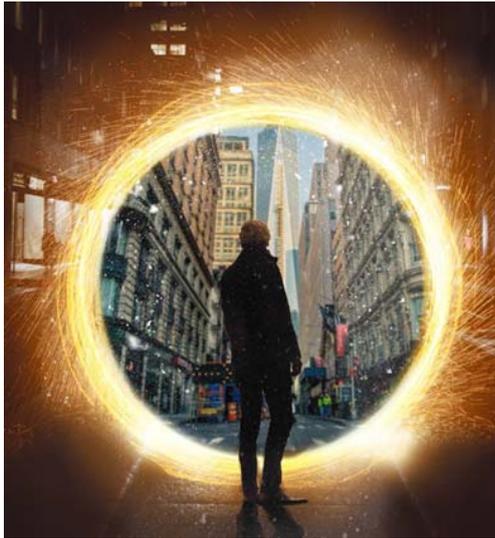
I met a small group of women spirits, again about my own age, and I meet with them and we talked about our lives on Earth, our families and all we're coming to understand about our new spirit lives.

Then to go to Earth. Alicia organised for a spirit who specialises in taking newly arrived spirits like myself back to Earth to see their family and friends. This spirit came and she took me to another enormous building. It's incredible how you can move here in spirit. You can walk or run, swim, we have a large swimming pool in the 'complex' as some spirits refer to it. Or you can just sort of close your eyes and will yourself where you want to go. You have to know where you want to go, and so you think of being there and want to be there and bingo, you're there. There are areas in which you can freely will yourself, 'flying' areas some of the spirits call them, and some of these areas are well marked

so you move into them and away you go, then to arrive in another such marked area where you wanted to arrive.

So in the complex, it's like going to the lifts, you go into the marked area, which is about the size of a basketball court, and there are lots of them in the complex, so I'm told, and we hold hands so I could follow her, my spirit guide, and suddenly we were in this other massive building. And it is huge. I couldn't begin to describe it, something very science fiction looking.

And in this building are departure and arrival areas for Earth. I understand how it all works, but something along the lines of you move to the desired country you want to go to in the lower Earth plane,



I guess you also decide which Earth plane now understanding there are two to choose from. So we went into the first, the closest one to Earth, the Earth dimension as she called it, as that allows you to be as close to people on Earth that you can be.

Anyway, I just followed her, and she took me to the departure area for Australia. We then walked into what looked like a huge airport terminal, all very plush and nicely designed, lots of spirits walking and standing, sitting on the lovely chairs. And by lots I mean, possibly thousands or even hundreds of thousands, I don't know but a huge mass of spirits.

And then it became obvious that the general flow was going and coming, departure and arrival. So we headed towards the arrival, my guide telling me all about it, but as I told you, the information became too much, so she eased back and we walked together mostly in silence, my eyes popping out on their stalks at the amazement of it all.

Then we got to the area in which we were to go to Australia, which was just from what I could see like a huge opaque glass wall, and you just walked through it, no worries, no problem and instantly you were walking out of it, or presumably its equivalent in the Earth plane in Sydney over the harbour, which was a nice surprising touch. So you walk out onto the water and from there you are free to will yourself wherever you want to go in Australia.



I didn't want to visit the city, and having told my guide a day before my family details she knew about them and said that it was now my turn to will us to them. She said she'd just follow me, which she did.

So following her direction I thought of visiting Ron and so there I was with

him at home. He was in the kitchen and suddenly I was with him. And that was weird. It was really good, but so strange. All of which I told you about earlier.

So I spent time with Ron, then moved onto each of our daughters. Spending time with them at work, in their cars, in their homes, with my grandchildren, just being with them doing what they were doing, 'tuning in' on them, listening to their thoughts and when they were speaking to each other, feeling their feelings.

I've decided not to include personal family things James, in our writings together. Mum instructed me what I am to speak to you about, as so I understand, it's to be part of your work. So I hope you don't mind about that. I don't fancy telling other people, should they read this, all about my family and our family relationship, so I will keep those parts as general as I can.

All in all I spent a day with my family, one of your Earth days, which are much shorter than our days, so for me it was in my day it was just a mornings outing.

When I'd had enough, my spirit guide, Helena, who'd been ever so patient and had gone off and left me to it, she saying she had other people she wanted to visit, and that when I was ready to go I was to summons or call her with my mind, which I did, returned and then we retraced our steps back the complex.

It was an exhausting experience, seeing a bit more about the new world I'm living in and a little of what to expect from my new spirit life, along with the fact that suddenly I was able to return to my old world and old life on Earth in that way. I was very happy I went, as difficult and confronting as it was, and Helena said now I knew how to do it and where to go, I could go and visit them anytime. So I guess with Alicia I'll be going to the departure area for Peru. At least it won't be so personally confronting, or I hope it won't be, by visiting her family and people I don't know.

I've been thinking about my wanting to visit Earth, and I do get the feeling that it's sort of like finishing off my old life in a way, going to places on Earth I'd always wanted to go, possibly seeing how some things work that I'd wondered about yet how could you ever know unless you were an unseen spirit having a sneak peak. It's all quite exciting really.

Another part I want to add, before I finish, was near the complex, which is in the country with The Park being the main part of the outside for us, there is a reasonable size city. And I have been on a few excursions into it.

It's very cosmopolitan, they call it Hedaa, double 'a' James, and I have no idea yet as to how it fits into the scheme of things on this world, but it's about as big as Sydney, but much prettier, there are many large and small lakes dotted through it, with many spirits obviously living there and a large central city area, but it's more like one massive market. There are churches, mosques, synagogues so far as representing the major religions, lots of other religious temples but I'm not up with them and we didn't have a tour guide and I don't want to do that sort of thing anyway, but the best part is this market. It is huge, about half the size of the city and bustling with spirit life. I went a couple of times with small groups of women from the complex, we had a guide for the first visit, but we've gone back ourselves since then a few times.



And it's fascinating, there are countless numbers of small stalls, spirits making anything and everything you can possibly imagine, very fine intricate needle work, all so beautiful, such fine embroidery on the

most glorious clothes and head and arm and leg wear, as in bands and scarves and hats and turban looking things of every colour and design. Then there are potters, craftsmen and women spirit making all sorts of things for your home, artists everywhere, all sort of crystal workers I know you'd like James, having been told a few things about you by my mum and Beth. It just went on and on.

And then there were endless cafes, bars, all sorts of other places, nothing sexual or seedy, everything above board and everyone so happy and welcoming. There were groups, so many different groups playing music, so many musical instruments I've never seen, and some of the noises were heavenly. And it was so clean, not a speck of dirt, no pollution, no dust – NO DUST!, can you believe it, no cleaning, no having to wash the dishes, it's all done using your mind.

And there were signs up everywhere with spirits, artisans offering to teach spirits their trade, everyone so giving, so generous, I can see how if making things like that interested you, you could spend eternity moving from one thing to another.

I have another guide Maxine who 'managers' me at the complex. She told me today that I will be staying for another couple of weeks at the complex, then I will be moving. She couldn't tell me more than that, and I don't know how she knows such things, she wouldn't let on, part of being a manger of spirits I guess. And I feel that will suit me. I don't want to stay here for much longer, I want to get on and see and do other things, sort myself out really, see if by doing these other things, visiting places, whatever, leads me to working out my life choice.

I will add, unlike how so many of my 'new friends' talk, not all mind you, but enough, I am not wanting to get on and 'hook up' with a spirit man. I have met so very nice men of all ages, and I could see if you wanted to go that way, there are certainly a lot on offer, however I don't want to involve myself in anything like that. Many spirits like me feel still too attached to our Earthly relationships, as I do to Ron, and I don't want to do anything to jeopardise that. I don't really want to say anymore a about it either, but I have been wondering about waiting for Ron to come over and would he want to keep being together with me, and how would all of that go. I have not been told when his time is to come to move on from Earth, I have been told I can find out, that certain family information like that is available at the central registry, wherever that might be, but so far I am not wanting to try and plan and organise myself like that. Some of the other spirits I've been with have started to create all sorts of plans for when their husband or wife dies and joins them, assuming their wife and husband will want to join them, as I've heard other stories about all sorts of rude shocks spirits get when things don't go according to plan, when their spouse is glad to be rid of them and not wanting to continue tied to a marriage they were only doing out of obligation or habit or whatever other reasons it might have been. It all does make you think, or it has been making me think, whereas I can also see for some of the other spirits, they don't want to think about it. They were happy and secure in what they had on Earth and so they want to keep going with it, despite their being offered a whole new spirit life. And I understand, to be here with your loved one starting together a whole new life, and so some of then have said they are prepared to wait for as long it takes before their spouse or partner dies can joins them, whereas other as I said, can't wait to be off into greener pastures.

I read that thought of yours James, you can't get away with anything like that with us, we're in touch with it all. When I said greener pastures you thought, "like to Sex World" and no, I've not heard anything about that. However from what I imagine it to be based on its name, and from everything else I've heard being over here, it wouldn't surprise me. However that's not my speed. I will go with Alicia and visit her 'world' taking it one step at a time.

And with that James, I will bid you goodnight. Tell John, or I'll tell him myself – you have no need to worry John, I am very much enjoying writing these little messages with James, like a sort of diary, and as long as he is open to it, I am happy to oblige you both. It is helping me, and if as you hope, it might some day help another person, well perhaps I am and have already started a bit of my 'work' over here as a Newly Arrived spirit.

Speak to you soon James, I see if I can organise to take you with Alicia and myself on our trip. By now – Marge.

Is James gong to be portal hopping also?



MARGE – day 21!

She becomes the teacher!

Thursday, 17 December 2020

(Three days on planet Earth is the equivalent of one spirit Mansion World day.)

James: Are you there Marge?

Marjorie, newly arrived 1st Mansion World: Yes James, I've been waiting for you to get back from your walk. I am still trying to come to terms with all you told me yesterday on your walk. I thoroughly enjoyed talking with you like that. I wish my daughters were open and receptive to my speaking with them like you are.

James: John doesn't think so.

Marge: No. It would be a big step for them to take. I can understand why so many people who are settled in their Earth lives would not want to become unsettled by looking to more spiritual things like you are. I imagine this sort of thing would appeal to only a specific few. I wouldn't have been so open to it, it has taken my dying and being here in a new world and with a new life to consider to shake me up so as to accept something as far reaching as what you were saying on your walk yesterday.

Since then a lot has happened to me, some of which I want to tell you about, and which is in keeping with what I've just said.

I told you how in the Complex I'm living in they offer talks, seminars, lectures, on just about every imaginable subject possible. It's all a bit much really, so much to take in, however I happened to be walking past one of the rooms in which a talk was about to start and a nice spirit man was standing by the door asking spirits if they'd like to come in and listen. He asked me and I asked him what was the talk about, to which he said it was about understanding the lay out of the world we're living in. Like an orientation talk, covering the sorts of places where spirits live and what they do, the different major and minor sectors of the world, as he called them. He was a very charming man, in his fifties, Marlon, from England, and has been in the spirit worlds for five years. And it was he who gave the talk. It was very interesting, again too much information for me, however I did gain from it a general appreciation of the enormity of this spirit world. He called it simply World 1, didn't talk about it in terms of Mansion Worlds, and said it was one of four such worlds we spirits could live in. (The mind Mansion Worlds are numbered 1, 2, 4 and 6.) And that the world itself was bigger than Earth and with more land and less oceans than Earth, so more land for spirits to live on. He said there were no countries just major sectors and then lesser ones depending on the interests of spirits. The biggest sectors, and they seemed huge, are the religious ones, which stands to reason, with each of the main religions having their main central sector and then lots of lesser or minor ones. Then he further broke things down to sectors in which large family groups, some numbering in the hundreds of thousands, a whole sector for your family tree, and then smaller and smaller to areas given over to allow individuals to have their own slice of the world in which they could live however they wished.

He then he went onto the ethics of life on these spirit worlds, saying that basically if you want to get on and even move up the worlds, then it's about your state of mind. If you are wanting to be good, do the right thing by other spirits, be loving and friendly, and want to live an exemplary moral life, then things will more than likely work well for you. Should you want to be evil and do bad things, then you will quickly find yourself in the lower hell sectors that are in the Sectors of Darkness as he called them. He didn't dwell on any of the bad stuff.

But the thing is, and what I wanted to talk to you about, and what Marlon told me afterwards as we went and had coffee and something to eat together, was there was only ten of us listening to his talk, and he said that was about normal and he gave his talk once a week. And I said, only ten of us newly arrived

spirits come each week out of the thousands that must continually be passing through the Complex, I found that incredible, so few spirits interested in finding out more about this new world we've all suddenly found ourselves in.

And Marlon said yes, it is astounding, however most spirits aren't interested, they are happy to get on with their new life without having to get bogged down listening to talks and being told how it all works, most spirits happy to work it out as they go. And I probably would have been the same, it was only that I happened to be walking past at that moment when he invited me in. The talks are advertised in certain locations, but like everything, you have to want to find out about them, as there are so many and so much going on all the time, I guess no one really cares too much; which is good, in that you are free to do as you please without having to be told every step of your new life how you are to be and what you can and can't do; and yet, having been controlled like that all my life, it's a bit disconcerting knowing that it is entirely up to me.

He said from what he understood, most spirits move into being with some branch of their family, with their family welcoming them and helping them get established. He said most spirits seem more than happy with that, not wanting to break out on their own, quite content to let their whole death and waking up experience settle before they start to move out exploring and investigating the world.

So I understood what he was saying, that basically it's too much the whole death experience for most of us to deal with, which I can understand. And that then made me reflect on my few days here since I awoke, and I could see it's because of the influence of mum, Beth and you James, all inspired by John before I died, that has given me a bit of a different outlook to most of the spirits I am here with.

During our conversation I asked Marlon what he had done since being over here and what he wanted to do, as in, did he have future plans, do spirits plan for the future, have goals and that sort of thing. I understand you don't have a career, so you don't go to school or do higher schooling to ready you for an adult life having to make money and all the rest, so what motivates spirits.

He said he wants to move higher into the next world, and then as high as one can go, to be Transcendent, to become at one with the Mind Of All. Which he said would give me access to All Knowledge. He said his way to achieve this was through Service, to help other spirits better themselves, and in doing so, he is bettering himself. He is doing it all through hands on help, and not as part of some religious or spiritual philosophy. He said he gives talks on hundreds of subjects, and so that is his Service, learning about what spirits might be interested in and then imparting such information to help them better themselves and enrich their lives. He said he has looked into all the religions and many of the alternative systems of belief but none of them did anything for him, he being sceptical of most of what they say; for example, believing Jesus is coming again, and yet where is he coming from? They don't say. They don't know, only that he is coming. Marlon said surely Jesus must be in the highest world, for as there are only four worlds, where else could he be? However, he said from all he has been able to determine, the high spirits are not as high in spiritual light as Jesus, so does that mean he lives in his own personal high sector in which no one has seen him and he doesn't visit the religions that believe in him, and so why doesn't he? Doesn't he want to have anything to do with them? Does it mean he doesn't agree with them, which would certainly be very weird, or is he waiting for them to achieve some sort of critical mass in their numbers of followers, like apparently some of them believe they are working toward achieving. So many difficulties, not enough facts, too many holes in their beliefs and things they say, so he gave them all up. He says he will get to see for himself when he gets to the highest world.



SPHERES of PARADISE

INFINITE and UNIVERSAL SPHERES

ETERNAL SPHERES

CELESTIAL HEAVENS

**Soul spheres
are not
numbered.**

**Soul spheres
are to:**



The New Birth = Become at one with God: sphere 8

Peak Sphere =

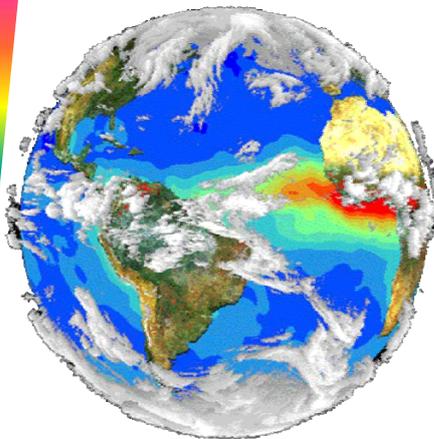
6

4

2

1

**NATURAL
LOVE
SPHERES**



7

5

3

**Spirit body
spheres are
1 - 7**

**DIVINE
LOVE
SPHERES**

**Earth sphere is for
the physical body.**

He has such a lovely speaking voice, he's a very commanding man, very handsome, quite distinguished looking, and speaks with a lot of authority. He says as part of his Service, he will only talk about what he knows from personal experience, whereas so many spirits will talk about all sorts of things they've only heard from other spirits or make up themselves. So I like his integrity.

During the course of our discussion I asked him if he'd heard about the Healing Worlds, and the Celestial spheres, and that perhaps it's within those higher spiritual spheres Jesus lives. He didn't know what I was talking about, he'd not heard anything about other worlds. But he was very interested and asked me to tell him more, which led me to telling him about mum (Marie) and Beth (Nanna Beth, Marie's mother) and how they'd come to meet me and what they told me about the choice I can make so far as how to live over here in spirit, that between the mind way and the feelings way. And I told him briefly some of what you told me on 'our' walk yesterday James (you doing the walking whilst I was resting on my bed). I don't know if I understand it correctly, however he seemed astounded, flummoxed, he couldn't believe what I was saying, because in his five years he'd never heard anyone say anything like what I was, and he said he'd talked with countless numbers of spirits.

We then went for a walk in The Park continuing our conversation. And he became increasingly excited. He told me, that if what I said was correct, then that would change his whole world vision, change his understanding about everything, potentially change his whole reason for being. He was so excited, he kept asking me to tell him more, but I don't know more, and I think I got half of what I said to him mixed up, and he asked me to tell him again and again. He asked me so many questions, about things I didn't understand, so in the end I suggested that if he would like, I'd ask mum when she comes next if he could meet her and ask her all his questions, to which he was delighted. So that's what I will do. He can't wait, he wants to meet her now!

However I said I had other things I need to do first. He asked if in the meantime we could meet again and continue our discussions, to which I agreed. I like him a lot, he's very quick, very smart, and so open to everything. He's not rejected anything I have said, if he doesn't know, he is willing to admit that, and see if there is some way he can find out the answer. He was a schoolmaster at one of the private English schools and he says he's always loved teaching and learning, and being in the spirit worlds suits him down to the ground, as it's all so readily available, everything you want to know about. He says he'd be more than happy to show me about, taking me to some of the incredible art galleries, old and contemporary, show me some sights, old and new, so I said I would like that. He says he's not married or involved with anyone, so is free to do as he pleases, which also suits him, not wanting to have to deal with any emotional entanglements. He said he was married on Earth, his wife is in this world, he sees her every now and again, but they are growing further apart, she having met a new spirit man she loves. He didn't have children of his own, saying the children he taught was more than enough, and has no desire to have any here in his spirit life. He said he can't see himself settling down wanting to bring into existence or join what is already in existence, a large family clan like so many spirits delight in doing. He was an only child and so likes his independence, all of which sits very well with me and how I am feeling about things more by the day. I too want to be alone, free to do things my way and on my terms and in my time. No pressure, no constraints, just like how it was meeting him, just walking past and next thing I'm listening to his lovely English voice, and then I'm having tea with him, he had the coffee, and then our walk and now possibly he meeting mum.

And I know what you are thinking James, that it might be fortuitous for him to meet me because he might be ready to move on into the Healing worlds, and that thought crossed my mind too. I can't believe how I am now having these thoughts, starting to feel like I know some things that most of my contemporary spirits don't know, and even someone like Marlon who's obviously been around and knows what's what over here. I feel rather chuffed, a bit self-important, which is a good feeling. I loved

the look on his face when I said mum was a high Celestial spirit, the Celestial spheres being higher than the Seven Mansion Worlds. His face was priceless, his mind in overdrive trying to process the enormity of what I'd told him, yet he didn't resist me, he took it all in his stride, flabbergasted he was.

And I find that so incredible, he being a spirit as I said that knows his way around, has talked to many spirits about their lives over here, and yet he has never heard of the Healing Mansion Worlds or the higher Celestial spheres. I told him the Celestial spheres were many in number going all the way to Paradise, where God lives. I hope that is right... good... and his eyes nearly popped out. He said: were God lives, God actually has, what, His own house? I said I don't know about that, only that one day we are all to meet with God on Paradise, but it's a long way and we need to grow a lot spiritually to get there. He wanted to know more, but that was all I could offer him, my knowledge being limited. But the fact that he took me so seriously, that made me suddenly take myself more seriously, and I thought, gosh, what if what I am telling him is actually right, something like that could be life changing to say the least. To have such an aim as to want to go to Paradise to actually be with God – well that's something to strive for I guess.

And then hearing these strange words coming out of my mouth, me, Marjorie no-one from country Australia, me who's never been interested in such things in my life, and yet, here I am talking as if I know about such things, god, what's got into me!

And then I only have to remember mum and Beth, I can't wait until Marlon meets mum, his eyes will fall out onto the ground. And I know just by looking at her when we are alone together when she can be more herself in her true spirit light, he'll be speechless, like I am. And she's only my mum, she too is no-one from nowhere, and yet she looks so radiant, so splendid, so beyond any of the other spirits I see around here.

So that's a bit of fun I've had, feeling rather chuffed about myself being able to shock someone like Marlon. He said while he waits for my mind-call, he will look into the things I have said, to see if he can find out anything about it himself, so it will be good to see if he comes up with anything.

Anyway, I have to go now, I'm going with some other lady friends to the Market in Hedaa, we're going dancing, having a 'day on the tiles' as when it gets dark we're all so exhausted we can't do anything but sleep, so we have to do everything during the day.

So I will speak to you soon James. Bye now – Marjorie.

The word 'Hedaa' is written in a large, stylized, bubbly font. The letters are filled with a vibrant green color and have a thick black outline, giving it a 3D, neon-like appearance. The font is playful and modern.

MARGE – day 22!**Life Review!**

Friday, 18 December 2020

Marjorie, newly arrived spirit 1st Mansion World: James, I want to tell about something else that's happened to me. I've had my Life Review – you said I would probably have it, so now I can tell you about it. Are you aware of what it's like and what it's all about?

Life Review

James: A little, however please tell me what happened and how it was for you. How are you feeling since having it?

Marge: Not so good actually. A lot has been stirred up in me, lots of regrets, some guilt, seeing some things about myself that I didn't understand where bad things during my life, and not feeling very good about being that way, doing and saying such unloving and selfish things. However I will explain what it's all about.

I was told I was to have it, we all have it, all the Newly Arrived spirits, and I should say, we 'undergo' it. I was told I had nothing to worry about, that it was a process to look back over your life on Earth to see if you are happy with it or not, which sounded odd to me, as in: Was I happy with my life on Earth? I'd not thought about it in that way. And if I wasn't happy, well what then – do I get another life with a greater chance of being happy? I don't know James, some of the things over here seem very slack and half-arsed, and no one else seems to care, other than myself. I would do things differently, there is not that much personal care and attention for us newly arrived spirits, everyone is so blasé about it all, which is how things would annoy me back on Earth. It seems like it on the surface that someone is caring, but really, it's all so slap-dash and no one really takes that much time or care with anyone else. I know that's a big generalisation as not everyone is like that, however that's how it seems to be. They tell us we can't die again and bad things don't happen to you anymore so there's nothing to worry about, and you'll sort it out, however that attitude annoys me. It's a big experience we've all been through, so shouldn't there be more fuss made of us, more something? I don't know what, and possibly it's just how I am feeling at the moment, and I obviously need to be here with these other spirits, as we're all quite similar in many regards. We're all from Western First World countries, so possibly wherever the Third World Newly Arrived are, if it works that way, they might be more attentive and caring of each other and all they've been through in leaving their Earth lives.

So I'm told that I have to have this thing called a Life Review and yet it wasn't explained to me exactly what it was all about, just: you'll be all right, we all have one, it's the only thing over here we all have to do. But that makes me wonder: well what if it's not all right, what happens then and what does that mean?

Life Review

So I was taken into a room with a chair in it, not unlike a dentists chair, it was very comfortable, and the lights in the room were dimmed to just before complete darkness. There was a 'technician' there with me who told me to relax and allow myself to go to sleep if that's what I felt like doing. I didn't feel tired, a bit on edge, and yet again she wouldn't tell me anything about what I might expect to happen, only that I'll look back over my life, sort of reviewing it in some way.



Perhaps, looking back, part of the experience was that I was to go into it mostly blind and unknowing for it to have its greatest impact on me, which might explain why everyone was off hand about it; yet still, I don't see what the point of it all was.

So I'm sitting in this chair, the last thing I feel like is going to sleep, and suddenly I see myself waking up having arrived in spirit – I am looking at myself and at the same time back 'in myself' remembering what it was like. And then next thing I'm back in the hospital on Earth, and then back through other parts of my life right the way back into my early childhood.

It was somewhat like a dream but far more intense and real, it was me in a way back in all those experiences I did have, only it was also as if there was someone else or some other part of my conscious awareness with me, sort of commenting on the stages and events I was seeing. I mean, the whole experience was incredible, and it was all happening so fast, I want to stop the 'video' and replay or move slower through some part or branch down other memories, but I had no such control in it, it all just happened to me.

And then it was over and that was that. Nothing else was said, the lights brightened and I was free to go.

Which again was fine, it was good it was over, as weird as the whole experience was, but then nothing else was said, and I didn't know what to do, so I went to my room and did sleep. Then when I woke up, it all started, parts of what I'd seen / remember / re-lived in way, came back to my mind, and mostly the feelings and emotions involved. And so some of them I was very happy about, happier in fact than when I had lived the actual experience, like I was seeing more that went on in the experience than what I was aware of when I was having it. And that's how it was with the births of all my children, with times with Ron and the kids, odd things, like with a customer in the shop John told you I had, and some good interactions with them, and that was really good in my Life Review, and yet why was it, when it was just so far as I could remember not out of the ordinary.

And then on the negative side, similar things, some of the experiences I understood were bad, I had treated someone badly, not really much to do with my children, but other people in my life, and nothing specifically to do with Ron, other outside things. And I felt bad during those times on Earth and so felt bad again during my Life Review; and then other times I didn't understand that my actions or words had hurt someone so badly, so that made me feel bad. However really, it's not fair, I wasn't aware of myself back then like I am now, I was younger and not as wise or whatever, and yet all this stuff comes up in you and so what are you meant to do about it.

Life Review

I have since asked some of those spirits that assist us who've been through it themselves, and they said my experience was normal, and they too didn't really understand what it was all about other than seeing if you made anyone feel really bad, and if they are now living in the spirit worlds, you might feel like you want to go and apologise to them; which I guess is fair enough, but what if they are not dead yet, are we meant to wait until they die so you can apologise to them? And everyone said, it's up to you, no one really knowing what to do. And they said if you wanted to talk stuff over with spirits who act like counsellors or psychologists, that can be organised, however mostly they said I will more than likely feel stirred up for a few days then it will pass and I will get on with your new life.

So really the whole thing seems a bit bizarre. I am reading your mind as I'm writing this James, and you might be right in what you say, I will ask mum when she comes next. You saying that because we're in Rebellion then it, along with how impersonal everyone is, is all part of the madness, nothing really

making that much sense; whereas if we were true, then the Life Review would make perfect sense and be part of our growing in more awareness of ourselves.

Anyway, I thought I'd tell you about it and some of the other thoughts that are getting stronger in me. And again, I am wondering how much of an impact mum, Beth and yourself are having on me, because I don't know, I don't feel happy and like I'm settling more into my new life, like everyone else seems to be. They don't question anything, they just go along, like it's all mapped out for them, plodding along so far as I can see. A lot of the women I went dancing with say they feel like they are young girls again, and love how exciting it is to rediscover their youth, remembering things they loved doing on Earth and wanting to do them all over again, here in their new spirit lives. But for me, that all seems a bit dull, I did those things on Earth, and some were fun and I really enjoyed doing them, however I'm not so sure that's all I want to keep doing over here.

And things you James, mum and Beth told me keep going round in my mind, things that seem 'bigger' than this world and this life, it's hard to explain it, I've not felt anything like this before. I have always felt like I fitted into 'my world' that I had things mostly under control, until I got very sick. And things, my life, pretty much went as I wanted it to, and I fulfilled a lot of my expectations about it. Life was mostly good and I felt happy, secure and settled in my life on Earth. And I can see so many of the spirits I'm here with felt the same during their lives on Earth, nothing out of the ordinary, all pretty predictable I suppose, which is not a very good way to look back at my own life. And yet I can't help it. And this Life Review thing, suddenly bringing back a flood of memories, so much I'd forgotten and not thought about since I experienced them, and now to have it all there in my mind, I can recall it all very easily, and reflecting on it makes me feel the same feelings, somewhat along the lines of: yeah, been there done that, so now what, I want to move on.

Life Review

I'm seeing Marlon (And how you've spelt his name is right, odd perhaps for an Englishman, however what would I know, I'll ask him about it. I know you were turning it over in the car this morning James, trying Marlin, or Marlyn, but stick with Marlon) later I will talk about it and my disturbing feelings with him. So far, he's the only spirit that I've met who wants to think a bit deeper, even our helper spirits who've been here for a long time some of them, over thirty, fifty years, and they are still happy doing the same work with us Newly Arrived, and I don't know, god I think I'd be bored brainless. Perhaps I'm missing something about this new life, that I should be more grateful to God giving me a whole new life, but it's making me feel like I want to get away from this Complex, and maybe getting out on my own would be better.

I think my Life Review has stirred me up in other ways too, possibly even adding to what you, mum and Beth, and all Marlon is helping me see as to what I might expect from living here in this world.

As you're soon to make lunch, I'll go; and possibly we can speak later should you want to do some more writing. Marge.

Later:

James: Marge, John was just saying on the phone how happy he is with all you're saying, and how you say it, is so much you.

Marge: I'm glad he can tell it is me, because IT IS ME! It really is James. I can detect you still have your doubts, and about so many things to do with all of this spiritual stuff as you call it, and I don't know about much of it, however I assure you, what I am trying to convey to you is all that's happening to me, all the main parts anyway.

I'm glad you've tuned back in, I think I'm getting better at working all of this with your mind, I really enjoy doing it and I'm glad John and Lloyd (Marge's brothers) are getting something from it. Just wait until it's their turn!

Anyway, on a more serious note now, I wanted to add some more to what I was saying earlier. Really I think I am not that well suited to all that I see going on about me. One of my new women friends, an American, she found other poker players who she says are very good, saying she is very good too, no lack of self-confidence there, and that she loves sitting for days playing cards. That she loved playing cards back on Earth, and here she can play forever without having to stop to go to the toilet, having to eat, having to do the housework, having to look after the children and grandchildren, her husbands, now she can bet all she likes and it doesn't matter if she loses, it's all good fun with her delighting in knowing she is getting better at it by the day. All she wants to do is play cards, and there are rooms filled with spirits doing that. And I can see it might be therapeutic, all part of their settling in and coming to terms with their dying, leaving their families, starting their new spirit lives, however it's not for me. I couldn't think of anything worse.

So I think you understand what I'm starting to feel more, that this scene is not for me.

Now, this is what I really want to tell you about, I'm feeling a bit better being distracted somewhat from all that Life Review stuff, so picture this, Marlon came and we went for another walk in The Park. I know it quite well now, so I took him to the more secluded parts, there are lots of beautiful flowers and shrubs, lovely tall trees, small lakes, water birds, turtles and water lizards, lilies in flower, purple, red, yellow and pink, it's all so tranquil and so beautiful, with only he and I walking along a sandy path. (And don't know what the lizards and turtles eat, I don't think they do eat James, they are spirit lizards and spirit turtles — remember, they just exist, like we all do over here.) Then suddenly before us appears a bright woman spirit — it's mum! Marie walks toward us and Marlon can't believe what he is seeing. She looks her radiant self, so beautiful, so refined, so bright in her light. And she carries her light so well, like you were meeting the queen or someone very important. But she is so natural, friendly, warm and loving, all of which you feel emanating from her. And her eyes sparkle and Marlon is besotted. She is younger than both of us; he says he likes being older and doesn't feel the need to be his younger self because being older goes with his teacher persona of being more wise.

Introductory Talk

I introduce mum and Marlon to each other. And then before Marlon has a chance to say anything, she says "Hello Marlon, I've organised for you and Marjorie to attend an introductory talk about the Spiritual Healing and living with God's Divine Love. It's time you left this Sector, time for you to move on, time for you to start living true to your feelings, time for you to begin your true ascent of Truth to Paradise".

Spiritual Healing and Living with God's Divine Love

Marlon's mouth was hanging open, he was like a little puppy, certainly putty in Marie's hand. He'd have done anything she said. He said yes, he feels ready, however I'm sure he has no idea what she was talking about. And then, as there is no time like the present, she said, come with me, I'll take you there now. And then she disappeared (you get used to spirits appearing and disappearing – it's no big deal James), and we, stunned and left looking at each other, meekly followed her, because, what else could we do, her pull was too great. I just thought of going with her, and away I went, and next thing Marlon and I know is, we've arrived (appeared) standing alongside mum at the back of a room that had about fifty spirits sitting in a semi circle around two spirits, a man and a woman both of whom had the same feel and light about them as mum had. She ushered us to two empty seats and then resumed standing at the back. And we listened for about an hour about living a different way of life to that which we are living.

Because of things mum, Beth and you had told me James, it wasn't that new, what I was hearing, however hearing it again from these two lovely spirits, and looking at everyone listening so intently, including Marlon who was speechless and entranced absorbing everything they said like his life depended upon it, it all helped to go into me more. I am a reasonable student, when I put my mind to it, but with all they said, I didn't have to apply myself, it all made sense, I could see what they were saying and I felt it answered a lot of the questions that had been forming in my mind. It all sounded right. There was no hard sell, all very straightforward, and yet all an ultimatum really, that's how it's coming across to me: you either are happy playing cards for the rest of eternity in his part of heaven, using your mind to try and beat your opponents, and that is your whole excitement and reason for being, trying to excel in your mind's competitiveness; or, you can embrace this feeling way of living whereby you strive to give up living with your mind in control, wanting to be true to your feelings and allowing them to lead you through your spiritual growth.

When it was over, Marie took us back to The Park and we talked for some time with her about it; or rather, Marlon did, mostly I just listened. He couldn't get enough, he'd said before mum came that he couldn't find out anything anywhere about what I'd told him; and now having sat and listened to these spirits speak about such things, another world of insight and investigation was opening up to him. He just couldn't get over the fact that nowhere in his travels and no one, other than me, had ever mentioned anything about any of what we'd just listened to. Mum told him it was because he wasn't ready for the truth and information, whereas now he is. That his soul wanted him to move on, to start to get serious about his spiritual growth, growing through his feelings and moving away from his mind. She said it will be hard for him because he is so used to living through his mind, he has trained his mind to perform in its ways that give him his power and feelings of superiority, however all that mental 'power' is false and will only serve in the end to work against his true soul development. To which he just nodded saying he could see what she was saying knowing all she said was right and true.

In answer to his questions she said she would organise other Celestial spirits like herself to come and help him understand it more, and then if he wished, they would help him settle into the Divine Love Sector in the First World where we'd been in listening to the Celestials talk. He was so excited, saying when can he move! I think he is very bored with his giving-talks life, and as so few spirits really get that excited about learning as he does, so to be introduced to this whole new and hidden way of life, he's finding very appealing. Lot's more to learn.

Mum also said I could go with him, we could both move and attend the introductory courses to see if all that's told to us does appeal, helping us to know if we're ready for such a marked change in our lives. She told us that there was no condition, we were free to attend the courses and if we didn't want to keep going with it we could end at anytime coming back into the regular mind sectors doing whatever it was we wanted to do. She has no vested interest with me, I am just like any spirit, only because I am her

daughter that she has come to me personally, otherwise it would be other Celestials who specialise in introducing mind spirits to the Feeling Way of life, The New Way, who'd have helped me. And because Marlon was happy to know about it all with me, so she was able to help us both to begin with; but as she's already told me, it's not her thing, she with her soulgroup (12 soul partner pairs – 24 personalities) being concerned focusing on the other end of spirits Spiritual Healing, when they are nearing its completion, not when they are first starting out.

We talked with her for about an hour, my mind was numb with all the information, Marlon would have liked to have gone further, but he must surely be exhausted with all the information and more so the impact it was having on him. I could see it visibly affecting him. It was as if in his spirit light he'd been a dried sponge, and the more he spoke with mum, it was as if he was soaking up her spirit light and coming to life.

She suggested that Marlon spend a few days talking it over between us and doing what we will before she comes again to see what we want to do. To which we both agreed. Marlon wanted to leave with her there and then off to start his new, new spirit life, however I could see he also understood that he should take the time to let it settle within him.

I was very happy it worked out so well with his meeting mum. I thought she might have been too much for him, however he did very well I thought. I could see, judging by how she'd been the other times she'd visited me, that she was working her light with him, affecting him in some unseen way, so there is obviously a lot more that goes on between us all and especially between the higher spirits and us lower ones, which I suppose having said that, it would be a bit strange if that didn't happen.

Mum left and Marlon and I continued walking and talking. Then we went to Hedaa to wander around the markets and sit in cafes. It's nice being with him, no pressure, no underlying sexual stuff, we like each other, friends, and that's all. He is very much off in his mind most of time, and his mind was churning away thinking over all mum and the other Celestials said to us. But it was good, he'd be lost in thought for a while, which gave me time to consider my own feelings and thoughts about it all, including about him, as we wandered and sat looking at spirit life go by.



You get used to it all very quickly, again I suppose it would be strange if you didn't. It all seems so natural, like you've been doing it all your life, living as a spirit in the spirit worlds, watching all the other spirits going about their spirit lives. You forget Earth is somewhere with your family and all you left behind, it all still going on, whilst all of this over here is going on. And then you think that this market and this cafe we're sitting in is a mere fraction of this big spirit world, and so the countless numbers of spirits that there must be. We worry about death, scared that it might be the end, nothing else, and then you sit watching all these spirits talking, happy, loving doing all they are doing, the friendly almost continual party atmosphere, and you can hardly relate to such fear and how you were as you were dying. And you think, no pain, I don't feel pain, I've not felt anything like all that pain I suffered leading up to me death, and you hardly give that a thought, you've moved on, you don't feel pain, you feel great, all that pain now only a memory, and one you're glad to see the back of.

So that was Marlon's meeting with mum. I'm not going to try and write with you James all what was told to us at the talk mum took us too. She said it's all what you've included in your writings. And as I've said, I don't as yet pretend to understand much of it anyway. However from what she's said James, all you have written with the spirits like herself is right, it's all what they've organised for you to write, it's all that is to be needed by people on Earth and also for many of the mind spirits like Marlon (and

even myself), who are more than ready for it. She says it's coming to a time in which there is to be a Great Crossing Over, in which masses of mind spirits will surge into the Healing Feeling Worlds. So she said if Marlon and I want to move there now, we'll be doing so before the rush. She talks along the same lines as you do James about it all, that it's all what this is all about, my writing with you, your connection and relationship with John, all that's been happening for you both and will continue to happen. I still don't understand it all, but when she speaks you just know all she says is true.

Great Crossing Over

I am going to visit John very soon – I'll spend time being with you John and visit you too Lloyd, tuning in on you to see if I can gain a better understanding about you and all of this from your mind, and I intend visiting my family again soon.

I'm feeling better about that now, understanding that I can't do anything for them, but I can stay in touch, and I like that, knowing it's easy to visit them, to stay in touch. I like the feeling it gives me knowing they are there and I can go to them and be with them anytime I want, even if they don't know I am visiting and standing there with them.

Alicia still wants me to visit her family, so we're doing that very soon, and I'm looking forward to that too. It's incredible how an experience of something over here can have such a strong impact on you. Occasionally experiences did on Earth, but mostly things were pretty predictable, as in what you'd expect. But I find here I will have an experience with someone, and I'll be thinking and feeling one way and with one set of thoughts, and then I'll have another experience with someone else, and suddenly all my thoughts and feelings will have changed. I look back at how I was only a few hours ago and I seem to have changed, moved on is the feeling I get, which feels good, but it's all so fast, I feel like I should take more time to think about it all, allowing myself to catch up, as if I have or might be left behind in some way; but no, I'm not, it all happens easily, effortlessly, and before I know it I'm talking as if I've come to grips with it all, I know what I'm saying, when some time before I felt all at sea and without a clue. If life is going to continue like this over here, well I'm going to have to adjust myself to accepting this new pace. And don't get me wrong, I like it, it's thrilling, it's just taking some time to get used to. I feel so much lighter, freer in myself, in my mind and feelings, I feel like I was living my life in cement back on Earth, that just the act of physical movement was exhausting, which it was in the end, whereas over here, I felt light as a feather, like a bird able to flit about effortlessly.

I'll go again James. Speak to you soon – Marjorie.



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Primary recommended reading:	consider commencing with: Paul – City of Light and Sage – and the Healing Angels of Light		
The Rejected Ones	2002 – 2003	xxx	– James Moncrief
Messages from Mary & Jesus	2003	xxx	– James Moncrief
Paul – City of Light	2005	xxx	– James Moncrief
Feeling Healing	2017		– James Moncrief
Religion of Feelings	2017		– James Moncrief
Mary Magdalene and Jesus' comments on the Padgett Messages	2007 – 2010	xxx	– James Moncrief
Speaking with Mary Magdalene & Jesus Sage and the Healing Angels of Light	2013 – 2014	xxx	– James Moncrief
Road map of Universe and history of Universe:	2017	xxx	– James Moncrief
The Urantia Book	1925 – 1935		xxx as primary reading
Divine Love supporting reading:			
Revelations	1954 – 1963		– Dr Daniel Samuels
Judas of Kerioth	2001 – 2003		– Geoff Cutler
The Book of Truths containing the Padgett Messages or Little Book of Truths	1914 – 1923	xxx	– Joseph Babinsky
True Gospel Revealed anew by Jesus Vol I, II, III, IV		xxx	– Geoff Cutler
Available generally from:			
www.lulu.com	www.amazon.com	www.bookdepository.com	
For Divine Love focused websites and forums:			
Pascas Health:	http://www.pascashealth.com/index.php/library.html		
Spiritual Development:	http://new-birth.net/spiritual-subjects/		
Padgett Books:	http://new-birth.net/padgetts-messages/		
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BIBLIOGRAPHY NOTE:

James Moncrief has written numerous books and prepared numerous movie scripts. Incorporated here are primary writings.

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Pascas Primary publications being:

- U-Turn for Humanity Pascas reveals New Feelings Way
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- U-Turn for Humanity unfolding the New Feelings Way
- Universal Gift – Feeling Healing with Divine Love
- Feeling Healing and Divine Love Discussion Prompts

Selected Pascas Papers, as noted below, can be downloaded from www.pascashealth.com .

James Moncrief's books, the Padgett Messages and The Urantia Book at:

DIVINE LOVE SPIRITUALITY – DLS:

<http://divinelovesp.weebly.com/my-free-books-and-free-padgett-messages.html>

All Padgett Messages (for condensed versions – see below) 1914 – 1923 Pages 945
The Urantia Book (see suggested papers to read below)

James Moncrief Books:

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Messages from Mary and Jesus book 1	1,485	Feb – Apr 2003	189
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Paul – City of Light	1,488.5	2005	149
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Cathy and Mark – a novel introducing Feeling-Healing.		2010	151
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<http://religionoffeelings.weebly.com/>

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<http://dlspirituality.weebly.com/>

Main website of DLS

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<http://childhoodrepression.weebly.com/>

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<http://withmarymagdaleneandjesus.weebly.com/blog---and-free-books-speaking-with-mary-and-jesus>

FEELING HEALING and SOUL HEALING with the DIVINE LOVE:

James Moncrief Publications:

all publications are free downloads:

<http://divinelovesp.weebly.com/my-free-books-and-free-padgett-messages.html>

It is suggested for one to consider reading as follows:

Speaking with Mary Magdalene and Jesus – books 1 – 4

These four books encapsulate the second of the revelations with the first having been introduced by James Padgett one hundred years previously. These four books provide a wide range of guidance that has never previously been made available.

Paul – City of Light

As a gentle intro into the Divine Love and Healing; being James Moncrief's first novel and it's been criticised as being too heavily clichéd, but that's the point because it's a reflection of how he was back then.

Ann and Terry

An example for people who might want to immediately start working on themselves and doing their Healing.

Feeling Bad? Bad Feelings are GOOD

For more understanding about our denial of our feelings and why we should not deny our feelings, and it includes how it all came about for James, using himself as an example.

Feeling bad will make you feel BETTER – Eventually!

This includes specific examples of Marion and James working on expressing particular bad feelings, again with the hope that it will help others gain something of an idea as to what's involved in doing your Feeling Healing.

Sage – and the Healing Angels of Light

Through Sage who's 13 years old, the story is primarily about the two aspects of healing; that being, with the help of our angels, and the full Healing we can do by looking to our feelings for their truth.

**Religion of Feelings
Feeling Healing**

**Welcome to LOVE – the Religion of Feelings
you can heal yourself through your feelings**

So these books, including the four Speaking with Mary Magdalene and Jesus books, provide the essence of it all and are examples of James' work. Then it's up to whatever takes one's fancy. Other reading to consider may include:

The Padgett Messages being published as:

The True Gospel Revealed Anew by Jesus volumes 1 – 4

Book of Truths by Joseph Babinsky

The Urantia Book

Release one's pain through expressing one's feelings.

in conjunction with

Longing for the Truth when also longing for Divine Love.

FEELING HEALING with DIVINE LOVE is SOUL HEALING:

A collection of ‘papers’ that draw together specific topics including all of the above and more from other sources of information and revelation designed to help increase one’s awareness about why we have the problems we do and how to heal them, all whilst living a more healthy and sustainable life. They provide a brief snapshot of the more complicated topics and issues.

Firstly, consider discovering the truth of your emotional pain through Feeling Healing. Secondly, consider longing for our Heavenly Parents’ Love as you progress with your healing. Primary and most important readings are the writings of James Moncrief. Then consider the Padgett Messages, and then The Urantia Book.

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FH denotes Feeling Healing; SH denotes Soul Healing, which is: Feeling Healing with the Divine Love; DL denotes Divine Love – living with the Love.

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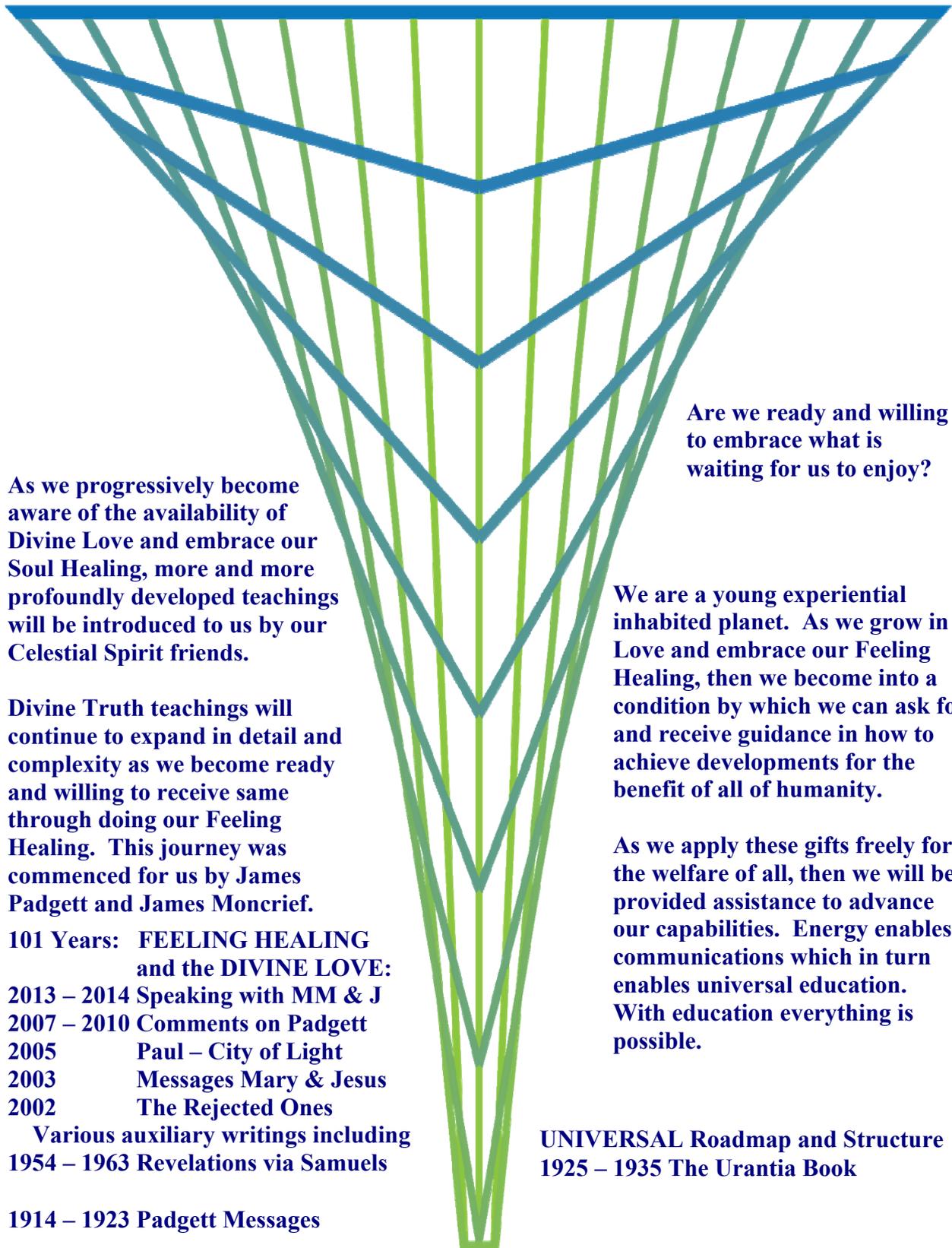
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 Pascas Care Letters Feeling Healing Way
 Pascas Care Letters Little Children
 Pascas Care Letters Women’s Liberation and Mother

MEDICAL – EMOTIONS:

Pascas Care – Feeling Healing
 Pascas Care – Feeling Healing All is Within
 Pascas Care – Feeling Healing and Health
 Pascas Care – Feeling Healing and History
 Pascas Care – Feeling Healing and Parenting
 Pascas Care – Feeling Healing and Rebellion
 Pascas Care – Feeling Healing and Starting
 Pascas Care – Feeling Healing and Will
 Pascas Care – Feeling Healing Angel Assistance
 Pascas Care – Feeling Healing Being Unloved
 Pascas Care – Feeling Healing Child Control
 Pascas Care – Feeling Healing Childhood Repression
 Pascas Care – Feeling Healing End Times
 Pascas Care – Feeling Healing is Rebelling
 Pascas Care – Feeling Healing Live True
 Pascas Care – Feeling Healing Mary Speaks
 Pascas Care – Feeling Healing My Soul
 Pascas Care – Feeling Healing Perfect State
 Pascas Care – Feeling Healing Revelations X 2
 Pascas Care – Feeling Healing the Future
 Pascas Care – Feeling Healing Trust Yourself
 Pascas Care – Feeling Healing Versus Cult

**PASCAS
 PAPERS**

DIVINE LOVE and DIVINE TRUTH Revelations and Teachings escalating:





perceived truth MoC 880 – relative truth potential MoC 1,480