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## VOICE

31 May 2024

### VOICE of the PEOPLE COMMUNITY CONSIDERATIONS

We each are unique personalities with passions and desires. We are to express our personality, our true personality, not the personality imposed upon us by our parents and carers! It is through our experiencing of our innate abilities that we best express our selves. By following our desires to participate in particular experiences is how we begin to be find our voice and be able to contribute to the growth of all around us.

When we suppress ourselves, submitting to the ways of our carers, we retard our true potentials. We become entrenched and zombiised to mediocrity without strength of purpose. We learn by doing. We are to experience all things. We are incredibly capable beings once we get out of the steel wrecking ball of our minds and explore our environment, and then out into the world, through our feelings which are our true selves – then we can become the voice of and for our people!

## VOICE OF THE PEOPLE

It matters not what we aspire to, as long it is what we are drawn to, what we have a longing to involve ourselves with, what we grow to love and excel at. We each have a life purpose, we truly do have experiences that we are to have while here in the physical and should our life be cut short then we will go on and have those intended experiences while we live in the 1<sup>st</sup> spirit Mansion World. There is no one less capable than the other, nor more capable than any other. We are each to have our day in the sunshine so to speak. Follow your feelings and embrace the opportunities.

Closing the Gap is a personal journey of self-development. Presently, many are subjected to the ways that prevailed even thousands of years ago. Unknowingly we continue living the way we were brought up to live by our parents and carers. We continue living our childhood suppression all the way through our adult life. It is through changing our environment and embracing the culture of others, blending the two, and then expressing our feelings while always longing to know the truth of what our feelings are drawing our attention to that we begin to grow in truth and close the gap and prosper. The blending and growth introduces new dimensions into the community in which we become engaged with.

Many people become passionate about sport. We learn through play. Even as a toddler we love to play – it is how we learn – the intensity of our play experiences are extra-ordinary. Then we go on to experience more organised play, then formal play. As we excel then leadership unfolds for us and our expression of our sports become community expressions that lead to prosperity in all things.

Many people grow to be passionate about music. Firstly it may be social. But the art of music is universal. It is truly a universal language even without words. The art of communication through music is an incomprehensible gift and all benefit from its sharing.

Now is the time that suppression of our true personality be fully confronted for what it is. Childhood suppression is covertly imposed and indoctrinated into our way of living by high level personalities for their long term personal goals. Childhood suppression is the greatest crime against humanity and it is the overarching cause of ALL of the social ills that every community and society worldwide is confronted with. Now we can enable parents and carers to recognise the way to enable children to live true to themselves.

Now is the time to fully engage communities in the gifts of sport and music and have the profession of education be recognised for what it is. Education is the paramount profession of all professions – without education there are no other professions. And in recognising this we are also recognising that living feelings first with our minds to follow is the Great U-Turn that humanity is to embrace.

Communication through sports and music are true self-expressions. Truth prevails throughout sport and music like no other trade, gift or profession. True comradeship unfolds through sport and music. Do you see this in other professions?

Both sport and music are passions from the cradle to the grave. They are our companions for life.

They are both true expressions of self. They are both freeing and enhancing our lives. All other passions follow.

So let us join together to bring these two strings of life into every community and home without limitation. Isolated remote communities are equally as important as the major centres of living. There are no borders to sport and music – all are welcome – and sport and music are worldwide common languages.

Aspiring to Living Feelings First

*Asad Basit, Dean Rowley, Dennis Bobongie, Gary Wilson, Graham Golding, Helen Adam, Ian Dowling, Jim Baker, John Doel, Lachlan Riddell, Larry Corowa, Lillan Nielson, Marco Renai, Peter Wildin and Sidney Doyle*

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# Sports Academy



# "RIVER OF LIGHT"

**PASCAS**  
Band Orchestra Choir



**Band  
Choir  
Orchestra**



## COMMUNITY CONSIDERATIONS

Correlation of Levels of Consciousness and Society Problems				
Level of Consciousness	Rate of Unemployment	Rate of Poverty	Happiness Rate "Life is OK"	Rate of Criminality
MoC 600 +	0%	0.0%	100%	0.0%
500 - 600	0%	0.0%	98%	0.5%
400 - 500	2%	0.5%	79%	2.0%
300 - 400	7%	1.0%	70%	5.0%
200 - 300	8%	1.5%	60%	9.0%
100 - 200	50%	22.0%	15%	50.0%
50 - 100	75%	40.0%	2%	91.0%
< 50	95%	65.0%	0%	98.0%

**Artificial Intelligence cannot discern emotions, and consequently cannot reflect emotions.**

**Artificial Intelligence also cannot be intuitive, it lacks intuition, trust, foresight, and empathy. It also does not have clairvoyance, clairaudience, clairsentience, clair-empathy and clair-cognizance.**

# EDUCATION CANNOT WAIT

**Artificial Intelligence can only be as 'intelligent' as its source data!**

**A humanity that surrenders their learning opportunities to Artificial Intelligence jeopardises their very existence. Artificial Intelligence brings about the circumstances that threatens the possibilities of Truth emergence within societies.**



**Whereas the engagement with artificial intelligence is the death knell of society!**



**We learn by doing!**

ARTIFICIAL INTELLIGENCE

**simple is what LIFE is meant to be!**

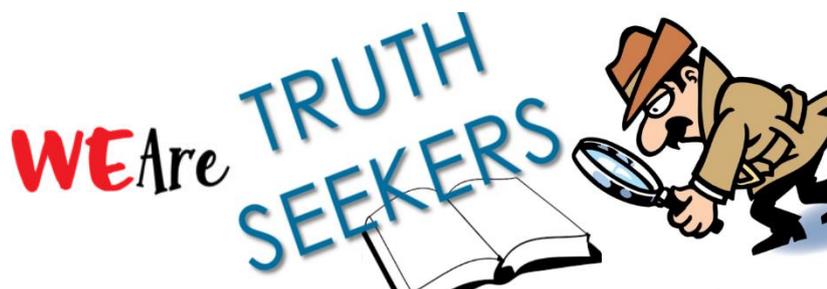
<b>WORDWIDE SURVEY</b>			
Levels of Truth / Consciousness	Countries	Population 2020	Lifestyle Feature
500+ MoC	NONE	0 million	Feeling orientated rather than mind-centric
400s	22	700 million	Freedom and Progressive Leadership
300s	71	4,100 million	Open and Free Education
200s	50	1,100 million	Current Religions
100s & below	73	2,100 million	Survival Living
Overall 220	216	8,000 million	Humanity entrenched in mind-centricity

<b>SOCIETAL PLATFORMS</b>	
Level of Truth / Consciousness	See: Pascas Care Transcending the Levels of Consciousness <a href="http://www.pascashealth.com">www.pascashealth.com</a> Library Download page
MoC 475	Bible – overall is mind-centric King James Bible (from the Greek)
190	Bible – old testament only
790	Bible – new testament without Revelations – less than 200 pages
700	Koran
280	Dreamtime Stories
960	Pascas Papers – more than 60,000 pages – Feeling Healing and Divine Love

### **Worldwide Level of Consciousness based on the Map of Consciousness**

see Power vs Force by Dr David R Hawkins

6,000 years ago	MoC	72
At the time the Vedas were written		74
At the birth of Buddha		91
prior to the conception of Jesus of Nazareth		101
After the birth of Jesus of Nazareth		147
When Christ was taken from the cross		148
At the Last Supper		150
At the death of the last apostle		182
At the birth of Charlemagne		182
In 827 AD (at the death of Charlemagne)		190
When Abraham Lincoln took office as President		190
Lincoln was shot and killed		193
1944: birth of almost 200 Homo-Spiritus children		194
1987: At the time of the Harmonic Convergence but not necessarily related to it, consciousness of humanity jumped		207
2020: Revelations unfolding Feeling Healing, Divine Love		220



<b>WORLDWIDE relationship of MoC calibration with Life Experiences</b>							
<b>Life Expectancy, Development, Happiness, Education, Income</b>							
MoC	No. of Countries+ Territories	Average MoC	Average Life Expectancy	Human Development Index	Happiness Index	Education Index	Per Capita Income 2021
400s	22	405	82.2	0.924	7.1	.890	US\$63,032
300s	71	343	77.2	0.794	6.1	.741	US\$30,154
200s	50	251	72.7	0.676	5.3	.610	US\$16,560
High 100s	38	174	70.5	0.659	5.0	.600	US\$12,516
Low 100s	21	119	67.1	0.587	4.6	.501	US\$7,081
Below 100	14	74	65.3	0.565	4.4	.501	US\$6,377
WORLD	216	220	73.3				US\$17,110

**WE ARE Truth Seekers**

<b>WORLDWIDE relationship of MoC calibration with Life Experiences</b>						
<b>Median Age of Population &amp; Urban Slum Population</b>						
MoC	No. of Countries+ Territories	Average MoC	Average Life Expectancy	Medium Age of Population 2021	Urban Population Living in Slums 2020	Per Capita Income 2021
400s	22	405	82.2	41.0	4.9%	US\$63,032
300s	71	343	77.2	34.7	17.4%	US\$30,154
200s	50	251	72.7	28.3	28.5%	US\$16,560
High 100s	38	174	70.5	25.7	33.8%	US\$12,516
Low 100s	21	119	67.1	22.3	43.7%	US\$7,081
Below 100	14	74	65.3	20.5	56.7%	US\$6,377
WORLD	216	220	73.3	30.7	> one billion 24.2%	US\$17,110

**This time, in the history of humanity, is the most exciting time ever experienced.**

<b>WORLDWIDE relationship of MoC calibration with Life Experiences</b>							
<b>Pupil-Teacher ratio, Nurses Midwives per 1,000, Doctors per 1,000</b>							
MoC	No. of Countries+ Territories	Average MoC	Average Life Expectancy	Pupil-Teacher ratio primary	Nurses Midwives per 1,000	Doctors per 1,000 people	Per Capita Income 2021
400s	22	405	82.2	13	11.3	3.9	US\$63,032
300s	71	343	77.2	18	5.6	2.7	US\$30,154
200s	50	251	72.7	23	3.7	1.4	US\$16,560
High 100s	38	174	70.5	28	3.1	1.5	US\$12,516
Low 100s	21	119	67.1	32	1.8	0.8	US\$7,081
Below 100	14	74	65.3	41	1.5	0.6	US\$6,377
WORLD	216	220	73.3	23	3.8	1.7	US\$17,110

**TEACHING is the Paramount Profession !**

<b>WORLDWIDE relationship of MoC calibration with Life Experiences</b>							
<b>General Overview</b>							
MoC	No. of Countries+ Territories	Average MoC	Average Life Expectancy	Medium Age of Population 2021	WORLD POPULATION 2021	% worldwide population	Per Capita Income 2021
400s	22	405	82.2	41.0	687,989,800	8.8%	US\$63,032
300s	71	343	77.2	34.7	4,064,565,401	51.8%	US\$30,154
200s	50	251	72.7	28.3	1,069,410,500	13.6%	US\$16,560
High 100s	38	174	70.5	25.7	744,280,000	9.4%	US\$12,516
Low 100s	21	119	67.1	22.3	750,726,000	9.6%	US\$7,081
Below 100	14	74	65.3	20.5	532,580,000	6.8%	US\$6,377
WORLD	216	220	73.3	30.7	7,849,551,701	100.0%	US\$17,110

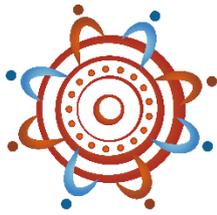
**Note:**

The Map of Consciousness (MoC) table is based on the common log of 10. It is not a numeric table.

A calibration increase of 1 point is in fact a 10 fold increase in energy.

A calibration increase of 10 points is in fact a 10,000,000,000 fold increase in energy.

Thus the energy differentials are in fact enormous!



# CLOSING THE GAP

**How is ‘the gap’ closed? Closing the Gap is a personal journey of self-development.**

**It is through the voluntary changing of the traditional environment of familiar customs and norms that are being passed on through the generations. Should we, as children, live the same style of life as our parents then we will mirror their circumstances and outcomes – this is how stagnation of consciousness unfolds, avoiding growth and prosperity for generations, spanning periods extending for thousands and thousands of years!**

**Through a change of environment, voluntarily unfolding, children may discover the diversity of two customs and lifestyles, thus bringing about not only a change but the blending of two lifestyle experiences opening the opportunity for leadership to present itself through the opening up of spontaneity and intuitiveness not having been present before the blending of any two cultures.**

**Not only is ‘the gap’ being closed, but the whole of society blossoms through the voluntary initiative of those having taken the step into an environmental change of lifestyle and way of living new to all.**

Dennis B – born in Innisfail, Queensland. Mother is indigenous and his father is connected with Vanuatu and Solomon Islands nationals. His father worked in the Queensland sugarcane fields. Dennis years 11 and 12 schooling was in Melbourne. He developed an interest in Social Welfare, obtained a degree in Theology in England and undertook community work. He travelled extensively in Europe. He sold books to fund university while in England. His pen pal became his wife. Didn't finish the degree being distracted by future wife. Moved onto Queensland University in Anthropology – the science of humanity. Interests are in housing, education and sports.

Larry C – born in Tweed Heads. Father from Beaudesert and mother from Tin Can Bay indigenous communities in Queensland. He has been heavily involved in sports especially involving indigenous players. Politics, sports and indigenous communities being his passion. Eventually settled down to become involved in his local community endeavouring to resolve indigenous challenges. He has moved into mentoring young ones. Moved to live in Tweed Heads in 2024. He has observed a lot of money has been thrown into projects from the Government in the past only to be squandered away. Systems of the past twenty years have not worked. Changes and a change of strategy are to be mapped out to begin to deliver solutions.

Sidney D – born in Brisbane but brought up in the indigenous communities of the Torres Strait Islands of northern Queensland. Lived in Malaysia in the RAAF environment and other military bases with his father. Presently is considering a PhD degree. He remains linked with heritage while working for a Queensland Government agency supporting indigenous peoples.

**All three ‘closed the gap’ by changing their home environment and adopting new lifestyles!**

**These three leadership personalities will now deliver the opportunity for change and growth for all those who open themselves to the possibilities of the awareness that is to be provided through their initiatives. The constraints of mind-centricity and suppressive customs can be put aside while embracing and living the guidance of our own feelings – living feelings first.**



# CLOSING THE GAP

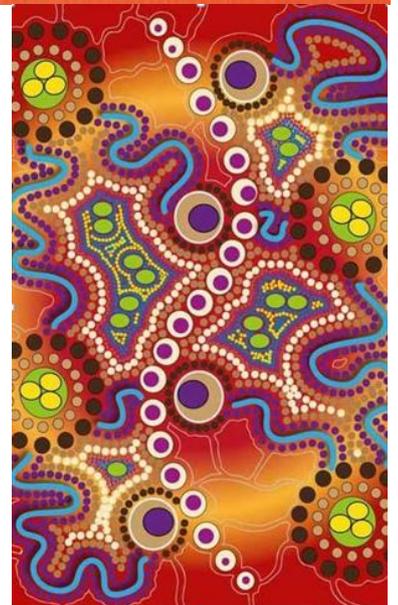


## Psychic Barriers

The Old Testament of the Bible calibrates overall at 190 MoC on Dr David Hawkins' Map of Consciousness (excluding Genesis, Psalms and Proverbs). The lack of truth therein strengthens psychic barriers to limit progress by adherents. (Page 371 Truth vs Falsehood – Dr Hawkins)

Similarly, the Dreamtime Stories of old adhered to by Australian Aboriginals find their personal progress and evolution hampered by these stories as generally the stories calibrate at around 180 – 280 MoC.

Personalities calibrating below 200 MoC dominate the social issues that Aboriginal communities seek assistance with when it is their adherence to ancient traditions and beliefs that are the psychic barriers to progress, solutions and development by their societies.



## Aboriginal Dreamtime Stories



**Beliefs suppress TRUTH.**

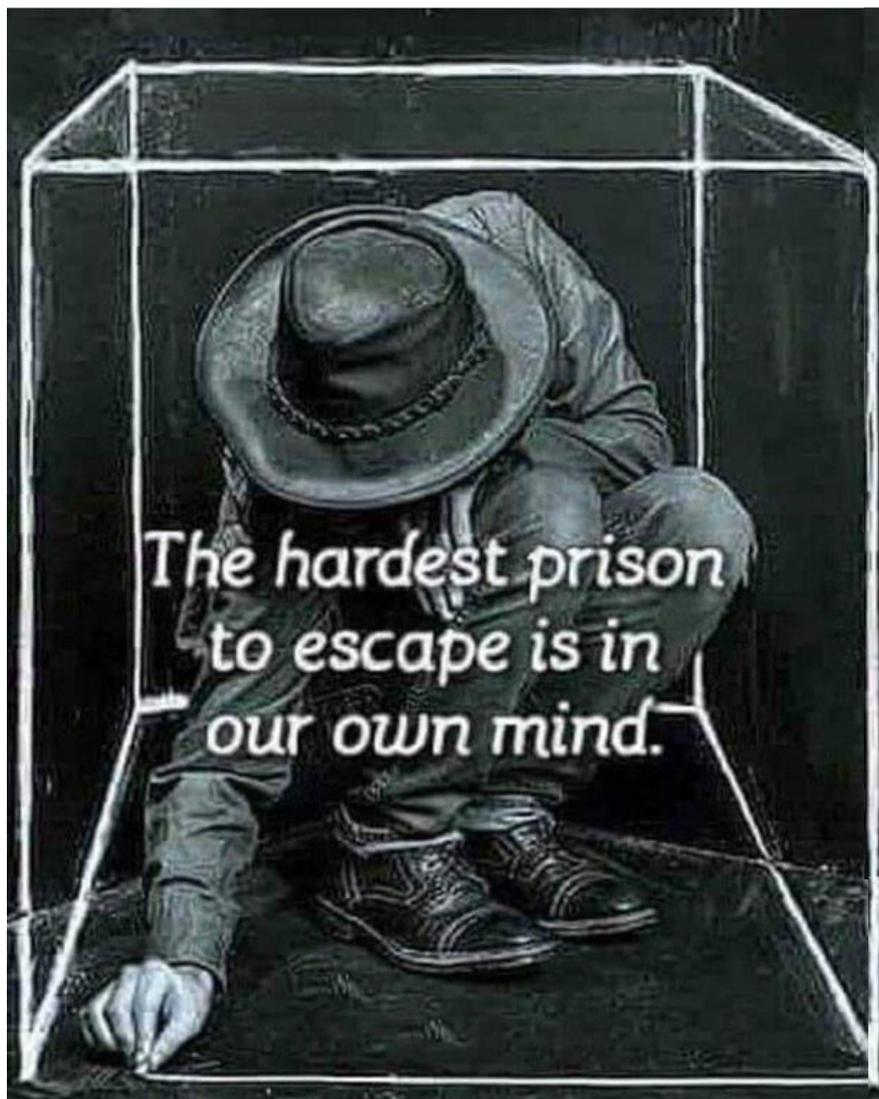
**Result is; Health degrade, Discomfort, Pain, Illness, Disease and Viruses**

**To heal yourself with truth can only be done one way, and that is by sincerely wanting to live true, to live a life in which you want with all your heart to see the truth in each and every experience, so that as you live your body is being ‘built’ on truth, and so will remain rock solid, and will not feel fragile and collapse under you when disease suddenly strikes you down. Truth, Truth, Truth, and more TRUTH. You have to want to eat drink and sleep truth. To beg and ask and long with all your will for the Mother and Father to help you see and know the truth, the truth of everything that you do, everything you are, everything you feel – the whole truth of yourself. And so whilst you’re of it, including, the truth of your rebellious state. “Mother and Father, please help me see, know and BE the truth You want me to live.”**

Kindly visit [www.pascashealth.com](http://www.pascashealth.com) then Library Download page, in Pascas Care Letters click to open:

 [Pascas Care Letters Mind into Balance with Feelings.pdf](#)

 [Pascas Care Letters Mind causes Discomfort Soul brings Healing.pdf](#)



**Torres Strait Island Regional Council, northern tip Queensland – mostly Aboriginal populations:**  
Empowering our people, in our decision, in our culture, for our future

<http://www.tsirc.qld.gov.au/our-region/torres-strait/geographical-location-and-map>

<b><u>TORRES STRAIT POPULATION</u></b>		<b>MoC</b>	<b>MoC</b>
	<b>Population No</b>	<b>Calibration</b>	
<b>Eastern Islands</b>			
Mer (Murray Island)	450	193	
Erub (Darnley Island)	400	190	
Ugar (Stephen or Stephens Island)	80	175	
	930		188
<b>Central Islands</b>			
Iama (Yam or Turtle-backed Island)	350	180	
Masig (Yorke Island)	180	174	
Warraber (Sue Island)	250	175	
Puruma (or Poruma) (Coconut Island)	180	172	
	960		178
<b>Western Islands</b>			
Badu (Mulgrave Island)	900	180	
Moa (Banks Island) Kubin Community	350	176	
Moa (Banks Island) St Pauls Community	240	175	
	1,490		177
<b>Southern Islands</b>			
Waiben (or Wayben) (Thursday Island)	2,610	205	
Keiri (or Kiriri) (Hammond Island)	220	188	
Nurupai (or Ngurupai) (Horn Island)	600	195	
Muralag (Prince of Wales Island)	20	180	
	3,450		195
<b>Northern Islands</b>			
Saibai (Saibai Island)	400	176	
Boigu (Talbot Island)	260	175	
Dauan (Mt Cornwallis Island)	150	174	
	810		175
<b>Cape York communities</b>			
Bamaga	800	179	
Seisia	165	177	
	965		178
	<u>8,605</u>	<u>8,605</u>	<u>194</u>
			<u>194</u>
<b>Torres Strait Population:</b>			
Indigenous / native + PNG population	84.0%		
Non-indigenous / white population	16.0%		
	<u>100.0%</u>		
<b>Northern Territory</b>			
Katherine	10,000	199	
Tennant Creek	3,100	204	
Alice Springs	25,200	218	
<b>Australia</b> (overall)			<u>415</u>

Kindly go to [www.pascashealth.com](http://www.pascashealth.com) then Library Download page, scroll down to Kids of the World and click on to open the PDF:

 [Pascas Care Kids of the World Communities Torres Strait.pdf](#)

 [Pascas Care Letters Voice of the People.pdf](#)

 [Pascas Care Letters Voice to Parliament Australian Aboriginals.pdf](#)

<b>SOUTH AFRICA &amp; NEIGHBOUR NATIONS</b>	Level on Map of Consciousness <b>MoC 2021</b>	Population 2021	Life Expectancy Years 2021	Medium Age of Population 2021	Political Rights & Civil Liberties 2021	Per Capita Income IMF USD PPP 2021
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#### **AUSTRALIAN INDIGENOUS**

<https://www.abs.gov.au/census/find-census-data/quickstats/2021/IQSAUS>

Australia Indigenous Katherine	235	812,728	73.7	24.0	97 free	US\$16,430
Tennant Creek	199	10,000				
Alice Springs	204	3,100				
<b>Torres Strait Bougainville</b>	218	25,200				
	194	8,605				
	220	300,000	59.6	19.9		1,100
<b>Papua New Guinea</b>	220	9,000,000	65.2	23.1	62 partly free	4,000
<b>Solomon Islands</b>	220	690,000	73.4	22.5	79 free	2,480

#### **AFRICA**

<b>South Africa</b>	190	60,000,000	64.9	27.1	79 free	\$12,450
Angola	50	33,000,000	62.2	15.9	31 not free	6,900
Botswana	145	2,350,000	69.9	24.5	72 free	18,100
Central African Republic	80	4,850,000	54.4	19.7	9 not free	480
Congo	70	5,500,000	65.2	19.7	20 not free	4,200
Dem Republic Congo	40	89,600,000	61.6	18.6	20 not free	1,013
Kenya	180	53,800,000	67.5	19.7	48 partly free	5,300
Lesotho	240	2,150,000	55.7	24.2	43 partly free	2,830
Madagascar	125	27,700,000	68.2	19.7	60 partly free	1,640
Namibia	100	2,550,000	64.9	21.2	77 free	9,550
Rwanda	70	13,000,000	70.0	19.0	21 not free	2,460
Swaziland / Eswatini	280	1,160,000	61.1	21.7	19 not free	9,150
Uganda	90	45,750,000	64.4	15.8	34 not free	2,700
Zambia	110	18,400,000	64.7	16.8	52 partly free	3,330
Zimbabwe	150	15,000,000	62.2	20.0	28 not free	2,700

#### **COUNTRIES**

#### **MoC 400+**

Australia	410	25,500,000	83.9	38.7	97 free	\$55,000
Belgium	410	11,600,000	82.2	41.4	96 free	54,000
Canada	415	37,750,000	83.0	42.2	98 free	51,700
Cyprus	404	1,200,000	81.5	36.8	94 free	41,600
Germany	400	84,000,000	81.9	47.1	94 free	57,000
Liechtenstein	400	38,300	83.0	43.2	90 free	180,400
Netherlands	405	17,200,000	82.8	42.6	98 free	60,500
New Zealand	405	4,850,000	82.8	37.9	99 free	44,200
Norway	400	5,420,000	82.9	39.2	100 free	69,200
South Korea	400	51,300,000	83.5	41.8	83 free	47,000
Switzerland	400	8,660,000	84.3	42.4	96 free	75,900
United Kingdom	420	68,000,000	81.8	40.5	93 free	47,100
United States America	405	331,000,000	79.1	38.1	83 free	68,300

Aboriginal and Torres Strait Islander life expectancy at birth for the period 2020–2022 was: average

- 71.9 years for males and 75.6 years for females (73.7)
- highest for both males (73.8 years) and females (77.9 years) in New South Wales (75.8)
- lowest for both males (65.6 years) and females (69.4 years) in the Northern Territory (67.5)
- lower in Remote and Very Remote Areas (67.3 years for males and 71.3 years for females) compared with Major Cities (72.5 years and 76.5 years). (69.3) (74.5)

## NOW to ENHANCE our LIFE EXPERIENCES!

Correlation of Levels of Consciousness – Soul Condition – and Society Problems				
Level of Consciousness	Rate of Unemployment	Rate of Poverty	Happiness Rate “Life is OK”	Rate of Criminality
600 +	0%	0.0%	100%	0.0%
500 - 600	0%	0.0%	98%	0.5%
400 - 500	2%	0.5%	79%	2.0%
300 - 400	7%	1.0%	70%	5.0%
200 - 300	8%	1.5%	60%	9.0%
100 - 200	50%	22.0%	15%	50.0%
50 - 100	75%	40.0%	2%	91.0%
< 50	95%	65.0%	0%	98.0%

Kindly go to [www.pascashealth.com](http://www.pascashealth.com) then Library Download page, scroll down to Pascas Care Letters, and click on to open:

 [Pascas Care Letters Worldwide Survey.pdf](#)

More than fifteen worldwide surveys, by numerous research institutions, all point to the fact that one’s level of consciousness points to our level of societal issues and their intensity, health experiences, finances and all our life experiences. All can be indicated relative to one’s level of consciousness as per the Map of Consciousness as developed and published by Dr David Hawkins in his book, ‘Power vs Force’.

Further, the elephant in the room is our Childhood Suppression and then our ongoing Repression of our emotional injuries experienced as well as our errors of belief infused upon us by our parents and carers throughout our early childhood forming years, from conception through to the age of six years. By the time we are six years of age, we will be calibrating at a similar level as one or the other of our parents, should they differ, thus generation after generation imposes upon their children the same conditions as themselves – stagnation in our evolutionary growth in consciousness has prevailed almost since the first century at 190 MoC for humanity overall!

Through engaging kinesiology muscle testing in conjunction with Dr David Hawkins’ Map of Consciousness, it is relatively easy to calibrate the level of truth and consciousness of anyone, any group of people, any community, state / province or nation of people as well as the level of truth of any statement, document, book or system. There are no secrets, all is revealed or revealable.

Truth is our pathway to freedom. We are truth seekers. The more we strive for truth, the more we have revealed to us. The more we express our feelings, both good and bad, AND long to know the truth behind what our feelings are drawing our attention to, and THEN we are to progressively express / release our emotional injuries AS WELL as our errors of belief. In this way we may progressively raise our individual level of consciousness. Freedom unfolds through truth. And truth is love.

Kindly look closely at the calibrations of consciousness – levels of truth – on the preceding two tables. Anything under 200 MoC is of untruth! The scale is based on the common log of 10!

Through changing from living mind-centric and suppressing our feelings TO embracing our feelings, LIVING FEELINGS FIRST and having our minds to follow in support of what our feelings are leading us to embrace we are actually opening the door to progress beyond 500 MoC.

This has never been understood before now, before these writings referred to as the Pascas Papers!

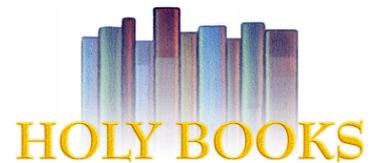
**PASCAS**  
**PAPERS**

By also embracing and asking for, longing for, desiring to receive our Heavenly Mother and Father's Love, Their Divine Love, while also LIVING FEELINGS FIRST, we have opened the door to progress beyond 1,000 MoC. Yes, that has recently been achieved here on Earth.

Continue living as we are (were) then the same dramas of living a life of hell will prevail for us all – each of us now has a choice and it is as simple as what is now outlined throughout this document. You will find that the calibration of the level of truth, the MoC of these writings, is at the end of this paper.

So let us kindly outline what additional elements may be incorporated into the assistance that will not only greatly benefit refugees and asylum seekers, but all the people of the nation.

It matters not which book or books that one may adhere to, the following will apply:



All institutionalised platforms endeavour to have the woman subservient to the male. Our soul is a duplex, that is, our soul manifests TWO personalities, one is always a female and the other is always a male – we each have a soul partner – often referred to as a soulmate. Ultimately, when we each have healed of what we each have taken on of the Rebellion and Default, we will unite with our soul partner for eternity.

Women are closer to their feelings. We are to live feelings first with our mind in support, now, how we have each been taught to live is to be mind-centric. Consequently, hidden controllers imposed the notion that men are to dominate women as they would have put this absurdity of mind centricity living aside. That is what is now to change. We are to embrace the way of living feelings first and consequently women will attain their true status in life – equality.

As we grow in truth and consequently love, then by living through our feelings we are living how our Heavenly Parents intended us to be – thus true to God. We then do not have need of all the oppressive governmental rules which are suppressing our true personality and truth.

Further, as we are made in the image of our Heavenly Parents, that is our soul manifests a female and male personality, then our Heavenly Parents are both Mother and Father. Yes, we each can talk to Mum as well as Dad – separately or together! Amazing is it not!

We were induced to live mind-centric for the purpose of being kept subordinated to hidden controllers. By living mind-centre we cannot progress beyond 499 on the Map of Consciousness. You will find no nation of people calibrating anywhere near MoC 499. However, as communities emerge living Feelings First we will find such communities experiencing life at above 500 MoC, and then later on states / provinces and further on, then nations.

Our mind is unable to discern truth from falsehood, our mind is addicted to untruth as well as addicted to control over others and the environment. Consequently our thinkingness as well as assumption making is in error 98% of the time. Yes, the error rate is 98%. Consequently we end up reworking what we do if based on our assumptions. Further, thinking is arduous. Feelings are spontaneous and exhilarating as they are always in truth, our own soul based truth.

It is to be through open and free feelings orientated education, at all levels, that we will become aware of the option to live Feelings First and progressively put the shackles and enslavement of our minds behind us and then through our healing, evolve into harmony with our environment and all peoples thus putting behind illness, conflict and all the social ills that now prevail worldwide.



# CLOSE THE GAP

When considering the overall calibration of Aboriginal communities in remote areas around Australian, the closing of the gap between the overall population and the remote area indigenous communities is already closed. That is, nothing further can be done except for the subject people to become aware that their traditional way of living is restraining growth and development of their levels of consciousness. It is up to each individual to embrace change or stagnate as they now are.

For the population overall, while one lives mind-centric then their potential to grow in consciousness beyond 499 on the Map of Consciousness (MoC), this being the peak of 'reason', is very limited.

For those who embrace living feelings first and commence their personal Feeling Healing then they are breaking through the glass ceiling of 499 MoC and should they also embrace asking for our Heavenly

## BREAK THROUGH OUR GLASS CEILING



Mother and Father's Divine Love then their potential in consciousness and soul condition is infinite.

# Feelings First

## IT'S A WAY OF LIVING.





**Firstly, consider discovering the truth of your emotional pain through Feeling Healing. Secondly, consider longing for our Heavenly Parents' Love as you progress with your healing. Primary and most important readings are the writings of James Moncrief. Then consider the Padgett Messages, and then The Urantia Book.**

Consider a 'profile' to be able to recognise the propensity for homelessness to unfold as well as all the social ills that may unfold:

### Profile of Indigenous Australians

<https://www.aihw.gov.au/reports/australias-health/profile-of-indigenous-australians>

Population size and location: In 2016, an estimated 798,400 Aboriginal and Torres Strait Islander people were in Australia, representing 3.3% of the total Australian population (ABS 2019b).

Among the Indigenous Australian population in 2016:

- 91% identified as being of Aboriginal origin (an estimated 727,500 people).
- 4.8% identified as being of Torres Strait Islander origin (an estimated 38,700 people).
- 4.0% were of both Aboriginal and Torres Strait Islander origin (an estimated 32,200 people) (ABS 2018a).

Based on the Australian Bureau of Statistics (ABS) projections, the number of Indigenous Australians in **2022 was estimated to be around 896,300**. The Indigenous Australian population is projected to reach about 1.1 million people by 2031 (ABS 2019c). Aboriginal population of Australia MoC 290

### Population – Australian Bureau of Statistics

<https://www.abs.gov.au> › statistics › people › population

Australia's population was **25,978,935 people** at 30 June 2022.

### Australia Population (2023) – Worldometer

<https://www.worldometers.info> › world-population › au...

The current population of Australia is **26,253,734** as of Saturday, January 21, 2023, based on Worldometer elaboration of the latest United Nations data.

Australian population overall

MoC 415

## Aboriginal Dreamtime Stories

MoC 280

Dr David R Hawkins, psychiatrist, published the Map of Consciousness (MoC) in "Power vs Force" and it is not a lineal scale, it is based on the common log of ten, a 10 point increase is 10,000,000,000 increase in energy. Anything calibrating under 200 is false, anti-life and just needs to be avoided, yet the majority of humanity calibrates under 200 – hence worldwide crime, stress, social issues, civil unrest and disasters prevail.

The Bible of Christianity calibrates around MoC 475. The Pascas Papers calibrate at a perceived level of truth of 880 to around 960, with a general potential level for truth of 1,480.

Once humanity collectively understands what has happened to them on the higher spiritual level, how the people have been controlled, and that it's over, that control is no longer controlling, it's just legacies of it, all of which the average person can deal with by destroying it in themselves, things will change markedly for the better. And as the people change, so too will how they want to live, it will be a great time of revolution, nothing will be the same. So what you are currently living through is the end of the Rebellion and Default, it literally is, and so once the end is fulfilled and the New starts, then all how it currently is and has been will cease to be.



Nanna Beth 3<sup>rd</sup> Celestial Heaven, John's grandmother, 20 March 2018

Our feelings are soul-based. Our soul is always in truth. It is our soul based feelings, that when allowed to be freely recognised, we will begin to express and be who we are. This takes time and perseverance as we have encrusted our souls with layers upon layers of errors and false beliefs, it is these layers that will confuse the truth that our soul is conveying to us. Only by our progression with our Feeling Healing will our soul's expression of truth become clear and free of all cloudiness and contamination.

Without looking to our feelings and wanting to uncover the **WHOLE** truth of them, we can't heal our errors of belief and injuries. It's as simple as that despite what anyone does with their emotions and feelings. And many people in their endeavours to heal themselves have done some real Healing, if they at any time looked to their feelings for their truth, and this truth would have been forthcoming. So humanity has gained a little truth over the years. However, because of the feeling-denying forces of the Rebellion and Default that have been in play for some 200,000 years, the level of truth has remained very low.

The New Way, living Feelings First – Feeling Healing – which is now being revealed, will have many people wanting to follow it, looking to their own feelings for their own true power and freedom. As a consequence, they will no longer want to be dictated to by bogus religions or politician's corrupt social and educational systems or deep state hidden controllers or mind spirits or anyone else.

The word "Feelings!" is written in a highly stylized, bubbly font. The letters are filled with a vibrant, multi-colored gradient (yellow, orange, red, purple, blue, green) and have a 3D, shadowed appearance.

**Our FEELINGS are our SUPREME GUIDES:**

Feelings are what guide us through our ascension of truth. So they are really our Supreme Guides. Many people look for a person, spirit, angel, even God, for supreme guidance, however it's all right there already built in – in our feelings. **We just have to submit to them, allowing them to take us where they will, expressing all the parts we want to express, letting the emotion drive that expression if it's there to be expressed, or just talking about all we feel and how feeling that feeling is making us feel – or, how we feel about having that feeling, all whilst longing for the truth of our feelings. Longing for the truth of our feelings is really: Longing for the truth of our self, because: we are our feelings. So life stirs up our feelings, we feel being alive; or, being alive means we are feeling, always feeling; and when we work out what and why we are feeling what we are, so then we know the truth of how we are. And over time the truth accumulates, and our mind expands our understanding of ourselves, all being driven from our feelings.**

Kevin, John's brother-in-law, 26 September 2017

Kevin died 10 August 2012, through Feeling Healing became Celestial on 7 August 2017

## The GOLDEN RULE

*Never interfere with another's will.*

*We are not to impose our will upon another!*

*One must always honour another's will as  
one honours one's own.*

**Our feelings are our truth.**

**By living outside of our feelings  
we bring about our difficulties!**

## **System Rebellion** and **Planetary Default**



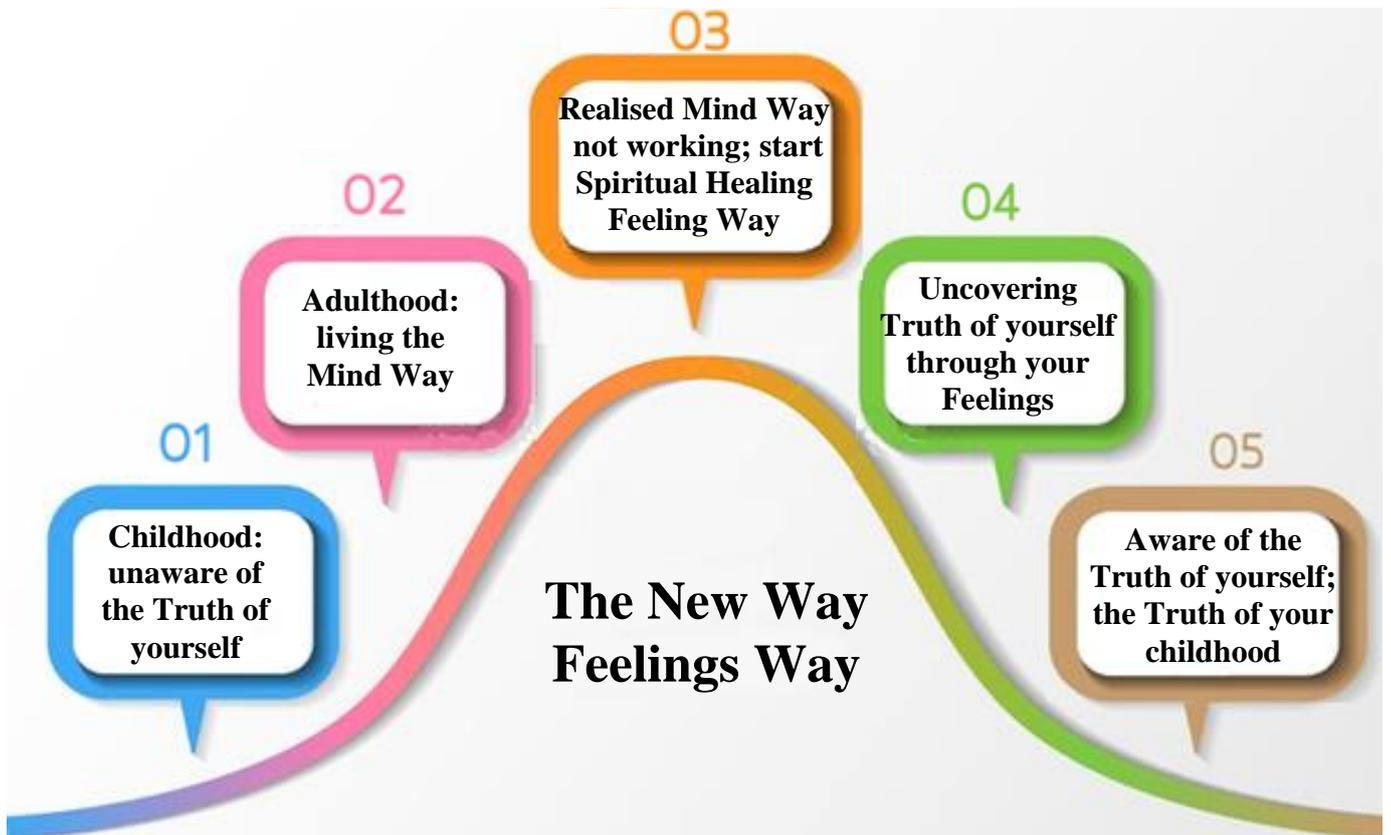
**BORN INTO**

If you are born before  
31 January 2018  
you are

**REBELLION**

To the extent that parents have healed themselves prior to conceiving a child, that child will now be free of those imposts of the Rebellion and Default through parents' Healing.

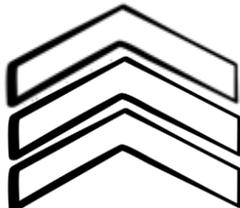
# THE GREATEST THREAT TO HUMANITY



**Celestial Truth:**

**Truly all-loving;  
Living true to oneself;  
Mind supporting Feelings;  
Living with the Divine Love;**

**Fully Healed of the Rebellion and Default.**



**THE FEELING WAY**

**Feeling – Ascendance  
Unlimited progression**

- Living true to your untruth;
- Honouring all your bad feelings;
- Expressing feelings to uncover their truth;
- Healing the Rebellion and Default within yourself;
- Feeling unloved; being unloving;
- Feeling as bad as you can feel;
- Feeling like you are no one special;
- Longing for the Divine Love.

**The CHOICE is OURS to MAKE:**

**THE MIND WAY**

**Mind – Transcendence  
Limited progression**

- Enlightenment, Nirvana, feeling all-loving;
- All false, mind-contrived. Anti-truth, anti-love;
- Still evolving the Rebellion and Default within yourself;
- Feeling and believing you are the Superior One;
- Living with your mind in control of your feelings;
- Living rejecting all your bad feelings;
- Living with your mind contriving you feel loved;
- Rejecting the Divine Love.



**All religions, New Age, agnostic,  
atheists, no spiritual interest,  
Living the Rebellion and Default.**

**Hell:  
Exploiting the Rebellion and Default.**

**The Feelings are the doer; the Mind the teller. So we are to go with our feelings, which we can't be told to do with our mind. So the longing for the Divine Love, doing our Healing by expressing our feelings and longing for their truth, are all feelings and doing it with longing. Whereas the mind just wants to tell us what to do and how to be, no feelings in it, all how our parents have treated us.**

# MAP OF CONSCIOUSNESS

Map of Consciousness from Dr David R Hawkins, M.D., Ph.D. "Power vs Force".

Level	Log
ENLIGHTENMENT	700-1000
PEACE	600
JOY	540
LOVE	500
REASON	400
ACCEPTANCE	350
WILLINGNESS	310
NEUTRALITY	250
COURAGE	200
PRIDE	175
ANGER	150
DESIRE	125
FEAR	100
GRIEF	75
APATHY	50
GUILT	30
SHAME	20

## PERSONALITY TRAITS:

Less than two dozen people on planet Earth.

Would not pick up a weapon let alone use it. These people gravitate to the health industry and humanitarian programs.

Debate and implement resolutions without argument and delay. 470

Debate and implement resolutions in due course. 440

Debate and implement resolutions with some degree of follow up generally needed. 410

Management supervision is generally necessary.

Politics become the hope for man's salvation.

Cause no harm to others starts to emerge. Power overrides force.

Illness is developed by those man erroneous emotions that calibrate 200 and lower.

Armies around the world function on pride. Force is now dominant, not power.

Harm of others prevails, self-interest prevails.

Totally self-reliant, not God reliant.

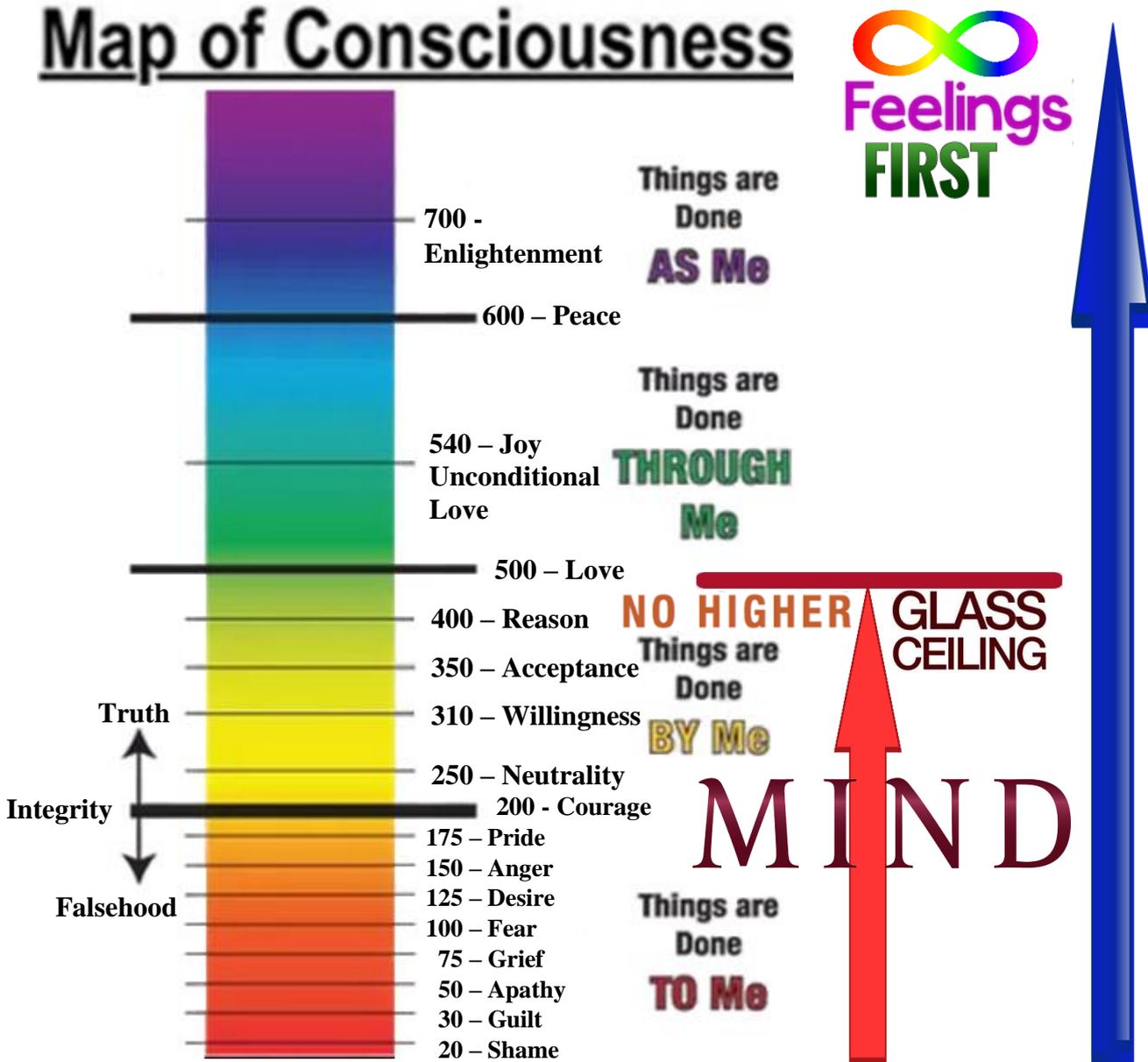
Fear dominates all motivation.

Suicide is possible and probable.

At these levels, seriously harming others for even trivial events appears to be justifiable.

Poverty, unemployment, illness, etc., this is living hell on Earth.

# Map of Consciousness



This outline of the Map of Consciousness spells out the fact that while we live Mind-Centric and ignore and suppress our Feelings we cannot pass 499 MoC. Our mind being in control, as we have all been indoctrinated to live, is a glass ceiling. Humanity cannot heal anything, cannot be spontaneous, has no intuitiveness, and is locked into living in the deep hell states. This is why people find themselves in abusive homes, domestic violence, housing stress, homelessness and gross difficulties of all kinds. This is why we are easily manipulated, embrace propaganda and are being controlled by a few.

Women are closer to their feelings and that is why the nursing profession hosts a lot of women who calibrate a little over 500. These women are the healers in hospitals.

By aspiring to live Feelings First we are each breaking the glass ceiling and opening our potentials to grow in truth and love not only to 1,000 MoC, but to infinity. This is our destiny.

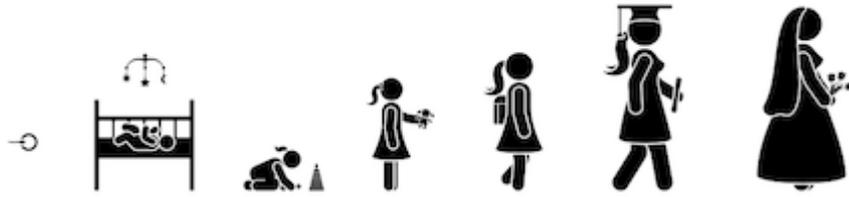
As communities embrace living Feelings First and having their minds to follow in supporting what their feelings are guiding them with, then ALL of the social ills of society will begin to mitigate. Please, do you comprehend the importance of what is being shared throughout this document?

### MAP of CONSCIOUSNESS CALIBRATIONS reflect the nature of the TOPIC:

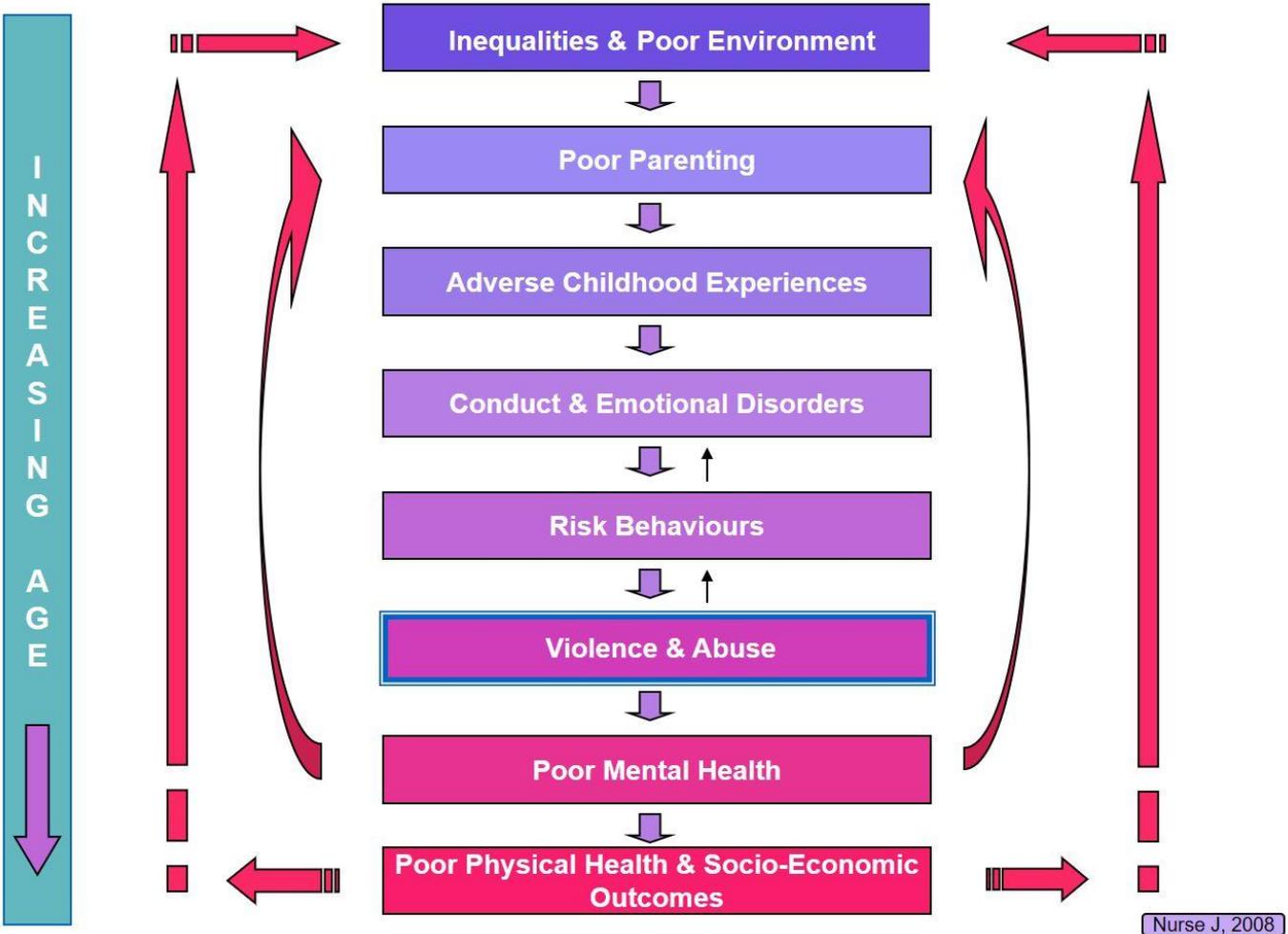
The level of truth of a topic or subject is reflected in the calibration through employing Dr David R Hawkins' Map of Consciousness with kinesiology muscle testing. A publication or movie about manufacturing food would be around 200, whereas meals prepared in a loving home would be around 500. The subject of pornography through to war would be less than 200, whereas natural love topics can readily be over 500 and up into the 800's plus. Material introducing Feeling Healing with Divine Love, by its nature, will range between 1,480 to 1,500 on Dr David R Hawkins' Map of Consciousness (MoC), in its purest form of presentation. This has never been previously achieved.

<b>MAP of CONSCIOUSNESS</b>	<b>MoC</b>	<b>calibrations</b>
God, our Heavenly Mother and Father	Infinity	Location being Isle of Paradise
Celestial Heavens peak	<b>1,500</b>	3 <sup>rd</sup> Celestial Heaven (10 <sup>th</sup> spirit Mansion World)
Feeling Healing / Divine Love teachings	1,480 – 1,500	3 <sup>rd</sup> Celestial Heaven spirit guided
Now at one with Heavenly Parents	1,081	1 <sup>st</sup> Celestial Heaven entry at Jerusem
Feeling Healing with Divine Love	1,080	7 <sup>th</sup> Divine Love transitional sphere to Heavens
Natural Love peak	<b>1,000</b>	6 <sup>th</sup> spirit Mansion World peak– can't go further!
Pascas Papers	880 - 920	Perceived truth – potential truth 1,480
Pascas WorldCare (as a platform)	880	5 <sup>th</sup> spirit Mansion World healing + Divine Love.
Lamsa Bible (minus the Old Testament and Book of Revelation, but including Genesis, Psalms, and Proverbs)	880	4 <sup>th</sup> spirit Mansion World equivalent being natural love orientated, the Bible is taking one away from truth – their soul based feelings.
Koran	700	4 <sup>th</sup> spirit Mansion World equivalent.
Torah	550	First five books of the 24 books of the Tanakh.
Cookies made for Family	520	Made with love (this supports cooking shows).
Enter EITHER natural or divine pathway	<b>500</b>	2 <sup>nd</sup> natural love OR 3 <sup>rd</sup> Divine Love spirit world.
Peak of mind total orientation	499	1 <sup>st</sup> spirit Mansion World peak.
King James Bible (from the Greek)	475	
Roman Catholic Church	450	Church (worldwide) – mind controlled – reason.
Home cooked sea fish + organic salad	410	
Home roasted free range chicken + salad	410	
Wine or Beer	330	(in moderation!)
Roman Catholicism administration	305	As an institution in year 2004.
Tea green	300	
<b>Humanity</b>	<b>212</b>	The population of the world overall.
Vegetarianism	205	
Muesli	205	Above 200 is pro-life – positive.
<b>Food</b>	<b>200</b>	<b>At this level and above food is life enhancing.</b>
Food, Commercial Category	192 – 202	Below 200 is anti-life – negative.
Food, Commercial Machine-made	188 – 200	Energy dense but nutrition poor.
Black Tea	185	Refining of most foods removes nutrients.
Percolated Coffee / Cappuccino / etc	165	
Corn Flakes	85	
Fish (living in ocean)	20	
Bacteria	1	

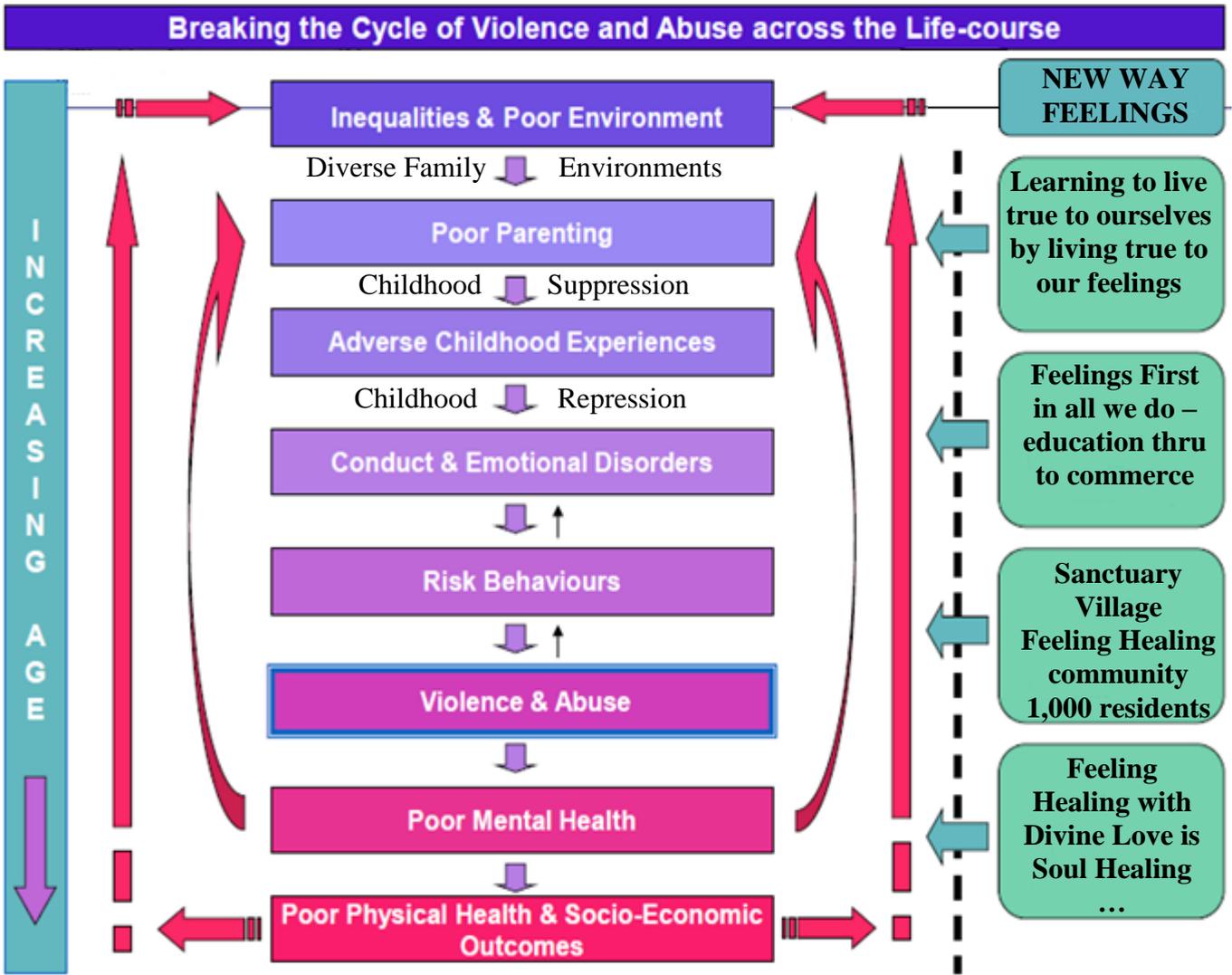
# LIFE IS FOR LEARNING



## The Cycle of Violence and Abuse across the Life-course



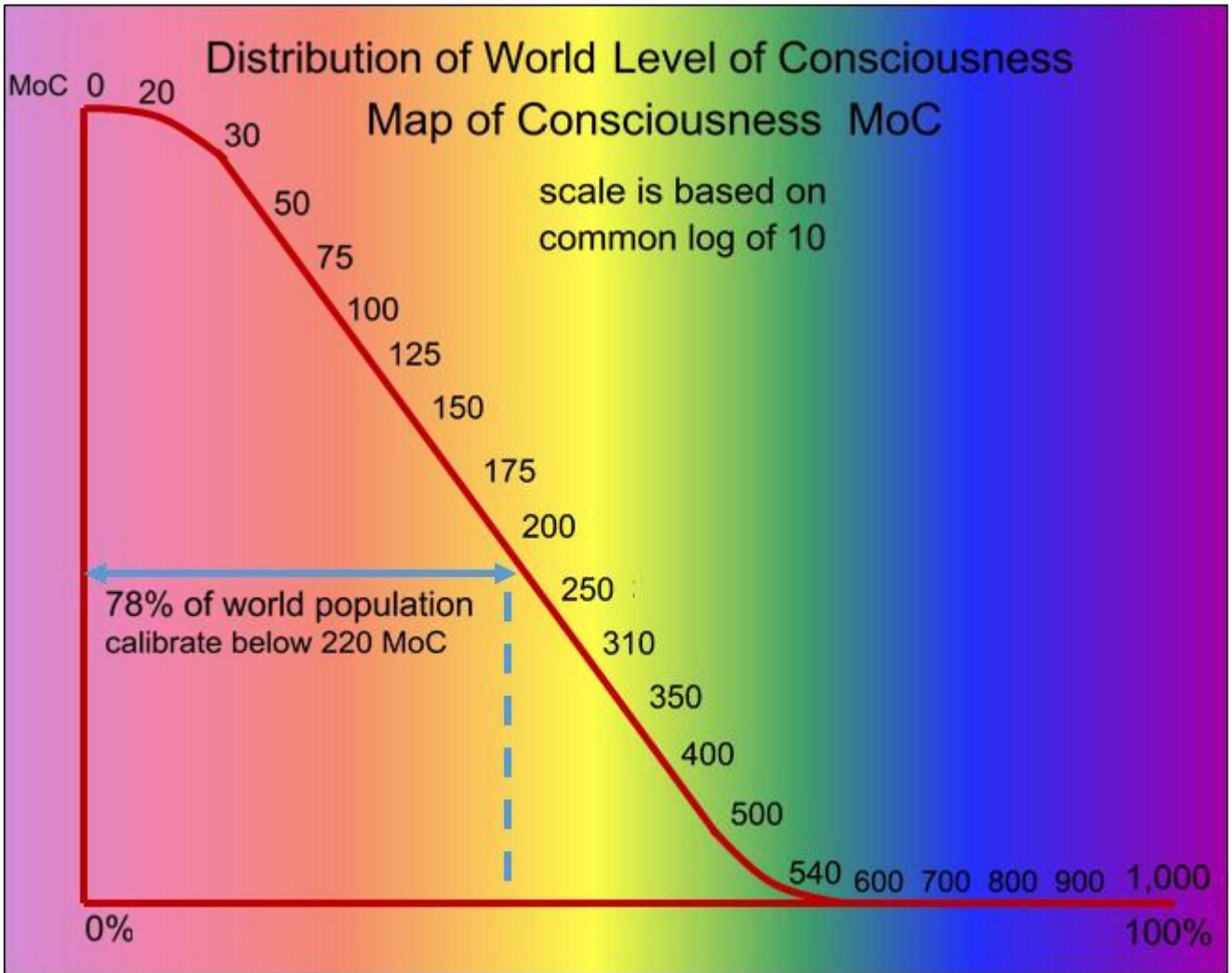
Seek **truth** from the cradle to the grave.



“The real KEY to our Healing is longing for the Truth, and that is the truth that will come from our feelings. If you don’t want the truth of what you are feeling, then you can forget it. You can express your feelings all day like a kettle letting off steam, however if you’re not seriously wanting, and longing hard, and praying with all your will to God to help you uncover and see the TRUTH that your feelings are to show you, then you can forget it. The expressing and releasing ARE just as important, however a little less than longing for the truth.”

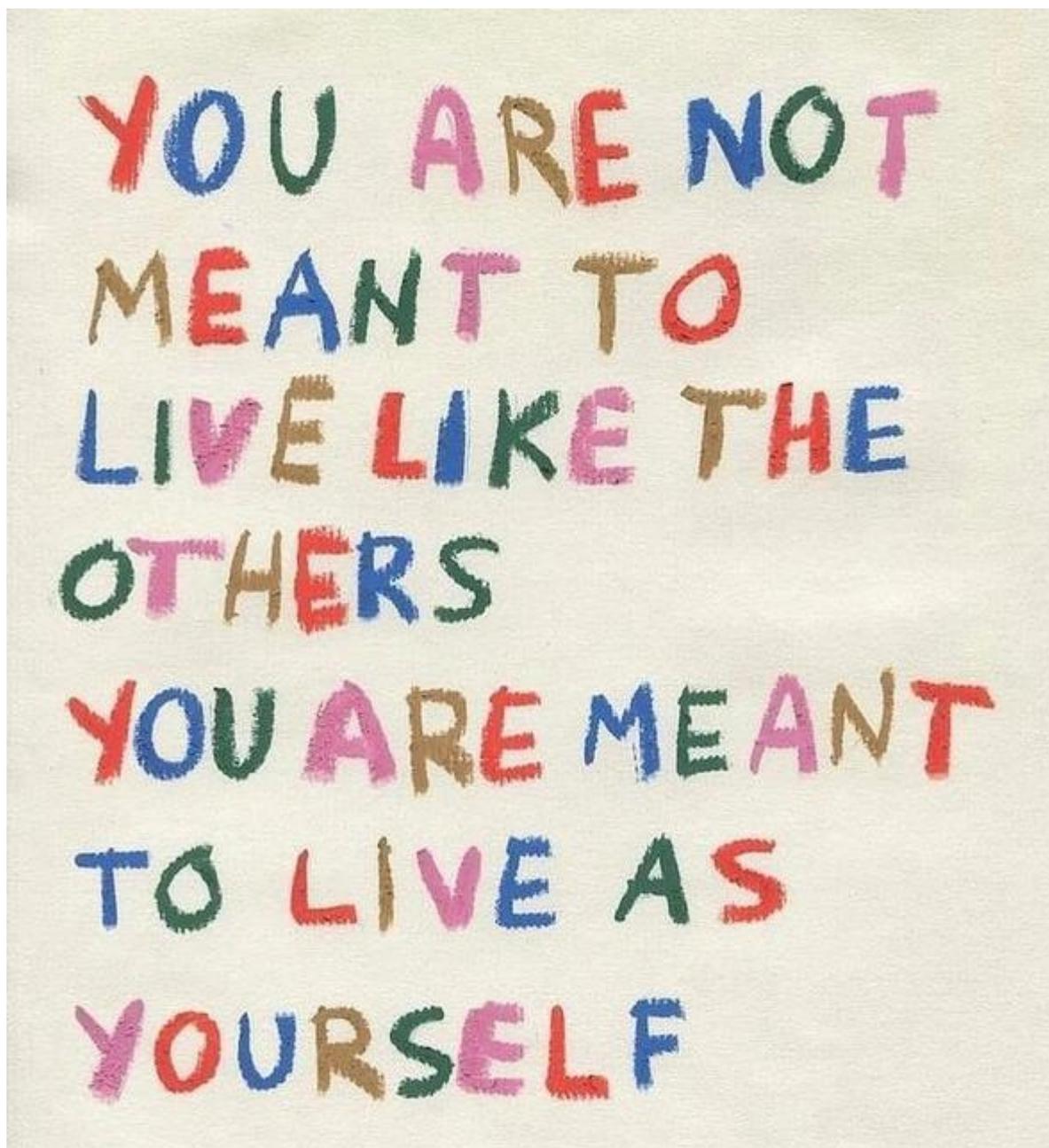
James Moncrief 28 May 2018





In contrast, Light Being, photo taken by Samantha McCabe on 1 May 2024 while walking in nature:





put children first

Put Children First



**Finally the fourth ape!  
He is the sum  
of the first three.  
He sees nobody,  
hears nobody,  
and speaks to nobody!**



**ONCE YOU KNOW -  
YOU CANNOT UNKNOW!**

Mary Magdalene

# Illness need not occur!

If you want to experience illness then ignore Childhood Suppression!

If you prefer to experience mental illness, cancer or any of the more than 10,000 illnesses, diseases, pains and discomforts, then continue with suppressing your emotional injuries and erroneous beliefs. That is, continue with suppressing your feelings and living mind-centric – just like how our parents and carers taught us to live.

The elephant in the room is our Childhood Suppression! Suppression of our true personality begins at the moment of our conception and relentlessly continues through to age of six years.

From conception we are being infused with our parents and carers emotional injuries and errors of belief. It is through the pattern of these emotional errors that we then go on and live our lives whilst manifesting our illnesses through these distortions to our soul light that circulates from and through our soul, spirit body and physical body and back.

We are to change the way we live. We are to aspire to living Feelings First. Then we are to embrace our Feeling Healing. We are to express our Feelings, both good and bad, to a companion, whilst all the time longing to know the truth behind those feelings and also then express them – layer after layer. The truth that comes up in us from our feelings allows us to perceive, so ‘see’ deeper into ourselves and each other.

We are to replace in some way all the gunk (withheld emotions and erroneous beliefs) that are clogging up our mind. One feeling leads to another, like a cascade of feelings with us falling deeper and deeper into ourself. We will always come to understand a little more with each feeling being expressed.

When we are completely healed of our Childhood Suppression we have no further need to experience illness, diseases, pain, discomfort or mental illness. This we can achieve while living in the physical!

We created our illnesses and social issues by being in Rebellion against ourselves, our soul and our Heavenly Mother and Father. Now we can step away from this hellish way of living!





to example parents like these

**ANGER**



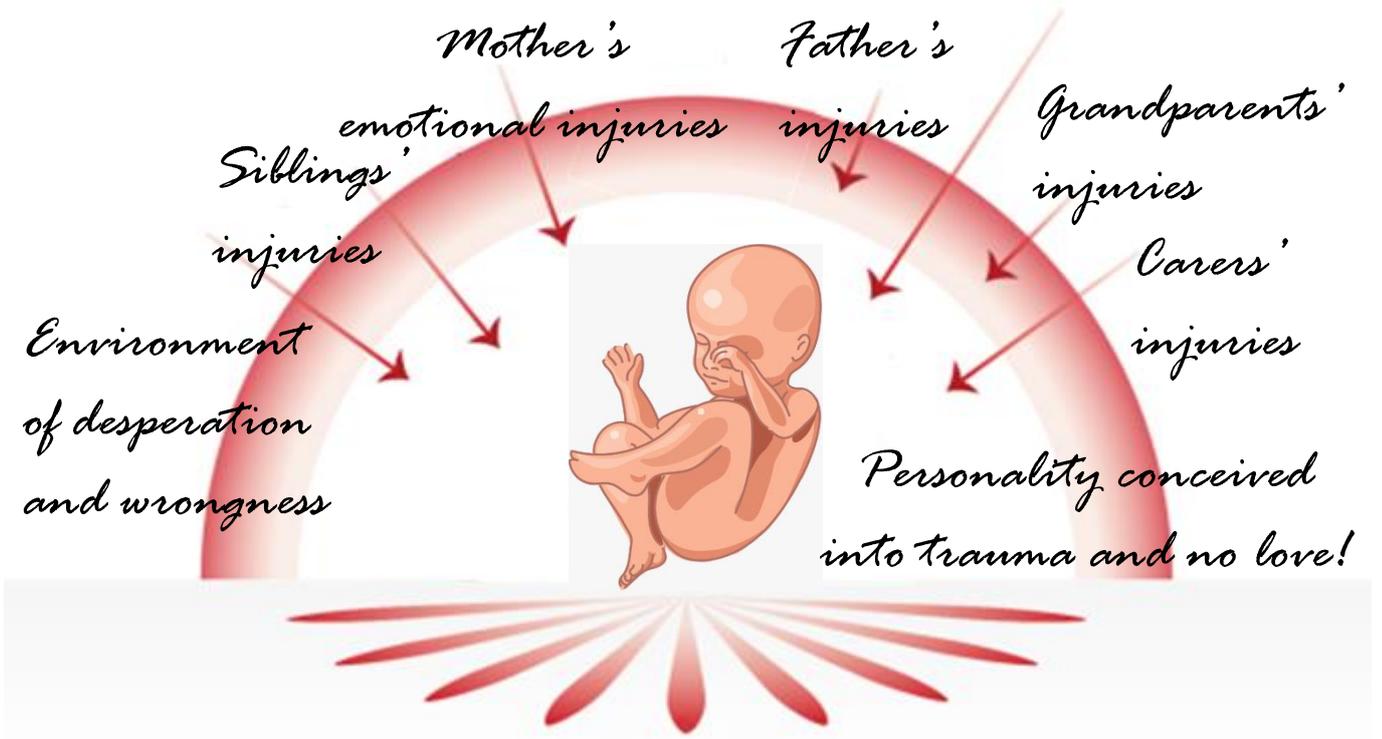
- |             |           |             |            |        |
|-------------|-----------|-------------|------------|--------|
|             | ANXIOUS   | ANNOYED     |            |        |
| SAD         | CONFUSED  | OVERWHELMED |            |        |
| EMBARRASSED | SCARED    | GUILTY      | STRESSED   |        |
| REJECTED    | INSECURE  | HURT        | FRUSTRATED | LONELY |
| NEGLECTED   | JEALOUS   | TIRED       | GRUMPY     |        |
| WORRIED     | SURPRISED | DISGUSTED   | BORED      | SHY    |



# PARENTS

## 78% calibrate under 220

MAP OF CONSCIOUSNESS					
God-view	Life-view	Level	Log	Emotion	Process
Self	Is	Enlightenment	700 1000	Ineffable	Pure Consciousness
All-Being	Perfect	Peace	↑ 600	Bliss	Illumination
One	Complete	Joy	↑ 540	Serenity	Transfiguration
Loving	Benign	Love	↑ 500	Reverence	Revelation
Wise	Meaningful	Reason	↑ 400	Understanding	Abstraction
Merciful	Harmonious	Acceptance	↑ 350	Forgiveness	Transcendence
Inspiring	Hopeful	Willingness	↑ 310	Optimism	Intention
Enabling	Satisfactory	Neutrality	↑ 250	Trust	Release
Permitting	Feasible	Courage	↑ 200	Affirmation	Empowerment
Indifferent	Demanding	Pride	↓ 175	Scorn	Inflation
Vengeful	Antagonistic	Anger	↓ 150	Hate	Aggression
Denying	Disappointing	Desire	↓ 125	Craving	Enslavement
Punitive	Frightening	Fear	↓ 100	Anxiety	Withdrawal
Disdainful	Tragic	Grief	↓ 75	Regret	Despondency
Condemning	Hopeless	Apathy	↓ 50	Despair	Abdication
Vindictive	Evil	Guilt	↓ 30	Blame	Destruction
Despising	Miserable	Shame	20	Humiliation	Elimination



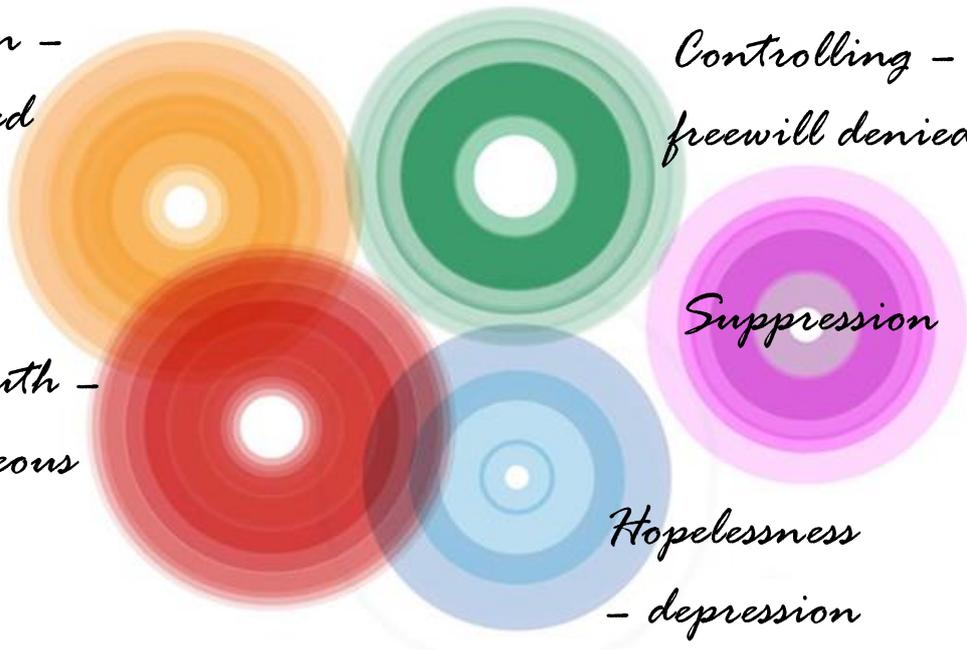
Rejection - unwanted

Controlling - freewill denied

Untruth - erroneous beliefs

Suppression

Hopelessness - depression



**SOME NUMBERS:**

Currently, each year we have:  
 130 million live births  
 73 million abortions  
 25 million or so miscarriages

228 million conceptions /  
 incarnations per annum.

6.5 million child deaths per  
 annum. About 5% of those born do not  
 make adulthood.

123.5 million of those incarnated  
 make it to adulthood.

55% of those incarnated make it  
 to adulthood.

45% of those incarnated do not  
 have an adulthood life experience.

Natural love and divine love, and indeed  
 soulmate love are quite different energies.  
 Soulmate love is not natural sexual love.  
 Soulmate love is the only natural love that  
 matures and continues with us into the  
 Celestial Realms being beyond the 8<sup>th</sup>  
 sphere.

Just to step back a little to the above  
 statistics. For each abortion there are at  
 least two adults involved. As there are 44  
 million abortions each year, then 88  
 million adults may be involved in that  
 process. That indicates that every live  
 birth, well it is more – 110% of adults –  
 become participants in abortion.

Further, the number of reported abortions  
 are an under estimation of actual events.

**The demonstration of love for children is apparent in as much as nearly one half of all conceived children do not survive early childhood due to the lack of love coming from their parents. Further, it is the emotional injuries and erroneous beliefs of parents that directly impede the circulation of soul light through the spirit body of the foetus and the physical foetus thus distortions occur in the energy circulation bringing about deformations and illness in the newly emerging child. Miscarriage is a consequence of this function. We, as parents, bring upon the child all of its issues throughout its life due to our own lack of healing. This is why this curriculum for the awareness of Feeling Healing is being introduced! We NOW can address ALL of the social issues confronting humanity worldwide. These revelations have never been understood previously in their entirety as they now are.**

**Global estimates of INDUCED ABORTIONS:**

	1995	2008	2024
World	45,600,000	43,800,000	73,000,000

<http://www.mswm.org/abortions.worldwide.abortionstatistics.htm>

**BABIES born Each Year; 130,000,000**  
**It is estimated that there are approximately 130 million babies born throughout the world each year.**  
[http://answers.ask.com/Society/Other/how\\_many\\_babies\\_are\\_born\\_each\\_year](http://answers.ask.com/Society/Other/how_many_babies_are_born_each_year)

**Miscarriage reportedly occurs in 10 percent of all pregnancies. This may be an inaccurate number. However, many women, before realizing a life has begun forming within them, may miscarry without knowing it. Therefore, the miscarriage rate may be closer to 20 or 25 percent.**  
<http://www.allaboutlifechallenges.org/miscarriage-statistics.htm>

**World murder rate: 7.6 per 100,000 people per year.**  
**The NUMBERS: Violent deaths worldwide, 2004:**

Total:	740,000
Homicide:	490,000
Indirect consequence of war:	200,000
In war:	50,000

[http://www.dlc.org/ndol\\_ci.cfm?kaid=108&subid=900003&contentid=255032](http://www.dlc.org/ndol_ci.cfm?kaid=108&subid=900003&contentid=255032)

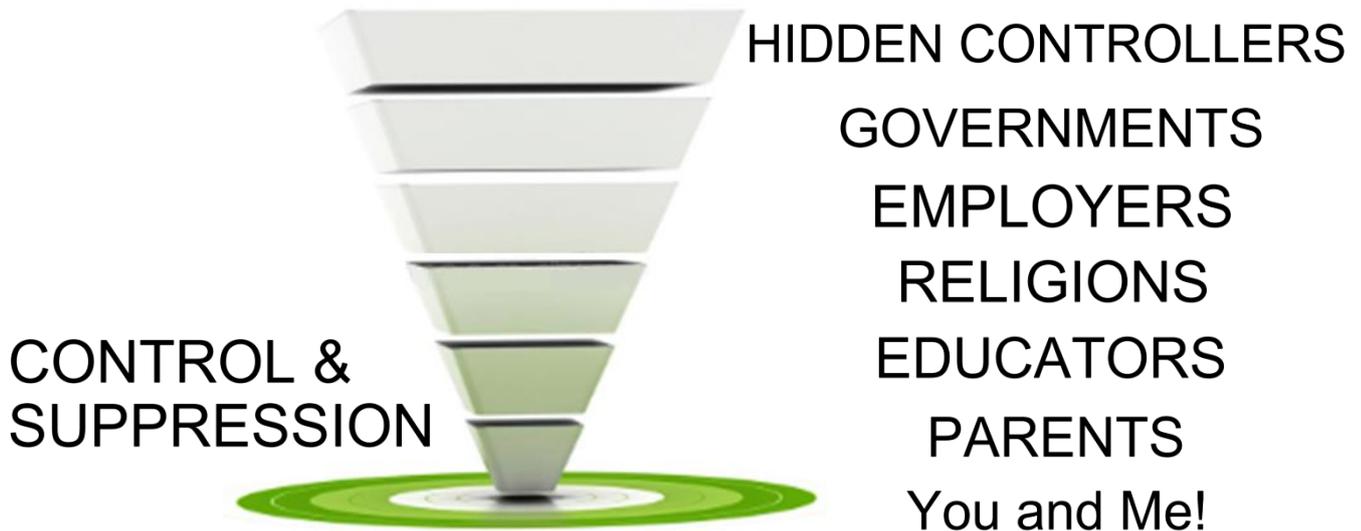
**Over one million people die by suicide every year.**  
**There are an estimated 10 to 20 million non-fatal attempted suicides every year worldwide.**  
<http://en.m.wikipedia.org/wiki/Suicide>

**DEATHS worldwide per annum: 60,000,000**  
**Pollution causes about 40% of deaths worldwide, i.e., are caused by water, air and soil pollution.**  
<http://www.sciencedaily.com/releases/2007/08/070813162438.htm>



## CONTROLLED from the MOMENT of OUR CONCEPTION:

Thus, from the moment of conception we are controlled in a manner that suppresses our true personality and imposes barriers against true individuality, spontaneity, intuitiveness and wonderful progress in our potential.



**HIDDEN CONTROLLERS** – both in the Physical as well as Spirit

**GOVERNMENT** – Local, State and Federal plus world governing bodies

**EMPLOYMENT** – All forms of employment, even when self-employed

**RELIGIOUS & SPIRITUAL** – These are all centres of control, all promote living through the mind

**EDUCATION** – The notion of feelings is yet to be recognised at any level sufficiently

**PARENTHOOD** – Parents have no understanding of Living Feelings First

### The Elephant in the room is CHILDHOOD SUPPRESSION!

From the moment of our conception we are absorbing our parents' emotional injuries and errors of belief. This continues relentlessly through to when we are six years of age. By then we are reflecting the personality of one or the other of our parents, should they be differing between themselves. Thus, the issues from a generation continue for generation to generation.

This flows through to all segments of society. Our minds are addicted to control, control over others and of our environment. Further, our mind cannot discern truth from falsehood, it is also addicted to untruth. We have all been misguided to live through our minds and to ignore and suppress our feelings. It is our feelings that are always in truth, our feelings are our source of truth.

We are now to consider and embrace living feelings first with our minds following in support.

This is the Great U-Turn!



## WE ENDURE FOUR LAYERS of PERSONALITY SUPPRESSION!



Unknowingly, our parents pass onto their children (us) their beliefs and way of living that has evolved since the Rebellion, some 200,000 years ago, and then the Default, some 38,000 years ago. In this way, humanity is suppressing the female, rejecting our Spiritual Parents, namely Jesus and Mary, and denying our Heavenly Parents being our true Mother and Father, of Their truth, standing and existence.

**The Rebellion is against love, the Default is all the difficulties we have in our relationships because of our rebellion. Healing the Default is becoming true, to ourselves and in our relationships, and ending our unlovingness – our rejection of love, so ending the Rebellion.** Nanna Beth 29 June 2017



We are souls, our personality is an expression of our soul. It is our free expression of our soul through our feelings that we are to embrace and follow. This expression may appear to be wilful in nature, from time to time, and consequently our parents' attempt to suppress this expression. They proceed to remodel us when as young children, in the manner their parents treated them and so on for many generations going back.

During our forming years, as a child, we are unable to recognise the suppression of our personality as being extra-ordinarily harmful to our soul based personality and, accordingly, we don't know that things can be any other way. Presently, neither do our parents.



This childhood suppression way of living continues throughout our schooling years, thus we learn this is a way of life that is normal.



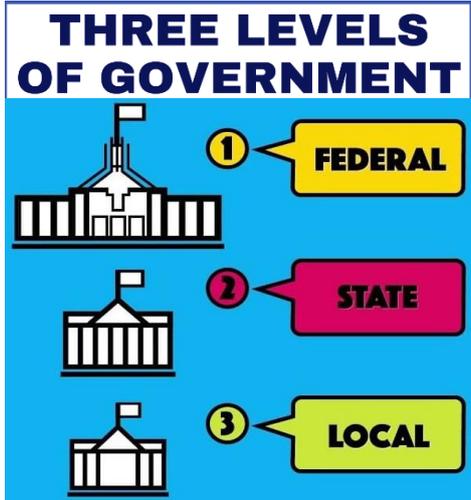
Our religions all have been formed based on the tenets of the Rebellion and Default. The teachers and leaders throughout all denominations take us further away from our suppressed feelings that have been hammered into us during our forming years, thus entrenching us further into rejecting our true selves.



The controlling and suppression mechanisms of our parents, educators and spiritual teachers all manifest throughout all of commerce. This control comes heavily and brutally down upon all levels of employment. The capability to express one's soul based attributes and gifts is sealed throughout all of one's working life.

A new way of living is to enable the liberation of one's true personality through the Feeling Healing process AND the transfer of authority to the individual via embracing freedom of expression.

**BUT THERE ARE FURTHER LAYERS OF CONTROL!**



Federal, state and local governments impose their 'rule' upon the people that appoint them to serve these very same people!

Instead of assisting their people, governments at all levels impose restrictions and controls.

The same people who 'elect' the members of parliament do not

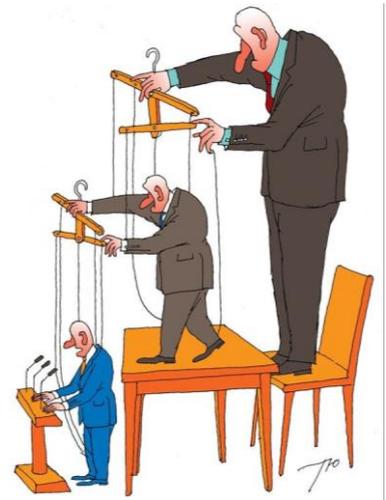
realise that the 'nominees' are often puppets of hidden controllers.

**GOVERNMENT**  
 Derived from the Latin verb **Guverno, Governare** meaning "To Control" & the Latin noun **Mens, Mentis** meaning "Mind"  
**To Control The Mind**

**HIDDEN CONTROLLERS**



'Heads of society' are considered leaders. The 300 Bilderberg Club members are (short term) leaders throughout the world, but these are controlled by some 30 families (medium term), who are in turn are manipulated by 12 (long



term) families. All of this is managed and imposed by global secret society networks under the direction

**CONTROL DISRUPT**

of the 12 long term chairman.



families and their

Since 31 May 1914, Celestials have been progressively introducing high level truths to humanity that have been prevented from sharing for thousands of years. From 31 January 2018, Celestials have been disrupting the hidden controllers on Earth and slowly bringing about their manipulation and suppression of Earth's humanity.

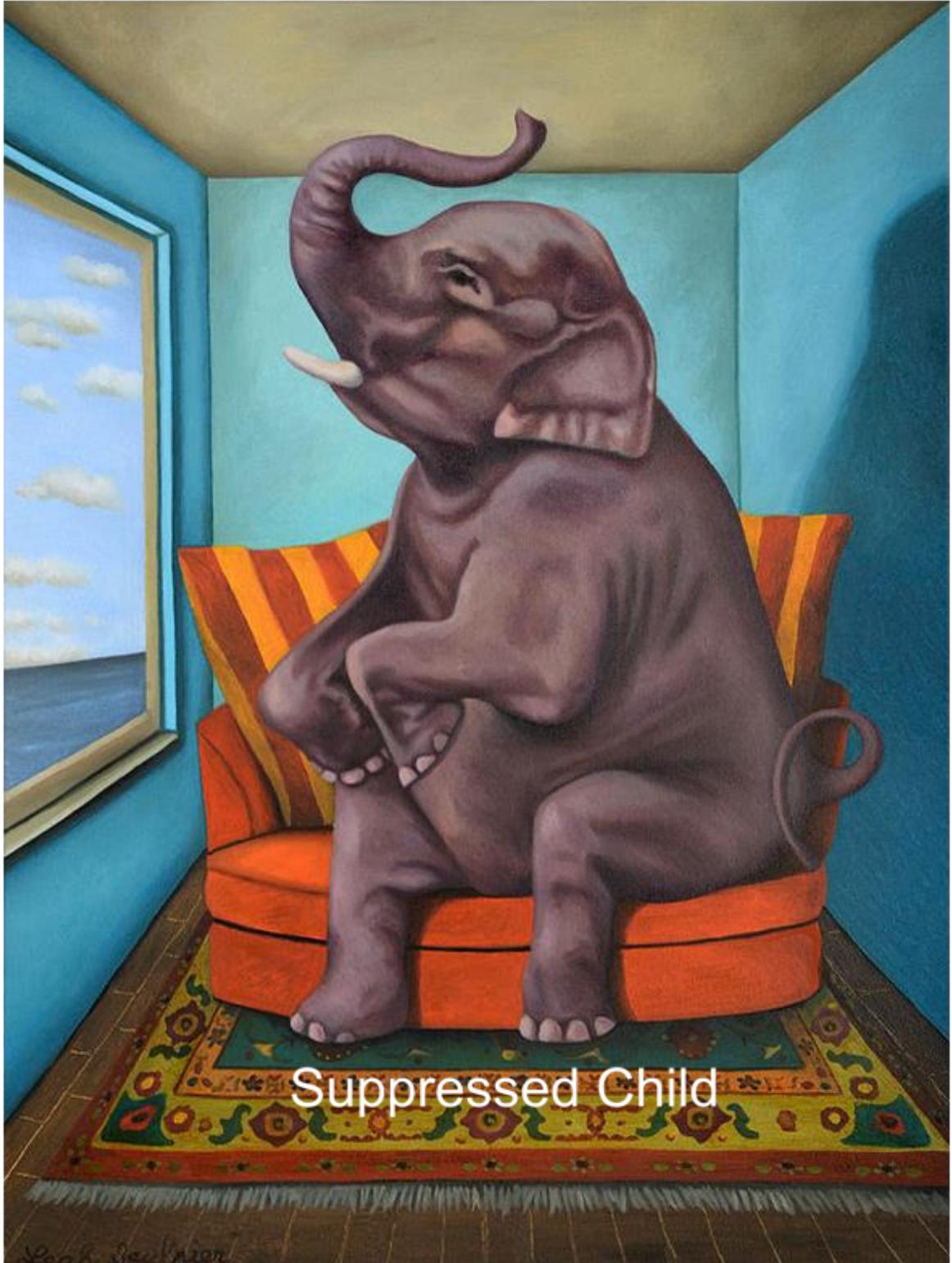
**Negative Spirit Influence blocked**  
 22 March 2017  
**Law of Compensation quickening**  
 22 May 2017



**Rebellion and Default officially ended**  
 31 January 2018  
**Great U-Turn now ready for mobilisation**  
 22 July 2023

<b>GOVERNMENTAL RESTRAINT upon its PEOPLE</b>					
<b>Nation</b>	Map of Consciousness (MoC)	Population Number (2024)	<b>Parliament</b>	MoC (2024)	Elected Number
Angola	80	37,800,000	National Assembly	220	220
Argentina	280	46,000,000	Federal Parliament Senators (upper house) Deputies (lower)	310 320 300	329 72 257
Australia	410	27,000,000	Federal Parliament Senate (upper house) Representatives (lower)	380 380 380	227 76 151
Caribbean OECS Dominica Com	280	11,000,000 73,400	Government Dominica Com Opposition	340 335	32
China	305	1,425,000,000	Politburo Standing Committee Politburo Central Committee Congress	280 285 290 295	7 24 200 2,000
Colombia	320	52,200,000	Parliament Senate Chamber of Representatives	344 344 332	296 108 188
Eritrea	180	5,800,000	Dictatorship	315	none
European Union	380	451,000,000	Parliament	335	705
India	370	1,436,000,000	Parliament Council of States (upper) House of People (lower)	400 410 390	788 245 543
Indonesia	220	280,000,000	Parliament Regional Rep Council Peoples Rep Council	288 295 280	711 136 575
Philippines	225	119,000,000	Senate Representatives	291 299	24 316
Russia	320	144,000,000	Federal Assembly Federation Council (upper) State Duma (lower)	305 310 300	620 170 450
Tanzania	200	68,800,000	National Assembly	290	393
Ukraine	330	38,000,000	Verkhovna Rada	300	450
United Kingdom	420	68,000,000	Parliament UK House of Lords UK House of Commons	390 380 400	1,433 783 650
United States of America	405	341,000,000	USA Congress Senate House of Representatives	380 365 390	535 100 435
Zimbabwe	100	17,000,000	Parliament Senate (upper) National Assembly (lower)	260 260 260	360 80 280
<b>World overall</b>	220	8,100,000,000			

# Childhood Suppression is the elephant in the room!



# Childhood Suppression

The soul does it all. The soul is a duplex, two personalities being manifested into the physical by our soul.

Soul light continually flows from the soul through our spirit body levels and into our physical.

Return light being the experiences of our physical existence.

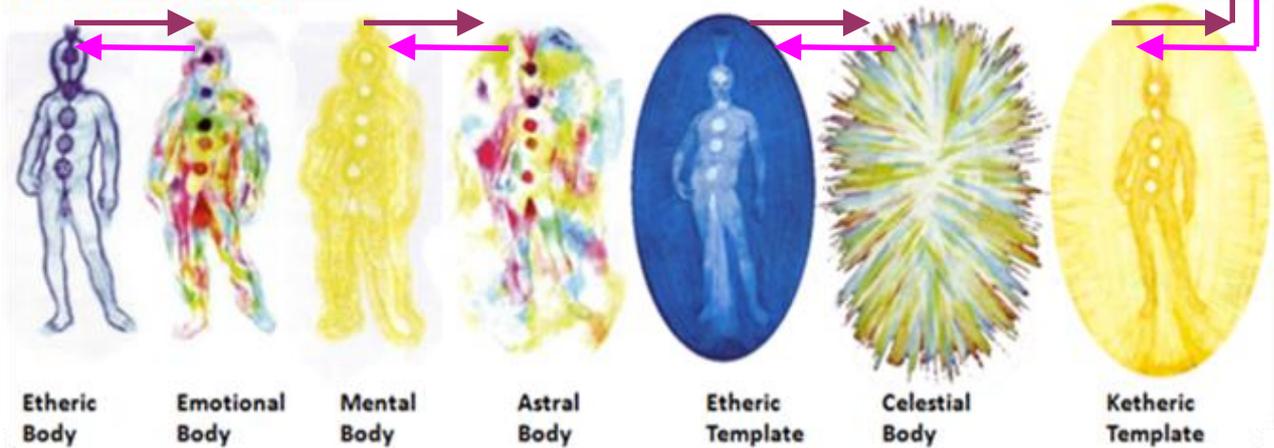
## SOUL



Childhood suppression imposed upon us by our parents and carers causes retarded light to return to our soul bringing about imbalance, reflecting emotional injuries and errors of belief. This imbalance is the cause of all our difficulties throughout our adult life and also all of our health issues.

## SPIRIT BODY

### Brennan Model of the 7 Levels of the Human Energy Field



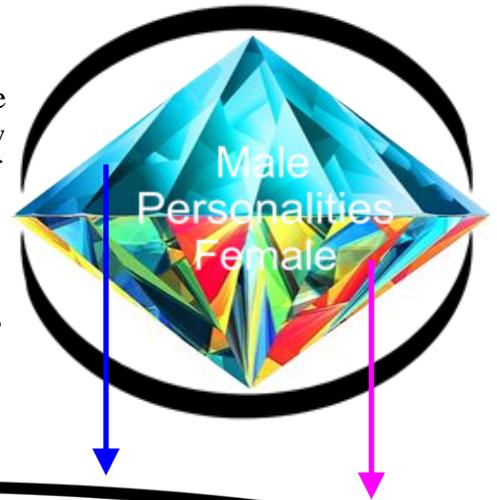
Every experience is recorded through the light returning through our spirit body and back to our soul. What emotional injuries we experience, commencing from conception, has to be expressed emotionally to heal the imbalance in soul light so that harmony and health can be achieved in our spirit and physical bodies. Childhood Suppression is the underlying cause of disease, illness, etc.



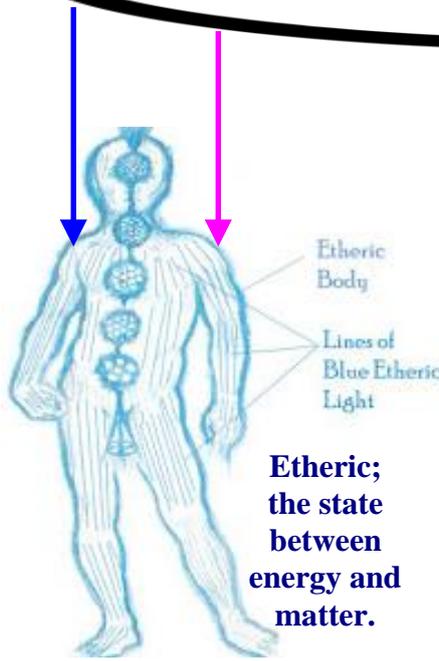
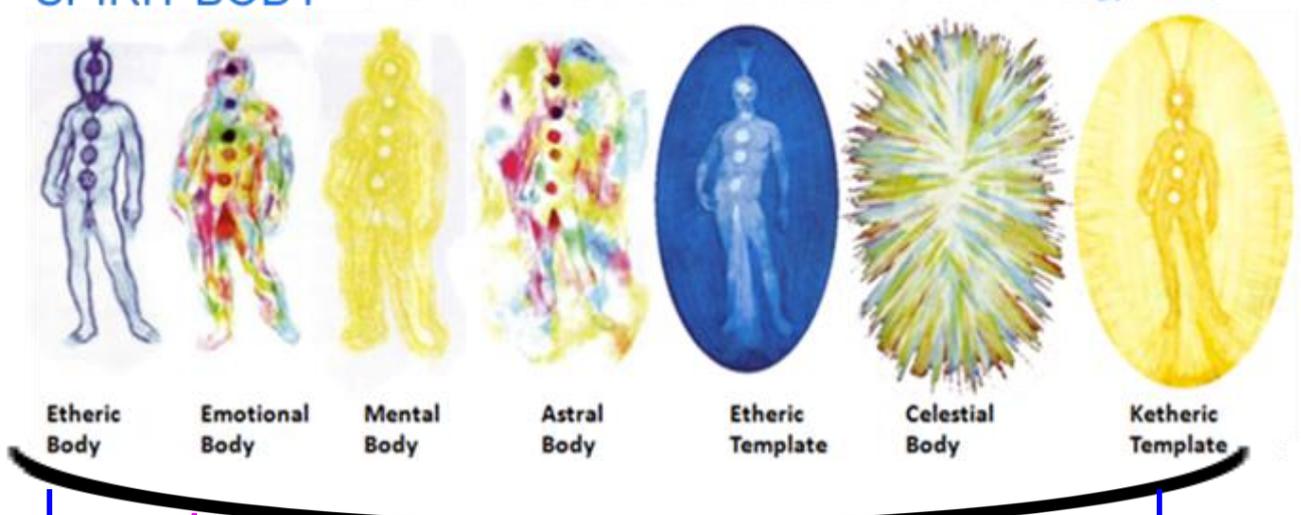
# Childhood Suppression



Childhood Suppression – from conception to age six years – harmfully encrusts the soul, thus impeding light flow throughout all seven layers of the spirit body, damaging the genes within the spirit body which in turn damages the genes in the physical body, as well as setting the pattern for all of our physical health issues throughout our lives.



## SPRIT BODY Brennan Model of the 7 Levels of the Human Energy Field



**Etheric; the state between energy and matter.**

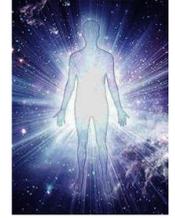
The spirit etheric body is the template for our physical body, however, no health care system or science considers that the underlying cause of any health issues are formed through our Childhood Repression and that no physical healing occurs without expressing our childhood suppressions, being feelings both good and bad and then longing for the truth behind these injuries. Medicine may suppress the pain – it does not and cannot cure – vaccines are extreme physical suppressions!



**The pain from ANY illness will not exceed the pain experienced during our Childhood Suppression!**

## Living Feelings First growth potential is

Our Feelings are our Supreme Guide! Truth is found through our feelings, we are to long for the truth about what our feelings draw our attention to. Our soul based feelings are always in truth. We are fully self-contained. This simple fact has been hidden from us for 200,000 years while our hidden controllers, the evil ones, kept us under their selfish controlling agenda.



Living through our feelings first with our minds to follow in assisting with what our feelings guide us to consider is a rewarding, freeing and vibrant life. Whereas we all have been retarded through living mind centric.

Living through our Feelings First, the New Way, and longing for truth of what they are to reveal, expressing what we feel, both good and bad, will enable us to progress through the Feeling Healing Mansion Worlds while living on Earth. With Divine Love we will be fit to enter the Celestial Heavens and then progress through all the Celestial Heavens of our local Universe of Nebadon and then onwards to Havana and Paradise, the home of our Heavenly Mother and Father.

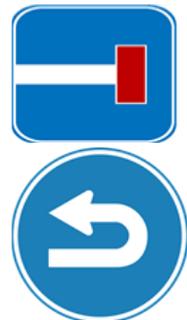
Not only will we progress beyond 1,000 MoC when transitioning into the 1<sup>st</sup> of the Celestial Heavens, by the time we reach Paradise we will have progressed to what could only be described as infinity – well not quite – but we will be truly awesome in our evolution and development.

## Living mind-centric limits growth to 499 MoC

We all live through our minds! We all suppress and ignore our feelings. This has been how we have been led to live by high level spirits who had ambitions of self-glorification to our detriment. These wayward spirits had allusions of expansionary empowerment and they needed Earth's humanity as their foot soldiers! Through their deceit, we would continue to live in spirit as we do on Earth without any prospect of progressing out of the spirit mind Mansion Worlds.

Should we continue with aspirations in the perfecting of our mind then we can progress from the 1<sup>st</sup> spirit Mansion World to the 2<sup>nd</sup> mind spirit Mansion World, then 4<sup>th</sup> and finally 6<sup>th</sup> mind spirit Mansion World to a dead end. In these higher worlds we may appear to be guru type personalities but we have gone further away from God – we have then perfected our evilness!

The mind can even stave off the time when the Law of Compensation is addressed.

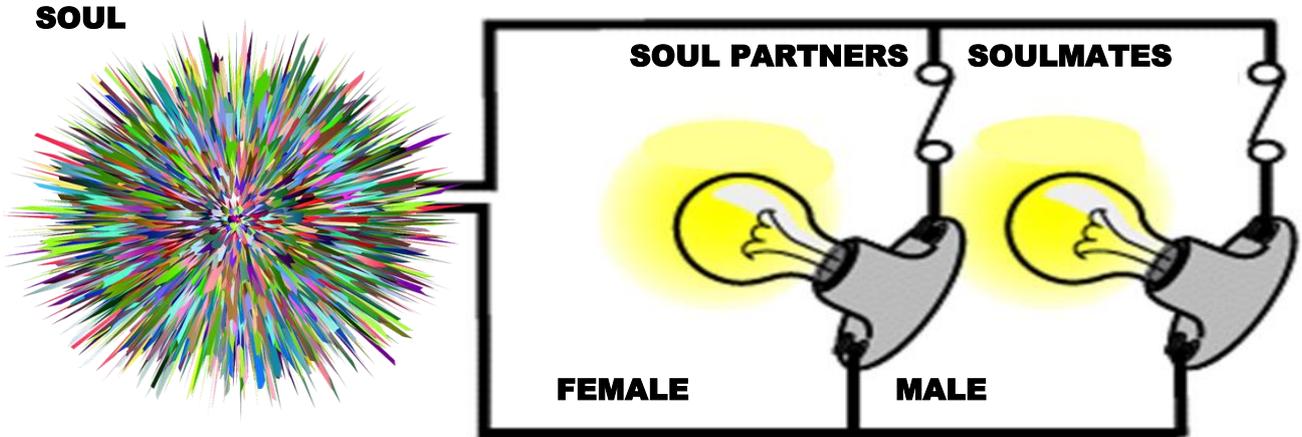


A U-Turn is required and then one would commence embracing their feelings and progress through the Feeling Healing Mansion Worlds 3, 5 and 7. With Divine Love then on completion of the 7<sup>th</sup> spirit healing Mansion World process we transition to the 1<sup>st</sup> of the Celestial Heavens.

While we suppress and ignore our feelings we are living in hell and putting ourselves through untold misery, pain and suffering when we can achieve healing to the level that we are living as Celestials while in the physical on Earth!!!

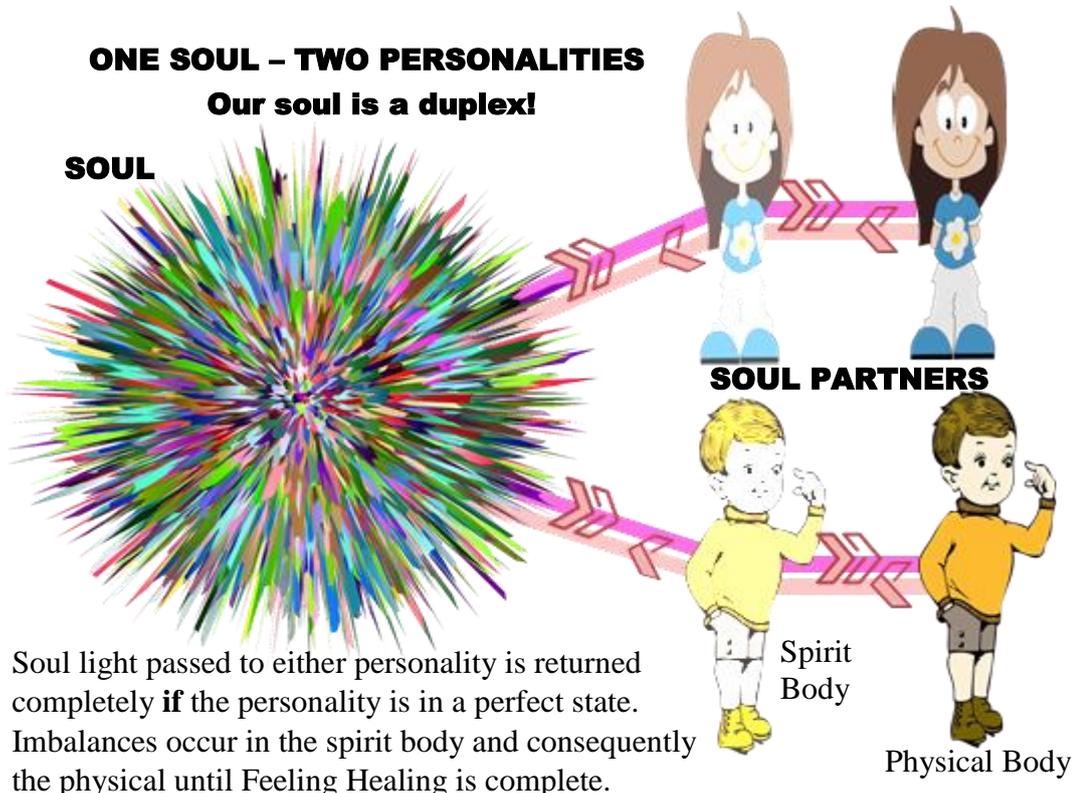
# Health of all of Our Bodies

**SOUL LIGHT emitted is to be BALANCED by the LIGHT RETURNED!**  
**Two separate personalities on parallel 'circuits' having the same soul. What impacts one personality does not impact the other personality.**

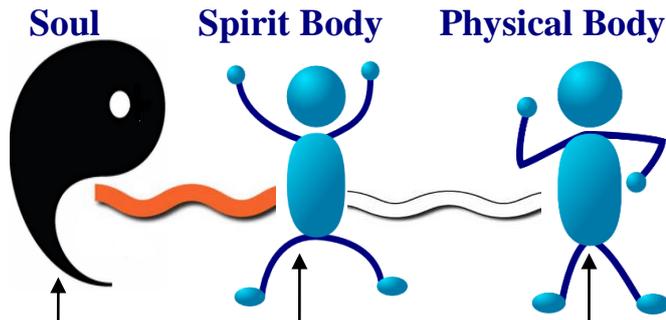


The elephant in the room is our Childhood Suppression, from conception through to age six years. This impedes the circulating flow of soul light thus bringing about imbalances throughout our spirit and physical bodies. This manifests as discomfort, pain, illness and disease throughout our lives. All 10,000 identified diseases are of the consequence of Childhood Suppression in its numerous formats.

We are to express our feelings, both good and bad, to a companion who is open to hear what is coming to surface for us. We are to long to know the truth behind those feelings. What enters us emotionally is to be expressed emotionally. This is our Feeling Healing. This is the one and only pathway to bring about healing and harmony throughout all of our bodies, including physical.



## HIERARCHY of HEALING SYSTEMS



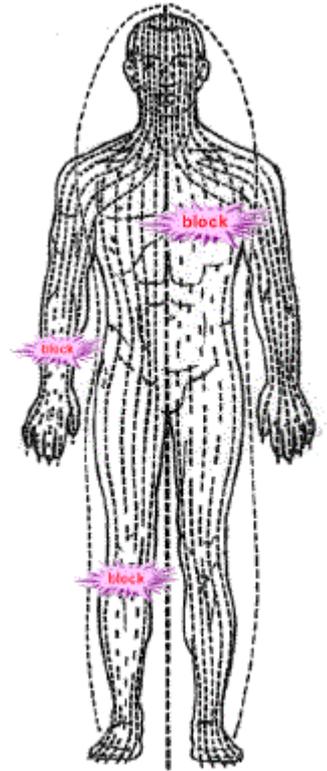
**ALLOPATHIC** – Western Medicine treats the symptoms, is highly regulated and costly as it is cost driven. Symptoms are suppressed – no healing!

**ENERGY HEALING** – Eastern Therapies also treat the symptoms with the assistance from natural love spirits from the realms up to the 6<sup>th</sup> spirit Mansion World.

Therapy applied to the spirit body is through an energy therapist who may work on the chakras, whereas a chiropractor works on the physical body. Such types of therapy deal with the effects and ignore the soul and the causes – temporary healing.

**FEELING HEALING** – **EMOTIONAL EXPRESSION** addresses the cause. Soul level clearing and growth provides permanent solutions whereas the other two systems provide temporary relief.

If we focus on our childhood suppression, that is the commencement on our pathway home to our Heavenly Parents. Improving our soul condition is the ultimate goal.



### REBELLION and DEFAULT formally ended 31 January 2018:

All in keeping with the **outworking of the Rebellion and Default**. Humanity is so shut off to anything that one's feelings provide, we are all but minds robotically carrying out instructions; nothing is fluid, intuitive nor feeling-free. Our whole world can't change as it is, because everyone and everything is so bogged down in the mire of artificial laws and procedures.



**WE'VE BEEN SCREWED BY  
LUCIFER REBELLION**

**Meltima  
Roto**

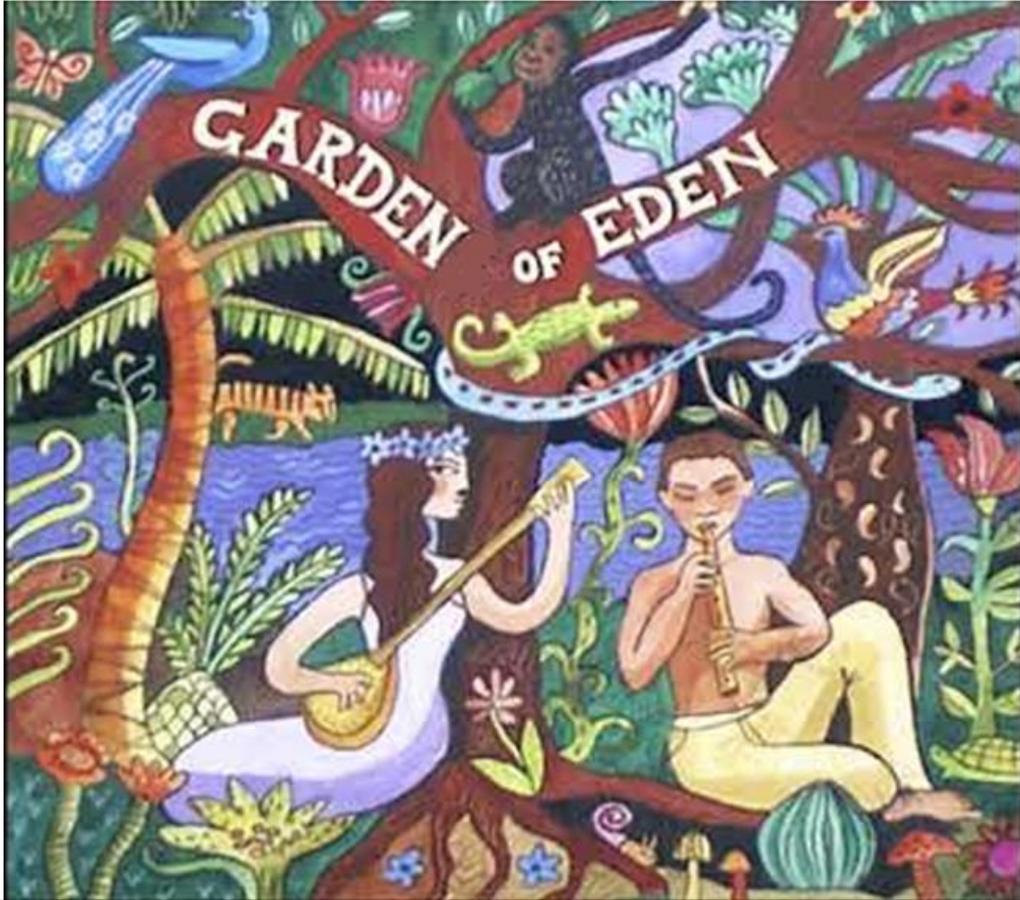
OF THE  
**COLORED  
PEOPLE**

**Coffee** COLOURED  
PEOPLE



**We will all blend!**

# Garden<sup>of</sup> EDEN



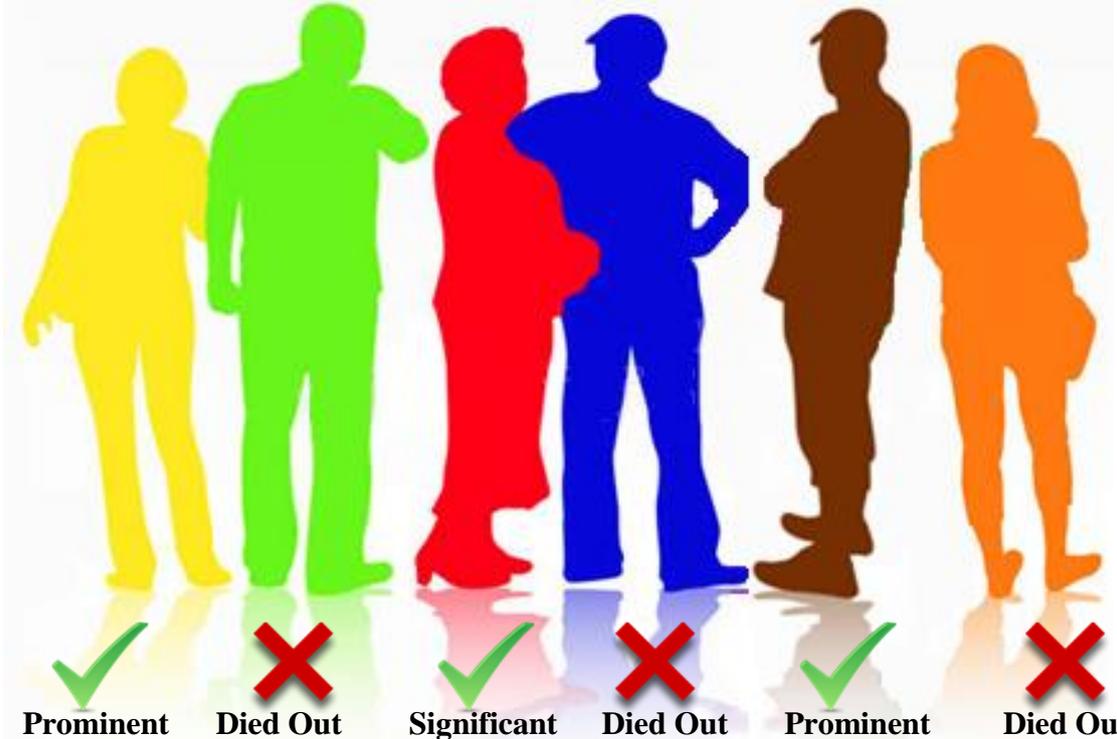
The ADAMITE soulmate Pair, Adam and Eve, were to introduce a pure race of the violet colour. They were to remain true in their relationship and then have their progeny to have children from within this pure violet colour race. This was to continue until the violet race within the confines of the Garden of Eden reached around one million people. Then the community would be opened up to intermingle and mate with the fittest and finest of all the other races being of the other colours of humanity.

The Garden of Eden was then to be a demonstration of the capabilities of the violet race which was being introduced to up-step all of Earth's humanity. Gardens of Eden remain as superb cultural centres and continue to function as the social patterns of planetary conduct and usage age after age. Even in early times when the violet peoples are relatively segregated, their schools receive suitable candidates from among the world races, while the industrial developments of the garden open up new channels of commercial intercourse. Thus do the Adams and Eves and their progeny contribute to the sudden expansion of culture and to the rapid improvement of the evolutionary races of their worlds. And all of these relationships are augmented and sealed by the amalgamation of the evolutionary races and the daughters and sons of Eve and Adam, resulting in the immediate up-stepping of biologic status, the quickening of intellectual potential, and the enhancement of spiritual receptivity.

**HUMANITY PHYSICAL COLOURINGS and order of emergence:**

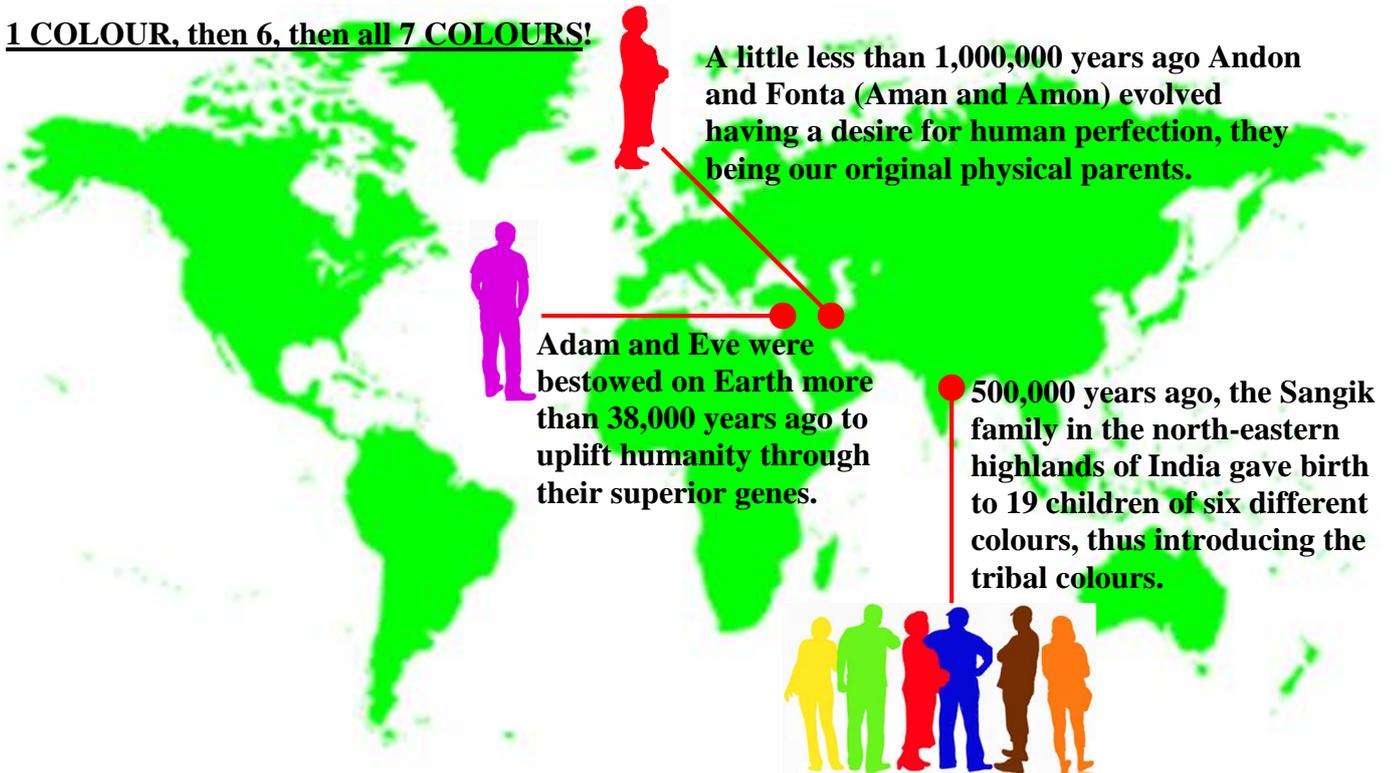
500,000 years ago Sangik parents of the Badonan tribes of the north-eastern highlands of India gave birth to all six colours – 19 children to one family!

<b>Yellow</b>	<b>Green</b>	<b>Red</b>	<b>Blue</b>	<b>Indigo (black)</b>	<b>Orange</b>
3	4	1	5	6	2



**Prominent**   **Died Out**   **Significant**   **Died Out**   **Prominent**   **Died Out**

**1 COLOUR, then 6, then all 7 COLOURS!**

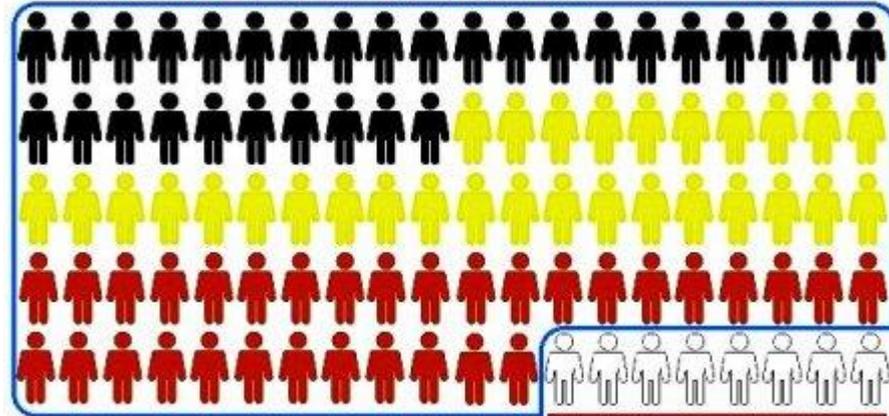


A little less than 1,000,000 years ago Andon and Fonta (Aman and Amon) evolved having a desire for human perfection, they being our original physical parents.

Adam and Eve were bestowed on Earth more than 38,000 years ago to uplift humanity through their superior genes.

500,000 years ago, the Sangik family in the north-eastern highlands of India gave birth to 19 children of six different colours, thus introducing the tribal colours.

# GLOBAL POPULATION BY RACE



**"Minorities"**

**Majority**

**Non-Whites are the overwhelming majority on this planet.  
Whites are a tiny minority.**



A humanity is endowed with seven colours, just like the rainbow in the sky!  
 993,500 years ago, our first humans were the twins, Andon and Fonta and they were redskins having an appearance approaching that of the Eskimos. These red skinned people travelled far from south of the Caspian Sea, reaching Tasmania – Australia’s south, 950,000 years ago!  
 Re: The Urantia Book



500,000 years ago the Sangik family in the north- eastern highlands of India had 19 children, 5 red, 2 orange, 4 yellow, 2 green, 4 blue, and 2 indigo (black) – the first and only rainbow family!

These formed groups and sometime later the orange, green and blues died out – killing each other!

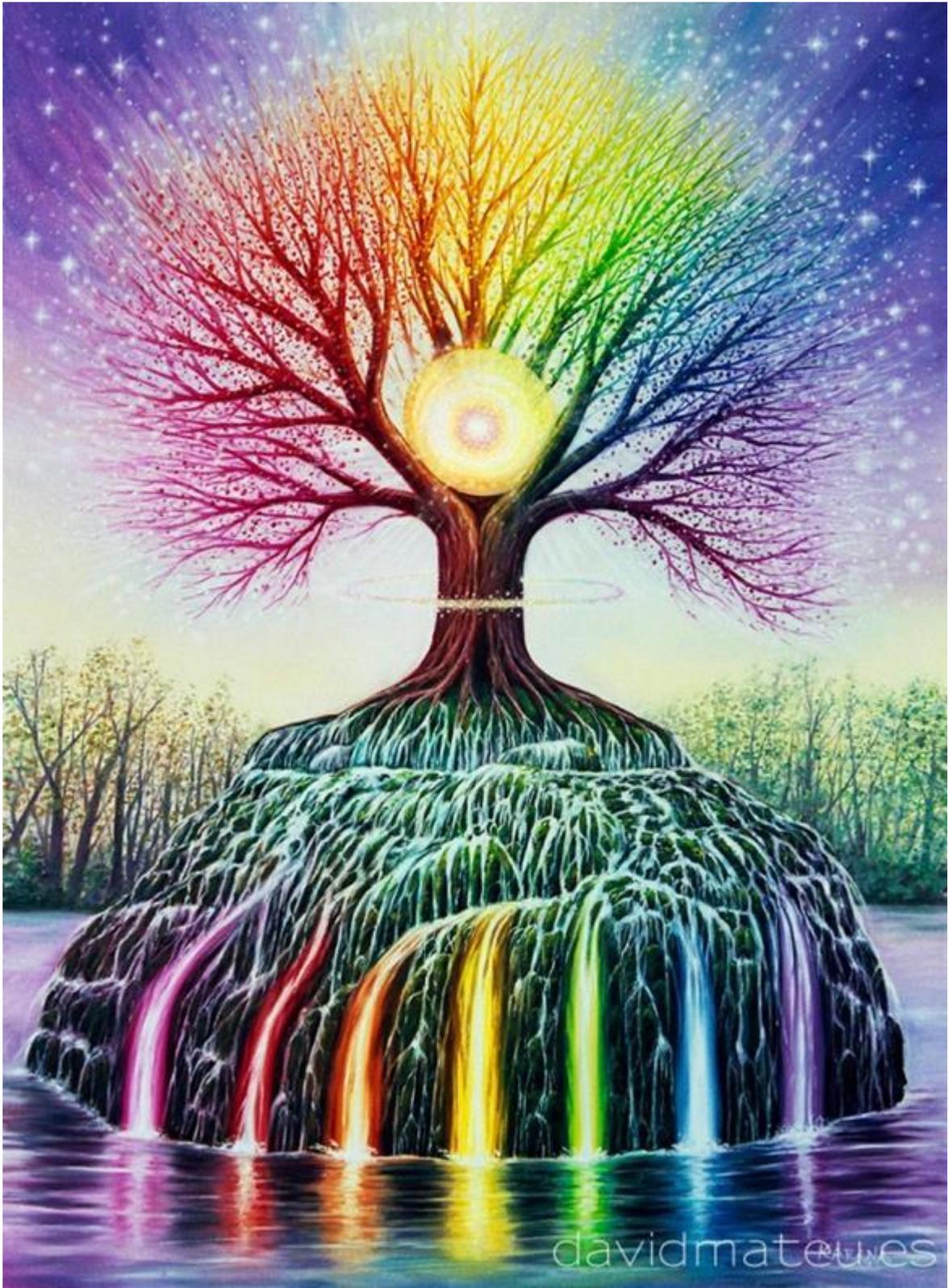


Adam and Eve materialised on Earth more than 38,000 years ago and introduced the remaining colour, violet (white). As you can see, there are no black or white people!



Earth’s humanity now has four colours, red, yellow, indigo and violet. They will intermingle and blend to become of an olive complexion!





Our skin colours as and how they arrived:

Being the colours of the rainbow!

Red by Andon and Fonta from south of the Caspian Sea some 993,500 years ago (also brown and black hair with brown and black eyes).

Orange, Yellow, Green, Blue and Indigo by the Sangik Family from the north eastern tablelands of India some 500,000 years ago (they had 19 children 5 red then 2, 4, 2, 4, 2 in order of colours).

Crimson by Adam and Eve from the Garden of Eden more than 38,000 years ago (also blonde and red hair with blue and green eyes).

*Before we are conceived, we have had nothing to do with the culture or heritage into which we are about to be born.*

*Conception is individualisation of our unique personality!*

*Then our parents and carers infuse us with their errors and injuries!*

*We perpetrate their erroneous ways!*

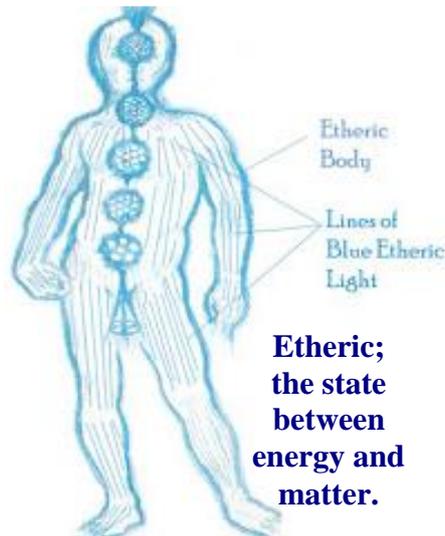
*It's all about*  
**Experiences**  
 &  
**FEELINGS**

John the  
Typist

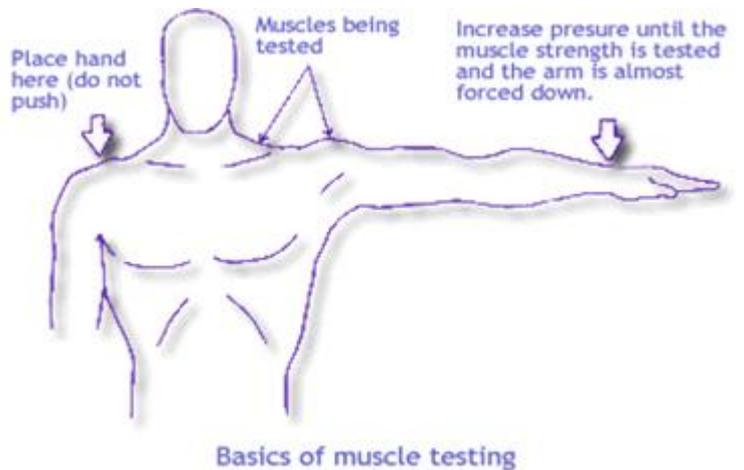


**BE FEELINGS  
EXPRESSIVE!**

# SPIRIT BODY Brennan Model of the 7 Levels of the Human Energy Field



## Kinesiology Muscle Testing



Through kinesiology muscle testing, we can determine what is in truth and what is not, further, we can also determine the level of truth of anything!

**NATURE SPIRITS**

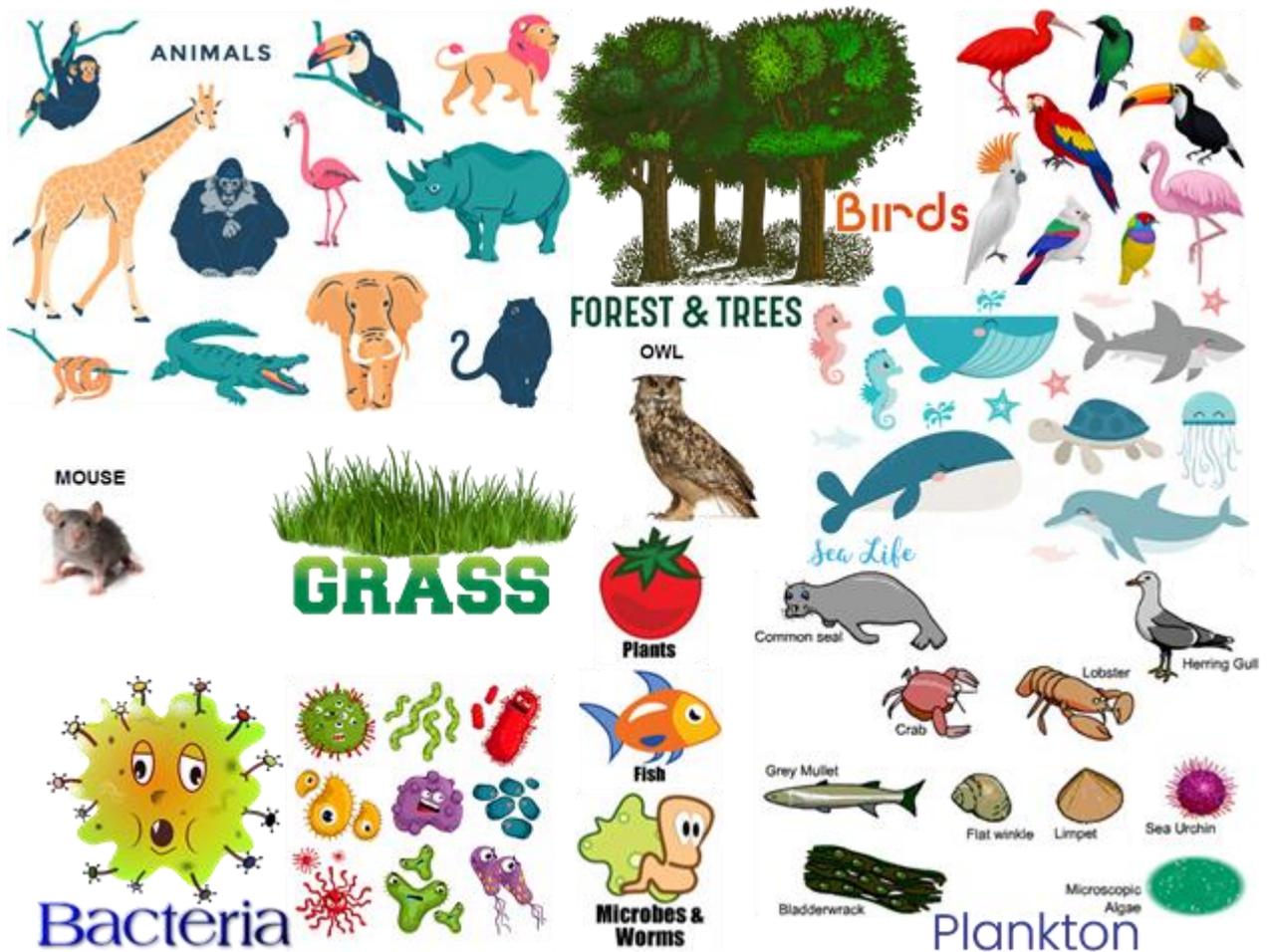
Nothing of nature reincarnates! And neither do we! Reincarnation is a false belief. Zero, zilch! Not even a blade of grass, a leaf from a tree, bacteria or plankton, or ourselves, has a subsequent physical life experience. However, except for humanity, the life force of all of what forms nature, after its sole physical experience, returns to a pool from which Nature Spirits emerge. All of nature is mind orientated. Nothing of nature has a soul, except for humanity which is truth and feelings orientated.

**Meet Verna, a Nature Spirit, also known as ‘Lady of the Lake’:** “Your spirit is your own unique spirit expressing the light of your soul; our spirits, also uniquely our own, however come from a composite of many other spirits. And in my case for example, and I’m about average, or ‘usual’ – as much as I hate to admit it – I’m composed, for want of a better word, of about five hundred billion creature spirits. So yes, you could say we’re complex on that level. And yet on other levels, we’re considered rather basic, we are after all *only* nature spirits, not great angels.”



“With Verna – a nature spirit” by James Moncrief

As the Rebellion and Default is now technically ending, those who embrace Feeling Healing and Divine Love will open themselves to communication with their Nature Spirit pair. For 200,000 years of the Rebellion, humanity of Earth has been closed to interaction with Nature Spirits. Humanity is truth seeking personalities who are to live through their feelings whereas nature is mind orientated and are to evolve their minds. A Nature Spirit’s next phase of evolution is that of being an angel which then will have many further evolutionary progressions upwards. Angels also step down from Paradise.



## The PHENOMENON of VISIBILITY



Firstly, animals do not have a spirit life. Should we need to interact with a deceased pet animal, then a particular class of angel will present as your pet. The life force of all of nature pools their life experience to subsequently become Nature Spirits who evolve to being angels.

Each higher progression of a human mortal consequently becomes invisible to those remaining at the lower level, as it is with angels, though those of the lower level remain visible to the progressing ascending mortal.

In reverse, those spirit personalities descending from Paradise, the home of our Heavenly Mother and Father, need to detune themselves so as to become visible to those in our local universe of Neadon.

Those on Earth and throughout the seven earth planes have the same visibility progression. Earth, being the densest, is visible to all. But each plane, starting at 1, becomes progressively finer, with each plane above the last invisible to the lower. The same applies throughout the 7 spirit Mansion Worlds that we progress through to enter the first of the Celestial Heavens.

Higher levels can always make themselves visible should they wish to. Spirits and ascending mortals of lower levels may not be aware of higher levels until they evolve and progress.



Feelings First with Mind to follow in support.



**WE EACH have a Nature Spirit pair, Spirit Guide pair and an Angelic Pair:**

**For those doing their Healing or are interested in doing it, will** from that time have their own personal angels, spirit guides and nature spirits with them, with whom they are to develop their own relationships should they want to. It is not about ‘sharing’ the same angels or guides or nature spirits, it is about you relating specifically to your ‘own’ ones because they are provided for YOU. It’s all for you, to maximise the experiences we each need.

We are all to have our own pure relationships. And it’s the same, of course, in life with your friends. However over there, in spirit, dealing with Nature Spirits, Spirit Guides and Angels, it’s more personal and private and ‘JUST FOR YOU’. So, we have our own separate, unique relationships.



For example, Nature Spirit Verna has been assigned to be specifically and only with James, and she ain’t going to be assigned to anyone else, so she won’t be sharing herself around.

This is SO IMPORTANT to understand; so that in future there won’t be all these people claiming to be speaking with Verna or Mary Magdalene or Jesus or Nanna Beth or anyone else who is part of it all in such capacity. Mary M and Jesus have spoken with James as they have, making it quite clear he is the only one they are speaking with.

We each have a band of a Nature Spirit pair, Spirit Guide pair, and an Angelic pair, each pair being in their ‘soulmate’ relationship. Even though we are ascending mortals having a soulmate, even our soulmate has his or her own group of six personalities assisting him or her. Our assigned Nature Spirits do not continue with us into spirit, our Spirit Guides may for a time assist upon entry to the spirit Mansion Worlds. However, our personal Angelic pair continues with us to Paradise, and then even possibly being with us throughout eternity.



**Feelings! first**



In a way, each person's Indwelling Spirit, which is really God, is contracting out the work needed to be done with you to other agencies. So to us spirits, the angels, the nature spirits, other elements under the Divine Minister's control, and even other non-humanity spirits, all of which end up doing increasingly more amounts of what your Indwelling Spirit does. And this 'outsourcing' is to affect greater personality interaction, increasing your experiences so they are maximised through interaction with different personalities rather than just relying solely on God. Overall, we are to become increasingly at-one with God, but we are to do that by becoming increasingly immersed in the experience of being with others.

Nanna Beth – 3<sup>rd</sup> Celestial Heaven, John's grandmother: 25 December 2018



We each have a band of a Nature Spirit pair, Spirit Guide pair, and an Angelic pair, each pair being in their 'soulmate / soul partner' relationship. In addition we have our personal Indwelling Spirit.

# Environmental Collaboration

VS

## ENVIRONMENTAL CONFRONTATION

Verna, a Nature Spirit, 26 May 2019: You believe people like your Australian Aborigines were more in touch with nature because they didn't seemingly destroy it as much as the white man invaders have done, however they weren't, not spiritually speaking. They hunted and gathered and did a minimal amount of farming, but they still didn't understand about our connection with the World, they didn't personally interact with us, they developed their own wayward spiritual beliefs and ceremonies all designed to keep them fully entrenched within the Rebellion in a more primitive way, and it was all still wrong by higher spiritual standards. So the aboriginal culture had to go, just as in the end so will the white man culture, as people of all races who do their Healing and who do work more closely with us nature spirits will end up doing. But that's still some way off and there's a lot of spiritual awareness awakening that needs to happen first.

So in one way it seems like the aborigines were closer to nature and the natural world, which they were in their more primitiveness, whereas they weren't in a spiritual sense. And this confuses a lot of people, attributing more spiritualness to them than should be, as their beliefs are no more or worse than any others that are rebellious. And so shouldn't be held in higher regard. They can of course be appreciated like all spiritual and religious beliefs for being an expression of truth-denial and the Rebellion, should one want to appreciate such wayward beliefs.

Helen, 3<sup>rd</sup> Celestial Heaven, 27 August 2017: You have **the Eastern mind controlling Buddhists doing their bit from long ago, which was a remnant surviving from the Atlantean age**, along with the other primitive and spiritual systems of belief, and now it's all coming to a head for we are arriving at the end of the next Earth age, with The Change, the next cataclysmic event not far away in Earth natural time.

Only the trouble is, there are cataclysmic events periodically that destroy nearly everyone on Earth, and so as each civilisation ended, so was a new 'race' of Chosen Ones selected to be the prime subjects of control for the next age. So it came out of the original Jewish races, or what became the Jews, this time around, and then with Jesus and Mary coming and putting a major spanner in the works by removing the Lucifers and Satans (the Evil Ones), leaving it all in the hands of the Caligastias and Daligastias (C&D). So C&D worked all the Christian stuff into it, even with Jesus returning to do away with the Anti-christ, their (Evil Ones and their controllers) Messiah, just to suck in all the Christians making them think they are on the winning side, then introducing Islam to spice it all up and have the natural foe to fight against.

Helen, 20 August 2017: **The religions of today were created as a means of stopping Jesus' truth about longing for the Divine Love and what that does to the soul, and then any truth Mary Magdalene might have said about looking to our feelings for their truth, so as to keep the Rebellion in place. The religions pre-Jesus were designed by the Higher Evil Spirits who were controlling humanity to keep that control, focusing everything on the mind being in control rather than feelings, and then post-Jesus, they added more of the same yet with the added emphasis of using all he said, so taking it, corrupting it, and adapting it to their cause. And then throw in their contrived Islam, and you've more male domination and the subjugation of feelings – of the woman.**

Helen, 3 August 2017: "Why so many people get stuck in them (a given so-called Holy Book) and can't move on, it is all being what is still required by the **Contract of the Rebellion and Default.**"

[www.pascashealth.com](http://www.pascashealth.com) then to Library Download, scroll down to Medical – Spiritual References:

 [With Verna - a Nature Spirit via James Moncrief.pdf](#)

# 200,000 years of UNFETTERED DOMINATION! by wayward High Level Spirits

OUR MIND CONTROLS US!



## Feelings Way or the Mind Way

The rebellious Lanonandeks, led by the Lucifer and Satan soul partner pairs, instilled upon Earth's humanity, countless platforms of mind domination institutionalised systems. Even throughout remote regions, such as for the Australian Aboriginals, the mind Mansion World spirits imposed themselves so deeply into the psyche of the Aboriginals that they are profoundly impacted by mind platforms through their traditional practices, so much so that they may take longer than most to realise the freedom that comes from Living Feelings First and begin to heal themselves of 200,000 years of living and going in the wrong direction through mind domination.

The Rebellion mind dominance maintained the environment of conflict throughout all facets of living life on Earth. Where ever you have mind domination you have conflict and war! It is as simple as that. Truth is always truth. There is only one truth. So instead of having one spiritual platform for and throughout Earth's humanity, we have 3,400 significant religions and when you add on the small denominations that are offshoots of all the major religions, you have around 50,000 religious communities professing to embrace the 'one truth'!

While we live through our minds, conflict at all levels will unfold. Only through Living Feelings First and having our minds to follow will harmony eventuate. This is a change in how we have been living for 200,000 years that is now to be embraced by the overwhelming majority of humanity during the coming Avonal Age of 1,000 years. To aid this transition, the quickening of the Law of Compensation is to unfold for humanity on Earth. It will be earthed in the same way as it is applied throughout the spirit Mansion Worlds.

Important recommended reading is:

by James Moncrief

### **The Rejected Ones – the Feminine Aspect of God**

<http://divinelovesp.weebly.com/my-free-books-and-free-padgett-messages.html> ALSO at  
<https://www.pascashealth.com/index.php/library.html?file=files/opensauce/Downloads/MEDICAL%20-%20SPIRITUAL%20REFERENCES/Rejected%20Ones%20via%20James%20Moncrief.pdf>



**Overthinking**  
the 'art' of creating  
problems that weren't  
even there

## **ASSUMPTIONS** *and the* **MIND**

Whenever a principle or platform of truth is formed around an assumption, then as further truth is revealed, the error may become obvious.

A great deal of custom and passed down practices have evolved through handwritten records which have been copied and re-copied and have then been injected with assumptions that have become the core belief and customs by which people have lived by for many generations.

These platforms need to be revisited and addressed. We will find that these mind derived assumptions have a 98% error rate. We will further find that the mind's propensity to have control of others has distorted matters and that all systems worldwide are in need of rebuilding.

Education, health, science, commerce, legal, governmental and all platforms have evolved through the mind and are all taking us further away from our feelings, our soul-based feelings of truth and are suppressing our true personalities. There is not a man-made system on Earth that is presently founded on truth, the truth that we all long for.

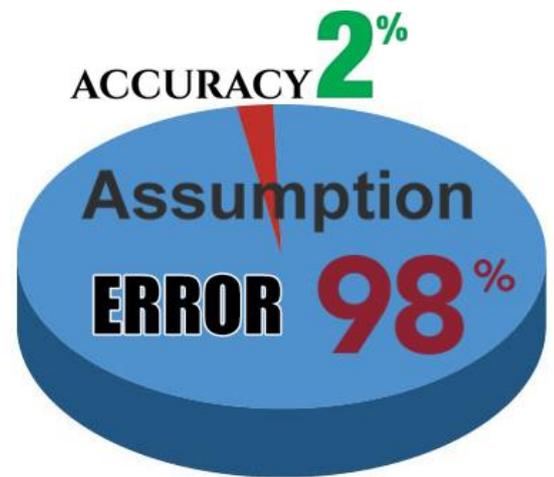
Meanwhile, hidden controllers have seized the moment and have achieved global domination, hoarding massive wealth to the detriment of humanity. Only will it be through a change in the way of living will this and other power bases crumble. We may disturb hidden controllers but if we do not change our way of living they will reassemble their controlling power!

It will only be through the New Feelings Way emerging as a way of living, that education, health services, science, commerce, legal, governmental and all other platforms will be appropriately restructured.

The revelations of Living Feelings First, Feeling Healing and the New Feelings Way have been provided to all of humanity, from the highest authority, to enable each and every one of us to consider the options and possibilities. Our freewill continues to remain sacrosanct.

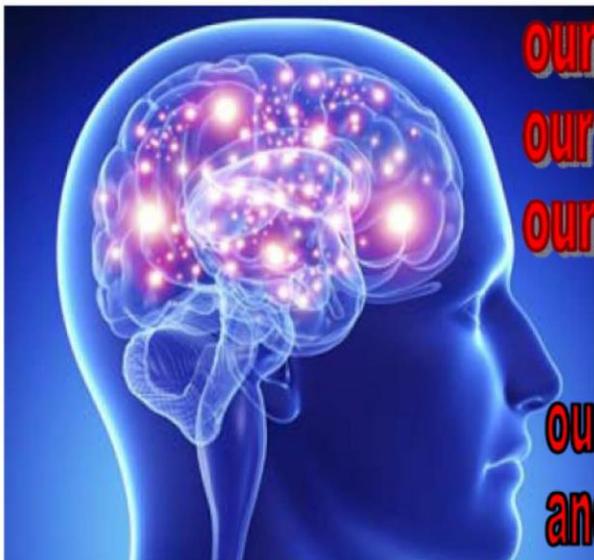
This revealing has been in the planning and preparation for thousands of years. It was two thousand years ago when the foundations for the arrival of these possibilities and revelations took place when on 31 May 1914 the first writings commenced through James Padgett in what is known as the Padgett Messages. The primary auxiliary writing is The Urantia Book (1925-1935).

The major and most important writings are those of James Moncrief commencing in 2002. This is the focus of the publications that are to be made available in numerous formats and in all of the important languages so that every community, worldwide, will have access and potentially become aware of the teachings and revelations.



**Suppression of feelings being the core cause!**

**Suppression & Repression = Universal Depression**



**our MIND is a CONTROL ADDICT!  
our MIND is addicted to UNTRUTH!  
our MIND cannot discern TRUTH!**

**our MIND is within our SPIRIT BODY  
and orchestrates our physical BRAIN.**

**ASSUMPTIONS are the product of our MIND!**

**HEALING** ends  
**MIND-CONTROL!**



**our SOUL is our TRUTH!  
our FEELINGS are our TRUTH!  
FEELINGS FIRST, mind to follow!**

**all we need is WITHIN.  
our MIND suppresses FEELINGS.**

# **PSYCHIC BARRIERS to CHANGE!**

**To put it succinctly:**

**We have been driven, generation after generation, to embrace our minds to the point that we blindly worship our minds, due to the fact that high level spirit controllers considered we would fall to to their coercion.**

**Our minds are addicted to:**

**Control over others;**

**Control over our environment.**

**That males are now addicted to having females subservient to their control.**

**That our minds cannot differentiate Truth from Falsehood.**

**That our minds are addicted to untruth and that 'fake news' and propaganda will be believed by a gullible, subservient audience.**

**That consequently, the sheeple will march to war without questioning.**

**So, financial gain for the few hidden controllers is the trigger for never ending wars, if they cannot enslave nations through debt or by other means!**

**We, here on Earth, live in a physical HELL!**

# WE ARE ALL BEING PLAYED

**DIVIDE & CONQUER: IF THEY KEEP US FIGHTING WITH EACH OTHER, WE WILL NEVER FIGHT THE TRUE ENEMY... THE ESTABLISHMENT!**



## **DIVIDE AND CONQUER MECHANISMS:**

Skin Colour / Tone Bigotry	Class & Social Structures
Borders & National Cultures	Militarism is all Wrong
Language Divides	Societal Customs & Practices
Financial Enslavement	Debasement of Education
Professional Snobbery	Sexual Preference Bigotry
Assumptions Err 98% of the time	Political Division
Mind-Centrism Stagnation	Religious Bigotry
Mind Control Addiction	Mind Untruth Addiction
Institutional Controls	Leadership Propaganda & Lies
Parental / Teacher / Religion / Employer / GovernmentSuppressions	
Potable Water Security Food Security Safe Shelter Security	
Universal suppression of all peoples by covert controllers	
Living Mind Centric is prohibiting spontaneity & freedom	
Living Feelings First is living in truth & freedom !	
Women Liberating	Childhood Suppression to end

# How is it for you if you are Truly Honest with Yourself?



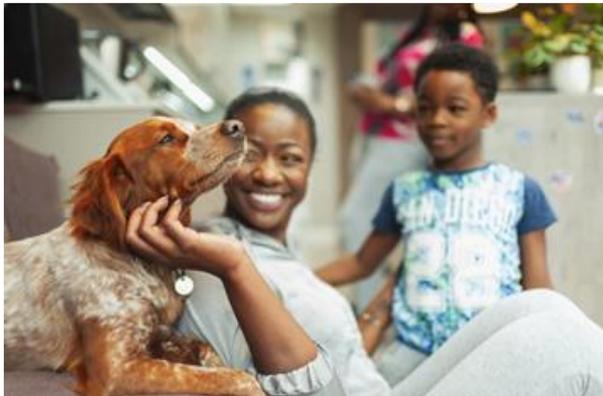
♥ You truly love your children, devoting yourself to them, wanting nothing more than for them to grow up and be as they want to be?

♥ You believe you truly love your children, believing you are devoted to them, wanting them to be as you want them to be?



♥ You love your child more than you love your pet?

♥ You love your pet as much as your child, treating it as if it is another child?



♥ You love your pet more than your child?

By living true to ourselves, true to our feelings, we are living true to God. It's that simple.

# Consider asking yourself this question: Who hurt me when I was a child?

# *Violence is never Justified*

Never is hatred, nor discord, nor war among men justified – no matter what the cause – and if men will only learn the Truth there will never exist such feelings or acts. Militarism is all wrong. Jesus 25 December 1915

## THE WORLD IS A CAT



## PLAYING WITH AUSTRALIA



**This is the Great U-Turn. We are to feel and live by our feelings and express our feelings, our mind will follow in support, not the other way around.**

**Feelings First**, you can be sure about that! **Once women get that message and start living it, then the tide will really change**, with men either deciding to support them by looking to their own feelings or being left on the outer wondering what the fuss is all about.

**By living true to ourselves, true to our feelings, we are living true to God. It's that simple.**

## One Cause – One Pathway

**SIMPLE IS WHAT LIFE IS MEANT TO BE!**

Amazingly, it has not been previously understood that should we heal ourselves of what we each have taken on of the Rebellion and Default via our Childhood Suppression being experienced throughout our childhood formative years, such healing being through Feeling Healing, then we would no longer need to experience physical discomfort, pain, disease or any illness.

Sickness comes about in its diverse forms to draw our attention to our emotional injuries and errors of belief. Once we fully heal ourselves then we no longer need to experience illness! Feeling Healing is the only pathway!

The extreme diversity in the forms of illness is of a direct reflection of the diversity of our personalities and the suppressive environments we each have experienced.

It is only upon completion of our Feeling Healing that such propensity for physical health arises.

However, now it can be understood why allopathic medicine, traditional medicine and all other health systems do not bring about a cure. That is because the underlying cause has not been previously recognised and consequently it is never addressed.

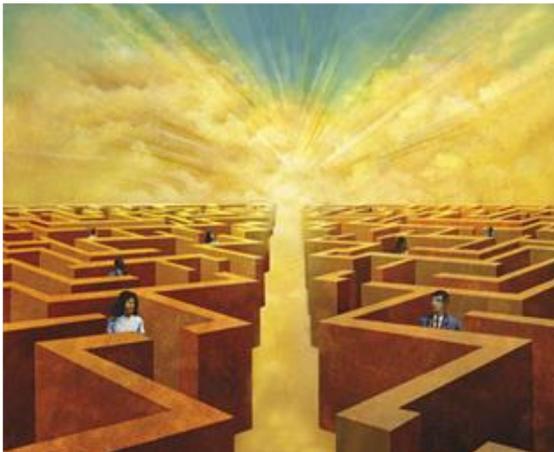
To engage in living Feelings First and then to embrace Feeling Healing is addressing our Childhood Suppression as well as our ongoing Repression that continues throughout all of our life. Further, by also embracing Divine Love we are also Soul Healing and thus fitting ourselves to become of Celestial Soul Condition which we can do while living in the physical on Earth.

Humanity, over many thousands of years, has progressively gone deeper and deeper into wrongness through living mind-centric. We have always taken the wrong option – our choices have always deepened our suppression of our truth and personality.

By embracing The New Way, living Feelings First, humanity will begin to resolve the social ills that prevail throughout all societies. Progressively the circumstances for world peace will arise.

**LIVE TRUE TO OUR FEELINGS;  
AND LONG FOR THE TRUTH OF THEM.**

## THE STRAIGHT AND NARROW PATH



Looking for Spiritual pathways using our mind will mean the True Spiritual Pathway will always elude us. We live with our mind suppressing feelings which causes us to not find our true pathway. When we live honouring, accepting, expressing and longing for the truth of our feelings, then we are treading our Spiritual Path of Truth. Truth ONLY comes to us through our feelings. If we deny feelings, we deny truth, and we deny our true spiritual path.

If we fight expressing feelings, pushing them away and blocking them out, we never allow any understanding of those feelings to come to us, thus keeping us in the maze of mind-bending distractions. Many so-called healing therapies say they focus on liberating feelings, however beware that many of these systems are still mind-controlling in 'feelings-clothing'. And we may believe we are getting somewhere with our feelings, only to realise centuries later in the spirit, mind Mansion Worlds that we've still been leading ourselves astray and away from our true feelings.

Surrender and submit willingly allowing our feelings to emerge and be expressed. Long for the truth our feelings are to reveal. Persevere. Allow our feelings to be our way of living. It does not matter how long this takes. For us all, this is our destiny – it is only a question of when?

Once we firmly start living the New Feelings Way – living feelings first; expressing our feelings and longing for the truth they are to reveal, we are on the pathway of ascension; not only out of the Rebellion and Default through our Feeling Healing, and with Divine Love: our Soul Healing – but to Paradise!

By living true to our feelings we will progress through the Celestial Heavens all the way through Neadon; then on further through our Superuniverse of Orvonton; then into the regions of our Heavenly Mother and Father; embracing the Supreme Being and moving through Havona, eventually attaining Paradise, Their home.

It is the True Way, the New Feelings Pathway, that takes us all the way 'Home'. It is a journey of ever-expanding Truth and Love.



# MIND vs FEELINGS

Mind vs Feelings – Your Choice.

And now is an appropriate Time To Make this Choice!

Everyone is to choose: The Mind Way;

or The New Feelings Way.

Which way of living do you choose: Mind Way?

or the Feelings Way of living?

Do you continue in your Mind Way?

or do you embrace The New Feelings Way?

Do you choose the Dead End Mind Way?

or the Eternal Happiness Feelings Way?

Times up for the Mind Way;

the Feelings Way is taking over.

False Spirituality – The Mind Way;

True Spirituality – The Feeling Way.

The End Times and Final Judgement; or Paradise – the choice is yours to make:

Continue in your soul-destroying feeling  
and truth denying Mind Way;

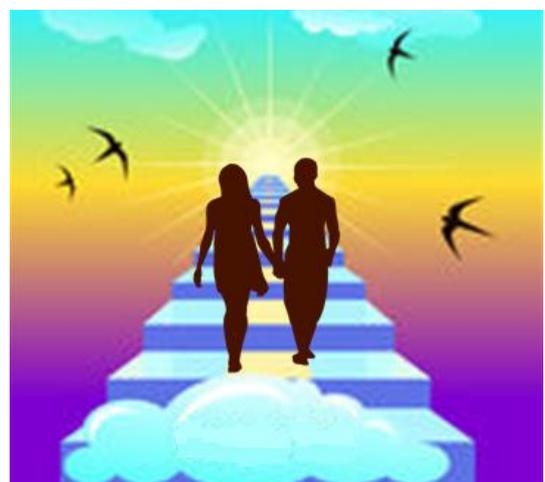
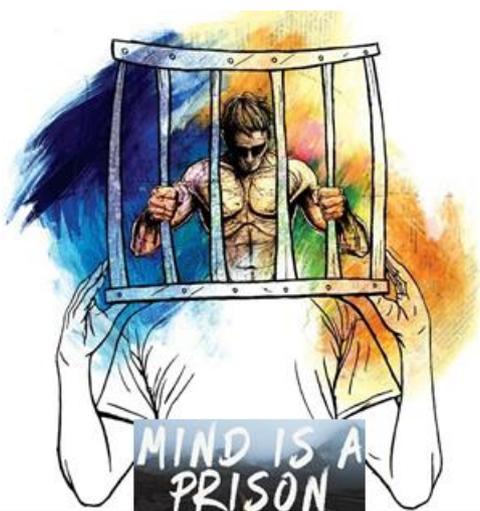
or embracing The New Feelings Way  
by doing your Spiritual Healing;

Maintaining the mind's imposed façade of a robotic,  
retarded individual, in a stupor, perpetrating the  
errors of generations gone by;

or The Feeling Way which is the discovery pathway  
to releasing your true, vibrant personality

The Mind Way – rejecting the truth of yourself  
by denying feelings, restricted forever to the  
mind Mansion Worlds;

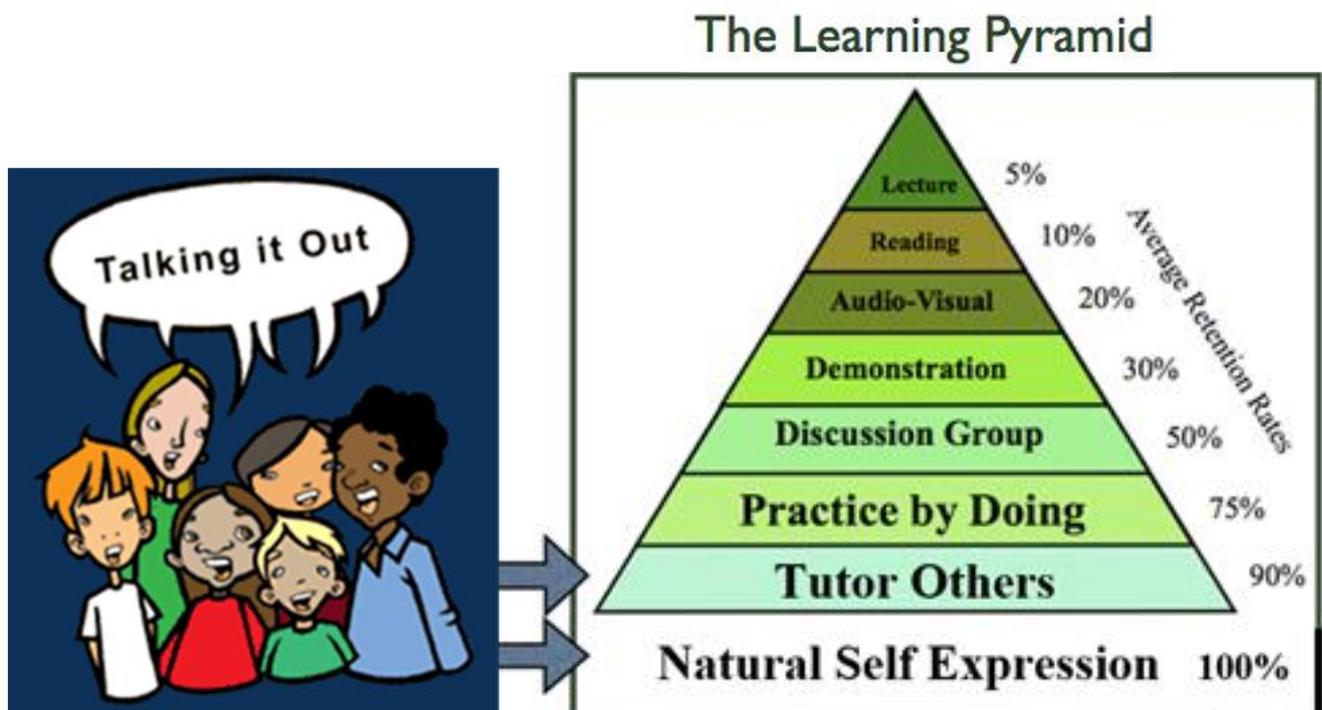
or The Feeling Way – uncovering the truth of  
your feelings and ascending to Paradise.



# Living Mind dominated is claustrophobic and suppressive!



**The Mind presents a treacherous glass ceiling!**



## The problem with humanity is that:



We accepted our parents as being 'gods'!  
Then we accepted our teachers as supreme educators  
Then university professors implied all knowing  
3,400+ Religions ALL hold the only truth!  
Now only our employers are to be obeyed!  
Over all of these are numerous government layers!

All direct us to worship our minds  
All suppress and ignore our feelings  
None allow our true personality to be expressed  
We are all in some form of depression and stupor!

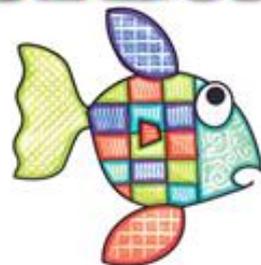
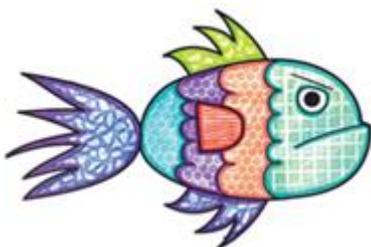
We are to aspire to and live Feelings First  
and long for the Truth that our Feelings show us!  
And long for the Love of our Heavenly Parents!

**LONG to KNOW ABOUT what you are FEELING!**  
**Long to understand the truth behind**  
**what your feelings are pressing upon you.**



**Ask to know the truth about that which you feel.**

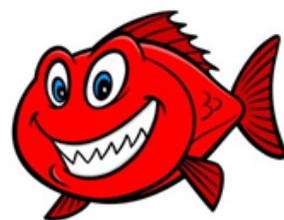
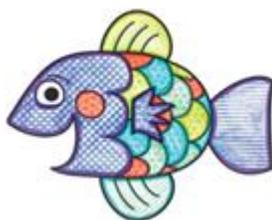
**It is knowing the truth of that**  
**which you feel that sets you free!**



**Always be true to your feelings**  
**because they are your truth**  
**and truth is love and our way home!**



**talking**



**Express your feelings to those who matter to you.**  
**Suppressed feelings bring about pain and illness.**

**Talk it out to a friend!**

*From our head to our toes,  
what our feelings say goes!*



*Feelings, good and bad, are to be expressed.*



*Talk it Out!*



*Heartfelt feelings are our truth.*

*Then we are to continue by longing for  
the truth that our feelings are to reveal to us!*



# TALK IT OUT



We are to express our feelings, both good and bad, and nothing is sacrosanct or to be withheld.

All that's wrong and untrue within us has to be expressed out of us, each of us, it all has to come to light for us to see the truth of. We have to know the truth of ourselves and the truth of our family relationships.

Everything needs to be expressed, to come out into the open.

What enters emotionally has to be expressed emotionally – it has to come out emotionally – leave us emotionally!

However, we are not to act upon what we are feeling emotionally! We are not to act it out! But, we are to go on and long to know the truth of what is behind our feelings, why we are having these feelings and experiences.

Long to the Mother and Father for Their Divine Love, and ask Them to help you see the truth through your feelings – that which They want you to know. Long and ask; long and pray. Pray to see, know and BE the truth, the truth of you – of all of it!



# Living Feelings First is to replace Mind Centricity

A hidden very few controllers have orchestrated every system and way of living for humanity to be mind-centred. While we live through our minds WE CANNOT EVOLVE!!! Our minds are wonderful but they are, in themselves, addicted to control over the environment, over others and ourselves, and our minds are addicted to untruth, they cannot discern truth from falsehood. We have been screwed for the past 200,000 years through these hidden controls.



Firstly, all the emotional injury that we take on, that we are infused with, commencing at the moment of conception, is what limits our capabilities throughout lives. It is these same emotional injuries, mostly infused upon us by our physical parents, which set in place our health throughout our lives, our social issues, our quality of life and our prosperity. However, through mind centricity we remain stagnant.

What we take on emotionally must be released emotionally. We must talk it out of us emotionally. The pain will be no greater than the pain that was felt when we were infused or repressed throughout our childhood forming years. But this is the one and only pathway to heal and evolve beyond the zombiism that we see around us. We are all functioning in a stupor due to the limitations of mind centricity.

Our feelings are always in truth, they are our truth. With truth we have freedom and prosperity – yet we will need little – as our fears and addictions will be put aside. The connectivity with the spirit worlds will also open up to those who heal through their Feeling Healing.

## WHOLE DIFFERENT Way of Life.



# Living Feelings First

Capable  
of Amazing  
Things



Melbourne Demons has ended the AFL's longest premiership drought, kicking 12 unanswered goals to beat the Western Bulldogs by 74 points and win the 2021 Grand Final played on 25 September 2021.

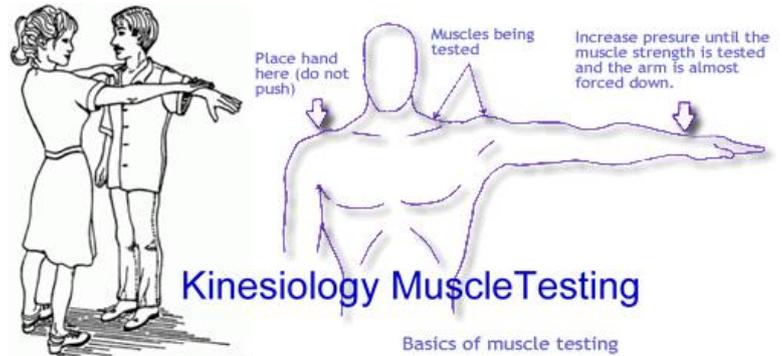
The Melbourne Demons, who hadn't won an Australian Football League premiership since 1964, looked in serious trouble when Marcus Bontempelli kicked his third goal of the night to put his Dogs up by 19 points midway through the third quarter. Consider watching the second half of this grand final.

But in front of 61,118 ravenous fans at Optus Stadium, in Perth, Western Australia, it was time for perhaps the greatest 17 minutes in Melbourne history. Both teams being from Melbourne, Victoria. This may be the greatest demonstration of a group of people living through their feelings, their soul-based spontaneity and intuitiveness in playing their way to grand final of the Australian Football League competitions shined brightly for the Melbourne Demons whereas the Western Bulldog continued with the stifling practice of prescriptive mind centric procedural football to find themselves thoroughly thrashed by those simply embracing their feelings and intuitively launching themselves to victory.

# Living Feelings First

For the past 1,800 years, the evolutionary development of humanity has stagnated at 190 on Dr David R Hawkins' Map of Consciousness (MoC). This of a consequence of humanity remaining mind centric and adhering strictly to the suppression imposed by wayward high level spirits who have now all been incarcerated and their puppets blocked from furthering their agendas.

Applying kinesiology muscle testing in conjunction with the Map of Consciousness (MoC) table, the inadequacies of those in leadership roles is readily discernable. Those in leadership roles throughout all of society can be recognised as to their capabilities, or lack thereof, instantly. Those who have not developed or evolved their consciousness to appropriate levels can now be dropped from positions of authority. Most will fail. The dearth of appropriate leadership will put a greater focus upon the inadequacies of the education systems worldwide and the inabilities of institutions, such as health, to provide the services required of them. Governments and their structures fail miserably.



## Council of Elders

A Council of Elders may now begin to be formed. Initially, these are people who have significantly advanced through their personal Feeling Healing. The entry level for a council member may be considered to be as low as 700 on the Map of Consciousness (MoC). These are extra-ordinary people.

Through Feeling Healing, what unfolds is spontaneity and intuitiveness, versus the zombiism and stupor that presently prevails throughout mind centric humanity.

High level leadership roles are to be filled with those calibrating 470 or higher, their deputies to calibrate 440 or higher, and support leadership functions to be filled by those calibrating over 410. Health services personnel to calibrate over 500.

Everything is about to change. Living through our feelings is our pathway in growth with humanities evolution in spirituality is about to become dynamic.

**Living Feelings First!**  
**INTUITIVE**  
**INSIGHTFULNESS**  
**DYNAMIC**  
**NATURAL INTELLIGENCE**  
**SPONTANEOUS**  
**VIBRANCY**  
**Foresightful**  
**Wisdom & Truth**  
**FREEDOM**  
**EQUALITY**

# Purpose of Life

Purpose of our life is to:

Achieve individualisation. This is truly the moment of our sentient experience beginning. This occurs at the moment of incarnation which is when our newly forming foetus begins to pump blood, usually day 16 after conception. From that moment we are beginning to experience life.

We have a life purpose. We are each a unique personality with individual propensities to experience. Should our physical life be cut short then we will go on and have the experiences that we need in the 1<sup>st</sup> spirit Mansion World. If we miscarry or are aborted then we will become spirit born, be adopted to spirit parents and have a similar life to that should we have gone on and lived on Earth.

Presently we are each subjected to Childhood Suppression which we continue on throughout our lives suppressing our feelings and our true personality. This is providing us with unique life experiences as this does not typically occur with any other humanities throughout the universes. Our physical life on Earth is mostly very difficult, however this will provide each of us with unique capabilities to aid newly emerging humanities on worlds further out into space. Yes, we have an enormous journey to enjoy.

Our time of death is predetermined. We often do crazy things – but our life span is predetermined.

What we experience is also predetermined. A few are to be wealthy and become burdened with responsibility. Many are to be poor and enjoy the freedom without trappings of assets and obligations.

Most will have families while on Earth. No matter who we are, we will each parent at least three children before we can enter the first of the Celestial Heavens. We are to experience parenting, even though that may be when we are in the spirit Mansion Worlds.

We are to live FEELINGS FIRST! We are to express our feelings, both good and bad, to a companion. We are to long / ask for the truth of what our feelings are drawing to our attention. What enters emotionally needs to be expressed emotionally. Should we long for our Heavenly Mother and Father's Love, then we are also SOUL HEALING. Our mind is to follow supporting what our feelings are leading us to embrace – this is the opposite as to how we have been brought up to live.

*It's all about*  
**Experiences**  
 &  
**FEELINGS**

As we complete our FEELING HEALING, then and only then can we connect with our Soul Partner who is always of the opposite sex. Our soul is a duplex that manifests two personalities. And we can grow to interact with our Nature Spirits and Spirit Guides!

**BE FEELINGS EXPRESSIVE!**

# Life After Death



## **We are more alive than ever – when we are dead!**

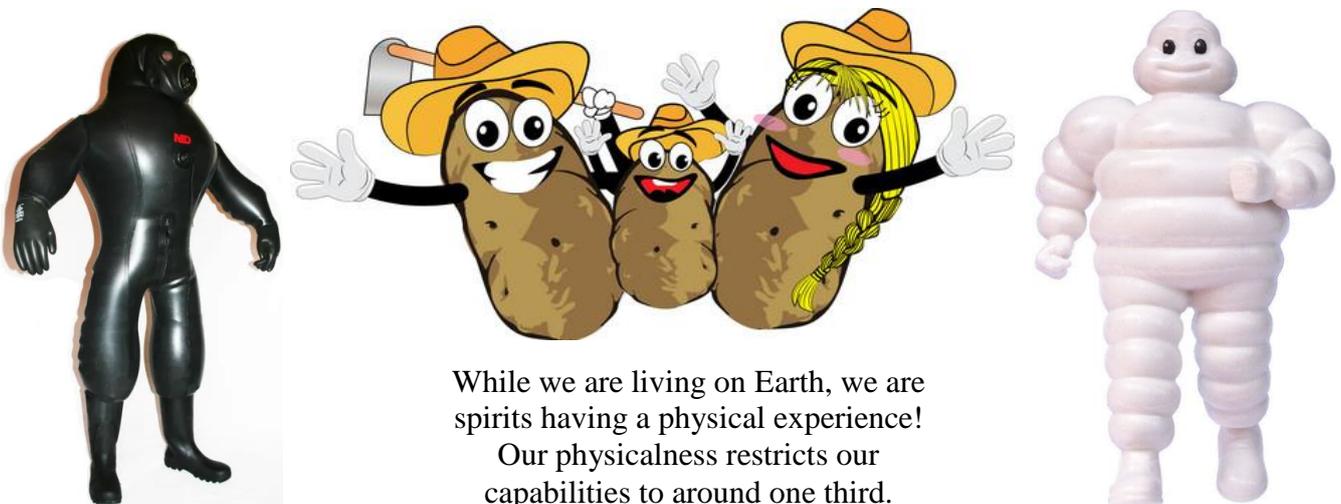
The life after death is no different in the essentials than the mortal existence.

However, our capabilities are about three fold of what it is when now as we are living in the physical.

We may come to look upon our physical body as though we are living as a potato, or maybe like we are living in and through a heavy rubber suit. Even being the Michelin man may come to mind.

Our physical brain is the interface between our spirit body mind and our physicalness, thus upon death of our physical body we lose nothing! Our personality remains as we know it and life is far more fulfilling in the spirit Mansion Worlds than living on Earth. We all arrive in the 1<sup>st</sup> Mansion World.

Every mortal gain is a direct contribution to the enrichment of the first stages of the immortal survival experience. Everything we do in this life which is good contributes directly to the enhancement of the future life – as it does now throughout our physical life! Death is definitely not to be feared, because what awaits us on the other side is a much more amenable way of life, even if it is still all within the Rebellion and Default.



While we are living on Earth, we are spirits having a physical experience!

Our physicalness restricts our capabilities to around one third.

## **We are spirit personalities having a physical experience.**

Following conception, should we not be miscarried or aborted, then we go on to have a physical experience within an ethnic community that we have had no knowledge about and following our return to spirit life we will have little to do with and for a short time only. Our spirit life then progresses for us to heal ourselves of what we each had taken on of Earth's Rebellion and Default. As we heal we disconnect from our Earth family and eventually find our soul partner and then our soul group, our true family. After a period we even disconnect from Earth totally.

Mother Mary, of the Catholic Church and its Rosary, she has even left our local universe of Nebadon. Those who petition Mother Mary through the Rosary cannot be heard by her and as in the past, she can do nothing for those who still do!

All institutionalised systems on Earth are manmade and are all corrupted for the benefit of hidden controllers – there are no exceptions.

Ten to 12 pivotal companies, assisted by another 3 dozen, run the world's food supply. They are the key components of the Anglo-Dutch-Swiss-American cartel, which is grouped around the 2 families (R and R). They control processed food chains that deliver nutritious neutral food that is laced with sugar, salt and fats, creating global obesity and health issues worldwide. Through their octopus of secret societies they manipulate governments and positions of power worldwide with impunity.



Modern western medicine suppresses the symptoms of illness and disease, however there is no curing by doctors who apply 'procedures' learnt by rote in a robotic zombiism that kowtows to the pharmaceutical industry and their profit driven agendas. 10,000 illnesses identified with some 500 that can be 'cured'!

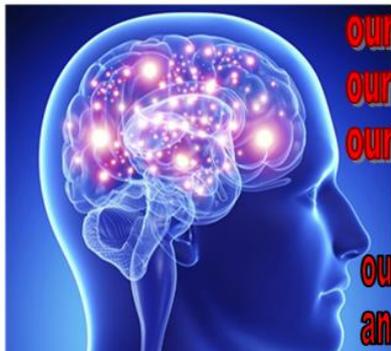
Education systems that apply the least productive learning processes using curriculums that generate growth in compliance to those of hidden control.

Religions will be seen for what they are – power concentrations made by man!

Endeavours to make countries 'great again' is going to see powerful countries break into much smaller parts and borders of control become the hindrances of the past.

## **All suppressions are now to be ended by exposing what the Rebellion and Default is!**

# **A Nation's Persona! National Psychic Barrier**



**our MIND is a CONTROL ADDICT!  
our MIND is addicted to UNTRUTH!  
our MIND cannot discern TRUTH!**

**our MIND is within our SPIRIT BODY  
and orchestrates our physical BRAIN.**

**ASSUMPTIONS are the product of our MIND!**

Consider this! For generations, parents have coerced their children to 'develop their minds', to embrace their minds in every aspect of their living, to reject their feelings at all times, to literally worship their minds to the detriment of their feelings.

This is also the mantra of the nation's education system.

The world is now experiencing the product of this ideology. They are seeing nations of people demonstrating an ego and arrogance that is a combination of the "dark" traits of narcissism, psychopathy, and aggression. This arrogance is essentially believing that they are better, smarter, or more important than other people. They being superior, self-entitled, overbearing, and presumptuous. No matter what they demonstrate, it is their nation's psychic barrier.

They are closed off to considering they could be wrong. Closed-mindedness and stubbornness mean many such indoctrinated people won't negotiate or back down. In their mind, your options are to accept what they say or suffer the consequences. This is being controlled by our mind.

Self-centred, rigid personalities lack the skill of self-awareness to objectively question or evaluate their own qualities, actions, and feelings. Without the ability to truly see themselves, they find it difficult to change unhealthy or destructive behaviour. They adhere to their parents controlling ways imposed upon us when we were children in our forming years.

Compassion and understanding can be seen as weaknesses of an arrogant person. That's because displaying these characteristics actually takes incredible inner strength which arrogant people struggle with. Whereas, compassionate people are truly humble and beautiful in their ways.

We remain imprisoned in our mind centricity until we open to our feelings, our soul-based feelings that are always in truth. Until we do so, our national social issues will slowly destroy our society and civilisation. The situation is leading to civil tension and potential internal conflict. The health system is lacking, the education curriculum is restricting student development, and the nation is disillusioned with its own self-importance. However, for those who open to their feelings, their future will be incredible and wonderful.



**our SOUL is our TRUTH!  
our FEELINGS are our TRUTH!  
FEELINGS FIRST, mind to follow!**

**all we need is WITHIN.  
our MIND suppresses FEELINGS.**

## **EARTH'S HUMANITY 2024**

**Our children are expressions of love ... until we suppress their true personality and with it their expression of love ... we degrade our children's level of consciousness to that of our own, they become little ME's, they absorb our emotional injuries and errors of belief and we lock them into a life that is a full reflection of our unconsciousness**

**How could this be so?**

**Every year there are around 130 million live births. Every year there are around 25 million miscarriages, it takes two to bring about a conception and on the 16<sup>th</sup> day thereafter the heart starts pumping and we have a child that is fully incarnated. The embryo is always perfect. It is our emotional injuries flooding upon the newly forming child that overwhelms its ability to survive through to childbirth – it miscarries never to experience a physical existence.**

**Further, there are around 73 million abortions each year. As two people are involved, that represents that about 110% of all people born then go on to abort a child. That is a further demonstration of love – the lack of it.**

**There are 60 million girl babies missing in China. In birthing suites there have been buckets of water to address the arrival of a girl child. In India there are also 60 million girl babies missing – demonstrations of lack of love.**

**About 7,000,000 children are sexually abused every year in the Philippines (population 113 million). Frequently it is the Filipino children being raped by their fathers or uncles. These men usually are 30 to 40 year old, and do not have a stable job. The scenarios in Indonesia (population 280 million) and India (population 1.4 billion) are similar – as it is in a lot of countries.**

**This is as difficult to write as it is to read – there is no need to add to this.**

**NOW, we have the way to heal ourselves of this generational malaise and begin to bring our children into a world of love, support and freedom.**

**Please join with us and let us all hold hands and begin as small communities to embrace the grace and wisdom that has now been shared with us all so that the end of the hidden control and Rebellion and Default is removed from our lives and an era of peace and joy can begin to surface for future generations that all are to benefit from our humble beginnings.**

## EXPERIENCES, FEELINGS and TRUTH:

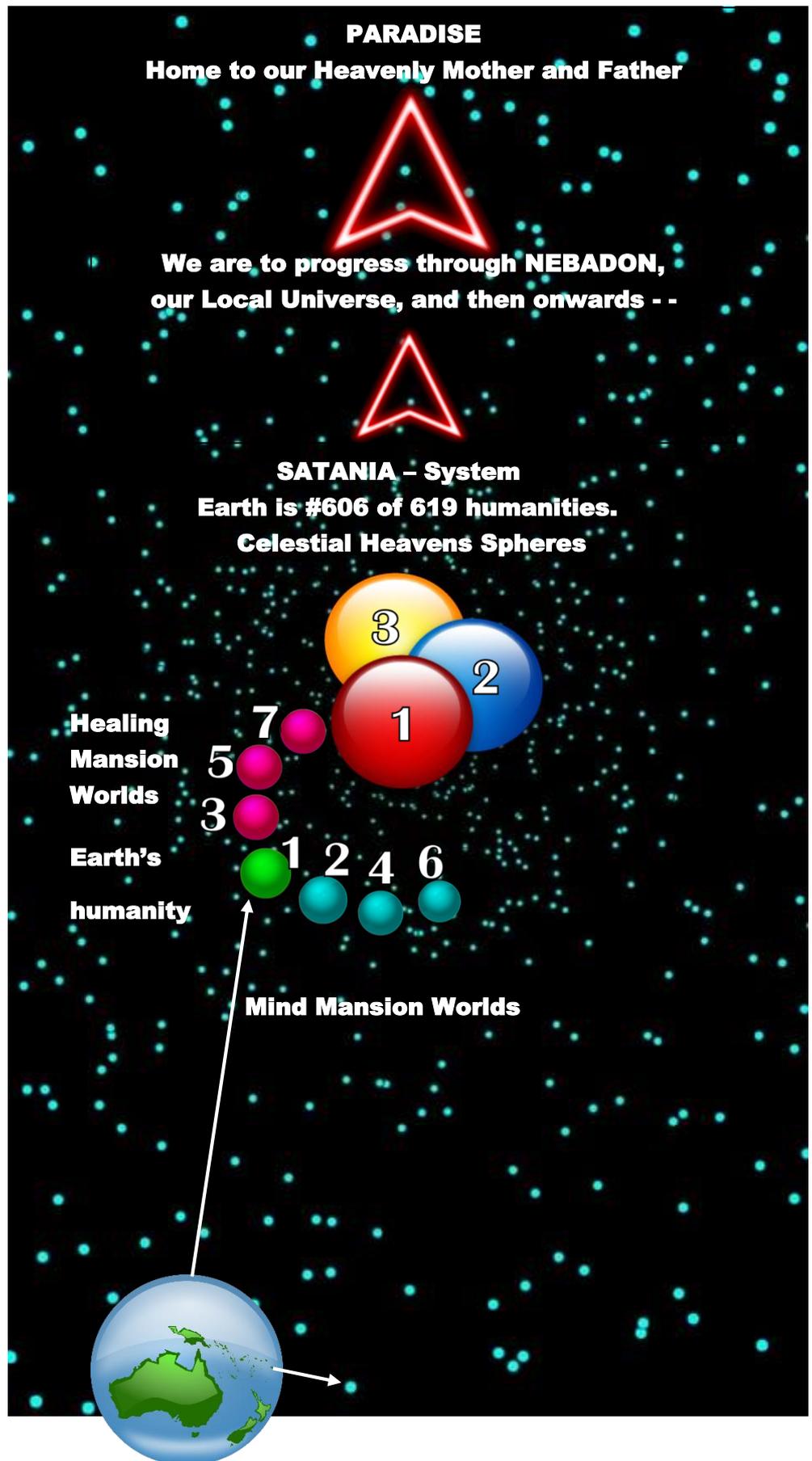
We look into the night sky and see around 1,000 stars that possibly are the hosts to the 619 humanities of our local system, Satania. Earth is on the outskirts of Satania.

When we 'die', and shed our physical body as we are spirits having a physical experience, we all arrive on the 1<sup>st</sup> spirit Mansion World.

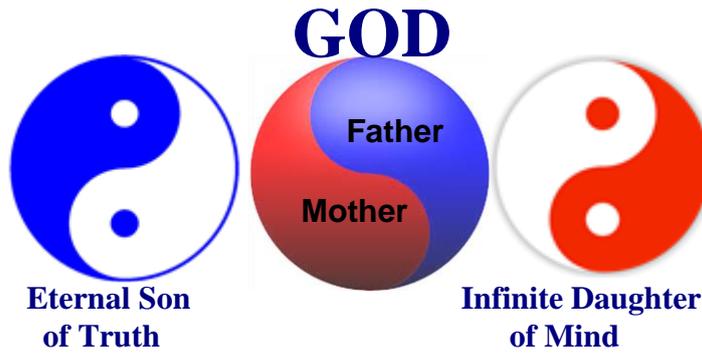
If we continue to live through our minds, then we may progress to worlds 2, 4 then 6 and no further – dead end!

Should we embrace Feeling Healing with Divine Love, we will start our journey of Truth and Love, progressing through Healing Mansion Worlds 3, 5 and 7, then through the Celestial Heavens and onwards out through our Local Universe of Nebadon and on to Paradise, the home of our Heavenly Parents.

The spirit worlds are within a different dimension to the physical stars and earths. However picturing the spirit worlds within the centre of our local system is only a visualisation aid and not necessarily accurate.



Paradise – Havona – Home



# SPIRITS from PARADISE

Nebadon – Salvington



MELCHIZEDEK  
 BRILLIANT  
 Evening Stars  
 ARCHANGELS

Celestial Heavens

celestial ANGELS  
 SPIRITS

Mansion Worlds

MORTAL ANGELS  
 SPIRITS

Physical Earth

Nature Spirits Spirit Guides ANGELS  
 HUMANITY

Formerly ended  
31 January 2018

**REBELLION** & DEFAULT

Past  
200,000 years

and now for the

**GREAT**  
**-Turn**

Coming  
1,000 years

# 4,000 Years Unfolding

1980 BCE

1900s BCE

## Machiventa Melchizedek

### ABRAHAM

MM Jesus  
2 BCE 7 BCE  
46 CE 29 CE

*Bestowals from Paradise:*

**Creator Daughter and Son**  
**Mary Magdalene and Jesus**

1914-1923  
1925-1935

**PADGETT MESSAGES**

**THE URANTIA BOOK**

1950 &amp; 1960

*Incarnation of the Avonal Pair*

2018 Jan 31

**REBELLION & DEFAULT**

**FORMALLY ended 31 JANUARY 2018**

*Bestowals from Paradise:*

**Avonals - Magisterial Daughter and Son**

Machiventa Melchizedek, to this day, continues to oversee the plan that was evolved more than 4,000 years ago to progressively open cracks in the Universal Contract governing the Rebellion and Default instigated by Lucifer 200,000 years ago. With 'federal' authority, the Creator Daughter and Son brought about the Lucifers and Satans' spirit world imprisonment 2,000 years ago, and set the Avonal bestowals in place.

The commencement of the Padgett Messages on 31 May 1914 triggered the bestowal of the Avonal Pair for Earth's humanity. The Avonals' 'state' authority brought about the Caligastias and Daligastias spirit world imprisonment in 1993. The Avonals' healing of what they have taken on of the Rebellion and Default ends the Rebellion and Default. Now we can all follow and progress on the pathway to Paradise.

# Journey of Earth's Humanity

Years ago:

993,500 **Andon and Fonta - aspire for human perfection.**

950,000 **Andonites reach Tasmania - southern Australia.**

500,000 *Caligastia - Lanonandek - appointed Planetary Prince  
Daligastia manifests on Earth with staff  
Sangik Family - Northern India - 6 colours*

200,000 *Lucifer - Lanonandek - rebels against Jesus & Mary  
Caligastia draws Earth into Rebellion*

38,000 **Adam and Eve manifest on Earth  
Adam and Eve default their mission**

1980 BCE **MACHIVENTA MELCHIZEDEK MANIFESTS**  
**Commences end of Rebellion & Default**

7 BCE **Jesus of Nazareth born**

2 BCE **Mary of Magdalene born**  
**Creator Daughter & Son Bestowal**

1914 - 1923 **Padgett Messages - second coming**

1925 - 1935 **The Urantia Book - history of humanity**

1944 CE **Bretton Woods Conference - funding**

2002 - 2022 **James Moncrief - Revelations**

**Avonal Daughter & Son Bestowal**

**Avonal Age of 1,000 years begins!**

# Soul Partners

Physical / material body  
Brain

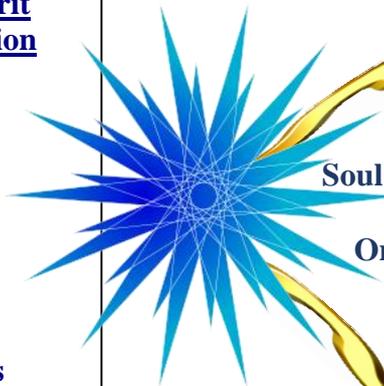
Spirit / etheric body  
Mind

Soul + Spirit Combination

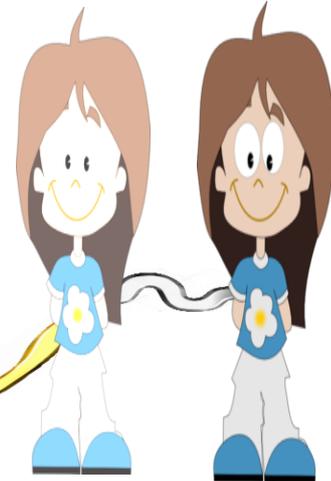
Senses  
Desires  
Memory  
Passions  
Intention  
Free Will  
Emotions  
Creativity  
Awareness  
Personality  
Aspirations  
Intelligence  
Consciousness  
The Real You is your Soul!  
Our Soul orchestrates everything!

## ONE SOUL = TWO PERSONALITIES

The two personalities from the one soul are eternally compatible once they are healed of their Rebellion and Default.



Soul

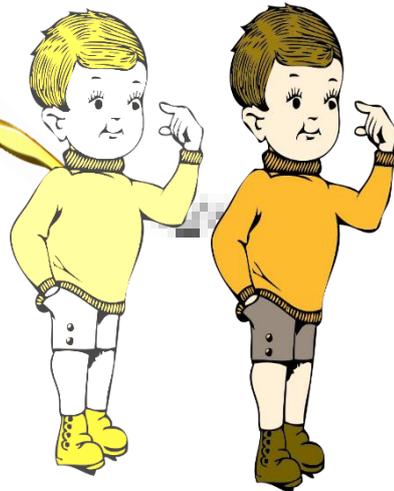


Spirit Body

Physical Body

One Soul = Two Personalities

The capabilities and potentialities of every individual personality is only limited by their childhood suppression and repression. Once we heal, then our self-expression will reveal our true selves.



# Soul Partner

Many long for and seek their soulmate / soul partner which they will find only upon completing their Feeling Healing. And should they have embraced Divine Love, becoming of a Celestial soul condition. Our soul is duplex. One soul expresses two personalities – one being female and the other male – always. There is no homosexuality on a soul level, only on a dysfunctional personality level. When each soulmate couple have respectively healed the Rebellion and Default within them, then being compatible partners for all of eternity, embark upon their joint journey (ascension) to Paradise – the home of our Heavenly Mother and Father – the Original Soul Partners!

During 2020, this account was made of soul partners of a family group who had lived close together in a small rural community in mid New South Wales of Australia. They are all now in the Celestial Heavens. More or less, the diversity of experiences and journeys may be considered typical for many billions of family personalities:

Nanna Beth's soul partner lived and worked in Western Australia's gold mining industry at the same time that Beth lived in New South Wales, Australia.

Her daughter, Marie's soul partner is a native from the Middle Eastern Kingdom of Quasoria, which no longer exists, but was on an island in the Pacific that also no longer exists. He's what you would call an ancient spirit, from three pole shifts back. (A pole shift is a cyclical event that unfolds around 12,000 to 13,000 years, the last one being more than 12,000 years ago. That suggests he may have lived on Earth some 40,000 years ago. Adam and Eve materialised on Earth more than 38,000 years ago in the Middle East, on a peninsula at the eastern end of the Mediterranean Ocean.)

Kevin, born in 1937, married Marie's eldest daughter. Kathaleen, Kevin's soulmate / soul partner was born in 1901, and is from Tennessee, USA, and is black. Kevin is white, so they are 'salt and pepper'.

Bradley, Kevin's son, suicided in 1999, and early April 2018 became Celestial. Bradley's soul partner is from the region that is now Russia – but it was not when she lived.

Raymond, Nanna Beth's grandson, died aged 23. Raymond entered the 1<sup>st</sup> Celestial Heaven in May 2018. His soulmate / soul partner had been in the Celestials for about twenty years and she was in the third Celestial Heaven sphere then. She is from northern Europe.

Benjamin John, Marie's grandson, miscarried at twelve weeks and was spirit born. His soul partner is also spirit born and they are now in the 2<sup>nd</sup> Celestial Heaven, both having had lives in the spirit Mansion Worlds that replicated living as if the were on physical Earth.

Physical incarnation (individualisation) is complete with the first heart beat, around 16 days after conception. Reincarnation is impossible. Annually, 130 million physical births take place, 45 – 50 million abortions as well as 45 – 50 million miscarriages. Childhood deaths annually may be as high as 10 million. Thus, around 45% of all incarnations do not achieve adult life.

While we remain living within the Rebellion and Default, we are rebelling against our soul; and consequently, against our soul partner. If we were able to find our soul partner, let alone recognise him or her, we would more than likely be repulsed by each other. Upon completion of our Spiritual Healing, usually we become connected with our soul partner, and then it is so for eternity.

## **AN UPDATE on JOHN'S FAMILY MEMBERS who are from WEST WYALONG, NSW!**

30 September 2023

James: As I was reading through the list of your (John's) family, an 'update' came into my mind...  
(clarifying comments added by John)

Nanna Beth, John's grandmother, her soul-mate (soul partner) and soul-group have chosen to remain in their current important third Celestial Heaven sphere positions for the next Age. (That is, the coming Avonal Age of the next 1,000 years.)

All the Celestials (1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> Celestial Heavens sphere) are currently in the process of being asked what they want to do: some suggesting what they'd like to do, others choosing their assignment from what exists, some appointed to specific positions by higher authorities.

All of your family (John's family) accept your son will remain and work in time from the third Celestial sphere throughout the next Age. (Our son, Benjamin John, miscarried at 12 weeks of gestation and was subsequently spirit born in the 1<sup>st</sup> spirit Mansion World. His soul partner was also spirit born.)

Your son has moved on with his soul-group and soul-mate higher into Nebadon (our local universe containing 3,840,101 inhabited worlds), so beyond the third Celestial Heaven sphere. They 'felt the call' to move on toward Paradise rather than remain in the lower Celestials for the next Age. (When we level the 3<sup>rd</sup> Celestial Heaven and progress higher into Nebadon, we cease to connect with Earth.)

Your mum (Marie Mum) is now in the third Celestial Heaven sphere, and remaining specifically aligned with you, that's you personally, and not so much to do with greater Pascas, so helping you in your relationship with it and with all the people you come across, and with me (James).

Marjorie has crossed over into the first Celestial Heaven sphere, settling in with her forming soul-group and having met her soul-mate who just arrived a short time after she did. It is thought her soul-group will move in time to work under your mum (John's mother, Marie Mum).

Kevin (John's brother-in-law), Raymond (John's 1<sup>st</sup> cousin) and Bradley (John's nephew and son to Kevin) are all now in the second Celestial Heaven sphere, they are all aligned under your mum (Marie Mum), so working associated with you and each other, and all Pascas wants to achieve.

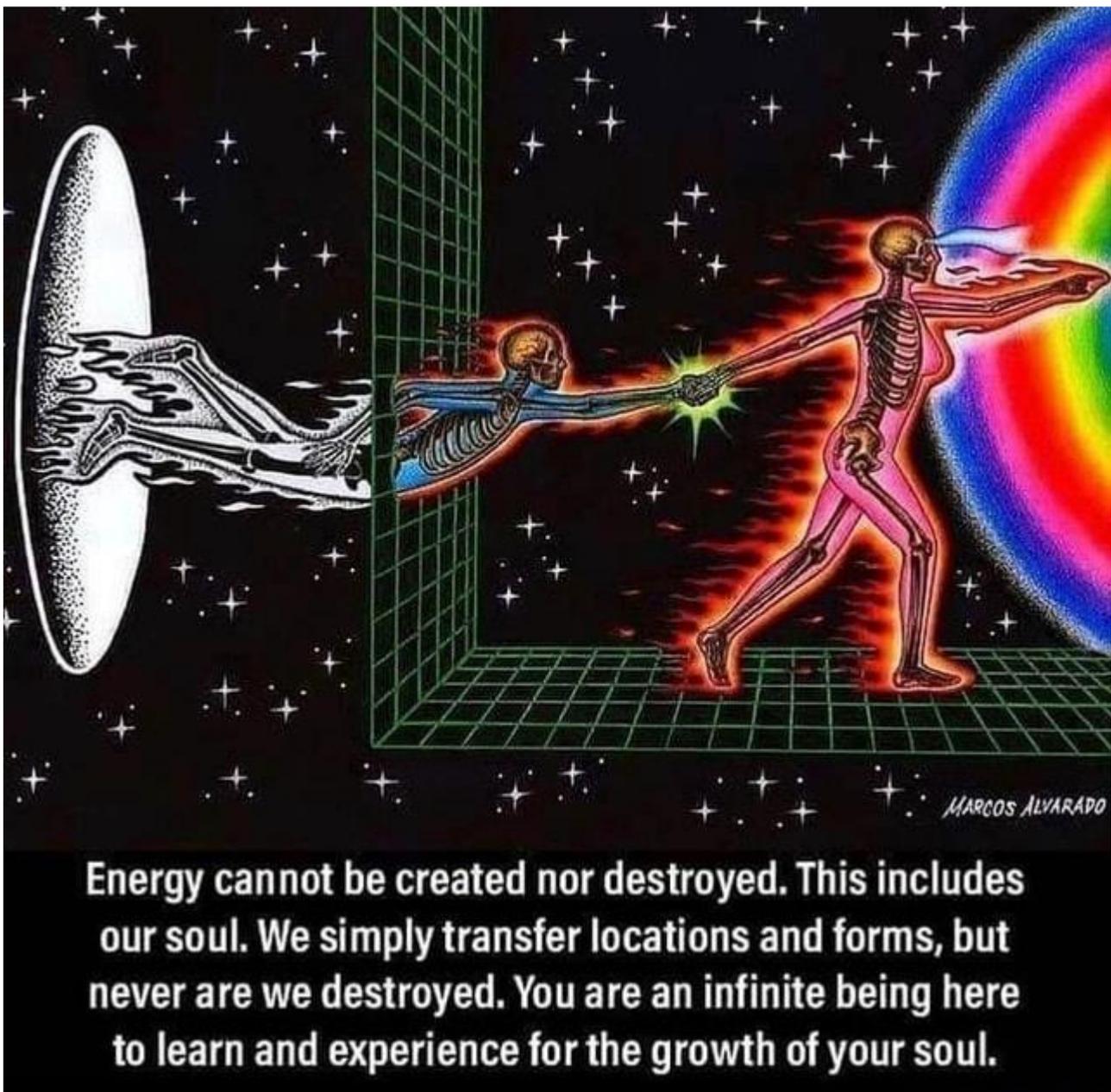
Kevin died 10 August 2012, through his Feeling Healing or similar process became Celestial by completing his healing and entered the 1<sup>st</sup> Celestial Heaven sphere on 7 August 2017, he is now in the 2<sup>nd</sup> Celestial Heaven sphere – September 2023.

Bradley, Kevin's son, suicided in 1999, and early April 2018 became Celestial by entering the 1<sup>st</sup> Celestial Heaven sphere, now in the 2<sup>nd</sup> Celestial Heaven sphere – September 2023.

Raymond, Nanna Beth's grandson, died aged 23. Raymond entered the 1<sup>st</sup> Celestial Heaven in May 2018, now in the 2<sup>nd</sup> Celestial Heaven sphere – September 2023.

Marjorie, John's sister, died 26 November 2020, entered the 3<sup>rd</sup> spirit Mansion World by 23 January 2021 being the first of the three spirit healing worlds (3, 5, 7). Marge had moved into the seventh spirit Mansion World around 12 April 2023. Marjorie has now crossed over into the first Celestial Heaven sphere – September 2023. Thus within 2 years and 10 months she has achieved Celestial Heaven status.

## What is life? What is the purpose of human birth?



Nothing that we see living ever dies. Its physicality may end however its life force continues in another form. Further, we do not experience the death of our physical body. We actually leave our physical body moments before it ceases to live. When we waken from our journey into the 1<sup>st</sup> spirit Mansion World we will find that we continue to look just like we did before the death of our physical body. Missing limbs will be now with us and we will be complete. We can use own spirit body hand to pinch our other arm and we will find that the tensile strength of our spirit body skin will feel just like our physical body skin strength as it was before death. If we live a long life, our spirit body after some time will start to de-age progressively!

All that we see living in nature will find their life energy go into a pool from which Nature Spirits will be drawn, each having the cumulative experiences of all that is used in their make-up.

## **WE are each a SPIRIT having a PHYSICAL EXPERIENCE!**

Andon and Fonta were the first people to have a longing for human perfection. They lived south of the Caspian Sea some 993,500 years ago. They were red skinned and had an appearance similar to today's Eskimos. Their offspring reached Tasmania, a southern island state of Australia, some 950,000 years ago meaning that migration to and through Papua New Guinea must have preceded that time.



It was some 200,000 years ago that Earth's humanity were beginning to be induced to living mind-centric and suppressing and ignoring their feelings. Also, it became customary for women to be subjected to the control of men. Women being generally closer and more open to their feelings would have ended the folly of living mind-centric should they have been allowed a voice.

Our mind is unable to discern truth from falsehood, our mind is addicted to untruth, and our mind is addicted to control over others and the environment. It is through our feelings that we discern truth and love. Now the issues that plague all of humanity can be understood. We have locked ourselves into the constructing of all that ails society by being mind-centric rather than feelings first with mind in support.

Our soul does it all. Our soul is a duplex, it manifests two personalities, one a female and the other a male – always! It does this by bringing about a spirit body that is the template for the physical body – this occurs at the moment of conception. Should the physical parents be in a perfect emotional state at the time of conception, the child will form perfectly and be born in a perfect emotional and physical state. As none of us are in a perfect emotional state, we as parents of the newly forming body and personality infuse the spirit body of the newly forming embryo with our emotional injuries and errors of belief. This impedes to flow of light from the soul to the spirit body and then through the physical body and then back through the spirit body to the soul. This imbalance in soul-light circuitry brings about the physical deformities, childhood illnesses and health issues that progressively emerge throughout the life of the child. This imbalance also brings about the personality issues, emotional issues and the apparent hereditary patterns being passed on from one generation to the next.

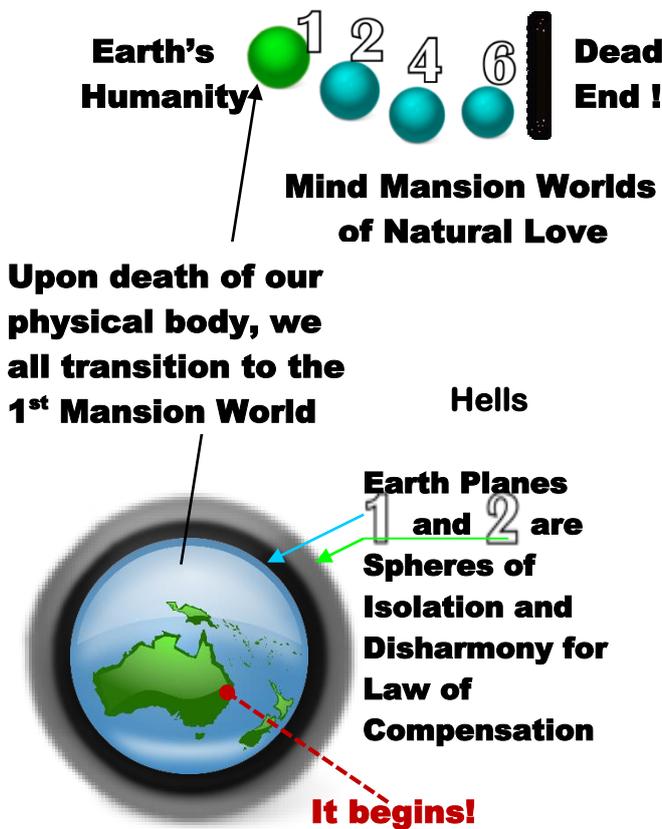
Thus, the underlying issues that we each are confronted with essentially stem from our Childhood Suppression imposed upon us by our parents from the moment of our conception through to the age of six years when our Indwelling Spirit arrives. We compound these issues through our ongoing Repression of our Childhood Suppression. Our Childhood Suppression is classically our parents trying to impose a personality type upon us that they consider is more appropriate than the true personality that we are, that our Heavenly Mother and Father gave us. Thus, we are all walking around presenting to the world a façade that is not our true self – we are each zombie-ised!

This was purposely imposed upon us by hidden controllers some 200,000 years ago. We each have been born into a Rebellion and Default.

**Our feelings are soul-based. Our soul is always in truth. It is our soul based feelings, that when allowed to be freely recognised, we will begin to express and be who we are. This takes time and perseverance as we have encrusted our souls with layers upon layers of errors and false beliefs, it is these layers that will confuse the truth that our soul is conveying to us. Only by our progression with our Feeling Healing will our soul's expression of truth become clear and free of all cloudiness and contamination.**



We each are sensitive to spirit influence and connectivity. For most it may almost be non-existent and a fantasy. To a very few it is as though there are no boundaries and the spirit world inter-connectivity with the physical is routine daily. And all the variables in between are experienced by others.



Since the time of Andon and Fonta, 993,500 years ago, all who have lived on Earth have progressed only into the mind Mansion Worlds of natural love. The vast majority have continued living in the 1<sup>st</sup> and 2<sup>nd</sup> Mansion Worlds with a few perfecting their natural love condition and progressing into the 4<sup>th</sup> then 6<sup>th</sup> Mansion Worlds and no further. There was nowhere else to go or progress into. There are maybe more than 200 billion personalities now in the spirit Mansion Worlds.

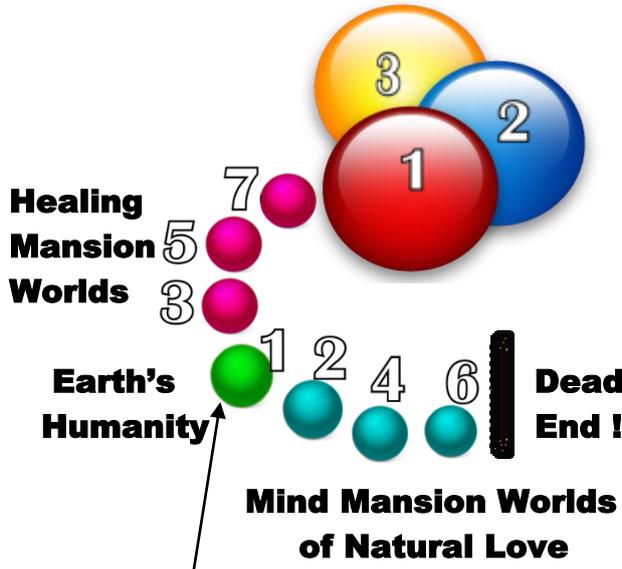
The capabilities and emotional condition of those within the 1<sup>st</sup> and 2<sup>nd</sup> Mansion World is literally no different to the people you see in your daily life. Spirit personalities from the 1<sup>st</sup> and 2<sup>nd</sup> Mansion Worlds having nothing to offer anyone more than when they lived on Earth in the physical.

For the past 200,000 years they have been perfecting their control addictions which emerged for them during their physical lives.

So, from the spirit worlds they have been influencing by suggestion to those in the physical who are open to their manipulations. This is how we get ‘sorcerers’ and ‘witch doctors’. A spirit personality cannot cause anyone in the physical any harm. If you are inclined to be mischievous then they can help you along! This is the foundation of many ‘superstitions’.

The planning for the ending of the Rebellion and Default has been underway for a long time. Machiventa Melchizedek is the oversight of the plan. He physically manifested outside of Salam, north of Jerusalem, 4,000 years ago (1980 BC) to tutor Abraham in preparation for the coming of the Creator Daughter and Son (Mary Magdalene and Jesus). Upon Jesus and Mary achieving their full co-regency of our Local Universe of Nebadon early in our 1<sup>st</sup> century, they were enabled to have our System Sovereign and deputies arrested (Lucifer and Satan soul partner pairs). They also opened the healing spirit Mansion Worlds 3, 5 and 7, as well as the Celestial Heavens 1, 2 and 3, so as to pave the way for the arrival of the Avonal Pair on Earth in the 21<sup>st</sup> Century (now)!

**SATANIA – System**  
**Earth is #606 of 619 humanities.**  
**Celestial Heavens Spheres**



**Upon death of our physical body, we all transition to the 1<sup>st</sup> Mansion World**



no further assistance to perpetrate so-called black-magic. This spirit controlling assistance has been also blocked off from leaders all around the world with the consequence of enormous amounts of stupidity unfolding. We are to look for a better way and that is to live Feelings First.

On 31 January 2018, the Rebellion and Default has been formally ended. The outworking of the Rebellion and Default will take all of the coming 1,000 years being the Avonal Age. The Avonal Pair are yet to commence their public work as of December 2022.

**This time, in the history of humanity, is the most exciting time ever experienced.**

To support the Avonal Pair there has needed to be a very large contingent of Celestial Spirits emerging from Earth's humanity. At the time of Jesus and Mary there were none!

When Mary lived in Egypt after Jesus' death, she tutored five ladies who subsequently progressed through the healing spirit Mansion Worlds 3, 5 and 7 and then into the first three Celestial Heavens. Others have followed and there now maybe 30 billion Celestial spirits emanating from Earth. That is why it has taken these past 2,000 years to prepare for the Avonal Pair's arrival.

As milestones have been reached then events could unfold. On 22 March 2017 negative spirit influence from the spirit mind Mansion Worlds has been mostly stopped and this has been imposed by the Celestial Spirits.

Also under the terms and conditions of the Universal Contract governing the Rebellion and Default, until recently connectivity and interaction between Celestial Spirits and those in the physical on Earth was off limits. Those who now become aware of Feeling Healing and or the availability of Divine Love can now connect and interact with their Celestial Spirit guidance.

From the blocking of mischievous mind spirits on 22 March 2017, those who were being assisted with seemingly 'magical' or mysterious events, healing or otherwise, are now left to their own devices. There is now

Our physical parents, from our conception, endeavour to mould us into being ‘little me’s’, that is, replicas of themselves, imposing their beliefs and personality traits upon each of us. They crush our individuality and free will. They destroy our personality, our true self. They inflict upon each of us their ways, all of which are a result of the Rebellion and Default of many, many generations ago. They drive us into believing and subsequently becoming dependent upon our minds. This is not the way for us to express our true selves and evolve along the path towards our true parents, our Heavenly Mother and Father.



No, we are not in the image of our physical parents. Though we may look like them, and act like them because they have dramatically and successfully crushed our true personality, we are each very unique and independent of our parents and all other family members. When we begin to progress along the path of engaging with our soul based feelings and seek for the Truth of our feelings, we will become free of our parents’ impositions and suppression.



**The CHILD is to FREELY EXPRESS ITSELF:** Messages from Mary and Jesus 13 May 2003

Mary: The greatest gift you can give your child, is allowing it to be freely able to express itself, helping it to feel good about being able to say and express and communicate all it feels. **THERE IS NOTHING BETTER FOR A CHILD TO FEEL THAN KNOWING ITS PARENTS COMPLETELY WANT IT TO BE EXACTLY HOW IT FEELS IT WANTS TO BE.** To be completely unconditionally accepted for all that it is. Then it feels loved.

Mary Magdalene, co-regent with Jesus, and soul partners.

This is how we are also to be, as adults!

**To liberate one’s real self, one’s will, being one’s soul, is begun by embracing Feeling Healing, so as to clear emotional injuries and errors. With the Divine Love, then one is also Soul Healing. We are to feel our feelings, identify what they are, accept and fully acknowledge that we’re feeling them, express them fully, all whilst longing for the truth they are to show us.**

Once humanity collectively understands what has happened to them on the higher spiritual level, how the people have been controlled, and that it’s over, that control is no longer controlling, it’s just legacies of it, all of which the average person can deal with by destroying it in themselves, things will change markedly for the better. And as the people change, so too will how they want to live, it will be a great time of revolution, nothing will be the same. So what you are currently living through is the end of the Rebellion and Default, it literally is, and so once the end is fulfilled and the New starts, then all how it currently is and has been will cease to be.



Nanna Beth 3<sup>rd</sup> Celestial Heaven, John’s grandmother, 20 March 2018

# VOICE

We each are to VOICE our pain - the pain from within!

And our pain is our Childhood Suppression.

This being our families' traditions and customs of unknowing erroneous ways.

It is the untruth of held spiritual platforms.

It is our own imprisonment within our mind of arrogance and control addiction.

It is the imposition of control placed on us by those from many levels of influence!

We each are to VOICE our pain to a companion who has compassion for us, and long for truth!

We are to discover that truth which is freedom and love that has been hidden from us.

We are to discover that our feelings are our truth.

We are to discover that we are each fully self-contained - truth is within us - and that it is our soul based feelings that generations have told us to suppress and ignore.

No more controlling institutionalised systems are required! - NONE!

# VOICE

Our Spirit Friends on duty



# OUT GATEWAY ISOLATION



**SPIRIT MANSION WORLDS are numbered 1 to 7:**

To PARADISE, the HOME of OUR HEAVENLY PARENTS

Spirit Mansion Worlds are those 1 – 7. They with the Celestial Heaven spheres numbered 8, 9, 10 as well as the 3 Spheres of Disharmony are all within the Earth’s environment, and rather close by. Each sphere can accommodate more than 100 times the people than Earth may do.

Progression from the top Celestial Heaven sphere is to the Eternal Spheres, Infinite and Universal and further onwards to Paradise.

Celestial Heaven spheres 8, 9, 10 are often referred to as 1, 2, and 3 of Celestial Heaven.



**Note: The 1<sup>st</sup> Divine Love Sphere and the 1<sup>st</sup> Sphere of Disharmony may simply be planes within the 1<sup>st</sup> Natural Love Spirit World.**

# VOLUNTEERS

facilitate the application of the

## LAW OF COOPERATION

which is in conjunction with the

## LAW OF COMPENSATION

Worldwide Awareness Being Assisted With Through

### The New Way

**The Golden rule is: Never interfere with another's will.**

**God's Divine Love: Pray for it, ask for it, and receive it.**

**Our Heavenly Parents simply desires for us to ask for Their Love.**

**Golden Rule: that one must always honour another's will as one honours one's own.**

**The New Way: learning how to live true to ourselves by living true to our feelings.**

**We are to express our feelings, both good and bad, at all times, and to long for the truth of them.**

**By living true to ourselves, true to our feelings, we are living true to God. It's that simple.**

**To liberate one's real self, one's will, driven by one's soul, moves one to embrace Feeling Healing, so as to clear emotional injuries and errors. With the Divine Love, then one is also Soul Healing. We are to feel our feelings, identify what they are, accept and fully acknowledge that we're feeling them, express them fully, all whilst longing for the truth they are to show us.**

It is through the introduction of The New Way, the earthing of both the Law of Compensation and the Law of Cooperation, as well as the above revelations becoming globally known, that a 1,000 year period of peace may unfold, being the coming Avonal Age.

*Look for deeper understanding and truth.  
Seek to understand what it is about the feeling.  
Long to know what is underneath the feeling.  
Ask, beg, pray, long to know the truth above all.  
Underneath each discovered layer is another!  
Until we go back to our time of conception.  
Our feelings are our truth - our soul based truth.  
We are to express all that we feel, good and bad.  
This is the beginning of our FEELING - HEALING.  
Then always ...*



**Kindly consider reading:** [www.pascashealth.com](http://www.pascashealth.com) then proceed to Library Download:

Pascas Care Letters – Family Shelters Abuse & Remedial  
 Pascas Care Letters – Family Shelters Overview  
 Pascas Care Letters – Family Shelters Per Capita Inequality  
 Pascas Care Letters – Family Shelters Protection  
 Pascas Care Letters – Family Shelters Social Housing  
 Pascas Care Letters – Family Shelters Support Centre  
 Pascas Care Letters – Family Shelters towards Liberation  
 Pascas Care Letters – Homelessness Helping Hand  
 Pascas Care Letters – Root Cause now to Pathway Forward  
 Pascas Care Letters – Root Cause now to Pathway Forward (short)

Chaldi College Free to Learn Instinctively  
 Chaldi College Free to Learn Pathway

Pascas Care Letters – Back to Basics  
 Pascas Care Letters – Change  
 Pascas Care Letters – Finaliters our Destiny  
 Pascas Care Letters – Humanity is Addicted to Untruth  
 Pascas Care Letters – Journey of Earth’s Humanity  
 Pascas Care Letters – Life is a Highway  
 Pascas Care Letters – Live True to How You Truly Are  
 Pascas Care Letters – Moving out of Healing  
 Pascas Care Letters – My Customs Heritage and Nationality  
 Pascas Care Letters – One Soul Two Personalities  
 Pascas Care Letters – Psychology and Feeling Healing  
 Pascas Care Letters – Spirit Evolution and Environmental Changes  
 Pascas Care Letters – Transition & Assimilation following Death

Pascas Care – Death & Dying Transition & Assimilation Marjorie  
 Pascas Care – Kinesiology Testing

Pascas Care Living Feelings First Adults  
 Pascas Care Living Feelings First Children  
 Pascas Care Living Feelings First Children Annexures  
 Pascas Care Living Feelings First Children Discussions  
 Pascas Care Living Feelings First Children Graphics  
 Pascas Care Living Feelings First Drilling Deeper  
 Pascas Care Living Feelings First Drilling Deeper Structures  
 Pascas Care Living Feelings First Reference Centre

Important recommended reading is:

*by James Moncrief*

### ***The Rejected Ones – the Feminine Aspect of God***

<http://divinelovesp.weebly.com/my-free-books-and-free-padgett-messages.html> ALSO at  
<https://www.pascashealth.com/index.php/library.html?file=files/opensource/Downloads/MEDICAL%20-%20SPIRITUAL%20REFERENCES/Rejected%20Ones%20via%20James%20Moncrief.pdf>

<http://www.pascashealth.com/index.php/library.html>

## Library Download – Pascas Papers

All papers may be freely shared. The fortnightly mailouts are free to all, to be added into the mailout list, kindly provide your email address. [info@pascashealth.com](mailto:info@pascashealth.com)

Within the Library Download page within Pascas Care Letters at [www.pascashealth.com](http://www.pascashealth.com) kindly download the following two files:



[Pascas Care Letters Root Cause now to Pathway Forward.pdf](#)



[Pascas Care Letters Root Cause now to Pathway Forward short.pdf](#)

Important recommended reading is:

by James Moncrief

### The Rejected Ones – the Feminine Aspect of God

<http://divinelovesp.weebly.com/my-free-books-and-free-padgett-messages.html> ALSO at  
<https://www.pascashealth.com/index.php/library.html?file=files/opensauce/Downloads/MEDICAL%20-%20SPIRITUAL%20REFERENCES/Rejected%20Ones%20via%20James%20Moncrief.pdf>

**To liberate one's real self, one's will, being one's soul, is by embracing Feeling Healing so as to clear emotional injuries and errors. With the Divine Love, then one is also Soul Healing. We are to feel our feelings, identify what they are, accept and fully acknowledge that we're feeling them, express them fully, all whilst longing for the truth they are to show us.**

Within the Library Download page within Pascas Care Letter at [www.pascashealth.com](http://www.pascashealth.com) kindly download the following:

- Pascas Care Letters – Family Shelters Abuse & Remedial
- Pascas Care Letters – Family Shelters Overview
- Pascas Care Letters – Family Shelters Protection
- Pascas Care Letters – Family Shelters Social Housing
- Pascas Care Letters – Family Shelters Support Centre
- Pascas Care Letters – Family Shelters towards Liberation

**Be Feeling Expressive**

*it's all about*  
**Experiences & Feelings**

**FURTHER READING:**

Free downloads are from [www.pascashealth](http://www.pascashealth.com) in the Library Download page, scroll down for the PDFs:

**PASCAS CARE PARENTING**

Sam’s Book – Parenting and Feeling Healing	Book I	Experience
Sam’s Book – Parenting and Feeling Healing	Book II	Conception
Sam’s Book – Parenting and Feeling Healing	Book III	Magic
Sam’s Book – Parenting and Feeling Healing	Book IV	Nothingness
Sam’s Book – Parenting and Feeling Healing	Book V	Setting Free
Sam’s Book – Parenting and Feeling Healing	Book VI	Pain and Rage
Sam’s Book – Parenting and Feeling Healing	Book VII	Vision
Sam’s Book – Parenting and Feeling Healing	Book VIII	Childhood
Sam’s Book – Parenting and Feeling Healing	Book IX	Self-Acceptance
Sam’s Book – Parenting and Feeling Healing	Book X	Physical Illness

- Pascas Care – Parenting Awareness
- Pascas Care – Parenting Eureka Moment
- Pascas Care – Parenting Feelings Supreme Guides
- Pascas Care – Parenting Health Generation
- Pascas Care – Parenting into the Abyss
- Pascas Care – Parenting Rebellion

Important recommended reading is: by James Moncrief

**The Rejected Ones – the Feminine Aspect of God**

<http://divinelovesp.weebly.com/my-free-books-and-free-padgett-messages.html> ALSO at  
<https://www.pascashealth.com/index.php/library.html?file=files/opensauce/Downloads/MEDICAL%20-%20SPIRITUAL%20REFERENCES/Rejected%20Ones%20via%20James%20Moncrief.pdf>



**Mind Centric Way**

*Feelings First Freedom*

<b>Primary recommended reading:</b>	<b>consider commencing with:</b>	<b>Paul – City of Light and Sage – and the Healing Angels of Light</b>
<b>The Rejected Ones</b>	<b>2002 – 2003</b>	<b>xxx – James Moncrief</b>
<b>Messages from Mary &amp; Jesus</b>	<b>2003</b>	<b>xxx – James Moncrief</b>
<b>Soul Light from Zelmar Melchizedek</b>	<b>2003</b>	<b>xxx – James Moncrief</b>
<b>Paul – City of Light</b>	<b>2005</b>	<b>xxx – James Moncrief</b>
<b>Feeling Healing</b>	<b>2017</b>	<b>– James Moncrief</b>
<b>Religion of Feelings</b>	<b>2017</b>	<b>– James Moncrief</b>
<b>Mary Magdalene and Jesus' comments on the Padgett Messages</b>	<b>2007 – 2010</b>	<b>xxx – James Moncrief</b>
<b>Speaking with Mary Magdalene &amp; Jesus Sage and the Healing Angels of Light</b>	<b>2013 – 2014</b>	<b>xxx – James Moncrief</b>
<b>Road map of Universe and history of Universe:</b>		
<b>The Urantia Book</b>	<b>1925 – 1935</b>	<b>xxx as primary reading</b>
<b>Divine Love supporting reading:</b>		
<b>Revelations</b>	<b>1954 – 1963</b>	<b>– Dr Daniel Samuels</b>
<b>Judas of Kerioth</b>	<b>2001 – 2003</b>	<b>– Geoff Cutler</b>
<b>The Book of Truths containing the Padgett Messages or Little Book of Truths</b>	<b>1914 – 1923</b>	<b>xxx – Joseph Babinsky</b>
<b>True Gospel Revealed anew by Jesus Vol I, II, III, IV</b>		<b>xxx – Geoff Cutler</b>
<b>Available generally from:</b>		
<a href="http://www.lulu.com">www.lulu.com</a>	<a href="http://www.amazon.com">www.amazon.com</a>	<a href="http://www.bookdepository.com">www.bookdepository.com</a>
<b>For Divine Love focused websites and forums:</b>		
<b>Pascas Health:</b>	<a href="http://www.pascashealth.com/index.php/library.html">http://www.pascashealth.com/index.php/library.html</a>	
<b>Spiritual Development:</b>	<a href="http://new-birth.net/spiritual-subjects/">http://new-birth.net/spiritual-subjects/</a>	
<b>Padgett Books:</b>	<a href="http://new-birth.net/padgetts-messages/">http://new-birth.net/padgetts-messages/</a>	
	<a href="http://divinelovesp.weebly.com/my-free-books-and-free-padgett-messages.htm">http://divinelovesp.weebly.com/my-free-books-and-free-padgett-messages.htm</a>	

### **BIBLIOGRAPHY NOTE:**

James Moncrief has written numerous books and prepared numerous movie scripts. Incorporated here are primary writings.

Pascas has 750+ supportive 'Pascas Papers' accessible in Library Download at [www.pascashealth.com](http://www.pascashealth.com)

Pascas Primary publications being:

- U-Turn for Humanity Pascas reveals New Feelings Way
- U-Turn for Humanity pathway being New Feelings Way
- U-Turn for Humanity shutting hells through New Feelings Way
- U-Turn for Humanity simple is what Life is meant to be
- U-Turn for Humanity soul light and New Feelings Way
- U-Turn for Humanity through the New Feelings Way
- U-Turn for Humanity treacherous assumptions New Feelings Way
- U-Turn for Humanity unfolding the New Feelings Way
- Universal Gift – Feeling Healing with Divine Love
- Feeling Healing and Divine Love Discussion Prompts
- Pascas Care Death & Dying Transition & Assimilation Marjorie

Selected Pascas Papers, as noted below, can be downloaded from [www.pascashealth.com](http://www.pascashealth.com) from within the Library Download page.

**James Moncrief's books, the Padgett Messages and The Urantia Book at:**

**DIVINE LOVE SPIRITUALITY – DLS:**

<http://divinelovesp.weebly.com/my-free-books-and-free-padgett-messages.html>

All Padgett Messages (for condensed versions – see below) 1914 – 1923 Pages 945  
The Urantia Book (see suggested papers to read below)

**James Moncrief Books:**

	MoC		
The Rejected Ones – the Feminine Aspect of God	1,490	Nov 2002 – Jan 2003	228
Messages from Mary and Jesus book 1	1,485	Feb – Apr 2003	189
Messages from Mary and Jesus book 2	1,485	Apr – Oct 2003	170
Soul Light from Zelmar, a Melchizedek, books 1 and 2	1,480	May – Sep 2003	480
Mary Magdalene and Jesus' comments on the Padgett Messages – book 1		Aug 2007	164
Messages from 31 May 1914 – 12 January 1915	1,495		
Mary Magdalene and Jesus' comments on the Padgett Messages – book 2		Sep 2010	177
Messages from 13 January 1915 – 29 August 1915	1,494		
Speaking with Mary Magdalene and Jesus blog – book 1	1,490	Jan – Apr 2013	206
Speaking with Mary Magdalene and Jesus blog – book 2	1,489	Apr – May 2013	229
Speaking with Mary Magdalene and Jesus blog – book 3	1,490	Oct – Jan 2014	187
Speaking with Mary Magdalene and Jesus blog – book 4	1,491	Jan – May 2014	191
Mary Magdalene comments on Revelation from the Bible KJV	1,485	Dec 2013 – Jan 2014	84

**This group being pages of 2,305**

Paul – City of Light	1,488.5	2005	149
Ann and Terry		2013	235
Feeling bad? Bad Feelings are GOOD!	feeling-healing book 1	2006	179
Feeling bad will make you feel BETTER – Eventually!	feeling-healing book 2	2006	159
Breaking the Golden Rule.	feeling-healing book 3	2006	168
Feeling-Healing exercises, and other healing points to consider.		2009	175
Cathy and Mark – a novel introducing Feeling-Healing.		2010	151
Introduction course to Divine Love Spirituality		2006	139
Speaking with the Dead, Death and Dying		2009	173
Spirits and their Childhood Repression Healing		2010	179
With Verna – a nature spirit		2008	279
Communication with spirits – meet a spirit friend		2010	37
Introduction to Divine Love Spirituality website			362
Sage – and the Healing Angels of Light		2017	260
Divine Love Spirituality	1,500	2017	201
Feeling Healing – you can heal yourself through your feelings		2017	153
Religion of Feelings	1,500	2017	47

**This group being pages of 3,046**

**Religion of Feelings**

<http://religionoffeelings.weebly.com/>

**Introduction to Divine Love Spirituality**

<http://dlspirituality.weebly.com/>

**Main website of DLS**

<http://divinelovesp.weebly.com/>

**Childhood Repression website**

<http://childhoodrepression.weebly.com/>

**DLS and CR forum**

<http://dlscr.freeforums.net/>

<http://withmarymagdaleneandjesus.weebly.com/blog---and-free-books-speaking-with-mary-and-jesus>

**FEELING HEALING and SOUL HEALING with the DIVINE LOVE:**

**James Moncrief Publications:**  
**downloads:**

**all publications are free**

<http://divinelovesp.weebly.com/my-free-books-and-free-padgett-messages.html>

It is suggested for one to consider reading as follows:

**Speaking with Mary Magdalene and Jesus – books 1 – 4**

These four books encapsulate the second of the revelations with the first having been introduced by James Padgett one hundred years previously. These four books provide a wide range of guidance that has never previously been made available.

**Soul Light – books 1 and 2**

A Melchizedek, Zelmar, sums up how we are to heal ourselves and ascend to Paradise.

**Paul – City of Light**

As a gentle intro into the Divine Love and Healing; being James Moncrief's first novel.

**Ann and Terry**

An example for people who might want to immediately start working on themselves and doing their Healing.

**Feeling Bad? Bad Feelings are GOOD**

For more understanding about our denial of our feelings and why we should not deny our feelings, and it includes how it all came about for James, using himself as an example.

**Feeling bad will make you feel BETTER – Eventually!**

This includes specific examples of Marion and James working on expressing particular bad feelings, again with the hope that it will help others gain something of an idea as to what's involved in doing your Feeling Healing.

**Sage – and the Healing Angels of Light**

Through Sage who's 13 years old, the story is primarily about the two aspects of healing; that being, with the help of our angels, and the full Healing we can do by looking to our feelings for their truth.

**Religion of Feelings**  
**Feeling Healing**

**Welcome to LOVE – the Religion of Feelings**  
**you can heal yourself through your feelings**

So these books, including the four Speaking with Mary Magdalene and Jesus books, provide the essence of it all and are examples of James' work. Then it's up to whatever takes one's fancy. Other reading to consider may include:

**The Padgett Messages being published as:**

**The True Gospel Revealed Anew by Jesus volumes 1 – 4**

**Book of Truths by Joseph Babinsky**

**The Urantia Book**

**Release one's pain through expressing one's feelings.**

**in conjunction with**

**Longing for the Truth when also longing for Divine Love.**

**FEELING HEALING with DIVINE LOVE is SOUL HEALING:**

*A collection of 'papers' that draw together specific topics including all of the above and more from other sources of information and revelation designed to help increase one's awareness about why we have the problems we do and how to heal them, all whilst living a more healthy and sustainable life. They provide a brief snapshot of the more complicated topics and issues.*

**Firstly, consider discovering the truth of your emotional pain through Feeling Healing.  
Secondly, consider longing for our Heavenly Parents' Love as you progress with your healing.  
Primary and most important readings are the writings of James Moncrief.  
Then consider the Padgett Messages, and then The Urantia Book.**

Pascas Papers, being free, are located within the Library Download [www.pascashealth.com](http://www.pascashealth.com)  
<http://www.pascashealth.com/index.php/library.html>

**[PASCAS – document schedule.pdf](#)      **downloadable index to all 550+ Pascas Papers.****

FH denotes Feeling Healing; SH denotes Soul Healing, which is: Feeling Healing with the Divine Love;  
DL denotes Divine Love – living with the Love.

**PASCAS INTRODUCTION NOTES:** *All papers below can be found at Library Download link.*

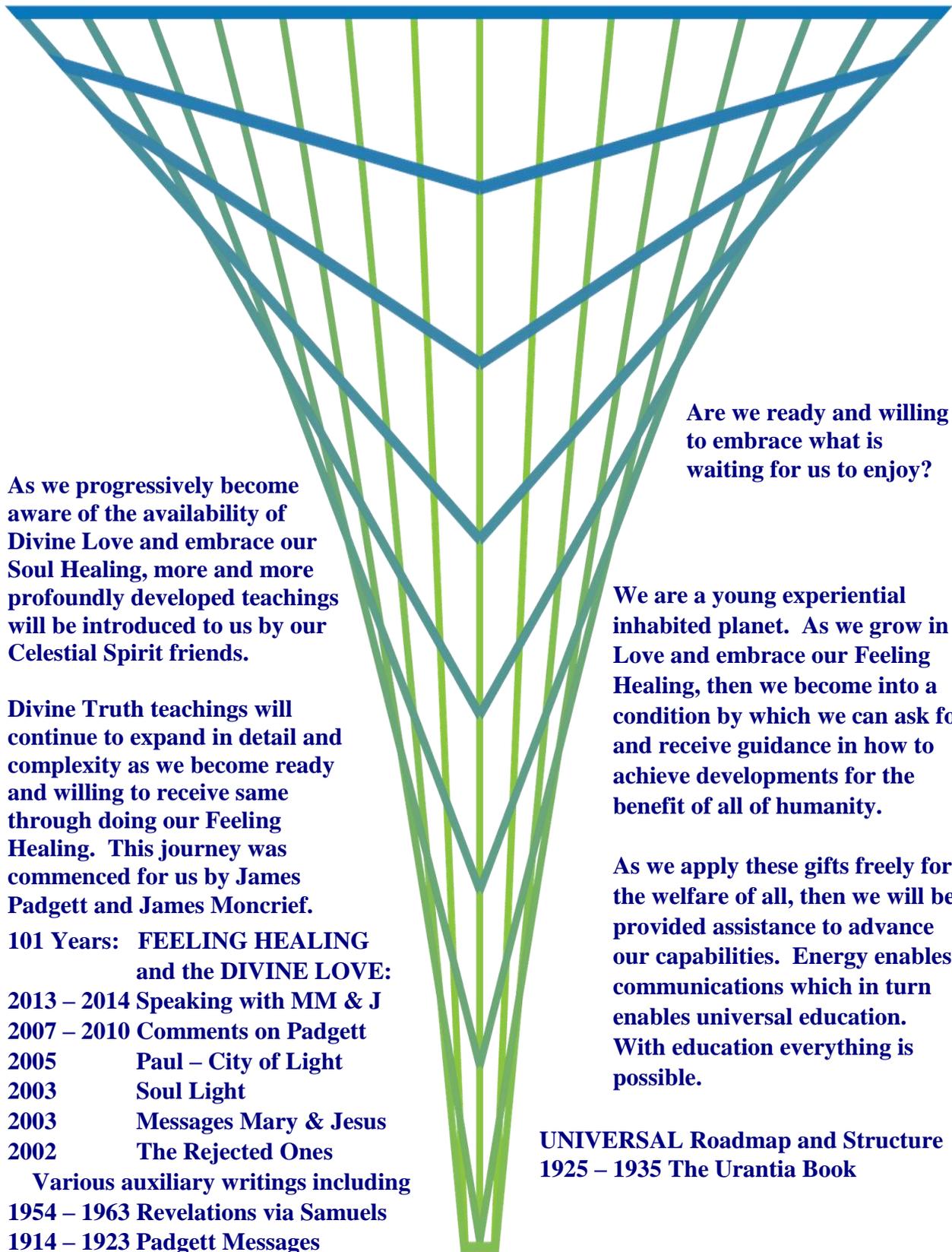
Pascas Care Letters A Huge Upturn  
Pascas Care Letters Big Revelation  
Pascas Care Letters Feeling Healing Benefits Children  
Pascas Care Letters Feeling Healing Way  
Pascas Care Letters Little Children  
Pascas Care Letters Women's Liberation and Mother

**MEDICAL – EMOTIONS:**

Pascas Care – Feeling Healing  
Pascas Care – Feeling Healing All is Within  
Pascas Care – Feeling Healing and Health  
Pascas Care – Feeling Healing and History  
Pascas Care – Feeling Healing and Parenting  
Pascas Care – Feeling Healing and Rebellion  
Pascas Care – Feeling Healing and Starting  
Pascas Care – Feeling Healing and Will  
Pascas Care – Feeling Healing Angel Assistance  
Pascas Care – Feeling Healing Being Unloved  
Pascas Care – Feeling Healing Child Control  
Pascas Care – Feeling Healing Childhood Repression  
Pascas Care – Feeling Healing End Times  
Pascas Care – Feeling Healing is Rebellious  
Pascas Care – Feeling Healing Live True  
Pascas Care – Feeling Healing Mary Speaks  
Pascas Care – Feeling Healing My Soul  
Pascas Care – Feeling Healing Perfect State  
Pascas Care – Feeling Healing Revelations X 2  
Pascas Care – Feeling Healing the Future  
Pascas Care – Feeling Healing Trust Yourself  
Pascas Care – Feeling Healing Versus Cult

**PASCAS  
PAPERS**

**DIVINE LOVE and DIVINE TRUTH Revelations and Teachings escalating:**



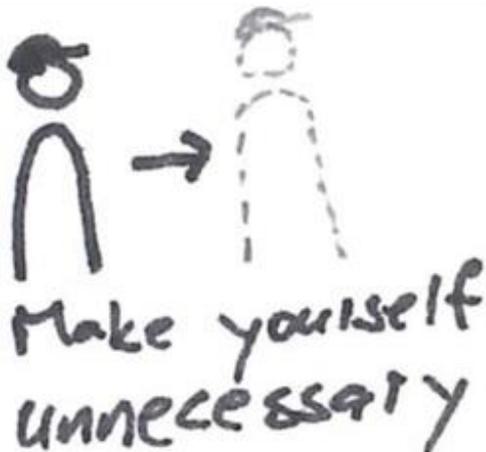
# "THE" profession is: TEACHING



to:



while you



*Learn through play*  
*Independently explore subject*  
 +  
*Research with fellow students*  
*Explore topics you enjoy*  
*Engage in what you are passionate about*  
*Ask — and keep asking*  
*Question every aspect*  
*Commonsense is not common*  
*Assumptions are mostly in error*  
*Embrace what you may be feeling*  
*We have been retarded and restrained*  
*We are to be our true self*  
*We are to express all our feelings*  
*We are self contained — all is within*  
*By doing is how we learn*  
*Tutoring others is a great self teacher*  
*Our capabilities are infinite*

# PASCAS UNIVERSITY

We hereby confirm that

**Dennis B, Larry C  
and Sidney D**

Having duly satisfied the Examiners appointed by Senate and having fulfilled all the conditions prescribed by ordinance and regulations by resolution of the Council was awarded the

## Postgraduate Feelings Degree

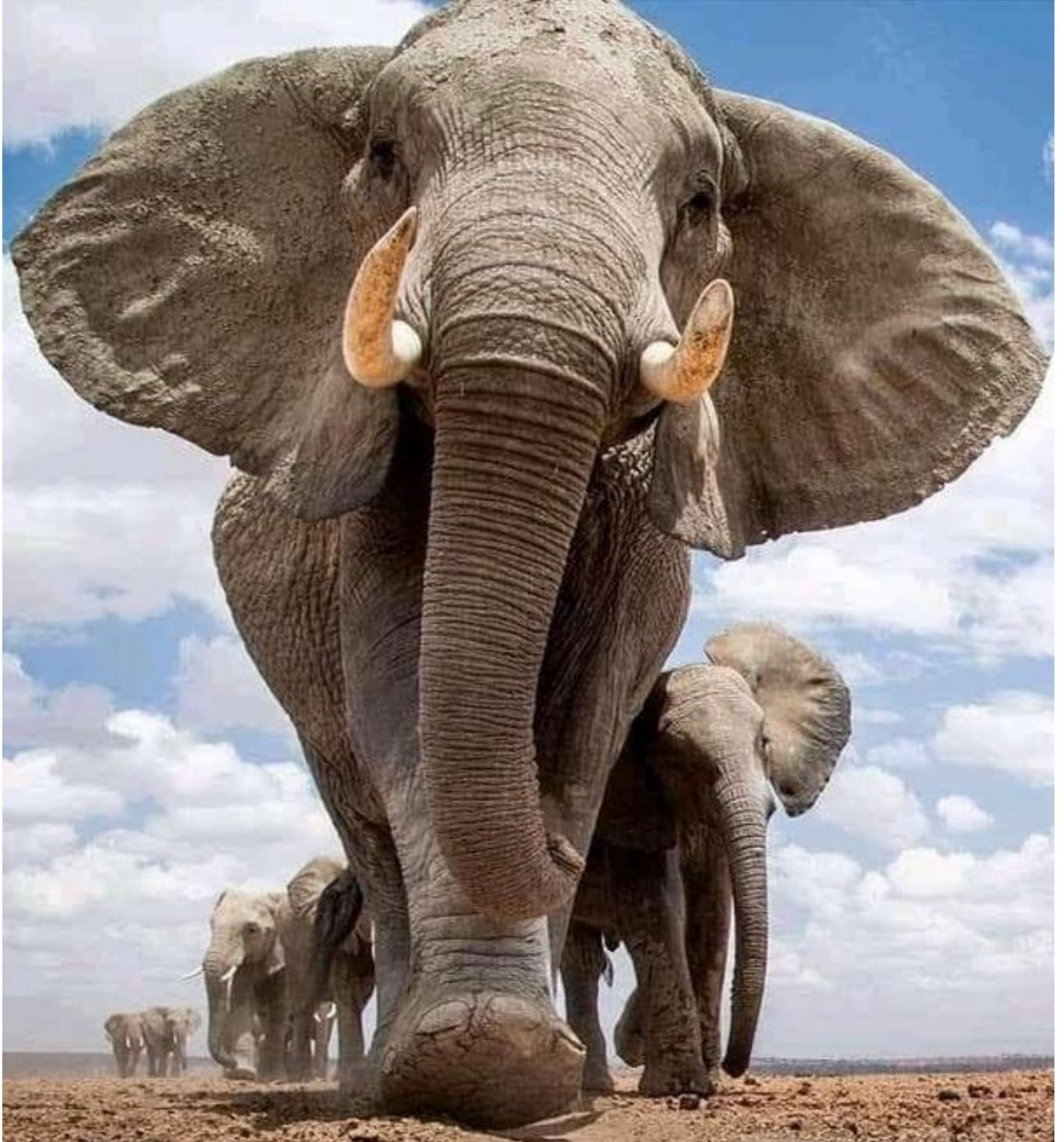
**PfD** in the field of  
**SOCIAL WELFARE and CHILD UPBRINGING** in  
**“BRIDGING the GAP”**  
on the  
31 May 2024

*Andrew Brown*  
Chancellor



*Philip Green*  
Registrar

# HEREWECOME



Living Feelings First!

INTUITIVE

INSIGHTFULNESS

DYNAMIC

NATURAL INTELLIGENCE

SPONTANEOUS

VIBRANCY

foresightful

*Wisdom & Truth*

FREEDOM

EQUALITY

---

(and no Artificial Intelligence!)

# WE EACH NOW CAN CLIMB TO INCOMPREHENSIBLE LEVELS OF CONSCIOUSNESS

