

# PASCAS WORLDCARE



## Feeling Healing Structures Introduction

### Living Feelings First

### - Drilling Deeper



“Peace And Spirit Creating Alternative Solutions”

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Pascas Foundation is a not for profit organisation

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## PASCAS WORLDCARE LIVING FEELINGS FIRST – DRILLING DEEPER – Structures:

We have been led by everyone around us, in all walks of life, particularly our parents, to worship our minds as the only way to prosperity, happiness and spiritual growth. Our minds cannot and do not discern truth from falsehood and further, our minds are addicted to control – control over our true selves and of all others.

We have been going the wrong way for 200,000 years. Our truth is through our soul-based feelings. We are to embrace our feelings and long for the truth of what they are to reveal to us. Through our feelings we will discern the truth we are to live by and then our mind is to assist us in living such truth. Our mind is to follow our feelings, not the other way round as we have been taught from the moment of our conception. We are to drill deeply into our feelings which will bring to the surface our childhood suppression and repression. Only by expressing, talking out, our childhood injuries and living Feelings First can we heal ourselves and evolve.

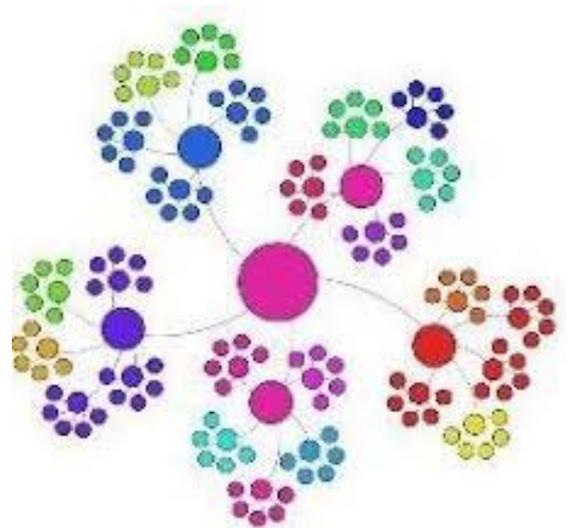
How may the Feeling Healing way of living be introduced into communities? The revelation of Feeling Healing will unfold through one on one contact. First is to come is the awareness of what Feeling Healing is and how to go about it, then should one so desire to engage in it. No one is obliged or asked to do anything. Some time during one's journey, either in the physical or in spirit, we will all engage in our Feeling Healing as that is how we are to evolve up through the Mansion Worlds, then to the Celestial Heavens and onwards to Paradise.

Thus one could say that when you embrace Feeling Healing, even if it is only an awareness, then your home is now a Paradise Home. Should all that you then do is to share your understandings of what has become known to you of Feeling Healing then your home is a Paradise Home that is open to others.



When schools are the primary pathway then such participating schools may have an average of 1,000 students, these schools might be clusters of six with five such clusters being supported by a Pascas Care Centre – similar to a holistic medical centre with a Paradise Room and psychologists or other health carers supporting those with their healing. Such schooling structures would represent a population of 100,000, with one Pascas Care Centre per 100,000 population.

A region with 500,000 to 1,000,000 may find the need for a Paradise Village that may accommodate 1,000 people, being men, women and children, focused upon living true to their feelings. This is yet to evolve and is conceptual. It will all truly start from individual engagement that will potentially evolve into family engagement, thus creating the first Paradise Homes. Then communities may become engaged through participating schools, however few or many will be according to circumstances and embracement.



Chaldi College is conceptually aligned to Living Feelings First. That is; the participating students and academic staff recognise that students and staff are to live through following their feelings. That is, control of others is avoided.

## CHALDI COLLEGE

<http://www.stlukesmarsdenpark.catholic.edu.au/> St Luke's Catholic College, Marsden Park, western Sydney, Australia:

“St Luke's is a Catholic learning community establishing the 'new normal' for preschool to post school learning within an extended school day, 6:30am-6pm, Monday to Friday. In a place where Learning = Infinite Possibilities, St Luke's provides each student with inquiry experiences which are relevant to their real world. By providing a flexible and diverse curriculum, learning experiences are progressively self-directed and increasingly personalised, preparing students to be responsible global citizens. We invite you to explore our website to find out what makes a St Luke's education the best choice for your child.”

Chaldi College is non-denominational. That is, it is not aligned with any faith or religion. Further, Living Feelings First is not a religion, it is a spiritual way of life.

Within communities of 100,000 people, it is envisaged that a Pascas Care Centre would be established to support those who are aware of Feeling Healing and looking to embrace further, as well as the whole community. A Pascas Care Centre is a holistic health care centre that is very wide in its services and capabilities.

## Pascas Care Centre

As people engage in their Feeling Healing, then the need for full support may best be provided through a Paradise Village which may accommodate up to 1,000 women, men and children. This may be appropriate for one such village community per million people or so.

## Paradise VILLAGE

Though all the components of Pascas WorldCare are to eventually become autonomous and self supporting, they are to look to Pascas for assistance and innovations. Pascas is to explore avenues that will resolve issues, enhance capabilities and to improve the potential for employment and quality of life. That is why the 'help office' is just that, it is there to help you!



Living Feelings First

*Brian Iverach, Graham Golding, Jim Baker and John Doel*

Pascas Foundation (Aust) Limited

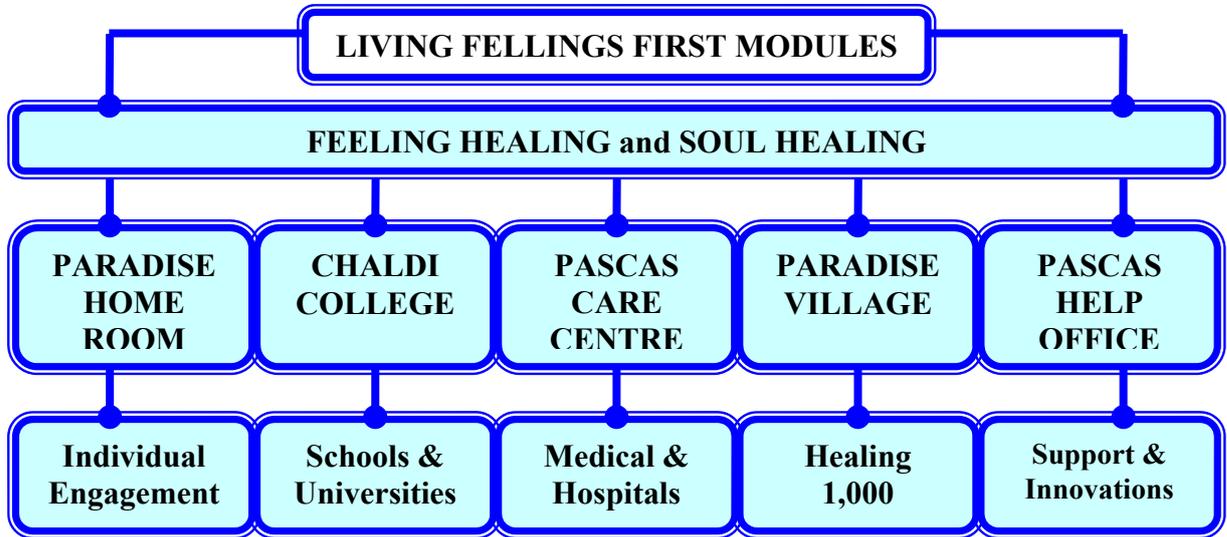


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# PASCAS WORLDCARE



## Life Practice Matrix - Feelings First



Mind imprisoned humanity has been subjected to the percepts imposed by the Rebellion and Default commencing some 200,000 years ago.

Humanity has universally adopted its mind as the pinnacle of one’s intellect. In doing so, it has looked to its ego and arrogance to reveal the way to live one’s life. Humanity has conjured up endless modalities enabling one’s mind to suppress, albeit temporarily, discomforts, pains and illness through countless ineffective mind controlling systems, and has even categorised them into modalities of many different kinds.

Humankind has enslaved themselves to their mind, depowering them by ignoring their feelings. One’s soul based feelings are always in truth and love – interconnecting with all aspects of life.

For those who have discovered and embraced their feelings, longed for the truth that one’s feelings can reveal about their feelings, both good and bad, a great sense of freedom has emerged.

By living through **Feelings First**, and then having one’s mind assist with the implementation of what one’s feelings are conveying, we are then living true to one’s self, and consequently true to our Heavenly Parents, our Mother and Father.



# Feelings First Feeling Free



## **FEELING HEALING – SUMMATION:**

**Living with the Divine Love and doing your soul-healing, is choosing to live true to your feelings and to end your mind's control over you.**

**The great difficulty we all face is that we are not free to speak what we feel, with so many of us shut off from our true feelings, feeling unable to speak about such things. So all the anger and wrestling and arguing that has to go on, is what is needed to break down the barriers and bring to light the blocks, all so they too can be talked about.**

**As we move into deeper parts of ourselves through one's feeling healing, being gradually led into it, so even deeper parts can come up, we being able to deal with them with the experience already gained.**

**We are not just thrown in at the deep end and all our hellish traumatic bad feelings come racing up only to annihilate us, for there would be no purpose to that as we wouldn't be in a state or condition to see any truth; and seeing the truth, the whole truth of our unloving negative state, is what it's all about. The truth comes first, and we will only experience all we need to, so as to liberate it.**

The pioneers of Feeling Healing – Marion and James:

**Marion wasn't actually forced to change herself to effectively become 'another person' by her parents, they just came down hard on her stopping her being her natural and true self. And her healing with therapists, and now in what we are doing together, is taking off those clamps and restraints and letting her out of her cage, so increasingly as she is regaining her true self, she is able to say all she wanted to say when she was little. Whereas for myself, James, I was made to become effectively someone else, to be so shut-off from my natural self so as to not feel any direct connection with my feelings, and being all but totally unable to express them. So for Marion, expressing her feelings and feeling when things are not right in our relationship, comes relatively easily, whereas for me, I don't have a clue most of the time.**

**Marion and James are on the extremes and coming at their relationship from two opposite ends. Other people will be like they both are, and even with the roles reversed; and then most other people will be a mixture of, and somewhere in between, them both. Generally speaking, James is more like so many men, totally alienated from his feelings – but not all men, as some men are very free with their feeling-expression; and Marion is more like most women who are closer to and more aware of their feelings, only never feeling free to really express them. And there will also be a lot of women who have had to change themselves so much so that they will feel more like James does, that being as if you're another person with very little connection with your true self.**

Notes from 'Spirits and their Childhood Repression Healing' by James Moncrief

<http://www.pascashealth.com/index.php/library.html>

## **Library Downloads – Pascas Papers**

**All papers may be freely shared. The fortnightly mailouts are free to all, to be added into the mailout list, kindly provide your email address.** [info@pascashealth.com](mailto:info@pascashealth.com)

# What is Child Abuse?



Verbally abusing a child



Teasing a child unnecessarily



Exposing a child to pornographic acts or literature



Touching a child where he/she doesn't want to be touched



Forcing a child to touch you



Breaking down the self-confidence of a child



Hitting or hurting a child – often to relieve your own frustration



Manipulating a child



Not taking care of a child for example: unclean, unclothed, unfed child



Using a child as a servant



Not listening to a child



Neglecting emotional needs of a child



Making your own child a 'servant', depriving of time for education / leisure



Hitting and ridiculing a child at school



Neglecting a child's medical needs



Neglecting a child's educational needs



Leaving a child without supervision

# What is Child Abuse?



Ridiculing a child



Touching a child in a way that makes the child feel confused, unsafe or uncomfortable



Making fun of a child



Disregarding a child's health needs



Pressuring a child to meet adult's needs and expectations



Employing a child to work in your house



Tricking a child



Not allowing a child to attend school



Ignoring a child's emotional well-being



Forcing a child to touch you



Beating a child



Hitting and humiliating a child

**CHILDHOOD TRAUMA**



# DEVOLUTION

Our childhood suppression of our true and loving soul based feelings is creating global pain and personal isolation amongst all of humanity. We are very sick!

In our struggle to find solace and purpose, we further withdraw into ourselves, becoming ever more self dependent, believing our control addicted mind that it can solve everything. We just drown further.

We embrace an ever expanding and diverse range of pathways to escape from our personal pain, fear and desperation. Alcohol has now been complimented with narcotics, hallucinogens, including caffeine (coffee). Gambling has been complemented with computer games which are generally entraining the mind further into error and pain. Technology is making us sicker!

We bury ourselves in front of the television to further avoid contact with anyone, especially family.

Children endeavour to exert their independent authority from domineering controlling parents (which we all are eventually) by disfiguring their bodies with tattoos and piercings, etc.

We shut out the noise with headphones, thus preventing contact with others. We use electronic devices to 'text' others even at intimate engagements.

Technology will take us further into the depths of our madness. You now can buy headsets that prevent any contact with the outside world while playing mind suppressing and entraining entertainment – games!

No one loves their children, they are ignored, and the controls hammered into them turn them into clones of ourselves. Look at ourselves and we can all see that we have been all messed up by our own parents, as they have for generations over the past 200,000 years.

No more of this! We can escape this man made hell!



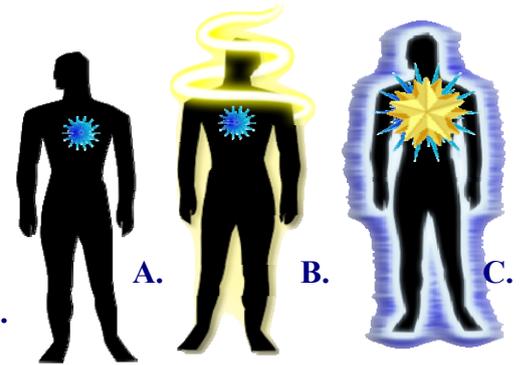
# EVOLUTION

**STEP 1: Longing for and receiving Divine Love:**

**A. Soul prior to receiving Divine Love.**

**B. Divine Love being received from the Holy Spirit, covering the spirit body of requesting personality.**

**C. Divine Love having been assimilated within one's soul, now being reflected through the radiance of the spirit body.**



## STEP 2: FEELING HEALING + SOUL HEALING

It is the Divine Love that strengthens one's resolve to persevere in embracing one's suppressed emotional injuries, that occurred from conception through to around the age of six, and longing to know the good and the bad of those feelings, together with talking about them to a friend, partner, one's self and our Heavenly Parents. It is only with the receipt of the Mother and Father's Divine Love and the expressing of suppressed emotional injuries that one can release the emotional injuries and errors to achieve Celestial soul condition and enter the Celestial Heavens.

Further, should one complete their Feeling Healing on Earth, then they will be able to recognise their soul partner, their other soul half, and should their soulmate have also embraced Feeling Healing with Divine Love, then their children will be born free from error, free from fear, and free from any deformity and illness. This is the destiny of humanity.

Further, being in this condition of free from error and being in constant communication with our Heavenly Parents, then one can also recognise and form their Soul Group. This will ultimately consist of twelve soulmate pairs, a total of twenty four personalities / individuals.



It is the bringing up of children by the support of soul groups that is to be the ultimate way forward. The group experience and wisdom, as a functioning family, will ultimately be of profound benefit for the blossoming child.



But what we cannot do is contrive the groups ourselves, or even pick who our soulmate is. This will only, and can only happen, as an outworking of the truth we are to live – as we progress in the healing of our soul.

And this is how all of life should be lived: according to the truth we are living. It is how we live, as there is no other way, but currently we live it in the negative, of that being directed by no truth, and so having to make it all up ourselves.



**BREAKING the BARRIER of the MIND – ENGAGING the SOUL!**



# **D**YNAMIC personality

Personalities who complete their Soul Healing will demonstrate a dynamic personality that has never been previously achieved throughout the history of humanity. Such dynamic personalities will be recognisable for their innate abilities of comprehension, wisdom and leadership – they will become the ‘council of elders’ for all of humanity.

Though we may begin our Healing journey with one of many complementary modalities, it is only through longing for the truth of what is behind our feelings, good and bad, and by expressing all of our childhood repression and suppression injuries do we enable our soul based personality to manifest and display its true potential – our real selves.

Feeling Healing with Divine Love becomes Soul Healing.

Progression through the equivalent of the seven Mansion Worlds of Healing with Divine Love brings about the fusion of your Indwelling Spirit with your soul and enables you to live a Celestial Soul Condition while you live on Earth.

Divine Love does not heal, however it does transform the soul from natural love to Divine Love once our childhood repression and suppression injuries are healed through Feeling Healing.



ALL complementary health and healing modalities around the world are engaging the mind to suppress emotional injuries and pacify the client / friend / patient with almost instantaneous relief. Only the soul can heal – not the mind – mind engagement is temporary. Many healing modalities do commence to engage in what we are to do in healing ourselves, however none of them go deep enough into our childhood repression and suppression. We are to long for the truth behind every feeling, both good and bad and express what we feel to a very close companion or friend. This is a very long process which ultimately fits us to enter the Celestial Heavens. This is the process that we all must engage in here on Earth or in the Spirit Worlds.

**PARADISE HOUSE**

What is it?

Monday, 27 May 2019

I, James, see it as a place where people are doing their Healing. Any place where people are wanting to learn about their Healing and all that's involved with The New Way.

It can be one person's private house to a place in which groups of any size meet to pray for the Divine Love; long for the Truth and come to understand all that the Avonal Revelation is about. Including, should people be able to do it, rooms set aside for personal or group counselling focused on Feelings First, helping each other to do their Feeling- and Soul-Healing.

Paradise is the Heart of Creation, the home of our Heavenly Mother and Father, the wellspring of all Love and Truth.

So is our own heart, the 'heart and soul' of our creation, the home of our Love and Truth, it being the full personal expression of the personality of our soul that we are. Our body, as so many people see it, being the 'house', so the Paradise House, of our soul.

So to put people within the material structure, I wanted to call those places [Paradise Houses](#), people's homes or places where we can share our feelings as we long to ascend in Truth to Paradise.

So within one's Paradise House, the physical structure, one can express one's own 'paradise house' – one's own heart, wanting to be with the Mother and Father on Paradise and connected to Their Heart – Their Paradise House.

I dislike these words (I don't hate the words themselves) because of all the connotations they stand for in our distorted truth-denying ways: Church, Temple, Holy Shrine, Mosque, etc. So I wanted another way to express the love of longing for Paradise that we all have innately within our own hearts coming from our soul. Paradise House is really a place of living with and receiving the Divine Love; a place of worshipping and loving our Heavenly Parents; a place of expressing the Truth one is evolving and growing into; a place to long for the Truth whilst expressing one's feelings – a place in which to do one's Healing.

So we all have our own personal and private paradise house – our physical body and spirit body, just as we can build and create outside of us, Paradise Houses, as in our own home or larger structures where groups of people meet.

It's just a name I came up with that I would like to call such a place that I loved to go to being with other people who are living The New Way and doing their Healing. A place, perhaps, where ultimately people doing their Healing can gather living within a Sanctuary. A place in which Celestials can call their home. A place that ultimately is the forerunner of the Morontia Temple. The Morontia Temple being the ultimate Paradise House on Earth. (The Morontia Temple, according to The Urantia Book, is to descend from the first Celestial sphere onto Earth far in the future in the first age of Light and Life.)

I see a Sanctuary as being overall a 'Paradise House', as well as possibly within a Sanctuary there being a specific Paradise House; or it's just the heart of the Sanctuary, like the common living area where most people gather a lot of the time; or a specific room where people can go to pray for the Divine Love, like a meditation / prayer room.

It's not a strict thing, it's just something I like to imagine; and I thought if one needed a name to call one's 'church' or 'house of prayer' then Paradise House might suffice.

my  
**House** is your  
**Paradise**  
**HOME**



THE  
**VILLAGE**  
**PARADISE**



# Paradise VILLAGE



# Paradise VILLAGE



# Paradise Village walkable

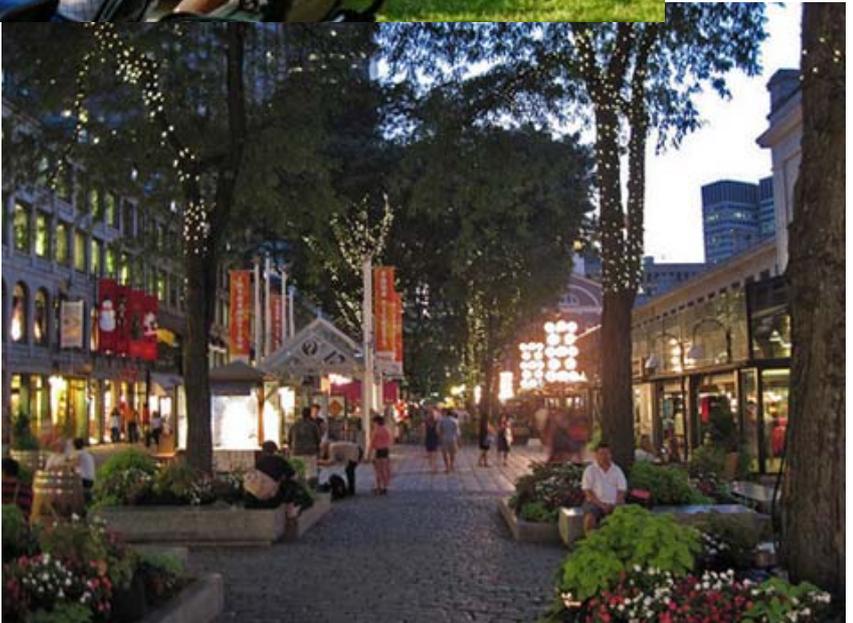


## WALK FRIENDLY COMMUNITIES

Placing the residents, visitors and pedestrians – not the car – at the centre of the facilities.



TALKING  
WALKING



# ECOVILLAGE

A Sustainable Solution for Poverty and Destitution .









PARADISE ROOM





**Paradise**  
**ROOM**

*Paradise*  
**ROOM**



**PARADISE**  
**ROOM**





# CHALDI COLLEGE



# CHALDI COLLEGE



# Pascas Care Centre



PASCAS CARE CENTRE – THREE UNITS IN ONE:

<p><b>PASCAS</b></p> <p><b>CARE</b></p> <p><b>CENTRE</b></p>	<p><b>Pascas Cafe</b> with <b>Raw Power!</b></p>
	<p><b>CHALDI</b></p> <p><b>COLLEGE</b></p>

**Medical Clinic**

**Consultations**

**Day Care**

**Treatment**

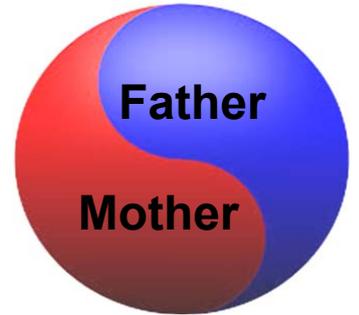


Average number of employees per clinic including medicos: 25  
 day care treatment facility: 20  
 nutrition café and community services: 15  
 Total: 60



# MUM & DAD THIS WAY

## GOD



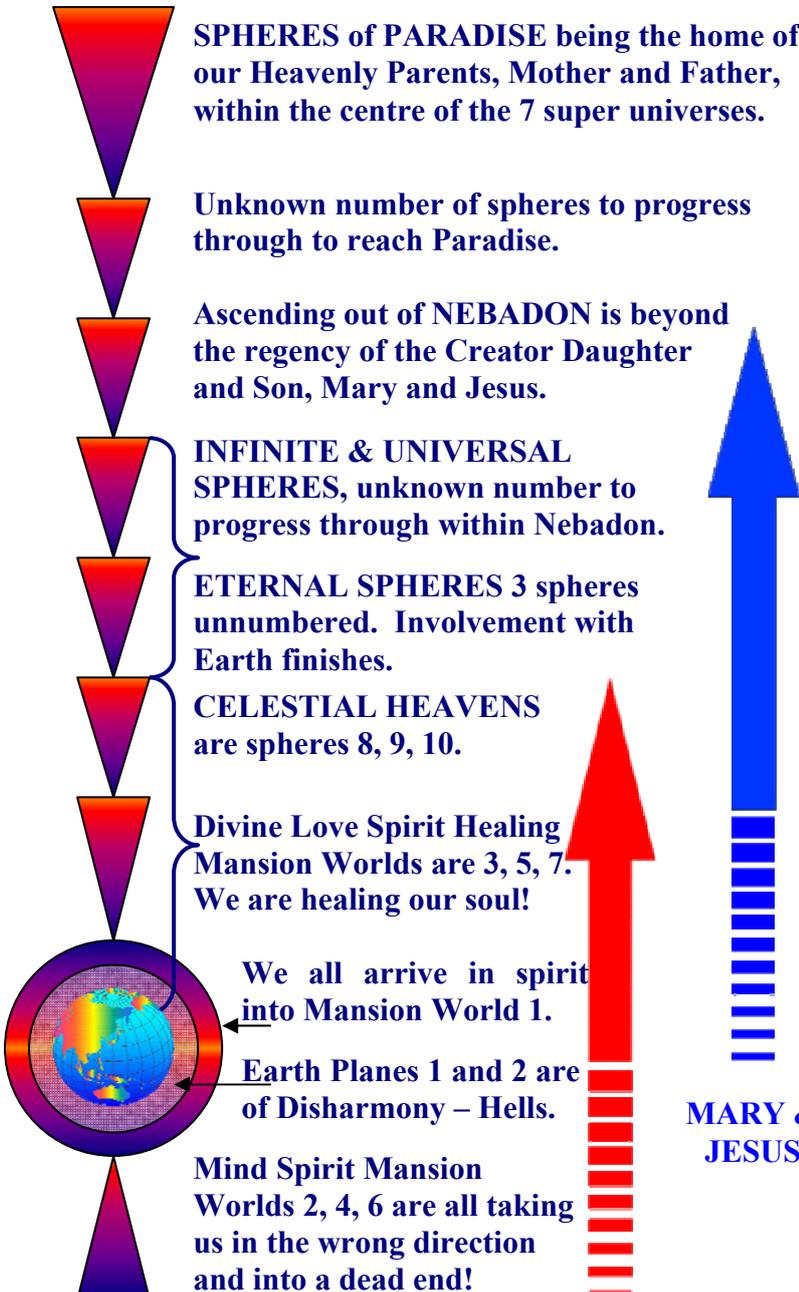
HEAVENLY PARENTS



JESUS & MARY



AVONALS



I'D TURN BACK IF I WERE YOU!

AVONAL PAIR

MARY & JESUS

GOD

Through out the Avonal Age of 1,000 years, their Spirits of Truth will assist us in embracing and engaging with our Feeling Healing and with Divine Love our Soul Healing, they will assist us to develop our soul well into Celestial Heaven status should we persevere with such a goal. To the extent that the Avonal Pair develop themselves while here in the physical on Earth is the level that their Spirits of Truth will be able to assist us. Then it will be Mary and Jesus' Spirits of Truth that will assist us up and out of Nebadon, where our Heavenly Parents will then assist us onto Paradise, Their home.