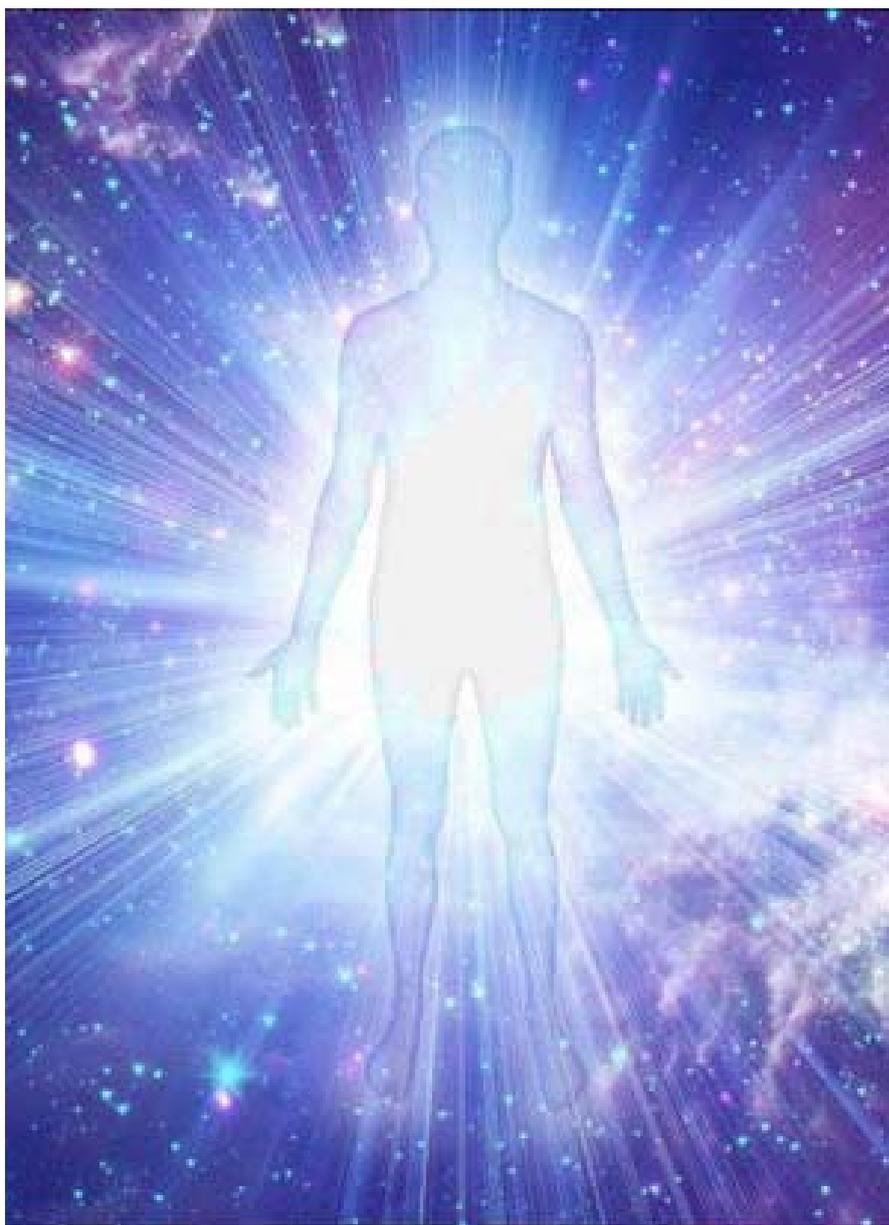


# Feeling Healing, Divine Truth and Divine Love Points



**This time, in the history of humanity, is  
the most exciting time ever experienced.**

## **FEELING HEALING, DIVINE TRUTH and DIVINE LOVE POINTS:**

### **Feeling-Healing: Using your feelings to heal yourself**

Extracts from the book, Feeling Healing by James Moncrief

What follows is an introductory point-form summary:

#### **Your Feelings:**

- Are very important
- They should never be dismissed or denied – not one, and especially the bad ones
- They must be allowed to be – allowed to have their say
- You can heal yourself through your feelings
  
- Denying your feelings makes you sick
- Illnesses and pain only come because you are denying and repressing feelings
- The pain (a bad feeling) comes so you can accept and express it
- Expressing the pain and bad feeling out of you is what makes you well
- Keeping in bad feelings is keeping in the poison
- Heal yourself through your feelings
  
- During your childhood you were made to deny and not express many bad feelings
- And these bad feelings are still within you – still waiting to come out
- Adult bad feelings can lead you back to your childhood bad feelings
- You are to connect back to all the bad feelings you've suppressed and repressed
- As the hidden and mostly forgotten buried childhood feelings come out, so you are healed
- This is healing yourself using your feelings – doing your Feeling-Healing

#### **Seeing the truth:**

- You are to see what your feelings want you to know about yourself
- You can long for the truth of your feelings – why am I feeling bad?
- You must want to uncover the whole truth of yourself through your feelings
- When you liberate your bad feelings, whilst longing for their truth, the truth will come
- Heal yourself by looking to your feelings for the truth they want you to see about yourself
- When the truth comes, you are free, set free of the causes of your pain and bad feelings
- Your actual healing happens when you see the truth
- No truth; no healing – still more bad feelings to accept
  
- Speak out your feelings, all the good and bad ones, whilst longing for the truth of them
- Want to live true to yourself
- Want to live true to your feelings
- Long for the truth your feelings are to show you
  
- This is doing your Feeling-Healing

#### **Feeling-Healing:**

- You've been taught to deny bad feelings

- Denying bad feelings is what is making you sick
  - To heal yourself you need to stop denying any feelings
  - Accept the bad feeling you are feeling
  - Fully let yourself feel it
  - It's very difficult going against your programming
  - Want to feel bad
  - Want to feel all your bad feelings
  - Don't want to deny any of them
  - And when you feel bad, identify that bad feeling
  - Say what it is and how it's making you feel
  - Express the bad feeling
  - Emote the feeling out of yourself
  - Say how you are feeling with the feeling you are feeling
  - Say it to a friend, write it, say it out loud, speak it out to God
  - The denied bad feeling stays within you until you bring it out
  - Keeping in the bad feeling is what's making you ill, and giving you all your pain
  - All those repressed bad feelings are like a poison slowly killing you
  - Open your mouth and let your bad feeling out
- 
- Want to know why you are feeling bad
  - Want to see the answer through your bad feeling
  - Long to know the truth of what you are feeling
  - Long to God to help you see the truth of your bad feelings
  - Want to see the truth through your feelings and not with your mind
  - Don't go fishing within yourself for answers using your mind
  - Let the truth of why you're feeling bad surface in its own good time
  - The truth will come as you express your bad feeling, whilst longing for the truth of it
- 
- Decide that you're going to be loving to yourself by first stopping your feeling denial
  - Then by expressing all you feel, both good, and especially all your bad, feelings
  - And also by longing to know the truth of why you're feeling what you are feeling
- 
- Doing your Feeling-Healing is expressing all your feelings whilst longing to see the truth of them. Uncover the truth of yourself through your feelings and you'll be free of all your pain, illness, unhappiness, misery, fear, suffering and free of all your bad feelings.

### **Feeling-Healing:**

- You can heal all your pain, illness and suffering by looking to your feelings for their truth. And you do this by accepting every bad feeling you have, no longer pushing it aside and dismissing it, no longer denying all the bad stuff.
- And you express your bad feelings the best you can, understanding that all the bad feelings are within you and have to come out, even all the ones you've denied in the past.
- And as you express your feeling with all the feeling you are feeling, so you long for the truth of that feeling – you want to know why you are feeling it, what really caused it within you, which will take you back to your early life with your parents.

- Accept your feelings. Express them. Long for their truth.

### **The truth of doing your Feeling-Healing:**

- We are to see the whole truth of ourselves. Through our feelings.
- This means, the truth of why we are the way we are; why we say what we say; why we do what we do; the impact of what we say and do has on ourselves and others; what our relationships are all about, with our self, others, nature and God – as in, are they loving or not; and if not, why not; what happened to us in our early relationships to make us be as we are; what was the truth of our relationships with our parents and other family members – and were they loving relationships; and if not, why not; the truth of every aspect of ourselves, and this includes the truth of all our pain and suffering – the truth of why we don't feel truly loved.
- We have grown up being made to deny many aspects of ourselves, this being seen in our feeling-denial. This means we've not been allowed to fully express ourselves, so we've not reached our full potential. And all that we weren't allowed to express, all our crying, anguish, our misery, fear and anger, all our pain, is still within us waiting to be expressed.
- We were made to become false and untrue. We were made to live untrue to ourselves. So we have to heal that by uncovering the truth of why we are false and untrue, with the truth of our wrongness then allowing us to become true.
- And how we do that is all through and with our feelings, and not by looking to our mind.
- And so we do our Healing: which is our Feeling-Healing; or Soul-Healing – that is our Feeling-Healing and longing for the Divine Love.
- And our Feeling-Healing is looking to our feelings to see the truth they are making us feel. We accept what we are feeling, we don't push any bad feeling away; and then we express all we're feeling, and we long for the truth of those feelings. We want our feelings to show us why we're feeling bad. And they will. The truth all coming to light with the ongoing expression of feelings.
- And as we bring out all our repressed early childhood feelings, dealing with the pain by allowing ourselves to feel it, saying what we feel about it and how it makes us feel, crying with that pain if that's what we feel to do; and all whilst we want to know with all our heart why we are feeling so bad, so the truth will come of all that we are. So all that happened to us during our forming years and childhood. All that made us into the adults that we are.
- And gradually as we express all our pain and uncover the truth of it, we become truer to our wrongness, injury, hurt, pain, trauma and that is the healing of it. Uncovering and seeing the truth of what's wrong with us, what's making us feel bad, is setting ourselves free. It is how we can heal ourselves. It's being wholly self-loving, by being wholly feeling-accepting.
- So we have to see the whole truth of our unloved state. Then once that's seen, by our thoroughly feeling it, every last bad feeling, then we're able to live true to ourselves in a truly loving state.
- That is doing our Healing by looking to our feelings for their truth.

## Living True to our Feelings:

- We are to live true to our feelings, to each feeling as we feel it. And want to know the truth of why we're feeling it. To allow our feelings to lead and guide us through life, by living the truth that comes from our fully accepting, embracing, honouring, expressing and living true to them; all whilst we want to know what God wants us to see about them - the truth of them.
- Our feelings are very, very, very important, and that's every feeling we have. If you are stopping yourself from having one feeling, then potentially you are causing yourself a problem which can manifest in you getting sick. We are only sick because we are stopping ourselves express all the feelings we feel. We have been made to block out many of our feelings, some of the good ones and most of the bad ones, having learnt how to do this from childhood, all of which now as adults causes us all the problems we have. So why your life doesn't work as you want it to, why you feel bad, pain, are suffering in any way, why your relationships don't work, is all because you are denying feelings.
- So to heal yourself, to end your pain and suffering, and to ultimately live the life that will make you the happiest and most loving you can be, you will have to stop denying any feelings; and instead, go the other way, fully embracing them, fully accepting that you have them, welcoming them as you feel them, giving them their full expression, and wanting to know why you are feeling them. We are to bring out all the bad feelings that are repressed within us, all those terrible ones we've not wanted to acknowledge and feel, and by doing so, once they've all come out, no longer feel them.
- If you don't bring all your bad feelings out, then they are only going to stay within you still making you feel bad.
- To keep your bad feelings repressed within you is like keeping all the poison inside you, and it will slowly kill you, making you feel all the pain you do, making you sick, causing you all your problems. So get it out, bring out all your bad feelings and so end what's making you feel bad.
- Look at how you conduct yourself through the day – do you deny any of your feelings?
- What happens when you feel sad, do you try and make yourself feel better? Do you try and stop yourself feeling sad?
- What happens when you feel angry? Do you allow yourself to feel as angry as you do, or do you come down hard on your anger banishing it because you feel it's bad to be angry and you don't want it damaging your relationships?
- What happens when you feel happy – do you allow yourself to feel as happy as you feel? Or do you say, no, calm down, don't get over excited, something bad might happen and then you'll feel let down?
- What happens when you feel scared? Do you dismiss your fear telling yourself that it's nonsense, you're an adult, you shouldn't feel scared of that; and besides, what's there to feel scared about anyway?
- And what do you do when you get sick? Do you allow yourself to feel all the bad feelings your illness brings up in you? Or do you do all you can to stop yourself feeling sick and to get better?

So quickly off to the doctor and into the pills, all to make yourself better and end your bad feelings.

- And what if your friend is depressed – feeling upset about something – do you allow them to feel as bad and upset as they feel; or do you try to make them feel better, trying to take their mind off their bad feelings, putting it onto something that will make them feel good?
- And if you do any of these feeling-denying things, or any others that you do – why do you do them? And you’ll probably say, “Because I don’t like feeling bad. I want to get rid of my bad feelings.” Which is completely understandable, as no one wants to feel bad. However, do you think it’s right to deny these parts of yourself, to just shut them out, put your mind onto something else, take pills to make them go away – do you think it’s right to deny any part of yourself?
- And if you do deny some part of yourself, then you are not functioning perfectly, and you are imperfect and working against yourself. It’s not very loving, is it? It’s not being loving to yourself, to as soon as you feel bad, get rid of that part of yourself – because your feelings are a part of you.
- And being unloving to yourself, as seen by you denying your feelings, is going against yourself, so you’re effectively working to make yourself sick, for you are causing yourself to be dysfunctional, and not working right means you’re making yourself feel even worse than you already are. So you’re making yourself feel even more bad feelings, which you’ve then got to deny as well! So it’s something of a vicious circle, all of which ends up putting increasing amounts of unloving pressure on yourself, all of which can only make you feel more bad feelings.
- Mostly we feel okay, our patterns formed during our childhood function in our adult lives, and we move along denying our feelings without a second thought. But then occasionally (or often) bad things happen to us or we get sick, our relationships don’t work, something happens to make us feel bad, and that’s when we have to start the hard work. And so we have a choice: We can either come down harder on ourselves denying more of our feelings; or, we can go the other way, going against our programming and start to accept and allow our unwanted feelings to be.
- But then that brings up alarm signals, because, if you just allow yourself to feel bad, those bad feelings are going to overwhelm you, and they might make you say or do something you later regret, and who wants to be swamped by them, there are too many of them, they are never ending, and you will just feel worse and worse and the pain will be excruciating, crushing, devastating and you’ll not be able to bear it. So what’s the point in just letting yourself feel as bad as you can?
- And this is where our Feeling-Healing comes in. It’s to understand that yes, we are denying many bad feelings and that we want to stop being unloving that way to ourselves. And so we want to accept our bad feelings instead of rejecting them. And then to understand that they are coming up in us for a reason, and part of that reason is for us to express them, so to bring them up and out of us; and the other part of the reason is for us to see what it is about ourselves they want to show us. We don’t just feel bad for no reason, there are very real reasons why we’re feeling bad, and so we have to want to know what those reasons are. And how we do that is by longing for the truth of our feelings. We want to see why we’re feeling bad, and why we’re really feeling bad, the deeper and even the deepest truth within us, for there are layers to ourselves and our feelings, and gradually we can uncover those layers seeing what is really going on inside us on every feeling level.
- However to live this way, accepting your feelings and wanting to see the truth of yourself they are

trying to show you, means you will also want to face the truth of yourself, and this can be daunting, not many people are prepared to look squarely at themselves and see all the truth their feelings might show them about themselves, because, “What if some of that truth is not very nice?”

- So we’re in a bit of a bind. If you want to heal yourself of all your bad feelings so you no longer feel any of them, then you’re going to have to want to embrace them all, express them out of you as they come, and want them to show you all the horrible, unloving, nasty truth about yourself that you might have tucked away deep inside and not wanting to face. And then, if you don’t want to uncover the whole truth of yourself, and know whether that truth is good or bad, then you’ll just have to keep going on denying your bad feelings until they get so overwhelming and you feel so much pain that you can no longer deny them as you’ve been able to do, making you have to then deal with them.
- So wouldn’t it be better to start now; learn how to work with them and how to include them as part of your life? Rather than keep letting them build up as you deny and repress layer upon layer. And to accept that, yes, you might uncover some bad things about yourself, and yet, we’ve all got them, and so, so what, you’ll deal with them when they come up. And slowly as you become better at allowing your feelings to be, expressing them and longing for their truth, you will be releasing them out of you and so stopping them from making you sicker than you might already be. Every repressed feeling you express out of yourself is one less within you waiting to be expressed.
- Using our feelings to uncover the truth of ourselves is how we’re all meant to live. It’s natural. It’s no big deal. And yet it’s vitally important for our wellbeing and to feel happy and truly loved. However we’ve all been made to live against this natural way. We’ve all been made to use our mind to stop ourselves feeling bad, our mind jumps in taking over saying no, you can’t feel bad, bad feelings are unwanted, they are evil, they are nasty things, I’ll help you get rid of them. But that is an unnatural way of living. That’s living against ourselves. It’s being untrue. And false. It’s living against your soul, against nature, against God. It’s the worst way to live. It’s not spiritual. It’s not loving. Whereas to live allowing all your feelings to have their say, to fully get into them, bring them up and out, and to live them, emote them, all whilst wanting them to show you what you are to see about yourself and how you are to live, is the right way to be. It’s the most true spiritual way you can live. It’s being positive, loving, and in the end, once you’ve liberated all your repressed bad feelings, will set you free of all pain, free of all your negative unloving patterns, releasing you from the harsh control of your mind, allowing yourself to be fully self-expressive, accepting, unconditional, happy and loving. And true: true to yourself, and true to all you feel.
- So our feelings are the way to our truth. We are to uncover the truth of our self through our feelings. And this is living the truest spiritual life you can live. And if you don’t necessarily want to be spiritual, by uncovering the truth of yourself through your feelings, you will be naturally spiritual anyway. And it’s no big deal. And you’ll be part of the **Feelings First Spirituality, The New Way**. And even if you don’t like the idea of being part of a religion, well that doesn’t matter either, because you’ll just be yourself living true to your feelings and uncovering the truth they want you to see, and that can be your way of life whether you want to call it anything or not.
- And if you want to go one step further and include God in your new found **Feelings First Spirituality, The New Way**, then it’s easy to do that too. You can long to God, asking God to help you see the truth your feelings are trying to show you. You can ask God to help you honour and accept all your feelings, and to help you express them, and to help you want to see the truth they are to show you. And you can even long to God specifically for God’s Divine Love.

**LOVE**  
is  
**Feelings First Spirituality, The New Way**

*Feelings First Spirituality, The New Way* is a contemporary ‘religion’ based on living true to yourself through your feelings. Understanding that all you need in life is contained within your soul and is shown to you through your feelings. And by loving your feelings, by attending to them properly (talking or writing them out of you) and not denying them, you can use them to uncover the truth of yourself – the truth of your soul.

*Feelings First Spirituality* is not a formalised religion that tells you how to be, that is too controlling and is actually bad for you, limiting your spiritual growth. You can be wholly self-revealing of the truths you need to be, being the person God created you to be, all by living true to your feelings.

*Feelings First Spirituality* has no formal structure because we understand we don't need one, our soul contains within it all the truth of our spiritual ascent. If we look to our feelings for the truth they want us to see about ourselves, nature and God, then what more do we need! Our true spiritual path is the path our feelings will lead us down, that is, provided we allow them to. This is the most spiritual we can be.

**Living the New Way of Feelings First Spirituality**

You come to the understanding from your life experiences that how you are is not right, it doesn't make you feel good – that you are wrong in some way. And you want to change yourself, you want to become right, true and perfect – you want to be like God is.

*And to do this you need to do your Healing*

Your Feeling-Healing is looking to your feelings for the truth of yourself, the truth being hidden in many of the feelings you are not wanting to face in life. So you have to end your feeling denial, accepting all your bad feelings (and good ones), express them (yet not necessarily acting upon them), whilst longing to uncover the truth they are to show you.

Or, you can do your Soul-Healing, which is your Feeling-Healing together with including longing directly to God for God's Divine Love. When you receive the Divine Love into your soul, it will cause your soul to become divine, and it will deepen your personal relationship with God. Long with all your heart to God for God's Divine Love.

<http://religionoffeelings.weebly.com/>

## **Feelings First Spirituality** **The New Way**

<b>By living true to ourselves, true to our feelings, we are living true to God. It's that simple.</b>
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## Prayers to our Mother and Father

From 'Religion of Feelings' by James Moncrief

**Please Mother and Father** help me accept my untrue state and bring up all my repressed feelings so I can see the full truth of why I feel so unloved and all that's wrong with me.

**Please Mother and Father** help me see the truth of myself through my feelings.

**Please my beloved Heavenly Parents**, fill my soul with Your Divine Love. I long for Your Divine Love; please answer my prayer and yearning to be at-one with You and do Your Will by living true to myself and all my feelings. Please fill my heart and soul with Your Divine Love – please make my soul like Yours – Divine.

**Please Mother and Father**, I want to uncover the whole truth of myself through my feelings. I want to be able to feel and accept just how bad I am, how bad I feel I am, how bad I've been in my life. I want to know the whole ugly truth of myself, see it and feel it and understand how I came to be it. Please reveal to me through my feelings all the truth of myself You want me to see. I want to be as You want me to be; I want to be true and perfect, Healed of all my rebelliousness and self-denial and feeling-denial; I want to be good, loving, true and happy, please help me become true to myself, true to my soul, true to You.

**Please Mother and Father help me**, I'm in such bad pain, I feel so alone, so miserable, so scared, what's going to become of me, I don't understand, what's the point of me, why have You made me; please help me see the truth of myself – all the truths of myself, nature, how to be in the world, of You both. I want to know, I want to know it all through my feelings, all that there is to see, the whole truth and nothing but the truth. Please help all my pain come to the surface of me so I can embrace and accept and express it out of me. I want to use my feelings to uncover the truth they are to show me; please help me to do that.

**Please Mother and Father love me**. I want You to love me. I want to feel fully loved by You. I don't want anything else, only to be with You. Please, that is all I am asking.

**Please make me feel how unloving I am**. Please show me the horrible truth that I am. I want to see and feel and understand the worst of me, please take me into my darkest scariest ugliest unwanted rejected places within myself. I don't want to feel all the dreadful pain that I know is there locked away inside me, yet I do also want it all to come up and out of me, and I want to use it to see the truth of my wrongness, the truth of how evil I am, the truth of my fucked up state. I no longer want to be false, pretending I am okay, using my mind to make me falsely believe I am good, happy, loved and loving, when I know I'm not. For how can I be when You've brought me into my unloving state, making me be of it. And as You want me to experience being this negative way, please show me the whole truth of it. I no longer want to deny any part of myself, or any of my bad feelings. I want them all to come up so I can express them, emoting their pain, feeling how bad You've made me feel all my life and all through my early life; I want to see why, and so reveal all the truth to myself. I want to be the living truth of myself, living true to my feelings and the truth they give rise to. Please help me to do my Healing, and please fill my soul with Your Divine Love.

**The mind way is the 'dead' way; the feelings way is the 'alive' way.**

### Examples of some prayers to God:

From 'Feeling Healing' by James Moncrief

**Please God** show me the truth of myself through my feelings.

Please help me see the truth about myself You want me to see.

And please help me feel all my repressed pain; please bring up all my bad feelings so I can express them and see what it is they are to show me about myself, my life, and You.

And please help me work through my blocks, I want to Heal myself, I want to become true to myself and true to my feelings and true to You – please help me do that.

**Heavenly Mother and Father**, I feel so bad, and I know I'm doing it to myself, but I can't help it. I can't stop my compulsive addictions, so will you please bring up the buried feelings in me and show me the reasons why I can't stop. Please! I want to know – I REALLY WANT TO KNOW why I do them. Please help me Mother and Father to uncover the truth of myself. Please, I beg you, please, please, please show me the truth of them so I can give them up. I hate feeling bad, yet I know I must so I can keep expressing my bad feelings to see the truth You want me to see, so please help me feel bad.

**Please Mother and Father** fill my heart and soul with Your Divine Love. Please give me Your Love. Please love me and make me feel loved by You. I want to feel You close to me, I want You to hold me, make me feel loved by You. I only want You and to do Your Will. Please help me bring up all my repressed feelings so I can express them and uncover their truth. Please help me do my Healing. Please give me Your Love.

**I hate you Mother and Father**; why have You given me such a shit awful life? I hate myself, I hate You, I hate everything about my life. I feel so bad all the time. I've expressed so many bad feelings and still I feel bad. It's not fair, it's not fair what You've done to me. I hate You! And I want You to help me Heal myself, so I can stop feeling bad. You put me in the shit for whatever reasons, and I want You now to help me get out of it and show me what it's all been about. Please help me to Heal myself so I no longer hate You.

**I long for Your Divine Love** Mother and Father. Please fill my soul with it. And please help me uncover the truth of myself through my feelings. I want to see it all! And please make it all end, I'm so tired of always feeling so bad, please take all my bad feelings away by making me feel them and showing me the truth I am to see.



# Feelings First Spirituality

## The New Way

**Feelings First**  
**FF**  
**Feeling Free**

The New Way, Feelings First Spirituality  
 Learn to live with God through your Feelings

Accept, express and long for the truth of your feelings

Be free in your feelings  
 Free your feelings from your mind's control  
 Live true to your feelings; your feelings are your true self  
 Live true to yourself through your feelings



Live true to yourself by living true to your feelings.  
 Long for the truth of your feelings.

Accept / Express / Bring out ALL of your good, and most importantly,  
 BAD feelings.  
 Want to understand why you're feeling them.  
 Use your surface feelings to take you deeper into your repressed and  
 hidden feelings.



The Feeling Way is the True Way.  
Your feelings are your spiritual guide.  
Your feelings will take you to God.



Your feelings will show you the truth of your relationships, including your relationship with God; and if anything is wrong, untrue and unloving, then why it is.

Our feelings are sacrosanct and we should respect them accordingly. And we should NEVER block them out, ignore, override, banish, deny or reject them, because if we do, we're only doing that to ourselves, as Our Feelings Are Our Self.

Our feelings are the gateway to our soul. Our feelings are the closest we can get to our soul. Knowing the truth of our feelings is knowing the truth of our soul, and knowing the truth of God.

Feelings First Spirituality is the True path for humanity.

It embraces all people.

It completely unifies the world.

Everyone can relate to everyone else through their feelings.

And we can all live the truth that comes from our feelings, all sharing the same truths as we express and have the same feelings.

No one need be left out; no one is more special than anyone else – we are all united in Truth through our feelings.

So with and through our truth we live our lives, therefore without the need of any man-made mind-laws, rules and restrictions that limit self-expression as inspired by our feelings.



The New Way, Feelings First Spirituality is what is to replace all man-made, mind-contrived religions that so many people have enslaved themselves to. The New Way, Feelings First Spirituality will set us free of all that control, ending the Rebellion and Default within ourselves as we do our Feeling-Healing, and ending such control and spiritual stagnation in the world.

Bring on the End Times – get it over and done with! Let's all see that Jesus is not going to come again, that Prophecy has failed all the mind-controlled platforms. Allow such false systems of belief to die their long-awaited natural death, they've overstayed their welcome, it's now time they fade away. So let us show such antiquated, erroneous systems of belief the exit and bring on the fresh liberation of discovering the truth of how we are to live for ourselves, each of us personally in our lives, and all by looking to our own feelings for it. Self-revelation through our feelings is the way to go.

The Way of the Mind is ending, and is really the End Times – the End of our mind control, and **it's about time!** With the Way of our Feelings replacing it.

The End Times means the end and therefore a New Beginning. And that new beginning is a whole new Spiritual Age – an age based on self-revelation of truth through one’s feelings, coupled with and supported by higher revelations from the Celestial spirits, angels and nature spirits.



The Feelings First Spirituality is the True Way to God because it helps you get to know God, helping you to reach out, connect and be personal with God, and do God’s Will, all through your feelings. It is the only true way of getting to know the God of Feelings – our beloved Heavenly Mother and Father, the Great Soul of Divine Love.

Love comes through our feelings and not our mind, as we’ve all been wrongly led to believe.

**Feelings First; then comes The Truth; then comes Love.**

**LOVE is the Religion of Feelings, being:**

**Feelings First Spirituality, The New Way**



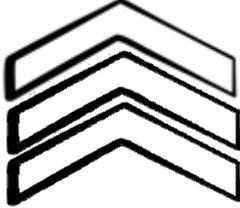
my  
**House** is your  
**Paradise**  

**HOME**

## The CHOICE is OURS to MAKE:

### Celestial Truth:

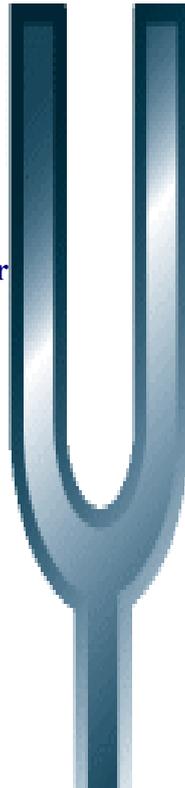
Truly all-loving;  
 Living true to oneself;  
 Mind supporting Feelings;  
 Living with the Divine Love;  
 Fully Healed of the Rebellion and Default.



### THE FEELING WAY

Feeling – Ascendance  
 Unlimited progression

- Living true to your untruth;
- Honouring all your bad feelings;
- Expressing feelings to uncover their truth;
- Healing the Rebellion and Default within yourself;
- Feeling unloved; being unloving;
- Feeling as bad as you can feel;
- Feeling like you are no one special;
- Longing for the Divine Love.



### THE MIND WAY

Mind – Transcendence  
 Limited progression

- Enlightenment, Nirvana, feeling all-loving;
- All false, mind-contrived. Anti-truth, anti-love;
- Still evolving the Rebellion and Default within yourself;
- Feeling and believing you are the Superior One;
- Living with your mind in control of your feelings;
- Living rejecting all your bad feelings;
- Living with your mind contriving you feel loved;
- Rejecting the Divine Love.



All religions, New Age, agnostic,  
 atheists, no spiritual interest,  
 Living the Rebellion and Default.

Hell:  
 Exploiting the Rebellion and Default.

The Feelings are the doer; the Mind the teller. So we are to go with our feelings, which we can't be told to do with our mind. So the longing for the Divine Love, doing our Healing by expressing our feelings and longing for their truth, are all feelings and doing it with longing. Whereas the mind just wants to tell us what to do and how to be, no feelings in it, all how our parents have treated us.

## Divine Truth and Divine Love

Within the Padgett Messages, being the initial set of teachings of some 2,500 messages, are the writings of more than 250 spirit authors. These works commenced on 31 May, 1914, and continue today:

	(available through <a href="http://www.lulu.com">www.lulu.com</a> )	
Padgett Messages (Book of Truths by Joseph Babinsky)	1914 – 1923	693 pages
True Gospel Revealed anew by Jesus Vol I, II, III, IV	1914 – 1923	1,840
Revelations via Dr Daniel Samuels	1954 – 1963	
New Testament Revelations by Jesus of Nazareth		155
76 Sermons on the Old Testament		190
Judas of Kerioth published by Geoff Cutler	2001 – 2003	676
The Golden Leaf via Zara Borthwick and Nicholas Arnold	2008	223
The Richard Messages Vol I via James Reid	2012 – 2013	312
The Divine Universe via Zara Borthwick & Nicholas Arnold	2012 – 2013	459
Celestial Soul Condition via Zara & Nicholas	2013	180
Shining Toward Spirit Vol I, II, III via Zara & Nicholas	2014 – 2015	575
Family Reunion Afterlife Contact by Joseph Babinsky	2014 – 2015	217
Traveller, An Immortal Journey via Zara and Nicholas	2014 – 2015	442
Destiny, Eternal Messages via Zara and Nicholas	2015 – 2016	252
James Moncrief 10 major publications +	2002 ongoing	5,000+

The writings now extend over 100 years and the contributors exceed 1,000 creating around 10,000 pages of new records, so to speak. What is remarkable is the consistency of guidance, the non-duplication of information, and that at no times is there any generation of fear or are we told how to live our lives.

The first publication of the Padgett Messages in chronological order was published in 2008. All of the additional material has been published since then. Major references and sources of material are also found at [www.new-birth.net](http://www.new-birth.net) and within the Pascas library section at [www.pascashealth.com](http://www.pascashealth.com).

### Three Great Truths:

- **God is Soul, being our Heavenly Mother and Father;**
- **that each individual soul is a duplex – both male and female;**
- **and Feeling Healing with Divine Love is the pathway to Paradise.**

What is this advent of teachings that we have received progressively over the past 100 years, the period commencing on 31 May 1914 and continuing today.

**“My coming to you (James Padgett) is really my second coming on Earth, and the result of my coming in this way will satisfy and fulfil all the promises of the scriptures as to my second coming.”**  
**Jesus December 2, 1915**

Jesus, Master of the Celestial Heaven, was born around August 7 BC/BCE and died March 29 AD/CE. The era, the hundred years, from 31 May 1914 to 2014, of the delivery of guidance for living with the Love, Divine Love, the introduction of the Feeling Healing process, is also the Second Coming having concluded during 2014. Jesus’ true equal and soulmate is Mary of Magdalene.

**God’s Divine Love; pray for it, ask for it, and receive it.**

## Divine Truth and Divine Love introductory point-form summary

- The writings by our spirit friends have progressively addressed the New Testament records and through the now published 'Padgett Messages', 'Revelations' via Dr Daniel Samuels, and then the 'Judas of Kerioth' material, the major omissions, errors of record; further, Dr George Lamsa having addressed translation issues, and the lack of understanding of idioms, are now understood.
- The core teaching from the 1st century is the availability of Divine Love and it is only by asking for and receiving the Love, together with embracing one's Feeling-Healing with Divine Love, then we are engaging in one's Soul-Healing, that one can become fitted to enter the Celestial Heavens. That is what is meant by the New Birth, to be Born Again, this then happening when we complete our Healing, so we can live as if we were never afflicted by the Rebellion and Default. There are now Two Major revelations provided to humanity a hundred years apart: The Padgett Messages (about the Divine Love); and writings by James Moncrief (about our Healing).
- What appeared to be complex teachings within the New Testament are now simple and easily understood by anyone.
- The New Way: To live true to ourselves through our feelings; to long for the truth of our feelings, that truth being how we live. To long for and receive God's Divine Love.
- Our salvation comes as we do our Soul-Healing with the Divine Love. As we long for and receive our Heavenly Mother and Father's Divine Love, our soul is transformed as we heal ourselves, until we are no longer untrue, being perfect and of Their Love.
- Receiving the Divine Love within our soul allows us to develop a very deep, personal and intimate relationship with God – our Loving Parents. The Divine Love is the 'fuel' that drives our ascension of truth to Paradise. The Divine Love comes into our soul via the Holy Spirit.
- By the term 'holy spirit' in the 1st century Jesus meant one of the energies of God, specifically the energy that enables at-onement (other energies of God include the energy of creativity and the energy of life, there are many specific energies). The Holy Spirit conveys the substance of Divine Love to those who ask to receive it. Divine Love is said by some to be a light golden blue energy substance, by others as a cool blue 'flame'.
- When our Soul-Healing ends, we fuse with our Indwelling Spirit, having attained a Celestial level of truth, and our immortality is assured.
- We can also do our Feeling-Healing, which doesn't include the Divine Love and perfects our Natural love, however our growth is limited to the Mansion Worlds. We can enter the higher Celestial spheres with Divine Love in our soul.
- God is a soul entity outside and independent of the universe. The universes are creations of our Heavenly Parents, our Mother and Father. Our souls, created by our Heavenly Parents, are also outside and independent of the universe, with our personality being expressed by our soul in Creation.
- The Christian doctrine of the Trinity is a false teaching. Our Heavenly Parents, God, are our Mother and Father – one Soul, two personalities. The Trinity that relates personally to us is The Paradise Trinity: our Mother and Father of Divine Love, the Eternal Son of Truth, and the Infinite

## Daughter of Mind.

- Neither Jesus nor anybody else is, or ever can be, God. To claim Jesus is God is erroneous. Jesus is the Son of God, Mary Magdalene (his soulmate) is the Daughter of God, just as we are sons and daughters of God. And Mother Mary was simply Jesus' mother with no other special soul-qualities elevating her above all other women and men – there was no Immaculate Conception.
- Jesus and Mary incarnated retaining their divine perfection. They did not partake of the Rebellion and Default, which we've all been made to suffer. They didn't need to do their Healing like we all do. We are all wrong, untrue and imperfect because we've been made to live untrue to ourselves, Mary and Jesus, and our Mother and Father.
- Higher spirits who were the custodians of humanity rebelled bringing about the Rebellion and Default many years ago. We are living in the wrongness of their wrong doing. And because of our being untrue to ourselves, as seen by our feeling-denial, to become true, we must heal ourselves of our rebellion and it being imposed on us by default.
- The Lucifers and Satans caused the Rebellion, and caused Eve and Adam to Default, thereby subjecting humanity to its 'Fall'. We are the fallen, the Rejected Ones, because we are now rejecting the truth our feelings would have us see about ourselves if we weren't denying them. We're rejecting what Mary and Jesus told us, as are we also rejecting the love of our Heavenly Parents.
- Jesus never resorted to any magic or anything that was contrary to God's laws. Jesus was never able to override the laws of nature. The explanation of the 'miracles', one by one in The Life and Teachings of Jesus in The Urantia Book (TUB), outlines how typical daily events became amplified into fantasies.
- The healing miracles mentioned in the New Testament were only a portion of the healing events that took place. These healing events were miraculous healings conducted by angels, commanded by the Mother and Father, through Jesus. Our True Healing requires the removal of emotional injury, damage and error in beliefs and unloving behaviour from the soul of the person who wishes to live true to themselves and true to God – do God's Will.
- From time to time, since the life of Jesus, healing has been administered in the same miraculous way as that conducted by Jesus. And it's quite possible this will continue as required by our Mother and Father. However such miraculous healing is not the same Healing as one's Natural love Feeling-Healing or Soul-Healing with the Divine Love. And even those people miraculously healed will still need to look deeper into themselves at some time to do their real Healing.
- Jesus realised the way to at-onement with God through God's Divine Love whilst on Earth, a way that can be followed by all. Jesus and Mary Magdalene, are now the most exalted spirit personalities in all of Nebadon, which contains some 3.8 million inhabited physical planets, including Earth. They are our 'spiritual parents'. We have to embrace them for their Spirits of Truth to function within us thereby guiding us through Nebadon to Paradise.
- The doctrine of the crucifixion as a sacrifice for the sins of others is a false teaching. The teaching of atonement of Jesus by his death and crucifixion is an error of great magnitude. The absurdity of believing that God demanded that Jesus should die on the cross as one of the necessary accompaniments of his death, in order to carry out God's plan for this death and make the payment satisfactory, is so apparent and absurd, that all of the spirits in the Celestial kingdoms of our Mother

and Father wonder that mortals can believe such an unreasonable dogma.

- No sacrifice of Jesus, no shedding of his blood and no vicarious atonement, as it is called, can save a human soul from sin, or bring it into the love of our Mother and Father, or cause it to become a partaker of the divine nature. Our salvation from sin and error can only come through our Healing.
- God is loving, not punishing or vengeful.
- There is no judgment or judgment day. Following death as we acclimatise / assimilate to our new environment within the 1st spirit Mansion World, our memory progressively becomes very clear and complete in the details of all of our actions whilst on Earth. Any unloving or harmful event that we had not resolved on Earth becomes acutely clear to us that we need to address these. What pain we cause others is the amount of pain that we will endure.
- Judgment is the passive awakening of one's own memory. We judge our own wrongdoings through our feelings. We are to compensate the harm we've caused another by feeling the same amount of pain we've caused them. No one has the authority or capability to judge another.
- No man can forgive and absolve the sins and errors of another. Only God can forgive sins and errors. This happens as we progress through our Feeling-Healing or our Soul-Healing with the Divine Love. As we uncover the truth of our wrongness by looking to our bad feelings for their truth, we are loving ourselves and so forgiving ourselves through self-acceptance. Love does forgive and accept all, however we're to find true love through our feelings and not with our mind. Contriving forgiveness using the mind is not true forgiveness.
- Through our Healing we settle the Law of Compensation and the Law of Forgiveness, which brings us eventually into a true and perfect Celestial state of Truth. Our Healing may take relatively few years, possibly between five to twenty, whereas mind-based compensation of harmful actions to others and to ourselves can take a much longer time, even hundreds of years.
- Whilst we remain mind-reliant we are mortal and untrue. Only when we receive our Mother and Father's Divine Love, and do our Healing, do we become true and eventually immortal.
- Our souls are created by our Heavenly Parents. Our soul is duplex, it expresses two personalities in Creation – soulmates. We link up with our true soulmate once we're fully Healed and of Celestial truth. Soulmates are of the opposite sex.
- Our soul is of Natural love as it begins the incarnation of its two personalities in Creation. By partaking of the Divine Love our soul becomes divine.
- Our soul begins incarnation of its two personalities at conception. The soul brings into being our will that then wills the rest of our personality into Creation – into life, including our physical and spiritual bodies, our emotional and mental systems, and everything else that we are. Once the physical body's first heartbeat occurs then should death occur, the embryo, foetus, baby, child, adult, dies, moving into spirit to continue life as a spirit.
- Reincarnation as normally taught is a false teaching. When we die our soul doesn't move into spirit, our soul always remains where it is. We can't 'kill' our soul. To reincarnate we'd forfeit our personality, which can't happen.
- We are to ascend our soul by uncovering the truth contained within it through our feelings. Seeking

Enlightenment is looking to transcend one's feelings using one's mind and is not evolving our soul with truth. It's a dead end; whereas true soul advancement is eternal.

- Closed-mindedness holds back progress; for instance, a guru perfect in Natural love who believes him or herself to be god would be temporarily stuck (albeit blissfully) in the 6th sphere. They are rejecting God, they are rejecting Mary and Jesus, they are, in fact, going the wrong way!
- There are 7 spirit Mansion Worlds. Worlds 1, 2, 4, and 6 are Natural love mind-dominated worlds, in which spirits seek Enlightenment and can't move higher than these worlds. Worlds 1, 3, 5, and 7 are the Soul-Healing worlds with Divine Love, and upon completion of one's Healing, one moves higher into the Celestial spheres. The first three Celestial spheres are numbered 1 – 3 (or, 8 – 10), then are unnumbered all the way to Paradise.
- Whilst we are subjected to the effects of the Rebellion and Default, humanity of Earth and in the Mansion Worlds, are in quarantine from all other habitation on the other physical worlds and spirit worlds around us. Only upon entering the first of the Celestial Heavens do we, of Earth, begin to interconnect with peoples (spirits) from other worlds.
- As one grows in love, the energy of the love has its own gravitational attraction. As you develop you are drawn to planes within worlds and spheres, and sectors within planes that match your soul condition. Like attracts Like. Like minded, and like feelings – like truth.
- Your soul condition illuminates your spirit body. Thus it is clear to other spirit personalities as to the level of your soul. A higher spirit person can recognise a lower spirit's emotional issues clearly through the ambiance and radiance of the spirit's body.
- Longing to feel one's emotions through one's Feeling Healing increases one's humility. Our Healing is the releasing of negative emotions – Childhood Repression (without necessarily acting upon them), whilst longing for the truth of all one is feeling.
- Prayer also has a particular definition, referring to a genuine longing for God's truth and love, felt in the heart, not in words spoken aloud or in the mind. Mindlessly repeating learnt prayers is pointless.
- God can communicate with us through the Indwelling Spirit – a voice in the mind, however it's not to be mistaken for the voice of a nature spirit, angel or other spirit personality. God can also communicate with us through our soul, which we feel or soul-perceive.
- We all enter the spirit world straight into the 1st Mansion World (which has many planes and levels). After a period of assimilation – getting used to being still alive with a whole new spirit life, and not dead forevermore, we are then drawn to the location where our soul condition best suits us, some into the 2nd, and a rare few into the 3rd worlds. Many spirits are drawn to the lower 'Planes of Disharmony' of which there are two such Earth based planes of darkness. There is no such thing as eternal damnation, we can all recover and grow from any unloving and negative condition.
- Like attracts like: the current state of one's soul determines one's location in the spirit world, and this location will be populated by like-minded or like-feeling spirits. There is spirit world gravity, it is the matching of the gravity with one's soul condition that draws a soul to a specific location of habitat.
- The parents of humanity, Aman and Amon, were the first 'ensouled' human beings and consequently were without sin / emotional error or injury at the start of their ensouled life. Aman

and Amon lived about 1,000,000 years ago; whereas Adam and Eve lived more than 38,000 years ago.

- Since ‘The Fall’ (when humans started to believe themselves to be god and living independently of our Heavenly Mother and Father, and also rejecting the regency of Mary and Jesus), the state of Earth has descended to the equivalent of the hells (the two Earth planes containing also the ‘Planes of Disharmony’). It is currently emerging out from that condition.
- Aman and Amon did not embrace our Mother and Father’s Divine Love because it was not available, which subsequently happened once Jesus announced its availability at the time of his fully coming into his own rightful power – when his public ministry began.
- Children who die young or are ‘unborn’ enter nurseries located in the various sectors of the first Mansion World. Some of these nurseries are given names like ‘Summerland’, and from which spirits can adopt such spirit children or help them grow up into adult spirits.
- The spirit body has more capabilities than the material body, and increasingly so, as the state of the soul progresses. The physical senses are greatly amplified in the spirit body and this becomes evident upon the shedding of the physical body. Art, music, science, philosophy, etc., continue in the spirit Mansion Worlds, at a higher level than currently occurs on Earth.
- Actions on Earth affect the state of the soul, both positively and negatively, and the effects continue to be worked through in the spirit body when within the spirit world. Either with the mind through the mind Mansion Worlds of even number, or by doing our Healing in the odd numbered worlds.
- There is no ‘Satan’ in the form of a devil, although there are many degraded souls that are currently worse than any Satan we could probably imagine. These spirits, and their equivalent on Earth, live in the hells. Even so, the hells are not a permanent state, and all can eventually reach at-onement with God if they desire so by doing their true Healing. There is no place from which we cannot grow and recover from.
- The Hells, the ‘Planes of Disharmony’, are places that a soul in a very poor soul condition can continue its existence. This is where lost souls live – completely lost to the truth of themselves.
- When a personality within the Planes of Disharmony begins to open up and seek assistance, such assistance will come from spirit personalities of the higher worlds or spheres. There are no places of eternal damnation.
- Death of the material body can be confusing because of false beliefs accumulated on Earth through religion, philosophy, politics, science, etc. Many personalities do not readily realise that they have ‘died’ upon entering one of the receiving stations within the 1st spirit Mansion World sphere, and it can take them a long time to accept they are dead from Earth yet still alive in the spirit worlds. It helps if you have a strong belief in life after death.
- Accordingly, there are still different religious beliefs (including atheism), ideologies, etc., in the mind Mansion Worlds 1, 2, 4, 6. Those who embrace Feeling Healing or Soul-Healing with the Divine Love, readily abandon Earth-based religions, as their feelings show them how untrue and harmful they are to continue believing in them.
- The best attitude is never to be adamant about beliefs that are not really known to be true, but rather to be open to truth (be in humility). There are no beliefs held by those in the Celestial Heaven, as

there is no need for them because one lives by expressing feeling derived from one's truth.

- Progress can be quite rapid through the spirit worlds, because spirits in higher states are keen to help spirits in lower states, if the lower ones are willing to learn new truth. A personality who is mind-reliant may find himself stuck in one location for centuries, whereas others who become God-reliant and embrace our Mother and Father's Divine Love and look to their feelings for the truth they are to show them, may progress swiftly into the Celestial Heavens. We can do our Healing and achieve a Celestial level of truth whilst still on Earth.
- As from the 22 March 2017, interference from Natural love controlling spirit personalities has been severely blocked by our Celestial Heaven spirit friends. Further, the Quickening of the Law of Compensation began to occur as from 22 May 2017. These two progressions have resulted from progress by a human soulmate pair through their own Soul-Healing, thus bringing about the final days of the Rebellion and Default.
- At-onement involves not only acting lovingly but wanting to act in that way; for example, adulterous thoughts are "adultery in the heart".
- Wanting to act in accordance with love is possible by processing (but not acting upon) the 'causal emotions' underneath the unloving desire. By far the most effective way to grow in soul condition is to engage in one's Feeling-Healing process and to ask for and receive our Mother and Father's Divine Love. The receiving of our Heavenly Parents' Love will strengthen our resolve to address our causal / core negative emotions, slowly bringing about the perfection of our soul condition.
- Love does not demand anything of anybody else or seek to control, it is unconditional and is self-fulfilling. So sometimes what we think of as "loving" is being conditional and controlling. And sometimes what we might think of being unloving is actually loving.
- For example, self-sacrifice is unloving to the self. We are to truly honour and attend to all our feelings, thereby looking after and respecting our self first. Then we can look to help others from this position of helping ourselves. Denying ourselves our feelings to help another, is not going to do either any good.
- Golden Rule: that one must always honour another's will as one honours one's own. Live true to yourself, and you'll be loving and truly respectful of others.
- The material body is connected to the spirit body by a 'silver cord of light', which splits in two near the physical body connecting in the aura on subtle levels in the back of the heart and back of the head. When that cord is 'cut' the physical body dies.
- In the sleep state, the spirit body (which does not need rest like the physical does) can engage with other people in their sleep state or with other spirit personalities. This is commonly called the astral state. Thought travels faster than the speed of light. We are each transmitters and receivers with specific frequencies. In this way we can connect with anyone in the Mansion Worlds and lower Celestial spheres if we desire communication with them.
- It is possible to remember the sleep state activities of the spirit body, but usually we don't. A dream just before waking can be our spirit body trying to send our material mind a message to help us remember something relevant to our emotional state. Alternatively, though less frequently, a dream can be a snippet remembered from the astral state. By focusing on what feelings your dream made you feel, whilst you had it or afterwards, and by expressing such feelings and wanting to know the

truth they are to show you, dreams can be very helpful in the Healing process.

- Of enormous benefit to all is to prepare oneself for entry to the spirit Mansion Worlds. What preparation one undertakes while in the physical state will greatly benefit one for life in spirit, even if it is only a little preparation. To become aware of the availability of our Mother and Father's Love, as well as the Feeling-Healing process, is the greatest gift one can give oneself.
- Love yourself by accepting all your feelings and longing for the truth of them. Want with all your heart to live true to yourself and to end your falseness and being untrue. Do your Healing. This is being as truly spiritual as you can be. And if you are not already doing so: long with all your heart to God for the Divine Love.
- Our Heavenly Parents – Mother and Father – simply desire for us to ask for Their Love.
- Then whilst receiving Their Divine Love, the next most loving act we can do for ourselves is our Feeling Healing. So our own love combined with our Mother and Father's Love will heal all our sin, error and unlovingness, allowing us to one day become truly loving, to be the loving child of our Loving Heavenly Parents. And to know They do love us, because we feel loved by Them.

“My coming to you (James Padgett) is really my second coming on Earth, and the result of my coming in this way will satisfy and fulfil all the promises of the scriptures as to my second coming.”

Jesus December 2, 1915

What is the greatest thing in all the world?

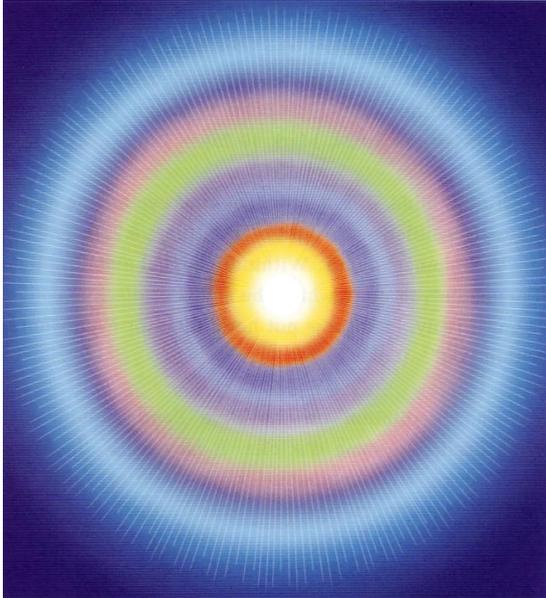
Prayer and faith on the part of mortals; and Love – the Divine Love – on the part of God. The latter is waiting, and the former causes it to enter into the souls of men. No other truths are so great and momentous to men. Let what I say sink deep into your memory, and try the experiment.

Solomon April 20 1916

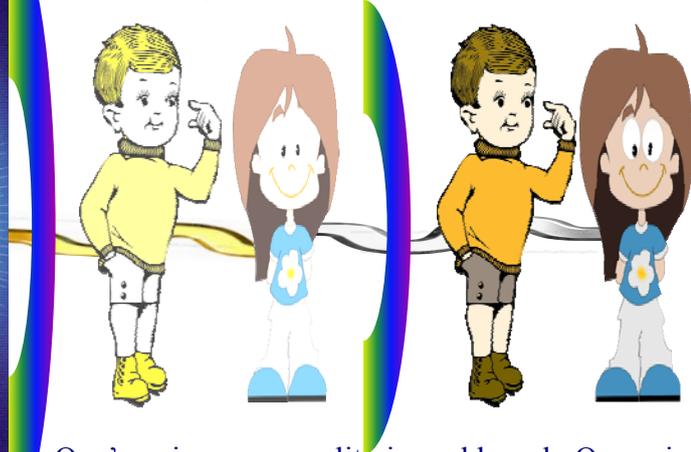
## DIMENSIONS of ONE'S EXISTENCE:

Our SOUL IS NOT ENSOULLED IN OUR SPIRIT BODY. Our soul exists existentially in a whole different level or plane or place or dimension of being – 'soul land'. It doesn't exist in Creation, it's not experiential like Creation is. The soul, all souls, help create their part of Creation by expressing their personalities into Creation, and then by having their personalities do things (further create) in Creation.

SOUL exists existentially



Our Physical Body and our Spirit Body are of Creation, being linked together by cords of light as are the two spirit bodies, male and female, to the one Soul.



One's unique personality is soul based. Our unique soul expresses its unique personality through the two spirit bodies and physical bodies expressing both the male and female aspects.

## PERSONALITY



**Our soul is the centre of our personality.  
We are children of our Heavenly Parents.  
Our soul manifests a male and  
female personality - it is a duplex!**



## I'D TURN BACK IF I WERE YOU!

The Natural love spirit Mansion Worlds as to how they have been for all these hundreds of thousands of years and as they are set up currently, are to help spirits advance to the fullest of their self-denial that they can. That is, so as to become as evil as they can. And all under the guise of being 'loving'.



It's why they are called the mind worlds, namely Mansion World / spheres 1, 2, 4 and 6. That is because the spirits are using their minds to complete their rebellion – denial of self and feelings, and rejection of our Heavenly Parents as well their Creator Son and Daughter. So yes, the top of Mansion World sphere 6, spirits are the most evil, the most in rebellion, the most in default, the most wrong and unloving and untrue, even though, they appear, because they've trained their mind to do so, to be the most loving, but it's all false and contrived – such as the Eastern gurus. Total mind over feelings, blocking all the bad ones and using your mind to only make you feel good.

Typical of those on their way up in the mind worlds are not open to anything, they do not want to know about feeling bad and going with their bad feelings looking for their truth, because that scares them, that's not nice, that doesn't make one feel good, it threatens their control, they reject that preferring to stay in their nice safe space. Which is how it is for these Natural love mind spirits using their minds to control their feelings.

We've all got to take responsibility for our evilness even though we were made to be that way and rebel by default, but there is no getting away from it, and it has to be compensated right to the last farthing, which is what being in the hell planes is all about, and which keeps being applied right the way through the Mansion Worlds. **In the mind worlds you can continue to use that inner pressure requiring compensation for your bad deeds, to further contrive love and pretend you are all holy and loving and not hurting anyone anymore, which on the surface of it you are not, but underneath still are, all the way up through to the sixth world; or, you can allow it to keep working on you right the way up through the Divine Love Mansion Worlds doing your Healing.**

And apparently what's going to happen is the Natural love mind Mansion Worlds are going to be divided, so within them, there will be spirits doing their Feeling Healing – without the Divine Love, and still limited to the sixth Mansion World, but looking to be true and end their rebellion. And then there will be those still carrying on denying themselves as they have always done. So you will have spirits in the Feeling Healing Natural love sectors that will truly perfect their Natural love; and those spirits still in the mind sectors perfecting their wrongness. The opposites or extremes living side by side. And then you'll still have the Divine Love Healing Mansion Worlds, being spheres 3, 5, and 7, doing their Soul Healing.

And as for a summation: "Divine Love Mansion World / sphere 3 is the waking up to the truth that one is not loving, also their being a lot of assistance. Sphere 5 is then about going right into the depths of feeling how unloved you feel and seeing how unloving you are and how that makes you feel, also this a time when one can then progress and manage their own progress through their Feeling Healing. Sphere 7 is then about still working with the deepest and residual bad feelings, whilst looking to sort out how you wrongly relate to yourself and others, nature and God because of being unloving, this is a time of great realisation and comprehension with much of the prior experiences starting to be drawn together."

Mansion World 3: is for waking up to the truth that you're not loving and starting to get in touch with your pain, starting to accept your bad feelings, starting to work with them instead of rejecting them.

Mansion World 5: is then about going right into the depths of them, feeling how unloved you feel and seeing how unloving you are and how that makes you feel, bringing out the majority of your pain, your misery, fear, anger, guilt, hatred, boredom, terror, rejection, nothingness, feeling powerless, alone and abandoned, and so on.

Mansion World 7: is then about still working with the deepest and residual bad feelings, whilst looking to sort out how you wrongly relate to yourself and others, nature and God because of being unloving, understanding how your relationships are unloving, how you don't connect properly, how unloving you really are and why and fully accepting the truth of it, coming completely to grips with your parents not loving you as you needed to be loved – sorting it all out, including your self and feeling expression difficulties.

It is agreed that the lower worlds are about waking up to what's involved, however from then on it depends on how it's all structured for the individual in their negative state as to how much ongoing assistance they might need. Some need help all the way along, whereas others have been able to work with their feelings, themselves, right from the beginning.

And yes, each of the Divine Love healing Mansion Worlds, 3, 5 and 7, are equally painful to work through, just focusing on different aspects of yourself and your Feeling Healing with Divine Love. And then in the higher planes of the 7<sup>th</sup> world comes the transition, where one's pain starts to end, and you start feeling so much better about yourself, you are fully accepting of your negative unloving state, you are fully unloving although even starting to become more loving – truly loving, of yourself, God, and then other people.

Then onto the Celestial Heavens by progressing into Sphere 8 and then onwards further, all the way home to Paradise.

Maybe something like 30 billion people have recognised that our Mother and Father's Divine Love, together with embracing one's Feeling Healing, that with these two aspects, have progressed through the Mansion Worlds to the Celestial Heavens and onwards.

More than 200 billion personalities have embraced their mind and self reliance through the misguidance of 'New Age' styled ideologies and the many thousands of different religious platforms, all of which take the person further and further away from our Heavenly Parents.

The 1<sup>st</sup> and 2<sup>nd</sup> Spirit Mind Mansion Worlds / spheres are jammed to the rafters.

For a million years, humanity has gone in the wrong direction with its self-denial of self and feeling!

[Nanna Beth](#)

Sunday, 18 June 2017

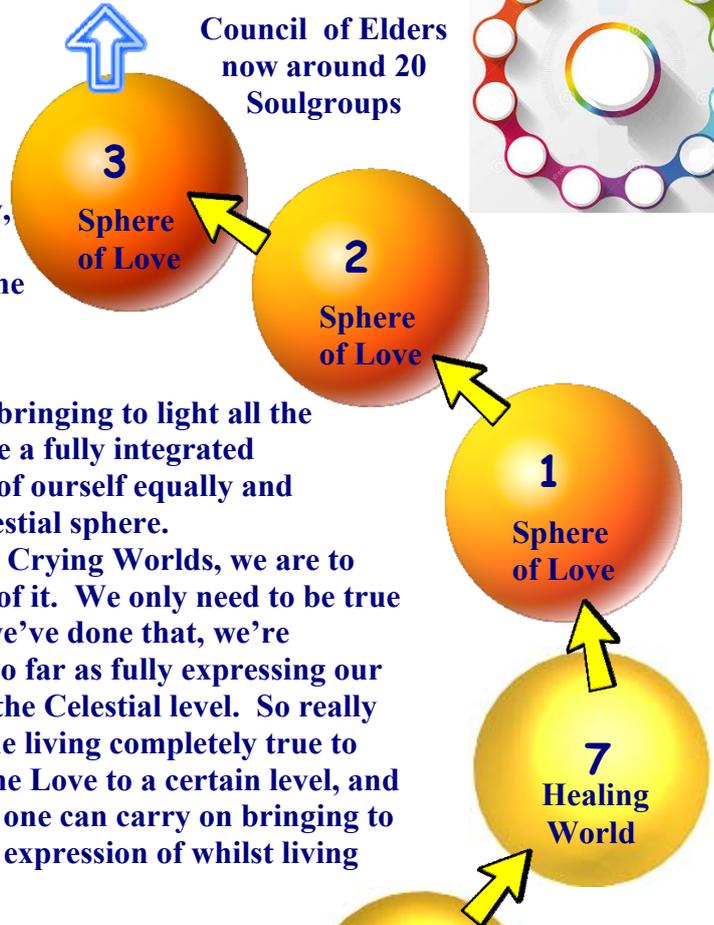
**CRYING WORLDS HEAL, the LOVE WORLDS LIBERATE PERSONALITY:**

To PARADISE, the HOME of OUR HEAVENLY PARENTS

# The Way Home



Council of Elders  
now around 20  
Soulgroups



Celestial Heavens are the Spheres of Love. One has to be a fully integrated personality, as in expressing all the aspects of one's self equally and lovingly, before one can leave the 3<sup>rd</sup> Celestial sphere – Sphere of Love, after having embraced the Way of Feelings.

When in the Celestial Heavens we work on bringing to light all the attributes of one's personality. We are to be a fully integrated personality, as in expressing all the aspects of ourself equally and lovingly, before you can leave the third Celestial sphere.

While we progress through the Divine Love Crying Worlds, we are to live true to our untruth, by living the truth of it. We only need to be true and perfect to our untrue state, and when we've done that, we're Healed. Even though we're still imperfect so far as fully expressing our personality, all of which we then perfect at the Celestial level. So really to qualify for the Celestials, that is about one living completely true to one's wrongness, and partaking of the Divine Love to a certain level, and then once that's done and being a Celestial, one can carry on bringing to light all those parts that one was denied the expression of whilst living untruth to oneself.

We are to uncover the truth of our untruth through the Healing crying Mansion Worlds levels (and their equivalent on Earth); and then once that's done, and with the appropriate amount of Divine Love in our soul warranting fusion with our Indwelling Spirit, we can move into the Celestial spheres of love (or their equivalent on Earth).

Earth has been subjected to the Rebellion and Default until now! As a soulmate pair progress with their Feeling Healing, the Rebellion and Default conditions are being cancelled.



We all arrive into the 1<sup>st</sup> Mind Natural Love Mansion World. Most continue their way of living without any awareness of the Feeling Healing process and the availability of Divine Love.

The 1<sup>st</sup> and 2<sup>nd</sup> Mind natural love Mansion Worlds are jammed to the rafters with spirit personalities. Those who progress to the 4<sup>th</sup> and 6<sup>th</sup> Mind Mansion Worlds are progressing further away from God, continuing with the Way of the Mind!

I'D TURN BACK  
IF I WERE YOU!

# FEELING HEALING + SOUL HEALING

To heal one's self is to simply look to see what feelings we are refusing to let ourself feel, and accept them instead of denying them. And to fully accept them, one needs to express them, speak about them, let them have their say, rather than pushing them aside, refusing to let them make you feel bad.

Doing this all with the intention of seeking the truth of why you are feeling them, of speaking about and expressing all such feelings; all feelings you have, but ALL WITH the INTENTION of UNCOVERING the TRUTH THEY WANT YOU TO SEE ABOUT YOURSELF. And it's the wanting to see the truth of them that is very important, because if you just look to accept them and speak and express them, but not seek their truth, then that's all you'll be doing, speaking and expressing them, but not healing their causes, so not fixing the things within you that are making you feel bad. And it's the truth part of it, seeking the truth of your feelings, and so, seeking the truth through your feelings, that's vitally important. It's the truth of yourself, life, nature and God, that is the spiritual aspect to it all.

You CAN'T find the truth of yourself, or anything else, through and with only your mind. You HAVE to engage and look to your feelings. And so if you choose to allow your feelings to 'Show You the Way', then the truth will come as you express them.

So to do our Soul-Healing consists of these steps, all of which are ongoing until it's done:

- **Admit you are feeling bad.**
- **Accept your bad feelings, identify what they are.**
- **Honour fully your bad feelings by expressing them, speaking about them to someone who is willing to hear you talk about them, or tell them out loud to our Heavenly Parents. Long for the truth of them. Long for the truth of why you feel bad – what deep within you is causing your bad feelings?**
- **And remember, bad feelings are Good! Not bad. They are not to be despised. And as hard as it is to accept them, they are still you, and a very real part of you. And if you persist in denying them and not allowing yourself to fully live them, then you are only going to keep yourself in your errors making things harder for yourself.**
- **All sickness and suffering, all bad things that happen to you, all your problems, all your addictions – your whole feeling-denying and untrue life, is all caused by your denial of bad feelings.**
- **Every problem in the world is brought about because everyone has been brought up to deny feelings, and in particular, most of their bad ones.**

If one is intent on spiritually evolving and growing in truth, then it's vital, and this is the key, that one looks to use one's feelings as the means to gain and have access to the truth of oneself. You CAN'T find the truth of yourself or anything else through and with only your mind. You HAVE to engage and look to your feelings. And so if you choose to allow your feelings to 'Show You the Way', then the truth will come as you express them.

Doing your Soul-Healing with the Divine Love, is really doing your 'Feeling-Healing'. We are designed — created — to be self-revealing of truth, and so we are all to uncover the truth within ourselves and for ourselves, and all being done by living true to our feelings. **If you accept, express and seek the truth of your feelings, then truth will come to you, and you'll grow spiritually. It's as easy as that. Also it is as easy as it is to long for, ask for and receive Divine Love.**

## Feeling bad is Good! It's okay to feel bad.

Feeling bad is good.  
 Feeling bad is GOOD!  
 It's not bad to feel bad – it's good.

FEELING BAD IS GOOD!  
 Very good!!!

And feeling really bad is also good.  
 And feeling worse is even better.  
 It's all very good!

It's okay to feel bad.  
 Bad feelings are okay.  
 It's good to feel bad.  
 Bad feelings are GOOD!

It's good to feel bad about feeling bad.  
 Your bad feelings are YOUR feelings.  
 YOUR bad feelings have a right.  
 A right to exist.  
 A right for you to feel them.

Your bad feelings are a part of you.  
 Bad feelings are good and they are your feelings!  
 ACCEPT THEM!

It's okay to feel bad, there is nothing wrong with feeling bad.  
 You might not like feeling bad, but it's okay to feel bad.  
 You are allowed to feel bad. Give yourself permission to feel bad.  
 Bad feelings shouldn't be dismissed.  
 Bad feelings already feel unwanted, why make them feel more rejected?  
 You are your bad feelings – if you reject them, you are rejecting yourself.  
 Why are you rejecting yourself? Why are you rejecting your bad feelings?  
 Is this how you want to live – rejecting a natural part of yourself?  
 Is this how you want to live, rejecting your bad feelings?

Feeling bad is normal. We all feel bad. We all feel bad a lot of the time, even if we won't admit it, or even if we're not aware of it.  
 There are many bad feelings, all sorts of different bad feelings, and they are a normal part of you – of everyday life.

Bad feelings – your bad feelings – are to be welcomed. Bad feelings are to be wanted. Bad

feelings are to be accepted.  
Bad feelings are to be loved.

If you ignore or deny or dismiss or reject your bad feelings, what are you really doing?  
Denying, dismissing, rejecting yourself. Is this what you want to do? Because if you do, you'll  
only make yourself feel even worse.

You are your bad feelings – Your bad feelings are you.  
Bad feelings have just as much right to life as good feelings.

Be true to your bad feelings – acknowledge, honour and accept them!  
Accept your feelings.  
Accept yourself.

So Remember:

## Feeling bad is Good! Accept your bad feelings.

The full acceptance of your bad feelings, and the seeing of the truth they are trying to show you, comes from having expressed – spoken – about them. And speaking about them to someone who cares about you: a friend.

As you vent your feelings, the pent up ‘bad’ energy goes, often leaving you with the understanding of what they are all about: why you are feeling them. And once you understand and know this truth, then you are healed and free of them.

As young children we were all stopped from freely and fully expressing all our bad feelings. Things were done to us, we were forced to behave in ways we didn't want to, all of which made us feel bad. But we couldn't complain about how unjustly we were being treated. We tried, but often only to be met with harsher rejection treatment.

As adults we still have all this bad treatment going on within us. We formed patterns when we were young based around all the negative unloving parenting we had. And now being unconscious of these patterns we still (also unconsciously) expect bad things to happen to us to make us feel bad – and to feel just as bad as we did back then. And so bad things do happen. And we do feel bad.

So as an adult, we are experiencing life in the moment now as the adult, together with all we felt back when we were young, only we are unaware of it. Something will make us feel bad, and on the surface of it we might know why we are feeling bad, yet underneath, deeper within us, it will key into and trigger repressed bad feelings making us feel even worse in the situation than we might have otherwise felt.

So in doing our Feeling-Healing: healing our repressed childhood bad feelings through the feeling-experiences of our current adult life, we need to use every bad feeling to help take us back 'down' inside ourselves, to connect with what made us feel the same bad feeling when we were young.

We are our bad feelings, and like them, WE ARE STILL WAITING TO BE HEARD.

The honouring, accepting and expressing of our bad feelings is our attempt to speak up and finally be

listened to: to be accepted and loved – not rejected. And as an adult we can now do this, whereas, a child we could not.

And so if you no longer want to feel bad then through complete self-acceptance is the ONLY way to heal yourself – allowing yourself to feel as bad as you do feel. If you don't feel good about anything in your life or about anything to do with yourself – if you have one bad feeling at all, that feeling or bad thing will somehow be connected all the way through you to your early childhood. And so simply, if you feel bad about anything, if you are sick or don't like any aspect of yourself or your life, it's all because of how you were treated during your early childhood, and it's still going on deep within you. Your childhood has ended but the resulting mental and will patterns that dictate to a high degree your emotional and feeling state are all still in existence, still unconsciously controlling you. And because you are denying yourself the knowledge of these patterns, so too are you denying yourself the resulting feelings from them – all your bad feelings.

When you see the truth, the whole truth of your negative self-denial state, then with your will you can stop living in rebellion against yourself and choose to live positively. And in that choice you are healed.

### The aim of Feeling-Healing

The real aim of doing your feeling-healing is to perfect your relationship with yourself, with others, with nature, and in the end, with God.

Until we are living true to all our feelings and living wanting to grow in truth from our feeling experiences, we can't live a perfect relationship. If we live denying any part of our self we can't have true relationships.

Until we accept all of those parts of us we're denying, and understand why and how our denial came about, we can't live as our soul desires us to, as we have been created to live.

And when we do honour all our feelings and live the truth revealed by them, then naturally without any effort or mind control we'll just be perfect.

Many people try to seek God, try to understand the Greatest of all Mysteries before they try to understand themselves. We will never be able to understand or relate properly to God until we can understand and relate properly to ourselves. We come first. We have to learn how to fully honour and totally accept ourselves and then we can move out into the world and greater universe.

**We are to be true to our soul by living true to our feelings.**

To want to live true; true to how you feel, is to want to be perfect.  
And your feelings are the way.

# FEEL *for* TRUTH

The beauty of it all, is the truth comes to you through your own feelings. You don't need to be told it by anyone. You can work it all out for yourself. We are self-revealing of truth, it's how God created us to be, and by being it we'll feel the happiest we can feel. Truth is our great comforter, so when you feel it come up within you, ah it feels so good and you feel just right – perfect!

We know only how to deny feelings, now we can get to know how to accept them. And always with the truth being the most important part.

## FEELING TRUTH

If you don't want to uncover the truth of your feelings, then you can keep on expressing them forever but you will never fully heal yourself. Seeing the truth results in the Healing. And to see the truth you need to express all the pain out of you. The two things go hand in hand.

You can accept and express your bad feelings, letting off steam all day long, yet nothing will heal and nothing much will come of it. So this is where wanting your feelings to show you the truth of why you're feeling as you are is so important.

Don't go fishing with your mind, that will shut the truth out from rising up for you. KEEP YOUR MIND OUT OF IT. It's a feeling thing, doing your Feeling-Healing. (This is where we erred previously, and this how other modalities are in error.)



You long when you can, then stop longing and keep expressing. And at some point, and it might not even happen immediately, it might happen after days or weeks of expressing the same bad feelings, truth will come to you. And it does, it just comes up suddenly into your consciousness. You just know. You see the picture and you feel it's true. And you know it's true. And THEN your mind can come in and start sorting it out and putting in context.

It's the Truth that we are seeking. It's the End Point. The Reason for doing your Healing. You are to see the whole Truth of yourself. And to begin with, that's the whole truth of your unloving self, of your wrongness, of your evilness, of why you are as you are in your negative unloving mind-controlling state. To be able to fully accept yourself as you are, warts and all. To not fight or resist or try and change yourself, just to accept all you feel and all the truth of all those bad feelings you feel about yourself. And when you do, so you will be healed. You CAN'T heal yourself unless you uncover the truth of your pain, suffering and so the truth of all your bad feelings.

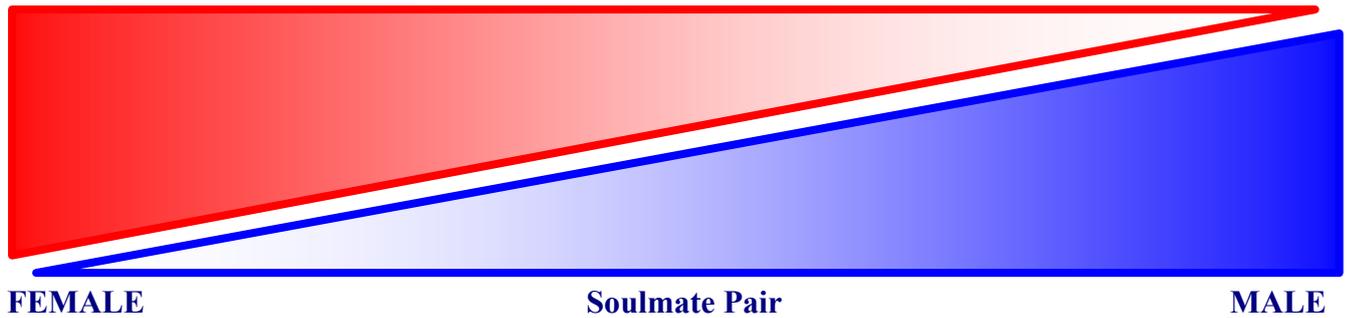
Through our Feeling-Healing we long for the truth of what we're feeling whenever we can. So as often as you can. You want, and REALLY WANT WITH ALL YOUR BEING, ALL YOUR WILL, to know why you are feeling bad. You yearn, want, long and beg and beg and BEG God to show you the truth of yourself through your feelings. So when you are expressing your bad feelings you can stop and long for the truth to show you what's going on, why do you feel so bad, and you can do it any time you think of it or feel to do it.

Notes from 'Feeling Healing' by James Moncrief

Heartfelt TRUTH

Feelings first

**The EXTREMES of EMOTIONAL INJURY and SOUL SUPPRESSION:**



At the extreme ends of Childhood Repression, a soulmate pair will be the first to heal themselves, having experienced their parents and close family members impose upon them forms of childhood suppression that collectively represent all possible extremes of experiences that we can have. Thus, when their Spirits of Truth are released, then all of humanity will be able to draw upon these for assistance and guidance as to how to liberate one's own soul from their own personal repression. This is the gift that this soulmate pair is to provide humanity with.

As the female is closer to her feelings, it is the female that will lead and assist the male in their Feeling Healing process, while progressing with her own. The male cannot do this on his own, only the female is capable due to her closeness to her feelings. However, to complete her own progression, the female requires the support and participation of the male. It is now time that we recognise that it is the woman that is our spiritual leader.

Our truth loving soul based feelings are to be brought into dominance with our minds only to support our soul based feelings. It is how we are brought up by our parents that we erroneously accept that our minds are all powerful; however they are greatly flawed and self-centred. Embracing one's own feelings is embracing the way of living that our Mother and Father desire for us to express and engage in. We are to fully express our God given personality through our feelings, not our mind based man-made impressions.

Firstly, consider discovering the truth of your emotional pain and injuries through Feeling Healing.

Secondly, consider longing for our Heavenly Parents' Love as you progress with your healing.

Primary and most important readings are the writings of James Moncrief.

Then consider the Padgett Messages, and then The Urantia Book.

**TRUTH LOVING SOUL V ERROR INFLICTED MIND**



## **FEELING HEALING – SUMMATION:**

**Living with the Divine Love and doing your soul-healing, is choosing to live true to your feelings and to end your mind's control over you.**

**The great difficulty we all face is that we are not free to speak what we feel, with so many of us shut off from our true feelings, feeling unable to speak about such things. So all the anger and wrestling and arguing that has to go on, is what is needed to break down the barriers and bring to light the blocks, all so they too can be talked about.**

**As we move into deeper parts of ourselves through one's feeling healing, being gradually led into it, so even deeper parts can come up, we being able to deal with them with the experience already gained.**

**We are not just thrown in at the deep end and all our hellish traumatic bad feelings come racing up only to annihilate us, for there would be no purpose to that as we wouldn't be in a state or condition to see any truth; and seeing the truth, the whole truth of our unloving negative state, is what it's all about. The truth comes first, and we will only experience all we need to, so as to liberate it.**

The pioneers of Feeling Healing – Marion and James:

**Marion wasn't actually forced to change herself to effectively become 'another person' by her parents, they just came down hard on her stopping her being her natural and true self. And her healing with therapists, and now in what we are doing together, is taking off those clamps and restraints and letting her out of her cage, so increasingly as she is regaining her true self, she is able to say all she wanted to say when she was little. Whereas for myself, James, I was made to become effectively someone else, to be so shut-off from my natural self so as to not feel any direct connection with my feelings, and being all but totally unable to express them. So for Marion, expressing her feelings and feeling when things are not right in our relationship, comes relatively easily, whereas for me, I don't have a clue most of the time.**

**Marion and James are on the extremes and coming at their relationship from two opposite ends. Other people will be like they both are, and even with the roles reversed; and then most other people will be a mixture of, and somewhere in between, them both. Generally speaking, James is more like so many men, totally alienated from his feelings – but not all men, as some men are very free with their feeling-expression; and Marion is more like most women who are closer to and more aware of their feelings, only never feeling free to really express them. And there will also be a lot of women who have had to change themselves so much so that they will feel more like James does, that being as if you're another person with very little connection with your true self.**

Notes from 'Spirits and their Childhood Repression Healing' by James Moncrief

# Our Feelings are our Truth

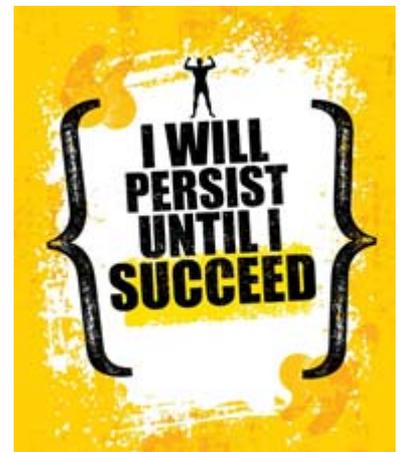
Tuesday, 25 December 2018

James: Marion was emphasising how **our feelings are our truth, and our Healing is just the bringing out of our feelings, and as we do that, the truth comes to us, it being the truth of what we feel.** And I don't know if I've made it that clear in my writings as to what the Healing basically is, so I wanted to add it here, as I feel like writing more with you Nanna Beth.

Nanna Beth – 3<sup>rd</sup> Celestial Heaven: That's right, **that's the basic principle, however you do have to apply your will – make an effort – wanting to bring your feelings out, bringing them out, and wanting to see / feel the truth of them, which is the truth of why you're feeling what you are.** So Marion focuses her strong will on her feelings and bringing them out, which is bringing herself out, because **you are your feelings, which is the truth that you are. We are all the Living Truth James, with our feelings feeling that truth, and then with our minds we can put those feelings and truth into a context that helps us understand on other levels what we just feel.** And because you were stopped from freely expressing all you felt, so you've been stopped from living true to your feelings and consequently stopped being the truth of them. So **the truth is waiting in you for you to feel the feelings that give rise to it, all those feelings you should have felt throughout your childhood.** And when you decide to 'do your Healing', life (your soul) provides you with the necessary experiences you need to make you feel, and those feelings as you express them, connect you back to the young you that wasn't allowed to express them, thereby you are now, as an adult, doing what you should have done back then, and so revealing the truth of your feelings which is also the truth of yourself. **We are all revealers, revealing the truth of ourselves through our feelings.**

James: So just talking out all your feelings is not enough, we need to want to uncover the truth of ourselves as well?

Nanna Beth: Yes, because you are doing all you can to not see it, living against it, so living against the truth of yourself, living against those feelings that would show you the truth, which is your rebellion against yourself, your truth, yourself, and against God. So you can merrily talk all day long expressing all you feel, however that won't actually be all you really do feel, as in, all those repressed feelings within you that are waiting to come out, with you merrily or even angrily, expressing your selective feelings all day as part of the denial of your deeper hidden ones.



celestial Friends

# REVELATIONS



**Revelation 1:** Our soul becomes encrusted with harmful ways of life, plus negative and erroneous beliefs, these mainly stem from our childhood upbringing and environment. Thus we live untrue to ourselves, we become 'evil'. Whilst we hold to these injuries we limit the amount of Love that we can receive into our soul. To open our soul to the Love we must firstly and progressively feel into our emotional injuries and allow them to be released. Until we emotionally experience past errors and injuries we hold onto them.



To free our soul of damage and toxic emotions we must open ourselves to experiencing them. This is a progressive, slow and uncomfortable cleansing process that we must all experience. Only by addressing the generational injuries will we, as humanity, evolve in love.



To fully divest one's self of our badness, we have to 'go into' our feelings. Call this process of clearing toxic emotions as 'Letting Go', 'Emotional Processing', 'Journey Process' or 'Feeling Healing'. Embracing Divine Love then Feeling Healing becomes Soul Healing.

As part of our Feeling-Healing we will have to work our way into all our feelings to see if indeed they are coming truly from our heart and soul, or if they are being heavily influenced by our mind. And this will then lead us into questioning and uncovering the truth, if there is any, to our beliefs and why we behave the way we do; and is such behaviour based on truth, or is it based once again on untruth, belief, and rules of our mind.

**Revelation 2:** We can long for, ask for and receive the Mother and Father's Divine Love. The greater our soul is free of error and injury, the more of the Divine Love can be received and assimilated into our natural love formed soul. The Love does not free us of injury, however, it strengthens our resolve to continue on our journey to be free of error and injury, to step away from evil aspects that have been encapsulated within our humanness and soul. It is this Love, the Divine Love, that brings about immortality of our soul and it is this Love that will eventually fit us to enter the Celestial Heavens and progress for ever more onwards to Paradise. These two revelations free us from error and enable us to grow in love ever more.



**Immortality with the Love.**

# Steps UP!

## Quantum Jump 1



**REVELATION 1**  
James Padgett 1914 – 1923

James Padgett bravely introduced the availability of the Mother and Father's Divine Love and a great deal of additional guidance and information, all of which has been supplemented by Samuels, Judas, Reid and Arnold. All writers were under restrictions of personality and circumstances. Revelation 1 opened the door for humanity.

## Quantum Jump 2

**REVELATION 2**  
Marion and James Moncrief 2002  
– ongoing

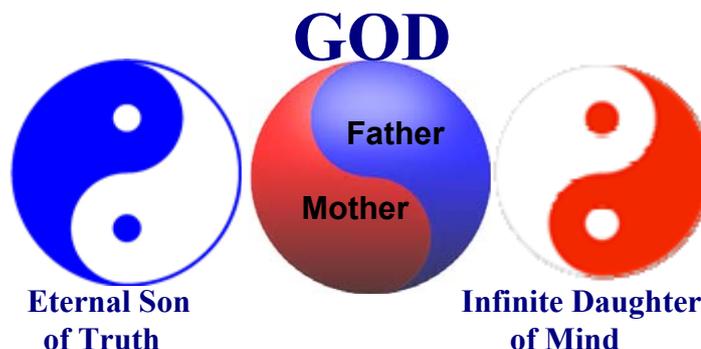
Marion and James Moncrief have recognised the need for one to engage in Feeling Healing and, by their actions, removed restrictions that James Padgett and others above endured, thus JM is able to critique the writings of the past 100 years resolving points of confusion as well as expand on what has been written. Revelation 2 is humanity's turning point.

Due to the extra-ordinary nature of Revelations 1 and 2, humanity with the first Revelation would have continued on into its negative pathway of living, however, combining the first Revelation with Revelation two, now humanity can embrace this turning point and commence its evolutionary growth that has required two thousand years to put in place. This is the greatest event in the history of humanity and very few are aware of such, until we enable others to become aware.



Negative Spirit Influence  
blocked  
22 March 2017  
Law of Compensation  
quickenning  
22 May 2017  
Rebellion and Default  
officially ended  
31 January 2018





We souls are existential, our souls have it all within us, it's a done deal, we are just unfolding in Creation through our personality expression. So our evolution is our growing in truth, the truth already within our soul, with it continually being brought out through our feelings as we live our experiences, thereby 'growing in truth' as we ascend, as we live that truth.

Whereas the angels are experiential, and their soul starts evolving or developing upon their creation. It all being done through their evolving minds. They don't grow in truth like we do, they just grow or evolve in mind. And as they do, the experiences they have individually and then as a created pair, cause the soul of their mind to grow and evolve.

However, those people adhering to the 'Mind Way', as presented by TUB (The Urantia Book), the New Age, and all our religions, is really the angels' way and not ours. So perhaps, that is why TUB has 'mucked it up' because it has to adhere to the Rebellion, which is making us look to the God the Mind, the Infinite Daughter, as the Way to God, when we're to look to God the Truth, the Eternal Son, as the Way to God.



We can't attain Paradise and be with our Heavenly Parents unless we first go through the Eternal Son. We can't do it through and with our minds. That's for the angels to do. So the mind spirits (like most people on Earth and spirit Mansion Worlds), unbeknownst to them, are trying to live like angels, trying to evolve their soul through and with their mind, which can't happen. And if we are like angels going first through the Infinite Daughter on the way to the Mother and Father, then we fall short, never attaining the Son. However as we know, we are so wrong by looking only to our minds, that we can't even get out of the Mansion Worlds, let alone get anywhere near the Infinite Daughter on Paradise.

So our Healing is getting ourselves out of the mind, letting that way go, and coming back to our true selves, which is through our feelings, the truth we are to live from our soul. And once we do that through our Feeling Healing and divine our soul with the Divine Love, then we are free to move to Paradise, up via the Infinite Daughter (with Her and the Divine Minister (and Holy Spirit), nature, nature spirits and the angels' help – all the creations of the Mind), to the Eternal Son and onwards to the Mother and Father. With the Higher descending Paradise Daughters and Sons (Mary and Jesus, Avonal pairs, Trinity Teacher pairs), and local universal descending Daughters and Sons (Lanonandeks, Melchizedeks, etc.), together with our ascending mortal spirit friends (daughters and sons – each other, Nanna Beth, Kevin, etc.), helping us on the feelings and truth side of things.

Note from James Moncrief 4 November 2017

**Feeling Healing with  
Divine Love is the key**



**to enter the  
Celestial Heavens.**

## WE ALL ARE BEING GUIDED HOME:

We need the Spirits of Truth of the Avonal Pair to Heal ourselves; then once Healed, (and for support (overshadowing) as well through your Healing), we need the Creator Pair, Mary Magdalene and Jesus' Spirits of Truth to see us through the Celestial spheres, while at all times embracing our Heavenly Mother and Father.

Until Mary and Jesus died and liberated their Spirits of Truth, no one from any of the worlds could leave Nebadon, because no one knew the way to do so. Nebadon is our local universe containing some 3.8 million inhabited physical worlds and their associated spirit worlds.

When we embrace the truths Mary and Jesus are revealing, and start to do our Feeling Healing, or with Divine Love, Soul Healing, we are then freeing ourselves up from our parental and self control.

Thus our journey to Paradise, to the home of our Heavenly Parents, is of our choosing as to when we progress, however, there is only one way:

**HUM:** Humanity is to ascend. We are self contained. Our soul is always in truth and perfect at all times. **By living true to ourself, true to our feelings, we are living true to God. It's that simple.**

We are to recognise that being engaged and dominated by our mind is the wrong way for us to evolve and grow in truth. We are to discard the mind enslavement that has been imposed upon us by all of our parents. We are to express our feelings, both good and bad and free ourselves of the indoctrination that humanity has embraced worldwide.

Live true to your feelings, and you ARE living true, not only to your own soul, but also true to God's soul. So doing your Healing by honouring all your feelings, IS living the will of God. And being fully Healed, IS living even more truly the Will of our Mother and Father.

**AVO:** We are to embrace the truths and guidance of the Avonal Pair through their Spirits of Truth. It is the Avonal Pair's guidance that will lead us through our Feeling Healing, and with Divine Love, we will be able to ascend through the 7 spirit Mansion Worlds and enter the Celestial Heavens where we also interact with other world's spirits.

**J&M:** We are also to embrace the truths and guidance of the Paradise Pair, Mary and Jesus, who will then lead us through the 3 Celestial Heavens that are aligned with Earth, and then further on through Nebadon where we will then depart beyond on towards Paradise.

**M&F:** Beyond the universal zone of Nebadon, we will be guided by our Heavenly Mother and Father onwards through the universes to Paradise where we will be welcomed by them, home for us all, as we are all Children of God.



**M&F**



**J&M**



**AVO**

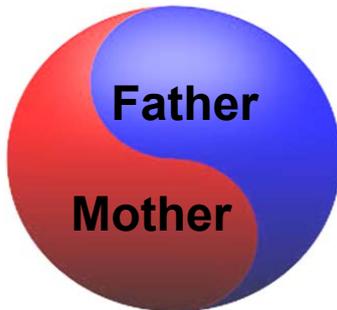


**HUM**

**WE ARE Children of God**

**WE ALL ARE BEING GUIDED HOME – NOW, HOW TO COMMENCE THE JOURNEY:**

**GOD**



**M&F**

For 200,000 years, we have been misled into embracing our mind's distortion of wisdom and truth. All such traditional understandings only lead us in the wrong direction, from which we must turn back from. Our soul based feelings are always in truth. Our minds are to follow our soul based truths and feelings, not the other way round, as we have been brought up to embrace.

We are to connect with our deeper repressed feelings.  
We are to long for the truth of what we are feeling.  
We are to live true to our selves; by living true to our feelings.

Use your surface day-to-day feelings to connect with your deeper repressed feelings. Express your surface feelings and your deeper repressed feelings to uncover the truth of yourself.



**J&M**

We all have feelings which we communicate and share with each other. And we all have deeper buried and hidden repressed feelings. Feelings from our early childhood we felt, yet weren't allowed to express. These feelings are still within us, waiting to have their say. These feelings, because they are repressed, cause us all our problems.

And as we look to uncover, bring out and accept these deeper feelings, so we're taken into new ways of looking at ourselves, our feelings, and our life. We're setting ourselves free of the controlling patterns that govern our unloving behaviour.

In this way, we progressively begin to express the personality that our Heavenly Mother and Father gave us, not the one imposed upon us by our physical parents and carers. We are to be our true and real selves.



**By living true to ourself, true to our feelings, we are living true to God. It's that simple.**

**AVO**



**HUM**

As we, humanity, long for the truth of our feelings, we can also be assisted by the Spirits of Truth of the Avonal Pair who are our spiritual teachers for Earth over this coming 1,000 years, to assist us through the Great U-Turn, away from mind dominance to being soul based feeling lead. They will assist us through the seven levels of the spirit Mansion Worlds.

Then the Creator Pair, Jesus and Mary, will lead us through Nebadon and into the greater universe. Then our Heavenly Mother and Father lead us home to Paradise.

Collectively, should we embrace them all, as we are to, then our pathway home is a journey in the hands of the Spirits of Truth of the Avonal and Paradise Pairs overseen by our Heavenly Parents.

**WE ARE Children of God**

## HOW TO GET TO PARADISE:

Long for the Divine Love

Long for the Truth

Long for the truth of your feelings

Don't deny any feelings: accept, express and want to know the truth of them

Know your feelings are the key; your feelings are the Way

Want to end your falseness and being untrue

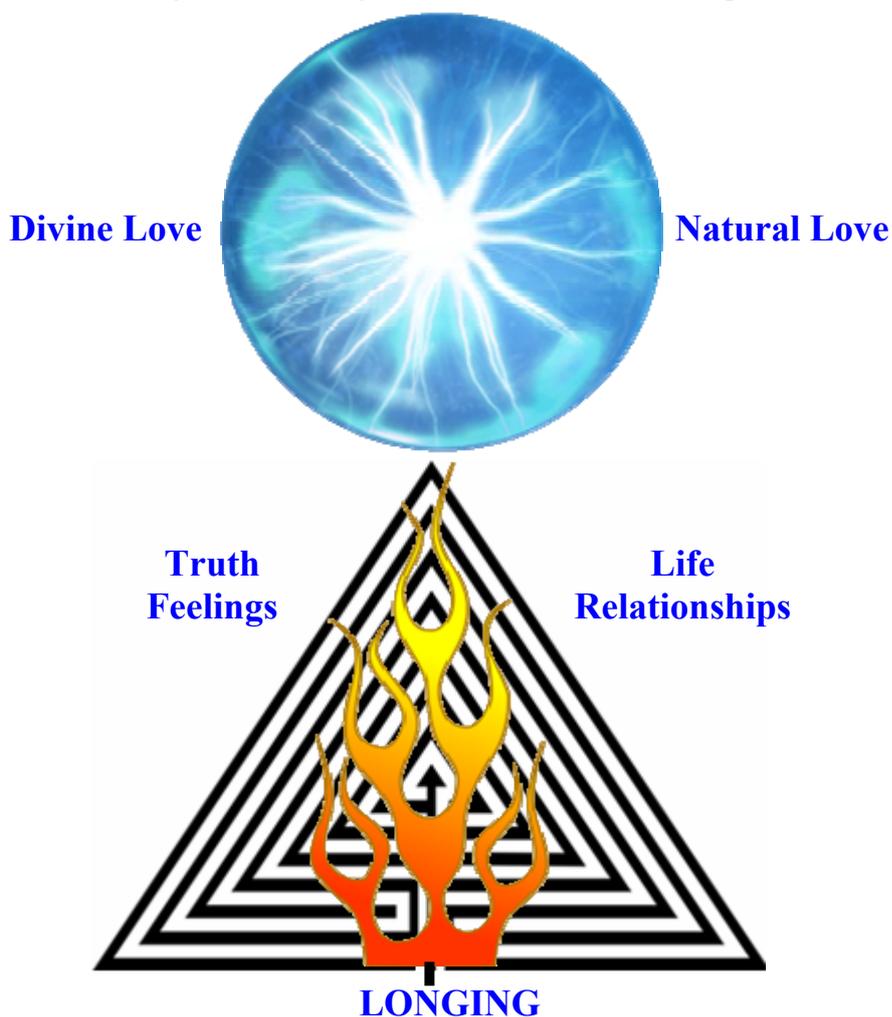
Want to understand the truth of your early life

Use your surface feelings to move deeper into yourself, bringing up your repressed feelings

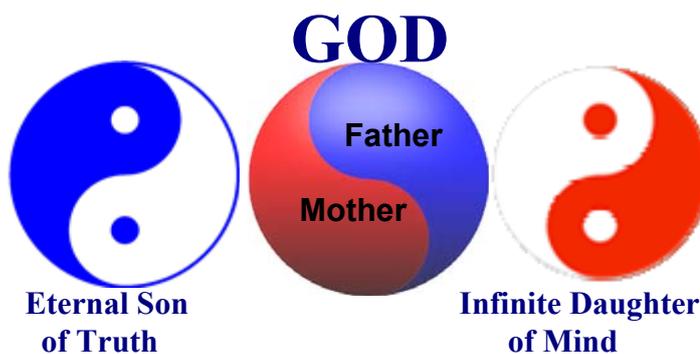
Want and long to know the whole truth of yourself

Want to do it all with God, your Heavenly Mother and Father – long to Them for help.

## The Key



Our longing drives our life. We long with feelings. We can wish for things using our mind, yet long for things with our heart. These things in the pyramid are what to long for. Longing for them, when the longing comes naturally. Longing because you feel you really want them. Long to be true with all your heart. Long to live true to your feelings. Long to understand the whole truth of yourself.



**PARADISE TRINITY:**

1. **Our MOTHER and FATHER (God) (MF) – Divine Love**  
SOUL (God) – One SOUL that is expressing its two PERSONALITIES, our Heavenly Mother and Heavenly Father (Soulmates)
2. **ETERNAL SON (ES) – Divine Truth**
3. **INFINITE DAUGHTER (ID) – Divine Mind**

Then: The Second and Third Persons of the Paradise Trinity (ES and ID) are stepped down to the local universe trinity (Mary and Jesus, Divine Minister (DM), and her Holy Spirit.

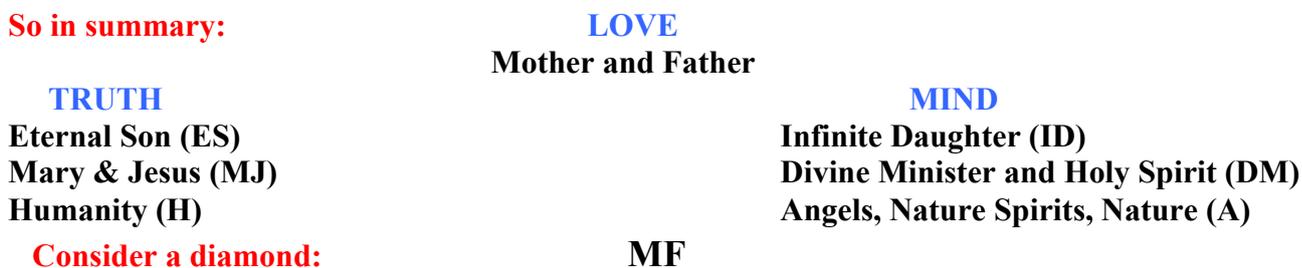
**The LOCAL UNIVERSE TRINITY:**

1. **MARY M and JESUS (MF) – Love – the Living Truth**
2. **DIVINE MINISTER (DM) – Mind (and her Holy Spirit)**
3. **HUMANITY – Natural love, sons and Daughters – Truth, and our Angels – Mind**

**PLANETS that engage in REBELLION:**

1. **AVONAL SOULMATE PAIR – the Feeling Healing process – incarnate**
2. **DAYNAL – TEACHER PAIRS – they do not incarnate**

**So in summary:**



**Consider a diamond:**



# Mother and Father Heavenly Parents

Creator Son & Daughter  
Jesus and Mary

Avonals  
as soulmate pairs

Trinity Teachers  
as soulmate pairs

Melchizedeks – who have taken over from the Caligastians and Daligastians being also all as soulmate pairs.

Mortal Souls – human beings who individualise on Earth, then progress through the spirit Mansion Worlds, then into the Celestial Heavens, and beyond.

Mortal Souls – also being ascending spirits, upon completing their Soul Healing, join with their soulmate, then join their soul group of 24 mortal spirits, being 12 soul pairs. It is only as a soulgroup that anyone can progress beyond Nebadon.

The Paradise Pairs are all ONLY concerned with the SPIRITUAL wellbeing and upliftment of the planets and local universe. Currently to do with Earth:

Mary and Jesus – spiritual wellbeing and upliftment of the whole of Nebadon region.

Avonal Pair – Daynal pairs (Trinity Teacher Daughters and Sons) – Spiritual wellbeing and upliftment of individual planets and their associated Mansion Worlds.

The Local universal Sons and Daughters are all about the running of the worlds under their jurisdiction, and ensuring the higher spiritual elements can be employed, or sent astray, as in our cases through the Rebellion and Default.

Lanonandeks – Melchizedeks (and others, such as Life Carriers and Eve and Adam).

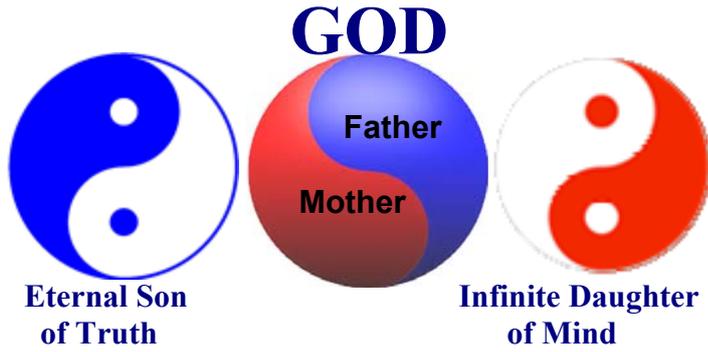
As the Lanonandeks all rebelled – the Lucifers, Satans, Caligastias and Daligastias soulmate pairs – so the Melchizedeks have taken over their roles, as well as doing their own.

So the Melchizedeks are the governors, overseers, the administrators and advisors and so on for Earth; they are the ‘controllers’, and they will instigate all that needs to be done to do with the ending of the Rebellion and Default. And they will enlist the willing help of ascending mortal pairs, so the mortal Celestials spirits (soulmates when available, and others waiting to unite with their partner), and at times mortal spirits in the Divine Love Healing Mansion Worlds. And the angels help all of us.

Currently the whole of Creation exists for the ascension of mortal souls from their earth planets to Paradise. It’s all one vast Grand Ascension Scheme. With all the higher and lower spiritual Daughters and Sons, together with all the many different angels and other universal spirit personalities, and even including nature and our very own pets, assisting women and men with their Ascension Journey. It being: and Ascension of Truth. Everything we do is done to help us grow in truth. (Only everything we do in our negative state is to deny ourselves our truth from our feelings, which is why we have to do our Healing.) All women and men are ascending (or growing) in truth through their experiences. And as we grow in truth by looking to our feelings to show us that truth, so we’re ascending, moving inwards and upwards through all the worlds and spheres of the Grand Universe to one day arrive on Paradise and meet our Heavenly Parents. God is providing us, Their children, with this spiritual journey called our Ascension of Truth. And by living true to our feelings, so we are progressing on our true Spiritual Path – our Ascension Path.



**CREATION of SOUL and SPIRIT:**

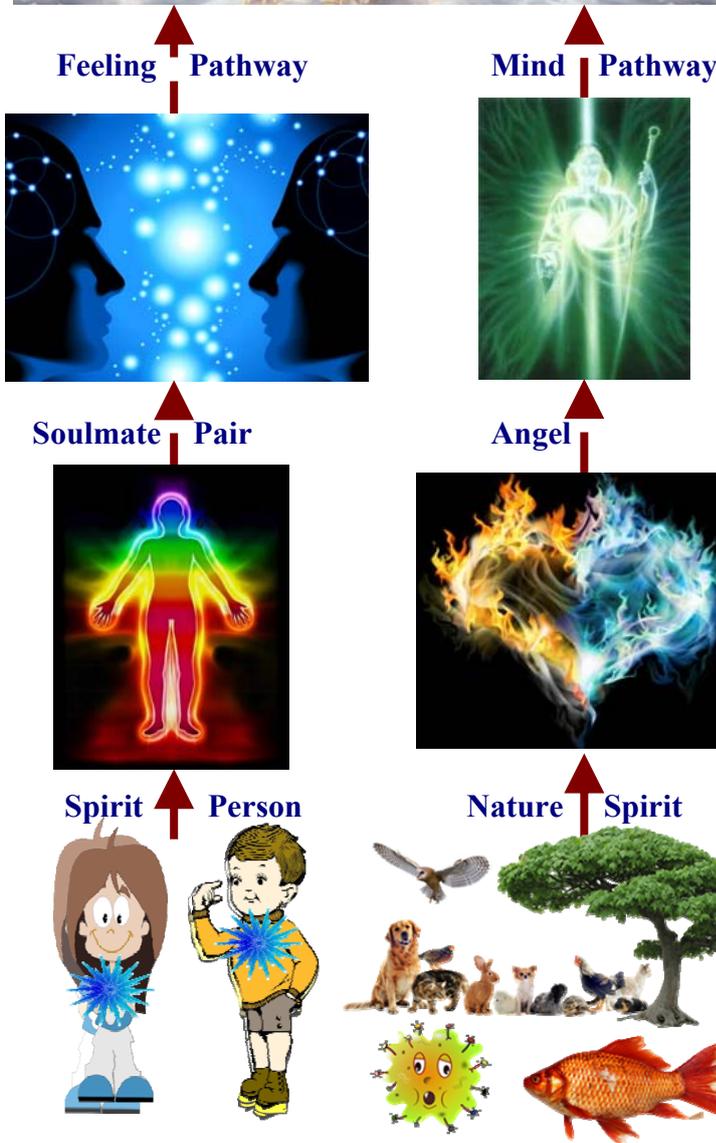


God is *The Paradise Trinity* — the eternal Deity union of the Personalities: the Universal Mother and Father; the Eternal Son of Truth; and the Infinite Daughter Spirit of Mind.

The soul of each human personality (sons and daughters of truth) is existential, driving our personality expression in the experiential. The soul of each human finds truth by embracing one’s feelings and longing for the truth of them. We are to attain the Eternal Son of Truth. We are a creation of Truth.



The soul of angels is experiential, evolving through their experience by continually progressing in mind development. Angels are to attain the Infinite Daughter (Spirit) of Mind. Angels are a creation of Mind. Our soul is duplex (we have a soulmate) and is created by our Heavenly Parents. Through our Feeling Healing we perfect ourselves enabling the union with our soulmate, as we progress in truth up through the Mansion Worlds, celestial heavens and all the way to Paradise.



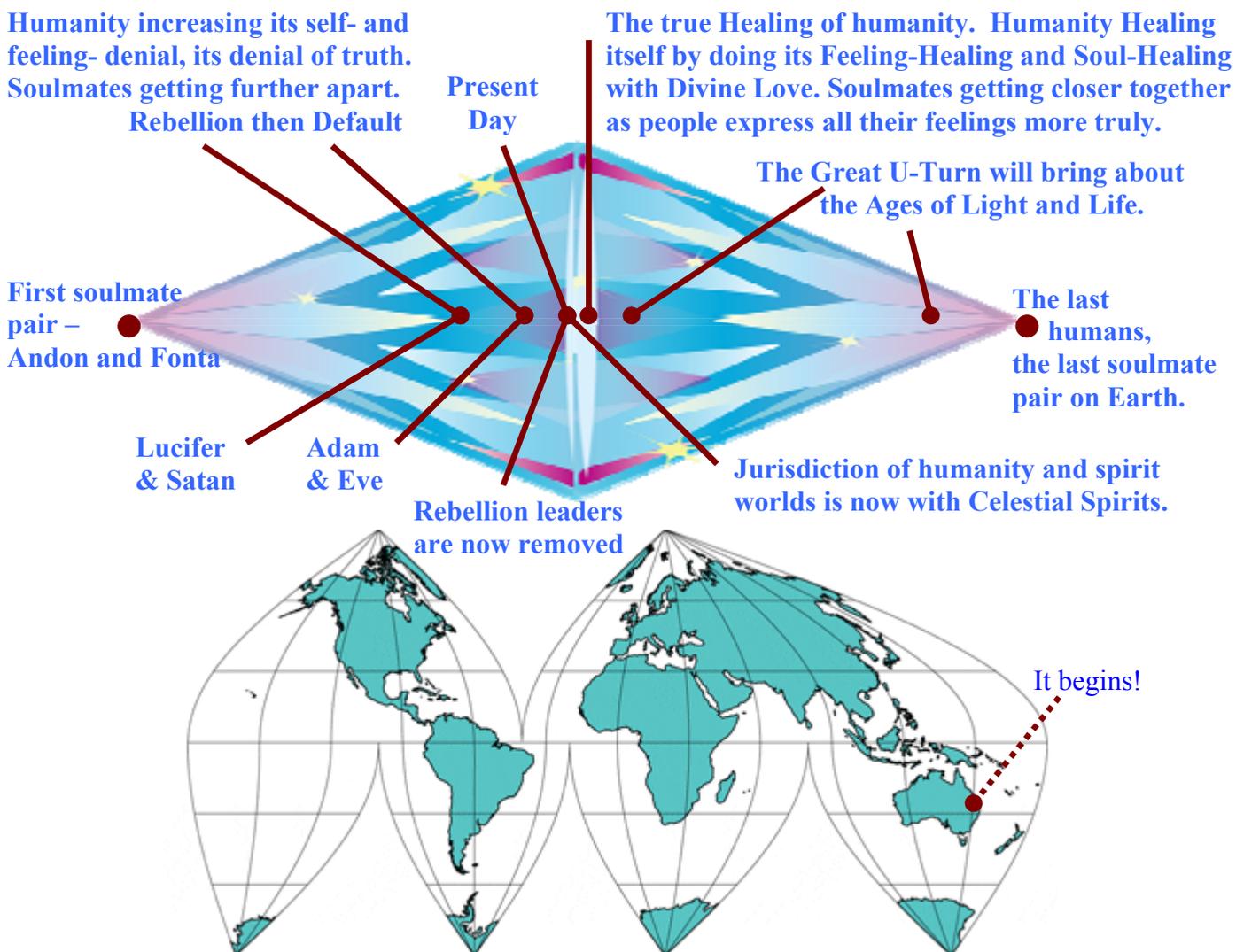
The soul of angels is also duplex, yet of the mind, and they progress in mind evolution to Paradise. Animals, plants and nature spirits are also creations of Mind.

Neither we nor animals reincarnate. We never die; upon death, we move into the spirit Mansion Worlds on our journey to Paradise. When animals and plants die, be they the tiny microbe to the mighty elephants of the land and the whales of the ocean, their spirit energy returns to the Spirit Collective Energy. And from this energy are drawn other animals and the nature spirits, who then in turn move onto becoming angels through increasing mind experience.

A nature spirit is an angel in waiting.

## JOURNEY of HUMANITY into and through the GREAT U-TURN:

Humanity reaching its most evilness, the most lost, the most separation of soulmates. Humanity can begin its Healing. The Great U-Turn begins, the dawning of the Spiritual Age.

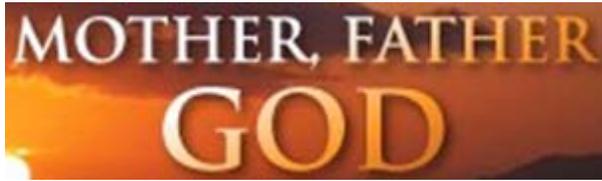


**This is the Great U-Turn. We are to feel and live by our feelings and express our feelings, our mind will follow in support, not the other way around.**

**Feelings First**, you can be sure about that! **Once women get that message and start living it, then the tide will really change**, with men either deciding to support them by looking to their own feelings or being left on the outer wondering what the fuss is all about.

The feminine light is going to sweep through humanity and purge it of all the yuk and darkness, helping to bring the whole of humanity back into a nurturing loving mother state of being, from which the supportive, caring father can support her and together they can make the world great again, they can bring humanity up into its natural love perfection whilst at the same time offer those people who want to spiritually grow the truths of how to embrace the Divine Love and move on to the Celestial level.

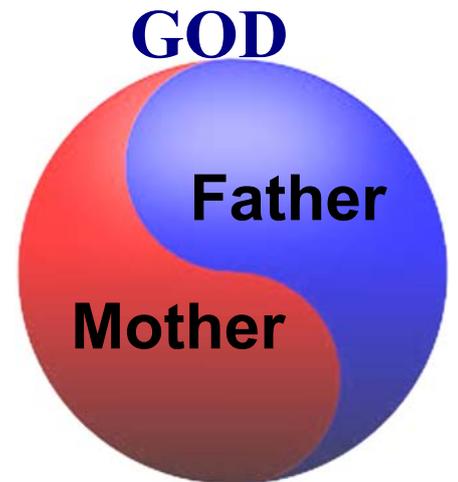
**By living true to oneself, true to our feelings, we are living true to God. It's that simple.**  
(Passage in blue calibrates on the Map of Consciousness at 1,500)



God is God, who is our Heavenly Mother and Father, being SoulMates. There is only one Soul that is God's Soul, that being the Soul of our Mother and Father. Our Heavenly Parents are the First Soulmates; The Two Who Are One who have brought us all into being.

Jesus and Mary are soulmates and a son and daughter of God.

Mary of Magdalene and Jesus of Nazareth, where both free of sin. Mary and Jesus, combined in their love for us, are our spiritual teachers and guidance for us to find our way home to our Heavenly Parents. Mary and Jesus have liberated their Spirits of Truth who we can long to for assistance and guidance. They are known as Jesus and Mary of Neadon, the universe system in which Earth is. They are the Creator Son and Daughter ruling this region.



To start this journey we are to liberate our souls from being entombed within our suppressive minds, through feeling and longing for the truth of our feelings via our soul and peel away our injuries incurred since our conception.



The Avonal pair, should they be here, are to support humanity on Earth exclusively. They are to continue the work of the Creator Pair, Mary and Jesus, and will be assisted by them. The Avonal pair will, during their life on Earth, experience the full Feeling Healing process and Soul Healing process so that through their Spirits of Truth, which they are to release upon their physical death, will be able to be called upon by all those who embrace their own Healing. The Earth names of the Avonal Pair may not become known.

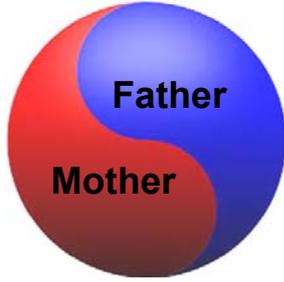


Humanity, all being soulmate pairs, are ascending mortal souls who are to reach inward and progress Paradise-ward for the God experience. As part of our journey of evolving our souls we are to experience evil, that is the denial of God and the Creator Pair. We can long to the Spirits of Truth of Mary and Jesus and soon to the Spirits of Truth of the Avonal Pair. Our Indwelling Spirit is our direct connection to and with God.



AVONAL PAIR to be RESPONSIBLE for SPIRITUAL WELLBEING of EARTH:

**Heavenly Parents**



The Paradise Pairs, children of God, are all only concerned with the spiritual wellbeing and upliftment of the planets and local universe. Creator Son and Daughter, Mary and Jesus, are focused upon the spiritual wellbeing and upliftment of the whole of Nebadon which involves Earth, one of 3.8 million planets.



**AVONAL PAIR**

The Spirits of Truth of the Avonal Pair are to join with the Spirits of Truth of Mary and Jesus.

**Soulmates**



**COUNCIL OF ELDERS**



The Council of Elders, 12 Celestial soulmate pairs, being a Soul Group, guide to Founder of the Global Humanitarian Fund that is to disseminate Feeling Healing and Soul Healing guidance.

**Soulmate PAIR** while living in the physical of Earth, are to complete their Feeling Healing whilst embracing Divine Love, thus completing their Soul Healing. Being the first humans to do so, they will subsequently, upon their physical deaths, release their Spirits of Truth so that the whole of humanity, for the next 1,000 years, can embrace and progress in their soul development through Feeling Healing.



**GLOBAL HUMANITARIAN FUND**

Through the Global Humanitarian Fund, humanity is to be introduced to the processes of Feeling Healing and Soul Healing. Further, they will also become aware that our Spiritual Teachers of Truth for the next 1,000 years will be the Avonal Pair who will be handed this task from Jesus and Mary, and much, much more.



## **HISTORY UNFOLDING:**

Man was 'seeded' on Earth maybe some one million years ago in its primitive nature form, they were named Andon and Fonta (also known as Aman and Amon). It was the arrival of Adam and Eve some thirty eight thousand years ago that there was to be an endeavour to significantly evolve the human race on Earth, both spiritually and genetically. In this endeavour, Adam and Eve defaulted, both succumbing to the ways of the rebellion that had been embraced by humanity in its animalistic nature some two hundred thousand years ago.

The Rebellion had been in play in its development for some thousands of years. The Rebellion is that of one succumbing to one's mind and being self reliant, rather than embracing our Heavenly Parent's Will, being bestowed and to be found within our soul based truth and will. From the outbreak of the rebellion to the day of enthronement of Jesus and Mary as sovereign rulers of Nebadon, Jesus and Mary never interfered with the rebel forces of Lucifer and his soulmate, or their deputies, Satan and his soulmate.

It was the bestowal of Mary and Jesus, their coming to Earth, two thousand years ago, that brought about the authority and power for the removal of Lucifer. It was their coming into physical life and living on Earth, and remaining in a perfect state, that brought about the escalation of their authority and the termination of the Rebellion at that time. During the two thousand years leading to this current time, the remnants of the Rebellion and Default have been progressively removed. The Caligastias and Daligastias, being soul pairs and who remained embellishing the role of 'gods' in the natural love Mansion Worlds / spheres, had continued with their self-made appointment as rulers, now having only very recently been disposed from their 'thrones' (possibly around the early 1990's).

Only now can humanity be guided to the pathway of stepping away from the pain and misery of being self reliant – mind dominated, and embracing the will of our Heavenly Parents, Mother and Father, God – soul feeling orientated. Only now can the feminine aspect come to full bloom and be revealed. Only now can the process of removing of the erroneous teachings that generation after generation hand down to their children be explained and be rebuffed. All of which could not be revealed under the rules of the Rebellion and Default.

As Mary and Jesus, the Creator Daughter and Son of Nebadon, were perfect throughout their physical lives, they do not have the personal experiences to adequately share with us how to heal ourselves of our evilness / errors, that of denying Mother and Father – God and themselves, Mary and Jesus. And now there is possibly another bestowal pair on Earth. This pair being the Avonals. If they are here, then they will have embraced all the errors and evilness that humanity is in, and then work through the Feeling Healing process and also embrace Soul Healing. Upon their physical deaths, they then release their spirits of truth so that all of humanity who wish to undertake their Feeling Healing and Soul Healing, should they long for their support, will be able to access these Spirits of Truth for assistance.

Paradise Magisterial Sons and Daughters constitute the order of Avonals in contradistinction to the order of Michael, the Creator Sons and Daughters. Though not creators in the personal sense, they are closely associated with the Michaels in all their work. The Avonals are planetary ministers and judges, the magistrates of the time-space realms — of all races, to all worlds, and in all universes.

Humanity will continue to connect with the Spirits of Truth of Mary and Jesus, even though Mary and Jesus will now step back from assisting humanity and enable the Avonal pair to assist and guide humanity in this coming age. This change over is the end time of Mary and Jesus' era.

# Crossover

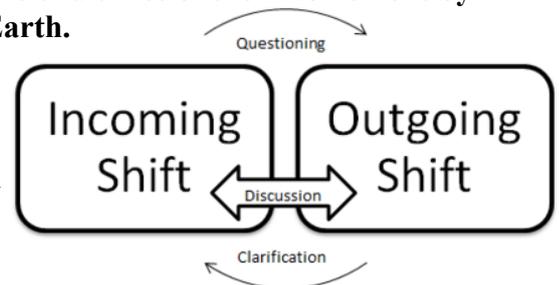
This time, in the history of humanity, is the most exciting time ever experienced.

# the Handover

This is the time that man is now able to evolve in its spiritual development. Man has endured 200,000 years of Rebellion and compounded this with the Default of some 38,000 years, now it has been provided with the guidance to put aside the negativities of the Rebellion and Default.

With the guidance that was provided through James Padgett (1914 through to 1923), man became again aware of the availability of Divine Love from our Heavenly Parents. This also heralded the handover. That is, the commencement of the end times of the involvement by Mary and Jesus in the spiritual affairs of humanity on Earth.

Soul groups that have been in place during Mary and Jesus' 2,000 year involvement with Earth have progressively handed over to soul groups that have been forming since 100 years ago. The older soul groups have mostly progressed on further towards Paradise.



The second revelation, that followed from the availability of Divine Love, is the processes of Feeling Healing and Soul Healing. The understanding of the Feeling Healing process is the most important of the revelations and should have been the first to be revealed. Feeling Healing and Soul Healing are being revealed through and by Marion and James Moncrief.

The soulmate pair, that are the first to complete their Soul Healing, and upon their deaths, they will release their Spirits of Truth which will unify with the Spirits of Truths of Mary and Jesus so that humanity, in whole, will have access to these knowings and guidance for the next 1,000 years.

Mary and Jesus, being responsible for the spiritual wellbeing and upliftment of the whole of Nebadon, are to withdraw from their direct involvement with Earth and hand over the responsibilities to an Avonal Pair who take individual responsibility for the spiritual wellbeing and upliftment of individual planets and their associated Mansion Worlds, in this case, Earth exclusively.

## COUNCIL *of* ELDERS

For the next 1,000 years, via the Avonal Pair and the newly forming Soul Groups, Earth will be able to evolve through embracing Feeling Healing, and with Divine Love, one's Soul Healing. These newly formed Soul Groups are effectively 'Council of Elders' to assist humans living in the physical on Earth to enable all to be aware of the way to evolve.

With the absolute end of the Rebellion, this is the first time in 200,000 years that mankind, humanity, can take control of his and her destiny and evolve in love and truth for all eternity!

Throughout this coming era, our spiritual leaders will be an Avonal Pair, yet to be identified.

## NEBADON, our LOCAL UNIVERSE:

*A Local Universe – Nebadon.* One hundred constellations (about 10,000,000 inhabitable planets) constitute a local universe. Nebadon contains 3,840,101 inhabited planets.

*A Constellation.* One hundred systems (about 100,000 inhabitable planets) make up a constellation.

*A System.* The basic unit of the super-government consists of about one thousand inhabited or inhabitable worlds.

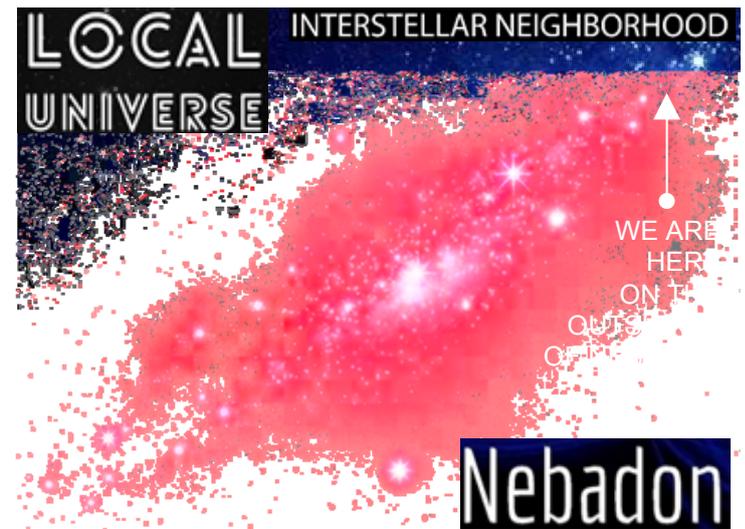
Earth is #606 in the system of Satania and is the latest to have human life. *Jerusem* is the headquarters of our local system of Satania. Thus *Jerusem* is the city to which we arrive when we fuse with our indwelling spirit having sufficient Divine Love following our Healing and enter the first of three Celestial Heavens, all being for the 1,000 physical worlds within Satania.

*Salvington*, in the centre of Nebadon, is the headquarters and home of our Creator Daughter and Son, the Michaels, namely Mary Magdalene and Jesus.

All descending Daughters and Sons of God have high and divine origins. They are dedicated to the descending ministry of service on the worlds and systems of time and space, there to facilitate the progress in the Paradise climb of the lowly creatures of evolutionary origin — the ascending daughters and sons of God (humanity – us). Those Daughters and Sons who come forth from the Deities on the central Isle of Light and Life are called the *Paradise Daughters and Sons of God* and embrace the following three orders: Creator Daughters and Sons – the Michaels, Magisterial Daughters and Sons – the Avonals, the Trinity Teacher Daughters and Sons – the Daynals. All three groups have Spirits of Truth, no others do.

The remaining four orders of descending daughter and sonship are known as the *Local Universe Daughters and Sons of God*: Melchizedek Daughters and Sons, Vorondadek Daughters and Sons, Lanonandek Daughters and Sons, and Life Carriers.

The chief executive of a local system (such as Satania which includes Earth) of inhabited worlds is a primary Lanonandek Daughter and Son (was the Lucifers), the System Sovereign. The Lucifer Rebellion in the system of Satania was the last and the most widespread of all. Thirty seven (37) inhabited worlds were seduced into rebelling, by following the Lucifers and their deputies, the Satans. Earth then went on to Default at the time of Eve and Adam. Later on we crucified the Creator Son, Jesus, and ignored Mary. So now we have the physical presence of an Avonal Pair. Only the Avonal Pair can take on all of our wrongness and heal themselves. It is their Spirits of Truth that we are to long to so that we, humanity – all of us – can then heal the Rebellion and Default that we have all embraced.



Partly drawn from The Urantia Book (TUB) 7 July 2018

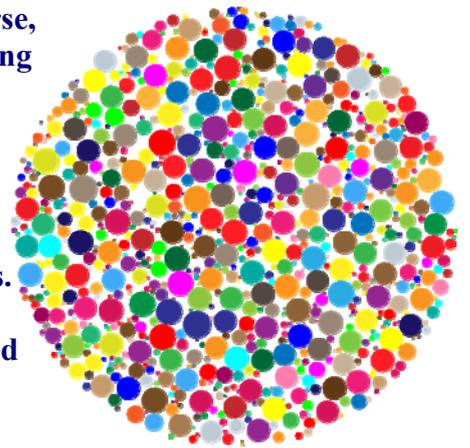
**There are 100,000 MICHAEL soulmate pairs as REGENTS throughout our SUPER-UNIVERSE:**



One of these 100,000 dots represents Nebadon, our local universe, consisting of 100 constellations with each constellation containing 100 systems which in turn have 1,000 worlds. The system in which Earth is within is called Satania.

Nebadon has some 10,000,000 physical planets, of which 3,840,101 are inhabited. The regents of Nebadon are the soulmate pair being the Paradise Creator pair, Mary and Jesus.

This structure is repeated throughout our super-universe, called Orvoton, 100,000 times. There are some 100,000 Regent pairs, equivalent to Mary and Jesus, throughout our super-universe.



There are 7 super-universes that rotate around the Isle of Paradise which is the home of our Heavenly Parents, our Mother and Father. Thus, there are some 700,000 Regent pairs equivalent to Mary and Jesus.

When we progress beyond the spirit mansion worlds, we enter the first of the three Celestial spheres, the home city being Jerusem, this is also the home city for all 1,000 physical worlds in Satania. From there we will progress to Salvington being the head quarters for Nebadon and the home of Mary and Jesus. Then we progress to Paradise.



**Earth**

**OUR GUIDANCE to PARADISE, the home of our HEAVENLY PARENTS:**

There are three distinct phases of our progression to the home of our Heavenly Parents which is Paradise that is within the circle of seven Super Universes, each containing many Local Universes.

Once we progress beyond our Local Universe of Neadon, then we are assisted and guided by our Heavenly Parents, our true Mother and Father all the way home to Paradise.

Before then, once we have completed our soul healing, we are guided through the Celestial Heaven worlds which are those that interact with humanity on Earth, then further on into and then out through Neadon, our Local Universe. The regents of Neadon are Mary and Jesus.

However, before then, we are to embrace our healing. That is, we are to realise who we truly are. We are not the personalities that our parents imposed upon us. We are to put aside our childhood suppression and repression and free our true personality that our Heavenly Parents gave us, and to do this we are now able to embrace the guidance of the Avonal Pair who will lead us through our healing here on Earth and through the Spirit Mansion Worlds to be able to enter the Celestial Heavens.



<b>Primary recommended reading:</b>	<b>consider commencing with:</b>	<b>Paul – City of Light</b>
<b>The Book of Truths</b>	<b>1914 – 1923</b>	<b>xxx – Joseph Babinsky</b>
<b>containing the Padgett Messages or</b>		
<b>Little Book of Truths</b>		<b>– Joseph Babinsky</b>
<b>True Gospel Revealed anew by Jesus Vol I, II, III, IV</b>	<b>xxx</b>	<b>– Geoff Cutler</b>
<b>The Rejected Ones</b>	<b>2002 – 2003</b>	<b>xxx – James Moncrief</b>
<b>Messages from Mary &amp; Jesus</b>	<b>2003</b>	<b>xxx – James Moncrief</b>
<b>Paul – City of Light</b>	<b>2005</b>	<b>xxx – James Moncrief</b>
<b>Mary Magdalene and Jesus'</b>		
<b>comments on the Padgett Messages</b>	<b>2007 – 2010</b>	<b>xxx – James Moncrief</b>
<b>Speaking with Mary Magdalene &amp; Jesus</b>	<b>2013 – 2014</b>	<b>xxx – James Moncrief</b>
<b>Sage and the Healing Angels of Light</b>	<b>2017</b>	<b>xxx – James Moncrief</b>
<b>Road map of Universe and history of Universe:</b>		
<b>The Urantia Book</b>	<b>1925 – 1935</b>	<b>xxx as primary reading</b>
<b>Divine Love supporting reading:</b>		
<b>Revelations</b>	<b>1954 – 1963</b>	<b>– Dr Daniel Samuels</b>
<b>Judas of Kerioth</b>	<b>2001 – 2003</b>	<b>– Geoff Cutler</b>
<b>The Golden Leaf</b>	<b>2008</b>	<b>– Zara &amp; Nicholas</b>
<b>The Richard Messages</b>	<b>2012 – 2013</b>	<b>– James Reid</b>
<b>The Divine Universe</b>	<b>2012 – 2013</b>	<b>– Zara &amp; Nicholas</b>
<b>Family Reunion Afterlife Contact</b>	<b>2014 – 2015</b>	<b>– Joseph Babinsky</b>
<b>Traveller, An Immortal Journey</b>	<b>2014 – 2015</b>	<b>– Zara &amp; Nicholas</b>
<b>Destiny, Eternal Messages of Divine Love</b>	<b>2015 – 2016</b>	<b>– Zara &amp; Nicholas</b>
<b>Feeling Healing</b>	<b>2017</b>	<b>– James Moncrief</b>
<b>Religion of Feelings</b>	<b>2017</b>	<b>– James Moncrief</b>
<b>The Way of Divine Love</b>		<b>– Joseph Babinsky</b>
<b>Divine Love – The Greatest Truth in the World</b>		<b>– Joseph Babinsky</b>
<b>The Human Soul</b>		<b>– Joseph Babinsky</b>
<b>Divine Love Flowing</b>		<b>– Joseph Babinsky</b>
<b>The Truth</b>		<b>– Werner Voets</b>
<b>Through the Mists, The Life Elysian, The Gate of Heaven</b>		<b>– Robert James Lees</b>
<b>Life in the World Unseen</b>		<b>– Anthony Borgia</b>
<b>Gone West</b>		<b>– J M S Ward</b>
<b>Post Mortem Journal</b>		<b>– Jane Sherwood</b>
<b>After Death / Letters from Julia</b>		<b>– William T Stead</b>
<b>Thirty Years Among the Dead</b>		<b>– Carl A Wickland</b>
<b>A Wanderer in the Spirit Land</b>		<b>– Franchezzo</b>
<b>Life Beyond the Veil Vol I thru to V – Rev George Vale Owen</b>		<b>– Geoff Cutler</b>
<b>The Holy Bible from the Ancient Eastern Text</b>		<b>– Dr George M Lamsa</b>
<b>Available generally from:</b>		
<b><a href="http://www.lulu.com">www.lulu.com</a></b>	<b><a href="http://www.amazon.com">www.amazon.com</a></b>	<b><a href="http://www.bookdepository.com">www.bookdepository.com</a></b>
<b>For Divine Love focused websites and forums:</b>		
<b>Pascas Health:</b>	<b><a href="http://www.pascashealth.com/index.php/library.html">http://www.pascashealth.com/index.php/library.html</a></b>	
<b>Spiritual Development:</b>	<b><a href="http://new-birth.net/spiritual-subjects/">http://new-birth.net/spiritual-subjects/</a></b>	
<b>Padgett Books:</b>	<b><a href="http://new-birth.net/padgetts-messages/">http://new-birth.net/padgetts-messages/</a></b>	
<b><a href="http://divinelovesp.weebly.com/my-free-books-and-free-padgett-messages.htm">http://divinelovesp.weebly.com/my-free-books-and-free-padgett-messages.htm</a></b>		

**James Moncreif's books, the Padgett Messages and The Urantia Book at:**

**DIVINE LOVE SPIRITUALITY – DLS:**

<http://divinelovesp.weebly.com/my-free-books-and-free-padgett-messages.html>

All Padgett Messages (for condensed versions – see below) 1914 – 1923 Pages 945  
The Urantia Book (see suggested papers to read below)

**James Moncreif Books:**

	MoC		
The Rejected Ones – the Feminine Aspect of God	1,490	Nov 2002 – Jan 2003	228
Messages from Mary and Jesus book 1	1,485	Feb – Apr 2003	189
Messages from Mary and Jesus book 2	1,485	Apr – Oct 2003	170
Mary Magdalene and Jesus' comments on the Padgett Messages - book 1		Aug 2007	164
Messages from 31 May 1914 – 12 January 1915	1,495		
Mary Magdalene and Jesus' comments on the Padgett Messages - book 2		Sep 2010	177
Messages from 13 January 1915 – 29 August 1915	1,494		
Speaking with Mary Magdalene and Jesus blog – book 1	1,490	Jan – Apr 2013	206
Speaking with Mary Magdalene and Jesus blog – book 2	1,489	Apr – May 2013	229
Speaking with Mary Magdalene and Jesus blog – book 3	1,490	Oct – Jan 2014	187
Speaking with Mary Magdalene and Jesus blog – book 4	1,491	Jan – May 2014	191
Mary Magdalene comments on Revelation from the Bible KJV	1,485	Dec 2013 – Jan 2014	84
		This group being pages of	1,825

Paul - City of Light	1,488.5	2005	149
Ann and Terry		2013	235
Feeling bad? Bad Feelings are GOOD!	feeling-healing book 1	2006	179
Feeling bad will make you feel BETTER – Eventually!	feeling-healing book 2	2006	159
Breaking the Golden Rule.	feeling-healing book 3	2006	168
Feeling-Healing exercises, and other healing points to consider.		2009	175
Cathy and Mark – a novel introducing Feeling-Healing.		2010	151
Introduction course to Divine Love Spirituality		2006	139
Speaking with the Dead, Death and Dying		2009	173
Spirits and their Childhood Repression Healing		2010	179
With Verna – a nature spirit		2008	279
Communication with spirits – meet a spirit friend		2010	37
Introduction to Divine Love Spirituality website			362
Sage – and the Healing Angels of Light		2017	260
Divine Love Spirituality	1,500	2017	201
Feeling Healing – you can heal yourself through your feelings		2017	153
Religion of Feelings	1,500	2017	44
		This group being pages of	3,043

**Religion of Feelings**

<http://religionoffeelings.weebly.com/>

**Introduction to Divine Love Spirituality**

<http://dlspirituality.weebly.com/>

**Main website of DLS**

<http://divinelovesp.weebly.com/>

**Childhood Repression website**

<http://childhoodrepression.weebly.com/>

**DLS and CR forum**

<http://dlscr.freeforums.net/>

<http://withmarymagdaleneandjesus.weebly.com/blog---and-free-books-speaking-with-mary-and-jesus>

**FEELING HEALING and SOUL HEALING with the DIVINE LOVE:****James Moncrief Publications:****all publications are free downloads:**<http://divinelovesp.weebly.com/my-free-books-and-free-padgett-messages.html>

It is suggested for one to consider reading as follows:

**Speaking with Mary Magdalene and Jesus – books 1 – 4**

These four books encapsulate the second of the revelations with the first having been introduced by James Padgett one hundred years previously. These four books provide a wide range of guidance that has never previously been made available.

**Paul - City of Light**

As a gentle intro into the Divine Love and Healing; being James Moncrief's first novel and it's been criticised as being too heavily clichéd, but that's the point because it's a reflection of how he was back then.

**Ann and Terry**

For an example of people who might want to immediately start working on themselves and doing their Healing.

**Feeling Bad? Bad Feelings are GOOD**

For more understanding about our denial of our feelings and why we should not deny our feelings, and it includes how it all came about for James, using himself as an example.

**Feeling bad will make you feel BETTER – Eventually!**

This includes specific examples of Marion and James working on expressing particular bad feelings, again with the hope that it will help others gain something of an idea as to what's involved in doing your Feeling Healing.

**Sage – and the Healing Angels of Light**

Through Sage who's 13 years old, the story is primarily about the two aspects of healing; that being, with the help of our angels, and the full Healing we can do by looking to our feelings for their truth.

**Religion of Feelings  
Feeling Healing**

**Welcome to LOVE – the Religion of Feelings  
you can heal yourself through your feelings**

So these books, including the four Speaking with Mary Magdalene and Jesus books, provide the essence of it all and are examples of James' work. Then it's up to whatever takes one's fancy. Other reading to consider may include:

**The Padgett Messages being published as:****The True Gospel Revealed Anew by Jesus volumes 1 – 4****Book of Truths by Joseph Babinsky****The Urantia Book**

**Release one's pain through expressing one's feelings.**

**in conjunction with**

**Longing for the Truth when also longing for Divine Love.**

**FEELING HEALING with DIVINE LOVE is SOUL HEALING:**

*A collection of 'papers' that draw together specific topics including all of the above and more from other sources of information and revelation designed to help increase one's awareness about why we have the problems we do and how to heal them, all whilst living a more healthy and sustainable life. They provide a brief snapshot of the more complicated topics and issues.*

**Firstly, consider discovering the truth of your emotional pain through Feeling Healing. Secondly, consider longing for our Heavenly Parents' Love as you progress with your healing. Primary and most important readings are the writings of James Moncrief. Then consider the Padgett Messages, and then The Urantia Book.**

Pascas Papers, being free, are located within the Library Downloads [www.pascashealth.com](http://www.pascashealth.com)  
<http://www.pascashealth.com/index.php/library.html>

**PASCAS - document schedule.pdf      downloadable index to all Pascas Papers.**

FH denotes Feeling Healing; SH denotes Soul Healing, which is: Feeling Healing with the Divine Love; DL denotes Divine Love – living with the Love.

**PASCAS INTRODUCTION NOTES:** *All papers below can be found at Library Downloads link..*

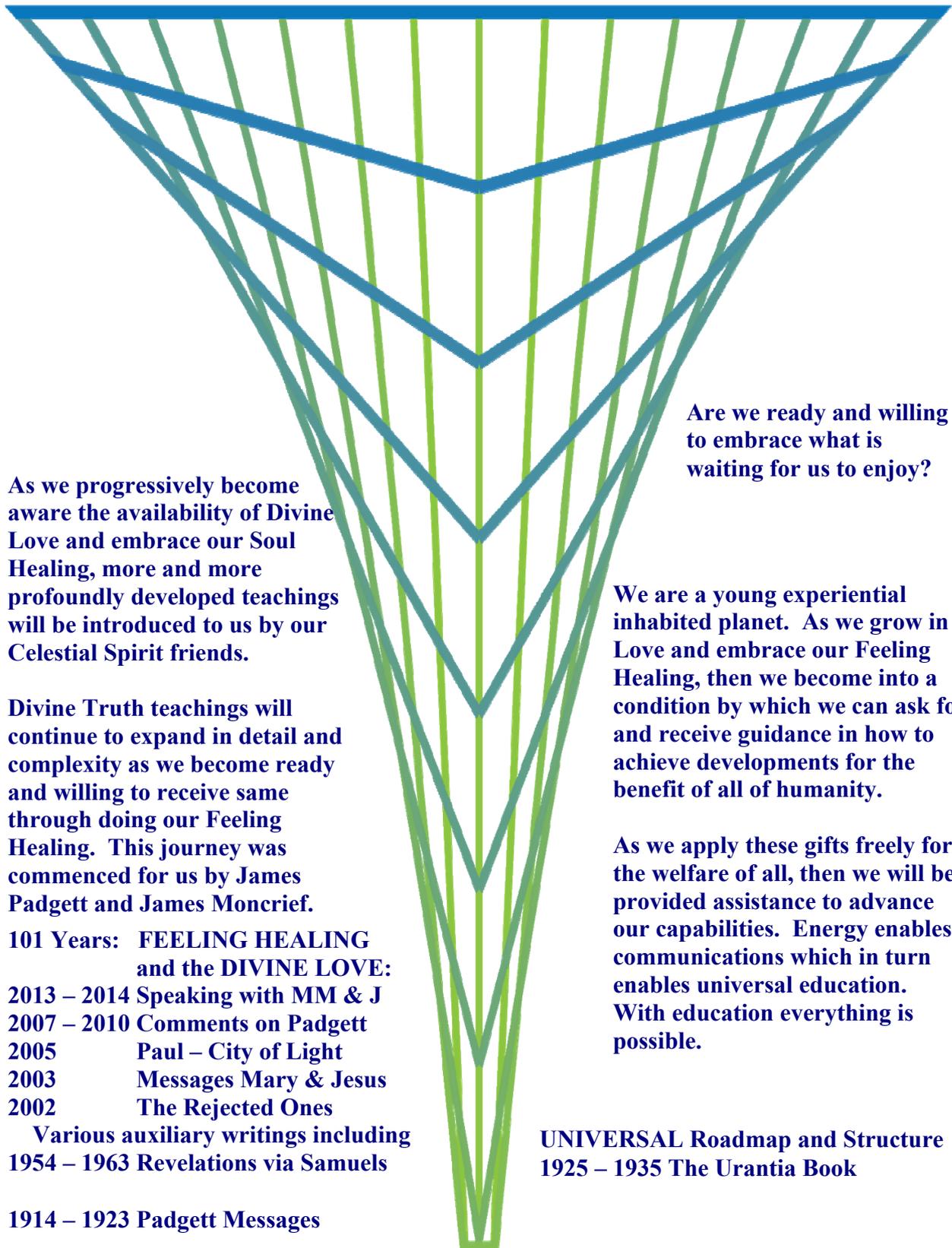
- Pascas Care Letters A Huge Upturn
- Pascas Care Letters Big Revelation
- Pascas Care Letters Feeling Healing Benefits Children
- Pascas Care Letters Feeling Healing Way
- Pascas Care Letters Little Children
- Pascas Care Letters Women's Liberation and Mother

**MEDICAL – EMOTIONS:**

- Pascas Care – Feeling Healing
- Pascas Care – Feeling Healing All is Within
- Pascas Care – Feeling Healing and Health
- Pascas Care – Feeling Healing and History
- Pascas Care – Feeling Healing and Parenting
- Pascas Care – Feeling Healing and Rebellion
- Pascas Care – Feeling Healing and Starting
- Pascas Care – Feeling Healing and Will
- Pascas Care – Feeling Healing Angel Assistance
- Pascas Care – Feeling Healing Being Unloved
- Pascas Care – Feeling Healing Child Control
- Pascas Care – Feeling Healing Childhood Repression
- Pascas Care – Feeling Healing End Times
- Pascas Care – Feeling Healing is Rebelling
- Pascas Care – Feeling Healing Live True
- Pascas Care – Feeling Healing Mary Speaks
- Pascas Care – Feeling Healing My Soul
- Pascas Care – Feeling Healing Perfect State
- Pascas Care – Feeling Healing Revelations X 2
- Pascas Care – Feeling Healing the Future
- Pascas Care – Feeling Healing Trust Yourself
- Pascas Care – Feeling Healing Versus Cult

**PASCAS  
PAPERS**

**DIVINE LOVE and DIVINE TRUTH Revelations and Teachings escalating:**



**Cause No Harm** < to OTHERS  
to MYSELF

Strive to love others as I am to love myself

To liberate one's real self, one's will, driven by one's soul, moves one to embrace Feeling Healing so as to clear emotional injuries and errors. With the Divine Love, then one is also Soul Healing. We are to feel our feelings, identify what they are, accept and fully acknowledge that we're feeling them, express them fully, all whilst longing for the truth they are to show us.

Divine Love  
is the key!



**God's Divine Love:  
Pray for it, ask for it, and receive it.**

Feeling Healing with  
Divine Love is the key



to enter the  
Celestial Heavens:

